

Glen Eira City Council has awarded more than \$345,000 to local not-for-profit community groups and organisations as part of the 2009–2010 Community Grants Program.

The *Program* assists community groups and organisations within the municipality to implement projects and activities.

Grants have been awarded across a broad range of categories including arts and culture, sport, recreation and youth, public health and community development, community services, aged services and family and children's services.

Glen Eira Chinese Senior Citizens Club was just one of the 131 community groups and organisations to receive a grant.

The club, which was established nine months ago, is the first Chinese senior citizens club in Glen Eira and currently has more than 75 members.

Some of the members have lived in the municipality for more than a decade and up until January this year had to travel to clubs in other suburbs to participate in social events and activities.

Members meet on Tuesdays at the Ormond Senior Citizens Centre and Sundays at the Caulfield Senior Citizens Centre and participate in a variety of activities, including singing, dancing, playing cards and learning the English language.

When contacted by Glen Eira News, Glen Eira Chinese Senior Citizens Club President Zunfa Lu said he was extremely happy to be awarded the \$3,070 grant, which will go towards organising holiday celebrations, purchasing equipment, administration support for social events and transportation expenses.

"It is pleasing to see Council's commitment to the continued development of Australia's multicultural society," Mr Lu said.

"I would like to express my gratitude to Council for their support."

Other community groups and organisations to receive a grant include:

- Access Inc received \$4,000 to assist with the delivery of its Social Recreation Connect Program for people with a disability aged 18–40.
- Bentleigh Cricket Club, Bentleigh Football Club and Bentleigh Junior Football Club — each club received \$5,000 which will go towards purchasing and installing an electronic scoreboard at Bentleigh Reserve.
- Caulfield Over 50s Dance Group

   received \$5,000 to help cover
   the cost of hiring the Glen Eira
   Town Hall Auditorium for their weekly ballroom dancing sessions for seniors.

Applications for the 2010–2011 Community Grants Program open in March 2010.

For further information, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au regular

Business News
Library News
Arts News
Youth News
Recreation News



Community Safety Month

### Reminder: Alcohol ban around Caulfield Racecourse



The consumption of alcohol in public places around Caulfield Racecourse is banned. Photo: Bernie Bickerton.

With the Caulfield Spring Racing Carnival commencing on Saturday 10 October, Glen Eira City Council would like to remind racegoers that the consumption of alcohol in public places around Caulfield Racecourse is banned.

Any person who is caught consuming or possessing alcohol in the Caulfield Alcohol Free Zone will be fined \$500.

Glen Eira Mayor Cr Helen Whiteside said Council is dedicated to community safety initiatives.

"Council is committed to improving safety in public places and assisting Victoria Police in reducing alcohol related offences," Cr Whiteside said.

"We want nothing more than people to have an enjoyable day at the races."

Cr Whiteside said the ban, which was introduced by Council in September 2008, will protect other racegoers who are attending the Caulfield Spring Racing Carnival.

"The law also protects the amenity of residents who live in the vicinity of the racecourse," Cr Whiteside said.

Inspector Margaret Lewis from Caulfield Police said since the introduction of the ban, there has been a decrease in alcohol related crimes — in particular assaults — on Caulfield Cup Day.

"The Victoria Police 2008-09 Crime Statistics indicate a 7.4 per cent reduction in assaults in the Glen Eira Police Service Area, which is a great result," Inspector Lewis said.

Inspector Lewis said the ban has assisted in maintaining and providing a safer environment for the community to enjoy the Carnival.

"During this year's Caulfield Spring Racing Carnival, there will be police patrolling in plain clothes and uniform for the three race meetings around the alcohol free zone," Inspector Lewis said.

Inspector Lewis said following the 2008 Caulfield Cup, police intercepted and charged 25 people for exceeding .05.

"Consequently we will be policing around the course with extra police this year to address any people who think they can drink and drive after the races," Inspector Lewis said.

"There will also be a dedicated traffic and booze bus operation on Caulfield Guineas Day and Caulfield Cup Day."

### Mayor's column



The City of Glen Eira will be abuzz with activity during October.

Throughout the month, Glen Eira City Council will host a number of events and activities as part of Community Safety Month, including free vehicle child restraint checks and cardiopulmonary resuscitation (CPR) sessions.

CPR is a combination of mouth-to-mouth resuscitation and chest compressions that delivers oxygen and artificial blood circulation to a person who is in cardiac arrest.

Further details can be found on page eight and nine.

The Victorian Seniors Festival continues until 11 October. As part of the Festival, and in conjunction with Community Safety Month, a free healthy living seminar will be held on 9 October.

The seminar will provide residents with information on the benefits and importance of healthy eating. Bookings are essential.

Council's Springtime Music Series commences on 11 October with an exciting series of free concerts.

The Series offers an exciting and diverse range of music, from string quartets to children's music.

Prepare to relax in the spring sun with some of Melbourne's finest musicians and singers, including Paul Jamieson, Flanagans Folie, Lucca and Michael Fitzgerald.

Details of performers, dates, times and locations can be found on page 14.

A celebration of childhood will also take place from 24 October to I November. As part of Children's Week, Council will be running a range of activities and entertainment, including an information session about child accident prevention. Children will also have the opportunity to personally interact with farm animals by holding and feeding them.

Finally, I would like to wish the KG Putt Senior Citizens Club a Happy 55th Birthday and thank you for inviting me to your luncheon to celebrate this special day. What a celebration by the community. The singing and the day was enjoyed by all.

Cr Helen Whiteside Mayor

#### **Councillor contacts**

#### **TUCKER WARD**

#### **V**acant Count back to be conducted on 12 October.



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#### Glen Eira City Council

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#### **Deadlines**

The deadline for the next edition (November 2009) of Glen Eira News is Wednesday 7 October for delivery 3-4 November.

#### **Coming deadlines**

The deadline for the December 2009 edition of Glen Eira News is Wednesday 4 November for delivery I-2 December.

To submit editorial material write to: Glen Eira News, PO Box 42 Caulfield South Victoria 3162 or email: editor@gleneira.vic.gov.au

#### Disclaimer

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## Graffiti in Glen Eira – enough is enough

Glen Eira City Council will shortly commence its most hard-hitting *Graffiti Clean-Up Program* to date, having endorsed a new *Graffiti Management Policy* and *Plan* aimed at reducing graffiti in Glen Eira.

Glen Eira Mayor Cr Helen Whiteside said the implementation of the *Program* is in response to community concern.



An audit of graffiti in the municipality found that many incidents of graffiti have remained in place for a considerable period of time.

"An audit of graffiti in the municipality found that many incidents of graffiti have remained in place for a considerable period of time," Cr Whiteside said.

"Graffiti will be cleaned from property boundaries throughout Glen Eira. The *Program* will also tackle recurring graffiti."

Under the *Program*, and in accordance with the *Graffiti Prevention Act 2007*, Council will assist private property owners or occupiers who are not able to clean off graffiti from their property.

#### **Department of Justice Graffiti Removal Program**

Council will also be collaborating with the Department of Justice (DOJ) to implement a *Graffiti Removal Program*.

Managed by Community Correctional Services (CCS), the program places offenders on court imposed orders to clean graffiti from public and council assets.

Cr Whiteside said the DOJ program will run in Glen Eira until June 2011 and will complement Council's Graffiti Clean-Up Program.

"The program will involve Council identifying up to 10 hotspots a week which need to be cleaned," Cr Whiteside said.

"These sites will need to meet DOJ requirements in regards to access, safety and size."

The *Graffiti Removal Program*, which is one of the key partnership initiatives under the State Government's *Graffiti Prevention and Removal Strategy*, began in late 2005.

To date, the program has:

- removed 500,000 square metres of graffiti, equal in size to almost 25 MCG playing fields;
- helped to remove graffiti worth \$12.5 million at commercial rates; and
- involved 10,000 offenders in 178,000 hours of community work worth \$4.2 million.

For further information, contact Council's Service Centre on 9524 3333.

# Youngest mayor grows up

Rosstown Ward Councillor Steven Tang's passion to represent his local community began during childhood.

During his primary and secondary school years, he represented fellow students at McKinnon Primary School and McKinnon Secondary College.

"During primary school I was school captain and during my secondary school years, I was elected to the Student Representative Council," Steven said.



Investing in community assets: Former Bayside
City Council Mayor Cr Andrew McLorinan and
Cr Tang at the site of the new McKinnon Road
and Thomas Street roundabout, which was
completed this year.

Photo: Bernie Bickerton.



Cr Tang presenting Bentleigh West Primary School with the 2008 Award for Environmental Excellence in Primary Schools.

Photo: Bernie Bickerton.

After completing secondary school, Steven went onto study Commerce/Law at Monash University Clayton.

"I finished my Commerce degree in 2008 and am now completing the Law component," Steven said.

Recently married and the youngest of four boys, Steven follows the Hawthorn Football Club and Melbourne Victory Soccer Club.

He also enjoys sampling local cafes and breakfast spots and has a keen interest in politics.

"I am also involved in the Murrumbeena Relay for Life which is taking place on 24 and 25 October, so hope to see everyone there," Steven said.

#### Youngest Mayor in Council's history

Steven is serving his second term as Councillor.

"I was first elected to Council in December 2005," Steven said.

In December 2007, Steven was elected Mayor of Glen Eira — the youngest Mayor in Council's history.

"Following re-election to Council in December 2008, I was elected Deputy Mayor and have thoroughly enjoyed working with the new councillor team in this role," Steven said.

#### Laying the foundations for improvement

Steven said with Council laying the foundations for significant improvement during his first term, he decided to run for a second term as he wanted to see things through.

"I am passionate about the environment and wanted to see Council's *Environmental Sustainability Strategy* implemented," Steven said.

"I also wanted to see large scale capital works projects get underway, including the construction of the Glen Eira Sports and Aquatic Centre and the upgrade of the Duncan Mackinnon Reserve pavilion."

Steven said during his second term he wants to ensure that Council continues to responsibly manage public funds and financial issues, as well as make the most out of limited open space for all residents to enjoy.

"I also want to ensure that Council has invested heavily in community assets for the benefit of this generation and those to come," Steven said.

If there is anything you would like to discuss with Steven, he can be contacted on 0400 920 845 or alternatively send an email to stang@gleneira.vic.gov.au

### Opening of Caulfield Park Pavilion and Community Room

The new Caulfield Park Pavilion and Community Room were officially opened by Glen Eira City Council on Sunday 27 September.

The works, which commenced in early 2008, are part of Council's rolling program of pavilion and park upgrades across the City.

Glen Eira Mayor Cr Helen Whiteside said the new pavilion will undoubtedly be an important hub of activity with magnificent views overlooking the Park.

"The previous facilities used by the tenant sporting clubs were old and no longer met the needs of the sports clubs and there was no facility for general community activities," Cr Whiteside said.

"The development of the new pavilion ensures access for all-abilities and is designed to accommodate all members of the community."

Key features of the new Pavilion include:

- new change rooms, toilets and showers for people with a disability, a kiosk, kitchen facilities and storage area;
- access for people with a disability, including new entry/exit access pathways and an internal lift; and
- new access all-abilities public toilets for spectators and park users.

### Community Room and meeting room for hire

A new Community Room is also available for community groups to hire for their next function, event or meeting.

Located in the pavilion, the room seats up to 100 people. A smaller meeting room which seats up to 18 people is also available.

Located on the first floor, both rooms are accessible via the internal lift.

Tables, chairs and kitchen facilities are available and both rooms have access to the spectator terrace which overlooks Caulfield Park.

#### Grants for facility hire

Council provides community grants to not-for-profit community groups for facility hire of Council facilities.

Grants for facility hire are available for groups that wish to use Council facilities for meetings, functions, and events for purposes that provide benefit to the Glen Eira community.

Applicants may request the hire of Council facilities as the whole or part of the community grant request.

**Please note:** Facility hire grants do not cover bond payments required by some venues at the time of booking.

#### **Booking enquiries**

Prior to submitting an application, groups must first contact Council's recreation facilities booking officer to obtain the exact cost of hiring the facility and to ensure it's available on the preferred date.

Application forms for community grants and guidelines are available from www.gleneira.vic.gov.au or by contacting Council.



A meeting room which seats up to 18 people is available for hire.

Photo: Shae Henzen.

For further information about hiring Caulfield Park Pavilion, the Community Room or meeting room, or to make a

booking, contact Council's recreation facilities booking officer on 9524 3333 or email recservices@gleneira.vic.gov.au

### Councillor Staikos resigns

Councillor Nick Staikos has resigned from Glen Eira City Council.

His resignation, effective from 11 September 2009, stems from Victorian legislation which means that a person cannot be a Councillor if they are a Member of Parliament, electorate officer, Ministerial adviser, Parliamentary adviser or a Councillor in another Australian council.

Nick was elected to Council in late 2005 and was re-elected in 2008.

He has served on the following committees:

- community grants;
- environment;
- sport and recreation;
- youth; and
- community safety (Chair).

Nick said during his four years as Councillor there have been many highlights.

"One of the greatest highlights has been the plans for the Bentleigh East Swim Centre, which has been a treasured community asset for many years," Nick said.

"Its future is now secure with the construction of the new Glen Eira Sports and Aquatic Centre (GESAC).

"Another highlight has been advocating for an upgrade of the Julie Cooper Pavilion at Centenary Park.

"There is now a plan in place to rebuild and upgrade sports pavilions in the municipality, with Centenary Park as a high priority."

Nick said it has been a pleasure working with the many senior citizens in the local community, particularly the D.J. Coakley Bentleigh East Senior Citizens Club.

"This involvement gave me a better understanding of the need to secure quality of life for our senior citizens," Nick said.

Under the Local Government Act, the Victorian Electoral Commission (VEC) will conduct a count back to fill Cr Staikos' vacancy in Tucker Ward on 12 October.

Council would like to thank Nick for his contribution to the community and wishes him all the best for the future.

#### Glen Eira News Photos



Have you been photographed at a Glen Eira City Council event and would like a copy of the photo?

Photos that are published in the Glen Eira News are now available for sale by contacting Shae Henzen on 9524 3333.



GLEN EIRA CITY COUNCIL

### Youth Services on the move

Glen Eira City Council Youth Services is moving to a new central location in Bentleigh.

From Monday 28 September, Youth Services will be operating from the Bentleigh McKinnon Youth Centre, Higgins Road, Bentleigh.

This new location will be temporary for approximately nine months while renovations are being undertaken at the Bentleigh Library.

Following the completion of these renovations, Youth Services will have new offices located next to the Bentleigh Library.

Opening hours at the Higgins Road site will remain the same — Ipm-6pm Monday-Thursday and Ipm-5pm Friday.

For information, support and referral services, contact Youth Services on 9579 7963.

GLEN EIRA

GLEN

### Celebrating children in Glen Eira

Children's Week is an annual event that celebrates childhood with a diverse range of events and activities organised at national, state and local levels.

From 24 October to 1 November. Glen Eira City Council will host the following activities and entertainment for all children within the community.

Taking child accident prevention to the community

**Tuesday 27 October** 

10am-11am

Carnegie Library and **Community Centre Boyd Room,** 7 Shepparson Avenue, Carnegie

Presented by: Kidsafe Vic Inc (Child Accident Prevention Foundation of Australia)

A Kidsafe Vic speaker will cover common child injury topics such as burns and scalds; water safety; falls; cuts and finger jams; poisoning; choking and suffocation; pram safety; toy safety; pet safety; and road safety.

Simple strategies parents/carers/ grandparents can undertake to make their homes a safer place for children will also be discussed.

#### Talk to the animals

Two exciting and interactive sessions offer children the opportunity to hold and feed farm animals.

**Thursday 29 October** 

II.I5am-Ipm

Moorleigh Community Centre, 90-92 Bignell Road, **Bentleigh East** 

Saturday 31 October

10am-1pm

**Carnegie Library and Community** Centre forecourt, Koornang Road, Carnegie

#### **Child restraints safety checks**

Minimise the risk of injury for your child by taking advantage of two free child restraint checks.

**Thursday 29 October** 

9.30am-12.30pm

Glen Huntly Maternal and Child Health Centre, corner Royal and Rosedale Avenues, Glen Huntly

Saturday 31 October

9am-12pm

Moorleigh Community Centre, 90-92 Bignell Road, **Bentleigh East** 



Photo: In2uitionphotography.

Bookings are essential. Contact Council's Service Centre on 9524 3333.

GLEN EIRA ADULT LEARNING CENTRE INC.



419 North Rd Ormond, 3024

Computer Classes

"Microsoft Word" BEGINNING Wednesday October 7: 12.30 – 2.30pm. Duration: 10 Weeks

"Introduction to Windows Internet and E-mail" Ideal for absolute beginners

BEGINNING Friday October 9: 10.00am -12.00noon. Duration: 10 Weeks

"Office Computer Skills" BEGINNING Tuesday October 13: 9.30am -12.00pm. Duration: 9 Weeks (excludes Melbourne Cup Holiday)

"Digital Technology"

BEGINNING Tuesday October 13: 1.00pm –
3.30pm. Duration: 9 Weeks (excludes Melbourne Cup Holiday)

"More on Windows, Internet and E-Mail" BEGINNING Wednesday November 4: 9.15am-12.15pm. Duration: 7 Weeks

Please contact the centre on 9578 8996 to discuss your enrolment

### Parents to have more input at health checks

Glen Eira parents will now have more input into their children's health checks, following statewide changes to the Maternal and Child Health Service.

The new approach to the 10 key ages and stages visits now consists of four key components — seeking our concerns as a parent; monitoring of your child's growth and development; promoting health and development; and evidence based interventions.

A questionnaire booklet focusing on child development has also been introduced at all visits from four months onwards. Parents will be asked to fill in the questionnaire to help the Maternal and Child Health nurse gain a better understanding of the child's

Key ages and stages visits are conducted after the birth of a baby and then at two weeks, four weeks, eight weeks, four months, eight months, 12 months, 18 months, two years and three and a half year years.

Glen Eira City Council's Maternal and Child Health Co-ordinator Ruth Hennell said the introduction of the new initiative is an exciting time for the Service.

"Most of Glen Eira's nurses have completed their training and are now using the new initiative," Ms Hennell said.

Research indicates that parents are most often right when they have concerns about their child's development or behaviour.

If these concerns are identified early and advice, support and referral is given, this can lead to better outcomes for the child and their families.

In addition to the new initiative, Council's nurses will continue to offer support and give advice around feeding, behaviour, sleep and settling, development, health and wellbeing, as well as open sessions for visits in between key visits or additional appointments for families with special needs.

For further information about the new initiative, contact Council's Maternal and Child Health Service on 9524 3333.



Parents will have more input into their children's health checks.

Photo: Sharon Walker — On Location Photography.

#### Toilet training the when and how

Glen Eira City Council in partnership with Bendigo Bank (Murrumbeena Community Bank) will be presenting this information session for parents/guardians, grandparents and early years professionals.

All parents/guardians face the dilemma of deciding when to start toilet training. What age is appropriate? What are the signs of readiness to look for?

This session will give a number of strategies to get you and your child on the way to becoming toilet competent.

Presenter: Susan McCarthy, **Continence Victoria** 

**Tuesday 20 October** 

7.30pm-9.30pm (7.15pm registration)

Carnegie Library and **Community Centre — Boyd** Room, 7 Shepparson Avenue, Carnegie

Cost: \$5 per person

Places are limited. Registration and payment must be received prior to the session. For a copy of the registration form or for further information about the session,

contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

City of GLEN EIRA

GLEN EIRA CITY COUNCIL

### Easing parking congestion in Glen Eira

Glen Eira City Council's Traffic Engineering Department has taken extra steps to help ease parking congestion across the municipality

From I July 2008 to 30 June 2009, the traffic engineers consulted with residents from 61 streets across Glen Eira regarding installation of new parking restrictions or alteration of existing parking restrictions.

Council's Co-ordinator Traffic Engineer Matt Harridge said a large number of the consultations involved the provision of two hour restrictions on one side of residential streets.

"Dunoon Street in Murrumbeena is just one of the streets where residents were consulted," Mr Harridge said.

"Residents were concerned about the number of commuters who parked

their vehicles within the southern section of the street during the day.

"Following our consultation with residents, and in the effort to improve parking conditions for both residents and visitors to the street, the restrictions have now been extended."

Mr Harridge said Council has the ability to exclude new developments from access to the residential parking permit system if:

- extremely high levels of on-street parking demand exists in the immediate vicinity;
- the development provides reduced rates of parking and there is a higher than normal possibility of those rates being exceeded by future occupants

   resulting in unacceptable levels of on-street parking; and/or



**Dunoon Street in Murrumbeena is just one of the streets where residents were consulted.** Photo: GECC Traffic Engineering Department.

 the size of the development is such that it will have the impact of magnifying any on-street car parking problems. "Council encourages any new developments to ensure suitable parking is provided on-site and the amount of parking demand generated is managed," Mr Harridge said.

#### out and about



Glen Eira Mayor Cr Helen Whiteside and members of the Glen Eira Movers Walking Group. Photo: Shae Henzen.



Glen Eira Mayor Cr Helen Whiteside shows students from Tucker Road Primary School around Town Hall.

Photo: Sharon Walker — On Location Photography.



President of the Jewish Community Council of Victoria John Searle, Inspector Margaret Lewis from Caulfield Police and Glen Eira Mayor Cr Helen Whiteside test out the new automated pedestrian signals on the corner of Kooyong and Inkerman Roads, Caulfield North.

Photo: David Grant — John Brown Photography Services.



**Cr Jim Magee with students from Tucker Road Primary School.**Photo: Sharon Walker — On Location Photography.

# Be inspired at this year's Seniors Festival

The Victorian Seniors Festival 2009 kicked off in September with a concert of delightful music from many of the great singers and musicals of the 20th century.

The Festival, which ends on Sunday II October, will include a number of other Glen Eira City Council and community events such as walks, croquet, luncheons, dinner dances, concerts and health seminars.

As part of the Festival, and in conjunction with Community Safety Month, Council will also host a free seminar — Healthy Ageing — on Friday 9 October

On Wednesday 7 October Council's libraries will present *Myer: the man, the store, the fashion* at Town Hall.

For further information, contact Council's Service Centre on 9524 3333.

#### Healthy ageing seminar

The Healthy Ageing seminar will provide older residents with information on health aspects that will assist their ability to deal with ageing positively.

The seminar will provide residents with information on the benefits and importance of healthy eating and its effects on energy levels and disease prevention, simple and effective ways to approach shopping and healthy cooking.

Dietician from Stay Tuned Zoe
Nicholson will present information on
the benefits and importance related to
healthy eating and how to prevent and
manage diet related diseases such as
diabetes, cholesterol and heart disease.
There will also be a discussion on how
lifestyle and environmental factors can
influence bone health.

The Casual Chef Erik Jorgensen will provide great cooking tips and recipe ideas. He will also give advice on planning your shopping for the pantry and preparing simple healthy meals. There is no cooking or tasting during the talk, but participants will receive useful handouts.

Afternoon tea will be provided.

Date: Friday 9 October Time: 1.30pm-3.45pm (doors open at 1.15pm)

Venue: Glen Eira Town Hall — Caulfield Cup Room, first floor, corner Glen Eira and Hawthorn Roads, Caulfield

#### **Entry: Free**

Bookings are essential. Contact Council's Service Centre on 9524 3333.

Limited transport (door-to-door) is available for residents living at home that experience difficulty with transport.

#### 2009 Victorian Seniors Festival

Be inspired! 4-11 October



### News in brief

#### **Disability Reference Committee**

Glen Eira City Council's Disability Reference Committee represents the interests of people with disabilities, their family and carers at the local level.

The committee provides advice to the community service division of Council on issues affecting people with disabilities living, working or studying within the Glen Eira community.

In addition, the committee acts as a resource on inclusion and access for people with disabilities, their families and carers.

Council is seeking community representatives to join the committee.

Members could be:

- residents with a disability; or
- a family member, carer or person with a disability.

The Disability Reference Committee meets on a bi-monthly basis.

For further information, contact Council's Service Centre on 9524 3333.

#### **Parenting course**

Glen Eira City Council's Maternal and Child Health Service and Caulfield Community Health Service invite parents of children from birth to five years to a four week *Parenting your Toddler* course.

The course will commence on Wednesday 4 November and will be held at Caulfield Community Health Service, 260 Kooyong Road, Caulfield South, from 6.30pm to 8.30pm.

Parentzone Parenting Facilitator Christine Blakey will run the course.

All enquiries to be directed to Caulfield Community Health Service by Wednesday 28 October on 9076 6666.

#### Carer pamper day

Glen Eira City Council, in partnership with the Commonwealth Carer Respite Centre, will be hosting a carer pamper day on Tuesday 20 October from 10.30am to 12.30pm at Caulfield Park Pavilion, Balaclava Road, Caulfield North.

To be held as part of *Carers Week*, the day gives carers the opportunity to come along, have a chat, relax and enjoy a massage.

Morning tea will also be provided.

Places are limited. Bookings are essential.

For further information, contact Council's Service Centre on 9524 3333.

#### Rolling library display

A life-size, rolling display about environmental sustainability is now on show at Caulfield Library until the end of October.

The display covers:

- · climate change;
- water conservation;
- energy conservation;
- waste reduction; and
- · biodiversity.

Each topic will offer handy tips for adults and children about how they can make their home more sustainable as well as provide information on how Glen Eira City Council is leading the way in environmental management.

Information flyers about these topics are also available.

The display will be shared between Council's library branches and can be viewed at Elsternwick Library throughout November and from December through to the end of January at Carnegie Library.

### Disability awareness in schools

Seven primary schools from across the municipality have participated in Glen Eira City Council's *Disability Awareness* in Schools Program.

During the course of the *Program*, more than 450 Grade Five and Six students had the opportunity to hear from two local presenters.

The presentations not only focused on raising awareness of disability in the community, but the presenters also offered a personal view.

They talked about the difficulties they have faced, as well as their achievements and future goals.

This is the third year in which the *Program* has run.

St Anthony's Primary School Deputy Principal and Student Wellbeing Co-ordinator Margaret Mitchell said the *Program* was very successful and of great benefit to the students.



Jen Lipzker addresses students from St Anthony's Primary School.

Photo: David Grant — John Brown Photography Services.

"The *Program* creates awareness and positive attitudes towards people with disabilities," Ms Mitchell said.

"The students really enjoyed meeting the wonderful speakers, hearing their stories and gaining a deeper understanding of the challenges faced by people with disabilities.

"The school really appreciated the opportunity to be part of this

*Program* and looks forward to future involvement."

St Anthony's Primary School student Elise said the *Program* was very interesting.

"I really enjoyed the program and hearing their stories," Elise said.

For further information about the Disability Awareness in Schools Program, contact Council's Service Centre on 9524 3333.

Cut this out now!
Place under a Fridge Magnet ><

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# What's on — Community Safety Month





#### 4 Steps for Life CPR sessions

Thursday 15 October

10am-11am

Glen Eira Town Hall — Caulfield Cup Room, corner Glen Eira and Hawthorn Roads, Caulfield

Monday 19 October

7pm-8pm

Glen Eira Town Hall — Caulfield Cup Room, corner Glen Eira and Hawthorn Roads, Caulfield

Ambulance Victoria will conduct two free training sessions for residents to assist in building awareness and confidence in CPR. A free resource kit containing a DVD and training aids will be provided to participants. Please bring a pillow for the practical exercises (you will not need to get on the floor). Light refreshments will be provided. Bookings are essential.

For further information, or to book, contact Council's Public Health and Community Development Unit on 9524 3333.

#### Heatwave tips for the community

In the effort to better support the local community during times of extreme weather, particularly during the summer months, residents are encouraged to take note of the following tips.

#### Staying cool at home

- Drink plenty of water throughout the day. Restrict the amount of tea and coffee you drink.
- Keep windows and doors closed to keep the cool air inside.
- Wear lightweight, loose-fitting clothing.
- Stay indoors as much as possible. If you do go outdoors, be sure to stay in shaded areas.
- Take a cool shower or bath to help cool your body down.

#### If you are feeling unwell

- Stop any activity and sit quietly in a cool place.
- · Increase your fluid intake.
- Wet the skin with cool water or with wet cloths.
- If you continue to feel unwell, seek medical advice immediately.

#### Places within the City of Glen Eira to keep cool

- Carnegie Library and Community Centre this is open until 9pm during the week.
- · Carnegie Swim Centre.
- Your local shopping district.
- Airconditioned café's why not go and enjoy an ice cream or a cold drink.
- · Your local cinema.

### Improving vehicle security

Theft of and theft from motor vehicles are the most common forms of crime in Australia.

Glen Eira City Council urges residents to be savvy and improve the security of their vehicle and its contents with the following simple tips recommended by Victoria Police.

#### Tips to help prevent vehicle theft

- Never leave keys in the ignition when your vehicle is unattended.
- Close all windows and lock all doors before leaving your car. Even the smallest gap can enable windows to be forced.
- Lock your car when paying for fuel or making a quick trip into the shops.
- Do not leave valuables such as Ipods, sunglasses, CDs, mobile phones and laptop computers within view. Lock them in the boot, out of sight in the glove box, under the seat or take them with you.

#### Tips to help prevent theft from cars

- Portable satellite navigation systems are one of the most attractive items for thieves. If you are going to be leaving your car for a period of time, remove the system from sight. Once removed, be sure to wipe the round suction cap marks from the window with a moist, soft cloth.
- When leaving your valuables in a car do not hide them upon arrival. Thieves could be monitoring the car park.



Before leaving your car, don't forget to remove all valuables. Photo: Bernie Bickerton.

Never leave money, including loose change within view.

#### Products available to help prevent car theft

- Consider installing an engine immobiliser. An immobiliser is an electronic device that prevents a vehicle's engine from starting without the correct signal.
- When buying a new car, consider the security features available as these may vary depending on manufacturers and models. Security features to look out for include: engine immobiliser, door and ignition locks, security patterned keys, internal lock shields, an alarm system and security coded or removable face radio/CD player.

### Glen Eira Police Senior Citizens Register



The Glen Eira Police Senior Citizens Register is maintained by Victoria Police with the support of trained volunteers. Photo: Caulfield Police.

As part of Community Safety Month, Caulfield Police are encouraging residents over 60 who are not registered on the Glen Eira Police Senior Citizens Register to take advantage of this successful initiative.

The Register, which has more than 640 registered residents, has been operating since July 2007 and is maintained by Victoria Police with the support of trained volunteers.

Senior Constable Sue Radchenko manages the register, organises the volunteers and co-ordinates contact with residents.

Residents who register have their details, next of kin and emergency contact secured into the *Register's* database.

Volunteers contact these residents on a regular basis to check on their welfare and security and to assist them with any concerns they may have. Referrals will be made to the appropriate service providers where assistance is required.

The Register also offers a home safety audit to ensure the resident's home has a clearly displayed house number, fitted smoke alarms, security doors, sensor lights and deadlocks.

If you would like to register, become a volunteer or require further information, contact Senior Constable Sue Radchenko at the *Glen Eira Police Senior Citizens* Register on 9564 7537.

### RoadSafe Accredited Schools Program

Road safety around schools is everyone's responsibility.

With more than 250 casualty crashes near Victoria schools each year, Glen Eira City Council is encouraging schools across the municipality to participate in the RoadSafe Accredited Schools Program.

The *Program* is an integrated package for schools that place road safety firmly in the curriculum.

Students will be provided with a hands-on opportunity to learn skills that are vital to keeping them safe on the roads.

Schools can become RoadSafe Accredited once they have implemented the three **p**'s:

- a road safety policy;
- a road safety program with an integrated curriculum planner and existing road safety packages, eg. Kids on the Move and Key Please; and
- a parking management strategy for their school.



Photo: Bernie Bickerton.

St Peter's Primary School in Bentleigh East was one of the first schools to be accredited under the *Program*.

If your school would like further information about the *Program* and how you can become involved, contact Council's Public Health and Community Development Unit on 9524 3333, RoadSafe Inner South East on 9881 8016 or VicRoads on 13 11 71.

# Safe disposal of medication

Residents wanting to dispose of unwanted or out-of-date medications are encouraged to visit Glen Eira Town Hall during October.

As part of Community Safety Month, a medical waste disposal unit for residents will be located in the foyer of Council's Service Centre, corner Glen Eira and Hawthorn Roads, Caulfield.

Council's Director Community Services Peter Jones said people often keep medicines that are no longer needed or are out-of-date.

"Every year there are around 140,000 hospital admissions and 400,000 visits to GPs nationally which are medicine related," Mr Jones said.

"To avoid accidental childhood poisoning, medication misuse and toxic releases into the environment, the safe disposal of medication is important."

Mr Jones said any resident wanting further information about disposing of their medication safely should speak to their local GP about the *Home Medicine Program*.

"The program involves a patient's community pharmacy visiting them at home and showing them how to take their medications correctly, how to store them and advising on disposal of out-of-date or unwanted medications," Mr Jones said.

No bookings are required. For further information, contact Council's Public Health and Community Development Unit on 9524 3333.



A medical waste disposal unit will be located at Town Hall during October. Photo: Bernie Bickerton.

#### **MEETINGS AND CLUBS**

St Peter's Cancer Support Group meets on the first Thursday of each month at St Peter's Parish, 844 Centre Road, Bentleigh East. New members and partners welcome.

Contact: 9579 4255.

Club 66 holds Old Time, Modern and New Vogue dances with a live band on the third Saturday of each month from 8pm at Bentleigh Uniting Church Hall, 495 Centre Road, Bentleigh. Cost of \$7 includes a light supper.
Contact Margaret: 9587 1092.

Caulfield Over 50s Dance Group meets every Monday (except public holidays) in Glen Eira Town Hall Auditorium. New Vogue and Old Time dancing from 12.30pm to 3.30pm. Come and join a fun, social afternoon and a chat over a cup of tea or coffee. Contact Audrey: 9822 2064.

Glen Eira Cheltenham Art Group holds art classes in all media from Monday to Friday with a special children's class on Saturday mornings. A life drawing class is also held once a month at Moorleigh Village, 92 Bignell Road, Bentleigh East.

Contact: 9563 7621 or 0433 793 726.

Ormond Angling Club meets on the first and third Wednesday of each month from 8pm at 462 North Road, Ormond. Junior memberships available. There are no joining fees. Annual fees are reasonable.

Contact Walter: 0400 508 330.

The Bentleigh Life Activities Club offers opportunities for seniors to meet new friends and enjoy social activities including table tennis, golf, card games and music. New members welcome. Contact Gotu: 9557 2562 or Pat: 9555 6008.

The Moorabbin Historical Society opens Box Cottage, Joyce Park, Jasper Road, McKinnon on the last Sunday of each month (February to November) from 2pm to 4.30pm. Admission by donation.

Contact: 9578 9131.

McKinnon Needlepointers run a Nu-Wave program teaching the art of needlepointing for beginners through to the experienced. The group meets every second Thursday from Ipm at McKinnon Public Hall, I18 McKinnon

Contact Merrill: 9578 1117.

Contact Brad: 0403 009 583.

Road, McKinnon.

Brighton Philatelic Society meets on the first Saturday of each month from Ipm, the second and fourth Tuesday at 8pm and the third Tuesday at 10.30am at 80 Gardenvale Road, Gardenvale. Activities include stamp displays and stamp trading. New members welcome.

Zonta Club of Melbourne on Yarra meets regularly to enjoy friendship and fun whilst taking action to advance the status of women locally and internationally.

Contact Lucy: 0412 501 198.

The Bentleigh East Probus Club meets on the second Tuesday of each month from 9.30am at the Bentleigh Club, Yawla Street, Bentleigh. Come and enjoy social activities, outings and guest speakers. Visitors and new members welcome.

Contact lan: 9551 5425.

Bentleigh Men's Probus Club meets on the second Thursday of each month from 10.30am at the Bentleigh RSL Club, Centre Road, Bentleigh. New members welcome.
Contact: 9579 5506.

The Ladies Probus Club of Elsternwick meets on the first Monday of each month from 10am at the Caulfield Senior Citizens Centre, 8 Cedar Street, Caulfield South. Visitors and new members welcome. Contact Chris: 9523 7315.

The Caulfield Combined Probus Club is calling for new members. Meet at the Gladys Machin Hall, 8–10 Cedar Street, Caulfield South on the first Wednesday of every month at 10am. Contact Chye Khaw: 9525 7232.

Washington Park Junior and Senior Cricket Club's new season is here. New senior and junior players (girls and boys) from five to 105 most welcome. Contact Chris Gorrie: 0428 868 026.

Friendly Tours Social Club is an established travel club which has day tours to country places of interest on the first Sunday of each month. Contact: 9569 0134.

#### **EVENTS**

Bentleigh Bayside Community
Health Service, Gardeners Road,
Bentleigh East, will host the following
information sessions as part of
Community Safety Month: Travelling safely
on public transport — 15 October
from 2pm—4pm. Safety in the home and
falls prevention — 28 October from
2pm—4pm. Bookings essential.
Contact Sue: 9575 5369.

Bruthen Street Kindergarten Bazaar will be held on 10 October from 1pm-4pm at 2 Bruthen Street, Moorabbin.

Contact: 9555 5384.

The Melbourne Meccano
Exhibition 2009 will be held on
10 October from 10am–5pm and
11 October from 10am–4pm at the
Brighton Philatelic Society Hall, corner
Gardenvale and Magnolia Roads,
Gardenvale from 10am. Cost: \$10
for families, \$5 for adults and \$2 for
students. Preschool children free.
Contact: 9789 5796.

Music Lovers Society Concert will be held on 24 October at Ewing Memorial Uniting Church, corner Coppin Street and Burke Road, Malvern East, at 8pm. Winnie Sim (piano) Peter Clark (violin) and Jonathan Bradley will perform. Admission: \$20, seniors \$16, pensioners \$12, students \$8 and family \$45. Members free.

Bentleigh East Pre-School Open Day will be held on 24 October 2009 at 202 East Boundary Road, Bentleigh East, from 10am–12pm. Contact: 9570 4806.

Contact: 9571 0850 or 9822 7292.

**Glen Eira Bike Day** will be held on 24 October at Packer Park, Leila Road, Carnegie.

Contact Cameron: 0418 310 464.

Relay for Life is seeking participants for the Murrumbeena event on 24 and 25 October. There is no age limitation or fitness requirements. Cost is \$15 per person. To register go to http://victoria.relayforlife.org.au/home.html Contact Kelly Halliwell: halliwellk@hotmail.com

#### **COMMUNITY**

Year of the Blood Donor 2009 needs 160,000 new donors to improve the lives of others. It only takes around an hour of your time and one donation can save three lives. Contact: 13 14 95 or visit www.donateblood.com.au

The Gladys Machin Senior Citizens Club, Cedar Street, Caulfield is looking for a fit, active person to set up and pack away indoor bowling mats three times per week. A small remuneration will be paid by the club for this assistance.

Contact Tom: 9528 6378 or 0432 583 047.

Square dancers wanted: Tuesday nights 7.30pm and Thursday mornings 9.30am at the KG Putt Senior Citizens Club, 2 Arthurs Street, Bentleigh. Beginners welcome. Contact: 9557 5739

**Bingo:** Thursday afternoons at the KG Putt Senior Citizens Club, 2 Arthurs Street, Bentleigh. Eyes down 2.30pm. Door prizes and raffles. Contact: 9557 5739.

Glen Eira University of the Third Age (U3A) Choir is seeking a conductor and a pianist. They are also looking for people (especially sopranos) who would like to sing with the choir. No experience necessary. Contact Maurie: 9578 9869 or Heather: 9568 3117.

### Immunisation sessions

#### McKinnon Public Hall

118 McKinnon Road, McKinnon

Monday 5 October and Monday 9 November 10am-11am

#### Glen Eira Town Hall Auditorium (entry via Glen Eira Road)

Corner Glen Eira and Hawthorn Roads, Caulfield

Tuesday 6 October and Tuesday 10 November 6pm-7pm

Tuesday 13 October and Tuesday 17 November 9.30am–10.30am

### Carnegie Library and Community Centre

7 Shepparson Avenue, Carnegie

Wednesday 14 October and Wednesday 4 November 1.30pm–2.30pm and 5.30pm–7.30pm

### Glen Huntly Maternal and Child Health Centre

Corner Royal and Rosedale Avenues, Glen Huntly

Wednesday 28 October and Wednesday 25 November 9.30am–I Iam

#### **Packer Park**

Leila Road, Carnegie

Monday 19 October and Monday 23 November 10am–11am

### **Bentleigh Bayside Community Health Centre**

Gardeners Road, Bentleigh East

Saturday 24 October and Saturday 28 November 9am-I Iam

Wednesday 21 October and Wednesday 11 November 5.45pm—7.15pm

Thursday 29 October and Thursday 26 November 6pm–8pm



#### 家長將有更多機會直接參與健康檢查

繼全州婦幼保健服務的變動,住在 Glen Eira 區的父母現在將有更多的機會直接參與孩子的 健康檢查。

這一新方法針對兒童十個關鍵年齡和階段的 體檢,現在包括四個主要方面 - 詢問父母一 些引起他們擔心的事情;監測孩子的成長和發 育;宣傳健康和發展;以及根據事實採取干 預措施。

從四個月開始,每次兒童來體檢時,父母都 將得到一份調查問卷,重點在於兒童的生長發 育。父母需填寫調查問卷,以協助婦幼保健護 士更好地瞭解兒童的生長發育。

關鍵年齡和階段的體檢是指嬰兒出生後,然後 在滿兩周、四周、八周、四個月、八個月、 12 個月、18 個月、兩歲及三歲半的時候。

Glen Eira 市政府婦幼保健主任 Ruth Hennell 説道,採用這項新舉措對我們的服務來説確實 令人振奮。

Hennell 女士説:"Glen Eira 的大多數護士完成了培訓,目前正在實施這項新舉措。"

除了這項新舉措,市政府護士將繼續提供哺乳、行為、睡眠和安定、發育、健康和福利等方面的支持和指導,並提供關鍵年齡和階段之間的體檢,或向有特殊需求的家庭提供額外的體檢。

若想瞭解這項新舉措的更多信息,請聯繫市政府婦幼保健服務,電話 9524 3333。

### School crossing supervisors

Glen Eira City Council currently has permanent part-time school crossing supervisor positions available.

Most school crossings operate between the hours of 8.15am and 9am and 3.15pm and 4pm during school terms.

You will take responsibility for ensuring the safety of children and other people using the crossing on a daily basis. These are paid positions and salary starts at \$17.42 per hour. You will enjoy approximately 10 weeks holiday each year.

If you are responsible, reliable, and available during the school crossing hours, then we would like to hear from you.

Prospective school crossing supervisors will need to pass a medical examination, undergo a police check and have a current Working with Children Check.

For further information, contact 9524 3333. For a copy of the position description visit www.gleneira.vic.gov.au/careers

All applications must quote
Ref. 09/003 within the covering
letter. Applications are preferred
online via www.gleneira.vic.gov.au
or alternatively you can
mail your application

to Human Resources, PO Box 42 Caulfield South, 3162.

GLEN EIRA CITY COUNCIL

EIRA

#### Οι γονείς θα εκφέρουν περισσότερο τη γνώμη τους κατά τους ελέγχους υγείας

Γονείς απ' το Δήμο Glen Eira θα εκφέρουν τώρα περισσότερο τη γνώμη τους στους ελέγχους υγείας των παιδιών τους, μετά από πανπολιτειακές αλλαγές που έγιναν στην Υπηρεσία Υγείας Μητέρας και Παιδιού.

Η νέα προσέγγιση στις 10 επισκέψεις για τα σημαντικότερα στάδια και ηλικίες των παιδιών θα αποτελείται τώρα από τέσσερα κύρια στοιχεία – θα ρωτάνε για τις ανησυχίες σας ως γονέας, θα παρακολουθούν την ανάπτυξη και μεγάλωμα του παιδιού σας, θα προάγεται η υγεία και ανάπτυξη και οι παρεμβάσεις θα γίνονται βάσει στοιχείων.

Εφαρμόστηκε επίσης ένα ερωτηματολόγιο που θα δίνει προσοχή στην ανάπτυξη του παιδιού και θα συμπληρώνεται σε όλες τις επισκέψεις μετά την επίσκεψη των τεσσάρων μηνών. Θα ζητείται απ΄ τους γονείς να συμπληρώνουν το ερωτηματολόγιο για να βοηθήσουν τη νοσοκόμα Υγείας Μητέρας και Παιδιού να καταλάβει καλύτερα την ανάπτυξη του παιδιού σας.

Οι επισκέψεις για τα σημαντικότερα στάδια και ηλικίες θα γίνονται μετά τη γέννηση του παιδιού και μετά στις δύο εβδομάδες, τέσσερις εβδομάδες, οκτώ εβδομάδες, τέσσερις μήνες, οκτώ μήνες, 12 μήνες, 18 μήνες, δύο χρόνια και στα τριάμισι χρόνια.

Η Συντονίστρια της Υπηρεσίας Υγείας Μητέρας και Παιδιού του Δήμου Glen Eira, Ruth Hennell είπε ότι η εφαρμογή της νέας πρωτοβουλίας είναι μια συναρπαστική περίοδος για την υπηρεσία.

«Οι περισσότερες νοσοκόμες στο Δήμο Glen Eira έχουν αποπερατώσει την εκπαίδευσή τους και χρησιμοποιούν τώρα τη νέα πρωτοβουλία,» ανάφερε η κ. Hennell.

Εκτός απ' τη νέα πρωτοβουλία, οι νοσοκόμες του Δήμου θα συνεχίσουν να προσφέρουν υποστήριξη και συμβουλές σχετικά με το τάϊσμα, συμπεριφορά, ύπνο και καθησύχαση του παιδιού, υγεία και ευρωστία, καθώς επίσης και ανοιχτές συνεδρίες για επισκέψεις μεταξύ των κύριων επισκέψεων ή επιπλέον ραντεβού για οικογένειες με ειδικές ανάγκες.

Για περισσότερες πληροφορίες σχετικά με τη νέα πρωτοβουλία, επικοινωνήστε με την Υπηρεσία Υγείας Μητέρας και Παιδιού του Δήμου στο 9524 3333.

### Più diretta partecipazione ai controlli sanitari da parte dei genitori

I genitori residenti a Glen Eira saranno invitati a partecipare in maniera più diretta ai controlli sanitari dei propri bambini a seguito di cambiamenti inerenti a tutto lo stato e riguardanti i servizi per la maternità e infanzia Maternal and Child Health Service.

Il nuovo approccio alle 10 visite basilari inerenti all'età e fase di sviluppo del bambino sarà adesso costituito da quattro componenti chiave e cioè: (chiedere) dedurre le tue preoccupazioni di genitore; monitorare la crescita e lo sviluppo del tuo bambino; promuoverne la salute e lo sviluppo ed intervenire in base alle informazioni raccolte.

È stato inoltre preparato un opuscolo-questionario che mira a monitorare lo sviluppo del bambino e che sarà consegnato alla visita dai quattro mesi in su. I genitori saranno invitati a completare il questionario per assistere l'infermiera specializzata in maternità e infanzia ad avere un più ampio quadro dello sviluppo del bambino.

Le visite basilari inerenti all'età e fase di sviluppo del bambino vengono effettuate dopo la nascita del bambino e successivamente alla seconda settimana di vita, alla quarta, all'ottava, ai quattro mesi, agli otto mesi, ai 12 mesi, ai 18 mesi, ai due anni ed ai tre anni e mezzo del bambino.

Ruth Hennell, Coordinatrice del servizio Maternal and Child Health del comune di Glen Eira, ha affermato che l'introduzione della nuova iniziativa costituisce un passo entusiasmante per il servizio stesso.

"La maggior parte delle infermiere comunali a Glen Eira ha completato la formazione e sta già mettendo in atto la nuova iniziativa" ha ribadito Ruth Hennell.

In aggiunta alla nuova iniziativa, le infermiere comunali continueranno ad offrire sostegno e suggerimenti su argomenti quali nutrizione, comportamento, fare dormire e calmare il bambino, sviluppo, salute e benessere, oltre a sedute aperte per visite intermedie oppure appuntamenti aggiuntivi per famiglie con necessità speciali.

Per ulteriori informazioni sulla nuova iniziativa si prega di rivolgersi al servizio Maternal and Child Health Service al numero telefonico 9524 3333.

#### Более активное участие родителей в проведении медицинских осмотров детей

Благодаря недавним изменениям в работе Службы здоровья матери и ребенка штата Виктория, родители в муниципалитете Glen Eira будут принимать более активное участие в проведении медосмотров их детей.

Проведение 10 основных медосмотров по конролю развития ребенка будет теперь включать четыре основных компонента: выяснение неясностей, опасений, вопросов, имеющихся у родителей; контроль роста и развития ребенка; рекомендации и полезная информация о здоровье и развитии ребенка; вмешательство, при наличии объективных оснований

Начиная с 4-х месячного возраста, на всех медосмотрах родителям будет предложено заполнить специальную анкету. Она поможет медсестре Службы здоровья матери и ребенка составить более полное представление о развитии ребенка.

Медосмотры по конролю развития ребенка начинаются после его рождения и продолжаются с удлиняющимися интервалами: когда ребенку 2 недели, 4 недели, 8 недель, 4 месяца, 8 месяцев, 12 месяцев, 18 месяцев, 2 года и 3.5 года.

Координатор Службы здоровья матери и ребенка муниципалитета Glen Eira г-жа Ruth Hennell отметила, что внедрение этой инициативы стало важным событием для работы всей Службы.

"Большинство медсестер муниципалитета прошли специальную подготовку и теперь используют новый метод в работе," сказала г-жа Hennell.

Помимо этого, медсестры муниципалитета и дальше будут предлагать поддержку и советы по вопросам питания, поведения, сна, возбуждения, развития, здоровья и благополучия ребенка, а также групповые занятия для родителей между медосмотрами или дополнительные приемы для семей с особыми нуждами.

Дополнительную информацию об этой новой инициативе можно получить в Службе здоровья матери и ребенка муниципалитета Glen Eira по тел. 9524 3333.

### Community consultation

Council sees community consultation as a vital part of its decision making process. Consultation involves the community in Council's planning and activities and helps Council to understand the community's priorities and issues.

#### **Recent consultation opportunities**

Subject	Туре	Date
Improving Packer Park	Comments and submissions	9 September
Local Law 2009	Public meeting	17 September
Bentleigh Plaza Rotunda Space	Information booth	17–19 September
Local Law 2009	Comments and submissions	28 September
Bentleigh Plaza Rotunda Space	Questionnaire	30 September

For further information about any of the above consultation opportunities, contact Council's Service Centre on 9524 3333 or visit Council's website at www.gleneira.vic.gov.au

### **Business** events

ATO tax basics seminar

When: Monday 19 October

Where: Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield

Time: 9am-12pm (8.45am registration)

**Cost: Free (includes light refreshments)** 

RSVP:Thursday 15 October to Council's Service Centre on 9524 3333

Small business operators and those just starting or thinking about a new business are encouraged to attend this free tax basics seminar.

Presented by the Australian Taxation Office, the seminar will explore tax issues related to owning and operating a small business, as well as practical tips for your business.

**ATO** record keeping workshop

When: Tuesday 27 October

Where: Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield

Time: 9am-Ipm (8.45am registration)

**Cost: Free (includes light refreshments)** 

RSVP:Thursday 22 October to Council's Service Centre on 9524 3333

Presented by the Australian Taxation Office, this workshop is designed to help small business operators understand basic record keeping concepts.

The workshop will also explore a number of record keeping principles and discuss why it makes sense to keep good records and the types of records businesses may need.

**Please note:** The workshop does not cover commercial accounting software programs.

Forecasting cashflow for survival and growth When: Monday 26 October

When Plonday 20 October

Where: Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield

Time: 6.15pm registration and networking — 6.30pm start until 9pm

Cost: \$25

RSVP: Thursday 22 October to Council's Service Centre on 9524 3333

In this day and age, it is essential for businesses to plan for the future. We all know that cash is more important in business than profit — you can remain profitable but still suffer cashflow crisis. Forecasting is always a challenge; but adopting the right approach can make it easier.

This workshop is designed to assist in developing a meaningful, more accurate cashflow forecast that can be adapted for your individual business needs.

Participants will be shown a practical approach to forecasting cashflow using existing financial information and future business plans. Topics covered will include:

- the difference between budgeting and forecasting;
- the benefits of cashflow forecasting for businesses;
- how to develop an accurate, meaningful cashflow forecast; and
- how to use the cashflow forecast to plan for growth.

Presented by Financial Management Trainer, this workshop will examine the key areas businesses need to focus on to prepare a cashflow forecast that can be used to manage difficult economic times and to help plan for future growth.

The facilitator, Jan Barned, has worked in the finance industry for more than 20 years in senior finance roles for a variety in industries, including retail, manufacturing, resources and financial services. As a specialist in financial management, Jan now runs a successful consulting business — Financial Management Trainer — to assist small and medium businesses in achieving financial optimisation.

### Google solutions for small business

When:Tuesday 20 October

Where: Glen Eira Town Hall, corner of Glen Eira and Hawthorn Roads, Caulfield

**Time: 6.30pm** 

Cost: \$20 (includes light supper on arrival)

RSVP: Friday 16 October to Council's Service Centre on 9524 3333

Learn how to make the most out of your online presence during this informative presentation.

Google Reseller Strategic Partner Manager Patrice McCauley and Advantate Director of Operations Remone Tawadros, have joined forces to provide an overview on:

- the internet revolution;
- the benefits of search advertising;
- beyond search for small business;
- future trends;
- the benefits of outsourcing your search marketing; and
- case studies on sites which are now highly visible in major search engines.

Patrice manages the Authorised Reseller Channel in Australia and New Zealand. She is responsible for growing the channel from its modest beginnings in 2007 to where it is today. Patrice has 10 years experience in IT and online marketing, including roles at Microsoft and a successful software



Patrice McCauley.

start-up in Ireland. Prior to Google, she was Online Marketing Manager for Mortgage Choice where she was responsible for both corporate online strategies and supporting the online needs of a network of 600 mortgage brokers nationwide.

Remone has managed website search campaigns for more than 1,500 businesses, boasting a 94 per cent success rate of achieving an organic ranking within the two first pages on Google. After spending time in the United States market, he developed



Remone Tawadros.

a deep understanding of the online industry, bid management tools and methodology.

Remone is an online marketer helping businesses improve their performance through online marketing strategies, including Search Engine Optimisation (SEO) and Pay Per Click (PPC), website performance analytics and site traffic management.

He is Google certified and a Yahoo Search Ambassador.

### Bentleigh rocks

More than 40,000 people are expected to attend the 2009 Bentleigh Festival on Sunday 15 November.

Rock n' Roll is the theme for this year's Festival, which will be held in Centre Road — between Jasper and Wheatley Roads — from 10am to 4pm.

The 2009 Bentleigh Festival will feature:

- entertainment stages with live music and dancing;
- a vintage American car display;
- rock n' roll dancing demonstrations;
- Elvis and other 60's characters look alike competition;
- roving entertainers;
- carnival rides and games, including, cars, trains, bike rides, giant slide, jumping castle and show bags;
- an animal farm;
- displays and performances from community groups, schools, local groups and charities; and
- a cutest pet competition.

Centre Road shops will also be offering fantastic festival specials and food stalls.

For further information visit www. bentleigh@shopbentleigh.com.au

### Glen Eira Women's Business Network meeting

When: Thursday 15 October

Where: Glen Eira Town Hall — Caulfield Cup Room, corner Glen Eira and Hawthorn Roads, Caulfield

Time: 7pm-9pm (networking and light supper on arrival)

#### Cost: \$15

### RSVP:Tuesday 13 October to Council's Service Centre on 9524 3333

If you have ever wished you could fit more into your day or you've got to the end of the day and wondered why you haven't achieved all you set out to, then perhaps this session is for you.

Managing time to be at our most effective is the topic for the upcoming Glen Eira City Council Women's Business Network meeting.

Presented by Fiona Newton, the session will look at:

 how to introduce some practical tools to better manage your day-to-day tasks;

- how to consolidate your approach to time management;
- how to write an effective to-do list;
- · desk management;
- how to manage your inbox; and
- how to be more effective with your time.

Fiona's understanding of the issues that are inhibiting employees from achieving their best results in the workplace will make this an enlightening and empowering presentation.

Fiona has eight years experience in the training industry. As an expert in productivity processes and tools, including Outlook, Ipaq, Palm and Lotus Notes, she has consulted with many of the top government and private organisations in Australia to design better structures and systems to increase productivity. Fiona offers specialised coaching and training in the areas of time management, IT skills, presentation skills, customer service, telephone etiquette and team building.

### Optimise your business opportunities

Is your business registered on the Glen Eira City Council's *Online Business Directory*? Could you use a free opportunity to market your business?

Council's Online Business Directory is an opportunity for businesses operating in Glen Eira to promote their business free of charge.

Businesses listed in the *Directory* generally appear on the first page or a high-ranking position in a Google name search. Council encourages businesses to take advantage of this free *Directory* to advertise their business freely.

If you are not sure if your business is already listed, you can check by logging onto www.gleneira.vic.gov.au and typing your business name in the search engine.

If you require any changes to be made to your listing, please email businessdevelopment@gleneira. vic.gov.au

If you are operating a new business in Glen Eira please log into http://business.gleneira.vic.gov.au/ Directory/s I.asp. If you wish to receive notification of upcoming

business events via email, please register by ticking the appropriate box on the directory registration form.

For further information, contact Council's Business Development Unit on 9524 3333.

#### Carnegie Mainstreet Fair 2009

Carnegie Mainstreet Trader's will celebrate in style at their Christmas fair and sidewalk sale on Saturday 28 November.

To be held from 10.30am to 3.30pm, Koornang Road will be closed to traffic from Rosstown Road to Neerim Road from 6am to 6pm.

Santa will arrive at 10.45am and Humphrey Bear will present his own show at 2.30pm.

There will be free rides and amusements for young and old, personality entertainers, street side cafes, competitions and bands.

There will be artwork on display from local schools and traders and community groups will have goodies on sale for the festive season.

library news



Photo: Bernie Bickerton.

## Children's Week — A Caring World Shares

Come and celebrate *Children's* Week at Council's libraries.

Storytime sessions will be packed with stories, songs, puppets and rhymes linked to this year's theme — A Caring World Shares.

There will be lots of fun for children aged three to five at the following sessions:

#### Carnegie Library

- Monday 26 October, 2pm;
- Wednesday 28 October, I Iam;
- Thursday 29 October, I Iam; and
- Friday 30 October, I Iam.

#### **Caulfield Library**

• Tuesday 27 October, I Iam.

#### **Elsternwick Library**

• Wednesday 28 October, I Iam.

Due to refurbishment work at Bentleigh Library, Storytime sessions have been transferred to Carnegie Library until the new Bentleigh children's library is open in 2010.

# Bentleigh Library refurbishment

In nine months, the Bentleigh Library will have a new modern look and better facilities for customers thanks to an extensive renovation.

The improvements to the library will include:

- a spacious new children's library;
- · additional seating and study facilities;
- new shelving for better collection access;
   and
- a new heating and cooling system.

While the works are taking place a range of library services, including collections and computer access, will continue from the temporary facility facing Robert Street.

The temporary facility has four PCs for library members to use and there is limited space for studying and reading.

The collection has been temporarily reduced due to space limitations, but staff are happy to assist customers to access material from other Council libraries and can arrange the transfer of material from another branch at no cost.

Opening hours remain unchanged:

Monday to Thursday: 10am-9pm;

Friday: 10am-6pm;

Saturday: I 0am-4pm; and

Sunday: 12pm-5pm.

# Saturday Shakers — sharing stories

Old stories, new twist

10 October, 2pm

Carnegie Library, 7 Shepparson Avenue, Carnegie

Come to Saturday Shakers on 10 October for a selection of popular stories told with a new twist.

Saturday Shakers — sharing stories is a fun and interactive storytime program suitable for children up to eight years, promoting the love of books and reading. The free 45 minute sessions are held on the second Saturday of each month at 2pm. No bookings are required.

### Storytime

Bentleigh Storytime sessions have been relocated to Carnegie Library until the new children's library opens.

Families are invited to attend any of the following Storytime sessions:

- Monday: Carnegie Library, 2pm (relocated from Bentleigh);
- Tuesday: Caulfield Library, I Iam;
- Wednesday: Elsternwick Library and Carnegie Library, I Iam;
- Thursday: Carnegie Library, I Iam (relocated from Bentleigh); and
- Friday: Carnegie Library, I Iam.

## Springtime Music Series commences

Spring celebrations kick off this month with an exciting series of free, small unplugged concerts.

All concerts will be held from 2pm to 4pm at the following locations:

## Lucca Sunday I I October Greenmeadows Gardens — Green Street, St Kilda East

This string quartet comprises of two violinists, violist and cellist. They play a variety of classical, pop, blues, tango jazz and folk.

Flanagans Folie
Sunday 18 October
Springthorpe Gardens — corner
Neerim Road and Tuckett Street,
Murrumbeena

Flanagans Folie is an exciting acoustic act which combines acoustic guitars and percussion with excellent vocal harmony to create great covers.



Flanagans Folie.

Paul Jamieson
Sunday 25 October (Children's Week)
Carnegie Library and Community
Centre — 7 Shepparson Avenue,
Carnegie



Groove Indigo.

Paul Jamieson is a multi-talented entertainer performing for children. His songs are fun for kids and more often laced with contagious rhythms that have everyone — young and old — grooving. Reggae, rap, calypso and pop are just a few of the styles he covers.

Groove Indigo
Sunday I November
Hopetoun Gardens — corner
Victoria Street and Glenhuntly
Road, Elsternwick

Groove Indigo's repertoire consists of the interpretation of jazz and blues standards by George Gershwin, Cole Porter, Ray Charles and Nina Simone.

Dominic Chipperfield Trio
Sunday 8 November
Halley Park — corner Jasper Road
and Mortimore Street, Bentleigh

Dominic Chipperfield is a flamenco guitarist whose repertoire includes a

wide variety of traditional and classical pieces as well as modern flamenco.

#### Michael Fitzgerald Sunday I5 November Joyce Park — Jasper Road, Ormond

For more than 15 years, Michael Fitzgerald has been playing guitar, singing, and songwriting. He plays covers from the 60s, 70s, 80s and 90s as well as today's top 40.

TLC
Sunday 22 November
Centenary Park — Bignell Road,
Bentleigh East

TLC are melodic singers with great harmonies. The duo covers a wide variety of styles, including rock n' roll songs from the 50s and 60s, through to swing, blues, light jazz and pop.

For further information regarding the 2009 Springtime Music Series, contact Council's Service Centre on 9524 3333.

Living Together: a celebration of the Chinese, Greek and Indian cultures of Glen Eira

Glen Eira City Council presents a free outdoor event — Living Together: a celebration of the Chinese, Greek and Indian cultures of Glen Eira.

The event will be held on Sunday 29 November at Caulfield Park, corner of Hawthorn and Balaclava Roads, Caulfield North.

The event will showcase three cultures: Chinese, Greek and Indian (other cultures will be showcased in coming years).

There will be performers, community groups and activities from each of the communities as well as a vibrant marketplace which will sell food, arts and craft and commercial goods.

The event will provide an opportunity for community groups, businesses and individuals to promote the richness of their cultural heritage as well as demonstrating the cultural diversity of Glen Eira.

#### **Performances**

The day will include performances by *The Chinese Children's Choir*, Greek musical group *Meltemi* and Indian dance troupe *Tatva*, along with community performers from each of the cultural groups, including Tai Chi sword demonstrations, a lion dance, Chinese folk singing, Greek dancing and Indian children's performances.

For further information, contact 9524 3333 or visit www.gleneira.vic.gov.au

## Exhibitions

Glen Eira City Council Art Gallery Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield. Phone: 9524 3333 Opening times: Monday-Friday I0am-5pm, Saturday, Sunday and public holidays. Ipm-5pm. Admission is free

Jane Burton — Eye of the Beholder: 20 year survey exhibition

Continues until 5pm Sunday 18 October



Jane Burton — Badlands 1, 200, Type C photograph, 110 x 110 cm.

Glen Eira City Council's Gallery is delighted to present a major survey exhibition documenting two decades of work by nationally renowned Caulfield photographer Jane Burton.

Renowned for her compelling, mysterious, cinematic images of desolate, brooding urban and rural landscapes and sensual female nudes shot in dark interiors of abandoned suburban homes, Ms Burton is at the forefront of contemporary photographic art in Australia.

Ms Burton's dark and compelling photographs are not to be missed.

Floor Talk by Edward Colless
Saturday 3 October — Glen Eira
City Council's Gallery
2.30pm Free admission

### Melbourne Society of Women Painters and Sculptors 100th Annual Exhibition

Opens 10am Thursday 22 October and continues until 3pm Sunday 1 November

Official exhibition opening and presentation of the Annie Davison Oliver Award and Mabel Pryde Memorial Prize: 7pm Wednesday 21 October

The Melbourne Society of Women Painters and Sculptors 100<sup>th</sup> Annual Exhibition will be on show at Glen Eira City Council's Gallery.

The exhibition is an important and unique event for the Society — which is the longest established women's art group in Australia.

The exhibition will showcase a range of innovative works by the talented members of the Society, including oil paintings, watercolours, pastels, mixed media works and wonderful sculptures in bronze, wood and ceramic.

A quality, 80 page full colour publication has been produced to record this significant milestone and will be available for purchase at the exhibition.

# Successful parent information night

More than 100 parents attended Glen Eira City Council Youth Services parent information night last month.

Tricky Kids Tricky Behaviours: A Parent's Survival Guide was the topic for the evening, which was presented by clinical psychologist Andrew Fuller.

Council's Manager Recreation and Youth Services Linda Smith said it was evident from the start of the evening that this was a topic of relevance to the community.

"Interest grew very quickly and Andrew did not disappoint," Ms Smith said.

"His presentation was highly informative and very entertaining, keeping the audience laughing while providing useful advice.

"Andrew explored a range of difficult behaviours and personality types in children and real strategies and techniques that parents can employ.

"The strategies explored were not only designed to assist parents to deal with these issues, but be easily implemented to modify their children's behaviours and contribute toward their long-term development."

Ms Smith said the audience also had the opportunity to ask questions, which generated an interesting discussion.

"This gave parents the opportunity to hear from others about their experiences and difficulties in raising their children," Ms Smith said.

#### Parent information session key points

- Children and adolescents have far more energy than parents do to invest in any argument or battle at home. Small steps to modifying behaviour are easier to achieve and require much less effort for you and your children.
- A child's brain is re-structuring, becoming more efficient. We need to capitalise on this re-structuring. Assist your child in developing habits and routines that allow them to work smarter, not harder.
- Remember that adolescents' frontal lobes are not fully developed. We cannot expect teenagers to show a lot of forethought, planning consideration or impulse control.



More than 100 parents attended Glen Eira City Council Youth Services parent information night last month. Photo: Youth Services.



Photo: Bernie Bickerton.

### Return of Battle of the Bands

Friday II December sees the return of the highly anticipated *Battle of the Bands* competition.

Glen Eira City Council Youth Services Youth Consultative Group is hosting this free event for people aged 12–25 at the Bentleigh McKinnon Youth Centre.

Be quick to submit your band's demo CD. Closing date for entries is mid October.

In 2008, eight bands battled it out to win a full day's recording with Hide Out studio, with the runners up winning music equipment from Mel Music.

Come along and support our local musical talent. Watch this space for further information or contact Youth Services on 9579 7963.

Battle of the Bands 2009 is a drug and alcohol free event.

### First aid — paediatric first aid and resuscitation

Glen Eira City Council will be presenting this information session for parents/guardians and grandparents

Each year in Australia, approximately 500 children die as a result of accidents and injuries. Many of these lives could have been saved if parents or other caregivers knew simple first aid and resuscitation skills.

This valuable session will look at:

- responding to an emergency;
- care of the unconscious child;
- child and infant resuscitation;
- choking;
- febrile convulsions; and
- calling an ambulance.

Please note: This paediatric first aid course is for families and guardians and not a Level Two training course required by Children's Services Regulations 2009 for early years professionals.

Presenter: Emergcare

Thursday 12 November

7.30pm-9.30pm (7.15pm registration)

Glen Eira Town Hall — Caulfield Cup Room, corner Glen Eira and Hawthorn Roads, Caulfield

Cost: \$45 per person

Places are limited. Registration and payment must be received prior to the session. For a copy of the registration form or for further information about the session,

contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au



#### Glen Eira City Council's Youth Services presents

### **Empower**

Glen Eira City Council will be running this program for young women aged 13 to 18.

This program will assist participants in building on their social skills as well as developing their self-worth and self-esteem.

Activities include healthy cooking, health and wellbeing and personal budgeting.

The program will run for eight weeks at the Youth Information Centre.

For more information or to register your interest contact Youth Services on 9579 7963.

ndeigh Bentleigh East Carnegie Cauffield Eisternwick Gardenvale Gien Huntly McKinnon Murrumbeena Onmond St Kilda East



### Have a hit of tennis

Tennis is a popular interest for many residents. However, being a member of a tennis club and a regular team member may not be possible because of the busy lives we live.

For those who enjoy a social game, Glen Eira has three public tennis centres where courts can be hired on an hourly basis. The courts are available for day time and night time hirings seven days a week. The courts are plexipave and all you need to do is bring your friends, tennis racquets and balls.

The tennis courts are at the following three locations:

Brooklyn Avenue tennis courts Address: Brooklyn Avenue, Caulfield South

Operating hours: Monday–Sunday 8am–9.30pm includes public holidays Facilities: two courts with lights and shelter **Bookings:** Caulfield Recreation Centre on 9519 7500

Moira Avenue tennis courts
Address: Moira Avenue, Carnegie
Operating hours: Monday–Sunday
8am–9.30pm includes public holidays
Facilities: two courts with lights
Bookings: winter period —
I April to 31 October — Caulfield
Recreation Centre on 9519 7500 and
summer period — I November to
31 March — Carnegie Swim Centre
on 9571 8143

**East Caulfield Reserve tennis courts Address:** Sir John Monash Drive,
Caulfield East

Operating hours: Monday—Friday 6.15am—10.30pm and Saturday, Sunday and public holidays 9am—7pm
Facilities: four courts with lights and shelter

**Bookings:** 9903 2358



Tennis is a popular interest for many residents. Photo: Bernie Bickerton.

Many club-operated courts are also available across the municipality. Information on local tennis clubs can

be found in Glen Eira City Council's Residents' Handbook.

### Splash into summer at Carnegie Swim Centre



Photo: Bernie Bickerton.

The Carnegie Swim Centre will open for the summer season on Saturday 31 October.

A variety of events for the whole family will be on offer during the season, including dive-in movie nights, family fun days, jazz by the pool, kids pop music night, open doors fundraiser barbecue, aquathon as well as school holiday fun. Keep your eye out for the dates of these upcoming events.

Located on Moria Avenue, the Carnegie Swim Centre features a heated 50 metre Olympic swimming pool as well as a dive pool, learner pool and toddler pool. The centre also has a sand volleyball court, barbecue and picnic facilities.

There have been some new developments at the pool, including shade over the toddlers' pool and a passive recreation area which is located between the toddlers' and learners' pools. This new synthetic grassed area will provide patrons with seating, tables and shade cover.

Opening hours

Monday to Friday — 6am-7pm

Saturday, Sunday and public
holidays — 8am-6pm

The respective closing times will be extended until 8pm on days where either:

- the forecast temperature for Melbourne is 30 degrees Celsius or above; or
- reaches 30 degrees Celsius or above by 3pm on the day

The Carnegie Swim Centre will be open until Wednesday 31 March 2010.

Please note: The Bentleigh East Swim Centre will be closed this coming season due to redevelopments. Works are expected to commence at the site in late October. Glen Eira City Council apologises for any inconvenience caused.

# Delivering new community projects

Walkers, joggers and cyclists will now be able to enjoy the new facilities at Lord Reserve, Carnegie and Mackie Reserve, Bentleigh East.

Thanks to a Commonwealth Government grant, new all-weather, all-abilities shared pathways have been added to both parks.

The grant was awarded under the Commonwealth Government's Regional and Local Community Infrastructure Program.

#### Summer sport fun

October is the month when summer sports commence in Glen Eira parks. Sports clubs offer a lot of enjoyment to many people and provide a range of opportunities for people of all ages and abilities.

Staying active is an important part of maintaining a healthy lifestyle and sports clubs can assist with our wellbeing. Whether its being part of a team or a volunteer with the club there are many opportunities.

To find the contact details of the clubs at your local park go to www.gleneira.vic.gov.au

Follow the links to Parks and recreation and go to the parks map. Here you can find your park complete with the club links. Alternatively you can contact Council's Service Centre on 9524 3333 for the details of the club nearest you.

