

City of GLEN EIRA

gleneiranews



Community Grants Program applications open I March

Applications for Glen Eira City Council's 2016–2017 Community Grants Program open on Tuesday I March.

Each year, Council awards grants in six categories: Health and wellbeing; Families, youth and children; Sports and recreation; Active senior citizens; Environmental sustainability; and Arts and culture.

Applications close on Friday 22 April at 5pm.

Glen Eira Mayor Cr Neil Pilling said Council is committed to investing in the community, especially in the volunteer groups that do so much for so many people across the municipality.

"The Community Grants Program supports and assists not-for-profit community based groups to implement projects and activities that benefit Glen Eira residents," Cr Pilling said.

"Community Services Grants of up to \$7,500 will be available for projects, which address Council priorities and meet funding guidelines and conditions.

"There will also be Community Festivals and Events Grants of up to \$10,000 available to community groups and organisations that need some extra financial assistance with an upcoming event or festival."

In 2015–2016, the *Community Grants Program* received 172 applications and of these 136 grants were awarded to not-for-profit organisations, at a total of more than \$350,000. Due to the high number of applications received, some grant applications were only part funded.

Ormond Community Church of Christ received a grant for \$5,000 to assist in running its performing arts program, *Café Nite Jam*.

Café Nite Jam has been running for around four years and is held on the first Saturday of every month. Various bands and artists provide an entertaining evening of music and storytelling.

Café Nite Jam co-organiser Simon Flemming told Glen Eira News that money raised from ticket sales is donated to charity.

"The Unakho Childrens Home in Cape Town, South Africa, is our main charity, and money raised so far has gone towards essential running costs such as food, clothing and housing, as well as schooling and transport," Mr Flemming said.

"We have also raised money for an orphanage in India, as well as the Nepal earthquake appeal."

Other community groups to receive grants included:

- Marriott Support Services received \$6,300 to assist with its Volunteering with Disability in Glen Eira project.
- Glen Eira Adult Learning Centre received \$5,400 to assist with running a series of health and wellbeing workshops.
- Project Deborah in Partnership with the National Foundation of Australian Women — received \$5,000 to assist in developing a digital skills bank and an awards scheme for unrecognised contributions by women

to the local community.

Information workshops

Council will host information workshops to assist organisations in understanding funding guidelines, Council priorities and eligibility criteria. Bookings are essential. If you wish to attend, contact Council's Service Centre on 9524 3333.

Community Services Grants

- Wednesday 9 March, 7pm to 9pm, Carnegie Library and Community Centre, Boyd Room — 7 Shepparson Avenue, Carnegie;
- Tuesday 15 March, 10am to 12pm,
 Moorleigh Senior Citizens Centre,
 Room 19, Chris Koutoumas Wing —
 92 Bignell Road, Bentleigh East; and
- Wednesday 23 March, 3pm to 5pm, Caulfield Park Pavilion — Balaclava Road, Caulfield.

Community Festivals and Events Grants

 Wednesday 16 March, 2pm to 4pm, Glen Eira Town Hall, Caulfield Cup Room — corner Glen Eira and Hawthorn Roads, Caulfield.

Council's community development officer is also available to assist not-for-profit organisations with their community grants applications. To make an appointment, contact Council's Service Centre on 9524 3333.

Cover image: Rev. Annemarie and Rev. Damien Ball; Glen Eira Mayor Cr Neil Pilling; and *Café Nite Jam* co-organiser Simon Flemming. Photo: Robert Churchus Photography. NEWS

Booran Reserve update

 Looking for something fun to do with your family?

LED lights brighten up Council's Gallery

REGULARS

- Arts News
- Business News
- Recreation News
- ··· Youth News

··· Library News

HIGHLIGHT

Community Development

BENTLEIGH BENTLEIGH EAST BRIGHTON EAST CARNEGIE CAULFIELD ELSTERNWICK GARDENVALE GLEN HUNTLY MCKINNON MURRUMBEENA ORMOND ST KILDA EAST



Mayor's column

On Sunday 6 March, Glen Eira residents will be able to dispose of unwanted household chemicals for free at Cheltenham's *Detox your Home* mobile collection service.

The collected items are recycled for recovery and diverted from landfill. Prior registration is essential. Visit www.sustainability.vic.gov.au/detoxmobile or contact 1800 353 233. A full list of accepted items is available on the website.

Entries for Council's My Brother Jack Awards will open on Tuesday 15 March. The Awards are open to people who live, work or study in Glen Eira. There are prizes for short stories and poetry in the categories of Primary; Junior Secondary; Senior Secondary and Open. There is also an Open photography category. Entries close on Tuesday 26 April. To enter, visit www.gleneira.vic.gov.au/MBJ

Allnutt Park in McKinnon will be the venue for Glen Eira City Council's final Party in the Park event for 2016. To be held on Sunday 20 March from 10am to 4pm, the event will include live shows by Hoot and Hootabelle and Spot the Dog, children's cooking classes and wildlife education programs. The Glen Eira Pet Expo and Pet Parade will also be held.

Finally, residents are reminded to register their cats and dogs before 10 April. Council will send out renewal notices for 2016–2017 this month to existing registered owners.

If you have recently taken ownership of a new dog or cat, registration forms are available from Council's Service Centre or www.gleneira.vic.gov.au

Cr Neil Pilling Mayor



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Glen Eira City Council encourages its residents to strengthen their compost by

adding autumn leaves from your garden.

Autumn leaves are great source of carbon, which is vital for successful compost. The

leaves easily turn into mineral-rich organic

material to make a great basis for compost or mulch.

If you don't use compost to improve your garden, Council recommends that you use

its green waste service to recycle your

autumn leaves.

Council's fortnightly green waste service collects more than 10,000 tonnes of green waste a year. The green waste collected is taken to an organic waste recycling facility where Enviromix composts it. This process provides environmentally beneficial products including mulch, compost and soil-conditioner that can be used to improve the gardens and farms that grow our food.

Recycling organic waste contributes to reducing the City's carbon footprint by reducing the amount of green waste sent to landfill where it breaks down releasing methane and other greenhouse gasses.

Council provides one free green waste bin for every waste service. Green waste bins are available in two sizes — a large 240 litre bin or a smaller 120 litre bin. Additional green waste bins are available for a small fee.

For further information, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au/Council/Garbage_and_recycling



COUNCILLOR CONTACTS

Glen Eira Town Hall

Corner Glen Eira and Hawthorn Roads Caulfield PO Box 42, Caulfield South VIC 3162

Telephone: 03 9524 3333

National Relay Service: A phone solution for people who are deaf or have a hearing or speech-impairment, TTY dial 13 36 77 or Speak and Listen 1300 555 727 or

www.iprelay.com.au then enter 03 9524 3333

Facsimile: 03 9523 0339

Email: mail@gleneira.vic.gov.au

www.gleneira.vic.gov.au

DEADLINES

The deadline for the May edition of Glen Eira News is Wednesday 30 March for delivery 2 to 6 May (weather permitting). For Community Diary enquiries, contact 9524 3333 or email gleneiranews@gleneira.vic.gov.au

Disclaimer

The information in this publication is of a general nature. The articles contained herein are not intended to provide a complete discussion on each subject and/or issues canvassed. Glen Eira City Council does not accept any liability for any statements or any opinion or for any errors or omissions contained herein.

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Community column

With works to remove the level crossings in Bentleigh, McKinnon and Ormond shopping centres underway, now is the perfect time to Think local frst.

Glen Eira City Council encourages money in these centres.

Council's Business Development Manager Lynda Bredin said local businesses are aware they could be significantly affected

"However, with ongoing support from the will navigate their way through this time," Ms Bredin said.

"There is a great deal to celebrate about our local shopping centres. They are still accessible and parking is available — it is business as usual.

"Come down and take a look. This type

Booran Reserve — works update

Council has initiated a business development program for those businesses affected by the level crossing removal works. An independent retail/ business expert has been engaged to work

provide independent, confidential and comprehensive support and assistance

"The program will help businesses to springboard from the strongest possible position once the construction phase is complete — it is in times of change that business can often produce the best

Upcoming road works

The Level Crossing Removal Authority (LXRA) is overseeing the removal project, and at the time of going to print advised

the evening of Thursday 3 March to the morning of Monday 7 March; and

Centre Road and McKinnon Road in the vicinity of the rail corridor from the evening of Thursday 24 March to the morning Friday I April.

During this time, the level crossing will ensure adequate signage and traffic to ensure people can still access shopping strips in Bentleigh, McKinnon and

reinforcement works on the east side Brewer Road until Monday 7 March.

Site information is managed by LXRA and can change at short notice. All dates information, visit levelcrossings.vic.gov.au

our City

Resource Guide now available Glen Eira City Council's Families' and Children's Resource Guide 2016 is now available.

The Guide offers local families a 'one-stop' reference to family and children's services offered by Council, including:

- maternal and child health;
- children's centres;
- Family Day Care;
- occasional care;
- kindergarten central enrolment;
- immunisation; and
- parent information sessions.

The Guide also includes details for local community services, including parent support services, parenting centres, toy libraries and playgroups.

Copies of the Guide are available from Council's Service Centre, maternal and child health centres, libraries, long day care centres and immunisation sessions.

shelter and toilet block construction;

Works at Booran Reserve continue to gather pace.

Current works include:

- the installation of underground services, including recycled water lines for future irrigation;
- major playground construction;
- the installation of recycled bluestone plinth blocks (from the original wall) around the perimeter of the site.

Construction of the water play feature is also underway, commencing with the underground plant room.



Immunisation sessions

Health

Gardeners Road, Bentleigh East Wednesday 9 March and Wednesday 13 April 5.30pm-7.30pm

Thursday 17 March and Thursday 28 April 5.30pm-7.30pm

Saturday 19 March and Saturday 16 April 9am-11am

Carnegie Library and Community

7 Shepparson Avenue, Carnegie Wednesday 16 March and Wednesday 20 April Ipm-2.30pm and 5.30pm-7.30pm

Beech Street, Caulfield South Monday 21 March and Monday 18 April 9.30am-11.30am

Glen Eira Town Hall Auditorium (entry via Glen Eira Road) **Corner Glen Eira and Hawthorn** Roads, Caulfield Tuesday 8 March and Tuesday 12 April 9.30am-11.30am Tuesday I March and Tuesday 5 April

6pm-7pm

Health Centre Corner Royal and Rosedale Avenues,

Glen Huntly

Wednesday 23 March and Wednesday 27 April 9.30am-11.30am

McKinnon Public Hall 118 McKinnon Road, McKinnon Monday 7 March and Monday 4 April 9.30am-11.30am

Engaging our

Recognise your volunteers

Not-for-profit community based organisations are reminded that nominations for the 2016 Glen Eira City Council Volunteer Recognition Program close on Friday II March.

Nomination forms are available from Council's Service Centre or you can register online at www.gleneira.vic.gov.au

For further information, contact 9524 3333.

Community Consultation E-newsletter

Glen Eira City Council's Community Consultation E-newsletter keeps members of the community informed about Council community consultations.

The regular electronic newsletter provides information about where and when consultations will be held and how to participate. To subscribe, visit www.gleneira.vic.gov.au



CEO's column

Firstly, I would like to say thank you for welcoming me into the City of Glen Eira as CEO of Glen Eira City Council. I certainly have some big shoes to fill, but am looking forward to my new role.

It is with great pleasure that I can announce applications for Council's 2016–2017 Community Grants Program open on Tuesday I March.

Council's Community Grants Program assists not-for-profit community based groups to implement projects and activities that benefit Glen Eira residents.

Community Services Grants of up to \$7,500 will be available for projects, which address Council priorities and meet funding guidelines and conditions. There will also be Community Festivals and Events Grants of up to \$10,000 available.

Council looks forward to receiving applications from community groups and assisting where it can.

I am very impressed with the amount of projects that have been undertaken in the last I2 months as part of Council's *Open Space Strategy*. Providing more and better open space for the community not only adds to the liveability and character of Glen Eira, but it contributes to the overall health and wellbeing of the community. I look forward to seeing the newest project that is nearing completion — Elsternwick Plaza.

Again, I am delighted to be joining Council and look forward to working with councillors, staff and the Glen Eira community in 2016.

Rebecca McKenzie
Chief Executive Officer



Autumn vegetable gardening

Friday II March, I0am-I2pm Caulfield Park Pavilion — Balaclava Road, Caulfield

Presented by My Green Garden's Maria Ciavarella

Numerous vegetables can be grown over the cooler months. Come and find out what vegetables grow well and how to grow them.

Learn the top 10 autumn vegie gardening tips, including:

- soil preparation after the summer harvest;
- crop rotation principles and how to apply them;
- growing vegetables without pesticides;
- starting from seed;
- great vegetables to grow in autumn and early winter;
- vegetables that grow well in pots;
 and
- interesting and unusual vegies for the home grower.

Bookings are essential. For further information and to RSVP, contact Council's sustainability education officer on 9524 3333; email sustainability@gleneira.vic.gov.au; or visit www.gleneira.vic.gov.au/community/environment

Are you interested in joining the Sustainable Gardening Program?

Glen Eira City Council launched its Neighbourhood Sustainable Gardening Program for residents, schools, organisations and businesses in Glen Eira to encourage people to make their garden more sustainable.

Anyone who has (or is planning to have) a vegetable patch; fruit trees; a compost system; local indigenous plants; water-wise features; or chickens, can join the *Program*.

Registered gardeners will receive a welcome pack, which includes a sign that

can be attached to the fence identifying that they are part of the *Program*. They will also be sent regular updates on local events (run by Council and community groups) and specific local gardening information.

To register for the *Program*, visit www.gleneira.vic.gov.au/sustainable_garden



Plant indigenous plants this autumn

Autumn is a perfect time for planting indigenous plants. Not only is the temperature more comfortable for gardening, but the soil is a lot moister and should stay moist until summer returns.

Indigenous plants refer to native plants that grew in the City of Glen Eira before European settlement. Indigenous plants grow in a number of the City's parks, including Mallanbool Reserve in Murrumbeena, and may be a more suitable choice for your garden because they are suited to local soils and other conditions.

There are many benefits of planting

indigenous plants.

- Once established, they often require little or no additional watering.
- Indigenous plants provide an important habitat for native wildlife.
- There is a wide range of indigenous plants that flower at different times of the year.
- You can use them in a variety of garden styles to add colour and interest.

For further information on indigenous plants in Glen Eira, visit Council's website and search 'Indigenous Plants'.



Draught-proof your home. Install FREE door sealing strips and chimney balloons.

To see if you are eligible to receive this free Council service, contact Energy Makeovers on 1300 788 776 or visit www.energymakeovers.com.au/energy-savers-glen-eira/

Council has contracted with Energy Makeovers to provide the services.

All dealings with Energy Makeovers will be confidential and Energy Makeovers will abide by the same privacy obligations that Council has in relation to the information provided to them by residents who use the service.







Carnegie Swim Centre, Moira Avenue, Carnegie is hosting three Family Fun Days throughout March.

Come along with your family and enjoy a barbecue, jumping castle, music, dive boards, a 50 metre lap pool and two children's pools. There is also a vast grass space that overlooks the pool where you can relax.

Family Fun Days are scheduled on the dates below and run from I am to 4pm.

- Sunday 6 March;
- Sunday 20 March; and
- Thursday 31 March.

Please note: Family Fun Days will be rescheduled if forecasted temperature is below 27 degrees.



Speed limit reduction for Chesterville Drive in Benteligh East

Thanks to successful advocacy from Glen Eira City Council, VicRoads will reduce the speed limit on Chesterville Drive, Bentleigh East from 60km/hr to 50km/hr.

The change, which will occur in March, will improve the safety for residents and other road users. Chesterville Drive is a collector road that intersects at either end with Centre Road. The road has two sweeping bends and carries around 4,000 vehicles per day.

Glen Eira Mayor Cr Neil Pilling said Council advocated for the reduction in the speed limit following concerns raised by local residents about the safety of people using this busy local road.

"A key objective of Council's Road Safety Strategy is to reduce the risk of road trauma," Cr Pilling said.

"Ensuring that we have appropriate speed limits in local streets assists in reducing the likelihood and severity of a serious crash."

Following the installation of the 50km/hr limit, a speed alert mobile trailer will be on Chesterville Drive for four weeks to help local traffic adjust to the new speed limit.



Pet registration reminder

Registration is the best form of identification for pets. It makes it easier for Glen Eira City Council's civic compliance officers to identify and return your pet if it becomes lost.

Renewal notices for 2016–17 will be sent in March to existing registered owners and must be paid before 10 April 2016.

Once a pet is registered, a new registration tag is provided which the pet must wear whenever it is outside its owner's property.

Owners of existing registered animals should also consider a permanent microchip implant as a secondary means of identifying their pet should the pet lose its collar.

Council's Manager Building and Civic Compliance John Bordignon said all dogs and cats three months of age and over must be registered.

"Anyone who registers a new pet by law must now have the pet microchipped before it can be registered by Council," Mr Bordignon said.

"Dogs and cats which have been microchipped and desexed will be eligible to have the annual registration fee for the second year of registration waived."

Owners who have had their dog trained through an approved dog obedience training organisation will also be eligible for reduced registration fees.

"The annual registration fee for the second year of registration will be waived for certified trained dogs," Mr Bordignon said.

"Owners will also receive a 50 per cent reduction off the standard reduced fee for subsequent years."

Failure to register dogs and cats can result in a \$295 fine per animal.

If you have recently taken ownership of a new dog or cat, registration forms are available from Council's Service Centre or www.gleneira.vic.gov.au

Four-year-old kindergarten 2018 enrolment reminder

Online enrolments available at www.gleneira.vic.gov.au from I May 2016.

Glen Eira City Council operates a central enrolment system for 13 community-based kindergartens within the municipality.

Parents wanting their child to attend four-year-old kindergarten in 2018 are reminded that enrolments open on I May 2016.

Children whose birth dates fall between 1 May 2013 and 30 April 2014 are eligible to attend kindergarten in 2018.

Applications are taken in date of receipt order from I May 2016. Applications will not be accepted prior to I May 2016.

Registration and a non-refundable enrolment fee of \$21 per child can be made via the online registration process www.gleneira.vic.gov.au

Enrolment forms can also be downloaded at www.gleneira.vic.gov.au or by contacting Council's Service Centre on 9524 3333. These applications can be submitted in person at Glen Eira City Council, or sent to PO Box 42, Caulfield South, 3162.

Three-year-old kindergarten enrolments are taken directly by the kindergartens and do not influence when enrolling for four-year-old kindergarten.

Please note: kindergarten programs are also offered in community and privately owned long day care centres, early learning centres, and kindergarten centres. Families interested in securing places in those services should contact them directly.



Glen Eira City Council's Gallery has upgraded its lights to light emitting diode (LED). Forty seven halogen lights have been replaced with new LED alternatives. The new lights are only six watt each so use considerably less power, while still brightening up the Gallery.

Council's Gallery Curator Diane Soumalis said the installation of the LED replacement lamps is expected to reduce maintenance costs and inconveniences, as they have longer lifetime expectancy (50,000 hours or approximately 20 years in the Gallery space).

"The old lighting was problematic, the lighting tracks heavy and difficult to move and lamps expensive to maintain and replace," Ms Soumalis said.

"The low energy use of the LEDs, combined with reduced maintenance and re-lamping costs offers a significant long-term saving for Council."

Energy bills savings of around \$570, and a reduction in electricity consumption of more than 2,000 kilowatt hours, is estimated to have been achieved as a result of the replacement lighting during the *Boyd Exhibition*, which ran for 10 weeks (pictured above).

This upgrade is part of Council's ongoing program of energy efficiency improvements in Council's buildings and operations.

Earth Hour 2016

Glen Eira City Council will join thousands of people and hundreds of businesses across Victoria in the fight against global warming during Earth Hour on Saturday 19 March.

Earth Hour is a global climate initiative, which calls on individuals and businesses around the world to turn off their lights between 8.30pm to 9.30pm.

Turning the lights off for *Earth Hour* is a great first step, but if you really want to see a difference, then make *Earth Hour*

a part of your everyday life.

Simple things like switching off lights and appliances while not in use and changing your light globes to energy efficient globes will help in reducing carbon emissions.

For further information on sustainable living, visit www.gleneira.vic.gov.au

Keep up-to-date with Council's latest news and events!

Visit www.gleneira.vic.gov.au



Bentieigh, Bentieigh East, Bighton East, Camegie, Caulfield, Elsternwick, Gardenvale, Glen Huntly, McKinnon, Murumbeena, Ormond, St Kilda East

Detox your Home at Cheltenham's free household chemical collection

Do you need to dispose of unwanted household chemicals? You can reduce the risk of poisoning and environmental pollution, as well as improve recycling rates, by dropping off unwanted chemicals at Cheltenham's *Detox your Home* mobile collection.

Detox your Home is a safe, free and easy-to-use service to dispose of common household chemicals without harming your health or the environment.

For a full list of accepted items, visit www.sustainability.vic.gov.au/detoxyourhome

Please note: the list of accepted items has recently changed. The collected items are recycled for recovery and diverted from landfill.

When: Sunday 6 March Time: 8am to 4pm

Where: Cheltenham — site address provided upon registration

Registration essential

Register online at www.sustainability.vic.gov.au/ detoxmobile or contact 1300 363 744 and then turn up on the day with your unwanted items.

Registration is required to manage traffic flow and avoid queues on the day, allowing you to get in and out quickly.

Paint and other common products

Paint, household batteries, fluorescent tubes and compact fluorescent lamps will not be collected. These items can be disposed of throughout the year at a permanent Victorian drop-off site. The collected items are recycled for recovery and diverted from landfill.

For a full list of permanent Victorian

drop-off sites or to find out more about Detox your Home, visit www.sustainability.vic.gov.au/ detoxyourhome or contact Glen Eira City Council on 9524 3333.

Detox your Home is a free service for all Victorian householders. It is administered by Sustainability Victoria in partnership with local councils and funded by the Victorian landfill levy.



Raising happy and healthy pets

Pets make wonderful companions for people of all ages. Owning a pet can help boost a person's self-esteem, provide stress relief and improve health. Pets provide hours of fun, relaxation, happiness and unconditional love.

However, along with these benefits come certain responsibilities. Caring for pets takes time, commitment and effort, so anyone wishing to own a pet should choose one that suits their lifestyle and surroundings.

If you have a cat or dog, or intend to own one, please ensure:

- it is desexed, microchipped and registered;
- it is secured properly in your property. Dogs should be confined at all times. For your cat's safety, you should keep it indoors or in an enclosure at night;
- it has adequate shelter, which is warm, dry and well ventilated.
 Cats should also have access to a litter tray;
- it is fed a balanced diet and has access to fresh water;
- it is vaccinated, wormed and regularly checked for fleas and ticks; and
- it is cared for when you go away on holidays, either at a boarding kennel or cattery.

Dogs should also be exercised daily and if required, taken to obedience classes to keep them mentally stimulated.

Owners should also remember to clean up after their dog at all times. Please don't inconvenience others by leaving your dog litter behind.

For further information on pet care, contact Glen Eira City Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au





News in brief

Are you interested in assisting Glen Eira City Council in relation to sustainability and transport matters?

Council is seeking three community representatives for its Environmental Advisory Committee. These roles would suit active members of the Glen Eira community with an interest in environmental sustainability who also understand the role and function of Council.

Council is also establishing a new Transport Advisory Committee and is seeking four community representatives with a strong connection to the Glen Eira community with a professional knowledge or an interest in sustainable transport; community transport and access; transport planning; and/or urban design.

These are voluntary, unpaid positions. Both Committees will meet a minimum of four times a year, usually on weekday evenings. Where possible, meeting dates and times will be set to suit the availability of Committee members.

Applications close Sunday 6 March at 5pm.

To apply for these positions, contact Council's Service Centre on 9524 3333 to obtain an application form, position description and terms of reference or visit www.gleneira.vic.gov.au

School readiness: transition to school

Wednesday 13 April, 7.30pm Glen Eira Town Hall — Caulfield Cup Room corner Glen Eira and Hawthorn Roads, Caulfield

Cost: \$9

RSVP: essential as places are limited. Visit

www.gleneira.vic.gov.au or contact Council's Service Centre on 9524 3333

Louise Dorrat will facilitate this presentation on the transition from preschool to primary school and discuss strategies, tools and indicators for parents to help prepare children for this change. A kindergarten and a primary school teacher from local services will also discuss the key components required by the Victorian Department of Education and Training and how they prepare preschoolers for the move to early primary years.

Family Day Care — home based child

Glen Eira City Council Family Day Care (FDC) currently has child care vacancies that may suit your needs. Parents who live, work or study in Glen Eira are able to access

FDC is a high quality home based child care service providing childcare in the homes of registered educators. Care is provided for a maximum of four preschool children, including the educator's own children.

Fees are based on the hours of care booked. Families can claim the Commonwealth Child Care Benefit and the Child Care Rebate if eligible.

For further information, contact the co-ordination unit on 9524 3333 or email fdc@gleneira.vic.gov.au

Graffiti removal

Removing graffiti quickly can often help prevent further graffiti.

Glen Eira City Council encourages residents and traders to remove graffiti from their properties promptly.

Glen Eira City Council also continues to

assist residents by removing graffiti from the title boundary of private property (both residential and commercial), which is visible from a public place. Requests are referred to a priority list for consideration.

Requests to remove graffiti from private property can be made through Council's Service Centre on 9524 3333.



Glen Eira residents and property owners are reminded to make sure their property number is clearly visible from the street so that unnecessary delays for emergency services do not occur.

Clear and effective property numbering is both a legal and safety requirement and can save lives.

out and about



Party in the Park, Packer Park: Under the Stars — Cr Jamie Hyams; Glen Eira Mayor





Party in the Park, Princes Park — Glen Eira Mayor Cr Neil Pilling; Cr Margaret Esakoff; and Cr Jamie Hyams judging the bike decorating event.



Moorabbin Police and Glen Eira City Council are encouraging residents who are not registered on the *Glen Eira Senior Citizens Register* to take advantage of this successful initiative.

Managed by Moorabbin Proactive Policing Unit, the *Register* is designed to connect and support some of our more vulnerable community members.

The Register provides a service whereby older or isolated individuals can nominate to receive scheduled phone contact from volunteers to check that they are safe and well.

Leading Senior Constable Oram said it is an enjoyable activity for both the volunteer and the community members who often look forward to their weekly phone call.

"The Register has around 25 volunteers, including Dermot (pictured above), who began volunteering in 2010 after responding to an ad in Glen Eira News. Now the Deputy Administrator, he

dedicates around two hours per week to help manage the program and support the other volunteers," he said.

Dermot enjoys the chance to support seniors to remain in their own homes.

The service offers some reassurance and a sense of security for older residents.

After more than 40 years in the workforce, Dermot values the opportunity to do something deserving and contribute to his community.

The Register is always looking for more volunteers. To sign up to the Register or if you would like to volunteer, contact Community Liaison Officer Leading Senior Constable Gary Oram on 9556 6311.

Get to know your neighbours

If you haven't met your neighbours, now is the chance to do so.

Neighbour Day is Australia's annual celebration of community. It encourages neighbours to come together and connect, whether they live next door or across the street.

If you haven't met your neighbours, take this opportunity to introduce yourself to them on *Neighbour Day* on Sunday 27 March.

Here are some simple ideas to get you started:

- Smile and say 'hello'.
- Invite your neighbour over for a 'cuppa'.
- Arrange a get together at the local park — this could be a picnic or a family fun day. A list of Glen Eira parks and their facilities can be found at www.gleneira.vic.gov.au
- Get active and form a walking group with your neighbours or organise a

- game of street cricket.
- Join a class and meet neighbourhood residents at your local Neighbourhood House or community learning centre.
- Offer help to a neighbour by mowing their lawn or helping with their weekly shopping.
- Volunteer in your local community.
 To find out what volunteer activities are available, contact Community
 Information Glen Eira on 9571 7644.
- Attend a local event and invite your neighbour. Visit www.gleneira.vic.gov.au to find out what's on.
- If you have a vegetable garden or fruit trees and have excess produce, offer to share it with your neighbours.

For further information on *Neighbour Day*, visit www.neighbourday.org

Respite Care Service available

Glen Eira City Council offers respite and personal care services to people within the municipality who have a disability.

Respite can be home or community-based, and support is individualised to the person to promote their abilities and involvement within their local community. All services are delivered by Council's team of support workers.

Community-based respite provides the opportunity for a child or young adult to participate in fun and inclusive activities with their peers, such as swimming at Glen Eira Sports and Aquatic Centre; going to their local park or an indoor play centre; visiting the library; or attending group activities such as sports; and friendships.

Support workers also encourage a person to develop life skills and independence in their home and community, through activities such as cooking and catching public transport.

Council's Respite Service provides meaningful and interesting interaction for the individual, whilst their carers have a break from their caring role.

For further information about Council's Respite Service, contact Council's Service Centre on 9524 3333.



Joint Councils Access for All Abilities

Joint Councils Access for All Abilities (JCAAA) is a disability respite service that covers the cities of Bayside, Glen Eira, Stonnington and Port Phillip. JCAAA works with the community to help create fun recreational, arts and sporting opportunities for people with mild, moderate and sometimes complex disabilities to participate in.

Some of the recreation and arts programs currently on offer include:

- Saturday Night Fever a dancing program for people aged 18 and over. Put your dancing shoes on and groove the night away.
- Stepping out a social recreation group for people aged 21 to 35 who like to have a laugh and experience new things.
- Hype a social recreation program for people aged 14 to 21 with a mild to moderate disability.

For further information, contact JCAAA on 9209 6706, 9209 6159 or email jcaaaenquiries@portphillip.vic.gov.au









Glen Eira senior

If you are looking to meet new

Senior citizens clubs provide a

friendly, welcoming place for social

more involved with your

want you

citizens club?

in Glen Eira and 35 senior citizens clubs that use these centres to offer a range of different activities depending on their target group. That means there is something for everyone.

Leisure activities offered by clubs include:

- barbecues;
- billiards;
- bingo;
- · cards:
- computer and internet classes;
- concerts;
- dancing;
- exercise tailored to your needs;
- indoor bowls;
- line dancing;
- · social outings;
- table tennis;
- tai chi; and
- trips and tours.
- For further information, contact Council's healthy ageing officer on 9524 3333 or visit Council's website www.gleneira.vic.gov.au for a list of clubs operating in Glen Eira.

Libraries for all-abilities

Glen Eira City Council's libraries are now geared up to give all residents access to a great range of collections and services on

To improve accessibility for people with low vision, the ClearView electronic desk magnifier is available at Carnegie Library and Community Centre. Place a newspaper or magazine on the reading table and the built-in camera will create a large print version on the computer monitor. You can use the magnifier to look at photos, write or sign documents or even do a crossword. No computer skills are required.

The libraries have a great selection of large print and audio books for all reading interests. E-books are available 24 hours a day, seven days a week from the convenience of your home computer, e-reader, iPad or other smart device. If you don't have an e-reader, you can borrow a Kobo e-reader from any Glen Eira library. Library staff will also show you how to find and download an e-book from the collection.

Sometimes getting to the library can be difficult for frail, older adults and people with disabilities. Council offers a Home Library Service that will bring the library to you. Books, audio books, magazines, DVDs and CDs are selected to meet your tastes and delivered to your door each

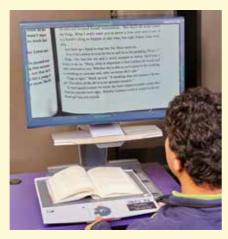
month. This Service is open to eligible Glen Eira residents.

To register or find out more, contact Council's Home Library Service on 9557 8278.

If standing or moving around the libraries is difficult, library staff are pleased to locate items for you to borrow while you wait. You can also call ahead and have a selection of books ready to collect when you visit, or you can pick up a book bag pre-filled with books in your favourite fiction genre.

All libraries have wheelchair or scooter recharge stations to make your journey to the library and home even easier.

For further information on Council's library services, visit library.gleneira.vic.gov.au/Information



Memory and ageing: are you worried about your memory?

Wednesday 16 March 2pm-4pm Caulfield Park Pavilion — Balaclava Road, Caulfield

Presented by Alzheimer's Australia Vic Laurel Gourlay and Liz Rand from the Cognitive Dementia and Memory Service at Caulfield Hospital, this session will look at how memory works, common memory changes as you age and when memory changes need to be investigated.

Bookings are essential. For further information or to book, contact Glen Eira City Council's Service Centre on 9524 3333 or Caulfield Access on 9076 6776.



Special four-year-old immunisation sessions 2016

Glen Eira City Council's Immunisation Service is offering immunisation sessions for four-year-old children in 2016. These immunisations are recommended to be given just prior to a child's fourth birthday.

All four-year-old children receiving their immunisation will receive a free show bag. Face painting, balloons and magic tricks will keep the kids entertained.

Parents please note: the Australian Childhood Immunisation Register recommends that all childhood vaccinations are completed by four years. If your child is not vaccinated by four years and one month they will be considered overdue and you will receive reminder letters from Council.

Wednesday 2 March 4pm-6pm

> Carnegie Library and Community Centre 7 Shepparson Avenue Carnegie

Saturday 9 April 9.30am-11.30am

Bentleigh-Bayside Community Health Centre **Gardeners Roads** Bentleigh East

Wednesday 4 May 4pm-6pm

Carnegie Library and Community Centre 7 Shepparson Avenue Carnegie



Glen Eira City Council

Bentleigh Bentleigh East Brighton East Carnegie Caulfield Elsternwick Gardenvale Glen Huntly McKinnon Murrumbeena Ormond St Kilda East



Please note: due to high the volume of submissions we receive, entries must be submitted monthly. Only submissions received each month will be published. To submit an entry or for a list of deadlines for 2016, email gleneiranews@gleneira.vic.gov.au

MEETINGS AND CLUBS

Bentleigh Bayside Parkinson's Peer Support Group meets on the fourth Monday of every month from 1.30pm to 3.30pm at Bentleigh-Bayside Community Health, Gardeners Road, Bentleigh East. Contact: 9581 8700.

Bentleigh Garden Club meets on the last Tuesday of every month at 7.45pm in the St John's Anglican Church Hall, corner Centre and Tucker Roads, Bentleigh. All welcome.

Contact: 9570 1488.

Bentleigh Ladies Probus Club meets on the first Thursday of every month at Bentleigh Uniting Church, 497 Centre Road, Bentleigh. All welcome. Contact: 9557 4067.

Bentleigh Life Activities Club:

Looking for a game of table tennis, cards or mahjong? Do you enjoy walking and dining out occasionally? Come and join the friendly people at Bentleigh Life Activities Club.

Contact: Bentleigh@life.org.au

Bentleigh Combined Probus Club Inc. meets on the second Thursday of every month from 10.30am at Bentleigh RSL, 538 Centre Road, Bentleigh. Contact: 9579 5506.

Bentleigh RSL swimming section meets most Sundays for social swimming

from 10am to 12pm at Caulfield Grammar School pool, Glen Eira Road, Caulfield. You don't have to be a competitive swimmer to participate in this fun activity. If you can swim 25 metres, call in for a free trial. Barbecue lunch provided. Contact: 9503 4556.

Bentleigh Scottish Country Dancing is held on Mondays from 7.30pm to 9.30pm at K.G. Putt Hall, 2 Arthur Street, Bentleigh. No partners required.

Contact: 9973 7582.

Carnegie/Murrumbeena Senior Citizens Club meets every Tuesday and Thursday from Ipm to 4pm at Carnegie Library and Community Centre in the Boyd Room.

Contact: 9568 2727.

Caulfield Over 50s Dancing Group meets every Monday (except public holidays) from 12.30pm to 3.30pm at Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield. Cost: \$5. Contact: 9822 2064.

Caulfield Photographic Society meets fortnightly on Monday evenings at St Peters Anglican Church Parish Hall in Murrumbeena.

Contact: 0408 214 502.

Centre Bentleigh Garden Club meets on the first Tuesday of every month at 1.30pm at the YWCA hall, 178 East Boundary Road, Bentleigh East. Visitors and new members welcome. Contact: 9570 7045.

Glen Eira City Choir invites new and past members to join them in celebrating their 70th anniversary. Rehearsals are held every Monday at 7.45pm at the Indonesian Uniting Church Hall, 158 Balaclava Road, Caulfield.

Contact: 9578 1947.

Glen Eira Combined Probus Club

meets on the fourth Friday of every month from 10am to 12pm at The Bentleigh Club, Yawla Street, Bentleigh. Visitors welcome. Contact: 9583 4822.

Ormond Senior Citizens Club welcomes new members for its many

activity groups, including zumba, yoga, bowls, chess, line dancing and cards. Contact: 0432 820 700.

Ormond Tennis Club hosts Wednesday night mixed social tennis from 7pm at Foch Street, Ormond. Cost: \$10. Contact: 9579 0451.

Phoenix Park All Ability Table Tennis Group meets Mondays and Thursdays during the school term from 5.30pm to 7pm.

Contact: 0412 804 036.

Phoenix Park Community Table Tennis Club operates Mondays and Thursdays. Seniors: 9am to Ipm. Juniors: (all ages and abilities) 5.30pm to 10.30pm. Junior coaching held Mondays and Thursdays from 5pm to 7pm. Contact: 0412 804 036.

Piano interest group meets regularly to play and listen to piano music. New members welcome.

Contact: 9571 1541.

Sandbelt Ladies Probus Club meets on the first Monday of every month from 10am at Bentleigh RSL, 538 Centre Road, Bentleigh. Visitors welcome. Contact: 9570 6766.

Social tennis is held on Tuesdays and Thursdays at 9.30am at Victory Park, 21 Patterson Road, Bentleigh. Contact: 0421 160 722.

Table tennis is held on Tuesdays and Thursdays from 7.45pm to 9pm at K.G. Putt Hall, 2 Arthur Street, Bentleigh. Cost: \$2.

Contact: 0421 160 722.

EVENTS

Compass Community Care will host a free parent information evening — So what's the hurry — on Thursday 10 March from 7.30pm to 9pm at Duncan Mackinnon Reserve Pavilion. Presented by Early Life Foundation's Sally Ward, come along and learn about the importance of slowing down your family life and how to avoid getting caught up in an over-scheduled, hurried lifestyle. For further information or to book, email info@compasscare.org.au or contact 9557 4974.

Brighton General Cemetery
Pre- Federation Walk will be held
on Sunday 13 March at 2pm at Brighton
General Cemetery, corner Hawthorn and
North Roads, Brighton East. Cost of \$10
includes refreshments. Bookings essential.
Contact: 9558 4248.

Advance care planning information session will be held on Thursday 17 March from 2.30pm to 4pm at Caulfield Hospital, 260 Kooyong Road, Caulfield. Come along and learn about how you can plan for a time when you might be too unwell to make your own medical decisions or communicate your wishes. RSVP your attendance to advancecareplanning@alfred. org.au or contact 9076 6642.

Bentleigh Baby and Kids Market will be held on Saturday 19 March from 9am to 12.30pm at St Johns Church Hall, corner Tucker and Centre Roads, Bentleigh East. Entry: \$2. Coffee truck and sausage sizzle available on the day. Stallholders: \$25 tables are still available for March market. Contact: 9557 2226 or www.trybooking.com/JULE

The Handmade Show will be held on Saturday 19 March from 10.30am to 3.30pm at St. Anthony's Parish Hall, corner Grange and Neerim Roads, Glen Huntly. There will be a café, entertainment and giveaways. Entry is free.
Contact:

www.thehandmadeshow.blogspot.com

The Mad Paddle will be held on Sunday 20 March at Sandringham Yacht Club. Funds raised will go towards a new day procedure centre at Sandringham Hospital. Contact: 9076 2266.

Glen Eira Historical Society will meet on Wednesday 23 March at 7.30pm at Carnegie Library and Community Centre in the Boyd Room. Speaker Vicki Shuttleworth will talk about the social history of Labassa. All welcome.

Glen Eira Adult Learning Centre will host a free multicultural lunch to celebrate its 30th birthday on Wednesday 16 March from 12pm to 2pm at Ormond Uniting Church Hall, corner North and Booran Roads, Ormond.

Caulfield Photographic Society will run an introduction to photography course over eight sessions, commencing Tuesday 5 April.

Contact: 0409 425 700.

Contact: 9578 8996.

COMMUNITY

Australian Multicultural Community Services is seeking volunteers who speak Italian, Greek, Polish, Russian and Croatian to visit socially isolated seniors who live in their own homes. A commitment of one hour per fortnight is required. Contact: 9689 9170.

Carnegie Three-year-old Activity
Group Inc: Enrolments for 2016 are now open. Sessions are held during the school term on Mondays from 9am to 11.30am and 12.30pm to 3pm. Cost: \$195 per term. Contact: 3yearoldactivitygroup@gmail.com

Caulfield Blood Donor Centre,

322 Hawthorn Road, is looking for new donors.

Contact: 131 495 or visit donateblood.com.au

Caulfield South Community House offers a range of programs and activities, including occasional care; three to five-year-old kindergarten; cooking class and dining in the house; adult colouring in; yoga for all ages; a walking group; sit and stitch; book and movie club; and upper primary maths tutoring.

Contact: 9596 8643.

Language Line

Looking for something fun to do with your family?

Carnegie Swim Centre located at Moira Avenue Carnegie, is hosting three *Family Fun Days* throughout March.

Come along with your family and enjoy a barbecue, jumping castle, music, dive boards, a 50 metre lap pool and two children's pools. There is also a vast grass space that overlooks the pool where you can relax.

Family Fun Days are scheduled on the dates below and run from 11am to 4pm:

- Sunday 6 March
- Sunday 20 March
- Thursday 31 March

Please note: Family Fun Days will be rescheduled if forecasted temperature is below 27 degrees.

家庭乐趣活动日

Carnegie 游泳中心位于 Moira Avenue Carnegie, 本游泳池将在3月份举办三个家庭乐趣活动日。

请携带全家前来,享受烧烤、充气蹦跳城堡、音乐、跳板跳水、50米泳池及两个儿童泳池。另有俯瞰泳池的大片草地供大家休闲。

家庭乐趣活动日时间是上午**11**时至下午4时,日期如下:

- 3月6日星期日
- 3月20日星期日
- 3月31日星期四

请注意:如果气温预报低于27摄氏度,家庭乐趣活动日将会改期。

Ψάχνετε να κάνετε κάτι ψυχαγωγικό με την οικογένειά σας;

Το Κολυμβητικό Κέντρο Carnegie που βρίσκεται στο Moira Avenue Carnegie, φιλοξενεί τρεις Οικογενειακές Ψυχαγωγικές Ημέρες κατά τη διάρκεια του Μαρτίου.

Ελάτε με την οικογένειά σας και χαρείτε το μπάρμπεκιου, τραμπάλα για παιδιά, μουσική, σανίδες για κατάδυση, πισίνα 50 μέτρων και δύο παιδικές πισίνες. Διαθέτει επίσης έναν τεράστιο χώρο με γρασίδι με θέα την πισίνα όπου μπορείτε να χαλαρώσετε.

Οι Οικογενειακές Ψυχαγωγικές Ημέρες έχουν προγραμματιστεί για τις παρακάτω ημερομηνίες και οι ώρες λειτουργίας είναι 11πμ μέχρι τις 4μμ.

- Κυριακή 6 Μαρτίου
- Κυριακή 20 Μαρτίου
- Πέμπτη 31 Μαρτίου

Σημείωση: Οι οικογενειακές ψυχαγωγικές ημέρες θα γίνουν άλλη μέρα αν η προβλεπόμενη θερμοκρασία είναι κάτω από 27 βαθμούς.

क्या आप अपने परिवार के साथ कुछ मजेदार बातें करना चाहते/चाहती हैं?

मोइरा एवेन्यू कार्नेजी पर स्थित कार्नेजी स्विम सेंटर मार्च के महीने में तीन फैमिली फन डेज़ का आयोजन कर रहा है।

अपने परिवार के साथ आएँ और एक बारबेक्यू, जंपिंग कासल, सँगीत, डाइव बोर्ड्स, एक 50 मीटर की लैप वाले पूल तथा दो बच्चों के पूलों का आनन्द उठाएँ। यहाँ एक बहुत बड़ा घास का मैदान भी है जहाँ से पूल का नज़ारा दिखता है – आप इस क्षेत्र में आराम कर सकते/सकती हैं।

फैमिली फन डेज़ नीचे दी गई तिथियों को सुबह के 11:00 बजे से लेकर दोपहर के 4:00 बजे तक आयोजित किए जाएँगे।

- रविवार 6 मार्च
- रविवार 20 मार्च
- गुरुवार 31 मार्च

कृपया ध्यान दें: अगर पूर्वानुमानित तापमान 27 डिग्री से कम होगा, तो फैमिली फन डेज़ को किसी और दिन आयोजित किया जाएगा।

Siete in cerca di qualcosa di divertente da fare con la vostra famiglia?

Durante il mese di marzo si svolgeranno tre Family Fun Days presso il Carnegie Swim Centre, che si trova a Carnegie su Moira Avenue.

Partecipate anche voi insieme alla vostra famiglia per divertirvi con musica, jumping castle, barbecue, trampolini per i tuffi, una piscina da 50 metri e due piscine per i bambini. C'è anche un vasto prato che affaccia sulla piscina dove ci si può rilassare.

I *Family Fun Days* si svolgeranno dalle 11.00 alle 16.00 e sono previsti nelle seguenti date:

- Domenica 6 Marzo
- Domenica 20 Marzo
- Giovedì 31 Marzo

Nota bene: I *Family Fun Days* verranno riprogrammati qualora la temperatura prevista per la giornata dovesse essere inferiore a 27 gradi.

Развлечения для всей семьи?

В марте месяце Бассейн Carnegie (Carnegie Swim Centre), который находится на Moira Avenue Carnegie, проводит три дня по программе "Развлечения для всей семьи".

Приходите всей семьей: для вас будет устроено барбекю, детские игровые сооружения, музыка, вышка для прыжков в воду, 50-метровый бассейн и два детских бассейна. Вокруг бассейна имеется просторный газон, где можно отдохнуть.

Развлечения для всей семьи будут проходить с 11.00 по 16.00 в следующие дни:

- воскресенье, 6 марта
- воскресенье, 20 марта
- четверг, 31 марта

Примечание: эти даты могут измениться, если по прогнозу погоды температура воздуха в эти дни будет ниже 27 градусов.



Consultation involves the community in Glen Eira City Council's planning and activities and helps Council to understand the community's priorities and issues. For further information, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au

Subject	Туре	Date	Where
Environment	Community representatives for Environment Advisory Committee	Applications close Sunday 6 March 2016 at 5pm	Applications forms available from Council's Service Centre or www.gleneira.vic.gov.au
Transport	Community representatives for Transport Advisory Committee	Applications close Sunday 6 March 2016 at 5pm	Applications forms available from Council's Service Centre or www.gleneira.vic.gov.au



Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield. Phone: 9524 3333. Opening times: Monday–Friday, 10am–5pm, Saturday and Sunday, 1pm–5pm. Free admission.

Sanctuary

4 March-10 April Curator: Diane Soumilas

This exhibition addresses the notion of the garden as a sanctuary or site for reflection, contemplation and healing in contemporary culture. A new series of photographs of local residents' gardens by Ponch Hawkes, commissioned by Glen Eira City Council in 2015, will be featured in the exhibition. Works by Natasha Bieniek, Jane Burton, Kevin Chin, Siri Hayes, Christopher Koller and lanet Laurence are included in the exhibition. Concerns with environmental sustainability and regeneration, the interrelationship between the natural world and people, culture and nature, history and memory are investigated. Shifting between the realms of public and private garden sites in historic and contemporary suburban and regional

locations, this richly layered exhibition illuminates our powerful connection with the natural world and shifting cultural, social and environmental concerns.



Christopher Koller
Isola Bella #7, 2015
Archival inkjet on Canson Baryta
Photographique
70.1 x 87.3cm
Courtesy of the artist

Public programs

All programs are held in Glen Eira City Council's Gallery and admission is free.

Meet the artist — floor talk by Ponch Hawkes

Wednesday 9 March, 12pm

Leading Australian photographer Ponch Hawkes will discuss the Local Residents' Gardens Commission and the creation of the new series of photographs featured in the exhibition. Meet the curator — floor talk by Diane Soumilas

Friday 18 March, Ipm

Gallery Curator Diane Soumilas will discuss the exhibition concept and the different artists included in the exhibition.



Opening date for entries: Tuesday 15 March.

Closing date for entries: Tuesday 26 April, 5pm

The My Brother Jack Awards 2016 are open to people who live, work or study in Glen Eira.

There are prizes for short stories and poetry in the categories of *Primary; Junior Secondary; Senior Secondary;* and *Open*.

There are also prizes for photography in the categories of *Junior; Youth;* and *Open*.

)Glen Eira

र्प् Storytelling Festival

To enter visit, www.gleneira.vic.gov.au/mbj

Presented by:





















Glen Eira Women's Business Network Meeting

How to generate FREE media coverage for your business

Are you a small business, entrepreneur or start-up? Do you want to generate more awareness for your business and get it featured in the media? In this session, founder of Handle Your Own PR Jules Brooke will explain the 'ins and outs' of PR and discuss the steps involved to approach journalists and producers.

You will learn:

- why PR is the perfect marketing solution for businesses on a tight budget, and how it compares to advertising;
- how to get published in major newspapers, magazines and on television;
- how to pitch to the media, including what you need to get together first, why photography is the key, and finding your story angle; and
- what type of media is available; media

lead times; how to produce and distribute media releases; how to put together a list of contacts; how to engage journalists and editors; and following up.

About the presenter:

Jules Brooke has worked with numerous small, micro and start-up businesses helping them to get media coverage. With an understanding that many small businesses can't afford to hire a PR agency, she decided to set-up Handle Your Own PR.

Jules works hard to show people that doing PR is a skill that can be learned.

She believes wholeheartedly that it is the best choice for small businesses and start-ups that want to create awareness and get free media coverage for their business.

Testimonial

"Even though I have a leading social media agency, it didn't mean I knew much about PR. Jules transformed me from novice to media maven in a few short sessions. Within three months, I was featured in The Age, Financial Review, Business Review

Weekly and B&T."

Richenda Vermeulen — Integrity (social media agency)

Date: Thursday 17 March

Time: 6.30pm arrival for 7pm start

Location: Glen Eira Town Hall — corner Glen Eira and Hawthorn Roads. Caulfield

Cost: \$20 per person (networking opportunity and light supper on arrival)

RSVP: bookings are essential by Monday 14 March to Council's Service Centre on 9524 3333

Dress code: for the fun of it, we are committed to wearing a colour (it can be an accessory).

Please note: event cancellations require 24 hours' notice — bookings are not transferrable.

This is an opportunity to bring along your marketing material and promote your business locally.







Dog off-leash areas

Council is regularly patrolling our parks and open spaces to ensure owners are meeting their obligations. Remember, significant fines can apply to owners found doing the wrong thing.

For further information on Glen Eira's off-leash parks, including maps, visit Council's website www.gleneira.vic.gov.au

Studies have shown that owning a pet improves your health by encouraging us to exercise. For those with children, dog ownership also teaches children responsibility and helps them to develop their social and nurturing skills.

Along with these benefits come certain responsibilities to our pets and the wider community. Being a responsible dog owner is not only understanding your pet's needs — it includes your responsibilities to other dog owners and park users.

Glen Eira has 24 dog off-leash areas that are located in shared open space.

Off-leash areas are public areas, which mean they are open for all to enjoy, not just dog owners. Not all people like dogs and some people can be intimidated by even small dogs running up to them, so never let your dog jump up on people.

If your dog does not return to you when you call it, or you have difficulty controlling your dog's behaviour, you should never let your dog off its leash.

Active April

Glen Eira City Council is encouraging residents to get active by joining the *Premier's Active April. Active April* encourages Victorians to increase their physical activity in an effort to promote wellbeing and a healthier lifestyle. All it takes is 30 minutes of physical activity a day during April.

Get started by registering at https://www.activeapril.vic.gov.au You can track your progress throughout the month by using the Active April Activity Tracker. You can also create and join teams to get others involved and enjoy the fun together.

For fur

Rotundas/open spaces for hire

Autumn weather in March can still be warm and sunny, so why not make use of the public facilities available within the City of Glen Eira?

Open spaces, rotundas and shelters can be booked for any sized group so that you get preference of the area. If you have more than 40 people coming together, you must book the space that you want to use.

Please note: a booking fee applies for each reservation, however the peace of mind in knowing your guests can arrive and meet in a pre-arranged place makes it worthwhile.

For further information or to book, contact Council's recreation facilities bookings officer on 9524 3333.



Sporting club grants

The Athlete Pathway Travel Grants
Program closes on 10 March. The
Program provides grants to improve
Victorian athlete development
pathways from community to national
representation level.

Support is available to assist community sport and recreation athletes, coaches, officials and teams with the travel costs of participating in training and competition, and for high performance Victorian athletes and teams to compete at national championships or selection events.

For further information, visit http://www.sport.vic.gov.au/grants-and-programs/athlete-pathway-travel-grants-program



Ride2School Day

Glen Eira City Council is encouraging students, teachers and parents to leave the car at home on Friday 4 March for *National Ride2School Day*.

Active transport is a great way to encourage a healthy lifestyle among students and the wider school community. Whether they ride or scoot all the way — or part way — it's a great way for all students to get active, learn new skills and increase their confidence.

For further information, visit www.bicyclenetwork.com.au



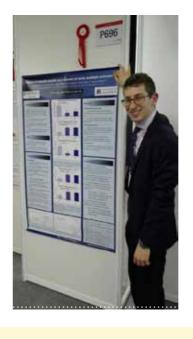
Summer sports finals

March is a great time to take a walk through Glen Eira's parks, especially on weekends where finals in cricket are being played. Whether it's a junior or senior match, it's worth taking the time out to watch the game and support local teams.

A lot of training and effort has gone into teams playing in the finals with many volunteers assisting clubs in hosting these finals. Glen Eira City Council encourages you to join in the finals atmosphere by wandering down to your local park, where you are sure to see some great cricket in action



Foundation for Youth Excellence grant recipient — Nathaniel Lizak







Glen Eira City Council recognises young people who have achieved excellence in fields of sport; leadership; education; or creative and performing arts through its Foundation for Youth Excellence program. Grants are given out on a quarterly basis and awarded to young people, to help them achieve further success in their chosen field. Glen Eira Youth Services interviewed grant recipient Nathaniel Lizak (pictured above) about his attendance at the European Committee for Treatment and Research in Multiple Sclerosis.

What event did you attend with the Foundation for Youth Excellence funding?

I attended the European Committee for Treatment and Research in Multiple Sclerosis (ECTRIMS) Conference in Barcelona, Spain. I was accepted by ECTRIMS to present a poster at the conference on my research in multiple sclerosis, and was short-listed for Best Poster Prize.

background in your field and what your experience was leading up to the event?

I have been studying medicine at Monash University since 2012, and have always been fascinated by neurology. In 2014, I commenced a research project for an Honours Degree of Bachelor of Medical Science, looking at eye movements in stroke patients at the Royal Melbourne Hospital's Ocular Motor Laboratory. During the course of that year, I became very interested in multiple sclerosis, and eagerly accepted the offer to begin another study looking at the ability of patients suffering from multiple sclerosis to accurately pursue a moving target using their eyes.

Approximately one year later, we completed the study, finding that patients with multiple sclerosis demonstrate significant deficits in their capacity to track objects moving in space, even at the earliest stages of disease. We

abilities to track objects — a movement called 'smooth pursuit' — could be of use in diagnosing and monitoring multiple sclerosis.

What was the event like? How did you feel on the day and did it work out the way you expected?

The conference had around 9,000 attendees and featured numerous talks from many respected international leaders in multiple sclerosis. The conference hall was packed with displays and demonstrations of the latest technologies and treatments available, which was very impressive.

My presentation day was a little nerve-racking, particularly given that I was in the running for the Best Poster Prize, short-listed from around I,000 entries. Indeed, I was actually so nervous that I picked the wrong pants to go with my suit jacket — but presenting the poster was actually enjoyable. Although

I was not awarded Best Poster, I still felt that our research was appreciated by a significant crowd, with many interested in our upcoming publication of the results.

Where to from here? What are your plans for the future?

We are currently looking at publishing the project in an international neurology journal as well as presenting it at the Neuro-Ophthalmology Society of Australia Conference in September.

Along with working on other research projects in multiple sclerosis, I still have two more years to complete before finishing my medical degree at Monash. Once finished, I hope to work as a doctor at the Royal Melbourne Hospital, and hopefully train in neurology.

Self-defence and emotional awareness program for girls aged 14 to 25 Wednesdays 4.30pm-5.45pm Bentleigh McKinnon Youth Centre 5 Higgins Road, Bentleigh 3, 10, 17, 24 February 2, 9, 16 March For further information or to register, contact Youth Services on 9524 3676 or email youthservices@gleneira.vic.gov.au

Team Fit-Social

Join Glen Eira Youth Services in supporting a local charity and get fit by becoming a part of *Team Fit-Social*. *Team Fit-Social* is not just a running group, but a great way to meet new people and improve your overall wellbeing.

Catering for various fitness levels, the program is designed to build on your current fitness through a range of fun and engaging activities.

To get involved, contact Youth Services on 9524 3676 or email youthservices@gleneira.vic.gov.au

Team Fit-Social is held every Monday from 4pm to 5.30pm at Bentleigh McKinnon Youth Centre, 5 Higgins Road, Bentleigh. This is a free program offered to people who live, work or socialise in the City of Glen Eira.



Press Start

Glen Eira Youth Services, with the help of Glen Eira youths, has created a new positive social gaming program for young gamers.

Press Start is an exciting new program for young people aged 10 to 18, who want to experience the positive and social side of playing video games. Participants will learn about healthy gaming habits, connect with new people and have fun playing and discussing different

multi-player games.

Don't just sit in your room all by yourself. Come and try out a range of different multiplayer games from old school classics to new indie masterpieces.

Press Start runs every Thursday from 4pm to 5.30pm at DC Bricker Social Room (Princes Park) — Beech Street, Caulfield South

For further information or to register, contact Youth Services on 9524 3676 or email

youthservices@gleneira.vic.gov.au

Glen Eira Libraries and Learning Centres





Mariam Issa — refugee, author, storyteller

IBRARY NEWS

Tuesday 15 March, 7pm-8pm Glen Eira Town Hall — Theatrette

Mariam Issa came to Australia as a refugee from Somalia in 1998 and found herself resettled in the most unlikely of Melbourne suburbs — Brighton. New to western culture she was determined to integrate. A decade later, Mariam is seen as a pioneering community leader. Mariam is an author, a visionary storyteller and a human rights advocate and has worked extensively with women since she fled her homeland in 1991. Mariam opened her

backyard as a community garden and as an autonomous platform to celebrate the uniqueness of women. Mariam will discuss her journey as part of our celebration of *Cultural Diversity Week*.

Holiday Mania

School holiday fun is on at your local Glen Eira library.

For ticketed events, purchase tickets online at library.gleneira.vic.gov.au from 7am on Monday 7 March.

Please note: programs have been developed for the ages specified. Children are not to be left unattended.

Get into gear with Lego Mindstorms

Friday I April Session one: Ipm-2.30pm Session two: 3pm-4.30pm

Carnegie Library and Community Centre
— Boyd Room

Experience the cutting edge of technology with the introduction of LEGO® MINDSTORMS EV3 Robotics using motors, sensors and software. Participants will build and learn how to program their own LEGO® robot through a series of function-based builds. Working in teams of two, sharing a LEGO® MINDSTORMS EV3 Robotics kit and a computer, children will be introduced to core computer programming logic and reasoning skills using a robotics engineering context.

Strictly for children aged eight to 12. Tickets \$10. Workshop caters for a small group. Limited tickets available.

Love heart mirrors

Tuesday 5 April, 10.30am–12pm Carnegie Library and Community Centre — Boyd Room

Make a dazzling love heart shape mirror to hang on your wall.

Suitable for children aged seven to 12.

Tickets \$10. Workshop caters for a small group. Limited tickets available.

Foil art

Tuesday 5 April, Ipm-4pm Caulfield Library and Community Centre Thursday 7 April, Ipm-4pm Bentleigh Library

Use colourful foil to create a beautiful picture. Select from a range of images. Make one, make them all.



Suitable for children aged five to 10. Free. No bookings required. Wait times may

apply.

Colourful lunch boxes

Friday 8 April, Ipm-4pm Elsternwick Library

Don't have a lunch box like everyone else? Come and colour your own fully insulated lunch box. Choose from three different designs then colour in between the lines. Suitable for children aged four to nine.

Free. No bookings required. Wait times may apply.

Easter hours

Glen Eira libraries will be closed on 25 March (Good Friday) to 28 March (Easter Monday). During this time, you can choose from 6,000 titles in our e-book and e-magazine collections that are ready to download and read anytime. Visit library.gleneira.vic.gov.au to see all the titles.



Introduction to Mindfulness Meditation

Friday 18 March, 11am-12.30pm Carnegie Library and Community Centre — Boyd Room

Join Meditation Solutions for this introduction workshop. Meditation relaxes the body quickly and calms the mind. When you meditate, you detach from your habitual thoughts and worries by focusing on the sensations of the present. Meditation is ideal for anxiety and stress related illnesses. This session will teach meditation for relaxation, stress reduction, better health and clarity of mind in a way that is accessible to people new to meditation.

Bookings required. Book online at library.gleneira.vic.gov.au, at any Glen Eira library or contact 9524 3700.



Stories under the sun

Wednesday 9 March, I Iam

Carnegie Library and Community
Centre — Forecourt

Join us for a *StoryTime* session outside. Hear stories about animals and what life is like on the farm. You will also get to meet some real farm animals at our farmyard nursery, which will be open after the *StoryTime* session until 1.30pm. Remember to be sun smart.

World Stories

Elsternwick Library — Wednesday 16 March, I I am

Bentleigh and Caulfield libraries — Thursday 17 March, 11am

Carnegie Library and Community Centre — Friday 19 March, 11am

Join us for StoryTime to celebrate Cultural Diversity Week. Dress up in national costume and listen to stories from around the world that celebrate the communities that make up multicultural Glen Eira.





DID YOU KNOW YOU DON'T HAVE TO RINSE YOUR RECYCLABLES?



For further information, visit www.gleneira.vic.gov.au or contact Council's Service Centre on 9524 3333.

Bentleigh Bentleigh East Brighton East Carnegie Caulfield Elsternwick Gardenvale Glen Huntly McKinnon Murrumbeena Ormond St Kilda East