# ACTIVITIES AND PROGRAMMES AVAILABLE

- Recreation Swimming Fitness Swimming
  - Learn to Swim
     Vic Swim Programme
  - School Swimming
     Diving Training
    - Life Saving Training Water Polo
- Synchronised Swimming
   Scuba Diving
  - Canoe Polo
     Fabulous Fifties
  - Water Aerobics
     Aquabuddies

For any enquiries on these programmes, please contact the Aquatic Centre on 870 0519 or 879 5319

#### FOR YOUR INFORMATION

In the interests of water safety, Council has adopted the following guidelines:

- Training aids which include non-inflatable kickboards, are permitted in both indoor and outdoor pools, provided they are correctly used and the pool is not too crowded for such use.
- Inflatable swimming aids, because of the danger of deflation, are not permitted in the Centre, as they could leave children in deep water without means of support.
- Swimming aids not labelled 'Lifesaving' device by the Standards Association of Australia are not permitted to be used.

# **CITY OF RINGWOOD**



Incorporating:
The Fred Dwerryhouse Swimming
Centre
JUBILEE PARK,
Ringwood, 3134.

Telephone: 870 0519, 879 5319

# RINGWOOD AQUATIC CENTRE

**Ringwood Aquatic Centre** gives you Melbourne's best facilities for aquatic activities. There is a full olympic-sized pool, complete with outstanding diving facilities.

You can work out with strenuous aquatic activities or relax in more leisurely pursuits.

There's recreational and fitness swimming, water aerobics, swimming lessons, school classes, Vicswim Learn to Swim programmes, Fabulous Fifties and Bronze Medallion classes. You will find regular training for water polo, diving, scuba diving, triathalon and synchronised swimming clubs.

And of course, after that you can work out or just relax in the spa and sauna.

So whether you want to take a little gentle exercise or relax in the spa, join a group or watch the children:





#### Hours of Operation:

### Monday to Friday:

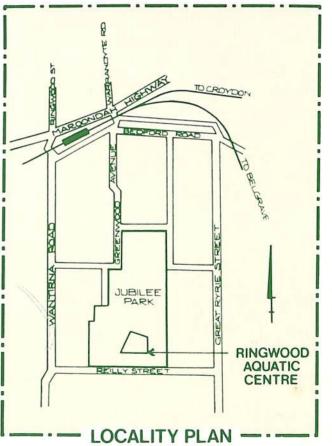
6.00 a.m. - 9.00 p.m.

### Saturday, Sunday and Public Holidays:

8.00 a.m. - 9.00 p.m.

(With Manager's discretion to extend beyond 9.00 p.m. in summer season)

The Aquatic Centre is closed on Christmas Day and Good Friday



#### STAFF:

## Manager:

Danny Smith

## **Assistant Managers:**

Dee Bryan Andrew Triantafillou Nick Petersen

#### Cashiers:

Elaine Pallaris Sharlene Olney Sandy Gill Maxine Miller Celia Bolton

#### **Pool Attendants:**

Winston Brown Dean Vandewouw Tracey Kenyon Matthew Sonogan