

monthly publication produced by the aulfield Council for the residents of the City

Vol. 13 No.3, March 3, 1988



Patrons enjoy the Exhibitions at the magnificent new Gallery in the Caulfield Arts Complex, cr. Glen Eira and Hawthorn Roads.

# Gallery Opened -**Just in Time!**

After an intense last minute effort by staff, the Caulfield Arts Complex Gallery was opened on Sunday March 6 at 3 pm.

Two special exhibits were chosen for the opening. "The Duldig Ceramics:A Retrospective" presented the ceramic works produced by well known Australian Sculptor Karl Duldig (1902 - 1986) and his first wife Slawa from the time of their arrival in Australia as refugees in 1941.

The exhibition was curated by Caulfield Arts Complex Exhibitions Officer, Helen Bond, and received a grant from the Visual Arts Board of the Australia Council.

The second exhibition featured the paintings and prints of Anne Graham, one of Australia's most accomplished female artists.

Gallery staff had to work practically nonstop from Friday night to Sunday afternoon to ensure the exhibitions were ready on time, working around the painters, carpenters and cleaners who were finishing off the Gallery.

The first guest arrived just as the last mop and broom were whisked out of sight, the Chamber music began, the food appeared, and everyone began to relax and enjoy the opening.

Since the opening some 638 people have attended the gallery. The Duldig and Graham exhibitions are on until April 10, and will be followed by the Japanese New Arts and Crafts Exhibition, opening April 16.

**CHANGES TO WEST WARD** 

**BOUNDARIES** 

The Gallery will house Caulfield's prestigious Permanent Art Collection, and will be host to a number of high profile exhibitions this year.

Alan Moor, Administrator of the Arts Complex, was delighted with the opening.

"The staff did a magnificent job in preparing the Gallery in such a short time, and those who attended were most impressed both by the venue and the exhibitions.

The Duldig Exhibition is open until April 10, and admission is free.

## **Stop Press: Outdoor Staff Back at Work**

**Council** Outside employees, at a meeting held on Monday March 28, decided to cease strike action and return to work.

The workers are pursuing a claim to be allowed to work a nine day fortnight, in line with Council indoor staff.

The return to work

A recommendation will be made by the Commission after hearing representations from both Council management and the Municpal Employees Union on the impact on the introduction of the nine day fortnight.

The outdoor employees voted to stop work on Thurs-

Council responded with a leaflet advising residents of procedures to be followed if the strike affected garbage collection.

However, since the strike was called off on Monday, residents should not be affected, and outdoor work including garbage collection should continue as

As from April 1, 1988, all residents situated in the block bounded by **Glenhuntly Road**, Road, Kooyong North Road and Hawthorn Road, will be part of the West Ward as a re-

#### sult of a recent change in Ward boundaries.

A review of Caulfield's boundaries showed that the number of voters in the South Ward exceeded those in the West Ward by about 4,000.

In order to even out the is important that all votnumber of voters between these two wards the Council resolved that the part of the South Ward indicated should be annexed to the West Ward.

With Council elections due on August 6 it ers who are affected by the change take note that they now belong to the West Ward as opposed to the South Ward.

If anyone is confused as to their status they should ring the City Hall on 524 3333.



follows a decision by a Commissioner of the Arbitration Commission to list the matter for an early hearing.

day March 24 at usual. midday, and distributed to residents a pamphlet outlining their cause. time in May.

THE BEGINNING **PROFESSIONAL CURTAINS** TAI CHI **B. RUSCHINEK**AASA CPA & (for people who want something better) Certified Practicising Accountant **MEDITATION** For the relief of stress and revitalisation of the body FOR ALL ACCOUNTING AND TAXATION MATTERS PH. 523 0111 LEVEL 1/387-9 GLENHUNTLY RD ELSTERNWICK Specialising in Quality functions. Free Make Beginners course starts Friday 22nd April at St Margarets Presbyterian Church Hall, Cnr of **Complete Window Specialists** Plus Bedspreads HAIRDRESSING FOR ALL LEGAL AND ASSOCIATED MATTERS Hotham & Denman Sts, 426 Glenhuntly Rd, Elsternwick RUBENS<sub>LLB(HONS)</sub> PH: 523 0233 Balaclava. For bookings & Details: Ph. 528 3903 or 528 3879 723 Glenhuntly Rd, Caulfield Sth Barrister and Solicitor Ph 584 8738

#### Popular Venue

The Auditorium of the new Arts Complex is proving almost too popular. Already heavily booked for everything from business seminars to weddings, some people are finding that they are missing out.

People should make sure to book well in advance for any functions, and not just assume that the hall will be free.

#### Heathlands Lift

Residents and staff at Caulfield's Heathlands Hostel were delighted at the commencement of work to install a lift in the building. The lift has been planned for some time and with the completion of works in May, life at the Hostel should be a lot easier.

#### Princes Highway Information

Caulfield residents living within the area bounded by Hawthorn Road, Princes Highway/ Normanby Road and Inkerman Road, and along Normanby Road to the Finlayson St. underpass, should have received a copy of an RCA information bulletin regarding the road works in that area.

It is the first of a series that will advise residents of the state of works and progress of the project. The RCA has also commenced bimonthly meetings with

officers from Malvern and Caulfield Council so practical details can be attended to. Treatment of intersections in the area will be the subject of a future report to Council, as will traffic diversions around the

works.

### A Grand Stand

Caulfield Racecourse is to have a grand new grandstand, following Council approval of a plan to demolish the existing stand and replace it with an enlarged modern facility of similar proportions.

The building will comprise four levels and a basement with facilities including lifts, corporate boxes, food and liquor service and, of course, betting facilties. In approving the application Council was careful to ensure that the facilities would not entail an increase in activities, and that external finishes would be appropriate.

#### Litter Act

Provisions in the New Litter Act which came into effect last year should be noted by all residents.

In addition to a general increase in penalties (up to \$100 for on-thespot fines, up to \$2,000 for court imposed fines and up to \$4,000 for court imposed fines in respect of littering of dangerous materials), a new provision has been provided which enables a member of the public who sees another person committing an offence to report that person to either the EPA or the relevant Council for taking the necessary action against the offender.

#### New Planning Scheme

A new format for planning schemes has come into operation, meaning the Melbourne Metropolitan Planning Scheme no longer exists (in name) and the planning scheme which applies to Caulfield is now known as the "Caulfield Planning Scheme."

It contains a State Section, part of every planning scheme in Victoria, a Regional Section, which is part of every planning scheme in the metropolitan region, and a Local Section which applies only to Caulfield and includes zoning maps and in the future may incorporate Caulfield's specific provisions.

#### Station to Go

Rationalisation of the Metropolitan Fire Brigade may lead to the closure of the Glenhuntly Fire Station and the development of a new Fire Station in Ormond.

A "Strategic Location Plan" recently put out by the Brigade suggests the amalgamation of the Glenhuntly Service with Malvern Fire Station, to be located in East Malvern, and the closure of St.Kilda and Brighton stations, to be relocated at Ormond.

It is likely that the Glenhuntly Station will be vacated by the end of this year.

The Metropolitan Fire Brigade will be briefing Council on the implications of the Strategy.

Wallenberg Tree

Council has agreed to the planting of a tree in Caulfield to commemorate the life and work of Raoul Wallenberg. Wallenberg was a Swedish Diplomat who has been honoured for his humanitarian work saving lives during World War II, and the B'Nai B'Rith Organisation has suggested the one way of recognising his efforts it to plant trees throughout the world. The tree will be planted in Caulfield Park, possibly near the World War I Commemorative Garden.

## 

## City of Caulfield Have You Paid Your Rates Yet?

Caulfield Ratepayers (other than those paying by four equal instalments) are reminded that rates not paid on or before Monday April 11 will bear interest at the rate of 17.25% per annum retrospective to December 10, 1987 - the dates on which rates became due and payable.

No responsibility will be accepted for payments delayed in the mail. Please note that interest is a mandatory charge and is payable on all rate payments received after April 11.

Avoid postal delays by paying your rates at any bank.

For further information contact the Rate Collector's Office on 524 3333.

### Letters to the Editor

Letters should be kept as short as possible, typed or neatly hand written. a name, address and telephone number must be supplied but are not necessarily for publication. Anonymous letters will not be considered.

Address letters to: The Editor, Caulfield Contact, P.O. Box 42, SOUTH CAULFIELD 3162.

### DALRIADA NURSING HOME

is a beautiful Victorian building with bright large rooms, recently renovated with modern facilities. 24 hour trained nursing staff. Inspection welcomed. Vacancies for two ladies.

PH. 568 0829

### PHOTOGRAPHY

Full time - an exciting intensive year of practical career training. Limited places- early enrolment advisable.

**Part-time** - evening courses, B&W, or colour beginner to advanced. Excellent facilities, skilled tuition, enjoyable small groups. Student work on display - visitors welcome.

MELBOURNE SCHOOL OF PHOTOGRAPHY 477 Glenhuntly Rd, Elst. Ph. 528 2315

### **ART COURSES**

Full-time - an exciting intensive year of art and graphic design, preparing for a career. Excellent teachers, enjoyable and productive atmosphere. Limited places.

**Part-time** - day, evening, even Sunday! Drawing painting, life, portrait, illustration, graphics, calligraphy,airbrush,watercolour. Advanced and beginners. Small groups- enrol now

MELBOURNE SCHOOL OF ART



Les and Lil Keeling celebrated their 50th Wedding Anniversary recently, and the Mayoress, Mrs. Campbell presented them with flowers to mark the occasion.. Les and Lil are both keen bowlers and have a sone and a daughter and two grandsons and two granddaughters. They were married on the 4th of March, 1938.

#### Migrant? Who? Madam,

I am one who does not believe that being called a "migrant" is derogatory. So, having not been born here, I feel that I am not exactly a "dinkum Aussie". . . until recently, when I was talking to some young Australians... I mentioned that "some time ago" nobody knew what 'garage sales' were. I told them I remembered writing a letter to the local paper complaining that Caulfield City had no libraries. I recalled that, not so long ago, we had to travel some distance to purchase some continental food ingredients. In those times, my Aussie neighbours would politely refuse a cup of "cappuccino" as tea was the all-occasion drink.

Also, that a friend when offered yoghurt for lunch never ate at my trying to tell US that you are a MIGRANT??? Why, you have been around longer than any of us, therefore you must be an Aussie"... And, so be it, amen.

Irene Capek Caulfield.



Page 2 - Caulfield Contact, March 31, 1988

place again.

I informed my astounded young listeners that we used to go dressed up, gloves and all, when going shopping in the City. But only disbelief met my mentioning that

my mentioning that fresh bread was forbidden on Sundays, petrol as well, and that all pubs used to close at 5 pm on weekdays.

By that time they could no longer contain themselves:"Are YOU **Over 50's Activities** 

Madam,

Following the success of the Over 50's ballooning, and the planned skiing trip, how about water-skiing and wind surfing? These activities would open up great fields for Over 50's.

Lionel Friedman Caulfield CONTACT DEADLINES Publication Date for next Contact is : Thursday April 28 with all articles to be submitted by : Wednesday April 13

## The "Old School" of **Teaching!**



Kylie Lightfoot of Grade Prep. Gets into the spirit of Colonial Day

**Carnegie** Primary School is celebrating its centenary this year, and on March 17 the children and teachers participated in a "Colonial Day", dressing up in period costumes and trying out old-fashioned methods of teaching.

The pupils, in bonnets and braces, had to call the teacher "Ma'am" and do their work on slates while the teachers dressed in long skirts and the principal produced a cane.

The official history of Carnegie actually began on March 14, 1887 when an application for a State School at Rosstown was formally requested, to serve the 62 school aged children residing in the area.

Delays in the building of the fifty foot by twenty foot school house meant it was not ready for occupancy until May 1890, so the first pupils of the then **Rosstown State School** were enrolled in a leased Hall in Neerim Road in June 1888, the date the

**Meet Noel!** 

school takes for its centenary. In 1909 Rosstown State School became Carnegie State School and updates to the buildings have occurred at various stages.

The most notable is the "new" building fronting Graceburn Avenue, which was completed in 1921. While the Colonial Day was for the current pupils of the school, a reunion of former pupils will be held on Saturday

June 18. Ex-students

should contact the

school for details.

was officially declared to be a park by Premier Cain on February 28, it marked a major step in the long and fascinating saga of this part of Melbourne's history.

When the Outer **Circle Railway land** 

At the proposed start of the park in Neerim Road, Mayors from the four Councils involved witnessed the ceremony that finalised a use for the land far different from what was originally intended.

The Outer Circle Railway was first proposed in 1873, originally as a connection for the Gippsland line with central Melbourne, but was not authorised by Parliament until 1884.

At the time it was proposed, the inner suburban rail network was privately owned, but by the time the Outer Circle was built the company had been taken over by the Government, and a direct line into Flinders St.made the line redundant before it even opened.

The Outer Circle Railway was opened in sections, and even when



A New Use for an

**Old Dream** 

The Mayors of Malvern, Caulfield, Kew and Camberwell make a fine sight as they meet for the opening of the Outer Circle Railway Park.

fully opened it did not function as a continuous route as passengers had to change trains between sections.

The Outer Circle between the Yarra River. Kew and Oakleigh operated in two sections -Fairfield Park to Riversdale, and Riversdale to Waverley Road, and from here passengers had to change trains to get to Oakleigh.

Travelling on the line was never efficient, with a journey from Oakleigh to Melbourne taking 90 minutes and requiring two train changes on the Outer Circle, compared with a 33 minute trip on the direct line.

The economic depression, the long travelling times and inconvenience eventually caught up with the Outer Circle.

The Fairfield Park to Riversdale section was officially closed on April 12, 1893, the Oakleigh to Ashburton section closed on December 9, 1895, and finally on May 1, 1897 trains stopped running between Ashburton and Riversdale.

A section of the railway, the Alamein line, remains in use today, following the re-opening of the Ashburton section in 1898 and its extension to Alamein in 1948.

The rest of the railway was gradually dismantled, abandoned and turned into various ad hoc parks or put to other

Now, however, it is to be reborn, not as the grand railway envisioned by its proposers, but as a linear park.

The origins of this land will not be overlooked, however, and various relics of its original use will be incorporated into the design of the park, now a permanent reminder of grand dreams from the 1890's.

eran and Vintage Car Rally was a magnificent sight as over 200 of the cars gathered in Caulfield Park. Unfortunately, the weather was drizzly, but it did not dampen the enthusiasm of either the particpants or the spectators who gathered to see the start ...

Victoria, Dr. Davis McCaughey, was present to open the rally, and afterwards visited the Caulfield

## Car Rally Off to a Wet Start

The Bicentennial Vet-

The Governor of



Noel Wootten has been appointed to the position of Director Technical Services for the City of Caulfield, a position which encompasses all Engineering matters and which has been vacant for some time. He is qualified in engineering, planning and traffic planning and has had considerable experience in the areas of engineering, statutory and strategic planning and building at senior management level .He is currently a Division Head for the Northern Territory Government. Noel lived for 26 years in Caulfield, is 43, and married with 2 children.



## **Resident Composer**



**Stelios Tsiolas will** be taking up his appointment as Caulfield's Composer in Residence on Thursday April 14.

Funded by the Bicentennial Authority, Stelios will compose and perform an original work at this year's Caulfield Festival. Part of his commisssion is to run a series of sixteen compo- . Caulfield.

sition workshops which will study the process of composition.

These workshops are open to all interested musicians, free of charge from Thursday April 14 to Thursday July 28 from 7 pm to 8.30 pm.

The sessions will be held in the new Caulfield Arts Centre Complex, corner Hawthorn and Glen Eira Roads,

On the opening night of these workshops, Stelios will show videos of performances of his works and also talk about his apporach to music.

Stelios is being warmly supported by Doug Heywood who will conduct the premiere of the commissioned work at the Festival. Doug will also be present on the evening

of Thursday April 14.

These worshops provide a great opportunity for all in the musical community, including tertiary/secondary sudents, to view at first hand how a composer goes about preparing a commissioned work.

In order to be part of these workshops please ring Liz Rees on 524 3351.

#### Library Service FORTHCOMING ACTIVITIES

An introduction to Shiatsu, Caulfield Library, Thursday April 14 at 7.30 pm. Dorothy Pace, director of the Australian College of Shiatsu, will speak.

#### Heritage Week Celebrations

As its contribution to Heritage Week, the Caulfield Library Service has organised the following two free illustrated lectures:

Decorating Edwardian and Victorian homes. Caulfield Library, Wednesday April 20 at 2 pm. A seminar conducted by Caroline Gibbs, a Freelance Decoration Consultant. Slides will be included.

Restoration of Victorian and Edwardian homes. Caulfield Library Thursday April 21 at 7.30 pm. Graeme Butler, architectural historian, will talk on researching and restoring your home.

#### **Children's Author** Series

Three more of the popular Meet the Children's Author afternoon bookings. Each session will be open to one school Teachers group. should book by phoning Barry Scott on 524 3357.

Judith Crabtree, Caulfield Library, **Tuesday April 19:** 

**Off the Shelf** 

News From the

Caulfield

Two sessions, 1 pm to 2 pm and 2 pm to 3 pm. Ted Greenwood, El-

sternwick Library, Tuesday April 26. Two sessions, 1 pm

to 2 pm, and 2 pm to 3 pm.

Terry Denton, Elsternwick Library, Tuesday May 3. Two sessions, 1 pm

**NEW FICTION** 

Murnane (1988)

Inland, by Gerald

An unusual love

story from one of the

finest writers of prose

this country has pro-

Going to the Dogs,

by Dan Kavanagh

A marvelously wry

and entertaining

thriller featuring

Duffy, the ex-cop now

earning a small living

from private detec-

pm

duced.

(1987)

tion.

(1988)

Phelan (1987).

of the elderly and the

sometimes when one to 2 pm and 2 pm to 3 dies things aren't as final as they seem.

(1987)

Serenissima by Erica Jong (1987)

difficulties facing

those who feel re-

sponsible for them.

The setting for the

novellas, the Blue

Mountains of New

South Wales, is viv-

One Lives One Dies

The title of this

novel is seen as the

law of revolution, but

by David Brierley

idly conveyed.

Jessica Pruitt is a popular holiday actress in her forties who has come to Venice to be a judge at the Venice Film Festival. She begins receiving roses and sonnets from an unknown admirer and so begins a mystery.

The Family Mashber by Der Nister (1987)

Set in the 1880's this novel tells of the de-Building on Sand, cline over a year in the by David Parker fortunes of the prosperous Mashber fam-A moving tale of

childhood betrayal and fantasies situated At Close Quarters in post-war Australia. by Gerald Seymour. Home is the Sailor A terrifying and and The Best of Intencompelling story tions by Nancy which makes brutal sense of the horror Two novellas illusand tragedy of Lebatrate the vulnerability non.

## **M<sup>OY</sup>Great Australian Adventure**

#### 23 DAYS AIR/COACH **ONLY \$3390 FULLY** INCLUSIVE

Visit World Expo '88 (3 day pass), the Great Barrier Reef & Central Australia all in one fantastic exciting tour.

Visit 6 islands, enjoy 4 nights in Cairns & 2 nights each at Daydream Island, the new Fourseasons Barrier Reef floating resort, Alice Springs & Ayers Rock.

Tour features superb accommodation, luxury coach travel, many cruises & extras all designed to make this holiday an experience of a lifetime.

Four departures July 15, Aug 8, Sept 2, 26. **EXPO BARRIER REEF** 

- 16 DAYS AIR/COACH SPECIAL

Departs July 15....only \$2450 (Melbourne \$2550) Or may be you would like to join us on our Perth to Darwin tour departing June 2 or Darwin to Ayers Rock June 27.

Enquiries: Contact McKerlie's Travelfriends







Katandra Roads, close to North Road and Ormond Station (Frankston line), and is well served by buses from Glen Waverley, Chadstone, Black Rock, Bentleigh, Mulgrave and Dingley areas.

For full details contact Kilvington Baptist Girls' Grammar School, cnr Leila and Katandra Roads, Ormond, 3163. Telephone 578 6231

Stratagem/KK 0319

Page 4 - Caulfield Contact, March 31, 1988

المراجع والمراجع المراجع المراجع والمراجع والمراجع والمراجع

# Heritage Week Programme

Puppet

#### There's a lot to do in Caulfield during **Heritage Week!**

The Caulfield Historical Society has organized tours around places of historical interest within Caulfield on both Saturday 23 and Sunday 24 of April. For bookings please contact Betty Snowball on 523 9412. The cost will be \$2.

The Historical Society will also mount an exhibition in the Auditorium of the Caulfield Arts Complex which will run from Saturday 23 to Monday 25.

The Society will show some fascinating parts of their collection. Also, the Society's Club rooms, situated in the RSL in Hawthorn Road, Caulfield. will be open from 2 to 4 pm on April 19 for anyone interested.

#### **Community Day**

for children including On Sunday April 24, making an Emu pupbetween 1 pm and 4 pm pet, Homestead cookthere will be a Commuery (damper and Annity Day at the Caulfield zacs), making an Aus-Arts Complex to celetralian township in clay brate Heritage Week and a multi-media and the Bicentennial. workshop to make ani-There will be a range of mals. activities to suit all ages In the Theatrette the and interests

Artist Kerry Gavin film 'The Living City' will display her work will be shown with from the Murrumbeena slides from the Histori-Historical Project and cal Society's collection. ask people to join her in 'Oz Animals on Pa-

#### making a textile map of rade' will present lively dance performances throughout the afternoon and 'Pot-Pouri', a There will be a numvibrant musical group, ber of fun workshops will perform songs old and new, for young and old, in the Auditorium. Delicious afternoon teas and a sausage sizzle will

be available. All in all it should be a wonderful afternoon for everyone.Make a note in your diary now!



The magnificent Labassa Mansion will be open for viewon on Sunday Arpil 17 and Sunday 24 for a cost of \$4.00

Caulfield Festival

November 25 to December 4

Organisers are constantly on the lookout for ideas to include in the program, which reflect the diversity of the Caulfield community.

Suggestions to date include: \*a gardening competition \*a photography competition \*an aquatic Its a Knockout \*a Bush Dance an Ecumenical Service \*a Drama Festival **\*Street Theatre** \*a Tea Dance

## Writers in Conversation

Writers in Conversation is the name of an evening to be held at the new Caulfield Arts Complex Theatrette, Glen Eira Road, Caulfield on

April 28 commencing at 7.30 pm. Moving away from the concept of readings the evening organised and presented by

Caulfield's Writer in the

Community, John Irv-

ing, will feature two of

Melbourne's best

accomplished poems and stories cut close to the bone revealing a writer of great wit and intelligence.

The evening's other featured guest, Alex Skorron, was born in Poland in 1948. He came to Australia in his tenth year and since the early70's has worked as a book editor. His poemshave been widely published and he was awarded the Wesley **MichelWrightprizefor** poetry in 1983. His first collection, "The Rearrangement" will be published by Melbourne University Press in **Theevening promises** to be entertaining and to give pertinent insights into why and how people write. Admission will beata cost of \$4 which includes refreshments. Enquiries should be addressed to John Irving or Barry Scott on 524 3357.



YOUR

REPRESENTATIVES

Cr. Helen Friedmann has been on Council only seven months. but has says that, thanks to the support she has received from most Councillors, it has been a "positive learning experience." She finds that many residents are surprised to learn that Council work can take as much as 25 hours out of a week, and that Councillors are not paid for it.

Cr. Friedmann became involved in Council out of a general interest and concern for the community - she has lived in Caulfield for 26 years.

On Council, she is particularly interested in communications and is on the communcations sub- committee. She is "delighted to see the Arts Centre is finally off the ground" and looks forward to the upcoming Japanese exhibition. She is also on the Committee of Management of E.E.Gunn Reserve and the Foster Care programme.

Outside Council, she is interested in migrant issues, both in a professional sense - Cr. Friedmann currently works at the Department of Immigration - and also in a voluntary capacity. Cr. Friedmann also makes time to attend as many Neighborhood Watch meetings as she can, as a way of getting down to grassroots issues.

She feels strongly about the current debate as to whether you should be a citizen to run for Council. Having been in Australia 30 years and becoming a citizen, she feels that it is important that those running for Council have at least this commitment to their country before they run for election.

The Councillor is married, and has a son who is currently on a working holiday overseas.



Cr. James Barrett comes from a family which has a long history of interest in Local Government .His grandfather and uncle were involved for 67 years in the Shire of Belfast and when he lived in Warrnambool, neighbours there were Councillors for that Shire so it is not surprising he found himself running for Caulfield Council last August.

"Together with my family's and my own involvement in Commu-

If you have an exciting or novel idea, or would like to be involved in organising any of the above activities, we'd like to hear from you ...

Ring Liz Rees on 524 3351. Note: The next Festival Meeting will be held on Wednesday April 20 in the Mayoress' Reception Rooms at the City Hall

writer, Kristin Henry and Alex Skovron talking about their life and work with reference to their writing. Kristin Henry was 1983. borne in Chattanooga, Tennessee in 1947 and migrated to Australia when she was seventeen. She has worked extensively with writing groups in the community and currently works as Community Writing Officer at the Footscray Community ArtsCentre and Writer in the Community in St. Kilda. Her

nity Groups and Organisations, I see my time on Council as a further capacity in which to assist other people" said our newest Councillor.

Cr. Barrett has been involved in several Clubs and Organisations in the Caulfield area, and in fact continues to play cricket with St. John's Elsternwick Cricket Club.

The Councillor works as a Licenced Investment Consultant, and believes that his financial background can be of assistance to Council in achieving the best value for its money on behalf of the residents.

Caulfield is moving through an era of redevlopment as well as ongoing maintenance of Community facilities, libraries, parks and gardens etc." he said. "With Government cutbacks on spending being filtered through to Local Government it becomes more difficult to provide and maintain those facilities and services and, at the same time, keep the rates down."

Cr. Barrett is single, and in "the little spare time I have" he likes gardening and, where possible, retreating to the country to see his parents in Naringal, near Warnambool.

## **Focus on the Arts**

## First Concert in **New Complex**



Phillip Miechel, **Principal Clarinet**tist of the Melbourne Symphony Orchestra, will play in the **Inaugural** Concert in the Caulfield Arts **Complex** Auditorium on Sunday April 10 at 3 pm.

Miechel will be joined by four outstanding Melbourne musicians, performing a selection of romantic chamber music masterworks.

The Concert includes works from the turn of the century and an early 20th Century composition by Maurice Ravel. This sonata, for Violin

and Violincello, was written in 1920 and dedicated to Debussy. Pianist Jeanell Carrigin will join Philip to perform the work, one of the composers most touching and mature chamber pieces. Essentially post-romantic in character, the work relates to the other romantic pieces in the programme -Anton Dvorak's passionate and popular "Dumky" **Piano Trio and Johannes** Brahms' Clarinet Sonata in E Flat Major.

Jeanell Carrigin Violinist Goetz Richter and Cellist Arturs Ezergailis, will be remembered by Caulfield Concert Audiences from their vibrant and delightful performances in the 1987 concert series. The same musicians will perform extensively in the forthcoming 1988 series.

Tickets at \$10 (concession \$7) are available by writing to Caulfield Concerts Box 16, Caulfield East, 3145 or phoning 509 7905. Limited seats will be available at the door.

For further information concerning the concert series phone Alan Moor at the Caulfield Arts Complex on 524 3277 or 524 3333.

## **KAMURI EXHIBITION**

The new exhibition at the Arts Complex is the exciting Kumari Collection, exhibiting the widest range of Japanese works seen in Australia.

Opening on April 17, the exhibition is presented by the Arts Complex in conjunction with the Japanese New Art/ Craft Association.

Earthenware and porcelain, textiles including Kimonos, cane, bamboo and wood ware, cloisonee, lacquerware, metal work and dolls, all produced by Japan's leading contemporary craft exponents will be shown.

The skills and techniques employed by Japanese artists are highly admired by many artists in the West - this exhibition gives us an opportuntiy to see some of the finest examples of work being produced in Japan today.

Open every day until May 1

## **Arts Classes Begin**

New semester commences April 25 for children's and "Arts" adults classes. Many of our new classes - furniture restoration, pottery for the garden and others, proved very popular this semester, so please book early for Semester 2 to avoid missing out on a place. All classes are strictly limited to 12 students. See centre pages this issue for

dtails on all classes and enrolment form.

Phone 524 3333 for any other information regarding arts classes.

The Caulfield Arts Complex will be offering only 2 Autumn Workshops this year:

Designer Knitting with Yolanda Cholmondeley-Smith

An easy step-by-step guide to designing and knitting your own garments using your own

#### Workshops

designs or copying others.

Time: Mondays 10 am to 1 pm, April 11 to May 2. Fee: \$50 - free child-

care available

Dineke McLean

end workshop covering all aspects of this interesting craft from the functional to the decorative.

Time: Saturday and Sunday 16 and 17 April 10 am to 4 pm

details and bookings on

524 3333. The new

Caulfield Arts Com-

plex, cr. Glen Eira and

Hawthorn Roads Caul-

Fee: \$60 Both workshops still have a limited number of places available so please phone early for

field.

Papermaking with An intensive week-

"Music is Fantastic" featuring Nehama Pat-

A delightful pro-

gramme of music spe-

kin and Peter Clinch.

and Suzuki piano teaching, and Peter is regarded as Australia's top classical saxophon-

ist..

## **EMUNAH PLAYERS**

For the past 25 years directed by Haimy Katz the Emunah Jewish

and features a talented

## School Holiday Concerts for young Children

Women's Organisation has produced a Purim Play which satirises the story of Queen Esther and the evil Haman. Updated and with many topical references, this is an hilarious comedy not to be missed.

This year the play is part of the Jewish Festival of the Arts and an endorsed Bicentennial activitity.

Written by Jack Felman and Moory Frenkel with lyrics by Elaine Bloch, the play is

cast who have had a great deal of experience in Musical comedy and Revues.

The production will premiere on March 12 at the Toorak Campus of Victoria College 336 Glenferrie Road Malvern and will be repeated on March 14,16, and 19 at the same venue.

Tickets can be obtained by ringing 527 5373, 528 1272 or 527 4903(not Saturday).

cifically for young children using story and song and introducing a variety of instruments from clarinet and saxophone to guitar and piano.

Nehama Patkin and Peter Clinch have performed together for many years and have toured extensively, nationally and internationally, teaching and performing.

Nehama is well known in the Caulfield area through her concerts

Together they present an educational yet entertaining concert that will not fail to delight young audiences.

The Concerts will be held in the Theatrette of the New Caulfield Arts Complex, corner Glen Eira and Hawthorn Roads Caulfield.

Two dates: Thursday April 7 at 2.30 pm and Friday April 8 at 11 am. Tickets are \$4 adults and children and bookings are available now by phoning 524 3333.

Page 6 - Caulfield Contact, March 31, 1988

## Caulfield Arts Complex ACTIVITIES PROGRAM SEMESTER 1 - 1988

### **General Information Arts Complex**

\* Free child care available with Monday day time classes

\* All classes start the week commencing Monday 18 April 1988.

#### ENROLMENT

Enrolment may be made in person at the Arts Complex during Office hours or by mail. Cheques made payable to the "City of Caulfield" should be posted with enrolment form to:

**City of Caulfield Arts Complex** POBox 42 CAULFIELD SOUTH VIC 3162.

Enrolment must be completed and fees paid before the commencement of classes.

#### CONCESSIONS

Pensioners are eligible for concessions. Please quote your pension number when filling out the enrolment form.

#### **MATERIALS & EQUIPMENT**

ADULT CLASSES. Unless specified the fee stipulated covers the cost of starting materials only. CHILDREN'S CLASSES. Generally the fee paid covers the cost of all materials and equipment used.

#### CANCELLATIONS

If enrolment for any class is less than the minimum required, it will be cancelled and students offered a full refund or the opportunity to transfer to another class or workshop.

#### REFUNDS

- \* Refunds will only be acknowledged provided written advice is received at least 10 days prior to the start of term.
- \* A 20% administration fee will be deducted in all cases.

#### CHILD CARE

Childminding is a free service offered by the Arts Complex to students attending Monday daytime (10am to 3pm) classes only.

#### **OFFICE HOURS**

Monday to Friday, 10 am to 4 pm. 

#### **ARTS COMPLEX ENROLMENT FORM** (please print)

Return by mail to: City of Caulfield Arts Complex P.O. Box 42, Caulfield South 3162

**Return Personally to:** Caulfield Arts Complex Cnr. Glen Eira & Hawthorn Rds. Caulfield

Class: Day: Time: Fee (Cheque/Money Order/Cash): Student's Name: Address:
Phone:(H)(W) Date of Birth (Children only): Pension Card No.:
Signature: I will require child care. (Available Monday 10am to 3pm only) Child's name and age. Fees must be included with application to ensure a place.
FOR OFFICE USE ONLY:

Date.....R/No...

## **ADULT PROGRAM**

ADULT RECORDER GROUP This course will focus on the development of musical skills and technique, mainly through playing the easier consort music of the Renaissance and modern periods. Participants should be able to play either descant or treble recorders or both. Instructor: Rose Ovenden

Tuesday 7pm-9pm Time: 8 weeks 26th April to 14th June Fee: \$56

#### DECOUPAGE

Decoupage is the 18th Century art of cutting out and glueing prints, posters and mementos on to a suitable painted background and glazing until the object glows with an inner light. Elizabeth Haig Instructor: Monday 10am-12noon Time: 8 weeks - \$62, Fee: Free child care available Time: Monday 1pm-3pm 8 weeks 25th April to 13th June Fee: \$62

#### DRESSMAKING

Languages

\$48

FRENCH

Fee:

enjoy using it.

Make any garment you wish and obtain a professional finish. All aspects of children's and adults' garments and sewing with stretch fabrics will be covered. Please bring pencil and paper to first session. Instructor: Jennie Stevens

monucion.	UCHINE OLEVENS
Time:	Monday 1pm-3pm
	8 weeks 25th April to 13th June
Fee:	\$56
	Free child care available

#### **KNITTING - Secrets of Designing**

In this class you will learn both design and knitting skills. Our teacher/designer, Yolanda Cholmondeley-Smith, will reveal many secrets of designing to allow you to create your own wonderful garments using your own individual designs or copying others. It can be simple to knit your own designs when you know the correct, easy way. Yolanda Cholmondeley-Smith Instructor: Monday 10am-1pm Time:

4 weeks 11th April to 2nd May Fee: \$50 Free child care available

French language and culture for those with

Instructor: Eunice Leong Time: Wednesday 7 pm-8.30 pm

some experience. Brush up your French and

8 weeks 27 April to 15 June

#### **LIFE DRAWING**

This course of	offers a creative approach to draw
	human figure as a model.
	he course students will be intro-
	erent methods and materials of life
	nodel will be present at each ses-
	class is suitable for beginners to
	ists. All materials provided.
	Patricia Broome
	Wednesday 7 pm-9 pm
	8 weeks 27th April to 15th June
Fee:	\$75

**PAINTING - WATERCOLOUR** his course will help to develop a sensitive and dextrous approach to the medium. Special attention will be given to the maintenance of pure transparent colour and tonal and pictorial composition. Subjects cover landscape, stilllife, animals, birds and flowers. Suitable for beginners and those with some experience. Instructor: Derek Pearse Friday 5.30 pm-7.30 pm 8 weeks 29th April to 17th June

**PAINTING - WATERCOLOUR & GOUACHE** 

For beginners - learn to paint and draw from still life objects, arranging compositions, using watercolour and gouache and also incorporating other media.

Tuesday 7 pm-9 pm 8 weeks 26th April to 14th June \$60

#### **PAINTING & DRAWING (1)**

Have you ever wanted to learn to draw Well, this could be the class for you. Learn the basic principles of sketching and painting. The use of many media will be covered - pencil, charcoal, pastel, oil and acrylic, with the emphasis on individual projects. Instructor: Patricia Broome

Tuesday 1 pm-3 pm 8 weeks 26th April to 14th June \$60

#### **PAINTING & DRAWING (2)**

A class for those with some experience in painting and drawing who wish to concentrate on specific personal projects in any media. Art appreciation talks and discussions will form part of this course. Instructor: Patricia Broome

Monday 7 pm to 9 pm Time:

Fee: \$52:50

#### **ITALIAN**

Learn the Italian language in a relaxed and informal class. A course for near-beginners. Conversation and culture are covered. A perfect class for those intending overseas travel.

Instructor: Katrine Bakshi Monday 10 am-12 noon Time: 8 weeks 2nd May to 20th June Fee: \$48 Free child care available

## (3 & 4 YEAR OLDS) Fee:

(4 & 5 YEAR OLDS) etc.

Fee:

Time:

7 weeks - 2nd May to 20th June

Time:

Fee:

# Time:

Fee:

Time

Fee:

Time:

Time:

Fee:

Time:

Fee:

Time:

Fee:

Fee:

POTTERY FOR THE GARDEN Learn how to make practical terra-cotta pots and sculptures for the garden. Hand building and casting from moulds will be covered. Instructor: Coral Trimmer Time: Tuesday 1-3 pm

Fee:

**RESTORATION/FRENCH POLISHING** Learn the correct methods for restoring your furniture from correct handling of antiques to stripping, staining, filling, french polishing and chair caning. All methods will be covered and practical advice given. Please bring a small piece of furniture to the first class. Instructor: Frank Hel

Time:

Fee:

## Art Craft & Music

POTTERY (1) An introduction to pottery - including clays, glazes and equipment, different methods of hand building and throwing on the wheel. Small classes enable the student to become closely involved with the firing of the finished work. Starting materials included, additional charges for clay and firing.

#### Instructor: Coral Trimmer

A. Monday 7pm-9pm 7 weeks 2nd May to 20th June \$52:50

B. Thursday 7-9 pm 8 weeks 28th April to 16th June \$60

Instructor: Maureen Woxvold C. Monday 1-3 pm 7 weeks 2nd May to 20th June

\$52:50 Free child care available

#### POTTERY (2)

For the student who has some experience in pottery. The opportunity is offered to students who wish to work at their own level and be involved in the workings of the studio. Students will be able to experiment with their own clay and glaze mixes and work on their own projects. Instructor: Coral Trimmer Tuesday 7-9 pm

8 weeks 26th April to 14th June \$60

8 weeks 26th April to 14th June \$60

Wednesday 6.30-9.30 pm 8 weeks 27th April to 15th June \$84

Fee:

### Personal Development

#### MEDITATION

Meditation is a practice available to everyone -both young and old. It is quite simple to learn and the benefits are numerous. This course will introduce various techniques of meditation and a time will be set aside each week for discussion

Instructor:	Coral Trimmer
Time:	Wednesday 7-9 pm
	8 weeks 27 April to 15 June
Fee:	\$48

#### **RELAXATION, MEDITATION & YOGA**

These classes consist of guided relaxation and meditation. Gentle exercise based on yoga postures begin each session. Together they provide a method for coping with stress and tension. Concentration on breathing and body awareness provides a simple method to develop peace of mind and physical relaxation. (Wear comfortable clothing.) Instructor: Norma Smith

Time: Time:

A. Wednesday 1pm - 2pm 8 weeks 27th April to 15th June B. Thursday 9.45am-10.45am

Fee:

## 8 weeks 28th April to 16th June \$48

AFTER SCHOOL ART (7 Years and Over) This class will give children the opportunity to develop their areas of artistic interest. Various media and techniques will be explored including painting, drawing, model making, sculpture, etc. Instructor: Patricia Broome Tuesday 4 pm-5.30 pm Time:

Wednesday 4 pm 5.30pm 8 weeks - \$50 Fee:

DRAMA GROUP (7 to 12 Years) This course offers exercises and activities to extend dramatic skills. Various tapes and percussion instruments will be used, simple costumes, make-up and stage lighting will be looked at and this will lead to a performance at the end of the term.

Time: Tuesday 4.30 pm-6 pm 8 weeks - \$40 Fee:

#### **MOVEMENT AND DANCE**

An enjoyable sociable introduction to music and dance through singing, percussion, creative movement and simple folk dancing. Develops basic skills in music and dance, musical "inner ear" self confidence, co-ordination, social interac- PRE-SCHOOL WORKSHOP (3 to 5 Years) tion, communication skills, creative imagination, concentration, spatial concepts, and above all the love for music and dance. Instructor: Marie Feigl

3 year olds

Time: A.Wednesdays 10 am-10.45 am B. Tuesdays 1:30pm-2:15pm 4 year olds C.Wednesdays 11.ooam-11.45 pm Time:

D. Tuesdays 2.30 pm-3.15pm 8 weeks - \$40

**CHILDREN'S** PROGRAM 1x8 Week Semester April 26 to June 18

**POTTERY** (6 Years and Over) An introduction to methods of hand building by demonstration will give the student the opportunity to become familiar with the basic techniques of pottery. Firing facilities are available for selected work. More advanced students can be introduced to the wheel. Instructor: Maureen Woxvold Time:

Tuesday 4 pm-5.30 pm Wednesday 4 pm-5.30 pm Thursday 4 pm-5.30 pm Saturday 10.30 am-12 noon 8 weeks - \$50

Fee:

Creative experiences structured on a theme incorporating stories, songs, sounds, rhythm work, art and craft activities, dramatic play and some outdoor activities. Note: each child must provide their own fruit and drink each session. Parents may be rostered to assist for one session each.

Instructor:

Fee:

Elka Adler Monday, Tuesday or Wednesday 10 am-12 noon 8 weeks - \$60

## **MUSIC & STORYTELLING**

A broadly-based introduction to music for younger pre-schoolers using storytelling, singing and various musical instruments. Instructor: Vicki Dezso

Time: Tuesday 10am-11am 8 weeks - \$40

#### PERCUSSION WORKSHOPS

A music class for the older pre-schooler, introducing such concepts as rhythm, beat, pitch,

Instructor: Vicki Dezso

Tuesday 11am-12 noon Saturday 11am-12noon 8 weeks - \$40

MUSIC EXPERIENCE CLASSES (M.E.C.) for school aged children Group music classes are Kodaly-based and provide an introduction to musical concepts using percussion instruments, recorders and keyboards

Instructor: Wendy Reed

M.E.C. Level 1 Keyboard (Maximum 7 students) Time: Monday 4pm-5 pm Fee: 7 weeks - \$48

M.E.C. Level 1 Recorder Time: Monday 5pm-6pm

Music Fee: 7 weeks - \$35 M.E.C. Level 2 Recorder Time: Tuesday 4pm-5 pm Fee: 8 weeks - \$40

M.E.C. Level 3 Recorder **Time:** Tuesday 4.30-5.30 pm **Fee:** 8 weeks - \$40

#### PRIVATE MUSIC TUITION (for adults and children)

Private music lessons and preparation to examination standard are available in some instruments. Please phone for days and times available.

### City of Caulfield ACTIVITIES PROGRAM SEMESTER 2 - 1988 **RECREATION CENTRE - Adult Program** LIBRARY SERVICE Daytime classes are now being conducted at the Recrea-**OVER 40s FITNESS** Time:

### **Aerobics**

(16 years and over) All classes are taught by an experienced, qualified instructor. You are welcome to attend any class that suits your schedule and ability. No enrolment is necessary but

please be punctual to your class. The classes are suitable for both males and females 16 years and over. To help you get started the Caulfield Recreation Centre conducts beginners and intermediate aerobic classes every day. So come along to the Centre and join in your heart will love it!

#### TIMES:

<b>Beginners</b> C	lasses:	
Monday	9.30 am/5.30 pm/7.30 pm;	
Tuesday	12.00 Noon	
Wednesday	10.00 am/5.30 pm/7.30 pm	
Thursday	12.00 Noon/5.30 pm	
Friday	9.30 am	
Saturday	2.00 pm	
Sunday	12.00 Noon	
Beginners/Ir	ntermediate Classes:	
Tuesday	10.00 am	
Thursday	10.00 am	
Intermediate	Classes:	
Monday	6.30 pm	
Wednesday	6.30 pm	
Thursday	6.30 pm	
Saturday	1.00 pm	
Sunday	11.00 am	

 Creche facilities available at morning classes Only. Monday to Friday 50 cents per child. Cost of class (\$4 casual), 3 months

unlimited use \$85. Runners must be worn to class at all times.

### **Gentle Fitness**

These classes are designed to slowly increase overall fitness and well-being by providing a gentle exercise program that is suitable for an older age group. The classes are taken by fully qualified instructors and done in conjunction with appropriate music. There is no need to participate in a vigorous aerobic workout but rather join in the fun, fitness activity that is suitable for you. If you are feeling lonely or bored and looking for a fun way to meet people your own age then why not come along to one of our classes and loosen up those stiff joints. Tea and coffee available at the end of each class.

Monday 2.15 pm-3.00 pm, Tuesday 11 am-12.00 Noon, Thursday 11 am-12.00 Noon \$3 per class

#### **OVER 60s FITNESS**

Fee:

Fee:

These classes have been designed to bring people to-gether to keep fit and are adapted to cater for different levels of activity, however, no one is required to do more than they find comfortable. The classes are principally exercise to music, aimed at improving mobility, strength and balance, but will also include activities such as dancing and relaxation. People with arthritis can join in and will be advised to exercise slowly. The classes are conducted by physiotherapists from Caulfield Community Care in conunction with the Southern Memorial Hospital. Monday 11-11.45 am, Time:

Wednesday & Thursday 9.00 am, Friday 11- 11.45 am. \$1.50 per class.

#### **PRE AND POST NATAL FITNESS** PROGRAMMES

Changing shape classes are now being conducted one morning a week at the Centre. The classes cater for both ante and post natal exercises and are designed and conducted by a physiotherapist. Creche facilities are available at session times. All enquiries should be directed to Catherine on 830 4531 or to the Recreation Centre. **Time:** Wednesday 11.00am

#### **Jazz Ballet**

Join in the excitement of jazz ballet. You don't have to be a dancer to enjoy the benefits of jazz ballet or be super fit! This class is designed to teach body awareness and dance sequences in a fun way. You'll never know what you're missing if you don't try! Instructor

Janice Burgess Thursday 7.30-9.00 pm Time: Cost: \$56 for 8 weeks.

### Yoga

The continual practice of yoga techniques results in a feeling of well-being, a calm enquiring mind and a relaxed vital body. There is no competition as everyone advances at their own level. Both beginners and intermediate courses are available with each course running for 8 weeks

tion Centre complex on Monday mornings for both beginner and intermediate levels. A creche is provided at this session only. Evening classes are still held at the Infant Welfare Centre situated at the corner of Royal and Rosedale Avenues, Glenhuntly, on both Monday and Thursday evenings at 6.00pm. Enrolments must be sent to the Recreation Centre prior to commencement of the term. For enrolment details contact the Recreation Centre.

#### Judo

Judo is not an aggressive sport and is a disciplined controlled martial art. It provides the opportunity to improve physical fitness and confidence. The classes are taught by Akira Yamada, 6th Dan Kodokan, Japan. Judo Federation of Australia. Classes can be joined at any time.

Tuesday 7.15 pm; 8.15 pm Thursdy 7.15 pm; 8.15 pm Times:

## Tennis

**TENNIS COACHING** Tennis coaching is available at the Caulfield Recreation Centre courts in Brooklyn Avenue. People wishing to learn tennis should contact Cheryl Hewitt, telephone 596 5085. Cheryl offers classes suitable for adult and children

CASUAL HIRE OF TENNIS COURTS The courts in Brooklyn Avenue are available for casual hire. People wishing to hire the courts can do so by contacting the Recreation Centre on 523 3288. Day - Adults \$7, children \$3.50; Night - Adults \$8 children \$8.

Deposit fee of \$8 required at all booking times. Weekends and Public Holidays \$8 per court, including a deposit.

### Tai-Kwon-Do

Time:

The Korean art of self-defence. Students follow a con-tinuous program of self-defence techniques with special emphasis placed on attacking, kicking skills. A conditioning program of strength, flexibility and mobility exercises enables students to increase fitness and stamina. All students will have the opportunity to enter tournaments and grading.

Rod Black (Black Belt) Instructor: Wednesday & Friday 6.00-8.00pm Telephone 874 1929 Enquire:

## **Children's Program**

## All Classes start the week beginning Monday 18 April 1988.

#### **INDEPENDENT CENTRE HIRE**

All enquiries for these activities must be directed to the Centre during office hours.

#### Judo

Apart from teaching self-defence, discipline and co-ordination, judo builds confidence in insure and shy people. It is not aggressive and is an individual sport. Students can join classes at any time. These classes are con-ducted by Mr Akira Yamada, Japanese 6th Dan.

Time:	Tuesday 6.15 pm.
	Thursday 6.16 pm.
Fee:	For 1 hour sessions - \$45 x 13
	weeks, \$80 x 26 weeks (these
	may be subject to change
Enquire:	Mrs Yamada, Tel. 578 4460.

### **Olympic Gymnastics**

These classes are offered on Tuesday evenings and Saturday mornings for girls from five yeas of age onwards. Children who wish to participate must have done some form of gymnastics before. All areas of Olympic gymnastics are taught including high and low beam, parallel and horizontal bar, vault and mat work. For further enquiries, please contact Jillian Zaks, tel. 528 2528.

#### **TEENY TOTS TUMBLING (2-3 years)**

Tthese classes differ from that of Pre-School Gymnastics insofar as trampoline skills are not included in the program and activities are designed for this younger age group. These classes are an introduction to the skills taught in Pre-School gymnastics.

2-3 years \$37 (8 sessions) Age: Fee:

#### PRE-SCHOOL GYMNASTICS

These classes are aimed at providing activities which will involve children in a wide variety of gymnastic activities such a rolling, climbing, swinging, bat and ball work and musical games under the guidance of an instructor. Also included is a 15 minute trampolining session which aids their overall body awareness and physical confidence. Three progressive levels are available for children to work through starting at Beginners, to Intermediate, then Advanced sessions

#### 3-5 years (strictly) \$38 (8 sessions Fee:

Classes available every day. Phone the Centre for class

#### JUMP AND GYM (5 years old)

ion of both trampolining and gymnastics. The class aims at teaching the children basic gymnastic and trampoline skills and routines. During these classes they will be involved in activities using gymnastic equipment; beam, bar, springboard as well as learning fundamental skills on the trampoline.

5 years (strictly) Age: Beginners, been before classes available

#### **RECREATIONAL GYMNASTICS**

Fun, enjoyable, challenging classes covering all areas of artistic gymnastics, beginning with a warm-up, basic floor skills and use of equipment such as bars, beams, rings, ropes, etc. The classes this term offer a wide scope and variety of skills to be acquired.

Age:	6 and 7 years and 8 to 10 years.
Fee:	\$44 (8 lessons - Advanced)
	\$42 (8 lessons - Beginners)
Class times:	Tuesday and Wednesday after
	noons.

#### **BOYS GYMNASTICS** This is a new class especially designed for boys only.

The class includes the use of rings, ropes, vaulting, exercises, horizontal bar and strength work. Boys will learn co-ordination and strength exercises and routines and the class is taught by a male instructor. 6 to 9 years Age: Day: Monday \$44 (8 week term) Fee:

#### **CREATIVE MOVEMENT**

This class is a movement and dance based course including a combination of dance and gymnastic skills. 5 to 6 years Age: Thursday Day: Fee: \$45 (8 lessons)

#### JAZZ BALLET

These classes are taken by a fully qualified instructor and emphasise movement in co-ordination to music. Further enquiries should be directed to the Centre. Thursday - Juniors (7 to 9 years)

\$42 Juniors, \$48 Seniors (8 lessons)

basic skills they then progress to more advanced skills, eg. back-drops, forward somersaults. Routines involving individual skills are introduced throughout the term.

RAM	POLINE CLASSES (Pre-School)
Age:	4 to 5 years only
Day:	Saturday 9.30;10.30 am
ee:	\$38 (8 lessons)
BEGIN	NERS CLASSES
Age:	5 to 10 years
Day:	Tuesday 4.30 pm; Saturday 10.30am
ee:	\$38 (8 lessons)
NTERI	MEDIATE CLASSES
Age:	5 to 10 years
Day:	Thursday 4.30 pm
ee:	\$38 (8 lessons)

## April

**DOONGALLA - The Basin ELSTERNWICK LIBRARY** Wednesday 13th April at 10.30am Visit 41/2 acres of gardens in a tree fern setting. Bring a picnic lunch. \$3.50 donation for the bus Bookings phone Barry Scott 524 3357 on Wednesday 6th April commencing 9.00am.

**AN INTRODUCTION TO SHIATSU** CAULFIELD LIBRARY Thursday 14th April at 7.30pm Dorothy Pace, Director of the Australian College of Shiatsu will speak.

7th - 25th April

**Decorating Edwardian and Victorian Homes.** CAULFIELD LIBRARY Wednesday 20th April at 2.00pm A seminar conducted by Caroline Gibbs a freelance interior decoration consultant. Slides will be included.

**Restoration of Victorian and Edwardian** Homes CAULFIELD LIBRARY Thursday 21st April at 7.30pm Graham Butler, Architectural Historian will talk on researching and restoring your home.

afternoons. school group.

**Judith Crabtree** CAULFIELD LIBRARY Tuesday 19th April 2 sessions 1 - 2pm, 2 - 3pm

**Ted Greenwood** ELSTERNWICK LIBRARY Tuesday 26th April 2 sessions 1 - 2pm, 2 - 3pm

## May

WHY AND HOW I WRITE cont **Terry Denton** ELSTERNWICK LIBRARY Tuesday 3rd May 1 - 2pm, 2 - 3pm

#### **ARMCHAIR TRAVEL SERIES 2**

India - Emilie Beuth CAULFIELD LIBRARY Wednesday 4th May at 2.00 pm Emilie will talk about and show slides of her recent trip to India.

Yugoslavia - Betty Enns CAULFIELD LIBRARY Wednesday 11th May at 2.00 p m Come and hear about Betty's recent trip to Yugoslavia. **Scotland - Betty Reid** CAULFIELD LIBRAY

of Scotland. CAULFIELD LIBRARY

## Seniors (9 to 12 years) Trampoline (4 years and over)



Day: Fee:

## HERITAGE WEEK CELEBRATIONS

#### WHY AND HOW I WRITE 2

Three more popular 'Meet the Childrens' Author' Bookings: Each session will be open to one

Wednesday 18th May at 2.00 pm Betty will return to show us more of the beauty

#### **New York - Rifka Knox**

Wednesday 25th May at 2.00pm Come and here about Rifka Knox's experiences in the Big Apple.

#### INTRODUCTION TO HYPNOTHERAPY

#### **Patrick Farrell**

B.Sc.Grad.Dip.Ed.Couns.,M.A.Ps.S CAULFIELD LIBRARY Thursday 26th May at 7.30pm Patrick Farrell is a consulting Psychologist and Psychotherapist. He has worked at the Cairnmillar Institute and has wide experience in treating a range of difficulties with hypnotherapy.

#### **GIPPSTOWN**

CARNEGIE RESOURCE CENTRE Monday 23rd May at 9.30 am Visit a recreated historic township set in 8 acres of parkland. Bus donation \$3.50. Gippstown \$3.00 pensioners \$4.50 non-pensioners. Bookings phone Barry Scott on 524 3357 on Tuesday 17th May commencing 9.00 am.

## June

#### **ART OF ETHNICITY: Writing Migrant Writers Read** CAULFIELD LIBRARY

Thursday 2nd June at 7.30 pm Readings presented by the authors of "Caught In Between" edited by Rosa Safranksy, a collection of work by a migrants creative writing group originating from migrant literacy classes at Holmesglen. Photographs by Dominic Hsieh of the authors will be on display at the same time.

#### Women in Australia - Gwen Summers CAULFIELD LIBRARY

Wednesday 15th June at 2.00 pm Gwen Summers will display and talk about her dolls dressed to represent important women in Australian history. Her fascinating and timely talk will include Georgina McCrae, Vida Goldstein and Caroline Chisholm.

#### **Meet Gail Halev**

#### **ELSTERNWICK LIBRARY** Wednesday 22nd June

Internationally known author and illustrator Gail Haley, winner of the Caldecott medal will be making a rare Australian appearance. Four sessions will be offered to school groups. Bookings can be made by contacting Barry Scott on 524 3357. Her works include Birdsong, Greenman and the Postoffice Cat and are particularly suitable for primary school age children.

Talking To People Who Can't Talk -**Rosemary Crossley** CAULFIELD LIBRARY Thursday 23rd June at 7.30 pm The author of 'Annie's Coming Out' talks about her life and work.

#### **HEALESVILLE SANCTUARY** CARNEGIE RESOURCE CENTRE

Monday 27th June at 9.30 am A 32 acre fauna park with special displays of lyre birds, koalas, reptiles and nocturnal animals. Cost \$3.50 donation for the bus \$2.65 pensioners \$5.30 non-pensioners. For bookings phone Barry Scott on 5243357 on Tuesday 21st June commencing 9.00 am.

## Holiday Program

Commencing June 27th, two weeks of performances, outings and activities will be held at the Caulfield Library. For details watch your 'Caulfield Contact'

#### **AFTER-SCHOOL ACTIVITIES**

ELSTERNWICK - Tuesdays at 4.00 pm CAULFIELD - Thursdays at 4.00 pm

#### STORYTIMES

Pre-school storytimes and activities are held at Elsternwick, Caulfield and Carnegie Librar-

Caulfield - Tuesday 11.00 am Times: Carnegie - Wednesday 10.30 am

Elsternwick - Thursday 10.30 am A cup of tea or coffee will be provided for parents at Elsternwick and Caulfield Libraries.

#### WRITING ACTIVITIES - WORKSHOPS

John Irving has commenced as Writer in the Community in Caulfield and will be working up unitl June in this position. During this period the Library's Writers Workshop Group has been relocated to the Caulfield City Hall. Workshops covering fiction poetry and autobiography have commenced and most groups are full at present. If you are interested in writing activities do not hesitate to contact John Irving or Barry Scott on 524 3357.

## **ACTIVITIES** BROCHURE

#### COVERING

\* classes \* lecures \* excursions \* workshops

> FOR Adults and Children

#### AT

**Caulfield Arts Complex** cnr Glen Eira & Hawthorn Roads Caulfield Ph: 524 3333

**Caulfield Recreation Centre** 

6 Maple Street South Caulfield Ph: 524 3288

**Caulfield Library Service** Maple Street South Caulfield Ph: 528 6301

**Elsternwick Library** 4 Staniland Grove Elsternwick Ph: 523 6682

**Carnegie Resource Centre** 130 Koornang Road Carnegie Ph: 569 5505

**City of Caulfield** 

## Senior CitizensKick Up Their Heels



Caulfield's Older Adults went to town during Senior Citizens Week, with a variety of activities and functions going on

Left - A Tea Dance in the Arts Complex Auditorium. Right - a picnic in Harleston Park provided helium balloons to let loose, singing and entertainment put on by various local school children., and a beautiful day.



## **YOUTH IN CAULFIELD**

Caulfield has found a replacement Youth Officer while Lyn Nye is off on maternity leave, looking after her new baby Jessica.

Frank Nobels has taken on the task looking after Youth needs in Caulfield while Lyn is away, and has taken to the task with enthusiasm.

"Having limited time may be a positive thing" said Frank. "I am in a position to identify specific goals attainable in the time. I'm not aiming to complete grandiose projects this year, but to work at the grass roots level."

Frank is putting the emphasis on young people being responsible for their own affairs.

"If young people want to be seen as active members of the community, they must take responsibility for projects so they can take the credit."

As an example, the After Hours Theatre Group has recently employed a teacher/director for a couple of hours a week, and the young members themselves played a major part in the interviewing and hiring process.

It is important, Frank says, that this approach receives support from all levels of the community.

"If we don't show young people that they are wanted and needed within the decision making process we can't expect them to be



Youth Worker Frank Nobels with Youth Council Secretary Anthony Wiseman

w responsible and active participants." ed Frank completed his Diploma of Youth Work at Phillip Institute in 1982 and has worked in a variety of areas including two years with the Salvation Army and working in the Western suburbs. Before that he was a carpenter and passed on his skills in woodwork and other crafts through various youth programs. He has a little girl of his own, Jasmine. Caulfield Youth Council is a body made up of young people in Caulfield, members of the community, and representatives of Council. It has also seen the attendance of notaries such as Joan Child and Race Matthews.

Anthony Wiseman is Secretary of the Youth Council, a task which he adds to his already heavy load of studying for Year 11 and working part-time.

His job on the Youth Council includes corresponding with community groups, checking minutes, and other adminstrative duties.

He sees the Youth Council as a resource for groups who are thinking of starting up an activity or Club. "We often help get activities running rather than run them ourselves" he said, "or help Youth Clubs get off the ground."

The Youth Council is supported by Caulfield Council and Caulfield's Youth Officer, and in return the City of Caulfield looks to the Youth Council as a source of information on issues specifically concerning youth.

Caulfield Youth Council would like to hear from any young person interested in issues such as education, employment, health and welfare, accommodation and recreation. They can be contacted by mail to P.O. Box 325, Sth. Caulfield, or through the youth officer on 524 3321.

## Carers Get Together CONTACT!

The Elsternwick Contact Centre, officially opened by A n d r e w McCutcheon on March 21,will provide a variety of services for people getting over drug or alcohol addiction. you don't really make friends."

Some of the classes planned include living skills, like cooking, for people who have been out of circulation for a while.

Other plans include craft activities such as Life Drawing

A model and instructor are present at each session, so this class is suitable for beginners to practising artists. All materials provided.

Wednesdays 7 pm to 9 pm. 8 weeks - April 27 to June 15



Caulfield Carers is a group of Caulfield people who have to look after confused or elderly relatives or friends. They meet on the second Tuesday of each month for support and information sessions. Here, the carers along with Council staff Clare Trevorrow and Lorraine Le Clerc, participate in a physiotherapy session. The Centre, at 215 Glenhuntly Road Elsternwick, is operating as both a casual drop-in centre and a place to meet, and is also providing structured courses in skills and crafts, and assorted outings and activities.

"The aim is to help people enjoy recreation without drinking" said Johanna "It's easy for people to fall back into the habit of going to the pub, and in drinking life modelling, leatherwork, raffia, picture framing, outings to the beach, the zoo and barbecues, indoor games, musical afternoons.

"Its a fun place" said Johanna "People can feel free to come along and watch TV, pick up a book or do a bit of painting."

Anyone who wishes to join in any of the activities, or to help out, is welcome to drop in at 215 Glenhuntly Road, or ring 528 1577. Cost: \$68 Caulfield Arts Complex, Cr. Glen Eira and Hawthorn Roads Phone 524 3333. CAULFIELD ARTS COMPLEX Gallery Hours: Monday to Friday 10 am to 5 pm. Weekends/Public Holidays 1 pm to 5 pm. Tuesdays open until 7 pm. Admission: FREE Further information: 524 3263 or 524 3333



Carnegie

The Club has pleasure in announcing that the No.1 Men's pennant team are now promoted to Division 1 after having a very successful season. Many popular Social events are on the agenda for April commencing with the Easter Tournament on Saturday 2nd, Sunday 3rd and Monday 4th all starting at 1.30pm. Among other events are Nom. Mixed Fours on Sunday 10th and Mixed Fours on Sunday 17th, both at 1.30pm The Barbecue on Sunday 24th commences at noon and on Anzac Day the Mixed Fours are scheduled for a 1.30pm start.

Visitors and single entries are always most welcome, just ring the Club on 578 7131.

> Caulfield Central RSL

clude the Easter weekend matches against visiting Club Cronulla, and the Edinburgh Shield matches with our men playing at Queenscliff on April 16 and 17. Also being planned is a trip

north of the Murray to

one of the border clubs

to play the locals and

indulge in a mild flutter

Jedwab, winner. Charity Day winners were M. Smith, E. Bando and M. Rockman. Carry On Pairs - winners were E> Garth and E. Byner. Ladies Appreciation Day - ladies were showered with chivalry and treated to a delightful afternoon tea and presented with mementoes. Ethel and Eli Baumgar-

Juckert thanked the Chefs, Geoff Drew, Laurie Kerr and Ed Craven, and all who had worked so hard to make the day such a success. On Vice President's Day, Val Kerr and Jean Mayer extended a warm welcome to all members and visitors present at

fours tournament sponsored by Noritake was held on Sunday March 6. The winners were K. Pennington's team from McKinnon and the runtheir most enjoyable ners-up were Reg Baileys team from Caul-

The Club wishes to thank local sponsor Meurers Top Carat Jewellers of Glenhuntly Road for the very generous first prizes for the tournament held on March 6 when the greens were filled to capacity. Winners were a team skippered by

Tom Turner with

Doreen Newton and

The final of the ladies singles championship was a very close match with Cath Ives finally winning on the last end from Edie Ablett. It was a great match and both players were congratulated on their performance. The ladies pennant team has also done very well, winning their section pennant and the subsequent divisional semi-final by a clear margin. On Thursday, March 17 they meet

with the poker machines. President's Day on March 12 for club members was won by R.Wearne, Ray Livingston, Thelma Jones and Rone Cheeseman. Runners Up were Sylvia Tunstall, Geoff Allan Bill Woolfe and Norm Tunstall. The Club's annual meeting will be held on Friday May 27. many years.

Caulfield Park

Ladies Pairs - Congratulations go to Sonia ten Sponsored Day -Top honours went to S.Krycer, H.Krycer, R. Spicer and C. Spicer. This was followed by a highly successful barbeque. Members were very sad to hear of the passing of Eddie Hender, an ardent member and hard working secretary for a good

## Caulfield RSL

The Men's Annual Barbecue was as usual a

#### Caul. RSL (Ladies)

day.

On Invitation Fours Day, the Winners were Carnegie Memorial Recreation CLub, with a Rink skippered by Secretary Yvonne Walters -Another succesful day. Mens Appreciation Day, combined with Ladies Fun Day was certainly a day with a difference. Congratulations to Thelma Drew on

field South which included his two sons John and Andrew.

South

An Invitation Men's

The Ladies Championship held also in perfect weather gave the spectators an exciting match. Loris Miller came out the winner, defeating Margaret Ellismith in a closely contested match.

This is the fourth Championship which has been won by Loris. Members were saddened by the recent death of Harold Grainger.

Cyril Robinson. Trojan Warriors the butchers, also of Glenhuntly Rd., kindly donated the runners up prizes won by a team skippered by Stan Barlow of Elsternwick Park. Congratulations to Club Champion Roy Culph upon retaining his title for a second year. The Ladies Championship will be fought out between Thelma Marcakis and Kath Hamilton. Ladies enjoyed Thelma Mar-

Page 8 - Caulfield Contact, March 31, 1988

## **Caulfield** Cuisine

## A GOLD STAR FOR THE GOLD LEAF

#### The Gold Leaf 235 Glenhuntly Rd. Elsternwick

A pleasant way to spend a Sunday, especially one on which the weather is not so good, is indulging in a long, luxurious Yum Cha at a pleasant Chinese Restaurant. The Gold Leaf provides an excellent Yum Cha, with meticulous service at a very reasonable price.

The Gold Leaf has a set menu Yum Cha rather than the more elaborate, selectyour-own type served at some establishments.

We settled in, and with the order of "Yum Cha for two, please" we had to do no more than order some Chinese tea to accompany it.

First up was a Dim Sum selection. There were delicately steamed, prawn-filled pastries, a million miles away from your fish 'n' chip style "dim sims", with a beautifully light texture and taste. There were also small meaty dim sims, denser and

cakis' Vice President's Day. Remember, the same winter programmes will be run this year as last year, and everyone is welcome.

#### Elsternwick Park

President Everett Dickins hosted members and visitors at a most enjoyable afternoon's bowling recently and presented trophies to the winners, Chris Barry (Skipper),



chewier than the prawn variety.

After a pause long to enough to let these do settle, a platter of ha freshly cooked fried H4 titbits was presented. be There were fried G4 wontons, spring rolls, in, curry puffs and fried as dumplings, each with fro its own distinct flavour and filling. Po These were served m4 with a small dish of dipping sauce.

were plentiful enough to start slowing us down by the time we had reached the end. However, one of the best things about the Gold Leaf is the timing of each dish. Just as you have gone from feeling full to feeling that you could possibly fit in one more dish, the next course arrives.

These savouries

In this instance it was pork buns. I had

the Mixed Fours on

never had these before and found them intriguing .A steamed bread dough encased a very sweet pork mixture, and the combination was delicious.

It was with relief that we were informed that the Singapore Noodles was the last dish. This is a tasty combinations of rice, vegetables and meats with a light curry flavour, just sufficient to finish off the meal.

The quantities were just right for a lunch it left you feeling well satisfied, but not bloated. The price at a set \$9.50 a head seemed very fair, and service during the meal was attentive without being obtrusive.

The Gold Leaf is also open for a la carte dinner seven days a week. Restaurant Owners Lunch Shops Takeaways

Want to Advertise in

CAULFIELD CUISINE?

Ring 524 3259



Glenhuntly hosts Bunnies, Pipers and Artists

#### **Rabbit Recital**

If you have never seen the Easter Bunny -here's your chance!

Traders in the Glenhuntly Shopping Centre beleive they have found a way to bring the ellusive rabbit out of hiding.

They have employed a Fairground Organ player to include some rabbit music in a recital in the shopping centre on Easter Saturday. Traders' Chief, Vannessa Truscott, says she and her colleagues are convinced the organist has the skills to bring out the rabbit. "We hope he'll be playing songs like 'Its a Hop Hop Hoppy Day', 'A Bite with Me', 'A Bunny Way of Laughing' and all that sort of thing"

says Vannessa "and we are sure this will bring out the Easter Bunny". "We have been told that if the music is right, the Bunny will be giving away lots of Easter eggs".

The Organist's Date with Easter Destiny will

## Pavement PartyPipers in the GlenThe frustrated artists in(huntly)

There's to be a touch of old Scotland in the streets of Glenhuntly soon.

The St. Andrew's Ladies' Highland Pipe Band will be giving free performances in the Glenhuntly Shopping

#### were skippered by Flo Shute. NOTE: Last month's edition credited Michael Santa Lucia with winning the Club Championship. It should in fact have been ROBERT Santa Lucia.

from Black Rock and

### Glenhuntly

Congratulations to Norma Hawkins on winning the Ladies Singles Championship by defeating Mary Goodwin in a close and exciting final. The C. and M. Goodwin (no relation) Mixed Pairs played on Labour Day was the last of the prestige events for the season and attracted a maximum entry. Popular winners were Clark and Ina Pitts with John Cook and Ethel Peagram Runners Up. Members are reminded of the Mixed Fours and Mixed Triples being played over Easter and

Anzac Day. Murrumbeena

#### On Saturday March 12 the annual Armstrong Fours Tournament was held, with 128 players participating. The tournament was won by a four from Mt. Waverley, and the other

placegetters came from Murrumbeena, East Malvern and Burwood. This is the 13th year that the tournament has been sponsored by Armstrong and Son Pty. Ltd., Motor Body repairers. In recent weeks, the Club has been host to Karingal and Chadstone Bowls Clubs, and on both occasions the clubs competed to decide the winners of the shields. The current club champions are Reg Caldwell and Yvonne Riach, Yvonne winning this event for the 13th time.

Alen Bence, Peg Reade and Elizabeth Clarke. The President thanked all those who had assisted him during his term of office, with a special mention of his wife Betty.

The Ladies Invitation Fours, managed by Nance Hackett, was once again generously sponsored by the Capital Building Society and was very enjoyable. The winners this year came occur sometime between 10 am and 12.30 on Easter Saturday. Vanessa says the more people who come and listen to the organ or sing along the better - if the music is loud enough and there are lots of people, there is more chance Bunny will turn

"If the Easter Bunny does not show up" says Vannessa, "we'll be trying the Pied Piper next time!" Each year the Centre's Annual Pavement Art Competition draws hundreds of artists from all around Australia, but because of the crowds many artists are not fully appreciated.

all of us are to be given a

chance to express them-

selves in public in a new

initiative at Glenhuntly.

The Glenhuntly Shop-

ping Centre is throwing

the local footpaths open

to any artist who wants

to draw on them.

So the Centre organisers are asking all pavement artists to visit the centre and draw on the footpaths. The favoured medium is chalk, but Glenhuntly locals say pastel drawings seem to last longer. Centre.

Many of the old Scottish favourite airs will be performed by the band, which is regarded as one of the best bagpipe ensembles in Melbourne.. The performances are free and in the open on the first Saturday morning of each month.

For further information contact Vannessa Truscott on 211 7514.

## **Community Access**

## Early Planning for Retirement

Early Planning for Retirement. Are you thinking about it? Why not join our happy and active group, the Early Planning for Retirement Caulfield Group Inc. If you are interested in walking, golf, photography, music, travel, book discussion, or dining out, our members are currently enjoying all these activities and there is room for new members and new ideas.

Enquiries phone 523 9669 or 527 5834.

## Family Films at Fusion

Care Bears II - a fantasy film for families with children, will be screened on Friday April 15 at the early time of 6.30 pm.

Every third Friday evening a first class film is shown at Fusion Community Centre, 101 Murrumbeena Road Murrumbeena. Next month, a film for all ages "Stand By Me" will be shown on May 20 at 7.30 pm.

Admission is by donation, suggested at \$2 per person, and supper is served at interval.

Come along for economical family fun. For further information ring Jenny or Chris or

Sonia on 568 2427 or 568 4949. **Term II Activities** 

People of all ages are welcome at Fusion activi-

ties. Charges are low. Select from:

\*Basketry and Craft

\*Introduction to Computers

\*Women's Video Afternoon \*Allergy Support Group

\*Community Lunch

\*Relaxation, Assertiveness.

Please ring Chris, Jenny or Sonia on 568 2427 or 568 4949.

## Caulfield Toddlers

Caulfield Toddlers Playgroup is getting on with the fun again in 1988.

Small groups of toddlers meet on Tuesday, Wednesday, Thursday and Friday mornings at St. Margaret's Church Hall for play and activities like painting, pasting, playdough and songs.

While the little ones are having a busy time enjoying themselves with all the toys and craft facilities, their mems are having a cuppa and a chat. As membership increases, a group will also be formed on Monday mornings.

The first function for the whole of Caulfield Toddlers Playgroup was a "Teddy Bear's Picnic" and "Sausage Sizzle" on March 23. Lots more fun things are planned for the year starting with a visit by an animal nursery late in April.

There are vacancies to join Caulfield Toddlers Playgroup for children aged 18 months to kindergarten. Any interested toddlers and their mums or dads can phone Gay on 596 1887 to see about joining in the fun.

### Diabetes Education

Chadstone Community Health Centre will be the venue for a diabetes education program, which will be conducted by Anne Leonard, Diabetes Educator, and Karen Ymer, Dietician.



## Arthritis Help

Do you have arthritis or rheumatism? Are you interested in learning how to manage your disease, decrease any pain and prevent possible deformities?

Chadstone Community Health Centre is running a self-management training course for people with arthritis starting Thursday April 28 at 1.30 pm.

The six 2 hours sessions include advice on exercises, stress man-

Heart Health

agement, psychological aspects, relaxation, nutrition and non-traditional treatments.

The cost of \$20 includes "Arthritis Helpbook", an excellent guide to helping manage arthritis.

Venue: Chadstone Community Health Centre,

Cr. Poath and Neerim Roads

Hughesdale 3166.

For further information please ring 568 2599.

RSMH COURSES AND

LECTURES

you know what can be done and what you can do.

A series of interesting speakers including a rheumatologist and representative of the Arthritis Foundation as well as allied health professionals from the Community Care Centre will present the latest information and answer queries concerning arthritis.

The information ses-

Youths applying must be at least 16 years of age and less than 22 years at the date of departure (early December).

The Lions Club of

Carnegie is seeking lo-

cal youths to represent

our community and

Australia in several

different countries

next December and

January during the

This will be a great

opportunity for local

youths to experience life

in a different country, to

share in the family life

and community life of a

different culture, and to

increase their knowl-

edge and international

Youths will need to

pay the cost of travel to

the country of choice but

Lions will arrange free

accommodation with

Lion approved families

understanding.

in that Country.

school holidays.

They should have at least average academic ability and be able to speak to small groups overseas to tell them a little about our local community, Victoria and Australia.

Most programmes are of 5 to 6 weeks duration. The countries available in Lions Youth Exchange include USA, Canada, Japan, Germany, Netherlands, Austria, Switzerland, Italy, Great Britain, Denmark, Sweden, Finland, Norway, Indonesia, Malaysia and New Zealand.

The Lions Youth Exchange Programme is not only open to school students but also youths who have already entered the workforce.

Sons and daughters of Lions can be selected but they will not be given any special consideration over non-Lions families.

The costs of the various programmes can be obtained by contacting Bob Sigmont on 211 4643.

Applications must be made in writing, with references to the Secretary, Lions Club of Carnegie, P.O.Box 192, Carnegie 3163 before May 16, and an inteview will be arranged.

## St.Agnes Kindergarten



These kiddies from St. Agnes kinder had a "get to konw you" picnic on March 1 in Caulfield Park. The kinder is located in Booran Rs. Glenhuntly, Te. 211 2285.

Retirees

The Victorian Retirement Advisory Association is a human resource/referral group staffed by retired professionals and business per-

sons.

They are dedicated to assisting fellow retirees make the difficult transition from working life to retirement. These men and women are volunteers and the VRAA is a non-profit organisation. There objectives include: 1.To provide guidance to older citizens in the areas of Pre-Retirement Planning and Post Retirement Activities, with the objective of helping persons successfully complete the transition to a secure and enjoyable Retirement. 2. To promote the interests of older citi-

zens through media

and political channels,

if necessary.

3. Engage as Office Bearers and oleratives of VRAA, persons who have retired and who are seeking to help their fellow contemporaries enjoy Retirement.

4. Operate as a nonprofit organisation.

**VRAA** Counsellors can provide free advice in areas critical to successful Retirement, including Health and Fitness, Social Activities in Retirement, Taxation, Social Service, and Financial Counselling.

Their main concern

is to ensure that retir-

Admission to the

Staying Young at Heart' is the theme of a seminar to be presented by the Royal Southern Memorial Hospital's Community Care Centre during this year's Heart Week. Contrary to popular

belief, much can be done through prevention, treatment and management of heart health in older people and as their own condition.

seminar is free. It will be held on Thursday April 28 from 1.15 pm to 4.15 pm in the Caulfield Hospital Recreation Hall at 294 Kooyong Road Caulfield. Enquiries may be directed to Robyn Carnegie or Mary Hirsh at the Com-

> ness hours. Heart health is a major concern to all members of the community and they are encouraged to attend this important seminar so they 'stay young at heart.

munity Care Centre on

523 6666 during busi-

This six week comprehensive course is specifically designed for people who have diabetes and wish to learn more about the condition and how to cope with it on a day to day basis. A relative or friend is also invited to participate.

Topics covered will include food choices, eating out, recipes, exercise, footcare, and glucose monitoring.

It will run for six consecutive Tuesdays from April 12 to May 17 from 10.15 am to 12.15 pm at 568 Neerim Road, Hughesdale.

If you have diabetes, and live or work within the boundaries of the Centre, you are invited to participate in this program.

you can enrol now by simply contacting the Duty Person at Chadstone Community Health Centre on 568 2599.

Page 10 - Caulfield Contact, March 31, 1988

our population is ageing, the need for everyone to improve their knowledge is particularly relevant.

While focussing attention on oder people, the information is applicable to all age groups. Prevention is very important in relation to heart issues and the practical subjects to be presented at the seminar will ensure all participants become aware of benefits appropriate to

#### Arthritis

Anyone, Anywhere, Anytime may develop some form of Arthritis. The Royal Southern Memorial Hospital's Community Care Centre will present an information Day to let

sion will commence at 1.15pm and conclude at 4.15 pm. The same program will be presented at Brighton on May 3, Caulfield on May 4 and Malvern on May 5.

It is necessary to register your attendance and enquiries may be directed to Mary Hirsh or Robyn Carnegie at the Community Care Centre, telephone 523 6666 during · business hours.

ees preserve or improve their personal situation so they can truly enjoy Retirement. For free counselling in any of the areas discussed in this article, phone the Victorian Retirement Advisory Association for an appointment, phone

number 663 6269.

## **Recreation and Leisure**



## For Older Adults

Caulfield Council has been co-ordinating a programme which will enable residents to try Bowling as a pastime. Our thanks to the following clubs for their assistance.

#### **Indoor Bowls:**

Carnegie/Murrumbeena Senior Citizens Club, 314 Neerim Rd. Monday and Saturday Afternoons.

Gladys Machin Senior Citizens Club, Cedar St. Caulfield. Tuesdays 1pm - 3.45 pm. Game 10 cents, afternoon tea 25 cents.

Ormond Senior Citizens Club, 2 Newham Gve. Ormond. Tuesdays and Thursdays. 30 cents includes afternoon tea.

#### **Ten Pin Bowling:**

Moorabbin Bowl, Nepean Hwy, 9.30 am to 11.30 am. Bus leaves Town Hall entrance at 9.15am. Cost \$2.70 for first game and hire of shoes or \$5.00 for two games and hire of shoes. Book with Penny Paxman on 524 3333.

#### **Outdoor Bowls:**

Caulfield RSL Bowls Club, Kooyong Road Caulfield. Open Day, Saturday April 23, 10 am to 3 pm.

Murrumbeena Park Bowling Club, Gerald St. Murrumbeena. Open Day Sunday April 10, 2.30pm onwards. Carnegie Memorial Recreation Club, Ro-

Recreation Club, Rosanna St. Carnegie. Open Day, Sunday April 14, 2.30 pm onwards.

Caulfield Central, 167-9 Hawthorn Rd., Caulfield. Contact Secretary Max Wright on 528 6088. Glenhuntly Bowling

Club, rear 1147 Glenhuntly Road. Open Day Saturday April 23. Contact Jack Ross on 578 2143 or the Club on 211 4008. Please wear flat rubber-soled shoes. Camps

Caulfield Council and Footscray Institute of Technology will be organising a second camp for older adults. We will depart on Fri-

day May 13 after lunch, returning on Sunday afternoon.

Accommodation will be at Ullamulla Camp (Lodge) at Gembrook and a programme of activities is planned for the week.

Costs for the weekend will be \$80 approximately - all inclusive.

To receive further information please register you name and address with Penny Paxman on 524 3333.

The next Swimming for Over 50's course commences April 19, and the next Gentle Exercise Classes start Wednesday April 13. Contact Penny Paxman for details and enrolment forms for either of these activities.

**Caulfield** Caper As part of the entertainment programme which includes monthly performances by a variety of artists, Caulfield Council invites you to join us at St.Giles Church Murrumbeenafor an afternoon of Australian music with the 'Cobbers' on Wednesday April 27 at 2.00pm. Contact Penny Paxman 524 3333 for bookings or further details



Yoga is one of the few disciplines that works on uniting mind and

ticipants.

body - Yoga means 'union'.

In this world of so much to do and never enough time it is doubly important to take time to recharge your batteries. In class you can experience relaxation through:

1: Simple stretching and breathing exercises 2: Learning passive re-

laxation and concentration techniques

3: Postural and mental awareness In time you will develop a more flexible positive mental attitude that will be reflected in a relaxed and vital body. The Recreation centre

has Yoga classes avail-

able for both beginners

and intermediate levels on Monday mornings, early evening and Thursday evening.

The course runs for eight weeks and commences on Monday April 11.

For further enquiries please call Maria at the centre on 524 3288 or 524 3362.





L-R: Doug Evans, Jeff Gross, John Booth and Kevin Naismith, Caulfield's entry in the Southern Region Municipal Golf Day. Each Council sent a team of Councillors and/or officers, and the trophy was taken out by Springvale. Philip Morris sponsored the event.

**Unwind with Yoga** 



CHOIR'S FIRST CONCERT

Caulfield City Choir Inc. is busy preparing for their first concert of the 1988 Season.

The forthcoming concert will be a joint venture where, together with the Camberwell Chorale, the tow choirs and the Camerat Orchestra will combine to present Haydn's popular Oratorio "The Creation". Well known professional artists will support the Choirs and the whole performance will be under the direction of their talented and enthusiastic musical director Douglas Heywood.

The Concert will be concerned at the Camberwell years of the content of the

groups rely heavily on the support they receive from patrons and dedicated followers, and they are hoping to have a large audience to enjoy this memorable work. Tell you friends and

come along to support your local Choral group. Tickets and further information - Choir Secretary Mrs. M. Glasson, 523 6523. 1.30 - 3.15 (including Kiddies Afternoon tea)

SCHOOL

**HOLIDAY FUN** 

Magic and

**Clowning Acts** 

**CHILDREN'S SHOW** 

**THURSDAY APRIL 7** 

\$2.00 per Child (adults no Charge)

See Tim Ellis and Ian McArthur (Circus Maximus) for an afternoon of exciting entertainment during the holidays

For Details Phone the Caulfield Recreation Centre on 524 3362 EAST CAULFIELD PARK

Cnr. Railway Ave., Dandenong Rd. and Dudley St Caulfield East (Opposite Chisholm Institute) SUIT: SOCIALS. CAR RALLIES,

FUN DAYS

For Enquiries Ring: Peter Leskie 211 8138 Jack Lidsey 578 3881

## **Contact Diary**

Family Forum

Do you have an event coming up that you would like publicised? Contact Diary is compiled each month and we would be pleased to receive notice of your event by the 15th of each month. Post your notice to Contact Diary, P.O.Box 42, South Caulfield, 3162 or telephone 524 3259.

#### **Bowling Day**

April 2 - Elsternwick Bowling Club is conducting a Men's Open **Triples** Tournament sponsored by the Commonwealth Bank, starting at 10 am. The charge of \$24 includes lunch. Please contact the club if you are interested.

#### Garden Club

April 4 - Caulfield Garden Club meets at 8 pm in the Uniting Church Hall, cr. Kooyong Rd. and Jupiter St. Sth. Caulfield. Mr. Geoff Olive from Burnley Horticultural College will speak on "Cottage Gardens". Visitors are most welcome. Enquiries to Mrs. Helen Reis on 528 6480.

#### **Probus Meet**

April 5 - The Probus Club of Caulfield will meet in the Committee Room of the Caulfield City Hall at 10 am for a General Meeting and welcome the incoming President and Committee Members. The Guest Speaker for the day will be Tim Acton, Victorian Manager of Cathay Pacific Airways. Moring tea will be provided. For enquiries call President Col Hipkins on 534 2785 or Harry Hawker on 211 7067.

Walking Group April 12 - E.P.R. Walking Group meets

102

19th

100

10 am Caulfield City Hall. Walk will be in Churchill National Park. If you require transport ring 569 5467. Visitors welcome.

#### **CPA** Meeting

April 12 - Due to State Conference, the **Combined** Pensioners Association will meet on this date at 2 Beaver St. East Malvern at 1.30pm All welcome, afternoon tea. Phone 211 7903 for further details.

#### Scrabble Luncheon

April 13 - Caulfield Auxiliary of the Royal Southern Memborial Hospital will hold a Card and Scrabble Luncheon in the Mayoress' Room, Town Hall at 12 noon. Lucky prizes, wine etc. Bring a table or come on your own. Bookings and enquiries Alma Arden 509 1130 or Von Riach 568 8595.

#### Anglers Away

April 13, 27 -Oakdale Angling Club caters for surf, inland and boat anglers. I meets fornightly at the murrumbeena Reserve, Kangaroo Rd., at 8pm. tuition, social activities and regular fishing outings are conducted. For further details contact Max Born on 544 3703.

#### **Carers Meet**

April 14 - Caulfield Carers' Support Group provides support to those people caring for a confused or elderly relative. The group meets on the second Thrusday of each month between 2 and 4 pm.. Contact Lorraine Le Clerc on 524 3333.

#### **Jumble Sale**

April 16 - Trash 'n' Treasure and Jumble Sale. Jams, cakes, clothes, bric-a-brac, plants, books and much more. Open 8 am to 2 pm at the Church of Holy Nativity cr. Blythe St. and Poath Roads Hughesdale. Bargain prices on everything. Enquiries 579 2048

#### Photography Group

April 18 - E.P.R. Photography Group meets 7.45 pm at 1 St. Georges Road Elsternwick. Subject - Slides by Les Carritt. Enquiries 211 3687.

**Probus Outing** 

April 19 - The Probus Club of Caulfield outing for this month will be a coach tour to Lake Eildon for a two hour cruise on the lake. BYO picnic luncheon which we will enjoy on board the M.V.Eildon Explorer. The coach will depart from the Caulfield City Hall, Glen Eira Road entrance at 9 am sharp and return at about 6 pm. The total cost of the bus fare and cruise will be \$20 per person. All enquiries to Harry Hawker on 211 7067.

April 19 - Glenhuntly Maternal and Child Health Centre, cr. Royal and Rosedale Aves., will be conducting a forum at 1 pm to 3 pm on "Toddlers Eating Habits." All interested parents welcome. Keep an eye out for upcoming forums.

#### **RCH** Meeting

April 20 - Members of the Caulfield Auxiliary of the Royal Children's Hospital invite you to attend their 56th Annual Meeting to be held in the Mayoress' Reception Room at the Caulfield City Hall, Glen Eira Rd. Caulfield at 1.45 pm. Speaker Mr. Peter Bishop who will speak about the Ronald MacDonald Home. Enquiries 523 7956.

#### E.P.R Meet

April 21 - Early Planning for Retirement Group meets 7.45 pm at Gladys Machin Building, Cedar St. Caulfield. Speaker Mr. Peter Masters - Security in the Home. Enquiries 527 5834. Visitors welcome.

#### Anzac Service

April 24 - Carnegie Sub-branch of the RSL will be holding a Memorial Service at 10.30 am at the clubrooms, Rosanna St. Carnegie. Morning tea provided after the service. All welcome.

#### Gas Association

April 26 - The monthly meeting of the Caulfield branch of the Victorian Gas Associa-

tion will be held at 1.30 pm in the Auxiliary room of the Caulfield Town Hall. Mr. Hedley Davis from the Gas and Fuel will speak on Energy. New members welcome. Annual subscription \$1. Enquiries Mrs. Murdoch 557 2254.

#### **Travel Group**

April 27 - E.P.R. Travel Group meets 7.45 pm Gladys Machin Building, Cedar St. Caulfield. Slides of India by George Thomas. Enquiries 568 7732. Visitors welcome.

#### **Music Lovers**

April 30 - Music Lovers Society have a lovely program of music at St. Paul's Anglican Church, Dandenong Road, Opposite Glenferrie Road. Recital by Tania De Jond - Soprano, Jonathon Morton - Bartione and Anthony Di Giantomasso - piano. Admission Adults \$5.00, Concession \$3.00, Children \$1.00. Supper provided.

8781, 10 am to 4 pm Monday to Wednesday.

#### Make-Up Demonstration

May 5 - A Nutrimetic Make-up Demonstration will be given at the Holy Nativity Church Hall, cr. Poath Rd. and Blythe St. at 8 pm. Presented by Miss Catherine McGovern. Supper. Donation \$2. Enquiries 569 9295.

#### Solo Party

May 5 - Carnegie Memorial Recreation Club is having a Solo Card party for the ladies to be held at the Club house, Rosanna St. Carnegie at 11 am. \$5 per player, with a hot luncheon provided. For bookings phone Y.Walters on 211 6804 or G. Lockhead on 578 4657.

#### Scottish Social

May 7 - Clan Cameron Australia Inc. will be conducting a Social Evening at 8 pm in the St. David's Uniting Church Hall, Grange Rd. Glenhuntly. Scottish Country Dancing with easy dances being taught; displays of Highland Dancing; Items etc; and the evening will conclude with

supper. Admission \$2.50, \$1.50. You don't have to be a Cameron to come along and enjoy yourself.

Stamp Fair

May 7-8 - A "Weekend of Stamps" will be hosted by the Brighton Philatelic Society at 80 Gardenvale Rd (cr. Magnolia St) Gardenvale. An auction will be held on the Saturday at 2 pm with viewing from 12 noon, and a Stamp Fair and display will be held on the Sunday from 10 am to 5 pm. Enquiries 583 2006.

#### Creation Performance

May 14 - Haydn's "The Creation" performed by Caulfield City Choir in conjunction with Camberwell Chorale and Camerata Orchestra. Conductor, Douglas Heywood. Tickets and further information Mrs. M. Glasson., Sec. 523 6523.

Engrave your name forever in the Caulfield Arts Complex

Endow a seat, pledge for the honour role, purchase a work of art.

Seats at \$200 or \$100 Honour Roll \$1,000

ENQUIRIES PHONE ALAN MOOR 524 3277

**323 NOW HAS POWER STEERING** Available in 5-speed manual IN 

Social Tour May 1 - Why be lonely? Join the FTS Social Club on a tour to the Upper Yarra Dam coaches leave Oakleigh at 9 am and Caulfield Station at 9.30 am. Fare \$8. Phone Rose on 523

4-speed Automatic with overdrive **TEST DRIVE TODAY** ESKDALE MAZDA 153 HAWTHORN RD, CAULFIELD PH. 528 5888 313 NORTH RD, CAULFIELD PH. 578 6335 LMCT 1552

- Hart Belle

or

### **3 YEAR OR 60 000 KM MAZDA WARRANTY**

Page 12 - Caulfield Contact, March 31, 1988 The second s