

CAULFIELD CONTACT

M O N T H L Y

STACK

A monthly publication produced
by the Caulfield Council for the
residents of the City.



Vol 18 No 5, June, 1992

CONTENTS

General News	1-3
Community News	4-5
● SPECIAL FEATURE	
A look at the Council's	
Corporate Services	
Division	6-7
Arts Focus	8-9
Rec. & Leisure	10
Bowled Over	10
Classifieds	11
Health Wise	11
Diary	12

A chance to have your say...

CAULFIELD Mayor, Cr Veronika Martens, cordially invites residents of the City of Caulfield to attend the 1992 Council Ward Meetings.

Due to the success of the East Ward Meeting held last year, Council has organised ward meetings for all wards this year. These meetings will give residents the opportunity to address questions and offer suggestions about local and community issues to their Council representatives. Senior Council officers will also be present to assist with information about services and facilities available in the municipality.

"Caulfield has always welcomed public consultation and by holding informal meetings, it gives residents the ideal chance to express their concerns in a more relaxed environment," said Cr Martens.

"I look forward to the opportunity of meeting as many residents as possible and I, and my fellow councillors, are keen to hear if, and how we can better serve our community,"

Education Week has musical flavor

CARNEGIE Primary School student Daniel Allender, 11 years, played his violin at the

recent Education Week celebrations. Daniel has played the violin for Caulfield's elderly citizens' (during Elderly Citizens' Week) for the past four years.

Carnegie Primary School is dedicated to music and as a result, has recently introduced a new program, which enables students to attend Caulfield Secondary College every week to learn an instrument of their choice. Daniel is now learning the trumpet, but still continues to learn his violin.

Left: Carnegie Primary School student, Daniel Allender.



she added.

A combined meeting for the North and West Wards will be held on Sunday, June 21, commencing 2pm at Caulfield City Hall, on the third floor of the new

building. The South and East Wards will meet on Sunday, June 28, at the Carnegie Bowls Club, Leila Rd, Carnegie, commencing 2pm. Light refreshments will be available.



City of Caulfield

MEET YOUR COUNCILLORS & SENIOR STAFF

YOUR COUNCILLORS INVITE YOU TO MEET WITH THEM TO DISCUSS
LOCAL MATTERS AND TO ASK QUESTIONS ABOUT YOUR COUNCIL'S
OPERATIONS.

SUNDAY, JUNE 21, 1992, 2PM
NORTH & WEST WARDS
3rd floor Caulfield City Hall
Cnr Hawthorn & Glen Eira Rds
Caulfield South

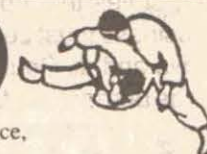
Cr Veronika Martens (Mayor)
North Ward Councillors
Cr Sandy Anderson
Cr Nicholas Gold
Cr David Michelson
West Ward Councillors
Cr George Brown
Cr Robert Kirby
Cr Alan Grossbard

(Afternoon tea
will be served)

SUNDAY, JUNE 28, 1992, 2PM
EAST & SOUTH WARDS
Carnegie Bowling Club
Leila Road
Carnegie

East Ward Councillors
Cr Veronika Martens (Mayor)
Cr Ed Biggs
Cr David Spencer
South Ward Councillors
Cr Geoff Patience
Cr Helen Friedmann
Cr James Barrett (Deputy Mayor)

Yamada JUDO



concentration, discipline, co-ordination, confidence,
self defence & fitness

CHILDREN & ADULTS

CAULFIELD - 6 MAPLE ST (Caulfield Recreation Centre)
BLACK ROCK - 304 BEACH RD

578 4460

MEAN JEANS

Levi's

501's - \$79.90
(for guys & girls)

Red Tabs - \$59.90

Student fit - \$50

Jackets - \$89

SPECIAL -

"Top Stuff" surf tops - \$39 normally \$59

Levi's

51 Koornang Rd
CARNEGIE

Ph: 571-4187

NUCLEUS Computer Services P/L

Specialists since 1979 in

**COMPUTER REPAIRS & UPGRADES
SALES & HIRE**

Now servicing
Australian Government Contract PE41

9b Morton Avenue, Carnegie, 3163
Phone 569 1388 Fax 569 1540

**THE NEW BEGINNING
FOR HAIR TODAY**

MANE EVENT

HAIRDRESSING

426 Glen Huntly Rd, Elsternwick
Ph. 528 3903 or 528 3879

"Your confidence is our concern"

As one of the City's
longest established
Estate Agents, experience
counts.
Whether selling, buying or
leasing consult...

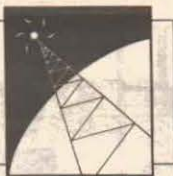
Michelson's

Real Estate

528 2855

570 Glen Huntly Road, Elsternwick

There are two kinds of
people in Caulfield -
those who have
bought and sold their
real estate through
Michelson's and those
who wish they had.
Phone 578 0600 a/h



News in brief

Home occupation banned

CAULFIELD Council has been successful in registering a Law Enforcement Order on a Carnegie property.

The Council, has, since 1990 received complaints from concerned residents about the operation of a taxi business and its associated parking problems in Gilbert Gve, Carnegie. Not only did residents have to cope with the lack of parking, but also the continuing change-over of drivers, washing and repairing of vehicles and generally causing a nuisance to the amenity of the neighbourhood.

The decision made by the Administrative Appeals Tribunal to place a Law Enforcement Order, states that operation of the business must cease within 30 days and all Council's legal costs be borne to the taxi operator.

Caulfield Mayor, Cr Veronika Martens, said "It is Council's responsibility to ensure that residents are able to enjoy reasonable levels of residential amenity. It is hoped that this decision will act as a suitable deterrent for similar or future unlawful activities," she added.

Development refused

CAULFIELD Council's executive services committee last month refused an application to construct a first storey addition to unit 3/5 St Huberts Rd. The Committee, having listened to numerous objections from the gallery, agreed that the application was an overdevelopment of the site, likely to create overshadowing and would cause neighbouring properties to be "hemmed in".

The editor reserves the right to exclude articles for publication.

CITY HALL PHONE NUMBERS



Arts Complex 524 3287

Rates 524 3215

Human Services 524 3228

Traffic & By-Laws 524 3216

Engineering 524 3240

Town Planning 524 3374

Traffic Engin. 524 3324

Building 524 3201

Loans receive \$0.5 million

SAVINGS in staff costs have permitted Caulfield Council to repay further high interest loans to the tune of \$0.5 million.

Caulfield Mayor, Cr Veronika Martens, said "At the half-way point in our budget year, the budget forecast shows a healthy surplus. In dealing with this, the Council was conscious of providing on-going benefits to the community. Accordingly, more loans are being retired" she added. (Earlier in the year, Council retired \$2 million in loans).

"Through its strong and responsible financial management, many other economies have been achieved and Council has also approved a number of necessary projects which would otherwise be a financial burden on next years' rates. They include:

- A new pedestrian pathway along the Inkerman Rd frontage of Caulfield Park - \$15,000.
- Repairs to sewers damaged by street tree roots - \$15,000.
- Pavilion extension and toilet up-grade at Princes Park -

\$30,000.

- Resurfacing of right of way Staniland/Orrong Rd - \$32,000.

- Construction of female toilets at EE Gunn Park - \$17,000.

- Provision of heating for the Maple Street Youth Resource Centre - \$3,000.

- Parking ticket machines to be installed in the Caulfield Station precinct - \$80,000. They will provide substantial on-going returns to Council of well in excess of the installation and running costs, and also enable a better control and use of parking facilities in that area.

- A Central Processing Unit (computer system) for City Hall to replace the current 10 year old system which is in need of substantial upgrade. Due to a competitive environment in this industry, a modern, but second hand unit is available and funds of \$200,000 have been allocated for this purchase. New equipment would normally cost double.

- Funds of \$85,000 have been set aside for the implementation of the library review."

Caulfield Councillor chosen for honorary role

CAULFIELD's West Ward Councillor, Alan Grossbard has been appointed for a three year term as one of the two Australian representatives on the Council of the Australian and New Zealand Association of the Advancement of Science (ANZAAS). All other positions are held by State representatives.

ANZAAS, was the first scientific organisation in Australasia, established over 100 years ago. It acts as a lobby group, encouraging greater government and community involvement in science technology and organises the well publicised ANZAAS Scientific Congress each year.

Cr Grossbard has been a prominent figure in the science community, stimulating greater community awareness of the



Above: Cr Alan Grossbard.

role of science in Victoria. He is also a councillor with the Royal Society of Victoria and chairman of the Victorian Junior Science and Technology Festival. All these positions are honorary.

Caulfield Library now open seven days a week

THE Caulfield Library, Maple St, Caulfield South will now be open on Mondays, from 10am to 6pm, commencing Monday, June 15.

To celebrate the extended hours, an overdue and fines amnesty has been declared for all branches of the Library Service for this week. This will allow patrons to return their overdue books with no questions asked. "The Maple Street Library will now be open to provide services to the public seven days a week," said Patricia Smyth, chief librarian.

For information about the new hours, contact the Library, on 524 3346.

Engineering update

Queens Ave & Normanby Rd Intersection

TRAFFIC signals are to be installed at the intersection of Queens Ave and Normanby Rd to overcome existing operational problems with the traffic flow. The work is to be fully funded by VicRoads.

As part of this installation, the configuration of the existing traffic island is to be altered, as is the line of the kerb and channel on the north west and south west corners of the intersection. A new traffic island will be built to extend out from the south end of the central bridge support to replace the existing white road marking.

The traffic signal installation will not proceed prior to the commencement of July, however preparatory work in the form of the alterations to kerb lines commenced last month.

Outer Circle Railway - underground drainage

CAULFIELD Council's engineering department has recently completed a design to provide an underground stormwater drain to replace the open stormwater drain within the Outer Circle Railway Linear Park, off Wilson St, Murrumbena.

The purpose of providing an underground drain is to eliminate any water runoff in the park. The water used to overflow the open drainage during heavy rainfall and, as a result, caused scouring to the paths.

This project will be carried out utilising Council's Depot Day Labour force.

The project includes approximately 195 lineal metres of 525mm diameter reinforced pipe, to be located at a 2.7 metre offset from the existing open drain. This will minimise any impact on the trees which are located near the open drain.

The construction work will be completed this month.

Grange Rd - lighting scheme

COUNCIL has entered into an agreement with the State Electricity Commission of Victoria and VicRoads, to participate in a cost-shared Street Lighting Scheme for Grange Rd, from Princes Hwy East to North Rd.

All roads are classified into a hierarchy of roads which are determined by traffic volumes and usage. The classification of Grange Rd is such that financial obligations are imposed on VicRoads for maintenance

and other expenditures, including agreed cost shared street lighting schemes.

The existing lighting consists of 69, 90 watt low pressure sodium lights and these will be replaced with 81, 150 watt high pressure sodium lights and two, 250 watt high pressure sodium lights at the Princes Highway intersection.

Under the cost sharing arrangement, Council, SECV and VicRoads pay one third of the erection costs and the annual tariff.

Caulfield's cost will be \$10,110 construction costs and the annual tariff will be reduced from \$14,009.76 to \$4,828.68, which is due to the cost sharing arrangement.

Installation is expected to be completed by the end of this month.

Traffic hazards controlled

CAULFIELD Council has prepared a Traffic Management Concept Plan for local areas 40 and 44. (Local Area No. 40 is bounded by Marara Rd, Booran Rd, North Rd and Bambra Rd and Local Area No. 44, is bounded by Kangaroo Rd, Poath Rd, Dalny Rd and Murrumbena Rd).

As part of Council's adopted local area approach to traffic management, Traffic Study Programs are carried out annually to assess traffic conditions in all local areas, in order to reduce traffic volumes, speeds and prevent the possibility of accidents. Priority is given to areas which have proven to be experiencing significant adverse and hazardous traffic conditions.

Council's senior transportation engineer, Robert Stainforth, said "The Traffic management Concept Plans are designed to improve residential amenity and traffic safety, while at the same time, maintaining local access and mobility needs."

"A preliminary estimate of costs for these two schemes is \$120,000 and this amount has been accounted for in Council's current budget allocations," he added.

All residents in areas 40 and 44 have received a copy of the Traffic management proposal. People wishing to comment on either of the schemes, should contact the Council's engineering department, on 524 3324.

Details of the proposal, along with relevant traffic data is on display at City Hall.

COUNCIL MEETING DATES

Finance Strategy -
Council -

Tuesday, June 16, 6pm
Tuesday, June 16, 8pm



CAULFIELD GENERAL MEDICAL CENTRE

← Main Entry

Caulfield Hospital update

CAULFIELD Mayor, Cr Veronika Martens and the Member for Melbourne Ports, The Hon. Clyde Holding, met with The Hon. Brian Howe, Deputy Prime Minister and Minister for Health, Housing and Community Services last week to discuss health services.

Cr Martens said after the meeting that they were well received by Mr Howe, who had expressed a sincere interest in the Caulfield General Medical Centre.

"Future funding of the R E Ross Centre at the CGMC was discussed and I received an understanding from Mr Howe that the Commonwealth would accept responsibility for funding the Centre," said Cr Martens. When discussing the broader issues relating to the Hospital and Council services, Mr Howe accepted an invitation by Cr Martens to visit Caulfield. As a result, Mr Holding is arranging the visit, in conjunction with Council to take place on June 18 this year.

Acute Services

by Dr Hershal Cohen
Chairman of Medical Staff,
CGMC.

DURING the past few months, much has been written in these pages and in other local papers about the future of the Caulfield General Medical Centre. However, not much has been said about the Hospital itself and the work it does. The next few issues of Caulfield Contact will aim to redress that situation and will provide some idea of the services provided at Kooyong Rd. Most Caulfield residents now know that CGMC is an amalgamation of the Caulfield Hospital and the Royal Southern Memorial Hospital.

The amalgamated hospital continues to service the citizens of Caulfield and surrounding municipalities with as much vigour as it always has.

Acute Services, that is general medical, surgical and family medical services are handled in the old Royal Southern Memorial Hospital wing. Many of the local people remember the dedication, service and skill of the staff that cared for them during their stay as inpatients.

The tradition that has developed over the past 25 years still continues. The services provided may have varied a little as needs change. For instance, the orthopaedic service has now been transferred back to the Alfred Hospital, but gynaecology and rheumatology units are now functioning at Caulfield.

The Day Procedure Unit has been doubled in size this year to cater for recent medical advances. Operations are performed and the patient may be discharge within the course of one working day. This stretches the health dollar further, reduces waiting lists and also results in less stress and trauma to the patients and their families.

The Medical Imaging Department has recently installed a Catscan machine, allowing patients to be assessed "in-house" rather than having to be transported to neighbouring facilities. Ultrasound and mammography services have expanded services provided. The Department is now well equipped to provide a modern, non-intrusive diagnostic service to the Hospital and to patients referred from doctors in the surrounding community.

Equally, the pathology department provides a similar service. Many people will have visited the Hospital as outpatients to receive treatment in the physiotherapy, occupational therapy and podiatry departments and in the pain management centre.

The International Diabetes Institute in Kooyong Rd is closely associated with the Hospital and its appointed physicians are also on staff at CGMC.

The Acute Services Unit at Caulfield is carrying on the tradition started by "Southern Memorial". There may have been some changes in the last few years, but they are changes aimed at always providing the optimum in hospital care to the population which it serves. The particular needs of the community and the geographic location of the Hospital in that community are of paramount importance and provide its reason for existence.

Netball, a priority in Canberra

CAULFIELD Mayor, Cr Veronika Martens headed a deputation to Parliament House regarding the proposed netball facility at Duncan MacKinnon Park, during a recent visit to Canberra.

Cr Martens, joined by Deputy Mayor, Cr James Barrett and director technical services, Noel Wootten were advised by the Ministerial Advisor for Sport, Stephen Whan, that the netball proposal fulfilled the criteria. He mentioned, however, that not all proposals were successful, as only \$17 million was made available to the whole of Australia for projects that totalled \$162 million.

"It was assuring to hear that Caulfield was on the right track in looking at a regional facility rather than a municipal one," said Cr Martens.

"As advised during the deputation, Council will resubmit its proposal this month, with letters of support from The Hon. Clyde Holding, Member for Melbourne Ports, The Hon. Simon Crean, Minister for Primary Industries and Energy and from neighbouring councils with their support in principle to a regional facility, in an effort to receive the necessary funding for the netball project," she added.

While visiting Canberra, Cr Martens, Cr Barrett, Mr Wootten and the director corporate services, Brian Hoban attended the annual Institute of Municipal Management conference, along with 800 other councillors and senior staff from councils throughout Australia.

The conference, *Local Gov-*

ernment - Responding to Reform attracted many interesting speakers, including Lindsay Fox, who spoke about the development of his business activities, Michael McKieve from Telecom, who described how the deregulation of the market will effect Telecom's marketing activities, including charging procedures to Local Government. A discussion on award restructuring and structural efficiency, highlighted the need to be more communicative, more accountable and to foresee, not forecast.

Cr Martens described the conference as informative, but said it was disappointing that the Prime Minister and the Leader of the Opposition were listed as keynote speakers, they were unable to attend.

The day has finally arrived



Above: From (l to r) Phyllis Boyd, David Boyd, Caulfield Mayor, Cr Veronika Martens and Colin Smith.

APPROXIMATELY 100 people turned out to celebrate the renaming of the Outer Circle Railway parkland recently.

Boyd Park, as it is now known, has rightly taken its name as a tribute to the Boyds, Murrumbidgee's family of fine potters, painters, writers and musicians.

Caulfield Mayor, Cr Veronika Martens unveiled the commemorative plaque, "Open Country", which was created by Merric Boyd's grand daughter, Lenore Boyd.

"The work of Merric Boyd is both artistically and historically important to the City of Caulfield

and I am very honored to have names one of our most beautiful parklands in memory of such a fine artist," said Cr Martens.

"Since 1988, Council has waited for approval to rename part of the Caulfield section of

the Outer Circle Railway in memory of the Boyds and due to perseverance and support from the community, that day has finally arrived. It has certainly been worth the wait, she added.

The article deadline for the July 6 issue, is June 18.

Silver Rooster

365 North Rd, Caulfield South

Phone: 578 8350

★ WINTER SPECIALS ★

HOT FAMILY DINNER
1 large size chicken, 8 roast potatoes, 1 large peas, 1 large gravy -
\$10.50

2 MEDIUM CHICKENS - \$11,
SAVE \$1.40

RETURN THIS COUPON FOR THESE GREAT SPECIALS!

Home delivery service now available - Thursday-Sunday only - Hours: 5-8.30pm
Dial 578 8350 with your orders of chicken/fish. Min. order \$10 - Max. 5km radius.

Gardenvale Park - Caulfield's newest neighbourhood park

DEVELOPMENT of a new neighbourhood park in Gardenvale will begin this year.

Caulfield Council has approved a Landscape Plan which was prepared by Council's urban designer, Lyn Hannan, in consultation with local residents.

"Resident participation has been the key factor in preparing the design of the park. Interested local residents formed a group and designed and circulated a questionnaire to determine features residents wished to include in the park," said Ms Hannan.

Four meetings were held, chaired by Caulfield Mayor, Cr Veronika Martens and attended by residents and relevant council officers.

The Landscape Plan incorporates almost all of the suggestions from the residents and has met agreement from all residents involved.

The site for the parkland is a

result of a recommendation of the 1987 Caulfield Council Local Parks Strategy, to construct parkland in areas deficient in public open space.

Sufficient land has been purchased and cleared to create a local park.

Features of the park will include a picket fence, lich gate, gazebo, playground, Australian native and exotic trees and lawn areas. The parkland is designed to integrate with the surrounding residential character. The design utilises attractive garden features and planting with small lawn areas to maximise local use.

Preliminary site works, road closures and relocation of existing power lines will absorb the \$100,000 budget allocated to the parkland this year.

Council expects to allocate further funds to continue development of the parkland next year.

Below: Gardenvale Park Landscape Plan.

Bicycle works underway

IN mid 1991, Caulfield Council commissioned the preparation of a Strategic Bike Plan.

The Plan presented a program of works and facilities to be implemented over a five year period to improve cyclists' safety and promote cycling as a mode of transport.

Stage one of works commenced last month and funding assistance was provided by VicRoads for this purpose. A total of \$30,000 is to be spent, which includes Council funding.

Council has approved the formation of a Bicycle Planning Advisory Committee. At the first meeting of this committee in April, 1992, there was support for the introduction of a formal reporting system by cyclists and others. As a result, a "Pothole Report" form has been developed.

This form can be completed by residents and bike users. Once received by Council, necessary works will be programmed. For serious hazards, contact the Council by phone to ensure prompt attention.

Caulfield Council Pothole Report

I would like Caulfield Council to correct the following obstacle to safe cycling in Caulfield:

- ☐ Pothole or hole in road, which is a danger to cyclists.
- ☐ Grate, whose slats are a danger to a cyclist's wheel.
- ☐ Bump/dip, caused by pit cover.
- ☐ Other. Please specify. _____

The location of this hazard is:

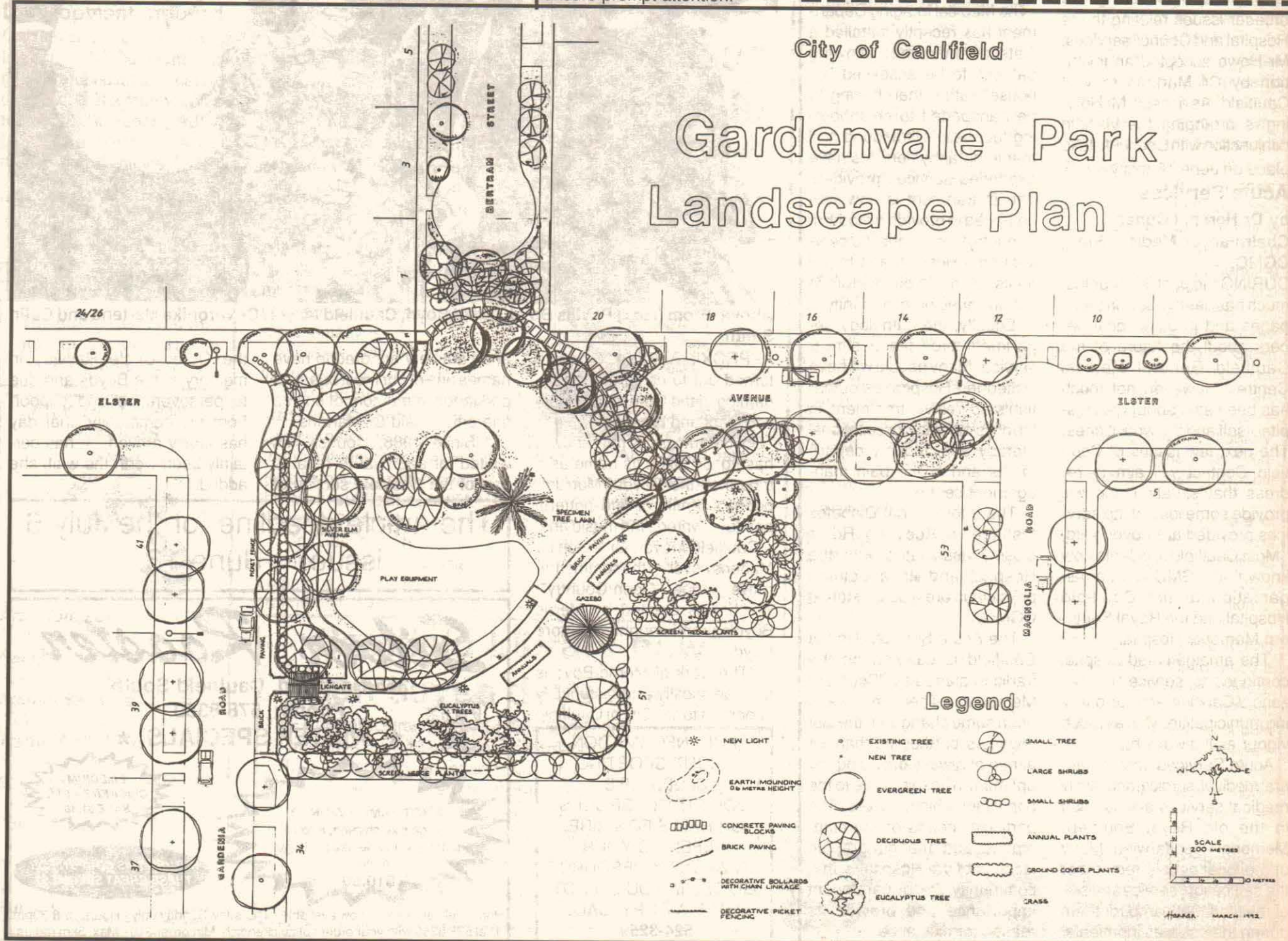
House Number _____

Street/Road Name _____

Nearest Intersection _____

Other location assistance _____

Please post or fax (523 0339) this form to: The Manager Engineering, City of Caulfield, P O Box 42, Caulfield South, 3162.





Big Mac's all round



CAULFIELD Mayor, Cr Veronika Martens pictured with Paul Kelly, owner of the McDonalds Restaurant in Elsternwick, at the recent McHappy Day Appeal. It is the second year that the Ronald McDonald Children's Charity and the Variety Club of Australia have joined forces to raise money for sick, disabled and underprivileged children. For each Big Mac sold during the Appeal, \$1 is donated to charity. A total of \$492,000 was raised throughout Australia during the Appeal held on May 30 and \$2,041 was raised by the Elsternwick restaurant alone.

Why does my baby cry?

Children and family services column

FOR a baby in its first 12 months of life, crying is the method of signalling.

The baby is communicating a need. How can a mother identify this need? Mothers very soon after baby's birth, begin to distinguish differences in their baby's cries and so begin to respond in appropriate ways.

There are seven main causes of crying. These are: pain, discomfort, hunger, loneliness, over-stimulation, under-stimulation and frustration.

Crying should not be thought of as merely 'letting off steam' or a form of 'self-expression'. There is a reason so a response is necessary.

Any pain can cause a baby to cry. This being a protective course of action regardless of the precise nature of the pain. A parent comes running to assess the need and take suitable action.

A cry of discomfort usually lacks the intensity and sharpness of a pain cry.

A hunger cry responds easily to a feed unless the baby has been crying for some time and has worked up into an emotional high pitch. In this case, calming by rocking or cuddling is necessary before the baby is

ready to feed.

A parent may not understand what is wrong when a baby is expressing loneliness. Being lonely too often can make baby feel insecure. Modern, busy parents may find baby's repeated need for companionship inconvenient, but close physical contact is an essential criteria in the healthy development and well-being of your baby.

Babies six months and over may suffer from boredom. It is important for his/her environment to be interesting and provide necessary stimulation for various sense organs.

Frustration can be a cause of crying in older babies. Attempting to achieve certain goals can result in a cry of frustration.

The agitated, irritated or impatient parent does not always realise how easy it is for them to transmit their mood to the baby via body language.

Sometimes a parent may need to fake a mood of serenity and security to obtain results.

Responding to your child's cries promptly results in a relaxed, secure infant and a happy mother.

If you need further help and advice, contact your local Maternal and Child Health Nurse.

Local volunteers recognised

A TOTAL of 160 voluntary workers were given recognition at Caulfield Council's annual community services recognition night held recently.

The Council has, for four years, held these award nights to recognise and publicly thank volunteers for their dedication to helping the local community.

Below: Caulfield Mayor, Cr Veronika Martens pictured with one of the volunteer award recipients at the Council's Community Services Recognition night.



Caulfield Mayor, Cr Veronika Martens, hosted the evening, individually thanking each recipient and presenting them with a certificate and a badge.

"I am very proud and honoured to see that Caulfield has so many voluntary workers who continue to willingly donate their time to help those less fortunate

in the community," Cr Martens said.

"Without the assistance and support of our volunteers, many community members would unduly suffer. Bearing this in mind, the community, as a whole, should recognise the efforts and importance of volunteers and the work they do," she added.

Leisure and recreation options for people with disabilities.

WHAT would you rather do? Play tennis or do the ironing, wash the dishes or see a movie, vacuum or play cards? No need to answer, leisure is now recognised as an important part of everyone's life.

It contributes to our sense of well-being and fulfillment, but there are lots of people who need help in this aspect of their lives.

IMPACT is a community based organisation which aims to provide leisure and recreation options for adults with a disability in the southern region.

In its initial year, IMPACT has provided support for over 100 people, helping them enjoy a fuller and happier life in an area that most of us take for granted. From simple things like going for a walk, or a meal, to developing skills in a particular sport, or going on an interstate holiday. The staff at IMPACT are doing their best to help people improve their quality of life.

Would you like to become involved? Why not become a volunteer worker at IMPACT? You can give as much, or as little of your time as feel right for you and you will have fun because IMPACT will make sure you are with people with similar interests to your own.

If you are interested in helping, please phone Penny, on 571 8444 to find out more!



Above: IMPACT volunteers at work.

COUNTRY FIREWOOD

THE LIONS CLUB OF CARNEGIE

is selling bags of country firewood for \$6 - delivered, (bags approx. 20kg - delivered free).

Please contact Ken Limbrick, on 568 7911, or Stan Jowett, on 578 9684 for further details.

?

DID YOU KNOW

The Home Renovation Advisory Program has issued a pamphlet explaining their program, aimed at checking your home's efficiency in combatting the cold. The pamphlet titled, *Have You Checked Your Home's Winter Worthiness?* is available at:

The Caulfield Citizens' Advice Bureau
256 Hawthorn Road
Caulfield South

Phone: 524 3200, 524 3272.



A view of Council's corporate services division

SPECIAL FEATURE

THE corporate services division is responsible for the finance and administration areas of the Council, including the following four services:

- Council Elections
- Rates and Valuations
- Library Services
- Cultural Services

● COUNCIL ELECTIONS

COUNCIL elections in the City of Caulfield are held on the first Saturday in the month of August each year. This day is known as Local Government Election Day.

Caulfield is divided into four wards, North, South, East and West and each ward has three elected representatives, known as councillors.

Councillors are elected for a three year term to represent residents and ratepayers within their ward. At the conclusion of their three year term, each councillor is faced with the option to either renominate or stand down from office.

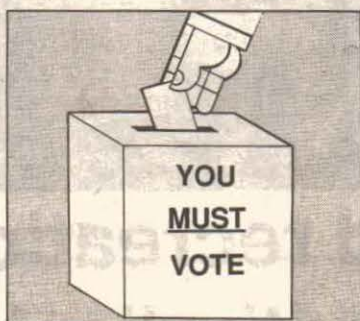
If, at this point, he/she renominates and no other person nominates, then the standing councillor is returned to office unopposed. If there is more than one nomination lodged, then an election must take place.

VOTING

VOTING is compulsory for all residents aged 18-70 years and who are registered on the Municipal Electoral Roll in a particular ward. Voting, however, is optional for absentee residents and residents over the age of 70 years.

Persons who are not naturalised, but who own property and live within the municipality are also required to vote.

If you are absent on polling day, or unable to attend, postal votes may be recorded by: Calling personally at City Hall, cnr Glen Eira and Hawthorn Rds, Caulfield, prior to 4pm on the Friday before polling day.



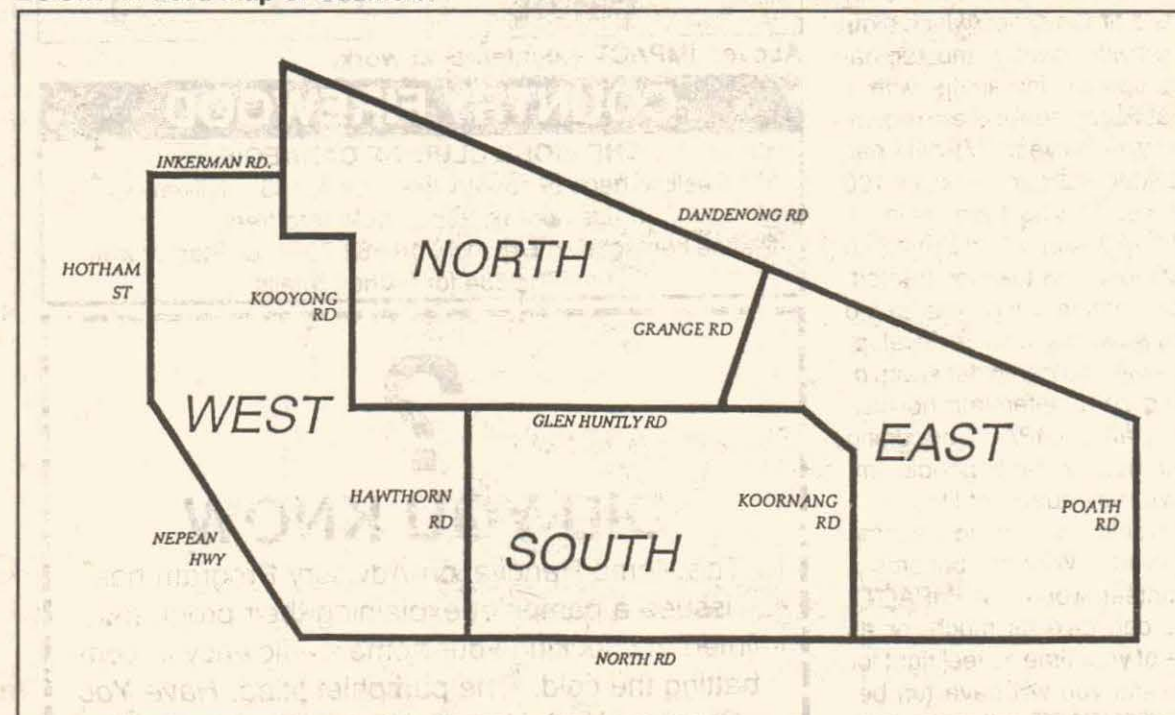
Applying to the City Offices, either in writing or by telephone, requesting application forms for postal voting to be sent out to you.

Allow sufficient time to enable ballot papers to be posted out and returned to City Hall prior to Election Day.

Note: Postal ballot papers returned after Election Day will not be included in the count of votes.

OR

Below: A ward map of Caulfield.



WARNING!

People who fail to vote can be fined a maximum of \$50.

● RATES & VALUATIONS

COUNCIL requires approximately \$39 million per annum to maintain the City and the various services it provides. The majority of these funds come from grants and subsidies, user charges and reserve funds etc. (\$23m). The balance of money (\$16m) is raised by a tax on every property known as a rate.

The amount that each property pays as rates is determined by the Council after setting its budget each year, deducting the income to be received, other than rates, and dividing this amount into the total valuation of the City. This calculation then gives a rate in the \$ figure which is then applied to each individual property valuation.

● Example - 4 Smith Street.

Amount to be raised by rates \$15,000,000
Total Valuation of the City (NAV) \$200,000,000
\$15m divided by \$200m - 7.5 cents in the \$.

Valuation 4 Smith Street = \$7,000 (NAV)
7,000 X 7.5 cents in the \$ = \$525
Rate payable = \$525.

GARBAGE CHARGE

COUNCIL has a separate charge of \$117 for the collection and disposal of garbage.

RECEIPT OF RATE NOTICE

RATE notices are usually sent out in October. If you do not receive your rate notice by that time, please contact the rate office. Rates are due and payable on December 10 each year, but ratepayers are given until April 10 the following year to pay their bill before interest is charged.

Provision is made for payment by quarterly instalments. A ratepayer may elect to use this method by paying the quarterly amount shown on the annual rate notice.

Thereafter, quarterly notices will be forwarded prior to the date. Instalments are due and payable on December 31 and last days of February, May and August. Payments may be made at the City Offices or any bank.

PENSIONER RATE ASSISTANCE SCHEME

UNDER the pensioner rate assistance scheme, aged, widowed, invalid or single parent pensioners who have been issued with a travel concession card by the Department of Social Security and Veterans Affairs, are entitled to a reduction of up to 50% on their rate bill.

Eligibility for rebate, to a maximum of \$135, depends on the number of owners of the property.

The reduction only applies to pensioner's place of residence. All pensioners seeking assistance under this scheme must complete an application form for this purpose, unless such a form has been previously lodged and assistance obtained.

Enquiries about this matter, or any other matter relating to the rating system, should be directed to the Rate Collector, on 524 3215.

PHOTOS THAT APPEAR
IN CONTACT ARE FOR
SALE, PH: 524 3259.

PROPERTY VALUATIONS

THE Council employs qualified valuers to carry out a general revaluation of all the 35,000 properties in Caulfield on a four yearly cycle.

Three separate valuations are returned for each property. These are:

- Site Value
- Capital Improved Value
- Net Annual Value

Site Value (SV) is the value of the land only ie: without any buildings, fences etc.

Capital Improved Value (CIV) is the value of land and all improvements.

Net Annual Value (NAV) is the estimated annual value or rental value of the property. For residential properties this is 5% of the CIV.

These valuations are used as the basis for levying Council and Melbourne Water rates and State Land Tax.

Supplementary valuations are also carried out at regular intervals during the year as properties are built, demolished, altered or subdivided.

It is necessary to bring these into line with the level of valuation prevailing for comparable properties.

A valuer, should one call at your property, will produce an identification card, displaying a photograph and authorisation. The valuer has a legal right of access to your property for the purpose of making the valuation.

Council seeks the cooperation of all residents in answering questions put by the valuer so that an accurate assessment can be made.

The Council cannot instruct the valuer, regarding any valuation, or influence the valuer in any way, to increase or decrease valuations.

All rating valuations are supervised and coordinated by staff from the Valuers General's Office.

Before undertaking municipal valuations, valuers must make a declaration of impartiality and all valuers must be registered with the State Government.

If you are aggrieved by the valuations placed on your property, the procedure for lodging a formal objection is set out on the back of your valuations and rate notice.

The Property Manager can be contacted at City Hall to discuss any valuation query you may have on 524 3333.

CAULFIELD LIBRARY SERVICE

Caulfield Library
Maple Street
Caulfield South, Tel 524-3346

Elsternwick Library
4 Staniland Grove
Elsternwick, Tel. 523-6682

Carnegie Resource Centre
130 Koornang Road
Carnegie, Tel. 569-5505

PROGRAM FOR ADULTS

Lectures, readings, performances, workshops July to December 1992.

All
activities are free unless stated otherwise.

JULY

TOWARDS PUBLICATION

Preparing your work for publication. Determining the markets - Sherryl Clark.

Elsternwick Library, Thursday 16th July 7.30 p.m.

Sherryl Clark is the author of 'Edge.' A strong advocate of writing arts, Sherryl currently works as Writing Officer with Footscray Community Arts Centre. Her session will include a look at literary magazines and other likely markets for your work. Bookings essential. Phone 524 3357

HOME RENOVATION SEMINAR

The things you're never told - David Friedman.

Caulfield Library, Thursday July 23rd 7.30 p.m.

Architect, David Friedman will discuss issues including designing your extension / renovation and dealing with your neighbours, easements and builders.

IS THERE AN ALLERGY IN YOUR FAMILY? - Denise Daniels

Caulfield Library, Thursday July 30th 7.30p.m.

An invaluable talk by author Denise Daniels. An allergy sufferer herself, Denise is the mother of two, one of whom was a chronically ill allergic infant.

VISIONS OF CHINA

Two illustrated presentations:

SHANGHAI AND THE GREAT WALL OF CHINA - Nancy Needham.

Caulfield Library, Wednesday July 29th 2 p.m.

AUGUST

TRAVELLING THE SILK ROAD - Len Dungan.

Caulfield Library, Wednesday 12 August 2p.m.

NEW BOOKS MORNING

Caulfield Library, Friday 7th August 11 a.m.

Join us for tea and coffee and an opportunity to hear about and borrow the latest new travel guides and travel books.

ALTERNATIVES

BREATH THERAPY WORKS - Sri Bala Ratnam.

Caulfield Library, Thursday 6th August 7.30 p.m.

Bala Ratnam will speak on breath therapy, a technique which uses aspects of yoga, meditation and vibrational therapy.

HYPNOTHERAPY - Doris Brett

Caulfield Library, Thursday 13th August 7.30 p.m.

A fascinating lecture by Doris Brett, a clinical psychologist who uses hypnosis in her work with clients.

SECRETS OF NUMEROLOGY - Ernly Freeland.

Caulfield Library, Thursday 20th August 7.30 p.m.

Ernly Freeland has been practising numerology for over thirty years. She will demonstrate and talk about the revealing power of numbers in our lives.

ART OF ETHNICITY - Multicultural writers present an evening of Prose and Poetry.

Elsternwick Library, Wednesday 26th August 7.30 p.m.

Refreshments provided.

SEPTEMBER

ARMCHAIR TRAVEL - By light plane over Australia

Beatrice and Gordon Keam,

Caulfield Library, Thursday 3rd September 2 p.m.

Kakadu, Shark Bay, the Kimberleys and Monkey Mia will all be covered in this illustrated presentation.

NEW BOOKS NIGHT - Features the latest leisure sport, cooking, craft and Do It Yourself books.

Caulfield Library, Wednesday 9th 7.30 p.m.

Join us for wine and cheese.

SCANDINAVIA - Beatrice and Gordon Keam.

Caulfield Library, Thursday 10th September 2 p.m.

An illustrated presentation including Sweden and Norway.

TEAWARE THROUGH THE AGES - The National Gallery of Victoria visits us - Margo Cooper.

Caulfield Library, Wednesday 16th September 2 p.m.

A stunning visual presentation of teaware from the gallery including Georgian, English sterling silver, porcelain and contemporary Australian teapots. Join us for tea afterwards.

OCTOBER

Australian Library Week 4th to the 9th October.

VISITING NEW YORK AND BOSTON - Rifka Knox.

Caulfield Library, Monday 5th October 2 p.m.

REMEMBERING ANNE ELDER

Caulfield Arts Complex Theatrette, Cnr Glen Eira and Hawthorn Rds Caulfield. Thursday 8th October 7.30 p.m.

A moving tribute to the late Anne Elder a poet of exceptional talent featuring Judith Rodriguez and a host of Anne Elder, poetry award winners. Cost \$3 or \$2 Caulfield Library Service members, includes refreshments.

NEW BOOKS MORNING

Caulfield Library, Friday 9th October 11 a.m.

Hear about and borrow the best new large print books over morning tea.

ART OF ETHNICITY - An evening of music from the Ukraine.

Elsternwick Library, Wednesday 28th October 7.30 p.m.

Performed in costume and featuring bandura and guitar.

NOVEMBER

NEW BOOKS MORNING

Caulfield Library, Friday 6th November 11 a.m.

Hear about and borrow the latest novels over morning tea.

DECEMBER

NEW BOOKS NIGHT

Caulfield Library, Thursday 3rd December.

Join us for wine and cheese and a chance to hear about and borrow your holiday reading.

WRITERS WORKSHOP - A workshop group for more experienced writers meets fortnightly. There is a small half yearly charge to cover the costs of visiting tutors. Enquiries 524 3357

FUN FOR CHILDREN

JULY TO DECEMBER 1992

HOLIDAY PROGRAMS, STORYTIMES, SCHOOL VISITS.
ALL ACTIVITIES ARE FREE UNLESS STATED OTHERWISE.

SCHOOL HOLIDAY PROGRAM 6-17 JULY

Bookings Commence Tuesday 23 June

Bookings are required for all activities other than storytimes and performances

Please telephone the library at which the activity is to be held

WEEK 1

Wooden Spoon Puppets - Carnegie Resource Centre

Monday 6 July, 11am.

Make your very own wooden spoon puppets. Limit of 15.

Animal Bookmarks - Caulfield Library

Tuesday 7 July, 2.30pm.

Create your own crazy animal bookmarks. Limit of 20.

Storytimes - Caulfield and Carnegie Libraries

Wednesday 8 July, 11am.

Jewish Story Hour - Elsternwick Library

Wednesday 8 July, 2pm.

Stories for 4-10 year olds. Duration 30 minutes.

Pirate's Treasure Hunt - Elsternwick Library

Friday 10 July, 2pm.

Have a fun filled afternoon of pirating. Limit of 20.

Storytime - Elsternwick Library

Friday 10 July, 11am.

WEEK 2

Performance by Zap Zap the Clown - Elsternwick Library

Wednesday 15 July, 2pm.

A fun filled performance for all the family.

Storytimes - Carnegie and Caulfield Libraries

Wednesday 15 July, 11am.

Kite Making - Caulfield Library

Thursday 16 July, 2.30pm.

Make and fly your own kite. Limit of 20.

Storytime - Elsternwick Library

Friday 18 July, 11am.

Thrills on Thursdays Club - Elsternwick Library

Thursdays, 4-5pm

Join us for a brand new activities book club for readers aged between seven and twelve years. Meeting dates and activities are listed below.

9 July Supersleuth - make a supersleuth disguise

13 August Animal Antics - make your own exciting animal illusion

10 September Fun Filled Fantasy - decorate a milk carton dragon for the library

8 October Hair Raising Tales - make a spooky bat mobile

12 November Sci-Fi Fun - make and decorate a kite

10 December Hit Picks - paint your own cool character on your mural in the library

Bedtime Storytimes

Join us for this popular program, now at all branches of the library. Kids don't forget to wear your pyjamas. All sessions commence at 7pm.

Carnegie, Friday 12 June, 26 June, 10 July, 24 July.

Elsternwick, Wednesday 7 October, 21 October, 4 November.

Caulfield, Thursday 19 November, 4 December, 18 December.

Australian Library Week, 4-9 October

Meet the Children's Author - Morris Lurie. Caulfield Library

Tuesday 6 October, 11am.

Author of numerous books for both adults and children will speak about his new book 'Whats That Noise?'. Suitable for 5-8 year olds. Bookings essential. Limit of 50.

STORYTIMES for pre-school children take place at all 3 libraries.

Times are: Carnegie and Caulfield, Wednesday 11am,

Elsternwick, Friday 11am

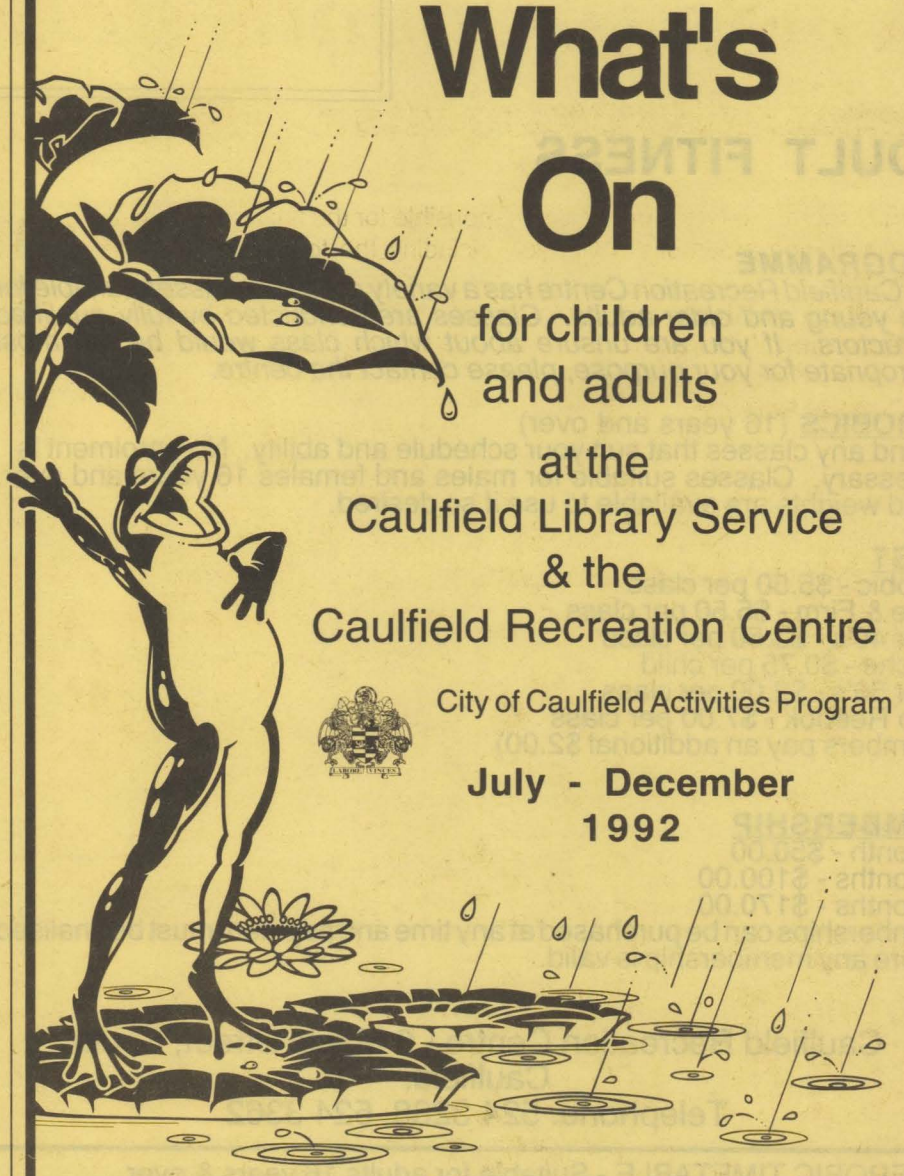
What's On

for children and adults

at the
Caulfield Library Service
& the
Caulfield Recreation Centre

City of Caulfield Activities Program

July - December
1992



September School Holiday Program Caulfield Library Service

Bookings commence Tuesday September 8.

WEEK 1

Sun Fun Mural - Carnegie Resource Centre

Monday 21 September, 11am.

Help paint a summer mural for the library. Limit of 15.

'Junky' Jewellery - Elsternwick Library

Tuesday 22 September, 2pm.

Jewellery making from junk materials. Limit of 20.

Storytimes - Carnegie and Caulfield Libraries

Wednesday 23 September, 11am.

Creative Models - Caulfield Library

Friday 25 September, 2.30pm.

Make your own play dough models.

Storytime - Elsternwick Library

Friday 25 September, 11am.

WEEK 2

Storytimes - Carnegie and Caulfield Libraries

Wednesday 30 September, 11am.

Performance - Duck Cameron presents Comedy Magic - Elsternwick Library

Thursday 1 October, 2pm.

Astonishing magic and illusions.

Cardboard Creatures - Caulfield Library

Friday 2 October, 2.30pm.

Make crazy creatures from recycled materials. Limit of 20.

CAULFIELD RECREATION CENTRE

6 Maple Street, South Caulfield

Tel. 524 3288, 524 3298, 524 3362

ADULT FITNESS

PROGRAMME

The Caulfield Recreation Centre has a variety of fitness classes suitable for both young and older adults. Classes are conducted by fully qualified instructors. If you are unsure about which class would be the most appropriate for your purpose, please contact the centre.

AEROBICS (16 years and over)

Attend any classes that suit your schedule and ability. No enrolment is necessary. Classes suitable for males and females 16 years and over. Hand weights are available to use if so desired.

COST

Aerobic - \$5.50 per class
Tone & Firm - \$5.50 per class
Over 40's - \$3.50 per class
Creche - \$0.75 per child
Over 50's - \$2.00 per class
Step Reebok - \$7.00 per class
(Members pay an additional \$2.00)

MEMBERSHIP

1 month - \$50.00
3 months - \$100.00
6 months - \$170.00
Memberships can be purchased at any time and payment must be finalised before any membership is valid.

Caulfield Recreation Centre - 6 Maple Street, South Caulfield.

Telephone: 524 3288, 524 3362

CLASS DESCRIPTION

STEP REEBOK

This class involves stepping up and down on an adjustable platform while simultaneously performing upper body movements to the accompaniment of music. To change the intensity, experienced, fit participants can change the height of the platform or include hand weights. The workout is suitable for men and women whether they be a beginner or a conditioned athlete.

TRI CLASS

This class combines three segments which include 20 minutes each of Step Reebok, High/Low Impact and results (toning and weights). It is the latest concept in aerobic exercise and promotes a cross training effect. It is very enjoyable and a great balanced workout.

BODY SCULPT

A weights based class designed to tone and firm body.

NEW BODY

This class is a body class incorporating weights and low impact exercises.

HIGH/LOW IMPACT

This class consists of a high impact section followed by a low impact workout with weight. Participants will engage in running activities and low impact exercises, alternative exercises to running will not be instructed. A good class for both beginners and experienced participants.

LOW IMPACT

This class consists of a combination of power walking, low kicks, high powered steps, side to side movements and lunges in conjunction with large upper body movements providing a wide range of motion. Low impact classes provide a safe way to fitness and reduces the impact shock on muscles and joints. There is no running in this class.

STONE & FIRM

This class is a floor-based class for one hour, designed to work abdominals, gluteals, hips, thighs and upper body.

INTERMEDIATE

This class consists of high impact exercises including running, high kicks, star jumps and jogging on the spot. It is suitable for the fit participant who enjoys running and a challenging workout.

OVER 60'S

A gentle exercise class consisting of both floor and standing exercises, suitable for the not-so-fit adult.

OVER 40'S

A not too strenuous class consisting of both standing and floor work. Low Impact based exercises designed to slowly increase your fitness.

BENEFITS

The benefits of participating in a regular vigorous exercise program are numerous. To name just a few: Improved cardiovascular functioning, improved flexibility & muscular endurance, greater energy at the end of the day, an improved ability to relax and cope with every day stress, improved sense of well-being, which in conjunction with diet can lead to a decreased risk of heart disease, and a decrease in depression and anxiety.

TENNIS

TENNIS COACHING

Tennis coaching is available at the Caulfield Recreation Centre courts in Brooklyn Avenue. People wishing to learn tennis should contact Cheryl Hewitt on 596 5085. Classes suitable for adults and children. Tournaments and Tennis Clinics are also organised during the School Holiday Program by Cheryl Hewitt.

CASUAL HIRE OF TENNIS COURTS

The courts in Brooklyn Avenue are available for casual hire. People wishing to hire the courts can do so by contacting the Recreation Centre on 524 3362 or 524 3288.

Cost: Day - \$9 per hour
Night - 6pm onwards \$12 per hour
Weekends and Public Holidays - \$12 per hour
Key Deposit of \$10 required at all times.

*Please note: when hiring a court a driver's licence must be provided for identification.

Tennis coaching Programs operating for Over 50's Friday 10.00am-12noon and Friday 1.00pm-3.00pm. All enquiries to 524 3362.



YOGA

The continual practice of yoga techniques results in a feeling of well-being, a calm enquiring mind and a relaxed vital body. There is no competition, everyone advances at their own level. If you would like to know more about the class please contact the instructor Mimi Robinson on 571 6896 or send your enrolment form to the Recreation Centre.

Cost: \$49.50 for 9 lessons.

Class Times: Monday: 9.15am-10.15am

Upstairs at the Recreation Centre.

Monday: 6.00pm-7.00pm

Maternal and Child Health Centre

Cnr. of Royal and Rosendale Ave., Glenhuntingly.

MARTIAL ARTS

TAI-KWON-DO

The Korean art of self defence. Students follow a continuous programme with special emphasis on attacking and kicking skills. Opportunity to enter tournaments and grading.

Instructor: Rod and Dale Black

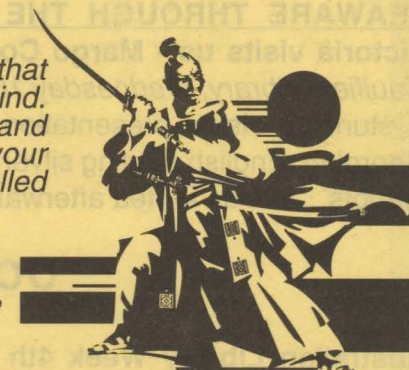
Class Times: Wed. and Fri.: 6.00pm-8.00pm.

Enquiries: Telephone 822 2518.

TAI CHI AND MEDITATION

Tai-Chi is an ancient form of exercise that rejuvenates the body and clears the mind. You will learn how to control breathing and maximize techniques and increase your physical fitness. Tai Chi is a slow, controlled and disciplined art.

Class Times: Friday: 9.15am-10.30am,
(Been before.)
10.30am-11.30am,
(Beginners.)



CHOIKWANG-DO

Choi Kwang-Do combines traditional values with a modern scientific approach to training. Enjoy improved fitness and well being, while learning effective self defence. Children and adults - beginners to advanced.

Class Times: Thursday: 6.30-8.00pm
Saturday: 2.30-4.00pm.

Enquiries: Henry Telaes ph.527 4077

JUDO

Judo is not an aggressive sport and is a disciplined controlled martial art. It provides the opportunity to improve physical fitness and confidence. Classes taught by Akira Yamada, 6th Dan Kokodan, Japan, Judo Federation of Australia. Classes can be joined any time. Suitable for adults and children

Class Times: Tuesday: 6.15pm, 7.15pm, 8.15pm.
Thursday: 6.15pm, 7.15pm, 8.15pm.

Instructor: Mr Akira Yamada

Enquiries: Mrs Akira Yamada, Tel. 578 4460.

WOMEN'S SELF-DEFENCE

SELF-DEFENCE FOR WOMEN

The Recreation Centre will be commencing a self defence course on Wednesday evenings from 6.30pm until 7.45pm in the upstairs carpeted area of the Recreation Centre. The course will be 8 weeks in duration and will cost \$70.00 per participant. The course will commence in September.

The course will be conducted by Suzanne Daley's Self Defence for Women which at present run the only Self Defence for Women Centre in Australia.

The course will teach women the following:-

1. Environmental Defence Awareness:- Learning to consciously be aware of their environment; enabling them to avoid or quickly neutralise a potentially dangerous situation
2. The physical techniques that will enable them to protect themselves in any crisis situation
3. Psychological motivation to ensure effective results. The course does this by building confidence, self-assertiveness and a stronger self image
4. And in no small way, the course will also help their overall strength, balance, concentration, fitness - and they will have fun too!

Cost: \$70.00 per 8 week term

Class Times: Wednesday 6.30-7.45pm

Starts: September

CHILDRENS PROGRAMME



All classes start the week beginning Monday July 20th 1992 and run for 8 weeks.

OLYMPIC GYMNASTICS - Gen Gym Rics Club

This class operates on Saturday afternoons and is available to girls. It offers a challenging range of levels from beginners to advanced levels.

ENQUIRIES - LYN MARTIN, Ph: 534 8561

PRE SCHOOL JUMP & GYM

This fun junior course is designed specifically for 3 to 5 years and 3 different levels are offered, Beginners, Intermediate and Advanced classes. Included is all basic movement patterns of Gymnastics, such as balance, spatial awareness, tumbling, ballwork, games, rhythm work and trampolining. Classes are offered daily and run over a 8 week term.

Cost: \$42 (8 weeks)

Enquiries: Recreation Centre, Ph: 524 3288

5YR OLD JUMP & GYM

This course is offered at both Beginners and Advanced levels and concentrates on all Gymnastic and Trampoline skills in a fun environment.

Beginners: Monday 4.30-5.15pm

Advanced: Monday 3.45-4.30pm & Wednesday 4.00-4.45pm

Cost: \$42 (8 weeks)

Enquiries: Recreation Centre, Ph: 524 3288

RECREATIONAL GYMNASTICS

A course suited to 6-9 years (mixed). This class is a combination of floorwork, apparatus and trampoline work. The course encompasses all of the basics of Gymnastics with 2 levels being offered within the same class (Beginners & Intermediate).

Time: Thursday 4.30-6.00pm

Cost: \$56 (8 weeks)

Enquiries: Ph: 524 3288

JAZZ BALLET

Our dance classes are offered at 2 levels, beginners & intermediate. In the beginners class, children learn the basics of steps and sequence work. The Intermediate class is a progression from the beginners class & involves more complex and detailed drama & dance sequences.

Time: Beginners Jazz Ballet Tuesday 4.30-5.30pm

Intermediate Jazz Ballet Tuesday 5.30-6.30pm

Cost: \$56 (8 weeks)

Age: 5 years and over

BOYS' GYMNASTICS

Boys' Gym involves the children in developing general gymnastic and sporting skills such as fitness, strength, balance, flexibility aiding confidence in a fun environment. The classes cater for both beginners and intermediate levels and include a section of trampolining weekly.

Cost: \$56 (8 weeks)

Age: 6-9 years

Time: Wednesday 4.45-6.00pm

Enquiries: Recreation Centre, Ph: 524 3288

TRAMPOLINING CLASSES

All trampolining classes include a balance of skillwork, safety techniques and specialized games all of which are fully supervised by our staff teachers.

Time: Tuesday 3.45-4.30pm

Thursday 4.00-4.45pm, 4&5yrs

Been/Before Saturday 9.30-10.15am, 3-5yrs

Saturday 10.15-11.00am, 5yrs+

Cost: \$42 (8 weeks)

Enquiries: Recreation Centre, Ph: 524 3288

CHILDRENS TENNIS PROGRAMS

Childrens tennis coaching is offered each week day on a term basis as well as during all school holidays. Courses cater for both beginners & experienced children and are conducted at the Brooklyn Avenue tennis courts.

Enquiries: Cheryl Hewitt, Ph: 596 5085

SCHOOL HOLIDAY PROGRAMS

Every holidays the Recreation Centre offers vacation care for children aged 4-14 years. Details of Programs are listed below.

Please phone the Recreation Centre for further details, Ph: 524 3288.

JULY PROGRAM

6th-17th July

(4 to 14 yrs)

SEPTEMBER PROGRAM

Monday 21st September - Friday 9th October

(4 to 14 years)

PRE-CHRISTMAS PROGRAM

Monday 14th - Friday 18th December

JANUARY PROGRAM

Monday 4th - Friday 29th January





A view of Council's corporate services division

SPECIAL FEATURE

● CULTURAL SERVICES

THE Cultural Services Department is comprised of Arts and Hallkeeping Staff who provide some of the essential services in presenting major events at City Hall.

THE ARTS



ART Services in Caulfield hold a very special place in many of our residents' lives. Our activities are many and varied and are tailored to reach every section of our community. The Gallery is one of the most attractive features of Caulfield City Hall and is booked ahead for exhibitions well into 1993. Our regular visitors will notice a wide range of artist's works on display and with the constantly changing walls, a feeling of excitement and discovery is always at hand.

The Permanent Art Collection is one of which Caulfield is very proud. An annual exhibition is held displaying different aspects of the Collection and in addition, many of the works are permanently hung around the different areas of City Hall.

Caulfield Concerts are another popular programme which gives residents the opportunity to enjoy a first class concert, one Sunday per month in the auditorium.

COMMUNITY ARTS

OUR Community Arts program reaches out far and wide into the municipality itself, with the highlight always being the annual Caulfield Festival held in Caulfield Park on the first weekend in December. This event has become so popular that we are inundated with enquiries about the Festival from January onwards. The Sunday following the Festival sees the Mayor's Annual Carols by Candlelight Concert, also held in Caulfield Park. It is always a very magical moment when dusk falls and you can see the 2000 candles flickering around all sides of the lake as the families of Caulfield begin their Christmas celebrations.

This year, we have a *Musician In Residence* touring the local kindergartens and an *Artist In Residence* visiting the Primary Schools. As you can see a very active program takes place.

The Community Arts Program also includes Term and School Holiday Arts and Craft Programs. These popular programs introduce both young and old alike to the delights of pottery, watercolor painting, yoga, music and woodwork etc.

BOOKINGS & ADMINISTRATION

AN important part of the Cultural Services Department is the administration of the bookings for the Arts Complex and City Hall. We are very lucky to have a magnificent auditorium which sees many concerts, weddings, barmitzvahs, lectures, dinner dances, etc. being held throughout the year. In addition, the provision of a multi-functional theatre has many business seminars, film evenings, training courses etc., finding a permanent home at Caulfield.

HALLKEEPERS

THE Hallkeepers are familiar to all who visit City Hall on a regular basis. They are the efficient and helpful gentlemen who ensure that each meeting and function at City Hall takes place as planned. They are skilled in many areas, not the least of which is producing instantly, the vital item that the holders of the meeting/function have left behind in their hurry to reach City Hall. Without our hallkeepers many events at City Hall would not achieve the level of success that they do.

● LIBRARY SERVICES

THE Caulfield Library Service provides invaluable recreational and informational resources to the residents of Caulfield through its three libraries.

These are located at:

4 Staniland Grove, Elsternwick
4 Maple St, Caulfield South
130 Koornang Rd, Carnegie.

Becoming increasingly popular with residents, the library recorded 515,468 loans and 338,309 visits last year - a substantial increase on previous years.

When one looks at the range of materials for loan and the services offered by the library, such evidence of widespread community support is not surprising.

Collections at all three libraries includes the latest books and magazines, large print and audio books and video cassettes. Compact discs are now available for free loan from the Elsternwick Library.

Community language collections are currently being revitalised, with Polish, Russian, German and French books available from the Elsternwick Library and Chinese, Greek, Italian and Vietnamese books available from the Caulfield Library. A Hebrew collection is also in the process of being established.

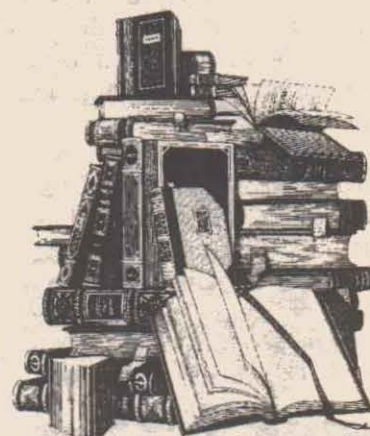
If you are studying or would

simply like to know the answer to that particular question which has been on your mind, you can call into any of the three libraries, but in particular Caulfield to use the library's comprehensive reference collection whenever the library is open. A librarian will be on duty to assist with your enquiry.

Budding family historians can also make use of the Caulfield libraries range of genealogical resources in both book and microfiche form. These include births, deaths and marriages and Sands and McDougall Directories of Melbourne.

Programs including lectures, demonstrations and workshops for adults, and story, holiday programs and afterschool clubs for children are also held regularly to provide an extra dimension to a visit to the library. A list of activities is available from the library.

Facilities for public use include photocopying (all branches), typewriter (Caulfield) and per-



sonal computers (Elsternwick and Caulfield).

For those who can not visit the library because of disability or ill health, a regular domiciliary visiting service is available.

Further more, from Monday, June 15, all of the services at the Caulfield Library will be available to the public more often. The library will now be open on Mondays from 10am-6pm. The library will be accessible to the public seven days a week.

For those who are not already library members, membership is easy and free. Simply call into any of the service's three libraries and fill out an application card. Adults need to produce proof of address, while children under 18 years of age need the signature of a parent or guardian. Anyone can join and there is no minimum joining age.

Below: Timetable for Caulfield's three library services.

	MON	TUES	WED	THUR	FRI	SAT	SUN
Caulfield	10.00 a.m. to 6.00 p.m.	10.00 a.m. to 9.00 p.m.	10.00 a.m. to 9.00 p.m.	1.00 p.m. to 9.00 p.m.	10.00 a.m. to 6.00 p.m.	9.00 a.m. to 12.00 noon	2.00 p.m. to 5.00 p.m.
Elsternwick	CLOSED	10.00 a.m. to 6.00 p.m.	1.00 p.m. to 9.00 p.m.	10.00 a.m. to 6.00 p.m.	10.00 a.m. to 6.00 p.m.	9.00 a.m. to 12.00 noon	CLOSED
Carnegie	CLOSED	10.00 a.m. to 6.00 p.m.	10.00 a.m. to 6.00 p.m.	10.00 a.m. to 6.00 p.m.	10.00 a.m. to 9.00 p.m.	9.00 a.m. to 12.00 noon	CLOSED

● Chutes are provided at every library to enable books to be returned after hours, seven days a week. Borrowings may be renewed by phone.

Caulfield Citizens' Advice Bureau

is currently selecting volunteers to undertake training for community information work.

Citizen's Advice Bureau provide a free, confidential and impartial information referral service. If you are interested in finding out about the work and the training,

contact Laurel Thompson, on **524 3200**,
or drop in at the CAB,
256 Hawthorn Rd, Caulfield.

★ Thank you

Caulfield's Citizens' Advice Bureau would like to thank Neighbourhood Watch Area C80 for their generous donation of \$250 for the CAB'S Emergency Relief Fund.



From the 'hip pocket'

TOUGH financial decisions, especially in tough economic times, can be a major headache.

This is the first of a series of informative, financial advice articles.

This new 'hip pocket' column will run for the next six issues and areas covered will include; financial planning, investment, superannuation, reducing taxes, safeguarding salaries and retirement.

This month we cover:

The importance of financial planning

At least once in our lives, we are faced with the decision on how and where we should invest - both for our immediate financial security and for a comfortable retirement ahead.

In today's financial environment, two things are certain:

- there is no such thing as 'the best investment' and;
- to achieve the best possible results, investing money is no longer a case of 'do it yourself'.

It is necessary to keep up with the constantly changing rules which affect investments, and to recognise that it's now extremely difficult for most people to make investment decisions without professional help.

The last ten years have seen enormous growth and change in the world of personal investment and finance. The range of financial products and services available to the public has skyrocketed and there has been constant modification to legislation affecting superannuation, taxation and investment.

■ The good investor

Just as the world of finance has become more sophisticated over the past decade, so too has the investing public. No more is the emphasis on 'saving', rather, people are recognising that 'investment' and financial planning is essential for a sound financial future.

When formulating a financial plan, either personally or through a reputable financial planning consultant, the following considerations must be taken into account:

- your short, medium and long term financial goals (such as a car or holiday, children's education and retirement);
 - budgeting and cash flow requirements;
 - future income and spending needs and;
 - your attitude to risk.
- A complete financial plan would also take into account

income protection and life insurance, as well as the impact of taxation and any effect on pensions.

■ Three 'musts'

The 'three musts' of a financial plan are:

1. It must be flexible - to change as your needs change.
2. It must have a good spread of investments - to ensure that all your eggs aren't in the one basket.
3. It must be reviewed regularly to take into account any changes to the status of the investments.

It is important for people to know what they're investing in and why they made that particular choice.

A good financial planner will 'walk' through the different alternatives available to their client. They will provide background information on the different products and their respective organisations and then rank these alternatives available to their client. They will provide background information on the different products and their respective organisations and then rank these alternatives and explain why they recommend one product over another. This way, the client will be provided with the knowledge to make an educated decision about their investments.

Be aware of legislation
More than ever, investors need to be aware of the implications of the different legislation affecting their investments such as;

- the assets test
- dividend imputation
- negative gearing
- lump sum tax on superannuation

The rules are continually changing. Choosing an investment product is just one part of the financial planning process.

The fundamental principle of financial planning, is that what is an appropriate plan for one person, may be completely inappropriate for another.

Financial planning is purely a matter of balancing an individual's financial objectives with his or her financial resources.

NOTE: All information in this article is provided by National Australia Financial Management. If you require further information, or would like to discuss your financial needs, under no obligation, you may contact Ben Zazryn, financial planning consultant, NAFM, on 528 3622.

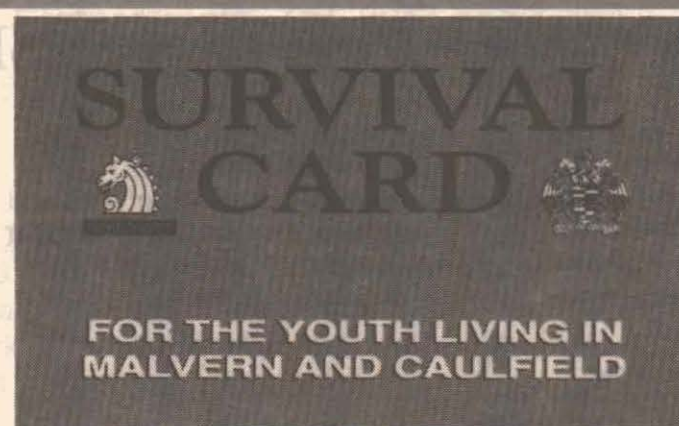
No youth should be without one

A JOINT effort by Malvern and Caulfield Council's Youth Development Workers has resulted in the production of the new youth "Survival" card.

The "Survival" card has been designed for young people aged between 13 and 25 years, to make them more aware of what services and resources are available in the community.

Local young people from both municipalities were involved in deciding what information should appear on the card. Andrew Golombek actually designed the card and chose bright colors which are certainly appealing to young people. The card is laminated and is wallet size.

It lists important phone num-



Above: The new Survival card.

bers such as youth services, accommodation, health, counselling, job training, drug and alcohol, protections and information and referral services.

Cards will be distributed through community groups,

schools and local youth workers and are available by contacting Caulfield Council's Youth Development Officer, Lyn Nye, on 524 3321, or Malvern's Youth Development Officer, Chris Walsh, on 823 1306.

Regent Lodge extension appeal



Above: Actors performing the awkward situations relating to Alzheimer's Disease at the recent launch of the Regent Lodge extension Appeal.

Bus tours continue

CAULFIELD Council's popular community bus excursions will now be run by the University of the Third Age.

Due to cuts in State Government funding to public libraries in 1991/92 Council was forced to re-evaluate a range of extension services (including bus trips), in order to provide adequate core library services.

Council's chief librarian, Trish Smyth, said "We are very thankful that the U3A has been able to take over running the bus trips. This will continue to provide a pleasurable social outing for many members of our community," she added.

Further information can be obtained from the U3A on, 532 8462, or visit U3A, 258 Hawthorn Rd, Caulfield South.

Your baby and child a comprehensive guide for parents

LOCAL author and Maternal and Child Care Nurse, Yvonne Young has produced the latest comprehensive guide for parents, *Your Baby and Child*.

Your Baby and Child is a practical guide which helps to assist parents with answers to many everyday questions.

The book includes:

- A list of help and support organisations in the community, for each Australian state.
- Preparing for your newborn baby.
- Feeding your baby and young child. Progressing from milk feeds to the family diet.
- Bathing, changing nappies, ways of soothing your baby when he/she is crying.
- Your child's needs in hot and cold weather.
- Early childhood development, playing, talking, reading and writing.
- Making your home and car safer. Teaching your child safety as he/she is growing up.



Above: Yvonne Young.

- When to seek medical advice. Common ailments and their remedies; immunisation and infectious diseases.
- First aid for serious and life threatening situations.
- Growth charts.

The cost of the book is \$29.95 which includes postage and handling. To order a copy, send your name and address with a cheque or money order to Yvonne Young, P O Box 86, Ormond, 3204.

Your Baby and Child is also available from the Caulfield Library Service.



Boyd pieces at home in Caulfield's permanent art collection



Above: From (l to r), Cr Alan Grossbard, David Boyd and Caulfield Mayor, Cr Veronika Martens, with Caulfield Arts Selection Committee's latest prize collection by Merric Boyd.

THE work of Merric Boyd is both artistically and historically important to the City of Caulfield. "Open Country", the Boyd's Murrumbidgee property, was a breeding ground for developments in Australian art in the first half of this century, with many artists visiting and working at the property with the Boyds.

The City of Caulfield Art Selection Advisory Committee was recently offered a once-off opportunity to purchase works from a private collection of Merric Boyd's work, at rock bottom prices.

The purchases totalled \$15,000, not \$56,000 as reported in the local press recently.

By collecting works by the artists who lived and worked at

"Open Country", the City of Caulfield is creating an important document for the future understanding of Australian cultural life, while also establishing a rich resource for the citizens of Caulfield and the Australian public in general.

The City of Caulfield Art Reserve fund was set up many years when Caulfield first began to establish an art collection for the enjoyment of edification of the citizens of Caulfield.

Money in the fund has come from donations from the private and corporate sector during this time, as well as from fund raising activities run by the Caulfield Arts Complex and from interest accrued on the fund over the years.

Holiday program gets new venue



Above: (L to r) Craig Gillespie and John Evans clown around for the *Don't Move Workshops* at the Caulfield Arts Complex.

SCHOOL Holiday Programs organised by the Caulfield Arts Complex, have become extremely popular, with over 250 children participating in the last Program held in April this year.

The availability of rooms at City Hall for future programs is becoming increasingly difficult. Program coordinator, Rebecca Rapoport, said "In order to

maintain the high standard and number of classes as we have done in the past, we have relocated the July Holiday Program to a more suitable venue, still within the municipality. These premises, in fact offer greater opportunities to broaden the range of classes," she added.

The structure of the Program will remain the same, as will the

cost, however, parents will need to book in advance at the Arts Complex office, City Hall.

Rebecca is now busy organising the July Program which runs from Monday, July 6 to Friday, July 17, 1992. The venue is: 1 Sinclair St, Elsternwick.

For a copy of the School Holiday Program, contact the Arts Complex, on 524 3287.

VCE students exhibit at Caulfield

CAULFIELD Arts Complex will hold a VCE Art Folios exhibition from June 16 to July 3, 1992.

Each year, the Department of School Education organises an exhibition of selected works from eighty students from a cross section of Victorian schools.

The show consists of over three hundred works selected from last years' VCE examinations.

The eighth annual exhibition is the most extensive display to date and will include examples of painting, drawing, printmaking, sculpture, photography, ceramics and textiles.

It provides a unique opportunity for students, teachers and the community to view the range of art media VCE art students can explore and the high quality they are achieving.

The show reveals many of the issues concerning today's youth.

Prestigious art award comes to Caulfield

CAULFIELD artists are encouraged to enter in one of Australia's most prestigious Art Awards, the Alice Bale Art Award.

The Alice Bale Art Scholarship and Awards have been established to perpetuate the memory and ideals of Miss A M E Bale, who was a distinguished Australian Artist for the first half of this century. Miss Bale died in 1955.

The Educational and Travelling Scholarship is valued at \$40,000 and cash prizes for oils/acrylics and watercolors are, first prize in each medium - \$4,000 and second prize in each medium - \$2,000.

In her Will dated February 1, 1949, Miss Bale, after various bequests, directed her Trustee (Perpetual Trustees Victoria Ltd) to apply the residue of her Estate for the purpose of establishing an Art Scholarship bearing her name to encourage painting in representational or traditional art.

Her wishes were that the Trustee would appoint a Com-

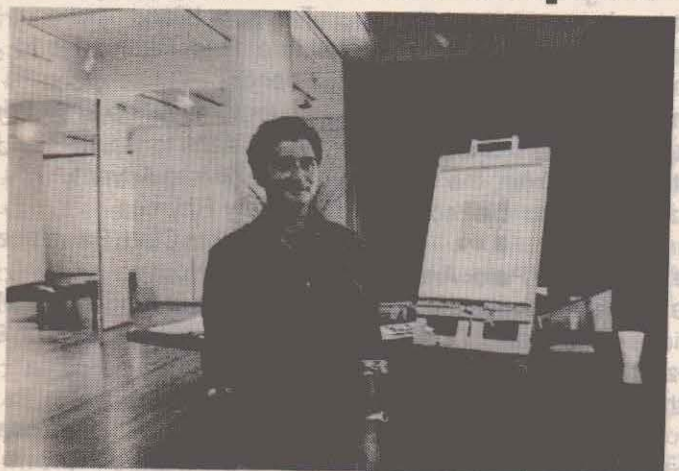
mittee of artists of high standard to assist them.

In 1979, it was decided that the Trustees, concurrent with the Art Committee, make an application to the Court to vary the terms of the Scholarship. A Court Order was made in 1981, which gave power to the Trustee to sell Alice Bale's Kew residence and contents to establish the prestigious Alice Marian Ellen Bale Art Foundation.

Applications for the 1992 Alice Bale Travelling Scholarship close on September 14, 1992 and an exhibition of works submitted for the Travelling Scholarship and for the associated cash prizes in Oils/Acrylics and Watercolor sections will be held at the Caulfield Arts Complex from November 15 to 30, 1992.

Application forms are available from the organisers, LG Promotions P/L, P O Box 1051, Bayswater, 3153, The Caulfield Arts Complex, or the offices of Perpetual Trustees in each capital city.

Guest wins doorprize



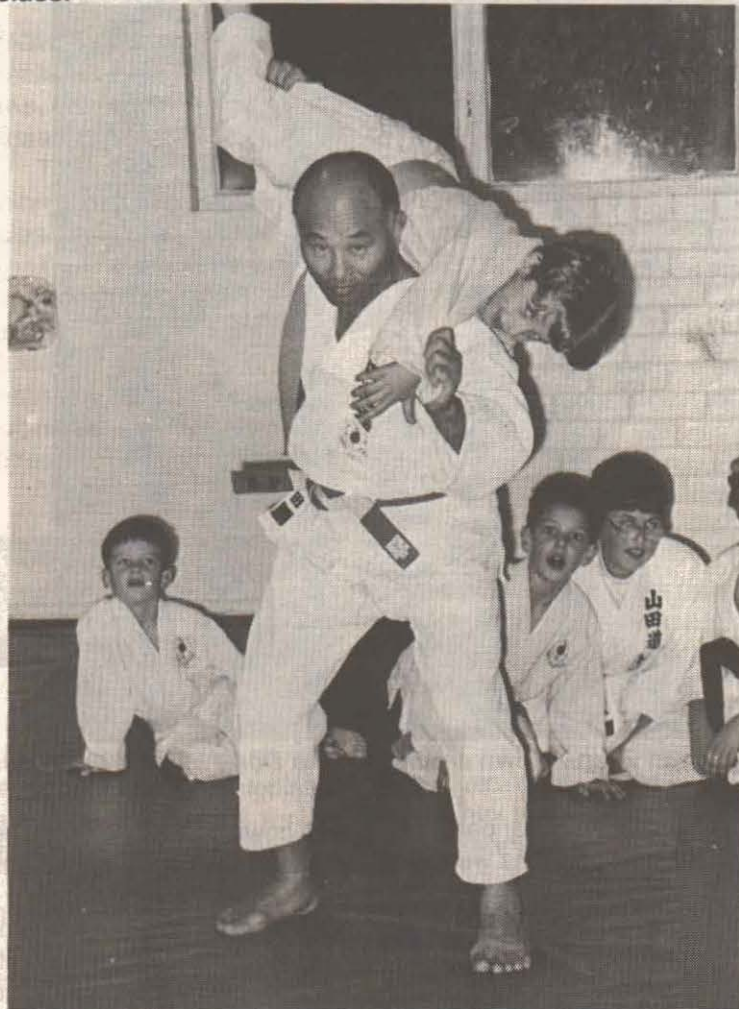
GEORGE Black with the etching by Noela Hjorth, "Journey of a Fire Goddess", which he won as a doorprize accompanying Noela's exhibition.

The Glen Huntly Park Committee of Management is seeking a Caulfield resident to fill a vacancy on its panel. The position, which is honorary, is suited to someone interested in community affairs and who is seeking an interest to occupy their time for a small number of hours each week. Phone the Secretary, on 528 6943.



Judo caters for all ages

Below: Akira Yamada demonstrates judo at the Tuesday evening class.



YAMADA Judo Academy has been running judo classes for 22 years now, and is still attracting people of all ages to its popular classes.

Apart from teaching self-defence, judo helps improve coordination, concentration, discipline and confidence.

Classes are conducted at the Caulfield Recreation Centre, Maple St, Caulfield South, by Mr Akira Yamada, 6th dan from the Kodokan Judo Institute in Japan.

Mr Yamada says that judo gives children and adults the chance to develop tolerance and coordination.

Some of the Academy's students have gone on to compete in the Olympics, including Michael Picken and Michael Young.

For further information about judo and class times etc, phone 578 4460.

Ormond celebrates 60 years

THIS year completes Ormond's 60th year with the Victorian Amateur Football Association.

It is also the 24th consecutive year that Ormond has played in "A" grade competition. There are some who suggest that only for an administrative error, the Club would have played in "A" grade since 1937.

Ormond began its association with the VAFA in 1932 and in 60 years, the club has been in "A" grade for 52 of those years - a record worth boasting about. The Club has won nine "A" grade premierships, including three consecutive in 1971-73 and four in 1987-1990. Ormond has appeared in finals in all grades on 42 occasions.

Ormond is an extremely proud club and is regarded as a role model for other clubs to follow. Its management and facilities are highly regarded by others who strive to reach the top in the VAFA.

Ormond Football Club, which plays at the E E Gunn Reserve, has U16, U17, U19, Reserves and Senior teams, is affiliated with the Ormond Blues Junior Football Club, which provides football for children under eight years via VicKick Clinics and under nine to under 15's. Together they provide football for representation of over 300 families each weekend, a worthy social contribution to the area. The Club is proud of the way that it develops good characters in the young people within the local community.

BOWLED OVER

GLEN HUNTLY Bowls Club held its Presentation Day recently which proved to be a most enjoyable bowls and social day, evidenced by the excellent participation of members. A short game of bowls and a hot roast lunch preceded the presentation of trophies for club competitions won during the season.

Activity is now directed towards next season which will open in early September and already the ladies are taking entries for the Gala Day, Friday, October 23, as there will be only one fill, early entry is advised. On Thursday, June 25, starting at 11am in the Clubrooms there will be a special solo day (crazy whist can be arranged) for the ladies. A casserole lunch will be served. Total cost for the day is only \$5.50. For bookings and further information, contact Lady President, Valda Lechte, on 570 4782, or Lady Secretary, Betty Brennan, on 569 0109.

MURRUMBEENA Park Bowls Club (Ladies section) completed the end of season with the following winners and runners-up in the season 1991/92 competitions: Champion of Green, I

Brown, R/U, I Beatty. President Handicap, C Savage, R/U, J Gant. Proportional Handicap, C Savage, R/U, I Brown. Minor Championship, C Cremer, R/U, J Hiney. Two Bowl, M Dargavel, R/U, H Fletcher. Drawn Pairs, C Cremer, G Kerr, R/U, P Mack, S Kerrison. Club master Pairs, M Dargavel, A Coleman, R/U, S Gregson, C Savage. Mixed Aggregate Pairs, R Shorter, D Sullivan, R/U, C & V Savage - this event was an open event held over six months.

ELSTERNWICK District Bowling Club Inc. will hold the following events:

Indoor Bowls, 1.30pm start - Sunday, June 21 and Sunday July 5 and every Tuesday, commencing 1pm. Cost \$1 per head, includes afternoon tea. For details, call Nell Schier, on 571 1775.

Solo, 11am start, Thursday, July 9. Cost \$4, includes lunch and afternoon tea, door prizes. For details, call Jean Vardy, on 528 5054. Saturday, July 11, commencing 1pm, solo. Cost \$1, including afternoon tea, door prizes. For further details, phone Nell Schier, on 571 1775.

What's on the shelves

THE following books are now available for loan from the Caulfield Library Service:

O'Keefe and Stieglitz - An American Romance by Benita Eisler. A radical reappraisal of the life and work of two artists. **Ustinov at Large**, by Peter Ustinov. Short essays full of wit and wisdom.

Darling Loosy. Letters to Princess Louise 1856-1939 - edited, by Elizabeth Longford. The story of Queen Victoria's sixth child.

Art of Mexican Cooking. Traditional Mexican Cooking for Aficionados, by Diana Kennedy. The ultimate Mexican cook book.

He, She and It, by Marge Piercy. Shira Shipman struggles to find her place in an America that has become a toxic waste land. A new novel from Marge Piercy.

Jump and Other Stories, by Nadine Gardiner. Short stories that take us from the war in Mozambique to the south of France.

Isle of View, by Peter Anthony. The thirteenth novel in the Xanth series.

Mozart and the Wolf Gang, by Anthony Burgess. A highly original and lively homage to the greatest of the world's composers.

Tall Poppies Too, by Susan Mitchell. Mitchell's tall poppies

include Anne Summers, Robyn Archer, Eve Fesl and Colleen McCullough.

A Guide to Melbourne's Parks and Gardens, by Rhonda Boyle. A guide to 170 of our wonderful parks, historic places and amusement parks are included.

In Search of Genghis Khan, by Tim Severin. A synthesis of exploration, living history and adventure from one of our most respected travel writers.

Joy of Winning, by Michael Beer. Beer shows us how to be winners without turning our lives upside down.

● New videos for children

Dr Seuss, Hop on Pop
The Raggy Dolls
Treasure Island
Little Red Riding Hood and Friends
Adventures of the Little Prince
Spot Leans to Count
Five Fall into Adventure
Nursery Rhymes
Babysitters Club (Dawn and the Haunted House)
Toys at Your Fingertips: Make Your Own Toys (Ages 6-12 years)
Gophers (1 and 2)
Paddington's Birthday Bonanza
Ronald Dahl's Enormous Crocodile
Ronald Dahl's Dirty Beasts

CAULFIELD RECREATION CENTRE

offers you aerobics

"HALF PRICE"



On presentation of this coupon you can attend any class for half the normal price!

6 Maple Street, Caulfield South

Tel: 524 3362, 524 3288

"limit one per customer"



Any big news, important events or sporting superstars? If so, send your news & photos to:
Caulfield Contact
P O Box 42
Caulfield South 3162

COURIER

COURIER service for small-medium size packages in Caulfield at a good price. Ph. Mick on 571 1997.

HANDYMAN

FFF REMOVAL

Very reasonable Rates.
Fast & reliable service. 7 days a week. Small jobs welcome.
Ring Frank,
ph: 596 5667.

GARDENING

GENERAL gardening, pruning, potting, planting out. Weeding a specialty. Call Joyce on 523 6016 after 5.30pm.

GARDENS tended, mowing, weeding, pruning, clean-ups. Reasonable rates. Phone Rob, 528 6383.

GARDENING

GARDENING. Elsternwick tree and rubbish removal. 10 years experience working for Council Parks and Gardens, fully qualified. Ph: 555 0675

LAWNMOWING



Most Jobs Same Day

Gardening, rubbish, landscaping, gutters, trees.

598 2120

any time
Insurance cover
CARNegie 748 6117 A/H
CAULfield 534 7416 A/H
CAULfield STH 589 4293 A/H
ELSTERNWICK 569 5851 A/H
ORMOND 748 6117 A/H

MASSEUSE

QUALIFIED EXPERIENCED MASSEUSE

Therapeutic relaxation massage.

Ladies only, non-sexual.

My home or yours. Has worked at various health resorts. Ph: Ziona

596 8031.

* Gift vouchers available.

DISCOVER the magic of reflexology. Discover feet you never knew you had. C.M.I.I.R. reflexologist. Phone 523 0003.

MAINTENANCE

HANDYMAN For all your small home repairs. An area resident for 30 years. Ring Peter on 527 4852

QUICK FIX HOME MAINTENANCE

All domestic repairs, interior & exterior. For a free quote & fast service call now on 018 346 530 or 532 8080.

PAINTER

A.EDWARDS qualified painter & decorator. Interior, exterior. Quality workmanship. Free quotes. Phone 563 1512.

PAVING

IMPROVE your property value with brick paved driveways, entertainment areas etc. For a free quote, call 528 9258, 018 372 859, also backhoe available.

PUBLIC NOTICE

I, V Young of 7 Service St, Caulfield Nth hereby give notice of my intention to apply to the Council of the City of Caulfield for permission to keep more than two dogs on premises situated: 7 Service St, Caulfield Nth. The number of dogs proposed to be kept is four Australian Terriers. Objections to be lodged within one month.

TO LET

TO LET, Bright, clean 1 br flat with bath. Gd floor, quiet block. Close all facilities. \$95 p/x (neg). Prefer long term tenant. Ph: 528 2164 A/H, 016030 pager 398309 (9am-6pm).

T.V. SERVICE

T.V SERVICE

Quick service and repairs
* Colour T.V. & Video
* Stereo, Hi Fi
* Cassette * Radio

FREE QUOTES

Telephone 527 2136
ALL HOURS

Caulfield Contact
reaches
34,500
homes &
businesses

LOCKSMITH

*All types of keys cut
LOCKSMITH
*Automotive and domestic locks
*Repairs, service and installation
*Keys fitted to all types of locks
*Member of Master Locksmiths Association
F & R PAYNE & SONS PTY LTD
120 GARDENVALE ROAD, GARDENVALE
Phone: 596 5221 Fax: 596 7245 A/H: Advice 570 2032

MASSAGE THERAPY

FEELING sore, stiff, tired or stressed after a hard days work, or preparing for your favourite sports event? Phone Brian on 568 6961 for therapeutic relaxation and sports massage

ADVERTISING
WORKS IN
CAULFIELD
CONTACT CALL
524 3323

PAINTER

PAINTER/DECORATOR

Interior & exterior painting also small general repairs and property maintenance.
Master painter
Free Quotes Please ring
572 1198

HEALTH WISE



After school snacks

Healthy options that hit the spot!

FOR growing children and adolescents, good nutrition is essential. Children with high energy needs, often find it difficult to eat enough at one meal (smaller tummies limit their intake), so in-between snacks should provide a nourishing supplement to regular meals. Teenagers, on the other hand, always seem to be hungry!

After school snacks based on bread, cereals, vegetables and dairy foods are the ideal choice, while foods which are high in fat, sugar and salt should be kept to a minimum.

Since the after school snack is the first stop before study or play, one of the quickest, nutritious options is a slice of bread, a bun or a pita pocket with a tasty filling, to keep hunger pangs at bay until dinner.

According to Doreen Badger, food advisor at the Bread Research Institute, all time favourite snacks include:

- * Peanut butter and honey on a slice or bread or a roll.
- * Vegemite, spread on the end crust to the loaf.
- * Bumpy Banana Rolls - half a banana wrapped in a slice of mixed grain bread.
- * Ricotta cheese and toasted sunflower seeds on wholemeal bread or roll.
- * Tuna and mayonnaise on toast with cheese.
- * The Rabbit Special - grated carrot, chopped celery and sultanas in a pita pocket.

For the more serious snackers of all ages:

- * Creamed corn and chopped ham on a thick slice of toast, browned under the griller.
- * Cooked mashed pumpkin with grated orange rind and a pinch

of mixed spice on fruit loaf slice.
★ Diced cucumber, radish and celery with cream cheese spread on mixed grain bread.

★ Hamburger with the trimmings in a pita pocket.

★ A bowl of cereal with sliced banana and milk.

Homemade breads and cakes are another healthy option for snackers. Here's one worth trying!

Crunchy Peanut Butter & Honey Bread

Base: This becomes a delicious crunchy topping when the bread is turned out.

- 2 tbs soft margarine
- 2 tbs raw or brown sugar
- 2 tbs peanuts, chopped
- 1 tbs crunchy peanut butter
- 1 tbs honey
- 1 tbs hot water

Mix all ingredients together and spread over base of a greased 23 x 12 x 60cm loaf tin.

Bread Mixture:

- 1 egg
 - 1/2 cup sugar
 - 2 tbs honey
 - 1/2 cup crunchy peanut butter
 - 1 cup wholemeal plain flour
 - 1 cup self raising flour
 - 1/2 tsp baking soda
 - 1 1/2 cups buttermilk or sour milk
- Beat eggs and sugar together until thick and creamy. Beat in honey and peanut butter. Stir flours together. Mix baking soda with buttermilk and add to egg mixture alternately with dry ingredients. Mix well and spoon into pan over base mixture. Smooth top and bake in moderate oven 50-60 mins. Let stand 2-3 mins before turning out of pan onto wire rack to cool.

INFORMATION SUPPLIED BY
THE BREAD RESEARCH
INSTITUTE OF AUSTRALIA

Health briefs... Health briefs...

CHADSTONE Community Health Centre Inc., situated 568 Neerim Rd, Hughesdale will hold the following courses for this month.

For bookings and enquiries about any of these courses, contact the Duty Person, on 568 2599, between 8.30am and 5pm, Monday to Friday.

Please note: in most cases boundaries do apply.

Top & Tail - Due to popular demand, there will be a further *Top & Tail* course held in June. A date has not yet been arranged, but interested people, should contact the Centre, on 568 2599. *Top & Tail* is a course which addresses two areas of women's bodies that are important factors for health - breasts and the pelvic floor.

Drink Drivers - The next Drink Driver's course will commence on Tuesday, June 30 at 7pm and will run for the following four weeks. The cost is \$100. These courses are run monthly (numbers permitting). Drive assessments are by appointment only

- cost \$125.

Women Together Against Cancer, (a migrant women's project) - Italian speaking workers have been specially trained by the Anti-Cancer Council of Victoria to give information to their community on the following topics:

- * What is cancer? What causes cancer?
- * Taking control - cancer prevention and early detection.
- * Looking after yourself down there - the pap test.
- * Keeping healthy, breasts and all!

* Women learning how to examine their own breasts.

This course will be held on Wednesday, July 8 at 11am at the Centre. If you want a worker to talk with your group, please contact the Anti-Cancer Council, on 662 3300, ext. 206.

FOR INFORMATION
ABOUT JP'S, HALLS FOR
HIRE & VOLUNTARY
GROUPS ETC, CONSULT
YOUR COMMUNITY
RESOURCE GUIDE. IF
YOU DON'T HAVE A
COPY, PH: 524 3259.

PROFESSIONAL CLEANING & BUILDING SERVICES

- COMMERCIAL CLEANING
- INDUSTRIAL CLEANING
- WINDOW CLEANING
- CARPET CLEANING
- PAINTING
- ROAD SWEEPING
- ROOFING

Ogemi
SERVICES PTY.LTD.

RING NOW FOR A
FREE QUOTE
532 8999

643 GLEN HUNTLY RD, CAULFIELD STH
PHONE: 532 8999 FAX: 532 8561

Caulfield Contact 1992 Publication Dates

CAULFIELD Contact will be published 11 times in 1992. Here is a list of publication and deadline dates.

Articles submitted before the listed date have the best chance of being included in each edition.

Display advertisements must be submitted three weeks before publication date for each issue, while classifieds must be submitted a fortnight before.

All submissions, cancellations and alterations must be received in writing by the deadline date of the next issue. Contact staff will not check with advertisers on whether they want to repeat an advertisement. For enquiries, call 524 3323.

ISSUE	PUB DATE	DEADLINE
JULY	MON JULY 6	MON JUNE 15
AUGUST	MON JULY 27	MON JULY 6
SEPTEMBER	MON SEPT 14	MON AUG 17
OCTOBER	MON OCT 12	MON SEPT 21
NOVEMBER	MON NOV 9	MON OCT 19
DECEMBER	MON DEC 14	MON NOV 16

CONTACT DIARY

Do you have an event coming up that you would like to publicise? This is the place to put it. Contact Diary is compiled monthly, so if you want to let the community know about your club, society or event, we'll be happy to include it on this page.

Let us know about your activities.

Contact Diary
PO Box 42
Caulfield South 3162



CHILDREN

St Stephen's Uniting Church, 158 Balaclava Rd, Caulfield, have a Sunday Club for children. Each Sunday during school terms, the Church offers children a wide variety of activities with a Christian basis, which includes art, music, creativity, craft and fitness. All children are welcome from 10am-11am. For further information, contact Susan, on 523 5424.

Caulfield's Children and Family Services Network will hold its next meeting on Wednesday, June 24, 8pm at Caulfield City Hall Maternal and Child Health Centre. People living or working in Caulfield who have an interest in services and issues affecting children and families, are very welcome to attend. For further details, phone 524 3311.

CUBS & SCOUTS

Twelfth Caulfield Scout Group now has vacancies available for adults to become assistant leaders and boys aged 8 years and over in both our cub and scout sections. Please telephone Group Leader, Murray McLean, on 883 5010 (24 hour service).

Fifth Caulfield Cub Group have vacancies for boys aged between 8-10 years and six months. For enquiries, please phone 571 4201, or 571 2816.

HEALTH

Chadstone Community Health Centre will conduct a Mens Responsibility Group for men who are violent to their partners or families. This group will meet for 15 weeks on Wednesday evenings, commencing June 24. It is an educational group, aimed at changing attitudes in which participants will challenge patriarchal beliefs, learn responsibility and give up violence and learn non-violent and respectful ways of behaving.

The workers will refer a community advisory group, comprising of women who have experienced violence in families and of workers in the area, in planning and conducting of the group. To enrol for this group, please ring the Duty Person, on 568 2599.

MEETINGS

The Oaks Toastmasters meet locally to develop their communication skills in a friendly atmosphere. Both men and women are welcome. Contact Ron Walker at home, on 583 2843, or at work, on 694 5615.

Caulfield Combined Pensioners Association Inc., will hold its next meeting on Tuesday, June 16 at 1.30pm, in the Committee Room, Caulfield City Hall. Featuring Planet Earth video. Visitors welcome. Afternoon tea provided. For further details, contact Alma Morton, on 528 4459.

Caulfield Self Help Group of the Arthritis Foundation of Victoria will meet on Monday, June 22 at 10.15am, 259 Kooyong Rd, Elsternwick. Visitors welcome. For further details, phone 570 4971.

Neighbourhood Watch Zone C7, bounded by Orrong Rd, Glen Eira Rd, Kooyong Rd and Inkerman St meet on the first Monday of each month in the Shelford Girls School Library, Hood Cres, Caulfield, commencing 7.30pm. All Welcome. The next meeting will be held on Monday, July 6. Guest speaker, Mr Greg Thomas will talk on Fire Prevention and Security.

The New Ormond Auxiliary for the Alfred Hospital hold meetings on the fourth Monday of each month at 10.30am at the Uniting Church Hall, cnr North and Booran Rds, Ormond. Next meeting will be on Monday, June 22. New members are more than welcome. For further enquiries, phone Eveline Moir, on 578 1721.

Oakdale Angling Club, a family club, will hold its next meeting on Wednesday, June 24, 8pm at Murrumbena Reserve, Kangaroo Rd, Murrumbena. Interested anglers of all ages should ring Mr Ken Anderson, on 889 4096 for further information.

The Caulfield Branch of the Victorian Gas Association will hold its next meeting on Tuesday, June 23 at 1.30pm in the Committee Room, City Hall.

There will be a speaker from Community Aid Abroad. New members welcome. Annual subscription \$2. For further details, contact Mrs Murdoch, on 557 2254.

RECREATION

The Over 40's Dance Club Inc. will hold a 60/40 dance on Saturday, June 27, 8pm, at the Uniting Church Hall, 495 Centre Rd, Bentleigh. Admission \$6, \$5 with a plate. Live bands, partner not required. For further enquiries, phone 580 1521, or 570 4564.

Timeout, a free community program run by the Raja Yoga Meditation Centres will hold their next program on Tuesday, June 16, 7.30pm, at Caulfield City Hall. For further details, phone 528 4995.

Early Planning for Retirement Group Inc. will hold the following activities for June:

Thursday, June 18 - Interest Meeting, will meet at 7.30pm, Gladys Machin Hall, Cedar St, Caulfield. Mrs Josephine Price from the Mineralogical Society of Victoria Inc. will speak on Gem Mythology.

Wednesday, June 24 - Travel Group, will meet at 7.45pm, Gladys Machin Hall, Cedar St, Caulfield. Len Dunan will show slides - China, The Northern Area. Visitors welcome. Supper will be served. For further enquiries, phone 571 3687.

Clan Cameron Australia, will conduct a Ceilidh on Saturday, July 4, 8pm, at the Thompson Memorial Uniting Church Hall, cnr North and Booran Rds, Ormond. The evening will include Scottish singing, Highland Dancing displays, Country dancing and during the evening, there will be the March of the Chieftains and representatives from many of Scotland's noble clans. This will be a good opportunity to meet with members of your Clan. Supper will be served. Adults \$3, concession and children \$2. You don't have to be a Cameron to come along and enjoy yourself.

The Over 40's Dance Club Inc. will hold a 60/40 dance at 8pm on Saturday, July 11 and July 25, at 1 Derry St, East Bentleigh. \$6, or \$5 if you bring a plate. Live band. Partner not required. For enquiries, phone 580 1521, or 570 4564.

Senior Ladies' Friendship Group will hold a fashion parade on Thursday, June 18 at 10.30am, The Grange Room, 99 Grange Rd, Glen Huntly. An opportunity to buy at reasonable prices. Basket luncheon, cost \$3.50. On Thursday, July 2, from 10am-12noon there will

be a craft day held at the Community Hall, 185 Poath Rd, Hughesdale. Come along and enjoy the fun and fellowship. Hot or cold drinks. Cost 50c. For further details, contact Mavis, on 579 2174.

RELIGION

Holy Cross Church, Glen Huntly Rd, Caulfield South hold regular gatherings for people interested in the Catholic Religion. For further details, phone Shirley, on 523 8445.

St Mary's Anglican Church will hold a seminar on Healing, by former leader of St Paul's Cathedral Healing Ministry, The Rev. Vernon Cohen, on Saturday, June 20 and Sunday, June 21. These events will be held at the Church, cnr Glen Eira Rd and Hood Cres, Caulfield South. **June 20, 4-5.30pm** - Healing Workshop. 6pm - Fellowship Tea in the Church Hall. Soup/Tea/Coffee provided. BYO food. 7.30pm - Open Meeting. **June 21**, Father Cohen will preach at both the 8am and 10am services. All welcome. For further enquiries, contact St Mary's Church, on 532 8566.

SOCIAL

Alma Road Neighbourhood House, 200 Alma Rd, East St Kilda will hold a 50 plus get together on Sunday, June 21 and July 5, from 2-4.30pm. Rummytiles, scrabble, cards, prizes, afternoon tea/coffee. Everyone welcome. For further information, contact Anita or Jack, on 527 8172.

TALKS

The Rudolf Steiner Preschool will hold a talk on *Introduction to Steiner Education*, by Marcus Cox on Tuesday, June 16, 8pm at the Uniting Church Hall, Tara Gve, Carnegie. For details, phone 523 5049.

THEATRE

The Pickle Theatre will hold its next production, *Wanted - One Body*, on June 26, 27, 28 and July 2, 3 (Gala), and 4. The production will be held in the Phoenix Theatre, 101 Glen Huntly Rd, Elwood at 8.15pm, (except June 28 4pm). Adults

\$10, concession \$8, Gala Night \$13. For bookings, call 596 7126.

Winbirra Sinfonia is proud to announce its first concert for 1992, *Winbirra Winter Warmer* to be held on June 28, 2.30pm at the Melba Hall, University of Melbourne. Highlights of the concert include Mozart's Symphony No 25 in G Minor and Samuel Barber's ever popular Adagio for Strings. Tickets for the concert are \$10 and \$8 concession, with a generous price of only \$7 per ticket for groups of 10 or more. Tickets can be booked by phoning, 592 4451 or by writing to P O Box 179, Hawthorn, 3122. Tickets are also available at the door.

VOLUNTEERS

Southern Citizen Advocacy needs volunteers. Your ability to handle everyday matters would assist an adult with a disability to participate in community life. Short orientation programs begin soon. For further information, contact Southern Citizen Advocacy, on 576 0155.

Bethlehem Hospital is seeking volunteers to assist the relief of families of Home Care patients and to provide companionship to patients in the Hospice and Neurology wards. Additionally, we need caring people to assist with the 24 hour Grief Line Counselling Service. Orientation courses will be held in July and September this year. If you are interested, please contact Margaret Hallett, volunteer coordinator, on 592 2853.

Caulfield Citizens' Advice Bureau is currently selecting volunteers to undertake training for community information work. Citizens' Advice Bureaus provide a free, confidential and impartial information referral service. If you are interested in finding out about the work and the training, contact Laurel Thompson, on 524 3200, or pop in to 256 Hawthorn Rd, Caulfield South.

All articles
submitted for
publication must
be typed.

CAULFIELD CONTACT

CAULFIELD CONTACT IS COMPILED FOR THE RESIDENTS OF THE CITY OF CAULFIELD. THE PAPER ENCOURAGES THE PUBLIC TO SUBMIT ARTICLES, BUT THEIR INCLUSION DEPENDS ON THE SPACE AVAILABLE IN EACH ISSUE. PLEASE SEND ARTICLES AND PHOTOS TO:

CAULFIELD CONTACT
CAULFIELD CITY HALL
PO BOX 42
CAULFIELD SOUTH 3162