

City of GLEN EIRA

GLEN EIRA CITY COUNCIL

gleneiranews



Children's Week 2016 will be held from 22 to 30 October. This annual event celebrates childhood with a diverse range of events and activities organised at national, state and local levels.

To celebrate Children's Week 2016, Glen Eira City Council will host a range of activities and entertainment for all children and their families.

#### **Children's Centre open morning Tuesday 25 October** 9.30am-10.30am

Glen Eira City Council's three children's centres will open their doors for families to visit and see what makes their learning and care programs special.

An open morning will be held at Carnegie, Caulfield and Murrumbeena Children's Centres where families will be able to meet gualified and experienced educators, inspect the centres and learn about their services.

#### **Children's Festival**

piglets; goats; guinea pigs; geese; turkeys; and chickens.

#### **Balloon creations**

Watch balloonists create different sculptures from 10am to 12pm in the Library Forecourt. Children will have the opportunity to request a special sculpture to keep.

#### **Storytime**

Come and visit the Itty Bitty Book Van and listen to fun stories, songs and rhymes. Bring along a picture book to swap for a new story. This session is suitable for preschool children.

#### **Face painting**

Face painters will be busy creating amazing faces from 10am to 12pm.

#### **Craft activities**

Express your creativity by enjoying a free craft activity in the library foyer.

#### Springtime Music 2016 The Kazoos

Sunday 30 October, 3pm-5pm

history of Glen Eira with your free History Trail Passport.

To earn your stripes as a seasoned traveller, visit at least five of the sites listed in your passport and answer a simple historical question at each.

Once complete, head to one of the stamping points below to claim your prize:

- Carnegie Library and Community Centre, 7 Shepparson Avenue Carnegie;
- Bentleigh Library, 161 Jasper Road Bentleigh;
- Elsternwick Library, 4 Staniland Grove, Elsternwick;
- Caulfield Library, Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield; or
- Council's Service Centre, Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield.

Passports are available for collection from



Saturday 29 October, 10am–12pm **Carnegie Library and Community Centre — 7 Shepparson Avenue** Carnegie

Council will host a free Children's Festival, which will include:

#### Animals on the Move

Ever wanted to meet your favourite animal up close? Children will have the opportunity to touch, feed, hold and see some friendly farm animals, including rabbits; calves; lambs; roosters; ducks;

Carnegie Library and Community Centre Forecourt — 7 Shepparson Avenue, Carnegie

The Kazoos, along with their favourite Big Brown Bear, will entertain the audience with their high-energy unique brand of music and comedy — especially tailored for the young and the young at heart.

History Trail Passport - Calling all junior super sleuths

To celebrate Children's Week, take a journey through the rich and unique any of the above points from Friday 7 October and must be returned no later than Monday 7 November. Council's Service Centre is open Monday to Friday, 8am to 5.30pm and Tuesday from 8am to 7.15pm. For library opening hours, visit library.gleneira.vic.gov.au

For further information on Children's Week 2016, contact Council's Service Centre on 9524 3333.



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# **CEO** column

With Local Government elections just around the corner, Council's caretaker arrangements are now in full swing.

Until 6pm on Saturday 22 October, there will continue to be restrictions on certain activities of Council during the caretaker period. Any Council publications must be certified in writing by me and vetted by Council's Corporate Counsel prior to publication.

We made the decision to continue publishing and distributing *Glen Eira News* as we believe that despite these restrictions, it is still important for you to be kept up-to-date with what is happening across the municipality.

Whilst on the subject of elections, I would like to take this opportunity to remind residents that the Victorian Electoral Commission will distribute ballot packs with instructions for postal voting via post to every enrolled person in Glen Eira between Tuesday 4 and Thursday 6 October. Voters must hand-deliver or mail their completed ballot to the Victorian Electoral Commission by 6pm on Friday 21 October.

It is expected that election results will be officially declared in a formal ceremony on Monday 31 October. In the event that a recount of ballot papers is necessary, the results will be known on Friday 4 November at the latest.

At a Special Council Meeting on Tuesday 8 November, the new Council will be officially sworn in and the Mayor and Deputy Mayor will be elected. We will then begin a new four year Council term, and a refreshed cycle of planning and budgeting to deliver great amenity and quality of life in Glen Eira.



Glen Eira City Council has recently completed park works as a part of its *Park Improvements Program*. The *Program* aims to enhance the recreation, leisure and sporting facilities in Glen Eira to improve community wellbeing, strengthen the community and develop an inclusive community.

Recent works include:

- Joyce Park in Ormond a new bench has been installed around the walking path.
- Hopetoun Gardens, Elsternwick (pictured below) — the entrance to the gardens is undergoing a significant enhancement, which began with the planting of four mature palm trees along Glenhuntly Road.

Futher landscaping works continue along the façade of the gardens and include new garden beds, a new entrance wall and new pavers along Glenhuntly Road



# Key Ages and Stages consultations give parents peace of mind

Glen Eira City Council's Maternal and Child Health (MCH) Service is a free service available to all families with children from birth to school age.

The Service provides a comprehensive and focused approach for the promotion, prevention, early detection and intervention of the physical, emotional or social factors affecting young children and their families through the MCH Key Ages and Stages framework.

During the last financial year, Council's experienced maternal and child Health nurses conducted 16,438 Key Ages and Stages consultations.

Council's Maternal and Child Health Co-ordinator Helen Cunningham said the first MCH Key Ages and Stages is conducted at the child's home following their birth and discharge from hospital.

"Subsequent Key Ages and Stages consultations are provided at the family's local MCH centre at two weeks, four weeks, eight weeks, four months, eight months, 12 months, two years and three-and-a-half years," Ms Cunningham said.

#### Why are the consultations important?

Ms Cunningham said the consultations provide parents with the opportunity to discuss their concerns, parenting

#### CONTACT COUNCIL

#### Glen Eira Town Hall

Corner Glen Eira and Hawthorn Roads Caulfield PO Box 42, Caulfield South VIC 3162

Telephone: 03 9524 3333 National Relay Service: A phone solution experiences and how to optimise their child's health, growth and development.

"These consultations assist in the early identification of any health, growth, learning and development issues, which could potentially affect school readiness, future learning and wellbeing outcomes for all children," Ms Cunningham said.

For further information or to make an appointment, contact Council's MCH Service on 9524 3333.



The deadline for the December edition of *Glen Eira News* is Wednesday 26 October for delivery 28 November to 2 December (weather permitting).

Rebecca McKenzie Chief Executive Officer

Splash into the pool season at Carnegie Swim Centre from Sunday 30 October.

For further information, contact 9519 7500 or visit www.carnegie.ymca.org.au



BENTLEIGH BENTLEIGH EAST BRIGHTON EAST CARNEGIE CAULFIELD ELSTERNWICK GARDENVALE GLEN HUNTLY MCKINNON MURRUMBEENA ORMOND ST KILDA EAST for people who are deaf or have a hearing or speech-impairment, TTY dial 13 36 77 or Speak and Listen 1300 555 727 or www.iprelay.com.au then enter 03 9524 3333

#### Facsimile: 03 9523 0339

#### Email: mail@gleneira.vic.gov.au

#### www.gleneira.vic.gov.au

#### Disclaimer

The information in this publication is of a general nature. The articles contained herein are not intended to provide a complete discussion on each subject and/or issues canvassed. Glen Eira City Council does not accept any liability for any statements or any opinion or for any errors or omissions contained herein.

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For *Community Diary* enquiries, contact 9524 3333 or email gleneiranews@gleneira.vic.gov.au

# Community Safety Month 2016

Glen Eira City Council, in partnership with local community organisations, is presenting a range of free workshops and events to highlight safety, and improve the health and wellbeing of Glen Eira residents. This year's activities will include:

#### **Community travel training**

Tuesday 11 October, 10am-12.30pm Glen Eira Town Hall — Caulfield Cup Room, corner Glen Eira and Hawthorn Roads, Caulfield

Cost: free (morning tea provided)

Travellers Aid trainers will talk about how to access public transport safely and confidently. You will learn about how to get around safely on buses, trams and trains; your train line and the stops around you; and how to use the ticketing system. You will also learn about where and when you can have free travel, how to use mobility equipment safely when catching public transport and what support is available.

Bookings are essential by contacting Council's Service Centre on 9524 3333.





Safer Scooter Wiser Wheelchair

Thursday 13 October, Thursday 27 October, Thursday 3 November and Thursday 10 November

Ilam-1.30pm DC Bricker Social Room, Beech Street, Caulfield South Cost: free (morning tea provided)

Do you need help to get around the community using a mobility device?

Learn all about the safe use of motorised mobility devices. Join Judy as she discusses the road rules and legal requirements, as well as safety and maintenance when using your device. The workshops will cover how to choose the right mobility device for you and how to get around safely using public transport. There will also be a come and try session.

Bookings are essential by contacting Council's Service Centre on 9524 3333.

#### Weave a star to shine the light on violence

Monday 24 October, 11am-2pm and Wednesday 26 October, 11am-2pm Carnegie Library and Community Centre, 7 Shepparson Avenue, Carnegie Cost: free

The One Million Stars to End Violence project encourages communities to join in the conversation of ending violence across the world. The aim of the project is to weave one million stars across the country in time for the 2018 Commonwealth Games.

Come along and create a ribbon star and add it to a display in the Library foyer. All stars created will then form part of the projects larger installation at the 2018 Commonwealth Games on the Gold Coast.

For further information, contact Council's Community Development and Care Unit on 9524 3333.

For further information about Community Safety Month activities, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au



## Community column

# our City

#### **Graffiti removal**

Removing graffiti quickly can often help prevent further graffiti.

Glen Eira City Council encourages residents and traders to remove graffiti from their properties promptly.

Council also continues to assist residents by removing graffiti from the title boundary of private property (both residential and commercial), which is visible from a public place. Requests are referred to a priority list for consideration. Requests to remove graffiti from private property can be made through Council's Service Centre on 9524 3333.

#### **Clear house numbers can** save lives

Glen Eira residents and property owners are reminded to make sure their property number is clearly visible from the street so that unnecessary delays for emergency services do not occur.

Clear and effective property numbering is both a legal and safety requirement and can save lives.

#### Wanted: Family Day Care educators

If you enjoy working with children and are able to provide a safe and stimulating home environment, then Glen Eira City Council would like to hear from you.

Family Day Care is a high quality, home-based child care service

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of the facility to be held on the last day — classes and social events, contact GESAC

Sports and Aquatic Centre (GESAC) is offering people aged 60 and over the opportunity to come and enjoy its facilities (free of charge) from Monday 3 October to Friday 7 October.

Seniors Week at GESAC

**GESAC** Centre Manager Paige Buse encourages seniors to come into the facility and try out various classes with people of similar age and ability.

"Seniors Week is a great way for older adults to build up confidence and participate in group fitness classes to build strength," Ms Buse said.

"It's also a great way to meet people with various morning teas planned and a tour

#### Friday 7 October."

GESAC member Sylvia (pictured in the middle) said maintaining flexibility and keeping mobile to ensure she remains independent is extremely important to her.

"I think it's great that GESAC open its doors and welcomes older adults like me during Seniors Week," Sylvia said.

"I'm looking forward to meeting new people and participating in the aqua and Pilates classes that are available during the week."

For further information and a list of

on 9570 9200 or visit www.gesac.com.au



providing childcare in the homes of selected educators. Full orientation and ongoing training and support will be provided.

Early childhood qualifications are essential and applicants need to live in the City of Glen Eira.

For further information, contact 9524 3333 or email fdc@gleneira.vic.gov.au

# Sustainability community presentations

## Join in the Aussie Backyard Bird Count

As part of National Bird Week (17–23 October), residents are invited to join in the 2016 Aussie Backyard Bird Count.

Participants are asked to spend 20 minutes in their favourite outdoor space and record all birds seen on the Aussie Bird Count app or website.

Glen Eira City Council has signed up to support the *Backyard Bird Count* and will receive a detailed report of the birds observed in the City of Glen Eira. Council encourages residents, schools and community groups to join in the count so we can find out more about birds in our local area.

A good time to make your garden bird friendly

- National Bird Week is a good time to consider how you can make your garden more bird-friendly.
- Use a mix ground of covers, shrubs and, if possible, trees to provide food and shelter for many different species.
- Consider local indigenous plants which local native birds and insects often like. Although generally natives are a better choice for local native birds than exotic plants.
- Flowering plants, native grasses for seeds, and mulch encourage insect life.
- A bird bath or pond can supply water and if you put it close to protective shrubs it will be safer for smaller birds.

Many introduced birds, such as Indian Mynas, have adapted easily to the urban environment and compete with native Glen Eira City Council will host two free community presentations in October and November.

For further information or to RSVP, contact Council's sustainability education officer on 9524 3333, email sustainability@gleneira.vic.gov.au or book online at www.gleneira.vic.gov.au/scp

#### Bike repair café event

Sunday 16 October, 10am–12pm Packer Park Pavilion — 120 Leila Road Carnegie

Come along and learn the basics of bike repair from expert instructors.

Presented by Bikes@Work's Georgie Fyfe-Jamieson, you will learn how to:

- perform a simple bike check and make adjustments;
- perform a detailed bike check and identify issues;
- repair a punctured tyre and clean a bike chain; and
- remove a wheel and replace an inner tube.

**Please note:** instructors will be there to teach and assist participants to work on their own bikes. If you have them, please ensure you bring your own tools and any spares that may be required.

#### Solar Sollew House

Tuesday 8 November, 7pm–9pm Glen Eira City Council — Theatrette Corner Glen Eira and Hawthorn Roads Caulfield

Join Positive Footprints' Jeremy Spencer and learn about an award-winning solar home — Solar Sollew House.

You will learn about:

- earth tube cooling and thermal mass;
- insulation, window glazing and green switches;
- accessible house design allowing for multi-generational living;
- water collection and reuse; and
- indigenous landscaping and greenhouse.

Don't miss out on your chance to win a copy of Greenest Home: Superinsulated and Passive House Design by Julie Torres Moskovitz.

# Time for spring cleaning

Spring is the perfect time to clear out your wardrobe, declutter your home and donate any goods to your local charity or op shop. By donating these items, you will be helping those less fortunate in the community, as well as reducing the amount of waste sent to landfill.

#### Make your donation count:

- Ask yourself would you give this item to a friend in need (ie. is it clean, undamaged and in good quality)?
- Put rubbish or damaged items into your rubbish bin. Some damaged items, such as books or hard plastics may be recyclable.
- Donate directly to the op shop during operating hours.

If you want to donate via a clothing recycling bin, bins on Glen Eira City Council owned land are located in both car parks on Stanley Street, Elsternwick and Bent Street, Bentleigh.

# Neighbourhood Sustainable Gardening Program

If you are interested in gardening and care about your impact on the environment, Glen Eira City Council is offering a program that may be of interest to you.

Council invites you to join its Neighbourhood Sustainable Gardening Program. The Program will help you tap into and build on the passion, knowledge and skills of other sustainable gardeners in Glen Eira, including schools and businesses. To help you on your journey, registered gardeners will be sent a welcome pack, which includes a sign that can be attached to your fence and information on sustainable gardening.

# Immunisation sessions

#### Bentleigh-Bayside Community Health

Gardeners Road, Bentleigh East Wednesday 12 October 5.30pm-7.30pm and Wednesday 9 November 5.30pm-7.30pm Thursday 27 October 5.30pm-7.30pm and Thursday 24 November 5.30pm-7.30pm Saturday

15 October and Saturday 19 November 9am–11am DC Bricker — Princes Park Beech Street, Caulfield South Monday 24 October and Monday 28 November 9.30am–11.30am

Glen Huntly Maternal and Child Health Centre Corner Royal and Rosedale Avenues, Glen Huntly Wednesday 26 October and Wednesday 30 November 9.30am-11.30am

birds for food and nest sites. There are several ways to discourage aggressive species:

- Keep your bin closed and keep any pet food inside or covered up.
- Check for any holes in roofs and gutters and block them up.
- Reducing the lawn area in your garden and replacing with garden beds or native grasses is also an option.
- Do not feed birds because it encourages aggressive birds to dominate the area.

Carnegie Library and Community Centre 7 Shepparson Avenue, Carnegie Wednesday 19 October 1pm–2.30pm and 5.30pm–7.30pm and Wednesday 16 November 1pm–2.30pm and 5.30pm–7.30pm

Glen Eira Town Hall Auditorium (entry via Glen Eira Road) Corner Glen Eira and Hawthorn Roads, Caulfield Tuesday 15 November 9.30am-11.30am Tuesday 8 November 6pm-7pm McKinnon Public Hall 118 McKinnon Road, McKinnon Monday 7 November 9.30am-11.30am



To join the *Program*, visit www.gleneira.vic.gov.au/sustainable\_ garden



# Need some maintenance assistance in and around your home?

Glen Eira City Council's Home Maintenance team assists frail older residents and residents with a disability with basic repairs and maintenance in and around the home to ensure a safe, accessible and secure home environment.

The Service aims to support eligible residents to live at home independently for as long as possible. A fee is charged for this service and varies according to income.

Glen Eira resident Dorothy Haslem (pictured above) has been using Council's Home Maintenance Service for many years and she thinks it's excellent.

"I use the Service regularly

(approximately every three months) for odd jobs around the house and garden, including window cleaning, changing light globes and trimming the bushes down the side of my house," Ms Haslem said.

"When I use the Service, the staff are always very flexible and accommodating and do a fantastic job."

As part of the Service minor repairs and maintenance are provided, both inside and outside of the home, to promote wellbeing for residents and to ensure the building stays in a habitable condition.

Tasks that are frequently undertaken include: changing light globes; rewiring door and window flyscreens; installing security locks; installing handrails and mobility aids; repairing door or window locks; or minor carpentry repairs to doors, windows, gates or fences.

Some tasks including lawn and garden maintenance are generally not part of the service and other things a qualified tradesman would perform, such as plumbing or electrical work, are also not included.

All referrals to Council's Home Maintenance Service must be directed through My Aged Care. My Aged Care provides a clear entry point to the aged care system and is a key point of interaction with consumers including clients; carers; service providers; and health professionals.

Anyone can contact My Aged Care to find out how to access services or to seek help.

Phone: 1800 200 422 Monday to Friday, from 8am to 8pm and Saturday, 10am to 2pm.

For further information about Council services, contact Council's Service Centre on 9524 3333.



# Prepare your home for summer

Glen Eira City Council encourages residents to prepare their home for summer.

- Check your fan or air conditioner is in good working order.
- Install awnings, shade cloths or external blinds to keep your home cooler.
- Cut back overhanging trees and branches and ensure grass is kept short to avoid grassfires.
- Regularly clean leaves from gutters, roofs and downpipes.
- Make sure your barbecue is safe and ready to use — gas cylinders should be tested by a licensed gasfitter and connections should be checked to make sure they are tight and that the O rings are in good condition.
- Check the safety of your pool fence and remove hazards, such as pot plants and chairs to avoid children climbing on them and over the fence.

For further information about heat safety and safety around the home, visit www.betterhealth.vic.gov.au

# Nutrition: Healthy eating for older adults

Monday 24 October 2pm-4pm **Caulfield Park Pavilion** Balaclava Road, Caulfield North

Our nutritional needs vary throughout of lives. As we get older, our lifestyles and appetite can change and this can affect the types and amounts of foods we eat.

Dietitians from Caulfield Community Services will give you tips and advice on how to maintain a healthy diet as you age.

Numbers are limited and bookings are essential. For further information or to book, contact Caulfield Access on 9076 6776. This is a free event.



Glen Eira City Council presents

The Wounded Soldier: Glen Eira and a community of care 3–20 November

#### Public programs

WWI Soldiers and Nurses of Brighton Cemetery Sunday 6 November, 2pm-3pm Brighton General Cemetery orner North and Hawthorn

Behind Conservation: Glen Eira WWI Honour Roll Tuesday 8 November, 11am-12pm Glen Eira Town Hall — Theatrette Corner Glen Eira and Hawthorn Roads, Caulfield

Glen Eira City Council Gallery Corner Glen Eira and Hawthorn Roads, Caulfield

Glen Eira's No. II Australian General Military Hospital was Victoria's centre of repatriation care for wounded soldiers during and after the First World War.

This exhibition explores the impact and significance of this experience on a war weary community and its broader legacy today, examining stories of trauma, recovery and community.

Caulfield South Hear the amazing stories behind some of

the nurses and patients of Caulfield Military Hospital who are buried at Brighton Cemetery.

Free event. Bookings essential. Book through Cemetorians on 9558 4248.

Floor Talk — The Wounded Soldier Monday 7 November, 10.30am Glen Eira City Council Gallery Corner Glen Eira and Hawthorn Roads Caulfield

Join exhibition Curator Cameron Auty on a free, guided floor talk of the exhibition. Free event. No bookings required.

Join conservators from the University of Melbourne Centre for Cultural Materials Conservation as they take you through the recent work on the WWI Honour Roll at Glen Eira Town Hall.

Free event. Bookings essential. Book online via www gleneira.vic.gov.au/wounded or contact 9524 3333.

Author's Talk — World War I: A history in 100 stories Thursday 10 November, 7pm-8pm Glen Eira Town Hall — Theatrette Corner Glen Eira and Hawthorn Roads, Caulfield

Co-author Rebecca Wheatley will talk about the process undertaken to gather these intensely personal and often painful stories, and the importance of seeking out stories often marginalised by the nation-building narrative of war.

Free event. Bookings essential. Book online via www.gleneira.vic.gov.au/wounded or contact 9524 3333.

# Attendant Support Program at GESAC

A program providing people of all-abilities with greater access to Glen Eira Sports and Aquatic Centre (GESAC) is now available.

The Attendant Support Program provides on-site support to those who require support whilst accessing GESAC whether this is due to limitations or merely a lack of confidence in returning to exercise.

In conjunction with Marriott Support Services, with whom GESAC has enjoyed a four year partnership, a team of dedicated and fully trained support officers are available to provide one-on-one assistance.

The Program includes:

Assistance with entering and exiting

#### pools.

- Personal care.
- In water support.
- Gym program support.
- Access to the accessible change rooms with overhead hoist and adjustable changing bench.
- Access to gym and facilities.

Sarah was one of the first people to access the Attendant Support Program and had a positive experience.

Sarah attends the *Program* once a week and is provided assistance by support officer Meg (pictured above).

"My mother had been looking for a program like this for years," Sarah told *Glen Eira News*.

"I am very grateful we found this program as it helps me walk in the water, weight bear and get out of my wheel chair. This program has made me stronger."

Sarah's mother Ruth said the Attendant Support Program has been a life changer for Sarah.

"I would like to thank everybody involved with the *Program*," Ruth said.

If you've always wanted to get active and require support to do so, then the *Attendant Support Program* is for you. Cost is \$35 per hour and bookings are essential.

For further information or to book, contact GESAC on 9570 9200 or email asp@gesac.com.au

### Returning lost pets

Glen Eira City Council has made it easier for residents to report their missing pets.

The lost and found section of Council's website — www.gleneira.vic.gov.au has an online form that residents can complete. It is simple to fill out and asks for information about your pet — its name, registration tag number, where it went missing from and any other information that may be helpful in identifying your pet.

Once the form is submitted, the information is sent to Council's Civic Compliance officers via text message, allowing the search for the lost pet to begin almost immediately. Pets that are found by Council's Civic Compliance officers are also added to this section of the website.

Council's Manager Community Safety and Compliance Keith Franklyn said every effort is made to identify the owner and contact them to arrange the safe return of their pet.

"The best way to ensure this happens is if the pet is wearing an identification tag or is implanted with a microchip," Mr Franklyn said.

"If your animal is registered and wearing its Council tag, and we can contact you, in most cases your animal may be easily returned."

During the last financial year, 269 dogs and 87 cats were returned or reclaimed.

# What happens if the owners can't be found?

If the pet owner is unable to be identified, the pet will be cared for at the RSPCA shelter in Burwood. Owners are responsible for all costs associated with their pet's stay at the RSPCA.

# Kindergarten in Glen Eira

Going to kindergarten is an important step for children. Attending kindergarten will help them to not only learn skills that they will build on throughout their life and become more independent and confident, but it will assist them with a smooth transition to primary school.

Glen Eira City Council's three long day care centres in Carnegie, Caulfield and Murrumbeena offer an integrated funded kindergarten program for children in the year prior to commencing prep.

Qualified early childhood teachers engage with each child in a play-based learning environment which fosters learning, development and wellbeing.

As part of Council's kindergarten program, children are supported:

• To use language to communicate ideas and feelings.

"Nicolas joined the Centre as a three-year-old, so progression to kindergarten at the Centre was the natural next step," Adam said.

"We heard a lot of great things about Murrumbeena Children's Centre — the stability of carers and the quality of the kindergarten program.

"Parents are encouraged to have input into the program and the objectives for their child, which are tracked and discussed regularly."

Jenny said the smaller number of children — compared to other centres — is a perfect learning environment, along with the genuine desire by the educators to best prepare every child for school.

"The educators are proud of their work and love what they do. This resonates in the quality of care and experiences each child receives," Jenny said. lots of fun. We do experiments and we did one with flowers and water to see what happens when plants don't get water — they droop."

For further information about the kindergarten program at Council's three long day care centres, contact Council's Service Centre on 9524 3333. Council also operates a central enrolment system for 13 community-based kindergartens within the municipality. There are currently a number of vacancies for 2017. For further information, visit www.gleneira.vic.gov.au

**Please note:** kindergarten programs are also offered in community and privately owned long day care centres, early learning centres, and kindergarten centres. Families interested in securing places in those services should contact them

- Make friends, share and play with others.
- Become more independent and confident.
- Develop self-discipline.
- Express themselves through art, dance and dramatic play.
- Engage in problem-solving activities.

Carnegie residents Adam and Jenny enrolled their son Nicholas in the kindergarten program at Murrumbeena Children's Centre (pictured right). "As Nicholas' kinder year has progressed, he has looked forward to the days that he spends at Murrumbeena Children's Centre with much excitement.

"He has made several friends that will progress with him to prep next year, and we believe he will tackle the next step with confidence."

Nicholas told *Glen Eira* News he likes going to kindergarten to play and learn new things.

"I like being with my friends and having

#### directly.



In the case that your animal is not registered, you must register and microchip the animal before it can be released to you. This can be done at the RSPCA prior to release. A fine may also be imposed.

For further information about lost and found pets, contact Council's Service Centre on 9524 3333 or visit www.gleneira.vic.gov.au and search 'Pets'.

# News in brief

#### 2016 VicHealth Walk to School

Spring is in the air and so is the excitement for the 2016 VicHealth Walk to School program.

Over the past two months, Glen Eira City Council has been liaising with primary schools across the municipality, encouraging their participation in this program. Many local schools have seen the *Walk to School* program as an ideal opportunity to teach children about sustainable transport and the importance of daily exercise.

The program works by encouraging children to walk to and from school every day, starting the regime in October. If children live a long way from the school or can't walk the whole way, then walking part of the way to school is still a great way to create a healthy habit of walking for transport and to reduce congestion and increase safety for children around schools.

It's not too late to get involved with this VicHealth initiative; you can still register at www.walktoschool.vic.gov.au

By encouraging children to walk to school, we will see less traffic and congestion in areas surrounding schools. This will help create a safer walking environment for all people in the community.

Congratulations to those schools that won the \$300 project vouchers to help promote the *Walk to School* program in their school.

Walk to School is officially underway — let's all go out together and walk Glen Eira to a better tomorrow.

# Parent information session: Setting our children up for success

Thursday 13 October, 7.30pm Glen Eira Town Hall — Caulfield Cup Room, corner Glen Eira and Hawthorn Roads, Caulfield Cost: \$9

Life and learning is not a race to see who gets somewhere the fastest — dispelling

the myth that success is all about academia. Presented by Kathy Walker OAM, this presentation considers the complexities of life and what contributes to success. Practical ideas and strategies are provided, including the importance of self-expression; how to reach out when you need to; how to take on challenges; how to create meaningful relationships; and how to use effective communication.

This session highlights the importance of viewing life and success in a holistic way that is not measured by money or career, but by opportunities, choices and a positive self-esteem.

Registration and payment must be received prior to the session. To book online, visit www.gleneira.vic.gov.au or contact Council's Service Centre on 9524 3333.

# Parent information session: Paediatric first aid and resuscitation

Wednesday 19 October, 7.30pm Glen Eira Town Hall — Caulfield Cup Room corner Glen Eira and Hawthorn Roads Caulfield

#### Cost: \$45

Emergcare will present this session for parents and guardians of young children. Paediatric resuscitation is a two hour course which will provide you with the skills that could save your child's life.

Developed in association with The Royal Children's Hospital Child Safety Centre and taught by ambulance paramedics, this course covers:

- care of the unconscious child;
- febrile convulsions;
- child and infant resuscitation;
- calling an ambulance; and
- management of a choking child.

Registration and payment must be received prior to the session. To book online, visit www.gleneira.vic.gov.au or contact Council's Service Centre on 9524 3333 Workshop: Succession planning developing leadership for the future Wednesday 2 November, 6.30pm–9pm, Caulfield Park Pavilion —Balaclava Road, Caulfield

Cost: \$5 (light supper provided)

At this workshop you will learn:

- Why and how to succession plan.
- Strategies for effective succession planning and implementation.





- How to recruit and support the right people.
- The importance of diversity and leadership.
- How to develop an effective induction process.
- The simplicity of easy-to-use tools.

Bookings are essential. Book online at www.gleneira.vic.gov.au/gewt

For further information or to book, contact Council's Service Centre on 9524 3333.

# Special four-year-old immunisation sessions 2016–17

Glen Eira City Council's Immunisation Service is offering immunisation sessions for four-year-old children in 2016–17. These immunisations are recommended to be given just prior **Parents please note:** the Australian Childhood Immunisation Register recommends that all childhood vaccinations are completed by four years.

#### to a child's fourth birthday.

All four-year-old children receiving their immunisation will receive a free show bag. Face painting, balloons and magic tricks will keep the kids entertained. If your child is not vaccinated by four years and one month they will be considered overdue and you will receive reminder letters from Council.



#### Wednesday 2 November 4pm-6pm

Carnegie Library and Community Centre 7 Shepparson Avenue Carnegie Saturday 3 December 9.30am-11.30am

Bentleigh-Bayside Community Health Centre Gardeners Roads Bentleigh East Wednesday II January 4pm-6pm

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Carnegie Library and Community Centre 7 Shepparson Avenue Carnegie



With activities that will entertain and keep you active for the month of October.

#### Morning walks in Glen Eira parks

#### Mondays throughout October 9.30am-10.30am

Venue: Caulfield Park, Balaclava Road Caulfield North (meet at car park adjacent Caulfield Park Sports Complex)

#### Wednesdays throughout October

9am-10am Venue: Hodgson Reserve, Higgins Road Bentleigh (meet at Bentleigh McKinnon Youth Centre) Cost: free Bookings: not required Contact: Council's Service Centre on 9524 3333

Are we there yet? Safe community travel ideas

#### Tuesday II October 10am-12.30pm

Venue: Glen Eira Town Hall — Caulfield Cup Room, corner Glen Eira and Hawthorn Roads, Caulfield Cost: free Bookings: essential Contact: Council's Service Centre on 9524 3333

Learn about accessing public transport safely and confidently. This informative session will advise you on how to get around safely on buses, trams and trains. You will also receive information on using mobility equipment safely and what support is available. Morning tea provided.

Photos on your iPad or iPhone



Thursday 13 October 10.30am-12.15pm Repeated: Thursday 27 October 1.30pm-3.15pm Venue: Carnegie Library and Community Centre — Tech Room 7 Shepparson Avenue, Carnegie Venue: DC Bricker Social Room Beech Street, Caulfield South Cost: free Bookings: essential (limited numbers apply)

Contact: Council's Service Centre on 9524 3333

Do you need help to get around the community using a mobility device? This four session program will provide information about the safe use of motorised mobility devices.



#### Springtime at Greenmeadows Gardens — an easy pace history walk

Friday 14 October, 10am-12pm Venue: Meet at corner of Milburn and Green Streets, St Kilda East Cost: free

Bookings: essential by Wednesday 12 October

Contact: Council's Service Centre on 9524 3333

Join Council's history and heritage officer on a tour of the fascinating history of Greenmeadows Gardens and Lempriere Avenue.

After the walk, enjoy a morning tea in the beautiful park surroundings.

**Please note:** wear loose, comfortable clothing and flat, non-slip, supportive shoes. This event may need to be cancelled if weather conditions are not suitable.

#### A Taste of the World of Tea

Sunday 16 October, 2pm-3.15pm Venue: Carnegie Library and Community Centre — Boyd Room 7 Shepparson Avenue, Carnegie Cost: free Bookings: essential

#### Cost: free Bookings: essential by Friday I4 October Contact: Council's Service Centre on 9524 3333

Join My Green Garden's Maria Ciavarella and learn how to prepare your soil for maximum benefit; incorporate crop rotation and other techniques for pest control; and what vegies are best to grow over summer and how to get them started from seed.

Light refreshments will be served at the conclusion.

#### Town Hall history walk Wednesday 19 October

**I.30pm-3pm** Venue: Glen Eira Town Hall Corner Glen Eira and Hawthorn Roads Caulfield. Meet at the Service Centre Cost: free

Bookings: essential by Monday 17 October

Contact: Council's Service Centre on 9524 3333



When was Glen Eira Town Hall built and by whom? What is it used for? Did it always look like this?

Residents have the opportunity to join Council's history and heritage officer on an informative walk within and around the building.

The walk will be approximately 45 minutes with ramps and lifts used where possible.

The tour also includes a light afternoon tea and a special viewing of the historical short film *Caulfield: A Living City.* 

Nutrition: Healthy eating for older adults

Monday 24 October, 2pm-4pm

#### Bookings: essential by Monday 24 October Contact: Council's Service Centre on 9524 3333

Are you an older carer in Glen Eira? Do you provide care and support to a family member or friend who is an older person, or who has a disability, mental illness or dementia?

If so, take some time out for yourself and join us for a classic movie and light luncheon where you can connect with other carers. The person you support is also welcome to attend this event.

**Please note:** if you have specific support requirements or if you require assistance with transport or respite, please advise us when you book.

#### Springtime Music — The Kazoos

Sunday 30 October, 3pm-5pm Venue: Carnegie Library and Community Centre — Forecourt, Koornang Road Carnegie Cost: free Bookings: not required Contact: Council's Service Centre on 9524 3333



Springtime Music is a series of free outdoor events, held in some of Glen Eira's most beautiful parks, reserves and open spaces. What a wonderful opportunity to enjoy the first of the series with your children, grandchildren or perhaps great grandchildren with an afternoon of music, merriment and a celebration of spring.

**Financial information seminars** Venue: Glen Eira Town Hall —

Cost: free

Bookings: essential (limited numbers apply) Contact: Book online at www.library.gleneira.vic.gov.au or at any Glen Eira library or contact 9524 3700

Learn how to take photos and videos with your iPad (or iPhone); edit the photos and review them in photo gallery; sort and share them with friends and family; and store them in the cloud.

Safer Scooter Wiser Wheelchair education program Thursday 13 and 27 October Thursday 3 and 10 November Ilam-1.30pm Contact: Book online at

library.gleneira.vic.gov.au at any Glen Eira library or contact 9524 3700

Join Tea Sommelier Sarah Cowell and learn about tea culture and customs. You will sip three unique styles of tea from three different countries, and discover how to taste tea, brew the perfect cup, and learn what to look for when choosing a quality tea.

Grow your own and eat your own summer vegies

**Tuesday 18 October, 10am–12pm** Venue: Caulfield Park Pavilion, Balaclava Road, Caulfield North (Mel ref. 59 C12) Venue: Caulfield Park Pavilion Balaclava Road, Caulfield North Cost: free

Bookings: essential (limited numbers) Contact: Caulfield Access on 9076 6776

Dietitians from Caulfield Community Services will give you tips and advice on how to maintain a healthy diet as you age.

#### Carers' classic movie session Thursday 27 October 10.30am-2pm

Venue: Glen Eira Town Hall — Theatrette, corner Glen Eira and Hawthorn Roads, Caulfield Cost: free Theatrette, corner Glen Eira and Hawthorn Roads, Caulfield Cost: free Bookings: essential Contact: 13 63 57 (quote Oakleigh seminars) or email: fis.seminar.bookings@humanservices. gov.au

Seminar one — Age pension and your choices, Wednesday 12 October

Seminar two — Understanding superannuation, **Tuesday 18 October** 

Seminar three — Age care fees and charges, Wednesday 26 October

#### **ACTIVE SENIORS**

One of the best ways to live a long and healthy life is through regular exercise — of the mind and body. It is all about taking good care of yourself.

#### **Table tennis**

Monday 10 October, 10.45am Repeated: Tuesday 11 and Thursday 13 October, 7.30pm

Club: KG Putt Senior Citizens Club Venue: Bentleigh Senior Citizens Centre, 2 Arthur Street, Bentleigh Cost: free Bookings: not required



#### Ballroom dancing — new vogue, modern and Latin American Monday 10 October

12.30pm-3.30pm Club: Caulfield Over 50s Dance Group Venue: Glen Eira Town Hall — Auditorium Corner Glen Eira and Hawthorn Roads, Caulfield Cost: \$5 Bookings: essential Contact: Audrey 9822 2064 Tai chi

#### Monday 10 October, Ipm

Club: DJ Coakley East Bentleigh Senior Citizens Club Venue: East Bentleigh Senior Citizens Centre, I Derry Street, Bentleigh East Cost: free Bookings: essential Contact: Gwen Brown 9579 4573



Carpet bowls Monday 10 October, 1pm Club: KG Putt Senior Citizens Club Venue: Bentleigh Senior Citizens Centre, 2 Arthur Street, Bentleigh Cost: free Bookings: not required Contact: Cheryl 9557 5739

#### Scottish dancing

Monday 10 October, 7.30pm Club: KG Putt Senior Citizens Club Venue: Bentleigh Senior Citizens Centre, 2 Arthur Street, Bentleigh Cost: free Bookings: not required Contact: Cheryl 9557 5739

#### Indoor bowls

Tuesday II October, Ipm Repeated: Wednesday I2 October

Club: DJ Coakley East Bentleigh Senior Citizens Club Venue: East Bentleigh Senior Citizens

Centre, I Derry Street, Bentleigh East Cost: free Bookings: not required Contact: Gwen Brown 9579 4573

#### Golf croquet

Tuesday II October, I2.30pm-2pm Repeated: Saturday I5 October I2.30pm-3pm

Venue: Elsternwick Croquet Club 27 Parkside Street, Elsternwick Cost: free Bookings: essential

Contact: Geoff 0411 217 167

#### Athletics — running and walking Tuesday 11, 18 and 25 October 7pm-9pm

Club: Victorian Masters Athletics Venue: Duncan Mackinnon Reserve Corner North and Murrumbeena Roads, Murrumbeena Cost: \$4 Bookings: not required

Contact: Andrew Edwards 9555 4226

#### Square dancing Thursday 13, 20 and 27 October 9.30am

Club: KG Putt Senior Citizens Club Venue: Bentleigh Senior Citizens Centre, 2 Arthur Street, Bentleigh Cost: free Bookings: not required Contact: Cheryl 9557 5739

Line dancing

#### Thursday 13, 20 and 27 October Ipm

Club: KG Putt Senior Citizens Club Venue: Bentleigh Senior Citizens Centre, 2 Arthur Street, Bentleigh Cost: free

Bookings: not required Contact: Cheryl 9557 5739

#### Keep smiling and keep shining yoga and meditation

Thursday 20 October 3pm-4.30pm

Venue: Caulfield South Community House, 450 Kooyong Road Caulfield South

Cost: \$5 Bookings: Essential Contact: CSCH 9596 8643

The exercise and meditation is suitable for senior ages. Mats will be available if required.



Contact: Radio station reception 9572 1466 (leave a message)

Take a tour of our community radio station Golden Days Radio and see what goes on behind the scene.

**Please note:** wheelchair access not available. A chairlift is available, but prior advise is required for assistance.

#### Nadezhda Russian Concert

Sunday 9 October, 5pm-8pm Club: Nadezhda Russian Senior Citizens Club Venue: Caulfield Senior Citizens Centre, 8 Cedar Street Caulfield South Cost: \$12 members, \$15 non-members Bookings: essential. Tickets on sale Ipm, 7 October at Betty Day Centre 67 Argyle Street, St Kilda. Contact: Yudif Goldenberg 9572 3928

Glen Eira U3A — Open Day Monday 10 October, 10am-2pm Venue: Glen Eira U3A 1151 Glenhuntly Road, Glen Huntly (enter via Woolworths car park) Cost: free Bookings: no bookings required

#### Better living for seniors navigating the aged care system

Thursday 13 October, 2pm-4pm Venue: U3A Moorleigh, 92 Bignell Road, Bentleigh East

Cost: free Bookings: essential Contact: U3A Moorleigh office 9570 3929

Join members of the U3A Moorleigh for a free morning seminar on navigating the aged care system. Financial adviser Tony Gilham will provide information on this and living in a retirement village, with your children or in aged care.

A pop-up café will be available for soup or sandwiches before the seminar and Devonshire tea at conclusion.

**Please note:** cost applies for the pop-up café.

#### Spit roast luncheon

Saturday 15 October 11.45am-4pm Club: DJ Coakley East Bentleigh Senior Citizens Club Venue: East Bentleigh Senior Citizens

Centre, I Derry Street, Bentleigh East Cost: \$20 Bookings: essential

Contact: Gwen Brown 9579 4573 or 9570 4917

DJ Coakley East Bentleigh Senior Citizens Club invites residents to celebrate the *Seniors Festival* at a wonderful afternoon of food, entertainment, dancing and lots of fun.

Classic Sing-a-long

#### South Cost: \$5 Bookings: essential Contact: CSCH 9596 8643

Are you looking to improve your English skills in a friendly and relaxed learning environment? Deb Williams is an experienced and qualified ESL Tutor who will lead the easy conversation class for senior aged participants. Deb will encourage storytelling and basic/intermediate English reading/writing development. The group will share a light lunch together.

## Better living for seniors — advanced care planning

Thursday 20 October, 2pm-4pm Venue: U3A Moorleigh 92 Bignell Road, Bentleigh East Cost: free Bookings: essential

Contact: U3A Moorleigh office 9570 3929

# Growing a beautiful garden in a confined space

Friday 28 October, 2pm-4pm Venue: Caulfield South Community House Community Garden 450 Kooyong Road, Caulfield South Cost: \$5 Bookings: essential Contact: CSCH 9596 8643

Come and explore at Box Cottage Museum



#### Sunday 30 October, 2pm-4pm

Venue: Box Cottage Museum Joyce Park, Ormond (Melway ref: 68 F9) Cost: \$2 (grandchildren free) Bookings: appreciated Contact: Fran 9557 9465

Come along and find out about all the interesting things to see at Box Cottage Museum.

**Please note:** wheelchair access not available.

#### Taste of Uzbekistan

Sunday 30 October, 6pm Club: Yachad Senior Citizens Club Venue: Caulfield Senior Citizens Centre, 8–10 Cedar Street Caulfield South Cost: \$20 Bookings: essential Contact: Miriam 0411 817 732

Don't miss out on this evening with the Yachad Senior Citizens Club. Enjoy traditional cuisine, costumes, music and dance. **GLEN EIRA NEWS** 

#### **Table tennis**

Tuesday II October Repeated: Wednesday I2 October, 9.30am Club: DJ Coakley East Bentleigh Senior Citizens Club Venue: East Bentleigh Senior Citizens Centre, I Derry Street Bentleigh East Cost: free Bookings: not required

Contact: Gwen Brown 9579 4573

**COMMUNITY EVENTS** 

Studio tours with Golden Days Radio

Wednesdays throughout October 10.30am or 1.30pm or by appointment

Venue: Golden Days Radio 1236 Glenhuntly Road, Glen Huntly Cost: gold coin donation Bookings: essential Wednesday 19 October, 10.30am Venue: Classic Residences, 3 Brewer Road, Brighton East Cost: free Bookings: essential Contact: Julie Broadhead 9599 2244

Classic Residences invites seniors to a cheerful classic sing-a-long. Enjoy some wonderful singing and a delicious Devonshire tea afterwards.

Storytelling: English as a second language (ESL) Wednesday 19 October 12pm-1.30pm

Venue: Caulfield South Community House, 450 Kooyong Road, Caulfield



# Community Diary

Ormond.

Contact: 0407 800 719.

Hall, North Road, Ormond.

Contact: 9578 1947.

Contact: 0408 131 479.

Contact: 0400 300 339.

and 5.30pm-9.30am.

Government perfins.

Contact 9528 1798.

David Shutler.

Contact 9528 1798.

Contact: 9570 6766.

Contact: 0412 804 036.

Philatelic Society will meet on

line dancing.

**Ormond Badminton Club** welcomes

new players on Wednesday nights from

8.15pm at the Ormond Uniting Church

Ormond Tennis Club welcomes new

players to their intermediate mixed social

tennis on Wednesday nights from 7pm at

Foch Street, Ormond. Cost: \$10.

**Ormond Senior Citizens Club** 

welcomes new members for its many

activity groups, including Zumba, chess and

Phoenix Park Table Tennis is held on

Mondays and Thursdays from 10am-1pm

11 October at 7.15pm at Bri-Phil House,

discussion: How to Display. John Waugh

will also have a display on Australian

Philatelic Society will meet on

18 October at 10am at Bri-Phil House,

80 Gardenvale Road, Gardenvale. Topic

Sandbelt Ladies Probus Club meets

St Paul's Football Netball Club is

2017 SFNL Inaugural Women's Football

Contact: stpaulsseniors@hotmail.com

interest from prospective players.

entering a women's football team in the

Competition. We are seeking expressions of

The Mens Probus Club of Malvern will

on the first Monday of every month at the

Bentleigh RSL, 538 Centre Road, Bentleigh.

of discussion: What do I collect? Speaker:

80 Gardenvale Road, Gardenvale. Topic of

Please note: due to high the volume of submissions we receive, entries must be submitted monthly. Only submissions received each month will be published. For a list of deadlines, email gleneiranews@gleneira.vic.gov.au

#### **MEETINGS AND CLUBS**

Bentleigh Bayside Parkinson's Peer Support Group meets on the fourth Monday of every month from 1.30pm–3.30pm at Bentleigh-Bayside Community Health, Gardeners Road, Bentleigh East. Contact: 1800 644 189.

**Bentleigh Garden Club** meets on the last Tuesday of every month at 7.45pm at St Johns Anglican Church, corner Centre and Tucker Roads, Bentleigh.

Carnegie/Murrumbeena Senior Citizens Club meets every Tuesday and Thursday from Ipm-4pm at Carnegie Library and Community Centre. Contact: 9568 2727.

**Carnegie Rostrum Club** practises public speaking on the first, third and fifth Monday of every month at 7.15pm at Carnegie Library and Community Centre in the Boyd Room, 7 Shepparson Avenue, Carnegie. Next meetings: 17 and 31 October.

Contact: 0413 442 790.

Caulfield Over 50s Dancing Group meets every Monday (except public holidays) from 12.30pm–3.30pm at Glen Eira Town Hall. Cost: \$5. Contact: 9822 2064.

**Food Addicts (FA)** is a fellowship of individuals, who through shared experience and mutual support are recovering from the disorder of food addiction. FA meets on Saturdays from 9am–10.30am. Contact: 0416 259 472.

**Glen Eira City Choir** invites new and past members to join in the Choir's 70th anniversary celebration. Rehearsals: Mondays at 7.45pm at the Indonesian Uniting Church, 158 Balaclava Road, Caulfield North. Contact: 9578 1947.

#### Glen Eira Moorabbin Softball

**Association** is seeking expressions of interest from players wishing to participate in its summer competition commencing in early October. Ages range from juniors (boys and girls) to seniors. Contact: 0490 473 433.

#### Roads, Gardenvale. Cost: family \$10, adults \$5, school aged children \$2 and preschool children are free. Contact: 0417 365 804 or

www.melbournemeccanoexhibition.com.au

Wattle Tennis Club Open Day will be held on 8 October from 2pm-4pm at Bentleigh Recreation Reserve. Contact: 9570 8757.

**Ripponlea Kindergarten Open Days** will be held on 10 October and 14 November at Carrington Grove, St Kilda East. Come along and speak to our staff about the 2017 three and four-year old programs and special four-year-old koala program.

**Bentleigh Baby and Kids Market** will be held on 15 October from 9am–12.30pm at St Johns Church Hall, corner Tucker and Centre Roads, Bentleigh East. Entry: \$2. Contact: 9557 2226.

The Handmade Show will be held on 15 October from 10.30am–3.30pm at St. Anthony's Parish Hall, corner Grange and Neerim Roads, Glen Huntly. Free entry. Contact:

 $www.the hand made show.blogs {\tt pot.com}$ 

Oakdale Angling Club Teaching Kids to Fish Day will be held on 16 October from 10am–2pm at Karkarook Lake Park. Please wear closed-toe shoes. Contact: 0429 400 367.

**Coatesville Uniting Church Annual Fete** will be held on 22 October from 9am–2pm, corner North and Mackie Roads, Bentleigh East. There will be crafts; cakes; kids activities and much more. Contact: 0419 886 659.

**Team of Pianists** concert Dollars for Dili — A fundraising recital for the Dili Hospital will be held on 22 October at 7.30pm at Glenfern, 417 Inkerman Street, St Kilda East. Cost: \$70. Contact: 9527 2851

Music Lovers' Society 57th Ida Doubleday Bequest Recital will be held on 22 October at 8pm at St John's, 7 Finch Street, Malvern East. Contact: 0435 997 037. Caulfield. Cost: \$40 or \$30 for health care cardholders. Contact: 8517 5912.

Bentleigh Over 50s Port Lincoln getaway will be held between 29 October and 5 November. Limited spots available. Contact: 9557 5739.

Moorabbin Area Toy Library Messy Play/Open Day will be held on 30 October from 10am-12pm at 90-92 Bignell Road, Bentleigh East. Lots of gooey fun. Suitable for children six and under. Contact: 9570 3590.

**Cityscape:** Observe artists in action on 6 November from 10am–3.30pm at Elsternwick Plaza. Contact: 9568 7190.

**St Peter's Fete** will be held on 12 November from 11am–5pm at 842 Centre Road, Bentleigh East. Contact: 9575 0909.

Murrumbeena Park Bowls Club Open Day will be held on 20 November from 11am–3pm at 26–28 Gerald Street, Murrumbeena. Contact: 0419 350 217.

#### COMMUNITY

Australian Multicultural Community Services is seeking volunteers who speak Italian, Greek, Polish, Russian and Croatian to visit socially isolated seniors in their own homes one hour per fortnight. Contact: 9689 9170.

Carnegie three-year-old activity

**group:** Enrolments for 2017 are now open for children aged two-and-a-half to four years. Sessions: Mondays during the school term from 9am-11.30am. Cost: \$195/term.

Contact: 3yearoldactivitygroup@gmail.com

Caulfield Community Toy Library

is open at 12 Munro Avenue, Carnegie. Hours: Wednesday, 7.30pm–8.30pm; Thursday,10am–11.30am; and Saturday 10am–12.30pm.

**Moorleigh Probus Club (Mens)** meets on the fourth Wednesday of every month at 10am at Moorleigh Bowls Club, Mackie Road, Bentleigh East. Contact: 9563 7098.

**Murrumbeena Bowls Club Inc.** summer competition will be held on Tuesdays and Saturdays. Contact: 0418 500 893.

**Ormond Angling Club Inc.** meets on the first and third Wednesday of every month from 8pm at 462 North Road, meet on 25 October at 10am at 163 Wattletree Road, Malvern. Guest speaker: Professor Timothy Lynch from The University of Melbourne. Contact: 9852 8968.

Waverley Communicators meet on the second and fourth Tuesday of every month at 7.45pm at Bendigo Bank Meeting Hub, 436 Neerim Road, Murrumbeena. Contact: 9576 8790.

#### **EVENTS**

Melbourne Meccano Exhibition 2016 will be held on 8 October from 10am–5pm and 9 October from 10am–4pm at Brighton Philatelic Society Hall, corner Gardenvale and Magnolia **St. Paul's Primary School Fete** will be held on 23 October from 9am–3pm at 122 Jasper Road, Bentleigh There will be trash and treasure; showbags; crafts; devonshire tea; drinks and food stalls; animal nursery; and much more. Entry is free. Contact: 0438 342 897.

Jewish Care's Employment and Education Centre information session on how to tailor resumes and cover letters for job applications will be held on 27 October from 9.30am-2pm at Manders Villas, 311-313 Glen Eira Road, Contact: http://www.cctl.org.au

**Glen Eira Adult Learning Centre** 

offers a variety of classes, including iPad, Windows 10 and office computer programs; digital technology; MYOB; medical reception; building employability skills; writing classes; painting; and drawing. Contact: 9578 8996.

**MerkosWomen** offers weekly courses for university students aged 18–30 in a wide variety of Torah topics. Contact: info@merkos.com.au

**Moongala Community House** offers a variety of classes, including digital photography; multimedia using Windows 10; social media; and small business skills. Contact: 9570 3468.

# Language Line

#### 关键年龄和成长阶段咨询让父母感到放心

Glen Eira市政府妇幼健康服务(MCH)免费向新生儿至学龄的儿童家庭提供服务。

妇幼健康服务根据《MCH关键年龄和成长阶段框架》以全面和重点的方式就影响幼儿及家庭身体、情感或社会等因素 进行宣传、预防、早期发现和干预。

在上一个财政年度,市政府经验丰富的妇幼健康护士提供了 16,438次关键年龄和成长阶段咨询。

市政府妇幼健康主任 Helen Cunningham 女士说,第 一次关键年龄和成长阶段咨询于生产出院后在新生儿的 家中进行。

Cunningham女士还说:"以后的关键年龄和成长阶段咨询,即两周、四周、八周、四个月、八个月、十二个月、 两岁和三岁半的咨询,是在新生儿家庭就近的妇幼健康中 心进行。"

#### 咨询为什么很重要?

Cunningham女士说道,这些咨询给予父母机会讨论他们 担心的事情、养育子女的经验以及怎样尽可能地促进孩子的 健康、成长和发育。

Cunningham女士又说:"这些咨询有助于尽早发现任何健康、成长、学习和发育问题,这些问题有可能影响所有儿童的上学、未来学习和幸福。"

如需详情或预约,请联系市政府妇幼健康服务,电话 9524 3333。

#### Διεξαγωγή εκλογών με επιστολική ψήφο

Η Υπηρεσία Υγεία Μητέρας και Παιδιού του Δήμου Glen Eira (MCH) είναι δωρεάν και διατίθεται σε οικογένειες με παιδιά από τη γέννησή τους μέχρι τη σχολική τους ηλικία.

Η Υπηρεσία παρέχει ολοκληρωμένη και προσδιορισμένη προσέγγιση για την προώθηση, την πρόληψη, τον έγκαιρο εντοπισμό και παρέμβαση των παραγόντων σωματικής, ψυχικής και κοινωνικής υγείας που επηρεάζουν τα νεαρά παιδιά και τις οικογένειές τους μέσω του πλαισίου Ηλικίες και Στάδια Κλειδιά MCH.

Κατά τη διάρκεια του περασμένου οικονομικού έτους, οι έμπειρες νοσοκόμες Υγείας Μητέρων και παιδιών διενέργησαν 16,438 διαβουλεύσεις σε Ηλικίες και Στάδια.

Η Συντονίστρια της Υγείας Μητέρων και Παιδιών Helen Cunningham είπε ότι η πρώτη διαβούλευση Ηλικίας και Σταδίου γίνεται στο σπίτι του παιδιού αμέσως μετά τη γέννησή του και την έξοδό του από το νοσοκομείο. «Επακόλουθες διαβουλεύσεις σε Ηλικίες και Στάδια Κλειδιά παρέχονται στο κέντρο MHC σε δυο

εβδομάδες, τέσσερις εβδομάδες, οκτώ εβδομάδες, τέσσερις μήνες, οκτώ μήνες, δώδεκα μήνες, δυο χρόνια και τριάμισι χρόνια» είπε η κα Cunningham.

#### Γιατί είναι σημαντικές οι διαβουλεύσεις; Η κα Cunningham είπε ότι οι διαβουλεύσεις

παρέχουν στους γονείς την ευκαιρία να συζητήσουν τις ανησυχίες τους, τις γονικές εμπειρίες τους και το πώς να βελτιώσουν την υγεία, την πρόοδο και την ανάπτυξη του παιδιού τους. «Αυτές οι διαβουλεύσεις βοηθούν τον έγκαιρο εντοπισμό οποιωνδήποτε θεμάτων υγείας, προόδου, μάθησης και ανάπτυξης, τα οποία μπορεί

προόδου, μάθησης και ανάπτυξης, τα οποία μπορεί να επηρεάσουν την ετοιμότητα για το σχολείο, τη μελλοντική μάθηση και τα αποτελέσματα ευμάρειας για τα παιδιά», είπε η κα Cunningham. Για περισσότερες πληροφορίες ή για να κλείσετε

ραντεβού, επικοινωνήστε με την Υπηρεσία MCH του Δήμου στο 9524 3333.

#### प्रमुख आयु और अवस्था (Key Ages and Stages) परामर्श माता-पिता को मन की शांति देते हैं

ग्लेन एरा नगर परिषद की मानृ और बाल स्वास्थ्य (एमसीएच) सेवा एक नि:शुल्क सेवा है जो जन्म से स्कूल की आयु तक के बच्चों वाले सभी परिवारों के लिए उपलब्ध है।

यह सेवा प्रमुख एमसीएच आयु और अवस्था ढाँचे के माध्यम से छोटे बच्चों व उनके परिवारों को प्रभावित करने वाले शारीरिक, भावनात्मक या सामाजिक कारकों को बढ़ावा देने, उनकी रोकथाम करने, जल्दी पता लगाने तथा हस्तक्षेप करने के लिए एक व्यापक और ध्यान-केंद्रित दृष्टिकोण प्रदान करती है।

पिछले वित्तीय वर्ष के दौरान परिषद की अनुभवी मातृ और बाल स्वास्थ्य नर्सों ने 16,438 प्रमुख आयु और अवस्था परामर्श आयोजित किए थे।

परिषद की मातृ और बाल स्वास्थ्य समन्वयक हेलेन कनिंघम ने कहा कि पहला एमसीएच प्रमुख आयु और अवस्था बच्चे के जन्म और अस्पताल से चले जाने के बाद उसके घर पर आयोजित किया जाता है।

"इसके बाद के प्रमुख आयु और अवस्था परामर्श परिवार के स्थानीय एमसीएच केंद्र पर दो सप्ताह, चार सप्ताह, आठ सप्ताह, चार माह, आठ माह, बारह माह; दो साल और साढ़े तीन साल में उपलब्ध कराए जाते हैं," सुश्री कनिंघम ने कहा।

#### परामर्श महत्वपूर्ण क्यों हैं?

सुश्री कनिंघम ने कहा कि ये परामर्श माता-पिता को अपनी चिंताओं, मातृत्व के अनुभव और अपने बच्चे के स्वास्थ्य, वृद्धि और विकास को बेहतरीन कैसे बनाएँ, इसपर चर्चा करने का अवसर प्रदान करते हैं।

"ये परामर्श ऐसे किसी भी स्वास्थ्य, विकास, शिक्षा और विकास के मुद्दों की जल्दी पहचान करने में सहायता करते हैं, जो सभी बच्चों की संभवतः स्कूल के लिए तैयारी, भविष्य में सीखने और कल्याण के परिणामों को प्रभावित कर सकते हैं," सुश्री कनिंघम ने कहा। और अधिक जानकारी या समय-नियुक्ति के लिए परिषद की एमसीएच सेवा को 9524 3333 पर संपर्क करें।

## Le visite del programma *Key Ages and Stages* danno serenità ai genitori

Il servizio di Salute materna e infantile (Maternal and Child Health - MCH) del comune di Glen Eira è un servizio gratuito a disposizione delle famiglie con bambini dalla nascita fino all'età prescolare. Il servizio fornisce un approccio inclusivo e mirato alla promozione, prevenzione, diagnosi precocce e all'intervento sui fattori fisici, emotici e sociali che hanno un impatto sui bambini piccoli e le loro famiglie attraverso il programma denominato *Key* 

*Ages and Stages* (Età e fasi cruciali della vita). Durante lo scorso anno finanziario le infermiere del servizio di Salute materna e infantile hanno effettuato 16,438 visite nell'ambito del programma *Key Ages and Stages*.

La coordinatrice del servizio di Salute materna e infantile, Helen Cunningham, ha detto che la prima visita nell'ambito del programma viene condotta a casa del bambino, subito dopo la nascita e il rientro dall'ospedale.

"Le visite successive si svolgono presso il centro MCH di zona a due, quattro e otto settimane, quattro, otto e dodici mesi, due anni e tre anni e mezzo" ha fatto sapere Ms Cunningham.

#### Perché sono importanti queste visite

Ms Cunningham ha dichiarato che le visite offrono ai genitori l'opportunità di discutere delle loro preoccupazioni, delle loro esperienze come genitori e di come promuovere la salute, la crescita e lo sviluppo del loro bambino.

"Queste visite consentono di identificare precocemente eventuali problemi riguardanti la salute, la crescita, l'apprendimento e lo sviluppo, che potrebbero potenzialmente avere un impatto sull'essere pronti per andare a scuola, sull'apprendimento futuro e sul benessere di tutti i bambini", ha concluso Ms Cunningham.

Per ulteriori informazioni o per prendere un appuntamento contattate il Servizio MCH del comune al numero 9524 3333.

#### Консультации для различных ключевых возрастных групп и стадий развития ребенка помогают родителям

В 2016 году муниципальные выборы в Glen Служба здоровья матери и ребенка (Maternal and Child Health - MCH) муниципалитета Glen Eira предоставляет бесплатные услуги всем семьям с детьми от рождения до школьного возраста. Эта служба обеспечивает комплексный и целенаправленный подход по поддержке,

профилактике, раннему выявлению и корректировке физических, эмоциональных и социальных факторов, влияющих на детей младшего возраста и их семьи, посредством программы для различных ключевых возрастных групп и стадий развития (Key Ages and Stages) Службы здоровья матери и ребенка.

За прошлый финансовый год опытные медсестры службы здоровья матери и ребенка муниципалитета провели 16 438 консультаций для различных ключевых возрастных групп и стадий развития.

Координатор службы здоровья матери и ребенка муниципалитета Helen Cunningham сказала, что первая консультация для различных ключевых возрастных групп и стадий развития службы проводится на дому ребенка сразу после его рождения и выписки из больницы.

"А последующие консультации для различных ключевых возрастных групп и стадий развития проводятся в ближайшем для этой семьи центре службы здоровья матери и ребенка на этапах в две недели, четыре недели, восемь недель, четыре месяца, восемь месяцев, двенадцать месяцев, два года и три с половиной года", сказала г-жа Cunningham.

#### Почему эти консультации так важны?

Г-жа Cunningham сказала, что эти консультации предоставляют родителям возможность обсудить волнующие их проблемы, вопросы воспитания детей и способы улучшения здоровья, роста и развития их ребенка.

<sup>"</sup>Эти консультации помогают в раннем выявлении каких-либо проблем со здоровьем, ростом, обучением и развитием, которые потенциально могут повлиять на готовность к школе, будущее обучение и благополучие всех детей", - сказала г-жа Cunningham.

Чтобы получить дополнительную информацию или записаться на прием, звоните в службу здоровья матери и ребенка муниципалитета по номеру 9524 3333.

LIKE TO KNOW GLEN EIRA CITY COUNCIL'S LATEST NEWS AND EVENTS?



# Arts and culture

## Groove and Graze — save the date

**ARTS NEWS** 

Sunday 6 November, 3pm–9pm Hopetoun Gardens Corner Victoria Street and Glenhuntly Road, Elsternwick

Savour delicious food, sip on boutique beverages and enjoy great live entertainment in your local backyard.

Look out for further information in the November edition of *Glen Eira News*.

# The Murrumbeena Boyds — walking tour

Saturday 22 October, 2pm–3.30pm Springthorpe Gardens — meet at corner of Neerim Road and Tuckett Street Murrumbeena. Free event. No bookings required. Please wear comfortable shoes.

Back by popular demand. To celebrate History Week, join local Murrumbeena Boyd expert Colin Smith on a walking tour of Murrumbeena. You will discover fascinating insights into one of Australia's most celebrated artistic families, their art, creative passions, and their immense contribution to Australian cultural life.

If you are unable to attend the guided tour, and have a smartphone with a QR reader installed, you can unlock a self-guided tour narrated by Colin Smith, through QR codes placed along the tour route. The narrated tour is also available at www.gleneira.vic.gov.au

## INTERESTED IN ARTS AND CULTURE?



# Gallery exhibitions

#### A Collecting Vision: Ten Cubed 7-30 October

This exhibition features key works by mid-career and established Australian and international artists from the Ten Cubed Collection. A Collecting Vision: Ten Cubed will offer a unique insight into the evolution of this significant and diverse collection of contemporary art. Now in its sixth year of operation as a private art collection open to the public, Ten Cubed Collection continues its objective to acquire and promote the work of 10 outstanding contemporary artists over a 10 year period. They also recently committed to collect an additional 10 artists. Its passionate engagement with art collecting and desire to share its collection with a wider audience is celebrated in this vibrant selection of contemporary photography, painting,

drawing, video, installation and sculpture by Pat Brassington; Jonathan Delafield Cook; Alexander Knox; Anne-Marie May; Alasdair McLuckie; Noel McKenna; David Rosetzky; Tim Silver; Daniel von Sturmer; David Wadelton; and Liu Zhuoquan.



Pat Brassington The Flight of the Duchess 2013 Pigment print 83 x 120 cm Image courtesy of the Artist and Arc One Gallery, Melbourne Ten Cubed Collection

#### **Public Programs**

Friday 14 October, 12.30pm Glen Eira City Council Gallery Free admission

Join curator Diane Soumilas and Ten Cubed Collection Curator Ada Moshinsky for an introduction to the exhibition and a discussion about the evolution of this fascinating private art collection.

Collectors forum — private collecting Thursday 20 October, 7pm-9pm

Glen Eira City Council Gallery Free admission, but online bookings are essential at www.gleneira.vic.gov.au

Panel: Ten Cubed Collection Curator Ada Moshinsky; Glen Eira City Council Gallery Curator Diane Soumilas; Justin Art House Museum Directors Charles and Leah Justin; TarraWarra Museum of Art Director Victoria Lynn; and Arc One Gallery Melbourne Directors Fran Clark and Suzanne Hampel.



#### **Gallery details**

Glen Eira Town Hall, corner Glen Eira and Hawthorn Roads, Caulfield. Phone: 9524 3333. Opening times: Monday–Friday, 10am–5pm, Saturday and Sunday, 1pm–5pm. Free admission.

# SPRINGTIME MUSIC 2016





A series of free outdoor events, held in some of Glen Eira's most beautiful parks, reserves

and open spaces. Bring a blanket, a picnic, your family and friends along for an

afternoon of music, merriment and a celebration of spring.

PROUDLY PRESENTED BY GLEN EIRA CITY COUNCIL www.gleneira.vic.gov.au/sms 9524 3333 www.facebook.com/gleneiraarts



The Kazoos Sunday 30 October Special Children's Week event Carnegie Library Forecourt, Carnegie



Vixia Saturday 5 November Wattle Grove Reserve McKinnon



Caleb Garfinkle Saturday 12 November Elsternwick Plaza Elsternwick Amazing Drumming Monkeys Saturday 19 November Murrumbeena Park, Murrumbeena

Adzohu Sunday 20 November Caulfield Park – Bandstand Caulfield North



The Five O'Clock Shadows Sunday 13 November Joyce Park, Ormond Brooke Taylor Saturday 26 November Marlborough Street Reserve Bentleigh East The Mik Maks Sunday 27 November Greenmeadows Gardens St Kilda East

# OCTOBER 2016

**GLEN EIRA NEWS** 



Thursday 6 October, 7pm-8.30pm Glen Eira Town Hall — Theatrette Corner Glen Eira and Hawthorn Roads Caulfield

This is an opportunity for parents and community members to attend an informative evening with Greg Gebhart from the Office of the Children's eSafety Commissioner. Greg will facilitate discussions about the Office's power to remove serious cyberbulling material, current technology trends, and advice on how to support safe and enjoyable online experiences.

Hosted by Glen Eira City Council Youth Services, you will learn about:

- Key cybersafety issues, including cyberbullying, unwanted contact digital.
- Reputation and sexting.
- The cultural context of social media and technology use by young people.

- Practical strategies to safeguard and minimise risk with online interactions to support conversations and safety measures with young people.
- Useful links to Office eSafety resources.

#### About the presenter

The Office of the Children's eSafety Commissioner is the leading agency in online safety. The agency is committed to not only helping young people have safe and positive experiences online, but encouraging behavioural change, where a generation of Australian children act responsibly — just as they would offline.

This is a free event, but bookings are required as seats are limited. To book, contact Youth Services on 9524 3676.

# Team Fit-Social

Join Glen Eira City Council Youth Services Team Fit-Social on Sunday 27 November and take part in *The* Color Run 2016. The Color Run is a five kilometre run where thousands of participants are covered from head to toe with coloured powder at each kilometre. At the finish line, the fun doesn't stop — there is music and dancing and of course, more colour. The Color Run is the perfect opportunity to kick-start a more active you.

Team Fit-Social is a group of young people aged 10 to 25 who share a passion for getting fit and active while keeping it fun and engaging.

Youth Services run sessions on Monday afternoons throughout school terms

from 4pm to 5.30pm. The program is free and every fitness level is welcome — there are no excuses.

For further information, register at www.gleneira.vic.gov.au/Communityservices/Youth/Programs-for-youth or contact Youth Services on 9524 3676.





Glen Eira Youth Services offers a range of engaging programs and events for young people aged 10-25 years and their families who live, work, study and socialise in the City of Glen Eira.

For more tips and to be kept up-to-date with programs and events: join our parent mailing list by contacting Youth Services on 9524 3676 or visit www.gleneira.vic.gov.au/youth and click on the Keeping Up-To-Date link.



Entries can include: drawings, sketches, craft, graphics, paintings, photography, textiles, fashion design and sculptures.

Amazing prizes up for grabs in both Junior (10–15 years) and Senior (16-25 years) sections.

Entries close 4pm Friday 14 October.

To download a registration pack, visit www.gleneira.vic.gov.au/youth or contact Youth Services on 9524 3676.

The 2016 Youth Art Expo will be held on Thursday 27 October at Duncan Mackinnon Pavilion, Murrumbeena from 6.30pm to 8.30pm.



Bentleigh, Bentleigh East, Brighton East, Carnegie, Caulfield, Elsternwick, Gardenvale, Glen Huntly, McKinnon, Murrumbeena, Ormond, St Kilda East

# A new play space opens in McKinnon

Clee Street Reserve in McKinnon has a brand new play space for the community to enjoy. The old and outdated play space has been removed and replaced with new, exciting and engaging play equipment. Features of the place space include a double slide; monkey bars; tic,tac,toe; tunnels; and climbing elements.

The concrete edging around the playground has also been removed and replaced. This has greatly improved the appearance of the Reserve and the appeal of the amenity. If you're looking for something fun to do, this new space provides play opportunities for a range of ages and abilities.



# Prepare for the Great Victorian Bike Ride

The Great Victorian Bike Ride is on from 26 November to 4 December. If you are planning on entering the event, now is a good time to start training for your ride. The City of Glen Eira is well equipped for riding on the roads, with many bike lanes throughout the City.

You might also wish to train at the Packer Park Velodrome (pictured below) where you can make use of the 335 metre track, which has a new plexipave surface. The track also features a flat inside track, which provides an area for cyclists to start and stop and act as a run-off area, which will greatly assist beginner and inexperienced cyclists.

To assist you with ensuring that your bike is best prepared for your ride, Council has installed a number of bicycle repair stands for public use at Packer Park, Carnegie, Boyd Park, Murrumbeena and the Elster Creek Trail.

The Packer Park Velodrome is located on Leila Road, Carnegie.

If you would like to learn the basics of bike maintenance and repair, you can attend Council's free Bike Repair Café event. See more details, see page four.

For further information, visit www.gleneira.vic.gov.au



# National Ride2Work Day 2016

National *Ride2Work Day* is the largest celebration of commuter riding in Australia. This year, the event will be held on 12 October and Glen Eira City Council encourages you to get involved.

The main objective of the day is to normalise the idea of riding to work. If you haven't ridden to work before, then you should give it a go. If you're a frequent rider, stay motivated and encourage your workmates to get involved.

Celebrate the benefits of riding to work by getting involved.

# Help raise vital funds with Cancer Council's Relay for Life

TIT

Relay for Life is a moving experience that raises vital funds for the Cancer Council's research, prevention and support services. Teams of 10 to 15 participate in a relay-style walk or run across many locations over Australia.

Relay for Life has become the largest fundraising event for cancer in the world. Celebrated by more than four million people in more than 20 countries, this inspirational overnight event empowers and unites local communities to fight cancer.

Relay for Life began in Victoria in 1999 in Murrumbeena — it was the first event of its kind in Australia. The Glen Eira community raised more than \$75,000 for the Cancer Council that year. Relays are now held in every Australian state and territory, with more than 134,000 participants raising more than \$24 million each year. Since 1999, the Murrumbeena community has raised more than \$1.5 million for cancer research, prevention and support. The Cancer Council will host the 2016 Murrumbeena Relay for Life on 22 and 23 October at Duncan Mackinnon Reserve Athletic Track. The event brings the whole community together for a night of fun, entertainment, celebration and remembrance.

For further information on how to join a team or volunteer, visit www.relayforlife.org.au



# Cricket season is back

Spring signals the start of cricket season, and with it comes that quintessential summer sound of ball on bat across parks everywhere. Glen Eira is home to 22 cricket clubs, with close to 200 teams involved in competitions ranging from sub-district A grade level to juniors in their first season.

Cricket is a sport rich in history and tradition, with the establishment of many Glen Eira clubs closely linked with the history of the suburbs they represent. Many players stay at the same club their whole sporting career leading to generational skill sharing with players passing these skills and traditions down to junior members.

Sporting clubs offer many opportunities for young people, including coaching in the particular sport, leadership opportunities as well as developing new friendship groups.

Even if you're not interested in playing, you can get down to the grounds and watch it live, help volunteer and be active in the community. It is a great way to spend the long summer days.

For further information on summer sports fixtures or the clubs involved,

contact Recreation Services on 9524 3333.

#### Attention all girl cricketers

The All Girls Cricket competition will kick off this summer with a number of teams from a variety of clubs in the City of Glen Eira. The competition is one of the fastest growing cricket leagues in Victoria and provides girls only cricket for under 13s and under 16s junior competition.

All Girls Cricket started in 2013–14 with four clubs and 47 girls with a focus on participation, learning the game, improving skills and enjoying cricket. The league has evolved with more than 26 clubs across the south east region, including Bentleigh ANA Cricket Club, Carnegie Cricket Club, Caulfield Cricket Club, McKinnon Cricket Club, Murrumbeena Cricket Club, Ormond Cricket Club and Washington Park Cricket Club.

For further information about All Girls Cricket, visit www.allgirlscricket.com.au and find a club near you.

# Need help studying? Ask YourTutor



Glen Eira Libraries and Learning Centres offer its members access to their very own tutor online from home or a library computer. The service is free of charge and provides one-on-one expert help. No appointments necessary.

A real-life tutor is ready to help you get back on track and feel more confident. This service is great for parents when homework help can become stressful. Students can ask for help with questions in maths, English, science, study skills and more.

All online tutors are certified teachers, professional tutors, and graduates from Australian universities. They don't tell students the answers, which is what makes YourTutor different to online

learning tools that just provide pages of information. The tutors guide students to find the answer themselves.

YourTutor is free for Glen Eira library members between 3pm and 10pm, Sunday to Friday, and can assist school students in Years 3 to 6, secondary students, first year university and those students studying specialist and extension courses.

💭 your tutor FREE online study help

# Celebrate Children's Week

Carnegie Library and Community Centre — Forecourt and Foyer Saturday 29 October 10am-12pm

Come and enjoy the fun. Visit the animal farm, have your face painted, collect a balloon animal, be creative and make a bag tag, pick-up your History Trail Passport, visit the Itty Bitty Book Van and swap a book or listen to a story. Fun for the whole family.



#### Mindful relationships Wednesday 19 October, 7pm-8pm

**Glen Eira Town Hall — Theatrette** 

Margie Ulbrick is a collaborative family lawyer, relationship counsellor, psychotherapist and writer, who makes extensive use of mindfulness skills in her work with couples, individuals and families. Margie will discuss her book Mindful Relationships co-authored with the well-respected mindfulness expert, Richard Chambers. This talk is sure to strike a chord with individuals and families trying to negotiate a complex world, in which constant distraction and overscheduling can take a heavy toll on relationships. Mindfulness can assist us in every aspect of our lives and relationships to bring more harmony, peace and happiness.

Bookings are required. Book online at library.gleneira.vic.gov.au, at any Glen Eira library or contact 9524 3700

# A Taste of the World of Tea

Sunday 16 October, 2pm-3.15pm **Carnegie Library and Community** Centre — Boyd Room

Join experienced Tea Sommelier Sarah Cowell and learn about tea culture and customs. You will sip three unique styles of tea from three different countries, discover how to taste tea, gain tips on how to brew the perfect cup, and learn what to look for when choosing a quality tea. Sarah will also touch on the background and history of tea and tell stories from her adventures in the tea fields of Taiwan, China and Korea and experiences as Tea Sommelier at Vue de Monde. There will be an opportunity to ask questions.

Bookings are required. Book online at library.gleneira.vic.gov.au, at any Glen Eira library or contact 9524 3700.

This event is part of Glen Eira City Council's Seniors Festival.



# CONNECT, CREATE AND

## New! Kids' Klub

#### **Caulfield Library** Tuesdays, 4pm-6pm

MAKE

Play chess and games, build a Lego masterpiece, try a range of puzzles or read a book. Come after school and join in on the fun



## Mind Games

Bentleigh Library -Fridays, 2pm-4pm Caulfield Library — Wednesdays, 2pm-4pm **Carnegie Library and** Community Centre — Fridays, 2pm-4pm Elsternwick Library -Fridays, 2pm-4pm

If you love chess, word games, brain twisters and meeting people, then join our Mind Games groups for adults. No bookings required — just

**EIRA NEWS** 

GLEN

14/15

# Halloween spooky stories

Monday 31 October, 5pm-7pm **Carnegie Library and Community Centre and Bentleigh Library** 

It's time for spooks, elves and goblins! Come dressed for trick or treat and hear spooky stories, creepy songs and rhymes at 5pm. From 5.30pm to 7pm, have fun

making your own Halloween mask or pumpkin bag tag. Every child will receive a treat bag.

Please note: treat bags will contain lollies. Chocolate will not be included. Parents and guardians are responsible for children with food allergies.



come along and join in.

#### Like a yarn?

#### Thursdays, 11am-12.30pm Carnegie Library and **Community Centre**

If you enjoy knitting, crochet or needlework and like meeting new people with similar interests, then gather your yarn and threads and come along. No bookings required.

Support Bentleigh, Ormond, McKinnon, Carnegie, Murrumbeena and Hughesdale while they are changing in front of you. Give them your first thought.

# and support THINK LOCAL 82 WOLD

# **AN iPAD PRO**<sup>TM</sup>

Valued at \$1199

This competition is a collaboration between Bentleigh Traders' Association, Ormond McKinnon Business Association, Carnegie Main Street Association, Murrumbeena Traders' Association, Hughesdale businesses and Glen Eira City Council.

# ENTER NOW AT

B

# www.thinklocalfirst.net.au or scan the QR Code.\*^

Simply enter your name and email address — it's that easy.

Think

local

first



\*Competition closes Sunday 30 October at 4pm. Conditions Apply. iPad comes with 90 days of complimentary telephone technical support and a one year limited warranty from Apple Inc. Apple is not a participant in or sponsor of this promotion. iPad Pro<sup>™</sup> is a trademark of Apple Inc. **For full terms and conditions go to www.thinklocalfirst.net.au** 

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20

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# Our shopping

Now is the time to give local businesses your support while they are changing in front of you. This will ensure they survive the current change taking place within our communities as a result of the State Government level crossing removal program. Behind every local business is a human story – the story of those who serve and invest in our local community.

#### www.thinklocalfirst.net.au

<ul> <li>BENTLEIGH</li> </ul>	• BENTLEIGH EAST	<ul> <li>BRIGHTON EAST</li> </ul>	• CARNEGIE	CAULFIELD	<ul> <li>ELSTERNWICK</li> </ul>
<ul> <li>GARDENVALE</li> </ul>	• GLEN HUNTLY	<ul> <li>MCKINNON</li> </ul>	MURRUMBEENA	• ORMOND	• ST KILDA EAST

<sup>A</sup>By entering this competition you are agreeing to the conditions of entry, which include joining the Ormond, Bentleigh, McKinnon, Carnegie, Murrumbeena and Hughesdale supporters' database which will deliver important information or updates, special events, competitions and marketing offers available in these centres. Only one valid entry will be accepted per person. Please note that the previous marketing material incorrectly advertised the value based on US\$ prices. The value of the prize is \$AUD 1,199.00. We apologise for any inconvenience or misunderstanding.



thought.



GLEN EIRA CITY COUNCIL