

CONTACT



M O N T H L Y

Vol 16 No 11 Dec. 1990

Study released

CAULFIELD Council has decided not to proceed with a recommendation to build a \$6 million multi-purpose leisure centre in the City.

The decision was made because of restraints on Council spending in the current financial climate and demands on the Council to provide other services.

A swimming and recreational facilities study, recently commissioned by the Council with support from the Department of Sport and Recreation, examined the feasibility of improving swimming and indoor recreation facilities in the City.

The study recommended that the Council consider developing a multi-purpose leisure centre in Princes Park, incorporating indoor sport, leisure, recreation and education.

However, financial restraints

will prevent the Council from going ahead with this.

In the longer term though, the Council may utilise the study findings and is seeking community input.

The study will be available for perusal at Council libraries and the engineering department, and interested people are invited to submit their views in writing to the Council.

The Council also welcomes suggestions to immediately improve the recreation centre and swimming pool.

The study looked at two facilities owned and operated by the Council - an outdoor 50m heated pool complex in Carnegie and an indoor recreation centre in Caulfield.

The study indicated the pool complex was satisfactory for an outdoor facility.

Built in 1966, it has a good range of pools, a waterslide and is solar heated.

However, despite attempts to get residents to use the pool, the complex loses about \$130,000 a year.

There are no known cases in Victoria of outdoor, stand alone pools returning a surplus.

Invariably, consideration must be given to indoor, multi-use centres if Councils are to provide an acceptable year-round service to the community and break even on operating costs.

The indoor recreation centre in Maple St is an old, two-storey building with a large multi-purpose space, trampoline room, hall and kitchen. Programs are popular at the centre, but it is a minimal facility which does not meet community expectations.

● Continued P4

Garbage collection

THERE will be no garbage collection on Christmas Day or New Years Day.

Instead, Caulfield Council will collect rubbish on Saturday December 22 and Saturday December 29.

Normal Tuesday collections will resume on Tuesday January 8, 1991.

All enquiries can be made to the council's works depot, phone 524 3266 or 524 3276.

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Students keep their cool on stage



Above: Little Michael Ward, 5, was well-dressed for his part in *Toyshop*.

HOLY Cross Primary School students of all ages took to the stage last month to participate in their annual performing arts festival.

The concert featured acts from all grades, including a fairy tale titled *Toyshop*, which was performed by the preps.

The grand finale, *Cool In The Furnace*, involved children from grades three to six.

School principal, Mrs Gail Smith, said the school concert was an excellent opportunity to see the children's dramatic work.

"Drama is a powerful tool in

teaching children the art of movement, mime and self-expression.

"Through drama, children gain experience in developing self-esteem, cooperation and self confidence."

Mrs Smith said she was proud of what the children had achieved.

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DOG POUND

will be closed over Christmas from Monday December 24, 1990 to Friday January 4, 1991

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CONTACT DIARY

Do you have an event coming up that you would like to publicise? Well this is the place to put it. Contact diary is compiled monthly so if you want to let the community know about any club or society, event, we'll be happy to include it on this page.

Let us know about your activities.

Contact diary
P. O. Box 42, South Caulfield 3162



U3A Prahran Garden Club will meet at 10.30am on the third Thursday of the month at the parks and gardens depot, Osment St, Armadale. The club organises guest speakers, visits to nurseries, potting up, propagation and general information on gardening. Details, phone Patricia Baitz on 527 5854.

CHADSTONE Community Health Centre will run six evening classes to help couples prepare for the birth of their child. The emphasis is on active birth and topics include preparing for labour, coping techniques and preparing for parenthood. Classes start on January 10 at 6.30pm and are conducted by a community health nurse and physiotherapist. For bookings, phone the duty person on 568 2599.

CAROLS by Candlelight will be conducted at St Margaret's Presbyterian Church, corner of Hotham St and Denman Ave, Balaclava, on Sunday December 20 at 8.30pm. All welcome.

MALVERN Artists' Society will conduct art classes starting on February 4. Morning and evening classes will be held in oils, watercolor and life drawings. Enquiries to 822 7813.

NEIGHBOURHOOD Watch area C66 will hold its final meeting for 1990 on Wednesday December 12 at 7.30pm. The venue is the Glenhantly infant welfare centre, corner of Royal Ave and Rosedale Ave. All welcome.

SOUTHERN Citizen Advocacy will run a free training course soon.

Your ability to handle everyday matters will assist an adult with a disability to participate in community life. A short orientation program begins soon. Call 576 0155 for details.

ENROLMENTS for Murrumbena Kindergarten are still being accepted, although parents are reminded that enrolments should be completed by the June before the year of attendance. For details, call 569 9405.

LABASSA'S Christmas opening will be held on December 16 from 10am to 4.30pm. This will be a day for the whole family, with carol singing and traditional Devonshire teas. Tours of the house are included in the entry fee, which is \$5.50 for adults and \$3 for children. Entrance to Labassa's tower is \$2 adults and \$1 children and concessions. Contact Felicitie Campbell on 523 9228 (bh) or Vicki Shuttleworth on 544 6859 (ah). Labassa is at 2 Manor Grove, Caulfield.

MALVERN Rotaract Club is a group of 18 to 29 year olds who organise a range of social and community activities. They meet on the first and third Wednesday of each month at 1 Winter St, Malvern, at 7.30pm for an 8pm start. For details, contact Malcolm on 894 2601 or Nicki on 885 6389.

THE Over 40s Club Inc will hold dances on December 22, January 12 and January 26. The dances start at 8pm at 675 Centre Rd, East Bentleigh. Cost is members \$4, visitors \$5 (\$1 less with a plate). Further information, contact 563 2486 or 546 8095.

Who can sign documents?

SOME people are unsure who to contact when they need a witness for legal documents.

A new brochure compiled by the City of Caulfield can answer the wide range of queries people have on this topic.

The Magistrates' Court Act 1989 makes many changes to the law concerning who may witness statutory declarations and receive affidavits.

Statutory declarations are used to verify insurance claims, proof of age, applications for sick leave or various types of benefits and for many other day-to-day business or personal matters.

Affidavits are most usually used

in legal proceedings and often deal with complicated matters. Affidavits are made in writing.

Anyone listed to receive affidavits can witness a statutory declaration.

People who make false declarations or affidavits are liable to be punished for perjury.

There is no fee payable for witnessing documents.

A large number of people can witness statutory declarations, including Justices of the Peace, police officers, dentists, chemists and school principals.

For a more detailed list, consult the Resource Guide, which is available from the council.

Ambassador tries a touch of Vienna



Above: Mel and Betty Sembler sample Mrs Insel's Viennese chocolates.

Drivers pay the price

PARKING fines have been increased in the City of Caulfield.

Offences such as parking in a space reserved for disabled drivers only, double parking, parking in a clearway or within 18m of a school crossing now carry a \$60 penalty.

Other offences in that category include parking in an intersection or within 9m of an intersection, parking in the approach or departure side of a bus stop, or parking within 9m of a pedestrian crossing.

Offences such as parking on a nature strip, over private driveways, in a no standing any time or no parking area now carry a \$40 penalty.

The council's director human services, Mr Barry Boyle, said more realistic parking fines would discourage people from breaching parking laws and putting other people's lives at risk.

He said regulations were very strict about who could park in disabled parking spots, but a few thoughtless people continued to disregard these rules and break the law.

US ambassador Mel Sembler and his wife Betty visited Montefiore Homes' St Kilda Rd complex last month.

During their two-hour tour, the US visitors inspected residential, nursing and day care facilities and chatted with many of Montefiore's residents along the way.

Their first call was to meet Mrs Hildegard Insel, a resident at the

home, where they were welcomed with Mrs Insel's favourite brand of Viennese chocolates.

Meanwhile, Montefiore Homes board member, Herbert Almus, retired from active duty after 20 years' service.

And Charles Lux has been appointed a life governor of the home. Mr Lux is a past president of Montefiore.

CAULFIELD CONTACT

CAULFIELD CONTACT IS COMPILED FOR THE RESIDENTS OF THE CITY OF CAULFIELD. ARTICLES OF INTEREST ARE REGULARLY SUBMITTED FROM MEMBERS OF THE COMMUNITY AND THE PAPER ENCOURAGES THIS. HOWEVER, AT TIMES, DUE TO LACK OF EDITORIAL SPACE, WE ARE UNABLE TO USE THESE ARTICLES. IF YOU WOULD LIKE TO SEND IN AN ARTICLE AND ACCOMPANYING PHOTO, PLEASE ADDRESS AS FOLLOWS:

**ROSA FRASSONI
EDITOR
CAULFIELD CONTACT
CAULFIELD CITY HALL
P.O. BOX 42
SOUTH CAULFIELD 3162**

CAULFIELD'S HERITAGE ORDER FORM

Should you be interested in purchasing a four-volume or bound set of "Caulfield's Heritage" please complete this order form. (NB) Add an extra \$2.50 for postage and handling.

- * Four-volume boxed set \$30
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- * Single volume \$7

**SEND PAYMENT TO: HERITAGE STUDY
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CITY HALL
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TYPE OF SET REQUIRED PURCHASE PRICE \$.....



Employees leave after 51 years



Above: Superintendent traffic and bylaws, Chris Etherington, plans to enjoy life now he has retired from the Council. Chris was with the Council for 20 years. He is pictured on his retirement day with traffic/by laws officers Colin Lilley (left) and Spiros Vallianos (right).

Below: Eddie Brooks retired recently after 31 years with the City of Caulfield. He started in 1959 and drove trucks for a while before moving to the mechanics' shop. Eddie lives in Carnegie and plans to take life easy for a while.



The editor reserves the right to exclude articles submitted for publication.



CITY HALL

Arts Complex	524 3287
Rates	524 3215
Human Services	524 3228
Traffic & By-Laws	524 3216
Engineering	524 3238/40
Town Planning	524 3374
Traffic Engin.	524 3324
Building	524 3201

Elderly home proposal gets Council OK

CONSTRUCTION of a special accommodation home in Glen Eira Rd has been approved by the Council's executive services committee.

The committee has recommended that Strandmore Pty Ltd be allowed to demolish houses and a church at 379-383 Glen Eira Rd and build a two-storey home for the elderly.

The building will include 40 single rooms and 11 double rooms, all with ensuites. Large, landscaped courtyards are proposed within the complex.

In November 1988, the Council refused an application for a 21-unit, three-storey development on

the land. However, this decision was overturned by the Administrative Appeals Tribunal and a permit was granted on June 1, 1989. It expires on June 1 next year.

The council received four objections from Ripley Grove and Glen Eira Rd residents, and a petition with 31 signatures.

Their concerns included overdevelopment of the site, inadequate parking, loss of amenity to the area and loss of property values.

Statutory planner, Ms Lyn Spiller, said the proposed two-storey special accommodation home was a well-designed proposal with adequate setbacks, consideration

Nasty surprises in sandwich survey

BEFORE you bite into that delicious egg sandwich think carefully - is it as healthy as it looks?

A survey of egg sandwiches from retail outlets in Melbourne and Geelong was done recently by Caulfield, Prahran, South Melbourne, Preston, Brunswick, Coburg, Geelong, Geelong West, Newtown and Corio councils.

Two-thirds of the egg sandwiches bought from retail outlets were of suspect or unsatisfactory quality, when tested for microbiological contamination.

More than half of the sandwiches analysed were either unsatisfactory or suspect when it came to the standard plate count. This measurement gives the level of general microbial contamination.

The survey also found that 47 per cent of the sandwiches contained suspect or unsatisfactory levels of coliforms, possibly indicating inadequate hygiene procedures.

Coliforms can indicate faecal contamination from the gastro-intestinal tract.

While not dangerous by themselves, the levels of microbiological activity in many sandwiches indicated a need for improvement

in food hygiene among the food handlers, and a need to improve storage conditions.

Pre-made sandwiches and sandwich contents should be stored at a maximum of 10deg C. Pre-made sandwiches should not be stored in a display case or on the counter.

Salmonellae was not detected in any of the 51 sandwiches analysed.

Following the egg sandwich survey, individual sandwich ingredients were sampled.

This survey found a number of egg samples and all the egg/mayonnaise samples analysed had high standard plate counts and/or coliforms, suggesting contamination after cooking through poor sanitation and/or storage.

Questionnaires distributed to outlets surveyed showed that only one-third of food handlers had any formal training.

The report emphasised the need for people working with food to understand correct personal hygiene and cleaning procedures.

As a result of this survey, the group wrote a letter to the Victorian Health Department renewing calls for the establishment of an approved food-handlers course.

Aid worker on hold

COUNCILLORS have deferred a decision which would permit a grant-in-aid worker to work from Caulfield City Offices until they hear a further report on the matter.

At last month's policy and environment committee meeting, Councillors asked for a report on sharing the worker with the Cities of Prahran and St Kilda.

Originally, it had been proposed to have the worker based in Caulfield one day a week.

However, the committee was deadlocked with six votes for and six votes against the proposal. Chairman, Cr James Barrett, had the casting vote and opted to maintain the status quo.

The Migrant Resource Centre wants the Council to provide office

space for the worker and cover the costs of telephone and postage. The program will be reviewed in six months.

Resource centre coordinator, Mr George Lekakis, said the worker would, among other things, improve access for migrant residents to all services in Caulfield and improve ways of providing information to migrant residents and groups.

In Caulfield, 31.4 per cent of the population are overseas-born and 23 per cent are from non-English speaking backgrounds.

Cr Veronika Martens said although 23 per cent of residents were from non-English speaking backgrounds, this did not mean they could not speak English.

of neighbours' amenity, compliance with the Council's carparking policy and worthy of approval.

"The use is appropriate in the residential zone, being on a busy road, some 35m east of Hawthorn Rd, with good transport accessibility and adjacent to a commercial and local shopping area," she said.

Ms Spiller said the objectors' concerns were noted, but the proposed use was compatible with the residential area, being a quiet, residential home for elderly or disabled people needing special attention.

Meanwhile, the executive services committee refused to grant a

permit for a special accommodation home to be developed at 374 Orrong Rd.

The proposal involved the construction of a 22-room special accommodation house. Currently the building is used as flats.

The Council received 34 objections to the proposal. Of these, 28 were pro forma.

The committee rejected the application on the grounds that the development would have a detrimental affect on the area, it was considered to be an over development and there was inadequate vehicular access to the site.



Incinerator usage a burning issue

THE COUNCIL will take steps to ban the use of incinerators in the City of Caulfield.

At last month's policy and environment committee meeting, the committee decided to act to prohibit people from lighting fires, either in the open air or in an incinerator, without a council permit.

The Council's intention to amend the City of Caulfield Local Law 1990 will be advertised and public comment will be sought on the proposal.

Both the proposal and public comments will be considered by the Council in the new year.

The proposal will not apply to barbecues used for cooking food.

The Environment Protection Authority is anxious for all metropolitan councils to make such a local law and has drafted a model local law to assist.

The model local law prohibits people from lighting fires in the open air or in incinerators unless they have a Council permit.

Permits will be issued upon the

payment of a fee of \$150 a day.

The Council adopted a bylaw in 1988 to regulate the use of barbecues, open air burning and incinerators.

The relevant provisions of this bylaw were included in the City of Caulfield's Local Law 1990, made under the Local Government Act 1989.

Director human services, Mr Barry Boyle, said since the Council had introduced the present local law, the number of complaints and burning outside of hours had reduced.

"Only seven permits have been issued over the two years and no applications have been received in the previous six months," Mr Boyle said.

"This would appear to indicate that the demand to burn in the open is minimal, particularly as there has been only one complaint over the same period.

"With the Council's waste collection service offering alternatives, and more recently, the opportunity

to purchase compost bins at a reasonable cost, the need to burn material in backyards should be virtually eliminated."

The existing Local Law regulates incinerator construction and position and restricts open air burning and incinerator operation to 10am-3pm on Tuesdays, Wednesdays and Thursdays.

It also prohibits usage on total fire ban and smog alert days, prohibits open air burning without a permit and imposes a \$150 permit fee for open air burning.

However, the proposed changes have not pleased all Councillors.

Cr Bloom said he considered the proposal "draconian".

"All the time we are taking away people's rights," he said.

"People may be burning off personal papers which they do not want to throw in the bin."

Cr Bloom said the incinerator hours in operation restricted people enough.

"You hardly see anyone burning off any more."

Nursery proposed

THE COUNCIL has approved the concept of a community nursery to be established in the city.

The Council recently received a joint submission from the Caulfield Environment Group and the Caulfield and District Society for Growing Australian Plants, asking for assistance in setting up the nursery.

It is proposed the community nursery will produce native plants indigenous to the Caulfield area.

The plants will be available for residents to buy and the nursery will offer community education on environmental issues.

The Council has suggested the

north-west corner of the Outer Circle Linear Park as the preferred location for the community nursery.

If approved, the site will be fenced for security, have watering equipment and include a work shed, a shade cloth area for plants, a storage area for materials such as mulch and an open area for additional plant storage.

The nursery's operation will be reviewed each year.

The Council will sponsor an application by the two groups for funding from the South-East Area Improvement Program.

See P7 for more details.

Time for questions

A PUBLIC question time will be introduced at Caulfield Council meetings.

The decision will enhance the Council's policy of open and responsive government and decision making.

Questions will be submitted on set forms, which should be placed in the public question box in the gallery.

The box will be cleared 15 minutes before the start of the meeting.

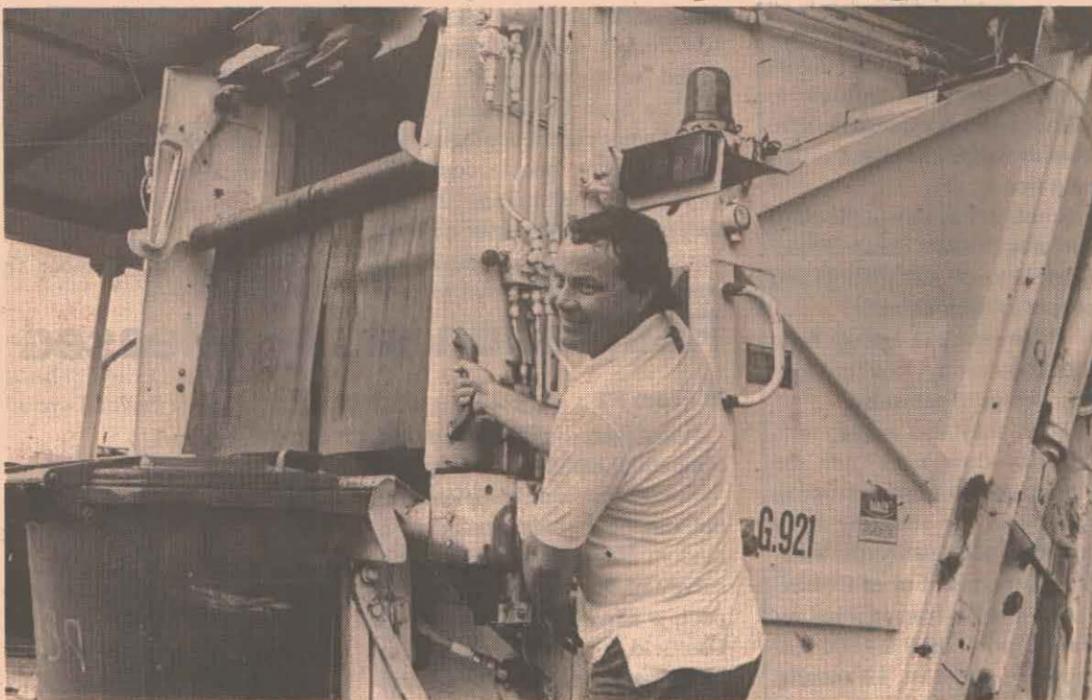
Public question time will follow "questions with or without notice" on the meeting agenda and will be restricted to 40 minutes.

No more than three questions will be answered on a specific topic and questions considered inappropriate will not be read.

All forms must carry the questioner's name, address and signature.

No discussion on questions and answers will be allowed.

Make the most of your garbo



Above: Peter Johnston is one of the band of people responsible for collecting rubbish.

EVERY day, Caulfield Council employees are asked the question, "Why wasn't my garbage collected?"

Council employees empty about 5500 garbage bins every weekday of the year, regardless of weather conditions.

That works out to about 300 bins per employee per day.

Your garbage collectors do an unpleasant job and they do it well. However, there are a few bins each day they do not empty.

If your bin is one of those, it may be for one of these reasons:

● The bin is too heavy and cannot be lifted by the truck mechanism.

● The lid of the bin is not fully closed. Trying to empty a bin with the lid open can result in garbage falling on the road or the lid being damaged by the lifting mechanism.

● The bin contains loose dust, such as vacuum cleaner dust or sawdust. This must be securely wrapped, preferably in a sealed bag, to prevent the dust flying out of the bin as it is emptied.

● The bin contains garden or other refuse that has compacted and will not fall out. This can be prevented by taking advantage of the Council's scheme to provide compost bins to residents at discounted prices.

● The bin was put out too late. To be sure of collection, put your bin on the nature strip before 6am on collection day.

These are the main reasons why bins are not emptied and they are easy to avoid.

Some problems can be avoided by taking advantage of the Council's recycling collection services.

Glass bottles, aluminium cans and PET plastic soft drink bottles can be put in a recycling bag for collection every week on your normal garbage collection day.

Recycling bags can be obtained by phoning the contractor on 544 2211.

RATEPAYERS

please note

As banks will be closed on Monday, December 31, the last day for payments of your first rate instalment AT A BANK will be Friday, December 28. City Hall will be open to receive payments between 8.30am and 2.30pm on Monday, December 31.

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Above: Sr Maureen Sheehan is a pastoral worker at John Pierce Centre. She communicates with deaf people by a telephone typewriter.

Clubs donate TTY to deaf centre

FIVE local service clubs have pooled their resources to donate a telephone typewriter (TTY) to the John Pierce Centre for the hearing impaired.

The clubs involved in the project were Caulfield Quota, Caulfield Rotary, Caulfield Lions, Caulfield/Rosstown Rotary and Carnegie Lions.

The John Pierce centre will loan the TTY during situations such as illness so hearing impaired people can contact the centre, which will then relay their message.

New snooker centre

THE COUNCIL'S executive services committee has approved a billiards and snooker centre for Dandenong Rd.

A vacant three-storey building at 1068 Dandenong Rd will be used to house a billiard table showroom, table tennis and billiards and snooker centre.

Alcohol will not be allowed on the premises.

The applicant, Alcock, Thomson & Taylor Pty Ltd, intends to make the centre available for pennant inter club matches.

A submission from the applicant said they would develop contact with schools in the surrounding areas.

"A number of schools already

acknowledge snooker as a legitimate part of the physical education program."

The applicant will promote snooker and eight ball among females and will have professional coaches available to train novices and advanced players.

A doorman will be employed during important trading periods to welcome customers, provide directions, supervise onsite carparking facilities and dissuade unsatisfactory customers from entering the centre.

Initially, the snooker centre will have 49 snooker tables.

A maximum of 300 patrons, including spectators, will be allowed on the premises at one time.

Child minding centre to open

A DISUSED child minding centre at 256 Glen Eira Rd will soon operate again.

The Council's executive services committee has recommended that a permit be granted for the operation of the child care centre.

A child care centre has operated at the premises since 1966, although it has been closed for the

past two years. No more than 45 children and three staff will be permitted on the premises at one time.

The centre will operate from 8am to 6pm, Monday to Friday and children will not be allowed to play outside between 8am-9am and 4pm-6pm, in case they disturb nearby residents.

Parasites to combat wasps

HUNDREDS of small parasitic wasps have been released in Caulfield, in an attempt to control the spread of European wasps.

The parasitic wasps has been tested under Australian quarantine regulations at the Keith Turnbull Research Institute to ensure it does not threaten native bees or wasps and that it is disease free.

Research has shown the parasite attacks only European and English wasps and will not harm people or other animals.

The wasps will emerge from their cocoons and look for European wasps to parasitise.

When they find a wasp nest, they lay their eggs onto the young developing European wasp, and the resulting larva consumes and destroys the wasp.

The Department of Conservation and Environment has released more than 24,000 cocoons in the past 12 months throughout Victoria, Tasmania and South Australia and should release 50,000 this summer.

Bumper sticker safety

A BUMPER sticker and poster competition run to help reduce the road toll attracted a large number of entries.

The competition was run by Caulfield police, in conjunction with Caulfield Council and Neighbourhood Watch.

Organiser, Constable David Michelson, said about 100 entries were received for the poster section and 39 slogans were entered in the bumper sticker section.

Winners of the bumper sticker competition were:

First, Sonya Solomon, of Carnegie, with "Death and Drink - There's a Link."

Second prize went to G Held, of Glenhuntly, with "Pedestrians Beware! Some Drivers Don't Care." Sylvia Aspinall, of Elsternwick, was third with "Strive to Drive, to Arrive Alive."

Judges were Senior-Sergeant Alf

Thomas, Senior-Sergeant Neil Mathieson and Acting Superintendent Richard Gray.

Const Michelson said three schools were predominant in the poster section.

Beth Rivkah Ladies College in East St Kilda, Kilvington Baptist Girls Grammar School in Ormond and Adass Israel School in Elsternwick will receive plaques to recognise their participation.

Some other bumper stickers entered in the competition included: Make it one less for the road.

Drive so you can live - with your conscience.

Take care on the road. Don't let the toll collect you.

A speeding fine saves lives like mine.

Heed! Speed or bleed.

Speed hastens the quick to dead.

and Make road safety your constant companion.

Letter to the editor

Editor - In the last two weeks of the school year, many secondary school students who are 15 years of age or over are being allowed to leave school early if their parents sign a letter stating that the student has paid employment for these two weeks.

It has come to my attention that, unfortunately, some large store chains are taking advantage of this situation and are offering students \$50 a week in the two weeks before Christmas to work full-time in so-called "work experience".

The State Government introduced work experience legislation so that young people could get experience and training in jobs they might wish to pursue on leaving school, and so employers would have an incentive to give

them a chance.

It is deplorable that some stores have decided to take advantage of the good faith of parents and students alike, and are paying ridiculously low wages for what are in effect full-time jobs.

There is no way that at the busiest time of the retail year many shops will have the time to adequately train these young people in the basics of the retail industry. Clearly, they will be employed as cheap labour, only to be sacked once the Christmas rush is finished.

Stores that engage in such practices would do well to consider the legal and ethical consequences of their actions.

- Cyril Kennedy, Member for Waverley Province.

Recreation study released

● From P1

It has space limitations and the standard of facilities is not high.

Five surveys were completed for the Caulfield study, including a random 500-household survey, a survey of houses adjacent to the pool, a survey of all schools in Caulfield, a survey of pool users and a survey of recreation centre users.

In addition, surveys were taken at Caulfield, Harold Holt, Moorabbin and Oakleigh pools in February.

The study offered the Council four development options - not to build, maintain the status quo, redevelop Koornang Park, or rede-

velop Princes Park.

Each option was evaluated, taking into consideration increased demand, development cost and operating costs over 10 years.

The study then recommended the Council consider the multi-purpose leisure centre at Princes Park.

It also recommended the Council consider retaining the outdoor pools at Koornang Park.

Anyone wanting to make a written submission to the council on the study should address it to

Manager Engineering
City of Caulfield
PO Box 42
Caulfield South 3163

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“Why did Christmas begin? That's easy, because it's the celebration of the birth of Jesus Christ. But why celebrate that?**”**
 Christians celebrate this birth because they believe God became human in Jesus.

This is good news, good news worth celebrating every year. In Jesus' life, death and resurrection all people are offered the opportunity to encounter and live in the complete love of God. So, Christmas invites all people to celebrate.. To celebrate life and hope in God's loving presence..
 You are joyfully and warmly invited to come celebrate Jesus' birth with us this Christmas.

Time for Christmas

Church of Christ

206 Bamba Road
 South Caulfield &
 514 Dandenong Road
 North Caulfield
 Telephone 500 9653

Worship Services

Sunday December 23
 9.15am - Dandenong Road
 10.30am - Bamba Road

Evening Fellowship Services

Sunday December 23
 7 pm - Bamba Road

Christmas Day Services

9.30am

Elsternwick Baptist Church

481 Glenhuntly Road
 Elsternwick
 Telephone 523 8806, 528 1031

Family Worship

Sunday December 16 at 10am
 Sunday December 23 at 10am

Carol Service

Sunday December 23 at 7pm

Christmas Service

Tuesday December 25 at 9.30am (combined with Elsternwick Uniting Church at Elsternwick Uniting Church).

Elsternwick/Caulfield South Uniting

Cnr Kooyong Road & Jupiter Street
 Caulfield South
 Cnr Glenhuntly Road & Foster Street
 Elsternwick
 Telephone 523 6312, 596 2620

Carol Service (Elsternwick)

Sunday December 16 at 7pm

Carols In The Street

Elsternwick Shopping Centre
 Friday December 21 at 6.30pm

Carols on the Lawn

Caulfield South
 Sunday December 23 at 5pm

Christmas Day Services

Caulfield South/Elsternwick
 9.30am

Holy Cross

707 Glenhuntly Road
 Caulfield South
 Telephone 528 5988

Carol Service and Midnight Mass

Monday December 24 at 11.15pm

Mass

Christmas Day
 9.30am and 11am

St Aloysius

233 Balaclava Road,
 Caulfield
 Telephone 523 9368

Carols and Vigil Mass

Monday December 24 at 8pm

Mass

Christmas Day
 8am & 10.30am

St Catherines Anglican Church

Cnr Kooyong & Clarence Streets
 Elsternwick
 Telephone 523 7135, 523 8963

Eucharist and Sunday School Play

"The Animals Christmas Eve"
 Sunday December 16 at 10am

Carol Service

Sunday December 23 at 10am

Midnight Eucharist

Monday December 24 at 11.45pm

Christmas Day

Holy Communion
 9am

Saint Clement's Anglican

Cnr Glenhuntly & Brighton Roads
 Elsternwick
 Telephone 523 8036

Carols by Candlelight

Sunday December 16 at 8pm

Christmas Holy Communion

Monday December 24 at 11.30pm (midnight service)

Christmas Day

Holy Communion
 9.30am

St Giles Uniting Church

117 Murrumbeena Road
 Murrumbeena
 Telephone 568 5024

Christmas Children's Service

Sunday December 16 at 10.30 am

Morning Worship

Sunday December 23 at 10.30am

Christmas Eve Carol Service with Holy Communion

Monday December 24 at 11pm

Christmas Day

9am

St Mary's

Cnr Glen Eira & Hood Crescent
 Caulfield
 Telephone 528 5541

Carol Service

Sunday December 23 at 7pm

Christmas Eve

Holy Communion
 Monday December 24 at 11.15pm

Christmas Day

Holy Communion BCP at 8am
 Holy Communion at AAPB at 10am

St Stephens Uniting

158 Balaclava Road
 Caulfield
 Telephone 527 1240

Carol Service

Sunday December 16 at 7.30pm

Carols On The Lawn

Tuesday December 18 at 8pm (bring a rug & torch)

Christmas Eve Service

Monday December 24 at 11.30pm

Christmas Day Service

9.30am

(This greeting and message of hope is sponsored by the listed Christian Churches of Caulfield).



Looking at a fantasy in three dreams



Above: The three main actors in *A Fantasy in Three Dreams*, written, produced, directed and designed by Elsternwick resident Allen Erez.

A FANTASY in Three Dreams is an ambitious project undertaken by Elsternwick resident and student Allen Erez.

The play explores the relationships between a blind woman, a lame girl and a mute boy who travel across an imaginary world, in search of their lost abilities.

The trio is joined by two birds, which play a major part in the adventure.

A Fantasy in Three Dreams was

expertly written, produced, directed and designed by Allen Erez. Particularly impressive were the puppeteers, Zhodi Cummings and Angela Lee, who seemed to make the birds move by themselves.

The three actors, Rachel Griffiths, Tamara Saulwick and Lyndel Cureton, brought an endless stream of energy to the stage as they battled with their "disabilities".

A Fantasy in Three Dreams is a thought-provoking tale about what

people can achieve when they really try and believe in what they are doing.

The costumes, lighting and general production were of a high quality and a credit to the young people involved.

The best measure of success though was the positive audience response. I felt the whole production was well-rehearsed and professionally executed.

- TRACEY STICKLEY

Binge now and pay the price

YOU'VE seen the car of your dreams and it will cost only \$300 a month. At the moment you are saving \$400 a month and have no other loans to pay.

So you drive off feeling like a million dollars.

Six months later, that \$300 monthly commitment has become a heavy burden.

A couple of unexpected expenses threw your budget right out the window and you've learned your lesson the hard way.

With Christmas just a couple of weeks away, everyone is facing the biggest spending time of the year.

Planning for it now could ensure a happy Christmas without having to pay off the bills next year.

In these difficult economic times, the Ministry of Consumer Affairs and financial and legal counseling services have experienced a sharp increase in the number of people financially overcommitted.

Their waiting lists are growing and the financial problems are more complex and involve larger sums than previously.

The Ministry believes that now is the time to run television and radio ads warning of the dangers of overuse of credit.

The message is to "think twice or pay the price" before taking out a plan. Make sure you are aware of the total cost, rather than just the amount borrowed.

For instance, a family car, for which \$15,000 is borrowed, could end up costing twice that by the time the contract is paid out.

Minister, Mr Mier, said most people only considered what they had to pay each month.

"However, they should also remember that they are committing themselves to that amount for anything up to six years," Mr Mier said.

The ads will run until December 15.

Mayor's Christmas message

LAST month while strolling through some local shops, I was surprised to see Christmas decorations being taken out of their cartons, dusted off and assembled.

I thought it was a little early for that type of activity, then I realised - it was only seven weeks to Christmas. No matter where you go, you hear people say, "Christmas again? It doesn't seem like a year, does it?"

I tend to agree with them. Not only that, it seems the older you get, the faster those Christmases come around again.

This year has been a particularly successful one for Caulfield Council.

We have had so many highlights, it is almost impossible to name them all, but I would like to recall a few.

No doubt, everyone who passes by City Hall will have noticed our extensions. They are almost finished now and some of our staff will move into the new building over the new year.

It's something they're very excited about, and with good reason. As the council has expanded over the years, so have staff numbers and conditions have become rather cramped.

The new building will eliminate the need for those temporary buildings out the back of City Hall and it will improve our service to our residents.

The Council is proud this year of its financial achievements. We managed to keep our rate increase down to 6.9 per cent, which compared very favourably with other municipalities.

This was possible because of prudent financial management which we have enforced over the past few years. We worked very hard to achieve this goal and know ratepayers appreciate our efforts.

Naturalisation continues to be an important aspect of Australian life, with more than 200 Caulfield residents taking the oath during my Mayoral year.

Ceremonies were held on September 26 and November 21, and I know those people who made the decision to become Australian residents will not regret it.

I wish everyone a Merry Christmas and Happy New Year, and to all our Jewish residents, may I say Happy Hanukkah.

If you're on the roads or at the beach over the break, please take care.

I look forward to assisting you as Mayor next year.

Cr Geoff Patience
Mayor, City of Caulfield

URGENT! RED CROSS

is looking for

Volunteers to doorknock during its Red Cross Calling appeal from March 1 to 10.

**If YOU can help, call
Sandy Anderson - 528 1727
Alice Campbell - 568 0275**

Women's Support Group

Are you experiencing the difficulties often accompanying divorce or separation?
Do you need to talk to someone about it?

In the view of setting up a Women's Support Group with the aim of providing information and support to women, I would welcome hearing from any interested persons.

For further information please contact
Efty Kalogeropoulos on 524 3333
City of Caulfield,
Children and Family Services

Carnegie Lions support scouts

9th CAULFIELD Scout Group, Murrumbena, has a new trailer, courtesy of the Carnegie Lions Club.

The scout group, situated in Ricourt Ave, Murrumbena, needs the trailer for scouting activities and for its fund-raising bottle collection.

Lions Club vice president, Mr Keith Craven, formally handed over the new trailer at a special group meeting.

Mr Craven said Carnegie Lions supported a diverse range of community projects and was delighted to provide the trailer after a plea from the scouts.

Enquiries on other club projects of membership should be directed to John Stone on 561 8518 or Ed Biggs on 569 9386.

CITY HALL HOURS



December 24	8.30am-noon (cashier closes 11.30am)
December 25	closed
December 26	closed
December 31	8.30am-3pm (cashier closes 2.30pm)
January 1	closed

FOR CHILDREN

Holiday programs, storytimes, activities, school visits.

JANUARY HOLIDAY FUN (14-24 January)

Free at the:
Caulfield Library, Maple St, Ph: 528 6301
Elsternwick Library, 4 Staniland Grove, Ph: 523 6682
Carnegie Resource Centre, 130 Koornang Rd, Ph: 569 5505

BOOKINGS

Bookings are required for activities other than the performances and storytimes. Please telephone the library at which the activity is to be held. If you are unable to attend an activity for which you have booked, please let us know as others may be waiting to attend.

CRAZY CREATURES - Carnegie

Monday 14th January, 11am
Make creatures out of papier mache and junk materials. Limit of 20.

RON THE CLOWN - Elsternwick

Tuesday 15th January, 2pm
A superb clown Ron has appeared extensively throughout Australia.

STORYTIME - Carnegie

Wednesday 16th January, 10.30am

STORYTIME - Caulfield

Wednesday 16th January, 11.00am

SUMMER SLICK - Caulfield

Wednesday 16th January, 2pm
Make your own crazy sunglasses and sun hat. Limit of 25.

PUPPETMAKING - Elsternwick

Thursday 17th January, 2pm
Make your own puppet from a range of fabulous materials. Limit of 25.

STORYTIME - Elsternwick

Friday 18th January, 10am

HIGH FLYERS - Caulfield

Friday 18th January, 2pm
Make your own aeroplane. Limit of 20.

BUSHRANGERS' PARTY - Carnegie

Tuesday 22nd January, 11am
Dress up for this party with an Australian flavour. Make Ned Kelly helmets and damper to eat. BYO plate optional. Limit of 20.

HIGHTOP FUN - Caulfield

Tuesday 22nd January 2pm
Paint a giant circus mural. BYO smock.
Limit of 25.

STORYTIME - Carnegie

Wednesday 23rd January, 10.30am

STORYTIME - Caulfield

Wednesday 23rd January, 11am

COMEDY MAGIC SHOW WITH TERRY MCSWEENEY - Caulfield

Wednesday 23rd January, 2pm
A fun performance from a master magician.

FLOWER CHALK GARDENS - Elsternwick

Thursday 24th January, 2pm
Use chalk on black paper to create colourful gardens to be displayed in the Elsternwick foyer. Limit of 25.

STORYTIME - Elsternwick

Friday 25th January, 10.30am

MAGNIFICENT MOBILES - Caulfield

Friday 25th January, 2pm
Fashion your own colourful mobile. Limit of 25.

OTHER ACTIVITIES FOR CHILDREN

BEDTIME STORYTIMES

Bedtime storytimes will take place each Tuesday in February at the Caulfield Library, Maple Street, commencing at 7.30pm. Children wear your pyjamas and don't forget to bring you teddy bears. Refreshments provided. Enquiries: Youth Services Librarian, Ph: 524 3346

STORYTIMES

Storytime and activity sessions take place at all three Caulfield libraries.

Times are:

Caulfield Wednesday, 11.00am
Carnegie Wednesday, 10.30am
Elsternwick Friday, 10.30am

SCHOOL VISITS

School groups are encouraged to visit their closest library. If you can't visit us perhaps we can visit you.

Enquiries: Youth Services Librarian, Ph: 524 3356

What's On

for children and adults



Poets of the Machine appearing 21st March, 1991.

at the **Caulfield Library Service**
&
the Caulfield Recreation Centre



January to June 1991

City of Caulfield Activities Program

WIN PRIZES IN THE SUMMER HOLIDAY POSTER COMPETITION

You can win generous prizes of book vouchers in a colouring and poster competition sponsored by Foster Care South East.

There are two age sections, 4-8 years and 9-13 years. You can choose to either do a poster design on the theme of foster care or to colour in a pre-prepared poster. Prizes will be awarded in both categories.

Entry forms will be available from all libraries in January and the competition will close on Thursday 24th January. Prizes will be awarded the following week. Entries will be judged by Judy Burn from Foster Care South East and Liliane Trpkovic, Caulfield's Youth Services Librarian.

Caulfield Library
Maple Street,
Caulfield South, Tel 528 6301.

Elsternwick Library
4 Staniland Grove,
Elsternwick, Tel. 523 6682.

Carnegie Resource Centre
130 Koornang Road,
Carnegie, Tel. 569 5505

FOR ADULTS

Lectures, Performances, Readings, Workshops and Excursions.

Activities are free unless stated otherwise.

Excursions for 1991

Please note that rising fuel costs have led to a considerable increase in coach hire costs. Individual tours will now vary in cost depending on the distance to be covered and time involved. A total cost to be paid on the day of the tour is given. Unless stated otherwise this includes busfare and all admission charges. If for any reason you have to cancel please let us know as soon as possible. Someone else may be waiting and an unnecessary cost to you may be avoided. **Note:** Absolutely no bookings will be taken prior to the specified booking date.

JANUARY

EXCURSION - Caulfield

Tuesday 15th January, 8.00am and returning 7pm
Historic Walhalla.

Turn back time when you visit Walhalla, once home to the richest gold mine in Victoria. Visit the mine museum and tour the Long Tunnel Gold Mine. There will also be opportunity to visit the museum. (This is not included in our cost so would be an extra \$1.00) BYO Lunch.
Cost: \$13 includes coach fare and mine tour.
Note that a visit to the mine involves a short, but steep walk.
To book phone 524 3357 on or after Friday 4th January commencing 9am.

LECTURE/PERFORMANCE - Caulfield Library

Thursday 24th January, 7.30pm
Afro-Caribbean Dance - Jigsie Campbell,
Jamaican Jigsie Campbell presents an entertaining insight into West Indian music and dance.

FEBRUARY

TRAVEL - Caulfield Library

Wednesday 20th February 2.00pm
North America and Canada - Beatrice and Gordon Keam

MARCH

TRAVEL - Caulfield Library

Wednesday 6th March 2.00pm.
An Afternoon with Colin Wills
Travel film maker Colin Wills presents the first of two afternoons featuring his fascinating short films.

HEALTH - Caulfield Library

Thursday 7th March 7.30pm.
Good Health Without Drugs - Dr Ian Brighthope
Ian Brighthope is president of the Australian College of Nutritional and Environmental Medicine. He is the author of numerous books focusing on good health and disease including 'Recipe for Health' and 'You Can Sleep Soundly Everynight Without Drugs'

TRAVEL - Caulfield Library

Wednesday 13th March 2.00pm.
Borneo and Sumatra - Richard Campbell.
Caulfield's Richard Campbell returns with another excellent presentation.

LECTURE - Caulfield Library

Thursday 14 March 7.30pm.
Dreams - Doris Brett
Clinical psychologist and author, Doris Brett will talk about the way in which dreams can provide an insight into our strengths and weaknesses and help us to answer questions about problems which have been worrying us.

TRAVEL - Caulfield Library

Wednesday 20th March 2.00pm.
An Innocent Abroad.
Writer, producer, actor presents over 2 hours of discovery, personal adventure and off-beat experiences. Countries to be included are England, Scotland, Ireland and Norway. His presentation will include some superb videos that he has produced.

WRITERS' MONTHLY - Caulfield Arts Centre Theatre

Thursday 21st March 7.30pm.
From Music to Words.
The first in a superb series of readings by some of Australia's best writers.
To help cover costs there will be a charge of \$5.00 or \$3.00 for Caulfield library members. To receive a concession you will need to show your library card. Remember it is free to join the Caulfield Library Service and that you do not need to be a Caulfield resident to join.
For a detailed brochure phone: 524 3357

The first reading will focus on the influence of contemporary music on current Australian writing. Featured readers are James Griffin, author of Australia's first recorded rock'n roll novel; David Pepperell, music enthusiast and author of 'East gate, Westgate' Red Stripe and Koral Island, a U.K. unisex poetry duo who perform a synthesis of image - music-text; Gig Ryan and more.

EXCURSION - Caulfield Library

Tuesday 26th March 9.00am.
Historic Bacchus Marsh and Werribee Gorge
Visit the blacksmith's cottage before a guided tour of Bacchus Marsh. BYO lunch to eat in Maddingley Park before we visit Werribee Gorge.
Cost: Tour and bus: \$9.00.
Bookings: Phone 524 3357 on Wednesday 13th March, 9am.

TRAVEL - Caulfield Library

Wednesday 27th March, 2pm.
Hawaii - Rifka Knox,

APRIL

TRAVEL - Caulfield Library

Wednesday 3rd April, 2pm.
Australian Landscapes - Ted Terry
Award winning Caulfield photographer presents a stunning visual presentation.

HEALTH - Caulfield Library

Thursday 4th April, 7.30pm.
Stress management, Relaxation and Well Being - Mary Jane Saunders.
Mary Jane Saunders is a trained therapeutic and remedial masseuse who works in healing muscular aches and pains. She incorporates counselling in her work and is currently training in somatic psychotherapy.

HERITAGE WEEK (7-13 April) - Elsternwick Library

Wednesday 10th April, 2pm.
Elsternwick Heritage Walk.
Dr Geulah Solomon will lead a walk focusing on Elsternwick's architectural heritage. Afternoon tea at the Elsternwick Library will follow. **Limit of 25 people.**
Book: by phoning 524 3357, Wednesday 27th March, commencing 9am.

LECTURE - Caulfield Library

Thursday 11th April, 7.30pm.
The Distant Exodus - Australian Jews reveal their immigration experiences - Colin Golvan,
Author, lawyer and literary agent Colin Golvan will discuss immigration experiences.

TRAVEL - Caulfield Library

Wednesday 17th April, 2pm.
North America and selected slides - Les King.
Les King's presentation will include San Francisco, Los Angeles, New York, Miami and the Panama Canal.

WRITER'S MONTHLY - Caulfield Arts Centre Theatre

Thursday 18th April, 7.30pm.
"Good Poets Die Young"
A presentation of the writings of Michael Dransfield, Charles Buckmaster and Jennifer Rankin. All three poets have provided us with a rich legacy of work even though their lives were brief. Judith Rodriguez will present the work of Jennifer Rankin, Kris Hemmesley and Michael Dugan will present the work of Charles Buckmaster, Thomas Shapcott will present the work of Michael Dransfield.
Cost: \$5.00, \$3 Caulfield Library Members

TRAVEL - Caulfield Library

Wednesday 24th April, 2pm.
Spain and Portugal and selected slides - Les King.

EXCURSION - Carnegie Resource Centre

Tuesday 30th April, 8.45am.
Buxton and Steavenson Falls, Marysville.
Visit the Camel Farm at the foot of the Cathedral mountain before exploring the Bush Pioneer's farm, Buxton, where we'll also be instructed in some bush cooking. We'll call in at the water falls on the way home. Bring your lunch.
Cost: \$13.00 includes bus & admission charges and damper!
Book: by phoning 524 3357 on Wednesday 24th April, 9am.

MAY

LECTURE

Men: the darker continent? - Men and their potential for change

1) Men, Sex, Power and Survival - Caulfield Library

Thursday 2nd May, 7.30pm.
Bill Williams and Gisela Gardner,
The authors of this groundbreaking Australian work will explore the way in which men's behaviour has far-reaching consequences for our personal relationships, our social structures and our environment. An essential lecture for both men and women.

TRAVEL - Caulfield Library

Wednesday 8th May, 2pm.
Norfolk Island - Norman Paddle

2) Men: the darker continent? - Caulfield Library

Thursday 9th May, 7.30pm
Why men oppress women and why men have the potential to change - Bob Pease
Social work lecturer and co-ordinator of a course on men and masculinity will explore issues affecting men and their relationships with women.

3) Fathers at Home - Caulfield Library

Thursday 16th May, 7.30pm.
Iola Mathews
Respected ACTU worker Iola Mathews will talk about the social benefits of men having a greater involvement in child rearing.

HEALTH - Caulfield Library

Thursday 23rd May, 7.30pm.
Julie Stafford
Julie Stafford will talk about her new bestselling book, 'Forever Fit'.

TRAVEL - Caulfield Library

Wednesday 29th May, 2pm.
Travel with Colin Wills
Film maker Colin Wills returns with some more of his revealing travel films.

WRITERS' MONTHLY - Caulfield Arts Centre, Theatre

Thursday 30th May, 7.30pm.
Writers are Readers Too (1)
Top Melbourne writers present their latest works and personal favourites.
Cost: \$5.00, \$3.00 Caulfield Library Service Members
For a brochure phone 524 3357.

JUNE

TRAVEL - Caulfield Library

Wednesday 5th June, 2pm.
Hong Kong - Rifka Knox

TRAVEL - Caulfield Library

Wednesday 12th June, 2pm
Mystery destination - Rifka Knox.
Rifka returns with a mystery talk and slide show.

DISPLAY - Caulfield Library

Small Business
During June a touch screen information tower courtesy of Small Business Development Corporation will be available for your use.

LECTURE - Caulfield Library

Thursday 13th June, 7.30pm
Starting Your Own Small Business
A representative from Small Business Development Corporation will instruct in how to go about starting your own business.

AUSTRALIANIA - Caulfield Library

Thursday 20th June, 7.30pm
Australia: Collecting our Past - Dr John Chapman
A presentation of our living past by brilliant collector and expert on Australian history, Dr. John Chapman.

WRITERS' MONTHLY - Caulfield Arts Centre, Theatre

Thursday 27th June, 7.30pm
Writers are Readers Too (2)
Four well known writers read their own writing plus a personal favourite by someone else. Included are Rod Jones, Kerryn Goldsworthy, Gerald Murname and Thomas Shapcott.

WORKSHOPS

A writers' workshop group meets fortnightly. There is a small charge to cover the cost of tutors.
Enquiries: phone 524 3357

CAULFIELD RECREATION CENTRE

6 Maple Street, South Caulfield
Tel. 524 3288

CLASS DESCRIPTION

STEP REEBOK

This class involves stepping up and down on an adjustable platform while simultaneously performing upper body movements to the accompaniment of music. To change the intensity, experienced, fit participants can change the height of the platform or include hand weights. The workout is suitable for men and women whether they be a beginner or a conditioned athlete.

HIGH/LOW IMPACT

High and Low Impact Exercises. This class consists of a high impact section followed by a low impact workout with weight. Participants will engage in running activities and low impact exercises. Alternative exercises to running will not be instructed. A good class for both beginners and fit participants.

LOW IMPACT

This class consists of a combination of power walking, low kicks, high powered steps, side to side movements and lunges in conjunction with large upper body movements providing a wide range of motion. Low impact classes provide a safe and enjoyable way to fitness. Reduces the impact shock on muscles and joints. There is no running in this class.

LOW IMPACT PLUS

A faster paced and harder class incorporating low impact exercises. More repetitions and complex exercises.

TUMMY HIPS & THIGHS

This is a forty-five minute class designed to tone tummy, hip and thigh areas. The class includes a warm-up, one low impact track and thirty minutes of floor exercises. This class is suitable for the not-so-fit person as well as those people wanting to do floor work and relaxation.

INTERMEDIATE

This class consists of high impact exercises including extensive jogging, high kicks, star jumps and running combinations. It is suitable for the fit participant who enjoys running and a challenging workout.

OVER 50'S

A gentle exercise class consisting of both floor and standing exercises. Suitable for the not-so-fit adult.

OVER 40'S

A not too strenuous class consisting of both standing and floor work. Low Impact based exercises designed to slowly increase your fitness.

POWER WALKING

A challenging walk for fit active participants who enjoy walking at a fast pace and being outdoors. Heart rates will be monitored and the walk provides a challenging workout.

PRE & POST NATAL

Exercise class conducted by Changing Shape Organisation. To register contact 830 4531.

INTRODUCTION

A fifty minute class for the unfit, inexperienced participants. The class consists of basics, not too strenuous exercises designed as an introduction to aerobic exercise.

AQUA AEROBICS

Aqua exercise classes are conducted at Caulfield Swimming Pool, Moira Ave, Carnegie 591 8143 on Monday mornings at 8.15 - 9.00am. The class provides a safe, very effective way to improve your fitness level. The pool is gas boosted and solar heated with an average temperature of 25 C.

TENNIS

TENNIS COACHING

Tennis coaching is available at the Caulfield Recreation Centre courts in Brooklyn Avenue. People wishing to learn tennis should contact Cheryl Hewitt telephone 596 5085. Classes suitable for adults and children.

CASUAL HIRE OF TENNIS COURTS

The courts in Brooklyn Avenue are available for casual hire. People wishing to hire the courts can do so by contacting the Recreation Centre on 524 3288.

Cost: Day - Adults \$9 children \$9
Night - Adults \$12 children \$12
Weekends and Public Holidays - \$12 per court, plus a deposit.
Key Deposit of \$10 required at all times.

*Please note: when hiring a court a driver's licence must be provided for identification.

ADULT FITNESS

PROGRAMME

The Caulfield Recreation Centre has a variety of fitness classes suitable for both young and older adults. Classes are conducted by fully qualified instructors. If you are unsure about which class would be the most appropriate for your purpose, please contact the centre.

AEROBICS (16 years and over)

Attend any classes that suit your schedule and ability. No enrolment is necessary. Classes suitable for males and females 16 years and over. Hand weights are available to use if so desired.

BENEFITS

The benefits of participating in a regular vigorous exercise program are numerous. To name just a few:

- * improving cardiovascular functioning,
- * improved flexibility and muscular endurance,
- * greater energy at the end of the day,
- * an improved ability to relax and cope with every day stress,
- * improved sense of well-being,
- * in conjunction with diet, can lead to a decreased risk of heart disease,
- * and a decrease in depression and anxiety.

COST

Aerobic - \$5.00 per class
Stretch - \$3.50 per class
Over 40's - \$3.50 per class
Power Walking - \$4.00 per class
Combination - \$7.50 per class
Creche - \$0.75 per child
Over 50's - \$2.00 per class
Step Reebok - \$7.00 per class
(Members pay an additional \$2.00)
Please note that you must pre-book for a Step Reebok class as places are strictly limited.

MEMBERSHIP

1 month - \$45.00
3 months - \$95.00
6 months - \$165.00
Memberships can be purchased at any time and payment must be finalised before any membership is valid.

CLASSES ARE NOT HELD ON PUBLIC HOLIDAYS

STEP REEBOK

Monday	6.30pm
Tuesday	5.30pm
Thursday	9.30am, 12 noon, 6.30pm
Saturday	9.30am, 10.30am

HIGH/LOW IMPACT

Monday	9.30am, 5.30pm, 7.30pm
Tuesday	7.30pm
Wednesday	9.30am, 6.30pm, 7.30pm
Friday	9.30am, 11.30am

LOW IMPACT

Monday	10.30am
Wednesday	5.30pm

LOW IMPACT PLUS

Thursday 5.30pm

TUMMY HIPS & THIGHS

Monday	10.30am
Wednesday	10.30am

INTERMEDIATE

Tuesday 9.30am, 12 noon, 6.30pm

OVER 50'S

Tuesday	9.30am
Wednesday	9.30am
Thursday	9.30am

OVER 40'S

Tuesday	10.30am
Thursday	10.30am

POWER WALKING

Tuesday	9.30am, 6.00pm
Wednesday	9.30am
Friday	9.30am

INTRODUCTORY

Tuesday 6.30pm

PRE & POST NATAL

Monday	7.30pm
Wednesday	10.30am

AQUA AEROBICS

Monday 8.15 - 9.00am



YOGA

The continual practice of yoga techniques results in a feeling of well-being, a calm enquiring mind and a relaxed vital body. There is no competition, everyone advances at their own level. Both beginners and intermediate courses are available with each course running 9 weeks at two venues. Enrolments must be sent to the Recreation Centre prior to commencement of the term. Contact the Centre on 524 3288 for enrolment details.

Cost: \$49.50 for 9 lessons.
Class Times: Recreation Centre
6 Maple Street, Sth Caulfield.
Monday: 9.10am-10.10am Intermediate
Maternal and Child Health Centre
Cnr. of Royal and Rosendale Ave., Glenhuntly.
Monday: 6.00pm.-7.00pm. Beginners



MARTIAL ARTS

TAI-KWON-DO

The Korean art of self defence. Students follow a continuous programme with special emphasis on attacking and kicking skills. Opportunity to enter tournaments and grading.

Instructor: Rod Black (Black Belt)
Class Times: Wed. and Fri.: 6.00pm-8.00pm.
Enquiries: Telephone 874 1929.

TAI CHI AND MEDITATION

For those wanting a complete health system that rejuvenates the body and clears the mind.

Class Times: Friday: 9.30am-10.30am.
For those with some Tai Chi experience.

JUDO

Judo is not an aggressive sport and is a disciplined controlled martial art. It provides the opportunity to improve physical fitness and confidence. Classes taught by Akira Yamada, 6th Dan Kokodan, Japan, Judo Federation of Australia. Classes can be joined any time.

Class Times: Tuesday: 7.15pm, 8.15pm.
Thursday: 7.15pm, 8.15pm.
Instructor: Mr Akira Yamada
Enquiries: Mrs Akira Yamada, Tel. 578 4460.

CHILDRENS PROGRAMME

All classes start the week beginning Monday 11th February 1991 and run for 14 weeks with a mid term break.

OLYMPIC GYMNASTICS

Offered on Saturday mornings for girls, these classes offer a challenging range of levels from Beginners to all advanced levels.

ENQUIRIES - LYN MARTIN, Ph: 534 8561

PRE SCHOOL JUMP & GYM

This fun junior course is designed specifically for 3 to 5 years and 3 different levels are offered, Beginners, Intermediate and Advanced classes. Included is all basic movement patterns of Gymnastics, such as balance, spatial awareness, tumbling, ballwork, games, rhythm work and trampolining. Classes are offered daily and run over a 14 week semester.

Cost: \$62 per (14 weeks)
Enquiries: Recreation Centre, Ph: 524 3288

5YR OLD JUMP & GYM

This course is offered at both Beginners and Advanced levels and concentrates on all Gymnastic and Trampolining skills in a fun environment.

Beginners: Monday 4.30-5.15pm
Advanced: Wednesday 4.00-4.45pm
Cost: \$62.00 (14 weeks)
Enquiries: Recreation Centre, Ph: 524 3288

RECREATIONAL GYMNASTICS

A course suited to 6-9 years (mixed). This class is a combination of floorwork, apparatus and trampoline work. The course encompasses all of the basics of Gymnastics with 2 levels being offered within the same class.

Instructor: Lyn Martin
Time: Thursday 4.30-6.00pm
Cost: \$90.00 (14 weeks)
Enquiries: Recreation Centre,
Ph: 524 3288



JAZZ BALLET

Our dance classes are divided into 3 levels. Creative Dance for 5 years olds is a prelude to the basics of movement through dance and creative games, working in co-ordination to music. In the beginners class, children learn the basics of steps and sequence work. The Intermediate class is a progression from the beginners class & involves more complex and detailed drama & dance sequences.

Time:
Creative movement Tuesday 3.45-4.30pm
Beginners Jazz Ballet Tuesday 4.30-5.30pm
Intermediate Jazz Ballet Tuesday 5.30-6.30pm

Cost:
Creative movement \$62.00 (14 weeks)
Jazz Ballet \$90.00 (14 weeks)
Age: 5 years and over
Enquiries: Recreation Centre, Ph: 524 3288

BOYS GYMNASTICS

Boys Gym involves the children in developing general gymnastic and sporting skills such as fitness, strength, balance, flexibility aiding confidence in a fun environment. The class caters for both beginners and intermediate levels and include a section of trampolining weekly.

Cost: \$90.00 (14 weeks)
Age: 6-9 years
Time: Wednesday 4.40-6.00pm
Enquiries: Recreation Centre, Ph: 524 3288

TRAMPOLINING CLASSES

All trampolining classes include a balance of skillwork, safety techniques and specialized games all of which are fully supervised by our staff teachers.

Time: Beginners Tuesday 4.00-4.45pm, 5yrs+
Thursday 4.00-4.45pm, 4&5yrs
Been/Before Saturday 9.30-10.15am, 3-5yrs
Saturday 10.15-11.00am, 5yrs+

Cost: \$62.00 (14 weeks)
Enquiries: Recreation Centre, Ph: 524 3288

CHILDRENS TENNIS PROGRAMS

Childrens tennis coaching is offered each week day on a term basis as well as during all school holidays. Courses cater for both beginners & experienced children and are conducted at the Brooklyn Avenue tennis courts.

Enquiries: Cheryl Hewitt, Ph: 596 5085

SCHOOL HOLIDAY PROGRAMS

Every holidays the Recreation Centre offers vacation care for children aged 4-14 years. Details of Programs are listed below. Please phone the Recreation Centre for further details, Ph: 524 3288.

PRE XMAS PROGRAM 1990: (17th-21st December 1990)
Centre based activities only.

SUMMER PROGRAM 1990/91: (7th January - 1st February 1991)

You may enrol for both Programs on the following dates...
Enrolment forms available - Monday 19th November 1990
Enrolment Day: Caulfield Residents - Thursday 22nd November 1990
General Enrolments - Thursday 29th November 1990

EASTER PROGRAM 1991: (22nd-26th April 1991)

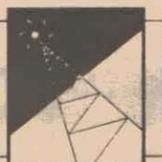
Enrolment forms available - Wednesday 3rd April 1991
Enrolment day: Caulfield Residents - Friday 5th April 1991
General enrolments - Tuesday 9th April 1991

JULY SCHOOL HOLIDAY PROGRAM: (8th-19th July 1991)

Enrolment forms available - Thursday 6th June 1991
Enrolment Day: Caulfield Residents - Tuesday 11th June 1991
General Enrolments - Tuesday 18th June 1991

SEPTEMBER SCHOOL HOLIDAY PROGRAM:

(24th September - 11th October 1991)
Enrolment forms available - Tuesday 3rd September 1991
Enrolment Day: Caulfield Residents - Thursday 5th September 1991
General Enrolments - Thursday 12th September 1991



Lights to be replaced

TWO sets of traffic lights along Neerim Rd will be replaced with more advanced equipment next year.

The lights are at the Neerim Rd-Poath Rd intersection and the Neerim Rd-Grange Rd intersection. Both sets have been included in VicRoads' 1990-91 fully funded works program.

The Neerim Rd-Grange Rd intersection has been listed with VicRoads over the past six years for remodelling, including a right turn lane in Neerim Rd.

These works have been deferred over the past three years in preference for other works listed by VicRoads to be undertaken in Caulfield.

The Neerim Rd-Grange Rd intersection was given greater consid-

eration by VicRoads after its recent accident record, which has included some fatalities.

The remodelling will be carried out in conjunction with road widening in Neerim Rd to provide five lanes in the Neerim Rd approaches, including a right turn lane.

The work is scheduled to start in February next year.

The Council's senior transportation engineer, Mr Robert Stainforth, said the proposed remodelling works were "undoubtedly necessary" and would improve traffic flow and increase traffic safety at the Neerim Rd-Grange Rd intersection.

"There are no significant proposed alterations to existing parking restrictions in the vicinity of these traffic signals," he said.

Laze the day away at Carnegie pool



FAMILY tickets will be available again this year at the Carnegie pool. A family season ticket, which costs \$105, encourages families to use the pool and barbecue area. New seating, shade cloth areas and more trees are making Caulfield pool a must for all residents. The pool opens 6am weekdays, which gives people an ideal opportunity to do a few laps before work.

Above: Ormond Primary School student, Dora Gmada, makes the most of the Carnegie swimming pool during an organised swimming class.

Caulfield remembers



Letters from Santa Claus

THIS year, Father Christmas has appointed the Carnegie Lions Club as his agent.

If you would like a letter from Father Christmas, write to him c/- Carnegie Lions Club, PO Box 192, Carnegie, 3163.

You will receive a personal non committal letter by return mail from Father Christmas' North Pole workshop.

Make sure you child's name and address is written legibly in the letter.

Enclose a donation of \$2 a child or \$4 a family, made payable to Lions Christmas Letter.

Carnegie Lions will use the profits from this project to send local deserving children to a LICOLA holiday camp.

CAULFIELD Mayor, Cr Geoff Patience, and chief executive officer, Doug Ayles, represented the council at a Remembrance Day ceremony at Caulfield Park on November 11.

Community projects get council backing

FOUR community submissions to an area improvement program have been backed by the Council.

The submissions, put forward by Murrumbeena Playgroup, East Caulfield Park Committee of Management, Caulfield Environment Group and Society for Growing Australian Plants and Caulfield Council, will now be forwarded to the Department of Planning and Urban Growth.

The department offers grants of up to \$15,000 to community groups and local government for projects which comply with the metropolitan area improvement program guidelines.

The main purpose of the program is to involve the community in projects that improve services or the environment in the metropolitan area.

Projects submitted to the area

improvement program must have council support in concept to be considered for funding.

If a project is considered suitable for funding by the AIP, a grant will be made only if it is met by at least the same amount from the council.

The submissions are:

- Murrumbeena Playgroup proposes to develop a small garden in Murrumbeena Park which exercises the senses of sight, touch and smell. The local community would be involved in planning, establishing and managing the garden. Anyone interested in helping out can call Bronti Merrett on 524 3311.

- East Caulfield Park committee of management proposes to establish an urban woodland around the parkland, to provide new furniture, to build a gazebo and fitness track and to generally improve facilities

offered by the parkland.

- Caulfield Environment Group and Caulfield and District Society for Growing Australian Plants propose to set up a community nursery to plant and propagate indigenous native plants to the Caulfield area.

- Caulfield Council proposes to rejuvenate the Wilson St section of the Outer Circle Railway Land. Works include the construction of a mud brick and timber shelter, barbecue and picnic facilities, fencing, information signs and extension of the pedestrian-bicycle path.

The Council's proposal is complementary to a submission by the Caulfield Environment Group for a grant to cover planting works in this section of parkland.

A decision on the funding is expected in February.

The Mayor, Councillors and Staff

at Caulfield Council

wish all readers a

Merry Christmas

and a Happy and Safe

New Year



Caulfield Community Bus Service

needs volunteer drivers, particularly for Sunday afternoons.



If you can help, please contact Kim Barrett or Laurel Thompson on 524-3200



Wilbur to entertain crowds of kids



Above: Wilbur The Three Headed Dragon gets to know Rebecca Rapoport from Caulfield arts complex.

MS REBECCA Rapoport, from Caulfield arts complex has organised a feast of activities for children during the school holidays.

Two one-week programs, which run from January 14-18 and January 21-25, are designed for children from three to 11 years.

Classes are divided into two groups - school age (5-11 years) and pre-school (3-5 years).

Primary school classes include pottery and modelling, drama, music, dance and movement, weaving, printing and painting, animated toys, a dragon workshop, food fun, photography, creative construction, mask making and a Mickey Mouse workshop.

Pre-school children can enjoy art and craft, music, dance and

drama, pre-school game, dolls and puppets.

Children may attend individual sessions or enrol in a class more than once - for example, on consecutive days.

If school-age children attend a morning and afternoon class on the same day, lunchtime supervision will be provided for no extra cost.

Children must have turned five to attend three-hour classes.

The cost for school-age children is \$10 for a three-hour session (maximum 12 children a class) and the cost for pre-school children is \$8 for a two-hour session (maximum 10 children a class).

School-age classes run from 9.30am-12.30pm and 1.30pm-4.30pm while pre-school classes are 10am-noon and 2pm-4pm.

A musical pantomime, called *Wilbur The Three Headed Dragon* will show at the arts complex theatre at 11am and 1.30pm from January 14 to 18.

The show is about Princess Ruby, three princes and Wilbur.

Ms Rapoport said the pantomime was excellent entertainment for children and reasonably priced at \$6 for adults and \$5 for children.

The holiday programs this year are following a new format which makes them more flexible and more ideal for working parents.

Ms Rapoport is experienced in children's programs, having worked with children's services at St Kilda Council last year.

She has a teaching background and also has worked with Brighton Council.

"Kangaroos" restored

A RARE and valuable painting donated to the City of Caulfield permanent collection has a new lease on life.

Kangaroos, by Jan Sheltema, has been restored by a conservator, under the supervision of arts complex staff.

Kangaroos was donated to the collection by Mrs Dorothy Spargo in 1988. The painting obviously had been damaged years before Mrs Spargo bought it in the 1960s.

The painting's original gilt frame had at some stage been painted over with gold paint, which gave the painting a rather dull appearance.

Under a conservator's expert hand, this gold paint was removed

to restore the frame to its former glory.

The painting was cleaned and a small tear repaired.

The artist, Jan Hendrick Sheltema, arrived in Victoria from Holland around 1890.

He concentrated on painting domestic animals, often in conjunction with landscape artists.

Mrs Spargo allowed the painting to hang in the foyer of the Council's Camden Court hostel, when she moved there in 1973.

The painting hung in various rooms of the hostel until a local doctor recognised the painting's worth.

It now can be viewed in the arts complex gallery.

Mickey exhibition to please all ages



Above: Pam Irving displays some items from her Mickey Mouse collection.

Two Mickey Mouse Collections is an exciting exhibition featuring toys, dolls, scrapbooks and many other colorful items from two Mickey Mouse collectors.

The exhibition will coincide with the arts complex school holi-

day program and there will be activities for the children.

The exhibition will run from January 14 to February 17.

For more information on events during the school holidays, contact the arts complex on 524 3287.

Children's Week a huge success



Above: Jeni Greenburg, 9, of Caulfield, took advantage of the library facilities during Children's Week festivities.

CHILDREN were the centre of attention when the City of Caulfield hosted a fun day to co-incide with Children's Week.

Youngsters and parents, who attended the festivities, were able to try their hand at face painting, trampolining and hat making.

Story reading was held in the Caulfield library and Sid the Seagull and Kooka made special guest appearances.

Pastel art demonstration

SYDNEY pastel artist and teacher, Bob Baird, will hold a pastel portrait demonstration at the Caulfield Arts Complex, cnr Glen Eira and Hawthorn Rds, on January 6 at 2pm.

Entry is free for members of the

Pastel Society of Victoria and \$10 for non-members.

Bob will run a summer school at the complex between January 7 and 11. See page 10 of this issue for details and an application form. Places are limited.



Walking classes keep you healthy

CAULFIELD Recreation Centre conducts walking classes on Tuesdays, Wednesdays and Fridays.

The classes operate under the instruction of Gail Gill, a qualified VICFIT fitness instructor.

The aim of the classes is to provide a challenging walk for fit, active people in a fun atmosphere.

Classes meet every Tuesday at 9.30am and 6pm, Wednesday at 9.30am and Friday at 9.30am, at the recreation centre, Maple St, South Caulfield.

A creche operates during the morning classes at a cost of 75c per child.

Each class includes resting and target heart rate checks. Gail will record these statistics so you can compare your heart rate counts.

Each week, Gail takes participants on a different walk around the Caulfield area.

People learn how to walk properly, use hand weights and power

walk for maximum fitness. Each walk costs \$4.

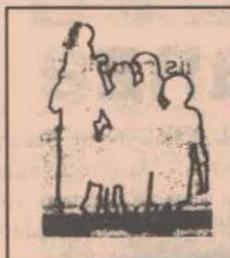
Participants must wear a good pair of runners and comfortable, loose clothing. On a sunny day, it is advisable to wear sunglasses.

If it is raining in the morning, call the recreation centre on 524 3288 or 524 3362 to confirm the class.

You must register for the walking class. This can be done by phoning the recreation centre the previous day.

The benefits of a walking class include:

- A safe, low impact workout.
- Walking exercises muscles all over the body.
- Walking, combined with a diet, aids in weight loss.
- Increases cardio vascular fitness
- Aids in lowering cholesterol.
- Is an enjoyable way to become fit.
- Everyone can participate, regardless of fitness level.



Children and family services column



Above: Caulfield Mayor, Cr Geoff Patience, and Sid the Seagull know to wear hats when out in the sun.

ARE you having problems getting your pre-schooler to wear a sun hat?

Here are some suggestions to introduce hats in a fun way.

How about getting your child to make his or her own hat and decorating it? Perhaps their teddy bears, dolls or favourite soft toys would like a hat made.

They could make mummy and daddy one, grandma and grandpa one then have a hat day.

Introduce special theme days and make space hats, firemen's hats or workmen's hard hats.

Here are a couple of useful tips on hats, taken from the Skin Cancer and Outdoor Work booklet.

- Broadbrimmed hats are best. They should have a 10 to 12cm brim.

- If a lot of bending is required, have a flap on the back of the hat, like the French foreign legion. This keeps the sun off the back of the neck.

Caulfield Community Care Centre will be out and about providing information and advice from January 21 to 25 on how to be sun smart.

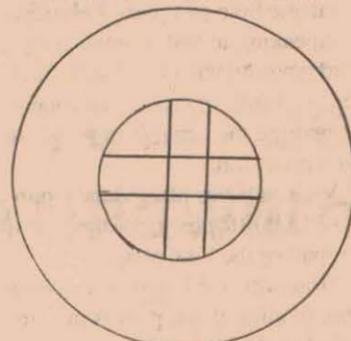
On January 23, Sid Seagull will join in slip, slop, slap activities at the Caulfield pool, Moira Ave, Carnegie.

The most important points to remember when out in the sun are to wear protective clothing, use maximum protection sunscreen and stay out of the sun from 11am to 3pm (daylight saving time).

And be particularly careful with children's skin.

Call Caulfield Care Centre on 523 6666 for more sunsmart info.

How to make a hat



Large circle is 30cm diameter. Inner circle is 18cm diameter. Colored strips are 30cm by 6cm. This pattern is taken from a booklet called *Playtime Themes*, written by Josie Quinn for family day care, City of Caulfield.

Exercise in the water

AQUA aerobics classes are exercise to music classes conducted in a swimming pool.

These classes, organised by Caulfield Recreation Centre, have been designed as a fun, recreational activity for everyone.

Exercise in the water is a safe, effective and enjoyable way of exercising.

Not only that, aqua aerobic classes are a great way of improving cardio-vascular fitness.

The classes are conducted in the Olympic pool at the Caulfield swimming complex by a qualified fitness instructor.

You do not have to get your hair wet, you do not have to swim laps, you do not have to be fit and you do not have to look good in your bath-

ers, to participate in aqua aerobics.

You do, however, have to be able to laugh, participate in a group activity, enjoy being in the water and want to improve your fitness.

The pool is gas boosted and solar heated so the water is always warm.

Classes started on November 12 and will continue until March 28 next year.

Classes will not operate on public holidays or if it is raining. If you are unsure, please contact the pool on 571 8143.

Classes will operate on Mondays from 8.15am to 9am.

The cost is \$3.80, which includes entrance to the pool.

For details, contact the recreation centre on 524 3288 or 524 3298.

Health Watch ... Health Watch ... Health Watch ... Health Watch ... Health Watch ...

GOOD teeth and mouth care are very important for growing school-age children.

To ensure children receive advice and treatment about teeth and mouth care, the school dental service, which is part of the Health Department, has a school dental clinic in Caulfield Hospital.

The clinic is staffed by a trained dental therapist and dental nurse. This service offers free dental examination and treatment to students of Glenhuntly, Elsternwick, Malvern, Caulfield South, St Joseph's Elsternwick, Holy Eucharist, Holy Cross, St Anthony's Glenhuntly, Caulfield North and Caulfield primary schools.

The clinic is located at patient services (ward four), Caulfield Hospital, Kooyong Rd, Caulfield. Appointments, phone 528 5986.

ACCORDING to the Mastectomy Association of Victoria, fruit may be the answer to cancer. Apparently fruit has a protective effect against oral and pharyngeal cancer. But do not change your eating habits without consulting your doctor first.

★ ★ ★

FREQUENTLY recurring calf

cramps during the night, painful enough to drive victims from bed are a common problem (Family Circle, December 1989). Many measures such as quinine, Vitamin E and diet have been tried but none have been uniformly effective. Now a simple stretching exercise has been used successfully.

It involves standing with shoes

off, facing a wall about 1m away and leaning forward while keeping the heels on the floor until a moderately intense pulling sensation is felt in the calf muscles. The stretching position is held for 10 seconds then repeated after five seconds of relaxation. The sequence is carried out three times a day until nightly attacks stop.

Patients who had suffered frequent attacks for months report in most cases cramps disappeared within three days.

★ ★ ★

SKIN cancer rates in Australia are higher than anywhere else in the world. Because skin cancers are visible, they should be checked by a doctor as soon as they develop.

Still looking for a venue for that special occasion?

Why not use the auditorium at Caulfield City Hall?

Contact the Caulfield Arts Complex on 524 3287.

CHILDCARE VACANCIES AVAILABLE 1991

Fully qualified staff, hot meals, Mothercraft nurse and kindergarten teacher on staff.

Tel 578-8458 now!

WATTLE AVENUE
CHILDCARE CENTRE

181-185 Grange Road, Glenhuntly, Victoria 3163



Library book bonanza

A BOOK bonanza is underway after Caulfield library service introduced unlimited loans at all its branches on December 4.

People are able to borrow as many books as they require, initially for six weeks and then for the usual three weeks from January 2.

People will be able to borrow five magazines, three audio cassettes and three videos also, although videos are for one-week loan only.

Because the library's computer system has been upgraded, unlimited loans will continue after the Christmas period.

The library will add new videos, books and other materials to cope with envisaged demand.

It is free to join the library and you do not need to live in the Caulfield area.

The following books are now available for loan from the Caulfield library service:

The Evening Gull, by Derek Tangye. The 17th in the ever popular Minack Chronicles conjures up the enchantment of Minack and the sadness of life without Jeannie.

Laura Ashley Living Rooms, by Kate Corbett, Winder.

The varied roles of the living room are explored, from the elegant drawing room suitable for more formal entertaining to the intimate sitting room for informal occasions.

Clarice Cliff. The Bizarre Affair, by Leonard Griffin. The first comprehensive study of Clarice Cliff, the best known ceramics designer of the art deco period. Includes 80 full color illustrations.

Elvis. A Tribute to His Life. A collection of images accompanied by a commentary on his life.

Charles Rennie MacIntosh. The Complete Furniture, Furniture Drawings and Interior Designs, by Roger Billcliffe. MacIntosh saw architecture as the art which encompassed all other arts. A superb illustrated guide to his work. **San Francisco 1990**. From the Golden Gate bridge to fashionable Union Square, San Francisco is one of the world's most romantic cities. An excellent guide for the traveller.

The Quick Cholesterol Clean-out, by Peter Cox. An effective and natural diet to show you how you can take simple steps to reduce your cholesterol count.

How Does Your Garden Grow? A practical guide for Australian gardeners by Rosa Niran. Rosa, a landscape architect, provides clear instructions for numerous gardening techniques.

The Harbour Breathes, by Anna Couani and Peter Lyssiotis. Sydney as a dream landscape in prose and photo montage.

Managing Love and Hate. A self help manual by Antony Kidman. An effective self help manual that deals with topics such as making marriage work, separation and divorce and managing your anger.

The Owner Builder's Companion, compiled by John, Gerry and Justin Archer. An indispensable guide to a range of building jobs.

New fiction is available by Linda Laplante, Robin Cook, Ruth Rendall, Fiona Place, Elizabeth Peters, Lawrence Ferlinghetti and Evan Green.

Bowled Over

CAULFIELD Park Bowling Club ladies bowls section hosted the VLBA State Fours Titles Championship on November 9. The ladies mixed triples on Wednesdays are well attended. There will be a big function on New Year's Eve at the club.

MURRUMBEENA Bowls Club reports that Melbourne Cup was at a high pitch this year. On cup eve, a large number attended a barbecue which was followed by a parade of cup hats designed and modelled by a number of artistic lady members. Some of the hats caused much hilarity and the judge was unable, or perhaps unwilling, to make a decision on the winner and so, very tactfully, awarded a small prize to each entrant. President, Jean Field, organised phantom race calls and other activities with racing flavor so that all present finished the evening with some financial interest in the running of the cup. On cup day, the game of bowls lasted all day with a break for lunch then time out to watch the big race.

GLENHUNTLY Bowls Club social committee, headed by senior vice-president, Alf Rood, was congratulated on the success of the annual visit to Daylesford Bowls Club. About 40 members travelled by bus to Daylesford and after lunch in the clubhouse enjoyed a game of mixed fours. The Stan Bear memorial mixed fours on cup day was won by the team comprising Bob Emmerson, Freda Safkin, Graham Woods and Nancy Dance (skip). This event always provides keen competition as winners' names are recorded on an honor board in the clubhouse. One of the most popular days in the syllabus is the annual Australian Pacific Tours super-veterans day when super-veterans of the club are represented, or play in, a competing rink. Generous and unusual trophies, such as day tours for two, provided by the sponsors for each of the winning rink are appreciated by the club. The winner this year was super-veteran Harry Dawson who teamed with Neil Williams and Ralph Goodwin (skip).

Bike plan on hold

THE COUNCIL has deferred making a decision on a local area strategic bike plan until February.

Speaking at last month's policy and environment committee meeting, Cr Emil Braun said the council supported the concept in principle of a bike plan.

VicRoads has offered the Council \$15,000 to cover half the cost of preparing the bike plan.

However, the Council may lose this funding if the plan is not finished by May next year.

The state government recently released a draft Victorian bicycle strategy, which provided a 10-year framework in the development of bicycle programs and facilities throughout Victoria.

Metropolitan wide linked bike paths are being planned and built, and local government is being

asked to provide local bike paths to access the metropolitan routes.

The strategy proposes that all metropolitan municipalities should have a bike plan within three years.

Director technical services, Mr Noel Wootten, said a considerable workload was involved in preparing a bike plan.

"The Council has officers with the technical and other abilities to produce a plan of the required standard, however the time requirements cannot be met as these would need to be superimposed on normal workloads," Mr Wootten said.

When the bike plan is brought up at the February meeting, the Council will decide whether it has enough funds to meet the remaining costs of the plan.

Contact for children and adults



Above: Children enjoy playing at the Little Kids Contact.

THE LITTLE Kids Contact, which operates as an occasional care centre and playgroup, benefits parents as much as children.

The group operates on Tuesdays, Wednesdays and Thursdays from 9.30am to 11.30am.

Children up to the age of five can attend, and while they take part in organised activity days, the parents are able to make much-needed social contact.

The occasional care members of the group work twice a month on a roster system, then are free to leave their children at the centre any other day.

Playgroup members just enjoy the facilities with their children.

For more details, call Liz Gabb on 578 1128 or Michelle Douglas on 531 5559, or call in at St Clements hall, cnr Nepean Highway and Glenhuntly Rd.

Warning on 'cheap' inground pools

MEMBER for Waverley, Mr Cyril Kennedy, has warned people about rushing in and buying cheap inground pools.

"You could be caught with extras on top of the contract price because the ground is rocky, or on a slope,

or if you want it tiled," he said.

"Don't rush in, get at least three quotes and don't be afraid to ask questions.

"Also check that the company is a member of the Swimming Pool and Spas Association," he said.

PASTEL SOCIETY OF VICTORIA

presents a summer school with Sydney artist

Bob Baird

Caulfield Arts Complex January 7th-11th

Workshop program:

Monday Introduction, slides, still life
Tuesday Outdoor landscape
Wednesday Outdoor landscape
Thursday Portrait, life model
Friday Life model, portrait

Cost: \$125 members and associate members
\$140 non members

Bookings: Send application and deposit to Pastel Society of Victoria, PO Box 467, Eltham, by December 14th.

APPLICATION FORM BOB BAIRD WORKSHOP

NAME: _____

ADDRESS: _____

PHONE: _____

Members \$125.
Deposit of \$25 (cheque) enclosed.

Non-Members \$140.
Deposit of \$40 (cheque) enclosed.
Balance to be paid on first day of workshop.

CARPET CLEANING

LOUNGE HALL & DINING
\$25 (Max. area 250 sq. ft. spoting extra.)
CARPET CLEAN
 NATIONAL 883 7405

CARPENTER

HONEST & RELIABLE. experienced and qualified. Renovations, carpports, pergolas, verandahs, floors, walls, doors and locks. Telephone Russell 596 4549.

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NOLI CLEANING SERVICES
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 includes Shampoo Carpet; Steam Clean; Floor Wash and Polishing.
Phone : 883 0081

CONSULTANT

ALL TAX MATTERS handled by registered agent. Also assets tests and pension problems reviewed. Moderate rates. Will call. Telephone 527 3027.

COURIER

COURIER service for small-medium size packages in Caulfield at a good price. Ph. Mick on 571 1997.

DRESS MAKING

All kinds of alterations done seven days a week. Dressmaking with your own pattern and material. Ring Helen 578 4779.

FENCING

FENCING
 All types of timber paling fences erected
PHONE : 571 0478

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WHOLE paling fences, suitable for firewood. Free including delivery. Ph. 527 9241. Supply and erect paling fences and gates. Also repairs. Ph 527 9241.

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GARDENING

GARDENING. Elsternwick tree and rubbish removal. 10 years experience working for Council Parks and Gardens, fully qualified. Ph: 555 0675 or 570 6794.

GEORGE'S garden service. Lawns mown, edges trimmed, general garden maintenance. Phone 569 0881.

ASPEN

Garden Maintenance
 Lawn mowing garden refuse removed
 General garden service
 For efficient & immaculate service, phone 580 0816 after 5.30pm, ask for Tony.

HANDYMAN

HANDYMAN. Domestic and commercial repairs and maintenance, interior and exterior. No job too small. Call Duncan on 531 6504.

LAWNMOWING



Call your local Jim now on pager. Most jobs completed same day. Gardening, rubbish, landscaping, gutters, trees.
578 6279
 FULL INSURANCE COVER

A BETTER lawn/garden service. Good, reliable and prompt. Phone Paul Kenny 592 0050 (AH) or (018) 373933 anytime.

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QUICK FIX HOME MAINTENANCE
 All domestic repairs, interior & exterior. For a free quote & fast service call now on 018 346 530 or 532 8080

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Home & Commercial Maintenance
NO JOB TOO SMALL
883 7405
 IAN, ALL HOURS

MASSAGE THERAPY

FEELING sore, stiff, tired or stressed after a hard days' work, or preparing for your favourite sports event? Phone Brian on 568 6961 for therapeutic relaxation and sports massage.

PAINTERS

PAINTER/DECORATOR
 Interior and exterior Painting also small general repairs and property maintenance. Member MPA.
 Free Quotes Please ring
528 2805

PAINTER
 Specialising in domestic and commercial painting. Wallpaper stripper, spraypainting, free quotes. Phone Zuri Genish 899 1821.

RUBBISH REMOVAL

GEORGES RUBBISH REMOVAL & TREE LOPPING
 Tree lopping, Tree stumping, Truck hire, Demolition, Free quotes
 Personalised service
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Above: Mobility training is provided free to people with visual impairments.

Mobility training makes your life safer

IF YOU are having difficulty crossing roads, reading signs or even just moving around safely, you may have reached the stage where some form of mobility training would be helpful.

Royal Guide Dogs Association of Australia, based on Chandler Highway in Kew, provides mobility training free of charge to people with visual impairments.

Contrary to popular belief, Royal Guide Dogs does not only provide guide dog training. In fact, a large percentage of mobility programs do not involve dogs.

Mobility training is teaching people who have a visual disability to move around safely and confidently, whether in the home or out on the street.

Mobility training can be as simple as teaching someone to get from their back door to the clothesline. This is called orientation training.

Other services provided by Royal Guide Dogs are long canes, electronic aids used in conjunction with a long cane or guide dog, low vision aids and sight enhancement training for people who have suffered vision loss from a stroke or head injury.

Most training is completed by instructors in and around the person's own home.

If this is not suitable, the association has a residential facility on campus at Kew, where clients can feel relaxed and can concentrate solely on their training.

The campus is set in a delightful garden setting adjacent to the Yarra River.

All accommodation, mobility aids, training and aftercare are provided free of charge to the person.

If you would like further information, call 860 4444.

Don't let your pet suffer with ringworm

EVERYONE, at some time in their lives, has come across ringworm.

But not too many people know what it is. Ringworm is not actually a worm, but a fungal skin infection.

It can infect humans as well as animals and is caught from fungal spores present on other animals, people or from the soil.

The fungus lives in the dead keratin (outside layer) of the skin, hair and claws.

Fungal infection only invades hairs during the growing stages of the hair growth cycle, making young animals and children more liable to become infected than older ones.

Ringworm causes lesions on the skin which can become itchy, yet they should not be scratched.

Most ringworm lesions are circular and between 1-4cm in diameter, but they may be oval or irregular.

Some are raised and red, and others have crusts.

Often they look different because they have been scratched or may have become infected with bacteria.

This can make diagnosis difficult and if you notice these lesions on your pet, you should take it to a veterinarian.

Active ringworm areas should be cleaned thoroughly with PhisoHex or Halamid to prevent infestations.

Wash your own hands with PhisoHex to prevent transferring the infection to yourself after handling your cat or dog.

Use a treatment or ointment on the actual area. There are several products available, including Salicylic Acid, Whitfields Ointment, Tinaderm or Tinacidin and ointments containing miconazole.

Even when any preparations are used, it takes about 21 days for the hairs to grow back.

If lesions are widespread, it will be necessary to use Griseofulvin tablets.

It takes 10 days for the medication to achieve high enough concentrations in the skin layer to start destroying the fungi.

Increasing the amount of fats fed to the animal will help the griseofulvin to be absorbed into the fat layer under the skin more quickly.

Some steps can be taken to prevent your other pets from catching ringworm.

Isolate the infected dog or cat and either sterilise with chlorine or destroy bedding, leashes, brushes and equipment.

Sterilise infected kennels with Halamid or chlorine.

- Information supplied by Caulfield Veterinary Clinic 370 Dandenong Rd Ph 527 7740

CONTACT DIARY

Do you have an event coming up that you would like to publicise? Well this is the place to put it. Contact diary is compiled monthly so if you want to let the community know about any club or society, event, we'll be happy to include it on this page.

Let us know about your activities.

Contact diary
P. O. Box 42, South Caulfield 3162.



U3A Prahran Garden Club will meet at 10.30am on the third Thursday of the month at the parks and gardens depot, Osment St, Armadale. The club organises guest speakers, visits to nurseries, potting up, propagation and general information on gardening. Details, phone Patricia Baitz on 527 5854.

CHADSTONE Community Health Centre will run six evening classes to help couples prepare for the birth of their child. The emphasis is on active birth and topics include preparing for labour, coping techniques and preparing for parenthood. Classes start on January 10 at 6.30pm and are conducted by a community health nurse and physiotherapist. For bookings, phone the duty person on 568 2599.

CAROLS by Candlelight will be conducted at St Margaret's Presbyterian Church, corner of Hotham St and Denman Ave, Balaclava, on Sunday December 20 at 8.30pm. All welcome.

MALVERN Artists' Society will conduct art classes starting on February 4. Morning and evening classes will be held in oils, watercolor and life drawings. Enquiries to 822 7813.

NEIGHBOURHOOD Watch area C66 will hold its final meeting for 1990 on Wednesday December 12 at 7.30pm. The venue is the Glenhantly infant welfare centre, corner of Royal Ave and Rosedale Ave. All welcome.

SOUTHERN Citizen Advocacy will run a free training course soon.

Your ability to handle everyday matters will assist an adult with a disability to participate in community life. A short orientation program begins soon. Call 576 0155 for details.

ENROLMENTS for Murrumbena Kindergarten are still being accepted, although parents are reminded that enrolments should be completed by the June before the year of attendance. For details, call 569 9405.

LABASSA'S Christmas opening will be held on December 16 from 10am to 4.30pm. This will be a day for the whole family, with carol singing and traditional Devonshire teas. Tours of the house are included in the entry fee, which is \$5.50 for adults and \$3 for children. Entrance to Labassa's tower is \$2 adults and \$1 children and concessions. Contact Felicitie Campbell on 523 9228 (bh) or Vicki Shuttleworth on 544 6859 (ah). Labassa is at 2 Manor Grove, Caulfield.

MALVERN Rotaract Club is a group of 18 to 29 year olds who organise a range of social and community activities. They meet on the first and third Wednesday of each month at 1 Winter St, Malvern, at 7.30pm for an 8pm start. For details, contact Malcolm on 894 2601 or Nicki on 885 6389.

THE Over 40s Club Inc will hold dances on December 22, January 12 and January 26. The dances start at 8pm at 675 Centre Rd, East Bentleigh. Cost is members \$4, visitors \$5 (\$1 less with a plate). Further information, contact 563 2486 or 546 8095.

Who can sign documents?

SOME people are unsure who to contact when they need a witness for legal documents.

A new brochure compiled by the City of Caulfield can answer the wide range of queries people have on this topic.

The Magistrates' Court Act 1989 makes many changes to the law concerning who may witness statutory declarations and receive affidavits.

Statutory declarations are used to verify insurance claims, proof of age, applications for sick leave or various types of benefits and for many other day-to-day business or personal matters.

Affidavits are most usually used

in legal proceedings and often deal with complicated matters. Affidavits are made in writing.

Anyone listed to receive affidavits can witness a statutory declaration.

People who make false declarations or affidavits are liable to be punished for perjury.

There is no fee payable for witnessing documents.

A large number of people can witness statutory declarations, including Justices of the Peace, police officers, dentists, chemists and school principals.

For a more detailed list, consult the Resource Guide, which is available from the council.

Ambassador tries a touch of Vienna



Above: Mel and Betty Sembler sample Mrs Insel's Viennese chocolates.

Drivers pay the price

PARKING fines have been increased in the City of Caulfield.

Offences such as parking in a space reserved for disabled drivers only, double parking, parking in a clearway or within 18m of a school crossing now carry a \$60 penalty.

Other offences in that category include parking in an intersection or within 9m of an intersection, parking in the approach or departure side of a bus stop, or parking within 9m of a pedestrian crossing.

Offences such as parking on a nature strip, over private driveways, in a no standing any time or no parking area now carry a \$40 penalty.

The council's director human services, Mr Barry Boyle, said more realistic parking fines would discourage people from breaching parking laws and putting other people's lives at risk.

He said regulations were very strict about who could park in disabled parking spots, but a few thoughtless people continued to disregard these rules and break the law.

US ambassador Mel Sembler and his wife Betty visited Montefiore Homes' St Kilda Rd complex last month.

During their two-hour tour, the US visitors inspected residential, nursing and day care facilities and chatted with many of Montefiore's residents along the way.

Their first call was to meet Mrs Hildegard Insel, a resident at the

home, where they were welcomed with Mrs Insel's favourite brand of Viennese chocolates.

Meanwhile, Montefiore Homes board member, Herbert Almus, retired from active duty after 20 years' service.

And Charles Lux has been appointed a life governor of the home. Mr Lux is a past president of Montefiore.

CAULFIELD CONTACT

CAULFIELD CONTACT IS COMPILED FOR THE RESIDENTS OF THE CITY OF CAULFIELD. ARTICLES OF INTEREST ARE REGULARLY SUBMITTED FROM MEMBERS OF THE COMMUNITY AND THE PAPER ENCOURAGES THIS. HOWEVER, AT TIMES, DUE TO LACK OF EDITORIAL SPACE, WE ARE UNABLE TO USE THESE ARTICLES. IF YOU WOULD LIKE TO SEND IN AN ARTICLE AND ACCOMPANYING PHOTO, PLEASE ADDRESS AS FOLLOWS:

ROSA FRASSONI
EDITOR
CAULFIELD CONTACT
CAULFIELD CITY HALL
P.O. BOX 42
SOUTH CAULFIELD 3162

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