



Mayor, "housing standards threatened"

CAULFIELD Mayor, Cr Ed Biggs has claimed that the proposed VIC CODE Multi-dwelling policy would severely affect the amenity of Caulfield.

Cr Biggs was commenting on a report that the State Government would introduce uniform planning controls across the Melbourne metropolitan area with a view to containing the urban sprawl.

He said that Caulfield Council, had, for many years, supported the principle of better use of developed areas and over 45% of Caulfield's 33,000 dwellings were now medium density housing. This has occurred through Council's initiative in introducing a planning policy which encouraged developers while retaining a residential amenity.

"Unfortunately, our lead has not been followed by some other councils which have unreasonably frustrated the State and Federal Government's urban containment policies. We, therefore, understand the State Government's position, but we are disillusioned that we are all to be tarred with the same brush after our concerted efforts to adopt a responsible approach," said Cr Biggs.

As part of its overall philosophy, in 1990, Caulfield introduced multi-residential design awards which have encouraged quality developments. The 1992 award which went to 42 Royal Avenue was a prime example of achieving multi-residential principles while enhancing the streetscape. This development has provided four double storey dwellings in a most attractive setting, replacing a single detached house. Cr Biggs said if VIC CODE became mandatory, there would be no point in developers following this example.

Cr Biggs said that his main concern was that VIC CODE proposes only 25 square metres open space per dwelling compared with Council's current policy of 60 square metres. Caulfield's policy similarly requires greater set backs, more car parking and less building

bulk, all of which combine to encourage quality development.

"It would be a smack in the face for Caulfield to have these new requirements mandatorily placed upon it when our own

policy had, in a harmonious manner, already resulted in a significant number of multi-residential dwellings.

Caulfield Council, along with other metropolitan councils, has

strongly opposed certain aspects of VIC CODE before a recent panel hearing set up to hear submissions, it will now pursue a deputation to the Minister for Planning and Development, Robert McLellan to stress Caulfield's special circumstances including its past track record.

Three Blind Mice

CAULFIELD Youth Services, in conjunction with Swinburne College of Performing Arts, Community Services Victoria (now Health and Community Services), Swinburne University and the Victoria Police, presents *Three Blind Mice*.

Three Blind Mice is a production concerning the sensitive issue of child abuse. This play tells the story of three children's lives from primary school age through to adulthood, showing how child abuse affects children throughout their lives.

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The play will be held on Monday, May 17, 7pm in the Theatre, Caulfield City Hall.

For further information, contact Trevor Chappell, youth project officer, on 524 3321.

Harry arrives in style



CAULFIELD resident and vintage cyclist, Harry Clarke made a grand entry to the Caulfield Senior Citizens Week celebrations recently. Harry, president of the Vintage Cycle Club of Victoria has been riding vintage bikes for 12 years. Recently he won the Veteran Division of the National Championships in Evandale, Tasmania from 60 riders from all over the world. He has won the South Australian Veteran Division race and has ridden from Melbourne to Sydney passing over the Blue Mountains.



Above: Caulfield Mayor, Cr Ed Biggs (right) and manager planning, Jeff Akehurst at the award winning development, 42 Royal Ave, Glen Huntly - a thing of the past?

Yamada JUDO

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COUNCIL MEETINGS

MEETING DATES FOR 1993

CAULFIELD Council has appointed three special committees comprising all of the members of the Council.

The elected chairmen for these committees are as follows:

Town Planning - Cr Alan Grossbard	Finance - Cr James Barrett
Policy & Environment - Cr Veronika Martens	

1993

Apr 20 6pm Finance
8pm Council

May 4 8pm Town Planning
11 8pm Policy & Environment
18 6pm Finance
8pm Council

CAULFIELD COUNCILLORS

NORTH WARD

Cr Nicholas Gold
(Deputy Mayor)
2/272 Hawthorn Rd
Caulfield 3162
Tel: 523 0253

Cr David Michelson
P O Box 4
Elsternwick 3185
Tel: 523 0253

Cr Sandy Anderson
398 Glen Eira Rd
Caulfield 3162
Tel: 528 1727 (P)

SOUTH WARD

Cr James Barrett
1 Albert Rd
Carnegie 3163
Tel: 578 0680

Cr Tony Browne
3 Gisborne St
Elsternwick 3185
Tel: 528 3525

EAST WARD

Cr Ed Biggs
(Mayor)
40 Rosanna St
Carnegie 3163
Tel: 569 9386

Cr David Spencer
28 Margaret St
Carnegie 3163
Tel: 568 5073 (P)

Cr Veronika Martens
13 Margaretta Ave
Murrumbeena 3163
Tel: 579 0297

WEST WARD

Cr Robert Kirby
50 Riddell Pde
Elsternwick 3185
Tel: 523 9993

Cr Alan Grossbard
19 Keeron St
Caulfield South 3162
Tel: 523 7209

Cr Noel Erlich
4 Pretoria St
Caulfield 3162
Tel: 523 7365

Are you guilty of noise pollution?

NOISE pollution effects us almost all of the time. It causes disturbance to our relaxation and sleep and if allowed to continue, can cause severe mental stress.

Caulfield Council has adopted a local law to control noise levels within the municipality. It reads as follows: *No person shall, on a road, Council land or public place within the municipality, cause or permit any noise which is an annoyance or nuisance to any other person upon or near such place without a permit; and The owner and occupier of any property shall take all necessary steps to prevent any objectionable animal noise or sound to be emitted from the property at unreasonable times, that may adversely affect the comfort, convenience or privacy of any other person residing in the locality, whether caused or permitted by any conscious or unconscious act, omission or default, or by other means or method whatsoever* If you experience noise from neighbouring properties, (whether it be barking dogs or other residential noise), the best approach is to talk to your neighbours about the problem and try to settle it. It is important to keep on friendly terms with your neighbours. You need to seek help from the authorities only if these talks have failed. It may be helpful to know what the law is when you are speaking with your neighbour.

Section 48A (5) of the Environment Protection Act makes it an offence to create noise from certain items of equipment during prescribed prohibited hours if the noise is audible in a habitable room of a neighbour's home. The EPA (Residential Noise) Regulations 1987, specify the items of equipment and the prohibited hours. It should be noted that equipment used outside the prohibited hours may give rise to unreasonable noise depending on the circumstances of its use.

The EPA is not able to take direct action on residential noise problems but may provide help and advice. Police can direct action to be taken to abate unreasonable noise, such as noisy parties. The direction remains in force for 12 hours. Failure to comply with a direction is an offence. If your noise problem cannot be resolved, you may take legal action yourself under the Act. However, you should consult your solicitor if you are contemplating this course of action.

Engineering update

Local Area Traffic Management

CAULFIELD Council recently appointed a contractor for the implementation of various mid-street and intersection treatments approved for Local Area Schemes 40 and 44.

Local Traffic Management Area 40 is bounded by Marara Rd, Booran Rd, North Rd and Bamba Rd, while Area 44 is bounded by Dalny Rd, Murrumbeena Cres, Kangaroo Rd and Poath Rd.

The initial part of these projects involves the construction of five raised pavement slow points, three roundabouts and three median islands, followed by improved delineation works for specific intersections.

Cost of the works is approximately \$70,500 and is due to be completed before the end of June 1993.

Such roadworks are expected to significantly improve the various aspects of traffic volumes, speed and safety record in these areas.

Bute St reconstruction

COUNCIL has engaged a contractor to reconstruct Bute Street Murrumbeena as part of its 1992/93 street reconstruction program.

The reconstruction works commenced on March 17, 1993 and are expected to be in progress for approximately 12 weeks.

The extent of these works will include improvements to underground drainage, new concrete kerb and channel, and in certain areas, the replacement of footpath and vehicular crossings.

Duncan MacKinnon Park - pavilion extensions

COUNCIL'S engineering department recently put out a tender for contract for extensions to the main pavilion at Duncan MacKinnon Park.

When completed the project will provide much needed additional space within the building by enclosing the existing open sundeck.

The extensions basically involve the installation of steel portal frames, roof sheeting, glazing and replicate the style of the existing second storey facilities. These works will coincide with the construction of the netball courts currently underway and are scheduled to be completed this month at

an approximate cost of \$110,000.

Garden waste collection

COUNCIL's current budget includes funds to implement a door to door collection of prunings from trees and shrubs. A contractor has recently been appointed for this task and it is envisaged that the collection will be conducted during April and May 1993 as a trial of the service and the results will be examined to determine resident interest and acceptance. The materials will need to be bundled and stacked on the naturestrip and they will be processed on site through a mulching machine and carted away. The mulch will be made available to residents if an advance request is made to the contractor. The garden waste collection is not intended to accept weeds, leaves or lawn cuttings and these will continue to require separate disposal or on site composting by residents. Other materials not suitable for chipping or mulching include climbers, ferns and palm branches, timber with nails or wire. The service is aimed at clearing clean tree wastes that can be processed through the chipper.

Quantities should be limited to what can be stacked safely on the naturestrip and not obstruct road or footway users. Residents will be given a notice in advance of the garden waste collection to outline the timing and conditions applicable to the new service.

Tram & bus shelter upgrade

IN 1992, Caulfield Council reached an agreement with the Public Transport Corporation and a private company, Australian Posters, for an upgrading of many of the aged tram and bus shelters throughout the City. In exchange for an advertising panel built into the shelter, approximately 25 new shelters are to be installed to replace those existing and will be constructed of toughened glass panels in an attractive modern design. The advertising element will also fund a regular cleaning and maintenance program. Some six new shelters are presently under construction with others to follow in a staged program.

**The deadline for the
May 17 issue is April 23**



CITY HALL PHONE NUMBERS

Arts Complex	524 3287
Rates office	524 3215
Human Services	524 3228
Traffic & Local Law	524 3216
Engineering	524 3240
Town Planning	524 3374
Traffic Engineering	524 3324
Building	524 3201
Community Relations	524 3259



New Murrumbeena playground a hit!

HUNDREDS of excited children tried out the new play equipment at the opening of the Murrumbeena Park Playground recently.

The playground, officially opened by Caulfield Mayor, Cr Ed Biggs in mid-March has a 'Bushrangers hideaway' theme

for older children and a lookout station, guardhouse and three spring ponies catering for younger children.

The playground also features a variety of slides, bridges, climbing equipment, cubbie houses and swings.

Caulfield Council will be im-

proving safety and access in all playgrounds within the municipality, making a start with Boyd

Park. As this park runs along the railway line, a railway theme will be featured, beginning with

the implementation of a train and two spring sheep.

Right and below: Local children enjoy the new play equipment at the Murrumbeena Park Playground.



Caulfield's heritage update

THE inaugural meeting of the Steering Committee for the City of Caulfield Heritage Management Plan was held recently.

In attendance were Cr Grossbard and Cr Spencer, representatives from Caulfield Heritage Watch, Caulfield Resident's Association, Council's consultant historic architect

and Council officers.

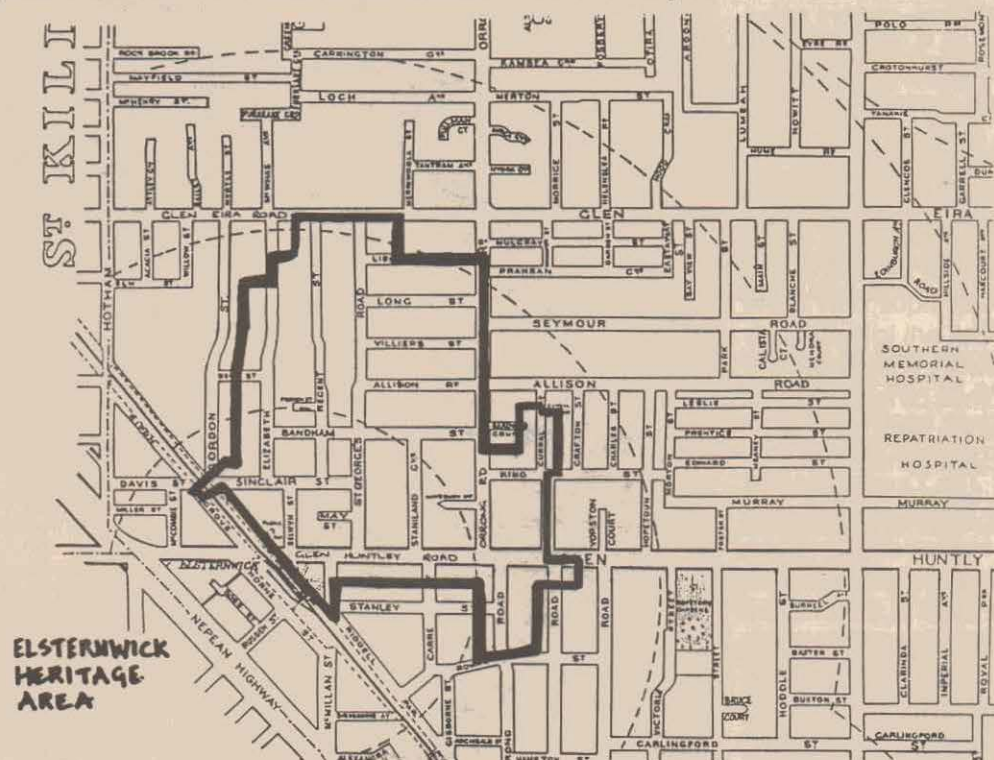
Many ideas were discussed and it was decided to prepare an information package for residents of the Elsternwick Residential area which previously showed the greatest response to the questionnaire circulated by Council.

The Steering Committee is

also interested in widening its membership especially to a number of interested residents from the Elsternwick area. Council officers would be pleased to hear from anyone who would like to join the Committee.

All enquiries should be directed to contact Vicki Newnham or Jeff Akehurst on 524 3337.

Below: Wanted interested residents who wish to be involved with the formation of a Heritage Management Plan for the Elsternwick Residential area. Do you live in this area?



Ensure your property is numbered correctly

RESIDENTS are asked to ensure that their properties are clearly and correctly numbered.

There are many services that depend on proper identification of houses, flats and shops, from Australia Post to the police, ambulance and fire brigade.

The Local Government Act places the responsibility for the property numbering system with local councils.

This means Caulfield Council allocates all initial numbers and looks after renumbering which can occur after

redevelopment.

Property owners can be fined up to \$1000 if they don't number their premises correctly. Numbers need to be able to be easily read from a vehicle in the street.

Caulfield Council has also the power to affix a number and recover the cost from the owner.

However, this can be avoided if ratepayers and residents ensure their properties are correctly numbered.

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Have you recently moved to Caulfield?

If so, contact the Council's Community Relations department on 524 3259 for a copy of our

New Resident Kit

which includes the 1993 Resource Guide.



Caulfield Community Bus Service

needs volunteers to assist passengers.

A small amount of your time enables many older, isolated people to enjoy an outing or shopping trip.

If you can help, please contact Kim Fisher, Mondays or Wednesdays, on 524 3314.



Lionsexchange program



Above: Carnegie Lion, Bob Sigmont with (from l-r) Jane Kavenagh and Eleanor Richards, 1992/93 exchange students.

THE Lions Club of Carnegie is seeking local youths to represent Caulfield and Australia in different countries during the forthcoming December/January school holidays.

It is a great opportunity for local youths to experience life in a different country, to share in the family life and community life of a different culture and to increase knowledge and international understanding.

Those travelling will need to pay the costs of travel to their country of choice, but Lions will arrange free accommodation with Lion approved families in that country.

Applicants must be at least 16 years of age and less than 22 years at the date of departure (early December).

They should have at least average academic ability to be able to speak to small groups overseas to tell them a little about their local community in Australia.

The programs available through the Lions Youth Exchange include: USA, Canada, Japan, Great Britain, Germany, The Netherlands, Austria, Switzerland, Brazil, Italy, Greece, France, Belgium, Hungary, Denmark, Sweden, Finland, Norway, Indonesia, Malaysia, South Africa and New Zealand. Most programs are of five to six weeks duration.

Lions Youth Exchange is not

only open to school students but also to youths who have already entered the workforce.

Children of Lions members can be selected but they will not be given special consideration over youths from non-Lions families.

Youth Exchange is much different from being a normal tourist staying in hotels. The youths actually live in their host's homes becoming part of that family and in this way, learn so much more about the country and its way of life.

The Lions Club can sponsor more than one youth but they will be selected on their merits.

Costs of the various programs can be obtained by contacting Bob Sigmont on telephone 571 4634 (b/h). Remember that costs quoted will not be just air fares, but will include all air travel departing from Melbourne, insurance and administration, internal Lions group travel in destination country, a travel bag and wallet, name badge, visas where required, Australian departure tax and stopovers where applicable in Honolulu, Los Angeles, Singapore, Tokyo, Melbourne and Sydney etc.

Applications must be submitted in writing with references to: The Secretary, Lions Club of Carnegie, P O Box 192, Carnegie, 3163, before May 16, 1993.

Kilvington's gala celebrations

CELEBRATIONS marking the 70th anniversary of Kilvington Girls' Grammar School were highlighted with a Gala Day Festival held in the school grounds recently.

Visitors to the Festival were treated to a classical music concert, one facet of the school's extra-curricular life for which it is especially renowned. Some enjoyed a trip down memory lane in viewing the archive display and others were astounded

by the science and technology displays.

Whether watching the opening ceremony or joining the school tour, all who attended enjoyed the day of festivities.

Right: Pamela Kallianiotis demonstrates her artistic ability at the community festival held to celebrate Kilvington's 70th anniversary.

Below: From (l-r) Kilvington Girls' Grammar School council president, Harry Neale, school founder, Constance Jennings and principal, Warren Stone celebrate the School's 70th anniversary.



Caulfield's newest endangered visitor

MURRUMBEENA Wildlife Shelter's Judy Mentiplay is currently nursing an injured Northern Quoll.

Found in a woodpile in a Mulgrave backyard, the injured Quoll was passed onto the RSPCA, then to Judy to be nursed back to health.

The Quoll, who Judy insists must have been a pet is suffering from extreme injuries to her tail, which has now had to be amputated.

"My priority with all animals that come to me is to nurse them back to health and to return them to their natural environment. The Quoll, however, once fully recovered will either go to the Healesville Sanctuary or, because she has been a pet and is not used to the wild, she may become part of a captive breeding program," said Judy.

Judy has eight years experience in nursing wildlife. When she comes across a rare find as she has with the Quoll, she consults her text books to find out



exactly what the animal is and where it came from. It so hap-

pens that there are four types of Quolls, but the difference between them all is the number of toes they have. This Northern Quoll is only found in Northern Australia.

For further information or help with wildlife, Judy can be contacted at her Murrumbena Wildlife Shelter on 563 7715.

Above: Caulfield's latest endangered visitor, *The Northern Quoll*.

Caulfield U3A

**will run its next bus tour on
Wednesday, May 5.**

This tour will be to the Geelong Wool Museum. BYO lunch to eat in the Geelong Botanical Gardens, followed by a drive to Ocean Beach or the You Yangs (weather permitting). Departs 9.30am, returns 4.30pm. Cost \$16 members, \$18 non-members.

For bookings and further information, contact U3A, Monday-Thursday, 10am-3pm, on 532 8462. **Remember - you don't have to be a U3A member to join in!**



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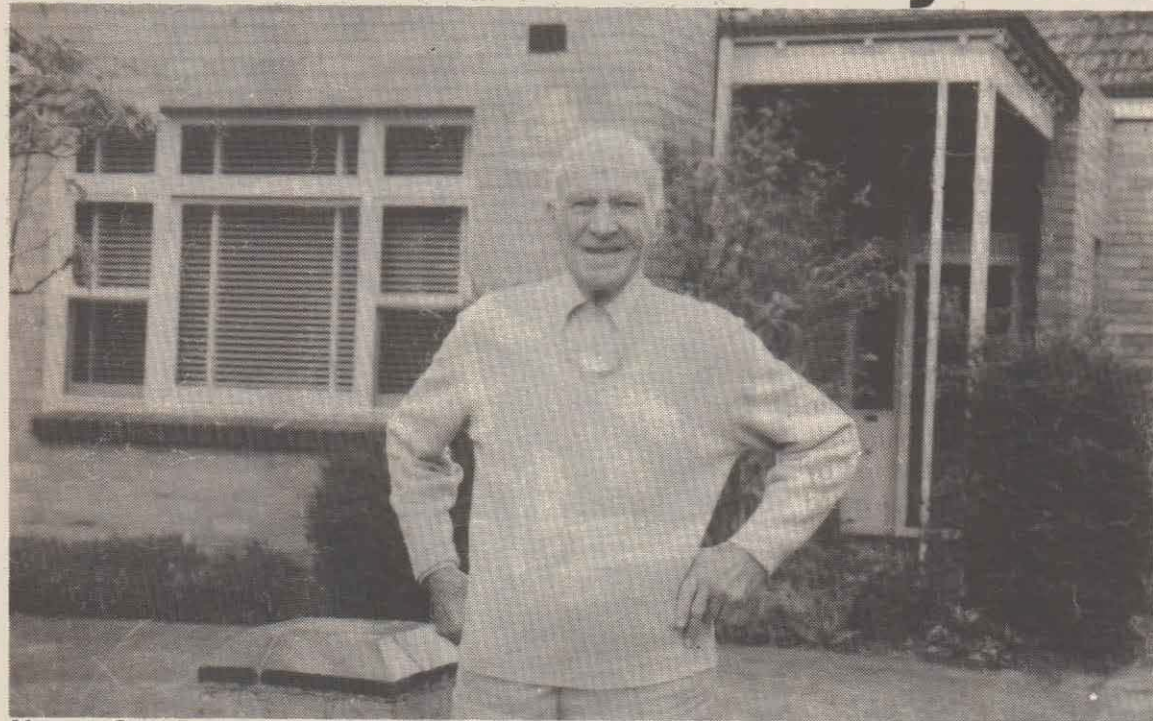
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Sam celebrates 90 years



Above: Sam Burgess.

CAULFIELD resident Norman Cecil Burgess, alias 'Sam' celebrated his 90th birthday on February 25 at the Glen Iris home of his son's family where 65 people gathered. He had known some of these people and their families in South Australia for 83 years.

On arriving to interview Sam, the journalist found him busily hammering in stakes along his fenceline to keep a neighbouring rabbit from hoeing into his tomato plants.

Sam Burgess, born in Adelaide in 1903 has enjoyed a very interesting and exciting life full of travel and adventure. He is also of Caulfield Early Planning for Retirement Group's oldest members.

Retiring 25 years ago, Sam and his wife travelled to 60 countries throughout the World. The many slides from their travels have provided hours of enjoyment to the members of the Early Planning for Retirement Group at their monthly travel meetings.

"The Early Planning for Retirement Group attracts people approaching retirement to become involved in activities such as day trips, interest groups, travel

groups, dining out and film nights," Sam said.

"Being involved in this Group is a great way of keeping fit both mentally and physically," he added.

"A quote I firmly believe in is; The body thrives on exercise and decays on rest."

Sam calls himself a fitness and health maniac. He grows his own fruit and some vegetables and cooks himself meat with six different vegetables every night.

In winter, he heads north to Queensland for the warmer weather and spends his time bowling, surfing, playing golf and inventing magic squares (one of his favorite hobbies).

Sam studied electrical engineering at Adelaide University, graduating at the tender age of 19 with a first class free return passage to England. He spent three years in England gaining electrical engineering experience at Metrovick, Manchester.

In his working life he was General Manufacturing Manager of five large electrical factories in the four eastern states of Australia. During his business career, he was closely involved with the Electrical Manufacturers Association of Victoria

as president of that body for three years. Later he was president of the Federal Body of Electrical, Radio and Telephone Manufacturers of Australia, a member of the Council of the Victorian Chamber of Manufacturers, Vice-President of the Rotary Club of Melbourne, a member of the Victorian Apprenticeship Commission, active in the Institution of Engineers Australia and president of the Elsternwick Park Bowling Club.

He was the recipient of a Coronation Medal and Citation from the Queen for services to the Australian Electrical Manufacturing Industry in 1953. In 1987, when in Russia, Sam was presented with a military medal for services in the manufacture of Bren Gun equipment during the Second World War.

Among his friends from Adelaide University days are Sir Mark Oliphant the famous scientist who supervised the development of the Atomic Bomb in 1945 and Sir Howard Florey who discovered penicillin.

Sam has lived in Caulfield for 50 years, during which time his two sons were educated at Caulfield Grammar School.

Temper tantrums

Children and family services column

ALTHOUGH temper tantrums may cause anxiety and concern to parents, they are usually only one aspect of normal emotional development of young children.

A child's behaviour must be seen as part of the total picture of growth and development.

Emotional development is gradual. During the first weeks and months of life, a child derives a feeling of security when physical needs are satisfied and in time, this grows into an emotional relationship with the parents.

For an early sense of identity to develop, a child needs to establish a trusting relationship with one main caregiver. As a child gets older, conflicts arise when he/she becomes more independent. There is a need to achieve a balance between a child's increasing desire for independence and the parents's concern for the child.

At twelve months of age, a child can explore the immediate surroundings, requiring constant supervision. Some restrictions have to be imposed, for example, not to go near the fire or heater for fear of burning, not to play with powerpoints etc.

A toddler needs to explore, and the growing control of his

body may come into conflict with parents' restrictions, causing feelings of frustration in the child. This may be expressed in minor behaviour upsets in breath holding attacks or in temper tantrums. As the child has little language ability, these are the only ways a toddler can communicate how frustrated he/she feels.

Management

Limits can be set until a child is able to control its own behaviour. Try to set sensible limits on behaviour and stick to them or else a child will become confused. Try to get agreement from other family members (particularly grandparents) as to what a child is not allowed to do.

Deal with temper tantrums in a firm, loving way. They often respond to simply being ignored or a child may be distracted (not bribed) into other activities.

Temper tantrums are a normal stage in development in the second year and disappear as a child gets older. They are a healthy indication of a child's growing sense of identity and developing independence.

Discuss ongoing temper tantrums with your maternal and child health nurse or doctor.

Principal retires after 20 years

AFTER 20 years as Principal of Kilvington Baptist Girls' Grammar School, Warren Stone is set to retire, leaving behind him an educational and spiritual legacy that has helped shape the lives of a generation of young women.

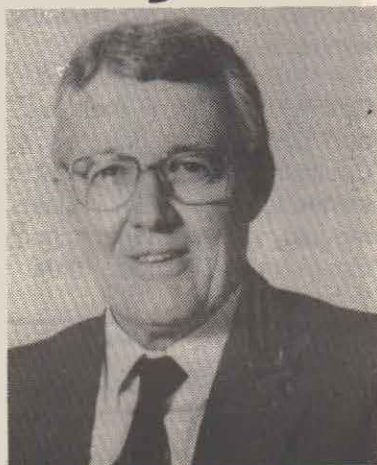
Under his guidance, Kilvington has taken up the challenge of preparing young women for today's competitive job market, including such subjects as technology, economics, accounting, business management and Japanese, as part of the curriculum.

During his 20 year term with Kilvington, Mr Stone has seen

many changes to the educational system in Victoria.

"Education has become broader in its range of subjects. There is more emphasis on Asian studies and languages, and Kilvington has many students from these Aseanic countries," he said.

Kilvington School, a day school for girls from preparatory to year 12 was founded in 1923 and is located in Ormond. As well as its strong academic standing, the school has also developed and enviable reputation in music, musical theatre, debating and public speaking. It has an optimum size of around



Above: Warren Stone, principal Kilvington Girls' School.

600 students and a teaching staff of almost 60.

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Watch out!

How not to get burgled - don't make it easy!

LAZY or careless householders who make things too easy for burglars are one of the major factors that lead to an increase in burglary figures.

Despite the availability of increasingly effective security systems, many householders still fail to take the most basic precautions by ensuring their homes are securely locked before they go out.

Apathy like this is a contributing factor in the continuing increase in insurance premiums, with the cost being borne by all insurance policy holders, not just the careless ones.

No house can be rendered totally burglar-proof, although the more precautions taken, the less attractive a proposition the house is to unwanted visitors.

While it is known that the more affluent and inner suburbs are most vulnerable, all areas are susceptible to burglaries.

Police statistics show that over half the burglaries committed are due to homeowners leaving doors or windows unlocked and a disturbing trend in some areas is an increase in the number of burglaries taking place while the owner is at home. Entry is usually gained through an unlocked front window or door, while occupants are in the back garden or elsewhere.

Many secure locking devices are available for home installation by a handyman or can be installed by a reputable locksmith, but too often these are useless simply because of an oversight by the homeowner in failing to activate them before leaving the premises.

● **REMEMBER**, no matter if your home is empty for 10 minutes or 10 weeks, adequate security measures should always be exercised.

Neighbourhood Watch day meeting

THE Caulfield Sub-district group of Neighbourhood Watch areas is holding its second daytime meeting on Tuesday, May 4, 10am-12.30pm at the St Anthony's Catholic Church Hall, cnr Neeim and Grange Rds, Glen Huntly.

These meetings give residents who are unable to attend the more usual evening meetings to come along and find out more about how you can participate in lowering the crime rate.

Key speaker, Senior Constable Robyn Woodward from the 'C' District Neighbourhood Watch Headquarters team has

had many years experience with the Community Policing Squad and will talk on the subject *Taking care but enjoying life*. Other speakers will include representatives from a local police station and CIB, a member of the newly formed Police Bicycle Squad, a member of the Metropolitan Fire Brigade, a manufacturer of security lighting and Caulfield Mayor, Cr Ed Biggs who will talk about special services for the elderly available from the Council.

For bookings contact your local Neighbourhood Watch area coordinator, or phone Nola Baker on 523 9861.

You and your pets column Teeth care for cats and dogs

HAVE you opened the mouth of your cat or dog lately and checked the state of its teeth? With the soft diets dogs and cats often have, you may be surprised at what happens to their teeth.

At the Caulfield Veterinary Clinic, 80% of animals older than two years that don't chew bones regularly, will have a build up of calculus (bacterial plaque, food, saliva) especially on the outer surfaces of the back teeth. When this builds up, it irritates the gums causing inflammation and infection,

eventually resulting in periodontal disease and bad breath.

The infection from the teeth can spread throughout the body resulting in ill health and even kidney disease.

Lift the lip of your dog or cat and have a look and see if you spot any sore gums, infected teeth or experience a terrible smell. If so, take your pet along for a dental checkup at your local veterinary clinic.

● **INFORMATION IN THIS ARTICLE SUPPLIED BY CAULFIELD VETERINARY CLINIC.**

Meals on wheels volunteers needed

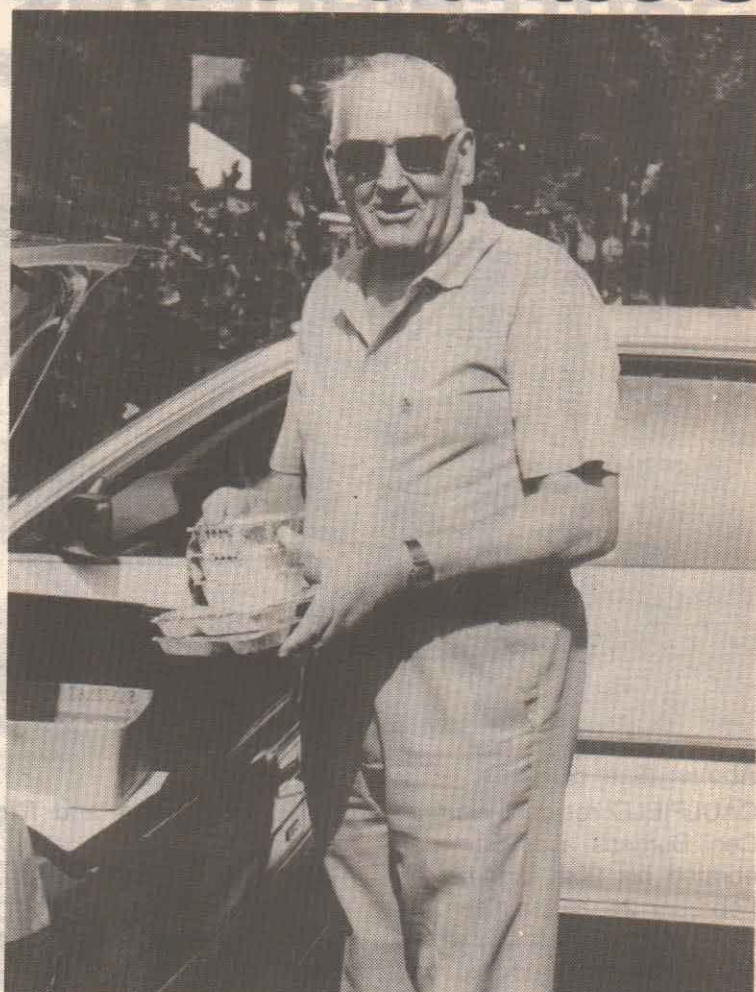
TO assist people remain in their own homes in the community, Caulfield Council provides and delivers meals daily.

Council's Meals-on-Wheels service delivers approximately 350 meals a day to a varied but primarily older group of people. It is a service which can help people remain in their homes and assist during a difficult time after an operation or injury.

The meals are delivered by volunteers and the service would be unable to operate without their invaluable assistance. Meals are also provided on week days to a number of drop-in dining centres in the community where residents may get together to have a meal.

As with any volunteer group, more volunteers are always needed and new faces always welcome.

If you can help assist with this essential and rewarding service, please contact Michael on 524 3303 or 524 3301.



Above: Meals on Wheels volunteer of 11 years, Harry Hawker.

Golden day for Caulfield couple



Above: Jim and Marjorie Sneddon recently celebrated their golden wedding anniversary.

WELL known Caulfield residents Jim and Marjorie Sneddon celebrated their golden wedding anniversary on March 20.

Jim and Marjorie have lived in Caulfield almost all their lives and both were educated at Caulfield schools. Marjorie, who started school in 1925 still meets regularly with five of her school friends from Caulfield Primary School.

Asked what was the key to their long and happy marriage they replied, "The success of married life is giving and taking and just being good mates."

Since retiring Jim and Marjorie have travelled around Australia and New Zealand. Marjorie enjoys her voluntary work with Meals on Wheels, the Helmsmen Kiosk at Caulfield General Medical Centre, Royal

Childrens' Hospital Caulfield Auxiliary, Caulfield City Choir and the Voluntary Workers' Shop. Jim, who has been actively involved with Scouts for 65 years is currently the Assistant District Commissioner for Caulfield. He was leader of the Second Caulfield Scouts for 50 years. Marjorie and Jim have three married sons and six grandchildren.



Old photographs of Caulfield are still being sought by the Town Planning department. These can be copied if the owner wishes to keep the original.

Of interest are pictures of streetscapes, houses, gardens etc. If you have old photographs to share with the Town Planning department, please contact Jeff Akehurst on 524 3211.

Two of Caulfield's fine mansion homes

SPECIAL FEATURE

CAULFIELD, the city of wide tree-lined streets, private homes in garden settings and places of worship has been, for most of its history, a pleasant and prestigious place to live.

The fine mansion homes built in the 1870s and 1880s on 10-30 acre estates gave Caulfield a distinctive character and style, dominating the district with their grace, beauty and aura of stately, solid tradition.

Many were designed by leading architects and were surrounded by landscaped gardens and small scale farms. No mansion home was complete without one or more custom-built or imported carriage and teams of thoroughbred horses maintained in coach-houses and stables on the estate.

Caulfield's most impressive mansions homes were the town addresses of some of Victoria's leading pastoralists and the country estates of some of Victoria's most prominent and wealthy citizens. Of those which were striking there are three major categories - those which have become the property of the National Trust, those which have been classified for preservation by the National Trust and those which have been demolished.

Two surviving Caulfield mansion homes which are property of the National Trust are Rippon Lea and Labassa.

RIPPON LEA was built in 1868 by Sir Frederick Thomas Sargood who came to Melbourne from London in 1850 at the age of 15.

Like many Caulfield mansions, Rippon Lea grew from a

Above: Labassa.

substantial home of 15 rooms to a mansion estate containing 33 rooms and 43 acres of conservatories, orchards, gardens, an aviary, croquet lawn, archery house and range, stock paddocks, stables and a two and a half acre ornamental lake.

The majestic mansion reflects Italianate style, popular during the 1870s period of house building and extending.

Rippon Lea was noted for its lavish hospitality. Sargood was a very wealthy man who engaged professional musicians to perform concerts in the ballroom.

The mansion was also one of the first Melbourne homes to have electricity and, as a result, an electrician was employed.

In 1903, Sir Frederick Sargood died while in New Zealand. The

house and grounds were sold for 20,000 pounds, though Sir Frederick's estate was probated at 750,000 pounds.

The then Premier and Treasurer of Victoria bought Rippon Lea and sub-divided and sold 35 building allotments at the southern end of the property. It is thought that he also planned to dispose of the entire property, but his death in 1909 placed the property on the market.

Purchased by Benjamin Nathan, Rippon Lea once again became a family home. Nathan had the home redecorated, modernised and a swimming pool and new ballroom were constructed. Following his death in 1935, Nathan's daughter, Mrs Louise Jones inherited the property and lived there until 1972. Prior to her death, however, Mrs Jones, resolved (in 1963) to give

the property to the National Trust, subject to her life tenancy.

LABASSA has survived as a boom era mansion, comparable in size and grandeur to Rippon Lea, but its surrounding estate was subdivided in 1905.

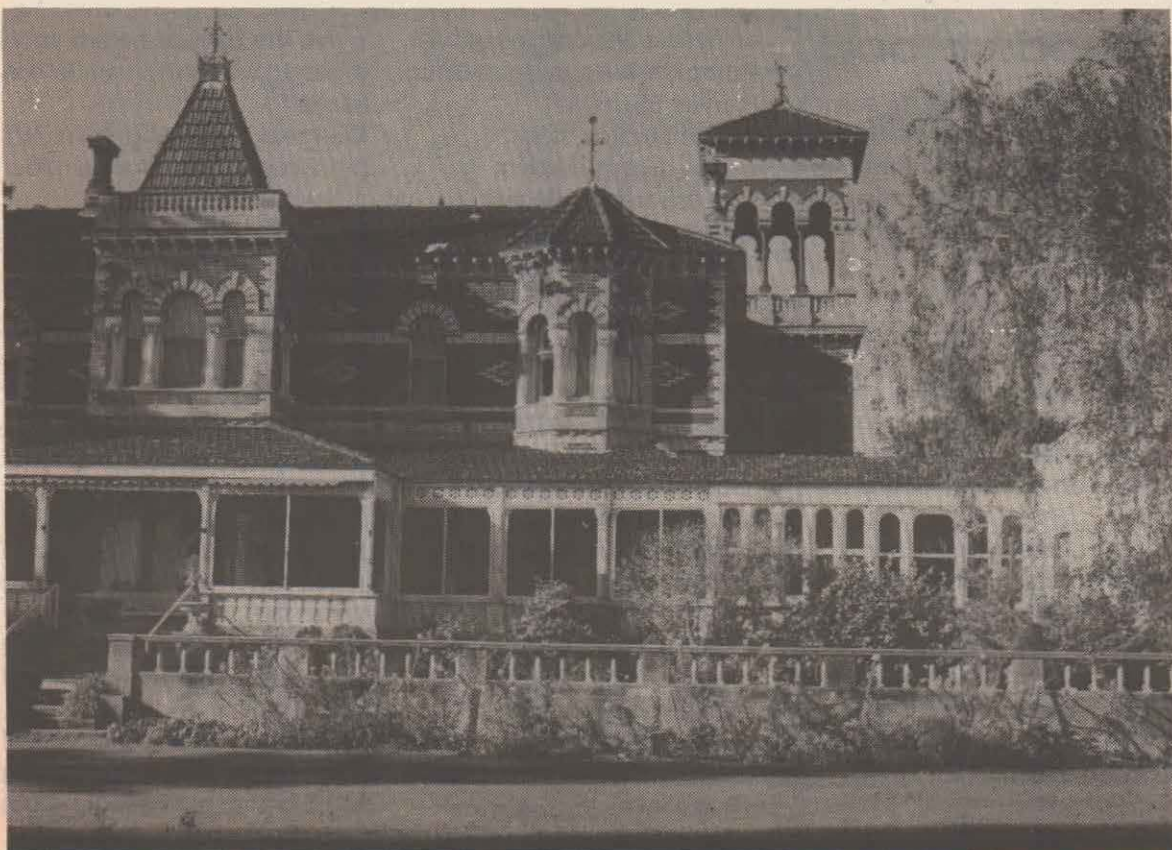
Labassa, as we see it today, reflects the work of architect, John Augustus Bernard Koch who incorporated French Renaissance style with Germanic and Hellenistic influences. He used the finest embossed wall papers, created a rare illusionist ceiling and incorporated Italian marbles, mahogany fireplaces and corinthian columns to create a lavish home for his employer, Cobb and Co. mil-

Above: An original storks from Labassa. As part of the restoration works at Labassa, Friends of Labassa group are looking to locate any of the missing storks or urns from the roof that still may be around. For further details, contact Felicitie Campbell on 523 9228.

lionaire, Alexander Robertson.

The first building on the site where Labassa now stands was an eight-roomed house, occupying 12 acres of land. In the 1920s, allotments containing stables, a pavilion, tennis courts and glass houses were let and eventually sold. New owners, Mr and Mrs R W Hannen were responsible for building the adjoining brick 'Ontario Flats'. Labassa was later divided and rented as private apartments. By the 1950s, Labassa fell into gross disrepair.

Thankfully, the National Trust bought the home in 1980 and is currently undertaking the massive restoration process to return the mansion to its original splendor.



Below: Rippon Lea.

Caulfield Evangelical Methodist Church

warmly invites YOU to our
WEEKLY SERVICES

Meeting in St. Giles Presbyterian Church
Corner Neerim and Bambra Roads Caulfield
Every Sunday at 9.30 am & 7 pm

Sunday School classes from Kindergarten to
Teenage are held in the small hall.
Scholars attend part of the 9.30 am church service
before classes.

We would encourage your attendance to hear
the Word of God

Pastors:
Rev. Donald Bell
Rev. Alex White

Enquiries: Church Secretary - Phone: 528-5287



"Your Word, O Lord, is eternal; it stands firm."
Psalm 119:89



Cardiac rehabilitation in Caulfield

MANY people are under the impression that once someone has had a heart attack they can no longer work or exercise and are at risk of having a second attack.

A program is required for these people to follow so they can return with confidence to their optimum lifestyle. That is the aim of the Cardiac Rehabilitation Unit at Caulfield General Medical Centre. The Unit provides a multidisciplinary rehabilitation program following a cardiac event.

Clients commence the program with a comprehensive medical assessment. This monitoring and treatment is ongoing for the duration of the four week program which requires attendance every morning. Progress is communicated to the client's referring doctor or hospital.

The exercise component of the program covers training where the heart rate and other general responses are monitored. Exercise tolerance electrocardiograph and ECG telemetry are utilised where indicated with exercises. Other activities include callisthenics, walking, cycling and work/activity training.

Simulated work activity using ambulatory ECG monitoring is used to assess the capacity of clients to return to work. The occupational therapist negotiates with the client and employer and performs work visits where necessary.

Lectures by nursing staff and other health care professionals aim to increase the client's understanding of heart disease, related risk factors and



Above: A heart attack patient's fitness capacity being monitored through exercise.

management of medication. A dietary assessment may result in advice and counselling on appropriate nutrition.

Management of the client's future lifestyle is addressed through a series of lectures presented by the social work team members. They cover issues such as understanding of coronary risk factors, introduction of basic relaxation techniques, spouse support groups and individual counselling.

Approximately 500 clients participate in the Unit's program each year.

The theme for this year's Heart Week, May 2-10, is *Women and Heart Disease*. The Unit will conduct a one day seminar for women on Wednesday, May 5 at Caulfield General Medical Centre.

Guest speakers from Jean Hailes Menopause Foundation and National Heart Foundation will address the audience on Menopause, the pill, hormone replacement therapy and heart disease, and dietary modifications necessary to reduce the risk of heart disease and osteoporosis.

What's in your morning cereal?

MANY of us read our breakfast cereal packet while munching through our morning bowl, but do we understand the information provided, and can we rate the nutritional value of our cereal?

We are told that our cereal is wholewheat, high in fibre, or high in complex carbohydrates. It may "keep us healthy on the inside" or "keep the energy in our day longer" and may be toasted or even have no added sugar.

How do you choose a nutritious breakfast cereal?

- They are best if made from a wholegrain cereal such as wheat, oats, rice, rye or any combination. These cereal grains should appear first on the list of ingredients.

- The nutrition information panel on all breakfast cereal packets provides the data we need to compare cereals. A high fibre cereal should have more than 10g dietary fibre per 100g cereal.

- Many breakfast cereals have

plenty of added sugar, mainly for taste. Look out for these hidden sugars on the ingredients list:

- brown sugar
- glucose syrup
- honey
- malt extract

A good choice would be one that has less than 10g sugars per 100g of cereal.

- Another way to rate our morning cereal is the amount of fat added. This could be to flavor, color or texture or to give a crunchy 'toasted' cereal. The fats used are usually vegetable or coconut oil, but do we really need the extra fat? A low fat cereal would contain less than 5g fat per 100g cereal.

Breakfast cereals do provide us with energy from the carbohydrate in the cereal grain. They also provide us with B vitamins and iron, so breakfast cereals make an important contribution to a healthy diet - choose wisely.

INFORMATION IN THIS ARTICLE SUPPLIED BY THE DIETITIANS, CAULFIELD COMMUNITY CARE CENTRE.

Low fat recipes

RESEARCH around the world has shown that what we eat plays a major role in the prevention of lifestyle-related diseases such as adult-onset diabetes. Eating more low fat foods and using less fat in cooking are two very important steps you can take toward staying healthy and living a happier and longer life. Making small changes to your favorite recipes will make a big difference to your health. Try these recipes and you will find that preparing healthy food is easy, enjoyable and delicious to eat.

Pumpkin & Asparagus Soup (serves 6)
3 cups chicken stock
3 cups diced pumpkin
1 tin asparagus pieces
1 medium chopped onion
1/2 cup low fat yoghurt
pepper & nutmeg to taste

Bring chicken stock to the boil and add vegetables including asparagus and the liquid. Add pepper to taste. Simmer for 20 minutes. Serve with a spoonful of yoghurt and a sprinkle of nutmeg.

Baked Fish with Vegetable Sauce (serves 6)
3 tomatoes, skinned and sliced
2 cloves garlic crushed
2 large onions sliced
1/2 tsp dried marjoram
1/2 cup dry sherry
2 tblsps chopped fresh parsley
6 fish fillets
1 bay leaf

1 green capsicum sliced
1/2 tsp dried sweet basil
black pepper to taste
lemon slices
Saute onions and garlic in two tablespoons of water for three minutes. Add the tomatoes, capsicum, bayleaf and herbs. Simmer for 10 minutes. Add sherry and simmer for another three minutes. Place the fish fillets in a casserole dish. Season with pepper and lemon juice. Pour the vegetable sauce over the fish and bake in a moderately hot oven for 30 minutes. Remove the bayleaf before serving and cover the dish with lemon slices.

Oatmeal Cookies (makes 12)
1-1/2 cups wholemeal plain flour
1 tsp baking powder
1/2 cup boiling water
1/2 cup unsweetened fruit juice (orange)
1 tsp vanilla essence
1/2 cup raisins
1 cup dates
1 tsp ground ginger
2 egg whites (61 gr)
1 cup rolled oats

Preheat oven to 400 F (200 C). Place dates, raisins and rolled oats in a bowl. Add boiling water, fruit juice and vanilla essence. Soak for 20 minutes. Sift all dry ingredients together. Add to fruit mixture. Add egg whites, beat well. Place tablespoons of mixture onto a non-stick baking tray, 5 cm apart. Bake for eight minutes.

Is your fridge the cause of sour milk?

HOW often do you go to the fridge to get some milk only to find that it has gone sour before the use-by date? While most people know the main cause for premature souring is that milk has been stored in a warm place - what they don't realise is that quite often, that 'warm place' is their fridge!

The amount of people who have 'warm' fridges is remarkably high. According to the Victorian Dairy Industry Authority, over two thirds of Victorians say their milk goes prematurely sour at least four times a year - and most of those are probably due to warm fridges.

The crucial temperature for milk is 4°C. If the fridge gets warmer than 4°C then milk won't last as long as it should. In an effort to lessen the occurrence of sour milk, the Victorian Dairy

Industry Authority is showing consumers how to keep milk pure and fresh by giving away 60,000 '4°C for freshness' fridge thermometers.

A free fridge thermometer is available to anyone who sends a Pure Fresh Milk logo, barcode or milk bottle top from any Victorian milk product, along with their name and address to: Free Thermometer, Victorian Dairy Industry Authority, Private Bag 13, South Melbourne 3205. Offer ends June 30 or until stocks run out.

More tips for Pure.Fresh.Milk

- Don't leave your milk in a warm car or out of the fridge while you're eating breakfast or cooking;

- Don't leave your thermometer in direct sunlight as this will shorten its life.

Red Cross Blood Bank needs blood

THE Red Cross Blood Bank is currently struggling to collect the 1000 blood donations needed everyday to maintain a safe level of supplies to Melbourne hospitals.

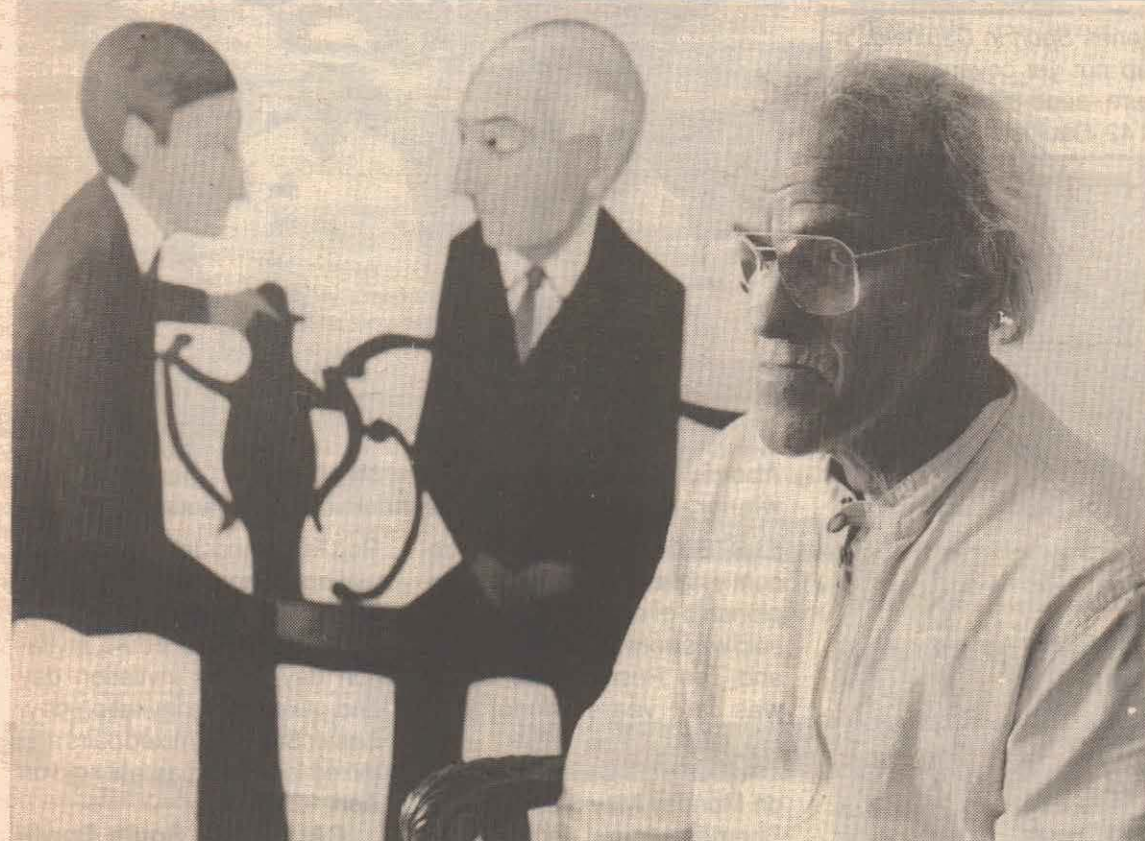
The Blood Bank's two mobile units are responsible for collecting up to 40% of Melbourne's blood supplies. These units visit suburban centres each week day and usually return on a three monthly basis.

If you already give blood or wish to begin giving blood, the Blood Bank mobile unit will visit the Ormond Uniting Church Hall, cnr North and Booran Rds, Ormond on Thursday, May 6, 1.30-8pm and Friday, May 7, 9.15am-3.30pm.

For further details, contact the Blood Bank on 694 0111.



Robert Dickerson survey



Above: Robert Dickerson with his painting *The Conference*.

AN exhibition of paintings by Robert Dickerson which spans nearly half a century will be shown at the Caulfield Arts Complex from April 22 to May 4, 1993.

Born in 1924, son of a tinsmith who fashioned funnels and mirror backs for ladies handbags, Robert Dickerson used to help his father in the backyard factory during the depression years. "I was not much good at timber

cutting, but I enjoyed the deliveries with a hand cart full of goods into the City," he said. As a small child in Sydney, Robert Dickerson knew every back lane and byway and the characters who lived there. He joined the RAAF at 18, quitting a blossoming career as a pro boxer with some degree of relief. Today he says boxing should be banned.

This exhibition of 130 works covers some of Robert

Dickerson's early works which were retrieved by his family under fortuitous circumstances. Since he has been married twice previously, keeping early works was almost impossible. Gradually his early works have come to light, and son Sam now has a small collection of these which will be on show.

Many of the 130 works will be for sale through Andrew Ivanyi who is organising the show.

The Little Circus - a deluxe limited edition and exhibition



Above: "Horace and Clowns", linocut by Aileen Brown from *The Little Circus*.

CAULFIELD Arts Complex will hold an exhibition *The Little Circus* by Aileen Brown from May 8-23, 1993.

In this throw away society books have become one more item over produced for the mass market. Children have access to an increasing number of cheap volumes, a far cry from the way books were valued by

previous generations.

The Little Circus, the product of thousands of hours of work by Melbourne printmaker, Aileen Brown challenges this - it is a book to treasure and delight in for years.

Writer, Robert Holden, an authority on children's literature and illustration, weaves an original story about a group of ani-

mal friends who avoid boredom by devising circus tricks. Searching for real adventure they meet a juggling boy and performing girl - more exciting than anything they'd ever seen before!

This is Aileen's third limited edition book involving linocut text and illustration. The stunning visual impact of her work cannot be underestimated.

Meg Benwell Retrospective



Above: Meg Benwell's, *Grampians Landscape with Birds*, 1991, oil on canvas.

THE 21 paintings and four watercolors in the Meg Benwell retrospective span a 40 year period from 1952 to 1993.

Paintings such as *Grampians Landscape with Birds* and *Blackboys and sea* use birds, trees and other simple, colorful motifs to gently capture the movements and casual spacings of the Australian bush.

Meg Benwell's style is both

poetic and clear. As landscape, the artworks have a rare quality that tells of special places, using blocks of color and draw paint. Meg Benwell, now aged 67 is creating paintings as beautiful as any other artist today.

This exhibition, to be held at the Caulfield Arts Complex from May 8-23 will be curated by Joe Pacoe, director Shepparton Art Gallery.

John Taylor exhibition



Above: John Taylor, *St Patrick*, 1992.

AN exhibition of paintings by John Taylor will be held at the Caulfield Arts Complex from May 8-23, 1993.

John describes his paintings as *looking for a link between the old world and the new*. He explains the source of his imagery lies in the color, pattern and solidity of Byzantine icons. From these triggers he responds to the fragility and complexity of contemporary thought and

being.

John Taylor completed his Fine Arts Degree in painting in 1988 at the Victorian College of the Arts and in 1987 he studied painting at the Arts Students League in New York. He is currently teaching art and graphics at Cathedral College in Melbourne.

He has exhibited in several group exhibitions with this being his first solo exhibition.

CAULFIELD ARTISTS AWARD

Artists who live or work in the City of Caulfield are invited to submit entries for the inaugural

The City of Caulfield Caulfield Artists Award Exhibition

The exhibition will be held at the

Caulfield Arts Complex 19th July - August 1993.

Entry forms are available from the Arts Complex Office, City Hall. Telephone 524 3287 for further details.

AWARDS

NATIONAL AUSTRALIA BANK - Caulfield South - \$500 Cash Award

STAGE TWO LIGHTING - 51 Glen Eira Rd, East St Kilda - \$200 Cash Award

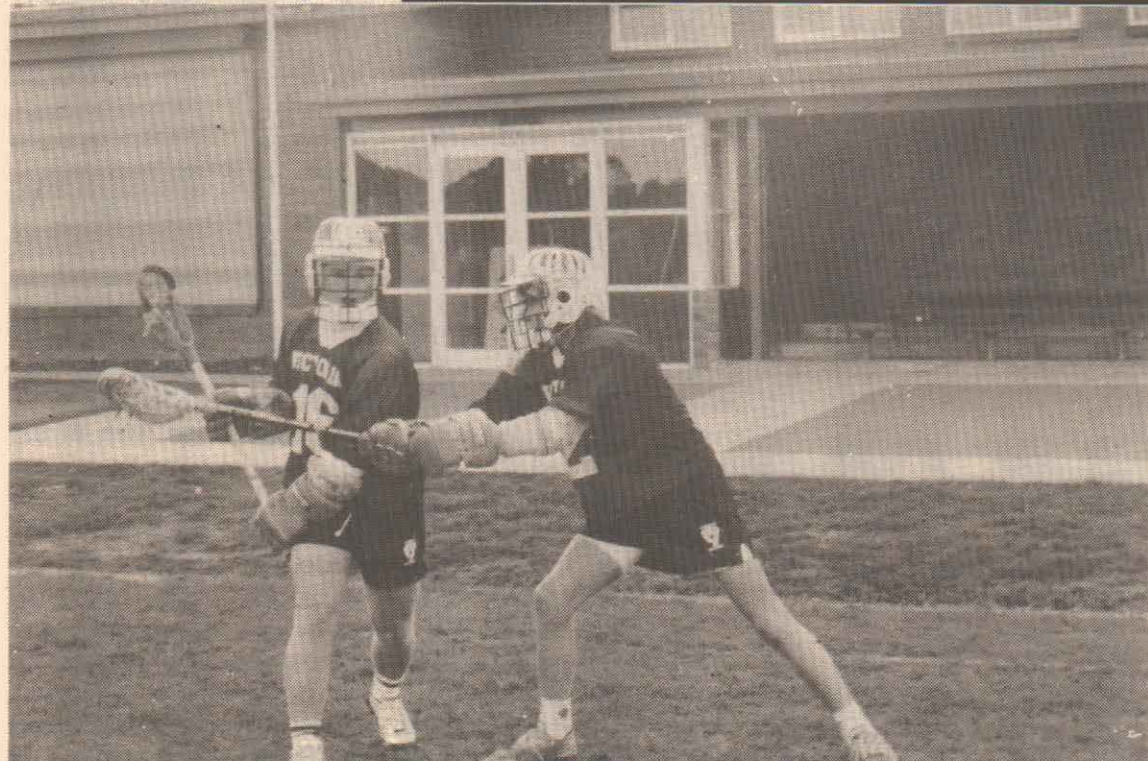
LIA'S SALON - 239 Hawthorn Rd, Caulfield - \$200 Cash Award.



Lacrosse in Caulfield

THE sport of 'lacrosse' is literally lost in the mists of time. The first historical reference is 874AD, when the Icelanders played a version of the game

'Lacrosse' is the sixth article in our series *Sport in Caulfield*. If you are involved in a sporting group not yet covered in this feature and would like some exposure, send information and photos to: *Caulfield Contact*, P O Box 42, Caulfield South, 3162.



Above: Caulfield Lacrosse Club players, (left) Shane Hellings and (right) Travis Voigt, represented Victoria in the U17 competition, 1992.

then called 'knattierkr'. Later it became known as 'baggataway'.

In 1867, lacrosse was introduced in the USA and England. One afternoon in 1874, a Canadian who settled in Australia, gathered a few hickory lacrosse sticks and demonstrated the sport to a few local lads in one of Melbourne's parks. From this day, the game lacrosse took off in Australia. Within five years, four clubs had been formed in Victoria, the first club being Melbourne.

Ultimately Melbourne supplied two office bearers to the committee of the newly formed Caulfield Lacrosse Club.

The Caulfield Lacrosse Club first met on Saturday, May 5, 1891. Today there is some conjecture as to where Caulfield was based - Caulfield Park (its present location) or near the racecourse (now known as Glen Huntly Park). The Club had almost immediate playing success, winning premierships in A grade in 1892, 1893 and 1894.

In 1897, Caulfield disbanded apparently due to lack of numbers.

In 1909, pleasingly the Club reformed and has competed in the Victorian Lacrosse Association every year since, at both junior and senior levels. In that time, the Club has won six A grade (State League equivalent) premierships and has started off many youngsters' sporting careers.

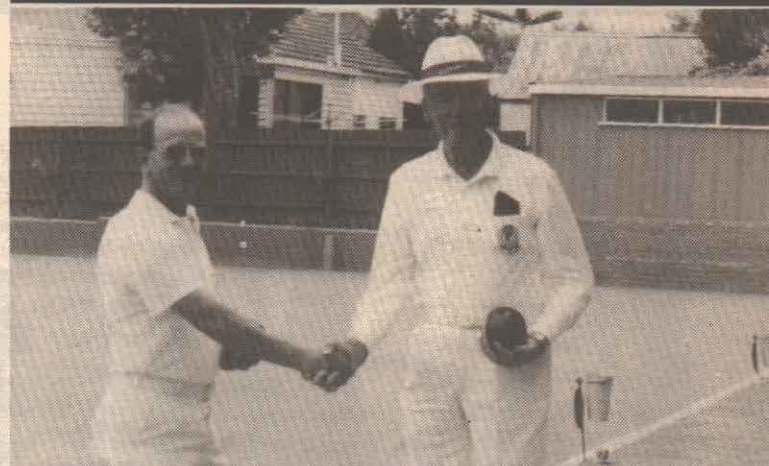
Caulfield Lacrosse Club became incorporated in 1984 and in late 1990, the Club absorbed the Caulfield Women's Lacrosse Club which began as a separate entity some 17 years previously, reaching ultimate A grade success in 1985. This merge has paid dividends and helped everyone.

Lacrosse is recognised as the fastest field game and Caulfield has produced some of the

game's finest exponents. Many Caulfield players, coaches and officials, over the years have represented Victoria and Australia in both men and women competitions. In 1992 the Club had more than 30 junior and senior State representatives in all capacities. The previous men's Australian coach played all of his junior and much of his senior lacrosse at Caulfield.

Caulfield Lacrosse Club is situated at Caulfield Park, (main oval). The Club has teams for junior and senior age groups, male or female. If you would like to play or official this exciting game, please contact Shane Voigt, president on 800 1864 (a/h), Rob Clayfield, duty president on 553 1168 (a/h), Leanne Stahmer, secretary on 584 9662 (a/h) or Graham Small, junior coordinator on 801 2454 (a/h).

BOWLED OVER



Above: Elsternwick Club Inc. Men's Club Championships winner, Max Flanigan and runner-up, Ted Russell.

ELSTERNWICK Club Inc. recently held its men's club championship event. The championship was between Max Flanigan and Ted Russell. The winner was last years winner Max Flanigan.

Ladies Solo Days will be held on Monday May 3 and June 7. Sherries 11am. Lunch and raffle. \$5 per person. Join the ladies and make new friends. For bookings, phone Betty Elbers on 528 3804 or Malis Eastop on 509 5856.

ELSTERNWICK District Bowling Club Inc. holds ladies triples on the second Friday of each month, commencing 11am. Lunch is provided. Good trophies. Team or single entries welcome. Contact Vale Sykes, on 570 1346 for further information.

Mixed triples are held on the first Sunday of each month and mixed fours on the third Sunday of the month. Teams or single entries welcome. Afternoon tea provided. Cost \$2.50. For further information, call 528 2923, or 528 1358.

Elsternwick District welcomes new members of all ages to joining the Club. Free coaching is available. Phone 523 9005 for further details.

MURRUMBEENA Park Bowls Club held a Vice Presidents and Guest Day recently, when senior vice president, Joan Gant and junior vice president, Anita Steen welcomed members and their guests to an interesting day of bowls, lunch, afternoon tea and gifts.

Ladies only, End of Pennant dinner entertainment night was also held recently. An eyeopener was performed by the C1s side, who dressed and acted as 'Ladies of the Night'. The B1s members dressed up in various World War II service uniforms and sang well known war time songs.

The 'feast' was previously prepared by the men's catering group and served at night by

Ron Mack and John Mills, completing a happy evening.

Other events held recently include a Ladies Fours invitation day, mens invitation day and mixed fours invitation day, Easter Saturday mixed pairs and mixed fours tournament held on April 12.

CAULFIELD South Bowls Club Inc. recently held an invitation mixed fours tournament sponsored by National Mutual Trustees. Winners on the day were Henni Cortenbach's team from Caulfield South and runners-up were J Rattle's team from Cheltenham.

The day was marred by the collapse of Ossie Horn (Caulfield South) on the green. Fortunately first aid was rendered most efficiently by fellow bowlers Jim Smith and Kevin Turner. Ambulances arrived promptly and Ossie is now making progress in hospital.

The invitation men's fours tournament was sponsored by A L Smith and Vic Turf Pty Ltd. The event was contested by 20 teams with winners being Mark Brunato's team from Werribee and runners-up were Frank Bertuna's team from Mordialloc.

The best single game winner was Keith Boyd's team from Richmond Union.

CARNEGIE Memorial Recreation Club Inc. wishes to announce its club championships for 1992-93. Ladies champion is Leni de Bruin, runner-up Ivy Munro. Men's champion is Roy Buck, runner-up Henry Hetherington. Both games were played in great spirit and a pleasure to watch. Congratulations to all four players.

On May 20, the Club will hold a solo lunch for the beginning of their card season. Friends old and new are most welcome to attend. For further information, contact the Club on 569 8483 or Jessie on 528 6048. You don't need a full table as singles are most welcome.

Eva retires from gymnastics

DEPARTING coach and gymnast of Caulfield's Gen-Gym-Rics Club, Eva Reicher gives a brief personal overview of gymnastics in Caulfield.

Joining the Caulfield Gym Club at the age of six, Eva was also taking tap dancing and ballet lessons. After six years of training every Saturday and Tuesday, she successfully passed levels 1-6 in Artistic Gymnastics. A year later she gave up her ballet classes.

At age 14, due to her successful gymnastics career to date, Eva began coaching

rhythmic gymnastics (RSG). *Rhythmic gymnastics uses hand apparatus...ball, hoop, rope, clubs and ribbon.*

Gen-Gym-Rics Club evolved in 1990 when the coaches themselves began to run the organisation. As a coach at the time, Eva was involved in this new beginning.

In 1991, she won the RSG Victorian Championships Level five and in 1992 the State RSG Level six Championships on an individual basis.

Eva says that it is with some regret that she must give up her

favorite pastime, but being in Year 12 at St Michaels Grammar School and being heavily involved in sport and music, she had little option.

The coaches and students, past and present thank Eva for her dedication to the Club and to the sport of gymnastics and wish her every success in her future endeavours.

For information about the Gen-Gym-Rics Club or gymnastics in general, please phone head coach, Lynn Martin on 534 8561.

St Mary's Caulfield Calisthenics Club is celebrating its 50th year this year and is looking for girls aged 4-15 years to join this fun and energetic club. For enquiries contact Miss Bronwyn Roberts on 528 1606.

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FABULOUS new treatment French Aromatherapy combined with Asian head massage - releases tension, therapeutic, cleanses scalp, stimulates healthy hair. Exclusive to Lia's Salon (formerly Penelope's). Quote this ad for 20% off. 239 Hawthorn Rd, Caulfield. Ph: 532 9233.

ART CLASSES

Art classes for children in artist studio with the aim to explore and develop skills associated with painting and drawing. Ph: Anneon 571 2483.

BLOW DRY

For the busy lady, wash and shampoo yourself, come in with your hair wet and we'll blow dry for only \$10. Make a time to suit yourself, early morning and evenings too. Lia's Salon, 239 Hawthorn Rd, Caulfield. Ph: 532 9233.

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RECREATION & LEISURE

Local fencer competes in USA

CAULFIELD resident Marie Anne Davies is one of four girls who have recently made their mark on 'fencing' in Australia.

The team competed in the Australian school championships in Brisbane last September and defeated teams from NSW and Murton Hall in Victoria, in the National Championships.

The team members, Marie Anne Davies, Lucienne Bailey, Virginia Jones and Verity Okno also competed in the individual events, with Marie Anne achieving third place, Lucienne eighth, Virginia 10th and Verity 19th out of a field of 28.

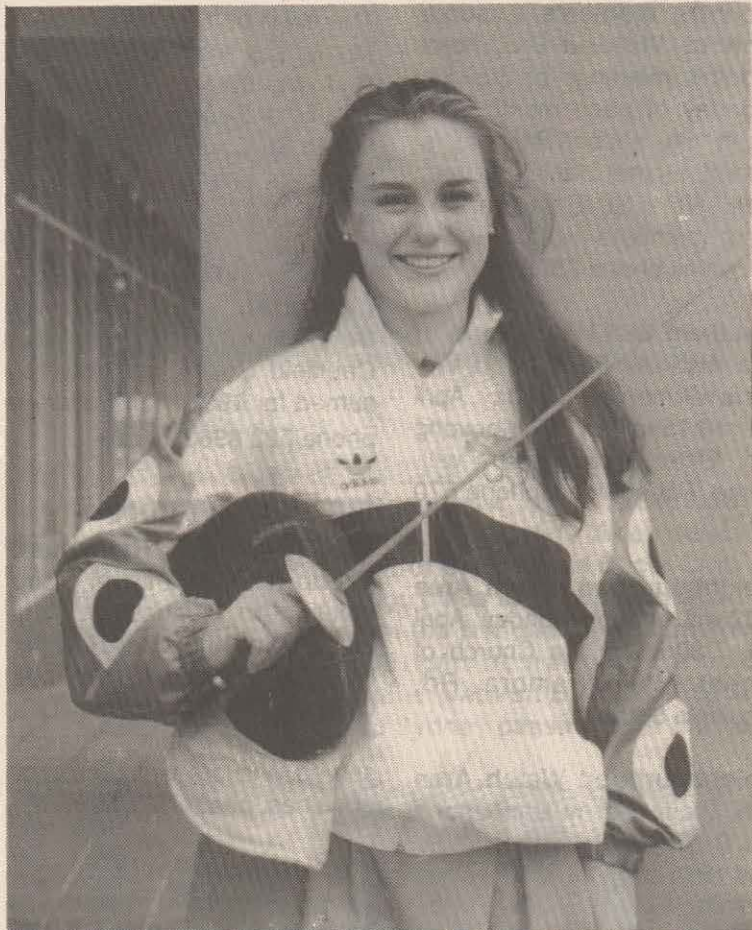
The team was able to fly coach, Mr John Fethers (State Director of Coaching) to Brisbane thanks to the financial support of the parents.

In the later stages of the competition, Marie Anne, 15, competed in the Australian Championships women's individual foil (open) and was the youngest competitor to reach the last twelve. She was placed 10th.

Late last year, Marie Anne received news that due to her fine performance, she was selected as a member of the Australian Cadet Team (under 17) to compete in the World Cadet Championships in Denver, USA this year.

Marie Anne is grateful to Penhalluriack's Hardware Store and Dulux paints for their contribution which helped her go to Denver. She returns home later this month.

Marie Anne has dedicated the past four years of her life to fencing, training five days a week. She is third in the under 17 and fifth in the under 20 age groups nationally.



Above: Marie Anne Davies.

Murrumbena Junior Football Club and Murrumbena VicKick, Kangaroo Rd, Murrumbena
hold junior training on Tuesday and Thursdays from 4.30-5.30pm. Games played on Sundays. VicKick Sundays from 10am-12 noon. All enquiries to Peter Roberts on 569 1426 (a/h).

What's new on the shelf?

CAULFIELD Library service has videos, cassettes and compact disks for loan as well as books and magazines. They have a great variety of videos including children's, feature films, do-it-yourself and travel.

Here is a list of videos recently purchased by the library:
The Alphabet Game - A Sesame Street video that makes finding the correct letter a fun game.

Do-It-Yourself Timber Fences & Gates - One of the many do-it-yourself videos that give instructions visually on the many aspects of home renovation.

How to Trace the Family Tree - Janet Reakes has put together a fascinating and informative set of videos for those of us who are interested in compiling a family tree.

I Want a Cat & Other Stories - An amusing collection of tales for children.

M*A*S*H: Goodbye, Farewell & Amen - The moving last

episode of the long running television series.

Mexico: Journey to the Sun - This visual delight is one of many travel videos available for loan. It gives an idea of the culture, people and history of the country.

Placido Domingo Grandisimo - A spectacular recording of his 1990 Seville concert.

Rosie's Walk & Four Other Stories - Five outstanding stories that are based on picture books which will delight young children.

The Wonderful World of Paddington Bear - This video contains several stories about the much-loved Paddington Bear and his adventures.

FOR INFORMATION ABOUT ANY OF THE FACILITIES OFFERED BY THE CAULFIELD LIBRARY SERVICE, PLEASE PHONE 524 3349.

Caulfield Contact 1993 Publication Dates

CAULFIELD Contact will be published 11 times in 1993. Below is a list of publication and deadline dates. Articles submitted before listed dates have the best chance of being included in each edition.

Display advertisements must be submitted three weeks before publication date for each issue, while classifieds must be submitted a fortnight before.

ISSUE	DEADLINE	PUBLICATION DATES
MAY	FRI APRIL 23	MON MAY 17
JUNE	FRI MAY 21	MON JUNE 14
JULY	FRI JUNE 18	MON JULY 12
AUGUST	FRI JULY 16	MON AUG 2
SEPTEMBER	FRI AUG 13	MON SEP 13
OCTOBER	FRI SEP 17	MON OCT 11
NOVEMBER	FRI OCT 15	MON NOV 15
DECEMBER	FRI NOV 19	MON DEC 13

All submissions, cancellations and alterations must be received in writing by the deadline date of the next issue. Contact staff will not check with advertisers on whether they want to repeat an advertisement. For enquiries, call 524 3259.

CONTACT DIARY

Do you have an event coming up that you would like to publicise? This is the place to put it. Contact Diary is compiled monthly, so if you want to let the community know about your club, society or event, we'll be happy to include it on this page.

Let us know about your activities.

Contact Diary
PO Box 42
Caulfield South 3162



ART

Hughesdale Art Group will hold a bargain sale of paintings on Friday, April 23, 10am-3pm in the hall, corner Poath and Kangaroo Rds, Hughesdale. Come and see the artists at work. There will be Devonshire tea, also plants, lemons and secondhand books for sale. For enquiries phone Elaine Taylor on 568 7123.

Victorian Guild of China Painters Inc. will hold an exhibition and sale of hand painted china from Thursday, May 6 to Saturday, May 8 at the Caulfield Arts Complex, Caulfield City Hall. There will be demonstrations and commercial booths. Tickets for the official opening on May 6 are available from the Ticket Secretary, phone 807 7218. Cost for opening is \$18 including a basket lunch. For enquiries about the exhibition, call Betty Schreck on 802 5594.

CLASSES

Caulfield Adult Literacy Group offers courses to assist unemployed people with reading/writing problems. Help and support is given with resume/application writing etc. Individual assistance with problem areas. One-to-one tuition for Australians or migrants is also available. Cost \$10 per term. For further information, call Janece on 532 8319.

ENTERTAINMENT

Labassa, Manor Gve, North Caulfield will host 'The Four Winds of Nachtmusique' classical music including the flute, oboe, clarinet and bassoon on Sunday, April 25, commencing 5.30pm. Afternoon tea from 4.30pm and during interval. Cost \$12.50 adults, \$7.50 concession, \$35 family or \$10 National Trust members.

Caulfield City Choir will make its first performance for the year on Saturday, May 29, 8pm at the Caulfield Arts Complex, Caulfield City Hall. You can be sure of a musical treat including songs of love and devotion from choral works by Haydn Mendelssohn and Schubert, titled *Hear My Prayer*. For further information, contact choir

secretary, Raewyn Cross on 822 5154, or the publicity officer on 889 3889.

HEALTH

Caulfield Group of the Nursing Mothers Association of Australia will hold a free information evening on Wednesday, May 12 at the Glen Huntly Maternal and Child Health Centre, Royal Ave, Glen Huntly. Learn what to expect in hospital and when you come home with your newborn. How does breast feeding work? Why is breast feeding best for your baby? All your questions will be answered at this informal friendly discussion night. Partners also welcome. Supper provided. Caulfield Nursing Mothers Group also hold regular coffee mornings, new mums afternoon teas and monthly evening discussions on topics such as toilet training, weaning, introducing solids etc. Meets lots of friendly mums in your area. For more information, contact Tracey on 568 1058 or Rebecca on 571 4921.

Grow groups meet to offer people in stressful situations, mutual help by introducing them to a 12 step program. This group meets every Thursday, 8pm in the Child Welfare Centre, cnr Jersey Ave and Shepparson St, Carnegie. For further information, call 890 9846 or 787 3028.

MEETINGS

Caulfield Bicycle Users Group meet on the fourth Tuesday of each month at 8pm at the Glen Huntly Neighbourhood House, 1213 Glen Huntly Rd, Glen Huntly. This group also offers a family fun ride on the fourth Sunday of each month. They meet at 9am at Caulfield Station (Railway Ave exit) for an easy mystery ride. For further details, contact Ursula Fiek on 578 9805.

Caulfield Heritage Watch Group meets on the last Monday of each month (except December) in the meeting room, Caulfield City Hall. The next meeting will be held on April 26. For enquiries, phone Cr David Spencer on 568 5073 or Larry Hill on 528 4505.

Caulfield Combined Pensioners Association will next meet on Tuesday, April 20, 1.30pm in the committee room, Caulfield City Hall. Visitors welcome. Afternoon tea. For information, phone Alma Morton on 528 4459.

Caulfield Branch of the Victorian Gas Association will next meet on Tuesday, April 27, 1.30pm in the committee room, Caulfield City Hall. Guest speaker, Michael Waldron will talk on how to tend to fuchsias and how to get better blooms from your plants. Fuchsias may be purchased at the meeting. New members welcome. Annual subscription \$2.

New Ormond Auxiliary for the Alfred Hospital will next meet on Monday, April 26, 10.30am in the Uniting Church Hall, cnr North and Booran Rds, Ormond. Money raised is for hospital equipment. New members most welcome. For enquiries phone Eveline Moir on 578 1721.

Chadstone Branch of the Country Women's Association of Victoria Inc. holds monthly meetings on the first Monday of each month, 1pm (craft day second Monday at 10am) in the Uniting Church Hall, Alma St, East Malvern. New members welcome. For enquiries phone 8853166.

Caulfield Self Help Group of the Arthritis Foundation Victoria will meet on Monday, April 26, 10.15am at 259 Kooyong Rd, Elsternwick. Visitors welcome. For enquiries, phone 570 4971.

Neighbourhood Watch Area C82 will meet on Monday, April 26, 7.30pm at the Church of Christ Hall, Bambra Rd, Caulfield South.

Neighbourhood Watch Area C70 (bounded by Dandenong Rd, Balaclava Rd, Hawthorn Rd and Kooyong Rd) will meet on Monday, May 10, 7.30pm at the St Stephen's Uniting Church Hall, 158 Balaclava Rd, Caulfield North.

Neighbourhood Watch Area C71 will next meet on Monday, April 19 and Monday, May 10, 8pm at 31 Prahran Gve, Elsternwick.

Neighbourhood Watch Area C80 meet on the second Tuesday of each month, 7.30pm in the committee room, Caulfield City Hall. The next meeting will be held on May 11.

Neighbourhood Watch Area C44 will meet on Tuesday, April 27, 7.30pm in the committee room, Caulfield City Hall.

Neighbourhood Watch Area C64 will meet at 7.30pm on Monday, April 19, Monday, May 3 and Monday, May 17. All meetings are held at 40 MacGowan Ave, Glen Huntly. Area coordinator Fred McKenzie can be contacted on 578 5411.

Neighbourhood Watch Area C49 (bounded by Kooyong Rd, North Rd, Begonia Rd and Clarence St) meets on the last Tuesday of each month. All welcome. For details, contact secretary on 596 5146.

Neighbourhood Watch Area C72 Glen Huntly/Carnegie hold bi-monthly meetings on the fourth Monday of each second month, 7.45pm in the staff room, Carnegie State School, Graceburn Ave, Carnegie. The next meeting will be held on April 26.

PLAYGROUPS

Caulfield Playgroups are planning a get together on Thursday, May 6 from 11am-1pm at Princes Park, cnr Hawthorn Rd and Maple St, Caulfield South. There will be a range of activities for pre-schoolers to enjoy. Wet weather alternative at Caulfield Recreation Centre, Maple St, Caulfield South. For enquiries phone 524 3311 or 571 0215.

St Catharine's Anglican Kindergarten and Sunday School, 404 Kooyong Rd, Caulfield South has now resumed for 1993. For enquiries phone 523 8963.

RECREATION

Early Planning for Retirement Group will hold a travel group meeting on Wednesday, April 28, 7.45pm at the Gladys Machin Hall, Cedar St, Caulfield. Les Chisholm will show slides of his "Rambles in Britain". Supper served. Visitors welcome. For enquiries, phone 571 3687.

Thirties plus Table Tennis Group play at the Princes Table Tennis Centre, 1068 Dandenong Rd, Carnegie on Mondays and Thursdays from 10am-1pm. Airconditioned facility. Disabled people and new members welcome. Contact Alex Joy on 509 7132.

Senior Ladies Friendship Group will next meet on Thursday, April 29, 10am-12 noon at 185 Poath Rd, Hughesdale. Enjoy two hours of friendly companionship. Trading table. Morning tea. Cost \$1. For enquiries phone Mavis on 579 2174.

Over 40's Dance Club Inc. holds a 60/40 dance on the second and fourth Saturday of each month at the Uniting Church Hall, cnr North and Booran Rds, Ormond. Live band. Cost \$6. For details phone 570 4564 or 580 1521.

ROTARY

Caulfield-Rosstown Rotary Club will hold their annual business persons breakfast on Tuesday, May 4 at Caulfield City Hall. This year's guest speaker will be The Hon. Jeff Kennett, MP, Premier of Victoria. Proceeds will go to the Regent House Extension Appeal, Mission of St James, St Johns and a combination of other worthy charities. For enquiries and bookings, phone Geoff Hall on 528 5500 (b/h).

SCOUTS

Caulfield District Scout Association will hold its annual meeting on Wednesday, May 12, 8pm at 12th Caulfield Hall, Beavis St, Elsternwick. All leaders, parents of youth members and friends are invited to hear the comprehensive reports of the activities of the various youth sections during 1992/93 and thoughts for the coming years.

VOLUNTEERS

Southern Citizen Advocacy Group needs volunteers. Your ability to handle everyday matters would assist an adult with a disability to participate in community life. Short orientation program begins soon. For further details, contact Southern Citizen Advocacy on 576 0155.

Foster Care South East needs families who can offer temporary homes for children who are unable to live with their own families. Three training and information evenings will be held for prospective foster parents on Thursday, May 6, 13 and 20. For further information, call Foster Care South East on 562 9966.

CAULFIELD CONTACT

CAULFIELD CONTACT IS COMPILED FOR THE RESIDENTS OF THE CITY OF CAULFIELD. THE PAPER ENCOURAGES THE COMMUNITY TO SUBMIT ARTICLES, BUT THEIR INCLUSION DEPENDS ON THE SPACE AVAILABLE IN EACH ISSUE. PLEASE SEND ARTICLES AND PHOTOS TO:

CAULFIELD CONTACT,
CAULFIELD CITY HALL,
PO BOX 42
CAULFIELD SOUTH 3162