

TRAINING

J. Tulloch

DAYS

AT

Ballarat and District Base Hospital (Incorporated)



ADMINISTRATIVE BLOCK

EDWARD WILSON BLOCK

EILDON HOUSE

Compiled for the
First Re-union of
The April 1952 School
Held in Melbourne Oct. 1982

REFLECTIONS
OF OUR NURSE TRAINING DAYS AT
BALLARAT BASE HOSPITAL

Based on the diary and scrap book kept during the era by Margaret I. Fotheringham (nee Thomas) with comments by her, thirty years later.

1952

Towards the end of February, prospective trainees for the April intake were interviewed by the Matron, the formidable Miss Jessie Langham, A.R.R.C., S.R.M. We realised later that we had all been asked the same questions. Two only stick in my mind; one, because I knew not the meaning of the word 'menstruation' and secondly, I gave an honest but most inappropriate reason for wanting to become a nurse. Next came a chest x-ray down in Dr. Heather Dicks' domain, followed by a medical examination by her husband, the likeable Medical Superintendent, Mr. John (Ducksie) Dick, F.R.C.S. Ed. With all that okayed, we were directed to a large department store in Sturt Street where we were measured for nursing uniforms.

April 7. During the afternoon twenty excited but apprehensive girls, all in their late teens, checked in at the reception desk in the new nurses home. We were shown to individual rooms in McDonald wing, the oldest, coldest wing. The starkness of our large, old-fashioned dressing tables was relieved by a vase of flowers and note of welcome from members of the A.N.C.M. (Aust. Nurses Christian Movement) which I later joined. It was an exciting time meeting each other, unpacking and setting out our possessions. Mine were limited as I was straight out of school; so were quite a few others. I can recall being very impressed watching Margaret Arthur unpacking a great array of matching shoes and handbags in bright green, red and tan. Margaret also had the advantage of already knowing her way around B.B.H. as she had been working in the x-ray department. On our beds were our supplies of new uniforms. We all had to be dressed in uniform and appear in the lecture rooms by 8 p.m. But how did it all fit together? We were so pleased when some nurses arrived to help us. To a basic cotton shirtmaker dress of fine purple and white pin-stripes, we had to fold and pin on a white, cardboard-stiff 'Peter-Pan' collar; shank button together, and pin on white stiff-pointed cuffs. Over that we put a white bib-topped wrap-around apron which cascaded to within 12" (31cm) of the ground, and which was held immovable at the waist by a 3" (8cm) wide stiff belt done up with shank buttons. Below we wore grey lisle stockings and black lace-up shoes, while atop our heads, fixed on with bobby pins, we wore a correctly drawn-up and pleated, white cap. This is what we wore for work, summer and winter at B.B.H. A summer variation was stockings rolled down and knotted above the knees. A red cardigan was allowed only on night duty. A resplendent red cape dressed up our uniform for walking between wards, dining room and nurses home. We were soon to learn that uniforms or part thereof were NOT to be worn off hospital grounds except on official occasions such as church services on Florence Nightingale Sunday. However, many is the time Mabel Gallagher camouflaged her uniform 'neath her overcoat, and with glove, or beret on her head made it to early Mass after coming off night duty. While our uniforms belonged to the Victorian era, we loved them and felt great in them. Nurses at last we thought, but really most of us were 'green' as to what was before us in the next three years.

April 8. After a restless night on horse-hair mattresses, we made our beds, swept our rooms, had breakfast at 8.15 am., and arrived for our first lecture on Nursing Etiquette at 9am. We were instructed re duties while in the P.T.S. (Preliminary Training School) and told the names of the Honorary Medical Staff, Resident Medical Staff (R.M.O's) and how to address them. It was also made quite clear that if any of us had taken up nursing with the idea of acquiring a doctor for a husband to dispel the idea forthwith; which was logic as neither Sr. Elaine Orr or Sr. Jean Harris who were over 30, had gained THE prize. If any of us harboured such ambitions we never let on.

BALLARAT BASE HOSPITAL

APRIL SCHOOL, 1952.



(Back row L to R) Anne Mathew, Pamela Knipe, Barbara Knight,
Alison Brennan, Alma Beattie & Mable Gallagher.

(Middle Row. L-R) Mary Abernethy, Nita Harriss, Rinea Ackers,
Anna Ritchie, Margaret Arthur & Julie Hourigan.

(Front Row L to R) Jennifer Dunstan, Edna Howard, Margaret Thomas,
Valerie Menhennit, Isabel Tyrell, Joy Wilson
and Fay Eudy.
Not in photo: Julie Walsh.

1952
Nursing Etiquette also included accepting our humble position in the hospital hierarchy - bottom!! We soon learned that it could take up to five minutes standing at the dining room doorway before we could exit. If, as we got to the doorway, other nurses or sisters stood up to leave, we had to stand back and wait for them. Sometimes this was abused. Next day we commenced lectures on general nursing procedures, anatomy and physiology. We made the acquaintance of "Mouldy Mick" (the skeleton who grew mould coming out by ship from England) and the pull-apart torso.

On our first day off, Pamela Knipe, Mary Abernethy and I hired a boat and enjoyed ourselves rowing on Lake Wendouree. We three all came from Stawell, though while I had done Leaving Certificate at Stawell High School, Mary and Pam had finished off their education at "The Hermitage", Geelong.

April 17. I was 17 today; the youngest trainee in my group. I received a lovely decorated fruit cake from home which we cut for supper.

April 19. Half a day off. Despite the cold, Barbara Knight, Pam and I rugg'd up and walked to Black Hill from where one gets a fine view all over Ballarat. At that stage none of us had any private means of transport. The only one of us who ever had a car during our training was Jennifer Dunstan, whose parents gave her a grey Triumph car for her 21st birthday. Some of us later had bicycles.

April 23. We collected our first pay: £5/7/6 or \$10.75. I opened a bank account with 10/- (\$1.00).

April 24. Lots of us went to see the school boat races on Lake Wendouree. Ballarat College won. I saw lots of school friends who are now in training at Ballarat Teachers' College. My entire school class entered into either teacher or nurse training and I had told Matron so, adding I could not bear to be a teacher so thought I had better do nursing!!!

April 30. We had a lovely supper for Pam's 18th birthday.

May 9. We all had our small pox Vaccinations.

May 10. We were all allocated to the wards this morning for the first time. I was in Ward 9 which is for infectious diseases, but mostly it has convalescent poliomyelitis patients from an epidemic two years ago.

May 18. I spent 20 hours in bed over the weekend with vomiting and a fever of 101° from vaccination. Some of us were still sick when Monday came. Barb. for one sat in lectures all day with a fever of 100.8°.

May 24. Saturday. We worked in the wards from 6 am. till 10 am. I then went home to Stawell for my first visit. Travelled back with five friends who are now at Teachers' College.

May 30. We had our P.T.S. examinations in General Nursing and Hygiene.

May 31. This is goodbye to P.T.S. after 8 weeks. I felt a bit sad leaving it; we all seemed to enjoy school and Sr. Harris and Sr. Orr were good to us. We shall not forget Dr. Buckley the R.M.O. who took us for Anatomy & Physiology. Being tired of removing his cigarette butts from the sink, we placed an ash tray over the outlet. He still persisted, by removing the tray and using the grill. His favourite saying after a lengthy, detailed account was, "Oh well, you don't have to know that anyway". We had our examination in Anatomy & Physiology today.

June 2. Had our first full day in the wards. Alma Beattie and I are in Ward 9. Sr. Bacs is the ward sister and seems real beaut. Our senior nurses are B. Wilson, Bineham, Nimmons, Harlock and Hart.

June 4. 6.30 - 11 am. Routine: 6 Patients on my sponge list who all washed themselves. I brought breakfasts up from the kitchen and we gave them out. Panned the ward. 8.15am was my breakfast time. 9am. Made the patients beds. Cleaned sinks and dettol bowls. Did patients hair. Off for half day.

NEW HOSPITAL SCHOOL

HAS LARGEST CLASS.



(Back L to R) Nurses Pamela Knipe and Edna Howard
(Front L to R) Nurses Julie Hourigan, Anne Mathew
and Margaret Thomas.

Among the first nurses to commence their training in the new, well-appointed school at the Ballarat Base Hospital nurses' home are these five members of the preliminary school which started this month (April '52). The 20 new trainees formed the largest group ever to enter the hospital in one school. It was the greatest number that could be accommodated at one time, the manager, Mr. J.L. Plummer, said yesterday (From the Ballarat "Courier")

1952
June 5. DAY OFF. Had breakfast in bed. We just put our name in a book the night before and tea and toast were brought to our rooms. We always had oodles of bread, butter, jam, tea, milk and sugar in our pantry, and this we consumed ad.lib. until we were all showing signs of weight gains.
Mice also inhabited our pantry and one evening we got the idea of catching one and popping it over the partition into where someone was having a bath. But not all was plain sailing, for the mouse on spying my approaching hand also spied an escape route and up my baggy dressing gown sleeve it shot. I had never clasped by biceps so firmly before but after a few tense moments I retrieved the mouse and soon there were shrill screams in the bathroom.

June 7. Our P.T.S. exam results came out and we all passed except for Joan Walsh.

June 11. We went by tram and in uniform to the Ballarat Girls Secondary School for Invalid Cookery lessons. Tonight we made cocoa, milk jelly, gravy broth and fairy bread during the 2½ hours. We are to do a course of 12 lessons.

June 12. Lovely fine day so Barb and I walked all the way to Sovereign Hill, out along the Geelong Road.

June 14. Saturday, so our patients had to be fully sponged. On week days a nursing aide and a wardsman, Mr. Don Bath, bath and exercise the polio patients in an outside salt water bath in the ward. This morning a 3rd year nurse, was rushed unconscious from her room to shockward. It was established that she had taken 15 grns Phenobarb from ward 8 the night before. After a stomach washout she was O.K. but this was the end of her nursing career. This to me was a very isolated case and drug taking among nurses in those days was seldom ever contemplated let alone carried out.

June 22. I gave a soap and water enema for the first time, and was a bit scared. Remembered everything that went on the tray and bed, but made the mistake of giving it stone cold. Julie Hourigan and I laughed about the incident when we got off duty. Sunday; Jenny Dunstan, Val Menhennit and I went to the Methodist Church at Sebastapol. The next evening I went out to Sebastapol to Val's place for tea. Her family are happy-go-lucky dairy farmers who had just moved into a new house.

June 25. Very busy morning as polio specialist, Dr. McCloskey was up from Melbourne and all routine had to be finished by 9 am. ready for his monthly clinic. He reviews, examines and reports on all local polio inpatients and outpatients.

July Some of us are buying clothing and linen on lay-buy. i.e. We paid off irregular amounts most pay days and collected the item only when fully paid for. Today I collected a 54" square chinese hand embroidered cloth with 6 serviettes.

July 3. Tragic day. Pam's boyfriend, Jock Richardson was killed in a level crossing smash with a train. Pam was very upset and allowed to go home to Stawell for two days. A 3rd year nurse was charged with the murder of her baby in the nurses home. It was found in the incinerator wrapped in newspaper. Matron took an assembly of nurses to make the announcement and was reduced to tears. Final examinations were on, and I spent the morning as a model for bandaging.

July 14. A new school of trainees started today. Great!! We are no longer the most junior and we have vacated our rooms for them, and moved over into an adjoining more modern wing.

July 22. The Ballarat Courier newspaper today featured an article on - "WHAT HAPPENS TO A POLIO PATIENT?" Miss Green the physiotherapist gave the information about the treatment in our ward and there was a photo of Mr. Simmons with young Mark Pickett and Norma White.

July 26. The change list is out and all of our school have been changed to another ward except for me. Jenny Dunstan is coming to Ward 9 in place of Alma Beattie.

WHAT HAPPENS?

APOLIO CASE?

This is the story behind the headlines: "Mose Pollo Case." "Further Pollo Out-break."

It is the story that isn't reported, the story that starts as the newspaper article is being written, but continues months after the paper has been discarded.

This story does not reach you at your breakfast table, because it is not an account of a single incident. For with this story there are hundreds of incidents involving scores of people. It is a growing living story.

It is about a battle being waged in this city, now. And you have a right to know about it.

This is the story of the treatment of polio victims. You should be told of it because it might clear your minds about the disease, and how it is being fought with relentless courage, infinite patience, scientific knowledge and plain hard work. You should know that the battle is being won—and how it is being won.

No field commander's maps or diaries could paint the picture of this fight more clearly or with greater accuracy than the Ballarat Base Hospital records.

Take from November 27, 1950 until yesterday.

The filed pages of names, facts and figures tell of the treatment of poliomyelitis of 30 men and women, boys and girls, aged from one and a half years to 43.

Most Cured

They show that of those discharged, most were completely cured. Some are still being treated as out-patients. Fourteen are still in hospital, but within four weeks four will be going home. With progressive medical check-ups as out-patients, they can expect similar excellent results.

Those still in hospital can similarly expect a reasonable opportunity of returning to help with other children, or going back to work.

But facts, not figures, do not show the whole picture.

Eighteen-year-old Betty

has not her real name entered hospital on June 29, last year. The case card said: "Good paralysis involving both legs, both shoulders, arms, neck, one hand and back and abdominal muscles."

By the end of February she was sitting in a special chair which you'll read about here. She began standing in April and in May, after nine months in the walking machine, she started to walk again.

Betty no longer uses the machine to walk now. Her paralysis has almost gone, except she has one weak shoulder which she can use.

The card tells all that, but it can't show the smile which she flashes, nor the bright, happy look on her face. Nor can it show the gratitude in her eyes.

The Real Story

Yesterday a reporter visited the Ballarat Base Hospital to hear the story behind the cards.

The bright ward could have been a schoolroom, but for the splints, the beds, the nurses, and some of the equipment.

Children were busy scribbling on blackboards, and lying in their splints, or busy paper and doing the scores of things you would expect in any kindergarten or school.



HERE are Mr. and Mrs. Evan Jenkins at their wedding at St. Augustine's Roman Catholic Church at Creswick on Saturday.

Wedding bells for a plucky couple



HERE are Mr. and Mrs. Evan Jenkins at their wedding at St. Augustine's Roman Catholic Church at Creswick on Saturday.

These children are polio victims, but they're on the way back to health. Nurse Nimmons, who is taking them for a walk, is one of a great team of people helping them on their road to recovery.

When the time for the patients to leave the hospital comes, progressive know how to continue the work at home.

Miss Green also explained that progress was noted so that a prominent poliomyelitis medical specialist, with much overseas experience, could direct and plan each stage of each patient's treatment on his monthly visits.

"You can see how painstaking the work must be when each patient must be treated according to the individual case," said Miss Green.

No doubt that work together with the general hospital nursing services under the sister in charge of the ward, Sister I. Bacca, and the medical attention of staff doctors, combine to make a story of a victory being won.

Mr. Bath also assists in other phases of the physiotherapy work, directed by Miss V. Green. He has almost a full-time job in dressing tiny splints.

Miss Green makes many of the specially designed splints to rest muscles, or give them extra use. She treats the work, watching carefully the progress of each child.

In some cases she takes measurements for splints or frames to be made in Melbourne.

"The treatment might be slow but it is designed for a complete cure in the long run. The figures prove that treatment is the major answer to polio," she said.

When the patients have reached a certain stage, they are taken to the school.



VAL MENHENNET



30. I now have £10.00 in the bank. Had our 10th cookery class. We are supposed to eat what we cook, but today we hurried before Miss King realised the gully traps were nigh blocked in tripe which we smuggled out in our washing-up dishes. We learn how to set attractive trays and decorate food to make it tempting to sick patients. But the reality at B.B.H. was hardly tempting, nor was it our position to change it. The trays were in aluminium with NO tray cloth and contained nothing but messes of food and the necessary cutlery. A trolley was wheeled down the ward and each patient had to indicate his/her milk and sugar requirements. The cuppa was dished over already stirred. I would have hated the 'stewed milk' especially when it got to bed 32 in the larger medical ward. Water was available all the time at room temperature in former soft drink bottles on the patients locker. Of the 12 beds in the hospital, 12 were for intermediate and private patients. These patients had no menu and were given exactly the same food as the public patients; BUT they did get a dark blue tray cloth, pepper & salt shakers, butter and jam at tea time and individual tea trays at all meals. To hope these standards have improved.

August 2. My 10th week in Ward 9. Julie Hourigan is going to the surgical (Ward 2) and Anna Ritchie is coming.

August 5. At 2 pm. I came and got Margaret Lockyer from Ward 9. I took her for a walk down as far as Coles in Bridge Street. She was the longest walk she had had in 14 months as a polio victim. She has been in hospital here since June '51 and was badly affected that she was never expected to walk again. She is ready for discharge next month. She is 19 years old. Margaret later married a man with a similar disability.

August 6. We did our Practical Exam in Invalid Cookery and all passed. I had to fricassee a chop, do baked potato and stemed apple, as well as baked apple.

August 8. I am still not on the change list so will spend my 11th week in infectious diseases. I think Matron must have forgotten I exist. This ward is the middle floor in the oldest block that exists at B.B.H. It was called the Prince Alfred and demolished late in our training. Children aged 5 to 15 years are on the ground floor and repatriation patients are above. We go to meals etc. via a very steep spiral stair case.

August 10. I gave my first injection and was very scared. When I pulled the syringe back I did not hold the needle and it was flung in the boy's arm - I thought it was terrible at the time. Next day I gave another injection and this time bent the needle.

August 13. We had our Mantoux Tests for Tuberculosis today.

August 14. Had our Cookery Theory examination. Good Paper.

August 19. Scared today, as it was my first in Ward 7 (Male ward). I work with Pam, Barb, Margaret Arthur and they are all beaut; also Sr. Lorraine Oliver who is the staff nurse. All seem to do is wash backs and more backs. If we are ever slack we roll cotton wool into swabs and do up for sterilizing and they sent over to theatre for autoclaving. Treatment trays and instruments are all sterilized in the wards by boiling in a large sterilizer.

August 20. Had 5 patients on sponge list. Was the first time I had had to fully sponge a patient, but by coming on at 6.10 am. and hurrying I was finished by 7 am. when breakfast arrived. By morning tea time we were all behind so we didn't get any. Had 4 emas to give. Weighed myself and I am now 9 stone 6 lbs. and was only 8 stone 5 lbs. when I started nursing 19 weeks ago.

August 25. Off at 11 am. today (We had 1 1/2 days off a week) Went to Val's at Sebastapol and with her friend Mary Murphy, we planned a picnic for the following day, and did some baking. Next day, though cold and raining lightly, we packed up dry wood and 2 pork, 6 sausages, 3 chops, 3 apples, 6 bread rolls, 6 oranges, 15 small cakes, fruit cake, sauce, fat, matches, salt, milk and sugar. Dressed in warm clothing, we loaded all this into a spring cart and horse and set off along the Hamilton road. About 7 miles out, we pulled into the bush and lit a fire and cooked the goodies. Then, we ate and ate, the sun came out,

Here is her story: "After two years in Ballarat my back in 1944. I went to Rehabilitation Centre in 1944. There I met Evan. 'Tich' as we call him. I was taught to cook, 6 oranges, 3 apples, 6 bread rolls, 6 oranges, 15 small cakes, fruit cake, sauce, fat, matches, salt, milk and sugar. Dressed in warm clothing, we loaded all this into a spring cart and horse and set off along the Hamilton road. About 7 miles out, we pulled into the bush and lit a fire and cooked the goodies. Then, we ate and ate, the sun came out, and we both going to the farm to start a new life."

Specialist "Breakages"



This is an action which Chef Carter, of the Ballarat Base Hospital, performs hundreds of times in a week. In fact, in one year the hospital uses 105,462 eggs — or 2189 dozen. That is why it is now appealing for eggs, and has requested the assistance of individuals, organisations and schools to help provide supplies for the coming year. For sick people eggs are a necessary part of their diet, and without the help of the public they are very expensive items.

A DAUGHTY bride doll and lucky horseshoe were placed on the bride's arm by Lynette Wallis, when Lovat Cora, youngest daughter of Cr and Mrs F. W. Oliver, 215 Drummond street south, Ballarat, was married to McVillie, only child of Mr and Mrs H. M. Sanderson, Johnstone street, Castlemaine, at Wesley Church, Ballarat, last Saturday.
OCT 25 1952



Mr and Mrs McVillie Sanderson.

2 We lay down and slept it off. Before leaving for home at 11.30 am. we retrieved the potatoes from the coals and ate them. At night we went to church at Albert Street.

pt. 29. Today was the first time I was not the junior nurse on duty; Fay Eudy was, but I may as well have been as I ended up doing half her work. Sr. Brown is now in charge of Ward 7 in place of Sr. McKinnon. 'Browny' is very particular about the work we do. Anyway, I got on the right side of her today when she spied me carrying a mop (correctly) in a bucket and told the others to take note. She has a voice like a fog-horn, is 6 feet tall, and yells her orders from the office in the centre of ward.

pt. 1. I worked my first broken shift and was very tired. It was 6.30 - 10.30 am and 4.30 - 9 pm. Fortunately, we did very little broken shifts, but not so the domestics.

pt. 5. Did my first lay-out; with Marie O'Connell, and my other adds - "Was Thrilled". I am still uncomfortable and wondering that comment.

pt. 17 Watched a Blood Transfusion being put in for first time
pt. 22 Tonight, Marg, Julie & I went to the 'Jessie Matthews' show; "Larger than Life". There were complimentary tickets for nurses.

pt. 24 1.15 am. Allan Martin an 18 year old patient with T.B. died. To this day (1982) I have not seen a more terrible sight or such prolonged suffering as this lad had. He came from near Ararat and the said cause of his bovine tuberculosis was from drinking milk from untested cows. Every 3 or 4 hours we applied massive dressings to his huge pressure sores and turned him over in a half plaster cast. The head of his femurs, protrusions of his vertebra and coccyx and shoulder blade bones were visible.

pt. 25 Tonight one of our patients from the 3 bed special, with the D.T.'s, went walk-about during visiting hours. He was clad only in short pyjama coat which made it quite embarrassing for the nurse who had to rescue him by the Kiosk in front of visitors. What a Joke!!

pt. 27 Pam and I were both on day off, so walked right through Victoria Park as far as the Ammonia Sulphate Factory.

October 9 I am on the change list to go to Ward 1 which is female surgical. I loved Ward 7, and will hate leaving.

October 11 Sr. Oliver finished up today as she is soon to be married. We gave her a special morning tea up in Past Trainees room, and gave her a crystal bell.

October 13 My first day in Ward 1. Soon overcame my fear. Mr. Ekersley is the Charge sister.

October 18 Anne Mathew & I saw a good show "Tom Brown's School Days".

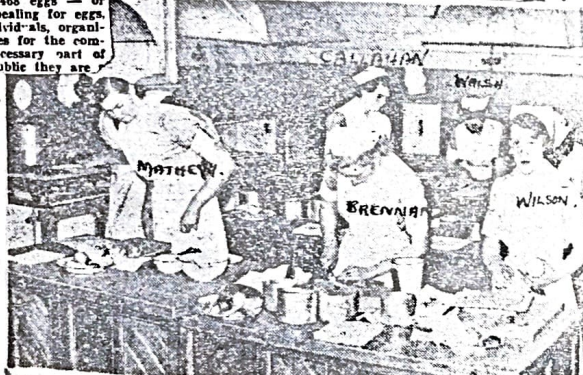
October 20 Tonight I was on duty with Pam. We went a bit mad - so sister on you know. I was sliding up the polished passage with Pam coming behind me. She threw a handful of pan covers (Clean) at me, and next we knew, Sr. Williams poked her head out from her desk in Ward 2 and was calling us. Phew!!! Did we get old off!!! I was sent to Ward 5 and Pam was told to polish the passage before she went off duty at 10 pm.

October 25 Sr. Oliver was married in Wesley Church, and Dr. McGoldrick was married at Newmann College Chapel. He's been an M.M.O. at B.B.H. since January.

October 26 Charity Sunday. Tonight Matron, Sisters and Nurses who wished, went in uniform to the 7 pm. service at Wesley Church. Instead of a sermon, there was a film called 'Hidden Treasures'. Afterwards, there was a friendly hour held in the S.S. at which Penny Dunstan, together with Sr. Harris & Sr. Wilkie sang. It was an enjoyable evening.

October 27 Margaret Arthur's 18th birthday. (Marg will turn 48 about reunion time) She took Pam, Barb, Julie and myself to dinner at Craigs Hotel. Then we saw the film, "The Life Story of Eileen Joyce" at Her Majesty's. We had a 'Whack Oh' night which ended by putting MARG under the shower and stripping her

PIQUANT PIES FOR PATIENTS



Instruction in invalid cookery is an important part in the training of student nurses and is provided for them at the Girls Secondary School. Under the supervision of Misses J. Glover and J. King they learn there to prepare nourishing, appetising dishes.



To look at young David Barclay now you would never dream that a short time ago he was desperately ill. The months old David was admitted to the Ballarat Base Hospital with scalds to the chest, neck and shoulders. After treatment with modern drugs and salvers, David made this appealing appeal for the cause of Cookery through the hospital for the coming year.



Mr and Mrs Brian G. Hoare leaving Christ Church Cathedral after their marriage on Friday evening. The bride was formerly Miss Patricia Cooke, only daughter of Mr. Cooke, Ballarat.

November 1. Tonight was the most exciting yet in my nursing career. Sr. Ladyman got permission for 3 of us to watch a caesarian section, Dr. Sloss was doing in theatre. We missed the actual delivery, but I stood engrossed for 30 minutes watching the suturing up.

November 2. I gave the ward penicillins all by myself. (This as the days before disposable plastic syringes and use-once needles. We used glass syringes and these and the needles were sterilized in Zephirin with Anti-rust. A different needle was used for each patient but they were re-sterilized and used 4 hourly for a week or more until bent or barbed) At lunch time was left in charge of Wd.1. and Isabel Tyrell in charge of Wd.2. At 1pm. an R.T.A. was admitted to Shock Ward with a fractured tibia & fibula. Great panic!! We had to ring the dining room and 2 nurses and a sister quickly came to our assistance.

November 3. This was my first day in Wd.3 (babies), where Sr. Johnson rules the roost. Everyone is scared when they go there, but I soon got over that. There are 20 babies and 14 of them have to be bottle fed. Alison McGregor and Lily Matthews are both working there - at school I was two years behind them but here I am 3 months ahead.

November 10. From today the hours of duty have been changed back to 6 am. - 2.45 pm. and 2.15 - 10 pm. Starting at 6.30 am. I had only been on trial and didn't work as we needed to go on duty at 6 am. to get through our sponges before breakfast. How about now? My daughter starts at 7 am. !!)

November 15. A 32 day old haemaphrodite baby died.

November 17. Marlene Higgins, a 5½ month old baby with spina-bifida and macrochulia, died. Her huge head measured 24" and sat atop a normal tiny neck. We had to pick her up to bottle feed which was a bit un-nerving.

November 23. Went to church at St. Andrews with Anne and Pam.

November 25. A real summer day and after a game of tennis, Barb, Pam and I took pillows and rugs and went to the 5th floor balcony to read and write letters. We have some photographs taken there.

December 3. Travelled back by train after days off at home. Sat with Anna Ritchie who had been up to Minyip to stay with Joan Walsh. Joan has just left, having failed her exams. twice.

CHRISTMAS DAY. We were awakened to the ringing of a cow bell by Marlene Donnelly while Marg. Arthur opened each door and with a 10c.c. syringe and a bowl of water, let everyone 'have it'. We all complained, but really we enjoyed it, and dressed for once at 5.30 am. in a cheerful mood. We ALL went on duty so that the work load was light. There were 11 nurses on so that we only had 2 babies each to sponge. (As you probably guessed, these were the days before penalty rates - our pay was the same no matter which days of the week we worked or what shifts we were on). By 9 am. we had finished all the necessary routine and were able to play with the children and assist the numerous 'Santa Claus' who appeared. Our ward looked lovely with a manger scene and some 40 angels and choiristers, suspended on cotton, looking down. The nurses had made the letter from crepe paper. We took it in turns to visit the other wards and admire their decorations and greet the patients with 'Happy Christmas'. We ate sweets and nuts all morning so had little space for the beautiful meal of roast chicken, ham, potatoes, peas and stuffed tomatoes. This was followed by plum pudding and trifle. Christmas dinner is provided each year for the patients and staff by the 'Mary Helen Auxillary'. Casualty staff decorated the dining room and it looked terrific with tiny burning candles amid sprays of holly down the centres of the tables, and a novelty whistle or trumpet on each plate. Matron had a trumpet and used it instead of her usual bell. Later followed toasts to the kitchen staff, maids and Matron. We student nurses gave Matron an embroidered supper cloth. Straightshifts were usually given to those who could get home long distances that evening, and broken shifts to those who lived locally. Johno. let Alison Mc. and I off in time to catch the 3.48 pm. train home to Stawell. We had Boxing Day off too. At home I had --



Ward Three at the Ballarat Base Hospital. This week received an infant's cot and locker, a gift from the Mt. Pleasant State School Social Service League. With the encouragement and assistance of the head teacher, Mr J. McDonald, and staff of the school, the children raised £50.

Accepting the presentation on behalf of the hospital, the president, Mr F. E. Duncan, thanked Mr McDonald, staff, scholars and members of the Mothers' Club, for the much appreciated gift.

The picture above, taken during the presentation, shows, from left, Mr McDonald, Miss Wallace and John Ford. The two little girls in the foreground are Judith Alexander (left) and Brenda Sedgman. The hospital president, Mr F. E. Duncan, is standing next to the cot, and standing next to the manager, Mr A. E. Miller, in the extreme right is the Matron, Miss J. M. Langham.

This Hat A "Striking MODEL.



There is a lesson for milliners in this picture of Mr E. Weybury, a patient in the occupational ward of the Ballarat Base Hospital. Mr Weybury is holding a large sun-hat which he made out of cigarette boxes.

The idea, seen in a magazine, interested Mr Weybury, so when the ward sister remarked that she would like one, he volunteered for the job. The hat, now completed, would look attractive in any company.

Mr. Weybury set to work to collect cigarette boxes, a task in which he was assisted by members of the Red Cross Handicraft Service, who also gave advice during the task.

In his four months in the ward he has become known as a cigarette box specialist. His achievements have also included several attractive and strong boxes designed for the hospital.

Dr and Mrs F. P. McArthur's marriage was recently celebrated at College Chapel. The bride was Miss Patricia Mayne, of East and a sister at St. Vincent's, and Mrs. McArthur are residing...



THIS DINNER HAS BEEN PROVIDED AND GIVEN WITH COMPLIMENTS AND CHRISTMAS GREETINGS OF THE "MARY HELEN" AUXILIARY

DR. JOHN MCGOLDRICK and his bride, who was Miss Aileen Fitzsimmons, of Armadale, cutting their wedding cake at their reception in the Hotel Australia after their marriage at Newman



First Professional Examination.

MARCH, 1953.

ANATOMY, PHYSIOLOGY AND HYGIENE PAPER.

Time allowed: Two hours and a half.

ALL questions to be answered. Where possible, illustrate by diagrams.

ALL questions of equal value.

Write brief notes on:-

1. Impurities in air.
2. Vitamin C.
3. Pasteurized milk.
4. Blood platelets.
5. Lymphocyte.
6. Mitral valve.
7. Cardiac muscle.
8. Functions of the liver.
9. Structure of the stomach.
10. Absorption of fat.
11. Bronchiole.
12. Structure of the diaphragm.
13. Structure of the humerus.
14. Hinge joint. —
15. Function of the adrenal gland.
16. Composition of normal urine.
17. Ureter.
18. Femoral artery. —
19. Functions of the skin.
20. Spinal cord.

By Authority: W. M. HOUSTON, Government Printer, Melbourne.

SUCCESSFUL APPLICANTS FOR NURSES

MELBOURNE, Wed. — Successful nursing candidates at the recent first professional examination include the following:-

Ararat Hospital: Patricia Len Carroll, Margaret McMillin, Patricia Marjory M. Crabb.

Ballarat Hospital: Mary E. Abernethy, Margaret Allison Elizabeth Brennan, Jennifer Constance Dunstan, Kathleen Eudey, Mabel Gallagher, Julie Ann Howard, Edna Eukalia Howard, Patricia Knipe, Faith Anne Mathew, Valeria Joy Menhemmet, Barbara Rose Rawlings, Margaret Ida Thomas, Isabel Tyne, Beverly Joy Wilson.



Informal photograph of Mrs. Foster's visit to the Base Hospital. From left, Messrs. Lamb, Mrs. Foster, Mrs. Harris, back.

*Nurse. Thomas
Please move to
12th floor*

1952

Christmas all over again with family and relatives and when the latter left at 11.30 pm. I was feeling a wreck.

December 31 Did not see the New Year in even though Anne, Pam and I went to see the show "Scaramouch".

1953 NEW YEARS DAY After coming off duty at 3 pm., Joy Wilson Pam, Anne and I took our tea and went out to the Eureka Stockade. Joy and I sunbaked and read while the others swam. Crowds of people were there. We had a beaut time.

January 2 I have now done 9 weeks in Ward 3 and next week I am going on night duty as reliever - 2 nights in Ward 7, 2 nights in Ward 5 and 1 night in Ward 10. I was relieved to get a good Ward Report from Sr. Johnson.

January 12 Our new R.M.O's for the year are Rex Guymer, Graeme McDonald, John Dodgshun, Ken McColl and 'loves himself' Julien Hercules. We commenced revision for our first professional exams which are in 8 weeks time. My family are coming down on Sunday and I had hoped to go home with them for my day off but Matron will not allow me to miss lectures.

January 27 Tonight Marg Binnams' father was admitted to shock ward unconscious after a horse racing accident. He died five days later.

February 20 We were given our Invalid Cookery Certificate today.

February 21 I really love night duty. Tonight I saw a baby born for the first time, in Ward 4. General nurses do no midwifery at all so I was pleased to get a look in. I stayed and sponged the mother afterwards. I am going back to Ward 9 for First Pro's clinic.

March 3 Great excitement - I got a notice from Sr. Shalley the Home Sister telling me to move to room 155 in the NEW nurses home. The walls are pale blue rough-cast and the furniture is modern and built in, in a light wood. My room overlooks the front and over to St. John of God Hospital, opposite. We have had a week of working in the Wards 6 am. to 12.45 pm., and after lunch attending clinic 1.30 pm. to 5.20 pm. We are all mad, because Sr. Harris has only taken us twice and has given us the impression she is not over-thrilled or interested in our school.

March 11 We did our Anatomy & Physiology and Hygiene Papers. I thought I would be running short of time, but instead I had 45 minutes to spare. We did a 2 hour General Nursing Paper in the afternoon - Easy.

March 12 We did our Practical Examination. I had to:-

- (1) Make up a 10 oz. solution of Dettol 1 - 20
- (2) Make up an operation bed
- (3) Discuss with Matron the observations a nurse would make regarding a patient's stools!!!
- (4) a. Do a mastoid bandage
b. Put on a triangular bandage.

WHACK OH!! EXAMS ARE OVER!! The next week I was sent to Ward 10 which is repatriation.

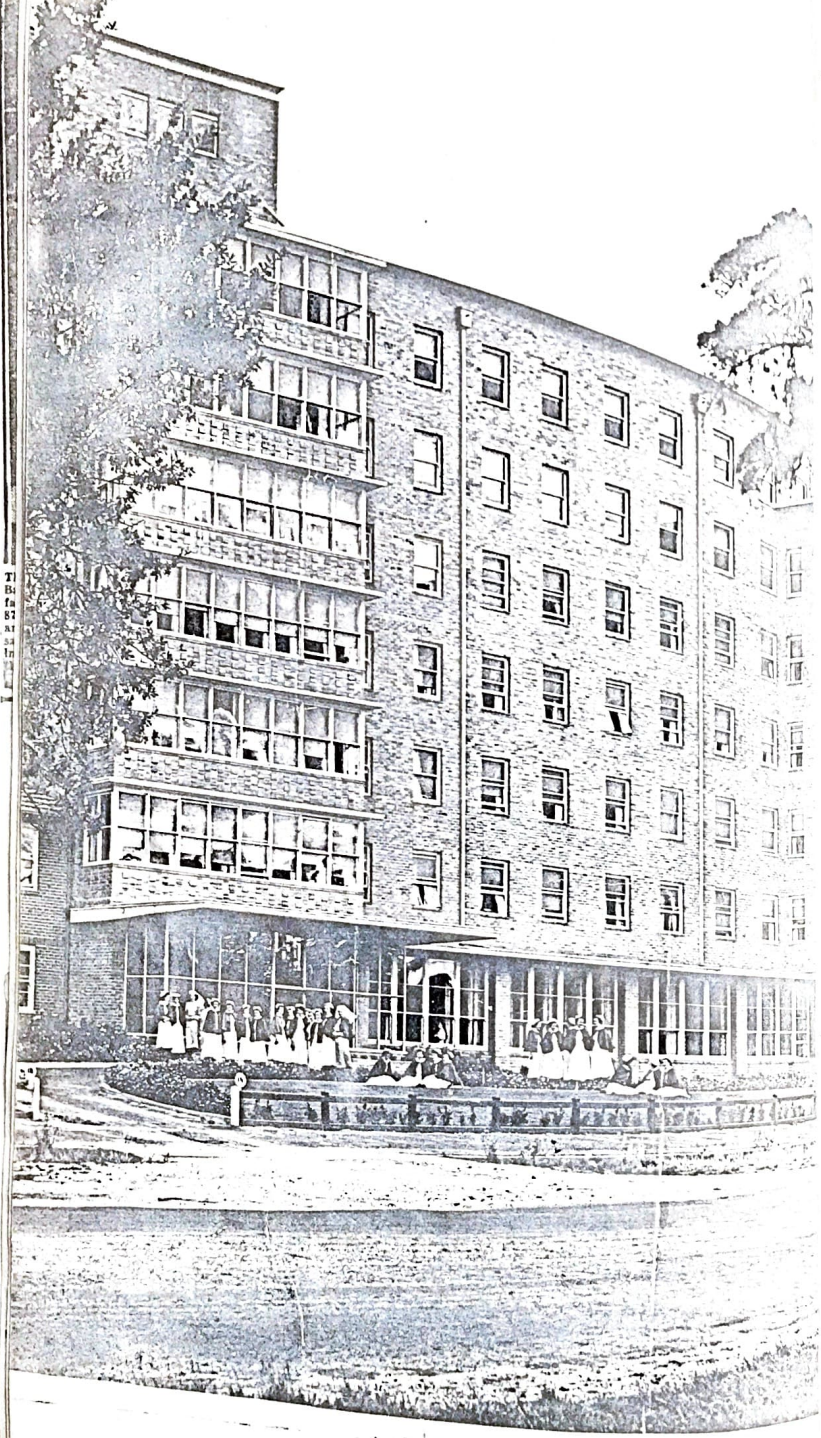
March 17 On my day off at home I painted an old roasting dish blue, took it back to Ballarat and planted it with cacti.

April 2 Results of our First Professional Exams are in today's paper, and we all passed.

April 17 My 18th Birthday; so I was able to put up my 'frills' i.e. A different cap with frills for 2nd year.

April 29 I removed sutures for the first time - tension sutures from a laparotomy incision.

April 30 Had our final choir practise at the Alfred Hall in preparation for Graduation on May 1st. Lynette Kierce, a singer who works on the B.B.H. switch, conducts us. (She later married Keith McMullin, chief clerk of B.B.H., and they went to live in Stawell, my home town. Keith has been the Manager of Stawell Hospital since early 1954.



NURSES BOARD, VICTORIA.

Nurses Act.

First Professional Examination.

MARCH, 1953.

JUNIOR GENERAL NURSING PAPER.

Time allowed: Two hours.

IMPORTANT.—READ your questions very CAREFULLY.
ANSWER ONLY WHAT IS ASKED as no marks will be given for irrelevant matter.

SECTION A.

Two questions ONLY to be answered.

1. Describe in detail how you would sponge a sick helpless patient. —[20 marks.]
2. What observations should a nurse make in regard to a sick patient—
 - (a) On admission;
 - (b) During the first twenty-four hours in hospital! —[20 marks.]
3. Describe in detail how you would take a patient's temperature orally. At what other sites may the temperature be estimated? Discuss the advantages of each site used. —[20 marks.]

SECTION B.

FIVE questions ONLY to be answered.

1. How would you clean and sterilize for use again—
 - (a) Glass connection;
 - (b) Surgical scissors;
 - (c) Artery forceps! —[12 marks.]
2. How many minims in 1 ounce? *480*
How many cubic centimetres in 1 ounce? *20*.
How many ounces in a litre? *55* —[12 marks.]
3. Give six important points you would observe to ensure that your patient may enjoy her dinner. —[12 marks.]
4. You are nursing an infectious patient in a hospital ward and you are about to remove a bed pan.
Describe:—
 - (a) How you would dispose of the excreta.
 - (b) What you would do before attending to another patient. —[12 marks.]
5. Name six nursing measures which may be used to promote sleep. —[12 marks.]
6. Describe how you would give a dose of Aspirin mixture to a patient. —[12 marks.]
7. What are the responsibilities of a nurse when sitting a patient out of bed for the first time? —[12 marks.]

Their Hospital Is Just Like Home

SHORTAGE of nurses? We don't notice it," Bluff, hearty Joseph Plummer, secretary manager of the Ballarat and District Base Hospital, meant what he said. They're nicely fixed for staff at Ballarat.

The reason is obvious. Dominating the hospital is the seven-storied Nurses' Home, one of the most modern and luxurious in the Commonwealth. For the 132 girls living there, it combines the amenities of a luxury hotel with the protection and comfort of their own homes.

But in what private home would girls have a hairdressing salon of their own, a milk bar on the premises for snacks and drinks, lecture halls with parquet floors that are wonderful for dancing with the dears moved out? These are only some of the things that make life pleasant in Ballarat.

"The girls need them, too," says Joseph Plummer. "Nurses in training must live away from their own homes. The substitute should be as good as we can give them."

The happiness pervading the new Nurses' Home is not due altogether to its physical comfort. It seeps down from the top-level conferences between Matron Langham and Secretary Plummer. Matron Langham is charming and understanding; Joe, Plummer cheerful and practical. The Ballarat district proved that the community backed them as a team when local sponsors came forward to finance the furnishing of the new Nurses' Home.

Bold use of color

Building began in 1947. It was officially opened four years later on November 21, 1951—an L-shaped wing which will eventually be extended as the current hospital rebuilding programme is completed.

Color, used boldly and with imagination, is its most striking feature. The contrast of one terracotta and three turquoise walls announces this in the entrance hall. The ground floor has been given over to general rooms, lecture halls and amenities.

Several girls came off duty as we went down the main corridor and we followed them into the milk bar, where color has run riot in coral and turquoise walls and a harlequin ceiling. There was a milk-shake party on at the bar.

"You feel off-duty just to walk in here," said Nurse Joyce Buckland over the rim of her chocolate malted.

To illustrate how the visitors' room is partitioned for privacy, we photographed Nurse Joyce Ladyman entertaining a beau. "We can have our boy friends to visit until 10 at night," Joyce said. "Before we moved to the new Home there was just no place at all to talk to them."

Business was brisk in the hairdressing salon, where the service goes on from 2 p.m. until 6 p.m. In the music room next door, someone was playing Chopin. "Since we've had the music room, four of the girls have begun piano lessons," Matron Langham told us.

Buttercup curtains

Past the formal elegant sittingroom, which is used for official entertaining, are the lecture rooms. Hard to feel dull at a lecture when the curtains are buttercup yellow and the chair seats are red or blue leather. Preliminary training classes here are a gentle introduction to the profession.

Upstairs every floor was active with its own intimate life. Each floor has 32 single bedrooms, more than ample bathroom space, a private sitting room known to the girls as the "smoke-room," and a gleaming laundry to cope with odds and ends too fragile to send to the hospital laundry. We found Nurse Jean Donohue in a dressing gown, about to rest after duty.

"We work a 40-hour week here," Matron Langham explained. "We've plenty of staff, so there's no need for overtime. That's how it should be and that's why in modern nursing the nurses' quarters should be a real home where they can develop outside interests. All our girls can follow their hobbies and entertainments right here at home."

They were doing just that as she led us into the sunny, glass-walled smoke room. A dozen student nurses were having cups of tea and talking, there was a record on the radio-gram and a buzz of laughter.

"This is where we relax," Nurse Adele Tyler told us. "We can wear any old thing and really feel at home in the smoke-room."

A good reason in itself why an assignment to the Ballarat and District Base Hospital is one of the plums of the nursing profession.



BEAUTY SALON is an important and much appreciated part of the Nurses' Home. The girls like being able to have their hair done without leaving the hospital.



PHONE CALLS can be made from four public telephones in special sound-insulated booths. The girls have many friends in Ballarat, and the phones are always busy but never crowded.



PARTITIONS in the long visitors' room ensure privacy and make entertaining easy. Here Nurse Ladyman and a friend have a cup of afternoon tea.



MILK BAR is always a popular spot with the nurses. It is next to the visitors' room and provides a place where the girls can entertain friends.



BEDROOMS are airy and spacious. Much of the furniture which is made of Australian hardwood is built-in for greater convenience. There are 180 single rooms in the Home.



RADIOGRAM provides a wide variety of music. "We have much fun with it," said Nurse Coper. "It was worth the trouble raising £80 for it."

1953

May 11 My first day in Ward 2 (Male Surgical). Next day was hectic with 3 operations and 3 admissions. On with Mr. Scuttis, who is really good. I watched her remove 20 sutures from a gastrectomy incision.

May 18 Mr. Osborne died and with Mr. Donnelly I did my 2nd lay-out. Was Donnelly's first morning back after 3 months off.

May 22 Donnelly off sick, so I was senior nurse on duty. At 8.40 am. Mr. Penhall went blue and died very quickly from pulmonary embolism. Mr. Penhall had had a cholecystectomy the day before. He was only about 40 years old, and it gave us a shock and upset the other patients in the 4 bed ward.

May 23 HOLIDAYS!! Off at 11 am., so was Julie. We shared a taxi to the station with Irene Thompson. I wore my new grey wool suit with sun-ray pleated skirt. Bought a rail ticket from Ararat to Adelaide for £4/16/0 (\$11.20).

May 29 Few days at home then went to Adelaide for two weeks.

June 16 Returned to Ballarat for my 2nd year. Julie and Marg were also back, and we were all depressed at the thought of work. At 2 pm. we reported to Matron who asked all about our holidays. She told us it was now time we should be reading about our cases and understanding and asking WHY certain things were done. 2.15 pm. I started work in Ward 1. After being away from sick people for 3 weeks, I felt sick myself, looking at them. By the end of my 8 hour shift, I'd got over that, and could think of little else but my aching legs; the worst I recall.

June 17 A man was admitted to Ward 2 after having been stopped on his way to work by a new Australian. He'd been asked where tomb stones were made, then shot through the shoulder.

June 18 I was senior nurse on after 10.30 am. I had a great day removing sutures from 2 nephrectomy wounds and doing the first dressing on a new colostomy.

June 19 I removed Michel clips for the 1st time - 15 in all. I also took blood for the first time; for cross typing. Sr. Buckland helped me and we were both surprised when I got it first go. This year ('82) I started taking blood again after a lapse of 25 years and got it first go.

June 23 Mr. Joy Stone had an appendicectomy. I prep'd her and watched her post-operatively with Matron hovering around.

June 25 I was senior nurse on pm. shift. At 7 pm. as we put Miss Thompson on the theatre trolley, she had a spasm like an epileptic fit which Dr. Hercules said was probably a reaction to her pre-med. of Hyoscine. It gave us a fright. Was a hectic night - 16 sedatives and 3 extra dressings and the late theatre case. Got off duty 30 minutes late.

June 28 Sunday. All was quiet until the phone rang from casualty at 4 pm. and next thing we had a 70 year old lady in shock ward as a result of an R.T.A. which Barb had seen. She thought of me on duty but little did she know I was to be specialling her for the next 4 1/2 hours. Mr. Drury found she had surgical emphysema around the Rt. clavicle which I had not felt before (or since) Dr. McDonald inserted an aspiration needle but little air was withdrawn into the bottle. I took blood for 2nd time.

June 29 A young footballer was admitted after a head injury. He seemed O.K. but suddenly went unconscious. They did a trephine to release a blood clot, but he died.

July 23 We all had our paratyphoid injections today and all had reactions. I vomited once and have a stiff arm.

July 29 Two boys were admitted following an R.T.A. One died of head injuries and his pillion rider, Noel Boag, a former school friend of mine has a fractured tibia and fibula. I thought it was awful that Noel was not told of the death of his friend Ken, but that he read it in the paper the next day.

August 12 My last day in Female Surgical. I think Sr. Ebersley the Charge Sister is a wonderful nurse and person. Tomorrow I face Ward 5 and Sr. Ada Cooper!!



ARRO, PHARMACIST
ED. SUP.



Anstis relaxes comfortably as he does to the hospital's use but



Picture the capacity of a 125 gallon tank. That is the amount of blood which is used in a year at the Ballarat Base Hospital.

There are many people walking the streets of Ballarat today who owe their lives to some of this 1000 pints of blood, and to the 1000 donors who supplied it to the hospital.

The extensive use now made of blood transfusions is one way in which war has repaid some of its debt to humanity. The tremendous advances made in this field during the war, particularly in the treatment of front-line casualties, led directly to its adoption as a vital part of all hospital routine.

There are two different types of cases in which blood transfusions are used.

Advance Planning

Firstly, the organized operations, planned in advance, for which it is known that blood may be required.

Then there are also the many accidents and other emergencies in which blood must be supplied at a few minutes notice.

In this regard the hospital's blood bank, 25 pints were sent out in the past year to meet emergencies in country hospitals.

Whatever the type of case it is never just a matter of taking blood from one person and giving it to another.

From the time the donor is bled by highly skilled members of the hospital staff, a complete system goes into action. The blood has to be grouped, typed and cross-matched to see that it is compatible with that of the person who is to receive it.

The blood of 60 per cent of the donors is in the 14 group B, 30 per cent A2, and the remaining 10 per cent. In the comparatively rare A1 and A groups.

In addition to the testing of the 1000 pints of blood donated in the last year, 250 antenatal cases were also grouped and tested for the rhesus factor.

After testing, the blood is stored at the hospital for a maximum of three weeks in special refrigerators. Operation is employed for half an hour every day sterilising and preparing the necessary equipment for this vital service.

Not all the blood received is used in the hospital.

Left: Mr E. McDonald, who underwent a major thoracic operation 10 days ago, received six pints of blood in 12 hours. He is now making rapid progress towards recovery. With him is Sister E. Cooper.

HIGH HONOR TO BALLARAT NURSE

Ballarat Base Hospital nurse Sister Helen Adair has been awarded the Sister Madge Kelly memorial prize. This follows her success in December last when she obtained the highest marks in the Nurses' Board final examination.

SEPT. 53

The Sister Madge Kelly prize was founded in memory of Miss Kelly, who was a trainee at the Alfred Hospital and later a sister at the training school.



SISTER ADAIR

By her unselfish and untiring devotion to duty she endeared herself to patients, doctors and nurses with whom she worked.

The annual examination for the award is a written one and consists of a paper on advanced nursing questions. It is open to any registered nurse who is a member of the Royal Victorian College of Nursing within 12 months of obtaining her hospital certificate.

Entrants, however, must be recommended by the Matron of their training school.

Before the start of her training, Miss Adair spent two years' at Invercargill Training Hostel where she obtained her home craft certificate.



1953

August 14 Sr. Cooper sick in bed today and there she remained for the next 3 weeks. She and 'Brown' and Sr. Elaine Cooper from Chalet smoke heavily and all have smokers coughs + I was only in Ward 5 for 3 weeks and 'Coop' said she was sorry I was leaving so soon; that was not how I felt at the time. The new bay system of nursing started the following week.

August 19 Busy Saturday afternoon. Mrs. Patterson was admitted unconscious to Special. What a job trying to tidy her up. Her toenails were 2" long and thick and horny and curled around like some sheep my father has. Her hair was a large matted tangle. She was the most neglected human being I have ever seen. And for Sr. Ekersley too, after 22 years of nursing. She died without regaining consciousness.

September I have now saved £12 (\$24.00) towards a trip to Brisbane in my next holidays in May '54. Barb was saving too - to get her 'box' together so she could marry Doug Campbell when she finished her training. To get extra money the two of us used to do house cleaning. One was a real stately home owned by Barb's former boss, and another was the home of an elderly past trainee. We worked hard for our 10/- a morning and then we often had to go on duty for an evening shift. (The whole venture was very worthwhile for Barb got her lined and married Doug, and I got to Brisbane and there met my husband to be).

Sept. 23 Helen Adair is now the second nurse from B.B.H. to top the State Final Exams. She was awarded the M. Kelly Prize. I have now been in the T.B. Chalet 2½ weeks. Today 3 patients went to theatre for a bronchoscopy by Mr. Keith Morris of Melbourne. We were allowed to go and watch, so Alison Brennan went over with George Johnson. Judy Tantau went with Mrs. Smythe and I went with Mr. Sutherland. Sr. E. Cooper had renal colic during the night and I had to do the preps. and pre-medications. I was 1½ hours late off duty.

Sept. 24. Barb and I went to Melbourne for the Show. I'd never been before, but Barb had, as she did her schooling at 'Fintona' and had lived in Melbourne. By 2.30 pm. we were in Melbourne and had booked 2 single rooms at a Hotel opposite Spencer Street Railway Station, and were on our way to the show. We bought 7 sample bags between us. We'd planned to stay for the evening events but were too foot sore and tired, so at 5 pm. we went back into the City. Had tea at Toby's in Collins Street and then saw 'The Seventh Veil' at the Grosvenor. The best show we had seen in ages. We were so scared at the hotel that we abandoned one room and slept together in the other. What a night - I woke up every hour and was suspicious of every creak. Was probably the first time I had ever stayed in a hotel, and we didn't have any idea what the place was like.

Sept. 25 We had breakfast at the hotel dining room, packed and put our cases in the Spencer Street Cloak Room. Blow me down if we didn't bump into my brother Kevin, who had just arrived from Stawell for the Show with a group from Technical School. Barb and I shopped in the City then caught a tram to Toorak and saw the home where Barb's Aunt and Uncle (Dr. Rawlings) live; also entrance to her old school. Returned to Ballarat on 5.30 pm. train.

Sept. 30 George Johnson had a segmental resection of his L.U.L. today. This was my first experience of chest surgery and I loved it. Mr. Cornthwaite specialised him at night, Marg Kelly for 2 hours, and me the rest. The 3 important "UPS" of chest surgery were drilled into the patient before operation. Sit up, Cough up, Spit up. Mr. Dick was in and out and helped when the very important spit ups, didn't. 'Ducksie Dick' had a lingo of his own which was unorthodox and not found in text books. He would arrive and ask 'Ducks, has he P.U'd? If you could latch-on to his talk and show interest, he would explain many things and also let you have a go at procedures not normally done by nurses.

October 22 Mrs. Smythe a past trainee in her 30's had her middle and lower right lobes of lung removed today. I specialised her on alternate shifts with Mr. McMichael. (Mrs. Smythe was finally discharged in February 1954).



AND HERE Nurse Kathleen Flynn tempts one of the hospital's more youthful patients with a tartan to die.

Materia Medica Examination.

December 18th 1954

Time allowed: 2 1/2 hours.
Each question 20 marks.

Give the adult dose and methods of administration of the following:

- (a) Morphine hydrochloride. $\frac{1}{2} - \frac{1}{4}$
- (b) Ephedrine. $\frac{1}{2} - \frac{1}{4}$
- (c) Hyoscine Hydrobromide. $\frac{1}{2} - \frac{1}{4}$ 100 - 200 15
- (d) Phenobarb. $\frac{1}{2} - \frac{1}{4}$
- (e) Aureomycin. 250 mgms to 1000 b.d. 15

Give an account of the drug digitalis under the following headings:

- Action.
- Methods of Administration.
- Dosage.
- Toxic effects.

Name some of the other drugs used in the treatment of cardiac disease

In what conditions is streptomycin used?
State the dosage, methods of administration and toxic effects of this drug.

- (a) Explain the terms "active" and "passive" immunity. Give an example of each.
- (b) Discuss the abnormal reactions which may occur during the course of serum therapy.

Write an essay on drugs used for the purpose of diuresis.

0 or 10

EYE EXAMINATION.

Time: 2 hours

- 1. Draw a cross section of the eye not including the lids or muscles and label the anatomical structures.

Write a note of not more than one line each on the functions of these structures.

- 2. Give an account of the preliminary nursing pre-operative treatment of a patient admitted for an intra-ocular operation.

- 3. State the special theatre precautions to be adopted in handling the following instruments -

cataract knives,
suture needles,
keratomes and de Wecker's iris scissors.

- 4. Write a few notes and nursing treatment on the following:

- (a) acute conjunctivitis. 7.
- (b) acute glaucoma. 7.
- (c) acute iritis. 4

650

1954
outside, the warmth of May weather, seeing bananas, pineapples, pawpaws, poinsettia, monstera deliciosa and a host of other tropical plants growing for the first time.

May 22 I started work again, this time in Ward 3 (Babies)
June 11 I commenced in theatre. Julie, Anne and Pam were already working there.

June 14 I did my first 3 scrubs. After lunch Sr. McDonald had shown me how to put on gloves and the next thing she had me scrubbed for the repair of an umbilical hernia. Then I helped 'Pixie' with two tonsillectomies.

August 5 A DAY IN THEATRE!! The staff were:-

- Sr. McDonald, Charge Sister
- Sr. Hardstaff, Staff Sister
- Dr. Kathleen Blott, Anaesthetist
- Trainee Nurses:- Julie Hourigan, Anne Mathew, Pamela Knipe, Jennifer Dunstan, Margaret Thomas.

Julie and I went on duty at 7.45 am. and were also on call that evening. We both finally got off duty at 11 pm. having worked 14 1/2 hours. In all we had 10 cases through our two theatres and were kept flat-out all day. Mr. Skewes was operating in the morning and Mr. Drury in the afternoon. Sr. McDonald was in a state of panic all day and at 12 midnight Julie, Jenny, Anne, Pam and myself sat down and roared laughing at the funny incidents which occurred during the day.

1. Sr. Mc. to Pam, "Get in there and make yourself useful" and to Julie two minutes later "Get out of here; I either have no nurses or the whole lot".
2. Anne very efficiently bringing the bassinet right into the theatre during a caesar, and, meeting the stares of surgeon and sister beat a quick retreat. Oh well, it WAS only her second day in theatre.
3. Me looking up to find Sr. Mc. had snatched the sucker out of my hand during an operation.
4. To me, "Five minutes wasted looking for a kidney dish, mumble mumble, I've had this place" says Sr. Mc.
5. Pam and Dr. Blott have I.V. trouble and Pam admitting, "Yes, Dr. Blott, I made them up".
6. Anne gashing her hand while scrubbed for W.R. Griffiths and unsterilizing a tray. Julie rushing to scrub in her place, and Anne, blushing, making a quick exit. Such is life in theatre - though this was unusual.
7. Julie chalked up her 20th major scrub. (I think this was the number we were all supposed to do during our training)

August 2 We sat for our Ophthalmology examination

August 23 Marg Arthur and I got some good surgical experience while working in Ward 2

August 27 We sat for our Urology examination.

October 1 We had our Childrens Nursing Exam. M.E. Thomas got 100%.

October 15 Sr. Johnson reduced me to tears in the milk room today then she gave me an aspro and sent me off duty for 10 minutes to recover (This was the first time I broke down during my training)

October 22 We sat for our Medical Exams. Dr. Sheil took us for lectures over a period of 9 months. He talked over our heads and then wrote sarcastic comments on our exam papers. About this time we also did written exams on Surgical, Materia Medica, Gynaecology and General Nursing. We had lectures on Ear, Nose & Throat from Dr. 'Creeps' Lopas, but not an exam. He married during our training and his wife, Elly, a real glamour puss, did anaesthetics.

October 24 Barb and I had an interest^{ing} conducted tour over the new St. John of God Hospital opposite our Nurses Home. It is beautiful and has everything. We saw a babe in a prem. incubator, Mr. Davidson's own urology theatre, and E.N.T. theatre and two major theatres with the most colossal light we'd ever seen - it was nine lights within one and the whole thing moved easily in any direction. The nun in the kitchen gave us a jar of marmalade she had made herself. She decorated cakes beautifully too.

5

SURGICAL NURSING.

PART A.

Answer any 2 questions

1. Give nursing details of preparation and after treatment of a operated on for Acute Intestinal Obstruction.
2. Describe the post-operative treatment after radical mastectomy.
3. Give in detail the nursing of a child of 2 years of age suffering from third degree burns of the back and abdomen.

PART B.

Answer any 3 questions

4. What do you understand by:
 - (a) Fistula in ano.
 - (b) Cerebral irritation.
 - (c) Foot-drop.
 - (d) Lumbar puncture. *X*
5. How would you prepare for
 - (a) Blood transfusion.
 - (b) Passage of male catheter.
 - (c) Examination of ear in small child.
 - (d) Vaginal examination.
6. Give the preparation for putting a complete Plaster of Paris on a leg: what precautions are necessary after application of it.
7. What are the nurse's duties in a case of fractured tibia and being treated in skeletal traction?
8. Give post-operative nursing of a case of undescended testicle.

UROLOGY.

Time: 2 hours.

1. (a) Why may it be necessary to make a cystoscopic examination? (15 marks).
(b) Give a detailed account of the set up necessary for this procedure. (15 marks).
2. What is meant by the following terms:
 - (a) Anuria.
 - (b) Polyuria.
 - (c) Haematuria.
 - (d) Haemoglobinuria.
 - (e) Dysuria.
 (10 marks).
3. Discuss the after treatment of retropubic prostatectomy, making reference to the treatment of the shocked patient. (30 marks).
4. Discuss what you know about renal function tests.

CHILDREN'S NURSING.

Describe in detail the Nursing treatment of a child suffering from acute Rheumatic Fever.

Describe the condition known as Pink Disease in Children and detail the nursing and management of a case.

Give an account of the pre and post operative nursing of a baby suffering from Intussusception.

Ammonia
ing irrigation
medicinally
altered caecal valve
incisions
Triiodoemia

26: 11: 54.
Time: 2 hours.

DR. Greening.

Gynaecology PAPER.

1954.

6 Questions to be answered.
(Questions 1, 2 and 3 compulsory)

1. Discuss the physiology of menstruation. (9 marks)
2. Outline the pre-operative care of a patient who is to have a major gynaecological abdominal operation. (20 marks).
3. Describe the post-operative nursing management of a patient who has had a colpoperineorrhaphy. (20 marks).
4. Give the main causes of abnormal vaginal bleeding. (17 marks).
5. Discuss the treatment of an abortion complicated by infection. (17 marks).
6. Write brief notes on the following conditions:-
 - (a) Carcinoma of cervix.
 - (b) Ruptured ectopic gestation.
 - (c) Uterine fibroids.
 - (d) Acute salpingitis.
 (17 marks).
7. Give the meaning of the following terms:-

Dysmenorrhoea. Difficult & Painful
Inevitable abortion.
Gilliam suspension.
Myomectomy.
Retroversion
Endometritis.

 (17 marks).

Time: 3 hours.

SECTION A.

Two questions only to be answered.

- S. 1. A young adult is admitted to Hospital for a Nephrectomy. Discuss the pre-operative preparation including special investigations that be performed, and describe the nursing management of this patient.

OR

- S. 2. (a) Describe the signs and symptoms of a patient admitted with recent severe head injury.
(b) Outline that will be given, with special mention of records to be kept, describe general nursing care of the patient until recovery.

- M. 1. Give the nursing treatment of a child of 12 months, admitted with severe attack of gastro-enteritis.

OR

- M. 2. Outline the nursing care and treatment of a young adult admitted with diabetes. What instructions should be given him on leaving Hospital?

SECTION B.

Only SIX questions to be answered.
(Three medical and three surgical)

- S. 1. Describe the post-operative feeding routine for the first week, in a patient who has had a partial gastrectomy.

- S. 2. What are the common post-operative complications. Outline the treatment necessary for any two of these.

- S. 3. Write brief notes on FIVE of the following:

- (a) Cataract.
(b) Otitis media.
(c) Ureteric Calculus.
(d) Tetanus toxoid.
(e) Vesico-Vaginal fistula.
(f) Complicated fracture.

- S. 4. What would you do in the following emergencies.

- (a) Carbon monoxide poisoning. (b) Burst abdomen.
(c) Foreign body in ear.

- M. 1. Write a brief account of acute streptococcal tonsillitis, and mention the late complications that may occur.

- M. 2. Discuss the principles of diet in the treatment of:

- (a) A patient with Infective hepatitis.
(b) Cardiac failure with oedema.

- M. 3. Define the following and mention a disease in which each is likely to occur

- (a) Haematuria. (d) Clubbed fingers.
(b) Orthopnoea. (e) Tiamitus.
(c) Haematemesis.

- M. 4. State briefly what you know of the uses, methods of administration and toxic effects of:

- (a) Streptomycin. (c) Atropine
(b) Bromide (d) Digitalis.

CREDITS [OVER 80] ON THIS PAPER WERE GAINED BY:-

JULIE, GABLE, ANNE, TOMO & JOY.

1954

December 2 I was so glad to be finished in Ward 3 as I did not hit it off with 'Johno' this time. Its the only ward I have been pleased to leave. We had a few 'regular' patients such as Michael Waite and George Cracknall with exzema. At the time no visitors were allowed in Babies ward. About this time a new system began whereby parents could visit their children IN THE PASSAGE. We had to wheel them out in their cots. This was an obstruction to us and hardly conducive to the parent-child bonding process. Sr. Johnson actively discouraged parents from visiting their sick children unless it was for the purpose of breast feeding. She thought it would upset the children. Not being a mother herself she never understood the anguish this could be for parents and the trauma it caused the child. When we had a lot of feeds, we used to prop the kids for their 10 pm feed (this was strictly forbidden). Occasionally, 'Johno' would do a quick check around 11 pm. after a concert. Johno's favourite phrases included "Who's second junior on? Your job is to keep those children happy and contented. Hear that cry (one of 7) what kind of cry is that?" Then she'd do an inspection to see there was a handkerchief (old linen) under the left hand corner of every mattress.

December 8 I started in infectious diseases (Ward 9) for the 3rd time during my training. This time Sr. Madge Williams was in charge and Ursula Walker the senior nurse, and me 2nd. For Christmas we painted scenes on the windows and they looked really good. We had Santa Claus coming down the chimney in the centre of the ward and masses of the most beautifully arranged flowers I have ever seen. 'Willy' is certainly a wizzard with flowers. I left Ward 9 at New Year and the following week they moved over into the new block called "Yuille House".

1955

January Alma Beattie and I are now the senior nurses in Ward 1. The new R.M.O's for the year are:-

- Ivan Alexander - The smoothie on the locse
Chris Louis - The curt - no funny business one, engaged.
George Latham - Approachable, not overly confident, shy nice guy
Norm Komesaroff - Confident, a little over bearing. Married to Norma the opera singer. As a G.P. at Sandringham about 1971, he died (M.I.)
Arthur Kendal - Quiet, confident, pleasant, slightly older with shiny head; married but still flirted.
'Pixie' Coltman - Does not inspire us with his confidence, though this is his second year.

Dr. Louis worked first in surgical. Mr. Dick let me do an intravenous cut-down and was so pleased. I took 15 minutes. Over the next month I did another three for Dr. Louis.

February 7 We commenced a week of Final Revision Block and then sat for Matrons' Hospital Exam. Julie, Mabel, Anne, Joy and I all got credits (80 or over)

February 4 We all had interviews with Matron in the course of paying our £2/2/- fee to sit for Finals. Matron invited Mabel Gallagher and I back to do our Staff year at B.B.H. Mabel is planning to do her midwifery at Q.V.H. but I will stay.

March 2 & 3 We all sat for STATE FINALS. Quite exciting as many of us received telegrams from our families and we each received a bunch of 12 gladioli from the hospital sisters. After the written papers, we had Orals. For Surgical Orals, I went to Mr. Skewes who asked me about the signs and symptoms of Thyroid Crisis; Complications of Thyroidectomy and Treatment. Identification of Numerous surgical instruments. ? Questions.

For Medical Orals, I went to Dr. Shiel.

We did a Practical Examination such as:

1. Apply an eye bandage
2. Set up tray for dressing & shortening of drain tube.
3. Set up tray for giving rectal paralyde.
4. Break down a drug - Hyoscine 1/100th giving 1/150th.

March 3 FINALS DINNER AT CRAIGS HOTEL
This occasion saw some of us the most 'dressed up' we had ever been. We all wore sprays of flowers given to us (by tradition)

— NURSES BOARD, VICTORIA.

Nurses Acts.

Examination in Surgical Nursing.

MARCH, 1955.

Time allowed: Three hours.

Important.—Read the questions carefully, and answer only what is asked, as no marks will be given for irrelevant matter.

SECTION A.

Allow approximately 1 hour 15 minutes.

Only two questions to be answered.

1. An elderly male patient is admitted to the ward with a fractured shaft of the femur.
 - (a) Describe your immediate care and preparations pending the arrival of a doctor.
 - (b) Discuss the after-care of this patient after reduction of the fracture.—[20 marks.]
2. Draw up a fluid balance chart for 24 hours for a patient who has had a gastrectomy performed and who is having intravenous therapy and continuous gastric aspiration. Comment on the reason for the use of the fluids you suggest. —[20 marks.]
3. Discuss the pre-operative nursing care and investigation of a patient about to have a nephrectomy. —[20 marks.]

SECTION B.

Allow approximately 1 hour 45 minutes.

Only FIVE questions to be answered.

1. A patient is to have a blood transfusion.

Discuss the responsibilities of the nurse before and after this procedure. This does not include the setting of the trolley. —[12 marks.]
2. Discuss the first aid treatment of—
 - (a) Electric shock;
 - (b) Apparent drowning;
 - (c) Fractured radius.—[12 marks.]
3. Discuss the nursing management of—
 - (a) Post-operative hiccough;
 - (b) Post-operative retention of urine;
 - (c) Post-operative flatulence.—[12 marks.]
4. You are notified that an anaesthetized child is ready for transport back to the ward. What are your responsibilities from receipt of the message until the patient is fully conscious? —[12 marks.]
5. Define the following:—
 - (a) Tenesmus;
 - (b) Paralytic ileus;
 - (c) Artificial pneumothorax;
 - (d) Secondary haemorrhage;
 - (e) Complicated fracture;
 - (f) Pulmonary embolism.—[12 marks.]
6. Write short notes on—
 - (a) Surgical emphysema;
 - (b) Hydatid disease;
 - (c) Dilatation and curettage.—[12 marks.]

By Authority: W. M. HOUSTON, Government Printer, Melbourne.

NURSES BOARD, VICTORIA

Nurses Acts.

Examination in Medical Nursing

MARCH, 1955.

Time allowed: Three hours.

Important.—Read the questions carefully, and answer only what is asked, as no marks will be given for irrelevant matter.

SECTION A.

Allow approximately 1 hour 15 minutes.

Only two questions to be answered.

1. Discuss the nursing care of a comatose patient on admission to hospital.

What observations would a nurse make and record? For what investigations would she prepare? —[20 marks.]
2. Describe the nursing care of a patient with myocardial infarction (coronary occlusion) accompanied by severe shock. —[20 marks.]
3. Outline the preventive treatment in the following conditions:—
 - (a) Infective diarrhoea;
 - (b) Diphtheria;
 - (c) Poliomyelitis;
 - (d) Pulmonary tuberculosis.—[20 marks.]

SECTION B.

FIVE questions to be answered. QUESTION No. 1 is COMPULSORY.

1. Your patient is ordered a hypodermic injection of morphia gr. $\frac{1}{4}$. The ward stock is in a solution of 15 minims equals gr. $\frac{1}{4}$.
 - (a) What quantity would you give?
 - (b) How would you arrive at this dose?
 - (c) What precautions do you take in giving the injection?
 - (d) What records do you keep?—[12 marks.]
2. Write brief notes on—
 - (a) Vitamin B 12;
 - (b) Hypoglycaemic coma;
 - (c) Heparin;
 - (d) Otitis media.—[12 marks.]
3. State the principles of diet in—
 - (a) Peptic ulcer;
 - (b) Obesity;
 - (c) Ulcerative colitis.—[12 marks.]
4. Mention the important nursing points to consider when a patient is having—
 - (a) Sulphonamides;
 - (b) Thiouracil.—[12 marks.]
5. Enumerate the important points in the nursing of—
 - (a) a baby with infantile eczema;
 - (b) a child of 2 years with measles.—[12 marks.]
6. Give the doses, uses and signs of overdosage of—
 - (a) Digitalis;
 - (b) Atropine;
 - (c) Aspirin.—[12 marks.]

By Authority: W. M. HOUSTON, Government Printer, Melbourne.

DALLEY'S SUCCESSFUL

MELBOURNE, Fri.—Included among successful candidates at the recent nurses' final examination were the following:

Ballarat and District Base Hospital: Mary Jean Abernethy, Margaret Elaine Arthur, Alma Suzanne Beattie, Allison Elizabeth Brennan, Jennifer Constance Dunstan, Fay Kathleen Eudey, Mabel Therese Gallagher, Jolla Ann Hourigan, Edna Eulalia Howard, Pamela Kathleen Anne Mathew, Valerie Joy Menhennet, Barbara Rose Rawlings, Margaret Ida Thomas, Beverly Joy Wilson.



The President (Mr. F. E. Duncan) and Committee of Management of the Ballarat and District Base Hospital request the pleasure of the company of

Miss M. J. Thomas

at the

**11th Annual
Nurses' Graduation Ceremony**
ALFRED HALL
On FRIDAY, 22nd APRIL, 1955, at 8 p.m.

Guest Speaker: Miss MYRA ROPER, M.A. (Canarb. & Melb.) Dip. Ed. (London)
(Principal, University Women's College, Melbourne)

A. E. MILLER, Manager

BALLARAT BASE HOSPITAL
TRAINED NURSES' LEAGUE



50th REUNION

4th November, 1978

President: Mrs. JANET DALE.
Secretary: Mrs. URSULA CHALLIS.
Treasurer: Mrs. JOAN McMILLAN.



BALLARAT BASE HOSPITAL
TRAINED NURSES' LEAGUE

LIFE MEMBERSHIP

PRESENTED TO

Mrs. J. FOTHERGILL

J. ROSS, President.

L. WILSON, Secretary.

1955 by the school below (July '52). Mine was of red carnations, Gladioli and fern which looked good against the royal-blue shot-taffeta dress my mother had sent me for the occasion. Everyone looked beaut, but I thought Barbara Knight looked really terrific in her tailored rust linen engagement frock, teamed with a grey stole and gunmetal shoes. Dinner itself was fun as we related many funny incidents of our training to Matron, in a rare moment of informality. Matron then returned to B.B.H. for a Board Meeting and with Sr. Harris & Sr. Beverly we went to see a show at Her Majesty's Theatre. Then Jean & 'Bev' shouted us supper at the Country Club. We got to bed around 2.30 am. (I have never mentioned the restrictions about going out. I think we were allowed to sleep away from the nurses home two nights a week. We could go out any evening until 10 pm. To stay out later than that, we had to have a Late Pass and sign the book when we returned. Normally, this meant we could stay out 'till 11.30 pm. twice a week.)

April 2 Great excitement this morning for the results of our Final Exams are in the paper. The 15 of us who sat, all passed, and whats more, Anne Mathew became the 3rd nurse from B.B.H. to top the State Final Exams.

April 7 For those of us who had lost no days with illness or special leave, it was farewell day to B.B.H. I had to complete another 10 days as the minimum age for starting is 17 years.

March 14 I commenced on night duty as senior reliever and did 6 weeks. (see next page)

April 17 My 20th Birthday and I wore my sisters 'cap-tails' for the first time.

April 22 11TH ANNUAL NURSES' GRADUATION CEREMONY in Alfred Hall. Graduation ceremonies are held once a year so that we were the junior school graduating. At 6 pm. we attended a buffet tea put on by the President and Management Committee of the Hospital in the BoardRoom. I recall having trouble trying to extricate meat from the huge claws of lobsters. It was a very nice smorgasbord. It was an exciting night at the Alfred Hall where our friends and relatives had gathered to see us receive our Certificate & Badges. For those who excelled, there were book prizes. Miss Myra Roper, Principal of the University Womens College in Melbourne, was guest speaker and helped Matron with the distribution of prizes. The following third year prizes were awarded:-

Medical:

Surgical:

Urology:

Ear, Nose & Throat:

Gynaecology:

Childrens Nursing- Theory:

Practical:

Best Practical Nurse:

Highest Marks Throughout Training:

Special Prize for Good Ward Reports:

Matron's Special Mention for

Efficiency & Reliability:

Special Prize for Topping State Exams: Anne Mathew.

Assembled on the platform at Alfred Hall, we all recited the Florence Nightingale Pledge:

I solemnly pledge myself before God and in the presence of this assembly, to pass my life in purity and to practise my profession faithfully.

I will abstain from whatever is mischievous and deleterious and will not take or knowingly administer any harmful drug.

I will do all in my power to elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping, and all family affairs coming to my knowledge in the practise of my calling.

With loyalty will I endeavour to aid the physician in his work and devote myself to the welfare of those committed to my care.

And so with these high ideals, we launched forth into the world as Trained Nurses.

CAMPBELL-KNIGHT

THE marriage of Barbara Rose, only daughter of the late Mr and Mrs E. F. Knight, formerly of Melbourne, with Douglas Philip, third son of Mrs G. Campbell, of 409 Urquhart Street, Ballarat, and the late Mr I. Campbell, was celebrated at St. Peter's Church of England on Saturday. The ceremony was performed by Rev. L. M. Howell, and the bride was given away by her uncle, Dr. W. J. Rawlings, of Melbourne.

The bride's gown of white broaded faille was styled with a strapless fitted bodice with a matching jacket, and the full skirt was trained with a fish-tail. The jacket buttoned through to the waistline, was finished with a Mandarin collar studded in seed pearls, and long pointed sleeves. A pearl coronet held in place a finger tip veil, and a prayer book with a small trailer of gardenias and stephanotis was carried.

Mrs J. Wotherspoon was matron of honor. Her blue nylon tulle frock was mounted over blue satin and featured a full skirt and fitted bodice topped with a matching three-quarter sleeves jacket. A spray of pink carnations and azaleas with forget-me-nots was carried and Cecil Brunner roses were worn on the hair.

Mr John Bouchler was best man. The reception was held at the Alexandria. A honeymoon at Katoomba, the bride wore a grey and white self-patterned ensemble with black suede accessories. Her tiny feather hat fitted closely to the head. The couple's future home will be at 279 Grey street, Hamilton.



Mr and Mrs Douglas Philip Campbell snapped at their wedding reception at the Alexandria on Saturday.

1955

The marriage of Alma Beattie, daughter of Mr and Mrs F. F. Hocking, Tabbita, New South Wales, 50 Inn, elder son of Mr and Mrs K. A. Mann, 22 Ajax street, Ballarat, will be celebrated on September 10, at 12 noon at Skipton Street Methodist Church. Reception at Wattle. 1955.

Conducted By "Adela" 1955

WED AT STAWELL WOTHERSPOON-KNIPE



Mr and Mrs John Deardon Wotherspoon pictured after their marriage at Holy Trinity Church of England, Stawell.

The bride, Pamela, is the youngest daughter of Mr and Mrs D. Knipe, of Seaby street, Stawell. The bridegroom is the eldest son of Mr and Mrs J. Wotherspoon, of 1515 Sturt street, Ballarat.

D. Sneddon, of Beaufort, gave the bride a shower tea at the home of Mrs Sneddon.

The bridegroom was given a party at Beaufort, by his men friends, who came from Ballarat and surrounding districts. He was presented with a clock.

After the ceremony, a reception was held in the Masonic Hall, Stawell.

P.M. WEDDING PARTIES

Before the date of the wedding several parties were given to the bride and groom. Mr and Mrs Welch, of Stawell, gave a buffet dinner at their home. There were about 50 guests present who brought gifts of linen.

Mrs Arthur Graham and Mrs

1955.

March 14 to April 24. More about that last hilarious stint on Night Duty as Senior Reliever. Nurses on during that period were Dot. Wilkie in Wd.1, Marie Franklin Wd.2, Connie Bayne Wd.3, Rita A'Hern Wd.5, Dawn Brown Wd.7, Dot Crick Wd.8, Wendy Hawker - Betty Crick Wd.9, Marcia Cockrane Wd.7, Myrna Tonks (Med Rel), Joy Ross (Rel 3) and Jenks (Surg Rel). Sr. Mc Kinnon was in Charge and Joan Sharp announced her engagement on March 16th had a party during the night.

March 21 We nurses had a float in the Begonia Festival procession and called it "Down to bare bones" Win Menadue was dressed as the Tutor Sister and was instructing us in anatomy; the pupils being Jan Dyson, Errol Plummer, Betty Crick, Margaret Thomas, Francis Miekeljohn and Nurse Michelle.

April 2 The great day is here,
And without a tear
For our exams we all did pass
With Anne Mathew collecting the brass.
The night came and a face appeared
That should have been in bed;
But piglet trotters had to be prepared
For us six to be fed.
The guest, myself, Oh be spared
A speech by 'THE COUNT' was dared.

M.I.F.

ALL ABOUT NIGHT DUTY.

With apologies to none.

With my black button boots on the fender,
And my ear trumpet by my knee,
I'll tell my great grandchildren
Of the days that used to be.
Of course there were Maccor and Sharpy,
And Tommo and Hawker and Dot,
(I'll always remember a hat with a rose,
Although I'd rather not!!)
And Stinky and Stonks and Dawny Ducks,
Nashie was neverblue,
Jenks knew all about car keys,
And then, Yours Truly too.

I'll pour a third strong cup of tea
And put it on the hob,
And tell about the exploits
Of our queer frustrated mob.
There'll be a yarn of a one wheeled bike,
And a feast of piglet trotters,
And a mad wild ride to a Black Hill spree,
(We were excellent torchlight spotters).
I must just add a few lines more
About a something for Sharpy's door
There'll be a tale of a mop and a veil,
And pantry doors on various floors,
Of no parking signs, and penny fines,
(The new Archangel Hospital wing
Is now accepted as just the thing).

So I'll pour a fourth strong cup of tea
And put it on the hob,
And chuckle over the exploits
Of the wild frustrated mob.

By Marie Franklin.

HAPPY MEMORIES

NOVEMBER 1955



Nothing could have been more ideal for the annual reunion of members of the Ballarat Base Hospital Trained Nurses' League than the glorious weather of Saturday and the attractive modern setting of the spacious rooms of the hospital nurses home for the afternoon reception. Pictured at the dinner, which followed at Craigs' Hotel, are—from left—Miss Ethelwyn Pitts, Mrs L. McHardy, Matron Langham, Miss A. F. Roberts, and Miss Jean Harris.

The floral decorations were a feature. The beautiful blooms were magnificently arranged by Sister M. Williams with artistic blending of various colors.

Although guests were formally welcomed by the league president, Miss Jean Harris, the afternoon reception was happy and informal as is always the case when old friends meet.

A special welcome was given to Dr W. Sloss, who attended as representative of the hospital board of management, and Mrs Sloss, also to Miss Ethelwyn Pitts, senior sister of the Royal Melbourne Hospital, who dinner held at Craigs' Hotel in the evening, and Matron Langham.

Miss Harris also spoke with regret of the absence through illness of the secretary, Mrs A. G. Silvey, who was reported by Matron Langham to be improving, although not yet ready to see visitors.

On behalf of members of the league, Miss Harris presented to Dr Sloss a cheque for £50 for the hospital.

In reply, Dr Sloss expressed thanks on behalf of his colleagues for the donation. He also thanked the members for their hospitality and wished them a very happy reunion.

A busy afternoon tea was served, which gave the members additional time to mingle and exchange personal or family news.

Out-of-Ballarat members present were Mrs S. Willis Canterbury; Miss A. F. Roberts of Melbourne, who was formerly a trainee, sister and matron at the Ballarat hospital; Mrs L. V. Cobbleddick, Brighton; Sister C. E. McCinnon, Ararat; Mrs Stan Walker, Mornington; Mrs E. Widdura and Mrs L. McHardy, near Liss; Mrs R. G. McPhee, of Geelong; Mrs C. J. D. Singley, Orensevale; Willaura; Miss Tennant, Royal Melbourne Hospital; Matron McInnes, Clunes Hospital; Sister Dalby, Wile; Tweedle Hospital; Miss Mary Cunningham, Melbourne; Mrs J. L. Ryan, Learmonth; Mrs R. O'Connell, Melbourne; Mrs K. Edmonson, Addington; Mrs L. Lane, Ararat; Mrs J. Judson, Blampied; Mrs Kirk, Ross Creek; Mrs J. H. Garabrook; Mrs A. Hurl; Mrs A. Hunt; Mrs C. Hunt; Mrs H. Laver, Melbourne; Mrs E. E. Laver, Melbourne; Mrs J. Thurlfield.

the Royal Victorian College of Nursing Council.

Recently Miss Pitts was chosen to attend the World Health Organisation's nursing education seminar held in Fiji, and chose the activities connected with the seminar as a basis for her discourse.

Miss Pitts said the World Health Organisation was a branch of the United Nations. The objective of this branch was the attainment by all people of the highest possible standard of health. The headquarters were in Geneva, and there was a division of six regions.

Continuing, the speaker outlined the schedule drawn up for conducting the seminar, and the wonderful opportunity a meeting gave for a better understanding of the different races. She also gave details of the origin and appointments of the places of meeting.

It was noticeable, Miss Pitts thought during the various sessions held, thinking became more mature. Two important factors were observed, she stated, and those were co-operation, not competition; also, disagreement without discord.

This, the speaker said, would go a long way if observed with the solution of different problems. In conclusion, she said, change was inevitable in many things, but it must be gradual, and only by everyone actively contributing towards changing conditions could real success be attained.

The speaker was thanked by the president and Mrs M. Calbraith. Mrs E. G. Cameron, vice-president, paid tribute to the work of Miss Harris as president of the league.

The treasurer is Sister L. Molloy.

Preceding the dinner, all present remained standing after the singing of the National Anthem for a two minute silence in memory of several members who had died during the year, Beth Hughes, Lily Pratt, Annie Brown, Minnie Dreher, and Mrs E. Stubbs.

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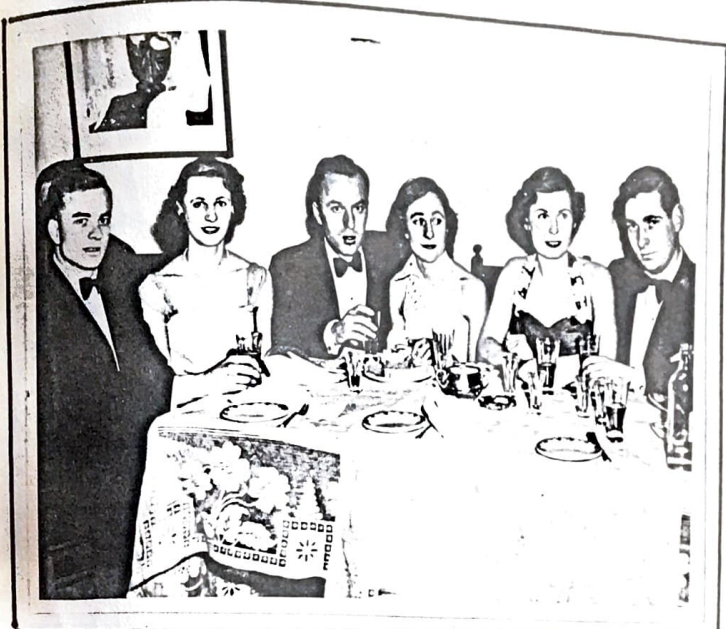
Preceding the dinner, all present remained standing after the singing of the National Anthem for a two minute silence in memory of several members who had died during the year, Beth Hughes, Lily Pratt, Annie Brown, Minnie Dreher, and Mrs E. Stubbs.

Serpentine; Mrs P. B. E. Warracknabeal; Mrs B. E. Hastie, Ballarat; Mrs M. E. Braith, Mt. Eliza; Mrs D. Ham, Newport; Mrs M. Land, Newlyn; Mrs R. Geelong; Mrs N. Newcastle; Mrs I. Lorne; Mrs M. E. Warrnambool; Mrs L. North Ballarat.

At dinner, the toast of Training School was proposed by Mrs McHardy who referred to the hospital and expressed the hope that Florence Nightingale would continue to inspire those who worked in the school.

In reply, Matron Langham who has been matron of Ballarat Base Hospital for eight years, referred to improvements. She appealed to members to mark the centenary year of the hospital in 1956, and the sisters for their continued valuable co-operation.

The guest speaker, Miss Pitts, has very broad experience in the nursing profession, only is she senior sister at the Royal Melbourne Hospital, has had two years' experience, and is a member



January 9th, 1955. L to R. George Latham, R.M.O. at B.B.H. '55, Dedrie Southby (22yrs), Physiotherapist, Chris. Louis, R.M.O. '55, Jean A ? , Night Sister at R.M.H. who married Chris later in '55, Judy Cochrane, 3rd yr. nurse at B.B.H., and Ivan Alexander, R.M.O. for first half of 1955 until a car accident in which he fractured his leg. Guess I got the photo as I had a crush on George Latham

Spot of sun for the nurses

APRIL 1953

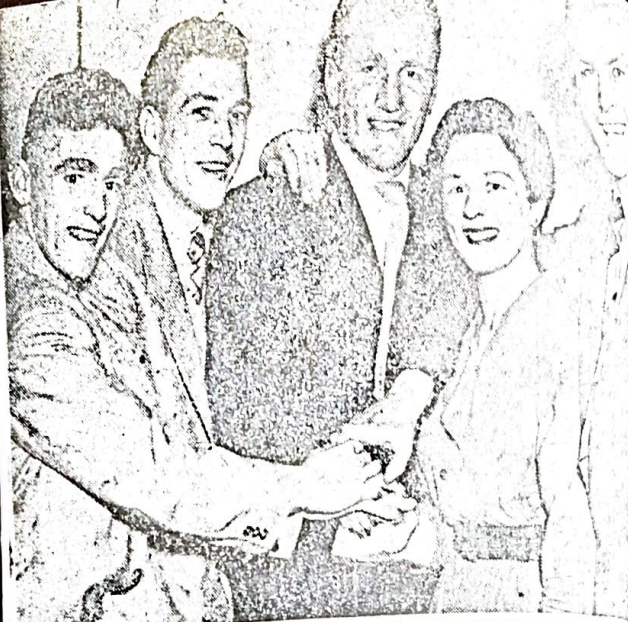


BALLARAT Base Hospital nurses take the sun on the lawn in front of their modern home, before going on a new shift. The Nurses' Home, the most modern in Australia, was opened by the Governor (Sir Dallas Brooks) in November, 1951. The girls are (from left): Ursula Walker, Lauree Callaghan, and Donald.



GRADUATION of 1956, at which the July '52 school were the seniors. Receiving their FOURTH YEAR CERTIFICATES, were Ursula Walker, Margaret J. Thomas and Helen Seers, N.M.P.

Geelong strong man is engaged



GEELONG RUCKMAN Norman Sharp and his fiancée, Miss Edna Howard, who announced their engagement recently, being congratulated by some of Sharp's teammates John O'Neill (left), Noel Rayson, and Harry Herbert (right). Miss Howard is a nursing sister at Camperdown Hospital.

It was all hands on deck



for this record rush



ALL AVAILABLE staff, honorary doctors and many extra nurses were needed to cope with a record 44 babies born at Royal Women's Hospital in 24 hours to noon yesterday. The previous record for a day was 37 in

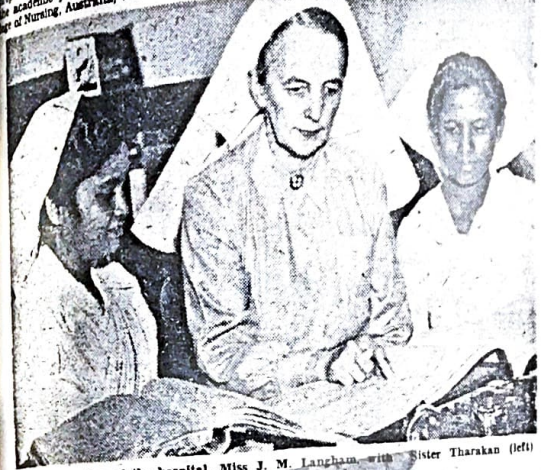
X FORMER B.B.H. TRAINEES

"Observe" Our Hospital

World Health Organisation nursing scholarship holders, Sister Tharakan and Sister Francis from India, who have been at the Ballarat Base Hospital for almost six weeks as observers, have had a happy and pleasant association with their colleagues.

They will study, they have applied themselves diligently to seeing all departments of the hospital. Supernumerary to the staff, Sister Tharakan and Sister Francis have had opportunities of doing hospital rounds, attending the operating theatre, as well as enjoying social activities, studying for the administrative course they will be taking at the college.

Both women say that there is a marked similarity between Ballarat's fine hospital and the hospitals in their own country, and that having overcome the initial feeling of homesickness they are enjoying their experiences. When they leave next week to begin their nursing administration course at the College of Nursing all those who have come into contact with them at Ballarat will wish them well and a safe return to their homeland.



The Matron of the hospital, Miss J. M. Langham, with Sister Tharakan (left) and Sister Francis, looking over some hospital records.

Nurses Relax After Final Exam's MARCH 1956



With sighs of relief eleven nurses at the Ballarat Base Hospital relinquished their pens and finals examination papers on Saturday evening at the foot of the stairway leading to the dining-room. The girls posed for the photographer at the dinner at Craig's Hotel. Back row, from left, are: K. Rinsaid, D. Chew, and V. Beauchamp. Centre row: D. Thomas, D. Clobery, T. Bryant and J. Cochrane. Front row: J. McEntee, J. McArthur, J. Arnold and J. Dyson. Their guests were Major J. Beverley, assistant matron, and Sister Jean Harris, tutor sister.

AS SENIOR NURSE IN WD I DID A FULL WARD ROUND WITH THESE TWO SISTERS IN FEBRUARY, 1955.

OUR GRADUATION.

APRIL 22, 1955.



Front Row: Mary Durant, Kathleen Flynn,
Lt. to Rt: Valarie Menhennet, Wilma Phelps, Maureen Dooley,
Beverly Bryant, Gwenda Bailie, Janet Scott,
Mavis Kuhne, Margaret E. Thomas & Ann Mathew.

2nd Row: Pauline Nicol, Jenny Dunstan, Margaret Mornish,
Jessie Todd, & Wanda Archibald.

3rd Row: Dorothy Haintz, Thelma Harlock, Alison Brennan,
Ursula Walker, Fay Eudy, Mary Abernethy,
Pamela Knipe, Anne Ring & Margaret Arthur.

Back Row: Mabel Gallagher, Alma Beattie, Joy Wilson,
Margaret I. Thomas, Barbara Knight,
Edna Howard and Julie Hourigan.



C. J. Thomas

Margaret I. Thomas. S.R.N. 1955.

THE WEDDING OF 'TOMO'

19th January, 1957.



Alison Gough. Ian & Margaret Fotheringham. Ken. Fotheringham
Bridesmaid. Best Man.

RESULTS OF THE CAREERS AND LIVES OF THE APRIL '52 B.P.H.
TRAINEES, COVERING THE PERIOD 1955 until 1982.

ABERNETHY, Mary. Post Basic Certificates:
Nursing Experience: Heidleberg Repat. Hospital, Melbourne.
Private Nursing, England.
General nursing and tutoring, New Guinea.
Night Supervisor, Ararat Hospital.
Surgical Charge, Ballarat Hospital.
Marital Status: Married.
Husbands Name : Robert Mills. /Army.
Year Married : 1975
Children : Two - Luke (5), Eliza (3).
Grandchildren :
Address : 6 Paech Place Kamar. Canberra, A.C.T.
Telephone :

ARTHUR, Margaret. Post Basic Certificates:
Nursing Experience:

Marital Status: Married.
Husbands Name : Jess Rodie. (Tony Galaher 1st) Pathologist
Year Married :
Children : Two / 1 boy, 1 girl.
Address : 226 Highland Ave., Warwick. RI. 02886 U.S.A.
Telephone :

BEATTIE, Alma. Post Basic Certificates.
Nursing Experience:

Private Hosp. Adelaide
Refresher course "
Post Geriatric
Royal Adelaide.
Temison Nursing Hosp.
5 days fortnight
Marital Status: Married.
Husbands Name : Ian Mann. /Lift inspector.
Year Married : 1955.
Children : 3 ~~girls~~ 2 girls / 1 boy. 2 grandchildren.
Grandchildren :
Address : 27 Woodforde Road, Magill. South Australia. 5072
Telephone : 08 / 377278

BRENNAN, Alison. Post Basic Certificates. Mid.(B.B.H.)1957, C.S.S.D.1973

Nursing Experience: Staffing, Royal Melbourne Hospital. 1955.
Midwifery, Ballarat. 1957.
Paediatrics, Part time. B.B.H.
Charge Central Sterilizing Supply Dept. B.B.H. 1971 -

Marital Status: Married.
Husbands Name : Max Sherritt.
Year Married : 1958.
Children : Four, One married, 1 Q.E.G.C. Ballarat, 1 Royals Womens
Grandchildren : Two. 1 Student Monash Uni.
Address : 16 Raglan St. South Ballarat. 3350
Telephone : 053 312206

DUNSTAN, Jennifer. Post Basic Certificates:

Nursing Experience: Staffing. St. Arnaud. 18 month.
Portland. 18 month.
Healesville 6 months.
Portland Hosp.

Marital Status: Married.
Husbands Name : Alex Tulloh.
Year Married : 1958
Children : Two girls.
Grandchildren :
Address : 8 Iorna Court, Portland. 3305(P.O. BOX 145)
Phone 055 / 231876

RESUME OF THE CAREERS AND LIVES OF THE APRIL '52 B.B.H.
TRAINEES, COVERING THE PERIOD 1955 TO 1982.

EUDY, Fay. Post Basic Certificate:

Nursing Experience:

Charge, Geriatric Unit, Williamstown Hosp. 1980. Hayeldene.
Dip. in Geriatrics. | West Footscray. | McLeod TB. 6 months. | Mont Royal. Ger. 9 yrs

Marital Status: Married.
Husbands Name : Robert Berogna. | Concrete.
Year Married : 1957.
Children : Four. | 3 girls, 1 boy. | 1 married.
Grandchildren :
Address : 17 Ballard St. Yarraville. 3013.
Telephone : 03 3143146

GALLAGHER, Mabel. Post Basic Certificates: Mid.

Nursing Experience: Midwifery, Q.V.H. 1956.

4 1/2 Mildura Hospital, 197
6 yrs Croydon. | Infant Welfare 1960 Tweddle. | Creswick Hosp. 18m.
2 yrs Mitcham. | Inf. Welf. Mildura. | Alice Springs "

Marital Status: Married.
Husbands Name : Alex. Livingston. 1961.
Children : 4 | 1 girl, 3 boys.
Grandchildren : 14/19
Address : 170 Koorlong Avenue, Irymple. Vic. (P.O. Box 945 Mildura) 3500
Telephone : 050/245530.

HOURIGAN, Julie. Post Basic Certificates:

Nursing Experience: Overseas 56/58.

Footscray Dis. Hosp. Hotel Management. 2 years.
District Nursing, Melbourne. 60/62 Frankston.
Theatre, Morwell Hospital. 62/66 Yallorn Host.
Charge, I.C.U. Max. | Pilots licence.
Melb. Dist. Nursing.

Marital Status: Married.
Husbands Name : Fred. Walters.
Year Married : 1973
Children :
Address : 91 Thorpdale Road, Trafalgar. 3824
Telephone : 056/33081.

HOWARD, Edna. Post Basic Certificates: Mid.

Nursing Experience: Midwifery, Q.V.H. 1956

op. theatre - Geelong.
Private nursing a

Marital Status: Married.
Husbands Name : Norm. Sharp.
Year Married : 1956
Children : Five girls. 3 boys - 2 girls. | 1 daughter married.
Grandchildren :
Address : 48 Chalcot Drive, Endeavour Hills. 3802
Telephone : 03/700 1425.

KNIGHT, Barbara. Post Basic Certificates. None. Deceased.

Nursing Experience: Staff Nurse, Hamilton Hospital (Private) '55

Charge, "Grange" Geriatric, Hamilton '56
W/ends, Aunts Private Hosp. Ballarat '58 - '68
Secretary, Dr. A. Nicholson, Psychiatrist, Ballarat 3 yrs.
Group Practise, Victoria St. Ballarat, 8 yrs.
Dr. A.P. Dorevitch, Pathology, Bendigo 198 -

Marital Status: Married.
Husbands Name : Doug. Campbell.
Year Married : 5.11.'55
Children : 1 son, Andrew (24), f girl, Anne (26) married.
Grandchildren : 1, Jane Chirnside.
Address : 9 Dale Street, Bendigo. 3550
Telephone : 054 435291

RESUME OF THE CAREERS AND LIVES OF THE APRIL '52
B.B.H. TRAINEES, COVERING THE PERIOD 1955 UNTIL 1982.

KNIFE, Pamela. Post Basic Certificates:
Nursing Experience:

Councillor on Beaufort Council.

Marital Status: Married.
Husbands Name: John Wotherspoon.
Year Married: 1955
Children: 3 sons.
Grandchildren:
Address: 1510 Sturt Street, Ballarat. 3550
Telephone: 053 316681

MATHEW, Anne. Post Basic Certificates:
Nursing Experience:

Comm. Health Parent Education

Marital Status: Married. 1st Hans Steiner - 3 daughters, 1 son.
Husbands Name: Richard Potter - 1 daughter
Children: 4 daughters, 1 son. 1 d/ter S.R.N (Childrens H.)
Grandchildren:
Address: Cammeray Marina, 46 Caudroy Ave. Cammeray 2062
Telephone:

MENHENNET, Valerie. Post Basic Certificates: Mid.
Nursing Experience. Midwifery, B.B.H. 1955
Frankston General Hospital, Midwifery Sect. 1974 - 1981.
Pen. Private Hosp.

Marital Status: Divorced. *(Friend Doug Tillig)*
Ex Husbands Name: Bill Howell.
Year Married: 1956
Children: 1 daughter, married, 2 sons.
Grandchildren: 2
Address: Unit 14, 15 Crincklewood Ave., Frankston Vic.
Telephone: 03 7838277

THOMAS, Margaret. Post Basic Certificates: None.
Nursing Experience: Staff Nurse, B.B.H. 1955
2nd Charge, Surgical, Box Hill Hospital 1956
Geriatrics, Part time, 1973 - '77 Gatton and Laidley, Qld.
Group Practise, Part time, 1982 - Toowoomba. Qld.

Marital Status: Married.
Husbands Name: Ian Fotheringham.
Year Married: 1957
Children: 4 daughters, 1 son. 1 d/ter Artist, married,
Grandchildren: None. 1 d/ter Nursing, Rockhampton
Address: "Marikina", Derrymore, M.S. 224, Toowoomba 4352
Telephone: 076 976217

WILSON, Joy. Post Basic Certificates:
Nursing Experience: Staff Nurse, R.M.H. 1955

*MID Q&H.
PREM NURSERY - GEELONG. '57*

Marital Status: Married.
Husbands Name: George Hocking.
Year Married: 1956.
Children: 2 sons. David, Phillip.
Grandchildren:
Address: R.S.D. Cape Clear. 3351
Telephone: 055/964210

*MATRON - LISMORE.
3 yrs.
5 months Mortlake
Part time - Lismore*