School of Human Movement and Sport Sciences

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School of Human Movement and Sport Sciences

The School of Human Movement and Sport Sciences provides quality tertiary education, research and consultancy services within human movement and health promotion, furnishing individuals with the skill and knowledge to enable them to make informed choices about issues relevant to physical activity and a healthy lifestyle, and ensuring the ability to communicate this learning to others.

The School offers a large number of coursework programs at both the undergraduate and graduate level. These programs are applied in nature and have a high rate of student completion and an enviable record of graduate employment. The research program of the School focuses upon examining ways of improving understanding and participation in physical activity and healthy lifestyles.

The School's programs are offered by staff who are keen to enhance the capacity of individual students using modern, well equipped facilities.

The School also provides student and general community physical recreation programs through the 'Unisports' office.

Head of School				
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Head of School		
Peter A Swan	BEd, MEd W.Aust., DipPE Melb., EdD Deakin, TSTC MelbTC, FACHPER	Assoc Prof
Deputy Head of School		
Leonie Otago	AssDipDiagRad Qld. IT, BHMS(Hons), PhD Qld.	Sr Lect
Academic Staff		
Warren R Payne	BSocSci Footscray IT, MA, PhD Kent State, FASMF, MAAESS	Assoc Prof
Ian J Anderson	BEd W.Aust., DipPE Melb., TSTC MelbTC, MA Alta.	Sr Lect
Jennifer D Blitvich	BPE, MPE, DipEd W.Aust., PhD WA.	Sr Lect
Vicki Plaisted	BAppSc(PE&Psych) Footscray & Swinburne UT, GDip(CounPsych) RMIT, MAppSc Footscray	Sr Lect
Michael J Reynolds	DLC(Hons) Lough, MS Mass., PhD Maryland	Sr Lect
Judith A Swan	BEd W.Aust., DipPE Melb., TSTC Melbourne STC, MA Deakin	Sr Lect
Robin Tait	BSc(Hons), MSc <i>Emporia State Uni Kansas</i> , DipPE W'gong. TC, PhD Oreg.	Sr Lect
Warren B Young	BAppSc Footscray IT, MHK Windsor Canada, PhD S.Cross	Sr Lect
Ray Breed	BEd(PE) Ballarat, MA(AppSci) Ballarat	Lect
K Leann Brown	BEd(PE) BUC, GDHP Curtin, MPH Curtin	Lect
Christopher Brown	BEd(PE)(Hons) Ballarat, MHS HP Ballarat, RPN, SEN	Lect
Sue Brown	AppSci(HM)(Honours) Ballarat	Lect
Amma Griffiths	BEd Melbourne, GDip Outdoor Ed Latrobe, MEd Deakin	Lect
Rowena Lynch	BAppSc(HM) Ballarat	Lect
Deborah A Pascoe	BAppSc <i>Phillip IT</i> , GDipExRehab <i>Footscray IT</i> , MA <i>North Carolina</i>	Lect
Michael R Poulton	BEd, DipTeach(PE) BCAE, MEd Ballarat	Lect
Lou Preston	BA Monash, DipEd Monash, GDipOutdoorEd Griff., VOEA, CAV, MA Deakin	Lect
Kristen Simpson	BAppSci(HM)(Honours)	Lect
Michael Spittle	AppSci(PE) VU, AppSci(Honours) VU, GDip Psych Studies Deakin, PhD VU	Lect

Technical Staff

Rodney J Hall AssocDip(Sci.Inst) Bendigo CAE Technical Officer

Unisports Staff

Julian Harvey	BAppSci(HM) <i>Ballarat</i> , BEd(PE) <i>Ballarat</i>	Health and Wellness
		Co-ordinator
Lou Hunter	DipSocialSci(Childcare) VU	Childcare Co-ordinator
Mandy Leggett	GDip(Outdoor Rec) Latrobe Bendigo	Aquatics Co-ordinator
Rowena Lynch	BAppSc(HM) Ballarat	Gymnastics Program
		Co-ordinator
Frank McDonald	DipBusAdmin Holmesglen	Admin. Officer
Allan J Murphy	BAppSc(HM)(Hons) BUC	Unisports Manager
Jenny Parker	Certificate of Massage Ballarat	Admin. Officer
Jane Whitecross	BAppSc(HM) Ballarat, GDHS(Ex Rehab)	Exercise Physiologist
	Ballarat	

Administrative Staff

Maxine Brown Admin. Officer (Finance) Lauren Irwin Admin. Officer (Undergraduate Programs)

Certificate in Receptionist & Office Kerrie Macey

Practices SMB

Matt Mackay BAppSc(HM) BUC, GDE Ballarat

(Undergraduate Programs) Secretary to Head of School

Gayle Richards AssocDipBus(OffAdmin) SMB Administration Manager Christine Rowland Secretary Jenny Parker Admin. Officer

(Postgraduate Programs)

Receptionist

Admin. Officer

Research, Higher Degrees and Ethics Coordinator

Leonie Otago AssDipDiagRad Qld. IT, BHMS(Hons), PhD Qld. Sr Lect

Lisa Matheson

(Semester 1)
Michael J Reynolds DLC(Hons) Lough, MS Mass., PhD Maryland Sr Lect

(Semester 2)

Research Associate

BA, DipPE Adel., DipT Adelaide TC, MEd W.Aust. Keith McElroy

School of Human Movement and Sport Sciences Courses

Bachelor of Applied Science (Human Movement)

COURSE COORDINATOR

Mr Ian Anderson

ADMISSION REQUIREMENTS

Satisfactory completion of VCE including prerequisite Units 1 and 2 Mathematics (any); and Units 3 and 4 of at least one of Outdoor and Environmental Studies, Health and Human Development, Physical Education, Biology, Mathematics (any), Psychology; or interstate or overseas equivalent.

All applicants, with the exception of current Year 12, must submit an Additional Details Form and have submitted on their behalf two Confidential Student Report Forms, available from our web site.

Applicants may be required to attend for interview.

CREDIT POINTS

360

DURATION

3 years full-time or part-time equivalent

Semester (day). Participation in excursions, camps, fieldwork, consultations or research during the lecture breaks may be required.

COURSE OVERVIEW

The Bachelor of Applied Science (Human Movement) is a three year undergraduate degree designed to provide a professional qualification for individuals seeking to enter non-teaching occupations in sport, recreation, allied health and fitness agencies, business settings and similar services.

The course has a strong orientation towards providing graduates with vocationally relevant knowledge and skills and encourages the blending of theory and practice.

Students undertake core studies in the areas of biophysical bases of human movement, psycho-social bases of human movement, and human movement activity laboratories. In addition to the core subjects students undertake a major study of 6 units (spread over Years 2 and 3), and a minor study of 4 units (completed in Year 3). The degree also offers a practicum component in each year.

COURSE OBJECTIVES Knowledge

- Explain the structural, psycho-social and biophysical bases of the discipline of Human Movement;
- Describe and explain the concepts related to at least one of the professional fields of the Human Movement discipline in depth;
- Explain the application of fundamental theoretical concepts of Human Movement in practical settings;
- · Comprehend personal strengths, weaknesses and preferred learning styles.

Skills

- · Design, implement and evaluate programs in a selected professional field(s);
- Communicate effectively using a variety of strategies in a diversity of settings;
- Establish positive relationships with colleagues and
- · Recognise and respond to individual differences;
- Implement appropriate and effective instructional techniques in a variety of settings;
- · Apply appropriate technology to the acquisition and application of knowledge;
- · Apply a range of strategies for learning in a variety of contexts;
- · Apply problem solving skills to selected issues;
- · Research and analyse information critically;
- Work independently and in teams;
- Think creatively and analytically;
- · Exhibit an ability to self-organise;
- · Possess a repertoire of learning skills;
- Apply inquiry approaches and logical reasoning to learning; and
- Apply theories of social change and advocacy processes.

Values

- · Enjoy inquiry and participation in at least one of the professional fields of Human Movement:
- · Recognise the various professional fields within the Human Movement discipline as fulfilling, interesting and diverse career options;
- Appreciate, internalise and be committed to the responsibilities and ethical standards of the professions:
- · Appreciate and value learning as a life-long process:
- Practice a positive approach to social justice while appreciating diversity in culture and custom;
- Value the abilities of all people;
- Appreciate the roles of sport, physical activity and leisure in attaining and maintaining a healthy lifestyle and their contribution to Australian social structure; and
- · Appreciate the role of health discipline studies in Human Movement.

COURSE STRUCTURE

Unit	Semester 1	credit
code		points
HM503	Introduction to Health	10
HM513	Anatomical Basis of Human	10
	Movement	
HM543	Introduction to Sport	10
	Management	
HM591	Fundamentals of Movement	
	and Instruction	5
HM592	Fundamentals of Fitness	5
HM593	Swimming and Water Safety	5
HM565	Fieldwork I	5
HM617	Biomechanics	10

	Semester 2	
HM514	Physiological Bases of Human	10
TIIVIST	Movement I	10
HM516	Measurement and Evaluation	10
	in Human Movement	
HM591	Fundamentals of Movement	5
	and Instruction (continued)	_
HM592	Fundamentals of Fitness	5
	(continued)	
HM593	Swimming and Water Safety	5
	(continued)	
HM565	Fieldwork I (continued)	5
HM613	Introduction to Sport and	10
	Exercise Psychology	
HM616	Functional Anatomy	10
	Semester 3	
HM609	Motor Learning and	10
	Performance	
HM665	Fieldwork II	5
HM714	Management of Sporting and	10
	Recreational Injuries	
HM715	Physiological Bases of Human	10
	Movement II	
	2 Units from Major Study	30
	Semester 4	
HM610	Sociological Foundation of	10
	Human Movement	
HM665	Fieldwork II (continued)	5
HM806	Adapted Physical Activity	10
	2 Units from Major Study	30
	Semester 5	
HM717	Injury Prevention and Risk	10
	Management	
HM765	Fieldwork III	5
	1 Unit from Major Study	15
	2 Units from Minor Study	30
	Semester 6	
HM804	Philosophical & Contemporary	10
	Issues in Human Movement	
HM765	Fieldwork III (continued)	5
	1 Unit from Major Study	15
	2 Units from Minor Study	30

MAJOR STUDIES

unit	MAJOR IN EXERCISE AND	credit	
code	SPORT SCIENCE	points	
	Semester 3		
HM618	Psychology of Physical	15	
	Activity		
HM625	Nutrition for Health	15	
Semester 4			
HM737	Exercise Prescription I	15	
HM633	Applied Biomechanics	15	
	Semester 5		
HM723	Health Promotion	15	
	Semester 6		
HM738	Exercise Prescription II	15	

unit	MAJOR IN SPORT	credit
codes	MANAGEMENT	points
	Semester 3	
HM642	Sport Accounting and Finance	15
HM647	Management of Sport	15
	Organisations	
	Semester 4	
HM615	Sport Marketing	15
HM648	Sport and Event Management	15

	Semester 5	
HM743	Sport Management and	7.5
	Marketing Projects	
	Semester 6	
HM743	Sport Management and	7.5
	Marketing Projects (continued)	
HM643	Sport and the Law	15

unit	SPORT / PSYCHOLOGY	credit
code		points
Note:	Because of APS requirements, this	
	stream includes both a Major and a Minor	
	Semester 3	
HP501	Introductory Psychology:	15
	Biological Bases,	
	Consciousness and Behaviour	
MS501	Statistical Methods	15
	Semester 4	
HP502	Introductory Psychology:	15
	Learning, Memory and	
	Cognition	
HP601	Introduction to Research	15
	Methods in Psychology	
	Semester 5	
HP602	Lifespan Developmental	15
	Psychology	
HP603	Personality	15
HP709	Psychology of Physical	15
	Activity	
	Semester 6	
HP604	Social Psychology	15
HP701	Psychological Testing and	15
	Assessment	
	Elective chosen from:	15
HP702	Abnormal Psychology	
Sem 1		
HP706	Health Psychology	
Sem 1		
HP703	Philosophical Issues in	
Sem 2	Psychology	
HP708	Introduction to Counseling,	
Sem 2	Theory and Practice	

MINOR STUDIES

unit	MINOR IN EXERCISE	credit
code	REHABILITATION	points
	Semester 5	
HM632	Motor Control & Performance	15
HM608	Mindbody Exercise	15
	Elective (e.g. Advanced	15
	Physiology)	
	Semester 6	
HM635	Foundations of Exercise	15
	Rehabilitation	
HM794	Human Movement Activity	15
	Laboratory (Advanced Weight	
	Training, Massage & one	
	other)	

unit code	MINOR IN SPORTS COACHING	credit points
	Semester 5	
HM651	Sports Coaching I	15
	1 x Elective unit chosen from HM737, HM618, HP501, HMAL	15
	Semester 6	
HM656	Sports Coaching II	15
HM794	Human Movement Activity Laboratory	15

unit	MINOR IN HEALTH	credit
code	PROMOTION	points
	Semester 5	
HM521	Drugs and Society	15
HM625	Nutrition for Health	15
HM723	Health Promotion	15
HP501	Introductory Psychology:	15
	Biological Bases,	
	Consciousness and Behaviour	
	Semester 6	
HM524	Interpersonal Skills	15
HM624	Human Sexuality	15
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unit code	MINOR IN SPORT MANAGEMENT	credit points
	Semester 5	'
HM746	Management of Sport	15
	Facilities	
	Open Elective	15
	Semester 6	
HM745	Sport and the Media	15
	Open Elective	15

unit	MINOR IN EXERCISE AND	credit
code	SPORT SCIENCE	points
	Semester 5	
HM618	Psychology of Physical	15
	Activity	
HM625	Nutrition for Health	15
	Semester 6	
HM632	Motor Control and	15
	Performance	
HM633	Applied Biomechanics	15

Note: Any of the units from the Major in Sport Management can be selected as Minor studies if timetabling permits.

Human Movement Activity Laboratories (HMAL) for Bachelor of Applied Science (Human Movement) students

Beyond the three core HMALs, Bachelor of Applied Science (Human Movement) students are not required to take any further HMAL units, with the exception of students undertaking minor studies in Sports Coaching or Exercise Rehabilitation.

Unit	Core HMALs	credit
code		points
HM591	Fundamentals of Movement and Instruction	10
HM592	Fundamentals of Fitness	10
HM593	Swimming and Water Safety	10

unit	HMAL required for Sports	credit
code	Coaching or Exercise	points
	Rehabilitation Minor	
	Semester 2	
HM794	Human Movement Activity	15
	Laboratory	

Unit	Elective HMALs available to	
code	Sports Coaching students	
	Semester 1	
HM701	Human Movement Activity	15
	Laboratory 10	
HM707	Human Movement Activity	15
	Laboratory 12	
HM884*	Human Movement Activity	15
	Laboratory 8 (ORL 2).	

^{*} Year long unit

HM701 and HM707 are offered in alternate years.

Bachelor of Education (Physical Education)

COURSE COORDINATOR

Mrs Judy Swan

ADMISSION REQUIREMENTS

Satisfactory completion of VCE including prerequisite Units 1 and 2 Mathematics (any), Units 3 and 4 English, Units 3 and 4: at least one of Outdoor and Environmental Studies, Physical Education, Health and Human Development, Biology, Mathematics (any) Psychology; or interstate or overseas equivalent.

Second Method prerequisites:

Mathematics: Prerequisite Units 3 & 4: Specialist Mathematics or Maths Methods recommended.

Science: Prerequisite Units 3 & 4: at least one of Biology, Chemistry, Physics, Geology or Science.

Health: Prerequisite Units 3 & 4: at least one of Health and Human Development, Biology, or Psychology.

Information Technology: Units 3 and 4 Information Technology strongly recommended.

All applicants, with the exception of current VCE/Year 12, must submit an Additional Details Form and have submitted on their behalf two Confidential Student Report Forms available from our

Applicants may be required to attend for interview.

CREDIT POINTS

480

DURATION

4 years full-time

Semester (day). Participation in excursions, camps, consultations or research during the lecture breaks may be required.

COURSE OVERVIEW

The Bachelor of Education (Physical Education) is a four year concurrent teacher education degree.

The course has a strong orientation towards providing graduates with vocationally relevant knowledge and skills and encourages the blending of theory and practice.

Students undertake core studies in the areas of biophysical bases of human movement, psycho-social bases of human movement, and human movement activity laboratories. In addition, students undertake studies in a second discipline area, studies in education (incorporating a minimum of 80 days of schools experience) and elective studies.

COURSE OBJECTIVES Knowledge

- Explain the structural, psycho-social and biophysical bases of the discipline of Human Movement;
- Describe and explain the concepts related to at least one of the professional fields of the Human Movement discipline in depth;
- Explain the application of fundamental theoretical concepts of Human Movement in practical settings; and
- · Comprehend personal strengths, weaknesses and preferred learning styles.

Skills

- Design, implement and evaluate programs in a selected professional field(s);
- Communicate effectively using a variety of strategies in a diversity of settings;
- Establish positive relationships with colleagues and clients;
- Recognise and respond to individual differences;
- Implement appropriate and effective instructional techniques in a variety of settings;
- Apply appropriate technology to the acquisition and application of knowledge;
- Apply a range of strategies for learning in a variety of contexts;
- · Apply problem solving skills to selected issues;
- Research and analyse information critically;
- Work independently and in teams;
- Think creatively and analytically;
- Exhibit an ability to self-organise;
- · Possess a repertoire of learning skills;
- Apply inquiry approaches and logical reasoning to learning; and
- Apply theories of social change and advocacy processes.

Values

- Enjoy inquiry and participation in at least one of the professional fields of Human Movement;
- Recognise the various professional fields within the Human Movement discipline as fulfilling, interesting and diverse career options;
- Appreciate, internalise and be committed to the responsibilities and ethical standards of the professions;
- Appreciate and value learning as a life-long process;
- Practice a positive approach to social justice while appreciating diversity in culture and custom;
- Value the abilities of all people;
- Appreciate the roles of sport, physical activity and leisure in attaining and maintaining a healthy lifestyle and their contribution to Australian social structure; and
- Appreciate the role of health discipline studies in Human Movement.

COURSE STRUCTURE

Unit	Semester 1	credit
code		points
HM503	Introduction to Health	10
HM513	Anatomical Basis of Human Movement	10
HM543	Introduction to Sport Management	10
HM591	Fundamentals of Movement and Instruction	5
HM592	Fundamentals of Fitness	5
HM593	Swimming and Water Safety	5
	Second Method Unit	15
	Semester 2	
HM514	Physiological Bases of Human Movement 1	10
HM516	Measurement and Evaluation in Human Movement	10
HM591	Fundamentals of Movement and Instruction (continued)	5
HM592	Fundamentals of Fitness	5
HM593	Swimming and Water Safety (continued)	5
TD520	Becoming a Teacher	10
	Second Method Unit	15

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1.18.40.00	Semester 3	40
HM609	Motor Learning and	10
	Performance	
HM617	Biomechanics	10
HM690	Human Movement Activity Lab	5
HM781	Human Movement Activity	7.5
	Laboratory (ORL1)	
TD661	PE Curriculum 1	15
	Second Method Unit	15
	Semester 4	
HM613	Introduction to Sport and	10
	Exercise Psychology	
HM616	Functional Anatomy	10
HM690	Human Movement Activity	5
	Laboratory (continued)	
HM781	Human Movement Activity	7.5
	Laboratory (ORL 1) (cont'd)	
TDXXX	General Curriculum Unit	10
	Second Method Unit	15
	Semester 5	
HM692	Human Movement Activity Lab	7.5
HM714	Management of Sporting and	10
	Recreational Injuries	
HM715	Physiological Bases of Human	10
	Movement II	
TD622	The Adolescent in the School	7.5
	Second Method Curriculum	15
	Unit I	
	Unit i	
	Semester 6	
HM610	Semester 6	10
HM610	Semester 6 Sociological Foundation of	10
HM610 HM692	Semester 6 Sociological Foundation of Human Movement	10 7.5
	Semester 6 Sociological Foundation of Human Movement Human Movement Activity	
	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued)	7.5
HM692	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School	
HM692 TD622	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued)	7.5 7.5
HM692	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II	7.5 7.5
HM692 TD622	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics	7.5 7.5 10 10
HM692 TD622	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum	7.5 7.5
HM692 TD622	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II	7.5 7.5 10 10
HM692 TD622 TD762 TDXXX	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7	7.5 7.5 10 10 10
HM692 TD622 TD762 TDXXX HM693	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7 Human Movement Activity Lab	7.5 7.5 10 10 10
HM692 TD622 TD762 TDXXX	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7 Human Movement Activity Lab Injury Prevention and Risk	7.5 7.5 10 10 10
HM692 TD622 TD762 TDXXX HM693 HM717	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7 Human Movement Activity Lab Injury Prevention and Risk Management	7.5 7.5 10 10 10 10
HM692 TD622 TD762 TDXXX HM693	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7 Human Movement Activity Lab Injury Prevention and Risk Management Sports Coaching in Physical	7.5 7.5 10 10 10
HM692 TD622 TD762 TDXXX HM693 HM717	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7 Human Movement Activity Lab Injury Prevention and Risk Management Sports Coaching in Physical Education	7.5 7.5 10 10 10 10 10 10
HM692 TD622 TD762 TDXXX HM693 HM717 HM751 TDXXX	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7 Human Movement Activity Lab Injury Prevention and Risk Management Sports Coaching in Physical Education Professional Readiness	7.5 7.5 10 10 10 10 10 10 10
HM692 TD622 TD762 TDXXX HM693 HM717	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7 Human Movement Activity Lab Injury Prevention and Risk Management Sports Coaching in Physical Education Professional Readiness Schools Experience Seminar	7.5 7.5 10 10 10 10 10 10 10 10 7.5
HM692 TD622 TD762 TDXXX HM693 HM717 HM751 TDXXX	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7 Human Movement Activity Lab Injury Prevention and Risk Management Sports Coaching in Physical Education Professional Readiness Schools Experience Seminar Elective (from Education)	7.5 7.5 10 10 10 10 10 10 10 10 15 15
HM692 TD622 TD762 TDXXX HM693 HM717 HM751 TDXXX	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7 Human Movement Activity Lab Injury Prevention and Risk Management Sports Coaching in Physical Education Professional Readiness Schools Experience Seminar Elective (from Education) Open Elective	7.5 7.5 10 10 10 10 10 10 10 10 7.5
HM692 TD622 TD762 TDXXX HM693 HM717 HM751 TDXXX TDXXX	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7 Human Movement Activity Lab Injury Prevention and Risk Management Sports Coaching in Physical Education Professional Readiness Schools Experience Seminar Elective (from Education) Open Elective Semester 8	7.5 7.5 10 10 10 10 10 10 10 10 15 15
HM692 TD622 TD762 TDXXX HM693 HM717 HM751 TDXXX	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7 Human Movement Activity Lab Injury Prevention and Risk Management Sports Coaching in Physical Education Professional Readiness Schools Experience Seminar Elective (from Education) Open Elective Semester 8 Philosophical & Contemporary	7.5 7.5 10 10 10 10 10 10 10 10 15 15
HM692 TD622 TD762 TDXXX HM693 HM717 HM751 TDXXX TDXXX	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7 Human Movement Activity Lab Injury Prevention and Risk Management Sports Coaching in Physical Education Professional Readiness Schools Experience Seminar Elective (from Education) Open Elective Semester 8 Philosophical & Contemporary Issues in Human Movement	7.5 7.5 10 10 10 10 10 10 10 10 10 10 10 10 10
HM692 TD622 TD762 TD762 TDXXX HM693 HM717 HM751 TDXXX TDXXX HM804	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7 Human Movement Activity Lab Injury Prevention and Risk Management Sports Coaching in Physical Education Professional Readiness Schools Experience Seminar Elective (from Education) Open Elective Semester 8 Philosophical & Contemporary Issues in Human Movement Adapted Physical Activity	7.5 7.5 10 10 10 10 10 10 10 10 10 10 10 10 10
HM692 TD622 TD762 TD762 TDXXX HM693 HM717 HM751 TDXXX TDXXX HM804 HM806 TX802	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7 Human Movement Activity Lab Injury Prevention and Risk Management Sports Coaching in Physical Education Professional Readiness Schools Experience Seminar Elective (from Education) Open Elective Semester 8 Philosophical & Contemporary Issues in Human Movement Adapted Physical Activity Teaching Practicum	7.5 7.5 10 10 10 10 10 10 10 10 10 10 10 10 15
HM692 TD622 TD762 TD762 TDXXX HM693 HM717 HM751 TDXXX TDXXX HM804	Semester 6 Sociological Foundation of Human Movement Human Movement Activity Laboratory (continued) The Adolescent in the School (continued) PE Curriculum II School Politics Second Method Curriculum Unit II Semester 7 Human Movement Activity Lab Injury Prevention and Risk Management Sports Coaching in Physical Education Professional Readiness Schools Experience Seminar Elective (from Education) Open Elective Semester 8 Philosophical & Contemporary Issues in Human Movement Adapted Physical Activity	7.5 7.5 10 10 10 10 10 10 10 10 10 10 10 10 10

HONOURS

	Semester 7	
HM791	Research Design and Analysis	20
HM891	Research Thesis	20
HM693	Human Movement Activity	10
	Laboratory	
HM717	Injury Prevention and Risk	10
	Management	
TDXXX	Professional Readiness	10
TDXXX	Schools Experience Seminar	7.5
	Semester 8	
HM891	Research Thesis (continued)	20
TDXXX	Schools Experience Seminar	7.5
	(continued)	
TX802	Schools Experience Practicum	15

Human Movement Activity Laboratories for Bachelor of Education (Physical Education)

Beyond the three core HMALs, B.Ed. (P.E.) students are required to take an additional 50 cp of human movement activity laboratories. They may also elect to take an additional 15 cp HMAL elective.

B.Ed.(P.E.) students are required to take a 10 cp unit in Sports Coaching.

Unit code	Core HMALs	credit points
HM591	Fundamentals of Movement and Instruction	10
HM592	Fundamentals of Fitness	10
HM593	Swimming and Water Safety	10

	Further HMALs Required by B.Ed.(P.E.) students	
HM690	HMAL (Sem 1: Dance, Gymnastics 1; Sem 2: Gymnastics 2, Kicking Sport elective.)	10
HM692	HMAL (Sem 1: Track, 1 striking sport elective; Sem 2: Field Lifesaving; 1 Racquet Sport elective.)	15
HM693	HMAL (Minor Games, Adventure Programming, 2 Team Sport electives.)	10
HM781	HMAL (ORL 1)	15
HM751	Sports Coaching in Physical Education	10

	Elective HMAL available to B.Ed.(P.E.) students	
HM801	HMAL	15
HM802	HMAL	15
HM884	HMAL (ORL 2)	15
HM885	HMAL (ORL 3)	15

SECOND METHOD SEQUENCES

A minimum of 75 credit points in a second discipline area is required in order to enable the graduate to teach in two discipline areas. The 75 credit points allocated to second discipline studies will be taken from a recommended sequence.

	ENGLIOU	10.
unit	ENGLISH	credit
code		points
	Semester 1	
HX502	Narrative and Text	15
	Semester 2	
HX513	Cinescapes: Identity,	15
	Landscapes & Australian	
	Media	
	Semester 3	
	To be advised	15
	Semester 4	
	To be advised	15
	Semester 5	
	To be advised	15
TD711	English Curriculum 1	15
	Semester 6	
TD712	English Curriculum 2	10
unit	HEALTH	credit
code		points
	Semester 1	·
HM521	Drugs and Society	15
	Semester 2	
HM524	Interpersonal Skills	15
	Semester 3	
HM625	Nutrition for Health	15

	Semester 4	
HM624	Human Sexuality	15
	Semester 5	
HM723	Health Promotion	15
TD781	Health Curriculum 1	15
	Semester 6	
TD782	Health Curriculum 2	10

unit	INFORMATION	credit		
code	TECHNOLOGY	points		
	Semester 1			
CT510	Introduction to Computing	15		
	Semester 2			
CP586	Multimedia Communication	15		
	Semester 3			
CP641	Internet Design	15		
	Semester 4			
CP685	Network Operating Systems	15		
Semester 5				
CP746	Interactive Instructional	15		
	Design, or			
CP514	Programming			
TD701	IT Curriculum 1	15		
	Semester 6			
TD702	IT Curriculum 2	10		

MATHEMATICS	credit points	
Semester 1		
Upon the Shoulders of Giants (Introductory)	15	
Semester 2		
Modelling and Change (Introductory)	15	
Semester 3		
Logic and Imagination (Intermediate)	15	
Semester 4		
Space, Shape and Design (Intermediate)	15	
Semester 5		
Profit Loss and Gambling (Intermediate)	15	
Mathematics Curriculum 1	15	
Semester 6		
Mathematics Curriculum 2	10	
	Semester 1 Upon the Shoulders of Giants (Introductory) Semester 2 Modelling and Change (Introductory) Semester 3 Logic and Imagination (Intermediate) Semester 4 Space, Shape and Design (Intermediate) Semester 5 Profit Loss and Gambling (Intermediate) Mathematics Curriculum 1 Semester 6	

unit	SCIENCE	credit
code		points
	Semester 1	
SF511	Chemistry 1	15
	Semester 2	
SE520	Australian Biota	15
	Semester 3	
SX511	Earth Sciences	15
	Semester 4	
SX521	Planet Earth	15
	Semester 5	
SF512	Chemistry II	15
TD771	Science Curriculum 1	15
	Semester 6	
TD772	Science Curriculum 2	10

unit	SOCIAL SCIENCE	credit
code		points
	Semester 1	
HX501	Introduction to Social Inquiry	15
	Semester 2	
HX516	Health and Citizenship	15
	Semester 3	
	To be advised	15
	Semester 4	
	To be advised	15

	Semester 5	
	To be advised	15
TD731	Studies of Society and the	15
	Environment Curriculum 1	
	Semester 6	
TD732	Studies of Society and the	10
	Environment Curriculum 2	

PROFESSIONAL RECOGNITION

Graduates are eligible for professional accreditation throughout Australia and overseas. Graduates with Health as a second method may not be eligible for registration in some states of Australia.

Bachelor of Applied Science (Human Movement)/ Bachelor of Management

COURSE COORDINATOR

Mr Michael R Poulton

ADMISSION REQUIREMENTS

Satisfactory completion of VCE including prerequisite Units 1 and 2 Mathematics (any); and Units 3 and 4 of at least one of Outdoor and Environmental Studies, Health and Human Development, Physical Education, Biology, Mathematics (any), Psychology; or interstate or overseas equivalent.

All applicants, with the exception of current VCE/Year 12, must submit an Additional Details Form and have submitted on their behalf two Confidential Student Report Forms, available from our web site.

Applicants may be required to attend for interview.

CREDIT POINTS

540

DURATION

4 years full-time

MODE

Semester (day)

COURSE OVERVIEW

The Bachelor of Applied Science (Human Movement)/Bachelor of Management combined degree is aimed at providing students interested in sport/recreation management with an extensive grounding in management knowledge and expertise. The degree is administered by the School of Human Movement and Sport Sciences, in conjunction with the School of Business.

COURSE STRUCTURE

Students will undertake:

- The core requirements of the Bachelor of Applied Science (Human Movement) (180cp);
- Six units from the Sport Management Stream of the Bachelor of Applied Science (Human Movement) (90 cp);
- Three fieldwork units of the Bachelor of Applied Science (Human Movement)(30 cp);
- The core requirements of the Bachelor of Management (45 cp);
- Thirteen Business electives which will include:
 - At least one major six-unit study, with a minimum of 30 credit points at level 3 from one of the unit groups (Tourism, Marketing or Human Resource Management) (90 cp);
 - At least one minor four-unit study, with a min. of 15 credit points at level 3 from one of the unit groups (Management, Tourism, Marketing, Human Resource Management) (60 cp);

- A maximum of 15 credit points can be taken from the practice units;
- A Maximum of 15 credit points can be taken from the project units; and
- Open elective units (30 cp).

Орон	cicotive units (oo op).	
Unit	Semester 1	credit
code		points
HM513	Anatomical Basis of Human	10
	Movement	
HM543	Introduction to Sport	10
	Management	
HM591	Fundamentals of Movement	5
	and Instruction	
HM593	Swimming and Water Safety	5
JN501	Management Principles	15
JT501	Introduction to Tourism	15
1184544	Semester 2	40
HM514	Physiological Bases of Human	10
HM516	Movement 1 Measurement and Evaluation	10
DIVID 10		10
HM591	in Human Movement Fundamentals of Movement	5
Пімові		3
HM593	and Instruction (continued) Swimming and Water Safety	5
1 1101393	(continued)	3
JH501	Introduction to Human	
311301	Resource Management	15
JM501	Introduction to Marketing	15
JN601	Management Skills	15
0.100.	Semester 3	
HM503	Introduction to Health	10
HM565	Fieldwork I	5
HM592	Fundamentals of Fitness	5
HM617	Biomechanics	10
HM642	Sport Accounting and Finance	15
HM714	Management of Sporting and	10
	Recreational Injuries	
JN602	Management Research	
	Methods	15
	Semester 4	
HM565	Fieldwork I (continued)	5
HM592	Fundamentals of Fitness	5
	(continued)	
HM610	Sociological Foundation of	10
	Human Movement	
HM613	Introduction to Sport and	10
	Exercise Psychology	
HM615	Sport Marketing	15
HM616	Functional Anatomy	10
11114000	Semester 5	4.0
HM609	Motor Learning and	10
LIMEAT	Performance	15
HM647	Management of Sport	15
HM665	Organisations Fieldwork II	5
HM715	Physiological Bases of Human	10
11101713	Movement II	10
HM717	Injury Prevention and Risk	10
1	Management	.0
	1 x Management Elective	15
	Semester 6	.0
HM648	Sport and Event Management	15
HM665	Fieldwork II (continued)	5
HM806	Adapted Physical Activity	10
	3 x Management Electives	45
	Semester 7	
HM743	Sport Management and	7.5
	Marketing Projects	
HM765	Fieldwork III	5
	4 x Management Electives	60
t	·	

Tourism

	Semester 8	
HM643	Sport and the Law	15
HM743	Sport Management and	7.5
	Marketing Projects (continued)	
HM765	Fieldwork III (continued)	5
HM804	Philosophical & Contemporary	10
	Issues in Human Movement	
	2 x Management Electives	30

Management Stream Electives for Major and **Minor Sequences**

		Tourism	
Level 1	JT501	Introduction to Tourism	15
	JT502	International Tourism	15
Level 2	BL621	Tourism Law	15
	JT601	Tourism Products and	
		Services Delivery	15
	JT603	Tourism Impacts and	
		strategies	15
Level 3	JT701	Tourism Planning and	
		Development	15
	JT702	Contemporary Tourism	
		Issues	15
	JT703	Management Practice -	
		Tourism	15
	JT704	Applied Tourism	
		Management Project	15
	10.4	Marketing	
Level 1	JM501	Introduction to Marketing	15
	JM502	Marketing Planning	15
Level 2	JM601	Services Marketing	15
	JM602	Consumer Behaviour	15
	JM603	Marketing Research	15
Level 3	JM701	Marketing	
		Communications	15
	JM702	Marketing Strategy and	
		Analysis	15
	JM703	Management Practice-	
		Marketing	15
	JM704	Applied Marketing	
		Management Project	15
	JM705	International Marketing	15
	BL741	Marketing Law	15
		Human Resource	
	11.1504	Management	
Level 1	JH501	Introduction to Human	45
Laural O	11.1004	Resource Management	15
Level 2	JH601	Human Resource	45
	11.1000	Management	15
	JH602	Industrial Relations	15
1 10	JH603	Staffing Organisations	15
Level 3	JH701	Management of Change	
		and Organisational	4-
		Development	15
	JH702	Strategic Human	
		Resource Management	15
	JH703	Management Practice –	
		Human Resource	
		Management	15
	JH704	Applied Human	
		Resource Management	
	1	Project	15

Management Stream Electives for Minor Sequence in Management

Level 1	JN501	Management Principles	15
	JN601	Managerial skills	15
Level 2	JN606	Managing People at Work	15
	JN615	Designing Effective Organisations	15
Level 3	JH701	Management of Change and Organisational Development	15
	JN702	Strategic Management	15

Bachelor of Applied Science (Human Movement)/Bachelor of Information Technology

COURSE COORDINATOR

Mr Michael R Poulton

ADMISSION REQUIREMENTS

Satisfactory completion of VCE including prerequisite Units 1 and 2 Mathematics (any); Units 3 and 4 English (any) and Units 3 and 4 of at least one of Outdoor and Environmental Studies, Health and Human Development, Physical Education, Biology, Mathematics (any), Psychology; or interstate or overseas equivalent.

Completion of Units 1 and 2 in Information Technology or Computer Studies is strongly recommended.

All applicants, with the exception of current VCE/Year 12, must submit an Additional Details Form and have submitted on their behalf two Confidential Student Report Forms, available from our web site.

Applicants may be required to attend for interview.

CREDIT POINTS

540

DURATION

4 years full-time

MODE

Semester (day)

COURSE OVERVIEW

The Bachelor of Applied Science (Human Movement)/Bachelor of Information Technology combined degree links two degrees which have less obvious but emerging synergies. Human Movement plays an integral role in much of our culture, and as such links with emerging service and consumer technologies such as the internet and multimedia are to be expected. Such links are emerging in a variety of domains including the use of the internet and multimedia as intrinsic recreation pursuits, as a means of interacting with the community to communicate sports and recreation data and as a vehicle for sports commerce in areas such as merchandising and marketing.

The degree is administered by the School of Human Movement and Sport Sciences, in conjunction with the School of Information Technology and Mathematical Sciences.

COURSE STRUCTURE

Students will undertake:

- 300 credit points from the Bachelor of Applied Science (Human Movement). This includes satisfactory completion of core studies (180 credit points), accredited major studies, in either Exercise and Sport Science or Sport Management (60 credit points) and practicum units from the degree (30 credit points);
- 240 credit points from the Bachelor of Information Technology (this includes all core requirements).

Unit	Semester 1	credit
code		points
HM513	Anatomical Basis of Human Movement	10
HM543	Introduction to Sport Management	10
HM591	Fundamentals of Movement and Instruction	5
HM593	Swimming and Water Safety	5
CP510	Introduction to Operating Systems	15
CP586	Multimedia Communications	15
	Semester 2	
HM514	Physiological Bases of Human Movement I	10
HM516	Measurement and Evaluation in Human Movement	10
HM591	Fundamentals of Movement and Instruction (continued)	5
HM593	Swimming and Water Safety (continued)	5
CP685	Network Operating Systems	15
CP611	Database Management Systems	15
CP751	Interactive Multimedia	15
	Semester 3	
HM503	Introduction to Health	10
HM565	Fieldwork I	5
HM592	Fundamentals of Fitness	5
HM617	Biomechanics	10
HM714	Management of Sporting and Recreational Injuries	10
CP514	Programming I	15
CP582	Network Operating Systems	15
0. 002	Semester 4	10
HM565	Fieldwork I (Continued)	5
HM592	Fundamentals of Fitness	5
	(continued)	
HM610	Sociological Foundation of Human Movement	10
HM613	Introduction to Sport and Exercise Psychology	10
HM616	Functional Anatomy	10
CP627	Programming II	15
	Semester 5	
HM609	Motor Learning and Performance	10
HM665	Fieldwork II	5
HM715	Physiological Bases of Human Movement II	10
HM717	Injury Prevention and Risk Management	10
CP687	World Wide Web Technology I	15
CP613	Software Engineering I	15

	Semester 6	
HM665		5
	Fieldwork II (continued)	10
HM806	Adapted Physical Activity	
CP688	World Wide Web Tech. LI	15
	One Computing Elective	15
	One Elective chosen from:	
HM643	Sport and the Law	15
HM632	Motor Control & Performance.	15
	One Elective chosen from:	
HM615	Sport Marketing	15
HM633	Applied Biomechanics	15
	Semester 7	
HM765	Fieldwork III	5
CP704	Professional Development	15
	One Computing Elective	15
	One Elective chosen from:	
HM641	Sport and Human Resources	15
HM737	Exercise Prescription I	15
	One Elective chosen from:	
HM743	Sport Management and	7.5
	Marketing Projects	
HM618	Psychology of Physical	15
	Activity	
	One Elective chosen from:	
HM647	Management of Sport Org.	15
HM625	Nutrition for Health	15
	Semester 8	
HM765	Fieldwork III (continued)	5
HM804	Philosophical & Contemporary	10
	Issues in Human Movement	
CP782	Current Development	15
	Workshop	
CP785	Information Technology	15
	Management	
HM743	Sport Management and	7.5
	Marketing Projects (continued)	
	One Elective chosen from:	
HM648	Sport Event Management	15
HM723	Health Promotion	15

Bachelor of Applied Science (Human Movement) (Honours)

COURSE COORDINATOR

Dr Michael Reynolds

ADMISSION REQUIREMENTS

To be eligible for admission to the Bachelor of Applied Science (Human Movement) Honours, students must obtain a GPA of 5.9 or above, over three years of the undergraduate Bachelor of Applied Science (Human Movement) degree.

CREDIT POINTS

120

DURATION

1 year full-time

MODE

Semester (day)

COURSE OVERVIEW

The Honours program within the School of Human Movement and Sport Sciences is offered by a combination of coursework and research.

COURSE OBJECTIVES

The course is designed to provide students with an opportunity to learn and develop research skills which will culminate in the production of an independent thesis.

COURSE STRUCTURE

Candidates will be required to gain at least a "C" grade in the following units.

unit	Semester 1	credit	
code		points	
HM791	Research Design and Analysis	20	
HM831	Research Thesis	75	
	One of:		
MS601 Experimental Design and			
	Analysis	15	
MS502	Sampling and Sample		
	Surveys	15	
HM899	Qualitative Analysis	15	
MS701	Multivariate Analysis 1	20	
Semester 2			
HM831	Research Thesis (continued),	-	
	or		
HM832	Research Thesis (mid year		
	commencers)	75	
One of:			
MR825	Quantitative Research		
	Seminars	10	
HM889	Qualitative Research		
	Seminars	10	

Graduate Diploma of Outdoor and Environmental Education

COURSE COORDINATOR

Ms Lou Preston

ADMISSION REQUIREMENTS

Entry into the course requires that a candidate for the Graduate Diploma in Outdoor and Environmental Education:

- 1. Is currently enrolled in, or holds, a Bachelor Degree or a Diploma in a field related to outdoor education, outdoor recreation, and/or environmental studies; and demonstrated potential to undertake graduate level study; or
- Has standing or qualifications accepted by the School as being equivalent to (1) above.

Applicants who do not have formal academic qualifications must have relevant work experience, preferably with some experience of education and be able to demonstrate their ability to undertake the Such applicants may be required to course. undertake bridging studies, up to 30 credit points from existing accredited undergraduate units, designed to enhance their study skills. Applicants who hold a degree or diploma in a field unrelated to outdoor and environmental education must have relevant work experience in the field and be able to demonstrate their ability to undertake the course.

Additional Entry Requirements

- Students should possess a current Royal Life Saving Award (Bronze Medallion) or equivalent proficiency.
- Students are required to have a current First Aid Certificate (St John's Ambulance Level 2 or equivalent) prior to completing the expedition component of HM477.

An interview may be required prior to an offer of a place in the course.

CREDIT POINTS

120

DURATION

The course is offered on a full-time and part-time basis.

Units shall be offered in a range of modes including

semester and flexible delivery. Participation in excursions, camps, fieldwork, consultations or research on weekends and during the lecture breaks may be required.

COURSE OVERVIEW

The course combines the study of outdoor and environmental education knowledge, skills and values with the development of competence and experience in outdoor activities. Outdoor activities are viewed as approaches to gaining access to more natural settings and as a medium for developing human/nature relationships. The theoretical perspective of the course aims to develop student's understanding of the interdependence of culture and the natural environment and to identify the influence of cultural beliefs on environmental and outdoor education issues and practices.

COURSE OBJECTIVES

The course is designed to enable students to:

- Explore the theoretical concepts, foundations and origins of outdoor and environmental education;
- Present a variety of approaches to, and improving in techniques human-nature relationships;
- Develop a critical understanding of the purpose and role of adventure in outdoor education;
- Plan, administer and manage safe, meaningful and enjoyable outdoor and environmental education experiences for clients;
- Critically evaluate the roles and values of different environmental perceptions;
- Provide opportunity for the development of a personal and professional ethic and philosophy in environmental education; and
- Appreciate the roles of outdoor environmental education in attaining and maintaining healthy, positive, and sustainable relationships between people and the natural environment.

The practical aspects of the course include:

- Development of navigation and journeying skills through bush walking, cross-country skiing and canoeing:
- Sensory awareness and practical techniques in connecting with nature developed through field trips and journeys; and
- Opportunities to apply management strategies and increase personal competence in bush walking, cross-country skiing, rock climbing and paddling.

COURSE STRUCTURE

Unit code	Semester 1	credit points
HM471	Concepts in Outdoor	points
	Education	15
HM475	Adventure Education	15
HM476	Contemporary Issues in	15
	Outdoor Education	
HM478	Outdoor Activities Contract	15
	Elective	
	Semester 2	
HM472	Connecting with Nature	15
HM475	Adventure Education Cont'd.	-
SE462	Environmental Ethics and	
	Philosophy	15
HM477	Expeditioning	15
HM479	Independent Study in Outdoor	15
	and/or Environmental	
	Education Elective	

Graduate Certificate of Outdoor and Environmental Education

COURSE COORDINATOR

Ms Lou Preston

ADMISSION REQUIREMENTS

Entry into the course requires that a candidate for the Graduate Certificate in Outdoor and Environmental Education:

- Is currently enrolled in, or holds, a Bachelor Degree or a Diploma in a field related to outdoor education, outdoor recreation, and/or environmental studies; and demonstrated potential to undertake graduate level study; or
- 2. Has standing or qualifications accepted by the School as being equivalent to (1) above.

Note: In addition to the above requirements, international students must be enrolled in a full time Bachelor Degree.

Applicants who do not have formal academic qualifications must have relevant work experience, preferably with some experience of education and be able to demonstrate their ability to undertake the course. Such applicants may be required to undertake bridging studies, up to 30 credit points from existing accredited undergraduate units, designed to enhance their study skills. Applicants who hold a degree or diploma in a field unrelated to outdoor and environmental education must have relevant work experience in the field and be able to demonstrate their ability to undertake the course.

Additional Entry Requirements

- Students should possess a current Royal Life Saving Award (Bronze Medallion) or equivalent proficiency.
- It is highly recommended that students possess a current First Aid Certificate (St John's Ambulance Level 2 or equivalent) prior to entry into the Graduate Certificate course.

An interview may be required prior to an offer of a place in the course.

CREDIT POINTS

60

DURATION

The course is offered on a part-time basis.

MODE

Semester (day). Participation in excursions, camps, fieldwork, consultations or research on weekends and during the lecture breaks may be required.

COURSE OVERVIEW

The course combines the study of outdoor and environmental education knowledge, skills and values with the development of competence and experience in outdoor activities. Outdoor activities are viewed as approaches to gaining access to more natural settings and as a medium for developing human/nature relationships. The theoretical perspective of the course aims to develop student's understanding of the interdependence of culture and the natural environment and to identify the influence of cultural beliefs on environmental and outdoor education issues and practices.

COURSE OBJECTIVES

The course is designed to enable students to:

- Explore the theoretical concepts, foundations and origins of outdoor and environmental education;
- Present a variety of approaches to, and techniques in, improving human-nature relationships;

- Develop a critical understanding of the purpose and role of adventure in outdoor education;
- Plan, administer and manage safe, meaningful and enjoyable outdoor and environmental education experiences for clients;
- Critically evaluate the roles and values of different environmental perceptions;
- Provide opportunity for the development of a personal and professional ethic and philosophy in environmental education; and
- Appreciate the roles of outdoor and environmental education in attaining and maintaining healthy, positive, and sustainable relationships between people and the natural environment.

The practical aspects of the course include:

- Development of navigation and journeying skills through bush walking, cross-country skiing and canoeing;
- Sensory awareness and practical techniques in connecting with nature developed through field trips and journeys; and
- Opportunities to apply management strategies and increase personal competence in bush walking, cross-country skiing, rock climbing and paddling.

COURSE STRUCTURE

unit	Semester 1	credit
code		points
HM471	Concepts in Outdoor	
	Education	15
HM475	Adventure Education	15
	Semester 2	
HM472	Connecting with Nature	15
HM475	Adventure Education Cont'd.	-
SE462	Environmental Ethics and	
	Philosophy	15

Graduate Diploma in Exercise Rehabilitation

COURSE COORDINATOR

Ms Deborah Pascoe

ADMISSION REQUIREMENTS

Normal entry into the Graduate Diploma in Exercise Rehabilitation requires:

- A Bachelor Degree in Human Movement, Physical Education, or a related Health Science;
- Prerequisite knowledge of human anatomy and physiology, exercise physiology and sports injuries/pathology; and
- Demonstrated potential to undertake graduate level work.

Special entry includes:

 Provision to allow students to select coursework from existing programs to upgrade their qualifications to entry level in a preliminary semester/year.

Advanced standing entry to the course includes:

 Credit transfer, recognition of prior learning and complementary credit according to the current University Academic Regulations.

An interview may be required prior to an offer of a place in the course.

CREDIT POINTS

120

DURATION

The preferred mode of study is full-time for one year. However, students may take part-time study over two years.

Semester (day). Participation in Student Clinics, consultations or research on weekends and during the lecture breaks may be required.

COURSE OVERVIEW

The Graduate Diploma in Exercise Rehabilitation is designed to extend and supplement the relevant knowledge of human movement graduates, physical educators and related allied health professionals. A thorough knowledge of health sciences is integrated with the practical ability to apply land based exercise programs, massage, aquatic exercise therapy and other therapeutic modalities.

Students are provided with academic and practical experiences in the prevention, evaluation, management and rehabilitation of sports-related orthopaedic and neurological injuries.

COURSE OBJECTIVES

This course is designed to enable students to:

- Develop a working knowledge of the relevant exercise rehabilitation settings;
- Recognise common musculoskeletal neurological disorders:
- · Demonstrate an understanding of factors affecting health related behaviour and the implications for change:
- Demonstrate skills necessary to assessments, plan programs, implement and evaluate exercise rehabilitation programs;
- Demonstrate the ability to design appropriate therapeutic exercise rehabilitation programs;
- Prepare and implement an exercise rehabilitation program;
- Gain practical experience working in an appropriate exercise rehabilitation setting; and
- · Demonstrate an ability to utilise principles of communication skills in various settings.

COURSE STRUCTURE

unit	Semester 1	credit
code		points
PH451	Anatomy for Exercise	
	Rehabilitation	15
PH452	Introduction to Exercise	
	Rehabilitation	15
PH453	Assessment and Management	
	of the Lower Body	15
PH454	Assessment and Management	
	of the Upper Body	15
	Semester 2	
PH423	Research in Health Science	15
PH424	Psychosocial Health Care	15
PH481	Exercise Rehabilitation and	
	Therapeutic Modalities	15
PH483	Exercise Rehabilitation	
	Practical Experience	15

Higher Degrees by Research

Master of Human Movement (MHM)

• Master of Applied Science (MAppSc)

The Master's degree is awarded on the basis of a thesis demonstrating "command of the knowledge and skills pertinent to the area of investigation as well as a critical appreciation and understanding of the relationship of his or her own work to that of others". The prerequisite for enrolment is normally an Honours degree at at least second-class honours level (or equivalent qualifications and/or experience).

Students without an Honours degree may still be eligible for consideration on the basis of professional or other experience deemed appropriate by the University. Acceptance would be provisional on the understanding that students would need to undertake some units to gain suitable research skills.

There is provision for transfer from master's to PhD candidature, with credit for the period spent as a master's candidate.

Enrolment can be on a full-time or part-time basis. A student works during candidature under the guidance of a principal supervisor appointed by the Research and Higher Degrees Committee on recommendation of the School.

Doctor of Philosophy (PhD)

This degree is awarded on the basis of a thesis making a substantial contribution to knowledge and demonstrating an understanding of the relationship of the investigations undertaken to a wider field of knowledge. Whereas in most cases the thesis will be a text reporting research undertaken by the candidate, the regulations also allow for a thesis to be creative work supported by an exegesis. The minimum requirement for enrolment is an Honours degree at first-class honours level (or equivalent qualifications and/or experience).

Enrolment can be on a full-time or part-time basis. A student works during candidature under the guidance of a principal supervisor appointed by the Research Higher Degrees Committee on the recommendation of the School.

Areas of research strength in which supervision is available in the School of Human Movement and Sport Sciences include:

- Aquatic performance;
- Exercise and sport safety;
- Injury prevention;
- Exercise and blood volume regulation;
- · Physical education teacher education;
- · Sport management;
- · Exercise and sport participation;
- Strength development;
- · Sport and energy contribution;
- · Health and exercise;
- The health promoting school;
- · Sociology of health and illness;
- Sociology of sport;
- Health education and promotion;
- · Planning and evaluation and health policy; and
- Rural health.

Doctor of Human Movement (DHM)

Doctor of Health Promotion (DHP)

The Professional Doctorate provides an alternative to the entirely research-based PhD degree. The aim of the Professional Doctorate is to provide a doctoral program more suited to professional groups who do not see their interests being served by the specialist nature of the PhD. A significant difference is that the Professional Doctorate, although a research higher degree, involves a substantial coursework component and an emphasis on the transformation of professional practice. Rather than preparing highly specialised researchers, the program is intended to provide a sophisticated understanding of the processes of research, particularly in professional and industrial situations.

The structure of the Professional Doctorate will consist of a combination of applied research projects, advanced study units and a dissertation linking all completed work.

Enrolment can be on a full-time or part-time basis. A student works during candidature under the guidance of a principal supervisor appointed by the Research and Higher Degrees Committee on the recommendation of the School.

The professional doctorate program in Human Movement is available in the following broad areas of specialisation:

- Physical education;
- Socio-cultural dimensions of human movement;
- Bio-physical dimensions of human movement; and
- · Sport management.

The Doctor of Health Promotion will be available in the following areas:

- Health education/promotion
- Policy, planning and evaluation in health promotion;
- · Changing practice in health promotion; and
- · Health promoting schools.

The School has a vibrant postgraduate community with students studying both on and off campus, nationally and internationally.

Further Information

The Higher Degree Regulations for the University of Ballarat provide information about prerequisites for enrolment, procedures during candidature, and the examination process. A copy of these Regulations, as well as application forms for candidature and scholarships, can be obtained from the Office of Research, University of Ballarat, telephone (03) 5327 9608. Information about research topics and supervision can be obtained from: Dr. Leonie Otago, telephone (03) 5327 9677, email: l.otago@ballarat.edu.au.

Listed below are the accredited undergraduate units from the School of Human Movement and Sport Sciences which may be available as elective units to students enrolled in any University program. Students should confirm availability with the School Administrative Officer.

unit code	School of Human Movement & Sport Sciences Units	credit points
HM471	Concepts in Outdoor Education	15
HM472	Connecting with Nature	15
HM475	Adventure Education	15
HM476	Contemporary Issues in Outdoor Education	15
HM477	Expeditioning	15
HM478	Outdoor Activities Contract	15
HM479	Independent Study in Outdoor and/or Environmental Education	15
HM503	Introduction to Health Anatomical Basis of Human Movement	10
HM513 HM514	Physiological Bases of Human Movement 1	10
HM516	Measurement and Evaluation in Human Movement	10
HM521	Drugs and Society	15
HM524	Interpersonal Skills	15
HM541	Introduction to Sport Management	15
HM543	Introduction to Sport Management	10
HM565	Fieldwork 1	10
HM591	Fundamentals of Movement and Instruction	10
HM592	Fundamentals of Fitness	10
HM593	Swimming and Water Safety	10
HM603	The Body, Culture and Human Movement	15
HM604	Mental Health	15
HM607	Health and Lifestyle	15
HM608	Mindbody Exercise	15
HM609	Motor Learning and Performance	10
HM610	Sociological Foundation of Human Movement	10
HM613	Introduction to Sport and Exercise Psychology	10
HM615	Sport Marketing	15
HM616	Functional Anatomy	10
HM617	Biomechanics	10
HM618	Psychology of Physical Activity	15
HM622	Communication and Technology in Health	15
HM624	Human Sexuality Nutrition for Health	15
HM625 HM632	Motor Control and Performance	15 15
HM633	Applied Biomechanics	15
HM635	Exercise Rehabilitation	15
HM641	Sport and Human Resources	15
HM642	Sport Accounting and Finance	15
HM643	Sport and the Law	15
HM647	Management of Sport Organisations	15
HM648	Sport and Event Management	15
HM651	Sports Coaching I	15
HM652	Mental Skills in Sport and Exercise	15
HM656	Sports Coaching II	15
HM661	Fieldwork Practicum 1	15
HM662	Co-operative Education 1	15
HM663	Co-operative Education 2	15
HM665	Fieldwork II	10
HM682	Human Movement Activity Laboratory 2	15
HM690	Human Movement Activity Laboratory	10
HM692	Human Movement Activity Laboratory	15
HM693	Human Movement Activity Laboratory	10
HM701	Human Movement Activity Laboratory 10	15
HM702	Human Movement Activity Laboratory 11	15
HM703 HM705	Contemporary Issues in Human Movement Sports Tourism and Event Management	15 15
HM707	Human Movement Activity Laboratory 12	15
HM708	Human Movement Activity Laboratory 13	15
HIMM		

unit	School of Human Movement & Sport Sciences Units	credit
code	(continued)	points
HM714	Management of Sporting and Recreational Injuries	10
HM715	Physiological Bases of Human Movement II	10
HM717	Injury Prevention and Risk Management	10
HM723	Health Promotion	15
HM724	Health Project	15
HM734	Exercise Testing and Prescription: Cardiorespiratory	15
HM735	Training and Assessment of the Athlete	15
HM736	Advanced Exercise Physiology	15
HM737	Exercise Prescription I	15
HM738	Exercise Prescription II	15
HM743	Sport Management and Marketing Projects	15
HM745	Sport and the Media	15
HM746	Management of Sport Facilities	15
HM751	Sports Coaching in Physical Education	10
HM754	Sports Coaching 3	15
HM761	Fieldwork Practicum 2	15
HM765	Fieldwork III	10
HM781	Human Movement Activity Laboratory (Outdoor Recreation Leadership 1)	15
HM791	Research Design and Analysis	20
HM792	Independent Study in Human Movement	15
HM794	Human Movement Activity Laboratory	15
HM801	Human Movement Activity Laboratory	15
HM802	Human Movement Activity Laboratory	15
HM804	Philosophical and Contemporary Issues in Human Movement	10
HM806	Adapted Physical Activity	10
HM831	Research Thesis	75
HM832	Research Thesis (mid year commencers)	75
HM884	Human Movement Activity Laboratory (Outdoor Recreation Leadership 2)	15
HM885	Human Movement Activity Laboratory (Outdoor Recreation Leadership 3)	15
HM889	Qualitative Research Seminars	10
HM891	Research Thesis	40
HM899	Qualitative Analysis	15
PH423	Research in Health Science	15
PH424	Psychosocial Health Care	15
PH451	Anatomy for Exercise Rehabilitation	15
PH452	Introduction to Exercise Rehabilitation	15
PH453	Assessment and Management of the Lower Body	15
PH454	Assessment and Management of the Upper Body	15
PH481	Exercise Rehabilitation and Therapeutic Modalities	15
PH483	Exercise Rehabilitation and Practical Experience	15