

First Professional Examination—General Nurse Training

2ND AND 3RD JUNE, 1965

JUNIOR GENERAL NURSING THEORY PAPER

Time allowed : Two hours

Important :—

Read your questions very carefully.  
Answer only what is asked as no marks will be given for irrelevant material.  
ALL questions to be answered.

1. An elderly sick female patient is admitted to your ward.
  - (a) What are the nurse's responsibilities regarding her personal hygiene ? —[11 marks]
  - (b) What steps would you take to prevent the occurrence of pressure sores ? —[8 marks]
  - (c) How would you ensure she received an adequate intake of fluid and food ? —[6 marks]—[25 marks]
  
2. (a) The following is a list of signs and symptoms :  
Twitching.  
Aura.  
Rigor.  
Unconsciousness.  
Tonic spasms.  
Incontinence.  
Sweating.  
Pyrexia.  
Shivering.  
Which of the signs and symptoms listed above refer to :
  - (i) Faint. —[5 marks]
  - (ii) Fit. —[5 marks]
  - (iii) Infection ? —[10 marks]
- (b) What nursing measures would a junior nurse employ to assist a patient during a fit, and what observations would she make ? —[5 marks]
  
3. (a) "Special care is required to prevent spread of infection in hospital." Give the reasons for this statement. —[5 marks]
- (b) "The hands of the attendants are a likely cause of infection." How can the nurse help to prevent this ? —[5 marks]
  
4. (a) A patient has suffered a nose bleed. What is another name for this condition ? —[5 marks]
- (b) What nursing measures could a junior nurse employ to help this patient ? —[5 marks]
  
5. (a) Prepare 1 litre of Aqueous Chlorhexidine 0.05 per cent. from a stock solution of 1 : 20. —[5 marks]
- (b)
  - (i) How many grams in one ounce ?
  - (ii) How many minims in one millilitre ?
  - (iii) How many pounds in two kilograms ?
  - (iv) How many millilitres in one litre ?
  - (v) How many ounces in one litre ?—[5 marks]
  
6. (a) Define pulse. —[1 mark]
- (b) What are the contra-indications for taking an oral temperature ? —[3 marks]
- (c) Describe how you would take and record the temperature of a baby. —[6 marks]
  
7. (a) How could you make an elderly helpless male patient comfortable on a very hot day ? —[10 marks]
- (b) This patient has been ordered restricted fluids. How could you maintain his oral care, and prevent him from being thirsty ? —[5 marks]
  
8. (a) A dark, tarry stool due to the presence of blood is called..... —[15 marks]
- (b) Inability to void urine from the bladder is called.....
- (c) Lack of appetite is called.....
- (d) An abnormally slow pulse is called.....
- (e) Vomiting of blood is called..... —[5 marks]
  
9. How would you collect :
  - (a) a specimen of faeces :