

glen eira news

Increase in key ages and stages assessments



Maternal and Child Health Nurse Anne-Marie English, Murrumbeena resident Susan and her daughter Ava. Photo: Nico Photography.

Glen Eira City Council's Maternal and Child Health (MCH) Service completed 16,323 key ages and stages assessments during the 2010–11 financial year — surpassing its target by more than 1,300.

The free assessments, which are part of the Department of Education and Early Childhood Development's *10 Key Ages and Stages Visits Program*, are conducted by one of Council's experienced maternal and child health nurses.

Council's Maternal and Child Health Co-ordinator Jeandanielle Evans told *Glen Eira News* the increase in attendance can be attributed to a number of initiatives implemented by the service, including an outreach service.

"Many families have busy lifestyles, particularly if both parents work, and this can make it difficult for them to access the service," Ms Evans said.

"Limited Saturday morning appointments are available for families who are unable to access the MCH Service during business hours.

"It can also be difficult for families to attend if, for example, they have mobility issues or have just had a multiple birth, and these families are offered the outreach service.

"Additionally, the outreach role can conduct key ages and stages assessments with children within the local childcare centre, early learning centre or kindergarten."

What's involved?

The first key ages and stages assessment is conducted at the child's home following their discharge from hospital.

Subsequent assessments are then carried out at their local maternal and child health centre at age two weeks, four weeks, eight weeks, four months, eight months, 12 months, 18 months, two years and three-and-a-half-years.

Why are the visits important?

Ms Evans said it is vital that all children are assessed.

"These visits will assist in the early identification of any health and development issues, which could

potentially affect school readiness, future learning and wellbeing outcomes," Ms Evans said.

Ava from Murrumbeena was diagnosed with hip dysplasia — a misalignment of the hip joint — at her two week assessment.

Ava's mother Susan said although the news was alarming at first, she was grateful the condition was detected early.

"If I hadn't taken Ava to her assessment, then the situation wouldn't have been addressed so promptly," Susan said.

"Following the assessment by Maternal and Child Health Nurse Anne-Marie English, I took Ava to our GP to seek advice on how to treat the condition.

"As a result of the early detection and treatment, Ava is a perfectly normal five-year-old and her condition has been fixed."

For further information, or to make an appointment, contact Council's MCH Service on 9524 3333.

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GESAC

Community Safety Month activities



As part of Community Safety Month, residents will be able to safely dispose of their unwanted medicines. Photo: Bernie Bickerton.

As part of *Community Safety Month* in October, Glen Eira City Council is organising a number of workshops and events to highlight safety and improve the health and wellbeing of the Glen Eira community.

All events will be held within the City of Glen Eira and include:

- *Maintain your Brain* dementia awareness session for older adults;

- a safety forum for residents, with information on home safety, confident living and emergency planning and services;
- vehicle child restraint checks;
- Responsible Service of Alcohol (RSA) training; and
- safe disposal of unwanted medicines.

An information booth will also be on display at Council's Service Centre throughout October.

For further information, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au and click on Council and community.

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Deadlines

The deadline for the next edition (October) of *Glen Eira News* is Wednesday 31 August for delivery 26–30 September.

Coming deadlines

The deadline for the November edition of *Glen Eira News* is Wednesday 5 October for delivery 31 October–4 November.

For advertising and *Community Diary* enquiries, contact 9524 3333.

To submit editorial material write to: *Glen Eira News*, PO Box 42 Caulfield South Victoria 3162 or email: editor@gleneira.vic.gov.au

Disclaimer

The information in this publication is of a general nature. The articles contained herein are not intended to provide a complete discussion on each subject and/or issues canvassed. Glen Eira City Council does not accept any liability for any statements or any opinion or for any errors or omissions contained herein.

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Mayor's column



Congratulations to Moongala Community House in Bentleigh East who celebrated not only their milestone 30th birthday recently, but a fabulous makeover. Well done to all involved and thank you for your valuable contribution to the community over the years. I am certain the improvements are appreciated and will be well enjoyed.

I would also like to congratulate Mary O'Driscoll on her 102nd birthday and Mark Nathan on his milestone 100th birthday, both of which were celebrated recently.

The *Glen Eira Storytelling Festival* was off to a flying start at the Classic Cinema, followed by 50 events held at 15 venues across the municipality, including Open Mic sessions, *StoryTime* sessions, film screenings and puppetry performances. It can be said the *Festival* has been a success for all age groups. Still to come are the *My Brother Jack Literary Awards*, which will be announced next month.

It is the 'Opening of the Greens' time again for lawn bowling clubs around Glen Eira. I wish you good bowling and a successful season.

Council welcomes the recent announcement by the State Government of \$6.5 million in funding for Victorian libraries over the next three years. Council will be able to continue to offer this vital service without cuts or changes to service levels.

Glen Eira City Council's four library branches at Bentleigh, Carnegie, Caulfield and Elsternwick offer residents an extensive and varied range of services. With more than 650,000 people visiting Council's library branches during the last financial year, it shows just how important this service is to the local community.

**Cr Margaret Esakoff
Mayor**

Council rejects cat curfew

Glen Eira City Council has resolved not to proceed with the introduction of a cat curfew.

As part of its *Domestic Animal Management Plan*, a cat curfew from dusk to dawn was considered by Council at its 19 July Council Meeting.

Glen Eira Mayor Cr Margaret Esakoff said when introducing any new law, Council needs to consider whether the issue or problem is of a sufficient level to warrant the introduction of a control measure, and whether that control will be effective in resolving the issue or problem.

“A review of Council’s statistics shows that cat-related nuisance complaints are starting to trend downwards,” Cr Esakoff said.

“The number of complaints per 1,000 households is 3.1, which compares favorably with the state-wide average of 6.4.”

Cr Esakoff said the decrease in complaints could be contributed to current education campaigns, as well as Council’s voluntary pet desexing scheme.

“Under the scheme, which commenced in August 2009, cats (and dogs) which have been microchipped and desexed



Council has resolved not to proceed with the introduction of a cat curfew.
Photo: David Grant — John Brown Photography Services.

will be eligible to have the annual registration fee for the second year of registration waived,” Cr Esakoff said.

“Latest figures show a six per cent increase in the desexing rate for new cat registrations.

“The desexing of cats reduces the overpopulation of homeless and unwanted cats, preventing feral animals and diseases.

“Desexed cats are also found to be less prone to fighting.”

In making its decision, the latest impoundment figures were also considered by Council.

Figures show a decrease in cats being impounded, with Glen Eira 3.9 per 1,000 households in comparison with

the state average of 5.7.

Cr Esakoff said given that cat nuisance complaints and impoundment figures are reducing and that Glen Eira’s figures are well below the state averages, Council has concluded the issue or problem is not at a level to warrant the introduction of a night curfew control measure.

“It is preferable and more effective to continue encouraging residents to be responsible pet owners, which includes keeping cats indoors at night,” Cr Esakoff said.

“Confining your cat at night will not only keep it safe from harm on the roads and from injury should it be involved in a fight, but it will help protect native wildlife.”

Community column

Speaking up for our City

Caulfield to Dandenong Rail Crossing Study community workshop

VicRoads will hold a community workshop on Tuesday 6 September regarding the Caulfield to Dandenong Rail Crossing Study. The forum will be held from 6.30pm to 8.30pm at Carnegie Library and Community Centre. Further information can be found on page six.

McKinnon Road structural works

Council has met with Melbourne Water regarding structural works that need to be undertaken on the main drain that runs under McKinnon Road.

The works are expected to commence in late September and will take eight to 10 weeks.

The works will require the total closure of McKinnon Road between Wheatley Road and Wattle Grove for one week.

Engaging our community

Alma Road, Caulfield pedestrian refuge

Council sought submissions regarding a proposed pedestrian refuge in Alma Road, Caulfield North.

The pedestrian refuge is planned to be installed just east of Wilks Street and is designed to facilitate walking and improve pedestrian safety in line with Council’s *Towards Sustainable Transport 2011–2014 Strategy*.

Have your say at the 2011 Community Environment Forum

Council’s *Community Environment Forum* will be held on Wednesday 31 August from 7pm to 9pm.

To be held in the Theatrette at Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield, the *Forum* is an opportunity to have your say about Glen Eira’s plans on greenhouse gas emissions, waste and recycling, water and biodiversity.

For further information and to RSVP, contact Council’s Sustainability Support Officer Sally Stewart on 9524 3333.

GESAC foundation stage two memberships closing

Membership sales have exceeded expectations for stage two of the foundation memberships for Glen Eira Sports and Aquatic Centre (GESAC).

To take advantage of the offer, you will need to book in for an appointment by 5pm Wednesday 31 August when the stage two offers will be closed.

Stage two memberships give members full access to the gym, group fitness classes, all pools, waterslide, spa, sauna, steam room and temporary locker as well as discounted rates for various other services at the facility.

The annual cost of a stage two membership is \$881.40 providing members with a saving of \$304.95. This involves a 12 month minimum term

with no administration or joining fee.

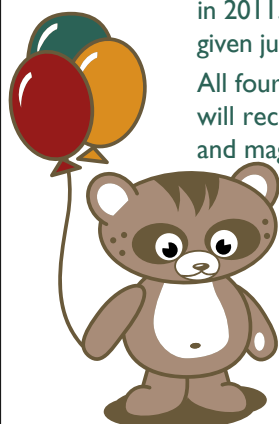
To arrange an appointment, contact GESAC on 9570 9200 or call into GESAC’s sales office at 200 East Boundary Road, Bentleigh East.

Special four-year-old immunisation sessions 2011

Glen Eira City Council’s Immunisation Service is offering immunisation sessions for four-year-old children in 2011. These immunisations are recommended to be given just prior to a child’s fourth birthday.

All four-year-old children receiving their immunisation will receive a free show bag. Face painting, balloons and magic tricks will keep the kids entertained.

Parents please note: The Australian Childhood Immunisation Register recommends that all childhood vaccinations are completed by four years. If your child is not vaccinated by four years and one month they will be considered overdue and you will receive reminder letters from Council.



Wednesday 7 September
4pm–6pm

Carnegie Library
and Community Centre
7 Shepparson Avenue
Carnegie

Saturday 8 October
9.30am–11.30am

Bentleigh-Bayside
Community Health
Gardeners Road
Bentleigh East

Wednesday 9 November
4pm–6pm

Carnegie Library
and Community Centre
7 Shepparson Avenue
Carnegie



Glen Eira City Council

Bentleigh Bentleigh East Carnegie Caulfield Elsternwick Gardenvale Glen Huntly McKinnon Murrumbeena Ormond St Kilda East

Court fines issued over illegal backpacker hostel

Six people faced Moorabbin Magistrates Court in July regarding unsafe and overcrowded housing.

Two men were charged with illegally housing backpackers in two properties in St Kilda East.

The Court heard the properties on Orrong Road and Hotham Street both breached a number of town planning and building regulations. Both properties did not have town planning permits.

Both of the accused told the court that they did not believe they required a town planning permit to run a backpacker residence however, they both pleaded guilty. The court handed down fines of \$13,000 each with each party ordered to pay \$2,500 in legal costs.

The owners of the properties were placed on a good behaviour bond for 12 months.

Glen Eira Mayor Cr Margaret Esakoff said Council will not tolerate unsafe and overcrowded housing.

"Illegal backpacker hostels pose dangers not only for those who stay there, but also to the neighbours, who also have to put up with noise and nuisance behaviour often associated with these establishments," Cr Esakoff said.

"The health and wellbeing of the occupants are most important and Council will do everything in its power to make sure they are safe.

"If your property is non-compliant, Council will investigate and prosecute through the courts when necessary."

Removal of graffiti from private property

Glen Eira City Council continues to assist residents by removing graffiti from the title boundary of private property (both residential and commercial), which is visible from a public place. Requests for removal from private property can be made via Council's Service Centre on 9524 3333. Requested works are referred to a priority list for consideration.

Graffiti removal kits

Glen Eira residents and traders can obtain personal graffiti removal kits free of charge from Council's Service Centre, corner Glen Eira and Hawthorn Roads, Caulfield.

Glen Eira celebrates Victorian Seniors Festival 2011



The *Victorian Seniors Festival 2011* in Glen Eira promises to inspire residents with dance, fitness, music and culture.

The *Festival*, which is held for senior Glen Eira residents, will run from Friday 23 September to Sunday 9 October under the theme: *Be inspired*.

One of the highlights of the *Festival* will be a free concert on Friday 23 September. This year's *Showtime* concert — *In the Pink* — will feature the fabulous singing trio *The She-las*, the amazing voice of David Gould and concert favourite Jennifer Lee. The cabaret style concert also includes afternoon tea.

Time: 1.30pm–3.45pm
(doors open 1pm)

Venue: Glen Eira Town Hall — Auditorium, corner Glen Eira and Hawthorn Roads, Caulfield.

Cost: Free

Bookings are essential and can be made from 10am Friday 9 September. To book your place, contact Glen Eira City Council's Service Centre on 9524 3333.

Maintain your Brain

As part of the *Festival*, a free seminar — *Maintain your Brain* — will be held on Friday 7 October. The seminar will provide information on dementia and ways to keep your brain healthy. Caulfield Hospital Director Aged Psychiatry Service Associate Professor Stephen Macfarlane and COTA Victoria Educator John Douch, will both present at the seminar. Afternoon tea will be provided and participants will also receive valuable resources and brochures to take home.

Time: 2pm–4pm (doors open 1.45pm)

Venue: Caulfield Park Pavilion, Balaclava Road, Caulfield North (Mel Ref: 59 C12)

Cost: Free

Bookings are essential and can be made by contacting Council's Service Centre on 9524 3333.

Free morning walks

Be inspired during this year's *Festival* and step into action with Council's free morning walks in two Glen Eira parks.

The one hour sessions include warm-up and cool down exercises. At the end of the session, participants are encouraged to stay for light refreshments and a chat.

Monday 3 October

Join the Caulfield Park walk with the Caulfield Walkers group. The group will meet at 9.15am at Caulfield Park (in the car park adjacent to Caulfield Park Sports Complex), Balaclava Road, Caulfield.



The Victorian Seniors Festival 2011 promises to inspire residents with dance, fitness, music and culture. Photo: Department of Health.

Wednesday 5 October

Join the Hodgson Reserve walk with the Bentleigh Walkers group. The group meet at 9am at Hodgson Reserve at Bentleigh McKinnon Youth Centre, Higgins Road, Bentleigh.

Connecting the generations

Council's intergenerational play session is the perfect event for grandparents and their grandchildren to connect and share experiences.

This fun, creative and interactive session will be held as part of *Victorian Seniors Week 2011* on Tuesday 4 October.

To be held at Murrumbeena Family Centre, 105–107 Murrumbeena Road, grandparents and their grandchildren can take part in a range of activities, including:

- arts and craft;
- blocks and construction;
- dressing up and role play; and
- outdoor play — sandplay and balls.

The free session will be held from 10am to 11.30am and morning tea will be provided.

Bookings are essential as places are limited. To book, contact Council's Service Centre on 9524 3333.



Grandparents and their grandchildren will be able to connect and share experiences. Photo: Eliza Levi.

Guided tour of Council's Gallery

Council's Gallery Curator Diane Soumilas will host a free guided tour of major survey exhibition, Robert Baines *A Visible Likeness Survey Exhibition 1969–2011*. This exhibition will document more than 40 years of work by Robert Baines one of Australia's most renowned jewellers and goldsmiths.

Light refreshments will be served in the foyer following the guided tour. Bookings are essential.

Library activities

Dining with Jane Austen

It is every woman's dilemma. Guests for dinner — what to serve? For women in Jane Austen's time, it was no different — the search for recipes, gathering ingredients, arranging the table, preparing the food and serving. In this piece of theatrical entertainment, actress Lise Rodgers will use cookbooks of the period and of course Jane's personal letters to explore the world of Regency food. Bookings are essential.

We're Grand! Stories to enjoy with Grandparents

Grandparents are invited to attend the library's *We're Grand! StoryTime* sessions. Share stories together that connect the generations. This is the perfect event for grandparents, parents and young children to enjoy together.

Other community events

As part of the *Festival*, community groups across Glen Eira will also host a number of events, including games of croquet, dancing, walks, luncheons, dinner dances and concerts.

For further information about the *Victorian Seniors Festival 2011 in Glen Eira*, how to book for events and obtain a copy of the *Festival* program, contact Council's Service Centre on 9524 3333.

Stage three of GESAC memberships to open

From Thursday 1 September, the third stage of memberships for Glen Eira Sports and Aquatic Centre (GESAC) will commence.

There are limited numbers of memberships available, so to secure yours quickly, contact 9570 9200 and arrange an appointment with a consultant.

Foundation stage three membership

Membership includes: gym, all group fitness classes, all pools, waterslide, spa, sauna, steam room, temporary locker, as well as discounted rates on other services where applicable.

With an annual cost of \$985.40, you'll save \$200.95. There is a 12 month minimum term with no administration or joining fee.

Swim School membership

The Swim School membership includes: one lesson per week, priority enrolment, access to all pools except for the wellness program pool, waterslides, discounted rates on other services where applicable, a free introductory lesson and starter pack and free access to GESAC until the Swim School Program commences.

With an annual cost of \$780, you'll save up to \$190. There is a 12 month minimum term and no administration fee. Saving is based on equivalent centre costs and depends on date of joining and usage.

Activate membership (over 60s)

The Activate membership includes: gym, all group classes, all pools, waterslide, spa, sauna, steam room, temporary locker, as well as discounted rates on other services where applicable.



The third stage of memberships will commence on Thursday 1 September.

With an annual cost of \$915.75, you'll save \$49. There is no minimum term and no joining fee, but a \$49.95 administration fee will apply. Restricted hours apply with this membership — 8am–4pm weekdays and full access on weekends.

Junior (14–18 years)

The Junior membership includes: gym, majority of group classes, access to all pools except for the wellness program pool, waterslides, spa, sauna, steam room, temporary locker, as well as discounted rates on other services where applicable.

With an annual cost of \$915.75, you'll save \$49. There is no minimum term and no joining fee, but an administration fee of \$49.95 will apply. Members under 16 years are only allowed to access group fitness classes and the aquatic area.

Aquatic membership

The Aquatic membership includes: all pools, waterslide, spa, sauna, steam room, temporary locker, as well as discounted rates on other services where applicable.

With an annual cost of \$770.15, you'll save \$99. There is a 12 month minimum term, but no joining fee. An administration fee of \$49.95 will apply.

Aquatic membership concession

The Aquatic concession membership includes: access to all pools, waterslide, spa, sauna, steam room, temporary locker, as well as discounted rates on other services where applicable.

With an annual cost of \$676.55, you'll save \$49. There is a 12 month minimum term, but no joining fee. An administration fee of \$49.95 will apply.

Keep an eye out for swooping birds

It's nesting time for many birds in Glen Eira, so until October look out for swooping birds.

Like most animals, native birds instinctively protect their territory during nesting season and if they perceive you to be a potential threat, they may swoop. For many people who get caught in this position, it can be a very frightening experience.

The Australian Magpie, Magpie-lark, Red Wattlebird, Grey Butcherbird and Noisy Miners are the main culprits and are widespread throughout the Glen Eira region, especially around parks and open spaces.

Glen Eira City Council Manager Park Services Laurie Unwin said that swooping birds can cause serious injuries.

"There is a real danger to cyclists if you do happen to ride through their nesting zones, so it is better to dismount and walk through these areas," Mr Unwin said.

"In a lot of cases, the birds are only trying to scare intruders away and avoid contact."

Here are some tips to avoid being swooped.

- Birds usually target individuals and stay clear of groups of people. They also tend to keep their distance if you are holding an umbrella or a large stick above your head.
- Since the birds always attack from behind, be confident and face them. A strategy that is known to work quite well is sticking "eyes" to the back of hats or helmets. The worst thing one can do is panic and run — this only encourages the birds to continue swooping.

Residents are reminded that all native birds are protected under the *Wildlife Act 1975* and there are serious penalties for taking, harassing or injuring native wildlife.

Abandoned and unregistered vehicles

Glen Eira City Council would like to remind drivers that it is illegal for a vehicle to remain on a road if the vehicle does not have a current registration label attached to the windscreen or registration plates affixed to it.

During the last financial year, 833 vehicles were reported to Council with 569 notices issued to the registered owners asking them to remove the vehicle.

Council's Manager Building and Civic Compliance John Bordignon said if anyone suspects a vehicle has been abandoned, they should contact Council's Service Centre on



Residents should contact Council if they suspect a vehicle has been abandoned. Photo: GECC Civic Compliance Unit.

9524 3333 and Council will arrange for an officer to inspect the vehicle and take appropriate action.

"If the vehicle is found to be unregistered or abandoned, a tow-away notice may be attached to the vehicle," Mr Bordignon said.

"If the vehicle is not removed within the specified time, Council may arrange to have the vehicle impounded.

"Costs incurred by Council regarding the impoundment of any vehicle may be borne by the registered owner of the vehicle."

Mobility scooter safety

Mobility scooters and electric wheelchairs (motorised mobility devices) are valuable in helping the elderly and disabled to stay active within our community. However, users of such devices can place both themselves and others at risk if not used responsibly.

Victorian road rules require users to:

- obey all the rules that apply to pedestrians;
- travel at a speed no greater than 10km/h; and
- not operate a device if the unladen mass is greater than 110 kilograms.

The design of motorised mobility devices is also covered by a number of Australian Standards to ensure adequate safety. These requirements are currently voluntary, and so when shopping for a device it is important to check with your supplier that the device you wish to purchase meets all applicable Australian Standards.

Glen Eira City Council Manager Transport Planning Matthew Harridge said motorised mobility devices have the potential to cause significant injury, particularly if involved in a collision with an elderly or frail pedestrian.

“Users of such devices therefore need to have a thorough understanding of the relevant rules and requirements and operate the devices responsibly when out and about on footpaths,” Mr Harridge said.

A detailed guide on choosing and using a motorised mobility device is available from www.vicroads.vic.gov.au (search Motorised Mobility Devices).

Information on the use of mobility aids on public transport (including free travel) is available from www.metlinkmelbourne.com.au (click on Accessible Travel).

To assist those with limited mobility in getting around Glen Eira’s major strip shopping centres, Council has produced a guide which can be downloaded from www.gleneira.vic.gov.au (search Mobility Maps).

Reminder: Trim back overhanging branches

Glen Eira City Council is urging local residents to ensure trees and shrubs along the front of their properties aren’t posing safety hazards.

Trees and shrubs planted on private property are the property owner’s responsibility and any branches that hang over public footpaths and roadways must be cut back to reduce possible risks and danger to the public.

Council’s Manager Building and Civic Compliance John Bordignon said it’s up to the property owner to maintain trees and shrubs on the edge of their land.

“With recent rains triggering a lot of garden growth, now is the time for residents to trim their trees and shrubs,” Mr Bordignon said.

“This is particularly important along footpaths, where overhanging trees and shrubs pose a safety hazard to pedestrians. Overhanging branches can also obscure the view of drivers reversing out of driveways or travelling along streets and laneways.”

Trees and shrubs must be cut to a height of three metres above the ground and they must be trimmed back to be vertical to the property boundary.

Residents wishing to dispose of excess vegetation can use Council’s free, on-demand bundled branch



It is up to the property owner to maintain trees and shrubs on the edge of their land. Photo: Andrew Graham.

collection. Every household is entitled to three collections each financial year. Residents can also use Council’s fortnightly green waste collection service (one-off fee applies).

Mr Bordignon said if trees and shrubs are found to exceed these guidelines, residents or property owners run the risk of receiving a notice, which details the issue and what action needs to be taken within 14 days.

“Ultimately, if an owner fails to comply, Council will engage a contractor to undertake the work and all charges associated with the work will be charged to the property owner in accordance with the *Local Government Act*,” Mr Bordignon said.

For further information, or a copy of Council’s *Overhanging Branches Guide* for residents, contact Council’s Service Centre on 9524 3333.

Have your say in the Caulfield to Dandenong Rail Crossing Study

VicRoads has commenced a study of 11 rail crossings on the Pakenham and Cranbourne lines between Grange Road, Caulfield East and South Gippsland Highway, Dandenong South to look at future improvement opportunities.

VicRoads would like to hear about your experiences with the four rail

crossings in your area and any issues or ideas you may have.

Have your say about the Grange Road, Koornang Road, Murrumbeena Road and Poath Road rail crossings at a community workshop on Tuesday 6 September.

The workshop will be held at Carnegie Library and Community Centre — Boyd Room, level one, 7 Shepparson Avenue,

Carnegie from 6.30pm to 8.30pm.

To register for the workshop, contact the VicRoads project team on 9881 8017 or email railcrossings@roads.vic.gov.au

You can also join the online discussion forum at consult.vicroads.vic.gov.au/railcrossings



VicRoads has commenced a study of 11 rail crossings on the Pakenham and Cranbourne lines between.

Photo: Bernie Bickerton.

News in brief

Walk to work day

The 13th annual Cancer Council National Walk to Work Day will be held on Friday 16 September.

Walk to Work Day helps employers and employees to build regular walking into their daily routine.

Did you know that walking to work improves productivity and reduces absenteeism?

Walking is a free, easy way to improve health and manage your weight — and while slimming the waistline, it also trims your carbon footprint.

Towards Sustainable Transport 2011–2014, recently adopted by Glen Eira City Council, seeks to facilitate and promote walking and everyone is encouraged to put their feet first on Friday 16 September.

With approximately 840 kilometres of footpaths and predominantly flat terrain, Glen Eira is a perfect place to walk. If you can't walk all the way to work, use public transport and get off the bus, train or tram a few stops

earlier and walk the rest of the way.

If you must drive, leave the car at least a kilometre from your destination and walk the rest of the way.

You could even use your lunchbreak to go for a walk — either on your own or with a friend.

For further information regarding Walk to Work Day, visit www.walk.com.au/wtw

Award nominations to close

Nominations for Glen Eira City Council's Citizen of the Year, Young Citizen of the Year and Community Group of the Year Awards close on Friday 23 September at 5pm.

The Awards recognise the contributions of outstanding Glen Eira residents and community groups who, through hard work and dedication, have significantly contributed to the local community.

Nominees for Citizen of the Year and Young Citizen of the Year must be residents of Glen Eira.

To be eligible for the Young Citizen of the Year Award, nominees must be 25 years or younger on 31 December 2011.

To be considered, groups must be not-for-profit community based groups

that consist of four or more members and operate within the municipality.

Awards will be presented at Council's annual Australia Day Breakfast in January 2012.

Application forms are available from Council's Service Centre, Council's four libraries, Community Information Glen Eira and Council's website: www.gleneira.vic.gov.au

For further information, contact Council's Service Centre on 9524 3333.

Gardening, composting and saving water at home

More people are choosing to save money and eat healthier by growing their own food at home.

Gardening is not only an enjoyable and satisfying activity but also contributes to a healthier and more sustainable community by reducing food miles, waste and water use.

Did you know 47 per cent of waste going to landfill is organic matter? Nearly half of this is food waste, which can easily be converted into compost to nourish the soil and reduce reliance on fertilisers.

Many parts of Australia have restrictions on using mains water in the garden, so efficient use of water is imperative. Reusing rainwater to water gardens is recommended. In Melbourne alone, more than 80 per cent of current water needs could be met using rainwater.

To learn more about growing your own food, composting your organic waste and capturing and recycling water, come along to Glen Eira City Council's community workshop.

The workshop will be held on Thursday 22 September from 7pm to 8.30pm in the Caulfield Cup Room at Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield.

Guest presenters will be Kirsten Larsen from Victorian Eco-Innovation Laboratory and Anjali Brown from Alternative Technology Association.

For further information or to RSVP, contact Council's Sustainability Support Officer Sally Stewart on 9524 3333.

out and about



100th birthday celebration: Cr Jamie Hyams and Mark Nathan who recently celebrated his 100th birthday. Photo: Andrew Nathan.



102nd birthday celebration: Cr Cheryl Forge and Mary O'Driscoll who recently celebrated her 102nd birthday. Photo: Catherine Green.



Opening of Kilvington Grammar School's sports pavilion: Principle Jon Charlton, VCE student Jessica Bahn and Cr Jamie Hyams. Photo: Kilvington Grammar School.

GESAC launches Swim School memberships

Glen Eira Sports and Aquatic Centre (GESAC) will be the proud home of one of the best swim schools in Australia. Lessons will be available seven days a week, 48 weeks of the year.

From infants and beginners through to adults and competitive swimmers, GESAC truly offers aquatic education for every body.

GESAC Aquatics Co-ordinator Liam Dempsey said GESAC is proud to offer the very best in aquatic education for the residents of Glen Eira and the wider community.

“Our caring, qualified instructors are committed to providing quality swimming and water safety lessons in a fun, nurturing and safe environment,” Mr Dempsey said.

Features of GESAC’s Swim School include:

- a separate 100 square metre learn-to-swim pool heated to 32 degrees;
- a 25 metre indoor and 50 metre outdoor heated lap pools;
- enthusiastic, caring and qualified teachers;
- unique and innovative programs; and
- hassle-free fortnightly payments.

All Swim School members receive free access to GESAC’s amazing aquatic facilities seven days a week, including Pirates Cove Water Playground and two thrilling waterslides.

Foundation Swim School memberships are available from \$15 per week* Save up to \$190**

Foundation member benefits include:

- no administration fees;
- free introductory lesson;
- free Swim School kit bag;
- priority enrolment — be the first to choose your lesson; and
- swimming for free from opening day.

*Based on fortnightly direct debit 12 month minimum 12 month membership of \$780.

**Savings based on equivalent centre costs and vary depending on join date and usage.



Swim School memberships

Little Buccaneers (six months to three years)

Little Buccaneers classes familiarise children with water and are designed to introduce them to kicking, floating and submerging, with an emphasis on having fun. Classes are tailored to suit the individual needs of each child, allowing them to progress at their own rate.

Learn-to-swim (three years plus)

GESAC’s unique and innovative *Learn-to-Swim Program* enables students to excel in the water, providing a balance of stroke development and water safety skills. GESAC’s teachers recognise that every child learns differently and at their own rate and they believe mastering new skills should be recognised and rewarded.

Fast-Lane Holiday Program

The school holidays provide an ideal to opportunity for your child’s swimming to hit the fast lane. The *Fast-Lane Program* will offer morning lessons, Monday to Friday, to accelerate swimming progression. This is a fun and active way to keep your child busy during the school holidays.

Swim School Unlimited Program

The *Swim School Unlimited Program* has been specially designed to cater for people with special needs who

wish to learn vital swimming and water safety skills in a welcoming environment. A large focus of the program is inclusion, creating a social and educational environment where all swimmers progress successfully.

Squads

GESAC Swim School will have an introductory squad level, offering more advance progression of the competitive strokes, as well as working on speed, stamina and techniques, including dives, turns and finishes.

GESAC has partnered with Glen Eira Academy of Swimming to offer squads for swimmers aged eight and over who want to progress to competitive swimming or improve their fitness. Qualified and experienced coaches will help make you the best swimmer you can be. To register your interest, email gleneira@mail.com

Adult

It’s never too late to learn to new skills and swimming is no different. GESAC’s adult classes will cater for individual needs and instructors will help you to learn at your own pace. GESAC will also conduct adult swim squads, where experienced coaches will motivate you to better technique and endurance.

Swim School information and registration sessions

GESAC’s Swim School team invites you to attend an information session. These sessions will outline the program in detail, and give you the option of joining immediately. There may even be a special appearance from Swim School mascot, Captain Swimalot.

Information session times:

- Thursday 8 September, 1.30pm and 6.30pm;
- Monday 12 September, 4.30pm and 6.30pm;
- Wednesday 14 September, 1.30pm and 4.30pm; and
- Monday 19 September, 4.30pm and 6.30pm.

All sessions will be held in the Theatre at Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield. To register your attendance, visit www.gesac.com.au

Individual presentations will be available at GESAC’s membership office, located at 200 East Boundary Road, Bentleigh East from Tuesday 20 September.

Birthday parties — we’ve got the fun factor

Are you looking for a birthday party with a difference? GESAC offers the best venue in town for a wild, wet and action-packed pool party with plenty of catering and theme options.

Parties are available for children aged six to 14. Parties include one hour of fully supervised games and activities followed by a delicious party meal. The best part — we clean up the mess, allowing you to relax and enjoy your child’s special day.

All participants must be six years or older and competent swimmers. A minimum of 12 participants is required for all parties with a maximum of 25.

To register your interest in a GESAC party, visit www.gesac.com.au

ARE YOU LOOKING FOR AN EXCITING CAREER IN THE LEISURE INDUSTRY?



Glen Eira Sports and Aquatic Centre (GESAC) is a brand new state-of-the-art leisure facility developed for the whole community. GESAC will be one of the premier sports and aquatic centres in Australia. GESAC will feature state-of-the-art aquatic fitness, sports, rehabilitation, wellness, café and occasional care facilities.

If you are interested in a career in the leisure industry and wish to work for an employer of choice, come along to:

GESAC's Career Fair

When: Tuesday 13 September

Where: Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield

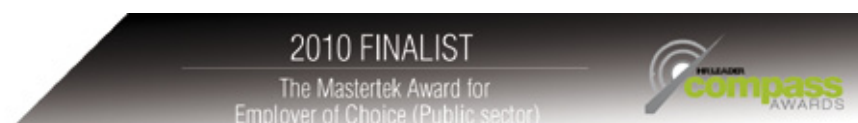
Time: 5.30pm–8pm

Experienced and inexperienced leisure staff welcome.



POSITIONS AVAILABLE

 Aquatics	 Sports and Operations	 Health and Wellbeing	 Customer Service and Child Care
Aquatic Programs Assistant	Operations Supervisor	Gym Instructors	Customer Service Officers
Swim School Teachers	Duty Managers	Personal Trainers	Child Care Team Leader
Party Attendants	Pool Lifeguards	Group Fitness Instructors	Child Care Staff



MEETINGS AND CLUBS

Australian Plants Society South East Melbourne Region meets on the first Tuesday of each month from 8pm at Hughesdale Community Centre, corner Poath and Kangaroo Roads, Hughesdale.
Contact Helen: 9578 8434.

Bentleigh East Probus Club (combined) meets on the second Tuesday of each month from 9.30am at The Bentleigh Club, Yawla Street, Bentleigh.
Contact: 9583 7783.

Bentleigh East Senior Citizens' Club Inc. offers tai chi, table tennis, socials, trips, bingo, line dancing and indoor bowls for people over 55.
Contact: 9570 9045.

Bentleigh Life Activities Club offers social activities to meet new friends.
Contact: 9557 2562.

Bentleigh Senior Citizens Club plays bingo every Thursday from 12.30pm and Saturday from 1.30pm at 2 Arthur Street, Bentleigh.
Contact: 9557 6010.

Caulfield Combined Probus Club meets on the first Wednesday of each month from 10am at Gladys Machin Hall, 8–10 Cedar Street, Caulfield South.
Contact: 9563 5105.

Caulfield Over 50s Dance Group meets every Monday (except public holidays) in the Auditorium at Glen Eira Town Hall from 12.30pm–3.30pm.
Contact Audrey: 9822 2064.

Centenary Park Tennis Club holds organised mixed social tennis on Wednesday nights from 7pm at 140 Brady Road, Bentleigh East.
Contact: 9579 0451.

Centre Bentleigh Garden Club meets on the first Tuesday of each month from 1.30pm at YWCA Hall, 178 East Boundary Road, Bentleigh East.
Contact Beryl: 9570 7045.

Club 66 holds Old Time, Modern and New Vogue dances with a live band on the third Saturday of each month from 8pm at Bentleigh Uniting Church Hall, 495 Centre Road, Bentleigh. Cost is \$7.
Contact: 9587 1092.

English Conversation meets every Friday from 6.30pm at the Koornang Uniting Church, 117 Murrumbeena Road, Murrumbeena.
Contact Peter: 9572 1876.

Glen Eira Cheltenham Art Group conducts classes in watercolour, oils, pastels, acrylics, decorative art and drawing. Day and evening classes available.
Contact Rose: 9563 7621.

Glen Eira Historical Society, 965 Glenhuntly Road, Caulfield South welcomes visitors, volunteers and new members. Open 9am–12pm Tuesdays and Fridays.
Contact: 9077 5395.

Glen Eira Probus Club (combined) meets on the fourth Friday of each month from 10am at The Bentleigh Club, Yawla Street, Bentleigh.
Contact: 9583 4822.

Glen Eira University of the Third Age offers seniors a selection of activities.
Contact: 9572 0571.

Kiwanis Bayside Internet Club has online meetings twice a month on Mondays at 7.30pm — www.e-kiwanisbayside.org.au
Contact: beniavallone@yahoo.com.au

McKinnon Needlepointers meet every second Thursday from 1pm at McKinnon Public Hall, 118 McKinnon Road, McKinnon.
Contact: 9578 1117.

Oakdale Angling Club meets fortnightly on Wednesday nights from 8pm at Murrumbeena Park Hall.
Contact: 9578 8172 or 0429 400 367.

The City of Caulfield Lions Club meets every third Tuesday at Caulfield RSL at 7pm (7.30pm start).
Contact: 9596 4529.

The Ladies Probus Club of Elsternwick meets on the first Monday of each month from 10am at Caulfield Senior Citizens Centre, 8 Cedar Street, Caulfield South.
Contact: 9532 7336.

The St Georges Day Club meets every Tuesday from 10.30am at 4 St Georges Road, Elsternwick. Cost is \$12.
Contact: 9524 3600.

Qigong and Tai Chi presents a new class for beginners on Mondays at 11am at Bentleigh Senior Citizens Club, Arthur Street, Bentleigh. Cost is \$5.
Contact Jill: 9584 2428.

EVENTS

Caulfield Little Athletics Centre, Duncan Mackinnon Reserve Clubroom, corner North and Murrumbeena Roads, Murrumbeena will have its registration day on 10 September from 3pm–5pm. A registration and competition day will also be held on 24 September from 8am. Children aged five to 14 welcome.
Contact: 9503 8557 or 0410 957 170.

The Japanese School of Melbourne Open Day will be held on 11 September from 10am–2pm at 6 Ellington Street, Caulfield North.
Contact: www.jsm.vic.edu.au

Glen Eira City Choir presents *Beautifully British* with guest artist Cath Connelly on 11 September at 2.30pm in the Auditorium at Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield. Tickets: \$25 adults or \$22 concessions.
Contact: 0423 129 371.

Team of Pianists presents Miki Tsunoda (violin), Helen Ayres (violin), Simon Oswell (viola), Molly Kadarauch (cello) and Rohan Murray (piano) on 18 September at 6.30pm at Rippon Lea, 192 Hotham Street, Elsternwick. Cost: \$40 or \$25 for full-time students under 25, children and pensioners.
Contact: 9527 2851.

Bentleigh Senior Citizens Club getaway to Broken Hill from 24–29 September.
Contact: 9557 5739.

Hughesdale Art Group presents an oil painting demonstration by Ray Hewitt on 28 September from 7.30pm–9.30pm at the Community Centre Hall, corner Poath and Kangaroo Roads, Hughesdale. Admission is \$5.
Contact: 9569 9933.

Leighmoor Tea Dance will be held on 29 September from 1pm at Koornang Uniting Church, 117 Murrumbeena Road, Murrumbeena. Cost is \$10.
Contact: 9532 1094 or 0457 844 338.

Murrumbeena Community Spring Market will be held on 8 October at 117 Murrumbeena Road from 9am–2pm.
Contact: 9568 7190.

18th Annual Blessing of Animals will be held on 9 October from 2pm at St James the Great Anglican Church, 435 Inkerman Street, St Kilda East.
Contact: 9527 8083.

Caulfield Hospital will host an advance care planning information session on 21 October from 10.30am–12pm at the Ashley Ricketson Centre, 260 Kooyong Road, Caulfield. RSVP essential.
Contact: 9076 6642.

COMMUNITY

Glen Eira Historical Society 965 Glenhuntly Road, Caulfield South is seeking volunteers to assist with cataloguing, oral history interviewing and documenting, researching, reception and clerical work.
Contact: 9077 5395.

Marriott Support Services has day programs for adults with an intellectual disability. Make a difference and volunteer today.
Contact: 9578 7557.

Murrumbeena House Occasional Care Centre offers short-term child care for preschoolers.
Contact: 9568 4935.

Murrumbeena Playgroup, corner Poath and Dalny Roads, Murrumbeena is open Monday–Friday from February–December, including school holidays.
Contact: 0432 271 204.

St John's Playgroup meets every Wednesday and Thursday from 9.30am–11.30am during school terms at 624 Centre Road, Bentleigh.
Contact: 9502 8050.

Washington Drive Preschool, 3 Washington Drive, Oakleigh South offers a kinder program for children aged three to five on Mondays, Wednesdays and Fridays.
Contact: 9570 6565.

Wesley Do Care is seeking volunteers in the Glen Eira area to visit people in their own homes on a regular basis for a few hours a week. Training provided.
Contact: 9794 3067.

Immunisation sessions

McKinnon Public Hall
118 McKinnon Road, McKinnon
Monday 5 September and
Monday 3 October 9.30am–11am

Glen Eira Town Hall Auditorium
(entry via Glen Eira Road)
Corner Glen Eira and Hawthorn
Roads, Caulfield
Tuesday 6 September and
Tuesday 4 October 6pm–7pm
Tuesday 13 September and
Tuesday 11 October 9.30am–11am

Carnegie Library and Community Centre
7 Shepparson Avenue, Carnegie
Wednesday 21 September and
Wednesday 19 October
1.30pm–2.30pm and 5.30pm–7.30pm

Packer Park
Leila Road, Carnegie
Wednesday 19 September and
Wednesday 17 October 9.30am–11am

Bentleigh-Bayside Community Health
Gardeners Road, Bentleigh East
Saturday 17 September and
Saturday 22 October 9am–11am

Wednesday 14 September,
Thursday 29 September,
Wednesday 12 October and
Thursday 27 October 5.30pm–7.30pm

Glen Huntly Maternal and Child Health Centre
Corner Royal and Rosedale Avenues,
Glen Huntly
Wednesday 28 September and
Wednesday 26 October 9.30am–11am



社區安全月活動

十月份是社區安全月。Glen Eira 市政府正在組織一些研討會和活動，重點突出安全，改進 Glen Eira 社區的健康和福祉。

所有活動都將在 Glen Eira 市政區內舉辦，其中包括：

- 為老年人舉辦的“保持大腦功能”癡呆癥宣傳會；
- 為居民舉辦的安全論壇，信息包括居家安全、充滿信心地生活和緊急情況規劃和服務；
- 汽車兒童束縛裝置檢查；
- “負責地供應酒類”(RSA) 培訓；以及
- 安全處置廢藥品。

十月份期間市政府服務中心還將設立信息台。

如需詳情，請聯絡市政府服務中心，電話 9524 3333 或在網站 www.gleneira.vic.gov.au 上點擊 Council and community (市政府與社區)。

進一步的詳情還將刊載於十月份的《Glen Eira 新聞》。

Δραστηριότητες για τον Μήνα Κοινοτικής Ασφάλειας

Ως μέρος του Μήνα Κοινοτικής Ασφάλειας τον Οκτώβριο, ο Δήμος Glen Eira διοργανώνει διάφορα εργαστήρια και εκδηλώσεις για να προάγει την ασφάλεια και να βελτιώσει την υγεία και πρόνοια της κοινότητας Glen Eira.

Όλες οι εκδηλώσεις θα γίνουν στο Δήμο Glen Eira και περιλαμβάνουν:

- Συντηρήστε το Μυαλό σας: ενημερωτική συνεδρία για την άνοια σε ηλικιωμένους,
- μια δημόσια συζήτηση για δημότες, με πληροφορίες σχετικά με την ασφάλεια στο σπίτι, διαβίωση με αυτοπεποίθηση και σχεδιασμός για έκτακτες ανάγκες και υπηρεσίες,
- έλεγχοι παιδικών καθισμάτων στα αυτοκίνητα,
- εκπαίδευση για το Υπεύθυνο Σερβίρισμα Ποτού, και
- ασφαλής απομάκρυνση άχρηστων φαρμάκων.

Θα υπάρχει επίσης ενημερωτικό περίπτερο στο Δημοτικό Κέντρο Εξυπηρέτησης όλο τον Οκτώβριο.

Για περισσότερες πληροφορίες, επικοινωνήστε με το Δημοτικό Κέντρο Εξυπηρέτησης στο 9524 3333 ή επισκεφθείτε την ιστοσελίδα www.gleneira.vic.gov.au και πατήστε στη διασύνδεση για το Δήμο και την κοινότητα.

Περισσότερες πληροφορίες θα υπάρχουν επίσης στο τεύχος Οκτωβρίου του ενημερωτικού δελτίου *Glen Eira News*.

Attività per il Community Safety Month

Come parte delle attività relative al mese per la sicurezza comunitaria *Community Safety Month* in ottobre, il Comune di Glen Eira organizza workshop ed eventi allo scopo di mettere in luce il concetto di sicurezza e migliorare la salute e il benessere della comunità di Glen Eira.

Tutti gli eventi si terranno nell'area comunale di Glen Eira ed includeranno:

- *Maintain your Brain*, una seduta dedicata agli anziani per informazioni sulla demenza;
- un forum per residenti con informazioni sulla sicurezza domestica, sul vivere in tranquillità e sulla pianificazione ed i servizi di emergenza;
- controlli dei sistemi di ritenuta di sicurezza per bambini nelle automobili;
- addestramento al Servizio Responsabile degli Alcolici (RSA); e
- eliminazione in sicurezza di farmaci inutilizzati.

Sarà anche disponibile per tutto il mese di ottobre un'edicola informativa presso il Centro Servizi del Comune.

Per ulteriori informazioni contattare il Centro Servizi del Comune al 9524 3333 oppure visitare il sito www.gleneira.vic.gov.au e cliccare su Comune e comunità.

Ulteriori informazioni saranno anche incluse nell'edizione di ottobre del notiziario *Glen Eira News*.

Месяц безопасности: мероприятия

В октябре, в рамках *Месяца безопасности*, муниципалитет проводит ряд мероприятий и семинаров для жителей Glen Eira, посвященных вопросам безопасности, здоровья и благополучия.

Все мероприятия будут проходить на территории муниципалитета, в том числе:

- семинар для пожилых людей *Maintain your Brain* – что нужно знать о потере памяти и деменции;
- форум по различным аспектам безопасности – безопасность в доме, как поддерживать безопасный и самостоятельный образ жизни, планирование на случай чрезвычайной ситуации и службы помощи в чрезвычайных ситуациях;
- как проверить безопасность детских сидений в автомобиле;
- правильная и безопасная подача алкогольных напитков (RSA);
- безопасная ликвидация ненужных лекарств.

В октябре, в Центре обслуживания муниципалитета будет работать специальный информационный киоск.

Более подробную информацию можно получить в Центре обслуживания муниципалитета по тел. 9524 3333 или на вебсайте www.gleneira.vic.gov.au (раздел Council and community).

Дополнительная информация будет также включена в октябрьский выпуск газеты *Glen Eira News*.

Community consultation

Council sees community consultation as a vital part of its decision making process. Consultation involves the community in Council's planning and activities and helps Council to understand the community's priorities and issues. For further information, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

Please note: Submissions are not confidential and will be incorporated in full (including all personal information) into the agenda and minutes of the Council Meeting at which they are considered, will be available on Council's website as part of the relevant agenda and minutes of meeting and will be made available for public inspection in accordance with all applicable statutory requirements, including, without limitation, those prescribed by the *Local Government Act 1989*.

Upcoming and current consultation opportunities

Subject	Type	Date	Where
Draft <i>Carbon Emissions Reduction Plan</i>	Comments and submissions	Opens Monday 29 August and closes Monday 26 September	Glen Eira City Council Assets and Facilities Department PO Box 42, Caulfield South VIC 3162
Environment	Community forum	Wednesday 31 August 7pm–9pm	Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield

Business help is now available: Applications open for Mentor Partners Program

Having a mentor can be life changing. Volunteer business mentors are available through Glen Eira and Kingston City Councils *Mentor Partners Program*.

The *Program* is a free, confidential service which has assisted nearly 300 businesses in the Glen Eira and Kingston municipalities since 2002.

Volunteer mentors are on-hand and willing to provide practical support and assistance to help local businesses grow, survive and prosper.

Mentors, who do not act as formal advisors, consultants or coaches, offer business assistance based on their years of experience and area of expertise.

They provide encouragement and the space to reflect, focus and achieve more effective outcomes.

The *Mentor Partners Program* has two intakes per year, with applications for the September intake now open. To be eligible to apply, businesses must be based in either Glen Eira or Kingston, have been in operation for at least 12 months, not operate under a franchise agreement and must be committed to developing their business.

Founder and Director of Your Property Management Carolyn Wright, is just one local business who has benefited from the support of a mentor Cliff Gale.

Carolyn has been steadily growing her rental property management agency since 2009.



Carolyn Wright and Cliff Gale. Photo: Kingston City Council.

Through hard work and a clear vision, Carolyn had successfully grown her business to several staff and hundreds of clients. However, like many business owners, Carolyn was working more and more hours and facing increasing challenges as the business grew.

“The experience has been amazing,” Carolyn said.

“Having a business savvy person to support me has been invaluable. Cliff is a fabulous sounding board and he has shared his experience with me and allowed me to learn from it so I didn’t have to make the mistakes myself.”

Carolyn said one of her challenges has been to treat her business as a business and view things objectively.

“Through the mentoring with Cliff, I have learnt the importance of making difficult decisions when necessary and finding and empowering the right people to help me grow the business,” Carolyn said.

Cliff Gale, who is a successful business owner and has been a *Program* mentor

since 2005, has enjoyed mentoring Carolyn.

“The highlight of mentoring Carolyn has been her passion to listen and take on new ideas and then act — this is critical in changing behaviour,” Cliff said.

“Through this process, she has endorsed her own thinking and it seems to have given her confidence to become a stronger business person.

“Her biggest challenges have been time management and delegating the correct areas of her role.

“She is now building on these skills, realising the benefit of empowering her staff and starting to get back a better work-life balance.”

If you are interested in applying for the *Mentor Partners Program* or would like more information, contact Program Co-ordinator Sandy Brouvalis on 0438 507 010 or visit www.mentorpartners.com.au

Paediatric first aid and resuscitation

Glen Eira City Council presents this information session for parents and guardians.

Each year in Australia, approximately 500 children die as a result of accidents and injuries. Many of these lives could have been saved if parents or other caregivers knew simple first aid and resuscitation skills.

This valuable session will look at:

- care of the unconscious child;
- child and infant resuscitation;
- choking;
- febrile convulsions; and
- calling an ambulance.

Please note: This paediatric first aid course is for families and guardians and not the level of training required by Children’s Services Regulations 2009 for early childhood educators.

Presenter: Emergcare
Wednesday 7 September
7.30pm–9.30pm

(7.15pm registration)
Glen Eira Town Hall — Caulfield Cup Room, corner Glen Eira and Hawthorn Roads, Caulfield

Cost: \$45 per person

Places are limited. Registration and payment must be received prior to the session. No refunds or exchanges. To book, visit www.gleneira.vic.gov.au

or contact Council’s Service Centre on 9524 3333.



GLEN EIRA CITY COUNCIL

Bentleigh • Bentleigh East • Carnegie
Caulfield • Elsternwick • Gardenvale
Glen Huntly • McKinnon • Murrumbeena
Ormond • St Kilda East

Glen Eira Women’s Business Network: Unleash your brain — all four of them!

Thinking preferences have an impact on virtually everything we do — including communication, decision-making, problem solving and managing styles.

Understanding your thinking preferences can give you a new perspective on yourself and the people you encounter in your everyday personal and professional lives.

We’re all familiar with the idea of being right or left handed, one eye being dominant over the other, even left brain and right brain preferences.

However, did you know that our brain has four separate thinking preference quadrants?

Understanding which of these quadrants your natural thinking style lies and how to broaden your thinking to understand and develop other styles is at the heart of the Whole Brain® thinking concept.

This engaging and interactive workshop will be undertaken by Warner Group founder and Managing Director Jania Warner and The Warner Institute of Business certified HBDI® practitioner and Program Facilitator Janey Francis.

Jania and Janey will explain how the Hermmann Brain Dominance Instrument® and Whole Brain® thinking works and can be applied to learning styles, personal relationships and creative problem-solving.

Through its 16 year history, Warner Group’s people development division, The Warner Institute of Business, has become renowned in the industry for its emphasis on not simply training people, but supporting them to develop their power and potential by using creative and cutting edge learning techniques (like Whole Brain® Thinking) so they can make a real contribution to their organisation.

Janey’s extensive 26 year career within the training, retail and wholesale industries gives her a wealth of understanding and insight into leadership, management, consumer behaviour, brand positioning and consumer segmentation.

When: Thursday 15 September

Time: 6.30pm arrival for 7pm start (finger food and networking on arrival)

Where: Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield

Cost: \$15

Dress code: Must wear colour

RSVP: Monday 12 September to Council’s Service Centre on 9524 3333

September Holiday Mania

Holiday Mania is back with a range of great activities for the September school holidays.

Tickets go on sale 9am Tuesday 13 September and can be purchased online at www.gleneira.vic.gov.au under the Library section. Tickets are also available Monday to Friday, 8am to 5.30pm and Tuesday evenings until 7.15pm from Glen Eira City Council's Service Centre, corner Glen Eira and Hawthorn Roads, Caulfield.

There are no refunds on tickets.

Tickets always sell quickly so don't miss out.

All events are developed for the ages specified so please read the terms and conditions on Council's website before purchasing tickets.

Sand wizard

Tuesday 27 September, 11am–12pm

Carnegie Library and Community Centre — Boyd Room, level one, 7 Shepparson Avenue, Carnegie

Discover your creative style in this fun, hands-on activity. Select from a wide range of designs. All you need to do is add colourful sand.

Materials are included for one picture and take home pack. Extra picture \$5 each.

For children aged five to nine.

Tickets cost \$8.



African drumming

Wednesday 28 September, 2pm–3pm

Carnegie Library and Community Centre — Boyd Room, level one, 7 Shepparson Avenue, Carnegie

Experience the history and culture of African drumming and dance with a short performance before learning how



Sooper Dooper.

to create music with djembe drums, shakers and bells.

For children aged six to 10.

Tickets are \$8.

Sooper, dooper music show

Wednesday 5 October, 11am–11.45am

Bentleigh Library, 161 Jasper Road, Bentleigh

Travel to Europe, Africa and Hawaii across the seas and around the globe in this fast moving show full of musical mayhem and circus fun. Everyone will be singing, dancing and tapping their toes.

For children aged four to nine.

Tickets cost \$8.

Animal discovery

Friday 7 October, 11am–12pm

Elsternwick Library, 4 Staniland Grove, Elsternwick

Meet some of Australia's unique and fascinating native animals at this educational and interactive experience. In a jam-packed hour, you will get to touch a range of native Australian animals and reptiles.

For children aged five to 10.

Tickets cost \$8.

StoryTime sessions full of stories about music can be enjoyed by preschool children during the holidays. For session times, visit www.gleneira.vic.gov.au and click on Library.

Satisfaction with Library Services

A recent customer satisfaction survey conducted by Glen Eira City Council has found 93 per cent of library members are satisfied with Council's library services.

Two hundred library members participated in the telephone survey, with 83 per cent of people rating the libraries as either excellent or good.

The courtesy and attention of library staff was given as the best aspect of the library, followed by the book lending service, the library's computer and internet access and staff assistance with enquiries.

Respondents felt the most important use of the libraries was as a place to look for materials to borrow, to browse, to locate specific information, use collections and access educational tools and support.

Most customers visit the library to borrow books or search for items to borrow. Other popular activities at the library are reading books, using the internet and reading magazines and newspapers.

Carnegie Library remains the most popular branch, followed by Bentleigh. The popularity of Bentleigh Library has increased since the completion of renovation works in 2010.

Location is still the main reason for visiting a particular library, especially for visitors to Bentleigh and Carnegie libraries.

This year, the survey asked members if they would use eBooks or eAudiobooks books if provided by the library. A high 51 per cent of respondents said they would read eBooks and 41 per cent said they would listen to eAudiobooks on their own personal devices.

From points raised in the survey, further consideration will be given to the introduction of eBooks and eAudiobooks, expanding the range of newer books, and improvements to computer and internet access.

Thank you to everyone who participated in the survey.

Love Vintage

Wednesday 14 September, 7pm–8pm

Glen Eira Town Hall — Caulfield Cup Room, corner Glen Eira and Hawthorn Roads, Caulfield

Nicole Jenkins is a costume designer, owner of Fitzroy vintage clothing shop Circa and author of the award-winning book *Love Vintage*. For 30 years she's been collecting and restoring Australian historical clothing. Join her for a

fascinating talk on ladies' fashions from the 20s to the 60s. See how fashion has changed, hear about the designers, the garments and fabrics plus learn where to find and buy vintage clothing. Bring along items from your own collection for discussion.

Refreshments will be served.

This is a free event, but bookings are required. To book, visit any library branch, contact 9524 3623 or visit www.gleneira.vic.gov.au and click on Library.



Blog with Glen Eira Libraries

Follow the library's blog *Unbound* and add your comments to the discussions about books, reading and events at <http://libraryblog.gleneira.vic.gov.au>

Glen Eira girls represent Australia



Jessica Bahn and Marina Walker.

Photo: Tayla Supple.

Local girls Marina Walker and Jessica Bahn have been selected to represent the Australian under 19 Women's Softball Team — *Aussie Pride* — in the *World Under 19 Fastpitch Championships* in Cape Town, South Africa, later this year. Marina has also been selected for the *Australian Women's Open* squad.

Marina and Jess are currently juggling Year 12 commitments with at least four training sessions a week, including gym sessions and running. After completing VCE exams later this year, the girls will only have one week at home before travelling for two months. They will compete at state level in Brisbane, Canberra and Sydney, and then train with the national team in Perth before heading to Cape Town for the *World Championships* which begin on 6 December.

The girls have worked very hard over the past couple of years, but have always managed to find the time to be role models for the younger players at Glen Eira Moorabbin Softball Association (GEMSA).

They still compete at local level and have received numerous well-deserved accolades within the association, as well as representing Victoria on many occasions.

Congratulations to both girls on a remarkable achievement. Good luck for the upcoming competitions.

GEMSA is committed to the development of softball within our community and welcomes new members of all ages and abilities. For further information on how to get involved and for contact details, visit www.gleneira.softball.org.au

GEMSA grounds are located at Bailey Reserve, East Boundary Road, Bentleigh East, just behind the site of the new Glen Eira Sports and Aquatic Centre.

Rosanna Street playground upgrade

The playground at Rosanna Street Reserve in Carnegie has been upgraded.

Rosanna Street Reserve is a small park located within a quiet residential street. The park is currently utilised mostly by local residents, passers-by and elderly residents from the neighbouring aged care facility.

The new and improved playground includes more exciting and challenging play items for children to enjoy. The new equipment also meets current Australian Standards and reduces risks to users. The removal of the old play items from the reserve will also provide a significant reduction in maintenance costs.

So next time you're passing through Carnegie, be sure to take the kids to enjoy the new and challenging play equipment on offer.



The new and improved playground includes more exciting and challenging play items for children to enjoy. Photo: GECC Recreation Unit.

September finals for local sport



Local sporting clubs will be in fierce competition to become premiers.

Photo: Murrumbeena Football Club.

Yes, it's that time of the year again, with September finals fever sweeping through Glen Eira.

Local sporting clubs that have progressed to the finals series will be in fierce competition to become premiers of their selected sports.

Many sporting clubs throughout Glen Eira have worked long and hard to reach this time of year and will need all the support they can get to make their finals dreams come true.

So don't just sit on the bench. Get down to your local sportsground and support your team to victory.

New recreation space at Marlborough Reserve

Works to remove the derelict tennis facility at Marlborough Reserve in Bentleigh East are now complete.

The tennis courts and clubhouse have been vacant since 2008 and after extensive community consultation, Glen Eira City Council resolved to remove the tennis facilities and return the site to a grassed area with vegetation in

keeping with the Marlborough Road frontage.

Council would like to thank all residents who contributed to the consultation process.

The improvements make for a great recreational space that can connect with all ages and be enjoyed by the whole community.

Caring for the Glen Eira community

Glen Eira City Council's in home support workers undertake a range of caring roles in the community, providing services for clients of all ages.

Services include personal care (showering and dressing), home care (cleaning and household duties) and respite (time-out for carers).

You will be able to use your communication skills, empathy and initiative in assisting frail older people and people with disabilities to live independently at home.

A range of positions are currently available.

All prospective support workers must have: a desire to work with older people and people with disabilities; good physical fitness; an ability to carry out required duties; a car for work purposes; and a current Victorian driver's licence.

All applicants will also be required to undergo a police check and a work-based medical check.

For further information, contact Council's Service Centre on 9524 3333.



Bentleigh • Bentleigh East • Carnegie
Caulfield • Elsternwick • Gardenvale
Glen Huntly • McKinnon • Murrumbeena
Ormond • St Kilda East

Exhibitions

Glen Eira City Council Art Gallery, Glen Eira Town Hall,
corner Glen Eira and Hawthorn Roads, Caulfield. Phone: 9524 3333

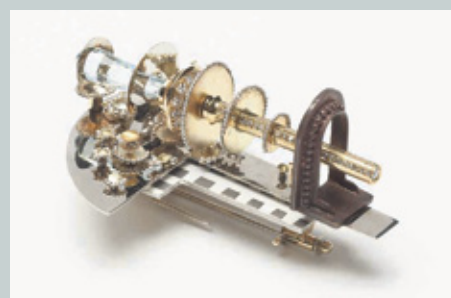
Opening times: Monday–Friday 10am–5pm, Saturday, Sunday and public holidays, 1pm–5pm. Free admission

Robert Baines
A Visible Likeness
Survey exhibition: 1969–2011

Opens 10am Thursday 22
September and continues until
5pm Sunday 16 October

Glen Eira City Council is delighted to present a major survey exhibition of nationally and internationally renowned jeweller and goldsmith Robert Baines — one of Australia's most iconic jewellery practitioners. The exhibition will survey more than 40 years of his practice, celebrating his exceptional technical and artistic skills and creative achievements.

Curated by Diane Soumilas, the exhibition will feature more than 160 works sourced from major public gallery and museum collections, as well as private collections in Australia.



Entering the Plenitude — Brooch, 1983. Fine gold, coloured gold, silver, diamonds, (80) 0.75 Aquamarine 3.82 carats, enamel, bronze, 4.2 x 6.3 x 3.1 cm. Collection of the artist.

Baines's work is represented in prestigious national and international public collections including the National Gallery of Victoria; the National Gallery of Australia; the Powerhouse Museum; the Art Gallery of South Australia; the Victoria and Albert Museum, London; the Metropolitan Museum of Art, New York; and the Musée des Arts Décoratifs, Paris.

He is widely recognised for his major contribution to Australian jewellery practice, object-making and international historical scholarship.



The Entropy of Red — Table, 1994–95. Silver, silver gilt, powdercoat, 53.0 x 28.0 x 28.0 cm. Private collection.

The exhibition will be officially opened by RMIT University Melbourne Professor of Art and Philosophy and Head of the School of Art Elizabeth Grierson on Thursday 22 September at 6.30pm, with a welcome by Glen Eira Mayor Cr Margaret Esakoff.

Public programs

Floor talk by Robert Baines
Saturday 24 September, 2.30pm

Robert Baines will provide a fascinating overview of his career as a jeweller and goldsmith between 1969 and 2011. Admission is free.



Meaner than Yellow — Vessel, 2007. Silver, powdercoat, paint, 31.4 x 21.2 x 19.1 cm. Collection of the artist.

Resilience and self-esteem

Glen Eira City Council presents this information session for parents and guardians, grandparents and early childhood educators.

Being able to bounce back, take a risk, have a go and solve problems are important life skills for children and adults. Resilience helps us to take on challenges and to have some independence and confidence as we proceed through life. To be resilient helps us to reach realistically for our goals and dreams and to tackle the difficult times. This presentation provides strategies to help build resiliency skills and positive self-esteem in your child.

Presenter: Kathy Walker
Thursday 22 September
7.30pm–9.30pm
(7.15pm registration)
Glen Eira Town Hall—Theatrette
Corner Glen Eira and Hawthorn
Roads, Caulfield

Cost: \$5 per person

Places are limited. Registration and payment must be received prior to the session.

To book online, visit
www.gleneira.vic.gov.au
or contact Council's
Service Centre on
9524 3333.



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Arts and culture events 2011–12 call out for participants

Participation is being sought by individuals, schools, sporting and other community groups, food vendors, businesses and retailers in the City of Glen Eira interested in taking part in a range of events in 2011–12.

Carols event

Glen Eira City Council's *Carols* event will be held on Sunday 11 December and for the first time will include a festive season-themed market.

Expressions of interest are invited for:

- community performers for the main stage;
- running of activities and workshops for children;
- food stalls;
- art, craft and gift marketplace stalls;
- charities interested in selling festive season cards and merchandise; and
- sponsors.

All retailers and community group stalls must be relevant and in the spirit of the festive season.

Party in the Park

Council's *Party in the Park* series is a popular free community event that attract around 3,000 people to each of the three events. Held between January and March, each event offers a variety of free entertainment and a range of arts and cultural type activities, providing local community groups with access to fundraising opportunities and an excellent avenue to promote services and encourage new members.

Expressions of interest are invited for:

- musicians, artists and performers for the main stage and roving entertainment;
- running of activities and workshops for children;
- food stalls;
- art, craft and gift marketplace stalls;
- sponsors; and
- information stallholders that are

relevant to the larger Glen Eira community.

Living Together Cultural Day

To celebrate *Victorian Multicultural Week* in March 2012, Council's *Living Together Cultural Day* will be held in Caulfield Park.

Council is calling for expressions of interest from cultural groups and individuals in and around the City of Glen Eira, including:

- artists;
- performers;
- musicians;
- community groups – to conduct: performances, activities, information stalls, food stalls;
- sporting groups and associations;
- food vendors and businesses; and
- retailers.

All the above must be culturally specific and relevant to the overall theme of the event — the many and diverse cultures of the City of Glen Eira.

The 2012 event is open to all cultural

groups and is a non-religious celebration. Spaces are limited so please register your interest early.

For further information or to register your interest, contact Council's Service Centre on 9524 3333 or email arts@gleneira.vic.gov.au

Springtime Music 2011

Welcome spring with a series of musical afternoons in some of Glen Eira's most beautiful parks.

During October and November, bring a blanket, a picnic, your family and friends for a Sunday afternoon of music and merriment.

All performances are acoustic and run from 2.30 to 4.30pm.

Further information will be included in the October edition of *Glen Eira News*.

Springtime Music 2011 is proudly supported by Yarra Trams.

Introducing Brittany: Youth Leadership Team member

Brittany is a member of Glen Eira City Council's 2011 Youth Leadership Team (YLT). She is one of six dedicated members who plan and facilitate youth events for their Glen Eira peers.

Brittany, 15, is a Year Nine student at The King David School and enjoys studying media and business. She lives with her parents, two older brothers and three dogs (it's a pretty hectic household). She enjoys spending time with her friends and family.

Why did you join the YLT?

I joined the YLT really because I enjoy being involved. I enjoy the responsibility of the program and the skills I learn from it are so important. The YLT is also surprisingly very enjoyable! Not only have I learnt amazing things, organised events and gained important skills, but I've met some really great people during the course of it all!

Where do you see yourself in 10 years time?

I would be nearly 25... I see myself studying marketing at university.

What is your favourite meal?

My favourite meal is a concoction of meat and rice. My nanny created the recipe when I was very young and my mum still makes it. It is minced meat, tomato paste and rice. I also drink about six cups of plain milk a day. I think I'm about the only person in the world who does that!

If you could have any job what would it be?

I would kill to move to New York and be an intern at *Teen Vogue*. It has always been a dream of mine.

What is your favourite memory?

Celebrating my third birthday in Fiji. I remember the whole island celebrating the night with me and I remember David who organised it. That time has always stuck with me.



YLT member Brittany.

Photo: Youth Services.

If you could invite five famous people to dinner (dead or living) who would they be and why?

- the Kardashian sisters — they're hilarious;
- Miley Cyrus — I love her songs; and
- Alexander McQueen — because he seemed like an incredible person who designed unique and exquisite clothes.

If you are interested in being a part of the 2012 YLT or would like further information, contact Youth Services on 9524 3676.

Toilet training — the when and how

Glen Eira City Council presents this information session for parents and guardians and early childhood educators.

All parents and guardians face the dilemma of when to start toilet training. What age is appropriate? What are the signs of readiness to look for? This session will give you a number of strategies to get you and your child on the way to becoming toilet competent.

Presenter: Continece Victoria
 Tuesday 4 October
 7.30pm–9.30pm
 (7.15pm registration)
 Carnegie Library and Community Centre — Boyd Room
 7 Shepparson Avenue, Carnegie

Cost: \$5

Places are limited. Registration and payment must be received prior to the session. No refunds or exchanges.

To book online, visit www.gleneira.vic.gov.au or contact Council's Service Centre on 9524 3333.



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BATTLE OF THE BANDS 2011

FREE EVENT

Friday 16 September
5.30pm–10.30pm
 Bentleigh McKinnon Youth Centre,
 Higgins Road, Bentleigh

For further information, contact Youth Services on 9524 3676.

Fully supervised drug, alcohol and smoke free event. Bags checked at the door.

YOUTH LEADERSHIP TEAM
 City of GLEN EIRA
 youth services includes 10–15 year olds

Bentleigh Bentleigh East Carnegie Caulfield Elsternwick Gardenvale Glen Huntly McKinnon Murrumbeena Ormond St Kilda East

Do you value your independence?

Clients of the Social Support and Monitoring Service value their independence, but require support to maintain this. Volunteers provide assistance to older people or people with disabilities living in Glen Eira.

Volunteer tasks include assisting with shopping, transport to appointments and friendly visiting.

A car is essential for this valued volunteer work.

If you have good communication skills, enjoy the company of older people and are available for two or three hours a week or fortnight, contact Volunteer Co-ordinator Susan Rutherford on 9571 8622.



Cleaning out? Book a free hard rubbish collection

- Get rid of old or unwanted items at a time that's convenient for you.
- Every household is entitled to three free, on-demand hard rubbish and bundled branches collections each financial year.
- Council will collect up to four cubic metres of rubbish in each collection.

Guidelines apply. To book, contact Glen Eira City Council's Service Centre on 9524 3333, Monday–Friday, 8am–5.30pm and Tuesdays 8am–7.15pm.



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