

# CONTACT

A monthly publication produced by the Caulfield Council for the residents of the City.



Vol 16 No 8 September 1990

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M O N T H L Y

## Crown land in crisis...

COUNCIL has recently considered a discussion paper prepared by the Department of Conservation and Environment dealing with ways for the State Government to raise additional income from crown land.

Caulfield Park, East Caulfield Park, Glenhuntly Park, and part of Duncan McKinnon Park are crown land and the discussion paper proposes charging the users of these parks a rental figure.

Council has raised serious concern at this proposal because it is

Council that fully maintains the crown land, and the State Government does not outlay any funds at all for maintenance or capital improvements to the parks.

Under the current situation Council, through the various Park Committees of Management, undertakes maintenance and capital improvement and charges sporting clubs and other groups a rental figure to offset a small part of this cost. Under the state government's proposal, Council would not have to pay rent, but the sporting and other clubs would.

This would lead to sporting and user clubs paying both the State Government and the Council.

Council has responded to the discussion paper objecting to the principle of the State Government receiving a rental return from crown land in Caulfield, as it does not in anyway contribute to the upkeep or ongoing maintenance of it.

In commenting on this discussion paper, the chairman of Councils Policy and Environment Committee and chairman of the Sport and Recreation Policy Review

Committee, Cr. James Barrett, said "I wonder how the Parks would look in 12 months if Council told the State Government that if it wanted the rental return from this land, it should look after its up-keep.

Council is extremely concerned that the active and passive reserves in Caulfield could be placed in jeopardy by such a proposal."

## New blood for Caulfield

AT Councils election held on Saturday, August 4, three new councillors were elected; Nicholas Gold (North Ward), Robert Kirby (West Ward) and Ed Biggs (East Ward). Cr Helen Friedmann was successful in retaining her seat in the South Ward against strong opposition from three other candidates.

All new Councillors were endorsed by the Caulfield Residents

Association, and defeated sitting Councillors with combined service of 33 years.

Cr Gold at 29 years of age is one of the youngest Councillors to serve the City. Cr Kirby, 35 is Telecom's General Manager for accounting services, and Cr Ed Biggs is General Manager of the National Australian Football Council.

## Mayor ... third time 'round

At Council's statutory meeting held on Tuesday, August 7, Cr Geoffrey Simon Patience MBEJP was elected Mayor of the City.

Councillor Veronika Martens has since been elected to the newly created position of Deputy Mayor. See page 3 for story.

Below: Chief Executive Officer, Doug Aylen and former Mayor, David Bloom robing Geoffrey Patience, Caulfield's new Mayor.



Above: Caulfield Park.



**ALCO PARTY HIRE**

TABLES CHAIRS GLASSES TABLEWARE CUTLERY FRIENDLY SERVICE

REAR  
263 GLEN EIRA RD  
CAULFIELD 3161

**528 4860**

INC. KEREN (KOSHER) PARTY HIRE 523 8131  
ALSO MARQUEES AND DANCE FLOORS

Alan L. Cohen

COUNCIL has recently threatened to withdraw from the Family Day Care scheme unless the Federal Government provides an acceptable funding package. This could have serious repercussions for the 131 children cared for under this scheme and for the 42 caregivers providing this service. See page 2 for story.

**Caulfield's Heritage**

(great gift ideas)

see page 2 for more details

**B. RUSCHINEK** AASACPA  
Certified Practising Accountant

FOR ALL ACCOUNTING AND TAXATION MATTERS

**PH. 523 8666**

LEVEL 1/387-9 GLENHUNTLY RD ELSTERNWICK

FOR ALL LEGAL AND ASSOCIATED MATTERS

**S. RUBENS** LLB(HONS)  
Barrister and Solicitor

THE NEW BEGINNING FOR... HAIR TODAY

**MANE EVENT**

HAIRDRESSING

426 Glenhuntly Rd, Elsternwick  
Ph. 528 3903 or 528 3879



**EDITORIAL**

WELCOME to our September issue of *Caulfield Contact*.

Spring is well and truly in the air, and already plans are underway for the many events that take place in Caulfield when the warmer weather shows its colorful face.

Although it's three months away, preparations are being made for one of the major highlights of the year, the Caulfield Festival. This year organisers promise it will be bigger and better. Read about it on page 7.

See a review of Council's Heritage books by noted local author Stan Marks.

Read about Council's new compost bin scheme - another positive step to helping make our environment a brighter and cleaner one (page 8).

Health foods, how healthy are they? Our article on page nine will shed some light on this question and help you make the right choice when selecting healthy foods.

I hope you enjoy this issue of *Caulfield Contact* and promise to bring you more informative and entertaining articles next month.

EDITOR

The editor reserves the right to exclude articles submitted for publication.

**REMEMBER  
THAT  
THE  
ARTICLE  
DEADLINE FOR  
THE  
OCTOBER  
ISSUE  
IS  
SEPTEMBER 21**

**CITY HALL CONTACTS**

- Arts complex.....524 3287
- Rates.....524 3215
- Human Services.....524 3228
- Traffic & By-Laws...524 3216
- Engineering.....524 3238/40
- Town Planning.....524 3374
- Traffic Engineering.524 3324
- Building.....524 3201

**Council ... attack over funding cuts**

COUNCIL at its last meeting, took the unprecedented action of threatening to withdraw from the Family Day Care scheme unless the Federal Government provides an acceptable funding package for this service.

The Family Day Care scheme is home-based child care for which Council administers the scheme and the Federal Department of Community Services and Health provides an operational grant to Council. Fee levels and payrates are set by the Department.

The approved fee is \$91.20 for 50 hours of care and this fee, in most cases, is paid by the parent directly to the care-givers, who provides this care in their own home.

The current fee (which equates to \$1.82 per hour) has been a major source of concern to the care-givers and a case is currently

before the Industrial Relations Commission to, amongst other matters, increase the fee to \$2.50 per hour and to strike an award to cover their workers.

This would have a serious impact on Council unless the Federal Government agrees to provide an acceptable level of funding.

Depending on the outcome of the Industrial Relations Commission hearing, Council could be liable for as much as half a million dollars in increased costs.

"The decision to withdraw from this scheme unless suitable funding is maintained was not a decision taken lightly," said His Worship the Mayor, Cr. Patience. "But this Council has had a gut full of both the State and Federal governments providing grants for specific schemes and programs which, once operating effectively, suffer a decrease in funding, leav-

ing Council to either pick up the shortfall or reduce the service.

This has happened in the HACC programme area with Meals-On-Wheels and Specific Home Care in the libraries area and others. Council must take a stand and let Government know that this is just not good enough. This Council does not have half a million dollars lying around to divert to this service. To fund this alone would require a 5% increase in rates over and above any increases necessary due to CPI movements."

If any residents want to express their concern to the Federal Government over this issue they should write to: The Hon. Peter Staples M.P. Minister for Aged, Family and Health Services, Parliament House, Canberra ACT 2600.

**Kinder future secured**

A recent decision by Caulfield Council has guaranteed that Murrumbeena Kindergarten will continue to operate in the Murrumbeena area following the sale of its present site later this year.

Council accepted a recommendation that it make a commitment that Murrumbeena Kindergarten be operational in 1991

Negotiations are continuing on a future site for the Kindergarten and it is hoped that a definite site will be announced in the near future.

Enrolments for 1991 are currently being finalised. Interested parents should contact the Kindergarten director, Mrs Bev Shaw c/- Murrumbeena Kindergarten 101 Murrumbeena Rd, Murrumbeena, or phone 569 9405 as soon as possible to ensure a place for their child.

**Community awards...**

IN 1989 the City of Caulfield established the Caulfield Community Services Recognition Scheme to provide a means by which dedicated volunteers working within the Caulfield community can be publicly acknowledged by Council.

At a special ceremony each year people, who have given many hours of their valuable time and effort to our community are presented with a certificate and badge by the Mayor in recognition of their valuable contribution to the life of the City.

A similar ceremony is planned for May 1991. Accordingly, Council is seeking participation from community groups and organisations who might wish to nominate members for the award scheme.

Any group or organisation who wishes to forward the names of nominees for these awards should obtain forms by contacting Val Corby, Human Services Division, City Offices, telephone: 524 3228.

Nominations will close on November 30, 1990.

**Caulfield's Heritage - great gift ideas...**

THIS four-volume study of Caulfield's Heritage, commissioned by the Council in 1987, aims not only to update previous historical works and provide a chronological record of Caul-

field's growth from its origins to the present time, but also to consider modern Caulfield from the perspective of its continuity with the past and the legacies which remain today.

The study integrates a chronological with a thematic approach, which provides an unusual and innovative departure from that customarily adopted for municipal histories.

**CAULFIELD'S HERITAGE  
ORDER FORM**

Should you be interested in purchasing a four-volume or bound set of "Caulfield's Heritage" please complete this order form. (NB) Add an extra \$2.50 for postage and handling.

- \* Four-volume boxed set \$30
- \* Bound set \$35
- \* Single volume \$7

**SEND PAYMENT TO:**  
HERITAGE STUDY  
COMMUNITY LIAISON DEPARTMENT  
CITY HALL  
PO BOX 42  
SOUTH CAULFIELD 3162

NAME .....

ADDRESS .....

POSTCODE ..... TELEPHONE ..... NUMBER OF COPIES .....

TYPE OF SET REQUIRED ..... PURCHASE PRICE \$ .....

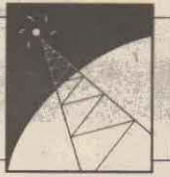
**MEETING DATES**

- Policy & Environment Committee  
September 11
- Economic Development Committee  
September 11
- Full Council  
September 18

**Recently moved to Caulfield?**

If so, contact Caulfield City Hall for a free copy of our New Residents' Kit (including the 1990 Caulfield Resource Guide).

Copies are available by writing to:  
Caulfield Council Community Liaison  
Department, PO Box 42, South Caulfield, 3162,  
or contact  
524 3333.



(continued from page 1)

## Mayor... third time 'round



**Above:** Caulfield's newly elected Mayor, Cr Patience being congratulated by George Zafiroopoulos, City of Caulfield Soccer Club.

COUNCILLOR Geoffrey Simon Patience BEM JP, was elected Caulfield's 60th mayor at the annual statutory meeting held on August 7, replacing north ward Councillor David Bloom.

Cr Patience previously served as mayor for two consecutive years in 1977, 1978.

He has already taken part in a number of official functions and openings in the past month, including appearances at local bowls and recreation clubs.

Cr Patience is a long time Caulfield resident living in Hawthorn Rd, North Caulfield and running a Travel Agency in Caulfield South.

Cr Patience is married with four children and seven grandchildren, and already wife Jean has joined him at a number of official openings and functions in her early weeks of the mayoral term.

Mrs Patience works for many

charities in Caulfield and helps out at the Caulfield General Medical Centre's kiosk on a weekly basis.

She was previously president of Caulfield's Red Cross for two years and has been involved with the Royal Children's Hospital.

In accepting the mayoralty Cr Patience said "Although I am sorry to see old friends and colleagues leave the Council, I am sure that the new faces and new ideas will only help the City and I look forward to a very fruitful year."

### Deputy mayor

WHEN the mayor was elected at the Council's statutory meeting it was also resolved to elect a Deputy Mayor.

The role of this position has been defined as assisting the mayor in charring meetings, communicating with the media, attending so-

cial engagements, leading Council deputations and generally assisting the mayor when required.

The status of the position is to be that of a Committee chairman.

Cr Veronika Martens was elected to this position by Council at its last meeting. She was first elected in 1986 and represents the East Ward.



**Cr Veronika Martens**

## Citizen awards 1991

THE City of Caulfield will be celebrating Australia Day on Friday, January 25, 1991 with the traditional Champagne Breakfast.

One of the features of this function will be the presentation of awards to "The Citizen of the Year" and "The Young Citizen of the Year."

The object of these awards is to recognise outstanding contributions by Caulfield citizens to the welfare of the local community.

The Council is seeking nomina-

tions of persons suitable for the 1991 awards and, appropriate forms and a copy of the guidelines can be obtained by contacting Norma Polglase, Mayoral Secretary on 524 3224.

Nominations should be forwarded by Tuesday, December 4, 1990. Shortly thereafter a Selection Committee will meet to determine the two persons most worthy of these awards.

## Conference policy

AT the first meeting of the new Council a policy was adopted to regulate the attendance of Councillors at local government conferences and seminars.

Conferences and seminars are interpreted by the policy to include workshops, training sessions, and any meetings of an educational nature and relevant to local government.

The policy establishes guidelines for future decisions of the Council, when it appoints members and delegates.

Matters to be taken into account include: Cost/benefit of being represented. Expertise, interest and experience of Council members in the areas of conference business.

**Numbers to attend being regulated by distance/cost, having regard to the following limitations.**

Corporate workshops 12

Local conferences and Seminars (Melbourne and Metropolitan area) 6

Intrastate conferences and seminars (Country and Provincial Cities) 3

Interstate Conferences and seminars 2

Overseas conferences and seminars 1

Relevance of the conference programme to the efficient and effective operation of the City of Caulfield.

Chief Executive Officer, Doug Aylen said that the policy had been called for after public criticism of an interstate study tour. "Whilst many areas of the policy affirm unwritten rules of the past, the guidelines on numbers is new," he said.

**THERE ARE ADULTS WHO CAN'T READ  
THIS  
MESSAGE.**

**WE CAN HELP**

RING CHRIS OR TRICIA ON  
563 1554

FOR INFORMATION TO RESERVE A PLACE IN THE LITERACY COURSE. ALL AGE GROUPS FROM SENIOR CITIZENS TO YOUNG ADULTS ARE WELCOME TO APPLY -

NO PREVIOUS EXPERIENCE IS NECESSARY. AT THE COMPLETION OF THE COURSE OR AT A LATER DATE

YOU WILL BE MATCHED WITH A MUTUALLY SUITABLE ADULT WHO WOULD LIKE TO IMPROVE HIS OR HER READING SKILLS.

**1990: INTERNATIONAL LITERACY YEAR.**

### 1990 Caulfield Resource Guide

**A number of copies  
of the City of Caulfield's  
popular  
Resource Guide 1990  
are still available from City Hall.  
Residents who did not receive a copy  
can do so by writing to:**

**Community Liaison  
Department, PO Box 42,  
Caulfield South,  
3162, or  
by calling  
524 3333.**

### Carnegie Primary School

1991 Prep Enrolments

Parents wishing to find out about the school, its policies and facilities is asked to make an appointment with the Principal, Leo O'Keefe.

All enquiries to deputy principal, Deidre Lynch.

**Phone:  
571 2662**



# Road safety in Caulfield

Over 300 people have died on Victorian roads so far this year.



Above: Senior Sergeant Alf Thomas and Constable David Michelson promoting road safety in Caulfield.

THIS figure includes over 50 pedestrians, 75 passengers of motor vehicles, 30 motor cyclists, and nearly 20 cyclists.

These are alarming figures and there is something we can do that may help lower these horrific statistics.

Caulfield Police, in conjunction with Neighbourhood Watch and the City of Caulfield, are conducting two competitions aimed at reducing the road toll.

The first competition is open to all age groups and the task is to simply create a road safety motto for a bumper sticker or road sign.

Examples of these include: "Drowsy Drivers Die", "Bicycle Helmets - Don't Hit the Road without them".

The winning entries will be published in the December issue of *Caulfield Contact* and, depending on the quality, will be made into street signs on several main roads in the municipality.

It is also possible that your motto may actually be printed and used as a bumper sticker.

The second competition is open to all children under 15 years of age, who reside in the City of Caulfield.

The task is to create a road safety poster (A3 size preferred).

Suggested topics for both competitions include - drink driving, pedestrian safety, speeding, seat belts, child restraints, unroadworthy cars, drowsy driving, bicycle helmets and bicycle safety.

There will be prizes and plaques awarded in both competitions.

Judging the competition will be officers representing Caulfield Police, Caulfield Traffic Operations Group and "Charlie", Neighbourhood Watch.

Entries close on Saturday, November 10, 1990.

Entries should be forwarded to: **Officer in Charge  
Caulfield Police Station  
289 Hawthorn Road  
Caulfield 3162**

Don't forget to put your name, address and phone number on the back of your submission.

For further information, please contact Constable David Michelson at the Caulfield Police Station on 528 6688.

Help to make a difference!

# Show fever hits home

AT Montefiore Homes it's show time. Residents have completed their exhibits for this month's Royal Melbourne Show.

This year 18 entries have been accepted from Montefiore Homes to be judged in various craft categories.

Montefiore's chief occupational therapist, Keren Harris, sees such creativity as a means of self fulfillment, giving pride and pleasure to elderly residents with many re-discovering old skills while others learn new crafts.



Above: Pictured with their exhibits are show entrants (l-r): Khana Gelshteyn, Sybilla Wingens, Victor Cabelli, Catherine Oliver, Alice Kastner and Stephanie Goldfine.

# Tree planting at Camden



Above: (l-r) Vi Williams, Church Group Organiser; Alf Fairhall, master of ceremonies; Lois Gleeson, hostel supervisor; Marj Buckingham, minister Caulfield Church of Christ.

ON a recent cold winter's morning, after their weekly Fellowship Service in the lounge, the Church Group at Camden Court moved outside to share in a special tree-planting ceremony.

The tree, an Australian native donated by Rev. Marj Buckingham for local Council Tree-Planting Week, had been carefully nurtured by senior Camden resident, Alf Fairhall, pending the staging of the ceremony.

Alf, an experienced field

naturalist and propagator of native flora, chose and prepared the planting site and gave a practical demonstration of the science of tree-planting, as all present were invited to contribute their 'spade-full' of soil to the project.

The tree can now be easily observed through the large lounge room window. It is identified by a small brass plate, inscribed 'Variegated Myrtle', planted by Camden Court church group, June 21, 1990.

# Local member welcomes new sexual offences bill

MR Cyril Kennedy, Member for Waverley Province and Government Whip in the Upper House has welcomed the State Government's proposed reforms to Victoria's rape and sexual offences laws as "further evidence of the Labor Government's commitment to a safer Victoria."

Mr Kennedy said that the reforms would bring Victoria's laws into line with the best practices nationally and internationally.

"These reforms are long overdue," Mr Kennedy said. "In some cases they will remove anomalies which have caused confusion, hardship and possibly, unjust verdicts."

"Many of the changes, particularly in relation to children, are in response to community concerns that many cases were not being reported, or not proceeded with because of the trauma of testifying."

"In addition to these law reforms the State Government will also look at other changes to protect the privacy of the victim such as new court facilities having arrangements so that the accused and the complainants do not have to confront each other in corridors etc."

"The State Government will also be looking at the possibility of child complainants giving evidence by closed circuit television."

Mr Kennedy said that children, who are particularly vulnerable to sexual offences, faced outdated and unnecessary obstacles to being accepted as witnesses in criminal trials.

"Sometimes these obstacles and the stress of testifying deter the reporting and prosecution of offences," he said.

Mr Kennedy invited public comment of the draft bill.

"For the safety of all residents of Caulfield, it is imperative that interested people make comment on the bill and that this bill is supported by all political parties on its way through Parliament," Mr Kennedy said.

**Doing an assignment on local government?**

**Need information on historical, demographic and cultural aspects of our City?**

**Ring 524 3333 for a Student Kit**

## WINDOW FRAME REPAIRS

Treatment of Decayed Timber.  
New Cords, Balances, Catches, Hinges and Locks.  
Reputty, Weatherseal, Repaint.

Credit cards welcome.

PHONE AFTER HOURS: 569 7549



# Children & family services column



**A training program, with a difference, is giving people in our community ... OPTIONS**

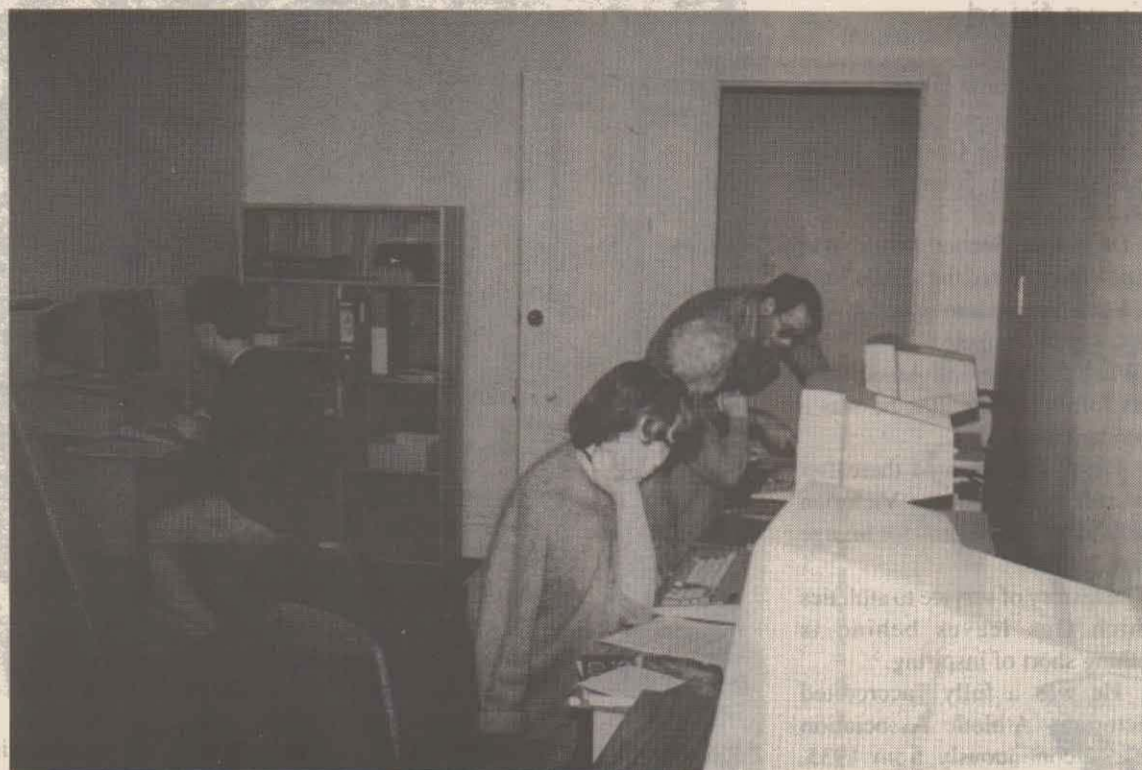
MALVERN Caulfield Employment Options was successful in gaining funding from the Department of Employment, Education and Training to implement a skillshare program targeting the residents of Caulfield and Malvern.

The program, known as Options Skillshare, opened its doors to the public in June, 1989, following a five month period in which the steering committee was involved in establishing management procedures, renovating the premises, appointing staff, developing training programs, promoting the project and seeking community support.

The core membership of the steering committee, now an incorporated body, include representatives from City of Malvern, City of Caulfield, Glenhantly Rehabilitation Centre, Contact Centre, Malvern and Elsternwick CES.

Options Skillshare aims to improve the skills of long-term unemployed people through the provision of structured skill training and by providing opportunities for involvement by participants in other employment-related activities such as Job Search Training.

Structured training programs offered at Options are designed to meet local labor market demands



**Above : Students attend an Options Skillshare training program.**

enabling participants who complete the courses the opportunity to gain employment or move onto further education. At the same time employers needs are also met.

Options provides professional training programs in typing (basic and intermediate), word processing, and bar and waiting.

These courses, which are pro-

vided at no cost to eligible participants, have proved to be very popular, operating at capacity with waiting lists, particularly for word processing.

This year Options has also undertaken to provide evening word processing programs to members of the business community as a means of opening up the program to a wider sector of the

community and addressing funding shortfall.

Since June 1989, 210 people have participated in Options training programs. Fifty one percent of the participants have been successful in gaining employment or moving onto further education and training.

The professional staff at Options have created an atmosphere

which is conducive to learning and have provided the support to individual participants necessary for them to achieve their goals.

One of the conditions of the continuation of this programme into 1991 and beyond is that each Skillshare Project must raise, from within the local community, one fifth of the Federal Grant issued to the Project by DEET.

The Management Committee and staff at Options realise more than most that surplus dollars simply do not exist. However they desire to continue to offer the quality of service and training that have been available during 1989 and 1990.

What Options needs is opportunity. Opportunity for unpaid work experience, opportunity to gather used office furniture and equipment for use or resale, opportunity to teach skills in the workplace, opportunity to get people back to work.

Throughout the remaining months of 1990, Options must concentrate on strengthening existing links with the business sector and other employer bodies, and will continue to evaluate the training programmes offered to participants, so that Options continues to adequately meet the needs of the individual and the community.

## Your key to shopping from home

THE new edition of the 'Caulfield Shopping from Home Guide', already available in large print, will now be available in audio cassette version.

Paul Korsten, the audio production manager of the Braille and Talking Book Library, is most enthusiastic about Caulfield businesses and services which can be accessed by house-bound

people at little or no extra cost.

"The Audio Guide will have index pulses which will enable users to 'leaf' through the contents to select the services they want", he said.

"But people without special audio book equipment can use the cassette as well."

The Caulfield Advisory Committee for People with

Disabilities, which have produced the highly successful Shopping Guide since 1986, have produced a colorful sticker which identifies each service provider, and urges users to mention that they found the service they need through the Shopping from Home Guide.

The cassettes are available free from Caulfield City Hall by contacting Jim Badger on 524 3277.

## How safe is your baby?

CHILD safety in the car is crucial. Since 1988 the law requires that all children under one year old must be carried in an approved child restraint suitable for the child's size and weight, and properly fitted and adjusted.

The Caulfield Council's Maternal and Child Health Care Centre has a 'Baby Safety Restraint Scheme' in operation.

Under the scheme residents of Caulfield are eligible to hire suitable baby restraints for a period of six months from the centre. However, the centre has a limited store of restraints. Therefore they cannot guarantee availability for all residents.

The Centre offers 2 types of restraints, a safety swinger and a baby safety capsule for the car, for

newborns (for babies between 0-6 months of age).

The capsule offers babies maximum protection in the car. In the event of a crash, an infant restraint prevents the baby from being ejected.

It is attached to a rear child restraint anchorage and is used in conjunction with a lap/sash static belt, retractable lap/sash belt or lap for the baby. A couple of hours a day is acceptable. However, anything more is not good for the posture of the baby.

Moreover, mothers can easily strain themselves by carrying around the capsule.

At about 6 months of age, when the baby is able to hold its head erect it is time for a child safety seat. Better safe than sorry.

### ENROLMENTS

#### CARNEGIE RUDOLPH STEINER PRE SCHOOL

IS NOW ACCEPTING ENROLMENTS FOR ITS THREE YEAR PLAY GROUP (WITH FULLY TRAINED STEINER PLAY LEADER) AND KINDER SESSIONS FOR 1991.  
ALL ENQUIRIES TO LYNN ON 571 0265.

### LIKE TO DO SOMETHING FOR YOUR LOCAL COMMUNITY?

VOLUNTEERS ARE DESPERATELY NEEDED FOR CAULFIELD'S MEALS-ON-WHEELS SERVICE, ESPECIALLY DRIVERS.

IF YOU COULD ASSIST ONCE A WEEK, A FORTNIGHT OR ONCE A MONTH, SANDRA WOULD BE DELIGHTED TO HEAR FROM YOU.  
CONTACT SANDRA ON 524 3301.

If you are a Caulfield resident you are **eligible to hire** suitable baby restraints for a period of six months from Council's Maternal and Child Health Centre.

**For further information ring City Hall on 524 3333.**

# Caulfield salutes & World class photography effort farewells a pioneer

## A pair of shoes that can't be filled ...

TRAGICALLY on the night of August 8, 1990 an elderly pedestrian was struck down and killed on North Road in Glenhuntly.

He was Mr A A (Gus) Theobald BEM.

Gus, born March 5, 1897 and son of a Swan Hill wheat farmer, first moved to Melbourne in 1912 at the age of 15.

It was a chance meeting with some local athletes after a football match in 1931 that began Gus's unparalleled association with the Glenhuntly Athletic Club.

Gus began competing only in walk events, because at 35 years of age he was "too old" to compete in other events. Soon after began a long history of coaching walkers

and fostering new talent, but his own talent was enormous.

Gus won the Open Victorian and Australian 50km walks in 1949 at the age of 52.

During the Second World War Gus, who operated the search light at Fort Nepean, returned every Saturday to compete.

When the Veterans' Association was formed in the 70s, he was a foundation member.

He was undefeated thereafter and still holds all the Victorian and Australian records for his age group.

The history of service to athletics which Gus leaves behind is nothing short of inspiring.

He was a fully accredited Victorian Athletic Association official continuously from 1935. He officiated at the 1956 Olympics and the 1962 Commonwealth Games in Perth. He was a life member of the Victorian Walkers Association, had 58 years membership of the VAA and served on the General Committee of Glenhuntly Athletics Club since 1939.

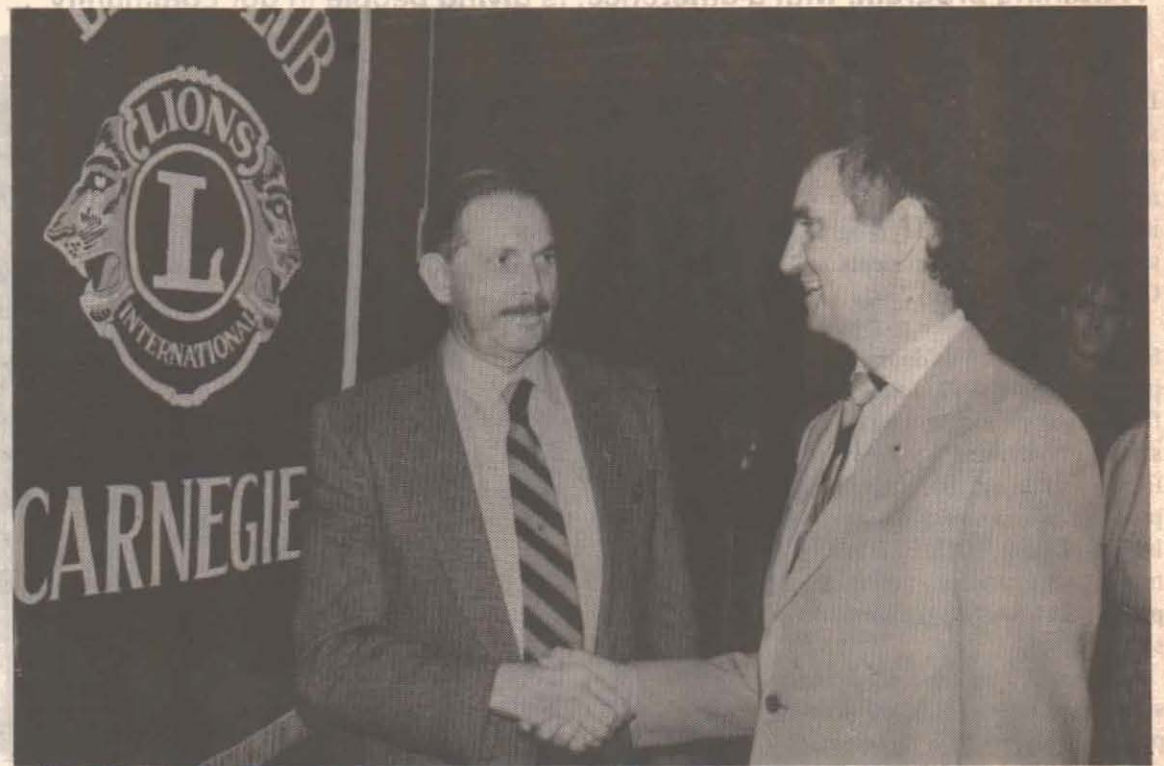
He was Club President from 1958 to 1972 and thereafter Vice-President. He assisted with the formation of the Caulfield Little Athletics Centre, was involved with the construction of the track and field at Duncan McKinnon Reserve and was a long time club delegate to the VAA.

For the 38 years, since 1952, Gus was the Glenhuntly Cross Country Manager.

The enormous contribution made by Gus to the sport of athletics in Victoria was recognised in 1982 with the awarding of the British Empire Medal.

Gus Theobald provided both inspiration and encouragement to the sport of athletics.

Gus is survived by his wife Jessica, two children, Joan and Ian, and five grandchildren. He will be sadly missed.



Above: New Councillor Ed Biggs (east ward), congratulating Lion Ted Terry. Cr Biggs is president of the Lions Club of Carnegie.

EDWARD (Ted) Terry, a member of the Lions Club of Carnegie, was recently very successful in scoring second place in this year's Lions Club International Photographic Contest.

Entries were submitted from Lions Clubs around the world to Illinois, USA where they were judged on their photographic merit and ability to depict an individual club's fund-raising efforts in their service to the community.

Ted's entry consisted of a written essay and a collection of slides on "The Use of Modern Technology in Non-Invasive Medical Procedures," and the way service clubs such as the Lions Club have an increasingly important role to play in raising funds for the purchase of such technology.

In 1989 the Lions Club of Carnegie organised a one day painting

and judging competition of anything representative of the district to raise funds for the purchase of an external defibrillator for the local Metropolitan Ambulance Service.

A defibrillator had been chosen by the members because of its greatest need within the ageing population of the district, and the necessity to monitor and defibrillate heart attack victims in the shortest time possible leading to a better recovery rate.

Ted followed the sequence of events of the competition with his camera - initially showing local artists at work through to the final presentation of the defibrillator to the Metropolitan Ambulance Service.

Ted also photographed other forms of medical technology used in the investigation of heart attack victims, and these included a

patient undergoing a stress test monitored by Professor K McLean at the Frankston Community Hospital, and the Doppler machine at Peninsula Vascular Diagnostics being used by their Ultra-Sonographer Terry Hayes.

The Doppler enables the internal examination of arteries via a transducer to a video screen.

Ted was assisted by Carol Andrew who wrote the script and organised the hospital sequences.

They would like to thank all those people involved and who kindly allowed themselves to be photographed for this interesting project.

Congratulations to the Lions Clubs of Carnegie and Caulfield for their excellent fund-raising efforts, and to Ted Terry on receiving his award.

## Caulfield South Primary School

Bundeera Rd, South Caulfield

Enrolments are now being taken for 1991. You are invited to visit our school to find out about programs, policies and activities. Inspection by appointment.

Contact: MISS CLARE BAYNE (ACTING PRINCIPAL) ON 578 3718

## September concert

THE energetic members of the Caulfield City Choir are not letting any grass grow under their feet.

Fresh from the successful combined performance earlier this year, at the Camberwell Civic Centre, they are now busily rehearsing for their quite renowned mid-year concert.

This performance, simply titled 'September Concert' will have something for everyone.

Admission is \$10.00, concession - \$8.00. Supper is provided.

The Concert is to be held on Sunday, September 16, 1990 at 2pm in the St Stephens Uniting

Church Hall, Balaclava Road, Caulfield.

The whole performance is under the baton of well known singer and conductor Douglas Heywood who is the choir's musical director.

Talented Joan Shewan is the accompanist.

Make a note of this important date.

Come along and bring your friends and support this well-known local group.

Further particulars from choir secretary, Mrs Glasson, 523 6523.

Now is the time to enrol your daughter in Prep. Enquiries, telephone Kilvington 578 6231

**KILVINGTON**  
BAPTIST GIRLS' GRAMMAR SCHOOL



# 'Against the grain' Caulfield festival '90

...contemporary wood sculpture from Western Australia

"AGAINST the Grain" is an exhibition of up to 12 artists who use wood as their predominant medium.

The experience and styles range from the rough-hewn geometric sculptures of Howard Taylor, whose forty years of practice has given encouragement to younger artists, through to the delicate stick and paper assemblages by recent graduate Carmela Corvaia.

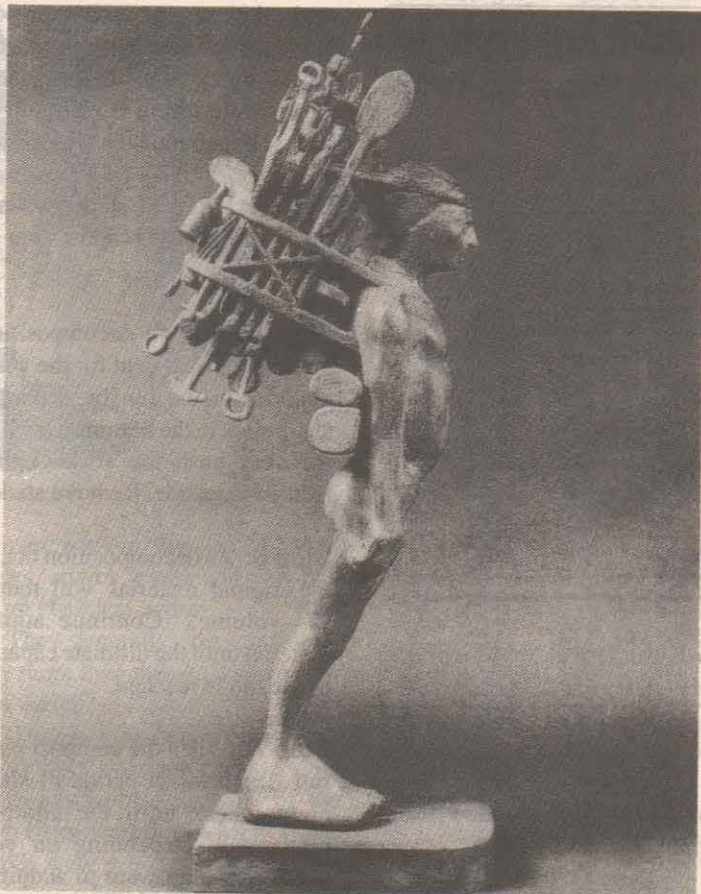
This show will be a showcase for the high quality work being produced in Western Australia and nationally.

The works selected for this exhibition have a quiet formality with styles ranging from Picassoid constructions to decorative schemes to primary structures and Smithsonesque minimalism.

Clean industrial fabrication and finish, are not evident, with artists preferring direct carving and construction.

Volume and linear configuration are articulated with high traces of the makers touch.

The exhibition opens at the Caulfield Arts Complex on September 15 and will run until October 10, 1990.



Above: 'Dryden game' by Hans Arkeveld, 1989.

If you require further information about this exhibition, please do not hesitate to call Tim Rollason on 524 3287 or Krystyna Tyrrell on 524 3263.

CAULFIELD Festival is getting closer.

It all happens the first weekend in December (30th November - 2 December, 1990).

Mark it on your calendar now so that you'll be free to attend the many entertaining activities and events planned.

Included in this year's

program is a family dance in the park on Friday night, a lunchtime concert at Ripponlea, and a quiz night on Saturday night.

The festival will conclude with a family day on Sunday to be held at Caulfield Park.

Keep watching *Caulfield Contact* for more details!

## Caulfield festival Coloring Competition!

Prizes to be won! Just color in 'Kooka' the festival mascot.



Name:  
Address:

Telephone Number:  
Age: Sex:

Send entries to Catherine Cooper,  
c/- Caulfield Arts Complex,  
Caulfield Town Hall,  
P.O. Box 42  
Caulfield South, 3162.  
Entries close November 16, 1990.

### Caulfield Arts Complex - Coming attractions

September 18 - October 11

Joanne Zoi Konstantinidis

The Cape Schank coastline with its imposing rocky outcrops has been chosen subject matter for most of the paintings and drawings in this exhibition.

Sunday October 7 - 3pm

Melbourne Guitar Ensemble

Musical Director - Jochen Schubert, Special Guest - Brian Hansford - Baritone

This varied and entertaining programme features works by Telemann, Schubert *Songs*, Serocky, Schumann, Haydn and Castlenuovo Tedesco. Tickets \$12.50 adults, \$10 Concession. Information/Bookings to Liz Jesty 524 3264.

Gallery Hours  
Closed Monday  
10-7pm Tuesday  
10-5pm Wednesday-Friday  
1-5pm Saturday & Sunday  
Caulfield Arts Complex  
Cnr Glen Eira &  
Hawthorn Rds  
Caulfield  
Telephone  
524 3287

## Keeping time with music



Above: Could this place belong to you?

IN Time Music Council is a voluntary, non-profit group which aims to encourage adult players of all levels and styles to experience the joy of making music.

It caters for adult players, from beginners upwards, with a range of musical backgrounds; to bring together players of a similar standard who would like to play in groups, and to encourage those who don't yet play to take up an instrument, and join one of their groups.

The group hopes to provide the opportunity for people to enjoy making music in a welcoming and relaxed environment.

The first music workshop will be on Saturday, October 27, from 9am to 4pm, at Caulfield Town

Hall, corner Hawthorn and Glen Eira Roads, Caulfield. Observers and players at all levels are welcome.

At the workshop various instrumental groups will be formed, under the guidance of experienced musicians, with each group aiming to perform a piece of work by the end of the day.

In Time Music Council is sponsored by the Victorian Community Arts Network.

For further information contact the In Time Music Council, c/- Victorian Community Music Forum, 18 St. Andrews Place, East Melbourne, Victoria 3002, or phone (AH) the Victorian Music Library on 836 3425.

**CAULFIELD CONTACT READERS ARE REMINDED  
THE CLOSING DATE FOR COPY FOR THE  
OCTOBER ISSUE IS:**

**FRIDAY SEPTEMBER 21**

**COPY SUBMITTED AFTER THIS DATE WILL NOT BE  
CONSIDERED FOR PUBLICATION.**



# Council's compost bin scheme

## Red gums to stay...

COUNCIL has just announced that it will be commencing a "Compost Bin scheme".

Because of the pressure on Council in the provision of tipping facilities and the escalating costs associated with collection and disposal of household wastes, Caulfield Council is seeking ways to minimise the volume of waste for disposal.

The Compost Bin scheme is seen as a further measure in addition to Council's recycling programs to minimise waste and reduce disposal costs.

The scheme will involve Council purchasing a bulk supply of bins at a discount price and then reselling the bins to residents at approximately half the normal retail price.

It is hoped that this scheme will be well received by residents and that they will avail themselves of the opportunity to obtain a "cheap bin" and commence composting suitable material.

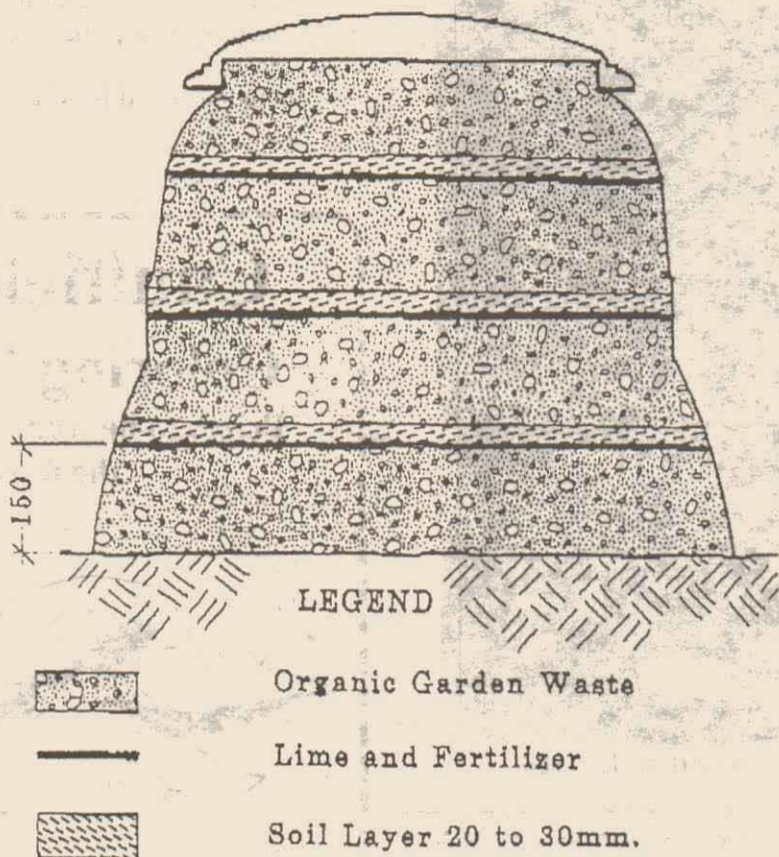
### How to use a compost bin

**Step 1:** Site bin on a sunny, level spot.

**Step 2:** Place 150mm (6 inches) of organic matter, such as household and garden waste, rags, paper, tea leaves etc. into the bin.

**Step 3:** Sprinkle with a handful of lime or dolomite, plus blood

### Eight easy steps to a healthier environment



**Council is presently finalising details of the scheme and expects that the bins will be available for purchase by residents from October 1, 1990.**

**For further information about compost bins, contact the Engineers Department on 524 3333.**

and bone, or use compost activator (all available from your local nursery or garden supplier). Cover with 25mm (1 inch) of garden soil and moisten with water.

**Step 4:** Repeat steps two and three until your compost bin is full.

**Step 5:** To aid decomposition, create a vertical vent for the waste material in the bin by driving a sharp stick to the bottom. To widen the vent push the stick slightly from side to side. Remove stick.

**Step 6:** As decomposition occurs the original material will reduce in volume. Continue adding material until the ultimate capacity of the bin is reached.

**Step 7:** When the compost bin is full leave for a period of six to eight weeks until the compost matures. Depending on your needs you may want to acquire a second bin, that way you can use the contents of the bin while the waste material in the other bin matures.

**Step 8:** A week or two before applying the compost, prepare the area by keeping the soil moist with occasional watering. When applying the compost spread a layer approximately 100mm (4 inches) deep over the area selected and dig well.

THE State Government has handed over a cheque for \$13,400 for work carried out by Council on management of gum trees in the Outer Circle Railway Linear Park.

Actions have been taken to preserve the indigenous red gum woodland though irrigation, root zone treatment, pruning and fertilizing.



**Above: The Hon. Andrew McCutcheon, Minister for Planning and Urban Growth, presenting the cheque to the His Worship the Mayor Cr. Geoff Patience.**

## Book review ... Caulfield's Heritage

CAULFIELD Council's latest publishing venture, "Caulfield's Heritage", written by local author Dr Geulah Solomon covers Caulfield's Building Heritage, Cultural Heritage, Recreational Heritage and Recent Municipal Heritage and tells an exciting story as the author says, of how a rural district on the outskirts of Melbourne developed into a modern urban municipality which today covers some nine square miles and includes all or part of ten postal districts in the metropolis of Melbourne.

Even in the 1850s there was growing interest in Caulfield, especially its 'size and importance'. In the 1870s and 1880s the district was described as 'one of the leading suburbs' of Melbourne. Even the Melbourne Herald in January 1932 said that Caulfield may claim to be the most optimistic and venture some of Melbourne's suburbs'. And, from living in the district and reading Dr Solomon's extensive volumes, I wouldn't take issue with that comment even in the dynamic 1990s.

Dr Solomon aimed not only to update historical works and provide a chronological record of Caulfield's growth from its origins to the present time, but she has also considered modern Caulfield from the perspective of its continuity with the past and the legacies which remain today. Dr Solomon adds 'the study integrates a chronological with a thematic approach, which provides an unusual and innovative departure from that customarily adopted for municipal histories.' Famous personalities, past and present, are included in the book.

Caulfield gives an insight into the style of Melbourne's famous early homes and buildings. Homes that housed some of the leading citizens of early Melbourne, and in which some of the infant colony's early history was enacted.

In the book on culture, Dr Solomon looks at the arts, the development of ideas, and the gamut of features which today make the Caulfield Arts Centre one of the most progressive in the State, and, indeed, in Australia. And, why not

for an area where authors such as George Johnston and Martin Boyd wrote about, and were connected with. George Johnston described his youth in Caulfield in his semi-autobiographical trilogy *My Brother Jack*.

Dr Serge Liberman is also one of today's well-known writers who has spent much time in Caulfield and is mentioned in the book. He successfully combines a career as a doctor with that of a writer. His latest release *The Battered and the Redeemed* is a sheer delight.

The district has a large ethnic community, which contributes in numerous ways to the area's cosmopolitan ambience, touching almost every aspect of life. A walk down Glenhuntly Road and nearby streets indicates the culinary delights. Name a restaurant, Chinese, Thai, Indonesian, French, German and so on, and Caulfield has it. Just to amble and take in the smells is a delight. Above all, the Caulfield lifestyle is a happy melange of many different cultures.

There is Jewish food to delight the most kosher and non kosher.

Caulfield has one of Australia's largest Jewish communities which has contributed much to the area's growth and development. And the street names tell a great deal about the district, its founders and citizens. Aboriginal names such as Bambra (mushroom), Neerim (long or high) and Kooyong (a resting place). There are also many Maori streets (including Rotarua and Takepuna), Scottish, European and others.

All going to show why Dr Solomon has described Caulfield as

'being a model of multiculturalism in action'. Overall, the research has been quite extensive and is really a catalogue of facts and anecdotes about people and places. The paperback books are quite a useful bargain at \$7 each.

Dr Solomon has obviously dug deep into Caulfield's arresting history and provided a source of first-class information about a suburb that in many ways is a microcosm of the larger Australia outside its well maintained boundaries.

Stan Marks

Edited version of Stan Marks' book review on Caulfield's Heritage published in the Melbourne Report.

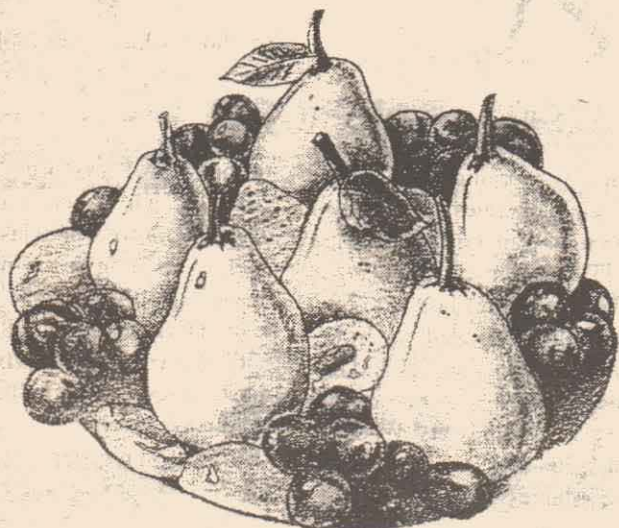
## COUNTRY FIREWOOD

THE LIONS CLUB OF CARNEGIE ARE SELLING BAGS OF COUNTRY FIREWOOD AT \$6.00 - DELIVERED - PLEASE CONTACT: KEN LIMBRICK ON 568 7911 OR STAN JOWETT ON 578 9684 PROCEEDS OF SALES GO TOWARDS ASSISTING THE LIONS INTERNATIONAL DIABETES INSTITUTE, 260 KOOYONG ROAD, CAULFIELD.





# Health food facts You and your pets



Thoroughly washing fruits and vegetables - organic or ordinary - before eating may be the better option for most people.

### Naturally good?

"Natural" does not always mean "good" from a nutritional standpoint.

Many consumers have been led to believe that turbinado (raw) sugar is better than the refined variety, sea salt is preferable to common table salt, and granola is superior to most brand-name cereals. Not true. Sugar is sugar, salt is salt, and granola may actually have a higher fat content than your favourite bran flake.

### Health food shopping

Health food stores can be excellent sources of hard to find grains and cereals, herbs, teas, and other products.

But, remember healthy food is more a product of what you choose than where you choose it.

ALL of our usual domestic pets are subject to the ravages of fleas, flies, lice, and mites - a fact well known to every owner of a dog, cat, guinea pig or rabbit. But did you know that these same parasites often bite humans, and cause a skin reaction which may vary from a red or white itchy spot to a large blister or raw ulcer.

It has been recognised in Australia that hives can be caused by bites from skin parasites of house pets and the problem is particularly common in children because they spend more time with their pets than do the adults of the family.

The itchy spots are mostly seen on the arms and legs, and only rarely do they appear on the covered portions of the body. If the skin is broken by scratching or rubbing to relieve the irritation, a healing time of 14 days can usually be expected.

Daily contact with animals is not always required to produce the hives and it is possible for once weekly or fortnightly contact (eg: during visits to the homes of friends, relatives or neighbors) to cause the trouble.

If a pet such as a dog, cat, rabbit, or guinea pig is suspected of harboring the troublesome parasite, it must be thoroughly combed while standing on sheets of newspaper which are later folded up and burned.

Fine tooth combs such as 'dust-combs' or 'nit-combs' are most effective for this purpose and enables recognition of the type of parasite concerned.

Regular shampoos followed by medicated rinses which dry into the coat give more effective control of skin parasites than do flea powders. However, the powders have their place in cold and wet weather when bathing can be risky.

Don't forget that bedding and kennels are the main breeding grounds for parasites. For this reason, replaceable bedding should be burned. However, if blankets or other valuable materials are used, then washing is essential, followed by a 15 minute soak in a flea rinse as used on the coat of the animal.

If you have trouble freeing your pets of skin parasites, it is advisable to consult your veterinarian.

"HEALTH food" has become a catch-all phrase to describe a wide variety of food products that contain no additives, preservatives, or pesticide residues, and are 'natural' as opposed to synthetic or processed.

But, just because a food is 'natural,' is it necessarily good for you?

### Is organic worth it?

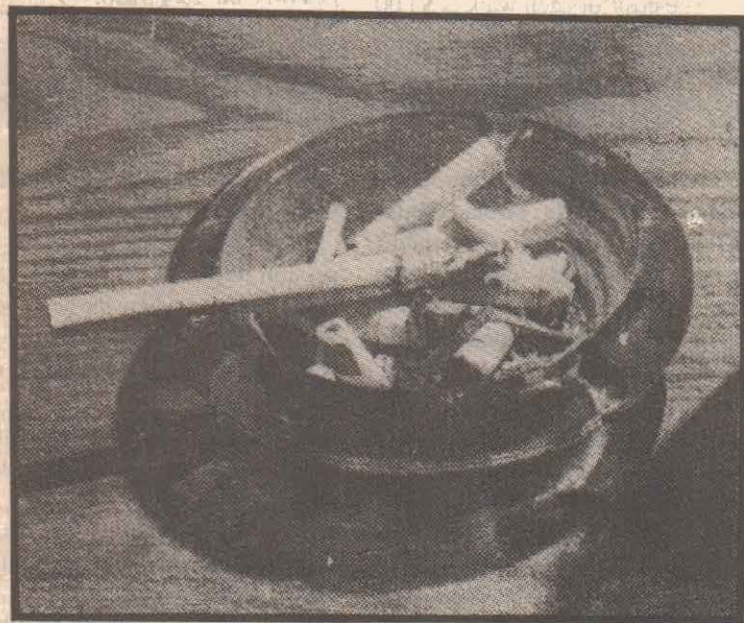
Organically grown fruits and vegetables are those that were

grown without the use of pesticides, and/or whose soil was free from chemical agents.

They generally cost considerably more than the usual supermarket varieties.

Unless you request that your food store operator provide you with a scientific analysis of the conditions under which these foods were grown, it's impossible to know whether or not they truly are 'organic.'

## Quit smoking fresh start!



SMOKING related diseases, such as emphysema, lung cancer and heart disease, are fast becoming the major killers of women of the nineties.

Research has shown that men have become aware of the dangers associated with smoking and they are stopping cigarette use faster

than women.

For women, smoking increases infertility, and they can have an increased risk of birth complications.

Women in the 15-29 year old age group have an increased risk of cervical cancer if they smoke.

People who smoke are also prone

to a condition nicknamed 'smokers face'.

Because toxins in cigarette smoke reduce blood circulation the skin turns a yellow grey colour, particularly after thirty years, the skin forms a leathery appearance.

Parents are now becoming concerned about the effects of cigarette smoke on their children.

The chances of babies dying at or shortly after birth increases, and babies are more susceptible to infections and respiratory problems than babies in a non-smoking environment.

Fresh Start Quit Smoking courses continue at Chadstone Community Health Centre and a day time course to be conducted by Anne Prescott will run from - September 9 to October 3, Mondays and Wednesdays 1.30pm - 3 pm.

For booking and enquiries please telephone 568 2599.

The courses will be held at Chadstone Community Health Centre, 568 Neerim Road, Hughesdale.

**NEW RESIDENTS'  
KITS: 524 3333**

## Are you pregnant?

CHADSTONE Community Health Centre conducts 'Preparation for Childbirth' classes which have an active birth emphasis.

The course runs over six weeks and includes relaxation techniques, active birth positions, how labour works, coping strategies and impending parenthood.

The classes are run in the evening from 6.30 - 8.30pm and pregnant women and their partners/support people are encouraged to attend.

The next class begins on Sep-

tember 20, 1990.

We also have groups for new mums after the baby is born.

These groups give you an opportunity to meet other women with babies and talk over common issues.

The services of the Centre are free to people who live and work in our catchment area.

Please telephone the Duty Person to book in on 568 2599.

Chadstone Community Health Centre looks forward to helping you prepare for parenthood.

**Is your dog registered?  
If not, contact Council's  
by-laws department on  
524 3275.**

**STILL LOOKING FOR A VENUE  
FOR THAT SPECIAL OCCASION?  
WHY NOT USE THE AUDITORIUM  
AT CAULFIELD CITY HALL?  
FOR A COMPETITIVE QUOTE,  
CONTACT THE CAULFIELD ARTS  
COMPLEX ON 524 3287.**

**INCINERATORS:  
DO YOU KNOW YOUR RIGHTS?  
Burning off in incinerators is only allowed on Tuesdays,  
Wednesdays and Thursdays between 10am and 3pm (not total  
fire ban or smog alert days). For details, ring 524 3279 or  
524 3275.**



# It's show time...again!



## Walking class



Above: The ever popular grand parade ceremony at the Royal Melbourne Show.

"YOUNG Horizons" is the theme for this year's Royal Melbourne Show to be held from September 20 to 30 inclusive.

The Royal Agricultural Society of Victoria has chosen "Young Horizons" as their theme for 1990 to demonstrate and encourage the activities and involvement of young people in community affairs.

A "Young Horizons" area with access from McGregor Street and Merritt Avenue, will be the venue for demonstrations and activities with particular appeal to young people.

These include BMX bike and skateboarding displays, and demonstrations of basketball by prominent NBL players.

Greater opportunities will be available for young people to participate in the judging and exhibition of animals, and in the State government pavilion the emphasis will be on opportunities in trades

and education for the young.

The 1990 show will feature all of its regular happenings such as Grand Parades, animal exhibitions and judging, rides, fireworks, woodchopping, arts and crafts, farm inventions, photography, fleeces, farriers forge, fashion parades, horticultural displays, shearing demonstrations, concerts, and much much more.

Concerts feature well-known Australian bands such as, Black Sorrows, Noiseworks, and Paul Kelly and the Messengers.

Performing throughout the Showground streets during the Show will be the Eastside Jazz Band, Melbourne Municipal Bicycle Band, The Jetsons, Circus Maximus, Very Long John Silver, Ante Bodies, Mr Thin, and many more.

One of the popular features of the Show is the Commonwealth Bank Farm Animal Expo. A ten minute demonstration briefly outlining to children and big kids how to care for and how to handle animals.

The main judging days for dairy cattle, beef cattle and horses are Thursday 20th and Wednesday 26th September.

The Show is open daily from 9am to 6pm on Thursday 20, Sunday 23 and Sunday 30 September, all other days the Show is open from 9am until 10pm.

For information about this year's Royal Melbourne Show ring the Show Information line on 376 3988.

### 1990 Show admission prices

- Adults \$11
- Children (5-14 years inclusive) \$5, under 5 years FREE.
- Secondary students with photo I.D. \$5
- Pensioners \$6
- Family A: 2 adults & 2 children \$27
- Family B: 1 adult and 3 children \$21
- Tertiary students of Agriculture (with letter from college) \$5.

## Caulfield General Medical Centre

Wednesday Walkers

Beginners Group first Wednesday of each month

11am to 12 noon

\$10 enrolment

Enquiries to Helene Redding  
Caulfield Community Care Centre  
523 6666

during business hours.



HOLY CROSS  
PRIMARY SCHOOL

PREP  
ENROLMENTS  
- 1991

Prep enrolments for  
1991 are now being  
taken.

Contact: The Principal  
701 Glenhuntly Road  
Caulfield 3162

Telephone: 528 4385.

THE Caulfield Recreation Centre operates a walking class on Wednesday mornings.

The class operates under the instruction of Gail Gill, a qualified VICFIT fitness instructor.

The aim of the class is to provide a challenging walk for fit active individuals in a fun and enjoyable manner.

The class meets every Wednesday at 9.30am at the Recreation Centre, Maple Street, South Caulfield.

A creche also operates at this time at an additional cost of 75 cents per child.

The class includes resting and target heart-rate checks so that each participant can monitor their cardio-vascular fitness.

Gail records these statistics so that you can compare your heart rate counts.

Each week Gail takes you on a different walk around the Caulfield area, leaving from the Recreation Centre and returning one hour later.

You have the opportunity to learn how to walk properly, use hand weights to increase the intensity and power walk for maximum fitness.

The cost for each walk is \$3.00

per hour which is payable to the Recreation Centre prior to the class.

You must wear a good pair of runners and comfortable loose clothing. On a sunny day it is advisable to wear sunglasses.

If it is raining in the morning it is advisable to telephone the Recreation Centre on 524 3288 or 524 3362, to confirm the class. In most cases a walk will be cancelled due to rain.

You must register for the walking class before participating.

This can simply be done by telephoning the Recreation Centre up to the night before and leaving your name and contact number.

The benefits of a walking class are many. It is a safe, low-impact workout, walking exercises muscles all over your body, walking combined with a diet will aid in weight loss, will increase your cardio-vascular fitness. Walking will also aid in lowering your cholesterol, is an enjoyable way to become fit. Everyone can participate regardless of your fitness level.

If you are interested in joining the group, please contact Michelle at the Recreation Centre on 524 3288.

## Over 50s exercise class

THE Caulfield Recreation Centre, 6 Maple Street, South Caulfield, is conducting a series of gentle exercise classes for people aged fifty years and over.

The classes are conducted on both a Tuesday and Thursday morning from 9.30am until 10.30am, upstairs at the Recreation Centre.

The class is a basic exercise class designed to increase fitness and breathing, and incorporates easy exercises taught in conjunction with music.

The class is instructed by Cheryl Kennedy, a qualified VICFIT fitness instructor.

The cost of the class is \$2 per session and tea/coffee is available at the end of each class.

If you are looking to do some sort of regular exercise that will

improve your well being then this is the class for you.

You will engage in a warm-up session followed by a cardio-vascular workout where the heart beat is raised for an extended period followed by a cool-down and relaxation period.

You will feel much healthier and will improve your health at the same time.

You are more than welcome to come along and watch some of the class, talk to either Cheryl or Michelle about the class or other exercise alternatives.

For further information please do not hesitate to contact the Recreation Centre on either 524 3288 or 524 3298.

Come along and join in - your heart will love it!

## Still caring for kids

THE child care centre situated at 63 Hotham Street, St Kilda, formerly known as 'Puss In Boots', has had a change of management, and has also changed its name to 'Care for Kids'.

Please note that this is a complete change of ownership and management, which will run by an experienced, registered mothercraft nurse, in conjunction with

the new owners, Serge and Ilana Roitman.

The new management proposes to totally refurbish and upgrade the Centre to the highest standards.

For further particulars regarding fees, activity schedules, menus and hours, please do not hesitate to contact Ilana on 527 3069 or 563 5708.

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 AH. 560 3119 or 570 5322  
 Repairs done to wrought iron doors & enclosures.

**BOOK REVIEWS**

New books now available for loan from the Caulfield Library Service.

**Soul Centred Astrology - A key to your expanding self** by Alan Oken. Oken reveals the 'secrets of 'esoteric astrology' that have been the focus of mystics and initiates for ages.

**Crusader By Horse To Jerusalem** by Tim Severin. Severin retraces the steps of the earliest crusader knights. A synthesis of adventure, history and travel.

**An Empire of Their Own** by Neal Gabler. An entertaining group biography of the Jewish immigrants who founded and came to dominate the American film industry, and Warner Brothers, Louis B Mayer and Harry Cohn.

**The Colours Of Your Mind** by Jerry Rhodes and Sue Thame. A new approach to managing your thinking style is outlined while exercises help you to improve your weak areas.

**The Population Explosion** by Paul and Anne Ehrlich. A book that gives the key to the environmental crisis. It traces with clarity the connections between population, resource use and environmental deterioration.

**Maasai Days** by Cheryl Bentsen. A superb first hand account of life in an African village.

**Pet Sense - Caring For Pets and Nature Fauna** by Jennie Churchill. Should you clean your dogs' teeth? Does your bird have a weight problem? These are just two of the questions answered in *Pet Sense*, a comprehensive book of animal care written for Australian pet owners.

**29 Inman Rd** by Ena Chamberlain. This lyrical, poignant autobiography belongs to the 1920's, to a street in South-west London and to its people.

**Household Hints and Handy Tips** This Reader's Digest book is packed with 3600 facts, shortcuts and practical advice to put to use both in and outside your home.

**The Discovery of Noah's Ark** by David Fasold. The fascinating story of how the world's greatest archaeological mystery was solved.

**The Taste of Life**  
 The author of 'The Taste of Life', Julie Stafford will speak at the Caulfield Library, Maple Street on Tuesday, September 25, 1990 at 7.30pm. Julie will be discussing her new book 'Forever Fit'.

Her free talk should not be missed. Bookings not required but you should arrive early. Ring Barry Scott on 524 3357 for enquiries.

**The Counselling Handbook** by Susan Quilliam and Ian Grove-Stephensen. A complete consumer guide to counselling.

**BOWLED OVER**

**ELSTERNWICK District Bowling Club** - President Ray Seers and President Val Sykes will be holding their combined opening of the Green on the September 1, 1990 at 1pm with distinguished guest the Mayor Cr. Geoffrey Patience, featuring a game of bowls followed by afternoon tea.

We will be holding a Rawlings Demonstration on September 13, 1990 at 10am, admission \$1, everyone is welcome. Also, Gala Day will be held on Sunday, November 11, 1990 at 10.30am, mixed 4's \$12 per rink, lunch provided. For more information phone the secretary on 528 2715.

Our ladies triples will commence and continue on the second Friday of each month starting October 12, 1990 at 11am, \$12 per team including lunch. For more information phone 523 9005.

Our club will welcome new members and free coaching to anyone interested in Lawn Bowling. For further information phone the club on 523 9005.

**GLENHUNTLY Bowls Club** - An innovation introduced this year to the traditional official opening of the Green was a lunch after the ceremony, and prior to

members and guests participating in a mixed 4's event which proved very popular. Past president and life member, Graham Woods proved to be a popular choice to be entrusted with the honour of declaring the season 'open' and a happy afternoon followed.

Leading the Club this season as president is Geoff Piper, who also served the club in this capacity in season 1985/86, and with Valda Lechte as lady president, indications are that another successful season should result.

Our tournaments scheduled are men's triples on the first and third Friday of every month with mixed Triples every second Sunday, all commencing at 1pm.

At 11am on every second Friday is the popular ladies' mixed triples (Lady Skips) and enquiries for this event to Meg Cross on 569 6477. Information regarding all other events can be obtained from Club president on 571 2666.

New members made welcome and if they haven't previously bowled, coaching can be arranged and bowls loaned whilst learning the basics of the game.

**Residents' Kits**

Phone 524 3333

**Caulfield Contact Publication Dates 1990**

Issue	Pub. date	Article deadline
Oct.	Oct. 10	Sept. 21
Nov.	Nov. 8	Oct. 19
Dec.	Dec. 11	Nov. 23

Articles submitted before the listed date have the best chance of being included in each edition.  
 No responsibility will be taken by editorial staff for the exclusion of any article due to space restrictions.  
**\*\* Display advertisements must be submitted three weeks before publication date for each issue, while classifieds must be submitted a fortnight before. Advertisements stating size, page number and number of issues can be sent to SHARON C'VISS, PO Box 42, South Caulfield 3162.**

## CONTACT DIARY

Do you have an event coming up that you would like to publicise? Well this is the place to put it.

Contact diary is compiled monthly so if you want to let the community know about any club or society event, we'll be happy to include it on this page.

Let us know about your activities.

Contact diary

P.O. Box 42, South Caulfield 3162



**CAULFIELD Self Help Group of the Arthritis Foundation of Victoria** will meet on Monday, September 24 at 10.15am, 259 Kooyong Road, Elsternwick. All visitors welcome.

**LAURISTON Lawn Tennis Club** is calling for new members, social and competition players. Summer competition starts on the first Saturday in October. All enquiries to Gwen Edwards on 569 9877 after 5pm.

**ALL Saints Anglican Church**, corner Chapel Street and Dandenong Road is seeking male choristers (boys from 7 years). Expert tuition. Practice Tuesdays (boys), Thursdays (men, boys), two services Sunday.

Allowance paid to boys based on experience and attendance. Further information Noel Ancell on 807 5957 or Bev Mills on 569 6164.

**ORMOND Senior Citizens** need more members. Indoor bowls, cards, table tennis, outings (one per month), a one weeks holiday (two per year). 2 Newham Grove, Ormond, or phone 578 7653.

**ELSTERNWICK Croquet Club Inc.**, situated adjoining the Hope-toun Gardens and entered through the Elsternwick District Bowling Club gate at 27 Victoria Street, Elsternwick, would welcome anyone interested in this fascinating and friendly game, played by both men and women, young and old. For further enquiries phone Mrs Fagan on 523 8593 or Mrs Pearson on 569 6687.

**THE Music Lovers' Society** will present a recital featuring Rachael Beesley (violin) and Anthony Di Giantomasso (piano) at St Paul's Church, Dandenong Road, Malvern/Caulfield (opposite Glenferrie Road) on Saturday, October 13, 1990, commencing at 8.00pm. Admission \$6, students and pensioners \$4, children \$2. New members welcome. For further enquiries please phone 571 0850.

**THE Elwood High School HSC** class of 1970 is organising a 20 year reunion. Anyone who was in the class of 1970 or in the preceding years, should contact Peter Lewinski on b/h 618 0856 or a/h on 598 0768.

**THE Oaks Toastmasters** meets every first and third Wednesday of the month to teach better speaking, listening and thinking techniques. Both men and women are welcome to attend. The programme is varied, not overly serious and you learn in an atmosphere of enjoyment and mutual support. Guest admission is free. Do come and join us. For further enquiries phone Ron Walker on 583 2843 or Patricia Demmis on 822 7013.

**HOLY Nativity Ladies Guild Hughesdale** is holding a luncheon on September 12, commencing at 10.30am in the Holy Nativity Church Hall, corner of Poath Road and Blythe Street. Mrs Tucker will give a talk and have a display about fans. This will be followed by the luncheon. Donation \$4.

**THE New Ormond Auxiliary for the Alfred Hospital** holds a meeting on the fourth Monday of each month in the Uniting Church Hall, corner of North and Booran Roads, Ormond at 10.30am. New members are most welcome. For further enquiries please contact Eveline Moir on 578 1721.

**CAULFIELD branch of the Victorian Gas Association** will hold its next monthly meeting in the Auxiliary Room of the Caulfield Town Hall on Tuesday September 25, 1990 at 1.30pm. There will be a demonstration of Kerri Lee Jewellery. New members welcome. Annual subscription \$1. Further enquiries please contact Mrs Murdoch on 557 2254.

**OAKDALE Angling Club**, will hold its next meeting at Murrumbena Reserve, Kangaroo Road at 8pm on September 12 and 26. Interested anglers of all ages are requested to ring Max Born on 544 3703 for more details.

**CAULFIELD Festival's** Community Day is on Sunday, December 2, 1990 at 10am to 4pm. Any person or group interested in participating in this day, please contact Catherine on 524 3263.

**THE Elwood Theatre Company** presents "Ebenezer's Dream", adapted from 'A Christmas Carol', by Charles Dickens. This is a play with music, the adaptation, music, and lyrics are by Eileen Nelson, who is also directing the play. This production will take place on Sep-

tember 28, 29, October 4, 5, 6 at 8.15pm, matinee Sunday September 30 at 2.15pm. Tickets \$9 adults, \$6 concession (includes tea/coffee/biscuits at interval). For bookings contact ticket secretary on 531 8245.

**CAULFIELD Combined Pensioners Association** will hold their monthly meeting on Tuesday September 18, 1990 at 1.30pm at the Caulfield City Hall to review the Budget. Visitors welcome. Afternoon tea. For further information ring Alma on 528 4459 or Anita on 527 8172.

**THE All Seasons Social Club** are holding a bus trip to Winchelsea on Sunday September 16, 1990. Counter lunch at Barwon Hotel or bring your own. Leaves Oakleigh, Caulfield or Flinders Street. For bookings ring June on 571 3072.

**CAULFIELD Historical Society** will hold its 18th annual meeting on Wednesday September 19, 1990 at 8pm at Caulfield City Hall. Guest Speaker will be Mr Charles Treleven from the Melbourne Maritime Museum. Visitors welcome.

**THE Australian Crohns & Colitis Association's** meeting will be held on Saturday, September 15 at the Box Hill Hospital Nurses Home, Arnold Street, Box Hill from 2.30pm to 4.30pm. Guest Speaker is Sister Kirsty James (Austin Hospital). For further information contact Angela McAvooy on 726 9008 or Val Porter on 870 2292.

**ROYAL Children's Hospital - Caulfield Auxiliary** are holding a Consumer Link Taste and Sample Expo recommended by Bernard King of T.V. fame, at Caulfield City Hall on Wednesday October 17 at 1.30pm. Donation \$2.50. Enquiries to Marj Sneddon 523 7956.

**CHADSTONE Community Health Centre** are holding a

Drink Driver Education Program at the Chadstone Community Health Centre, 568 Neerim Road, Hughesdale. The program will consist of four sessions, Saturdays 10am-12 noon, commencing September 15 and continuing September 22, 29 and October 6. Cost \$80 for the series. For information and bookings ring 568 2599.

**EARLY Planning for Retirement Group** September activities.

**September 11: Walking Group** - A walk in Braeside MMBW Park. Meet 10am Caulfield City Hall. If you require transport ring 528 5376. Visitors welcome.

**September 17: Photography group** - will meet at 8pm, St Georges Road, Elsternwick. Subject 'Nature'. Enquiries 571 3687. Visitors welcome.

**September 20: Interest Meeting** - to meet 7.45pm, Gladys Machin Hall, Cedar Street, Caulfield. Guest speaker will be Mr Ken Jacomb of the Caulfield Citizens Advice Bureau. Supper will be served. Enquiries 570 1170. Visitors welcome.

**September 26: Travel Group** - to meet at 7.45pm, Gladys Machine Hall, Cedar Street, Caulfield. Sam Burgess will show some of his favourite slides - "A mixed bag". Supper will be served. Enquiries 571 3687. Visitors welcome.

**ELSTERNWICK Bowls Club** - Sandham Street, are starting the season with a Bowls fashion parade on September 15, 1990 at 11am. Cost \$2.50 including light lunch. Members and others welcome. For more information ring Molly Delahunty on 596 1848.

**THE Hughesdale Art Group** is holding a demonstration by well-known Artist Mr Gunnar Neeme in the Hughesdale Community Hall Cnr Poath and Kangaroo Rds on Wednesday September 12, 1990 at 8.00pm. Visitors welcome. Supper provided. Members 50 cents, visitors \$2. Enquiries on 568 7123 or 885 6407.

**THE Hughesdale Art Group** will be holding a demonstration by well-known artist Mr Gunnar Neeme in the Hughesdale Community Hall, Cnr Poath and Kangaroo Rds on Wednesday, September 12 at 8pm. Visitors welcome. Supper. Members 50 cents, visitors \$2. Enquiries 568 7123 or 885 6407.

**LADIES Probus Club of Caulfield** have arranged for a tour of Government House and a walk through the Royal Botanical Gardens on September 12. BYO lunch or lunch can be purchased from kiosk. Bus leaves Caulfield Town Hall at 10.45am and will return at approximately 3pm. Government House tour \$12. Contact Mary on 578 3674 or Lorraine on 570 4900.

**NEW Group** of young, married Japanese women (wives of temporary resident businessmen) will be holding a meeting on Tuesday mornings for English lessons at the Alma Sports Club, Wilks St, Caulfield. Val Kear would like to hear from any Australian women who would be interested in being part of an English conversation and social morning on Tuesday September 18. Enquiries to Val on 589 0053.

**ST Catherines Anglican Church Fete** will be held on Saturday October 6 in the Church Hall, 402 Kooyong Rd, South Caulfield. All varieties of stalls including cane and gifts, cakes, plants, books, trash and treasure, refreshments, etc. 9am to 2.30pm.

**CHADSTONE Community Health Centre** will be holding a Womens' Health Festival in November. It will be a full two day program of screenings, workshops, speakers and activities for women designed to provide an opportunity for making choices and changes in their lives. A full programme will be finalised and published in the near future.

## 50 AND OVER PRYME BALL

## WHAT IS A PRYME BALL?

THIS IS A MODIFIED GAME OF NETBALL AND BASKETBALL FOR LADIES AND GENTS 50 YEARS OF AGE AND OVER. COME AND MAKE FRIENDS WITH THE

CAULFIELD PRYME BALL GROUP IN AN ENJOYABLE AND REJUVENATING COUPLE OF HOURS AT THE CAULFIELD RECREATION CENTRE, 2 MAPLE STREET, CAULFIELD SOUTH.

FRIDAYS: 3.30PM - 4.30PM. FOR MORE INFORMATION CONTACT AUDREY ON 569 7254.

CAULFIELD CONTACT  
ARTICLE SUBMISSIONS

CAULFIELD CONTACT IS COMPILED FOR THE RESIDENTS OF THE CITY OF CAULFIELD. ARTICLES OF INTEREST ARE REGULARLY SUBMITTED FROM MEMBERS OF THE COMMUNITY AND THE PAPER ENCOURAGES THIS. HOWEVER, AT TIMES, DUE TO LACK OF EDITORIAL SPACE, WE ARE UNABLE TO USE THESE ARTICLES. IF YOU WOULD LIKE TO SEND IN AN ARTICLE AND ACCOMPANYING PHOTO, PLEASE ADDRESS AS FOLLOWS:

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