

glen eira news

Empowering young women to feel safe — B.A.M

B.A.M (Body and Mind) is a girls' only self-defence and emotional awareness program focused on engaging females through learning basic self-defence techniques and hosting group discussion about a range of topics. Photo: On Location Photography.

Glen Eira Youth Services is hosting a program for young females aged 14 to 25 years. *B.A.M (Body and Mind)* is a girls' only self-defence and emotional awareness program focused on engaging females through learning basic self-defence techniques and hosting group discussion about a range of topics.

Council started the *B.A.M* program earlier this year and it has been a great success.

Physically, women may not be as strong as they would like to be so being aware and being able to handle yourself in unforeseen circumstances is extremely important.

Participants said they enjoyed the physical components of the program but also valued the relationships they developed with the youth workers.

There have been some great group discussions as well as some fun moments as the girls tried their hand at developing their skills and techniques in self-defence.

B.A.M participant Ashleigh said the program has been very beneficial so far.

"I have learnt how to avoid and get myself out of tricky physical situations," Ashleigh said.

Youth Worker Natalie Alford said *B.A.M* has been a great experience not only for the girls participating, but for the workers involved. The energy and excitement from the girls has been contagious and there are high hopes that many other young women will engage in the program.

Glen Eira Mayor Cr Jamie Hyams said he welcomes the introduction of the program and thinks it is

important for young females to be aware of their surroundings. Self-defence and self-protection should unfortunately be a priority for women.

"The media has highlighted recent cases where women have been attacked at night coming home from work or from being out with family and friends.

"This can be prevented by avoiding being alone or walking in badly lit areas but unfortunately, this is not always possible," Cr Hyams said.

"I think *B.A.M* is a great way for girls to learn real-life practical self-defence techniques. The program also provides the opportunity to meet new people."

For further information about this program or to book, contact Youth Services on 9524 3676 or email youthservices@gleneira.vic.gov.au

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Seniors Festival

Council now collects e-waste through your kerbside hard rubbish collection

Did you know 98 per cent of e-waste is recyclable? E-waste contains a range of materials including plastic, lead, copper, gold platinum and rare earth materials.

With analogue TV signals being switched off in December, in order to keep using your analogue TV, you may need new equipment such as a set-top box. Further information about how to switch to digital TV can be found at www.digitalready.gov.au/how-to-switch

Any residents wishing to dispose of old TVs or e-waste, should note that Council now collects electronic equipment (e-waste) for recycling as part of its free kerbside hard rubbish collection.

Every household is entitled to three free, on-demand hard rubbish collections from your nature strip each financial year.

Materials collected:

- televisions;
- computers;
- printers;

- faxes;
- laptops; and
- DVD players.

Please note: residents are responsible for removing private or confidential data from any equipment left out for recycling.

Guidelines apply. To book, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au and book online.

Collection is complete within four working days.



With analogue TV signals being switched off in December, you may need new equipment such as a set top box in order to keep using your analogue TV. Photo: Rob Churchus.

Councillor contacts

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Glen Eira City Council

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Telephone: 03 9524 3333
National Relay Service: A phone solution for people who are deaf or have a hearing or speech impairment, TTY dial 13 36 77 or Speak and Listen

1300 555 727 or www.iprelay.com.au
then enter 03 9524 3333
Facsimile: 03 9523 0339
Email: mail@gleneira.vic.gov.au
Website: www.gleneira.vic.gov.au

Deadlines

The deadline for the next edition (November) of *Glen Eira News* is Wednesday 2 October for delivery 28 October to 1 November (weather permitting).

Coming deadlines

The deadline for the December 2013 edition of *Glen Eira News* is Wednesday 30 October for delivery 25 November to 29 November (weather permitting).

For advertising and *Community Diary* enquiries, contact 9524 3333.

To submit editorial material write to: *Glen Eira News*, PO Box 42, Caulfield South Victoria 3162 or email: editor@gleneira.vic.gov.au

Disclaimer

The information in this publication is of a general nature. The articles contained herein are not intended to provide a complete discussion on each subject and/or issues canvassed. Glen Eira City Council does not accept any liability for any statements or any opinion or for any errors or omissions contained herein.

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Mayor's column



As part of *Community Safety Month*, Glen Eira City Council will host a number of events and activities, including a safety forum for residents, child car restraint safety checks and Responsible Service of Alcohol training for sporting clubs.

You will also be able to dispose of any unwanted medicines at Council's Service Centre throughout the month, so please take advantage.

Further details about *Community Safety Month* can be found on page three.

The *Victorian Seniors Festival* kicked off with a magnificent concert at Town Hall. The *Festival* continues until 9 October and there are still a number of activities and events to be held, including *Connecting the Generations* and the *We're Grand! StoryTime* sessions.

Council's *Springtime Music Series* will commence on Sunday 6 October with an exciting series of free concerts. Prepare to relax in the spring sun with *The Uppbeats*, John Fleming, *Vardos* and *Wildfire*. Details of performers, dates, times and locations can be found on page 12.

A major survey exhibition of nationally renowned artist Louise Paramor traces the development of her creative practice and thematic concerns from 1990 to 2013. I highly recommend visiting Council's gallery and taking a look. It truly is an exhibition not to be missed.

Further details about the survey exhibition can be found on page 12.

The exhibition to commemorate the 100th anniversary of the declaration of the City of Caulfield is on at the Caulfield Library at Town Hall until November 4, so pop in to see some fascinating memorabilia from Council's history.

Finally, with the end of the winter sports season and the start of the summer season, I congratulate all teams that won their competition finals and wish all those about to start playing, all the best for an enjoyable and successful season.

Cr Jamie Hyams
Mayor

October is Community Safety Month

Glen Eira City Council is partnering with other community agencies, to present free workshops and events to highlight safety and improve the health and wellbeing of the local community.

Limited places are available for each session so you're encouraged to book early.

For further information about community safety or any of the activities listed below, contact Council's Service Centre on 9524 333. Bookings are essential and can be completed online on at www.gleneira.vic.gov.au or by contacting the Service Centre on 9524 3333.

Free Workshops

Healthy ageing — preventing falls	
Tuesday 8 October Caulfield Park Pavilion 2pm–4pm	Council presents a practical and informative talk on falls prevention. This seminar offers an opportunity to have some of your questions answered and learn how to resource the services available in the community. Afternoon tea will be provided.
Responsible Service of Alcohol training for sporting clubs	
Wednesday 23 October Glen Eira Town Hall — Caulfield Cup Room 7pm	Responsible Service of Alcohol (RSA) training provides people with the knowledge and awareness necessary to serve alcohol responsibly. Light refreshments provided.
4 Steps for Life CPR training for community groups	
Tuesday 29 October Glen Eira Town Hall — Caulfield Cup Room 10am–11am	
Thursday 31 October Glen Eira Town Hall — Caulfield Cup Room 7pm–8pm	

Protect your children online

Children access the internet for entertainment, research, school assignments and to communicate. In doing so they can also, often unknowingly, place themselves in risky situations by:

- giving out personal details about themselves to people or organisations they don't know;
- posting unsuitable information online;
- agreeing to meet people they've only ever met online, without speaking to a parent or carer;
- sharing passwords;
- using online games or virtual worlds for people over 18 only; and
- accessing inappropriate or illegal material.

Not all internet users will experience problems. However, ensuring children understand these risks and have the knowledge to be cyber safe is important when accessing the internet at home, school and in public places.

The Australian Communications and Media Authority suggest advising your children:

- not to send a picture of themselves to someone they do not know;
 - never place a full profile and picture of themselves anywhere on the internet. If using a Facebook page or similar, ensure your child blocks everyone's access to the page and only allows friends to have access;
 - never give out personal information including their name, home address, phone number or school; and
 - never arrange a face-to-face meeting with someone they have chatted with on the internet.
- To help guard privacy, children should be encouraged to ask a parent or carer before they give anyone on the internet their personal details. Once information is posted online, it is very difficult to remove.
- For further information and advice, visit www.cybersmart.gov.au



Be medicine wise during Community Safety Month

Throughout October, a medical waste disposal unit will be located in Council's Service Centre to provide community members with a means to safely dispose of medicines that have past their use-by date or are no longer being used.

This activity recognises that while medicines make a significant contribution to the treatment and prevention of disease, they have the potential to cause harm through accidental poisoning or medicine misuse. They can also damage the environment if they are disposed incorrectly; such as down the sink, toilet or in rubbish bins.

Be medicine wise and dispose of all expired, unwanted or unused medicines safely.



Belt up and stay safe

Seatbelts have been proven to reduce the amount of injuries a person may encounter in a road crash.

All drivers and passengers must wear a seatbelt or appropriate restraint (including children, elderly and pregnant women). Drivers must ensure all passengers are properly restrained.

Seatbelts have been a legal fixture in Victorian cars since 1970 and have reduced the risk of serious or fatal injury by 50 per cent. Throughout the years, technology has advanced to ensure seatbelts operate effectively. Audible seat belt reminders are valuable devices that encourage all occupants to wear their seat belts. In recent years, nearly 20 per cent of all fatalities on Australian roads involved the lack of a seatbelt being worn.

Children from birth through to 16 years must be fitted with properly adjusted and fitted child restraints. There are legal requirements for the restraint being the right size for the child, properly adjusted and fastened, as well as correctly fitted to the vehicle.

When fitting a baby or child restraint follow the manufacturer's instructions or, better still, have it fitted at an accredited child restraint station or book a car restraint check at one of the two sessions Council is holding in October, to ensure you have installed your car seat correctly.

Community column

Speaking up for our City

Elsternwick Plaza lease agreed

Glen Eira City Council and landowner VicTrack have agreed on a long-term lease to occupy Elsternwick Plaza — next to Elsternwick Railway Station. A secure lease now provides Council tenure to commit resources and consult the community about the park's upgrade and long-term use.

Engaging our community

HR Awards

Council was a finalist in two categories at the *Australian HR Awards* held on Friday 6 September in Sydney. The categories were *Best Health and Wellbeing Strategy* and *Employer of Choice* (Public Sector and Not-For-Profit).

The *Australian HR Awards* bring together industry leaders to celebrate excellence in the HR profession, recognising individuals, teams and companies for their outstanding achievements in people management.

Environment Advisory Committee

Are you interested in assisting Council's Environment Advisory Committee?

Council is seeking to appoint up to four new external members:

- One environment professional. This role would suit someone involved in the area of environmental sustainability; and
- Up to three general community representatives. These roles would suit an active member of the Glen Eira community with an interest in environmental sustainability who also understands the role and function of Council.

To apply for these positions, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

Applications close 5pm Sunday 3 November.

Please note: these are volunteer positions.

CEO's column



Thank you to all those who completed the survey on open spaces earlier this year.

The responses are contributing to the

development of a new draft *Open Space Strategy* which is scheduled to go to the community for consultation later this year.

Among other things, the *Strategy* will aim to provide a scientific basis to seek higher rates of contributions from property developers.

It will also propose projects for creating and improving open space, especially in those areas which are deficient.

Glen Eira currently has the least amount of open space per person of any municipality in Melbourne. While this stems largely from not having the flood plain of a river, creek or foreshore, it needs to be addressed.

The *Open Space Strategy* has the potential to change Glen Eira and make major improvements for residents. When the strategy goes to consultation, your input would be greatly appreciated.

Andrew Newton
Chief Executive Officer

Celebrating children in Glen Eira

Children's Week is an annual event that celebrates childhood with a diverse range of events and activities organised at national, state and local levels.

From 19 to 27 October, Glen Eira City Council will celebrate *Children's Week* by hosting a range of free activities and entertainment for all children within the community.

Children's Festival

Saturday 26 October

9.30am–12.30pm

Carnegie Library and Community Centre, 7 Shepparson Avenue, Carnegie

Council will host a free *Children's Festival* at the Carnegie Library and Community Centre. Activities will include:

Animals on the move: farmyard animals

Ever wanted to meet your favourite animal up close? Children will have the opportunity to touch, feed, hold and see some friendly farm animals, including rabbits, calves, lambs, roosters, ducks, piglets, goats, chooks, guinea pigs, geese, turkeys and chickens.

Playgroup Victoria Play Days mobile van

A variety of art and craft play experiences for children will be available. Parents will also be able to find out information about the value of playgroups and how they can access a playgroup in their local area.

Balloon creations

Watch Balloonist Alana create different sculptures from 10am to 12pm in the library forecourt. Children will have the opportunity to ask Alana to create a special sculpture to keep.

Beautiful bookmarks

Using reclaimed materials make your own individually designed bookmark to take home. Suitable for children three to seven years of age.

Storytelling

Come and join our special *StoryTime* in the Children's Library from 11am to 11.45am and listen to fun animal stories, songs and rhymes. This session is suitable for preschool children.



Council will celebrate Children's Week by hosting a range of free activities and entertainment for all children within the community. Photo: HM Group.

A focus on mental health

Glen Eira City Council's Maternal and Child Health (MCH) Service is a free service available for all families with children from birth to school age. We offer 10 Key Ages and Stages visits provided by MCH nurses working from an evidenced based framework. Our MCH nurses are registered general nurses and midwives with additional qualifications including a graduate or masters in child, family and community nursing. Keeping abreast of mental health issues is a key part in our role. This is achieved through initial studies, ongoing professional development and clinical supervision.

What support is available?

Our universal MCH service

Awareness of the impact of mental health, including postnatal depression (PND) on mothers, children and the family, has increased significantly in recent years. Each MCH visit focuses on the health and wellbeing of the child and the health and wellbeing of the

mother and family. At the four week MCH visit, our focus is on maternal health and wellbeing and this visit includes screening for depression. This screening can be completed at any visit and is supported with information and linkages to important support services. Additional support is also available through our *Enhanced and Outreach* MCH services.

Our Enhanced MCH service

Staffed by highly experienced MCH nurses, our *Enhanced* MCH service is provided in addition to the *Universal* MCH service. It provides a more intensive level of support to families with more complex needs.

Our groups

New parent groups are available for all first time parents. These groups are offered over a six week period, facilitated by our MCH nurses and focus on building parenting confidence and knowledge, offering parenting support and fostering community connections.

Glen Eira Mothers' Support (GEMS)

GEMS is a program provided by Glen Eira MCH service that offers support to mothers who are experiencing difficult times with their baby. *GEMS* can assist mothers who may be overwhelmed by the demands of motherhood, are not enjoying their baby as much as they hoped, or feel anxious or depressed.

This program is staffed by MCH nurses working in our MCH program who have additional qualifications and experience in the area of infant/parent mental health.

YUMI

YUMI is a facilitated playgroup provided in partnership with Bentleigh Community Health Services. The focus of the group is to create an environment that welcomes women who may be feeling emotionally vulnerable, and to provide them with a safe and supportive space for play and interaction with their children.

To find out more about Council's Maternal and Child Health Service, contact 9524 3333.

Additional support is also available by contacting:

Maternal and Child Health Line 13 22 29



Council's Maternal and Child Health Service is a free service available for all families with children from birth to school age.

Free energy saving installations for Glen Eira households

Installation of free energy saving products including lights, door and chimney draught seals, standby power controllers, and water and energy efficient showerheads are now available to Glen Eira residents thanks to the *Glen Eira Energy Saving Program* brought to you by Glen Eira City Council and Energy Makeovers.

Unless a household has received these products before, they are eligible for products that are suitable for their home. To participate, households will need to sign a form to confirm that they agree to have the products installed and to assign the rights to create Victorian Energy Efficiency Certificates (VEECs) to Energy Makeovers.

Energy Makeovers staff will attend your house wearing a black coloured polo shirt carrying the Energy Makeovers logo. They will also carry a photo identification badge that they will show to you at the door.

The products are available at no charge because their installation qualifies for the creation of VEECs under the Government's *Victorian Energy Efficiency Target* program. Energy Makeovers is registered to create VEECs from eligible activities under this scheme, which they then sell to energy retailers in order to be able to offer the products and installation to you for free.

To book an installation, contact Energy Makeovers on 1300 788 776 or go to <http://www.energymakeovers.com.au/energy-savers.html>

Council has contracted with Energy Makeovers to provide the services. All dealings with Energy Makeovers will be confidential and Energy Makeovers will abide by the same privacy obligations that Council has in relation to the information provided to them by residents who use the service.



A call for all gardeners

Do you grow your own food? Grow local indigenous plants? Keep chickens?

Council is proud to launch its *Neighbourhood Sustainable Gardening Program* for residents in Glen Eira.

Gardens that have (or are planning to have) sustainability features such as a vegetable patch, an area to grow fruit trees, local indigenous plants, a compost or worm farm or chickens can join the *Program*.

Registered gardeners will receive a welcome pack including a sign that can be attached to their fence, and will be emailed regular updates on local events (run by Council and community groups) and locally specific gardening information.

The *Program* is designed to tap into and build on the passion, knowledge and skills of residents as gardeners and managers of open space.

Households, schools, businesses and other properties can register their gardens.

Registration should be done online at www.gleneira.vic.gov.au/sustainable_garden. You will be asked some questions about your garden, your interests and how Council should contact you. Information will only be used for the purposes of running the *Sustainable Gardening Program*.

For further information, contact Council's sustainability education officer on 9524 3333 or mail@gleneira.vic.gov.au



Green waste service is now accessible for tenants, owners and commercial businesses

Did you know that if you place your green waste in the general waste bin, it ends up in landfill? Here it decomposes to release methane, which is a strong greenhouse gas that is 21 times more potent than carbon dioxide.

Council's fortnightly green waste service is now available to all businesses and residents that use a Council garbage service (whether you are the ratepayer or a tenant), for a once-off fee of \$55. There is no annual charge. Orders can also now be placed online

at www.gleneira.vic.gov.au (search green waste).

More than 40 per cent of Glen Eira households now recycle their green waste which is converted to compost, mostly for use on broad acre farms around Melbourne.

Whether you are a tenant or the owner of the property, you can order a green waste service from Council. Contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au (search for green waste).



Cleaning out? Book a free hard rubbish collection

- Get rid of old or unwanted items at a time that's convenient for you.
- Every household is entitled to three free, on demand e-waste, hard rubbish and bundled branches collections each financial year.
- Council will collect up to four cubic metres of rubbish in each collection.

Guidelines apply. To book, contact Glen Eira City Council's Service Centre on 9524 3333, Monday–Friday, 8am–5.30pm and Tuesdays, 8am–7.15pm or visit www.gleneira.vic.gov.au



Bentleigh • Bentleigh East • Brighton East
Carnegie • Caulfield • Elsternwick
Gardenvale • Glen Huntly • McKinnon
Murrumbeena • Ormond • St Kilda East

Third annual Communities Working Together Conference

Glen Eira City Council invites all not-for-profit community organisations to a free and exciting networking conference at Glen Eira Town Hall on Wednesday 13 November.

The *Communities Working Together Conference* will provide valuable information to encourage and empower communities to use the assets in their community to become more self-sustainable and get the most out of what they've got.

Renowned key note speaker Peter Kenyon will explore the concept of asset based community development

which draws upon existing community strengths to build stronger, more sustainable communities, while a range of local community groups will provide snapshot presentations of how they turned their idea into a reality.

The *Communities Working Together Conference* is an opportunity for community organisations to form connections with each other and be inspired.

By the end of the half day conference, participants will:

- have an understanding of asset

based community development and how it can benefit their organisation;

- be able to identify existing non-financial assets within their community; and
- have contributed to a Glen Eira asset map.

Places are limited, so book early to avoid disappointment. Bookings close Friday 8 November.

For further information or to book, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

News in brief

GESAC: 50 metre pool hours extended

The outdoor 50 metre pool at Glen Eira Sports and Aquatic Centre (GESAC) changed from winter to summer operating hours from the start of the September school holidays (Saturday 21 September).

The new hours of use are:

Monday–Friday: 6am–7.30pm

Saturday–Sunday: 7am–6.30pm

The eight lane, Olympic size 50 metre pool is the perfect facility for lap swimming or cooling off with family and friends in the heat.

Graffiti removal

Prompt removal of graffiti is often the best deterrent. Glen Eira City Council encourages residents and traders to remove graffiti from their properties promptly. To assist, Council provides Glen Eira residents and traders with personal graffiti removal kits available free of charge from Council's Service Centre.

Glen Eira City Council also continues to assist residents by removing graffiti from the title boundary of private property (both residential and commercial), which is visible from a public place. Requests are referred to a priority list for consideration.

Requests to remove graffiti from private property can be made through Council's Service Centre on 9524 3333.

Sustainability workshops

Glen Eira City Council will host the following free community workshops on sustainability during October.

For further information and to RSVP, contact Council's sustainability education officer on 9524 3333.

Transforming your garden with indigenous plants

Presented by St Kilda Indigenous Garden's David Sparks

Monday 14 October

7pm–8.30pm

Carnegie Library — Boyd Room

7 Shepparson Avenue, Carnegie

Indigenous plants are native species which occur naturally in a local area. Indigenous plants have adapted to the local conditions and may be more suited to the soil and local climate. Once established, indigenous plants generally require less maintenance and watering than many exotic species.

Indigenous plants provide habitat and food for native fauna including birds, mammals, insects and lizards.

Come and learn about:

- what the indigenous plants of the sandbelt area are;
- how to plant indigenous plants and care for them;
- how to select the right plants for shade, sun and screening neighbours;

- what plants to choose to attract birds and butterflies;
- indigenous bush foods; and
- how to create a cottage garden with indigenous plants.

Setting up a worm farm

Presented by My Green Garden's Maria Ciavarella

Monday 11 November

7pm–8.30pm

Carnegie Library — Boyd Room

7 Shepparson Avenue, Carnegie

Do you want to:

- Reduce the amount of waste in your wheelie bin?
- Reduce the use of artificial fertilisers in your garden?
- Have access to an unlimited supply of natural fertiliser and liquid soil conditioner?

If you answered yes to any of these questions, you should consider a worm farm.

Worms living in a worm farm will eat organic household scraps including fruit and vegetable matter (except onions and citrus fruits); human hair; newspaper or cardboard; and tree matter such as leaves — reducing the amount of rubbish we send to landfill.

Composting tips — making black gold

Making your own garden compost is a lot easier than most people realise.

Council will run a short presentation on how to make great compost, at Caulfield Primary Schools fete on Sunday 27 October, 724 Glenhuntly Road, Caulfield South.

With a simple heap, you can recycle most of your organic household and garden waste and enrich your garden's soil at the same time.

For further information on the fete, contact Caulfield Primary School on 9523 7932.

For more information and helpful tips regarding composting (including get rid of smelly compost), go to www.gleneira.vic.gov.au (search composting tips).

Have you tried riding to work?

Ride to Work Day encourages people to commute to work by bike and will be held on Wednesday 16 October.

Participating in the Day provides the opportunity to have fun and experience the health, financial and environmental benefits of cycling. If you are frustrated by sitting in traffic then why not think about cycling as a better way to get to work?

Council's transport strategy — *Towards Sustainable Transport 2011–2014* and Council's *Bicycle Strategy 2010* seek to facilitate and promote cycling.

For further information, visit www.ride2work.com.au

out and about



Battle of the Bands — Glen Eira Mayor Cr Jamie Hyams congratulating winner Beneath the Lies. Photo: Miki Boneh.



Sports Club Breakfast — Cr Jim Magee, guest speaker Robert Quiney, Glen Eira Mayor Cr Jamie Hyams and Cr Thomas Sounness.

Photo: Rob Churchus.

Victorian Seniors Festival

As part of Glen Eira's *Seniors Festival*, the library is offering seniors the opportunity to improve their internet skills at these two seminars:

Cybersecurity for seniors

Friday 18 October, 11am–12.30pm

Glen Eira Town Hall — Theatrette, Corner Glen Eira and Hawthorn Roads, Caulfield

This presentation will assist you in using the internet in a confident and secure manner. The talk will discuss the various scams and frauds that target older Australians and provide simple tips on keeping your personal and financial information safe online.

Social networking for seniors

Wednesday 23 October, 2pm–4pm

Glen Eira Town Hall — Theatrette, Corner Glen Eira and Hawthorn Roads, Caulfield

Are you interested in social networking as a way to keep in contact with family and friends? Would you like to be on Facebook but don't know where to start? This seminar will explain the different types of social media tools with a focus on the basics of Facebook for beginners. You will also learn how to set up an account, how to post messages and photos and how to use the privacy settings.



Both sessions are free but bookings are essential. Book at any Glen Eira library, online at library.gleneira.vic.gov.au or contact 9524 3623.

We're grand! Stories to enjoy with grandparents

Grandparents are invited to attend the libraries' *We're Grand! StoryTimes*. Share stories together that connect the generations. This is the perfect event for grandparents, parents and young children to enjoy together.

**Bentleigh Library
161 Jasper Road, Bentleigh**

Tuesday 8 October, 2pm

Thursday 10 October, 11am

**Carnegie Library
7 Shepparson Avenue, Carnegie**

Wednesday 9 October, 11am

Friday 11 October, 11am

**Elsternwick Library
4 Staniland Avenue, Elsternwick**

Wednesday 9 October, 11am

**Caulfield Library
Corner Glen Eira and Hawthorn Roads, Caulfield**

Thursday 10 October, 11am

Free. No bookings are required.



Caulfield Library refurbishment

In November, works will commence to refurbish Caulfield Library. The improvements will include new carpet, painting, signage, soft furnishings, updated study areas and new technology including wi-fi, e-readers and iPads.

Caulfield Library will be closed on Wednesday 6 November and will re-open Saturday 30 November while these works are taking place.

Elsternwick Library's opening hours will be extended during the month of November to assist the community to access local library services.

Elsternwick opening hours — November

Monday 10am–6pm

Tuesday 10am–8pm

Wednesday 10am–8pm

Thursday 10am–8pm

Friday 10am–6pm

Saturday 10am–4pm

Sunday 12pm–5pm

For further information, contact Council's Service Centre on 9524 3333.

OUTDOOR IMPROVEMENTS

Complete Landscaping Services.
Paving & Block Construction.
Decking, Screens, Fences.
Instant & Synthetic Grass.
Toppings, Pebbles, Mulches.
Planting, Irrigation, Tanks.
Quick Makeover Specialist.
Free Quote & Design Service.

0431 073 918

Staying connected

Join the library email newsletters and keep up-to-date with the latest news and events.

You will receive a monthly e-newsletter directly to your email address — it's easy to join and it's free.

By subscribing, you can find out about:

- what programs for adults and children are coming up;
- the latest books;
- what's new at the libraries;
- reading with your child; and
- special promotions.

Sign up at the library customer service desk or online at library.gleneira.vic.gov.au

*Cut this out now!
Place under a Fridge Magnet*

STEEL FRAME WINDOWS (KM)

- Old winders repaired and serviced
 - Windows unstuck
 - Locks
- New winders supplied and fitted
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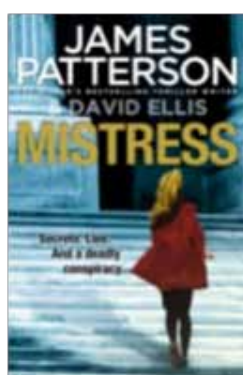
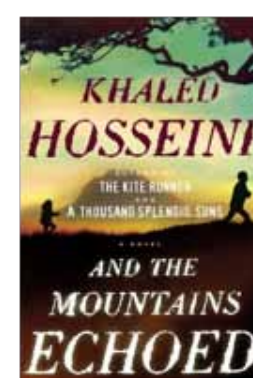
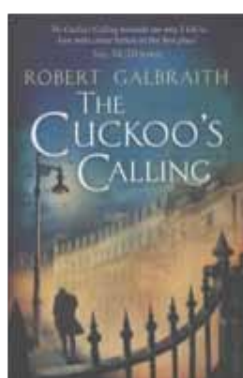
56 Auburn Grove, East Hawthorn

Bestsellers available at Glen Eira libraries

Looking for a great book to read? Our libraries now have 20 copies of each of the top bestsellers available for loan.

Get started with this selection:

- *The Cuckoo's Calling* by Robert Galbraith
- *Revenge Wears Prada: The Devil Returns* by Lauren Weisberger
- *Gone Girl* by Gillian Flynn
- *Inferno* by Dan Brown
- *And the Mountains Echoed* by Khaled Hosseini
- *Mistress* by James Patterson
- *First Sight* by Danielle Steel
- *Burial Rites* by Hannah Kent
- *Questions of Travel* by Michelle de Kretser
- *The English Girl* by Daniel Silva



Glen Eira's Seniors Festival — *it's your time!*

The 2013 Victorian Seniors Festival runs from 6 to 13 October. In conjunction with this event, Glen Eira City Council will run its *Seniors Festival* during the month of October.

Council invites residents to celebrate by joining in the many events on offer. Events include concerts, information sessions, physical fitness activities, multicultural events and more.

The *Festival* aims to encourage those aged 55 years and over to stay active and get involved in their local community through a series of free and low cost activities and events across the municipality. **It's your time!**

Council events

Preventing falls for healthy ageing

This practical and informative talk aims to assist with the prevention of falls. The seminar offers an opportunity to have some of your questions answered and learn how to resource the services available in the community.

Date: Tuesday 8 October
Time: 2pm–4pm
Venue: Caulfield Park Pavilion
 Balaclava Road, Caulfield
Cost: Free
Bookings: Essential by Monday 7 October
Contact: Council's Service Centre 9524 3333

We're Grand! Stories to enjoy with Grandparents

Grandparents are invited to attend the library's *We're Grand! StoryTimes*. Share stories together that connect the generations.

2pm, Tuesday 8 October —
 Bentleigh Library
 11am, Wednesday 9 October —
 Elsternwick Library
 11am, Wednesday 9 October —
 Carnegie Library
 11am, Thursday 10 October —
 Bentleigh Library
 11am, Thursday 10 October —
 Caulfield Library
 11am, Friday 11 October —
 Carnegie Library
Cost: Free
Bookings: Not required

Antiques road show with Lester DeVere

Have you ever wondered what that long held family item might be worth? Bring it along to our antiques road show for a free appraisal. The always popular antiques valuer, Lester DeVere returns to Glen Eira with his entertaining and informative talk. Strictly one appraisal per person.

Date: Wednesday 9 October
Time: 2pm–4pm
Venue: Carnegie Library
Cost: Free
Bookings: Essential
Contact: 9563 0971 or book online at library.gleneira.vic.gov.au

Fifty Shades of Midlife — an information session

Glen Eira City Council in conjunction with the Jean Hailes Centre is pleased to present *Fifty Shades of Midlife* — an information session on menopause, mood and more.

Date: Thursday 10 October
Time: 6.30pm–8.30pm
Venue: Glen Eira Town Hall —
 Caulfield Cup Room, corner Glen Eira and Hawthorn Roads, Caulfield
Cost: Free
Bookings: Essential
Contact: Council's Service Centre on 9524 3333

Be Strokesafe — an information session for seniors

Glen Eira City Council in conjunction with The National Stroke Foundation is pleased to present *Be Strokesafe* — an information session for older adults to raise awareness in preventing stroke.

Date: Friday 11 October
Time: 10am–12noon
Venue: Caulfield Park Pavilion
 Balaclava Road, Caulfield
Cost: Free
Bookings: Essential
Contact: Council's Service Centre on 9524 3333

Cybersecurity for seniors

This presentation will help you use the internet in a confident and secure manner. The presenter will discuss various scams and frauds that target older Australians and provide simple tips on keeping your personal and financial information safe online.

Date: Friday 18 October
Time: 11am–12.30pm
Venue: Glen Eira Town Hall —
 Theatrette, corner Glen Eira and Hawthorn Roads, Caulfield
Cost: Free
Bookings: Essential
Contact: Any Glen Eira library, visit library.gleneira.vic.gov.au or contact 9563 0971.

Social networking for seniors

Want to try social media but don't know how to start? Come to this seminar which will cover the different types of social media and demonstrate the basics of Facebook. You will learn how to set up an account; how to post messages and photos; and how to use privacy settings.

Date: Wednesday 23 October
Time: 2pm–4pm
Venue: Glen Eira Town Hall —
 Theatrette, corner Glen Eira and Hawthorn Roads, Caulfield
Cost: Free
Bookings: Essential
Contact: Any Glen Eira library, visit library.gleneira.vic.gov.au or contact 9563 0971.

Community events — physical activities

Active seniors



One of the best ways to live a long and healthy life is through regular exercise.

Here are some of the most popular and readily available forms of exercise for older adults in Glen Eira. All these activities are free during the *Victorian Seniors Festival*. For further information, contact Council's healthy ageing officer on 9524 3333.

Croquet is a wonderful form of exercise for both the mind and body.

Date: Thursday 31 October
Time: 10.30am–2.30pm
Venue: Caulfield Park Sports Club,
 Balaclava Road, Caulfield North
Date: Tuesday 8 October, 10am–1pm
 and Sunday 13 October, 1pm–3pm
Venue: Elsternwick Croquet Club,
 27 Parkside Street, Elsternwick
Cost: Free
Bookings: Essential
Contact: Minn or Keith 9578 4774

Ballroom dancing — modern, new vogue and Latin American

Enjoy a delightful afternoon of dancing at Town Hall as you take to the floor with the Caulfield Over 50s Dance Group. You don't need to attend with a dancing partner. Single seniors are most welcome.

Date: Monday 7 October
Time: 12.30pm–3.30pm
Venue: Glen Eira Town Hall —
 Auditorium

Israeli dancing works the mind and the body and is a lot of fun.

Date: Thursday 17 October
Time: 1pm
Club: U3A Glen Eira
Venue: Caulfield Senior Citizens
 Centre, 8 Cedar Street, Caulfield

Line dancing — exercise while dancing to a variety of great country and popular songs. No dance partner needed.

Date: Thursday 10 October
Time: 1pm–4pm
Club: DJ Coakley East Bentleigh Senior
 Citizens Club, 1 Derry Street,
 Bentleigh East

Date: Friday 18 October
Time: 12.15 pm
Club: Ormond Senior Citizens Club
 2 Newham Grove, Ormond

Date: Thursday 24 October
Time: 1pm–4.30pm
Club: KG Putt Senior Citizens Club
 2 Arthur Street, Bentleigh

Square Dancing

Date: Thursday 24 October
Time: 9.30am–12pm
Club: KG Putt Senior Citizens Club
 2 Arthur Street, Bentleigh

Zumba isn't just for the young, it's a great way for older adults to get in shape too.

Date: Sunday 6 October
Time: 11am
Club: Ormond Senior Citizens Club,
 2 Newham Grove, Ormond

Indoor bowls is a low impact, therapeutic exercise that can improve fitness and co-ordination.

Date: Saturday 19 October
Time: 12pm–3.30pm
Club: Gladys Machin Senior Citizens
 Club, 8 Cedar Street, Caulfield

Date: Monday 21 October
Time: 12.30pm–3pm
Club: KG Putt Senior Citizens Club,
 2 Arthur Street, Bentleigh

Date: Wednesday 23 October
Time: 12pm–3.45pm
Club: DJ Coakley East Bentleigh Senior
 Citizens Club
 1 Derry Street, Bentleigh East

Tai chi is the perfect exercise for those who are looking to improve their balance, flexibility and strength.

Date: Monday 7 October
Time: 10am
Club: KG Putt Senior Citizens Club,
 2 Arthur Street, Bentleigh

Date: Monday 14 October
Time: 12.30pm–2pm
Club: DJ Coakley East Bentleigh Senior
 Citizens Club
 1 Derry Street, Bentleigh East

Tennis is an excellent avenue to improve your fitness and to meet and socialise with other seniors in your local area. Wattle Tennis Club is a social tennis club and invites residents to take part and enjoy its open day. Open to all, from tennis novices to those wishing to get back into the sport.

Refreshments provided.

Tuesday 8 October

9am–3.30pm

Venue: Wattle Tennis Club
Bentleigh Recreation Reserve
Arthur Street, Bentleigh

Cost: Free

Bookings: Not required

Contact: Ken 9579 5180

Yoga can improve strength, flexibility and balance.

Date: Sunday 6 October

Time: 9am–10.30am

Club: Ormond Senior Citizens Club,
2 Newham Grove, Ormond

Date: Monday 14 October

Time: 6pm–8pm

Club: KG Putt Senior Citizens Club,
2 Arthur Street, Bentleigh

Table tennis has been shown to strengthen your brain through its emphasis on hand-eye co-ordination.

Date: Wednesday 23 October

Time: 9am–12pm

Club: DJ Coakley East Bentleigh Senior Citizens Club
1 Derry Street, Bentleigh East

Community events — multicultural events

Italian Senior Citizens luncheon

The Italian Senior Citizens Group of Moorabbin invites residents to a delicious three course Italian lunch and entertainment.

Monday 7 October

11.30am–3.30pm

Venue: Moorleigh Community Village
92 Bignell Road, Bentleigh East

Cost: \$8 (members)

\$10 (non-members)

Bookings: Essential

Contact: Gina Famularo 9557 5133



Dinner dance — join us in celebrating traditional Italian dancing and singing.

The Italian Pensioners Club of Kingston invites residents to join a dinner dance celebration of Sicilian culture and enjoy a performance by members of Sicilia Nostra.

Saturday 12 October

7pm–11.30pm

Venue: Moorleigh Community Village
— Room 11
92 Bignell Road, Bentleigh East

Cost: \$20 per person

Bookings: Essential

Contact: Vince Vasile 0419 366 471

Chinese Chung Yeung Jie Festival celebrations

Glen Eira Chinese Senior Citizens Club will host the *Chung Yeung Jie* or *The Double Ninth Festival*. All residents are welcome to enjoy this wonderful event with oral and written materials explaining this festivity. Also included will be a ballroom dancing demonstration, exercise dances, a tai chi demonstration and refreshments that include chung yeung guo.

Sunday 13 October

1pm–3pm

Venue: Caulfield Senior Citizens Centre
8–10 Cedar Street, Caulfield

Cost: Free (donations welcome)

Bookings: Essential by 6 October

Contact: Ms Janet Tan 0400 858 322

Nadezhda Russian Concert and dancing

Nadezhda Russian Senior Citizens Club invites residents to join them in a wonderful afternoon concert and dancing provided by the Russian Senior Citizens Choir.

Light refreshments will be served.

Sunday 13 October

4.30pm

Venue: Caulfield Senior Citizens Centre
8 Cedar Street, Caulfield South

Cost: Free

Bookings: Not required

Contact: Larisa Pasika 9527 3912

An Italian style get together

Glen Eira Italian Pensioners and Senior Citizens Club will host an afternoon with an Italian inspired lunch, coffee, cake, enjoyable conversation and games including bingo and billiards.

Wednesday 16 October

12pm

Venue: Ormond Senior Citizens Centre
2 Newham Grove, Ormond

Cost: Free

Bookings: Essential

Contact: John Ferraro 9557 8486

Let's Connect over an evening of fun

Let's Connect invites residents to a multicultural evening. Try out table tennis, bowling, cards, backgammon, and billiards. Tea and coffee, falafel roll and cake will be served.

Wednesday 16 October

5pm–9.30pm

Venue: East Bentleigh Senior Citizens Centre

1 Derry Street, Bentleigh East

Cost: \$5

Bookings: Essential

Contact: Mina Tadros 0423 780 382

Spit roast luncheon

DJ Coakley East Bentleigh Senior Citizens Club invites residents to celebrate the *Seniors Festival* at a wonderful afternoon of food, entertainment, dancing and fun. Come along and enjoy a spit roast luncheon plus entertainment provided by the ladies marching group.

Saturday 19 October

11.45am

Venue: Bentleigh East Senior Citizens Centre

1 Derry Street, Bentleigh East

Cost: \$10

Bookings: Essential

Contact: Gwen Brown 9579 4573 (club) or 9570 4917

Seniors marvellous Melbournians walk — Brighton General Cemetery

Join the Brighton Cemeterian organisation which will host an historical walk of Brighton General Cemetery. The tour is an opportunity to visit the memorials of several marvellous Melbournians including conductor, George Marshall-Hall, who arrived in 1891 to take up Melbourne University's Ormond Chair of Music and went on to establish the University's Conservatorium of Music; George Morris, Rutherglen's pioneering vigneron and engineer David McClelland who worked on a number of significant projects including the construction of the new MCG stands in the 1930s.

Tuesday 8 October

10am

Venue: Brighton General Cemetery
Corner Hawthorn and North Roads,
Brighton East

(Enter via North Road meet at the office)

Cost: \$8. Refreshments provided

Bookings: Essential

Contact: Lois 9558 4248 or
www.brightoncemetorians.org

Bridge and Mind Sports Festival

Keeping fit and active includes keeping your brain active. The Victorian Bridge Association will give seniors an opportunity to explore a variety of ways they can do this when it hosts the *Bridge and Mind Sports Festival* in conjunction with the Glen Eira Chess Club; Bentleigh Scrabble; and Melbourne Go Club. Sessions will cover a variety of different mind sports — including cryptic crosswords, bridge, chess, Scrabble, Go, — and will encourage all participants of any skill level to try these activities and learn something new, or practice something they already enjoy. Additional activities will include urban bush walking and music.

Highlights include:

- a cryptic crossword solving workshop with David Astle;
- learn the world's greatest card game — bridge;
- Giving Go a try; and
- try board and strategy games for all levels including chess and Scrabble.

Friday 11 October

10am–4pm

(activities will conclude at 4pm, hospitality will be provided until 4.45pm)

Venue: Victorian Bridge Association
131 Poath Road, Murrumbeena

Cost: \$49 or \$90 for two people

includes a light lunch

Bookings: Essential

Contact: Laura Ginnan 9530 9006 or
lauraginnan@vba.asn.au



VICTORIAN
SENIORS
Festival

State Government
Victoria

MEETINGS AND CLUBS

Please note: due to the high volume of submissions we receive, entries must be submitted monthly. Only submissions received each month will be published.

For a list of deadlines, email khoward@gleneira.vic.gov.au

Australian Plants Society South East Melbourne Region meets on the first Tuesday of each month from 8pm at Hughesdale Community Centre, corner Poath and Kangaroo Roads, Hughesdale. Guest speaker and light supper provided. Contact: 0405 511 190.

Bentleigh Club Social Bowls takes place every Wednesday and Saturday afternoon from 1pm, beginning 5 October. Contact: 9578 1660.

Bentleigh Bayside Parkinson's Support Group meets on the fourth Monday of each month from 1.30pm–3.30pm at Bentleigh Bayside Community Health, Gardeners Road, Bentleigh East. Contact: 9571 9548.

Bridge for Beginners is holding a 20 week course for people over 55, starting on 11 February 2014 from 1pm. U3A membership is \$45 which allows for up to five different courses. Contact: www.gleneirau3a.org.au

Carnegie Rostrum Club practices public speaking every first and third Monday of each month from 7.15pm in the Boyd Room at 7 Shepparson Avenue, Carnegie. Contact: 0404 813 806.

Friends of Caulfield Park are holding a free community concert on 6 October from 2pm at the Bandstand, western end of Caulfield Park featuring *Bayside Swing* and the *Crazy Misfits*. Other concerts will be held on 10 November, 2 February, 2 March and 6 April. Contact: 0417 032 437.

Glen Eira Cheltenham Art Group offers weekly classes in drawing, watercolour, pastels, oils and acrylics. Contact: 9563 7621 or www.gecartgroup.com.au

Kids Magic Life Program is open to ages three to nine. The program encourages children to express themselves through music, theatre and dress-ups. Contact: 0413 373 996.

Life Activities Club Bentleigh Inc. offers social activities for seniors such as table tennis, card games, music and dine outs. Contact: 9557 2562.

The Moorabbin Historical Society will open Box Cottage museum in Joyce Park, Jasper Road, Ormond on the last Sunday of the month from 2pm–4pm. Contact: 9557 3488.

Moorabbin Softball Association is taking expression of interests from players wishing to participate in the summer competition commencing in October. Located at Bailey Reserve, Bentleigh East. Contact: 9570 1412 or gleneirasoftball@hotmail.com

Murrumbeena Park Bowls Club, 26–28 Gerald Street, Murrumbeena welcomes people of all ages to join its members at 5.30pm on the first Friday of every month from November to April to play barefoot bowls. Cost is \$10 for non-members.

Ormond Tennis Club in Foch Street, Ormond invites you to join Wednesday night social tennis from 7pm. Cost is \$5 for non-members. Light supper included. Contact: 9579 0451.

Sandbelt Ladies Probus Club meets on the first Monday of each month from 10am at Bentleigh RSL, 538 Centre Road, Bentleigh. Visitors welcome. Contact: 9557 6778.

SE Suburbs Permaculture Group meets on the fourth Saturday of each month from 3pm at Joyce Park in the barbecue area. Contact: info@sesuburbspermaculture.org.au

EVENTS

Coatesville Uniting Church will hold its annual fete on Saturday 19 October from 9am–2.30pm, corner of North and Mackie Roads, Bentleigh East.

Coatesville Primary School Diamond Jubilee Carnival will be held Saturday 23 November from 12pm–7pm, at Mackie Road, Bentleigh East. There will be silent auctions, rides and market stalls.

Bentleigh Organ Music Club will perform an evening of chimes and bells by the *Ringspiration Handbell Choir* on 7 October from 8pm at Coatesville Bowling Club, 62 Mackie Road, Bentleigh East. Cost is: \$10. Contact: 9528 2539.

Glen Eira City Choir will perform *Best of Broadway* on Sunday 6 October in the Auditorium at Glen Eira Town Hall from 2.30pm. Tickets are \$25, \$22 for concession and \$20 for a group of five or more. Contact: 0423 129 371.

Glen Eira Adult Learning Centre is hosting a free health and wellbeing workshop during November. Meditation, tai chi, healthy eating, aromatherapy and more offered. Contact: 9578 8996 or visit gealc.org.au

Glen Eira Artists Society is taking applications for its fourth annual *Paint in the Park Day* which will be held on 10 November. Contact: 0402 349 131 or visit www.gleneiraartistsociety.org

Konnichi Wa from Caulfield Primary School is holding a Japanese and multicultural fete on 27 October from 10am–5pm at 724 Glenhuntly Road, Caulfield. Come and experience the heart of Japan at Caulfield.

The Friends of Karkarook Park are holding an *Open Day* on 12 October from 11am–1pm at Karkarook Park. Activities include demonstrations, colouring competitions, guided nature walks and performances. All welcome. Contact: 9557 2562.

McKinnon Primary School is holding an inaugural *Chinese Festival* on 26 October from 12pm–9pm. The *Festival* will commence with a grand opening ceremony with lots of colour, dancing and Chinese cultural displays including the famous Chinese Dragon Dance.

Music Lovers' Society is holding a concert on 12 October from 8pm at Ewing Memorial Uniting Church, corner Coppin and Burke Streets, Malvern East. Admission: \$22 Senior, \$18 pensioner, \$13 student, \$50 family and free for members. Contact: 9822 7292 or 0435 997 037.

The Girrawheen Seniors Tea Dance will be held at Koornang Uniting Church, 117 Murrumbeena Road, Murrumbeena on 3 October from 1pm to 3pm. Cost is \$10 (includes light lunch and live entertainment). Contact: 9596 0347 or email maryann.desa@uacvt.org.au

The Handmade Show is held on the third Saturday of each month and the second Saturday in December from 10.30am–3.30pm at St Anthony's Parish Hall, corner Grange and Neerim Roads, Carnegie. Contact: 0423 727 607.

Wattle Tennis Club will be holding an open day on 8 October. Come and enjoy a game and barbeque lunch. All ages welcome. Contact: 9579 5180.

Waverly Communicators meets on the second and fourth Tuesday of each month from 7.45pm at Bendigo Bank Meeting Hub, 436 Neerim Road, Murrumbeena. Learn to speak confidently. Contact: 9576 8790 or 9578 1947.

COMMUNITY

12th Caulfield Scout Group, Elsternwick currently has vacancies for cubs aged seven to 10, and needs adult volunteers to assist on Tuesday or Thursday nights during school terms. Contact: 0488 314 572 or visit www.12thcaulfield.asn.au

Friends of Caulfield Park Christmas Community Choir is calling for singers. The *Choir* will perform on 1 December as part of the *Caulfield Park Bandstand Concerts* series. Six rehearsals in the weeks leading up to the performance will be held on Sunday afternoons from 20 October. Contact: 0417 032 437 or caulfieldpark@gmail.com

Glen Eira Adult Learning Centre is offering computer and iPad classes (beginners to advanced); digital courses; MYOB; Intro to Business Administration; career choices; ESL; and art and writing classes. Contact: 9578 8996 or visit www.gealc.org.au

Murrumbeena House three-year-old activity group has vacancies for Term 3 and 4. Sessions run 12.45pm–3.15pm. Cost is: \$205 per child, per term. Contact: 0423 698 198.

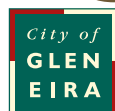
Outdoor Play Group, part of the Home Education Network, meets every second Monday of the month from 12pm at Caulfield Park. Contact: outdoorhomeschooling.webs.com

Special four-year-old immunisation sessions 2013

Glen Eira City Council's Immunisation Service is offering immunisation sessions for four-year-old children in 2013. These immunisations are recommended to be given just prior to a child's fourth birthday.

All four-year-old children receiving their immunisation will receive a free show bag. Face painting, balloons and magic tricks will keep the kids entertained.

Parents please note: The Australian Childhood Immunisation Register recommends that all childhood vaccinations are completed by four years. If your child is not vaccinated by four years and one month they will be considered overdue and you will receive reminder letters from Council.



Glen Eira City Council

Bentleigh Bentleigh East Brighton East Carnegie Caulfield Elsternwick Gardenvale Glen Huntly McKinnon Murrumbeena Ormond St Kilda East

Saturday 5 October
9.30am–11.30am

Bentleigh Bayside
Community Health
Gardeners Road
Bentleigh East

Wednesday 6 November
4pm–6pm

Carnegie Library and
Community Health Centre
7 Shepparson Avenue
Carnegie

Saturday 7 December
9.30am–11.30am

Carnegie Library and
Community Health Centre
7 Shepparson Avenue
Carnegie

第三屆社區同心協力年度大會

Glen Eira 市政府邀請所有非營利社區組織於 11月13日星期三在 Glen Eira 市政廳參加這一令人振奮的大會。

社區同心協力大會將提供重要的信息，鼓勵並授權社區使用社區資產來做到自力更生，充分利用可獲得的資源。

主旨發言人、著名人士彼得·肯勇將探索基於資產的社區發展這一概念，利用現有的社區優勢來建設更加強大、更可持續發展的社區；同時一些本地社區團體將展示他們怎樣將自己的想法轉化為現實。

社區同心協力大會提供機會，讓社區團體互相聯繫，互相鼓舞。

為期半天的會議結束時，與會者將：

- 能夠瞭解基於資產的社區發展這一概念，以及社區團體怎樣可從中受益；
- 能夠識別社區內現有的非經濟資產；
- 共同繪制 Glen Eira 資產地圖。

會議席位有限，請盡早預訂，以免失望。預訂截止日期為11月1日星期五。

如需瞭解詳情或預訂，請聯繫市政府服務中心，電話 9524 3333，網站 www.gleneira.vic.gov.au。

Τρίτο ετήσιο Συνέδριο Συνεργασίας Κοινοτήτων

Ο Δήμος Glen Eira προσκαλεί όλους τους μη κερδοσκοπικούς οργανισμούς σε ένα συναρπαστικό συνέδριο δικτύωσης στο Δημαρχείο Glen Eira την Τετάρτη 13 Νοεμβρίου.

Το Συνέδριο Συνεργασίας Κοινοτήτων θα προσφέρει πολύτιμες πληροφορίες για να παροτρύνει και να ενδυναμώσει τις κοινότητες να χρησιμοποιούν το ενεργητικό της κοινότητάς τους για να γίνουν περισσότερο αυτοβιώσιμες και να εκμεταλλευτούν προς όφελός τους αυτά που διαθέτουν.

Ο διάσημος κεντρικός ομιλητής Peter Kenyon θα αναλύσει την έννοια της κοινοτικής ανάπτυξης με βάση το ενεργητικό που αντλεί από το υφιστάμενο κοινοτικό δυναμικό για την ανοικοδόμηση πιο ισχυρών, πιο βιώσιμων κοινοτήτων, ενώ διάφορες ομάδες της τοπικής κοινότητας θα παρουσιάσουν στιγμιότυπα για τον τρόπο που μετέτρεψαν την ιδέα τους σε πραγματικότητα.

Το Συνέδριο Συνεργασίας Κοινοτήτων είναι μια ευκαιρία για τους κοινοτικούς οργανισμούς να κάνουν διασυνδέσεις μεταξύ τους και να εμπνευστούν.

Μετά το πέρας του συνεδρίου διάρκειας μισής μέρας, οι συμμετέχοντες:

- θα έχουν μια κατανόηση της κοινοτικής ανάπτυξης με βάση το ενεργητικό και πώς μπορεί να ωφελήσει τον οργανισμό τους,
- θα μπορούν να προσδιορίσουν το υφιστάμενο μη οικονομικό ενεργητικό εντός της κοινότητάς τους, και
- θα συνεισφέρουν στη χαρτογράφηση του ενεργητικού του Δήμου Glen Eira.

Οι θέσεις είναι περιορισμένες, γι' αυτό κάντε κράτηση νωρίς για να μην απογοητευτείτε. Οι κρατήσεις τελειώνουν την Παρασκευή 1 Νοεμβρίου.

Για περισσότερες πληροφορίες ή για να κάνετε κράτηση, επικοινωνήστε με το Κέντρο Εξυπηρέτησης του Δήμου στο 9524 3333 ή επισκεφθείτε την ιστοσελίδα www.gleneira.vic.gov.au

Terza conferenza annuale Communities Working Together

Il Comune di Glen Eira invita tutte le organizzazioni comunitarie non a scopo di lucro a partecipare mercoledì 13 novembre ad un'entusiasmante conferenza *networking* presso la Sala Comunale di Glen Eira.

La conferenza *Communities Working Together* fornirà preziose informazioni con la finalità di offrire alle comunità incoraggiamento e capacità per l'utilizzo di quelle risorse presenti in seno alla comunità che permettono di incrementare l'auto-sostenibilità e conseguire il meglio di quanto è a disposizione.

Il rinomato relatore Peter Kenyon esplorerà il concetto di sviluppo comunitario basato sulle risorse, capace di apportare alla presente comunità nuova forza per costruire comunità più forti e più sostenibili, mentre una varietà di gruppi comunitari locali dimostrerà sinteticamente come trasformare un'idea in realtà.

La *Communities Working Together Conference* offre alle organizzazioni comunitarie l'opportunità di interconnettersi e interstimolarsi.

Al completamento della conferenza della durata di mezza giornata, i partecipanti:

- avranno acquisito un'idea sullo sviluppo comunitario basato sulle risorse e su come la propria organizzazione può avvantaggiarsene;
- saranno in grado di individuare risorse di carattere non-finanziario presenti in seno alla propria comunità; e
- avranno contribuito alla stesura di una mappa risorse per Glen Eira.

È disponibile un numero limitato di posti, pertanto si prega di prenotare in tempo per evitare disappunto. Le prenotazioni saranno aperte fino a venerdì 1 novembre.

Per ulteriori informazioni o per prenotare, rivolgersi al Centro Servizi del Comune al numero 9524 3333 oppure visitare il sito www.gleneira.vic.gov.au

Третья ежегодная конференция “Общины работают вместе” (Communities Working Together)

Муниципалитет Glen Eira приглашает все некоммерческие общественные организации на увлекательную, проводимую с целью установления полезных связей конференцию в здании муниципалитета (Glen Eira Town Hall) в среду 13 ноября.

На конференции “Общины работают вместе” (*Communities Working Together*) будет представлена полезная информация о том, как воодушевлять людей и давать им возможность пользоваться имеющимися в самой общине ресурсами, с тем чтобы стать более автономными и жизнеспособными и извлекать максимум из собственного потенциала.

Знаменитый докладчик Peter Kenyon выступит с главным докладом, освещающим концепцию развития общины, основанного на собственном потенциале, в которой объясняется, как использовать имеющиеся в общине ресурсы для создания более сильных и жизнеспособных общин. Ряд местных общественных групп проведет короткие презентации о том, как они претворяют свои идеи в реальность.

Конференция “Общины работают вместе” (*Communities Working Together*) дает общественным организациям возможность наладить друг с другом связи и получить вдохновение.

К концу идущей полдня конференции участники:

- получат понимание концепции развития общины, основанного на собственном потенциале;
- смогут определять имеющиеся в их общине некоммерческие ресурсы, и
- отметят имеющиеся в районе Glen Eira ресурсы на специальной карте.

Число участников ограничено, поэтому резервируйте места заранее, чтобы не пропустить это интересное мероприятие. Резервирование мест прекращается в пятницу, 1 ноября.

Чтобы получить дополнительную информацию или зарезервировать места, звоните в муниципальный Центр обслуживания клиентов по номеру 9524 3333 или зайдите на сайт www.gleneira.vic.gov.au

Community consultation

Consultation involves the community in Council's planning and activities and helps Council to understand the community's priorities and issues. For further information, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

Subject	Type	Closing date	Where
Draft Walking Strategy	Comments	Friday 8 November	Online via <i>Have Your Say</i> . A link to the site is available from Council's consultation page. Email your comments to mail@gleneira.vic.gov.au Mail your comments to: PO Box 42 Caulfield South, 3162

Future consultation

Please check Council's website www.gleneira.vic.gov.au and local newspapers for details on upcoming consultations. The consultations below will take place soon.

Draft Open Space Strategy
Elsternwick Plaza Redevelopment

Immunisation sessions



Bentleigh Bayside Community Health
Gardeners Road, Bentleigh East

Saturday 19 October 9am–11am and
Wednesday 9 October and Thursday
24 October 5.30pm–7.30pm

Saturday 16 November 9am–11am
and Wednesday 13 November and
Thursday 28 November 5.30pm–7.30pm

Carnegie Library and
Community Centre
7 Shepparson Avenue, Carnegie

Wednesday 16 October 1pm–2.30pm
and 5.30pm–7.30pm

Wednesday 20 November 1pm–2.30pm
and 5.30pm–7.30pm

Wednesday 11 December 1pm–2.30pm
and 5.30pm–7.30pm

DC Bricker — Princes Park
Beech Street, Caulfield South

Monday 28 October 9.30am–11.30am

Monday 25 November 9.30am–11.30am

Glen Eira Town Hall Auditorium
(entry via Glen Eira Road)
Corner Glen Eira and Hawthorn
Roads, Caulfield

Tuesday 8 October 9.30am–11.30am and
Tuesday 19 November 9.30am–11.30am

Tuesday 12 November 6pm–7pm and
Tuesday 3 December 6pm–7pm

Glen Huntly Maternal and Child
Health Centre
Corner Royal and Rosedale
Avenues, Glen Huntly

Wednesday 23 October
9.30am–11.30am and Wednesday 27
November 9.30am–11.30am

McKinnon Public Hall
118 McKinnon Road, McKinnon

Monday 7 October 9.30am–11.30am
and Monday 11 November
9.30am–11.30am

Summer events 2013–14 — call out for participation

Glen Eira City Council will host several outdoor and community events over the summer season and we invite the community to be involved. We are seeking participation from individuals, schools, community groups, retailers and service providers who live, work or study in the City of Glen Eira for the following events.

Carols in the Park will be held on Sunday 8 December at Bentleigh Hodgson Reserve, Arthur Street, Bentleigh. We are seeking participants for:

- choirs, music groups, entertainment and performers for the afternoon stage;
- running of children's activities;
- food stalls; and
- art/craft/gift marketplace stalls.

All retailer and community group stalls must be relevant and in the spirit of the festive season.

Party in the Park — Under the Stars will be held on Saturday 18 January at Packer Park, Leila Road, Carnegie. Food vendors are invited to participate in this event.

Party in the Park will be held on Sunday 16 February at Princes Park, Hawthorn and Bambra Roads, Caulfield South. Participation is sought for running of children's activities and food stalls for this fun family event.

Party in the Park and *Pet Expo* will be held together on Sunday 2 March at Allnutt Park, Wheatley Road, McKinnon. Participation for this dual event is sought for:

- food vendors;
- pet-related retailers and service providers; and
- pet training clubs and associations, especially for demonstrations.

Expressions of interest in participating can be completed on Council's website www.gleneira.vic.gov.au/eventsEOI



Party in the Park 2013 — Under the Stars.

Photo: Lee Illustrations.

Exhibitions

Glen Eira City Council Art Gallery, Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield. Phone: 9524 3333. Opening times: Monday–Friday 10am–5pm, Saturday and Sunday 1pm–5pm. Free admission.

Louise Paramor: Emporium A Survey exhibition 1990–2013

27 September–3 November

This survey exhibition of nationally renowned artist Louise Paramor traces the development of her creative practice and thematic concerns from 1990 to 2013, featuring sculptures, paintings and collages sourced from major public gallery and museum collections and private collections throughout Australia.

Louise Paramor has been experimenting with found objects and ephemeral materials for more than two decades and has achieved considerable recognition for their transformation into distinctive and innovative works that challenge conventional readings of everyday detritus in contemporary life. Her assemblages and ephemeral installations are created from recycled domestic and industrial remnants, evoking concerns with the everyday, transience and mass consumption. Paramor delights in elevating found materials and consumer items salvaged from market emporiums, hard rubbish and second-hand shops into powerful works embedded with references to urban and domestic life and history.

Louise Paramor's work is represented in major public gallery and museum collections including the National Gallery of Victoria, Heide Museum of Modern Art and Monash University Collection, Monash University Museum of Art. She has received numerous sculpture awards and public commissions including the prestigious 2010 *McClelland Award*, *McClelland Sculpture Park + Gallery* for her

assemblage *Top Shelf* and more recently, the monumental sculpture *Panorama Station* 2012 commissioned by Southern Way for the Peninsula Link Freeway at the Eastlink interchange in 2012.

Curator: Diane Soumilas

Public programs

A floor talk by artist Louise Paramor is scheduled on Sunday 13 October at 2pm.

Louise Paramor will provide a fascinating overview of her career, discussing key aspects of her practice.

Glen Eira City Council Gallery.

Free admission.



**Louise Paramor
Wild Card # 1 (Snake) 2013
Plastic, fiberglass
122 x 230 x 48 cm
Collection of the artist**



**Louise Paramor
Cineplex Elite 2011
Plastic
145 x 68 x 40 cm
Collection of the artist**



**Louise Paramor
Wild Card # 5 (Panda) 2013
Plastic, fiberglass
246 x 75 x 115 cm
Collection of the artist**

Springtime Music 2013

Welcome spring with a series of free musical afternoons in some of Glen Eira's most beautiful parks.

Bring a blanket, a picnic and your family and friends, for an afternoon of music and merriment.

All performances are acoustic and take place from 2.30pm to 4.30pm.

For further information, contact Council's Service Centre on 9524 3333.

The Uppbeats

Sunday 6 October

Caulfield Park

Balaclava Road, Caulfield

Anyone who loves jazz will thoroughly enjoy listening to *The Uppbeats* perform in Caulfield Park. They'll perform a variety of styles including traditional; dixie; and contemporary.

Always versatile — always entertaining is their motto!



The Fenians

Sunday 13 October

Mallanbool Reserve

Leila Road, Murrumbeena

The Fenians perform hot jigs and reels as they sing traditional Irish ballads. Stand by for fiddle duets as Felix and Ewen get you out of your seat and up on your feet to the sounds of traditional and contemporary Celtic tunes.



Artisan Ensemble Trio

Sunday 20 October

Halley Park

Jasper Road, Bentleigh

The *Artisan Ensemble Trio* offers a vibrant and entertaining chamber music experience. The group has performed extensively throughout Australia,

Europe and Asia and with a repertoire ranging from high-classical to jazz standards, they will entertain and delight you in the picturesque surrounds of Halley Park.



Gee Whiz Kidz

Sunday 27 October

Murrumbeena Reserve

Kangaroo Road, Murrumbeena

Gee Whiz Kidz is a fun and energetic band which plays a unique brand of folk/rock music especially for kids. Their show is lively and interactive and includes Moova the Dancing Cow who gets everyone up moo-ving and grooving.



John Fleming

Sunday 3 November

Springthorpe Gardens

Neerim Road, Murrumbeena

John Fleming is a singer, multi-instrumentalist and songwriter who has spent many years entertaining crowds all over the world. An *Aria* and *Mo Award* winner, audiences may know him best for his work with the *Scared Weird Little Guys*. As a solo singer/guitarist, he covers 60s and 70s classic rock and folk and 80s and 90s pop classics as well as current chart material.



ZAZU

Sunday 10 November

Centenary Park

Bignell Road, Bentleigh East

ZAZU presents a colourful and energetic performance of rhythm, movement and song inspired by the party music of Africa, Latin America and the Caribbean. They combine jazz and contemporary music with African drumming and dancing to create a new fusion of uplifting tribal beats and rich, melodic flute and song.



Vardos

Sunday 17 November

Greenmeadows Gardens

(Green Street, St Kilda East) Melway 58 G12

Driven by wild violin playing chased by accordion and double bass, *Vardos* plays gypsy and traditional music learnt during their travels in eastern Europe. Experience the energetic magic that is *Vardos* in one of Glen Eira's most delightful parks.



Wildfire

Sunday 24 November

EE Gunn Reserve

Foch Street, Ormond

Wildfire will play its own brand of up-tempo music from the 20s and 30s as well as the cooler sounds of Miles Davis. Extremely popular at music festivals around the world, *Wildfire* dares you to enjoy jazz as it was originally intended — acoustic, mobile and enjoyable for all ages.



Business workshop — improve your sales potential

Take the time to design and implement a sales strategy

Presenter: Elliot Hayes

In this workshop you will learn how to design a sales strategy tailored to your business that works. You will be surprised how fast and simple it is to implement. Your sales strategy, when properly designed and implemented, can significantly maximise your revenues and increase your bottom line.

Topics covered in this workshop include:

- how to create a sales strategy for your business using a simple one page plan;
- how to effectively test each part of your strategy to see which parts are more profitable;
- how to outsource and automate the management of different parts of your sales strategy;
- how to implement this with your key staff to get them on board;
- using the key metrics to assess what's working (including innovative ways on tracking, that don't require Customer Relationship Management software);
- how to use a sales strategy to increase the overall value of your business; and
- time efficient techniques to get this work done faster.

About the presenter

Elliot Hayes has featured in *Business Review Weekly*, he is a sought after trainer and consultant in productivity, time management, innovation, sales and marketing.

Date: 11 October

Time: 9am arrival for 9.15am start

Where: Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield

Cost: \$30

RSVP: 7 October to Council's Service Centre 9524 3333



Glen Eira Women's Business Network

Brilliant Blogging

Presenter: Sandy McDonald

Learn why blogging is a powerful and simple tool that can benefit your business and take your marketing to the next level.

Brilliant Blogging will deliver insights into the extraordinary opportunities that exist for you online, no matter what your skills are.

This interactive workshop will demonstrate:

- the best way to position your business online;
- how you can build communities and clans through blogging;
- why online research is your business buddy;
- websites that visitors and search engines love;
- why a blog is a serious and valuable business asset;
- how to tell stories your customers (and clans) love to read;
- how to turn your visitors into enthusiastic customers; and
- why aligning your purpose and loyal customers to a common story drives a thriving clan.

Sandy McDonald is the founder of The Clan Makers, WhyYouMustBlog.com

Date: 17 October

Time: 6.30pm arrival for 7pm start

Where: Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield

Cost: \$20

RSVP: 14 October to Council's Service Centre 9524 3333

Dress code: Please wear colour

Upcoming event

Women's business network meeting — grand finale

November 21, 6.30pm

Glen Eira Town Hall

The Plate Spinning Act — for women in business

Multi-talented performer and writer, Jean Kittson is one of Australia's best known and most popular comedians. In this final women's business networking meeting for 2013, Jean will talk about her 'plate spinning' talents — of life as wife, mother, daughter and business woman.

Jean will share her insight and humour regarding the ups and downs, the obstacles, the lucky breaks, the preconceptions and the misconceptions that she encountered on her journey to building her business and her personal brand into a national success.

The BusEd Program — more opportunities for small business to access the skills of tertiary students

Glen Eira City Council's *BusEd Program* is continuing to grow its links with educational institutions and offer opportunities for Glen Eira business owners to participate in student projects to assist their business, whilst providing students with the opportunity to work with a real client.

Since 2002, the *Program* has linked 340 local businesses with tertiary students who have worked with their clients to:

- develop websites and databases;
- compile marketing and business plans;
- analyse business and IT systems to support business growth;
- address business challenges;
- create electronic templates; and
- undertake event management.

Council's *BusEd Program* has established strong ties with Monash University, Swinburne University, Holmesglen Institute of TAFE and William Angliss Institute, and expects the number of available project opportunities for Glen Eira businesses to grow next year.

These projects are part of the students' assessment and run with the academic calendar over one or two semesters. A client project is usually assigned to a small group of students who are supported by their teachers or lecturers.

While the next intake of projects will commence in 2014, expressions of interest for projects are invited at any time.

BusEd Program Co-ordinator Sandy Brouvalis said often business owners are unsure about the types of projects available to support their businesses.

"We facilitate this process by talking them through possible opportunities and the best way to formulate their project scope to maximise their chance of being selected."

"The best project outcomes are achieved when the business has taken the time to research and plan their project scope. The educational institutions ultimately select projects that help the students provide relevant challenges and achieve their learning requirements," Ms Brouvalis said. While there is no cost to participate in the *Program*, the projects are a collaborative effort between client and students, and businesses must be committed and prepared to invest their time to allow for the best possible outcome.

Council's Business Development Unit is seeking expressions of interest from local business owners for 2014 *BusEd* projects. If you have a project idea that you think would benefit your business and you like the idea of helping students gain valuable industry experience, contact Council's *BusEd Program* co-ordinator on 9524 3333.



The make and break of your business

Forming and maintaining winning business relationships

Presenter: Geoff Browne

Small Business Commissioner Geoff Browne has seen first-hand how easy it is for a business relationship to derail, risking high stakes, reputation, money, time and emotional energy.

Be proactive and avoid the pitfalls, learn the seven characteristics to instill in your business practices — to build, strengthen and maintain sustainable business relationships.

A major study of Australian business leaders revealed that the most successful companies (big and small) believe that an integral part of success is their relationship with other businesses.

The business leaders emphasised that successful business-to-business relationships are critical to the ongoing success of a business.

The Office of the Victorian Small Business Commission aims to promote

a competitive and fair operating environment for small and medium businesses in Victoria by:

- helping prevent business disputes;
- resolving business disputes when they do arise — via low cost mediation; and
- investigating unfair market practices.

Date: Monday 14 October

Time: 6.30pm arrival for 7pm start

Where: Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield

Cost: \$30

RSVP: 9 October to Council's Service Centre 9524 3333



Battle of the Bands

On Friday 6 September, Glen Eira City Council Youth Services and the Youth Leadership Team hosted the annual *Battle of the Bands* competition.

This year's *Battle* was the sixth year the event has taken place, providing the opportunity for young musicians to display their talent and play to a live audience.

Seven bands took to the stage on the night, which included:

- *MOSS*;
- *Atticus*;
- *The Temporary*;

- *Crazy Misfits*;
- *The Varieties*;
- *Midriff Explosion*; and
- *Beneath the Lies*.

The night was a great success with more than 150 people attending the event and enjoying the local talent on stage.

The winners on the night were:

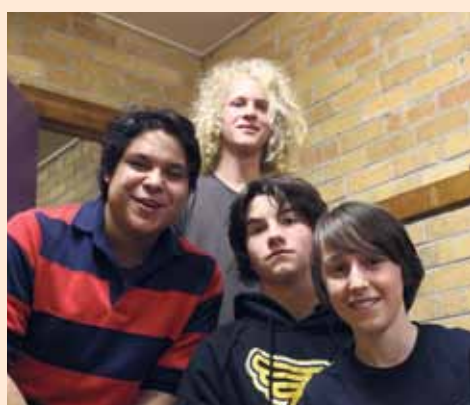
First place — *Beneath the Lies*

Runner-up — *Midriff Explosion*

People's Choice Award — *Moss*



***Beneath the Lies* — Max, Mil, Nick and Anisa.** Photo: Miki Boneh.



***Moss* — Ignacio, Jobey, Asher and Eugene.** Photo: Miki Boneh.



***Midriff Explosion* — Front: Georgia, Hanna and Isabelle. Back: Ernie, Owan and Kyle.** Photo: Miki Boneh.

The Summit Youth Leadership Conference 2013

Glen Eira City Council Youth Services will host its first youth leadership conference — *The Summit* — on Tuesday 22 October.

The Summit aims to inspire and challenge students to think creatively and engage their potential and ability to make a positive difference by being active leaders in their schools and wider communities.

Keynote speaker, local actor, musician and comedian Eddie Perfect will encourage students by sharing their journey, experiences and challenges as leaders in their fields.

Representatives from Young People Without Borders, Conservation Volunteers Australia, Global Poverty Project and the Oaktree Foundation will present as part of the electives designed to help students realise they have a personal role to play in how we develop as a society and that the choices we make in life will make a difference.

Students will not only be able to hear from key influential speakers and take part in electives, but they will also have an opportunity to meet with organisations displaying volunteer opportunities as part of the services expo.

Glen Eira City Council Youth Services is excited to see the potential of student leaders being maximised by providing them an opportunity to hear from inspirational and motivational individuals.

Carers Day Out 2013

Are you a carer in Glen Eira or Port Phillip? Do you provide unpaid care and support to a family member or friend who is an older person, or who has a disability, mental illness or dementia?

You are invited to attend a free *Carers Week* event with activities and a celebratory light lunch on 15 October to acknowledge the valuable contribution made by carers in our community.

Carers will gain information, advice and learn about carer support programs while taking time to relax and unwind with pampering activities, music, guided meditation and much more.

Places are limited and bookings are essential. If you have specific support requirements or if you require assistance with transport or respite, please advise us when you book.

Carers Day Out

Tuesday 15 October

10am–1.30pm

Caulfield Park Pavilion, Balaclava Road, Caulfield (Melway Ref: 59 C12)

Entry opposite Holland Grove, near the tennis courts.

To register:

For further information or to book, contact 9076 6111.

This day of networking, wellbeing and support for carers is funded by *Metro Access* programs at Glen Eira City Council, Port Phillip City Council and the Commonwealth Respite and Carelink Centre Southern Region.



GLEN EIRA CITY COUNCIL

Bentleigh • Bentleigh East • Brighton East
Carnegie • Caulfield • Elsternwick
Gardenvale • Glen Huntly • McKinnon
Murrumbeena • Ormond • St Kilda East

Glen Eira Youth Services Plugged In music program

Plugged In is a music program for young people interested in learning about the recording process. Held in the recording studio at Council's Youth Information Centre, *Plugged In* is facilitated by local sound engineer and musician Tom McEwan who has more than 30 years' experience in the music industry.

"*Plugged In* is an exciting introduction to the music studio world," Tom said.

"it's perfect for young people looking to take the first step in their journey into the exploration of the digital recording process."

Plugged In runs once a week for nine sessions during the school term. Students gain valuable experience and learn how to set-up and run recording sessions. The program is free for young people who live, work or study in the City of Glen Eira.

Limited spaces are available for the term four program. For further information about *Plugged In* or to register your interest for the next program, contact Youth Services on 9524 3676.

Sound engineer Tom (right) helping youths to develop their love of music and learn new skills. Photo: Tanya Fughs.



Sports Club Breakfast

Recreation Services held its annual *Sports Club Breakfast* on 10 September with attendees declaring it a great success. More than 90 Glen Eira sporting club representatives attended the event from a variety of sports including lacrosse, soccer, Australian Rules football, cricket, softball, bowls, tennis and athletics.

Glen Eira Mayor Cr Jamie Hyams opened the breakfast and thanked clubs for attending.

Two guest speakers Regional Co-ordinator, Active After-school Communities, Australian Sports Commission Gavin Mahony and Australian Test Cricketer, Victorian Bushrangers and T20 Melbourne Stars Robert Quiney held the attention of all club members while addressing the value of community sport and praising their commitment to providing sporting opportunities to people of all

abilities throughout the municipality.

Gavin discussed the challenges of engaging children in sport with a focus on the *Active After-school Communities*. The program engages primary school children in fun sporting experiences with the aim of providing positive experiences with sport which may inspire them to join a local sporting club.

Robert spoke about his long and arduous journey to become a national cricketer representing Australia in test cricket. Along the way he has become constant member of the Victorian Bushrangers, Melbourne Stars as well as a number of international domestic teams.

Robert concluded by paying homage to the local sports club; particularly the hard working volunteers who are the driving force behind local sport.



Guest speaker Robert Quiney held the attention of all club members addressing the value of community sport. Photo: Rob Churchus.

The Moorabbin Cricket Club

The Moorabbin Cricket Club will be holding a sportsmen's night on Saturday 12 October to raise funds for Multiple Sclerosis (MS) Australia. Following the recent diagnosis of multiple sclerosis in one of the long-term players at the club, the club has seen first-hand what effect this disease can have on a person. MS affects the central nervous system and can, to varying degrees, interfere with the transmission of nerve impulses throughout the brain, spinal cord and optic nerves. There is an estimated 23,000 Australians currently suffering from MS.

The club initially wanted to raise funds for the player and his young family, however the family has graciously requested that all funds raised be donated to MS Australia, which will assist in funding programs to raise awareness and improve the quality of life for people with MS across the country.

The fundraising night will be hosted by Bruce Eva from 3AW, and will include some special guest speakers. A sports memorabilia auction and a raffle will be held throughout the evening. Tickets are \$40 and can be purchased through the club by emailing moorabbin@club.cricketvictoria.com.au

Junior T20 Cricket in Glen Eira

Cricket Australia is introducing a new format of the game to Glen Eira.

Milo T20 Blast is a new program that has been designed to allow girls and boys (aged seven to 12 years) the opportunity to play modified cricket matches in a T20 atmosphere.

Milo T20 Blast is the perfect progression for boys and girls who have participated in the *MILO in2CRICKET* program, but want to develop their skills further by playing real games before joining traditional junior club cricket.

The program will commence on Saturday 26 October at Koornang Park in Carnegie and run for eight weeks before Christmas and then four weeks in February 2014.

Games start at 9am and finish at 10.30am.

For further information, visit <http://www.t20blast.com.au/> or contact Chris Gorrie on 0449 774 685. If you are not already involved with a club, you can also visit <http://www.playcricket.com.au/> and register your intention to participate in the Carnegie *T20 Blast Program*.

SATURDAY 26TH OCTOBER 2013

MIDDAY UNTIL 9PM

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