# CAULFIELD

# GON NITON AND THE

N T

Link

A monthly publication produced by the Caulfield Council for the residents of the City.



Volume 16 No 6 July 1990

# Workers win a nine day fortnight



CONDITIONS for a nine day fortnight for outdoor staff employed by the City of Caulfield has been agreed upon by workers and Council.

On June 13 the Municipal

Employees Union (MEU) failed in their appeal to the Industrial Relations Commission for a 9 day fortnight for outdoor staff employed by the City of Caulfield. Workers at the Caulfield Depot resolved to go on strike over the issue and picketed the depot on June 19 and 20.

While the garbage section was not part of this industrial action, garbage workers were not able to 20.
On June 22, Council formally negotiated a deal with the MEU for a 9 day fortnight.

cross the picket line. As a result, garbage collection was disrupted in parts of Caulfield on June 19 and

a 9 day fortnight.

Various conditions for the 9 day fortnight were stipulated in an agreement between the Council and the MEU. Some of these condi-

- tions were:

  \* Employees will be paid by electronic funds transfer.
- \* An earlier starting time.
- \* A shorter morning tea break.
- \* No afternoon tea-break.

Other general measures designed to improve productivity in the workplace were also agreed upon.

Left: Standstill also affected garbage collection in some areas.

#### CONTENTS

	1-3
	2
ws	4-6
k land	6
	7
ent	8
	9
eisure	10
V Tr	11
	12
	k

#### B. RUSCHINEK AASACPA

FOR ALL ACCOUNTING AND TAXATION MATTERS

PH. 523 8666

LEVEL 1/387-9 GLENHUNTLY RD ELSTERNWICK

FOR ALL LEGAL AND ASSOCIATED MATTERS

S. RUBENS LLB (HONS)

Barrister and Solicitor

# Chiefs meet in Caulfield



CAULFIELD Council hosted the Annual Meeting of the Local Government Chief Officer's Group

The group, founded in 1981, meets three times a year to consider issues of concern to chief officers all over Australia.

According to Douglas Aylen, Caulfield Council's Chief executive officer and the national registrar of the group, the meeting allows for the exchange of fresh ideas. "Officers get to share their knowledge and experiences in senior management, looking at the ongoing professional development of chief executives in local government."

Officers also have the opportunity to talk to other chief officers enabling them to bring new ideas (cont. page 2)

Left: (I-r) Douglas Aylen (Caulfield City Manager, Cr David Bloom and guest speaker, Graeme Calder.

# THE NEW BEGINNING FOR . . . HAIR TODAY MANE EVENT

HAIRDRESSING 426 Glenhuntly Rd, Elsternwick Ph. 528 3903 or 528 3879

#### PROFESSIONAL CURTAINS

A full consultation service is available from our qualified store manager, Mark Moray.

PH: 523 0233

2A St George's Rd, Elsternwick

# TALBOT DIAMOND

'A proud association with Caulfield for over 25 years.'

SUCCESS .....

We are not resting on our laurels and waiting for the phone to ring.

This market demands hard work and unswerving dedication to the philosophy that

THE BEST SERVICE GETS THE BEST RESULTS.

For service and results phone 523 9111 or AH Mark Kausman on 523 7344.

Cnr Kooyong and Glenhuntly Roads, Caulfield.

#### EDITORIAL

WELCOME to our July issue of Caulfield Contact.

As in all our monthly issues, we bring you the regular feature sections with interesting and informative articles on the environment, health, art and other areas of community interest.

The number of article contributions we receive from the community, is always on the increase. This type of input is necessary so that issues and events occurring in our community can be monitored and addressed.

The number of letters received for our 'Community Talk' section is now, almost non-existent. This section provides a forum for members of the community to air views and have their comments noted. As editor, I encourage this type of input and would like to hear what you have to say about the paper and general community affairs.

Nominations for Council elections are currently in full swing and will close on July 11, 1990. In our next issue we will give you a run-down on all you need to know about the elections and profile all candidates.

I hope you enjoy this issue of Caulfield Contact and we look forward to bringing you a bumper "election" issue next month.

Remember, Council elections will be held on Saturday August 4, 1990.

One greene EDITOR.

#### REMEMBER ARTICLE DEADLINE FOR **AUGUST ISSUE** IS **JULY 18**

Arts complex.....524 3287 Rates.....524 3215 Human Services.....524 3228 Traffic & By-Laws...524 3216

CITY HALL CONTACTS

Engineering......524 3238/40

Town Planning......524 3374

Traffic Engineering.524 3324

Building......524 3201 CAULFIELD CONTACT PAGE 2

Finding an available car spot in most areas is a problem nowadays ... finding a car spot outside a restaurant can be a nightmare!

RESIDENTS of Caulfield may be surprised to hear that there are a total of sixty restaurants in their

This is just one of the findings contained in a report on restaurants in Caulfield, which has been prepared by the Council's Planning Department.

The Council has also developed a policy on restaurants in the area. It has paid particular attention to the perennial problem of the scarcity of parking in areas where restaurants dominate.

The Council is intent on providing a consistent approach to proposals for new restaurants in the area.It has done just that with its Resaurant Policy, which is at present in draft form.

It is envisaged that this policy will be referred to in assessing future applications for restaurants and cafes where a permit is required

under the Caulfield Planning Scheme.

The report has identified areas in Caulfield where there is high demand for after-hours car parking which is not matched by existing parking provisions. Applicants seeking permits for restaurants in these areas will be required to provide new on-site parking.

Moreover the report has identified key areas of under-utilisation in Caulfield where there is scope for greater night-time use of existing carparking.

The draft policy is available for public perusal and the Council is seeking public comment on the issue. Copies of the draft policy are available for viewing at the Caulfield Library or may be obtained from the Planning Department. Contact Sherry Hopkins on 524 3337 for details.

# Caulfield's parking menu Annual civic dinner



Above: : Exchanging a few words, (I-r) Councillor Rayleen Haig, Mayor of Brighton and Caulfield Mayor, Cr David Bloom

AT Council's Annual Civic Dinner Dance, held on June 23, donations were presented by the Mayor of Caulfield, Cr David Bloom, to the Australian Teenage Cancer Patient Society (Victoria Branch) and the Council's Arts Complex Fund Raising Committee.

The donations were from funds raised at the Australia Day Break-

Guests of honor at the dinner included the Hon. Andrew Mc Cutcheon, Minister for Planning and Urban Growth and the mayors of adjoining councils.

#### shrubs well trimmed Keep

THERE is nothing worse than being slapped in the face or dripped on by a wet branch as you casually walk along the footpath.

If you have ever been obstructed by a tree or shrub hanging over the fence of a resident's property, don't curse the Council because it's up to the property owner to keep trees or shrubs under control.

If a Council By-Laws officer leaves a notice for you to cut back your trees or shrubs you must do so within 14 days.

Trees must be cut to a height of three metres above the ground and vertically in line with your property boundary.

If you do not comply with the notice, then the Council will do the work and expenses will be paid by the owner.

When you do cut back your trees, remember not to leave or burn the cuttings on the nature-strip or in the gutter.

If you have any further enquiries concerning this matter, please feel free to contact the By-Laws officer at City Hall on 524 3336.

Below left: There is a right and wrong way of trimming overhanging shrubs. The diagram may help you.

#### Chiefs meet in Caulfield

(continued from page 1)

back to their councils.

Chief officers from Western Australia, South Australia, New South Wales, Tasmania and Queensland attended the meeting at City Hall.

As part of their visit, the chief officers took a guided tour of Caulfield, visiting Council services like the Arts complex, Multi-unit Housing and Nursing Home.

On Friday the officers participated in a series of lectures on the topic 'Management and the Future'. Speakers included Dennis Keillerup, executive director the Centre for Development of Entrepreneurs and Chris Shields, general manager of John P Young and Associates.

Phil Ruthven, executive director of Ibis Group, a leading business and strategic consultancy, made predictions about the economic future of Australia.

# Overhanging Shrubs

3 metres

If so, contact Caulfield City Hall for a free copy of our New Residents' Kit (including the 1990 Caulfield Resource Guide). Copies are available by writing to: Caulfield Council Community Liaison Department, PO Box 42, South Caulfield, 3162, or contact

524 3333.

**Recently moved to Caulfield?** 

**EXECUTIVE SERVICES COMMITTEE** JULY 3 POLICY & ENVIRONMENT JULY 10

MEETING DATES

**FULL COUNCIL** JULY 17



# Beware ...you could be fined! Local MP: plea to help elderly

Swift justice as Town Planning enters the age of on-the-spot fines.

PLANNING infringement notices may now be handed 'on the spot' to persons who contravene planning permit conditions.

The ground work for a direct prosecution system was initiated in 1987 with the introduction of The Planning and Environment Act. However a system of direct prosecution was not in place until amendments to the Act were made in April 1990. These recent changes have made the planning infringement notices a reality.

Beware tardy persons. Inattention to the law will cost you. The penalty for infringements is at present prescribed at \$100.

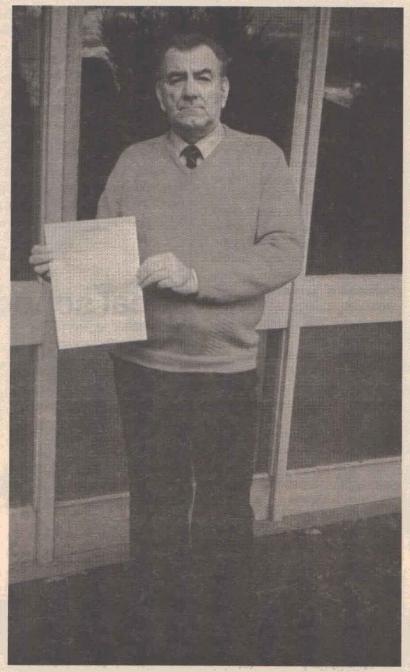
Some of the areas likely to be dealt with by infringement notices are:

- \*Illegal erection of signs;
- \*Failure to maintain landscaping;
- \*Failure to provide carparking;
- \*Unauthorised alterations to new buildings;

\*Unauthorised removal of trees required to be retained in a development and;

\*Operation outside permitted hours of use,

Right: David Powell, Council's town planning inspector, with a copy of the infringement notice.



# Tribunal upholds Council decision

THE Administrative Appeals Tribunal recently upheld Council's decision to reject the permit application of President Ford, located at 67 Nepean Highway, for an extension of their serv-

icing hours to 11.00pm on week-days.

The Tribunal found that despite the applicant's proposal to take appropriate noise attenuation measures, the increased business hours would inconvenience residents,

They found there would be:

- \*More local traffic due to customers picking up their cars after-hours;
- \* More servicemen test driving the cars and;

The Tribunal therefore "determined that the proposal was properly refused by the Responsible Authority."

"CAULFIELD'S HERITAGE"

FIND OUT
HOW TO ORDER
YOUR COPY
ON
PAGE 12.

THE Minister for Community Services has responded to the call of the Member of Parliament for Caulfield, Ted Tanner, for the acknowledgement of the needs of local government under the Home and Community Care (HACC) Program, especially with regard to

Earlier this year in Parliament, Mr Tanner called for the recognition by both state and federal governments of the special needs of the large elderly population in Caulfield considering that 13.6 percent proportion of the population over 70 years of age, is almost double

predictability of funding.

the state's average of 7.1 per cent.

The Minister for Community Services has advised Mr Tanner that now "HACC service providers will be able to confidently plan over a three year period knowing the minimum level of increase to be expected for each financial year".

Mr Tanner has also urged in Parliament that the provision of a home respite service in Caulfield be considered, providing assistance to elderly people living alone or caring for their partners.

# Lending a hand

THIS year Caulfield Council is running a 'Buy-a-Book' scheme in order to boost Caulfield Library's bookstock.

Due to declining State Government funding for public libraries the Council is canvassing public support for Caulfield Library.

The people of Caulfield have always been avid supporters of their library. It is envisaged that the 'Buy-a-Book' scheme will offer the public a chance to participate actively in the growth of their library.

Donors who 'Buy-a-Book' are entitled to a tax deduction in exchange for a donation of a selected book. Moreover donors can choose to donate the book of their choice. The donation is recorded by way of a handsome book-plate which is placed in the book at a special ceremony attended by the Mayor and councillors.

#### **Building halt unsuccessful**

RECENTLY Caulfield Council considered an application for a three storey building, to be located at the corner of Hawthorn and Glen Eira Road opposite City Hall.

Council rejected the planning permit application on a number of grounds including inadequacy of car-parking arrangements and the proposed scale of the building in this particular environment.

There were a number of objections to the building proposal from residents in the area.

The applicant company appealed against Council's decision. The appeal was heard by the Administrative Appeals Tribunal on May 9, 1990.

The Tribunal ruled in favor of the proposed building.

In relation to the issue of the scale of the building the Tribunal came to the conclusion that "the factors favouring the scale of the proposal outweigh those considerations against it."

# \* An increase in staff arriving and leaving for shifts. MESSAGE. \* An increase in staff arriving and leaving for shifts. The Tribunal therefore A number of copies

of the City of Caulfield's
popular
Resource Guide 1990
are still available from City Hall.
Residents who did not receive a copy
can do so by writing to:
Community Liaison
Department, PO Box 42,
Caulfield South,
3162, or
by calling

524 3333.

AT THE COMPLETION OF THE COURSE OR AT A LATER
DATE
YOU WILL BE MATCHED WITH A
MUTUALLY SUITABLE ADULT WHO WOULD
LIKE TO IMPROVE HIS OR HER
READING SKILLS.

WE CAN HELP

RING CHRIS OR TRICIA ON

563 1554

FOR INFORMATION TO RESERVE A PLACE IN THE

LITERACY COURSE. ALL AGE GROUPS

FROM SENIOR CITIZENS TO YOUNG ADULTS ARE

WELCOME TO APPLY

NO PREVIOUS EXPERIENCE IS NECESSARY.

1990: INTERNATIONAL LITERACY YEAR.

CAULFIELD CONTACT PAGE 3



# Caulfield honors the quiet achievers Shop from home



Above: Mrs Joyce Williams, Special Service. Nominated by Gladys E Machin Senior Citizens' Club of which she is president.



Above: Mr Charlie Barnes, Special Service. Murrumbeena Park, Committee Foundation Member.

#### Murrumbeena Park turns 75

THE Murrumbeena Park Committee of Management recently celebrated the park's 75th birth-

About 100 guests turned up to the celebration where Caulfield Mayor, Cr David Bloom, unveiled an honor board donated by the ANZ Banking Group, Murrumbeena Branch and a plaque dedicated to the service of the community by the local residents over the past 75 years.

Among the guests were Charlie Barnes who played football for the Murrumbeena Football Club back in 1921, Bill Louch, foundation member of the Carnegie Cricket Club and former secretary of the VJCA, Harry Painter the local

Below: Attending the celebrations I-r: Herbert Gamble, Terry Minear, Cr David Bloom, Dot Robinson and Cr John Robinson.



#### RESIDENTS of Caulfield have collectively contributed thousands

of hours of voluntary work to the community. Everyday, voluntary workers offer their services in diverse areas like health, welfare, community

education, cultural and community affairs and sport. The City of Caulfield has chosen to recognise the services of the dedicated community workers through awards known as the

Caulfield Community Services Recognition Scheme. The Awards-Scheme was first introduced in 1989. This year the ceremony to present awards in recognition of voluntary community

work was held on May 30, 1990 The response to the Caulfield Community Services Recognition Scheme was overwhelming. Over 160 residents of Caulfield received awards for their contribution to community life.

Awards are presented in four catagories based on the hours of community services rendered, commencing at 500 hours of work and finishing at 2000 hours.

There are also awards for 'Special contribution' in volunteer services.

Award recipients were presented with a badge specifying the catagories of service and a suitably inscribed certificate.

The Caulfield Community Service Recognition Scheme is set to be one of Council's annual highlights, acknowledging the value of voluntary work in our community.

#### years of age

historian of the area, Paris Chambers one of the elders of St Giles' Church, Tom McCann, Charlie Trumble, Herbert Lambert, one of the foundation members of the Carnegie Memorial RSL Club and many other local identities who have contributed to the well-being of the park over the years.

THE Shopping from Home Buying Guide has been updated once again, providing a compact directory of essential services for people with disabilities.

According to Loreen Chivel, the President of the Advisory Committee for Persons with Disabilities, the guide "is both comprehensive and practical in its application."

This is the fourth edition of the Shopping from Home guide. Since its inception in 1986, the guide has aimed to simplify the shopping habits of people with disabilities.

By providing a compact directory of essential services, this guide allows disabled and elderly people to shop from their own homes. All they have to do is pick up the tele-

Retailers who are providers of this service can be identified by a logo sticker displayed in their shop

The Shopping from Home Buying Guide is available free from the Citizens' Advice Bureau, Caulfield libraries, City Hall, Caulfield Hospital or by ringing Jim Badger on 524 3277.

# Local school gets grant

RIPPONLEA Primary School was recently granted \$3500 under the computers in education program, to complete a project entitled 'A Green Database for Ripponlea'.

This grant enables the school to purchase more sophisticated computer hardware for database compilation.

The program will focus on children collecting information on the school environment - plants, insects, animals etc, and using computer technology to save and access this information. The project involves the whole school.

The project will take place over three years. It is planned to alter some parts of the school grounds by planting trees and other plants, to provide an area in which children can observe change.

Year 1 - (1990) - Collecting data, compiling data bases for plants, insects and animals. Children will prepare and publish a printout of

Year 2 - (1991) - Above to continue. Ecology niches will be added to the school environment.

Year 3 - (1992) - Monitor the ongoing effects and puyblishing results to other schools, districts and state level.

The project is considered to very worthwhile, not only for Ripponlea, but for other schools who will benefit from this pilot project.

#### Support is needed

THE Caulfield Carers Support Group, meets monthly to provide support and assistance to those people caring for a relative or friend with Alzheimer's disease or some form of dementia.

If you would like more information about the group or feel you would like to attend please contact either Claire Trevorrow or Lorraine Le Clerc at City Hall on

local government?

Need information on historical, demographic and cultural aspects of our City?

Ring 524 3333 for a STUDENT KIT

#### WINDOW FRAME REPAIRS

Treatment of Decayed Timber.

New Cords, Balances, Catches, Hinges and Locks. Reputty, Weatherseal, Repaint.

Credit cards welcome.

PHONE AFTER HOURS:

569 7549



# Wheeling in the meals Keeping Caulfield's citizens young at heart

CAULFIELD'S Meals on Wheels provides residents in need with a vital food service without which many people would be at a loss, being unable to organise their food provisions. According to Ross Moraes, the food service supervisor at Meals on Wheels, most of the people who get the meals are elderly people who can't cook for themselves. "They may be bed-ridden or they may use a walker. If it weren't for Meals on Wheels I don't know how these people would cope."

Meals on Wheels provides food for 400 people in the City of Caulfield. Moreover 500 people from other municipalities, various dropin centres and other groups receive meals from Caulfield.

Co-ordinating and distributing Meals on Wheels is a major organisational challenge. Just try feeding 900 people a day!

However Meals on Wheels receives a lot of help from a group of 200 dedicated volunteer workers. Thirty-six volunteers are needed per day. Monday to Friday(weekend meals are delivered on Thursday)18 volunteer drivers set out to deliver meals via wheels.

Eighteen jockeys accompany them, delivering a door-to-door service to residents. In some cases theses volunteers provide residents with a vital link to the outside world.

The meals are cooked two days in advance by the Meals on Wheels kitchen staff. The food is then chilled at a low temperature in order to maintain rigorous health and hygiene standards.

It is then stored and delivered at the appointed time. It all runs like clock-work.

The meals themselves consist of three components; a meal, a sweet and an orange. The orange is vital to boost the vitamin C intake of recipients.

Meals on Wheels tries to cater for the specific health requirements of residents. Thus, while there are 400 meals to be cooked, there are 150 variations on meals. Examples of this are special low cholesterol,

**ENROLMENTS** 

"We presently need several volunteer workers
To help us deliver each days meals on wheels.
And so if by chance you've a wee bit of spare time,
Come along now and find out just how good it feels.

Help do a kind deed to some lonely people.

To whom life hasn't always been too kind.

For there's nothing like getting a good wholesome dinner

To build up the body and bring peace of mind."

Part of poem written by Reg McConachy, Caulfield Meals on Wheels Volunteer.



Above: Packing food into distribution containers.



Above: Food preparation in the kitchen.

high fibre, light, and vitamized meals.

Coordinating these special meals is no easy feat. "Under these conditions planning is crucial," says Ross Moraes. "If we're not organised people won't get their specific requirements."

Working for Meals on Wheels requires finely tuned organisational skills, a large dollop of commitment and a capable and enthusiastic staff team, many of whom have been working at the kitchen for some years. Of course, the project is a worthy one.

Meals on Wheels needs volunteers over the winter period as many volunteers are on holiday.

If you would like to give the staff at Meals on Wheels a helping hand contact Sandra Blanchard on 524 3303. It would be appreciated. HAVE you recently retired or are you approaching retirement?

When you realize that nearly one third of your life is spent in retirement you appreciate how important it is to consider how to occupy your time.

The Caulfield Retirement Planning Association Inc. has been closely involved in assisting with this problem over the past twelve years.

The Caulfield group meets on the third Thursday of each month at 7.45pm in the Gladys Machin Senior Citizens Centre in Cedar Street.

Speakers address the group on social and financial issues such as health, finance, hobbies, security investment, police, traffic, wills and national trust.

On the fourth Wednesday each month at the same time and the

same venue, an "Armchair Travel" evening brings the world to group members.

ATAMENTAL CONTRACTOR

There are many other activitities each month which keep members active and increase vitality.

Members go on walks in the Dandenongs, beaches and metropolitan parks. They also have regular dine-outs and day outings to places of interest. What's more members have book discussions, theatre parties, golf and cards.

An annual coach tour is planned for a week in the Flinders Ranges, South Ausralia, in September.

The Caulfield Retirement Planning Association allows retired people to enjoy physical and mental health and to share experiences with others.

Annual subscription fee \$3. If you would like to join contact Nancy Crawford on 570 1150.

#### Caulfield does the 'art rumba'

THE City of Caulfield celebrated the gala opening of the Ken Done exhibition with a splash of color.

Three hundred guests attended a special supper on June 18, 1990 to mark the event.

Andrew McCutcheon, Minister for Planning & Urban Growth, was among the many esteemed guests at the function.

'Tunari', the specially chosen band kept the guest entertained with a blend of South American music.

The exhibition will run until July 15, 1990 at the Caulfield Arts Complex. If you require further information you may call Tim Rollason on 524 3287 or Krystyna Tyrell on 524 3263.



Above: (I-r) - Caulfield's Mayoress and Mayor, Ken Done, Andrew McCutcheon and Mrs McCutcheon.



Above: Andrew McCutcheon gets into the swing of things with band 'Tunari'.

### LIKE TO DO SOMETHING FOR YOUR

CARNEGIE RUDOLPH STEINER PRE SCHOOL

IS NOW ACCEPTING
ENROLMENTS
FOR ITS THREE YEAR
PLAY GROUP (WITH
FULLY TRAINED
STEINER PLAY LEADER)
AND KINDER SESSIONS
FOR 1991.
ALL ENQUIRIES TO LYNN
ON 571 0265.

LOCAL COMMUNITY?

VOLUNTEERS ARE

DESPERATELY NEEDED FOR CAULFIELD'S MEALS-ON-WHEELS SERVICE, ESPECIALLY DRIVERS.

IF YOU COULD ASSIST ONCE A WEEK,

FORTNIGHT OR ONCE A MONTH, TRUDI WOULD BE DELIGHTED TO HEAR FROM YOU.

CONTACT TRUDI ON
524 3301.



# Children and family Services Column



**CAULFIELD Community Toy** Library was the brain child of a group of local residents. As a result of their dedication a toy library commenced operation in 1984, operating from space in the Elsternwick Library.

Since this time, it has expanded at a rapid rate. It now has a membership of 172 families (340 children) and houses a collection of around 800 toys.

It has outgrown the original premises and the group now rents space at the Caulfield Primary School, in Glenhuntly Rd.

At current growth rates and with increasing demands for such a service, the group now faces another move to yet larger premises. As yet, a suitable venue, has not been found.

The Library continues to be a parent-run cooperative, funded through membership fees and fund-raising activities.

Annual turnover is now around \$12,000. This means a lot of work by the committee, in particular, and the members.

Being on the committee is a chal-



Above: There's lots of time for fun and games for these children.

lenging and enjoyable experience. It is also very rewarding when you see the fruits of your labor resulting in such a valuable service to local families.

As a member of the Toy Library, you are entitled to borrow one toy and a puzzle, cassettes, game or video per child.

The range of toys is very broad

being suitable for babies through to eight-year-olds and including such things as construction toys, large ride-on toys, role play toys etc.

The aim of the service is to make

available to families, a range of educational and enjoyable toys, that would otherwise prove too expensive for the average family which an important factor, considering the current economic climate.

The Library has just begun to service local playgroups by allowing them to become members 'as a group' - borrowing toys for use at playgroup sessions.

The Library hopes to expand the service even further, to better cater for migrants and low income families. Before this can be accomplished, however, its resources need to develop a little further.

The Toy Library Committee sees their task as developing a quality of service for all young children in the Caulfield area. It sees as important parent involvement and would appreciate any other support offered to help achive these goals.

If there are any enquiries regarding the Toy Library, please do not hesitate to contact Michele Selby on 509 7969 (enrolments) or Liz Rand on 571 0215 (secretary).

### Learning can be a lot of fun!



Above: First the lesson ... then the food!

AT least that's what one class of 24 children from Caulfield Montessori School discovered when they visited the Silver Town Chinese restaurant on Glenhunlty

The exercise was all part of the classes' study of different new year celebrations around the world.

The children sat down to a full chinese new year banquet, trying many of the foods eaten during this festival.

After a brief lesson in the use of chopsticks, everyone got well and truly stuck into the food.

It was soon noticed that many had returned to the western style of eating, with a knife and fork - more efficient when you're hungry!

#### **ADVERTISE WITH US**

**OUR RATES CAN'T** BE BEATEN! RING 524 3333 NOW.



I WOULD like to hear from 'senior' citizens in the southern suburbs of Melbourne, who would be prepared to support and work for the establishment of a "special interest" public broadcasting station in this region.

The purpose of such a radio station would be to highlight the ongoing socio economic needs of an ageing community.

Such a proposed station would be owned and operated by volunteer 'senior' citizens within the region. It would be absolutely non political and non sectarian and would be totally dependent on aged people of good-will having as their common bond the need for economic security in their remaining years.

Further, the station's musical programming would be based on the popular music of the 20s to 40s, together with an appropriately balanced mix of light classical, instrumental, choral, brass and military band music. In addition, the more relaxed, melodic and "listenable" music of the past 50 years would also be given "air

I would welcome comment from 'senior' citizens in the southern region who would be interested in such a project.

While I would prefer to receive comments and/or questions by correspondence, I may be contacted at home on 557 8493 between the hours of 10am and 4pm.

Don Iacono 8 Moor Street **EAST BENTLEIGH 3165** 

## Murrumbeena kindergarten **Enrolments**

IT'S that time of year again Murrumbeena Rd, Murrumand Murrumbeena kindergarten beena at the rear of the Fusion would like to hear from parents Community Centre. interested in enrolling their children at the kindergarten next year.

Although the kindergarten's present site is to be sold later this year, the kindergarten committee is currently negotiating the relocation of the kindergarten to another site in the nearby area.

So that planning for next year can proceed, parents interested in their children attending the kindergarten in 1991 should contact the director, Bev Shaw on 569 9405 as soon as possible or may call into the kindergarten at 101

To help finance the comnsiderable cost of the proposed move, the kindergarten will be holding a 'White Elephant' and cake and craft market at the present kindergarten location on Saturday, August 4 from 9.30am to 2.30pm. There will also be a sausage sizzle.

Donations of any unwanted goods to sell on this day, would be most welcome and can be left at the kindergarten. Any enquiries can be directed to the kindergarten on 569 9405.

#### COUNTRY FIREWOOD

THE LIONS CLUB OF CARNEGIE ARE SELLING BAGS OF COUNTRY FIREWOOD AT \$6.00 - DELIVERED -

PLEASE CONTACT: KEN LIMBRICK ON 568 7911 OR STAN JOWETT ON 578 9684

PROCEEDS OF SALES GO **TOWARDS** 

ASSISTING THE LIONS INTERNATIONAL DIABETES INSTITUTE, 260 KOOYONG ROAD, CAULFIELD.



# Concert for all tastes Linocut Exhibition

A night of versatility is guaranteed ...

THE popular and versatile Pot-Pourri ensemble will be giving their third annual concert at the Caulfield Arts Complex on Sunday, July 22, 1990 at 3pm.

The artists performing will be sopranos Tania de Jong and Lynore McWhirter, baritone Jonathon Morton and tenor Timothy Rogers with talented young pianist Anthony di Giantomasso. They will present a concert of songs, duets, trios and quartets which range from Mozart to Broadway.



Above: Tania de Jong

Tania de Jong recently studied singing in Florence on an Italian government scholarship and Ian Potter Foundation Grant.

She is founder and administrator of Pot-Pourri. Lynore McWhirter has had seven years of performing



Above: Anthony di Giantomasso

experience in London. Since returning to Melbourne she has sung with the Australian Opera and given numerous recitals and recorded for the ABC.

Jonathon Morton and Timothy Rogers have both been members of the Victorian State Opera's Schools Company and are currently singing with the Victorian State Opera Company.

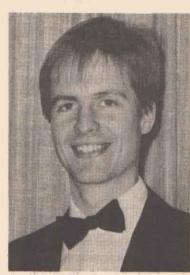
Since its formation in late 1987, Pot-Pourri has become one of the most sought after music performance groups in Melbourne, both in concert and in providing of entertainment at functions.

Recent success has included its sell-out concert for the Next Wave Festival, a Prom Concert at the National Gallery and performances for the Melbourne Lygon Arts Festival.

As well as performing wellknown operatic repertoire including excerpts from The Pearlfishers,

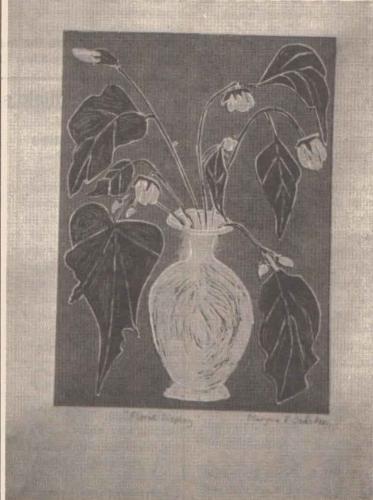
Fidelio, The Marriage of Figaro, Madame Butterfly and Die Fledermaus, Pot-Pourri will perform popular numbers from music theatre and operetta, such as Les Miserables, The Phantom of the Opera, West Side Story and Gilbert and

The concert promises to be a feast of music to delight all tastes - a true "musical pot-pourri" and a wonderful way of spending a winter's afternoon.



Above: Jonathon Morton.

Tickets are great value at \$12 for adults and \$8 concession and they are available at the door or by phoning 524 3287, 885 68 39 or 818 5790. The Caulfield Arts Complex is at the corner of Glen Eira and Hawthorn Rds, Caulfield.



Above: Majorie Gadsen's work, "Floral Display"

THE Hawthorn Mental Community Health Centre, 642 Burwood Road, Hawthorn East, is a government-funded psychiatric service for the residents of Camberwell, Kew and Hawthorn.

-Many of the clients who attend the Centre, participate in an active rehabilitation program.

The linocut group is a feature of this program and over the past four years has assisted clients by promoting socialisation, creative ability and self-esteem.

The group has successfully held the annual exhibitions for the last four years at the Centre and is now keen to promote its achievements to a wider audience.

-Aileen Brown, an occupational therapist and professional print maker, has worked with this group since it began. Her knowledge high standards and enthusiasm i reflected in the wide variety of strong and often colorful prints in this show.

The artists have demonstrated a good understanding of the media to develop images of nature, landscape, the urban environment, still life and aspects of people.

This understanding has also led to a wider appreciation of color, design and other artistic techniques by clients and centre staff also.

The prints, though no larger than 30cm x 24cm have a striking impact due to the use of the medium.

The exhibition will be officially opened by Dr Margaret Leggatt, director of the Schizophrenic Fellowship of Victoria, August 7, 1990 at 6pm.

Works will be for sale. For further enquiries please call 524 3287.

There's always something happening at the **Caulfield Arts Complex** and you'll always

find out what that something is if you read the Arts Focus page in each issue of Caulfield Contact.

# Flute heaven comes to Caulfield

ONE of Melbourne's most Government'Scholarships. accomplished flautists, Derek Jones, brings to the Caulfield Arts complex on Sunday August 5 at 3pm,a concert calculated to please all music lovers.

Accompanied by Clare Clements on piano, a well known artist in her own right, Derek Jones will perform a wide range of the flute repertoire from Bach to Mozart, through Schubert and Schumann to Messiaen.

Derek Jones completed studies in flute at the Victorian College of the Arts after which he was awarded German and French

His performing career has included solo performances with the Melbourne Symphony Orchestra and the Sydney Symphony Orchestra, the latter involving solo appearances in Carnegie Hall, New York and the Kennedy Centre, Washington DC. He has also performed as soloist for ABC

Moreover his career includes principal flute positions with the Sydney Symphony Orchestra, Tasmania Sympnony Orchestra and the State Orchestra of Victoria.

with Diana Weekes at Melbourne University and graduated with degrees in Music and Arts in 1982. Subsequently she obtained a postgraduate diploma at the Victorian College of the Arts where she studied accompanying and chamber music with Stephen Mc Intyre. As a member of Trio Nova since its

Clare Clements studied piano

formation in 1986, Ms. Clements has given many concerts in Melba Hall and the Victorian Arts Centre and is also an orchestral keyboard player with the Melbourne Symphony Orchestra.

Caulfield presents an afternoon of quality music for all to enjoy. Enquiries/bookings: Liz Jesty

CAULFIELD CONTACT READERS ARE REMINDED THE CLOSING DATE FOR COPY FOR THE AUGUST ISSUE IS:

#### WEDNESDAY JULY 18

COPY SUBMITTED AFTER THIS DATE WILL NOT BE CONSIDERED FOR PUBLICATION.

### An evening with Barribal

AN exhibition featuring original paintings, prints, books, postcards, playing cards, calendars, cigarette cards, ephemera and many other items from around the world, all painted by the famous English artist William Henry Barribal (1873 - 1956).

This is the first time that an exhibition of this kind has been staged anywhere in the world.

The exhibition opening will be held at the Caulfield Arts Complex on Tuesday, August 7, 1990 commencing at 5pm to 9pm.

Bookings are a must. \$10 per person by cheque made payable

A.P.C.C.S.

P.O. Box 369 Elsternwick 3185.

Payment must be made by August 1, 1990.

For further information on the exhibition please call the Arts Complex on 524 3287.

The Caulfield Arts Complex is located on the corner of Glen Eira and Hawthorn Rds, Caulfield.



# Caulfield's original plant life

CAULFIELD was once home to a rich and wide array of plants which supported many animal species.

While many of these species are now gone from the area, residents can make a real and powerful contribution to conservation in Caulfield by planting, in their gardens, indigenous plant species, ie., species that were known to have grown in the area.

By planting gardens with indigenous plants, the community can help reverse the trend of speciesloss and help recreate a little of the natural environment which the area once supported.

Indigenous plants also usually require lower maintenance than the more exotic species because they evolved to suit the conditions of the area.

Caulfield's indigenous plants come in every shape and size and there are plants appropriate for every garden setting.

Some plants, grown from local seed, are obtainable, so that you can help further enhance the environment by planting these species.

If you go to your nursery to buy a few plants for your garden, make a point of choosing indigenous plants to Caulfield.

As well as helping to maintain our local heritage and identity, you will be helping to bring a few native birds and other animals back as well.

Plants can be obtained from:

\* Victorian Schools' Nursery, 585 Waverley Rd, Glen Waverley;

\* Sandringham Community Nursery, 14 Talinga Rd, Cheltenham, between June and November, open Thursday and Saturday mornings (ph. 598 8111);

The Caulfield Environment Group is also hoping to provide indigenous plants for residents in the near future. For further information on the Group, feel free to contact Colin Smith on 569 0554.

The following list of species are all indigenous to Caulfield. This is not an exhaustive list and if you require further information call Colin Smith on the above number.

When you next visit the nursery ask for one of the following ... you'll be doing your environment a favor!

Indigenous plants are the members of the original local flora ... Caulfield has quite a few of these.

#### List of Caulfield's indigenous plants

#### Heavy soil varieties

#### Trees:

Black She-Oak Blackwood Wattle River Red Gum - large Silver Wattle Swamp Gum

Large shrubs:

Hedge Wattle Prickly Moses Prickly Tea Tree Scented Paperbark Swamp Paperbark Yellow Hakea

Small plants:

Bulbine Lily - tuft Ivy Leaf Violet - ground cover (Casuarina littoralis)
(Acacia melanoxylon)
(Eucalyptus camaldulensis)
(Acacia dealbata)
(Eucalyptus ovata)

(Acacia armata)
(Acacia yerticillata)
(Leptospermun juniperinum)
(Melaleuca squarrosa)
(Melaleuca ericafolia)
(Hakea nodosa)

(Bulbine bulbosa) (Viola hederacea)

#### **Light soil varieties**

#### Trees:

Blackwood Wattle Coastal Mann Gum Coast Banksia Coast Tea Tree Lightwood Wattle

Large shrubs:

Common Boobialla Kangaroo Apple Silky Tea Tree Silver Banksia

Small shrubs:

Common Aotos
Common Beard Heath
Common Correa
Common Flat Pea
Common Heath
Common Hovea
Common Wedge Pea
Cranberry Heath
Dwarf She-Oak

Small plants:

Black Anther Flax Lily - tuft Common Apple-Berry - climber Common Rice Flower - ground cover Grass Trigger Plant - tuft Kangaroo Grass - tuft (Acacia melanoxylon)
(Eucalyptus viminalis)
(Banksia integrifolia)
(Leptospermun levigatum)
(Acacia implexa)

(Myporum parvifolium) (Solanium laciniiatum) (Leptospermun myrisinoides) (Banksia marginata)

(Aotos ericoides)
(Leucopogon virgatus)
(Correa reflexa)
(Platylobium obtusangulum)
(Epacris impressa)
(Hovea heterophylla)
(Compholobium heuegelili)
(Astrolma humifusum)
(Casuarina pusilla)

(Dianella revoluta)
(Billordiera scandens)
(Primelea humilis)
(Stylidium graminifolium)
(Themeda australis)

# Why use local native plants?

THE Melbourne region had well over 1000 species of plants before European settlement, as well as scores of different plant communities. Many of these plants and most of the original vegetation throughout the region has now been destroyed. The fauna (animal life) has correspondedly suffered. This trend could be reversed by the preservation of bushland and planting of indigenous plants which are suitable for any application or situation in private and public gardens, parks, urban space, roadsides and wherever planting is called for.

The use of local native plants is recommended because:

1. It contributes to the conservation of rare, endangered or vulnerable local flora and creates a habitat for the local fauna which depends upon the flora. Thus, it helps to preserve the complex ecology of the local environment.

2. It helps to preserve the genetic resources of plant populations which may be valuable in the future for scientific, utilitarian or aesthetic purposes (eg in breeding programs to develop better food plants).

3. It preserves a sense of local identity. Each area is unique because of



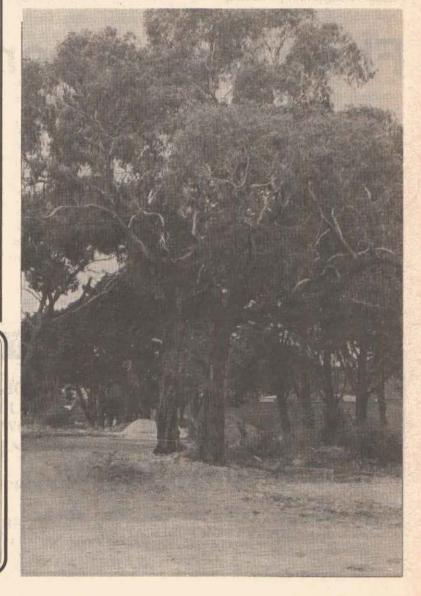
Above: Pterostylis Nutans (Noddinc Greenhood)

the composition and the genetic make-up of its flora and fauna which evolved over millions of years. This local identity is destroyed when indigenous plants are replaced by exotic plants from overseas and elsewhere in Australia.

4. It gives economic benefits. Indigenous plants have evolved to cope with the local environment and are likely to be more successful than exotic species. If the right plant is used, expensive and destructive resource consumption of water, fertilizers, imported soil etc., is unnecessary.

5. It creates a valuable educational resource for formal and informal education in ecology, biology and environmental sciences. Schools, community groups and individuals stand to benefit greatly.

Below: Coastal Manna Gum (Eucalyptus viminalis) at the Caulfield Race Course.



#### WEEKLY RECYCLING COLLECTION

RESPONSE TO CAULFIELD'S RECYCLING COLLECTION HAS BEEN OUTSTANDING.
RESIDENTS ARE REMINDED THAT ALL GLASS BOTTLES AND JARS OF ANY SIZE AND
COLOR (WITHOUT CAPS), ALUMINIUM CANS AND PLASTIC SOFT DRINK BOTTLES,



REFERRED TO AS P.E.T.
BOTTLES, CAN BE LEFT IN THE
BAGS. ANY OTHER TYPE OF
MATERIAL SHOULD NOT BE
PLACED IN THE BAGS.

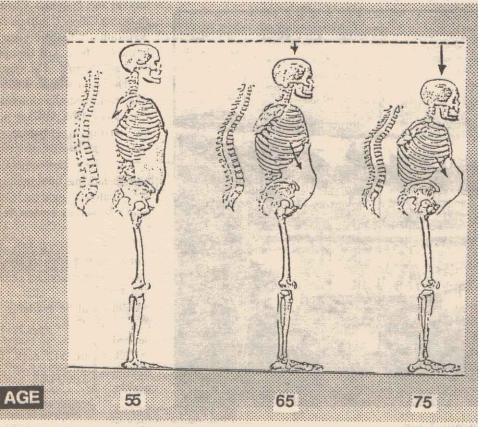


COUNCIL HAS INTRODUCED THE PROGRAM TO REDUCE HOUSEHOLD WASTE, LITTER AND POLLUTION, WHILE CONSERVING VALUABLE ENERGY AND RESOURCES.

FOR MORE INFORMATION, CONTACT OAKLEIGH RECYCLERS ON 544 2211.

# Preventing osteoporosis Bike helmets: compulsory

Osteoporosis affects as many as 25 per cent of all women over the age of 65.



OSTEOPOROSIS is the loss of bone mass and is a common part of the ageing process. As osteoporosis progresses, bones become thin and weak, making them increasingly more susceptible to fracture.

Fortunately, by making sure that you get adequate amounts of calcium and by doing regular weight-bearing exercises throughout life, you can strengthen your bones and even prevent loss of bone mass as you age.

#### Calcium: how much?

Before menopause, women need approximately 88 - 1000 mg of calcium per day (the amount found in about 4-5 glasses of milk). After menopause, women may need as much as 1200 mg of calcium per day.

Excellent sources of calcium are dairy products, broccoli, tofu and canned salmon with bones. (If you cannot tolerate dairy products, your physician can recommend a supplement to ensure adequate calcium intake).

In order to absorb calcium, the body also requires Vitamin D (found in fortified milk, multivitamnin pills, or from 30-60 minutes of sunshine).

#### Exercise: what kind?

Like muscles, bones become thicker and stronger with use. That is why weight-bearing exercises such as walking or jogging are an important part of the strengthening bones and preventing osteoporosis.

Try to do some form of weightbearing exercise for a minimum of 20-30 minutes, at least three times a week.

In addition to weight-bearing exercise, conditioning exercises are useful to help strengthen the muscles that support the skeletal system.

Try alternating muscle-strengthening with weight-bearing exercises to round out your exercise plan.

#### The consequences?

After the onset of menopause, one in three women will have a prognosis of severe bone damage characterised by pain, loss of height (up to 20cm), a rounded back and fractures of the spinal column and limbs.

The most common fracture associated with osteoporosis is that of the hip, which necessitates thousands of operations every year in Australia. In men, the process of deterioration is slower and its consequences are felt at a more advanced age.

The risk factors

The following factors increase the risk of developing osteoporosis:

- \* onset of menopause;
- \* early onset of menopause;
- \* removal of ovaries;
- \* hereditary factors a family history of osteoporosis;
- \* certain mediactions such as corticosteroids and insulin;
- \* lack of physical exercise; \* excessive consumption of coffee or alcohol;
- \* smoking;
- \* a slight, slim physique and;
- \*a diet low in calcium (a low intake of dairy products).

Men over the age of 65 are also at risk of developing osteoporosis.

General information from
"Osteoporosis -What Do You
Know About Calcium Loss
And Bone Depletion"
brochure produced by
Atzmon Australia Diagnostic
Clinic Pty Ltd.

AS you are no doubt aware, the Victorian government has introduced compulsory bicycle helmet wearing.

Helmets do save lives and parents need to play a vital role in ensuring that their children wear a bicycle helmet when they hit the road.

Each year, about 1,600 bike riders are killed or injured in road accidents in Victoria alone. Ironically most of those killed are adults.

By wearing a helmet, you not only help to save your own life, you also set a good example for your children.

It is essential that your helmet should fit firmly and comfortably on your head. You may need to adjust the helmet strap and fasten it so that there is no slack.

There are a number of helmets on the market but do they have an

approved safety design?

Approved helmets carry the Australian Standards mark or the VIC ROADS approval sticker to show they have been subjected to a certified testing procedure.

You may choose from two kinds of helmets:

- \* a hard outer shell with foam inner liner or;
- \* a foam-only helmet with a removable cloth/lycra cover.

If you require further information on the safe and proper way to wear and take care of your bicycle helmet, please call VIC ROADS on 810 65 33 or 810 6534.

### Centre officially opens

DR Davis McCaughey, AC Governor of Victoria, recently opened the \$4.4 million Ashley Ricketson Centre at Caulfield General Medical Centre

The Ricketson Centre which boasts the largest hydrotherapy pool of its type in Melbourne, in addition to many other resources, will be well equipped to meet the health demands of the surrounding community both now and in future.

Many services have been brought together in the Ricketson Centre allowing even more emphasis to be placed on preventive medicine and rehabilitation as well as health education and promotion. These efforts complement the more traditional public hospital and extended care roles of Caulfield General.

Funding for the Centre was derived from a bequest left by the late

Rudolph Ashley Ricketson, whose family home 'Glen Eira' once occupied the Kooyong Road site.

This has been supplemented by fund-raising over the years, enthusiastically coordinated by his niece, Mrs Joan Best.

The Centre represents the first large-scale building project to be undertaken at Caulfield General in the past ten years. It comprises a mix of new and refurbished accommodation that compliment s the residential character of the surrounding neighbourhood,

The provision of the purposebuilt facilities, housed in the Ricketson Centre, will allow staff of Caulfield General to offer an even more efficient and effective service to members of the local community and, in some instances, the state of Victoria.

Below: Dr Davis McCaughey (left) and Paul Korner president, board of management, The Alfred Group of Hospitals.



#### STILL LOOKING FOR A VENUE FOR THAT SPECIAL OCCASION? WHY NOT USE THE AUDITORIUM AT CAULFIELD CITY HALL? FOR A COMPETITIVE QUOTE, CONTACT THE CAULFIELD ARTS

**COMPLEX ON 524 3287.** 

#### **INCINERATORS:**

#### DO YOU KNOW YOUR RIGHTS?

Burning off in incinerators is only allowed on Tuesdays, Wednesdays and Thursdays between 10am and 3pm (not total fire ban or smog alert days). For details, ring 524 3279 or 524 3275.

# Caulfield Youth Council's latest creation

Our younger residents are adding a splash of color to the neighbourhood.

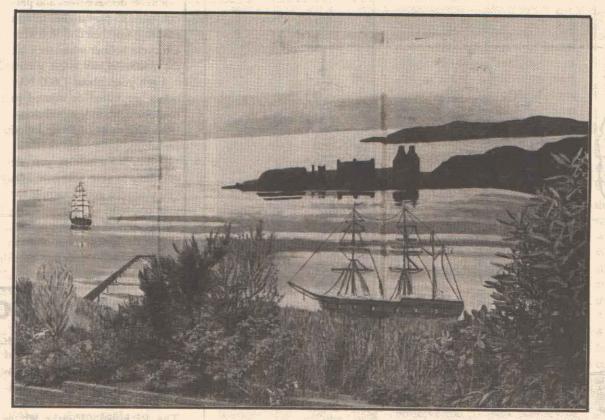
CAULFIELD now boasts a beautiful new mural. The mural, located on Glenhuntly Road near the station, has enhanced the local urban landscape. What's more, the mural has allowed young people to get involved in a community project.

Fifty young people, including students from Murrumbeena Secondary College and Wesley College (Elsternwick Campus), participated in the mural project. It was organised by the Caulfield Council's Youth Services and the Caulfield Youth Council, a group which develops projects and services for local youth.

The theme of the mural is historical in nature. Glenhuntly was a ship which brought people to Australia from Scotland in 1890. The mural embraces this marine theme, featuring tall ships docked at a Scotlish style port.

The mural incorperates a broad colour scheme. It has drawn words of praise from passers by and residents in the area. The 'artists' worked closely with urban designers\ in order to blend the mural in with the landscape. Urban designers are so impressed with the project that they are considering initiating mural projects of their own in the area.

The Caulfield Youth Council, who funded the project, employed



Above: The mural is brought to life by its surroundings.

the services of Caulfield's Artist-in -Residence Richard Cooke to coordinate the project.

The Caulfield Youth Council provided the impetus for the entire project, reflecting their desire to involve young people in the community's development.

The Caulfield Council Youth

Service and the Caulfield Youth Council run many projects in conjunciton at the Resource Centre. These include:

\*A coffee shop, Fridays 7.30-12.00 pm.

\*Media and Conservation Group, Wednesday 7.00pm. \*Camps \*A range of other services like housing, youth counselling, women's groups and general information.

For more details contact Richard Cooke on 524 3321. After hours 578 2095.

# City's Band goes gold

TO celebrate their recent victory at the National Championships, the City of Caulfield Band is performing in a cabaret spectacular in the Caulfield Arts Complex on Tuesday, August 14 at 8pm.

The band will be sharing the stage with Australia's international entertainer, Donald Cant (soon to be starring in "Phatom of the Opera").

After the entertainment, there will be dancing until midnight, to the fabulous sound of Counterpoint, Victoria's busiest regional trio.

Tables are selling fast. If you would like tickets to this great show, you may contact Debbie on 726 4058.

Drinks will be available at bar prices. BYO basket supper if desired.

Tickets are \$12 each. Group discounts available for ten or more people.

# Crossing supervisor award

GERALD Egan recently won an award for his contribution to the community. He has been a Murrumbeena resident for 14 years.

Gerald has worked as a school crossing supervisor for five years and has not only done his job well, but has made many friends.

Gerald says he enjoys his job and even gets Christmas presents from the children that use the crossing.

The award received by Gerald was in recognition of his valued contribution to the community and was presented by Coal Creek Historical Village.

Congratulations Gerald!

#### Orchestra for the disabled

SINCE 1981, the international Year of the Disabled, attention has been focused on the needs of disabled people. New organisations and numerous activities have sprung up all over the country and public awareness of this section of the community is now greater than ever.

Melbourne now has a new orchestra, formed solely for the purpose of providing the necessary support for disabled musicians to play in an orchestra.

Disabled musicians and musicians without disabilities have thus come together and formed "The Victorian Orchestra For The Disabled".

The orchestra has been in rehearsal since April and is now ready to present its first concert program.

The first program promises to be a concert of considerable interest. Tales of midnight jaunts and pastoral scenes, music from the mind of Henry V111 and the atmosphere of 19th century London. These are some of the underlying themes in the music presented in the inaugural concert of the Victorian Orchestra for the Disabled.

This concert will be held at the Camberwell Civic Centre on July 6, 1990, commencing at 8pm. Ticket are \$10; concession \$8, with groups of 20 or more being offered a group discount price of \$7 per ticket.

You can book your ticket by calling 853 8192 or 819 4453. Tickets may also be purchased at the door.

#### Local club serves the community

DURING the past 12 months, the Carnegie Lions Club raised almost \$10,000 for various community bodies and assisted Door Knock Appeals including Salvation Army and Red Cross.

The Club meets at the Carnegie RSL and Citizens' Club on the first and third Tuesday each month. It currently has a membership of 24, of varying ages, interests and backgrounds.

In addition to the fulfilment of serving the community, members also enjoy good fellowship and a varied social calendar.

Projects that the Club supported last year include the purchase of a heart machine (in conjunction with the Caulfield Lions), sponsorship of a Fun Run to raise funds for "Life Education" and donations to various local groups.

For further enquiries on the activities offered by the Club please feel free to telephone 569 9386 (AH) or 561 8518 (AH).

#### FUN, FUN, FUN,

For all your recreation needs contact the Caulfield Recreation Centre, 6 Maple Street South Caulfield, on 524 3288

or 524 3362.

#### WANTED VOLUNTEERS

BINGO CALLERS - for group of older people living in Council hostel for the aged. Contact Pamela McKimm on 524 3367.

HELPERS - to help out with organisation at at friendship group for retired people. Social gatherings, drop-in centre etc. Contact Glad Miles on

570 4956.

#### RECREATION

50

COME AND TRY WALKING FOR FITNESS.
THURSDAY MORNINGS AT 9AM AT PACKER PARK BETWEEN OAKLEIGH AND LEILA RDS
MURRUMBEENA.

MEET AT LEILA RD CAR PARK.
WEAR WARM, COMFORTABLE CLOTHES AND SHOES.
ALL ENQUIRIES: PAMELA MCKIMM ON 524 3367.

Jo 571 3131

#### CARPENTER

HONEST & RELIABLE. experienced and qualified. Renovations, carports, pergolas, verandahs, floors, walls, doors and locks. TelephoneRussell 596 4549.

#### CLEANING

**CLEANING SERVICES** Industrial & Commercial

includes Shampoo Carpet; Steam Clean;

Floor Wash and Polishing. Phone: 883 0081

#### COURIER

COURIER service for small-medium size packages in Caulfield at a good price. Ph. Mick on 571 1997

#### DRESS MAKING

All kinds of alterations 7 days a week. done Dressmaking with your pattern material.RingHelen 578 4479



#### FENCING

A

#### **FENCING**

All types of timber paling fences erected

PHONE: 571 0478

#### **FIREWOOD**

WHOLE paling fences, suitable for firewood. Free ncluding delivery. Ph 527 9241. Supply and erect paling fences and gates. Also repairs. Ph 527 9241.

#### FOOT MASSAGE

Discover the magic of reflexology. Discover feet you never knew you had. For appointment phone 523 0003

#### GARDENING

GARDENING. Elsternwick tree and rubbish removal. 10 years experience working for Council Parks and Gardens, fully qualified. Ph: 555 0675.

#### ELECTRICAL

ELECTRICAL INSTALLATIONS DOMESTIC \* COMMERCIAL \* INDUSTRIAL

S

S

**TELEPHONE: 568 1403** 

#### HANDYMAN

HANDYMAN, Domestic and commercial repairs and maintainence, interior and exterior. No job too small. Call Duncan on 531 6504

#### LAWNMOWING

#### MOWING

Most lawns \$15. Most jobs same day Also gardening, rubbish gutters cleared and expert pruning. Phone 578 6279

0

U

A

T

S

A BETTER lawn/garden service. Good, reliable and prompt. Phone Paul Kenny 592 0050 (AH) or (018) 373933 anytime.

#### MAINTENANCE

#### Quick Fix Home Maintenance. All domestic repairs,

interior & exterior. For a free quote & fast service call now on 018 346 530 or 532 8080.

#### **PAINTERS**

#### PAINTER/ DECORATOR

Interior and exterior painting and wallpaper ing. Also small general repairs. Member M.P.A Free Quotes

> Please ring 528 2805

PAINTER Interior and exterior painting. Textured rendering. Maintenance work. Small repairs. AH 571 6329.

#### RUBBISH REMOVAL

#### **GEORGES RUBBISH** REMOVAL & TREE LOPPING

Free quotes Personalised service Tel: 571 5211 or 569 0376

For all advertising enquiries please call our advertising consultant **Sharon Oviss** on

524 3333

#### SEWING MACHINES

E

PROMPT efficient repairs to all brands. Home servicing or free pick-up and delivery. Reasonable rates. Ph. 584 1051.

#### TUTOR

TUTOR. University graduate available to tutor English, Australian History at secondary and tertiary level. Moderate fees. Ph: 563 5160

#### T.V. REPAIRS

#### T.V SERVICE

Quick service and repair \* Colour T.V. \* Cassette \* Radio Tele-

phone 527 2136 ALL HOURS

#### UPHOLSTERY

D

A. HYMANS & SON We expertly recover lounge suites & all types of chairs. With over 60 years of satisfaction. Free quote. Pick up & delivery. (Bus) 687 1580 (Ah) 527 5317.

#### WROUGHT IRON



### BOOK REVIEWS

#### The following books are now available on loan from the Caulfield Library Service:

The other side by Mary Gordon. The family is gathering around the bedside of Ellen McNamara, but she is too angry to die. All her life she has been a fighter.

Writing Professionally. The Freelancer's Guide to Marketing Prose and Scripts by Garry Fisher. A highly regarded teacher of writing brings years of experience and expertise to the subject of freelance writing. Chapters on fiction writing and selfpublishing are included.

Getting the Love you want. A Guide for Couples by Harville Hendrix. Through a unique course of activities, Dr Hendrix teaches you how to communicate with greater accuracy and sensitivity and how to let go of self-defeating Medical Makeover, The Revolutionary No - Will Power 8 Week Program for Life Health by Robert M Culler and Kathy Matthews. The medical makeover program tackles eight major factors affecting your health and nutrition, sugar, caffeine, exercise; stress, alcohol, smoking and vitamins.

Life after Life by Raymond A Moody. Dr Moody has studied more than one hundred subjects who have experienced "clinical death" and been revived.

Flying Lessons by Susan Johnson. In this stylish new novel Johnson tells the story of Ria Lubrano, singer of advertising jingles who journeys to a small town in North Queensland in search of her missing brother.

Garden of Lies by Eileen Goudge. Sylvie Rosenthal is married to a much older man who adores her and indulges her every whim yet the baby she is about to give birth to is, in all probability, the child of her lover, Nikos.

Florid States by Rod Usher. A new Australia novel that reverberates with tension and tenderness.

And the Ass saw the Angel by Nick Cave. The much discussed novel by Australian rock musician Nick Cave.

Chigago Loop by Paul Theroux. A murderer is on the loose. His female victims are tied up and mauled. Who will be next?

#### OWLED

ELSTERNWICK Club in Sandham Street is a friendly and enthusiastic bowls club for ladies and gentlemen. This last season 1989/ 90 the ladies were especially happy to achieve top of the section in B2 pennant. They also finished fourth in B1 and second in C pennant.

Both men and ladies are looking forward to an even better season in 1990/91 and would like to hear from anyone interested in becoming a new member. All visitors welcome.

Indoor bowls is played on Thursday and Sunday at 1.30pm during the winter months and this gives everyone the opportunity to get to know each other.

Please ring the Club on 523 9221 if you would like to come and have a chat or game of bowls.

#### **ELSTERNWICK Park Bowls** Club, congratulates Dorothy King who has been elected a life member of the club.

In addition to the many honors Dorothy has won during her auspicious bowling career, she has also held several offices, including that of Lady president and is now club treasurer, in addition to being an official umpire and coach.

This versatile lady has also

organised a number of very enjoyable and financially successful social functions. The club is a hive of activity during the winter months. Carpet bowls have been enjoyed by many members and friends and the social game on Sunday afternoon is very popular.

CAN'T BE BEATEN!

Card afternoons every Tuesday have been well attended and the recent solo luncheon was a great success. Another luncheon will beheld on July 17 and bookings may be made by ringing Freda Smith on 528 3789.

New members are always made most welcome and free coaching is available. Enquiries should be made to the secretary, Freda Smith by calling 528 3789 or call the club on 531 4841.

**ELSTERNWICK District** Bowling Club recently celebrated a presentation night. Ladies Club champion was won by Kath Hamilton and the men's by Ray Seers.

Congratulations to the new lady president, Val Sykes. The Club hopes that she has a very successful year and also wish the same to incoming president Ray Seers.

#### **Caulfield Contact Publication Dates 1990**

CAULFIELD Contact will be published 11 times in 1990, with no combined issue for July/August as there was in 1989 to allow for the August local government elections.

However, the August issue will be distributed in late July, just before the local authority elections.

Articles submitted before the listed date have the best chance of being included in each edition.

No responsibility will be taken by editorial staff for the exclusion of any article due to space restrictions.

Issue	Pub. date	Article deadline
100		
Aug.	July 23	July 18
Sept.	Sept. 10	Aug. 20
Oct.	Oct. 10	Sept. 21
Nov.	Nov. 8	Oct. 19
Dec.	Dec. 11	Nov. 23

\*\* Display advertisements must be submitted three weeks before publication date for each issue, while classifieds must be submitted a fortnight before. Advertisements stating size, page number and number of issues can be sent to SHARON OVISS, PO Box 42, South Caulfield 3162.

#### CONTACT

Do you have an event coming up that you would like publicised? Well this is the place to put it!

Contact diary is compiled monthly and if you want to let the community know about any club or social event, we'll be happy to include it on this page.

Let us know about your activities.

Post your notice to: Contact diary P.O. Box 42, South Caulfield, 3162.

**NEW Ormond Auxiliary for** the Alfred Hospital will hold its next meeting on Monday July 23, 1990. Meetings are held every fourth Monday of each month in the Uniting Church Hall, corner North & Booran Rds, Ormond at 10.30am. New members are very welcome. All enquiries to Eveline Moir on 578 1721.

**HUGHESDALE** Art Group will hold a demonstration in oils by Peg Widdows entitled, "Creating a Landscape" on July 11, 1990. This is also applicable to all mediums. The demonstration will be held in the Hall on the corner of Poath and Kangaroo Rds. Visitors welcome, supper provided. Members 50 cents; visitors \$2. All enquiries 885 6407 or 568 7123.

**CAULFIELD Self-Help Group** of the Arthritis Foundation of Victoria will meet at 10.15am on Monday July 23 at 259 Kooyong Road, Elsternwick. All visitors welcome. Enquiries 570 4971.

OAKDALE Angling Club will hold its next meeting at Murrumbeena Reserve, Kangaroo Road at 8pm on July 4 & 18, 1990. Interested anglers of all ages are requested to ring Max Born on 544 3703 for more details.

**EARLY Planning for Retire**ment Group Caulfield Inc, will hold the following activities in July:

July 10 - Walking Group: will meet at 10am at Caulfield City Hall. Walk will be in Nortons Park, Wantirna. If you require transport ring 528 5376. Visitors welcome. July 16 - Photography Group: will meet at 8pm at 1 St Georges Rd, Elsternwick, Subject - Personal Selection. Enquiries 571 3687. Visitors welcome.

July 19 - Interest Meeting: will commence at 7.45pm and will be held in the Gladys Machin Hall, Cedar Street, Caulfield. Guest Speaker will discuss osteoporosis. Supper will be served. Enquiries 570 1170. Visitors welcome.

July 25 - Travel Group: will meet at 7.45pm in the Gladys Machin Hall, Cedar Street, Caulfield. Gordon Nankervis will show slides of New Zealand. Supper will be served. Enquiries 571 3687. Visitors welcome.

MALVERN Artists' Society will hold a creative exhibition of abstract, modern, fantasy and non

traditional works. The exhibition opens on Thursday July 19 to Thursday July 26, 1990. Hours are 11am to 4pm weekdays and 11am to 5pm weekends. The gallery is located at 1299 High Street, Malvern. For further information please call 822 7813.

CAULFIELD Combined Pensioner's Association will hold their monthly meeting on Tuesday July 17 at 1.30pm at City Hall. Special video on medication for the aged "Too much of a good thing". Visitors welcome. Afternoon tea. For further information ring Alma on 528 4459 or Anita on

THE Music Lovers' Society will present the 19th Ida Doubleday Bequest Recital featuring John Tesarsch (cellist) accompanied by Margaret Schofield at the Caulfield on Saturday August 11 at 8pm. Admission: \$10; students/ pensioners \$7; children \$3. New members welcome. For further enquiries phone 571 0850.

MURRUMBEENA Baptist Church will hold a 'Walk-thru Bible' seminar on July 21 and August 18, 1990 from 9am to 5pm at the Murrumbeena Baptist Church, cnr Murrumbeena Rd and Sydney St, Murrumbeena. You can take a life-changing trip as you walk through the old and new testaments. For further enquiries please call Ross Jones on 802

THE Holy Nativity Ladies' Guild will be holding a coffee morning on Tuesday July 19, 1990 at 10.30am. It will be held at Holy Nativity Church Hall, corner Blythe St and Poath Rd, Hughesdale. Dick Wicks will be the guest speaker and will give a talk on and demonstrate his magnetic pain relief products. Donation \$3 and a lucky door prize.

LADIES Probus Club of Caulfield will be holding its next function on July 19 at City Hall when they will be presented with their charter by Rotary who will also do the investiture of the office bearers.. This will be followed by a talk presented by Ron Howes from the State Transport Authority -VLINE, on holidays and future services.

ROYAL Children's Hospital Caulfield Auxiliary will hold a

mask-making demonstration at Caulfield City Hall in the Committee Room on Wednesday, July 18 at 1.30pm.

Donation \$2.50. Afternoon tea. For further enquiries please contact 523 7956.

**NEIGHBOURHOOD Watch** meeting area C29 will be held on Tuesday, July 10, at 7.30pm at Duncan McKinnon Reserve Pavilion. All residents of area C29 are welcome to attend. For further enquiries contact 569 6392.

**ELWOOD Theatre Company** will be holding a mid-year production "The Winslow Boy", by Terence Rattigan at St Columbas, cnr Glenhuntly and Normanby Rds, Elwood. Performances:

July 13, 14, 19, 20, 21 at 8.15pm and a matinee on Sunday July 15 at 2.15pm. Tickets: \$9 adults; \$6 concession, includes tea/coffee & biscuits at interval. For bookings call the ticket secretary on 772 3397.

GLADYS Machin Senior Citizens' Club will be holding the next activities:

Carpet bowls - Saturdays, Mondays, Tuesdays from 1.30 to 4pm. Craft work - Wednesdays from 1.15 to 4pm.

Bingo - Thursdays from 1.30 to

Cards, crazy whist - Fridays from 1.15 to 3.30pm.

Films - Sundays from 2pm.

The Club also holds one day outings and trips away. For further information you may call the Club on 528 6427.

**WAVERLEY Patchworkers of** Victoria will hold their fourth biennial patchwork and quilt show on the following days:

July 27, 28 and 29 from 10am to 6pm daily at the Glen Waverley Senior Citizens' Centre, cnr Springval and Waverley Rds, Glen Waverley. Morning tea, lunch and afternoon tea is available. For further information please call Di

**ELSTERNWICK Park Bowls** will hold the following events as part of its winter program:

Solo luncheon - Tuesday July 17 at 11am. Sherry, luncheon, afternoon tea and lucky seat. Admission \$5. Bookings, Freda Smith on 528 3789.

Cards - Every Tuesday from 12.30pm. \$2 - bookings are not necessary.

Social bowls - Every Sunday afternoon at 1pm. Admission \$2. All welcome. Enquiries, Freda Smith on 528 37 89 or the Clubhouse on 531 4841.

Danny Blum - presenting David Keys Fashion Parade on Tuesday July 31 at 10am.

Cherigo display - of bowls ans sportswear etc., on Tuesday August 21 at 10am. Enquiries to Eileen Dunn on 596 5296.

ELSTERNWICK District Bowling Club always holds activities during the winter months. Activities include, indoor bowls, card afternoons etc with afternoon tea provided. On Wednesday July 18, the Club will be holding a clothing demonstration by Chirigo. Everyone welcome. Admission \$1, including morning tea at 10am. For further information please call 571 1775 or 523 9005.

CAULFIELD Branch of the Victorian Gas Association will hild their next meeting on July 24 at 1.30pm in the Auxiliary Room of Caulfield City Hall. There will be a demonstration of floral art by Lorna Dobbyn. New members welcome. Annual subscription from \$1. For further information, please 557 2254.

**NEIGHBOURHOOD Watch** C113-114 district meeting will be held on July 31 at 7.30pm at Caulfield Grammar School. For further information please ring 523 9686.

MURRUMBEENA Playgroup is a parent-run playgroup for prekinder children. The playgroup is open Monday to Friday from 10am to 12 noon and is located at the rear of the Baptist Church, corner Murrumbeena Road and Sydney Street, Murrumbeena. Fees are \$28 per family per year. Call 568 6592 for more details.

#### CAULFIELD'S HERITAGE ORDER FORM

Should you be interested in purchasing a four-volume or bound set of "Caulfield's Heritage" please complete this order form. (NB) Add an extra \$2.50 to amount for postage and handling.

- \* Four-volume boxed set \$30
- \* Bound set \$35
- \* Single volume \$7

SEND PAYMENT TO: HERITAGE STUDY

COMMUNITY LIAISON DEPARTMENT CITY HALL PO BOX 42 **SOUTH CAULFIELD 3162** 

NAME

ADDRESS.....

POSTCODE......TELEPHONE......NUMBER OF COPIES.....

TYPE OF SET REQUIRED...... PURCHASE PRICE \$.....

#### CAULFIELD CONTACT

**ARTICLE SUBMISSIONS** 

CAULFIELD CONTACT IS COMPILED FOR THE RESIDENTS OF THE CITY OF CAULFIELD. ARTICLES OF INTEREST ARE REGULARLY SUBMITTED FROM MEMBERS OF THE COMMUNITY AND THE PAPER ENCOURAGES THIS. HOWEVER, AT TIMES, DUE TO LACK OF EDITORIAL SPACE, WE ARE UNABLE TO USE THESE ARTICLES. IF YOU WOULD LIKE TO SEND IN AN ARTICLE AND ACCOMPANYING PHOTO, PLEASE ADDRESS AS FOLLOWS:

> ROSA FRASSONI **EDITOR** CAULFIELD CONTACT CAULFIELD CITY HALL P.O. BOX 42

#### **50 AND OVER PRYME** BALL

WHAT IS A PRYME BALL? THIS IS A MODIFIED GAME OF ETBALL AND BASKETBALL FOR LADIES AND GENTS 50 YEARS OF AGE AND OVER. COME AND MAKE FRIENDS WITH THE

CAULFIELD PRYME BALL GROUP IN AN ENJOYABLE

AND REJUVENATING COUPLE OF HOURS AT THE CAULFIELD RECREATION CENTRE, 2 MAPLE STREET, CAULFIELD SOUTH.

FRIDAYS: 3.30PM - 4.30PM. FOR MORE INFORMATION CONTACT AUDREY ON 569 7254.