



gleneiranews

Australia Day Breakfast Awards

Glen Eira Mayor Cr Jim Magee led Australia Day celebrations at a special breakfast at Town Hall on Friday 23 January.

Cr Magee presented Glen Eira City Council's annual *Citizen and Young Citizen of the Year* and *Community Group of the Year Awards*.

Guest speaker at the breakfast was Victorian Auditor-General John Doyle.

Cr Magee said the Awards are important for the Glen Eira community.

"These Awards recognise the contributions of some of the outstanding residents and community groups we have amongst us who, through hard work, dedication and commitment make a real difference to the Glen Eira community," Cr Magee said.

Twenty four individuals and community groups were nominated for the Awards.

"This number of nominations shows how fortunate we are to have so many giving and committed people and groups in Glen Eira who support our community," Cr Magee said."

Citizen of the Year

Members of the Moorabbin Hospital Ladies Auxiliary have lost count of the number of hours that *Citizen of the Year* Marjorie Lochhead has contributed. A well-respected and valued member of the Glen Eira community, 86-year-old

Marjorie is a founding member of the Auxiliary. For the past 39 years, the current Treasurer has not only helped raise much-needed funds for the hospital, but she has volunteered weekly in the hospital canteen and helped run the monthly trading tables. When her children were at primary and secondary school, Marjorie volunteered in the school canteen and was also an active member of her local scouts group and South Oakleigh Calisthenics.

Finalists in this category were Sue Foley and Stella Kralaglov.

Young Citizen of the Year

Former Kilvington Grammar School student and *Young Citizen of the Year* Emma Casey completed Year 12 last year where she excelled in all her subjects. The 19-year-old, who also studied Australian History/Politics as part of the *Monash Extension* program, is an outstanding role model and public speaker. Emma is an inspiration to all those around her, and her participation and experience in arts and culture is extensive. Outside of school, Emma has taught Grade 2 students to play the piano and ran beginners music theory classes. She is also a member of *Young Voices of Melbourne* and *Gondwana Choirs*.

Elizabeth Baker was the finalist in this category.

Community Group of the Year

Community Group of the Year Murrumbeena Playgroup started out as a morning tea gathering in 1974. Forty years on, the playgroup has developed into a warm and friendly environment for preschool aged children to play, learn, interact and develop. Murrumbeena Playgroup currently offers four sessions a week (February to December) to almost 60 families. The playgroup is run by a committee of volunteer parents who have dedicated their time and effort into ensuring the playgroup fosters a welcoming environment for both parents and children. Both indoor and outdoor play is offered and several incursions are also held throughout the year.

B'nai B'rith Victoria was the finalist in this category.

Cover image: Deputy Mayor Cr Mary Delahunty, Young Citizen of the Year Emma Casey, Community Group of the Year recipients from Murrumbeena Playgroup Incorporated, Citizen of the Year Marjorie Lochhead and Glen Eira Mayor Cr Jim Magee. Photo: Robert Churchus Photography.

NEWS

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Poppies Community Project

Motorists urged to slow
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Swimming pool safety:
don't let your guard down
this summer

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Supporting families



Mayor's column

Welcome to the first edition of *Glen Eira News* for 2015. I hope your holiday season was safe and enjoyable.

With a month of summer still left, I would like to take this opportunity to remind residents to keep cool and hydrated and look out for your family, friends and neighbours — and four-legged friends too.

If you would like information and tips on how to beat the heat, contact Council's Public Health and Community Development Unit on 9524 3333.

Council held its annual *Australia Day Breakfast* on Friday 23 January. I had the pleasure of presenting the *Citizen of the Year*, *Young Citizen of the Year* and *Community Group of the Year Awards*. Congratulations to the winners and all the nominees for your outstanding contribution.

Council's first citizenship ceremony for the year was held on Australia Day. I had the privilege of presenting certificates to some of Glen Eira's newest residents. I wish you all the very best for the future as you join the great Australian family.

Council's *Party in the Park* series continues this month. Come and enjoy a day of free entertainment on Sunday 15 February from 10am to 4pm at Princes Park, Caulfield South. The final *Party in the Park* event for 2015 will be held on Sunday 15 March from 10am to 4pm at Allnutt Park, McKinnon.

The event will also include the *Glen Eira Pet Expo* and the popular *Pet Parade*. For further information, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

Cr Jim Magee
Mayor



Glen Eira remembers: Poppies Community Project

Between 2014 and 2018, Australia will commemorate the Anzac Centenary, marking 100 years since our nation's involvement in the First World War.

To honour those who served, and those who made the supreme sacrifice, Glen Eira City Council will host the *Poppies Community Project*.

To mark this special occasion, Council is inviting the community to join in this tribute by creating poppies.

Poppies can be knitted, crocheted, felted or crafted and will be presented as part of a commemorative Anzac Centenary display between 8 April and 17 May. The display will be located in the Gallery Annexe at Glen Eira Town Hall.

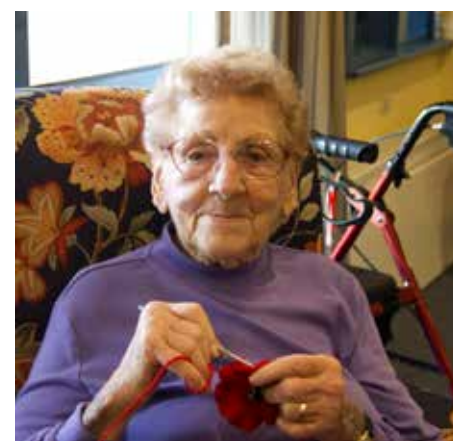
There will be five designated *Poppies Community Project* drop-off points across Glen Eira where you can deliver your poppies. They will be based at:

- Glen Eira Town Hall: Service Centre, corner Glen Eira and Hawthorn Roads, Caulfield;
- Bentleigh Library: 161 Jasper Road, Bentleigh;
- Carnegie Library: 7 Shepparson Avenue, Carnegie;
- Caulfield Library: Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield; and

- Elsternwick Library: 4 Staniland Grove, Elsternwick.

If you would like to get involved, please drop-off your poppies by Sunday 15 March.

For further information, contact Council's Service Centre on 9524 3333.



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Telephone: 03 9524 3333

National Relay Service: A phone solution for people who are deaf or have a hearing or speech-impairment, TTY dial 13 36 77 or Speak and Listen 1300 555 727 or www.iprelay.com.au then enter 03 9524 3333

Facsimile: 03 9523 0339

Email: mail@gleneira.vic.gov.au

www.gleneira.vic.gov.au

DEADLINES

The deadline for the April 2015 edition of *Glen Eira News* is Wednesday 25 February for delivery 23 to 27 March (weather permitting). For advertising and *Community Diary* enquiries, contact 9524 3333 or email editor@gleneira.vic.gov.au

To submit editorial material write to: Glen Eira News, PO Box 42, Caulfield South VIC 3162 or email: editor@gleneira.vic.gov.au

Disclaimer

The information in this publication is of a general nature. The articles contained herein are not intended to provide a complete discussion on each subject and/or issues canvassed. Glen Eira City Council does not accept any liability for any statements or any opinion or for any errors or omissions contained herein.

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Detox your Home at Cheltenham's free household chemical collection

Do you need to dispose of unwanted household chemicals? You can reduce the risk of poisoning, environmental pollution and bushfire hazards, as well as improve recycling rates, by dropping off unwanted chemicals at Cheltenham's *Detox your Home* mobile collection.

Detox your Home is a safe, free and easy-to-use service to dispose of common household chemicals without harming your health or the environment.

For a full list of accepted items, visit www.sustainability.vic.gov.au/detoxyourhome

Please note: the list of accepted items has recently changed. The collected items are recycled for recovery and diverted from landfill.

When: Sunday 15 March
Time: 8am to 4pm
Where: Cheltenham — site address provided upon registration

What you need to do

Register online at www.sustainability.vic.gov.au/detoxmobile or contact 1800 353 233 and then turn up on the day with your unwanted items.

Registration is required to manage traffic flow and avoid queues on the day, allowing you to get in and out quickly.

Paint and other common products

Paint, household batteries, fluorescent

tubes and compact fluorescent lamps will not be collected. These items can be disposed of throughout the year at a permanent Victorian drop-off site. The collected items are recycled for recovery and diverted from landfill.

There is a nearby Victorian drop-off site at the Monash Waste Transfer and Recycling Station in Notting Hill. A new site is opening in Cheltenham soon.

For a full list of permanent Victorian drop-off sites or to find out more about *Detox your Home*, visit www.sustainability.vic.gov.au/detoxyourhome or contact Glen Eira City Council on 9524 3333.

Detox your Home is a free service for all Victorian householders. It is administered by Sustainability Victoria in partnership with local councils and funded by the Victorian landfill levy.



Cleaning up after your dog

It is your responsibility to clean up after your dog at all times. You can do this by using a bag, pooper scooper or Glen Eira POOch pouch. Please don't inconvenience others by leaving your dog droppings behind.

Glen Eira City Council's Manager Civic Compliance John Bordignon said it was up to pet owners to do the right thing and dispose of dog waste.

"It is simply part and parcel of responsible dog ownership," Mr Bordignon said.

"Council has tried to make it as easy as possible for local pet owners to clean up after their pets.

"Plastic bag dispensers are available in many of Council's parks and reserves and officers also carry and distribute plastic bags."

It is recommended that you always take a bag with you whenever you exercise your dog, in case there is no dispenser handy.



Community column

Speaking up for our City

New 40km/p speed limits

VicRoads has approved Glen Eira City Council's applications to reduce the speed limit to 40km/h at the following locations:

- Sir John Monash Drive, Caulfield East (between Derby Road and Queens Avenue);
- Gardenvale Road, Gardenvale (between Nepean Highway and Begonia Road); and
- Neerim and Booran Roads, Caulfield (near Glen Eira Secondary College).

GESAC receives Platinum Pool Award

Glen Eira Sports and Aquatic Centre (GESAC) has been awarded Life Saving Victoria's prized *Platinum Pool Award*. GESAC is the first Victorian aquatic facility to achieve this honour since the demanding revised assessment commenced. *Platinum Pool* status is awarded only to facilities providing outstanding levels of safety at an aquatic facility. To achieve the award, GESAC went through a rigorous series of assessments, mystery guest visits and adherence to the *Watch Around Water* supervision program.

Engaging our community

Community Environment Forum 2015

In 2015, Glen Eira City Council will review its *Environmental Sustainability Strategy*. As part of its consultation activities, Council is planning a *Community Environment Forum* in April to receive feedback and contributions from the community. Further details will be provided in upcoming editions of *Glen Eira News*.

Motorists urged to slow down around schools

Safety is of paramount importance to Glen Eira City Council, especially where children are concerned.

With the 2015 school year underway, motorists are reminded to comply with speed limits, parking and stopping laws in the vicinity of schools, or risk facing a hefty fine.

Council's Manager Parking and Prosecutions Andrew Williams said a zero tolerance approach would be adopted — particularly where safety was compromised.

"Council's traffic safety officers, in conjunction with Victoria Police, will be

monitoring all school crossings and streets near schools and will not hesitate to issue a fine if a motorist is doing the wrong thing," Mr Williams said.

"With an increased amount of both pedestrian and vehicle traffic expected, it is vital for all motorists to ensure they are not putting children's safety at risk."

Mr Williams said it was unlawful to double-park, stop in a no stopping area, stop within 20 metres of a school crossing or stop within 10 metres of an intersection.

"Parents are also reminded that the timed zones near schools are for everybody's benefit, particularly when it comes to dropping off and picking up children," Mr Williams said.

"If you need to walk your child into school, and you may be longer than the time allowed on the sign, parents are advised to park elsewhere to avoid receiving an infringement notice."

The 40km/ph speed limit applies from 8am to 9.30am and 2.30pm to 4pm on school days at most schools, but it's important to check your local school zone times.



Preventing dog attacks — safety around dogs

Keep up-to-date
with Council's
latest news and
events!

visit www.gleneira.vic.gov.au

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**Social Support
volunteers required**

The Social Support and Monitoring Service provides a valuable community service to isolated older people and people with a disability living independently within the Glen Eira community. Volunteer roles include assisting with shopping; transport and escort to appointments; and friendly visiting. A car is essential and five years driving experience is required.

If you have a few hours to spare and enjoy the company of others, contact Co-ordinator Sandra Tauber on 9571 8622 or email stauber@gleneira.vic.gov.au

Bentleigh Bentleigh East Brighton East
Carnegie Caulfield Elsternwick Gardenvale
Glen Huntly McKinnon Murrumbeena
Ormond St Kilda East

Dog attacks are a terrifying and unpleasant experience that can easily be prevented if the right measures are taken.

Dog owners — how to prevent dog attacks in the community

- Confining dogs to the property would prevent 80 per cent of dog attacks in public places.
- Your yard must have a closed gate, escape-proof fencing and visitors must have safe access to the front door.
- All dogs can be territorial. Most dog attacks in public occur on the footpath or road in front of the dog's

property.

- You can be fined if your dog isn't securely confined or if it rushes at or attacks a person or animal.

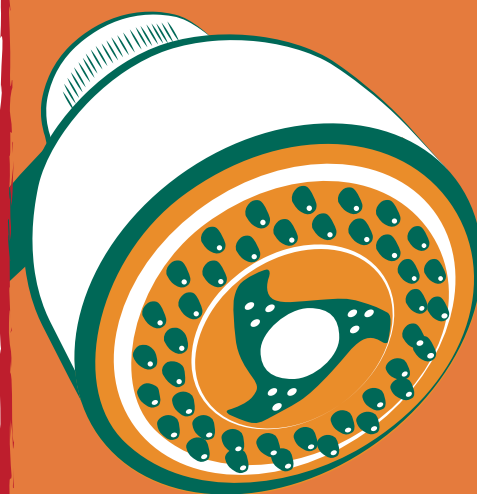
Know what to do if approached by an aggressive dog

While it is the responsibility of dog owners to ensure their dogs are safe and able to be managed off-leash, community members especially parents with young children also need to be responsible when utilising parks and facilities.

If you are approached by an aggressive dog:

- stay quiet — try not to make any noise;
- avoid eye contact with the dog — look at the ground; and
- once the dog has lost interest, slowly back away.

If residents or their pets are bitten, attacked, rushed at or chased by a dog, or they witness an attack, they should report the matter immediately to Glen Eira City Council's Service Centre on 9524 3333.



Save money on power bills by installing a FREE water efficient showerhead.

To see if you are eligible to receive this free Council service, contact Energy Makeovers on 1300 788 776 or visit www.energymakeovers.com.au/energy-savers-glen-eira/

Council has contracted with Energy Makeovers to provide the services. All dealings with Energy Makeovers will be confidential and Energy Makeovers will abide by the same privacy obligations that Council has in relation to the information provided to them by residents who use the service.



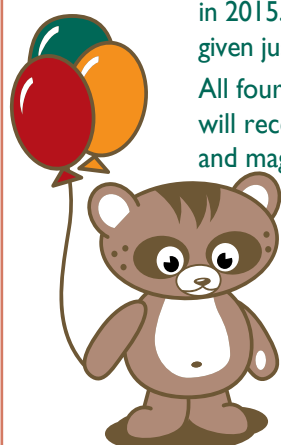
GLEN EIRA
CITY COUNCIL

Special four-year-old immunisation sessions 2015

Glen Eira City Council's Immunisation Service is offering immunisation sessions for four-year-old children in 2015. These immunisations are recommended to be given just prior to a child's fourth birthday.

All four-year-old children receiving their immunisation will receive a free show bag. Face painting, balloons and magic tricks will keep the kids entertained.

Parents please note: the Australian Childhood Immunisation Register recommends that all childhood vaccinations are completed by four years and one month. If your child is not vaccinated by this recommended age, they will be considered overdue and you will receive reminder letters from Council.



**Saturday 7 February
9.30am–11.30am**

Bentleigh-Bayside Community
Health Centre
Gardeners Roads
Bentleigh East

**Wednesday 4 March
4pm–6pm**

Carnegie Library and
Community Centre
7 Shepparson Avenue
Carnegie

**Saturday 11 April
9.30am–11.30am**

Bentleigh-Bayside Community
Health Centre
Gardeners Roads
Bentleigh East



Glen Eira City Council

Bentleigh Bentleigh East Brighton East Carnegie Caulfield Elsternwick Gardenvale Glen Huntly McKinnon Murrumbeena Ormond St Kilda East

Swimming pool safety: don't let your guard down this summer

Glen Eira City Council reminds residents not to let their guard down when it comes to swimming pool safety.

Whether it is in the heat of summer or the cooler temperatures of winter, pools and spas can pose a great danger to children.

Council's Manager Civic Compliance John Bordignon said residents need to understand the potential risks around pools and spas at all times of the year. Residents also need to ensure that appropriate safety barriers, which comply with Australian Standards, are in place to prevent drowning or near drowning incidents.

"Maintenance of the pool or spa safety barriers is important and should not be overlooked," Mr Bordignon said.

Statistical evidence shows that the most

common cause of death for children less than five years of age is drowning.

Now is the time to make sure your swimming pool and surrounding areas are compliant and safe.

You must ensure that:

- correct safety measures, which comply with Australian Standards, are fitted to pool fences, gates, doors and windows such as self-closers, latches, fly screens, catches and bolts. These should be maintained regularly;
- tree branches, pot plants or other items that could be used to climb safety barriers to gain access to the pool/spa area are removed. Chairs, boxes, pool pumps, dog kennels, children's play equipment or other items should also be removed;
- neighbouring properties offer no access points to the pool/spa area;
- fences (especially timber paling fences) are still in good repair;
- all safety barriers, such as gates and doors, are not left or propped open; and
- an adult is supervising children at all times. If the supervising adult leaves the pool/spa area, all children should leave with the adult.

For further information, visit www.watersafety.vic.gov.au or contact Council's Service Centre on 9524 3333.

Dizziness and vertigo: understanding symptoms, latest research, and medical treatment

Do you or someone you know suffer from dizziness or vertigo?

Glen Eira City Council, in partnership with the Temporal Bone Donor Society Inc., will present a free forum, highlighting treatment for dizziness and vertigo, as well as how residents can improve their health and wellbeing.

Dizziness (or unsteadiness) can be associated with vertigo (spinning sensation), nausea, vision problems, tinnitus (ringing/other noise in the ears), fatigue, hearing loss and falls. Symptoms of dizziness include feeling like you're on a boat, feeling dizzy when tipping your head back and having to lie down due to feeling very dizzy.

Symptoms of vertigo include feeling like the room is spinning, feeling like things are moving when they are still, and feeling like you are falling/moving when still.

Neurologist and Neuro-Otologist, Head of Balance Disorders and Ataxia Service at the Royal Victorian Eye and Ear Hospital, Co-Director Australian Temporal Bone Bank Dr David Szmulewicz, will speak about symptoms of dizziness and vertigo, latest research and world leading treatment for balance disorders at the Eye and Ear Hospital.

Tuesday 24 February
Caulfield Park Pavilion
Balaclava Road, Caulfield
7.30pm to 9pm



Heatwave safety

Rising temperatures and more common extreme weather circumstances mean that heatwaves have become a part of life in Australia.

There are some people who are more at risk from heat-related illness:

- People aged over 65, particularly those living alone without air conditioning.
- Women who are pregnant, breastfeeding mothers and infants.
- People who are overweight or obese.
- People with pre-existing health conditions.
- People with limited or poor mobility.
- People taking medications that may interfere with the body's ability to regulate temperature.

Preparing for a heatwave

- Visit your doctor and make sure any pre-existing medical conditions are being managed well.
- Stock up on food, water and medicines so you don't have to go

out in the heat.

- Check your fan or air conditioner work well and have them serviced if required.
- Look at the things you can do to make your home cooler, such as installing awnings, shade cloth or external blinds on the sun facing sides of the house.

Look out for others

- Take care of yourself and look out for family, friends and neighbours who may need support coping in the heat. Help them to prepare their house for the hottest part of summer.
- Have a list of family and close friends' telephone numbers by your phone in case of an emergency.

If you become unwell:

- stop any activity and sit quietly in a cool place;
- drink cold water to cool your body down;
- wet the skin with cool water or with

wet cloths;

- seek medical advice, contact your Local GP or Nurse on Call 1300 606 024; and
- ring an ambulance if you continue to feel unwell.

For further information or for a copy of Glen Eira City Council's heatwave safety flyers, contact Council's Community Development Team on 9524 3333.





Fostering sustainability

Glen Eira City Council will host the following free community presentations:

Composting and bokashi bins

Wednesday 18 February, 7pm to 9pm
Glen Eira Town Hall — Theatre
Corner Glen Eira and Hawthorn Roads,
Caulfield

Presented by: My Green Garden

Making your own garden compost is easier than you think. With simple tools, you can recycle most organic household and garden waste and enrich your garden's soil at the same time.

Come along and learn:

- how to make good compost — faster;
- how to reduce your carbon footprint;
- what can and can't be composted;
- different ways to recycle kitchen waste; and
- how to make 'black gold' for your garden.

Ethical investments

Thursday 19 February, 7pm to 9pm
Carnegie Library — first floor,
Boyd Room
7 Shepparson Avenue, Carnegie

Presented by: Ethical Investment Services

Your super fund takes care of your pension by investing in a diverse range of companies. Did you know that could include tobacco, old growth logging, gambling, weapons manufacturing, coal, and coal seam gas extraction? Find out whether your investments align with your ethics and how to make a change.

Come and discover:

- what are ethical investments;
- the risks to investors of ignoring ethics and sustainability; and
- how to align your investments with your values.



Keeping your home comfortable all-year-round

Tuesday 24 February, 7pm to 9pm
Carnegie Library — first floor,
Boyd Room
7 Shepparson Avenue, Carnegie

Presented by: Alternative Technology Association

Whether you are building a home, renovating or simply tweaking stuff around the house, there are easy and quick ways to make your home cheaper to run, healthier and more comfortable to live in.

This presentation will give you:

- principles of sustainable house design and working with our climate;
- tips on how to convert an old draught/dark house to a comfortable new, low cost family home;
- tips on how to garden sustainably; and
- simple ways to get the best bang for your buck when making your house more sustainable.

What is green cleaning?

Wednesday 4 March, 7pm to 9pm
Caulfield South Primary School
Bundeera Road, Caulfield South

Presented by: Miriam Baxt from South East Suburbs Permaculture Group, in conjunction with Caulfield South Primary School

Reduce the chemical load on your body and the environment with green cleaning.

Come and discover:

- health and safety for you, your family and the environment;
- greenwashing — are we being taken to the cleaners;
- how not to compromise on quality when going green; and
- how easy green cleaning can be.

For further information and to RSVP, contact Council's sustainability education officer on 9524 3333, email sustainability@gleneira.vic.gov.au or book online at www.gleneira.vic.gov.au/Community/Environment



Mobility maps

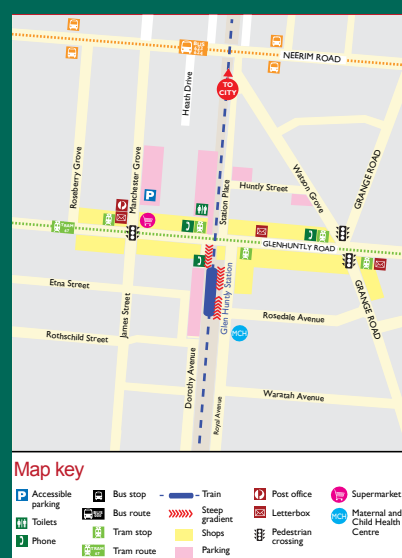
Glen Eira City Council has recently updated the Glen Eira shopping centre mobility maps.

The set of nine maps covers the areas of Bentleigh; Bentleigh East; Carnegie; Caulfield East; Elsternwick; Glen Huntly; McKinnon; Murrumbeena; and Ormond.

Each map includes information that can assist people with disabilities or mobility impairments to navigate local shopping areas, such as the location of accessible toilets and parking bays, bus stops and route numbers, post offices, taxi ranks and more.

The maps are available from Council's website at www.gleneira.vic.gov.au

If you would like a printed copy of any of the maps, contact Council's Metro Access officer on 9524 3333 or email metroaccess@gleneira.vic.gov.au



Overhanging branches

Glen Eira City Council would like to remind property owners that they are responsible for keeping trees and shrubs under control and trimmed to ensure pedestrian safety and clear sightlines for drivers.

Trees must be trimmed to a height of three metres above the ground at least and vertically in line with the property boundary. Shrubs must not protrude beyond the fence line or encroach onto the footpath.

If Council sends you a notice requesting that trees or shrubs be trimmed, the work must be completed within 14 days.

The property owner is responsible for pruning any overhanging vegetation, however, Council offers a free mulching service (subject to

terms and conditions) to dispose of the vegetation. Arrangements can also be made for an authorised contractor to prune and remove the vegetation by completing an application form from Council's website at www.gleneira.vic.gov.au

For further information, contact Council's Service Centre on 9524 3333.



News in brief

Recognise your volunteers

Nominations for the 2015 Glen Eira City Council *Volunteer Recognition Program* will open Monday 2 February.

Not-for-profit community based organisations are invited to nominate volunteers in one of the six categories; 500, 1,000 or 2,000 hours of service or for one of the special awards which recognise either 10, 20 or 30 years of continuous voluntary service.

Award recipients will be announced during *National Volunteers Week* in May at an awards ceremony.

Nominations close on Friday 13 March.

Further information and nomination forms are available from Council's Service Centre or from www.gleneira.vic.gov.au

Carers' Fitness Program

Glen Eira City Council, in partnership with Caulfield Recreation Centre, is running a *Fitness Program* for unpaid carers of people with a disability. Held weekly at Caulfield Recreation Centre, the *Program* incorporates Pilates, circuit training and yoga.

The *Carers' Fitness Program* aims to encourage carers to set aside time each week to focus on their own health and wellbeing. Importantly, the session also provides carers with a chance to connect with others who can relate to and understand the complexities of being a carer.

The *Program* will run for eight weeks from Wednesday 4 February to Wednesday 25 March from 11.15am to 12.15pm. Cost is \$5 per session or \$30 for the eight week block. For further information or to enrol, contact YMCA on 9519 7500.

Looking after yourself as a parent: work/life balance

Thursday 12 February, 7.30pm to 9.30pm
Glen Eira Town Hall Theatre, corner Glen Eira and Hawthorn Roads, Caulfield
Cost: \$8 per person
Presenter: Kathy Walker

To book, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

Children's centre open morning

Wednesday 18 February
9.30am to 10.30am
Carnegie, Caulfield and Murrumbeena Children's Centres

Legal matters for older fellas

Glen Eira City Council will host a free forum for men over 55 on Wednesday 18 February from 10am to 12pm.

To be held at Caulfield Park Pavilion, Balaclava Road, Caulfield, former Sydney Swans player, barrister and AFL Tribunal and Anti-Doping Tribunal member Wayne Henwood will be the special guest speaker.

There will also be a presentation from Seniors Rights Victoria and Peninsula Legal Services about Enduring Powers of Attorney; wills; and money, ageing and family.

Attendees will receive a free kit on Enduring Powers of Attorney.

Lawyers will be available to answer any questions.

Bookings are essential. Contact Council's Service Centre on 9524 3333.

Footpath permit renewals now due

Glen Eira City Council would like to remind traders that their footpath permit renewals are now due.

A permit is required for the placing of advertising signs, goods, tables, chairs, windbreaks or associated furniture on footpaths.

For further information, contact Council's Service Centre on 9524 3333



Cleaning out your house? Book a hard rubbish collection

Each household is entitled to up to three, free hard rubbish collections each financial year. Residents can make a booking by contacting Glen Eira City Council on 9524 3333 or online at www.gleneira.vic.gov.au

Leaving hard rubbish on the nature strip without booking a collection is considered dumping, is illegal and can attract a fine.

out and about



Australia Day Breakfast — Victorian Auditor-General John Doyle, Glen Eira City Council CEO Andrew Newton, Glen Eira Mayor Cr Jim Magee and CEO IBAC Alistair Maclean.

Photo: Robert Churchus Photography.



Carols in the Park — Cr Oscar Lobo; Cr Margaret Esakoff; Cr Michael Lipshutz; Cr Jamie Hyams; Deputy Mayor Cr Mary Delahunty; Cr Neil Pilling; Glen Eira Mayor Cr Jim Magee and Cr Karina Okotel.

Photo: Robert Churchus Photography.



Supporting children of all-abilities

Glen Eira City Council's children's centres are committed to providing an inclusive program that meets the needs of all children.

The flexible curriculum allows each centre to work with individual families in developing a program to support their child.

Caulfield Children's Centre Team Leader Nicole Brunhierl told *Glen Eira News* families are invited to come and meet the educators and tour the Centre prior to their child commencing.

"As part of this visit, we have an informal discussion about their child's goals, what they are interested in and any challenges," Ms Brunhierl said.

"Families are also encouraged to share information about family interests, values and experiences and things that are important to the family, for example, family photos or a favourite book or song.

"For those who wish to meet in a

more formal setting, perhaps to discuss specific learning goals and opportunities, extra meeting times can also be arranged."

To ensure the Centre is providing the best service possible, educators work in conjunction with other inclusion support agencies.

"Whenever possible, we liaise with the families' therapists, specialist teachers and other support services to incorporate strategies and learning opportunities into our environment," Ms Brunhierl said.

"Educators also have access to many training opportunities to further support children with additional needs."

Inclusive and supportive

Glen Eira resident Simon said the strong commitment to children is one of the reasons why he decided to enrol his two children at Caulfield Children's Centre.

Both of his children have Autism Spectrum Disorder (ASD). They are high

functioning with their autism expressing itself most obviously as a developmental communication delay.

"Expressive language is very difficult for them, which has a knock-on effect on their ability to engage with others," Simon said.

"Child care was pivotal in helping determine that there was something amiss with my oldest child's development — though at the time we were uncertain if it was his hearing or behavioural."

Simon said the Centre has been inclusive, supportive and collaborative and his family has always felt very welcome.

"Everyone has been very supportive of both of my children," Simon said.

"My youngest currently has what we call a Comms Book. This is where we jot down what he is working on with his speech pathologist and what he is enjoying at home — or not.

"The educators have contributed to this book with some key observations regarding his language development, sensory behaviours and interaction with other children."

Simon said Caulfield Children's Centre has helped his family work through the complexities that go hand-in-hand with ASD.

"Exposure to other children is critical for my children's development and the educators have been nothing short of extraordinary in the facilitation of this," Simon said.

If you would like to enrol your child at any of Council's three children's centres, visit www.gleneira.vic.gov.au

Children left unattended in cars

Leaving children unattended in a car, even for a short period of time, can be fatal.

Between 1 September 2013 and 31 August 2014, Ambulance Victoria paramedics rescued 1,165 children who had been left unattended in cars. Figures from Ambulance Victoria reveal that:

- two thirds of call outs for children locked in cars were to car parks, streets or public places;
- the summer months (December 2013 to March 2014) were the busiest period with an average of four call outs to a child left unattended in a car per day; and
- 42 per cent of incidents occurred between 11am and 3pm. (Ambulance Victoria, November 2014).

Glen Eira City Council urges parents to be responsible this summer.

Children are particularly at risk because they can lose fluid quickly, become dehydrated and suffer from heatstroke, which can be life threatening.

What can you do if you see a child alone in a car?

If you notice that a child has been left unattended in a vehicle, contact Triple Zero and ask for the Fire Brigade.

Give your location, the vehicle registration number, the approximate age of the child and the condition of the child.

If the car is unlocked, open the doors and shield windows with a blanket and wait for emergency services, or safely try to remove the child from the vehicle if you are concerned about the child's condition, as every second counts.

For further information, visit www.kidsafevic.com.au



Four-year-old kindergarten enrolments now available online

Glen Eira City Council operates a central enrolment system for 13 community based kindergartens within the municipality.

Online enrolment for 2015 and 2016 is now available.

Parents wanting their child to attend four-year-old kindergarten in 2017 are reminded that enrolments open on the first Monday in May 2015.

Children whose birth dates fall between 1 May 2012 and 30 April 2013 are eligible to attend kindergarten in 2017.

For further information and to register, visit www.gleneira.vic.gov.au There is a non-refundable enrolment fee of \$20 per child.



Maternal and child health — did you know?

Did you know that at 12 months, children like music, dance and being outdoors?

The 12 month Maternal and Child Health visit provides a great opportunity to learn more about what your child is doing, how they are growing and how you can help them continue to grow and learn.

Facebook

Feedback from families in the Maternal and Child Health annual survey included wanting to know more about services and activities for families in Glen Eira.

Like us on Facebook to find out what is happening each week.

www.facebook.com/GlenEiraMaternalandChildHealth

Changes to open sessions

Open sessions are provided at each of the Maternal and Child Health Centres on a weekly basis for a brief consultation

with a Maternal and Child Health Nurse. No appointment is required.

In 2015, we are changing the open session times to ensure there is one available for families to access on every day of the week across the municipality.



2015 Family Calendar

Glen Eira City Council's 2015 Family Calendar is now available.

Sixteen sessions for parents/guardians of children from birth to 12 years will be presented in 2015 and will include information on:

- behaviour guidance;
- starting school well;
- cyber safety;
- nature and sustainability;
- resilience and self-esteem for children;
- bullying; and
- work/life balance — looking after yourself.

The selected presenters are recognised within the early childhood field and have a variety of expertise ranging from early childhood

university lecturers, published authors to early childhood education consultants.

Council's Director Community Services Peter Jones said the opportunity for parents to attend information sessions relevant to their child's development, aims to give all children the best possible start in life.

The 2015 Family Calendar is available from Council's Service Centre or online at www.gleneira.vic.gov.au



Family Day Care joins the Healthy Together Achievement Program

Glen Eira Family Day Care is an active participant of the *Achievement Program*, which is part of *Healthy Together Victoria* — an initiative to improve people's health where they live, learn, work and play.

The Family Day Care Service has been working towards meeting the benchmarks of six health priority areas which are:

- healthy eating and oral health;
- physical activity;
- sun protection;
- tobacco control;
- mental health and wellbeing; and
- providing a safe environment wherever children are.

The program supports a team approach to promote the health and wellbeing of children, families, educators and staff members by establishing a committee and building community networks to sustain the longevity of the program.

Sharing healthy food options,

encouraging ongoing physical activity and providing learning opportunities and experiences enable children to gain knowledge and skills they will have for life. The concept of health and wellbeing is simple, but with more modern technology now embedded in our day-to-day routines, we aren't as active as we used to be and the results are evident.

Healthy Together Victoria is jointly funded by the State Government of Victoria and the Australian Government.

For further information, visit www.achievementprogram.healthytogether.vic.gov.au/contact-us



The Carnegie Occasional Care Centre

Taking bookings now!

Short-term and affordable care options for children aged from six months to five years.

Qualified early childhood educators provide a range of age appropriate learning and play experiences.

Available Wednesday and Thursday 9.30am to 12.30pm during school terms. Permanent and casual places available.

Located in the Carnegie Children's Multi-purpose Centre next to Carnegie Library in a safe, secure and caring environment.



To make a casual booking, contact 9524 3333. For term bookings and enquiries, contact 9572 5128.



Community Diary

Please note: due to high volume of submissions we receive, entries must be submitted monthly. Only submissions received each month will be published. For a list of deadlines, email: sbrown@gleneira.vic.gov.au

MEETINGS AND CLUBS

Bentleigh Bayside Parkinson's

Support Group meets on the fourth Monday of every month from 1.30pm to 3.30pm at Bentleigh-Bayside Community Health, Gardeners Road, Bentleigh East. Contact: 9581 8700.

Bentleigh Calisthenics Club, 297

Centre Road, Bentleigh are now accepting new enrolments in 2015 for all sections, ages three years to 26 years plus. No previous experience required. Contact: www.bentleighcalisthenics.com

Bentleigh Combined Probus Club Inc.

meets on the second Thursday of every month at 10.30am at Bentleigh RSL, 538 Centre Road, Bentleigh. Contact: 9579 5506.

Bentleigh Over 50s run a number of activities, including table tennis, new vogue and old time dancing, line dancing, square dancing, scrabble, cards and a lots more. Contact: 9557 5739.

Caulfield Garden Club Inc meets on the first Tuesday of every month from February and the second Tuesday in November from 8pm at 567 Glenhuntly Road, Elsternwick. Contact: 9532 7848.

Centre Bentleigh Garden Club meets on the first Tuesday of every month at 1.30pm at the YWCA Hall, 178 East Boundary Road, Bentleigh East. All welcome. Contact: 9570 7045.

Glen Eira Brass Band rehearses every Wednesday from 7.30pm at the back of the Caulfield Park Bowls Club. If you can play a brass instrument or would like to learn, then come along. All ages welcome. Contact: 0408 354 398.

Glen Eira Combined Probus Club meets on the fourth Friday of every month from 10am to 12pm at The Bentleigh Club, Yawla Street, Bentleigh. All welcome. Contact: 9583 4822.

Elsternwick Toastmasters Club meets on the second and fourth Thursday of every month from 7pm to 9pm at Caulfield RSL, 4 St Georges Road, Elsternwick. All welcome. Contact: 0450 100 655.

Murrumbeena Park Bowls Club, 26-28 Gerald Street, Murrumbeena

welcomes people of all ages to join them on Friday nights from 5.30pm for barefoot bowls. No charge. Contact: 9569 6718.

Ormond Angling Club Inc. meets on the first and third Wednesday of every month from 8pm at 462 North Road, Ormond. Contact: 0407 800 719.

Ormond Tennis Club, Foch Street, Ormond welcomes new players to join Wednesday night social tennis from 7pm. Non-members: \$10. Light supper provided. Contact: 0408 131 479.

Phoenix Park All Ability Table Tennis Group meets every Monday and Thursday during the school term from 5.30pm to 7pm. Coaching by Zvi Schweitzer and David Segal. Contact: 0412 804 036.

Phoenix Park Community Table Tennis Club operates on Mondays and Thursdays. Seniors: 9am to 1pm. Juniors: (all ages and abilities) 5.30pm to 10.30pm. Junior coaching held on Mondays and Thursdays from 5pm to 7pm with Paul Bronstein and David Segal. Contact: 0412 804 036.

Probus Club of Bentleigh meets on the second Thursday of every month at 10.30am at Bentleigh RSL, 538 Centre Road, Bentleigh. Contact: 9579 5506.

Sandbelt Ladies Probus Club meets on the first Monday of every month from 10am at Bentleigh RSL, 538 Centre Road, Bentleigh. All welcome. Contact: 9570 6766.

EVENTS

Murrumbeena Tennis Club, 2 Bute Street, Murrumbeena, will host a family fun day on Sunday 8 February from 2pm to 5pm. Come along and try tennis for free and see how fast you can serve. Contact: 0425 724 866.

Ormond Tennis Club Open Day will be held on Sunday 15 February from 12pm to 4pm at Foch Street, Ormond. Lots of family fun, kids activities and a barbecue. Contact: 0408 131 479.

Brighton Cemeterians Women of Substance Walk will be held on Sunday 15 February at 2pm at Brighton General Cemetery. Entry via gates on North

Road. Cost of \$10 non-members and \$8 members includes refreshments. Bookings essential. Contact: 9558 4248.

Moorabbin Area Toy Library Family Open Day will be held on Saturday 21 February from 10am to 1pm at 90-92 Bignell Road, Bentleigh East. Bring the kids for some creative and messy fun. Entry: gold coin donation. Contact: moorabbinareatoylibrary.com

Concert celebration of Chopin's 205th Birthday will be held on Sunday 22 February from 7pm in the Auditorium at Glen Eira Town Hall. Alan Kogosowski and the Sopranos will perform. Tickets: \$30 and \$20 concession. Bookings essential. Contact: 9570 1954 or 9571 4389.

Melbourne Begonia Society Show 2015 will be held on Saturday 28 February from 10am to 4pm and Sunday 1 March from 10am to 3pm at Moorabbin Senior Citizens Hall, 964 Nepean Highway, Moorabbin. Admission: \$3 adults and \$5 for two adults. Children are free. Contact: 9758 6642 or 9570 6822.

Open house and garden tour: Helen and James' low cost and sustainable Victorian home at 30 Clarence Street, Elsternwick will be open on Sunday 1 March from 10am to 4pm. The home features solar, tanks, grey water and a hydroponic greenhouse. Entry: \$5. Contact: <http://sustainable-house.net> or 0413 875 872.

Kilvington World Fair 2015 will be held on Saturday 21 March from 10am to 3pm. Contact: kilvington.vic.edu.au

The Handmade Show will recommence on Saturday 18 April and then on the third Saturday of every month throughout 2015. Contact: <http://thehandmadeshow.blogspot.com.au>

Bentleigh Over 50s has a four day holiday to Bright leaving Monday 27 April. Only a few spots left. Contact: 9557 5739

COMMUNITY

Carpet bowlers wanted in the Bentleigh, Cheltenham and Mitcham areas. If you can play, or would like to learn how to play, then come along. Contact: 9579 3414 (Bentleigh); 9551 3469 (Cheltenham); or 9879 6084

(Mitcham).

DanceRetro: community dancing to retro music of the 70s, 80s and 90s will be held Wednesdays from 7.45pm to 8.45pm at The Breslin Gallery, Neerim Road, Carnegie. First session: Thursday 5 February. Contact: 0417 545 024.

Dog/pet sitting club: expressions of interest are being sought from pet lovers wanting to join a dog/pet sitting club. Members would look after each other's whilst away. Contact: 0408 102 552 (SMS preferred).

Fox Mums: community of local mums who help each other with exchanged babysitting/child care. Join in for free. All mums welcome. Contact: 0407 798 361.

Glen Eira U3A is offering a 20 week beginners bridge course. Commencing Tuesday 3 February, cost is \$45, which includes U3A annual membership. Contact: 9572 0571.

Godfrey Street Community House offers three-year old kindergarten; Mini Groovers; child care; and after school art discovery for children seven to 12 years. For the adults, there are various computer and writing classes, art and sewing classes and much more. Contact: 9557 9037.

GriefLine Helpline offers support to people who are experiencing grief as a consequence of significant loss in their lives. Are you the kind of person others like to talk to? Have you experienced life's ups and downs? Are you able to volunteer four hours per week? Register your interest now. An information evening will be held in February. Contact: 9935 7444.

Murrumbeena House Occasional Care, 107 Murrumbeena Road, Murrumbeena has vacancies available on Tuesday, Thursday and Friday in short-term care and its activity group for two to four-year-olds. Contact: 0423 698 198.

The Temple Society Bentleigh German School provide classes for children learning German both as a first or second language. Contact: 0407 271 764.

Council offers free bundled branches collections for Christmas trees

Each household is entitled to up to three free bundled branch collections each financial year, including collection of Christmas trees (not plastic). Christmas trees and any other branches will be recycled into mulch and composted.

To make a booking, contact Council on 9524 3333 or online at www.gleneira.vic.gov.au

Leaving Christmas trees on the nature strip without booking a collection is considered 'dumping'. This is illegal, and can attract a fine.

區政府提供免費聖誕樹成捆樹枝回收服務

每家住戶每個財政年免費享有三次成捆樹枝回收服務，包括聖誕樹（非塑料）回收。聖誕樹及其它樹枝將被回收製成覆蓋物和堆肥。

預約回收服務請聯繫區政府，電話：9524 3333，網站：www.gleneira.vic.gov.au

沒有預約收倒服務就把聖誕樹留在綠化帶屬於亂丟垃圾的行為，是違法的，有可能會被罰款。

Η Δημαρχία προσφέρει δωρεάν την παραλαβή δέσμης κλαδιών για τα Χριστουγεννιάτικα δένδρα

Κάθε νοικοκυριό δικαιούται δωρεάν μέχρι τρεις παραλαβές δέσμης κλαδιών σε κάθε οικονομικό έτος, περιλαμβανομένης και της παραλαβής Χριστουγεννιάτικων δένδρων (όχι πλαστικά). Τα Χριστουγεννιάτικα δένδρα και άλλα κλαδιά θα ανακυκλωθούν σε άχυρο και σε φουσκί. Για να ζητήσετε παραλαβή, επικοινωνήστε με τη Δημαρχία στο 9524 3333 ή ηλεκτρονικά στο www.gleneira.vic.gov.au

Αφήνοντας τα Χριστουγεννιάτικα δένδρα στη λωρίδα από γρασίδι χωρίς να έχετε ζητήσει την παραλαβή τους θεωρείται ως ρίψη σκουπιδιών. Αυτό είναι παράνομο και μπορεί να σας επιβληθεί πρόστιμο.

काउंसिल बंडल में बँधी क्रिसमस पेड़ों की शाखाओं के निःशुल्क संग्रह की सेवा प्रदान करता है

प्रत्येक आवास हरेक वित्तीय वर्ष में क्रिसमस पेड़ों (जो प्लास्टिक के न हो) के संग्रह सहित तीन निःशुल्क बंडल में बँधी शाखाओं के संग्रहों के लिए हकदार है। क्रिसमस पेड़ों और अन्य सभी शाखाओं को गीली घास और खाद में पुनर्चक्रित किया जाएगा।

आरक्षण करने के लिए www.gleneira.vic.gov.au पर ऑनलाइन या फोन नंबर 9524 3333 पर काउंसिल से संपर्क करें।

संग्रह के लिए आरक्षण करवाए बिना नेचर स्ट्रिप पर क्रिसमस पेड़ों को रखना 'डंपिंग' माना जाता है। यह अवैध है, और इसके लिए जुर्माना लगाया जा सकता है।

Il Comune offre la raccolta gratuita dei rami degli alberi di natale raccolti in fascine

Ogni casa ha il diritto ad avere fino a tre fascine di rami ritirati gratuitamente per ogni anno finanziario, compresa la raccolta degli alberi di natale (non di plastica). Gli alberi di natale e i rami di altro tipo verranno riciclati e utilizzati per compostaggio.

Per prenotare la raccolta contattate il Comune al numero 9524 3333

oppure online all'indirizzo www.gleneira.vic.gov.au

Lasciare gli alberi di natale nella nature strip senza prenotarne la raccolta verrà considerato come "scarico di rifiuti". Questo è illegale e può farvi incorrere in una multa.

Муниципалитет предлагает бесплатный вывоз увязанных в пучки использованных новогодних елок

Каждая семья имеет право на три бесплатных вывоза увязанных в пучки веток в течение одного финансового года. Сюда входит и вывоз новогодних елок (не из пластмассы). Новогодние елки и любые другие ветки будут переработаны в мульчу и компост.

Чтобы заказать эту услугу, позвоните в муниципалитет по номеру 9524 3333 или зайдите на сайт www.gleneira.vic.gov.au

Если вы оставите новогоднюю елку возле дороги, не заказав вывоз, это будет считаться свалкой мусора. Свалка мусора незаконна и за нее вас могут оштрафовать.



Community consultation

Consultation involves the community in Glen Eira City Council's planning and activities and helps Council to understand the community's priorities and issues. For further information, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

Subject	Type	Date	Where
Environment	Community Forum	20 April 2015, 7pm-8.30pm	Glen Eira Town Hall — Caulfield Cup Room, corner Glen Eira and Hawthorn Roads, Caulfield



ARTS NEWS

Exhibitions

Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield.
 Phone: 9524 3333. Opening times: Monday–Friday, 10am–5pm, Saturday and Sunday, 1pm–5pm. Free admission.

International Baccalaureate Visual Arts Exhibition 12 February–1 March

This exhibition features a diverse and exciting range of artworks from the International Baccalaureate Diploma Programme visual arts course, selected from the students work examined in 2014. The work exhibited will provide visitors with an understanding of the different approaches and the diverse work produced in this unique two year study. Contemporary digital media; installations; sculpture; photography; painting; textiles; drawing; and printmaking will be included.



Yvonne Yang
Transitions of Nature 2014
 Sculpture, wood, acrylic, laser-cut
 51 x 51 x 2cm
 Lauriston Girls School

PARTY in the PARK

Princes Park

Sunday 15 February
10am–4pm
Hawthorn Road, Caulfield South
 MELWAY REFERENCE: 68 A6

Live shows by
fifi and the Flowerbots

Live shows by
THE JUNGLE BOOK

Talent quest • Art and craft activities
Children's cooking classes • Storytelling and face painting
Wildlife education programs
Free rides and roving entertainment

Presented by Glen Eira City Council
 For further information and accessibility requirements, contact
 Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

PARTY in the PARK

and Pet Expo

Allnutt Park

Sunday 15 March, 10am–4pm
Wheatley Road, McKinnon
 MELWAY REFERENCE: 68 C11

Live shows by
the WetWots

Live shows by
MR. PEABODY & SHERMAN

Art and craft activities • Children's cooking classes
Storytelling and face painting
Wildlife education programs
Free rides and roving entertainment
Pet parade • Pets welcome

Bentleigh | Bentleigh East | Brighton East | Carnegie | Caulfield | Elsternwick
 Gardenvale | Glen Huntly | McKinnon | Murrumbeena | Ormond | St Kilda East

Bring it on

Don't just dream big in 2015, make it happen!




Business
Development
Unit
Working with Business

12/13

BUSINESS NEWS

This event will provide you the tools and frameworks to take your dreams and big ideas and turn them into the results you want.

You will learn how to recognise the changes you need to make to become a 'changemaker' — daring you to do more and become more in 2015.

Guest speaker, Bernadette McClelland, will step us through how to follow our passion and embrace change to create the best chance of success in 2015.

Bernadette will take you on a journey where you'll welcome change and actively look for opportunities to take you to the next level of your life or business.

In late 2014, we heard from author of *Find Your Courage* and *Stop Playing Safe* Margie Warrell who encouraged us to follow our passion — Bernadette will provide you with the tools to help you achieve this.

About the presenter:

Bernadette McClelland is an inspiring leader helping organisations, businesses and individuals bridge the gap between goals and the potential of those leading the charge.

Bernadette's focus on innovative revenue generating strategies and tactics has helped individuals across a variety of industries elevate their potential and achieve growth.

A former sales executive with Xerox Australia, she has led high net worth

sales initiatives and new product launches. She has partnered with mentor Anthony Robbins as his peak performance business coach in the Asia Pacific region and accompanied him as a breakout speaker for a keystone event.

Date: Thursday 19 February

Time: 6.30pm arrival for a 7pm start — networking and light supper on arrival

Where: Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield

Cost: \$20

RSVP: Monday 16 February (bookings essential on 9524 3333)

Dress Code: For the fun of it, we are committed to wearing a colour — please wear colour (it can be an accessory)

Please note: cancellations require 24 hours' notice — bookings are not transferrable.



Give your business a boost in 2015 with the help of a mentor

The *Mentor Partners Program* is a joint initiative between Glen Eira and Kingston City councils. The *Program* matches business owners in these municipalities with experienced volunteer business mentors to assess their goals and actions to help in developing their business.

The *Program* is a free service to eligible businesses and since its inception in 2002, has helped more than 400 businesses from a broad spectrum of industries.

Running a business can be lonely work. Many business owners work very long hours and often feel that they don't have the time or don't know how to work on their business. This is where a mentor can help.

The next intake for the *Program* is in April. For further information, visit www.mentorpartners.com.au or contact the *Program* co-ordinator on 9524 3333 to see if the *Program* is right for you.



BusEd program — linking business and education

Continues to offer valuable support for businesses into 2015

Glen Eira businesses have the opportunity to work with tertiary students to gain valuable support in a variety of areas including:

- website development;
- software/database development;
- IT systems analysis;
- marketing and business strategies;
- event management;
- administration; and
- accounting.

Glen Eira City Council's *BusEd Program* matches local businesses with student projects through its educational partners Monash University, Swinburne University, Holmesglen Institute and William Angliss Institute.

These projects aim to provide a tangible benefit to businesses and provide students with a valuable experience applying the skills they have acquired in their studies to a real life scenario.

There is no cost to participate in the *Program*, just a commitment to invest the necessary time to enable the best possible outcome.

If you would like help for your businesses through participating in a *BusEd* project during 2015, contact Glen Eira City Council's *BusEd Program* co-ordinator on 9524 3333 to discuss your project idea or email your project outline to sbrouvalis@gleneira.vic.gov.au Further information and *BusEd* case studies can be found at www.gleneira.vic.gov.au/Connect/Business



FEBRUARY 2015

GLEN EIRA NEWS

Glen Eira Women's Business Network: providing encouragement and knowledge



The *Women's Business Network* is a local support network open to Glen Eira business women who want to start, grow or develop a career in business.

The *Network* commenced in 2001 and currently has more than 650 women on its database.

It is an informal and friendly network and there is no membership fee or formal application. Meetings are held

on the third Thursday of each month in the form of a seminar or workshop environment from February through to December.

All events are designed to promote confidence, self-development and the sharing of ideas. Each event aims to inspire women and provide practical strategies and tools to grow both professionally and personally. The

network ensures that women understand that they are not alone in their endeavours and challenges in developing a business and, balancing work with all other aspects of their lives.

If you are interested in joining the Glen Eira *Women's Business Network*, contact Business Development on 9524 3333 or visit www.gleneira.vic.gov.au/Connect/Business

Young Doctors looking out for you



Next time you're at Carnegie Swim Centre rest assured that you have some of the most capable lifeguards in the state looking out for you.

As part of a proactive recruitment strategy, Centre operator YMCA has been recruiting staff through a number of local universities. Students are given practical experience to show them what to expect in a career in the medical field while Glen Eira residents can be assured they are receiving the best in safety standards at the pool this summer.

Jessica, Tom, Mimi, Josh and Jacob are

some of the Paramedic and Medicine students employed by the YMCA this summer at Carnegie Swim Centre. They will be working as pool lifeguards and duty managers.

Be sure to say hello next time you're having a swim.

Photo: Tom, Mimi, YMCA Centre Manager Ben and Jessica.

New shade sails

Glen Eira City Council has installed new shade sails at Colin Street Park and Wingate-Brady Park in Bentleigh East. The shade sails have been erected over the play equipment to provide shade for hot days while allowing the cool air to circulate underneath.

Although the shade sails provide excellent protection from harmful Ultraviolet (UV) rays, it's advised that you still be sun smart and slip, slop, slap.

If you are looking for an enjoyable and shady play space this summer, come and visit.

Slip, slop, slap

With the temperature set to soar and the Ultraviolet (UV) Index now reaching peak levels for the year, Glen Eira is urging all residents to stay sun smart to avoid increasing their risk of skin cancer.

UV levels reach their peak between 10am and 3pm, however it is likely that UV levels will still be dangerously high outside of these times so people need to be aware that sun protection is needed most of the day.

It is a common myth that sun protection is only needed when it's hot or sunny. You cannot see or feel UV radiation so using temperature as an indicator is not an effective method. UV Index levels are still likely to be high on cooler and cloudy days, which is when many people tend to get sunburnt, so get in the habit of checking the UV Alert everyday to see what times you need to get your sun protection gear on.

The SunSmart program recommends all

Victorians protect themselves in five ways: slip on sun protective clothing; slap on a hat; slop on some sunscreen; seek shade; and slide on some sunglasses.

The people of Glen Eira have active outdoor lifestyles, so to enjoy the summer make sure you're well protected from the sun.



Stay hydrated this summer

When out and about in Glen Eira's beautiful parks and gardens this summer, make sure you are well hydrated. Staying hydrated is essential for everyone, especially during exercise where there is an even greater need to maintain proper hydration.

Water is the most important nutrient for life and has many important functions including regulating temperature, lubricating joints and transporting nutrients and waste throughout the body.

During exercise, adequate fluid intake is essential to comfort, performance and

safety. The longer and more intensely you exercise, the more important it is to drink the right kind of fluids.

Dehydration leads to a drop in blood volume which can cause muscle cramps, dizziness, fatigue and heat illness, such as heat exhaustion and heat stroke.

Remember, the best time to consume water is before you are thirsty — by the time you are thirsty, you are already dehydrated. Stay hydrated this summer!

Immunisation sessions

Bentleigh-Bayside Community Health
Gardeners Road, Bentleigh East
 Saturday 21 February and Saturday 21 March 9am–11am
 Wednesday 11 February and Wednesday 11 March 5.30pm–7.30pm
 Thursday 26 February and Thursday 26 March 5.30pm–7.30pm

Carnegie Library and Community Centre
7 Shepparson Avenue, Carnegie
 Wednesday 18 February and Wednesday 18 March 1pm–2.30pm and

5.30pm–7.30pm
DC Bricker — Princes Park
Beech Street, Caulfield South
 Monday 23 February and Monday 23 March 9.30am–11.30am
Glen Eira Town Hall Auditorium (entry via Glen Eira Road)
Corner Glen Eira and Hawthorn Roads, Caulfield
 Tuesday 10 February and Tuesday 10 March 9.30am–11.30am
 Tuesday 3 February and Tuesday 3 March 6pm–7pm

Glen Huntly Maternal and Child Health Centre
Corner Royal and Rosedale Avenues, Glen Huntly
 Wednesday 25 February and Wednesday 25 March 9.30am–11.30am

McKinnon Public Hall 18 McKinnon Road, McKinnon
 Monday 2 February and Monday 2 March 9.30am–11.30am



2014 Youth Leadership Team graduation



On 11 December, the 2014 Youth Leadership Team (YLT) celebrated their success and achievement throughout the year.

Glen Eira Mayor Cr Jim Magee attended the night and formally recognised the group by giving each member a certificate to commend them on its community work throughout the year.

Along with planning and running annual events such as the *Youth Art Expo* and *Sounds of Glen Eira*, the 2014 YLT decided to expand last year's advocacy campaign by launching *Can with a Bigger Plan*. The initiative was a great success and highlighted what great work young people can do for the Glen Eira community.

The YLT would like to thank all community members who generously donated items to the fundraising

campaign. More than \$1,000 dollars worth of food and toiletry items were received and handed over to Community Information Glen Eira. The *Can with a Bigger Plan* campaign would not be the success it was without the kindness of the community.

Glen Eira Youth Services thanks each member for volunteering their time and wishes them all the best for their future endeavours.

Photo: Youth Worker Jason, Youth Services Team Leader Toby, Youth Worker Bree and Glen Eira Mayor Cr Jim Magee with 2015 YLT members Jaimee, Georgia, Colleen, Tori and Joshua.

Youth Leadership Team 2015

Would you like to be a part of a group of local young people that assists in planning and running local events and advocacy campaigns?

Are you looking to increase your skills and leadership capabilities?

Do you want to meet new people and have a great time?

Glen Eira City Council's Youth Leadership Team is a program for enthusiastic young people aged 15 to 25. Participants are encouraged to build and enhance their relationship potential through the development and facilitation of events.

Members of the Youth Leadership Team serve a one year term and

receive training in leadership skill development, event management and occupational health and safety for events.

The team then plans and facilitates youth events in Glen Eira such as *Sounds of Glen Eira* and the *Youth Art Expo*.

If this is something that you would be interested in, contact Youth Services for further information on 9524 3676.

Providing support for young people

Starting a new school year can be a daunting prospect for some young people, especially if they have moved to a new school. Glen Eira Youth Services can help support them through this time by providing free and confidential support to young people aged 10 to 25.

As part of youth worker support, young people can chat to our friendly team of youth workers about a range of issues they may be facing, including issues with relationships, stress, loneliness or questions about education and employment options.

Our youth workers can help support young people by connecting them with agencies and services that can specifically provide help with mental health, accommodation, finding work and further training.

To make an appointment with a youth worker, contact Youth Services on 9524 3676.

Appointments are available Monday to Thursday from 1pm to 6pm and Friday's from 1pm to 5pm.



Youth Art Expo 2015

As a part of *National Youth Week 2015 — It Starts With Us* — Glen Eira City Council's annual *Youth Art Expo* will be held on Thursday 16 April.

The *Youth Art Expo* celebrates the talent of young artists in the Glen Eira community and is a great opportunity for budding artists to display their work. Art work can include photography; sculpture; drawing; painting; or textiles.

Junior entrants 10 to 15 years and senior entrants 16 to 25 years will be given the chance to win some great prizes, along with the always popular *People's Choice*

Award chosen by guests on the night.

The closing date for submissions is Friday 10 April at 4.30pm.

The *Youth Art Expo* is open to young people aged 10 to 25 who live, work or go to school in the City of Glen Eira.

For further information or if you would like to submit a piece of work, contact Youth Services on 9524 3676.

The *Youth Art Expo* will be run by the 2015 Youth Leadership Team.

Upcycled, recycled and repurposed

NEWS



Fourteen local schools and nine early childhood service centres are joining forces to decorate an exciting upcycle mural showing landmarks in Glen Eira. Students have enjoyed decorating large pieces of corflute with recycled objects such as bottle tops to make a mural. The pieces of corflute are being joined

together to make an amazing mural approximately 15 metres wide and two metres high.

The mural will be on display at *Party in the Park* at Princes Park on Sunday 15 February.

Students said they enjoyed working on

this community project and learning about the importance of the plants and animals of the local area.

Council offers free bundled branches collections for Christmas trees

Each household is entitled up to three, free bundled branch collections each financial year, including collection of Christmas trees (not plastic). Christmas trees and any other branches will be recycled into mulch and composted.

To make a booking, contact Council on 9524 3333 or online at www.gleneira.vic.gov.au

Leaving Christmas trees on the nature strip without booking a collection is considered 'dumping'. This is illegal and can attract a fine.

Hearing difficulties and hearing loss: understanding symptoms, latest research, and medical treatment

Do you or someone you know suffer from difficulties hearing or loss of hearing?

Glen Eira City Council in partnership with the Temporal Bone Donor Society Inc. will host a free forum, highlighting treatment for hearing difficulties and hearing loss, as well as look at how Glen Eira residents can improve their health and wellbeing.

Hearing difficulties can be partial or total. Loss of hearing can occur suddenly or gradually, temporarily or permanently, and it can also occur with or without tinnitus (ringing/other noise in the ears). Symptoms of hearing loss can include a sudden decrease or disappearance of hearing or can include difficulty understanding conversations, and hearing television or radio.

Ear, nose and throat surgeon, Chair of Department of Otolaryngology at the University of Melbourne and

Co-Director of the Australian Temporal Bone Bank Professor Stephen O'Leary will speak about symptoms of hearing difficulties and hearing loss, cochlear implants, latest research and world leading treatment for hearing disorders available at the Royal Victorian Eye and Ear Hospital.

Tuesday 17 March
Caulfield Park Pavilion
Balaclava Road, Caulfield
7.30pm to 9pm



TOUR YOUR LOCAL RECYCLING PLANT



Are you curious about how recyclables like plastic bottles; steel cans; paper; cardboard; and glass are processed?

Glen Eira City Council is holding two tours of the recycling plant where Glen Eira's recyclables are taken and separated.

This is your chance to see recycling in motion.

When: 26 February or 7 May

Time: 8.30am to 12noon

Where: pick-up and drop-off at Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield. Participants will travel by bus to Coolaroo.

Bookings: due to limited space, bookings are essential to Council's Service Centre on 9524 3333 or by emailing sustainability@gleneira.vic.gov.au

Please note: we can only take one booking date per person and participants must be 18 years of age or over. Closed shoes and pants are required (no dresses/skirts). Personal protective equipment (vests and glasses) will be supplied. The tour includes walking up and down stairs.



GLEN EIRA
CITY COUNCIL

**DID YOU KNOW YOU CAN
RECYCLE ALUMINIUM
CANS, TUBS, AND SPRAY
BOTTLES?**



For further information, visit www.gleneira.vic.gov.au or contact Council's Service Centre on 9524 3333.

Bentleigh Bentleigh East Brighton East Carnegie Caulfield Elsternwick Gardenvale Glen Huntly McKinnon Murrumbeena Ormond St Kilda East

