



Caulfield's tribute to Anzacs

MANY people gathered in Caulfield Park for the annual Anzac Day Memorial Civic Service on Sunday, April 18.

Caulfield Mayor, Cr Ed Biggs was joined at the Service by his wife Jo and daughters Natasha and Sarah.

He opened the memorial service by inviting people to place their wreaths of remembrance at the base of the cenotaph.

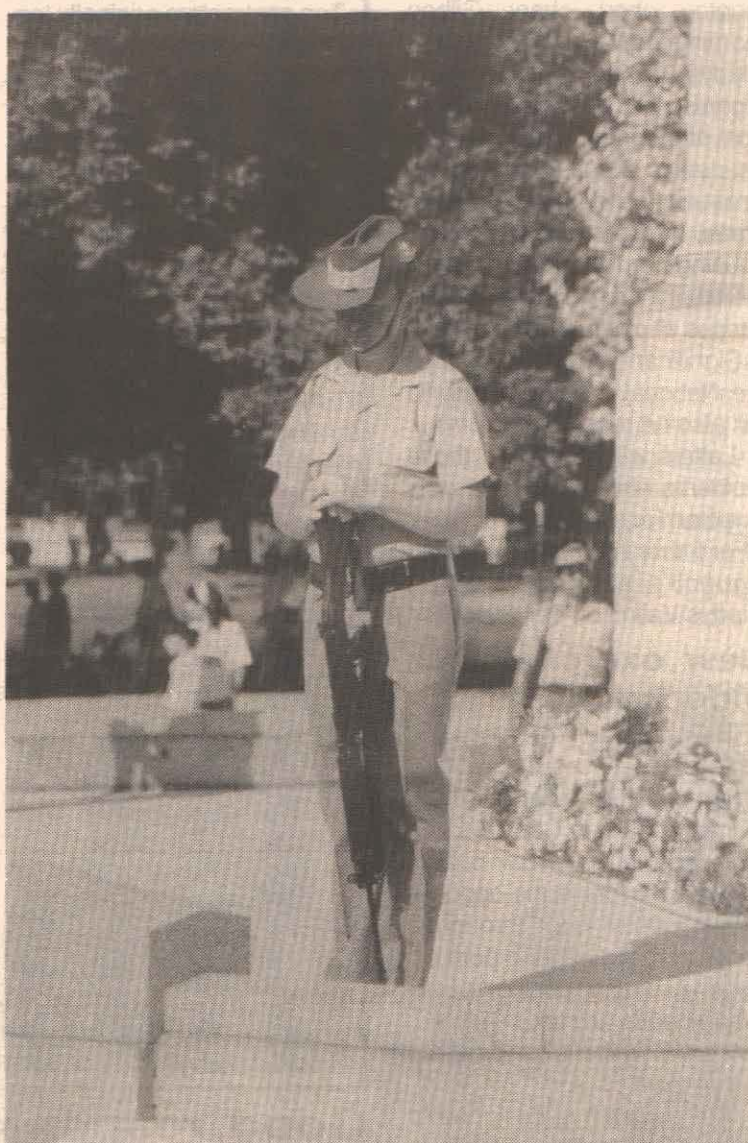
Mr W Stafford, president of the Caulfield RSL sub-branch gave a moving speech in memory of the Caulfield's fallen soldiers.

The crowd stood in silent tribute for two minutes which was followed by the bugler who played *The Last Post*.

The ceremony was attended by RSL members, local scouts and guide packs, many local residents, Caulfield councillors, the local member for Oakleigh Ms Denise McGill and Val Nicholls representing The Member for Melbourne Ports, Clyde Holding.

Right: Soldier from the Fourth Field Supply Company.

Below: RSL members march in memory of fallen soldiers at the Anzac Day Civic service, April 18, 1990.



**Deciding which Kindergarten to send your child to?
See p. 4 for details about kindergartens in Caulfield.**

Tram track replacement - Hawthorn Rd

WRITTEN advice has been received from the Public Transport Corporation (PTC) about tram track replacement works in Hawthorn Rd between Glen Huntly and North Rds.

This work will be carried out by the PTC Construction Section and will involve the removal of the existing tracks and track bed and the installation of new tracks onto a concrete bed.

The works have been programmed to commence on Monday, May 24 and should take 18 weeks to complete.

The track on the east side of Hawthorn Rd will be replaced first with work proceeding from Glen Huntly Rd to North Rd and then work on the west side, proceeding from North Rd to Glen Huntly Rd.

Through traffic will be detoured away from the works, however access will be maintained for local traffic.

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To allow for continuing tram services, most works will be carried out between 10.30pm and 6.30am. However some works will commence on occasional evenings at 6.30pm to allow for concrete pouring.

● Continued p3.

**FOR THIS MONTH'S SPECIAL,
see page 3 for**

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COUNCIL MEETINGS

MEETING DATES FOR 1993

CAULFIELD Council has appointed three special committees comprising all of the members of the Council.

The elected chairmen for these committees are as follows:

Town Planning - Cr Alan Grossbard	Finance - Cr James Barrett
Policy & Environment - Cr Veronika Martens	

1993

May 18	6pm Finance 8pm Council
June 1	8pm Town Planning
8	8pm Policy & Environment
15	6pm Finance
15	8pm Council

CAULFIELD COUNCILLORS

NORTH WARD

Cr Nicholas Gold
(Deputy Mayor)
2/272 Hawthorn Rd
Caulfield 3162
Tel: 523 0253

Cr David Michelson
P O Box 4
Elsternwick 3185
Tel: 523 0253

Cr Sandy Anderson
398 Glen Eira Rd
Caulfield 3162
Tel: 528 1727 (P)

SOUTH WARD

Cr James Barrett
1 Albert Rd
Carnegie 3163
Tel: 578 0680

Cr Tony Browne
3 Gisborne St
Elsternwick 3185
Tel: 528 3525

EAST WARD

Cr Ed Biggs
(Mayor)
40 Rosanna St
Carnegie 3163
Tel: 569 9386

Cr David Spencer
28 Margaret St
Carnegie 3163
Tel: 568 5073 (P)

Cr Veronika Martens
13 Margaretta Ave
Murrumbeena 3163
Tel: 579 0297

WEST WARD

Cr Robert Kirby
50 Riddell Pde
Elsternwick 3185
Tel: 523 9993

Cr Alan Grossbard
19 Keeron St
Caulfield South 3162
Tel: 523 7209

Cr Noel Erlich
4 Pretoria St
Caulfield 3162
Tel: 523 7365

Heritage Update

A SPECIAL project organised by the Caulfield Library Service will be to create a file of images and research information of Caulfield's past and present architecture.

The team of Sharon Dewar (photographer), Johanna Gilbee (administrative assistant) and Gladys Vallati (coordinator) will organise the material resulting from photographing and recording details of buildings in some streets in the identified heritage areas, in areas where interwar housing dominates, in areas of mixed-era architecture and the various shopping centres.

Significant trees identified by the National Trust of Australia will also be recorded on film.

Letters will be sent to those residents who live in the streets selected for study.

For further information, contact Council's special librarian, Gladys Vallati on 524 3353.

New exercises for older adults

THE City of Caulfield family and recreation services is now offering an additional exercise class for older adults in Caulfield.

The class, which is chair-based, allows participants the opportunity to gently work through a series of movements in both sitting and standing positions. Individual needs are taken into account and everyone can progress at their own pace.

The program is designed to improve the ability to perform day to day activities as well as provide an enjoyable and social form of exercise. For details, call Cheryl Kennedy, on 524 3367.



CITY OF CAULFIELD

Invites

PUBLIC COMMENT

on its

DRAFT MUNICIPAL PUBLIC HEALTH PLAN

until June 18, 1993

Copies of the Draft Plan are available for examination and comment at the three Council Libraries located at:

- 6 Maple Street, SouthCaulfield
- 4 Staniland Grove, Elsternwick
- 104 Koornang Road, Carnegie

and at the Public Counters at City Hall, Cnr. Glen Eira and Hawthorn Roads, South Caulfield.

For details, contact Heather Reynolds on 524 3278.

Engineering update

Balaclava Rd reconstruction

CAULFIELD Council has recently completed the reconstruction of Balaclava Rd between Orrong and Kooyong Rds.

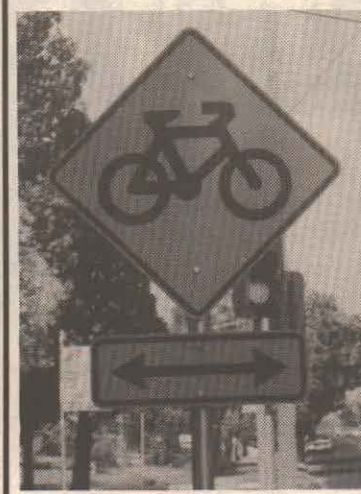
Ten contractors originally tendered for the project with Presta Paving Constructions Pty Ltd being awarded the contract for \$237,495. The contract amount was below the engineer's estimate.

Presta Paving Constructions Pty Ltd completed the project in 11 weeks for less than the tendered price.

Bicycle Works

YEAR two of Council's five year Strategic Bike Plan has commenced and will see the deline-

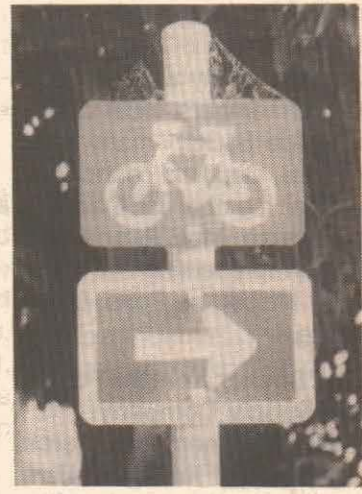
Below: Warning sign to motorists that cyclists could be crossing the road.



ation of additional bicycle routes throughout the Municipality. These routes will be highlighted using new blue and white path route markers, together with orange and black warning signs placed on main roads crossing bicycle routes to warn motorists that there may be cyclists crossing ahead.

The works have already seen the installation of 60 bicycle parking rails and a further 60 parking rails have been purchased and will be placed around the municipality at locations in accordance with a survey completed by the Caulfield Bicycle Users Group (BUG). See page 10 for an article about Caulfield BUG.

Below: Bicycle route path sign.



Good response to swimming pool/recreation centre proposal

SIXTY people contributed ideas and comments at Caulfield Council's south ward meeting last week. This was the first of a series of ward meetings being held throughout the municipality to discuss a new swimming pool/recreation centre proposal.

The meeting was chaired by the Mayor of Caulfield, Cr Ed Biggs and consultant Paul Lacey presented background information to the project and summarised Council's broad proposal to develop a new Recreation Centre at the present Caulfield heated swimming pool site in Moira Ave, Carnegie. Issues were raised about the impact on traffic and parking in the vicinity of the pool; whether all year round pool operation would be viable and the size and components

proposed for the new complex.

In addition to a random survey of residents, participants at the meeting were asked to fill out a questionnaire for consideration by Council.

Mayor Biggs said that he was very pleased with the public interest in the proposals and that many matters raised will be useful in guiding Council when it finalises plans for the project.

"Council's aim is to improve both the dry recreational and swimming facilities without a rate increase," said Mayor Biggs.

"This can be achieved within our current resources by combining the pool and recreation activities into one centre. But before moving on with the proposal we need public feedback," he added.

Keep your trees well pruned

THERE is nothing worse than being slapped in the face or dripped on by a wet branch as you casually walk along the footpath. If you have ever been obstructed by a tree or shrub hanging over the fence, don't curse the Council - it is up to the property owner to keep trees and shrubs under control. If a Council officer leaves a notice

for you to cut back your trees you must do so within 14 days. Trees must be cut to a height of three metres above the ground and vertically in line with your property boundary. If you fail to comply with the notice, Council will carry out the work and bill the owner. For further enquiries contact Council's local law department on 524 3381.



CITY HALL PHONE NUMBERS

Arts Complex	524 3287
Rates office	524 3215
Human Services	524 3228
Traffic & Local Law	524 3216
Engineering	524 3240
Town Planning	524 3374
Traffic Engineering	524 3324
Building	524 3201
Community Relations	524 3259



Council assists with work experience program

WORKING in conjunction with the Local Government Industry Training Board and the local Caulfield CES Special Service Centre, 30 placements for unemployed people have been made at the City of Caulfield through the Jobskills scheme.

Jobskills provides long-term unemployed people with a combination of six months work experience and skills training, while providing them with a \$280 per week training wage (compared with the standard \$130 per week unemployment benefit).

Caulfield has placed these Jobskills people in a wide range of sections throughout the organisation including at the libraries, Arts Complex, hostels and depot, as well as the administration, building, human services, finance and information services departments. The Jobskills par-

ticipants are providing assistance in a wide range of tasks including work on some projects which, due to lack of staff resources, would otherwise have stayed "on the back burner" for some time yet.

Entry of participants on the scheme has been coordinated by the Caulfield CES Special Services Centre. Funding is provided by the Commonwealth Government through DEET and administered by the Local Government Industry Training Board.

Council's manager human resources/administration, Sarah de Groot has been responsible for identifying appropriate positions and organising suitable training while providing the necessary on the job supervision to ensure the maximum is achieved for all parties.

"An indication of the success of the scheme will be the number of participants who leave to take up permanent positions in the workforce before the six months period is up," said Ms de Groot.

Jobskills participant, Maria Flor who is helping out in the community relations department and is responsible for putting together this month's *Contact Diary* (back page) speaks highly of the scheme.

"It has been a great opportunity for me to get back into the routine of working again," said Maria. "I have just about mastered the desktop publishing and word processing packages and have familiarised myself with the goings-on in the community relations department, enabling me to deal with enquiries, both over counter and on the telephone comfortably."

Below: Jobskills participant, Maria Flor, working in Council's community relations department.



Caulfield workers with youth meeting

CAULFIELD Workers with Youth Network will hold a lunchtime meeting on Thursday, June 3 from 12.30-2.30pm at the Caulfield Youth Resource Centre, cnr Fraser St and North Rd, Ormond.

Guest speaker, Alan Ferrari, senior social worker with the Department of Social Security talk about youth homelessness and income support.

For further details, contact Lyn Nye, youth development officer, City of Caulfield, on 524 3321.

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Council day at the races



Above: Caulfield Mayor, Cr Ed Biggs and wife Jo, present Mr Donnini, owner of Verdetto the winner of the Caulfield Handicap with a painting. The painting was personally selected by Jo Biggs.

THE annual Caulfield Handicap, held at the New Caulfield Racecourse on May 8 was won by 'Verdetto', owned by Mr T Donnini.

The Caulfield Handicap has been a tradition between the Vic-

torian Amateur Turf Club (VATC) and Caulfield Council for 13 years. This meeting is an informal day which helps strengthens the good relationship held between the two organisations.

Tram track replacement - Hawthorn Rd

● From p1

The PTC will notify adjoining property occupiers prior to the commencement of works.

Any enquiries should be directed to Mr Ian Emmerson, PTC on 619 3518.

These works will remove a source of complaints that Council has received over many years regarding the breakdown of the road pavement within the

tram track reserve. It is intended that following the PTC works, Council will use a VicRoads grant to commence reconstruction in 1994 of the balance of the road pavement shoulders and kerb and channel to complete a full width rehabilitation of this section of the road.

The deadline for the June 14 issue is May 21.

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Kindergartens in Caulfield

KINDERGARTENS throughout the Caulfield municipality are now taking enrolments for next year. Parents wishing to enrol their children for four year old kinder are reminded that some kindergartens are booked out for children as much as two years in advance. It is therefore important to make enquiries as early as possible to avoid disappointment.

It is expected that in 1994, children must turn four by 30th April, 1994 to be eligible for four year old kindergarten.

Kindergartens who receive subsidies from the office of Pre-School and Child Care for four year old groups must confirm by mid September that they have the necessary numbers of children enrolled to justify their subsidy. Early enrolments assist kindergarten committees in planning for the coming year.

The following is a list of Kindergartens and Activity Groups offering four and three year old groups. They all have their own committees of management and details about fees and enrolment procedures and further information can be obtained by contacting them directly. Some Kindergartens have planned their open days which have also been noted.

● **Carnegie Rudolf Steiner Pre-School**, Tara Grove, Carnegie 578 1576 or 509 5720. Four - two and a half hour sessions per week for children turning five in the current year.

Three - two and a half hour sessions per week for children turning four by September in the current year.

● **Caulfield Montessori School** 6 Roselea Street, South Caulfield 528 4478.

Three, four and five year olds are in one group.

Monday-Friday, 9am-12noon for younger children.

9am-3pm for older children.

● **Caulfield South Kindergarten** Birch Street, South Caulfield 528 4131.

Two separate groups for four

year olds - four sessions of two and a half hours a week.

Three year old's group - Fridays.

● **Mc Neil Kindergarten** 237 North Road, South Caulfield 596 3916.

Two groups for four-year-olds - four, two and a half hour sessions per week.

Two separate groups for three year olds - Fridays for two hours.

● **Murrumbeena Kindergarten** 1a Blythe Street, Murrumbeena 569 9405.

Two groups for four year olds - four, two and a half hour sessions per week.

Group one is held Monday-Thursday mornings.

Group two is Monday, Wednesday, Thursday afternoons and Friday mornings.

Open Day Wednesday, July 21 between 9-11.30 am and 12.45-3.15 pm.

● **Murrumbeena Playgroup** Baptist Church hall, Cnr Sydney Street and Murrumbeena Road, Murrumbeena 570 4700. Offers three-year-old activity group Wednesday and Thursday afternoons.

● **Neerim Pre School Centre** Cnr Neerim and Toolambool Roads, Carnegie 571 5226.

Two groups for four year olds - four, two and a half hour sessions per week.

● **Ormond Community Kindergarten**, Cnr Grange and Oakleigh Rds, Ormond. Tel: 578 2605.

Two groups for four year olds - four sessions per week.

Three year olds group is held on Wednesday and Friday afternoons. Enrolment day - first Wednesday of each month between 12.30-1.30pm.

● **Orrong Rd Pre-School Centre** 55 Orrong Rd, Elsternwick. Tel: 528 2203.

Two groups for four year olds - four, two and a half hour sessions, Monday-Friday.

Three year olds - Wednesdays 9.30-11.30am and Fridays 1-3pm.

● **Pooh Corner**, 6 Jersey Pde,

Carnegie. Tel: 578 8665 or 568 6608.

Three year olds activity group one session per week, Monday morning and afternoon, Friday morning.

● **Ripponlea Kindergarten**, Carrington Gve, East St Kilda. Tel: 527 4343.

Four year olds group is provided on a sessional basis where children attend four, two and a half sessions per week. Parents may choose the sessions that best suit their needs. Parents may indicate a preference for attendance at both morning and afternoon sessions on the same day with the children cared for in a lunchtime care program. Times are as follows:

Monday-Friday, 8.45-11.15am, Monday, Wednesday and Thursday, 12.45-3.15pm.

Lunchtime Care Program - Monday, Wednesday and Thursday, 11.15am-12.45pm. Three year olds group - Tuesday and Friday, 1.15-3.15pm.

For enquiries phone 527 4343.

● **St Agnes Kindergarten**, 112a Booran Rd, Glen Huntly. Tel: 571 2285.

Four year olds integrated program offering parents the choice of two full days or one full day and two half days, or four half days per week.

Enrolments every Tuesday between 12noon-1pm.

● **St Giles Kindergarten**, 1 Neerim Rd, Caulfield. Tel: 571 5218.

Four year olds extended program, Monday-Thursday, 9.15am-3.15pm and Friday, 9.15am-12.15pm.

JEWISH KINDERGARTENS

● **Adass Israel Kindergarten** 10 King St, Elsternwick. Tel: 523 6422.

● **Beth Rivkah College Kindergarten**, 14 Balaclava Rd, East St Kilda. Tel: 525 9535.

Half day or full day sessions offered for three and four year olds. Government subsidised fee relief available if parents are eligible. Fee relief hours extended to 4.30pm daily, 48 weeks annually. Open day, Monday, June 14 from 9-10.30am.

Mt Scopus College Kindergartens. These three kindergartens have sessions for three and four year olds, Monday-Thursday from 9am-3pm and Fridays from 9am-12noon. For further details, phone Dorothy Harling on

New 'Options' for Caulfield unemployed



Above: From (l-r) Olive Zacharov, Labor Senator for Victoria, Clyde Holding, Member for Melbourne Ports and Lyn Nye, Caulfield Council's youth development officer.

SERVICES for the unemployed in Caulfield and Malvern have expanded due to the relocation of Options Skillshare.

The new Skillshare operation, situated in Hawthorn Rd, Caulfield South was opened by the Federal Member for Melbourne Ports, the Hon Clyde Holding, MP at an official function last month. Skillshare operates out of a subsidised premise supplied by the Caulfield Council.

In his opening speech, Mr Holding said that the local program had established an impressive record of success since opening in 1989.

Options Skillshare is one of almost 400 similar projects nationally which provide employment related training for jobseekers, especially the long term unemployed.

Mr Holding also said that Federal Government funding for Options Skillshare had increased this year to \$320,000. This includes a special grant of \$70,000 to assist the project in relocating and equipping the new premises in Hawthorn Rd. An increase of 30% in Options Skillshare funding was provided to projects nationally. "A 1992 survey of former Op-

tions Skillshare participants showed that over 40% had either obtained employment or had gone on to further education or training. That means more than one in three participants gained a positive outcome from the program," said Mr Holding.

The new Options Skillshare location will enable project staff to expand the range and quality of services offered. Training in desktop publishing, computing, hospitality and home help have been included in the new program.

This year Options has introduced a program for young people aged 15 to 19 years. Innovative training in permaculture, music marketing, fashion design and print will draw young people under threat of long term unemployment into structured training courses.

In closing his speech, Mr Holding praised the continuing community and employer support for Options Skillshare. "It is pleasing to see that in 1992 the community contributed over \$33,000 to the project," he said.

For further information about Options Skillshare, phone 532 9267.

808 5722.

● **Fink-Karp-Ivany**, 1 Feodore St, Caulfield South. Tel: 578 3507.

● **Mt Scopus College** (Moriah Division), 39 Dickens St, Elwood. Tel: 531 3065.

● **Gandel Besen House**, 15-17 Mayfield St, East St Kilda. Tel: 525 9144.

● **Leibler Yavneh College Kindergarten**, 81 Balaclava Rd,

Caulfield. Tel: 525 9166.

Offers sessions for three and four year olds, Monday-Thursday from 8.50am-3.20pm, Fridays from 8.50am-12noon. For enrolments phone 528 4911.

● **Sholem Aleichem Kindergarten**. 51 Elizabeth St, Elsternwick. Tel: 528 6390.

Offers three and four year olds sessions, Monday-Friday, 8.45am-3.15pm.

● **Yeshivah College Kindergarten**, 92 Hotham St, East St Kilda. Tel: 525 9535.

● **Caulfield Arts Complex** Three year old pre-school sessions, St Catherine's Church Hall, 402 Kooyong Rd, Caulfield South. Tuesday and Wednesday, 9.30-11.30am. For further information, phone 524 3287.

Caulfield U3A

will run its next bus tour on
Wednesday, July 14.

'Christmas in July'

Special outing to the Cuckoo Restaurant,
\$28 per head includes lunch and
entertainment.

For bookings and further information, contact
U3A, Monday-Thursday, 10am-3pm, on
532 8462.



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Grimwade House's 75th birthday



Above: Grimwade House student, Sophie Carter assists her grandfather in cutting the giant birthday cake.

GRIMWADE House, the co-educational primary school of Melbourne Grammar School, recently celebrated its 75th birthday.

Grimwade House, one of Caulfield's landmarks is the beautiful Victorian house and gardens of Harleston on the corner of Orrong and Balaclava Rds. Harleston was built in 1875 by Frederick Sheppard Grimwade. Grimwade emigrated from England in 1862 and established a successful pharmaceutical com-

pany with Alfred Felton (well known for the Felton bequest). In these days Caulfield was in the country and it took Grimwade an hour by horse and carriage to his office in Flinders Lane.

Frederick Grimwade had nine children, seven of who survived. The four boys went to Melbourne Grammar School where Grimwade was a member of the school council. He was also a member of the Upper House of the Victorian Parliament.

His four sons were all successful in their various fields - Norton as a businessman, Harold as a major general, Alfred as a leading surgeon and Russell as a scientist who helped found the CSIRO and donated Captain

Cook's cottage to Victoria.

After the death of their mother, the four boys presented Harleston to Melbourne Grammar School in 1917 for use as a preparatory school. In 1918, 120 boys commenced schooling at the renamed Grimwade House. It became co-educational in 1979. Today it is a school for 660 boys and girls.

The 75th birthday celebrations included a book launch, a 1914 vintage car and a birthday cake for all 660 Grimwade House students in front of Harleston House.

A number of functions are planned for later in the year including a concert and the inaugural Grimwade Old Girls Dinner and 'Back to Grimwade' Day.

World Rotary visits Caulfield

MELBOURNE will host one of the world's largest annual conventions from May 21-27, 1993, when over 20,000 Rotarians and partners from all parts of the world attend the 84th Rotary International Convention.

The Rotary Club of Caulfield Rosstown, in conjunction with the Victorian Amateur Turf Club (VATC), will play its part in making the visit to Melbourne a truly memorable one by holding a "Rotary at Caulfield" race day at Caulfield Racecourse on Saturday, May 22. Caulfield residents and friends are invited to join what will be an exciting day.

If you have not recently visited the Caulfield Racecourse, this is an opportunity to take part in a very special day when one of Caulfield's greatest assets is on show to the world.

The Rotary Club of Caulfield Rosstown undertakes many projects of local and international significance. This is one it has worked on for two years. Make a note of this day and come along and share what will be a highlight of the Rotary International Convention.

Caulfield YOUTH Resource Centre

Caulfield Youth Resource Centre is now open on alternate Friday evenings. Activities include a pool competition, videos and music jam sessions.

- MAY 21, 5-9pm** - Videos and hot chips.
- MAY 28, 3-6pm** - Drop in and chat and/or music jam session.
- JUNE 4, 5-9pm** - Videos and hot chips.
- JUNE 11, 3-6pm** - Pool competition.

Caulfield Youth Resource Centre is there for you. If you would like part of the program changed or have new ideas, we'd love to hear from you.

The Youth Resource Centre also provides confidential support/information about your rights:

- ★ Drugs
- ★ Health & Sex
- ★ Family Problems
- ★ Relationships
- ★ Accommodation
- ★ Austudy
- ★ Unemployment
- ★ Training
- ★ Social Security
- ★ School Problems
- ★ Careers

For further information, phone Lyn Nye or Trevor Chappell on 576 9688 or 524 3321. Youth Resource Centre is located cnr Fraser St and North Rd, Ormond.

Youth training options

AS part of its Youth Options program, Options Skillshare will conduct the following courses for youths aged between 15-19 years who are currently unemployed.

● Introduction to Horticulture/Environmental Management.

This 26 week, part-time course will provide a broad overview of the Horticulture/Environmental Management Industry, career/employment opportunities available and the training and/or experience required. The program will include industry visits, guest speakers, workshops and practical training at the Options Horticulture Centre. Topics include: gardening (including organic and permaculture), turf management, nursery practices, landscape gardening, flower growing/floristry, revegetation, safe use/maintenance of tools, equipment and machinery, occupational health and safety, plant identification and culture, com-

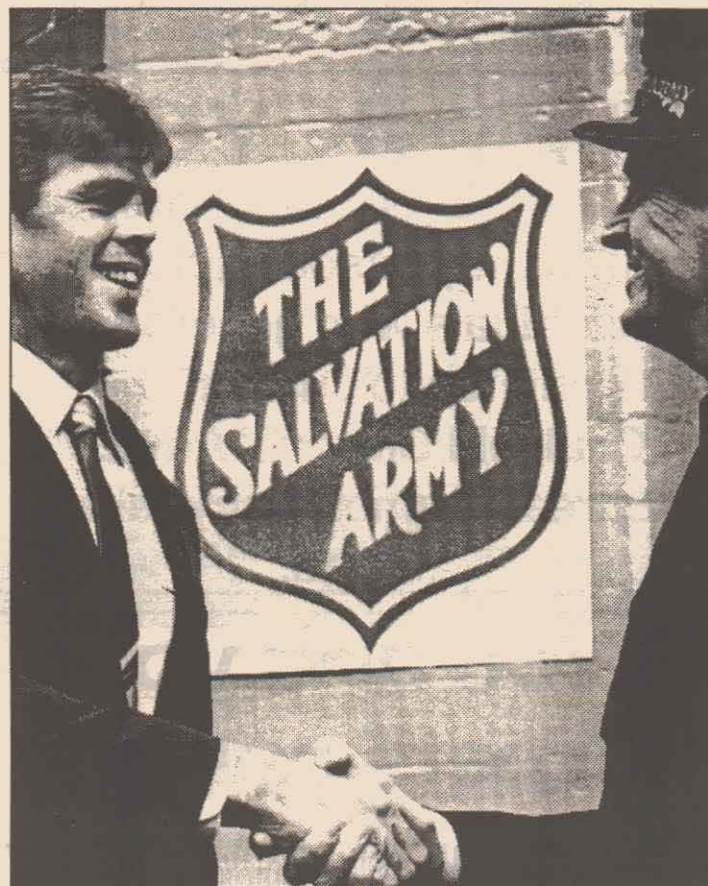
munications, job search and business skills.

● Introduction to the Music Industry

This 12 week part-time course will provide an overview of the Australian Contemporary Music Industry, the career/employment opportunities offered and the training and/or experience required. The program will include industry visits, guest speakers and practical workshops. Topics include: care and maintenance of musical instruments, music styles, songwriting, live sound production, radio production, video production, multitrack recording, event management, communications, job search and business skills.

Both courses will be held at the new Options Skillshare location of 342 Hawthorn Rd, Caulfield South. Course commencement date is Monday, May 31.

For enrolments or further details phone 532 9267.



Thank God

for the Red Shield Volunteers

A few hours of your time on Sunday May 23rd can help the Salvos. By becoming a Red Shield Volunteer, and collecting donations, you'll help us to help others.

Please contact Major Wes Collinson on 890 9722

or Jack Campbell on 523 9228. And give

generously of your time.

Red Shield Appeal  Sunday May 23rd

TO VOLUNTEER, PLEASE CONTACT THE SALVOS



Watch out!

Lights, radios and T.V's can help protect your home

AN important aim of security is to create the impression that a home is occupied at all times. At night while away from your home and even during the day various electric time switches can operate table and reading lamps, radios and televisions whenever you wish and for any period of time.

Some switches cost around \$20, and for around \$30 one switch can operate randomly for never the same length of time. A number of devices can operate from the one switch using double adaptors or extension leads.

For the exterior of your home, movement operated lights cost around \$80 and simply replace existing light fittings, making do-it-yourself installation easy. They switch on when sensing move-

ment between 0.5-6 metres from the light.

Even simpler, with no extra expense other than the electricity account is to leave certain lights and the television or radio on when you go out at night or expect to arrive home after dark.

Every home has its own pattern of light and power use and if we contrive that effect reasonably closely, we are halfway to securing our homes, particularly at night.

If however, all this is done and you happen to be home to the caller who, when you answer the doorbell claims to be touting for subscriptions to a new encyclopaedia and you are aware that this is not the case, ring the Police emergency on 11444 immediately with a detailed description of the caller.

THANK YOU

To the various church groups, community associations and individuals who generously continue to support the Caulfield Citizens' Advice Bureau's emergency relief efforts.

You and your pets column

House training your puppy

MOST puppies are not fully house trained until about 12 weeks of age, but it is a good idea to start introducing a schedule as soon as you get your puppy home.

Start by having regular feeding times followed by trips to the garden, sitting him on the lawn and praising him if he does the necessary duty. Take him outside first thing in the morning, right after meals, after sleeping and last thing at night.

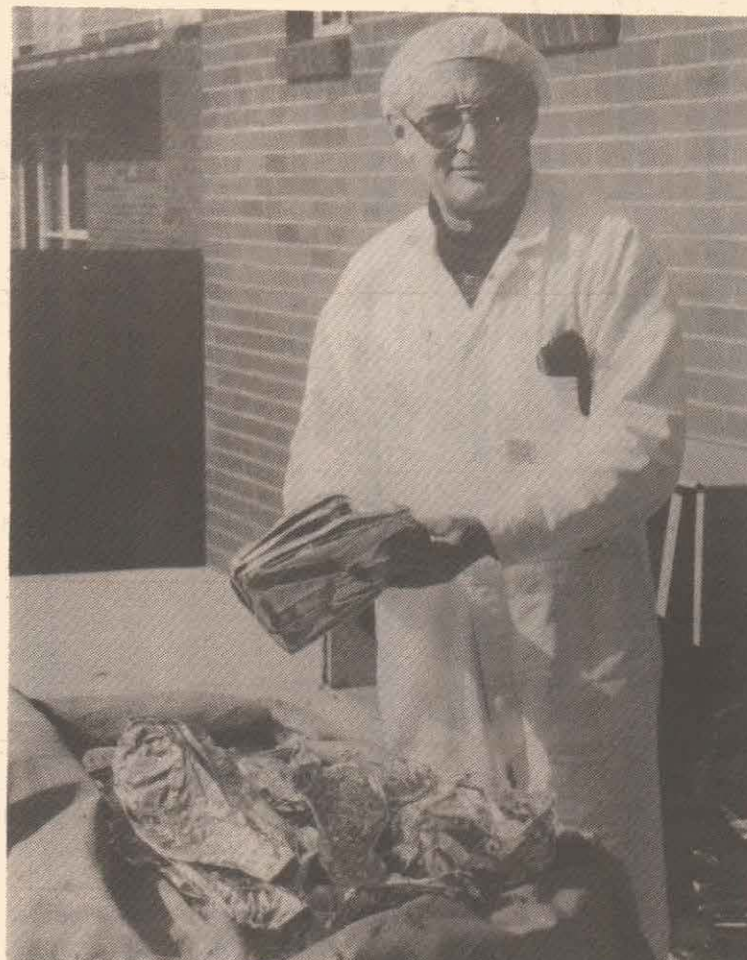
In the room where he sleeps you should place newspaper on the floor over half the room and gradually, over a period of time reduce the total area covered until there is just a small area left by the door which, in time should move gradually outside.

When he is in other rooms of the house he will need supervision. Should he show signs such as digging, walking in circles or going to the door, pick him up and take him outside. Of course accidents will happen. Should you catch him in the act, a stern and firm "No" or "Bad dog" will tell him he is doing wrong, but again, should only be used if you catch him in action. If you failed in catching him, clean up the mess as well as possible, using an odour neutraliser if you have one to mask the scent and furthermore prevent occurrences in the same spot.

Remember, perseverance is the key to any well trained dog.

● INFORMATION IN THIS ARTICLE WAS SUPPLIED BY CAULFIELD VETERINARY CLINIC.

Aluminium recycling gets the nod



Above: Food Services volunteer, Klaus Roenneke.

CAULFIELD Council has approved an application from the Glen Huntly Neighbourhood House to conduct a trial aluminium recycling program. This program is an extension of a recycling venture currently carried out by the Caulfield Food Services kitchen.

Caulfield Food Services have been encouraging its users to

return the cleaned aluminium foil meal containers for recycling since the idea was first introduced in 1990. Currently they collect approximately 25 kilograms of cleaned meal containers which are sold to a scrap metal dealer in Oakleigh, fetching \$0.80 cents per kilo (soon to drop to \$0.75). Income returned to Food Services is around

\$1000 per annum. The extended program intends to boost revenue and reduce the pressure on land fill.

It is because of the successful recycling efforts carried out by Caulfield Food Services that prompted the Glen Huntly Neighbourhood House to extend this service into the community.

Heather Welsh from Glen Huntly Neighbourhood House, said "There are many other food outlets within the municipality which use aluminium foil for packaging so it seems appropriate to expand the recycling service to these outlets."

Council's contribution to this scheme entails the supply and delivery of mobile garbage bins to the Carnegie and Glen Huntly Coles New World Supermarkets. (Keep an eye out for the new aluminium recycling bin, arriving at these supermarkets soon).

Glen Huntly Neighbourhood House will arrange for volunteers to collect the recycling bins from the two supermarkets and deliver them to the Food Services Kitchen for collection.

Together with their own collected foil, the money from all other collected foil will be donated to Food Services to provide each Food Services recipient with a gift at Christmas time to thank them for helping with the recycling program.

Storytime at Caulfield Library



CAULFIELD Council's Library Services, Recreation Centre and Arts Complex continue to offer programs for children during school holidays. Pictured are children participating in the "Act it out" storytime program held at the Caulfield Library during the April school holidays.



Old photographs of Caulfield are still being sought by the Town Planning department. These can be copied if the owner wishes to keep the original.

Of interest are pictures of streetscapes, houses, gardens etc. If you have old photographs to share with the Town Planning department, please contact Jeff Akehurst on 524 3211.



Do your purchases weigh up?

Special feature

TAKE a moment to consider your daily purchases: bread, milk, meat, fruit and vegetables, petrol, oil, dress material, firewood, sand and screenings, timber lengths, alcohol etc.

Have you ever bought any of these and thought that maybe they weigh less than they should? Or have you suspected that it is short of the quantity that you ordered? Or did you suspect you weren't quite getting your money's worth?

How can you be sure? If you think you have been short changed, what can you do about it? There is a quick and simple way to have your claim investigated. It takes a phone call to your local Weights and Measures Inspector.

Of all the services provided by the Council, the Weights and Measures function is probably the least known within the community. The work undertaken by the Inspectors is to continually monitor the correctness of equipment in the market place.

The origins of Weights and Measures in relation to traders goes back as far as ancient Egypt. A standardised system of weights was in operation nearly 10,000 years ago in Egypt. The oldest recorded unit of length is the cubit, used when building the pyramids. There are numerous references to Weights and Measures in the Bible, one of which is as relevant today as it was then "You shall not pervert justice in measurement of length, weight or quantity. You shall have true scales, true weights, true measures dry and liquid." (Leviticus 19:35-36).

The South Eastern Suburbs Weights and Measures Authority comprises the municipalities of Caulfield, Brighton, Malvern, Oakleigh, Sandringham, South Melbourne and St Kilda. Councilors from each municipality act jointly as managers, overseeing the operations of the Authority.

Three full time inspectors and one part time inspector cover the area of approximately 115sq kilometres, comprising a population of 303,400. There are approximately 7300 instruments subject to regular inspection.

The Authority aims to maintain consumer confidence in instruments used for trade and to protect the consumer, retailer, wholesaler, manufacturer and grower against errors in the weighing, measuring or packaging of goods.

By law, all weighing and measuring instruments in use for trade



Above: South East Weights and Measures chief inspector, Denis Fanning on a routine petrol pump inspection.
Below: Inspecting the correct weight of this leg of lamb.



have to be checked for accuracy at regular intervals and stamped with an official mark of verification.

In addition to this responsibility, supervision is carried out on

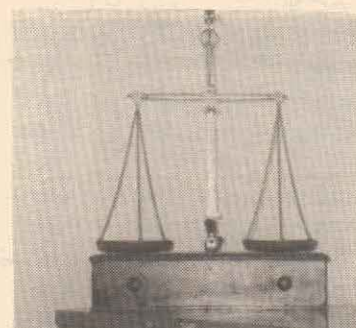
such matters as the correct marking and contents of pre-packaged articles, the method of expressing the price of a product and the maintenance of correct bread weights.

The advertising and selling of firewood has been an area of concern in recent times with a resurgence in the popularity of this type of fuel. Through industry consultation and in some instances, prosecutions (eg: when a consumer ordered what he believed to be 1000kg and received 375kg) concerns have been reduced and on the whole, the industry has responded well.

The variety of complaints handled by the South Eastern Weights and Measures Authority, ranging from petrol pumps not delivering the correct quantity, to consumers stating that they have been overcharged for purchases. This authority endeavours to investigate, within 24 hours all complaints received.

Remember, matters concerning weights, volume, measure of length, price per unit articles, labelling of articles which can be false statements are all the vital issues dealt with by your local Weights and Measures Inspection service.

For further information on the South Eastern Suburbs Weights and Measures Authority, contact the chief inspector, Denis Fanning on 524 3329 or 018 995 133. The inspectors office



Above & Below: Two models of scales previously used by the Weights and Measures Authority - now superseded by electronic scales pictured below left.



is located at 281 Hawthorn Rd, Caulfield South.

The article deadline for the June 14 issue is May 21.

CAULFIELD ARTISTS AWARD

Artists who live or work in the City of Caulfield are invited to submit entries for the inaugural

CITY OF CAULFIELD Caulfield Artists Award Exhibition

This exhibition will be held at the
Caulfield Arts Complex

from July 22 - August 1993.

Entry forms are available from the Arts Complex Office, City Hall. Telephone 524 3287 for further details.

AWARDS OFFERED ARE:

THE NATIONAL AUSTRALIA BANK
Caulfield South Branch
\$500 Cash Award

STAGE TWO LIGHTING
51 Glen Eira Road, East St Kilda
\$200 Cash Award

LIA'S SALON
239 Hawthorn Road, Caulfield
\$200 Cash Award

Have you recently moved to Caulfield?

If so, contact the Council's Community Relations department on 524 3259 for a copy of our

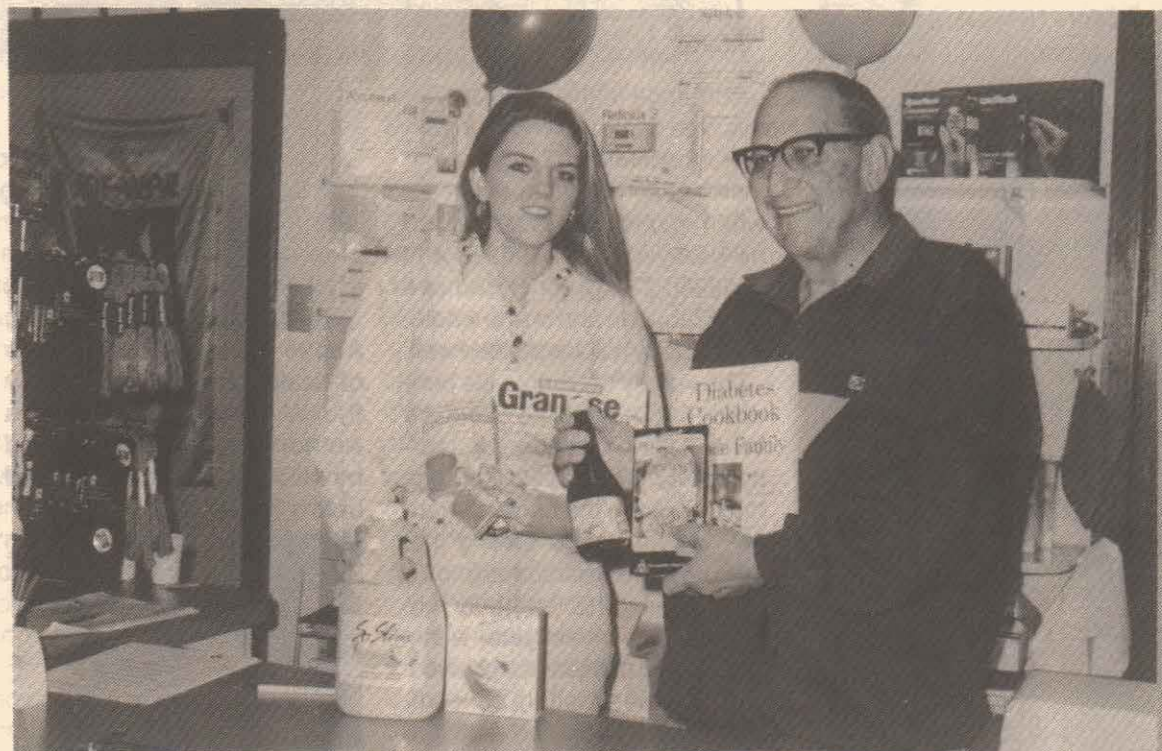
New Resident Kit

which includes the 1993 Resource Guide.





Diabetes health shop celebrates first birthday



Above: International Diabetes Institute's "One Stop Shop" volunteers Kym Johnson and Frank Durra.

THE International Diabetes Institute's "One Stop Shop" recently celebrated its first birthday.

Run solely by volunteers, the Shop, located next to the reception area at the Institute, offers a wide range of healthy food, healthy lifestyle items and diabetes supplies for sale to diabetics and the health conscious alike.

In addition to the "One Stop Shop" and conveniently located across the corridor is the National Diabetic Supply Scheme

agency (NDSS). This is operated by Diabetes Australia (Victoria) and managed by Peter Arnold.

Both of these services mean convenience for you, the person with diabetes, or a friend or relative who does the shopping for you.

Government subsidised items available from the NDSS agency include: syringes, needles for insulin pens and urine and blood glucose monitoring strips. Note that other supplies which are not government subsidised, such as

meters and finger pricking lancets are obtainable from the "One Stop Shop".

Syringes and test strips are far cheaper through the NDSS agency than from your local chemist.

For further information about either of these services, please contact the International Diabetes Institute on 528 4295, or visit the Institute and Shop at 260 Kooyong Rd, Caulfield South. *Caulfield Contact* will include a feature article on Diabetes in the June issue.

Make a fresh start

IF you are one of the 900,000 Victorians who still smoke, the odds are you would like to quit for good but don't know how.

This year's Quit Week commences with *World No Tobacco Day* on Monday, May 31.

Smokers are encouraged to have a go at quitting and try one of the new services offered by the Quit Campaign. The new program, *Ten Steps to Quitting for Good* includes a video and booklet, a relaxation cassette and the *Quitting for Good Book*. Each of the components can be used individually or as a complete program. Another new service offered by Quit this year is a telephone counselling service, where trained counsellors contact the quitter on and after their quit date to give extra encouragement.

According to Michelle Schollo, executive director of the Quit campaign, over 80% of current smokers have made at least one attempt to quit and over 40% say they are likely to try to quit in the next few months.

"Most smokers want to break the habit but there's no magic wand," she warns. "To be successful, it takes planning and, of course, will power!"

When you decide that giving up smoking is an important thing for you to do, shop around and find the method that best suits you.

Hypnotherapy, acupuncture, psychological counselling, nicotine replacement and the Quit Campaign's *Fresh Start* Quit Course have worked for many people.

Once you decide to quit, you have the choice of doing it suddenly or gradually. Going "cold turkey" is fine for some. They fire up and are determined enough to resist temptation until they are free of the

addiction. For others, a self imposed plan of cutting down in short sharp steps can achieve the same results over one or two weeks.

Here are some tips:

- Don't say "I quit," say "I don't want to smoke."
- Call Quit and work out the best method for you. One of the trained counsellors will call you back to check your progress.
- Don't light up when you feel a craving for a cigarette. Wait at least three minutes. During that time do something different to change your thinking activity.
- Enlist in a Fresh Start Quit Course - join 10 other smokers just like you and work out your individual strategies together.
- Try one of Quit's new *Quit for Good* resources - *The 10 Steps to Quitting for Good* video, the relaxation cassette or the *Quit for Good Book*.
- Don't carry matches or a lighter.
- Carry the *Little Can Quit Book* around in your pocket or handbag (wherever you kept your cigarettes). Look through it everytime you get a craving.
- Don't buy cartons of cigarettes. Wait until one pack is finished before buying another.
- If cigarettes give you an energy boost, try gum or a few stretching exercises instead.
- Make a short list of the luxuries you might like for yourself or a special person. Write the cost next to each. Convert the cost to "packs of cigarettes." Put aside the money saved as you cut down. Spoil yourself.
- Enlist the help of a friend or workmate and for some advice on how to quit for good.

For information on quitting for good, call the Quit Campaign on 13 1848 or talk to your local doctor, community health nurse, pharmacist or other health professional.

What does the 'tick' mean?

WHEN doing your weekly grocery shopping you have probably noticed more and more products with the National Heart Foundation's endorsement in the form of a tick on the label.



But what does this mean?

The tick is given to foods which meet the Heart Foundation's healthy eating guidelines.

"Approved" foods are nutritious and low in saturated fat and salt. The amount of fibre, cholesterol and added sugar have also been taken into account when deciding which foods earn the 'tick'.

How do we know that foods really earn the 'tick'?
All foods have been independently tested for the Heart Foundation before getting the 'tick' and are re-tested every year. The list of companies submitting products for testing is growing.

A word on quantity
While the 'tick' symbol provides

a guide for healthy food choices, it doesn't give an indication of amounts of foods that should be included in the diet. For example, margarine that has earned a 'tick' should not be included in unlimited quantities. The 'tick' only indicates that the type of fat in the margarine is recommended. The overall aim is still to reduce total fat intake.

Remember, the 'tick' is just one way to help us choose healthier foods. The overall message is one of variety and quantity as follows:

EAT MOST

fruit and vegetables, breads, cereals, rice, pasta, beans, lentils and water.

EAT MODERATELY
lean meat and poultry, fish, eggs, milk, low fat dairy foods, nuts and seeds.

EAT LEAST

butter, oil, margarine, salt, sugar and alcohol.

INFORMATION SUPPLIED BY
DIETITIONS, CAULFIELD COMMUNITY
CARE CENTRE & NATIONAL
HEART FOUNDATION.

THANK GOD FOR THE SALVOS

**Round
the clock.
Round
Australia.
Round
your place.**



**Red Shield Appeal
Sunday May 23rd**

Comment sought on draft Municipal Public Health Plan

FOR the past 18 months, the City of Caulfield has been working with its community to prepare a Municipal Public Health Plan. As part of the City's Forward Plan, which sets the corporate direction for the City of Caulfield, the MPHP sets out ways Council and other community agencies can work together to create a more healthy environment. Consultations with the community have included a random survey to residents and responses from people working in the area to help identify major health issues in the municipality. Two major issues being; *Improving Personal Safety* and *Creating a More Caring Com-*

munity, were the subject of two consultations attended by over 150 participants.

The draft plan, endorsed by Council in April incorporates strategies relating to the issues of personal safety and creating a more caring community, as well as objectives and strategies derived from discussions with Council departments and community organisations. This draft is available for public comment until Friday, June 18, 1993. Copies are available at City Hall, Elsternwick, Caulfield and Carnegie Libraries. Council will study the public comments prior to considering the final plan in July 1993.



Bogdan Fialkowski exhibition



Above: "Intrigue", by Bogdan Fialkowski, oil on canvas collage, 2m X 140m.

An exhibition of works by Bogdan Fialkowski, "Amalgamation 93", comprising 20 large canvasses and 10 drawings will open at the Caulfield Arts Complex on

Saturday, May 29 and will run until Sunday, June 6.

The works will be divided into two categories: Australian Landscapes and more personal

visions, each providing a context for the other.

"I suppose you could call me a sort of surrealist," said Polish-born, Melbourne painter, Bogdan Fialkowski. "The landscapes are mostly of barren, sunbaked rock formations in various parts of the outback, well reflecting the sense of strangeness felt by those who visit there. I really had to go bush to realise that I was no longer in Europe," said Bogdan.

Another category presented in this exhibition will be human figures.

The fascination with the female form predominates, but these are no ordinary art school nudes, rather, the artist uses this form to convey his wry, even sardonic view of the world around him. A balance with these externally-inspired works is provided by Fialkowski's "sort of surrealist" paintings, many of which contain elements of collage.

"Amalgamation 93" is presented in conjunction with the book launch "The Painters Who Gave Me Life", sponsored and edited by Barbara Ferrari. The book contains verses by Barbara Ferrari which are illustrated by paintings of Bogdan Fialkowski, Marek Momont and Barbara Cernecky.

Caulfield Arts Complex term program

CAULFIELD Arts Complex will hold the following courses for adults and children until June 26, 1993. For information about times, costs and locations, phone Caulfield Arts Complex on 524 3287, a copy of full program is also available.

● Adult Classes

Pottery with Robert Morollo & Shari Nye - Explore the world of clay using a variety of handbuilding and sculpture techniques as well as "throwing" on the pottery wheel. Also learn how to use a range of glazes, slips and underglazes for decorative finishes as well as packing and firing of the kiln.

Yoga, Relaxation & Meditation with June Michaelson - An integral yoga class combining relaxation, meditation and guided yoga postures according to individual ability. Concentration on breathing and body awareness provides a simple method to develop peace of mind and physical relaxation.

Experimental Painting & Drawing with Anne Riggs - Come and have a go at painting in a relaxing and enjoyable class focussing on investigating paint, color, rhythm, texture and movement.

Basic Sketching & Drawing with Anne Riggs - Using pencils, pastels and charcoal this class introduces beginners to the basics of drawing to develop individual interests and skills.

Traditional Chinese Brush

Painting with Chen XiaoQiang - See "New tutor for Arts Complex" article, above right.

● Children's Classes

Pottery with Shari Nye and Robert Morollo - Explore the world of clay using a variety of handbuilding and sculpture techniques.

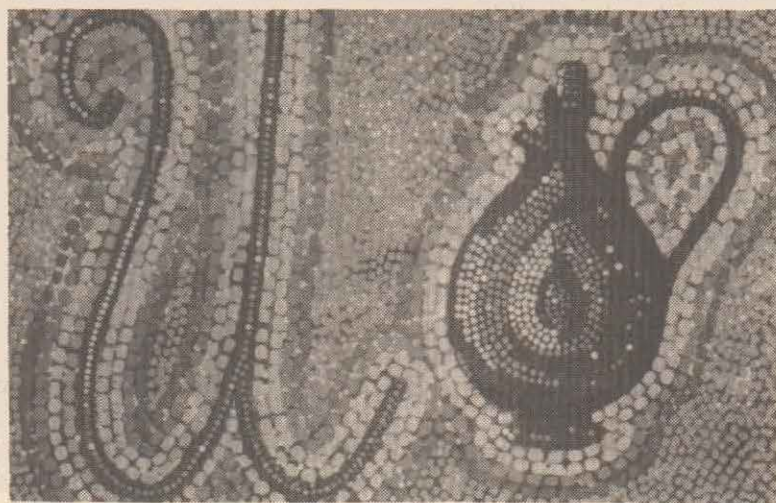
Children's Painting & Drawing with Anne Riggs - Develop your child's artistic and creative

skills using charcoal, pencils, watercolors, pastels and acrylics.

Kids Craft with Anne Riggs - Come, explore and create a range of exciting art and craft projects including candle making, fabric painting and printing, jewellery, mask making and sculpture activities.

● **Pre-School classes** also available.

Serbian art in Australia



Above: Ibrik, by Mira Arandelovic-Skaler, acrylic on paper, 1992.

CAULFIELD Arts Complex will hold an exhibition "Serbian Art in Australia Today", from May 26-June 6, 1993.

This exhibition represents the work of Serbian artists living in Australia today. The artists, Relja Plavsak-Plar, Ljubisa Markovich, Rada Grozdanovic, Dragoljub

Ruscuklic and Mira Arandelovic-Skaler reflect the influence of their own country of birth and their adopted country, Australia.

Some of the artists will represent cultural heritage stemming from Slavic and Orthodoxy, Byzantine and Serbian origins.

New tutor for Arts Complex

XIAOQIANG Chen, or Chen as he has asked to be called as his first name is difficult to pronounce, is the new Art Tutor for the Caulfield Arts Complex's term program.

Chen will teach his classes using traditional Chinese brush painting techniques on Tuesdays between 11am-1pm at the Caulfield Recreation Centre, Maple St, Caulfield South. These classes are for beginners as well as those with previous painting experience. Students over 55 can receive a 50% concession on all painting classes.

Chen has a strong background in fine arts in China. Since obtaining his Masters degree in Fine Arts from Nanjing Normal University, he has tutored students both at the University and

the Architecture College in Nanjing. While living in Beijing, Chen was the Arts Editor with the People's Fine Arts Publishing House.

In 1992, Chen won the Silver Hawk award at the fourth international art contest in Nice, France for his watercolor painting "Path in my Native Land". Due to the current political climate in China, it is not possible for Chen to exhibit his work there and so he is looking forward to the opportunities that living in Melbourne will provide.

Chen is a painter and teacher who enjoys passing on his expertise and knowledge to art students of all ages.

To enrol in this fascinating class, please contact the Caulfield Arts Complex, on 524 3287.

Below: Xiaoqiang Chen, new arts tutor at the Caulfield Arts Complex.



Caulfield Festival 6th annual short story competition...

A prize of \$500 will be awarded to the winner of this competition.

- Closing date for entry is Friday, September 3, 1993.
- Only previously unpublished stories which have not been prize winners in other competitions to be submitted.
- Manuscripts must be typed and double spaced with a maximum length of 5000 words.
- Manuscripts will not be returned but copyright will remain with the author.
- Manuscripts must not have author's name on.
- The winner will be notified and then announced in the Fellowship of Australian Writers Magazine.

Judges for this competition are:

Garry Disher, Jim Badger and Lola Stewart (1992 winner).
No correspondence will be entered into with regard to the result.

HOW TO ENTER:

No form is necessary. Just write your name, address and telephone number on a separate sheet and send your story and sheet to

Caulfield Festival Short Story Competition
P O Box 500
Caulfield South 3162.

Any further information can be obtained from Catherine Cooper on 524 3406. Entries will be accepted between July 19 and September 3, 1993.



Cycling - for sport, pleasure and transport

CYCLING is still one of the preferred sports in Caulfield with some one in five residents cycling for recreation or transport.

Cycling is the seventh article in our series *Sport in Caulfield*. If you are involved in a sporting group not yet covered in this feature and would like some exposure, send information and photos to: *Caulfield Contact*, P O Box 42, Caulfield South, 3162.



Above: Start of the 1993 National Penny Farthing Championships (Veterans Division), Tasmania.

Cycling has always remained a popular form of transport and recreation for children, but its appeal declined when automobiles became popular.

Cycling for recreation was revived during the Second World War and since the late 1970s due to anti-pollution and personal fitness campaigns.

Caulfield 'BUG' FORMED in 1990, by Dr Peter New (an accidental converted ex-motorist), Caulfield Bicycle Users Group ('BUG') is one of 40 rapidly increasing 'BUG' networks throughout Victoria.

Set up and supported by the renowned Bicycle Victoria Association, 'BUG' is a non-profit community organisation which promotes bike riding for everyday travel and recreation.

'BUG' works closely with VicRoads and local councils to achieve safer and more enjoyable shared use of roads. This is achieved by talking to decision makers, planners and authorities to improve bicycle safety facilities at local, state and national levels.

'BUG' also provides help and information on all aspects of cycling, publishes pamphlets and "Australian Cyclist" magazine, and organising cycle rides such as "The Great Victorian Bike Ride".

Caulfield 'BUG', in conjunction with Caulfield Council will commence a series of five "How to" sessions in early August which aim at assisting adults to renew their joys of cycling after perhaps a long period of absence; to select, restore and adjust their old bike; to learn safe riding techniques; where to ride and much more. Keep watching *Caulfield Contact* and other local newspapers for details.

In addition, Caulfield 'BUG' conducts a monthly family mystery tour ride on the fourth Sunday of each month. It's not a race, but a low impact, interesting, friendly and social ride, commencing at 9am at the Caulfield Railway Station. No need to book, just turn up with your bike and a smile.

At present, founder of Caulfield 'BUG', Dr Peter New is cycling in North America, then heads off to South America and Europe for a 12 month cycling tour.

Another foundation member, George Abel is currently riding solo around Australia.

Other members have vast international cycling experience having cycled in China, Japan, USA and New Zealand.

If you're interested in cycling, come along to the monthly 'BUG' meetings held at the Glen Huntly Neighbourhood House, 1213

Glen Huntly Rd, Glen Huntly (near Grange Rd), at 8pm on the last Tuesday of the month.

For further details, phone Joe Erstemeyer on 572 1417.

Vintage Cycle Club of Victoria FORMED on Australia Day, 1983, the Vintage Cycle Club of Victoria is a loose-knit group cycles and cycling history enthusiasts. Its membership is open to people of all ages and interests and includes artists, artisans, doctors, dealers, tradespersons, teachers, technicians and many others.

Some collect, restore, exhibit and ride the enormous variety of cycles, others research the development, while others have an interest in family history. The Club serves as a central resource to assist, locate or supply needed parts or information.

Affiliated with similar interest clubs throughout the world, the Club participates in presentation displays, parade riding (Moomba, Myer Christmas parade, festivals etc), Penny Farthing racing, guest speakers and many other areas including television and radio interviews.

Members are located throughout Australia, USA, England and Europe and have undertaken some gruelling challenges during the years. One being the Penny Farthing ride around Australia and Tasmania, 24 hour Penny Farthing record and the Adelaide to Melbourne Penny Farthing ride.

For information about the Vintage Cycle Club of Victoria, contact president, Harry Clarke, on 528 4097.

BOWLED OVER

ELSTERNWICK District Bowling Club Inc. held a successful social day with Karingal, Frankston recently. The day was organised by vice president Wally Lee. Sponsors, Aussie Disposals kindly donated a perpetual shield.

Cards and solo day has already commenced this season and take place on at the Club on Thursdays at 11am, cost \$4 (includes lunch and afternoon tea).

Indoor bowls will commence on Tuesday, May 18, 1pm, afternoon tea provided, all welcome.

Members wish to congratulate Ray Sears for winning the Men's Club Championship 1992-93 and Kath Hamilton for the Ladies Championship. Kath has also pulled off the Grand Slam - a first for the club.

Elsternwick Club has vacancies for bowlers and new members. Coaching is available. Everyone welcome. For further information, phone the Club on 523 9005.

CAULFIELD South Bowls Club Inc. has held a number of events recently which include Ladies Guest Day and Ladies Club Championship. The Championship was contested by Cath Bugden and Margaret Laughton. Cath is now the new club champion and has left to compete in the National Carnival in Perth. Other events include the President's Invitation Night, twilight bowls followed by a barbecue and a bowls game and lunch for 88 super veterans. The annual ladies "A" grade invitation fours, sponsored by the ANZ Bank was attended by 28 teams. Winners on the day were Cath Reardon's

team from Moorabbin, runners-up were N Wood's team from Mt Waverley.

New members welcome. For Club details, phone Leon McCarthy on 592 5284 or Kay Bond on 534 5510.

GLEN HUNTLY Bowls Club members were saddened on April 20 by the news of the death of Percy Dance who died peacefully after a long illness.

Known by the bowls fraternity in the Caulfield area as "Mr Glen Huntly", Percy served three separate productive terms as president, excelled as a tournament director and was a popular and successful skipper on the green during his 40 years with the Glen Huntly Bowls Club.

Percy was elected as a life member in 1976 and a few weeks prior to his death, derived great pleasure from news of three bowls successes at the Club. Firstly, his wife Nancy won the Ladies' Singles Championship for the second time and with Peg Moyle as her leader, won her fourth pairs championship. Added to this, the Ladies' pennant side was promoted back to division A2 from division B1, thus regaining its standing after only one season of relegation.

The Men's Championship was won by Neil Williams with Shane Dowthie runner-up. Shane won the minor championship by defeating Reg Lechte in the final.

During the winter months, carpet bowls will be played in the clubhouse on Saturday afternoons, commencing 1.30pm. Residents are welcome.

For details, phone Harry Keogh on 571 3865.

Peddalling for a worthy cause



Above: Caulfield General Medical Centre's cycling team. From (l-r), front row, Julie Coupe, Bernadette Souter, Pat Dowling, Kath Adams, Sue Hunt, Jill Peterkin and Garry Fabian. Standing, Paul Lantanna, Rhae Kiehne, Helen Schifferle, Scott Bradley and Souzie Coulson.


CAULFIELD General Medical Centre staff recently took part in the gruelling 520 kilometre *Murray to Moyne Bicycle Rally* to raise money for their hospital.

The Caulfield team was only one of 126 teams working in, or associated with the health care industry who gave up their weekend to raise funds for their hospitals or institutions.

The rally, which has been held annually for about eight years, has two starting points, Mildura and Echuca and finishes at Port Fairy. Most teams ride in relays, changing riders every 25-30 kilometres. Each rider averaged about 130 kilometres each.

The Caulfield team raised over \$2000 for the Caulfield General Medical Centre.

Caulfield Community Bus Service
needs volunteers to assist passengers.
A small amount of your time enables many older, isolated people to enjoy an outing or shopping trip.



If you can help, please contact Kim Fisher, Mondays or Wednesdays, on 524 3314.

AROMATHERAPY HEAD MASSAGE

FABULOUS new treatment French Aromatherapy combined with Asian head massage - releases tension, therapeutic, cleanses scalp, stimulates healthy hair. Exclusive to Lias's Salon (formerly Penelope's). Quote this ad for 20% off, 239 Hawthorn Rd, Caulfield. Ph: 532 9233.

BLOW DRY

For the busy lady, wash and shampoo yourself, come in with your hair wet and we'll blow dry for only \$10. Make a time to suit yourself, early morning and evenings too. Lia's Salon, 239 Hawthorn Rd, Caulfield. Ph: 532 9233.

BUS. OPPORT.

SERIOUS about securing your future. Call 568 4565 for recorded information.

FOR ADVERTISING ENQUIRIES PHONE: 524 3258

CREAM BATHS

NEW cream bath head massages. Fabulous, soothing, stress relieving and beneficial for healthy hair and scalp. Quote this ad for 20% off. Nowhere else, only at Penelope's Salon, 239 Hawthorn Rd, Caulfield. Ph: 532 9233.

FRINGE TRIMS

★ **Free Fringe Trims** ★ Two free fringe trims in between haircuts. Ladies, gents, boys and girls. Make your cuts last longer only at Lia's Salon (formerly Penelope's). Quote ad for 20% off cuts. 239 Hawthorn Rd, Caulfield. Ph: 532 9233.

GARDENING

ELSTERNWICK Tree & Rubbish removal. 15 yrs experience working for Council parks & gardens. Fully qualif. Ph: 555 0675, 5372662.

HANDYMAN

HANDYMAN for all your small home repairs. An area resident for 30 years. Ring Peter on 527 4852.

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"Old and new - borrowed and blue". Old style roller sets for long lasting perms. New style wet looks to look younger. Borrowed styles from Lady Di. Blue rinses for the stately look. You come first at Lia's Salon. Quote ad for 20% off. 239 Hawthorn Rd, Caulfield. Ph: 532 9233.

HEALTH PRODUCTS

INDEPENDENT Herbalife distributor. Call me for products, 569 1201 Peter.

HOME PRODUCTS

AMWAY distributor. Call Bruce anytime for personal and home delivered service. Ph: 563 1395, 018 355 439.

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WE love kids - we've got toys and books to amuse and we love to cut their hair at Lia's Salon. Quote ad for 20% off. 239 Hawthorn Rd, Caulfield. Ph: 532 9233.

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FEELING sore, stiff, tired or stressed after a hard days work, or preparing for your favourite sports event? Phone Brian on 568 6961 for therapeutic relaxation and sports massage

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DIRTY house windows? They needn't be a pain! For reliable, quality service. Call now for a quotation. Most jobs within 24 hrs. Campbell, ph: 509 9214

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RECREATION & LEISURE

Senior citizens' week round-up

THIS years' Senior Citizens' Week celebrations in Caulfield was an eventful time for many local residents.

The aim of the program was to allow as many residents of varied nationalities to be involved in a variety of activities.

These activities were offered free to the community to enable all residents the same opportunity to be involved and provide an awareness of all facilities available to them through Council and community projects.

Activities offered included exercises in the park with a barbecue lunch, two concerts, come 'n try sessions, films, travel talk, an exhibition of art and craft and a launch of a short stories collection.

Performances by touring artists to nursing homes and special accommodation homes, plus the involvement of the homebound at functions such as exercises in the park enabled the more frail members of the community to take part.

A major challenge was the production of advertising material in five languages English, Polish, Russian, Greek and Italian. The success of this was demonstrated by the attendance of many non-English speaking people at the multicultural concert and films.

For information regarding Senior Citizens' Week (if you want to be included on the mailing list), or other programs which are run for older adults, please contact Council's recreation officer for older adults, Cheryl Kennedy on 524 3367.

Over 50s step it out



Above: Some Caulfield residents participating in a walking activity organised for Senior Citizens' Week.

THE Caulfield Recreation Services offers older adults in Caulfield the opportunity to put their best foot forward.

Walking is the oldest form of exercising and in some ways, the newest as many Australians have re-discovered its benefits.

For most people, walking is the easiest way to exercise and you don't need to sweat and

strain. Walking at a comfortable speed improves the efficiency of the cardio-respiratory system by stimulating the heart and lungs.

Come along and explore the streets and parklands of Caulfield by joining one of Council's two walking groups: Wednesdays, 9am at the Caulfield Recreation Centre,

Theobold Foundation honors locals

IT'S almost two years since veteran athlete Gus Theobold sadly passed away. Gus had been a stalwart of the Glen Huntly Athletic Club for over 50 years and the Foundation named after him recognises his lifelong contribution to the athletic world.

On Friday, April 30, the first two awards from the Gus Theobold Foundation were presented.

An Appreciation award was made to Margaret Dunbar for her countless hours of administrative work for the Club.

"Margaret's always locking-up, recording and attending meetings," said club treasurer, Tony McAvaney when present-

ing the award. Margaret received a shopping voucher and dinner for two at The New Chadstone.

Charles Weisz, a very promising junior who won a state pole vault title in his first year in the event was presented with an Achievement Award.

"We're keen to offer every encouragement to young people with commitment and commonsense such as young Charles," said club president, Max Binnington. Charles was presented with \$400 cash and a \$400 Puma goods voucher.

Enquiries about the Foundation can be made to Tony McAvaney on 572 1359.

Maple St, Caulfield South, cost \$2, or Thursdays, 9am Packer Park, Leila Rd, Carnegie, \$1.

For further information, contact Council's recreation officer for older adults, Cheryl Kennedy

on 524 3228.

Remember: Walking can be a relaxing, social and fun activity. Enjoy being active and healthy no matter what your age. You are never too old.

Caulfield Contact 1993 Publication

CAULFIELD Contact will be published 11 times in 1993. Below is a list of publication and deadline dates. Articles submitted before listed dates have the best chance of being included in each edition.

The deadline dates apply to classified and display advertising also.

All submissions, cancellations and alterations must be received (preferably in writing) by the deadline date of the next issue.

Contact staff will not check with advertisers on whether they want to repeat an advertisement. For enquiries, call 524 3259 or 524 3258.

ISSUE

JUNE
JULY
AUGUST
SEPTEMBER
OCTOBER
NOVEMBER
DECEMBER

DEADLINE

FRI MAY 21
FRI JUNE 18
FRI JULY 16
FRI AUG 13
FRI SEP 17
FRI OCT 15
FRI NOV 19

PUBLICATION DATES

MON JUNE 14
MON JULY 12
MON AUG 2
MON SEP 13
MON OCT 11
MON NOV 15
MON DEC 13

CONTACT DIARY

Do you have an event coming up that you would like to publicise? This is the place to put it. Contact Diary is compiled monthly, so if you want to let the community know about your club, society or event, we'll be happy to include it on this page.

Let us know about your activities.

Contact Diary
PO Box 42
Caulfield South 3162



ART

Glen Huntly Neighbourhood House (GHNH) holds a craft group on Tuesdays from 1-3pm, at the GHNH, 1213 Glen Huntly Rd, Glen Huntly. Crafts include stencilling, silk painting, paper making, and more. Cost \$3. For bookings and further details, phone Marcia on 572 2033.

CLASSES

Caulfield Adult Literacy Group offers courses to assist unemployed people with reading/writing problems. Help and support is given with resume/application writing etc. Individual assistance with problem areas. One-to-one tuition for Australians or migrants is also available. Cost \$10 per term. For further information, call Janece on 532 8319.

ENTERTAINMENT

Labassa, Manor Gve, North Caulfield will host 'A Touch of Baroque' Greg Dikmans will be playing recorder and Linda Kent Harpsicord will be playing French, German and Italian music of the 18th century on Sunday, May 30, commencing 5.30pm. Refreshment available from 4.45pm. Cost \$12.50 adults, \$7.50 concession, \$35 family or \$10 National Trust members. For enquiries, call 819 1477.

Caulfield Arts Complex, in conjunction with the Clarinet and Saxophone Society of Victoria will present a recital on Sunday, June 6, commencing 3pm at the Caulfield Arts Complex, cnr Hawthorn and Glen Eira Rds, Caulfield. The recital will be given by Ian Morgan - clarinet and basset horn, Robert Macindoe - violin, and Darryl Coote - piano. This varied and interesting recital includes works by Poulenc, Bartok, Khachaturian, Sutherland. Tickets are available for \$10 each and \$8 concession and adult members of Clarinet and Saxophone Society, \$6 students. For bookings and information, call 524 3287.

Caulfield City Choir will hold its first performance for the year on Saturday, May 29, 8pm at the Caulfield Arts Complex,

Caulfield City Hall. You can be sure of musical treat including songs of love and devotion from choral works by Haydn Mendelssohn and Schubert, titled Hear My Prayer. For further information, contact choir secretary, Raewyn Cross on 822 5154, or the publicity officer on 889 3889.

FETES & FAIRS

The Australian Playing Card Collectors Society, Masonic Hall, Launder St, Hawthorn will hold a swap card fair on Sunday, 23 May from 10 am-4pm. 1000s upon 1000s of cards, albums, pages will be available for sale. Refreshments. Donations \$1.50 pensioners & \$.50 children. For further information, contact Joan on 818 2323, or Elaine on 532 8821 (b/h).

Church of the Holy Nativity Ladies' Guild will hold a Danny Blume fashion display and sale on Monday, May 31, commencing 1.30pm at the church hall, Poath Road, Hughesdale. Afternoon tea. Donation \$3.

Elwood Primary School will hold a fun fair and open day on Tuesday, May 25, 2-4pm and 6.30-7.30pm.

HEALTH

Caulfield Group of Nursing Mothers Association of Australia (NMAA) meets regularly for coffee mornings, new mums afternoon teas and monthly evening discussions on topics of interest to parents. Meets lots of friendly mums and enjoy supporting NMAA activities. For further information, contact Rebecca on 571 4921. Also NMAA will hold its monthly night meeting on Tuesday, May 25, 8 pm at 297 Alma Rd, Caulfield. For enquiries, phone 571 4921.

MEETINGS

Caulfield Bicycle Users Group meet on the fourth Tuesday of each month at 8pm at the Glen Huntly Neighbourhood House, 1213 Glen Huntly Rd, Glen Huntly. This group also offers a family fun ride on the fourth Sunday of each month. They meet at 9am at Caulfield Station (Railway Ave exit) for an

easy mystery ride. For further details, contact Ursula Fiek on 578 9805.

Caulfield Heritage Watch Group meets on the last Monday of each month (except December) in the meeting room, Caulfield City Hall. The next meeting will be held on May 24. For enquiries, phone Cr David Spencer on 568 5073 or Larry Hill on 528 4505.

New Ormond Auxiliary for the Alfred Hospital will next meet on Monday, May 24, 10.30 am in the Uniting Church Hall, cnr North and Booran Rds, Ormond. Money raised is for hospital equipment. New member most welcome. For enquiries, phone Moir on 578 1721.

Caulfield Branch of the Victorian Gas Association will celebrate its 12th birthday on Monday, May 25 at 1.30pm in the committee room, Caulfield City Hall. Entertainment by 'Harmony Duo'. Members please bring a plate. New members welcome. For enquiries, phone Mrs Murdoch on 557 2254. Annual subscription \$2.

Caulfield Self Help Group of the Arthritis Foundation Victoria will meet on Monday, May 24, 10.15 am at Kooyong Rd, Elsternwick. Visitors welcome. For enquiries, phone 570 4971.

The Sparks Group of St. Patricks Church will hold its card afternoons on the first and third Monday of each month (except public holidays and Christmas school holidays), 1pm at the St Patricks School Hall, 3 Dalny Rd, Murrumbeena. Solo and crazy whist card games are played. Lucky door prizes to be won. Afternoon tea served. All welcome. For enquiries, phone Ellen Baldwin on 569 6653. Donation \$1.20.

The Caulfield Childrens Hospital Auxiliary will hold a card luncheon on Wednesday, June 30 at 11am in the Mayor's room, Caulfield City Hall. For reservation, phone L. Giles on 523 9457, J. Patience on 528 6616, or M. Grace on 571 4235. Donation \$6.

Neighbourhood Watch Area C82 will meet on Monday, May 31, 7.30pm at the Church of Christ Hall, Bambra Rd, Caulfield South.

Neighbourhood Watch Area C70 (bounded by Dandenong Rd, Balacava Rd, Hawthorn Rd and Kooyong Rd) will meet on Monday, June 14, 7.30pm at the St Stephen's Uniting Church Hall, 158 Balacava Rd, Caulfield North.

Neighbourhood Watch Area C71 will meet on Monday, June 14, 8pm at 31 Prahran Gve, Elsternwick.

Neighbourhood Watch Area C80 meet on the second Tuesday, of each month, 7.30pm in the committee room, Caulfield City Hall. The next meeting will be held on June 8, 1993.

Neighbourhood Watch Area C44 will meet on Monday, June 28, 7.30pm in the committee room, Caulfield City Hall.

Neighbourhood Watch Area C64 will meet on Monday, June 7, 2pm, Monday, June 21, 7.30pm. All meetings are held at 40 MacGowan Ave, Glen Huntly. Area coordinator Fred McKenzie can be contacted on 578 5411.

Neighbourhood Watch Area C49 (bounded by Kooyong Rd, North Rd, Begonia Rd and Clarence St) meets on the last Tuesday of each month. All welcome. For details, contact the secretary on 596 5146.

Neighbourhood Watch Area C72 Glen Huntly/Carnegie hold bi-monthly meetings on the fourth Monday of each second month, 7.45pm in the staff room, Carnegie State School, Graceburn Ave, Carnegie. The next meeting will be held on June 28, 1993.

RECREATION

Early Planning for Retirement Group Caulfield Inc. will hold the following activities for May. **May 20 - Interest Meeting** - will meet at 7.30pm Gladys Machin Hall, Cedar St, Caulfield. Margaret Wells will show a selection of slides and talk about her 'Epic journey across the world on a bicycle'. Visitors welcome, supper served. For enquiries phone 523 7051.

May 26 - Travel Group - will meet at 7.45pm Gladys Machin Hall, Cedar St, Caulfield. Lorna Mole will show a selection of slides of her 'Cairns to Cape York and Back'. Supper served. Visitors welcome. For enquiries, phone 571 3687.

Senior Ladies Friendship Group will hold next meeting on Thursday, May 27, 10-12 noon, at 185 Poath Rd., Hughesdale.

Enjoy two hours of friendly companionship. Trading table. Morning tea. Cost \$1.

Over 40's Dance Club Inc. holds a 60/40 dance on the second and fourth Saturday of each month at the Uniting Church Hall, cnr North and Booran Rds, Ormond. Live band. Cost \$6. For details phone 570 4564 or 580 1521.

The Y Club Men's Hebrew Association meets every Tuesday, 12.30pm at B'nai B'rith House, 99 Hotham St, East St Kilda. May meetings will be held on Tuesday 18 and 25. Ladies and non-members welcome. Lunch and guest speaker \$12. For further information, call Gershon on 528 2023.

City of Caulfield Baby Health Centres Ladies Committee invite you to a lunch, cards and scrabble day on Monday, May 24, 12 noon, reception room, Caulfield City Hall. Proceeds in aid of the Queen Elizabeth Centre and Caulfield Centre of the Royal District Nursing Service.

RELIGION

Christian Bible study will be held on May 21, 28, and June 4, 3pm at Caulfield Meals - on wheels Centre, Truganini Rd, Carnegie (near Carnegie station).

VOLUNTEERS

Southern Citizen Advocacy Group needs volunteers. Your ability to handle everyday matters would assist an adult with a disability to participate in community life. Short orientation program begins soon. For further details, contact Southern Citizen Advocacy on 576 0155. Also volunteers required to assist with community projects. Ideal for unemployed people wanting to retain/learn skills. Few hours a week/fortnight. For details phone 576 0155.

Foster Care South East needs families who can offer temporary homes for children who are unable to live with their own families. Three training and information evenings will be held for prospective foster parents on Thursday, May 20. For further information, call Foster Care South East on 562 9966.

CAULFIELD CONTACT

CAULFIELD CONTACT IS COMPILED FOR THE RESIDENTS OF THE CITY OF CAULFIELD. THE PAPER ENCOURAGES THE COMMUNITY TO SUBMIT ARTICLES, BUT THEIR INCLUSION DEPENDS ON THE SPACE AVAILABLE IN EACH ISSUE. PLEASE SEND ARTICLES AND PHOTOS TO:

CAULFIELD CONTACT,
CAULFIELD CITY HALL,
PO BOX 42
CAULFIELD SOUTH 3162