

# CONTACT

M O N T H L Y

A monthly publication produced by the Caulfield Council for the residents of the City.



Vol 19. No 8. September, 1993.

## Green light for new recreation centre

CAULFIELD Council has given the green light to build a new recreation/swimming complex at the Munro Ave swimming pool site.

This project, approved at the August meeting of Council is scheduled to commence after the close of the 1993/94 season.

The viability of combining the two facilities was supported by Lacey and LRM Leisure Man-

agement consultants, and an economic analysis carried out by Council officers showed that the combined centre was the best longterm option for rate-payers.

Caulfield Mayor, Cr Nicholas Gold said the decision was one of the toughest Council had been faced with for many years, but on balance, should provide a modern, state-of-the-art leisure

facility for all Caulfield residents, at, for a change, a substantial cost saving to the City.

Costs of the project will not exceed \$1.5 million and will be funded from Council's Recreational Fund Reserve, together with the proceeds from the sale of the existing Library and Recreation Centres in Maple St. There will be no rate impost on residents.

Council will approach the State and Federal Governments for financial contributions towards the project.

Consultants advise that capital expenditure should eliminate Council's current operating deficit on the separate operation of the pool and recreation centre. This deficit will be \$132,000 in the current year (around 1% of rate monies).

The comparable result for the combined centre should provide for a saving to rate revenue of in excess of \$100,000 in the first year, and similar ongoing savings.

"Council is reviewing options to facilitate programs for those who may be unable to utilize the Munro Ave centre. One option

### CONTENTS

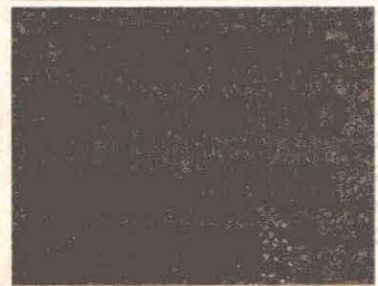
General News	1-3
Community News	4-7
Coloring competition	8
Arts Focus	9
Rec. & Leisure	10-11
Bowled Over	10
Classifieds	11
Diary	12

we're looking at is the Bricker Pavilion, Princes Park," said Mayor Gold.

## Children go "undercover" at Carnegie



THE theme for Book Week this year was "Go Under Cover". Carnegie Primary School students prepared pictures of their favorite books and book characters and joined them under the cover of umbrellas in a parade at the school. Pictured, from (l-r) is Dennis Zhou, 7, Corryn Abbott, 7 and Sanseev Srikantharajah, 8.



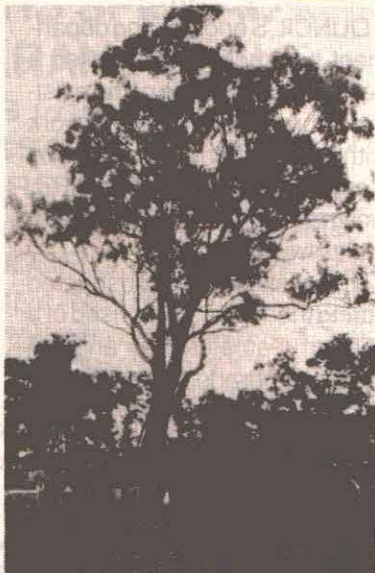
CAULFIELD Council has recently added 30-40 years life to a Eucalyptus Tallow Wood tree in Glen Huntly Park.

The tree, estimated to be somewhere between 60-80 years has been described by Council's consultant arborist, Ivan Earl, as by far the largest and attractive Tallow Wood tree he has seen in the Melbourne environment.

The highly specialised work to save the tree involved reducing the weight of the canopy by careful thinning and cabling branches to distribute the load evenly throughout the canopy.

Due to a large split in the main trunk, bolts were inserted to strengthen it, minimising the chances of the tree becoming hazardous.

The work carried out on the tree and a number of other trees in Glen Huntly Park is part of Council's ongoing program to improve parks within the municipality.



Above right: Council saves 80 year old Eucalyptus Tallow Wood tree, Glen Huntly Park.

**DID YOU KNOW?**  
Caulfield Council makes its committee meeting agendas available to the public on the Friday prior to the committee meeting. These agendas can be obtained from City Hall or any of the three library branches within the City of Caulfield.

**FOR THIS MONTH'S SPECIAL,**  
see page 3 for  
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**COUNCIL MEETINGS**

**MEETING DATES FOR 1993**

CAULFIELD Council has appointed three special committees comprising all of the members of the Council.

They are committees of:

- Town Planning**  
- Cr David Michelson
- Policy & Environment**  
- Cr James Barrett
- Finance**  
- Cr Sandy Anderson

**1993**

SEP 14	8pm	Policy & Environment
21	6.30pm	Finance
	8pm	Council
OCT 5	8pm	Policy & Environment
12	6.30pm	Finance
19	6.30pm	Council
	8pm	Town Planning

**CAULFIELD COUNCILLORS**

**NORTH WARD**

Cr Nicholas Gold  
(Mayor)  
2/272 Hawthorn Rd  
Caulfield 3162  
Tel: 523 0253

Cr David Michelson  
P O Box 4  
Elsternwick 3185  
Tel: 527 1282

Cr Sandy Anderson  
398 Glen Eira Rd  
Caulfield 3162  
Tel: 528 1727 (P)

**SOUTH WARD**

Cr James Barrett  
1 Albert Rd  
Carnegie 3163  
Tel: 578 0680

Cr Tony Browne  
3 Gisborne St  
Elsternwick 3185  
Tel: 528 3525

Cr Danielle Hastings  
39 Malane St  
Ormond 3163  
Tel: 578 4810

**EAST WARD**

Cr Ed Biggs  
40 Rosanna St  
Carnegie 3163  
Tel: 569 9386

Cr David Spencer  
(Deputy Mayor)  
28 Margaret St  
Carnegie 3163  
Tel: 568 5073 (P)

Cr Veronika Martens  
13 Margaretta Ave  
Murrumbeena 3163  
Tel: 579 0297

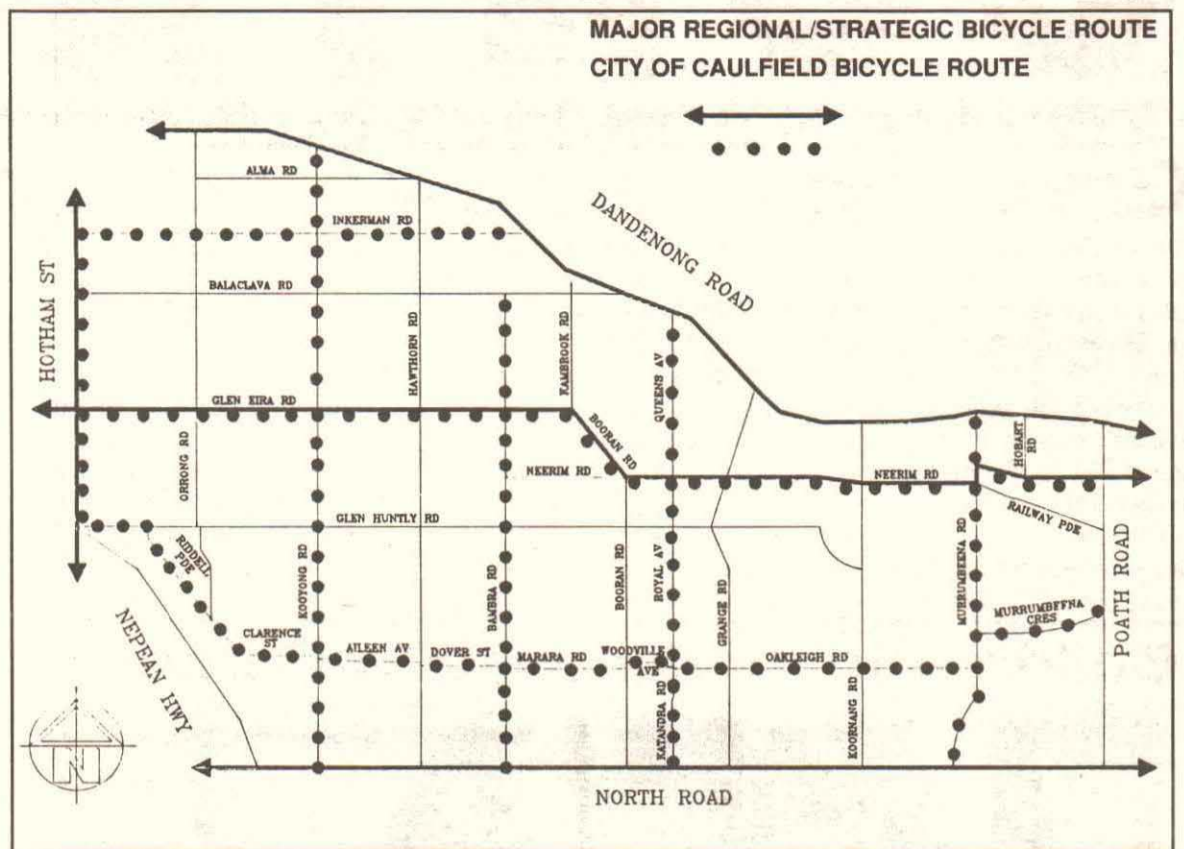
**WEST WARD**

Cr Heather Welsh  
8 Burns Ave  
Murrumbeena 3163  
Tel: 568 7190

Cr Alan Grossbard  
19 Keeron St  
Caulfield South 3162  
Tel: 523 7209

Cr Noel Erlich  
4 Pretoria St  
Caulfield 3162  
Tel: 523 7365

**Caulfield's bicycle route map**



**Engineering update**

**Inkerman & Glen Eira Rd asphalt rehabilitation work**

ASPHALT rehabilitation work has been carried out on the south side of Inkerman Rd between Hotham St and Hawthorn Rd in order to eliminate the many road patches over the existing watermain.

Six hundred square metres of asphalt pavement in Glen Eira Rd west of Hawthorn Rd was replaced due to pavement failure.

The sub-grade was beginning to pump through to the road surface causing cracking and staining of the road surface.

**Elsternwick easement drain upgrading**

COUNCIL'S engineering department has recently completed a design for upgrading of the existing stormwater pipe network within the easement bounded by Rowan St, Shoobra Rd, Downshire Rd and Hamilton St, Elsternwick.

The existing pipe, constructed during the 1920s, comprised of a 450mm diameter pipe and will now be upgraded to a 750mm diameter pipe.

This work became necessary due to the increase in the water run-off in the catchment area

contributing to this drainage system which has occurred due to greater areas of paving and denser development since the drain was originally installed.

As the proposed works are to be carried out in confined areas, no machinery will be able to be used and, as a result, only hand excavation will be adopted. For this project, Council has decided to use a new light weight pipe made from High Density Polyethylene (HDPE) to enable the pipe to be handled by two people.

A contractor is scheduled to commence work this month, and anticipates taking eight weeks to complete.

**Property numbering**

DOES the postie have trouble finding your letterbox? Is the number of your house or shop clearly visible or would visitors have trouble finding you?

Owners and occupiers of properties are requested to mark them with the street number that the Council has allotted. The numbers should be placed on the gate, gate post or in a conspicuous position on the front fence.

Where buildings do not have a front fence, the number should be placed immediately above the main entrance doorway.

**Relocation of Caulfield Library**

CAULFIELD Library will be closed from 5pm on Sunday, September 26, 1993 to undergo relocation to City Hall.

The new library will open at 10am on Friday, October 8, 1993.

While the Caulfield Library is closed (from Monday September 27 - Thursday, October 7 inclusive), the other branches will be open extended hours for your convenience.

Times and locations are as follows:

**Elsternwick Branch**  
4 Staniland Grove  
Elsternwick Ph: 524 3340

Mon - Tues - 10am-6pm  
(Sept 27-Oct 4 only)  
Weds - 1pm-9pm  
Thurs-Fri 10am-6pm  
Sat - 9am-12 noon  
Sun - 2-5pm (Oct 3 only)

**Carnegie Branch**  
104 Koornang Rd  
Carnegie Ph: 524 3355

Tues-Thurs - 10am-6pm  
Fri - 10am-9pm  
Sat - 9am-12 noon.

From now until the opening of the new branch, the loan period will be extended until October 20. So please borrow as many books and other items as you need.



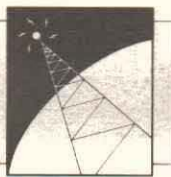
**CITY HALL PHONE NUMBERS**

Arts Complex	524 3287
Rates office	524 3215
Human Services	524 3228
Traffic & Local Law	524 3216
Engineering	524 3240
Town Planning	524 3374
Traffic Engineering	524 3324
Building	524 3201
Community Relations	524 3259

**New taxation laws**

The Caulfield Citizens' Advice Bureau, in conjunction with the Australian Society of CPAs run a free Accounting Advice Service which provides advice on the new tax laws and their impact on your savings and investments. An initial 20 minute consultation (at no charge) is provided, during which CPA will evaluate your circumstances and provide guidance on the best course of action available to you.

Appointments are necessary and can be made by contacting the **CAULFIELD CITIZENS' ADVICE BUREAU ON 524 3200.**



## Caulfield gets new community bus

CAULFIELD Council has purchased an additional community bus through its home and community care program and with financial assistance from Caulfield Voluntary Workers and

the City of Caulfield Lions Club. A special feature of the new bus is a rear hydraulic lifting device, enabling it to lift and accommodate two wheelchairs.

Caulfield Citizens' Advice Bureau has agreed to coordinate the use of this new bus, together with Council's other two community buses.

**Below: Caulfield Mayor, Cr Nicholas Gold officially hands over the new community bus to the Caulfield CAB. Pictured with him are Vera Rowe, Caulfield Voluntary Workers Shop and Ken Shepherd, Caulfield Lions Club.**



## Council refuses five unit developments

AT last weeks town planning committee meeting, Caulfield Council refused five unit development applications mainly due to overdevelopment and excessive site coverage issues.

An application to construct four dwellings at 14 Rosedale Ave, Glen Huntly was refused because Council regarded it as an overdevelopment, having regard to excessive site coverage, inadequate private open space areas and inadequate parking.

The application did not provide adequate outdoor living areas to allow for both amenity and the recreational needs of the occupants of the dwellings.

Council's manager planning, Jeff Akehurst said it's Council's goal to encourage family and multiple occupancy of medium density housing into Caulfield.

"Allowing proposals such as this one to go ahead would establish a bad precedent for developments which do not meet the requirements of the Multiple Residential Development Policy," he said.

## AAT says no to dance studio

THE Administrative Appeals Tribunal (AAT) has refused to grant a permit for a dance studio in Glen Huntly Rd, Caulfield South because of its location next to an existing brothel.

Earlier this year, Caulfield Council granted a notice of decision to Sefra Burstin to operate her dance studio at 979a Glen Huntly Rd.

Since this time, Bambra Studios, the neighbouring brothel which has been in existence for some 17 years appealed to the AAT to have the school closed.

The AAT's decision reflects the general planning principle that brothels and buildings where children may assemble for various activities, should not be located in close proximity to one another.

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## Dogs on racecourse - compromise

THE Victorian Amateur Turf Club (VATC) will put forward a recommendation to Trustees of the Caulfield Racecourse at their bi-annual meeting on September 30, permitting dogs onto the Racecourse.

After objection from newly formed Dog Owner's Group (D.O.G.) members to the banning of dogs on the racecourse, the VATC, after consulting with D.O.G. looked at the situation and came up with the following recommendation, which has been accepted by D.O.G.:

- dogs will only be permitted on racecourse grounds after 4.30pm;
- dogs must be kept on a leash prior to reaching the flat area (centre of the racecourse);
- dogs are restricted to run free on the flat area only (40-50 acres);
- while on the flat area, dogs

must be under effective control of their owners;

- dog droppings must be removed by dog owners and placed in the bins provided.

Caulfield Council has agreed to provide the VATC with three 120 litre bins for dog owners to place any dog excrement in, however, emptying and cleaning of the bins will be the responsibility of the VATC.

Caulfield Mayor, Cr Nicholas Gold complemented the VATC and members of D.O.G. for coming up with what appears to be a reasonable compromise for all parties. He added, however, that the issue raised the broader concern for the City of dealing with dog excrement.

"I believe this is a matter the City should be reconsidering with a view to encouraging all dog owners to protect our environment and pick up after their dogs," he said.

**See our bumper Festival Color-in competition, Page 8.**

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**New kit aids problem domestic encounters**



**Above: Caulfield Councillor and senior constable with Caulfield Police, David Michelson.**

A FAMILY Incident Resource Kit has been produced to assist police faced with problem domestic and bereavement encounters.

The kit is a result of a sub-committee formed by the 'C' District Police Community Consultative Committee. This sub-committee was established when the need for updating police with the correct resources to handle problem domestic situations was recognised in 1992.

Caulfield Councillor and senior constable with the Caulfield

Police, David Michelson has been the officer responsible for researching, designing and obtaining government funding for the kit.

Cr Michelson said the kit will provide police personnel with all the relevant information needed when handling problem domestic situations.

"By having this comprehensive kit on hand, police officers can provide essential information to victims of domestic violence, helping them locate help groups to aid them through their difficult

time," said Cr Michelson.

The kit contains:

- Easy Reference Guide - includes Intervention Order procedure, possible offences and other relevant police information.
- LEAP forms relevant for domestic incidents
- A general brochure containing a list of organisations within the district that may assist aggrieved family members
- A series of brochures relating to specific organisations and help groups
- A list of emergency contact numbers.

The Police 'C' District Community Consultation Committee has been operating for two years and comprises about 20 people including representatives from the Victoria Police, each of the municipal councils (Malvern, Caulfield, Brighton, Oakleigh, Moorabbin and Sandringham), Chadstone and Southland shopping centres, Neighbourhood Watch, State Emergency Service, Ministry of Education, Community Services of Victoria and several smaller community groups.

**Volunteers needed**

VOLUNTEER-AID is a community-based service, part of the home and community care program.

It provides assistance on a one-to-one situation to frail, aged, confused elderly people and people with disabilities living independantly in their own homes.

Are you interested in volunteering and have some time to share with others in the community?

If so, this information may be of interest to you.

Volunteers are needed to assist with shopping, transport and friendly visits. A car is necessary for shopping and transport tasks.

For further information, contact Jean Bannister on 524 3314 on Monday, Tuesday or Thursday, or leave a message at the Caulfield Citizens' Advice Bureau, 524 3200.



**Deadline for the October 15 issue is September 17**

**Kilvington captures the magic of Mozart**

THE magic of Mozart and the vitality of Vivaldi came alive at Robert Blackwood Hall, Monash University recently as students from Kilvington Girls' Grammar School staged their musical extravaganza - *The Annual Concert*.

An extensive program featuring Kilvington students from junior to senior levels, displayed

their talents in a range of musical activities including orchestral, chamber and instrumental music, as well as choirs, madrigal groups and solo performances.

A highlight of the evening was a kazoo concerto performed by Kilvington staff members, Warren Stone (principal), Jacqueline Swift and Julie Lotherington.

**Below: Kilvington Girls' Grammar students, from (l-r) back - Nicole Huntriss, centre - Yvonne Rodgers, Moana Ngawaka, Kellie Saunders, front - Christine Balint and Meaghan Lyon.**



**James to perform internationally**

GLEN HUNTLY Primary School student, James Pregnell, 12, has been selected to tour with the Overseas Concert Tour Choir at the end of this month, travelling to New York, Philadelphia, Washington, London, Oxford and Los Angeles.

When he was in second grade, James auditioned and was selected for the Victorian Children's Choir. He began in the probationer choir four years ago and has progressed to training, performing, recital and chamber choir since.

The Choir has approximately 1100 children connected to its six venues - this year 800 were eligible for selection to tour overseas.

James sang with the Philadelphia Boys Choir and Chorale when they were in Australia last year and with the Long Island Youth Orchestra New York during their recent Pacific Tour.

On both occasions, the Pregnell family, who were de-



**Above: James Pregnell.** lighted to learn more about America, provided billets for two boys from the Choir and Orchestra. The Pregnell's showed their visitors the sights of Melbourne. "We are delighted that James has been selected as a young ambassador for Australia and is the sole representative of the City of Caulfield when he tours later this month," said Joy Pregnell.

 **Watch out!**

**DAYTIME MEETING**

CAULFIELD Sub-District Neighbourhood Watch will hold a Daytime meeting on Monday, October 4, 10am - 12noon at the St Mary's Church Hall, cnr Hood Cres and Glen Eira Rds, Caulfield.

Meeting will be conducted as follows:

**10am** - Meeting opens with an address from Nola Baker, Caulfield Neighbourhood Watch sub-district manager.

**10.02am** - Chairman for the day, Les Isaacs identifies area coordinators attending and outlines the program and introduces the first speaker.

**10.07am** - Senior Sergeant Jeff Calderbank - OIC of Elsternwick Police Station. Topic: *Local Police Work*.

**10.17am** - Door Prize.

**10.20am** - Mr Carl Russo, City of Caulfield Superintendent Traffic

and Local Law. Topic: *Problems with Neighbours*.

**10.50am** - Door Prize.

**10.53am** - Sergeant Brian Barnard, a six-legged policeman from the Dog Squad with his proud charge.

**11.15am** - Door Prize.

**11.17am** - Sergeant Ernie Paxton, Neighbourhood Watch 'C' District Police Coordinator. Topic: *The value of Neighbourhood Watch*.

**11.27am** - Refreshments, (free tea, coffee and biscuits) and chance to mingle with speakers and area coordinators attending information tables.

**Noon** - meeting concludes.

For further information about this meeting, contact Nola Baker, Caulfield's sub-district manager Neighbourhood Watch on 523 9861.

## Caulfield scouts recognised for distinguished service



Above: From (l-r), Trevor Howlett, Chris Howlett and Razz Monaghan.

THIS year has been a particularly successful year for Caulfield in the area of Scouting.

Earlier this year, the 11th Caulfield Scout Hall, home of the Caulfield District Venturer Unit was awarded the Brewster Award. This "neatest hall" award, presented to Gary Hawkins at the Annual General Meeting in Somers in July, has been a part of Scouting since 1964.

Scout halls are judged in the following areas:

- general appearance of the grounds;
- cleanliness, tidiness and state

of repair of the buildings;

- the extent to which the maintenance of the buildings and grounds is the responsibility of the group;

- general arrangements for the storing of gear and equipment within the buildings;

- extent to which the interior of the meeting place shows the work and care of the boys themselves.

Three members of the Caulfield Scouting movement were awarded for their good service to Scouting at a ceremony held at

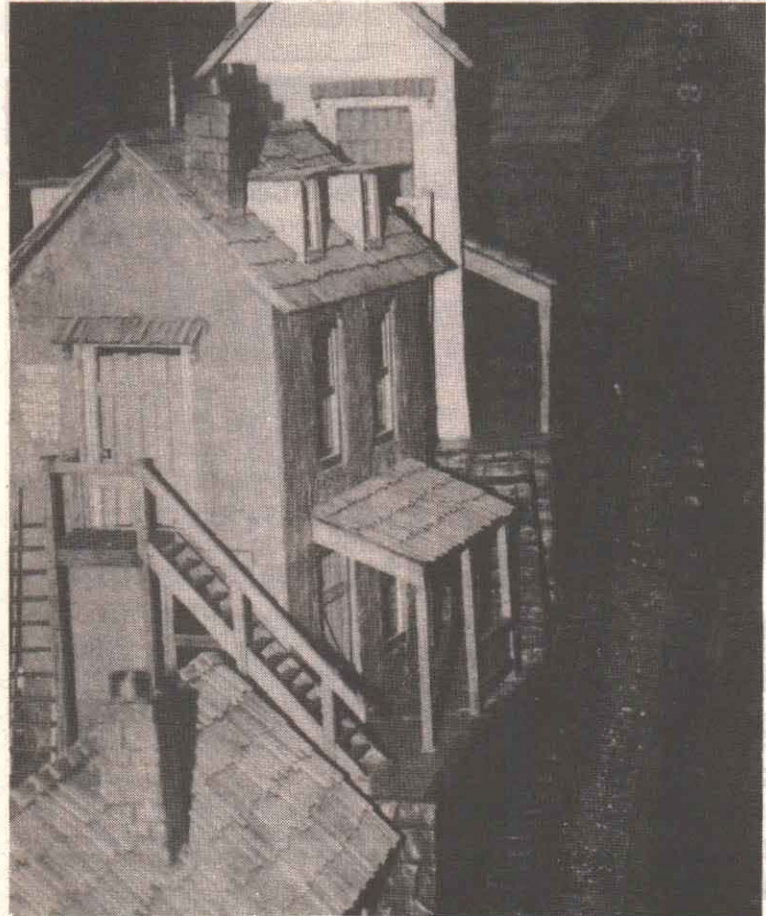
Gilwell Park Scout Camp earlier this year.

Chris Howlett, district commissioner was awarded the Silver Acorn for specially distinguished service to Scouts for a considerable period of time.

Trevor Howlett, (Chris' son), scout leader at 2nd Caulfield and Razz Monaghan, ADC training officer, Caulfield District were awarded Medals of Merit for specially good service to Scouting.

These awards were presented by The Governor His excellency, the Hon. Richard E McGarvie.

## Penhalluriack's build on Cornish theme



Above: Some of the buildings in the new Cornish Village at Penhalluriack's Building Supplies Store, 345 Hawthorn Rd, Caulfield South.

NEXT time you walk or drive past the Penhalluriack's Building Supplies store, take a minute to view the model Cornish Village recently installed in the front window.

The model, 20 feet in length and 3 feet wide, has a clock tower nine feet high, a waterfall, water wheel, wishing well, maypole, merry-go-round, a dozen buildings and about 70 pixies, who every 15 minutes, spring to life and go about their everyday activities.

Store owner, Frank Penhalluriack, whose background is Cornish, was approached by one of his regular shoppers who suggested the idea of the model Cornish Village.

"For about 10 years we have had a Cornish theme throughout the store with pictures of pixies here and there. When model makers Vivian and Kariss Kenney approached me about the Village I thought it was a great idea - something different," said Frank.

## New youth project worker for Caulfield

STEVE Baxter, Council's new youth project officer has some new and exciting ideas up his sleeve for the young people of Caulfield.

Steve has travelled extensively throughout the world, working on camp programs in the USA and youth programs in England. He has worked voluntarily for 17 years with the YMCA. Prior to this Steve was the coordinator of youth services at the City of Camberwell.

One of his aims is to introduce a camp program for Caulfield.

"The traditional 'school camp' is slowly becoming a thing of the past," said Steve. "Unless kids are involved in Scouts, Venturers etc, they probably don't get the opportunity to go camping. Camping, or trips away are a great way for kids to make friends and a good opportunity for them to discuss any problems or issues affecting them, in a relaxed environment," he said.

Steve also intends to inject more life into Caulfield's Youth Resource Centre by encouraging the kids who use the Centre to be more involved in running it.

"We need to get young people more involved in making decisions that affect them and



Above: Steve Baxter.

look at ways of using the available funding. We should be looking at running activities that can fund themselves rather than being an added strain on local government expenses," he said.

Steve will also be assisting the Caulfield Youth Advisory committee to look at ways in which young people can contribute to the ongoing development of the community.

"This community is for young and old alike, and young people need to exercise their right to help shape what it becomes in the future," said Steve.

If you wish to speak to Steve, or Council's youth development officer, Lyn Nye about issues affecting or relating to young people, please phone 524 3321.

## Teenage holiday packs

CAULFIELD Council's youth services department is offering teenage September holiday packs to local young people aged between 12-18 years.

The teenage pack is full of vouchers and passes to various activities and venues which are available for the low price of \$25 (\$60 value in each pack).

The pack contains:

- 1 Royal Melbourne Show entry ticket
- \$20 worth of Royal Melbourne Show ride tickets
- 1 cinema ticket
- 1 Met ticket (all day travel)

- 1 Luna Park entry and rides pass (unlimited rides)

- 1 Ten Pin bowling game (includes shoe hire).

There are only 100 packs available so you need to be quick - it's a case of "first in first served."

If you wish to purchase a holiday pack, they are available from the Rates desk at City Hall, cnr Glen Eira and Hawthorn Rds, Caulfield or the Youth Resource Centre, cnr North Rd and Fraser St, Ormond.

For further details, contact Lyn Nye or Steve Baxter on 524 3321.

## Caulfield U3A

has a special offer to all citizens

**Christmas Eve at the Cuckoo**  
December 24, 1993

Cost \$39

(includes entertainment & bus)

Bus departs Caulfield City Hall, 6pm, returns at midnight.

**Book Now!**

Phone U3A on 532 8462 (Mon - Thurs 10.30am-3pm) or contact Charlotte Meisner on 523 7862.

- Send a cheque to U3A, P O Box 359, Caulfield South, 3162
- or pay direct to U3A, 258 Hawthorn Rd, Caulfield South (next to City Hall)

A cancellation fee of \$5 will apply.

## Caulfield Arts Complex term program

CAULFIELD Arts Complex will hold the following courses for adults and children from October 11 - December 4, 1993. For information about times, costs and locations, phone Caulfield Arts Complex on 524 3287, a copy of the full program is available.

### \* Adult Classes

**Pottery with Robert Morollo & Shari Nye** - Explore the world of clay using a variety of hand-building and sculpture techniques as well as "throwing" on the pottery wheel. Students will also learn how to use a range of glazes, slips and underglazes for decorative finishes as well as the packing and firing of the kiln.

**Yoga Relaxation & Meditation with June Michaelson** - An integral yoga class combining relaxation, meditation and guided yoga postures according to individual ability. Concentration breathing and body awareness provides a simple method to develop peace of mind and physical relaxation.

**Experimental Painting & Drawing with Anne Riggs** - Come and have a go at painting

in a relaxing and enjoyable class focussing on investigating paint, color rhythm, texture and movement.

**Basic Sketching & Drawing with Anne Riggs** - Using pencils, pastels and charcoal this class introduces beginners to the basics of drawing, to develop individual interests & skills.

**Traditional Chinese Brush Painting with Chen Xiao Qiang**, a painter and teacher, from Nanning Teachers University will teach Chinese brush techniques using hair brushes, Chinese inks, watercolours and rice paper to paint traditional bamboo and blossom scenes. For beginners as well as those with prior painting experience.

### \* Childrens Classes

**Pottery with Shari Nye and Robert Morollo** - Explore the world of clay using a variety of hand-building and sculpture techniques.

**Childrens Painting & Drawing with Anne Riggs** - Develop your child's artistic and creative skills using charcoal, pencils, watercolours, pastels and acrylics.

\* **Pre-School** classes also available.

## "Under cover" at Elsternwick Library



"GO UNDERCOVER" was the theme for this year's book week. At the normal weekly storytime session held at Elsternwick Library on Friday mornings, local children aged between 2-4 years, gathered for their opportunity to go "undercover" in a tunnel built by the Caulfield Library Service staff.

## HEALTH WISE



### Health conscious Aussies - where are you?

HAVE you seen the figures on the top 10 biggest selling items in Australian Supermarkets?

1. Coca-Cola 375ml
2. Coca-Cola 1 litre
3. Coca-Cola 2 litre
4. Diet Coke 375ml
5. Cherry Ripe
6. Nestles Condensed Milk
7. Tally Ho Cigarette Papers
8. Mars Bar
9. Kit Kat
10. Crunchie Bar

What about some of our staple foods such as bread and milk? Are soft drinks and chocolate bars taking over as our staple foods?

Perhaps we could explain this if we consider that many of the more healthy food choices, such as fruit and vegetables could be purchased outside the Supermarket.

For those who are concerned about their health and eating a diet that will benefit your well being, perhaps the Dietary

Guidelines for Australians 1992 would be a more useful list to read than the above top 10.

1. Enjoy a wide variety of nutritious foods.
2. Eat plenty of breads and cereals (preferably wholegrain), vegetables (including legumes), and fruits.
3. eat a diet low in fat, and in particular, low in saturated fat.
4. Maintain a healthy body weight by balancing physical activity and food intake.
5. If you drink alcohol, limit your intake.
6. Eat only a moderate amount of sugar and foods containing added sugars.
7. Choose low salt foods and use salt sparingly.
8. Encourage and support breastfeeding.
9. Eat foods containing calcium. This is particularly important for girls and women.
10. Eat foods containing iron. This is particularly important for

girls, women, vegetarians and athletes.

These dietary guidelines are made for all Australians, not just the health conscious, so perhaps we could all change the priorities to more healthy food choices.

For more information, contact Caulfield Community Care Centre, 240 Kooyong Rd, Caulfield South. Tel: 523 6666.

INFORMATION IN THIS ARTICLE SUPPLIED BY THE DIETITIANS, CAULFIELD COMMUNITY CARE CENTRE.

### Health briefs...

CHADSTONE Community Health Centre Inc. will hold child-birth preparation classes at the Centre, 568 Neerim Rd, Hughesdale (enter via Poath Rd).

The six week course will run from Thursday, October 28 to Thursday, December 2, 6.30-8.30pm and will be run by a community health nurse and a physiotherapist. So if your baby is due in January or February 1994, ring the Duty Person on 568 2599 to book in.

\*\*\*

CHADSTONE Community Health Centre Inc. will conduct the Quit Smoking Course, commencing Monday, October 4, 1993.

The course will run for four weeks, each Monday and Thursday evening from 6.30-8.30pm. Cost \$100.00 (concessions available).

If you wish to book for this course, contact the Duty Person on 568 2599.

## TUNE In!

### Caulfield Youth Services

*have organised*

#### Teenage holiday activities, September 1993

**4 DAY CAMP** - yes we're off to Wilson's Prom with our tents and gas stoves for 4 days at the beach from Tuesday, September 21 - Friday, September 24. Cost \$50 (\$30 concession).  
*Activities include canoeing, beach and bush walks, bus trips, fishing etc.*

**HORSERIDING** - Come along to Uncle Nev's Trail Rides on Wednesday, September 29 at Whittlesea and enjoy a great three hour ride through the State Forest and local farming properties. Stop off for a drink and snacks at the top of the hill for a rest. BYO lunch. Cost \$20.

**YOUTH RESOURCE CENTRE** - Don't forget to check out what's happening at the Youth Resource Centre, cnr North Rd and Fraser St, Ormond.

**For enquiries and bookings, contact Steve Baxter or Lyn Nye on 524 3321.**

## Caulfield U3A



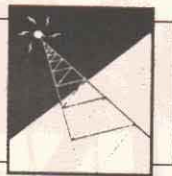
will run its next bus tour on  
**Wednesday, October 6**

**Michelton Winery - 9am-5pm**

Guided tour and also board the MV Major Mitchell for a cruise on the Goulburn River. Enjoy watching the wildlife and the delightful river scenery. BYO lunch or buy there.

For bookings and further information, contact U3A, Monday-Thursday, 10am-3pm, on 532 8462, or visit U3A at 258 Hawthorn Rd, Caulfield South (next to City Hall).

**Remember - you don't have to be a U3A member to join in!**



## Another successful Japanese tour

THREE Caulfield residents were privileged to represent Caulfield at an international gathering held recently in Ogaki, Caulfield's sister city in Japan.

As guests of the Ogaki International Exchange Association and the City of Ogaki, the two students, Maree McDonald 16 from Star of the Sea College and Christopher Briggs 13, from St Michael's Grammar School and teacher of Japanese, Susan Broadfoot, participated in a cross-cultural forum where they exchanged information about their city and lifestyle with similar representatives from the USA, Korea, China, Germany and Japan. Traditional and contem-

porary Japanese cultures, such as the Tea Ceremony and calligraphy were demonstrated at workshops and were emphasised during the visits to local schools, business enterprises and landmarks. Even more memorable was the experience of homestay with a Japanese family for the 13 day visit.

Susan Broadfoot, guest Japanese teacher on the tour said all participants returned home with strong impressions of the hospitality received from their hosts.

"The visit served to develop closer ties of friendships and understanding between the people of Caulfield and Ogaki," she said.

Below: From (l-r), Christopher Briggs, Susan Broadfoot and Maree McDonald.



## Free holiday movies

OZ CHILD - Children Australia, in conjunction with the Australian National Memorial Theatre, will run a series of free movie programs for children and their families.

The movies will be held during the September school holidays (from September 27-October 2) at the National Theatre, cnr Barkly and Carlisle Sts, St Kilda.

Movies will be held Monday - Friday commencing 1pm and on Saturday, October 2 commencing 10am.

A selection of children's movies will be shown. Movies are suitable for all age groups, with all films rated for General Exhibition.

Film titles will include *Mickey Mouse and the Band Concert*, *Ben and Me*, *Ferdinand the Bull*,

*The Commando*, *The Music Box*, *The Journey*, *Donald Duck in Mathmagical Land*, *Laurel and Hardy*, *The Reluctant Dragon*, *Aladdin and His Wonderful Lamp*, *Peter and the Wolf*, *Tom and Jerry* and more!

Added attractions will include lucky seat prizes, foyer entertainment and opportunity to meet AFL football stars. In addition, McDonalds St Kilda will provide a \$2 meal deal on presentation of a movie ticket at their store.

Free tickets are available from the theatre box office. All enquiries and bookings can be made by phoning the theatre on 525 4611. Adults and children are eligible for free tickets.

For further information, contact Donna Bauer, public relations officer on 568 1055.

## Outstanding residential development award

NOMINATIONS are now being accepted for the City of Caulfield annual award for Outstanding Residential Development.

Awards are available in three categories:

- New detached residence
- Medium density developments
- Extensions and/or renovations to existing dwellings.

Developments should emphasise innovation, site sensitive building design whilst maintaining standards of amenity,

privacy and landscaping.

To be eligible for the awards, developments must be within the City of Caulfield and be completed and occupied or ready to occupy by 31st October 1993. Nominations close 29th October 1993.

For further information and nomination forms, please contact Council's planning department on 524 3337 or building department on 524 3201.

## School holiday fun

Programs and activities for children organised by the City of Caulfield

### Caulfield Library Service

ENJOY a fulfilled program of stories and activities at the Elsternwick and Carnegie Branch libraries.

\* **Carnegie Library, 104 Koornang Rd, Carnegie, ph: 524 3355.**

\* **Elsternwick Library, 4 Staniland Gve, Elsternwick, ph: 524 2240.**

Bookings can be made from by phoning the branch where the activity is to be held. Parents are required to stay with their children while the activity is taking place.

No activities will take place at the Caulfield Branch due to relocation to the town hall.

**Week 1, Wednesday, September 22, 11am.** (limit 30).

**A Galaxy of Fun - Carnegie**  
Create a universal space mural for the library.

**Dinosaur Mobile - Elsternwick** (limit 30).

**Friday, September 24, 11am.**  
Brighten up your room with a fabulous dinosaur mobile.

**Week 2, Thursday, September 30, 11am.**

**Storytimes - Carnegie.**  
**Deadly Dinosaurs - Elsternwick.** (limit 30).

**Friday, October 1, 11am.**  
Create a huge dinosaur collage for the library.

### Caulfield Arts Complex

Cnr Glen Eira and Hawthorn Rds, Caulfield, ph: 524 3287.  
Office hours 8.30am-5pm.

**Pre-school Workshop - 9.30am-12 noon.** Cost \$13 per session. Held at St Catherine's Church Hall, 402 Kooyong Rd,

### Community services recognition scheme

IN 1989, the City of Caulfield established the Caulfield Community Services Recognition Scheme to publicly acknowledge dedicated volunteers working within the City of Caulfield.

At a special ceremony each year volunteers are presented with a certificate and badge by Caulfield's mayor, in recognition of their contribution to the City.

A ceremony is planned for June 1994. Accordingly, Council is seeking participation from community groups and organisations who may wish to nominate members for the award scheme.

Forms are available from: Val Corby, human services division, City of Caulfield, phone: 524 3228. Nominations close on November 26, 1993.

Caulfield South.

Offers a variety of pre-school activities including art & craft, storytelling, music, movement & games. Bring fruit, drink & art smock to each session.

**Primary School Program -** Cost \$13 per session or \$25 per day (includes lunch time supervision). 20% discount. To be held at 1 Sinclair St, Elsternwick. Activities and times are as follows:

**Week 1, September 20-24**

**AM 9.30am-12.30**

**CSIRO's Travelling Science & Technology Show & Workshop.** 5-7 years. Tuesday & Wednesday only. Join this educational & entertaining science theatre - followed up by workshop of fun hands-on science activities.

**Junior Sculpture,** 5-7 years with Gali Mizrahi Creative sculpture projects using a variety of modelling materials including mod-roc & paper mache.

**Fun with Magic,** 5-7 years with Darren Varley, will illustrate basic magic skills with a follow-up workshop of hands on techniques.

**PM 1.30-4.30pm**

**Junior Electronics,** 5-7 years with Robert Morollo. An introduction to basic electronics using batteries, motors & simple electrical components.

**Candle - Making,** 5-7 years with Helen Bodycomb. Create a range of simple candles using bees wax and modelling wax.

**Tile Art,** 5-7 years with Anne Riggs. Using fimo & other modelling materials make and decorate your own colourful wall tiles.

**Silk Art,** 8-12, 8-12 years with Helen Bodycomb. Make your own miniature silk pictures using decorative craft techniques.

**Electronics,** 8-12 years with Robert Morollo. Learn the basics of electronics using project based kits designed for children. Cost of kit - \$20.

**Sculpture,** 8-12 years with Anne Riggs. Design & construct a variety of 3 dimensional projects using wood, wire, clay, plaster & recycled materials.

**PM 1.30-4.30pm**

**CSIRO'S Travelling Science & Technology Show & Workshop,** 8-12 years. Workshop & show geared for older children.

**Magic Skills,** 8-12 years with Darren Varley. A range of more complex magical tricks & techniques for children to demonstrate & master themselves.

**Sewing Machine Workshop,** 8-12 years with Ros Denny. A professional fashion designer will teach you how to use a sewing machine, cut out a paper pattern & sew your own jazzy nightshirt suitable for both boys & girls. Cost of materials \$10. BYO sewing machine or hire from Arts Complex (\$5 extra).

**ALL DAY 9.30am-4.30pm**

**Play Writing & Acting Workshops,** 8-12 years with Suzanne Sandow. Thursday & Friday only. Two day workshop will give budding actors an opportunity to develop "play-writing" skills & practise role-play character development in a co-operative setting to produce an "original" mini performance.

**Week 2, September 2 - October 1, 5-7 years**

Primary School Program - same as week one.

**AM 9.30am-12.30pm**

**Fabric Painting,** 5-7 years with Anne Riggs. Have fun designing & painting on fabric. Make a decorative wall-hanging & bring along your own T-shirt or sweat shirt to paint.

**Music & Movement,** 5-7 years with Mary Licciarolo. Develop confidence, creativity & self-expression using the rhythms, textures & moods of music as a stimulus for a range of musical activities.

## Have you recently moved to Caulfield?

If so, contact the Council's Community Relations department on 524 3259 for a copy of our

**New Resident Kit** which includes the 1993 Resource Guide.

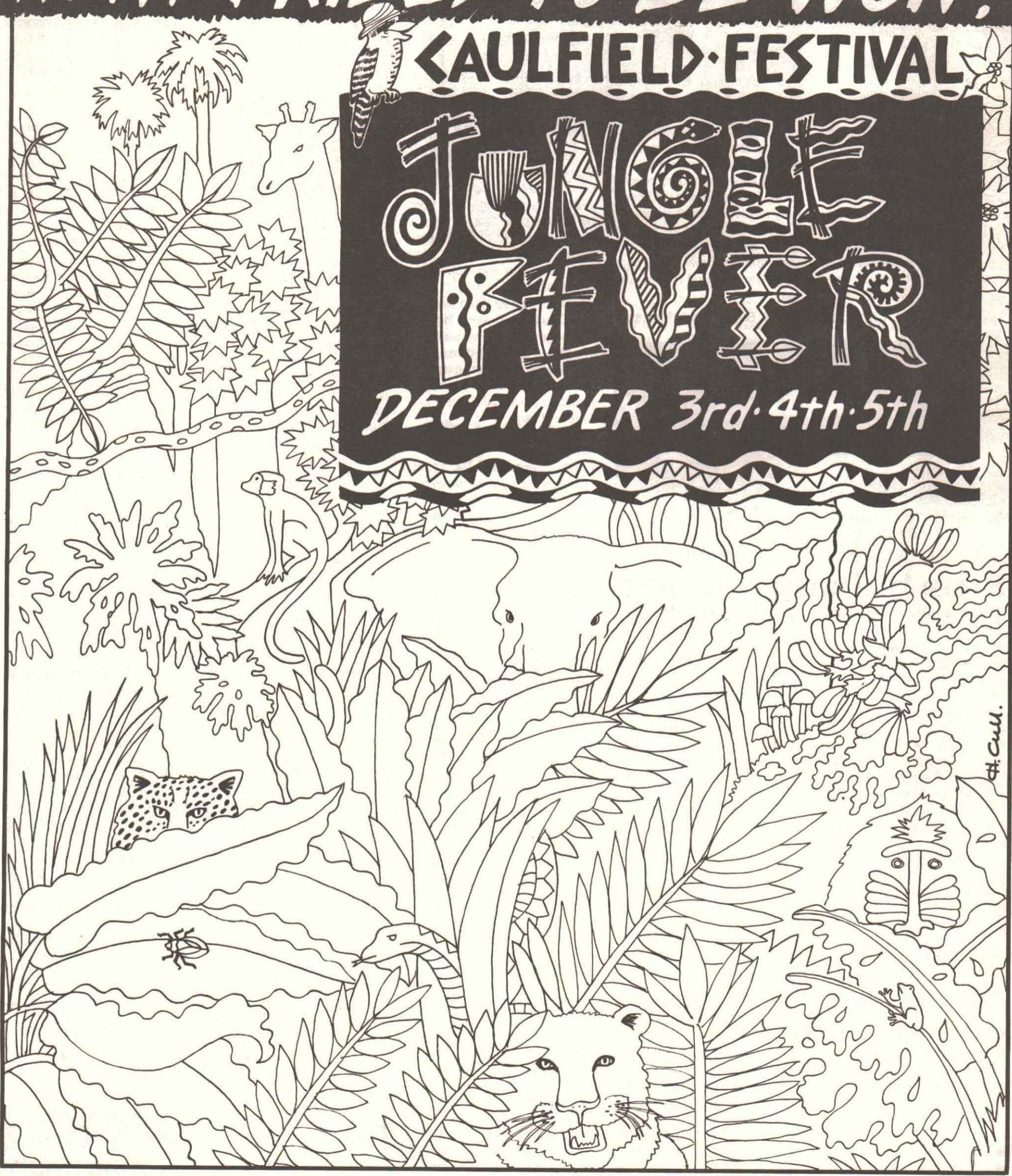


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CAULFIELD FESTIVAL

JUNGLE  
FEVER  
DECEMBER 3rd·4th·5th



NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_

SEND ENTRIES TO:  
CATHERINE COOPER,  
CAULFIELD ARTS COMPLEX,  
CAULFIELD CITY HALL,  
PO. BOX 42, SOUTH CAULFIELD, 3162

ENTRIES CLOSE NOVEMBER 12, 1993





# Footsteps exhibition

STAFF and students, past and present, from Caulfield Secondary College will exhibit a diverse range of images and media, as well as artworks in their Footsteps exhibition to be held at the Caulfield Arts Complex from September 30 to October 7, 1993.

Artists include Alex Kosma, whose drawings explore the beautifully grotesque and the splendidly morbid, Terry Murphy, whose multi media "rooms" present the theatricality of watching and waiting, and Charles McLennan whose work puts sold energy in ceramic form.

Work of the youngest of the 10 artists on show, Lena Podlabeniduk shows a developing ability that affirms the timelessness of the artistic spirit.

For further information, contact the Caulfield Arts Complex, cnr Glen Eira and Hawthorn Rds, Caulfield, phone 524 3287.

Pictured right: *Drawing*, by Terry Murphy, 1992.



# Lois List exhibition



Above: *Portofino*, by Lois List. Oil on canvas.

CAULFIELD Arts Complex will hold an exhibition by Lois List from September 29 - October 7, 1993.

Lois List has developed her painting style by attending master classes in Florence, Italy between 1989-1993. While painting in Italy, Lois was able to visit where she was inspired to paint her Carivale series.

This exhibition will represent a range of works completed over the past three years and will include portraits, still lifes, landscapes and seascapes.

**For details about exhibitions held at the Caulfield Arts Complex, phone 524 3287.**

Lois' work is represented in private collections in Australia and overseas.

For further information, contact the Caulfield Arts Complex on 524 3287.

# Alison Gully *Pilbura and beyond*

CAULFIELD Arts Complex will hold an exhibition of works by Alison Gully, titled *"Pilbura and Beyond"* from September 28-October 7, 1993.

Alison is a New Zealander from a family of painters - the best known is the Colonial painter, John Gully. Alison gained her Diploma of Arts from the University of Canterbury and exhibited and taught in Christchurch before coming to Australia.

Alison taught at Wesley College, Elsternwick for a number of years. She has exhibited in various group shows including the Beaumaris Art Group exhibition.

Alison's exhibition will represent the two years spent in the Pilbura region where she was able to devote a lot more time to her own painting. She was inspired by the colors, shapes and patterns of the land in the Pilbura and the Kimberly, and especially the cave paintings at Uburri Rock and in the Kakadu National Park.

## Caulfield Community Day,

SUNDAY, DECEMBER 5, 1993 will be lots of fun for everyone. There will be stalls, performances, sports, food and exciting events. If you have any ideas to add to this exciting day, the Caulfield Festival committee wants to hear from you!

**Contact Catherine Cooper on 524 3406.**



# Festival just around the corner

THE Caulfield Festival is getting closer. Mark it on your calendar now so you'll be free to attend the many entertaining activities planned for Caulfield's annual celebrations.

- Sunday, Nov 28, 2pm - Labassa, an Advent Music fest.
- Tuesday, Nov 30 & Wednesday, December 1 - School Aqua Fun Days - Caulfield Swimming Pool
- Thursday, Dec 2, 7.30pm - Library Evening, Caulfield Arts Complex
- Saturday, Dec 4, 1-4pm - Caulfield Park, Caulfield Goes Greek. "Day at the Caulfield Races" art exhibition, 2pm Caulfield Arts Complex. Festival Dance, 7.30pm, Caulfield City Hall, Theatrical Production, 8pm Caulfield City Hall
- Sunday Dec 5 - Community Day, 10am-4pm, Caulfield Park. Fun Run, 9am at the Park.

For further information, contact Festival coordinator, Catherine Cooper on 524 3406.



Above: Physiotherapist, Fay Barson shows Channel Seven's newsreader, Jennifer Keyte (special guest at last year's Festival), how the knee joint works.

# VTU Credit Union art exhibition and sale

THE VTU Credit Union will hold its ninth annual art exhibition at the Caulfield Arts Complex, cnr Glen Eira and Hawthorn Rds, Caulfield from September 18-26, 1993.

Since its introduction, the VTU Credit Union's annual exhibition has become very widely known and respected among Victoria's art fraternity, providing the ideal opportunity for not only professional artists, but also amateurs and students to display their talents.

This year, the exhibition is open for public viewing and sale weekdays between 10am-5pm, with extended viewing until 7pm on Tuesday, September 21 and from 1-5pm on weekends. Lucky draw door prizes, catalogues and admission are free.

Categories comprise: Best Watercolor (first prize \$1000),

Best Oil (\$1000), Best Other Two Dimensional Medium (\$1000) and the William Garratt Special Encouragement Award (\$500) which is open to students and amateur artists. Second prize in each category \$200, and third \$100. Judging will be performed by two highly respected members of the art world - Joseph Zbukvic and June English.

This year's lucky draw door prize for people visiting the exhibition, is a painting valued at \$800. The winner will be announced at the conclusion of the exhibition.

Two art demonstrations will be presented on the Sundays during the exhibition at approximately 2.30pm.

There will be over 300 paintings of traditional and contemporary works on display for sale - all framed and ready for hanging.

## Junior Writing Competition

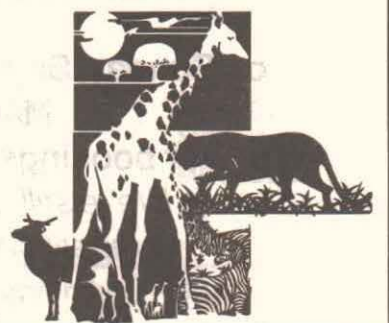
Sponsored by B H Walshe & Son - Library Supplies. The 1993 Caulfield Festival has caught

# Jungle Fever!

Write a short story, poem or both about Kooka in the Jungle. Kooka is a very happy Kookaburra looking forward to meeting all of his animal friends at the Caulfield Festival in December.

Send your entries to: Catherine Cooper, Caulfield Arts Complex, P O Box 42, Caulfield South, 3162.

● Don't forget to put your name, address, telephone number and age on your entry.





## Opening day at Elsternwick District Bowling Club



Above: Caulfield Mayor, Cr Nicholas Gold with, from left, club president Wally Lee, Bernie Karp and lady president, Marjorie Peace at the recent opening of the Bowling Season, Elsternwick District Bowling Club.

## Caulfield offers another over 50s exercise class



Above: Warming up for the new over 50s exercise class with instructor, Luana Sloss.

DUE to the increasing popularity of over 50s fitness classes, the City of Caulfield has recently introduced another class for its residents.

The new one hour keep fit class is on Wednesdays, 10.30am at the Caulfield Recreation Centre, Maple St, Caulfield South. The class is run by one of the Centre's most popular instructors, Luana Sloss.

Luana's class consists of both standing and floor-based exercises, stretching and relaxation that will combine to encourage a better sense of well being.

This is a great opportunity for you to take part in a class that aims to improve your fitness in a fun and social atmosphere.

Classes are also available on Tuesdays and Thursdays, 9.30am at the Recreation Centre.

The City of Caulfield also offers keep fit classes in the Carnegie area on Monday and Wednesdays at 11am.

For more information regarding these classes and other forms of fitness for adults over 50 years of age, please contact Cheryl Kennedy on 524 3367.

## BOWLED OVER

**ELSTERNWICK District Bowling Club** has membership vacancies for new and experienced bowlers, tuition for up to pennant level, free use of equipment and accredited coaches. It is a very social club with moderate fees. Enquiries can be made at the Club or by phoning 523 9005.

The 1993/94 bowling season was officially opened on September 4. Members will have noticed the renovations to the clubrooms which include replacement of the notice and honor boards and a new honor board for the ladies pairs, donated by sponsor Blackburn and Lockwood Pty Ltd, Elsternwick.

Commencing September 19, 1pm and every first and third Sunday of the months following, nominated teams or single entries are invited. Afternoon tea provided, very good trophies. For details phone 528 2923 or 528 1358.

**ELSTERNWICK Club Inc.** held the annual *Christmas in July* lunch during the winter months. The meal was provided by the enthusiastic social group and was attended by a highly appreciative gathering.

Ladies mixed inter-club (lady skip) will be held on the second Monday of each month. Cost \$10 per team. For bookings phone E Tunor on 578 3310. Mixed triples (lady skip) will be held on the third Thursday of each month. Cost \$7.50 per team. Men's nominated three bowl pairs will be held on the first Sunday of each month, 9am. Open nominated mixed fours on also on the first Sunday of the month. Mixed barbecue on the

fourth Sunday of each month. For details about the abovementioned, contact Lorie Chapman on 534 2073.

New members welcome. Expert coaching provided. Telephone 523 9221 or 523 9382.

**MURRUMBEENA Park Bowls Club's** winter activities are still being enjoyed by members.

On Monday, October 4, 10am, an interesting art and craft demonstration will be held in the Gerald St clubrooms - goods for sale and light lunch available.

The men's bowling season has commenced, with pennant commencing on October 2.

The ladies bowling season has also commenced. Round one pennant will commence on October 5.

**CARNEGIE Bowls Club** recently held their open day which was well attended by all. Proceedings commenced at 1pm when RVBA Cr Ken Lucas declared the greens open and the first bowls were delivered by club champions, Frank Meo and Joan Bainbridge.

Guests included Caulfield Mayor, Cr Nicholas Gold and mayor's escort, Maria Robbins, VLBA State Treasurer, Jean Bibby, May Lucas and Australian Pacific Tours sponsors, Ken Downard and Diana Wilkinson.

New members were welcomed including Ken and May Lucas, P Mulvahill, W Avallone, M Harris, G Thompson, J McEvoy, C Pearson and E Stanley.

At the conclusion, madam president, Jessie Armstrong proposed a toast to the VLBA and all guests.

## Caulfield Little Athletics club

ONE of Victoria's most successful Little Athletics Clubs, is Caulfield, located at Duncan MacKinnon Reserve, cnr North and Murrumbena Rds, Murrumbena.

The Club will hold its annual Orientation Day on Sunday, September 18 with the normal program commencing Saturday, September 25, 9am-12noon.

Publicity officer for the club, Peter Harley said that the Orientation day is an opportunity for both children and parents to find out what little athletics is all about.

"It shows the parents and the children that little athletics is about having fun, making new friends, developing skills and self confidence," said Mr Harley.

"The children are concerned with their personal best - not whether they come last, first or anywhere else, which we

believe is an excellent way to enjoy sport," he added.

Throughout the rest of the year and up until March next year, various programs are run to give children a chance to participate in a whole range of activities including 70m, 100m, 200m, 400m, 800m running, 60m and 80m hurdling, long jump, high jump, triple jump, discuss, shot put, relays and more. The age groups catered for are from under seven to under 15, but parents can bring their toddlers along as special fun events are organised for them - little athletics is a real family day out. Come along and have a go, Little aths is a great way to help your child develop.

For more information, contact Peter Harley on 869 0263 (b/h) or 572 1629 (a/h).

## Caulfield District Netball Association

will hold a carboot sale  
on Sunday, September 26, commencing 8am at Duncan  
MacKinnon Park. \$10 per site.

For bookings, phone Toni Nicholson on 571 7083.

We're still looking for teams and umpires for our  
competition commencing October 1993. If you're  
interested, phone Toni.

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**ART CLASSES**

**ART** classes for children in artists studio. Phone Anne, 571 2483.

**Advertising works in  
Caulfield Contact,  
ph: 524 3259.**

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**ELSTERNWICK** Tree & Rubbish removal. 15 yrs experience working for Council parks & gardens. Fully qualif. Ph: 555 0675, 5372662.

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# What's on the shelves?

THE following are now available for loan from the Caulfield Library Service.

**Three new titles from three bestsellers**

**Honour Among Thieves** - by Jeffrey Archer.

**The Night manager** - by John Le Carre. Espionage thriller with an international setting.

**I'll Be Seeing You** - by Mary Higgins Clarke.

**Thrillers**

**Name of the Best** - by Daniel Easterman. Adventure thriller set in Egypt in 1999.

**Encore** - by Julie Harris. Romance and political thriller.

**The Burning** - by Graham Masterton.

**Fantasy and science fiction**

**King Javan's Year** - by Katherine Kurtz. This is volume two of the Heirs of Saint Camber.

**Kingdoms of the Wall** - by Robert Silverberg.

**Prize winning novelists**

**The Ancestor Game** - by Alex Miller. Winner of the Miles Franklin award.

**Remembering Babylon** - by David Malouf.

**Porcupine** - by Julian Barnes. This award winning novelist sets his new tale during the political downfall of Eastern Europe.

**Favourite Yiddish Stories** - this collection features Sholem Aleichem, Isaac Beshevis Singer and I L Peretz.

**Crime**

**Dead Before Morning** - by Geraldine Evans. This debut crime novel introduces a sparky new double act in Inspector Rafferty and Sergeant Llewellyn.

**Mary, Mary** - by Ed McBain. A dark and sinister mystery featuring the Florida based lawyer, Matthew Hope.

**Recalled to Life** - by Reginald

Hill. A Dalziel and Pascoe novel.

**Necrochip** - by Cynthia Harrod-Eagles. A Bill Slider mystery.

**And also**

**Champagne Gold** - by Nicola Thorne. Love, mystery and intrigue.

**Relative Sins** - by Cynthia Victor. A novel about passion, betrayal and ambition.

**Blue Dress Girl** - by E V Thompson. A stirring tale of a Chinese peasant girl and an English officer in China in 1857.

**LARGE PRINT**

**Family sagas**

**Rose in the Wilderness** - by Beryle Jones.

**Professional Woman** - by Tessa Barclay.

**Field of Bright Poppies** - by Emma Stirling.

**Thrillers**

**Spy is Dead** - by Terence Kelly.

**October Plot** - by Clive Egleton.

**Reluctant Defector** - by Pamela Harcourt.

**SS-GB** - by Len Deighton.

**Beast** - by Peter Benchley.

**Mysteries**

**And So To Murder** - by Carter Dickson.

**Rainbow's End** - by Ellis Peters.

**Poison Flowers** - by Natasasha Cooper.

**Murder Song** - by Jon Cleary.

**Bones in the Sand** - by Kenneth Royce.

**Romance/Thrillers**

**Lovers and Enemies** - by Barbara Victor.

**Sea King's Daughter** - by Barbara Michaels.

**Historical**

**Pennine Vintage** - by Kay Stephen's.

**Welcome Light** - by Jessica Stirling.

**Humour**

**Keeping Secrets** - by Sue Gee.

**Loves and Journeys of Revolving Jones** - by Leslie Thomas.

**WLT Radio Romance** - by Garrison Keillor.

**And also**

**Postscripts** - by Claire Rayner. 50 years after the holocaust, a survivor of the concentration camps is making a film but finds he must first come to terms with his own survivor's guilt.

**Diana, her own story** - by Andrew Morton. This popular biography is now available in large print.

**Leonard's War** - by Alan Sillitoe.

**Non-fiction**

**It's all a Gift (though it may not seem like it at first glance)** - by Miriam Adahan. Well known for her EMETT (Emotional Maturity Established Through Torah) groups, Miriam Adahan shows how to apply the wisdom Torah to every aspect of our daily lives.

**Roots Schmoots - Journeys Among Jews** - by Howard Jacobson. Howard Jacobson sets out to discover his Eastern European roots. A "fast, funny

and furious" exploration of what it is to be Jewish in the late 20th century.

**Take Two - The Criminal Justice System revisited** - by Tim Anderson (wrongly imprisoned twice for 1978 Sydney Hilton bombing).

**The Most Beautiful Mathematical Formulas** - by Lionel Salem, Frederic Testard and Coralie Salem. An entertaining look at the most insightful, useful and quirky theorems of all times.

**Koorie Plants - Koorie People** - traditional Aboriginal food, fibre and healing plants of Victoria.

**Supervision in Action** - by Claude S George Jnr and Kris Cole. The art of managing - third edition.

**Executive Leadership** - by Elliott Jacques and Stephen D Clement. A practical guide to managing complexity.

**Letters From Margaret** - the fascinating story of Margaret Wheeler and two babies swapped at birth.

**Against the Fires of Hell** - by T MHorley. The environmental disaster of the Gulf War.

**Footprints Along the Cape York Sandbeaches from 1864 Until Today** - by Nonie Sharp.

About the seafaring Aboriginal people of the Northern Cape York Peninsula.

**For children**

A new shipment of Asterix books has just arrived. Asterix has its own special location at the library so ask the librarian to show you where they are.

**For film and TV viewers**

**The firm** - by John Grisham.

**Stark** - by Ben Elton.

**Jurassic Park** - by Michael Crichton.

All available for loan. Books in heavy demand may be reserved for you, cost 60 cents.

**For teenagers**

Point thrillers and Point fiction is now available in the Young Adult section.

Caulfield Library services has branches located at:

**Carnegie** - 104 Koornang Rd, **Elsternwick** - 4 Staniland Grove **Caulfield Library** - in the process of relocating to City Hall.

For information about services offered by the Caulfield Library Service, phone 524 3346.

## Caulfield Contact 1993 Publication Dates

CAULFIELD Contact will be published 11 times in 1993. Below is a list of publication and deadline dates. Articles submitted before listed dates have the best chance of being included in each edition.

The deadline dates apply to classified and display advertising also.

All submissions, cancellations and alterations must be received (preferably in writing) by the deadline date of the next issue.

Contact staff will not check with advertisers on whether they want to repeat an advertisement.

For enquiries, call 524 3259.

ISSUE	DEADLINE	PUBLICATION DATES
OCTOBER	FRI SEP 17	MON OCT 11
NOVEMBER	FRI OCT 15	MON NOV 15
DECEMBER	FRI NOV 19	MON DEC 13

## CONTACT DIARY

Do you have an event coming up that you would like to publicise? This is the place to put it. Contact Diary is compiled monthly, so if you want to let the community know about your club, society or event, we'll be happy to include it on this page.

Let us know about your activities.

Contact Diary  
PO Box 42  
Caulfield South 3162



## ART

**Murrumbeena Park Ladies Bowls Club** will hold Art and Crafts demonstration day on Monday, October 4. All welcome. Light luncheon. For bookings, call 570 4659. Admission \$4.

## CAULFIELD FESTIVAL

will hold a Community Day on Sunday, December 5, 10am-4pm, at Caulfield Park. Any group, individual or business interested in having a stall should call Catherine on 524 3406.

## CLASSES

**Caulfield Adult Literacy Group** offers courses to assist unemployed people with reading/writing problems. Help and support is given with resume/application writing etc. Individual assistance with problem areas. Classes and One-to-one tuition for Australians or migrants is also available. Cost \$10 per term. For further information, call Janece on 532 8319.

**Confidence Booster Course** Would you like to find ways to increase your self esteem? Have more confidence? Go and achieve your goals? For more information, call Janece at the Caulfield Adult Literacy Group on 532-8319.

## ENROLMENTS

**Caulfield South Kindergarten**, Birch St, is now taking enrolments for 1994. For four year old, 4 x 2 1/2 hr session per week and for three year old, 2 x 2 hr session per week. For further information, please contact Christine Wilcock on 528 4131.

## ENTERTAINMENT

**Elwood Theatre Company** will hold its next production "Smorgasbord" on Friday, September 24, Saturday, September 25, and Friday, October 1, Saturday, October 2, commencing 8.15pm at the St Columbas Hall, cnr Glen Huntly/Normandy Rds, Elwood. Sunday matinees September 26 and October 3, at 2.15pm. Three, one act comedies. A fun-filled banquet of comedy: as entree, the hilarious antics Cup Final by Charles

Mender, Fumed Oak by Noel Coward, and Gosforth's Fete by Alan Aycbourn. First night celebration - Join cast & crew after the show for complimentary non-alcoholic drinks & nibbles. Tickets are available for \$10 Adults, \$7 Concession, includes refreshments at interval.

**Caulfield Rotary Club Caulfield Cup Sweep** will hold an Annual Charity Night on Thursday, October 14, commencing 7pm. Free admission. Raffles on the night and Cup sweep horses drawn. Racing carnival atmosphere. For enquiries, call Gerry Fitzgerald on 528 5988.

## FETES &amp; FAIRS

**The Australian Playing Card Collectors Society**, Merrilands Primary School, Reservoir (Melways Map 8 G.H. 12), enter from Hughes Parade will hold a card afternoon, swapping buying & selling on Sunday, September 26 from 12 noon-5pm. Refreshments.

## HEALTH

**Caulfield Group of the Nursing Mothers Association** will hold its next monthly night meeting on Tuesday, September 21, 8pm, at 289 Alma Rd, Caulfield North. Topic-Too much or not enough? The next coffee morning will be on Thursday, September 16, 10am at 5 Malvolio St, Glen Huntly. For enquiries, call Rebecca on 571 4921.

## MEETINGS

**Caulfield Bicycle Users Group** meet on the fourth Tuesday of each month at 8pm at the Glen Huntly Neighbourhood House, 1213 Glen Huntly Rd, Glen Huntly. This group also offers a family fun ride on the fourth Sunday of each month. They meet at 9am at Caulfield Station (Railway Ave exit) for an easy mystery ride. For further details, contact Ursula Fiek on 578 9805.

**Caulfield Heritage Watch Group** meets on the last Monday of each month (except December & January) in the meeting room, Caulfield City Hall. For enquiries, phone Cr David

Spencer on 568 5073 or Larry Hill on 528 4505.

**Oaks Toastmasters** meet on the first and third Wednesday evening of each month to develop their communication skills. The atmosphere is friendly. Interested men and women are welcome. For further details, please phone 853 6180.

**New Ormond Auxiliary for the Alfred Hospital** will next meet on Monday, September 27, 10.30 am in the Uniting Church Hall, cnr North and Booran Rds, Ormond. Money raised is for hospital equipment. New member most welcome. For enquiries, phone Evelyn Moir on 578 1721.

**Caulfield Branch of the Victorian Gas Association** will hold its annual meeting on Tuesday, September 28, at 1.30pm in the auxiliary room, Caulfield City Hall. Marcus Dunn will speak on 'Road Safety'. New members welcome. For enquiries, phone Myra Murdoch on 557 2254. Annual subscription \$2.

**Caulfield Self Help Group of the Arthritis Foundation Victoria** will meet on Monday, September 27, 10.15am at 259 Kooyong Rd, Elsternwick. Visitors welcome. For enquiries, phone 570 4971.

**The Caulfield Childrens Hospital Auxiliary** will hold a champagne lunch and show of spring fashion. Race wear by Trendselle of Elsternwick on Wednesday, September 29, 12 noon in the Councillors Reception Room, Caulfield City Hall. For reservation, phone L. Giles on 523 9457, J. Patience on 528 6616, or M. Grace on 571 4235. Donation \$6.

**The Chadstone Branch of the Country Women's Association of Victoria Inc** holds monthly meetings on the first Monday of each month, 1pm (craft day second Monday at 10am) in the Uniting Church Hall, Alma St, East Malvern. New members welcome. For enquiries, phone 885 3166.

**Caulfield Combined Pensioners Association** will meet on Tuesday, September 21, 1.30pm in the committee room, Caulfield City Hall. Topic - Budgets Review. Visitors welcome. Afternoon tea. For further enquiries, contact Alma Morton on 528 4459.

**Neighbourhood Watch Area C82** will meet on Monday, September 27, 7.30pm at the Church of Christ Hall, Bambra Rd, Caulfield South.

**Neighbourhood Watch Area C70** (bounded by, Balaclava Rd,

Hawthorn Rd and Kooyong Rd) will meet on Monday, September 13, 7.30pm at the St Stephen's Uniting Church Hall, 158 Balaclava Rd, Caulfield North.

**Neighbourhood Watch Area C71** will meet on Tuesday October 12, 8pm at 31 Prahran Gve, Elsternwick.

**Neighbourhood Watch Area C80** meet on the second Tuesday, of each month, 7.30pm in the committee room, Caulfield City Hall. The next meeting will be held on September 14.

**Neighbourhood Watch Area C44** will meet on Monday, September 27, 7.30pm in the committee room, Caulfield City Hall.

**Neighbourhood Watch Area C64** will meet on Monday, October 4, 2pm, and Monday, October 18, 7.30pm. All meetings are held at 40 MacGowan Ave, Glen Huntly. Area coordinator Fred McKenzie can be contacted on 578 5411.

**Neighbourhood Watch Area C49** (bounded by Kooyong Rd, North Rd, Begonia Rd and Clarence St) meets on the last Tuesday of each month. All welcome. For details, contact secretary on 596 5146.

**Neighbourhood Watch Area C113/114** meet on the last Tuesday, of each month, 7.30pm in the Caulfield Grammar School (First floor second building back section). Everyone from the area bordered by the Hotham, Glen Huntly/Orrong and Inkerman Sts are most welcome. The next meeting will be held on September 28.

**Neighbourhood Watch Area C4** (bounded by Alma Rd, Inkerman Rd, Kooyong Rd & Orrong Rd) will hold bi-monthly meeting on the first Monday of each month, 7.15pm, 259 Alma Rd, Nth Caulfield. All welcome. For enquiries, phone Merv Maple on 527 7496.

## RECREATION

**Early Planning for Retirement Group Caulfield Inc.** will hold the following activities for June. **September 16- Interest Meeting** - will meet at 7.30pm, Gladys Machin Hall, Cedar St, Caulfield. Guest speaker will be Eliza-

beth Maccora - Audiologist/Community Educator with H.E.A.R. Visitors welcome. For enquiries, phone 523 7051.

**September 22 - Travel Group** will meet at 7.45pm Gladys Machin Hall, Cedar St, Caulfield. Nancy Needham will show selection of slides from Japan. Visitors welcome. For enquiries, phone 571 3687.

**Senior Ladies Friendship Group** will hold next two meetings on Thursday, September 16, and September 30, 10am-12 noon, at 185 Poath Rd, Hughesdale. Variety of programs including speakers, sales reps, slides/videos, bus trips, craft Trading table. Morning tea. For enquiries, phone Mavis on 579 2174. Cost \$1.

**Over 40's Dance Club Inc.** holds a 60/40 dance on the second and fourth Saturday of each month at the Uniting Church Hall, cnr North and Booran Rds, Ormond. Live band. Cost \$6. For details phone 570 4564 or 580 1521.

## VOLUNTEERS

**Southern Citizen Advocacy Group** needs volunteers. Your ability to handle everyday matters would assist an adult with a disability to participate in community life. Short orientation program begins soon. For further details, contact Southern Citizen Advocacy on 576 0155.

**Volunteers** required to assist with community projects. Ideal for unemployed people wanting to retain/learn skills. Few hours a week/fortnight.

**Foster Care South East** needs families who can offer temporary homes for children who are unable to live with their own families. For further information, call Foster Care South East on 562 9966.

**Caulfield Adult Literacy Group** needs volunteer tutors. This group provides tuition to Caulfield residents who experience literacy difficulties. Presently there are students waiting for tutors. Anyone interested in helping would be most welcome. A 6 weeks (2 hrs per week) training course is provided. For more details, please call Janece on 532-8310.

## CAULFIELD CONTACT

CAULFIELD CONTACT IS COMPILED FOR THE RESIDENTS OF THE CITY OF CAULFIELD. THE PAPER ENCOURAGES THE COMMUNITY TO SUBMIT ARTICLES, BUT THEIR INCLUSION DEPENDS ON THE SPACE AVAILABLE IN EACH ISSUE. PLEASE SEND ARTICLES AND PHOTOS TO:

CAULFIELD CONTACT,  
CAULFIELD CITY HALL,  
PO BOX 42  
CAULFIELD SOUTH 3162