



Introducing Caulfield's new mayor



Above: Caulfield's new Mayor, Cr Nicholas Gold and mayor's escort, Maria Robbins.

CR Nicholas Gold is Caulfield's new mayor.

Cr Gold, who was re-elected to the north ward at the recent Council elections was elected to the mayoral position at Council's statutory meeting on August 10.

Cr David Spencer was appointed deputy mayor.

Accepting the position, Cr Gold thanked his fellow councillors for expressing their confidence in electing him as mayor.

"I look forward to fulfilling the position of mayor and know that I have difficult shoes to fill from the previous mayor, Cr Ed Biggs - he's done a fantastic job," said Cr Gold.

"During my term as mayor, I will look closely at our community and welfare services and make sure we continue to provide those services to our residents," he said.

"I have a fantastic team of councillors with me at Caulfield and the best thing about this Council is that we are a team and we're

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here to look after the City of Caulfield, its residents and also its passers by," Cr Gold added.

Cr Gold also gave a special thankyou to his fiancée, Maria Robbins and to all the people who assisted him during the campaign for his re-election.

● See page 3 for election round-up.

Council's progress on VicCode

CAULFIELD Councillor, Ed Biggs, chief executive officer, Doug Aylen, manager planning, Jeff Akehurst and Ted Tanner, MP formed a deputation to the Minister for Planning and Development, The Hon. Robert MacLellan on August 5 to present Caulfield's case against VicCode 2 and presented resident petitions.

Cr Biggs, said "We received a very good hearing from the Minister which lasted close to an hour. He listened attentively to our concerns and is prepared to consider a range of options to his VicCode 2 proposal."

The suggested options put forward by the Caulfield delegation were:

- replacement of the fixed elements of VicCode 2 with Caulfield's policy measures for front setback, site coverage, open space and parking;

- make the four fixed elements of VicCode 2 mandatory for all municipalities until 30% of their residential land stock has been developed with multiple units. After this goal has been met, these elements to be the subject of ministerial review;



Above: Cr Ed Biggs (right) and Ted Tanner, MP sieve through the 5000 petitions opposing the introduction of VicCode 2.

- recognise the individual effort of the City of Caulfield given that the 45% medium density housing achieved is not typical of Melbourne councils, and make special dispensation from the fixed elements of VicCode 2 with similar consideration for other Councils "which play the game";

- make the VicCode 2 performance measures discretionary, which will at least enable councils to argue their policy measures on the grounds of planning merit before the AAT if necessary.

"In putting forward these

options, Caulfield can argue from a position of experience in the responsible administration of a multi-unit development policy which is both practical and flexible," said Cr Biggs.

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see page 3 for

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COUNCIL MEETINGS

MEETING DATES FOR 1993

CAULFIELD Council has appointed three special committees comprising all of the members of the Council.

They are committees of:

Town Planning - Finance -
Policy & Environment -

1993

AUG 17	6pm	Policy & Environment
24	6pm	Finance
	8pm	Council
SEP 7	8pm	Town Planning
14	8pm	Policy & Environment
21	6.30pm	Finance
	8pm	Council

CAULFIELD COUNCILLORS

NORTH WARD

Cr Nicholas Gold
2/272 Hawthorn Rd
Caulfield 3162
Tel: 523 0253

Cr David Michelson
P O Box 4
Elsternwick 3185
Tel: 527 1282

Cr Sandy Anderson
398 Glen Eira Rd
Caulfield 3162
Tel: 528 1727 (P)

SOUTH WARD

Cr James Barrett
1 Albert Rd
Carnegie 3163
Tel: 578 0680

Cr Tony Browne
3 Gisborne St
Elsternwick 3185
Tel: 528 3525

Cr Danielle Hastings
39 Malane St
Ormond 3163
Tel: 578 4810

EAST WARD

Cr Ed Biggs
40 Rosanna St
Carnegie 3163
Tel: 569 9386

Cr David Spencer
28 Margaret St
Carnegie 3163
Tel: 568 5073 (P)

Cr Veronika Martens
13 Margaretta Ave
Murrumbeena 3163
Tel: 579 0297

WEST WARD

Cr Heather Welsh
8 Burns Ave
Murrumbeena 3163
Tel: 568 7190

Cr Alan Grossbard
19 Keeron St
Caulfield South 3162
Tel: 523 7209

Cr Noel Erlich
4 Pretoria St
Caulfield 3162
Tel: 523 7365

Engineering update

Hawthorn Rd reconstruction

CAULFIELD Council recently appointed a contractor for the reconstruction of Hawthorn Rd between Balaclava and Powderham Rd within the shopping centre.

The work is being carried out by Presta Paving Constructions Pty Ltd.

The project involves new concrete kerb and channel on both sides of the road, the installation of stormwater drainage and re-sheeting of the road pavement with new asphalt paving.

The project will also include replacing the old concrete slabs with new brick paving and other improvements to the landscaping in the form of street furniture and fixtures. A grant of \$50,000 from VicRoads will go towards the cost of the works.

The project is scheduled to be completed by mid September, 1993.

Right of Way reconstruction

COUNCIL'S Engineering department has recently completed a design to reconstruct the Right of Way (ROW) lane bounded by Koornang Rd, Jersey Pde, Shepparton Ave and Neerim Rd. It also adjoins the rear of the Koornang Rd shops and the Shepparton Ave carpark.

This project involves removing existing bluestone pitches which have been overlaid with asphalt, installation of underground drainage and new 150mm thick concrete paving.

Quotes are currently being obtained to enable the commencement of construction works this month.

The purpose of carrying out this project is to upgrade the general deteriorated condition of the bluestone pitch surface, to provide extra drainage within the lane and provide smoother pedestrian access for those shops with rear entrances. The works will also increase the ability of Council's mechanical sweeper to keep the lane surface swept clean.

This project is part of Council's five year works program for upgrading ROWs throughout the municipality.

Vehicle crossings

A PROPERLY constructed vehicle crossing is required to be provided for vehicles to travel across the naturestrip and footpath from the road pavement into private properties.

The provision of a vehicle crossing and its maintenance is the responsibility of the property owners and they should be aware that an accident to a member of the public caused by a poorly maintained vehicle crossing could make them liable for financial compensation.

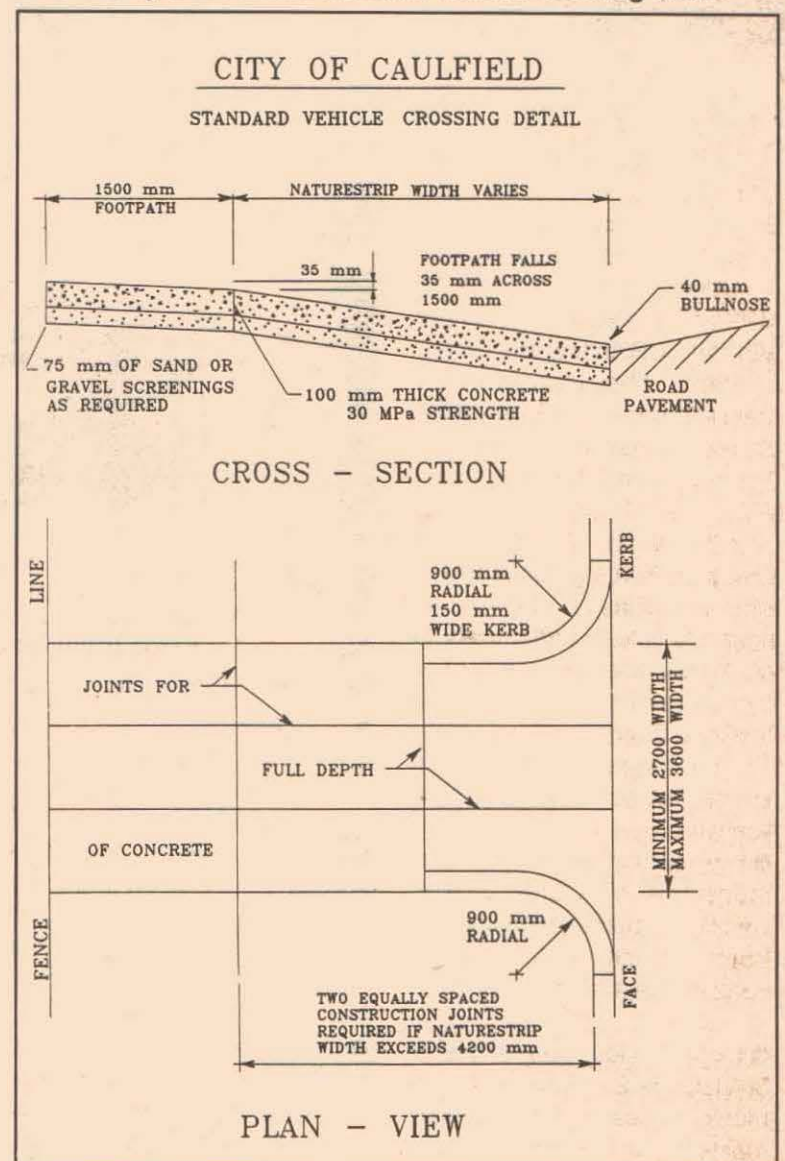
The vehicle crossing extends from the kerb and channel to the fenceline and includes the section of the footpath that it crosses.

A properly constructed vehicle crossing has to be to a standard approved by Council and may include construction in a variety of materials including asphalt, brick or bluestone pavers, but is usually of concrete with a minimum thickness of 100mm and to the standard shape shown in the diagram below. Please note that a crossing permit is required from Council's building department prior to the commencement of work.

Where the development of a property is undertaken that renders an existing vehicle crossing unnecessary, it is the owners responsibility to remove the crossing and reinstate the naturestrip and kerb to match the balance of the street construction.

Council endeavours to limit the width of crossings to the minimum necessary for vehicle use in order to reduce the extent of paving in a street and improve the landscape appearance. Where a proposed crossing exceeds 3.6 metres in width, a letter of special approval is required from Council prior to construction.

Below: City of Caulfield standard vehicle crossing detail.



CITY HALL PHONE NUMBERS

Arts Complex	524 3287
Rates office	524 3215
Human Services	524 3228
Traffic & Local Law	524 3216
Engineering	524 3240
Town Planning	524 3374
Traffic Engineering	524 3324
Building	524 3201
Community Relations	524 3259

New taxation laws

The Caulfield Citizens' Advice Bureau, in conjunction with the Australian Society of CPAs run a free Accounting Advice Service which provides advice on the new tax laws and their impact on your savings and investments. An initial 20 minute consultation (at no charge) is provided, during which CPA will evaluate your circumstances and provide guidance on the best course of action available to you.

Appointments are necessary and can be made by contacting the **CAULFIELD CITIZENS' ADVICE BUREAU ON 524 3200.**



New, and old faces on Caulfield Council

ELECTIONS were held in three out of four wards in Caulfield on election day, Saturday, August 7, 1993.

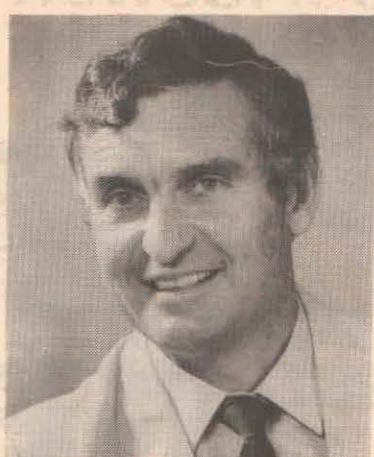
Cr Nicholas Gold was returned to Caulfield's north ward after defeating his closest opponent Ronald Segal by 74 votes.

The following first preference votes were recorded: N Gold - 3682, R Segal - 3244, C Orgill - 722. Informal votes numbered 489. As no candidate had obtained an absolute majority, C Orgill was declared a defeated candidate and his preferences were distributed to the remaining candidates. Totals after distribution were: N Gold - 3861, R Segal - 3787.

Cr Ed Biggs was returned to the east ward unopposed.

Heather Welsh was elected to represent Caulfield's west ward after defeating her opponent Peter Knight by 4001 votes. Heather Welsh received 5433 votes, the largest individual vote recorded since 1989, while Mr Knight received 1432. Informal votes totalled 676.

In the south ward, Danielle Hastings was the successful candidate. The following first preference votes were recorded: D Hastings - 2965, D Dunstan - 2232, J Storey - 1787. Informal



Above: Cr Ed Biggs.

votes numbered 566. As no candidate obtained an absolute majority, J Storey was declared a defeated candidate and his preferences were distributed to the remaining candidates. Totals after distribution were: D Hastings - 4469, D Dunstan - 2515.

Your new councillors

Cr Heather Welsh has resided in the municipality for over 35 years. She is married, has two children and is a part time lecturer of law at the faculty of law, Monash University, Clayton campus.

She is currently the public officer for the Glen Huntly Neighbourhood House, which is located at 1213 Glen Huntly Rd, Glen Huntly. She has been ac-



Above: Cr Nicholas Gold.

tive in community matters, both as a participant and a voluntary advisor to special interest groups for many years.

"I look forward to a revue of services for the aged, families and children to ascertain the adequacy of those services to meet perceived needs," said Cr Welsh. "And to support Council in its resistance to the implementation of VicCode 2 or any aspect of VicCode 2 which would be truly detrimental to the character and environment of Caulfield," she added.

Cr Danielle Hastings has been a long time resident of Caulfield's south ward. She is a professional business woman and mother of two young children.

Cr Hastings is a firm believer



Above: Cr Danielle Hastings.



Above: Cr Heather Welsh.



Above: Deputy Mayor, Cr David Spencer and wife Rosemary at Council's statutory meeting.

that Council must pride itself on community consultation processes. "My promise to the people of the south ward is to be available to them and to have their voice heard in Council."

"I thank my family, and in particular my husband Walter Dodge for their support - I couldn't have achieved my goal of becoming a south ward councillor without their help," Cr Hastings said.

Ten year partnership ends



STEFANO Colasacco will retire from his concreting job with the City of Caulfield on August 27, after 10 years. Stefano (above left), 62 has worked with fellow concreter, **Cosimo Esposto** (above right) for the 10 years he has worked for the Council. Stefano has no plans for his retirement other than to relax and take an overseas trip at a later date.

Cr Martens on school council

CR Veronika Martens has accepted an invitation to join the Murrumbidgee Secondary College Council. She said, "I am pleased to accept the position which will allow me to provide further assistance to a local education facility."

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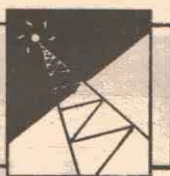
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Caulfield's heritage update

THE steering committee for the City of Caulfield Heritage Management Plan continues to work towards the formation of a management plan for heritage in Caulfield.

At the most recent meeting of the steering committee in late July, several items were discussed, not least the letter and survey which are due to be posted to Elsternwick owners and residents within the next month.

It is hoped the residents will be equally enthusiastic about plans for their area and will convey their opinions to Council.

Members of the steering committee and volunteers will collect the survey sheets, and community feeling will be relayed to the committee and to Council.

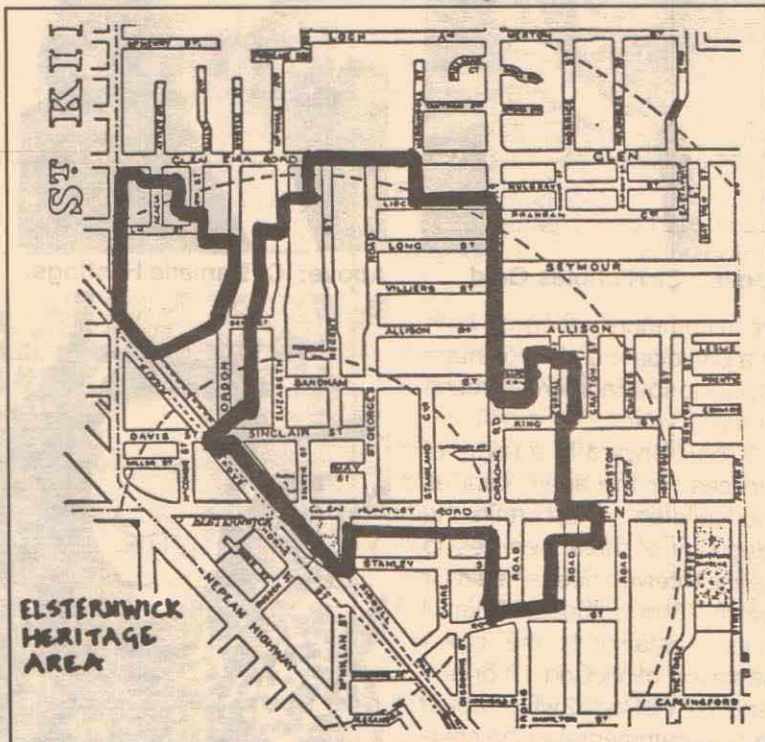
The matter of street signs to identify the heritage area is being discussed. At present the favored type of sign is a blue and white enamel one. This would have a rounded end which will include a circular ploughman

symbol which is the original symbol of the City of Caulfield.

The original Elsternwick Heritage Area has been extended marginally to include

Rippon Lea and related streets which previously housed the Rippon Lea gardeners.

Below: A map of the extended Heritage Area.



Play School comes to Caulfield



Above: Benita Collings.

THE familiar song, "There's a bear in there and a chair as well" will be heard at the Caulfield City Hall auditorium, cnr Glen Eira and Hawthorn Rds, Caulfield in September when Play School visits Caulfield.

The popular Play School team will offer four performances on Wednesday, September 8 at 10am, 11am, 12.30pm and 1.30pm.

Tickets can be purchased from the Caulfield Recreation Centre, 6 Maple St, Caulfield South for

\$4.50 for adults and children over 18 months. There are 500 tickets available for each performance.

Concerts are of half an hour duration, no food, drinks or video cameras are permitted and prams are to be left outside the venue.

This event has been organised by the Caulfield Children and Family Services Network, in conjunction with the Family and Recreation Services department, Caulfield Council.

Below: John Hamblin.



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Caulfield's newest facilities open

ON Sunday, July 25, Caulfield Mayor, Cr Ed Biggs officially opened two long awaited projects - the Gardenvale Park and the Netball Complex at Duncan MacKinnon Park.

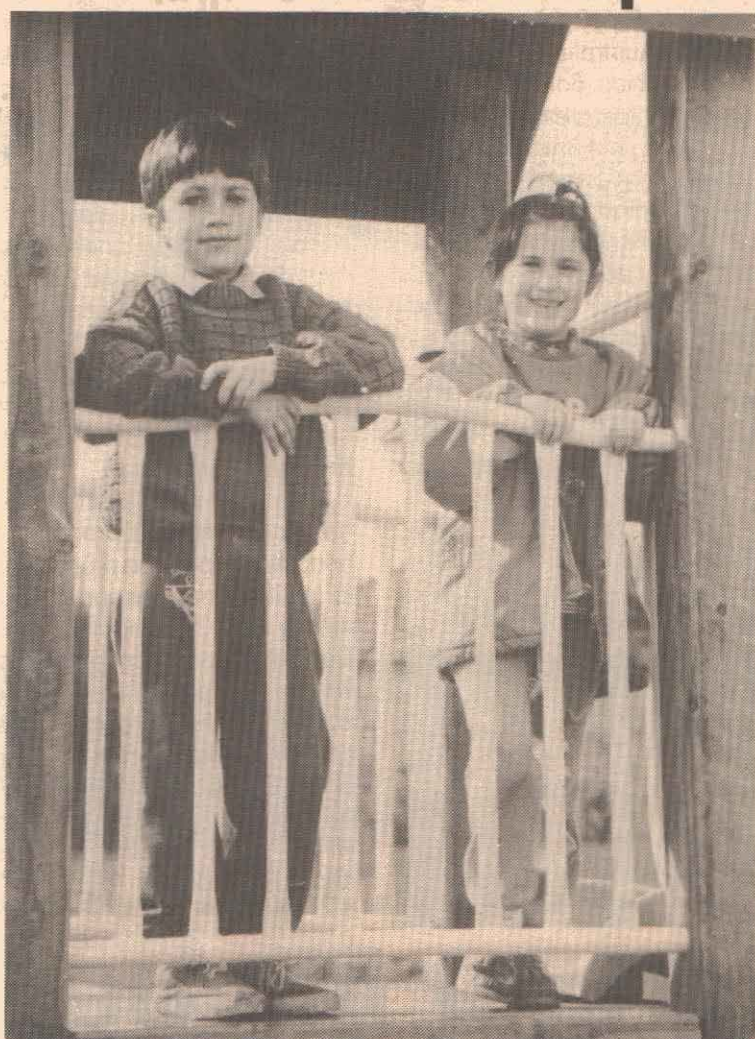
The rainy Sunday attracted approximately 200 residents to Gardenvale Park where Cr Biggs called upon former Councillor Emil Braun to officially declare the park open. (Emil Braun was one of a number of Councillors who worked on the Gardenvale Park project since the idea was first conceived). This was followed by entertainment from the City of Caulfield Band and a sausage sizzle which took place in a large marquee.

Fortunately, the weather had cleared for the opening of the Netball Complex at Duncan MacKinnon Park.

Guest speakers at this event included the Federal Member for Hotham, The Hon. Simon Crean MP and president of the Victorian Netball Association, Val Morrison.

To celebrate the opening of the courts, teams from the Caulfield Netball Association played three games.

The Caulfield Netball Association needs players or teams. If you are interested in playing, contact Robyn Packham on 571 4210.



Above: Beccy and Stephen Bolling enjoy the new playground equipment at Gardenvale Park.

Below: The new Netball Complex, Duncan MacKinnon Park was officially opened with a game played by teams from the Caulfield and District Netball Association.



Caulfield number one for racing in 1992/93

THE 1992/93 racing season, now almost at a close, has been a year of change and triumph for the Victoria Amateur Turf Club and the City of Caulfield.

The spectacular launch of the New Caulfield at the Gala Opening last October to mark the completion of the \$50 million Rupert Clarke Stand, signified a new beginning for the Club.

Tabaret at New Caulfield also opened its doors during the 1992 Spring Racing Carnival, further expanding Caulfield's many new facilities.

During Spring, the VATC

launched the Whips 'n Spurs Club. The club is specifically designed to target the 18-35 age group. The Whips 'n Spurs Club with its bold name and image, was the first attempt by a race club in Victoria to develop a regular on-course attraction for this age group. The club has found tremendous support in its target market and has assisted to increase Young Membership of the VATC by 75%. The Whips 'n Spurs will kick off the new season with a Ball on October 1 at The Heath, overlooking Caulfield Racecourse. The 1992/93 sea-

son was Caulfield's year, however the VATC does not intend to decrease the momentum. The 1993/94 season will see the betting ring roof at Caulfield extended, the Whips 'n Spurs grow in popularity and a children's club launched to further encourage families to attend racemeetings.

The racing industry is facing changes and new challenges ahead due to the increased competition for the limited gambling dollars. The VATC looks forward to joining with the racing industry to meet these challenges and opportunities.

Courses offered at Glen Huntly Neighbourhood House

GLEN HUNTLY Neighbourhood House (GHNH) offers a number of leisure activities and classes for people living in the City of Caulfield. For details about any of the classes or social get-togethers, contact Marcia at the House on 572 2033.

Recreation

Community lunches - GHNH has received funding to run a monthly community lunch at the house. Staff at GHNH would like to get a group together who would be interested in helping out with menu planning, buying food, cooking, serving and of course, eating. Your participation would be most welcome.

Food Co-op - GHNH is a non-profit group with an interest in good quality food at reasonable cost. The Food Co-op is based at the house and is open on Monday and Tuesday 9.30am-1.30pm and Saturday 10am-12pm. Members are asked to assist with packing, cleaning and opening of the Food Co-op on a roster basis. Membership enquiries to Jenny on 572 2033.

Classes

Essential First Aid for Childcare - this course is Red Cross accredited. It provides participants with basic knowledge and skills to give immediate first aid in an emergency situation. The course is particularly relevant to those with children in their care. A four week course commencing Thursday, August 19, 1993, 7.30-9.30pm will take place at GHNH. Cost \$45, or \$40 concession.

Creative Living on a Tight Budget - when times are tough we need to think and act creatively to make the most of our lives. This course will commence late in term two and will run for four weeks.

Craft Group - meets regularly at the GHNH on Tuesdays, 1-3pm. This friendly group welcomes new members interested in crafts such as silk painting, stencilling, paper making, silk screening, small gift ideas, stiffy bow pots, etc. Basic cost \$3, but extra costs may be required for materials some weeks. Phone 572 2033 for more information.

Outstanding residential development award 1993

THE Caulfield Residential Design Awards are on again.

This annual award is sponsored by the City of Caulfield and acknowledges developments with great design features that have been built within the municipality. The award has been running for the past three years and 23 nominations were attracted last year. This year, however, the awards have been expanded to include two new categories, (previous awards have only been available to medium density developments).

The award categories are:

- new detached residences
- medium density developments
- extensions and/or renovations to existing dwellings

Council is seeking nominations

for developments that have good design standards and which emphasise innovative, site sensitive building features, while maintaining standards of amenity, privacy and landscaping.

Developments will be judged by a panel of judges which has previously consisted of councillors, Council officers, members from the HIA, Department of Planning and Development and the Australian Institute of Architects. Winning developments will receive exposure in the local press, brass plaques for display and certificates.

Further information and nominations forms are available from the town planning department on 524 3337 or building department on 524 3201.

Caulfield U3A

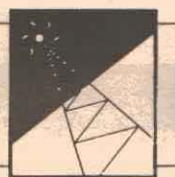


will run its next bus tour on
Wednesday, September 1

Kawarra - Australian Plant Garden at Kalorama, Mt Dandenong. There is plenty to see including native orchids and flocks of native birds, plus other attractions along the way. BYO picnic lunch

For bookings and further information, contact U3A, Monday-Thursday, 10am-3pm, on 532 8462, or visit U3A at 258 Hawthorn Rd, Caulfield South (next to City Hall).

Remember - you don't have to be a U3A member to join in!



"Art of the Garden" festival at Rippon Lea

RIPPON LEA will hold its first garden festival from August 27-29, 1993. It will be a floral feast featuring gardens as art, and art in the garden.

Celebrating the preservation of Rippon Lea's magnificent gardens with extravagant orchid displays, interesting and unusual garden art and craft and a photographic exhibition of exotic floral images.

Rippon Lea's manager, Richard Heathcote says the festival will focus on gardens as

works of art which can be admired and observed.

"This is the 20th year of the National Trust's ownership of Rippon Lea and we want to celebrate the conservation and beauty of the gardens with the people of Victoria," said Richard.

"Many people do not realise that most of the garden at Rippon Lea has remained in tact since the late 1880s," he said.

The orchid displays during the festival will have a special significance as in the early part of this

century, Rippon Lea was the home of Australia's major collection of orchids. Both Sir Frederick Sargood, the creator of the estate and Benjamin Nathan, a subsequent owner, propagated and collected orchids.

"The art and craft displays will add another dimension to the festival and we will feature many bizarre and clever pieces of garden art including fabulous designer scarecrows and slumped glass bird feeders," said Richard.

The festival will be enhanced

by the work of three photographers, Hilde Shibata, Christopher Groenhout and Lariane Fonseca. Their work comprises color and black and white images of the Rippon Lea garden, from the intense color of a single petal to panoramic garden landscapes.

On Saturday, August 28, during the festival, the latest *Australia's Open Garden Scheme Guide Book* will be launched. The scheme is promoted and supported by the ABC and Nurseryman's Association.

This year, the National Trust has commenced a program to bring the Rippon Lea property up to International Museum standard by 2001. During 1993, the Conservation Management Plan will be completed, setting the course for the garden's future care and development. The Art of the Garden festival will highlight this conservation program with a series of talks, displays and guided tours.



Below: Beautiful gardens of Rippon Lea.

Young achiever awards

IF you are under 26 and have already achieved excellence in your chosen field, then Channel Ten Young Achievers Awards wants to hear from you!

These Awards recognise the outstanding achievements of young Victorians across a wide range of pursuits, including community service, science and technology, the environment, sport and the arts.

The winner of each of the award categories receives a magnificent trophy and a \$5000 account from the Commonwealth Bank. The ultimate young achiever wins air travel, accommodation and a car with 12 months comprehensive motor insurance from RACV insurance. Nominations close on September 1, 1993. For a nomination form and further information, contact Mr David Kemp, RACV branch manager on 569 8788.

Is asbestos a danger in your home?

SPECIAL FEATURE

THE risks associated with asbestos products have been highlighted over recent years, often in a sensational way.

The general message is that asbestos in typical home building products is not considered

significant as a health risk unless such products are disturbed by dust-generating procedures.

What is asbestos?

The term asbestos applies to the fibrous forms of several silicate rocks. The most common forms

of asbestos are as follows:

- white asbestos (chrysotile)
- blue asbestos (crocidolite)
- brown asbestos (amosite)

Asbestos fibres exhibit high strength and excellent resistance to heat and chemicals, and have therefore been used in a wide range of building and other products.

Health risks relating to asbestos

Worldwide medical research has established that health risks can arise from the inhalation of microscopically small asbestos fibres. This means that a health risk can arise if the asbestos fibres become airborne. The risk of contracting asbestos-related disease is related to the level of exposure, similar to the health risks associated with other hazards like cigarette smoking. The more asbestos fibres you inhale and the longer you inhale them, the greater the risk.

The important concept to grasp so that the fear of asbestos is kept in perspective is as follows:

- few fibres inhaled - low risk
- many fibres inhaled over a long time - high risk.

Asbestos dust concentrations in buildings containing asbestos products are usually below detection using the accepted measurement method for assessing health risks.

According to the health authorities, the longterm risk to occupants of houses which contain asbestos products is extremely small, relative to other risks experienced in everyday life. It has been estimated that

this risk is thousands of times smaller than the risk of a fatal car accident and tens of thousands of times smaller than that of lung cancer caused by smoking 10 cigarettes a day.

The risks associated with the use of asbestos products has repeatedly been sensationalised. Many people have died from inhaling asbestos fibres, but most of these people worked in the asbestos industry and/or were exposed to high concentrations of fibres over a long time. Awareness of the problem and the subsequent introduction of better work procedures, protective clothing and breathing equipment has dramatically reduced the health risks to this group of people.

Asbestos in building products

Asbestos is now rarely used in building products. However, in the past, it was extensively used in many products:

- asbestos cement sheets (flat and profiled)
- roofing shingles and flue pipes
- plaster patching compounds and textured paint
- vinyl floor tiles and backing of some linoleum floor covering
- asbestos insulation used for hot water pipe insulation and in domestic heaters and stoves

The first of these is the most common, but the asbestos in these products is usually firmly embedded in cement. The asbestos in plaster compounds, paint and floor coverings is also firmly embedded. Thus asbestos can only present a health risk

with these products if they are mechanically disrupted by drilling, sawing, sanding or other abrasive processes.

Precautions with asbestos products

In most cases the presence of asbestos products in your home is no cause for alarm, and such products should be left in place. Where removal becomes necessary, some asbestos products can release asbestos dust unless specific precautions are taken. In some states it is illegal to remove asbestos products yourself. Removal of products which are highly dust producing (ie: insulation products), will require a specialist contractor. Removal of old asbestos cement sheet (as in demolition) requires precautions to protect workers from inhaling asbestos fibres. However, many of the products where the asbestos is firmly embedded, generate little dust provided you:

- use handtools not power tools
- do not abrade or breakup the product
- thoroughly wet the product prior to working with it
- work outdoors rather than indoors
- wet any residue prior to sweeping.

Further details on suppressing asbestos dust and appropriate work procedures can be found in the National Occupational Health and Safety Commission (NOHSC).

INFORMATION IN THIS ARTICLE SUPPLIED BY CSIRO.



12th Caulfield (St John's) Scout Group needs you...

NESTLED behind the hustle and bustle of Glen Huntly Rd shopping strip is the 12th Caulfield Scout Group in Beavis Street.

During the past 62 years, 12th Caulfield has had nearly 50 individuals pass through its ranks, receiving the Honor of being either King's or Queen's Scout.

On September 10, 1993 the Victorian Branch of the Scout Association of Australia intends to recognise all King and Queen Scouts.

Group leader, 12th Caulfield, Murray McLean (a Queen's Scout from Queensland) is attempting to contact these special Scouts: R Edwards, N Greenwood, A Cane, S Dondel, J Ellis, K Smith, F O'Donnell, B McKittrick, E Shriver, R White, K C Reynolds, A Sinclair, Alan Fairbanks, James Taylor, B Clover, John Casper, Geoffrey Bruton, Richard Longmore, David Main, Neil McLennan, Bruce Barklamb, Frank Penhalluriack, Robert Barklam, Bruce Williams, Bruce Addison, Peter Williamson, Richard Currey, Terence Fogarty, Thomas Fisher, David McAuliffe, Alan Morris, Ian Barklamb, Geoffrey Vacura, R Harrison, A McPherson, B Lade, J Cooney, Keith Aitken, Gordon Campbell, Ian McKean, G Allen, D King, J Harper.

Any person knowing the whereabouts of the abovementioned people, please contact Murray McLean, c/- 12th Caulfield Scout Group, P O Box 382, Elsternwick, 3185, or phone 682 8668 (b/h) or 883 5010 (a/h).



Local speech pathologist's book launched internationally



Above: From (l-r), Amanda Scott, senior speech pathologist, Bethlehem Hospital and Hilary Johnson, chief speech pathologist, Spastic Society at the launch of their book, *A Practical Approach to Saliva Control*.

BETHLEHEM Hospital is well known in the local community for its hospice services - the 46 bed in-patient unit and Hospice home care service caters for approximately 1000 people in the local area each year.

Perhaps less well known is the neurological service which has been caring for people for many years, both at home and in the hospital. More recently this unit has been providing care for people with Motor Neurone Disease and has rapidly developed a fine reputation in Victoria and indeed overseas.

Earlier this year, three health

professionals from Aberdeen in Scotland spent a week in the hospital and in November a Danish speech pathologist is expected to spend two weeks at the hospital.

Bethlehem has developed a reputation for high quality patient care and one of the people responsible for this is Amanda Scott, senior speech pathologist.

Amanda has worked at Bethlehem for 10 years and has developed considerable expertise in the management of communication and swallowing disorders which commonly affect people

with Motor Neurone Disease.

While working on her Master's Degree and managing a large case load, Amanda has found time to co-author a book called *A Practical Approach to Saliva Control* with Hilary Johnson from the Spastic Society. This book was recently released in America and now in Australia.

It is a valuable contribution to the understanding of the management of saliva problems.

For more information about this book, phone 595 3257.

Local caregivers needed

THE City of Caulfield Family Day Care scheme needs to recruit a limited number of caregivers who are prepared to work in their own homes, caring for children on a full or part time basis.

The maximum number of pre-school children in care, including caregiver's own at any one time is four. Pay is variable, depending on the number of children in care and hours worked each week.

Applicants must live within the municipal boundaries of Caulfield and be able to provide a safe, hygienic environment with adequate space for sleep and play.

Applicants must enjoy being with children, have some knowledge of early childhood develop-

ment, be able to communicate in English with children, parents and staff, and be prepared to work within Family Day Care guidelines.

A minimum commitment of 12 months is required.

Orientation/information sessions will be held on Thursday, August 19, 26 and September 2, 1993 between 10am-12pm at the Church of Christ, Toolambool Rd, Carnegie. If you wish to attend with your pre-school children, please notify the Caulfield Family Day Care Office on 524 3251.

For further information or an application form, please contact Pam Arnott or Bernadette Allan on 524 3317 or 524 3251.

Youth homelessness - be part of the solution

ARE you interested in providing accommodation and support for young people, 12-18 years in the southern area?

Southbridge Adolescent Community Placement (ACP) needs to expand its pool of placement providers so that they can properly match young people who are referred to them.

The Agency provides accommodation on a short to long term basis.

ACP is keen to talk to people who may be interested in helping youth homelessness. You can be married, single, in shared households, with or without children, young or old, renting or

purchasing your own home.

What is important is that you can offer stability and a listening ear. Flexibility and a sense of humor are also important.

The agency ensures that placement providers receive training and ongoing support.

A series of five orientation sessions will be held at Southbridge, 41 Nicholson St, Bentleigh, commencing Wednesday, September 8, 1993, 7pm.

If you can help or need more information, contact Sylvia Lemke or Neroli Jager on 557 2891.

Playgroup visits nursing home



Above: Margaret Blair from Betheden Nursing Home reads to the children from the Murrumbidgee Playgroup.

RESIDENTS of the Betheden Nursing Home were treated with a visit by children from the Murrumbidgee Playgroup recently.

The children were greeted by about 40 residents who listened and watched the children sing

and perform songs they had learnt at their playgroup music mornings which are arranged by Playgroup coordinator, Belinda Moore.

Following the concert, the children joined the residents for

morning tea.

The morning concluded with storytime, read by resident Margaret Blair.

The Playgroup will visit the Nursing Home in next month and at Christmas time.

Activity day for children

AN Activity Day is being planned as part of this year's Children's Week celebrations. It will be held on Sunday, October 24, 1993, 1-5pm at Princes Park and the Caulfield Recreation Centre, Maple St, Caulfield South.

The day aims to provide a range of interesting things for children to do, experience and participate in, at little or no cost.

Many community-based groups who offer children services have already begun organising an activity. Children

will be able to participate in kite-making, trampolining, cubby-house building, face painting, games in the park, storytime, badge making and more.

This event has been organised by the Caulfield Children and Family Services Network and Caulfield Council's Family and Recreation Services.

Any groups who wish to join in and offer an activity, or if you want to know more information, please phone 524 3311.

Have you recently moved to Caulfield?

If so, contact the Council's Community Relations department on 524 3259

for a copy of our

New Resident Kit
which includes the
1993 Resource Guide.





Diabetes support group makes a difference



Above: Michael Allan tries out the new graded ramp/wheelchair entry at the International Diabetes Institute.

CAULFIELD Mayor, Cr Ed Biggs recently opened a new ramp at the main entrance of the International Diabetes Institute, Kooyong Rd, Caulfield, (the second graded ramp/wheelchair entry point to the Institute).

Diabetes is a major cause of foot problems which can result in people needing to use wheel-

chairs. Many of the problems relating to feet in persons with diabetes are in fact preventable through up-to-date education and care. Diabetes is unfortunately one of the major causes of below knee amputations in Australia and the Institute through a variety of programs is trying to bring

the message of up-to-date treatment and care to the many diabetics who can benefit from them. In addition, the ramp is of great assistance to many elderly people, who even though they can walk, have trouble using stairs.

The Diabetes Support Association (DSA) contributed over \$2500 to the ramp and without this assistance, the Institute's ability to build it would have been delayed for a number of years. The rest of the funding came from government sources.

The DSA was formed in 1980 and generally runs a number of fundraising activities to support the Institute as well as having guest lecturers and offering general support to persons with diabetes and their families. The Association has an office at the Institute, 260 Kooyong Rd, Caulfield.

Professor Paul Zimmet, chief executive officer of the Institute, said "It is always heartening to have the support of community based and other groups. Diabetes is a major challenge for the Australian community in terms of personal, economic and social costs and without grassroots commitment, the work of the Institute would not have been able to encompass the diversity of activities currently undertaken. We are very appreciative of the DSA's long term commitment to the Institute."

New research shows prostate cancer sufferers can live longer and better

MEN with advanced prostate cancer live longer and have a better quality of life if treated with a combined hormonal therapy, according to recent overseas research.

Professor Louis Denis, who headed the European Organisation for the Research and Treatment of Cancer (EORTC) trial into prostate cancer treatments said the findings represented a significant advance for Australian men with prostate cancer.

Prostate cancer is the most common cancer affecting men. It is age-related and is most common in men over 50.

Professor Denis, professor of Urology, University of Brussels, Belgium said combination therapy involving the hormonal treatment flutamide had significant benefits over alternatives such as surgical removal of the testes.

All of these therapies work by inhibiting action of male hor-

mones, which contribute to the growth of prostate tumors.

Professor Denis said flutamide was a particular benefit for patients who wished to maintain their sexual drive as, unlike other therapies, it did not effect potency.

"This is often an important issue for patients, whose self esteem and quality of life can suffer if their potency is affected," said Professor Denis.

He said the European trial showed that patients taking combination therapy with flutamide survived on average an extra seven months, although this translated for some individuals into many years.

"More importantly, our research demonstrated a significant improvement in quality of life. Many patients experienced less pain and were less restricted in their activities as a result of treatment."

"It is very clear that medical

practitioners have an obligation to treat selected patients with a therapy which provides increased quality of life and survival," he said.

Meanwhile, a senior Australian urologist has urged men to ask their general practitioner for a rectal examination if they develop symptoms of an enlarged prostate.

Urological Society of Australasia president, Dr Stuart Taylor said symptoms include increased frequency of urination, poor stream and difficulty passing urine.

"Men with symptoms of an enlarged prostate should see their doctor and have a rectal examination to assess whether further diagnostic tests are required," he said.

Early diagnosis is essential as most men are not diagnosed with prostate cancer until the cancer is advanced or has spread to other parts of the body.

Do you have too much salt?

ONE in every six Australians has high blood pressure (hypertension) and this is a risk factor for heart disease, still the major killer in Australia today.*

Obesity and a high salt intake both contribute to the development of hypertension, along with physical inactivity and high alcohol intake.

Salt is made up of two minerals - sodium and chloride, and while we need them for good health, the good news is that we don't need very much of either each day. They are found naturally in a large number of the foods we eat. Unfortunately, large amounts of salt are added to the food we buy at the supermarket and the take-away food store.

What can we do to reduce salt intake?

While it is not necessary for everyone to follow a very low salt diet, it is sensible to reduce the amount of salt we eat:

- don't add salt at the table,
- when cooking, try to limit or avoid using salt for flavor - try alternatives such as lemon juice, vinegar, pepper, curry powder, fresh and dried herbs,
- look for "reduced salt" or "no added salt" products in the supermarket.
- when buying take-aways such as chips, fish etc, ask that salt not be added - most stores are happy to oblige. If you can, limit the amount of take-aways you eat,
- try to reduce the amount of high salt foods you eat - salted meats, crisps and other salted snacks, stock cubes, sauces and pickles.

Remember it takes a little while to adjust to a lower salt intake, but our health is worth the effort.

* Source - Australia's Health 1990 - The second biennial report of the Australian Institutes of Health.

Health briefs...Health briefs...

CHADSTONE Community Health Centre Inc. will run a stress management course from August 31-October 5, 1993, 2-3.30pm at the Centre, 568 Neerim Rd, Hughesdale.

It is normal for people to have problems during their lives, but sometimes these problems can seem to take over.

The course may help you to:

- minimise the need for addictive substances like alcohol, drugs and cigarettes,
- reduce the risk and impact of life threatening diseases like cancer and heart disease'
- take control of your life and get more out of it!

This course will look at recognising and reducing stress as well as teaching relaxation techniques. Cost of course is \$20. For bookings and information, contact the duty person at the Centre on 568 2599.

Boundaries apply.

★ ★ ★

CAULFIELD Community Care Centre is offering free hearing screening tests. The service which is conducted in conjunction with the H.E.A.R. Service of the Victorian Deaf Society, acts as an initial screening. If any problems are detected, the appropriate referrals for further investigation or treatment will be made.

Appointments are available on the fourth Thursday of each month between 9am and 3.30pm. Each test takes approximately 30 minutes and is suitable for adults only. As demand for this service has been heavy in the past, it is advisable to make an appointment as soon as possible. For bookings, contact the receptionist at the Centre on 523 6666 during business hours.

You and your pets column Acupuncture for pets

MANY people have received acupuncture treatment for their own problems but have never considered it for their animals.

It is most effective in the relief of chronic pain such as hip dysplasia, arthritis or disc problems, and it does not have side effects that we see with some drugs. We also use it in combination with our usual treatments for cases ranging from constipation to epilepsy. A series of treatments is usually required and this can be given by needles or laser, depending on the

animal's temperament. Ask your veterinarian for a referral or treatment.

In 1992, 12 Melbourne vets passed examinations in Veterinary Acupuncture held by the International Veterinary Acupuncture Society. Lecturers came from the USA to teach the latest information on animal acupuncture and these vets are now offering this treatment in their practices.

● INFORMATION IN THIS ARTICLE WAS SUPPLIED BY CAULFIELD VETERINARY CLINIC.

**Deadline for the September 13
issue is August 20.**



William Bridges exhibition

CAULFIELD Arts Complex is currently holding an exhibition of works by William Bridges. This exhibition will be on show at the Caulfield Arts Complex, cnr Glen Eira and Hawthorn Rds, Caulfield

Below: *Mercury*, William Bridges. Gouache on paper, 1993.



until August 29, 1993.

William Bridges was born in 1947. He grew up in the Gippsland farming hamlet of Toongabbie.

After leaving school at 13, William engaged in a variety of occupations including laboring, two years with the National Service, working on an oil rig, rigging on construction sites, mining and gardening.

He was invited to the Monash University, Gippsland campus where he was given the use of the facilities available. He subsequently became involved in print making, bronze casting, ceramics and photography.

William has also been involved in the ceramic studios at the Art Resources Collective (ARC) in Yinnarr, Gippsland. His work is in private collections both in Australia and internationally.

The works in this exhibition are a mixture of mediums - watercolor, pastel, conte crayon, gouache etc.

The diversity of style and imagination speak of a great strength.

Bridget Hillebrand's *Passages*

BRIDGET Hillebrand has been actively involved in raising community awareness and interest in Collagraphy as a unique form of printmaking for a number of years now.

She has demonstrated printmaking techniques at numerous public seminars, conferences and workshops, and is currently enrolled at RMIT for a masters degree in printmaking.

This year, she continues to explore fresh uses of the Collagraph medium, as is evident in her recent exhibition *Passages*. *Passages* can be seen at the Caulfield Arts Complex, cnr Glen Eira and Hawthorn Rds, Caulfield from August 30-September 12, 1993.

Inspired by the Greek myth of Daedalus labyrinth, Bridget Hillebrand has produced a series of unique collagraph prints. They explore the human drama of isolation, curiosity and expectation.

Through the intricate confusion of tunnels and passages, we catch sight of Daedalus and his son Icarus in the quest for a way out. All works were printed at the Malvern Community Print Access Workshop where Bridget is currently acting as vice chairman.

A small edition of each print

For details about exhibitions held at the Caulfield Arts Complex, phone 524 3287.



Above: *From Some Dark Winding of the Labyrinth*, 1993, Collagraph print by Bridget Hillebrand.

has been produced in the hope of advancing the community's understanding and perception of Collagraphy.

The community should be in-

trigued by the Collagraph as an art form; by the familiarity of the materials used and by the inventiveness required to juxtapose them creatively.

Caulfield Community Day,

SUNDAY, DECEMBER 5, 1993

will be lots of fun for everyone. There will be stalls, performances, sports, food and exciting events. If you have any ideas to add to this exciting day, the Caulfield Festival committee wants to hear from you!

Contact Catherine Cooper on 524 3406.



Spring concert by Caulfield City Choir

CAULFIELD City Choir will present their next performance at Stephen's Uniting Church Hall, Balaclava Rd, Caulfield North on Sunday, September 12, 1993 commencing 2pm.

Titled "An Alpine Spring", this performance will include the beautiful vocal score from the *Bavarian Highlands* by Edward Elgar, *Songs of Springtime* by R Vaughan Williams, excerpts from G and S's *Yeomen of the Guard* and a pot pourri of familiar ballads.

There will also be exciting sup-

port artists, and afternoon tea will be served following the concert.

This totally delightful program has been arranged by and will be under the baton of the Choir's very popular and now well known musical director, Peter Leech with talented Joan Shewan providing the accompaniments.

Cost \$10, concession \$8 or family \$20.

For further particulars and reservations, contact the Choir treasurer on 551 5401 or 889 3889.

Junior Writing Competition

Sponsored by B H Walshe & Son - Library Supplies.

The 1993 Caulfield Festival has caught

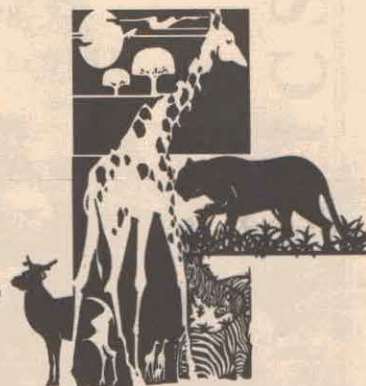
Jungle Fever!

Write a short story, poem or both about Kooka in the Jungle. Kooka is a very happy Kookaburra looking forward to meeting all of his animal friends at the Caulfield Festival in December.

Send your entries to:

**Catherine Cooper,
Caulfield Arts Complex,
P O Box 42,
Caulfield South, 3162.**

● Don't forget to put your name, address, telephone number and age on your entry.



Caulfield Festival

6th annual short story competition...

A prize of \$500 will be awarded to the winner of this competition.

- Closing date for entry is Friday, September 3, 1993.
- Only previously unpublished stories which have not been prize winners in other competitions to be submitted.
- Manuscripts must be typed and double spaced with a maximum length of 5000 words.
- Manuscripts will not be returned but copyright will remain with the author.
- Manuscripts must not have author's name on.
- The winner will be notified and then announced in the Fellowship of Australian Writers Magazine.

Judges for this competition are:

Garry Disher, Jim Badger and Lola Stewart (1992 winner).
No correspondence will be entered into with regard to the result.

HOW TO ENTER:

No form is necessary. Just write your name, address and telephone number on a separate sheet and send your story and sheet to

Caulfield Festival Short Story Competition

P O Box 500

Caulfield South 3162.

Any further information can be obtained from Catherine Cooper on 524 3406. Entries will be accepted between July 19 and September 3, 1993.



Self defence for women

Take charge of your life and walk without fear.

FOR a number of years now, the Suzanne Dayley group have run self defence courses for women at the Caulfield Recreation Centre.

This course is a form of street fighting. It differs from martial arts in that it contains only what works in the event of an attack. If you are looking at street survival, all you want to know is how to protect yourself.

The beginners course has three aims:

- to teach physical self defence techniques;
- to raise the awareness of women; and
- most importantly, to build self confidence.

Throughout the course, the importance of self-esteem is constantly emphasised - all the physical techniques in the world are no good to you if you don't have the confidence to use them. The course covers basic techniques such as the use of elbows, knees, kicks, head butts, gouges, scratching and screaming. These techniques do not need strength, large body mass or a high level of fitness.

Caulfield Recreation Centre supervisor, Maria Frendo said she has received good reports from people who have done the course.

"People have indicated to us that they have had a fun time

learning invaluable skills. Aggressive attitudes are not promoted in the class, more a pacifying one, concentrating highly on the elements of avoidance where possible and then restraint and control.

The enthusiasm, knowledge and skill Suzanne and her co-instructors teach, helps to instil confidence and assertiveness in your overall lifestyle.

Take charge of your life and walk without fear. Enrol now, term four (10 weeks), October 4 - December 6, 1993. Cost \$85.

Contact the Caulfield Recreation Centre for bookings and further details on 524 3288.

School holiday fun at Caulfield Recreation Centre



Above: A recent Caulfield Recreation Centre school holiday program group.

IT'S almost school holiday time again, and that means its time to book in for the Caulfield Recreation Centre's famous School Holiday Program.

The program has something to offer children of all ages and interests.

Children can embark on one of many excursions and participate

in a variety of activities including horseriding, rollerblading, theatre performances, trout fishing and trips to Luna Park.

Children can also participate in the exciting Centre-based program and enjoy incredible activities like archery, trampolining, plaster moulding,

circus activities and the amazing Carnival Day.

The School Holiday Program is open to children between the ages of 4-14.

For bookings and details, contact Bruce, Maria or Caroline at the Caulfield Recreation Centre on 524 3288.

Caulfield Contact 1993 Publication Dates

CAULFIELD Contact will be published 11 times in 1993. Below is a list of publication and deadline dates. Articles submitted before listed dates have the best chance of being included in each edition.

The deadline dates apply to classified and display advertising also.

All submissions, cancellations and alterations must be received (preferably in writing) by the deadline date of the next issue.

Contact staff will not check with advertisers on whether they want to repeat an advertisement.

For enquiries, call 524 3259 or 524 3258.

ISSUE	DEADLINE	PUBLICATION DATES
SEPTEMBER	FRI AUG 16	MON SEP 13
OCTOBER	FRI SEP 17	MON OCT 11
NOVEMBER	FRI OCT 15	MON NOV 15
DECEMBER	FRI NOV 19	MON DEC 13

BOWLED OVER

ELSTERNWICK Park Bowling Club members have, during the winter months, attended the clubrooms and participated in popular carpet bowls and card days. Members will have noticed the improvement in the rooms with the ceiling and grey wall having recently been painted. Replacement of notice and honor boards will occur with some rationalisation to complement the improved interior.

Opening day for the 1993/94 season will be held on Saturday, August 28. If the weather permits, bowls will commence at 1.30pm, drinks from 3pm, followed by afternoon tea. As in previous years, it is hoped that the Mayor will be present to officially open the season. Badges will be presented to a number of super-veterans. Members, as well as prospective members are invited to attend.

It is important for people think-

ing of taking up bowls to realise that free tuition is available from qualified coaches and the Elsternwick Park Bowling Club and that lawn bowls is a game that is played by all age groups.

This season the Club will make a special effort to increase its membership. In addition to the normal social and pennant games, a number of twilight games will be organised and after initial coaching, games will be available for all.

Anyone wishing to try out lawn bowls should contact Lin Ackland on 531 3340 or Freda Smith on 528 3789, or contact the clubrooms on 531 4841.

CAULFIELD Central Bowling Club invite new members to join their club.

The RSL will enrol social members irrespective of war service.

Phone 528 6088 for information about catering and associate clubs.

St Giles junior gym club



Above: St Giles Gymnastic Club students.

ST GILES Gymnastic Club, Murrumbena has offered recreational gymnastics for children aged 4-14 years for many years.

Coach Sonia Cahn and assistant Danny Fox run two gym sessions every Monday evening (except during school and public holidays), for juniors (4-7 years),

4-5pm and for seniors (7-14 years) from 5-6pm.

Classes are held in the St Giles Church Hall, 117 Murrumbena Rd, Murrumbena.

New members are welcome. Fees per term are \$40.

For enquiries, contact Hilary Gocs on 571 9131.

Looking for an opportunity to learn a new sport in a healthy atmosphere on outdoor lawns with friendly happy people?

Come and join the

Elsternwick Croquet Club.

Men and women of all ages are welcome and all receive coaching. Croquet is sponsored by the VicHealth Promotion Fund as well as the Arthritis Foundation whose motto is

"Move it or lose it."

The 1993/94 season opens on August 28. For further information phone 523 8593 or 569 6687.

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ART CLASSES

ART classes for children in artists studio. Phone Anne, 571 2483.

**Advertising works in
Caulfield Contact,
ph: 524 3258.**

GARDENING

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**RECREATION
& LEISURE**



**Over 50s chair-based
exercise class**



Above: Nora Simmons - a regular in the chairbased class.

KEEPING fit when you're over 50 is not a problem for many of Caulfield's residents since they have discovered the many varied recreation programs available to them through the Council.

For older adults who suffer from arthritis, heart conditions or other complaints that may result in restricted movement, a chair-based exercise class may be just what they're looking for.

This chair-based class offers the opportunity to work through a series of movements in both sitting and standing positions. These movements are designed to improve the ability to perform

day to day activities as well as provide a fun and friendly atmosphere for all participants.

The classes are held at the Church of Christ, Carnegie on Mondays at 10am and at the Carnegie/Murrumbidgee Senior Citizens Centre on Wednesdays at 10am.

As well, the City of Caulfield's Recreation Services offer gentle aerobics, Tai-chi, yoga, walking and tennis to people who are over 50.

For further information regarding the chair-based class or any other recreation activities, please contact Cheryl Kennedy on 524 3367.

ARE you looking to join a walking or running group? If so, contact Bruce at the Caulfield Recreation Centre on 524 3288. (Group will meet on Wednesdays, 7pm at the Centre).



PH: 524-3288 / 524-3298
6 MAPLE ST, CAULFIELD STH 3162

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CONTACT DIARY

Do you have an event coming up that you would like to publicise? This is the place to put it. Contact Diary is compiled monthly, so if you want to let the community know about your club, society or event, we'll be happy to include it on this page.

Let us know about your activities.

Contact Diary
PO Box 42
Caulfield South 3162



CLASSES

Caulfield Adult Literacy Group offers positions for longer term migrants, beginner and advanced levels. Cost \$10 per term. For further information, call Janece on 532 8319.

Caulfield Arts Complex will run pottery classes, wheel work and hand building, casual hiring of pottery studio facilities and kiln. For further details, call 524 3287.

ENROLMENTS

Carnegie Three Year Old Group are now taking enrolments for 1994. Two hourly sessions, Monday morning and afternoon and Friday mornings. For further information, call Sally on 578 8665 or Lisa on 570 1835.

ENTERTAINMENT

Labassa, 2 Manor Gve, North Caulfield will host musical on Sunday, August 29, commencing 11am-4pm. Australian composer George Dreyfus will join with his friends to perform a selection of his music. The program will include the scores of "Waterfront" and "Rush", "The Adventures of Sebastian the Fox", Ned Kelly Ballads and "In Memoriam Raoul Wallenburg"; vocal soloists, piano, flute and clarinet. George will play will play his bassoon. Admission (Includes a viewing of the mansion) \$6 adults, \$16 families, \$16 families, children and concessions \$3. For enquiries, call 523 9228.

FETE

St Peter's Anglican Church, 371 Neerim Rd, Murrumbidgee will hold its annual fete on Saturday, September 18, between 9am-2pm. Stalls will include: Plants, cakes, produce, gifts, sweets, white elephant, pottery and books. Refreshments (light luncheon) will be available.

HEALTH

Caulfield Group of the Nursing Mothers Association of Australia (NMAA) will hold its next monthly night meeting on Tuesday, August 17, 8pm at 2 Poplar St, Carnegie. Topic: "Childrens feet" and will be presented by a physiotherapist. For

further information, phone 569 7153. The next coffee morning will be on Wednesday, August 25, 10am at Princess Park, Maple St, Caulfield South. For further enquiries, please phone Rebecca on 571 4921.

MARKETS

Caulfield Community Toy Library will hold a "Mums Market" on Saturday, September 4, 9am-12 noon, Murrumbidgee Park Hall. Cost per stall is \$10.

MEETINGS

Caulfield Bicycle Users Group meet on the fourth Tuesday of each month at 8pm at the GlenHuntly Neighbourhood House, 1213 GlenHuntly Rd, GlenHuntly. This group also offers a family fun ride on the fourth Sunday of each month. They meet at 9am at Caulfield Station (Railway Ave exit) for an easy mystery ride. For further details, contact Ursula Fiek on 578 9805.

Caulfield Heritage Watch Group meets on the last Monday of each month (except December & January) in the meeting room, Caulfield City Hall. For enquiries, phone Cr David Spencer on 568 5073 or Larry Hill on 528 4505.

Oaks Toastmasters meet on the first and third Wednesday evening of each month to develop their communication skills. The atmosphere is friendly. Interested men and women are welcome. For further details, please phone 853 6180.

New Ormond Auxiliary for the Alfred Hospital will next meet on Monday, August 23, 10.30am in the Uniting Church Hall, cnr North and Booran Rds, Ormond. Money raised is for hospital equipment. New member most welcome. For enquiries, phone Eveline Moir on 578 1721.

Caulfield Branch of the Victorian Gas Association will hold its next meeting on Tuesday, August 24, 1.30pm in the committee room, Caulfield City Hall. Mrs Jenny Adcosk from Better Hearing will be the guest speaker. New members welcome. For enquiries, phone

Myra Murdoch on 557 2254. Annual subscription \$2.

Caulfield Self Help Group of the Arthritis Foundation Victoria will meet on Monday, August 23, 10.15 am at 259 Kooyong Rd, Elsternwick. Visitors welcome. For enquiries, phone 570 4971.

The Chadstone Branch of the Country Women's Association of Victoria Inc holds monthly meetings on the first Monday of each month, 1pm (craft day second Monday at 10am) in the Uniting Church Hall, Alma St, East Malvern. New members welcome. For enquiries, phone 885 3166.

Womens Christian Temperance Union (WCTU) holds monthly meetings on the fourth Monday of each month, 1.30pm at the Church of Christ, Ormond. Murrumbidgee and Caulfield combined. All welcome.

Caulfield Combined Pensioners Association will next meet on Tuesday, August 17, 1.30pm in the committee room, Caulfield City Hall. Visitors welcome. Afternoon tea. For further enquiries, contact Alma Morton on 528 4459.

Neighbourhood Watch Area C82 will meet on Monday, August 30, 7.30pm at the Church of Christ Hall, Bambra Rd, Caulfield South.

Neighbourhood Watch Area C70 (bounded by Dandenong Rd, Balacava Rd, Hawthorn Rd and Kooyong Rd) will meet on Monday, September 13, 7.30pm at the St Stephen's Uniting Church Hall, 158 Balacava Rd, Caulfield North.

Neighbourhood Watch Area C71 will meet on Monday, September 13, 8pm at 31 Prahran Gve, Elsternwick.

Neighbourhood Watch Area C80 meet on the second Tuesday, of each month, 7.30pm in the committee room, Caulfield City Hall. The next meeting will be held on September 14.

Neighbourhood Watch Area C44 will meet on Monday, August 30, 7.30pm in the committee room, Caulfield City Hall.

Neighbourhood Watch Area C64 will meet on Monday, September 6, 2pm, and Monday, September 20, 7.30pm. All meetings are held at 40 MacGowan Ave, Glen Huntly. Area co-ordinator Fred McKenzie can be contacted on 578 5411.

Neighbourhood Watch Area C49 (bounded by Kooyong Rd, North Rd, Begonia Rd and

Clarence St) meets on the last Tuesday of each month. All welcome. For details, contact secretary on 596 5146.

Neighbourhood Watch Area C72 is bounded by Glen Huntly Rd (south side) to Lyons St and from west side of Koornang Rd to the rail line at Royal Ave, and on the west side of Grange Rd to Mackay Ave (odd numbers only) and covers all streets within. More volunteers are wanted, contact Geoff Stainsby on 571 3530. Next meeting will be held on August 31.

Neighbourhood Watch Area C113/114 meet on the last Tuesday, of each month, 7.30pm in the Caulfield Grammar School (First floor second building back-section). Every one from the area bordered by the Hotham, Glen Huntly/Orrong and Inkerman Sts are most welcome. The next meeting will be held on August 31.

Neighbourhood Watch Area C7 (bounded by Inkerman Rd, Orrong Rd, Glen Eira Rd and Kooyong Rds) will hold bi-monthly meetings at Room 26 Cowling wing, Shelford Grammar School, Hood Cres, Caulfield. Next meeting will be held on Monday, September 6. All welcome. Guest speaker will be someone from District Crime co-ordinator division.

Neighbourhood Watch Area C4 (bounded by Alma Rd, Inkerman Rd, Kooyong Rd & Orrong Rd) will hold bi-monthly meeting on the first Monday of each month, 7.15pm, 259 Alma Rd, Nth Caulfield. All welcome. For enquiries, phone Merv Maple on 527 7496.

RECREATION

Early Planning for Retirement Group Caulfield Inc. will hold the following activities for August.

August 19 - Interest Meeting Group - will meet at 7.30pm Gladys Machin Hall, Cedar St, Caulfield. Guest speaker will be a representative of Dick Wicks, will display and discuss a wide range of magnetic products. Visitors welcome. Supper served. For enquiries, phone 523 7051.

August 25 - Travel Group - will meet at 7.45pm Gladys

Machin Hall, Cedar St, Caulfield. Betty Terrell will show slides of National Parks, the top end of Australia. Visitors welcome. For enquiries, phone 571 3687.

Senior Ladies Friendship Group will hold next two meetings on Thursday, Aug 19, and September 2, 10-12 noon, at The Grange Rm, 99 Grange Rd, Glen Huntly. Enjoy two hours of friendly companionship. Trading table. Morning tea. For enquiries, phone Margaret on 596 6124. Cost \$1.

Star of the Sea Mothers Auxiliary, Gardenvale proudly presents three gala showings of the "Gown of the Year" on Sunday, August 22, 3pm and Monday, August 23 at 12 noon and 7.30pm. For tickets phone A Ryan, on 578 2539.

Over 40's Dance Club Inc. holds a 60/40 dance on the second and fourth Saturday of each month at the Uniting Church Hall, cnr North and Booran Rds, Ormond. Live band. Cost \$6. For details phone 570 4564.

VOLUNTEERS

Southern Citizen Advocacy Group needs volunteers. Your ability to handle everyday matters would assist an adult with a disability to participate in community life. Short orientation program begins soon. For further details, contact Southern Citizen Advocacy on 576 0155. **Volunteers** required to assist with community projects. Ideal for unemployed people wanting to retain/learn skills.

Foster Care South East needs families who can offer temporary homes for children who are unable to live with their own families. Three training and information evenings will be held for prospective foster parents on Thursdays, August 19. For further information, phone 562 9966.

WANTED

Caulfield Central RSL Women's Auxiliary urgently needs wool to make rugs, sacks, mittens and knee pads for patients in all Caulfield hospitals. Donations may be left at the RSL Club, 6-8 Northcote Ave, Caulfield, between 9am-3pm weekdays.

CAULFIELD CONTACT

CAULFIELD CONTACT IS COMPILED FOR THE RESIDENTS OF THE CITY OF CAULFIELD. THE PAPER ENCOURAGES THE COMMUNITY TO SUBMIT ARTICLES, BUT THEIR INCLUSION DEPENDS ON THE SPACE AVAILABLE IN EACH ISSUE. PLEASE SEND ARTICLES AND PHOTOS TO:

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