

Keysborough Learning Centre

402 Corrigan Road,
KEYSBOROUGH. 3173

Phone: 798 7005

(Between 9.30am - 3.30pm Mon - Fri.)

WELCOME TO
YOUR LOCAL
COMMUNITY NEIGHBOURHOOD CENTRE

To enrol contact Agnes, Mary or Anne at the Learning Centre



Adult Education in
the Community

KEYSBOROUGH LEARNING
& DROP-IN CENTRE,
402 Corrigan Road,
Keysborough, Vic., 3173.
Phone: 798 7005

Contact Agnes

SLIMMERS!



HEALTHY
FOOD INFORMATION!

Be kind to your
HEART!
Get rid of your
"excess"

LOW COST!

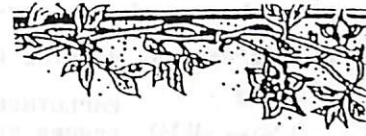


402 Corrigan Rd
Keysborough

Phone:

798 7005

Monday - Friday
9.30 am - 3.30 pm



Adult Education in
the Community

This PROGRAM SHEET shows a list of what's available - although classes change from time to time and new things are constantly being added.

Please ring the Centre or call in if you wish to join any of the classes or groups - the service is available for ADULTS of all ages, anyone can join in any time if there are places available. CHILD CARE is available for some day-time sessions (please book)

Some classes and activities are held at the OUT REACH HOUSE, belonging to the Springvale Council, on the Keysborough Reserve; most are held in the buildings belonging to the RESURRECTION PARISH, KEYSBOROUGH.

The LEARNING CENTRE is NON-DENOMINATIONAL.

EVERYONE IS WELCOME

LEARNING CENTRE

CO-ORDINATORS

AGNES BONAR

MARY FOX

ANNE BLIGHT

Term 1, 1995



Monday 1pm-3pm *Calligraphy. starting 27/2/15- 6 wk course*

9.45am -10.15 Morning EXERCISES to music -in the CHURCH Cost \$1

9.30am-11.30 EMPLOYMENT GROUP - job register, assistance with resume writing, interview skills etc.

1pm - 3pm POTTERY for beginners and more advanced, handbuilding & wheel work \$5 pw

Tuesday 1pm-3pm *Dressmaking - 6 wk course \$5 per wk.*

9.30am-12.30pm COMPUTER skills for Migrants (with English classes) \$40

9.45am -10.15 Morning EXERCISES to music -in the CHURCH Cost \$1

10.30am-12noon STRESS MANAGEMENT YOGA/RELAXATION/MEDITATION, led by a qualified practitioner 8 weeks: \$40

1pm - 3pm COMPUTER SKILLS for beginners 8 weeks: \$40

5.30pm KLC SLIMMERS & weigh-in group

6pm GENTLE EXERCISES with Stan

7.45pm -9pm CAKE DECORATING beginners & more advanced Cost:\$5 pw

Wednesday

9.45am -10.15 Morning EXERCISES to music -in the CHURCH Cost: \$1

10am - 2pm SMALL BUSINESS Studies for Women: 8 week course \$20

10am - noon CAKE DECORATING for beginners and more advanced \$5 pw

10am -noon ASSORTED COTTAGE CRAFTS - using fabric & lace, something different each week Cost: \$5 pw

10am - noon KNITTING & CROCHET-bring your own wool, hooks, needles etc. Cost: \$3 pw

10am - noon MEN'S GROUP: Activities, Social contact, All age groups welcome \$2 donation

1pm -3pm SENIOR CIT'S.GROUP -Social get-togethers,outings, AFTERNOON TEA- Transport may be arranged if needed Free CONCERT/SING ALONG every fortnight. N/C

Thursday

9.30 -noon PODIATRY for Pensioners - ring for an appointment. Cost:\$9

9.30 am-10am SLIMMERS WEIGH-IN GROUP \$2 pw

9.45am -10.15 Morning EXERCISES to music -in the CHURCH Cost \$1

1pm - 4pm PRE-EMPLOYMENT SKILLS: resumes, interviews, personal development, personal presentation assertiveness, confidence building. 8 weeks \$35

10am - noon POTTERY for beginners and more advanced, handbuilding & wheel thrown Cost \$5 pw

10am - noon PAINTING/DRAWING "Art with Glo" Cost \$5 pw

10.30 -noon WOMEN'S GROUP -friendship, information, guest speakers etc. \$2 donation

6 pm GENTLE EXERCISES WITH STAN \$3 pw

7.30pm-8.30pm RELAXATION/MEDITATION/STRESS MANAGEMENT led by a qualified practitioner 8 weeks: \$40

Friday

9.30am - noon PODIATRY for Pensioners - ring for an appointment. Cost: \$9

Saturday

10am - 12noon WORDPERFECT 5.1, 4 week course Cost:\$40

9.30am - 11.30 ENGLISH for Migrants

BASIC EDUCATION CLASSES: *enrolments essential*

LITERACY, NUMERACY, BASIC ENGLISH, GENERAL ENGLISH day & evening classes

MIGRANT ENGLISH: beginners to advanced -Monday to Saturday

MIGRANT ACCESS COURSE: English language, Computer Skills, Certificate Course Employment skills. 11 hours per week.

*Certificate of General Education for Adults.
6 hrs. per week, particularly suited to those attending Migrant English classes.*

Enterprising Women - 6 week course to assist women in Small Business studies.

KEYSBOROUGH COMMUNITY INFORMATION

CHURCH mass times:

SUNDAY: 8am, 9.30am, 11am

SATURDAY: 7pm

WEEKDAYS: Mon, Wed, Thurs, Fri- 9.15am,

Tuesday - Communion Service 9.15am

CONTEMPLATIVE PRAYER: Fridays 8pm

LEGION OF MARY - Thursday evening 7.30pm

PARISH RELIGIOUS EDUCATION Co-ordinator: Gemma

RESURRECTION SCHOOL: 798 4126

RESURRECTION ANNUAL FETE: held in March, volunteers and contributions needed. Ring Carmel: 798 2988 or Therese: 706 3282

OPEN DOOR: Neighbourly caring, people supporting each other and others when assistance is needed.

TWO WAY: Help and/or be helped. Phone: 701 5899 or 798 5155

FREEDOM CLUB: Day Care Co-Op, a safe and happy place for the benefit of pre-school children and their parents. Phone: 798 6696

OP-SHOP - TRASH & TREASURE: new & used goods for sale, clothing, shoes, books, furniture, bric-a-brac, household goods. Trading hours: 10am - 12 & 1pm - 3pm, Mon - Sat.

CAROLINE CHISHOLM Housing Units, Enquiries: Agnes 798 7005

CANCER SUPPORT GROUP: Ring Mary for information: 798 7005

CAB BOOK DISCUSSION GROUP: 3rd Wed. evening each month. Ring Robyn: 798 5739

LADIES CALISTHENICS: 546 0306

CHILDREN'S CALISTHENICS: 798 2435

JUNIOR BASKETBALL: 798 8199

JUNIOR NETBALL: 798 1352. FOOTBALL: 798 5934

SPRINGVALE COMMUNITY HEALTH SERVICE: 548 3255

WOMEN'S HEALTH CLINIC: 10 St. James Ave. Springvale. 562 4250

SPRINGVALE COUNCIL: 549 1111

RESURRECTION PARISH

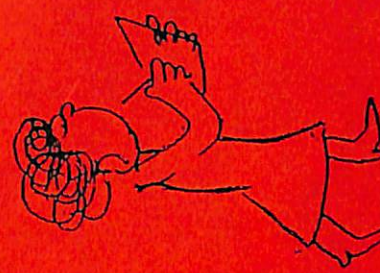
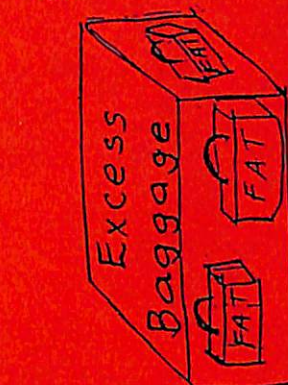
402 Corrigan Road,

KEYSBOROUGH. 3173

Phone: 701 5899

"excess"
baggage"

JOIN the K.L.C.
HEALTHY LIFE PROGRAMS



TUESDAY 5.30 pm

LADIES & MEN

WEDNESDAY 9.30 am

MEN ONLY

9.30 am

THURSDAY 9.30 am

LADIES ONLY

HEALTH AND FITNESS

KLC SLIMMERS weight loss support group.
EXERCISE TO MUSIC: Mon., Tues., Wed. & Thurs. 9.45am.
STRESS MANAGEMENT/RELAXATION, MEDITATION & YOGA: Tues.
10.30am & Thurs. 7.30pm.
GENTLE EXERCISE: Tues. 6pm. & Thurs. 6pm.
SELF DEFENCE FOR WOMEN:

ARTS AND CRAFTS:

CAKE DECORATING: Tues. 7.45pm. & Wed. 10am.
COTTAGE CRAFTS: Wed. 10am.
POTTERY: Mon. 1pm, Wed. 7.30pm. & Thurs. 10am.
ART CLASS: Thurs. 10am.
KNITTING & CROCHET: Wed. 10am.

SOCIAL GROUPS

WOMENS SOCIAL GROUP: Thurs. 10.30am.
MENS SOCIAL GROUP: Wed. 10am.

OFFICE SKILLS

INTRODUCTION TO COMPUTERS AND OFFICE SKILLS: Tues. 1pm. &
Thurs. 9.30am.
MICROSOFT WORKS & WORDPERFECT 5.1 ring for times.

OTHER COURSES

PRE-EMPLOYMENT SKILLS, PERSONAL DEVELOPMENT, SMALL
BUSINESS MANAGEMENT AND MARKETING, HEALTH DEPARTMENT
REGULATIONS FOR FOOD HANDLERS & VARIOUS WORK SHOPS
THROUGH OUT THE YEAR.

SENIOR CITIZENS AFTERNOON TEA: Wed. 1pm.
PODIATRY SERVICE FOR SENIOR CITIZENS: THURS. & FRI.
at concession rates.