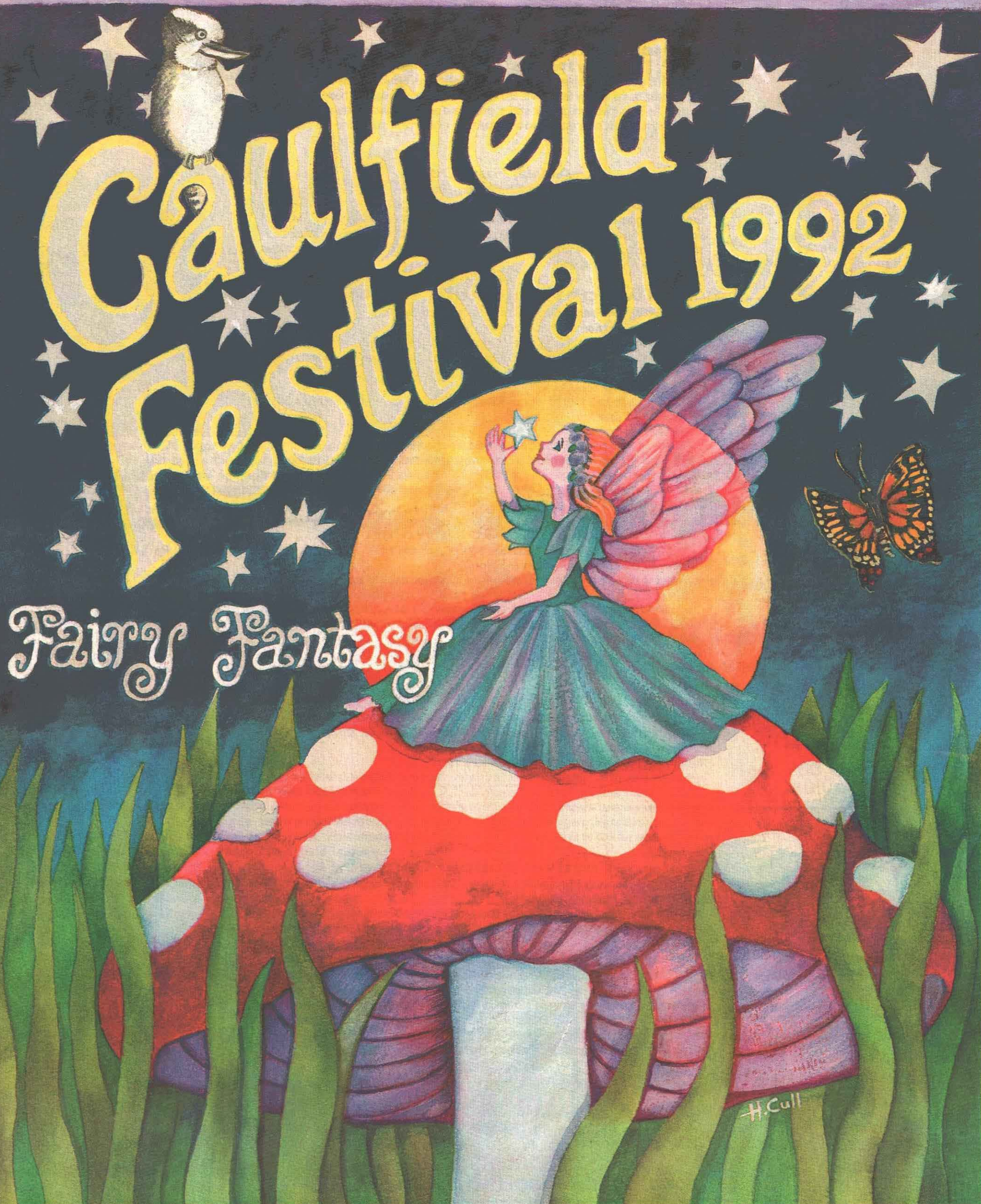


CAULFIELD CONTACT

A monthly publication
produced by the Caulfield
Council for the
residents of the City.



Vol 18 No. 9 November, 1992



Launch of the Caulfield Writer's Booklet

Thursday 3 December, 7.30pm - Caulfield Arts Complex

This booklet is a community project initiated by the Caulfield Library Service and the Caulfield Writers Group. Funded by the Ministry for the Arts and the Caulfield Library Service, the booklet reflects the diversity of life in Caulfield through short stories, poems and autobiographical material. Caulfield writers already have established a reputation for excellence in story telling and this booklet continues this tradition.

Aqua Fun Days

Tuesday 1 & Wednesday 2 December

Sponsored by Parnell Motors

This popular program will attract 2,500 local school children to the facilities at the Caulfield Memorial Swimming Pool. Great fun to be had by all with many and varied activities for children to participate in. The pool is a great place for families to relax and this is borne out by the fun and excitement children enjoy during the Aqua Fun program.

Twilight Fairytale Fantasy

Friday 4 December, 6.30-8.30pm - Caulfield Park

Come dressed as your favourite fairytale character.

This magical evening is a must for all Caulfield families. The Caulfield Lake will be transformed into a fairy wonderland. His Worship The Mayor, Cr Ed Biggs will officially open the Caulfield Festival at 6.45pm in the Marquee.

6.50pm - By the Fairy Dell

Cadance Malvern Community School of Dance and Theatre - demonstration of circus skills classes and adventures in jazz classes.

6.50pm - In the Marquee

Caulfield North Primary School children - collection of fairytale songs

7.15pm - Parade to Fairy Island to collect fairy/wizard wands and to see the little people.

All evening there will be free canoe rides and storytelling in the Fairy Dell. Spit roast and fairy food available. All food provided at a low cost from the **Caulfield Rosstown Rotary Club**. (Wet weather alternative - Caulfield Arts Complex).

Caulfield Goes Welsh

Saturday 5 December, 1-5pm - Caulfield Park

Sponsored by The London Tavern Hotel

Enjoy a relaxing afternoon by the Caulfield Lake while the **Melbourne Welsh Dancers** entertain you with the "Diary of a Welsh Swagman" from 1.30-3pm. After partaking in a delightful afternoon tea provided by the **Caulfield Rosstown Rotary Club** all the family can work the calories off by joining in the Welsh and Australian folk dancing. At 3.30pm relax to the beautiful Welsh poetry of Dylan Thomas as performed by **Nathan King** to musical accompaniment.

Free canoe rides available all afternoon.

(Wet weather alternative - Caulfield Arts Complex).

'Once Upon A Time...

Saturday 5 December, 2-4pm - Caulfield Arts Complex

Sponsored by Vic Health Promotion Foundation and Child Accident Prevention Foundation.

(This exhibition continues through until 31 January, 1993).

The exhibition is based on traditional childrens fairy stories. Children and adults alike will be enthralled by The Enchanted Forest, The Tea Party, Treasure Island, At The Ball and The Magic Spell areas. All areas will feature original artworks, paintings, book illustrations, textiles, ceramics, collages, furniture and sculpture. Children will have great fun dressing up, role playing, playing games and listening to story telling. The areas will also be further enhanced by visual and audio projections.

Festival Supper Dance

Saturday 5 December, 7.30-11pm - Caulfield Arts Complex

Sponsored by Jeffrey's Bookshop

Come dance the evening away to the enjoyable sounds of Bernadette Ogden and her band. Exhibition dancers, Les and Pat Thompson, former South Pacific Old Time Professional Dancers.

Many thanks to our Sponsors

Forty Winks, Elsternwick, John Allison, Monkhouse, Parnell Motors, Woolnough's Tyre Service, Penha, Triacks Building Supplies, Jeffrey's Bookshop, London Tavern Hotel, Noel Jones Real Estate, Thomson Real Estate, Bennison McKinnon Real Estate, Lord & Paltos Real Estate, Damien Tiernan Real Estate, Lords Real Estate, Geoff Nixon Real Estate, Buxton Real Estate, Angel Hotel, Elsternwick Hotel, Rosstown Hotel, Taylor's Discount Store, McDonalds, Elsternwick, Child Accident Prevention Foundation, Vic Health Promotion Foundation.

11 Caul

Caulfield Festival Program

Tuesday 1 & Wednesday 2 December

Aqua Fun Days for local primary schools.

Place - Caulfield Memorial Swimming Pool.

Thursday 3 December

Launch of Caulfield Writer's Booklet.

Place - Caulfield Arts Complex.

Friday 4 December

Twilight Fairytale Fantasy for the whole family.

Place - Caulfield Park, 6.30pm.

Saturday 5 December

Caulfield Goes Welsh - an entertaining afternoon of Welsh music, dance, poetry and culinary delights.

Place - Caulfield Park, 1-4pm.

'Once Upon A Time...' Art Exhibition - a magical fairytale world for children and the young at heart.

Place - Caulfield Arts Complex, 2-4pm.

Festival Supper Dance - live music and exhibition dancers.

Place - City Hall, 7.30pm.

Sunday 6 December

Community Day - Grand Parades, entertainment, arts, crafts, sports, food etc.

Place - Caulfield Park, 10am-4pm.

Fun Run - fast flat course with all K's marked. 10k and 3.5k.

Place - Caulfield Park start and finish. Start 9am. For entries, call 563 5582, or 885 6652.

Community Walk for Health

Place - Caulfield Park, 10.30am. For enquiries, call Sue Hunt, on 523 6666.

CAULFIELD CONTACT

M O N T H L Y

A monthly publication
produced by the Caulfield
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residents of the City.



Vol 18 No. 9 November, 1992

Caulfield's Mayor and Mascot celebrate Children's week



CAULFIELD Mayor, Cr Ed Biggs and Caulfield Mascot, Kooka made guest appearances at the recent Activity Day, run by the Caulfield Children and Family Services Network, to celebrate Children's Week. More photos on page five.

Caulfield's swimming season opens

CAULFIELD Memorial Swimming Pool complex has officially opened with the season extending through until March 31, 1993.

The Complex, located in Moira Ave, Carnegie, has a variety of pools which cater for all ages groups, including:

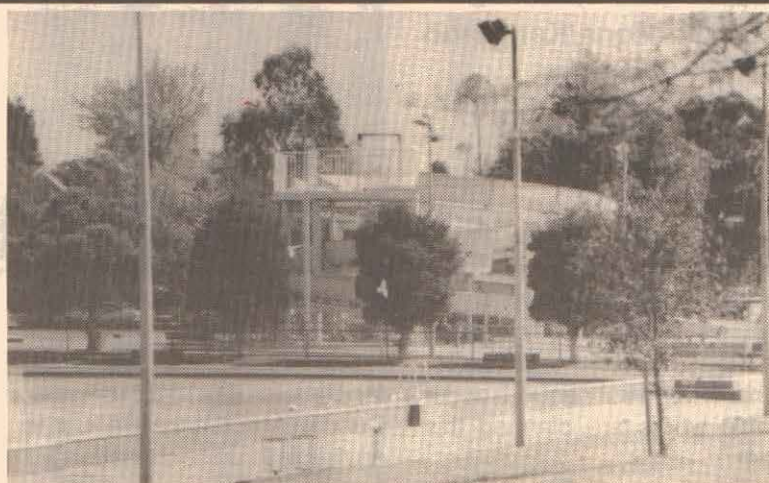
- 50 metre Olympic pool;
- diving pool with four diving boards;
- two giant waterslides and;
- toddlers' pool.

All pools are heated to a constant 26 degrees.

Areas are set aside for lap fitness swimming and arrangements can be made for swimming lessons.

Landscaped grounds with shaded areas, barbecues and a kiosk make for a relaxing family outing. Why not come along and try it out? (Tennis courts and a weightlifting gymnasium adjoin the site).

The Complex is open from 6am-7pm weekdays, and 10am-6pm on weekends and public holidays, (it may stay open until 9pm if the temperature at 5pm is



Above: The Caulfield Memorial Swimming Pool complex, showing the magnificent two chute waterslide, 50 metre swimming pool, plenty of shaded areas and lighting.

above 27 degrees).

Admission is \$2 for adults and \$1.10 for children. Concessions are available for multiple usage.

Sunscreens, goggles and caps are available for sale from the office at the Complex.

For further information, phone 571 8143.

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Caulfield South 3162

Tel: 532 9008

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free prawn crackers,
only \$19.90

● SINGLE PACK

1 main course,
with special fried
rice, free spring roll,
only \$6.90

Carnegie library

CAULFIELD Mayor, Cr Ed Biggs cordially invites residents of the City of Caulfield to attend the official opening of the new Carnegie Library on Saturday, November 21 at 10.30am at the new location, 104 Koornang Rd, Carnegie. The new venue is 50% larger and has a separate childrens' reading area. It has 4000 more books for its readers.

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good advice 7

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Bowled Over 11
Classifieds 11
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(guys & girls)

★ Levi jackets \$89, Levi Shirts \$60 ★

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useful advice on how to
achieve a top price for your
property, please speak to
Mike Michelson, on
578 0600 A.H.



COUNCIL MEETINGS

MEETING DATES FOR 1992

CAULFIELD Council has changed the name of some of its committees.

Executive Services is now known as Town Planning and Finance Strategy is simply Finance Committee.

The newly elected chairmen for these committees are as follows:

Town Planning - Cr Alan Grossbard	Finance Committee - Cr James Barrett
Policy & Environment - Cr Veronika Martens	

Nov 17	6pm Finance 8pm Council
Dec 1	8pm Town Planning
Dec 8	8pm Policy & Environment
Dec 15	6pm Finance 8pm Council

1993

Feb 2	8pm Town Planning
Feb 9	8pm Policy & Environment
Feb 16	6pm Finance 8pm Council

CAULFIELD COUNCILLORS

NORTH WARD

Cr Nicholas Gold
(Deputy Mayor)
2/272 Hawthorn Rd
Caulfield 3162
Tel: 523 0253

Cr David Michelson
P O Box 4
Elsternwick 3185
Tel: 523 0253

Cr Sandy Anderson
398 Glen Eira Rd
Caulfield 3162
Tel: 528 1727 (P)
500 9111 (B)

SOUTH WARD

Cr Helen Friedmann
3 Service St
North Caulfield
Tel: 528 4776 (P)

Cr James Barrett
1 Albert Rd
Carnegie 3163
Tel: 578 0680

Cr Tony Browne
3 Gisborne St
Elsternwick 3185
Tel: 528 3525

EAST WARD

Cr Ed Biggs
(Mayor)
40 Rosanna St
Carnegie 3163
Tel: 569 9386

Cr David Spencer
28 Margaret St
Carnegie 3163
Tel: 568 5073 (P)
570 5143 (B)

Cr Veronika Martens
13 Margaret Ave
Murrumbeena 3163
Tel: 579 0297

WEST WARD

Cr Robert Kirby
50 Riddell Pde
Elsternwick 3185
Tel: 523 9993

Cr Alan Grossbard
19 Keeron St
Caulfield South 3162
Tel: 523 7209

Cr Noel Erlich
4 Pretoria St
Caulfield 3162
Tel: 523 7365

News in brief

Council receives \$5000

CARNEGIE Progress Association has donated \$5000 to Caulfield Council for the installation of playground equipment at Koornang Park. In appreciation for the generous donation, Council will erect an appropriately worded plaque near the new equipment, acknowledging the donation from the Association. The Association also made a donation of \$2,500 to the Caulfield Arts Selection Advisory Committee for purchase of ceramic work.

Library to move

AFTER almost a year of public consultation, a decision to move the Maple St Library to City Hall and to upgrade the Elsternwick Library was made at last month's policy and environment committee meeting. A number of objectors were in the gallery, a number of whom live locally to the Maple St area, presented their point of view to the committee. However, after a cost/benefit analysis was undertaken, the results showed an overwhelming benefit to Council in relocating the Maple St Library. With aid from the Federal Government's funding for capital projects, Council now has the required funds to implement a more attractive and centrally located library for Caulfield, with minimal cost to ratepayers.

Murrumbeena/Kangaroo Rd intersection

FOR seven years now, Caulfield Council has listed the Murrumbeena/Kangaroo Rd intersection with VicRoads as being in need of upgrading, together with other city-wide locations. Council has had recent notification that this site was not included in VicRoads top 200 priorities for 1992 and no subsequent major traffic works are planned this year.

The Police C District Road Safety Liaison Committee, of which Cr Veronika Martens and senior transport engineer, Robert Stainforth are members, will be meeting in the near future to discuss whether there can be any temporary safety measures implemented prior to the Council receiving full signal alert approval from VicRoads.

Ted gets re-elected

TED Tanner, at the declaration of the poll in Caulfield, thanked the electors of Caulfield for his re-election as their State MP and said he would continue to endeavour through his work to show he is worthy of their support. The result of the October 3 State election in Caulfield was a record vote of 64% to Ted Tanner. The slow count of the votes in Caulfield, was due to a record for a State electorate of over 4,200 postal votes.

Engineering update

Reconstruction - Reserve Ave

CAULFIELD Council's engineering department has recently completed a design to reconstruct Reserve Ave between Munro Ave and Railway Rd.

This project involves resetting bluestone pitcher kerb and channel, replacement of underground drainage and associated civil works.

The contract was awarded to Baldur Pty Ltd, at a total cost of \$27,540.

The purpose of carrying out this project is to upgrade the existing drainage pipes, kerb and channel, to overcome the general deterioration of the road pavement.

The construction work will be completed this month.

Reconstruction - Oakleigh Rd

COUNCIL has recently carried out road reconstruction works in Oakleigh Rd between Katandra Rd and Grange Rd, Ormond.

The works commenced in mid October and were carried out by Presta Paving Constructions. Underground drainage, new concrete paving and concrete kerb and channel were installed.

This work was part of Council's annual works program of upgrading four or five residential streets each financial year. Reconstruction of this section of Oakleigh Rd had become necessary due to the complete deterioration of the concrete kerb, channel and associated drainage network.

New bike signs



HAVE you noticed the new bike signs around Caulfield?

Implemented in June this year, these new blue and white signs (pictured left), are bike path route markers which are intended to delineate bike paths throughout the community.

In addition, there will be new signs erected, guiding bike users to tourist attractions, schools and recreational facilities within the community. This program is an initiative of the Caulfield Bicycle Planning Advisory Committee, Caulfield Council.

Netball complex - public meeting

CAULFIELD Council has approved the construction of eight netball courts and associated facilities for day/night usage at Duncan MacKinnon Park. It is envisaged that construction will be completed in early 1993.

A public meeting for all prospective users has been called to view plans for the new complex and inform them of construction progress to date. Discussion on court usage and the function of the Complex's still to be decided managing body will also be addressed. The meeting, to be chaired by Caulfield

Mayor, Cr Ed Biggs, will be held on Thursday, November 19, 8pm at the Duncan MacKinnon Park pavilion, cnr Murrumbeena and North Rds, Murrumbeena.

The South Eastern Netball Association and Caulfield Council jointly look forward to meeting with interested parties, netballers and the general public to discuss future plans for the Complex.

For further information about this meeting, please contact Betty Baitz, 578 3795 (a/h), John Boorn, 578 3692 (a/h) or Robyn Packham, 571 4210 (a/h).

Council crew save the day

CAULFIELD Council's construction crew braved the elements of a burning residence recently.

The crew who were working on the roadspray program in Elsternwick on November 4, noticed smoke and flames gushing from a weatherboard home in Royal Ave.

The immediate action of the Council workers was to grab a hose from the front yard of the house and attempt to put the

fire out without much success.

They then grabbed a fire hose from the neighbouring shop and proceeded to control the fire until the fire brigade arrived shortly afterwards.

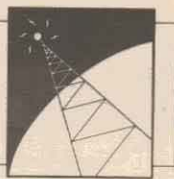
The fire brigade officers commented that if it wasn't for the quick action by the Council workers, the residence would have been totally destroyed.

Those inside the building luckily escaped unscathed.



CITY HALL PHONE NUMBERS

Arts Complex	524 3287
Rates office	524 3215
Human Services	524 3228
Traffic & Local Law	524 3216
Engineering	524 3240
Town Planning	524 3374
Traffic Engineering	524 3324
Building	524 3201
Community Relations	524 3259



How your rate assessment is calculated this year

RATEPAYERS will have recently received their 1992/93 rate assessments.

Previous articles circulated by Council have emphasised the increase in total rate revenue of 1.6% with no increase in the garbage charge for 1992/93.

However, 1.6% is the average rate increase and actual rates assessed for individual properties is likely to vary from this percentage. The rates payable on some properties will rise while others will fall.

Legislative changes which came into operation on October 1, 1992 together with a general revaluation of all properties have affected the amounts of rates charged as follows:

1. Revaluation of all properties within the municipality

Under the Valuation of Land Act, all properties are revalued every four years.

The new valuation is based on property values at June 30, 1990 and it is emphasised that they do not reflect current market values.

This valuation is now used in the calculation of your rates for 1992/93. The revaluation of all properties within the municipality has no effect on the total amount of rates to be collected by the City. However, it does have the effect of redistributing the rate burden over all properties.

Therefore dependant on the movement in the valuation of an individual property, against the average increase, the rate

charge may increase or decrease.

2. Removal of minimum rate provisions

The new Act requires elimination of minimum rates now paid on some properties over the next four years. Council will achieve this progressively.

Councils policy for the current year leaves minimum rates at last year's level and the revaluation means that many fewer properties are affected by the minimum.

The above changes have resulted in some ratepayers raising concerns over the composition of their rate notice.

If you require further information, please contact Council's Valuation department on 524 3218, or the Rates department on 524 3205.

Councillor's corner

CR David Michelson, Caulfield's youngest councillor, was first elected to represent the north ward in 1991.

Cr Michelson is a senior constable with the Victoria Police Force and is based at the Caulfield branch.

As Cr Michelson is chairman of the Caulfield Festival committee, now is a particularly busy and demanding time for him.

"I am fortunate enough to be able to coordinate my position on Council with my career as both seem to overlap quite considerably. For example both the Police Force and Local Government aim to improve road safety and reduce crime," said Cr Michelson.

"I'm extremely grateful and fortunate that my superiors are understanding of the tasks involved in being a community representative," he added.

Cr Michelson has been a resident of Caulfield all of his life and as a result, he has had a long-term interest and desire to gain a 'hands on' involvement in making sure that services are provided for the community and that Council has a caring attitude towards its residents.

In doing this, Cr Michelson is a firm supporter of keeping the rates to a minimum but at the same time, applying maximum service, especially during times of recession.

"During my term on Council, I would like to see improvements made to our main recreational facilities, the Caulfield Memorial Swimming Pool and Recreation Centre. They are both great resources but aren't fully utilised."

This is the third article in our series, *Councillor's corner*. Over the next issues of *Caulfield Contact* we will profile the remaining councillors.



Above: Cr David Michelson.

Along with being chairman of the Festival committee, Cr Michelson is chairman of the Communications Advisory committee and president of the Caulfield Park committee of management.

Cr Michelson enjoys water skiing and bike riding in his very limited spare time.

Cr James Barrett joined Council in 1987 through an extraordinary election and was re-elected the following year.

Cr Barrett has been a ratepayer of Caulfield for 20 years and members of his family have lived in the south ward since the 1940's.

Growing up in a small country town near Warnambool, Cr Barrett is accustomed to being active in community issues.

His decision to join Council comes from his upbringing in a family who are also very community orientated.

His background in financial management has earned him the



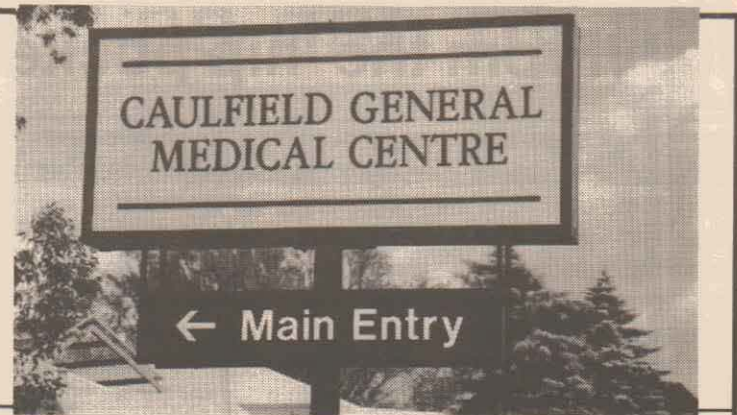
Above: Cr James Barrett.

position as chairman of Council's finance committee and chairman of the audit committee.

Cr Barrett is also chairman of the sport and recreation policy review committee, a member of the Caulfield Festival committee, president of EE Gunn Park committee of management and a representative of the Ormond Senior Citizens Centre.

"During my term on Council I would like to see further refinement in housing policies, upgrading of shopping centres to offset the expansion of regional shopping centres and also look to upgrading the swimming pool to meet the needs of the community," said Cr Barrett.

Cr Barrett is a self-employed confectionery distributor, who, in his leisure time enjoys gardening and playing cricket with the St Johns Cricket Club, of which he has been a member for 22 years.



Further funding cuts to CGMC

CAULFIELD Mayor, Cr Ed Biggs expressed concern at further substantial funding cuts to the Caulfield General Medical Centre, following his recent meeting with representatives of the Alfred Group of Hospitals.

Cr Biggs said that the hospital had originally been coping with a \$1.9m decrease in the nursing home budget and a 2.4% decrease over the rest of the campus, but now is faced with a further 2% cut, back-dated to July of this year.

Chief executive officer of the Alfred Group, Mr Bill Kricker, told Council representatives that the new Department of Health had advised of the decrease which, overall, will result in a nett decrease of \$5.2m in the CGMC budget.

Cr Biggs said that, "Whilst the hospital was working on strategies to achieve major reductions in expenditure, the level of cuts imposed by the Government are severe and could cause a dramatic reduction in services for the aged as well as other general hospital

services."

Caulfield Hospital is closing its rehabilitation ward of 26 beds to cut costs, but will be able to make up for part of the shortfall with space capacity in the cardiac rehabilitation ward. The Hospital also proposes to close its creche by the end of the year, as it has no funds to continue this service for staff at the Hospital.

To deal effectively with the reductions imposed by the new funding arrangements, it has been estimated that there could be a further 106 redundancies at the CGMC.

However, the Hospital is still awaiting advice from the Government on whether redundancy funding will be made available and whether redundancies will be voluntary or involuntary.

Cr Biggs reiterated that he was seeking an immediate meeting with the Minister for Health, Marie Tehan, who indicated support for the Hospital at a public rally in City Hall this year.

Councils to collect levy

CAULFIELD Council is one of many councils which has reacted with concern over the State Government's proposed \$100 levy, payable annually on every rateable property throughout Victoria.

This levy is to be collected by councils and then passed on to the Government.

Caulfield Mayor, Cr Ed Biggs, stressed that while Caulfield will cooperate with collecting the levy, it nevertheless expresses strong opposition to local government collecting and underwriting State or Federal taxes.

"No-one, particularly during these tough economic times, wants to pay extra taxes, but if the State Government legislates for the levy, we must implement its decision. It is important to keep in mind that the State Government was elected by a clear majority and this is part of its overall package to reduce the States deficit," said Cr Biggs.

Council's chief executive officer, Doug Aylen believes that due to the annual rate notices having just recently been issued,

a separate mail out for the levy will be required, creating a further expense to Council.

It is expected that if the legislation is passed, the collection will begin almost immediately, with ratepayers receiving their levy statement by December 1, 1992. The statement will specify the ratepayers liability for the levy and will outline payment options.

The State Deficit Levy, as it is known, will apply uniformly to all rateable properties, both private and business, with the payment obligation imposed on the ratepayer.

Cr Ed Biggs and Mr Aylen are in the process of arranging a meeting with the Minister for Local Government to discuss ramifications to local government, including ongoing costs of the collection and possible alternatives.

"We hope that these discussions will lead to greater cooperation between levels of Government," Cr Biggs said.



From the 'hip pocket'

When the superannuation cheque comes early

FOR some time now, the main 'nest egg' for most individuals has been their superannuation. Indeed for many, the first lump sum ever invested is the superannuation payout or the 'golden handshake' when they leave an employer.

In recent times however, many such payments have come prematurely and often unexpectedly and some handshakes have not been so 'golden'.

long run is you. It is easier to bounce back from hard times when you are younger and more employable, than when you are at retirement age.

In fact, it is going to become much harder for a comfortable retirement if you do not plan well in advance. As a result of the greying of Australia, the Government will be unable to generate sufficient funds to provide the increasing aged population

MONTHLY SAVINGS NOW REQUIRED TO PROVIDE FOR A RETIREMENT INCOME

Years to Retirement	Annual Retirement \$	Income (in today's values) \$	\$	\$	\$
10,000	15,000	20,000	25,000	30,000	
5	1,753	2,630	3,506	4,383	5,259
10	836	1,253	1,671	2,089	2,507
15	531	796	1,061	1,327	1,592
20	379	568	758	947	1,137
25	288	432	577	721	865
30	228	343	457	571	685
35	186	279	372	465	558
40	154	232	309	386	463

Many people in their thirties or forties are having to handle what was to be a retirement cheque at an early stage in their lives.

The temptation for many is to treat the lump sum as a windfall: after all there is plenty of time before retirement. Or is there?

Retirement planning is an ongoing process that needs to be maintained throughout your working life and a planned or unforeseen change in employment is not an opportunity to spend the retirement cheque and start again.

The above table shows the value of thinking ahead when planning for a post retirement income:

To take one example from the table, an individual now aged 45, with 20 years to retirement, will need to contribute \$758 a month if he or she wants to have a \$20,000 annual income once retired. That is an annual contribution of over \$9000.

There are many costly penalties associated with spending your superannuation money and the only one that suffers in the

with adequate pensions in the future.

Don't sacrifice the possibility of a comfortable retirement with a short term solution to the present hard times. Your superannuation payout is a benefit that can never be replaced and should be treated and respected as such. Preserved as a superannuation investment in a rollover fund such as an Approved Deposit Fund or Deferred Annuity, it should take its proper place in a long term retirement plan.

Look after your unexpected retirement cheque well and it could prove to be the best thing that has happened to you during difficult times.

NOTE: All information in this article is provided by National Australia Financial Management Ltd. If you require further information, or would like to discuss your financial needs, under no obligation, you may contact Ben Zazryn, financial planning consultant, NAFM, on 528 3622.

Lady Lions working for a cause

ONCE again, the City of Caulfield Lady Lions Club members have raised money to support a worthy cause.

This active group of ladies has raised, through small catering jobs, the \$1200 needed to purchase a Syringe Driver for

the Caulfield Royal District Nursing Service (RDNS).

The Syringe Driver is a continuous pain control system, which administers pain killers to terminally ill people in their own homes, eliminating the need for hospitalization and allowing them to continue living 'painless'.

Supervisor for the Caulfield RDNS, Anne Murphy, said "It's our aim to provide the best nursing care possible to our patients. The help and support that we receive from organisations such as Lions, helps us no end."

The major objective of the RDNS is to ensure that high quality professional home care remains an option for persons with short or long term illness or disability, who choose to return to, or remain in their own homes.

They provide 24 hour, 7 day a week service to somewhere between 700-900 people in the local area each month.

To assist in this capacity, the RDNS employs a range of staff including registered nurses, social workers, physiotherapists and health aides.

Any person is eligible to receive RDNS care, however an initial assessment by the district nurse must take place first. You can be referred to the RDNS by your doctor or hospital.



Vaccinate against measles, mumps & rubella Children and family services column

CAULFIELD Council offers free immunisation against Measles, Mumps and Rubella (MMR) diseases.

Measles is an acute viral illness transmitted via the respiratory tract. It is often a severe disease, frequently complicated by otitis media or bronchopneumonia. Encephalitis occurs in about 1/2000 reported cases and survivors of this complication often have permanent brain damage.

Following effective vaccination programs, there has been a 99% reduction in reported cases of measles.

Mumps is usually a disease of young children with a peak inci-

dence in the 5-9 year age group. Complications are rare but include benign meningeal signs, aural nerve damage causing deafness, orchitis and less frequently pancreatitis, oophoritis, hepatitis, myocarditis and thyroiditis.

Rubella is generally a mild disease spread by droplet infection and causes a rash and raised glands in the neck area. Symptoms are fleeting and often not recognised clinically.

The major problem with this virus is that maternal rubella may cause congenital defects which include blindness, deafness and brain damage. Infection during the first trimester is the period of greatest risk to the foetus.

The MMR vaccine is a live vaccine and it has been proven

more successful when administered at about 12 months of age. A booster dose is now recommended in grade six of primary school to ensure life-long cover.

Caulfield Council offers three immunisation sessions per month, two daytime and one evening. The next evening session will be held on Tuesday, November 24, between 7-8pm at the Maternal and Child Health Centre, City Hall.

The next sessions at Glen Huntly, Murrumbena and Carnegie Maternal and Child Health Centres will be held on Wednesday, November 18 at the following times:

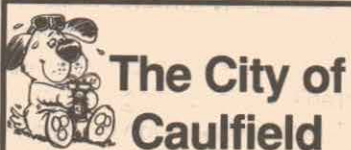
- Glen Huntly - 9.15-9.45am
- Murrumbena - 10.15-10.45am
- Carnegie - 11.15-11.45.

RATEPAYERS - PLEASE NOTE

Caulfield residents are reminded that the annual rate notices have been issued. If you have not received your notice yet, please contact the Council's Rates Office on 524 3215.

Provision has been made for payment by quarterly instalments. Ratepayers may elect to use this method as shown on the annual rate notice. This first payment is due by December 31, 1992. Payments may be made at any bank. The National Australia Bank will not charge a transfer fee. No bank will accept payments after the due date.

Payments may also be made at City Hall between 8.30am and 4.30pm Monday to Friday and on Tuesdays until 6.45pm.



**The City of
Caulfield
dog pound will
be closed from
December 22,
1992 until
January 4,
1993.**

*The deadline for the December
issue, is November 20.*

Elsternwick Craft Market
Scout Hall, Beavis St, Elsternwick

Near Coles Supermarket

HIGH QUALITY HANDCRAFTS

Saturday, November 28, 9am-1pm

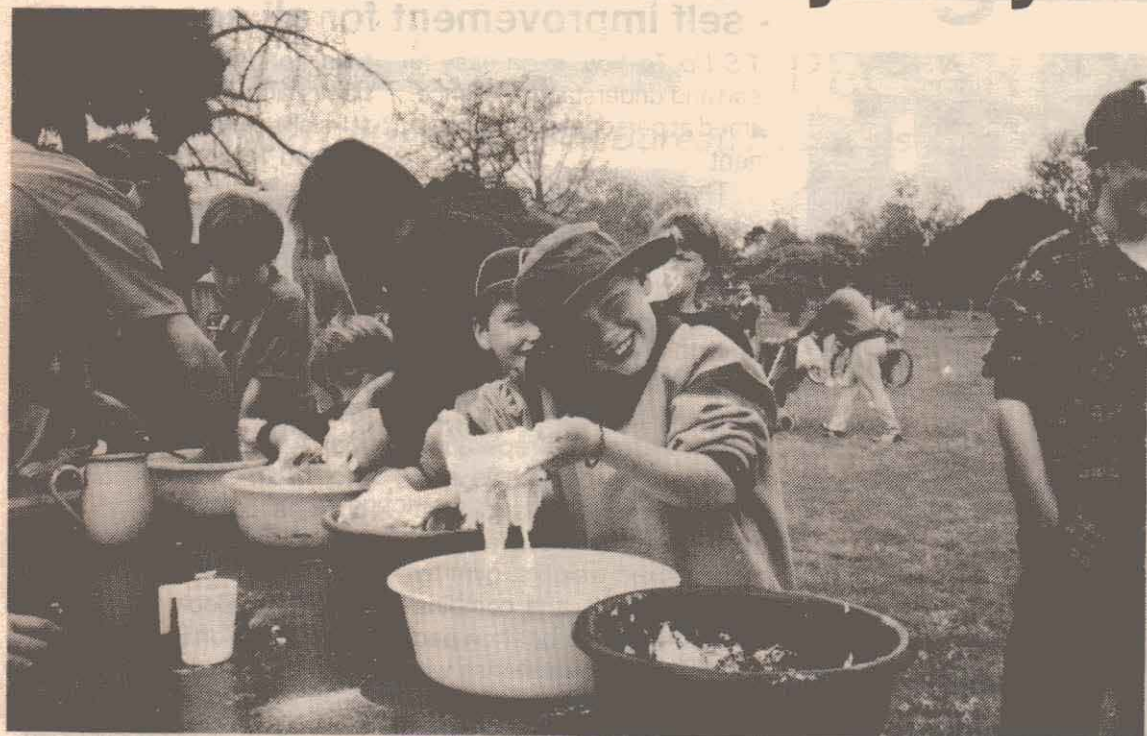
*Wonderful range of reasonably priced Christmas
presents to suit all the family.*

A Caulfield Craft Co-Operative event.

Enquiries, 578 5149 (after 8pm).



Caulfield's Activity Day - fun was had by all



Above: Caulfield Cub, Steven McMaster 'does' it all when it comes to making damper.

Below: 'Eggs in Space'... these youngsters find a novel way of making a space rocket.

MANY Caulfield children and their family took advantage of Children's Week Activity Day held at Princes Park on Sunday, October 25.

The day was organised by the Caulfield Children and Family

Services Network together with Caulfield Council.

Community based groups and Council staff combined to offer a wide range of free activities for children to enjoy.

Community groups who took



Send a letter to Santa

IF you are old enough to read this, then we thought you would like to know that Father Christmas has appointed the Carnegie Lions Club as his agent.

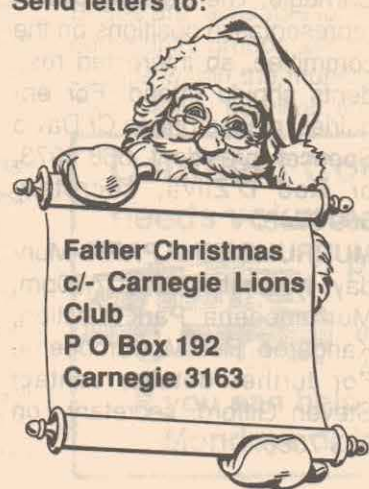
You can write to Father Christmas and you will receive a personal, non-committal letter by return mail from Father Christmas' North Pole Workshop.

Parents, if your child is too young to write, you can have your boy or girl experience this thrill by writing the letter yourself and explaining what you have written.

Or if you would like your grand children, nieces or nephews to receive a letter from Santa, just send in their name and address.

Be sure that your child's name and address is written legibly on the letter.

Enclose a donation of \$2 per



child, cheque to be made payable to the "Lions Christmas Letter".

Carnegie Lions Club will use the profits from this cause to send local deserving children to the Licola Holiday Camp during the school holidays.

Send letters to:

part in the Activity Day were:

- Rudolf Steiner Pre-School
- Bicycle Users Group
- Neighbourhood Watch
- Nursing Mothers' Association
- Caulfield Toy Library
- Caulfield Primary After School Program
- Glen Huntly, Elsternwick, Carnegie and Murrumbeena Playgroups
- Caulfield South Kindergarten
- Music Lover's Society
- St Patrick's Primary School
- Murrumbeena Kindergarten
- Caulfield Community Care Centre
- Bayside Road Safety Group
- Safety House Program
- Caulfield Cubs

Activities included: designing and building cubbies, stories and puppets in a magnificent tee pee, a treasure hunt, creating landscapes in shoe boxes, helping to build a rocket from egg containers, collages, mural



Above: "I made this myself!" Lucy Porter.

Below: Isn't life a ball! Caulfield Recreation Centre's program supervisor, Bruce Hurst with Matthew Sherman, 6.



painting, making fairy wands, games, face painting, trampolining, finger painting and many more.

There were sports clinics with Murrumbeena VicKick, basketball and Caulfield Women's Hockey Club.

And finally, Shenanigans of-

fered two participatory concerts to a capacity crowd.

All in all, it was a great day.

Photos that appear in Caulfield Contact are available for purchase from the community relations department, ph: 524 3259.



New "Buddies" at Kilvington

KILVINGTON Girl's Grammar School has introduced a program of friendship development in their junior school.

Called "Buddies", the program aims to encourage friendships across the year levels at a school where an extended family atmosphere of care and concern for all students is seen as a top priority in its daily operations.

The program is organised so that each senior girl in Grade six is paired with a younger member of the school community, with each becoming the other's "buddy".

School coordinator, Judy Barton said that the personal and educational benefits of such a program are of immense value to anyone.

"Buddies helps the younger students to enter into school life more comfortably. With an older girl as a close companion, confidence can be built and friendships developed in other year levels," said Ms Barton.

"It helps the students both in the classroom and the playground as they learn to communicate with the people immediately surrounding them."

"At a more senior level, the program enables the students to develop the responsibility and leadership skills which they do

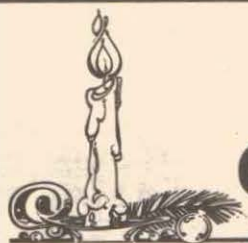


Below: Kilvington Girls' Grammar "Buddies", (l-r) Gabrielle Josling, Prep and Lara Sharley, Grade 6.

tend to assume at that age but which is also often required of them."

"The "Buddies" program is an

extension of the close family atmosphere provided at Kilvington Girls' School," she added.



Carols by candlelight

THE City of Caulfield annual Carols by Candlelight Concert will take place this year on Sunday, December 13 at 8.30pm at Caulfield Park.

This event is one of the most enjoyable community festivities held in Caulfield throughout the entire year.

Hundreds of candles glimmering around the side of the Caulfield Lake will create a magical and enchanting atmosphere for children of all ages to enjoy.

Although the Carols won't begin until 8.30pm, entertainment will be provided for the audience from 6.30pm onwards as seasoned participants know they must arrive early to be sure of the best positions around the lake.

Roving artists will ensure that there is plenty to see and listen to while families can enjoy the refreshments available from the Caulfield Girl Guides.

Commencing at 8pm, a medley of well known tunes will be performed by the City of Caulfield Band, which will then be followed by the official welcoming speech from His Wor-

ship, the Mayor, Cr Ed Biggs.

From then on, the evening will be compered by well known television personality, Lindsay Edwards. Lindsay will introduce the Caulfield City Choir, under the direction of Peter Leech, the City of Caulfield Band, under the direction of Colin Lord and dancers from the Heather Scott Ballet School.

Guest artist this year is Shelley Hayton, a promising young opera singer who recently won the prestigious Alma Doxford Award Aria. Shelley, a Caulfield resident, is looking forward to performing at Caulfield's renowned Carols by Candlelight.

All donations for candles and programs will go towards the Caulfield Toy Library who appreciate greatly any community support that will help them replace and renew broken and worn existing toys, and purchase new ones.

Bring the whole family along and experience a very unique and entertaining evening.

For further details, contact Liz Jesty, on 524 3264.

Give your Christmas mail that special touch

CHRISTMAS seals are now available for purchase from the Carnegie Lions Club.

The seals, designed by artist Karen Hendry of Concept Australia, depict the Twelve Days of Christmas.

Each sheet of 25 seals is \$2. Of the \$2, \$1 will be donated to assist local youth and the remainder of the profit will be used to assist the Lions Drug Awareness Program and other Lions charities.

Caulfield Mayor, Cr Ed Biggs said that it is hoped that all Caulfield residents use the seals on their Christmas mail.

"They make the mail so much more attractive and the profits are an assistance to our local community," he said.

Lions Christmas seals are sponsored by Nilfisk Vacuum Cleaners and are available from Lion, Bob Sigmont, Carnegie Optical Clinic, 115 Koornang Rd, Carnegie. Phone 571 4634.

It's Up To You!

- self improvement for all age groups

IT'S Up To You is an easy to read and understand reference, aimed at personal self improvement.

The book, written and researched by local resident, Raymond Cardwell, is intended to appeal to a wide range of people of all ages, from students through to retired adults.

In his book, Raymond Cardwell discusses mental attitudes, warm-up preparation, sporting activities such as walking, jogging, cycling and swimming, free weight exercises, gym-stacked weights, gym-hydra equipment and combinations, which describes how people can combine exercise with their daily chores.

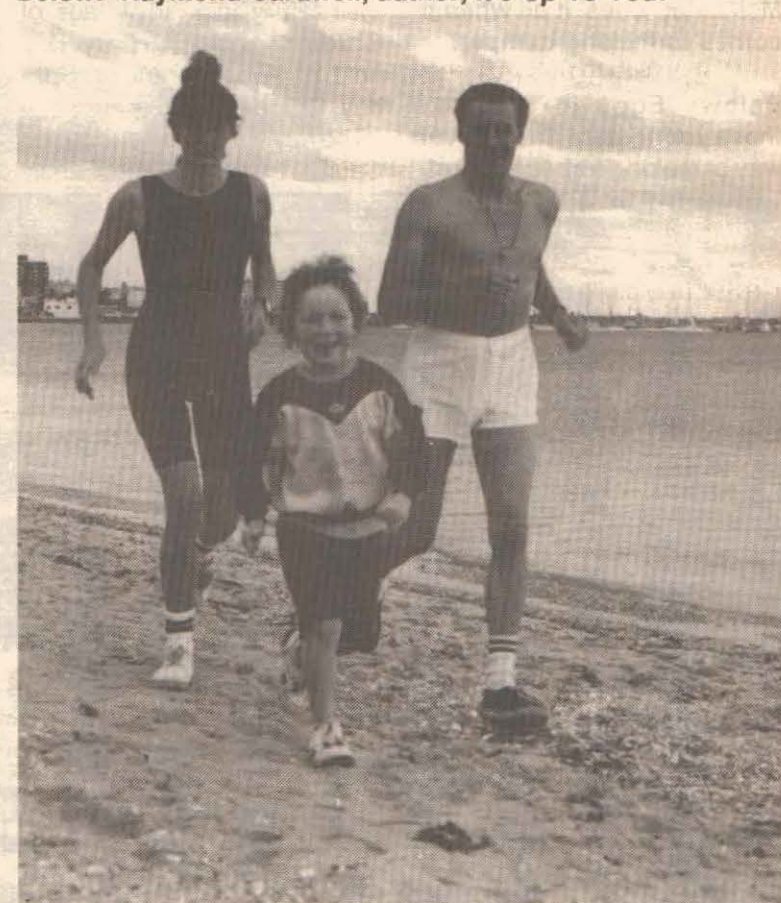
The book tells how you can

Below: Raymond Cardwell, author, *It's Up To You!*

take control of your personal habits and develop fundamental skills to increase quality of life and feelings of happiness and wellbeing. It's a conveniently sized book which will make great reading for anyone who has an interest in improving their lifestyle.

Due to the overwhelming success of his book in Victoria, Mr Cardwell was approached by Max A Harrell and Harmax Pty Ltd, in an effort to market the book nationwide.

It's Up To You is available from Collins Bookstores, Dymocks, Book City, Angus and Robertson Booksellers, authorised newsagents and some health stores and its recommended retail price is \$10.95.



AGM's for committees of management

THE following Caulfield parks will be holding their AGM's during November.

PACKER PARK - Monday, November 16 at 7.30pm, Packer Park pavilion, Leila Rd, Carnegie. There are five citizen representative positions on the committee, so interested residents should attend. For enquiries, please phone Cr David Spencer, president 568 5073, or Rod D'Zilva, secretary 569 8745.

MURRUMBEENA PARK - Monday, November 30 at 7.30pm, Murrumbeena Park pavilion, Kangaroo Rd, Murrumbeena. For further details, contact Steven Gifford, secretary on 563 7088.

GLEN HUNTLY PARK - Wednesday, November 18 in the Glen Huntly Park pavilion, cnr Booran and Neerim Rds, Glen Huntly at 7pm. Nominations to the committee are invited. For enquiries, phone the secretary, on 528 6943.

E E GUNN - Wednesday, November 25 at 8pm in the E E Gunn Park pavilion, cnr Foch and Malane Sts, Ormond. For enquiries, phone 578 1761.

DUNCAN MACKINNON PARK - Wednesday, November 25 at 7.30pm in the Duncan MacKinnon Park pavilion, cnr North and Murrumbeena Rds, Murrumbeena. For enquiries, phone the secretary, on 598 2790.

There's nothing like good advice

SPECIAL FEATURE

The Caulfield Citizens' Advice Bureau has assisted and supported the residents of Caulfield for over 20 years.

What is a Citizens' Advice Bureau?

CITIZENS' Advice Bureaus are community based information and referral services, run by trained personnel, most of whom are volunteers.

CABs provide information for everyday living and can advise people of the procedures required to obtain the services they need to help reach their goals.

They also provide specialist legal, personal, family, marriage and financial counselling services.

The Caulfield CAB

THE Caulfield Citizens' Advice Bureau, first established in 1970, was situated at the rear of St Catherine's church hall in Kooyong Rd.

At this time, the Bureau could only provide a telephone advisory and information service which was funded entirely by volunteers and voluntary fundraising efforts. The Bureau also had huge support from the Carnegie Lions Club.

It wasn't until 1974 when the Bureau moved to the Council's Centenary Hall site (now demolished), that a person to person service was introduced to accompany the already successful telephone service. The Bureau continues operating in the same manner now at its present location, Oaktree House, next to City Hall in Hawthorn Rd.

For almost two decades now, Caulfield Council has provided the CAB with rent-free premises, as well as funding operating costs, such as telephone and lighting.

The Caulfield Citizens' Advice Bureau is an independent voluntary non-profit organisation conducted by an honorary management committee and operated by local volunteer residents who are trained to provide advice and referral on a wide range of personal and other problems.

Apart from providing information and referral to Caulfield residents through approved agencies, self-help and support groups, the CAB offers other services. These include; free legal advice (by appointment on Wednesday evenings), budget advice and emergency relief in the form of food vouchers. Two



Above: Caulfield CAB's youngest volunteer, Mathew Ashton and volunteer, Joyce Moorrees.

Below: Caulfield CAB volunteers and staff. From l-r, CAB coordinator, Laurel Thompson, volunteers John Chapman and Cath Britten, and volunteer aid coordinator, Jean Bannister.



particularly useful services operated by the Bureau for older residents of Caulfield are the Community Bus and Volunteer Aid.

● Community Bus

The Caulfield CAB coordinates the Community bus service. Buses are available for hire by community groups and organisations within the municipality. Two weekly services are pro-

vided for the elderly residents of Caulfield.

Chadstone Shopping Outing - Every Thursday a volunteer driver and assistant take elderly people to Chadstone Shopping Centre to shop. Clients are collected from their homes at 12.30pm and returned home by 4pm.

Once at Chadstone, clients are left to their own resources,

so people need to be fairly mobile to participate in this outing.

Bookings can be made weekly or occasionally. There are only nine places available on the bus so bookings are essential.

Sunday Bus Tour - On Sundays, volunteer drivers and assistants take a group of elderly

people on a 'mystery tour'. On this outing, clients are also collected from their homes at 12.30pm and returned home by about 5pm.

Sunday clients are referred by the Domiciliary Care Team at the Council. They are frail and/or isolated people, some of whom require assistance. For many this tour provides a rare opportunity to get out.

Transport coordinator for the CAB, Kim Fisher said, "Only nine places are available each week and more than 100 clients are on file, thus making outings less frequent than we would like. It is hoped that in 1993, further activities may be offered to these clients. All our services are totally dependant on the voluntary services of our drivers and assistants," said Ms Fisher.

"If we can recruit more volunteers we can offer more services," she added.

● Volunteer Aid

Volunteer Aid is another area covered by the CAB. It is a community based support service which involves shopping for, and taking elderly people shopping, paying accounts, transport to medical appointments, respite care and visiting lonely people.

With a continuous call on the Volunteer Aid Service, new volunteers are always needed.

Volunteers need some commitment of time, a genuine concern for, and desire to help the frail aged, confused elderly and physically disabled to remain in their homes. For some tasks, a vehicle is necessary.

For further information, please contact Jean Bannister, on 524 3314 on Mondays, Tuesdays and Thursdays.

?

DID YOU KNOW

A shopping from home buying guide (for housebound persons) is available from
The Caulfield Citizens' Advice Bureau
256 Hawthorn Road
Caulfield South
Phone: 524 3200, 524 3272.

Caulfield Community Bus Service needs volunteers to drive and/or assist passengers.



A small amount of your time enables many older, isolated people to enjoy an outing or shopping trip.

If you can help, please contact Kim Fisher, Mondays or Wednesdays, on 524 3314.



New food handlers' course

A NEW major local government cooperative venture came to fruition recently when Prahran Mayor, Cr Sandy Gatehouse presented the first 15 graduates of a new food handlers course with their certificates in a ceremony at the Prahran Town Hall.

Environmental health officers from the Cities of Prahran, Caulfield, Malvern, Richmond, South Melbourne, Port Melbourne and St Kilda have been working towards establishing a regular food handlers' course throughout the area covered by

the seven municipalities for over 18 months.

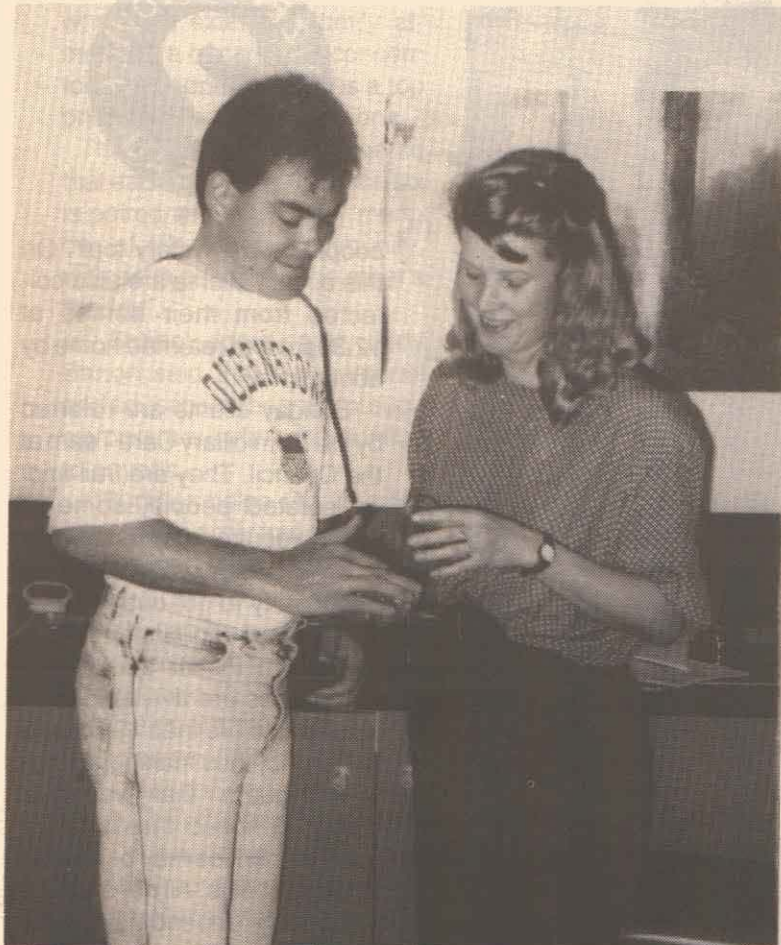
The graduates were all employees of Coles Stores who are a major supporter of this venture.

Caulfield Council's environmental health services coordinator, Geoff Atherfold, said "The objective of the course is to make food handlers aware of proper practices so that food is presented in a fit and wholesome state. This is not only a benefit to the consumer but also to shopkeepers, restaurateurs and other food handlers, as customers will keep returning and products will have a longer shelf life which will also encourage more consistent business," he added.

Initiated by the seven councils, the course was established by the Australian Institute of Environmental Health, of which all are members and is now run through TAFE Colleges in conjunction with local council health departments.

Currently the course is being held at Prahran Secondary College, Hobsons Bay Secondary College and the Betty Day Centre in St Kilda.

Left: Caulfield Council's environmental health officer, Heather Reynolds demonstrates correct food handling.



Health briefs...Health briefs...

THE Bayside Community Road Safety Council, of which Caulfield Community Care Centre is a member, is offering residents of the bayside area, H-Harness child restraints at the special price of \$10. The restraints are available at three locations:

- City of Caulfield Maternal and Child Health Centre, rear City Hall, Caulfield;
- Harold Holt Swimming Centre, High St, Malvern; and
- King Club, Tulip St, Sandringham

For further details, contact Sue Hunt during business hours at the Caulfield Community Care Centre, on 523 6666.

★ ★ ★

THE International Diabetes Institute, 260 Kooyong Rd, Caulfield needs volunteers for its new 'Diabetes One Stop Shop'.

Shop operating hours have been extended to run from 9.30am-5pm, Monday to Friday.

The volume of activity in the Shop is also expected to increase significantly due to the recent opening of the National Diabetes Supply Scheme (NDSS) outlet, also based at the Institute. This outlet is the

first in the southern suburbs of Melbourne. This is a major improvement as it allows people with diabetes to easily obtain essential supplies such as syringes and blood glucose strips.

In the past these had to be collected from the City or ordered by mail, sometimes resulting in inconvenience and delay in receiving these essential medical supplies.

The new arrangement will mean that persons with diabetes will be able to personally collect the items at short notice without having to go to the City and this will be particularly helpful for people living in the southern suburbs of Melbourne.

The Shop sells a wide range of food, medical and healthy lifestyle items as well as blood glucose monitors and related supplies, which are not distributed through the National Diabetes Supply Scheme. Items stocked include a variety of recipe books, cassettes and videos (all diabetes related).

There is a friendly atmosphere at the Institute and certainly volunteers will find their contribution enjoyable and rewarding.

For further information, phone 528 6433.

Fruit and vegetable promotion for Victoria

A HEALTH promotion which aims to encourage Victorians to eat more fruit and vegetables was launched recently.

The "2 Fruit 'n' 5 Veg Every Day" campaign is a joint initiative of Deakin University's Food and Nutrition Program, The Melbourne Fresh Centre Market Trust and the Department of Food and Agriculture.

A major focus of the campaign is to highlight the range of fresh fruit and vegetables now available in Victoria.

Increasing our consumption of fruit and vegetables is likely to offer a number of health benefits, said Deakin University's Professor of Human Nutrition, Kerin O'Dea.

"A diet high in fruit and vegetables is believed to reduce the risk of some forms of cancer and various bowel disorders, and can help in the prevention and management of conditions such as obesity and diabetes," said Professor O'Dea.

The campaign message recommending two serves of fruit and five of vegetables everyday, is in line with the current recommendations by various health authorities who suggest an optimum consumption level is between five and nine serves of fruit and vegetables per day, with no recommended upper limit.



Above: Eleanor Seater, 3 and Veronica Sullivan, 2 support the campaign.

One serve of fruit is equivalent to an average size piece of fruit. One serve of vegetables is equivalent to one small potato or two rounded tablespoons of cooked vegetables, or 3/4 of a cup of salad.

The message also emphasises the importance of eating a variety of fruit and vegetables as part of a healthy diet.

This should include some raw fruit and vegetables, some high in Vitamin C (such as citrus fruit,

cabbage, broccoli, capsicum and tomatoes) and some cruciferous vegetables (such as broccoli, brussels sprouts, cabbage, cauliflower, kale, swede and turnips).

To assist with promoting the campaign, a full color "Fruit 'n' Veg Snack 'n' Pack" cookbook featuring more than 200 recipes and ideas is available for purchase.

The cookbook, sponsored and produced by The Age, is on sale

at newsagents, supermarkets and fresh produce retailers throughout Victoria. (RRP is \$6.95).

For campaign information and activities, call the Food and Nutrition Program Hotline, on 6606800.

INFORMATION IN THIS ARTICLE WAS SUPPLIED BY THE FOOD & NUTRITION PROGRAM, P O BOX 356, CARLTON SOUTH, VICTORIA, 3053.

Walk for health

JOIN in the fun of the Caulfield Festival's Community Day by participating in the Caulfield Community Care Centre's 'Walk for Health', on Sunday, December 6, 1992.

This is a 5km walk through the wide and leafy streets of Caulfield, starting and finishing in Caulfield Park. On completion of the walk, participants can join in the grand parade and enjoy many of the other activities offered.

Participants should register between 10-10.30am at the registration area, near the war memorial, Caulfield Park, (Hawthorn Rd side).

Entry fees are:

- Adults - \$5
- Children & Pensioners - \$3
- Groups & Families - \$12

All walkers will receive a health show bag at the completion of the walk. The show bag will contain lots of health information and some health products to encourage and assist a healthy lifestyle.

Entry forms are available from the Caulfield Community Care Centre, 240 Kooyong Rd, Caulfield.

For further information, contact Sue Hunt during business hours on 523 6666.



'Once upon a time'...

is the theme of an outstanding fairy exhibition coming to Caulfield



Above: *Fairyland* by Eleanor Fortescue-Brickdale R.W.S. (1871-1945), watercolor, 53x37cm, by courtesy of Chris Beetles Limited, St James's, London, England.

CAULFIELD Arts Complex will hold an exhibition from December 6, 1992 to January 31, 1993, entitled *Once Upon A Time*, an exciting exhibition with a focus on fairytales.

The exhibition will be based on a series of thematic areas, *The Enchanted Forest, The Tea Party, Treasure Island, At The Ball and The Magic Spell*. All these areas will feature original artworks, paintings, book illustrations, textiles, ceramics, collages, furniture and sculptures, by both contemporary and early 20th century Australian artists.

Extracts from these fairy stories will be printed on text panels in these areas and dress-ups, role playing and games will also be features of each area.

All theme areas will be further enhanced by visual and audio projections.

The exhibition, which caters for all ages groups, will feature:

- Story Telling - this includes a tour of the exhibition with a fairy guide. Children can participate in stories, poems, songs, dress-ups, games and dances. (A small fee applies).

- The Mad Hatters Tea Rooms - will serve lunch, morning and afternoon teas. (Menu caters for children and adults).

- Wonderwings Fairy Shop - fairy merchandise shop. A great opportunity to purchase that individual Australian made Christmas gift. Some of the original artworks will be available for sale during the exhibition, in-

cluding ceramic handcrafted Alice in Wonderland egg cups, or a chess set by Bill Hicks. There will also be numerous original illustrations, paintings, sculptures, furniture and collages, all based on the fairytale theme.

- Books Illustrated - childrens bookshop.

- A Once Upon A Time activity book - will be available during the exhibition, featuring activities for children and ideas for outings and parties etc.

Bookings are essential for all story telling sessions.

For further details about this exhibition, please contact exhibition coordinator, Krystyna Tyrrell, on 524 3287, or during the exhibition, on 524 3399.

Below: Bill Hicks, 1991, ceramic, oxide, onglaze, chess set, 6".



Local artists bring life to vacant windows

THE dismal sight of vacant shop windows in Caulfield will be a thing of the past with the help of *Art in Caulfield Windows*, a new project being co-ordinated by the Caulfield Arts Complex.

The idea of this project is to fill many vacant windows in Caulfield with work by local artists, both to promote their work and assist local businesses in attracting tenants to shop vacancies.

The project was launched recently with the assistance of Noel Jones Real Estate, who provided the first space for the window exhibition in the window of their previous offices in Elsternwick. The display has since been removed as the premises are now rented.

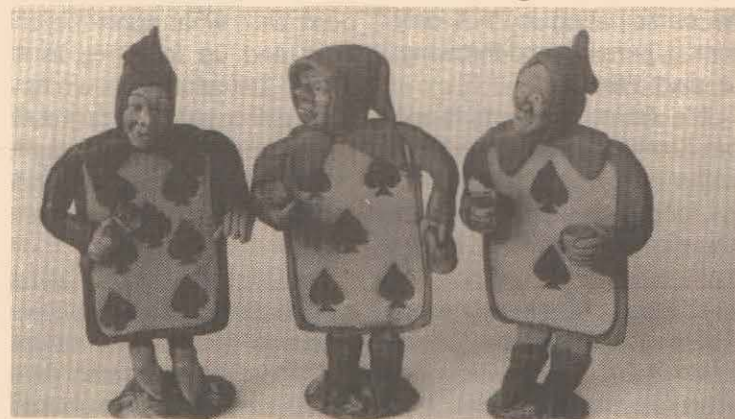
It is hoped that other Real Estate agents or private own-

ers of vacant shops, will support this initiative which aims to expose the work of local artists to a wider audience and at the same time, giving shoppers and passers by a chance to experience local culture and talent of Caulfield's many artists.

Art In Caulfield Windows aims to emulate the success of the "No Vacancy" project currently being run by the Melbourne City Council in conjunction with the National Association of the Visual Arts, which has seen the transformation of Collins St and other parts of the City with displays of artists' work in vacant windows.

For further information about this project, contact the Caulfield Arts Complex, on 524 3287.

Below: Bill Hicks, 1991, ceramic, oxide, onglaze, chess set, 5".



Caulfield Festival Coloring Competition

Just color in our Festival theme illustration and be in the running to win great prizes!



Name: _____

Address: _____

Phone Number: _____ Age: _____

Send entries to: Catherine Cooper, Caulfield Arts Complex, Caulfield City Hall, P.O Box 42, Caulfield South, 3162.

Entries close November 20, 1992.

*Illustration copyright: *The Enchanted Forest*, Ida Rentoul Outhwaite, London, A & C Black Ltd, 1925.

Alice Bale exhibition

THE exhibition of selected works entered for the prestigious 1992 Alice Bale Scholarship and Cash Award will be held at the Caulfield Arts Complex until November 30.

Miss A.M.E. Bale, a professional painter who trained and worked with some of the great Australian painters in the early part of the century (her work was featured in the "Forgotten Women of the Heidelberg School" exhibition, now touring Australia), endowed an annual Travelling Scholarship award in 1955 to encourage traditional and realist artists.

Since its inception, some notable realist artists have

launched their careers as professional painters as a result of winning the Bale Scholarship by spending a year studying and painting in Europe.

The 1992 Travelling Scholarship is valued at \$40,000 and the Cash Award prizes total \$12,000, making it one of Australia's most important realist art awards.

The organisers of this year's exhibition have successfully promoted the Award nationwide and consequently, Caulfield Arts Complex exhibition-goers can expect to see an unparalleled display of the best of realist painting from all over Australia.



Athletics in Caulfield

OVER the years, Caulfield athletic clubs have been home to many famous athletes. The likes of Ron Clarke, Robert De Castella, Debbie Flintoff-King and Tim Forsyth just to name a few, were members of the Glen Huntly Athletic Club and the Glen Huntly Women's Athletic Clubs. These clubs are and have been at the forefront of Victorian and Australian athletics for many decades.

Apart from the two Glen Huntly clubs, there are two other athletic clubs in Caulfield; these being the Caulfield Little Athletics Centre and the Caulfield Grammarians Athletics Association.

The Caulfield Little Athletic Centre, first formed in 1969, now has a membership of over 200 children who compete at the Duncan MacKinnon Park reserve on Saturday mornings.

Little Athletics gives children from 7-15 years of age, the opportunity to enjoy being outdoors and participating in, not only running, jumping and throwing, but also a team.

Little Athletics events range from 70 metres, through to 1500 metres for older children, hurdles, long jump, triple jump, high jump, discus, shotput and walks.

It caters for all children classifies children in heats according to their strengths and weaknesses.

The role of Little Athletics is not to create champions, but to encourage children to keep fit,

'Athletics in Caulfield' is the second article in our series, Sport in Caulfield.

learn to love their sport, become healthy adults and continue on to any other sports they so desire.

At the Caulfield Little Athletics Centre there are many former little athletes who have excelled at other sports. They include: Kylie Dennis - now in the Under 21 Victorian Netball team; Shaun Charles - now playing in the firsts with the Melbourne Football Club; Rachel Truscott - still with Caulfield Little Athletics in under 15, but also selected for the Victorian Hockey under 16 team; Dennis Passmore - under 18 Australian records in hammer events; Gary Brown - under 18 selected in the World Junior Games in Korea, finished in final.

Caulfield Little Athletics Centre championship manager and coach, Lexie Seward, said "We don't care what sport the children end up following in the future, just as long as we have been able to give them a grounding and provide an impetus for the future. Our club is about family, fun and fitness," she added.

The Caulfield Centre has had great success this season, winning nine Victorian gold medals.

Under 12 member, Marc Antoine won four State gold and then was selected in the Victorian team to compete in all the

Australian teams. Marc then won two gold, one silver and one bronze medal.

Matthew Robbins, under 15, also made the Victorian team winning the under 15 multi events.

"The Club was extremely proud to have had two local children representing Victoria in the all Australian team in Perth," said Lexie.

Steven Partsanis, under 13, won the Victorian discus and shot put gold medals, breaking the Victorian records formally held by Werner Rietera.

Declan Geraghty, under 10, won both Victorian hurdle gold medals at State level.

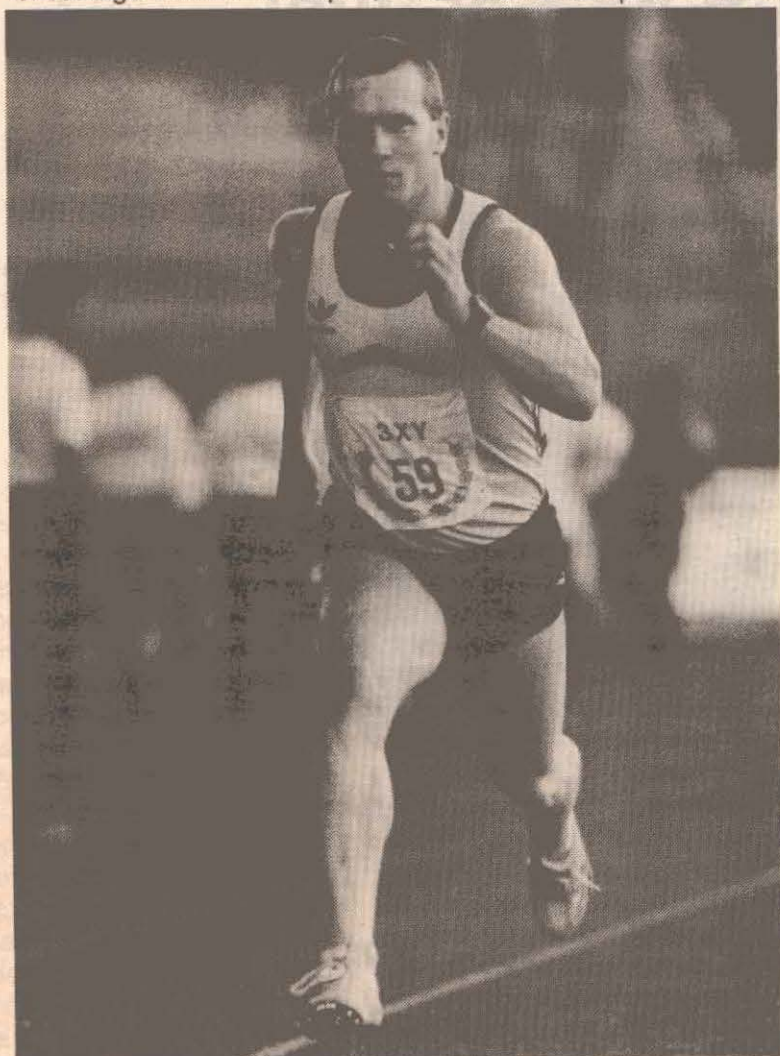
For further information about the Caulfield Little Athletics Centre, contact Lexie Seward, coaching and championships on 568 1730.

The Glen Huntly Athletic Club and the Glen Huntly Women's Athletic Clubs have been fostering athletics since 1921.

Today, the Glen Huntly Athletic Club is one of the largest clubs in Victoria with over 200 members. The Club welcomes



Above: Mandy Seward, former Caulfield Little Athletic Centre member. Hurdler and long jumper, 1976.



Above: Shane Naylor, Glen Huntly Athletic Club. Victorian record holder 100m in 10.31sec, 1992 Australian Champion 100m, Oceania representative in 100m, World Cup, Cuba 1992.



Above: Rohan Robinson, Glen Huntly Athletic Club. World Junior Championships 1990 - 1st 400m hurdles. 1990 Commonwealth Games 400m hurdles

competitors at all levels of ability and age who share a common interest in fitness.

The winter season consists of cross country and road competition, of which Glen Huntly Athletic Club can claim to be the most successful club in the country.

The summer season offers a wider variety of events including both track and field events.

Some of Australia's top sportsmen and women have been members.

Glen Huntly is proud of its traditions and status as one of the top clubs in Victoria.

Not only does the club need

competing members to ensure its success, but also, people who can responsibly fill officiating and team management positions. These people are assets to the Club and are vital for its survival.

For information about the Glen Huntly Athletic Club, contact Chris Murphy, secretary on 546 2993, or the Glen Huntly Women's Athletic Club, Fran Gilbert, secretary on 571 4185.

The Caulfield Grammarians Athletics Association meets at Duncan MacKinnon Reserve each Saturday afternoon at 12.30pm.

The Club, which has only been running for two years, is very successful. Last year the Club's under 14's won the State finals with the under 16's finishing second and Open C grade coming third.

Although called the Caulfield Grammarians, you need not have had an affiliation with Caulfield Grammar School to join. It should also be noted that the Club isn't after world record beaters, they are merely interested in people getting out and having a go.

For further details, contact Rob Sutherland, on 822 5660.

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RECREATION & LEISURE



New dial-in service at Caulfield Library

CAULFIELD Library Service now offers a new service that you can use from your home or

workplace.

All you need is an IBM Compatible personal computer with

a modem and dial into our computer catalogue, CL-CAT. Below are the Set Up details:

SET UP

Modem number	-	523 0225
Baud	-	1200
Data	-	8 bit
Stop	-	1 bit
Parity	-	None
Terminal Emulation	-	VT100

When you have **ALT E** at the bottom of your screen, press **<CTRL>O** to get the main menu and you're in!

The keys you need to know are listed below.

For further information about this new service, please con-

tact either Chris Gigliotti or Gill Carter at Caulfield's Library Service, phone 524 3349.

CL-CAT KEYS

Start over	-	<CTRL>O
HELP	-	<CTRL>Y
Blank	-	-
COMPOSE	-	C
NEXT	-	N
PREVIOUS	-	P
FULL	-	F
COPY	-	C
BRIEF	-	B
SRCH HIST	-	S
BROWSE	-	<CTRL>W
KEYWORD	-	<CTRL>K

BOWLED OVER

ELSTERNWICK District Bowling Club Inc. has ladies triples on the second Friday of each month at 11am. Lunch is provided. Good trophies. Team or single entries welcome. Contact Val Sykes, on 570 1346 for information.

Mixed Sunday triples are held on the first Sunday of each month and mixed fours on the third Sunday of the month. Teams or single entries welcome. Afternoon tea provided. Cost \$2.50. For further information, call 528 2923, or 528 1358.

Elsternwick District welcomes new members of all ages to join the Club. Free coaching is available. Phone 523 9005 for further details.

CAULFIELD South Bowls Club Ladies Section, hosted by president Reyna Morris held their delegates' day recently. Twenty two visitors from other clubs together with our club members enjoyed a pleasant day with a game of bowls fol-

lowed by afternoon tea.

For details about the Club, call K Bond, on 534 5510, or A Drinan, on 523 6625.

CAULFIELD South Bowls Club will hold an open day on Sunday, December 13 from 10am-12 noon. Persons of any age are invited to attend. Casual dress and flat soled shoes are all you need. Bowls and coaching will be provided. For enquiries call 528 4620.

CARNEGIE Memorial Recreation Club Inc. hold on the first Sunday of every month at 11am, a smorgasbord, lunch and afternoon tea. Cost \$26 per rink. Every second Monday, 11am there is mixed fours and interclub BYO lunch. To play in this competition, please call B Gunn, on 571 8804.

The Club has many activities - all you have to do is call in and put your name down to join in. For enquiries call the Club on 569 8483.

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HOLIDAY READING AND BOOKS AS GIFTS

Come to the Caulfield Library on Thursday, December 3 at 7pm to hear about the latest books for adult holiday reading and also ideas for books as gifts.

Wine and cheese will be served.
For enquiries, contact Judy Still on
524 3346.

Caulfield Contact 1992 Publication Dates

BELOW is the final publication and deadline date for Caulfield Contact this year. Articles submitted before the listed date have the best chance of being included in each edition. Display advertisements must be submitted three weeks before publication date for each issue, while classifieds must be submitted a fortnight before.

ISSUE	PUB DATE	DEADLINE
DECEMBER	MON DEC 14	FRI NOV 20

All submissions, cancellations and alterations must be received in writing by the deadline date of the next issue. Contact staff will not check with advertisers on whether they want to repeat an advertisement. For enquiries, call 524 3323.

CONTACT DIARY

Do you have an event coming up that you would like to publicise? This is the place to put it. Contact Diary is compiled monthly, so if you want to let the community know about your club, society or event, we'll be happy to include it on this page.

Let us know about your activities.

Contact Diary
PO Box 42
Caulfield South 3162



AGM's

Duncan MacKinnon Park will hold its AGM on Wednesday, November 25 at 7.30pm in the pavilion at the Park, cnr North and Murrumbeena Rds, Murrumbeena. For enquiries phone 598 2790.

E E Gunn Park will hold its AGM on Wednesday, November 25 at 8pm in the main pavilion, cnr Malane and Foch Sts, Ormond.

Glen Huntly Park will hold its AGM on Wednesday, November 18 at 7pm in the pavilion, cnr Booran and Neerim Rds, Glen Huntly. For enquiries, phone 528 6943.

Packer Park will hold its AGM on Monday, November 16 at 7.30pm in the pavilion, Leila Rd, Carnegie. For enquiries, phone 568 5073, or 569 8745.

Murrumbeena Park will hold its AGM on Monday, November 30 at 7.30pm in the pavilion, Kangaroo Rd, Murrumbeena. For enquiries, phone 563 7088.

COURSES

Caulfield Community Care Centre will offer a Toddler Parenting course, commencing on Friday, November 20. It is a six session course and will be offered on Fridays and Wednesdays between 10.15am-12.15pm. Session dates are, Nov 20, Dec 2, 4, 11, 16 & 18. Cost \$30, concession may be available. The course is based on Systematic Training for Effective Parenting (S.T.E.P.) and has been designed for parents of pre-school children. To know more, contact Shirley Ryan, on 523 6666.

DROP-IN CENTRES

St Mary's Anglican Church hold a weekly barbecue lunch for unemployed people every Thursday from 11am at the hall cnr Glen Eira Rd and Hood Cres, Caulfield. All welcome. For further details contact Peter Hutchins, on 326 8599.

ENROLMENTS

Caulfield South Primary School, Bundeera Rd, Caulfield South are now taking enrolments

for 1993. You are invited to visit the school to find out about programs, facilities and activities. Inspection by appointment. For details, contact Principal, Ms Penny Pentland, on 578 3718.

ENTERTAINMENT

Music Lovers' Society will present a recital on Saturday, December 5 at 8pm, featuring Tiffany Speight, soprano, accompanied by Alison Kirkpatrick and Mauro Baldi, flautist, at St Paul's Church, Dandenong Rd, North Caulfield (opp. Glenferrie Rd). Admission adults \$8, pensioner/student \$6, child \$3 or family ticket \$17. New members always welcome. Enquiries 571 0850.

Caulfield City Choir will present their annual 'Sounds of Christmas' performance on Wednesday, December 16 at 8pm at Caulfield City Hall. Admission prices and further information from choir secretary, Miss Raewyn Cross, on 822 5154, or treasurer John Dunham, on 551 5401.

FETES & FAIRS

St Andrew's Presbyterian Church, 237 North Rd, Caulfield South will hold a fete on Saturday, November 28 from 9am-1.30pm. Stalls include cakes, gifts, crafts, plants, sweets, books and records, trash and treasure, also hot dogs, sausage sizzle and devonshire teas.

St Agne's Anglican Church, Booran Rd, Glen Huntly will hold a Christmas sale on Saturday, November 28, 9.30am. Christmas gifts, cakes etc.

Caulfield Central Sub-Branch RSL Ladies Auxiliary will hold a sale of works on Saturday, December 5 from 10am-2pm in the club rooms, 6 Northcote Ave, Caulfield. A variety of hand crafted gifts such as hand knitted baby clothes and gifts which will make ideal Christmas presents. Cakes and a Christmas hamper also available.

FOREIGN LANGUAGE

Chadstone Community Health Centre Inc., 568 Neerim Rd, Hughesdale, holds an Arabic speaking elderly group every

Monday at the Centre, from 1-4pm. Activities include outings, guest speakers, backgammon, cards etc. New members welcome. For further details, contact the Centre, on 568 2599.

INFORMATION

Carnegie Steiner Kindergarten will hold an information evening on Tuesday, November 17 at 8pm at the Kinder, Tara Gve, Carnegie. All welcome. Enrolment enquiries, phone 578 1576, or 509 5720. Also, the Kinder will hold a St Nicholas Eve, Christmas buying night on Friday, December 4 from 9-10pm at the Kinder. There will be crafts, toys and a food stall.

MARKETS

Shelford Girls School, Hood Cres, Caulfield will hold a Twilight Christmas Craft Market on Friday, November 20 from 5-10pm. Eighty craftspeople from Red Hill, Berwick and Dingley markets will be selling pottery, woodwork, smocking, decorated clothing and accessories, fairy dress-ups, toys, Christmas cakes and much more. Klor the Klown will perform incredible feats with balloons. See Santa there. The Shelford Choir will sing Christmas Carols between 6-7.30pm.

MEETINGS

Caulfield Branch of the Victorian Gas Association will be held on Tuesday, November 24 at 1.30pm in the committee room, Caulfield City Hall. It's the last meeting for the year. It's also a social afternoon so could members please bring a plate. New members are always welcome. Annual subscription \$2. For enquiries, phone Mrs Murdoch, on 557 2254.

Caulfield Self Help Group of the Arthritis Foundation of Victoria will meet on Monday, November 23 at 10.15am at 259 Kooyong Rd, Elsternwick. Visitors welcome. For enquiries, phone 570 4971.

Caulfield Historical Society will hold its their final meeting for the year on Wednesday, November 18 at 7.30pm at Caulfield City Hall. There will be a display of tartans and a talk by Betty Reid. Supper available. Visitors welcome.

The New Ormond Auxiliary for the Alfred Hospital will hold its next meeting on Monday, November 23 at 10.30am in the Uniting Church hall, cnr North and Booran Rds, Ormond. New members most welcome. For further details, contact Eveline Moir, on 578 1721.

Neighbourhood Watch Area C7, bounded by Orrong Rd, Glen Eira Rd, Kooyong Rd and Inkerman St will next meet on Monday, December 7 at 7.30pm in the Shelford Girls School library, Hood Cres, Caulfield. All welcome.

Caulfield Combined Pensioners Inc. will meet on Tuesday, November 17 and Tuesday, December 15. For location details, contact A Morton, on 528 4459.

Caulfield Heritage Watch Group meets on the last Monday of each month (except December), in the meeting room, City Hall. For enquiries, contact Cr David Spencer, on 568 5073, or Larry Hill, on 528 4505.

RECREATION

Timeout, will meet in the balcony room, City Hall, on Tuesday, November 17 from 7.30-8.30pm. Give yourself a break. Experience the benefits of meditation through guided commentaries and group discussion. For further information, phone 528 4995.

The Thespian Lodge, No 232 cordially invites present, past or prospective new members to its daylight lodge which meets on the second Thursday of each month at 10am at the Morton Ray Masonic Temple, cnr Dandenong and Burke Rds, Caulfield. Dress informal. For details phone 568 2773, or 578 6980.

Over 40's Dance Club Inc. holds a 60/40 dance every second and fourth Saturday of each month at the Uniting Church hall, cnr North and Booran Rds, Ormond. Features live band. Cost \$6. For further details, phone 570 4564 or 580 1521.

Senior Ladies Friendship Group meet fortnightly on Thursday mornings.

Nov 19 - 10am-12 noon, meet at the community hall, 825 Poath Rd, Hughesdale for morning tea and trading table. Cost \$1.

Dec 3 - 10am-12 noon, meet at the Grange Room, 99 Grange Rd, Glen Huntly for a craft day. Morning tea, trading table. Cost \$1 plus small cost for materials. For details contact Mavis, on 579 2174, or Margaret, on 596 6124.

Early Planning for Retirement Group Inc. will hold the following activities during November: **Nov 19 - Interest Meeting** - will meet 7.30pm at the Gladys Machin Hall, Cedar St, Caulfield South. A representative from the Polly Woodside will be guest speaker. Visitors welcome. Supper will be served. Enquiries 523 7051.

Nov 25 - Travel Group - will meet 7.45pm at the Gladys Machin Hall, Cedar St, Caulfield. Lorna Mole will present an audio video of recent group tours. Visitors welcome. Supper will be served. Enquiries 571 3687.

RELIGION

Carnegie Uniting Church, cnr Neerim and Toolambool Rds, Carnegie will hold a special Christmas hymn and carol service followed by a supper and friendly chat on Sunday, December 6 at 7.30pm. A collection will be taken for the Christmas Bowl Appeal.

STREET STALLS

The International Diabetes Institute Opportunity Shop, Caulfield will hold a street stall outside Coles Fossey's, 377 Glen Huntly Rd, Elsternwick on Thursday, November 19 from 9am-3pm. All money raised will be donated to the International Diabetes Institute at the Caulfield General Medical Centre for its research and treatment programs. Items on sale include books, clothing, toys and general bric-a-brac. Community support would be greatly appreciated.

TRASH & TREASURE

Murrumbeena House Occasional Care, 105 Murrumbeena Rd, Murrumbeena will hold a trash and treasure fair on Saturday, November 28, 8am-2pm. There will be clothes, books, children's toys, bric-a-brac and a cake stall.

VOLUNTEERS

Southern Citizen Advocacy Group needs volunteers. Your ability to handle everyday matters would assist an adult with a disability to participate in community life. Short orientation program begins soon. For further details, contact Southern Citizen Advocacy, on 576 0155.

CAULFIELD CONTACT

CAULFIELD CONTACT IS COMPILED FOR THE RESIDENTS OF THE CITY OF CAULFIELD. THE PAPER ENCOURAGES THE COMMUNITY TO SUBMIT ARTICLES, BUT THEIR INCLUSION DEPENDS ON THE SPACE AVAILABLE IN EACH ISSUE. PLEASE SEND ARTICLES AND PHOTOS TO:

CAULFIELD CONTACT
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