



CAULFIELD CONTACT

A monthly publication produced by
Caulfield Council for the residents of this City.



Vol. 9 No. 9
Friday, September 30, 1983



Above, Cr. Max Blair, Chairman of the Rippon Lea Committee of Management demonstrates the deterioration of the fernery.

Rippon Lea Facing Financial Crisis

The Rippon Lea Committee of Management is urgently in need of funds if it is to achieve its ultimate aim of restoration of the buildings and gardens of this magnificent property.

Rippon Lea comes under the auspices of the National Trust and is not, therefore, government funded. Monies for all restoration projects and major work programs can only be financed by special fund raising efforts and community support.

Charges levied for public attendances, garden weddings, private functions, commercial photography and the sale of Rippon Lea publications, provide a limited source of income that allows only for the daily management and maintenance of the house and gardens.

At Least \$375,000 Needed

The main fund raising support is currently provided by a group of volunteer workers, 'The Friends of Rippon Lea', who have raised in excess of \$100,000

over the years. This has assisted in the restoration and refurbishment of the house interior to its present state.

Much of the work that needs to be done has reached the urgent stage. Reconstruction of the unique fernery, it has been estimated, will cost over \$100,000. It is in such a dilapidated state that it may soon have to be closed to the public.

The buildings have not been painted for about 20 years — exterior painting and urgent building restoration work would require a further \$100,000. The Committee also proposes, subject to the availability of funds, to restore the stable block and original kitchens for public viewing.

This work would cost a further \$75,000. The recent drought incurred many expenses in the gardens and the longer that it takes to do

both the internal and external work, the greater will be the overall deterioration. Such works would easily absorb a further \$100,000.

An Open Day

To stimulate community interest, a Rippon Lea Open Day has been planned for October 23. The house and garden will be open for public inspection and in appreciation of the continual support from the City of

Caulfield entrance will be free for Caulfield residents. Take advantage of this invitation to enjoy a part of your national heritage.

Free entry coupons for Caulfield residents available on page 2.

What: Rippon Lea Open Day

Where: 192 Hotham Street, Elsternwick.

When: Sunday, October 23 — 10 a.m. — 5 p.m.

Will You Help?

Rippon Lea is one of the few great 19th Century Suburban estates remaining in Australia today. Since 1974 it has been in the care of the National Trust of Australia (Vic.) and is one of their finest properties.

The gardens cover almost 14 acres (5.6 hectares) and include a large lake, extensive shrubberies and flower gardens, an orchard of significant fruit varieties, a fernery, rose garden of both modern and old fashioned varieties and many other features of historical, land-

scape and architectural interest.

All these form the setting for the polychrome brick mansion which was completed in the 1890's.

The Rippon Lea Restoration Society is looking for sponsorship and private gifts. Donations to the Rippon Lea Restoration Fund are tax deductible.

Enquiries regarding use of the facilities, promotional programs or financial assistance should be directed to the Rippon Lea Committee of Management, c/- Rippon Lea, 192 Hotham Street, Elsternwick, telephone 523 9150.

Closing Date for Council Elections

(Nomination of candidates for the annual Council elections, on 5th November, 1983, will be accepted by the Returning Officer at the City Hall on or before 4.00 p.m. on Thursday 13th October, 1983.

Procedure for Nominating

If you are considering nominating as a candidate for the forthcoming elections, the first action to take is the collection of a nomination form from the Returning Officer or his deputy.

In filling out this form, prospective candidates require the signatures of at least ten persons who are enrolled on the voters' roll or rolls for the ward in which the candidate is being nominated. The candidate is also required to sign this form in token of his assent to being nominated.

The completed form must then be delivered to the Returning Officer or his deputy on or before 4.00 p.m. on Thursday 13th October, 1983, together with a deposit of \$100 in cash or by bank cheque. PLEASE NOTE that personal che-

ques or any form of credit card are not acceptable for payment of the \$100 deposit.

Eligibility of Candidates

For a person to be eligible to hold the office of Councillor, he or she must be enrolled on the voters' roll or rolls in respect of any ward in the City and must continue to be entitled to be so enrolled.

The following categories of persons are not permitted to be, or continue to be, a Councillor.

Any person who:

(a) Is convicted of an offence under section 181 of the Local Government Act, 1958, or sections 175-186 of the Crimes Act, 1958, unless the Court determines otherwise.

(b) Is liable to pay rates on a property and such rates have not been paid for a period of 12 months since the rates were demanded.

(c) Is an undischarged bankrupt.

(d) Owns property which is subject to control under the law relating to bankruptcy.

(e) Has been convicted or found guilty of a felony under the law of Victoria or under the law of any part of the British Commonwealth of Nations.

(f) Is of unsound mind.

(g) Is not a natural born or naturalised subject of Her Majesty.

If prospective candidates have any enquiries with regard to the procedures involved in nominating, or, their eligibility to nominate they should contact the Returning Officer or his deputy at the City Hall.

Dates to Remember

Nominations close: 4.00 p.m. Thursday 13th October, 1983.

Election day: Saturday 5th November, 1983, between the hours of 8.00 a.m. and 6.00 p.m.

Remember, Voting is Compulsory!

A Day of Pomp and Ceremony

The 3rd Ordnance Services Unit, Royal Australian Army Ordnance Corps, will exercise its right to the freedom of entry to the City of Caulfield on Sunday October 23, 1983.

At 11.30 a.m. there will be a short ceremony in Caulfield Park which will involve parading the sovereign's banner before distinguished army officers and Councillors of the City of Caulfield.

After the ceremony, which will take approximately ½ hour, the unit will march down Hawthorn Road to the corner of Glen Eira Road where the City Marshall (Chief Superintendent Mahon) Officer-in-Charge of the Malvern Police District, will challenge the unit. He will be supported by mounted Police.

This challenge will be "Halt, who comes here?" The Officer commanding

the 3rd Ordnance Services Unit will reply "The 3rd Ordnance Services Unit of the Royal Australian Army Ordnance Corps exercising its right and privilege to pass through the City of Caulfield with swords drawn, banners fixed, drums beating and bands playing."

The City Marshall will reply, "I acknowledge your right and privilege. Pass 3rd Ordnance Services Unit of the Royal Australian Army Ordnance Corps with the authority of the Mayor, Councillors and citizens of the City of Caulfield."

The unit will then proceed via Glen Eira Road past the City Hall where the Mayor will take the salute.

An open invitation, by the Mayor and Councillors of the City of Caulfield, is extended to all residents to witness the ceremony in the Park and view the challenge at the cnr. Glen Eira and Hawthorn Roads.

The day should be of particular interest to school children and further information can be obtained from Norma Polglase, the Mayoral Secretary on 524 3224 or 524 3333. Programs and background information will be available at the Reception desk at the City Hall from October 14.

What's Inside:

- Burglary Epidemic in Caulfield — 5
- New equipment for Recreation Centre — 7
- Free entry coupon for Rippon Lea — 2
- Opening of Carnegie Resource Centre — 3
- New Bottle Bank — 3
- Medicare — 4

CAULFIELD TOWN HALL

Cnr. Glen Eira & Hawthorn Rds.,
Telephone: 524 3333

Opening Hours:

Monday, Wednesday to Friday — 8.30 a.m.-5 p.m.
Tuesday — 8.30 a.m.-8 p.m.

Postal Address: P.O. Box 42, South Caulfield, 3162.

Contact Letter

Thank-you Madam,

On behalf of the Rotary Club of Malvern, we wish to write to thank you for the publicity which you gave us for the Malvern Mini Marathon by featuring it in two articles in the Caulfield Contact prior to the event.

In all, over 1500 participants entered in what proved to be a very successful community event. Your assistance was greatly appreciated.

Val Quanchi, President, Rotary Club of Malvern. Ray Leetong, Organiser, Malvern Mini Marathon.

Quota Club

The Quota Club of Caulfield is holding their grand opening night on October 28 at 7.30 pm with guest speaker, Jocelyn Terry (A.B.C. news reader) and the Caulfield City Band.

Quota is a classified Service Club for professional and executive women. There are 484 Clubs in nine countries and nearly 15,000 women serve in these clubs as Quotarians.

Quota was founded in 1919 in Buffalo, New York and in Melbourne in 1959.

Membership classification is designed to include a diversity of leadership quality and abilities, to promote greater sharing of knowledge and develop a scope of fellowship and friendship.

Quotarians provide service in three areas, community, speech and hearing handicapped, and international.

The motto of Quota International is "We Share". There are Victorian Quota Clubs in Ballarat, Camberwell, Caulfield, Chelsea, Cobden, Colac, Dandenong, Essendon, Frankston, Geelong, Hamilton, Mildura, Moorabbin, Red Cliffs, South Barwon, Terang, Warrnambool, Werribee and Williamstown.

Art Register

The Women's Art Register, based at the Carringbush Regional Library, recently received a grant from the Visual Arts Board of the Australia Council.

The grant of \$7,500 was one of four totalling \$22,500 recently awarded to the Women's Art Register. The other grants of \$5,000 each were from the Community Arts Board, the Ministry for the Arts and the Myer Foundation.

The grant from the Visual Arts Board will fund the research and recording of the work of women artists in slide and textural form, with particular reference to women in the work place.

The Women's Art Register, a library of slides and information booklets, was started in 1975 by two artists and two gallery directors.

Erika McGilchrist, one of the original team, says it was realised that women were not properly recorded in art history and the Register is an attempt to rectify this.

Initially, the Register was run voluntarily, but in 1977 they received their first grant from the Schools Commission.

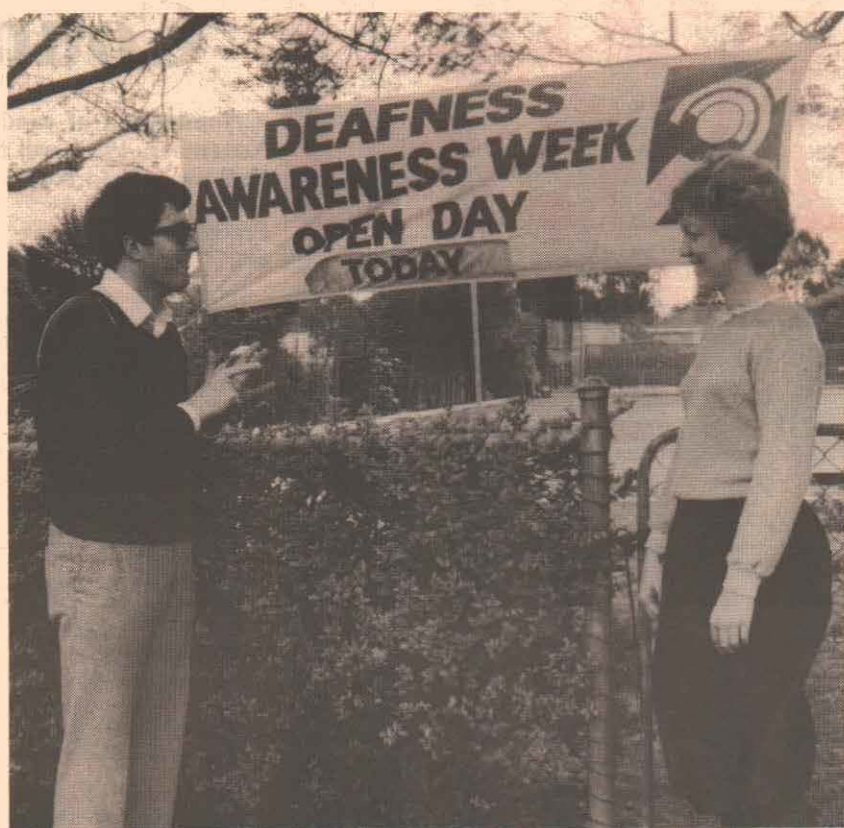
The Register details the work of women artists from 1870 until the present time and numbers 5,000 slides and is available to art history teachers.

The project is currently run by Erika McGilchrist, Bonita Ely, Caroline Durre and Bernadette Lawrence and has expanded to the Sydney area.

Any woman artist is welcome to contribute work to the Register. The Register is totally open and no selections are made on the works.

Anyone interested in the Register can contact the Carringbush Regional Library on 429 3644.

Deafness Awareness Week in Caulfield



Above, Fr. Greg Reynolds and Annette Fogarty, a teachers aid outside the John Pierce Centre.

National Deafness Awareness Week was held this week by the Australian Deafness Council and Caulfield's John Pierce Centre didn't let the opportunity pass.

The Centre at 169 Glen Eira Road, Ripponlea, conducted its own open day for residents of Caulfield and anyone interested in learning about deafness.

The John Pierce Centre was named after Father John Pierce, a Victorian priest who had shown great concern for those in the community suffering from hearing impairments.

The Centre was the former School of Our Holy Redeemer which closed in 1979. Extensive renovations were carried out to make the building accessible to all types of disabled people.

The Centre works closely with the Catholic Association for Hearing Impaired people of Australia and has a wide range of sophisticated equipment for assessing hearing impaired persons.

This was the fifth Deafness Awareness Week conducted by the Australian Deafness Council. The Deafness Foundation co-ordinated the week in Victoria.

The Foundation aims to acquaint the public of the handicap of deafness, how it can be prevented, special educational requirements of deaf children and what steps industry is taking in providing for deaf people.

The Foundation says early assessment and treatment of deafness with suitable education is essential.

Deafness Awareness Week was launched by the Deafness Foundation at a special church service in St. Patrick's Cathedral, East Melbourne. Cr. and Mrs. Campbell attended on behalf of the Caulfield Council.

Gillespie Award Honours Caulfield Resident

A prestigious new award for Victorian surveyors launched recently at R.M.I.T. is named after long time Caulfield resident and the father of the Institute of Surveyors, Mr J. G. Gillespie.

The award, the J. G. Gillespie gold medal prize, is designed to recognise outstanding surveyors and is open to R.M.I.T. graduates with at least two years of post-graduate experience.

Mr J. G. Gillespie, M.B.E., also has a building at R.M.I.T., the Gillespie Wing, named after him in honour of his work.

Mr Gillespie is the Foundation President of the Institution of Surveyors, Australia, set up in 1952 and is its first Honorary Fellow and the first recipient of the Institute's gold medal award.

He was born in Melbourne in 1884 and was educated at Melbourne Grammar School and Scotch College.

He was first articled to Mr James Johnston and qualified for the first A.I.F.

in 1916-1919 during which he served in France.

After the war he founded the surveying firm of Meudell Gillespie & Co. in 1924 and joined the Institute of Surveyors, Victoria, in 1920.

Mr Gillespie was elected President of the Institute in 1927 and was elevated to Fellow in 1929.

He chaired the first meeting of State Representatives to consider the formation of an Australia wide surveying body in 1927 but the proposal was deferred because of the depression and World War II.

He soon became the Foundation President of the Institution of Surveyors, Australia, from 1952-1955 and was elevated to Honorary Fellow in 1955.

Mr Gillespie was the Institution of Surveyors' Australia representative on the Commonwealth Ad-

visory Committee on mapping from 1954-1968 and was awarded the only gold medal of the Institution of Surveyors to be struck in its first 30 years in October 1967.

During this time he was also a member of the R.M.I.T. Council from 1938-1969 and President of the Council in 1946.

In 1972 the Gillespie wing of R.M.I.T. was named after him and in 1967 he was awarded an M.B.E. in recognition of his service.

Mr Gillespie's interests were not confined to surveying as he was a member of the Board of Management of the Royal Womens Hospital from 1939-1972 and a member of various Hospital Committees.

His hospital service was recognised by naming of the Brooks Gillespie Nurses Home. He is now retired and lives in Caulfield with his wife Mary.



Above, Mr Gillespie with the award named in his honour.

Caulfield Community Service

The Caulfield Community Service held their annual general meeting recently with Wells O'Neil from Fusion, Murrumbidgee, as the guest speaker.

Mr O'Neil spoke on the needs of young people in the community in the context of family, education, work or unemployment and peer group.

"In Caulfield", said Mr O'Neil, "the available resources to meet the needs of young people are being reviewed and it is already clear that some are not adequate."

The problem areas in Caulfield are housing, both emergency and long term; employment (900 15-24 year olds are registered as unemployed); dissemination of information and leisure and recreation.

Mr O'Neil said it is vital young people are actively involved in the provision of these services. Chairman of the meeting, Cr. Campbell, mentioned the Caulfield Council's proposal to set up a Youth Advisory Council in Caulfield.

The general meeting agreed to act as sponsor for 'Breaking Through', an organisation aiming to increase community understanding of the needs of the disabled, in their application for an employment initiative program.

The new office bearers for the Caulfield Community Service were elected on September 22. Mrs I. Jolly is the contact person on 528 1755. President: Cr. Jack Campbell; Vice Presidents: Ms Judy Arndt and Mrs Allen; Secretary: Mr Brian Burleigh; Treasurer: Cr. G. Gillard and Assistant Treasurer: Mrs L. Hind.

Link Road for Carnegie

In May 1980 the Council approved the Carnegie Neighbourhood Study and the recommendations that were included.

A carpark was to be established in the Morton Avenue area which would be serviced by a new link road between Jersey Parade and Morton Avenue.

Plans for this Scheme have been prepared and include a two way extension of Shepparson Avenue, north of Jersey Parade to Morton Avenue through No. 5 Jersey Parade and No. 5 Morton Avenue. Both of these properties are owned by the Council.

In order to separate the

commercial development from the residential area, Jersey Parade is to be closed east of Shepparson Avenue, as proposed by the residents during discussions in the preparation of the neighbourhood study.

These plans were recently approved in principle at a

recent meeting of the Environment and Community Development Committee.

Negotiations will be commenced with traders to establish a separate rate scheme to fund the carparking proposals and discussions will be held with affected residents of the area.

Family Planning Service Meeting

A new Family Planning Service will commence at the Glenhuntly Maternal and Child Care Centre, Cnr. Royal and Rosedale Avenues from October 7, 1983.

This is the second family planning service available in

Caulfield. The other is at the Murrumbidgee Infant Welfare Centre.

The hours of operation will be 1.30 - 4.30 p.m. each Friday. Free family planning and birth control advice will be available to all members of the community. Appointments on 524 3345.

**OPEN DAY
RIPPON LEA
Sunday, October 23
10 am - 5 pm
FREE ENTRY
COUPON**

For Caulfield Residents in appreciation of their support and interest

Name

Address

No. Attending

Present this coupon at the entrance Rippon Lea, 192 Hotham St., Elsternwick

October 29—Great Day for Carnegie

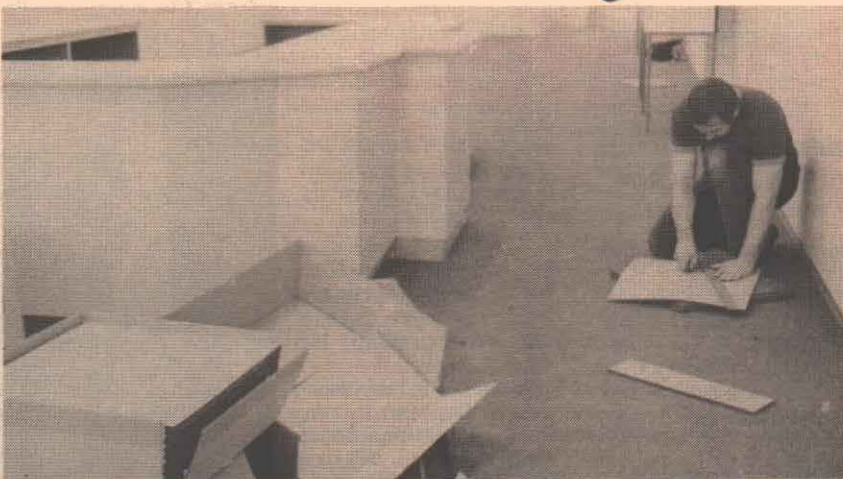
On Saturday October 29 two great events will be taking place at Koornang Road, Carnegie.

The Carnegie Traders Association will be holding its great sidewalk sale on Friday October 28 and Saturday October 29. Their annual raffle will be drawn at 12.30 p.m. on the Saturday. Free tickets can be obtained two weeks prior with every purchase made at shops in Koornang Road.

And at 10.30 a.m. on Saturday October 29 the brand new Carnegie Resource Centre opens at 130 Koornang Road, Carnegie. Cr. Blair, Chairman of the Library Committee will be officially opening the Centre.

This is an innovative project introduced by the Council for the community of Caulfield. The Carnegie Resource Centre will comprise of a Library and Infant Welfare Centre.

As well as a complete new range of books, there will be taped cassettes, magazines, newspapers, games and posters all for loan and free. Video cassettes will be available for use in the Centre and two listening areas have been installed for audio cassettes.



There will be two educational and recreational computers available for use and it will be the first library in the City of Caulfield to have the new computerised circulation and catalogue system operating with touch screen terminals. A computer terminal linked to the City Hall will be available for

resident and community information.

A great day is planned with music, entertainment and free gifts. So come along Saturday morning,

October 29 and join in the fun at Koornang Road.

Above, early stages of the Koornang Road Resource Centre's development.

BOTTLE BANK

The Caulfield City Council in conjunction with A.C.I. will open its new bottle bank at its Neerim Road Depot on October 14.

Its purpose is to provide the residents of Caulfield with a convenient location at which they can deposit their bottles, seven days a week, 24 hours a day.

The site is an open plan incorporating a drive-in, drive-out concept with plenty of space for all types of bottles. Flood lighting will make the site more comfortable for those using it after sunset.

Separate areas are provided for the placement of glass and bottles, one receptacle for green coloured glass and bottles, one for white and one for brown. Beer bottles and stubbies will also have a special area provided.

It is hoped residents will use this bottle bank to supplement the Council's fortnightly domestic collection. If successful, the proceeds from the sale of bottles and glass containers will create more jobs as does the Council's other recycling programs.

Caulfield Youth Advisory Council

A proposal for a Youth Advisory Council for Caulfield will be discussed at a public meeting on October 6 in the Mayoress' reception rooms at the Caulfield City Hall at 7.30 p.m.

The meeting was decided on following discussions between a wide range of community groups interested in youth and at the direction of the Council of the City of Caulfield.

Under the patronage of the Mayor, Cr. W. R. Walters, the Caulfield

Youth Advisory Council will look at developing youth services and facilities in the City.

It will act as a forum for discussion and action on youth needs and provide advice to the Council of the City on youth policy; act as a support and a management group for newly forming projects and programs and provide an opportunity for the community to come together and consider youth issues in a constructive environment.

The copies of relevant background information, notification of attendance or apologies, please contact Ian Brain on 524 3333.

News from Council



Increase in Contamination Complaints

The Council Health Department has reported an increase in the number of complaints relating to food contamination. This, it seems, is the result of the article prepared for 'Caulfield Contact' on this subject.

Whilst two of the complaints were confirmed, the remaining four were found to be non-contaminants. Nevertheless, they may not have been reported, had the article not been published.

Pound Sound Proofed

The first stage of sound proofing the dog pound at the Council Depot has been completed. The southern section of the roof has been fixed with a noise absorbent lining which has had a substantial effect on reducing the noise from the barking dogs.

Timber baffles on the exposed southern end will further reduce these noises from the pound.

Better Traffic Flows in Hotham Street

In order to improve traffic capacity and reduce delays, right turn lanes are to be introduced at signalised Hotham Street intersections.

The proposed five lane treatments at the intersections of Hotham Street and Balclava and Glen Eira Roads have been approved and the City of St. Kilda has been requested to investigate the remodelling of the traffic signals to provide the appropriate right turn arrows. The City of Caulfield has agreed to share the costs with the City of St. Kilda.

School Grants

The Council makes grants, annually, to senior schools in the area. This year \$250 was given to each of Caulfield High School, Caulfield Technical School, Murrumbeena High School, Oakleigh Technical School and Chisholm Institute of Technology.

The schools themselves decide how the money will be allocated. In many instances it takes the form of scholarships for students and others put the money towards books or equipment.

Access to Packer Park Bore

Water tankers currently gain access to the bore in Packer Park from Leila Road via an unmade track which runs between the oval and the cycle track.

This bore is by far the best in the City and was heavily used during last summer's water restrictions. This increased usage resulted in the unmade track becoming unsightly and possibly hazardous.

A new access road is to be constructed from Waldon Grove providing a shorter route.

(When this item was discussed in the Council meeting it was pointed out that this was the only bore in Caulfield. Overheard, was this comment, "Not true, I know of many").

Possible Bicycle Path Funding

Advice has been received from the State Bicycle Committee that they expect to be able to offer the Council financial assistance for bike path programs during 1983/84.

A submission is to be made for funding of a bicycle path to be constructed on the western side of Riddell Parade adjacent to the Elsternwick Railway line.

New Nursing Home Guidelines

The Council has been advised by the Minister for Health that the current Federal Government is proposing new guidelines for the establishment of Nursing Homes.

These new guidelines will incorporate its policies for an integrated plan for the care of the aged. The Council will reapply for approval of the establishment of a nursing home in the City when further information is available and the guidelines are released.

Investigations into Unregistered Dogs

Council officers are currently investigating the non-renewal of dog registrations. Each dog owner has received a reminder letter and a registration application form. The cases where unregistered dogs are found will result in the issue of an Infringement notice and may result in the issuing of a fine.

Strong Support for Caulfield C.Y.S.S.

The bid to establish a Community Youth Support Scheme in the Caulfield area is being strongly supported by local politicians including Joan Child, Ian MacPhee, Roger Shipton and Gerard Vaughan.

In a submission to the Federal Government, Mr Ian MacPhee has strongly supported the C.Y.S.S. application, and has praised the work of Fusion and other community spirited Caulfield residents for their

initiative in drawing up the program.

"From my past experience, there is already considerably more community support for this project than there has been for a number of earlier successful projects," said Mr MacPhee.

"The program is innovative, and will offer unemployed young people in this area the opportunity to participate in a wide range of activities which will develop their skills and confidence, as well as increasing their awareness of

other support structures available to them.

"The people instrumental in developing this program have learnt a great deal about C.Y.S.S. groups in the region and have established a network of co-operation in the community which will enable them to avoid the pitfalls occasionally experienced in the past."

The application for Federal Government funding is currently being considered by the Victorian State Advisory Committee of C.Y.S.S.

Lions' Property Available for Groups

The Lions Club of Bendigo are making their "Illawong Rest and Recreation Centre" at Lake Eppalock available for disadvantaged groups.

The eight acre property on the Kyneton/Axedale Road, three kilometres south of the Brolga hotel, is available at a nominal cost to pensioners, aged persons, widows and widowers with children under 16 years and to underprivileged children.

"Illawong" features a communal hall with indoor

games, seating for 60 people, a kitchen with crockery and cutlery, toilet blocks with showers and hot and cold water to the kitchen, laundry and showers.

The residential unit is divided into three sections — a central section for two people and the other sections each for eight. The total capacity is 18 people

and bunks and mattresses are supplied.

"Illawong" also has a caravan park with 20 sites available for caravans.

There are three barbecues installed around the property and a childrens playground with a slide, swing etc.

Any local organisation interested in utilising this facility, can obtain further information by contacting the Lions Club of Bendigo, P.O. Box 239, Bendigo 3350, telephone (054) 43 5530.

Progress Association

The Caulfield Progress Association recently held its annual general meeting to elect a new committee for the coming year.

The Caulfield Progress Association aims to unite, inform and represent residents to ensure their

views are put, heard and heeded, and their interests protected.

If you are interested in the City of Caulfield and Local Government, join the C.P.A. now by contacting the President, Brian Burleigh or Vice-President Bridget Cramphorn at P.O.

Box 188, South Caulfield, 3162.

The new Secretary of the C.P.A. is Veronika Martens, the new Treasurer, Graham Rogers. Committee members are Cr Geoff Doolan, Betty Snowball, Gwen Betterson, Lindsay Peacock, Don Dunstan, Pam Rawsthorn and Vi Marshall.

Council and Committee Meeting Dates

OCTOBER 3 — Executive Services Committee
OCTOBER 4 — Environment and Community Development Committee
OCTOBER 11 — Policy and Resources Committee
OCTOBER 18 — Council

REMEMBER! Election day November 5.
Statutory meeting of Council, November 7.



Local Government Week Open Day



Tuesday, October 11,
1983 10 am — 7 pm

for all Caulfield Council facilities
Guided tours of the City Hall on the hour.
Telephone 524 3333 for further details.

Visit the Melbourne Town Hall and the City Square for more Local Government Week activities.
October 11-14

DISTRIBUTION OF PRE-SCHOOL GRANTS

Cr. Bob Baxter recently met with the Council's Children's Services Officer, the Pre-School Adviser for the Caulfield area and two community members to consider donations to Pre-School groups under the Pre-School Services Assistance Fund.

This is the final allocation for the financial year and the following donations were recommended.

Murrumbeena Occasional Care Group	\$275.00
Elsternwick Occasional Care Group	\$200.00
Grange Road Pre-School	\$305.00
Community Based Education Resource Group	\$220.00
Neerim Pre-School Centre (money committed in previous meeting to be forwarded with this allocation)	\$400.00

Aquacode — a new program in safety

This summer, the Royal Life Saving Society is conducting a new water safety campaign called "Operation Aquacode" aimed at helping all Victorians when in or near water.

The three basic rules the Society hopes to teach everyone are:

1. Don't go alone, it's safer and more fun to be with friends.
2. If you fall in and cannot reach safety, roll on to your back and float. Try to attract attention.
3. If someone else falls in,

don't jump in after them, stay on safe ground and offer help, for example, a rope, stick, etc.

Objective

The primary objective of the Aquacode campaign is to reduce the number of drownings and water accidents by educating people

in basic water safety principles.

Aquacode is based on a similar successful campaign conducted by the United Kingdom branch of the Royal Life Saving Society. It is presently a pilot project of the Victorian Branch and will be taken up later by other Australian states.

The campaign will be

aimed at all Victorians and young people in particular. It will be used in country and metropolitan areas.

A mobile resource unit, the Aquacode bus, will be visiting shopping centres, swimming pools, schools and beaches during the summer.

Aquacode is being launched on December 1 at the Polly Woodside, South Melbourne, and will run through Summer until the end of Moomba in March.



Above, the recent unveiling of the Rosstown Railway Commemorative plaque caused a great deal of interest for many members of the Caulfield Historical Society.

Ex-councillor, Fred Arden, who founded the Historical Society is pictured above inspecting the new plaque along with other members of the group.

A problem of the Eighties — Stress

Undoubtedly one of the greatest problems facing society today is Stress. Everyone experiences it, and researchers are becoming alarmed at the relationship between stress and many of the frightening killers of the day.

Not all stress is bad. In fact, we all need a moderate amount of stress to live a normal life, to promote intelligent thinking and planning, to meet life's challenges, and to reach our goals.

Stress also has a positive biological role. For example a pedestrian perceives a speeding motor vehicle threatening his or her life. This causes changes in body chemistry, and an adaptive reaction begins. Adrenalin and other hormones are squirted into the bloodstream; circulation is speed-

ed up and blood clotting ability increases to plug up possible wounds.

A whole sequence of events takes place to prepare you to meet the emergency by either "fight or flight". In the case of the pedestrian it will definitely be flight. When the emergency passes the body returns to its normal relaxed (or healing) state.

But herein lies the stress problem. The same biochemical reactions occur within your body in response to an argument with

your boss, missing or being way behind on a deadline, a motorist cutting in front of you during peak hour traffic, family eruptions. This happens to you over and over every day, and this is when stress becomes distress and a threat to your health.

It is these recurring, prolonged "stressors" that do the damage. The body can handle occasional stress but when experienced continuously the body is prone to break down.

What are the alternatives? For millions of people the answer is the bottle — either one with alcohol or one which contains pills. Others drink heavily of tea or coffee, maybe increase their

This article on stress was written and submitted by Pastor Sparrowhawk of the Seventh Day Adventist Church in Grange Road, Glenhuntly.

nicotine consumption. Victims turn to these artificial means of stress control, not because they want to but because they are desperate.

Another and far wiser alternative is to confront the stress problem head on and educate yourself to both identify the "stressors" and then learn coping techniques. Problems will never go away but by adopting certain strategies you will be able to relate with more decisiveness and less anxiety.

There is a Stress Control Program commencing Tuesday October 18, 7.30 pm at the Grange Room, 99 Grange Road, Glenhuntly. Ring 568 8564 or 878 9635 for details.

Fighting Racial Discrimination

The Racial Discrimination Act, enforced by the Human Rights Commission, makes it against the law to discriminate against someone because of their race, colour, descent or national origin.

In particular the Act states it is against the law to discriminate in areas of employment, use of public places (parks, hotels, beaches, restaurants, etc.); use of public vehicles

(buses, trains, etc.); renting or selling of land, houses, flats, etc.; selling or leasing any goods, or providing services or joining trade unions.

It is also against the law to indicate you will do something racially discriminating and to encourage or help anyone to do something that is racially discriminating.

The Human Rights Commission was established to help anyone in Australia who thinks they have a complaint and to help them with that complaint.

After a complaint is made to the Commission, it will be investigated and the person complained against has to answer the complaint.

The Commissioner will help you settle the matter in a fair way or if the complaint is not settled it can go to Court.

If the Court finds you have been discriminated against, it can order the person to either stop discriminating against you, do something to make up for the discrimination or pay you compensation.

If anyone victimises you because you have made a complaint, they can be fined up to \$500.

Not all complaints are investigated. The Commissioner may think the complaint isn't important, does not involve you or is just trouble making. Reasons are given for complaints not investigated.

If you think you have a cause for complaint contact the Office of the Commissioner for Equal Opportunity, 9th Floor, 356 Collins Street, Melbourne, telephone 602 3222.

Energy Management Booklets Available

The National Energy Conservation Program has just released two new advisory booklets on energy management aimed primarily at the needs of small and medium sized companies.

The booklets, the "Energy Audit" and "Energy Conservation Check List" are nos. 3 and 4 in a series, with a further 15 booklets still at the planning and production stage. The aim of energy

management in industry and commerce is to contain or reduce energy costs. Savings of at least 10% of the energy costs per unit of production are easily attainable if an effective energy management program is us-

ed. Savings in excess of 30% are possible.

With gas and electricity charges going up in October/November by an average of 8%, businesses will find the booklets useful in helping to contain spiralling overheads.

The booklets are available from the Department of Minerals and Energy, 151 Flinders Street, Melbourne.

Grant for Pre-school

The Grange Road Pre-school recently received a \$30,000 capital grant from the Ministry of Health towards the costs of relocation.

The Pre-school is moving following the purchase of its building owned by the

Trinity Uniting Church by the Greek Orthodox Church, and its decision to use the building for other purposes.

Following the Councils'

initial generosity in providing use of the old Ormond Infant Welfare Centre, the government supported their application on a \$2 for \$1 basis.

Church Services For The Home Bound

St Mary's Anglican Church, Glen Eira Road, Caulfield, is giving people in special accommodation houses, and their own homes, the chance to participate in church services by providing transport.

The Church is enabling those who would like to share in the fellowship of the service but are unable to get out on Sunday, the chance to participate by

picking them up from their homes and returning them after lunch.

Services are held on the fifth Monday in the month and the next one is on October 31 at 11 am.

The service is followed by a light luncheon in the church hall.

Anyone, of any denomination, who would like to go to the service can ring either Joan Trumble on 527 5330 or Pat Otto on 523 6852.

Medicare — A few questions and answers

The Government's Medicare scheme will come into operation on February 1, 1984.

To help people understand Medicare, Caulfield Contact will be running a series of questions and answers over the next few months to help clear up any confusion.

The information below was submitted by Dr Gerard Vaughan, Member for Glenhuntly. All enquiries to Dr Vaughan on 211 0858.

1. What is Medicare and why do we need it?

The Government regards access to quality basic health care as a right of all Australians, regardless of their income. At the moment, two million Australians have no health insurance at all and would have to pay the whole cost of treatment themselves if they got sick. Many others have health cover because they know it's too risky to leave themselves and their families without cover, but it is a drain on their finances they can't really afford.

The Labor Government believes the costs of health

care should be related to your ability to pay. Medicare will cost you one per cent of your taxable income, regardless of whether you earn a wage or are self employed.

If you earn less than \$200 a week as a family (plus \$20 per week for each dependent child) it will cost you nothing, if you earn \$300 per week it will cost you just \$3 per week etc. The maximum weekly payment from any income will be \$13.40 a week. The levy will be paid at the same time as you pay your tax.

In return, all permanent Australian residents will be refunded a minimum of 85

per cent of the scheduled fee for their medical bills. (There is a maximum 'gap' for the patient to pay of \$10 for any one service). If the doctor direct bills the Government it will cost you nothing. Hospital treatment and accommodation will be completely free if you go to a public hospital and are treated by hospital doctors.

2. If a husband and wife are both earning do they both pay the levy?

Yes. If their combined income is above the levy exemption level of \$200 per week.

3. Will Medicare pay for my visits to the dentist,

physiotherapist, chiropractor, chiropodist etc?

No. You will have to insure with one of the private funds to get cover for 'extras'. Medicare is only designed to guarantee basic medical and hospital treatment. To also cover for these other services, the levy would have to be much higher. Besides, that would mean all the private funds would close, and Medicare could not absorb all the extra staff who would be displaced.

The Government is not trying to take over the whole health insurance industry, but wants only to guarantee minimum health standards for everyone.

4. Will I have the choice of my own doctor? What happens if I go into hospital under Medicare?

Just as now, you can choose any GP you like when you are sick, and you will be covered if you are referred from him/her to see a specialist. All radiology, pathology and other diagnostic services provided by a doctor are covered by Medicare.

Your levy entitles you to free treatment by hospital doctors and accommodation in a public hospital. The kind of ward you are in will depend on the hospital's assessment of your medical needs.

If you want to be treated by particular doctors in a public or a private hospital, you will need extra private insurance. To be certain of a private room in all circumstances you should take out supplementary hospital cover with a private fund and be treated in a private hospital.

New Residents Kits Available

If you have recently moved to the City of Caulfield and rent a house or flat then contact the Community Liaison section of the Caulfield City Hall for your New Residents Kit. If you are an owner/occupier then you will automatically receive a Kit in the mail. Telephone Sonja Rosenberg on 524 3259.

Burglary Epidemic in Caulfield

Over 280 burglaries were committed in Caulfield during a six week period from the beginning of August.

Latest police figures indicate North Caulfield was the worst hit area with 41 burglaries committed at night and 32 during the day.

From August 1, 1983, until September 19, 1983, there were 150 night burglaries (after 6 pm) and 134 day burglaries in the Caulfield area.

A break-down of these police figures shows South

Caulfield totalled 54 burglaries, Murrumbeena totalled 49, Glenhuntly totalled 58 and Elsternwick totalled 50.

Most burglaries occurred during the night in each area with the exception of Glenhuntly which had 35 day burglaries and 23 night burglaries.

These figures prove alarming when you discover they are above average for the Caulfield area.

According to Senior Sergeant Graham Brown of the Caulfield Police Station, burglaries appear to be committed in cycles and it seems to be Caulfield's turn at the moment.

"Most burglaries occur when people are at work during the day or out at night", said Senior Sergeant Brown.

"The biggest deterrent to a burglar is having someone around. Make sure you let your neighbours know when you will be away so they can keep an eye on the property."

"When you go away on holidays etc, let the Police know and they can keep an eye on the property for

you," said Senior Sergeant Brown.

"And don't forget to cancel the mail, papers, milk, etc", he added.

If you see anyone behaving suspiciously or see suspicious vehicles, note the registration number and report the matter to your local Police station immediately.

"Often, if you catch one or two burglars, you can catch others as well", said Senior Sergeant Brown.

Member for Caulfield, Mr Ted Tanner, blamed the epidemic of home burglaries in Caulfield on "the reduction in the

number of Police in training from 225 to just 85 today."

"There is a 'walk-through' service at Victoria's prisons where many prisoners walk into and out of the prison in one day and do not serve their sentences — and that's not including the number escaping," said Mr Tanner.

"The Government should re-open the French Island prison and should increase to 225 or more, the number of Police recruits in training. Court sentences should at least be worth the paper they are written on," said Mr Tanner.

Family Music Workshop

The City of Caulfield is holding a family music workshop on November 13 from 2.00-8.30 pm at Cato College, 5 Gladstone Parade, Elsternwick.

If you play an instrument or enjoy singing then the workshop is what you have been waiting for.

The workshop will feature Caulfield's own Musician in Residence,

Michael Finnissy and all music will be specially arranged to suit your own level of performance.

People will practise their parts in the pieces in small groups, according to their

instrument or type of voice and their level of proficiency, throughout the afternoon.

Before tea-time there will be a "dress rehearsal" for the larger pieces and everything will be put together by Michael Finnissy.

At 7 pm, after a tea break, a special performance of the practised works will be held.

If you would like more information on the Family Music Workshop, contact Community Arts Officer, Merryn Carter on 524 3333 for an application form.

Battling Youth Problems

Drug abuse by children and coercion of children into cults are two traumatic experiences many Australian families have been forced to face.

According to the Jewish Centre at 83 Hotham Street, East St. Kilda, the death of a son or daughter from drug abuse is no longer an isolated risk that families can afford to ignore.

Likewise the loss of a loved one to a pseudo-religious cult is a fact many families have faced.

The Jewish Centre was established in 1977 to

counter the emerging cult influence in Australia which was proving to be an influence on Jewish youth.

Nowadays the Centre continues to provide professional assistance to families wanting to be reunited with children drawn into cult movements.

Also important to the Centre was the increasing drug problem. The Centre widened their counselling and care facilities to cope with drug and other crisis situations.

Awareness

"Awareness of the problem is the first step towards solving it," says the Centre. Special emphasis is placed on education as the Centre finds that often lack of understanding, "coupled with human vulnerability" are

the main factors that cause young people to fall prey to cults and drugs.

The Centre is an independent organisation and is not linked to other Jewish institutions, although it works in close harmony and co-operation with all of them.

The Centre is equipped with counselling rooms, seminar facilities and a resource library with video equipment. They can also offer short term emergency accommodation.

A country property in Victoria is used for counselling and rehabilitation work with children. It is also used for preventative seminars on drug abuse and as a weekend haven in crisis cases.

The Centre is co-ordinated by an Advisory Committee and up until

recently was run on a voluntary basis.

The Centre relies on its working committee for day to day operation involving cult counselling and rehabilitation, liaison with victims and their families and research and collation of case history records.

It has access to several specialist consultants who provide a high level of professional expertise.

The Centre encourages involvement from members of the community and publishes a regular newsletter to anyone interested in the programs they offer.

As there is no charge for services provided by the Jewish Centre, it cannot function without financial support from the community.

Enquiries about services and contributions can be directed to Mr. Aron, Co-ordinator on 527 5069.

ANNIVERSARY EXHIBITION



The Victorian Racing Museum, situated at Caulfield Racecourse is commemorating the 150th Anniversary of the birth of the great Australian horseman and poet, Adam Lindsay Gordon with a special exhibition ending on Wednesday, October 21.

The Museum will be open to the public free of charge on Tuesdays, Wednesdays and Thursdays between 10 am and 4 pm whilst the Adam Lindsay Gordon memorabilia IS ON DISPLAY.

The public can also view the Gordon display and

other Museum exhibits during the three days of the Caulfield Spring Carnival, when the Museum is also open free of charge.

The Hon. N. B. Tresize, Minister for Youth, Sport and Recreation officially opened the special display on September 26.

The Racing museum is situated on the ground floor of the Administration block at the Caulfield Racetrack and during the week entrance can be gained through Gate 22 in Station St., Caulfield.

Above, Mr Neil Tresize and Mr Russell Davis curator of the museum.

Out of Sight — Out of Mind

Have you ever thought of what could be breeding in that old pile of discarded timber behind your garage or in that disused compost heap?

Any place that provides a shelter, that is quiet and undisturbed and where there is an available food source could be a breeding ground for rats.

Unfortunately, ceilings of homes are ideal breeding places and harbours for rodents, and when left un-

checked can present a health hazard and cause structural damage.

It is essential to undertake adequate eradication measures immediately you suspect an infestation, or better still, to carry out preventative measures that

will deter them in the first place.

These measures include:

1. Keeping your property free of any material that could provide a breeding place.
2. Ensure that any storage area such as the garage is not cluttered and access is available to all items.
3. Ensure that pet food is not left lying about, that

any putrescent matter is properly stored and disposed of.

4. Block up any parts of the house where rodents might gain access.

5. If the problem does exist, then engage a pest control firm or in the case of do it yourself, use a rat poison in such quantities that will last for several weeks or until it is no longer being eaten.

For any further advice, please do not hesitate to contact the Council's Health and Legislation Department on 524 3333.

Track Replacement

If you are planning on going to the races at the Caulfield Racecourse later this year, you may find the meetings have been transferred to Sandown.

Track replacement work is expected to be carried out after the Caulfield Cup on October 15 but the work is subject to approval for Government funding.

If work goes ahead, the six meetings scheduled for

Caulfield will go to Sandown. It is anticipated work will be finished by late February.

So, make sure you check first with the V.A.T.C. before heading off to the races.

Bus terminal proposals

The Ministry of Transport has put forward a number of policies for the improvement of public transport services.

Within these policies the City of Caulfield is discussing the establishment of a bus terminal at Caulfield Railway Station. This will improve public transport in the inner and middle suburbs, assisting the development but at the same time maintaining the role of the central area.

By promoting parking policies that will complement the project, the overall traffic management will be cost efficient and support the Caulfield/

Moorabbin third rail track which is currently under construction.

The neighbourhood flat fare system which was started in the Caulfield/Moorabbin/Sandringham area in 1982, allows multi-modal travel within the set area for two hours for 60c. This could be used as a basis for buses terminating at the Caulfield Station.

If this scheme were expanded, bus travellers would be able to connect with the fast train services to the central business district in Melbourne.

These proposals will be put by Caulfield to the Ministry of Transport Committee which has been established to discuss these issues.

INVOLVING STUDENTS

While some people are only too ready to criticise decisions to include more students in decision making, a group at Caulfield High School are showing they know what responsibility means.

For just on eight months now, students have been working on their own lounge. They began with a bare, very dull room and over the last year they have raised \$2,000 through a variety of activities including a recent walkathon.

The money has been used to purchase a stereo, carpet, paint, posters, furniture and games.

The outstanding feature of the room is a mural painted by the students. Using vivid colours they have given their impression of Caulfield from the ubi-

quitous tram to possums and magnificent birds.

A student committee has worked out rules and supervises the day to day management — everything from keeping the books to repairing the furniture themselves. The stereo provides music for dancing while other students simply relax and read or play chess.

The Committee is currently working on its own after school program for students. Given the chance, students too have a worthwhile contribution to make and can show their capability and competence.

Traffic Treatment for Lumeah Road

Residents of Lumeah Road have sent a joint letter to the Council pointing out the dangerous traffic situation in that street.

They have requested that action be taken to control the speed and volume of traffic using it as a through road.

Lumeah Road is a residential street which runs in a north-south direction between Balaclava Road and Glen Eira Road and offers an attractive alternate route for through traffic.

Observation of traffic movements in the street in-

dicate that it is used regularly as a short cut by motorists, especially during peak time. The speed of cars is often higher than could be considered reasonable for a residential street of this type.

The accident record is very high for such a local road. It shows that there have been six reported accidents in the street in the past five years. This includes one fatality at the intersection of Lumeah Road and Wootton Grove in 1978. According to residents there have also been a large number of unreported accidents.

The Council is considering the installation of a roundabout at the Wootton Grove intersection. It would break up the continuity of the street and it would lose its attractiveness as a short cut.

The Road Traffic Authority is being approached for approval to construct a roundabout at this intersection. Following the installation, vehicle speeds and traffic volumes would continue to be monitored to determine the effectiveness of the treatment.

WANTED

The Caulfield Community Buses need volunteers to drive in emergencies. The buses are free to any group in Caulfield and enable many elderly and house bound people to go out.

Emergency drivers and jockeys are not required to drive the community bus on a regular basis — only when other drivers are ill or can't make their regular run.

If you are able to spare some of your time, please contact Yvonne Kay on 524 3200.

DISABLED COMMITTEE

The annual general meeting of the City of Caulfield Advisory Committee for persons with disabilities will be held on Monday, November 21 at 8 pm in the City Hall.

The meeting will herald the first anniversary of the Committee and will include a report upon the activities and achievements of the previous 12 months.

Interested persons are encouraged to attend. The meeting will call for nominations from people with ideas, energy and enthusiasm. Your support of this vital young committee would be greatly appreciated.

ROTARY DINNER

The Rotary Club of Caulfield is holding a dinner at the Caulfield Central R.S.L. at 6.30 pm for a 7 pm dinner on November 8.

Guest speaker, Mr Eric Ristrom, Secretary of the Taxpayers Association, will talk on "The way taxes are changing". The general public is invited to attend the dinner.

Tickets are available at \$16 per person. Money raised goes toward Rotary Club community projects. Tickets are available from Dr M. Sherlock on 211 7088.

NEW BOOKS

The following list of books of general interest include some titles recently added to the Caulfield libraries. Those not held at your local library may be reserved and obtained on inter-library loan.

AUSTRALIAN NATIONAL GALLERY, An Introduction, 1982. The Gallery project has a history that goes back some 70 years; the idea of a National Gallery was one that surfaced and was abandoned over the years until 1973 when construction began. A well illustrated work detailing briefly the history of the Gallery and the building of its collection.

BECOMING BETTER PARENTS by M. Balson, 1981. The author, a father of two, has written a practical book suitable for either one or two parent families. Other groups who would find the content and approach useful are infant welfare sisters, day care personnel, community health teams, teachers of young children and members of various helping professions.

THE HALF OPEN DOOR, 1982. Sixteen modern Australian women look at professional life and achievement in this book that was edited by Patricia Grimshaw and Lyn Strachan.

AN IMPORTANT FAMILY by D. Eden, 1982. A tale of passion, romance and mystery set in the author's home country of New Zealand.

WORKING FROM HOME by M. Grey, 1982. A useful practical book full of inspiring ideas for men and women who wish to earn some money from their homes either to supplement their income or as their major source of revenue.

THE PHAR LAP STORY by M. Wilkinson, 1980. The story of Phar Lap is more than the story of the greatest racehorse ever. It is the story of the depression, of winning and losing in hard times, of dreams of wealth to be made by backing the wonder horse, of rich and influential people.

MARTHA GARDENER'S BOOK by M. Gardener, 1982. Everyone's household help — from "alabaster" to "zucchini bread"; how to keep your decanter sparkling clean; how to store lettuce in a refrigerator; a wealth of experience for all to share.

ARCHAEOLOGY OF THE DREAMTIME by J. Flood, 1983. Using the very latest archaeological evidence from stone and bone and also aboriginal myths and legends this work examines the ways in which the aborigines adapted to and modified their environment from the rain forests of the north to the snow capped highlands of Tasmania, how their art and culture developed and how they coped with such massive changes as the rising of the seas at the end of the last ice age.

THE TURNING POINT by F. Capra, 1982. The author, a distinguished physicist shows how the revolution in modern physics foreshadows an imminent revolution in all the sciences and a transformation of our world views and values.

INTRODUCING THE DOTS by D. Stewart, 1982. With this book you can learn to read, write and arrange music for yourself, for your band or even as a budding song writer.

IRIDOLOGY by D. Hall, 1982. This straightforward guide to the little known subject of iridology shows you how to interpret health and personality by looking closely at the iris.

CHILD CARE FOR 1984

If you live or work in the Caulfield municipality and would like to enrol a pre-school aged child in a Council sponsored Children's Centre for 1984, applications close on November 25.

Caulfield has three such centres and enrolments will be finalised in the first week of December.

As demand is generally greater than the number of spaces available, a priority system will be used. For an application form contact Marilyn Godley, Family Services Development Officer at the City Hall on 524 3333.



Above, fun at the Caulfield Neighbourhood Centre, one of Council's three child care centres.

ART SHOW

The Hughesdale Art Group is holding its annual art show at the Hughesdale Community Centre, cnr. Poath and Kangaroo Roads, Hughesdale, on November 1 and 2.

The opening night on Tuesday, November 1 commences at 8 pm until 10 pm. On Wednesday, the Art Show will be open from 10 am-10 pm. Admission is free.

NEW GROUP

Did you know there is a group for parents of missing children? If your child has been missing and you don't know where to turn then maybe the group can help you.

They now have a new crisis phone number 762 1592 for parents of missing children. The Murrumbena group is now meeting every Wednesday night from 7.30 pm at Murrumbena House, 105 Murrumbena Road.

COMMUNITY TYPIST

The Southern Regional Consultative Council has a full time community resource typist/stenographer available to community based voluntary organisations in the southern region. This service is available to organisations who have no access or limited access to typing facilities.

The position is funded through the Wage Pause Employment Program until June 30, 1984 and is located in the Moorabbin office of the Department of Community Welfare Services. For further information and to book in your work call Susan Tuck on 553 0711.

FAMILY HISTORY AWARDS

The Australian Institute of Genealogical Studies sponsors two annual awards, the President's Award for those under 16 years and the Alexander Henderson Award which is open to anyone who has produced and/or published a family history.

Each award is judged by a panel consisting of a genealogist, a librarian, and an author.

The purpose of the awards is to encourage and foster family history research and they have been conducted for the past 10 years. The winner of each award is presented with a prize at the annual presentation dinner held in March of the following year.

Entries for either of the awards close on December 31. Further information is available from the Institute by writing to the Public Relations Officer, A.I.G.S., P.O. Box 68, Oakleigh, 3166.

ATHLETICS

The Caulfield Little Athletics held their first meeting for the season on Saturday September 24. Registration is still being accepted at the Duncan MacKinnon Reserve any Saturday morning between 8.30 am and 12 noon. Children between 6 and 13 years on October 1 will be made very welcome.

WHITE CANE SAFETY DAY

The White Cane Safety Day Committee is holding two seminars on October 12 at Wantirna and October 13 at Kew for people who would like more information about visually impaired people and the services available.

There will be guest speakers from many different areas and the day will increase your understanding of the problems of visual impairment. For details and further information contact Mrs Mary Quirk on 860 4446.

CHISHOLM ACTIVITIES

FREE MUSICAL CONCERTS

The Chisholm Staff Club present free musical concerts at the Caulfield Campus, 900 Dandenong Road from 12.30-1.30 pm each Tuesday.

OCTOBER 4: Trevor Barnard (piano) and Merlyn Quaife (soprano) playing Mozart, Schubert, Strauss and Britten.

OCTOBER 11: Margaret Schofield (piano) and Donald Scotts (violin) playing Hindemith and Franck.

OCTOBER 25: Stephen McIntyre (piano) and Jeffrey Crellin (oboe) playing Chopin, Siocco, Kallinoda, Krnek and Saint Saen.

Further information from 573 2133. Full program available.

FREE LUNCHTIME DISCUSSIONS

An opportunity for people to discover other aspects of Chisholm that are not listed in the handbook by staff members on topics of their choice relating to their research. Held Wednesdays in room B 215 from 12.15-1.00 pm.

OCTOBER 5: "Business Technology, What is it?" by Bob Grant and Ken Greenhill.

OCTOBER 19: "A Political Observer" by Paul Rodan.

FILMS

The Chisholm Staff Club Film Group hold screenings on Wednesdays in Room B214 at 12 noon and at 6.30 pm. For membership and admission details, contact A. Hamstead on 573 2133 or the Student Union on 572 2500.

OCTOBER 12: "Tall Blond Man With One Black Shoe" starring Pierre Richard and Mireille Darc.

OCTOBER 26: "Clockwork Orange" starring Malcolm McDowell.

SUNDAY CONCERTS

"Music, Munch and More Music" is a spring time festival of three Sunday concerts with the Philharmonia of Melbourne, directed by Paul McDermott at the Chisholm Institute of Technology's Caulfield Campus on October 2.

This is the Chisholm staff club's second venture into opening the campus to music lovers on Sundays. The first, "Bach, Brunch and More Bach", attracted more than 200 people each Sunday. The new series will also feature the Institute's full size Steinway, played by Trevor Barnard, Donald Thornton, Michael Brimer and Margaret Schofield.

The \$10 ticket to each concert includes a three course lunch. The music starts at 11.30 a.m. and the doors open at 11.00 a.m. with a display of work by Chisholm Art and Design students. Tickets are available from the Chisholm staff club, P.O. Box 197, Caulfield East 3145, or by telephoning 573 2133.

Bring the whole family to our special

WELCOMING CONCERT

for Caulfield's Musician-in-Residence,

MICHAEL FINNISSY

on **SATURDAY, OCTOBER 29** at 7.30 pm

at the City of Caulfield Arts Centre

441 Inkerman Road, North Caulfield

Featuring performances by **CAULFIELD CITY CHOIR**, **CAULFIELD RECORDER CONSORT**, **CATO MADRIGAL GROUP** and **MICHAEL FINNISSY**, piano.

To be followed by a 'bring a plate' Supper, to allow plenty of time for people to talk with Michael about his activities in Caulfield.

ALL WELCOME

Tickets at the door: \$2 Adults, \$1.50 Concession

Enquiries: Merryn Carter 524 3333.

DEADLINE

The deadline for submission of material for the next edition of Caulfield Contact to be published on October 27 is October 14.

Please submit material and black and white photographs by October 14 to "Caulfield Contact", P.O. Box 42, South Caulfield, 3162 or telephone 524 3333.

FUSION

The Fusion Community Centre, 101 Murrumbena Road will be offering an exercise to music class every Monday from 9.30-10.15 am. The cost per class is \$1, enquiries to Karen, Family Services Co-ordinator on 568 2427.

STAMPS

A splendid collection of stamps from all countries will be sold at half the catalogue price in the St John's meeting room, corner Glenhantly Road and Foster Street, Elsternwick on the first Saturday of each month. The next date is October 1 and proceeds will go to mission funds. Times — 9.30 am-4 pm.

FRIENDSHIP CENTRE

The Elsternwick Baptist Friendship Centre (481 Glenhantly Road, Elsternwick) welcomes people to their friendship time for a free cup of coffee or tea every Wednesday from 1.30-3.30 pm. Their motto is "there are no strangers here, only new friends". Contact Dot on 528 3665 or Sadie on 531 6972 for more information.

TENNIS COACHING

Tennis coaching for juniors and adults has commenced at the Glenhantly Tennis Club, cnr. Booran and Neerim Roads. Juniors start at 9.15 a.m. and adults at 10.45 a.m. Classes are for beginners to advanced players. Enquiries to Geoff Jones, registered T.C.A.V., on 783 9918.

FUSION FILMS

Fusion, 101 Murrumbena Road, Murrumbena, is holding a film night on October 28 at 7.30 p.m.

The film is 'The Atomic Cafe', a feature length film on the creation of American public awareness of atomic weaponry and nuclear war.

The film took five years to research and make and uses footage of government and military propaganda, news reels, training films, television and radio shows, parade American propaganda.

Screening with 'The Atomic Cafe' is 'If You Love This Planet', an academy award winner for the best short film.

Light supper during the interval. Admission by donation. Enquiries to Wells O'Neil or Val Weir on 568 2427.

Contact sport

New Equipment at Recreation Centre

Bowled Over

Elsternwick Club The Elsternwick Club situated at 19 Sandham Street, Elsternwick, has vacancies for new or experienced players.

The club is fully licensed, air-conditioned, has excellent greens and offers free coaching. During winter it offers other facilities including carpet bowls, billiards, cards etc.

Come along and meet new friends while keeping fit. Most members live in the Caulfield district. Call into the club in Sandham Street or telephone 523 9221.

Carnegie Bowls Club An enjoyable evening was had by all at the joint opening of the greens but unfortunately the weather was not suitable for the rolling of the first jack and bowl by Madam President, Edna Miles and V.L.B.A. Councillor, Ethel Finkelstein.

Among the distinguished guests were R.V.B.A. Councillor, Wally Ward; V.L.B.A. Councillor, Ethel Finkelstein and Mr Finkelstein; Caulfield City Councillor, Mrs Dorothy Ford and daughter Robyn who deputised for the Mayor, Councillor Ron Walters; Mrs Joan Child, Member for Henty; and Dr Gerard Vaughan, Member for Glenhenty and Mrs Vaughan were also present.

Club member Roy Kerr was presented with his Super Veterans Badge by R.V.B.A. Councillor, Wally Ward who also declared the greens officially opened for 1983/84.

Carnegie R.S.L. and Citizens Ladies Bowls Club The club is holding a Gala Day on November 25 from 11 am. The cost is \$8 per team. Ladies or mixed. Morning tea at 10.30 am, luncheon provided. Well stocked stalls. Ring Mrs J. Yeoman on 569 5506 for further details.

Glenhenty Bowls Club In past years at Glenhenty the ladies and mens clubs have held separate opening days each season which has resulted in the green not being fully occupied. This year opening days were combined resulting in all of the eleven rinks being used and the day being voted a popular success by members.

Bowls councillors, officiated at the opening ceremony which was followed by a mixed fours event and afternoon tea in a happy and sociable atmosphere. The club's fixtures setting out dates of all bowls and social activities are available from the secretary. An energetic social committee is working to ensure a happy evening for members and their families at the Caulfield Cup Eve Dinner Dance. Bookings close on Saturday, October 8 and enquiries to Geoff Piper on 211 2666.

Elsternwick District Bowling Club The Elsternwick District Bowling Club and the Elsternwick District Ladies Bowling Club combined opening night and saw a large gathering of members and guests in the club house. President, Geoff Cohen of the Elsternwick District Bowling Club and President of the Elsternwick District Ladies Bowling Club, Heather Hoskins welcomed all present. The opening ceremony was performed by R.V.B.A. Treasurer, Cliff Martin, Councillor Francis Lee rolled the jack. After the ceremony all retired to the club house where supper was served by the ladies.

Caulfield South Bowls Club Although the season has started with inclement weather, the greens have been bowled on satisfactorily. An innovation this year is the twilight bowls on the second Friday of the month starting on November 11.

Mixed fours commencing 5.30 pm to be followed by chicken and salad, interested bowlers may enter a four by contacting the club on 528 4620. Anyone wanting to try the game of bowls may have a practice bowl by contacting the club. They have vacancies for men and ladies, new or experienced. No joining fee.

Alma Club The club at 1 Wilks Street, North Caulfield enjoyed a very successful opening day held in overcast conditions, the barbecue lunch was a gourmet's delight. The first jack and bowl were rolled by Mrs Jess Barnes and Mrs Josie Smith, each in turn have contributed in many ways to the welfare of the club.

The club is holding an open day on Sunday, October 9 between 12 and 4 pm for new bowlers. Ladies and men over the age of 18 years can try out with our bowls but you must have flat soled shoes. Further information from Mr R. Gedry or Mrs R. Maddern on 527 2625.

Murrumbidgee Bowls Club

Well known international bowler, John Snell, recently opened the 1983/84 season before a gathering of 140 members.

The Club is celebrating its 60th anniversary this year and the Club house was suitably decorated for the opening. The new president is Neil Dean and the Club is seeking new members, ladies or gents.

Previous experience not necessary. There is a full social program all year and mixed bowls is held on the second and fourth Sundays of each month. Further information from the secretary, Paris Chambers on 568 0423.

Recent additions of equipment have converted the gymnasium at the Caulfield Recreation Centre into a fully-equipped multi-purpose facility that can compete with any similar set-up in Melbourne.

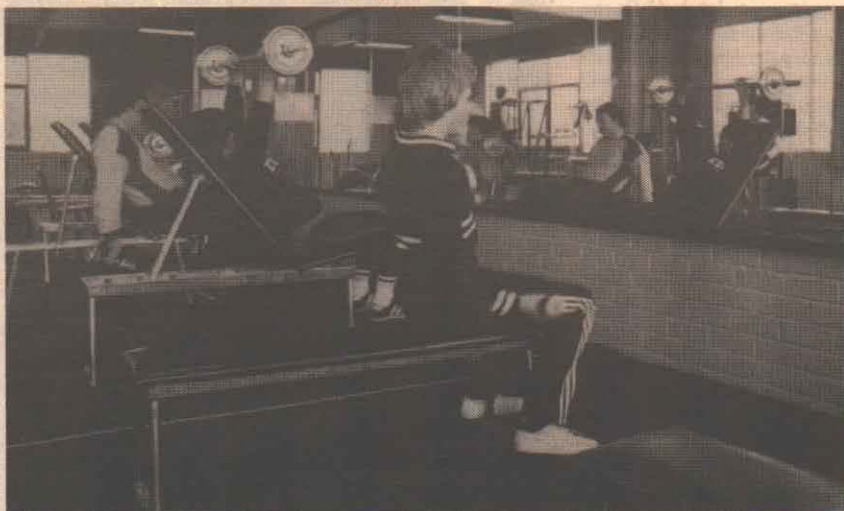
The additions include a running machine, numerous exercise stations, weight-lifting facilities and a comprehensive array of dumbbells and barbells catering for all types of strength ability. The interior is pleasantly decorated with mirror covered walls and the atmosphere is informal and friendly.

Already many well

known lifters and athletes have made use of the Centre and they are encouraged by the management to share their knowledge and expertise with those who are just 'starting out'.

Muscle toning exercises using weights are becoming very popular and there has been a sudden increase in the number of women using such programs. At the Gym

women are using light weights and high repetitions to achieve effects that aerobic classes and jogging cannot achieve. In the first week of the new operation approximately 200 people have made use of the facility and to encourage people to get involved there is a special annual membership operation until December of \$150.00 for Adults, \$98.00 for Juniors and \$120 for Tertiary Students and Pensioners. The special ends on December 31. Any enquiries ring Ron on 524 3288 or 524 3298.



Above, local residents of Caulfield try out the new equipment at the Recreation Centre in Maple St.

Cricket Club

The Ormond Cricket Club is fielding six senior turf sides (two sub-district and four V.J.C.A.) in the coming season.

The Club also has under 16, under 14 and under 12

sides who will compete in the C.M.C.A. matting competition.

If you are interested in joining the Club, contact John Robertson on 578 1761 for further details.



Caulfield Recreation Centre,
6 Maple Street,
South Caulfield, 3162
Telephone: 524 3288

The Recreation Centre still has vacancies in some term three programs. There are classes for children and adults. All enquiries to the Recreation Centre on 524 3288.

Sunday Morning Activities

This is a time for all members of the family. You will be able to join in and enjoy a wide variety of activities including art and craft, trampolining, cooking and games. The upstairs fitness area will be available for adults to work out.

All areas will be fully supervised, parents and children are encouraged to create their own activities using our equipment or you may join in and participate in organised activities. Special program sheets are available at the Recreation Centre office.

Times: 10 am-12 noon each Sunday. The cost is \$1 per child and \$1 per adult or \$2 per family.

After School Program

On Monday, Wednesday and Friday from 3.30

pm-5.30 pm the Caulfield Recreation Centre provides a structured activities program which allows children to enjoy the freedom of creating their own games until 4 pm and then they participate in a competition after which all children have a choice of joining in activities. All activities are fully supervised, all materials are provided. The cost is 50c per child per day.

Cooking Classes

Children are given a chance to learn and experience cooking techniques in a wide variety of areas, eg. pizzas, cakes, slices, pasties, desserts, etc. Recipes are provided so the children can have a go at home.

All ingredients will be supplied and children will be able to take home whatever is made during these sessions. The time is Saturday 11 am and the cost is \$30 for 10 one hour sessions.

Vegetarian Cooking

This demonstration will illustrate creative ways of cooking and presenting vegetables.

The times are Tuesday October 4 from 7 pm-9 pm. Seat bookings must be confirmed by Monday October 3.

Summer Delights

Desserts for all occasions will be demonstrated. Techniques and preparation will be discussed.

The times are Tuesday, October 18 from 7 pm-9 pm. Seat bookings must be confirmed on Friday, October 14 or Monday, October 17.

Fitness Centre Swimming Pool

Lord Park
Koornang Road
Carnegie, 3163
Telephone 211 8143.
9 a.m.-12 noon

Tennis

Two new plexi pave tennis courts have recently been completed at the fitness centre and will be available for public usage from 9 a.m.-5 p.m., seven days a week.

Bookings for the courts can be arranged by ringing 211 8143 from 9 a.m.-12 noon, Monday to Friday.

Coaching will also be available from 10 a.m.-12 noon and 4 p.m.-6 p.m. weekdays. Ring Cheryl Hewitt on 596 5085 for any coaching enquiries.

Aerobics

Adult classes — day time on Monday, Wednesday and Friday 10 a.m., creche available. Evening classes — Monday 6.30 p.m. and 7.30 p.m. and Thursday 6.30 p.m. The cost is \$3 per hour session, creche 50c per child.

Over 40's Fitness

A gentle exercise program co-ordinated with music. Monday 1.30 p.m., Tuesday 10 a.m., Thursday 11.15 a.m. The cost is \$2 per one hour session.

Disco Fit

A new aerobic class for teenagers from 10-17 years. Wednesday 5-6 p.m., \$1.50 per class.



A LEISURELY LOOK

by Max Binnington

Believe it or not, summer is just around the corner. I know that not by the weather but by the number of people I see preparing for their athletics, cricket, etc. and those beginning their diets to fit last years bathers.

Dieting is no longer only a dilemma for teenage girls. Many of my colleagues are on all nature of weird and wonderful diets to rid themselves of those excess pounds.

But let's stop for a moment and ask ourselves what it's all about. I can agree with the philosophy we all like to look our best when we disrobe at the beach, but how we reach this height of adequate self-esteem is an important factor.

The food we eat is intended to meet our daily physical requirements. What we lose through body metabolism and exercise is replaced by what we eat and drink.

This fine balance will enable us to maintain a state of equilibrium. However, this state can be upset by over indulgence — in exercise or food intake.

Many people have made considerable amounts of money from interesting diets when the real answer is simply to show some thought about eating, drinking and exercise habits. Most of us are sufficiently educated in the area of food intake to know the types of foods in the carbohydrate, fat and protein categories. It is what we do with them that is the problem.

However, a little knowledge can also lead to some drastic problems. Many dieters become so obsessed with either the number of calories they take in or with the supply of the right foods, that they do themselves as much damage as if they had never dieted. Mental anguish is no substitute for obesity.

Others become so obsessed with the need to exercise, as well as reducing food intake, they become victims of anorexia nervosa. This extreme illness may not occur but frequent exhaustion, listlessness, tiredness and susceptibility to illness are common.

Food fads are also a popular retreat of the obsessed. All variety of vitamins have had their share of the limelight — Vitamin C was once a must, then Vitamin E and now it's B6 with which we should overdose. Health foods can be as dangerous as junk foods.

Vitamin poisoning is well known and in the last few weeks, research evidence has emerged indicating some dreadful side effects of continual massive doses of vitamin B6.

Vitamins are of course essential to our diet but in sensible quantities.

Between now and summer be sensible. If you are not in last years shape, think about your plan of attack. Maybe you can eat the same amount of food but introduce a little more exercise. Think about grilling food, rather than frying. Eat only at meal times, not in between. It is your diet which will determine your weight loss, the exercise will help you control it. The key is not to lose too much too quickly.

Max Binnington

Contact diary



Contact Diary is compiled each month by Sonja Rosenberg who would be pleased to receive notice of your events by the 15th of each month.

Telephone 524 3259.

Rubella

OCTOBER 4 — Night immunization sessions from 7-8pm. for Rubella. Telephone the Health and Legislation Department on 524 3333 for location.

Probus Club

OCTOBER 4 — The Probus Club meets in the Committee Room of the Caulfield City Hall at 10 a.m. Speaker from the National Heart Foundation of Australia, Victorian Division on "Risk Factor of Heart Disease". Members are invited to bring their wives to this meeting. Retired and semi-retired professional and business men who may be interested in joining the Club should contact John Fogarty, President, on 528 4336 or Jim Fox, Secretary, on 551 2689.

Books

OCTOBER 4 — The Caulfield Branch of the Early Planning for Retirement Association Book Discussion group meets on Tuesday. Further details from Pat Searle on 509 7592.

Garden Club

OCTOBER 4 — The Caulfield Garden Club meets at 8 p.m. in the Uniting Church Hall, Cnr. Kooyong Road and Jupiter Street, South Caulfield. Mr. Neil Jackson of Idaho Nurseries will give a talk on "My Trip to America" and show a film. New members welcome. Enquiries to Secretary, Mrs. Chapman on 596 4085.

Plants

OCTOBER 4 — The Caulfield group of the Society for Growing Australian Plants meets at 7.45 p.m. at the hall on the corner North Road and Tara Grove, Ormond. Enquiries

to Mrs. Carol Booth on 211 1425 between 5 and 8 p.m.

Spinning Group

OCTOBER 5 — The Caulfield Spinners meet at 10.30 a.m. at 113 Bambra Road. Spinners bring fleece, wheel and lunch. New members very welcome. Enquiries to Jean on 523 6916 or Valda on 528 4480.

Camera Meeting

OCTOBER 6 — The Hughesdale Camera Club will meet in the Hughesdale Community Hall at 8.00 p.m. Evening feature on caravanning around Europe by Ray Merrill. Call 568 0414 for further details.

Rosary Crusade

OCTOBER 9 — The 62nd Rosary Crusade will be held in St. Patrick's Cathedral from 2.30-5.00 p.m. Speaker, Fr. George Maher, Brighton. Enquiries to E. McGrath on 596 4820 or 596 4289.

Service

OCTOBER 9 — The Caulfield/Elsternwick Girl Guides will be celebrating Guide Week with a service at St. Mary's, Glen Eira Road, Caulfield at 10 a.m. All friends of Guiding are cordially invited to join in this occasion.

Walk

OCTOBER 9 — The Humane Society of Australia is holding a "Walk Against Cruelty to Animals" around the 5 kilometre circuit of Albert Park Lake between 11 a.m. and 3 p.m. Sponsorship forms available from the office at 108 Hawthorn Road, Caulfield or telephone 523 8781.

C.W.A.

OCTOBER 11 — The Murrumbidgee Branch of the Country Women's Association will hold their 36th Annual Meeting in St. Giles Uniting Church Hall, Murrumbidgee Road at 1.00 p.m. All interested persons are invited to attend.

Walking

OCTOBER 11 — The Caulfield Branch of the Early Planning for Retirement Association will meet at 10 a.m. in the Caulfield City Hall carpark. A walk in Sherbrook Forest is planned. Bring your lunch. If you need transport or if you can take passengers, ring

Joyce Mitchell on 568 0175. Visitors welcome.

Lecture

OCTOBER 12 — The Diabetes Support Association is holding a lecture evening in the Board-room, Royal Southern Memorial Hospital, 260 Kooyong Road, Caulfield at 8 pm. Talk on "Insulin Pumps — their role and prospects" by doctors and patients. Light supper first. Further information from Mr Ron Raab on 528 6433 Ext 842.

Lecture

OCTOBER 13 — A free Christian Science lecture by the Christian Science Church of Elsternwick will be held at the Brighton Technical School, 45 Cochran Street, Brighton at 8.15 p.m. Speaker Horacio Omar Rivas of Miami, U.S.A. on "Christ: the Model of True Manhood". Small children can be cared for.

Ball

OCTOBER 14: The Rotary Club of Caulfield presents its Cup Eve Ball at 8 pm in the Caulfield Community Hall. Dennis Farrington music, supper, BYO, novelties, video recorder, raffle drawn. Proceeds towards a "Locomotion Laboratory" for Caulfield Hospital. Tickets available from Brian Gales on 578 5525.

Derby Day

OCTOBER 15 — Caulfield High School's alternative to the crowds at the "Cup" is the Donkey Derby Day. Barbecue lunch including beef on the spit, fun and games, even a Fashion on the Field. Tickets \$6 for adults, \$4 for students. Enquiries to Helen Armitage on 211 7838.

Photography

OCTOBER 17 — The Caulfield Branch of the Early Planning for Retirement Association Photography group meets at Jack Campbells, 1 St. Georges Road, Elsternwick at 7.45 p.m. Bring along 20 slides or prints of trees and flowers. Telephone 523 9228.

Volunteering

OCTOBER 17: A forum by the Southern Volunteer Resource Bureau at the Caulfield Community Care Centre, 260 Kooyong Road at 12 noon. David Frey, Ph.D. will talk on "The

Volunteer's Response to Death". Information from the Bureau on 597 0281.

Music

OCTOBER 18 — A Festival of Church music will be held at 2.30 p.m. in the Toorak Uniting Church, 603 Toorak Road. Features 30 voice choir of girls from Cato College. Donation of \$3, students and pensioners \$2. For further details phone Jessie Morgan on 578 1553.

Immunizations

OCTOBER 18 — Night immunization sessions from 7-8 p.m. for adult Diphtheria and Tetanus and Oral Sabin conducted by the City of Caulfield. Telephone the Health and Legislation Department on 524 3333 for location.

Park Meeting

OCTOBER 19 — The annual meeting of the Glenhantly Park Committee of Management will be held at 7.30 p.m. in the Pavilion, Cnr. Booran and Neerim Roads, Glenhantly. Election will be held and all enquiries should be directed to the Secretary, Mr. Townsend on 528 6943.

Retirement Group

OCTOBER 20 — The Annual General Meeting and election of office bearers for the Caulfield Branch of the Early Planning for Retirement Association will be held at the Caulfield R.S.L., Hawthorn Road at 7.30 p.m. Entertainment by the "Valetta Singers", please bring a plate for supper. All welcome. Telephone 568 7871 for further details.

Exhibition

OCTOBER 21: Two Murrumbidgee artists, water colourist Margaret Cowling and hand spinner Dorothy Payne are exhibiting their works during the Waverley Festival at the Waverley City Gallery, 14 The Highway, Mouth Waverley. Opens 8 pm. Gallery hours: Saturday 10 am-4 pm; Sunday 2-5 pm; Monday, Tuesday and Wednesday 10 am-4 pm and 7.30-9 pm; Thursday 10 am-12 noon. Everyone welcome. Enquiries to 569 0927.

Karneval Opening

OCTOBER 22 — The German Karnevals Club are holding their traditional "Karneval Opening" at the

Chandler High School Community Centre, Isaac Road, Noble Park from 7.30 p.m. to 12.30 a.m. Tickets \$6 single, pensioners \$3. B.Y.O. and glasses, supper and soft drink available. Tickets available at the door or by phoning the secretary Daryl Lindsay on 569 9760. All welcome.

Car Wash

OCTOBER 22 — The youth of St. Peter's Anglican Church, 371 Neerim Road, Murrumbidgee are holding a car wash and stall from 9 a.m. Enquiries to 568 5274.

Gas Association

OCTOBER 25 — The Women's Gas Association meets at 1.30 p.m. in the Auxiliary Room of the Caulfield City Hall. Demonstrations, memorabilia from the past. New members welcome. Annual subscription 50c. All enquiries to Mrs. Murdoch on 557 2254.

Fetes and Fairs

OCTOBER 1 — Bethlehem Hospital is holding their annual fair in the grounds of the Hospital, 476 Kooyong Road, South Caulfield from 10 am-3 pm. Stalls, gifts for birthdays and Christmas made by patients in the Multiple Sclerosis unit. Special Guest, Vi Greenhalf. Light refreshments. All welcome. Enquiries to Sr Irene on 596 2853.

OCTOBER 1 — The Anglican Homes for Elderly People are holding a Fair in aid of their Clarence Court hostel, from 10 am-1.30 pm in the church hall at St Mary's, Cnr Hood Crescent and Glen Eira Road, Caulfield. Usual variety of stalls. Light refreshments. Gifts for stalls may be left at Clarence Court, 18 Clarence Street, Elsternwick. Enquiries to 523 5161.

OCTOBER 5 — A White Elephant Stall will be held from 11.00 a.m. at Rosstown Court, Ames Avenue, Carnegie. Plenty of bargains, in aid of charity and community funds. Enquiries to Mrs. Lill Hogarth on 569 9146.

OCTOBER 8 — Murrumbidgee House, 105 Mur-

Travel

OCTOBER 26 — The Caulfield Branch of the Early Planning for Retirement Association Travel Groups meets at the Caulfield Grammar music room, Glen Eira Road at 7.45 p.m. Charles Easdown will present Scandinavia, Holland, Switzerland and Germany. More details from 568 7732.

Quota Club

OCTOBER 28: The Quota Club of Caulfield is holding a grand opening night at the Caulfield City Hall from 7.30 pm. Guest speaker, Jocelyn Terry (A.B.C. newsreader) and the Caulfield City Band will provide entertainment. Cost \$2 includes supper. Further information from Mrs Audrey Cunningham on 523 5960.

Retirement Seminar

OCTOBER 29: The Chisholm Staff Club present "Plan to Retire", a

one day seminar looking at all aspects of planning for a happy retirement. 10 am-4 pm, free lunch and afternoon tea. Phillip Law Building, room B218. Tickets from A. Hamstead on 573 2133.

Flower Show

OCTOBER 29 & 30 — The Pelargonium and Geranium Society of Southern Victoria is holding their 17th Annual Show, St. Paul's Church hall, High Street, Frankston, from 1-6 p.m. on Saturday and 11 a.m.-5 p.m. on Sunday. Admission \$1, pensioners 50c, school children free.

Rheumatism

OCTOBER 31 — The Caulfield Self Help Group of the Rheumatism and Arthritis Association meets 10.30 a.m. at 259 Kooyong Road, Caulfield. Enquiries to 527 3185.

OCTOBER 21 — St. Peter's Anglican Church, 371 Neerim Road, Murrumbidgee are holding their annual fete from 11 a.m. Well stocked stalls and afternoon tea. Evening meal available. Enquiries to 568 5274.

OCTOBER 22: St Mary's Anglican Church, Glen Eira Road, will be holding their Spring Fair at 9.30 am until sold out. Usual well stocked stalls including fancy goods, books, trash and treasure, home made cakes, preserves, fresh vegetables, plants, etc. Enquiries to 523 6852 or 527 5330.

OCTOBER 22 — A Flea Market will be held at 152 Grange Road (Kindergarten) on Saturday from 10 a.m.-3 p.m. Stall holders welcome. Cakes, bric-a-brac, etc. Enquiries to 578 8782 or 578 9438.

OCTOBER 29 — St. John's Uniting Church is holding their annual fete in the Church Hall, Cnr. Glenhantly Road and Foster Street, Elsternwick commencing at 8.30 a.m. Cakes, garden items, groceries, hot dogs and sweets, needlework, refreshment and white elephant items on sale. Enquiries to Miss Freeland on 607 2125.

Printing

OCTOBER 29: A one day workshop, Fun with Printing for Children will be held from 10 am to 4 pm. Try fabric printing, potato printing and using other different textures. Think of all the things you could make — pictures, note-paper, cards, learn how to decorate your own clothes etc. The cost is \$5 and prior bookings must be made at the office.

Exhibition

October 29-November 6: The Victorian Ceramic Group annual exhibition will feature works by members of this representative body of Victorian potters. All works will reflect the high standard for which this group has

become known. This 1983 exhibition marks the 13th year of exhibitions presented by the V.C.G. which have come to fulfil an important function of both the community and potters alike. Pieces will be acquired for the V.C.G. collection. All works are for sale. Gallery hours Monday to Friday 10 am-5 pm and Saturday and Sunday 1-6 pm.



Continued on Page Seven — Recreation Centre and Fitness Centre Activities.

Calendar of Events



Caulfield Arts Centre, 441 Inkerman Road, North Caulfield, 3161 Telephone: 524 3277

Masks

OCTOBER 1: A one day weekend workshop on Fabulous Masks for Children. A fun time when many different avenues of mask making are explored

using a variety of materials and making hand-held masks. Time 10 am-12 noon. The cost is \$5 (materials included), and prior bookings must be made at the office.

Concert

OCTOBER 1: B'Nai B'Rith Concert. B'Rith have organised a classical variety concert which will feature opera singing with a piano accompaniment. Begins 8 pm. Tickets can be obtained from J. Schwartz on 527 1915 or at the door. The cost is \$7.50, or pensioners \$5.

Directions

OCTOBER 4-23: An exhibition of works by students and staff of the Department of Ceramic Design at Chisholm Institute. It includes the work of professional people, and young designers involved in studio and architectural ceramics, glass and concrete. This exhibition was displayed in London earlier this year and was received extremely well by the English press. Don't miss out on this truly professional exhibition. Gallery hours Monday to Friday 10 am-5 pm and Saturday and Sunday 1 pm-6 pm.

Felt Making

OCTOBER 15: A one day workshop for adults and interested students from 12 years up who would like to learn the ancient and versatile craft of felt making. A list of requirements will be provided on enrolment. From 10 am to 4 pm. The cost is \$20 and prior bookings must be made at the office.

Concert

OCTOBER 16: A spectrum of the Performing Arts Spring Concert featuring versatile performer Suzanne Steele. A variety of entertainment will be presented. The artists of the

Heidelberg Ballet Ensemble with guest artist Leigh Chambers. Begins 5 pm. Tickets \$8.50 adults, \$4.00 children, \$5.00 for pensioners and students. Telephone 458 2743 or 45 4417. Tickets also available at the door.

Concert

OCTOBER 23: Musical Society concert with a trio featuring Mehama Patkin, Peter Clinch and Laurie Jacks will be performing from 2 pm. Another feature will be the performance by the winner of the Elizabeth Armstead Vocal Scholarship.

Tickets \$4.00 for adults and \$1.50 for students/concessions, senior citizens are the Society's guests. Telephone Mrs Game on 582 5589 for details.