

JUNIOR GENERAL NURSING THEORY PAPERTime allowed: 2 hours

IMPORTANT - Read your questions very carefully.
 Answer only what is asked as no marks
 will be given for irrelevant material.
 All questions to be answered.

1. Describe in detail how you would estimate accurately the temperature, pulse and respirations of a child one-year of age, on admission to the ward, using the following headings:-
- (a) reception of child;
 (b) equipment required;
 (c) method. 20 marks
2. An elderly patient is to be confined to bed for a long period. Discuss the nursing measures you would take to prevent the following complications:-
- (a) pressure sores; 6 marks.
 (b) broncho-pneumonia; 2 marks.
 (c) retention of urine; 4 marks.
 (d) constipation of faeces; 4 marks.
 (e) boredom; 4 marks.
20 marks.
3. How can the transfer of micro-organisms (bacteria) between patients in a surgical ward be reduced? 10 marks.
4. (a) Collection of mucus, food particles and bacteria are called scorpes.
 (b) Large amounts of urine being secreted is known as polyuria.
 (c) An agent which induces vomiting is called emetic.
 (d) Coughing up of blood is called haemoptosis.
 (e) A dark tarry stool is known as melena.
 (f) A pulse which beats below 60 per minute is known as bradycardia pulse
 (g) A temperature of 104°F. (40°C.) is known as hyperpyrexia.
 (h) Difficulty in respiration is called dyspnea.
 (i) An abnormally low blood pressure is known as hypotensio.
 (j) The condition when no urine is being secreted is known as anuria. 10 marks.
5. What first-aid measures would you render when a visitor to the ward has a fit? 10 marks.
6. What precautions are taken in:-
 (a) the storage; and
 (b) the administration of medicines in a hospital ward to ensure safety and accuracy? 10 marks.
7. (a) A patient has just passed 8 ounces of urine. How would you record this in millilitres? 1 mark.
 (b) How many drachms in 1 pint? 1 mark.
 (c) How many ounces in 1 litre? 1 mark.
 (d) A child weighs 4 stone; what is his approximate weight in kilograms? 1 mark.
 (e) How would you prepare 1 litre of normal saline 0.9% from saline 18% 6 marks.
10 marks.
8. A patient is restless and unable to sleep at night. List the possible causes and the nursing measures which may be used to relieve the causes you have mentioned. 10 marks.