# **Elections Deferred Until**



A monthly publication produced by Caulfield Council for the residents of this City.

602530

Vol. 9. No. 5 Thursday, May 26, 1983

### YOUNG AND OLD

The generations are getting together at Caulfield Council's Hostel for the Aged, Camden Court, when children from the Caulfield Childrens Neighbourhood Centre visit the residents fortnightly.

fortnightly.
Camden Court in
Freeman St., South
Caulfield has been the
scene of happy children
and equally as happy
residents for four weeks

Every second Tuesday a group of children from the Centre are taken by Council's community bus to Camden Court for a couple of hours.

The children enjoy having substitute grandparents and the residents enjoy the company of the children. The fortnightly visits are proving to be very successful and are likely to continue.

Right, Mr Jack Mackenzie, a resident of Camden Court for 3½ years
doesn't seem to mind
young Shannon Tolley
using his walking frame
as a Post Office for
building blocks. Shannon is one of a group of
children from the
Caulfield Children's
Neighborhood Centre
who visit Camden Court
once a fortnight for a



### Collectors may need permits

Following recent complaints the Council wrote to the Law Department indicating concern about the "bona fides" of some collectors for charitable organisations.

The Acting Secretary has replied that the Government is proposing to reform the law relating to the solicitation of funds for charity and details of this proposal are currently being formulated.

Particular regard will be given to the recent State Government Report on the administration of charities which recommends the establishment of a permit system to regulate all charitable collections from the public.

Matters raised by the Caulfield Council will also be taken into account in formulating the legislation which the government proposes to introduce in the Spring session of Parliament this year.

#### AN INVITATION FROM THE MAYOR

The R.A.A.F. Central Band (32 members) will be visiting the City of Caulfield on July 3 and will conduct a musical concert. There will be a sausage sizzle on the day and everyone in Caulfield is invited to attend.

The Mayor, Cr. Ron Walters, hopes all residents of Caulfield and their families can join the Councillors of Caulfield on July 3.

Full details of times and places will be in next months Caulfield Contact.

# JLFELD November

# COUNCIL ELECTIONS AND ADULT FRANCHISE

As you may be aware by the reports appearing in the daily press, the State Government has recently amended the legislation concerning the eligibility to vote at Council elections.

With the introduction of this legislation the date for this year's Council election has been deferred to November 5, 1983, to allow sufficient time for the amendments contained in the legislation to be put into practice.

The major change in legislation is the introduction of full adult franchise i.e. all persons over 18 years of age living in Caulfield or having an interest in property in Caulfield can now vote.

Previously this was a property franchise where you had to be an owner or an occupier of property in your own right to vote, which precluded persons such as those living at home with their parents.

All those people living in Caulfield and recorded as such by the State Electoral Office, will automatically be included on the voters roll. The Chief Electoral Officer will supply the Council with a voters roll containing the names and addresses of these people.

For all people not included on the voters roll supplied by the Chief Electoral Officer, it is the responsibility of the Council and the persons concerned to have their names included on the Council voters' roll,

which is compiled independently of the Chief Electoral Officer's roll.

The procedure to be followed is that all persons having an interest in a property in Caulfield but living outside the ward concerned or outside the municipality, will be included on the Council voters' roll (but only one such person per property). All of these persons will be contacted to ensure that the information contained on the roll is correct.

For nominees of companies and persons who are not naturalised, it will be necessary to make application for enrolment, because any previous enrolment will be void. Enrolment forms are available at the City Hall. Enrolment by these people is optional.

Enrolments close on July 29 and the two sets of rolls will be on public display during early August.

Further articles will appear in following editions of "Contact" detailing specific areas of the legislation.

# Longest Mayoral Term Ever!

The Mayor, Cr. Ron Walters, will serve the longest single term ever, due to the deferring of Council elections this year.

The recent State Government amendments concerning the eligibility to vote at Council elections means the Mayor will be in term for 15 months until November 4, instead of the usual 12 months.

The Councillors of Caulfield will also be serving 15 month terms instead of 12 months.

The Mayor and Councillors will be in office until November 4 this year. Councillors and the new Mayor will therefore only serve nine month terms from November 5 until August 3 of 1984.



#### **CAULFIELD TOWN HALL**

Cnr. Glen Eira & Hawthorn Rds., Telephone: 524 3333

Opening Hours:

Monday, Wednesday to Friday — 8.30 a.m.-5 p.m. Tuesday — 8.30 a.m.-8 p.m.

Postal Address: P.O. Box 42, South Caulfield, 3162.

# ATribute to Eric M. Parton

Eric Moss Parton, J.P., served 27 continuous years as a Councillor for the City of Caulfield and he was a Mayor three times in this period.

In his nine terms as a Councillor he only stood for election twice, once when he first stood for Council. He walked back into Council unopposed for seven of his nine terms which indicated his popularity.

Caulfield was sad to hear of Eric Parton's death on April 25 this year. He was a "quiet achiever", a man who did "little things for people" and a man who was well liked and respected among residents and Councillors.

Eric Parton was born on July 8, 1901, in Cheshire, England, the second eldest of a family of 13 children. He leaves only one of his brothers, Ralph, who lives in England still.

In 1924 he came to Australia with 5 pounds in his pocket leaving a childhood sweetheart in England, promising to send for her when he became established.

Margaret Willis always knew he would send for her and money for an engagement ring arrived not long after.

In 1926 he sent a fare for Margaret who

brought only two possessions to Australia - her piano and her sewing machine. They were married the day after she arrived in Australia at St Lukes in South

In the meantime Eric had learned how to run a farm, had done a correspondence course at Burnley Agricultural college qualifying as a dairy supervisor, a meat inspector and a health inspector.

In 1935 Eric bought a dairy in Newlyn Street, Caulfield. In 1947 the Partons moved to Hawthorn Road where the dairy still operates.

Eric was a member of the Melbourne and Metropolitan Milk Distributor's Association for 27 years, eight of these years as senior vice president.

keen interest in Local Government led to him standing for

Council in 1944 and winning his first term as a Councillor. 27 years later in 1971 he retired from Council.

Eric was a Mayor three times in these years, in 1948, 1955 and 1966. His wife was a Mayoress four times once for Cr W. R. Thomson who was a widower when elected Mayor one year. Eric was a Commissioner on the Board of Works for many years and was also a Justice of the Peace.

Eric Parton was a community minded man. He was a member of the Caulfield Rotary Club for six years and a Trustee of Spurway Homes for 25 years.

The Caulfield Park Bowls Club elected him their President in 1955 and he became a life member in 1964. The club's second green was named the "Eric Parton

Committee man and club delegate to the R.V.B.A. for many years and Councillor of the R.V.B.A. for 16 years and the Greens Director of Caulfield Park Bowls Club for 23 years.

A keen St Kilda football club supporter, Eric was also interested in Cricket and still regarded England as his home

He became a master of his masonic lodge in 1944 and his 50 years membership was presented to him in November, 1981.

Starting with nothing, Eric had built up his dairy from two horse drawn carts to the dairies now owned and managed by the family. Partons is still the only dairy in Caulfield.

He never officially retired from Partons Dairies and "kept on coming down here" as his son Willis says.

Eric's three children, ten grandchildren, four great-grandchildren and especially his wife, Margaret, remember him as a very caring, family man.



### RED SHIELD APPEAL



The annual Salvation Army Red Shield Appeal is on again this year on July 3. Hard at work planning for the Red Shield Appeal are from left, Major Arthur Gibson, Caulfield Appeal Director; Mr Barry Callaghan, Zone Co-ordinator; Judy Arndt, Caulfield City Chairman; Mr Dennis Lorimer, Victorian Appeal Director and Mr Ted Tanner, M.L.A. for Caulfield.

### CONFERRINGS AT CHISHO

The first two conferring ceremonies of Chisholm Institute of Technology for 1983 were held at the Dallas Brooks Hall on May 13 and May 20.

A total of 824 students from Chisholm's seven schools qualified to take out awards. The presentations were made by the Acting President of Chisholm Council, Dr Clive Coogan.

A feature of the conferrings was the awarding of the Associate Diploma in Retail Management to nine students from the David Syme Business School. They were the first graduates of the course which is regarded as being unique in Australia.

The Director of the Institute, Mr Patrick Leary, introduced the guest speakers. At the first ceremony the Director-General of Transport of the State Government, Mr Alan Reiher, told the new graduates that they were entering the workforce at a time of great stress. The western world was going through a period of major and fundamental adjustment.

Mr Reiher emphasised the growth of the ter-CAULFIELD CONTACT -- Page 2

tiary and service in-dustries, but warned seconds by computerized technology, educational against the 'near enough is good enough' syndrome. He said that too often there was an unwarranted belief on the part of those providing services that they knew better than anyone else what others needed.

The guest speaker at the second ceremony was the federal Minister for Science and Technology, the Hon. Barry Jones.

The Minister told graduates that, in an age of technological revolution, when a lifetime's professionalism could be replicated in a few

experiences needed to be broadened.

Education should be seen as a process of growth and selfactualization, and of assisting people to understand the world around them rather than a qualification for a particular type of work.

We also needed to redefine our attitudes to work, the Minister said. We should think of work as any kind of worthwhile activity, paid or not, and recognise housewives, students and hobbyists as being usefully employed.

### **UNSUNG HERO**

Sixteen years as a Meals-on-Wheels "jockey" proves just how dedicated Mrs Alma Marsden is to the community of Caulfield.

Mrs Marsden brings much friendliness and cheer to those she visits on the delivery round of

Apart from spending one day a fortnight delivering meals, Mrs Marsden helps out at the Caulfield Hospital canteen fortnightly and spends time with the Red Cross and the Royal Victorian Institute for the Blind

Norma came to Caulfield in 1941 and has lived in the City ever since. Her tireless energy and enthusiasm is appreciated by many on the receiving end of her

volunteering jobs.
Norma lives in Nar-rawong Road with her husband Sid. When she is not delivering meals, serving in the canteen or working with charities, she attends regular exercise classes for the relief of the rheumatism that plagues her and plays



Tennis every Tuesday morning.

Norma's work in Caulfield was recognised by a resident of Caulfield. There are probably many people who dedicate much of their time to charity or community work. If you know someone you think should be recognised, write to

"Unsung Heroes", Caulfield Contact, P.O. Box 41, South Caulfield

Above, Relaxing with a bit of gardening at home is Mrs Alma Marsden. Mrs Marsden has been a Meals-On-Wheels "jockey" for 16 years and is this months "Unsung Hero".

### 119 Years of Service

At the age of 96 and with 119 concurrent years of community service up her sleeve, Mrs. Gertrude Webster is a model to our community.

Mrs. Webster recently donated \$5,000 to the Royal Southern Memorial Hospital,

Caulfield Auxiliary for an Imed Infusion Unit. The electrically perated machine administers ac-curate dosages of fluid over a long period.

Mrs. Webster has been President of both the Glenhuntly Auxiliary of the Mission of St. James and St. John and of the Caulfield Auxiliary of the Queen Victoria Hospital over the past 51 years.

For 17 years she was vice president of the Caulfield Auxiliary of the Royal Southern Memorial Hospital and has only retired recently from all of these positions.

Mrs. Webster was

originally from Geelong and is a well known resident of Caulfield.

# **Grants Available For Groups**

The Victorian Family and Community Services (F.A.C.S.) program supports services to strengthen families and provides encouragement for people willing to take an active role in their community.

It was established in 1977 and is a program of the Victorian Department of Community Welfare Services. F.A.C.S. acts as a bridge between government and the community.

The F.A.C.S. program is based on self help and community involvement and through a wide range of grants to groups, welfare agencies and Local Government.

Background

F.A.C.S. operates statewide through 18

regions with everybody in Victorian belonging to a region. Caulfield is part of the Southern Region which comprises Malvern, Brighton, Oakleigh, Sandringham, Moorabbin, Mordialloc, as well as Caulfield.

each region, F.A.C.S. is managed by a Regional Consultative Council (R.C.C.). Representation on the R.C.C. includes elected residents of municipalities (community representatives) elected non-government organisations and nominated representatives of Local Government and State Government departments.

Caulfield has just been involved in the election of the community representative for the municipality. Caulfield Community Service was nominated by Caulfield City Council to be the organisarepresenting

As the elected community representative. Judy Arndt, will be involved in the many activities of the R.C.C. on behalf of Caulfield

municipality.
The R.C.C. is concerned with identifying and examining problems in the region and out ways in which these problems can be dealth with. It recommends to the Victorian Government which projects should be given F.A.C.S. grants.

Applying for Grants

Groups interested in seeking funds under the F.A.C.S. program are invited to submit applications in

August/September of each year for funding in

the following year.
Groups funded F.A.C.S. include community centres and volunteer and self help services.

#### Meeting

As Chairman of Caulfield Community Service, Jack Campbell said he hoped all Caulfield organisations in welfare services could attend a forum at the Caulfield Town Hall on

the evening of June 28.

The forum will review objectives and discuss priorities for applications to F.A.C.S. grants. For further enplease phone Campbell on quiries 523 9228.

Vork Experience Program

The Caulfield Council conducts work experience programs for both secondary and tertiary students and is able to assist in the placement and supervised training in a wide range of work areas.

"On the job" learning has become an increasingly important component of all sections of education and training.

Young people facing employment problems today often call on the experiences they have gained in this way as reference when applying for work. Work experience programs can also assist students facing the decisions that need to be made in the

Choice of career.

Over the last 12 months 31 secondary students and 20 tertiary students have had short term work with the Council.

Secondary students have been employed for one and two week programs which are designed to provide an orientation to different fields of work. They have worked

in word processing, childrens neighbourhood centres, the Citizens Advice Bureau, records, infant welfare, computing, engineering

and many other sections. Tertiary students are usually placed for longer periods in either part time or full time positions. Many tertiary courses require students to complete a placement as part of their training.

These students either become involved in the normal day to day work of a department or become involved in research projects.

Pictured is Sue Kennedy a student from "Star of the Sea" Gardenvale who worked in the Citizens Advice Bureau. She is seen here getting some information from the computer.

#### Disabled Parking

Remember next time you try to find a parking spot in a crowded shopping area, please don't park in a disabled persons spot.

Doing this makes it three or four times as hard for a disabled person to get where they want to go.

One such area where problems have been occurring regularly is Caulfield Hospital in Kooyong Road.

You can be booked \$20 for parking in an appropriately marked disabled parking spot if that car park is under the Road Traffic Act which Caulfield Hospital is.

The same applies in other carparks where disabled parking spot have been designated.

So next time you can't be bothered walking and decide to park in a disabled spot, don't just think of the inconvenience and trauma you are putting a disabled person through, but think of that \$20 fine that may come your

### Nuisance

obscene or harassing or threatening calls, hang up immediately!

People who make these calls get their so called "fun" from the shock and discomfort to report the matter.

If you receive they cause you - so ruin their fun by not listening. Do not play their game by listening.

If the caller persists, then ring the local Telecom office at Oakleigh on 567 1211

#### **Council and Committee Meeting Dates**

JUNE 6 — Executive Services Committee
JUNE 7 — Environment and Community
Development Committee JUNE 14 — Policy and Resources Committee
JUNE 21 — Council



An application has been approved and a Notice of Determination to grant a permit has been issued to the ap-plicants and objectors for the establishment of a sports centre in North Road just west of Koornang Road.

The project includes the demolition of the existing factory and the erection of a two storey building comprising 6

squash courts a gymnasium, a swimming pool, saunas and change rooms. Operation will be from 8 a.m.-10 p.m.

Objections have been received from residents including effects on privacy, security risks and noise from car parks. These objectors now have a right of appeal.

Car parking will be at the rear and access will be from North Road on-The determination has been granted subject to certain conditions including the provision of two way access to the car park, extension of the divider between the service road and the North Road carriageway, suitably baffled exterior lighting and land-



A guest of the Mayor at a recent Policy and Resources meeting at the Town Hall was Mr Norman Geschke, Victorian Ombudsman. Pictured with the Mayor is Mr Geschke (left).

### **Helping Out**

Caulfield Primary School in Glenhuntly Road has done their bit for the recent fire stricken area of Cockatoo thanks to the idea of one sixth grader.

Just before Easter, Kelly Ring, decided it would be nice if their school could provide all the children at Cockatoo Primary School with Easter eggs. Caufield Primary

School's 209 students

250 chocolate eggs for the Cockatoo children.

The eggs were delivered to the school and caused much delight to the receivers and the givers.

took only a week to raise



#### Landscaping Princes Highway

The Country Roads Board has submitted landscaping proposals for stage one of the works between Waverley Road and Tooronga Road. Main features include an avenue of some 220 plain trees and brick paving in the central me-dian areas and traffic islands except where the median width allows trees, shrubs or ground cover to be placed.

The footpaths on the Caulfield side between Queens Avenue and Railway Avenue will be brick paved using paving similar to that already installed for the path outside the Caulfield Plaza.

The C.R.B. construction program indicates that the southern carriagway will be com-pleted by December 1983.

#### Extensions to Adass Israel School

Following recent approval of the Planning Brief governing the future overall development of the Adass Israel School, the application has been approved for the first stage of its ex-tensions. A Notice of Determination to grant a permit has been issued and work includes the construction of a two story class room wing, associated play grounds, driveway and parking

Children will be deposited and picked up across the frontage of Council Control the site and to buffer the Over Outdoor car parking and driveway from the residential properties to the west, a landscaped mound will be formed between the entrance and exit points.

#### Rotary to Fund Playground Equipment

The Council last year agreed in principal to the assistance of the Caulfield Rotary Club in the development of a playground area adja-Caulfield Park.

The club has now offered to fund the purchase of play equipment to a value of \$3,139. They have also offered to erect this equipment Traffic Treatment to Council's speci-

A vote of thanks has Council to the Caulfield Rotary Club.

### New Tags In Use

during March and one thousand six hundred the traditional disc. This ther monitored.

tag is claimed to be less likely to lose than the old disc and metal ring and is based on the principal used to ear-tag cattle. This system has also been found to be considerably cheaper.

#### **Tuberculosis Immunization**

The Health Commission (School B.C.G. section) has advised that their three year Mantoux testing and B.C.G. (tuberculosis) immunizations for school children over 11 years of age, will be conducted during the second year term.

As in past years, the Council's Health Surveyors will be making the necessary administrative arrangements and assisting in the organisation and conduct of the campaign.

#### School Crossing Supervisor Subsidies

The Council recently expressed its support of the City of Fitzroy in its request to R.o.S.T.A. to reconsider its policy for the payment of subsidies for school crossing supervisors.

Subsidies will be paid only for flagged crossing supervisors. R.o.S.T.A. has recommended that no subsidies be paid in respect of intersections or pedestrian operated signals irrespective of the traffic and pedestrian volume meeting the specified

requirements. Fitzroy Council is requesting support in seek-ing to have R.o.S.T.A.

#### **Council Control** Advertising

Advice has been received regarding a proposed delegation of the M.M.B.W. giving Councils full permit control over outdoor advertising regardless of zone or reservation.

Some applications are still handled by the M.M.B.W. on advice from Councils so the proposed variation should not alter the situation very much.

It is considered that cent to the aviary in the change will further recognise the respon-sibilities that Councils have in the administra-tion of the planning scheme controls.

### - Riddell Parade

The Council recently A vote of thanks has been moved by the approved the installation of three roundabouts. These will be installed at the intersection of College and Clarence Applications for the Streets, Riddell Parade annual renewal of dog and Downshire Road, registration were issued and Riddell Parade and Archibald Street.

Following receipt of and fifty-eight registra- RoSTA approval and tions were effected by bus company cancellathe end of the month. A tion the roundabouts new method of registra- will be constructed in a tion is now being used permanent manner and and takes the place of the traffic situation fur-

# Foreign Bodies





How often have you purchased food that in some way or another you have found to be faulty?

Apart from investigating any food poisoning incidents, removing suspect foods from sale and ensuring that food stuffs comply with the specified standard prescribed for them, the Council's Health Department each year receives numerous complaints from the public relating to faulty foods.

Recent examples of these complaints include glass in a vegetable ex-tract spread, a metal stud in a fruit cake, rodent dropping in a packet of noodles, wood pieces in a dim sim and grease in a milk bottle.

The Health Department has also received complaints about mould

growth in canned food, weevils and meal moths in cereal and grain foods, a cricket in a can of gravy mix, maggots in a piece of chicken, piece of cotton in an apple pie, a piece of wire in a can of baby food and a fly in a slice of bread.

If you are unfortunate enough to purchase food that is faulty in any way, please do not hesitate to contact the Health Department as the matwill be held in strictest confidence and will be thoroughly investigated.

In all instances, the primary purpose of the investigation is to assertain the cause of the problem and to take remedial measures to eliminate the possibility of the problem recurring.

Above left, a cockroach in jam; left, a fly in a loaf of bread; below, charcoal in bread.





The well publicised "Boyd Exhibition" drew interested crowds to the City of Caulfield Arts Centre in Inkerman Road over the last

Pictured at the opening of the Exhibition on May 6 is Community Arts Officer, Ms Merryn Carter, Mrs Guy Boyd, the Hon Race Mathews M.L.A., Minister for the Arts and Mr Guy Boyd one of the well known Boyd family that lived in Murrumbeena.

The Exhibition closes on Sunday May 29, so if you haven't seen this excellent collection yet, the Gallery is open on the weekend from 1 p.m. to 6 p.m. The Arts Centre is at 441 Inkerman Road, North Caulfield. Telephone 524 3277.

### A Canine Invasion at Caulfield Hospital

Not only has Caulfield Hospital a resident labrador. but it now has an official visitor in Lucas.

Lucas is a seven-yearold black labrador who was assigned an official volunteer badge three months ago.

Lucas has met Honey, the golden labrador who won patients' hearts at Caulfield last year. The two dogs get on well and jointly are proving to be very popular with patients, their relatives and staff.

His owner, Marion Coffman, finds that Lucas decides who to stop and visit as they make their way around Ward 9.

Charge Sister, Sister telen Willder, says Helen doesn't mind

what the patients do to him. "He is very good with blind patients who love to feel him." Sister Willder added that Lucas "does get the odd biscuit".

Honey is the first resident of a long term care hospital and Lucas may well be the first official visitor.

Lucas is rostered for visiting on Wednesdays from 3 to 5 p.m. He and his owner return on Friday to take Honey on an outing to the

### New Course for Nurses

Caulfield Hospital is the first Victorian Hospital to run a post basic rehabilitation and extended nursing care course.

The 10 students, all of whom are State Registered Nurses, will

be covering principles of rehabilitation nursing as well as focussing on health care of the aged in the Community. The 26 week course has been approved by the Victorian Nursing

Manager of Caulfield Hospital, Mr. Garnet Edwards, said he was

Council.

pleased to be introducing the course which was received enthusiastically by the Health Commission.

The Course will be officially launched at Caulfield Hospital, Monday, May 30 at 10.30 a.m. in the Hospital's Board

Special guests at the morning tea will include Dr. Tony Moore, Coordinator of Extended Care Services, Miss Merilyn Pritchard, Principal Nursing Ad-visor of the Health Commission, and Miss Mona Menzies of the Victorian Nursing Council.

Each year an outstanding young person is presented with the Duke of Edinburgh's Award in Victoria.

Despite publicity it seems many young people are unaware of the award and their eligibility to enter.

Many individuals do not realise they can ac- mittee of the Award is short articles, photo- you.

cept the challenge of the scheme and work towards achieving an award.

To overcome this problem the State Comproducing a news sheet to be displayed, noticed and read by more people than are currently informed of the

'Scheming" will be published three times a year and will contain

graphs and details of community activities.

The award is for those under 25 and the news sheet should be available from your library. If they don't have "Scheming" ask them to get it in for

### Ormond Community Aid Abroad

The Ormond Community Aid Abroad Group is supporting four projects with the goal of \$2,000 this year.

Most of this money is expected to come from the Southern Suburbs Schools Music Festival on June 27, July 6 and 13 at the Caulfield Town Hall.

The Festival begins at 7.30 p.m. each night and students from primary age to secon-dary age will participate CAULFIELD CONTACT - Page 4

in a program of dance, drama, chorale and instrumental works.

The money will be divided between a scheme to provide a communal water supply for a group of villages in Mozambique, Africa; a village goat scheme set up by a Peoples Multi Purpose Development

Society in India; another Indian project which aims to provide 100 women with a way to augment their family income — one cross bred dairy cow each.

Lastly, the group will support a Thai rural volunteer program which selects and trains full time volunteers for community service projects.

The choice of projects is always regarded as a very important matter. Community Aid Abroad headquarters provides a list each year for Ormond members to examine and decide upon.

The Ormond Community Aid Abroad Group meets monthly at the Ormond Special School, 2 Walsh Street. Films and speakers, discussions and supper. Enquiries to Mr. Len Evans on 578 1938.



Above, The Murrumbeena Spinners recently visited the Carnegie Library in Truganini Rd., to demonstrate their work. Behind them is a display of spinning, weaving and knitting.

> THE CAULFIELD CITY CHOIR and CAMBERWELL CHORALE

> > present

#### The Coronation Anthem — Handel Dido and Aeneas - Purcell

IAN COUSINS — Aeneas PATRICIA BALL - Dido MARIAN SINCLAIR - Sorceress CHERIE KIRBY - Belinda

#### Orchestral Suite No. 3 Bach

with the Camerata Orchestra (leader - Dorn Catrina) conducted by Douglas Heywood.

SUNDAY, MAY 29 at 2.30 p.m. CAULFIELD TOWN HALL

\$5 - adults \$2.50 — students/pensioners

Enquiries 233 3931.

# VOLUNTEERING — A Most Satisfying Job

Retirement for some people can be a turning point in their lives where the nine to five routine must be replaced with something worthwhile.

Some people take up hobbies such as gardening or craft activities, or start playing bowls or cards, or go along to Senior Citizen Clubs to meet with others.

Ken has two regular

trips driving the com-

munity buses a week,

and two other trips on

Sometimes he will be driving the community buses four times a week, but as he says

there is no pressure on drivers to do more then

freedom of choice in driving the buses, you

decide what you can

"There is no pressure

at all, the Bus Coordinator is always ap-

preciative of any service

Not only the Co-

ordinator but the peo-

ple Ken picks up and

drives appreciate the

"People are so ap-

preciative, it makes it worthwhile. There is a

certain satisfaction in

giving people a means of transport," says

service just as much.

the driver can offer."

a fortnightly

they want to. "There is a

cope with.

basis.

Sometimes the retired person needs a bit more to keep them occupied than cards once a week or club meetings once a month.

One way to fill up spare time and achieve a good sense of satisfaction is to volunteer some of your time.

There are always vacancies for volunteers with various organisations. The Council owned community buses is one area where volunteer drivers are always needed and always appreciated.

#### Profile of a Bus Driver

Ken Jacombs has been driving the community buses for two years and has been a volunteer with the C.A.B. for much longer.

After his retirement he felt he wanted something to keep him

For elderly people the thought of trying to board a tram with a walking frame or to find a seat on the bus that moves off before you get pass the first row, or travelling by train alone is too daunting.

The community buses are a pleasant alter-native to public transport and Ken has found that people look forward to their weekly or fortnightly trip enormously.

"They like someone to talk to and people are very friendly when you provide a listening ear," explains Ken.

He still remembers the first run he ever did with the community bus. "It involved pickpeople up from their homes and taking them to St. Giles in Murrumbeena for after-noon activities."

On a run like this, the driver is given names and addresses and designs his own route "anybody can read a road directory," says Ken. It didn't take him long to become very familiar with the Caulfield area.

The regular runs Ken does are not always the same, there are different people each week so a different route to follow.

"It is never boring or a bind," says Ken. He admits he enjoys some outings as much as his passengers.

A recent trip into the City proved most enjoyable. For many passengers it was the first time they had been over the Westgate Bridge and years since they had been to the Botanical Gardens where they stopped and

had lunch.

It is important to realise the added freedom the community buses give people who otherwise would not go out of their homes or

The buses are available for any group in Caulfield to use. They can supply their own driver or if that is a problem, the Bus Coordinator can find someone to drive for

All you need "is a sense of humour and sometimes patience,"

says Ken.

Both buses are registered with the R.A.C.V. and for the community bus volunteer drivers (not a group's own driver) there is no insurance encumbrance; they are not liable for accident



maintained and receive regular servicing. Any faults noticed by the driver are reported and rectified as early as possible.

Ken rang the Bus Coordinator after reading of the need for drivers two years ago. He is now winding down a little in driving while he moves house and drivers are needed to take his place.

Perhaps you are reading this now and would have a couple of

week. If you are in-terested, please ring the Bus Co-ordinator on 524 3200 or 524 3272 between 10 a.m. and 12 noon weekdays (except Wednesdays). leave a message at other

### Resource Guide Update

There have been some changes in the information in Caulfield '83, our Community Resource Guide. We list them here in the same form they appear in the book so that you may cut out the corrected information and paste it over the entry.

#### PAGE 45

M.O.L.K. (Mothers of Little Kids) Has disbanded

**Uniting Church Playgroup** Cnr. Kooyong Rd. and Jupiter St., Caulfield South, Contact Ann Bratchell Tel. 528 6024. (10.30 am — 12 noon Tuesdays and Thursdays).

#### PAGE 57

**Trade Practices Commission** 200 Queen St., Melbourne, 3000 Tel. 606 1444

#### PAGE 89

St Anthony's Catholic Women's

Contact, Mrs M. Owens 65 Bealiba Rd., South Caulfield, 3162 Tel. 211 7086

#### PAGE 37

Murrumbeena Primary School Hobart Rd., Murrumbeena, 3163
Times on application. Primary age — open to any children. Various structures activities, conducted by Volunteer parents. Some evening activities for adults. Contact Dot Marshall 568 8754 or Ann Spoelder 568 8935.

#### PAGE 41

Women's Refuge Referral Service Central contact point for women needing safe access to a Refuge. Tel. 329 8433. 24 Hour service.

#### PAGE 81

Caulfield & District Horse and Pony Club Packer Park, Leila Rd. Murrumbeena, 3163 Contact Sec. Miss Kaye Farrow, 7/24 The Avenue, Windsor, 3181 Tel. 529 1373

**Chadstone Community Health Centre** Tel. 568 2599

#### PAGE 22

Glenhuntly Grange Rd., Glenhuntly 3163 Postal Address: P.O. Box 62, Glenhuntly 3163. Tel. 211 2931

#### PAGE 70

Murrumbeena Spinners Contact Secretary, Brenda Ryan, 9 Dent St., Glen Iris 3146 Tel. 25 4746

#### PAGE 77

**Caulfield Little Athletics Centre** Contact Sec. Ms Jan Gyles 6 Maude St., Murrumbeena 3163 Tel. 568 8651

#### PAGE 16

Motor Neurone Society of Victoria

#### PAGE 85

Royal Southern Memorial Hospital - Helmsman Kiosk Auxiliary Contact Sec. Mrs Nancy Needham, 3 Coorigil Rd., Carnegié 3163 Tel. 569 5467

#### PAGE 63

Mr Alfred J. Knee 25 Wallen Rd., Ormond, 3163

#### PAGE 91

St Catherine's 402 Kooyong Rd., Caulfield South 3162 Rev. K. Joyner. Tel. 523 8963

PAGE 31 Insurance Tel. 665 4666

# PLAN FOR THE AGEING NOW

"Australia must not waste the opportunity to plan ahead now in order to meet the challenges which will inevitably emerge as our population ages", Roger Shipton MP, said today.

"When I was in Vienna in January I talked with officials who had attended the World Assembly on Ageing last year. I believe the onus is now on the Government, as a matter of urgency, to take positive action.

"I welcome the steps taken by the Federal Minister for Social Security, Senator Don Grimes, to canvass public comment on the recommendations of the Assembly. This must, however, be followed by immediate proposals and, where appropriate, implementation of the recommendations.

"The United Nations

ference that we live in the age of ageing, in a period when increasingly longevity is the destiny

of the majority.
"I believe that the aged have the right to look forward to their later years as a time of achievement, an opportunity to fulfil aspirations rather than a time of decline and despair", Mr Shipton said.

The report from the former Government's Australian Delegation to the Assembly states that it is argued that too much emphasis is being placed on institutionalised care of the aged, and too little is being done Secretary-General for care and support of pointed out at the con- the elderly in the com-



munity and particularly within the family.

The report also states that the fastest growing segment of the Australian population consists of females over 75, which poses a significant additional challenge as it is this segment of the population which is economically and socially most vulnerable.
"These issues plus the

recommendations of the Plan make it essential that we meet these challenges now", Mr Shipton said.

#### Everyone's equal in Victoria, how about you?





If this happens to you, contact the — Equal Opportunity Board — 602 3222.

#### ANTIQUE FAIR



The Annual Caulfield Antique Fair is on for the fifth time this year at the Caulfield Town Hall from Friday, June 3 to June 5 between 6 p.m. and 10 p.m., Friday, 11 a.m. and 10 p.m. Saturday

and 11 a.m. and 6 p.m. Sunday.

This year the fair will be more exciting than ever with several new dealers and the same high quality and wide range of antiques.

There is Victorian lace and fine jewellery, early mechanical goods, pine furniture and elegant Georgian tables, Victorian book cases and clocks of all kinds, prayer books, toys and porcelain something to appeal to everyone.

Everything is for sale, but you can come along and just enjoy the show. There will be three different private collections on display and if you enjoyed the shoes and postcards last year, come

along and see the genuine antique dolls, the nautical relics and the pocket knives this year.

Pictured is James Braithwaite of Caulfield with Honey among a collection of spaniels of a much earlier era. They were made in a Staffordshire pottery some 120 years before James and Honey were born.

#### MEALS ON WHEELS

The City of Caulfield Meals-on-Wheels service needs volunteer drivers and jockeys to help deliver meals in Caulfield.

Drivers need to have their own car but are reimbursed five litres of petrol every time they help out. Jockeys just need themselves!

If anyone is interested in joining the Meals on Wheels team, please contact Briony Dow or June Bellote at the Caulfield Town Hall on 524 3333 for further details.

#### "OPEN WEDNESDAY"

A friendly spot to go every Wednesday is St. Davids Uniting Church Hall in Glenhuntly where you can meet with others and participate in craft

activities or just have a cuppa.

The day is called "Open Wednesday" and as the name suggests is open to anyone interested in spending a dull winters day knitting, crocheting, sewing, talking or playing scrabble.

Some people bring their own craft or like to try something new like patchwork, macrame, dried flower arrangements under the guidance of experienced amateurs

At 10 a.m. a group meets for a movement and relaxation class (wear leotards or slacks and bring a rug). Some people like to play a game of table tennis or scrabble. The hall on the corner of Grange Road and El Nido Grove, Glenhuntly, is open between 9.30 a.m. and 2.30 p.m. every Wednesday.

The charge is 30¢ to cover coffee and tea costs. Materials used in craft classes would be extra. Come and go as you wish and children are

#### MUSICAL

The St. Anthony's Musical Society is rehearsing for "The Pirates of Penzance" every Monday at 8.00 p.m. in the Parish Centre, Neerim Road, Glenhuntly. A warm welcome will be extended to new singers. Enquiries to Father Paul Gurry on

DID YOU KNOW?

Q. Some branches on my neighbours tree are overhanging our boundary fence. This is concerning me, as sunlight is being restricted and the fence is beginning to lean.

You may cut back the branches that overhang your property, level with the fence line.

Are there still Death Duties and Probate in Victoria?

After January 1, 1984, Victorian Probate Duties cease. Victoria abandoned Gift Duty on January 1, 1983, but it would be wise to keep a check if there will be any changes in government policy. If you are unsure, you may contact the Caulfield Citizens Advice Bureau.

I am having trouble saving up for bond money. I am on social security benefits, and need to find alternative accommodation

The Ministry of Housing has a Bond Relocation Scheme which will assist people in gen-uine need to pay for security bonds, rent in advance, removal expenses, storage costs (in emergencies) and power connections. There is also a scheme to assist people with rent. For more information contact the Citizens Advice Bureau.

#### SITUATIONS VACANT

The City of Caulfield community buses are available for use by any group or organisations in

Presently the buses are being used by a wide variety of people from elderly citizens to schools to child care groups.

Often these groups do not have a driver amongst themselves and require a volunteer driver to help them out.

The driver can choose which days he is available to work and at what times he is available. Drivers go out on a regular basis and help in emergencies.

Drivers do not need an endorsed licence and the

buses both seat 12 people.

The Bus Co-ordinator will be pleased to hear from anyone interested in driving the buses.

Phone the Bus Co-ordinator on 524 3200 or 524 3272 between 10 a.m. and 12 noon weekdays (except Wednesdays). Please leave your name and phone number at other times.

#### SPASTIC SOCIETY

A group of children in Armadale are looking

for people they can spend some time with.

The children have physical disabilities and need assistance to take part in many of the activities we take for granted.

Are you interested in football, craft, watching films, walking through parks, music and movement, assisting with homework?

If so, would you please ring Robyn Deniese at the Spastic Society's Dame Mary Herring Accommodation Unit on 20 7778. Training and references will be provided.

#### **ENTERTAINMENT**

Senior Citizens don't often have a chance to sit back and be entertained in their own clubs or community centres. Col Millington realises this and is touring around Australia entertaining senior citizens. He has spent the last seven years travelling around Australia performing in clubs and hotels and appearing on radio and television

For the past 12 months, Col has been entertaining senior citizens in New South Wales. His venture onto this scene happened after one successful performance in a Newcastle Senior Citizens Club.

The people were so appreciative of Col's show that he decided to continue doing the circuit of Senior Citizens Clubs.

Col's show recreates the community singing at-

mosphere with all the old popular songs.

Col will be performing at Camden Court, 6 Freeman Street, South Caulfield, on June 10 at 2 p.m. Admission is \$1, all welcome to attend.

#### VOLUNTEERS?

Malvern Day Hospital is running a reality orientation group for the confused elderly on Fridays from 10 a.m. to 12 noon. The program urgently requires the assistance of a volunteer with one to one input. The location is the St. James Church Hall, cnr. High Street and Burke Road, Glen Iris. For further details phone Karen Matheson on 528 6333 Extension 311.

Also, a volunteer is required to assist on the weekly shopping trips with long term residents of

Caulfield Hospital.

The bus leaves the hospital at 1 p.m. on Wednesdays for Chadstone Shopping Centre and returns at approximately 3.30 p.m. This position involves pushing wheel chair residents. If interested, please phone Karen Matheson on 528 6333 Extension 311.

#### FREEMAN STREET DAY CENTRE

Caulfield City Council in conjunction with Caulfield Hospital has recently started a Day Centre for older residents of Caulfield.

The Centre is run once a week on a Wednesday from 10 a.m. to 3 p.m. Volunteers are needed to

from 10 a.m. to 3 p.m. Volunteers are needed to help in the Day Centre.

Their job would be to talk to the people who attend the Centre and to help Marie Leonard, the Occupational Therapist, with serving refreshments and with the simple exercises and games which make up the days program.

Interested? Please ring Marie Leonard on 572 2314 on Monday and Thursday mornings or contact Council's

all day Wednesday or contact Council's Domiciliary Care section on 524 3333.

#### **NEW BOOKS**

The following list of books of general interest include some titles recently added to the Caulfield Library. Those not held at your local library may be reserved and obtained on inter library loan.

"ACUPUNCTURE FROM ANCIENT ART TO MODERN MEDICINE" by A. MacDonald,

Dr MacDonald examines the pros and cons of acupuncture for different complaints, describes, extremely the practice of acupuncture both in ancient and modern China and in the west, and explores the latest ideas of how acupuncture works and the most recent tests and experiments designed to find out just how effective it is.

"HORROR MOVIES" by A. G. Frank.

Well illustrated in colour and black and white, this book will bring back memories of Lon Chaney, Borris Karloff, Bela Lugosi, Vincent Price and a host of others who have stalked the screens in a multitude of horrifying forms.

"MAKE YOUR OWN CLASSICAL GUITAR" by S. Doubtfire, 1981.

Anyone used to working with wood or who has model making experience should have the necessary skills to make a guitar, but patience and great care are needed. Well illustrated with diagrams and photographs.

"JEWISH WRITING AND IDENTITY IN THE 20th CENTURY" by L. I. Yudkin, 1982.

This book, by an established authority on Hebrew and Israeli literature analyses these characteristics of this Jewish ideology as it appears in 20th century jewish literature. It considers the work of a variety of authors including Franz Caska, Henry Roth, Giorgio Bassani, Saul Bellow, Norman Mailer etc.

"TAKE CHARGE OF YOUR HEALTH" by G.

Lindberg, 1982.

This is a dynamic comprehensive guide to long life, abundant health, and active living through proper nutrition for people of all ages.

"1001 PATCHWORK DESIGNS" by M. Malone, 1982.

Patchwork designs to suit every taste and there are 1001 patterns.

"THE SECOND STAGE" by B. Friedan, 1982.
After shattering the mist of the happy housewife in "The Feminine Mistique", the author has identified a problem with no name. How can we live with the equality we have won? How can women who now take their personhood for granted reconcile that new freedom with their needs for love, children, family and home?

"ROSES AROUND THE DOOR" by D. Tovey,

In this enchanting illustrated book addicts of the Tovey chronicles will find the answer to the question so many of us have asked. How did it all begin? Doreen Tovey loves animals and writes with warmth and humour about the country, the local characters and her cats.

"THE MANUAL OF WEIGHT TRAINING" by G. Kirkley and J. Goodbody, 1982.

This is a revised edition of a practical manual on the use of weights as a means of physical training for numerous sports.

"THE LINZ FILE, HITLER'S PLUNDER OF

EUROPE'S ART" by C. De Jaeger.

The author produced a television program in 1964 "Art Imperil" which briefly told the story of the plans for the Linz Museum and the recovery of the major Nazi hordes. Much new information has since come to light and many of the characters who were first interviewed so long ago have been found more forthcoming when interviewed again.

#### DEADLINE

The deadline for submission of material for the next issue of "Caulfield Contact" (June 24) is Friday, June

Remember to clearly write, or even better, typewrite, your information for the paper. Small items can be given over the telephone to Sonja Rosenberg on 524 3259.

Please send in stories, black and white photos etc. to "Caulfield Contact", P.O. Box 42, South Caulfield 3162, or call into see us at the Town Hall.

#### **GROUPS**

An Italian Group, Co-As-It, is operating for any Italian wishing to meet with other Italians.

The group meets every

Wednesday from 1 p.m. to 4 p.m. They hold many activities such as art and craft, bingo, cards, exchange of Italian magazines, once a month cooking, films and guest speakers.

For further informa-tion contact Mr Frank Di Blasi on 347 3555.

#### PEOPLE

Meet new and caring people at the Southern Jewish Community Congregational Service and get together every Friday night at 8.00 p.m. New central location, Birch Street, South Caulfield, two doors from Hawthorn Road next to the Scout Hall. You will be made most welcome. Further information from 5785637 or 568 3388.

#### **TENNIS**

Although it is almost winter and summer seems a long way off, now is the time to practise and improve on your tennis game.

Junior classes are held at 9 a.m. Sundays and seniors at 10.45 a.m. Sundays at the Glen-huntly Tennis Club's Courts on the corner of Neerim and Booran Roads, Glenhuntly.

If anyone is interested and would like more details, telephone Geoff Jones on 783 9918.

#### NEW **OFFICES**

The Hon. Cyril Kennedy, M.L.C., has a new Electorate Office at Suite 2A, 33-45 Centre Way, Pinewood Shopping Centre, Mt. Waverley 3149, Tel. 233 7121.

Any enquiries concer-ning the Waverley Province can be directed to Mr Kennedy at his new Address.

#### NUCLEAR DISARMA-MENT

Anyone interested in supporting Nuclear Disarmament could join the South Eastern Peace Group, by contacting Mr Misha Frydman, Flat 6/34 Bambra Road, Caulfield 3162. Tel. 211 5070.

CAULFIELD CONTACT - Page 6

# Caulfield's Own Champion

very own champion record breaker in 30 year old cyclist Reg McVilly.

Reg recently broke two Australian records at one time the Melbourne to Adelaide and the Melbourne to Adelaide return records.

The Melbourne to Adelaide record held previously by John Young of 31 hours, five minutes was broken by Reg in 30 hours, 20 minutes.

The Melbourne to Adelaide return record held by Graham Woodruff in 75 hours, 40 minutes was broken by Reg in 73 hours, 33 minutes.

Reg averaged a 30 km an hour speed and ex-isted on seven hours sleep over the whole trip of 1500 kilometres.

He spent four hours, 45 minutes in Adelaide before moving off on the return journey to

Melbourne.
Reg followed the route of Ballarat, Ararat, Horsham, Bordertown, Tailem Bend, Murraybridge and Adelaide and the same

journey.

He recalls the Adelaide hills as the hardest part of the journey along with the 14 kilometres before Ballarat on the return trip, "I was ready to give up," says Reg.

Reg was averaging then only five miles an hour because of extreme tiredness. A short walk with one of the crew members revived him and he rode into Ballarat at 4.00 o'clock in the morning.

Reg's diet on the ride included flat mineral water and glucose, high sugar (chocolate bars) and high protein and carbohydrates whenever he stopped for a break.

Over the 1500 km ride Reg did not have one puncture to slow him down. The silk and latex tyres he used are so light he still finds it pretty in-credible he did not

The wind down after the ride took a while. Reg got back into Melbourne at 8.30 pm and was still awake at

3.00 am the next day.
"Everything went really well but it is good to get back to Melbourne," said Reg.

the VLBA, Mrs. Phyl Pullen and Mr. Pullen, and the Mayor and Mayoress of Caulfield Cr. and Mrs. Ron

Walters. The respective

Secretaries were also in

Club president, Alan Flower, and Madam President, Jean Field, proposed toasts to the

respective associations and presidents. David Parker and Phyll Pullen

responded.
The Vice President,

Neil Dean, proposed a toast to the City of Caulfield. The Mayor

Cr. Ron Walters had

presented the president with commerorative

and distributed during

A CHANGE

OF DATE

In last months Contact Volume 9 No. 4, the

four page yellow insert

featured a small article "Can You Find It?"

Under "Caulfield City Library" the June date

has been changed from

13th to the 20th as June 13 is a public holiday. Other dates for the in-

troduction to this library's resources and

how to use them are May

30 and July 11 at 11 a.m.

the evening.

A special diamond ·

Murrumbeena Bowls

attendance.



You would think after a 1500 km ride Reg would be taking it easy for a while, but no, champions don't rest.

He rode about 150 miles in the week after his return from Adelaide.

Reg's next attempts at breaking records will be the Melbourne to Canberra run of 413 miles held by Vic Brown of one day, 12 hours in September this year.

In April '84 he has his sights set on the Transcontinental Perth to Sydney ride of 2,760 miles held by Bruce Hunt of 11 days and two hours. For this attempt Reg needs to average about 280 mile a day.

His sponsor for the Melbourne to Adelaide run, Mainline Bikes, will be sponsoring Reg for the next two runs.

Reg is looking for-

ward to his next race in September and praises the quality of the Packer Park cycling track which has trained many cycling champs including Reg.

Above, the Mayor of Caulfield, Cr. Ron Walters congratulates Reg McVilly, Caulfield's champion cyclist as sponsor Dave Sanders from Mainline Bikes looks

### 60 Years f Bowls

Murrumbeena Bowls Club recently celebrated 60 years of bowling with 125 members attending a celebra-

Exactly 60 years ago (1923) the first meeting of citizens interested in forming a bowls club met at "Oakdene" in Murrumbeena Road with 36 people attending the meeting.

The Club celebrated this first meeting on the same date (May 12) with the Anniversary Dinner.

The Club joined the RVBA in 1923 and the first pennant match was played in October 1923.

Over the years the bowls club has been successful in winning many honors in both RVBA and VLBA

Official guests at the plague. Dinner were the President of the RVBA, Mr. shaped cake was cut David Parker and Mrs. Parker, the President of

#### From Page Eight

#### Music

JUNE 26 -Music Society of Victoria presents a concert featuring the winners of the Herbert Davis and Henrietta Greenward Awards. Cost \$3.50 Adults and \$2.00 Concession. Contact Mrs Game on 82 3589 for bookings. Begins 2.30

### Carnegie Lions Donate Money

The Carnegie Lions club recently donated \$2,800 to the Paraplegic and Quadriplegics Association of Victoria and \$500 to the Spinal Unit of the Austin Hospital.

The money was raised through the 11th Annual Sportsman's Night held day camp held at Lice recently which was an outstanding success.

An enthusiastic audience listened to a first class panel consisting of Greg Brown, Michael Williamson, Don Jolly, Bill Lawry, Bob Skilton and Kevin Bartlett with Mal Meikle as the

The recent Lions holiday camp held at Licoln in the Great Divide in Gippsland, 45 kilo-meters from Heyfield was also very successful.

Two groups of six children with two leaders each went to the well equipped camp property for a week in May.

The property consists of 15, two and three bedroom houses fully carpeted with bunks in each room. The dining complex seats over 250 people. The property also has a stage projection room and an up to

date hygienic kitchen. Activities available at the camp include a swimming pool, flying fox, miniature golf, horse rides and canoes. The latest addition to the property is a caravan park.

The enthusiasm of the children after their return was a great source of satisfaction to the members and once again proves the value of this project.

#### **New site for** Pre-school

At a recent meeting of Community Development Committee the Oakleigh Road Infant Welfare Centre was recommended as the site for the new Grange Road Pre-School Centre.

The Pre-school Committee approached the Council to assist in its search for new accommodation following requests for it to vacate its present premises.

Plans and specifica-tions for the new site are to be drawn up and submitted to the Health Commission for approval in conjunction with an application for funding.



by Max Binnington

When Glenhuntly athlete Rob De Castella broke the tape in Brisbane last year, I am sure he had no idea of what was to follow.

The media has certainly taken up the challenge of making unknown marathon men into overnight heroes. Deek's performances in Brisbane and Rotterdam have probably encouraged many people to push themselves a

And this month we have seen the resurgence of the Wellington boot through the performance of Cliff Young. Then we had the interesting ap-plication of a rump steak during Reg McVilly's ride from Melbourne to Adelaide and return. But what does it all mean?

Many atheletes have argued, and will continue to do so, that these are merely feats of endurance and bear as much resemblance to the real thing as the dance marathons of the thirties

did to ballroom dancing.

Arguments extend to the inevitable comparison of Cliff Young to Rob De Castella or Reg McVilly to Phil Anderson. The nomination of such performances for Sportsman of the Year Awards, They argue, would belittle the quality of performance of the world champions.

So what good does come from marathon road races or around the world solo saling

In particular, the effort of Cliff Young was an eye opener to us all as to the capabilities of some of our senior citizens. Many sports have a well organised veterans competition which allows men and women to either continue in their sport or to take it up again in later life. Some of the participants begin to realise their untapped potential and find newly acquired

The benefits of this competition are numerous besides the health factor. For these people, early planning for retirement is superfluous. The social benefits are enormous and for many the opportunity to travel interstate and internationally would never have been possible.

One of the immeasurables is of course the increase in their longevity — I can think of one 86 year old Glenhuntly business man who would

Despite what Erma Bombeck might say, life is not all a bowl of cherries! There is a price to pay for this health, longevity, social interaction and increased self esteem. And herein lies the danger of the great media coverage of the marathon feats, the urge to emulate!

Doctors and physiotherapists just love the people who don the old V.O.C.;s, the footy shorts and jumper to join the thousands spent upon repeating Deek's performance. You can bet before too long, most of them will end up with achilles tendonitis, stress fractures or, at best, severe blisters.

Regardless of your age or apparent physical condition, if you embark upon an endurance campaign which involves sustained physical effort, you must obey the basic rules of starting slowly, progressing slowly and using a planned program. If you are over 35 years of age, even slightly over weight or have any previous medical problems it is far more important to proceed with caution.

Remember it could take you a good six months before you are running freely, cycling long distances or swimming quickly. If you check the background of Cliff Young you will find a history of physical activity - he didn't suddenly launch into his 850 kilometer run.

Now that I have presented a frightening picture, I hope I can encourage you. If you temper your new found enthusiasm with some caution and you seek sound advice, all the benefits of a life of physical activity will eventually become yours. Reg McVilly many years ago had open heart surgery and look at his performance.

For me, the most significant factor to come out of the endurance feats is that with sound planning and great determination any of us can achieve many of the goals which we may at times feel are beyond us.

### August Mini Marathon Planned

The Malvern Rotary Club's Mini Marathon - a Fun Run of 19 kms - is on again this year on August 7 from 9.00 a.m. leaving from the Malvern Town Hall.

The run attracted runners from all over Melbourne and beyond last year and is a good build up to the Fun Run and the Big M Marathon later in the year.

Well known champion runner, Herb Elliott, will start the run on Sunday August 7. The 19 km course takes in roads, creeks and parklands. The Rotary Club will be assisted by the Police, St. Johns Ambulance, the Malvern Harriers,

Prizes will be awarded for the male and female winners and sectional winners of under 15, under 17, and under 20 and over 40, over 50 and over 60 sections, plus numerous random

Keep reading Caulfield Contact for further details leading up to the fun run.

CAULFIELD CONTACT - Page 7

### **Contact diary**



Contact Diary compiled each month by Sonja Rosenberg who would be pleased to receive notice of your events by the 15th of

Telephone 524 3259.

#### Rheumatism

MAY 30 -Caulfield Self Help Group of the Rheumatism and Arthritis Association meets at 10.30 a.m. at 259 Kooyong Road, Caulfield. All welcome. Enquiries to 527 2185.

#### Crazy Whist

JUNE 2 — The Crazy Whist Group that meets at St. David's Uniting Church Hall in Grange Road is going into recess for June, July and August. Anyone wishing to still play Crazy Whist can go along to the Glenhuntly Ladies Bowls Club near the Railway in Glenhuntly every Thursday at 1.30 p.m. for a game.

#### Plants

JUNE 6 - The Caulfield and District Society for Growing Australian Plants meets 7.45 p.m. at the Hall,

Cnr. North Road and Tara Grove. Guest Speaker Dr Jim Willis to speak on plants growing Wilson's Promontory. Visitors welcome. Enquiries to 578 8938 or 592 6654.

#### **Probus Club**

JUNE 7 - The Caulfield Probus Club meets in the Committee Room of the Caulfield Town Hall at 10.00 a.m. David Babies will give a talk on New Guinea. A reminder that the Annual General Meeting is on July 5, and full attendance is hoped for. The Club is gradually adding to its membership but there is still room for retired professional men. Telephone John Fogarty, President, on 528 4336 or Jim Fox, Secretary, on 551 2689.

#### Garden Club

JUNE 7 - The next meeting of the Caulfield Garden Club will be at 8.00 p.m. in the Uniting Church Hall, Cnr. Kooyong Road and Jupiter Street, South Caulfield. Mrs R. Hartung, Secretary of the Floral Art Society, will give a demonstration. New members welcome. Enquiries to the Secretary, Mrs Chapman on 599 4085.

#### **Book Group**

JUNE 7 -Caulfield Branch of the Early Planning for Retirement Group meets on June 7. Ring Pat Searle on 509 7592 for further details.

#### Auxiliary

JUNE 8 - The Annual meeting of the Caulfield Auxiliary of the Royal Southern Memorial Hospital begins 2 p.m. in the Board Room of the Hospital, 260 Kooyong Road, Caulfield. Speakers from the Hospital, afternoon tea. All welcome. Contact Mrs Alma Arden on 528 5859 or Mrs Von Riach on 568 8595.

#### Entertainment

JUNE 10 - Col Millington will entertain with guitar and play your old favorites and new numbers at Camden Court, 6 Freeman Street, South Caulfield from 2.00 p.m. Admission \$1.00. Afternoon tea provided. Everyone most welcome.

#### Rosary Crusade

JUNE 12 - The 58th Rosary Crusade will be held at St. Francis', Lonsdale Street, Melbourne, from 2.30-3.45 p.m. Speaker, Fr Roger Ryan, from St. Patrick's Cathedral. Telephone Mr Eddie McGrath on 596 4820 or 596 4289 for further details.

#### **Immunization**

JUNE 14 - A night immunization session for adult diptheria, tetanus, and oral sabin will be held at the Caulfield In-Welfare Centre, fant Hawthorn Road, from 7.00-8.00 p.m. Enquiries to the Town Hall on 524 3333.

#### Seminar

JUNE 16 - The General Meeting of the Caulfield Early Planning for Retirement Association is being held at the Caulfield R.S.L., Hawthorn Road at 7.30 p.m. Randall & Co. will conduct a seminar en-titled "Investments for Everyone''. All welcome. Enquiries to Norma Reily on 568 7732 or Mrs Lea Brooks on 62 0611.

#### "Billilla"

JUNE 19 — The Music Lover's Society presents the Australian College of Education Music Pro-ject "Billilla" at 2.30 p.m. at the Cultural and Community Centre, 26 Hallifax Street, Brighton. Scholarship holders featured in the program are Paul Tesarsch (Violin), Roger Creed (Piano), John Tesarsch (Cello), and Russell Theodore (Viola). Works by Mozart, Ravel, Haydn and Popper. Admission \$4.00, Pensioners and Students \$3.00 and children \$1.00. Enquiries to Hon. Secretary 598 3520.

#### Photography

JUNE 20 - The Caulfield Early Planning for Retirement Association Photography Group meets at Jack Camp-bells, 1 St. Georges Road, Elsternwick, at 7.45 p.m. Members and visitors to bring along 20 of your favourite slides or prints. Enquiries to Campbell on

#### **Pensioners**

JUNE 21 - The monthly meeting of the Caulfield Combined Pensioners begins 1.30 p.m. at the Caulfield Town Hall. Special speaker Lyn Deasey, Coordinator of the Energy Action Group, producer of the Combined Pensioner's Wednesday radio program on 3CR. All welcome. Enquiries to Alma Morton, President, on 528 4459.

#### **Photography**

JUNE 22 - The Hughesdale Camera Club meets at 8.00 p.m. in the Hughesdale Community Hall, Cnr. Poath and Kangaroo Roads on the 1st Thursday of each month. Visitors and interested people are cordially welcomed. Feature "World Journey" with Stan and Rene Raliss. Details on 568 0414.

#### **Blood Bank**

JUNE 22 - The Red Cross Mobile Unit will be visiting the Ormond Uniting Church Hall, Cnr. North and Booran Roads, to take dona-tions of blood from 1.30 p.m. to 8.00 p.m.

#### Travel

JUNE 22 - The Early Planning for Retirement Association, Caulfield Travel Group, meets at Caulfield Grammar music room, Glen Eira Road at 7.45 p.m. Philip Duff will present "Nor-thern India" and "Treks in the Himalayas" Don't miss this excellent photography, visitors welcome. Enquiries to R. Campbell on 211 3687.

#### Recital

JUNE 25 — The Music Lovers Society is holding the 6th Ida Doubleday Bequest Recital at 8.00 p.m. in St. Georges Church Hall, 296 Glenferrie Road, Malvern (near the Town Hall). Features Suzan Johnston (Mezzo Soprano), accompanied by Jerome Walles sing-ing works by Brahms, Hagemann, Rossini, R. Strauss. Also Dianne Froomes (Cello), accompanied by Anne Lewitzka playing works by Stravinsky, Schumann and Popper. Phone 598 3520 for admission prices.

#### Workshop

JUNE 27 - The Southern Volunteer Resource Bureau presents a one day workshop for profes-sional staff on "Death and Dying" at Monash University for \$30.00. Includes lunch, morning and afternoon tea. Enquiries to 541 0811 Ext. 3717 or 3718.

#### Forum

JUNE 27 - The Southern Volunteer Resource Bureau is holding a Forum on "Volunteering and Self Help" in Malvern from 12.30-2.00 p.m. Lunch, tea and coffee provided. Fee \$2.00. Ring the Southern Volunteer Resource Bureau on 597 0281 to book.

#### **Music Festival**

JUNE 27 - The Ormond Community Aid Abroad Group presents the Southern Suburbs Schools Music Festival on June 27, July 6 and

July 13 at the Caulfield Town Hall at 7.30 p.m. Young people from primary to H.S.C. level will provide a varied program of chorale and instrumental music, drama and dance groups. Enquiries to Len Evans on 578 1938, also see page four.

#### Auxiliary

JUNE 27 - The New Ormond Auxiliary for the Alfred Hospital is holding their next meeting on Monday at 10.30 a.m. in the Presbyterian Church Hall, Cnr. North and Booran Roads Ormond. New members and visitors are most welcome. Money raised is used for equipment for the Hospital. Contact Secretary, Eveline Moir on 578 1721 for further details.

#### Womens Group

JUNE 28 - The Caulfield Branch of the Womens Gas Association meets at 1.30 p.m. in the Auxiliary Room of the Caulfield Town Hall. It will be a show and tell afternoon. New members welcome. Annual subscription 50¢ Enquiries to Mrs Murdoch on 557 2254.

#### Card Luncheon

JUNE 29 — The President, the Mayoress of Caulfield, Mrs. W. R. Walters, will be present at the Caulfield Auxiliary of the Royal Childrens Hospital's annual card luncheon. Sherries served from 12 noon. Donation \$4. Bookings to Mrs. J. Leschen, Honorary Secretary, on 527 5722 or Mrs. N. Polglase on 524 3224 by June 27.

#### Term Two **Programs**

Term two programs commence at the Arts Centre on June 6 and at the Recreation Centre on May 30, so if you haven't enrolled by now, hurry down to do so.

There are still vacancies in some classes and some weekend or one day workshops. No phone bookings will be accepted and payment of fees must be made to ensure a place.

Term two details can be obtained from the last issue of Caulfield Contact. Call in at the Arts Centre, Recreation Centre, Libraries or the Town Hall to pick up a



Caulfield Recreation Centre, 6 Maple Street. South Caulfield, 3162 Telephone: 524 3288

After School

MAY 30 - The After School Program allows children to explore, experience and become in-

volved in a wide variety of activities. Organised activities or children can do their own games etc. Complete supervision of all children.

Programs held on Mondays, Wednesdays and Fridays from 3.30 p.m. to 5.30 p.m. The cost is 50¢ per child, no enrolment necessary. For ages 5 to 12 years. Enquiries to Recreation Centre.

Saturday Morning JUNE 4 - Saturday morning art, craft and cooking activities commence at the Recreation Centre from 10 a.m. to 11 a.m. each Saturday. \$25 per ten week term. Enrolments at the centre.

Family Activities
JUNE 5 — Sunday,
morning activities for family group participa-tion. This is an ideal

At 10.30 a.m. art,

CAULFIELD CONTACT - Page 8

# Calendar of Events

Experienced instruc-

the whole family are aimed at encouraging time for parents to join their children in fitness activities, trampolining, ball games etc.

craft, pottery or cooking activities will commence in the Recreation Centre's kitchen. No mess in your own kitchen to clean up!

tors on hand to encourage all to gain the most out of participa-tion in the activities or to advise individuals. From 10 a.m. to 12 noon. Cost \$1 per adult, \$1 per child or \$2.50 per family.

#### **Tapestry**

JUNE 6-8 - Morning and evening classes in Needle Point Tapestry commence June 6 at 7.30 p.m., June 7 at 10 a.m. and June 8 at 10 a.m. Fee \$30 for a ten week term and a kit is provided to introduce students to different stitches, needles and threads. For details and bookings phone 528 5884.

Cooking
JUNE 7 — A demonstration on soups from 7 p.m. to 9 p.m. will enlighten you to the wide variety of interesting soups which will get your dinner party off to a flying start. Cost \$3. Food available to taste and recipe sheets given out. Seat bookings to be confirmed by June 6. JUNE 28 - A demonstration on Chinese 9 p.m. so you can observe the preparation of a variety of Chinese dishes, including main courses, entrees and desserts. Cooking techniques and food preparation to be discussed. Cost \$3, includes tasting and recipes. Seat bookings to be confirmed by June 27.

#### Aerobics

Aerobic/Calisthenic sessions are held regularly to music for over 15 years. Monday: 6.30 p.m.

— 7.30 p.m. and 7.30 p.m. — 8.30 p.m. Wednesday 7 p.m. -

8 p.m. Thursday 7 p.m. -8 p.m.

Designed to increase overall fitness.

#### Ladies Fitness

A program to ease you back to fitness and keep you there. Exercises to music.

Tuesday: 11 a.m. — 12 noon. Friday: 10 a.m. — 11 a.m.
Cost \$3, no enrolment necessary.

#### Disco Fit

Disco fit for the 10 -17 years on Wednesdays from 6 p.m. — 7 p.m. \$1 per session, mixed class.

cooking from 7 p.m. to Wide variety of exercises to increase fitness. Coordinated with music.

#### **Fitness Centre Swimming Pool**

Lord Park Koornang Road Carnegie, 3163 Telephone 211 8143.

Aerobics

Monday, Wednesday and Friday from 10 a.m. \$3 per session.

#### Over 40's

Karate

Tuesday from 10 a.m. and Thursdays from 11.15 a.m. \$2 per session.

Wednesdays from 6 p.m. - 8 p.m.

Ju-Jitsu Tuesday from 7.30 p.m.

Boxing Tuesday and Friday from 5 p.m.

#### Thursday - two sessions - 10 a.m. and 7.45 p.m. Enrolment

necessary. Jazz for Children

Monday for 5 - 9 years from 4.30 p.m. -5.30 p.m. and for 10 to 15 years 5.30 p.m. to 6.30 p.m.

# Coulfield Arts Centre

Caulfield Arts Centre, 441 Inkerman Road, North Caulfield, 3161 Telephone: 524 3277

#### Pottery

JUNE 15 -Sheiko Pottery Exhibi-tion of New Zealand with many varied pieces of ceramics will be on display from June 15 to 19. Gallery open from 10 am to 5 pm Wednesday to Friday and from 1 pm to 6 pm on Saturday and Sunday.

#### Recital

JUNE 16 - Well known and talented violinist Simon James plays at 8.00 pm with Associate Artist Aaron Shorr (New York, U.S.A.) Program includes works by Tartini, Beethoven, Debussy, Kriesler and Wieniawski. Admission Adults 16, Students/Pensioners

#### Dance

JUNE 18 - At the Sunday Club from 2.30 pm to 4.00 pm is the Kolobok Dancers, a Caulfield based com-pany with Dances from around the World. Be prepared to join in and learn some fancy footwork.

#### Early Music

JUNE 19 - The Early Music Consort presents A Little Knight Music in conjunction with the Ripponlea Rennaisance Dancers. Performance accompanied by an exhibition of multi-color brass rubbings by Anne Watling. Admission \$3.00 for Adults, \$1.50 Concession, \$7.50 Family. Begins 3.00 pm at the Caulfield Town Hall.

#### Dancing

JUNE 22-24 - A really enjoyable dance production will be performed by Form 1 and 2 students from Caulfield North Central School. Begins 7.30 pm, supper provided. Tel. Simon Matthews on 509 6131 (B.H.) for further details.

#### Art Show

JUNE 24 - An Invitation Art Show will be featured at the Centre from June 24 until July 10. The area for acquisition for the City of Caulfield's Permanent Art Collection is Drawing. Over 30 notable Australian artists have been invited to submit up to three works each. A limit of \$5,000 is available for purchases with up to \$2,000 for any individual work. All works for sale.

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