

AUSTRALIAN COMFORTS FUND

Victorian Division



Guide to Knitting

Standard Socks
Khaki Stocking
Garters
Spiral Stockings (Navy)
Balaclava Cap
Long-Sleeve Pullover
Sleeveless Pullovers
Mittens
Airman's Neck Muff
Gloves
Combined Balaclava Scarf
Scarf
Cap
for ACTIVE SERVICE

AUGUST, 1941

GENERAL DIRECTIONS.

To ensure good results, choose your wool and needles carefully, according to whether you wish to turn out a heavy or a medium weight article.

Knitters will realise that the following instructions are given for the average knitter.

Wind the wool very loosely, turning it over three fingers to begin with, and avoid pulling it at all tight.

Cast on very loosely, using a larger size needle.

Join the wool always with a "splice," never with a knot.

To splice the wool, separate the strands and remove some from each of the ends, laying the two together, pointing in opposite directions, damp them slightly, and rub between the palms of the hands, or else use a wool needle and run the ends into each other for two or three inches.

SOCKS.

SOCKS are one of the most important items of the knitted goods supplied to the Services, so it is essential that they be well made and comfortable.

1. DO NOT knot the wool, always join with a "splice."
2. DO NOT cast on at all tightly, use a larger size needle if necessary.
3. DO NOT press ribbing, this ruins the elasticity.
4. DO NOT make a long heel flap, this makes the sock too wide across the instep.
5. DO NOT knit double heels in the heavier weight wools.
6. DO NOT graft the toe of sock off tightly, this causes a ridge on the inside.
7. DO NOT darn the wool across the graft, merely thread it down the side of the sock.
8. DO NOT leave loose ends inside the sock.
9. DO NOT fail to make both feet the same length.

SOCKS MADE OF SPORTS WOOL.

For the Army: Khaki, Grey or a Dark Color.

For the Navy: Navy Blue.

Using ordinary Sports Wool, 52 stitches.

(Using heavier Sports Wool, only 48 stitches are required.)

Cast on 52 stitches and use No. 10 needles. 26 stitches on one needle, 13 on 2 needles.

Cast on loosely so that it will stretch to 14½ or 15 inches.

Knit 4½ inches of 1 plain, 1 purl rib.

Knit plain till leg measures 12 inches.

Now knit heel flap on needle with 26 stitches. 1 plain row, 1 purl row, till the flap measures 2½ inches.

Now turn heel, starting on plain row.

Always slip the first stitch of every row, both purl and plain.

Knit 16, 2 together, 1 beyond. Turn.

Purl 8, 2 " 1 " "

Knit 9, 2 " 1 " "

Purl 10, 2 " 1 " "

Knit 11, 2 " 1 " "

Purl 12, 2 " 1 " "

Knit 13, 2 " 1 " "

Purl 14, 2 " 1 " "

Knit 15, 2 together.

Purl 15, 2 together.

This leaves 16 stitches on the needle.

Knit plain 8 stitches, use another needle, knit 8 stitches, then pick up 12 along the side of the heel flap. Knit all 26 stitches of instep needles on to one needle. Pick up 12 stitches along the other side of the heel flap and the 8 left on the heel needle. Stitches are now:—26 on one needle and 20 on two needles.

Decrease for foot:—

Knit the next and instep needles plain.

1st side needle, knit 1, knit 2 tog., knit to the end of the row.

2nd side needle, knit to the last 3 stitches, knit 2 tog., knit 1.

Next round knit plain.

Repeat these two rounds till the side needles are reduced to 13 on each needle.

Continue plain knitting till the foot measures 9 inches from the back of the heel.

Decrease for toe as follows:—Start with the instep needle. Knit 1, knit 2 tog., knit to the last 3 stitches, knit 2 tog., and knit 1.

1st side needle knit 1, knit 2 tog., knit to the end of the needle.

2nd side needle knit to the last 3 stitches, knit 2 tog., and knit 1.

Next round knit without decreasing.

Continue these two rounds till there are 10 stitches on the instep needle and 5 on each of the side needles. Slip stitches on side needles on to one needle, making 10 stitches on 2 needles.

Graft the toe as follows:—

Break the wool from the ball, leaving about 18 inches. Thread into a wool needle.

Bring wool from the back.

Put needle through 1st front stitch as if to knit and take it off.

Put needle through 2nd front stitch as if to purl and leave it on.

Put needle through 1st back stitch as if to purl and take it off.

Put needle through 2nd back stitch as if to knit and leave it on.

Put needle through 2nd front stitch as if to knit and take it off.

Put needle through 3rd front stitch as if to purl and leave it on.

Put needle through 2nd back stitch as if to purl and take it off.

Put needle through 3rd back stitch as if to knit and leave it on.

Continue till all the stitches are woven off. Run wool neatly down the side of the toe.

Be very careful not to graft off too tightly.

SOCKS MADE OF 4-PLY FINGERING WOOL.

For the Army: Khaki, Grey or a Dark Color.

For the Navy: Navy Blue.

For the Air Force: Black.

Use No. 12 needles if tight knitter, or No. 13 needles if loose knitter.

Cast on 64 stitches loosely (so that it will stretch to 14½ or 15 inches). 32 on one needle and 16 on two needles.

Knit 4½ inches of 2 plain and 2 purl rib.

Knit plain till leg measures 12 inches.

Now knit heel flap on needle with 32 stitches, 1 plain row and 1 purl row till flap measures 2½ inches.

Now turn the heel, starting on plain row.

Knit 19, 2 together, and 1 beyond. Turn.

Purl 8, 2 " " 1 " "

Knit 9, 2 " " 1 " "

Purl 10, 2 " " 1 " "

Knit 11, 2 " " 1 " "

Purl 12, 2 " " 1 " "

Knit 13, 2 " " 1 " "

Purl 14, 2 " " 1 " "

Knit 15, 2 " " 1 " "

Purl 16, 2 " " 1 " "

Knit 17, 2 " " 1 " "

Purl 18, 2 " " 1 " "

There are now 20 stitches on the needle.

Knit 10 plain, use another needle, knit 10, then pick up 16 stitches along the side of the heel flap.

Knit all of the 32 stitches of the instep needles on to one needle. Pick up 16 stitches along the other side of the heel flap and the 10 left on the heel needle. Stitches are now 32 on one needle and 26 on two needles.

Decrease for foot:—Knit the next and instep needles plain.

1st side needle, knit 1, knit 2 tog., knit to the end of the row.

2nd side needle, knit to the last 3 stitches, knit 2 tog., knit 1.

Next round knit plain.

Repeat these two rounds till the stitches on the side needles are reduced to 16.

Continue knitting plain till foot measures 9 inches from the back of the heel.

Decrease for toe:—Start with instep needle.

Knit 1, knit 2 tog., knit to the last 3 stitches, knit 2 tog., knit 1.

1st side needle: Knit 1, knit 2 tog., knit to the end of the needle.

2nd side needle: Knit to the last 3 stitches, knit 2 tog., knit 1.

Next round knit without decreasing.

Continue these two rounds till there are 14 stitches on the instep needle and 7 on each of the side needles. Slip stitches on side needles on to one needle, making 14 stitches on two needles.

Graft the Toe according to instructions on page 4.

Continue plain knitting till the foot measures 9 inches from the back of the heel.

Decrease for toe as follows:—Start with the instep needle. Knit 1, knit 2 tog., knit to the last 3 stitches, knit 2 tog., and knit 1.

1st side needle knit 1, knit 2 tog., knit to the end of the needle.

2nd side needle knit to the last 3 stitches, knit 2 tog., and knit 1.

Next round knit without decreasing.

Continue these two rounds till there are 10 stitches on the instep needle and 5 on each of the side needles. Slip stitches on side needles on to one needle, making 10 stitches on 2 needles.

Graft the toe as follows:—

Break the wool from the ball, leaving about 18 inches. Thread into a wool needle.

Bring wool from the back.

Put needle through 1st front stitch as if to knit and take it off.

Put needle through 2nd front stitch as if to purl and leave it on.

Put needle through 1st back stitch as if to purl and take it off.

Put needle through 2nd back stitch as if to knit and leave it on.

Put needle through 2nd front stitch as if to knit and take it off.

Put needle through 3rd front stitch as if to purl and leave it on.

Put needle through 2nd back stitch as if to purl and take it off.

Put needle through 3rd back stitch as if to knit and leave it on.

Continue till all the stitches are woven off. Run wool neatly down the side of the toe.

Be very careful not to graft off too tightly.

SOCKS MADE OF 4-PLY FINGERING WOOL.

For the Army: Khaki, Grey or a Dark Color.

For the Navy: Navy Blue.

For the Air Force: Black.

Use No. 12 needles if tight knitter, or No. 13 needles if loose knitter.

Cast on 64 stitches loosely (so that it will stretch to 14½ or 15 inches). 32 on one needle and 16 on two needles.

Knit 4½ inches of 2 plain and 2 purl rib.

Knit plain till leg measures 12 inches.

Now knit heel flap on needle with 32 stitches, 1 plain row and 1 purl row till flap measures 2½ inches.

Now turn the heel, starting on plain row.

Knit 19, 2 together, and 1 beyond. Turn.

Purl 8, 2 " " 1 " "

Knit 9, 2 " " 1 " "

Purl 10, 2 " " 1 " "

Knit 11, 2 " " 1 " "

Purl 12, 2 " " 1 " "

Knit 13, 2 " " 1 " "

Purl 14, 2 " " 1 " "

Knit 15, 2 " " 1 " "

Purl 16, 2 " " 1 " "

Knit 17, 2 " " 1 " "

Purl 18, 2 " " 1 " "

There are now 20 stitches on the needle.

Knit 10 plain, use another needle, knit 10, then pick up 16 stitches along the side of the heel flap.

Knit all of the 32 stitches of the instep needles on to one needle. Pick up 16 stitches along the other side of the heel flap and the 10 left on the heel needle. Stitches are now 32 on one needle and 26 on two needles.

Decrease for foot:—Knit the next and instep needles plain.

1st side needle, knit 1, knit 2 tog., knit to the end of the row.

2nd side needle, knit to the last 3 stitches, knit 2 tog., knit 1.

Next round knit plain.

Repeat these two rounds till the stitches on the side needles are reduced to 16.

Continue knitting plain till foot measures 9 inches from the back of the heel.

Decrease for toe:—Start with instep needle.

Knit 1, knit 2 tog., knit to the last 3 stitches, knit 2 tog., knit 1.

1st side needle: Knit 1, knit 2 tog., knit to the end of the needle.

2nd side needle: Knit to the last 3 stitches, knit 2 tog., knit 1.

Next round knit without decreasing.

Continue these two rounds till there are 14 stitches on the instep needle and 7 on each of the side needles. Slip stitches on side needles on to one needle, making 14 stitches on two needles.

Graft the Toe according to instructions on page 4.

KHAKI STOCKINGS TO BE WORN WITH SHORTS.

About 5 skeins of 4-ply Fingering wool in a LIGHT SHADE of khaki.

4 No. 10 needles; 4 No. 11 needles; 4 No. 12 needles.

Using No. 11 needles, cast on 64 stitches loosely, so that it will stretch to at least 15 inches. 32 on one needle, 16 on two needles. Knit 7 inches of 1 plain 1 purl rib.

With No. 10 needles change pattern to rib of 3 plain 1 purl and knit for 3 inches.

Change to No. 11 needles and continue for 4 inches.

Change to No. 12 needles and continue till leg measures 20 inches.

Now knit heel flap on needle with 32 stitches, discontinue ribbing on this needle and knit 1 plain row and 1 purl row for 2½ inches.

Turn the heel starting on a plain row.

Knit 19, 2 together and 1 beyond. Turn.

Purl 8, 2 " " 1 " "

Knit 9, 2 " " 1 " "

Purl 10, 2 " " 1 " "

Knit 11, 2 " " 1 " "

Purl 12, 2 " " 1 " "

Knit 13, 2 " " 1 " "

Purl 14, 2 " " 1 " "

Knit 15, 2 " " 1 " "

Purl 16, 2 " " 1 " "

Knit 17, 2 " " 1 " "

Purl 18, 2 " " 1 " "

There are now 20 stitches on the needle.

Knit 10 plain, use another needle, knit 10, then pick up 16 stitches along the side of the heel flap.

Continue ribbing on next 32 stitches, knitting them on to one needle.

Pick up 16 stitches along the other side of the heel flap, and 10 left on heel needle.

Stitches are now 32 in ribbing on instep needle and 26 plain knitting on two needles.

Decrease for foot:—Knit next and instep needle.

1st side needle, knit 1, knit 2 tog., knit to the end of the row.

2nd side needle, knit to the last 3 stitches, knit 2 tog., knit 1.

Next round knit without decreasing.

Repeat these two rounds till the stitches on the side needles are reduced to 16.

Continue knitting the foot, the instep needle in ribbing and the heel needles plain till the work measures 9 inches from the back of the heel.

Decrease for toe, discontinue ribbing, start with instep needle. Knit 1, knit 2 tog., knit to the last 3 stitches, knit 2 tog., knit 1. 1st side needle, knit 1, knit 2 tog., knit to the end of the needle. 2nd side needle, knit to the last three stitches, knit 2 tog., knit 1. Next round without decreasing.

Continue these two rounds till there are 14 stitches on the instep needle and 7 on each of the side needles. Slip stitches on side needles, on to one needle, making 14 on two needles.

Graft the Toe according to instructions on page 4.

GARTERS For Wear with Long Khaki Stockings.

No. 1—

Using No. 12 needles and 4-ply fingering wool, cast on 10 stitches. Knit in garter stitch for 1 inch.

Always slip the first stitch of every row throughout the work.

Next row: Slip 1, knit 2, cast off 4, knit 3.

Next row: Slip 1, knit 2, cast off 4, knit 3.

Continue knitting in garter stitch until the work measures 13 inches from the beginning.

Now decrease 1 stitch at each end of the needle every second row until 2 stitches are left. Cast off.

Buttonhole the opening to bind it, and so avoid stretching.

No. 2—

Using No. 12 needles cast on 12 stitches.

Knit in rib of 1 plain, 1 purl for 1 inch.

Next row: Knit 4, cast off 4, knit 4.

Next row: Knit 4, turn, cast on 4, knit 4.

Continue knitting in 1 plain, 1 purl rib till work measures 13 inches from the beginning.

Now decrease 1 stitch at each end of the needle every row till 2 remain. Cast off. Buttonhole the opening to bind it and so avoid stretching.

To adjust garters, thread through opening, fold end back and tuck under band.

HOSE TOPS.—Although we do not advocate the making of these tops, owing to the fact that we consider our long stockings are indeed a comfort, they can be made by following the instructions given for the long stockings to a length of 19 inches, then change to a rib of 1 plain 1 purl for one inch and cast off.

HEEL-LESS SPIRAL STOCKING FOR THE NAVY. No. 1.

(Instructions for EXTRA HEAVY WEIGHT oiled Wool ONLY)

About 12 ozs. of Special Wool (Oiled).

Four No. 4 needles.

Cast on 40 stitches loosely, 16 stitches on the first needle and 12 stitches on the second and third needles.

(It is essential that the cast-on stretches to at least 22 inches, as these stockings are worn under Sea-boots, which necessitates their being drawn up to the thigh over the trousers).

1st Round—*K2, P2, repeat from * to end of round.

Repeat this round for 3 inches.

Proceed as follows:—

1st Round—*K3, P1, repeat from * to the end of the round. Repeat this round five times.

7th Round—P1, *K3, P1, repeat from * to the last 3 stitches. K3. Repeat this round 5 times.

Continue working in this manner, moving the pattern 1 stitch to the left in every 7th round, until the work measures 32 inches from the commencement.

For the Toe, proceed as follows:—

1st Round—*K2 tog., K6, repeat from * to the end of the round.

Work 2 rounds without shaping, also after each of the following rounds:—

4th Round—*K2 tog., K5, repeat from * to the end of the round.

7th Round—*K2 tog., K4, repeat from * to the end of the round.

10th Round—*K2 tog., K3, repeat from * to the end of the round.

13th Round—*K2 tog., K2, repeat from * to the end of the round.

16th Round—*K2 tog., K1, repeat from * to the end of the round.

Run a double wool through the remaining 10 stitches, draw together, and fasten off securely, keeping flat and smooth. Work another Stocking in the same manner.

HEEL-LESS SPIRAL STOCKING FOR THE NAVY. No. 2.

Four No. 6 needles.

About 9 oz. of Sports Wool (Navy Blue).

Cast on 60 stitches loosely. Knit 3 inches in 2 plain, 2 purl, rib. Then knit 3 plain, 1 purl for 6 rows, move pattern along 1 stitch every 7th row. This can be done easily by slipping one stitch on to each of the previous needles and always commencing each

needle with 3 plain and ending with one purl until the sock measures 30 inches.

Now finish with round toe—knit plain.

Knit 2 tog. every 9th and 10th stitch. Knit 2 rounds without shaping, after each of following rows:—

4th row, knit together every 8th and 9th stitch.

7th " " " " 7th " 8th "

10th " " " " 6th " 7th "

13th " " " " 5th " 6th "

16th " " " " 4th " 5th "

19th " " " " 3rd " 4th "

Run a double wool through the remaining 18 stitches, draw together, and fasten off securely, keeping flat and smooth. Run wool down side of sock.

Work another stocking in the same manner.

"BALACLAVA" CAP.

Wool and Needles.—Use a good sports wool, 3 to 4 oz.

Needles: No. 8. A set of four with points, and a pair of longer ones with heads; also No. 8.

Neck.—Cast on very loosely 88 stitches—32 on one needle and 28 on each of the other two. Knit 4 rows plain, then 2 plain, 2 purl for 6 inches.

Chin Opening.—Thread 18 stitches on a length of thread or a safety pin, and leave them.

Back of Head.—Now use longer needles and knit plain, backwards and forwards, the 70 remaining stitches for 58 rows, equals 6 inches.

Top of Head.—Beginning at the right hand end of the needle, knit 46 stitches, knit 47th and 48th stitches together. *Turn and knit back 23 stitches, knit 24th and 25th stitches together*.

Repeat this * to * decreasing, knitting the 24th and 25th stitches together until all the side stitches are knitted off and there are 24 left on the needle.

Face Band.—Resume your 4 needles, and begin again on the 18 stitches left for the chin. Knit 2 plain 2 purl following round the side of the face, picking up 29 stitches—24 across the top—29 down the other side, making a total of 100 stitches. Knit 2 plain 2 purl for 11 rows (equals 1½ inches). Cast off firmly.

**PULLOVER with Sleeves, FOR NAVY (in two sizes).
POLO or ROUND NECK.**

SPORTS WOOL.

For the Navy: NAVY BLUE WITH POLO OR ROUND NECK.

Materials: About 18 ozs. Sports Wool.

Needles: One pair No. 6, One pair No. 10 One set of four No. 10.

Measurements.

Length from top of shoulder: 24 ins., or length desired.

Width all round under arm: (a) 38 ins; (b) 40 ins.

Length of sleeve from underarm: 21 ins.

Abbreviations: K—knit plain. P—purl. Tog.—together.

Tensions.

The instructions are written for the smaller size (a). The instructions for the larger size (b) are written in brackets, thus ().

The Front: Using the No. 10 needles, cast on 86 (92) stitches.

1st Row: K2, * P1, K1, repeat from * to the end of the row. Rib for 4 ins.

(a) K2, P1, K1. *(P1, K1) three times, P1, increase once in the next stitch, repeat from * to P1, K1. (96 stitches).

(b) K2 *(P1, K1) four times, increase once in the next stitch, (K1, P1) four times, increase once in the next stitch, repeat from * to the end of the row. (102 stitches).

Using the No. 6 needles, proceed as follows:—

1st Row: Knit plain. **2nd Row:** Knit purl.

Repeat the first and second rows until the work measures 16 inches from the commencement, ending with a purl row.

Cast off 9 stitches at the beginning of each of the next two rows.

Decrease once at the beginning and end of the needle in every alternate row six times.

Continue without shaping until the work measures 21 inches from the commencement, ending with a purl row.

In the next row K23 (26) turn. Work on the first 23 (26) stitches as follows:—

Decrease once at the neck edge in every alternate row until 20 (23) stitches remain. Work 10 rows without shaping.

Shape for the shoulder as follows:—

1st Row: K1, purl to the last 6 (7) stitches, turn. **2nd Row:** Knit plain. **3rd Row:** K1, purl to the last 12 (14) stitches, turn.

4th Row: Knit plain. Cast off.

Slip the first 20 stitches on to a spare needle and work the last 23 (26) stitches to correspond with the other shoulder.

The Back: Work exactly as given for the front until the armhole is reached, ending with a purl row.

Proceed as follows:—

Cast off 9 stitches at the beginning of each of the next two rows. Decrease once at the beginning and end of the needle in every alternate row six times.

Continue in plain smooth fabric until the back armhole measures same as front armhole, ending with a purl row.

Shape for the shoulders as follows:—

1st and 2nd Rows: Work to the last 6 (7) stitches, turn.

3rd and 4th Rows: Work to the last 12 (14) stitches, turn.

5th and 6th Rows: Work to the last 20 (23) stitches, turn.

7th Row: Work to the end of the row. Cast off.

The Sleeves—Using the No. 6 needles cast on 20 stitches. Work in plain, smooth fabric, increasing two stitches at the end of each row by knitting into the front and back of the last two stitches, until there are 76 stitches on the needle.

Continue in plain, smooth fabric, decreasing once at the beginning and end of the needle in every 6th row, until 48 stitches remain.

Continue without shaping, until the work measures 23 inches from the commencement, ending with a purl row.

The Cuff—Using the four No. 10 needles, proceed with the cuff in rib of K1, P1 for three inches. Cast off loosely, alternately plain and purl.

Work another sleeve in the same manner.

THE COLLAR—Join the shoulder seams. Using the four No. 10 needles, knit up 26 stitches across the back, 24 down the left side, the 20 stitches from the spare needle and 24 stitches up the right side of the neck.

Polo Neck.—Work in rounds in rib of K1, P1 for 5 inches.

Round Neck.—Work in rounds in rib of K1, P1 for 1 inch.

Cast off **very loosely**. Alternately plain and purl.

TO MAKE THE PULLOVER—With a slightly damp cloth and warm iron, press smooth fabric lightly. Sew up the side and sleeve seams.

Sew in the sleeves, placing seam to seam.

No. 1.

**SLEEVELESS PULLOVER FOR ARMY AND AIR FORCE.
ROUND OR "V" NECK.**

SPORTS WOOL.

For the Army.—KHAKI, GREY or DARK COLOUR with ROUND NECK.

For the Air Force.—NAVY BLUE with "V" NECK.

Materials.—About 10 ozs. Sports Wool, one pair No. 10 needles, one pair No. 6 needles, four No. 10 needles pointed at both ends.

If a larger size garment is required, the number of stitches given in brackets for the Sports Wool Pullover on pages 10 and 11 may be used.

FRONT.—With No. 10 needles cast on 86 stitches.

1st Row.—K.2*, P.1, K.1 repeat from * to end of row.

Repeat this row 25 times (or 4 inches).

27th Row.—K.2, P.1, K.1, * (P.1, K.1) six times, P.1, increase once in the next stitch, repeat from * to the last two stitches, P.1, K.1 (92 sts.)

Using No. 6 needles proceed as follows:—

1st Row.—Knit plain.

2nd Row.—Knit purl.

Repeat from 1st and 2nd rows until the work measures 16 in. from the commencement, ending with a purl row.

"V" NECK.—In the next row cast off 7 stitches, K.39 and turn.

Work on these 39 stitches as follows:—

Decrease once at the armhole edge in every alternate row, six times, whilst at the same time decreasing once at the neck edge in every alternate row twice. Then decrease once at the neck edge in every 4th row 11 times (20 sts.)

Work 2 rows without shaping. Shape for the shoulders as follows:—

1st Row.—K.1 purl to the last 6 sts. Turn.

2nd Row.—Knit plain.

3rd Row.—K.1 purl to the last 12 sts. Turn.

4th Row.—Knit plain. Cast off.

Join in the wool at the neck edge and work the other side to correspond.

BACK.—Work exactly as given for the front until the armhole is reached, ending with a purl row.

Proceed as follows:—

Cast off 7 stitches at the beginning of each of the next two rows. Decrease once at the beginning and end of the needle in every

alternate row six times. Continue in plain, smooth fabric until the back armhole measures same as front armhole, ending with a purl row.

Shape for the shoulders as follows:—

1st and 2nd Rows.—Work to the last 6 sts. Turn.

3rd and 4th Rows.—Work to the last 12 sts. Turn.

5th and 6th Rows.—Work to the last 20 sts. Turn.

7th Row.—Work to the end of the row. Cast off.

Sew up shoulder seams.

"V" NECK BAND.—With the set of No. 10 needles pick up and knit stitches around the neck. Commencing with 26 at the back of the neck, 49 down each side, also 1 extra in centre of "V."

Work in rib of 1 plain, 1 purl for seven rounds, knitting 3 sts. together in the centre of "V" in every row. Then cast off loosely, alternately plain and purl.

Sew up side seams.

ARM BANDS.—Pick up 108 stitches evenly around each armhole.

36 stitches on each of three No. 10 needles and knit in rib of 1 plain, 1 purl for six rounds. Cast off loosely, alternately plain and purl.

ROUND NECK.—Knit front exactly as back till 4 inches above the armhole (20 ins. from commencement) ending with a purl row. In the next row K.23, turn.

Work on the first 23 stitches as follows:—

Decrease once at the neck edge in every alternate row until 20 stitches remain. Work 10 rows without shaping.

Shape for the shoulder as follows:—

1st Row.—K.1, purl to the last 6 sts. Turn.

2nd Row.—K. plain.

3rd Row.—K.1, purl to the last 12 sts. Turn.

4th Row.—Knit plain. Cast off.

Slip the first 20 stitches on to a spare needle and work the last 23 stitches to correspond with the other shoulder.

Sew up the shoulder seams.

ROUND NECK BAND.—Using the four No. 10 needles, knit up 26 stitches across the back of the neck, 24 down the left side, the 20 stitches from the spare needle and 24 stitches up the right side of the neck.

Work in rib of 1 plain, 1 purl for 7 rounds. Then cast off loosely alternately plain and purl.

ARM BANDS.—Knitted in similar manner to "V" Neck pattern.

TO MAKE UP.—With a slightly damp cloth and warm iron, press the smooth fabric lightly.

No. 2.—

**SLEEVELESS PULLOVER FOR ARMY AND AIR FORCE.
ROUND OR "V" NECK.**

4-PLY FINGERING WOOL.

For the Army: KHAKI, GREY OR A DARK COLOUR with ROUND NECK.

For the Air Force: NAVY BLUE WITH "V" NECK.

Materials: About 9 ozs. 4-ply wool, one pair No. 12 needles, one pair No. 9 needles, four No. 12 needles pointed at both ends.

Instructions are written for the smaller size. Instructions for larger size are written in brackets: ().

Back: Use 2 No. 12 needles, and cast on 128 (140) stitches loosely.

Knit 1 plain, 1 purl, rib for 5 inches. (This can be done inexpensively at any knitting shop).

Change to 2 No. 9 needles, and cast on 1 extra stitch, making 129 (141) stitches. Knit 2, purl 2, all along row, ending with 1 plain.

Repeat this row for 11 (12) inches. Cast off 16 stitches at the beginning of each of the next 2 rows for armholes.

Continue pattern for 9 (10) inches without alteration.

Work shoulder and neck as follows, working in pattern throughout:—

Knit 33 (37), cast off 31 (35), knit 33 (37).

Leave first 33 (37) stitches on safety pin.

Work second 33 (37) stitches for 1 inch and cast off.

Break off wool.

Finish other shoulder in similar manner.

Front.—Round Neck: Knit front exactly as back, till 4 (5) inches above the armholes.

Knit 37 (41) put next 23 (27) on safety pin.

Knit 37 (41).

Knit back to neck, turn, knit 2 together, knit to end of row.

Repeat these 2 rows 3 times.

Knit 33 stitches (37) for 3½ inches. Cast off.

Knit other shoulder in similar manner. Sew shoulder and underarm seams.

Neck.—With 4 No. 12 needles, pick up 23 (27) stitches on safety pin—43 on first side, 31 (35) on back, and 43 on second side. Knit 1 plain, 1 purl rib for 1¼ inches. Cast off loosely.

Armhole.—Pick up 140 (150) stitches evenly around each armhole with 4 No. 12 needles. Knit 1 plain, 1 purl rib for 1¼ inches. Cast off loosely.

Front—V-Neck.—Knit exactly as back up to armhole. Cast off 16 stitches at the beginning of each of the next two rows.

Knit 47 (53), turn. Knit to the end of the row. Next 2 rows without decreasing.

Knit 45 (51), 2 together. Turn. Knit to the end of the row. Next 2 rows without decreasing.

Knit 44 (50), 2 together. Decrease in similar way at neck every 2nd row till 33 (39) stitches remain and continue until work measures 9 inches from armhole. Cast off.

Other side of the neck: Cast off 3 stitches, knit to the end of row. Turn.

Knit 45 (51), 2 together. Turn. Knit to the end of the row. Next rows without decreasing.

Finish in similar way to other shoulder.

Sew shoulder and underarm seams.

Neck Band.—With a set of four No. 12 needles, pick up and knit round the neck.

Commencing with 31 (35) at the back and 67 down each side, also 1 extra in centre of V. Work in rib of 1 Plain 1 Purl for 7 rounds, knitting three stitches together in centre of V in every row.

Then cast off alternately plain and purl.

MITTENS.

For **NAVY AND AIR FORCE:** Use Navy Blue Wool.

For **ARMY:** Use Khaki or dark colored wool.

About 3 ozs. Wool, and set of four No. 10 or No. 11 needles.

CAST ON 48 stitches (16 on each of three needles). Work in rib of 2 plain and 2 purl for 4 inches, then work 6 rounds plain knitting.

COMMENCING THUMB.—Knit 1, purl 1, increase once in next stitch, knit 2, increase once in the next stitch, purl 1, knit to end of round (the two purl stitches mark the outside of the thumb). * Knit two rounds plain, but purl the stitches that were purled in the previous round. Increase once on the inside of each of the purl stitches; knit plain to the end of the round*.

Repeat from * to * until there are eighteen stitches between the two purl stitches. Knit two more rounds without increasing.

IN THE NEXT ROUND:—Knit 2 (the second one the purl stitch); slip the next 18 stitches on to a safety pin, and leave for the thumb. Cast on 4 stitches after the knit 2. Knit to the end of the round. Work 10 rounds plain knitting, and then 10 rounds in rib of 2 plain and 2 purl. Cast off loosely.

THE THUMB:—Take up the 18 stitches which were left on the pin, and divide them on to two needles; with the third needle knit up 6 stitches along space between the two needles. Knit 6 rounds plain, and then 6 rounds in rib of 2 plain and 2 purl.

Cast off loosely.

HOODED MITTEN (with Slit in Palm).

For the Army: Khaki Wool.

For the Air Force: Navy Blue Wool.

Materials: Four No. 11 knitting needles, about 3 oz. wool.

Cast on 48 stitches (16 on each needle).

Knit 4 inches of 2 plain, 2 purl—then 2 plain rows.

For the Thumb Gusset: Begin on any needle. Knit 2 stitches, then increase by knitting 1 stitch into front and 1 into back of stitch. Knit 2, increase in same way. Knit 10 to end of needle. Knit other 2 needles plain. Knit 1 plain round.

Increase each alternate row, leaving 2 more stitches between increase, always beginning with 2 stitches and ending with 10, until you have 18 stitches between each increase and 34 stitches on needle.

Now knit 4, slip the 18 stitches on to a length of wool and tie.

Knit 12. Knit the other needles plain.

Knit 2 plain rows.

To make the Slit for the Palm: For the **right hand**, beginning at the stitch just above the thumb gusset—knit 18 stitches on to one needle and 15 on to other two. When you come back to the 18 stitches rib 1 plain, 1 purl, knit other needles plain.

Do 3 more rows in same way. Then when you come round to the palm needle cast off all 18 stitches. Knit 30 remaining stitches plain.

When you get back to the palm again cast on 18 stitches (the easiest way is to cast these stitches on to the same needle which you have just knitted, making 33 stitches, then slip the last 18 on to a free needle. Knit next two needles. Now rib 1 plain, 1 purl the 18 stitches on the palm needle. Knit the others plain. Repeat this 3 times. Then knit all needles plain for 12 rows (or more if for a larger size).

To Decrease for the Glove: Knit 6, knit 2 together, repeat to end of round, when you should have 42 stitches on the 3 needles. Knit 4 plain rounds.

Knit 5, knit 2 together all round. Knit 3 plain rounds.

Knit 4, knit 2 together all round. Knit 3 plain rounds.

Knit 3, knit 2 together all round. Knit 2 plain rounds.

Knit 2, knit 2 together all round (leaving 12 stitches).

Knit 1 plain round, knit 2 together all round. Cast off remaining 6 stitches, break the thread, turn glove inside out and finish off neatly.

To Finish the Thumb: Pick up 2 stitches from the palm, slip the 18 stitches from length of wool on to needles, dividing the 20 among the 3 needles.

Knit 4 plain rounds.

Now rib 2 plain, 2 purl for 6 rows and cast off, and finish neatly.

For the Left-hand Thumb: This is done in exactly the same way as the right, except that the 18 stitches for the split must be arranged on the right side of thumb.

The easiest plan is to start on the stitch just above the thumb gusset and knit 15 stitches. Knit 15 stitches on to next needle, which leaves 18 for the palm. Rib this 1 plain, 1 purl for 4 rounds. Knit other needles plain. Cast off 18 stitches.

AIRMAN'S NECK MUFF.

Materials.—6 ozs. Sports Wool.

Shade.—Light Navy Blue.

1 pair of No. 6 needles; 1 set of four No. 8 needles.

Front.—Using the pair of needles, cast on 30 stitches.

First Row.—Knit plain into the back of stitches.

Second Row.—K1, increase once in the next stitch, knit to the last three stitches, increase once in the next stitch, K2.

Third and Fourth Rows.—Knit plain. Repeat the last three rows until there are 60 stitches on the needle. Knit plain until work measures 11 inches.

Next Row.—Knit 14 stitches, turn. Work on these stitches for the shoulder, as follows:—

First Row.—K1, K2 tog., knit to end of row.

Second Row.—Knit plain, repeat these two rows twice more (11 stitches). Cast off. Place the next 32 stitches on a spare needle and leave for the neck ribbing.

Join on wool and work on the last 14 stitches for the other shoulder.

First Row.—Knit plain.

Second Row.—Knit to the last 3 stitches, K2 tog., K1. Repeat these two rows twice more. Knit one row plain. Cast off.

Back.—Knit another piece exactly as for the front, but 2 inches shorter. Sew shoulder pieces firmly together.

Neck Ribbing.—With front of work facing you, join on wool at right side of neck. Using the set of four needles: on the first needle K28 stitches across front of neck; on the second needle knit the remaining 4 stitches of front neck; pick up and knit 10 stitches across shoulder, and knit 14 stitches from back of neck; on third needle knit remaining 18 stitches of back neck and pick up and knit 10 stitches over shoulder.

Knit in ribbing of 1 plain 1 purl for 9 inches. Cast off.

GLOVES (Four Needles).

For the Army: Khaki Wool.

For the Air Force: Navy Blue Wool.

Materials: 2 oz. of 4-ply Fingering wool. Four No. 12 needles.

Abbreviations.—To be read before working:—K., knit; P., purl; tog., together; inc., increase (by working into the back and front of the same stitch); st., stitch; single rib is K1 and P1 alternately.

Tension and Measurements.—Worked at a tension of 7 sts. to the inch in width; suitable for a hand taking size 7 to 7½ in. skin gloves, actually measuring 7½ inches round the hand.

To Work.—Left Hand Glove.—Begin at the wrist edge by casting on 52 sts. as follows: 16 on the first pin, 20 on the second pin, and 16 on the third pin. Work 34 rounds in rib.

Now begin the hand pattern.

1st Round.—All K. **2nd and 3rd Rounds.**—* P1., K1.; repeat from * to end of round.

4th Round.—K the first pin; on the second pin K6 (front of hand). Inc. into each of the next 2 sts. for beginning of thumb gusset, K12; on third pin all K (when working the right hand glove count this row backwards).

5th and 6th Rounds.—* K1, P1.; repeat from * to end of row, this gives rib reversed over the last rib row.

**** Next Round.**—K first pin; on second pin K6, inc., K2 (in every repeat of this inc. round work 2 sts. more here) inc., K12; on third pin all K (work this row backwards on right hand).

Work the next two rounds in rib reversed over previous rib stripe, and on second pin adjust the pattern on the 8th st. from the beginning and continue until 13 sts. remain; again adjust the pattern. (When working the right hand adjust the pattern on 14th st. from the beginning and continue until 7 sts. remain, again adjust the pattern. This adjustment keeps the pattern correct on the thumb gusset and on the main part of the hand.)

Repeat the last 3 rounds from ** until the 10th increase round has been worked with 40 sts. on second pin. Work 2 rounds.

Next Round.—K the first pin; on the second pin K7 on front of hand, darn next 20 sts. on odd length of wool for the thumb, and leave for the present. K following 13, which gives 20 sts. on second pin. K the third pin. (Reverse the numbers on this row on the right hand).

Work 20 rounds in pattern.

Next Round.—K18, and pass these on to a large safety pin, with point toward thumb. K the next 16 sts. for the first finger. Pass the remaining 18 sts. on to a large safety pin with points towards thumb.

The First Finger.—Cast on 2 sts., which gives 18 sts. on first finger.

Work 26 rounds in pattern.

*** **Next Round.**—All K, taking 2 sts. tog. at end of third pin.

Rib two rounds.

Next Round.—Work 2 sts. tog. at the end of each pin.

Repeat the last 3 rounds once more, then rib one round.

Cut the thread and pass the needle through the sts. Draw up closely and fasten off securely.

The Second Finger.—Slip two pins through next 6 sts. from front of hand, also through next 6 sts. from back of hand. Join thread to base of first finger, pick up and K 4 sts. from base of finger, then K6 sts. from next pin, cast on 2; this gives 18 sts.; which arrange on 3 pins. Work 29 rounds in pattern. Work from *** on first finger.

The Third Finger.—Begin as for second finger, and work 26 rounds in pattern. Work from *** on first finger.

The Fourth Finger.—Join on the base of third finger, and from here pick up and K 4 sts. K next 6 sts. from safety pin, and remaining 6 sts. from second pin. This gives 16 sts., which arrange on 3 pins. Work 20 rounds in pattern. Work from *** on first finger.

The Thumb.—Pass the 20 sts. on to a pin, pick up and K 3 sts. from hand edge, this gives 23 sts., which arrange on 3 pins.

Next Round.—All K, taking 2 sts. tog. at the end of the third pin. Rib 2 rounds. Repeat last 3 rounds until 18 sts. are left in round. Work 14 rounds in pattern.

Next Round.—Work 2 sts. tog at the end of each pin.

Work 2 rounds without decreasing.

Next Round.—Work 2 sts. tog. at the end of each pin. Work 1 round. Cut thread and fasten off as on the fingers.

The Right Hand.—Work from left hand directions, carrying out the directions in brackets for reversing the two hands.

Press with a hot iron and damp cloth over the right side of the work.

GLOVES (Two Needles).

For the Army: Use Khaki Wool.

For the Air Force: Use Navy Blue Wool.

Materials: Two No. 12 needles, about 3 ozs. 4-ply wool.

Left-hand Glove: Begin at wrist edge by casting on 56 stitches loosely. Work 4 ins. in rib (k.2 p.2).

The Hand and Thumb Gusset—

1st Row: Knit plain. **2nd and 3rd rows:** K.1, p.1.

4th Row: **P.28, increase in next stitch, P.4, increase in next st. P.22

5th and 6th Rows: P.1, K.1 (adjust pattern on these rows).

7th Row: K.22, increase in next st. K.6, increase in next st., K.28.

8th and 9th Rows: K.1, P.1.**

Repeat from ** to **, knitting two more stitches between each increase, until there are 72 stitches on needle. (8 increases in all).

Knit 1 row of K.1 P.1 after last increase, so that the right side of work is facing.

Thumb: Continuing in pattern, work 42, incr. in next stitch, turn, leaving 29 sts. on needle. Work 20 sts. in pattern, incr. in next st., turn, leaving 23 sts. on needle. *** Work 2 rows in pattern. Then K.2 tog. at beginning of the 3rd row and continue in pattern. Repeat these 3 rows 3 times (18 sts.). Continue on these 18 sts. for 8 more rows.

Finish off as follows:—

1st Row: K.2, K.2 tog., to end of row. **2nd Row:** Pattern. **3rd Row:** K.1, K.2 tog. to end of row. **4th Row:** K.2 tog. to end of row. Break off wool about 9 ins. long, thread through the remaining sts. and sew down seam of thumb.

CONTINUING THE HAND: Join wool at base of thumb, and work to end of row (29 sts.), work back across whole row (52 sts.), and continue in pattern for 10 rows.

Next Row (Right side of work facing) work to last 6 sts., turn, repeat once. These sts. are for the 4th finger and may be put on to 2 safety pins if more convenient. Work 2 more rows on the 40 sts.

1st Finger: Work 27 sts., incr. in next st., turn. Work back 16 sts., incr. in next st., turn. Work 25 rows on these 18 sts., finish as thumb.

2nd Finger: (Right side of work facing)—pick up 4 sts. at base of 1st finger, K.5, incr. in next st., turn. Work back 16 sts., incr. in next st., turn. Work on these 18 sts., 28 rows. Finish as thumb.

3rd Finger: Work as 2nd finger, but 25 rows only. Finish as thumb.

4th Finger: Pick up 4 sts. at base of 3rd finger, work the 6 sts. left at end of row (or on safety pin), turn. Work back, 16 sts. Work 20 rows. Finish as thumb. Sew down side seam.

RIGHT-HAND GLOVE: Work to 3rd row of hand exactly as for left-hand glove.

4th Row: ** P.22, incr. in next st., P.4, incr. in next st., P.28.

5th and 6th Row: P.1, K.1 (adjust pattern on these rows).

7th Row: K.28, incr. in next st., K.6, incr. in next st., K.22.

8th and 9th Rows: K.1, P.1 **.

Repeat from ** to ** until there are 72 sts. on needle. Work 1 row of K.1, P.1 after last incr., so that right side of work is facing.

THUMB: Continuing in pattern K.48, incr. in next st., turn, leaving 23 sts. on needle. Knit back 20 sts., incr. in next st., turn, leaving 29 sts. Continue from *** as for left-hand glove.

COMBINED BALACLAVA SCARF.

Materials: 5 ozs. 4-ply wool, 1 pair No. 8 needles, 1 pair No. 10 needles. (Loose knitters use No. 9 and No. 11 needles).

Using No. 10 needles, cast on 60 stitches.

Knit 1 plain, 1 purl rib for 14 inches.

Change to No. 8 needles and knit the remaining wool in the garter stitch, slipping the first stitch throughout the work.

To form cap, halve the ribbed portion (7 inches) and sew up each side.

SCARF.

For the Navy: Navy Blue.

For the Army: Khaki, Grey, or a Dark Colour.

For the Air Force: Navy Blue, or Navy Blue with bands at each end of Crimson and Pale Blue.

Good scarves, 48 inches in length and 12 inches in width, can be produced, either in a rib of 1 plain, 1 purl, or in plain garter stitch knitting, but knitters may like to vary patterns.

Ribbed Scarf—

Sports Wool: About 70 stitches and No. 7 needles.

4-ply Wool: About 90 stitches and No. 9 needles.

Garter-Stitch Scarf—

Sports Wool: About 60 stitches and No. 7 needles.

4-ply Wool: About 72 stitches and No. 9 needles.

You may like to knit a narrow strip of contrasting colour about three or four inches from the end, except for the Navy, which scarf must be plain.

FRINGES ARE NOT WANTED.

CAP.

About 2 ozs. of 4-ply wool. Four No. 10 needles.

Cast on 96 stitches (for 22-inch head).

Knit in rib of 2 plain, 2 purl for 3 inches.

Knit plain for 3 inches.

Commence to decrease for the crown by knitting together 2 stitches at the beginning and end of every needle every row until all stitches are knitted off. Darn the wool down the side.

RENWICK PRIDE