



CAULFIELD CONTACT

A monthly publication produced by
Caulfield Council for the residents of this City.

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**TOWN HALL
OPEN FOR
BUSINESS
EVERY TUESDAY
UNTIL 8 p.m.**

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SUN AND TURF

1979



The Caulfield Cup

On Saturday Caulfield became the centre of attention for the race going fraternity of Melbourne.

The Victorian Amateur Turf Club presented the \$156,750 Caulfield Cup for the one hundred and second time.

It was the one hundredth year since the running of the first Caulfield Cup because there were two cups presented in 1881 and 1943.

The race, claimed to be the hardest to win in the southern hemisphere, has become, over the years, one of the premier racing events in Australia. Although it takes second billing to the Melbourne Cup it is considered a truer test of horseflesh to the racing purist than the Flemington two-miler.

The Caulfield Cup has come a long way since the inaugural event in 1879. Before then the main race staged by the Victorian Amateur Turf Club was a steeplechasing event known as the Victoria Gold Cup.

For the initial Caulfield Cup the stake money was a sweepstake worth two hundred sovereigns plus ten more sovereigns collected from each of the fifteen runners. A far cry from the \$150,000 plus \$7,000 in trophies for Saturday's Cup.

DOG CONTROL

Studying form for the next race was one of the many race fans.

Saturday's weather was perfect and a real picnic atmosphere prevailed. Families spread out the blankets on the lawns and the hot dogs and hamburgers were consumed in great quantities.

While the band played between the races punters worked their way back to the bookmakers to place their bets for the next race.

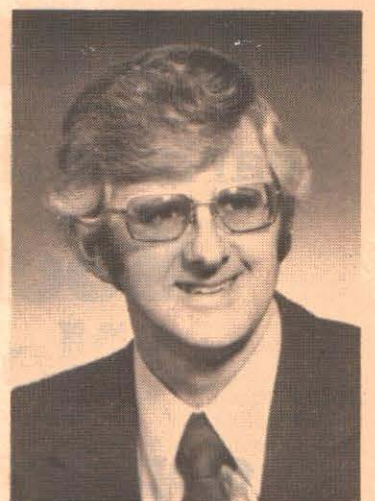
New Manager — Finance

Mr. Brian Sargent, a qualified accountant, has recently been appointed to the position of Manager—Finance for the City of Caulfield.

As Senior Accounting Officer for the Commercial Bank of Australia Ltd. his experience includes strategy formulation for the C.B.A. companies and systems improvement for increasing resource utilisation.

An Economics graduate from Monash University Mr. Sargent holds the Diploma of the Bankers Institute of Australia. He is 35 years of age, married with four children and will commence duties on November 7th.

He replaces Mr. Ron Tozer who retires at the end of this month.



These signs are being installed in all shopping centres in Caulfield. They are there to advise people that all dogs must be kept on a leash in these areas.

One aim of this project is to eliminate the possibilities of dogs wandering onto the roadway and causing danger to both motorist and dog.

It should also stop uncontrolled dogs running along the footpaths at the risk of the very young and elderly.

Council's animal control officers will be enforcing this law and failure to comply will result in an on the spot fine of \$25.

STOP PRESS

**The free concert organised by the Caulfield Community Service
for Sunday, Nov. 4th has been CANCELLED.**

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Angus Armanasco — from jockey to trainer

It all started in Western Australia, back in 1926, when a friend asked him to help out. There was no football that Saturday afternoon and at the tender age of 13 years a neighbour asked if he would take his horse to the races.

Young Angus Armanasco led the horse to the station, loaded him onto the horse train and travelled in the compartment with him.

He must have enjoyed that afternoon at the races because one thing led to another and it wasn't long before Angus started to exercise the horses, then started working out on the track and finally became a jockey.

Within six weeks he had won his first race and was lucky to be associated with a very strong stable with plenty of good horses. In his second year of riding he became a Leading Apprentice Jockey and held this title for many years.

But the life of a jockey can sometimes be short lived. At the ripe old age of 24 Angus started to put on a bit of weight and began looking to the training side of things.

The fellow he had been apprenticed to was getting on in years and in need of someone to take his place.

"Anyone associated with horses for any length of time," says Angus "can gradually learn all they need to know about training."

This may be so, but probably is a little modest. Competition in horseracing is very keen but in the last 10-15 years Angus Armanasco has been among the top names in the business.

He has won many awards and trophies from groups like the Trainers Association, the Moonee Valley Racing Club and others.

Angus and his wife first came to Caulfield in 1949 and he has been the longest tenant of the V.A.T.C. He trains about 40 horses now and has a number of very successful ones in his care.

This work necessitates meeting and mixing with many types of people most of whom are interested in horses. This means that much time is spent socialising and spending time with owners who want to discuss the progress of their horses.

"Horses and racing are my life," says Angus. "I have been in it all my life and done nothing else. Everything about racing interests me. There was a time when I played a little golf but I was so bad I gave it away."

Mrs Armanasco's interest is in painting. But you can probably guess what her favourite subject is — horses. When there is time Angus enjoys a game of billiards but a lot of time is spent travelling to horse sales as he acts as an agent for buyers who value his judgement.

Horse trials take up much of his time and he is also a partner in a stud farm at Narre Warren. Pride of the stud is Star of Heaven, sire of Star Show who was recently sold for \$600,000.

Angus Armanasco is a respected person in the racing world. He wears his success modestly and gives most of the credit to the horses and their owners who have put their trust in him says Angus, "Caulfield has been a good racecourse to me." We trust it remains so and wish you success in the coming season.



Annual Fete

The Church of Jesus Christ of Latter Day Saints will hold its annual fete at 5 Hawthorn Road, Caulfield on Saturday November 10th, commencing at 9.00 a.m.

There will be stalls including cakes, sweets and other goodies, clothing, children's toys and other Christmas gift selections plus trash and treasure and fun games.

Oh, Clarence!

St Stephen's Players will present the hilarious comedy 'Oh, Clarence!' on Friday, October 26th at 8 p.m. and Saturday, November 3rd at 2 p.m. and 8 p.m. at St Stephen's Hall, corner of Kooyong and Balaclava Roads, Caulfield.

This will be the first performance of the play in Australia and a large cast has been assembled to present it.

Tickets are available from Mrs Hilton, 7 Sebastopol Street, Caulfield, telephone 509 0519.

CAULFIELD COMMUNITY SERVICE

This organisation, which operates in close association with the Caulfield Citizens' Advice Bureau, (C.A.B.), has introduced a number of services to Caulfield since its inception six years ago.

Notable among these are "Caulfield Newspot" which was the forerunner of "Caulfield Contact", the free Legal Advice Service, the free Architects' Advisory Service and the Early Planning for Retirement Group.

To encourage greater participation by individuals and organisations in providing ideas on community needs in Caulfield, C.C.S. has altered its Constitution to enable, in addition to individuals, organisations, service clubs, groups, auxiliaries etc. to become members.

A nominal subscription of \$2.00 per year is being sought to provide a Caulfield Community Service monthly newsletter on activities and readers' views and to cover postage costs for same.

The latest project planned by Caulfield Community Service is Budget Advice for people who are worried, in difficulty with debts and having troubles balancing the family budget.

Two volunteers are currently under training with the Budget Advisory Service in St. Kilda. They will form the nucleus of our Caulfield Service. But more volunteers are needed; people who are prepared to give two hours a week of their time, who have sympathy for people in these circumstances and the patience to help others to reach their own decisions.

Please get in touch with Caulfield Community Service Executive Secretary Mrs. Allen, 527 2626 or the Chairman, Jack Campbell, 523 9228; or use the 24 hour recording telephone 524 3272.

Caulfield Community Service's new committee elected at its Annual General Meeting recently is as follows: Cr. J. Campbell (Chairman), Mr. K. Aldred, MHR, (Vice Chairman), Mrs. L. Allen (Executive Secretary), Cr. G. Gillard (Treasurer), Mr. L. Hind (Assistant Treasurer), Committee — Mrs. A. Cunningham, Mrs. V. Fyfe, Mr. A. Hordern, Mrs. M. Lowe, Mrs. B. Pitman and Mr. T. Tame.

The Rotary Club of
Caulfield
is holding a

BOOK FAIR

early in the New Year

Books are
Needed

Telephone for a van to
pick them up.

People to contact in business hours

Dr. Christopher 523 6202

Mr. Fillimore 528 5201

Mr. Summers 523 9504

REACHING OUT



Tim Gillespie "Do Care" volunteer regularly visits Harry Gould.

In Caulfield there are many lonely, housebound elderly people who need a friend.

'Do Care' is an exciting program which is reaching out to some of these people. The scheme involves volunteers who offer companionship to people in their own homes and who make visits on a regular basis to just one person.

The forces behind Do Care are Wesley Central Mission and radio station 3XY. They have been providing the finance and publicity since March 1977.

Nearly 900 elderly people throughout Melbourne receive visitors each week. Do Care volunteers go through a two session introductory program directed at broadening their attitudes to the whole concept of ageing and the needs of elderly folk. They are helped to understand, more fully, their own reactions towards ageing people.

On-going support is available to the volunteers and staff members are available to help if problems arise.

If a person is referred to Do Care by a district nurse, meals-on-wheels volunteer, or other community worker, they will be visited by the Co-ordinator for

this area, Mrs Marion Champion, who makes sure that they need and want a visitor. Recently Marion has experienced a shortage of volunteers.

"To be a Do Care caller isn't difficult," says Marion.

"You just need to be reliable, have an hour or so to spare each week and be ready to take a little brightness into someone's home."

Do Care volunteers come from all walks of life. They are people who recognise that by giving a little of their time they can make another person's life a lot happier.

Anyone who would like a visitor to call on them or anyone who would like to be a Do Care caller should contact the Do Care Centre, 148 Lonsdale Street, Melbourne. Telephone 662 2355.

Career Information

Contemplating a course of study or your future career? Perhaps we can help!

All five libraries in the Caulfield/Malvern Regional Library Service hold career information to assist you in your selection.

College and University handbooks, directories and pamphlets are arranged on display for your convenience in the two city libraries at Malvern and Caulfield.

People... and Litter



Litter and its prevention is a major problem facing Councils today.

Whilst most Australians are aware of the beauty of their natural heritage, many are prone to take it for granted.

The practice of littering cuts across all social groups, all ages, all incomes and all occupations. People litter because of carelessness, laziness and indifference.

Littering happens wherever there are people; it is a year round national habit and most people don't feel personally responsible for the appearance of public property.

Facts about litter

- Litter is defined as waste material disposed of improperly and often illegally on highways, roads, and public and private property.
- It costs an estimated \$50 million a year to clean up unnecessary litter in Australia.
- Caulfield City Council spends approximately \$850,000 a year on garbage disposal. Included in this figure is \$40,000: the cost of keeping the parks, gardens, roadways and shopping centres free of litter.
- Litter provides a breeding ground for insects and vermin which spread disease.
- Children have died because of the careless disposal of polythene bags, drugs, refrigerators and weedkillers etc.

Greater affluence has produced consumer demand for more and more conveniently packaged goods. The packaging is proving a major litter problem. Most people disapprove of littering and most agree that it is a dirty habit but they still litter and they do so because they don't think.

You can help

- keep your own property litter free
 - always dispose of litter in a proper receptacle and see that your family and friends do the same
 - carry a litter bag in your car
 - join the Keep Australia Beautiful Council, 151 Flinders Street, Melbourne, 3000. Telephone 63 5036.
- Victoria's new litter laws include \$50 on-the-spot fines, owner and driver onus for litter thrown from vehicles and fines of up to \$500 and/or one month's imprisonment for serious wilful littering.

ACTION GROUP

The Parents Congenital Abnormality Action Group has been formed to promote more research into courses of congenital abnormalities. It plans to have set up a central bureau where records of each child born with an abnormality are maintained.

The interest and encouragement of parents, intending parents, as well as single people of all ages, will be vital to the group.

Only with continued support will there be a chance of preventing the heartaches of these abnormalities.

Regular meetings are held at Yooralla House, Ability House, 79 Buckhurst Street, South Melbourne. For further information contact Roz Merfield on 211 7638.

New Books

Listed below is a small selection of books recently added to the Caulfield/Malvern Regional Libraries. Those which are not at your local library may be reserved and obtained on inter-library loan.

Technical Guide to Australian CB Radio by T. B. Floyd. Basic information on all aspects of CB radio and the equipment available in Australia.

How Do Things Start by T. Hall. Do you know the origin of terms such as "scot-free", "white elephant" and "best man"? In this fascinating book, the author describes the origins of these and many other words, phrases and customs we take for granted every day.

From the Ocean to the Sky by Sir E. Hillary. The story of a jet boat expedition up the Ganges from the Bay of Bengal to the Himalayan source of the river. It is much more than a travelogue; Hillary writes with good humour and an abiding affection for the beauty of the river and the people of India.

Rommel: Battles and Campaigns by K. Macksey. A fresh, frank study of one of the great legends of military history.

A Little Boy in Search of God: mysticism in a personal light by I. B. Singer. In this memoir, Singer writes of the people and ideas that have shaped the years of his youth.

Simple Hydroponics for Australian Home Gardeners by A. C. Sundstrom. A practical guide to growing plants without soil — an ideal method of gardening for flat-dwellers and busy people.

Ideas for Woodturning by A. Thorlin. Many articles, now made from plastic, could be given a touch of individuality and craftsmanship if replaced by wood. The author of this book has many ideas which will help both the novice and the experienced turner see the possibilities of the craft.

Collecting Tomorrow's Antiques by G. G. Watson. Interesting items of social significance, such as buttons, tiles and writing implements, which may be collected for a reasonable price today, are likely to become treasured and valuable antiques of tomorrow.

Record Rate Collection

The Rate Collector at the Town Hall, Vic Culverwell, is mopping the perspiration from his brow and justly proud of his latest efforts.

An unprecedented 99.225% of rates for 1978/79 have been collected.

Of the total \$5.25 million payable for the year only \$40,717 remain unpaid.

The smooth, efficient running of Council affairs is largely dependent on the regular collection of the rates.

Thanks are due to both the residents and the Rate Collecting Department for this effort.

A Late Discovery



Cutting the cake celebrating a victory.

Miss Hatherly Nankivell is a patient at the Alexandra Geriatric Hospital in Caulfield.

Three years ago Miss Nankivell taught herself to paint and even though suffering from osteo-arthritis she persevered.

The Private Geriatric Hospitals Association of Victoria ran an art and craft competition for patients in the 110 hospitals of its association and Miss Nankivell won the handicapped section.

Unfortunately she recently lost the use of hands and is unable to continue with her fine work but is still able to smile.

People like Miss Hatherly Nankivell and others in her situation are an inspiration to all who meet them.

A Practical Approach to Children and their Television



The cry from teachers doesn't seem to change. When, in 1956, the television phenomenon hit Melbourne they would complain of children dozing off during the school day or rushing to finish off homework due in a week ago.

But it is the same today. The novelty has not worn off, we have broken the colour barrier and still the influence of television can be seen in children's lives. The games they play, the language they use, the pictures they draw merely serve as ratings indicators.

Children's viewing hours are a fact of life and parents and teachers alike are feeling less able to cope with it.

But Jim White, Lecturer in Media Studies at Rusden S.C.V. Clayton feels that maybe we should take advantage of the situation. Here are some of his thoughts:

Controversy over children and television has never been strident or, in some quarters, more hysterical. Children's television viewing is, we are told, out of parental control, and calls have been made by our political watchdogs for the government to take action to rectify the situation.

For over twenty years people have said continually that the standards of television programs should be better particularly in the areas of children's television. Of course they should. There would be few of us who would disagree with such sentiments.

If program standards are unacceptable then we have an obligation to protest to the television stations and to press for improvement. (We might also write to them when we see something we like — positive feed back also helps.)

In the meantime, let us be pragmatic and recognise the value that our children place on their television viewing. The latest (nearly not released) report by the Australian Broadcasting Tribunal, "Television and Children — Australia 1977-78", is based on surveys conducted in Melbourne, Sydney, Adelaide and Brisbane in 1977. It shows what we all know, that children watch a lot of television. 56% of the children surveyed (aged 10-12 years) watched an average of three hours or more each day.

That is more than twenty-one hours a week. It goes almost without saying that the children were watching commercial television. Only one of the twenty-six programs most liked by the children came from the A.B.C. — it was "Countdown".

What then are our children watching? We need to look carefully at this in order to gain insights into the nature and extent of their television viewing experience. We need to become more familiar with programs watched by our children, to share them, and to devise strategies which enable us to draw on them.

If, as we are frequently told, children spend more time in front of television receivers than

they spend in front of their teachers, it is about time we developed a more positive attitude to this fact of our children's lives and used this experience which they value.

But what is not so well known is the extent to which teachers have drawn on all programs watched by children. It is vital to appreciate that the greatest 'turn-off' is the here's-something-you-should-watch approach.

In some of our case-studies we have become increasingly interested in a wider application of television viewing in relation to social values. Television is above all a remarkable source of social information about adults and the lives they lead.

As such it is avidly taken up by the child viewer, distortions and all. Central to interests of every child is their concept of self, and the overwhelming importance of social relationships with others. It can be contended that it is this more than any other factor that makes television's messages so universally attractive to its audiences — child and adult alike.

In looking at a wide range of television programs we have yet to find an example that does not lend itself to open discussion in terms of the social values on which it is based. We have taken the top ten programs in the latest audience surveys, and looked carefully at "The Incredible Hulk", "Prisoner" and "Cop Shop".

Initially we were highly critical of these programs and wondered why they were so popular. It is only when we looked at them in terms of the social values that underlay every one of them that we broke through our individual prejudices and were able to discuss them in a more constructive way.

Television commercials were particularly suitable for this type of analysis. What is essential is that the criteria and level of any discussion be appropriate to the program material and its audience. On the basis of shared experience, children, parents and teachers can draw on a com-

plex and varied background in a wide range of formal and informal learning situations.

This requires skill, time and patience. Programs must be seen and discussed from the child's point of view and the child's sense of values. This is something that most adults seem to find difficult. Children are not "little adults".

As parents and teachers we need to facilitate a learning process that enables children to evaluate their experience, and confirm those values they recognise as their own.

It is not intended to be critical of any individual or group devoted to the idea of better television. By all means let television reflect the best in our culture and foster a more humane, more loving, more compassionate view of mankind. In the meantime a generation of Australian children have grown up with commercial television as a substantial part of their background experience.

Have we really drawn upon this background? We need to stop using television as the convenient scapegoat for the complex, inter-acting deficiencies of our society, reassess it and our attitudes towards it, and begin to use it in more positive ways.

At Rusden Media we are preparing a bibliography of books, articles and papers on children and the positive uses of television. When it is completed we will be happy to make copies available to anyone interested in it.

(Note: The television set in Mr White's house is not usually switched on until 7.30 p.m. after the family meal and his children have done their homework. If the program guide is bleak, television is not turned on and other activities take its place.)

If programs are singularly bad the set is turned off. The "off" switch is used quite often. All fairly typical middle-class. But, as Mr White is quick to point out, all television receivers have an "off" switch so that viewing need not get out of control.

IT'S NEVER TO LATE TO LEARN

A school that's not quite a school is one of the best ways of describing the School of Orientation Studies.

You'll appreciate the paradox when you realise why it has to be different. You'll find here that even the students are not quite what you'd expect. They come from vastly different backgrounds and are adults who have decided to return to education in more mature circumstances.

So there are no problems of discipline or other such problems that are usually associated with the conventional school.

CIT'S School of Orientation Studies is on the main campus at 900 Dandenong Road, Caulfield East, and is formally described as a TAFE (Technical and Further Education) college providing post-secondary education.

Its fundamental objective is to create and make opportunities available for all people who wish to become involved in education.

Peter Cutter, the head of the school, expanded on the idea of the school with a difference: "We are acutely aware of the need for our students to experience an educational environment which is suitable to their age group."

"Many students find learning difficult because of negative experiences in their former schooling. We try to overcome this by creating an environment of co-operation and support."

Mr. Cutter said that the school not only offers traditional subjects and courses but a whole range of access programs. These are designed to meet the needs of disadvantaged people in the community.

"The groups include unemployed, women migrants, adult illiterates, and the physically and mentally handicapped," Mr. Cutter said.

Conferences at CIT.

Futurology — a Symposium on Methodologies for Social Forecasting — November 21st-23rd. Enquiries to Dr. Tony Keulemans. Telephone 573 2246.

Expectations of Post Secondary Education — November 29th-30th. Enquiries to Mike Smith. Telephone 573 2213.

News from Council

History of Caulfield goes ahead

Publication of "From Sand, Swamp and Heath — a History of Caulfield" by P. Murray and T. Wells is going ahead and should be available for Christmas 1979.

When the book is finally ready it will be widely advertised and a special introductory offer of \$15 a copy will be available. The normal price of \$20 will apply after the first three months.

Orders for the history will be taken at the Town Hall on 524 3211.

Centralised Meals on Wheels Kitchen

A detailed report is being prepared in conjunction with Architects and Kitchen Consultants on the feasibility of a dual purpose kitchen within the proposed Town Hall development program.

Because of the large number of meals being prepared for the Meals on Wheels Service the Cedar Street kitchen is no longer adequate.

It is thought that a centralised kitchen would suit the service and also provide good facilities for town hall functions.

Placement of Sculptures

The sculptures acquired as a result of the recent Invitation Exhibition have been given homes.

The Ailsa-O'Connor sculpture will be mounted on the outside entrance wall of the Arts Centre where children and adults alike will be able to enjoy it.

The smaller work by Dennis will be included in the "Collection on the Road" and Peter Blizzard's piece will be erected in one of the parks of the City.

Street Numbering finished

All the power poles in the City now have the street numbers on them. This project has taken time to complete but has been worth the effort. It is now relatively simple to find the address you're looking for.

Code of Control for Special Accommodation Houses

The publicised Code of Control for Special Accommodation Houses has now been adopted by Council. The old code was found to be totally inadequate.

The humanitarian approach of this new Code of Control has received commendation and should prove to be an acceptable guideline for the development of Special Accommodation Houses in Caulfield.

Shopping Trolley Fines

Residents should be sure to return their shopping trolleys to the supermarket because it is now an offence to leave them in the streets.

In addition Council now has power to impound any trolleys found outside the vicinity of the shops and owners will have to pay a release fee.

Orrong/Balaclava discussion deferred

Consideration of the Orrong Crescent proposals has been deferred to the next meeting of the Planning and Community Development Committee on the 7th November at 7.30 p.m.

This will allow further consultation with residents and traders in the area. All parties involved will be notified and their views should be available for this meeting.

GOODS NEEDED

The Carnegie Elderly Citizens' Opportunity Shop has been raising money to assist the elderly folk in Caulfield for the past eighteen years.

Since its opening on March 2nd, 1961, proceeds raised from the sale of goods at the shop totals \$142,000 to date and this is clear profit.

Funds raised are used to assist in the welfare of elderly citizens and the elderly citizens' club. \$45,000 has also gone towards the housing of elderly people in Caulfield.

The voluntary workers have reason to feel proud of this admirable effort and it is interesting to note that every cent raised has been put to use only in Caulfield.

Goods are always needed for the shop so if you have any unwanted clothing, furniture or other items you could call in at the shop which is located at 64 Rosstown Road, Carnegie, telephone 211 5468 or contact the Caulfield Town Hall on 524 3228 to arrange for the goods to be collected.

FUN AND INTEREST

The Murrumbeena Infant Welfare Centre, 89 Murrumbeena Road, Murrumbeena is holding a Fun and Interest Morning on Wednesday October 31st from 9am to 12 midday.

Features include films, displays of interest, toymaking demonstrations and light refreshments.

Why not come along and join in. All ages welcome.

A Guide to Cutting Petrol Costs

The petrol crunch is upon us.

While the political crisis in the Middle East is threatening to trigger another energy crisis, inflation has driven the price of petrol through the roof.

One way of minimising the effects of the fuel crisis is to reduce car fuel consumption.

Several strategies are open to us. We can convert cars to LPG but, remember, even if the export of LPG is stopped only 10%-15% of our car fleet can be supplied with this fuel.

Or, with careful driving and proper car maintenance, we can reduce the amount of petrol we use, and get considerably more mileage out of every litre we buy.

How can you make your petrol go further?

You could drive less, which would be patriotic, but for many commuters impractical or impossible, or you can follow these simple driving techniques and stretch your petrol mileage by 9%.

- Always accelerate gently. Avoid the infamous "jackrabbit starts" that eat up petrol.

- Get into high gear as soon as possible. You can "trick" an automatic transmission into high gear by simply lifting your foot off the accelerator at about 60 km/h. Then put your foot back down gently to continue accelerating. With a manual transmission, you can often skip a gear when accelerating on level ground or downhill.

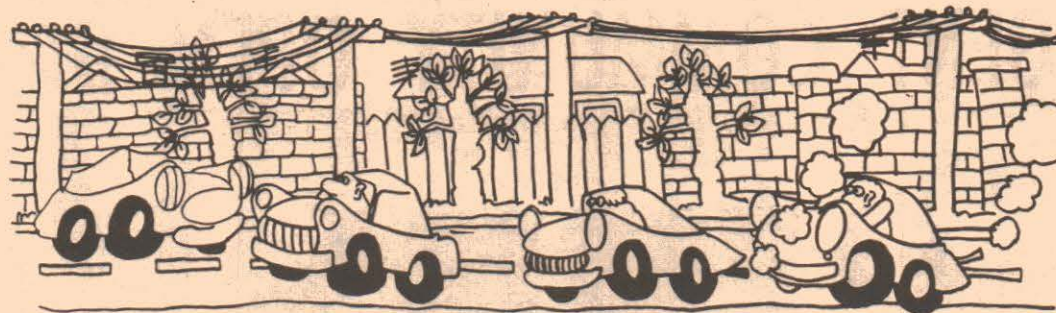
Just shift directly from first to third. Four and five-speed transmissions provide more chances to skip gears without the risk of straining the engine.

- Watch traffic ahead in order to anticipate or avoid stops. Lift your foot from the accelerator and coast up to traffic jams, rather than racing up to

them at full speed, then slamming on the brakes. If the traffic clears as you roll slowly towards it, you've saved even more petrol. It takes 20% more fuel to accelerate to normal speed from a full stop than it does from 10 or 15 km/h.

- Obey speed limits. Everyone knows not to drive too fast, but driving too slowly wastes petrol, too. Cars with automatic transmission get their best economy at about 55 km/h. On the highway, remember that it takes 30 per cent more petrol to travel at 110 km/h than 80 km/h.

A car with manual transmission gets its best mileage going as slowly as it can in high gear without lugging the engine because the engine is turning fewer revolutions for every kilometre you drive.



Additional tips that will increase saving

- Don't let your car idle, whether you're stuck in traffic or just dashing into a shop. An idling engine wastes about a litre of petrol every 15 minutes. Shut the engine off, even for a few minutes, and you'll save petrol. In the same vein, don't warm up the engine by letting it idle. Start it up and drive right off — slowly. The engine warms up faster when driving than it does when idling.

- Use the choke frugally. It should only be used long enough to keep the engine running smoothly as it is warming up.

- Don't rev the engine up just before shutting it off. That not only wastes fuel, but leaves raw petrol in the cylinders, which then leaks down and dilutes the motor oil. And don't "pump" accelerator at traffic lights.

- Maintain a steady speed in highway driving. Changing speed by as little as 8 km/h can increase fuel consumption quite markedly. And stay off the brakes, except for emergencies. Whenever possible, pass slower vehicles as soon as you encounter them, rather than slowing to their pace, then speeding up to pass.

- Keep your windows closed at highway speeds. Open windows create aerodynamic drag, which increases fuel consumption.

- Avoid using roof racks; they can cost you dearly. Tests performed in England showed

that a car at 80 km/h with its roof rack piled high used 17 per cent more petrol than a car with no rack. If you must pack a roof rack, make a wedge of your luggage, packing small items at the front, taller ones in the rear. That will reduce the penalty by 7 per cent.

- Don't use electrical accessories (radio, lighter, bright lights, rear window defroster) unnecessarily. They just activate the alternator to recharge the battery, which puts more strain on the engine and uses more petrol. The air conditioner is run by an engine-driven pump that really cuts into your fuel consumption, so don't use that unnecessarily either.

- Never fill your tank to the brim — the attendant will usually spill some of the petrol you're paying for. Then, if you park facing uphill, more petrol will drip out. If you park in the sun, the petrol will expand and overflow. Either way, it's more expensive fuel down the drain.

- Stretch petrol 15 per cent by maintaining your car properly. Just by tuning the engine, adjusting the wheel alignment, using the proper motor oil and correcting tyre pressure, Shell's test car got 14.6 per cent better fuel economy.

You can go even further: don't just use the correct tyre pressure but add 4 to 5 pounds more per square inch (psi). As long as you don't exceed 32 psi, it's not dangerous, and it will not only increase gas mileage but tyre life

as well. Check your air pressure once a week, because it tends to leak out slowly.

Tyres are very important to fuel economy. Radial tyres give five to ten per cent better mileage than bias ply.

- Use only the specified grade of engine oil. "Heavy" oil causes the engine to drag and work harder, resulting in greater fuel usage.

- Use the appropriate grade of petrol. Not all vehicles need super grade, so using it unnecessarily is wasteful because more crude oil is needed to produce a litre of super than is needed to produce a litre of regular.

So there you have it: probably a 10 per cent increase if you change your driving habits, 15 per cent for keeping your car (and tyres) in tune and 3 per cent more for changing your motor oil.

If you're in the market for a new car, you'd be wise to pick one with a good petrol/kilometre rating. In order to get that, take a long hard look at the options you want and how they will affect your fuel economy.

An air conditioner will impose an economy penalty and so will automatic transmission. A six-cylinder engine will give you less than a four-cylinder, a V-8 less than a six. Optional overdrive transmissions or economy axle ratios can save up to 15 per cent in highway driving.

Caulfield Grammar Community Service



Above right: Ross O'Callaghan trims branches for a Caulfield resident. Above: Nick Konstantadous puts on a fresh coat of paint.



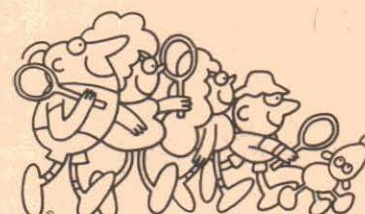
As part of its curriculum activities Caulfield Grammar School has organised a group of boys who provide voluntary service to elderly people, hospitals and homes.

They provide a service which includes gardening, painting, clearing and general maintenance tasks. Boys are organised into groups of 4 or 5 and elect a group leader who is responsible for determining the task to be completed and supervising it.

A tidy garden, a painted fence or a repaired piece of furniture can be a significant contribution to an elderly person's welfare. Equally significant is the personal contact that occurs, and courtesy, good humour and common sense are required for the task.

Contact for the group is through the Meals-on-Wheels service who pass on the names of those needing help. The boys aged 14-16 years derive much personal satisfaction from a job well done and are to be commended.

Next year there will be a task force of 60 boys who will be involved and the community is grateful to Caulfield Grammar School for its awareness of people's needs.



Life. Beinit.

Being active is a vital part of everyday living. It's enjoyable. It's varied. And it does you a world of good.

The number of recreational activities available to you is only limited by your imagination.

Try one of these for a minute, an hour or a day.

- Take the kids for a walk around the block. Along the beach. Through a park.

- Turn off a TV set. Preferably your own. It's a very useful exercise.

- Take a Sunday drive. But stop the car. Get out. Walk around. Look. Feel. Smell. Explore.

BUSH DANCE

A colonial bush dance, featuring the Smith's Gully Band, has been organised by the Bayside Caulfield Parents Without Partners Group.

It will be held at the Caulfield Town Hall on Friday November 30th from 8.00pm to 1.00pm.

Admittance \$3.50; b.y.o. All welcome.

COMMUNITY ACCESS

REGENT COMMUNITY OPEN DAY



— Ladies at the lodge enjoying a quiet game of bowls.

Regent Community welcomes its friends, neighbours and interested members of the Caulfield community to its Open Day on November 4th, from 2 p.m. to 4 p.m., 46 Regent Street, Elsternwick.

The purpose of this day is not only to raise a little money but to open the doors of Regent Lodge and Regent House to the public. In this way, we hope that people will come to know and understand something of what Regent Community offers and also what it needs to continue both in terms of financial and volunteer help.

Staff will be available on the day to show people around

Regent Community and to answer any questions.

There will also be stalls arranged by residents and staff which will be selling handicrafts, pottery and home made cakes. Some residents will also have on sale a selection of their oil paintings.

Afternoon tea will be served, so come and join us for a pleasant Sunday afternoon. We look forward to seeing you!

FAMILY FUN FAIR

A fair will be held at St Joseph's School, Elsternwick (entrance Staniland Street) from 3 p.m. to 6 p.m. on Friday November 9th.

Stalls will include handicraft, cakes, sweets, produce, books, bric-a-brac, new and used clothing and plants. There will also be Devonshire teas and a sausage sizzle. Everyone welcome.

Rheumatism and Arthritis

The Caulfield Group of the Rheumatism and Arthritis Association of Victoria (R.A.A.V.) meets on the last Monday of each month at 10.30 a.m. at the Southern Memorial Community Care Centre Annexe, 259 Kooyong Road, opposite the Hospital.

If you have arthritis or have someone in your family who suffers from it, come along and have a cup of tea or coffee with us and let's talk about it — we are very much a self-help group and you would find a warm welcome awaiting you.

Our next meeting is on Monday October 29th. For further information please contact Mrs Marjorie Moore on 527 1821.

COMMUNITY BUS

The Caulfield Community Bus is available to community groups who don't have access to private vehicles.

It is a 12 seater bus with no special licence required to drive it. Groups such as drop-in centres and elderly hostels need help with voluntary drivers.

If your group is planning an outing and can provide a driver, please contact Vi Marshall, Transport Co-ordinator, at the Citizens' Advice Bureau between 10 a.m. and 12 noon. Telephone 524 3272.

AUSTRALIAN AIR LEAGUE

Boys aged from nine years are invited to join the Australian Air League (Carnegie Squad).

Activities include radio and communications, theory of flight, aviation, model making, first aid, drill, physical education, camping and reviews.

Meetings are held weekly on Tuesday nights from 7.20 p.m. to 9.30 p.m. at the Church of Christ Hall, Toolambool Road, Carnegie.

For further information please contact Maureen Vella on 579 5992 or Sue Stelling on 211 9569 after hours.

FIRST PRODUCTION



At rehearsals from left to right: Tamara Derman as Alicia, Marcia Gould as Nancy and Mark Boral as Gerry.

The newly formed Caulfield Theatre Group present their first production "Chase Me Comrade" by Ray Cooney.

It is a fast moving, lighthearted farce based on the story of a Russian ballet dancer who decides to defect to England and the amazingly funny run of events which take place.

Performances will be held on Wednesday 14th, Thursday 15th and Saturday 17th November at 8 p.m. at the Caulfield Arts Centre, 441 Inkerman Road, Caulfield. Telephone 534 3318 or 233 1491 (a.h.).

Rippon Lea

The Fourth Thursday Luncheon Club will hold its next luncheon (Christmas luncheon) on November 15th (third Wednesday). Guest speaker will be Mr. A. J. Murphy, General Manager of the Moomba Festival who will speak on the

background of "Let's Get Together and have Fun".

Tickets are available at \$5 a head or \$4 for a group booking of 20 or more and bookings may be made by ringing the ticket secretary, Miss Jill Bailey on 288 2357 after 6 pm.

Your Letters

Unemployment Ideas

Madam, At the recent unemployment forum at C.I.T. a request was made for ideas that could result in jobs for those at present without work.

My hardware man says that Australian made wooden backed hand brushes have bristles on only one side.

Why can't similar brushes, with bristles for the nails also, be made here by a group at present without work?

Initially it would need both Council and Government help and then hopefully expand into a self-help business. Work would be provided in factory, office, sales and delivery fields.

Enquiries showed that such a scheme would get backing. Its biggest problem is how to find an unemployed or retired brushmaker in Caulfield who would be willing to give his knowledge and time to teach others his trade.

I am writing to you, as Editor of 'Contact' hoping you may be able to help me in what has been — till now — a needle in the haystack search.

B. Pitman, Caulfield.
527 2633

ACTIVITY NIGHT

Caulfield Toddlers' Activity Night. Wednesday October 31st at 8 p.m. Public welcome.

Dr Brian Roet will speak about hypnosis at Oak Tree House, 356 Hawthorn Road, Caulfield. A demonstration will also be given and topics include childbirth, relaxation and smoking. Supper will be provided.

New Ormond Auxiliary

The New Ormond Auxiliary, Alfred Hospital extends a warm welcome to those interested in joining the group.

Meetings are held in the Presbyterian Church Hall, corner of North and Booran Roads, Ormond at 10.30 a.m. on the 4th Monday of each month.

Money raised helps to buy

equipment for the Alfred Hospital. If you are interested please ring 578 1721.

To assist in their fund-raising the Auxiliary will be holding a street stall on Friday, November 23rd, in the main street of Ormond outside the supermarket.

60 Years of Marriage

Congratulations to Mr. and Mrs. Rea on achieving 60 years of marriage. They have long associations with Caulfield and have both given great service to the community.

Mr. Rea, now 89, served at Gallipoli and is now a life member of the R.S.L. He and Mrs. Rea, 84, married soon after the first world war, had five children and now have nine grandchildren.

Mr. Rea drove with Caulfield Meals on Wheels service for many years and Mrs. Rea has worked untiringly with the ladies of Caulfield.

On their anniversary day they opened their home to friends and relatives who met to wish them well.

Congratulations and may you continue happily together for many years to come.

CAULFIELD FOOTBALL CLUB

For years the Caulfield Football Club has sought to throw off their press image as "the Cinderella side of the V.F.A." In point of fact the label applies more accurately to the club's lack of local support rather than to their lack of success upon the field.

Admitted to the V.F.A. in 1962, Caulfield found the transition to senior football difficult at first but made gradual improvement during the late sixties. In 1971 they finished third, in 1972 were runners up and in 1973 they won the second division premiership.

Since their promotion to first division they were semi-finalists in 1976 and finished in fifth place in the season just concluded.

Stuart Trott, playing coach for the past two seasons, has been re-appointed for season 1980 and he is most enthusiastic about Caulfield's prospects of taking a first division flag. A veteran of more than 200 games with St Kilda and Hawthorn, Trott is a fitness fanatic and ensures that his side lacks nothing on that score.

Gary Davidson and John Einsiedel returned to the club this season, after a season with Richmond in the V.F.L. Davidson celebrated his return to Caulfield by winning the club's best and fairest award from Derek King and Stephen Russ.

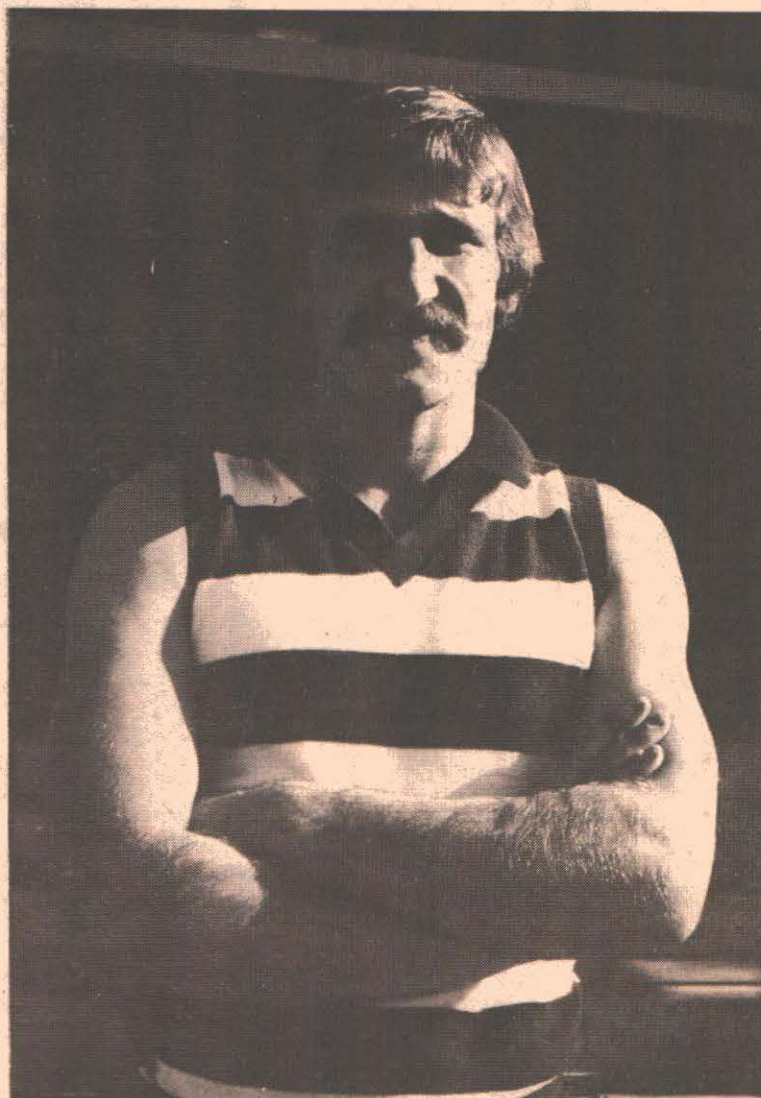
John Einsiedel was less fortunate, breaking his leg in a training mishap mid-season. It is

around these players that Trott intends to build his 1980 hopes. Recruiting has already begun to add physical strength to the pacy 1979 model.

Off the field the club has many hard working officials who have been with the club since its induction to the V.F.A. The club's fund raiser, Harry Melbourne, is practically an institution in Caulfield. A former doorman at the Town Hall, Harry knows many people and has access to many places.

With a cheery smile and a kind word for everyone, Harry is a life governor of two major hospitals and a life member of several clubs, including Caulfield. As a popular caller of the bingo games at the Town Hall on Monday evening for the football club and on Thursday evening for the Caulfield Lions, this popular man has a very active retirement.

The Caulfield Football Club has worked long and hard to achieve success and to reflect credit upon the City of Caulfield. In return they ask that the citizens of Caulfield support them by attending their games during the 1980 season.



Gary Davidson winner of the "Best and Fairest Award" this year returned to the club after a season in the V.F.L. with the Richmond Club.

You and Your Child

Books and library materials will be on display at the Caulfield Arts Centre to complement the International Year of the Child Primary Art Exhibition.

The displays will be shown between Thursday 15th and Friday 23rd November.

All books, posters and tapes will be available for loan from the Caulfield City Library, Maple Street, Caulfield South.

Opening Hours:

Monday	10am - 8.30pm
Tuesday	10am - 8.30pm
Wednesday	Closed
Thursday	10am - 8.30pm
Friday	10am - 8.30pm
Saturday	9.30am - noon.

It's free to join!

Local M.P.

Mr. Ted Tanner, M.L.A. for Caulfield has opened his electorate office at 680a Glenhuntly Road, Caulfield. You may contact him at this address or on telephone 523 9197.

A Golden Guide

The language barrier for people in a new land has been greatly eased by the introduction in 1978 of the Golden Guide Directory.

The directory was the vision of Spyros Liolos who first studied English in his Greek homeland. Prior to his arrival in Australia in 1967 he completed further studies in the United States.

As a teacher of Modern Greek he has been heavily involved in community affairs. He has worked to bridge the gap between our ethnic community and the Australian business industry.

The Golden Guide Directory is a Greek equivalent to our own Yellow Pages business directory. It also includes information on hospitals, social welfare agencies, local governments, police and similar organisations.

The professional listings include doctors, dentists, solicitors, veterinary surgeons as well as trade and business

organisations. The listings cover Melbourne and the outlying areas.

On November 28th this year the first edition of the 'Italian Guide' will be launched by the Minister for Immigration and Ethnic Affairs.

Public Relations Co-ordinator Rosemary Marshall of Caulfield stresses the fact that although the majority of migrants are able to communicate verbally many are unable to read the English language.

The Guides, printed in Greek and Italian, ensure that not only does it increase trade relations

but in many instances means that no longer are our ethnic groups left without help in an emergency.

The guides are distributed free throughout the community and further enquiries or advice may be directed through Rosemary or any of the staff at 187 Collins Street, Melbourne. Telephone 63 4860.

NOTE: A limited number of guides are available from the Community Liaison Officer at the Town Hall.

Toastmistress

The Yarra Toastmistress meets on the second and fourth Monday monthly at St Paul's Church of England, Dandenong Road, (opposite Glenferrie

Road), Malvern. For further information please contact the Secretary, Hazel Ostril on 578 7729.

Elsternwick Bowls Club

The official combined opening of the Elsternwick District Bowls Club and the Elsternwick District Ladies' Club for season 1979/80 was held on Friday September 7th.

The green was officially opened by Councillor Wally Ward (representing R.V.B.A. president) and Mrs Kath Tenny, President of V.L.B.A. rolled the first jack.

After the first bowl was delivered by Cr Ward official proceedings were then conducted in the Clubhouse. Following the program an informal get together and supper was enjoyed.

It is hoped the large attendance on the night is indicative of the club's success for the ensuing year.

Camera Club

The next meeting of the Hughesdale Camera Club will take place at 8 p.m. on Thursday November 1st at the Hughesdale Community Centre, corner Poath and Kangaroo Roads, Hughesdale.

The feature, entitled "Underwater Photography" will be presented by Mr A. Steward who is chairman of Marine Parks and also a committee member of the Ocean Society.

Slides for comment will be of an open nature and members are requested to submit their slides for the December competition. Slides considered to be of special interest may also be presented for viewing and visitors are always welcome.

Enquiries may be made by ringing 570 4758.



Calendar of Events

Gallery Hours:
Tues.-Fri. 10am-6pm;
Sat. & Sun. 1pm-6pm.

Nov 1-Nov 11: An exhibition of hand crafted wearables presented in conjunction with the Second National Crafts Project sponsored by the Crafts and Community Arts Boards of the Australia Council.

Nov. 10, 10 am-4 pm: Rag Rug Workshop with Isabel Foster — A follow-up Rag Workshop will be held for those interested in adding to skills already achieved or for those who have not already been introduced to this very exciting simple craft... just in time for Christmas!! Bring a No. 3.50 or No. 4 crochet needle, your lunch and thermos — we will supply the materials you need!

Admission: \$2.00 adults; 50c children/pensioners. Enquiries: 524 3277.

Nov. 14-15, 8 pm: Performance of "Chase Me Comrade". First production presented by the Caulfield Community Theatre. The play is a fast moving tour de farce based on the story of a Russian ballet dancer who decides to defect to England and the amazingly funny run of events which take place. A "not to be missed" evening of frolicking fun! Tickets and bookings — telephone 534-3318 or 233 1491 A.H.

Nov. 15-Nov. 23: International Year of the Child Primary Art Exhibition — Children from the Caulfield Inspectorate

Primary Schools will display artwork created at school. The exhibition is presented and sponsored by the Caulfield City Council as an International Year of the Child program.

Works will include: paintings, drawings, constructions, ceramics, photography, printing, threads and textiles (tye-dye, weaving, batik), puppets and dolls, kites, macrame, enamelling, jewellery, woodwork, sculpture.

Nov 17, 8pm: Final performance of "Chase Me Comrade" presented by the Caulfield Community Theatre.

Nov. 25, 10 a.m.-12 noon: Suzuki Concert — Melbourne Suzuki Group end of year concert. Violinists, Cellists and pianists aged 3-13 years. Admission \$1 adults or \$2 family. Enquiries 523 9029.

Nov. 25, 3 pm: Caulfield Arts Centre Music and Dance School Children's Concert — An end-of-year afternoon of music and movement presented by students of the Arts Centre Music and Dance Classes. Everyone is welcome. Admission is free for this family event.

Nov. 26, 8 pm: Melba Conservatorium of Music Graduation Concert — Concert given by staff and students from Melba Conservatorium of Music. Graduating students will be presented with diplomas. The presentation will be made by Lady Casey. Admission is free.

Link Courses at Caulfield Technical School

Caulfield Technical School has well equipped workshops, staffed by experienced teachers, and these are now being made available to students from adjacent secondary schools.

The workshop skills taught help to provide variety to the curriculum of students with academic programs, give them some leisure time skills, and in many cases can help to expand their options for employment.

The link courses, as they are called, commenced as an experiment in 1978 when two groups of Year 10 boys from Caulfield High School attended one morning each week for Engineering Workshop Practices and Sheetmetal.

On two mornings each week Year 8 students from Malvern Girls' High School and Caulfield Technical School exchanged schools, the girls attending Woodwork and Metalwork classes, and the boys doing Domestic Science.

These courses proved to be very popular with students, and have been expanded this year to include an additional Year 11 Class from Caulfield High School, and a Year 11 Art Class from Malvern Girls' High School which attends Caulfield Technical School's Art centre in East Malvern.

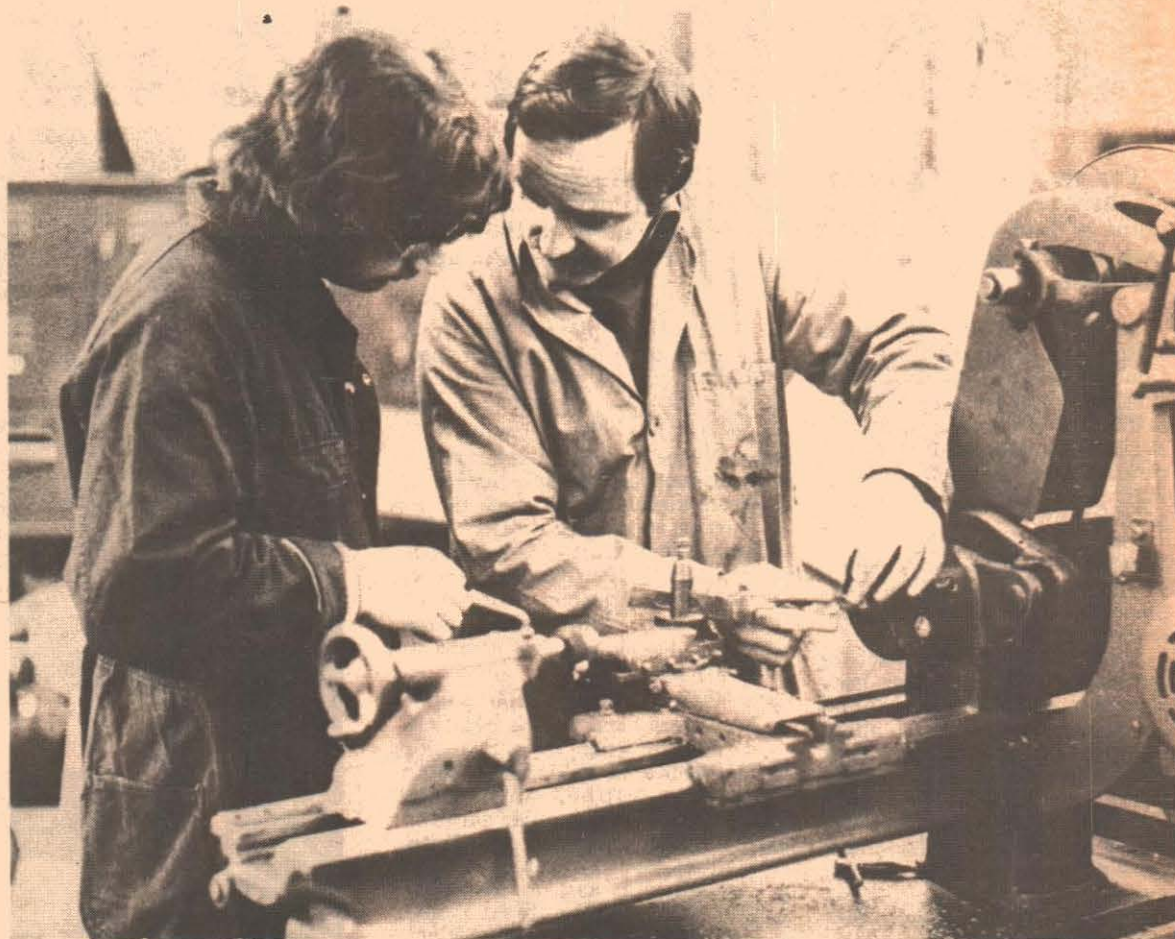
A group of Year 10 students from De La Salle College, Malvern, is also receiving instruction in Engineering Workshop Practices. This latter course has been enthusiastically received by students, their parents and teachers, and an expanded program is being planned for 1980, possibly to include another independent school.

The Senior Teacher in charge of Link Course development is Mr G. Jones.

PLANS FOR COEDUCATION

In 1980, Caulfield Technical School plans to accept girls into Year 10 and 11 courses by transfer. Details of programs in Applied Science, Business Studies and General Courses are available from the Vice-Principal, Mr J. Gluyas.

In addition the school is applying for approval to accept girls into Year 7 in 1981. Details of this proposal will be forwarded to Year 5 girls and their parents during October, via the primary schools.



HOLIDAY DRIVES — Volunteers needed

Many old people feel particularly isolated during the Christmas holidays, especially if they have families who are away during that time.

As a result the volunteers who have been taking out elderly people on Sundays for a short drive in the Council's Mini-bus want to try and increase this service over the

summer holidays.

From the feedback received from people who have enjoyed drives over the past months, we know that this service is much appreciated. For some people it has been the first outing that they have had for many weeks, in some cases, months.

It is hoped to utilise the

Mini-bus on Saturdays and Sundays from 23rd December-20th January. The time involved is approximately 2½ hours, 1.15-3.45 p.m. If you have some spare time and would like to participate in this programme, please contact Vi Marshall between 10.00-12.00 weekdays, on 524 3272.

Home Helpers Train at Caulfield Hospital

A comprehensive inservice training course is being held at the Caulfield Hospital for the Caulfield Council home help staff.

Speakers on the course include representatives for Caulfield Hospital, Southern Memorial Community Care, a local medical practitioner and the Social Development Department of the Council.

The Home Helpers are responding enthusiastically, gaining new insights and sharing their experiences. This should allow them to cope more adequately in the situations they find themselves in the homes they visit.

It consists of six weekly morning sessions and is a combined project planned by the staff at the Hospital and the Social Development Department at the Town Hall.

The needs of the elderly include an understanding of the intense and constant struggle necessary to enable them to stay in their own homes and thus retain dignity and independence.

The aim throughout the course is to help those going into homes become more aware of their role. Situations vary and needs differ. Sometimes a mother will need help in an emergency or support on coming home from hospital with a new baby.



Sister Annette Madden demonstrating the use of the oxygen cylinder to home help staff Mrs Alison Peeler, Mrs Carmel Burnett and Mrs Nerreida Graham, Home Help Supervisor.

Caulfield City Council FIFTH ANNUAL CAULFIELD COMMUNITY DAY

Sunday, December 9th, 1979
Caulfield Park, Balaclava Road.

TUG-O-WAR

It is proposed to hold a Tug-O-War competition at the Caulfield Community Day. The event will be competed under the classical rules of tuggers in preference to the more modern scientific - horizontal pull. Teams will consist of eight persons, with two interchange members in addition to a coach.

It is hoped to organise this on a knock-out basis, culminating in a final pull late in the afternoon. Rules and regulations concerning the competition will be drawn up by mutual agreement from all teams concerned, however it is hoped that the procedure will closely follow that of the Ancient Druids and Water Rats, laid down in the early 2nd century.

Any organisations or groups of individuals wishing to enter this momentous event, please contact Ron at the Caulfield Community Centre, 524 3288, any time.

DIABETES SCREENING

On Friday November 2nd the Lions Club of Carnegie will conduct a Diabetes Mellitus screening in the Carnegie Shopping Centre. The procedure takes approximately one minute. A finger is pricked, a blood sample is taken from the pricked finger, and an electronic machine gives a blood glucose reading within a few seconds which gives an indication of whether a person is at least at risk of developing diabetes mellitus.

Any person giving an abnormal result will be referred to their local doctor.

Christmas cakes and Lions sports books are now available for sale.