

No elections for Caulfield

THE first Saturday of August each year, usually sees the running of Caulfield Council's annual election. This year, however, no election will be held in any of the municipality's four wards.

East ward councillor, Caulfield Mayor, Cr Veronika Martens, was reelected unopposed and Cr, Sandy Anderson was returned to the north ward.

Former Mayor and councillor,

MORE than 100 children turned out at the Elsternwick Library to be entertained by Zap Zap the Clown, as part of the Library's school holiday activities.

Zap Zap had the children enthralled as he played his kazoo and produced magic tricks such as the disappearing and reappearing rabbit, the magic coloring book and juggling.

A variety of other free activities were held including; craft sessions, where children made puppets and kites and story time sessions

The next school holiday program will commence in late September and will include making cardboard animals and an appearance by Duck Cameron, who will perform his magic for all to enjoy.

For information about any

Neighbourhood Watch C Dsitrict will hold a DAYTIME MEETING on Tuesday, September 1, 1992, commencing

524 3355.

Above: Zap Zap the Clown.

children's activities, run by the

Caulfield Library Service, con-

tact Liliane Trpkovic, on

Geoff Patience retires after 14 years of serving residents in south ward and will be replaced by Tony Browne. In west ward, Cr George Brown will be replaced by Noel Erlich.

\$20,000 to CAB

AS a result of a no election year, Caulfield Council will donate \$20,000 from its election budget to provide the Caulfield Citizens' Advice Bureau with food vouchers for needy residents.

The motion moved by Caulfield Mayor, Cr Veronika Martens was put to Council's July policy and environment committee meeting. Cr Martens said that due to no elections being held in Caulfield this year, funds of \$20,000 were available and should be used to help needy residents. "The support of the Council by the residents is now of benefit to the residents," she said.

"We have a responsibility to

those in need in our community, especially in these tough economic times, when for some, day to day necessities are unattainable. These donated funds will at least relieve the immediate burden for those who find themselves in such a desperate situation," said Cr Martens.

"It was first thought that an urgent doorknock would take place to raise the funds, but as it's turned out that no elections are to be held in any of the wards this year, I'm sure our ratepayers will agree that these funds are going to a worthy cause," she added.

The \$20,000 donation relieves the immediate problem, however, as the situation is gradually worsening, there is a possi-

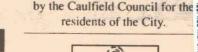
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Diary





A monthly publication produced

Vol 18 No. 7 August, 1992

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67C Hawthorn Rd Caulfield South 3162



News in brief

Health care facility gets the go ahead

CAULFIELD Council recently approved an application by the St John of God Health Care System.

The facility, to be established in Caulfield's east ward, will mainly provide accommodation and care for frail aged people who suffer from dementia and Alzheimer's disease.

It will also serve neighbouring municipalities. The System will comprise 37 single rooms and 3 double rooms and will generally accommodate low dependency, short term patients, for a duration of one to two weeks. However, care will also be offered to a wider range of medical patients with such nervous disorders as anorexia, post natal depression and other shorter term, acute problems.

Local area traffic plans underway

COUNCIL has approved traffic management works for local areas 40 and 44. (Area 40, bounded by Marara Rd, Booran Rd, North Rd and Bambra Rd and Area 44, bounded by Kangaroo Rd, Poath Rd, Dalny Rd and Murrumbeena Rd)

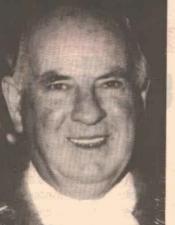
Management works are carried out in all local areas to assess traffic conditions, in order to reduce traffic volumes, speeds and improve safety for both pedestrians and drivers.

Details for Areas 40 and 44 will be completed by the end of September with works commencing as soon as practicable. New address for south ward councillor

CR James Barrett has a new address; 1 Albert Rd, Carnegie, and he can be contacted by phoning, 5780680. Cr Barrett's new phone number also applies to people wishing to contact the **Carnegie Progress Association** and Hall.



Two councillors call it a day



Above: Cr Geoff Patience. TWO councillors will retire from Caulfield Council this year.

Former Mayor and Councillor, Geoff Patience has represented the south ward since 1976 and was Mayor of the City in 1977/78 and more recently, in 1991.

Cr Patience has served on numerous committees over the years. The Spurway Nursing Home, Princes Park, the Metropolitan Municipal Association and the Gladys Machin Senior Citizens' Club, just to name a few

Cr Patience is also a long serving member of the Caulfield Lions Club.

"I feel that I have achieved a

valedictorv

CAULFIELD Mayor, Cr Veronika Martens ends her term as Mayor of Caulfield at Council's statutory meeting on Tuesday, August 4, 1992.

Cr Martens regards her year as Mayor as being difficult but extremely successful.

"One of the greatest achievements was to see Council taking into consideration the hardship of many residents, and managing to keep the rates to a low 3.3% - the lowest rate rise in 25 years," said Cr Martens.

Cr Martens recaps other highlights of her Mayoral term which include: The National Gallery Exhibition - A Celebration of Two velopment, Council's corporate Cultures, , a visit to Caulfield by workshop, ward meetings, the The Hon. Caroline Hogg, Minisneed for netball facilities at Dunter for Ethnic, Municipal and can MacKinnon Park and finally, Community Affairs, spearheadthe donations made from the ing Council's fight to save the Australia Day Breakfast and the Caulfield General Medical election budget to provide the Centre, opposing Chadstone Shopping Centre's proposed expansion, reducing multi-unit density and increasing open space for planning applications, pursuit of resource sharing with adjoining councils, instigation of regular meetings with regional mayors, continual lobbying of politicians from both parties, a visit to Caulfield by The Hon. Brian Howe, Deputy Prime



Above: Cr George Brown. great deal for the City of Caulfield in the 14 years that I have served on Council and I will leave my position as councillor with many fond memories," said Cr Patience.

Cr George Brown has represented Caulfield's west ward since 1989

Cr Brown has served on the Gardenvale Park Advisory Committee, Caulfield / Chisholm Steering Committee, and the latest being Caulfield's Municipal Public Health Plan.

Cr Brown said he hasenjoyed his term as a west ward councillor and has worked hard to try and achieve the most for the ratepayers of the City.



sists of daily sweeping of high public use areas, such as shopping centres and regular sweeping of residential streets on a three to four week cycle.

It is Council's objective to maintain a three week cycle, however, this is subject to seasonal variations, the availability of staff and equipment and the requirement to carry out special sweeping tasks.

The Autumn leaf drop cre-

Engineering update Street sweeping

AS part of its normal operations, Caulfield Council provides a regular sweeping service to streets and footpaths, throughout the City.

Until recently, this service was provided using four street sweepers, two footpath sweepers and a street flusher.

In order to make the service more efficient and less harmful to the environment, the following changes have now been made:

1. Street flushing has been discontinued as it was considered to be ineffective as a cleansing operation and it had the disadvantage of flushing litter into the underground drainage system. This had one of two effects, either the litter blocked the drain causing flooding, or it washed through the system to ultimately cause pollution in Port

2. The number of street sweeping machines has been reduced from four to three. With some adjustments to sweeping practice, overall productivity has increased and the standard of service has been maintained at a reduced cost.

The sweeping program con-

ates an increased work load, resulting in some areas having to be swept more regularly than the three week cycle, which in turn means that other areas may not be swept as regularly. With the onset of Winter, there is increased sick leave taken by staff with a corresponding drop in availability. Garbage collection is the top priority for Council's workforce and it is sometimes necessary to use sweeper drivers as replacement garbage collectors to the detriment of the street sweeping program. Like all complex machines, street sweepers are subject to occasional breakdowns and need regular servicing and maintenance, all of which reduce the time available for actual sweeping. There is also the requirement for street sweepers to clean up at traffic accidents and where load spillages have occurred. Council received some complaints from residents regarding an inability to sweep some

streets due to extensive on street parking. At particularly bad locations, this is overcome by either commencing sweeping operations at these locations early in the round, which commences at 5am, prior to cars arriving, or alternatively by serving a written advance notice to all residents to park elsewhere on a particular morning to enable sweeping.

Residents occasionally ask for a list of dates on which their street is to be swept, but for the reasons already listed regarding variations in the service, it is not practical to issue such a program.

While it is Council's objective to provide an efficient and regular service, it is not always possible to achieve this on a predictable basis, however, the service is constantly monitored and improved where practicable.

Poplar St reconstruction

COUNCIL recently appointed a contractor for the reconstruction of Poplar St, between Olive St and Glen Huntly Rd and the works were completed late last month, at a final cost of \$18,100.00.

The works included the modernisation of the bluestone kerb and channel, new concrete vehicular crossings, naturestrip reinstatements and asphalt resheeting along the side of the street.

Pavement and property drainage as well as the visual appearance of the street have been significantly upgraded.

This now completes the entire modernisation of Popular St from Sycamore St to Glen Huntly Rd to Council standards of single bluestone kerb and channel.

Bokhara Rd modernisation

COUNCIL, as part of its Residential Street Reconstruction Program, has arranged for a private contractor to carry out the modernisation of the northern side of Bokhara Rd.

The modernisation works scheduled, commenced mid July and will be completed around the middle of August. The works have been included in Council's programme as a result of deterioration of the existing pitcher kerb and channel. These works shall consist of the construction of underground drainage to collect stormwater runoff from both private properties and the roadway, the lift and resetting of the bluestone pitcher kerb and channnel and other associated works.



Above: Caulfield Mayor, Cr Veronika Martens. Minister, Gardenvale Park de-

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	Arts Complex	524	3287	Shopping expansion,
	Rates	524	3215	density ar space for p
	Human Services	524	3228	pursuit of re adjoining
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1	Engineering	524	3240	politicians visit to Ca
	Town Planning	524	3374	Brian Hov
	Traffic Engin.	524	3324	Tuesday, Tuesday,
	Building	524	3201	Tuesday, Tuesday,
1	Page 2 - Caulfield	Cor	ntact, /	August, 1992

Caulfield Citizens' Advice Bureau with food vouchers for needy residents.

Cr Martens has been re-elected as an east ward councillor for a further three years. "The Mayoral year has been a demanding time for me and I look forward to continuing to serve the residents of Caulfield on a full time basis," she said.

i ton	MEETING DATES		
Tuesday, August 4	- 8pm Statutory		
Tuesday, August 11	- 8pm Executive Services		
Tuesday, August18	- 8pm Policy and Environment		
	- 6pm Finance and at 8pm, Council		



After hours calls

CAULFIELD residents are concerned about Council's procedures regarding after hours complaints.

The issue, discussed at a recent policy and environment committee meeting was raised when east ward councillors, Caulfield Mayor, Cr Veronika Martens, Cr Ed Biggs and Cr David Spencer received complaints from residents, who stressed that they were unable to have emergency situations attended to by local law officers, out of normal working hours.

The present system operates with complaints registered on an answering machine, which then activates a pager held by one of the officers.

The officer accesses the answering machine and then determines whether or not an immediate response is required.

Figures obtained by Council's director human services, Barry Boyle, show that over the past six months, of the 82 after hours calls received, more than half related to wandering, lost or found dogs. Only two of these calls were considered to require immediate attention.

Council suggested that in the interim, all calls registered on the answering machine receive prompt feedback to give residents an indication of where their problem is at and that a review of the present situation take place.

Council's chief executive officer, Doug Aylen, will look into the option of implementing an operator assisted answering service to improve customer service to residents.



Concern over parking permits for disabled

COUNCIL'S local law officers are concerned that people are still using old disabled parking permits.

As of December 1991, new parking permits for disabled people were introduced and it is these permits that are recognised by police and Council traffic officers.

If a disabled person is still Below: The disabled parking permit currently in use.



using an old style permit, they should make an application at Caulfield City Hall, cnr Glen Eira and Hawthorn Rds, Caulfield South, to obtain an up-to-date one.

For further enquiries, contact the staff at the health and legislation department, by phoning 524 3316.

Below: The disabled parking permit which is no longer valid.



Friendly cities exhibition

CAULFIELD Council recently exhibited a display of drawings by children from countries throughout the world.

The exhibition, organised by Ogaki, Caulfield's sister city in Japan, was first displayed in Ogaki before coming to Caulfield last month.

The exhibition moves to Berea, Ohio, (USA) next and from there

Siegel, 9.

to Handan, China.

The drawings help to promote an international understanding in a way that can be readily communicated to all residents of each friendly city.

Children who took part in Caulfield's January School Holiday Program and whose drawings are being exhibited internationally, are pictured below. Below: Pictured from (I to r) are the children who represent Caulfield in the exhibition. Madda Vourvoutsiotis, 11, Sharni Spigelman, 9, Elliott Wollner, 9, David Hershan, 9 and Marnie





New general manager joins Caulfield

JIM Fulton is the new general manager for the Caulfield General Medical Centre.

Previous to his appointment to the CGMC, Jim held the chief executive officer's position at the Mount Eliza Centre.

He is chairman of the VHA Division 3 Committee (Rehabilitation and Extended Care) and is also a member of the VHA Honorary Board.

He holds a Psychiatric Nursing Certificate, Bachelor of Arts and Master of Health Administration

Jim considers his time at the Mount Eliza Centre to have been very successful and

interesting.

During his seven years, Jim supervised a radical redevelopment and reorganisation, which has given him an invaluable introduction to issues currently faced by the CGMC. Jim says his previous experience has shown him the importance of good staff and community support.

"The future of organisations such as the CGMC are intrinsically linked with good use of community resources and honoring traditional local assistance," he said.

"We should be proud of our history of community care by our outstanding local service,' he added.

Storage permits for building materials on naturestrips

IT is often convenient for a builder carrying out building works on private property to arrange for delivery and temporary storage of some materials on the naturestrip at the property frontage. On some occasions building site space restrictions make this necessary.

While Council acknowledges the benefits of this practice to builders, there is, at times, a need for control to be exercised over use of naturestrips in the interest of the public who use the streets.

Council has a local law that requires the storage of materials within the road, including on naturestrips, to be subject to a permit issued by Council in advance of this use.

In order that Council's requirements be more clearly appreci-

ated by builders, a set of standard conditions and a specific application form are now available from the building department, City Hall and these must be used for the storage of builing materials on a naturestrip.

The permit system will require a nominated location to be inspected by a Council traffic officer, prior to permit issue and a fee and deposit will be payable as with the various other uses and occupations of road reserves and other Council lands.

The permit conditions have been developed to ensure public safety and protect the interests of pedestrians and other road and footpath users.

Builders and residents are requested to cooperate in the introduction of these adminstrative changes.

School Crossing Supervisors to work one hour each morning and one hour each afternoon. For more details, contactact Superintendent Traffic and Local Law, Bob Hannah, on 524 3269.

recently Have you moved to Caulfield? If so, contact the Council's

Community Relations Department on 524 3259 for a copy of our New Resident Kit which includes the 1992 Resource Guide.





COMMUNITY N E W S

From the 'hip pocket'

Beating the recession

WE are all aware that Australia is in a recession, but it's not all bad news. As pessimism rises, we must remember that, particularly in Australia, both the economy and financial markets move up and down in cycles anyway, and that hard times are inevitably followed by good times.

Moreover, it is an ironic fact that while a recession brings heartbreak and hardship for some, it offers good opportunities for others.

It is during times like now that sound financial planning is more important than ever. It is now when the astute investor can take advantage of the good opportunities that come with a recession.

A sound financial plan will help comfortably survive a recession

IT is important to remind ourselves of the more basic rules of investment. Always have a balanced portfolio. Higher returns usually mean higher risk, and the best protection against risk is to spread your investments across a range of assets.

It is a simple fact that when some investment sectors fall, others strengthen. The property boom was, as history shows, a natural progression after the sharemarket crash in 1987. Now, with the slump in the property market, many security conscious investors are fleeing towards capital guaranteed investments.

This is an understandable transition, as the attraction of high interest rates, bought on by the Government's tight monetary policy, made fixed interest and term deposit investment even more attractive over the short term compared with shares and property.

The popular temptation is to simply see the positive short term aspects of these capital guaranteed products - to see the interest accumulating in the account. However, investors must also take into account that tax and inflation will erode this interest. Those investors who are locked solely into capital guaranteed investments are seeing that their returns are not favorable now that interest rates are down and growth markets, such as property and shares, are taking an upsurge. When investing only in capital guaranteed products, investors should ask themselves: in the long term, will the investment provide an after tax above inflation? History tells us that the answer is no.

protection against inflation that a capital guaranteed investment will not.

So, once again, the golden rule is always have a balanced portfolio.

For the medium to long term investor, which generally means an investor who does not need access to the money before at least three to five years, a balanced portfolio should always include some growth investments, such as shares and property.

Bargain buys of the recession

BOTH the share and property markets are good value at the moment for the investor who wants to buy. Quality assets are available at hugely discounted levels. Of course, both are long term investments and this recommendation applies to the investor who does not need short term access to his money, who can afford to invest now and who is willing to wait for prices to rise before he needs to sell.

Many investors have lost money on property in the past two years. Most were investors who treated it as a short term investment and were forced to sell their property assets in a depressed market. As property prices fell, investors redeemed units in property trusts in nothing short of a panic and, as a result, some institutions were forced to sell properties in a depressed market to pay for the redemptions. It is the buyers of such properties who will be the ultimate winners.

Investors who cannot afford to buy property on their own can take advantage of professional fund management expertise by investing in reputable property trusts or even managed trusts that include a balance of property and equities in their portfolio.

Such investments must be part of an overall, well balanced financial plan and fit in with your investment needs.

Remember, before making any decisions about your future in-

Kindergarten enrolments for 1993

IF your child turns four years old by June 30, 1993, he or she is

eligible to attend one of Caul-

operate independently and each

one has its own nominated Com-

mittee of Management. Infor-

mation about fees, enrolment

procedures and any other de-

tails, can be obtained from your

local kindergarten. Kindergar-

ten addresses and telephone

numbers can be found in your

1992 City of Caulfield Resource

Kindergartens generally offer places to children on their wait-

ing lists for the following year in

August. This enables those that

are subsidised by the Office of

PreSchool and Child Care, to

confirm by the end of Septem-

ber, that they have sufficient

children enrolled to justify their

Whilst enrolments are gener-

ally accepted at any time, sub-

ject to there being vacancies,

enrolments are encouraged by

subsidy.

August.

Guide, on pages 11 and 12.

Kindergartens in Caulfield

field's kindergartens.



Above: Rosie Atherfold, aged 3 1/2, eligible to attend kindergarten in 1993. University building begins construction

CAULFIELD Mayor, Cr Veronika Martens put her gardening skills to work at the recent ground breaking ceremony at Monash University.

The ceremony marked the start of construction of the University's new general teaching building to be constructed on the Caulfield Campus site.

The need for the new building came about when the Chisholm Institute of Technology and Monash University joined forces in 1990.

The University sees this project as the first step in an overall master plan for the development of the Campus which will allow it to provide the best services to the community.

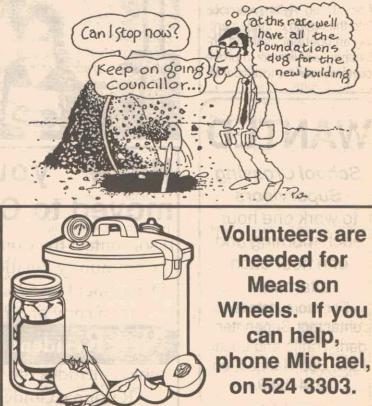
Construction of stage one is scheduled to commence immediately with completion by August 1993 with the total cost being \$9.4m.

This first stage will be a three storey development, comprising computer laboratories, classrooms, lecture theatres and a bookstore and bistro for the Student Union.



Above: Caulfield Mayor, Cr Veronika Martens ready to dig, pictured with Monash University's Vice Chancellor, Mal Logan.

Cartoon courtesy of Monash University.



Historically, investments in growth areas, such as shares and property, have provided Page 4 - Caulfield Contact, August, 1992

vestments, always seek professional advice by consulting a qualified financial planning consultant.

NOTE: All information in this article is provided by National Australia Financial Management Ltd. If you require further information, or would like to discuss your financial needs, under no obligation, you may contact Ben Zazryn, financial planThe Caulfield Citizens' Advice Bureau will hold its AGM on Wednesday, August 26 at 8pm, in the Council Reception Room, City Hall. It is a public meeting and interested citizens are invited to attend. A report from the Management Committee on the year's work, an election for members of the Committee, and voting on proposed amendments to the constitution will take place.

Library service now available seven days

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HEATHER Kudeviita was the first person through the doors of the Caulfield Library, when the Library Service recently announced it would be open for business on Mondays, making it available to the community seven days a week. Caulfield Library now operates from 10am-6pm Mondays. For information about the new hours, contact the Library, on 524 3346.

Hib meningitis - a deadly disease Children and family services column

EACH year approximately 15 Australian children die from a disease called Hib Meningitis, and those who survive the disease often end up seriously disabled.

When babies reach 18 months of age, they can now be vaccinated to safeguard them against this harmful disease.

What is Hib Meningitis?

Haemophilus influenza type B is a bacterial infection which preferentially attacks children under the age of five years. It is

• How common is Hib meningitis?

It is estimated that one in 500 Australian urban children will develop invasive Hib disease by their fifth birthday and approximately 15 of these children will die.

This disease can cause seizures, behavioral disorders, learning disabilties or mental retardation, with loss of vision, loss of hearing and paralysis. These handicaps range from mild to very severe.

The risk of contracting Hib Meningitis before the age of five

Murrumbeena Primary School celebrates 75 years

MURRUMBEENA Primary School recently celebrated its 75th Anniversary. More than 2000 people attended the celebrations held on Sunday, June 28 and those who attended agreed the day was an outstanding success.

The celebrations were officially opened by the School's current Principal, Mary Scanlon, followed by reminiscences by representatives from eras dating back to the School's first year, 1917, to the 1990's.

Current grade six students conducted tours of the School and then escorted the guests to afternoon tea, which was kindly provided by the student's families.

According to School Council President, Peter Prysten, there was a buzz of excitement as people recognised their former classmates from 30, 40 or even 50 years ago! Many were seen trying out the school desks for size to discover that there were far smaller than the ones they remembered. Many thought the school itself looked a lot smaller than it did when they were there as children. Some remembered the 'cuts' received for misbehaviour, others recalled with affection, their past teachers and old classrooms. Many realised how happy their days at Murrumbeena Primary School were, even though they did not recog-

Workers

with youth

CAULFIELD Council's youth

development officers are hold-

ing a lunch on Wednesday,

August 5, from 12.15-2.15pm

at the Caulfield Youth Re-

source Centre, cnr North Rd

The function has been ar-

ranged to allow people, who

are involved with helping the

youth in the local community,

to get together in order to gain

resources and ideas about

how we can provide the best

and Fraser St, Ormond.



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Above: Former pupil, student teacher, and later, teacher, Geoff Hughes, signs the Visitor's Book at Murrumbeena Primary School's 75th Anniversary celebrations. Below: People viewing displays in the 1930's era room.



nise it at the time.

Guests were asked to register their names in the attendance books for their era. Many purchased the treasured 75th Anniversary Book and 75th Anniversary Port. The School wishes to thank the 75th Anniversary Committee and all the parents, teachers and students who worked so hard and so creatively to make this occasion such a memorable one.



the major cause of meningitis and epiglottis in this group. Meningitis is an infection of the membrane that covers the brain and spine. It can kill within a day or two if left untreated. Even with prompt medical attention, it frequently leaves its victims permanently handicapped, mostly brain damaged. years is one in 500. Children attending day care centre or with certain medical conditions are at a greater risk of getting the disease.

Vaccinations are available from your local doctor.

For further information or advice contact your doctor or your maternal and child health nurse.

COUNTRY FIREWOOD

THE LIONS CLUB OF CARNEGIE is selling bags of country firewood for \$6 - delivered, (bags approx. 20kg - delivered free). Please contact Ken Limbrick, on 568 7911, or Stan Jowett, on 578 9684 for further details. services for our youth. For further information, contact Council's youth development officers, Trevor Chappell or Lyn Nye, on 524 3321. R.S.V.P.'s must be received by July 29, 1992.

A centenary stamp exhibition will be held at the Caulfield Arts Complex, from August 10-16, 1992.

DID YOU KNOW that if a financial crisis prevents you from paying your domestic gas and electricity bills, you may be eligible for a one-off energy relief grant.

For further details contact: The Caulfield Citizens' Advice Bureau 256 Hawthorn Road Caulfield South Phone: 524 3200, 524 3272.

Caulfield Contact, August, 1992 - Page 5

Waste minimisation through recycling SPECIAL FEATURE

National Waste Minimisation & Recycling Strategy Mrs Kelly praised the initiatives

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A NEW public information campaign to encourage Australians to reduce waste going to landfill by 50% by the year 2000 was launched by the Hon. Ros Kelly, Minister for the Arts, Sport, the Environment and Territories, in Sydney recently.

COMMUNIT

E W

THE National advertising and public communications campaign called 'B Smart...Play Your Part', highlights simple initiatives individuals can take to reduce waste and forms part of the Commonwealth Government's commitment to the National Waste Minimisation & Recycling Strategy.

IN her statement, the Minister highlighted that. "Australians are among the biggest producers of waste in the world. Of all waste going to landfill, which is approximately 14 million tonnes, 35% is produced by householders - the remainder is generated mainly by industry, commerce and construction. If each householder shops carefully, buys goods in recyclable packaging, uses local recycling services and composts at home, it would have an immediate impact on what we send to the tip space which is fast running out. Research commissioned by my Department shows that Australians rate the environment at the top of their long-term concerns and want the Commonwealth Government to play a leadership role in educating and legislating for a cleaner environment."



"ACCORDING to the recent

report released by the Austra-

lian Bureau of Statistics, Aus-

tralians are one of the largest

producers of rubbish per capita

in the world and our capital city

landfill spaces will have reached

their capacity to accept rubbish

by the year 2005. Recycling can

divert up to 25% of household

rubbish from landfill and com-

posting can divert another 50%

of household waste requiring

disposal," she said.

of local councils to reduce waste and acknowledged the support provided by the State Governments. "Industry, environment groups and all levels of government have been involved in the development of the National Waste Minimisation & Recycling Strategy. This initiative is a cooperative commitment to the 50% reduction of waste going to landfill by the end of the decade and the other elements of the Strategy. Everyone's efforts, no matter how small in reducing waste at home will add up and make a considerable difference.

The problem of waste begins in the home. To the extent that households do not minimise or recycle their waste, the accumulation of rubbish becomes a community problem, the brunt of which has to be borne by local councils and paid for by ratepayers." Nationally, rubbish represents a huge waste of resources and becomes in itself, a consumer of resources such as land and energy.

How to Minimise Waste: Smart Shopping

O Take a shopping bag to the supermarket or use a box or bag that can be re-used or recycled.

O Buy goods in commonly recyclable packaging; eg, glass, aluminium cans, PET plastic, paper and cardboard.

O Look for containers that can be safely reused or refilled. O Avoid materials that cannot be recycled.

O Try to buy household cleaning products in concentrated form O Buy in bulk.

O Make your opinion known about excess packaging - talk to the shopping centre manager or write to the manufacturers

"Australians are amongst the biggest producers of waste in the world"



"We can all play an important part in reducing the amount of waste we produce and thereby conserve Australia's resources."

Buy less waste.

Recycling and waste minimisation don't start with the things you throw away. They start with what you buy.

Ask yourself if you can buy the same thing with less packaging? Is the container re-usable or recyclable?

What you buy today will help manufacturers decide what to make tomorrow.

B. Smart...Play Your Part

THE B. Smart campaign has been developed by the Commonwealth Environment Protection Agency as part of it's National Waste Minimisation and Recycling Strategy.

The campaign comprises television and press advertisements featuring a cartoon character, B. Smart, who highlights easy steps to reduce waste. These steps include: Recycling.

 Composting bio-degradable matter and

Limiting the use of packaging.

BYO bag

Take your own backpack, trolley, string bag to the supermarket or fruit shop.

Alternatively, ask for a cardboard box which can be recycled.

B. SMART

Recycle and compost, ask your local council.

The campaign is being undertaken by the Commonwealth Environment Protection Agency (CEPA) within the Department of the Arts, Sport, the Environment and Territories.

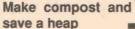
CEPA is a major Commonwealth Government Iniatiative to find nationwide solutions to protect Australia's environment.

CEPA will work with all levels of government, business and the community to help establish a consistent, co-ordinated national approach to protecting Australia's air, land and water systems.

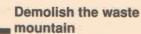
Support recycling in your community

Your contribution does make a difference. So sort out your PET plastic and aluminium cans, bottles and newspapers and take part in your local council or community recycling scheme.

For further information about recycling in Caulfield, call 524 3239.



Compost is nature's own plant food. So use all your vegetable peels, leaves and leftovers to make compost. Garden waste makes very good mulch too. Compost is easy to make.



As a community, we currently generate around one tonne of solid waste per person each year.

We're running out of space to dump it.

B. Smart Play your part in reducing waste and pollution.

Recycle

O By recycling, you can reduce household waste going to landfill by up to 25%.

O With industry help, the number of packages that can be recycled, is increasing.

Compost

O Composting can reduce household rubbish by up to 50%. O Compost consists of decomposed organic matter which enriches the soil. Page 6 - Caulfield Contact, August, 1992

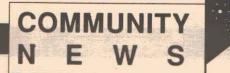
Who are we to care? The Commonwealth Environment Protection Agency is a new agency set up by the Commonwealth Government. The Agency's job is to work with other state and local Government bodies, industry, unions and the community to help find solutions to Australia'a pollution problems. The success of the Agency will depend on assistance from these bodies, organisations and community participation. So B. Smart, and play your part.

Recycling creates jobs. Recycling doesn't just save the environment, it also saves energy and creates new jobs. Help our new recycling industries - choose recycled products whenever you can.

PLAY YOUR PART

For more information, write to: Commonwealth Environment Protection Agency (CEPA), PO Box E305, Queen Victoria Terrace, Canberra, ACT, 2600.

INFORMATION IN THIS ARTICLE WAS SUPPLIED BY THE DEPARTMENT FOR THE ARTS, SPORT, THE ENVIRONMENT AND TERRITORIES



Waste minimisation through recycling SPECIAL FEATURE

Caulfield's Waste Disposal system

UP until June of this year, Council along with the cities of Box Hill, Camberwell, Hawthorn, Malvern and Oakleigh used the regional refuse site at Clayton South which is owned and operated by Pioneer Concrete (Vic) Pty. Ltd. This site is no longer available for councils to dispose of their waste and as a result, Caulfield now takes municipal waste to the landfill site in Clarke Road, Springvale. Caulfield, as a member of the Oakleigh subgroup, is involved in a joint ownership agreement plan, to establish and utilise a new site located in Clayton and is in close proximity to the Pioneer facility. This site should be opened in early 1993. The pioneer facility is still available for the use of private residents, however, as it is a private site, fees do apply. For information concerning the Pioneer refuse site contact Combined Refuse Disposal (Clayton) Monday - Saturday between 7.00am - 4.45pm and Sunday between 9.00am -3.45pm on 551 2351.

Council has statutory obligations to meet in regard to the collection and disposal of waste materials generated within the municipality. The services provided by council are aimed at preserving the health of it's residents as well as maintaining a high standard of appearance and cleanliness in the City. The operation of these services is a significant component of Council's budget and necessitates annual expenditure in the order of \$3.5 million.

These refuse disposal services currently comprise:

 Household garbage collection.

 Trade waste collection. Hard rubbish collection.

and theft of the bins.

Trade Waste collection

WHILE Council does not include commercial or industrial premises within its household garbage collection, it does provide an optional collection service for trade waste, that is, any waste generated by properties that are not shown by Council's rate records to be residential.

This system also uses 240 litre mobile bins, and charges to customers are set to recover service costs, in line with current commercial rates.

Hardrubbish collection

COUNCIL provides an annual clearance of hard rubbish to all residences within the city. This is usually conducted between May and July, and residents are given prior written notice. This service provides the opportunity for disposal of large bulky items, but excludes building materials and carbodies or parts of cars. The materials need to be stacked on the naturestrip prior to collection day. Residents may also arrange for rubbish removal by a private contractor using commercial skips. However, a council permit must be obtained before the placement of these bins anywhere within a road reserve or right-of-way, so that public safety aspects can be checked.

Recycling

COUNCIL has agreements with contractors for the regular collection of recyclable materials that are separated out from the household garbage collection.



Above: Recycling Bag, available from Council's engineering department, ph 524 3239.

recycling bag provided by the contractor to every residence. COUNCIL strongly encourages residents to participate in the recycling collections available. Other than the environmental considerations which are important, there is a direct financial benefit to residents, for each tonne of material that need not be tipped with the garbage collection.

ANY resident wishing to obtain additional information on the above services may ring the collection contractors directly as follows:

Glass/ Aluminium/ PET Oakleigh Recyclers 544 2211 Paper and Cardboard A.P.M. 791 1627

ACI Petalite has recently widened the range of products that will be sold in PET plastic containers which are suitable for recycling. Look for the new 'R' recycling symbol on products. It means that the bottle is made from 100% recyclable PET.

- The recyclable products are:
- **O Berri Juices** O Glen Park Juices
- O Big O 50%
- O Spree dishwashing liquid
- **O Hunters Clenz**
- O Mount Franklin Mineral
- Water
 - O Palmolive Lemon-Lime Dish washing Liquid
 - O Cussons Laundry Liquid
 - O Sil Dishwashing Liquid
 - O Rocket Bottom Soft Drink **Bottles**

tive way of reducing waste - up to 50% of household refuse is suitable for conversion into

compost. Through recycling and composting combined, household garbage can be reduced by up to 80%

What can be used for compost?

Most kinds of plant or animal matter are suitable for composting -

DO NOT USE: any type of plastic, glass, metal or hot ashes. USE: Fruit, vegetables, peelings and skins, tea leaves and coffee grounds, lawn cuttings, most weeds and leaves, vacuum cleaner contents, wood ashes, straw, paper and rags. DO NOT USE: Oily or waxy plant materials (eucalyptus, camphor, laural, ivy, pine needles, willows, pineapple tops), plane tree leaves, large bones or meat scraps, fats, wood branches, prunings and thorny cuttings.

Compost bins are available from council for \$32(210 I) and \$40 (280 I) each.

Payment can be made at the cashier's office at the City Hall (between 8.30am-4pm weekdays, except Tuesday 8.30am -6.30pm) and then take your receipt to the Council depot in Manchester Grove, Glen Huntly

Below: Compost bins avaiable from Caulfield Council.

for collection.

Council will only deliver bins in exceptional circumstances and a \$5 delivery charge will apply. For more information on composting contact your local library.

How to use your compost bin

1. Site bin on a sunny earthbased level position.

2. Fork ground underneath bin for easy entry of earthworms and soil organisms.

3. Place into bin 150mm (6in) of organic matter (such as household and garden waste, rags, paper, tea leaves etc.)

4. Sprinkle with a handful of lime or dolomite, (to reduce acidity) plus blood and bone - or use compost activator (all available from your local nursery or garden supplier). Cover with 25mm (1in) of garden soil and moisten with water.

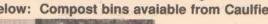
5. Repeat steps 3 & 4 until your compost bin is full.

6. To aid decomposition, create a vertical vent in the waste material in the bin by driving a sharp stick to the bottom - to widen the vent, push the stick slightly from side to side. Remove stick.

7. As decomposition occurs, the original material will reduce in volume. Continue adding material until the ultimate capacity of the bin is reached.

8. When the compost bin is full, leave for a period of six to eight weeks until the compost matures. Depending on your needs, you may require a second bin that way you can use the contents of one bin while the waste material in the other bin matures.

9. A week or two before applying the compost, prepare the area by keeping the soil moist with occasional watering. When applying the compost, spread a layer approximately 100mm (4in) deep over the area selected and dig well.



Household garbage collection

COUNCIL operates a weekly clearance of household garbage to all residents and provides 240 litre mobile garbage bins for this purpose. The service operates weekdays including public holidays unless notice is given to the contrary. Bins should be placed on naturestrips for collection and should be brought back to a secure position on the property the same day. This avoids the necessity of costly replacements due to damage

PAPER and cardboard is collected monthly by a contractor, on the same day as household garbage. A calender indicating the collection days has been delivered to all residents and is available from the engineering department.

GLASS products, aluminium cans, plastic PET soft drink containers, HDPE plastic milk bottles and large PVC fruit juice containers should be left for collection on a weekly basis the same day as the household garbage bins and placed in the plastic

Composting Why compost

PARTof the solution to the problem of waste disposal is to reduce the amount of household waste that is deposited in the mobile garbage bins - and which ultimately ends at the tip. The City of Caulfield and other metropolitan councils are facing a serious problem as regional tips are filled. Composting provides residents wiith an economical and effec-



Caulfield Contact, August, 1992 - Page 7

Does a member of your Dairy products family suffer from Asthma?

ASTHMA is a repiratory disease, which causes breathing difficulties in at least one in 10 adults and one in five children and is responsible for at least 800 deaths in Australia every year.

W

HEALTH

S

E

The incidence of Asthma is increasing world wide, but it is Australia and New Zealand who have the greatest percentage of deaths due to Asthma.

In Australia, the number of deaths has doubled in the past decade and approximately one million Australians are affected by Asthma.

Given the number of Asthmatics, the risk of death is not high, however, about two thirds of Asthma deaths are associated with preventable factors.

Medical management for Asthma is generally poor. It is the second most common principle diagnosis for hospital admission for males; and third most common for females. General practitioners hold around 962,000 consultations annually.

"Open Airways" is an important local initiative which aims to improve health services for people who suffer from Asthma.

Participating agencies of the "Open Airways" programme are: Southport St Kilda, Prahran and Caulfield Community Health Centres, Alfred Hospital (De-

partment of Respiratory Medicine and Health Promotion), and Monash Medical School (Department of Social and Preventative Medicine).

The next "Open Airways" four week adult asthma course will commence on Monday, August 3 from 1-3pm, at the Caulfield Community Care Centre, 240 Kooyong Rd, Caulfield South.

"Open Airways" is a free course, aimed at teaching participants more about Asthma and encouraging confidence in self management.

For bookings and further information, please contact Jennie O'Reilly or Jenny Burley, on 523 6666.

Below: Caulfield Community Care Centre's Jenny Burley, community health nurse and Jennie O'Reilly, physiotherapist, demonstrate Asthmatic assisting devices.



Health briefs...Health briefs...Health briefs

Hearing Screenings

CAULFIELD Community Care Centre is offering free hearing screening tests on the fourth Thursday of each month. Tests are available from 9.30am-4pm. Each test takes approximately 30 minutes and is suitable for adults only.

If any problems are detected

Hughesdale. If you wish to attend any of the courses, please phone the Duty Person, on 568 2599, between 8.30am and 5pm, Monday to Friday.

Back Care

A four week dynamic back care training program, instructed by a qualified physiotherapist will be held each Thursday, com-

session on Thursday, July 30, from 10am-3.30pm, to ensure the test, its results and concerns are fully understood.

This test is free for everybody over 18 years of age.

* All about hypnosis

CAULFIELD author, Doris Brett will speak on hypnosis on Thursday. August 13, commencing

an essential component of every woman's diet

ACCORDING to a survey carried out by the Australian Dairy Corporation, few women actually consume as much calcium as is recommended and many have serious misconceptions about dairy food and the role it plays in a healthy diet.

The survey did however show some very positive signs and indicated that the popular perception that women are constantly following fad diets is not correct. Nearly all women surveyed appreciated the relationship between diet and exercise and understood the principles of good health and nutrition.

While these are encouraging signs that community education programmes are creating a better understanding of the healthy diet, the survey also highlighted that there are still some real misunderstandings about diary food.

Nutrition consultant for the Australian Dairy Corporation, Pauline Holden said some of these findings could prove detrimental. Ms Holden said the three most worrying findings in the survey were that:

"Ten percent of women believe that skim or low fat milks are best for infants;

25% of teenagers were not aware of osteoporosis and; Only 37% of women knew that three serves of dairy food a day are recommended to get the necessary calcium intake. Less than 37% are actually eating three serves a day. Only half of the 37% who knew how many serves they should have, were eating their daily minimum requirement."

Children need to consume at least three serves of dairy food a day, either in the form of milk, cheese or yoghurt. Regular milk is advised for children under five years who frequently have small appetites and require a nutrient and energy dense diet.

The lack of knowledge about osteoporosis among teenagers is alarming, as it is really in the early years that women can help protect themselves against its onset by increasing their intake of calcium. "It is in the years of childhood and early adulthood that women need to build up their bone density and minimise the risk of osteoporosis. Teenagers, particularly, should be aware of the need to have calcium and to build their bones," said Ms Holden.

The lack of understanding of the amount of dairy food required to provide the correct level of calcium each day is a concern. It appears that most women think that milk has a much higher fat content than it actually does, with many consumers believing that regular milk is nearly 30% fat. In reality, regular milk contains a maximum of 4% fat with the many brands of skimmed milk containing almost no fat.

According to the survey, 18% of women think that all dairy food is fattening which shows there is not enough awareness of the minimal fat content in the low fat milks, cheeses and yoghurts and 14% of women think that milk is a major cause of asthma - a myth which is disputed by the Asthma Foundation of Victoria stating that milk is well down of the list of triggers for asthma.

Ms Holden said that it was difficult to see how these myths had infiltrated popular understanding, but that it is important that the community, and particularly women, know the facts and not be influenced by old wives tales to the extent that their, or their children's health could be at risk.

during this initial hearing screening test, the appropriate referrals for further investigation or treatment will be made.

It is necessary to make an appointment for this service and intending participants are requested to contact the receptionist at the Centre, on 523 6666, during business hours. * CHADSTONE Community Health Centre Inc. runs an extensive range of health and educational courses. Courses available during August are listed below. The courses are held at the Centre, 568 Neerim Rd,

mencing August 6, from 1.30-3.30pm. The cost for this course is \$20.

Drink Driver Education

A four week Drink Driver Education Program for those eligible for licence restoration will commence on Tuesday, July 28, from 6.30-8.30pm.

Free Hearing Screening for Greek speaking people

Not all hearing problems need a hearing aid. Take this opportunity to have a hearing test and discuss your hearing problems. A qualified interpreter will be present at the free screening

7.30pm at the Caulfield Library, Maple St, Caufield South.

Doris Brett has worked for many years as a clinical psychologist and uses dream therapy and hypnosis in assisting her clients.

Her extensive experience in hypnosis will make her talk an informed and fascinating one. Enquiries regarding the free

talk can be addressed to Barry Scott, community services librarian, on 524 3357.

A brochure is available outlining all library programs.

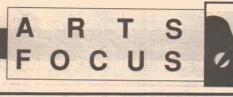
Public health plan update

THE Steering Committee for Caulfield's Municipal Public Health Plan wish to thank all those who filled out a questionnaire which was sent to 500 randomly selected households. The time people took to identify issues of importance to them, and how well these are being attended to, will greatly assist in the process. People also took the opportunity to provide other valuable comments and these are much appreciated. It is expected that a report analysing the returns will be avail-

able in August for an interim report to go to Council. Further community consultation on specific issues may be required to gain a greater understanding of the breadth of the issues and the variety of ways in which they might be addressed. All this will help Council to develop a valuable working plan for the municipality's future directions in public health.

For further details, contact Heather Reynolds, environmental health surveyor, on 0524 3278.

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Art imitating life

Above: The Snow-Lodge mud pack, by Mark Strizic, 1983. CAULFIELD Arts Complex will hold an exhibition of ceramic sculpture and photography from

September 1-13, 1992. The exhibition, Art Imitating Life, features artists Pamela Irving, Noel Flood, Mark Strizic and Werner Hammerstingl. Each of the four artists interpret the theme of this exhibition in their own idiosyncratic way using their mediums in innovative and provocative ways.

Arnold Zable, author of Jewels and Ashes, will open the exhibition on Tuesday, September 1, at 6.30pm.

Concerts coming to Caulfield

CAULFIELD Arts Complex, in conjunction with the Melbourne Youth Music Council will present Melbourne Youth Orchestra on Sunday, August 23, 1992 commencing 3pm.

This concert will feature Spiros Rantos as conductor and Zoe Black as soloist.

Tickets \$12, \$8 concession, \$25 family.

Also, in conjunction with The Clarinet and Saxophone Society of Victoria, Caulfield Arts Complex presents Phillip Miechel on clarinet, basset horn and saxophone and Brian Chapman on piano, on Sunday, September 13, commencing 3pm.

This outstanding afternoon of virtuoso music will feature works by Weber, Stravinsky and Ireland.

Tickets \$10, \$8 concession and (for members of the Clarinet and Saxophone Society).

Both these exciting concerts will be held at the Caulfield Arts Complex, cnr Glen Eira and Hawthorn Rds, Caulfield South. For details, contact Liz Jesty,

on 524 3264.

Journey into the Hinterland

"The journey outward parallels the inward search".



Above: Watercolor, work on paper, Bernadette Curtin.

CAULFIELD Arts Complex will hold an exhibition by Bernadette Curtin, from August 19-30.

Bernadette was born in Crystal Brook, South Australia, where she spent her childhood on her family's farm.

She is a graduate of the South Australian School of Art and Flinders University in South Australia.

Caulfield Festival

Coloring Competition

Living and working in Melbourne, Bernadette draws inspiration from the landscape, selecting forms and metaphors with the intentions of reestablishing a connection with nature. In the studio, the forms are reworked and interconnected to form new relationships and to suggest new dimensions.

Festival fever is here again!

Short story competition THIS annual competition is proving to be of great interest to writers in the community.

Only previously unpublished stories which have not been prize winners in other competitions are eligible to enter. There is a maximum of 5000 words for each short story.

No form is necessary, just write your name, address and telephone number on a separate sheet and send it to: Caulfield Festival Short Story Competition, P O Box 500, Caulfield South, 3162. Entries will be accepted until September 4, 1992. For further information, please contact Catherine, on 524 3406.

Community Day

SUNDAY, December 6 is the Caulfield Festival's Community Day and it should be lots of fun for everyone. Grand Parades, stalls, performances, competitions, arts and crafts and other exciting events will give you a day to remember.



Above: One of the stars of last year's grand parade.

mencing 6.30pm. Saturday, December 5 -Caulfield Goes Welsh - An entertaining afternoon of Welsh music, dance and culinary delights, Caulfield Park, between 1-4pm.

Just color in our Festival theme illustration and be in the running to win great prizes!



The Caulfield Festival is a community festival and one that aims to involve everyone.

If you would like a stall or to participate in any way, please contact Catherine, on 524 3406. Festival program

Friday, December 4 - Twilight Fairytale Fantasy for the whole family - Caulfield Park, com-

Once upon a time Art Exhibition - Magical fairytale world for children and the young at heart, Caulfield Arts Complex, between 2-4pm

Festival Supper Dance - Live music and exhibition dancers, City Hall, commencing 7.30pm. Sunday, December 6 -Community Day - Caulfield Park, between 10am-4pm Fun Run - Caulfield Park 9am Walkathon - Caulfield Park, commencing 10.30am.

Name: Address: Phone Number: Send entries to: Catherine Cooper, Caulfield Arts Complex, Caulfield City Hall, P.O Box 42, Caulfield South, 3162. Entries close November 20, 1992.

Illustration copyright: The Enchanted Forest, Ida Rentoul Outhwaite, London, A & C Black Ltd, 1925. A REAL PROPERTY AND ADDRESS AND ADDRESS ADDRES Caulfield Contact, August, 1992 - Page 9

Fun food for kids in the kitchen What's on the shelves?



Above: Fun in the kitchen for Lisa and Richard Phillips. Lisa cooks up a stack of Happy Hotcakes, while Richard gets to work on his Funny Face Crumpets.

FROM an early age, children have a fascination for cooking.

RECREATION

& LEISURE

Learning how to prepare food, fosters an early awareness about healthy eating and it should be encouraged.

If children are going to enter the kitchen, parents must first ensure they are aware of what to do and what not to do.

Here's an essential list your children should follow:

 Put on an apron and wash hands before you start.

 Read the recipe and make sure you have all the ingredients you need.

 Weigh and measure ingredients carefully.

 Be careful when using sharp knives.

Do not use the stove unless an adult is nearby and always use oven mitts when handling hot utensils.

 Always turn off the oven and electric hotplates or gas burners when you have finished cooking.

Do not use the griller until you are old enough.

• Wash all the dishes, wipe down surfaces and leave the kitchen as you found it.

The following recipes are proven favorites with young cooks - they are easy to prepare, however, parental supervision is recommended.

Noughts and Crosses Pizzas

1. Place slices of toast bread on oven trav. 2. Places slices of processed

cheese on top. 3. Cut salami or sausage into

strips. 4. Slice cherry tomatoes or

mushrooms.

5. Cut small capsicum strips. 6. Arrange toppings:

* Salami or sausage strips to divide the bread into nine equal squares.

* Tomato or mushroom for noughts.

* Capsicum strips for crosses. 6. Bake in a moderate oven until cheese is bubbly. Serve warm.

Funny Face Crumpets 1. Toast crumpets.

Red Cross needs MORE blood.

The Red Cross Blood Bank is struggling to collect the 1000 blood donations needed everyday, to maintain a safe level of supplies to Melbourne's hospitals. The Blood Bank's two Mobile Units are responsible for collecting up to 40% of Melbourne's blood supplies.

2. Butter crumpets lightly. 3. Add: two blobs of jam for eyes, a raisin for a nose, a tricle of chocolate hazlenut spread or a strip of banana for a smile. 4. Eat.

Happy Hotcakes with Syrup One packet or container of pancake mix, maple syrup.

1. Make pancake mixture following directions on container.

2. Add flavoring as desired: half a grated apple, or a cup of chopped banana, or a cup of berries, or a tablespoon of drinking chocolate.

3. Cook as directed on packet or container.

4. Serve hot with maple syrup. Peanut Butter and Bacon Toasties

1. Thinly spread slices of bread with crunchy peanut butter.

2. Press raisins in the peanut butter.

3. Cut bacon into small pieces with scissors and sprinkle on top of the raisins.

4. Arrange bread slices on an oven tray.

5. Bake in a moderate oven until bacon starts to crisp.

6. Cut into fingers and eat hot.

INFORMATION IN THIS ARTICLE WAS SUPPLIED BY THE BREAD RESEARCH INSTITUTE OF AUSTRALIA.

THE following are now available for loan from the Caulfield Library Service.

Obsessive Love - When Passion Holds you Prisoner, by Susan Forward and Craig Buck. Dr Forward outlines the stages of obsessive love, from romance to rejection, from pursuit to revenge.

True Adventures of the Rolling Stones, by Stanley Booth. Part history, part confession, this book recreates a time when the Stones were at their musical peak.

Anne Sexton - A Biography, by Diane Wood Middlebrook. A controversial portrayal of the life and work of the highly personal poet, Anne Sexton.

Awakening Your Sexuality -A Guide for Recovering Women, by Stephanie S Covington. An affirming and easy to use book for women who want to move towards greater sexual awareness.

Penny World, by Edward Blishen. The author visits India to celebrate forty years of marriage and makes further discoveries about the tragic comedy of ageing.

Migraine, by Oliver Sacks. Sack's commentary is so erudite, so gracefully written that even those people fortunate enough to never have had a migraine should find it compelling.

The Enduring Remnant: The First 150 Years of the Melbourne Hebrew Congregation, by Caulfield residents Joseph Aron and Judy Arndt . This book has been two years in the making and is based on the unique congregational archive, recollection and family memorabilia by members of the Melbourne Hebrew Congregation, Shearith Yisrael, founded in 1841.

Throughout its history, the congregation has been well served by its religious leadership. Its ministers have included personalities of world rabbinic stature, whilst among its world leaders, there were many who have occupied significant civic, government and communal positions. They established a continuing tradition of devotion to the congregation and to the community as a whole.

The book is, however, more than a record of congregational premises, religious and lay leadership. A substantial portion of the book deals with the relationship between the congregation and the Jewish communities of Australia and abroad, as well as the general Australian community.

The final section of the book is also of general interest, in that it provides the first ever documentation of the growth and development of the ritual and communal services that are now taken for granted - the communal provison of education, kosher food and funeral related services.

The book as a whole, outlines the process of communal growth from being effectively an outlying outpost of metropolitan London, to a flourishing independent community within the framework of modern day Australia and a much changed Jewish world. (Library waiting on delivery).



Above: Joseph Aron. Below: Judy Arndt.



* New books in large print include:

Cold Fire, by Dean R koontz, A Sensible Life, by Mary Wesley, Dances with Wolves, by Michael Blake, Titmuss Regained, by John Mortimer, Rich and the Righteons, by Helen van Slyke, A Starch of Aprons, by Clare Rayner.

These units visit suburban centres each week day, and usually return on a three monthly basis.

The Mobile Units will be visiting Caulfield in August this year. If you wish to give blood, or have any enquiries the Unit will be located at the Ormond Uniting Church Hall, cnr North and Booran Rds, Caulfield South, on Thursday, August 6, from 1.30-8pm and Friday, August 7, from 9.15am-3.30pm.

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Caulfield Contact 1992 Publication Dates

CAULFIELD Contact will be published 11 times in 1992. Here is a list of publication and deadline dates. Articles submitted before the listed date have the best chance of being included in each edition.

Display advertisements must be submitted three weeks	ISSUE	PUB DATE	DEADLINE
before publication date for each	SEPTEMBER	MON SEPT 14	MON AUG 17
issue, while classifieds must	OCTOBER	MON OCT 12	MON SEPT 21
be submitted a fortnight be-	NOVEMBER	MON NOV 9	MON OCT 19
fore.	DECEMBER	MON DEC 14	MON NOV 16

All submissions, cancellations and alterations must be received in writing by the deadline date of the next issue. Contact staff will not check with advertisers on whether they want to repeat an advertisement. For enquiries, call 524 3323.



RECREATION & LEISURE

A Victorian era in Elsternwick

THE Elsternwick Club, established in 1898, is situated at 19 Sandham St. Elsternwick. This beautiful Victorian building offers many sporting and social facilities to ladies and gentlemen of all ages.

The Club boasts 12 manicured greens for pennant tournaments and social competitions. Free coaching is available by an accredited coach.

Activities include mens and ladies bowls, (affiliated with the Victorian Lawn Bowls Association), card days, carpet bowls (during the winter months), pool and darts. and the Club is also affiliated with the Elsternwick Amateur Football Club.

The elegant fully licenced Club rooms are ideal for special occasions, such as weddings, anniversaries or birthdays. It comprises administrative offices, locker rooms, large licenced bar area, large lounge, dining room and dance floor and large kitchen area

If you are interested in having a look around the Club, or wish to know any further information, phone 523 9221 or 523 9382

BOWLED OVER

MURRUMBEENA Park Bowls Club, at its recent Annual General Meeting elected Alf Thompson as the Club's new president. Alf 's predecessor was Herb Gamble, who had completed his second term as president. Kevin Jacka and foundation member, Hunter Beatty were elected vice presidents. Jack Gilbert will continue on as secretary and Ken Watkins has taken over as treasurer due to the untimely death of Vic Savage on the morning following the AGM.

The 1992/93 season commences on Saturday, August 29. New members are most welcome.

ELSTERNWICK Club, situated 19 Sandham St, Elsternwick, has both ladies and mens pennant teams who are affiliated with the Victorian Lawn Bowls Association.

Open Mixed, Open Ladies and Open Mens games are run as well as club and social games.

The Club is interested in attracting new members, so if you are interested, please call the Club on 523 9221, Laurie Chapman, 534 2073, or Betty Elbers, on 528 3804.

The official opening of the bowling season will be on Saturday, August 29, commencing 2pm.

Junior cricketers needed

THE Carnegie South Cricket Club needs boys aged between 10 and 13 years to make up a junior cricket team or teams.

The team plays at Lord Reserve, Munro Ave, Carnegie (in front of the Caulfield Memorial Swimming Pool).

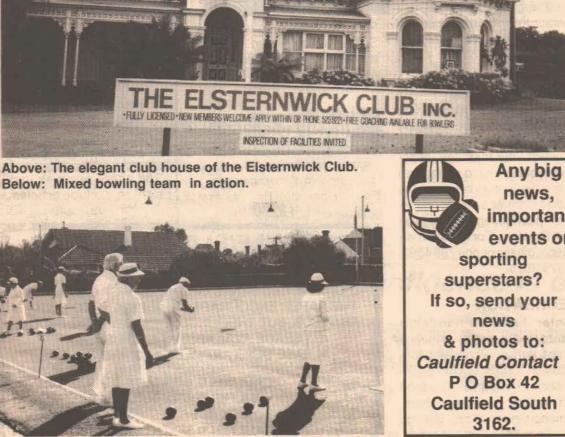
Excellent facilities and coach-Photos that appear in Caulfield

ing are available.

Contact are available for sale by phoning

Junior games are played from 9-11.30am on Saturdays, between the months of October through to February.

Parents are most welcome to attend. Please contact Ron Fauvel, on 578 8681, 667 1164, or Rob Hess, on 531 9541



Below: Mixed bowling team in action.



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CONTACT DIARY

Do you have an event coming up that you would like to publicise? This is the place to put it. Contact Diary is compiled monthly, so if you want to let the community know about your club, society or event, we'll be happy to include it on this page.

Let us know about your activities. Contact Diary PO Box 42 Caulfield South 3162

ART

Hughesdale Art Group will hold a demonstration of new products from art spectrum, on Wednesday, August 12 at 8pm, in the Hall, cnr Poath and Kangaroo Rds, Hughesdale. The Demonstrator will be John Marks. Everyone welcome. Supper. Also, on Wednesday, September 9 at 8pm, (same venue), well known artist, Laurie Robinson will give a demonstration of her work "Pen Work on Porcelain". All welcome. Supper. Visitors \$2, members \$1. For enquiries about either of these events, phone 568 7123.

Malvern Artists' Society will present a Spring exhibition of paintings by selected artists in oils, watercolors and pastels, from August 16-30, between 11am-4pm, at the Society, 1299 High St, Malvern. The Society will also run art classes, commencing Monday, August 31. Classes in watercolor, pastels and life drawing will be held. For further details, call 822 7813.

ENTERTAINMENT

St David's Uniting Church, Grange Rd, Glen Huntly will hold a concert on Sunday, August 16 commencing 2.30pm. Artists include Bruce Fethers - organist, Rod Baker -tenor and the Portamento Choir. Entry by donation.

Caulfield City Choir's presentation of "Carmen", on Sunday, August 16, has unfortunately been cancelled. If you have any enquiries, contact the Choir secretary, Raewyn Cross, on 822 5154.

Music Lovers' Society will present a recital on Saturday, August 15, commencing 8pm at St Paul's Church Hall, Dandenong Rd, Malvern (opposite Glenferrie Rd). The recital will be given by Judith Carpenter flute, accompanied by Glenn Riddle and Sharon Lierse - Cello, with associate artist, Margaret Schofield. Admission \$8 adults, \$6 students and pensioners, \$3 children and \$17 for a family ticket. For enquiries, call 571 0850. August 28 and 29, commencing 8pm, at Caulfield City Hall. Tickets are available for \$10 each and \$5 per child under 14 years. For further details, call 877 1676, or 876 4977.

HEALTH

Nursing Mothers' Association of Australia, Caulfield Branch will hold its monthly meeting on Tuesday, July 28 8pm at 3 Leura St, Murrumbeena, (ph 568 1058). Topic - *Expressing and* storing breast milk. The August discussion evening will be held on Tuesday, August 25, 8pm at 70 Queens Ave, Caulfield (ph 571 2218). Topic - Breast feeding basics - learning to breast feed.

MARKETS

Caulfield Craft Cooperative holds its Elsternwick Market on the fourth Saturday of each month, from 9am-1pm. The next market will be held on August 22. The market has many stalls which include: plants, clothing, knitwear, cholesterol free cakes, pottery and jewellery etc. Admission is free.

MEETINGS

Caulfield Branch of the Victorian Women's Gas Association will meet on Tuesday, August 25 at 1.30pm in the Committee Room, Caulfield City Hall. There will be a demonstration of scarves and accessories by *Drawn to Shop*. New members welcome. Annual subscription \$2. For further information, contact Mrs Murdoch, on 557 2254.

The New Ormond Auxiliary will meet on Monday, August 24 at 10.30am in the Uniting Church Hall, cnr North and Booran Rds, Ormond. New members most welcome. For enquiries, phone Evelone Moir, on 578 1721. Neighbourhood Watch Area C29 will meet on Wednesday, August 12 at 7.30pm at the Duncan MacKinnon Reserve Hall, cne North and Murrumbeena Rds, Murrumbeena..

Caulfield Citizens' Advice Bu-

reau will hold its Annual General Meeting on Wednesday, August 26 at 8pm in the Council Reception Room, City Hall. It is a public meeting and interested citizens are cordially invited to attend. The guest speaker will be Mary Bartlett, from the Inner South Dispute Settlement Centre. There will be a report from the management committee on the year's work, an election for members of the committee and voting on proposed amendments to the constitution.

Caulfield Children and Family Services Network will meet on Wednesday, August 12 at 8pm at the Caulfield City Hall Maternal and Child Health Centre, rear of City Hall. All residents and people working in Caulfield who are interested in issues which affect children and families are welcome to attend. For further details, phone 524 3311.

Neighbourhood Watch Area C7, (bounded by Orrong Rd, Glen Eira Rd, Kooyong Rd and Inkerman St), meet on the first Monday of each month at 7.30pm in the Shelford Girl's School Library, Hood Cres, Caulfield North. The next meetings will be held on August 3 and September 7, 1992. All welcome. Guest speaker for August meeting will be Les Lane, General Insurance and Risks.

Oakdale Angling Club, a family

club will hold its next meetings on August 5 and 19 at 8pm , Murrumbeena Reserve, Kangaroo Rd, Murrumbeena. Interested anglers of all ages can contact Ken Anderson, on ph: 889 4096 for further details.

PERSONAL RELATIONSHIPS

Marriage Encounter - Get together for a private weekend on August 28-30. This is a chance to enrich your marriage, rediscover your love and strengthen it. It is for all marriages, young and old, Catholic or mixed. Venue - Campion College, 99 Studley Park Rd, Kew. For further information, please phone 798 4392, or 579 3815. tails, contact Mavis, on 579 T 2174.

The Y Club meets every Tuesday at B'nai B'rith House, 99 Hotham St, East St Kilda at 12.45pm. Ladies and non members welcome. Lunch and guest speaker \$12. For further information, call Gershon, on 528 2023. Spouses most welcome.

Timeout, will meet in the balcony room, City Hall, on Tuesday, August 18, from 7.30-8.30pm. Give yourself a break. Experience the benefits of meditation through guided commentaries and group discussion. For further details, phone 528 4995.

Focus Beyond 50 exhibition will be held at Caulfield City Hall, on August 19 and 20, 1992. Everything you need to know about making the most of your later years. All welcome. Tea and coffee are plentiful and admission is free. For further details, contact Suzanne Evers, on 866 3686.

Early Planning for Retirement Group Inc. will hold the following activities in August:

August 10 - Photography Group - will meet at 8pm, 1 St Georges Rd, Elsternwick. Subject - *Holiday Slides*. Supper will be served. Visitors welcome. For enquiries, phone 571 3687.

August 11 - Walking Group will depart 9.30am Caulfield City Hall. Walk will be in Lilydale Lake area. Bring your lunch. Visitors welcome. For enquiries, phone 528 5376.

August 20 - Interest Meeting will meet 7.30pm Gladys Machin Hall, Cedar St, Caulfield. August 26 - Travel Group - will meet 7.45pm Gladys Machin Hall, Cedar St, Caulfield. Betty Huston will show slides of Bill Peach's Asian Archipelago. Supper will be served. Visitors welcome. For enquiries, phone 571 3687.

RELIGION

Holy Cross Church, Glen Huntly Rd, Caulfield South hold regular gatherings for people interested in Catholic religion. For further details, contact Shirley, on 523 8445.

TOURS

Friendly Tours for Over 50's will run their next tour on Sunday, August 2 at the Campbellfield Market. Interested people should phone Rose, on 527 5982 for all the details.

University of the Third Age runs bus trips for senior citizens. For details, please phone 532 8462.

SPORT

Elsternwick Croquet Club would gladly welcome new members of all ages to learn croquet at their Club. Croquet is played outdoors and coaching is available for beginners. Opening day for the new season is Wednesday, August 12 at 12 noon. For further information, please call 523 8593 or 569 6687.

VOLUNTEERS

Caulfield Community Toy Library urgently needs a volunteer to coordinate its Mobile Toy Library. The Mobile Toy Library will operate from the Murrumbeena Infant Welfare Centre on a fortnightly basis. It provides a mobile toy library service for families with babies and toddlers who are unable to visit the main library. This service was very popular in 1991, but the Toy Library has been unable to continue this service in 1992 without a coordinator. Anyone who may be able to assist should contact Dana, on 523 8691, or Rhonda, on 571 9681 for further information.

Southern Citizen Advocacy needs volunteers. Your ability to handle everday matters would assist an adult with a disability to participate in community life. Short orientation programs begin soon. For further information, contact Southern Citizen Advocacy, on 576 0155.

FOR INFORMATION ABOUT SPORTING CLUBS, JP'S, OR HALLS FOR HIRE, REFER TO YOUR *COMMUNITY RESOURCE GUIDE.* Call 524-3259, AND WE'LL SEND YOU ONE! The editor reserves the



River of Life World Evangelisation will hold a musical on Page 12 - Caulfield Contact, August, 1992

Senior Ladies Friendship Group will meet on Thursday, September 10, between 10am-12 noon in the Grange Room, 99 Grange Rd, Glen Huntly. Programs are varied and include guest speakers, demonstrations, slides and outings etc. Cost 50c. For enquiries, contact Mavis, on 579 2174.

RECREATION

Senior Ladies Friendship Group are a group of happy friendly ladies who meet fortnightly on Thursdays from 10am-12 noon. Programs are varied and include guest speakers, demonstrations, slides, outings etc. Cost 50c. For further deright to exclude articles for publication.

CAULFIELD CONTACT IS COMPILED FOR THE RESIDENTS OF THE CITY OF CAULFIELD. THE PAPER ENCOURAGES THE PUBLIC TO SUBMIT ARTICLES, BUT THEIR INCLUSION DEPENDS ON THE SPACE AVAILABLE IN EACH ISSUE. PLEASE SEND ARTICLES AND PHOTOS TO:

CAULFIELD CONTACT

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