

# CONTACT

M O N T H L Y

A monthly publication produced by the Caulfield Council for the residents of the City.



Vol 17 No 8 September 1991

## Tough financial times ahead

CAULFIELD Council received a financial blow when this year's grant from the Federal Government was decreased in real terms.

Caulfield has received \$1.21 million this year, compared with \$1.16 million in 1990/91.

Although this represents an increase of 3.9 per cent, it is under the estimated inflation rate of 5 per cent.

Caulfield's Mayor, Cr Veronika Martens, said Caulfield's grant was the minimum amount the Grants Commission was allowed to provide to councils.

She questioned the fairness of the grant distribution system, saying Caulfield (population 70,000) received \$908,000 in general revenue and \$305,000 for roads, while Collingwood (population 13,500)

received \$956,000 in general revenue and \$96,000 for roads.

Cr Martens warned that Caulfield might need to trim its services or increase its rates if governments insisted on cutting grants.

She said Government funding cuts were a sign of hard times ahead for Caulfield and the Council would have problems continuing the present level of services.

"Caulfield has had to bear the brunt of State Government inefficiency and, as usual, it will be the ratepayers who are hardest hit," Cr Martens said.

"This year we will try our hardest not to drastically cut some services. It will not be an easy task and we will need to streamline some operations to achieve that goal."

The Council's director human

services, Mr Barry Boyle, said Caulfield acted as an agency for a number of State Government programs, such as specific and general home care and home maintenance.

He said state and federal governments had the responsibility to fund 80 per cent of these programs on a shared basis, but the Victorian Government would not meet its share.

"The State budget only provides for an 8 per cent increase in funding for the programs and consequently, the Federal Government will reduce its already allocated 12.3 per cent to match the State contribution.

"This, in fact, is only a 4 per cent increase for local government, which in real terms means a reduction in the level of services that

can be provided. Local government should not be forced into this position.

"If we don't cut the services, we may need to increase rates, to make up the shortfall."

Chief executive officer, Mr Doug Ayles, said the State Government's financial woes had virtually guaranteed that certain councils, such as Caulfield, would not receive the funding they deserved.

Meanwhile, the Victoria Grants Commission has told a group of councils, including Caulfield, that its fiscal equalisation scheme for distributing Federal funding is designed to help more disadvantaged councils.

VGC spokesman, Mr Ian Pawsey, said the funding was not designed

● Continued P2

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Neighbourhood Watch under threat - see P5

## Madam Mayor Martens earns top job



Above: Madam Mayor Martens is congratulated by her husband, Mr Ted Martens.

CR Veronika Martens is Caulfield's new Mayor.

Cr Martens, who represents the east ward, was elected to the position at the Council's statutory meeting on August 6.

Cr James Barrett was appointed deputy mayor.

Cr Martens is Caulfield's 61st Mayor and the third woman to take on the Council's top job.

Accepting the position, Cr Martens said she was proud to be elected.

"I will be available to all people who want to directly contact the Mayor," she said.

"It is my intention to streamline the Council and ensure we remain at the forefront this year."

Cr Martens is married with one son and has lived in Murrumbidgee for many years. She has been an

east ward councillor since 1986.

As deputy mayor, Cr Barrett will assist the Mayor to chair meetings, communicate with the media, attend social functions, lead Council deputations and assist the Mayor when required.

Cr Barrett was recently reelected to the south ward.

● See P3 for a report on Caulfield's new councillors

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P.2. Recognition Red Cross People - contact BS





**News in Brief**

**Committee resigns**

CAULFIELD Council is investigating the financial status of Murrumbena Park's committee of management.

Chief executive officer, Mr Doug Aylen, said the Council became concerned about the park's finances and held a special audit, which showed some accounting difficulties and recommended internal control measures.

"In light of the problems, the Murrumbena Park committee of management has stepped down to enable the Council to put in a special group to manage the park and establish a sound financial base for the future," Mr Aylen said.

"The Council believes it should be directly involved in stabilising the situation for the next 12 months.

"Cr Ed Biggs will be chairman of the group and Cr David Spencer will assist him. Some members of the previous committee of management have been appointed to key positions and all major tenants of the park are represented on the group."

Mr Aylen stressed the Council did not doubt the integrity of Murrumbena Park's recently resigned committee of management.

**Montessori to extend**  
CAULFIELD Montessori Primary School has been given permission to extend its facilities in two stages.

Stage one will involve extending two classrooms and adding a new classroom. Stage two will consist of converting the buildings fronting Roselea St into administration and one classroom.

The school will fund the development with a \$90,000 Federal Government grant.

**Office development**

A WAREHOUSE at 338 Neerim Rd is to be developed as a two-storey office building with a basement carpark.

Caulfield Council recently gave the developer permission to proceed with the project, describing it

as attractive and well-designed.

Residents expressed concerns that the carpark would attract vandals and prowlers, however the carpark will be locked outside business hours.

**Sushi on the menu**

A JAPANESE restaurant will be established at 580 Glen Huntly Rd, Elsternwick.

Caulfield Council recently issued a planning permit for the restaurant, which will comprise a small eating area for 30 people and a sushi bar at the back to cater for takeaway orders.

The proposed hours are 11am-11pm, seven days a week.

**Restaurant to open**

A NEW restaurant will open in Caulfield this month.

Called Miller's Grill, the restaurant will be located on the corner of Hawthorn and Inkerman Rds, opposite Caulfield Park.

Miller's Grill will be a family restaurant and will focus on weekend sport enthusiasts, who use Caulfield Park.

**Knitting raises funds for nursing home**



HOURS of handiwork paid off recently when Rosstown Court residents presented Caulfield Cr Geoff Patience with a \$1500 cheque. The money has been donated to Spurway Nursing Home and will be spent on new equipment. Rosstown Court resident, Mrs Lil Hoggarth, (pictured above with Cr Patience) said the money had been raised through raffles and the sale of residents' handiwork.

**Council adopts policy on non-residential uses**

A POLICY dealing with non-residential uses in residential zones has been adopted by Caulfield Council.

The policy, which was on display at the Council offices for two months, was adopted last month after only three people commented on it.

The Council's assistant manager planning, Ms Lyn Spiller, said the policy was adopted because Caulfield was mainly a residential municipality and badly sited or controlled non-residential uses could upset the city's residential amenity.

The policy will act as a guide for people applying for permits for medical centres, child care centres, veterinary surgeries, nursing and special accommodation homes and other non-residential uses that are permitted in residential areas.

**'No' to 1am closing**

CAULFIELD Council has objected to an application from Hoyts Corporation to extend the closing time of its cinemas at Chadstone Shopping Centre to 1am.

Mayor, Cr Veronika Martens, said the current midnight closing time was fair and a later hour would be inappropriate.

Hoyts applied to Malvern Council for the extension and Malvern asked for Caulfield's comments.

Cr Martens said cars leaving the cinemas at 1am would disturb Caulfield residents living near Chadstone.

"The Council considers the midnight closing time to be a fair

compromise between Hoyts, which caters for late-night movie-goers and nearby residents, who are entitled to their sleep without numerous cars driving through their area at 1am," Cr Martens said.

"Residents deserve to have a reasonable quality of life and Caulfield Council intends to help them achieve this, by objecting to proposals such as the one before Malvern at the moment."

Malvern Council will hear Hoyts' application in October.

People wanting to know more about the application can phone Malvern Council's town planning department on 823 1209.

**Tough financial times ahead**

● From P1

to provide a reward for councils that provided above standard services.

"It's not designed to help councils that are able to cope with their own problems," he said.

Caulfield is one of 14 metropolitan councils that has called for a public inquiry into the way the VGC distributes its funds.

The group of councils says it has lost \$7.5 million in real terms through decreasing allocations since 1986/87.

Mr Pawsey told the group he sympathised with councils wanting to increase their share of the grant, but the VGC had no more money to give.

"We have a very difficult task to work out who gets what," Mr Pawsey said.

He said the VGC looked at councils' annual expenditure, their ability to meet those costs and also at valuations when determining the grants. Mr Pawsey said some councils' abilities to meet the required revenue was above their expendi-

ture assessment.

The councils that have called for the inquiry fit into this category.

Mr Pawsey said that fact that some areas were asset-rich but income-poor was not a consideration.

"We are giving money to councils, not to people.

"If people are not able to afford their rates, they will move elsewhere and someone else with money will move in to pay the rates," he said.

"Although people living in the area may be poor and on low incomes, they are renting premises from people who pay the rates so the revenue is unchanged."

Mr Pawsey said the VGC had considered taking household incomes into account when determining grants, but the available data was extremely unreliable.

He said the commission followed principles laid down by the Federal Government when it made allocations.

"We have a very open process."

**Ramat Gan looking for exchange**

CAULFIELD Council would like to hear from any group or organisation wanting to start a cultural exchange with Ramat Gan in Israel.

Ramat Gan is a city council in the Tel Aviv area and is interested in developing links with Caulfield.

Those links initially would include contact between schools, exchange of children's paintings, photography, children's orchestras, pen pals, home hospitality and

exchange of adult missions.

Organisations do not need to be Jewish to participate in the exchange.

Ramat Gan was a major victim of Iraqi Scud missile attacks, which damaged nearly 3000 homes and injured 200 people.

Caulfield Council will provide administrative support to any organisations wanting to establish a cultural exchange with Ramat Gan. For more information, contact Ian Robb on 524 3202.

**Nominations open for award**

NOMINATIONS are being sought for Caulfield Council's 1992 Community Services Recognition Scheme.

The scheme was established in 1989 to publicly thank dedicated volunteers who work in the Caulfield community.

At a special ceremony each year, people who have given many hours of their valuable time and effort to

the community are presented with a certificate and badge by the Mayor to recognise their contribution.

The ceremony is planned for June next year. Any group or organisation wanting to nominate people for this award should contact Mrs Val Corby, human services division, on 524 3228.

Nominations close on November 29, 1991.



**CITY HALL**

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- Rates** 524 3215
- Human Services** 524 3228
- Traffic & By-Laws** 524 3216
- Engineering** 524 3240
- Town Planning** 524 3374
- Traffic Engin.** 524 3324
- Building** 524 3201





# New faces in Caulfield Council

CR James Barrett was returned to Caulfield's south ward on August 3 after he beat candidate Mr David Drinkwater by 975 votes.

A total of 7278 residents turned out to vote in the south ward, which was the only ward to conduct an election.

Cr Barrett received 3783 votes, while Mr Drinkwater received 2808 votes. Informal votes numbered 697.

Cr David Spencer (east ward) was returned unopposed while new councillors David Michelson (north ward) and Alan Grossbard (west ward) were elected unopposed.

Cr Grossbard lives in Caulfield South with his wife and two children.

An active family man, Cr Grossbard said he had been a dedicated communal worker in Caulfield for many years.

He is well qualified in financial and resource management, having a master of business administration and a wide range of practical experience.

Cr Grossbard said there had to be tight management of the Council's finances and he would carefully scrutinise any proposed rate increase.

As manager, consumer communications for the State Electricity Commission, Cr Grossbard said he was well aware that residents needed to be continuously informed.

He said Caulfield had to retain its residential environment, heritage and parklands.

"I will ensure that the Elsternwick-Gardenvale neighbourhood park and Caulfield bike plans are developed," he said.

"Property values must be preserved. I will oppose excessive commercial developments which have a detrimental effect on residential areas."

Having reared and schooled his children in the west ward, Cr Grossbard recognised the need for family services to be upgraded.

"Of course, welfare services must also be continued and improved, particularly services for pensioners and elderly citizens," he said.

Cr Michelson was educated at Caulfield Grammar School and passed his higher school certificate in 1981.

After studying overseas for a year, he returned to Australia where he worked in a youth group and continued his studies.

In 1986, Cr Michelson joined the Victorian police force. He was posted to several different branches before being stationed at Caulfield in 1988.

His position at Caulfield includes pro-active police programs such as Neighbourhood Watch and blue light discos. He is often required to talk to community groups on police matters.

Cr Michelson has always had a keen interest in local government.

He is a strong believer in open council and says all councillors should be approachable.

He is an independent councillor with no ties to any political party.

"I have strong views on road safety and upgrading of local services such as parks, libraries and health services," Cr Michelson said.

"I hope in the next three years to be able to serve residents in an effort to make the already wonderful Caulfield even better."

Cr Spencer, who is married and a father of four, has represented the east ward as an independent councillor for six years.

He is a senior science teacher at Murrumbeena Secondary College, president of Packer Park committee of management, a Neighbourhood Watch zone leader, secretary of Caulfield Heritage Watch, a member of St Giles Uniting Church, Carnegie Progress Association and Caulfield Residents Association.

Cr Spencer has always actively supported east ward residents and enlisted Council support to relocate Murrumbeena Kindergarten.

He has helped many residents with Council matters and has helped them maintain their residential amenity.

He is pushing for an extensive tree replanting plan, involving residents, for Murrumbeena and



Cr Spencer

Koorngang Parks.

"Public awareness and involvement is needed in Council decision making," Cr Spencer said.

"Communication is the key for good representation."

Cr Spencer said he looked forward to the challenge of another term and thanked the residents of Murrumbeena and Carnegie for their confidence in him.

Cr Barrett said he would like to thank south ward residents for their faith in him, after his recent reelection.

"It was gratifying to achieve an increased majority," he said.

"I also extend my thanks to the many residents who delivered my letters, displayed my signs and helped during the course of the election."



Cr Barrett

Cr Barrett said residents might be interested to know it cost Caulfield Council about \$20,000 to run an election, taking into account publicity, printing and staff costs for polling booths.

Candidates pay the cost of their own campaigns.

"I deem it an honor to be elected by my peers as your deputy mayor this year," Cr Barrett said.

"I look forward to serving the community for a further three years and finishing a number of projects I have started.

"In these difficult economic times, it is not going to be an easy task."

Cr Barrett said that, as an independent councillor, he would continue to represent the residents in Caulfield Council. He can be contacted by phoning 570 1551.



Cr Alan Grossbard (left) and Cr David Michelson (right) are sworn in at Caulfield Council's statutory meeting.

## Incinerator use banned in City

CAULFIELD Council has banned the use of incinerators in the municipality.

Mayor, Cr Veronika Martens, said the Council's decision was backed by the Environment Protection Authority.

"Poor air quality in greater Melbourne is caused, to some extent, by smoke from backyard burning," Cr Martens said.

"The smoke also creates a health hazard and I am happy to see Caulfield has taken steps to reduce this."

Caulfield joins the long list of councils that have banned the use of incinerators.

Box Hill, Brunswick, Chelsea, Kew, Melton, Mordialloc, St Kilda and Williamstown councils implemented the bans last year.

The ban is part of Caulfield Council's local law, which was adopted last month.

Residents are allowed to use their incinerators only if they have a council permit.

A permit is not necessary for barbecues.

Residents who break the law can be fined \$500 for the first offence and \$100 a day for each day after that.

## Traffic management gets the green light

CAULFIELD Council has approved a traffic management scheme for local area no 21.

The Council recently gave the go-ahead for the scheme, which has been designed to discourage through traffic, reduce traffic speeds and improve traffic safety in the area bound by Glen Eira Rd, Orrong Rd, Glen Huntly Rd, Elsternwick railway line and Hotham St.

The scheme has been prepared in line with the Council's adopted local area approach to traffic management. It has been designed to improve residential amenity and traffic safety without causing unnecessary loss of local mobility or redistribution of traffic.

Council officers recently finished a comprehensive survey of the area to obtain residents' views

on the proposed plan.

Just more than 12 per cent of residents commented on the proposal, with 83.5 per cent supporting it, 8.7 per cent opposing it and 7.8 per cent remaining neutral.

The Council's senior transportation engineer, Mr Robert Stainforth, said the works would include splitter islands and raised pavement slow points to reduce traffic speeds and decrease the potential for accidents.

"Some residents were concerned with the effect of the proposed scheme on the aesthetic nature of the area," Mr Stainforth said.

"However, Council staff will liaise with residents in the area to ensure the streetscape qualities are maintained and enhanced where possible."

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## Residents warned to lock their windows

POLICE are urging residents to ensure their house windows are locked.

Their advice follows an increasing number of local robberies where burglars have gained entry through unlocked windows, particularly in toilets and kitchens.

According to a newsletter distributed by Neighbourhood Watch area C81, slim burglars aged between 15 and 45 are able to edge their way through small openings and ransack houses, even when residents are asleep in other rooms.

"It is common for more folk to be sleeping when robberies are committed," the newsletter said.

"It's not only older folk who are breaking into homes, but teenagers looking for ways to pay for drug habits.

"Don't leave windows unlocked in your house, car and garage. Lock up even when you are in the house. The front can be robbed

while you are at the rear."

★ ★ ★

PETER Baitz has been elected Neighbourhood Watch area C81 coordinator for the next year, with Stan Marks as deputy.

If you want to know which zone you are in, contact:

Bealiba Rd, Arie Borgen (571 7419); Bokhara Rd, Gary Bakwell (578 2042); Burrindi Rd, Michael Richtman (578 5250); Marara Rd, Abe Estraich (578 4588); Bundeera Rd, Suzanne Diviny (578 4486); Curraweena Rd, Peter Baitz (578 3795); Olinda St, Marjorie Ponsford (578 1038); Trevascus St, Jill Walters (578 0321); Rotorua St, Peggy Matthews (578 7475); Remuera St, Len Bron (578 2368); Bambra Rd, Stan Marks (578 6697); Spring Rd - west, Leonie Israel (578 8806); Spring Rd - east, John Thompson (578 6506); Scott and Narrawong Sts, Elaine Paul (578 1915).

## Tree clean-up after cypress falls



Above: Lyn Hannan inspects the cypress, which split and fell on a windy day. The cypress is similar to those which were removed from Koornang, Murrumbeena and Lord Parks.

COUNCIL workers recently removed a cypress tree which split

in half and crashed to the ground in Caulfield Park, taking limbs from a neighbouring tree as it fell.

The tree, which is estimated to be at least 70 years old, is similar to ones which were removed from Koornang, Murrumbeena and Lord Parks a few months ago because they posed a risk to public safety.

The Council's urban designer, Ms Lyn Hannan, said the cypress was a victim of old age, disease, growth habit and a windy day.

After high winds and storms, it is not unusual for the Council to

clean up broken or fallen branches. Large, old cypress trees are among the main storm victims.

While the Caulfield Park incident did not damage any property, it reinforced the Council's decision to remove cypress trees from other parks where they had deteriorated with age and disease.

"It is likely that, if the Council had not removed those trees, some would have suffered a similar fate to the one in Caulfield Park," Ms Hannan said. "It is fortunate the trees were removed at that time."

## Ty Eyre charity fund raises money for cancer equipment

LOCAL police stations are taking donations for the Ty Eyre charity fund, which was set up in the memory of Constables Steven Tynan and Damien Eyre, who were killed in South Yarra on October 12, 1988.

All money raised through the fund will go towards the purchase of a magnetic resonance imaging unit for the Alfred Hospital.

The MRI is an essential medical

tool in the fight against cancer and will be housed in the Tynan and Eyre police diagnostic centre, which is to be built next year.

The MRI is a new method of imaging portions of the human body. It is safer than existing methods of imaging because it does not use radiation.

All donations of \$2 or more are tax deductible and can be lodged at any police station.



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### Tuesday 15th October - FAMILIES UNDER PRESSURE

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- The working parent(s)
- Family & Career
- Family & Crisis

FINANCIAL PRESSURES

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- Budgeting
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### Tuesday 22nd October - FAMILY TIES: Relationships

WITH CHILDREN IN THE FAMILY

- Parenting styles: autocratic / permissive / loving leadership
- Issues of discipline
- Teenagers, children and peer pressures

WITH ADULTS IN THE FAMILY

- Relationships with your partner - When your partner fails you / When you fail your partner
- Relationships without a partner (the sole/single parent)
- Handling In-laws

### Tuesday 29th October - FAMILY & FUTURE HOPES

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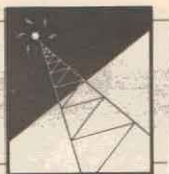
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## Jess Emily has Sweet Dreams



Above: Jess Emily Baker makes sure her pony, Sweet Dreams, doesn't step out of line.

JESS Emily Baker may be only four years old, but she has no trouble showing her pony, Sweet Dreams, who is boss.

Jess Emily is a member of the Caulfield and District Horse and Pony Club, which meets once a month.

The club is open to youngsters up to the age of 21 and its main aim is to teach its members how to enjoy their horses.

Jess Emily has been riding since she was a baby and has grown up with Sweet Dreams.

Club secretary, Mrs Joan Preston, said the club had been established for 34 years and had 25 members.

The club meets on the first Sunday of every month at the Packer Park reserve, Leila Rd, Murrumbena.

Mrs Preston said the club was eager to hear from past dressage

champions interested in spending 1-2 hours a month with some club members.

"A few of our members are showing a lot of potential and it would be great for them to have contact with a champion in the horsemanship field, someone who has reached State level or even further," she said.

Call Mrs Preston on 546 1611 for more information.

## Neighbourhood Watch in jeopardy

A NEIGHBOURHOOD Watch area in North Caulfield will disband unless it receives immediate community support.

A meeting for area C70 has been organised for September 9. If an area coordinator can't be found, the Neighbourhood Watch scheme will close after five years' operation.

If this happens, it will be the first in Victoria to disband.

Police Sergeant Ernie Paxton, from the C District Neighbourhood Watch team, questioned whether North Caulfield residents were interested in crimes in their neighbourhood.

"The current level of crime in the area is disturbing," he said.

"When the area was launched five years ago, the enthusiasm shown by residents was encouraging and revealed they were ready to play their role in crime prevention.

"Now they are prepared to sit back, allow others to do the caring in their community and forget that they were once willing to lend a hand.

"Complacency will ensure the ultimate collapse of the Neighbourhood Watch program and its objectives."

The special meeting to find an area coordinator for C70 will be held at St Stephen's Uniting Church hall, 158 Balaclava Rd, Caulfield, at 7.30pm on September 9.

Sgt Paxton will chair the meeting.

Local resident and Neighbourhood Watch supporter, Mr John Webb, said that if the program closed down, security in the area would deteriorate and benefits such as discounts on insurance would be lost.

"Neighbourhood Watch is primarily the concern of residents in the area and not a duty of our already overworked police, as some people seem to think," he said.

"I urge residents of area C70 to give some serious thought to this matter and particularly as to whether they could assist as volunteers.

"Some tenants may think there is little point in becoming involved in Neighbourhood Watch because they do not own the property where they live.

"But some of our most willing volunteers in the past have been tenants."

C70 is bound by Hawthorn Rd, Alma Rd, Balaclava Rd and Kooyong Rd.

### SMOKE DETECTORS

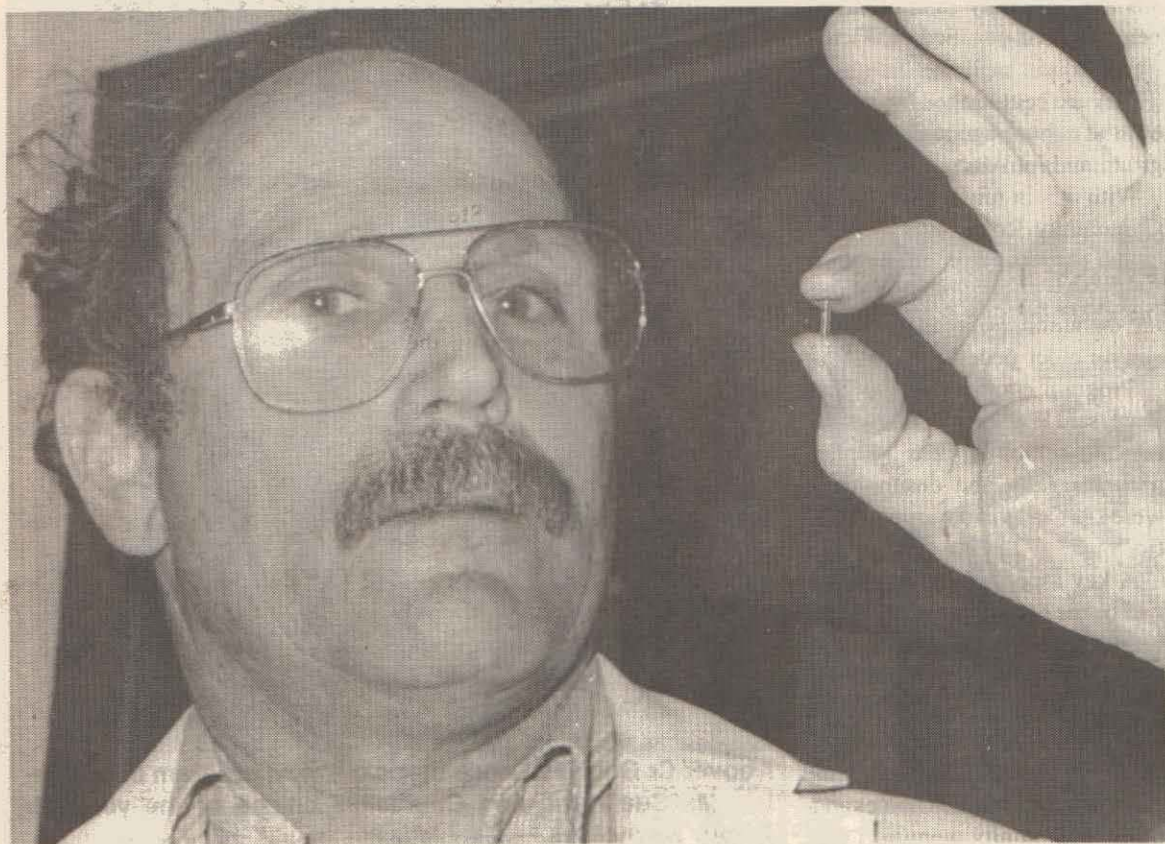
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name, address, phone number and health requirements.

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## Meals-on-wheels needs more Marys

AT the age of 86, Mrs Mary Cutler should probably receive meals-on-wheels, not deliver them.

But the spritely octogenarian, who delivers meals twice a week, has been a voluntary worker at Caulfield meals-on-wheels for 25 years and has no intention of giving it away.

"I'll deliver meals for as long as my feet work," she said.

"It's given me so much pleasure and I have made so many friends."

Mrs Cutler is generally at the Caulfield meals-on-wheels kitchen by 10.30am so she can deliver meals to those unable to cook for themselves.

In her younger days (she started delivering meals at the age of 61), Mrs Cutler worked five days a week.

However, as time passed, she cut her days back to three a week, then two.

Mrs Cutler does not drive herself. She works as a jockey and has had a few different drivers over the years.

Mrs Cutler said the voluntary work was fulfilling because the meal recipients looked forward to the visit.

"Sometimes, we are the only people they get to talk to all day," she said.

"Quite often they have other little jobs for you to do, like helping them do up a necklace or taking the lid off a tin.

"Working for meals-on-wheels has given me a lot of pleasure. It has also given me motivation to get up and get dressed in the mornings, instead of just sitting around."

Surprisingly, Mrs Cutler is not the oldest volunteer. Mr Reg McConachy, who works as a driver, is 87.

"There are a lot of older people delivering meals, but it's something that young people can do as well," Mrs Cutler said.

The Caulfield kitchen makes about 20,000 meals a month.

Of these, about 350 meals are delivered daily to people living in private homes around Caulfield.

The rest of the meals are dropped



Above: Mrs Mary Cutler believes in service with a smile when she delivers meals-on-wheels.

off at elderly citizens' centres and homes.

About 30 volunteers are needed every day to deliver meals to private homes.

Food services supervisor, Mr Ross Moraes, said volunteer numbers were down at the moment because some people were on holidays.

"Some of our volunteers have had to come in more frequently to make up the shortfall," he said.

As well as getting five free litres of petrol every time they use their cars to deliver meals, volunteers receive a hot lunch after they finish their deliveries.

Anyone who has two hours a day to spare can phone Mr Don West on 524 3303.

Mr West is keen to hear from all potential volunteers, even those who can deliver only occasionally.

## Tree course for Caulfield farmers

FARMERS living in the Caulfield area are now able to study how to make money from farm trees.

A 12-lecture course titled *Farm Trees for Profit* will be held at Glen Huntly Park pavilion every fortnight from September 30.

Course organiser, Mr Geoff Wilson, is executive director of the International Tree Crops Institute, which has its world headquarters in Glen Huntly.

Mr Wilson said an estimated 10,000 Melburnians had investment interests in rural properties in Victoria.

"Many of these landowners are keen to plant trees for shade and shelter for crops and livestock and to control soil erosion.

"Our lecture courses go further into multi-purpose tree planting that not only provides sound landcare, but also makes money from a wide range of tree species and produce," Mr Wilson said.

The lecture series is supported by the farm trees group of the Victorian Farmers' Federation. For more details, call 571 6475.

## Studio available for writer/painter

THE Bezael Fellowship of the Arts now occupies two rooms at Caulfield City Hall. One room is a permanent base for Bezael, while the other is a small studio for an artist-in-residence.

People interested in using the studio can apply by writing to Bezael Studio, c/- PO Box 344, Toorak, 3142. They should state an expression of interest and include an up-to-date curriculum vitae.

The studio will be offered initially for three months and would suit a painter, graphic artist, writer, musician or chamber music group.

The room is open to all arts disciplines.

## Diabetes op shop on the move

AFTER 10 years of operation, the International Diabetes Institute's opportunity shop has relocated to 798 Glen Huntly Rd, Caulfield South. The shop, which has donated \$200,000 to the institute, was previously located at 785 Glen Huntly Rd.

The donated funds have supported a wide variety of treatment and research projects at the institute, including the diabetes complications register. Diabetes affects an estimated 500,000 Australians.

## Walk with care and survive your trip

CROSSING the road seems to get harder as people get older.

Their eyesight and hearing might not be as good as they once were, traffic moves faster and elderly people move more slowly.

Three main groups of pedestrians are especially susceptible to being injured or killed on Victorian roads.

They are people aged more than 60, the school age and teenager group and intoxicated people.

With this in mind, the Bayside Community Road Safety Council has launched a program called Walk With Care, aimed at reducing the number of road accidents among older pedestrians.

Program coordinator, Ms Sue Hunt, said Walk With Care would educate senior citizens to plan trips carefully and ensure they were alert and visible around traffic.

A key aspect of the campaign will be the establishment of a volunteer network to promote the road safety message in Caulfield.

"Trained leaders will run informal discussion groups amongst the over 60s at elderly citizens clubs, accommodation homes and other community venues," she said.

"As most pedestrian accidents amongst the elderly occur within 1km of the victim's home, the use of local leaders will ensure that discussions are relevant to neighbourhood road conditions and local trouble spots."

The sessions will involve the use of a video, brochures, discus-



Above: Cr Geoff Patience steps out with program coordinator, Ms Sue Hunt, and Caulfield's citizen of the year, Mr Arthur Reynolds.

sion prints, slides, posters, local area maps and survey sheets.

Ms Hunt said that, for older citizens, walking meant independence, health, pleasure and exercise.

"By adopting safe pedestrian habits discussed in the Walk With Care program, senior citizens will benefit from improved confidence and mobility when out and about."

Anyone wanting to become a trainer can contact Kathy Brown at the Bayside Community Road Safety Council, 598 Lygon St, Carlton, 3053.

Elderly citizens groups wanting to organise a Walk With Care education session can contact Sue Hunt or Vivienne Sullivan by phoning 523 6666.



## DID YOU KNOW

The Home Renovation Advisory Program is a free home inspection service available to all elderly home owners and those with a disabled family member.

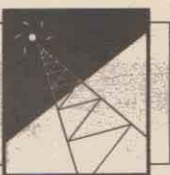
Qualified inspectors provide advice on repairs or renovations to your home. On completion of the inspection, you will receive a free written report detailing the work needed and an estimate of the cost of repairs or renovation.

For further information, please contact Caulfield Citizens' Advice Bureau, 256 Hawthorn Rd, Caulfield, or phone 524 3200 or 524 3272.

The CAB is open weekdays from 9.30am-3.30pm.

A legal advice service operates each Wednesday from 7pm-9pm. Appointments are essential.





## Magic brings smiles to young faces



Above: Five-year-old Sherard Fogarty was only too happy to help out Ron the Clown during the magician's recent performance at Caulfield Children's Centre. Ron the Clown entertained youngsters aged between two and five with his magic tricks, balloons and jokes.

## Future of safety house questioned

THE future of the safety house program in Caulfield is being threatened by lack of community involvement.

Holy Cross and Caulfield Primary safety house committee secretary, Mrs Geraldine Soumilas, said almost half of Caulfield's nine committees had closed during the past three years, leaving large parts of the municipality uncovered by the program.

"From the horrific events of recent times involving the disappearance of and assaults on children, it is obvious that a program such as safety house is desperately needed," Mrs Soumilas said.

"Statistics are available to show that a child is less likely to be approached in a safety house area."

The safety house program involves the establishment of "safe" houses which children can run to if they have trouble on their way to or from school.

These establishments can be private houses, offices or shops. All safety houses display a recognised sign and are regularly monitored to ensure they remain safe.

"Safety houses are used when children are molested or approached by strangers, bullied by older children, when they are lost or frightened by animals, when they are injured or ill and in cases of child abuse," Mrs Soumilas said.

"We firmly believe the program helps keep our streets safer for our children."

Mrs Soumilas urged people to consider assisting the program.

"Retired people, mothers at home with young children, local businesses or anyone else who thinks they may be able to assist the program in some way, either by offering a safety house or by helping with the program's administration, can contact either their local school or myself on 571 4362."

## Photography hobby earns major award



Ted Terry

CAULFIELD resident, Mr Ted Terry, will receive the exceptional service award (Australian Photographic Society) this month.

Mr Terry will travel to Queensland to receive the award, which he received for his outstanding services to photography.

Mr Terry's interest in photography has included voluntary lecturing in schools and organising school competitions and displays.

He has raised money for Car-

negie Lions Club through exhibitions and sales of his work, he has shown his slides in elderly citizens clubs and nursing homes around Melbourne and he has judged national and international competitions, which have taken his time and resources.

As well, Mr Terry is vice president of Red Hill Camera Club.

The ESAPS award is the highest level of photography to be achieved in Australia.

"My love of photography has been an excellent example of returning the pleasures I receive from my hobby to using my talents for services to the community," Mr Terry said.

## New home for toy library



SIX-month-old Debi Reisner was one of the first customers to Caulfield Community Toy Library when it moved into its new premises at 258 Hawthorn Rd, Caulfield. Call Rhonda Parton on 571 9681.

## Barefoot is better

### Parents and children column

THE longer parents can put off buying shoes for their children, the better.

Babies need to feel their bare feet. They need to explore with their bare feet and to push off with their bare toes, as they slide along the floor on their stomachs.

As babies begin to pull themselves up into a standing position, and walk sideways around furniture, they need to be able to spread their toes and learn the difficult task of balancing.

Later activities, like walking, running, jumping and climbing are all better with bare feet.

Shoes do little to help the function of the feet, but they do protect the feet from injury, cold and heat.

When buying shoes for their children, parents should ensure that:

- The shoes allow a position of the foot resembling the bare foot.
- The shoes are long enough, wide enough and deep enough to allow room for wriggling toes.
- The shoes are secure at the heel

and have low heels.

- Sandals are filled in at the heel and have adjustable straps to give a firm hold at the heel.

- Socks are big enough but not too bulky, so they do not cramp the toes. Socks with wool or cotton blend are better than nylon ones, because they allow the normal perspiration of the foot to be absorbed.

Parents should remember that expensive shoes are not necessary.

Cheaper shoes or sneakers bought more often to cater for growing feet are better.

Ankle boots are not necessary, unless recommended by a doctor or physiotherapist.

If babies wear jumpsuits, parents should not forget that as they grow and move, their toes will become cramped if their suits are not long enough.

Old jumpsuits can be used if the feet are cut out of them.

- Information supplied by Physiotherapy Services, Health Commission of Victoria.

IMPORTANT MESSAGE

Caulfield's Heritage Study

PRICE CRASH

For a limited time only!

Boxed 4-volume sets were \$30  
NOW only \$15

Single volumes were \$7  
NOW only \$3

Copies can be purchased from the cashier  
at City Hall  
or by phoning 524 3384,  
524 3259.





**ENERGY costs are increasing all the time, so it makes sense to use energy wisely. There are many steps people can take to reduce the amount of energy they use, without sacrificing their lifestyle. This information has been provided by the Energy Information Centre. Please note the information relates to a "typical" household and individual households will vary.**

## The Living Room

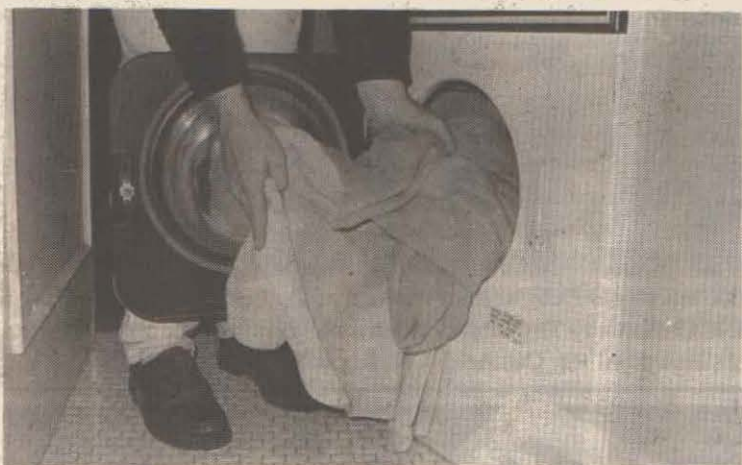
*can cost more than \$293 or as little as \$57 per winter quarter.*

### You can save on these costs if you:

- Put in ceiling insulation
- Block off the open fireplace to stop warm air going up the chimney
- Seal gaps around doors and windows to stop draughts (Note: Condensation problems may occur if you seal up all the gaps and vents in an uninsulated home, so it's best to insulate first)
- Keep all doors to unheated areas closed
- Use the heater on a lower thermostat setting
- If installing a gas heater, choose an energy efficient model. Some are up to 40 per cent cheaper to run
- By converting your off-peak hot water system to New Dimension Electric, your off-peak space heating can qualify for a 17 per cent cheaper rate
- Regularly maintain the heater
- Change to more efficient lighting by replacing 60 watt globes with 40 watt globes and installing fluorescent lamps

### You spend more if you:

- Leave the heater on 24 hours a day
- Leave windows open while the heater is on
- Heat an area twice as large for eight hours a day
- Raise the thermostat setting by 1deg C
- Leave curtains open at night (costs about 85c a sq/m of glass)
- Use central heating eight hours a day (but this heats a much larger area and saves heating costs in other rooms)
- Use more lighting (numerous down lights or spotlights)



Above: Use a clothesline or drying rack instead of a dryer.

## The Laundry & Bathroom

*can cost more than \$152 or as little as \$36 per winter quarter*

### You can save on these costs if you:

- Use cold water for machine washing
- Use "suds save" to reuse washing water
- Run the dryer on medium, instead of high
- Use a clothesline or drying rack as much as possible instead of a dryer
- Fit a flow control to the shower (mains pressure only)
- Take three-minute showers instead of baths
- Change from standard to high efficiency gas hot water service, or convert your off-peak electric hot water system to New Dimension Electric

### You spend more if you:

- Use hot water for washing all the time
- Use a lot of hot water in the trough
- Use the washer when it is not fully loaded
- Use the dryer when it is not fully loaded
- Take long showers or use more bath water
- Leave hot water running while washing
- Leave a hot water tap dripping
- Use a heated towel rail
- Use a heated indoor spa or sauna

## The Garage

*can cost more than \$565 or as little as \$125 per winter quarter*

### You can save on these costs if you:

- Turn off the drinks fridge except when many visitors are expected
- Use the car less, and use alternatives such as walking, cycling and public transport. Also consider going to local shops and cinemas instead of distant ones - or
- Change to a more fuel-efficient car
- Have the car converted to LPG. (calculate the payback period of the conversion on computer at the Energy Information Centre)
- Drive smoothly with the flow of traffic
- Drive at 90km/h when cruising instead of at 100km/h

### You spend more if you:

- Run a large home workshop with heavy equipment
- Own a thirstier-than-average car
- Drive above-average distances or use two cars
- Leave a pack rack on the car all the time
- Leave extra weight in the car all the time
- Use the choke excessively
- Drive on under-inflated tyres
- Fuel for a six cylinder family car, 3800km at 12.5 litres/100km costs about \$330 a quarter, based on an average petrol price of 70c/litre.



Above: You spend more money if you rinse dishes under hot water.

## The Kitchen

*can cost more than \$140 or as little as \$54 per winter quarter*

### You can save on these costs if you:

- Use a more energy-efficient refrigerator
- Replace spotlights with a fluorescent light
- Use energy-efficient cooking methods - including minimum grilling, minimum water in pots, using lids on pots and simmering instead of boiling.
- When buying a refrigerator, freezer, dishwasher, dryer, washing machine or air conditioner, check the energy rating label and save yourself hundreds of dollars on energy costs over the lifetime of the appliance.

### You spend more if you:

- Use a non energy-efficient refrigerator
- Install a freezer (but bulk buying of food could save more than this)
- Use a dishwasher
- Are careless about refrigerator use and maintenance
- Have an older model gas cooker with a pilot light
- Use an electric cooker (non-microwave)
- Allow the hot tap to drip
- Leave lights on three hours a day longer
- Rinse dishes under running hot water

## The Bedrooms

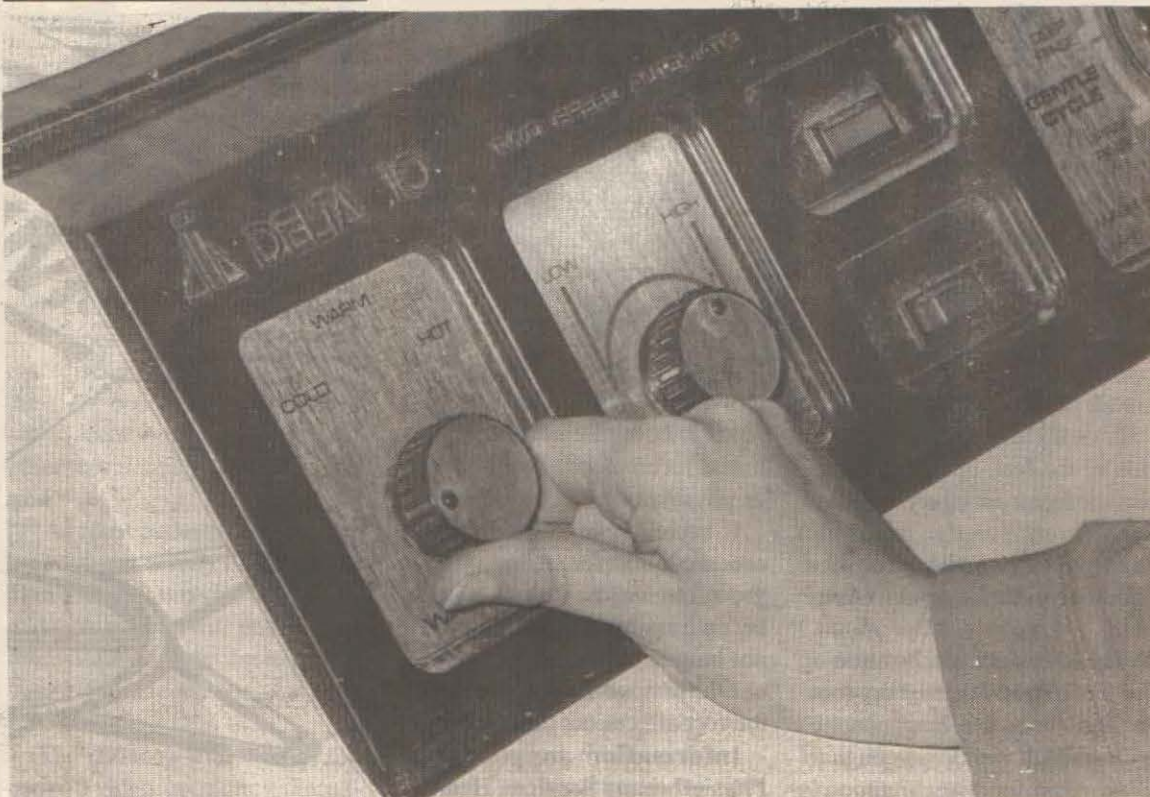
*can cost more than \$110 or as little as \$19 per winter quarter*

### You can save on these costs if you:

- Switch off the lights as you leave each room
- Insulate and seal out draughts

### You spend more if you:

- Have a heated waterbed
- Leave the lights on for long periods
- Use the heater for long periods (all night on low setting)



Above: You can save money by using cold water for machine washing.



## FOR CHILDREN

Holiday Programs, Storytimes, Author Visits,  
School Visits

**SEPTEMBER HOLIDAY FUN**  
22nd September to 4 October, 1991

Free at the Caulfield Library, Elsternwick Library and the Carnegie Resource Centre.

### BOOKINGS

Bookings are required for activities other than the performances and storytimes. Please telephone the library at which the activity is to be held. If you are unable to attend an activity for which you have booked please let us know as others may be waiting to attend. Please note that parents need to stay during the activities to supervise their children if they are under 9 years of age.

### WEEK 1

#### DRAGON AND DINOSAUR MURAL - Carnegie

Monday 23 September, 11am  
Paint in your favourite dragons and dinosaurs. Don't forget your smock. Limit of 15.

#### STAINED GLASS WINDOWS - Elsternwick

Tuesday 24 September, 2pm  
Create a colourful window with tissue paper and paint. Limit of 25.

#### STORYTIME - Carnegie

Wednesday 25 September, 11am



#### SPECIAL DRAMA STORYTIME - Caulfield

Wednesday 25 September, 11am  
Come along and act out some fun stories.

#### PEAMOBILES - Caulfield

Wednesday 25 September, 2pm  
Come along and have fun creating wierd and wonderful geometric mobiles. Limit of 25.

#### STORYTIME - Elsternwick

Friday 27 September, 11am

#### PUPPET PIZZAS - Caulfield

Friday 27 September, 11am  
Create your own puppets. Use them to entertain friends at home. Limit of 25.

### WEEK 2

#### FLEXIBLE FLATTIES - Carnegie

Monday 30 September, 11am  
Create your own flexible moving figures. Limit of 25.

#### BEAUTY AND THE BEAST - Claire Everton - Caulfield

Tuesday 1 October, 11am  
Puppeteer Claire Everton presents a fairytale using puppets, voices and song. No bookings required.

#### CRAZY COSTUMES - Elsternwick

Tuesday 1 October, 2pm  
Make your own crazy costume out of odds and ends. Limit of 25.

#### STORYTIME - Carnegie

Wednesday 2 October, 11am

#### RON THE CLOWN - Elsternwick

Thursday 3 October, 2pm  
Back by popular demand Ron presents an entertaining show of juggling and magic. No bookings required.



#### TRENDY T-SHIRTS - Caulfield

Friday 4 October, 2pm  
Come and be creative. Design your own trendy summer t-shirt. BYO t-shirt. Limit of 20.

#### STORYTIME - Elsternwick

Friday 4 October, 11am

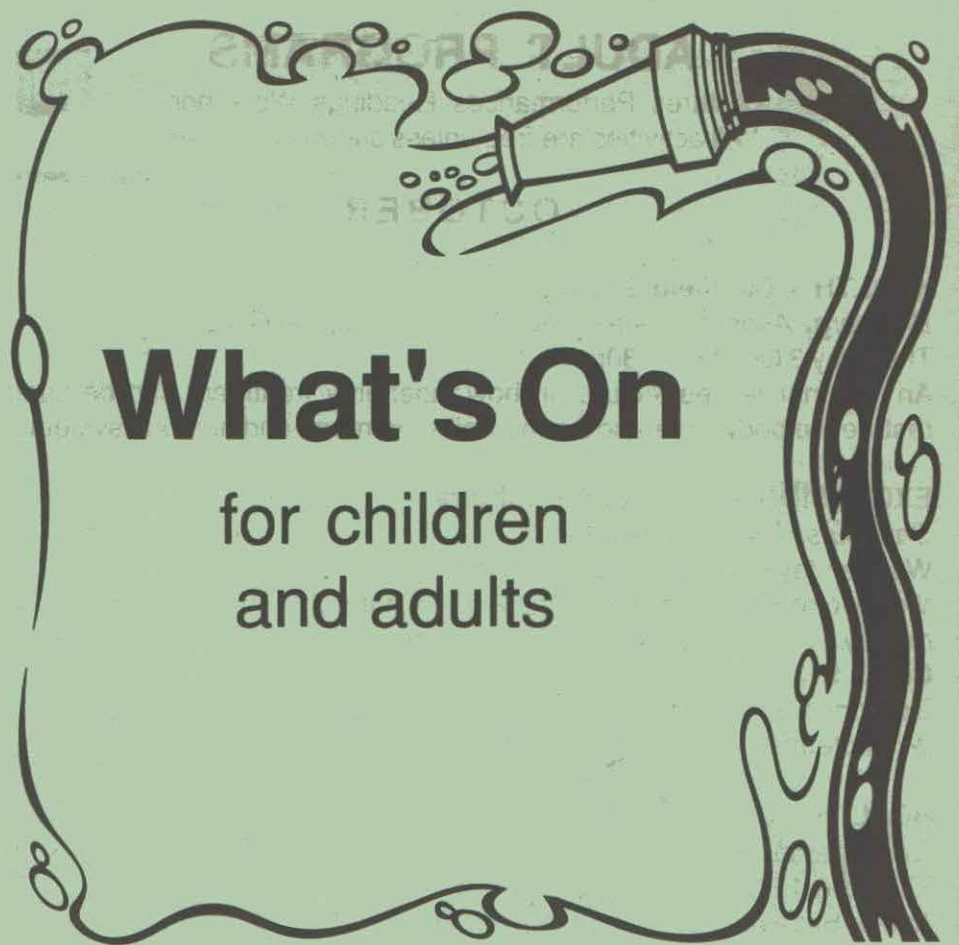
#### BEDTIME STORYTIMES

Bedtime storytimes will take place at the Carnegie Resource Centre on Friday 18 October, 7pm and Friday 15 November, 7pm. Refreshments will be provided and children are encouraged to wear their pyjamas and bring their teddybears. For further details phone Liliane Trpkovic, Youth Services Librarian on 569 5505.

#### STORYTELLER AND AUTHOR VISITS

##### MAX DANN - Elsternwick

Thursday 17 October  
Two sessions, Thursday 17 October, 10-10.45am and 11-11.45am. Suitable for grades 5 and 6. Children attending should be familiar with the author's work. Limit of 50 per session. Please phone Liliane Trpkovic, 569 5505 to book. Max Dann is the author of books including 'Bernice Knows Best', 'Horrible Humans', and 'Adventures With My Worst Best Friend'.



# What's On

for children  
and adults

at the Caulfield Library Service  
&  
the Caulfield Recreation Centre



October, November, December  
1991

City of Caulfield Activities Program

#### OUR PLANET, OUR FUTURE - Childrens' Week

Sunday 20 October, 12-4pm  
Activity day in Princes Park, Maple and Birch Sts, Caulfield South  
Join us at a fun day for all pre and primary school aged children. Activities will include a sensory walk, sunsafety, exercise with physiotherapists from Caulfield Community Care and bush food. For further details phone the Youth Services Librarian on 569-5505 or Valda Bawden on 524-3311.

#### AUSTRALIAN LIBRARY WEEK

21-27 October

#### MOSES THE STORYTELLER - Caulfield

Wednesday 23 October, 1.30pm  
One of Australia's foremost storytellers Moses has appeared at the American Storytelling Festival, Sydney Festival at the Opera House. This particular session is for grades 3-6. Bookings are now available by telephoning the Youth Services Librarian on 569-5505.



Caulfield Library  
Maple Street,  
Caulfield South, Tel 528 6301.

Elsternwick Library  
4 Staniland Grove,  
Elsternwick, Tel. 523 6682.

Carnegie Resource Centre  
130 Koornang Road,  
Carnegie, Tel. 569 5505



# ADULT PROGRAMS

Lectures, Performances, Readings, Workshops.  
All activities are free unless stated otherwise.

## OCTOBER

### HEALTH - Caulfield Library

*Bioenergy Aspects in Alternative Healing - Eugene Chepurov*

Thursday 3 October, 7.30pm

An informative free lecture on how bioenergy treatment can be used to restore the body's metabolism as well as immune and humoral systems.

### EXCURSION - Elsternwick Library

*Sandhurst Town, Eaglehawk*

Wednesday 9 October, 8.30am-5pm

Visit two recreated towns set in 324ha of natural bush. Travel the full size railway which connects both towns. Kiosk available.

**Cost: \$12**

**Bookings** only available by phoning 524-3357 on or after Tuesday 24 September commencing 9am

### HEALTH - Caulfield Library

*Understanding Cholesterol - Suzanne Porter*

Thursday 10 October, 7.30pm

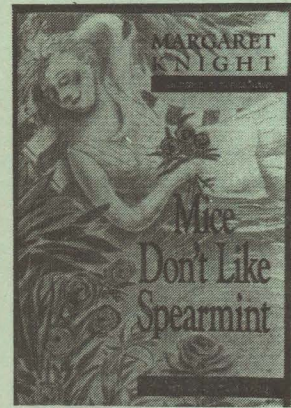
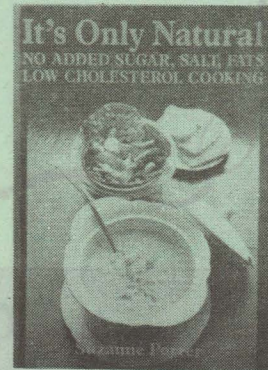
Author Suzanne Porter will share her extensive knowledge on cholesterol and healthy diets.

### ART - Caulfield Library

*Works of the Tate Gallery - Gay Matthews*

Wednesday 16 October, 2pm

**Bookings** required. Phone 524-3357 or book in person at the Caulfield Library. This illustrated presentation will include Constable, Turner and Spencer.



### SELF SUFFICIENCY IN THE SUBURBS (1) - Caulfield Library

*Making the most of your backyard - Margaret Knight*

Thursday 17 October, 7.30pm

Gardening writer and the author of 'Mice Don't Eat Spearmint' will give an illustrated talk on garden design and maintenance with reference to the use of natural materials and products.

### SELF SUFFICIENCY IN THE SUBURBS (2) - Caulfield Library

*Permaculture in the Suburbs - Christine Pinniger and Ian Batchelor*

Thursday 24 October, 7.30pm

Ian Batchelor is a landscape gardener. Both Ian and Christine have been involved in coordinating seminars on Permaculture and in examining Permaculture as a response to issues such as traffic, waste minimisation and resource management.

### EXPLORING SOUTH AMERICA (1) - Caulfield Library

*Patagonia and Points North - Betty Terrell*

Wednesday 30 October, 2pm

Fascinating illustrated presentation by an experienced traveller.

**Bookings** required. Phone 524-3357 or book in person at the Caulfield Library.

### READING - Caulfield Arts Centre Theatre

*In Print - Holmesglen Writers*

Thursday 31 October, 7.30pm

Catch some of Melbourne's best new writers when Holmesglen present their latest anthology of poetry and prose. Free entry. Refreshments provided.

## NOVEMBER

### EXPLORING SOUTH AMERICA (2) - Caulfield Library

*Galapagos and Points East - Betty Terrell*

Wednesday 6 November, 2pm

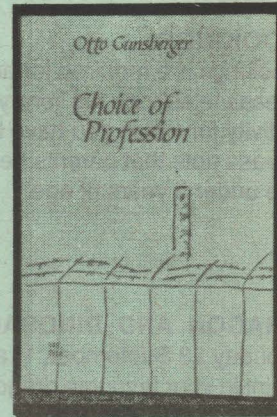
**Bookings** required. Phone 524-3357 or book in person at the Caulfield Library.

### LECTURE - Caulfield Library

*Choice of Professions - Otto Gunsberger*

Thursday 7 November, 7.30pm

Otto Gunsberger discusses his book which recounts the tale of a young Hungarian Jew who survived the Holocaust.



### EXCURSION - Carnegie Resource Centre

*Giant Gippsland Earth Worm and Historic Churchill Island*

Wednesday 13 November, 9am

Visit the giant earthworm museum enroute to Churchill Island. The historic island features a homestead, gardens, birds and wildlife.

**Cost: \$11**

**Bookings** only available by phoning 524-3357 on Wednesday 30 October commencing 9am.

### PSYCHOLOGY - Caulfield Library

*Surviving the Recession - The psychological impact of tough times - Les Posen*

Thursday 14 November, 7.30pm

Respected Melbourne psychologist, Les Posen discusses how we can cope psychologically with bad times such as losing our job.

### DEMONSTRATION AND TASTING - Elsternwick Library

*Combined Wok and Microwave Chinese Cookery - Florence Yeoh*

Wednesday 20 November 7-9pm

Chinese 'whirlwind' Florence Yeoh demonstrates Chinese cooking using both the wok and the microwave. A free cooking class will be given away on the night. Enter now at the Elsternwick Library.

### FASHION - Elsternwick Library

*Fifties, Sixties and Seventies fashion - Melita Boucher*

Thursday 28 November, 11am

Queen of the op shops Melita Boucher presents a fabulous parade of the fashions of yesteryear. Morning tea will be provided.

## DECEMBER

### CAULFIELD FESTIVAL WRITERS IN CAULFIELD PARK

Sunday 1 December, Caulfield Park, 10.30am-2.30pm

A day of free readings and performances under canvas presented by Caulfield Library Service and featuring top writers, many of whom live in Caulfield. Refreshments provided. For a complete program phone 524-3357.

### EXCURSION - Caulfield Library

*Erskine Falls, Lorne and Shell Museum*

Wednesday 4 December, 8.45am

Travel the Great Ocean Road to Lorne. We'll visit the Shell Museum before calling in at Erskine Falls.

**Cost: \$10**

**Bookings** only by phoning 524-3357 on Thursday 21 November commencing 9am.

### WRITERS WORKSHOP

A fiction and poetry group who meet fortnightly. Well known Melbourne writers work as tutors with the group on a monthly basis. There is an annual fee to cover tutor costs.

Enquiries Barry Scott, Community Services Librarian 524-3357.

# CAULFIELD RECREATION CENTRE

6 Maple Street, South Caulfield

Tel. 524 3288, 524 3298, 524 3362

## ADULT FITNESS

### PROGRAMME

The Caulfield Recreation Centre has a variety of fitness classes suitable for both young and older adults. Classes are conducted by fully qualified instructors. If you are unsure about which class would be the most appropriate for your purpose, please contact the centre.

### AEROBICS (16 years and over)

Attend any classes that suit your schedule and ability. No enrolment is necessary. Classes suitable for males and females 16 years and over. Hand weights are available to use if so desired.

### COST

Aerobic - \$5.50 per class  
Tone & Firm - \$5.50 per class  
Over 40's - \$3.50 per class  
Combination - \$7.50 per class  
Creche - \$0.75 per child  
Over 50's - \$2.00 per class  
Step Reebok - \$7.00 per class  
(Members pay an additional \$2.00)

**Please note that you must pre-book for a Step Reebok class as places are strictly limited.**

### MEMBERSHIP

1 month - \$50.00  
3 months - \$100.00  
6 months - \$170.00

Memberships can be purchased at any time and payment must be finalised before any membership is valid.



### AEROBIC TIMETABLE - Suitable for adults 16 years & over Effective as of 5th October

TIME	9.00 am	9.30 am	10.30 am	12.00 noon	4.30 pm	5.30 pm	6.30 pm	7.30 pm
DAY								
Monday		High/Low Impact	Low Impact		High/Low Impact	Low Impact	Step Reebok Skilled	High/Low Impact
Tuesday	ABS Only	INT	Over 40	INT		High/Low Impact	Intro Step Reebok	High/Low Impact
Wednesday		High/Low	Tone & Firm			Low Impact	High/Low Impact	Step Reebok Skilled
Thursday		Step Reebok	Over 40	Step Reebok		Low Impact Plus	Step Reebok Skilled	
Friday		High/Low Impact	Low Impact		High/Low Impact	INT		
TIME	8.30 am	9.00 am	9.30 am	10.30 am	11.30 am			
Saturday	Step Reebok Intro.		High/Low Impact	Step Reebok Skilled	High/Low Impact			
Sunday			Advanced	Low Impact				

\* PLEASE NOTE: YOU MUST BOOK FOR STEP REEBOK CLASSES.  
Caulfield Recreation Centre - 6 Maple Street, South Caulfield.  
Telephone: 524 3288, 524 3362

### Creche Hours

Monday: 9.15am-11.30am  
Tuesday: 9.00am-10.30am  
Wednesday: 9.30am-11.30am  
Thursday: 9.30am-10.30am  
Friday: 9.30am-11.30am  
Saturday: 8.30am-12.30pm



## CLASS DESCRIPTION

### STEP REEBOK

This class involves stepping up and down on an adjustable platform while simultaneously performing upper body movements to the accompaniment of music. To change the intensity, experienced, fit participants can change the height of the platform or include hand weights. The workout is suitable for men and women whether they be a beginner or a conditioned athlete. It is recommended that your first Step Reebok class be an introductory Step to learn the basic moves performed.

### HIGH/LOW IMPACT

High and Low Impact Exercises. This class consists of a high impact section followed by a low impact workout with weight. Participants will engage in running activities and low impact exercises, alternative exercises to running will not be instructed. A good class for both beginners and experienced participants.

### LOW IMPACT

This class consists of a combination of power walking, low kicks, high powered steps, side to side movements and lunges in conjunction with large upper body movements providing a wide range of motion. Low impact classes provide a safe way to fitness and reduces the impact shock on muscles and joints. There is no running in this class.

### LOW IMPACT PLUS

A faster paced and harder class incorporating low impact exercises. More repetitions and complex exercises.

### TONE & FIRM

This class is a floor-based class for one hour, designed to work abdominals, gluteals, hips, thighs and upper body.

### INTERMEDIATE

This class consists of high impact exercises including running, high kicks, star jumps and jogging on the spot. It is suitable for the fit participant who enjoys running and a challenging workout.

### OVER 60'S

A gentle exercise class consisting of both floor and standing exercises, suitable for the not-so-fit adult.

### OVER 40'S

A not too strenuous class consisting of both standing and floor work. Low impact based exercises designed to slowly increase your fitness.

### ABS ONLY

Abdominals only is simply that, 30 minute session of abdominal exercises designed to strengthen and flatten the stomach. The class is structured to provide a challenging workout for the participant.

### ADVANCED

This class is designed for the very fit person. It is a 90 minute class incorporating heavy weight work, minimum 30 minutes high impact and advanced floorwork. It is designed to be a challenging yet enjoyable class.

### GENTLE MOVERS

A very basic low-impact class for overweight, unfit people. Heart rates will be monitored during the class.

### BENEFITS

The benefits of participating in a regular vigorous exercise program are numerous. To name just a few: Improve cardiovascular functioning, improved flexibility & muscular endurance, greater energy at the end of the day, an improved ability to relax and cope with every day stress, improved sense of well-being, inconjunction with diet, can lead to a decreased risk of heart disease, and a decrease in depression and anxiety.

## TENNIS

### TENNIS COACHING

Tennis coaching is available at the Caulfield Recreation Centre courts in Brooklyn Avenue. People wishing to learn tennis should contact Cheryl Hewitt telephone 596 5085. Classes suitable for adults and children. Tournaments and Tennis Clinics are also organised during the School Holiday Program by Cheryl Hewitt.

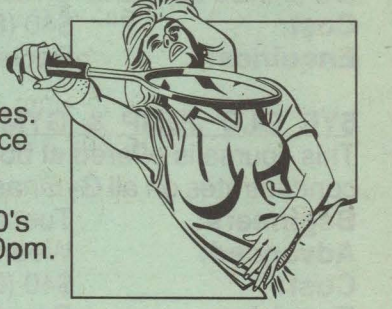
### CASUAL HIRE OF TENNIS COURTS

The courts in Brooklyn Avenue are available for casual hire. People wishing to hire the courts can do so by contacting the Recreation Centre on 524 3362 or 524 3288.

**Cost:** Day - \$9 per hour  
Night - 6pm onwards \$12 per hour  
Weekends and Public Holidays - \$12 per hour  
Key Deposit of \$10 required at all times.

\*Please note: when hiring a court a driver's licence must be provided for identification.

Tennis coaching Programs operating for Over 50's  
Friday 10.00am-12noon and Friday 1.00pm-2.30pm.  
All enquiries to 524 3362.





## YOGA

The continual practice of yoga techniques results in a feeling of well-being, a calm enquiring mind and a relaxed vital body. There is no competition, everyone advances at their own level. If you would like to know more about the class please contact the instructor Mimi Robinson on 571 6896 or send your enrolment form to the Recreation Centre.

**Cost:** \$49.50 for 9 lessons.  
**Class Times:** Monday: 9.15am-10.15am  
Upstairs at the Recreation Centre.  
Monday: 6.00pm.-7.00pm  
Maternal and Child Health Centre  
Cnr. of Royal and Rosendale Ave., Glenhuntly.

## MARTIAL ARTS

### TAI-KWON-DO

The Korean art of self defence. Students follow a continuous programme with special emphasis on attacking and kicking skills. Opportunity to enter tournaments and grading.

**Instructor:** Rod and Dale Black  
**Class Times:** Wed. and Fri.: 6.00pm-8.00pm.  
**Enquiries:** Telephone 874 1929.

### TAI CHI AND MEDITATION

Tai-Chi is an ancient form of exercise that rejuvenates the body and clears the mind. You will learn how to control breathing and maximize techniques and increase your physical fitness.. Tai Chi is a slow, controlled and disciplined art.

**Class Times:** Friday: 9.15am-10.30am, Been before.  
10.30am-11.30am, Beginners.

### WOMEN'S SELF-DEFENCE

This course is designed to provide a practical understanding to the basic movements of self defence for women. It is suitable for a beginner standard and will teach women how to defend themselves and will provide the opportunity to improve physical fitness and confidence.

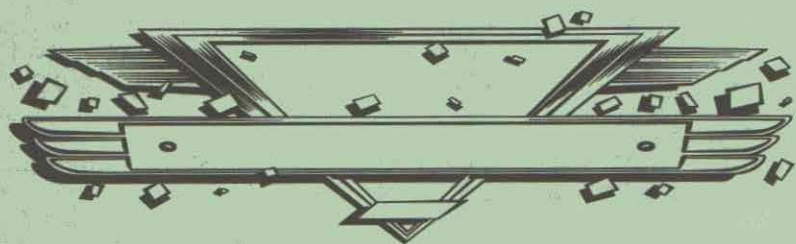
**Cost:** \$50.00 per 10 week term  
**Class Times:** Thursday 7.30pm  
**Starts:** October 3rd - December 5th

### JUDO

Judo is not an aggressive sport and is a disciplined controlled martial art. It provides the opportunity to improve physical fitness and confidence. Classes taught by Akira Yamada, 6th Dan Kokodan, Japan, Judo Federation of Australia. Classes can be joined any time. Suitable for adults and children

**Class Times:** Tuesday: 6.15pm, 7.15pm, 8.15pm.  
Thursday: 6.15pm, 7.15pm, 8.15pm.

**Instructor:** Mr Akira Yamada  
**Enquiries:** Mrs Akira Yamada, Tel. 578 4460.



## CHILDRENS PROGRAMME

All classes start the week beginning Monday 22nd July 1991 and run for 8 weeks.

### OLYMPIC GYMNASTICS - Gen Gym Rics Club

This class operates on Saturday afternoons and is available to girls. It offers a challenging range of levels from beginners to advanced levels.

**ENQUIRIES - LYN MARTIN, Ph: 534 8561**

### PRE SCHOOL JUMP & GYM

This fun junior course is designed specifically for 3 to 5 years and 3 different levels are offered, Beginners, Intermediate and Advanced classes. Included is all basic movement patterns of Gymnastics, such as balance, spatial awareness, tumbling, ballwork, games, rhythm work and trampolining. Classes are offered daily and run over a 8 week term.

**Cost:** \$40 (8 weeks)  
**Enquiries:** Recreation Centre, Ph: 524 3288

### 5YR OLD JUMP & GYM

This course is offered at both Beginners and Advanced levels and concentrates on all Gymnastic and Trampolining skills in a fun environment.

**Beginners:** Tuesday 4.30-5.15pm  
**Advanced:** Wednesday 4.00-4.45pm  
**Cost:** \$40 (8 weeks)  
**Enquiries:** Recreation Centre, Ph: 524 3288

### RECREATIONAL GYMNASTICS

A course suited to 6-9 years (mixed). This class is a combination of floorwork, apparatus and trampoline work. The course encompasses all of the basics of Gymnastics with 2 levels being offered within the same class.

**Instructor:** Lyn Martin  
**Time:** Thursday 4.30-6.00pm  
**Cost:** \$56 (8 weeks)  
**Enquiries:** Ph: 524 3288



### JAZZ BALLET

Our dance classes are divided into 3 levels. Creative Dance for 5 years olds is a prelude to the basics of movement through dance and creative games, working in co-ordination to music. In the beginners class, children learn the basics of steps and sequence work. The Intermediate class is a progression from the beginners class & involves more complex and detailed drama & dance sequences.

**Time:**  
Beginners Jazz Ballet Tuesday 4.30-5.30pm  
Intermediate Jazz Ballet Tuesday 5.30-6.30pm  
**Cost:**  
Jazz Ballet \$56 (8 weeks)  
**Age:** 5 years and over  
**Enquiries:** Recreation Centre, Ph: 524 3288

### BOYS GYMNASTICS

Boys Gym involves the children in developing general gymnastic and sporting skills such as fitness, strength, balance, flexibility aiding confidence in a fun environment. The classes cater for both beginners and intermediate levels and include a section of trampolining weekly.

**Cost:** \$56 (8 weeks)  
**Age:** 6-9 years  
**Time:** Wednesday 4.40-6.00pm  
**Enquiries:** Recreation Centre, Ph: 524 3288

### TRAMPOLINING CLASSES

All trampolining classes include a balance of skillwork, safety techniques and specialized games all of which are fully supervised by our staff teachers.

**Time:** Tuesday 3.45-4.30pm  
Thursday 4.00-4.45pm, 4&5yrs  
Been/Before Saturday 9.30-10.15am, 3-5yrs  
Saturday 10.15-11.00am, 5yrs+  
**Cost:** \$40 (8 weeks)  
**Enquiries:** Recreation Centre, Ph: 524 3288

### CHILDRENS TENNIS PROGRAMS

Childrens tennis coaching is offered each week day on a term basis as well as during all school holidays. Courses cater for both beginners & experienced children and are conducted at the Brooklyn Avenue tennis courts.

**Enquiries:** Cheryl Hewitt, Ph: 596 5085

### SCHOOL HOLIDAY PROGRAMS

Every holidays the Recreation Centre offers vocational care for children aged 4-14 years. Details of Programs are listed below. Please phone the Recreation Centre for further details, Ph: 524 3288.

### SEPTEMBER SCHOOL HOLIDAY PROGRAM:

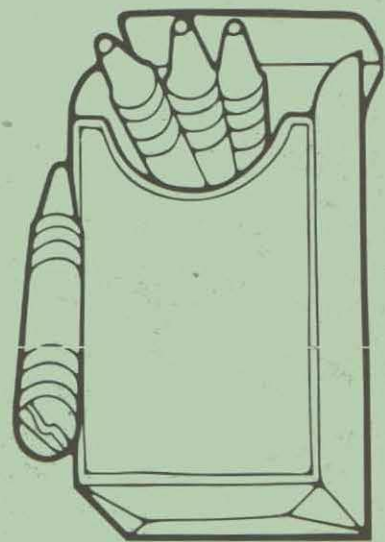
(24th September - 11th October 1991)  
Enrolment forms available - Tuesday 3rd September 1991  
Enrolment Day: Caulfield Residents - Thursday 5th September 1991  
General Enrolments - Thursday 12th September 1991

### PRE XMAS PROGRAM 1991:

16th-20th December 1991  
(5 to 12 yrs only)

### JANUARY 1992 SCHOOL HOLIDAY PROGRAM: 6th-31st January 1992

(4 to 14yrs)  
Bookings open from Monday December 2nd 1991.







# Caulfield recyclers clean up in state-wide survey

CAULFIELD residents are among the best when it comes to recycling, a Victoria-wide survey has found.

The survey, conducted by the Litter Research Association, showed that 61 per cent of residents in the City of Caulfield participated in kerbside recycling.

Caulfield came ninth in a survey of 86 Victorian municipalities.

According to Mr Mark Goonan, of the Litter Research Association, the high rate was a direct result of the Council's commit-

ment to kerbside recycling.

"Caulfield's high participation rate is most commendable," Mr Goonan said.

"With landfill sites around Melbourne rapidly diminishing and the cost of waste disposal likely to escalate, it is in everyone's interest to make maximum use of existing recycling schemes."

Mr Goonan said kerbside recycling had not reached its full potential, but community awareness and improved participation would make the schemes more efficient.

The survey showed that 98 per cent of metropolitan households had access to separate collections for glass, aluminium and PET plastic, yet only 45 per cent of households used the service.

The highest performing Council was Geelong, which recorded a 73.2 per cent participation rate.

The cities of Bairnsdale and Malvern were next, with a participation rate of 68.3 per cent.

Mr Goonan said it was interesting to note that Councils with an established recycling collection

service were well represented in the high and medium participation categories.

The City of Warrnambool recorded the lowest participation rate, with 10.8 per cent. Other places that fared badly were the Shire of Wannon (12.2 per cent) and the City of Hamilton (12.4 per cent).

Other results were: Prahran 62.6 per cent, St Kilda 53.8 per cent, Moorabbin 50.5 per cent and Oakleigh 39 per cent.

Meanwhile, Caulfield Council has set 1991/92 collection dates

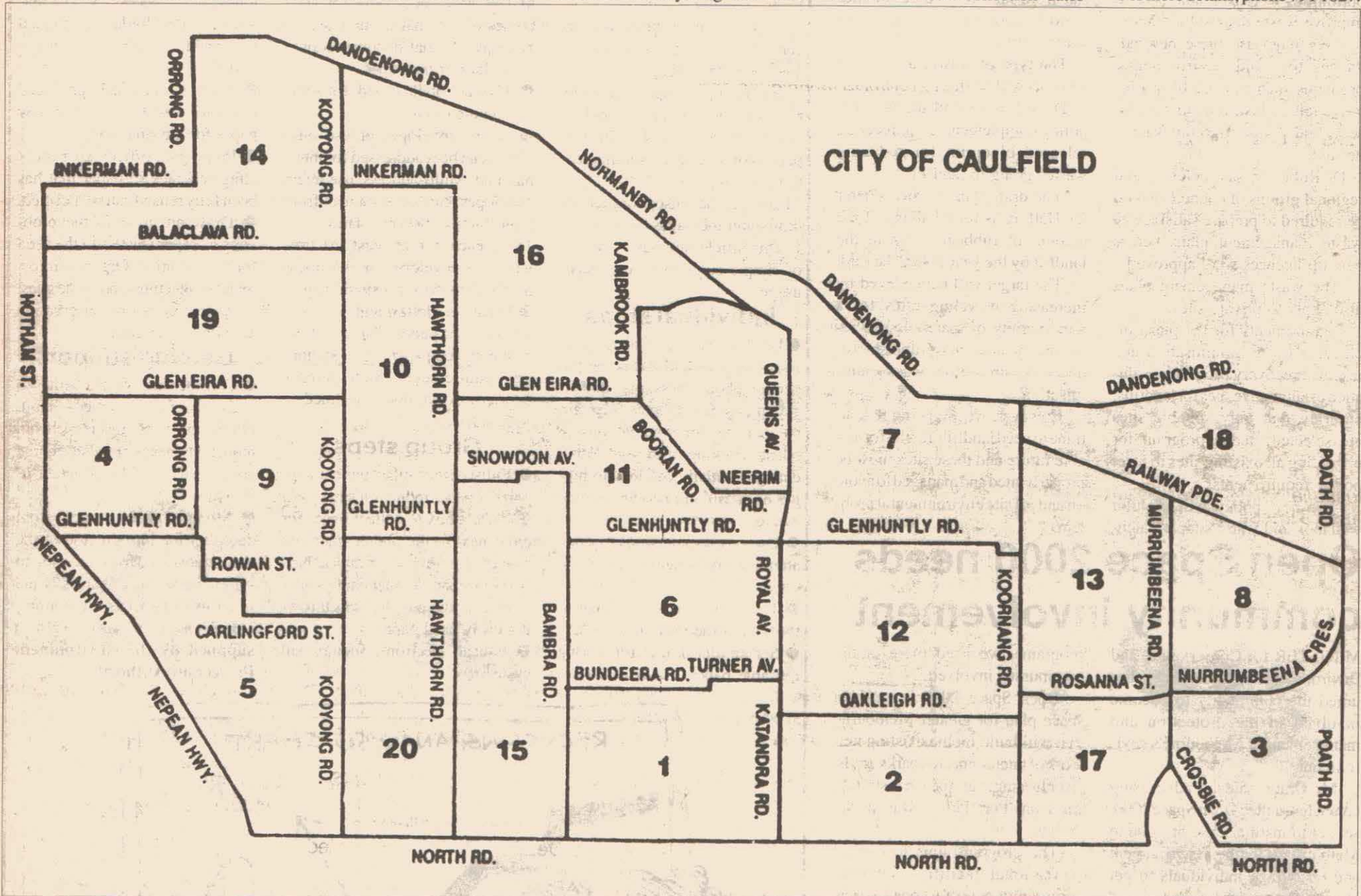
for its paper and cardboard collection service.

Newspapers, phone books, magazines, envelopes and flattened cardboard are suitable for collection, but milk cartons, waxed cardboard cartons and plastic bags will not be collected.

Items should be placed on the nature strip by 7am on collection day.

To prevent litter, tie bundles or weigh the paper down with a brick.

Do not put paper in plastic bags. For more details, phone 791 1627.



The following is a list of dates for Caulfield's paper and cardboard collection service. To find out which area you are in, check the map above. Glass and aluminium are collected on normal rubbish days. Please put glass and aluminium in recycling bags which are available by phoning 524 3238.

AREA 1	AREA 2	AREA 3	AREA 4	AREA 5	AREA 6	AREA 7	AREA 8	AREA 9	AREA 10
Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday
Sep 18	Sep 19	Sep 20	Sep 23	Sep 24	Sep 25	Sep 26	Sep 27	Sep 30	Oct 01
Oct 16	Oct 17	Oct 18	Oct 21	Oct 22	Oct 23	Oct 24	Oct 25	Oct 28	Oct 29
Nov 13	Nov 14	Nov 15	Nov 18	Nov 19	Nov 20	Nov 21	Nov 22	Nov 25	Nov 26
Dec 11	Dec 12	Dec 13	Dec 16	Dec 17	Dec 18	Dec 19	Dec 20	Jan 06	Jan 07
Jan 22	Jan 23	Jan 24	Jan 28	Jan 28	Jan 29	Jan 30	Jan 31	Feb 03	Feb 04
Feb 19	Feb 20	Feb 21	Feb 24	Feb 25	Feb 26	Feb 27	Feb 28	Mar 02	Mar 03
Mar 18	Mar 19	Mar 20	Mar 23	Mar 24	Mar 25	Mar 26	Mar 27	Mar 30	Mar 31
Apr 15	Apr 16	Apr 15	Apr 16	Apr 21	Apr 22	Apr 23	Apr 24	Apr 27	Apr 28
May 13	May 14	May 15	May 18	May 19	May 20	May 21	May 22	May 25	May 26

AREA 11	AREA 12	AREA 13	AREA 14	AREA 15	AREA 16	AREA 17	AREA 18	AREA 19	AREA 20
Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday
Oct 02	Oct 03	Oct 04	Oct 07	Oct 08	Oct 09	Sep 12	Sep 13	Sep 16	Sep 17
Oct 30	Oct 31	Nov 01	Nov 04	Nov 07	Nov 06	Oct 10	Oct 11	Oct 14	Oct 15
Nov 27	Nov 28	Nov 29	Dec 02	Dec 03	Dec 04	Nov 07	Nov 08	Nov 11	Nov 12
Jan 08	Jan 09	Jan 10	Jan 13	Jan 14	Jan 15	Dec 05	Dec 06	Dec 09	Dec 10
Feb 05	Feb 06	Feb 07	Feb 10	Feb 11	Feb 12	Jan 16	Jan 17	Jan 20	Jan 21
Mar 04	Mar 05	Mar 06	Mar 09	Mar 10	Mar 11	Feb 13	Feb 14	Feb 17	Feb 18
Apr 01	Apr 02	Apr 03	Apr 06	Apr 07	Apr 08	Mar 12	Mar 13	Mar 16	Mar 17
Apr 29	Apr 30	May 01	May 04	May 05	May 06	Apr 09	Apr 10	Apr 13	Apr 14
May 27	May 28	May 29	Jun 01	Jun 02	Jun 03	May 07	May 08	May 11	May 12





## Smelly rubbish tips 'a thing of the past'

SMELLY, litter-strewn rubbish dumps will become a thing of the past under requirements of the new State Environment Protection Policy for Landfills which came into force recently, Environment Protection Authority chairman, Dr Brian Robinson, said.

The policy sets down strict standards to site and manage landfills to prevent immediate and long-term environmental problems rubbish dumps can cause.

Dr Robinson said scientific and engineering advances meant opportunities were available now to improve waste disposal methods.

"We must use these new advances to avoid environmental problems such as wind-blown litter, smells, dust, rodents and insects and polluted groundwater," he said.

Dr Robinson said councils and regional groups of councils would be required to prepare satisfactory waste management plans before new tip licences were approved.

The waste management plans also apply to private sites.

Requirements for the plans include: a waste minimisation and resource recovery program; evaluation of alternative sites for landfills; ensuring that only suitable sites are selected; and a program for upgrading all existing sites to meet policy requirements.

The new policy will prohibit wetlands and water supply catch-

ment areas from consideration as tip sites.

Buffer distances to protect residential areas from being located too close to any new landfills are required also.

The EPA can exclude any material from landfills where a better option is available, such as resource recovery.

The type of wastes allowed in landfills will be strictly controlled.

Dr Robinson said the landfills policy complemented the recently released blueprint for reducing wastes going to landfill.

"The draft plan, Waste - Better By Half, calls for a halving of the amount of rubbish going to the landfill by the year 2000," he said.

"The target will be achieved by increasing recycling rates for a wide variety of materials and reducing the amount of rubbish produced by promoting waste minimisation.

"However, we are going to continue to need landfills for the foreseeable future and these sites must be properly sited and managed to avoid on and off site environmental problems."

## Open Space 2000 needs community involvement

MINISTER for Conservation and Environment, Mr Steve Crabb, has urged the community to become involved in the protection and management of Melbourne's environment.

Mr Crabb said an advertising campaign, called Open Space 2000, set out to instil a sense of pride in Melburnians for their environment and encourage individuals to get involved in its care.

The campaign is a follow-up to the Target 2000 advertisement, which highlighted the seriousness of environmental problems.

"This latest campaign goes one step further by offering people an opportunity to be personally involved in the management of the environment," Mr Crabb said.

"There are currently 84 friends' groups, school groups and other special interest groups which have committed themselves to particular areas within the open space network.

"With funds available for the expansion of the Bay to Ranges

programs, we need more of the community involved."

Open Space 2000 is an open space plan for greater Melbourne that will build on the existing network of interconnected parks, trails, river frontages and beaches stretching from Port Phillip Bay to the ranges.

The program aims to expand recreational facilities, improve community access to open space, protect indigenous flora and fauna and improve the environmental quality of the bay through programs such as litter control and monitoring of water quality.

Community groups will be able to apply for funds to assist with projects ranging from conservation and recreation programs to tree planting and waterway clean-ups.

"We are all responsible for the health of our environment and community involvement will be essential to the success of the Open Space 2000 program," Mr Crabb said.

## How to take the waste out of paper in the workplace

MANY people are now wasting fewer resources at home, but the problem of wastage has not been tackled in the workplace.

More than 70 per cent of waste produced by offices is paper.

Victorian Government offices alone use 1500 tonnes of photocopy paper, three million manilla folders, 56 million sheets of computer paper and 15 million envelopes annually.

There are many steps workers can take to use fewer natural resources in the office.

For example, paper usage can be cut by 50 per cent if employees use both sides of a sheet of paper for in-house communications and reports.

Paper can be reused for memos, drafts and messages.

This article outlines a number of simple steps to reduce paper usage.

### Individual steps

- Lead by example. Change your own practices and use scrap paper for phone messages, unofficial memos and notes. Explain the reasons for your actions to others working with you. Small changes initially can lead to bigger ones as more people become aware.
- Use posters and signs to draw attention to practices which waste paper.
- Tailor the size of the paper to the size of the message.
- Set up a desk tray for storing reusable paper.

- Consider whether a photocopy is really necessary. Could the sheet be read then passed on?

- Consider other means of communication. Talk, hold regular meetings and use the phone.

- Reuse manilla folders. Label them in pencil or refold them.

- Print all drafts and internally circulated documents on non-confidential, pre-used paper.

- Use new paper only for final copies of external documents.

- Copy all final documents onto both sides of the paper.

- Use a notice board for staff communications.

- Reuse envelopes or use ones which can be readdressed for internal mail. Multi-address, use-again envelopes can be obtained from State Supply Service. These cost 15.7c each for at least 20 uses while an envelope for A4 documents costs 6c for a single trip.

- Make your jotters and note pads from reused paper or use 100 per cent recycled paper for all stationary requirements. State Supply Service also has note pads lined on both sides.

### Group steps

- Enlist senior management support for paper reduction strategies.

- Place a box to collect paper for reuse next to the photocopier and printer. Remove all rubbish bins from the photocopier and printer to discourage people from throwing away used paper.

- Use an electronic memo/mail system.

- Use blank company cards. Employees can write their name and number when needed. This saves printing hundreds of individual cards which are scrapped when someone leaves or is promoted.

- Replace in-house staff newsletters with an electronic mail system, a notice board or regular staff social club meetings.

- Redesign brochures so envelopes are not necessary. The material could be folded and stapled so the address is displayed on the outside.

- Assess all documents produced to decide which ones need new paper for the final copy.

- Investigate office paper recycling schemes so paper that has been fully reused can be recycled.

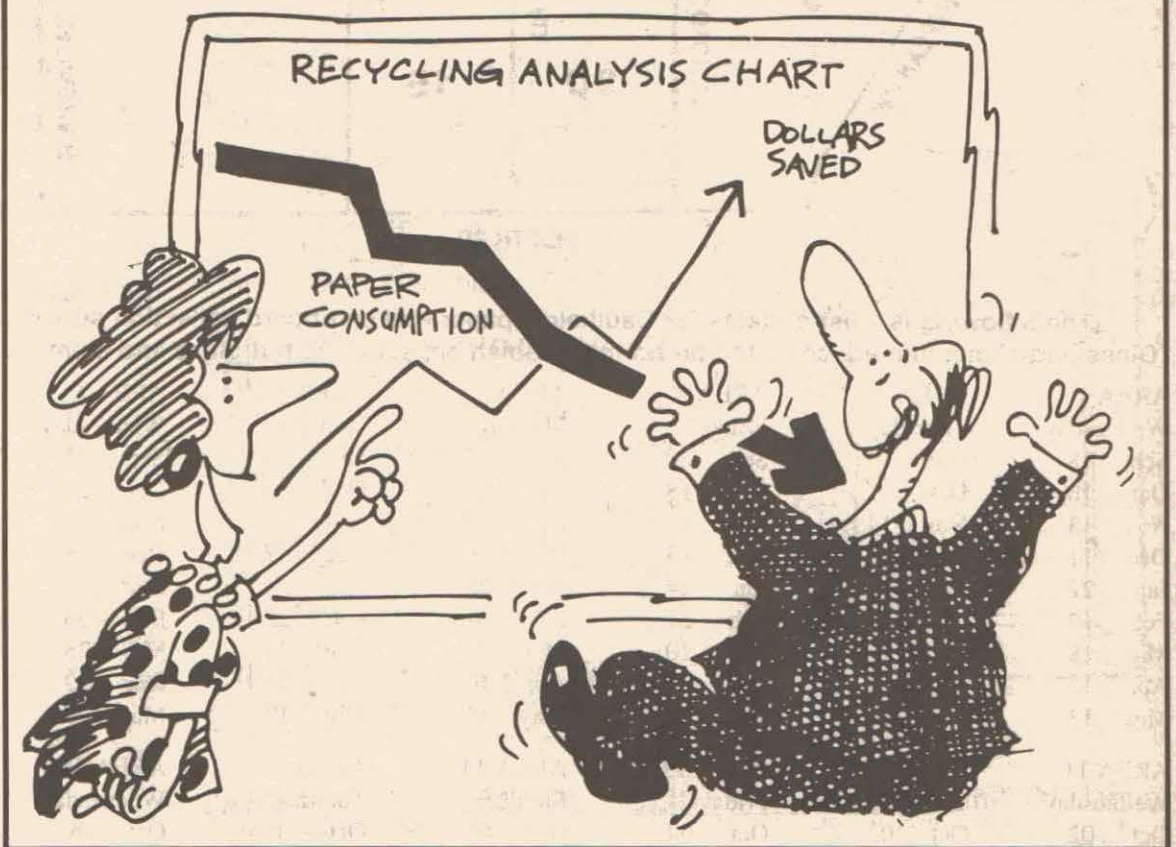
- Draw attention to the problems of paper waste and the need for conservation. Organise informal staff meetings and invite guest speakers to talk on conservation and waste reduction.

### Gaining support

- Consider incentive schemes to make the new practices habit. For example, savings made from reductions in paper purchase could go towards staff functions or to charities.

- Monitor paper usage before and after the introduction of the new strategies. Draw attention to significant savings, financially and in terms of paper consumption.

Information and cartoon supplied by the Environment Protection Authority.



No matter how good your business is... Advertising can make it better.

Phone Jane Fletcher on 524 3384 for an obligation-free consultation.





# Protect your child with immunisation

ALL children enrolling in prep level next year will need an immunisation certificate.

This certificate, which is available from Caulfield Council's health department, will indicate whether children have been immunised against diphtheria, polio, tetanus, measles and mumps/rubella.

Health Department Victoria recommends that all children are immunised against these diseases before they start school.

The certificate is a requirement under recent changes to the Health Act and people who do not provide one to their child's primary school may be fined.

This is a last resort though, and parents will be given assistance to meet the requirements of the legislation.

The certificate does not mean that children must be immunised.

If children cannot be immunised for medical or conscientious reasons, the certificate will record this and the children will be excluded from the school if

there is an outbreak of measles, diphtheria or polio.

This will reduce the chance of these diseases spreading through the community.

Immunisation certificates will be filled in by a Council health officer, using one or more of these records:

1. Council records (if children were vaccinated by one or more councils). These include baby books and child immunisation records supplied to parents by maternal and child health centres. They can be used, providing they are stamped and signed by an authorised child health nurse or other Council health officer.

2. A medical declaration from a doctor listing children's vaccinations.

3. A medical declaration from a doctor stating medical reasons for not vaccinating.

4. An undertaking from the parents that they will have their children vaccinated within six months.

5. A statutory declaration from the parents stating they have consci-

## IMMUNISATIONS FOR SCHOOL ENTRY

Recommended age	Disease	Vaccine
2 months	Diphtheria Tetanus	Triple Antigen DTP
	Poliomyelitis	Sabin OPV
4 months	Diphtheria Tetanus	Triple Antigen DTP
	Poliomyelitis	Sabin OPV
6 months	Diphtheria Tetanus	Triple Antigen DTP
	Poliomyelitis	Sabin OPV
12 months	Measles Mumps/Rubella	MMR
18 months	Diphtheria Tetanus	Triple Antigen DTP

Please note these vaccinations are only those needed for school entry. There are other vaccinations and boosters that children need after the age of 18 months.

entious objections to the vaccination of their children.

6. A statutory declaration from the parents stating they believe their children have been vaccinated against these diseases.

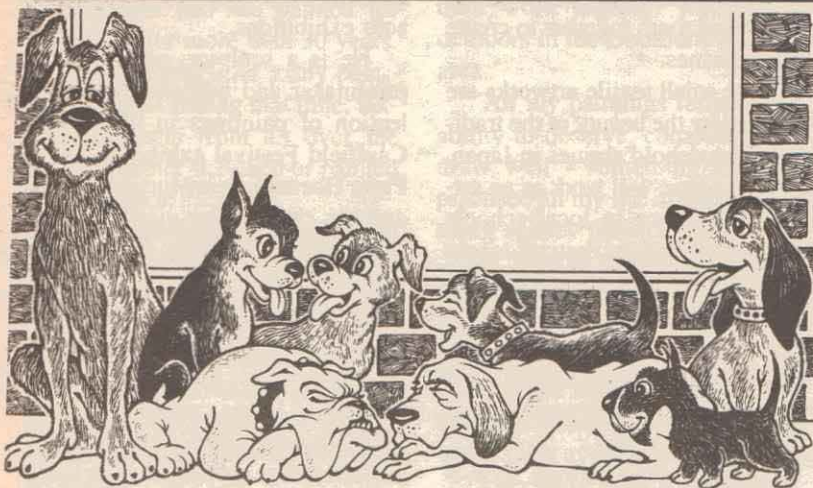
Measles, mumps, rubella, polio, diphtheria, whooping cough and tetanus are included in Victoria's recommended immunisation schedule because they are highly infectious, they are dangerous - especially to babies and children - and effective vaccines are available.

Caulfield Council's health department gives booster doses at schools as part of this schedule.

Compared to the cost of death and illness in an unimmunised community, the cost of vaccination programs is negligible.

However, the viruses and bacteria that cause these diseases still exist and if vaccination rates fall, the diseases will return.

People who have queries, or who want a certificate, can call Ms Leanne Carson, health department, on 524 3279.



## Try to avoid abscesses

### You and your pets column

ONE of the most common traumas to affect cats is abscesses.

Often, a large swelling will occur on a cat's face, back or tail. This will lead to a high temperature, which almost always puts a cat off its food.

Most abscesses result from cats fighting.

A cat's teeth or claws can break its victim's skin, depositing germs into the wound.

The day after a cat fights, it may be bruised and sore. It is best to take the cat to a vet at this stage, so its wounds can be bathed and an antibiotic treatment administered.

If cats are left untreated, the skin wounds may heal over quickly but infections may still occur under the skin where the wounds are.

It takes several days for the bacteria to multiply. White blood cells fight the bacteria and isolate the infection from the rest of the body. Day by day, bacteria, toxins and inflammatory cells accumulate, pushing closer to the surface of the skin and causing swelling.

The skin area is stretched and

becomes hotter. The body then tries to get rid of this toxic mass by letting it burst through the skin.

This is an important process, but nearly always needs to be helped.

A vet can give an anaesthetic to the cat, enlarge the abscess opening and drain the wound.

Damaged or necrotic tissue can be trimmed and the area left ready for healthy tissue to grow.

If the wound is not drained and cleaned properly, the abscess hole may reclose and leave bacteria and pus in the body.

The process can repeat and in two weeks, another abscess can form and break out nearby.

Any cat that spends time outside risks becoming involved in a fight.

If male and female cats are neutered, their chances of fighting are greatly reduced. Cats should be kept inside at night, as this is when they are more likely to fight.

- Information supplied by  
**Caulfield Veterinary Clinic**  
370 Dandenong Rd  
Caulfield North  
Ph 527 7740

## New method to detect cancer

THE latest Siemen's mammography unit has been installed at Caulfield General Medical Centre, improving women's access to this important test.

A generous donation has made the acquisition of the equipment possible.

Mammographies use a low dose of x-rays to take pictures of the breast.

In many cases, this test can detect a cancer before it can be felt.

The importance of early detection has major benefits for the patient. Mammographic detection of cancer before it can be felt significantly improves the chances of cure and increases the treatment options.

Early diagnosis by mammography may mean the cancer can be removed with a minor procedure, rather than a mastectomy.

Current studies indicate that one in every 15 women will develop breast cancer.

Women aged more than 50 are in the highest risk group.

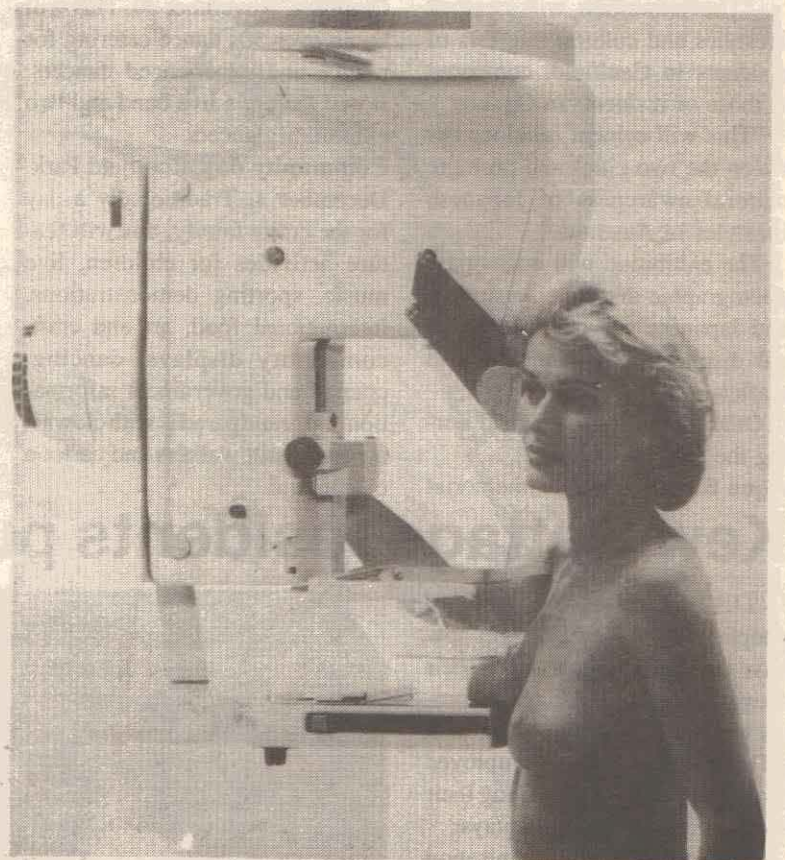
Mammography, along with breast self-examination, contributes significantly to early detection.

Mammography patients at Caulfield General Medical Centre will need to provide a medical referral and history. The test takes about 30 minutes with pictures taken from different angles.

Mammography requires compression of the breast to obtain the best possible views. The test is uncomfortable, but not painful.

Premenopausal women should have the test just after a period.

For more details on the mammography service, call 276 6660.



Above: Mammographies use a low dose of x-rays to take a picture of the breast.

## AIDS policy on display

A DRAFT policy for AIDS, HIV and Hepatitis B will be available for public comment until November 30.

The policy was formed to recognise growing community awareness and concern about AIDS, HIV and Hepatitis B and to address Caulfield Council's occupational health and safety responsibilities.

The policy has recommended that information on the diseases be made available to Caulfield residents, that the Council reduce the

number of discarded needles and syringes in public areas and that the Council support needle exchange programs in the municipality.

It also suggests that the Council provides sharps containers in areas where discarded syringes are regularly found and also provides training programs for staff members. Public health concerns have been addressed too.

The policy will be on display at City Hall. Phone 524 3333.





# Festival to have a Japanese flavor

## Entertainment for all ages

AN art exhibition promoting the 1991 Caulfield Festival will be set up in the National Gallery of Victoria's access gallery in November.

The exhibition, which runs from November 15-26, will reflect the culture inherent in the Caulfield community.

After those dates, the exhibition will move to Caulfield Arts Complex for display and the official opening of the festival.

The exhibition will be called *A Celebration of Two Cultures* and will be viewed by international tourists and the wider Melbourne community, as well as residents from Caulfield and surrounding areas.

Organiser, Ms Liz Jesty, said this year's festival would have a Japanese theme, to support the already strong Japanese community in Caulfield.

"Because the exhibition at the access gallery will have such a high profile, it was decided to focus on the work of artists from Caulfield and from Caulfield's Japanese sister city, Ogaki," Ms Jesty said.

"The exhibition will contrast lifestyles and cultural interests of residents in Caulfield, compared to those of residents in Ogaki.

"This will cement relations between the two cities and promote cultural awareness of Japanese lifestyles in Australia."

The exhibition will encompass photographic displays, Australian and Japanese artwork, audio visual displays, education kits and leaflets.

Other activities to be held during the festival include:

**Aqua fun** at Carnegie memorial

swimming pool, November 26. Primary schools are invited to participate in water and land games, supervised by trained instructors. Up to 1000 children can attend.

**Art exhibition** at Caulfield Arts Complex, November 28 to December 3.

Local artists Heather Cull, Peter Horne, Peter Chiller and Anne Marie Power will display their works.

**Japanese matsuri**, Caulfield Park, November 29. Japanese boat lanterns, made by local school children, will float on the lake. A festival artist will teach the children how to make lanterns.

There will be Japanese and Australian food, Japanese music and decorations, martial arts demonstrations, canoe rides on the lake and performances by local school children, including the Japanese School of Melbourne.

**Lakeside entertainment**, Caulfield Park, November 30. This will be a relaxing afternoon in the park for all ages and will include Devonshire teas, canoe rides on the lake and a string quartet.

**Twilight tea dance**, Caulfield Arts Complex, November 30. This will be an over 50s dance catering for novice and experienced dancers. It will feature a live band and two exhibition dancers.

**Community day**, Caulfield Park, December 1. Traditionally a day for the entire family, this will feature activities for children, live music, sporting demonstrations, international food, art and craft, community displays, dancing, council and government information and grand parades with clowns, acrobats, stilt walkers and cartoon characters.



Above: Mr Peter Horne with some of his work.

## The artists behind the exhibition

ARTISTS Anne Marie Power, Heather Cull, Peter Horne and Peter Chiller will represent Caulfield in an exhibition to be held at the National Gallery of Victoria in November.

**Anne Marie Power** has worked as a textile artist for more than 10 years.

Her work is represented in private and public collections in Australia and Japan.

Anne Marie recently returned from Japan, where she conducted a one-week workshop in machine embroidery in Yokohama.

Her visit was organised by the Port of Melbourne Authority and while Anne Marie was there, she collected many pieces of Japanese

material and papers.

Since returning to Australia, she has pieced them together to create small shrines.

These small textile artworks are inspired by the beauty of the traditional household shrines in Japan.

Anne Marie will work as an artist in residence in local schools before the Caulfield Festival, teaching children how to make Japanese boat lanterns.

**Peter Chiller** is a Caulfield artist, whose exhibition at Caulfield Arts Complex last year was a great success.

Peter's graphic cartoon style is humorous, but also makes comments on aspects of 20th century society.

Peter has exhibited in many group shows around Victoria and has held solo exhibitions.

He is a sculptor, painter and printmaker and will exhibit a selection of paintings in the 1991 Caulfield Festival exhibition.

**Peter Horne** lives in Murrumbena and has chosen four views of the Murrumbena railway station for the exhibition.

The paintings came about after Peter walked through the station and noticed trees growing through the asphalt in the carpark.

Previously, Peter concentrated on rural landscapes but he switched his focus to urban images two years ago.

He has had many group and solo exhibitions since 1970, including successful exhibitions at Caulfield Arts Complex.

**Heather Cull** has an interest in fine art and has moved away from her original work as a graphic artist and craftsperson.

Her collage work draws on the skills she gained as a graphic designer and textile artist. It is often decorative and richly embellished.

A combination of painted surfaces with sparkling metallic mediums gives Heather's work a reflective dimension.

Her pieces are inspired by mythical themes, such as dragons, witches and fairies. She also expresses her affinity with the natural environment, incorporating forests, fish, snakes and birds into her work.

Heather has travelled through Europe and Asia and has worked as an art director for international advertising agencies.

The exhibition will move to the Caulfield Arts Complex for display between November 28 to December 3. Each artist will show additional works as well.

## Kew Cottage residents put their talents on display

INTELLECTUALLY disabled people living at Kew Cottages now have the opportunity to show their artwork at Caulfield Arts Complex.

The residents, who are employed by Network Q, are exhibiting their work in regular foyer displays.

Network Q is an organisation which provides work programs in a variety of areas, including gardening, catering, cleaning, office services and creative production, for intellectually disabled people.

Being a commercially viable organisation, the profits are filtered back into materials, production costs and wages.

The ceramics program operates part-time. Its aim is to offer residents a creative outlet as well as employment.

Artists being represented in the current display are Caroline Downie, Ralph Dawson, Brian Lench, Steven Wears and Lynne Connelly.

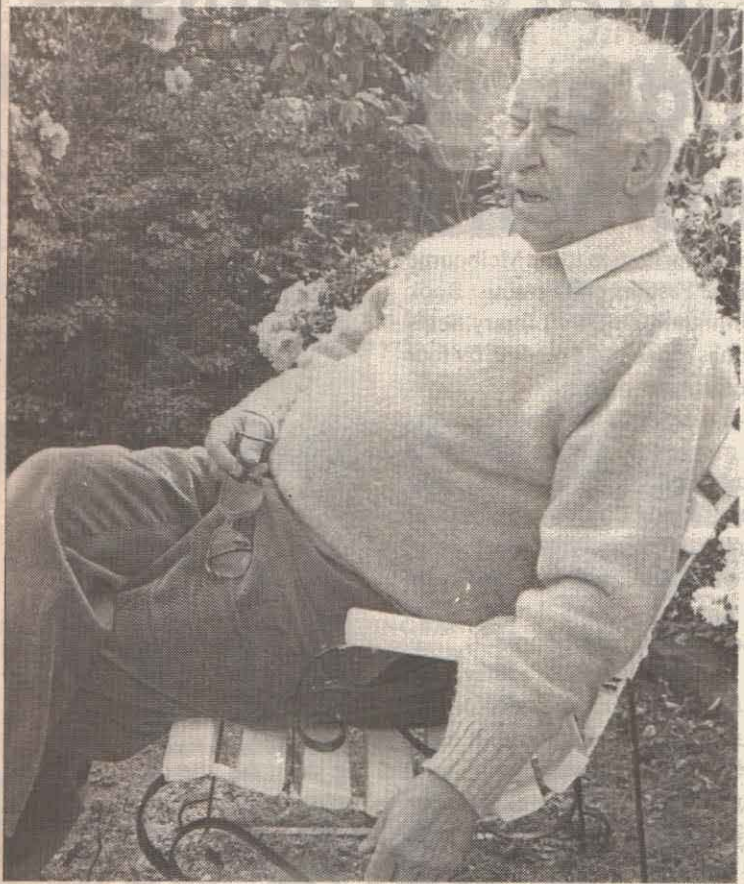


Above: Caroline Downie and Brian Lench display some of their ceramics.





## Exhibition an interesting mix



Above: Tom Moffatt sits in the garden of his Caulfield home. Mr Moffatt's works are mainly land, river and seascapes.

A MUCH-travelled ex-advertising man, artist Tom Moffatt is self-taught and has painted for pleasure for more than 30 years.

He has produced many paintings in oils during that time, taking subjects from all over the world, either sketched or painted on the spot.

A representational painter in the impressionistic style, his works are mainly land, river and seascapes.

Now Mr Moffatt's works will be available to the public when he holds his first exhibition at Caulfield Arts Complex from October 7 to 13.

The exhibition will be an interesting mix of Mr Moffatt's oil paintings and watercolors, which he started experimenting with only 16 months ago. The exhibition also will include some sketches in pencil and pen and ink.

For many years, he painted in

the company of his close friend and artist, Ron Skate. Most of their work together was done outdoors in the Goulburn Valley area.

"All my paintings reflect my ability to observe, compose and draw well - something I have practised all my life in the advertising agency business," he said.

Mr Moffatt long resisted the watercolor medium as too difficult but decided to take up the challenge last year.

"For three months I read up on the subject and painted four small watercolors every night," he said.

"After some time, I decided I had mastered the basics of watercolors and set out to do some bigger works."

The result is some remarkably fresh, colorful and skilful watercolors based on subjects from Mr Moffatt's sketchbooks and his recent trip to South America.

## Journey into landscape



AN exhibition of paintings by Melbourne artist, Diane Keating explores the Australian landscape. The exhibition will be held at Caulfield Arts Complex from October 8 to 13.



## Holiday program on again

CAULFIELD Arts Complex will run a fun-filled children's holiday program between September 30 and October 11.

A variety of interesting and creative classes will be offered to all primary school age children.

The program is divided into two weeks - the first from September 30 to October 4 and the second from October 7 to 11.

Younger primary school age children will be able to participate in color creations, science, pottery, creative games, sculpture, music and theatre.

Classes for older primary school age children include calligraphy, magic, bark painting, pottery, drawing and graphic design, science, sculpture, etching and printing, paper folk art, theatre, photography and fabric design.

For a program, contact Caulfield Arts Complex on 524 3287.

Above: Joel Graham, 6, enjoys himself at a music class during the last holiday program.

## Jazz concert

JAZZ musicians Tony Hicks and Shane O'Mara will feature in a concert to be held at Caulfield Arts Complex on Sunday, September 15.

Called *Jazz Comes to Caulfield*, the concert will comprise the duo's acoustic, electric, melodic, original compositions.

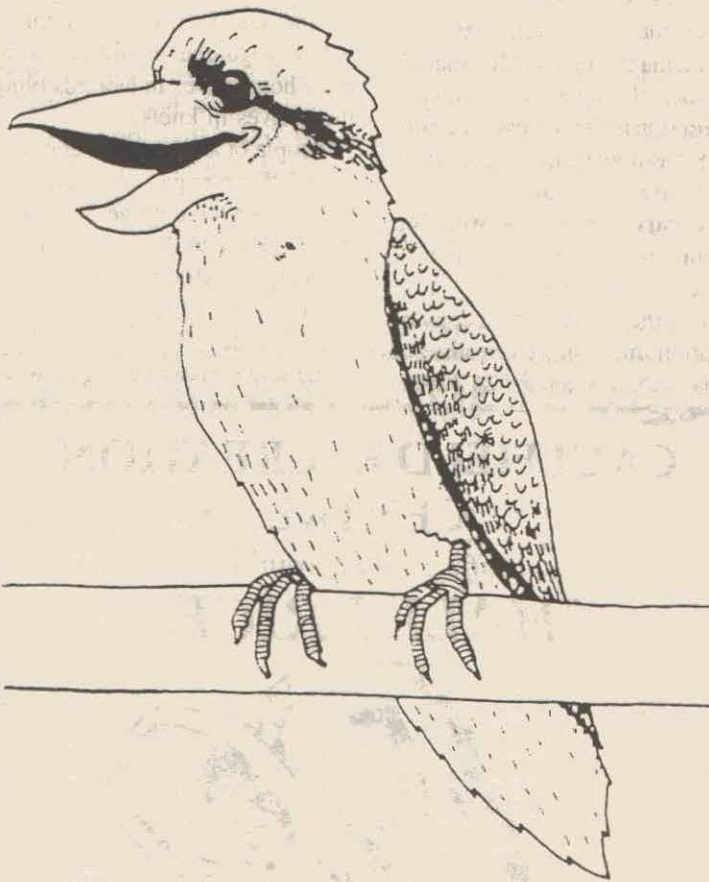
The concert will be held at the auditorium, Caulfield Arts Complex, cnr Glen Eira and Hawthorn Rds, Caulfield, at 3pm.

Tickets are \$10 adults and \$8 concessions.

Call Liz Jesty on 524 3264.

## Colouring Competition -Caulfield Festival-

Just colour in Kooka, the festival mascot, and be in the running to win great prizes.



Name \_\_\_\_\_

Address \_\_\_\_\_

Phone No \_\_\_\_\_

Age \_\_\_\_\_ Sex \_\_\_\_\_

Send entries to: Catherine Cooper  
Caulfield Arts Complex  
Caulfield City Hall  
PO Box 42  
Caulfield South 3162

Entries close November 15.





## Keep children amused during the holidays

CAULFIELD Recreation Centre once again offers a range of school holiday programs during the September holidays. There are four programs to choose from:

**Teeny Tots** (4-5 years, 9am-3.45pm). This kindergarten program is based at the centre and includes cooking, films, trampolining, art and craft, musical games and storytime.

**Big Kids centre-based activities** (6-10 years, 9am-4pm). Children are divided into groups and participate in sessions such as cooking, drama, art, films, trampolining and team sports, on a rotational basis.

**Bigs Kids excursion** (6-10 years, 9am-4.30pm). Children visit organised excursions, including the Melbourne Zoo, Luna Park, rollerskating and iceskating, 10 pin bowling, plaster fun house, swimming and amusement centres. They are fully supervised all day and are not permitted to wander off alone.

**Teenage holiday program** (10-14 years). This program is suitable for children who want to combine centre-based activities with either a morning or afternoon excursion. For example, children may visit the cinema then go to McDonald's for lunch, followed by a trampoline session at the recreation centre in the afternoon. Children are fully supervised at all times.

**Extra care service for working parents** (8am-9am, 4pm-5.30pm). Service is available daily.

For further details and a copy of the program, contact Caroline or Maria on 524 3288 or 524 3298.

## Feel better about yourself



Above: Yoga instructor, Mimi Robinson.

YOGA is not about standing on your head, according to instructor, Mimi Robinson.

Instead, it is to do with relaxation and feeling better about yourself.

Mimi has taught yoga through Caulfield Council for 11 years.

Her classes are held each Monday at Caulfield Recreation Centre (9.15am) and at Glen Huntly Maternal and Child Health Centre (6pm).

She said that, despite popular belief, yoga classes did not comprise housewives in leotards tying themselves in knots.

"People of all types and ages can benefit from yoga," she said.

"I have a wide range of participants, from business people to students studying for their VCE."

Mimi's youngest student is 13 and her oldest, 77.

She said that, while yoga did not

cure ailments, it was an excellent way to decrease the effects of stress and tension.

"My classes include breathing, relaxation and movements designed to release tension and anxiety," Mimi said.

"Students can take the techniques they learn in yoga and use them to deal with stressful situations in everyday life."

Mimi said most people took about 18 months to become fully accustomed to yoga techniques.

Participants progress at their own pace and individual needs are taken into account.

Mimi first tried yoga when she was in her mid-30s. She had been involved in a car accident and had not been in good health.

At the time, she was employed in the graphic design area, but she was so impressed by the extent to which yoga assisted her, she gave up her job and became a yoga instructor.

"Yoga helped me deal with the pain and helped me get in touch with myself," Mimi said.

Her yoga classes will run from October 7 to December 9. The fee for the 10-week term is \$55.50.

People wanting further information on the classes can call Mimi on 571 6896 or Michelle at the recreation centre on 524 3288.

## Library organises Indian dancer and women writers

AS a contribution to the Melbourne Fringe Festival and Feminist Book Fortnight, Caulfield Library Service has organised a reading by four Melbourne writers.

To be held at Caulfield Arts Complex theatre at 7.30pm on September 19, the reading will feature non-fiction author and barrister, Dr Jocelyne Scutt, playwright Sandra Shotlander and lively performance poets Lauren Williams and Kristin Henry.

Sandra Shotlander's play, *Angels of Power*, was performed recently at the Malthouse. It managed to weave mythology, Christianity, feminism, IVF experimentation and ethics into a powerful satire set in the corridors of Parliament House, Canberra.

Dr Jocelyne Scutt is the author of numerous books, including *Growing Up Feminist* and *The Baby Machine: Commercialisation of Motherhood*.

Both Lauren Williams and Kristin Henry have books which will be published by Penguin in the near future. They are known for their entertaining and challenging work.

All the featured writers will read their own work and pieces by their favourite women authors.

They will be introduced by Judy Still, Caulfield's new branch librarian. Cost for the evening is \$5, or \$3 for Caulfield Library Service Members.

Enquiries to 524 3357.

★ ★ ★

ACCLAIMED exponent of Indian dance, Chandrabhanu, will demonstrate one of the world's oldest, most exciting and complex dance forms on September 12.

Indian dance is based on colourful Hindu myths which Chandrabhanu recreates through stories and explanations and then translates into dance.

Chandrabhanu has been danc-



Sandra Shotlander

Photo by Ponch Hawkes  
ing since the age of five and has performed throughout the world.

The free presentation, organised by Caulfield Library Service, will give people a rare opportunity to meet and talk with one of the finest dancers in Australia.

The demonstration will be held at the youth resource centre, Maple St, Caulfield South, at 7.30pm.

For more information, call community services librarian, Barry Scott, on 524 3357.

★ ★ ★

INTERESTED people will be able to take an armchair travel trip to the National and Tate Galleries in London at two free presentations by Caulfield Library Service.

The illustrated presentations will include Titian, Rubens, Hogarth and Rembrandt from the National Gallery on September 18 and Constable, Turner and Spencer on October 16.

Influences and background history will be discussed by Gay Matthews, who will lead the presentations.

Both presentations start at 2pm and will be held at Caulfield Library, Maple St, Caulfield South.

Bookings are essential and can be made by phoning Barry Scott on 524 3357 or calling into Caulfield Library.

## What's on the shelves this month

THE following books are now available for loan from Caulfield Library Service.

**The Case for Astrology**, by John Anthony West, 1991. This fascinating book rewrites the history of astrology, making use of unchallengeable evidence developed over the past three decades by a number of scholars.

**The Quiet One. A Life of George Harrison**, by Alan Clayson, 1990. While never dismissing his Fab Four past, George Harrison has been the readiest of the group to venture beyond pop music via such diversions as his exploration of Indian culture and the underwriting of Handmade films, now a pillar of British cinema.

**Japanese Cooking. The Healthy and Natural Way**, by Koji Nakano. A cookbook with an emphasis on natural ingredients and flavours, freshness and nutrition.

**Into The Heart. One Man's Pursuit of Love**, by Kenneth Good, 1991. A compelling account of an anthropologist's foray into the heart of the unexplored Amazon jungle.

**Henry Miller. A Life**, by Robert Ferguson, 1991. The biography of Henry Miller, a prophet of sensualism, a splendid Bohemian, an unashamed egoist and a remarkable writer.

**Hank. The Life of Charles Bukowski**, by Neel Cherkovski, 1991. A candid insight into the life of the celebrated underground poet and

best-selling cult hero.

**High Blood Pressure. Special diet cookbook** by Maggie Pannell, 1991. Delicious low-salt recipes which are calorie controlled.

**A Traveller's Alphabet. Partial Memoirs** by Steven Runciman, 1991. The story of the life and travels of a renowned historian.

**Feet of Clay. Her epic walk across Australia**, by Ffyona Campbell, 1991. The story of a wilfully independent young woman's journey across Australia.

**Make Your Own Rainbow**, by Leonard Ryzman, 1990. A motivational speaker and Caulfield resident shows us how we can solve our problems and achieve emotional and material success.

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**WANTED**

TYPIST to help one of our hostel residents to have her poems compiled into a booklet. Reasonable rates please. Phone Ruth on 524 3315 (b/h)

**PUBLIC NOTICE**

VASIL Training Pty Ltd of 20 Booran Rd, Caulfield hereby give notice of their intention to apply to the Council of the City of Caulfield for permission to keep more than two dogs on premises situated: 20 Booran Rd, Caulfield. The number of dogs proposed to be kept is three. Objections to be lodged within one month.

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A Gentleman resident in one of our hostels has written his life story. We urgently need someone to edit and type it for a reasonable fee. There are 170 pages of hand written entries. Interested persons phone Ruth on 524 3315 (b/h).

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# Bowled Over

CARNEGIE Bowls Club is proud of its achievement in winning the VIBBA south group indoor day pennant final, defeating Edithvale in a close finish.

Teams were: Elaine Smart, Nancy Papworth, John Warrick, (C) Roy Papworth and Joyce Rooney, June Fowler, Harry Charlesworth and (C) Neil Cunningham.

Congratulations to all concerned on a great effort.

The club has run a successful indoor bowls competition, with five carpets in use every Wednesday and Saturday afternoon at 1.30pm.

Lawn bowls start this month and the club is proud of its new greens. The club is anxious to encourage new players, men and women, and offers free tuition with bowls provided.

All potential bowlers need is a pair of heelless shoes or slippers and there is no obligation to join the club.

People can phone secretary, Elwood Davey, on 578 1531 or president, Harry Smart, after 6pm on 570 5082 to arrange a suitable time.

CAULFIELD RSL Bowls Club held its open day on August 31. The club welcomes bowlers to enter teams of mixed fours to be held on the first Sunday of each month starting from October 6. The competition will be sponsored by Fine Line Photography and will consist of two games, 12 ends for \$12 a team.

The competition will start at 1.30pm and afternoon tea will be provided. Trophies to the value of \$200 will be won. Enquiries to Laurie Kerr on 570 4708 or Arthur Taylor on 509 5843.

ELSTERNWICK Park Bowls Club members have been busy during winter with various activities in the clubhouse, including card afternoons and solo lunches. Carpet bowls were popular with three teams entered in the pennant games and a social game every Sunday afternoon.

The club is proud of Pam Bryan, who came runner-up in the south group champion of champions competition.

In addition to the social events, much work has been done by the various committees and helpers in arranging events for the coming season and also maintaining the clubhouse and surrounds.

The club was pleased to welcome some valuable new members last season and is looking forward to receiving more this season.

Free coaching is available and enquiries may be made to secretary, Freda Smith, on 528 3789.

Alternatively, people can call into the club at 170 Glen Huntly Rd, Elwood.

MURRUMBEENA Bowls Club reports that, while winter bowling is not something which appeals to everybody, the Murrumbena green

has been filled four times each week during the winter months with a large number of dedicated bowlers.

Players have enjoyed men's triples on Sunday mornings and Monday afternoons, men's fours on Wednesday afternoons and mixed fours on Saturday afternoons.

President, Wyn Tennant, and her band of ladies have warmed up the players with hot soup on Sundays and tea and coffee on others.

The club appreciates the support given by players from other clubs, some of whom travelled long distances, and assures them of a warm welcome next year.

New players also will be most welcome and are advised to apply early as bookings have begun already.

Call Murrumbena Bowls Club on 568 5144 for more details.

*If you would bowls notes from your club included on this page, send the information to:*  
**Caulfield Contact**  
City of Caulfield  
PO Box 42  
Caulfield South 3162  
by September 18, 1991.

## Seniors can enjoy show specials

SENIOR citizens can enjoy special privileges at the 1991 Royal Melbourne Show.

The first two days - September 19 and 20 - have been designated senior citizens' days.

This means that holders of Seniors cards will be able to buy tickets for \$9 and pensioners will pay only \$6.50.

Other benefits will include low-priced meals and a special treat from the Work Skill bakery stand in Harvest Hall on production of Seniors or pension cards.

Exhibitions of interest to seniors include the Carlton and United Breweries clydesdales, the Edwards family bush skills centre, the

woodchop events and Farriers' Forge.

The government pavilion and Victoria Police exhibition are worth a visit as well.

The arts and crafts halls are popular with young and old. Items on display include decorated cakes and baking, lacework, needlework and woodwork.

At 2.30pm on September 20, the spectacular Rural Finance Corporation Royal Show grand parade will be conducted.

Through Friday afternoon and into the evening there will be a wide range of entertainment, including harness racing and the Holden precision driving team.

## Our planet, our future

### Children and family services column

THE theme for Children's Week this year is *Our Planet Our Future*.

Caulfield Children and Family Services Network has a planning group working on activities in the Caulfield municipality.

They are planning two things - an activity day and a publicity sheet advising what will be on during Children's Week.

The activity day will be held on Sunday, October 20, from noon to 4pm in Princes Park between Birch and Maple Sts.

There will be a wide range of fun things for children to do, experience and learn.

The recreation centre, Caulfield library and Birch St kinder will be open on the day.

Activities such as a sensory walk will complement the theme.

The planning group is eager to hear from community-based groups interested in participating in the day. The group also wants to hear from organisations arranging their own activities.

Call Valda Bawden on 524 3311.

## Caulfield Contact Publication Dates

CAULFIELD Contact will be published three more times this year. Here is a list of publication and deadline dates.	ISSUE	PUB DATE	DEADLINE
	October	Wed Oct 9	Wed Sep 18
	November	Mon Nov 11	Mon Oct 21
	December	Mon Dec 9	Mon Nov 18

Articles submitted before the listed date have the best chance of being included in each edition. Display advertisements must be submitted three weeks before publication date for each issue, while classifieds must be submitted a fortnight before.

**All submissions, cancellations and alterations must be received in writing by the deadline date of the next issue.**

**Contact staff will not check with advertisers on whether they want to repeat an advertisement.**

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## CONTACT DIARY

Do you have an event coming up that you would like to publicise? This is the place to put it. Contact Diary is compiled monthly, so if you want to let the community know about your club, society or event, we'll be happy to include it on this page.

Let us know about your activities.

Contact diary  
P. O. Box 42,  
Caulfield South 3162



## ART AND CRAFT

**Malvern Artists' Society** will hold a demonstration in pastels on Sunday, September 15, at 2pm. The demonstration will be given by Clem Rogers at the MAS gallery, 1299 High St, Malvern. The gallery will be open until 5pm.

## CHURCHES

**Caulfield Christian Centre** (pentecostal) will hold services on Sundays at 10.30am and 6.30pm with Pastor John Dornan at 630 Warriugul Rd, Oakleigh South. Phone 523 6882.

## CLASSES

**Group enquiry gatherings** for those interested in the Catholic faith will start this month. Interested people can contact Fr Fitzgerald on 528 5988.

**Performing arts classes** are held every Thursday from 3.30pm-5pm at 258 Hawthorn Rd, next to Caulfield City Hall. Come along and gain a new interest and bolster your self-confidence. Classes are free, but participants should be members of the University of the Third Age. Annual membership is \$15.

## ENROLMENTS

**Orrong Rd Pre-School** enrolments are being taken now for 1992. Phone 528 2203 or call in at 55 Orrong Rd, Elsternwick.

## ENTERTAINMENT

**Brighton Cultural Film Society** specialises in French films selected from the French Cultural Centre in Canberra. The next meetings are on September 17, October 15, November 12 and December 3. Films are screened at Brighton Town Hall library function room, Wilson St, Brighton, from 8pm. Supper is provided. Membership is \$20 couple; \$12 single. Concession for pensioners and students. For details, call Bill on 578 3882.

**Elwood Theatre Company** will perform the Australian classic, *The Summer of the 17th Doll*, at St Columba's, cnr Glen Huntly and Normandy Rds, Elwood. Performances will start at 8.15pm on September 27 and 28, October 3, 4 and 5. A matinee will be held on September 29 at 2.15pm. Cost: adults \$10; concession \$7. To book, phone the ticket secretary on 531 8245. *The Summer of the 17th Doll* tells the story of cancutters and the

women who wait for their return each summer. It is set in Melbourne in the 1950s.

**The Pickle Theatre Company** will present John Steinbeck's classic, *Of Mice and Men*, at the Phoenix Theatre, Elwood High School, 101 Glen Huntly Rd, Elwood. Performances will start at 8.15pm on September 20, 21, 26, 27 and 28, while a matinee will be presented on September 22 at 4pm. Cost: adults \$9; concession \$7, except for a gala night on September 27 which will cost \$12 with no concessions. Book on 459 6680.

**Caulfield City Choir** will present its annual spring concert at St Stephen's Uniting Church hall, Balaclava Rd, Caulfield, at 2pm on September 15. This will be the choir's first concert with new conductor, Kevin Purcell. The program will include excerpts from *Nabucco*, *Student Prince*, *Il Trovatore*, *Carmen*, *Aida*, *Cavalleria Rusticana*, *Showboat*, *West Side Story* and *Good Morning Vietnam*. Afternoon tea will be served after the performance. Admission: adults \$10; concession \$8. Enquiries to Dawn Moroney on 523 7832 or Bill Mather on 819 2741.

## FAIRS AND FETES

**Bargains galore** will be available at St Catharine's bumper annual fete to be held at the church, Kooyong Rd, on October 26 from 9am. Plants, books, clothes, crafts, cakes, jams, canework, toys and raffle tickets will be available for people to buy.

**Peter MacCallum Cancer Institute** auxiliary will conduct a spring-time fair at St Anthony's parish hall, cnr Grange and Neerim Rds, on Sunday, September 15. Doors open at 9am and goods for sale include cakes, jams, crafts, clothing, Christmas gifts, pottery, plants, books and toys. Money raised will go towards equipment for the hospital.

## MEETINGS

**Neighbourhood Watch** group C80 will hold its next meeting on Tuesday, September 10, at Caulfield City Hall committee room at 7.30pm.

**The Young Men's Hebrew Association** - the Y Club - meets every Tuesday at 12.45pm at B'nai B'rith House, 99 Hotham St, East St Kilda. Cost: \$12 for a three-course lunch-

eon and guest speaker. Contact Gershon on 528 2023.

**Oakdale Angling Club**, a family club, will hold its next meetings on September 11 and 25 at Murrumbena Reserve, Kangaroo Rd, at 8pm. Interested anglers can phone Mr Max Born on 544 3703.

**The Oaks Toastmasters** meet locally to develop their communication skills in a friendly atmosphere. Men and women are welcome. Contact Ron Walker on 583 2843 (h) or 694 5615 (b).

**Chadstone Community Health Centre** will hold its 11th annual general meeting on Wednesday, September 18, at 5pm. The meeting will be held at the centre, 568 Neerim Rd, Hughesdale. Guest speaker will be Health Department Victoria chief general manager, Mr Tim Daly. Everyone welcome. RSVP to Nan Haig on 568 2599 by September 13.

**Senior Ladies Friendship Group** meets every second Thursday from 10am-noon for friendship, chatter and fun. Programs are varied. Cost: 50c and drinks are provided. On September 19, the group will be conducted at 99 Grange Rd, Glen Huntly. On October 3, the group will be held at 185 Poath Rd, Hughesdale. For more details, call Margaret Moss on 596 6124.

**Arthritis Foundation of Victoria's** Caulfield self-help group will meet at 10.15am on Monday, September 23, at 259 Kooyong Rd, Elsternwick. Visitors welcome. Enquiries to 570 4970.

**New Ormond auxiliary** for the Alfred Hospital will hold its 22nd annual general meeting on Monday, September 23, in the Uniting Church hall, cnr North and Booran Rds, Ormond. Meetings are held on the fourth Monday of each month at 10.30am in the hall. Visitors and new members welcome. Money raised goes towards hospital equipment. Enquiries to Eveline Moir on 578 1721.

**Chesed**, a Jewish bereavement support group, meets every Tuesday at B'nai Brith House, 99 Hotham St, East St Kilda, between 2pm and 4pm. The group supports members during their times of grief. The service is provided by volunteers trained specifically in bereavement support work. The service is free and all contact with the organisation and workers is confidential. For more information, contact Chesed on 528 2273.

**Caulfield Combined Pensioners** will hold its monthly meeting on September 17 at Caulfield City Hall, starting at 1.30pm. There will be a special review of the Federal and State budgets. Visitors welcome and afternoon tea will be provided. Call Alma Mor-

ton on 528 4459 for more details.

**Caulfield Historical Society** will hold its 19th annual general meeting on Wednesday, September 18, at 7.30pm. A guest speaker from the police historical unit will be present. Visitors are welcome and supper will be served.

**Caulfield General Medical Centre's** Caulfield auxiliary will hold a coffee morning in room 3 at the hospital on Wednesday, September 11, at 10.30am. Donation: \$2.50 for a market research demonstration. Contact Nancy Needham on 569 5467.

## RECREATION

**Bridge courses** for beginners will start on Tuesday, September 24, at 8pm and Thursday, September 26, at 2pm. Regular supervised play sessions are held too. For bookings, phone 523 7134.

**Timeout**, a free community program run by the Raja Yoga centres of Melbourne, will be held at Caulfield City Hall on Wednesday, September 18. Participants can learn the basics of meditation through guided commentaries and group discussion. The program will run from 7.30pm to 8.30pm in the balcony room. For details, phone 528 4995 (h).

**Early Planning for Retirement Group** in Caulfield has organised the following activities for September:

**September 9**, photography group will meet at 8pm at 1 St Georges Rd, Elsternwick. Subject is *Nature*. Visitors welcome. Supper will be served. Enquiries to 571 3687.  
**September 10**, walking group will meet at 9.30am at Caulfield City Hall. Walk will be in Darebin Creek-Birrarung Park area. Visitors welcome. Enquiries to 528 5376.  
**September 19**, interest meeting will be held at 7.30pm at Gladys Machin hall, Cedar St, Caulfield. Guest speaker will be Captain John Carroll of Port Phillip sea pilots, who will tell of his experiences on the QE2. Visitors welcome. Supper will be served. Call 570 1150.  
**September 25**, travel group will meet at 7.45pm at Gladys Machin hall, Cedar St, Caulfield. Betty Huston will show slides of Iceland. Visitors welcome. Supper will be served. Enquiries to 571 3687.

Alma Rd Neighbourhood House

will hold a 50+ social gathering on Sunday, September 22 from 2pm to 4.30pm. Rummytiles and Scrabble will be played. Afternoon tea is available and everyone is welcome. Call Nita on 527 6124 for more information.

**The Over 40s Club** will hold a 60/40 dance at 675 Centre Rd, East Bentleigh, on Saturday, September 14 and 28. The dance will start at 8pm. Cost: \$5. Supper provided. Enquiries to 563 2486 or 546 8095.

## THANKS

**Caulfield Red Shield Appeal** chairman, Mr Jack Campbell, would like to thank all those who assisted in the Salvation Army's recent appeal. Through the community's generosity, a record total of \$34,858 was collected.

**Fifth Caulfield Scout Troop** would like to thank everyone who contributed to its recent garage sale, either by donating or buying items. The sale was a great success.

## VOLUNTEERS

**Volunteers** are needed for the Spastic Society's leisure lifestyles program. Through assisting the integration of people with disabilities into mainstream leisure activities, volunteers can make friends, have fun and gain valuable experience for work in the disability field. Free training workshops are provided. For information, contact Darielle or Melinda on 822 1226.

**Southern Citizen Advocacy** offers a free training course for people interested in helping disabled adults participate in community life. A short orientation program begins soon. Call 576 0155.

**The National Heart Foundation's** Heart to Heart doorknock appeal will be conducted on October 20. Money raised from the appeal goes towards heart research. People interested in doorknocking for the appeal in the Caulfield area are asked to contact Mr Jack Campbell on 523 9228.



Copy deadline for October  
Caulfield Contact is  
**September 18**

## CAULFIELD CONTACT

CAULFIELD CONTACT IS COMPILED FOR THE RESIDENTS OF THE CITY OF CAULFIELD. THE PAPER ENCOURAGES THE PUBLIC TO SUBMIT ARTICLES, BUT THEIR INCLUSION DEPENDS ON THE SPACE AVAILABLE IN EACH ISSUE. PLEASE SEND ARTICLES AND PHOTOS TO:

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