

HOTCH POTCH

ISSUE 11

- **FED UNI LAUNCH**
- **EXAM TIPS**
- **RECIPES**
- **PODCASTS**

Editor's Welcome

The year has flown by so fast, and university classes will soon be finished. This is the last term that the Uni will be called the University of Ballarat. It is the end of an era, not only for the uni but for soon-to-be graduates.

There are many anxieties that can be felt by students who will finish their degrees. Will I get a job? Should I move somewhere else? Does this mean I'm an adult now?

The future is a big unknown. And though this is somewhat frightening, it is also exciting. It is the start of a new chapter in our lives, cliché but true, and we can make it as good as we want. Be bold, be confident. Go after what you want and have fun.

Yes, there will be tough times, but there will also be great times. I hope the future is good to you, but no matter what happens just remember that you do only live once. So make it a good one.

Until next time,

Melita

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Launch into a New Era

Although UB's name won't officially change until January next year, people were keen to celebrate the media launch of Federation University Australia.

Held at Parliament Gardens on Tuesday, 1 October the launch was a great success, with many staff and students turning up to have a great time. There were plenty of activities to be involved in including a morning tea at Parliament House (with a giant blue FedUni cupcake) and a photo shoot with everyone in their new FedUni t-shirts. Golden Key Vice President Ellen Sabo could also be seen sporting a blue Mohawk in honour of the special occasion. Power FM got into the spirit of the day by changing their name to Fed FM



three new degrees at Churchill and three new degrees at Ballarat. And with the recent government TAFE cuts, this is exciting news. Some of the new courses available in 2014 include:

- Bachelor of Information Technology
- Bachelor of Business (Finance and Investment)
- Master of Professional Accounting; and
- Master of Geomechanics and Geohydrology.



The \$4.6 million investment complements the Victorian Coalition Government's existing commitment to regional students through the \$20 million Regional Partnerships Facilitation Fund (RPF), which will provide 10,000 enrolments over the next ten years.

for the day.

The new Fed Uni micro site, www.federation.edu.au, was also launched. There is more to this new university than a name and website though. The University of Ballarat will merge Monash University Gippsland 'to enhance pathways from VET certificate to post-graduate level in areas of local need.' The Minister for Higher Education and Skills, Mr Peter Hall, said FedUni would transform the educational experiences of students choosing to study in regional Victoria. 'By being explicitly focused on the needs of regional communities, Federation University Australia will be able to offer educational options that are more closely aligned to the needs of local employers.'

The newly formed university will also get an extra \$4.6 million thanks to recent grants. This will create

Photos courtesy of Cohen Lewis



What do you hope will happen once UB officially becomes Federation University Australia? Have your say on our Facebook page (www.facebook.com/hotchpotchmagazine) or by emailing us at hotchpotchmagazine@gmail.com.

A Helping Hand

Learning Skills Advisors (LSAs) are now available to provide one-on-one support to students studying at UB as part of the Student Futures Program.

LSAs can assist all students with essay writing, referencing, grammar, sentence structure and other writing and study skills. While not a proofreading service, LSAs can provide individual assistance for students who require more intensive support than can be provided through our ASK and PASS programs. Appointments are generally 45 minutes to one hour and are available by telephone for students who are not able to attend the Mt Helen campus

LSA's will be available for 45 minute to 1 hour appointments (made on the half hour) at the following times:

Tuesday, Wednesday and Thursday: 9.30am to 1.30pm

Monday and Friday: 9.30am to 2.30pm

Appointments can be made through the ASK service: either in person, by email, or by telephone. The Ask desk (top floor of the Albert Coates building) is available for drop in from 10am to 2pm Monday to Thursday.

Help for Speech Problems

Crowd-funding is huge at the moment, and there are a lot of good projects to support. Help Scenari-Aid 'Go Mobile' was one such project.

Scenari-Aid is a project from the University of Ballarat's Technologies for Empowering People for Participation in Society (TEPPS) programme led by Grant Meredith. TEPPS focuses on the design and creation of "assertive technologies" of which Scenari-Aid is one. The aim of TEPPS and Scenari-Aid is to alleviate those "what if" moments in a person's life and to encourage people to be more active within an enriched society. Originally created as a free DVD application for people who stutter, Scenari-Aid evolved into a website and, thanks to Pozible and the support of the community, will soon be available across a range of mobile platforms and tablets.

The application is free for anyone to use and contains over 100 digitally recorded scenarios. It offers people a way to practice fluency-shaping techniques and address issues of social anxieties. Scenarios include: job interviews, cafes and restaurants, general shops, movie theatres, car sale yards and many more. The

Campus Connection

How many Mt Helen students know there is an Arts Academy? How many Ballarat students know there are campuses in Stawell, Ararat and Horsham? Are non-TAFE students aware that SMB exists?

Although the University of Ballarat encompasses many campuses in many locations, they all seem disconnected to each other.

There also seems to be very little interaction between the different campuses and the students who attend them. It's such a shame. There are so many awesome and talented people who go to UB at a different campus, but you rarely get the chance to talk to them or see their work if you're not already in the loop.

Hopefully the Uni's name change will connect the campuses more.

Do you think the campuses and students are connected enough to each other? Would you like to see more interaction between them?

Let us know via our Facebook page: www.facebook.com/hotchpotchmagazine or via email: hotchpotchmagazine@gmail.com.

skills and confidence gained by using these scenarios can then be transferred into the real world.

There is no prescribed way to use Scenari-Aid. How, when and why is completely up to each person's aims and needs. It has been used for fluency and speech therapy, stroke recovery, improving literacy skills for people from non-English speaking backgrounds, addressing social anxiety issues, and empowering the long term unemployed.

Creating an application such as this can be financially challenging. The initial DVD application was able to be completed thanks to financial aid from the Helen Macpherson Smith Trust. The local Ballarat community also assisted to voluntarily stage the scenarios. It was very heart-warming, and all the included scenarios were shot authentically on location with real people.

It is great to see such wonderful projects being supported by the community. The project had a target of \$25,000 and managed to surpass that, raising \$25,460.

For more information on Scenari-Aid visit www.scenariaid.com.



Individual Carrot Cakes

Ingredients

- 1/4 Cup flour
- 1/2 Tsp ground cinnamon
- 1/4 Tsp baking powder
- Pinch of salt
- 3 Tbs sugar
- 1/4 Cup finely shredded carrot
- 2 Tbs milk
- 1Tbs oil
- 1/4 Tsp vanilla extract

For Icing

- 2Tbs icing sugar
- 1/2 Tsp vanilla extract
- Chopped nuts (optional)

Method

For cakes

1. Preheat oven to 175° and line to 4 ounce ramekins with baking paper.
2. Sift flour into bowl. Add cinnamon, baking powder and salt. Mix until combined.
3. Add carrot, milk, oil and vanilla extract to a separate bowl. Mix until well combined.

4. Pour wet ingredients into dry ingredients and stir until well combined.



5. Divide mixture into ramekins and bake for 18-20 minutes. The cake is cooked when a skewer is inserted and comes out clean.
6. Cool in ramekins for 10 minutes. Remove and ice.

For icing

1. Add icing sugar and vanilla extract to bowl. Combine well. If icing is not thick enough, add more icing sugar.

Spicy Raspberry Lemon Cooler

Ingredients

- 2 Cup frozen raspberries
- 1/2 Cup honey
- 1/2 Cup freshly squeezed lemon juice
- 1/2 Cup water
- 2 Bottles ginger beer

Method

1. Place raspberries, honey, lemon juice and water in a saucepan and bring to a boil over medium-high heat. Reduce the heat to a gentle simmer and cook until fruit has completely broken down; about five minutes. Remove from heat and let stand until cool. Pour mixture into a fine mesh strainer set over a pitcher. Press the fruit solids with a utensil to remove as much liquid as possible. Discard the fruit pulp.
2. Fill a glass with ice and pour three tablespoons of the raspberry syrup into the glass. Fill with ginger beer and stir. Malibu Coconutini

Malibu Coconutini

Ingredients

- 30 mls Malibu rum
- 30 mls Irish cream
- 30 mls chocolate liqueur
- Chocolate syrup, for garnish

Method

1. Put all ingredients in a shaker, add ice, and shake.
2. Drizzle chocolate syrup along the inside of a glass, then add the cocktail.

Do you have a flair for cooking or a recipe you want to share? Perhaps you have some helpful hints to reduce grocery costs or give a dish that extra flavour.

Hotch Potch is now seeking submissions for the next issue. Send your recipes and hints along with a photo to hotchpotchmagazine@gmail.com.

Ballarat

What: Ballarat Cabaret Festival

Where: Various venues

When: 10 October-13 October

Cost: Varies

For more information visit <http://www.ballaratcabaret.com>

What: Anh Do: The Happiest Refugee Live!!

Where: Wendouree Performing Arts Centre

When: Friday, 11 October. 8pm

Cost: \$49.90 Adult, \$44.90 Conc

Tickets available from <http://www.wcpa.com.au>

Who: Clowns

+The Bennies

+Lizard Punch

+The Savages

Where: Karova Lounge

When: Friday, 11 October. Doors open 9pm

Cost: \$8

Who: Adalita

+Laura Jean

Where: Karova Lounge

When: Saturday, 12 October. Doors open 8.30pm

Cost: \$20 + b/f

Tickets available from New Generation, The Regent Cinema and Oztix

What: The House at the End of the Line

Where: The Mining Exchange

When: 16 October-20 October

Cost: \$12-30

For more information visit <http://www.hermaj.com>

Who: Horrorshow

+Home Brew

+Jimblah

Where: Karova Lounge

When: Thursday, 17 October. Doors open 8.30pm

Cost: \$17 + b/f

Tickets available from New Generation, The Regent Cinema, and Oztix

Who: Cosmo Jarvis

+Lime Cordiale

Where: Karova Lounge

When: Friday, 18 October. Doors open 8.30pm

Cost: \$24.50 + b/f

Tickets available from New Generation, The Regent Cinema and Oztix

What: 2013 APIA Veterans Golf Classic

Where: Midland Gold Club, Heinz Lane, Nth Ballarat

When: Friday, 18 October. 8.30am

Cost: \$25 Player (includes light luncheon), free for spectators

What: Ballarat Homexpo Lifestyle and Leisure Roadshow

Where: Wendouree Sports and Events Centre

When: 18 October-20 October. Friday: 12-5pm. Saturday and Sunday: 10am-5pm

Who: UBAA 2nd Year Acting Students

What: The Seagull by Anton Chekhov

Where: P.O Box Theatre at Camp St

When: Weeks 11 and 12

Cost: Prices start from \$5 for UB students

Tickets and more information will be available closer to the date from <http://www.ballarat.edu.au/schools/education-and-arts/events>

Who: UBAA 2nd Year Acting Students

What: The Golden Age by Louis Nowra

Where: P.O Box Theatre at Camp St

When: Weeks 11 and 12

Cost: Prices start from \$5 for UB students

Tickets and more information will be available closer to the date from <http://www.ballarat.edu.au/schools/education-and-arts/events>

What: Great Big Gardens Play Day

Where: Botanical Gardens

When: Wednesday, 23 October. 10am-3pm

Cost: Free

Who: Whitley (Solo)

+Seagull

Where: Karova Lounge

When: Thursday, 24 October. Doors open 8.30pm

Cost: \$17 + b/f

Tickets available from New Generation, The Regent Cinema and Oztix

What: Arj Barker: Go Time

Where: Wendouree Performing Arts Centre

When: Friday, 25 October. 8pm

Cost: \$44.90 Adult, \$41.90 Conc. and group (10+)

Who: BLOC Jr

What: Alice in Wonderland

Where: Founders Theatre, Mt Helen Campus

When: 25 October-27 October

Cost: \$

Who: Joey Cape and Brian Wahlstrom in Tribute to Tony Sly

Where: Karova Lounge

When: Friday, 25 October. Doors open 8.30pm

Cost: \$25 + b/f

Tickets available from New Generation, The Regent Cinema and Oztix

What: Family Fun Day

Where: 1st Alfredton Scouts Hall, Alfredton

When: Saturday, 26 October. 10am-3pm. Raffle drawn at 12pm

Cost: Gold coin donation

What: Holiday and Cruise Centre World Travel Expo
Where: Ballarat Mining Exchange
When: Sunday, 27 October. 10am-4pm
Cost: Gold coin donation

Who: The Wise Guyz
+Rock 'A' Dees
Where: Karova Lounge
When: Thursday, 31 October. Doors open 7.30pm
Cost: \$25
Tickets available from New Generation, The Regent Cinema and Oztix

Who: Matt and Beki (The Mavis's)
+Caroline Kennedy (Dead Star)
Where: Karova Lounge
When: Friday, 1 November. Doors open 8.30pm
Cost: \$15 + b/f
Tickets available from New Generation, The Regent Cinema and Oztix

What: More than a Dream Tour
Who: Harrison Craig
Where: Wendouree Performing Arts Centre
When: Friday, 1 November. 8pm
Cost: \$79 "Dream Zone", \$69 A Reserve
Tickets available from <http://www.wcpa.com.au>

What: Springfest
Where: Lake Wendouree
When: Saturday, 2 November and Sunday, 3 November
Cost: Free

What: The Encore Tour
Who: Marina Prior
Where: Wendouree Performing Arts Centre
When: Saturday, 2 November. 8pm
Cost: \$70 Adult, \$60 Conc. and group (8+)
Tickets available from <http://www.wcpa.com.au>

What: Bonsai Exhibition
Where: Robert Clark Centre, Gillies Street North
When: Saturday, 2 November-Sunday, 3 November. 10am
Cost: TBA

Who: The Yard Apes
+The Reprobettes
+Shovels
Where: Karova Lounge
When: Saturday, 2 November. Doors open 8.30pm
Cost: \$10
Tickets available from New Generation, The Regent Cinema and Oztix

What: Get Your Mo On: World Record Attempt for Largest Gathering of People Wearing False Moustaches

Where: Loreto College Oval, Lake Wendouree
When: Sunday, 3 November. Gates open 9am for record attempt at 10.30am
Cost: Gold coin donation which gets you an approved false moustache

What: The Magic Pudding: The Opera
Where: Her Majesty's Theatre
When: Thursday, 7 November. 7pm
Cost: \$12-20

What: Ballarat Show
Where: Ballarat Showground
When: Friday 8, Saturday 9 and Sunday 10 November. 9.30am-10pm Friday and Saturday. 9.30am-5pm Sunday
Cost: Friday special: \$30 Family (2A+3C). Saturday and Sunday: \$35 Family (2A+3C). \$15 Adults, \$10 Pensioners, \$7 Children (5-15 years) and free for children under 5 years

Who: Stonefield
Where: Karova Lounge
When: Friday, 8 November. Doors open 8.30pm
Cost: \$17.50 + b/f
Tickets available from New Generation, The Regent Cinema and Oztix

What: The Lost Diggers of Fromelles
Where: Humffray Room, Ballarat Mechanics Institute
When: Friday, 15 November. 7pm
Cost: TBA

Who: The Nerve
Where: Karova Lounge
When: Thursday, 28 November
Cost: \$15 + b/f
Tickets available from New Generation, The Regent Cinema and Oztix

What: Christmas Fest by the Lake
Where: Pleasant St Primary School, Wendouree Parade
When: Friday, 6 December. 5pm-9pm

What: A Ballarat Christmas
Where: Her Majesty's Theatre
When: Wednesday, 18 December. 2pm and 7.30pm
Cost: \$12-20

Who: Jessica Mauboy
Where: Wendouree Performing Arts Centre
When: Thursday, 23 January 2014. 7.30pm
Cost: \$199 Sound Check Special, \$79 Reserved Seating
Tickets available from <http://www.wcpa.com.au>

Horsham, Ararat and Stawell

Eventful

What: Stawell Men's Shed
Where: 11 Smith Street, Stawell
When: Every Tuesday, Wednesday and Thursday.
9am-4pm.
Cost: Free
Women can come every Thursday. Shed phone: (03) 5358 2384

What: Stawell Line Dancing Classes
Where: Senior Citizens Hall, Victoria Street, Stawell
When: Tuesdays and Thursdays. Tuesdays: 6-7pm for intermediate, 7-8pm for beginners. Thursdays: 9-10am for beginners, 10-11am for intermediate
Cost: TBA
For more information contact Jeanette on 0428 300 348

What: Horsham Spring Garden Festival
Where: Horsham Botanical Gardens
When: 11 October-13 October
Cost: \$5 Adults, Free for children (U16)

What: Agrifocus: Southern Farming Systems
Where: SFS Westmere Trial Site, 4km West of Westmere, on the Glenelg Hwy
When: Wednesday, 16 October-Thursday, 17 October
Cost: Free for SFS members, \$25 1 day or \$40 2 days for non-members

What: Ararat Quickshear Competition
Where: Alexandra Hall, Western Hwy, Ararat
When: Friday, 18 October. 6pm
Cost: Free

What: Goolum Goolum presents Kevin Kropinyeri
Where: Wesley Performing Arts Centre, Horsham
When: Friday, 18 October. 7.30pm
Cost: \$30
Tickets available from <http://www.wesleypac.com.au>

What: The Man They Call Banjo
Where: 724 Delacombe Way, Willaura
When: Saturday, 26 October. 7.30pm
Cost: \$40
Tickets available from <http://www.trybooking.com.au>

What: Ararat Show
Where: R.T. White Raceway, Blake Street, Ararat
When: Sunday, 27 October. 9am-5pm
Cost: \$10 Non-members, \$7 Seniors, \$5 Children (U16), \$22 Family

What: Nati Frinj Festival
Where: Natimuk (24km south of Horsham)
When: Friday, 1 November-Sunday, 3 November
Cost: \$0-18 depending on event

What: Elmhurst Art and Craft Show
Where: Elmhurst Bush Nursing Centre
When: Friday, 1 November-Saturday, 2 November
Cost: TBA

What: Wimmera Geranium and Pelargonium Show
Where: Sawyer Park, Horsham
When: Saturday, 2 November-Sunday, 3 November
Cost: \$5

Who: Adam Rozenbach
What: EURODAD
Where: Wesley Performing Arts Centre, Horsham
When: Saturday, 2 November. 8pm
Cost: \$27
Tickets available from <http://www.wesleypac.com.au>

What: NMIT Ararat Gold Cup
Where: Ararat Turf Club
When: Sunday, 10 November. 11am
Cost: Various

What: Melba and Moncrieff Morning Melody
Where: Wesley Performing Arts Centre, Horsham
When: Wednesday, 13 November. 11am
Cost: \$20
Tickets available from <http://www.wesleypac.com.au>

What: Richard Morris Memorial 2013 Concert
Where: Wesley Performing Arts Centre, Horsham
When: Saturday, 16 November. 7pm
Cost: \$20-25
Tickets available from <http://www.wesleypac.com.au>

Who: Barry Morgan
What: Organ is Not a Dirty word!!
Where: Wesley Performing Arts Centre, Horsham
When: Thursday, 28 November. 8pm
Cost: \$25-27
Tickets available from <http://www.wesleypac.com.au>

What: Maker's Gallery Christmas Market
Where: Maker's Gallery, 28 McLachlan Street, Horsham
When: Saturday, 7 December. 9am-1pm
Cost: TBA

What: Carols by Candle Light
Where: Sawyer Park, Horsham
When: Sunday, 8 December. 7pm
Cost: TBA

If you are hosting or know of an upcoming event then let Hotch Potch spread the word.
Email the details to: hotchpotchmagazine@gmail.com



Review: Breaking Bad

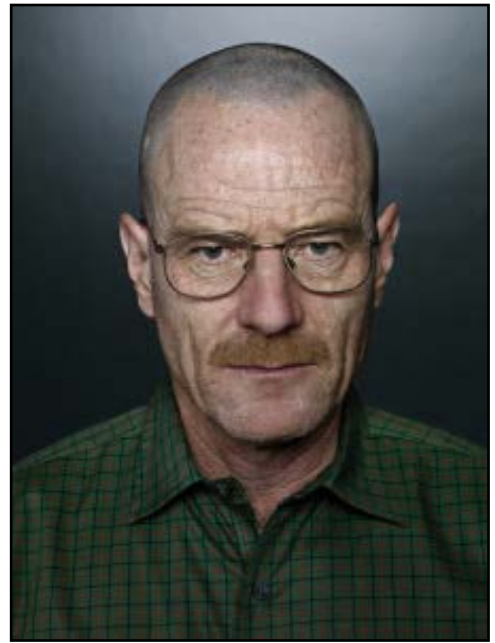
There was a joke in an episode of Family Guy where Breaking Bad hypnotised its viewers into thinking it was the greatest show on Earth. I'm now convinced that this must be how they do it. There is no possible way any show could be as good as Breaking Bad.

As I write this there are only three episodes left until we see the end of Walter White's story. A story about a chemistry teacher turned meth cook turned drug empire overlord. Walt (Bryan Cranston) is just trying to make ends meet when he discovers he has lung cancer. If he dies, his pregnant wife (Anna Gunn) and son, who has cerebral palsy (RJ Mitte), will be left with nothing. Putting his chemistry skills to use he begins to cook meth with the help of a former student of his, Jesse Pinkman (Aaron Paul).

This show is packed with tension from the get go and each season has outdone the last. In all 5 seasons there has not been one episode where I haven't been on the edge of my seat. Everything in the show is just so perfectly planned out; every small detail finds a way to come back in surprising ways, changing everything. The acting of everyone on the show, especially Bryan Cranston and Aaron Paul, is absolute-

ly incredible.

It's a show about how much ordinary people can be capable of, how much they can change and how everything you do has a consequence (and oh boy, are those consequences nasty).



Bryan Cranston as Walter White in

It's brutal and intense and might not be for the more faint-hearted viewers, but as the hypnotised viewers say: "Breaking Bad is the best show I have ever seen, except maybe The Wire."

By Zach Mullane

Sudoku

	2		7					
6					3			9
			8			1		
		9				7		
	5						6	
		4				8		
		3			9			4
8			5					
			6				2	

Each column, row and block should have the numbers 1-9 in them. No numbers can be repeated in the same column row or block.



Created by Yonatan Frimer

Two hunters are out in the woods when one of them collapses. He doesn't seem to be breathing and his eyes are glazed. The other guy whips out his phone and calls the emergency services. He gasps, "My friend is dead! What can I do?" The operator says "Calm down. I can help. First, let's make sure he's dead." There is a silence, then a gun shot is heard. Back on the phone, the guy says "OK, now what?"

A Conference of Change

On Friday the 28th of September, five students on from UB left Ballarat to attend the Australian Student Leaders Association Conference being held at the University of Wollongong. This conference brings students together to work collaboratively on a wide range of issues, and to assist in developing leadership strategies for the future, and most importantly making connections with like-minded student. UB's team of delegates consisted of Sumathi Ayyapan, Catherine Maclean, Rob Thompson, Mark Harse and Boya Song.

The relatively short trip to Wollongong turned into somewhat of a marathon with delayed flights and trains extending the trip to eleven hours! This was quickly forgotten once the conference began.

Day one started with a keynote address from Viv Benjamin the current CEO of the Oaktree Foundation, an organisation run by young people from 16 – 26 that have delivered significant change to the world. The Fair-trade chocolate campaign was the start of an ambitious project to end child slavery on African Cocoa farms, and by successfully lobbying companies such as Cadbury to change their purchasing policies, the lives of thousands of children in Africa have been enhanced, and most importantly, freed from the yoke of slavery.

Following Viv's inspirational story, each of the students then went to their chosen Masterclass, where a subject matter expert gave groups the opportunity to explore leadership challenges around issues such as regional change, political activism, advocacy, mobilisation and social media. The workshops gave the delegates a great insight into the challenges faced and successfully overcome by each of the speakers, and how individuals can and do have the ability to instigate change on a level that far exceeded their initial expectations.

At the commencement of the conference delegates had been randomly selected into groups where they were challenged to find creative solutions to real life problems. These connections made in these sessions have already started to bear fruit, with some exciting initiatives being developed already, including a pledge to commit \$16,000 to the Oaktree Foundation to provide a clean water source to an African village. This is only the first of what will be many initiatives created by this conference, so stay tuned for further updates.

The keynote speaker on day one was Michael Laverly, the managing director of Tropfest in Australia, the world's largest short film festival. The stories of his

journey from growing up in South Africa at the height of apartheid, through to his work with the African National Congress and then to his current role with Tropfest, had the entire delegation enthralled. His story highlighted the challenges and dangers of taking a stance against authority, but at the same time demonstrated the imperative of doing so when you have the courage of your convictions.

The conference was not all discussion and meetings. Day two started with an open-air Hip-Hop workshop, at which all the delegates learnt some 'moves', culminating in a kind of dance-off, which was well received by all. UB was well represented in this area, with Catherine doing UB proud as she displayed her considerable skills.

The keynote speaker for day two was Jon Dee, the former NSW 'Australian of the Year' is the co-Founder of Planet Ark with Pat Cash, and now runs the DoSomething! Organisation. Jon spoke passionately of the power of citizen activism, how to effectively lobby senior corporate figures to assist in supporting change, and the importance of making connections. His latest project 'DoSomething' is an



innovative approach of making it easier for ordinary people to get involved at a local level with a variety of organisations, groups, charities and change activists. Simply go to <http://dosomething.net.au/> and type in your postcode. This is a fantastic resource for anyone who wants to get involved but is unsure of how to start.

The key message from the conference was supplied by Andrew Macleod at the Q&A discussion, where he stated "If you have had any kind of Tertiary Education, this places you in the 0.5% wealthiest people on the planet. If you have had any kind of Tertiary education in Australia, you have an incumbent responsibility to do something positive to improve the lives or conditions of the other 99.5%".

The conference was an absolute success, and as delegates, we felt incredibly privileged to represent UB. The team at University of Wollongong, in particular the S4S team, made us extremely welcome, and openly acknowledged their gratitude for the support from UB at the Gala Dinner.

For further information on the speakers, workshops and the conference go to www.studentleaders.org, or find us on Facebook, as we strongly encourage you to attend next year's event.

By Mark, Boya, Suma, Catherine, Rob



Q. Hi. I just joined a great company but I have found one flaw: a co-worker who works no more than 3 hours in an 8-hour workday. She spends time at lunch, shopping, personal phone calls, and chatting with other workers. Her behavior makes me think she has no respect for her fellow co-workers. I have to take up the slack. She has been here for two years and I just don't see how she keeps her job. Should I make waves and complain about her performance, or go with the flow?

-Unsure

A Hi Unsure This is a tricky situation that you have gotten yourself into now that you have noticed this flaw of your co-worker. Try to have a word with the co-worker before making a complaint. If things don't improve then take it up with the manager since it is not fair that you should shoulder the burden of the workload by yourself.

-Brooke

If you have a question for Brooke then hit us up on Facebook: www.facebook.com/hotchpotchmagazine or send your question to hotchpotchmagazine@gmail.com.

Get rid of social media

Don't worry, I'm not suggesting you delete your Facebook/Twitter/Tumblr/other social media site account. But it can be a good idea to get a trusted friend or family member to change your password so you can't access your account. Then just change it back after exams.

Turn off your phone

Phones are another big distraction. Unless you are expecting a call, turn your phone off while you are studying.

Know your timetable

It's all well and good to study for exams but that counts for nothing if you don't show up. Make sure you know when and where your exam will take place. This will also help you to plan a study schedule.

Treat yo'self

Studying all day can be mentally exhausting, so its good to reward yourself after you've studied hard. It can also be a great motivator. You could study for an hour, then treat yourself with 5 minutes on a game. A great idea when studying long passages is to mark sections with a lolly or treat of your choice; you get to eat it when you get up to that section.

Three of a Kind... Podcasts

Welcome to Night Vale

This creative and surreal podcast is reminiscent of old school radio shows.

The narrator, Cecil Baldwin, takes you through the, sometimes spooky and supernatural, happenings of the fictional town of Night Vale. His voice is well suited to the podcast and the use of music is fantastic; the weather reports are a fan favourite.

This is definitely not a podcast to miss. So, 'turn on your radio and hide. Welcome to Night Vale.'

Grammar Girl

Grammar Girl's podcasts may be short (under 15 minutes) but they are packed full of content. From hyphens to tenses, commas to irony, Grammar Girl covers them all.

With her 'quick and dirty tips for better writing', this podcast will suit anyone. Whether English is your first or second language, this podcast will help you to better understand grammar. With Grammar Girl's help you are bound to become a better writer.

The Nerdist

Fans of the BBC America show *The Nerdist* are bound to be a fan of this podcast.

Chris Hardwick discusses various things with his friends and co-stars Jonah Ray and Matt Mira. Sometimes he waffles on a bit but any annoyance this causes is usually cancelled out by the awesome guest stars he has. Joseph Gordon-Levitt, Joss Whedon, Billy Crystal, Tegan and Sara, have all appeared on the podcast. If you're a fan of pop culture, you will love this podcast.



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We hope you enjoyed this edition of Hotch Potch. It is always nice to get feedback whether good or bad so let us know what you think of this issue. Email hotchpotchmagazine@gmail.com

The 13th Annual University

Oktoberfest

13

Wednesday 16th October
at The Ballarat Polo-Crosse Club
Ballarat Airport Precinct

Refer to facebook event for map details.

*2pm Start

Giant
Beer
Ball



Real
World
Beer
Wenches

1st 300 receive a
Free Stein
& first stein refill

Bavarian beer tasting
\$1 bottles of water all day

OKTOBERFEST
priced drinks All Day

Gourmet BBQ
All Day (incl. traditional
German cuisine)

Main Stage

4 x live DJ's
Annual Stein
holding Comp.

Beer Garden

Live Acoustic Music
playing all day long
Free 58 seat shuttle bus
running to and from
Uni Flag Pole - C001
every hour starting
at 1:30pm
2:30, 3:30
4:30
5:30

DRINK SAFE BE SAFE

Strict RSA regulations will be enforced throughout the day. Please Drink Responsibly