

# Lord's Day is for Rest

SIR, — THERE IS NO suggestion of intolerance, as implied by P. Reilly (22/5), in the stand taken by certain Camberwell churches against the introduction of Sunday sport on council grounds within the city boundaries.

The attitude of these churches is prompted by a sincere desire to maintain Sunday as a day of rest and worship in keeping with scriptural standards and the highest traditions, the spiritual faith and practice of British peoples.

Nor is there a thought, as suggested by P. Reilly, that the registering of a "No" vote "will coerce the young into the churches" or help the churches "maintain their position and influence" in Camberwell. The issues lie far deeper.

Man is a spiritual being and for him to enjoy life in rich completeness he must be linked with God in Christ, who said "I am come that ye might have life and that ye might have it more abundantly." Now there must be time to foster this all satisfying experience, and a quiet, restful worshipful Sunday is admirably suited and, indeed, ordained for this very purpose.

Unfortunately the hurried, exacting and even exciting manner of our living in these tremendously impelling days drives many people into a ceaseless round of purely secular activities which includes, in ever increasing volume, the overflow of sport from Saturday into the peaceful hours of the Lord's day.

By this process man's spiritual nature is becoming starved and stunted. Herein, too, so often lies the root cause of mental sickness which is mounting in these days.

The Lord's day is for rest—rest from toil and rest from sport, too—and for spiritual re-creation.

The real problems of youth will never be solved by making Sunday a day of sport. They lie far too deep for this, and can only be solved by an infusion of spiritual life within, which is not gained on the playing field.

Because I believe that a "No" vote is in the highest interests, of all, my vote must be cast that way simply because of an earnest, prayerful desire to maintain standards inherited and still reckoned to be in the highest good of all.

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