



caulfield **contact**monthly



A monthly publication produced by the Caulfield Council for the residents of the City

No.6 July, 1994

Vol 20

Caulfield survives first merger

CAULFIELD Mayor, Cr Nicholas Gold was delighted when he received news of Caulfield's survival in the first round of local government amalgamations.

"It's pleasing to see that Caulfield's first choice, to stand alone, has been acknowledged by the Government," said Cr Gold. "This outcome is a vote of confidence for Caulfield, proving that, as it stands, Caulfield delivers efficient and effective services and has a high level of resident satisfaction."

"It is my view that the hard work of the Caulfield community, Councillors and Council staff over the period of the review, is directly responsible for the Government's decision to keep Caulfield 'Caulfield'. The challenge ahead, is to continue that work into the second round of mergers," said Cr Gold.

"We must now decide whether we put in our next submission to stand alone or amalgamate with any of our neighbouring municipalities which are also included in the second round. They are Brighton, Oakleigh and Moorabbin," said Cr Gold. "We indicated in our original submission to the Local Government Board that we were interested in extending Caulfield's eastern boundary from Poath Rd down to Warrigal Rd. We will consider this as one of our options in our submission," he said.

In the meantime, Caulfield Council remains unchanged - elected Councillors will stay, Council meetings will continue and the appointment of a new Mayor will take place in August. The only change is that there will be no full Council elections until at least March 1995.

More details will be released as they come to hand, but in the meantime, if you have any ideas or suggestions about the mergers, please forward them to: Caulfield Mayor, Cr Nicholas Gold, c/- Caulfield City Hall, P O Box 42, Caulfield South, 3162, or fax to 524 3358.

Council's push to prevent bike riding on footpaths

THE issue of bicycles being ridden on footpaths is becoming a big problem in Caulfield, according to Cr Veronika Martens.

"I have received several reports where pedestrians have been struck by cyclists, particularly in Glen Eira, Glen Huntly and Hawthorn Rds, and these incidents have resulted in serious injury to elderly pedestrians," she said.

Caulfield Mayor, Cr Nicholas Gold, Cr Martens, acting chief executive officer, Noel Wootten and Local Member, Ted Tanner met with the Minister for Roads

and Ports last Monday and informed him of the increased problems associated with bicycle riding on footpaths in Caulfield. The Minister responded positively by saying that he would discuss the issue with the Chief Commissioner of Police.

In the meantime, Council wants to raise the community's awareness of the dangers involved of older children riding on footpaths. It intends to start by writing to all local schools to promote the importance of bicycle safety education; will run regular articles/statistics in

Caulfield Contact and has erected signs and installed linemarking on footpaths in major shopping centres to clearly indicate to cyclists that such activity is prohibited.

Cr Gold, said "We must educate our community of the dangers of riding on footpaths, particularly in Caulfield, where we have such a large aged population. We only hope that people realise the dangers before a major incident occurs," he said.

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Meals-on-wheels volunteers needed



CAULFIELD'S Food Services delivers about 350 meals to recipients each day. Currently more volunteers are needed to help with delivering 'meals on wheels'. If you can help, contact Council's food services volunteer coordinator, Michael Hands on 524 3303. Pictured is one of the food services cooks, Russell Ragona.

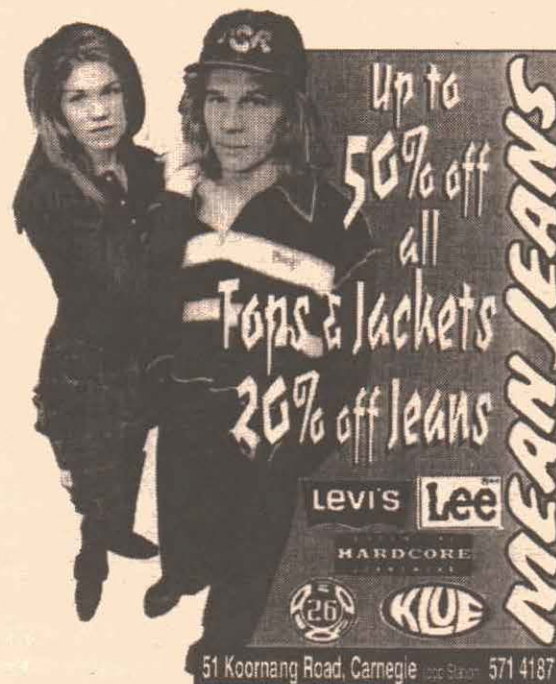
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see page 3 for

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COUNCIL MEETINGS

MEETING DATES FOR 1994

CAULFIELD Council has appointed three special committees comprising all of the members of the Council.

They are committees of:

Town Planning	Policy & Environment
- Cr David Michelson (chairman)	- Cr James Barrett (chairman)
Finance	
- Cr Sandy Anderson (chairman)	

1994

JULY	12	8pm	Finance
	19	6.30pm	Council
	19	8pm	Town Planning
AUG	9	7.30pm	Statutory Meeting

CAULFIELD COUNCILLORS

NORTH WARD

Cr Nicholas Gold
(Mayor)
2/272 Hawthorn Rd
Caulfield 3162
Tel: 523 0253

Cr David Michelson
P O Box 4
Elsternwick 3185

Cr Sandy Anderson
398 Glen Eira Rd
Caulfield 3162
Tel: 528 1727 (P)

SOUTH WARD

Cr James Barrett
1 Albert Rd
Carnegie 3163
Tel: 578 0680

Cr Tony Browne
3 Gisborne St
Elsternwick 3185
Tel: 528 3525

Cr Danielle Hastings
39 Malane St
Ormond 3163
Tel: 578 4810

EAST WARD

Cr Ed Biggs
40 Rosanna St
Carnegie 3163
Tel: 569 9386

Cr David Spencer
(Deputy Mayor)
28 Margaret St
Carnegie 3163
Tel: 568 5073 (P)

Cr Veronika Martens
13 Margaretta Ave
Murrumbeena 3163
Tel: 579 0297

WEST WARD

Cr Heather Welsh
8 Burns Ave
Murrumbeena 3163
Tel: 568 7190

Cr Alan Grossbard
19 Keeron St
Caulfield South 3162
Tel: 523 7209

Cr Noel Erlich
4 Pretoria St
Caulfield 3162
Tel: 523 7365

Engineering update

Garden Ave Parkland facelift

IMPROVEMENT works are well underway at Garden Ave Parkland. Pictured right is one of two Canary Island Palms being transplanted to the perimeter of the Park to allow for a new playground in the middle of the Park. Council has allocated \$100,000 as part of its 1993/94 Works Program to give this parkland a facelift.

Right-of-Way reconstruction

CAULFIELD Council has, in its 1993/94 Budget, funds to reconstruct the Right-of-Way bounded by Balaclava Road/Bambra Road/Halstead Street/Service Street.

This project is part of the Council's five year works program for upgrading rights-of-way throughout the municipality.

The purpose of carrying out this project is to upgrade the general deteriorated condition of the bluestone pitcher surface which will allow for improved drainage, improved rear accessibility for the abutting property owners and also reduce the need for regular maintenance.

The estimated cost of this project is \$42,700 and depending on contractor availability, the construction period is scheduled during July/August 1994.

All the abutting property owners will be advised accordingly before any construction works start.

Normanby Road Pipe rehabilitation

COUNCIL'S Engineering Department is currently investigating the rehabilitation of the existing underground pipe network located in Normanby Road between Queens Avenue and Balaclava Road.

This 450mm diameter drain, which varies in depth from 2 metres to 5 metres is constantly being blocked via tree root intrusions, and thereby causing backlogging of water upstream in this system.

The rehabilitation process,



which is being considered for this pipe is called permaline lining and is available through Rocla Pipeline Services. Essentially it involves the lining of the pipe with an epoxy resin material to suit the characteristics of the existing pipeline. Installation is via existing manholes. The lining is pushed through the pipeline with pressurised water. Once the lining is in place, the water is heated to cure the line and provide a new impervious lining within the existing pipeline, giving an as new pipe. To restore services at branch connections, a remote controlled cutting machine is used to cut holes at each connection.

In summary, Permaline restores structural integrity, improves flow characteristics and, as no open cut excavation works are required, only minimal surface disruption occurs. Council will be arranging for the rehabilitation of a section of this pipe in late July or early August. This work will be carried out

upon obtaining the result of a camera video view of the existing conditions in the pipe. **Groundsmans equipment store & lunchroom**

COUNCIL intends to construct a groundsman's equipment store and lunchroom in Koornang Park. The Park is maintained by a groundsman who is permanently located on site during weekdays.

The facilities provided for the groundsman and his equipment are presently substandard and Council has approved the construction of a new building in order to meet its Occupational Health and Safety obligations towards its employees and provide secure storage for the groundsman's equipment.

The building will be solid brick construction with a flat concrete roof. The building will only be used during working hours on weekdays and is designed to be vandal proof, burglar proof and unobtrusive.

Ensure your property is numbered correctly

RESIDENTS are asked to ensure that their properties are clearly and correctly numbered.

There are many services that depend on proper identification of houses, flats and shops, from Australia Post to the Police, Ambulance and Fire Brigade.

The Local Government Act places the responsibility for the property numbering system with local councils.

This means Caulfield Council allocates all initial numbers and

looks after re-numbering which can occur after redevelopment.

Property owners can be fined up to \$1000 if they don't number their premises correctly. Numbers need to be able to be easily read from a vehicle in the street.

Caulfield Council also has the power to affix a number and recover the cost from the owner.

However, this can be avoided if ratepayers and residents ensure their properties are correctly numbered.

Next issue - we'll include a special feature on the newly formed 'Caulfield Police Community Consultative committee'.



CITY HALL PHONE NUMBERS

Arts Complex	524 3287
Caulfield Library	524 3346
Rates office	524 3215
Human Services	524 3228
Traffic & Local Law	524 3216
Engineering	524 3240
Town Planning	524 3374
Traffic Engineering	524 3324
Building	524 3201
Community Relations	524 3259

General news

End of an era for ladies committee



Above: The Caulfield Baby Health Centres Committee members with Caulfield Mayor, Cr Nicholas Gold at a farewell to the Committee dinner held at Caulfield City Hall recently.

THE Caulfield Baby Health Centres Committee, formed by Mayoress, Mrs Lilian Packer in 1920, has called it a day after 74 years.

The Committee was created to engage and supervise baby health centre sisters in their management of the centres. The sisters reported directly to the Committee who then made recommendations to Council via the Town Clerk. They raised money through card luncheons to purchase toys, books, scales, furniture and video equipment

etc.

It has been tradition to invite the wife of each new councillor to join the Committee and to invite the Mayoress of the day to be president.

During the past two mayoral terms, the Mayoress has been unable to accept membership on the Committee and there have been no new members for four years. This is mainly due to our changing lifestyle, where today, most women have full-time employment.

In May this year, the members

agreed to dissolve the Committee knowing that Baby Health Centres today are well run and have little need for their services anymore.

Members on the Committee were: Mrs Judith Braun, Mrs Betty Brown, Mrs Joyce Bunney, Mrs Jessie Green, B.E.M., Mrs Dorothy Ford, Mrs Hannah McGowan, Mrs Molly Sinclair, M.B.E., Mrs Rosemary Spencer, Mrs Yvonne Walters. President for the past few years was Mrs Jean Patience.

Council considers request for special charge

CAULFIELD Council has considered a request by the Elsternwick Chamber of Commerce to impose a special charge on property owners in the Elsternwick Shopping Centre.

This request follows Elsternwick's recent commitment to the Main Street Program. *Glen Huntly, Murrumbena, Derby Rd and Alma Village have also com-*

Letter to the editor

I RECENTLY completed my VCE Geography CAT on Caulfield Park and I would like to publicly thank the people who helped me with the research for this assignment.

My initial contact was with Cr Sandy Anderson, who advised me to contact various departments of the Council. My thanks goes to Peter Onley (engineering), Julie Apps (records), the planning department, Laurie Unwin (parks & gardens), Mrs P Lidsey (park management committee), Caulfield Library especially Gladys Vallati whose patience and advice was invaluable, and finally the 40 park users who completed my survey. Thank you all.

Marita Irwin, year 12 Lowther Hall Anglican Grammar School.

mitted to the program.

The Chamber of Commerce proposes to use the special charge funds which have been calculated in the order of \$100,000 for:

- employing a centre manager/coordinator;
- undertaking special promotions and advertising;
- purchasing special items such as Christmas decorations, banners etc.

Caulfield Mayor, Cr Nicholas Gold said Council was more than willing to support the request and would be immediately notifying the affected ratepayers and traders to seek their comments before making a final decision.

"Council is particularly pleased that the traders have taken the Main Street Program and decided to run with it," said Cr Gold. "Main Street is a great

concept, and with the commitment already shown, there is no reason why Caulfield can't have some of the best strip shopping centres in Melbourne."

The funds raised by the special charge would be in addition to those normally spent by Council as part of its annual budget allocation for maintenance works etc.

The Chamber proposes that the compulsory charge be levied for five years at 'a dollar a day' in the first year. The Chamber also recommends that the charge be increased at 7.5% per year to enable an increased range of promotional activities to be undertaken. Properties at ground level would obviously be required to pay a higher amount than those occupying aboveground premises.

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Arts minister visits Caulfield



MINISTER for the Arts, Mr Haddon Storey visited the Caulfield and Makor libraries during Jewish Book Month last month.

Mr Storey is pictured with Council's acting chief executive officer, Noel Wooten (left) and Caulfield Mayor, Cr Nicholas Gold (right).

New train timetables

CAULFIELD Council strongly supports public transport in our region as a means of reducing the number of cars on our congested roads and contributing to a more liveable environment. Most households in Caulfield rely on public transport for at least some of their transport needs.

New train timetables came into effect on May 1. They offer faster off-peak services to the City. Copies of the new timetables are now available at stations at a cost of 20 cents. Complimentary copies are currently being delivered throughout Caulfield.



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Lion wins highest honour



CARNEGIE Lion, Stanley Edmond Jowett recently joined the ranks with some of the most prominent Lions in the world known as Melvin Jones Fellows. The Melvin Jones Fellowship is the highest honour conferred by the Lions Clubs International Foundation (LCIF). Earning this Fellowship requires more than a financial commitment to LCIF. Statute as a Melvin Jones Fellow also recognises commitment to the ideals of Lionism. Pictured: Stanley Edmond Jowett (right) receives his Melvin Jones Fellowship award from the District Governor, John Kerr.

Infant sleep study

CAULFIELD'S maternal and child health nurses will assist Monash University in a two year study of infant sleep patterns.

Parents attending Council's maternal and child health centres can obtain details of the study from their nurse and will have the opportunity to participate in this important project.

Sleep problems with infants are common and have been recognised as a cause of disharmony in the family, marital breakdowns and child abuse. Very few studies have been undertaken to document the

factors which may influence the development of an infant's sleep pattern.

The study will concentrate on gaining information on sleep patterns when the infant is two months old and again when the infant is eight months old.

Details will be available from the maternal and child health nurses at each Centre.

It is hoped that this study will bring future benefits to all families. Caulfield Council is very pleased to be able to assist in this very important project.

Elsternwick/Caulfield South Uniting Church

(cnr Glen Huntly Rd & Foster St, Elsternwick)

WORSHIP recommences at the Elsternwick Uniting church from Sunday August the 7th, 1994. A special re-opening day is planned for Sunday August 14th. After a special service at 10am, the official re-opening ceremony will commence at 2.30pm. For more details phone 523 6312.

Employment action centre

THE Employment Action Centre offers the use of resources free of charge to people seeking employment.

The Centre operates from the Elsternwick/Caulfield South Uniting Church, cnr Glen Huntly Rd and Foster St.

This service operates each

Monday, 8.30-11.30am, and makes available copies of Saturday's Age employment section, a telephone, photocopier and typewriter to make job hunting a little easier.

For further information, phone 523 6312 or Caulfield Council on 524 3311.

Kindergartens in Caulfield

KINDERGARTENS throughout Caulfield operate with their own Committees of Management or School Board.

Enrolment enquiries should be made direct to the kindergarten of your choice. First round offers of a place in 1995 are expected to be sent from the nine community-based kindergartens early in term three to those on their waiting list.

Kindergartens which receive a subsidy for their four year old groups from the Department of Health and Community Services must confirm their numbers by September 1994. Children must be four by April 30, 1995.

Parents wanting their child to attend kindergarten in 1995 should ensure they have their name on a waiting list immediately.

The following is a list of community-based and private kindergartens in Caulfield, as well as three year old activity groups.

General enquiries can be made to Council's family and recreation services on 524 3311.

● Carnegie Playgroup

3-year old Group, 6 Jersey Parade, Carnegie. Tel: 571 0342 or 571 9467. *Three year olds activity group one session per week, Monday morning and afternoon, Friday morning.*

● **Carnegie Rudolf Steiner Pre-School**, Tara Grove, Carnegie. Tel: 578 1576. *Four two and a half hour sessions per week for children turning five in the current year. Monday and Tuesday afternoons and Thursday and Friday mornings.*

Three - two and a half hour sessions per week for children turning four by September in the current year. Monday, Tuesday and Wednesday mornings.

● **Caulfield Arts Complex Three year old pre-school sessions**, Art, Carnegie Progress Hall. Monday-Thursday, 9.30am-12 noon. Music, Old Maple St Library, Thursday, 10-11am, Friday, 10-11am, 11am-12 noon. Tel: 524 3287.

● Caulfield Montessori School

6 Roselea Street, South Caulfield. Tel: 528 4478. *Three, four and five year olds are in one group. Monday-Friday, 9am-12noon. Preferred enrolment age is 3 years. (A primary school to grade 6).*

● Caulfield South Kindergarten

Birch Street, South Caulfield. Tel: 528 4131. *One four year old group who attend on a rota-*

tional basis four x 3 hour sessions p.w, 9am-12noon. One three year old group who attend two afternoons Monday and Thursday.

● **Mc Neil Kindergarten**, 237 North Road, South Caulfield. Tel: 596 3916. *Two groups for four year olds - four, two and a half hour sessions per week. Two separate groups for three year olds - Fridays for two hours.*

● **Murrumbeena Kindergarten**, 1a Blythe Street, Murrumbeena. Tel: 569 9405. *Two groups for four year olds - four, two and a half hour sessions per week. Group one is held Monday - Thursday mornings. Group two is Monday, Wednesday, Thursday afternoons and Friday morning. Also three year old group. Ring for details. Open Day Wednesday, July 27 9-11.30am.*

● **Murrumbeena Playgroup**, Baptist Church hall, cnr Sydney Street and Murrumbeena Road, Murrumbeena. Tel: 568 3994. *Offers three-year-old activity group.*

● **Neerim Pre-School Centre**, cnr Neerim and Toolambool Roads, Carnegie. Tel: 571 5226. *Two groups for four year olds - four, two and a half hour sessions per week.*

● **Ormond Community Kindergarten**, cnr Grange and Oakleigh Roads, Ormond. Tel: 578 2605. *Two groups for four year olds - four sessions per week. Three year olds group is held on Wednesday and Friday afternoons. Enrolment day - first Wednesday of each month between 12.30-1.30pm.*

● **Orrong Rd Pre-School Centre**, 55 Orrong Road, Elsternwick. Tel 528 2203. *Four year olds - three, four or five, hour sessions, Monday-Friday. Two groups for three year olds - Wednesdays 9.30-11.30am and Friday 1-3pm; Tuesday and Thursday 1-3pm.*

● **Ripponlea Kindergarten**, Carrington Grove, East St Kilda/Caulfield. Tel: 527 4343. *Three year old group, one three hour session Tuesday morning 8.30-11.30am, one two and a quarter hour session Friday 1pm-3.15pm. Four year old group. Choice of two, three or four - three hour sessions per week. Can take these together to make two full days with lunch-care; one full day and two half days, or four half days. After-care available Mon, Wed and Thurs from 3.45pm-6.00pm. Access to full day sessions will depend on availability. Enrol early for full day positions!*

● **St Agnes Kindergarten**, 112a Booran Rd, Glen Huntly. Tel: 571 2285. *Four year old*

groups with a program offering parents the choice of two full days, or one full day and two half days, or four half days per week. Enrolments every Tuesday between 12-1pm.

● **St Giles Kindergarten**, Neerim Road, Caulfield. Tel: 571 5218. *Four year olds extended program, Monday-Thursday, 9.15am-3.15pm and Friday, 9.15am-12.15pm.*

● **Shelford Early Learning Centre**, 3 Hood Cres, Caulfield. Tel: 528 5329. *Boys and Girls. Full day 3 and 4 year old kindergarten, Monday-Thursday 9am-3pm and Friday 9am-12pm. Before and After School care available from 7.30am and to 6pm.*

JEWISH KINDERGARTENS

● **Adass Israel Kindergarten**, 10 King Street, Elsternwick. Tel: 523 6422.

● **Beth Rivkah College Kindergarten**, 14 Balaclava Road, East St Kilda. Tel: 525 9535. *Half day or full day sessions offered for three and four year olds. Government subsidised fee relief available if parents are eligible. Fee relief hours extended to 4.30pm daily, 52 weeks annually.*

● **Mt Scopus College Kindergartens**. These three kindergartens have sessions for three and four year olds, Monday-Thursday from 9am-3pm and Fridays from 9am-12noon. For further details, phone Dorothy Haling on 808 5722.

* **Fink-Karp-Ivany**, 1 Feodore St, Caulfield South. Tel: 578 3507.

* **Mt Scopus College** (Moriah Division), 39 Dickens St, Elwood. Tel: 531 3065. *Morning and/or afternoon sessions available.*

* **Gandel Besen House**, 15-17 Mayfield St, East St Kilda. Tel : 525 9144. *Before and after school care available.*

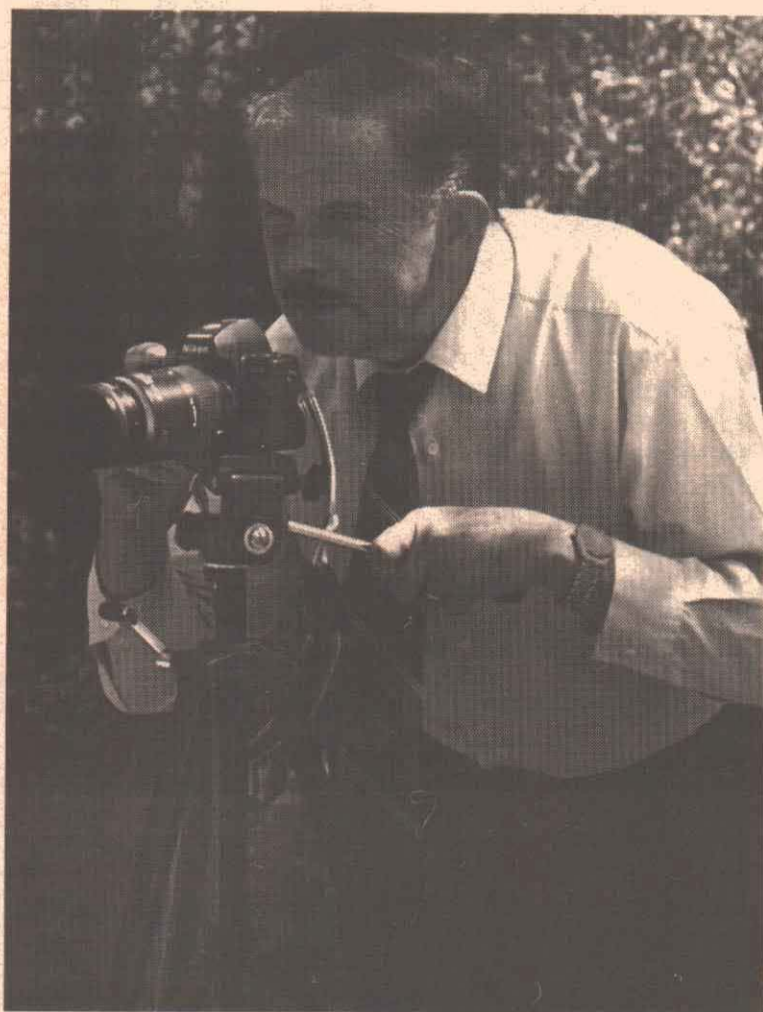
● **Leibler Yavneh College Kindergarten**, 81 Balaclava Rd, Caulfield. Tel: 525 9166. *Offers sessions for three and four year olds, Monday-Thursday, 8.50am-3.20pm, Fridays, 8.50am-12 noon. For enrolments phone 528 4911.*

● **Sholem Aleichem Kindergarten**, 51 Elizabeth St, Elsternwick. Tel: 528 6390. *Offers three and four year olds sessions, Monday-Friday, 8.40am-3.30pm.*

● **Yeshivah College Kindergarten**, 92 Hotham St, East St Kilda. Tel: 525 9535. *Half day or full day sessions offered for three and four year olds. Government subsidised fee relief available if parents are eligible. Fee relief, hours extended to 4.30pm daily 52 weeks annually.*

Community news

Local photographer earns OAM



Above: Ted Terry.

EDWARD (Ted) Terry was included on the Queen's Birthday Honours List for his dedication to photography and community service. He will receive a Medal of the Order of Australia (OAM).

Ted had absolutely no idea he was chosen to receive his award until he received written notification from the Premier, Mr Jeff Kennett.

On receiving the news of the award, Ted said he was completely surprised and very honoured.

Ted Terry, AFIP, ARPS AAPS, ESAPS has lived in Caulfield for more than 40 years and has been active in camera clubs for many years including the Carnegie and District, where he was a foundation member and president for eight years,

Chadstone and Red Hill clubs. He has judged and lectured at club, national and international level.

At the 1992 Senior Citizens' Week celebrations, Ted was presented with the Amateur Photography Award from the then Premier, Joan Kirner. He is actively involved in Arm-chair travel for various councils and senior citizens' clubs.

Ted is also a member of the Carnegie Lions Club which is very handy for the Club as Ted is their 'official photographer'.

Ted is particularly interested in encouraging young people to take up photography and is appropriately the executive director of photography for youth for the Australian Photographic Society.

New ethnic Telelink service

THE Association of the Blind organises a Telelink service for non-English speaking vision impaired people. This can also include the elderly, house-bound people without vision impairment.

Telelink is accessible via the telephone, opening the door to social contacts, group discussion and new friendships.

The following is a list of language groups and the times they operate. If you have a relative or friend who may be

interested in this service, please phone Julia Maliphant on 822 1111.

Chinese - Cantonese
Tuesday monthly (first Tuesday of month, 10am).

Dutch
Tuesday fortnightly, 7.30pm.

French
Thursday, weekly, 11am.

German
Tuesday, weekly, 3pm

Thursday, weekly, 3pm

Greek
Tuesday, weekly, 4pm

Kilvington launches mentor scheme

KILVINGTON Girls' Grammar in Ormond recently launched its Kilvonian Professional Network, a mentor scheme for young women. The event included a round table discussion on the changing nature and place of women.

An initiative of the principal, Mrs Di Fleming, the aim of the network is to provide vocational guidance and understanding of the working world to girls entering Years nine and 10.

"Role modelling is especially important for girls during their adolescent years when momentous physical changes occur which have both emotional and psychological impact. It is essential that we educate our girls during this time so they are prepared to make their place in a world where they can help build a strong female picture of

work, influence and leadership," said Mrs Fleming.

One of the first to register as a mentor was Dr. Peter Newton, senior principal research scientist with the CSIRO.

Dr Newton, said "I suspect that those of us who are now in well-established careers can identify key people who have, at some stage, given that extra bit of concern and exposed us to new influences and opportunities or who have acted as a role model for our development."

"The interactions may have been for one hour or one week - sometimes longer. But they were significant. I expect the Kilvington mentor program to give that type of boost and can personally offer to get the girls inside the walls of a scientific organisation," said Dr Newton.

Pam McCoy, a branch manager of TravCour, a courier company to the travel industry, was also one of the first mentors.

"I registered with the Kilvington scheme because I believe girls receive a better education at an all girls' school, and I can offer them interesting work experience in a 'real business' setting," said Ms McCoy.

Mrs Fleming said that it may be possible for mentors to invite a student to lunch, to a professional meeting or to introduce her to other women and men in a similar field.

"The amount of time spent with a student is very much a matter of professional choice. It is my hope, though, that mentors will establish a worthwhile relationship which may become lifelong," she added.

Below: (l-r) MLA for Bentleigh, Inga Penlich, Kilvington student, Caroline Condon and Kilvington Principal, Di Fleming at the launch of the Kilvonian Professional Network.



Local teens need homes

ARE you interested in providing accommodation and support to young people (12-18 years) in the south eastern suburbs?

Southbridge Adolescent Community Placement (ACP) needs to expand its pool of placement providers so that it can properly match the young people referred to them.

The agency provides accom-

modation on a short to long term basis, depending on the presenting issues.

ACP staff are keen to talk to a diverse range of people. You can be married, single, in shared households, with or without children, young or old. You can be renting or purchasing your own home.

What is important is that you can offer stability and a listen-

ing ear. Flexibility and a sense of humour are also important.

The agency ensures that placement providers receive training and ongoing support. Placement providers receive \$120.00 per week as reimbursements.

If you can help or want more information contact Sylvia Lemke or Neroli Jager on 557 2891.

Italian

Monday, weekly, 3pm

Wednesday, weekly, 9am

Thursday, weekly, 10am

Friday, weekly, 9am

Polish

Wednesday, fortnightly, 11am

Spanish

Wednesday, weekly, 2.30am

Vietnamese

Tuesday, weekly, 11am

Also, contact with Hungarian, Russian, Czechoslovakian clients via volunteers.



Caulfield U3A

will run its next bus tour on Wednesday, August 3

Victoria's Farm Shed

in West Gippsland & more (weather permitting)

Inclusive theatre show fee, under cover, open fire, shopping - a wide range of goods - cost \$18, BYO lunch or buy there.

For bookings and further information, contact U3A, Mon-Thurs, 10am-3pm, on 532 8462. U3A, 258 Hawthorn Rd, Caulfield South.

Remember - you don't have to be a U3A member to join in!

Futurekids/UNICEF join forces for Rwanda

MORE than 50 percent of the people killed in Rwanda's civil war are children.

The United Nations International Children's Emergency Fund (UNICEF) and Futurekids recently joined forces to raise money for child victims in Rwanda.

Caulfield Futurekids Computer Learning Centre, 130 Hawthorn Road, held an Open Day on June 25, where, in exchange for a \$3 donation to the appeal, children were treated to 15 minutes of computer funtime as well as booking a free lesson and entering a draw to win a prize.

The \$3 donation will help to provide emergency food, medical supplies and shelter for a Rwandan child.

Gaye Hart, executive director of UNICEF said she was deeply moved by the generosity of Futurekids management and

staff who donated their expertise and skills and opened their doors and supported the appeal.

Michael Granek of Caulfield Futurekids said the day was an opportunity to help give a future to the children of Rwanda.

"At Futurekids we prepare kids for the technological future through fun computer literacy classes, but the Rwandan kids just need help to have a future and I'm proud we have helped UNICEF provide this," said Mr Granek.

Futurekids is Australia's only computer literacy program designed especially for children aged three years and above and runs more than 30 shop front learning centres around Australia.

For more information contact: Michael Granek, Caulfield Futurekids, Ph: (03) 532 9005.

Thanks from the Salvos

MAJOR Frank Daniels, divisional secretary of the Eastern Victorian Division of the Salvation Army and Jack Campbell, Caulfield City Chairman for the Red Shield Appeal wish to convey the Salvation Army's thanks to the many individuals and organisations who assisted in this year's Doorknock Appeal in Caulfield.

There were many individual helpers, from young people to the not so young who gave their

time to help the Appeal. Organisations involved included schools, Guides, Scouts, Rovers and their leaders, Rotary and Lions Clubs, Jewish Youth Groups, churches, as well as sporting clubs.

The Salvation Army is very grateful for the efforts of all these citizens, as well as for the generosity of Caulfield's donors who contributed over \$25,000 on the day.

Caulfield Central Sub-Branch RSL needs donations of wool to make knee rugs, slipper sox etc. for patients in hospitals, nursing homes and hostels in Caulfield. Wool maybe left at Club Rooms, 6 Northcote Avenue, Caulfield.

National Trust this month

Labassa

ON Sunday, July 31, 10.30am-4.30pm, there will be an Open Day at Labassa, 2 Manor Gve, Caulfield. This is a great chance to view one of Caulfield's magnificent mansions. Also, meet Wendy McRae, well-known silver historian who will present an interesting display of assorted silverware and costume jewellery. If you have some jewellery you no longer want, bring it along to donate to the Labassa Restoration Fund. Cost for the day, adults \$6, children and concession \$4, family \$16, tower extra \$2, or \$1 concession.

★ ★ ★

Ripponlea

ON Thursday, July 28, 12noon, Bill Akers from the Australian Ballet will share his backstage experiences at *Lunching and Listening*, held monthly at Ripponlea Mansion, 192 Hotham St, Elsternwick. Cost \$12. Bookings at least one week in advance to Joan Hare on 523 8839 (Mon-Fri, 9-10am) or Lynette Dobson, on 555 8382.

Australian Red Cross

RWANDA APPEAL

Rwanda is in crisis - 200,000 dead, mass movement of refugees. RED CROSS is there saving lives. Send your donation to: GPO Box 9949 in your capital city or freecall 1-800-811-700.

Farewell to a proud citizen

MISS Betty A Snowball died on Wednesday, June 15, 1994.

Betty was a foundation member of the Caulfield Historical Society. She was appointed a committee member at the inaugural meeting in 1972 and for many years, served as vice president. Her knowledge of the history of Caulfield was vast - she lived her entire life in Gladstone Pde, Elsternwick.

Betty's grandfather Oswald Kingsley Snowball was a Member of Parliament for Brighton and grandfather Charles Frederik Kirkam was a Caulfield Councillor, shire president in 1892 and Mayor in 1905.

Betty was educated in Elsternwick and was a Prefect and Dux of Cato branch of MLC (now Wesley College) in 1939.

She became widely involved in voluntary community affairs, including caring for elderly at Regent Lodge, Ripponlea Citizens' Advice Bureau and Caulfield Residents' Association.



Above: Miss Betty Snowball receives Caulfield Citizen of the Year award, 1993.

In her youth Betty was an ice-skater and played tennis. She was still playing tennis up until a few months ago.

In 1993, Betty was awarded Caulfield Citizen of the Year.

The Caulfield Historical Society and many members of the local community will miss Betty greatly.

Volunteers needed to assist the aged

THE Caulfield General Medical Centre Extended Care Unit is appealing for volunteers to help enhance the lives of its residents.

People of all ages and walks of life are urgently required to help with activities such as outings, wheeling patients around, taking them for walks and one

to one visits.

Anyone who has a few hours to spare a month would be welcomed assistance to the activities coordinators and a valued addition to the Hospital's Volunteer Team.

If you can help, please contact Luise Stewart on 276 6232.

Local school celebrates 80 years

ACTIVITIES are being organized to celebrate Caulfield North Primary School's 80th year. The School was founded on August 24, 1914.

Former students, teachers and staff, as well as members of the community are invited to reminisce and catch up with old friends and teachers on Sunday, August 28. There is also a special assembly scheduled for Wednesday, August 24.

Celebrations planned will include a memorabilia display and a booklet. The School is calling for material to be used

in the display. It is after things such as:

- Photos
 - Badges
 - Special items of uniform eg. cap, tunic etc.
 - Flags/banners
 - Newspaper articles
 - Any other items of interest
- All items will be carefully looked after and returned.

For further information about these celebrations and how you may be able to help out, contact Mark on 509 1831, Tamara on 528 5807 or Norma on 571 5845.

Caulfield Group of the Neighbourhood Watch Regions

will hold a daytime meeting will be held on **TUESDAY, AUGUST, 2, 10AM-12,30PM** in the theatrette, Caulfield City Hall, cnr Glen Eira and Hawthorn Rds, Caulfield. Free entry, tea/coffee/biscuits, excellent door prizes. **Speakers include:** David Edwards, Snr Sgt. Alf Thomas, Det. Sgt Peter Chidgey, Sgt. Ernie Paxton.

YOUNG ACHIEVER AWARDS

Supported by

NISSAN

The Nissan Sports Award

Medibank Private

The Medibank Private Arts Award

DEET

The Dept. of Employment, Education & Training Career Achievement Award

Mitre 10

The Mitre 10 Community Service Award



The RACV Insurance Regional Development Award

RACV Insurance

The Country Fire Authority Science & Technology Award

CFA

The Bob Jane T-Marts Environment Award

BOB JANE

The Channel Ten Young Achiever of the Year Award

ten

The winner of each of the seven Award categories will be presented with a magnificent trophy and a \$4,000 Security Plus Investment Account from the Commonwealth Bank. The ultimate winner, the Young Achiever of the Year, receives a First Class Ansett Australia trip for two to any capital city within Australia, five nights at a Hilton Hotel, a further trophy and \$4,000 Commonwealth Bank account.

Nominations are open to anyone under 27 years of age as of 1st January, 1994. Nominations close 12th August.

To obtain entry details return the coupon to: YOUNG ACHIEVER AWARDS, P.O. BOX 105, BLACKBURN STH, VIC 3130 or phone (03) 878 0411.

Ansett Australia.



Name..... Address.....
Postcode..... Phone.....

R CAULFIELD *Recreation* C E N T R E

6 Maple Street South Caulfield Telephone 524 3288

Aerobics

Kidstuff

Creche Services

Preschool Gym

Children's Programs

Over 40's Aerobics

Over 50's Aerobics

Walking Group

Sports Club

Jazz Ballet

Trampolining

Junior Aerobics

Fitness Assessments

School Holiday Programs

Boys & Recreational Gym

Who Needs A Tennis Partner?

Tennis

Tai-chi

Yoga

Judo

Tae-kwon-do

Centre Hire

Basketball

Birthday Parties

Creative Movement

Womens Self Defence

Tennis Court Hire

Choi-kwang-do

Over 50's Tennis

Israeli Dancing

Mobile Gym

Easy Slim

Girls Club

Maccabi Club

kids



CHILDREN'S PROGRAMS

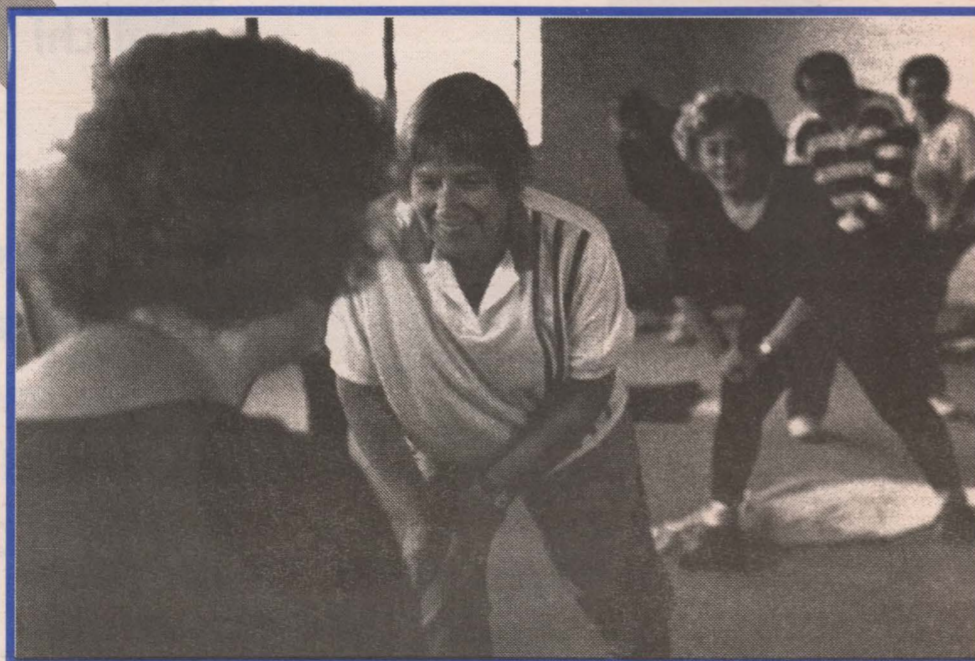
The Children's Programs offer excitement and activity for kids of all ages and interests. Whether it's creative movement and gymnastics for preschoolers, or one of the many different classes for school age children, there is sure to be something to interest your child.

The Centre has an extremely successful and dynamic school holiday program and can cater for up to 180 children per day. There are daily excursions to a variety of exciting destinations and centre-based arts and craft, sport and gymnastic activities to provide a dazzling array of alternatives for your children to choose from.

Many children of Caulfield and beyond have enjoyed a memorable Birthday Party at the Recreation Centre. There are games, trampolining and plenty of running space. The staff of the Centre organise many special birthday parties for children such as theme parties, fancy dress, mini olympics or just about anything parents would like to suggest - so don't hesitate to ask.

Children's programs at the Centre are great value and promise to be fantastic fun for children from ages 2 to 12 years.

R CAULFIELD
Recreation
CENTRE



“business
as usual - with a
difference”

The Caulfield Recreation Centre will continue to operate from the current site in Maple Street. And according to centre supervisor Maria Frendo, it's business as usual - with a difference.

“Currently we are involved in a program of upgrading the services provided by the Centre. We have just purchased a ‘state of the art’ fitness assessment bike. This new equipment will enable us to ascertain cardiovascular fitness levels of our members, and more importantly, allows us to tailor exercise programs to their specific needs. Starting this month, we will be introducing our ‘Easy Slim’ Program with weekly sessions providing advice on eating a well balanced diet and losing weight. We also have a new dance program by the Mochol Israeli Dance Club, basketball training and a Saturday afternoon girls club.”

fitness

ACTIVITIES AND PROGRAMS

The Centre provides a friendly atmosphere with professional instructors ready to advise you regarding your specific requirements. During Winter, the Centre is inviting people to come and enjoy a free aerobics class (on presentation of the enclosed coupon).

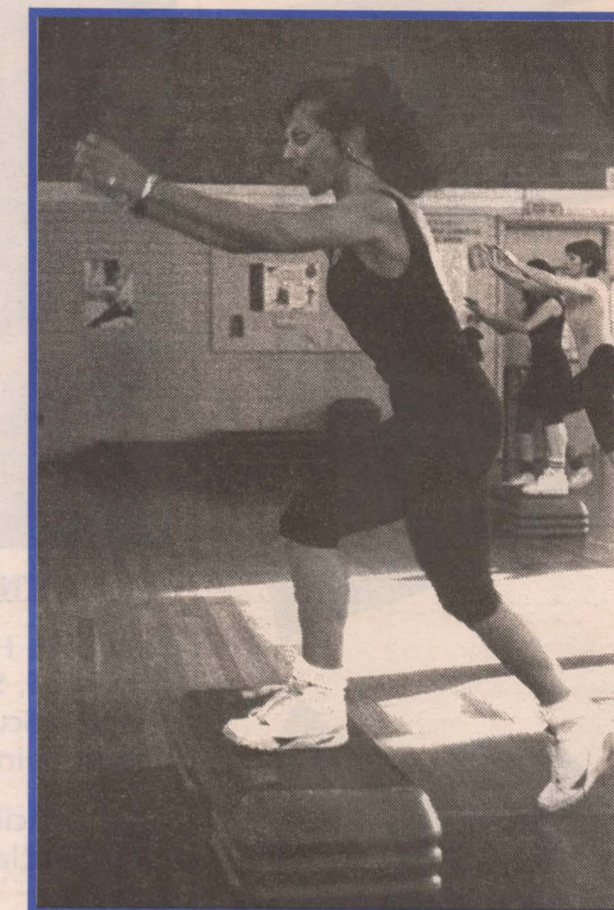
The staff of the Centre would like to encourage members of the community, whether for general fitness or health awareness, to come and join in the extensive range of programs for both adults and children. Remember, this is YOUR Community Recreation Centre.

Get fit and feel good!

Classes at the Centre offer friendly, dynamic and experienced instructors in an atmosphere of fitness, challenge and fun. There are over 12 different types of aerobics classes from beginners to advanced levels including ‘Total Body Conditioning’ and programs for the Over 50's.

Starting this month the Centre will be introducing a team aerobics class where two instructors will ‘team teach’, giving participants that added level of variety and excitement.

The Over 50's Fitness Program is an inspiration to all at the Centre. The classes are designed to increase flexibility and breathing techniques in a specialised and gentle manner. During Winter, the Centre is offering a number of weekly sessions (at specific times), where two people can participate for the price of one. So why not bring a friend and learn about keeping fit and healthy together.



fun
AEROBICS

FREE AEROBICS

CAULFIELD RECREATION CENTRE
6 Maple St 5th Caulfield Telephone 524 3288
Present this coupon
for a free Aerobics class.
Offer expires 31st August 1994.
One session per person

CAULFIELD RECREATION CENTRE

6 Maple Street South Caulfield 3162 Telephone: 524 3288 524 3362

OPEN FROM 8.30am 7 DAYS PER WEEK



FITNESS CLASSES

Low Beat, Hi-Low, Tri, Advanced, Step, Tone & Firm, Shape & Sculpt, Total Body Conditioning.

Creche Facilities available for morning classes.

Casual.....	\$6.00
Student Concession.....	\$4.50
Creche.....	\$1.00
Over 40's.....	\$4.00
Over 50's.....	\$2.50
1 Month.....	\$55.00
3 Month.....	\$110.00
6 Month.....	\$185.00

**Or our special winter offer
30 days for \$30.00**

OVER 50'S CLASSES

Mon, Tues, Thur.....	9.30am
Tues, Wed.....	10.30am

PERSONAL DEVELOPMENT

Yoga - Gentle exercise based on yoga postures provide a method for coping with stress and tension.

Monday.....	9.15am
Friday.....	6.00am

Tai chi - Slow gentle exercise system which improves your fitness, co-ordination and ability to concentrate.

Friday.....	12.00 & 7.00pm
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FITNESS ASSESSMENT

Fitness assessment free with new membership.

Includes - 10 minutes of cycling to determine cardiovascular fitness. i.e. heart / lung capacity

- Body measurements
- Flexibility
- Abdominal strength
- Dietary advice
- Suggested exercise programs

EASY SLIM

**"The healthy way
to loose weight"**

Approved by the Health Foundation, Easy Slim will be holding weekly group meetings.

Monday.....	6.00 - 7.30 pm
Thursday.....	10.30 - 12.00pm

CHILDREN'S PROGRAMS

Casual classes - pay per class

<u>Sports Club</u>	
Friday.....	4.30 - 5.30pm

<u>Girls Sports Club</u>	
Saturday.....	12.30 - 1.30pm

<u>Tramp Fun</u>	
Friday.....	4.00 - 5.00pm
Saturday.....	10.30 - 11.30am

<u>Kids Stuff</u>	
Tuesday.....	4.00 - 5.00pm

<u>Basketball</u>	
Saturday.....	11.30 - 12.30pm

PRESCHOOL GYM

(3 - 5yrs.)

Our Pre-school Gym programs are a fun way to develop important movement skills and co-ordination. Classes include tumbling, swinging, games, trampoline and obstacle course.

Mon to Fri ...\$46.00 for 8 weeks

MAKE BELIEVE

(2½ - 3½ yrs.)

A gentle introduction to creative movement. Learn the fundamentals of movement and posture in an imaginative and supportive setting.

Wednesday.....	9.30 - 10.30am
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BOYS GYM AND RECREATION GYM CLASSES

A fun gymnastics class for girls and boys, 6 - 9 yrs.

This class covers tramp, floor and apparatus work.

Mon, Wed, Thur...	4.30 - 5.50pm
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JAZZ BALLET

Learn fundamental dance and develop co-ordination, confidence and motor skills.

Tuesday.....	4.00 - 5.00pm
.....	5.00 - 6.00pm

BIRTHDAY PARTIES

Our birthday party packages are a fantastic idea for children aged 4 years and up.

Saturday and Sunday mornings and afternoons.

CENTRE HIRERS

Multi purpose rooms available for hire, please ring.

Tues, Thur.....	Judo
Wed, Fri.....	Tae-kwon-do
Tues, Thur.....	Choi-kwang-do
Wed.....	Maccabi men's fitness
Mon.....	Israeli Dancing
.....	Individual Sports Tuition
by app.....	for children

TENNIS COURTS

We have two plexi-pave tennis courts available for hire and coaching with Cheryl Hewitt on weekdays and evenings.

Weekdays.....	\$10.00 p/hr
Evenings & Weekends.....	\$12.00 p/hr

SCHOOL HOLIDAYS

(4 - 14 yrs.)

Your child can participate in the fantastic centre based activities like archery, trampolining, sports, T.V. station and arts and crafts.

Mon 4 July - Fri 15 July 1994
Mon 19 Sept - Thur 29 Sept. 1994
Mon 19 Dec. - Fri 22. Dec. 1994
Mon 2 Jan - Fri 20 Jan 1995



Communitynews

Fun had by all at Caulfield's first family picnic day

AN energetic crowd of approximately 300 people turned out at Princes Park recently for the City of Caulfield first ever Family Picnic Day. The Family Picnic Day was organised by the City of Caulfield as part of its celebrations for the Interna-

tional Year of the Family.

The families who joined the giant picnic were provided with plenty of entertainment throughout the afternoon. Those who were feeling energetic had plenty of things to choose from including rides on the giant earth

ball, fun and games with a parachute, frisbee throwing, sack races, three-legged races and more. The rollerblade/skateboard course proved extremely popular.

Those interested in something a little less energetic, could

enjoy a theatre performance by the youth of Caulfield and consultant Janice Burgess. Their dynamic, colorful display was enjoyed by a large crowd. Plenty of people took advantage of the good weather and enjoyed a game of backgammon or checkers.

For the artistically inclined, there were activities such as mural painting and face painting provided by the Caulfield

Arts Centre and Caulfield Recreation Centres.

The organisers of the Family Picnic Day were not only impressed with the number of people who participated in the activities, but also with the age range of those present. The City of Caulfield is grateful to everybody who took part in the Day who helped make it a successful and enjoyable event.



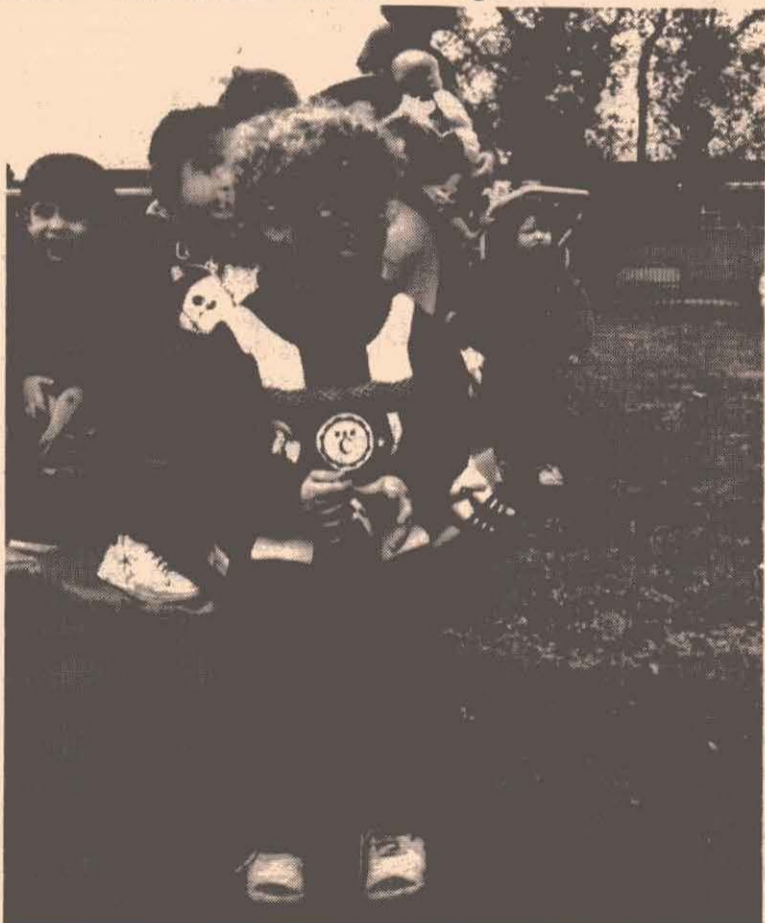
Above: Many up and coming artists were spotted at the painting easels.
Below: The skateboard/rollerblade course.



Below: Backgammon was enjoyed by people of all ages.



Above: The Three-legged race.
Below: Painted faces were all the rage.



Have you recently moved to Caulfield?

If so, contact the Council's Community Relations department on 524 3259 for a copy of our

New Resident Kit

which includes the 1994 Resource Guide.



Food, fibre and you

FIBRE is often mentioned in health articles in magazines; and advertisements for high-fibre products remind us that we should eat plenty of fibre. But what is it, and why is it important to eat plenty?

Dietary fibre is a term used to describe the parts of plant foods that are not fully digested by the body. Fibre is found in the husks and germ of grains, and in the skins, stalks and flesh of fruit and vegetables. Important fibre sources include wholemeal and wholegrain breads, cereals and biscuits, brown rice, wholemeal pasta, fresh fruit, fresh, frozen and dried vegetables of all kinds, baked beans, dried peas, lentils and soya beans etc.

These foods not only supply all important fibre, but starches and sugars for energy, and vita-

How much fibre in foods?

FOOD ITEM	FIBRE-GRAMS
Wholemeal bread - 1 slice	2.0
Weeties - 1 cup	3.5
Boiled brown rice - 1 cup	3.0
Fresh fruit - 1 average	2.0-3.0
Peanut Butter - 1 tbs	2.5
Green vegetable - 1/2 cup	2.0-3.0
Root vegetable - 1/2 cup	2.0-3.0
Baked Beans - 1/2 cup	6.5
Lentils, cooked - 1/2 cup	3.5

mins and minerals. There are different types of fibre which have different effects in the body, so it is important to include a range of high-fibre foods rather than simply adding bran to your morning cereal.

The recommended daily intake of fibre is at least 30 grams, but the average intake in Aus-

tralia is only 15 to 20 grams, so it is important to make sure you eat plenty of these foods often.

Fibre keeps the digestive tract healthy. It prevents and relieves constipation, which in turn reduces the risk of diverticulitis and haemorrhoids. There is also evidence that a high-fibre diet helps reduce the risk of bowel cancer, and some forms of fibre are thought to help lower blood cholesterol levels. High fibre foods tend to be low in fat and energy, so help us feel more satisfied. This can assist with weight control.

To benefit from a high fibre diet it is important to also drink plenty of fluids (8 cups daily), and to exercise regularly.

For more information, contact the Dietitians at Caulfield Community Care Centre on 523 6666.

Do you suffer lower back pain?

CAULFIELD Community Care centre Physiotherapy Department commenced a Research Project earlier this year to look at *'The effect of hydrotherapy treatment on low back pain'*.

The Centre needs 100 more patients to complete the research.

Patients must be referred by their local medical practitioner or physiotherapist to the Caulfield community Care Centre Physiotherapy Department for hydrotherapy for treatment of low back pain. These patients will then be asked if they would be willing to participate in the research.

Patients must have had low back pain for at least 3 months and not had hydrotherapy for low back pain in this time.

Patients must meet certain criteria to be included in the research. Unfortunately, patients with conditions such as uncontrolled hypertension, exercise induced angina, severe respiratory problems, spondylolithesis, rheumatoid arthritis, severe limitation of shoulder movement, previous major lower limb surgery such as hip or knee replacements or who are receiving WorkCover or TAC compensation cannot be accepted into this study.

Patients MUST BE ABLE TO READ AND WRITE IN ENGLISH in order to complete two questionnaires used in the research.

Suitable patients will be randomly assigned to either a treatment group or a control group. The treatment group will participate in two hydrotherapy sessions per week for four weeks. The control group will not undergo any treatment for four weeks. At the end of the four weeks of the research the control group will commence hydrotherapy.

Patients must pay the usual administration fee of \$3 per hydrotherapy session. Hydrotherapy sessions are of approximately one hour duration.

Please bring any lumbar spine X-rays you have (preferably films no more than 12 months old) to your initial examination.

The study is being completed as part of a Masters in Manipulative Therapy Degree. Ethical approval has been obtained from the Alfred Hospital Ethics Committee. The Alfred Hospital has provided a small research grant for the study to pay for the patients to be assessed by an independent physiotherapist who is not involved in the research.

If you have any questions about the research please contact Bronwyn McIlveen, Physiotherapist and Senior Clinician in Hydrotherapy, at Caulfield General Medical Centre on 276 6000, pager no 1074 or physiotherapy reception on 276 6614.

Deadline for the Aug. 17 issue is July 15

Health briefs...Health briefs...

CHADSTONE Community Health Centre Inc., 568 Neerim Rd, Hughesdale (cnr Poath Rd), will run Drink Driver Education Programs on Monday, July 18, 6pm-8.45pm, Wednesday, July 20, 6pm-8.45pm and Monday, July 25, 6pm-8.45pm. Cost \$100, concession \$85.

For bookings and information about all listed Chadstone Community Health Centre courses, phone the duty person on 568 2599 between 10am-12 noon and 2-4pm weekdays.

CHADSTONE Community Health Centre Inc. will run a four week stress management course which include relaxation training. Stress is an everyday fact of life but too much can lead to ill health both physical and emotional. Learn some techniques to become better able to manage the stress in your life so you control it and it does not control you. The course will be conducted by a community health nurse and psychologist. Cost \$30, \$20 concession.

CHADSTONE Community Health Centre run an emergency dental clinic for health care card holders at 11 Cooke Street, Clayton. Hours: Mon 8.30am-12.30pm, Tues 1pm-4.30pm, Weds 8.30am-12.30pm, Thurs 1.30pm-5pm,

Fri 9am-12.30pm, Sat 9am-12.30pm, Sun 9am-12.30pm.

CHADSTONE Community Health Centre Inc. will hold a Marijuana Support Group - A Treatment Alternative on Wednesday, July 13, 7pm-8.30pm. Cost \$5 per session.

THE Arthritis Foundation runs 42 water exercise classes each week in the metropolitan area. The classes are conducted by volunteer leaders under the guidance of a physiotherapist. More local volunteer leaders are needed. If you enjoy exercising in water and have an hour or two to spare each week, take the plunge. Training is provided.

For further information please contact Judy on 853 2555.

CAULFIELD Community Care Centre will run an eight week course, *Healthy Weight and Lifestyle*, starting Wednesday, August 3, 6-8pm at the Centre, 240 Kooyong Road, South Caulfield (Entry No. 4) Information and assistance provided to help participants make long-term changes to improve eating habits, control weight, and increase fitness. Suitable for people of all ages and levels of fitness. Contact the Centre's dietitians on 523 6666 during business hours.

CONTACT DIARY CONT'D...

Murrumbidgee Branch of the Country Women's Association of Victoria meets every Tuesday, 10am-2pm at the Hughesdale Community Hall, cnr Poath and Kangaroo Rds, Hughesdale. Meeting days are the second Tuesday and all other Tuesdays are craft and social days. Visitors welcome. Enquiries 544 4480.

RECREATION

Over 40s Dance Club Inc hold a 60/40 dance every second and fourth Saturday of each month in the Uniting Church Hall, cnr North and Booran Rds, Ormond. Live band, cost \$6. For details phone 570 4564.

Caulfield Over 50s Dance Group Inc. holds weekly dances (mainly old time/new vogue) on Mondays, 1-4pm in the Caulfield Arts Complex auditorium, City Hall. Tapes and live music alternate from week to week. Cost \$2, includes afternoon tea. Enquiries 578 5143.

Early Planning for Retirement Group Inc. will hold the following activities for July and August:

July 21 - Interest Meeting -

will meet 7.30pm, Gladys Machin Hall, Cedar St, Caulfield. Guest speaker will be a representative from 'Innovation Promotions'. Visitors welcome. Supper served. Enquiries 523 7051.

July 27 - Travel Group - will meet 7.45pm, Gladys Machin Hall, Cedar St, Caulfield. Betty Houston will show slides of Antarctic to South America. Visitors welcome. Supper served. Enquiries 571 3687.

August 8 - Photography - will meet 8pm, 1 St Georges Rd, Elsternwick. Subject - water. Visitors welcome. Supper served. Enquiries 571 3687.

August 9 - Walking Group - will depart 9.30am, Caulfield City Hall. Walk will be in Braeside Park. Visitors welcome. BYO food and drink. Enquiries 528 5376.

VOLUNTEERS

Caring Grandparents Association is looking for volunteers to form a Committee of Management. The Association has been established to provide a special 24 hour emergency and casual care service for children 0-12 years. Grandparents, retired, retrenched or senior citi-

zens are needed. If you are interested and live in the area bounded by North Rd, Dandenong Rd, Warrigal Rd and Grange Rds, please contact Florence Larsen on 569 6155 for further details.

Do Care needs volunteers to offer company and friendship to older people living in your area. If you are interested and have a spare hour a week, we would be pleased to hear from you. Orientation sessions are held monthly. Please phone 662 2044 for details.

Southern Citizen Advocacy needs volunteers. Your ability to handle everyday matters would assist an adult with a disability to participate in community life. For further details, contact Southern Citizen Advocacy on 576 0155.

Caulfield Adult Literacy Group needs more volunteer tutors. A six week training program is provided (no cost). We offer assistance to migrants and Australian born people living in and around Caulfield. This can be a richly rewarding experience. Call Janece on 532 8319.

'Stalking the art beast'

CAULFIELD Arts Complex will hold an exhibition 'Stalking the Art Beast' from July 20-August 7, 1994.

The exhibition will feature works by eleven contemporary Melbourne-based artists, who are exploring a wide range of themes using a variety of mediums.

Below: Untitled, Phil Watson, mixed media.

The artists are Robyn Neilson, Phil Watson, Anthony Cornish, Alison Orton, Trevor Bell, Don Browne, Jeb Wolfe, Jane Crowley, Tom Murray White, Nicole la Gerche and Jenny Aitken.

For further details about this exhibition, contact the Caulfield Arts Complex, on 524 3287.



Milan Roden, photographer

CAULFIELD Arts Complex will hold an exhibition by Czech born photographer, Milan Roden from July 20-August 7, 1994.

Milan Roden studied at the Prague Photographic School and went on to gain recognition as a freelance photographer. In that time, he became involved in a few different avenues within this profession, working for magazines, theatres and on motion picture productions.

In 1968, Milan migrated to Australia and established a

reputation as an illustrative photographer.

His commercial work was always highlighted by his strong personality and creativeness. As a result, some of his work took him overseas on photographic assignments.

He has exhibited throughout USA, as well as Europe, including Switzerland, France, Germany and the Czech Republic.

Milan lives in Melbourne and is engaged in full-time art photography.

New director gets the nod

CAULFIELD City Choir presented its first concert under the direction of newly appointed Musical Director, John Ferguson at the Caulfield Arts Complex recently.

Judging by many complimentary remarks, the performance was a hit, providing well deserved encouragement for both Director and Choristers.

The Choir is now preparing for their next performance, *Songs now and then*. This performance is scheduled for Sunday, September 4, 1994.

If you like to sing and have a flexible and tuneful voice, why not consider joining the Caulfield City Choir on Mondays, 8-10pm at St Stephen's Uniting Church Hall, Balaclava Road, Caulfield.

For further particulars, phone choir secretary, Miss Raewyn Cross, 822 5154.

R.A.T.S. suspense thriller

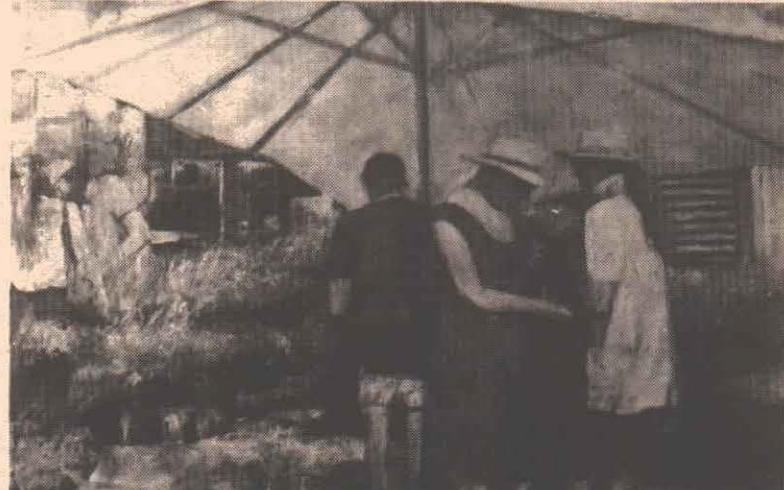
FOLLOWING their successful production of Oscar Wilde's *'The Importance of Being Earnest'*, the Rosstown Amateur Theatrical Society (R.A.T.S.) are producing a suspense-thriller, *'Nightmare'*, written by Norman Robbins.

Originally, the scenario was set in the Moors district of England, however, it has been readapted to the western district of Victoria.

The cast are mainly from the Caulfield/Oakleigh area and the standard of performance promises to be extremely high. The season is as follows: July 21, 22, 23, 28, 29, 30 and August 4, 5, 6 at cnr Neerim and Toolambool Roads, Carnegie.

For bookings and enquiries, phone Mary Kappner on 569 4984.

Wattletree Gallery exhibits at Caulfield



Above: Flower seller, Jonathon Bei, oil on canvas, 1993.

DIRECTOR of the Wattletree Gallery, Maureen Fladgate, is proud to present a mixed media exhibition by 11 artists at the Caulfield Arts Complex from July 6-17, 1994.

The artists are; Kevin Boucher, Jonathon Bei, Lois Campbell, Alvaro Castagnet, John McQualter, Richard

Strangward, Anthony Syndicas, Arthur Hamblyn, David Zou, June Woods and Terry Hart.

Works you can expect to see in this exhibition include Australian landscapes, beach scenes and still-lives.

For further details about this exhibition, contact the Caulfield Arts Complex, on 524 3287.

Caulfield Arts Complex presents the Keilor Ensemble* with Guest Artist Roger Heagney, harpsichord on Sunday, July 24, 3pm, Caulfield Arts Complex, cnr Glen Eira and Hawthorn Roads, Caulfield. Information and Bookings: 524 3287.

Caulfield Arts Complex, cnr Glen Eira and Hawthorn Rds, Caulfield. For exhibition times and details, call 524 3287.

7th annual short story competition...

A prize of \$500 will be awarded to the winner of this competition.

- Closing date for entry is Friday, September 2, 1994.
- Only previously unpublished stories, which have not been prize winners in other competitions to be submitted.
- Manuscripts will not be returned but copyright will remain with the author.
- Manuscripts must not have author's name on.
- The winner will be notified and then announced in the Fellowship of Australian Writers Magazine.

Judges for this competition are:

Margaret Clark, Graeme Kinross-Smith, Georgia Richter (1993 winner).

No correspondence will be entered into with regard to the result.

To enter:

No form is necessary. Just write your name, address and telephone number on a separate sheet. Manuscripts must be typed and double spaced with a maximum length of 5000 words. No limit on amount of entries per applicant. Send your sheet and story to:

Caulfield Festival Short Story Competition, P O Box 500, Caulfield South, 3162.

Further information can be obtained from Catherine Cooper, phone 524 3406.

Entries will be accepted between July 19 and September 2, 1994.

CAULFIELD FESTIVAL '94

Shaq attack!

He's on fire
The balls red hot
SHAQ is here
The Orlando star

He shoots for goal
And got it in!
Who's the next
To challenge him?

Poem by Sam,
12th Caulfield

Caulfield Community Day

SUNDAY DECEMBER 4, 1994

will be lots of fun for everyone. There will be stalls, performances, sports, food and exciting events. If you have any ideas to add to this exciting day,

the Caulfield Festival Committee wants to hear from you!

Contact Catherine Cooper on 524 3406.



Recreation & leisure

Carnegie's state champion



Above: Daniel Warner, 10.

CARNEGIE Primary School student, Daniel Warner, 10 won the finals in his age group for diving at the Victorian Metropolitan State Finals at the State Swimming Centre earlier this year.

He won the diving competition for his age group at the Caulfield District Swimming Sports which qualified him for the State Finals. Prior to the finals, Daniel attended two diving lessons, which were offered free to finalists. These were his first lessons.

After his success at the finals, Daniel narrowly missed out on being selected for the Victorian State Team. To be

selected he needed to complete three further dives. During his second dive Daniel hit his chin on the diving board. He completed his third dive, but the accident had cost points and, as a result, he missed out.

Daniel is now taking diving lessons. He comes from a family with some diving tradition - his uncle is a competitive diver.

Carnegie Primary School has a good record in diving competitions. Over the past three years, the School has had many victories at district level and regular competitors at the Metropolitan State Championships. Daniel is the School's first State Champion.

Get a move on with Anne O'Keefe

ARE there muscles that you haven't used for a while? Are they in need of a gentle workout once a week? Then "Get A Move On" is for you! This new class consists of exercises, posture work, massage and great

music. You may even find yourself dancing! This class is designed to put you in touch with your body in a relaxed, supportive environment and will give you a greater confidence in your movement capabilities.

Glen Huntly wins 8km championship

GLEN HUNTLY Athletic Club won the 8km State Cross country championship held at Axedale (near Bendigo) recently.

The A grade winning team included Dave Eadie, Pat Scammell, Gary Henry, Laurie Dalton, Paul Strangio and Tony Wilson. The run of Dave Eadie was exceptional. At only 23 years old, Dave is Glen Huntly's most improved athlete. He competed in B grade during last track season and showed some good form at the end of the season when he won the A Grade State League Final. He has since competed in the Glen Huntly winning team at the Sandown Road Relays and was Glen Huntly's first athlete home in the Victorian 10km championship, held at Caulfield. His time was 29 minutes 30 seconds. The Axedale run was a further improvement for Dave who finished third with a time of 24 minutes 21 seconds.

Dave attributes his improvement to his switch to Glen Huntly and the knowledge of his mature-aged trainer Tony McMahon.

Athletics is for athletes of all standards, you don't have to be a champion. Glen Huntly athletes compete in A grade down to E grade with the bulk of members being in the lower half.

If you are interested in competing, either track or cross country ring Michael Davin on 795 9010.

BOWLED OVER

CARNEGIE Bowls Club ladies section is pleased to congratulate winners and runners up in the various club competitions for 1993/94.

Club champion, P Munro, r/u, L Toorney, club pairs, J Bainbridge and L Toorney, r/u, M Lucas and L Cuman, presidents' handicap, P Munro, r/u, E Davey, minor champion, L McEvoy, r/u, J Armstrong, drawn pairs, P Shores and R Schober, r/u, N Papworth and H Macwhirter.

The club is looking forward to another successful season in 1994/95. New members are welcome. Phone the Club on 578 7131 for further information. Coaching will be available from September.

ELSTERNWICK District Bowling Club Inc. held its annual general meeting last month which saw the new executive and committee assume office. Congratulations to new presidents Ray Seers and Valerie Sykis.

Solo luncheons will be held on July 14th and August 11, commencing 11am, cost \$4.50, including lunch, afternoon tea and door prizes ladies and men welcome.

Solo luncheon will be held on Saturday, August 13, 1pm, cost \$2.50, includes afternoon tea/coffee. Come along and bring a friend.

The Club looks forward to a successful season. New members welcome Phone 528 2715.

MURRUMBEENA PARK BOWLS CLUB INC. had over 80 members attended the annual meeting held recently.

Officer bearers for the 1994/95 season include Kevin Jacka president, Alan Kerrison and Reg Weston vice-presidents Jack Gilbert secretary and Ken Watkins treasurer.

Anne Helman, Ken Savage and Rus Dargavel were welcomed as new members of the general committee. Rus will also act as sponsorship officer. Jack Gilbert, who has been Club secretary for the past 17 years was awarded a Life membership.

New ducted heating and cooling has been installed in the club rooms to encourage greater participation in the winter program which includes indoor bowls, solo, crazy whist and the popular Dinner Dance held on the second Saturday of each month.

Keeping fit at 50

KEEPING fit at and over 50 is easy when you live in Caulfield.

Caulfield council offers a wide range of fitness programs to suit participants of varying needs and tastes. All classes are run by qualified instructors in a safe, fun and social atmosphere. The range of activities include: gentle exercises to music, chair based exercises, walking, tai-chi, yoga, tennis and prymeball.

● **Exercise to Music Classes** The Caulfield Recreation Centre currently offers participants five keep fit classes, Monday-Thursday. The classes consist of both standing and floor-based exercises, stretch and relaxa-

tion and are aimed to encourage a better sense of well being. Class Times are: Monday 9.30am, Tuesday 9.30am (booked out), Wednesday 10.30am, Thursday 9.30am.

Keep fit classes are also available in Carnegie on Monday and Wednesday at 11am.

● Get a move on

This creative movement and dance class is designed by instructor Anne O'Keefe. Classes start soon at the Recreation Centre. For information about the Over 50's programs, contact Council's older adults recreation officer Cheryl Kennedy on 524 3356.

Caulfield & District Netball Association ladders

SATURDAY MORNING COMP. LADDER AS AT 4.6.94

TEAM	POINTS	%	TEAM	POINTS	%
SENIOR 1 (OPEN)			McKinnon Cats	8	61.29
Rovers	28	639.28	Hotshots	4	37.69
Old Michaelians	16	109.30	Bombers	-8	10.20
Lasers	12	91.24	JUNIOR 1 (13 & UNDER A)		
F.J.'S	12	66.29	Dodges	28	1377.77
Renegades	4	47.32	Gold all Rounders	28	430.30
Diamonds	4	27.97	Meteors	16	227.94
SENIOR 2 (17 & UNDER 15 & UNDER)			Cannons	16	103.75
Minis	28	617.64	Colts	16	97.70
Jaguars	20	220.65	Stars	12	65.45
Legends	12	331.25	McKinnon Cubs	4	39.21
Murrum. Magic	8	42.93	JUNIOR 2 (13 & UNDER B)		
Seekers	0	7.16	Alphas	28	676.92
Manc Magic	-8	27.04	Dare Devils	20	163.79
SENIOR 3 (15 & UNDER)			Falcons	20	103.94
Rangers	20	334.32	Purple Pumas	12	104.16
Angels	20	202.50	Murr. Wild Ones	12	41.37
M.G.'S	8	61.29	Vipers	4	14.16

WEDNESDAY NIGHT COMP. LADDER AS AT 2.6.94.

TEAM	POINTS	%
FINAL FOUR		
OPEN A		
T-Birds	24	222.64
Bloods	20	403.70
St Kilda/Sth Caulf. 1	16	105.26
2 Pot Screammers	16	97.29
OPEN B		
Breakaway	16	77.77
Old Michealians	12	101.40
Cannon Vets	4	60.00
Barracudas	0	6.96
OPEN C		
Jigsaw	24	400.00
All Sorts	16	12.72
Cocktails	14	84.61
Mixtures	12	32.50
	10	66.66
	4	8.16
	0	37.50

IF YOU'RE INTERESTED IN PLAYING NETBALL, CONTACT TONI ON 571 7083 FOR MORE INFORMATION...

Contactdiary

CONTACT DIARY

Do you have an event coming up that you would like to publicise? This is the place to put it. Contact Diary is compiled monthly, so if you want to let the community know about your club, society or event, we'll be happy to include it on this page.

Let us know about your activities.

Contact Diary
P O Box 42
Caulfield South 3162



ART

Hughesdale Art Group, cnr Poath and Kangaroo Rds, Hughesdale will hold a demonstration by well known artist, Carmel Mahoney on Wednesday, July 27, 8pm. Supper provided. Donation \$5. New members welcome. Enquiries 568 7123.

CLASSES

Caulfield Adult Literacy Group caters for adults of all ages and backgrounds who wish to improve their written and/or spoken English. Classes and one-to-one tuition available for migrants and Australian born people. Cost \$10 per ten weeks. For further information, call Janeece on 532 8319. Funded by ACFE.

ENTERTAINMENT

Music Lovers' Society recital will be held on Saturday, July 16, 8pm at St Paul's Anglican Church, Dandenong Rd, North Caulfield (opp. Glenferrie Rd). Featuring Shanthi Charrett, violin, accompanied by Julie Haskell, piano and solo pianist Eidit Golder. Music by Bach,

Beethoven, Brahms, De Falla, Messaien. Admission (inc. supper) adults \$8, concession \$6, children \$3, family \$17. Enquiries 571 0850, 822 7292

FETES & FAIRS

Duncan MacKinnon Park, cnr North and Murrumbeena Rds, Murrumbeena holds a car boot sale on the last Sunday of each month, 8am-1pm. \$10 per site. Next sale July 31. Phone 571 7083 for details.

MEETINGS

Quota Club of Caulfield meets at Caulfield Hospital on the second Monday of each month, 7.45pm. An international service club for professional and business women. New members welcome. Enquiries Shirley 772 1674, Moyra 776 5874.

Caulfield Bicycle Users Group meets 8pm on the fourth Tuesday of every month at the Glen Huntly Neighbourhood House, 1213 Glen Huntly Rd, Glen Huntly. Also a family fun ride on the fourth Sunday of every month meets 9am at Caulfield Station (Railway Ave

exit), for easy *Mystery Ride*. For further details, contact Ursula Fiek on 578 9805.

Neighbourhood Watch Area C4, (bounded by Alma Rd, Inkerman Rd, Kooyong Rd and Orrong Rd) hold bi-monthly meetings at 259 Alma Rd, North Caulfield. For enquiries, contact Merv Maple, on 527 7496.

Neighbourhood Watch Area C7, bounded by Inkerman St, Orrong Rd, Glen Eira Rd and Kooyong Rd, meet on the first Monday of alternate months at Shelford Girls' School, R26 Cowling Wing, Hood Cres, Caulfield. Next meeting will be held on August 1. Speaker from Victoria Police's Traffic Alcohol Section. All welcome. For further information, phone 527 6406.

Neighbourhood Watch Area C9 will next meet on Wednesday, July 13 and August 10, 7.30pm in the committee room, Caulfield City Hall, cnr Glen Eira and Hawthorn Rds, Caulfield. All members welcome.

Neighbourhood Watch Area C46 meet on the first Monday of each month, 7.30pm at St Catharine's Church Hall, 404 Kooyong Rd, Caulfield. Next meeting will be held on August 1. Everyone is welcome.

Neighbourhood Watch Area C49 (bounded by Clarence St, College St, Begonia Rd, North Rd and Kooyong Rd) will hold its AGM on Tuesday, May 31, 7.30pm in the Uniting Church Hall, cnr Jupiter St and Kooyong Rd, Caulfield.

Neighbourhood Watch Area C50 meets on the third Tuesday of the month, 7.30pm at St Joseph's Hall, Sandham St, Elsternwick. Next meeting will be held on July 19.

Neighbourhood Watch Area C64 will hold its next day meeting on Monday, August 1, 2pm and its next night meeting on Monday, August 15, 7.30pm. Both meetings will be held at 40 MacGowan Ave, Glen Huntly. All residents welcome. Smoke free environment.

Neighbourhood Watch Area C69 meet on the second Monday of each month, 7.30pm at

the Murrumbeena Park Bowling Club. For further information, contact area coordinator Nicole Larsen on 569 6155.

Neighbourhood Watch Area C70, (bounded by Alma Rd, Balaclava Rd, Kooyong Rd and Hawthorn Rd) meets on the second Monday of each month, 7.30pm at St Stephen's Church Hall, Balaclava Rd, Caulfield. Next meeting will be on August 8.

Neighbourhood Watch Area C71 will hold its next meeting on Monday, August 8, 8pm at 31 Prahran Gve, Elsternwick. For enquiries, contact Nola Baker on 523 9861.

Neighbourhood Watch Area C80 (bounded by Bamba Rd, Balaclava Rd, Dandenong Rd, Queens Rd and Glen Huntly Rds) will hold its next meetings on July 12 and August 9, 7.30pm in the committee room, City Hall. All welcome. Enquiries 563 5511.

Neighbourhood Watch Area C82 will hold its next meeting on Monday, July 25, 7.30pm at the Church of Christ Hall, Bamba Rd, Caulfield South.

Neighbourhood Watch Area C113/114 (bounded by Hotham St, Glen Huntly Rd, Orrong Rd and Inkerman Rd) meet on the last Tuesday of each month, 7.30pm in the *big room*, first floor behind the front building, Caulfield Grammar School. The next meeting will be held on July 26. Everyone is welcome. For details, phone 527 6927.

Neighbourhood Watch Area C120 will hold its next meeting on Monday, August 8, 7.30pm, in the committee room, Caulfield City Hall. Everyone welcome.

Oaks Toastmasters meet on the first and third Wednesday evening of each month to develop their communication skills. The atmosphere is friendly. Interested men and women welcome. For further information, please phone 853 6180.

Caulfield Branch of the Victorian Gas Association will meet on Tuesday, July 26, 1.30pm in the committee room, City Hall. There will be a speaker

from the State Emergency Service. New members always welcome. Annual subscription \$3. All enquiries to M Murdoch 557 2254.

Caulfield Self Help Group of the Arthritis Foundation Victoria will meet on Monday, July 25, 10.15am at 259 Kooyong Rd, Elsternwick. Visitors welcome. Enquiries 570 4971.

New Ormond Auxiliary for the Alfred Hospital will meet on Monday, June 27, 10.30 in the Uniting Church Hall, cnr North and Booran Rds, Ormond. The Auxiliary meet on the forth Monday of each month. New members welcome. Further details phone Eveline Moir on 578 1721.

Friends of Caulfield General Medical Centre will hold their AGM on Sunday, July 31, 2pm in the reception room, Caulfield City Hall. Guest speaker, Professor C Selby-Smith, Department of Management, Faculty of Business and Economics, Monash University. Topic - "Some economic aspects of health care delivery in Australia".

Nursing Mothers' Association of Australia - Caulfield Group will hold a discussion group on Tuesday, July 26, 8pm at 3 Innellan Rd, Murrumbeena. Topic - surviving the first three months, you and your baby. New mothers welcome. Next coffee morning will be held on Thursday, July 21, 10am at 52 Halstead St, North Caulfield. Enquiries to Rebecca, 571 4921.

View Club - Caulfield Day Group is a small friendly group needing members to enjoy lunch and speaker. Get togethers are held on the first Tuesday of each month. The group also helps the Smith Family. Venue handy for ladies in the Caulfield, Malvern, Armadale and East St Kilda areas. Phone Maggie for further details on 824 7831.

Caulfield Self Help Group of the Arthritis Foundation Victoria will meet on Monday, July 25, 10.15am at 259 Kooyong Rd, Elsternwick. Visitors welcome. Enquiries 570 4971.

SEE PAGE 8 FOR MORE DIARY ENTRIES.

The

COATMAN STOCKTAKE SALE



Australian Made wool blend blazers retail \$125 wholesale price \$67.50



Virgo parkas retail \$59 \$29.95



Australian Made Pure Wool overcoats retail \$250 \$125

Crazy priced oddments wool blazers retail \$125 \$49.95

Italian Cashmere/wool overcoats and cloaks retail \$320 \$199

Thursdays 12noon-8pm, Fridays 10am-2pm
904 Glen Huntly Rd, Caulfield South
528 3395
(Near cnr Bamba Rd, Melways 68C4)

CAULFIELD CONTACT

CAULFIELD CONTACT IS COMPILED FOR THE RESIDENTS OF THE CITY OF CAULFIELD. THE PAPER ENCOURAGES THE COMMUNITY TO SUBMIT ARTICLES, BUT THEIR INCLUSION DEPENDS ON THE SPACE AVAILABLE IN EACH ISSUE.

PLEASE SEND ARTICLES AND PHOTOS TO:

**CAULFIELD CONTACT,
CAULFIELD CITY HALL,
PO BOX 42
CAULFIELD SOUTH 3162**