



SPORTS COACHES EDUCATION

GENERAL COURSE LEVEL II

The Department has organized nine courses for 1979 that will meet the requirement for accreditation of the General Section of the Level II Course of the National Accreditation Scheme for Sports Coaches.

Courses will be conducted in the metropolitan and country areas of Victoria in the first half of 1979 either one night per week for fifteen weeks or over five Sundays. Dates of courses are on the attached sheet.

Areas covered in these courses will be as follows:-

Biological Sciences

Physiology of Exercise
Anatomy
Sports Medicine
Training Methods
Testing Methods & Procedures
Biomechanics
Talent Identification
Nutrition
Physical Capacities (somatotype, physiological differences due to age, sex and race, performance limiting factors etc)
Methods of Sport/Game Analysis

Behavioural Sciences

Acquisition of Skills
Teaching Methods/Group Organization
Psychology of Sport
Sociology of Sport
Philosophy of Sports Coaching

Lecturers and course organizers have been requested to present the material in an applied manner so that coaches are able to use information directly in their coaching situation.

To ensure this practical application is able to occur, laboratory sessions, seminars and discussion groups have been included in the courses to enable participants to discuss their particular problems, needs and concerns with lecturers.

Course Text Books

The Department strongly recommends that course participants subscribe to "Sports Coach" a journal published quarterly. Application forms to subscribe to the journal are attached.

The Department is also purchasing a book titled "Youth Sports Guide for Coaches and Parents" that will be available from the co-ordinators at a cost of \$3.00. The completion of the appropriate section of the application form will ensure that a copy is made available to you at the course.

Cost

A registration fee of \$15.00 is charged to enrol in the course. This should be forwarded with the application form to the Course Co-ordinator.

Numbers

Numbers at the courses have been limited so that group sizes aren't too large. An early registration will ensure that you are placed on the course.

A minimum number for each course has also been set for economic reasons. If this number is not reached the course will be cancelled. All enrolled participants will be notified and fees will be refunded. Closing dates for enrollments are normally one week before the commencing date.

Enquiries

Enquiries about specific courses should be addressed to the appropriate Course Co-ordinator.

Enquiries of a general nature should be addressed to Mr Graham Thompson or Mr Ken Norris of the Department of Youth, Sport and Recreation, 570 Bourke Street, Melbourne, telephone 602 1566.

Warragul
West Gippsland and
Latrobe Valley
Education Centre

Mr Andrew Cope
Course Co-ordinator
C/o Warragul Primary School 2104
Albert Street
Warragul 3820
Ph: (056) 232460

Sundays 9.30 am to
4.30 pm, 3/6, 10/6,
24/6, 1/7, 8/7

Footscray Institute
of Technology
Footscray

Mr Nigel Sherlock
Course Co-ordinator
Department of Physical Education
Footscray Institute of Technology
Ballarat Road
Footscray 3011
Ph: 689 3400

Nights
19/2, 26/2, 5/3,
14/3, 19/3, 26/3,
2/4, 9/4, 23/4,
30/4, 7/5, 14/5
21/5, 28/5, 4/6
11/6

Preston Institute
of Technology
Bundoora

Mr John Ashton
Course Co-ordinator
Department of Physical Education
Preston Institute of Technology
Plenty Road
Bundoora 3083
Ph: 467 3211

Nights
7/3, 14/3, 21/3,
28/3, 4/4, 11/4,
18/4, 25/4, 2/5,
9/5, 16/5, 23/5,
30/5, 6/6, 13/6,
20/6

Burwood State
College

Mr David Parkin
Course Co-ordinator
Department of Physical Education
Burwood State College
222 Burwood Highway
Burwood 3125
Ph: 285 0444

Nights
12/4, 19/4, 26/4,
2/4, 9/4, 23/4,
30/4, 7/5, 28/5,
4/6, 11/6, 18/6,
25/6, 2/7, 9/7,
16/7

Rusden State
College
Clayton

Mr Ross Smith
Course Co-ordinator
Department of Physical Education
Rusden State College
Blackburn Road
Clayton 3168
Ph: 544 8544

Sundays
4/3, 18/3,
1/4, 15/4,
29/4

Frankston State
College
Frankston

Dr Brian Parton
Course Co-ordinator
Department of Physical Education
Frankston State College
McMahons Road
Frankston 3199
Ph: 781 1777

Nights
12/3, 19/3, 26/3,
2/4, 9/4, 23/4
30/4, 7/5, 14/5,
21/5, 28/5, 4/6
11/6, 18/6, 25/6

Ballarat College of
Advanced Education
Ballarat

Mr Mark Hennessy
Course Co-ordinator
Department of Physical Education
Ballarat College of Advanced Education
Mt Helen Campus
Mt Helen 3550
Ph: (053) 30 1800

Nights
28/2, 7/3, 14/3,
21/3, 28/3, 4/4,
11/4, 18/4, 9/5,
16/5, 23/5, 30/5
6/6, 13/6, 20/6,
27/6

Deakin University
Geelong

Mr Ken Davis
Course Co-ordinator
Department of Physical Education
Deakin University
Vines Road
North Geelong 3215
Ph: (052) 789966

Night programme
7/3, 14/3, 21/3,
28/3, 4/4, 11/4,
18/4, 25/4, 2/5,
9/5, 16/5, 23/5,
30/5, 6/6, 13/6,
20/6

Warrnambool Institute
of Technology
Warrnambool

Mr Ross Price
Course Co-ordinator
Warrnambool Institute of Technology
Sherwood Park
Warrnambool 3280
Ph: (055) 640111

Nights and Sundays
Nights 16/7, 23/7,
30/7, 6/8, 17/9,
24/9, 1/10, 8/10,
15/10,
Sundays 12/8, 21/10,
28/10

APPLICATION FORM

SPORTS COACHES EDUCATION

GENERAL COURSE LEVEL II

NAME _____
Surname Christian Names

ADDRESS _____

CONTACT TELEPHONE NUMBER _____

SPORTING/COACHING INTERESTS _____

Forward this application form to the Course Co-ordinator
of the course of your choice.

Cheques or money orders for \$15.00 registration fee should
be made payable to the:-

"Sports Coaches Education Course"

"SPORTS COACH" SUBSCRIPTION
NEW SUBSCRIBERS ONLY

NAME (BLOCK LETTERS) _____

ADDRESS _____

POSTCODE _____ ACCOUNT NO. _____

DO NOT DETACH

NEW SUBSCRIBERS ONLY

SPORTS COACH SUBSCRIPTION FORM

New subscribers please complete this form and have your copy of the national quarterly journal SPORTS COACH mailed to you personally.

I wish to subscribe to SPORTS COACH for one year commencing (circle appropriate issue):

AUTUMN '79 SPRING '79
WINTER '79 SUMMER '80

Send to: COMMUNITY RECREATION COUNCIL,
P O Box 66, WEMBLY W.A. 6014.

Note: Cheques, etc. should be made payable to the COMMUNITY RECREATION COUNCIL.

Enclosed is a cheque for \$2.00 made payable to the Community Recreation Council, being the mail subscription to SPORTS COACH for one year.

NAME _____
(Block letters)

ADDRESS _____
P/Code _____

"YOUTH SPORTS GUIDE FOR COACHES AND PARENTS"

NAME _____
(Block letters)

ADDRESS: _____

POSTCODE _____

Forward to Course Co-ordinator with application form to enroll in General Course Level II.

Enclose cheque or money order for \$ 3.00
SPORTS COACHES EDUCATION COURSE.

made payable to

\$3