

GLEN EIRA CITY COUNCIL

SEPTEMBER 2015

VOLUME 208

A Day

# gleneiranews



Glen Eira City Council has secured a commitment from the State Government to review town planning fees, so more of the cost is paid for by developers and less by ratepayers.

Glen Eira ratepayers are currently subsidising multi-unit property developers, with more than \$1 million being used to administer planning applications which are not funded by planning application fees.

When a planning application is lodged, a fee has to be paid. The fees do not cover the cost of processing developers' applications. The fees are set by the State Government and have not been increased at all in the last six years under both Coalition and ALP Governments.

Processing applications is costly and time consuming. The process involves: seeking specialist advice; consulting the community and considering objections; conducting public meetings; enforcing conditions of permits; and taking part in Victorian Civil and Administrative Tribunal (VCAT) appeals or mediations (for which Council receives no fee).

- Council: \$4,939;
- VCAT: \$10,261 (State); and
- Metropolitan Planning Levy: \$13,000 (State).

Typically, Council does about 90 per cent of the work and receives about 20 per cent of total fees.

The cost of administering around 1,500 planning applications each year is approximately \$3.3 million. This amount covers staff costs, legal, specialist advice, VCAT representation, etc. Council receives approximately \$885,000 in planning permit application fees and \$70,000 in subdivision fees.

The fault does not lie with individual developers — they pay the fee which state governments have set.

#### **Delegation to the Minister**

On 17 June 2015, Glen Eira City Council led a delegation of councils to meet Minister for Planning, The Hon. Richard Wynne MP. I note your concerns about the decreasing value of planning fees over the past five years and that residents and ratepayers rather than applicants are meeting the costs of administering planning.

In 2011 [in the previous Term of Parliament], a draft regulatory impact statement was finalised but never released for public consultation.

I am now considering options for a review of the regulations, including the option to increase planning application fees. The process will provide an opportunity for local government and other stakeholders to offer formal feedback as part of the review.

Let me assure you that I am committed to ensuring that new planning and subdivision fees regulations will better reflect the cost of providing planning services at the local level.

Glen Eira Mayor Cr Jim Magee said Council hopes that the review will be completed this financial year.

"The State Government now controls both planning application fees and Council rates (rate capping)," Cr Magee said.

NEWS ESD features at Duncan Mackinnon Pavilion Glen Eira City Council's Seniors Festival — it's your time! Ripponlea Kindergarten goes bush REGULARS Arts News **Business News Recreation News** - Library News - Youth News HIGHLIGI ·· Sustainability

By contrast, VCAT is funded by the State Government. To offset government costs, appeal fees have been increased greatly over the same period. Developers are covering a high proportion of state costs, but a low proportion of local costs.

For a multi-storey development with a cost of \$10 million where Council makes a decision and it is appealed to VCAT, typical fees would be:

#### Council proposed:

- no change to fees for small projects, such as a second storey addition, an extension or a renovation up to, say \$500,000, but;
- increased planning application fees on commercial projects to full cost recovery.

On 22 July 2015, the Minister wrote to Council:

"The Government will need to consider whether to increase application fees or whether to increase rates.

Council appreciates the Minister's response to our advocacy. We look forward to working with the Minister on other town planning matters including VCAT, grade separation and apartment standards."

BENTLEIGH BENTLEIGH EAST BRIGHTON EAST CARNEGIE CAULFIELD ELSTERNWICK GARDENVALE GLEN HUNTLY MCKINNON MURRUMBEENA ORMOND ST KILDA EAST



# Mayor's column

Sounds of Glen Eira 2015 will be held on Friday 18 September at the Bentleigh McKinnon Youth Centre, Higgins Road, Bentleigh.

This free event is a fantastic opportunity for local musicians and vocalists to perform to a live audience.

Selected performers will be in the running to win two full-days recording in the Youth Services Plugged In music recording studio.

One of the finalists will also be selected to perform in January 2016 at Council's Party in the Park event — Under the Stars.

On the night, members of the public will be able to have their say and register a vote for the People's Choice Award.

Everyone is welcome to come along. For further information, contact Youth Services on 9524 3676.

Springtime Music 2015 is a series of free outdoor events held in some of Glen Eira's most beautiful parks and gardens.

Commencing on Sunday 4 October with classical guitarist Michael MacManus, bring your friends and family along for an afternoon of music.

The series will run for eight weeks and will also include Stoneflower; Harambee; The Kujo Kings; Matthew Fagan; Gee Whiz Kidz; Wadaiko Rindo and Nostalgique.

Further information will be included in the October edition of Glen Eira News.

Finally, I would like to congratulate Glen Huntly Primary School teacher and sustainability co-ordinator Kamila Krauze who recently won an Excellence Award at Environment Education Victoria's Environmental and Sustainability Educator of the Year Awards.

Kamila was recognised for her outstanding work bringing the environmental message to her school



#### **COUNCILLOR CONTACTS**







**Cr Jim Magee Mayor** Ph: 9524 3225 Fax: 9524 3358 Mobile: 0427 338 327 jmagee@gleneira.vic.gov.au

#### **CAMDEN WARD**



Mobile: 0400 832 270 mlipshutz@gleneira.vic.gov.au



mdelahunty@gleneira.vic.gov.au



#### **ROSSTOWN WARD**



Starting school can be an exciting and challenging time for your child.

The transition to school is a big milestone. The experience starts well before, and extends far beyond, your child's first day (Department of Education and Early Childhood Development).

In the year before school, most children attend kindergarten or child care. They will have developed skills and abilities that will form the basis of a positive school experience.

Ways you can actively support your child's positive start to school include:

- Talking with your child about their feelings and thoughts about school.
- Reading stories about starting school.
- ٠ Finding out about transition programs between the kindergarten/child care and the school.
- Attending information sessions at the school. Visiting the school with your child, showing them around the school, where their classroom is, etc.
- Helping your child practise dressing for school, using their lunch box and drink bottle and packing their school bag in readiness for their first day at
- Having a low-key approach to the first day.

#### **COUNCILLOR CONTACTS**

#### **Glen Eira Town Hall**

Corner Glen Eira and Hawthorn Roads Caulfield PO Box 42, Caulfield South VIC 3162

Telephone: 03 9524 3333 National Relay Service: A phone solution for people who are deaf or have a hearing or speech-impairment, TTY dial 13 36 77 or Speak and Listen 1300 555 727 or www.iprelay.com.au then enter 03 9524 3333 Parents will be asked to complete a Transition Learning and Development Statement. This Statement will support the teacher to get to know your child. The information shared will include your child's strengths, identify their individual learning style, their interests and indicate how your child's learning can be supported.

Kindergarten and child care services and schools may arrange a transition-to-school program and activities for you and your child each year. To find out more, talk to your child's early childhood educator or contact the school that your child is enrolled at.

Glen Eira City Council will host an information session for parents, School readiness — starting school well, on Wednesday 16 September from 7.30pm to 9.30pm.

To be held at Glen Eira Town Hall in the Theatrette, Associate Professor Kay Margetts will provide an overview of issues about children's transition and adjustment to primary school; the challenges associated with starting school; and strategies for supporting children's adjustment.

The cost for the session is \$8 per person and bookings can be made through Council's Service Centre on 9524 3333 or online at www.gleneira.vic.gov.au

#### DEADLINES

The deadline for the November edition of Glen Eira News is Wednesday 30 September for delivery 26 to 30 October (weather permitting). For advertising and Community Diary enquiries, contact 9524 3333 or email



school.

and the wider community.

**Cr Jim Magee** Mayor



Cr Karina Okotel Mobile: 0424 479 454

kokotel@gleneira.vic.gov.au



Facsimile: 03 9523 0339

Email: mail@gleneira.vic.gov.au

www.gleneira.vic.gov.au

#### Disclaime

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editor@gleneira.vic.gov.au



# features at Duncan Mackinnon Pavilion

The Duncan Mackinnon Pavilion and Community Room in Murrumbeena is nearing completion.

The major elements of the building are constructed and fit-out is occurring inside the building. Outside, civil and landscape works are in progress.

Scheduled to open in late October (weather permitting), the Pavilion will be home to a number of sporting teams and associations.

Glen Eira City Council has implemented a number of Ecologically Sustainable Design (ESD) features into the facility.

These energy and water saving measures will not only reduce the amount of greenhouse gas being produced, but also the amount of water being used at the

facility. Energy and water costs will also be reduced.

Features that reduce use of mains water include:

- Use of rainwater collection and storage for toilet flushing and use on garden beds.
- Water efficient taps, showerheads and other plumbing fixtures.
- A hot water system that provides hot water instantly at basins and showers (no waiting required) — this also reduce energy use.

Features that reduce energy use include:

- A gas boosted, solar hot water service.

which is more energy efficient than conventional fix speed pumps.

- An air conditioning system that makes best use of natural ventilation, including ventilation towers.
- An energy efficient cooling system in the Community Room.
- An automated LED lighting system that uses motion sensors to turn lights on and off and automatically shuts off when the building is locked.
- Energy efficient glazing, including double glazing.
- Use of high grade insulation and thermal mass of the walls and floors.

# A variable speed hot water pump

# Community column

# our City

#### Safe Living in the Community forum

Glen Eira City Council recently took part in the Safe Living in the Community forum at Bentleigh RSL.

The forum was a joint initiative by Victoria Police, Metropolitan Fire Brigade and Consumer Affairs Victoria. The forum aimed to give older residents tips on how to live safely at home, following a number of scams recently targeting older people in the area.

Attendees learnt that Council's community care staff wear uniforms, carry identification with them and never arrive at a client's home without prior arrangements being made.

#### Engaging our community

#### Travel happy and share the road

Glen Eira City Council encourages motorists, cyclists, motorcyclists, truck drivers and pedestrians to be more courteous and to look out for each other on the roads.

With more people on Victoria's roads everyday, some of us are more likely to display aggression, frustration and a lack of compassion towards other road users. To reduce this risky behaviour and improve safety on the road, we can all do our part to build mutual respect so we can share the road and travel happy.

VicRoads' Travel Happy campaign reminds road users that there's a place for everyone on the road and a little respect goes a long way. For further information, visit www.travelhappy.vic.gov.au

# Council awards community grants

More than \$314,000 in community grants has been awarded to 126 not-for-profit community groups and organisations as part of Glen Eira City Council's 2015-16 Community Grants Program.

In addition, more than \$31,000 has been awarded for community festivals and events to seven community groups.

The Program assists community groups and organisations within the municipality to implement projects and activities.

Community groups and organisations to receive a grant include:

Caulfield Over 50s Dance Group (pictured) — received \$7,500 to assist with venue hire for their weekly dance program;

- Marriott Support Services received \$6,300 to assist with its Volunteering with Disability in Glen Eira project;
- Murrumbeena Junior Football Club - received \$5,347 to assist with facility hire and hiring an interpreter for hearing impaired players;
- Ormond Church of Christ received \$5,000 to assist with running its Café Nite Jam performing arts program;
- Jewish Holocaust Centre received \$3,000 to assist with running its Thursday Social Club; and
- Greek Women's Senior Citizens Club of McKinnon 'Rhea' - received

\$2,000 to assist with running its multicultural older adults program.

Applications for the 2016–17 Community Grants Program open in March 2016.

For further information, contact Council's Service Centre on 9524 3333.



NEWS

SEPTEMBER 2015

**GLEN EIRA NEWS** 

#### Special four-year-old immunisation sessions 2015

Glen Eira City Council's Immunisation Service is offering immunisation sessions for four-year-old children in 2015. These immunisations are recommended to be given just prior to a child's fourth birthday.

All four-year-old children receiving their immunisation will receive a free show bag. Face painting, balloons and magic tricks will keep the kids entertained.

Parents please note: the Australian Childhood Immunisation Register recommends that all childhood vaccinations are completed by four years and one month. If your child is not vaccinated by this recommended age, they will be considered overdue and you will receive reminder letters from Council.

Wednesday 2 September 4pm-6pm Carnegie Library and **Community Centre** 7 Shepparson Avenue Carnegie

**Saturday 3 October** 9.30am-11.30am Bentleigh-Bayside Community Health Centre Gardeners Road Bentleigh East

Wednesday 4 November 4pm-6pm Carnegie Library and Community Centre 7 Shepparson Avenue Carnegie

#### **Family Day Care**

Glen Eira City Council Family Day Care (FDC) currently has child care vacancies that may suit your needs.

Parents who live, work or study in Glen Eira are able to access FDC.

For further information, contact the co-ordination unit on 9524 3333 or email fdc@gleneira.vic.gov.au



## CEO'S column

Glen Eira City Council recently completed work on several Council buildings to install solar power and make them more energy efficient. On page eight, we share our experience at Elsternwick Library and Rosstown Community aged care facility.

More Glen Eira residents than ever before (around 2,900) now have solar power systems on their homes. Many more residents have told us they are interested in solar, but aren't sure how to do it. Page eight also includes information on solar panels and what to consider.

To reduce carbon pollution, in 2015-16 Council is continuing to install solar power and reduce energy use in buildings. An added benefit is that many projects will reduce costs (and pressure on rates) in the medium term through lower energy bills.

The 2015-16 Budget expands the solar panel program (\$150,000) and allocates the refund of the Carbon Tax (\$876,000; collected by the landfill tip site) to sustainability initiatives in buildings and street lighting.

Thanks to all residents for their work recycling garden waste and mixed recyclables — compared to last year, the amount of green waste disposed of in the garbage bin has dropped substantially and this reduces greenhouse gas from garbage when it breaks down in landfill.

**Andrew Newton** CEO

Glen Eira City Council will host two free community presentations in September and October.

#### The buzz on backyard bees Tuesday 29 September

7pm-9pm

Glen Eira Town Hall — Theatrette Corner Glen Eira and Hawthorn Roads Caulfield

Would you like to be able to harvest your own honey from your backyard?

Diana and Nikolai Faizouline from Hampton Hives will show you what steps are required to produce this sweet reward.

Topics to be covered include:

- How to get started as an urban beekeeper.
- How to look after your hive.
- How to be a good neighbour.
- The legal side to urban beekeeping.
- How to obtain the sweet reward.
- New types of beehives that are becoming available.

Get on your bike this summer Monday 12 October

Sustainability community presentations

#### 7pm-9pm

Glen Eira Town Hall — Theatrette Corner Glen Eira and Hawthorn Roads Caulfield

Want the benefits of sustainable and active transport, but not confident on the bike?

Georgie Fyfe-Jamieson from Bikes at Work will show you how to overcome your barriers to riding and build confidence.

Topics to be covered include:

- Ride preparation (route planning and safety checks).
- Bike essentials (tools).
- Where to ride (Glen Eira shared paths and roads).
- Etiquette and rules (your rights and responsibilities).
- How to ride (control skills, communication, positioning).
- Anticipating danger (defensive riding techniques and hazard avoidance)

Bookings for both presentations are essential. For further information and to RSVP, contact Council's sustainability education officer on 9524 3333, email sustainability@gleneira.vic.gov.au or book online at www.gleneira.vic.gov.au/ Community/Environment



# Safety around dogs

There are many benefits to owning a dog — from companionship to the opportunity to socialise with others and increase your physical activity. However, it is important to be mindful of the responsibilities and risks associated with dogs.

While it is the responsibility of dog owners to ensure their dogs are safe and able to be managed off-leash, community members especially parents with young children also need to be responsible when utilising parks and facilities.

If you are approached by an aggressive dog:

- stand still — don't run;
- keep your hands by your side;
- stay quiet try not to make any noise;
- look at the ground; and
- All dogs can be territorial. Most dog attacks in public occur on the footpath or road in front of the dog's property.
- You can be fined if your dog isn't securely confined or if it rushes at or attacks a person or animal.

If residents or their pets are bitten,



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Each year, children are injured due to incidents with dogs, with younger children most at risk.

Parents are encouraged to teach children to treat all animals gently and calmly. Never hurt, tease, frighten, surprise or corner an animal. Importantly always closely supervise children near dogs, especially during noisy high-energy play and when food is present.

once the dog has lost interest, slowly back away.

#### Dog owners — how to prevent dog attacks in the community

Dog attacks are a terrifying and unpleasant experience that can easily be prevented if the right measures are taken.

- Confining dogs to the property would prevent 80 per cent of dog attacks in public places.
- Your yard must have a closed gate, escape-proof fencing and visitors must have safe access to the front door.

attacked, rushed at or chased by a dog, or they witness an attack, they should report the matter to Council's Service Centre on 9524 3333.





#### City Council's Seniors Festival it's vour time

SEPTEMBER 2015

**GLEN EIRA NEWS** 

Glen Eira City Council will run its Seniors Festival — It's your time! — during the month of October. Council's Festival compliments the 2015 Victorian Seniors Festival, which is held between 4 and 11 October.

Residents are invited to celebrate Council's Seniors Festival by joining in the many events on offer. Events include concerts, information sessions, physical fitness activities, multicultural events and more.

The Festival aims to encourage those aged 60 years and over to stay active and get involved in their local community through the delivery of a series of free and low-cost activities and events across the municipality.

Here is a sample of some of the events on offer. For a full list of all Glen Eira events and to register your details to receive the 2015 Glen Eira Seniors Festival brochure, contact Council's Service Centre on 9524 3333.

#### Official opening — free concert: 'S Wonderful

Join us for a delightful afternoon of entertainment — cabaret style — and

reminisce with great music and enjoy a lovely afternoon tea.

#### Date: Friday 9 October

Time: 1.30pm-3.45pm (doors open 1pm) Venue: Glen Eira Town Hall — Auditorium

#### Cost: free

Bookings: essential (open 10am Friday 18 September. Phone bookings only). Contact Council's Service Centre on 9524 3333.

#### Ballroom dancing - modern, new vogue and Latin American

Enjoy a delightful afternoon of dancing with Caulfield Over 50s Dance Group. There will be a live band and afternoon tea.

Date: Monday 12 October Time: 12.30pm-3.30pm Venue: Glen Eira Town Hall — Auditorium Cost: \$5 **Bookings: essential** Contact: Audrey on 0419 467 676

#### **Caring for carers**

Are you an older carer in Glen Eira? Do you provide care and support to a family member or friend who is an older person or who has a disability, mental illness or dementia?

You are invited to attend a free caring for carers afternoon. Join us for afternoon tea, music, information and good conversation.

Date: Tuesday 20 October Time: 1.30pm-4pm Venue: DC Bricker Pavilion Cost: free Bookings: essential by Friday 16 October Contact: Council's Service Centre on 9524 3333.

#### An afternoon with Alan Kogosowski

Join Rotary Club of Caulfield for an afternoon with internationally acclaimed classical concert pianist Alan Kogosowski.

Alan is a pianist with remarkable technical and musical abilities. A distinguished Chopinist, he has made it his mission to promote the works of the great master. Schooled at the Ecole Normale de Musique in Paris, as well as in London and Warsaw, Alan made his first tour at age 13 and performed on

the Ed Sullivan Show in New York. At 16, he won Australia's Winston Churchill Memorial Fellowship — the youngest person ever to receive this award.

Date: Wednesday 21 October Time: 2pm-4pm Venue: Glen Eira Town Hall — Auditorium Cost: \$5 Bookings: essential Contact: Faye on 95701954 or email ianfaye@bigpond.net.au

#### Grow your own vegies in containers

Learn how to grow your own vegies in containers with My Green Garden's Maria Ciavarella.

Maria has worked in the nursery industry for 20 years and her passion for growing food will inspire you in this entertaining and informative session.

Date: Friday 23 October Time: I0am-I2pm Venue: Caulfield Park Pavilion Cost: free Bookings: essential by 5pm Monday 19 October. Contact Councils Service Centre on 9524 3333.

# Booran Reserve update

Works are progressing well at Booran Reserve and include the development of the urban forest to the east of the site behind the retained wall structure.

This work involves earthworks, the installation of underground drainage, the planting of 54 new native trees and associated irrigation.

New trees have been purchased and planting is scheduled to be completed late August to early September 2015.



## Register now for Carers' Fitness Program

Glen Eira City Council, in partnership with Caulfield Recreation Centre, is running a Carers' Fitness Program for carers of people with a disability.

The Program aims to encourage carers to set aside time each week to focus on their own health and wellbeing.

The one hour class incorporates a





mix of circuit training, pilates and yoga. Carers are also provided with an opportunity to connect with others who can relate to and understand the complexities of being a carer.

The next Carers' Fitness Program will commence on Wednesday 7 October at Caulfield Recreation Centre, 6 Maple Street, Caulfield South.

Sessions will be held from 11.15am to 12.15pm and the cost is \$5 per session or \$45 for the 10 week block. Healthy refreshments will be provided at the end of each session.

# Ripponlea Kindergarten goes bush

Ripponlea Kindergarten is excited to announce the introduction of its Bush Kinder Program.

Australian and international research shows that children today are spending a significant amount of time indoors, in front of screens or participating in structured activities.

These activities restrict children from participating regularly in outdoor, unstructured activities, which have an overall impact on children's wellbeing.

Ripponlea Director Mishel Lowndes said that Ripponlea Kindergarten is aware that children don't get enough outside time.

"By introducing the Bush Kinder Program in 2016, we hope to encourage four-year-olds to explore and learn from their local natural environment," Ms Lowndes said.

Ripponlea Estate in Elsternwick has been chosen as the natural setting to host the Program.

Children will visit Ripponlea Estate one afternoon a week for an outdoor session that will see them exploring the gardens and using natures tools as play equipment. They will be able to explore their environment using their creative imagination.

Ms Lowndes said that unstructured natural play increases confidence and motivation, and improves social, physical and language skills.

"We hope to see children increase social and imaginative play and display more risk-taking behaviours, enhancing their risk management," Ms Lowndes said.

Parents who currently have children enrolled in three-year-old kinder at Ripponlea have welcomed the new program.

Ripponlea Kindergarten currently has vacancies for 2016 in both four-year-old groups and its three-year-old group.

For further information on the Bush

Kinder Program or for a tour of the kindergarten, contact 9527 4343.

**Enrolments for four-year-old** kindergarten in 2016

Ripponlea Kindergarten currently has vacancies for 2016 in both four-year-old groups.

Children whose birth dates fall between I May 2011 and 30 April 2012 are eligible to attend kindergarten in 2016.

Registration and a non-refundable enrolment fee of \$21 per child can be made via the online registration process at www.gleneira.vic.gov.au



#### Reminder: waste removal

Glen Eira residents are entitled to three free hard rubbish, e-waste and bundled branch collections each financial year.

To book, contact Council's Service Centre on 9524 3333.



BENTLEIGH BENTLEIGH EAST BRIGHTON EAST CARNEGI CAULFIELD ELSTERNWICK GARDENVALE GLEN HUNTL' MCKINNON MURRUMBEENA ORMOND ST KILDA EAST



visit www.gleneira.vic.gov.au

Bentleigh, Bentleigh East, Brighton East, Carnegie Caulfield, Elsternwick, Gardenvale, Glen Huntl non, Murrumbeena, Ormond, St Kilda Eas

## Raising happy and healthy pets

Pets make wonderful companions for people of all ages. Owning a pet can help boost a person's self-esteem, provide stress relief and improve their health. Pets provide hours of fun, relaxation, happiness and unconditional love.

However, along with these benefits come certain responsibilities. Caring for pets takes time, commitment and effort, so anyone wishing to own a pet should choose one that suits their lifestyle and surroundings.

#### access to fresh water;

- it is vaccinated, wormed and regularly checked for fleas and ticks; and
- it is cared for when you go away on holidays, either at a boarding kennel or cattery.

Dogs should also be exercised daily and if required, taken to obedience classes to keep them mentally stimulated.

Owners should also remember to clean If you have a cat or dog, or intend to own — up after their dog at all times. Please don't inconvenience others by leaving your dog litter behind.

## Community Safety Month

Glen Eira City Council, in partnership with various community agencies, is presenting a range of free workshops and events to highlight safety and improve the health and wellbeing of Glen Eira residents.

#### Confident living for older adults

Tuesday 6 October, 10.30am-12pm Carnegie Library — Boyd Room 7 Shepparson Avenue, Carnegie

Enjoy a free afternoon tea with Victoria Police Community Liaison Officer Leading Senior Constable Gary Oram. Come along and learn more about what you can do to feel safer at home and out and about in the community.

#### Safe community travel information session

Wednesday 28 October, 10am-12pm Glen Eira Town Hall—Caulfield Cup Room, corner Glen Eira and Hawthorn Roads, Caulfield



one, please ensure:

- it is desexed, microchipped and registered;
- it is secured properly in your property. Dogs should be confined at all times. For your cat's safety, you should keep it indoors or in an enclosure at night;
- it has adequate shelter which is warm, dry and well ventilated. Cats should also have access to a litter tray;
- it is fed a balanced diet and has

For further information on pet care, contact Glen Eira City Council's Service Centre on 9524 3333 or visit



Managing your medication wisely

Thursday 22 October, 2pm-4pm Princes Park — DC Bricker Social Room Beech Street, Caulfield South

Keeping track of your medicines is important, but can be difficult. Learn simple strategies to help you manage your medicines wisely.

Does public transport confuse you? Would you like to:

- understand the network better?;
- learn about public transport safety?; and
- start using public transport more?

Travellers Aid Australia, with RACV, will provide information and tips on how to navigate the public transport system confidently and safely.

For further information about community safety or to book, contact Council's Service Centre on 9524 3333.

# News in brief

#### **Becoming sleep savvy**

Wednesday 9 September 2pm–4pm Packer Park Pavilion 120 Leila Road, Carnegie

No matter what your age, sleeping well is essential to your physical health and emotional wellbeing. As you get older, your sleep patterns may change. You may find that you get fewer hours of shut-eye, and you wake up more often during the night. However, there are steps you can take to help you get the rest you need.

This session will discuss common sleep problems; how sleep changes as we age; and strategies to assist to get a good night's sleep.

For further information or to book, contact Council's Service Centre on 9524 3333.

# Dizziness and vertigo: a multi-disciplinary treatment approach

Thursday 17 September 7.30pm–9pm

Princes Park — DC Bricker Social Room Beech Street, Caulfield South

Back by popular demand, this forum provides information for people who suffer from dizziness and vertigo and want to know what medical and non-medical treatments are available.

To mark International Balance Awareness Week, Glen Eira City Council, in partnership with the Temporal Bone Donor Society Inc. will present a free forum highlighting treatments for dizziness and vertigo, and how sufferers can improve their health and wellbeing. This forum will involve discussion by a panel of experts:

• Eye and Ear Hospital and Dizzy Day Clinic Physiotherapist Arimbi Winoto who will speak about vestibular physiotherapy.

- Eye and Ear Hospital Manager of Audiology Brooke Paisley who will speak about audiology and balance testing.
- Neurologist and Neuro-Otologist,
  Eye and Ear Hospital Head of Balance
  Disorders and Ataxia Service and
  Australian Temporal Bone Bank
  Co-Director Dr David Szmulewicz who
  will speak about medical treatment for
  dizziness and vertigo.

Bookings are essential. Contact Council's Service Centre on 9524 3333.

#### Award nominations to close

Nominations for Glen Eira City Council's *Citizen of the Year, Young Citizen of the Year* and *Community Group of the Year Awards* close on Friday 18 September at 5pm.

The Awards recognise the contributions of outstanding Glen Eira residents and community groups who, through hard work and dedication, have significantly contributed to the local community.

Nominees for *Citizen of the Year* and *Young Citizen of the Year* must be residents of Glen Eira.

To be considered for *Community Group* of the Year, groups must be not-for-profit community based groups that consist of four or more members and operate within the municipality.

To be eligible for the Young Citizen of the Year Award, nominees must be 25 years or younger on 31 December 2015.

The Awards will be presented at Council's annual Australia Day Breakfast in January 2016.

Application forms are available from Council's Service Centre, Council's four libraries, Community Information Glen Eira and www.gleneira.vic.gov.au

#### Graffiti removal

Glen Eira City Council encourages residents and traders to remove graffiti from their properties promptly because it can help prevent further vandalism.



Council can assist residents by removing graffiti from the title boundary of private property (both residential and commercial), which is visible from a public place.

Requests are referred to a priority list for consideration.

Requests to remove graffiti from private property can be made through Council's Service Centre on 9524 3333.

# 06/02

GLEN







Queen's Scout Award presentation — Cr Jamie Hyams; Glen Eira Mayor Cr Jim Magee; Queen's Scout awardee Samuel Dunn; and Max Saarelaht.

Photo: Samuel Dunn.



Order of Australia cocktail reception — Cr Oscar Lobo; Bayside City Council Mayor Cr Felicity Frederico; and Council CEO Andrew Newton.

Photo: Bayside City Council.



Solar panels make an important contribution to reducing our reliance on energy from fossil fuels. The installation of solar panels has become far more cost-effective over the past few years, providing benefits to our hip pocket and the environment.

In Glen Eira, there are approximately 2,900 solar photovoltaic (PV) systems installed (approximately five per cent of households).

Earlier this year, Glen Eira City Council surveyed 400 residents and found that 10 per cent were intending to install a solar system in the next 12 months, or interested (33 per cent) in installing a system, but weren't sure how.

Most people and organisations considering solar want to help the environment, but also have some financial criteria. The environmental benefits of a solar system are relatively simple to calculate,

#### compared to the financial.

For example, if your motivation is solely the environment, the solar system size will be determined by what you are willing to pay and your roof size. Systems sized for this reason will likely be larger and more expensive than if your motivation includes financial considerations.

With the changes to feed-in tariffs (a payment for excess renewable energy fed into the electricity grid) now at five cents per kilowatt hour, the main financial benefit of solar usually comes when it supplies electricity to be used directly in the home rather than maximising exports of electricity to the grid.

Therefore, the ideal system size for investment purposes is likely to be one that closely matches your electricity usage, while not exporting too much back into the grid. The first step is to understand when and how much electricity you use. If your electricity meter is a Smart meter, you will be able to access data on the amount of electricity your house consumes every 30 minutes. This data can then help you to inform system size. Try to access this data for a 12 month period.

Once you have collected this data, you can decide whether or not solar is for you. If you do decide to go solar, Council recommends that you get some quotes.

For further information, visit www.yourenergysavings.gov.au



# Free mulch for residents

Did you know that using mulch could help conserve water, shield your plants' roots from temperature extremes and discourage the growth of weeds?

Glen Eira City Council would like to remind residents that free mulch is available from its storage facility in Caulfield East.

Located at Glen Huntly Park, corner Booran and Neerim Roads, residents can access the facility seven days a week, at no cost. Access to the facility is via the car park.

The mulch is generally from the shredded prunings of park and street trees. Users should note that the mulch is untreated, and they should comply with the safety precaution notice at the facility.

For further information, contact Council's Service Centre on 9524 3333.

# Herbs in the kitchen and garden

Wednesday 7 October 7pm–9pm

Glen Eira Town Hall — Theatrette Corner Glen Eira and Hawthorns Roads Caulfield

Want to cook with fresh herbs to add fresh zest to your master dish? Don't want to pay premium prices for herbs at the shops? Guilty of binning bought herbs before they're used?

# Energy efficiency improvements in Council buildings

Glen Eira City Council's carbon footprint is mostly the result of energy use by street lights and buildings. Council buildings use energy for lighting and heating and cooling activities. Improving energy efficiency in Council buildings is a key part of Council's *Emissions Reduction Strategy*, while also reducing energy costs and improving services.

Council has completed energy efficiency upgrades at a cost of \$485,000 across a number of its buildings, including Elsternwick Library and Rosstown Community care facility. In the upstairs Library area, 232 old fluorescent tubes that required 36 watts of energy to operate were replaced with 232 new LEDs that require only 18 Watts of energy. As a result, electricity use and greenhouse gas emissions from lighting will be halved and future maintenance costs will be reduced. The changeover has also resulted in more consistent light levels throughout the main Library area, providing an improved reading experience for visitors.

energy to preheat the water that is fed into a conventional gas hot water system. This significantly reduces the amount of fossil fuel energy that is used to provide the hot water residents need.

It's estimated the \$40,000 system will reduce gas energy use by approximately 40 per cent and pay for itself in reduced energy bills in approximately 10 years.

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#### **Elsternwick Library**

Earlier this year, Council replaced 252 fluorescent, halogen and incandescent lights to new LED lighting at Elsternwick Library. Sensors were also installed in the kitchen and toilet areas to start and stop lights as required. The project cost \$15,000 and Council anticipates this cost will be recovered in energy savings (reduced electricity bills) within five to seven years. **Rosstown Community care facility** 

Rosstown Community aged care facility provides support for more than 50 residents.

An investigation by Council indicated that a significant amount of hot water was being used at the facility — approximately 3,000 litres per day.

In the effort to reduce energy and greenhouse gas emissions and provide a more efficient hot water system, Council turned to solar.

Solar hot water systems use the sun's



Carol Henderson from the Centre for Education and Research in Environmental Strategies will show you how to grow your own herbs.

Bookings are essential. For further information and to RSVP, contact Council's sustainability education officer on 9524 3333, email sustainability@gleneira.vic.gov.au or book online at www.gleneira.vic.gov.au/ Community/Environment



# Transform your garden with indigenous plan

Local residents Pam and Neville helped transform the front garden at the Church of Christ in Carnegie by planting indigenous plants, including Common Everlasting (yellow flowers); Tufted Bluebell (blue flowers); and Common Correa (yellow and red bell flowers against the brickwork).

Parishioners of the church Pam and Nevillie attended one of Glen Eira City Council's free community sustainability presentations earlier this year on growing indigenous (local native) plants.

Pam said the information about gardening with indigenous plants was beneficial.

"It helped us prepare the Church's native

garden — a project that received funding through Council's Community Grants Program," she said.

Native gardens can be planted to create different habitats for birds, insects and frogs; and to attract native fauna to your garden. Native plants can also be more adaptive to local conditions.

Members of the Church Gardening Club have also established vegetable pots at the back of the Church. They have grown broccoli, parsley, lettuce, spring onions and potatoes.

"Vegetables have benefited from healthy soil thanks to our compost," Neville said.

"The fresh produce from the garden is

given to our Open Hands — a food relief project, which opens every Wednesday at lunchtime."

For further information on gardening with indigenous plants or the Open Hands project, contact Council's sustainability education officer on 9524 3333.

## Are you interested in gardening and the environment?

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SEPTEMBER 2015

**EIRA NEWS** 

GLEN

Are you interested in gardening? Do you care about your impact on the environment?

If the answer is yes, Council invites you to join its Neighbourhood Sustainable Gardening Program. The Program will help you tap into and build on the passion, knowledge and skills of other sustainable gardeners in Glen Eira, including schools and businesses.

To help you on your journey, registered gardeners will be sent a welcome pack, which includes a sign that can be attached to your fence and information on related sustainable gardening.

To join the Program, visit www.gleneira.vic.gov.au/sustainable\_ garden



## A decrease in green waste sent to landfill

From September 2014, Glen Eira City Council has offered residents a free green waste service.

Thanks to all residents, in 2014–15 the amount of green waste collected in Glen Eira increased by 15 per cent compared to the previous year.

Council's annual waste audit of garbage bins also found that green waste in the garbage bin has significantly reduced and is down to only three per cent (compared to 13 per cent in 2013).

This Council initiative is one of many being implemented to improve recycling

and reduce waste sent to landfill, which helps to cut greenhouse gas emissions.

When organic waste decomposes in landfills, it releases methane and other greenhouse gases, contributing to climate change.

More than 15,000 households took up the offer of receiving a free green waste service in 2014–15. The green waste bin enables residents to recycle lawn clippings, leaves, weeds and other garden waste.

One bin can be provided for every garbage service. Green waste bins are available in large (240 litre) or small (120 litre) sizes.

**Please note:** if you share your garbage bin with neighbours, green waste bins are also likely to be shared.

If you would like a green waste bin, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au/green-bin-rollout



# Save money on power bills by installing a FREE water efficient showerhead.

To see if you are eligible to receive this free Council service, contact Energy Makeovers on 1300 788 776 or visit www.energymakeovers.com.au/energy-savers-glen-eira/

Council has contracted with Energy Makeovers to provide the services. All dealings with Energy Makeovers will be confidential and Energy Makeovers will abide by the same privacy obligations that Council has in relation to the information provided to them by residents who use the service.



GLEN EIRA



#### **MEETINGS AND CLUBS**

Bentleigh Bayside Parkinson's Peer Support Group meets on the fourth Monday of every month from 1.30pm to 3.30pm at Bentleigh-Bayside Community Health, Gardeners Road, Bentleigh East. Contact: 9581 8700.

**Bentleigh Ladies Probus Club** meets on the first Thursday of every month at 10am at the Uniting Church, 497 Centre Road, Bentleigh. Contact: 9557 4067.

Bentleigh Life Activities Club offers table tennis, cards, mahjong, music and much more.

Contact: www.life.org.au

**Carnegie/Murrumbeena Senior Citizens Club** meets every Tuesday, Thursday and Friday from Ipm to 4pm at Carnegie Library. Contact: 9568 2727.

**Caulfield Garden Club** will meet on I September at 8pm at St. John's Uniting Church, 567 Glenhuntly Road, Elsternwick. Contact: 9532 7848.

Caulfield Over 50s Dancing Group meets every Monday (except public holidays) from 12.30pm to 3.30pm at Glen Eira Town Hall. Cost: \$5. Contact: 9822 2064.

**Centenary Park Tennis Club** hosts Tuesday morning mixed tennis from 9.30am at 120 Brady Street, Bentleigh East. Contact: 9570 5999.

**Centenary Park Tennis Club** hosts Wednesday night tennis from 7.30pm at 120 Brady Street, Bentleigh East. Cost: \$10 for non-members. Contact: 9579 5774.

Community Connection meets on the



Please note: due to high the volume of submissions we receive, entries must be submitted monthly. Only submissions received each month will be published. For a list of deadlines, email sbrown@gleneira.vic.gov.au

from 10am to 12pm at The Bentleigh Club, Yawla Street, Bentleigh. Contact: 9583 4822.

**Glen Huntly Tennis Club** hosts Tuesday night social tennis from 7pm. Cost: \$5 members and \$10 non-members. Contact: 0400 598 705.

**Ormond Angling Club Inc.** meets on the first and third Wednesday of every month from 8pm at 462 North Road, Ormond.

Contact: 0407 800 719.

**Phoenix Park All Ability Table Tennis Group** meets Mondays and Thursdays during the school term from 5.30pm to 7pm.

Contact: 0412 804 036.

Phoenix Park Community Table Tennis Club operates Mondays and Thursdays. Seniors: 9am to 1pm. Juniors: (all ages and abilities) 5.30pm to 10.30pm. Junior coaching held Mondays and Thursdays from 5pm to 7pm. Contact: 0412 804 036.

**Piano Lovers Group** meets monthly on Monday mornings for two hours. The Group has access to a Beale grand piano. Contact: 9391 4091.

**Sandbelt Ladies Probus Club** meets on the first Monday of every month from 10am at Bentleigh RSL, 538 Centre Road, Bentleigh.

Contact : 9570 6766.

The Clarinet and Saxophone Society of Victoria invites players to join its intermediate ensemble which meets fortnightly in North Road, Carnegie. Contact: 0407 247 410.

Waverley Communicators meets on the second and fourth Tuesday of every month at 7.45pm at Bendigo Bank Meeting Contact: 9527 2851.

Glen Eira Bicycle Users' Group ride along Rosstown Rail Trail will be held on 13 September.

Contact: 0407 867 515.

Glen Huntly Tennis Club free open day will be held on 13 September from 10am to 2pm at Glen Huntly Park, Neerim Road, Caulfield East. Come and see the new clay courts.

Contact: 9571 0820 or 0434 522 964.

**Open house and garden tour** will be held on 13 September from 10am to 4pm at 30 Clarence St, Elsternwick. As part of *Sustainable House Day*, come and visit Helen and James' low-cost and sustainable home. Cost of \$5 goes to charity. Contact: 0413 875 872.

Glen Eira City Choir presents Meandering Through Time on 13 September at 2.30pm at Ormond Uniting Church, corner North and Booran Roads, Ormond. Lucas Wilson-Richter will perform. Cost: \$25 or \$22 concession. Contact: 0423 129 371.

**Caulfield Garden Club** will host its spring plant sale on 19 September from 10am to 2pm at St. John's Uniting Church, 567 Glenhuntly Road, Elsternwick. Contact: 9532 7848.

The Handmade Show will be held on 19 September from 10.30am to 3.30pm at St. Anthony's Parish Hall, corner Grange and Neerim Roads, Glen Huntly. Contact:

www.thehandmadeshow.blogspot.com

Team of Pianists concert Wilma and friends: sounds from America will be held on 20 September at 6.30pm at Rippon Lea, 192 Hotham Street, Elsternwick. Cost: \$40 adults, \$35 pensioners, \$35 National Trust members and \$20 children and full-time students under 25. Contact: 9527 2851. the Great, 435 Inkerman Street, St Kilda East. All animals welcome. Contact: 9563 1949.

Glen Eira Adult Learning Centre will host a free morning tea, trial iPad session and trial tai chi class as part of the *Victorian Seniors Festival* on 7 October from 10am to 12pm at 419 North Road, Ormond. Bookings essential. Contact: 9578 8996.

**Brighton General Cemetery** Open Day will be held on 18 October from 10am to 4pm at Brighton General Cemetery, North Road, Brighton East. Contact: 9558 4248.

Murrumbeena Relay for Life will be held on 24 and 25 October at Duncan Mackinnon Reserve, corner North and Murrumbeena Roads, Murrumbeena. Contact: 1300 656 585.

**St. Paul's Primary School Fete** will be held on 25 October from 9am to 3pm at 122 Jasper Road, Bentleigh. There will be trash and treasure; food and drink stalls; showbags; and much more. Contact: 9557 7130.

#### COMMUNITY

**Dog/pet sitting club:** expressions of interest are being sought from pet lovers wanting to join a dog/pet sitting club. Members would look after each other's animals whilst away.

Contact: 0408 102 552 (SMS preferred).

**Elsternwick Croquet Club:** come and try golf croquet. Easy-to-learn. All equipment supplied. Wear flat heels. Contact: 0411 806 208 or 0411 217 167.

Glen Eira Adult Learning Centre offers iPad classes; computer courses, including internet shopping, social media and government services; and MYOB. Contact: 9578 8996.

first Saturday of every month from 7.30pm at Ormond Church Hall, corner North Road and Arnott Street, Ormond. There will be a 1960s style musical concert. Cost of \$10 or \$20 for families goes to charity. Contact: 0405 015 305.

Glen Eira Cheltenham Art Group in Bentleigh East offers a range of weekday classes for adults, including watercolours; mixed-media; acrylics; oils; and pastels. Children's classes: Wednesday afternoon and Saturday morning. Contact: 9563 7621.

Glen Eira Combined Probus Club meets on the fourth Friday of every month Hub, 436 Neerim Road, Murrumbeena. Contact: 9578 1947 or 9576 8790.

#### EVENTS

**GriefLine's** *Loss and Grief Week* seminar will be held on 3 September from 4.15pm to 8.30pm at GriefLine, level 1, 479 Warrigal Road, Moorabbin. Cost: \$50 or \$20 for volunteers and students. Contact: 9935 7444.

**Team of Pianists** concert *Beethoven's Cello 1* will be held on 6 September at 3pm at Glenfern, 417 Inkerman Street, St Kilda East. Cost: \$40 adults, \$35 pensioners, \$35 National Trust members and \$20 children and full-time students under 25. **Bentleigh Over 50s** trip to Port Macquarie will be held from 22 September to Thursday I October. Places limited. Contact: 9557 5739.

**Glen Eira Historical Society** will meet on 23 September at 7.30pm in the Boyd Room at Carnegie Library and Community Centre. Guest speaker: local historian Meyer Eidelson.

Contact: 9077 5395.

The 22nd Blessing of Animals will be held on 4 October from 2pm at St James

**Godfrey Street Community House** offers after school programs *Art Discovery* and *The Craft Studio* for children seven to 12 years and *Mini Groovers* for children 18 months to three years. For adults, there are a variety of computer and writing classes, art classes and much more. Contact: 9557 9037.

**Moongala Community House** offers a range of courses. There are also places available in their childcare program on Monday, Wednesday and Friday and Tuesday Tots playgroup. Contact: 9570 3468.

# Language Line

#### Open Country - The Murrumbeena Boyds 30 September–6 December Curator: Diane Soumilas

This exhibition will provide a fascinating insight into the influences, creativity and significance of the Boyds, one of Australia's most celebrated artistic families. A selection of major paintings, watercolours, drawings, sculpture, pottery and photography by Arthur Merric Boyd, Emma Minnie-Boyd, Merric Boyd, Doris Boyd, Arthur Boyd, Yvonne Boyd, Guy Boyd, David Boyd, Mary Boyd, Lucy Boyd Beck, Hatton Beck, John Perceval, and Albert Tucker will be on display. This exhibition will celebrate the important contribution to 20th century Australian art and the exceptional creative achievements of the Murrumbeena Boyds and their extended family.

Open Country — located at eight Wahroongaa Crescent, Murrumbeena from 1913–1964 — was the centre of family life, creativity and an extraordinary artistic milieu for many generations of the talented Boyd family and their circle of friends. Many creative individuals gathered in the brown room at Open Country during the mid-20th century for discussions about art, poetry, philosophy and music, , resulting in major artistic collaborations and connections. The artworks have been sourced from public galleries and museums including the National Gallery of Australia, the National Gallery of Victoria the Art Gallery of New South Wales, Heide Museum of Modern Art, the Bundanon Trust, Glen Eira City Council's art collection, the Art Gallery of Ballarat, Shepparton Art Museum and diverse private collections.

The exhibition will be held at: Glen Eira City Council Gallery Corner Glen Eira and Hawthorn Roads, Caulfield Enter via Glen Eira Road Monday–Friday, 10am–5pm Saturday–Sunday, 1pm–5pm Free admission.

#### 广阔天地 – The Murrumbeena的博氏艺术家族 9月30日 – 12月6日 策划人: Diane Soumilas

博氏家族是澳洲最著名的艺术家族之一,本展览将深度展现 这个家族的艺术影响力、创造性和重要性。展出的作品包 括Arthur Merric Boyd、Emma Minnie-Boyd、Merric Boyd、Doris Boyd、Arthur Boyd、Yvonne Boyd、 Guy Boyd、David Boyd、Mary Boyd、Lucy Boyd Beck、Hatton Beck、John Perceval、以及Albert Tucker 创作的油画、水粉画、素描、雕塑、陶器及摄影等重要作 品。展览将赞颂Murrumbeena 的博氏家族对20世纪澳洲艺 术的重大贡献及其卓越的创作成就。

"广阔天地"是1913-1964年之间位于 8 Wahroongaa Crescent, Murrumbeena 的一座房子及院子,它是才气彰 显的博氏家族数代人及其朋友圈的家庭生活、创作生涯以及 艺术环境的中心。在20世纪中叶,许多具有艺术创造才能的 人常常聚集在"广阔天地"讨论艺术、诗歌、哲学和音乐, 导致了一些重大的艺术合作和联系。展出的这些艺术作品取 自于公共美术馆和博物馆,包括澳洲国立美术馆、维多利亚 国立美术馆、新南威尔士美术馆、海德现代美术馆、邦德农 信托会、Glen Eira市政府美术藏品、巴拉拉特美术馆、谢珀 顿艺术博物馆、以及许多私人藏品。 展览地点与时间:

Glen Eira 市政府美术馆 Glen Eira 与Hawthorn Roads街角, Caulfield 从Glen Eira Road进入 星期一至星期五上午10:00 - 下午5:00 星期六至星期日下午1:00 - 下午5:00

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30 Σεπτεμβρίου – 6 Δεκεμβρίου Έφορος Έκθεσης: Diane Soumilas Αυτή η έκθεση θα παράσχει μια συναρπαστική ενόραση στις επιρροές, δημιουργικότητα και στη σπουδαιότητα των Boyds, μια από τις πιο καλλιτεχνικά διάσημες οικογένειες της Αυστραλίας. Θα εκτίθεται μια επιλογή από μεγάλα ζωγραφικά έργα, υδατογραφίες, σχέδια, γλυπτική, κεραμική και φωτογραφία των Arthur Merric Boyd, Emma Minnie-Boyd, Merric Boyd, Doris Boyd, Arthur Boyd, Yvonne Boyd, Guy Boyd, David Boyd, Mary Boyd, Lucy Boyd Beck, Hatton Beck, John Perceval και Albert Tucker. Αυτή η έκθεση τιμάει τη σημαντική συμβολή στην αυστραλιανή τέχνη του 20ου αιώνα και των εξαιρετικών δημιουργικών επιτευγμάτων των Murrumbeena Boyds και την υπόλοιπη οικογένειά τους.

Το Open Country – που βρίσκεται στο οκτώ Wahroongaa Crescent, Murrumbeena από 1913 – 1964 - ήταν το επίκεντρο της οικογενειακής ζωής, δημιουργικότητας και εξαιρετικού καλλιτεχγικού περιβάλλοντος για πολλές γενιές της ταλαντούχας οικογένειας Boyd και τον κύκλο των φίλων τους. Πολλά δημιουργικά άτομα συγκεντρώνονταν στο καφέ δωμάτιο της Open Country στα μέσα του 20ου αιώνα για συζητήσεις σχετικά με την τέχνη, ποίηση, φιλοσοφία και μουσική, οδηγώντας σε σημαντικές καλλιτεχνικές συνεργασίες και διασυνδέσεις. Τα έργα τέχνης προέρχονται από δημόσιες γκαλερί και μουσεία, συμπεριλαμβανομένων της Εθνικής Πινακοθήκης Αυστραλίας, Εθνική Πινακοθήκη Βικτώριας, Πινακοθήκη Νέας Νότιας Ουαλίας, Μουσείο Σύγχρονης Τέχνης Heide, Bundanon Trust, τη συλλογή έργων τέχνης του Δήμου Glen Eira, τη Πινακοθήκη Ballarat, το Μουσείο Τέχνης Shepparton και ποικίλες ιδιωτικές συλλογές.

Η έκθεση θα γίνει στην: Γκαλερί του Δήμου Glen Eira Γωνία Glen Eira και Hawthorn Roads, Caulfield Είσοδος από το Glen Eira Road Δευτέρα-Παρασκευή, 10πμ-5μμ Σάββατο-Κυριακή, 1μμ-5μμ Δωρεάν είσοδος.

#### ओपन कंट्री - मुरुम्बीना बॉयड्स 30 सितम्बर - 6 दिसम्बर क्यूरेटर: डायेन सुमिलस

यह प्रदर्शनी ऑस्ट्रेलिया के सबसे मशहूर कलात्मक परिवारों में से एक परिवार, बॉयइस, के प्रभावों, रचनात्मकता और महत्व के लिए एक आकर्षक अंतर्दृष्टि प्रदान करेगी। आर्थर मेरिक बॉयड, एम्मा मिनी-बॉयड, मेरिक बॉयड, डोरिस बॉयड, आर्थर बॉयड, इवोन बॉयड, गाय बॉयड, डेविड बॉयड, मैरी बॉयड, लूसी बॉयड बेक, हैटन बेक, जॉन पेर्सवल, और एल्बर्ट टकर के प्रमुख चित्रों, जल रंगों, ड्राइंग, मूर्तिकला, मिट्टी के बर्तनों और फोटोग्राफी का एक चयन प्रदर्शित होगा। यह प्रदर्शनी 20वीं संदी की ऑस्ट्रेलियाई कला और मुरुम्बीना बॉयइस की असाधारण रचनात्मक उपलब्धियों और उनके वृहत्तर परिवार के महत्वपूर्ण योगदान को प्रसन्नता के साथ प्रदर्शित करेगी।

ओपन कंट्री - आठ वहरूँगा क्रीसेंट, मुख्म्बीना पर 1913 से 1964 के बीच में स्थित - प्रतिभाशाली बॉयड परिवार की कई पीढ़ियों और उनके मिल्रगणों के लिए पारिवारिक जीवन, रचनात्मकता और एक असाधारण कलात्मक परिवेश का केंद्र था। 20वीं सदी के मध्य के दौरान ओपन कंट्री के ब्राउन रूम में कई रचनात्मक व्यक्ति कला, कविता, दर्शन और संगीत के बारे में विचार-विमर्श करने के लिए एकत होते थे, जिसके परिणामस्वरूप प्रमुख कलात्मक सहयोग और जुड़ाव पैदा हुए। कलाकृतियों को सार्वजनिक दीर्घाओं और संग्रहालयों से संसाधित किया गया है, जिनमें ऑस्ट्रेलिया की नेशनल गैलरी, विक्टोरिया की नेशनल गैलरी, न्यू साउथ वेल्स की आर्ट गैलरी, आधुनिक कला का हीडी संग्रहालय, बुँडानॉन ट्रस्ट, ग्लेन एरा नगर परिषद का कला संग्रह, बैलाराट की आर्ट गैलरी, शेपार्टन कला संग्रहालय और विविध निजी संग्रह शामिल हैं।

प्रदर्शनी निम्नलिखित स्थल पर आयोजित की जाएगी: ग्लेन एरा नगर परिषद गैलरी ग्लेन एरा और हॉयॉर्न रोड के कोने पर, कॉफील्ड ग्लेन एरा रोड से प्रवेश करें सोमवार-शुकवार, सुवह 10 बजे से लेकर – शाम के 5 बजे तक शनिवार-रविवार, दोपहर के 1 बजे से लेकर – शाम के 5 बजे तक नि: शुल्क प्रवेश

Open Country - The Murrumbeena Boyds 30 settembre - 6 dicembre Curatrice: Diane Soumilas

La mostra offrirà un affascinante punto di osservazione sulla creatività, l'importanza e le influenze che hanno avuto i Boyd, una delle più rinomate famiglie di artisti australiani. Verrà esposta una selezione dei maggiori lavori di Arthur Merric Boyd, Emma Minnie-Boyd, Merric Boyd, Doris Boyd, Arthur Boyd, Yvonne Boyd, Guy Boyd, David Boyd, Mary Boyd, Lucy Boyd Beck, Hatton Beck, John Perceval, e Albert Tucker tra cui dipinti, acquerelli, disegni, sculture, ceramiche e fotografie. Questa mostra celebra l'importante contributo e le straordinarie vette creative toccate dai Boyd e dalla loro famiglia allargata a Murrumbeena.

Tra il 1913 e il 1964, Open Country, situato al numero 8 di Wahroongaa Crescent, Murrumbeena, ha costituito il cuore nevralgico della vita familiare, del percorso creativo e del milieu artistico di molte generazioni di talenti della famiglia Boyd e del loro circolo di amici. Molte personalità creative si riunivano nella brown room di Open Country durante la metà del ventesimo secolo per discutere di arte, poesia, filosofia e musica, creando importanti connessioni e collaborazioni artistiche. Le opere sono state fatte pervenire da musei e gallerie pubbliche come la National Gallery of Australia, la National Gallery del Victoria, l'Art Gallery del New South Wales, l'Heide Museum of Modern Art, la Bundanon Trust, la collezione d'arte del Glen Eira City Council, l'Art Gallery di Ballarat, lo Shepparton Art Museum, oltre che da diverse collezione private.

La mostra si terrà presso: Glen Eira City Council Gallery Angolo Glen Eira Rd e Hawthorn Rd, Caulfield Ingresso da Glen Eira Road Lunedì-Venerdì, 10.00-17.00 Sabato-Domenica, 13.00-17.00 Ingresso Gratuito.

Open Country - The Murrumbeena Boyds (Семья Бойд из Murrumbeena) 30 сентября - 6 декабря

#### Куратор: Diane Soumilas Эта выставка посвящена семье Бойд (Boyd) –

одной из самых знаменитых семей художников в Австралии. Вы ознакомитесь с их творчеством, и узнаете о значении и влиянии на художественную жизнь нескольких поколений этой семьи. На выставке будут представлены важные работы картины, акварели, рисунки, скульптура, керамика и фотографии – созданные такими авторами, как Arthur Merric Boyd, Emma Minnie-Boyd, Merric Boyd, Doris Boyd, Arthur Boyd, Yvonne Boyd, Guy Boyd, David Boyd, Mary Boyd, Lucy Boyd Beck, Hatton Beck, John Perceval, Albert Tucker. Выставка позволит полнее оценить выдающиеся творческие достижения и важный вклад семьи Бойд из Murrumbeena и круга их друзей в искусство Австралии 20-го века. В период 1913 – 1964гг. родовое имение семьи Бойд было творческим центром и местом общения нескольких поколений одаренных художником и их друзей. Это имение называлось Open Country и находилось по адресу 8 Wahroongaa Crescent, Murrumbeena. В середине прошлого века в знаменитой коричневой гостиной Бойдов шли увлекательные дискуссии об искусстве, поэзии, философии, музыке, завязывались интересные знакомства, задумывались оригинальные художественные проекты. На выставке представлены работы из различных государственных музеев и художественных галерей, включая National Gallery of Australia, National Gallery of Victoria, Art Gallery of New South Wales, Heide Museum of Modern Art, Bundanon Trust, художественная галерея муниципалитета Glen Eira, Art Gallery of Ballarat, Shepparton Art Museum, а также из многочисленных частных коллекций. Выставка будет проходить по адресу:

Glen Eira City Council Gallery Угол Glen Eira и Hawthorn Roads, Caulfield Вход с Glen Eira Road Понедельник – пятница: 10.00 – 17.00 Суббота – воскресенье: 13.00 – 17.00

Вход бесплатный.

Bentleigh-Bayside Community Health Gardeners Road, Bentleigh East Wednesday 9 September and Wednesday 14 October 5.30pm–7.30pm Saturday 19 September and Saturday 17 October 9am–11am

Glen Eira Town Hall — Auditorium (entry via Glen Eira Road) Corner Glen Eira and Hawthorn Roads, Caulfield Tuesday I September and Tuesday 6 October 6pm–7pm Tuesday 8 September and Tuesday 13 October



Thursday 24 September and Thursday 29 October 5.30pm–7.30pm

Carnegie Library and Community Centre 7 Shepparson Avenue, Carnegie

Wednesday 16 September and Wednesday 21 October 1pm-2.30pm and 5.30pm-7.30pm

DC Bricker — Princes Park Beech Street, Caulfield South Monday 28 September and Monday 26 October 9.30am–11.30am 9.30am-11.30am

Glen Huntly Maternal and Child Health Centre Corner Royal and Rosedale Avenues, Glen Huntly

Wednesday 23 September and Wednesday 28 October 9.30am–11.30am

McKinnon Public Hall 118 McKinnon Road, McKinnon Monday 7 September and Monday 5 October 9.30am–11.30am

# Exhibitions

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Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield. Phone: 9524 3333. Opening times: Monday–Friday, 10am–5pm, Saturday and Sunday, Ipm–5pm. Free admission.

### 2015 Silk Cut Award exhibition of finalists 5–20 September

1

The 2015 Silk Cut Award exhibition of finalists in the Open, Tertiary and Student sections will showcase the diversity and vitality of contemporary linocut printmaking in Australia. The Silk Cut Award was introduced in 1995 to encourage the making and appreciation of linocut prints. Sponsored by Duroloid, the Award aims to provide creative opportunities to artists of all ages.

It is now one of the richest print Awards in Australia, with prizes and acquisitions valued at more than \$20,000. The Award attracts a high standard of entries from artists and students from Australia and overseas. A unique and vital part of the *Award* is its special category for primary and secondary school students, with acquisitions being part of an ongoing gift to the National Gallery of Australia.



Winner of Grand Prize (Acquisitive) 2014 Silk Cut Award. Clare Humphries There are Tears for Things 2011–2014 Artist book — hand burnished linocut with hand feathering and sanding, 28 x 28 cm



Winner of Tertiary Award (Acquisitive) 2014 Silk Cut Award. Yao Zhang Selfie 2013 Linocut, 30 x 40 cm College of Fine Arts, University of New South Wales

### 2015–16 events season

Glen Eira City Council is seeking expressions of interest from commercial food vendors, not-for-profit organisations and community groups that are interested in participating in *A Cultural Bazaar, Carols in the Park* and the three *Party in the Park* events. If you are interested in participating in community festivals or events, visit http://www.gleneira.vic.gov.au/ Connect/Arts\_and\_culture/Arts\_ and\_Culture\_Events\_Expression\_ of\_Interest\_Form and complete an application form.

BENTLEIGH BENTLEIGH EAST BRIGHTON EAST CARNEGIE CAULFIELD ELSTERIVWICK, GARDENVALE GLEN HUNTLY MCKINNON MURRUMBEENA ORMOND ST KILDA EAST



## GlenEira CityCouncil gallery

Arthur Boyd My father, Merric Boyd's pottery and kiln 1934 oil on canvas mounted on composition board 50.6 x 40.8 cm National Gallery of Australia, Canberra The Arthur Boyd gift, 1975

# Open Country The Murrumbeena Boyds

#### 30 September-6 December Curator: Diane Soumilas

This exhibition will provide a fascinating insight into the influences, creativity and significance of the Boyds, one of Australia's most celebrated artistic families. A selection of major paintings, watercolours, drawings, sculpture, pottery and photography by Arthur Merric Boyd; Emma Minnie-Boyd; Merric Boyd; Doris Boyd; Arthur Boyd; Yvonne Boyd; Guy Boyd; David Boyd; Mary Boyd; Lucy Boyd Beck; Hatton Beck; John Perceval; and Albert Tucker will be on display. This exhibition will celebrate the important contribution to 20th century Australian art and the exceptional creative achievements of the Murrumbeena Boyds and their extended family.

about art; poetry; philosophy; and music, resulting in major artistic collaborations and connections. The artworks have been sourced from public galleries and museums including the National Gallery of Australia; the National Gallery of Australia; the National Gallery of Victoria; the Art Gallery of New South Wales; Heide Museum of Modern Art; the Bundanon Trust; Glen Eira City Council's art collection; the Art Gallery of Ballarat; Shepparton Art Museum; and diverse private collections.



## Open Country The Murrumbeena Boyds

#### 30 September-6 December 2015

Glen Eira City Council Gallery Corner Glen Eira and Hawthorn Roads, Caulfield Enter via Glen Eira Road Monday–Friday, 10am–5pm Saturday–Sunday, 1pm–5pm Closed public holidays Free admission 9524 3333 | www.gleneira.vic.gov.au



Bentleigh | Bentleigh East | Brighton East | Carnegie | Caulfield | Elsternwick Gardenvale | Glen Huntly | McKinnon | Murrumbeena | Ormond | St Kilda East Open Country — located at eight Wahroongaa Crescent, Murrumbeena from 1913–1964 — was the centre of family life, creativity and an extraordinary artistic milieu for many generations of the talented Boyd family and their circle of friends. Many creative individuals gathered in the Brown Room at Open Country during the mid-20th century for discussions

Merric Boyd Teapot 1947 Earthenware and glaze 15 cm (height) Glen Eira City Council art collection

**GLEN EIRA NEWS** 



# Sharpen your business focus with the help of a business mentor

Applications now open for the September intake of the Mentor Partners Program.

Many business owners work very hard to provide quality products and services for their customers and to develop their business. However, they often don't have the time or the knowledge to objectively assess their approach to business to ensure they are focusing on the right actions.

Glen Eira and Kingston City Councils' Mentor Partners Program is a free and confidential service that matches local business owners with experienced volunteer business mentors.

Once matched, business owners have six months to work with their mentor to review and reflect on their business approach, and develop a strategy and action plan to strengthen their business.

This highly successfully Program has

assisted more than 400 small and medium-sized businesses from a diverse range of industries.

Melbourne Electrical and Data Solutions' Jeremy van Strijp and Lauren Tomlinson recently benefitted from the *Program*.

When Jeremy and Lauren started their business in 2013, they had a big vision and lots of enthusiasm. However, a lack of business management experience meant they were unsure if they were taking the right actions to develop their business.

To build confidence, Jeremy and Lauren applied for the *Program* and were matched with mentor Peter Briede.

Jeremy said Peter has been fantastic.

"Before starting the mentoring, we didn't really have a clear idea of our goals and we were worried about making costly mistakes," Jeremy said. "Peter really listened and took a genuine interest in us and our business, and guided us to focus on the areas and actions that were really going to work."

As a result of the sessions, Jeremy and Lauren have changed their focus.

Jeremy said they are now recruiting their first employee and expect to have another couple of employees by the end of the year to meet the growing demand for their services.

"We can't thank Peter enough for his help and generosity," Jeremy said.

Peter, one of the longest serving mentors in the *Mentor Partners Program*, said he is impressed with the progress that Jeremy and Lauren have made.

"Jeremy and Lauren are a great couple and I'm sure they will have tremendous success," Peter said. "They were open to being challenged, always took action in between the sessions, and their hard work is paying off. It has been a pleasure to mentor them."

To be eligible to apply for the *Program*, your business must be based in either Glen Eira or Kingston, have been in operation for at least 12 months, not operate under a franchise/license agreement and you must be committed to developing your business.

If you are interested in applying for the *Program* or would like further information, visit

www.mentorpartners.com.au or contact the program co-ordinator on 9524 3333.

Photo: Melbourne Electrical and Data Solutions' Lauren Tomlinson and Jeremy van Strijp.

#### Glen Eira Women's Business Network Banish the nerves — learn how to speak with confidence

Presented by professional MC and conference speaker Yvonne Adele, attendees will learn:

- how to use speaking as a marketing tool in your business;
- how to attract the right speaking engagements (and when to speak for free);
- how to construct a keynote presentation in three simple steps (so you won't even need notes);
- how to speak with confidence (banish those nerves);
- effective techniques for making your message stick; and

**Date:** Thursday 17 September

Time: 6.30pm arrival for 7pm start

**Venue:** Glen Eira Town Hall — corner Glen Eira and Hawthorn Roads, Caulfield

**Cost:** \$20 per person (networking opportunity and light supper on arrival)

**RSVP:** by Monday 14 September to Council's Service Centre on 9524 3333. Bookings are essential

**Dress code:** for the fun of it, we are committed to wearing a colour (it can be an accessory).

**Please note:** cancellations require 24 hours' notice. Bookings are not transferrable.

# Social media and content marketing boot camp series

Boot camp two — practical content marketing for self-employed consultants and professional service businesses

Fast track your knowledge and understanding of content marketing — the hottest opportunity for solo consultants and small businesses to stand out and get noticed in a busy marketplace.

Keynote marketing speaker, strategist, advisor and PR Warrior Trevor will help you understand the basics of developing your own content marketing plan, cutting

#### Date: Friday 4 September

**Time:** 9.30am for a 9.45am start — includes light lunch

**Venue:** Glen Eira Town Hall — Caulfield Cup Room, corner Glen Eira and Hawthorn Roads, Caulfield

**Cost: \$50** 

**RSVP:** by Wednesday 2 September to Council's Service Centre on 9524 3333. Places are limited. Bookings are essential.

• how to keep the audience with you once you have left the stage.

For further information about Yvonne, visit www.yvonneadele.com





through the jargon and giving you the necessary practical advice and tips to effectively become your own 'media channel'.

This session will show you how to:

- build your brand through strategic content marketing;
- boost the visibility and credibility of your people;
- demonstrate your knowledge, experience and expertise; and
- increase your leads and grow your professional business.



# Upcoming capital works

The City of Glen Eira is renowned for its vibrant parks and gardens. As part of its 2015–16 capital works program, Glen Eira City Council will be upgrading play spaces and equipment, walking trails, fencing, sportsgrounds, lighting and amenities.

All upgrades are designed to inject new liveliness into each area and cater to all members of the community. Improved facilities are a key way of increasing use of local facilities by the wider community.

Some of the upcoming projects include:

Duncan Mackinnon Reserve:

upgrading the sportsground lighting.

- East Caulfield Reserve: changing the existing courts to include a multipurpose sports surface.
- King George Reserve: installing new multipurpose hit-up walls.
- Koornang Park: changing the existing courts to include a multipurpose sports surface.
- Packer Park: installing new multipurpose hit-up walls and outdoor fitness equipment.
- Princes Park Oval No 4: planting warm season grasses and installing sub-surface drainage and irrigation.

# Something for everyone at Bailey Reserve

Bailey Reserve in Bentleigh East offers something for everyone. The popular Reserve is a central hub for sporting activity and also features facilities for families and plenty of open space for recreational activities.

There are a number of sporting clubs operating out of Bailey Reserve, including softball, soccer and cricket. The Reserve includes softball diamonds, including two full-size diamonds with basalt infields; two soccer pitches; and one cricket oval.

In 2000, the skate park officially opened and has been a hot spot of activity ever since. It is located along the western edge along East Boundary Road and features three quarter pipes and two fun boxes. Shade sails were installed in 2006 to offer more shade for everyone using the facility.

The Moorabbin War Memorial Pool

equipment; two waterslides; dedicated aquatic programs pool; aquatic wellness area; gymnasium and three group exercise studios.

A new play space (pictured below) has been developed in the south-eastern end of the park. The design of the play space's centrepiece is based on GESAC's profile and a pirate's ship, with a climbing wall, cargo nets, a slide and a lookout at the top. The nautical theme is continued across other pieces of play equipment and caters for all ages and abilities. A rotunda, barbecues and seating — surrounded by a number of established trees — make it a wonderful area for families to gather.

The walking trails around the park help link the different facilities and provides access for all. All upgrades are designed to inject new vibrancy into Bailey Reserve for all members of the



The clubs have worked long and hard to reach this time of year and need all the support they can get to make their finals dreams come true.

Don't just sit on the bench. Get down to your local sportsground and support your team to victory.

# Spring into September

With spring upon us, now is the perfect time to break out of hibernation and get moving. While some people only need a hint of warmer weather and the thought of summer approaching to get motivated, others need different ways to get active.

An easy way to get moving is to incorporate incidental activity into you daily routine, such as:

- Having a walking date with friends or family.
- Using a pedometer to count your steps and setting daily targets.
- Walking or riding to the shops.
- Parking further away from work and walking.
- Starting a lunchtime walking group at work.

# Awards

Nominations for the Victorian Government's *Community Sport and Recreation Awards* will open in November. This is your chance to acknowledge the contribution of clubs, teams and people that have made a significant contribution in community sport and recreation. For further information, visit https://commsportandrec. awardsplatform.com • Using public transport instead of the car.

Glen Eira is fortunate to have some wonderful parks and walkable streets, all within easy reach of most residents.

For further information about parks and open space in Glen Eira, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au





General, cosmetic, implant dentistry 687 North Road, Carnegie (Cnr Koornang Rd) northdental.com.au



(later called Northern Memorial Pool and/or East Boundary Road Memorial Pool) was built in 1964. This was built during a period just after the Melbourne Olympics when swimming was becoming very popular. In 2009, construction began on a new multipurpose facility, the Glen Eira Sports and Aquatic Centre. The facility was officially opened in 2012 and includes a 50 metre outdoor pool; 25 metre indoor pool; 50 metre outdoor pool with eight lap lanes; leisure pool with interactive water features and play







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<sup>c</sup> Conditions apply, full details on our website

# Glen Eira Libraries and Learning Centres



### Holiday Mania is back!

More school holiday fun is on at your local Glen Eira library. For ticketed events, purchase tickets online at library.gleneira.vic.gov.au from Monday 7 September. Workshops have limited numbers and age requirements.

#### Mosaic turtles

Tuesday 22 September, 10am–11.30am Carnegie Library and Community Centre — Boyd Room

Learn how to mosaic with the Art Factory by creating a colourful turtle with bright ceramic tiles.

Suitable for children aged five to 10.

#### Tickets \$10.

Colourful pencil cases

Tuesday 22 September, Ipm-4pm Caulfield Library

Come along and colour your own pencil case to keep.

Suitable for children aged four and over.

Free — no bookings required. Wait times may apply.

Glove puppets

Thursday 24 September

10.30am-1.30pm

Carnegie Library — foyer

Make your own funky glove puppet using felt pieces and funny eyes.

Suitable for children four years and over.

Free — no bookings required. Wait times may apply.



My moneybox Friday 25 September, Ipm-4pm Elsternwick Library

Make and decorate your own wooden money box. Add your own message to help you save.

Suitable for children aged six and over.

Free — no bookings required. Wait times may apply.

Create a backpack

Thursday I October, Ipm-4pm Bentleigh Library

Come along and colour in your own backpack. Choose from three designs and colour within the lines to give it your individual look.

Suitable for children aged four to seven.

Free — no bookings required. Wait times may apply.



#### Lego robotics

Friday 25 September Session 1: 9.30am–10.30am Session 2: 11.30am–12.30am Carnegie Library and Community Centre — Boyd Room

Children will work and play with designated LEGO<sup>®</sup> Technic pieces such as gears, axles, electric motors and more to create moving pieces.

Strictly for children aged eight to 10.

Tickets \$10.

Penguin craft

Tuesday 29 September 10am–11.30am Carnegie Library and Community Centre — Boyd Room

Create a penguin and build him a home in the snow.

Suitable for children aged six to 10.

Tickets \$10.

Gamers' challenge

School holiday weekdays, 4pm–6pm Carnegie Library, 7 Shepparson Avenue, Carnegie

Test your gaming skills. Free — no bookings required.

Holiday gaming Caulfield Library Elsternwick Library School holiday weekdays, 2pm–6pm

Enjoy extended PS4 and Xbox One play during the holidays. Free — no bookings required.

#### For teens

#### Beautiful dreamcatchers

Friday 25 September, 2pm–4pm Carnegie Library and Community Centre — Boyd Room

Love those arty, ethereal dreamcatchers that are so expensive to buy? Design and make your own at this creative workshop to hang in your room to catch any bad dreams. Fun activity to do with your friends. All materials supplied.

Strictly for 10 to 17 years. Tickets \$10.



Fun animation

Friday 2 October, 9.30am–12pm Carnegie Library and Community Centre — Boyd Room

Use plasticine to make your own figurines then include them in your own animated movie. Your completed video will be uploaded to YouTube after the workshop so you can share your creation.

Strictly for nine to 17 years. Tickets \$20.

# The Big Twitch



#### Tsunami and the Single Gir

Thursday 17 September, 7pm–8pm

of her experiences in her debut novel

14/15

Wednesday 9 September 2pm-3.30pm Carnegie Library

Sean Dooley has written for television comedies like *Full Frontal*, *Hamish and Andy* and *Spicks and Specks*, is author of books such as *The Big Twitch* and *Cooking with Baz* and is currently editor of *Australian Birdlife* magazine. Sean is the birdman and will discuss the year he spent blowing his inheritance to fulfil a childhood dream — breaking the Australian record for seeing more birds in one year than anyone else. This is a tour of Australia and its birds, including the adventures and mishaps of an increasingly obsessive birdwatcher in the outback and the characters he meets along the way. Book online at any Glen Eira library or contact 9524 3700.



Glen Eira Town Hall — Theatrette Corner Glen Eira and Hawthorn Roads, Caulfield

Ever wondered what it's like to work in a disaster zone? Krissy Nicholson speaks passionately about her experience as an aid worker in some of the biggest disasters the world has seen — from the Boxing Day Tsunami and Pakistan Earthquake — to post conflict Northern Uganda and PNG Cholera outbreaks. She will talk about her firsthand experiences of working in these emergencies — the successes and the challenges. Krissy recorded some Tsunami and the Single Girl, part of the 2013 Get Reading, 50 Books You Can't Put Down campaign. Book online, at any Glen Eira library or contact 9524 3700.



# SenseAbility program

Mental health is a key issue among young people, and as part of its service, Glen Eira City Council Youth Services has been facilitating the *beyondblue* program, *SenseAbility*.

SenseAbility is a strengths-based resilience program designed for young people aged 12 to 18. The program focuses on building strengths and resilience in young people rather than 'fixing' weaknesses.

SenseAbility is facilitated over several classes and secondary school students undertake discussions, class activities and group work on a variety of senses, such as belonging; control; future; humour; purpose; self-worth; and essential skills, such as decision-making, goal setting and problem-solving.

One of the skills covered in SenseAbility to help young people overcome some

of the challenges faced in high school is to practice mindfulness. Mindfulness is a special way of paying attention and is a strategy which can help you cope with tough times. Mindfulness can clear your head, help you be less angry or moody, slow your thoughts, improve your sleep, memory and concentration, as well as relieve stress.

Here are some tips on how to practise mindfulness.

- Savouring. Take the time to enjoy and appreciate what you are doing, paying particularly close attention to the smaller details.
- Breathing. In times when you feel out of control or helpless, focus on your breathing. Regulating your breathing can help in situations where you feel anxious and overwhelmed.



- Be present. Make sure you are grounded in the present. Actively stop your mind from worrying about the future or the past. Anxiety, regret and other experiences can dampen the experience of wellbeing.
- Participate. Look for opportunities to connect with people and participate in activities. You can experience a greater sense of fulfilment by engaging in life.

# Live local music event

Kick-off the school holidays by getting your friends together for an awesome night of live local sounds. With music ranging from rock and folk to indi and punk, *Sounds of Glen Eira 2015* is an event not to be missed.

The free event will be jam packed with great young local talent performing to a live audience. There will be great music to enjoy, as well as some fun crowd entertainment and door prizes to be won.

Sounds of Glen Eira 2015 will be held on Friday 18 September at Bentleigh McKinnon Youth Centre, Higgins Road Bentleigh. The event is a fully supervised drug, alcohol, smoke free event. No pass outs for people under 18 years.

For further information, contact Youth Services on 9524 3676.



# Tricky conversations with teenage sons

Glen Eira City Council Youth Services will host a parent information night on Tuesday I September.

To be held from 7pm to 8.30pm in the Theatrette at Glen Eira Town Hall, parents and members of the Glen Eira community will be entertained and informed by Troy Jones from The Real Men Project.

This interactive and practical session will:

- explain what is really going on in a teenage boy's mind;
- outline key developmental milestones in a teenage boys' life; and
- provide strategies for having hard conversations.

At the end of the evening, parents will be equipped with the knowledge and tips about how to initiate and navigate those tricky conversations with their teenage sons about a range of topics, including healthy relationships; depression; stress; anxiety; communication; anger; and respect.

#### About the speaker

Troy Jones is the creator of The Real Men Project. He is also the best-selling author of Being Dad: For dads-to-be and the women who love them, an award-winning film and documentary producer and founder of the charity, Pregnant Pause.

A father himself, Troy is focused on building up the boys of this generation to

become the men they dream of being.

With his signature wit, humour and style, Troy will provide insight and practical strategies which parents can implement with their young person, as well as encourage parents in the great job that they are already doing. This is a night not to be missed.

This is a free event, but bookings are required as seats are limited. To book, contact Youth Services on 9524 3676.

# Healthy gaming tips

With school holidays fast approaching; here are some healthy tips to keep in mind for those who love to play video games.

- Take regular breaks at 45 minute intervals and stretch out your fingers, wrists, back and neck.
- Try to eat healthy snacks like apples, bananas, grapes, popcorn or even some carrot and celery sticks with hummus dip.
- Play games with family and friends. Don't forget the other people in your life. It's more fun to mix it up and try some multi-player games.
- Head outside and rest your eyes. Give the screen a rest and get



GLEN EIRA CITY COUNCIL

# DID YOU KNOW YOU CAN RECYCLE SMALL PLANT POTS?



outside to kick a footy or shoot some hoops.



For further information, visit www.gleneira.vic.gov.au or contact Council's Service Centre on 9524 3333.

Bentleigh Bentleigh East Brighton East Carnegie Caulfield Elsternwick Gardenvale Glen Huntly McKinnon Murrumbeena Ormond St Kilda East