



gleneiranews

Food Business Awards 2015

McKinnon café Mr Burch has been named Glen Eira City Council's *Shop of the Year* 2015.

Announced at Council's annual *Food Business Awards* on Monday 4 May, Mr Burch received the award from Glen Eira Mayor Cr Jim Magee for achieving the highest food safety rating after being assessed by Council's environmental health officers during 2014.

Ormond bakery The Bread Roll Shop was named *Shop of the Year* Runner-up.

Owner of Mr Burch, Peter Spalding, told *Glen Eira News* it was an honour to receive the award.

"This is a real accolade for Mr Burch, given the large number of food businesses in Glen Eira," Peter said.

"All the hard work of our team of dedicated staff has paid off."

Mr Burch is a 1920s–30s inspired café which is well-known for its coffee, homemade cakes and fresh, seasonal menu.

"The menu is broad and offers not only comfort food, but a range of healthy options and gluten free meals, which is really important," Peter said.

The café also has an art section, which showcases a local artist each month.

2015 award finalists

This year, there were 10 finalists and each business was nominated as the best

performer in their particular category and presented with a highly commended certificate.

Finalists for the 2015 award were:

- Café — Mr Burch, McKinnon;
- Bakery — The Bread Roll Shop, Ormond;
- School Canteen — Coatesville Primary School, Bentleigh East;
- Manufacturer — Katrina's Kitchen, Murrumbeena;
- Takeaway — Flaked Out, Bentleigh;
- Supermarket — Safeway, Carnegie;
- Club/Hotel — The Elsternwick Club, Elsternwick;
- Restaurant — Antonio's Pizzeria, Caulfield North;
- Caterer — European Flavour, Caulfield; and
- Delicatessen — Delicious Smallgoods, Bentleigh.

Awards were also presented to local businesses that participated in Council's nutrition and accessibility programs *Taste 4 Health*, *Taste 4 Health Kids* and *Access 4 All*.

Guest speaker at the Awards was Penny Burke, an accomplished public speaker who has worked in the field of marketing and advertising for more than 20 years.

Five-Star Food Safe Program

The *Five-Star Safe Food Program*

demonstrates Council's commitment to working in partnership with the local food industry to ensure food is safe for consumers.

To achieve a Five-Star food safe rating, Glen Eira businesses must operate in accordance with Victorian food safety laws; pass Council's food hygiene questionnaire; pass all food sampling results; have no justified complaints within the previous 12 months; and achieve a low-risk rating and a compliance score of 90 per cent or above with National Food Safety Standards.

The program is unique because it offers both financial and promotional incentives for businesses to maintain high standards of cleanliness and hygiene.

Cr Magee said although Council rates contribute to the regulation of food businesses in Glen Eira, a registration fee is also paid by the business.

"However, those businesses displaying excellence in food safety do receive a reduction in this registration fee," Cr Magee said.

"A five-star certificate that can be displayed within local businesses is also provided, as well as free publicity in Council's online *Safe Food Guide* and through its *Safe Food Guide* iPhone app."

Cover image: Daniela and Peter Spalding from Mr Burch and Glen Eira Mayor Cr Jim Magee. Photo: Robert Churchus Photography.

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Mayor's column

Glen Eira City Council's annual *Food Business Awards* were held on Monday 4 May. As part of the event, I had the pleasure of presenting the *Shop of the Year Awards*. Congratulations to *Shop of the Year* winner, Mr Burch in McKinnon and runner-up, The Bread Roll Shop in Ormond. I would also like to commend all the other finalists on their outstanding achievements.

Food businesses that have been awarded a Five-Star safety rating are listed in the *Safe Food Guide* on Council's website and on the *Safe Food Guide* app, which can be downloaded from the iPhone app store.

The *Glen Eira Storytelling Festival* will be held for two weeks from Saturday 13 June.

The *Festival* has become the centrepiece of Council's Arts and Culture calendar, and includes a range of events to suit all ages, budgets and interests from exhibitions, historical tours and films to talks and open mic sessions.

Further information about the *Festival* can be found in the eight page liftout in this edition of *Glen Eira News*.

Finally, the Glen Eira community has until Thursday 4 June to provide any feedback on Council's *2015-16 Draft Annual Budget*. Copies of the *Budget* are available for inspection at Council's Service Centre, Glen Eira library branches and Council's website.

Further information about the *2015-16 Draft Annual Budget* can be found on page five. The *Budget* is expected to be adopted at a Special Council Meeting on Tuesday 23 June.

Cr Jim Magee
Mayor



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Council recognises its volunteers

Glen Eira Deputy Mayor Cr Mary Delahunty led *National Volunteer Week* celebrations at a special ceremony at Town Hall on Thursday 14 May.

Cr Delahunty presented Glen Eira City Council's annual *Volunteer Recognition Program Awards*.

For 25 years, Council has been celebrating the countless hours of voluntary service provided by members of the local community.

Certificates of Appreciation were presented to 197 volunteers from 48 community groups and organisations.

Cr Delahunty said volunteers make a big difference to the lives of people right across the City of Glen Eira.

"Volunteers drive committees that sustain not only our seniors clubs and sporting clubs, but scouts and guides, environmental groups, playgroups, kindergartens and toy libraries," Cr Delahunty said.

"Volunteering also assists organisations to extend their reach and provide support services to community members through telephone helplines and through local health, disability and social services.

"It's with great pride that Council honours and recognises the work of local volunteers.

"Our community is stronger because of

volunteer involvement and Council is delighted to celebrate the achievements of volunteers during *National Volunteer Week*."

Awards were given to 74 people for 500 hours of service; 30 people for 1,000 hours of service; 24 people for 2,000 hours of service; 31 people for 10 years of service; 28 people for 20 years of service; and 10 people for 30 years of service.

Some of the volunteers to receive an award included:

- Ailsa Hunt: Glen Eira Historical Society — 500 hours of service;
- Ruth Evans: South Eastern Multiple Birth Association — 1,000 hours of service;
- Natasha Tepic: Lauriston Lawn Tennis Club — 2,000 hours of service;
- Peter Anderson: Bentleigh RSL — 10 years of service;
- Ian Anderson: Social Support and Monitoring Service — 20 years of service; and
- Patricia Huggins OAM: Moorabbin Hospital Ladies Auxiliary — 30 years of service.

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National Relay Service: A phone solution for people who are deaf or have a hearing or speech-impairment, TTY dial 13 36 77 or Speak and Listen 1300 555 727 or www.iprelay.com.au then enter 03 9524 3333

Facsimile: 03 9523 0339

Email: mail@gleneira.vic.gov.au

www.gleneira.vic.gov.au

DEADLINES

The deadline for the August edition of *Glen Eira News* is Wednesday 1 July for delivery 27 July to 31 July (weather permitting). For advertising and *Community Diary* enquiries, contact 9524 3333 or email editor@gleneira.vic.gov.au

To submit editorial material write to: Glen Eira News, PO Box 42, Caulfield South VIC 3162 or email: editor@gleneira.vic.gov.au

Disclaimer

The information in this publication is of a general nature. The articles contained herein are not intended to provide a complete discussion on each subject and/or issues canvassed. Glen Eira City Council does not accept any liability for any statements or any opinion or for any errors or omissions contained herein.

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Keep up-to-date
with Council's news
and events.

Visit:

www.gleneira.vic.gov.au



BENTLEIGH BENTLEIGH EAST BRIGHTON EAST CARNEGIE
CAULFIELD ELSTERNWICK GARDENVALE GLEN HUNTLY
MCKINNON MURRUMBEENA ORMOND ST KILDA EAST



Providing quality care and learning experiences

Glen Eira City Council's *Family Day Care Scheme* offers care and education for children from birth to 12 years in the safe home environment of registered educators.

The *Scheme* is fully accredited by the National Childcare Accreditation Council and is a licensed child care service with the Department of Education and Training.

Educators are contractors to Council and are provided with ongoing support from the co-ordination unit. Hourly fees are set by the educators.

The flexibility to work from home and set your own hours was what enticed Murrumbeena resident Swati to join Council's *Family Day Care Scheme* as an educator in 2009.

Swati has a Certificate III in Early Childhood Education and has undergone training in first aid and CPR and emergency management of asthma and anaphylaxis.

"I enjoy working with children and providing quality care and learning experiences in a home environment," Swati said.

"The children participate in a range of

activities, from indoor and outdoor play, messy play and dramatic play to sand and water activities, drawing and painting, puzzles and storytelling."

Swati cares for nine children on a weekly basis, including three-and-a-half year old Emile and two-and-a-half year old Lennard (pictured above). The maximum number of children in Swati's care per day is four.

Emile's mum Nadine told *Glen Eira News* as soon as she met Swati, she could see her passion for educating young children and how much she enjoyed being around them.

"The program she offers is diverse and her planning is based on the children's needs," Nadine said.

"Emile loves to go to Swati's and he has become so much more confident in himself since he started there. She has had a huge impact on his speech issues, as well as his overall development."

Christiane recently moved into the City of Glen Eira and Swati was recommended to her by a friend.

"I was looking for a child care place which would provide a nurturing, engaging and caring environment for

Lennard," Christiane said.

"Family Day Care has the benefits that it's a small group of children and the educator can cater much better to the individual needs and interests of each child."

Christiane said she is really impressed with the way Swati runs her Family Day Care.

"Lennard always looks forward to his day with Swati and really enjoys his time there — often he does not want to go home," Christiane said.

"Swati really engages with the kids and this is what makes her so special."

For further information about Council's *Family Day Care Scheme*, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au



Community column

Speaking up for our City

Booran Reserve update

An underground stormwater harvesting tank system is scheduled to be installed at Booran Reserve (formerly Glen Huntly Reservoir) in June 2015.

The system will store approximately 500,000 litres of harvested stormwater, which will be treated and reused for irrigation and toilet flushing.

50km/h speed limit trial in Bentleigh East

An action in Glen Eira City Council's *Walking Strategy* is to reduce speed limits on major Council roads from 60km/h to 50km/h.

As a result of lobbying by Council's Transport Department, VicRoads has approved a trial of a reduced 50km/h speed limit on Brewer and Patterson Roads in Bentleigh East.

The new reduced speed limit will be represented by signs alone, with Council not required to install traffic calming treatments, such as road humps and roundabouts. If traffic calming treatments were installed along these two roads, the cost to Council would be between \$150,000 and \$250,000.

Residents will be advised of the trial before any changes are made.

Engaging our community

Graffiti removal

Glen Eira City Council encourages residents and traders to remove graffiti from their properties promptly because it can help prevent further vandalism.

Council can assist residents by removing graffiti from the title boundary of private property (both residential and commercial), which is visible from a public place. Requests are referred to a priority list for consideration.

Requests to remove graffiti from private property can be made through Council's Service Centre on 9524 3333.

Is your home flood safe?

According to Victoria State Emergency Services, floods cause more damage per year in terms of dollars and lives lost than any other natural hazard in Australia. As flooding can happen at any time of the year, it's important to be prepared.

People often associate flooding with slow rising water from waterways. With no waterways in Glen Eira, this type of flooding does not occur, but flash flooding does.

Flash flooding happens when very heavy rain falls in a short time. It is often associated with very strong winds. The resulting stormwater overwhelms roof and underground drains, causing water to overtop spouting, flow overland and ponds in low points. The strong winds may also force the rainwater into homes through roofs and windows, especially those not in good repair.

Unlike riverine flooding, it's almost

impossible to anticipate when flash flooding will occur and when it does, it happens very quickly, leaving the community almost no time to respond. Due to the nature of flash flooding, the best way for Glen Eira residents to reduce damage to their homes is to be prepared. Some simple tips for preparing your home include:

- Check the condition of your roof, repair loose tiles, eaves and roof screws.
- Check your gutters and replace any damaged parts.
- Keep gutters and downpipes clear so water can drain away quickly.
- Trim trees and overhanging branches close to the house (be aware of any overhead powerlines) to reduce the leaf litter in guttering and damage by strong winds.
- Keep loose items around your

property and garden secure to minimise damage in high winds (such as garden furniture and implements).

After a flash flood it may take several hours for stormwater to eventually drain away from low points within properties and on the roads. If water remains longer than this, drains maybe blocked. In such cases, you should contact a plumber for property drainage or notify Council or VicRoads for water on local and arterial roads respectively.

For further information on how to prepare your home for a flood, visit the Victoria State Emergency Service (SES) website at www.ses.vic.gov.au

If you are in need of assistance from flood or storm events, contact State Emergency Services (SES) on 13 25 00.



CEO's column

Glen Eira has more grade separations approved than any other municipality in Victoria.

In part, this reflects Council's strong advocacy on behalf of residents over many years.

North Road, Ormond is due to be completed in January 2017 and preparations will get underway soon. The Government has announced that Centre Road, Bentleigh and McKinnon Road, McKinnon may be combined "in packages of work with those already out to market to drive down costs, reduce disruption to rail and road users by combining line closures, and accelerate the delivery of the Level Crossing Removal Project."

Murrumbeena Road, Murrumbeena and Koornang Road, Carnegie are expected to be completed in January 2018.

Grade separations will make it easier to get around Glen Eira and the region by car, bike and on foot; will allow more trains to run more often; and will make road-rail intersections safer. They will also make Glen Eira an even more attractive place to live and invest in but we need to ensure that development and transport options are closely integrated.

Each project will involve some disruption and inconvenience. Council is working closely with transport agencies to keep people informed and manage the short-term problems for long-term benefits.

Andrew Newton
CEO



Safety around dogs

There are many benefits to owning a dog — from companionship to the opportunity to socialise with others and increase your physical activity. However, it's important to be mindful of the responsibilities and risks associated with dogs.

While it is the responsibility of dog owners to ensure their dogs are safe and able to be managed off-leash, community members — especially parents with young children — also need to be responsible when utilising parks and facilities.

Each year, children are injured due to incidents with dogs, with younger children most at risk.

Parents are encouraged to teach children to treat all animals gently and calmly. Never hurt, tease, frighten, surprise or

corner an animal. Importantly always closely supervise children near dogs, especially during noisy high-energy play and when food is present.

If you are approached by an aggressive dog:

- stand still — don't run;
- keep your hands by your side;
- stay quiet — try not to make any noise;
- avoid eye contact with the dog — look at the ground; and
- wait until the dog has lost interest and slowly back away.

If residents or their pets are bitten, attacked, rushed at or chased by a dog, or they witness an attack, they should report the matter to Glen Eira City Council's Service Centre on 9524 3333.



Draught-proof your home. Install FREE door sealing strips and chimney balloons.

To see if you are eligible to receive this free Council service, contact Energy Makeovers on 1300 788 776 or visit www.energymakeovers.com.au/energy-savers-glen-eira/

Council has contracted with Energy Makeovers to provide the services. All dealings with Energy Makeovers will be confidential and Energy Makeovers will abide by the same privacy obligations that Council has in relation to the information provided to them by residents who use the service.



GLEN EIRA
CITY COUNCIL

State Government extends outdoor smoking bans

The State Government has extended outdoor smoking bans. Smoking is now banned in the City of Glen Eira on the grounds of, and within four metres of the entrance to:

- childcare centres;
- kindergartens and preschools;
- primary and secondary schools;
- public hospitals;
- registered community health centres;
- children's indoor play centres;

- police stations; and
- all Council-owned buildings.

These changes have been put in place to protect the community from exposure to second-hand tobacco smoke, to further de-normalise smoking in the community, and support people who have quit or are trying to quit smoking. Second-hand tobacco smoke is particularly dangerous to children and young people because they have smaller airways and less developed immune systems compared to adults.

If someone is caught smoking within a smoke free area, they could be issued a fine by authorised officers under the *Tobacco Act 1987*.

Signs will be put at the entrance of buildings where the new bans apply.

Glen Eira City Council asks people to respect the new bans and everyone's right to a smoke free environment.

For further information, visit www.health.vic.gov.au/tobaccoreforms



Have your say on the 2015–16 Draft Annual Budget

Glen Eira City Council's 2015–16 Draft Annual Budget is now available for public comment.



Public open space

This Budget implements the *Open Space Strategy*, which Council approved on 8 April 2014 following widespread community consultation. The open space projects outlined below are funded:

- Booran Reserve — reinstatement and redevelopment of the former Glen Huntly Reservoir site as public open space due for completion in September 2016 (\$4.84 million in 2015–16 and \$3.93 million in 2016–17, includes State Government grant funding of \$585,000).
- Elsternwick Plaza improvements — \$215,000 (to complete the project).
- Eskdale Road/Fitzgibbon Crescent, Caulfield North — new open space — \$450,000.
- Nina Reserve, Bentleigh East — \$120,000.
- Hopetoun Gardens, Elsternwick — \$100,000.
- Marara Road Reserve, Caulfield South — \$100,000.

- Leckie Street Reserve, Bentleigh — \$195,000.
- Thomas Street Reserve, McKinnon — \$50,000.

The number of street trees planted amounts to 2,000. The Budget increase in street tree pruning around power lines is \$270,000.

Other highlights include:

- New capital expenditure is projected at \$32.1 million including renewal and upgrade of Council's infrastructure assets such as drainage improvement program \$3.5 million, roads \$4.09 million, footpaths \$1.73 million and local road resurfacing \$1.5 million.
- Sustainability — The Budget continues the warm season grasses program — \$400,000 for upgrading Princes Park Oval No. 4. It expands the solar panel program on Council buildings. The Budget also allocates the refund of the Carbon Tax (\$876,000), collected by the landfill, to two sustainability initiatives:
 - Building retrofits sustainability initiatives as per recent energy audits — installation of solar panels — \$481,000.
 - Commencement of LED street lighting program — \$395,000.
- Recreational Services — the

Capital Program provides funds for:

- Duncan Mackinnon Pavilion — costs to complete the project — \$1.36 million.
- Converting the tennis courts outside Carnegie Swim Centre (\$130,000) and Caulfield East Tennis Courts (\$265,000) to small sided soccer for community use.
- *Bicycle Strategy* — continuation of off-road paths, extensions to the on road network and works to improve existing conditions. Council actively promotes and encourages cycling as a viable mode of transport and healthy leisure activity. To further support cyclists, Council will spend more than \$350,000 (includes estimated carry forwards from 2014–15 — \$200,000) to future cycle related works including approximately 1.9 kilometres of green cycle lane pavement treatment.

Second-lowest rates and charges

Average rates and charges per assessment increase by approximately 4.94 per cent. This is made up of an additional 600 assessments, an increase of 6.5 per cent for rates and 2.5 per cent for waste and recycling.

Average rates and charges in 2015–16 would be \$1,538 (excluding the Fire Services Property Levy). This is expected to continue to be the

second-lowest average rates and charges in metropolitan Melbourne (average State Government land tax in Glen Eira in 2015 is \$2,194).

Total rates would be \$82.17 million, including \$550,000 generated from supplementary rates. Total rates and charges revenue would be \$96.41 million. Total stamp duty and land tax from Glen Eira to the State Revenue Office in 2015–16, is expected to exceed \$200 million.

Budget submissions

Council called for submissions by advertising in the *Leader* and *Age* newspapers in early May 2015. Closing date for submissions is Thursday 4 June 2015.

Copies of the 2015–16 Draft Annual Budget are available from Council's Service Centre and Council's four library branches.

The 2015–16 Draft Annual Budget can also be downloaded from www.gleneira.vic.gov.au

All comments and submissions should be mailed to:

Chief Financial Officer
2015–2016 Draft Annual Budget
Glen Eira City Council
PO Box 42,
Caulfield South, Victoria 3165

Alternatively, submissions and comments can be emailed to mail@gleneira.vic.gov.au

Safer travel to school

Glen Eira City Council regularly undertakes safety audits around schools.

A safety audit is a proactive investigation to identify potential safety problems for all road users and to provide recommendations to eliminate or reduce the problems.

Audits have recently been completed at Coatesville Primary School in Bentleigh East and Shelford Girls' Grammar School in Caulfield North.

The Coatesville Primary School audit

recommended changes to the pedestrian fencing on Mackie Road (near the intersection with Beddoe Avenue). The audit also recommended a review of the school time parking restrictions.

The Shelford Girls' Grammar School audit recommended that the safety of the intersection at Glen Eira Road and Hood Crescent be improved, including the school crossing immediately to the west of Hood Crescent.

Recently, work has started at King Street,

Elsternwick for road safety improvements and street lighting upgrades near the Adass Israel School. This work is being undertaken in response to a previous safety audit at the school.

The works include the installation of speed humps to lower vehicle speeds and new street lighting to provide a safer environment for pedestrians and vehicles.

Council's Manager Transport Planning Terry Alexandrou said Council hopes that the safety improvements in the vicinity

of schools will encourage more children to be active by walking and cycling to and from school.





Childcare centre shows a bright sustainable future

Following its registration in the *Neighbourhood Sustainable Gardening Program*, Bright Horizons Australia Childcare Elsternwick's Director Katrina contacted *Glen Eira News* to share the centre's gardening experience.

The centre is proud of its raised vegie garden beds brimming with spinach, cauliflower, capsicum, strawberries and rosemary.

Katrina said the children love the capsicums so much they have been putting them in their pockets and taking them home to show their parents.

"The children like watching their seedlings grow, especially the capsicums, and enjoy watering their plants," Katrina said.

A highlight at the centre is at morning tea when the children get to eat what they have grown themselves.

Expanding its sustainability program is a priority for the centre. Synthetic turf has been removed to plant bushes and trees

and build raised vegie garden beds.

Katrina said the parents and children are looking forward to their new natural environment.

Are you interested in joining the Sustainable Gardening Program?

Glen Eira City Council launched its *Neighbourhood Sustainable Gardening Program* for residents, schools, organisations and businesses in Glen Eira, to encourage people to make their gardens more sustainable. The *Program* currently has more than 600 members and numbers continue to grow.

Anyone who has or is planning to have a vegetable patch; fruit trees; compost system; local indigenous plants; water-wise features; or chickens can join the *Program*.

Registered gardeners will receive a welcome pack, which includes a sign that can be attached to their fence. They will be sent regular updates on local events (run by Council and community groups) and

specific local gardening information.

The *Neighbourhood Sustainable Gardening Program* is designed to tap into and build on the passion, knowledge and skills of residents as gardeners.

Register online at www.gleneira.vic.gov.au/sustainable_garden

For further information, contact Council's sustainability education officer on 9524 3333 or email sustainability@gleneira.vic.gov.au



CITY OF GLEN EIRA
Glen Eira City Council
Bentleigh | Bentleigh East | Brighton East | Carnegie | Caulfield | Elsternwick
Gardenwale | Glen Huntly | McKinnon | Murrumbeena | Ormond | St Kilda East

Caring for your pets

Caring for pets takes time, commitment and effort, so anyone wishing to own a pet should choose one which suits their lifestyle and surroundings.

Here are some tips on how to look after your dogs and cats responsibly.

- If you own a dog, you have to take responsibility for it and make sure it is secured properly in your property. Having adequate fencing protects both your dog and your neighbourhood. Cats should also be kept indoors at night or in an enclosure for its own safety.
- To allow visitors to access your home safely, make sure you confine your dog to the backyard.
- Desex, microchip and register your pet.
- Worm and vaccinate your pet regularly and check for fleas and ticks.
- Provide your pet with shelter which is warm, dry and well ventilated. Cats should also have access to a litter tray.
- Make sure your pet is fed a balanced diet and has access to fresh water.
- Exercise your dog daily and take it to obedience classes if required.
- If you are going on holidays, have a friend or relative care for your pet or take it to a kennel or cattery.

For further information, contact Glen Eira City Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au



Connecting families in our community

Glen Eira City Council's Maternal and Child Health (MCH) team provides a free and comprehensive service for all families with children from birth to school age.

Our service aims to:

- engage families and help those who require further support, linkages and referrals;
- bring families together, foster social networks and strengthen local community connections; and
- provide additional services in response to community needs, which include parent education and information sessions, breastfeeding and immunisation programs.

For further information, go to www.gleneira.vic.gov.au or visit the MCH Facebook page.

Connecting through referrals and information sharing

In the last year, Council's MCH nurses have made more than 1,500 referrals. Reasons for referrals are numerous and include health (physical, social

and emotional) development, growth, hearing, sight, diet, behaviour, and counselling.

Apart from making referrals, MCH nurses provide families with a wealth of resources, empowering them with ways to seek out information and support themselves when needed.

Key resources:

- Raising Children Network — <http://raisingchildren.net.au/>
- The Child and Youth Directory — <http://childandyouthdirectory.com.au>



Is your heater safe?

With winter almost here, it is important to check your heating units to ensure they are adequate and safe to use.

When your heater is not being used, it is common for dust to build up and block filters. If ducts, filters and fans are not cleaned regularly, this can aid the rapid spread of a fire within the house or building or pollute the area with dangerous gases. To avoid this, it is imperative that the entire system, including ducts, filters and fans are thoroughly cleaned prior to using your heater.

Gas heaters require servicing every two years to ensure they are not producing carbon monoxide gas. Carbon monoxide can be lethal and is known as the silent killer — it is not visible and has no odour. Warning signs such as tiredness, nausea or headaches may be a hint that there are dangerous levels of carbon monoxide in the air leaking from your heater.

For further information, visit www.esv.vic.gov.au

News in brief

06/07

NEWS

JUNE 2015

GLEN EIRA NEWS

Solar hot water and heat pumps

Tuesday 9 June, 7pm–9pm

Glen Eira Town Hall — Theatre, corner Glen Eira and Hawthorn Roads, Caulfield

Presenter: Alternative Technology Association's Andrew Reddaway

Hot water accounts for around 16 per cent of the average Victorian household's energy costs. An energy efficient water heater has the potential to reduce household energy bills.

Hosted by Glen Eira City Council, come and hear a free practical presentation on sustainable hot water systems.

Learn about:

- hot water options for your home;
- solar hot water versus heat pumps;
- system performance;
- environmental benefits and costs; and
- what financial incentives and government rebates are available.

For further information and to RSVP, contact Council's sustainability education officer on 9524 3333, email sustainability@gleneira.vic.gov.au or book online at www.gleneira.vic.gov.au/Community/Environment

Detox your Home at Springvale's free household chemical collection

Sunday 21 June, 8am–4pm

Springvale — site address provided upon registration

Detox your Home is a safe, free and easy-to-use service to dispose of common household chemicals without harming your health or the environment.

Register online at www.sustainability.vic.gov.au/detoxmobile or

contact 1300 363 744 and then turn up on the day with your unwanted items.

Registration is essential and is required to manage traffic flow and avoid queues on the day, allowing you to get in and out quickly.

For a full list of accepted items, visit www.sustainability.vic.gov.au/detoxyourhome

Joint Councils Access for All Abilities

Joint Councils Access for All Abilities (JCAAA) is a disability respite service that covers the Cities of Bayside, Glen Eira, Stonnington and Port Phillip. JCAAA works with the community to help create fun recreation, arts and sporting opportunities for people with mild, moderate and sometimes complex disabilities to participate in.

Some of the recreation and arts programs currently on offer include:

- *Saturday Night Fever* — put your dancing shoes on and groove the night away. This program is for people 18 years and over;
- *Fresh* — a social recreation group for people aged 25 to 55; and
- *Hype* — a social recreation program for people aged 14 to 21 with a mild to moderate disability.

For further information, contact JCAAA on 9209 6706, 9209 6159 or email jcaaaenquiries@portphillip.vic.gov.au

Inclusion Melbourne

Inclusion Melbourne is Victoria's oldest day service for adults with an intellectual disability. The service has more than 175 volunteers who each provide more than 10,000 hours of service every year.

As part of its 2014–15 Community Grants Program, Glen Eira City Council awarded

a grant to Inclusion Melbourne to provide induction and refresher training for many of their volunteers.

These training sessions were designed to increase the skills, knowledge and confidence of volunteers to sensitively support inclusion, recognise contributions and encourage participation of adults with a cognitive disability.



For further information, visit www.inclusion.melbourne

Children's centre open morning

Wednesday 24 June, 9.30am–10.30am

Carnegie, Caulfield and Murrumbeena Children's Centres.

out and about



Glen Eira Remembers: Poppies Community Project — Brendan Ryan, Glen Eira Deputy Mayor Cr Mary Delahunty and one of many poppy makers Valerie Atkin in Council's Gallery Annexe.

Photo: Michele Cruz-Marshall.



Food Business Awards — Cr Margaret Esakoff, Daniela and Peter Spalding from Mr Burch, Glen Eira Mayor Cr Jim Magee, Jo-Anne and Tony Whitty from The Bread Roll Shop, Cr Oscar Lobo and Council's Manager Public Health Stuart Symes.

Photo: Robert Churchus Photography.



Living longer, living stronger

Arthritis is the inflammation of joints and is one of Australia's greatest causes of disability. There is no known cure for arthritis however, there are measures that can be taken to reduce symptoms and manage pain. Exercise is one of them.

Exercise plays a substantial role in both the prevention of arthritis and the treatment of symptoms. The two main causes of arthritis are heredity and weight. Being overweight predisposes you to arthritis because of the extra pressure your weight puts on your joints. By being active, you can strengthen the muscles around the joints, which takes the stress off them.

For people already suffering from arthritis, light exercise can form part of a treatment plan to help relieve the symptoms. Your doctor and a personal trainer from Glen Eira Sports and Aquatic Centre (GESAC) can assist you in creating a plan.

GESAC also offers a variety of programs and aquatic facilities that can minimise

inflammation of the joints, including *Living Longer Living Stronger* and one of the largest hydrotherapy pools in Melbourne.

Living Longer Living Stronger is a progressive strength program for over 50s, designed to increase strength, balance, flexibility and co-ordination. Research demonstrates strength training can help prevent arthritis and relieve stiffness.

GESAC's hydrotherapy pool is heated to 34 degrees and provides a range of benefits to members and guests. The warmth of the pool allows the muscles to relax, taking the pressure and pain off the joints. This will make it easier to exercise. The water also supports your weight, which will help increase the range of movement in your joints.

Arthritis can be a hugely debilitating condition but including appropriate gentle exercise in your treatment plan can reduce symptoms and improve quality of life.

For further information on GESAC's

programs and facilities, contact 9570 9200 or visit www.gesac.com.au



Glen Eira Senior Citizens Register calling for volunteers

Are you looking for a volunteering opportunity that has a positive impact on people's lives? Managed by the Moorabbin Proactive Policing Unit, the *Glen Eira Senior Citizens Register* is designed to connect and support some of our more vulnerable community members.

The *Register* provides a service whereby older or isolated individuals can nominate to receive regular phone contact from volunteers to check that they are safe and well.

Leading Senior Constable Gary Oram said the *Register* is a great asset to the community, increasing communication and regular contact with vulnerable community members and connecting them with a friendly person to talk to.

"It is an enjoyable activity for both the volunteer and the community members who often look forward to their weekly phone call," Leading Senior Constable Oram said.

Volunteers are provided with training and generally donate their time at least one morning per week for approximately two hours.

To be a volunteer for the *Register*, people need to have good communication skills and a genuine interest in helping others.

For further information or if you would like to volunteer, contact Community Liaison Officer Leading Senior Constable Gary Oram on 9556 6311.

Delivered Meals Service

Glen Eira City Council offers a tasty Delivered Meals Service for older people or people with a disability who reside in Glen Eira and have difficulty preparing their own meals.

Meals are healthy and nutritious and cater for all dietary requirements.

Delivered Meals Co-ordinator Chris Wilson said the menu is appetising and offers a range of choice.

"Clients can select from six mains and four desserts including a mix of old favourites such as roast lamb, salmon patties, steak and mushroom casserole and meatloaf," Ms Wilson said.

"There are also modern choices such as sweet potato and sage risotto, lamb Rogan Josh, baked fish in tarragon sauce, gnocchi in mushroom sauce and red Thai chicken curry."

Soup and fruit juice are also included on the menu.

Meals are delivered each day between 9am and 1pm by a dedicated group of staff and volunteers, and are available chilled or hot depending on when the client wants to eat their meal.

For further information or to access this Service, contact Council's Service Centre on 9524 3333. Staff will ask a few questions to determine your eligibility for the Service and any dietary or delivery requirements. The Service can commence within one to two working days.

Social Support volunteers required

Social Support and Monitoring Service provides a valuable community service to isolated older people and people with a disability living independently within the Glen Eira community. Volunteer roles include assisting with shopping, transport and escort to appointments and friendly visiting. A car is essential and five years driving experience is required. If you have a few hours to spare and enjoy the company of others, contact Co-ordinator Sandra Tauber on 9571 8622 or email stauber@cige.org.au





Glen Eira’s aged care facilities reaccredited

Glen Eira City Council’s residential aged care facilities (Rosstown, Spurway and Warrawee) have successfully completed their required three year accreditation audits.

Carried out by the Australian Aged Care Quality Agency, the audit involves an onsite assessment of the quality of care and services provided to residents by a home, measured against the Accreditation Standards.

Each facility was audited against 44 criteria, including management systems; clinical care; resident lifestyle and physical environment; and safe systems.

All three sites received positive feedback from the audit, including:

“Resident engagement was frequent and positive.”

“Staff interactions are friendly and respectful.”

“Interactions between staff and residents

during lunchtime were lovely to watch — the atmosphere was similar to what it is like having lunch at home with friends.”

Residential Aged Care Manager Julie Heath said she was delighted with the result.

“Each year, we strive to provide our residents with quality care and services to make their time spent in our facilities feel like home,” Ms Heath said.

“To receive such positive feedback along with good results just reinforces that we are operating to high standards and our current systems are both efficient and effective.”

For further information on Council’s residential aged care services, visit www.gleneira.vic.gov.au

Respite care service available

Glen Eira City Council’s Community Care Unit provides a respite care service for older people and people with a disability.

Respite care aims to give the person who is doing the caring a break and provide a meaningful and interesting interaction for the person being cared for.

Respite can be home or community-based, with the support individualised to the person’s needs, interests or activities.

For younger residents with a disability, community-based respite provides the opportunity for a child or young adult to participate in fun and inclusive activities with their peers, such as swimming at the Glen Eira Sports and Aquatic Centre, going to the park or an indoor play centre, visiting the library or attending Little Athletics, Scouts and friendship circles.

Respite can also be utilised for a person to explore the municipality and learn how to purchase ingredients for cooking from local shops or travel on public transport.

Council’s respite service for older residents provides monitoring and support, while at the same time promotes the person’s independence, interests and connection with their community. This might be reminiscing with their photo album, listening to their favourite music or going for a walk in the garden.

For further information about Council’s respite care service, contact Council’s Service Centre on 9524 3333.

Caring for the Glen Eira community

Glen Eira City Council’s support workers undertake a range of caring roles in the community, providing services for clients of all ages.

Services include personal care (showering and dressing), home care (cleaning and household duties) and respite (time out for carers).

These services help the City’s older and disabled residents remain independent in their own homes for longer.

If you want to work flexible hours and seek a feel good job that offers opportunities for professional development, then why not consider working for Council’s Community Care Unit as a support worker?

You will be able to use your communication skills, empathy and initiative in assisting frail older people and people with disabilities to live independently at home.

A range of positions are currently available.

Positions are four or five days per week.

All prospective support workers must have a desire to work with older people and people with disabilities, good physical fitness, an ability to carry out the required duties, a car for work purposes and a current Victorian driver’s licence.

All applicants will also be required to undergo a police check and a work-based medical check.

For further information, contact Council’s Service Centre on 9524 3333.

Property maintenance

Glen Eira City Council’s Property Maintenance team assists frail older residents and residents with a disability with basic repairs and maintenance in and around the home to ensure a safe and secure home environment.

The Service aims to support eligible residents to live at home independently for as long as possible.

The main focus of the Service is on safety and security. A range of tasks such as changing light globes; installing smoke detectors or changing their batteries and; installing handrails and mobility aids is a priority of the Service. A range of minor repairs and maintenance can also be provided, both inside and outside the home.

Some tasks are unable to be undertaken by the Service, particularly those which require the services of a qualified tradesman such as plumbing or electrical

work. Jobs which require a specialist contractor can also not be undertaken, including lawn and garden maintenance and window cleaning.

For initial enquiries, contact Council’s Service Centre on 9524 3333. A fee is charged for this service and varies according to income.

Funding is provided by the Commonwealth and Victorian Governments through the *Home and Community Care (HACC)* program to assist Council in providing these services.



Community Diary

Please note: due to high the volume of submissions we receive, entries must be submitted monthly. Only submissions received each month will be published. For a list of deadlines, email: sbrown@gleneira.vic.gov.au

MEETINGS AND CLUBS

Australian Plants Society South East Melbourne Region meets on the first Tuesday of every month from 8pm at Hughesdale Community Centre, corner Poath and Kangaroo Roads, Hughesdale. Guest speaker and light supper provided. Visitors and new members welcome. Contact: 9578 3171.

Bentleigh Bayside Parkinson's Peer Support Group meets on the fourth Monday of every month from 1.30pm to 3.30pm at Bentleigh-Bayside Community Health, Gardeners Road, Bentleigh East. Contact: 9581 8700.

Bentleigh Combined Probus Club Inc. meets on the second Thursday of every month at 10.30am at Bentleigh RSL, 538 Centre Road, Bentleigh. Contact: 9579 5506.

Bentleigh Ladies Probus Club meets on the first Thursday of every month at 10am at the United Church, 497 Centre Road, Bentleigh. Contact: 9557 4067.

Brighton Philatelic Society meets on the first Saturday of every month at 1pm; the second Tuesday of every month at 8pm; the third Tuesday of every month at 10am; and the fourth Tuesday of every month at 6.30pm. All meetings are held at 80 Gardenvale Road, Gardenvale. Activities include stamp displays and stamp trading. New members welcome. Diary date: a Military Stamp Exhibition will be held on 1 and 2 August. Contact: 0403 009 583.

Carnegie Lions Club meets on the first and third Tuesday of every month at 7pm at Murrumbeena Park Bowls Club, Gerald Street, Murrumbeena. New members welcome. Contact: <https://www.facebook.com/CarnegieLionsClub>

Carnegie/Murrumbeena Senior Citizens Club meets every Tuesday, Thursday and Friday from 1pm to 4pm in the Boyd Room at Carnegie Library, 7 Shepparson Avenue, Carnegie. Contact: 9568 2727.

Carnegie Rostrum Club practises public speaking on the first and third Monday of every month (except Easter Monday) at 7.15pm in the Boyd Room at Carnegie Library, 7 Shepparson Avenue, Carnegie.

Contact: 0413 442 790.

Caulfield Over 50s Dancing Group meets every Monday (except public holidays) from 12.30pm to 3.30pm at Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield. Cost of \$5 includes afternoon tea. Contact: 9822 2064.

Centenary Park Tennis Club hosts Wednesday night tennis from 7.30pm at 120 Brady Street, Bentleigh East. Cost of \$10 for non-members includes light supper. New members welcome. First night is free. Contact: 9579 5774.

Centre Bentleigh Garden Club meets on the first Tuesday of every month at 1.30pm at the YWCA hall, 178 East Boundary Road, Bentleigh East. Visitors and new members welcome. Contact: 9570 7045.

Glen Eira Brass Band rehearses every Wednesday from 7.30pm at the back of the Caulfield Park Bowls Club. If you can play a brass instrument or would like to learn, then come along. Contact: 0408 354 398.

Glen Eira Combined Probus Club meets on the fourth Friday of every month from 10am to 12pm at The Bentleigh Club, Yawla Street, Bentleigh. New members welcome. Morning tea provided. Contact: 9583 4822.

Glen Eira Tennis Club hosts Thursday morning men's and mixed doubles tennis for over 55s from 9am at Princes Park, Caulfield South (enter from Beech Street). All welcome. Contact: 9523 6966 or 9528 6475.

Phoenix Park All Ability Table Tennis Group meets every Monday and Thursday during the school term from 5.30pm to 7pm. Coaching by Zvi Schweitzer and Paul Bronstein. Contact: 0412 804 036.

Phoenix Park Community Table Tennis Club operates on Mondays and Thursdays. Seniors: 9am to 1pm. Juniors: (all ages and abilities) 5.30pm to 10.30pm. Junior coaching held on Mondays and Thursdays from 5pm to 7pm with Paul Bronstein. Contact: 0412 804 036.

Piano Lovers Group meets monthly on Monday mornings for two hours. The

Group has access to a Beale grand piano. Contact: 9391 4091.

Probus Club of Bentleigh East meets on the second Tuesday of every month at The Bentleigh Club, Yawla Street, Bentleigh. Contact: 9592 2071.

Probus Club of Brighton East meets on the second Friday of every month at 10am at The Bentleigh Club, Yawla Street, Bentleigh. Contact: 9029 6084.

Oakdale Angling Club meets fortnightly on Wednesday nights at 8pm at Murrumbeena Park Hall. Car park entry off Bute or Erindale Streets. Contact: 0429 400 367.

Ormond Angling Club Inc. meets on the first and third Wednesday of every month from 8pm at 462 North Road, Ormond. Contact: 0407 800 719.

Ormond Tennis Club, Foch Street, Ormond, welcomes new players to join Wednesday night social tennis from 7pm. Non-members: \$10. Contact: 0408 131 479.

Sandbelt Ladies Probus Club meets on the first Monday of every month from 10am at Bentleigh RSL, 538 Centre Road, Bentleigh. Visitors welcome. Contact: 9570 6766.

EVENTS

Old Haileyburians' Amateur Football Club play Peninsula OB on Saturday 13 June and PEGS Football Club on Saturday 27 June. Both matches start at 2pm at Princes Park, Beech Street, Caulfield South. All welcome. Contact: 0402 526 606.

GriefLine Winter High Tea will be held on Sunday 14 June from 2.30pm to 5pm at Merrimu, 1300 Danadenong Road, Murrumbeena. Cost is \$55 and all proceeds will go to the *Children's Program*. RSVP essential. Contact: 9935 744 or email jennyf@griefline.org.au

The Handmade Show will be held on Saturday 20 June from 10.30am to 3.30pm at St. Anthony's Parish Hall, corner Grange and Neerim Roads, Glen Huntly. There is a café, entertainment and giveaways. Entry is free. Contact: thsapplications@gmail.com or

visit www.thehandmadeshow.blogspot.com

RCTVA Sputnik 20th anniversary gala concert will be held on Sunday 21 June from 5pm to 8pm St Kilda Town Hall. The concert will include prominent pianists, violinists, singers, dancers and jazz musicians. Tickets: \$25/\$20. Contact: 9593 8137, 0411 560 880 or visit www.trybooking.com/HPUP

Team of Pianists concert, *The Team's Favourites*, will be held on Sunday 21 June at 6.30pm at Rippon Lea, 192 Hotham Street, Elsternwick. Robert Chamberlain, Max Cooke and Darryl Coote will perform. Cost: \$40 adults, \$35 pensioners, \$35 National Trust members, \$20 children and full-time students under 25 years. Contact: 9527 2851.

COMMUNITY

Beginner's bridge course will commence on Tuesday 9 June at 9.30am at The Bentleigh Club. Cost for the eight week, two hours per week course is \$25, which includes membership to The Bentleigh Club. Contact: 9576 5413.

Dog/pet sitting club: Expressions of interest invited. Members look after each other's animals whilst away, based on a points system. Contact: 0408 102 552 (SMS preferred) or email katieshafar@gmail.com

Elsternwick Croquet Club: come and try golf croquet. Easy-to-learn. All equipment supplied. Just wear flat heels. Groups welcome. Contact: 0411 806 208 or visit <http://www.croquetvic.asn.au/clubs.php>

Glen Eira Adult Learning Centre offers iPad classes; computer courses, including internet shopping; social media and digital photos; MYOB; career choices, Intro to Business Admin; writing; English for migrants; and a Tai Chi class. Contact: 9578 8996 or visit www.gealc.org.au

Glen Eira Adult Learning Centre, 419 North Road, Ormond offers a free event management course, with an opportunity to gain new skills and experience. Conditions apply. Contact: 9578 8996.

State Government extend outdoor smoking bans

State Government has extended outdoor smoking bans. Smoking is now banned in the City of Glen Eira on the grounds of, and within four metres of an entrance to:

- ∞ childcare centres;
- ∞ kindergartens and preschools;
- ∞ primary and secondary schools;
- ∞ public hospitals;
- ∞ registered community health centres;
- ∞ children’s indoor play centres; police stations; and
- ∞ all Council owned buildings.

These changes have been put in place to protect the community from exposure to second-hand tobacco smoke, further de-normalise smoking in the community, and support people who have quit or are trying to quit smoking. Second-hand tobacco smoke is particularly dangerous to children and young people because they have smaller airways and less developed immune systems compared to adults.

If someone is caught smoking within a smoke-free area, they could be issued a fine by authorised officers under the *Tobacco Act 1987*.

Signs will be put at the entrance of buildings, which the new bans apply.

Glen Eira City Council asks people who live, study, work or recreate in the City of Glen Eira, to respect the new bans and everyone’s right to a smoke-free environment.

For further information, visit: www.health.vic.gov.au/tobaccoreforms

州政府扩大了室外禁烟的范围

州政府扩大了室外禁止吸烟的范围。现在，Glen Eira 市政府的场地以及以下地方都禁止吸烟：

- ∞ 托儿中心；
- ∞ 幼稚园和学前班；
- ∞ 小学和中学；
- ∞ 公立医院；
- ∞ 注册社区保健中心；
- ∞ 儿童室内游戏中心；以及
- ∞ 市政府拥有的所有建筑物。

这些变动已经实施，以保护社区成员免受二手烟的伤害，在社区中进一步加深吸烟行为并不正常的观念，并且支持烟民戒烟。吸入二手烟对儿童和年轻人尤其有害，因为他们的呼吸道和免疫系统还未发育成熟。

对在禁烟地方违禁吸烟者，受权官员将根据《1987年烟草法令》开出罚款单。

禁烟新规定相关的建筑物入口将设立禁烟标志。

Glen Eira 市政府请在Glen Eira 市政区生活、学习和工作的人尊重新的禁烟规定及人们享受无烟环境的权利。

如需详情， 请查阅网页 www.health.vic.gov.au/tobaccoreforms

Η Πολιτειακή Κυβέρνηση διευρύνει την απαγόρευση του καπνίσματος στους υπαιθρίους χώρους

Η Πολιτειακή Κυβέρνηση διέυρυνε την απαγόρευση του καπνίσματος στους υπαιθρίους χώρους. Το κάπνισμα τώρα απαγορεύεται στο Δήμο Glen Eira στους χώρους και εντός τεσσάρων μέτρων από τις εισόδους στα:

- ∞ κέντρα παιδικής φροντίδας
- ∞ νηπιαγωγεία και προσχολικά κέντρα,
- ∞ πρωτοβάθμια και δευτεροβάθμια σχολεία,
- ∞ δημόσια νοσοκομεία,
- ∞ εγγεγραμμένα κέντρα κοινοτικής υγείας
- ∞ κλειστά παιδικά κέντρα παιχνιδιών, αστυνομικοί σταθμοί, και
- ∞ όλα τα δημοτικά κτίρια.

Οι αλλαγές αυτές τέθηκαν σε εφαρμογή για την προστασία της κοινότητας από την έκθεση στο παθητικό κάπνισμα, την περαιτέρω απομαλοποίηση του καπνίσματος στην κοινότητα και την υποστήριξη των ανθρώπων που έκοψαν ή προσπαθούν να κόψουν το κάπνισμα. Το παθητικό κάπνισμα είναι ιδιαίτερα επικίνδυνο στα παιδιά και στους νέους επειδή έχουν μικρότερους αεραγωγούς και λιγότερο ανεπτυγμένο ανοσοποιητικό σύστημα σε σύγκριση με τους μεγάλους.

Αν κάποιος συλληφθεί να καπνίζει μέσα σε χώρο που απαγορεύεται το κάπνισμα, μπορεί να του επιβληθεί πρόστιμο από εξουσιοδοτημένους υπαλλήλους βάσει του *Νόμου Περί Καπνού 1987*.

Θα αναρτηθούν πινακίδες στην είσοδο των κτιρίων στα οποία ισχύουν οι νέες απαγορεύσεις.

Ο Δήμος Glen Eira ζητάει από τους ανθρώπους που ζουν, σπουδάζουν, εργάζονται ή αθλούνται στην πόλη Glen Eira να σέβονται τις νέες απαγορεύσεις και το δικαίωμα του καθενός να ζει σε περιβάλλον χωρίς καπνό τσιγάρων.

Για περισσότερες πληροφορίες, επισκεφθείτε την ιστοσελίδα www.health.vic.gov.au/tobaccoreforms

राज्य सरकार भवनों के बाहर धूम्रपान पर प्रतिबंध का विस्तार कर रही है

राज्य सरकार ने भवनों के बाहर धूम्रपान पर प्रतिबंध का विस्तार कर दिया है। सिटी ऑफ़ ग्लेन एरा में धूम्रपान अब निम्नलिखित परिसरों पर, और प्रवेश द्वार के चार मीटर के अंदर प्रतिबंधित है:

- ∞ शिशु देखभाल केन्द्र;
- ∞ किंडरगार्टन और प्रिस्कूल;

- ∞ प्राथमिक और माध्यमिक स्कूल;
- ∞ सरकारी अस्पताल;
- ∞ पैंजीकृत सामुदायिक स्वास्थ्य केन्द्र;
- ∞ बच्चों के इनडोर खेल केन्द्र;
- ∞ पुलिस स्टेशन; और
- ∞ परिषद के स्वामित्व वाले सभी भवन।

इन परिवर्तनों को तंबाकू के अप्रत्यक्ष धुएँ के संपर्क में आने से समुदाय की रक्षा करने के लिए, समुदाय में धूम्रपान को और अधिक गैर-मानक बनाने के लिए, और धूम्रपान छोड़ने वाले या छोड़ने की कोशिश करने वाले लोगों का समर्थन करने के लिए लागू किया गया है। तंबाकू का अप्रत्यक्ष धुआं बच्चों और युवा लोगों के लिए विशेष रूप से खतरनाक होता है क्योंकि वयस्कों की तुलना में उनके साँस लेने के मार्ग और प्रतिरक्षण तंत्र कम विकसित होते हैं।

यदि किसी को एक धूम्रपान-मुक्त क्षेत्र के भीतर धूम्रपान करते हुए पकड़ा जाता है, तो उसपर प्राधिकृत अधिकारियों द्वारा तंबाकू अधिनियम 1987 के तहत जुर्माना लगाया जा सकता है।

जिन भवनों पर नए प्रतिबंध लागू होते हैं, उनके प्रवेश-द्वारों पर चिह्न लगाए जाएंगे।

ग्लेन एरा नगर काउंसिल सिटी ऑफ़ ग्लेन एरा में निवास करने वाले, पढ़ाई करने वाले, काम करने वाले या मनोरंजन करने वाले लोगों को नए प्रतिबंधों का सम्मान और प्रत्येक व्यक्ति के धूम्रपान-मुक्त वातावरण के अधिकार का सम्मान करने के लिए आग्रह करता है।

और अधिक जानकारी के लिए कृपया वेबसाइट www.health.vic.gov.au/tobaccoreforms देखें।

Il Governo Statale estende il divieto di fumo in luoghi aperti

Il Governo Statale ha esteso il divieto di fumo in luoghi pubblici all’aperto. Nel Comune di Glen Eira è ora proibito fumare all’interno dell’area ed entro quattro metri dall’ingresso di:

- ∞ nidi d’infanzia;
- ∞ asili e e centri prescolastici;
- ∞ scuole elementari e superiori;
- ∞ ospedali pubblici;
- ∞ centri sanitari comunitari registrati;
- ∞ centri gioco per l’infanzia al coperto; commissariati di polizia; e
- ∞ tutti gli edifici di proprietà del Comune.

I suddetti cambiamenti sono stati effettuati allo scopo di proteggere i residenti dall’esposizione al fumo passivo, denormalizzare ulteriormente il fumo nella comunità e sostenere coloro che hanno smesso o stanno cercando di smettere di fumare. Il fumo passivo è particolarmente dannoso nei bambini e nei giovani in quanto presentano vie respiratorie più piccole ed un sistema immunitario meno sviluppato rispetto all’adulto.

Chiunque verrà colto a fumare all’interno di un’ area nella quale è vietato fumare, potrà incorrere nell’elevazione di una multa da parte di funzionari

autorizzati ai sensi della legge antifumo *Tobacco Act 1987*.

All’interno degli edifici ai quali si applica il divieto saranno affissi gli appositi segnali.

Il Comune di Glen Eira City fa richiesta a tutti coloro che vivono, studiano, lavorano o utilizzano i centri ricreativi di Glen Eira di rispettare i nuovi divieti ed il diritto comune ad un ambiente senza fumo. Per ulteriori informazioni visitare il sito www.health.vic.gov.au/tobaccoreforms

Правительство штата Виктория расширяет запрет на курение в общественных местах, на открытом воздухе

Правительство штата Виктория расширило запрет на курение в общественных местах, на открытом воздухе. Теперь в муниципалитете Glen Eira курение на открытом воздухе запрещено на территории следующих учреждений (а также на расстоянии менее 4 метров от входа в эти учреждения):

- ∞ детские ясли;
- ∞ детские сады и другие дошкольные учреждения;
- ∞ начальные и средние школы;
- ∞ государственные медицинские учреждения;
- ∞ зарегистрированные общественные центры здоровья;
- ∞ здания детских игровых центров; полицейские участки;
- ∞ все принадлежащие муниципалитету здания.

Эти изменения предназначены для защиты населения от пагубных последствий пассивного курения, дальнейшей де-нормализации курения в общественном сознании, а также для того, чтобы помочь тем, кто бросил или пытается бросить курить. Пассивное курение особенно опасно для детей и подростков, поскольку по сравнению со взрослыми у них меньшие по размеру воздушно-дыхательные пути и еще не сформировавшаяся окончательно система иммунитета.

Нарушение запрета на курение в этих местах может повлечь за собой штраф в соответствии Законом о табаке и табачных изделиях 1987 года.

На входе в здания, на которые распространяется новый запрет, будут помещены соответствующие объявления.

Муниципалитет Glen Eira просит всех, кто живет, работает или проводит досуг в муниципалитете, соблюдать новый запрет на курение и уважать право других людей на свободную от курения окружающую среду.

Дополнительную информацию можно получить онлайн www.health.vic.gov.au/tobaccoreforms

Community consultation

Consultation involves the community in Glen Eira City Council’s planning and activities and helps Council to understand the community’s priorities and issues. For further information, contact Council’s Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

Subject	Type	Date	Where
<i>Draft 2015–16 Annual Budget</i>	Comments and submissions	Closes Thursday 4 June	Copies available from Council’s Service Centre, libraries and website



Exhibitions

Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield.
Phone: 9524 3333. Opening times: Monday–Friday, 10am–5pm, Saturday and Sunday,
1pm–5pm. Free admission.

Interactive children's activity — Telling Tales

Saturday 27 June and Friday 3 July
from 2pm–4pm

Come along and explore this free, vibrant and interactive component of the *Arcadia* exhibition. Children are invited to create their own artworks and add them to the display throughout the duration of the exhibition.

This interactive activity is designed for primary school children aged four to 12 and is facilitated by local artist Madeleine Grummet from Do Re Me Creative.

Limited places are available. Book online at www.gleneira.vic.gov.au



ARCADIA

22 May–12 July

Curator: Diane Soumilas

This exhibition explores the realms of history, cultural identity, migration, storytelling and the natural world, immersing the viewer in constructed, staged utopian landscapes and local environments. Works by established and emerging Australian artists including Valerie Sparks, Michael Cook, Sonia Payes, Polixeni Papapetrou and Abdul-Rahman Abdullah are featured. The artists' concerns with memory, personal history, cultural, colonial and natural history are investigated, traversing fictional dream worlds and reality.

Presented in association with the 2015 *Storytelling Festival*.

Meet the artist — floor talk by Valerie Sparks. Friday 19 June at 12.30pm. Free admission. Glen Eira City Council Gallery.

Meet the curator — floor talk by Diane Soumilas. Friday 26 June at 1pm. Free admission. Glen Eira City Council Gallery.



Valerie Sparks
Le Vol / 2014
Pigment inkjet print
140 x 220 cm

Courtesy of the artist and
This is No Fantasy



Polixeni Papapetrou
The Storyteller 2014
from *Lost Psyche*
Pigment ink print
100 x 150cm

Courtesy of the artist and
Stills Gallery

Join us to celebrate NATIONAL RECONCILIATION WEEK at Mallanbool Reserve

Corner Leila and Murrumbeena Roads | Murrumbeena (Melway 68 K8)

Sunday 31 May, 12pm

Welcome to Country and Smoking Ceremony, indigenous dance workshop and bush tucker BBQ. Guided tours of natural flora and fauna with cultural and historical insights.

Reconciliation: It's time to change it up



GLEN EIRA
CITY COUNCIL

www.gleneira.vic.gov.au

Musician call out

Glen Eira City Council's Youth Leadership Team is calling on bands, soloists, duos, acoustic acts or vocalists to submit their demo for a chance to play and compete for some awesome prizes in this year's *Sounds of Glen Eira* youth music event.

Selected performers will be in the running to win two full days recording in Council's *Plugged In* music recording studio with a professional sound engineer who will record, mix and master your tracks. One lucky finalist will also be selected to perform at the *2016 Party in the Park — Under the Stars* event, which will be held early next year.

To enter, send your demo CD and contact details along with a musician or band biography to the Youth Information Centre — 86 Robert Street, Bentleigh by Friday 21 August.

Sounds of Glen Eira will be held on Friday 18 September and is a fully supervised drug, alcohol and smoke free event.

For further information, contact Youth Services on 9524 3676 or email bcross@gleneira.vic.gov.au



Calling all girls!

B.A.M. — Body and Mind is back for another term.

B.A.M is a free program specifically designed for young females aged 14 to 25 years. Girls will learn basic self-defence techniques and discuss emotional awareness and decision-making. The program runs every Wednesday from 4.30pm to 5.45pm at Bentleigh McKinnon Youth Centre for eight consecutive weeks starting in term three. No prior knowledge of martial arts is required. People who work, study or socialise in the City of Glen Eira are encouraged to come along and get active and have some fun, all while learning some important skills.

For further information or to book, contact Youth Services on 9524 3676.



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membership details.

BENTLEIGH BENTLEIGH EAST BRIGHTON EAST CARNEGIE
CAULFIELD ELSTERNWICK GARDENVALE GLEN HUNTLY
MCKINNON MURRUMBEENA ORMOND ST KILDA EAST

Get Plugged In — attention all upcoming musicians and bands

Would you like to learn how to record and produce your own music?

Would you like access to a music recording studio with leading industry technology?

If the answer is yes, come and join Glen Eira City Council's Youth Services *Plugged In* program.

Plugged In is a music program for young musicians and bands interested in learning about music and sound production. Held at the Youth Information Centre's purpose built recording studio (fully equipped with instruments), *Plugged In* runs once a week for eight sessions during the school term. The program covers a range of topics, including sound/music theory; studio set-up; audio interfaces; instruments; microphones; MIDI controllers; sound engineering; and recording. All participants finish this program with their own piece of produced music.

Once participants complete the program, they have access to book the studio during office hours to record their own music.

This program is for young people who live, work, study or socialise in the City of Glen Eira.

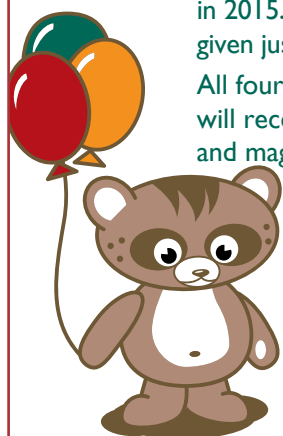
For further information or to register, contact Youth Services on 9524 3676 or email youthservices@gleneira.vic.gov.au



Special four-year-old immunisation sessions 2015

Glen Eira City Council's Immunisation Service is offering immunisation sessions for four-year-old children in 2015. These immunisations are recommended to be given just prior to a child's fourth birthday.

All four-year-old children receiving their immunisation will receive a free show bag. Face painting, balloons and magic tricks will keep the kids entertained.



Saturday 13 June
9.30am–11.30am

Bentleigh-Bayside Community
Health Centre
Gardeners Road
Bentleigh East

Wednesday 1 July
4pm–6pm

Carnegie Library and
Community Centre
7 Shepparson Avenue
Carnegie

Saturday 1 August
9.30am–11.30am

Bentleigh-Bayside Community
Health Centre
Gardeners Road
Bentleigh East



Glen Eira City Council

Bentleigh Bentleigh East Brighton East Carnegie Caulfield Elsternwick Gardenvale Glen Huntly McKinnon Murrumbeena Ormond St Kilda East

Winter cycling tips



Cycling is a great way to improve your fitness, beat traffic and make a positive impact on the environment. However, as the days get shorter and colder, cyclists should ensure they are well prepared and extra cautious on both roads and bike paths.

Here are some tips:

Be seen

If you are commuting to and from work, chances are you will be riding in the dark. Cyclists are encouraged to wear bright clothing with reflective strips to make them more visible to drivers, pedestrians and other cyclists. They must also ensure they have lights on their bike. In Victoria, it is a legal requirement to ride with lights on your bike at night. As a minimum they should be visible from at least 200 metres. Side reflectors are also important as many lights will not be visible from side on. Secondary helmet lights are recommended as they are at different height. Remember red lights at the back and white lights on the front.



Keep dry

Riders are encouraged to invest in some mudguards to prevent water splashing up on them while they're riding. Many rear guards attach simply to the seat post. It is also a good idea to carry a plastic bag to keep your seat dry if you are planning to lock your bike outside.

Ring your bell

When cycling on rail trails and bike paths (shared footways), cyclists should always ring their bell, call 'passing' and slow down when approaching walkers/runners from behind.



Warm clothing

Invest in some good quality gloves and a windproof jacket. Gloves do not need to be cycling specific but you will need to be able to use the brakes and change gears. Windproof jackets will be available at a range of stores including bike stores and outdoor/adventure stores. Remember a jacket that breathes will also keep you dry as you work up a sweat.

Sportsground lighting

New sportsground lighting has been installed at Caulfield Park ovals 3 and 4. The new lighting will assist sports clubs in maintaining safe sportsground surfaces during the winter months by dispersing the training load over more ovals and a wider area. It is also of great benefit to the sports clubs to maximise usage of the sports fields available.

The new lighting at Caulfield Park will complement the recent redevelopment works of ovals 3 and 4, completing the project and ensuring that the lighting levels meet the required Australian Standards for training.

Mallanbool Reserve

Mallanbool Reserve in Murrumbidgee is filled with history. The Reserve features a cultural and botanical interpretive trail that allows visitors to learn about the original inhabitants of the area — the Kulin Nation. The trail takes people on a journey through the Kulin way of life, which included harvesting plants, fishing and hunting.

The interpretive trail's botanical element outlines the native plant life that was abundant prior to European settlement. It also explains a variety of ways the Kulin people used the plants including hunting and medicinal purposes.

The trail is accompanied by an access for all-abilities pathway around Mallanbool Reserve. The brass signs have been mounted on slabs of red gum that were harvested from fallen timber. River red gum trees were common to the region and were very useful to the Kulin Nation.

They were used for house and canoe construction; and for making containers to hold water and nectar.

The City of Glen Eira also has other historical walks and trails. Hopetoun Gardens in Elsternwick and Caulfield Park in Caulfield North feature tree walks or you could explore the historic Rosstown Rail Trail, which starts at Elsternwick Plaza.

For further information, visit www.gleneira.vic.gov.au



Immunisation sessions

Bentleigh-Bayside Community Health Gardeners Road, Bentleigh East

Saturday 27 June and Saturday 18 July
9am–11am
Wednesday 10 June and Wednesday 8 July
5.30pm–7.30pm
Thursday 25 June and Thursday 30 July
5.30pm–7.30pm

Carnegie Library and Community Centre
7 Shepparson Avenue, Carnegie
Wednesday 17 June and Wednesday 15

July 1pm–2.30pm and 5.30pm–7.30pm

DC Bricker — Princes Park
Beech Street, Caulfield South
Monday 29 June and Monday 27 July
9.30am–11.30am

Glen Eira Town Hall Auditorium
(entry via Glen Eira Road)
Corner Glen Eira and Hawthorn Roads, Caulfield
Tuesday 9 June and Tuesday 14 July
9.30am–11.30am
Tuesday 2 June and Tuesday 7 July
6pm–7pm

Glen Huntly Maternal and Child Health Centre
Corner Royal and Rosedale Avenues, Glen Huntly
Wednesday 24 June and Wednesday 29 July 9.30am–11.30am

McKinnon Public Hall
118 McKinnon Road, McKinnon
Monday 1 June and Monday 6 July
9.30am–11.30am



Glen Eira Library and Learning Centres



14/15

LIBRARY NEWS

JUNE 2015

GLEN EIRA NEWS

Latest magazines just a click away

Want to read the latest magazines for free? Then log onto the library website library.gleneira.vic.gov.au where you can find the latest edition and back issues of popular magazines, including *Australian Women's Weekly*, *Vogue*, *The Economist*, *Belle* and *Gourmet Traveller*. You will also find special interest magazines like *Digital Photography*, *Runner's World* and *Macworld Australia*.

All magazines can be download to your computer, tablet or smartphone. The collection is continually growing with more titles being regularly added, including popular overseas magazines.

To download from the collection, you need to be a library member. Membership is quick, easy and free. To join, visit your local Glen Eira library or library.gleneira.vic.gov.au. If you require assistance to get online, book an appointment with one of our tech support staff by contacting 9563 0971.



Holiday Mania

Join in the school holiday fun at your local Glen Eira library.

For ticketed events, purchase tickets online at library.gleneira.vic.gov.au from Monday 15 June.

Workshops have limited numbers and age requirements.

Mosaic owls

Tuesday 30 June, 10am–11.30am
Carnegie Library and Community Centre — Boyd Room

Learn how to mosaic and create a colourful owl using bright ceramic tiles with the Art Factory.

Suitable for children aged five to 10.

Tickets: \$10. This workshop caters for a small group — limited tickets available.

Sand bottle art

Thursday 2 July, 10.30am–1pm
Carnegie Library — foyer

Create your own sand bottle masterpiece.

Suitable for children six years and over.

Free. No bookings required. Wait times may apply.

Colourful pencil cases

Friday 3 July, 1pm–4pm
Elsternwick Library
Thursday 9 July, 1pm–4pm
Bentleigh Library

Come along and colour in your own pencil case to keep.

Suitable for children aged four years and over.

Free. No bookings required. Wait times may apply.

Lego animation

Friday 3 July, 9.30am–12pm
Carnegie Library and Community Centre — Boyd Room

Make your own animation using Lego. Lego and all equipment supplied. You can bring along your own figurines if you like. Your completed video will be uploaded to YouTube after the workshop so you can share your creation.

Strictly for children aged nine to 17.

Tickets: \$20.

This workshop caters for a small group — limited tickets available.

Ancient Egyptian craft

Tuesday 7 July, 10am–11.30am
Carnegie Library and Community Centre — Boyd Room

Make a mummy, learn hieroglyphics and more in this exciting workshop.

Suitable for children aged six to 10.

Tickets: \$10.

Create a backpack

Tuesday 7 July, 1pm–4pm
Elsternwick Library

Come along and colour a backpack. Choose one of three designs and colour within the lines to give it your individual look.

Suitable for children aged four to seven.

Free. No bookings required. Wait times may apply.

Zumba spin and hip hop/funk

Zumba Friday 10 July, 10am–10.45am
Hip Hop Friday 10 July, 11am–12pm

Carnegie Library and Community Centre — Boyd Room

Join the ultimate in dance-fitness fun for both boys and girls. Loud, age-appropriate music that will get kids moving to the beat. Energy levels will soar as kids get into the groove.

Suitable for children aged six to 12.

Tickets: \$10.



Gamers' Challenge

School holiday weekdays
4pm–6pm
Carnegie Library

Test your gaming skills on PS4.

Free. No bookings required.



Holiday gaming

Caulfield Library
Elsternwick Library

School holiday weekdays, 2pm–6pm
Enjoy extended PS4 and Xbox One play during the holidays.

Free. No bookings required.

Introduction to Skype

**Wednesday 17 June,
10.30am–12pm
Carnegie Library — Tech Room**

In this workshop, learn how to set up a Skype account, invite friends and make voice and video calls to friends and family using your iPad and iPhone.

Limited numbers apply.

Bookings are required and can be made online at library.gleneira.vic.gov.au at any Glen Eira library or by contacting 9563 0971.

Forgotten Rebels

**Clare Wright
Tuesday 16 June, 7pm**

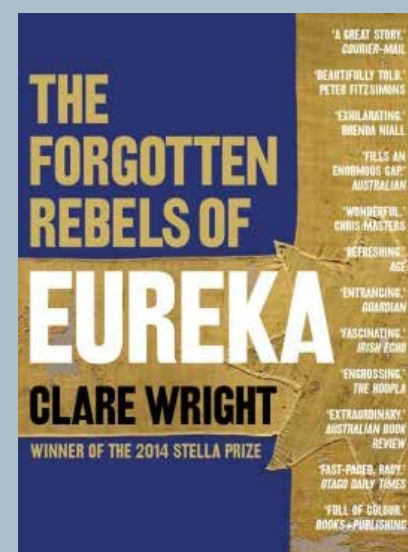
Glen Eira Town Hall — Theatre
Corner Glen Eira and Hawthorn Roads,
Caulfield

The Eureka Stockade is one of Australia's founding legends but until now, it's been based on a band of rebel men, defending their rights amidst a barrage of bullets. Historian Clare Wright reveals there were thousands of women on the goldfields, and some inside the Eureka Stockade. Clare will talk about these forgotten women and look at who writes history and how that dictates the main story.

Clare is a historian and has worked as a political speech writer, university lecturer, historical consultant and radio and television broadcaster. Her first book, *Beyond the Ladies Lounge: Australia's Female Publicans*, received critical and popular acclaim. She researched and wrote the ABC documentaries *Utopia Girls* and *The War That Changed Us*. *The Forgotten Rebels of Eureka* won the 2014 Stella Prize.

Bookings are required and can be made online at library.gleneira.vic.gov.au at any Glen Eira library or by contacting 9563 0971.

A Glen Eira Storytelling Festival event.



Glen Eira BusEd — linking business and education



Students helping local businesses with website development, business administration and more ...

Glen Eira City Council's *BusEd Program* has linked Glen Eira businesses with more than 500 student projects since 2002 through its tertiary partners, including Monash University, Swinburne University and Holmesglen Institute.

Expressions of interest are now being sought from Glen Eira business owners who would like to participate in the *BusEd* semester two projects commencing in August.

Swinburne IT projects

Business owners have the opportunity to work collaboratively with final year Swinburne IT students who will build websites, develop customised software solutions or analyse and make recommendations for their business technology.

Improved business technology can help businesses to develop by supporting e-commerce and online marketing strategies; simplifying business processes; enhancing interaction with clients; and, improving the way businesses manage information.

There is no cost to participate in the *Program* — just a commitment to invest the necessary time to allow for the best possible outcome.

Here is what two businesses currently participating in Swinburne projects, had to say.

Marlo's of Bentleigh — new website

Chris Lovelock of café Marlo's in Bentleigh applied for a Swinburne IT project with

the goal of learning about technology and developing a website to help him promote the business.

He is hoping to attract new clientele by building a website that will include a newsletter, photo gallery, customer stories and a virtual 'cork board'.

Chris said he is impressed with the students so far.

"The students are keen to understand my requirements, and are open to feedback. I am hopeful for a great outcome," Chris said.

Bayside Dental Studio — new website and patient information management system

Craig Hitchiner of Bayside Dental Studio in Gardenvale is looking forward to implementing the new website and patient information management system that is being developed by his student team.

The new website will have an online booking system and the patient information management system will help streamline Craig's data entry processes and save time.

Craig said the students have been fantastic.

"They come prepared to each meeting and are very enthusiastic about delivering a result that will help my business," Craig said.

Holmesglen Administration Student Placements

The *BusEd Program* is seeking expressions of interest from business owners who would like to host a Holmesglen Diploma of Business Administration student for four hours a week, for 10 weeks, to

perform business administration tasks that will support the business and enable the student to gain hands on experience.

To be eligible, businesses need to provide a variety of administration tasks, an appropriate workspace and adequate supervision for the student.

Current *Program* participant, Lisa Emrose of Rejuvenate Stays, is delighted with her placement student.

"I couldn't be happier with Venita. She is a great fit our business and carries out her tasks with a high level of professionalism and enthusiasm," Lisa said.

"She is currently working on collating the results from our guest surveys, which will really help us to improve our service offering."

For further information or if you would like to apply, contact Council's *BusEd* co-ordinator on 9524 3333 or email sbrouvalis@gleneira.vic.gov.au

Image: Chris Lovelock of Marlo's of Bentleigh (centre) reviewing new website with Swinburne University students Lovelesh Vinayak, Peter Yu Chia Chang, Sindhuja Kommineni and Pradyumna Eturi. Photo: Frank Amato.



Women's Business Network.

If it is to be, it is up to me! — take financial control

Make your time in business count — make sure your financials provide the relevant information to bring you the greatest result.

Gain some tips from an industry expert on how to plan your business finances — you will be surprised how easy it is to take control.

This session will:

- ensure you know how to read the warning signs;
- ensure you have the tools to make the changes; and
- ensure you have a solid financial plan for your business.
- ensure cash-flow remains the key focus of the business.

Presenter

Principal of Financial Management Trainer Jan Barsed (CPA, FFTP)

Jan is the author of *Achieving Financial Success — an essential guide for small business and Financial Management for not-for-profit organisations*. She is the owner of small business, Financial Management Trainer, which focuses on training small and medium businesses and not-for-profit organisations to take financial control of their businesses. Jan is a regular author, presenter and facilitator who makes understanding financial management easy, interesting and at times, fun!



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**DID YOU KNOW YOU
CAN RECYCLE PLASTIC
TOYS AND OTHER HARD
PLASTIC?**



For further information, visit www.gleneira.vic.gov.au or contact Council's Service Centre on 9524 3333.

Bentleigh Bentleigh East Brighton East Carnegie Caulfield Elsternwick Gardenvale Glen Huntly McKinnon Murrumbeena Ormond St Kilda East