

First Professional Examination - General Nurse Training

26th and 27th February, 1960

JUNIOR GENERAL NURSING THEORY PAPER

Time allowed: Two hours

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Important:—

Read your questions very carefully.

Answer only what is asked as no marks will be given for irrelevant material.

ALL questions to be answered.

1. Mrs. X is an obese patient, 68 years of age, who has had an abdominal operation. She is to be nursed sitting up in bed ("modified Fowler's" position).
  - (a) What measures may be taken to help the patient maintain this position? —[3 marks]
  - (b) List the main measures taken to prevent the development of pressure sores while Mrs. X is confined to bed. —[6 marks]
  - (c) Post-operative orders include:—"patient to cough and deep breathe hourly".
    - (i) Why is this necessary? —[1 mark]
    - (ii) How do you assist the patient to cough and deep breathe? —[4 marks]—[14 marks]
2. Observations of temperature, pulse and respiration are of vital importance:—
  - (a) Describe in detail how you would take the patient's temperature by the oral route. —[8 marks]
  - (b) Name and define the observations to be made when counting the patient's pulse. —[6 marks]
  - (c) How would you ensure accuracy when counting the respiration rate? —[2 marks]—[16 marks]
3. Describe the measures taken to prevent the spread of micro-organisms while carrying out routine nursing care for your patients. —[10 marks]
4. A patient admitted to hospital for the first time will have certain fears. Briefly state what these fears may be, and discuss how a nurse can help to minimise or overcome them. —[10 marks]
5. A patient is not allowed to eat or drink for some days.  
How do you help to keep the patient's mouth clean and healthy? —[5 marks]



6. A patient is vomiting.

(a) Describe the observations that may be made:

(i) of the patient;

—[3 marks]

(ii) of the vomitus.

—[5 marks]

(b) What nursing care is given to the patient?

—[4 marks]

—[12 marks]

7. State the methods used to encourage a patient to drink 3 Litres of fluid daily.

—[6 marks]

8. State four (4) measures to prevent accidents occurring in each of the following situations:—

(a) sitting a patient out of bed;

(b) assisting a patient with walking;

(c) giving a patient a bath.

—[12 marks]

9. (a) A patient is to have a bladder washout of Chlorhexidine 1 in 5000.

Bottles of Chlorhexidine 1 in 50 are available.

Describe how you would prepare 1 Litre of the required solution (include calculations).

—[4 marks]

(b) A patient is ordered 0.2 Grammes of a drug. Each tablet contains 50 milligrammes of the drug. How many tablets are given?

—[2 marks]

(c) A patient weighs 70 Kilogrammes. What is this weight in stones and pounds?

—[2 marks]

(d) A patient drinks 1.5 Litres of water, 0.25 Litres of orange juice, and 180 millilitres of milk.

How many millilitres of fluid has he had altogether?

—[2 marks]

—[10 marks]

10. Define:—

(i) polyuria;

(ii) orthopnoea;

(iii) asepsis;

(iv) haemoptysis;

(v) cyanosis.

—[5 marks]