

glen eira news

Community grants awarded



Glen Eira Mayor Cr Steven Tang and children from the Creative Connections program. Photo: David Grant — John Brown Photography Services.

More than \$320,000 in community grants have been awarded to 136 not-for-profit community groups and organisations as part of Glen Eira City Council's 2010–11 Community Grants Program.

The Program assists community groups and organisations within the municipality to implement projects and activities.

Every year, Council awards grants across a broad range of categories including arts and culture, sport, recreation and youth, public health and community development, aged and community services and family and children's services.

Calvary Health Care Bethlehem was awarded a grant for \$5,082. Part of this funding has been allocated towards *Creative Connections* — a free program that supports children and young people who are experiencing difficulty dealing with the serious illness or passing of a loved one.

Since it began in 2008, more than 100 families have been supported by the program through music and art therapy.

As part of the sessions, a qualified art therapist works with children on a variety of artistic projects, creating paintings, masks, drawings and clay modelling.

Director of Mission John De Bono said art and music therapy gives children the opportunity to express their feelings in what is always a very difficult time in their lives.

"When there is a serious illness or death in the family, often young children are deeply affected by the situation, but can't articulate their emotions," Mr De Bono said.

Chief Music Therapist and *Creative Connections* Co-ordinator Karen Bolger said even though some serious topics are discussed during the sessions, they are conducted in a fun and friendly environment.

"We want the children to recognise that they aren't on their own," Ms Bolger said.

"When many of them start the therapy they can find it difficult to talk about what is happening in their lives, but as they get involved in the art work or music they begin to open up and the difference is quite noticeable.

"This is an amazing program and we would love to hear from anyone in the community who would benefit from it or is keen to help out in some way."

The Ormond Angling Club Inc. was also awarded a community grant. The Club received \$1,830 to help them host fishing clinics for children and to promote their activities.

Ormond Angling Club's Walter Firestone said the clinics would be held in the school holidays once the redevelopment of the artificial lake at Caulfield Racecourse is complete.

"Some of the kids enjoy the clinics so much they'll stay the entire day," Mr Firestone said.

The funding will also go towards the installation of folding ramps at the club house to create a user-friendly facility for people living with a disability.

"We've recently formed a partnership with *Access Unlimited* and have plans to hold learn to fish days for people with disabilities in the future," Mr Firestone said.

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Community Safety Month

New Councillor for Camden Ward

Glen Eira Mayor Cr Steven Tang has welcomed Cheryl Forge as the new Councillor for Camden Ward.

Cr Forge, who was sworn in at a Council meeting on 31 August, replaces Cr Helen Whiteside, who resigned from Council in July.

Married with two adult children, Cr Forge has lived in Glen Eira for most of her life. She attended Glen Huntly Primary School and during her secondary school years was a student at Shelford and Caulfield Grammar.

“Most of my professional career as a physiotherapist has been involved as a committee member and convenor of state and national physiotherapy bodies,” Cr Forge said.

“More recently, I have been involved in planning issues as State Secretary on the Save our Suburbs committee.”

Cr Forge said she has many ideas for a better Glen Eira.

“I would like to increase the public visibility, accessibility and use of Caulfield Racecourse Reserve, including replacing the corrugated iron fence which surrounds two thirds of our park,” Cr Forge said.

“I want to bring together the major stakeholders of the Caulfield Major Activity Centre and transport hub to develop a fabulous billion dollar regional shopping, recreational and cultural centre, readily accessible by rail, tram and bus, thus reducing taxes by avoiding duplication of such facilities elsewhere.

“Finally, I want to expedite the planting of green leaf canopy trees on our main roads, making Glen Eira a more desirable municipality in which to live, as well as concealing unsightly developments.”



Cr Cheryl Forge. Photo: David Grant — John Brown Photography Services.

Mayor's column



Glen Eira community groups have recently been awarded more than \$320,000 as part of Council's *Community Grants Program*.

Community grants support so many active community groups, innovative projects and social causes. In total, 142 grants were awarded to 136 organisations involved in all facets of community life. Further funds are provided to local not-for-profit organisations through service level agreements.

Council is proud to support the efforts of the volunteers, active members and supporters of these groups that enrich our community. I have personally had the pleasure of visiting many of these organisations and witnessing first-hand how community groups are investing these grants in such valuable projects.

I wish all of our local community organisations stability, growth and much success.

In September I reported on the successful Caulfield Park aviary garden. The aviary garden project represented a modern approach to underutilised space at Caulfield Park that respected the history of the site.

In a similar vein, Council is consulting the community on a proposal to incorporate the former bowls green into Packer Park. This consultation process represents the next step in converting the site into publicly available open space after Council's decision last year to retain the site.

Based on community feedback in 2009, Council is proposing to integrate the site into the parkland in a way that complements the existing facilities at Packer Park. I welcome feedback from the community as to the proposed future of this site.

**Cr Steven Tang
Mayor**

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Deadlines

The deadline for the next edition (November) of *Glen Eira News* is Wednesday 6 October for delivery 1–5 November.

Coming deadlines

The deadline for the December edition of *Glen Eira News* is Wednesday 3 November for delivery 6–10 December.

For advertising and *Community Diary* enquiries, contact 9524 3333.

To submit editorial material write to: *Glen Eira News*,
PO Box 42 Caulfield South Victoria 3162 or email: editor@gleneira.vic.gov.au

Disclaimer

The information in this publication is of a general nature. The articles contained herein are not intended to provide a complete discussion on each subject and/or issues canvassed. Glen Eira City Council does not accept any liability for any statements or any opinion or for any errors or omissions contained herein.

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New technology gives rubbish new life

You might not realise that you can now recycle plastic takeaway food containers, plastic pots that plants come in, almost all hard plastic bottles (shampoo, cleaners and drink), aerosols and clean foil, milk and juice cartons, crushed cardboard boxes, envelopes, office paper and newspapers.

The technology that sorts recycling is now so advanced that it automatically sorts recyclables. It uses filters, magnets, floatation pools and lasers to sort materials.

Glen Eira's recyclables are first sorted by Visy at its Springvale plant.

As well as avoiding waste, recycling reduces greenhouse gas emissions released when rubbish decomposes in landfill.

The big no-no is putting things in the recycling and green waste bins that are not currently recyclable, especially plastic bags and ceramics.

Quick guide to recycling and rubbish

Recycling bin	General rubbish bin	Free hard rubbish collection	Green waste bin
Hard plastics (bottles, jars) Clean paper Aerosols Clean foil Tins Cans Glass	Plastic bags Food waste Paper with food stuck to it Plastic films Ceramics	Wood Bundled branches Furniture Mattresses Whitegoods Small amounts of building waste	Green waste only. If you have no green waste bin, put it in the rubbish bin.
Fortnightly collection. One free recycling bin per household. Extra bins available (\$32 per year).	Small (120 litre) bins (\$120 per year). Large (240 litre) bins (\$260 per year). Large family and hardship rebates available.	Three free hard rubbish collections per year — book a day of your choice by phoning 9524 3333.	Fortnightly collection of a large green waste bin (\$45 per year).
If you rent your home, services with an extra cost must be approved by the landlord or property manager. Full details of how to dispose of items can be found at www.gleneira.vic.gov.au			

Glen Eira City Council's Environment Advisory Committee Chair Cr Steven Tang said a single plastic bag can shut down an entire material recovery facility if it gets caught in its machinery.

"A few contaminated green waste or recycling bins can ruin an entire truckload destined for compost, mulch or recycling," Cr Tang said.

Thanks to residents for help with bin downsizing

In July, Council made 120 litre waste bins standard to promote better recycling habits. This decision is in line with nearly every other Melbourne council.

In July and August, more than 22,000 smaller rubbish bins were delivered to residents in Glen Eira. In addition, almost 5,000 households signed up for new green waste recycling services. The

old bins collected will be recycled into plastic covering for underground cables.

Council would like to thank the thousands of residents who helped by putting old bins out for collection, reporting stray bins or by reporting work that had not been completed.

There were several unexpected challenges including having to replace many more old bins than expected. Many of Glen Eira's old bins were made in 1981 and are some of the oldest in Melbourne.

There were many more requests than expected and because of this there were some delays in actioning requests. This work is now complete. If you still need something to be fixed, please contact Council.

For further information, contact Council's Service Centre on 9524 3333.



More than 22,000 smaller rubbish bins have been delivered to residents. Photo: David Grant — John Brown Photography Services.

Council adopts Municipal Early Years Plan

Glen Eira City Council has endorsed a plan which establishes clear planning and service provisions to meet the needs of children and their families.

The *Municipal Early Years Plan (MEYP) 2010–2013* is a strategic plan for the development and co-ordination of early education, care and health services, activities and other local developments that impact on children from birth to six years.

An important part of the *Plan* is the *Action Plan*, which provides further details about the actions that will be undertaken to address the four strategic objectives.

Four key themes were identified — partnerships and advocacy; health and

safety; services for children and their families; and community engagement and connection — and four strategic objectives were developed according to these themes.

Council's Manager Family and Children's Services Jill Jolliffe said in preparing the *MEYP*, Council consulted extensively with the community.

"The *Action Plan* addresses some of the key issues raised during the community consultations, including lobbying the State Government for sufficient kindergarten funding and improving access to local playgroups," Ms Jolliffe said.

Ms Jolliffe said highlights of the *Action Plan* include new programs to facilitate

access for children of all-abilities and to protect children from vaccine preventable diseases.

"Parents will also receive additional support and will have the opportunity to attend a range of information evenings focusing on child health, development and parenting issues," Ms Jolliffe said.

Council will also actively promote health initiatives including walking and pram pushing between neighbourhood activities and *Taste 4 Health Kids*, as well as encouraging and supporting breastfeeding to optimise health outcomes for families.

For a copy of the *MEYP*, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

Community column

Speaking up for our City

State election briefing

On 20 August, Council took part in a session by inner metropolitan councils to brief candidates in the upcoming State election. Separate briefings were held for Labor, Liberal and Green candidates. Topics included town planning, kindergarten infrastructure and staffing.

Public transport forum

A public transport forum was held at Glen Eira Town Hall on 20 September. The forum was hosted by the Metropolitan Transport Forum, in which Council is a member.

Engaging our community

Environmental Sustainability Strategy

At a Council meeting on 31 August, Council adopted an updated *Environmental Sustainability Strategy* with a comprehensive *Action Plan*. The *Strategy* was built up from a public forum and written submissions.

Award for environmental excellence

Council considered applications for its *Award for Environmental Excellence in Primary Schools* at a Council Meeting on 31 August. Seven submissions were received from local primary schools, with Caulfield Primary School announced the winner. Glen Eira Mayor Cr Steven Tang will present the *Award* at a school assembly on 4 October. Council would like to congratulate the winner and commend all schools for the excellent work they are undertaking in relation to environmental sustainability.

Have your say at 2010 Environment Forum

Council's Environment Advisory Committee will host the *Glen Eira Community Environment Forum* on Monday 18 October from 7pm at Town Hall.

The *Forum* is an opportunity to have your say about Glen Eira's plans on greenhouse gas emissions, waste and recycling, water and biodiversity.

For further information and to RSVP, contact Council's Service Centre on 9524 3333.

CEO's column



Local government collects three per cent of total government taxation, but is responsible for 35 per cent of total government assets.

This means that councils need to spend a high proportion of their resources maintaining and renewing assets.

It also means federal and state governments, which between them collect 97 per cent of taxes, need to put more of that money back into local projects to provide community facilities and infrastructure.

Glen Eira City Council has been successful in attracting about 20 per cent more in government grants than our peer councils.

However, we still need continuing investment by government in, for example, early childhood development centres, recreation facilities (including libraries and community facilities as well as community sport), upgrading local transport (including bike networks and road safety) and retro-fitting infrastructure to reduce energy consumption and emissions (e.g. most of Council's emissions are generated from formerly government-owned street lights).

Co-operation between all levels of government is critical in achieving the best results from the taxes that we all pay.

Andrew Newton
Chief Executive Officer

Glen Eira sportsgrounds to benefit from eased water restrictions

Glen Eira City Council welcomes the State Government announcement to ease watering regulations for sportsgrounds and trees in public gardens and along streetscapes.

From September, Council is allowed to water all sportsgrounds in the municipality under Stage 2 exemptions, which will provide a huge boost to Glen Eira's sportsgrounds.

Council's Manager Recreation and Youth Services Linda Smith said sport plays a huge part of the culture in Glen Eira, with more than 330 sporting teams involving 6,000 people participating each year.

"The new regulations will ensure that Council can improve and maintain suitable playing surfaces," Ms Smith said.

Since Stage 3a water restrictions were introduced in 2007, Council has been proactive in managing its parks and sportsgrounds.

Council's Manager Park Services Laurie Unwin said putting water-saving initiatives in place was vital to conserve the municipality's parks and sportsgrounds.

"Council installed subsurface drip irrigation systems and resurfaced a lot of the grounds with warm season grasses," Mr Unwin said.

"Water tanks were also installed and two million litres of rainwater was extracted from an open excavation on East Boundary Road to water more than 3,000 street, park and reserve trees.



Council is allowed to water all sportsgrounds in the municipality under Stage 2 exemptions. Photo: Bernie Bickerton.

"In light of this announcement, it's important that Council keeps doing its best to implement water-saving strategies to prepare for extended dry spells in the future."

The other changes to the regulations allow Council to have more flexibility for watering trees.

Households and businesses will be eligible to apply for a one-off, 28 day

exemption from water restrictions to enable new warm season lawns to be established. For the average Melbourne backyard, water use is likely to be reduced by 30 per cent with these grasses.

Currently, Melbourne's water storages are approximately 40 per cent capacity, around 13 per cent higher than at the same time last year.

Council continues to fight graffiti

Graffiti represents a huge cost to the community and creates a negative and uninviting perception of neighbourhoods and commercial centres in the City of Glen Eira.

Reactive removal of graffiti from private property

Glen Eira City Council continues to assist residents with a reactive graffiti removal program on the title boundary of private property (both residential and commercial) which is visible from a public place. Requests for removal from private property can be made via Council's Service Centre on 9524 3333 or www.gleneira.vic.gov.au Requested works are referred to a priority list for consideration.

Graffiti removal kits

Glen Eira residents and traders can obtain, free of charge, personal graffiti removal kits from Council's

Service Centre, corner Glen Eira and Hawthorn Roads, Caulfield.

Council and Victoria Police working together

Council welcomes the recent arrests for graffiti offences.

Caulfield Police apprehended the offenders in the McKinnon area in August.

Council will work with local police, providing any information available in order to assist with the successful prosecution of these and any other offenders.

Council's graffiti removal contractors maintain a database of all graffiti removed each month, including information on tags. This information is passed on to Victoria Police.

Glen Eira News photos



Have you been photographed at a Glen Eira City Council event and would like a copy of the photo?

Photos that are published in *Glen Eira News* are now available for sale by contacting Sarah Finlay on 9524 3333.



GLEN EIRA CITY COUNCIL

E-waste collection day

Glen Eira City Council will host an electronic waste (e-waste) collection day on Saturday 9 October.

To be held from 8am to 4pm at Carnegie Swim Centre, Moira Avenue in Carnegie, residents will be able to dispose of unwanted e-waste, including computer screens, keyboards and televisions.

Commercial quantities will not be accepted.

For further information on Council's e-waste collection service, contact Council's Service Centre on 9524 3333.



GLEN EIRA CITY COUNCIL

Celebrating children in Glen Eira

Children's Week is an annual event that celebrates childhood with a range of events and activities organised at national, state and local levels.



From 23–31 October, Glen Eira City Council will host the following activities and entertainment for all children within the community.

Jugularity

Sunday 24 October
2pm–4pm

Carnegie Library and Community Centre forecourt, 7 Shepparson Avenue, Carnegie

Jugularity includes lively, upbeat, eclectic versions of jazz, folk, blues, rap, country, gypsy and other styles of songs they've written, borrowed or parodied.

Taking child accident prevention to the community

Tuesday 26 October
9.30am–10.30am

Carnegie Library and Community Centre — Boyd Room, level one, 7 Shepparson Avenue, Carnegie

Talk to the animals

Two exciting and interactive sessions offer children the opportunity to hold and feed farm animals.

Thursday 28 October
11am–1pm

Moorleigh Community Centre, 90–92 Bignell Road, Bentleigh East

Saturday 30 October
10am–12.30pm

Carnegie Library and Community Centre forecourt, Koornang Road, Carnegie

Children's Week StoryTime

Saturday 30 October
1.30pm

Carnegie Library and Community Centre, 7 Shepparson Avenue, Carnegie

Celebrate *Children's Week* at this special *StoryTime* session. Visit the animal farm in the forecourt before joining a *StoryTime* full of animal stories and songs in the children's library. This *StoryTime* session is suitable for preschool children.



Assessments give parents peace of mind

Early childhood is an exciting time for children. For parents it is both rewarding and challenging.

Glen Eira City Council Maternal and Child Health Service offer an 18 month health and developmental assessment for every child.

The visit, which is part of the Department of Education and Early Childhood Development's *10 Key Ages and Stages Visits Program*, is conducted by one of Council's experienced maternal and child health nurses.

What happens at the 18 month visit?

The 18 month key ages and stages visit includes an assessment of the child using the Parent's Evaluation of Developmental Status (PEDS) questionnaire and includes the following:

- gross motor development — walking well, running while watching the ground and carrying toys while walking;
- vision and fine motor — turning the pages of a book and pointing to objects;
- language, speech and hearing — using five to 10 words, obeying simple instructions and pointing to eyes, nose and mouth; and
- social behaviour and play — using a spoon and cup and taking off shoes and socks.

The maternal and child health nurse will also assess growth, nutrition, immunisations, oral health and discuss any concerns you may have.



Council's Maternal and Child Health Service offers an 18 month health and developmental assessment for every child. Photo: David Grant — John Brown Photography Services.

Other assessments

It is important not only for 18 month old children to be assessed, but also children at other key stages of their development.

These visits are important in detecting any health or development issues early so appropriate referrals can be made.

The first assessment is conducted at the child's home following their discharge from hospital.

Subsequent assessments are then carried out at their local centre at two weeks, four weeks, eight weeks, four months, eight months, 12 months, two years and three and a half years.

For further information or to make an appointment, contact Council's Maternal and Child Health Service on 9524 3333.

Honorary Mention at Contact Centre Awards

The 2010 IQPC Government Contact Centre/Customer Contact Management Association Awards have been announced, with Glen Eira City Council's Service Centre receiving an Honorary Mention.

The Service Centre was one of five finalists nominated for the Best Government Contact Centre Operation (30 full-time employees or less) category.

The other finalists were, Knox City Council, New Zealand Police Helpdesk, The WorkFocus Group (Job Access) and Department of Housing WA, who was announced the category winner.

The Service Centre consists of a 14 seat call centre and a four person front counter, which handles in excess of 230,000 calls and more than 50,000 counter enquiries per year.

Council's Customer Service Manager Greg Goldenberg said his team places a key emphasis on resolving customer queries the first time they contact

Council, thus improving our services to residents.

"The recent award is an indicator that the hard work we are putting in is making a difference for our community," Mr Goldenberg said.



Council's Service Centre received an Honorary Mention. Photo: David Grant — John Brown Photography Services.

Community training workshops

Glen Eira City Council will offer a series of free training workshops in October and November to assist local not-for-profit organisations in developing their skills and knowledge.

The workshops will be held in the Caulfield Park Pavilion Community Room, level one, Balaclava Road, Caulfield (Mel Ref: 59 C12).

Bookings are essential.

For further information or to register for a session, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

Fundraising

Tuesday 12 October
10am–12pm

Wednesday 13 October
6.30pm–8.30pm

Planning and writing a grants submission

Tuesday 12 October
6.30pm–8.30pm

Tuesday 26 October
10am–12pm

Recruiting, training and retaining volunteers

Thursday 11 November
10am–12pm

Monday 22 November
6.30pm–8.30pm

Effective committees

Monday 22 November
10am–12pm

Tuesday 23 November
6.30pm–8.30pm



GLEN EIRA CITY COUNCIL

Caulfield Primary School wins Award for Environmental Excellence

Caulfield Primary School has been recognised for its eco-friendly initiatives, winning Glen Eira City Council's *2010 Award for Environmental Excellence in Primary Schools*.

The *Award* acknowledges primary schools who have demonstrated outstanding achievement and initiative in developing and implementing environmental projects for the benefit of the school or Glen Eira community.

Council's Environment Advisory Committee Chair Cr Steven Tang said Caulfield Primary School expanded their environment program to engage school and kindergarten students, teachers and parents in a wide range of activities.

"The school's strong environmental leadership and planning has been the key behind several initiatives over the last two years," Cr Tang said.

"The installation of rain water tanks and water efficient toilets and taps has resulted in a 64 per cent reduction in use of drinkable water."

On top of this, the students planted nearly 350 trees as part of Planet Ark's *National Tree Day*, built three new vegetable gardens and raised money for Oxfam and Tear Fund to fund environmental projects in communities in Cambodia and Tanzania.

They also received a *Victorian Rubbish Free Lunch Challenge Award* for their efforts in reducing plastic packaging in student lunches in 2009.

Caulfield Primary School Acting Principal Bronwyn Morgan said the students were "thrilled" to win the *Award for Environmental Excellence in Primary Schools*.

"There is a core group in the school community who are very passionate about environmental sustainability, and being recognised is a validation of what they've been doing," Ms Morgan said.

"The students have built a very strong understanding of how to look after the environment, and this has been done by

complementing our sustainability projects with our other learning programs."

The other applicants for this year's *Award* were:

- Glen Huntly Primary School — the school has significantly reduced their water use and continues to develop a school-wide approach to sustainability;
- Bentleigh West Primary School — the school continues to demonstrate leadership in biodiversity, water conservation, waste management and energy savings;
- St Peter's Primary School — the school has reduced waste going to landfill by 50 per cent, established a kitchen garden and installed a 27,000 litre water tank;
- Carnegie Primary School — the school has concentrated on biodiversity and created a bird, bug and frog friendly space in their school yard;

- Coatesville Primary School — the school has developed and are implementing a *Waste Management Action Plan*; and

- Melbourne Community School — the school has installed a solar panel and established a kitchen garden, used by students once a week to prepare lunch together.

"These schools are also to be commended for their excellent work. There was a very high standard of applications and it showed how many schools have now established very effective environmental projects," Cr Tang said.

Seniors Festival 2010

The *2010 Victorian Seniors Festival* in Glen Eira will be held from 2–17 October.

A highlight of the *Festival* will be the free concert on 8 October — *Showtime: From Galway to Botany Bay*.

There will also be a number of Glen Eira City Council and community group events, including dancing, luncheons and come 'n try croquet.

For seniors looking for an opportunity to improve their fitness, Council's walking groups will be free. Sessions will be held at 9am on:

- 11 October — Caulfield Park (meet at playground adjacent to Caulfield Park Pavilion), Balaclava Road, Caulfield; and
- 13 October — Bentleigh-Hodgson Reserve (meet at Bentleigh McKinnon Youth Centre), Higgins Road, Bentleigh.

A free seminar — *Travel Safe in Glen Eira: An information session for older adults* — will be held at Town Hall on 15 October from 1pm–4pm.

The seminar will provide valuable information on driver, pedestrian and transport safety for senior residents. Bookings are essential.

Council's library branches will also host:

- *We're Grand! StoryTime* sessions (check your local branch for dates and times); and
- *A Woman's War: a mother's home-front battle* (see page 12 for further information).

For further information, contact Council's Service Centre on 9524 3333.

Make a difference in the community

Do you enjoy helping people, working flexible hours and doing a wide range of work across the course of your day?

Glen Eira City Council currently has vacancies for support workers to provide assistance to elderly residents or people with a disability.

There are three different positions available: home care worker, home care/personal care worker and respite care worker.

Home care workers provide domestic assistance to maintain a clean and hygienic home. Tasks may include vacuuming, mopping, cleaning bathrooms and shopping.

Cheryl has recently taken on a home care worker position and finds the job very rewarding.

"I've only been working in the job for 12 months, but I've really built up a rapport with the clients," Cheryl said.

Before joining Council, Cheryl worked as a sales representative for more than 20 years. She said a health scare a few years ago prompted her to consider a change in career.

Cheryl said she enjoys the experience of learning things from the variety of people she encounters on a daily basis.

"I've learnt a lot about history, gardening and different cultures just by chatting to the clients and that's something that's very rewarding about the job," Cheryl said.

"I feel as much as I give, I get just as much back."

Home care/personal care workers undertake household tasks as well as tasks of a more personal nature such as helping clients with bathing, dressing and grooming.

Support worker, Tina has worked with Council for more than 12 years and said she still enjoys the job as much as she did when she first started.

"I've formed a special bond with many of the clients because I've worked with them for a long period of time," Tina said.

"You need to be very compassionate, patient and understanding because you have to deal with both elderly and younger clients."

Respite care workers provide a break from the caring role for the primary carer in a family.

In home respite can be provided to a person who cares for a child with a disability or an adult who is frail or has a disability.

The role combines duties of both home care and personal care.



Cheryl, Berni and Tina.

Photo: David Grant — John Brown Photography Services.

Carer Berni has worked across all three roles over the last 18 months and believes she was geared to do this job.

"What I do enables clients to stay at home for longer because I help them do things they can't do for themselves," Berni said.

"I believe in quality care. This isn't just a job to me — I believe in making a difference in people's lives."

For further information about any of the in home support positions, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

News in brief

Intergenerational music playgroup

The intergenerational music playgroup gives Glen Eira residents and their children the opportunity to interact and share a musical experience with residents from Caulfield Hospital Residential Aged Care Services

Sessions are held at Montgomery Residential Aged Care Facility within Caulfield Hospital on Thursdays from 10.30am and are facilitated by a registered music therapist, with residents and children singing and playing instruments together, contact 90766652

From Monday 11 October, a new playgroup will be held on Mondays from 10am at Caulfield Hospital Residential Aged Care Facility, 260 Kooyong Road, Caulfield. For further information, contact 9076 6340.

Polio Day 2010

Polio Day 2010 will be held on Saturday 23 October in the Auditorium at Glen Eira Town Hall from 10.30am to 3.30pm.

Polio Day will promote awareness to general practitioners and health professionals about polio and post polio syndrome — a chronic and degenerative condition.

A panel of inspirational speakers will provide realistic solutions to everyday issues regarding mobility. A variety of trades and services will have information on display.

Cost is \$25 for adults, \$25 for families (two or more people) and \$15 for concession card holders. Price includes morning tea and lunch. Registration opens from 9.30am and free parking is available.

Bookings are essential by Friday 8 October. For further information or to register, contact John Walta on

9418 0478 or email john.walta@independenceaustralia.com

SMCT seeks community representatives

The Southern Metropolitan Cemeteries Trust (SMCT) is seeking community representatives to join its new Community Advisory Committee.

The SMCT administers Brighton General, Bunurong Memorial Park, Cheltenham Memorial Park, Cheltenham Pioneer, Dandenong, Melbourne General, Springvale Botanical and St Kilda cemeteries.

For further information, contact Alicia Castleman on 8558 8205 or email recruitment@smct.com.au by Monday 25 October.

Open session change of day

Glen Eira City Council's Maternal and Child Health Service would like to advise that from Monday 1 November, open sessions at the Bentleigh centre

will be held on Mondays (previously Thursday) from 9am–12pm.

Open sessions are available at each maternal and child health centre and provide families the opportunity to see a nurse in between key ages and stages visits. No appointment is necessary and families can visit any centre.

Monday

Bentleigh — 9am–12pm

Tuesday

Caulfield — 10am–12pm

Murrumbeena — 9am–12pm

Wednesday

Moorleigh — 2pm–4pm

Thursday

McKinnon — 9am–12pm

Elsternwick — 9am–12pm

Glen Huntly — 9am–12pm

out and about



Ogaki student delegation: Glen Eira Mayor Cr Steven Tang takes students on a tour of Council's Gallery. Photo: David Grant — John Brown Photography Services.



Ogaki student delegation: Mie Yoshiyasu, Glen Eira Mayor Cr Steven Tang, Marina Matsuoka, Cr Frank Penhalluriack, Ayaka Matsui, Cr Jim Magee, Cr Oscar Lobo and Shinsho Usami. Photo: David Grant — John Brown Photography Services.



My Brother Jack Literary Festival Awards Evening: Eliza-Jane Henry-Jones and Glen Eira Mayor Cr Steven Tang. Photo: David Grant — John Brown Photography Services.



Community Information Glen Eira Annual General Meeting: Cath Britton, Glen Eira Mayor Cr Steven Tang, Bet Warland and Val Gershman. Photo: Community Information Glen Eira.

What's on



Glen Eira City Council will run a number of *Community Safety Month* events throughout October to highlight safety and improve

the health and wellbeing of the local community.

Please note: Bookings are essential for all of the following events.

For further information, contact Council's Public Health and Community Development Unit on 9524 3333.

Travel Safe in Glen Eira information session

Friday 15 October

1pm–4pm (doors open 12.30pm)

Glen Eira Town Hall — Auditorium

This informative session will provide older residents with information about travelling safely around Glen Eira, including presentations on driver, pedestrian and local public transport



safety. Presenters include the RACV, Metro Trains and Victoria Police. Participants will receive a show bag and afternoon tea will also be provided. Bookings are essential.

Child car restraint safety checks

Thursday 21 October

10am–1pm

Glen Huntly Maternal and Child Health Centre, corner Royal and Rosedale Avenues, Glen Huntly

Saturday 23 October

10am–1pm

Moorleigh Community Centre, 90–92 Bignell Road, Bentleigh East

Kids N Cars will conduct child car restraint checks for families and carers. Bookings are essential.

Responsible Service of Alcohol Training

Wednesday 27 October

7pm–10pm

Glen Eira Town Hall — Caulfield Cup Room

Responsible Service of Alcohol (RSA) training provides people with the knowledge and awareness necessary to serve alcohol responsibly. This free training session is ideal for sporting and community groups. Light refreshments provided. Bookings are essential.



Safe disposal of unwanted medicines

1–29 October

Glen Eira Town Hall — Service Centre

A medical waste disposal unit will be available at Council's Service Centre during the month of October, to provide community members with a means to safely dispose of medicines that have passed their use by date or are no longer being used.

Keeping safe this summer

With summer fast approaching, here are some simple safety tips to help you get through the warmer months.

Who is most at risk from heat-related illness?

- people over 65, particularly those living alone without airconditioning;
- pregnant women, breastfeeding mothers and infants;
- overweight or obese people;
- people with pre-existing health conditions;
- people with limited or poor mobility; and

- people taking medications that may interfere with the body's ability to regulate temperature.

Preparing yourself for a heatwave

- Improve your aerobic fitness by undertaking regular, moderate exercise in warmer weather prior to severe hot weather. This will enable your body to adapt and cope better during a heatwave.
- Lose excess weight.
- Visit your doctor and make sure any pre-existing medical conditions are as well controlled as possible.

Preparing your house for a heatwave

- Have your airconditioner serviced.
- Look at the things you can do to make your home cooler, such as installing awnings, shade cloth or external blinds on the sun facing sides of the house.

Preparing for a power failure

- Think about what you would do if a heatwave caused a power outage or disrupted public transport — would you be ok?
- In the event of a power outage, ensure you have a torch, fully-charged mobile phone, battery-operated radio and sufficient batteries.

Look out for others

- Take care of yourself and look out for family, friends and neighbours who may need help coping in the heat. Help them to prepare their house for the hottest part of summer.
- Have a list of family and close friends' telephone numbers by your phone in case of an emergency.

For further information or for a copy of Glen Eira City Council's heatwave safety brochures and flyers, contact Council's Public Health and Community Development Unit on 9524 3333.

Travel Safe in Glen Eira

It's great to get out and about in the community — to visit friends, head down to the local shops and borrow books from the local library.

However, some people find the task of getting around their community quite daunting.

Glen Eira City Council is hosting a *Travel Safe in Glen Eira* information session for those who are unsure about the best way to travel.

The session will provide older residents with information on driver, pedestrian and public transport safety.

Presenters at the session include the RACV, Metro Trains and Victoria Police.

Afternoon tea will be provided. Bookings are essential.

Date: Friday 15 October

Time: 1pm–4pm (doors open 12.30pm)

Venue: Glen Eira Town Hall — Auditorium

Corner Glen Eira and Hawthorn Roads, Caulfield



Infants are most at risk from heat-related illness. Photo: Bernie Bickerton.

Keeping your newborn safe around the family pet



Children under five are at the highest risk of injury from dog attacks.

David Grant — John Brown Photography Services.

Welcoming a new member to the family is always a wonderful experience, but are your pets ready for this dramatic change in lifestyle?

Dogs and cats are usually not comfortable with sudden changes to their routine and need time and training to adjust to a situation.

Pets need to be comfortable with having toddlers around, so take some time to familiarise your pets with children in a supervised environment.

Areas of your home may now be made 'out-of-bounds' for pets and because of the newborn, the amount of attention your pets receive is likely to reduce in the initial months.

Research indicates that children under five are at the highest risk of injury from dog attacks, which highlights the importance of familiarising both pets and kids with each other.

For pets, seemingly harmless behaviour such as jumping up or play-biting that was tolerated before needs to be discouraged. In order to do this, ignore incorrect behaviour and focus on positive reinforcement. Remember that patience is a virtue, as this may take

some time. It may be a good idea to speak to your local vet or animal behaviourist for advice.

When your toddler is old enough to move around, it is important to actively supervise them when they are around pets. Toddlers are unsteady on their feet and are at risk of accidentally hurting or scaring your pets which could have severe consequences.

Before the arrival of your newborn, arrange annual vaccinations for your pets and trim their claws if required.

Even if you own a breed that is known for being good with children, still take the time to slowly familiarise your pet with your toddler. An animal's training and individual temperament are more important than its breed.

Further information about responsible pet ownership is available from Glen Eira City Council's website: www.gleneira.vic.gov.au and the State Government's Responsible Pet Ownership website: www.pets.dpi.vic.gov.au

Who are your emergency contacts?

If you were involved in a serious accident or fell ill, would the person attending the scene know who to call?

This is often a situation that confronts paramedics when they arrive at the scene of an accident, but have no idea who the patient's emergency contact is.

The In Case of Emergency (ICE) campaign hopes to solve this problem, with emergency services and hospital staff being able to quickly contact the right person by simply dialling the number you have stored in your mobile phone as ICE.

British paramedic Bob Brotchie came up with the idea in May 2005 and since then the campaign has attracted growing support across Europe, Australia and North America.

Your ICE contact could be a family member, close friend or doctor. You can also list more than one contact. In your mobile phone's address book, enter the contact names as ICE1, ICE2, ICE3, and so forth.

Your ICE contact should know your basic medical information, such as blood type and allergies and be able to help emergency services make decisions if needed.

Glen Eira City Council Manager Public Health and Community Development Mark Saunders said emergency contacts can provide crucial information to those at the scene.

"It's hoped that nobody will ever have to use your phone to ring an ICE contact, but unfortunately accidents do happen sometimes," Mr Saunders said. While mobile phones can not be solely relied upon in times of emergencies, taking this small step could help you in times of need.



The ICE campaign encourages people to store emergency contact details in their mobile phone under the word ICE.

Safe disposal of medication

Residents wanting to dispose of unwanted or out-of-date medications are encouraged to visit Glen Eira Town Hall during October.

As part of *Community Safety Month*, a medical waste disposal unit for residents will be placed in the foyer of Council's Service Centre.

Council's Director Community Services Peter Jones said people often keep medicines that are no longer needed or are out-of-date without realising the potential consequences.

"Storing large amounts of outdated medicine is dangerous and is one of the major causes of the alarmingly high rate of childhood poisoning," Mr Jones said.

"Medicine can also contaminate the environment when deposited into landfill sites and sewerage facilities.

"Residents wanting further information about disposing of their medication safely should speak to their local GP"

For further information, contact Council's Public Health and Community Development Unit on 9524 3333.



Residents can dispose of unwanted or out-of-date medications at Town Hall.

Photo: Bernie Bickerton.

MEETINGS AND CLUBS

Club 66 holds Old Time, Modern and New Vogue dances with a live band on the third Saturday of each month from 8pm at Bentleigh Uniting Church Hall, 495 Centre Road, Bentleigh. Cost of \$7 includes a light supper. Contact Margaret: 9587 1092.

Caulfield Over 50s Dance Group meets every Monday (except public holidays) in the Auditorium at Glen Eira Town Hall. New Vogue and Old Time dancing from 12.30pm–3.30pm. Contact Audrey: 9822 2064.

Glen Eira Cheltenham Art Group holds art classes in all media from Monday to Friday with a special children's class on Saturday mornings. A life drawing class is also held once a month at Moorleigh Village, 92 Bignell Road, Bentleigh East. Contact: 9563 7621 or Rose: 0411 236 040.

Ormond Angling Club meets on the first and third Wednesday of each month at 8pm at 462 North Road, Ormond. Contact Trevor: 9305 7125 or 0407 800 719.

The Bentleigh Life Activities Club offers opportunities for seniors to meet new friends and enjoy social activities. Contact Gotu: 9557 2562 or Pat: 9555 6008.

The Moorabbin Historical Society opens Box Cottage, Joyce Park, Jasper Road, McKinnon on the last Sunday of each month (February to November) from 2pm to 4.30pm. Admission by donation. Contact: 9578 9131.

McKinnon Needlepointers meets every second Thursday from 1pm at McKinnon Public Hall, 118 McKinnon Road, McKinnon. Contact Merrill: 9578 1117.

Caulfield Combined Probus Club meets on the first Wednesday of each month from 10am at the Caulfield Senior Citizens Centre, 8 Cedar Street, Caulfield South. Contact Ted: 9563 5105.

The Ladies Probus Club of Elsternwick meets on the first Monday of each month from 10am at the Caulfield Senior Citizens Centre, 8 Cedar Street, Caulfield South. Contact Chris: 9523 7315.

The Bentleigh East Probus Club (combined) meets on the second Tuesday of each month from 9.30am at The Bentleigh Club, Yawla Street, Bentleigh. Contact: 9583 7783.

Carnegie-Murrumbeena Seniors Club is located above the Carnegie Library. Contact Dallas: 9568 2727.

Rotary Club Moorleigh Moorabbin meets every Monday from 6.30pm at the South Oakleigh Club, 1 Victor Road, Bentleigh East. Contact Helen: 0438 884 730.

Carnegie-Murrumbeena Elderly Citizens located at 7 Shepparson Avenue, Carnegie welcomes new members. Contact: 9568 2727.

Murrumbeena Bowls Club is looking for new members for the summer season. Bowls is a sport for all ages and abilities. Contact Michael: 9569 4969.

The Glen Eira Probus Club (combined) meets on the fourth Friday of each month from 10am at the Bentleigh Club, Yawla Street, Bentleigh. Contact: 9583 4822.

Bentleigh Mens Probus Club meets on the second Thursday of every month at 10.30am at the Bentleigh RSL Club, Centre Road, Bentleigh. Contact: 9579 5506.

Glen Eira Italian Senior Citizens Club meets Wednesdays 12pm–4.30pm and Fridays 6.30pm–10.30pm at 2 Newham Grove, Ormond. Contact Giovanni: 9557 8486.

English Conversation meets every Friday from 6.30pm–8pm at Koornang Uniting Church, 117 Murrumbeena Road, Murrumbeena. *English Conversation* is an informal program that helps recent arrivals to Australia with the English language and understanding of local customs. Contact Peter: 9572 1876.

Ormond Senior Citizens Club offers seniors a selection of activities including billiards, bowls (indoor), cards, chess, line dancing, table tennis and yoga for an annual subscription of \$5. Contact: 9557 1856.

Nirkoda Israeli Folk Dancing Club has moved some classes to St Aloysius School Hall, Catherine Street, Caulfield. All welcome. Contact Denise: 9532 8397.

Ormond Badminton Club meets every Wednesday from 8.15pm at the Ormond Uniting Church Hall, North Road, Ormond. Experienced and novice badminton players welcome. Contact: 9578 1947.

Australian Plants Society South East Melbourne Region meets on the first Tuesday of each month from 8pm at Hughesdale Community Centre, corner Poath and Kangaroo Roads, Hughesdale. Contact Helen: 9509 0043.

The Elsternwick Club meets every Wednesday from 11am and Friday from 5.30pm at 19 Sandham Street, Elsternwick. On 24 October from 10am–3pm, the Club is participating in Bowls Victoria's *Try Bowls Day*. It's free — just wear flat soled shoes or bowl barefoot. Contact John: 9578 3692.

EVENTS

17th Annual Blessing of Animals will be held on 3 October from 2pm at St James the Great Anglican Church, 435 Inkerman Street, St Kilda East. Contact Lorraine: 0412 722 171.

Bentleigh Organ Club presents *Bayside Swing* on 4 October at 8pm at Coatesville Bowling Club, 62 Mackie Road, Bentleigh East. Cost is \$5 for members and \$10 for visitors. Contact Jenny or Cliff: 9528 2539.

The Melbourne Meccano Exhibition 2010 will be held on 9 October from 10am–5pm and 10 October from 10am–4pm at Brighton Philatelic Society Hall, corner Gardenvale and Magnolia Roads, Gardenvale. Cost is \$10 for families, \$5 for adults and \$2 for students. Preschool children free. Contact: 9789 5796.

Music Lovers' Society Concert will be held on 9 October from 8pm at Ewing Memorial Uniting Church, corner Coppin Street and Burke Road, Malvern East. Cost is \$20, \$16 seniors, \$12 pensioners, \$8 students and \$45 for a family. Members free. Contact: 9822 7292.

Coatesville Uniting Church will hold its annual fete on 16 October from 9am–2.30pm at the church property, corner North and Mackie Roads, Bentleigh East. Contact Jeff: 0419 886 659.

Relay for Life is seeking participants for the Murrumbeena event on 23 and 24 October. Contact: 1300 65 65 85 or www.relayforlife.org.au

Hughesdale Art Group will hold their annual exhibition and sale of paintings on 2 November from 7.30pm at Hughesdale Community Centre, corner Poath and Kangaroo Roads, Hughesdale. The exhibition will be open from 3–5 November from 10am–9pm and 6 November from 10am–3.30pm. Contact Rudi: 9571 1204 or Marilyn: 9568 8396.

K.G. Putt Bentleigh Senior Citizens Centre over 40 travelers holiday to Port Stephens will be held from 7–13 November. Contact Cheryl: 9557 5739.

Caulfield Primary School will hold its annual fete on 27 November from 10am–4pm at 742 Glenhuntly Road, Caulfield South. Purchase an unlimited ride wrist band before 12 November for \$25 and receive one free sausage sizzle (regular price \$30).

Contact: <http://springfete.caulfieldps.vic.edu.au/>

COMMUNITY

Glen Eira Residents' Association Inc Annual General Meeting will be held on 7 October from 7.30pm at St Johns Uniting, 567 Glenhuntly Road, Elsternwick. Guest speaker will be Senior Lecturer Planning and Environment Paul Mees. Contact: 9523 9228.

Immunisation sessions

McKinnon Public Hall

118 McKinnon Road, McKinnon
Monday 4 October and Monday 8 October 9.30am–11am

Glen Eira Town Hall Auditorium (entry via Glen Eira Road)

Corner Glen Eira and Hawthorn Roads, Caulfield
Tuesday 5 October and Tuesday 9 November 6pm–7pm
Tuesday 12 October and Tuesday 16 November 9.30am–11am

Packer Park

Leila Road, Carnegie
Monday 18 October and Monday 22 November 9.30am–11am

Bentleigh-Bayside Community Health

Gardeners Road, Bentleigh East
Saturday 23 October and Saturday 20 November 9am–11am
Wednesday 13 October, Thursday 28 October, Wednesday 3 November and Thursday 25 November 5.30pm–7.30pm

Carnegie Library and Community Centre

7 Shepparson Avenue, Carnegie
Wednesday 20 October and Wednesday 17 November 1.30pm–2.30pm and 5.30pm–7.30pm

Glen Huntly Maternal and Child Health Centre

Corner Royal and Rosedale Avenues, Glen Huntly
Wednesday 27 October and Wednesday 24 November 9.30am–11am



新技術給予垃圾新的生命

你可能還不瞭解，塑料外賣盒、塑料花盆、幾乎所有的硬塑料瓶(香波瓶、清潔劑瓶和飲料瓶)、噴霧劑瓶、乾淨的鋁箔、牛奶和果汁盒、壓扁的硬紙盒、信封、辦公用紙和報紙等現在都可回收。

分揀回收廢品的技術現已很發達，可使用過濾器、磁鐵、浮選池和激光等自動分揀回收廢品。

Glen Eira 的回收廢品首先由Visy在其 Springvale 工廠進行分揀。

除了避免浪費以外，廢品回收還減少垃圾在填築場分解時產生的溫室氣體。

居民切勿把目前還不能回收的物品，尤其是塑料袋和陶瓷，放在回收桶或花園植物垃圾桶內。

Glen Eira 市長 Steven Tang 說，如果有一只塑料袋卡住機器，整個材料回收設施就得停止運行。

Tang 市長說，“幾個受污染的花園垃圾桶或廢品回收桶就能毀掉整卡車送去作漚肥、護根木屑或回收廢品的料。”

感謝居民

七月份，Glen Eira 市政府將120立升的垃圾桶定為標準垃圾桶，以促進居民養成回收廢品的好習慣。這項決定與墨爾本幾乎所有的其他市政府相一致。

七月份和八月份，兩萬兩千多個小型垃圾桶送到了Glen Eira 居民的家中。所收回的老垃圾桶將回收製成地下電纜的外皮。

這兩萬多居民協助拿出老垃圾桶供收回，報告遺失的垃圾桶或舉報未完成的工作，市政府對此表示感謝。

欲知詳情，請聯絡市政府服務中心，電話 9524 3333。

Η νέα τεχνολογία δίνει στα σκουπίδια νέα ζωή

Μπορεί να μην έχετε καταλάβει ότι τώρα μπορείτε να ανακυκλώσετε πλαστικά πακέτα έτοιμου φαγητού, πλαστικές γλάστρες για φυτά, σχεδόν όλα τα σκληρά πλαστικά μπουκάλια (σαμπουάν, καθαριστικά και ποτά), αεροζόλ, και καθαρό αλουμινόχαρτο, χαρτόνια γάλατος και χυμών, πατημένα χαρτοκιβώτια, φάκελα, χαρτιά γραφείου και εφημερίδες.

Η τεχνολογία που ξεχωρίζει την ανακύκλωση είναι τώρα τόσο προχωρημένη που αυτόματα ξεχωρίζει τα ανακυκλώσιμα. Χρησιμοποιεί φίλτρα, μαγνήτες, δεξαμενές επίπλευσης και λέιζερ για να ξεχωρίζει τα υλικά.

Τα ανακυκλώσιμα του Δήμου του Glen Eira ξεχωρίζονται πρώτα στο εργοστάσιο της Visy στο Springvale.

Μαζί με τη αποφυγή σκουπιδιών, η ανακύκλωση μειώνει τις εκπομπές αέριου του θερμοκηπίου που διαρρέουν όταν τα σκουπίδια αποσυντίθενται στη χωματερή.

Το μεγάλο όχι είναι να μην βάζουμε πράγματα στους πράσινους κάδους ανακύκλωσης που επί του παρόντος δεν είναι ανακυκλώσιμα, ειδικά πλαστικές σακούλες και κεραμικά.

Ο Δήμαρχος της Glen Eira Στίβεν Τάνγκ είπε ότι μια μόνο πλαστική σακούλα μπορεί να σταματήσει όλη την εγκατάσταση ανάκτησης υλικών αν πιαστεί στη μηχανή.

«Λίγα μολυσμένα πράσινα απορρίμματα κήπου ή κάδοι ανακύκλωσης μπορούν να χαλάσουν ολόκληρο φορτίο που προορίζεται για κομπόστα, προστατευτικό στρώμα άχυρου ή ανακύκλωση», είπε ο Δήμαρχος Τανγκ.

Ευχαριστήρια στους δημότες

Τον Ιούλιο ο Δήμος της Glen Eira διέθεσε τους κάδους απορριμμάτων των 120 λίτρων για να προωθήσει τις συνήθειες της ανακύκλωσης. Αυτή η απόφαση συνάδει με σχεδόν όλους τους δήμους της Μελβούρνης.

Τον Ιούλιο και τον Αύγουστο, περισσότεροι από 22,000 μικρότεροι κάδοι απορριμμάτων δόθηκαν στους δημότες της Glen Eira. Οι παλιοί κάδοι που συλλέχτηκαν θα ανακυκλωθούν σε πλαστικό κάλυμμα για υπόγεια καλώδια.

Ο Δήμος θα ήθελε να ευχαριστήσει τους χιλιάδες δημότες που βοήθησαν βάζοντας τους παλιούς κάδους έξω για συλλογή, αναφέροντας τους χαμένους κάδους ή αναφέροντας εργασία που δεν είχε ολοκληρωθεί.

Για περισσότερες πληροφορίες, επικοινωνήστε με το Κέντρο Υπηρεσίας του Δήμου στο 9524 3333.

La nuova tecnologia dà nuova vita ai rifiuti

Probabilmente non sai che adesso si possono anche riciclare contenitori di plastica per alimenti, vasi di plastica per piante, quasi tutte le bottiglie di plastica dura (shampoo, prodotti per la pulizia e bibite), bombolette aerosol e fogli di alluminio puliti, contenitori del latte e di succhi di frutta, scatole di cartone schiacciate, buste da lettera, carta da ufficio e giornali.

Gli impianti di selezione del riciclaggio sono adesso così avanzati da selezionare automaticamente i prodotti riciclabili. Per il selezione utilizzano filtri, magneti, vasche di separazione e laser.

I rifiuti riciclabili di Glen Eira vengono prima selezionati dalla Visy presso l'impianto di Springvale.

Oltre ad evitare lo spreco di risorse riutilizzabili, il riciclaggio riduce le emissioni di gas serra che si formano durante la decomposizione dei rifiuti nelle discariche.

È assolutamente sbagliato deporre nei bidoni del riciclaggio e dei rifiuti organici ciò che non è adatto al riciclaggio, specialmente sacchetti di plastica e oggetti di ceramica.

Il Sindaco di Glen Eira, Cons. Steven Tang, ha affermato che un solo sacchetto di plastica può causare il bloccaggio di un intero impianto di recupero materiali se rimane impigliato nei macchinari.

“Bastano pochi bidoni contaminati da materiale non riciclabile per rovinare un intero carico destinato a concime, pacciamme o riciclaggio” ha ribadito il Cons.Tang.

Un ringraziamento ai residenti

Nel mese di luglio, il Comune di Glen Eira ha standardizzato i bidoni dei rifiuti da 120 litri allo scopo di promuovere una migliore attitudine al riciclaggio allineandosi con quasi tutti gli altri comuni di Melbourne.

Nei mesi di luglio e agosto sono stati consegnati ai residenti di Glen Eira più di 22.000 bidoni di rifiuti di misura ridotta. I vecchi bidoni ritirati saranno riciclati e trasformati in plastica di copertura per cavi sotterranei.

Il Comune ringrazia le migliaia di residenti che hanno cooperato mettendo a disposizione per la raccolta i vecchi bidoni, segnalando bidoni abbandonati o segnalando lavori non completati.

Per ulteriori informazioni si prega di rivolgersi al centro Servizi del Comune al 9524 3333.

Новая технология переработки отходов

Современные технологии позволяют перерабатывать такие виды отходов, как пластмассовые контейнеры для готовой еды, пластмассовые горшки для цветов, почти все виды бутылок из твердой пластмассы (шампуни, напитки, химикаты), аэрозоли и чистая фольга, картонные контейнеры из-под молока и сока, спрессованные картонные коробки, конверты, писчая бумага и газеты.

Сортировка разных видов отходов происходит автоматически, с использованием различных фильтров, магнитов, флотационных бассейнов и лазеров.

Сортировка отходов, собранных в муниципалитете Glen Eira, производится компанией Visy на их предприятии в районе Springvale.

Помимо экономии ресурсов, утилизация отходов позволяет уменьшить выделение парниковых газов в атмосферу, которое происходит при разложении отходов в местах захоронения.

Для эффективности процесса утилизации очень важно, чтобы жители муниципалитета не клали в специальные мусорные контейнеры для переработки бытовых отходов и переработки садовых отходов то, что не может быть переработано, особенно полиэтиленовые пакеты и керамику.

Мэр муниципалитета Glen Eira г-н Steven Tang отметил, что один полиэтиленовый пакет, если он попадает в оборудование, может привести к остановке всего технологического процесса.

“Несколько неправильно заполненных мусорных контейнеров для переработки отходов могут испортить целую партию груза, идущего на компостирование, мульчирование или переработку,” отметил г-н Танг.

Спасибо жителям муниципалитета

В июле этого года муниципалитет Glen Eira принял решение перейти на 120-литровые мусорные контейнеры для оптимизации переработки отходов. Такое же решение было принято почти во всех остальных муниципалитетах Мельбурна.

В июле-августе более 22000 новых 120-литровых контейнеров было доставлено жителям. Старые контейнеры пошли на переработку: из них будут изготавливать пластмассовую изоляцию для подземных кабелей.

Муниципалитет благодарит всех жителей, которые выставили для сбора старые контейнеры, сообщили в муниципалитет о потерянных контейнерах или о различных работах по благоустройству, которые не были завершены.

Дополнительную информацию можно получить в Центре обслуживания муниципалитета по тел. 9524 3333.

Community consultation

Council sees community consultation as a vital part of its decision making process. Consultation involves the community in Council's planning and activities and helps Council to understand the community's priorities and issues. For further information, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

Upcoming and current consultation opportunities

Subject	Type	Date	Where
Environment	Community forum	Monday 18 October 7pm to 9pm	Glen Eira Town Hall — Caulfield Cup Room Corner Glen Eira and Hawthorn Roads, Caulfield

Antiques roadshow seminar with Lester DeVere

Wednesday 27 October, 2pm–4pm

Glen Eira Town Hall — Caulfield Cup Room, level two

Corner Glen Eira and Hawthorn Roads, Caulfield

Join Lester DeVere for this entertaining and informative talk on antiques. Always wondered what that long held family item might be worth? Bring it along for an appraisal. Lester has worked in the antique trade for more than 25 years and will provide evaluations of antique items and collectibles brought in by the audience. He will also give advice on collecting and the pitfalls of buying and selling through antique auctions.

Afternoon tea will be provided and there will be chances to win door prizes.

This is a free event. Appraisals are \$5 per item with a limit of one per person. Bookings are required and can be made online at www.gleneira.vic.gov.au (click on Library) or by contacting 9524 3623.



Children's Week StoryTime

Saturday 30 October, 1.30pm

Carnegie Library and Community Centre

Celebrate *Children's Week* at this special *StoryTime* session. Visit the animal farm in the forecourt before joining a *StoryTime* filled with animal stories and songs in the children's library. Each child that attends will receive a copy of a fun book from Jeanette Row's *SmartyCat* series for preschool children. Limited numbers available. This *StoryTime* session is suitable for preschool children.

A Woman's War: a mother's home-front battle

Presented by author Jacqueline Dinan

Wednesday 13 October, 7pm–8pm

Glen Eira Town Hall — Theatrette

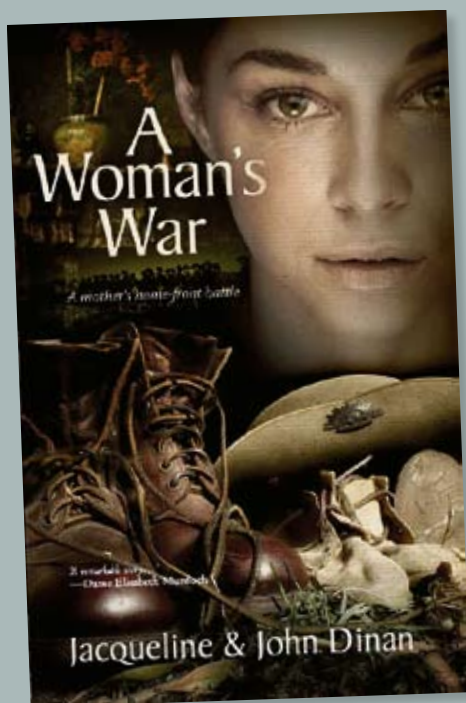
Corner Glen Eira and Hawthorn Roads, Caulfield

Jacqueline Dinan will discuss her novel *A Woman's War* — a poignant and insightful story which takes us into the life of a mother during the Great War. This unique and intimate perspective of how women of an inner-city, working class community endured an incredibly difficult period of Australian history demonstrates to future generations how to face hardship.

What people have said about the book:

"... A remarkable story ... I heartily endorse the book as means of raising awareness of the chronological events of WWI..." — Dame Elisabeth Murdoch

"... As there are so few books written about war from the point of view of women, this timely and wide ranging record is going to contribute greatly to the long neglected female perspective on wars, invariably started by men ..." — Dr Jonathan King, Military Historian



After the talk, *A Woman's War* will be available for purchase and signing for \$25. This is a free event, but bookings are required and can be made at any library branch, online at www.gleneira.vic.gov.au (click on Library) or by contacting 9524 3623.

Social support volunteers needed

Social support volunteers are needed to participate in a valuable local community service.

The Social Support and Monitoring Service, funded by the Home and Community Care (HACC) Program, provides one-to-one assistance for older people or people with disabilities living in Glen Eira.

Volunteer tasks include assisting with shopping, transport and friendly visiting.

A car is essential for this volunteer work.

The Social Support and Monitoring Service is located at 1134 Glenhuntly Road, Glen Huntly

If you have good communication skills, enjoy the company of older people and are available for a couple of hours a week or fortnight, contact Volunteer Co-ordinator Susan Rutherford on 9571 8622.

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Young Leaders host Battle of the Bands 2010

Kick-start the festival season this year by attending Glen Eira City Council Youth Services *Battle of the Bands 2010*.

Battle of the Bands is a free music event for young people created by young people, namely the Youth Leadership Team — a group of five dynamic young people aged 17–22, the voices of their community. They have been working tirelessly to deliver opportunities for young people in Glen Eira to showcase their talents.

Eight local youth bands will play to a packed audience at the Bentleigh McKinnon Youth Centre on 10 December. The bands will be fighting it out to be crowned *Band of the Year* and be in the running to win some fabulous prizes. Past winners — *The Lucas Vassey* and *Admit One* — have gone on to play at numerous community events, gained air play on Southern FM, recorded in a professional studio environment and won vouchers to spend at World of Music.

Come along and show your support for an event created for the youth of Glen Eira.

On the night you will be able to have your say and register a vote for the *People's Choice Award*.

For further information about *Battle of the Bands 2010* or the Youth Leadership Team, contact Youth Services on 9524 3676.



City of GLEN EIRA
YOUTH LEADERSHIP TEAM
GLEN EIRA CITY COUNCIL

Youth Services now at Bentleigh Library precinct

Glen Eira City Council Youth Services now has a new and improved location — the Bentleigh Library precinct.

This new, permanent centre will house all Youth Services information, support and referral services. The new facility will also house Youth Services' highly successful programs, including the Youth Leadership Team, who will be assisting Youth Services in organising and running *Battle of the Bands 2010* and Young Men's and Women's personal development programs.

The precinct is close to public transport and the numerous services available at Bentleigh Shopping Centre. Bentleigh Railway Station is located approximately 500 metres away and bus services along Centre Road are just around the corner.

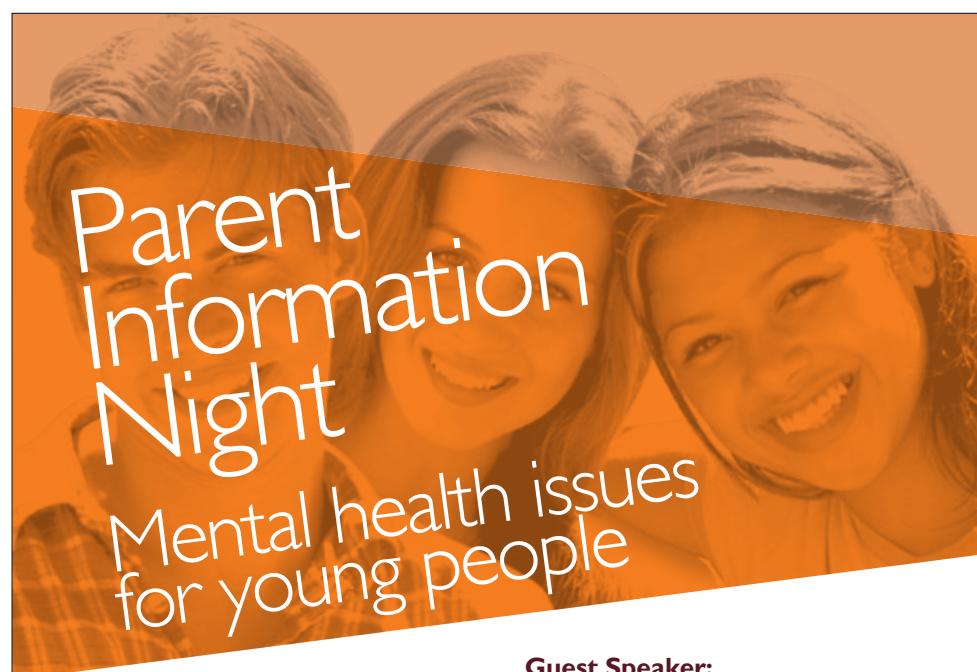
Please feel free to drop into the new Youth Information Centre at 86 Robert Street, Bentleigh. The Centre is open from 1pm–6pm, Monday–Thursday and 1pm–5pm on Friday.



Youth Services team: Natalie, Tracy and Bree. Photo: David Grant — John Brown Photography Services.

For further information on any of Council's Youth Services programs, contact 9524 3676 or email youthservices@gleneira.vic.gov.au

youth services
includes 10–25 year olds



An opportunity for parents and the community to learn about mental health issues young people face today and the roles we can play in supporting them.

Guest Speaker:

Dr Michael Carr-Gregg

Dr Carr-Gregg is an outstanding and highly motivational speaker on a wide variety of subjects associated with health, lifestyle and wellbeing. He is also amongst Australia's leading psychologists and the author of five best selling books.

FREE event

Bookings are essential as seats are limited. To avoid disappointment, contact Youth Services to book your place on **9524 3676**.

Thursday 14 October
7.15pm–9pm
Glen Eira Town Hall
Theatrette, ground floor
Corner Glen Eira and Hawthorn Roads, Caulfield

City of GLEN EIRA
youth services
includes 10–25 year olds

Toilet training

Glen Eira City Council, in partnership with Bendigo Bank, presents this information session for parents/guardians.



All parents/guardians face the dilemma of when to start toilet training. This session will give you a number of strategies to get you and your child on the way.

Presenter: Continence Victoria

Date: Tuesday 26 October

Time: 7.30pm–9.30pm
(7.15pm registration)

Where: Carnegie Library and Community Centre — Boyd Room

Cost: \$5

7 Shepparson Avenue, Carnegie

Places are limited. Registration and payment must be received prior to the session. To book online visit

www.gleneira.vic.gov.au
or contact Council's Service Centre on 9524 3333.



GLEN EIRA CITY COUNCIL

With daylight hours extending, the weather warming up and the garden starting to bloom, it's a great time to go outside and get active. During October there are a range of activities that will help kick-start your spring.

Council adopts Bicycle Strategy

The *Glen Eira Bicycle Strategy 2010* has been adopted.

The *Strategy* aims to develop infrastructure that promotes and encourages cycling as a safe physical activity for leisure and as a legitimate transport option.

This will be achieved through a combination of physical improvements, considerate policy, promotion and prioritising sustainable transport options.

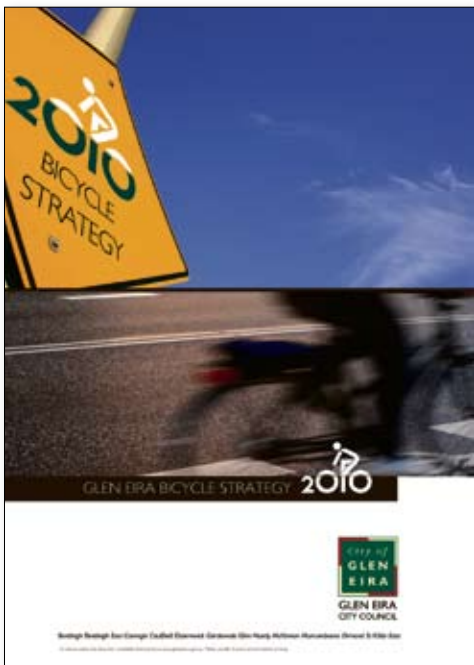
The *Strategy* also addresses the needs of all types of cyclists by providing a range of safe, continuous and connected routes.

Recent data from the Australian Bureau of Statistics indicates that 1.35 million Australians make car journeys to work of less than 5km each day. These are distances that could be replaced by cycling, walking or public transport.

In Glen Eira, and across Melbourne, the number of people choosing cycling as a means of transport for commuting, school, shopping, fitness and leisure is increasing.

The positive benefits include increased physical activity, a reduced carbon footprint, more vibrant communities, cost savings and decreases in traffic congestion.

For further information regarding the *Glen Eira Bicycle Strategy 2010*, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au to download a copy.



Outdoor pool opening

Carnegie Swim Centre will re-open for the summer swim season on Saturday 30 October.

After a successful 2009–10 summer season, which saw more than 60,000 visits over five months, Carnegie Swim Centre will again be the sole pool operating in Glen Eira while the Glen Eira Sports and Aquatic Centre is being constructed.

Improvements made during the off-season include additional rainwater storage tanks, the

replacement and upgrading of water heating systems and the installation of additional shading over the centre's program pool.

Some of the family-friendly activities scheduled in 2010–11 include *Dive-In Movie Nights*, *Jazz By The Pool*, *Family Fun Days*, *YMCA's Aquathons*, increased dive pool opening hours and school holiday fun.

Swimming lessons will commence in November and cater for all ages and abilities, from little ones looking to explore through water based games and activities, to adults wanting to learn

for the first time or work on stroke development.

If you are a regular swimmer, there are multi-visit passes and full season memberships available from reception.

Opening hours

Monday to Friday: 6am–7pm

Saturday: 7am–6pm

Sunday and public holidays: 8am–6pm

If the temperature forecast is 30 degrees or above, pool hours are extended to 8pm.

Ride to Work Day – 13 October

Ride to Work Day encourages people to commute to work by bike.

Have fun and experience the health, financial and environmental benefits of cycling. If you are frustrated by sitting in traffic or struggling to squeeze onto an unreliable train, then think about cycling as a better way to get to work. The beauty of cycling is its flexibility. You can enjoy cycling virtually anytime — by yourself, with friends, for leisure, in competition or as a mode of transport.

A great place to start is to talk to regular riders at your workplace. Ask their advice on how to get to work, where to park your bike, where to shower (if you think

you'll need to) and where to leave clothes. If you are new to cycling or not a confident bicycle rider, it can be a good idea to start riding on bike paths and have a practice run on the weekend.

For further information visit www.ride2work.com.au



Walktober

Commuters scurry, shoppers meander, exercisers power, lovers stroll, children rush ... but we all walk.



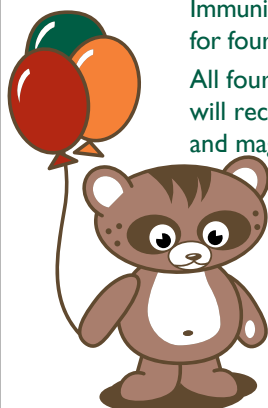
Walking often seems too easy, too commonplace and too obvious as an activity to pursue as a way of getting to places and staying healthy. Glen Eira has predominately flat terrain, which makes it the perfect place to walk. There are a number of large parks that cater for walking and the City's streets are also quite popular.

Walktober is an annual campaign run throughout October that aims to increase walking. It is a month of activities that celebrates walking, creates awareness and connects people with communities. There are more than 600 events organised as part of *Walktober* across the state, including:

- *National Walk to Work Day* — 1 October; and
- *Walk to School Day* — 20 October.

For further information visit www.walktober.com.au

Special four-year-old immunisation sessions 2010



These immunisations should be given as soon as a child has their fourth birthday. Glen Eira City Council's Immunisation Service is offering immunisation sessions for four-year-old children during 2010.

All four-year-old children receiving their immunisation will receive a free show bag. Face painting, balloons and magic tricks will keep the kids entertained.

Parents please note: The Australian Childhood Immunisation Register recommends that all childhood vaccinations are completed by four years. If your child is not vaccinated by four years and one month they will be considered overdue and you will receive reminder letters from Council.

Wednesday 6 October
4pm–6pm

Carnegie Library and
Community Centre
7 Shepparson Avenue
Carnegie

Saturday 6 November
9.30am–11.30am

Bentleigh-Bayside
Community Health
Gardeners Road
Bentleigh

Wednesday 1 December
4pm–6pm

Carnegie Library and
Community Centre
7 Shepparson Avenue
Carnegie



Glen Eira City Council

Bentleigh Bentleigh East Carnegie Caulfield Elsternwick Gardenvale Glen Huntly McKinnon Murrumbeena Ormond St Kilda East

Exhibitions

Glen Eira City Council Gallery, Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield. Phone: 9524 3333 Opening times: Monday–Friday 10am–5pm, Saturday, Sunday and public holidays, 1pm–5pm. Admission is free.

Farrell and Parkin: Topography of a Collaborative Mind
A Survey Exhibition: 1984–2010
Continues until 5pm Sunday 17 October

Glen Eira City Council Gallery is delighted to present this feature exhibition, which surveys the artistic practice of nationally and internationally renowned collaborative photographers Rose Farrell and George Parkin. Key photographs and videos from their major series created between 1984 and 2010 have been selected for inclusion in the exhibition. Farrell and Parkin are widely known for their enigmatic, theatrical and technically complex constructed photographs and exploration of lost historical medical procedures and healing remedies.

More than 70 photographs drawn from major public collections including the National Gallery of Victoria, Museum of Contemporary Art Sydney, Monash Gallery of Art, Mornington Peninsula Regional Gallery, Artbank, Albury City Art Gallery and Horsham Regional



Farrell and Parkin — Unforeseen Circumstances, Act Two, 2004–2005 (detail). From the Random Acts series 2004–2005, Type C colour photograph, 146.0 x 100.0 cm. Collection: Museum of Contemporary Art, Sydney, purchased 2006.

Art Gallery will be included in the exhibition. Photographs on loan from important private collections in Australia will also be featured.

Farrell and Parkin's mysterious and compelling photographs are not to be missed.

A full colour catalogue is available for sale.

Floor talk by artist Rose Farrell
Saturday 2 October, 2.30pm
Glen Eira City Council Gallery
Free admission

Rose Farrell will provide a brief overview of Farrell and Parkin's collaborative practice between 1984–2010.

Melbourne Society of Women Painters and Sculptors 101st Annual Exhibition
Opens 10am Thursday 21 October and continues until 3pm Sunday 31 October

The Melbourne Society of Women Painters and Sculptors is the longest established women's art group in Australia and the second oldest art society in Victoria.

This exhibition will showcase both traditional and innovative contemporary works by members of the society. The annual exhibition of the society is known for its interesting variety of sculptures including bronzes, ceramics and wood and

two-dimensional works including oil paintings traditional and modern, watercolours, pastels, mixed media and original prints and some adventurous modern media.

The 101st Melbourne Society of Women Painters and Sculptors exhibition will be officially opened by Melbourne Society of Women Painters and Sculptors honorary life member Judith Perrey Setford FVAS on Wednesday 20 October at 7pm. Benalla Art Gallery Director Simon Klose, who will judge the *Annie Davison Oliver Award*, will also be at the opening.



Louise Foletta — Night of Fire, Black Saturday 2009. Watercolour on paper, 68.0 x 102.0 cm.

SPRINGTIME MUSIC



PROUDLY PRESENTED BY GLEN EIRA CITY COUNCIL



Bentleigh Bentleigh East Carnegie Caulfield Elsternwick Gardenvale Glen Huntly McKinnon Murrumbidgee Ormond St Kilda East

The *Springtime Music Series* is an opportunity to enjoy the local parks while being entertained with a wide variety of music, from string quartet to flamenco guitarist, children's music to contemporary pop and rock. Pack a picnic and head to the park for Glen Eira City Council's free *Springtime Music Series 2010*.



Paragon String Quartet
 Sunday 10 October
 2pm–4pm
 Greenmeadows Gardens, St Kilda East
Paragon String Quartet originally formed from classical musicians who toured Europe together in the late 1980s. Since then, the group's musicians have played for The ACO, Melbourne and Sydney Symphony Orchestras. They have played with Elton John on his concert tour of Australia and performed for Queen Elizabeth.



Vikingo De Jerez
 Sunday 17 October
 2pm–4pm
 Harleston Park, Elsternwick
 Nicknamed 'Vikingo De Jerez' Rowland Schultz is inspired by the Gipsy Flamenco artists of Andalusia Spain and has a sound true to Jerez De La Frontera, a small province in Andalusia.



Jugularity
 Sunday 24 October
 2pm–4pm
 Carnegie Library and Community Centre, Carnegie
Jugularity's brand of madcap musical comedy successfully combines skilled, inspiring musicianship with comedy cabaret. *Jugularity* includes lively, upbeat, eclectic versions of jazz, folk, blues, rap, country, gypsy and other styles of songs they've written, borrowed or parodied. *Jugularity* were a popular addition to the *Springtime Music Series* in 2008 and their 2010 show will be specially tailored to a young audience for *Children's Week*.



Groove Indigo
 Sunday 31 October
 2pm–4pm
 Garden Avenue Park, Glen Huntly
Groove Indigo has the depth and diversity to weave and sculpt a unique musical experience. Their music is clean, dynamic, and hypnotic in its grooves with lyrics that reflect modern culture. Their repertoire includes jazz and blues standards from George Gershwin, Cole Porter, Ray Charles and Nina Simone.



Nick Charles & the Blue Strings
 Sunday 7 November
 2pm–4pm
 Memorial Park, Caulfield North
 Described by *The Age* as "Australia's virtuoso of acoustic roots and blues" a Nick Charles performance features dazzling six string, twelve string and slide guitars and songs drawing from the rich traditions of American folk, blues, country and early jazz and ragtime.



Rocky & Dom
 Sunday 14 November
 2pm–4pm
 Marlborough Street Reserve, Bentleigh East
Rocky and Dom have been performing in various bands and as an acoustic duo since they met at Music School in 1999. They perform everything from *The Rolling Stones* to Michael Jackson to *Pearl Jam* to *Cold Chisel*, *Metallica*, *Nickleback* and even Shannon Noll.



Matthew Fagan
 Sunday 21 November
 2pm–4pm
 Centenary Park, Bentleigh East
 Matthew Fagan is a gifted fiery guitarist with a wealth of experience in performance, recording and composition. Matthew has toured with international artists Shirley Bassey, *The Buena Vista Social Club*, Michael Crawford and Billy Connolly. "Matthew is the best guest artist I have toured with" - Billy Connolly 1999 Australian Tour.



Ouaga
 Sunday 28 November
 2pm–4pm
 Caulfield Park, Caulfield
Ouaga (pronounced "Waga") fuse beautiful, driving rhythms with soaring vocal harmonies, flute, saxophone and didgeridoo. Supported by their choreographed dance posse, *Ouaga* is a versatile and experienced ensemble that includes both local and African-born musicians. *Ouaga* are legendary in Melbourne for their infectious groovy dance music and high energy stage shows.

Visual merchandising for a profitable Christmas

Retail consultant Kevin Hennah will present simple strategies to prepare for what may be your most profitable Christmas to date — a must for all proactive retailers.

In response to department store sale promotions, many small businesses have replaced clever forward planning and innovative merchandising strategies with a sale poster during the busy Christmas period — a strategy few can afford.

This dynamic presentation will demonstrate how to maximise your Christmas sales opportunities through:

- sales-driven store layouts;
- strategic merchandising of best-sellers and gift lines;
- powerful promotions;
- eye-catching window displays; and
- professional in-store Christmas decorations.

Kevin is a consultant, trainer and business coach, focused on increasing sales and customer numbers.



kevinhennah.com.au

He works nationally and internationally with a broad cross-section of businesses including Australia Post, OshKosh, RACV, Saddleworks, Virgin Mobile, Kathmandu and Westfield. He also features on Channel Seven's *Kochie's Business Builders*.

This event is jointly hosted by Glen Eira City Council and Mainstreet

Australia, a not-for-profit, member-based organisation committed to supporting the traditional shopping strips and town centres.

Date: Thursday 21 October

Time: 6pm for a 6.30pm start to 8.30pm

Where: Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield

Cost: \$20 per person (light supper included)

RSVP: Bookings essential by Monday 18 October by calling Council's Service Centre on 9524 3333.

Mainstreet Australia Members can book directly with Mainstreet Australia via www.mainstreetaustralia.org.au

Mainstreet member enquiries: 9435 2200.



Turning strategies into profits: How to create value and wealth in your business

The concept behind creating value and wealth can be adapted to any size business.



During this session, Managing Director of Bossmentor Jenny Stilwell will inform participants about:

- why the art of possibility is essential for business success;
- how redefining boundaries can free up new opportunities and revenue streams;
- how focusing on value and knowing where to look for it will generate the best returns; and
- why sustainable structure is the stepping-stone for growth.

About the presenter

Jenny Stilwell is the Managing Director of Bossmentor — www.bossgroup.com.au — a consultancy providing advice on strategy and business growth for professional, lifestyle-oriented owners of service-based businesses who want to grow their businesses and ultimately spend less time in them. As part of the session, Jenny will help you through the challenges of growth and provide advice on how to increase the value of your business.

Date: Thursday 28 October

Time: 7pm–9pm (light supper and networking on arrival)

Cost: \$15

Where: Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield

RSVP: Bookings essential by Tuesday 26 October to Council's Service Centre on 9524 3333

Time management with Outlook — gaining control of your email and your time

If you have ever wished you could fit more into the day or gotten to the end of the day and wondered why you haven't achieved all you set out to accomplish, then this session is for you.

Presented by Fiona Newton, you will learn how to:

- effectively manage your emails and gain control of your inbox;
- how to consolidate your approach to time management using Outlook;
- use the task list in Outlook to prioritise your tasks and plan your day;
- use the calendar to manage all your appointments;

- filter out unwanted emails;
- set up an effective filing and archiving system; and
- set up your own personal database using the contacts folder.

Fiona has 10 years experience in the training industry. As an expert in productivity processes and tools, such as Outlook, Ipaq, Palm and Lotus Notes, she has consulted with many of the top government and private organisations in Australia to design greater structures and systems for their productivity. Her deep understanding of the issues that are inhibiting employees from achieving

their best results in the workplace has enabled her to give specialised coaching and training in the areas of time management, IT skills, presentation skills, customer service, telephone etiquette and team building.

Date: Monday 11 October

Time: 6pm (registration) for a 6.30pm start to 8.30pm

Cost: \$20 (light supper included)

Where: Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield

RSVP: Bookings essential by Thursday 7 October to Council's Service Centre on 9524 3333

Mentor Program continues to help local business owners

Many business operators spend a lot of their time and energy working "in" their business, leaving no time to strategically look at their business operation and direction. If you are a business owner struggling to achieve your goals, a business mentor could help.

The *Mentor Partners Program* has assisted hundreds of businesses to improve their business performance since its inception in 2002.

A joint initiative between Glen Eira and Kingston City councils, the *Program* matches experienced volunteer business mentors with small to medium sized businesses, providing them with

support and guidance. Mentors do not act as formal advisors, consultants or coaches. They support a business to clarify goals and take considered action to help with its success and growth. As the mentors are volunteers, this *Program* is free.

Applications are now open for the next intake of the *Mentor Partners Program* and close at the end of October.

To be considered, your business needs to be based in either the City of Kingston or Glen Eira, have been operating for at least 12 months and not operate under a franchise agreement.

To apply, you must have a commitment to improve your business and have a strong potential for success. If accepted into the *Program*, you will have six months to work with an accredited mentor who will help take your business to the next step.

For further information, contact *Mentor Partners Program* Co-ordinator Sandy Brouvalis on 0438 507 010, email sbrouvalis@mentorpartners.com.au or visit www.mentorpartners.com.au to download an application form.



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