

The
Triangle News
is a project
of the
Lions Club of
Marysville &
District Inc.

ABN 32 727 809 965

MARYSVILLE

triangle news



NARBETHONG & GRANTON

BUXTON & TAGGERTY

April 10, 2015

President Graham Taylor

Vol. 42 No. 14

Murrindindi Beanie Festival Victoria

Founded last year by a group of like-minded community members to create a fun, and exciting art competition open to people of all ages, the Festival aims to be easily accessible to the broader community while inspiring locals to participate in and benefit from an art event that everyone can relate to. It's never been easier for crafty people to get involved in an art competition. I believe that a person at home crocheting on the couch is only an exhibition away from becoming an artist. Junior categories are included and beanies entered will be donated to the Murrindindi Beanie Festival and sold during the three day exhibition to raise money for local charities. As word has spread, we even have interest from overseas. You too can join our rapidly growing group of crafters creating a wonderful array of beautiful beanies in any design that you choose.

To be held at St John's Anglican Church Alexandra over three days from July 17th to 19th the Beanie Festival will include knitted, felted and crocheted beanies. Our inaugural Opening night with the winners announced will be held on Friday the 17th July. Saturday the 18th will feature our Beanie Bazaar, a market full of wonderful creations showcasing the best of Made in Murrindindi and other local community groups. It will include local food stalls, craft, local produce and more.

The Murrindindi Beanie Festival is a member of and very proud to be supported by MIM – Made in Murrindindi a community based, not for profit group promoting products, and art and craft produced locally in the Shire of Murrindindi. MIM is a member of Regional Arts Victoria.

The various categories of the Bean-

ie Festival include;

***"Murrindindi Madness"** designed to let your creative juices run wild, dream up your most fantastical masterpiece in any medium. Keep in mind this year's theme is Crazy Critters, and from a judging perspective, the more creative or outlandish in this category the better.*

***"Traditional Beanie"** featuring the art of knitting or crochet while keeping the beanie tradition alive. Create your best winter beanie that we have all come to know and love (made up of 90% yarn).*

***"Funky Fibre Fusion"** representing your best felted beanie in either wet or dry technique. (made up of 90% yarn)*

***"The Most Down To Earth Beanie"** which is an organic wonder that may include natural fibres/dyes, hand spun yarn or recycled materials. It could even be sewn. The only stipulation is that all beanies must be wearable, on your head of course.*

If you would like to participate or know of someone who is a wiz at either knitting, crochet or felting why don't you encourage them to become involved get creative and enter. If you live in the area we still need volunteers to teach these wonderful skills. From the skyline of Melbourne to the hills of Gippsland, we would love to hear from you. So what are you waiting for please start knitting, crocheting or felting and support our community in Alexandra.

For further information, questions, or **entry forms visit Murrindindi Beanie Festival Vic on Face book** or contact.

Murrindindi Beanie Festival Vic
Event Coordinator
Carolyn Weeks

The Murrindindi
Beanie Festival
Victoria July
17th -19th.

St John's Anglican Church Hall,
Downey Street
Alexandra, Victoria.

Dates to Remember:

All beanie entries for the 3 day Beanie Festival Exhibition must be received by July 8th.

Official Opening Night of the Beanie Festival is Friday July 17th at 7.30pm. Winners announced.

The Beanie Bazaar is Saturday July 18th. A market showcasing the best of Made in Murrindindi combined with local community groups to include food stalls, craft, produce and more.

The Murrindindi Beanie Festival Victoria is brought to you by Made in Murrindindi Inc., a member of Regional Arts Victoria.



Please Send Your Contributions to-
The Triangle News
P O Box 95 Marysville 3779

Deadline - 5.00pm Monday

Buxton Store & P.O.,
or by Email (address below).

Circulation: 650 copies
to Narbethong, Marysville, Buxton,
Alexandra, and Taggerty

e-mail to Erin:

triangle.news@yahoo.com.au

or **PH : 0425 555 849** (BH only please)

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Readers Page - (1 Week) N/C

Organisations Meeting Notices

(Non-Profit groups) - (2 Weeks) N/C

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The Triangle News committee does not
take responsibility for opinions expressed
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editor reserves the right to reject articles
and advertisements and to edit submis-
sions if necessary. **All submissions must
carry the author's name, address and
phone number.**

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outings etc can be made to Alice on
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WHAT'S ON WHEN IN APRIL

April 10

- Dog and Cat Registration Due

April 11

- BPA Pot Luck Dinner 6.30pm at Buxton
Memorial Hall

April 14

- Women in Business—Intro Event 6.30pm at
Murrindindi Shire Council

April 16

- Mental Health Seminar 7pm at Treefern
Room, Marysville Community Centre

April 19

- Living Well in the Ranges Kinglake
Community Centre 10am—4pm

April 28

- Gallipoli Park Precinct Committee of
Management meeting 5.30pm in the upstairs
function room of the Community Centre

Community Announcement

The Gallipoli Park Precinct Committee of Management would like to
inform local residents and visitors that the Lake (Darmody's Pond) in
Gallipoli Park will be drained on **April 13th – 17th**. This is to allow
works to be carried out on re-establishing the operation of Wendy's
Fountain.

The fountain hasn't been working since the fires and the Murrindindi
Shire Council along with the Gallipoli Park Committee, have been able
to provide the funds for the equipment and materials required to get
Wendy's Fountain working again.

So don't be alarmed if you see the Lake at "Low Tide" during this
time. When work is completed the Lake's water level will be restored
to its usual level.

Thanks for your understanding and we apologise for any inconven-
ience this may cause.

Gallipoli Park Precinct Committee of Management

To all my loyal customers over the last few years, a big
thankyou for the friendship and keeping my focus to
succeed in our beautiful towns recovery.

Time to go back to the bush.

Rose Flarherty - Eagles nest antiques and collectables.



Gallipoli Park Precinct

The Gallipoli Park Precinct Committee of
Management (GPPCM) meets once a month usually on the 4th Tues-
day at 5.30pm in the Marysville Community Centre Tree Fern
Room.

The next meeting will be on the 28th April 2015 at 5.30pm.

The Community is always welcome to attend to find out what is
happening within the Precinct including the Community Centre.

Please view our website: www.marysvillecommunitycentre.com.au
to make an enquiry or to book the facility.

Mayor's Chair Cr Margaret Rae

As you read this, Easter will just be over once more. It is a very special time of year with different meanings and different memories for many of us. For me, as I have said before, it will always represent springtime, a time of birth, hope and new life, as well as a time of rabbits, eggs and treasure hunts. For others, it is a time for quiet reflection and contemplation, and it is not without its sadness. This year we are missing a number of special people from our community and our hearts go out to their families who will not yet feel joyous or even hopeful.

But human resilience is wonderful and soon I am sure, the sound of music – a presence in all our lives - will awaken many happy memories for families and friends. It can be all too easy to overlook those things in life that are positive, so often it is negativity and noise that seem to drown out the silent majority who are living their lives in a positive and constructive way.

I experienced a terrific example of this recently when I had the privilege of opening the Terip Terip resurfaced tennis courts and unveiling their commemoration plaque. This very small community, located truly in the 'back-blocks', is stunning. So many people gathered to share in the joy and celebration of their achievement. They had spent years applying for grants to fulfill their dream of better quality facilities so that their community could enjoy a wider range of sports and had experienced several knockbacks. Their tennis courts have been the heart of the community for 85 years and they weren't about to give up! They simply gathered their forces and tried one more time. And this tenacity and determination of effort led to the raising of some \$22,000 dollars to support their application for \$65,000 – and to success.

Now they have beautifully resurfaced courts, with a very active tennis club, and with players who are winning tournaments. But they have so much more as well. Not only have they been able to improve their facilities but they can now also achieve their goal of improving the health, wellbeing and social connectedness of the whole community. This sharing and caring driven by a positive outlook and approach strengthens them all and sets a model to which we can all aspire.

Happening close to Easter as this did, it really highlighted for me that whatever the time of year, it is always a good time for the birth of new initiatives and the growth and development of our communities by working and playing together.



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Harvest Festival and Mothering
Sunday 15th March 10.30am
Marysville

Mt Cathedral

Community Baptist Church

37 Grant St Alexandra

Sunday Services: 10.00 am

Bible Studies: 2.00pm Mondays

Impact Youth: 6.30pm Saturdays

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Further Enquiries:

Pastor Daniel Kriss (03) 5772 2695
or 0400 282 536 or via email

pastor@mccbc.com.au

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Please ring Vera Gill (0414 564 309)
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enquiries to Chairman, Robert
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Councillor Comment

Cr Christine Challen—Cathedral Ward

I recently read an article in the New York Times, the gist of which I'd love to share with you, about fulfilling long held aspirations in our later 'wise' years.

The article mentions a woman who, as a young girl, had dreams of a literary career but as things turned out she married, had kids and consequently juggled a career and family until she retired. Then, she said: *'Words came tumbling out of closets and drawers, leaking from rusty faucets and reappearing as character actors.'* So she began penning poetry and short stories and now at 80, and five and a half books later, Lucille Shulklapper (I promise you I didn't make up that name) is still publishing. Convention too often dictates that if you haven't written your equivalent Patrick White literary tome, painted a Turner-esque masterpiece or scaled the Himalayan peaks by the time you're 55, there's every likelihood you've missed that boat. How wrong!

According to some experts in psychology, in quick summary, older people have crystallised intelligence (general knowledge) which grows over a lifetime, and experimental minds, which take longer to develop and formulate by trial and error. That's why *'Cezanne created his greatest work at 67. Frank McCourt won a Pulitzer Prize for "Angela's Ashes" when he was 66.'*

Just being open to new experiences is one of the best means to improve these later-in-life intellectual tools and therefore extend our creative capacity.

If we look around, I'm sure we can find many such success stories, of people *'who bloom late'*. I realise my mum is a great example. At 75 she was producing exquisite knitted dolls; they were so good, she was supplying a retail outlet in Melbourne. Now 92, she loves to bake specialties for her two daughters and three grandchildren. Every time we see her she plies us with her homemade treats. Her pièce de résistance is scrumptious fruitcake, doused in sherry I might add – just the way her sons-in-law prefer it!

Autumn motivates us to open our eyes and visualise the extraordinary that's all around. This beautiful season can be a metaphor for our advancing years. It's a perfect time to pick up that musical instrument, upgrade the camera, dust off the typewriter, even revive the cake decorating set. We may not make our fortunes from these new or rediscovered talents, but the creative and holistic rewards can be far more enriching. And the great news is, regardless of our age, there's every chance our best is yet to come.

PS: Happy Mother's Day to our treasured mothers and grandmothers on Sunday, 10 May.
Thank you for your continued inspiration.



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Please do not purchase goods for commercial use.

Check 'The Triangle "Food Op Shop"' facebook page for a daily update on what is for sale.

For further inquiries, please contact Lisa Lorimer-Derham:
 0427 467 494, derhaml@humehealth.org.au

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The Launch of
*The Marysville Jazz
and Blues Weekend.*

Friday evening May 29th
dinner, film or both.
Bunkers Restaurant,
Marysville Golf Club.

More information soon.

Marysville Cultural Community AGM

Thursday 16 April
2015

Bruno's Gallery
51 Falls Rd
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7.00 pm
followed by MCC
Committee Meeting
All positions
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Free Community Mental Health Seminars for Bushfire Affected Communities

Presented by: Dr James Courtney
Specialist Clinical Psychologist
Austin Health Psychological Trauma Recovery Service

This presentation is relevant to all members of the Marysville and surrounding communities. While mental health and well-being will be discussed in the context of those affected by the Bushfires, a more general discussion will also cover common mental health issues that may affect you, your friends, or your family. Themes will include the early recognition of signs and symptoms, the process of recovery, self-help strategies and the role of self-care. Effective psychological treatment will be discussed along with promotion of the current services available for those affected by the Bushfires through Berry Street and Nexus Primary Health.

Date: 16 April
Time: 7:00pm - 9:30pm
Venue: Treefern Room, Marysville Community Centre
Address: Falls Road, (Corner of Hill Ave), Marysville

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INTREPID TRIANGLE BUSHWALKERS

Due to the first Friday of next month falling on Good Friday, we have decided to hold next months walk on Friday April 10.

Meet at Geoff Hylands home, 550 Cathedral Lane Taggerty at 9am for a 9.15am start. Allow 3 to 4 hours.
Refreshments at conclusion of walk.

All enquiries to Nola on 0409423313

Marysville Golf Report

Having had a busy few weeks with the Lakeside Challenge, and the Murrindindi Masters at Eildon the competition returned to normal on Saturday with all Marysville golfers playing a stroke round for the Monthly Medal. We welcomed visitors from Hamilton, Gardiners Run Woodlands, Wodonga and Strathallen to our competition and they all enjoyed playing on our beautiful course.

The men's winner was long time member Keith Mc Claine (29) with nett 67 followed by Yewls Kuan (13) with nett 69. To keep the successes in the family Yewls' wife Rebecca Lee (27) won the ladies medal with nett 75. The ladies runner up was a visitor from Woodlands Bev. Manallack (18) with nett 76. The nearest the pins were won by Peter Lilley, Yewls Kuan, David Stephen and Miriam Page who also won the golden shot. Three players Yewls Kuan, Bev Bellman and David Stephen all won the putting with 28 putts.

The Thursday nine holers played Par on the front nine holes and Graham Page with +2 was the winner on a countback from Chris Burgess and Geoff Ferguson. Chris also won the nearest the pin on the 4th hole. Congratulations to all our weekly winners.

On Sunday the men played the first round of their pennant season. They played Yea at Eildon and won 5-2. Last Monday eight ladies played in the Bowl at the new Gardiners Run course in Lilydale. They had a thoroughly enjoyable day and were able to practice their bunker shots in the numerous bunkers around the course! On Thursday two ladies played in the Romsey Bowl and despite the chilly wind and challenging course they enjoyed the day.

Next Saturday the men will play a stableford round and the ladies will play the third round of the Club Championship. The ladies are preparing for the Sandy Wilson Bowl to be played at Marysville on Thursday 16th April.

For information about the weekly competitions and green fees please contact the club on 5963 3241.

Good Golfing

Lesley Rundle.



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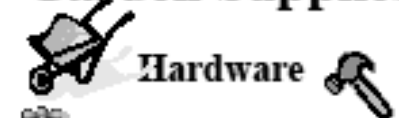
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Alexandra & District Dog Obedience Club Inc

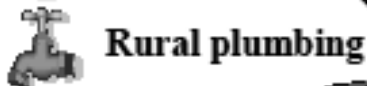
Training in Alexandra on Sunday mornings

For more information 57 721 057

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78 Grant Street
 ALEXANDRA VIC 3714
 03 57 72 1110
 Nik Patek : 0409 936 210

The Psychological Trauma Recovery Service, Austin Health, in conjunction with Nexus Primary Health and Berry Street, will provide a community seminar to bush-fire affected individuals, their families and the broader community regarding the importance of seeking effective clinical treatment.

Free seminars are offered for community members affected by the 2009 Victorian Bushfires to explore the impacts of trauma and mental ill health, with a specific focus on the themes of competent treatment, the process of recovery, self help and strategies for self-care. These seminars will also seek to clarify the stigma associated with suicide and how you can assist if you are concerned about someone. The seminars will also provide information and linkages with treatment services for individuals affected by the Bushfires – these free counselling services are currently available until the end of 2015, through Nexus Primary Health and Berry Street. These services are available to support individuals and/or family units to work through their own experience of trauma and associated psychological difficulties. Dr James Courtney, clinical psychologist and presenter of the community seminars, says that some individuals may find they have experienced changes in their capacity to carry out day-to-day tasks, or they may find it difficult to concentrate or make important decisions. He says that some people may be living with increased anxiety, depression and mood swings, and may be having difficulties in relationships with family members and friends. The key, Dr Courtney says, is to seek effective treatment.

Ms Kristen Stanner, Acting Program Manager, PTRS, says that this project has had a strong emphasis on promoting key messages, particularly around the difference in the recovery trajectories of individuals in the community. Ms Stanner says it is important to acknowledge that just as symptoms can be different from one person to the next, often also is the recovery process. Your experience may be similar to – or very different from – a loved one, a friend or colleague, but it's important to recognise the common signs and symptoms so you, or someone you know, can seek support early.

A free community seminar is open to all members of the Marysville and surrounding communities. While mental health and well-being will be discussed in the context of those affected by the Bushfires, a more general discussion will also cover common mental health issues that may affect you, your friends, or your family. Themes will include the early recognition of signs and symptoms, the process of recovery, self-help strategies and the role of self-care. Effective psychological treatment will be discussed along with information regarding current services available for those affected by the Bushfires through Berry Street and Nexus Primary Health.

Date: Thursday 16 April

Time: 7:00pm - 9:30pm

Venue: Treefern Room, Marysville Community Centre

Address: Falls Road, (Corner of Hill Ave), Marysville

For more information, visit www.statewidesupport.org



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Correction!
(The details in the advertisement last week had the details from the last 'Open House Day' in 2014. Our apologies.)



Welcome to 'Open House' at Highwood Health Retreat, Sunday, April 19, 2015

Program for the day:

11:30 – 12:00 pm	Welcome/Introduction
12:00 – 01:00 pm	Lecture: "Ten Common Health Blind Spots" by Dr. David Bird, GP
01:00 – 02:30 pm	Buffet Lunch (totally plant based)
02:30 – 03:30 pm	Health Center and Garden Tour
03:30 – 04:30 pm	Health Talk: "Health is Possible" by Stine Struksnaes incl. testimony by Karen Walters (who after suffering severely from Multiple Sclerosis for years, was able to regain health and vitality through the 'NEW START' concept.)

Free admission! Buffet: \$15 - RSVP by April 15. Call: (03) 59637000

Highwood Health Shop: Opening hours: 1 pm - 5:30 pm. We have many tasty and healthful items that you will enjoy perusing.

Directions: Highwood Health Retreat, 291 Maroondah Hwy, Narbethong



*The main lecture for the day will be delivered by **Dr. David Bird** who worked as a residential doctor at Highwood from 2005 - 2012. He is presently working at the NIIM Clinic in Melbourne.*

El Kanah Garden News

We are delighted to report that we now have irrigation for our plants in the front of El Kanah all ready for the planting day this coming Saturday, 11th April. We appreciate very much people showing interest and for the plants donated. Our aim is to eventually have beautiful grounds as we had before the fires where people staying at El Kanah or visitors to Marysville can come and enjoy the beautiful gardens we hope to reinstate. We realize that this planting day on Saturday will need to be the first of many to achieve this, however we are excited about this prospect. If anyone would like to join the Gardening Team this Saturday to commence this process, we would be delighted to have your company. Please bring your gloves and a spade (large or small). Please ring 5963 3600 for any further information.

With our thanks.

Nancy Leslie

El Kanah Gardening Team



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Theft from farm property in Williams Lane, Buxton

Between 20/03/15 and 25/03/15, an unregistered tandem trailer was stolen along with a portable cattle crush and additional tubular metal panels. The crush weighed approx. 600 kg's and was probably pushed onto the trailer and driven out. The crush is a blue/green colour. This item is a specialized piece of equipment and has a particular farm application. Any information re same, please call Marysville Police station on 59633222

Lions Triangle Tool Library

Still operating for the community
Call Ph: 0429 939 110

For information
A Marysville & District Lions Club project

ANZAC Day Services 2015

The following services will be held throughout the Shire of Murrindindi to commemorate ANZAC Day.

Kellock Lodge: Friday 24 April 2015, special service for residents, 11am.

The following services will take place on Saturday 25 April 2015:

Alexandra: 6am, dawn service at Leckie Park Memorial.

10.45am, assemble for march at corner of Grant & Downey Streets.

11am, service at Leckie Park Memorial.

Eildon: Assemble at 10.50am for 11am service at Cenotaph.

Glenburn: 5.30am assemble for dawn service at Glenburn Community Centre (the old school on Melba Highway).

Kinglake: 5.30am dawn service at St Peter's Community WW1 Memorial Church, Kinglake, followed by a gunfire breakfast. 10.30am service at the Lions Club ANZAC Memorial, Kinglake Community Centre, Exton Road.

Flowerdale: 10.45am assembly for 11am service at Flowerdale Community Hall, Yea/Whittlesea Rd, Flowerdale. Refreshments to follow.

Marysville: 10.45am assemble for march on corner of Murchison & Lyell Streets. 11am service at the Cenotaph followed by refreshments at Marysville Men's Shed.

Strath Creek: 8.45am service at Strath Creek Pioneer Reserve Memorial.

Thornton: 6am assemble for dawn service at Thornton Memorial Hall.

Yarck: 10am wreath laying service at War Memorial.

Yea: 10am service at the Yea Memorial Hospital.

11am assemble for march at RSL Hall.
12noon service at Cenotaph, refreshments will follow at the RSL Hall.



Murrindindi
Shire Council

Landscape study open for public comment



Murrindindi
Shire Council

The Department of Environment, Land, Water and Planning (DELWP) is preparing 6 regional landscape assessment projects across Victoria. These landscape projects implement a key recommendation of regional growth plans (including the Hume Region Growth Plan that applies to Murrindindi Shire) finalised in 2014. The landscape assessment projects evaluate the visual character and significance of landscapes in the non-urban sections of each defined study area. Murrindindi Shire lies within the proposed Lower Hume and High Country Landscape Assessment Study, which has two parts:

posed Lower Hume and High Country Landscape Assessment Study, which has two parts:

A draft Landscape Character Type Paper (which has 11 different character types within it);

A draft Landscape Significance and View Assessment Paper.

The draft Landscape Significance and View Assessment Paper for the Lower Hume and High Country indicates:

Potentially state significant landscape areas in the Lake Eildon area, Cathedral Ranges area, east of Kinglake and east of Marysville;

A regionally significant landscape area in the Murchison Hill / Trawool Valley area;

A regionally significant view point at Eglinton Cutting, west of Alexandra. Feedback is now sought on each of the draft landscape studies until 19 April 2015. The draft study and an online feedback forms are available at:

<http://www.dtpli.vic.gov.au/planning/policy-and-strategy/rural-and-regional-planning/landscapestudies>

Summaries of the landscape assessment and significance for the Lower Hume and High Country are available at:

<http://www.murrindindi.vic.gov.au/publiccomment/planning>

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