GLEN GLENERANE Glen Eira City Council The official newspaper of the City of Glen Eira Volume 134 NOVEMBER 2008

Program assists residents with future health decisions

Glen Eira City Council's aged care facility in Bentleigh East has implemented a program to assist residents in making decisions about their future health care.

The Respecting Patient Choices (RPC) program allows residents to make decisions about future treatment and informs family members, their doctor and staff at Warrawee Community of their wishes.

The program was first created in La Crosse, Wisconsin USA in 1991 and was piloted by the Austin Hospital in Heidelberg in 2002.

The program was investigated by staff at Warrawee and initiated as a means of assisting communications between residents, family and care staff concerning complex health care requirements.

Warrawee Community Care Services Manager Anne Neil, who is also a RPC Consultant, told the Glen Eira News around half the residents in high care and seven in low care have already put pen to paper when it comes to their future medical treatment.

"Everyone has different ideas, values and beliefs when it comes to future care," Ms Neil said.

"This program allows residents to inform their families of what's important to them, what treatment they may or may not want and who they would like to make decisions on their behalf if they are not able to."

The process of making a decision about future health care begins very informally at Warrawee. The topic could just come up in conversation between residents and staff or the resident may come across a flyer about the program which is available at the facility.

Information is also given to residents either upon admission or one month after.

Ms Neil said when it comes to discussing the program formally, it can be either the family or resident who makes the initial contact with her or one of the other two staff members who are also trained RPC consultants.

"I then meet with the resident and their family on several occasions to discuss their current health and future



The Respecting Patient Choices program assists residents in making decisions Photo: Bernie Bickerton. about their future health care.

health problems and what the resident would like from future medical care," Ms Neil said.

"I also ask the family to tell me what they know about their relative and if they have had any conversations over the years about what they would like to happen if they were to become seriously ill or not able to make decisions on their own."

The program is set to commence shortly at Council's two other aged care facilities in Murrumbeena — Spurway Community and Rosstown Community.

For further information about the *Respecting Patient Choices* program, contact Anne Neil on 9570 2211.

INSIDE THIS EDITION



Food Safety Week - pages 8 and 9

Give trees a healthy start

Ien Eira City Council is Gasking residents to help more than 1,600 newly planted trees get a healthy start over the summer season.

Council's Manager Park Services Laurie Unwin said residents who have a new tree on the naturestrip outside their properties can help ensure the trees get well established by helping Council with watering.

"Council conducts routine watering of new trees during spring and summer, but we're asking residents to help provide additional watering during these warmer months," Mr Unwin said.

between five and 10 litres of water, twice a week during dry or warm periods.

"This water should be poured directly onto the mulch at the base of the tree."

Mr Unwin said it is also important not to over water the new tree.

"Residents can check whether it requires extra water by feeling the soil layer immediately below the mulch. If the soil is dry, more water is needed," Mr Unwin said.

A good time to water plants is early morning — water applied during the heat of the day is mostly wasted through evaporation.

Residents can also use their 'warm up' shower water, collected in a bucket when they shower, as a source of water for the new tree — a great water saving practice.

Water restrictions are currently in force in Melbourne. For more water saving tips, contact South East Water on 13 18 67.

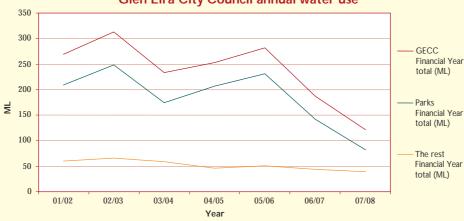
Glen Eira City Council annual water use

Mr Unwin said it can take around two years for a tree to really establish in its new location.

"Once established, the trees root system will be strong enough to support it without additional watering,' Mr Unwin said.

"But to ensure that healthy start, the new street tree requires regular watering during its first year.

"Residents can help by providing



Council has reduced its consumption of mains water from 310 million litres in 2002-03 to 130 million litres in 2007-08 — a reduction of 180 million litres or 60 per cent.

INE VVS	
Annual report available	3
Resurfacing works completed	4
Baby boom in Glen Eira	5
REGULARS	
Youth News	7
Arts News	10-11
Recreation News	13
Business News	15
Library News	16

NEWS Hygiene is Fiona's business

Glen Eira City Council's Environmental Health Officer Fiona Whiteley makes it her business to ensure all food services across the City are of the highest standard.

Fiona told the *Glen Eira News* that her role not only includes inspecting the quality and safety of meals, but ensuring

Vale — Bob Bury (Mayor 2004)

Former Glen Eira Mayor Bob Bury passed away on 6 October.

A former bank manager, Bob brought tremendous integrity and skill to Glen Eira City Council. Elected as a Councillor in 2003 and Mayor in 2004, he conducted himself with integrity at all times, tried to get the best out of others and put the interests of the community above all others.

In a life-long partnership with his wife Marney, Bob was very active in community life, representing Council and recognising and encouraging the contributions by individuals and groups. Bob was a much respected leader throughout the community and an active member of numerous service organisations including Scouts, Rotary and Marriott Support Services.

Council and the Glen Eira community are the richer for his service.

Council elections

Elections for Glen Eira City Council will be held on Saturday 29 November.

For further information, contact the Victorian Electoral Commission (VEC) on 13 18 32 or visit www.vec.vic.gov.au

Glen Eira News

all areas of a food establishment are clean and hygienic — from the dining area, kitchen and toilets to the bins in the backyard.

"I also assess the temperature that food is stored at to make sure it is safe, the hygiene of food handlers and how food handlers actually serve and handle the food," Fiona said.

Fiona said she enjoys working at Council because it provides a range of innovative public health programs that educate the local food industry and the community about improving food safety and nutrition.

"One example of this is the *Five-Star Safe Food Program* that provides food businesses with incentives to produce safe food," Fiona said.

"This *Program* provides financial and promotional incentives for the local food industry to maintain safe food standards.

"This *Program* also enables Environmental Health Officers to adopt an educative approach when assessing food premises to help proprietors achieve good results rather than taking a 'policing approach' to monitoring food safety."

Fiona said part of her role at Council is to also educate food establishments about how to prepare food safely.

"If the food safety issues are not addressed I can enforce food safety standards and take action to stop people getting sick from food poisoning," Fiona said. Fiona said if she finds a serious food safety risk at a food establishment, the Victorian *Food Act* allows her to seize food from sale to protect the health of the public.

"Food establishments that do not comply with the National Food Safety Standards can also face legal fines of up to \$40,000 if they are found guilty of an offence. These fines are quite substantial and reflect the importance of having a supply of safe food," Fiona said.

"Most food businesses want to do the right thing and make the changes that I suggest and they also want to meet the health requirements."

Fiona said it really feels like she is making a difference when she can see food handling and cleanliness levels improve.

"Being able to help both the owner and the wider community at the same time is very rewarding," Fiona said.

Fiona said another rewarding part of her job is associated with implementing other innovative programs that help food establishments to improve the nutritional value of the food they sell.

"Council's *Taste 4 Health* program encourages food establishments to prepare more healthy food for their customers," Fiona said.

"With statistics indicating that one in three meals is purchased outside the home, along with the increase in obesity and diabetes in the community, people need to be provided with a healthy



Fiona Whiteley makes it her business to ensure all food services across the City are of the highest standard. Photo: Shae Henzen.

choice when eating out."

Fiona has not always worked in the field of environmental health. Following the completion of a degree in biotechnology and biology, she spent two years cloning orchards.

"It was here that I found my true passion for environmental health and returned to Swinburne University to obtain my Bachelor of Public and Environmental Health," Fiona said.

Fiona said that one of the main reasons she enjoys her job so thoroughly is because of the team she works with.

"Council's Environmental Health Team is made up of a great bunch of people. It is so enjoyable to be able to come to work and do a job you enjoy, as well as to be surrounded by all of your friends," Fiona said.

COUNCILLORCONTACTS

CAMDEN WARD

Cr Michael Lipshutz Phone/Fax: 9530 0438

Mobile: 0400 832 270 mlipshutz@gleneira.vic.gov.au

Cr Helen Whiteside Phone/Fax: 9530 0494 Mobile: 0438 330 698 hwhiteside@gleneira.vic.gov.au

Cr Jacquie Robilliard Phone/Fax: 9530 0749 Mobile: 0400 689 553 jrobilliard@gleneira.vic.gov.au

GLEN EIRA CITY COUNCIL

Glen Eira Town Hall

ROSSTOWN WARD

Cr Margaret Esakoff

Phone/Fax: 9578 2877 Mobile: 0407 831 893 mesakoff@gleneira.vic.gov.au

Cr Steven Tang

Phone: 9524 3225 Fax: 9524 3358 Mobile: 0400 920 845 mayor@gleneira.vic.gov.au

Cr Robert Spaulding

Phone/Fax: 9579 7068 Mobile: 0419 315 661 rspaulding@gleneira.vic.gov.au

TUCKER WARD

Cr Nick Staikos

Phone/Fax: 9579 7120 Mobile: 0418 558 046 nstaikos@gleneira.vic.gov.au

Cr Kate Ashmor

Phone/Fax: 9596 7691 Mobile: 0400 969 754 kashmor@gleneira.vic.gov.au

Cr Henry Buch

Phone/Fax: 9509 9571 Mobile: 0438 372 249 hbuch@gleneira.vic.gov.au

December edition

Glen Eira City Council would like to inform residents that the December edition of the *Glen Eira News* will be delivered later than usual.

To allow for the results of the Council election to be included, the *Glen Eira News* will hit letterboxes on Saturday 20 December and Sunday 21 December.

Corner Glen Eira and Hawthorn Roads, Caulfield, Victoria

PO Box 42, Caulfield South 3162

DEADLINES

The deadline for next edition (December 2008) of the *Glen Eira News* is Wednesday 5 November for delivery 20–21 December. Coming deadlines

The deadline for the February 2009 edition of the *Glen Eira News* is Wednesday 7 January for delivery 3–4 February.

For advertising and *Community Diary* enquiries contact 9524 3366. To submit editorial material write to: *Glen Eira News*, PO Box 42 Caulfield South 3162 or email: editor@gleneira.vic.gov.au

Facsimile 03 9523 0339 Email mail@gleneira.vic.gov.au Website www.gleneira.vic.gov.au

DISCLAIMER

The information in this publication is of a general nature. The articles contained herein are not intended to provide a complete discussion on each subject and/ or issues canvassed. Glen Eira City Council does not accept any liability for any statements or any opinion, or for any errors or omissions contained herein.

Copyright © Glen Eira City Council 2008

The copyright for all material in this document is the property of Glen Eira City Council (unless otherwise noted). Other than as permitted under the *Copyright Act*, no part of the document may be reproduced, reused, copied, stored or transmitted in any form without prior written permission from Glen Eira City Council. Contact Manager Public Relations and Marketing on 9524 3333.

PAGE 2 NOVEMBER 2008



Presentation of environmental excellence award

Glen Eira City Council presented Bentleigh West Primary School with its Award for Environmental Excellence at a special school assembly recently.

The *Award* has been developed to acknowledge schools which have demonstrated outstanding achievement and initiative in developing and putting in place an environmental project for the benefit of the school or the Glen Eira community.

Bentleigh West Primary School was awarded for its initiative and work in addressing a range of environmental issues. The school community has established drought tolerant gardens and a wetland, reinstated indigenous trees, shrubs and grasses and has also converted a large lawn area into an indigenous dry forest, reducing water usage and attracting native wildlife.

Containers have been placed under drinking taps and gutters to catch any excess water and seven rainwater tanks and dual flush toilets have also been installed.

The school was also awarded for its 'water wise' curriculum, which included participation in *Water — Learn It! Love It!, Waterwatch*, the *Sustainables Challenge* and the *HydroShare Project*.

News in Brief

International Day of People with a Disability

To celebrate *International Day of People with a Disability* on Wednesday 3 December, Glen Eira City Council will be launching its *Disability Action Plan*.

To be held in the Caulfield Cup Room at 10.30am, the launch will be a part of a facilitated forum, which will discuss disability issues in the community. The forum will also give attendees an update on the *MetroAccess Plan*, which has been in place for 12 months.

Morning tea will be provided.

Bookings are required as spaces are limited.

For further information, or to book, contact Council's Service Centre on 9524 3333.

Remembrance Day Services

Remembrance Day memorial services will be held at:

- Oakleigh–Carnegie RSL at the cenotaph at Warrawee Park on 9 November at 11am;
- Bentleigh RSL at the cenotaph at the rear of Bentleigh Safeway on 11 November at 10.30am; and

drivers can have their car assessed by a motor vehicle expert.

Areas to be assessed include:

- seats and seatbelts;
- headlights;
- windscreen wipers;
- tyres; and
- brakes.

No bookings are required.

Books needed

Community Information Glen Eira (CIGE) is collecting good quality books for their first annual book fair.

CIGE volunteers will gratefully accept books from 10am to 3pm weekdays at 1134 Glenhuntly Road, Glen Huntly.

For further information, contact CIGE on 9571 7644.

Melbourne's most liveable suburb

Bentleigh East has been voted Melbourne's most liveable suburb.

A special *Herald Sun* panel chose Bentleigh East from a field of 50 suburbs, which were selected by demographer Bernard Salt.

The suburbs were profiled in the *Herald Sun* and the judging panel then chose the winner from a top 10 list compiled by Mr Salt.



Bentleigh West Primary School students show off their Award forEnvironmental Excellence.Photo: Bernie Bickerton.

2007–08 Annual Report now available

Glen Eira City Council's 2007–08 Annual Report was published in October and is now available.

Each year, Council produces an annual report to provide the community, stakeholders and staff with information about how it has performed against the objectives set out in the Glen Eira *Community Plan*.

Council's Chief Executive Officer Andrew Newton said Council welcomes the opportunity to present open, accurate and transparent information on Council's operational, financial, environmental and social performance.

NFWS

"Community members are encouraged to take an interest in the *2007–08 Annual Report*, as it is a snapshot of Council's achievements and challenges faced over the year," Mr Newton said.

To obtain a copy of Council's *2007–08 Annual Report*, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

Residents urged to recycle more

A recent audit of Glen Eira garbage bins indicated that 26 per cent of the contents could have been recycled.

Glen Eira City Council's Manager Waste Management Doug Griffiths said the most common items found in the average bin which could have been recycled were paper and cardboard

"This made up 18 per cent of the contents of the average bin," Mr Griffiths said.

Mr Griffiths said although 33 per cent of waste is now being diverted from landfill through the recycling and green waste collections, the state average diversion rate is around 41 per cent.

- newspapers, magazines and junk mail;
- envelopes, letters, school, office and copy paper;
- milk, juice and egg cartons;
- cereal and food boxes;
- cardboard packaging;
- telephone books; and
- pizza boxes.

"By making the effort and recycling more, this will assist Council in meeting the State Government's target of 65 per cent diversion by 2014," Mr Griffiths said.

Further information on what can and can't be recycled can be found in Council's *2008–09 Recycling and Green Waste Guide*. Alternatively, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au and click on Environment and waste.

• Caulfield RSL, 4 Georges Road Elsternwick on 11 November at 11am.

Vehicle Safety Check Day

RoadSafe Inner South East, in conjunction with Victoria Police and VicRoads, invites all Glen Eira residents to attend a free Vehicle Safety Check Day on Saturday 6 December.

To be held at Bunnings, 3–23 Nepean Highway, Mentone, from 9am to 1pm, Panellists were *Herald Sun* Editor-in-Chief Bruce Guthrie, Channel Seven newsreader Peter Mitchell, 3AW presenter Neil Mitchell and Committee for Melbourne CEO Sally Capp.

Bentleigh East was chosen for its good transport links, easy access to shopping, education centres, hospitals and recreational facilities and its strong sense of community. "Council is currently below the average, however If all the paper and cardboard was recycled our diversion rate would increase to 45 per cent," Mr Griffiths said.

As part of *National Recycling Week*, which will be held from 10–16 November, Council is encouraging all residents to make the effort and recycle all the following items:

Recycling tip

Keep a separate bin in the kitchen for recyclables. This will make it easier to ensure that all the small items of cardboard and paper don't finish up in landfill.



NEWS Makeover to provide sustainable open space

Bentleigh Reserve and Glen Huntly Park ovals have been upgraded to create more sustainable open space.

Due to current water restrictions and the ongoing drought, both ovals have suffered immeasurably, hence the reason for the upgrade from traditional Ryegrass species to a low maintenance, low water usage and drought tolerant turf.

The ovals have been upgraded by Glen Eira City Council through the Capital Works program.

Council was also successful in obtaining a \$60,000 grant towards the resurfacing of Bentleigh Reserve through the State Government's Community Facility Funding Program — Minors Category.

Council also received a substantial contribution from the Caulfield Grammarians Football club towards the cost of upgrading the oval at Glen Huntly Park.

Council's Co-ordinator Ground Maintenance Peter Todd said both ovals have been resurfaced with Santa Anna Couch sod rather than seed or sprigging (short pieces of grass runners planted in the soil).

"This enabled the open space to be used much quicker as the sods provide an

instant grass coverage," Mr Todd said.

"This instant grass also suppresses weeds that normally grow when the areas are seeded greatly reducing the need for herbicides."

Mr Todd said the Santa Anna Couch is a more environmentally sustainable surface, requiring 30 per cent less water than non-drought tolerant species.

"This grass also provides a harder wearing surface for oval users and requires slightly less mowing than traditional grass surfaces," Mr Todd said.

Automatic irrigation

Mr Todd said prior to the drought, Council has been very proactive in automating the irrigation of sportsgrounds through a rolling program over many years resulting in all grounds having full automatic irrigation.

"This has enabled Council to better manage its sportsgrounds and where possible reduce water consumption," Mr Todd said.

Mr Todd said Council has also installed soil moisture sensors in its sportsgrounds that ensure grounds are only watered as necessary.

"These sensors encourage deeper rooted,

Students awarded for outstanding achievement

Students from 10 secondary Schools have received Glen Eira City Council's Student Achievement Award

The students were presented with a certificate of recognition and a book voucher at school assemblies, which were held across the municipality in September and October.

The Award was developed to recognise and encourage outstanding achievement by students attending secondary schools in Glen Eira.

Principals were invited to select students who had demonstrated outstanding achievement, leadership skills and/or role model behaviour for other students and the community in one or more of the areas of:

- community service;
- academia;
- arts and culture;
- sport and recreation;
- education; and
- environment, science and innovation.

Schools were also invited to nominate a school finalist who was rewarded with an additional book voucher. The finalist was also entered in Council's Young Citizen of the Year Awards, which will be announced at Council's annual Australia Day Breakfast in January 2009.



Council was successful in obtaining a \$60,000 grant towards the resurfacing of Bentleigh Reserve through the State Government's Community Facility Funding Program — Minors Category. Photo: Bernie Bickerton.

healthier plants that will over time require less watering," Mr Todd said.

"The sensors will also turn off the irrigation system if rain falls and watering won't recommence until necessary."

The new drought tolerant oval surfaces combined with Council's automated irrigation system will ensure the open space areas at Bentleigh Reserve and Glen Huntly Park provide a sustainable future for the Glen Eira community.

Dispose of dog litter responsibly

len Eira City Council is Gurging all dog owners not only to clean up after their four-legged friends, but to dispose of their litter responsibly.

Council's Manager Civic Compliance John Bordignon said it is one of the duties of being a responsible pet owner to dispose of dog litter the correct way — by placing it in the bin.

"A major problem associated with dog litter is the contamination of waterways, especially following heavy periods of rain," Mr Bordignon said.

"When it rains, any rubbish or waste left on roads, naturestrips or gutters is washed into the stormwater drainage system."

"Whether on the ground or in a bag that has not been correctly disposed of, the deadly combination of plastic bag and dog litter will end up in the same place as the other rubbish — our waterways and Port Phillip Bay."



Council is urging dog owners to dispose of dog litter responsibly. Photo: Bernie Bickerton.



Glen Eira College students Nicholas Ferguson, Jordon Purchase, Adrian Bishop, Anna Nguyen and Lawrence Hinrichs received Council's Student Achievement Award. Photo: Glen Eira College.

Why protect our water?

People value and use water and water environments in different ways, from drinking, swimming and fishing, to irrigating and producing food. Reducing pollution in our waterways also protects native flora and fauna.

All these uses depend on safe, clean water and we need to protect our water to

protect ourselves, our way of living and the future.

Bacteria in dog litter

Mr Bordignon said the bacteria contained in dog litter is a major source of E.coli and algae contamination in beaches and waterways.

"Dog litter is also harmful to people. Roundworm, which can be found in dog litter, can be passed on to people, with children and people with compromised immune systems at most risk of infection," Mr Bordignon said.





NEWS

Glen Eira experiences baby boom

Glen Eira is experiencing a baby boom.

During the last financial year, 1,864 babies were born — an increase of 122 from the previous year.

The number of first time mothers also increased from 825 in 2006–07 to 853 in 2007–08.

Contributing to the increase is Bentleigh resident Liz, who gave birth to triplets in May this year.

The two boys, Kyan and Finlay, and one girl, Ashlan, are nearly six-months-old and are the first for Liz and her husband Shannon.

When contacted by the *Glen Eira News*, Liz said she was shocked when she first

found out that she was not only having one baby, but three.

"When I had my ultrasound and was told there were two heartbeats, I was like 'please tell me that's it', but then a third one was found," Liz said.

"It took me a minute to absorb what I had just found out, but after that I was very excited."

Liz said having a routine and being organised is the key to her adjusting to motherhood so well.

"Having never had a child before, I didn't know any different so you do what you have to do," Liz said.

"I love motherhood. I think having three really good babies has helped me to



Kyan, Ashlan and Finlay were born in May this year.

Photo: Bernie Bickerton.

Don't let your cat down this spring

With spring now upon us, Glen Eira cat owners are urged to help reduce the stray cat population by registering their cat and making sure it has an identification tag on at all times

Glen Eira City Council Manager Civic Compliance John Bordignon said it's a State Government requirement for all cats and dogs over the age of three months to be microchipped and registered with Council and for registration tags to be worn. and return impounded cats to their owners," Mr Bordignon said.

"It's not a replacement for registration, but can certainly save pet owners a lot of heartache if their pets are lost and not wearing their registration tags."

Microchipping is available throughout the year at a reduced rate of \$25 - a saving of \$30.

To receive the discounted microchipping rates, pet owners can take their pet to the RSPCA Veterinary Clinic, 3 Burwood Highway, Burwood East on any Wednesday between 9.30am and 6.30pm. No bookings are required and the discount will be offered on presentation of a current registration notice or letter from Council.



Glen Eira City Council Maternal and Child Health Nurse, Evonne March, weighs Ashlan, while parents Shannon and Liz and brothers Finlay and Kyan look on.

adjust and cope as well as I have. They are a blessing."

Liz said she co-ordinates her day with her husband.

"If something can wait until he gets home from work, or until the weekend, I will wait until then," Liz said.

"My mother and mother-in-law also help out if I need them."

Resources for first time mothers

Glen Eira City Council's Maternal and Child Health Service offers a range of resources for first time

Street festival reminder

November is street festival month so come and support your local community and enjoy the entertainment, displays, stalls, rides and activities from local traders, schools and organisations.



mothers, including:

- first time mother's group;
- Glen Eira Mother's Support (GEMS) group; and
- monthly parenting sessions, which are held in conjunction with Caulfield Community Health Centre.

A range of talks are also conducted by Council's Maternal and Child Health nurses on settling, solids and how to enjoy the first few month with your baby.

For further information, contact Council's Maternal and Child Health Service on 9524 3333.

The *Carnegie Festival*, which will be held on Saturday 22 November in Koornang Road from 10.30am to 3.30pm, will feature the Carnegie fair and sidewalk sale. Santa will arrive at 10.45am in his mini train and there will also be artwork from local schools and community groups' goodies on sale for the festive season.

The *Bentleigh Festival* will include show bands, entertainers, food and special offers from traders and community groups. The *Festival*, which will be held on Sunday 16 November in Centre Road from 10am to 4pm, also includes the inaugural running of the Bentleigh Fesitval Fun Run.

0 0

"However, many cat owners consider collar identification markers to be a nuisance," Mr Bordignon said.

"We want to make sure all cats can be identified in some way so we can find their owners rather than have a cat re-housed or euthanased."

Mr Bordignon said microchipping can also be used to make pets permanently identifiable.

"Permanent identification through microchipping makes it easier to identify For further information, contact the RSPCA on 9224 2222.



Scenes from the 2007 Bentleigh Festival.

To register or for further information go to www.xosize.com.au

For further information about the *Bentleigh Festival*, contact the Bentleigh Traders Association on 9557 9822.

For further information about the *Carnegie Festival*, contact Patti Perkins on 0407 095 856.





NEWS Clear house numbers can save lives

Glen Eira residents and property owners are reminded to make sure their property number is clearly visible from the street so that unnecessary delays for emergency services do not occur.

Glen Eira City Council Director

Supported playgroups commence

wo supported playgroups have commenced in Glen Eira.

Thanks to a three year, \$100,000 Pratt Foundation grant, which was awarded to Bentleigh Bayside Community Health Service, Yumi Supported Playgroups are now up and running during the school term, with places now available for mothers with children up to six years.

Bentleigh Bayside Community Health Service Project Officer and Playgroup Facilitator Sue van Wyk said Yumi (which means beautiful) Supported Playgroups are open to women who are experiencing emotional difficulties since the birth of their baby.

"The mothers who currently attend the playgroups also attended the Glen Eira Mother's Support (GEMS) group, which was formed by Glen Eira City Council earlier this year," Ms van Wyk said.

"However, you don't need to participate in the GEMS group to attend. Any woman who is experiencing anxiety or depression is more than welcome."

Ms van Wyk said the supported playgroups allow the mothers to be themselves.

"The playgroups provide mothers with the space to be heard and supported in a relaxed environment," Ms van Wyk said.

It is hoped by attending the supported playgroups, the mothers will begin to feel more engaged, confident and feel more in control. City Development Jeff Akehurst said unclear, poorly-lit or missing property numbers could affect the response time of police, fire brigade, ambulance or State Emergency Services to emergency situations.

"Clear and effective property numbering is both a legal and safety requirement and can save lives; that five or 10 minutes spent trying to locate a property can mean the difference between life and death," Mr Akehurst said.

"Council's Local Law requires residents to maintain and display the number of their property so that it can be seen from the road or the footpath.

"This was included in the Local Law to assist people, and, more importantly, emergency services officers, in identifying properties, especially at night."

Mr Akehurst said having property numbers prominently displayed also helps Council to identify properties requiring footpath or concrete works.

"In some cases, Council officers have been called to do either footpath or concrete inspection at a commercial property only to find that there are five or six shops in a row without visible property numbers," Mr Akehurst said.

"Clear and visible property numbers enable Council to identify exactly which residential and commercial properties need to be scheduled for works."

Residents or property owners who fail to have their property numbers clearly and prominently displayed risk receiving a fine of up to \$200.



Property numbers should be clearly visible at all times. Photo: Bernie Bickerton.

Disability awareness in schools

Eight primary schools from across the municipality participated in the Glen Eira City Council Disability Awareness in Schools Program during August and September.

During the course of the *Program*, more than 400 primary school students had the opportunity to hear from three local presenters — all of whom have varying disabilities.

The presentations not only focused on raising awareness of disability in the community, but the presenters also offered a personal view.

They talked about their own disabilities and difficulties they have faced, as well as their achievements and future goals.

Kathryn, one of the presenters, thoroughly enjoyed the experience of being able to meet and talk with the students. "My key message for the students was to let them know that even though I have a disability, I'm still a healthy human being," Kathryn said.

The *Program* was first held in 2007, where more than 200 students from Wesley College, Elsternwick, McKinnon Primary School and Sholem Aleichem College, Elsternwick participated.

Council's Manager Public Health and Community Development Mark Saunders said the *Program* was well received by the students.

"The *Program* helped the students in gaining an understanding of the challenges faced by people with a disability," Mr Saunders said.

For further information about the *Disability Awareness in Schools Program*, contact Council's Service Centre on 9524 3333.



YOUTH BANDS WANTED

Glen Eira Youth Services Youth Consultative Group is hosting a *Battle of the Bands* on the 12 December at the Bentleigh–McKinnon Youth Centre.

The event is free for all young people aged 12 to 25.

We are calling for all youth bands in and around the local area to battle it out for glory and prizes. To register your band, contact Natalie at Youth Services on 9579 7963.

Come along and support our local musical talent. Watch this space for more info.

GLEN EIRA CITY COUNCIL

Cut this out now! Place under a Fridge Magnet ≫

STEEL FRAME WINDOWS (KM)

Old winders repaired and serviced

 Windows unstuck
 Locks

 New winders supplied and fitted
 Old stays converted to winders

 20 years' experience
 On site service only

 Acorn Winder

 Replacements
 www.windowwinders.com.au
 0418 312 615
 Telephone: 9882 5966

Weekly sessions are held on Wednesdays from 10am to 12pm at Caulfield Maternal and Child Health Centre and Thursdays from 1pm to 3pm at Moongala Women's Community House, Bentleigh East.

To register for Yumi Supported Playgroups, contact Bentleigh Bayside Community Health Service on 9575 5322 or email s.vanwyk@bbchs.org.au

PAGE 6 NOVEMBER 2008

Kathryn spoke to students from St Kevin's Primary School in Ormond. Photo: Les O'Rourke.



Inclusive lawn bowls opportunities

When it comes to providing opportunities for people with disabilities to participate in lawn bowls, the City of Glen Eira has plenty of accessible clubs and opportunities to participate.

Lawn bowls provides people of all-abilities with a fantastic opportunity to become a part of a sporting community. Local clubs provide a friendly and supportive community, where participants are able to make new friends and become a valued member of the club.

Participating Glen Eira clubs are very supportive and have wonderful volunteers willing to assist all people to be involved in the sport.

Ray Barnett from Coatesville Bowling Club said the club caters for all people to be an active participant of our club.

"We try to help provide enjoyment while helping with their quality of life and all this is done through mixing in a social and positive community environment," Mr Barnett said. Coatesville Bowling Clubs' *No Bias* lawn bowls program has been running for four years. Held every Friday from 1pm to 2.30pm, cost is \$5 or \$11 for a social event. The program will be held on the following dates:

- 7, 14 and 21 November;
- 5 and 21 December;
- 6, 13 and 20 February;
- 1 and 13 March; and
- 3 April.

For further information, contact Ray Barnett on 0437 246 015.

Glen Eira–McKinnon Lawn Bowls Club also provides inclusive opportunities for all people with a disability and the community to learn-to-bowl on Sundays from 10am to 12pm. Cost is \$5. Fay Landau and her team of volunteers welcome all people interested in learning how to bowl to come down on the following dates:

- 23 November;
- 4 and 25 January;
- 22 February;
- 8 and 15 March; and
- 12 April 12.



Lawn bowls provides people of all-abilities with a fantastic opportunity to become apart of a sporting community.

For further information, contact Fay on 9505 3707.

Armadale Lawn Bowls Club is also another great club supporting people to play competitive and social lawn bowls. For further information, contact Nathan Buchner on 9528 4620. For further information on other disability recreation opportunities, contact Access Unlimited Recreation Access Officer Paul Holtschke on 8290 1185.

NEWS

YOUTHNEWS Mobile phones: the costs

t's the age of technology and young people are definitely tech-savvy. However, this doesn't always mean today's youth are aware of the costs.

Here are a few tips to keep young people in touch with their mates without costing a fortune:

- Understand the hidden fees and charges associated with your mobile. Consumer affairs can help you understand your contract.
- 2. Research mobile phone contacts. The best phone doesn't always come with

the best deal.

- 3. If possible, go pre-paid. That way you can't spend money that you don't have.
- 4. Be smart and budget some of your part-time wage or allowance towards your phone bill. This means that come bill time you won't be caught short.
- 5. Keep phone conversations short. If it's something quick you need to say, SMS is probably cheaper.
- 6. If you end up having a SMS conversation, it's cheaper to pick up

the phone and call.

- 7. If you are at home, use the landline.
- 8. A lot of mobile contracts come with talk time or free calls. Be aware of these freebies and make the most of them.
- 9. Even though ringtones are fun, they often come with hefty charges. Read the small print or seek advice

Glen Eira Youth Services update

Youth Consultative Group

The current Glen Eira Youth Consultative Group (YCG) has been together now for three months. In that short space of time they have completed event management training and eagerly started the planning stages for youth events. The YCG is a vital program for Glen Eira Youth Services as it acts as a voice for their peers, whilst affording its members the opportunity to develop into leaders of the future. before downloading the latest hit as your new ringtone or wallpaper. If it's advertised on the television it's guaranteed to cost you!

These are only a few tips to help you save a few dollars when it comes to your mobile phone. For further information, or to share your own tips, contact Glen Eira Youth Services on 9579 7963.

don't hesitate to ask us any questions.

Youth worker support

Glen Eira Youth Services continues to remain active in understanding and meeting the needs of the community. Our friendly youth workers are available to provide information, support and referral services on a variety of youth related topics.



If you end up having a SMS conversation, it's cheaper to pick up the phone and call.

School visits

Glen Eira Youth Services regularly visits local primary and secondary schools to discuss a variety of youth related issues, introduce students to its services and run workshops. Keep an eye out for Youth Services staff at your school and please Whether you are seeking information for yourself, a friend or a young person, please do not hesitate to contact us.

For further information on any of Glen Eira Youth Services programs, information sessions and workshops, contact 9579 7963 or email youthservices@gleneira.vic.gov.au

NOVEMBER 2008 PAGE 7

GLENEIRANEWS



Food Safety Week

Good results for survey

Ien Eira City Council's Jood safety service was recently assessed by all registered food establishments across the municipality.

The survey assesses a number of areas of Council's food safety service through a series of multiple choice questions, including the Safe Food Program; Foodline newsletter; the Safe Food Guide and Environmental Health Officer knowledge and efficiency.

Council's Manager Public Health and Community Development Mark Saunders said the responses from the surveys provide valuable feedback.

"The responses help Council to identify areas within the food safety service that are performing well and other areas where there may be need for review and improvement," Mr Saunders said.

Survey results

- 90 per cent of responses received from businesses rate the food safety service provided by Council to be good or excellent.
- 99 per cent of businesses indicated that the *Foodline* newsletter

should continue.

- 95 per cent of businesses felt that the Safe Food Guide's content is satisfactory.
- 94 per cent of businesses believe the Safe Food Guide should continue.

The survey also provides an opportunity for food businesses to offer comments about Council's food safety service and express ideas about how to develop and improve the service.

Comments received from the 2008 responses include:

- Excellent guidance with food safety issues.
- They are very good, helpful and thorough in helping us maintain standards.
- I think that Council's Food Safety Program is a good one.
- We are satisfied with the service and support provided by the Council. Thank you.

Council has collated all of the responses and comments from the 2008 survey and will use them when planning the service for 2009.

This process ensures Council delivers the best possible service to its food businesses.

Spreading the good word about nutrition

A recent survey of Glen Eira City Council's two nutrition programs has shown that participating businesses are extremely satisfied.

Taste 4 Health and Taste 4 Health Kids are award-winning nutrition programs promoting local food businesses that offer healthy food choices and take responsibility for the health of their customers.

Both programs are based on the Australian Dietary Guidelines and encourage businesses to implement healthy initiatives which reduce fat, salt, refined sugar and increase fibre.

Proprietors of participating businesses said their knowledge of nutrition had increased and their ability to meet customers demand for healthy food choices had improved, according to Council's Manager Public Health and Community Development Mark Saunders.

"Proprietors also said they gained personal satisfaction from knowing they were playing a vital role in encouraging the community to make healthy food choices," Mr Saunders said.

"Non-participating businesses were also surveyed with 50 per cent saying they wanted to participate in programs this year."

Mr Saunders said participating in the programs does not mean that the food

Food safety tips

hether you're a kitchen hand, food technician, shop assistant, waiter or preparing a meal yourself at home the following tips will help you to handle food safely.



Taste 4 Health and Taste 4 Health Kids programs promote local food businesses that offer healthy food choices. Photo: Bernie Bickerton.

businesses need to remove certain foods from their menu.

"It is simply about providing customers with the choice of a healthy alternative, such as offering wholemeal bread as well as white or changing the type of the oil that the business uses," Mr Saunders said.

For further information about the *Taste 4 Health* and *Taste 4 Health Kids* programs, contact Council's Service Centre on 9524 3333.



Ninety per cent of responses received from businesses rate the food safety service provided by Council to be good or excellent. Photo: Bernie Bickerton.

Clean

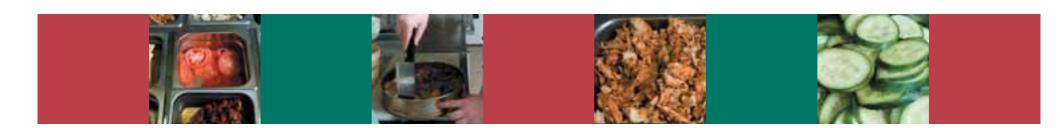
- Always wash hands with warm soapy water before and after handling food.
- Use dry, clean, sanitised cutting boards, utensils, containers and equipment and wash with hot soapy water between handling raw and cooked food.
- Clean and rinse cloths after each use. Replace cloths frequently.

Cook

- Use a thermometer to ensure food is cooked thoroughly the centre of the cooked food needs to reach 75°C.
- Cook rolled or stuffed meats, mince, sausages and whole poultry until the juices run clear.
- Keep hot food at 60°C or hotter.



PAGE 8 NOVEMBER 2008



0–15 November

Australians have always been swift to include new foods and cooking techniques from wide variety of regions and cultures into their lifestyle. Foods which were virtually unheard of in Australian kitchens just a decade ago are now considered mainstream and are often cooked at home.

Food Adventures: new foods, new techniques is the theme for this year's Food Safety Week. Co-ordinated by the Food Safety Information Council, Food Safety Week will be held from 10–16 November.

Promoting food safety in Glen Eira

Under the provisions of the Victorian *Food Act*, Glen Eira City Council has a number of legislative responsibilities. These include:

- registering all local food establishments on an annual basis;
- inspecting all food establishments at least once each year and assessing businesses operations against National Food Safety Standards; and
- monitoring the safety of food sold within the municipality by taking food samples from food establishments and performing tests to determine the presence of bacteria that can cause food poisoning.

Council's Manager Public Health and Community Development Mark Saunders said during 2007–08 Council conducted a total of 1,590 food safety inspections of the 800 food businesses within the municipality and collected 380 food samples.

"Results indicated that more than 80 per cent of food samples taken from local food businesses complied with National Food Safety Standards," Mr Saunders said. Council developed the *Five-Star Safe Food Program* in the mid-1990s and the *Program* has been an integral part of how Council's Public Health Unit promotes and enforces food safety throughout Glen Eira.

This *Program* uses an innovative approach to enforcing the statutory provisions of the *Victorian Food Act*, by providing incentives for local food businesses that meet the food safety criteria listed below.

To achieve a five-star safe food rating, a food establishment must achieve a food hygiene score of 90 per cent or above. The establishment must also:

- operate in accordance with a food safety program established for the business;
- have a Food Safety Supervisor trained in the required food safety competency standards who has the ability to oversee the business operations;
- pass a food hygiene questionnaire;
- pass all food sampling results and have no food seizures within a 12 month period;

- have no complaints within the previous 12 months;
- have no serious food risks identified during the food safety assessment; and
- have no unaddressed items from the previous year's food safety assessment.

Establishments who successfully achieve a five-star rating receive a five-star food safety certificate to display; a reduction in registration fees; and free advertising in Council's *Safe Food Guide*.

The food establishment which achieves the highest safe food rating goes on to be named *Shop of the Year* — announced at Council's annual *Food Business Awards* in April.

Council officers regularly inspect poorer performing premises to ensure that they are reaching National Food Safety Standards and not posing a public health risk.

If a business fails to comply with National Food Safety Standards Council can issue the owner of the premises with a written direction. If the owner of the business fails to comply with a Council direction, Council may instigate legal proceedings in a Magistrate's Court. Over the past two years Council has



Council collected 380 food samples during 2007–08.

Photo: Bernie Bickerton.

successfully prosecuted eight businesses for not complying with National Food Safety Standards.

For further information on Council's *Five-Star Safe Food Program*, contact Council's Service Centre on 9524 3333.

Safe food program DVD

Glen Eira City Council has produced a food safety DVD. The DVD features Council's *Five-Star Safe Food Program, Safe Food Guide* and also the nutrition and accessibility programs.

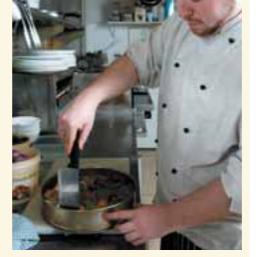
Chill

- Cold food must be kept at 5°C or colder.
- Frozen food must be kept frozen solid at -15°C or colder.
 Thaw food in the fridge. Food that is thawing should be stored below and separate from cooked and ready-to-eat foods. This means that raw food cannot drip onto the cooked food.
- Divide large portions of food into small batches before thawing. Large portions take longer to thaw.

Separate

- Keep raw food separate from cooked and ready-to-eat food to avoid cross contamination.
- Use separate cutting boards, utensils, containers and equipment when preparing raw, cooked and ready-to-eat food.

Photo: Bernie Bickerton.



To view this DVD or the Safe Food Guide online, visit www.gleneira.vic.gov.au Click on Health and then Food safety and click on the Five-Star Safe Food Program DVD link.





ARTSNEWS



CAROLS by CANDLELIGHT

Sunday 21 December FREE EVENT 6pm–10pm

Caulfield Racecourse Terrace Whittier Stand

Gin Eira residents are invited to join in song with some of Australia's most talented performers at Glen Eira City Council's Carols by Candlelight.

Experience all the joy of the festive season and singalong to some of your favourite carols with Australian music icon and host for the evening Wilbur Wilde.

There will be performances by Deborah Conway and Willy Zygier as well as soulful a cappella group *Suade*.

Young Voices of Melbourne, who have toured Australia, Europe, North America, Asia and South Africa, will also join in the celebrations.

The choir performs regularly in and around Melbourne and is often heard on radio and television. *Young Voices of Melbourne* has collaborated with many fine choirs around the world and performed at major events such as the opening of the *2006 Commonwealth Games* in Melbourne.

Local favourites *Carnegie Primary School Guitar Ensemble, Caulfield Junior College Choir, Glen Eira City Band* and *Glen Eira City Choir* will add some festive cheer to the evening.

Santa will also take time off from his busy workshop

HOW TO GET THERE

BY CAR

Free car parking is available via Gate Two, Kambrook Road Car Park (Mel Ref:68 E3).

BY TRAM

Tram route three East Malvern/Melbourne University. Stop 56 and enter via Gate 23, Station Street, Caulfield.

2008 CAROLS BY CANDLELIGHT PROGRAM

- Wilbur Wilde and Lisa Edwards' Christmas friends;
- Deborah Conway and Willy Zygier;
- Suade,
- Young Voices of Melbourne,
- Glen Eira City Choir;
- Glen Eira City Band;
- Carnegie Primary School Guitar Ensemble, and









at the North Pole to make a guest appearance.

Bring your rugs, pack a picnic and enjoy this magical event with family and friends.

Undercover seating is available in the Terrace Whittier Stand.

0 1

• Caulfield Junior College Choir.

For further information, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

Carols by Candlelight is sponsored by Yarra Trams.





ARTSNEWS **Beat goes on in Springtime Music Series**

Spring celebrations continue this month with an exciting series of free, small unplugged concerts.

The 2008 Springtime Music Series offers an exciting and diverse range of music including jazz, blues, flamenco, pop and gospel.

All concerts will be held from 2pm to 4pm.



Los Chanelas.

Party in the Park 2009

N ot-for-profit organisations and local businesses are invited to participate at Glen Eira City Council's Party in the Park program in 2009.

A fee to cover costs applies to businesses. Not-for-profit and local businesses should apply using the appropriate application form at www.gleneira.vic.gov.au

Glen Eira based craft artists who may be interested in having a table in a small market-like environment at *Party in the Park* at Allnutt Park are encouraged to contact Council's Arts Department on 9524 3333.

If you make traditional or contemporary craft art with your own hands then we are interested in hearing from you.

It is free to participate, but places are limited and subject to approval.

Council is also looking for schools or community groups which may like to perform at *Party in the Park* on 1 March and 29 March.

Los Chanelas

Sunday 2 November Allnutt Park - Wheatley Road, Bentleigh (Mel Ref: 68 C11)

Los Chanelas is a three piece band founded in Buenos Aires by band leader Miguel Ovejero. Specialising in rumba and traditional flamenco, the passion and authenticity of their style is unparalleled and unique to Melbourne.

TLC

Sunday 9 November Halley Park — Corner Jasper Road and Mortimore Street, Bentleigh (Mel Ref: 77 E3)

Combining two guitarists and singers with strong harmonies, *TLC* will perform a repertoire of songs ranging from retro, swing, blues and modern, catering to a wide audience.



Dan Cassey



Dan Cassey.

Sunday 16 November Springthorpe Gardens — Corner Neerim Road and Tuckett Street, Murrumbeena (Mel Ref: 69 B5)

A young singer and guitarist from Elsternwick, Dan Cassey will perform music from Jeff Buckley to Edith Piaf and Judy Garland.

Angels of Harlem

Sunday 23 November Joyce Park — Jasper Road, Ormond (Mel Ref: 68 F9)

Angels of Harlem is a fresh approach to the genre of gospel. Talented male and female vocalists perform modernised gospel songs as heard in the Sister Act movies.

For further information about the *2008* Springtime Music Series, contact Council's Service Centre on 9524 3333.



Angels of Harlem.

EXHIBITIONS

Glen Eira City Council Gallery Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield. Phone: 9524 3333 Opening hours: Monday–Friday 10am–5pm, Saturday, Sunday and public holidays 1pm–5pm Free admission

WE GOT BOTH KINDS HERE - PHOTOGRAPHIC IMAGING **COLLEGE 2008 GRADUATE EXHIBITION**

Viewing from 10am on Wednesday 6 November until 5pm on Sunday 16 November

Glen Eira City Council's Gallery will again host the Photographic Imaging College Graduate Exhibition.

Titled We Got Both Kinds Here, a showcase of artworks by 100 students will be on display, including graduating students of the Diploma of Arts in

The exhibition will feature a broad range of work, from traditional black and white silver gelatine processes and type C colour prints through to digitally generated prints, new media, and installation. A distinctive quality of the exhibition will be the synthesising of traditional and innovative approaches to photography.

As in previous years, the themes, styles and concepts are wide ranging, reflecting the individual development of students in response to the world around them.

The diverse interests and range of



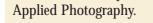
For further information on the 2009 Party in the Park program, contact the Arts and Cultural Events Co-ordinator on 9524 3333.

Diary dates

Party in the Park at Allnutt Park — Sunday 1 March 2009.

Party in the Park — Let's Swing at Princes Park — Sunday 15 March 2009.

Party in the Park at Packer Park — Sunday 29 March 2009.





Felicity Allnutt — Bloodlines, silver gelatine print, 10x17cm.

approaches to the photographic medium promises a dynamic and intriguing exhibition.

HIGHLIGHTS FROM GLEN EIRA CITY COUNCIL'S ART COLLECTION

Viewing from 10am on Thursday 20 November to 5pm on Sunday 30 November

Highlights from Glen Eira City Council's Art Collection presents a vibrant

Arthur Merric Bloomfield Boyd -Farm, Murrumbeena Road 1935, oil on canvas, 62cm x 52cm.

Collection: Glen Eira City Council.

collection of artworks drawn from the permanent collection of Glen Eira City Council.

The exhibition will feature the works of Fred Williams, Arthur Boyd, Leonard French, Roger Kemp and other notable artists.





COMMUNITYDIARY

COMMUNITY

Baker IDI Heart and Diabetes Institute is seeking participants for a study which will examine whether naturally occurring compounds found in cocoa can improve blood pressure, vascular health and diabetes control. Eligible participants must have stable treated high blood pressure (with or without diabetes) and be willing to consume a cocoa beverage twice daily for six months. Contact: 9258 5056.

The Rotary Club of Moorleigh

Moorabbin is selling the *My Health Organiser* for \$30, with \$8 going towards the Rotary Foundation Polio Eradication Foundation. The *Organiser* enables people to take control of their medical health records to ensure their health and wellbeing across all the specialists they attend.

MEETINGS AND CLUBS

Club 66 holds Old Time, Modern and New Vogue dances with a live band on the third Saturday of each month from 8pm at the Bentleigh Uniting Church Hall, 495 Centre Road, Bentleigh. Cost of \$7 includes a light supper. Contact Margaret: 9587 1092.

Glen Eira Adult Learning Centre will be offering computer and English classes as well as classes in computer enhancement of digital photos from 10 October at 419 North Road, Ormond. Contact: 9578 8996.

Caulfield Over 50s Dance Group meets every Monday (except public holidays) at the Glen Eira Town Hall Auditorium. New Vogue and Old Time dancing from 12.30pm to 3.30pm. Come and join us for a fun, social afternoon and a chat over a cup of tea or coffee.

Contact Audrey: 9822 2064.

McKinnon Needlepointers run a *Nu-Wave* program to teach the art of needle pointing, from beginners through to the experienced. The group meets every second Thursday from 1pm at the McKinnon Public Hall, 118 McKinnon Road, McKinnon. Contact Merrill: 9578 1117.

Glen Eira Cheltenham Art Group holds

art classes in all media from Monday to Friday with a special children's class on Saturday mornings. A life drawing class is also held once a month at Moorleigh Village, 92 Bignell Road, East Bentleigh. Contact: 9563 7621 or 0433 793 726.

The Bentleigh Life Activities Club offers opportunities for seniors to meet new friends and enjoy social activities, including table tennis, golf, card games and music. New members welcome. Contact Gotu: 9557 2562 or Pat: 9555 6008.

The Moorabbin Historical Society opens Box Cottage, Joyce Park, Jasper Road, McKinnon on the last Sunday of each month from 2pm to 4.30pm. Admission by donation. Contact: 9578 9131.

Ormond Angling Club meets on the first and third Wednesday of the month from 8pm at 462 North Road, Ormond. Junior memberships available. Contact Walter: 0400 508 330.

Bridge @ 99 (an activity of the B'nai B'rith Shalom Unit) is looking for bridge players to play on Thursday nights. Arrive 7.15pm for a 7.30pm start at 99 Hotham Street, St Kilda. Cost of \$10 includes light supper. Contact Sol: 9578 1826 (not on Saturdays).

Murrumbeena Bowls Club at 10 Blackwood Street, Carnegie, is seeking to share the sport of bowls with the community. Come and enjoy the fun. Contact Michael: 9569 4969.

Connections will be holding a *New Beginnings* group for women who have experienced being put down or abused in relationships either as children or adults. This group will run until 5 December from 1pm to 3pm at Connections Family Resource Centre, 274 High Street, Windsor.

Connections will be holding a *Kids Rock* program for primary aged children who have witnessed or experienced family violence and the women who care for them. This group will run until 25 November from 4pm to 5.30pm at Connections, 274 High Street, Prahran.

IMMUNISATIONSESSIONS

McKinnon Public Hall 118 McKinnon Road, McKinnon Monday 10 November and Monday 1 December — 10am–11am

Glen Eira Town Hall Auditorium

Packer Park Leila Road, Carnegie Monday 17 November and Monday 15 December — 10am–11am

Bentleigh East

Brighton Philatelic Society meets each month on the first Saturday at 1pm, the second and fourth Tuesday at 8pm and the third Tuesday at 10.30am at 80 Gardenvale Road, Gardenvale. Activities include stamp displays and stamp trading. New members welcome. Contact Brad: 0403 009 583.

The 4th Caulfield Scout Group holds scouts on Tuesday nights from 7pm to 9pm and cubs on Wednesday nights from 7pm to 8.30pm during the school term at the Birch St Scout Hall, Caulfield South. Contact Steve or Jo: 9505 6995.

St Peter's Cancer Support Group will meet on 6 November at 10.30am at St Peter's Parish, 844 Centre Road, Bentleigh East. Contact: 9579 4255.

EVENTS

Bentleigh East Combined Probus Club meets on the second Tuesday of the month at the Bentleigh Club, Yawla Street Bentleigh at 9.30am. Meetings include a guest speaker and morning tea. Contact: Ian 9551 5223 or Doug: 9570 2088.

Rippon Lea Estate is hosting *Storytime for Preschoolers* at 192 Hotham Street, Elsternwick. Come and enjoy stories, songs, games and art activities on 6, 13, 20 and 27 November and 4 and 11 December from 10.30am to 11.30am. Cost is \$7 adults, \$5 concession and \$3 for children, with those aged under five and National Trust members admitted free. Contact: 9523 6095.

Bentleigh Senior Citizens 2009 great autumn adventure tour to Tasmania will be held from 3–10 March. The tour of seven nights and eight days costs \$1,595 and includes travel on the Spirit of Tasmania (one-way) and flight costs (one-way). This luxury tour includes a trip to Port Arthur with a cruise around the Isle of the Dead, a day cruise up the Gordon River with a buffet lunch, a tour of the Cadbury Factory, Swiss Village and Salamanca Market and a bus trip around Cradle Mountain. Bookings are open until the end of the year. Contact Cheryl: 9557 5739.

DJK WINDOW REPAIRS

BROKEN CORDS OR BALANCES IN DOUBLE HUNG WINDOWS

Bottom sash (2 cords)

Hughesdale Art Group is holding its annual art exhibition and sale. The exhibition opens on 4 November, corner Poath and Kangaroo Roads, Hughesdale at 7.30pm and can be viewed Wednesday to Friday from 10am to 9pm and Saturday from 10am to 3pm.

Adelphi Theatre will stage the family pantomime Little Red Riding Hood at the Grand National Trust Mansion Labassa, 2 Manor Grove, Caulfield North on 6 and 7 December at 2pm and 13 and 14 December at 2pm and 4.15pm. Cost is \$8 adults and \$6 children (includes refreshments). Bookings essential. Contact: 9690 1593.

Kiwanis Internet Club of Bayside will be holding an Australian film premiere fundraiser on 26 November at 11am at the Palace Cinema Dendy Brighton, 26 Church Street, Brighton. Contact Beni: 9569 4815 or 0414 496 023.

St Joseph's Primary School will be holding its 75th anniversary mega fete on 16 November at the school, 28 Sandham Street, Elsternwick. Fun for all ages including Devonshire tea, food, book and plant stalls, animal farm and heaps of rides.

B'nai B'rith will be holding its annual gigantic garage sale on 9 November from 8am to 4pm in the hall on the corner of Birch Street and Hawthorn Road, Caulfield South. Admission is free and all proceeds go to charity.

Koornang Uniting Church will be holding a blessing of the Murrumbeena community garden at the 10am service on 23 November. The garden was established as an outreach project on its land at 117 Murrumbeena Road. The inaugural monthly Murrumbeena Craft and Produce Market will be held on 6 December. Contact: Glynis 0407 506 662.

Glen Eira City Choir will be holding a Celebration of Christmas on 14 December at 2pm at St Mary's Anglican Church, Glen Eira Road, Caulfield. Contact: 9578 1974.



(entry via Glen Eira Road) Corner Glen Eira and Hawthorn Roads, Caulfield

Tuesday 11 November and Tuesday 9 December — 6pm–7pm Tuesday 18 November and Tuesday 16 December — 9.30am–10.30am

Carnegie Library and Community Centre

7 Shepparson Avenue, Carnegie Wednesday 5 November and Wednesday 3 December — 1.30pm–2.30pm Thursday 27 November and Thursday 18 December — 6pm–7pm Bentleigh Bayside Community Health Centre

Gardeners Road, Bentleigh East Wednesday 19 November and Wednesday 10 December — 5.45pm-.15pm Saturday 22 November and Saturday 13 December — 9.30am-11am

Glen Huntly Maternal and Child Health Centre

Corner Royal and Rosedale Avenues, Glen Huntly

Wednesday 26 November and Wednesday 17 December — 9.30am–11am from \$70 Both sashes (4 cords) from \$90 Tubular balances from \$75

Price depends on size, condition and number. Call us for a Quote.

Call Dave or Kath on **0410 400 987**

Cut out and keep this ad for future reference.

NOVEMBER 15TH 11.00AM -7.00PM 842 CENTRE ROAD EAST BENTLEIGH

FABULOUS STALLS

FAMILY FUN IN YOUR LOCAL COMMUNITY!

PAGE 12 NOVEMBER 2008



RECREATIONNEWS

Skating action in Glen Eira

Skateboarding, rollerblading and BMX riding are popular pastimes for young people in Glen Eira, moving beyond fads to become regular recreational sports for many.

Glen Eira is fortunate to have a great venue for young people who enjoy skateboarding, BMX riding and rollerblading.

The Bailey Reserve skateboard park was constructed by Glen Eira City Council in 2000, with the assistance of a grant from Sport and Recreation Victoria. Skate park designer and former world skating champion Tony Hallam helped create the facility, in conjunction with young people from Glen Eira

People meet regularly with their BMX bikes, rollerblades and boards to try their skills on the low level street circuit. Skaters can challenge themselves on various surfaces, including a concrete pad, ramps, quarter pipes, grind poles and fun box. To protect users during the warmer months, shade sails have also been installed.

The skate facility is very popular, especially on school holidays, weekends and after school. Skaters and riders have their own code of conduct when using the facility and give way to each other to ensure that they don't collide. To the uninitiated, it can look chaotic, but for those involved, there is definitely organisation to the skating.

For those who have never seen the tricks that skaters and BMX riders can do, it is definitely worth a visit to the skate facility to watch the action.

Address: East Boundary Road, Bentleigh East (Mel Ref: 68 K12).

Operating hours: Daylight hours only.



Glen Eira is fortunate to have a great venue for young people who enjoy skateboarding, BMX riding and rollerblading. Photo: Bernie Bickerton.

Halley Park — fun for all

alley Park in Bentleigh is a smaller park with a big heart offering something for everyone.

Located on Jasper Road, Bentleigh (Mel Ref: 77 E3) Halley Park is very popular with Glen Eira residents. This park is frequented by young families drawn to the fantastic playground and picnic facilities.

Halley Park has an open space area big enough for flying a kite, walking a dog or kicking a football. There are pathways that meander throughout the park, plenty of seats and a rotunda and barbecue facilities. The park also has automated toilets for the convenience of park users.

The park has exercise equipment for those wishing to become more active and a basketball practice area.

Shady trees make this a great park on a sunny day, so this spring why not treat yourself to a walk through this picturesque park.

Awards galore for McKinnon Needlepointers

The McKinnon Needlepointers were a hit at this year Royal Melbourne Show taking home nine awards in the *First Time Exhibitor* category.

Seven members from the McKinnon Needlepointers entered the competition for the first time, all taking home an award for their skilled work.

One of the first placegetters recently joined the McKinnon Needlepointers though the *NU Wave* program and has only been needlepointing for around six months.

The *NU Wave* program started in 2007 and teaches participants the exciting art of needlepointing from beginners through to experienced needlepointers.

McKinnon Needlepointers organiser Les Bracher has been needlepointing for more than 40 years. Mr Bracher started teaching needlepointing in the 1980s and was thrilled when he heard the news of the awards.

"The ladies worked very hard on their pieces and it is great to see them awarded for it," Mr Bracher said.

"It is especially encouraging to see beginners doing so well in competitions."

If you are over 50, living in Glen Eira or surrounding areas and would like to learn all there is to know about needlepointing, then the McKinnon Needlepointers *NU Wave* program is for you.

Formed in 1985, McKinnon Needlepointers meet every second Thursday from 1pm to 3pm at McKinnon Public Hall, 118 McKinnon Road, McKinnon.

For further information, or to register your interest in the *NU Wave* program, contact Les Bracher on 9460 4801.



Swim into summer



Photo: Bernie Bicketon.

The Carnegie and Bentleigh East Swim Centres are filled and ready to provide Glen Eira residents with a great place to take a dip this summer season.

Open from 1 November 2008 until 31 March 2009, both swim centres are an oasis in the sun for people of all ages in the Glen Eira community.

YMCA Victoria Outdoor Pools Leader Simon Beqir said outdoor pools provide an easy, inexpensive and entertaining retreat for the community during summer. The Carnegie and Bentleigh East Swim Centres have an action packed timetable full of events for the summer. These include:

Carnegie Swim Centre

Dive in Movie Night — Saturday 13 December Family Fun Day — Saturday 10 January Jazz by the Pool — Saturday 31 January YMCA Aquathon Event — Thursday 4 March Open Doors BBQ Fundraiser — Saturday 7 March

The McKinnon Needlepointers were a hit at this year Royal Melbourne Show taking home nine awards in the *First Time Exhibitor* category. Photo: Bernie Bickerton. "With supervision from qualified pool lifeguards and high-quality facilities available, YMCA Victoria managed pools are a great way to escape the heat," Mr Beqir said.

Both centres are ready for lap swimming and general water play. The YMCA offers casual admission and a variety of membership types to cater for the whole family. The pools will open from 6am to 7pm each day and 8am to 6pm Saturdays and Sundays. Bentleigh East Swim Centre Kid's Castle — Sunday 21 December BBQ in the Park — Sunday 18 January Family Fun Day — Sunday 8 February YMCA Aquathon Event — Thursday 26 February End of Summer Extravaganza — Sunday 3 March

For further information about any of the family fun activities planned for the summer, contact YMCA Senior Branch Manager James Ellender on 9570 7394.





LANGUAGELINE

Si richiede ai residenti di provvedere affinché gli alberi ricevano un sano avvio alla vita

Il Consiglio Comunale di Glen Eira richiede ai propri residenti di offrire aiuto, durante la stagione estiva, al mantenimento in vita di più di 1.600 alberi appena piantati.

Il Direttore dei Servizi per la Gestione dei parchi, Laurie Unwin, ha affermato che coloro che hanno un nuovo albero sulla striscia erbosa esterna adiacente alla propria abitazione possono offrirsi di agevolarne la crescita cooperando con il Comune per l'irrigazione.

"Il Comune si occupa di annaffiare regolarmente i nuovi alberi durante i mesi primaverili e estivi, ma si richiede ai residenti di provvedere ad un ulteriore annaffiatura durante i mesi più caldi." Ha ribadito Mr Unwin.

Mr Unwin ha aggiunto che un nuovo albero necessita di periodo dai due ai tre anni per stabilirsi effettivamente in una nuova sede.

"Una volta stabilitosi, il sistema radicale è forte abbastanza per provvedere all'albero senza necessità di ulteriori annaffiature." Ha affermato Mr Unwin.

"Tuttavia, per assicurarne un buon avvio durante il suo primo anno, il nuovo albero piantato lungo

Жителей муниципалитета просят ухаживать за молодыми деревьями

Муниципалитет Glen Eira просит местных жителей поддержать в летние месяцы 1600 недавно высаженных деревьев.

Начальник садово-паркового отдела муниципалитета г-н Laurie Unwin сказал, что жители могут помочь муниципалитету с поливкой деревьев, которые были недавно высажены рядом с их домами, и таким образом помочь деревьям прижиться на новом месте.

"Муниципалитет регулярно поливает деревья весной и летом, но мы просим местных жителей делать дополнительную поливку в этот период времени," сказал г-н Unwin.

Г-н Unwin отметил, что примерно два года уходит на то, чтобы дерево окончательно прижилось на новом месте.

"После этого корневая система будет достаточно сильной, чтобы дерево могло выжить без дополнительной поливки," сказал г-н Unwin.

"Но в первый год молодым деревьям требуется регулярная поливка.

Вы можете помочь муниципалитету, если будете поливать деревья в сухое или жаркое время года два раза в неделю, от 5 до 10 литров воды в одну поливку.

Воду нужно лить прямо на мульчу (рыхлый защитный слой) в основании дерева."

la strada necessita di annaffiature regolari.

"I residenti possono offrire il proprio aiuto fornendo all'albero da cinque a 10 litri d'acqua due volte la settimana durante i periodi asciutti o più caldi.

"L'acqua deve essere data direttamente sul pacciame al piede dell'albero."

Mr Unwin ha inoltre ribadito che è importante non dare troppa acqua al nuovo albero.

"Toccando lo strato di terra immedatamente sotto il pacciame, si può controllare se l'albero necessita di più acqua. Se la terra è asciutta, è necessario dare più acqua." Ha concluso Mr Unwin.

È buona abitudine dare acqua alle piante di prima mattina; se si annaffia durante le ore più calde, l'acqua si disperde in buona parte attraverso l'evaporazione.

Per annaffiare l'albero nuovo si può anche utilizzare l'acqua residua della doccia raccogliendola in un secchio, un'ottima maniera per non sprecare acqua.

Attualmente a Melbourne sono in atto limitazioni sul consumo dell'acqua. Per ulteriori informazioni su come risparmiare sul consumo dell'acqua rivolgersi alla South East Water chiamando il numero 131 867.

Г-н Unwin отметил, что также очень важно не поливать молодые деревья больше, чем надо.

Вы можете проверить, нужно ли поливать дерево, по состоянию слоя почвы, который находится непосредственно под мульчой. Если почва сухая на ощупь, значит этому дереву требуется дополнительная поливка," сказал г-н Unwin.

Самое лучшее время для поливки – раннее утро; если поливать в жаркое время дня, то большая часть воды просто испаряется и не приносит пользы.

Чтобы при этом еще и сэкономить воду, вы можете собрать в таз воду после душа и использовать ее для поливки деревьев.

Помните, что в Мельбурне в настоящее время действуют ограничения на потребление воды. Полезные советы о том, как сэкономить воду, можно получить в компании South East Water по тел. 131 867.

Ζητείται από τους δημότες να δώσουν στα δένδρα υγιεινή αρχή στην ζωή

Ο Δήμος του Glen Eira ζητάει από τους δημότες να βοηθήσουν τα περισσότερα από 1.600 νεοφυτεμένα δένδρα να πάρουν υγιεινή αρχή κατά την περίοδο του καλοκαιριού.

Ο Διευθυντής των Υπηρεσιών Δρυμών Λόρι Ανγουίν είπε ότι οι δημότες που έχουν καινούργιο δένδρο στο πεζοδρόμιό τους έξω από τα σπίτια τους μπορούν να βοηθήσουν εξασφαλίζοντας ότι τα δένδρα φυτρώνουν κανονικά βοηθώντας το Δήμο να τα ποτίσει.

«Ο Δήμος κάνει τακτικά ποτίσματα των νέων δένδρων την άνοιξη και το καλοκαίρι, αλλά ζητάμε από τους δημότες να βοηθήσουν παρέχοντας επιπλέον πότισμα κατά τους καλοκαιρινούς μήνες» είπε ο κ. Ανγουίν.

Ο κ. Ανγουίν είπε ότι μπορεί να πάρει μέχρι δυο χρόνια για να εδραιωθεί ένα δένδρο σε νέο μέρος.

«Από όταν εδραιωθεί, το σύστημα των ριζών του δένδρου θα είναι αρκετά δυνατό για να το στηρίξουν χωρίς επιπλέον πότισμα.» είπε ο κ. Ανγουίν.

«Αλλά για να εξασφαλιστεί υγιεινή αρχή, τα νέα δένδρα του δρόμου χρειάζονται τακτικό πότισμα κατά την πρώτη τους χρονιά.

«Οι δημότες μπορούν να βοηθήσουν παρέχοντας μεταξύ πέντε και δέκα λίτρα νερό, δυο φορές την εβδομάδα κατά την διάρκεια των ξηρών ζεστών περιόδων.

Αυτό το νερό πρέπει να ρίχνεται στα σαπισμένα φύλλα ακριβώς κοντά στην βάση του δένδρου.»

Ο κ. Ανγουίν είπε ότι είναι επίσης σημαντικό να μην παραποτίζονται τα δένδρα.

«Οι δημότες μπορούν να ελέγχουν αν χρειάζεται επιπλέον νερό αγγίζοντας το χώμα ακριβώς κάτω από το επίπεδο των σαπισμένων φύλλων. Αν το χώμα είναι ξερό, χρειάζεται περισσότερο νερό» είπε ο κ. Ανγουίν.

Καλή ώρα για πότισμα των φυτών είναι νωρίς το πρωί – το νερό που χρησιμοποιείται κατά την διάρκεια της ζεστής ημέρας χάνεται με την εξάτμιση.

Οι δημότες μπορούν επίσης να χρησιμοποιήσουν το 'ζεστό' νερό από το λουτρό τους, μαζεύοντάς το σε κουβά όταν κάνουν το λουτρό τους, σαν πηγή νερού για το νέο δένδρο – καλός τρόπος εξοικονόμησης νερού.

Ισχύουν επί του παρόντος περιορισμοί στη χρήση νερού στην Μελβούρνη. Για περισσότερες πληροφορίες για εξοικονόμηση νερού, επικοινωνήστε με την South West Water στο 131 867.

為了社區安全而合作

Glen Eira 市政府歡迎聯邦政府撥款 \$180,000, 以用於建造位於 McKinnon 的 Thomas Street 與 McKinnon Road 路口的車輛轉盤。

建造車輛轉盤的地方被確認為事故易發黑點,建 造資金將由 Glen Eira 市政府和 Bayside 市政府 共同承擔,各方將出資 \$100,000。

今年早些時候,市政府購獲了一塊住宅地的一部 分,用於建造車輛轉盤。

Glen Eira 市長 Steven Tang 先生說, Bayside 和 Glen Eira 於 2006 年對此項目做出了承諾, 現在聯邦政府也向這一重要的社區安全舉措提供 了資助,為此我們感到非常高興。

Tang 市長説: "這是各級政府合作的典範。"

"這個路口位於 Glen Eira 與 Bayside 的邊界, 被確認為本市政區最危險的路口之一。它是市政 府《道路安全策略》的一個首要事項。

"早在 2006 年,Glen Eira 的交通工程師就確認 該處設車輛轉盤最為合適;因此,兩個市政府 分別與當地的居民就建造車輛轉盤進行了諮詢 和協商。

"社區反饋意見表明大家非常支持這一工程。"

Bayside 市長 Andrew McLorinan 先生説,這一車輛轉盤將大大改進兩個市政區的道路安全。

McLorinan 市長説: "與 Glen Eira 和聯邦政府 的合作取得了非常好的效果,對此我感到很高 興。"

Tang 市長説,預計建造工程將於 10 月開始, 於 12 月完工,不過這也要看與其他管理當局的 合作如何。



TOILET TRAINING THE WHEN AND THE HOW

Glen Eira City Council will be presenting this information session for parents/guardians, grandparents and early childhood professionals.

All parents face the dilemma of when to start toilet training their child.

- What age is appropriate?
- What are the signs of readiness to look for?

Guest presenter Susan McCarthy from Continence Victoria will provide a number of strategies to get your child on the way to becoming toilet competent.

- Date: Wednesday 19 November
- Time: 7.30pm–9.30pm (registration 7.15pm)

Venue: Glen Eira Town Hall Theatrette

Special four-year-old immunisation sessions 2008



These immunisations should be given as soon as a child has their fourth birthday. Glen Eira City Council's Immunisation Service is offering three immunisation sessions for four-year-old children during 2008.

All four-year-old children receiving their immunisation will receive a free show bag. Face painting, balloons and magic tricks will keep the kids entertained.

> Saturday 15 November 9.30am–11.30am Bentleigh Bayside

Bentleigh Bayside Community Health Centre Gardeners Road Bentleigh East Monday 24 November 4pm–6pm Carnegie Library and Community Centre 7 Shepparson Avenue Carnegie

Corner Glen Eira and Hawthorn Roads, Caulfield Cost: \$5 per person Bookings close Friday 14 November. Places are limited. Registration and payment must be received prior to each session. For a copy of the registration form, or for further information about the session, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au City of GLEN EIRA GLEN EIRA CITY COUNCIL

City of GLEN EIRA

Glen Eira City Council

Bentleigh Bentleigh East Carnegie Caulfield Elsternwick Gardenvale Glen Huntly McKinnon Murrumbeena Ormond St Kilda East





BUSINESSNEWS **BusEd Program provides** access to local talent

Glen Eira City Council's Business Development Unit is currently seeking expressions of interest from local businesses which want to become involved in Council's BusEd program.

BusEd links students looking to gain practical business experience with business owners who have ideas to grow their business, but may lack the specialist skills or resources to bring them to fruition.

During 2008, the *BusEd* program has linked businesses with students from Monash University and Holmesglen TAFE in a variety of disciplines, including computing, information technology and marketing.

Council's Manager Business Development Lynda Bredin said BusEd unites the resources of student teams and the knowledge, mentoring and experience of local business owners to achieve positive outcomes for local businesses.

"Business owners get access to up-to-date information, resources, skills, talents and knowledge to help get projects off the ground and increase their business, while students gain real-life experience in a business environment and the opportunity to transfer their technical knowledge into practical experience," Ms Bredin said.

The *BusEd* program has grown considerably in recent years, with many Glen Eira businesses building websites and e-commerce facilities, such as payment gateways. Other projects offered to local businesses have included



Senior management are presented with survey results from Holmesglen post-graduate marketing students.

market research and development of comprehensive marketing plans.

There are limited opportunities available for 2009. To register your interest in participating in Council's *BusEd* program contact Council's Business Development Unit on 9524 3333.

Get the edge on carbon

n 2010 the business landscape in Australia will change dramatically with the introduction of the Carbon Pollution Reduction Scheme.

At the heart of this Scheme is emissions trading, in which the Government sets a limit on how much carbon pollution industry can produce. The Government then sells permits up to that limit, creating an incentive for businesses to look for cleaner energy options.

Glen Eira City Council, in partnership with Kingston and Bayside City councils, South East Development and the Westernport Greenhouse Alliance, is hosting a regional business breakfast to provide answers to the fundamental questions about how emissions trading will affect local businesses.

Keynote speaker Head of Carbon Management at Ecos Corporation Jack Holden will cut through the jargon to give businesses the information they need to make the right decisions.

Date: Wednesday 19 November Time: 7am–9am Venue: Hemisphere Conference Centre, 488 South Road, Moorabbin Cost: \$30 per person (GST inclusive) **RSVP:** Friday 14 November to **Kingston City Council** on 9581 4735 or email business@kingston.vic.gov.au

For further information visit www.kingstonbusiness.com.au

Glen Eira Women's Business Network 2008 finale

ounder and CEO of RedBalloon Naomi Simson will be the guest speaker at the final Glen Eira Women's Business Network meeting for 2008.

RedBalloon is Australia and New Zealand's leading online supplier of unique gifts.

RedBalloon also provides incentive, reward and recognition solutions for businesses that are challenged with the task of ensuring their employees are engaged, motivated and rewarded.

big budget to work with.

Ms Simson is the author of I Want What She's Having, a book for business start-ups or owners of existing businesses who want some insight into risk taking, beating the odds and marketing without big budgets to get off the ground. She was announced as a finalist in the 2008 BRW Most Admired Business Owner, was named Marketing Employer of Choice in



• how to automate the lead-generating process of getting prospects so you can spend time focusing on your most important clients;

Sales —

generation

Do you want to learn how to create and automate your

lead generation so that all your

valuable time is spent talking

to highly qualified customers?

Then Glen Eira City Council's Lead

To be presented by Elliot Hayes, this

• how to create special offers that

• how to package yourself as the

leading expert in your industry

rather than just another sales rep;

reduce the haggling process and

make it easy for clients to say yes;

generation workshop is for you.

workshop will teach you:

workshop

Lead

- how to set up a powerful referral system that has clients coming to you without you doing any of the "hard sell" cold calling;
- how most sales people are making it hard for themselves because they don't have the right strategy to sell once — profit forever;
- how to use publicity to increase your positioning and your sales;
- internet marketing strategies that generate leads at little or no cost; and
- how to access hundreds of your target customers for free.

Mr Hayes has worked across several different industries, ranging from telecommunications, film and television to corporate training and development. He has featured in BRW and his clients include Australia Post, Telstra, Department of Justice and Optus.

Mr Hayes also consults and trains in the areas of productivity, time management, innovation in the workplace, sales and marketing.

Date: Thursday 6 November

Time: 6.30pm-9pm (6pm registration)

Where: Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads. Caulfield

Cost: \$30 (includes light dinner)

RSVP: Monday 3 November to Council's Service Centre on 9524 3333

Ms Simson will talk about the programs RedBalloon can provide to businesses. She will also provide advice on:

- how to build a company with a great culture;
- how to manage your team for peak performance;
- how to build solid brand equity by marketing through your people; and • how to promote your brand without a

2006 and Westpac New South Wales Entrepreneur of the Year in 2005.

When: Thursday 20 November

- Time: 7.30pm–9pm (6.45pm arrival networking and light supper)
- Where: Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield

Cost: \$20

RSVP: Tuesday 18 November to Council's Service Centre on 9524 3333

Naomi Simson



GLENEIRANEWS

LIBRARYNEWS **The Battle of Fromelles** - 1916 and 2008

Wednesday 12 November 7pm-8pm Glen Eira Town Hall **Caulfield Cup Room Corner Glen Eira and Hawthorn** Roads, Caulfield

The Battle on Fromelles began at 6pm on 19 July 1916. By 8am on 20 July 1916, the battle was over. In this disastrous battle 5,533 Australians became casualties in one night — this is equal to the entire Australian casualties in the Boer, Korean and Vietnam Wars combined. Fromelles was a particularly Victorian tragedy, with 1,800 of the casualties from the Victorian brigade, which was led by the famous commander Pompey Elliott. For decades Fromelles remained Australia's forgotten battle, but recently returned to the headlines with the discovery of mass Australian and British graves near the battlefield.

Historian Ross McMullin will explain how this disaster eventuated in 1916,

why it became Australia's forgotten battle and will illuminate this year's developments relating to Fromelles. He has written extensively about Fromelles, and is one of the three activists whose seven year campaign brought Cobbers to the Shrine of Remembrance.

Mr McMullin is the author of the award-winning biography Pompey Elliott and an experienced and entertaining speaker. His other books include the centenary history of the ALP entitled The Light on the Hill and another political history So Monstrous a Travesty: Chris Watson and the World's First National Labour Government. His most recent book Will Dyson: Australia's Radical Genius was commended by the judges of the National Biography Award.

Refreshments will be served. Bookings are required and can be made at any library branch, online at www.gleneira.vic.gov.au or by contacting 9524 3333.

Join the summer read

he Summer Read program returns to Glen Eira libraries from 14 November to 28 February with another exciting list of 20 books written by Victorians or set in Victoria.

Once again this year's feature of the program is that the readers become the judges. Residents have the opportunity to vote for their favorite book either at their local library or online.

Readers will also have the chance to win prizes, including a regional Victorian weekend escape package.

For further information visit your local branch or slv.vic.gov.au/goto/summer-read





The sculpture Cobbers at the Shrine of Remembrance to commemorate the battle of Fromelles.

Saturday Shakers — Cha Cha Sam

Saturday 8 November 2pm-3pm Carnegie Library and Community Centre -Boyd Room, level one 7 Shepparson Avenue, Carnegie

This upbeat and interactive show, fuelled by the ukulele and great





The Feldenkrais Method

Learn to move effortlessly. Live more comfortably. Experience Feldenkrais for yourself.

Experience a gentle movement class that will engage your mind, leading you to discover ways you can move efficiently, without relying on muscluar strength.

CHA CHA backbeats, will have the whole family up singing, dancing and having fun. Cha Cha Sam is folk and pop music for big-spirited kids and their grownups. Cha Cha Sam songs are dedicated to

moving bodies, hearts and minds and encourage kids and families to play and communicate creatively.

Come and join in the fun. This free performance is suitable for children of all ages. No bookings are required.

reading with Eira

Blast into

Watch out over the summer break as Eira, the library bookworm, straps on his space suit and blasts off on an intergalactic reading adventure. There are great prizes to be won and fun to be had at all branches over the summer holidays. The countdown is on for blast-off on 8 December.



107 Grange Rd Carnegie www.nucleuscomputer.com.au Suited for people with back pain, tension, stress, joint stiffness, headaches THIS MONTH

Weekly classes and individual sessions available

Studios in Ormond and Armadale

Ideal for

 improving physical performance preventing injury relaxation and wellbeing

2 people for the price of 1 when you mention this ad

For more information www.sensablemoves.com.au or contact Penina Gunzburg 0412 974 367 B.Sc. (Physiotherapy) and Certified Feldenkrais Practitoner

Workshop Sunday 23rd of Nov. 2008 "Your pelvis - your partner in preventing back pain"

Private Health Rebate available

PAGE 16 NOVEMBER 2008

