

CONTACT



M O N T H L Y

Volume 16 No 5 June 1990



Spyker withdraws station project

The sudden withdrawal of the state government's proposed redevelopment of Elsternwick Railway Station is a measure to buy time and assess the three development options more carefully, taking every opportunity for community input.

TRANSPORT Minister, Peter Spyker, said projects such as the redevelopment of Elsternwick Station provided "improved station amenities and security for commuters but it was important that the scale of these developments and what they contain be acceptable to the community."

The plan to redevelop Elsternwick Station, was initiated by the state government last year, as one of five areas considered by the Public Transport Corporation for

specific development proposals. (Continued on page 2.)

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Caulfield Arts Complex to "don" Done

Above: Well known Australian artist Ken Done will be exhibiting his art, for the very first time, in Melbourne. What's even more exciting, is that the exhibition will be held at our very own Caulfield Arts Complex. The exhibition will run from June 19 through to July 15, 1990. Turn to our 'Arts Focus' page (p.7) for more details of this 'never before seen' in Melbourne exhibition.

WANTED TO BUY

PRIVATE COLLECTOR WISHES TO PURCHASE FOR HISTORICAL RESEARCH
EARLY AUSTRALIAN MEDALLIONS
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Barrister and Solicitor

THE NEW BEGINNING
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MANE EVENT

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 Ph. 528 3903 or 528 3879

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PH: 523 0233

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TALBOT DIAMOND

LEADERS IN LOCAL REAL ESTATE

Cnr Kooyong and Glenhuntly Roads, Caulfield.

'A proud association with
 Caulfield for over 25 years.'

WANTED: Art deco style home in Caulfield or surrounding areas. Purchaser will renovate. Please ring residential sale director Mark Kausman on 523 9111 or 523 7344 AH.



EDITORIAL

Spyker withdraws station project

(Continued from page 1)

WELCOME to our June issue of *Caulfield Contact*. It's hard to believe that we're already half way through 1990. So far, it's been an eventful year for Caulfield.

In our June issue we explore a number of interesting issues and bring you all the regular feature sections.

It's all happening in the art scene, especially with the upcoming Ken Done exhibition at the Caulfield Arts Complex ... a first for Caulfield, and a first for Melbourne (page 7).

In our 'Healthwise' section we feature a crippling disease which affects a large proportion of people in our society. Read about it on page 9.

Much has been said about our environment and just as much advice has been given on how to keep it healthy. In this issue we feature one particular lady's efforts to educate people in the community on just how environmental awareness and individual effort can help achieve this goal (page 8).

Walking seems to be all the sporting trend at the moment, and Caulfield's Recreation Centre have accommodated what's 'in' by introducing a regular walking class. Find out how to join on page 10.

I would like to remind those interested in submitting articles for the next issue (July) that article deadline date is June 20. I ask that all contributions be on time and legible (preferably typed) so that errors are avoided.

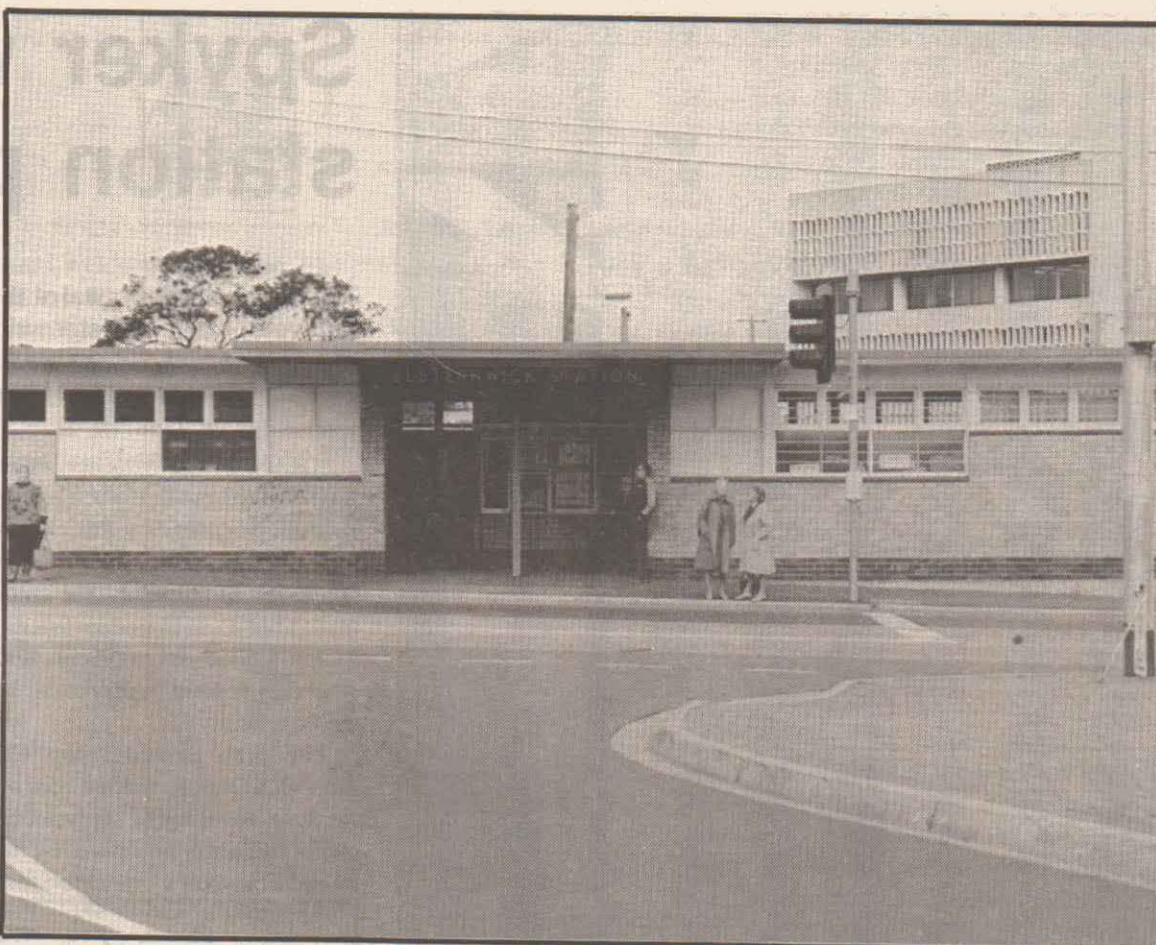
For details on how to submit articles for *Caulfield Contact*, please see page 12.

I hope you enjoy this issue of *Caulfield Contact*.

EDITOR

**REMEMBER
ARTICLE
DEADLINE FOR
JULY ISSUE IS
JUNE 20.**

CITY HALL CONTACTS	
Arts complex.....	524 3287
Rates.....	524 3215
Human Services.....	524 3228
Traffic & By-Laws...	524 3216
Engineering.....	524 3238/40
Town Planning.....	524 3374
Traffic Engineering.	524 3324
Building.....	524 3201



Above: The existing Elsternwick Station.

The Commercial Developments Program compliments the aims and objectives of the government's strategy for public transport as identified in their comments that: "Stations will be integrated into the local community. Shops and other facilities like automatic banking, newsagencies, dry cleaning and 24 hour convenience stores will be encouraged for the benefit of travellers. Entertainment facilities, professional suites and offices, medical and welfare services will also be encouraged. Increased usage of stations provides for safety and security of travellers and other users of station facilities."

The move to revamp the station was not unanimously welcomed. Many objectors, mainly retailers in the immediate area, believed that the development would be a threat to already dwindling business.

The Elsternwick Shopping district has been suffering for several years now from the competition of other nearby centres such as Chadstone and Malvern Central.

The position held by Council on the proposal is clear; Caulfield Mayor, Cr David Bloom said "the Council holds paramount the wel-



Above: Attendants at the first public meeting held at City Hall.

fare of the Elsternwick Shopping Centre and the residential amenity of the surrounding area."

Council's involvement in the project, since its inception, has been mainly through the secondment by the MET of professional staff in the earlier investigative phases being:

- Sandringham Line Demonstration Project;
- Development of the Brief;
- Project Control Group and;
- Evaluation Manual on traffic and urban design.

The belief by some in the community, that the project was kept a secret, is unfounded, in fact, as early as 1988, the government presented to the public for comment, the Wilson Sayer Core Pty Ltd report on the Sandringham Line Demonstration Project. The report identified in some detail the potential for major commercial redevelopment of the Elsternwick Station.

Commenting on the Minister's decision to withdraw the project, Mayor Bloom said, "The Council accepts the decision the Minister has made. We, the Council, have at all times been willing to aid and participate in the public processes of the project."

Recently moved to Caulfield?
If so, contact Caulfield City Hall for a free copy of our New Residents' Kit (including the 1990 Caulfield Resource Guide). Copies are available by writing to: Caulfield Council Community Liaison Department, PO Box 42, South Caulfield, 3162, or contact 524 3333.

MEETING DATES
POLICY & ENVIRONMENT COMMITTEE
JUNE 12
FULL COUNCIL
JUNE 19
EXECUTIVE SERVICES COMMITTEE
JULY 3



Award for multiple residential development

CAULFIELD Council is calling for nominations for its inaugural "Outstanding Multiple Residential Development of the Year Award" to be announced in February 1991.

The award has been established to encourage innovative, site-sensitive building design while maintaining high standards of amenity, privacy and landscaping.

The award recognises the improving quality of multiple residential developments, including dual occupancies, in Caulfield and will highlight the best examples of this.

Any multiple residential development in the City of Caulfield completed in 1990 is eligible to be nominated for the award.

The judging panel, comprising the Mayor and two Councillors and representatives from the Housing Industry Association, Department of Planning and Urban Growth and the Royal Australian Institute of Architects will consider all nominations on the basis of the quality of the design, building finishes and



Above: an example of a multiple residential development in Caulfield

landscaping. The contribution of the development to the overall streetscape will also be considered.

Cr Brian Rudzki supports the award and firmly believes that this type of recognition will provide the incentive for developers to create and design buildings that consider, above all, the aesthetics of the area.

"Innovation and fresh ideas are encouraged by this Council", Cr Rudzki said. "New housing styles which blend into the streetscape and compliment their surroundings is important when looking at multiple residential developments."

A photographic exhibition of multiple residential developments in Caulfield is currently on display at the Planning Department in Caulfield City Hall.

Nomination forms are available from the Planning Department and all branches of the Caulfield Library. Entries close December 31, 1990.

For further details, contact Sherry Hopkins, Strategic Planner, on 524 3337.

Visit from international policy makers

A FACT - finding group of Japanese policy planners visited Caulfield recently to learn more about municipal management and policy making in our country.

The ten Japanese visitors, all members of the Association of Regional Development Policy Planners, encountered a hectic but interesting schedule during their quick stay in Caulfield.

The Association was first formed in 1970 as a voluntary body by people who had interest and concern in city management in western nations; most of the members

being city councillors from various cities in Japan.

The visit began with a warm welcome by Caulfield Mayor, Cr David Bloom and a small presentation. A brief talk was given by Councillors Rudzki and Martens on 'Council and its Committees' and the 'Role of a Councillor'.

These were followed by several other talks on areas of interest such as organisation structure, financial management and housing and planning by Council's senior executive staff.

It was then onto a quick tour of

the Arts Complex, a bus tour of Caulfield's more prominent sites and finally, a well-deserved lunch

Cr Veronika Martens will visit Ogaki, Japan, during a private overseas trip this month. She will travel with Margaret Boyce of Chisholm Institute. They will both be received by the Mayor of Ogaki and shown around Caulfield's "Friendly City".

Included in the visit will be a close look at areas such as the Arts, Culture and Education.

Footpath clutter: it's time to clean-up!

FOR people in wheelchairs, using walking frames, or with tunnel vision, frail elderly or young mothers with toddlers, just walking on the footpath in a typical busy suburban shopping centre, can be a nightmare.

Loreen Chivell, from Caulfield's Advisory Committee for People with Disabilities and herself the user of a battery car, explains that the current trend to display merchandise outside, put out tables and chairs for customers, or advertise using sandwich boards, means that the space available for pedestrians is often less than four feet.

"The problem is made worse when the pedestrian space is further constricted by building works, carelessly placed bicycles and planter tubs" Loreen claims.

"The Advisory Committee does not want to see the outside merchandising to go - the aim is to get

a clear footpath and a fair go for all pedestrians, including disabled users."

Elsternwick's Coles Fossey store is one business that believes in a fair go for pedestrians and has done something about it.

In order to create an orderly display of plants outside its premises and add to the color and ambience of the shopping centre, Coles Fossey redesigned its display units so that they would only take up two feet of space instead of the much larger space pallets occupied when they started putting up an outside display.

Coles Fossey National Manager for Development, Mr Siemensma, said the new units would allow for eight feet of footpath space, even when people are selecting plants from the display.

Loreen applauded Coles Fossey's work in helping make shopping enjoyable for all people.

THERE ARE ADULTS WHO CAN'T READ THIS MESSAGE. WE CAN HELP

RING CHRIS OR TRICIA ON
563 1554

FOR INFORMATION TO RESERVE A PLACE IN THE LITERACY COURSE. ALL AGE GROUPS FROM SENIOR CITIZENS TO YOUNG ADULTS ARE WELCOME TO APPLY - NO PREVIOUS EXPERIENCE IS NECESSARY.

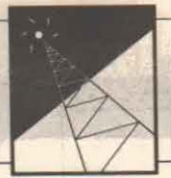
AT THE COMPLETION OF THE COURSE OR AT A LATER DATE

YOU WILL BE MATCHED WITH A
MUTUALLY SUITABLE ADULT WHO WOULD
LIKE TO IMPROVE HIS OR HER
READING SKILLS.

1990: INTERNATIONAL LITERACY YEAR.

1990 Caulfield Resource Guide

A number of copies of the City of Caulfield's popular Resource Guide 1990 are still available from City Hall. Residents who did not receive a copy can do so by writing to: Community Liaison Department, PO Box 42, Caulfield South, 3162, or by calling 524 3333.



Breakfast with a touch of excellence

Below: Mayor Bloom (centre) and David Nettelbeck (left) present Jack Witchell with his award.



THE inaugural awards for excellent service in the City were recently presented at the Rotary Club of Caulfield-Rosstown Business Persons' Breakfast.

In inviting Caulfield's Mayor, Cr David Bloom, to present the two awards, President of the Club, David Nettelbeck explained that public nominations had been invited from the categories of retail,

service industries and trade.

The two award winners were Jack Witchell and Bob Williams.

Jack has followed on from his father in continuing a tradition of excellent service to customers over 70 years.

Jack has run the family shoe repair shop since the end of the Second World War and has an enviable reputation for friendly service

and workmanship.

The second award was presented to Bob Williams, hardware merchant of M&I Hardware, Carnegie. His nomination details pointed to his unfailing service and advice over many years, so invaluable to all the do-it-yourself customers.

Congratulations to the winners.

Church century celebrations Fifty years on ...

IN the 1880s and '90s, Murrumbena was 'the country' to Melbourne. Sheep and cattle raising and market gardening occupied the Scottish settlers who were owners and workers of the local farms. The present 'Will Clay Nursing Home', was the homestead of the Frogmore Estate (apprx. 200 acres between Murrumbena and Koornang Rds), owned by Archibald McLaurin.

Travel was by horse and buggy or the railway, opened between South Yarra and Oakleigh in 1879.

After meeting on July 2, 1890, "to consider commencing Presbyterian Services in Murrumbena", a missionary, Mr McKinnon, was appointed to take services. The offer of Mr Ramsden's disused hay and corn store, as the venue, was accepted.

The first Service was held there on Sunday evening, July 13, 1890. That store, the Public Hall (until condemned) and the Dunlop home in Neerim Rd, were used for wor-

ship and meetings until a 30 by 16 foot wooden building, costing 37 pounds, was erected in Dunoon Street and opened on December 3, 1893.

Hard work and the generosity of members like Archibald McLaurin, brought the congregation of Scots through very difficult times.

In 1903, the Dunoon Street building was moved to a permanent site on the east side of Murrumbena Rd and in 1911, extensions were added and a Sunday morning service began.

By 1913, the Church was established firmly enough to call its own first Minister - Reverend J.A. Seymour.

In 1912, a group of Murrumbena Methodists began meeting, first in Mrs Bruce's home in Dandenong Rd and from December that same year, in a wooden church built on the north west corner of Dandenong and Belgrave Rds for 195 pounds.

In December 1920, the church

was moved to the site in Murrumbena Road now used by Fusion. Rev. F. Hartley became its own first ordained Minister at the end of the Second World War.

As Murrumbena land was subdivided and newcomers arrived, both congregations grew and each built a brick church, the Methodists in 1928 and the Presbyterians in 1934 - at which time they chose the name St Giles, after St Giles in Edinburgh.

By the 1960s and '70s, younger, married members moved to outer suburbs to settle and raise their families. In 1975, a joint parish was formed by the two congregations and they moved together into the Uniting Church in 1977.

This year, on Sunday, July 15, celebrations will be held at St Giles' Uniting Church to mark the centenary of the first Presbyterian Service. Those wanting to attend in all or part of the celebrations please call Anne on 578 4217 or Ian on 569 5723.

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Doing an assignment

on local government?
Need information on historical, demographic and cultural aspects of our City?

Ring 524 3333 for a STUDENT KIT

Save

man's best friend

SAVE-A-Dog-Scheme is an incorporated, non-profit organisation which was founded in April, 1985.

The scheme was set up to save some of the dogs in pounds and animal shelters around Melbourne from being destroyed.

The founder of the scheme, Pam Weaver, continues to operate the scheme on a full-time voluntary basis.

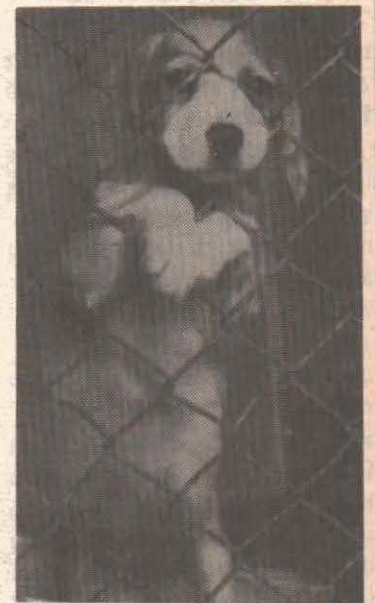
Pam has a small group of volunteers who enable the scheme to achieve its objectives of placing lost and abandoned dogs, of good temperaments, in caring homes.

Pam has a small number of 'foster homes' who care for a dog as if it were their very own and assist in assessing the dog for a suitable, permanent home.

Dogs on the scheme are advertised but are also placed via word-of-mouth networks.

The scheme works purely on compassionate grounds and will therefore accept dogs which may be sick, injured, old or have a sad history.

Dogs on the scheme have a full veterinary examination, are vaccinated, wormed and de-sexed.



Above: One of the many dogs assisted by the scheme.

The scheme relies on volunteer support and donations to meet its objectives and accepts donations of 'jumble' for fund-raising activities.

If you are interested in supporting the scheme by volunteering short-term fostering or are wishing to offer a home on a permanent basis, please call 885 1188.

AN ERROR

HAS BEEN DISCOVERED IN THE 1990 CITY OF CAULFIELD CALENDAR, DISTRIBUTED EARLIER THIS YEAR TO ALL RESIDENTS.

THE EMERGENCY NUMBER LISTED FOR THE FIRE BRIGADE IS INCORRECT AND SHOULD BE 11441. THE EMERGENCY NUMBERS LISTED IN THE RESOURCE GUIDE ARE CORRECT SO YOU MAY REFER TO THOSE WHEN AND IF NEEDED.

THE FOLLOWING EMERGENCY TELEPHONE NUMERS ARE CORRECT:

Ambulance	11440
Fire:	11441
Police:	11444
Caulfield Police: (24hrs)	528 6688
Lort Smith Animal Hospital:	328 3021
RSPCA:	288 5111
City Hall:	524 3333 (AH) 524 3336

WE APOLOGISE FOR ANY INCONVENIENCE CAUSED.



Combined exchange effort "Australia Today" donation

THE Rotary Club of Caulfield-Rosstown has joined Council in building links of friendship with Ogaki City in Japan.

In early April, the Club welcomed Sawako Goto, 16, as its first Rotary Youth exchange Student from the Rotary Club of Ogaki.

Sawako will be hosted by four Rotary families during her twelve month stay, living the life of your average Australian.

Normal conversation is very different from her English studies at Ogaki City Senior High School, but her first host brother and sister and fellow students at St Michael's Grammar School are helping Sawako's rapid progress.

At home, special hobbies are calligraphy, playing the electric organ, the Japanese tea ceremony and tennis.

As an exchange student, Sawako's days are very busy. Already, she has travelled to Canberra and Hall's Gap, where she met her first bush koala and kangaroos.

So far there has not been much time to miss her grandmother, mother, father and university student brother Takeaki. However, she does confess to missing her maltese terrier, "Baron".



Above: Sawako presents Caulfield Mayor, Cr David Bloom, with a gift from Ogaki City.

CAULFIELD Arts Complex has been honored by the grant on permanent loan of the magnificent "Australia Today" bicentennial mural, created in 1988 by 167 members of the Victorian Guild of China Painters.

The 214cm x 122cm triptych, depicts the flora, fauna and landscapes of Australia and man's achievements, with the Australian Coat of Arms as the focal point.

The short life span required for the creation of the project (June to October 1988) belies the massive amount of coordination and organisation required to bring such a work to successful completion. As is fitting for a work which

found its genesis in Judy Chicago's "Dinner Party", the creation of the mural served as a learning exchange and to form new friendships.

The mural was formally presented to the City of Caulfield at a morning tea hosted by the Mayor, Cr David Bloom and is now on display in the foyer of City Hall.

Jim Badger, Council's manager, cultural services, said, "We, at the Caulfield Arts Complex, are proud to display this work of art and pleased to be able to give Melbournians the chance to see the results of what must have been a most stimulating bicentennial project."



Above: Jim Badger (left) and Mayor Bloom (centre) with representatives from The Victorian Guild of China Painters.

Children & family services column

The Maternal and Child Health Service commenced in Victoria in 1917 as a response to infant mortality.

As early as 1924, the first Maternal and Child Health Service was built in Truganini Road, Carnegie.

The idea of establishing this centre was to provide residents of the municipality with expert advice and supervision.

Things have changed for the better since the early days of operation.

This change emphasised the whole nature of maternal and child health, in terms of constituting family support.

There are currently six centres in our municipality:

- Glenhuntly

- Carnegie
- Elsternwick
- Inkerman Rd
- Maple St
- Murrumbeena.

The services offered by the centres today differ substantially from those earlier this century.

Weighing, measuring, encouraging breast-feeding and teaching hygiene and nutrition have always been part of the service offered by the Centre, however, today, added to these services are, new mother groups and many playgroups catering for a growing demand from the community.

All the Centres operate along a similar system.

Glenhuntly's Maternal and Child Health Centre was recently chosen by Community Services Victoria, southern suburbs region, to become the venue of a pilot program involving a child medical officer as a consultant for families in the southern region.

A monthly consultation session will be provided to enable maternal and child health nurses from the region to make referrals for things such as; developmental assessments, orthopaedic worries and behavioral problems.

The Carnegie centre is the home of the Carnegie Playgroup Incorporated.

Carnegie playgroup was first established at St Anthony's in 1973. The playgroup moved to Truganini Road Infant Welfare in 1983. In 1985, the Centre was again moved to its current location Jersey Parade, Carnegie. The Playgroup had a very active parent committee that encouraged Council to relocate the Playgroup together with the Centre.

Liz Rand, current coordinator of the Carnegie Playgroup Inc., became aware of the Playgroup through attending the Maternal and Child Health Centre and joined in 1986.

Liz has also held the position of Secretary in 1987 and has been the coordinator for the last three years.

As coordinator, Liz's role is to oversee all the Playgroups, organise activities, delegate tasks and negotiate with Council officers.

Each group within the Carnegie Playgroup is encouraged to organise a special activity for all groups to participate in, with Liz's assistance for the newer members if required.

This helps to build new skills for the individual and a sense of belonging within the smaller groups.

When Liz was asked what she has gained by being actively involved she replied, "I am doing this for



Above: Liz Rand (third from left) holds regular meetings with playgroup helpers at the Centre.

myself as much as for the kids. I enjoy the company of the other adults."

Her role as coordinator has enabled her to build up her self confidence, leadership qualities and organisational skills.

Liz has been providing her guidance to a group of parents from a neighboring municipality in the establishment of their own parent-run playgroup.

Playgroups are different from mothers' groups. Playgroups give children the opportunity to experience things they usually would not

experience at home. It helps to build their social skills and beneficial to both mothers and children.

For people interested in setting up a Playgroup there is support from:

- Victorian Playgroup Association;
- Family Services Development Officer, Bronti Merrett and;
- Experienced Community Members.

For further information regarding playgroups, hours of operation and activities, please call Bronti Merrett on 524 3311.

ENROLMENTS

CARNEGIE RUDOLPH STEINER PRE SCHOOL

IS NOW ACCEPTING
ENROLMENTS
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PLAY GROUP (WITH
FULLY TRAINED
STEINER PLAY LEADER)
AND KINDER SESSIONS
FOR 1991.
ALL ENQUIRIES TO LYNN
ON 571 0265.



A yellow flag flew again Hats off to men of battle

A yellow flag flew stiffly in a cool breeze on windspent Point Ormond ...

NEARLY 300 descendants of the original passengers of the first 'fever' ship "Glen Huntly" recently gathered to commemorate their ancestors' arrival 150 years.

Their meeting place was the Cairn erected in 1985 by the Elwood Lion's Club and the St Kilda Historical Society to mark the site of Victoria's first quarantine station and St Kilda's first official burial ground.

The simple ceremony was introduced by the piping of "Scotland the Brave" by a descendant, John Davidson of Traralgon and consisted of a mention of the original families represented and a narrative of the pioneers' experiences during the voyage.

A plaque, commemorating this occasion and containing the surnames of the pioneers, was unveiled by the oldest known descendant, 95 year old, Albert John Buntine M.M., a Gallipoli war veteran.

Pioneer families represented were: Brisbane, Craig, Cumming, Davidson, Dingwall, McGregor, McKenzie (3), Munro, Turnbull



Above: Memorial service held in St Kilda - Sun. April 16, 1899.

and Whitlock.

Members of each met at a Descendants' Dinner at the Robbie Burns Reception Centre and again at a family picnic lunches near the Cairn.

Many descendants then attended a service at the Glen Huntly Pioneers Memorial at the St Kilda cemetery. This was arranged by the Craig family whose ancestor was one of the three fever victims who died in the quarantine camp.

They had been buried on the cliff top and then reinterred in the ceme-

tery in 1898.

The hymn "Almighty Father Who Doth Guide" especially composed for the unveiling of the Memorial in 1899, was sung and Neville Craig spoke on the significance of the occasion. Descendants and other interested people unable to attend the anniversary functions may still obtain souvenirs of this occasion and a comprehensive booklet titled "Flying the Yellow Flag" by Olive Moore (\$10 plus \$2 for postage and handling) by telephoning 870 9950.

IT'S not everyday that you meet two special people like Jim Ashbolt and Duncan McCallum.

At a recent presentation by Prime Minister, Bob Hawke, both gentlemen were surprised and delighted with their commemorative gift of two special-issue \$5 coins.

Jim Ashbolt served with the 10th Light Horse and went to Gallipoli in August 1915 aged 21. He returned to Australia in December of that year with a serious arm injury.

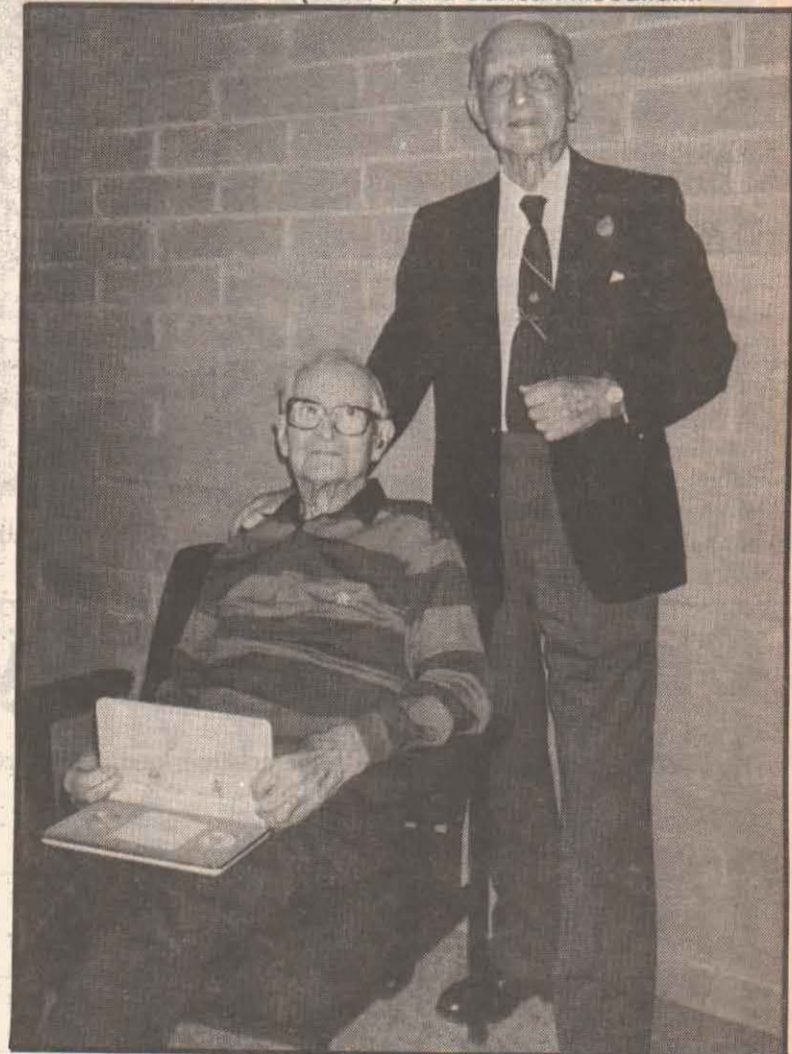
Duncan McCallum served in Egypt, England and France with the 7th Battalion. He went to Egypt

in September 1915 and was transferred to administrative duties in August 1916 because of his French language skills.

Apart from the service background, these two gentlemen have another thing in common - they have both been residents of Camden Court. Jim moved into Camden Court four years ago and transferred to Rosstown Court in January this year. As for Duncan, he is still at Camden Court after seven and a half years.

Congratulations to both gentlemen.

Below: Jim Ashbolt (seated) and Duncan McCallum.



Arbor Day a great success



Above: The first tree planted in Caulfield for Arbor Day 1990.

ABOUT 500 people attended the Outer Circle Railway land in Murrumbena. The day was a great success thanks to the efforts of locals and their friends who

planted, watered and mulched about 1,800 indigenous plants.

Planning of the project was carried out by Caulfield Environment Group and Council Officers. Funding was by 'Go Green', the State Government South Eastern Area and Improvement program and Caulfield Council.

If you're interested in participating in these projects call Lyn Hannan on 524 3348.

CAULFIELD FAMILY DAY CARE

WILL BE HOLDING AN

ORIENTATION PROGRAM

FOR PEOPLE INTERESTED IN PROVIDING CHILD CARE IN THEIR OWN HOMES OVER THREE TUESDAY MORNINGS.

JUNE 19

JUNE 26

JULY 3

IF YOU ARE INTERESTED IN LEARNING

MORE ABOUT FAMILY DAY CARE, PLEASE RING PAM ARNOTT

OR

BERNADETTE ALLAN ON 524 3251.

SECOND SOLO ART EXHIBITION

BY BRUCE HERON

THE FIRST WAS AN OUTSTANDING SUCCESS WITH OVER HALF OF THE COLLECTION SELLING.

NOW THE SECOND FOR THIS DIFFERENT EXPRESSIONIST WHO USES VIVID COLORS AND GENEROUS PAINT APPLICATION IN HIS OILS AND WATERCOLORS.

MALVERN ARTISTS' SOCIETY GALLERY

1299 HIGH STREET
MALVERN

SATURDAY JUNE 23 TO SUNDAY JULY 1 1990.

OFFICIAL OPENING SATURDAY JUNE 23 AT 3PM.

HOURS: 11AM TO 4PM MON TO FRI;
11AM TO 5PM WEEKENDS;

ON SATURDAY JUNE 23 GALLERY OPENS 2PM.

THE ARTIST IS WELL-KNOWN IN THE CAULFIELD/MALVERN AREA AS HE RESIDED IN THIS AREA FOR OVER 50 YEARS

COUNTRY FIREWOOD

THE LIONS CLUB OF CARNEGIE ARE SELLING BAGS OF COUNTRY

FIREWOOD AT \$6.00

- DELIVERED -

PLEASE CONTACT:

KEN LIMBRICK ON

568 7911 OR STAN

JOWETT ON

578 9684

PROCEEDS OF

SALES GO

TOWARDS

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INTERNATIONAL

DIABETES

INSTITUTE, 260

KOOYONG ROAD,

CAULFIELD.

CAULFIELD LIBRARY SERVICE,

Caulfield Library, Maple St. Sth Caulfield. Tel. 528 6301. Elsternwick Library, 4 Staniland Gr. Elsternwick. Tel. 523 6682
Carnegie Resource Centre. 130 Koornang Rd. Carnegie. Tel. 569 5505.

All programs are free unless otherwise stated.

JULY

YOU ARE WHAT YOU EAT - A series of presentations/lectures on food and diet. The third presentation will be held on 25th September.

Vegetarian food with Vikki "The Vego" Leng - Caulfield
Thursday 19th July 7.30pm.
An entertaining and informative demonstration from the author of Super Vegetarian Meals, Soy Foods and Kids in the Kitchen.
Bookings are necessary.
Ph. 524 3357.
Copies of Vikki's books will be given away as door prizes on the night.

You are what you eat - Rosalie Freeman - Caulfield.
Thursday 26th July 7.30pm.
Dietitian Rosalie Freeman will discuss ways in which we can maintain a healthy diet in an era of over processed foods.

EXCURSION

Note printing works and historic Kilmore - Caulfield
Tuesday 10th July 9am.
A guided tour of the reserve bank works followed by an organised afternoon in Kilmore, Australia's first inland town. A visit to Whitburgh cottage will be included.
Cost: \$6.50 Bus.
\$8.00 Kilmore (includes light lunch)
Bookings are now open for this outing. Ph: 524 3357.

ARMCHAIR TRAVEL (All presentations include slides)
Malaya - Lucy Lyell - Caulfield
Wednesday 4th July 2pm.
Includes Malacca, Penang and the Cameron Highlands.

SCHOOL HOLIDAY PROGRAM

9-20th July.
A free program of performances and activities for children is held during this period. Pick up a brochure from the Arts and Recreation Centres or the Libraries.

ARMCHAIR TRAVEL

Alaska and Canada - Nancy Needham - Caulfield
Wednesday 25th July 2pm.

CHILDREN'S BOOK WEEK

29th July - 4th August

FESTIVAL OF CHILDREN'S AUTHORS

Primary schools can book for sessions by telephoning the Youth Services Librarian on 528 6301. Places are limited and sessions are restricted to one per school. It is stressed that groups attending should have made some effort to familiarise themselves with the particular author's work.

Judith Worthy - Caulfield
Tuesday 31st July, 2 sessions, 1pm-1.45pm & 2pm-2.45pm.
Judith Worthy's books include 'The Incredible Runaway Pumpkin', 'Simon's Secret, Barney Boofer and the Cricket Bat and Regina's Impossible Dream'.

AUGUST

CHILDREN'S BOOK WEEK

FESTIVAL OF CHILDREN'S AUTHORS

Errol Broome - Elsternwick
Wednesday 1st August, 2 sessions 1pm-1.45pm & 2pm-2.45pm.
Errol Broome's books include 'Wrinkles', 'Smallest Koala', 'Bird Boy' and 'The Year of Pink Pieces'.

Jenny Pausacker - Caulfield
Thursday 2nd August, 2 sessions 1pm-1.45pm & 2pm-2.45pm.
Jenny Pausacker is the author of books including 'What are Ya?' and 'Fast Forward'.

LECTURE

Golden Byzantium. A journey from old to new Rome - Lawrence Cross - Caulfield
Thursday 9th August 7.30pm
A lecturer in comparative religions and author of 'Eastern Christianity' Lawrence Cross has also conducted historical journeys through Rome. His presentation will include slides.

PERFORMANCE/LECTURE

Classical guitar recital by Andrew Boddington - Caulfield
Thursday 16th August 7.30pm.
A superb presentation by a talented teacher and performer of Baroque and Spanish pieces.

ISSUES

Animal Liberation - Caulfield
Thursday 23rd August 7.30pm
What are some of the issues affecting animals. Do they have rights? Hear and discuss the issues.

HEALTH

Shiatsu - Lisa McPherson - Caulfield
Thursday 30th August 7.30pm.
Shiatsu practioner will instruct us in the healing art.

ARMCHAIR TRAVEL

Indonesia - Richard Campbell - Caulfield
Wednesday 1st August 2pm.
Will include Bali, Lombok, Sulawesi.

Burma - Lucy Lyell - Caulfield
Wednesday 8th August 2pm
Rangoon, Mandalay, a trip into exotic Burma.

Blue Mountains, New South Wales - Rifka Knox - Caulfield
Wednesday 15th August 2pm.
See and hear about Rifka's travels in this beautiful area.

Around Australia - Ted Terry - Caulfield
Wednesday 22nd August 2pm.
A superb presentation using double projection. It will include Alice Springs, Katherine, Broome and the Flinders Ranges.

Norfolk Island - Norman Paddle - Caulfield
Wednesday 29th August 2pm.

SEPTEMBER

ISSUES

Why can't I sleep at Nana's anymore? - Leila Friedman - Caulfield
Thursday 6th September 7.30pm.
Caulfield author Leila Friedman is a pioneer in the area of grandparents and grandchildren and their importance to one another.

ARMCHAIR TRAVEL

New Orleans - Rifka Knox - Caulfield
Wednesday 5th September 2pm.

Flinders Island and the Furneaux group - Norman Paddle - Caulfield
Wednesday 12th September 2pm

Beyond Java - Emilie Beuth - Caulfield
Wednesday 19th September 2pm.
A different perspective on Indonesia.

JUNE EPSTEIN

'A woman with two hats' - Caulfield
Thursday 13th September 7.30pm
June Epstein is an exceptional person, who has always combined writing and music. She has toured as a concert pianist, written numerous books and worked in the interest of the handicapped. Her talk will focus on her very active life.

YOU ARE WHAT YOU EAT

A taste of life - Julie Stafford - Caulfield
Tuesday 25th September 7.30pm.
Popular author Julie Stafford will talk about her new book to be released in September.
***Please note this evening lecture will be held on a Tuesday evening, not a Thursday evening.**

OCTOBER

HEALTH

Falling Apart - Living with Stress Breakdown - Sue Hosking - Caulfield
Thursday 4th October 7.30pm
Stress breakdown is more widespread than initially thought - it happens to very ordinary people. Family psychologist and author of 'Falling Apart' will talk on how to avoid stress breakdown and cope with life once a breakdown has occurred.

FINANCE

Feather Your Nest. Retirement Strategies: how to survive and prosper in 1990's - Michael Dickins - Caulfield
Thursday 11th October 7.30pm.
Michael Dickins is an investment planner. He will talk about investment options for those who are retired or who wish to plan for retirement.

MAGIC

The Life and Magic of Houdini - William Alma - Caulfield
Thursday 18th October 7.30pm.
Caulfield's master magician and collector will give a presentation on the life and magic of the great Jewish magician, Houdini.

WRITING

Holmesglen Writers
Wednesday 24th October 7.30pm.
***Please note venue:**
Caulfield Art's Centre Theaterette, Cnr. Glen Eira and Hawthorn Rds., Caulfield.
A varied presentation by graduates of Holmesglen's writing course.

ART

The artist and his world - Claude Monet - Caulfield
Wednesday 31st October 2pm.
Art lecturer Gay Matthews presents the first of three presentations on influential artists. Slides will be included.

EXCURSION

Point Nepean Historic Park - Carnegie Resource Centre
Wednesday 10th October 9.30am
Cost: \$6.50 Bus
\$2.70 Point Nepean
Bookings: Only by phoning 524 3357 on Wednesday 26th September, commencing 9am.

NOVEMBER

EXCURSION

Steiglitz Historic Park and an Anakie Fairy Park - Caulfield
Thursday 8th November 9am.
Visit a gold mining ghost town bordering the Brisbane ranges, followed by a visit to the historic fairy park, a natural parkland with castles, cottages and caves. BYO lunch.
Cost: \$6.50 Bus
Steiglitz - Free
\$4.00 Fairy Park
Bookings: Ph: 524 3357 on Thursday 16th October commencing 9am.

THE ARTIST AND HIS WORLD

Vincent Van Gogh - Gay Matthews - Caulfield
Wednesday 7th November 2pm.
An illustrated presentation.

Pablo Picasso - Gay Matthews - Caulfield
Wednesday 14th November 2pm.

THEATRE

From Zimbabwe to Australia - A Life in theatre and television - Liz Joll - Caulfield
Thursday 1st November 7.30pm
Liz Joll's involvement in television and theatre has taken her from Africa to Australia. Hear about her fascinating experiences.

Life in a Theatre Basket - Joy Shambrook Newland - Caulfield
Thursday 15th November 7.30pm.
Writer, producer, actor and publicist will tell us about her life in the world of theatre and television.

GARDEN DESIGN

How does your garden grow? - Rosa Niran - Caulfield
Thursday 22nd November 7.30pm
Award winning landscape architect and author will talk about gardening in harmony with nature rather than against it.

WRITING

Caulfield Writers Plus
Thursday 29th November 7.30pm.
***Note venue: Caulfield Arts Centre Theaterette.**
Readings by writers involved in Caulfield Writing Group plus authors who have worked with Caulfield Writers over the past few years.

EXCURSION

Waterways of Melbourne - Caulfield
Wednesday 21st November
In the morning we cruise Port Phillip Bay, BYO lunch in Historic Williamston before a tour of Maribyrnong River.
Cost: \$6.50 Bus
Bay Tour - Free
\$6.00 Maribyrnong River Cruise
Bookings: Ph: 524 3357 Tuesday 13th November, commencing 9am. Limit of two tickets per caller.

DECEMBER

CAULFIELD FESTIVAL COMMUNITY DAY - Caulfield Park
Sunday 2nd December 10am-4pm
Booksale of withdrawn and donated stock to raise money for the library service. Children's activities will also take place.

EXCURSION

Historic Kyneton - Caulfield
Wednesday 5th December 9am.
A guided tour of Kyneton's award winning museum and a bus tour of this historic township.
Cost: \$6.50 Bus
\$3.50 Tour
Bookings: Ph: 524 3357 Tuesday 27th November, commencing 9am.

ON GOING ACTIVITIES

FOR CHILDREN

Thrills on Thursday Club - Caulfield
Thursdays 4pm-5pm.
Great activities, stories and fun for school aged children. Highlights include August 9th - Super Sleuth, September 13th Mask making and November 1st - Board Game Making.

BEDTIME STORYTIMES

Bedtime Storytime fun will take place each Tuesday in July at the Caulfield Library 7pm. Enquiries: Youth Services Librarian 524 3346.

STORYTIMES FOR PRE-SCHOOLERS

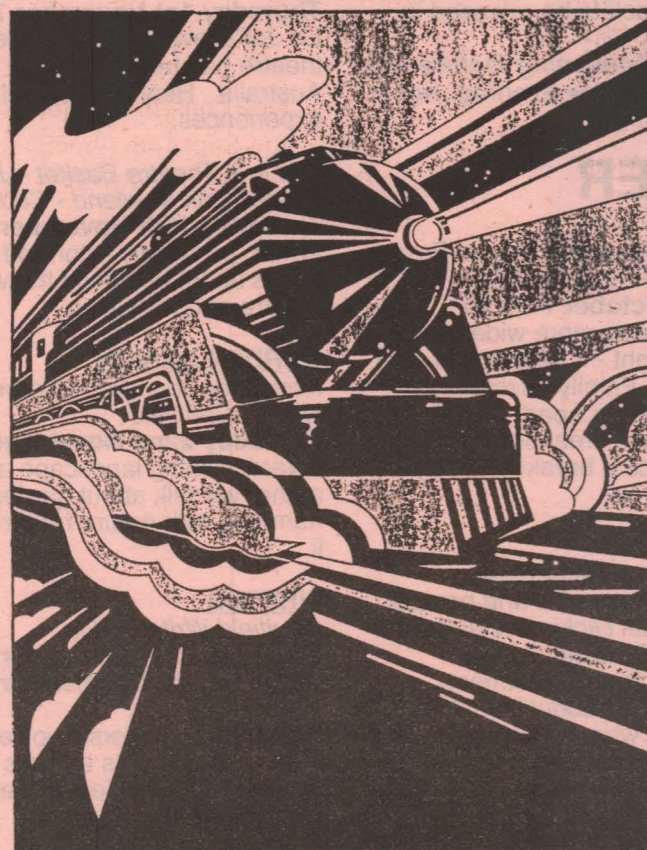
Caulfield: Wednesday 11am.
Carnegie: Wednesday 10.30am.
Elsternwick: Fridays 10.30am.

FOR ADULTS

Writer's Workshop Group. Ph 524 3357 for details.

What's On

at the
Caulfield Arts Complex
Caulfield Library Service
Caulfield Recreation Centre



JULY TO DECEMBER

City of Caulfield
Activities Program

1990

ARTS COMPLEX ENROLMENT FORM

JULY TO DEC 1990

(PLEASE PRINT)

Return Personally to:
City of Caulfield Arts Complex
Cnr Glen Eira & Hawthorn Rds
CAULFIELD SOUTH 3162

Return by mail to:
Caulfield Arts Complex
P.O. Box 42
CAULFIELD SOUTH 3162

CLASS:.....

DAY:.....

SEMESTER 2

TERM 3 TERM 4 (Please tick appropriate box)

FEE:.....(Cheque/Money Order/Cash):
(Payable to 'City of Caulfield')

STUDENT'S NAME:.....

ADDRESS:.....

PHONE:.....(H).....(W)

DATE OF BIRTH (Children only):.....

Pension Card No:.....

Signature:.....

Fees must be included with application to ensure a place.

Would you like to be included on our mailing list to receive this brochure in the future? YES

FOR OFFICE USE ONLY

TERM 3	DATE	R/No.	Amount:
<input type="checkbox"/>			
TERM 4	DATE	R/No.	Amount:
<input type="checkbox"/>			

CAULFIELD ARTS COMPLEX

Cnr Glen Eira and Hawthorn Rds. Caulfield. Tel. 524 3287

ADULT SHORT COURSES

POTTERY

An introduction to Pottery - including clays, glazes and equipment. Methods of handbuilding and throwing on the wheel will be covered. Starting materials included. Additional charges for clay and firing.

TUTOR: Coral Trimmer
TIME: A Monday 7.00pm-9.00pm
TUTOR: Maureen Woxvold
TIME: A Tuesday 7.00pm-9.00pm
B Monday 10.00am-12noon
FEE: \$80 (8wks)

LIFE SCULPTURE

Learn to use anatomy, physiology and your own sensitivity to construct the human figure in clay! It is not as difficult as it may seem and you will have a lot of fun! Model present at all sessions.

TUTOR: Coral Trimmer
TIME: A Wednesday 1.00-3.00pm
B Wednesday 7.00-9.00pm
FEE: \$100 (8wks)



PAINTING AND DRAWING (Oils and Acrylics)

Start painting pictures! Learn the basics of drawing, design and painting. Develop your own style, experimenting with a variety of mediums. Emphasis will be placed on individual projects with advice from tutor.

TUTOR: Susan Langley
TIME: A Thursday 10.00-12.00noon
B Thursday 1.00pm-3.00pm
TUTOR: Patricia Broom
TIME: C Tuesday 7.00pm-9.00pm
FEE: \$80 (8wks)

PORTRAIT DRAWING IN PASTEL & CHARCOAL

Here's your chance to learn the art of drawing portraits in the fascinating mediums of pastel and charcoal. A model is supplied for most sessions. Suitable for beginners and those with some experience. Materials list supplied at first class.

TUTOR: Susan Langley
TIME: Saturday 2.00pm-4.00pm
FEE: \$95 (8wks)

DECORATIVE FLOWER PAINTING IN WATERCOLOUR

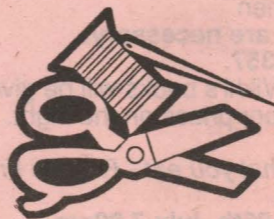
This class teaches you to use watercolour techniques to paint flowers in their characteristic shapes and colour. Use these skills for decorating your own cards, stationary, etc. as well as for framing. Materials list supplied at first class. Suitable for beginners or those with some experience.

TUTOR: Susan Langley
TIME: Tuesday 1.00pm-3.00pm
FEE: \$80 (8wks)

DRESSMAKING

Students will learn to select, alter and make up garments from commercial patterns. Please bring a pencil and paper to first session plus any patterns of interest.

TUTOR: Jennie Stevens
TIME: Wednesday 7.00pm-9.00pm
FEE: \$96 (8wks)



PATCHWORK & QUILTING

If you enjoy sewing on a machine, learn the joys of machine patchwork using traditional block patterns, babies blocks and Dresden plate. Hand sewn techniques can also be taught. Quilting and applique will also be covered.

(8 weeks July 24-Sept 11)
TUTOR: Jennie Stevens
TIME: Tuesday 10.00am-12noon
FEE: \$80 (8wks)

RELAXATION, MEDITATION AND YOGA

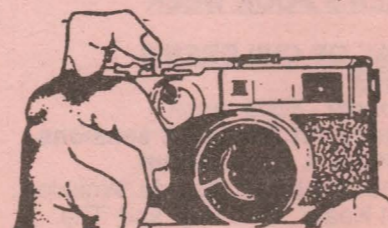
These classes consist of guided relaxation and meditation. Emphasis is placed upon guided Yoga postures according to individual ability. Concentration on breathing and body awareness provides a simple method to develop peace of mind and physical relaxation.

(Wear comfortable clothing)
TUTOR: June Michaelson
TIME: A Monday 6.30pm-7.30pm
B Monday 7.30pm-8.30pm
C Tuesday 10.00am-11.00am
FEE: \$56 (8wks)

PHOTOGRAPHY

A fascinating insight into the technical and visual aspects of photography. Students will gain a 'hands on' grounding in the taking of photographs, processing film, and developing film in the darkroom. Suitable for beginners or those with some experience. Starting materials included.

(35mm camera required)
TIME: Monday 7.00pm-9.00pm
FEE: \$80 (8wks)



FOR PRE-SCHOOLERS

MUSIC AND DANCE

Develops basic skills in music and dance, musical, inner ear self confidence, co-ordination, social interaction, communication skills, creative imagination, concentration spatial concepts and above all - the love for music and dance.

TUTOR: Marie Feigl
TIME: 3 yr olds Friday 1pm-1.45pm
4 yr olds Friday 2pm-2.45pm
FEE: \$40 (8wks)

PRE-SCHOOL WORKSHOP

Creative play situations that provide children with the opportunity for developing; social interaction; large and fine motor skills and problem solving. Through play the children develop imaginative and creative minds, emotional independence and more importantly these play situations allow children to enjoy and have fun. (Please bring a piece of fruit and a drink to class). NB Mothers rostered on each session.

TUTOR: Elka Adler
TIME: Monday, Tuesday or Wednesday 10.00am-12noon
FEE: \$76 (8wks)

CHILDRENS CLASSES

POTTERY (6yrs and Over)

An introduction to methods of hand building by demonstration will give the students the opportunity to become familiar with the basic techniques of pottery. More advance students can be introduced to the wheel.

TUTOR: Maureen Woxvold
TIME: A Monday 4.00pm-5.30pm
B Tuesday 4.00pm-5.30pm
C Saturday 10.00am-11.30pm
FEE: \$68 (8wks)

WOODSCULPTURE FOR CHILDREN (7-12 yrs)

Children will enjoy creating imaginative sculptures centering around various themes from wood and other natural materials. They will learn basic woodworking skills using simple hand tools and construction techniques.

TUTOR: Ian Edlin
TIME: Wednesday 4.00pm-5.30pm
FEE: \$68 (8wks)

AFTER SCHOOL ART (6yrs and over)

This class is designed for children to develop and enjoy their own creativity and ideas. A large variety of mediums and materials will be explored, including wood, clay, paper, paint and much more.

TUTOR: Susan Garrard
TIME: Wednesday 4.00pm-5.30pm
FEE: \$68 (8wks)

CHILDRENS KEYBOARDS (6 yrs and over)

Utilizing the 'Five C's' method of learning, this is an exciting way to play keyboards. Progress is rapid and is geared for all levels of skill. (Keyboards supplied).

TUTOR: Leigh McIntosh
TIME: Wednesday 4.30pm-5.30pm
FEE: \$64 (8wks)

CHILDRENS FLUTE (9yrs and over)

Learn to play this popular orchestral instrument in small groups (max. 6). Class suitable for beginners. Instrument hire available if necessary.

TUTOR: Helen Woodward
TIME: Thursday 4.00pm-5.00pm
FEE: \$64 (8wks)



WEEKEND WORKSHOPS

PASTEL DRAWING with Coral Carmody

Pastels is an exciting medium for the 90's. At present pastels are enjoying a revival. This workshop will introduce the beginner to the beautiful effects of pastels, a very portable medium, quick to clean up and an extremely durable medium, which allows many different techniques. (Also suitable for persons who have had some pastel drawing experience). BYO lunch.

TIME: Sunday 19th August 10.00am - 4.00pm
FEE: \$40

MAKING GIFTS FOR KIDS (6-9 yrs) with Sonya Solomon

Children can come and enjoy making gifts for family or friends.

A present for DAD ON FATHER DAY ...coming soon.

Give that personal touch to such things as keyrings, bookmarks, stationery sets, decorated pens and holders and lots more. (The sky is the limit). Finally finish off your present with handmade wrapping paper and a card.

TIME: Sunday 26th August 12.00noon-4.00pm
FEE: \$17



IDEAS AND INSPIRATION with Victoria Howlett

We are all artists!... How to tap that source in us.

Developing a personal style and statement. Learning how to plan work patterns, using records and visual skills, and furthermore setting goals around our work. The workshop will focus on discussion and slide presentations. Please bring piece/s of your own 2D or 3D work (finished or unfinished). BYO lunch

TIME: Sunday 9th September 10.00am-4.00pm
FEE: \$35

SCULPTURE WORKSHOP with Edward Ginger

This two day seminar workshop will introduce the participants to the world of traditional and contemporary sculpture, via slide show, discussion and demonstration. Emphasis will be placed on actual sculpture making while learning a variety of techniques and methods; large figure building using armature with plaster or synthetic materials will be covered. BYO lunch.

TIME: Saturday/Sunday 15th & 16th September 10.00am-4.00pm
FEE: \$80

LIFE DRAWING with Patricia Broom

Experience the professionalism of sketching and painting from a life model, using a variety of mediums.

Workshop is suitable for beginners or practising artists. BYO lunch.

TIME: Sunday 28th October 11.00am-4.00pm
FEE: \$40

POTTERY PIT FIRING WORKSHOP with Maureen Woxvold & Coral Trimmer

Experience the fascination of seeing pots fired in a traditional burning pit. Learn about the preparation of the pit, and discover the amazing primitive results and effects it produces. Covering two days, a thoroughly enjoyable weekend. Please bring max. 3 bisque fired pots. BYO lunch.

TIME: Saturday/Sunday 24th & 25th November 10.00am-4.00pm
FEE: \$80

GENERAL INFORMATION ARTS COMPLEX

DATES

Semester 2 consists of 2 terms.
July 23rd - Sept 14th (8wks)
Oct 15th - Dec 7th (8wks)

No classes will be held on public holidays or during school holidays (24th Sept - 5th Oct.)

UNLESS OTHERWISE STATED ALL CLASSES RUN FOR 8 WEEKS.

ENROLMENT

- Enrolment may be made in person at the Arts Complex during Office hours or by mail.
- Cheques made payable to the "City of Caulfield" should be posted with enrolment form to:

City of Caulfield Arts Complex,
P.O. Box 42,
CAULFIELD SOUTH VIC 3162.

CONCESSIONS

A reduction of 20% is available on all courses for pensioners, unemployed, and tertiary students. Documentation must be provided upon enrollment.

FEES

Fees may be paid per term or for the entire semester, if you wish to secure a place for both terms.

MATERIALS AND EQUIPMENT

- Adult Classes. Unless specified the fee stipulated covers the cost of starting materials only.
- Children's Classes. Generally the fee paid covers the cost of all materials and equipment used.

CANCELLATIONS

- If enrolment for any class is less than the minimum required, it will be cancelled and students offered a full refund or the opportunity to transfer to another class or workshop.

REFUND

- Refunds will only be acknowledged provided written advice is received at least 10 days prior to the start of term.
- A 20% administration fee will be deducted.

OFFICE HOURS

- Tuesday to Friday, 9.30am-4.30pm. (Closed Mondays and between Christmas and New Year).
- Enter Gallery, Glen Eira Road.

CAULFIELD RECREATION CENTRE

6 Maple St. Sth Caulfield.
Tel. 524 3288 & 524 3362.

ADULT FITNESS PROGRAMME

The Caulfield Recreation Centre has a variety of fitness classes suitable for both young and older adults. Classes are conducted by fully qualified instructors. If you are unsure about which class would be the most appropriate for your purpose, please contact the centre.

AEROBICS (16 years and over)

Attend any classes that suit your schedule and ability. No enrolment is necessary. Classes suitable for males and females 16 years and over. Hand weights are available to use if so desired.

Class Times:

Beginners Classes

Monday 9.30am., 7.30pm.

Wednesday 9.30am.

Low Impact Classes (Beginners Level)

Monday 10.30am., 5.30pm.

Wednesday 5.30pm., 7.30pm.

Thursday 6.30pm.

Friday 9.30pm.

Saturday 2.00pm.

Sunday 10.30am.

Low Impact Plus (Intermediate Level)

Monday 6.30pm.

Wednesday 6.30pm.

Thursday 5.30pm.

Saturday 2.00pm.

Intermediate Classes

Tuesday 9.30am., 12.00pm.

Thursday 12.00pm.

Sunday 9.00am.

Stretch Classes

Wednesday 10.30am.

Friday 10.30am.

Pre and Post Natal

Monday 7.30pm. (Upstairs)

Wednesday 10.30am (Downstairs)

Ring Changing Shape Organisation for further information. Tel. 830 4531.

Costs:

\$4.50 casual/\$3.50 stretch

\$90, 3 months unlimited use/\$160, 6 months.

*Runners to be worn to classes

*Creche morning classes only Monday to Friday - \$0.75 per child.

AQUA AEROBICS

December '90 - March '91.

Aqua exercise classes are exercise to music conducted in the water, i.e. a swimming pool. Exercise in the water is a safe, effective and enjoyable way of exercising. It's a great way to improve your fitness.

Classes for all levels will be conducted in the Olympic Pool (two lanes will be allocated) at the:

Caulfield Swimming Pool
Moirs Avenue, Carnegie
Phone 571 8143.

The Caulfield Pool is solar heated and gas boosted with an average temperature of 25 C. The instructor is a qualified aerobics and aqua fitness instructor.

Class Times: (Commencing Dec '90)

Tuesday: 10.30-11.15am. Over 40's
6.10-7.00pm. Intermediate

Wed.: 10.30-11.15am. Over 40's

Cost: \$3.80 (includes entrance)

Additional classes depending upon the demand. Enquiries to 524 3288.

EXERCISE WITH YOUR BABY

Exercise with your baby is a new class to be offered at the Recreation Centre. Exercise with your baby is a great opportunity for you to share prime time with your baby whilst exercising yourself. The half hour classes involve close contact and communication with your baby. A range of exercises will be instructed including post natal, abdominal and relaxation. Tea and coffee is available at the end of each class.

Class Times:

Monday: 11.30am-12noon

Cost: \$3.00 per session

GENTLE FITNESS

Designed to slowly increase overall fitness and well-being by providing a gentle exercise programme that is suitable for an older age group. Tea and coffee available at the end of each class.

OVER 40'S FITNESS

Class Times:

Tuesday: 10.30am-11.30am.

Tuesday: 6.30pm-7.30pm.

Thursday: 10.30am-11.30am.

Cost: \$3.50 per class.

TENNIS

TENNIS COACHING

Tennis coaching is available at the Caulfield Recreation Centre courts in Brooklyn Avenue. People wishing to learn tennis should contact Cheryl Hewitt telephone 596 5085. Classes suitable for adults and children.

CASUAL HIRE OF TENNIS COURTS

The courts in Brooklyn Avenue are available for casual hire. People wishing to hire the courts can do so by contacting the Recreation Centre on 524 3288.

Cost: Day - Adults \$9 children \$9

Night - Adults \$12 children \$12

Weekends and Public Holidays -

\$12 per court, plus a deposit.

Key Deposit of \$10 required at all times.

*Please note: when hiring a court a driver's licence must be provided for identification.

YOGA

The continual practice of yoga techniques results in a feeling of well-being, a calm enquiring mind and a relaxed vital body. There is no competition, everyone advances at their own level. Both beginners and intermediate courses are available with each course running 9 weeks at two venues. Enrolments must be sent to the Recreation Centre prior to commencement of the term. Contact the Centre on 524 3288 for enrolment details.

Cost: \$49.50 for 9 lessons.

Class Times:

Recreation Centre

6 Maple Street, Sth Caulfield.

Monday: 9.10am-10.10am Intermediate
10.15am-11.15am Relaxation
and Meditation

Maternal and Child Health Centre
Cnr. of Royal and Rosendale Ave.,
Glenhuntingly.

Monday: 6.00pm.-7.00pm. Beginners

MARTIAL ARTS

TAI-KWON-DO

The Korean art of self defence.

Students follow a continuous programme with special emphasis on attacking and kicking skills. Opportunity to enter tournaments and grading.

Instructor: Rod Black
(Black Belt)

Class Times:

Wed. and Fri.: 6.00pm-8.00pm.

Enquiries: Telephone 874 1929.

TAI CHI AND MEDITATION

For those wanting a complete health system that rejuvenates the body and clears the mind.

Class Times:

Friday: 9.30am-10.30am.

For those with some Tai Chi experience.

JUDO

Judo is not an aggressive sport and is a disciplined controlled martial art. It provides the opportunity to improve physical fitness and confidence.

Classes taught by Akira Yamada, 6th Dan Kokodan, Japan, Judo Federation of Australia. Classes can be joined any time.

Class Times:

Tuesday: 7.15pm, 8.15pm.

Thursday: 7.15pm, 8.15pm.

Instructor: Mr Akira Yamada

Enquiries: Mrs Akira Yamada,
Tel. 578 4460.

CHILDREN'S PROGRAMME

All classes start the week beginning Monday July 23rd, 1990.

JUDO

Teaches self defence, discipline and co-ordination and builds confidence in shy, and unsure children. Conducted by Mr. Akira Yamada, Japanese 6th Dan.

Class Times:

Tues. and Thurs.: 6.15pm.

Enquiries: Mrs Yamada, Tel 578 4460

INDEPENDENT CENTRE HIRE

All enquiries for these activities must be directed to the centre during office hours.

OLYMPIC GYMNASTICS

Offered on Saturday mornings. Must have done some form of gymnastics before. All areas taught including high and low beam, parallel and horizontal bar, vault and mat work.

Enquiries: 534 5426.

PRE SCHOOL KINDER PLAY

Kinder play is a new course for pre school aged children, incorporating a variety of new skills and experiences. The hour long class each week will deal with a different storybook theme; a theme that will be incorporated into a variety of areas such as storytime, trampolining, gym games, and music/rhythm activities. Each week children will learn new skills which will be revised the following week. Please note that,

A) Parents are not to attend the classes as it is distracting for both children and teachers.

B) Classes are divided into age groups, so be sure to select the correct age group.

Cost: \$47

Age: 3 to 5 years strictly.

JUMP 'N' GYM

These classes are aimed at 5 year olds and include both trampolining and gymnastic skills. These classes are a progression of the Kinder Play classes.

Cost: \$49 per term

Age: 5 years strictly

Class Times:

Monday: 4.30pm-5.30pm. Beginners

Wed.: 3.50pm-4.50pm. Advanced

RECREATIONAL GYMNASTICS

This class is a combination of both floorwork, apparatus and trampoline work. The course encompasses all of the basics of Gymnastics, with two levels being offered within the same class. Please specify at the time of enrollment whether you child is a beginner, or if he/she has had experience.

Cost: \$54 per term

Age: 6 to 9 years

Time: Thursday 4.30pm-5.50pm.

JAZZ BALLET

Our dance classes are divided into 3 levels. Creative Dance for 5 year olds is a prelude to the basics of movement through dance and creative games, working in coordination to music. The beginners class of Jazz Ballet is where children will learn basic dance steps and sequences. The Intermediate ballet class is a progression from the beginners class and involves more complex and detailed dance sequences and related movements.

Cost: \$46 (Creative Movement)

\$54 (Jazz Ballet)

Age: 5 years and over

Class Times:

Tues: 3.45-4.30pm Creative dance, 5-6

Tues: 4.30-5.30pm Beginners jazz, 6+

Tues: 5.30-6.30pm Inter. jazz, 8+

BOYS GYMNASTICS

The aim of Boys Gymnastics is to provide boys with a means of developing general skills, fitness and confidence. The class will offer two levels, Beginners and Advanced, so please indicate your preference at the time of enrollment. Trampolining is also offered as part of the course.

Cost: \$54 per term

Age: 6 to 9 years

Class Times:

Wednesday: 4.40pm.-6.00pm.

TRAMPOLINE CLASSES

All trampoline classes include a balance of skill work, safety techniques and specialized games which are fully supervised by our staff teachers.

Class Times:

Beginners Classes

Tuesday: 4.15pm-5.00pm, 5 years +

Saturday: 9.30am-10.15am, 3-5 years

Been Before Classes

Saturday: 10.15am-11.00, 5 years +

Saturday: 11.00am-11.45am, 3&4 yrs

Cost: \$44 per term.



Caulfield Arts Complex to don "Done"

It's going to be bigger than Ben Hur and it's going to happen in our City ... the first ever Ken Done exhibition to take place in Melbourne will be held at the Caulfield Arts Complex from June 19 to July 15, 1990.

THOUGH aware of the man, Ken Done, and the many facets to his career, it is probably true that most people have yet to come face to face with one of his original paintings.

This being the case, it seems odd that it is this aspect of his artistic output that has attracted so much controversy, for how can people properly assess what they haven't seen?

Like most artists, Done is a product of his environment and for him, this is Sydney. His home town has played an important role in the development of his individual style. Just as Van Gogh's move from Paris to Arles in 1888, inspired by the brilliant light of the South of France, encouraged him to intensify his colors and produce such paintings as his famous "Sunflowers", so too, are the colors and light of Sydney, captured in Done's work.

The exhibition presents a selection of Ken Done's paintings which date from 1980 to the present. Together they explore the themes that have governed his work over this time. Done's Paintings reflect a very direct, personal and emo-



Above: "Yellow Bird" 1984, by Ken Done.

tional response to his environment and the people who inhabit it - his family, friends, people he has met or has an admiration for, or very

noticeably, himself.

Done, like Matisse, is essentially a colorist who depicts the joyous aspects of life. Unlike the rather

formal elements of design which occupy the decorative and contemplative pictures of Matisse, fluidity of his paint, produces a Ken Done's simplification of nature, amplification of color and

rhythmic energy that parodies the orchestration of music. This aural correlation is clearly illustrated by his collaboration in 1988 with contemporary jazz musician, James Morrison, to produce the 'Postcards' from 'Down Under' series, where each painting by Done, corresponds to a work by Morrison.

It has been said that Done's paintings typify Australia and the Australian lifestyle. If this is the case, it is essentially through his strong use of color and light and his depiction of national landmarks and themes. Done's paintings also reflect his extensive travels overseas, with decorative elements from the art of other cultures finding a place in many of his works.

The exhibition opens at the Caulfield Arts Complex on Monday June 18 and will run until July 15, 1990.

If you require further information about the exhibition please do not hesitate to call Tim Rollason on 524 3287 or Krystyna Tyrrell on 524 3263.

A musical tour - of Europe

LONGING to go on a grand tour of Europe? On July 1, 1990, you can visit the lands of romance and adventure by going on a musical tour of Europe with Henry Wenig, one of Melbourne's most distinguished cellists.

Henry Wenig will take you to France, Italy and Spain before finally reaching the soul of great romanticism - Russia.

If it's fireworks and sensuality that inspire you, then the Rachmaninoff Cello Sonata in G minor is for you. Rarely played, owing to the difficulty of the piano accompaniment, this work was written at the same time as the famous Second Piano Concerto.

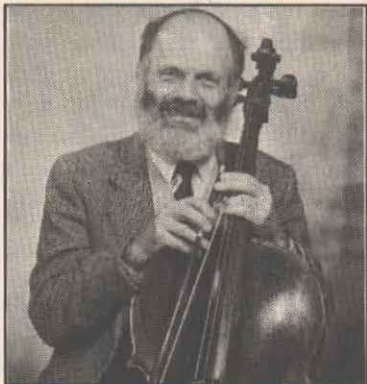
Henry Wenig studied in Paris under the great cellist Andre Navarra for five years and then returned to Melbourne to spend 20 years with the Melbourne Symphony Orchestra, culminating as Principal of the cello section.

Wenig is now lecturer at the Victorian College of the Arts.

This is a concert and great 'tour of Europe', not to be missed!

Sunday, July 1, 1990 at 3pm at the Caulfield Arts Complex, Cnr Glen Eira and Hawthorn Rds, Caulfield.

For further enquiries/bookings, please call Liz Jesty on 524 3264.



Above: Cellist, Henry Wenig.

Costume exhibition comes to Caulfield

MELBOURNE - born theatre designer Hugh Colman has worked on sets and costumes for over 80 productions, since 1970, with most of the major theatre, dance and opera companies in Australia, as well as for commercial management.

His designs are represented in the Performing Arts Collections of Victoria and South Australia and in corporate and private collections throughout the country. He has contributed to many exhibitions and displays of theatre art. For his first one-man show he has chosen representative costume



Above: an example of Hugh's work

designs created for Melbourne-based companies over the last twenty years. These have included the Melbourne Theatre Company, where he was trained as a designer as well as the Victorian State Opera and the Australian Ballet Foundation.

The exhibition will comprise 70 works which will be for sale.

Mr John Sumner A.O. C.B.E. will officially open the exhibition.

Dates: Saturday July 21 to Sunday August 5, 1990.

Venue: Caulfield Arts Complex, Cnr Glen Eira & Hawthorn Rds Caulfield.

For further information please call the Arts Complex on 524 3287.

LIKE TO DO SOMETHING FOR YOUR LOCAL COMMUNITY?

VOLUNTEERS ARE DESPERATELY NEEDED FOR CAULFIELD'S MEALS-ON-WHEELS SERVICE, ESPECIALLY DRIVERS. IF YOU COULD ASSIST ONCE A WEEK, A FORTNIGHT OR ONCE A MONTH, TRUDI WOULD BE DELIGHTED TO HEAR FROM YOU. CONTACT TRUDI ON 524 3301.

**KEN DONE
PAINTING
1980-1990**

An exhibition by well-known Australian artist Ken Done will be held in the Caulfield Arts Complex in June this year. It will be the first Melbourne exhibition of Ken Done's works, and his first in a public art gallery. The exhibition is proudly sponsored by The Ink Group, BMW Australia and Yellowglen Champagne.

**SUNDAY SCHOOL
AND
KINDERGARTEN**

**ST CATHERINE'S ANGLICAN CHURCH
402 KOOYONG ROAD SOUTH CAULFIELD
10.00AM - 11.15AM
BRING THE CHILDREN OR PHONE 523 5796**



W.H.E.N.? ... right now!

Reduce, reuse and recycle ... it's all part of an environmentally sound initiative that begins in your own home.

"WORLDWIDE Home Environmentalists' Network" is what WHEN is all about.

Mina Sirianni is a member of this organisation whose aims, amongst many, are to educate the consumer and begin environmental clean-up at home.

Mina's environmental lesson began in West Vancouver, Canada. This is her story:

"While living in West Vancouver, I lived opposite a wonderful woman called Andrea Miller. She and I often became aware that garbage from Vancouver was to be dumped on Indian land and she was outraged and decided to take action. She would inform local people of what was happening and educate us on the importance of reducing our garbage. What better medium than through a coffee morning?"

Mina believes the discussion groups provide a wonderful arena for airing views, of homemakers, parents and consumers and to evaluate consumer habits and real needs.

Through the meetings Mina realised that individuals can make a difference. "In evaluating everything that came into my home, I was able to control waste generated in my household. Simple guidelines evolved from group discussions which enabled all involved to reduce the quantity of waste per household and consider its content."

The motto used by the organisation, 'Reduce, Reuse, Recycle', has been broadly adopted by its users. Initially, Mina found shopping a difficult task. "Consumers are overwhelmed with processed products and excess packaging. However, with a little effort and investigation, I found alternative outlets with understanding storekeepers, where I could satisfy my needs for reusing containers, reducing packaging and purchasing environmentally safe products. I also adopted the procedure of writing to manufacturers if I did not



Above: Mina Sirianni, encouraging environmental awareness.

like their product or packaging. Our goal of one small bin of garbage per month was soon attained and I gained an enormous sense of worth in knowing that I was enhancing the environment and was bringing up my children to be conservers and critical of advertising."

The success of WHEN is a direct result of the network capturing the desire of households to change the world for future generations through the home.

WHEN encourages people to:

- * conserve
- * recycle
- * shop locally
- * buy organically grown food
- * compost
- * mulch
- * make their household toxic free
- * create no garbage.
- * use cloth nappies
- * protect trees
- * become informed about drinking water
- * prefer vegetarian meals
- * use environmentally safe modes of transportation
- * care for indigenous people.

WHEN is involved in:
* the production of educational

- packages
- * the presentation of community talks
- * encouraging political change at all levels of government eg, bottle deposit legislation.

Mina's objective in returning to Australia is to continue the practices she developed in Vancouver and encourage others to do the same.

Mina believes that many Australians already adopt some of these practices and are very interested in expanding their knowledge.

WHEN is currently being established in Australia and Mina has had a tremendous response from interested people.

"We passionately want our children and all future generations to have a healthy planet", Mina explained, "we can begin to achieve this goal by simply looking at household habits and see if we can eliminate the ones that cause environmental destruction."

Weekly coffee mornings are held by Mina in her home and both Mina and other group representatives are available to speak to groups on request.

If you require further information, you may contact Mina on 817 1317.

Ten big problems: ten helpful hints

1. In Australia we throw away about one tonne of waste per person every year. Packaging makes up 50 per cent of the waste stream; Reduce your consumption. Reuse, make it yourself, give up shopping as a hobby. Buy second-hand. Have a "second-hand-only-presents- birthday party". Leave packaging in the store ... be a conserver not a consumer.
2. Plastic virtually never decomposes and uses valuable fossil fuels to produce: Don't buy disposable plastic items.
3. Twenty football fields of tropical rainforest disappear every minute. Australia imports over 200,000 cubic metres of rain forest timber each year (not including furniture imports); buy plantation pine or second-hand timber. Australian hamburgers do not contain meat from cattle reared on cleared tropical rainforest areas, however, demand for meat in general poses a threat to Australian forests.
4. Our increasing dependence/ consumption of fossil fuels is killing the world. Buy energy-efficient appliances and cars if you must have them at all. Insulate your home, lower room temperatures and wear a jumper. Avoid using clothes dryers and use dishwashers with full loads only.
5. Each baby goes through half a ton of disposable nappies. Disposable nappies do not decompose. Intestinal viruses can live up to two weeks in the nappies and may leak out of the land and fill into water systems. Buy cotton nappies or use a nappy service. Oregon, in the USA, is a disposable nappy-free zone.
6. Our cars are killing the planet. Consider becoming a car-free or one car only family. Each year 450,000 tonnes of lead are released into the atmosphere by humans. Vehicle exhaust represents more than one half of this amount. If you must use a car, keep the exhaust system in good repair and use unleaded fuel. Insist on car-free days for yourself and your community. Walk, ride a bike, take public transport, organise a car pool.
7. More than 12,000 substances are added to our foods, including preservatives, plasticizers, artificial colors etc. many aren't listed on labels. Some are known to cause cancer, suppress the immune system, cause birth defects: Buy organic food. Grow your own vegetables - using companion planting and household organic compostables as fertiliser.
8. Only 25 per cent of the world's paper is recycled (approximately 30 per cent of Australian paper is recycled). Recycling half of the world's paper consumption would meet almost 75 per cent of new paper demand and would release eight million hectares of forest from paper production. Recycle your paper. Encourage use of recycled paper by government, schools etc. Buy only 100 per cent recycled paper. Contact local government regarding paper collection. Send back junk mail.
9. Much of the marketing aimed at consumers is channelled through television. TV encourages us to consume: Break the TV habit.
10. Each day 40,000 babies and young children die of starvation. Join an international aid organisation and encourage them to support aid programs which stress feeding local people rather than developing cash crops for export to developed countries.

WEEKLY RECYCLING COLLECTION

RESPONSE TO CAULFIELD'S RECYCLING COLLECTION HAS BEEN OUTSTANDING. RESIDENTS ARE REMINDED THAT ALL GLASS BOTTLES AND JARS OF ANY SIZE AND COLOR (WITHOUT CAPS), ALUMINIUM CANS AND PLASTIC SOFT DRINK BOTTLES,



REFERRED TO AS P.E.T. BOTTLES, CAN BE LEFT IN THE BAGS. ANY OTHER TYPE OF MATERIAL SHOULD NOT BE PLACED IN THE BAGS.



COUNCIL HAS INTRODUCED THE PROGRAM TO REDUCE HOUSEHOLD WASTE, LITTER AND POLLUTION, WHILE CONSERVING VALUABLE ENERGY AND RESOURCES.

FOR MORE INFORMATION, CONTACT OAKLEIGH RECYCLERS ON 544 2211.

CAULFIELD CONTACT READERS ARE REMINDED THE CLOSING DATE FOR COPY FOR THE JULY ISSUE IS:

WEDNESDAY JUNE 20

COPY SUBMITTED AFTER THIS DATE WILL NOT BE CONSIDERED FOR PUBLICATION.



The disease you'd rather forget Help save a life

Alzheimer's disease, an illness which is 14 times more common than multiple sclerosis.

DO you have a friend or relative who is becoming very forgetful? Someone, for example who gets lost in familiar surroundings? Makes serious mistakes over simple matters at work? Does things around the house like turning on the gas and forgetting to light it? This is a different thing from the ordinary forgetfulness that everyone has from time to time.

What causes it?

There are many causes of dementia. Alzheimer's disease (pronounced alt-sigh-mer's) is a disease in which brain tissue degenerates in a characteristic way. At present it is unknown what causes it and there is no medical treatment which will cure it or even slow it down.

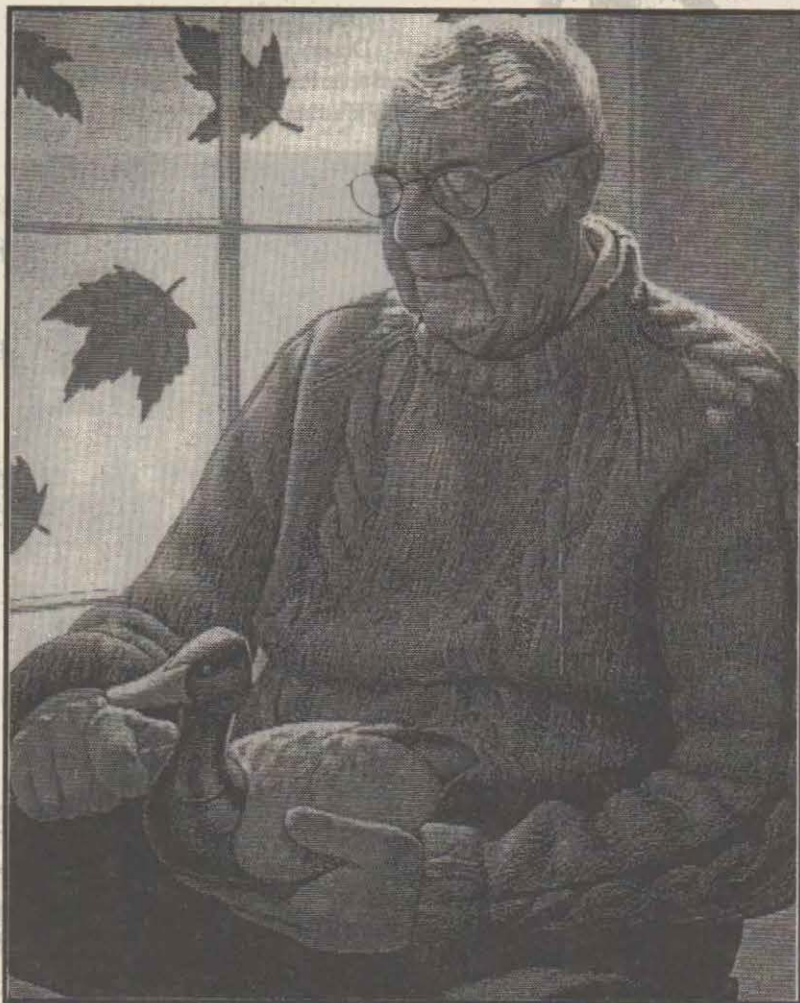
However, there are some promising research developments. For example, the brain of sufferers of the disease have been found to have low levels of an enzyme which produces the chemical acetyl choline.

This is one of the chemicals used by the brain to transmit messages between nerve cells. A deficiency of it may be the key to memory loss. Researchers are now working on ways to increase the level of acetyl choline in the brain.

What happens?

Usually a person with a dementing illness becomes gradually more forgetful and their personality and ability to think are also affected. The progression of the dementia varies depending on the cause and also on the individual person.

Alzheimer's disease may progress rapidly or may take a number of years. Generally, there are three stages in its progress.



The first stage often passes unnoticed as the symptoms can be ignored or written off as unimportant - the person becomes increasingly forgetful, finds it difficult to take in new information, loses his/her way or sense of time occasionally and becomes less spontaneous.

In the second stage, the memory and ability to take in new information, continue to deteriorate.

This may lead to serious mistakes, such as turning on the gas and forgetting to light it and the person may need supervision. A sufferer may forget what he/she were saying mid-sentence, forget the meaning of words, have trouble calculating or making plans and

decisions and become much slower in speaking and understanding. Other problems in this stage may include changes in personality, such as becoming paranoid, obsessive or even violent; wandering and becoming lost and encountering difficulty with personal hygiene.

In the third stage, sufferers generally become apathetic, fail to recognise people, even their own reflection and can no longer control their bladder and bowel functions.

Finally, they seem unable to make any sense of the world or to manage even simple tasks such as dressing or washing. By this stage, professional full-time care is necessary.

What can be done?

For people with Alzheimer's disease or a similar (as yet) incurable condition, much can be done to help and meet the needs of those caring for them and living with them.

The task of caring for someone with such a disease is hard enough. It is often made even more difficult by the lack of understanding from other people. The people who are most likely to know how to help and who can understand how you feel, are those who have had similar experiences.

For this reason, all over the world, people are setting up support groups for the friends and relatives of people with dementia. In Victoria, the Alzheimer's Disease and related Disorders Society (ADARDS) has been formed. Its aims are:

- * to develop support groups within the community to give families and other carers of affected persons an opportunity to assist and encourage one another and to share and discover information regarding the condition of Alzheimer's Disease and related disorders;
- * to educate and inform the public, medical and helping professionals;
- * to advise government authorities on the needs of the affected persons and their families;
- * to promote research and seek to improve services for people with Alzheimer's Disease and related disorders.

If you require further information on Alzheimer's Disease, you may contact the Alzheimer Society of Victoria on 818 3022.

* All information obtained from Alzheimer Society of Victoria's brochure "The Dementias: Memory Loss and Confusion".

THE simple technique of heart-lung resuscitation can easily be learned. None of us know when we may be faced with an emergency situation - accidents, injuries, drowning, or even the collapse of a friend or relative.

Regular heart-lung resuscitation demonstrations are given at the Chadstone Community Health Centre on the first Wednesday of each month at 2pm.

Sessions run for two hours and the video "No time to lose" will be shown. Life-size models will be available for practise by participants.

There is no charge and booking is essential as numbers are limited.

Please telephone 568 2599 between 8.30am and 5pm and speak with the Duty Person.

Coping with hearing loss

CHADSTONE Community Health Centre, conducts free hearing screening tests for adults and offers advice on hearing aids monthly, each second Thursday from 9.30am to 4pm.

The Centre, in conjunction with the HEAR Service, is also offering a short six week course designed to assist people with hearing loss and to deal with difficult hearing situations.

In particular, the course will concentrate on:

- self assessment of hearing difficulty
- relaxation techniques
- using auditory and visual skills in communication
- information on devices/aids to assist hearing
- hearing tactics.

For further information, or to enrol, please telephone the Centre on 568 2599.

Diet for a healthier lifestyle

PEOPLE today are increasingly aware of the importance a sensible diet plays in achieving a good standard of health. The dieticians at the community care centre in Caulfield offer several programs that provide individuals with the

knowledge and incentive to improve their eating habits. One of these programs, the cholesterol control group, is aimed at people who have already established medically that they have a high level of cholesterol.

There are two practical programs available. The eight week course costs \$35 (\$20 concession) and involves dietician, physiotherapist, occupational therapist and social worker. For further information please call 523 6666.

Health education for women

CHADSTONE Community Health Centre is providing a unique health education session for women in 1990 called 'Top and Tail'. This new session addresses the two areas of women's bodies that are important factors for their health - breasts and pelvic floor. The sessions will be held in the mornings and evenings

take two hours.

The sessions run intermittently either on Tuesday mornings or Thursday evenings. They are run on demand throughout the year. If you are interested in attending or require further information please telephone the Duty Person on 568 2599 between 8.30am and 5.00pm, Monday to Friday.

STILL LOOKING FOR A VENUE FOR THAT SPECIAL OCCASION? WHY NOT USE THE AUDITORIUM AT CAULFIELD CITY HALL? FOR A COMPETITIVE QUOTE, CONTACT THE CAULFIELD ARTS COMPLEX ON 524 3287.

INCINERATORS:

DO YOU KNOW YOUR RIGHTS?

Burning off in incinerators is only allowed on Tuesdays, Wednesdays and Thursdays between 10am and 3pm (not total fire ban or smog alert days). For details, ring 524 3279 or 524 3275.



Walking out in my shoes

Put those walking shoes on and get moving!



A WALKING group will now operate through the Caulfield Recreation Centre, at 6 Maple Street, South Caulfield.

This newly introduced activity will allow people of all ages to walk to places of local interest, in a group situation ... which is definitely a lot more fun.

There are many benefits to gain through walking. Among these are:

- cardiovascular health;
- slowing down of osteoporosis;

- stress reduction.
What's more, it's an easy and convenient way of keeping fit. The combination of a low-fat diet and walking will aid the reduction of weight, body fat and cholesterol.

The walking group will commence on Tuesday June 12 at 9.30am. The duration of the walk will be one hour. The cost will be \$1.50 per participant and the walks will include:

- Caulfield Park;
- Duncan McKinnon Park;
- Central Park (Malvern) and;
- Caulfield Racecourse.

If you are interested in joining the group, please contact Michelle or Gail at the Recreation Centre for all the details regarding the group.

Phone: 524 3288 or 524 3362.

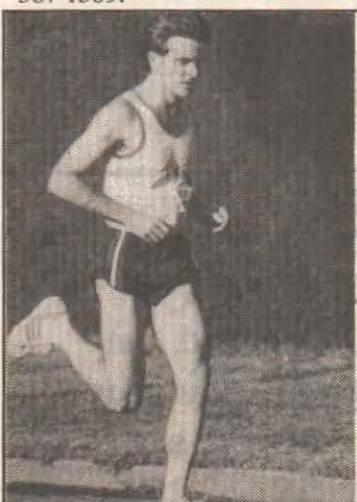
Glenhantly run hot!

GLENHUNTLY A Grade had a comfortable 47 second win over Ballarat YCW in the 6x6 km road relay championships at Sandown recently.

Glenhantly have won eight of the past championships held at Sandown. Ballarat YCW were looking for a win over Glenhantly, as the last time they clashed in a relay, Glenhantly's Joe Murphy had a one minute 23 second lead when he took over to run the last leg, but Ballarat had Powerhouse, Steven Monagetti as anchor man and he ran Murphy down and Ballarat won by 13 seconds.

Greg McMahon was Glenhantly's first runner off and he completed his leg in just 18.36. Adam Hoyle put in the last leg of 18.19 to put Glenhantly within a strike of the lead. Glenhantly did win the race and proved too good for Ballarat.

VAA Athletics is open to all levels and if you are interested in joining Glenhantly or wish to know more about training nights, contact Greg Ellis on 720 2838 or Chris Murphy on 587 1509.



Above: Runner Greg McMahon

Shelford helpers



Above: Rigorous training for volunteers and competitors

SHELFORD Year 12 students, Amanda Ralph and Mary Anderson, have been participating as volunteers for the Special Olympics recently held at Monash University.

They have been assisting the Southern Region Special Olympians in their training since the beginning of this year.

The Special Olympics is founded on the belief that people with intellectual disabilities can, with proper instruction and encouragement, learn, enjoy and benefit from the participation in individual and team sports, adapted as necessary to meet the needs of those with special mental and physical limitations.

Consistent training is indispen-

sible to the development of sports skills and so volunteers of all ages are required to direct and assist in teaching the athletes the discipline and coordination required.

A team of seventy athletes from the Southern Region will compete in five sports at the State Games. If successful, they will go on to represent Victoria at the National Games which are held every two to represent Australia in Minneapolis when the international games are held in America next year.

By all accounts, the volunteers get as much out of the training experience as the competitors and the Shelford girls are enjoying their participation immensely.

WANTED VOLUNTEERS

BINGO CALLERS - for group of older people living in Council hostel for the aged. Contact Pamela McKimm on 524 3367.

HELPERS - to help out with organisation at at friendship group for retired people. Social gatherings, drop-in centre etc. Contact Glad Miles on 570 4956.

WANTED

SCHOOL CROSSING SUPERVISORS

Rate: \$9.31 per hour.

Hours of duty: One hour each morning and afternoon (weekdays).

All equipment (including uniform) is provided.

If interested, contact Mr Chris Etherington, Superintendent, Traffic and By-Laws on 524 3274.

Little Athletics ... winners

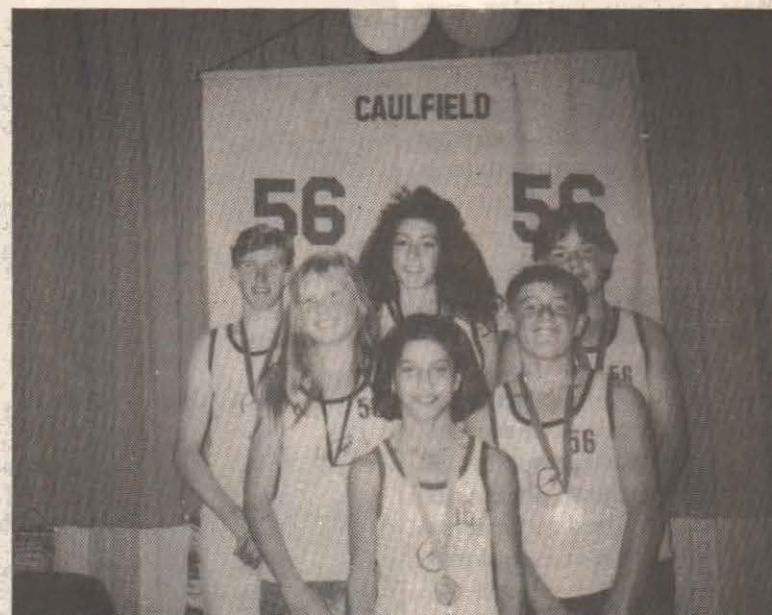
ATHLETES from Caulfield Little Athletics Centre competed recently at the Victorian Track & Field Championships held at Olympic Park, winning a total of three gold, three silver, and two bronze medals.

Deserving special mention are Steve Partsanis who broke the Victorian under 11 discus and

shotput records and Belinda Stone who equalled the under 15 high jump record.

Training for the next Little Athletics track and field season commences in September.

For further information please call the Centre's president, John Treanor on (AH) 578 1809.



Above: (l-r)back; Matthew Gamble, Belinda Stone & Steve Partsanis. Front; Kelley Passmore, Shantani Ponnusamy & Matthew Robbins.

School holiday outings

With four school terms, school holidays seem to come around that proverbial corner a lot quicker nowadays ... you CAN solve that problem of what to do.

MOST children love being at home, enjoy having unstructured time and being able to amuse themselves with games, toys, books and extra curriculum activities during the school term.

However, there is also the expectation that there will be some outings during the holidays.

The staff of Caulfield Family Day Care have come up with some inexpensive ways of keeping primary school children amused during their school break. Try the following:

* A day at the museum;

* Swimming at an indoor pool (Harold Holt, Malvern or Monash University);

* Visit to the library;

* Free films at the State Film Centre;

* Sausage sizzle in a local park;

* Collingwood Children's Farm;

* A ride on a tram or train (sometimes Vic Rail have holiday excursions);

* A bus ride (many terminate at Chadstone, one even goes to Belgrave, the 'Puffing Billy' terminus);

* Scavenger hunt on the beach.

Over 50s tennis coaching

A TENNIS program including coaching will commence on Friday, June 15 at the Brooklyn Avenue, tennis courts in South Caulfield.

The class operates for two hours between 10am to 12 noon.

Participants will be coached by Cheryl Hewitt a professional tennis coach and will have the opportunity to play in tournaments.

If you are aged over fifty and

would like to play tennis, please contact the Recreation Centre on 524 3288 or 524 3362.

There are limited places available so book early to avoid disappointment. It's lots of fun and a great way to improve your game and fitness at the same time.

The term consists of 9x2 hour lessons and the cost is \$50 per term.

RECREATION 50

COME AND TRY WALKING FOR FITNESS. THURSDAY MORNINGS AT 9AM AT PACKER PARK - BETWEEN OAKLEIGH AND LEILA RDS MURRUMBEENA.

MEET AT LEILA RD CAR PARK.

WEAR WARM, COMFORTABLE CLOTHES AND SHOES. ALL ENQUIRIES : PAMELA MCKIMM ON 524 3367.

CARPET CLEANING

LOUNGE, HALL & DINING
\$25 (Max. area 250 sq. ft spotting extra.)
CARPET CLEAN
NATIONALAIR 883 7405

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STEPHEN CARR
 ELECTRICAL INSTALLATIONS
 AND MAINTENANCE
 ELECTRICAL CONTRACTORS
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 R.E.C. 8450
 Member E.C.F.
TELEPHONE : 568 1403

A BETTER lawnmowing service. Good, reliable and prompt. Phone Paul Kenny on 592 0050 after 4pm.

MASSAGE THERAPY

FEELING sore, stiff, tired or stressed after a hard day's work, or preparing for your favorite sports event? Phone Brian on 568 6961 for therapeutic relaxation and sports massage.

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 Interior and exterior painting and wallpapering. Also small general repairs. Member M.P.A.
 Free Quotes
 Please ring
528 2805

PAINTER Interior and exterior painting. Textured rendering. Maintenance work. Small repairs. AH 571 6329.

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PROMPT efficient repairs to all brands. Home servicing or free pick-up and delivery. Reasonable rates. Ph. 584 1051.

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 Quick service and repair
 * Colour T.V.
 * Stereo
 * Cassette
 * Radio Telephone 527 2136
ALL HOURS

WANTED

LADY wanted for house cleaning three mornings per week. Suitable for mother with schoolchildren. Please ring 523 0130.

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First Class Work Measured and quoted without obligation.
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 AH. 560 3119 or 570 5322
 Repairs done to wrought iron doors & enclosures.

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 Industrial & Commercial
 includes Shampoo Carpet; Steam Clean; Floor Wash and Polishing.
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COURIER service for small-medium size packages in Caulfield at a good price. Ph. Mick on 571 1997.

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 All types of timber paling fences erected
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FIREWOOD

WHOLE paling fences, suitable for firewood. Free including delivery. Ph. 527 9241. Supply and erect paling fences and gates. Also repairs. Ph 527 9241.

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GARDENING. Elsternwick tree and rubbish removal. 10 years experience working for Council Parks and Gardens, fully qualified. Ph: 555 0675.

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HANDYMAN. Domestic and commercial repairs and maintenance, interior and exterior. No job too small. Call Duncan on 531 6504.

LAWNMOWING

MOWING
 Also gardening and rubbish
 Expert pruning. Gutters cleared.
 No payment until satisfied
Ph. 592 2533

CONTACT

BOOK REVIEWS

'East, West and Nowhere'

HELEN Dindas, the author of 'East, West and Nowhere', will speak at the Caulfield Library, Maple Street, Caulfield South on Thursday, June 21 at 7.30pm.

Her story, written under the name of Galinda Kordin, tells of her life in Russia under Stalinism, of the WW2 and the freedom to Australia in the 1950s.

This freedom was marred by a crippling car accident. Helen's spine was critically injured and only through painful exercise and great discipline did she regain her ability to walk and manage her daily routines. Copies of the book will be for sale or loan on the evening and two copies will be given away at the door. Enquiries regarding the evening can be directed to Barry Scott on 524 3357.

FICTION

Angel in the Sun by Natalya Lowndes. Peasants sieze a great estate deep in the wilds of south eastern Russia. An absorbing and

little known aspect of Russian history.

The Blue List by Nigel West is a spy thriller closer in spirit to Buchan than Bond.

Watercolor Sky by William Riviere is redolent of the Norfolk landscape. It is the story of Kit Marsh and Alice Dobell, forever in love, forever out of step, dancing out of time.

Calm at Sunset, Calm at Dawn by Paul Watkins. James Pfeiffer lives in a world of ships and fishermen. Against the wishes of his parents, he follows the path of his family out onto the water.

Taking Shelter by Jessica Anderson is a story of relationships, of a group of people drawn together by a quest for love.

Asleep at the Wheel by Catherine Moyer is the story of an English geriatric ward written in a style evocative of Tama Janowitz and

Douglas Adams.

NON FICTION

Smokey. Inside My Life by Smkoey Robinson. A gritty, personal account of a Motown musician. Robinson talks with striking candour about himself.

The Midas Touch by Anthony Simpson. A book about money and people and about how money affects each continent.

The Complete Book of the Dog. This well-illustrated book includes information on dog breeds, daily care, training and healthcare.

A Palette of Artists by Ken Bandman. The story of the Bezalel Fellowship which has been fostering Jewish artists in Melbourne for twenty five years. Artists included are Marianne Roth, Sarah Saaroni and Michael Brons.

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BOWLED OVER

CARNEGIE Bowls Club recently held their 36th annual meeting which was well attended and revealed a sound financial situation. President, Bob Bainbridge was re-elected for his third term and his secretary, Elwood Davey, will continue the job he has done so well for many years.

The ladies' new president is Margery Bean, who took over for Norma Rosevear and Joan Bainbridge, like Elwood Davey, will continue her work as a secretary.

'Indoor' bowls are now in full swing and the five carpets provide good entertainment for up to 80 players. 'Solo' and 'Crazy Whist' are played every Tuesday at 1pm and visitors are always welcome - just ring the Club on 578 7131 for details.

CAULFIELD Park Bowling Club recently held their annual general meeting. The following members were elected to the positions:
President: Rose Rubenstein.
Immediate past president: Anne Goldrich.
Vice president: Pola Silberscher.
Secretary: Esther Philipp.
Treasurer: Steffi Bando.
 Edna Garth was awarded a life

membership for her many years of contributions to the Club.

The yearly activities have been successful and the sponsor days were well attended. The Club donated \$350 for the VLBA charity day for the Laser for the Royal Melbourne Hospital.

The Club looks forward to the beginning of the next bowling season beginning early September, 1990.

THE Carnegie Memorial Recreation Club would list the following winners of the annual club competitions:

- Men's club champion:** Jack Hill & (runner up) Ed Lambert.
- Men's pairs:** Roy Buck & Norm Horbury & (runners up) Des Murphy & Ken Bayliss.
- Proportional handicap:** George Toole.
- President's handicap:** Frank Dawson.
- Minor champion:** Andrew Needham.

Members and interested residents are reminded that Indoor Bowls will be played every Tuesday at 1pm and on Thursdays the ladies play Solo. It all happens in the Club house - starting time 1pm. For further details, call the Club on 569 8483.

Caulfield Contact Publication Dates 1990

CAULFIELD Contact will be published 11 times in 1990, with no combined issue for July/August as there was in 1989 to allow for the August local government elections. However, the August issue will be distributed in late July, just before the local authority elections.

Articles submitted before the listed date have the best chance of being included in each edition.

No responsibility will be taken by editorial staff for the exclusion of any article due to space restrictions.

Issue	Pub. date	Article deadline
July	July 2	June 20
Aug.	July 23	July 18
Sept.	Sept. 10	Aug. 20
Oct.	Oct. 10	Sept. 21
Nov.	Nov. 8	Oct. 19
Dec.	Dec. 11	Dec. 23

**** Display advertisements must be submitted three weeks before publication date for each issue, while classifieds must be submitted a fortnight before. Advertisements stating size, page number and number of issues can be sent to SHARON OVISS, PO Box 42, South Caulfield 3162.**

CONTACT DIARY

Do you have an event coming up that you would like publicised? Well this is the place to put it!

Contact diary is compiled monthly and if you want to let the community know about any club or social event, we'll be happy to include it on this page.

Let us know about your activities.

Post your notice to:

Contact diary

P.O. Box 42, South Caulfield, 3162.



CAULFIELD Self-Help Group of the Arthritis Foundation of Victoria will meet at on June 25 at 10.15am at 259 Kooyong Road, Elsternwick. Visitors welcome. For all enquiries phone 570 4971.

CAULFIELD branch of Victorian Gas Association will hold its next monthly meeting on Tuesday, June 26 at 1.30pm in the Auxiliary Room of Caulfield City Hall. There will be a speaker from the weather bureau. New members are welcome. Annual subscription \$1. For all enquiries please call Mrs Murdoch on 557 2254.

EURO Cine Club is screening a number of never-shown in Australia French films with sub-titles on the following dates:

- * July 13 & 16;
- * August 6 & 10;
- * September 10 & 14;
- * October 8 & 12;
- * November 26 & 30 and;
- * December 5.

The films are shown in the Oakleigh Library theatre at 148 Drummond Street from 7.45pm. Membership is \$20 per couple; \$12 for singles; \$18 per pensioner couples and \$10 per single pensioners. For further information please contact Nita on 557 1813.

ELSTERNWICK District Bowling Club have scheduled the following events during the winter recess:

Solo luncheon & afternoon tea - July 12 & August 9 at 11am. Cost \$3.50.

Saturday afternoon cards - July 14 & August 11 at 1pm. Afternoon tea. Cost \$1.50.

Sunday mixed social indoor bowls - July 1 & 15; August 5 & 19 at 1pm. Afternoon tea provided. Cost \$2.50.

Interclub luncheon - July 18 & August 15 at 11am. Luncheon included. Cost \$2.50.

For any enquiries call 571 1775.

NEIGHBOURHOOD Watch Group C80 will hold its next meeting in the committee room of Caulfield City Hall on Tuesday June 12, at 7.30pm. Your attendance will be greatly appreciated.

HUGHESDALE Art Group will hold a demonstration in watercolor by artist Judy Talacko on June 27 at 8pm in the Hughesdale Community Hall on the corner of Poath and Kangaroo Roads. All

visitors welcome. Donation \$2. Members 50cents. Enquiries on 885 6407 or 568 7123.

CAULFIELD Historical Society will hold its next meeting on Wednesday, June 20, at 8pm at City Hall. Guest speaker, Walter Kay, a member of Caulfield Heritage Watch, will show slides of Caulfield and Elsternwick and will speak about the importance of preserving this heritage. For further information please call Hazel Ford on 528 4140.

EARLY Planning For Retirement Group will hold the next activities in June:

June 12: Walking group - A walk along the Maribyrnong River. Meet at City Hall at 10am. Visitors welcome. Enquiries 568 5778.

June 18: Photography group - will meet at 8pm, St Georges Rd, Elsternwick. Subject "Bridges, Jetties & Piers". Visitors are welcome. Enquiries 571 3687.

June 21: Interest meeting - to meet at 7.45pm, Gladys Machin Hall, Cedar St, Caulfield. Guest speaker is Luanne Caldwell from the Victorian Tourism Authority. Supper will be served. Visitors welcome. Enquiries 570 1150.

June 27: Travel group - to meet at 7.45pm, Gladys Machin Hall, Cedar St, Caulfield, Betty Huston will show slides of Egypt and Jordan. Supper will be served. Visitors welcome. Enquiries 568 7732.

CLAN Cameron Australia Ltd will be conducting an evening of Scottish videos commencing at 8pm on Saturday July 7, at St David's Uniting Church Hall, Cnr Grangè and El Nido Roads, Glenhantly. Videos covering a wide range of Scottish culture and entertainment will be shown and the evening will conclude with supper. Admission: adults \$2.50; Concession and children \$1.50. You don't have to be a Cameron to come along and enjoy yourself!

CAULFIELD Combined Pensioners' Association will hold their monthly meeting on Tuesday June 19 at 1.30pm at Caulfield City Hall to report on the delegation to the Minister for Transport, regarding travel concessions. Afternoon tea will be provided. Everyone welcome so come and join us. For further information contact Alma on 528 4459 or Anita on 527 8172.

MALVERN Artists' Society will be holding their annual popular weekend for people to see artists at work. Come and see the artists at work on Saturday June 16 and Sunday June 17 from 11am to 5pm at the Malvern Artists' Society Gallery, 1299 High St, Malvern. Donation \$3. Children with adults, free. For further information please phone 8227813.

MUSIC Lovers' Society will present a recital featuring Aida Lissek (piano) and Nick Newton (flute) accompanied by Angela Dhar, at St Paul's Church, Dandenong Rd, Malvern/Caulfield North (opposite Glenferrie Rd) commencing at 8pm, Saturday July 7. Admission \$6; Students/Pensioners \$4; Children \$2. New members welcome. All enquiries 571 0850.

CARNEGIE Rudolph Reiner Pre School will be holding the following events in the month of June:

- Winter solstice vegetarian feast on Saturday June 23 at 8pm at the Ubiting Church Hall, Tara Gve, Carnegie. The theme of the feast will be mythology - dress as you feel appropriate. Cost \$25 per head to Jenni Coralie on 583 3945.

- A talk given by Julia White (a mother/teacher/artist) entitled "Homemaking". This will be of special interest to parents of young children and the talk's aim is how to rediscover the meaning and issues of home and family life. Enquiries to Julia White on 808 1702. The talk will be held on Monday, June 18 at 8pm and will be held at the Uniting Church Hall, Tara Gve, Carnegie.

PROBUS Ladies Club of Caulfield will hold the following events in June:

- A tour and morning tea at Parliament House on July 9. The bus 9.15am. The cost will be approx. \$5. Those deciding to join in, please ring Mary on 578 3674.

- At the forthcoming meeting on June 21, special guest will be Mr John Chartres, rotarian and president of Malvern/Caulfield branch

of the REIV. This topic will be "Real Estate in the present climate".

- **Club elections** will take place on July 19 in the City Hall Committee Room at 10am. Special guest speaker will be Mr Ron Howes, from the State Transport Authority. His talk will be on the type of holidays available and future services of VLine.

The response to the Club has been quite overwhelming. The Club advises that ladies wishing to join, put their name on the waiting list. For the time, membership has been closed.

CARNEGIE - Murrumbeena Elderly Citizens' Ladies Auxiliary is not closing down.

There seems to be some confusion owing to the Auxiliary going into recess in August, 1990 after the annual meeting. The Auxiliary has been functioning for 33 years but the time has come when it can no longer carry on, owing to decreased membership, health reasons and members leaving the district and as the Club is now well established, time has come to discontinue. For any further information please call 578 2707.

WHOLE-In-One-Singles will be holding a training session on "Parenting Skills" on Wednesday June 13 at 7.45pm, Fellowship Room, Church of Christ, 40 Toolambool Road, Carnegie. Qualified instructor, Doug Smith will provide the parent effectiveness training. Most of the session will consist of interaction with the audience. Everybody welcome, even if you don't have children. There will be a \$2 cover charge. For further details please call Norma on (AH) 568 7228.

ST GILES' Uniting Church, Murrumbeena, will hold its Centenary Celebrations at 117 Murrumbeena Road, on Sunday, July 15, from 10.30am to 4.30pm, including morning worship, buffet lunch, afternoon P.S.A. and historical display. Former Presbyterian, Methodist and Uniting Church members welcome. If you would like to attend, please

contact Anne on 578 4217 or Ian on 569 5723, ASAP.

OAKDALE Angling Club will hold its next meeting at Murrumbeena Reserve, Kangaroo Rd at 8pm, June 20, 1990. Interested anglers of all ages are requested to ring Max Born on 544 3703.

KILVINGTON Baptist Girls Grammar School Parents & Friends Association, is holding a Twilight Fair on Friday, June 15, 1990, at the school in Lillimur Rd, Ormond, from 3.30pm to 8pm. There will be the usual cake, jam, lucky dip etc stalls. The fair is a major fund-raising event for the year.

THE Over 40s Club will hold a dance on June 23, at 675 Centre Road, East Bentleigh from 8pm. Members \$4; visitors \$5; \$1 less if you bring a plate. For further information please call 563 2486 or 546 8095

THE Oaks Toastmasters Club meets every first and third Wednesday of the month to teach better communication skills. The program is varied, not overly serious and learning is done in an atmosphere of enjoyment and mutual support. All welcome to attend. Guests admission is free.

TABLE tennis for the over 40s is held at the Maccabi Community Centre, 97 Alma Road, St Kilda, every Monday from 1pm to 3pm and Thursday from 10am to 12 noon. Cost is \$2.

For further information please ring Alex Joy on 509 7132.

CAULFIELD Montessori School will be holding a parent information night on Wednesday June 13 at 8pm. Guest speaker, Jill Vizec. For further details call 528 4478.

50 AND OVER PRYME BALL

WHAT IS A PRYME BALL?

THIS IS A MODIFIED GAME OF NETBALL AND BASKETBALL FOR LADIES AND GENTS 50 YEARS OF AGE AND OVER.

COME AND MAKE FRIENDS WITH THE CAULFIELD PRYME BALL GROUP IN AN ENJOYABLE AND REJUVENATING COUPLE OF HOURS AT THE CAULFIELD RECREATION CENTRE, 2 MAPLE STREET, CAULFIELD SOUTH.

FRIDAYS: 3.30PM - 4.30PM.

FOR MORE INFORMATION CONTACT AUDREY ON 569 7254.

CAULFIELD CONTACT ARTICLE SUBMISSIONS

CAULFIELD CONTACT IS COMPILED FOR THE RESIDENTS OF THE CITY OF CAULFIELD. ARTICLES OF INTEREST ARE REGULARLY SUBMITTED FROM MEMBERS OF THE COMMUNITY AND THE PAPER ENCOURAGES THIS. HOWEVER, AT TIMES, DUE TO LACK OF EDITORIAL SPACE, WE ARE UNABLE TO USE THESE ARTICLES. IF YOU WOULD LIKE TO SEND IN AN ARTICLE AND ACCOMPANYING PHOTO, PLEASE ADDRESS AS FOLLOWS:

ROSA FRASSONI
EDITOR
CAULFIELD CONTACT
CAULFIELD CITY HALL
P.O. BOX 42