



CONTENTS

General news	1-3
Editorial	2
Arts Focus	4,5
Healthwise	8,9
Recreation and Leisure	9
Your Environment	10
Classifieds	11
Contact Diary	12

HACC funds slashed

LOCAL government has been forced to prune spending on essential home services following drops in state and federal government aid under the Home and Community Care Program.

The Victorian government has announced it will not maintain a promised 20 per cent funds increase each year under an agreement struck by federal and state governments.

Under the HACC Agreement, Canberra said it would match a 20 per cent increase in state funding each year.

However, the Victorian decision to bring the increase down to 12.3 per cent has left councils with a large shortfall in anticipated income.

Caulfield Council's Director of Human Services, Barry Boyle, said the loss was compounded by the lack of funds for home help services.

"None of the (12.3 per cent) increase is going towards areas where there is a need to increase services," Mr Boyle said.

Mr Boyle also described changes to the funding as "the worst we could possibly expect."

Under the Victorian government decision, councils' grants are now limited to the average expenditure each quarter for the preceeding year.

However, Mr Boyle said a dramatic climb in the need for specific home care towards the end of the year gave an "unfair picture" of the

need for services in Caulfield.

"In the first quarter of the state's financial year we had 38 families in need of specific home care," Mr Boyle said.

"In the last quarter that had jumped to 53 families, but our funding was based on the average throughout the year."

Caulfield Council will receive \$239,810 for specific care this year, while \$512,575 will be used for general home care.

Specific home care helps families with disabled dependents, while home care helps older residents with general home duties.

About 150 people are already on a waiting list for general home care, and families serviced by specific care have had hours slashed to enable Council to stay under a government-enforced subsidy ceiling.

Mr Boyle said the effects of the grants cuts were made worse because Council was not informed of the reductions until September last year, almost three months after the start of the financial year.

"We had already planned to spend money in crucial areas before being told of the cuts" Mr Boyle said.

"Unfortunately two thirds of that money has been spent, and there's still five months of the financial year left."

Caulfield Council now provides 60 families with specific home care, but because of the cuts the service has been reduced dramatically.

Approximately 1,000 older residents receive general home care each fortnight, but a waiting list has been established because of the limited resources.

"At least 30 of these people need more home care, but we don't have the resources to cover their needs," Mr Boyle said.

Inside:

Caulfield's winners of the annual citizen and young citizen of the year awards were announced at the Australia Day breakfast recently. Find out who they are on pages six and seven.

Mayors sign 'friendly city' treaty



BOTH Caulfield and Ogaki civic officials had the chance to learn about local government from two very different perspectives with last month's visit by the Japanese delegation.

The visit marked the establishment of 'friendly city' ties between the two municipalities, and an exhaustive three day tour of Caulfield left the Japanese visitors suitably impressed.

For a full pictorial coverage of the visit, turn to pages six and seven of this issue.

Above: Caulfield Mayor Cr David Bloom joins his Ogaki counterpart Mitsuru Ogura in officially declaring the two municipalities as 'friendly cities'.

'Opp shop' donation

THE Carnegie Opportunity Shop has donated over \$4,500 to the Spurway Nursing Home.

The money was presented to Caulfield Mayor, Cr David Bloom, at the Australia Day breakfast at City Hall on January 26.

The cheque, for \$4,560, was presented by Caulfield's 1989 Citizen of the Year, Jessie Green.

Mrs Green helped establish, manage and serve with many community organisations throughout the years, and has run the Carnegie 'opp shop' since 1961.

The shop's latest donation will help pay capital costs for the nursing home, which was officially opened on July 16 last year by then Mayor, Cr Emil-Braun.

B. RUSCHINEK AASACPA

Certified Practising Accountant

FOR ALL ACCOUNTING AND TAXATION MATTERS

PH. 523 8666

LEVEL 1/387-9 GLENHUNTLY RD ELSTERNWICK

FOR ALL LEGAL AND ASSOCIATED MATTERS

S. RUBENS LLB (HONS)

Barrister and Solicitor

THE NEW BEGINNING FOR . . . HAIR TODAY

MANE EVENT

HAIRDRESSING

426 Glenhuntly Rd, Elsternwick
Ph. 528 3903 or 528 3879

PROFESSIONAL CURTAINS

A full consultation service is available from our qualified store manager, Mark Moray.

PH: 523 0233

2A St George's Rd, Elsternwick

TALBOT DIAMOND PTY. LTD.

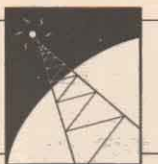
LEADERS IN LOCAL REAL ESTATE

Courtesy and Service

Cnr Kooyong and Glenhuntly Roads, Caulfield.

'A proud association with Caulfield for over 25 years.'

Thinking of selling in 1990? Ring Residential Sales Director Mark Kausman on 523 9111 (523 7344 AH) for a free, no obligation appraisal of the value of your home.



EDITORIAL

WELCOME to the first combined issue of *Caulfield Contact* for 1990.

The year has commenced with a flying start and is proving to be a very active and progressive year for Caulfield.

In this issue we bring you all the regular features and include pictorial highlights of the 'Japanese visit'.

We also introduce a new Children & Family Services column, which will be run on a regular basis.

There's a lot happening in the Arts and in this issue we feature a number of upcoming exhibitions which are a must for art lovers and a great way to spend some free time on the weekend.

Our environment page feature is on what is commonly referred to as the "White Death" or "Salinity" an everincreasing problem in Australia today.

In "Healthwise" we look at the alarming road death statistics and give parents some nutritious, healthy lunch ideas for growing children.

We look forward to bringing you another year of interesting, informative reading.

Rosa C Frassoni

Rosa C Frassoni
Editor

Clear house numbers are crucial: officers

CAULFIELD Council engineering officers have called on all local residents to clearly mark their properties with house numbers.

Numbers should be placed on the gate or gate post to the property, or a conspicuous place on the front fence.

Those buildings without a fence should place the house numbers above the main entrance doorway where it is clearly visible.

Clear numbering of houses will ensure prompt responses to distress calls made for emergency services.

Child care 'house' support plea



Kyle Williams gives sister Megan a hug at the Murrumbeena House Occasional Care facility. The house is facing an uncertain future since interest has waned recently.

THE Murrumbeena House Occasional Care facility has made an urgent call for clients as it begins normal services in the new year.

Treasurer Maree Williams said only five children had registered at the house this year, and more support was needed from parents to keep the doors open.

"The house is a co-operative run by mothers, and it would be a real loss to the community if it was forced to close," Mrs Williams said.

The facility, with funding from Caulfield Council, is in its seventh year of operation but needs at least four more adults to fill the committee and keep the venture afloat.

Only Mrs Williams, co-ordinator Chris Leyshan and committee member Martine Jackson have so far indicated their willingness to join the house's executive board.

Two years ago, the health centre moved to the rear of 105 Murrumbeena Rd to accommodate the new

health centre in the property's main building.

The house can cater for up to 20 children, while at least seven adults must be elected to the committee to keep the organisation functional.

House members last year raised funds, mainly for playground equipment, through 'pie drives', cake stalls and selling toys.

Parents can leave their children at the house under supervision eight times a month for free between 9.30am and 12 noon (\$1 per session after then), while the annual subscription is \$7.

Parents are rostered to be at the house about twice a month, with an adult to children ratio of 1:4.

To canvass support for the new year, the house committee will hold a coffee morning from 10am at the house on Tuesday, February 13.

Coffee mornings will also be held on the third Wednesday of each month.

Soapie stars to visit here

TWO actors who once starred in such well-known TV series as 'Division 4', 'Cop Shop' and 'The Sullivans' will give talks at the Caulfield library.

Chuck Faulkner, a former star of Division Four, and David Wiseman, who had roles in Cop Shop, The Sullivans and Bellbird, will both give lectures about television acting.

Both worked opposite each other in 'Bluestone Boys', with Faulkner playing the role of a warden and Wiseman a prisoner.

Faulkner had a leading role in popular series 'Division 4' as Senior Detective Sergeant Vickers, playing

Vickers for 351 episodes.

He also took part in pilot episodes for long-running soapie 'Cop Shop', and had guest roles in 'Homicide' and 'Skipper'.

Wiseman played the barman in 'Cop Shop' for six months before playing a number of cameo roles in both 'Bellbird' and 'The Sullivans'.

Faulkner will discuss his international acting career, while Wiseman will talk about television drama, including how shows are cast and how to break into the tough small-screen arena.

Faulkner's talk will start at 7.30pm on February 22 in the Maple St library, while Wiseman will appear on March 8.

For more information, contact 524 3357.



● Chuck Faulkner

CITY HALL CONTACTS

Arts complex.....	524 3287
Rates.....	524 3215
Human Services.....	524 3228
Traffic & By-Laws.....	524 3216
Engineering.....	524 3238/40
Traffic Engineering and Planning.....	524 3324
Recreation Centre.....	524 3228
Building.....	524 3201

'Community friend' call from head injury group

MANY head injury victims are left with permanent disabilities.

For them, the ordinary things in life which others take for granted - a happy family life, recreation, health and education - may not be achieved without some extra effort and help.

It is for these people that 'Headway', Victoria's Community Access Program, was initially established.

Headway Victoria provides support and advice for people with head injuries, their careers and families.

'Headway' relies largely on community involvement to keep the community access program an effective force.

Volunteers can be involved by participating and helping daytime

activity groups, or becoming a 'community friend'.

Community friends are paired up with one person who has had a head injury, and many of these accident victims are men in their 20s or 30s.

Community friends encourage and assist patients to re-learn skills such as cooking, shopping or managing a home, and help them meet new friends, take up new hobbies or social activities.

Times are arranged between volunteers and their friends, and volunteers are given training and ongoing support from the team program staff.

The next training course begins in March, and for more information contact 859 5359.

TAFE course to boost tutor numbers

HOLMESGLEN College of TAFE will start a training course for volunteer numeracy tutors at its Batesford Road Chadstone site in mid-March.

The course has been developed to boost the number of tutors needed to work with students needing help with basic numeracy skills.

The local college's course is the only TAFE training course of its kind, while plans are also underway to hold literacy volunteer tutor training courses this year.

For more information, contact Holmesglen's secretary of the Access and Bridging department on 567 1547.

ACCOMODATION REQUIRED

CAULFIELD AREA

Professional businessman requires quality accomodation with mature lady. Usually only two nights each week, but prepared to pay premium rate.

Dinner, breakfast and off-street car parking required.

En-suite or comparable facilities preferred.

May suit lady wishing to supplement income.

PHONE 563 5511 DURING OFFICE HOURS.

Have you recently moved to Caulfield?

If so, contact Council's Community Liaison department for a free copy of our New Residents' Kit (including the new 1990 version of the Caulfield Resource Guide).

Copies are available by writing to the Caulfield Council Community Liaison department, PO Box 42, South Caulfield, 3162, or by contacting 524 3333.



The Children & Family Services column

THIS article is the first of a regular column keeping the local community informed with current activities and issues related to children and families.

Our correspondent is Caulfield's Family Services Development Officer, Bronti Merrett.

Bronti joined Council in October 1986 as a Senior Family Day Care Officer, and was appointed to her current position in September last year.

She will keep you informed on all relevant issues affecting children and families in the local area.

Children and Family Services have undergone a number of changes recently. A pilot project was held at Murrumbena House in January this year involving staff from the local office for intellectual disabilities and neighboring councils, who provided occasional care for children with disabilities and their siblings.

This initiative was organised in response to a need families have voiced following the closure of specialist services in the school holidays.

Hopefully, this program will become a regular service if funding becomes available.

Bronti is keen to let the community know more about the area of children and family services, and welcomes any questions.

Trust backs down from talks bid

THE National Trust has so far rejected proposals to thrash out a solution to the storm erupting over planning permits for its historic Rippon Lea mansion.

The trust has approached the Minister for Planning and Environment, Tom Roper, to exercise special planning powers to deal with the issue.

A recent storm erupted when Council rejected trust applications last year to host commercial functions at Rippon Lea, and to build a plant nursery and kiosk on the site to raise funds.

Council rejected the applications following complaints from neighbors of allegedly excessive noise and breaches of parking regulations.

Trust chairman, Simon Molesworth, has already threatened legal action against Council to claim compensation for lost revenue.

But north ward Councillor, Jack



● Rippon Lea mansion . . . at the centre of a new row involving the National Trust.

Campbell, has launched a scathing attack on the trust, accusing it of "bypassing the democratic process."

Cr Campbell, a member of the National Trust and Rippon Lea's

committee of management, said the trust had a "well recognised" appeal system to point out its case.

"What is so special about the National Trust that qualifies it to

bypass these two democratic processes (application and appeal)?" Cr Campbell said.

"The National Trust believes it knows what is best and will broach no compromise.

"The whole approach shrieks of elitism."

Cr Campbell called on the trust to "learn to live" with the local community, saying it would accomplish "far more" by co-operating with Council.

"It is one thing for the National Trust to educate the public and restore the historical fabric of our city," he said.

"It is quite another to want to restore former autocratic processes."

Mr Roper has said he will "consider" a trust proposal to declare Rippon Lea a 'special heritage zone' to bypass Council-enforced planning controls.



Brown opens Princes Highway extension

THE Federal Minister for Land Transport and Shipping, Bob Brown, has officially opened the Princes Highway extension between Glenferrie and Tooronga roads.

Mr Brown joined Caulfield Mayor, Cr David Bloom, Vic Roads chief executive Ian Stoney and Malvern mayor George Pepperall at the opening late last year.

However, there was one notable absentee from the official opening . . . Victorian Minister for Transport Jim Kennan, who already had his hands full coping with the crippling tram dispute.

The extension cost \$16 million,

and includes a shared footway and separate underpass near the road underpass for pedestrians and cyclists.

Extensive landscaping has continued into the new year, while many original mature palm trees affected by the works were relocated as part of the extension plan.

"Local input has been vital in developing (the extension plan)," Mr Brown said.

"The new route will save travelling time, but will also provide a safer and quicker journey for commercial transports leading to reductions in freight costs."

Hi-tech parking solution?

A SUPER-reliable parking system which has been used in Japan for 25 years could hold the key to solving local parking problems in the future, according to Caulfield Councillor Sandy Anderson.

Cr Anderson said the Mitsubishi Mechanical Parking System, based on a rotating conveyer belt concept, may be the answer to inevitable over-crowding in inner suburban municipalities.

"Councils are always looking for alternative measures to cope with parking," Cr Anderson said.

"The mechanical parking system could be the solution to many of these problems in some areas".

Although Cr Anderson doubts the systems will be introduced to Caulfield for many years, she said

they could be a viable solution to parking problems near the local Chisholm Institute of Technology.

"As a long-term option, Chisholm could perhaps look at this new development as a solution to its current parking problems," she said.

"It is one of many solutions, and is particularly useful in areas where land prices are high."

Cr Anderson said Melbourne developers had looked at the parking system, which features no windows and no overlooking problems for neighbors.

"The idea would definitely work in the Central Business District," Cr Anderson said.

"The system has operated for 25 years in Tokyo, and they still haven't had a breakdown".

RIPPONLEA KINDERGARTEN INC.

Enrolments for 1990 are still open.

Limited vacancies exist in the 4 year-old group (4 sessions per week) and also in the 3 year-old group (2 sessions per week).

The kindergarten is located in the grounds of Ripponlea Primary School, Carrington Grove, East St Kilda.

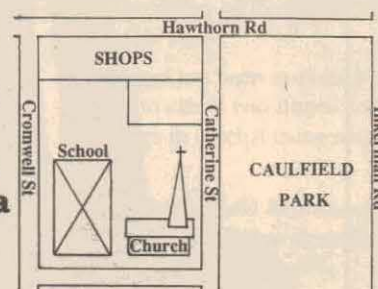
For more information, contact the Director on 527 4343 or 528 2914 (AH).



ST ALOYSIUS PRIMARY SCHOOL

Catherine St, Caulfield (near the Hawthorn Rd/Balaclava Rd junction)

A caring, progressive school offering your child a fully comprehensive curriculum. Specialist areas include Physical Education, Music, Library, Italian and Art.



Telephone: 5285351

INSPECTION WELCOME ANYTIME!

1990 Caulfield Resource Guide

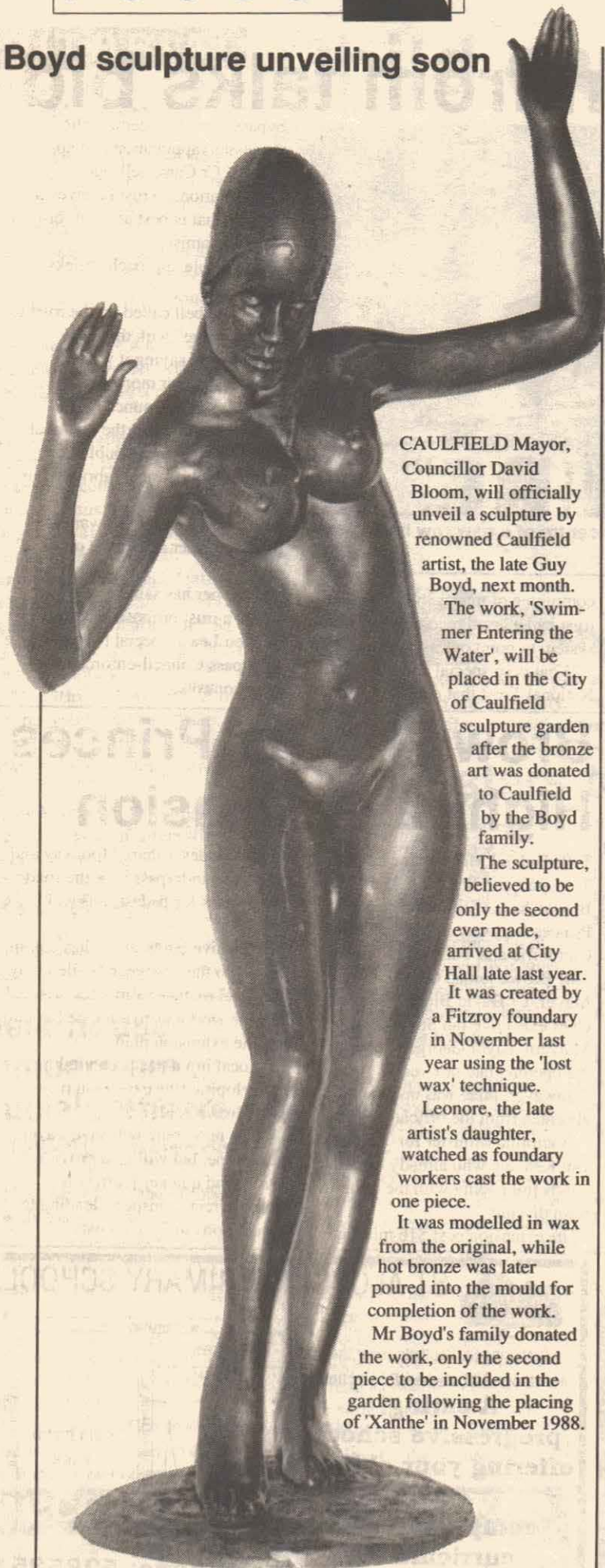
The City of Caulfield's recently-released 1990 Resource Guide is currently being distributed to all Caulfield residents.

Already the guide has drawn praise from various sections of the media, and will prove an invaluable reference to local residents in the year ahead.

Distribution should be completed by mid-February. However, if you do not receive a copy by then, contact City Hall on 524 3333 and one will be sent to you.



Boyd sculpture unveiling soon



CAULFIELD Mayor, Councillor David Bloom, will officially unveil a sculpture by renowned Caulfield artist, the late Guy Boyd, next month. The work, 'Swimmer Entering the Water', will be placed in the City of Caulfield sculpture garden after the bronze art was donated to Caulfield by the Boyd family.

The sculpture, believed to be only the second ever made, arrived at City Hall late last year. It was created by a Fitzroy foundry in November last year using the 'lost wax' technique. Leonore, the late artist's daughter, watched as foundry workers cast the work in one piece. It was modelled in wax from the original, while hot bronze was later poured into the mould for completion of the work. Mr Boyd's family donated the work, only the second piece to be included in the garden following the placing of 'Xanthe' in November 1988.

Above: 'Swimmer Entering the Water'... the official unveiling is expected in mid-March.

Music to classic silent films

An unique evening showing classic silent films to the accompaniment of live music performed by internationally renowned "Entr'acte Ensemble" at the Caulfield Arts Complex.

Films include: The Count (Dir. Charlie Chaplin - 1916); The Life and Death of 9413-A Hollywood Extra (Dir. Florey - 1928); The Fall of the House of Usher (Dir. Epstein - 1928); Papegno (Dir. Lotte Reniger - 1935) and; Entr'acte (Dir. Rene Clair - 1924).

Ensemble success

SINCE their formation in 1985, Entr'acte have played in music clubs and film societies throughout Great Britain and made several appearances at the Aldeburgh Proms.

They have a continuing association with the South Bank and have been invited to participate in the series "Bicentenaire" - giving three performances of Epstein's film "the Fall of the House of Usher" in the Queen Elizabeth Hall, and a concert in the Purcell Room. "Entr'acte" has toured Ireland, Norway and Australia with a series of concerts in the Sydney Festival.

They also played twice in the 1989 Brighton Festival.

The Arts Council of Great Britain has awarded Entr'acte a grant to enable them to develop a wider-ranging repertoire of music and film.

An old tradition

By providing live musical accompaniment for silent films, the players are following an old tradition - one which in recent years has been revived with the showing of full-length films with orchestral accompaniment.

However, "Entr'acte's" repertoire centres around some of the most important shorter films from the



One of the four artists in the ensemble - flautist, Judith Hall

1920s. Their specially constructed scores add an extra dimension to the enjoyment of these early cinematic achievements and their varied choice of chamber music adds up to an event which is unique - both a film show and concert in one.

During the early part of this century, artistic activity in France was flourishing - film makers such as Abel Gance, Luis Bunuel and Rene Clair, were producing the first masterpieces of the cinema and alongside them in Paris, Debussy, Ravel and Stravinsky were at the height of their powers.

"Entr'acte's" repertoire includes

much from the golden era - the best in French music and a wide variety of film ranging from comedies and cartoons to Surrealist masterpieces including the film from which the ensemble takes its name.

There will be two performances by the ensemble at the Caulfield Arts Complex on Friday, March 9 and Saturday March 10, 1990 at 8pm.

Tickets: \$15 Adults & \$10 Concession.

Place: Auditorium, Caulfield Arts Complex, Cnr Glen Eira & Hawthorn Roads, Caulfield.

Bookings/Enquiries: 524 3264.

Credit Union exhibition and sale

THE VTU Credit Union will hold its sixth annual art exhibition and sale at the Caulfield Arts Complex in the Caulfield Town Hall between Saturday, February 17 to Sunday, February 25, 1990.

This year the art exhibition is open for public viewing and sale. The

exhibition will be officially opened by the Mayor of Caulfield, Councillor David Bloom and the judging will be performed by Erica McGilchrist and Jenny Zimmer.

Both McGilchrist and Zimmer are highly respected figures in the local art world, and should be faced with a number of excellent entries.

This year the credit union will introduce a special door prize, a painting entitled 'The Old Garden, Glenhantly'.

The painting, by Simon Brown, is valued at \$500, and the winner will be announced at the conclusion of the exhibition.

Venue: Caulfield Arts Complex, corner of Hawthorn and Glen Eira roads.

Dates: Saturday, February 17 to Sunday, February 25.

Times: 10am-7pm Tuesday, 10am-5pm Wednesday to Friday, 1-5pm Saturday, Sunday and public holidays.

WANTED

PAINTING & HOME HANDYMAN JOBS

ALL SMALL HOME REPAIR JOBS. PAINTING. CONCRETE. HARD PLASTER. CARPENTRY AND ANY HANDYMAN JOBS.

PHONE CLAUDE 578 7807

AFTER 5 P.M. REASONABLE RATES AND RELIABLE SERVICE

PART TIME EMPLOYMENT OPPORTUNITY

ADVERTISING CONSULTANT

A company specialising in advertising in clubs and hotels requires the services of a part time telephone sales consultant.

The applicant will need to be confident about his or her abilities, be a good communicator and have some previous experience as a sales consultant. Hours are flexible (about four hours per day), and remuneration will be on a generous commission basis for sub-contractors.

For further information, contact 528 1125, 24 hours.

WINDOW FRAME REPAIRS

Treatment of Decayed Timber.

New cords, Balances, Catches, Hinges and Locks. Reputty, Weatherseal, Repaint.

Credit cards welcome.

PHONE AFTER HOURS: 569 7549

FOR MORE INFORMATION ABOUT ARTS COMPLEX SERVICES AND/OR BOOKINGS, CONTACT 524 3287



Local artist donates works to complex

CARNEGIE oil painter, Nardu Fallu, has donated three of his works to the Caulfield Arts Complex.

Mr Fallu, who once produced promotional film posters for early silent Australian films, gave the paintings to be used in local hostels.

Mr Fallu was the Caulfield Festival's official artist in 1988, and had an exhibition of his paintings in the same year.

The former commercial artist has described Rembrandt as his favorite artist of all time.

Living the wild life

WELL-known wildlife artist, Paul Margocsy, will give a demonstration of wildlife painting techniques at the Hughesdale Community Centre on Wednesday February 14.

Mr Margocsy said earlier this month he had "always" been interested in art, and initially worked as a window dresser for Myer.

In 1971, he went overseas for three years and became involved in drawing and painting fashion murals for hairdressing salons.

But it was when he returned to Australia in 1978 that his love for wildlife blossomed.

It is a love affair which has lasted for the past 12 years, over which Margocsy has developed his own style of painting Australian birds and animals.

When he first started painting,

Margocsy said there was no-one available to teach painting wildlife. Even today, he says, teachers are scared.

"I'm hoping I can teach other people the art of capturing wildlife on canvas," Margocsy said.

His demonstration at the Hughesdale Community Centre will include slides of his work, and a short talk about the various techniques used in his work.

The talk will be followed by local artist Trish Hart discussing her recent trip to the Antarctic, including the animals and other wildlife found there and how to capture them with both paint and pencil.

Venue: Hughesdale Community Centre, corner of Poath and Kangaroo roads.

Date: February 14.

Times: From 8pm.



Above: Paul Margocsy prepares for his upcoming exhibition.

'People's eye' view from artists

It is strong vivid work, thematically linked to both universal and local issues

THE Westbank artists, whose work will be on show at the Caulfield Arts Complex Gallery between March 1 and March 12, 1990, are representatives of a broad art movement based in Melbourne's western suburbs.

And simply as a result of the artists' geographical location, their work places form a major theme of the works.

Many of these artists have established studio spaces in a complex of warehouses on the western bank of the Maribyrnong River in Footscray.

These warehouses, subject to demolition sometime in the future to make way for the redevelopment of this city edge site, are in the interim being well used as exhibition and performance spaces too.

They offer extremely practical

work places and stunning views of the immediate area and the ever-encroaching city and docklands.

It is strong and vivid work, thematically linked to both universal and local issues.

The smoke stacks of industry, the western suburbs' skyline and major landmarks, and people at work and at love are all represented at the exhibition.

Many of the artists are also fulfilling an important function as the documentary-makers of the changing face of the inner suburbs as a result of both demographic change and commercial development.

This is especially apparent through the names of some of the groups exhibiting under the Westbank banner.

For example, the Post Goughists (a

Every picture tells a story

Art has blossomed as a medium of expression for young people with Schizophrenia

WHAT began in Melbourne hospitals 25 years ago as a therapeutic and diagnostic activity has now spread into the community and has become, for some, a career.

'Every Picture Tells A Story - Images Of Schizophrenia' is a survey exhibition that brings together early paintings collected from hospitals by psychiatrist, Dr L Cunningham Dax, and a contemporary exhibition by young artists who are working professionally despite the burden of their illness.

Through the paintings, visitors

will gain insight into the feelings, fears and triumphs of people who cope with schizophrenia as part of their lives.

For school groups of Year 11 and 12 students, one of the artists can, by arrangement, be on hand to chat and answer questions.

A resource folder will be available for teachers, and for copies contact Barbara Hocking on 521 2433.

Venue: Caulfield Arts Complex, corner of Glen Eira and Hawthorn roads Caulfield.

Dates: Friday March 2 to Sunday March 12, 1990.

Times: 10am-7pm Tuesdays, 10am-5pm Wednesdays and Fridays, 1-5pm Saturdays and Sundays.

Drama for older adults



Above: Caulfield's manager of cultural services, Jim Badger, speaks with members of the drama group.

THE Caulfield Residential Hostel Drama Group for Older Adults would like to extend an invitation to fellow older adults in Caulfield to join with them in a series of drama workshops.

Having successfully completed a one year program which culminated in the making of a feature film 'Through the Crystal Ball', the group will resume its activities in mid-March.

Frail, aged, older adults are encouraged to participate. Transport

can be provided if necessary.

The workshops are designed to encourage older members of the community to extend previously untapped skills... dramatic experience is not necessary.

Hopefully, the program will involve members of the community who don't usually participate in community-run activities.

The program is held for two hours each week.

Sessions are free following Victorian Ministry for the Arts and Community Cultural Development Unit of Australia grants, along with support from Caulfield Council.

There is a restricted number of places available for the program, and for more information, contact Pamela McKimm on 524 3367.

Application forms are available by writing to Ms McKimm at PO Box 42, Caulfield South, 3162 before Friday, February 23.

Festival thanks



The Caulfield Festival Committee would like to publicly thank the following sponsors whose community mindedness and financial support helped make the 1989 Caulfield Festival such a great success. Thanks to the following sponsors:

Talbot & Diamond
Carnegie Lions Club
Jeffrey's Bookshop
M.R. Party Hire
Redford's Printing
Fat Bob's Cafe
Wrags Boutique
Caulfield Jag Service
Woolnough Tyre Service
Booran Motors
Caulfield Typewriter Service
Black Shark Aquarium
V & B Hair Design
McDonald's
Studio Design
Rug & Car Seat Covers Corner
Taylor's The Discount Store
Picture Market
London Tavern
Sunflower Bookshop
Pam's Flower Basket
Elsternwick Toyworld
Molino Brothers Fruit & Veggies
Azuma - Japanese Goods
Junior Fashions
Lizzy's Chocolate Creations

Crochet exhibit coming up soon

AN exhibition showing 30 colorful works by local crochet artist Tova Grosman will be held in the community gallery of the Caulfield Arts Complex soon.

The artist has been inspired by her poetry to create two-dimensional paintings in crochet using natural fibres.

Venue: Caulfield Arts Complex Cnr Glen Eira & Hawthorn Rds, Caulfield.

Dates: February 28 to March 20, 1990.

Times: 10am-7pm Tuesdays, 10am-5pm Wednesdays to Fridays, 1-5pm Saturdays and Sundays.

APPLICATION FORM

Older Adults Drama Program

Name :

Address:

Telephone No:

I would like to participate in this program.....

I do/do not require transport.....

CITY HALL ENQUIRIES:
524 3333

Japanese visitors make their mark on Caulfield

Day one, 9.32pm: Arrival for reception at Hilton Hotel.



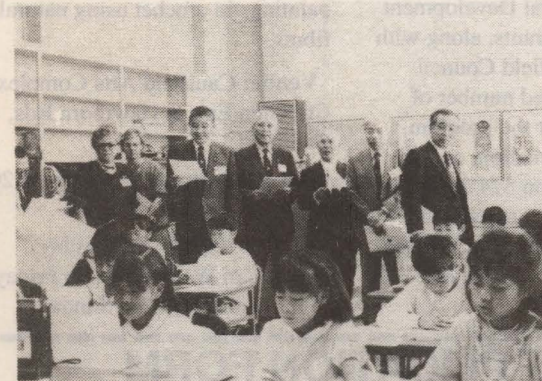
Day two, 9.36am: Shelford Anglican Girls' School tour. Mr Ogura inspects the school garden.



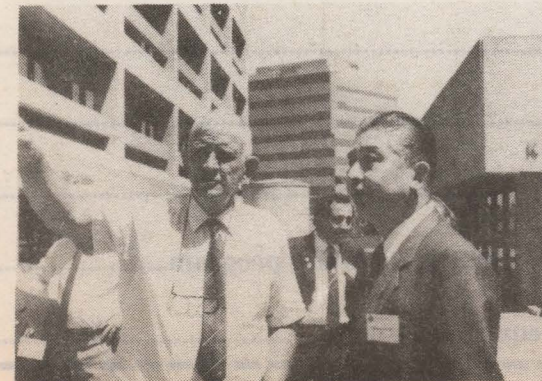
Day two, 10.40am: It's back to the classroom as the Japanese delegation visits the Japanese School of Melbourne in Caulfield South.



Day two, 10.07am: Still at the Japanese school, the Ogaki visitors 'stand in' on a lesson for the children.



Day two, 11.30am: Chisholm Institute of Technology director, Dr Geoffrey Vaughan, shows Mr Ogura around the campus.



Day four, 8.49am: A final group shot before the Japanese delegation finally heads back after an extensive tour of the city.



Day three, 6.49pm: Mayor David Bloom signs the papers to officially declare Caulfield and Ogaki 'friendly cities'.



Day three, 6.32pm: Mr Ogura addresses a gathering at City Hall following an official civic reception for the Japanese.



Day three, 6.29pm: Mayor David Bloom officially welcomes the Japanese delegation in front of a large crowd at City Hall.



Day three, 1.22pm: Councillor Helen Friedmann of Caulfield joins Tsuguyoshi Yamamoto of the Ogaki board of education at the luncheon.



Day three, 1.13pm: Traditional Aussie tucker . . . steaks with Australian flags proved a real hit at the Harleston Park barbecue luncheon.



Day three, 11.42am: Mr Ogura and Caulfield Councillor Emil Braun chat with children from the Kooyong Rd children's centre.



Day three, 10.57am: Former Caulfield mayor, Gladys Machin (standing, left) addresses the delegation at the Spurway Nursing Home.



Day three, 10.51am: Council's director of Human Services, Barry Boyle (foreground) explains to the Japanese the concept behind the Spurway Nursing Home at the entrance to the home.



Civic leaders honored



THE City of Caulfield honored two of its most dedicated community members on Australia Day last month by presenting them with the highest citizen award possible.

Betty Curzon-Siggers and Anthony Phillips were presented with their awards at the annual Australia Day breakfast at City Hall for their outstanding service to the community in two very different areas.

Mrs Curzon-Siggers was presented with her Citizen of the Year award for her efforts at the Caulfield Hospital since World War Two.

Mr Phillips, 22, was given the Young Citizen of the Year award for his service to the local scouting movement which started more than 14 years ago.

Mrs Curzon-Siggers became sister-in-charge at the Caulfield Hospital after serving in the ward, spending most of her time in the geriatric ward.

After a 32 year stint at the hospital, she has worked as a volunteer for the Anglican Homes for the Elderly in Elsternwick.

Apart from her service to the medical profession, Mrs Curzon-Siggers also chaired the sixth

Left: The City of Caulfield's 1990 Citizen of the Year, Betty Curzon-Siggers, accepts her award for Caulfield Mayor, Cr David Bloom.

for work in community

annual conference of the 38th district of Quota International and been involved with fund-raising events for the Little Company of Mary Hospital.

Mr Phillips joined the local scouting (cubs) branch at the age of eight, and received the Queen's Scout award in 1985.

He later spearheaded a charge to increase membership of the Hellgate Rover crew (an extension of the scout movement), and officials described his efforts in attracting new members as "outstanding."

Mr Phillips is also a member of the Red Cross (Caulfield) team.

Their awards were followed by an Australia Day address by radio personality Barry Everingham.

Mr Everingham, a descendant of one convict member of the first fleet, described his pride in being the descendant of one of Australia's first residents.

He also impressed upon the gathering the importance of keeping Australia for future generations.

Right: The City of Caulfield's Young Citizen of the Year award winner for 1990, Anthony Phillips, with Mayor, Cr David Bloom.



Local government powers poles apart

CAULFIELD and Ogaki may be thousands of kilometres apart geographically, but the role of the two local government authorities are even more so in some respects.

In comparison to the Australian system of giving local government responsibility for more "grass roots" services, Japanese councils shoulder huge responsibilities.

For example, Caulfield's 1989/90 operating budget reaches just in excess of \$40 million for its 72,000 residents.

Ogaki, with 147,000 residents, has an annual budget of about \$900 million.

Almost half that figure, or \$390 million, is spent on schools, hospitals and other community services which the state governments is responsible

for in Victoria.

However, Japan's system of raising revenue for their equivalent of our local government is much the same.

State and federal government grants help keep the municipal wheels rolling, although rates are still levied on residents.

Rarely are local government authorities left short of funds to implement strategies in any province, as good schools give federal authorities the chance to enforce education policies.

Other dissimilarities surface in the administration of the two cities.

In Caulfield, 12 councillors are elected to oversee the city and a mayor is appointed by his or her colleagues.

In Ogaki, the mayor is elected by the

people of the city and holds power for five years.

He has the support of 36 councillors (although not a councillor himself), and can make decisions without having to consult his colleagues.

The job is a full time one, leaving no chance of retaining other employment during the term.

(Over 70 per cent of residents voted for current mayor, Mr Mitsuru Ogura, at the last election).

However, the basic planning principles and wish for urban conservation remain the same between the two cities, compounded by the fact that both have a number of historical landmarks which councils are determined to preserve.

Ogaki . . . the Japanese city of water

ESPISTE differences in operation between Japanese and Australian municipalities, Ogaki and Caulfield have much in common.

Although Ogaki boasts over 140,000 residents (Caulfield has 72,000), both cities are steeped in history and tradition which goes back many years.

The Japanese city's 450 year-old Ogaki Castle takes pride of place in Ogaki's list of historical landmarks. Ogaki covers an area of just over 80 square kilometres, and is a 2.5 hour journey by bullet train east to Tokyo.

The word 'ogaki' literally means 'water', and is a suitable name for a city which prides itself on flood control.

The population of 146,654 people

(an increase of over 4.5 times the population in 1918) place great importance on Ogaki's cultural heritage and traditions, including fine examples of pottery, theatrical venues and historical landmarks.

The average temperature in Ogaki is 14.8 degrees celsius, although a strong west wind called the 'Ibuki oroshi' which blows downward from Mount Ibuki often cools the temperature even further.

But Ogaki officials are keen to point out the city is not resting on its historical laurels.

Like the huge Japanese automotive industry, it is forging ahead and looking forward to more developments in upcoming years.

It boasts the most developed textile, chemical and machine industries in the Gifu Prefecture, and the abundance of limestone and underground water has contributed to the development of some of the industries in the district.

Although Ogaki recognises the disaster floods have caused in the region, it is also appreciative of the industries it has helped spawn.

As a promotional booklet from Ogaki City Hall says:

"A man's individuality is often the source of his attractiveness.

"The same can be said about a town.

Our city has a very long history of fighting floods, but water has also contributed to the development of Ogaki."

Day two, 4.42pm: Mr Ogura unveils a plaque to commemorate his delegation's visit to the City of Caulfield.



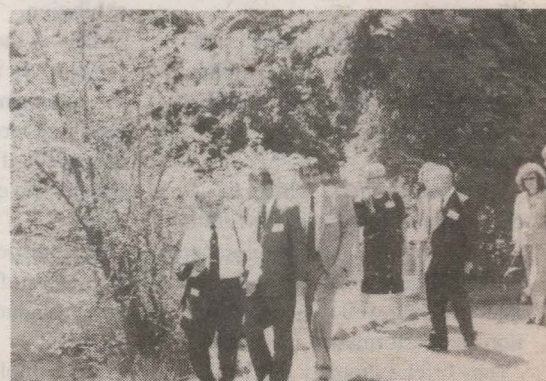
Day three, 9.22am: Mr Ogura holds his first Australian press conference at City Hall.



Day two, 11.57am: There's still time for Mr Ogura to laugh as he's shown around the Chisholm Institute of Technology.



Day two, 2.36pm: Caulfield Mayor, Cr David Bloom, escorts his Japanese host around the gardens of the historic Rippon Lea property.





Road deaths still state shame

Despite government efforts, Victoria's road toll remains at unacceptable levels.

LAST year's horrific road toll, including several multiple fatalities which sparked calls for tougher traffic laws and penalties, has led to an increased awareness of road safety.

But the increase in deaths in 1989 has led to further police calls for tolerance, obedience and courtesy on the roads, especially over summer.

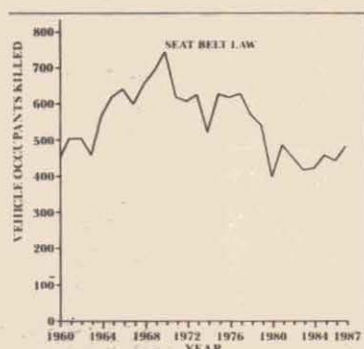
A number of initiatives have been introduced in the past 19 years to help reduce fatalities, but the carnage has continued unabated (albeit at lower levels).

The state government passed legislation requiring the compulsory wearing of seat belts in 1970, mainly in response to the horrific 1969 road toll of more than 1,000.

The introduction of the seat belt law had immediate benefits, signifying a drop in the death toll.

Random breath testing (introduced in July 1976), radar speed detection (September 1982), red light cameras (August 1983) and speed cameras (March 1986) have also helped cut the toll.

But police and government officials stress it is still up to the individual driver to remain respon-



● This graph illustrates the effect compulsory seat belt legislation has had on the road toll.

sible for their own actions... and ultimately the road toll itself.

Surprisingly, only 52 per cent of Victorian road deaths occur in Melbourne.

A study taken in 1987 showed 327 people were killed in accidents in the metropolitan area, while 299 drivers, passengers, riders and pedestrians died in rural areas (66 in rural towns and cities).

However, the comparatively high speed limits on highways which run largely through rural areas, accounts for much of that total.

In comparison, 69 per cent of injuries were recorded in Melbourne in 1986... a total of 11,598 compared to 5,105 in the remainder of Victoria.

And, according to government

statistics, human error was involved in 90 per cent of all accidents.

The other two factors governing the road toll, environment (the state of the roads, weather, etc) and state of the vehicle contributed to 35 and 10 per cent respectively of accidents.

But apart from both metropolitan and country-based drivers being killed in rural areas, who is most at risk?

Based on government statistics, motorcyclists are far more likely to be killed than any other category of road user.

Fifty-five motorcyclists are killed for each ten million kilometres travelled - cars, buses and trucks account for just over one third that figure.

Undoubtedly, the public is well aware of road deaths and the strain all accidents place on the public purse.

Extensive media coverage and community group pressures have ensured few Victorians can escape the reality of our state shame... the road toll.

The new 'bloody idiot' advertising campaign has also been a success.

But despite bi-partisan efforts to slow the rate of death on our roads, it still remains an issue which only our state's drivers can solve through positive action and a more tolerant attitude on the roads.

Dental therapists: health and education in one

A DENTAL therapist works in primary schools and dental clinics, giving free treatment and health education to primary school-aged children.

Therapists work for the health department and are tertiary trained specifically for the job.

Their work not only includes the regular dentistry skills, but also comprises teaching dental health on either a one-to-one basis or in the classroom.

Dental therapists can help change bad eating habits in children, encourage them to clean their teeth, and are usually available to discuss these problems with parents.

They usually work in caravans equipped with two surgeries, and are assisted by dental nurses.

A supervising dentist visits once a week to take care of the more complicated work, and speaks with parents about both existing and potential problems with children's teeth.

The dental van, or clinic, is a resource unit filled with books, films, slides, videos, models and teaching aids on dental health and nutrition.

Therapists often loan these materials to teachers for use in the classroom.

● For more information about local dental therapy services, contact Vasy Petros at the Caulfield School Dental Clinic on 528 5986.

Below: The right way to brush... dental therapists combine expertise with education.



Healthy back-to-school lunch ideas

STUDIES in the United States and Australia have confirmed a healthy lunch can increase productivity for the remainder of the working day.

But that doesn't mean school-aged children can't benefit from a hearty midday meal... in fact, it could be even more beneficial for youngsters than the older set.

Caulfield Council's family day care centre has developed the following lunch ideas for school students and pupils.

You can use these ideas as a handy reference to avoid repetition of meals (and thus boredom) as the youngsters plough their way through the 1990 school year.

Sandwich fillings for sliced loaf or pita bread:

Peanut butter with either chopped raisins, grated apple, sliced banana. **Cheese** with grated carrot, raisins, parsley, pineapple, tomato, chopped celery, cucumber, chopped capsicum.

Mashed hard-boiled egg with mashed sardines, shredded lettuce, crumbled crisp bacon, grated carrot, chopped capsicum, alfalfa.

Fish (drained canned tuna or salmon) with mayonnaise, chopped hard-boiled egg, lemon juice, grated carrot, parsley, mayonnaise, chopped celery, cucumber, lettuce alfalfa.

Meat (finely chopped cooked chicken, lamb or beef). Moisten with a little mayonnaise or milk or mix with chopped cooked corn, stewed unsweetened apple, sliced tomato, fruit chutney, grated carrot,



chopped celery.

Baked beans and avocado also make good sandwich fillings.

Cakes and biscuits also make a nutritional snack, including muesli, caraway, peanut, coconut, carrot and banana varieties.

Recipe: Fruity wholemeal rock cakes:

2 cups wholemeal self-raising flour

1 tsp mixed spice
125g butter
Half cup raw sugar
Half cup sultanas
Half cup chopped dates
2 tbsp mixed peel
Half cup milk
1 egg (lightly beaten)
2 tbsp raw sugar (optional)

Combine sifted flour and spice in a large bowl. Rub in butter, stir in sugar and fruit. Make well in centre, stir in combined milk and egg, mix until ingredients are just combined. Add heaped tablespoons of mixture onto lightly greased oven tray, sprinkle with extra sugar, bake in moderately hot oven for about 15 minutes or until browned. Loosen cakes and cool on tray. Makes 15.

Fresh fruit also makes a handy substitute for in-between meal snacks.

For more information, contact Bernadette Allan or Pam Arnott at the Caulfield Family Day Care Centre on 524 3251 or 524 3317.

Cycling nun tallies cash from great ride

CAULFIELD nun, Sister Joan Westblade, has raised about \$10,000 for the Little Company of Mary Hospital after completing the State Bank Great Victorian Bike Ride.

Sr Westblade, patient liaison officer at the Kooyong Rd hospital, took part in the 627 kilometre trek in December last year to raise money for the hospital's Multiple

Sclerosis and motor neurone disease units.

About 5,000 cyclists took part in the race, which stopped in Victorian towns including Rutherglen, Yackandandah, Myrtleford, Wangarratta, Shepparton, Seymour and Gisborne.

Although a final money-raising figure has not been reached, Sr Westblade described the race as

"most enjoyable."

"The towns along the way really turned out for us," Sr Westblade said.

"My only regret is that with 5,000 people descending on one town I had no hope of getting anywhere near the pub."

"There were times when a nice cool beer would have really hit the spot."

Diabetes 'Opp Shop' faces volunteer crisis

A GLENHUNTLY Road opportunity shop which raises money for the Caulfield Diabetes Institute is in danger of closing because of a critical shortage of volunteers.

The shop, which has donated \$160,000 to the Lions International Diabetes Institute in Kooyong Rd, has issued an urgent plea for workers to help solve the crisis.

The institute's projects officer, Ron Raab, described the situation as "becoming critical", and said the dedication of only a handful of workers had kept the opportunity shop open.

"The financial support given by the shop helps the institute undertake a number of practical research programs," Mr Raab said.

"The volunteers are very proud of the results they have achieved, and want to continue their activities."

Mr Raab said the \$160,000 the shop had raised since 1982 had financed pilot programs which later attracted funding from the health department.

Money raised has sparked research into techniques for the early measurement of diabetic nerve disease, as well as the purchase of computers used in interactive educational programs.

Potential volunteers should contact the shop on 528 5015.

Arthritis relief course

THE Chadstone Community Health Centre will hold a six week arthritis self-help course starting Wednesday, March 7.

The cost of the course is \$30, and will detail the use of medications, exercise programs, relaxation techniques, nutritional advice and medical care to help relieve the condition.

Sessions will be held from 11am to 1.30pm until April 11. For more information, contact 568 2599.

The next issue of Caulfield Contact will be printed on March 8. Articles must be submitted on or before February 17.



Hospital embarks on hospice care recruitment program

THE Little Company of Mary Hospital is recruiting new volunteers for its program to support patients faced with life threatening illnesses.

The Kooyong Rd hospital's Palliative Care Unit provides support and comfort for patients, most of whom are in the latter stages of

cancer.

Hospice volunteer co-ordinator, Sister Rosarii Butler, rejected claims that volunteers had "no gifts or talents" to offer gravely ill patients.

"Volunteers in the hospice unit are greatly appreciated by staff, residents, their families and friends," Sr

Butler said.

"There is a vast source of untapped talent in our community."

Volunteers often read to patients, play cards with them, give manicures and provide a listening ear for patients' problems.

Sr Butler also said volunteers are given training and on-going sup-

port, working within a "network environment."

"The time commitment depends upon the individual volunteer and what he or she can offer," Sr Butler said.

"Most hospice volunteers have been women, but this year we hope to have some men joining the pro-

gram.

"They can be a great source of companionship for the male residents."

Training for the next volunteer intake will start in mid-February. For more information, contact Sr Butler on 596 2853.

RECREATION & LEISURE



BOOK REVIEWS

Babe: The Life of Oliver Hardy (John McCate) - All his life Hardy despised being overweight, yet his comic identity relied on him being that way.

The Making of Andrei Sakharov (George Bailey) - On the evening of December 15, 1986, Mikhail Gorbachev rang Sakharov to tell him the government had decided to end his exile and pardon Elena Bonner so they could both return to Moscow. A readable yet scholarly account of one of the world's most famous scientists.

Bitter Fame: A Life of Sylvia Plath (Anne Stevenson) - The coolest, most intelligent and most well researched account of Sylvia Plath's life to date.

Face Value: The Kay Nesbit Story (Bill Birnbauer) - The remarkable account of Kay Nesbit, the woman who had her face and life shattered by one shotgun blast.

Great Ocean (Roger Hicks) - The authorised biography of the 14th Dalai Lama. It deals not only with the magical world of old Tibet, but the recent past in which the Chinese have tried to destroy Tibetan culture.

Robert Redford (Minty Clinch) - Clinch reveals the man behind the image as much more than a one-dimensional star.

Fitzroy: Melbourne's First Suburb - A beautifully illustrated history of a suburb full of character. The book will appeal not only to those who have lived and worked

there, but anyone interested in the changing face of urban life and architecture.

Nowhere Else in the World (Nicholas Brash) - A photographic essay of the landmarks and lifestyles of Australia.

Oldest Living Confederate Widow Tells All (Allan Gurganus) - The story of Lucy Marsden, the 99 year-old half-blind wife of Captain Marsden, a Confederate veteran. An unforgettable portrait of a woman whose life has been brushed by the wings of history.

Gardens in Bloom: Jocelyn Brown and Her Sydney Gardens of the 1930s and 40s (Helen Proudfoot) - The 1930s and 40s were the great decades of

flowergarden in Australia. Their formation was due in a large part to contemporary garden writers like Jocelyn Brown.

The Scented Garden: A Complete Guide to Fragrant Plants for the Australian and New Zealand Gardener (David Squire) - Details the wide range of scented plants and flowers available in the two countries.

On the River Styx (Peter Matthiessen) - The best short stories from the author of 'Snow Leopard'. Moral conflicts grow out of harsh landscapes.

When the Nightbird Cries (Lilli Palmer) - A sophisticated and witty psychological thriller by a distinguished actress, writer and painter.

Lions diabetes grant

THE Dandenong Lions Club has donated \$5,000 to the Lions International Diabetes Institute.

The institute, based in Kooyong Rd Caulfield, will put the donation towards a fund established for medical and research equipment.

Institute projects officer, Ron Raab, said donations from both Lions branches and the Victorian Lions Foundation over the past year had led to the purchase of a \$34,000 diabetes eye disease detection camera and a new training centre.

'Early bird' sessions

THE Chadstone Community Health Centre will hold two informal fitness sessions for couples who are planning to have a baby or already have one on the way.

The sessions, titled 'Early Birds', will be held on Wednesday February 14 and Thursday February 22 from 6.30pm at the centre, 568 Neerim Rd, Hughesdale.

For more information, contact the centre on 568 2599.

Heart/lung demos

THE Chadstone Community Health Centre has started regular heart/lung resuscitation demonstrations on the first Wednesday of each month at its office in Neerim Rd, Hughesdale.

The demonstrations, held between 2pm-4pm, use life-size models for practice in resuscitating injured, drowned or collapsed patients using cardio-pulmonary resuscitation.

ENROLMENTS

CAULFIELD SOUTH PRIMARY SCHOOL

Enrolments are being taken now for 1990.

Contact Bev Ennis to arrange an inspection of the school on 578 3718.

* An error was made in the City of Caulfield's 1990 Resource Guide. The guide excluded Caulfield South Primary School in the 'education' listing on page 36.

The editor apologises for the omission.

BOWLED OVER

THE Elsternwick District Bowling Club recently celebrated its 80th year of competition with a game of bowls and a dinner attended by officials from the Royal Victorian Bowls Association.

RVBA president Bob Poulton, joined association secretary Peter Wiltshire at the dinner, which was highlighted by a speech by club historian, Jim McLoghlin.

Mr McLoghlin detailed the history of the club from its beginning as a

croquet club in October 1911.

Harold Charlesworth was also presented with a super veteran badge in recognition of his long membership with the club at the dinner.

Winners of the preceeding anniversary game of bowls were D. Robinson (c), J. Newell, E. Horne and B. Snowball.

Below: RVBA president Bob Poulton (left) and secretary Peter Wiltshire at the dinner.



FORMER cricket partners Elwood Davey and Wally Shay fought out a tight finish to the Carnegie Bowls Club's club championship last month.

Davey won the event from Shay, who were partners in the Gardiner Methodist Club in the 1940s.

Meanwhile, the club will hold its popular 'barbecue and bowls' event every fourth Sunday of the month from noon.

Men's open triples are staged on every fourth Thursday from 12.30pm.

THE Glenhuntly Bowls Club has won its annual match against arch rivals Daylesford.

The local club's mixed fours team, including Bob Emmerson, Beryl Evans, Joan Hayat and captain Bert Hibbert, took out the event for Glenhuntly in a solid performance.

Harry Keogh, Berine Safkin and Ted Parrott won the Australian Pacific Tour's Super Veterans' Day for super veteran Elenor Reardon.

The club will hold its annual trivial pursuit night in the clubhouse on February 19 from 7.30pm.

Sprint second for Caulfield South pupil

CAULFIELD South Primary School student Marc Antoine has won a silver medal at the Victorian Primary Schools Track and Field championships.

Marc, 9, was second in the 100 metre sprint final, held at Olympic Park.

He won the right to represent Caulfield South after strong performances in the Southern District Zone Finals late last year.



● Marc Antoine

The Rocking Horse playgroup

THE Rocking Horse Playgroup, situated at Caulfield Primary School in Glenhuntly Rd South Caulfield, was set up at the end of Term Two last year and caters for children aged up to four.

About 24 children meet once a week for two hours for structured activities where one parent volunteers to coordinate and be team leader for the week.

The group has so far relied on donations from family and friends and fund-raising activities to buy play-ground equipment.

The playgroup started about three years ago, at the Maple Street Health Centre, as a new mothers group.

As numbers grew and the children got older, the group moved from the health centre to various Caulfield Parks and also into each other's homes.

The playgroup meets each Monday from 10am to 12 noon, and children undertake the following activities:

10-10.30am - Free play.
10.30-11am - Structured activity.

11-11.30am - Fruit and drinks.
11.30am-12 noon - Song and dance.

Fees are \$10 per term, plus an annual insurance fee of \$5.50. The first visit is free.

For more information, contact Sue Norris on 523 6649.

New baby?

Ante-natal classes and home visiting support service for new parents.
Birth, Baby & Bedlam.

Ph: 587 1045

Arts complex bookings
524 3287

Advertising queries: 524 3259.



Victorian farmland under 'white death' seige

A PLAGUE known as 'white death' is slowly destroying some of Victoria's most productive soil.

The vast majority of Australians come into contact with 'white death' - or salt - every day of their lives.

But for farmers in some of our most productive food growing areas - including the Mallee and Wimmera regions - salt is far from a palatable substance.

Salinity is destroying thousands of hectares of prime fruit-growing land each year, and costing Victorians an estimated \$55 million in lost produce.

It has been described as the single greatest threat facing Victoria's environment, yet few people even know of its existence.

Salinity is caused by the clearing of native trees and scrub and unwise farming practices which were used when Victoria was first settled.

As a result of these massive

clearing projects, too much water has entered the groundwater. When the groundwater rises, it brings salt which has laid untouched beneath the earth for millions of years.

When the water table rises to within two metres of the surface, water is lost through evaporation and is replaced by more salt-riddled liquid... a revolving door of destruction.

The topsoil is gradually reduced to a fraction of its food growing potential, leaving the area too salty for all but the hardiest of plants to survive.

The state government has pledged \$100 million over the next three years to help reduce this massive threat to the north Victorian landscape.

The plan, 'Salt Action: Joint Action', aims to lower the water table and recognise early signs of salinity in new areas.

A high-tech electro-magnetic radiation method is also being used by the Department of Conservation, Forests and Lands to identify recharge areas (usually hilltops which discharge rainwater on flat plateaus below).

Farmers are also joining the battle, and are being encouraged to plant more trees, the most effective and efficient pumps of underground water, in an effort to save their land.

In the meantime, a swelling of public awareness about the salinity problem will also go a long way towards overcoming this potentially disastrous environmental hazard.

A recent survey found only half of Victoria's 4 million-plus population knew of the salinity problem.

However, community education programs, such as 'Saltwatch', are helping educate the masses and will play a vital role in the fight against salinity.



The harsh reality... trees are the first victims of salinity, as this picture illustrates.

Forests foremost in logging plan

LAST month's heated clashes between timber contractors and anti-logging protesters in East Gippsland have further split Victorians into two distinct camps.

The first has called for a total ban on logging, while the many others would rather the activity be controlled so it does not become an environmental threat.

The government, placed precariously between the two groups, must balance the wishes of the strong anti-logging lobby against the loss of untold thousands of jobs - the result of a total logging ban.

The Victorian economy may also be placed under threat if a logging ban were introduced, with timber imports certain to increase.

Already the government has commenced studies of threatened flora and fauna, and other measures will soon be in place to protect Victorian forests.

It has also restricted logging to just over one quarter of Victoria's 4.6 million hectares of forest, or six per cent of Victoria's total land area.

RATE ENQUIRIES?
PHONE 524 3215

Council action key to safe backyard burning

SINCE 1969, most Melbourne councils have introduced by-laws which help control the burning of waste in residential areas.

Councils have been granted power under the Local Government Act to control backyard burning. Contrary to popular belief, the Environment Protection Authority can only appeal to the community not to burn on forecasted smog days.

For this reason, councils are the most effective means of policing the use of incinerators.

Both council and EPA powers were developed to prevent burning off causing problems for neighbors, and to reduce the possible health effects of smoke and odor.

The EPA has concentrated its efforts into controlling the level of fine particles which are released into the air as a result of burning.

Apart from having a harmful effect on the ozone layer, these particles also reduce visibility and contribute to the increase of photochemical smog.

To help in this respect, the EPA predicts smog alert days based on pollutant data and information from the weather bureau.

Typically dangerous times for a build-up of smog include light

Smog alert action list

THE media is notified at 4pm the day before a smog alert day, and publicised widely in both the print and electronic media.

The following is a list of measures you can take to help keep Melbourne's air cleaner during these periods:

- Don't burn any rubbish in either domestic incinerators or outside fires.
- Don't use motor vehicles unnecessarily (consider a car pool

with work mates).

- Ensure your vehicle is well maintained to reduce harmful emissions.
- Don't use solid fuel heaters (if at all avoidable). If there is no choice, only burn seasoned hardwood that has been cut, split, stacked and dried for at least a year.
- Advise your neighbors of the smog alert, especially if they light an open fire or incinerator.

winds, low cloud cover and a temperature imbalance between the upper and lower levels of air.

These types of conditions usually

arise in winter, and lead to the accumulation of harmful airborne particles in the lower atmosphere.

In summer, high ozone level

forecasts usually spark warnings from the EPA. In these cases, hydrocarbons and nitrogen oxide from burning waste contribute to the formation of ozone.

On these days, the EPA issues a plea for residents not to light incinerators or burn in the open.

Car use should also be cut to a minimum, while the use of solid fuel heaters must be avoided. The EPA has already begun its push for a permit system to control open burning.

● Caulfield Council allows burning off only between Tuesday and Thursday (10am-3pm). No burning off is allowed on smog alert days, public holidays or during fire bans.

Conservation guide

THE Ministry for Planning and Environment has released an everyday guide to help Victorians conserve our precious planet.

'101 Ways to Protect the Environment' details simple methods people can use every day to secure a better future for their children.

Copies of the guide are available by writing to The State Conservation Strategy, PO Box 2240T, Melbourne, 3001.

New recycling system for Caulfield users

CAULFIELD residents will be able to take advantage of a new weekly recycling collection using durable recycling bags.

Oakleigh Recyclers will begin the collection in Caulfield from March 1.

The re-usable recycling bags will provide local residents with a simple but effective way to help protect the environment and precious resources.

Part of a new program launched by Caulfield Council and the Victorian government's Recycling and Anti-Litter Program, the bags can store glass bottles, jars, aluminium cans and plastic PET bottles for recycling.

Council has introduced the bags to reduce household waste, litter and pollution, to conserve resources.

The new system means any potentially recyclable waste placed in regular bins will be discarded, while products placed in bags will be recycled.

All glass, jars, aluminium cans and plastic bottles must be placed in the bag beside rubbish bins on garbage day before 6am, and will be collected separately from normal rubbish during the day.

Newspapers must not be placed in the bag, although enquiries about recycling paper should be directed to Australian Paper Manufacturers collection contractor on 791 1627.

CAULFIELD LIBRARY SERVICE HOURS

Service	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
CAULFIELD	CLOSED	10-9	10-6	1-9	10-6	9-12	2-5
ELSTERNWICK	CLOSED	10-6	1-9	10-6	10-6	9-12	CLOSED
CARNEGIE	CLOSED	10-6	10-6	10-6	10-9	9-12	CLOSED

WANTED URGENTLY

**VOLUNTEER
DRIVERS**



THE CAULFIELD CITIZENS' ADVICE BUREAU URGENTLY NEEDS VOLUNTEER DRIVERS FOR ITS EXTENSIVE WORK WITHIN THE LOCAL COMMUNITY. HELP CAULFIELD MAINTAIN THIS VITAL COMMUNITY RESOURCE BY CONTACTING YVONNE KAY ON 524 3314 OR JEAN BANNISTER ON 524 3250.

BRICKLAYING

BRICKLAYING. Fences, BBQ's, paving. Ring the small job specialist - Bob Thompson on 523 5188.

CARPENTER

HONEST and reliable, experienced and qualified. Renovations, carports, pergolas, verandahs, floors, walls, doors and locks. Telephone Russell 523 9016

CARPET CLEANING

CARPET CLEANING PRICE SPECIAL - LOUNGE, HALL & DINING

\$25
(Maximum area 250 square feet)
NATIONAIR 698 7405

CLEANING

Domestic & Commercial Cleaning Services.

Own equipment used. Serving schools, hospital, offices, etc.

Contact Lukas on 523 9614 (AH).

NOLI CLEANING SERVICES
Industrial & Commercial

includes
Shampoo Carpet,
Steam Clean,
Floor Wash and Polishing.
Phone: 883 0081

ELECTRICAL



R.E.C. 8450
Member E.C.F.

STEPHEN CARR

**ELECTRICAL INSTALLATIONS
AND MAINTENANCE
ELECTRICAL CONTRACTORS**
DOMESTIC * COMMERCIAL * INDUSTRIAL

TELEPHONE: 568 1403

FENCING

FENCING

All types of timber paling fences erected

PHONE: 211 0478

FIREWOOD

WHOLE paling fences, suitable for firewood. Free including delivery. Ph. 527 9241. Supply and erect paling fences and gates. Also repairs. Ph 527 9241.

GARDENING

GARDENING. Elsternwick tree and rubbish removal. 10 years experience working for Council Parks and Gardens, fully qualified. Phone 555 0675.

GEORGE'S garden service. Lawns mown, edges trimmed, general garden maintenance. Phone 569 0881.

LAWNMOWING

**LAZY LAWNS
MOWING SERVICE**

Most lawns \$14
Rubbish Removed

Corporate body contracts & Flat maintenance available

Edges included

Ph. Bob: 568 7154

MANICURIST

WORKS at professional salon in South Caulfield area. Manicure nail art, acrylic nails, pedicure and brow tinting. Ph: 523 7435.

MOWING

MOWING

Also gardening and rubbish
No payment until satisfied

Ph. 592 2533

PAINTERS

**PAINTER/
DECORATOR**

Interior and exterior painting and wallpapering. Also small general repairs. Member M.P.A
Free Quotes

Please ring
528 2805

PLUMBING

PLUMBRITE

ph. Mark 569 9199
Sewer cleaning machine. Gas installation and service. All general plumbing.
PROMPT SERVICE
emergencies: 614 4600
pager 4353

HANDYMAN

HANDYMAN

S. L. HANDYMAN SERVICES

■ All domestic and Commercial Work
■ 24 hours, 7 days service.

648 0434

(24 hour pager service)

Sam Lifshitz, 43 Caroline St, South Yarra
Tel: (03) 267 4474.



HANDYMAN

TAPS fixed, odd carpentry jobs, etc. No job too small. Ph: Andrew on 569 6344.

HOBBIES

CHINA painting classes. Day or evening. Small friendly groups. Beginners welcome. 571 9204 aft 4pm

LAWNMOWING

A BETTER lawnmowing service. Good, reliable and prompt. Phone Paul Kenny on 592 0050 after 4pm.

LOST

ONE year old white, female Maltese Terrier, recently clipped. Lost in South Caulfield area mid-January 1990. Reward offered. Please contact despaired owners on 523 8991 or 524 3258.

MAINTENANCE

Quick Fix Home Maintenance. All domestic repairs, interior & exterior. For a free quote & fast service call now on 018 346 530 or 523 6483 AH.

RUBBISH REMOVAL

**GEORGES RUBBISH
REMOVAL & TREE
LOPPING**

Tree lopping, Tree stumping, Truck hire, Demolition, Free quotes

Personalised service
TEL: 211 5211

THANKS

I WISH to express my thanks to the medical and nursing staff of the third floor Southern Memorial Hospital for their kindness to my wife Chaya Gomplewicz during her illness: Mr Gomplewicz.

TREE REMOVAL

TREES removed - trees lopped rubbish removed. 10 years experience working for Council Parks and Gardens. Fully qualified. Ph: 555 0675

TYPING

FOR fast, accurate typing and word processing services, ring 578 5077 after 7pm weeknights.

T.V. REPAIRS

T.V. SERVICE

Quick service and repair
* Colour T.V.
* Stereo
* Cassette
* Radio Tele-
phone 527 2136
ALL HOURS

WANTED

BOARD in Elsternwick area with friendly family for Tasmanian girl attending photo. school from Mar. till Dec. '90. Ph. 598 3707 or (003) 561350 (Tas.)

WANTED to buy - fridges, color TVs, videos. Phone: 569 8820.

WINDOW CLEANING

ABA Window Cleaning. Home, flat, office, builders. Fully equipped to handle 1, 2, or 3 storeys. Free quote, free demo. Brilliant results. Phone 016-373 011 (local call fee to mobile).

WROUGHT IRON

**WROUGHT IRON
BALASTRADES,
GATES, WELDING
REPAIRS, etc**



**First Class Work
Measured and quoted
without obligation.**
EST. 20 YEARS
P. & K. HUNT
Factory 546 2392
AH. 560 3119 or 570 5322
Repairs done to wrought iron doors & enclosures.

**COMMUNITY
NEWS**



New faces 'vital' for education group

THE Caulfield Community Education Group is a group of interested citizens from all areas of the community who meet regularly to enhance community education projects in Caulfield.

The group receives an annual grant from Caulfield Council, and with this money helps fund community-inspired projects which will increase understanding between schools, social development centres and the community.

Last year the group supported major projects from Murrumbidgee Primary School, University of the Third Age, Holy Cross Primary School and the Caulfield Parent Education Committee.

In addition, the group presented

Protective behavior

THE Protective Behaviors Program for children can also be useful for adults.

The program is based on the philosophy that everyone has the right to feel safe all the time, and nothing is so awful that you can't talk about it.

For those interested in taking part in the Protective Behaviors Program, to be held in the first half of 1990, contact Bronti Merrett on 524 3311.

two seminars on 'how to run a business meeting' and VCE 'Australian Studies and Business Community.'

New faces and interests are vital to this group if it is to reach as many corners of the community as possible.

The current year has been pronounced as International Literacy Year, and this is one of the themes which will be pursued in Caulfield this year.

All ideas and sections of the community are welcome to contribute to a meeting on Monday, February 26 from 7.30pm to the Balcony Room at the Caulfield Arts Complex at the corner of Hawthorn and Glen Eira roads Caulfield.

For more information, contact Liz Jesty on 524 3264.

**Caulfield Contact
reaches more than
70,000 readers each
month.**

**Contact 524 3259 for
more details on how
to better use your
advertising dollar.**

Caulfield Contact Publication Dates 1990

CAULFIELD Contact will be published 11 times in 1990 (one more than this year), with no combined issue for July/August.

However, the August issue will be distributed in late July because of the local Council elections.

The following is a list of publication dates, along with contributed article deadlines, for this year.

Articles submitted before the listed date have the best chance of being included in each edition, although no responsibility will be taken for the exclusion of articles due to space restrictions.

Issue

March
April
May
June
July
Aug.
Sept.
Oct.
Nov.
Dec.

Pub. date

March 8
April 9
May 9
June 8
July 2
July 23
Sept. 10
Oct. 10
Nov. 8
Dec. 11

Article deadline

Feb. 17
March 19
April 20
May 18
June 20
July 18
Aug. 20
Sept. 21
Oct. 19
Dec. 23

● Display advertisements must be submitted three weeks before publication date for each issue, while classifieds must be submitted a fortnight before. For more advertising information, contact Nick Coe on 524 3259.

**The CAB
needs YOU!**

The Caulfield Citizens' Advice Bureau urgently needs committed, level-headed and life-skilled people to donate a few hours a week as volunteers.

What does a volunteer do?

They service the community of Caulfield with information, referrals, practical assistance, material aid and, sometimes, just a listening ear.

Simply ring or visit the Caulfield Citizens' Advice Bureau at 256

Hawthorn Rd (near City Hall), or contact 524 3200 or 524 3272.

CONTACT DIARY

Do you have an event coming up that you would like publicised? Well this is the place to put it!

Contact diary is compiled monthly and if you want to let the community know about any club or social event, we'll be happy to include it on this page.

Let us know about your activities.



Post your notice to:
Contact diary
P.O. Box 42, South Caulfield, 3162.

THE Caulfield GROW group holds two hour meetings each Thursday from 8pm at 259 Kooyong Rd. The meetings are designed to help lonely, frustrated members of the community, and those who are simply finding life hard to cope with. For more information, contact John on 523 7725 or Paul on 578 6972 AH.

VICTORIA Maccabi, representing Jewish sports club state-wide, holds an over 40s table tennis competition at the Community Centre at 97 Alma Rd each Monday and Thursday. The Monday sessions last from 1-3pm, while Thursday's competition runs from 10am-12 noon. Bats and balls are provided and tea and coffee are available. Cost \$2 per session, and for more information, contact Alex Joy on 509 7132.

THE Caulfield Library Service will hold a book sale clearance of both withdrawn and donated stock on Monday, February 12, from 10-2pm. The sale will be held at the Elsternwick branch at 4 Staniland Gve, although the library will not be open for borrowing.

THE Caulfield/Carnegie Revival (Christian) Group meets each Wednesday in the local area. The group also meets each Sunday at the Forum Theatre at 154 Flinders St from 2.30pm and 6pm. For more information contact Mark Hollins on 792 5618 or write to Freepost 58, 'Revival', Box 1152, Dandenong, 3175 (no stamp required).

THE Caulfield Citizen's Advice Bureau will hold a coffee afternoon at its headquarters from 2-3pm on Tuesday, February 13. The function will be held for new and prospective volunteers for the bureau. For more information, contact Laurel, Yvonne or Jean on 524 3314 or 524 3250.

THE Malvern Artists' Society will hold a Moomba exhibition and sale of paintings from Friday, March 2 to Monday, March 12, from 11am-4pm (weekdays) and 11am-5pm (weekends). The society will also hold evening painting classes from Friday, February 9, between 7.30pm and 10pm. Bookings are essential on 822 7813.

THE Caulfield branch of the Victorian Gas Association will hold its next monthly meeting from 1.30pm in the Caulfield City Hall's auxiliary room. Annual subscriptions are \$1, and for more information, contact Mrs Murdoch on 557 2254.

THE Country Womens' Association's Murrumbena branch will hold its first meeting for the new year on Tuesday, February 13 in St Gile's Uniting Church Hall in Murrumbena Rd from 1pm. The meeting will take the form of a social day.

THE Alfred Hospital's new Ormond auxiliary will hold its first meeting for the year on Monday, February 26 from 10.30am at the Uniting Church Hall at the corner of North and Booran roads Ormond. Regular meetings are held on the fourth Monday each month, and all money raised will be used to purchase medical equipment for the hospital.

THE Murrumbena House Occasional Care Group will hold a coffee morning on Tuesday, February 13 from 10am at the rear of 105 Murrumbena Rd, Murrumbena. The meeting will be held to gauge numbers for the 1990 school year.

THE Hughesdale Art Group will hold its first meeting of the year on Wednesday, February 14 from 8pm in the community centre at the corner of Poath and Kangaroo roads Hughesdale. Wildlife artist Paul Margocsy will demonstrate his techniques at the meeting. Cost is \$1, and for more information, contact 568 7123 or 885 6407.

THE Caulfield Combined Pensioners' Association's next monthly meeting will be held on Tuesday, February 20 at Caulfield City Hall from 1.30pm. Afternoon tea available. For more information, contact 528 4459 or 527 8172.

THE Caulfield Historical Society will hold its first meeting for the year on Wednesday, February 21 from 8pm at City Hall. Visitors welcome.

THE Caulfield Baby Health Centre's ladies' committee will hold its 17th annual meeting in the Mayoress' reception rooms at City Hall on Monday, February 26, from 2pm. Guest speaker will be Ruth Webber, educator in applied social science, student guidance and welfare. For more information, contact Norma Polglase on 524 3224 BH or Jean Patience on 528 6616 AH.

THE Elsternwick branch of the Caulfield Library Service will hold a book clearance sale on Monday, February 12 from 10am to 2pm at 4 Staniland Grove. Prices

will range from 20 cents to \$1, and proceeds will be used to buy new books for the library.

THE Chadstone Community Health Centre will hold a four week quit smoking course in February on Monday and Wednesday nights between 8-9.30pm. Cost is \$60, and for more information, contact 568 2599.

THE Piano Player's Group will hold a musical meeting at the corner of Flinders and Degrafs streets in the city on March 10. For more information, contact Andrew on 571 1541.

A TALK entitled 'Parenting Adolescents' will be given on Thursday March 1 by Barbara Barber, a mother of four children and senior counsellor with a neighboring welfare agency specialising in adolescent/parent counselling. The talk will start at 7.45pm at the Youth Resource Centre in Maple St Caulfield (upstairs at the Recreation Centre). For more information, contact Leanne Kemp on 524 3345.

THE Murrumbena Baptist Church will hold a centenary men's breakfast with guest speaker Paul Homer on Saturday March 17 from 7.45am. For more information, contact 568 4239 or 568 5353.

A FREE early pregnancy information night will be staged in February by the Childbirth and Parenting Association for those already pregnant or thinking about having a baby. Discussion will include the well-being of the mother, father and child, birth option, exercises and foetal development. For more information, contact 570 5519.

RED Cross Calling Appeal Day will be held next month, and any potential volunteers should contact Mrs A. Campbell on 568 0275 or Mr I. MacGowan on 240 9934.

THE Adult Christian Single Group will hold a 'singles' happening' at Swan Hill from March 9-12 (Labor Day weekend). Activities will include a seminar, spit roast, worship and dances. Cost \$50 plus accommodation, etc., and for more information contact the Church of Christ's department of mission, education and development on 662 2377.

THE Caulfield 'Whole In One' singles group will hold an Australian Trivial Pursuit night in the Fellowship Room at the Church of Christ, 40 Toolambool Rd Caulfield on February 12 from 7.30pm. The group will also hold a progressive dinner on Saturday, February 24. The first course will be held at 28 Blackwood St at 7pm, and for more information contact Norma on 568 7228 or Maree on 232 8254.

An old time new vogue dance will be held on the first Saturday of each month at 29 Burke Rd East Malvern from 8pm-12 midnight. Tuition is available between 7-8.45pm. **THE Descantors acting group**

needs a voluntary singer to perform four parts. Some experience would be advantageous, but the desire to be of service to others is a must. The group meets each Thursday night and arranges concerts for local hospitals and nursing homes, and for more information, contact Ros Watson on 528 6668 or Jan Reddie on 885 7650.

THE Caulfield Amateur Photographic Society will hold interest groups, meetings and competitions this year, along with a photographic course starting in April. For more information, contact 211 3969 or 266 2838.

THE Country Women's Association's Brighton branch will hold a craft leaders' school incorporating a group craft work shop from February 20-22. The branch will also stage a conference at the Uniting Church Hall in North Clayton from 10.15am on February 26, and for more information, contact Mrs Joan Goss on 592 9912.

THE Caulfield Library Service will hold pre-school storytime at the Elsternwick and Caulfield central branches twice weekly. Storytimes will be held at the Maple St (Caulfield) branch each Wednesday from 11am, and at Elsternwick each Friday from 10.30am. The Carnegie Resource Centre will also hold story times from 10.30am on Wednesdays. Special bedtime story times will be held next month from 7pm.

THE Chadstone Community Health Centre will hold 'early bird' pregnancy classes for both women and their partners on Wednesday, February 14 and Thursday, February 22 from 6.30-8.30pm. Birth options, nutrition and exercise techniques will be discussed, and for more information and bookings, contact 568 2599.

THE Caulfield branch of the University of the Third Age will start its 1990 courses from February 14, including:

Mondays: Healthy Living (1-3pm from March 19 for ten weeks) - building three, Royal Southern Memorial Hospital, Kooyong Rd. Search for the Roots of Prejudice/Migration (10am-12noon, February 19 for four-six weeks) - St Mark's Anglican Church Hall, 721 Hawthorn Rd.

Tuesdays: World of Handicrafts (10am-12noon, February 20) - St Mark's Anglican Church. Drama and entertainment (1.30-3.30pm, February 20) - St Mark's Anglican Church. Music appreciation (1.30-3.30pm, fortnightly from February 20) - St Mark's Anglican Church. Social history (1.30-3.30pm, fortnightly from February 27) - St Mark's Anglican Church. Australian history (10am-12noon, fortnightly from February 20) - Recreation Hall, Caulfield Hospital, Kooyong Rd.

Wednesdays: French for beginners (1.30-3.30pm, March 7) - Murrumbena House portable, 105 Murrumbena Rd. Public speaking (1.30-3.30pm, February 14) - St Mark's Anglican Church. Sociology (10am-12noon) - Building three, Royal Southern Memorial Hospital.

Thursdays: Human behaviour (10am-12noon, February 15) - Curraweena Hall, Curraweena Rd. Sketching (1.30-3.30pm, February 15) - Curraweena Hall. Art in Berlin (2-4pm, from June 7) - Combined group with Monash University, 228 Domain Rd, South Yarra.

For more information, contact Mrs Wenzel Oxenbould on 568 5095.

CHINESE cooking expert, Florence Yeoh, will demonstrate cooking techniques at the Caulfield library in Maple St on February 14 from 7pm.

Recreation
50
For Older Adults

Tuesday, February 13:

Social Swimming Group

Venue: Harold Holt Memorial Swimming Pool, cnr. High & Edgar Sts Malvern.

Classes: 2.30pm Tuesdays.

Cost: 90 cents.

Wednesday, February 14:

Gentle Exercise to Music

Venue: St Peter's Church Hall, 317 Neerim Rd Murrumbena.
Classes: Beginners from 10.30am, advanced from 11.30am every Wednesday.

Cost: \$1.50.

Leader: Cheryl Kennedy.

An early morning walking group will also be formed soon. For more information about any of the activities listed above, contact Pamela McKimm on 524 3367, or write to:

Residential Care Activities Officer
PO Box 42
South Caulfield 3162