THE ANSWER SALE LEGACY

Issue 220 - December, 1996

Dear Ladies,

Published by: Junior Legacy, Melbourne. (ACN 004 301 348) Print Post Approved PP 349181/00313

In October I had the pleasure of attending the Inauguration of a new Legacy Widows' Club in Melton. I was accompanied by Legatees Laurie Rounds and Harry Whitehouse. We were most impressed by the enthusiasm and all that we observed. If you are not attending one of our Widows' Clubs I v 'd certainly encourage you to do so, if you can manage it. Contact Joan Miller at Legacy House for advice about joining (Telephone 9663 3564).

Thanks to everyone who participated in Veterans' Health Week activities, particularly our Garden Walks and the Seminar at Legacy House on hospital procedures. See page 12.

We have included an article on page 20 of this issue seeking more volunteers for our Home and Hospital Visits Group - Please give it consideration if you can.

Finally on behalf of the President and all Legatees I extend best wishes to you all for a very Happy Christmas.

Best Wishes. Legatee (Salty) Saltmarsh, Committee Chairman



Our Disabled Dependants enjoying the Show Day Outing (See Page 13)

MELBOURNE LEGACY: Address - Legacy House, 293 Swanston Walk, Melbourne 3000 Telephone - (03) 9663 3564 Fax (03) 9663 3015 President - Legatee R.H Ward Patron - His Excellency the Governor, the Honourable Richard E. McGarvie AC.





Merry Thristmas



IN THIS ISSUE:

CONTENTS:

Diary Page 4
Welfare " 3,5,7,20
Notices " 6,9,11,15
Feature Events " 12,13,20,24
Club News " 8,10,14,16,18

Travel/Theatre " 17,19,21 Contributions " 22,23

From The Editor:

I hope to see many smiling faces at the Town Hall Concert Monday 2nd December with the RAAF Band. Doors open 11.30am, Carols 12 noon, Concert commences 12.30pm.

I wish you all a holy, happy & safe Christmas with your families & friends, and a healthy and

prosperous 1997. We have many varied activities planned to fill your diaries throughout 1997!

Love to you all JOAN.



FUTURE ISSUES OF"THE ANSWER"

We will publish six issues of "The Answer" in 1997.

<u>ISSUE</u>	COPY DEADLINE	DISTRIBUTION
Feb 97	6 Jan 97	Last week Jan 97
Apr 97	1 Mar 97	Last week Mar 97
Jun 97	1 May 97	Last week May 97
Aug 97	1 Jul 97	Last week Jul 97
Oct 97	1 Sep 97	Last week Sep 97
Dec 97	1 Nov 97	Last week Nov 97

When you send us your recipes, poems, stories & jokes, <u>if possible please identify the author of any item that is not your own original work & confirm that clearance has been given for publication</u>.

Photographs must be in sharp focus & have good lighting with caption on separate sheet.

Christmas Concert 1996



JOIN US AT THE MELBOURNE TOWN HALL, on Monday 2nd December.

Doors open 11.30am Carol Singing 12 noon

RAAF Band Concert commences 12.30pm

BOOKINGS: Not required, just turn up and enjoy the day.

Christmas Cards

Cards in packs of 10 are now available from Legacy House. Prices per pack range from \$4.50/\$5.50/\$6.50 per pack. All proceeds to Legacy. Brochures available from Joan Miller 9663 3564

Angelic Choir Boy \$4.50 per pack of 10 A very Merry Christmas and all the best wishes for a Happy New Year





One of the key ingredients to a happy and healthy old age is mobility. Being able to move around freely and comfortably is essential to a person's lifestyle, health and sense of well being. Mobility is dependent, among other factors, on feet, legs and hips functioning adequately without pain, deformity or medical complications. In a lifetime, the typical pair of feet walk 400,000 kilometres (the equivalent to trekking three times around the world) and are subject to a great deal of trauma, use, misuse and neglect.

If your feet hurt, you hurt all over. The next step should be to seek a solution for the problem. A podiatrist can help. As people get older there are a host of medical conditions that affect the feet. For example, rheumatoid arthritis commonly affects the smaller joints of the foot, while osteoarthritis usually involves the big toe. Arthritis often affects the feet, in some cases causing deformity (bunions, bent toes) and



enlarging the joints so severely that walking is painful and shoes are difficult to fit into.

There are a lot of ways to relieve foot pain. A first step is to wear appropriate footwear. Simple accommodative pads or custom made orthoses (insoles) in shoes can also help. Severe cases however, may require surgery.

Some people with diabetes have reduced blood circulation and little sensation in their feet. Compromised circulation means that any cuts, trauma etc prone to infection. Calluses and dry skin need to be treated by a podiatrist as they are likely to crack and cause infection. Reduced sensation results in an insensitive foot which is vulnerable to trauma. Daily foot inspections, therefore, are crucial. A podiatrist can assess your level of circulation and sensation. Regular treatment and assessments by podiatrists can prevent unpleasant complications.

General Care

Blisters, corns and calluses are the skin's natural protection against injury and are usually caused by poorly fitting shoes that press against parts of the feet. They can also be caused by your feet sliding around in shoes that are too big. Over the counter "corn cures" are usually inappropriate and dangerous for anyone with poor blood circulation or who has diabetes. For permanent relief, make sure your footwear is fitted professionally. Your podiatrist can identify your foot type and advise on what are the most appropriate features to look for in shoes. So rather than being complacent with your feet and hoping that niggling pain will go away, seek professional footcare from a registered podiatrist. You only have one pair of feet so look after them.

Refer to your Yellow Pages for a list of podiatrists in your area, or contact the Australian Podiatry Association on (03) 9866 5906.

Extracts from an article by Justin Brassier

Australian Podiatry Association

For eligible veterans and war widows, your Local medical officer (LMO) may refer you directly to the closest local registered podiatrist for up to six visits in a twelve month period. Should more frequent treatment be required, the podiatrist must submit a report to DVA outlining the need for further treatment. For further information call 9284 6000



DECEMBER

MONDAY	2ND	FREE CONCERT AT MELBOURNE TOWN HALL		12 NOON		
TUESDAY	3RD	SWIMMING YWCA - SEE PAGE 11	EXERCISES	11.00 A.M.		
TUESDAY	3RD	CRAFT WORKSHOP		11.00 A.M.		
WEDNESDAY	4TH	BOWLS		10.30 A.M.		
THURSDAY	5TH	PAINTING 11AM	DAY TRIP TO GLENMAGGIE	9.00 A.M.		
FRIDAY	6TH	KEEP FIT - PAGE 11	DATE THE TO GERMINAGE	5.00 A.M.		
MONDAY	9TH	BOWLS		10.30 A.M.		
TUESDAY	10TH	SWIMMING YWCA - SEE PAGE 11	EXERCISES	11.00 A.M.		
TUESDAY	10TH	CRAFT WORKSHOP	EXENCIDES	11.00 A.M.		
WEDNESDAY	11TH	BOWLS 10.30AM	BOWLS CHRISTMAS PARTY	11.00 A.W.		
THURSDAY	12TH	PAINTING CHRISTMAS PARTY	WWI GROUP PARTY			
FRIDAY	13TH	KEEP FIT - SEE PAGE 11				
MONDAY	16TH	BOWLS		10.30 A.M.		
TUESDAY	17TH	SWIMMING YWCA - SEE PAGE 11	EXERCISES	11.00 A.M.		
TUESDAY	17TH	CRAFT WORKSHOP		11.00 A.N		
WEDNESDAY	18TH	WIDOWS CLUB COMMITTEE MEETING		10.30 A.M.		
WEDNESDAY	18TH	CARDS CHRISTMAS PARTY		12.30 P.M.		
FRIDAY	20TH	LEGACY HOUSE CLOSES 12 NOON, RE-OPENS 9	AM THURSDAY 2/1/97, AUDREY ON			
UNTIL MONDAY	20/1/97	. TEA/COFFEE FACILITIES ONLY BETWEEN 2/1 - 1:	3/1/ LADIES CAN MAKE USE OF THE	LLAVE		
	CLUBROOMS AND BRING A PICNIC LUNCH.					
WEDNESDAY	25TH	CHRISTMAS DAY OUTING TO KILCUNDA		9.00 A.M.		
				5.55 A.M.		

JANUARY 1997 ABRIDGED PROGRAMME

THURSDAY	2ND	LEGACY HOUSE RE-OPENS		
MONDAY	6TH	BOWLS		10.30 A.M.
WEDNESDAY	8TH	BOWLS		10.30 A.M.
THURSDAY	9TH	DAY TRIP TO CAPE SCHANK		9.00 A.M.
MONDAY	13TH	BOWLS		10.30 A.M.
WEDNESDAY	15TH	BOWLS 10.30 AM.	MATINEE "SUNSET BOULEVARD"	1.00 P.M.
FRIDAY	17TH	KEEP FIT - SEE PAGE 11		V
SUNDAY	19TH	MATINEE "HMS PINAFORE" ARTS	CENTRE"	4.00 P.M.
MONDAY	20TH	BOWLS		10.30 A.M.
WEDNESDAY	22ND	BOWLS 10.30AM	MATINEE HMS PINAFORE - ARTS CENTRE	1.00 P.M.
FRIDAY	24TH	KEEP FIT - SEE PAGE 11	MORNING MELODIES - CONCERT HALL	1.30 P.M.
MONDAY	27TH	BOWLS		10.30 A.M
TUESDAY	28TH	CRAFT WORKSHOP 11AM	EXERCISES	11.00 A.N.
WEDNESDAY	29TH	BOWLS		10.30 A.M.
THURSDAY	30TH	PAINTING		11.00 A.M.
FRIDAY	31ST	KEEP FIT - SEE PAGE 11		

FEBRUARY 1997 ABRIDGED PROGRAMME

MONDAY	3RD	AGM MELBOURNE COMMITTEE 2ND FLOOR	ACTIVITIES ROOM 10.30	AM. PRESENTATION OF
COMMITTEE MI	EMBERS I	FOR 1997 12.30 PM PRIOR TO 1ST FREE MONT	THLY CONCERT LEGACY H	OUSE 1PM.
TUESDAY	4TH	SWIMMING YWCA - SEE PAGE 11		
SATURDAY	8TH	MATINEE "HMS PINAFORE" ARTS CENTRE		2.00 P.M.
TUESDAY	11TH	SWIMMING YWCA - SEE PAGE 11		
WEDNESDAY	12TH	MATINEE "SWEET CHARITY" HER MAJESTY"	s	1.00 P.M.
TUESDAY	18TH	SWIMMING YWCA - SEE PAGE 11		
WEDNESDAY	19TH	MATINEE "SUNSET BOULEVARD" REGENT		1.00 P.M.
WEDNESDAY	19TH	1ST WIDOWS CLUB COMMITTEE MEETING		10.30 A.M.
WEDNESDAY	19TH	HOME & HOSPITAL GROUP 12 NOON	CARDS	12.30 P.M.
TUESDAY	25TH	SWIMMING YWCA - SEE PAGE 11		
THURSDAY	27TH	DAY TRIP TO MORNINGTON PICNIC DAY		9 30 A M

The Newsletter provides information on a range of services for the benefit of our ladies. Items are welcomed for inclusion. However as publication does not necessarily mean endorsement Legacy cannot be held responsible for non-performance of goods and services. A decision to proceed is entirely at the discretion of the individual.

WALK WITH CARE

Are you a **Grandmother** or a **Great Grandmother**? Do you still drive?

Do you travel in a car as a passenger with your Grandchildren or Great Grandchildren?



- 503 CHILDREN UNDER THE AGE OF 6 YEARS WERE KILLED/INJURED ON VICTORIA'S ROADS LAST YEAR
- 79% WERE KILLED/INJURED WHILE THEY WERE PASSENGERS IN MOTOR VEHICLES
- 50% WERE NOT WEARING SEAT BELTS OR CHILD RESTRAINTS
- THE OTHER 50% WERE IN RESTRAINTS THAT WERE INCORRECTLY FITTED OR ADJUSTED

If you are the driver of a car you have by law a legal responsibility, when travelling with your grandchildren, to ensure that they are correctly restrained for their weight and height, and that the restraint is correctly fitted and adjusted.

As a guideline, the following applies:

Infant Restraints:

- Up to 9 kg

[- Up to 700mm long (approx 6 months)]

Child Car Seats:

- 8 - 18 kg (approx 6 months to 4 years)

Booster Seats

- 14 to 26 kg (approx 3 ½ to 6 years)

Child Harnesses:

- 14 to 32 kg (approx 3 ½ to 8 years)

For full information about restraints and restraint fitting stations please contact the VicRoads Bookshop on (03) 9854 2782 and ask for the "Choosing and Using Restraints" brochure and the "Restraint Fitting Stations Get It Right" brochure.

If you have any queries on Pedestrian Road Safety, please contact Mary Robins,

Metro South East Region, on (03) 9881 8013 or Sharon Wishart,

Metro North West Region, on (03) 9345 4497.



TRAVEL REIMBURSEMENT - AUSTIN & REPATRIATION MEDICAL CENTRE

Due to declining usage, the Veterans' Affairs Transport Reimbursement Office at the Austin & Repatriation Medical Centre has closed. After that date eligible Veterans and War Widows attending for treatment at the Austin & Repatriation Medical Centre, will be able to choose any one of the following ways of obtaining reimbursement.

- 1. Leave a completed travel claim form in a collection box situated at the Transport Departure Desk, Outpatients Lounge, on the Hospital's Repatriation Campus.
- 2. Obtain an immediate cash payment over the counter at the Department of Veterans' Affairs, Ground Floor, 300 Latrobe St, Melbourne.
- Forwarding the travel claim in the post to: Department of Veterans' Affairs, P.O. Box 87A, MELBOURNE VIC 3001



FOR FURTHER INFORMATION -

Please contact the Department's Repatriation Transport Manager, Mr John Folan, 9284 6500.

STAMP REPORT

I know I tell you the same things all the time, but my message hasn't got through to some. As a result we are losing a lot of money. Please tear off on the double envelope leaving at least





an inch of paper around the stamp. It makes it far easier and quicker for the trimmers to see if they are damaged in any way. For selling the buyer asks for them to be neatly trimmed and not just torn off. If in doubt please ring me with your query.

Beryl Billing 9546 9208



By remembering Legacy in your Will, you can help them continue to look after Australia's biggest dependant family.

Legacy is a voluntary organisation of returned ex-service personnel dedicated to the care of widows and children of comrades who died on active service or subsequently. It is the only such organisation, and relies on contributions from the community, of which bequests are a significant factor, to fund its welfare programmes for "Australia's biggest dependant family."

If you would like to find out more about bequests to Legacy, please write to: The Executive Officer, Melbourne Legacy, Legacy House,

293 Swanston Walk, Melbourne 3000

or Tel: (03) 9663 3564

PRE-PAID FUNERALS

WHAT DOES A PRE-PAID FUNERAL CONTRACT COVER

A pre-paid funeral contract can include a burial, cremation or any other service provided by a Funeral Director. It is an agreement made before the death of the person in respect of whom the service is to be supplied. The contract should specify details of the funeral service plus all goods, services and facilities intended to be part of the funeral. State Government legislation sets down rules to protect monies paid and interest earned and to make sure any administration or other fees are identified. Those items covered and paid for should be listed. In some cases people can leave some items until later e.g. grave costs, advertisement costs etc.

Payment can be made immediately in full for the funeral service that meets your needs. In that situation the price is fixed forever. Alternatively you can make payment by instalments. As an indication you might expect to pay around \$3,000 or less for a basic funeral. The actual cost depends on what you decide should be included, particularly whether it is a burial or cremation.

In purchasing by payment in full or by instalments, it is necessary to deal through a Funeral Director to fix the pre-arrangement funeral price. Friendly Societies, at present, have a tax advantage over Insurance Companies in their operation. Funeral Bonds purchased through Friendly Societies enable individuals to pay amounts limited to specific portions of a funeral arrangement as money becomes available. Also, it is suggested that you check what happens if the death occurs before instalment payments are completed.

WHAT ARE SOME OF THE ADVANTAGES

Most people say that the greatest benefit is knowing that everything is in place and that their family will be spared from decision-making at a difficult time.

You can relax knowing all costs have been met because you have a fixed price agreement.

Making payment for a pre-paid funeral will reduce the amount of money you have invested - your taxable income will be less and for some people that can help them maintain pension entitlements. Also, the payment made for a pre-paid funeral is <u>not</u> counted as part of your assets for the pension asset test, unless it exceeds \$5,000.

THINGS TO WATCH OUT FOR

Some people are encouraged to take up some of the high cost funeral options and end up spending much more money than is necessary. Also some operators may return later to encourage you or your dependants to spend more on so called "new" options, or to ask you to nominate friends who may be interested in a pre-payment funeral arrangement.

Check what arrangements apply if you die while travelling interstate/overseas or if you move residence permanently.

Check as to who can terminate the agreement and under what circumstances.

Check that your investment is protected regardless of whether the funeral director or financial institution involved goes out of business.

Keep the document in a safe but available place.

AUSTRALIAN OWNERSHIP

In recent times a large number of funeral companies have been taken over by overseas interests. If you want to utilise an Australian owned company, you should check this point before entering an agreement. Melbourne Legacy has a full listing of Australian owned funeral companies - telephone Legacy House (9663 3564) if you would like details from that listing.

CLUB NEWS

ASHBURTON LEGACY WIDOWS' CLUB

A happy & peaceful Xmas to all, safe & enjoyable holidays. Our street stall was successful despite poor weather, but we were amply compensated by a perfect day at Olinda Rhododendrons with BBQ lunch at Silvan Dam. In Oct the Boomerang Variety Group entertained us with delightful comedy & singalong. Our break-up dinner was held at the Tatra Hut in Nov. We thank all members for making 1996 such a pleasant year.

Meetings 3rd Wed at 12.30pm. Pres- B Mitchell 9885-4034 Hon Sec - S Eagle 9897-3135 V Co - N Ferguson 9568-2929 J Hitchcock 9569-7183

BAYSWATER LEGACY WIDOWS CLUB

Our Nov craft stall was a great success. We look forward to our Xmas Lunch at the Sky-High Restaurant, Mt.Dandenong. Sincere thanks to our committee members & our Legatees & their wives for their continued support. We are indebted to the Bayswater RSL sub-branch for allowing us the continued use of their premises. Happy Christmas to Mrs Miller & all at Legacy.

Meetings 1st Friday of month at 1pm Pres - V Quintrell 9758 3968 Hon Sec- L Morliere 9870 5069

BEAUMARIS LEGACY WIDOWS CLUB

Many of our ladies have recovered from their illnesses and we are pleased to welcome them back. We are now looking forward to our Xmas Luncheon Mon 9th Dec. We hope it will be a very happy day. Merry Xmas to all the Legacy Widows.

Meetings 4th Mon.at 1.30pm Pres - M Brearley 9583 6449 Hon Sec-R Clarke 9598 7483 Welf - M Pinkstone 9589 3737 Soc Sec - T Emry 9598 6112

BENNETTSWOOD LEGACY WIDOWS CLUB

We at Bennettswood have had a wonderful year. Unfortunately we lost one of our members. Mary Rogers died in early Oct. Deepest Sympathy to her family. Our Xmas party in early Dec. will be at the Tatra Hut. Merry Xmas to all Victorian Legacy Club ladies & their families & a happy 1997.

Meetings 3rd Thurs at 10am Pres - M Willis 9808 8623 Hon Sec - J Kitchin 9808 5230 V Co-ord - H Crow 9886 1947

BERWICK LEGACY WIDOW'S CLUB

Legatees Col Marshall & John Bellair who returned after his recent illness were both present at our Oct Meeting. We had a talk by John Grundy of the "Greenery" Berwick. Our Pres welcomed a new widow Mrs Walters. Her husband was our recently deceased Legatee Fred Walters. We look forward to our Xmas outing to the Emerald Golf Club.

Meetings 2nd Mon at 1pm. Pres - A Ford 9707 4231 Sec - J Tivendale 9707 1276

BLACKBURN LEGACY WIDOWS CLUB

Our Sorrento trip was a success. Next outing is the Xmas Lunch. Xmas greetings to all at Legacy House & all sister clubs. 1st outing in 1997 will be Legacy Picnic in the Valley Wed 12/3. 1st Meeting Monday 10/2. Best wishes to sick members & those in hospital. New members welcome.

Meetings on 2nd Mon at 11am Pres - Pat Battye 9878 0539 Sec - Nell Thomas 9877 5802 V.Co - Edna Boag 9878 6653

BORONIA LEGACY WIDOWS CLUB

We continue to grow, we had 5 new members at our October Meeting. We had an interesting talk from the Chemist from Veterans' Affairs about taking medication. We are looking forward to our Christmas Breakup.

Meetings 3rd Friday at 1pm Pres - M Howie 9762 9641 Sec - D Stott 9762 8050

BOX HILL LEGACY WIDOWS' CLUB

Meetings are now at Box Hill RSL's new building. Member Jean Cochrane suffered a stroke in Oct & is now a patient at Peter James rehabilitation centre. Ada Sparrow is in St. Georges' Hospital. Our good wishes to both. Our enjoyable Xmas dinner was at Tudor Hotel in Box Hill. We enjoyed our trip to Grovedale in Oct with a 3 course meal & a drive round the beach. Happy Xmas to members of all Legacy Clubs & a bright, healthy New Year.

Meetings every 3rd Monday of the month at 9.45am Pres - O Milne 9890 8516 Hon Sec - J Crosbie 9898 1121 V.Co - B Laurie 9899 6293

CAULFIELD/ST KILDA LEGACY WIDOWS CLUB

So another year has passed. Our President wishes all members a happy Xmas & a happy & prosperous New Year. Wednesday 4th Dec is our last Meeting for the year. Wednesday 11th December Activities Day. Wednesday 18th Dec, our Xmas Luncheon at the RSL. Jan. we take a break.

Meetings 1st Wed at 2pm Pres - M Newton 9555 5815 Sec - P Thompson 9531 6478 V.Co-ord S Cornish 9569 5571

UPPER YARRA LEGACY WIDOWS' CLUB

Advance Notice of Upper Yarra's Picnic in the Valley, on the 12th March 1997.

At Upper Yarra RSL,

Settlement Road, Yarra Junction

FROM 10AM - 3PM

Refreshments available - Hot & Cold Drinks
Basket Lunch Donation \$2.00

ENQUIRIES: J ELLIOTT (03) 5967 1934



"Recollections & Reflections" - By Barbara Clayton

Barbara is the wife of one of our East Gippsland Legatees and has donated to Melbourne Legacy a number of copies of her book "Recollections and Reflections". It is a most attractive 70 page book of poems written for especially for women. With its special artboard and artpaper presentation it would certainly make a delightful small Christmas Gift. One of her poems appears in our contributions section on page 23.

THEY WILL BE ON SALE AT \$6.00 EACH AT OUR CHRISTMAS CONCERT

or alternatively order from Joan Miller at Legacy House.



ADVICE/ASSISTANCE FROM LEGACY

Most Legacy Widows will be aware of the Contact Legatees in their local area who can provide advice and assistance when problems arise. Others are reminded that they can contact a Legatee on duty at Legacy House Melbourne between 10 a.m. and 3 p.m, Mondays to Fridays by visiting Legacy House

(293 Swanston Walk) or by telephone 9663 3564.

Another opportunity for you to obtain advice from Legacy is at the monthly Widows Club Meeting - a Legatee attends these meetings and provides advice - see Club News Section of the newsletter.

HOUSING MAINTENANCE/RENOVATIONS

Melbourne Legacy provides an information service of names of tradesmen/contractors who are able to provide housing maintenance/renovation services. Widows may obtain names from our Tradesman's list by telephoning the Housing Clerk at Legacy House 9663 3564, However, PLEASE NOTE:-

We do not accept responsibility for the standard of work carried out by those on the list.

FREE HOME RENOVATION ADVICE

The Home Renovation Advisory Program is a free home inspection service offered under the Home Renovation Advisory Program. If you have home renovation work that needs to be done Melbourne Legacy suggests that you contact HARP for <u>free</u> expert advice and a cost estimate. Melbourne Legacy strongly recommends that contact with HARP should be the first step for any



strongly recommends that contact with HARP should be the <u>first</u> step for any home maintenance work, except for any minor jobs. We also recommend that at least two quotations be obtained and that they be checked against the advice and cost estimate from HARP before entering any agreement to have the work done.

An appointment can be made by "phoning" Joanne on 9670-3911

CHELSEA LEGACY WIDOWS CLUB

Our Sept. Lunch Meeting was followed by successful fundraising for Legacy, thanks all members. The Oct Meeting enjoyed "Trish's Treasures". The Deli tour outing was a happy event. We now have handsome Peninsula Legacy pens available. We look forward to our Xmas Lunch at the Stamford Hotel 11/12 - bookings essential. Hopefully our "sickies" will be well enough to join us. Safe, healthy and happy Festive Season to all.

Meetings held on the 2nd Wednesday at 1pm Pres - B O'Brien 9772 1490 Sec - P Cash 9772 3917

CLAYTON LEGACY WIDOWS CLUB

Our Sept Meeting was well attended. We enjoyed a visit to the Spanish Horse Riding School in Shepparton where a young woman trains the ponies. It was interesting to see their acts & obedience. In Oct we enjoyed hearing about our "Court Network" by a lady who helps people with problems facing the court sessions. A bus trip to Maldon was enjoyed.

Meetings 1st Fri at 1.30pm Pres- S Buckle 9560 9417 H Sec - B Richardson 9579 2230 V-Co-ords L Roberts 9570 3620 & S Masson 9807 1095

COBRAM & TOCUMWAL DISTRICT LEGACY WIDOWS' CLUB

Meetings are well attended regardless of weather. Yarrawonga Ladies joined us for Xmas in July at Tocumwal Golf Club,lovely entertainment & dinner. Many talks & outings during the year have included a happy visit to Daucile to see the display of oil lamps, antique china & furniture, & Devonshire tea. We continue to welcome new members. Cheerio to those on the sick list, we wish them brighter days ahead. Xmas Greetings to all.

Meetings 4th Friday of the month at 2pm
Pres. A Radcliffe (03)5872 128?
H.Sec. B Jordan (03)5872 297.

COBURG LEGACY WIDOWS CLUB

Merry Xmas, Happy New Year to all clubs. Legacy Sunday was a lovely day. To our members who are not well we are thinking of you. Welcomed 6 new ladies. Guest speaker from Vet Affairs, Arnold Wheeler, most informative. We had a trip to Werribee Park Zoo & a lovely day at Mt. Worth. We were saddened by the passing of Hazel Cantwell & Olive Coole.

Meetings 2nd Thurs at 10.30am Pres- U Van Prooyen 9306 8279 Sec - D Hanna 9359 2231 V Co-ord- J Coomber 9354 5613

CRANBOURNE LEGACY WIDOWS CLUB

At our last Meeting we enjoyed very pleasant and relaxed company. The Meeting was very well attended and forthcoming trips were discussed. We wish our fellow sisters & clubs a very Happy Christmas and a safe and healthy New Year.

Meetings 2nd Monday of month at 1.30pm Pres - E Searle (03) 5996 2655 Hon Sec G Bell (03)5996 3688

DANDENONG LEGACY WIDOWS CLUB

Our 5 day trip was enjoyed by all and our day trip to Shepparton to see the spanish horses was a great success. The money for Sunset Boulevard must be paid at our December Meeting. Don't forget our Xmas Luncheon at Sky-High, Wed 11th Dec. Make sure your name is on the list. A Merry Xmas and Happy New Year to all.

Meetings 2nd Wed at 1pm Pres - B Steer 9706 3273 Sec - L Thomas 9792 0400

DONCASTER & TEMPLESTOWE WIDOWS CLUB

In Nov we enjoyed "Melbourne Cup Fashions on the Field" and our Xmas Luncheon at Alfred's Homestead. Veterans' Health Week was enjoyed by all. Please bring a plate to our Dec Lunch Breakup. 1st 1997 Meeting will be in Feb. New Members welcome. Happy Xmas & New Year to all.

Meetings held every 2nd Monday of the month at 11am. Pres - Joy Clarke 9848 3817 Sec - S Collings 9848 3131

EPPING LEGACY WIDOWS CLUB

Recent outings included lunch at Bacchus Marsh, Alfred Homestead, Frankston. Also our \$2 day when we catch public transport & visit places of interest. We had demos of clothing, leather, baltic wood etc. Meetings average 30-36. Fortunately we have the RSL bus for outings. In Oct we took ladies from the area's hostels & nursing homes to DVA's concert.

Meetings 1st Tues at 11am. Pres - M Woods 9401 5292 Sec - N Oakley 9404 4419 S Sec - D Cook 9401 5292

ESSENDON LEGACY WIDOWS CLUB

A successful Soup & Pie Day was enjoyed by our ladies & a lovely trip to Olinda to Tesselaars Tulip Farm in Sept. A visit to Werribee Park Mansion, Zoo & Rose Garden in Oct was very popular. We look forward to our Xmas Lunch at Clifton Springs. We continue to grow & had 101 ladies at our last meeting. Hope our sick members continue to improve in health. Happy Christmas, Good Health & Peace in the New Year to all Legacy ladies.

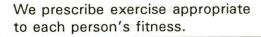
Meetings 3rd Thurs at 10.30am Pres - B. Penberthy 9379 1874 Hon Sec - V. Bourke 9374 2519 V Co - L McDougall 9379 1796

GENTLE EXERCISE CLASSES

Our popular floor and chair exercise classes are conducted by qualified instructors Betty Luders & Bill Stevens Tuesday Classes 10.30 am - 11.30am Class instructor: Bill Stevens Friday Classes by Carol Monoghan until March.

NEW FRIDAY EXERCISE TIMES

- 1. 10.10am 10.40am Chair
- 2. 10.45am 11.25am Active
- 3. 11.30am 12 Noon Chair
- 4. 12.05am 12.35pm Chair
- 5. 12.40pm 1.20pm Active



WATER EXERCISE CLASSES

The City Baths are closed for renovations from 1/12 until the beginning of March 1997

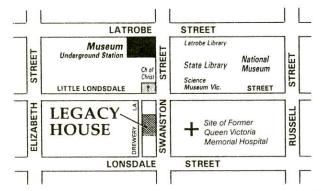
There will be 3 swimming and water exercise classes held in December on Tuesdays 3rd, 12th and 17th at the YWCA 489 Elizabeth Street No Classes in January

Classes in February resuming 4/2/97 Enquries B. Charles 9808 6655



YOUR CLUBROOMS AT LEGACY HOUSE, MELBOURNE

Clubrooms are open weekdays (10 a.m. to 3.30 p.m.). All Legacy ladies are welcome to call in for a snack, a chat or just to rest.



TUNE TO 96.5 ON THE FM BAND TO SEE IF YOU CAN PICK UP LEGACY'S OWN RADIO SHOW - FRIDAYS AT 12 NOON.
Community Radio 3 INR

STARTING 1997 - FREE 8 WEEK STEP REEBOK/WALKING PROGRAM

The program will include, 2 free checks on fitness, strength, blood pressure, heart rate, balance, co-ordination. Fully supervised sessions. The program will commence April 1997, so sign up now!! Contact Joan Miller, Legacy House. 9663 3564

Historical Tours of Victoria Barracks

Group tours of the historic Victoria Barracks in St. Kilda Road, Melbourne are now open to the public. For tour details & bookings phone 9282 5999

A Picnic in the Park

Thursday 27th February 1997 10.30am until 4.00pm approx.

With the Combined Peninsula Legacy Widows' Clubs, In Mornington Park

Cnr. of Main Street & The Esplanade

Free entertainment arranged by the Amarillo Duo starring Roy Kent Also featuring "The Girls' Night out" and Georgia Keenar.

Bring your family/friends everyone welcome.

■Craft Stalls ■Soft Drinks Stall ■Devonshire
Teas ■Ice Cream Van ■Hot Potato Man

<u>ENTRY - \$2.00 (Includes Sausage Sizzle Lunch)</u>

<u>BYO</u> Chair, Hat & Cup. Bookings essential telephone or write to:

Mrs Marie Williams 23 Sarazen Street, Rye 3941 Telephone 059 85 3458 Coach from Melbourne - See Page 17



Enjoying Life in Veterans' Health Week 1996









Over 80 events were held in Victoria as part of Veterans' Health Week 1996 with the motto of "Enjoying Life". Melbourne Legacy is represented on the State Planning Committee by Legatee Lloyd Saltmarsh.

The Minister for Veterans' Affairs, Mr Bruce Scott, launched the National Week at the annual Veterans' Health Week Afternoon Tea Dance. Three hundred people danced in style to the music of the Mellow Tones, filling the Dance Floor every dance. During a delicious afternoon tea, Melbourne Legacy Line Dancers demonstrated their fun style of dancing and encouraged everyone to join them.

Another special event was the Victoria Police Band Concert at the Heidelberg Civic Centre. The Centre came alive with the big band sound and big voices of Constables Daina Jowsey & Brian Carbery. Nearly 700 people attended the concert, many of whom made a special effort to come from Nursing Homes, Hostels & Special Accommodation Homes.

On the Friday of Veterans' Health Week, Melbourne Legacy hosted a special Veterans' Health Week reception for cyclists Jack Griffin and Eric Doughty, who had recently completed their round Australia cycling expedition. Jack (72) and Eric 76)were warmly received by Melbourne Legacy. The cyclists joined the Legacy ladies in front of cameras from Channel 2 and 9 to show their exercise prowess - See also pages 15 and 20.

If you would like to find out more about Health Promotion activities throughout the year, write your name and address on the back of an envelope and send it to: Health Promotion Unit, DVA, GPO Box 87A, Melbourne 3001.

DISABLED DEPENDANTS REPORT

Our Disabled Dependants and many willing helpers had a wonderful day at the Melbourne Show in September. As you can see from the photos it was a good experience for everyone.



October Meeting Report from Dot Kenny

The October Meeting of DDC was very well attended & we had lots of new young volunteers to take our young people out to the Botanic Gardens for a picnic lunch and fun and games. All had a lovely day, thank you to all who helped out. The Mothers also had a very good attendance and after our two very hurried meetings we all adjourned for lunch this month provided by Prahran Malvern Branch of Legacy. I'm sure they enjoy this day as much as we do they are always so obliging many thanks for a lovely meal. After lunch instead of our usual concert party put on by members of Committee we had a change and all played games with much fun and laughter with "very big prizes for the winners". We all enjoyed this day very much and must repeat it. Cheerio for now.

FOOTSCRAY LEGACY WIDOWS CLUB

Our annual stall in Sept was a great success. Thanks to our girls who worked so hard & braved the chilly weather. Our Xmas raffle is a beautiful hand-turned & upholstered rocking chair, hop in quickly as it will be drawn at the Xmas Party 11/12. Foundation member Dorothy Latta resigned due to ill health. Thanks are extended to her for many years of support.

Meetings 2nd Wed At 1pm Pres - L Russ 9314 7337 Sec - P M Davidson 9314 7708

FRANKSTON LEGACY WIDOWS CLUB

Thanks on behalf of our members to all our Legatees. They prepare the Hall for our meetings & then clean up afterwards & thanks to their wives who serve us with a cuppa & biscuit. Best wishes to members & we hope our sickies will soon be back to good health. A special wish to our housebound widows. Hope to see you all at our Xmas Dinner at Baxter Tavern 5th Dec.

Meetings 2nd Thursday of each month at 1pm Pres - D Thurtell (03) 5975 1318 Hon Sec - M Norton 9781 4680

HAMPTON LEGACY WIDOWS CLUB

Our numbers continue to grow. Our new social sec. is busy hatching up the New Year entertainment. Several members froze at St Pauls, dined in luxury at the Hyatt & then on to the Shrine in brilliant sunshine. Our treasurer won a BMW car & another member won 3rd prize for her painting at the Royal Show. Tin shakers did a good job on Legacy Day walking the Bayside streets. A noisy busload had an enjoyable trip to the Casino.

Meetings held on 1st Wed of month at 1pm Pres - N Smith 9592 8842 Sec & Soc Sec. -J Williams 9578 5204

HASTINGS LEGACY WIDOWS' CLUB

21 members recently attended Peninsula Legacy Church Sunday & Luncheon at Sorrento. All agreed a successful day. We also joined other Peninsula Groups for lunch and show at Rosebud. Members send a "Get Well" wish to our Assist. Sec. who is in hospital. Get well Margaret.

Meetings held on 1st Thursday of month at 10.30am. Pres - N Rolland (03) 5983 1109

Sec - S.A. Pretty (03) 5977 5745

HEALESVILLE LEGACY WIDOWS CLUB

Our members all enjoyed their day at Veterans' Affairs Health Week at Nunawading also trip to Tatong Hotel. 1996 is rapidly coming to a close. Christmas Greetings and Best Wishes to all clubs and all at Legacy House.

Meetings 1st Wed at 1,30pm Pres - A Guest (03) 5962 3071 Sec - N. Adams 9730 1532 V Co. M Griffiths (03)5962 4245

HEIDELBERG LEGACY WIDOWS CLUB

We are sad to relate the news of the death of Josie Jerrems, past Sec & Kath Caulfield past Pres. Both ladies were foundation members of our club. We look forward to our 13th Birthday Party & also Xmas Lunch in Dec. Our Dutch auction was great with Jean Adams as auctioneer. Greetings to sick & housebound. Many blessings to all for Christmas and New Year.

Meetings 2nd Mon at 11am Pres - V Keating 9459 1981 H Sec.L. Curran 9459 8904 V Co-ord - M. Canty 9499 4144

HIGHETT LEGACY WIDOWS' CLUB

At our AGM Mrs Mary Brooks was elected as President, congratulations Mary. The club has enjoyed many excellent guest speakers & have had many happy bus trips. The highlight being a trip to Anakie in early Oct & a showing of Ballet Costumes. We look forward to a happy Christmas Luncheon at the club rooms in Dec. Planning ahead to make 1997 as enjoyable as 1996 has started. Christmas Greetings to all.

Meetings 3rd Monday at 1.30pm Pres - M Brooks 9555 7297 H Sec - J Thomson 9555 1029 V Co - T David 9557 4828 Soc Sec.B Stevenson 9598 4717

KEW LEGACY WIDOWS CLUB

Our Christmas bus outing to Mornington will be held on Wednesday 4/12. Enquiries to Pres Clare. \$23 incl bus & lunch at Royal Hotel. Our annual Christmas party will be held at RSL Club on Wed 18/12 at 11am. Cost for catered lunch is \$6. Please advise if you are coming. Highlight will be the drawing of our Monster Raffle with many prizes. Happy Christmas to all.

Meetings held on 3rd Wed of month at 11am Pres - C Curnow 9853 7049 Hon Sec - B Wade 9859 1663

KNOX LEGACY WIDOWS CLUB

Our AGM was successful. Welcome to our new secretary Maisie Dodwell. We look forward to our Christmas Luncheon at "Camelot". We enjoyed our outing to Rye with lunch at the RSL. We are saddened by the passing of our member Alice Starky. Our Sympathy to her family. We look forward to a holiday and trips in 1997. New Members very welcome.

Meetings every 1st Monday of the month at 12.30pm Pres - M Biggs 9801 7868 Hon Sec - M Dodwell 9801 9705

A Reminder about OUTWARD BOUND



There are still places available for 18-25 year olds for Outward Bound Courses on the following dates:-

Brindabella Ranges in the ACT

- 4th January 1997 to 25th January 1997
- 18th January 1997 to 8th February 1997



<u>OR</u>

Expedition commencing at the Outward Bound base in the ACT and then travel from below Mt Kosciusko to the Victorian Coastline near Marlo.

- 1st March 1997 to 26th March 1997

If you have a son or daughter who would like to attend a course, would you please ask them to telephone Miss Anita Holman 9663 3564 who will forward an application form.

AUSTRALIAN FLAG STICKERS

Ballarat Legacy, whose address is 5 Raglan Street South, Ballarat, 3350, wishes to draw to the attention of readers of "The Answer" that the Club is still handling sales of the flag stickers and prices are 50 cents per sheet (100 stickers per sheet) or 40 cents per sheet for orders of 20 or more. Sales over the past three years have exceeded 100,000 sheets. An ideal time to purchase for use on Overseas and Christmas mail. Ballarat's telephone number is (03) 5331 3242. All orders small or large are postage paid.



OPERATION FIREWOOD

Due to shortage of resources and logistical difficulties Melbourne Legacy will not continue to provide special firewood deliveries. If situations involving genuine hardship develop, assistance will be considered based on the individual's need. Widows should discuss any such need with their Contact Legatee.

Mrs Avis Quin

It is with regret that we mourn the passing of Avis, A member of Melbourne Legacy Widows' Club Committee since 1981. She was an active member of the World War 1 Travel Group & looked after the card ladies each month & was a good sales lady at the Annual Fetel Avis will be sadly missed by all who were privileged to have met her. Our deepest sympathy to her devoted family.



Melbourne Legacy General Manager Terry Walsh tried to keep in step during Veterans' Health Week. See Pages 12 & 20

LILYDALE LEGACY WIDOWS CLUB

On Sept 18th, 3 ladies attended Legacy's 73rd Birthday Luncheon at Upper Yarra. In Oct we went to Tatong together with Healesville & Upper Yarra Clubs, for a lovely lunch & enjoyable day. Our 7th birthday was celebrated with our Legatees & their wives, we had lunch then the "Muddy Flats" entertained us. Health Week Social Day at Nunawading was well attended & we enjoyed talking with other clubs. We look forward to the Concert on 2nd December & our Xmas lunch on 9th. To all the Legacy family from all at Lilydale, a very Happy Xmas and Peace and Health in the New Year.

Meetings every 2nd Monday of the month at 1.00pm Pres - M Orford 9726 0238 Hon Sec J Layton 9735 5646

MALVERN LEGACY WIDOWS CLUB

On a sunny October morning our members came out in full force looking so nice in their spring clothes. Our speaker was the Aged Services Planner for Stonnington. We arranged our trip to the Mornington Market & have good numbers for our Xmas Lunch at Mt. Macedon Wed 11th Dec. Next Meeting members will bring a schoolgirl photo of themselves & we will try to recognise them. Xmas greetings to all. 1st 1997 Meeting Tues 17th Feb.

Meetings 3rd Tues at 10am Pres - W Ames 9822 1888 Hon Sec - A Porter 9509 9362 V Co-ord - M Spain 9509 0612 G Aspinall - 9509 9805

MELTON LEGACY WIDOWS' CLUB

51 Ladies attended the Inaugural meeting & a Committee was elected. L'tee Saltmarsh addressed the meeting & presented a cheque for \$100 to start the Club off. Footscray-Sunshine Club Pres Mrs Lorna Russ & Sec Mrs Phyl Davidson attended the Meeting to answer any questions that were brought up. L'tee Rounds & L'tee Whitehouse were also in attendance & their wives helped with the tea & coffee. There has been great feedback from the 105 Legacy Widows in the Melton area.

Meetings every 2nd Monday of each month at 1.30pm. Pres - P Summers 9743 7487 Sec/Treas - B Taylor 9743 6472

MITCHAM LEGACY WIDOWS CLUB

With the better weather our sick list has lessened, and we are back to our full quota at meetings. We have had very happy meetings & outings throughout this year. In Nov we enjoyed a Film & Luncheon Day & also our final meeting. Wed Dec.4th our Christmas Breakup is at the Chateau Wyuna. Compliments of the Season to all our Legacy friends everywhere.

Meetings held each month on the 4th Wednesday at 12.30pm Pres - S Bowman 9874 5662 Sec - H Smith 9873 2532 Soc Sec - M Cummings 9874 7504

MORNINGTON LEGACY CLUB

Good news, P/Pres Bonnie Potter & also L'tee Ken Fyffe are both home & recovering. Best wishes to both. Peninsula Legacy Widows' Church service at Sorrento was well attended, also lunch enjoyed by all. 10/11 members went to Benalla for un-veiling of Sir Weary Dunlop's statue. Our Nov. Meeting was the last for the year, we had afternoon tea & entertainment by Don Smibert & Family. 10/12 we have our Xmas lunch at Cuckoo restaurant. Seasons greetings to all Legacy workers. Lest we forget.

Meetings held every 4th Wednesday at 12.30pm Pres - M Sinclair (03) 5975 5322 Sec- P Roberts (03) 5975 2744

NOBLE PARK LEGACY WIDOWS CLUB

We held our AGM on 16th Oct followed by afternoon tea & entertainment by Tom & Monica with their accordions. We are all pleased to have Westy Adams and Elva Meany out of hospital and on the mend.

Meetings 3rd Wed at 1.00pm Pres - M. Veal 9546 9110 H Sec - M Lappin 9798 3971

NORTHCOTE LEGACY WIDOWS CLUB

We continue to welcome new members to join our friendly meetings. Recent trips have been to Porcupine Village, Maldon & the Darnum Musical Village. Our speakers have been from sales of Arts & Crafts and Mr Ron Ellis from Red Cross with some informative information.

Meetings 4th Monday of each month at 1.00pm Pres - J Donald 9480 2101 H Sec - E Newton 9484 1056 Soc Sec - D Freeling 9470 6554

NORTH BALWYN LEGACY WIDOWS CLUB

We did well with our October street stall. Lots of home made goods to sell and the weather was kind. We have had 2 film mornings recently. We look forward to our Christmas Lunch in Dec at Green Acres Golf Club. We have welcomed several new members & we wish a speedy recovery to our sick ones and a Happy Christmas to all.

Meetings every 4th Monday of month at 10.30am Pres - M Parker 9857 9574 Sec - S O'Toole 9857 6280



MCKENZIES CARE

McKenzies will pick up passengers from Healesville office, Lilydale, Mooroolbark, 'roydon, Ringwood, Mitcham, Box Hill 10wn Hall, Kew Depot, Batman Avenue.

Thursday 5th December
Glenmaggie "Wallaby Rise"
Pre-Christmas lunch \$32 all incl.
Batman Avenue 9am

Wednesday 25th December Kilcunda - Christmas Lunch \$40.00 all incl. Batman Avenue 9am

Thursday 9th January Cape Schank \$28.00 all incl. Batman Avenue 9am

hursday 27th February
Mornington Park Get Together
\$15.00 sausage sizzle/entertainment incl.
Batman Avenue 9am

Ring Joan Miller (9663 3564) for these or other special group bookings

Send Applications for McKenzies' day trips to Legacy House, P.O. Box 4312 PP, Melbourne GPO, 3001, in envelopes marked "Outings." Please include a stamped self-addressed envelope for return of tickets. Money orders or cheques made payable to Melbourne Legacy. Day trips do not include lunch unless specified. Please include a contact phone number. Payment may be made by instalments if preferred.

H = Healesville: L - Lilydale Station:

 $C = Croydon\ Cinema:\ MK = Mooroolbark:$

R = Ringwood: M = Mitcham:

 $BH = Box \ Hill \ Town \ Hall: \ K = Kew \ Depot:$

BA = Batman Avenue



VENTURA COACH TOURS

Ventura Tours depart from 1037 Centre Road, Oakleigh South, Moorabbin Town Hall, and Spencer Street Coach Terminal Bay 38. <u>Book Direct to 9570 1554, cheques</u> to P.O. Box 317, South Oakleigh 3167.

> For pick up times please call Ventura on 9579-4811

Thursday 12th December 1996 Underbank Lodge in Bacchus Marsh For a traditional Christmas Dinner. \$35.00 per person (including lunch)

Monday 13th January 1997 Around the Bay

Around Port Phillip Bay Day Tour travelling by ferry from Sorrento to Queenscliff with BBQ lunch \$32.00 per person (including lunch)

Thursday 30th January 1997
Castlemaine - Visit the old mining town of Castlemaine & the Old Gaol
\$30.00 per person (lunch included)

Thursday 11th February 1997
Goulburn River Cruise/Wineries

A delightful day as you travel to Nagambie & inspect Chateau Tahbilk for tastings followed by a luncheon cruise concluding with a visit to Mitchelton Winery. \$38.00 per person.

For Ventura Coach Holidays see page 19.

り S L D

RANGES LEGACY WIDOWS CLUB

We had a visit from Innovative Promotions, all goods are Australian made, and a most enjoyable Safeway Presentation. Sadly one of our members Evelyn Woodhead passed away. We intend to celebrate our Xmas break-up with a visit to the training session of the Mounted Police Branch and lunch in Albert Park. Our Xmas Lunch will be held at Camelot. God bless and a very happy Xmas to all.

Meetings held each month on 4th Tuesday at 12.30pm Pres - N Armstrong 9754 2496 Hon Sec B Prain (03) 5968 8379

SOUTHPORT LEGACY WIDOWS CLUB

Welcome to new members. At our 11th Dec Meeting we will draw our Christmas Hamper Raffle. The Christmas Party will be following the meeting at Bleak House Hotel 12 Noon. There will be no Jan. Meeting. Our 1st Meeting will be Wed 13th Feb at Senior Citizens Centre, Howie Place. Happy Christmas & Best Wishes for 1997 to all.

Meetings 2nd Wed at 10.30am Pres - J Blanck 9690 1495 Sec - G Gunn 9699 3514

SOUTHERN PENINSULA LEGACY WIDOWS CLUB

Our 1st Legacy Church Service was successful. We really enjoyed our Christmas party. We wish all our members and Legatees a Happy Christmas and Healthy 1997. No January meeting. Picnic in the Mornington Thursday 27th February.

Meetings 3rd Monday at 1.30pm Pres - M Williams (03) 5985 3458 H Sec - A Thomas (03)5985 4176 V Co-ord E Saxe (03) 5985 5472

UPPER YARRA LEGACY WIDOWS CLUB

Our annual luncheon in Sept was very successful, with visitors from Healesville, Lilydale, Croydon and Melbourne. Thanks to Upper Yarra RSL Ladies Auxiliary for the catering, L'tee John Pitcher & Debbie Shilling for transport, Karen Grulke & Julie Taft for floral art. Dates to remember: Dec 2nd Legacy Concert, Melbourne Town Hall, we have arranged transport, Dec 4th Meeting, finger food & a small gift please. Thurs 27th Feb Picnic in the Park, Mornington, March 12th Picnic in the Valley at Upper Yarra RSL. A safe & Holy Christmas & New Year to all.

Meetings held each month on the 1st Tuesday at 2.15pm

Pres- N McMaster (03) 5967 1502 Hon Sec - B McRae (03) 5967 1934

WATSONIA LEGACY WIDOWS CLUB

During September some of our ladies enjoyed a lovely day at Darnum Music Village, it was a most informative and happy day. In October some of our ladies had a very energetic, happy and enjoyable day exploring Sovereign Hill. I'm sure we all slept well that night. On both or our trips the weather was glorious.

Meetings 3rd Tues at 11am. Pres - N McGregor 9435 0800 Hon Sec - A Wass 9435 4237 Soc Sec - M Leehy 9459 3241

WAVERLEY LEGACY WIDOWS CLUB

With the festive season fast approaching we wish all our Legacy friends a Happy Christmas & a Healthy New Year. We are happy that many of our members are attending our Christmas Lunch & we look forward to another good attendance at our 10th Birthday Spit Lunch at our clubrooms Wednesday Jan 15th. Our 1st formal Meeting will be held Wed 19th Feb. Our Committee plans an interesting year for members.

Meetings held on every 3rd Wed of month at 1pm. Pres - L Carr 9561 8628 Sec - M MacKenzie 9807 3958

WESTERNPORT LEGACY WIDOWS' CLUB

In Sept we had 2 lovely Police-women Jan & Pauline give us a talk on safety. Many thanks girls. Our AGM was held & Office Bearers & the Committee remains the same again for 1997. Our Christmas Dinner will be held Wed 4th Dec. Best wishes to all our sickies. A very Merry Christmas to everyone. God Bless.

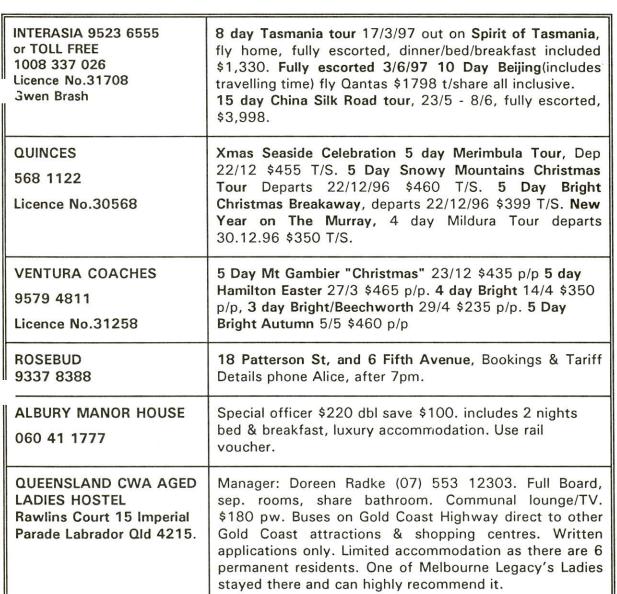
Meetings every 3rd Wednesday of the month at 1.30pm Pres. M Rutledge (03) 5940 1353 H Sec. P Le Vette (03)5997 1015

WILLIAMSTOWN LEGACY WIDOWS CLUB

After our 4th AGM we now have a new Pres. Pearl O'Brien. We wish her all the best. We farewelled 3 Committee Members & welcomed 3 new ladies. We also welcomed Joan Miller to our Meeting. Thanks to Rose Keesham, who again made our Birthday Cake. Thanks again to our L'tees for all the help they & the Williamstown RSL have given us. We now look forward to another successful year.

Meetings held on every 2nd Tuesday of month at 10.30am Pres - P O'Brien 9397 5100 Sec - M Love 9397 1443





Cancellation Policy is utilised by all registered travel agents. Cancellation fees are payable on a sliding scale according to the number of days prior to departure the cancellation occurs. No refund is available if the Travel Agent has not been notified prior to departure, or if the traveller fails to join the tour, or leaves before the tour has been completed. Once final payments have been made to the Tour Operator, Legacy is bound by the Agreement. ladies are advised to contact their Insurance Agent re Travel Insurance.



りなる ACIO



Volunteers Needed



Melbourne Legacy Widows have earned high praise for a wonderful spirit of good will and friendship. The activities and outings that are organised in the local area by the clubs are also excellent.

One very significant service maintained by Members of the Widows' Clubs is Our Visits Program, whereby Legacy Widows call on other Legacy Ladies

who are sick, frail or disabled, particularly those who have no other visitors. Volunteers are needed to help maintain the service. Please consider whether you

Volunteers are needed to help maintain the service. Please consider whether you might be able to make some time available to help keep this most important service going.

I have asked the President of all Widows' Clubs to arrange for the subject to be raised at Club Meetings at the first available opportunity.

In the meantime, if you are able to help, you could let Joan Miller at Legacy House know. We would be most appreciative.





Reception at Legacy House for Veteran Cyclists

There was a big media roll up at Legacy House Melbourne recently to cover the finish of a marathon bike ride around Australia by two very fit veterans - See page 12. Legatee President Ray Ward and Veterans' Affairs Deputy Commissioner Brian Flynn were on hand to congratulate them.









Photographs taken by Ben Witham of Department of Veterans' Affairs

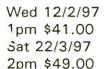
H.M.S. PINAFORE



Starring Jon English **Arts Centre**

> Sun 19/1/97 4pm Wed 22/1/97 1pm Sat 8/2/97 2pm \$39 (Children \$29)

HER MAJESTY'S





ል MORNING MELODIES ል

Concert Hall

CHRISTMAS SHOW Wed 18/12, 1.30 pm \$8.00

Friday 24/1/97 1.30pm Jeannie Little "Tribute to Marlene Dietrich \$8.00

"A LITTLE NIGHT MUSIC"

MELBOURNE THEATRE COMPANY PLAYHOUSE - ARTS CENTRE Starring Ruth Cracknell and John O'May Wed 19/2/97 - 1pm Sat 22/2/97 - 2pm \$35.00







REGENT THEATRE

Jan - May 1997 Cancellations only April/May Bookings now due for payment \$38.00 per person Pension Numbers required. Wednesday Matinees Only.

CHESS





Wed 5/3/97 1pm - \$43.00 Pension Numbers required Sat 29/3/97 2pm - \$65.00 No concessions (\$5.00 off full price)

Enquiries Joan Miller 9663 3564. Written applications to Legacy House P O Box 4312PP Melbourne 3001. Mark envelope "outings" cheques/money orders payable to Melbourne Legacy. Please note tickets may be paid by instalments. Final payments minimum of 10 days prior to performance. Tickets not paid for will not be held. Sunset Boulevard - not held if not paid for at least 3 months prior to performance date. There have been too many bad debts from tickets ordered & not collected as promised.

(1)

Contributions Page

NEXT-DOOR CAT

Next-door cat sits at my front gate
Master of all it surveys
Pride of ownership is its image
Is this a compliment to my menage?

A handsome cat, this I'll confide So handsome I feel an answering pride Ginger marmalade - sleek and fat, He certainly is a comely cat.

> He sits with such Complacent immobility, Gracing my gateway But is not my Responsibility!





Another year is over and Christmas is almost here It's time for celebrations With family and friends so dear

A New Year will begin With busy time ahead A Diary full of promises, A new life to be led

So "recharge your batteries" And keep smiling through Remember, at Legacy We're here to help you too.

Joan Miller, Widows' Clubs Co-ordinator





WARM MEMORIES

I lie in the dark,
Snug and warm in my bed,
Tunes from my radio
Hum through my head.
Melodies bringing back
Days long ago

And as I remember, my aches & pains go. A tune that is playing I clearly recall, I danced to that at my very first ball My mind drifts along, each tune turning a page

But all of them played an integral part In the life of an eager, romantic, young heart.

Memories are wakened of so many things,
As I lie in the dark, music pulling the
strings
Alf Young, Middlesex

LEMON PUDDING

3 eggs separate

34 cup sugar Grated ring of 1 lemon 15 cup of lemon juice 1 cup milk 15 cup unsifted plain flour 60g butter

Method

1) Preheat the oven to 180c. In a mixing bowl, beat the egg-whites until stiff, and put aside.

2) In a separate bowl, cream the butter and sugar until light & fluffy. Beat in lemon rind, lemon juice & egg yolks, one at a time, until well mixed. Beat in the milk, then the flour, until blended.

3) Fold the beaten egg whites into the lemon mixture, pour into greased 20cm shallow casserole dish. Set dish into a larger pan; pour hot water into the plan to a level of about 2cm. Bake, uncovered for 35 minutes. Serve warm or cold.

Legatee Tom Butcher

A LITTLE KINDNESS

Sow a little kindness
Reap a lot of pleasure
Bear a neighbour's burden
Lay up lasting treasure
Folk who live for others
Pilgrimage in clover
entering God's morning
When life's day is over



Alf Young, Middlesex





<u>Doncaster Legacy Widows' Club at their</u> 13th Birthday held at Doncaster RSL Hall



Photo supplied by courtesy of Doncaster & Templestowe News of the Leader Newspaper Group and taken by Lawrence Pinder

1 They're Playing Our Song 1

Evidence undeniable"
missing sparkle, sagging skin,
muscles that forgot their function,
suspicions of a stoop.
Summing-up condemns;
the sentence - twelve months
"Fitness in Retirement" group.

Assorted shapes in leotards valiantly prance to disco-music, cracking joints keep time; muscles spurred past painful limits persist, sustained by pride when whiter heads than mine remain unbowed.

Unexpected clemency shown next penitential session - a new tape - old songs.

Nostalgia-loosened limbs lightly swing in unison, we can't resist a sing-along!

Bonds of shared memories release the fetters of age.

By Barbara Clayton (Legatee's wife). See page 11 for details of Barbara's book of poems.

CREAM POTATOES



Peel potatoes and slice into thin rounds. Layer into a casserole dish, and cover each layer with the following:

pinch of dried minced garlic; pinch of Parmesan cheese;

good grinding of pepper & pinch of salt. When the layers are approx. ½ inch from the top of the dish, pour in enough cream, mixed with milk to almost cover the potatoes. 300ml cream may be sufficient.

Bake in moderate oven for 1 - 1½ hours, or until top has browned slightly and mixture has been absorbed into potatoes, leaving thick cream gravy.

Legatee Tom Butcher

WIDOWS' CHRISTMAS

For the first few years after the death of my husband, I found Christmas a very trying time, I am sure many readers have had the same experience and would perhaps understand only too well the feeling behind the following poem which I wrote just before my second lonely Christmas.

Christmas cards & Christmas greetings
Mix the pudding, ice the cake
Deck the tree and wrap the presents
Put the mince pies on to bake.

Merry Christmas! Merry Christmas Greet the neighbours with a smile, Drink their wine and eat their rich cake, Chatting bravely all the while

Christmas morning, cook the dinner Just as in those other years Families come with hearty greetings Talk and laugh - and fight the tears.

Evening comes, the day is ended One more Christmas gone at least. Sit along while softly gather All the ghosts of Christmas Past

Nita Sharp, Blackburn South

LEGACY BADGE DAY KEEPS THE LEGACY TORCH ALIGHT

As we go to press we are still receiving donations for Legacy's Annual Appeal. We hope to reach \$300,000, a little down on last year, but with so many very worthwhile charities calling on the public virtually every week of the year we are indeed grateful that the community at large still, very solidly, supports Legacy's Badge Day. A warm thank you to ALL who helped us with our most important fundraising event of the year. We could not continue without your help. lt encouraging to see more students taking part. We need assistance of younger feet! This might have been due to the effervescent Daryl Somers he was a most popular personality for the Legacy Clubs. We are indebted to him for the special attention he gave to Legacy on his show "Hey Hey it's Saturday." Again, thank you.



ATTENTION ALL MEMBERS OF MELBOURNE LEGACY

It is time to consider formation of a Committee for 1997. Positions of President, Vice Presidents (2), Hon. Secretary, Hon. Treasurer, Asst. Sec/Treasurer and 14 Committee Members are required. Melbourne is the "Mother" and all branches and group clubs within her administration are "thriving children". All Committee Members are required to attend the free monthly concerts, special events organised during the year and monthly Committee meetings on the 3rd Wednesday at 10.30am. Other duties on a roster basis coinciding with a particular daily interest. ie: Carpet Bowls, Craft, Painting, Exercises, Swimming. Representatives from local clubs welcomed (some are already represented). Permission from lady nominated must be obtained prior to submission. Return completed forms to Joan Miller, Legacy House P O Box 4312PP, Melbourne 3001 by Monday 27 January 1997.

MELBOURNE LEGACY WIDOWS' CLUB COMMITTEE NOMINATION FORM

I would like to nominate
for the position of
NameAddress
Phone Seconded By
Signature of Authorising Permission by Nominee

THE ANSWER



A NEWSLETTER FROM MELBOURNE LEGACY

Issue 219 - October, 1996

Published by: Junior Legacy, Melbourne, (ACN 004 301 348) Print Post Approved PP 349181/00313



Dear Ladies,

This issue of The Answer features the leadup and special annual events associated with Legacy Week 1996.

Back to Caulfield (Sun 25/8) Page 24

Legacy Sunday (1/9) Pages 12-13
Badge Day (Friday 6/9) - Page 7.

We are most grateful for the support given to these events. Special thanks to all who bought or sold badges. The Badge Day sales are so important to our ongoing work. Also congratulations to all those who particupated in Legacy Sunday. It was ar outstanding success.

I am very pleased to advise that Mrs Elaine Ward has been elected as President of the Melbourne Legacy Widows' Club. Some brief personal background information about Elaine is set out on page 2.

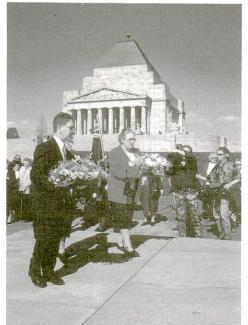
We hope you enjoy this issue of "The Answer."

Best Wishes

Legatee (Salty) Saltmarsh Committee Chairman









Legatee President Ray Ward leads Legacy Sunday 1996 (See also Pages 12-13)

MELBOURNE LEGACY: Address - Legacy House, 293 Swanston Walk, Melbourne 3000 Telephone - (03) 9663 3564 Fax (03) 9663 3015 President - Legatee R.H. Ward Patron - His Excellency the Governor, the Honourable Richard E. McGarvie AC.

WALK WITH CARE - See Page 5 for Advice to Pedestrians when on medication.

IN THIS ISSUE:

CONTENTS:

Diary Page 4

Welfare " 5,15,20

Notices " 7,9,11

Feature Events " 3,6,12,13,20,24

Club News " 8,10,14,16,18 Travel/Theatre " 17,19,21

Contributions " 22,23

From The Editor:

After a dismal winter, we warmly welcome the spring. Come out of hibernation and enjoy our end of year activities!

<u>Badge Day</u> Our gratitude to all volunteer helpers, final figures will not be known for some time.

Annual Fete & Monthly Concert Monday 4/11 Goods donated for sale, only collection day Friday 1/11. Please advise details Tel:9663 3564. NB.Shop early for Christmas! Cards & brochures now available.

New Club at Melton

Opening Wed 16\10 1.30pm. Details Page 18
Melbourne Legacy Widows' Committee

Nomination forms will be in the December issue of the newsletter.

New Members Welcome.

Love to you all JOAN.



FUTURE ISSUES OF "THE ANSWER"

We will publish one further issue of "The Answer" in 1996.

ISSUE COPY DEADLINE DISTRIBUTION

Dec 96 1 Nov 96 Last week Nov 96

When you send us your recipes, poems, stories & jokes, if possible please identify the author of any item that is not your own original work & confirm that clearance has been given for publication.

Photographs must be in sharp focus & have good lighting with caption on separate sheet.

Apology

In an article in the June issue of the Answer Mrs Billy Sims was inadvertently referred to as Miss Billy Sims, for which error I offer sincere apologies.

L'tee Saltmarsh
Chairman Widows' Committee

Elaine Ward RN RM Dip App Sc (Nurs Admin) President, Legacy Widows Committee



Elaine was born in England and trained as a nurse there. She came to Australia and settled in Melbourne in 1953. The following year she married

a third generation Australian, Albert Ward. Her family consists of five children and twelve grandchildren aged from 2 to 19 years. Since being widowed in 1973 she has been a constant source of support for her large family. She has also devoted time and effort to furthering her education. By 1988, Elaine had completed various courses related to nursing, and including Computer studies. This self-development led to her appointment as Assistant Director of Nursing at Monash Medica! Centre and Safety Officer for the entire staff of that hospital until 1992. Her interests and activities in retirement include voluntary work for Legacy and is Volunteer Co-ordinator at St. Francis Church in the city and every second Saturday night she helps to feed and befriemd homeless people in Melbourne till 2am. She sets a fine example for us all.

by Betty Luders



Legatee President Ray Ward speaking at the launch of Legacy Week



Legacy Personality of the year Daryl Somers met with people of all current generations from the Legacy Family

SPECIAL MOMENTS CAPTURED ON BADGE DAY'96 More details next issue



















0	C.	Т	n	D		D
U	C		U	D	ᆮ	n

TUESDAY	1ST	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	1ST	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	2ND	BOWLS 10.30AM	MATINEE PETER PAN	1.00 P.M.
THURSDAY	3RD	PAINTING		11.00 A.M.
FRIDAY	4TH	KEEP FIT - SEE PAGE 11		
MONDAY	7TH	FREE CONCERT AT LEGACY HOUSE 1.PM	MORNING MELODIES	11.30 A.M.
TUESDAY	8TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	8TH	CRAFT WORKSHOP 11AM	LINE DANCING	12 NOON
WEDNESDAY	9TH	BOWLS		10.30 A.M.
THURSDAY	10TH	PAINTING 11AM	WW1 GROUP	11.00 A.M.
THURSDAY	10TH	DAY TRIP TO TOOLANGI		9.30 A.M.
FRIDAY	11TH	KEEP FIT - SEE PAGE 11		1 22 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
SATURDAY	12TH	PACO PENA, COMEDY THEATRE		9.30 A.M.
MONDAY	14TH	BOWLS		10.30 A.M.
TUESDAY	15TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	15TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	16TH	WIDOWS' CLUB COMMITTEE MEETING		10.30 A.M
WEDNESDAY	16TH	HOME & HOSPITAL GROUP 12 NOON	CARDS	12.30 P.M.
THURSDAY	17TH	PAINTING		11.00 A.M.
FRIDAY	18TH	KEEP FIT - SEE PAGE 11		
SATURDAY	19TH	MATINEE PETER PAN PRINCESS THEATRE		2.00 P.M.
MONDAY	21ST	BOWLS		10.30 A.M.
TUESDAY	22ND	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	22ND	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	23RD	CARDS		12.30 P.M.
THURSDAY	24TH	PAINTING		11.00 A.M.
FRIDAY	25TH	KEEP FIT - SEE PAGE 11		
MONDAY	28TH	BOWLS		10.30 A.M.
TUESDAY	29TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	29TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY		BOWLS		10.30 A.M.
THURSDAY	31ST	PAINTING		11.00 A.M.

NOVEMBER

ITO V LIVID				2017-2016/J. Sec. (\$1,000-01-12-12-12-0)
FRIDAY	1ST	KEEP FIT - SEE PAGE 11	GOODS DONATED FOR SALE COLLECTED	
MONDAY	4TH	FREE CONCERT LEGACY HOUSE	ANNUAL FETE	10.30-2.00 P.M.
TUESDAY	5TH	LEGACY HOUSE CLOSED MELBOURNE CUP DAY		40.00 4.14
WEDNESDAY	6TH	BOWLS		10.30 A.M.
THURSDAY	7TH	PAINTING 11AM	DAY TRIP TO PHILLIP ISLAND	9.00 A.M
FRIDAY	8TH	KEEP FIT - SEE PAGE 11		40.00 A M
MONDAY	11TH	BOWLS	_	10.30 A.M.
MONDAY	11TH	REMEMBRANCE SERVICE IN CLUBROOMS	757	0.45-11.00 A.M.
TUESDAY	12TH	SWIMMING AT CITY BATHS - PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	12TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	13TH	BOWLS 10.30AM	MATINEE SUNSET BOULEVAR	
THURSDAY	14TH	PAINTING 11AM	WW1 GROUP	11.00 A.M.
THURSDAY	14TH	MORNING MELODIES - CONCERT HALL		1.30 P.M.
FRIDAY	15TH	KEEP FIT - SEE PAGE 11		1000 C2020 12 12 2
MONDAY	18TH	BOWLS		10.30 A.M.
TUESDAY	19TH	SWIMMING AT CITY BATHS - PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	19TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	20TH	MATINEE WEST SIDE STORY		1.00 P.M.
WEDNESDAY	20TH	WIDOWS CLUB COMMITTEE 10.30AM	CARDS	12.30 P.M.
THURSDAY	21ST	PAINTING		11.00 A.M.
FRIDAY	22ND	KEEP FIT - SEE PAGE 11		
SATURDAY	23RD	MATINEE WEST SIDE STORY ARTS CENTRE		2.00 P.M.
MONDAY	25TH	BOWLS		10.30 A.M.
TUESDAY	26TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	26TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	27TH	CARDS		12.30 P.M.
THURSDAY	28TH	PAINTING		11.00 A.M.
FRIDAY	29TH	KEEP FIT - SEE PAGE 11		

The Newsletter provides information on a range of services for the benefit of our ladies, Items are welcomed for inclusion. However as publication does not necessarily mean endorsement Legacy cannot be held responsible for non-performance of goods and services. A decision to proceed is entirely at the discretion of the individual.

WALK WITH CARE

BE WISE WITH MEDICINE

As we get older (and perhaps choose to drive less), walking becomes a valued means of independence, health, pleasure and exercise. However, there are inherent dangers to pedestrians in many traffic situations because of the medications we may take.

One important thing to do if you are taking medicine is to know what you are taking and the possible side effects it may have on you. Whilst the medicine may relieve your recognised illness, it may also have an effect on your concentration, balance, hearing and even your usual walking speed.

If you choose to walk or drive under these conditions, it may increase your chance of being involved in an accident. Always ask your doctor or pharmacist about your medicines, both the ones you are prescribed and the ones you buy over the counter.



Find out if your medicines could affect your safety as a pedestrian

The traffic environment at the best of times, can be extremely busy, noisy and confusing, and it can be even more unnerving when we are not feeling our best. It is in these situations that we have to take even greater care when we are out walking.

WHAT WE CAN DO TO BE SAFER WHEN ON MEDICATION

- Consider going out in the quiet time of the day
- Take the safest route (not the shortest)
- Use pedestrian facilities
- Wear light coloured clothing to improve your visibility
- At traffic lights always cross at the very start of the green walk to give yourself maximum time; don't risk having to rush across and falling

WALK WITH CARE

 Remember to check your medicines with your local doctor or pharmacist.

For more information on "WALK WITH CARE" please phone DAVID SWEENEY, VicRoads Pedestrian Advocate on 9345-4497

OPERATION FIREWOOD







Legatee Des Livsey recalls a visit to Mulwala with his son in the early days of Operation Firewood. They were helping to collect wood and were keen to show the locals that they could cope. However they "lost it completely" when a large snake emerged from the pile of wood. Des remembers being a little embarrassed but greatly impressed when they were "rescued" by an 80 year old local helper, who calmly disposed of the threat "alone & barehanded."

Legatee Tom Butcher remembers delivering some wood around lunchtime one Saturday. The wood was accidentally dumped in the widow's driveway, blocking her son's car in and delaying his departure for the football. Legatee Butcher says the young man was "the most energetic helper we ever had."

Due to shortage of resources and logistical difficulties Melbourne Legacy will not continue to provide special firewood deliveries. If situations involving genuine hardship develop, assistance will be considered based on the individual's need. Widows should discuss any such need with their Contact Legatee.

WORLD WAR I LUNCHEON

Members of the WWI Widows' Travel Group, who meet monthly at Legacy House, once again enjoyed a special luncheon preceding "Legacy Week" hosted by Melbourne Legacy. We wanted to share this lovely photo, captured by the Herald Sun, of Beatrice Gay enjoying the

celebrations. While just a small number attended this year it was amazing to see how young and full of life these ladies are they must have been child brides! It made us wonder..... DO WE HAVE ANY CURRENT LEGACY WIDOWS WHO WERE MARRIED TO A VETERAN OF THE BOER WAR? - IF SO SUSIE HOWARD AT LEGACY HOUSE (TEL: 9663-3564) WOULD LOVE TO HEAR FROM YOU.



Beatrice Gay gets into the spirit of the occasion.

Photo courtesy of The Herald Sun

CHRISTMAS CONCERT 1996

JOIN US AT THE MELBOURNE TOWN HALL, on Monday 2nd December.

Doors open 11.30am Carol Singing 12 noon

RAAF Band Concert commences 12.30pm

BOOKINGS: Not required, just turn up

and enjoy the day.



CHRISTMAS CARDS

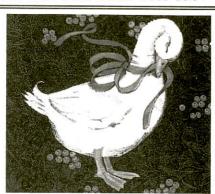
Cards in packs of 10 are now available from Legacy House. Prices per pack range from \$4.50/\$5.50/\$6.50 per pack. All proceeds to Legacy. Brochures available from Joan Miller 9663 3564



Fruits and Berries \$5.50 per pack of 10 Best Wishes for a very Merry Christmas and a Happy New Year

Angelic Choir Boy \$4.50 per pack of 10 A very Merry Christmas and all the best wishes for a Happy New Year





Christmas Duck \$4.50 per pack of 10 With Best Wishes for Christmas and the Coming Year

CHRISTMAS PUDDINGS

There have been many enquiries regarding Legacy puddings. Our distribution network of bank branches and railway stations is no longer operational so the service had to be discontinued.



MOUNT MACEDON SEE THE MAGIC OF 7 BEAUTIFUL HISTORIC PRIVATE GARDENS

SUNDAY 27 OCTOBER 1996: 10.30am-5.00pm Admission by Donation to LEGACY 7 Gardens for \$10 or \$3 per single Garden.

Enquiries: Christopher Hunter (054)21-5234 H(054) 26 3250 Australian Energy Management Institute, Mt Macedon Rd, Mt. Macedon 3441

Maps available, refreshments & Light Lunches at CWA Hall

(near Mt Macedon Shops)

(40 minutes from Melbourne via the Calder Highway. Approach from Melbourne to Mt. Macedon Road where all gardens are to be found between Turritable Road and Memorial Cross). Coach will leave from Batman Avenue if demand warrants.



CLUB NEWS

ASHBURTON LEGACY WIDOWS' CLUB

Many members have recovered from illness & we whole-heartedly welcome them back. Best wishes to those still on the sick list. Our treasurer, Valda Zegenhagen, gave a very interesting talk, with slides, on her recent visit to Canada. 2 day trips Blum Fashions Wed 9/10 & Olinda Rhododendrums Wed 23/10. Reminder of our Street Stall Sat 19th Oct. New members welcome.

Meetings 3rd Wed at 12.30pm. Pres- B Mitchell 9885 4034 Hon Sec - S Eagle 9897 3135 V Co - N Ferguson 9568 2929 J Hitchcock 9569 7183

BAYSWATER LEGACY WIDOWS CLUB

We were proud to be awarded 1st Prize for "Best overall Club" & also "1st" for a baby's shawl entry in the Melbourne Legacy Arts & Crafts July Exhibition. Congratulations to the ladies who contributed. A good representation of our members were pleased to attend the service at St.Paul's Cathedral/Lunch at the Hyatt & Shrine service in Sept. At our Sept Meeting we had a talk by the Country Life Bakery. New members welcome.

Meetings 1st Friday of month at 1pm Pres - V Quintrell 9758 3968 Hon Sec- L Morliere 9870 5069

BEAUMARIS LEGACY WIDOWS CLUB

In September our Fashion Parade was a great success, the ladies enjoyed the three day tour to the Wetlands, a Day Trip to Ashcombe Maze and lunch at Marina Hotel is something we are all looking forward to. We welcome all new members to our Widows' Club

Meetings 4th Mon.at 1.30pm Pres - M Brearley 9583 6449 Hon Sec-R Clarke 9598 7483 Welf - M Pinkstone 9589 3737 Soc Sec - T Emry 9598 6112

BENNETTSWOOD LEGACY WIDOWS CLUB

In July we had a wonderful day at the clubrooms, an "Old time Cinema" and a Ploughman's Lunch. In August we went to lunch & then to Blum's Fashion Factory. We have 2 new members, welcome Jean Perry & Dorothy Crowe, I know you will be happy with us. We lost a very old member Marge Tipton. Our deepest sympathy to her family.

Meetings 3rd Thurs at 10am Pres - M Willis 9808 8623 Hon Sec - J Kitchin 9808 5230 V Co-ord - H Crow 9808 3738

BERWICK LEGACY WIDOW'S CLUB

July lunch & fashion show by Danny Blum was enjoyable. Alice Haines won a \$30 coupon & exchanged it for a lovely blouse. In August members plus L'tee Col Marshall & L'tee John Bellair were given a travel talk & slides of Peru & the Incas. Some of our ladies volunteered to sell badges on Badge Day. We closed with a delicious afternoon tea, in honour of our Pres Annabel's 90th birthday. She was presented with a pot plant of gardenias.

Meetings 2nd Mon at 1pm. Pres - A Ford 9707 4231 Sec - J Tivendale 9707 1276

BLACKBURN LEGACY WIDOWS CLUB

Our Apollo Bay trip was a success, some members were pictured atop the Cape Otway Lighthouse on the Geelong Advertiser front page. Next to Mary-Lyn, Marysville in April'97. Don't forget goods for our trading table, jams, pickles, biscuits, cakes etc. Next outing Mon 7/10 a film & luncheon, coach leaves at 9.30am. Sadly that we report another death in our Legacy Group, Sybil Kerr, who was a committee member until she moved to Croydon.

Meetings on 2nd Mon at 11am Pres - Pat Battye 9878 0539 Sec - Nell Thomas 9877 58° V.Co - Edna Boag 9878 665

BORONIA LEGACY WIDOWS CLUB

The year is certainly moving along our group continues to grow. Our Sept Meeting was a luncheon, we have 4 of these through the year put on by the Committee. Our members have been enjoying our monthly day trips, Morning Melodies, trips to theatre. A warm welcome to any Widow who would like to join our group at Progress Hall Boronia.

Meetings 3rd Friday of month at 1pm Pres - M Howie 9762 9641 Sec - D Stott 9762 8050

CAMBERWELL/HAWTHORN LEGACY WIDOWS' CLUB

Well Spring has "Sprung" with all the blossom & flowers bursting forth. We hope anyone who has had a bad "trot" this winter can look forward to brighter days ahead. Some members look forward to our annual 6 day holiday in Oct. This year to Bright & across the mountains to Lakes Entrance. Thanks to tour convener Mary Norton. Club meetings are well attended.

Meetings held every 3rd Monday of the month at 11am Pres - B Robertson 9882 4602 Hon Sec - J Vincent 9889 6026

CAULFIELD/ST KILDA LEGACY WIDOWS CLUB

Spring is in the air. At Sept AGM new Pres Mary Newton welcomed, other office bearers unchanged. Wed 2/10 Meeting, speaker from Law Institute, Wed 9/10 Activities Day, Wed 16/10 visit George Tindale Gardens & lunch at Skyhigh Restaurant Wed 6/11. Meeting demo of goods from Bayley House Handicapped Centre, Wed 13/11 Activities Day, Wed 20/11 visit to Mont De Lancey historical home. Outings enquiries to Verna 9534 6246

Meetings 1st Wed at 2pm Pres - M Newton 9555 5815 Sec - P Thompson 9531 6478 V.Co-ord S Cornish 9569 5571



ADVICE/ASSISTANCE FROM LEGACY

Most Legacy Widows will be aware of the Contact Legatees in their local area who can provide advice and assistance when problems arise. Others are reminded that they can contact a Legatee on duty at Legacy House Melbourne between 10 a.m. and 3 p.m, Mondays to Fridays by visiting Legacy House

(293 Swanston Walk) or by telephone 9663 3564.

Another opportunity for you to obtain advice from Legacy is at the monthly Widows Club Meeting - a Legatee attends these meetings and provides advice - see Club News Section of the newsletter.

FREE HOME RENOVATION ADVICE

The Home Renovation Advisory Program is a free home inspection service offered under the Home Renovation Advisory Program. If you have home renovation work that needs to be done Melbourne Legacy suggests that you contact HARP for <u>free</u> expert advice and a cost estimate <u>before work</u> commences!



An appointment can be made by "phoning" Joanne on 9670-3911

<u>REMEMBER</u>

THE ELEVENTH HOUR OF THE 11TH DAY...

"Remembrance Sunday" was established by a directive of His Majesty King George VI, following the conclusion of the Second World War. In Great Britain prior to this, the observance of Armistice day commemorated the signing of the Armistice of The Great War and paid tribute to those who gave their lives.

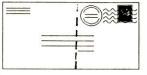


The date 11th November was initially set aside however, at the conclusion of the second World War, the King guided by his advisers, consented that tributes should be paid to those who lost their lives both in the World War of 1914-18 and the World War 1939-45 in a special church service and the second Sunday in November was termed "Remembrance Sunday".

In Australia, where the major observance is carried out on ANZAC Day, Australia has continued to promote the theme of Remembrance by maintaining the observance of two minutes silence at 11am on the eleventh day of the eleventh month.

STAMP REPORT

It is disappointing to report that a large number of the stamps we receive are wasted. <u>Please</u> leave more paper around the stamps when tearing them



off the envelopes - if possible at least an inch of envelope around stamp on <u>double paper</u>. If in the city any Tuesday between 9 & 12.30, please call and see us at work - we will be happy to explain what is needed. Phone 9546-9208.

Beryl Billing

CHELSEA DISTRICT LEGACY WIDOWS CLUB

Aug Meeting we were entertained by Gloria Courtney, Friend of the Zoo. Our outing was to Victoria Market & Meat Market Craft Centre for lunch. In Sept. members sold Legacy badges & our outing was to Castlemaine-Maldon. Oct, Tricia's Treasures, outing, a deli tour. Nov.Tom Wagstaff, National Meat Assoc. Outing to Flemington. Dorothy Tomlinson is handling the stamps. Get well to all the "sickies". New members welcome.

Meetings held on the 2nd Wednesday at 1pm Pres- B O'Brien 9772 1490 Sec - P Cash 9772 3917

CLAYTON LEGACY WIDOWS CLUB

An enjoyable outing to High Point City Maribyrnong. July highlights were our annual Birthday Luncheon & a casino outing. In Aug. we had a visit from Mary Robins from VicRoad and also our annual visit to Smorgys. We look forward to many more enjoyable events for the year.

Meetings 1st Fri at 1.30pm Pres- S Buckle 9560 9417 H Sec - B Richardson 9579 2230 V-Co-ords L Roberts 9570 3620 & S Masson 9807 1095

COBURG LEGACY WIDOWS CLUB

Despite cold weather our meetings have been well attended. We welcomed 3 new ladies. We enjoyed a trip to Wallace Cheesery, BBQ lunch at Daylesford. An outing to "Cottage Cakes, lunch at Stamford Hotel, Faulty Towels & Newman's Chocolates. Get well wishes to all on sick list.

Meetings 2nd Thurs at 10.30am Pres- U Van Prooyen 9306 8279 Sec - D Hanna 9359 2231 V Co-ord- J Coomber 9354 5613

CRANBOURNE LEGACY WIDOWS CLUB

We enjoyed a very happy Xmas in June. Some ladies attended Caulfield Races Legacy day. We all had a lovely day & the weather stayed fine until we were almost back home. A warm welcome to new member Audrey Allen & also to friends & visitors. A speedy recovery to all who are sick.

Meetings 2nd Monday of month at 1.30pm Pres - E Searle (059) 96 2655 Hon Sec G Bell (059) 96 3688

CROYDON LEGACY WIDOWS CLUB

We are officially in "Spring" so we prayed for spring sunshine to sell our Legacy badges. There were plenty of willing volunteers. Wendy organised an enjoyable outing to the Meat Market Craft. We all enjoyed Legacy Sunday. To our Ladies in Melbourne office & to our sickies, a big cheerio.

Meetings 1st Thurs at 1pm Pres - W Warwick 9761 9581 Sec - N Briggs 9735 1407 V-Co-ord - H Wilson 9726 8404

DANDENONG LEGACY WIDOWS CLUB

The trip to Darwin was a great success. Day trip to Shepparton is arranged for Wednesday 23rd October. Donations needed for our Xmas hamper. We hope our ladies on the sick list will be back with us soon.

Meetings 2nd Wed at 1pm Pres - B Steer 9706 3273 Sec - L Thomas 9792 0400

DONCASTER & TEMPLESTOWE WIDOWS CLUB

In Oct Patrick McLiesh will be our speaker. We are saddened by the loss of recent member Mil Smith in Aug. Sincere sympathy to her family & friends. Wed 23/10 an outing to Nunawading Civic Centre, coach leaves at 10am. Mon 28/10 9am an outing to Williamstown and City Sights. Nov Meeting nominations for '97. 16/11 street stall, Jacksons Court, Xmas lunch 25/11

Meetings held every 2nd Monday of the month at 11am. Pres - Joy Clarke 9848 3817 Sec - S Collings 9848 3131

ELTHAM LEGACY WIDOWS CLUB

We have reached our first birthday and our membership is growing each month. We have found that our club has been a blessing to us all. We have enjoyed outings, demonstrations and talks at our club rooms but most of all we have been among new friends.

Meetings 3rd Wed at 10.30am. Pres - N Watson 9432 3312 Sec - B Nelson 9439 2671 S Sec - B Bastian 9432 2202

ESSENDON LEGACY WIDOWS CLUB

In July we welcomed L'tee Saltmarsh who gave us details of coming events. 44 ladies enjoyed an 8 day holiday to Port Macquarie. Interesting Guest Speakers have included Dr Leon Flicker on Osteoporosis & Shirley Cameron a quick cookery class. In Aug we visited Warburton Arts Centre & enjoyed a stage revue. Sept a speaker on "Living for Older Victorians".

Meetings 3rd Thurs at 10.30am Pres - B. Penberthy 9379 1874 Hon Sec - V. Bourke 9374 2519 V Co - L McDougall 9379 1796

FOOTSCRAY LEGACY WIDOWS CLUB

Our brave & loyal girls ignored the winter weather to enjoy the company at our meetings. Xmas in July at the "Homestead" was a delight. In July we had representatives from Melbourne Legacy. Mt. Macedon visit on Wed 20/11. Xmas Party at Pickett St Wed 11/12 11.30am. Tickets available.

Meetings 2nd Wed At 1pm Pres - L Russ 9314 7337 Sec - P M Davidson 9314 7708

GENTLE EXERCISE CLASSES

Our popular floor and chair exercise classes are conducted by qualified instructors Betty Luders & Bill Stevens Tuesday Classes 10.30 am - 11.30am

Class instructor: Bill Stevens

Friday Classes 10.00 a.m.- 1.30 p.m.

Class instructor: Betty Luders **NEW FRIDAY EXERCISE TIMES**

1. 10.10am - 10.40am Chair

2. 10.45am - 11.25am Active

3. 11.30am - 12 Noon Chair

4. 12.05am - 12.35pm Chair

5. 12.40pm - 1.20pm Active

We prescribe exercise appropriate to each person's fitness.

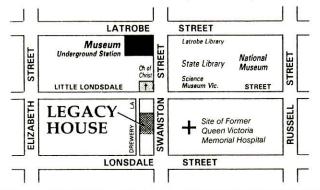


Swimming and water exercise classes are held in the City Baths. Classes are conducted by qualified instructors - Betty Luders and Bob Charles. Classes are held every Tuesday morning between 9 a.m. and 12 noon.

At present, there is a waiting list for Tuesday water exercise classes, but we will try to arrange extra classes if more people are interested in joining. Ring Joan Miller (9663 3564) if you want more information about joining any of the classes.

YOUR CLUBROOMS AT LEGACY HOUSE, MELBOURNE

Clubrooms are open weekdays (10 a.m. to 3.30 p.m.). All Legacy ladies are welcome to call in for a snack, a chat or just to rest.



TUNE TO 96.5 ON THE FM BAND TO SEE IF YOU CAN PICK UP LEGACY'S OWN RADIO SHOW - FRIDAYS AT 12 NOON. Community Radio 3 INR

MELBOURNE LEGACY HOME &



$^{ extstyle \odot}$ HOSPITAL VISITS GROUP $^{ extstyle \odot}$



Telephone Joan Miller (9663 3564) if you would like her to arrange for one of our wonderful, caring ladies to call on you or any other Legacy lady. They are great company for anyone who is sick, frail, or disabled. They will visit your home, hostel or hospital. This is a service for ladies who have no other visitors.

A Line Dancing A

At Legacy House 2nd Tuesday Each Month 12.10 - 1pm Bookings Joan Miller 9663 3564 Date as Follows: 8/10/96

Are you keen to improve your health & fitness? STARTING 1997 - FREE 8 WEEK STEP REEBOK/WALKING PROGRAM

The program will include: 2 Free checks

Fitness Strength Heart Rate Balance

Blood Pressure Co-ordination

Fully supervised sessions

The program will commence April 1997, so sign up now!! For more details and to register your name contact

Joan Miller Legacy House 9663 3564





By remembering Legacy in your Will, you can help them continue to look after Australia's biggest dependant family.

Legacy is a voluntary organisation of returned ex-service personnel dedicated to the care of widows and children of comrades who died on active service or subsequently. It is the only such organisation, and relies on contributions from the community, of which bequests are a significant factor, to fund its welfare programmes for "Australia's biggest dependant family."

If you would like to find out more about bequests to Legacy, please write to:

The General Manager,

Melbourne Legacy

Legacy House, 293 Swanston Walk,

Melbourne 3000

or Tel: (03) 9663 3564

SHARING LEGACY SUNDAY

It is said a picture says a thousand words - and those throughout this issue of "The Answer" show in a glance that our annual Church Service, Luncheon for The Family and Dedication Service at the Shrine of Remembrance marking the start of Legacy Week, is as important as ever. More than 1,000 widows attended St. Paul's Cathedral - hundreds travelling from across Victoria. The service coincided with Father's Day, an even more poignant reminder to us all.

The Hyatt on Collins provided a superb luncheon and their staff can be commended. At the Shrine, we were privileged to have members of the Australian Army Band play for the Legacy family.

To all who participated in this event - thank you.

























FRANKSTON LEGACY WIDOWS CLUB

We continue to get new widows at our Meetings and we sincerely hope they will make many new friends. In Aug we had Trisha's Treasures. A great trip to Camelot Castle for Xmas in July. In Sept we had a day at Marysville. Our Widows also go to Morning Melodies at the Concert Hall & to Frankston Cultural Centre, we keep busy. Best wishes to all sickies. Greetings to our house bound widows. A warm welcome to new members.

Meetings 2nd Thursday of each month at 1pm Pres - D Thurtell (059) 75 1318 Hon Sec - M Norton 9781 4680

HAMPTON LEGACY WIDOWS CLUB

We had an excellent talk by a "Friend of the Zoo". Bruce Ruxton also kept us glued to our seats when he visited us in Aug. He gave a non-stop informative & amusing talk & not a note in sight. We continue to have good attendances despite the wintry weather - its always warm & friendly inside. How about enjoying a hot meal in the RSL dining room before our Meetings?

Meetings held on 1st Wed of month at 1pm Pres - N Smith 9592 8842 Hon Sec - J Corp 9598 0650

HASTINGS LEGACY WIDOWS' CLUB

Many of our ladies have been to Perth to escape our cold weather. We had a 1st prize in the jam section of the craft show. Congratulations Norma. Our ladies enjoyed the Legacy Church Service & Shrine. Condolences to the family of member, Mrs R. Stewart who passed away recently.

Meetings held on 1st Thursday of month at 10.30am. Pres - N Rolland (059) 83 1109 Sec - S.A. Pretty (059) 77 5745

HEALESVILLE LEGACY WIDOWS CLUB

Two of our members attended the Yarra Valley Group Annual Meeting/lunch in July. 11 members enjoyed a light lunch at a local cafe. Hope to have these get togethers more often. We were saddened by the passing of 2 of our widows. Peg Clayton & Kath Campbell. Good to hear our sickies are making good progress & good wishes to all.

Meetings 1st Wed at 1,30pm Pres - A Guest (059) 62 3071 Sec - N. Adams 9730 1532 V Co - M Griffiths (059) 62 4245

HEIDELBERG LEGACY WIDOWS CLUB

Warmest greetings to all those persons in hospital and housebound. Newly enrolled widows always most welcome to join the club. We enjoyed the annual Legacy Commemorative Sunday. Attendance at our General Meetings, great, God bless you & yours.

Meetings 2nd Mon at 11am
Pres - V Keating 9459 1981
H Sec.L. Curran 9459 8904
V Co-ord - M. Canty 9499 4144

KEW LEGACY WIDOWS CLUB

At our October Meeting we will have a display of spring fashions from Danny Blum. In November Judy Johnstone will demonstrate products of interest to sufferers of arthritis. It is not too early to book for our Christmas outing by bus to Mornington, Wednesday 4th December. All Legacy Widows welcome at our meetings.

Meetings held on 3rd Wed of month at 11am Pres - C Curnow 9853 7049 Hon Sec - B Wade 9859 1663

KNOX LEGACY WIDOWS CLUB

At Sept AGM we farewelled our secretary Katie for work well done. We also had a visit at our AGM by Kim Wells, our State representative, a video was shown of a plaque placed on the Kokoda Trail in memory of our fallen loved ones. Enjoyed a visit by Danny Blum many items were bought & a donated voucher of \$30 very acceptable. New members welcome.

Meetings 1st Mon at 12,30pm Pres - M Biggs 9801 7868 Hon Sec - M Dodwell 9801 9705

LAKES ENTRANCE LEGACY WIDOWS CLUB

26 members at our Aug Meeting. Plans were finalised for Veterans' Health Week in October. Members brought along their wedding photos - had a competition for "Guess Who?" Some were difficult to recognise! We are looking forward to having interesting speakers at future meetings.

Meetings 1st Friday at 11am Pres - M Kerby (051) 55 1908 Sec - M Faulkner (051) 55 1561

LILYDALE LEGACY WIDOWS CLUB

Thanks to Amy Chandler who resigned from our Committee for health reasons, welcome to Joyce Jeffries who has taken her place. July we took a tour of the MCG & Sept, a trip to Williamstown with Australian Pacific. A St. John's Ambulance member spoke in Aug & Sept the "Egg Lady" on decorating eggs. At our Aug General Meeting a ballot was taken to decide how to celebrate our Oct Birthday, result is a "family only" party this year.

Meetings every 2nd Monday of the month at 1.00pm Pres - M Orford 9726 0238 Hon Sec J Layton 9735 5646

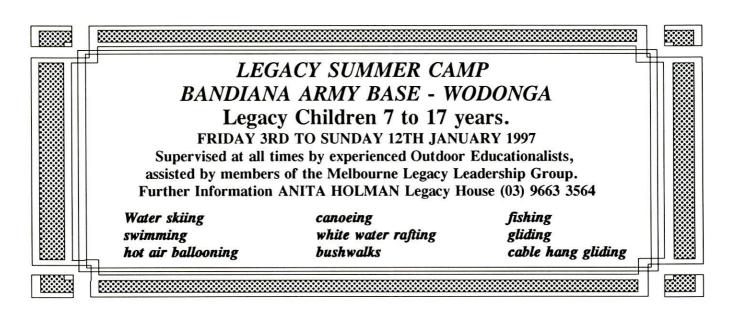
EDUCATION - FINANCIAL ASSISTANCE FOR JUNIOR LEGATEES

Many Melbourne Legacy Widows with Junior Legatee students, at primary, secondary or tertiary level, are receiving financial assistance towards education expenses, from funds administered by Melbourne Legacy. Widows are reminded that each application for assistance needs to be renewed each year with the assistance of a Legatee.



In cases where Junior Legatees, after leaving school, have decided to return for further study to improve their prospects for employment, applications can be submitted for further assistance.

In accordance with the provisions of the Barbara A. Macrae Trust, financial assistance is available for Junior Legacy boys living beyond the boundaries of Melbourne Legacy, throughout the whole of Victoria.



DISABLED DEPENDENTS REPORT

August was another lovely outing for our young people and also the mothers and carers. Volunteer Helpers took our young people off to the pictures and McDonalds, plus a ride on a tram around the city. Mothers as usual had meetings chaired by Vice President Clare Barnard in the absence of Letty Morrison and afterwards, a lovely lunch provided by Bayside Branch of Legacy. We really are spoilt the way these gentlemen look after us once again our grateful thanks. In the afternoon a lovely programme provided by Lynette Hurley Tap Dancers and Callisthenics. Altogether a marvellous afternoon of music. Our thanks to Roy Jacobs for finding such good entertainment for us. Until next time, Cheerio

DOT KENNY

ANNUAL FETE MONDAY 4/11/96

Donations of materials to Legacy House suitable to make aprons for the fete would be appreciated.



MALVERN LEGACY WIDOWS CLUB

At our Meeting we discussed the proposal for housing put forward at the all day seminar. Arrangements were finalised for our mystery bus trip and further outings planned. In August we had a member of the Police force to speak on "Confident Living for the Elderly". A warm welcome awaits new and old members at Senior Citizens Centre, 1255 High St Malvern.

Meetings 3rd Tues at 10am Pres - W Ames 9822 1888 Hon Sec - A Porter 9509 9362 V Co-ord - M Spain 9509 0612 G Aspinall - 9509 9805

MITCHAM LEGACY WIDOWS CLUB

Meetings are well attended & thoroughly enjoyed by members. In Sept we attended the "Fountain Restaurant" & at our Sept Meeting we had the pleasure of Mr Bruce Ruxton as our Speaker. Wed 2nd Oct we are off to Flowerdale Hotel for lunch & our guest speaker Wed 25/10 is Lionel Lawrence to pass on to us some of his knowledge on roses. All the best to our friends on the sick list.

Meetings held each month on the 4th Wednesday at 12.30pm Pres - S Bowman 9874 5662 Sec - H Smith 9873 2532 Soc Sec - M Cummings 9874 7504

MORNINGTON LEGACY CLUB

Thanks to our Legatees F Miles, F Such, & A Quayle they are very hard workers. Best wishes to Past Pres Bonnie Potter in St Vincents Hospital & hope that she will be well again. L'tee Fyffe is in Frankston Hospital, hope he is home soon. Our 6th birthday & our visit to the Turner Exhibition at the Art Gallery were a big success. All Legacy Widows welcome to our Meetings. Regards to all Legacy Clubs.

Meetings held every 4th Wednesday at 12.30pm Pres - M Sinclair (059) 75 5322 Sec- P Roberts (059) 75 2744

NAGAMBIE LAUREL CLUB

In Aug, 11 members travelled to visit our counterparts in "Alexandra". We joined our host branch for lunch at the Shamrock Hotel, then a visit to their shopping centre, then we were entertained in their clubrooms, a very pleasant outing. We celebrated our 21st birthday 11th Aug with a visit to Puckapunyal to meet-up with the other Seymour Legacy Clubs. All enjoyed the smorgasbord. Thank you L'tee lan Pollard for our safe travel.

Hon Sec - Mrs Allen (054) 94 2691

NOBLE PARK LEGACY WIDOWS CLUB

Our meetings have been well attended. Enjoyed the "Coralite Singers" who entertained us and our trip to Warburton for Variety on Parade was a very happy day. Looking forward to our Luncheon at the RSL Rye Wed 2/10

Meetings 3rd Wed at 1.00pm Pres - M. Veal 9546 9110 H Sec - D Spruce 9547 6078

NORTHCOTE LEGACY WIDOWS CLUB

Many members have been unable to attend recent meetings due to winter ills, we look forward to their return. We enjoyed an interesting talk on the history of Ripponlea, & we have been treated to tastings of Macadamia Nuts and Chocolates. We enjoyed the Church Service at St Pauls Cathedral & lunch at the Hyatt. Many members helped with badge selling.

Meetings 4th Monday of each month at 1.00pm Pres - J Donald 9480 2101 H Sec - E Newton 9484 1056 Soc Sec - D Freeling 9470 6554

NORTH BALWYN LEGACY WIDOWS CLUB

In Aug we had a trip to Langwarrin Hotel & enjoyed a very nice Xmas in Winter lunch. Our Sept speaker was Mr Patrick McLeish to explain Deeming & October's speaker will be Mario Pisani from Vic Rail to tell us about their tours. Our local Street stall Fri 4/10 & we need lots of homemade goodies to sell. Hope we do as well as last year.

Meetings every 4th Monday of month at 10.30am Pres - M Parker 9857 9574 Sec - S O'Toole 9857 6280

PRESTON RESERVOIR LEGACY WIDOWS' CLUB

The club celebrated its 11th Birthday. President of Reservoir RSL Mr Hibbert & wife, T.Woolcock, Pres Northern Branch Legacy attended. Also attended L'tees Mr MacGillycuddy & wife, & J Leckie. B. Weate entertained members playing the piano accordion. A speedy recovery to sick members.

Meetings 2nd Wed at 1pm Pres- D Wilson 9478 7279 H.Sec- J Patterson 9478 1016

RANGES LEGACY WIDOW'S CLUB

In July we welcomed our new Pres Nancie Armstrong & V.Pres Nancie Wemsley. Congratulations to two members Elva Muhl & Joan Coley who won a 1st & 2nd place in the Arts & Crafts Exhibition. Our soup & sandwich lunch on a very cold day was a huge success. Dulcie Grieg sadly passed away. Danny Blum fashions always very popular with our members. Thankfully many sick members are better.

Meetings held each month on 4th Tuesday at 12.30pm Pres - N Armstrong 9754 2496 Hon Sec B Prain (059) 68 8379





MCKENZIES CARE

McKenzies will pick up passengers from Healesville office, Lilydale, Mooroolbark, Croydon, Ringwood, Mitcham, Box Hill 'own Hall, Kew Depot, Batman Avenue.

Thursday 10th October
Toolangi, Forestry Centre
\$26.00 Lunch included
Batman Avenue 9am

Thursday 7th November Phillip Island \$28,00 Lunch included Batman Avenue 9am

Thursday 5th December
Glenmaggie Wallaby Rise
\$32.00 Lunch included
Batman Avenue 9am

Wednesday 25th December Gleunda - Christmas Lunch \$40.00 Batman Avenue 9am

Ring Joan Miller (9663 3564) for these or other special group bookings

Send Applications for day trips to Legacy House, P.O. Box 4312 PP, Melbourne GPO, 3001, in envelopes marked "Outings." Please include a stamped self-addressed envelope for return of tickets. Money orders or cheques made payable to Melbourne Legacy. Day trips do not include lunch unless specified. Please include a contact phone number. Payment may be made by instalments if preferred.

H = Healesville: L - Lilydale Station:

 $C = Croydon\ Cinema:\ MK = Mooroolbark:$

R = Ringwood: M = Mitcham:

 $BH = Box \ Hill \ Town \ Hall: \ K = Kew \ Depot:$

BA = Batman Avenue

VENTURA COACH TOURS

Ventura Tours depart Oakleigh South Depot 7.30am. Moorabbin Town Hall 7.45am and Spencer Street Coach Terminal Bay 38, 8.30am. <u>Book Direct to 9570</u> <u>1554, cheques to P.O. Box 317, South</u> Oakleigh 3167.

<u>Tuesday 8th October</u> Spectacular Country Gardens tour

Visit 4 delightful gardens with morning tea and lunch included \$32.50 per person

Thursday 24th October
Lake Eildon Cruise/Deer Park
Visit Thornton Deer Park, BBQ lunch &
Eildon Cruise \$30.00 per person

Friday 8th November
Dookie College for comprehensive tour
and lunch
\$30.00 per person

Thursday 21st November 1998 Lavandula Lavender Farm/Hepburn Springs - lunch included &20.00 per person

Wednesday 4th December 1996
Christmas Lights by Night & City Sights
Melbourne at its festive best including
supper cruise \$29.00 per person

Thursday 12 December 1996
Christmas Lunch at Underbank Lodge
Traditional fare with all the trimmings plus
prizes to be won!! \$36.00 per person

For Ventura Coach Holidays see page 19



SOUTHERN PENINSULA LEGACY WIDOWS' CLUB

65 members at our Aug Meeting with 4 new members welcomed & 2 Legatees present. Mr Field from Crib Point displayed his hand made shoes. In July a trip to Legacy House to the Art & Crafts display & in Oct we are going to Mirboo North Brewery. Our Xmas lunch is at Rosebud RSL Mon 25/11. Hoping our sick ladies will be back soon.

Meetings 3rd Mon of month at 1.30pm Pres. M Williams 85 3458 H Sec - A Thomas (059) 85 4176 V-Co-Ord E Saxe (059) 85 5472

SOUTHPORT LEGACY WIDOW'S CLUB

Congratulations Legacy on a wonderful Sunday, it was enjoyed by all. The sunshine was superb at the Shrine. Get well to Legatee Taylor, Jean Blanck our President and May Stackpoole. Hope to see you soon. Welcome to our new members. Thanks to our cover girl.

Meetings 2nd Wed at 10.30am Pres - J Blanck 9690 1495 Sec - G Gunn 9699 3514

SUNBURY LEGACY WIDOWS CLUB

We meet at Uniting Church Hall Brook Street. It is with regret we accept our President Mrs Martin's resignation due to work commitments. We wish her well. New members welcome, enquiries to the Hon Sec.

Meetings 3rd Mon at 1.30pm Sec - E Lancaster 9744 2290

UPPER YARRA LEGACY WIDOWS CLUB

Meeting numbers have been down over the winter months. In Sept we had our Annual Luncheon & we are looking forward to our "Picnic in the Valley" next March. Wonderful to see Glad Webster back with us again, Marge Baker after being in hospital, also Legatee Grulke after his holiday in Queensland. Meetings at the Upper Yarra RSL.

Meetings held each month on the 1st Tuesday at 2.15pm Pres - N McMaster (059) 67 1502 Hon Sec - B McRae (059) 67 1934

WATSONIA LEGACY WIDOWS CLUB

Our 7th Birthday Luncheon held in July was very successful. While we were enjoying an excellent meal we were entertained by Mark Leehy and Mandy Stevens playing some very enjoyable light music which everyone enjoyed.

Meetings 3rd Tues at 11am. Pres - N McGregor 9435 0800 Hon Sec - A Wass 9435 4237 Soc Sec - M Leehy 9459 3241

WAVERLEY LEGACY WIDOWS CLUB

We have held our numbers up during winter & are getting along very happily as a club. We regret we had to cancel our Merimbula trip due to lack of support. We look forward to our visit to Harcourt (Butterflies) & a BBQ lunch at Castlemaine. Bookings will soon be in hand for our Xmas Lunch at Point Cook RAAF Base. A warm welcome to new members.

Meetings on 3rd Wed at 1pm. Pres - L Carr 9561 8628 Sec - M MacKenzie 9807 3958

WESTERNPORT LEGACY WIDOWS' CLUB

Members enjoyed a good afternoon of "Hay", so much, they want it again. Our AGM will be in October, a call for Officer Bearers. Sympathy to the family of Linda Benchley, a good member now at peace. Best wishes to our sickies.

Meetings held on 3rd Wednesday of every month at 1.30 Pres - M Rutledge (059) 40 1353 H Sec- P Le Vette (059) 97 1015

WILLIAMSTOWN LEGACY WIDOWS CLUB

It has been an honour & a privilege to have been President of this very successful club over the past 2 years. My special thanks go to the Legatees, the RSL & my wonderful committee. My best wishes go to my successor. I know the ladies will give her the support they have given me. I wish you all well & thank you for 2 wonderful years. *Ella Bambery*.

Meetings held on every 2nd Tuesday of month at 10.30am Pres - P O'Brien 9397 5100 Sec - M Love 9397 1443

MELTON LEGACY CLUB

INAUGURAL MEETING WILL BE HELD <u>WEDNESDAY 16TH OCTOBER 1.30PM</u> AT THE GUIDE HALL CORNER YUILLE & PINKERTON STS. MELWAYS REF 115 C8/D8



INTERASIA 9523 6555 or TOLL FREE 1008 337 026 Licence No.31708 Gwen Brash	Tours fully escorted. 19/10 8 Day Beijing Tour \$999 includes airfare, B/B, t/share, airport transfers. 3/6/97 10 Day Beijing (includes travelling time) fly Qantas \$1798 t/share all inclusive. 8 day Tasmania tour 17/3/97 out on Spirit of Tasmania, fly home, fully escorted. 23/5/95, 15 day China Silk Road tour, fully escorted, register interest in either tour.
UINCES 568 1122 Licence No, 30568	6 Day Bowral/Mittagong & Shoalhaven Tour dep. 9/11 \$580 T/S. Xmas Seaside Celebration 5 day Merimbula Tour, Dep 22/12 \$455 T/S. 5 Day Snowy Mountains Christmas Tour Departs 22/12/96 \$460 T/S. 5 Day Bright Christmas Breakaway, departs 22/12/96 \$399 T/S. New Year on The Murray, 4 day Mildura Tour departs 30.12.96 \$350 T/S.
RSL (BELMORE) TRAVEL Lic 30154 Tel: 9857 4555	RSL Women's Council Tour Norfolk Island 17/11 - 24/11/96 Twin share \$1,695.00 Single \$2,065.00. Includes return fares/dinner/bed & Breakfast tours. Valid passport or Letter of Identity required.
JANE SEYMOUR 9726 7064 015 337 294	Grampian Great Escapes 14/10-17/10: 21/10-23/10: \$395 T/share, transport from Melbourne.
VENTURA COACHES 9570 1554	6 Day Victor Harbour 7/10 \$415 p/p.7 Day Blue Mountains 26/10 \$620.00 P/p. 2 Day Gannawarra "Wetlands" 14/11 \$115 p/p. 3 Day Sydney "Miss Saigon" 22/11 \$285 p/p 3 Day Sydney "Crazy for you" 22/11 \$285 p/p 5 Day Warrnambool 25/11 \$370 p/p. 5 Day Mt Gambier "Christmas" 23/12 \$435 p/p 10 day NSW North Coast "Christmas 23/12 \$980 p/p
ROSEBUD 9337 8388	18 Patterson St, and 6 Fifth Avenue, Bookings & Tariff Details phone Alice, after 7pm.
ALBURY MANOR HOUSE 060 41 1777	Special officer \$220 dbl save \$100. includes 2 nights bed & breakfast, luxury accommodation. Use rail voucher.
VERONICA'S TOURS 9435 0850	O'Reilly's Guest House, Lamington National Park 9 Days in Springtime 19/10/96

Cancellation Policy is utilised by all registered travel agents. Cancellation fees are payable on a sliding scale according to the number of days prior to departure the cancellation occurs. No refund is available if the Travel Agent has not been notified prior to departure, or if the traveller fails to join the tour, or leaves before the tour has been completed. Once final payments have been made to the Tour Operator, Legacy is bound by the Agreement. ladies are advised to contact their Insurance Agent re Travel Insurance.



1st

1st

1st

1st

CRAFT EXHIBITION - JULY 1996

BEST DRESSED ANIMALS -DRESSED DOLLS -CAKES -CROCHETED RUGS -KNITTED GOODS -**DECOUPAGE -**PAPER TOLE -PAINTINGS -PENCIL DRAWING -**BEST PICTURE -**PRESERVES -

NOVELTY ITEM -

BEST OVERALL CLUB -

GARMENT SEWING EXCELLENT DISPLAY OF WORK - Intermediate Legacy

Puss in Boots/Laughing Cavalier/3 Musketeers - Essendon Lace Doll - Croydon Pink Lady - Betty Browne, Melbourne Elva Muhl 1st/J Coley - Upwey Ranges 2nd Baby Shawl - Bayswater Nora Howard - Southport Tess Bendon - Essendon 1st Margaret Eriksen - Eltham 1st Fonce Kerr - Waverley 1st Enid Peiper - Cobram 1st Apple Jelly - Hastings 1st Marmalade - Gladys Margetts 2nd 3 Eggs - Cobram 1st

Bayswater 1st Southport & Cobram equal 2nd

Deb Frock 1st/ Child's Dress 2nd





VETERANS' HEALTH WEEK EVENTS

Department of Veterans' Affairs (DVA) Health Week is 20-26 October this year. Special events that we in Legacy have organised during the period are:

CONDUCTED WALKS:

Mon 21 October: Botanic Gardens starting 2pm & finishing at 3.30 pm. Thurs 24 October: The Domain - doing a tour of the memorials etc. starting at 2pm.

TALK AT LEGACY HOUSE:

Wed 23/10 1.15pm 2nd Floor Legacy House

President of the Melbourne Widows, will chair the session. The topic covers those things you ought to know or do prior to going into, staying and leaving hospital, your questions are invited. In addition an officer from DVA to cover Veteran Affairs matters and an officer from the Royal Women's Hospital to cover the public health aspects.

If you wish to attend any of the above Legacy events contact Joan Miller on 9663-3564 or Legatee Saltmarsh on 9890 6033. Other events you could consider are:-

to be held at The Camberwell Centre, Monday 21 October.

There will be dancing in style and a scrumptious Devonshire tea will be provided.

THE ANNUAL VETERANS' HEALTH WEEK AFTERNOON TEA DANCE 🥻

VICTORIA POLICE BAND FREE CONCERT Featuring Daina Jowsey & Brian Carbery at the Heidelberg Town Hall, Thursday 24th October 1996 from 1-3pm.

EXPO OF SERVICES FROM 12-4PM.

Dept of Veterans' Affairs Returned Services League **Bundoora Extended Care Centre** Austin & Repatriation Medical Centre

Banyule City Council City of Darebin Melbourne Legacy Osteoporosis Display

Bookings/information for Tea Dance, Free Concert or Expo Tel: 9354-7917 or 9284-6453

WEST SIDE STORY Arts Centre

Wed 20/11/96 1pm \$49 Sat 23/11/96 2pm \$59

HER MAJESTY'S Starring Jane Scali & David Dixon 40 songs from 50's/60's



Sun 6/10 3pm A res. \$59 B Res \$49

RIVERDANCE **እ TENNIS CENTRE** ለ

Sat 15/3 2pm \$64, Cancellations only

H.M.S. PINAFORE



Arts Centre Sun 19/1/97 4pm Wed 22/1/97 1pm Sat 8/2/97 2pm \$39 (Children \$29) Starring Jon English

HER MAJESTY'S

Wed 12/2/97 1pm \$41.00 Sat 23/3/97 2pm \$49.00

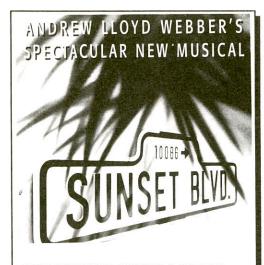


为 MORNING MELODIES 为 Concert Hall

Mon 7/10, 11.30am only \$8.00 (Legacy Concert Day) Satchmo Revisited

Thurs 14/11 1.30pm \$8.00 "That's Entertainment"

Wed 18/12, 1.30 pm \$8.00 **Christmas Show**



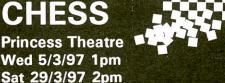
REGENT THEATRE

All tickets booked. Jan/Feb payments due. Weds 1pm \$38.00.

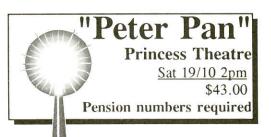
Payment at least 3 mths ahead Pension Numbers required.

Cancellations only available Wed 1/1/97-28/5/97

CHESS



Wed 5/3/97 1pm Sat 29/3/97 2pm \$65 no concessions (\$5.00 off full price)



Enquiries Joan Miller 9663 3564. Written applications to Legacy House P O Box 4312PP Melbourne 3001. Mark envelope "outings" cheques/money orders payable to Melbourne Legacy. Please note tickets may be paid by instalments. Final payments minimum of 10 days prior to performance. Tickets not paid for will not be held. Sunset Boulevard - not held if not paid for at least 3 months prior to performance date. There have been too many bad debts from tickets ordered & not collected as promised.

C

Contributions Page

"Who shall despise the Day of Small Things?" (Ecclesiastes)



THE DAY OF SMALL THINGS

I sometimes think my life is slipping by A round of nothing much except regret For all the chances lost, the hopes that I Once cherished, and I wish I could forget.

Life seems made up of trivialities! You make great plans, and in the interim LIFE happens. Just the small realities That make it up and fill it to the brim!

And then, across my wall at day's first light I catch the fleeting shadow of birds' wings, And all my being knows that swift delight That comes unbidden from the smallest things

And when my little ones come tumbling in"Nan! are there any Tic Tocs in the tin?"

I think perhaps Small Things are not so bad!

Irene King of Box Hill

I GOT UP EARLY

I got up early one morning and rushed Right into the day

I had so much to accomplish that I didn't Have time to pray

Problems tumbled about me, and heavier Became each task.

"Why doesn't God help me?" I wondered, And he answered: "You didn't ask."

Alf Young, Middlesex

WORRYING



"You can't change the past, but you can ruin a perfectly good present by worrying about the future."

Alf Young, Middlesex

XMAS PUDDING

(Recipe over 100 years old)



6oz butter

5oz sugar

4 tsp cream of tartar

4 lb raisins

6oz currants

5 tblsp brandy

1 tsp of bi-carb soda in 6 tsps of milk

2 cups white breadcrumbs

6 currants

6 large eggs

3 oz mixed peel

4 tsp of bi-carb soda in 6 tsps of milk

Method

Cream butter & sugar & add eggs (One at a time) add bread crumbs and fruit mixed with spices, lastly soda & milk.

Boil 3½ hours & repeat 1½ on date of use.

Makes 1 large steamer & 1 small basin

Mrs Winkie Browne of Malvern Branch

The late Mrs Marshall Allans' family

recipe, permission given by daughter Mrs

N Castle

Casserole Chops

4 Lamb leg chops
Flour
60g (2oz) butter
Salt, Pepper
2 tblsps raw sugar
½ Tsp curry powder
1 tblsp flour extra
½ tsp grnd ginger
¼ cup tomato sauce



½ tsp dry mustard

2 tblsp vinegar

¼ cup tomato sauce ½ cup water Trim any excess fat from chops, toss in flour seasoned with salt & pepper. Heat butter in pan. Add chops, brown well on both sides. Arrange in single layer on base of ovenproof dish. Put extra flour & remaining dry ingredients in saucepan. Add vinegar, blend until smooth. Add water and sauce, stir over heat until mixture boils and thickens. Pour over chops. Cover, bake in moderate oven 1½ hours to 2 hours or until chops are tender.

Legatee Tom Butcher



Alf Young of Middlesex in his London garden with Melbourne & London Legacy wreaths, just before the ANZAC Service 1996 at Harefield Church.



Family come from far and near
To share a meal and add good cheer
Legacy Sunday's a wonderful day
From town and country they come to say
Don't be lonely, don't be shy
There's always something to gladden the eye
So if you missed it, don't think the worst
In '97 its August 31st

Joan Miller Widows' Clubs Co-ordinator

QUESTION

If you had a camel without a hump, what would you call it?

ANSWER Humphrey

QUESTION

If you had a deer which was totally blind, what would you call it?

ANSWER No Idea
from Mrs E. Holland Cranbourne

WHAT'S IN A NAME?

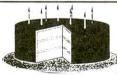
Little Earthworm in the ground
You see no sight, you hear no sound,
You burrow holes down underneath
Without benefit of teeth.
No ear, no eye, no feet, no hands,
We are behoved to understand
Just how, with attributes so few
They names a planet after you.

from Doncaster RSL Digest
sent by Irene Tallis

Getting old is no big deal

Why the other day I found a grey hair in my brush and thought, "What grey-haired old fool has been sneaking into my house to brush his hair."

Doncaster RSL Digest sent by Irene Tallis



OLD SNAPSHOT OF A 4TH BIRTHDAY PARTY 1923

Our birthdays go back to the land past remembering. Back to the parties - the things that we wore! Bows on our heads that were bigger than lettuces, Sashes to match and with frillings galore.

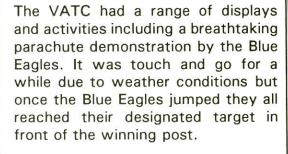
Then we were fairies made chiefly of gossamer, Lighter than air and with star spangles strewn. Wands that we made could weave magic and miracles, Brown paper wings could make trips to the moon. Hundreds and Thousands in magical sandwiches, Jellies and fairy cakes, icing and cream, Never was banquet more lush or incredible, Nothing could equal the dream of that dream

Granted a wish or a rare opportunity
Let's NOT go back, for perhaps it would seem
Gone was the flavour of innocent rapture, Far
Better to savour the Dream of the Dream
Irene King, Box Hill

Legacy goes " Back to Caulfield" For Veterans' Race Day

We were delighted with the many Legacy Widows, Legatees and friends of Legacy who participated in the Commemorative Race Day at Caulfield Sunday 25th August - marking the 75th Anniversary of the RAAF





Legacy even had a special race named after it: "The Legacy Widows Appeal Handicap". Our thanks to the VATC for this courtesy. Hope we had a few winners!



Vice President, Legatee Brian "Lucky" Luscombe placed a Wreath of Remembrance at the Legacy "Lone Pine" - a descendant of the Gallipoli "Lone Pine" on behalf of the Legacy Family. The historic tree was presented to Caulfield last year as part of the events to mark the 1995 Australia Remembers year.





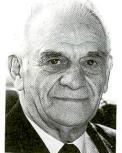
THE ANSWER



A NEWSLETTER FROM MELBOURNE LEGACY

Issue 218 - August, 1996

Published by: Junior Legacy, Melbourne, (ACN 004 301 348) Print Post Approved PP 349181/00313



Dear Ladies,

I have met many people and attended numerous Legacy functions over the past three months. It has been very busy, but an

excellent learning experience. Thank you all for the wonderful welcome.

In particular I have been impressed by the successful operation of all the Legacy Widows' Clubs that I have visited. All clubs have an excellent program of guest speakers and most interesting outings. It is great to see many people happily involved together.

If you need some advice about how to join a Widows' Club in your local area please contact Joan Miller at Legacy House (Tel: 9663 3564)

Best Wishes

Legatee (Salty) Saltmarsh Committee Chairman



Gwen Gunn inspects the Harleys (See Page 24)

MELBOURNE LEGACY: Address - Legacy House, 293 Swanston Walk, Melbourne 3000 Telephone - (03) 9663 3564 Fax (03) 9663 3015 President - Legatee R.H. Ward Patron - His Excellency the Governor, the Honourable Richard E. McGarvie AC.



IN THIS ISSUE: **CONTENTS:** Diary Page Welfare 3,5 Notices 9.11 Feature Events 6,7,12,13,15,20,24 Club News 8,10,14,16,18 Travel/Theatre 17,19,21 Contributions 22,23

The "Back to Caulfield Race Day" is back! Sunday 25th August

Last year's event proved so successful that the VATC will hold another commemorative day for Legacy and the veteran community as a special celebration of the RAAF's 75th Anniversary. Along with top class racing, Caulfield Racecourse will be a buzz with activities including historical and military displays, RAAF Band, RAAF flyover, Blue Eagles parachute demonstration, Lighthorsemen parading down the main straight, Historical Society Reenactments and many other features.

The Red Rattler train will be "on service" between Flinders Street and Caulfield Stations.

The Terrace Whittier Stand is the reunion room for the Legacy Family. While all are welcome there if you would like a sandwich/cake platter to be provided pre-purchase is necessary (\$5 per plate). Forward to Susie Howard at Legacy House. Mark envelope "Caulfield." Entrance to the Racecourse for Legacy Widows (please wear your Badge for identification) IS FREE.

A Service of Remembrance will be held at the Gallipoli "Lone Pine" tree which Melbourne Legacy presented to Caulfield last year at 11.15am. See you at the races!



From The Editor:

Hope you are all well and remain virus free! Please note change of church venue for 1/9 because St. Michael's wasn't big enough for their own congregation and the Legacy Family.

Badge Day Friday 6/9/1996

Karen in the Badge Office would appreciate volunteer badge sellers and helpers afterwards to help with the packing up work.

Annual Fete Monday 4/11/96

Coincides with usual free monthly concert come along to browse for bargains!

Love to you all JOAN.



FUTURE ISSUES OF"THE ANSWER"

We will publish a further two issues of "The Answer" in 1996.

<u>ISSUE</u>	COPY DEADLINE	DISTRIBUTION
Oct 96	1 Sep 96	Last week Sep 96

Dec 96 1 Nov 96 Last week Nov 96

When you send us your recipes, poems, stories & jokes, if possible please identify the author of any item that is not your own original work & confirm that clearance has been given for publication.

Photographs must be in sharp focus & have good lighting with caption on separate sheet.

It is with regret that we advise that two of our oldest Legacy Ladies have died in recent weeks:

MRS FLORENCE PLUNKET

Born 4th June 1891

Died 6th May 1996 Aged 105

Her husband William served with 58 BTN in

WWI born in 1891 and died 1980

MRS LESLIE OSTLER

Born 24th January 1892

Died 22nd June 1996

aged 104 yrs 5 mths

She came to Australia in 1920 after a six week sea voyage. Her husband was a machine gunner in the 22nd Battalion.

Planning Ahead

A guide to putting your affairs in order

The Department of Veterans' Affairs has recently issued a new folder that Melbourne Legacy believes will be of real value to Widows, as well as to Veterans.

The folder contains:

 An informative booklet that covers topics such as making and changing your will; pre-paid funerals; War Widows' Pension and Income Support Supplement; dealing with loneliness and looking after your health.



 Personal Information Sheet/Check List which when completed will help your family with the task of notifying various people and organisations of your death.

You can obtain a copy of the **PLANNING AHEAD** folder by telephoning the Department of Veterans' Affairs on

9284 6635 or 9284 6160

Those readers of "The Answer" from Country Areas could write to The Department of Veterans' Affairs, 300 LaTrobe Street, Melbourne 3000 or contact DVA Regional Offices at Frankston or Morwell.

THE WOMEN'S HEALTH INFORMATION CENTRE

The Women's Health Information Centre offers information, resources and education on all women's health issues. The service is targeted to all women in the community and ranges from counselling and advice on personal matters to health information referral and preventative screening services such as Breastscreen, pap smears and blood pressure checks. The Information Centre also provides information/education in the form of newsletters, pamphlets, journals, videos and books for loan.

HOURS: Monday to Friday 9.00am - 1.00pm and 2.00pm - 5.00pm

ADDRESS: Corner of Cardigan and Grattan Streets

The Royal Women's Hospital

132 Grattan Street

CARLTON 3053 PHONE: (03) 9344 2007





AUGUST

ALLEGO WILLIAM STANCE OF THE S		PROPERTY AND AN ARTHUR AND AN ARTHUR AND AN ARTHUR AND		
THURSDAY	1ST	PAINTING		11.00 A.M.
FRIDAY	2ND	KEEP FIT-SEE PAGE 12		
MONDAY	5TH	FREE CONCERT AT LEGACY HOUSE		1.00 P.M.
TUESDAY	6TH	SWIMMING AT CITY BATHS - SEE PAGE 13	EXERCISES	10.30 A.M.
TUESDAY	6TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	7TH	BOWLS		10:30 A.M.
THURSDAY	8TH	PAINTING 11 AM	W.W.1 TRAVEL GROUP	11:00 A.M.
THURSDAY	8TH	DAY TRIP TO DARNUM MUSICAL VILLAGE		9:00 A.M.
FRIDAY	9TH	KEEP FIT-SEE PAGE 12		
MONDAY	12TH	BOWLS		10:30 A.M.
TUESDAY	13TH	SWIMMING AT CITY BATHS - SEE PAGE 13	EXERCISES	10.30 A.M.
TUESDAY	13TH	CRAFT WORKSHOP 11AM	LINE DANCING	12.05 P.M.
WEDNESDAY	14TH	BOWLS		10:30 A.M.
THURSDAY	15TH	PAINTING		11:00 A.M.
FRIDAY	16TH	KEEP FIT-SEE PAGE 12		
MONDAY	19TH	BOWLS		10:30 A.M.
TUESDAY	20TH	SWIMMING AT CITY BATHS - SEE PAGE 13	EXERCISES	10:30 A.M.
TUESDAY	20TH	CRAFT WORKSHOP		11:00 A.M.
WEDNESDAY	21ST	WIDOWS' CLUB COMMITTEE MEETING		10:30 A.M.
WEDNESDAY	21ST	HOME & HOSPITAL GROUP 12 NOON	CARDS	12:30 P.M.
THURSDAY	22ND	PAINTING		11:00 A.M.
FRIDAY	23RD	KEEP FIT-SEE PAGE 12		11:00 A.M.
SUNDAY	25TH	CAULFIELD RACE DAY	MATINEE - PIANOMEN	5:00 P.M.
MONDAY	26TH	BOWLS		10:30 A.M.
TUESDAY	27TH	CRAFT WORKSHOP		11:00 A.M.
WEDNESDAY	28TH	CARDS		12:30 P.M.
WEDNESDAY	28TH	MATINEE PREVIEW SMOKY JOE'S CAFE		1:00 P.M.
WEDNESDAY	28TH	MORNING MELODIES CONCERT HALL		1:30 P.M.
THURSDAY	29TH	PAINTING		11:00 A.M.
FRIDAY	зотн	KEEP FIT-SEE PAGE 12		

SEPTEMBER

SUNDAY	1ST	LEGACY SUNDAY: CHURCH 10:30 A.M./LUNCH	11:30 AM-1:00 PM/SHRINE.	
		1:30 P.M.START OF LEGACY WEEK. HELP ALL Y	OU CAN.	
MONDAY	2ND	FREE CONCERT AT LEGACY HOUSE		1:00 P.M.
TUESDAY	3RD	SWIMMING AT CITY BATHS-SEE PAGE 12	EXERCISES	10:30 A.M.
TUESDAY	3RD	CRAFT WORKSHOP		11:00 A.M.
WEDNESDAY	4TH	BOWLS		10: 30 A.M.
THURSDAY	5TH	PAINTING		
FRIDAY	6TH	BADGE DAY.	ALTERNATE EXERCISE PROGRA	AM.
MONDAY	9TH	BOWLS		10:30 A.M.
TUESDAY	10TH	SWIMMING AT CITY BATHS - SEE PAGE 13	EXERCISES IN CHURCH HALL	10:30 A.M.
TUESDAY	10TH	CRAFT WORKSHOP 11AM	LINE DANCING	12:00 NOON
WEDNESDAY	11TH	BOWLS		10:30 A.M.
THURSDAY	12TH	DAY TRIP TO YARRA VALLEY WINERIES		9:00 A.M.
THURSDAY	12TH	PAINTING 11 A.M.	W.W.1 TRAVEL GROUP	11:00 A.M.
FRIDAY	13TH	KEEP FIT-SEE PAGE 12 IN CHURCH HALL		
MONDAY	16TH	BOWLS		10:30 A.M.
TUESDAY	17TH	SWIMMING AT CITY BATHS - SEE PAGE 13	EXERCISES	10:30 A.M.
TUESDAY	17TH	CRAFT WORKSHOP		11:00 A.M.
WEDNESDAY	18TH	WIDOWS' CLUB COMMITTEE MEETING		10:30 A.M.
WEDNESDAY	18TH	HOME & HOSPITAL GROUP 12 NOON	CARDS	12:30 P.M.
THURSDAY	19TH	PAINTING 11 A.M.	MORNING MELODIES	1:30 P.M.
FRIDAY	20TH	KEEP FIT-SEE PAGE 12 AT CHURCH HALL		
SATURDAY	21ST	MATINEE SMOKY JOE'S CAFE HER MAJESTY'S	¥	2:00 P.M.
MONDAY	23RD	BOWLS		10:30 A.M.
TUESDAY	24TH	SWIMMING AT CITY BATHS - SEE PAGE 13	EXERCISES	10:30 A.M.
TUESDAY	24TH	CRAFT WORKSHOP		11:00 A.M.
WEDNESDAY	25TH	CARDS		12:30 P.M.
THURSDAY	26TH	PAINTING		11:00 A.M.
FRIDAY	27TH	KEEP FIT-SEE PAGE 12 AT CHURCH HALL		
SUNDAY	29TH	MATINEE PETER PAN PRINCESS THEATRE		2:00 P.M.

The Newsletter provides information on a range of services for the benefit of our ladies. Items are welcomed for inclusion. However as publication does not necessarily mean endorsement Legacy cannot be held responsible for non-performance of goods and services. A decision to proceed is entirely at the discretion of the individual.

WALK WITH CARE

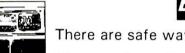
WHEN USING PUBLIC TRANSPORT

If you find the steps on buses or trams to be too high, don't be afraid to ask for someone's help when getting on or off.

Train Safety

Carelessness and over confidence are two of the main factors when a pedestrian is hit by a train. Life most accidents they are avoidable.

- when waiting for a train, stand on the station platform well clear of the approaching train. Stand **behind** the line painted on the platform until the train has stopped.
- At the railway level crossing be alert. If the Bells are ringing, the boom barriers are down and the vehicles have stopped. Do Not Commence To Cross the Crossing, even if you cannot see a train approaching: Never Follow Someone Else Across The Railway Line. You Must Wait until the Bells stop ringing, the boom barriers are raised and the vehicles commence to cross the railway line.
- ALWAYS STOP LOOK LISTEN AND THINK WHEN CROSSING AT ANY RAILWAY CROSSING.



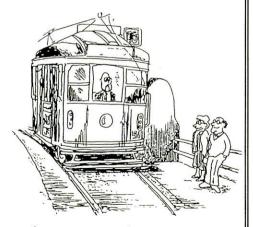
There are safe ways of getting on and off a bus:

- wait on the kerb; don't step on to the road to check if the bus is coming.
- after getting off the bus, walk straight to the **nearest** kerb. Never walk immediately in front of, or behind, the bus-you can be fined for this!
- wait well back from the road until the bus has departed before you cross.

Tram Safety

Unfortunately, accidents involving older persons and trams are quite common. If you use a tram, remember to:

- wait at the kerb until the tram has stopped for you; never walk out before this
- make sure that approaching traffic has stopped before you get on or off; it helps if you make eye contact with drivers of approaching vehicles
- walk straight to the nearest kerb or risk being injured or fined.



If you have any pedestrian concerns or would like to know more about "Walk With Care" please phone David Sweeney of VicRoads on 9345 4497.
In the meantime, please WALK WITH CARE.







REMEMBERS

Remembrance is a feature of all formal meetings and formal gatherings involving members of the Legacy Family.

Set out below are different forms of Legacy Odes that may be utilised for various meetings and gatherings.



AT WIDOWS' CLUB MEETINGS - BY A WIDOW

'Let us stand for a moment in silence In memory of our loved ones Lest we forget' (Repeated by Widows)



AT WIDOWS' CLUB MEETINGS - BY A LEGATEE

'Let us stand for a moment in silence In memory of your husbands, our comrades, those dear to each one of us Who offered their lives to defend our freedom. Lest we forget' (Repeated by Widows)



CEREMONY OF REMEMBRANCE GATHERINGS OF JUNIOR LEGATEES - BY A LEGATEE

'Let us stand for a moment in silence In memory of your fathers, our comrades And those Junior Legatees who gave their lives for our country We will remember them' (Repeated by Junior Legatees) Silence "Lest we forget" (Repeated by Junior Legatees)

Hey Hey It's Legacy Day

Our Annual Badge Appeal (1-7th September) is drawing closer and we are looking forward to the media support that will be gained during this time - especially with Daryl Somers as our personality. The Appeal is a special time for us, the one time of year that we ask ALL Australians to remember the work of Legacy.

And of course, many of you lovely ladies help us sell badges at this time. We deeply value your support. There is a special way you can help us. Please share the spirit of Legacy with

your family and friends. Let them know what Legacy does. appreciate that the community at large is not AS AWARE of the many things that are arranged on behalf of the widows, children and disabled dependants. Gaining media coverage is difficult but our Annual appeal gives us a special opportunity to remind the public of the very important part we play within the veteran community. If you have a special Legacy story that you can share call our Public Relations Officer, Susie Howard, at Legacy House she would love to hear from you.



Share Our Young Students' Vision of a Caring Australia

Legacy's Junior Plain English Speaking Award is well underway with hundreds of students aged 12 to 14 participating in the 1996 competition. The Award, inaugurated in 1988, has reached thousands of young Australians and each year the numbers wishing to participate continues to grow. Eighteen semi-finals are being held in Victoria.

The State Final will be held in the Iwaki Auditorium of the ABC's new premises at Southbank on Thursday 17th October from 10am until 1pm. The National Final will follow at the same venue on Monday 11th November. This year, over 400 schools in both NSW and Queensland



Belinda Raffa of Sacred Heart Regional Girls' College

are participating. Hobart Legacy is conducting its first competition and it is anticipated that 1997 will see Launceston Legacy enter into the spirit of fostering Legacy's ideals among our next generation, and we are very hopeful that Adelaide and Perth Legacy Clubs will also participate for the first time.

We can expect to hear a remarkable standard of public speaking at both finals. If you would like to attend either the State or National Final give Susie Howard a call at Legacy House. You'll be warmly welcomed.

CLUB NEWS

ASHBURTON LEGACY WIDOWS' CLUB

At our last meeting we bid a sad farewell to Doery Webster, a faithful member of the Club since its inception. Doery is leaving us to live at Ballarat to be near her family and we wish her every happiness in her new home. We had great entertainment from the Scott Glen Singers - beautiful harmony and popular selection - and are looking forward to our next speaker, Edwin Maher. Heading to Ballarat Woolshed on 28th August for our next day trip.

Meetings 3rd Wed at 12.30pm. Pres- B Mitchell 9885 4034 Hon Sec - S Eagle 9897 3135 V Co - N Ferguson 9568 2929 J Hitchcock 9569 7183

BAYSWATER LEGACY WIDOWS CLUB

Our new Welfare Officer Kay Carr, Ph.9545 6264, keeps in touch with our sickies. Norma Pieper Soc Sec, found it necessary to give up this position we thank her for many wonderful outings over past years. We are busy making items for our Nov annual craft stall. New members always welcome.

Meetings 1st Friday of month at 1pm Pres - V Quintrell 9758 3968 Hon Sec- L Morliere 9870 5069

BEAUMARIS LEGACY WIDOWS CLUB

June AGM & 12th Birthday was well attended including our L'tees & wives, L'tee Saltmarsh, Pres of Beaumaris RSL, past Pres.Mona Rowell.Thanks for 2 years good work. We welcomed our new Pres Margaret Brearley & V.Pres Muriel Bott & 2 new Comm. members.Thanks to our Sec & Treas, also Welfare & Soc.Comm. In July we celebrated Xmas at the "Gables" Healesville. July speaker from Camp Quality. Member Amy McDevitt passed away June 17th. She did a wonderful job making our Xmas hampers.

Meetings 4th Mon.at 1.30pm Pres - M Brearley 9583 6449 Hon Sec-R Clarke 9598 7483 Welf - M Pinkstone 9589 3737 Soc Sec - T Emry 9598 6112

BENNETTSWOOD LEGACY WIDOWS CLUB

10 Members went on a trip to the Northern Territory, we left by coach and flew home from Darwin. There were ladies from other Legacy clubs & we all had a wonderful time together. I hope our Bennettswood ladies didn't miss us too much!

Meetings 3rd Thurs at 10am Pres - M Willis 9808 8623 Hon Sec - J Kitchin 9808 5230 V Co-ord - H Crow 9808 3738

BERWICK LEGACY WIDOW'S CLUB

At AGM Annabelle Ford became our new Pres & Sec Jean Tivendale & Treas Norma Lovie were returned. Outgoing Pres Marg Henry was presented with a pot plant of cyclamens. Legatee Col Marshall informed members of the death of Eve Vancy who had been a dedicated member for many years. At our June meeting Val Murphy gave a cooking demo & Cath Mills was wished a speedy return to good health & good wishes were sent to all sick members.

Meetings 2nd Mon at 1pm. Pres - A Ford 9707 4231 Sec - J Tivendale 9707 1276

BLACKBURN LEGACY WIDOWS CLUB

Next meeting is 3 day trip to Apollo Bay, hurry for seats. Xmas in June was a success. We needed a diversion, June was a low month for us as 2 loved members died, Elsie Calder & Fran Mercer. Fran served on the committee. Our sympathy goes out their sorrowing families, we share their grief.

Meetings on 2nd Mon at 11am Pres - Pat Battye 9878 0539 Sec - Nell Thomas 9877 5802 V.Co - Edna Boag 9878 6653

BOX HILL LEGACY WIDOWS CLUB

Our attendances are increasing. From Sept we will meet at 10am each month & will meet in the new Box Hill RSL. It will be nice to have a permanent home, although the Salvation Army have made us so welcome during our stay. A warm welcome to any Legacy Widows in our area.

Meetings 3rd Mon at 9.45am Pres - O. Milne 9890 8516 Hon Sec- J Crosbie 9898 1121 V-Co-ord - B. Laurie 9899 6293

CAULFIELD/ST KILDA LEGACY WIDOWS CLUB

Cold days are still around, but we hope members will join us for coming events: Wed 7/8 speaker from Hearing Dogs Inc, Wed 21/8 13th Birthday at RSL, Wed 4/9 AGM, Wed 11/9 activities/cards, Wed 18/9 Visit to Orchid Nursery & lunch. Trip enquiries, contact Verna 9534 6246

Meetings 1st Wed at 2pm Pres - V Kidman 9534 6246 Sec - P Thompson 9531 6478 V.Co-ord S Cornish 9569 5571

CHELSEA DISTRICT LEGACY WIDOWS CLUB

We were saddened by the deaths of L'tees Keith Tymms & Harry Willmott. They will be missed. Several prizes were won by members (2 coach loads) at a delightful 7th Birthday lunch at Stamford Hotel, Rowville. In July we enjoyed Mr Smedley's talk about various types of apples. Our Aug speaker will be a Friend of the Zoo. Wed 11/9 is our fund raising day for Legacy so get those fingers busy. Future trips are to Scienceworks & Castlemaine-Maldon. Good health to all sickies. New members welcome.

Meetings held 2nd Wednesday of the month at 1pm. Pres B O'Brien 9772 1490 Hon Sec P Cash 9772 3917



ADVICE/ASSISTANCE FROM LEGACY

Most Legacy Widows will be aware of the Contact Legatees in their local area who can provide advice and assistance when problems arise. Others are reminded that they can contact a Legatee on duty at Legacy House Melbourne between 10 a.m. and 3 p.m, Mondays to Fridays by visiting Legacy House

(293 Swanston Walk) or by telephone 9663 3564.

Another opportunity for you to obtain advice from Legacy is at the monthly Widows Club Meeting - a Legatee attends these meetings and provides advice - see Club News Section of the newsletter.

HOUSING MAINTENANCE/RENOVATIONS



Melbourne Legacy provides an information service of names of tradesmen/contractors who are able to provide housing maintenance/renovation services. Widows may obtain names from our Tradesman's list by telephoning the Housing Clerk of Legacy House 9663 3564. However, PLEASE NOTE:-

We do not accept responsibility for the standard of work carried out by those on the list

Melbourne Legacy strongly recommends that at least two quotations be obtained for any home maintenance work, except for very minor jobs. We also suggest that wherever possible, use be made of the home inspection service which is available free of charge under the Home Renovation Advisory Program (HARP) - See page below.



FREE HOME RENOVATION ADVICE

The Home Renovation Advisory Program is a free home inspection service offered under the Home Renovation Advisory Program. If you have home renovation work that needs to be done Melbourne Legacy suggests that you contact HARP for <u>free</u> expert advice and a cost estimate <u>before work commences!</u>



An appointment can be made by "phoning" Joanne on 9670-3911

INFORMATION AVAILABLE:



The Anti-Cancer Council of Victoria provides a cancer **HELP**line which supplies specialised information and support resources for residents of Victoria regarding cancer. This information is available to health workers, persons affected by cancer, their families and friends and those who wish to learn about cancer.

The hours of operation are 8.30am - 5.30pm Monday to Friday and 9.00am-5.00pm Saturday and Sunday - Telephone: (03) 9279 1111.

COBURG LEGACY WIDOWS CLUB

Meetings are well attended. Lunch at Camelot for our 10th Birthday. We welcomed new Pres Ula Van Prooyen & thanked past Pres Joan Rea. Also Dot Harris, who steps down after 10 yrs on Committee. New members were welcomed & to our sickies, keep smiling. Safeway demo went well.

Meetings 2nd Thurs at 10.30am Pres- U Van Prooyen 9306 9279 Sec - D Hanna 9359 2231 V Co - J Coomber 9354 5613

CRANBOURNE LEGACY WIDOWS CLUB

Our June Meeting was held on Queen's Birthday, subsequently numbers were down. We had a craft show, some of our ladies are very artistic. We had a lovely day at Darnum Music Village with lunch & singalong. We wish our sickies a speedy recovery & extend a warm welcome to all.

Meetings 2nd Monday of month at 1.30pm Pres- E. Searle (059) 96 2655 Hon Sec - G Bell (059) 96 3688

CROYDON LEGACY WIDOWS CLUB

Despite cold weather our warm 'Christmas in June' at the Gables, Healesville was most enjoyable, thanks Wendy. Welcome all new members. A special greeting to all our Legatees and their wives, they work so hard for us behind the scenes, also to Joan Miller and the canteen ladies - many thanks! To our sickies and housebound - © 'keep smiling'.

Meetings 1st Thurs at 1.00pm Pres - W Warwick 9761 9581 Hon Sec - N Briggs 9735 1407 V Co-ord - H Wilson 9726 8404 Publicity Officer N Dare 9720 2546

DANDENONG LEGACY WIDOWS CLUB

Our trips to Williamstown, the Casino & overnight to Deniliquin were enjoyed by all. A film & luncheon trip to Waverley Gardens to see Jane Austen's "Persuasion" is booked for Tues 6th Aug. A trip with lunch to Danny Blume has been booked for Mon 26th Aug. Our 5 day trip 30th Sept must be paid for by Aug Meeting. Total cost \$147. Safeway booked for Sept meeting. We hope all our ladies on the sick list will be back soon.

Meetings 2nd Wednesday of month at 1pm Pres - B Steer 9706 3273 Hon Sec L Thomas 9792 0400

DINGLEY LEGACY WIDOWS CLUB

At May AGM we welcomed L'tee Saltmarsh & L'tee Wade & wives. Our Committee was re-elected with 1 exception. L'tee Saltmarsh presented the Office Bearers & Committee members with their badges. In June a trip to Mornington Golf Club for lunch & entertainment by Roy Kent. July we had a visit from Australian Pacific Tours also a Safeway Demo. Get well wishes to all on the sick list especially to Barbara & Maureen. Kath Kirkcaldy was presented with a gift as she resigned from the Committee after six years.

Meetings 2nd Monday of month at 1pm Pres - L Cox 9782 2841 Sec - B Crawford 9551 4792

Activities M McCory 9799 8164

DONCASTER & TEMPLESTOWE WIDOWS CLUB

Meetings are going well & we have new members, 2 are on Committee already & doing a wonderful job. Our July Xmas lunch was enjoyable. Joan Ormrod from DVA was a very informative speaker. We are saddened at the loss of members Joyce Reeves, Glad Billing & Evelyn Faulkner. Evelyn became Sec at the inaugural meeting 13 years ago & continued for 9 years. They are sadly missed, our sincere sympathy to families & friends. They are in Gods Care. Coming events: Aug, Perennial Fashions, Sept. Fashion House of Cosmetics, Oct. Patrick McLiesh of DVA.

Meetings held every 2nd Monday of the month at 11am. Pres - Joy Clarke 9848 3817 Sec - S Collings 9848 3131

Meetings 3rd Wed at 10.30am.

Pres - N Watson 9432 3312

ELTHAM LEGACY WIDOWS CLUB

Owing to ill health our inaugural Pres stepped down, our new Pres is Nance Watson. Thanks Helen for your interest in starting our Club. We enjoyed our Xmas in June, good attendance & lovely lunch. We are all proud of our L'tee John Cohen being awarded the Medal of the Order of Australia.

Sec - B Nelson 9439 2671 S Sec - B Bastian 9432 2202

EPPING LEGACY WIDOWS CLUB

At May AGM Pres Mrs D Cook stood down. Sec M Poole resigned to go overseas. Mary Woods was elected Pres, Nora Oakley Sec & Mrs Cook remained as V.Pres. We celebrated our 4th birthday with a lovely cake & lunch. We enjoyed a day at the Violet Farm at Arthurs Creek & a pokie trip to Howlong and Corowa. This month we go on light rail to St. Kilda.

Meetings 1st Tuesday of month at 11am.

Press - M Woods 9401 5292

Pres - M Woods 9401 5292 Hon Sec N Oakley 9404 4419

ESSENDON LEGACY WIDOWS CLUB

96 attended our June Meeting, we welcomed 5 new members. We wish our ladies in hospital a speedy recovery. We visited the Ocean Grove Legacy ladies in July & in Aug we go to Warburton 'Variety on Parade'. Our September outing will be a visit to Tesselaars Tulip Farm at Silvan.

Meetings 3rd Thurs at 10.30am Pres - B. Penberthy 9379 1874 Hon Sec - V. Bourke 9374 2519 V Co - L McDougall 9379 1796

LEGACY SUNDAY

1ST SEPTEMBER 1996

Church Service: Melways Ref:1A J10

St Pauls Cathedral,

Cnr Swanston/Flinders Streets 10.30am.

Please be seated by 10.15am.

Lunch at Hyatt Food Court

100 Collins Street: Melways Ref: 1B L10

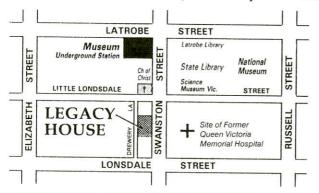
Lunch will be served from 11.30am-1pm Widows & Junior Legatees \$5.00 per head, Legatees & Wives \$12.50 per person. Payable on booking with Joan Miller.

Shrine Dedication Service 1.30pm-2pm



YOUR CLUBROOMS AT LEGACY HOUSE, MELBOURNE

Clubrooms are open weekdays (10 a.m. to 3.30 p.m.). All Legacy ladies are welcome to call in for a snack, a chat or just to rest.



TUNE TO 96.5 ON THE FM BAND TO SEE IF YOU CAN PICK UP LEGACY'S OWN RADIO SHOW - FRIDAYS AT 12 NOON. Community Radio 3 INR

MELBOURNE LEGACY HOME &



\odot HOSPITAL VISITS GROUP \odot



Telephone Joan Miller (9663 3563) if you would like her to arrange for one of our wonderful, caring ladies to call on you or any other Legacy lady. They are great company for anyone who is sick, frail, or disabled. They will visit your home, hostel or hospital. This is a service for ladies who have no other visitors. Volunteers required to visit too.

Department of Veterans' Affairs New Radio Program

"On Air with Veterans' Affairs" broadcast 10.30 am each Wednesday 3RPH 1179am Melbourne.



A Line Dancing A A

At Legacy House 2nd Tuesday Each Month 12.10 - 1pm Bookings Joan Miller 9663 3564 Dates: 13/8, 10/9, 8/10, 12/11 & 10/12

BALWYN CINEMAS

231 Whitehorse Road, BALWYN 3103

CINEMA COMO

Cnr Toorak Rd/Chapel St SOUTH YARRA 3141

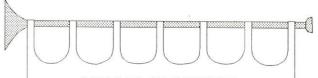
TRAK CINEMA

445 Toorak Rd, TOORAK 3142

Film Lunches \$8.50 per head

Films commence 11am - latest film releases Bookings Kim Petalas/Melissa Rathbone

Telephone: 9817 6421



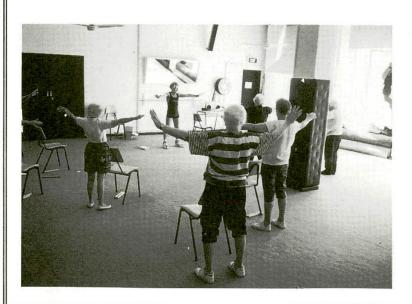
MEAT MARKET CRAFT CENTRE

42 Courtney Street, North Melbourne (Near Vic Market) Telephone 9329 9966 Open daily 10-5 except Mondays. Beautiful displays, Artists at work. Guided Tours \$2.00 per person Morning Tea or Lunch on request Enquiries Phyl McLean 9596 0206

Gentle Exercise Classes







Our popular floor and chair exercise classes are conducted by qualified instructors Betty Luders & Bill Stevens.

Tuesday Classes

10-30am - 11.30am Class Instructor: Bill Stevens.

Friday Classes

10-00am - 1.30pm Class Instructor: Betty Luders

FRIDAY EXERCISE TIMES

1. 10.10am - 10.40 Chair

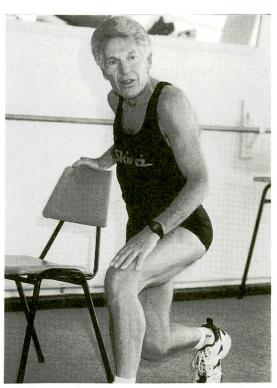
2. 10.45am - 11.25am Active

3. 11.30am - 12 Noon Chair

4. 12.05am - 12.35pm Chair

5. 12.40pm - 1.20pm Active

We prescribe exercise appropriate to each person's fitness.



Water Exercise Classes

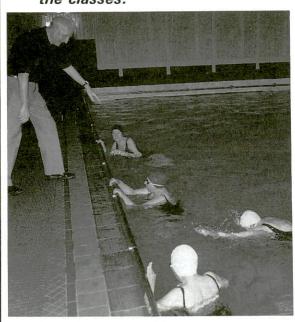


Swimming and water exercise classes are held in the City Baths and enjoyed by all participants.

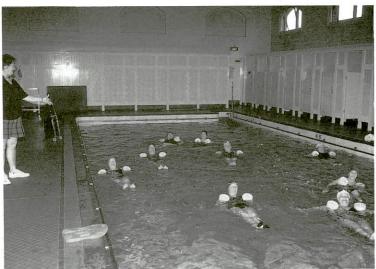
Classes are conducted by qualified instructors - Betty Luders and Bob Charles. Classes are held every Tuesday morning between 9am and 12 noon.

At present, there is a waiting list for Tuesday water exercise classes, but we will try to arrange extra classes if more people are interested in joining.

Ring Joan Miller at Legacy House (9663 3564) if you want more information about joining any of the classes.









FOOTSCRAY LEGACY WIDOWS CLUB

Beautiful weather has seen members out in full force and we were happy to welcome new ladies. We enjoyed Xmas in July, plans are afoot for a September outing. Remember our Annual stall, 1st Friday in September - all donations received from those busy little fingers and Queens of the kitchen. Any contributions will place yet another jewel in the Crown.

Meetings 2nd Wednesday of month at 1pm Pres - L Russ 9314 7337 Sec - P M Davidson 9314 7708

FRANKSTON LEGACY WIDOWS CLUB

Our meetings have been well attended including 6 new members at our June meeting. Warm welcome to all our new members who have joined us this year and hope they will accompany us on our outings and Morning Melodies (City) and cultural Centre at Frankston. A Safeway demonstration was enjoyed by all and the Gumnuts are next on the agenda to entertain us. A cheery hello to our sickies and home-bound members.

Meetings 2nd Thursday of each month at 1pm Pres - D Thurtell (059) 75 1318 Hon Sec - M Norton 9781 4680

HAMPTON LEGACY WIDOWS CLUB

We had a speaker from Vic Roads attend our meeting he was most informative. Also an engineer from Buttercup Bakeries produced slides and a description of bread. Most members had a loaf of bread to take home. We all look forward to receiving 'The Answer'. Reading about up-coming activities, poetry etc and seeing what other Clubs have been doing.

Meetings held on 1st Wed of month at 1pm Pres - N Smith 9592 8842 Hon Sec - J Corp 9598 0650

HASTINGS LEGACY WIDOWS' CLUB

Our membership is growing each month. A warm welcome to all the new' ladies. Legatees Col Mckee and David James attended our June meeting. A demonstration of shoes (handmade) was well received. The July speaker was from Veteran Affairs. We enjoyed a luncheon in Rye in July. Some of our ladies are heading north for the warmer weather.

Meetings held on 1st Tuesday of month at 10.30am. Pres - N Rolland (059) 83 1109 Sec - S.A. Pretty (059) 77 5745

HEALESVILLE LEGACY WIDOWS CLUB

At our June meeting our guest speaker was Sister Faye Hill, who gave a very interesting and informative talk on Diabetes. Two of our members attended the Ringwood War Widows & Widowed Mothers 37th Birthday Party. Best Wishes to all.

Meetings 1st Wed at 1.30pm Pres - A Guest (059) 62 3071 Sec - N. Adams 9730 1532 V Co - M Griffiths (059) 62 4245

HEIDELBERG LEGACY WIDOWS CLUB

Ruby Darbyshire, a loving, loyal member sadly passed away suddenly. An artificial flower demonstraton by Pat Wilson was entertaining. Ladies were most interested and sales good. We are looking forward to our mid-Winter Xmas lunch at Banyule Civic Centre. Warmest wishes to all & God bless.

Meetings 2nd Mon at 11am Pres - V Keating 9459 1981 H Sec.L. Curran 9459 8904 V Co-ord - M. Canty 9499 4144

KEW LEGACY WIDOWS CLUB

Our 10th Anniversary Party in June was a wonderful day, with a good attendance of widows & guests. L'tee John Sullivan opened proceedings by reading a poem he had composed for the occasion. We look forward now to our next ten years. Our August speaker will be Sgt. Ritchie from Kew Police who will speak about confident living for older Victorians, Wed 18th Sept, we will have Mary Robins from VicRoads on safety.

Meetings held on 3rd Wed of month at 11am Pres - C Curnow 9853 7049 Hon Sec - B Wade 9859 1663

KNOX LEGACY WIDOWS CLUB

Our June meeting was enjoyable with "Trish's Treasures". Trish donated some nice jewellery for our club raffle. Our Christmas in July luncheon at the Sooty Fox restaurant was enjoyed by all members our free 2 outings a year supplied by our council very acceptable.

Meetings 1st Mon at 12.30pm Pres - M Biggs 9801 7868 Hon Sec - K Rickard 9754 7928

LILYDALE LEGACY WIDOWS CLUB

AGM in March, new Pres Marj. Orford, new Sec Joy Layton, V Pres E Franklin & 1 new Committee member, Myrtle Chapman. Many thanks to Brenda for a job well done. We had a speaker from Australian Pacific in May, then in June Dennis of Lilydale Greenery, July a speaker from Telstra on telephone security/nuisance calls. Some adventurous outings later in the year. Jeane will be celebrating her 90th Birthday in July, well done.

Meetings every 2nd Monday of the month at 1.00pm Pres - M Orford 9726 0238 Hon Sec J Layton 9735 5646

OUTWARD BOUND 1996/7



Legacy will again be sponsoring Junior Legatees within the age range 18-25 years who would like to attend an Outward Bound Course.

If you have a son or daughter who would like to attend a course, would you please ask them to telephone Miss Anita Holman **9663 3564** who will forward an application form. Five courses are available of which three are held in the Brindabella Ranges in the ACT. The dates for these courses are:

23rd November 1996 to 14th December 1996 4th January 1997 to 25th January 1997 18th January 1997 to 8th February 1997

The two remaining courses commence at the Outward Bound base in the ACT and then travel from below Mt Kosciusko to the Victorian Coastline near Marlo. Expedition dates for the above are:

28th December 1996 to 22nd January 1997 1st March 1997 to 26th March 1997

An Outward Bound Information Night will be held in Legacy House Wednesday 25th September 1996, details of which



will be advised by Miss Holman. Naturally, we would like you to attend the Information Night on Wednesday 25th September and would like confirmation by 30th August.

Disabled Dependants Report

June 15th was a busy day for our young people, lots of talk and cups of coffee before departing for "Science museum". As always a good attendance and lots of happy faces. Many thanks to all the volunteer helpers and Legatees. The mothers as always were very well looked after, this time by the Footscray Sunshine Branch serving their almost (Christmas in July) Lunch. Well done ladies and gentlemen, You "done" us proud.

After our rather hurried meeting we were again visited by Danny Blum Knitwear and so lots of parcels went home with Mums. It was nice to see Betty Cuthell back with us after her bout of sickness, keep on keeping well Betty until next time. Cheerio.

DOT KENNY

MALVERN LEGACY WIDOWS CLUB

Meetings held at Senior Citizens Centre, 1255 High Street, Malvern. Splendid attendance for our AGM which was chaired by L'tee Reg Hunt. Our long standing Treas Norma Bubb is now assistant to our new Treas Clare Templer. We also welcomed Hazel Pattinson as 2nd V-Pres. & Effie Hooper as Activities organiser. Our speaker Andrew Gilmore told us a little about his life. In July, members went on a Mystery Bus Trip. We welcomed some new members and hope we've made them feel at home.

Meetings 3rd Tues at 10am Pres - W Ames 9822 1888 Hon Sec - A Porter 9509 9362 V Co-ord - M Spain 9509 0612 G Aspinall - 9509 9805

MITCHAM LEGACY WIDOWS CLUB

Our meetings have been enjoyed by all with not too much sickness about in spite of the winter setting in. In June we had a happy day & lunch at Marysville and enjoyed the day on the Mornington Peninsula in July. We are proud to offer our congratulations & best wishes to one of our longstanding members, lvy Hamilton. She has recently turned 100 and thoroughly enjoyed doing so.

Meetings held each month on the 4th Wednesday at 12.30pm Pres - S Bowman 9874 5662 Sec - H Smith 9873 2532

MORNINGTON LEGACY CLUB

At our June meeting members and Legatees were welcomed by President Marjory Sinclair. We send our best wishes to Lorna Moran, Anne Hallam and Nell Beer who are in hospital and all others members of the ill list 'Get Well Soon'. Our 6th birthday celebration was quite an occasion with Police Group entertainers in July. August 2nd - we have organised a trip to the Art Gallery, September 1st: Legacy Church Service, lunch/Shrine & Oct 4th trip to the Tulips. Many thanks to the Legatees for their good work.

Meetings 4th Wed at 12.30pm Pres - B Potter (059) 75 3810 Sec- P Roberts (059) 75 2744 V.Co - M Sinclair (059)755322

NEPEAN LEGACY WIDOWS CLUB

Recently members have enjoyed a shopping tour to Knox & a visit by children from Rye Primary School as well as the Annual Peninsula Luncheon at Rye RSL. Our future looks busy with a day at Langwarrin Hotel, a picture morning in Sorrento and plans are well in hand for our Xmas Meeting and luncheon at a local venue.

Meetings held on 2nd Wednesday of month at 2pm.

Pres - M Mortimer (059)85 3036 H Sec - A E Miller (059)85 1428

NOBLE PARK LEGACY WIDOWS CLUB

We had a good attendance at our June Meeting plus our visitors from Upper Yarra Legacy Widows Club, all enjoyed & joined in the singing with Tom Hales & his group The Hearty Hales. We now look forward to Variety on Parade on Wed 14th Aug at Warburton & maybe an outing in Sept.

Meetings 3rd Wednesday of month at 1.00pm Pres - M. Veal 9546 9110 H Sec - D Spruce 9547 6078

NORTHCOTE LEGACY WIDOWS CLUB

Our meetings have been well attended this year and we have welcomed many new members. Our 10th Birthday Luncheon was celebrated in June at the Heidelberg Centre and all agreed it was a most enjoyable day. The AGM was held with the Executive and Committee being returned. Our next outing was Christmas in July at Underbank Lodge. Other trips and speakers have been arranged to complete the year.

Meetings 4th Monday of each month at 1.00pm Pres - J Donald 9480 2101 H Sec - E Newton 9484 1056 Soc Sec - D Freeling 9470 6554

NORTH BALWYN LEGACY WIDOWS CLUB

We were sad to hear of the sudden passing of our member - Isabel Rackham. The past two months we have had interesting speakers from 'Friends of the Zoo' and 'Perennial Fashions'. After our June meeting we had a 'Bring-a-Plate' lunch which is always enjoyed. During July a number of us went on an organised walk around the Block Arcade. Our August speaker will be Dr Gary Moore of Burnley Agricultural College. To our sick members, hope you can join us again soon.

Meetings every 4th Monday of month at 10.30am Pres - M Parker 9857 9574 Sec - S O'Toole 9857 6280

NUMURKAH LEGACY WIDOWS' CLUB

Our Annual Meeting was held in May. We are looking forward to this year hoping it will be as enjoyable and friendly as the past year. We had guest speakers, entertaining get togethers and bus trips.

Meetings 2nd Tues at 2pm Pres- E McDonald (058) 62 1414 H.Sec- G Paterson (058) 62 1814





MCKENZIES CARE

McKenzies will pick up passengers from Healesville office, Lilydale, Mooroolbark, Croydon, Ringwood, Mitcham, Box Hill Town Hall, Kew Deport, Batman Avenue.

Thursday 8th August
Darnum Musical Village
\$25.00 Lunch included
Batman Avenue 9am

Thursday 2nd September Yarra Valley Wineries \$26.00 Lunch included Batman Avenue 9am

Thursday 10th October
Toolangi, Forestry Centre
\$26.00 Lunch included
Batman Avenue 9am

Thursday 7th November
Phillip Island
\$28,00 Lunch included
Batman Avenue 9am

VENTURA COACH TOURS

Ventura Tours depart Oakleigh South Depot 7.30am. Moorabbin Town Hall 7.45am and Spencer Street Coach Terminal Bay 38, 8.30am. <u>Book Direct to 9570</u> 1554, cheques to P.O. Box 317, South Oakleigh 3167.

Monday 5th August River Cruise/Crown Casino

includes Yarra River Scenic Cruise/lunch and gaming voucher supplied at Crown's Casino.

\$16.00 per person (all inclusive)

Tuesday 20th August Emu Bottom Homestead includes tour and spit roast lunch \$28.00 per person (all inclusive)

Monday 30th September
Tulip Farm Festival/Dandenongs
includes entry to Tesselaars Tulip Farm,
BBQ lunch and tour of the Dandenongs
\$23.00 per person (All inclusive)

For Ventura Coach Holidays see page 19

Ring Joan Miller (9663 3564) for these or other special group bookings

H = Healesville: L - Lilydale Station: C = Croydon Cinema: MK = Mooroolbark: R = Ringwood: M = Mitcham: BH = Box Hill Town Hall: K = Kew Depot: BA = Batman Avenue

Send Applications for day trips to Legacy House, P.O. Box 4312 PP, Melbourne GPO, 3001, in envelopes marked "Outings." Please include a stamped self-addressed envelope for return of tickets. Money orders or cheques made payable to Melbourne Legacy. Day trips do not include lunch unless specified. Please include a contact phone number. Payment may be made by instalments if preferred.

L10/S

PRESTON/RESERVOIR LEGACY WIDOWS' CLUB

We held our AGM meeting in March, we are pleased to welcome Doris Wilson as our new Pres. and also to welcome, 2 new members to our Committee, namely Thelma Cooper and Mary Woods. Thank you Jean for your 2 years as Pres, it is appreciated by all. There are more outings coming up during the year. New members are always welcome.

Meetings 2nd Wed of month at 1.00pm Pres. D. Wilson 9478 7279 H Sec - J Patterson 9478 1016

RANGES LEGACY WIDOW'S CLUB

We were all deeply saddened by the sudden passing of our late President Mary Steege who will always be fondly remembered. A two minute silence was held in her memory. The very talented vocalist Brendan Scott entertained us at our May meeting. We also had an enjoyable luncheon plus entertainment at the Bay Tree Restaurant at Millgrove. To our sick members we wish you all a speedy recovery.

Meetings held every 4th Tuesday of month at 12.30pm A/Pres - T Sharp 9754 2889 Sec - B Prain 059 68 8379

SOUTHERN PENINSULA LEGACY WIDOWS CLUB

Our 10th Birthday Lunch in May was enjoyed by our ladies, L'tees & their wives, & Chairman of Peninsula Widows Clubs, Mr. Ken Matthews. In May we had a speaker, Julie from Defence Service Homes who advised us on help we could receive regarding home repairs. We presented plaques to 4 of our ladies for service to the club. Flo Smith, Ada Bassed, Jean Fone & Grace Webber. They were all delighted to receive them. Hello to our sick ladies, hope you are back with us soon.

Meetings on the 3rd Monday of the month at 1.30pm Pres - M Williams (059) 85 3458 Sec - A Thomas (059) 85 4176 V.Co-ord E Saxe (059) 85 5472

SOUTH PORT LEGACY WIDOWS CLUB

L'tee Bob Taylor chaired our June AGM, Jean Blanck incoming Pres was welcomed together with 1996 Office Bearers & Committee. 1994 & 1995 Office Bearers were presented with flowers. Thanks to Marj Stackpoole for her time as Pres. Chairman of Widows' Committee L'tee Saltmarsh & L'tee Bob Taylor, Les Sutherland & Dr Hugh Mitchell together with Joan Miller, Ruth Copp, members & friends celebrated our 10th Birthday with lunch & cake. Thanks to Rosemary McKillop for our cake. Demo by Judy Johnstone & Macadamia Nuts at coming Meetings.

Meetings held each month on the 2nd Wednesday at 10.30am Pres - J Blanck 9690 1495 Hon Sec - G Gunn 9699 3514

SUNBURY LEGACY WIDOWS CLUB

Our club celebrates its 2nd Birthday in Aug. Whilst our monthly Meetings are most successful, it is a pity we can get only 10 - 12 ladies on a regular basis, when there are 50 Legacy Ladies in the area. Meetings held in the very comfortable Uniting Church Hall cnr. Brook & Barkly Sts. We will be delighted to welcome new members from any Legacy Ladies living in the vicinity of Sunbury.

Meetings held on 3rd Monday of each month at 1.30pm. Pres - J Martin 9744 4605 Hon Sec - E Lancaster 9744 2290

WATSONIA LEGACY WIDOWS CLUB

Our members enjoyed a day at the Dragonfly Restaurant in May. A very enjoyable day was had by all. We also enjoyed a trip to the Waverley Cinema viewing of 'Mr Holland's Opus' - a beautiful film.

Meetings on 3rd Tues at 11am. Pres - N McGregor 9435 0800 Sec - A Wass 9435 4237 Soc Sec - M Leehy 9459 32412

WAVERLEY LEGACY WIDOWS' CLUB

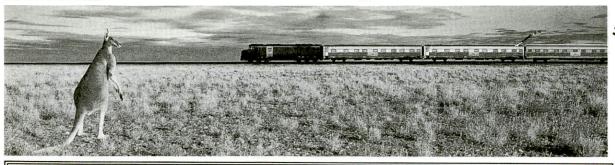
Our visit to Eastcote Nursery and lunch at the Fyansford Hotel was well attended and we all enjoyed the day. Plans are afoot fo the next half year. At our August meeting we shall have the pleasure of a visit from Mrs Morna Sturrock of the Embroiderer's Guild. In Sept we are off to the Rye RSL for lunch. Deposits will be needed for the trip to Merimbula to take place in October. A warm welcome is promised to new members.

Meetings held on 3rd Wednesday of every month at 1pm Pres - L Carr 9561 8628 Sec - M MacKenzie 9807 3958

WILLIAMSTOWN LEGACY WIDOWS CLUB

We are once again the midst of Winter, but the RSL is welcoming and despite the weather our numbers are still up. We continue to welcome new members. At our June meeting we had a very entertaining talk on "Hats" It took us all back to our young days when we all wore hats and gloves to go "To Town." We all had a good laugh. We still have a number of sickies and do hope that they are all on the mend.

Meetings held on every 2nd Tuesday of month at 10.30am Pres - E Bambery 9397 1037 Sec - M Love 9397 1443



INTERASIA 9523 6555 or TOLL FREE 1008 337 026 Licence No.31708 Gwen Brash	1/9 32 Days Touring Europe, England Scotland & stopover in Singapore 2 night stop-overs in Europe & a get together prior to departure \$6,779. Tours fully escorted, limited spaces left. 19/10 8 Day Beijing Tour \$999 includes airfare, B/B, t/share, airport transfers. 3/6/97 10 Day Beijing (includes travelling time) fly Qantas \$1798 t/share all inclusive.
QUINCES 568 1122 Licence No, 30568	4 Day Canberra Floriade 27/9 \$365 T/S 6 Day Kangaroo Island & South Coast Tour 10/10 \$685 T/S 6 Day Canberra Floriade & Sydney Spring Special 12/10 \$599 T/S
CRAZY FOR YOU Sydney Tour	Theatre Royal Sydney Wed Matinee 12th Feb'97 5 day holiday - expressions of interest. Bookings will only proceed if sufficient numbers are confirmed. Required by 15/8/96
JANE SEYMOUR 9726 7064 015 337 294	Grampian Great Escapes 16/9-19/9: 23/9-26/9: 30/9-3/10: 7/10-10/10: 14/10-17/10" 21/10-23/10: \$395 T/share, transport from Melbourne.
VENTURA COACHES 9570 1554	8 Day Flinders Ranges 19/8/96 \$795 p/person 6 Day NSW Sth Coast & Shoalhaven 2/9/96 \$535 p/person 5 Day Canberra "Floriade" 23/9/96 \$415 p/person, 5 Day Victor Harbour 7/10/96 \$415 p/person, 7 Day Blue Mountains 26/10/96 \$620.00 P/person.
ROSEBUD 9337 8388	18 Patterson St, and 6 Fifth Avenue, Bookings & Tariff Details phone Alice, after 7pm.
MULWALA SERVICES CLUB	Discounted Legacy Group Holidays at Lake Resort - Free call 1800 659198 or Services Club Motor Inn 008 035347 June - August
AUSTRALIAN NATIONAL TRAVEL CENTRE	8 Nights/9 Days Adelaide/Barossa Valley/Perth on Indian Pacific. Tour Perth/Fremantle/Margaret River/Karri Forests return Melbourne with Ansett. 1st class train travel includes sleeper & all meals, pensioners prices range from \$1110-\$1600 depending on rail travel by 1st/holiday or coach class. 10 nights/11 days also includes 2 nights on proud Mary Murray Cruise with all meals. Pensioner costs \$1555-\$2045. 6 nights/7 days Adelaide/Barossa Valley/Alice Springs on the Ghan/Stanley Chasm Ormiston Gorge/Return Melbourne with Ansett. Pensioner price range from \$970-\$1324 8 nights/9 days (with River Cruise) \$1,415-\$1,769.00
VERONICA'S TOURS 9435 0850	O'Reilly's Guest House, Lamington National Park 9 Days in Springtime Date to be confirmed.

Cancellation Policy is utilised by all registered travel agents. Cancellation fees are payable on a sliding scale according to the number of days prior to departure the cancellation occurs. No refund is available if the Travel Agent has not been notified prior to departure, or if the traveller fails to join the tour, or leaves before the tour has been completed. Once final payments have been made to the Tour Operator, Legacy is bound by the Agreement. ladies are advised to contact their Insurance Agent re Travel Insurance.

国 り と る

OPERATION FIREWOOD

Due to shortage of resources and logistical difficulties Melbourne Legacy will not continue to provide special firewood deliveries. If situations involving genuine hardship develop, assistance will be considered based on the individual's need. Widows should discuss any such need with their Contact Legatee.



Formation of a Firewood Committee in Melbourne Legacy can be traced back to 1955. A review of the records gives some indication of the outstanding team effort behind 'Operation Firewood' conducted by Melbourne Legacy for a period of more than 40 years. The following extract comes from Melbourne Legacy's 1956 Annual Report.

"The year was completed with the fulfilment of all requests received. These deliveries totalled 407 families and covered almost 300 tons of firewood received from our generous country groups, R.S.L. Branches and Apex Groups. The loading operations have been greatly expedited by the co-operation of the various Contact groups, and the Junior Legatees from Residences and boys' groups still continue to volunteer assistance for the actual work involved in delivering the wood."

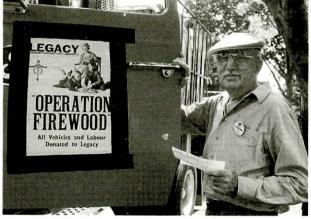
The service obviously met real needs, as indicated in the 1957 report.

"A total of 600 tons of firewood was distributed to almost 900 families and our Residences. Throughout the year we received wonderful support from the Master Transport Carriers' Association of Victoria and also, through the generosity of Tom Piper Limited, Walter Wright and Kraft Cheese."

An account of the Firewood activities in 1961 mentions that 86 semi trailers were involved in

the 'Operation Firewood' weekend. In addition twenty deliveries totalling approximately 200 tons in all were received by rail throughout the year. By 1962 the deliveries had reached 1584 tons with each family receiving approximately one ton of firewood.

The records also show that requests for splitting of wood were met through the generous efforts of the Odd Jobs Committee ably assisted by Intermediate Legacy, Wesley Collegians and other organisations.



Special Acknowledgment is due to the Cobram/Yarrawonga Group and Legatee Des Livsey and members of Melbourne Legacy Firewood Committee who have played major parts in keeping the service going over many years.

In our next issue of "The Answer" we will publish your contributions in the way of Firewood stories (warm, humorous and otherwise) - Please write to Joan Miller at Legacy House.



"Peter Pan" **Princess Theatre**

Starring Bill Kerr as J M Barrie Anne Louise Lambert as Mrs Darling Sun 29/9/ 2pm \$43.00, pay by 22/8/96 Wed 2/10 1pm \$33.00 pay by 26/8/96 Sat 19/10 2pm \$43.00 pay by 2/9/96 (Pension numbers required)

SHANGHAI STATE BALLET **Concert Hall**

.41 Dancers, 56 piece Orchestra, Choir, 3 hrs entertainment. Fri 4/10 8pm, Sat 5/10 2pm No concessions \$78.50



HER MAJESTY'S Starring Jane Scali & David Dixon 40 songs from 50's/60's Better than **Buddy Holly show** Wed preview 28/8 1pm \$29 Sat 21/9 2pm Sun 6/10 3pm A res. \$59 B Res \$49

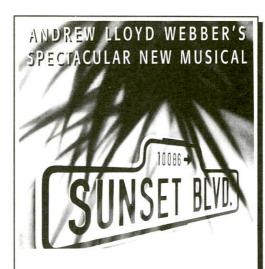


FORUM THEATRE - PIANO MEN



Under a starlight ceiling, surrounded by Greek & Roman statues, a cabaret salute to the music of pianomen Billy Joel, Elton John, Ray Charles, Jerry Lee Lewis, Barry Manilow, Stevie Wonder, Neil Sedeka & Peter Allen.

Evenings Tues-Thurs 8pm, Fri & Sat 7pm & 9.30pm. Sun 5pm. Booking available for Sunday 25/8 5pm \$27



REGENT THEATRE

Please note that Legacy is handling Wed Matinees only. No concessions available, Sat. Matinees or for evening performances. For bookings other than Wed Matinees ring Ticketek 132 849. Weds 1pm \$38.00, other times \$75.00 Payment at least 3 mths ahead Pension Numbers required. Only dates available:

Wed 1/1 pay by 8/10

Wed 28/5 pay be 27/1

Cancellations only for other dates advertised.

MORNING MELODIES A

Concert Hall

Wed 28/8 - 1.30pm \$12.00

Val Doonican

Thurs 19/9 - 1.30pm \$8.00

Combo Fiasco

Mon 7/10, 11.30am only \$8.00

(Legacy Concert Day)

Satchmo Revisited

Thurs 14/11 1.30pm \$8.00

"That's Entertainment"

Enquiries Joan Miller 9663 3564. Written applications to Legacy House P O Box 4312PP Melbourne 3001. Mark envelope "outings" cheques/money orders payable to Melbourne Legacy. Please note tickets may be paid by instalments. Final payments minimum of 10 days prior to performance. Tickets not paid for will not be held. Sunset Boulevard - not held if not paid for at least 3 months prior performance date.

S 2

Contributions Page

THE HAPPY HEART



Here in my garden, oh hear my sweet song
Days full of happiness never are long,
Toiling is pleasure when hearts are content
Hours that are busy are Heaven sent.
O sing as you work and you shall find
Troubles and heartache are left behind,
Cares are forgotten, oh peaceful hours
Happy the heart that works amid flowers.

Dorothy Lockett age 93

TUESDAYS

(An Ode to Our Craft Exhibition)



Tuesday is a special day
With talented ladies showing the way
Knitting, tatting tapestry
Display their special artistry
& come July when they showed their skill
We admired them then, & we always will.

Joan Miller Widows' Clubs Co-ordinator

Couldn't Be Simpler
WHITE SAUCE



Put 1 tablespoon flour and ¼ cup milk powder in pan. Slowly ADD ¾ cup water, 2 teasp. butter, salt & pepper. Bring to boil while stirring, simmer 1 minute.

Win Hartley, Hampton





The following is an extract from a verse written for the 10th Anniversary of the Kew Legacy Widows Club. We know it would be appropriate to most other Legacy Widows Clubs too.

A pleasant place to spend a while, A happy voice, a cheerful smile; An opportunity to make New friendships over tea and cake.

A future that may have looked grim And lonely, too, without a "him"' But now, we're part of Legacy, Australia's largest family.

And togetherness can help us cope Filling us with faith and hope; To proudly face the days ahead And know there is no fear to dread.

At Kew, a very happy team, We're full of life-no time to dream; A mateship that is really firm Developed in our 10 year term.

Now just before we drop the pen We greet our Birthday No.10; Our Club has had ten lovely years, Well done, good luck, 3 hearty cheers.

Legatee John G. Sullivan

BURCHILL ROOMS READY TO FUNCTION

Sister Elizabeth Burchill was the guest of honour at the opening of the Burchill function rooms last month.

An afternoon tea hosted by Monash dean of Arts Professor Marian Quartly was held to open the rooms (on the ground floor of the Performing Arts Centre), which were furnished through Sister Burchill's generosity.

Sister Burchill is the author of six books including *Innamincka* (1960) and *Australian Nurses Since Nightingale* (1992).

Since her retirement from active nursing, she has completed a Bachelor of Arts at Monash, a Bachelor of Literature at Melbourne University and a Master of Arts in Australian Studies at Monash.

In recognition of her outstanding services to nursing in Australia, Sister Burchill was awarded an honorary Doctorate of Nursing by RMIT IN 1995. The 1st person so honoured.



Story & Photo by courtesy of "Etcetera" Newspaper of Monash University.

100th Birthday



Ivy Hamilton, a Legacy and Caring Centre member who shared her 100th Birthday with us at our May meeting. She is a wonderful lady, a joy and inspiration to us all. Ivy has lived in the Ringwood area for 20 years and has been an active Legacy member. She is currently at Lionsbrae Hostel and keeps residents amused with her stories, such as the time she joined the "Back to Gallipoli" tour. She is pictured with Maureen Porghesi of Maroondah Aged Care.



ARTHRITIS

That excruciating arthritic pain

Is something no one can ever explain
It makes no difference what tablets I take
I can't rid myself of that terrible ache

Learn to live with it is what folks said
But I am finding it harder to get out of bed
Each movement I make
is racked with pain
I am wondering if ever
I'll be well again.

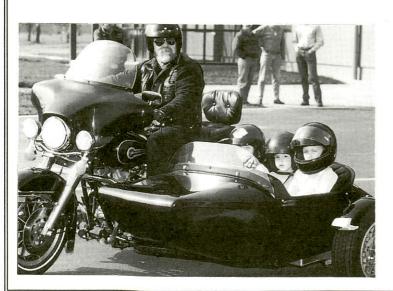
Ida Crozier - Croydon

"Vets Connect" around Australia Motorcycle Ride 1996

After 46 days motorcycling around Australia in support of Legacy the 70-plus Vietnam Veterans received a warm welcome home in Sydney's Prince Alfred Park on June 15th.



LEGACY O AV

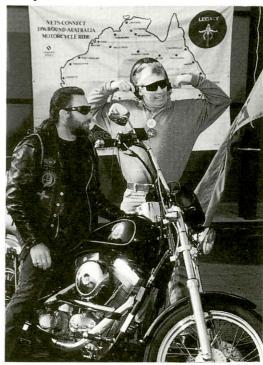


Melbourne Legacy met up with the "Vets Connect" on their arrival from Sydney at the very start of their journey on the 1st May. An official welcome was held in the City Square to acknowledge the remarkable journey they were undertaking. The Victorian Police Pipe Band "piped" them in. Legatee President Ray Ward and Councillor Wellington Lee formally welcomed them on behalf of Legacy and the City of Melbourne. The event caught the media's attention. Legacy received magnificent coverage on the "Vets Connect" arrival.

We were delighted when Legacy Widow Mrs Gwen Gunn joined us in the City and had an opportunity to see first hand the Harleys on display. We couldn't quite get her to go for a ride. Next time!

The Vietnam vets also gave bike rides to the public to help raise funds for Legacy. Our special thanks go to Department of Veterans' Affairs for their full support of this event. Nearly \$700 was raised in two hours.

To the Vietnam Veterans who made this marathon ride of 14,000 kilometres - we salute you.



THE ANSWER



A NEWSLETTER FROM MELBOURNE LEGACY

Issue 217 - June, 1996

Published by: Junior Legacy, Melbourne, (ACN 004 301 348) Print Post Approved PP 349181/00313

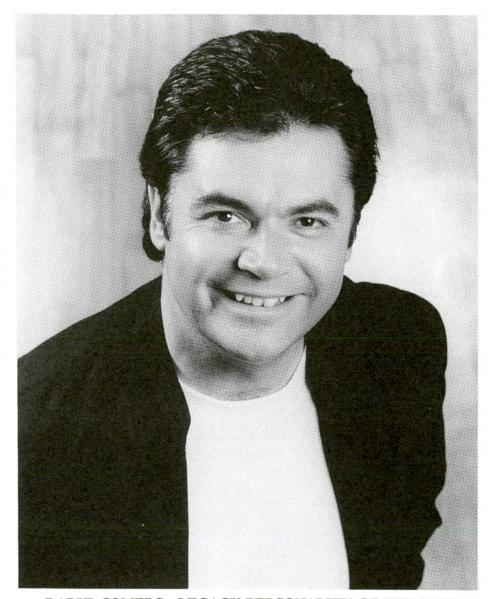
Dear Ladies,

he newly appointed Chairman of the Widows' Committee I extend greetings to you and trust that Easter was a pleasant time for you.

On your behalf and personally I would like to express our appreciation of Legatee Munnerley's many years of service to Legacy Widows, Widows' Clubs and the Widows' Committee - thanks Chas. Legatee Munnerley is going to use his talents in the field of pensions in the future.

As Chairman of the Widows' Committee I see its duties to be to look after your interests and represent Widows and Widows' Clubs in matters which are brought to the Committee's attention. I am looking forward to this year and I hope to visit as many Widows' Clubs as time will permit. In concluding, I wish you all a happy, healthy 1996.

Legatee (Salty) Saltmarsh Committee Chairman



DARYL SOMERS - LEGACY PERSONALITY OF THE YEAR (See Page 7)

MELBOURNE LEGACY: Address - Legacy House, 293 Swanston Walk, Melbourne 3000 Telephone - (03) 9663 3564 Fax (03) 9663 3015 President - Legatee R.H. Ward Patron - His Excellency the Governor, the Honourable Richard E. McGarvie AC.



Contributions

IN THIS ISSUE: CONTENTS: Diary Page 4 Welfare " 3,5,7 Notices " 6,9,11,23 Feature Events " 6,7,12,13,15,20,24 Club News " 8,10,14,16,18 Travel/Theatre " 17,19,21

22

IN FLANDERS FIELDS



In Flanders Fields the poppies grow Between the crosses, row on row That mark our place, and in the sky The larks still bravely singing, fly Scarce heard amid the guns below.

We are the Dead. Short days ago We lived, felt dawn, saw sunset glow, Loved, and were loved, and now we lie In Flanders Fields.

Take up our quarrel with the foe,
To you from failing hands we throw
The Torch: be yours to hold it high!
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders Fields

Lt Col. John McCrae (1872 - 1918)

(A Canadian Artillery Medical Officer, who died on 28th January 1918 whilst on "active service" in France. He is buried at Wimereux, France).

THE ANSWER

Fear not that you have died for naught; The Torch you threw to us we caught! And now our hands will hold it high, Its glorious light shall never die. We'll not break faith with you who lie On many a field.

R.W. Lilliard

(An American Poet. "The Answer" was adapted from the second verse of his poem "An American Answer" which was first published in the "New York Evening

From The Editor:

Craft Exhibition

Monday 22/7 - Thursday 25/7 Clubrooms

Clubs, Groups & individual ladies are invited to submit samples of their craft work during our Annual Craft Exhibition. Items for display only should be so marked, with name/address/phone number. Items donated for sale for Legacy Fundraising, a suggested price would be appreciated. Please bring goods to Legacy House Friday 19th July or early Monday 22nd July. Craft Judge from CWA will award Certificates of Merit early Tuesday morning, prior to official opening by Legatee President Ray Ward at 11am Tuesday 23rd July.

Annual Church Service/Lunch at Hyatt/Shrine dedication service Sunday 1/9. St Michael's Church 10am (Directly opposite Hyatt entrance in Collins St) lunch at Hyatt, 11.30-1pm: Shrine Dedication 1.30pm-2pm.

Widows & Junior Legatees \$5.00 per person. Legatees & wives \$12.50 payable on booking.

Annual Fete Monday 4/11 10.30-2pm to coincide with monthly concert. Goods donated for sale, 1 only collection day Friday 1st November.

Trading Table Saleable items required.

Operation Rosemary Heartfelt thanks to the

dedicated small group of ladies who made rosemary sprigs for the students' service & Anzac Day marchers, 16,000 sprigs in total. Love to you all JOAN,



FUTURE ISSUES OF"THE ANSWER"

We will publish a further three issues of "The Answer" in 1996.

<u>ISSUE</u>	COPY DEADLINE	DISTRIBUTION	
Aug 96	1 Jul 96	Last week Jul 96	
Oct 96	1 Sep 96	Last week Sep 96	
Dec 96	1 Nov 96	Last week Nov 96	

When you send us your recipes, poems, stories & jokes, if possible please identify the author of any item that is not your own original work & confirm that clearance has been given for publication.

Photographs must be in sharp focus & have good lighting with caption on <u>separate sheet</u>.



In this issue of "The Answer" we highlight the Victorian Police Program "Confident Living for Older The "Confident Living Victorians". For Older Victorians" program has been developed as part of the Government's anti-crime strategy VICSAFE, co-ordinated bv Victorian Police Crime Prevention Support Services and sponsored by R.A.C.V. Insurance. The program aims to enhance the independence and quality of life of the older Victorian.

The Police Crime Prevention Support Service will be pleased to organise a Seminar for your local Legacy Widows' Club (or any small group of people interested in the topic)

- The Seminars are free and aim to ensure that people are not only secure, but that they feel more confident to participate in the community.
- The Seminars include discussion, tips and practical advice, distribution of a handbook, showing of an entertaining video, and a display and demonstration of security and safety devices.
- The program also aims to identify and address those concerns held by participants that prohibit them from feeling safe and secure.

Confident Living for Older Victorians - Handbook

Each participant is given a free, comprehensive Handbook to take home and use as a reference guide to safety and security. The Handbook contains a "Do It Yourself" home security survey and a list of services available within the community.

To arrange a Seminar contact your local Police Station and ask for the District Crime Prevention Officer.

Legacy Widows unable to attend a
Seminar as the result of restricted
mobility can also obtain a copy of the
booklet - just send a brief letter to
"Confident Living"

C/- Legacy House,
P.O. Box 4312 PP
Melbourne 3001

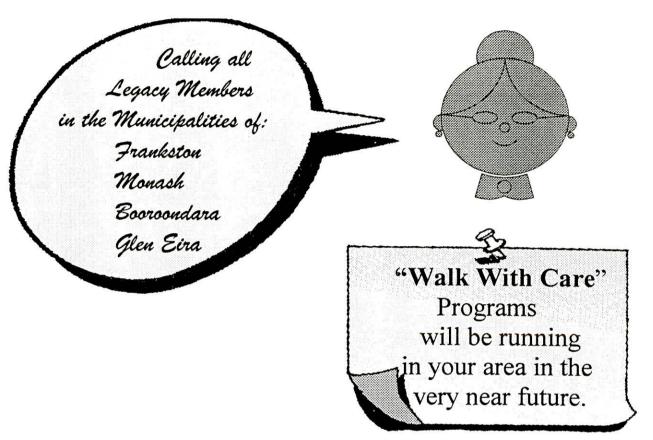




JUNE				
MONDAY	3RD	FREE CONCERT AT LEGACY HOUSE		1.00 P.M.
TUESDAY	4TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	4TH	CRAFT WORKSHOP	EXENCICES	11.00 A.M.
WEDNESDAY	5TH	BOWLS		10.30 A.M.
THURSDAY	6TH	PAINTING		11.00 A.M.
FRIDAY	7TH	KEEP FIT - SEE PAGE 11		11.00 A.W.
MONDAY	10TH	LEGACY HOUSE CLOSED		
TUESDAY	11TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	11TH	CRAFT WORKSHOP 11AM	LINE DANCING	12 NOON
WEDNESDAY	12TH	BOWLS		10.30 A.M.
THURSDAY	13TH	PAINTING 11AM	WW1	11.00 A.M.
THURSDAY	13TH	DAY TRIP TO PORCUPINE VILLAGE MALDON		9.00 A.M.
FRIDAY	14TH	KEEP FIT - SEE PAGE 11		
MONDAY	17TH	BOWLS		10.30 A.M.
TUESDAY	18TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	18TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	19TH	WIDOWS CLUB COMMITTEE MEETING		10.30 A.M.
WEDNESDAY	19TH	HOME & HOSPITAL VISITING GROUP 12 NOON	CARDS	12.30 P.M.
WEDNESDAY	19TH	MATINEE BEAUTY & THE BEAST		1.00 P.M.
THURSDAY	20TH	PAINTING		11.00 A.M.
FRIDAY	21ST	KEEP FIT - SEE PAGE 11		
SATURDAY	22ND	MATINEE THE QUEEN AND I DOWN UNDER, COI	MEDY	2.00 P.M.
MONDAY	24TH	BOWLS		10.30 A.M.
TUESDAY	25TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	25TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	26TH	CARDS		12.30 P.M.
THURSDAY FRIDAY	27TH	PAINTING		11.00 A.M.
	28TH	KEEP FIT - SEE PAGE 11		
<u>JULY</u>				
MONDAY	1ST	FREE CONCERT LEGACY HOUSE		1.00 P.M.
TUESDAY	2ND	SWIMMING - SEE PAGE 11 EXERCISES		10.30 A.M.
TUESDAY	2ND	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	3RD	BOWLS 10.30 A.M.	MATINEE, "QUEEN & I"	2.00 P.M.
THURSDAY	4TH	PAINTING		11.00 A.M.
FRIDAY	БТН	KEEP FIT - SEE PAGE 11		
MONDAY	8TH	BOWLS		10.00 P.M.
TUESDAY	9ТН	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	9TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	10TH	BOWLS		10.30 A.M.
THURSDAY	11TH	DAY TRIP TO LEGENDS AT GEELONG		9.30 A.M.
THURSDAY	11TH	PAINTING 11AM	WWI GROUP	11.00 A.M.
FRIDAY	12TH	KEEP FIT - SEE PAGE 11		
MONDAY	15TH	BOWLS		10.30 A.M.
TUESDAY	16TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	16TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	17TH	WIDOWS' CLUB COMMITTEE		10.30 A.M.
WEDNESDAY THURSDAY	17TH	HOME & HOSPITAL GROUP 12 NOON	CARDS	12.30 P.M.
FRIDAY	18TH 19TH	PAINTING		11.00 A.M.
		KEEP FIT - SEE PAGE 11 DAY 25/7 ANNUAL CRAFT EXHIBITION		120 22 22
MONDAY	22ND	BOWLS		10.30 A.M.
TUESDAY	23RD	SWIMMING AT CITY BATHS - SEE PAGE 11	EVERGIGES	10.30 A.M.
TUESDAY	23RD	CRAFT WORKSHOP - OFFICIAL OPENING	EXERCISES	10.30 A.M.
WEDNESDAY	24TH	CARDS 12.30 P.M.	EVUIDITION CONTINUES	11.00 A.M.
THURSDAY	25TH	PAINTING 11AM	EXHIBITION CONTINUES EXHIBITION CONTINUES	
THURSDAY	25TH	MORNING MELODIES, CONCERT HALL	EXHIBITION CONTINUES	1 20 D 14
FRIDAY	26TH	KEEP FIT - SEE PAGE 11		1.30 P.M.
MONDAY	29TH	BOWLS		10 20 4 14
TUESDAY	30TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	30TH	CRAFT WORKSHOP	EXENDIDED	10.30 A.M. 11.00 A.M.
WEDNESDAY	31ST	BOWLS		10.30 A.M.
				10.30 A.M.

The Newsletter provides information on a range of services for the benefit of our ladies. Items are welcomed for inclusion. However as publication does not necessarily mean endorsement Legacy cannot be held responsible for non-performance of goods and services. A decision to proceed is entirely at the discretion of the individual.

OLDER PEDESTRIAN SAFETY PROGRAM



Do you attend Clubs other than Legacy Widows Clubs?

Urge your other Clubs to take part in a:

Discussion Group on ROAD SAFETY

and help make your Municipality Safer for Pedestrians. The Discussion Groups last approx. 40-45 minutes. They are **Informative**, **Educational** and **Good Fun**.

Please ring Mary Robins at VicRoads on 9875 6112 to express your interest

If you live outside the municipalities listed and would like to take part in similar discussion groups, please let Mary Robins know.

vic roads &

Mornington Peninsula's Picnic in the Park - February 1996

Despite wet weather there was a good attendance at the Mornington Park Picnic an event enjoyed by all with lunch, entertainment and a happy get together.

Mornington Legacy Widows included a report in the Club News Section (page 16) of the April 1996 issue of "The Answer" - with thanks to all who helped make the day a sucess.



Ladies from Nepean Club



Roy Kent & Band, & Tonni of Amarillo Duo.

HOUSING MAINTENANCE/RENOVATIONS



Melbourne Legacy provides an information service of names of tradesmen/contractors who are able to provide housing maintenance/renovation services. Widows may obtain names from our Tradesman's list by telephoning the Housing Clerk of Legacy House 9663 3564. However, PLEASE NOTE:-

We do not accept responsibility for the standard of work carried out by those on the list

Melbourne Legacy strongly recommends that at least two quotations be obtained for any home maintenance work, except for very minor jobs. We also suggest that wherever possible, use be made of the home inspection service which is available free of charge under the Home Renovation Advisory Program (HARP) - See page 11..



DEPARTMENT OF VETERAN AFFAIRS ANNUAL COMPETITION

SECTIONS ARE:

STORY WRITING: Categories - True War Experience, True Life Experience, Fiction and Poetry (closing dated July 5);

ART: categories - Oils (novice and experienced), Other Media and Advanced (August 16);

<u>CRAFT</u>: categories - Textile and Fibre, Needlework, Ceramics and Wood (August 16);

<u>PHOTOGRAPHY</u>: categories - Historic War, armed Services, Open (colour and b/w) and Small Prints (July 26).

Information and entry forms are available from the SWAP Coordinator, GPO Box 87A, Melbourne 3001 or by phoning (03) 9284 6000 or 008 113304.

HEY HEY IT'S LEGACY DAY



We are proud to announce that Daryl Somers, one of Australia's most well known television personalities, has accepted our invitation to be Legacy's personality for Legacy's Annual Badge Appeal this year.

On receiving the invitation Daryl told us: "I am delighted to accept this honour". He has a personal connection to Legacy ... his father-in-law is a Legatee.

Daryl's TV Show "Hey Hey It's Saturday" on Channel Nine, is celebrating its 25th year! A magnificent achievement in the fickle world of television. During his 25 years Daryl has won fifteen TV Week Logie Awards, including three prestigious Gold Logies, and the Variety Club Gold Heart award.

We look forward to a close association with Daryl later in the year when he will record a community service announcement to be aired on television and radio stations during "Legacy Week" and his personal appearance at special events to highlight our Appeal.

RESOLVING DISPUTES WITH FAMILY AND NEIGHBOURS

(An Article from the "Confident Living for Older Victorians" Booklet - See Page 3)

If you live in a neighbourhood you have a legal obligation not to unreasonably interfere with your neighbour's enjoyment and use of his or her land. Your neighbour owes the same legal duty to you.

Dispute Settlement Centres are organisations established to help people settle their disputes in a co-operative and lasting way.

What Happens During a Mediation?

The mediators listen to all sides of the problem.

- They assist you to identify all issues.
- Each issue is discussed
- You are asked to talk face to face with the other person/s.
- The mediators will assist you to communicate positively.
- You will discuss the effects the dispute has had on each of you
- Mediators see each of you privately
- You discuss possible options for the future
- You will be assisted to negotiate a solution
- What you agree on is written down

Mediators do not take sides, they do not decide who is right or wrong, nor tell people what to do. They try to achieve a satisfactory solution by mutual agreement between the parties.

Services are free and confidential. Interpreters are available. The issues solved are many and can cover concerns such as: fences, dogs, trees, land boundaries, smoke, noise, or parking

For the mediation centre nearest to you ring 9603 2550 or 1 800 658 528



CLUB NEWS

ASHBURTON LEGACY WIDOWS' CLUB

We send special "get well" wishes to our members who are sick & welcome back Roma Chaffey after her long illness & Audrey Alexander after her recent operation. Our recent speakers were Florence Houghton who amused us with her experiences & Bill Passick on his knowledge of the Australian Customs. We had an interesting day at Walhalla. New members warmly welcomed.

Meetings 3rd Wed at 12,30pm. Pres- B Mitchell 9885 4034 Hon Sec - S Eagle 9897 3135 V Co - N Ferguson 9568 2929 J Hitchcock 9569 7183

BAYSWATER LEGACY WIDOWS CLUB

AGM held in March. In April we had our 7th Birthday with sausage sizzle & birthday cake made by Betty Growse. Thanks to head office for arranging the Town Hall concert. The police band gave a wonderful performance. Wet weather did not dampen our spirits for our Mt Macedon Cross get together, a good chance to meet members from other clubs. New members welcome.

Meetings 1st Friday of month at 1pm Pres - V Quintrell 9758 3968 Hon Sec- L Morliere 9870 5069

BEAUMARIS LEGACY WIDOWS CLUB

At March Meeting we had a good attendance & welcomed new members. The speaker from Telstra gave a very informative talk on the working of Telstra & how to handle unwelcome phone calls. Our April Meeting a cooking demo on cooking for 1 or 2. In May we had a trip to Alfred's Homestead. June we go to Pt Cook RAAF Museum & lunch at Werribee Hotel. AGM Mon 24th June. Activities 2nd Mon 10.30am. New members welcome.

Meetings 4th Mon.at 1.30pm Pres - M Rowell 9598 0505 Hon Sec-R Clarke 9598 7483 Welf - M Pinkstone 9589 3737 Soc Sec - T Emery 9598 6117

BENNETTSWOOD LEGACY WIDOWS CLUB

We are happy to have our Pres. May Willis back with us again. We all hope you are 100%. In March we visited Werribee Zoo topped off with a scrumptious BBQ under the trees. We have a few new members & hope they will be happy with us. On a sad note we lost 2 members, Myrtle Seers & Kath Backman. Our condolences to both their families.

Meetings 3rd Thursday of month at 10am Pres - M Willis 9808 8623 Hon Sec - J Kitchin 9808 5230 V Co-ord - H Crowe 9808 3738

BERWICK LEGACY WIDOW'S CLUB

Our April meeting was well attended despite inclement weather. 2 Legatees Col Marshall & John Bellair were present. AGM nomination forms were distributed. Our Pres welcomed back Lila Cotter after her illness & wished 2 members in hospital a speedy recovery. "Casual Fashions" showed winter fashions with 2 of our ladies as models. Meeting closed with afternoon tea.

Meetings 2nd Mon at 1pm. Pres - M Henry 9707 1315 Sec - J Tivendale 9707 1276

BLACKBURN LEGACY WIDOWS CLUB

On Monday 17th June we will be celebrating Xmas in June. Not for the 1st time the weather interfered with our combined Legacy Picnic. We all made the best of it, it was disappointing that we didn't join with other clubs. Perhaps next time. We are happy to welcome any eligible Legacy Widow living in our area, join our friendly club at the RSL Hall, South Parade.

Meetings on 2nd Mon at 11am Pres - Pat Battye 9878 0539 Sec - Nell Thomas 9877 580° V.Co - Edna Boag 9878 665.

BOX HILL LEGACY WIDOWS CLUB

At AGM in March all office bearers returned unopposed. All enjoyed morning tea & a "getting to know you". March trip to Sorrento & Portarlington was a success. 5 day Deniliquin & Corowa tour is planned & we have booked at "Underbank", Bacchus Marsh for Xmas in July. May we had a speaker from the Flying Doctors. Anzac Day we laid flowers at the Dawn Service. We invite Legacy Widows in our area to join us at the Box Hill Salvation Army.

Meetings on 3rd Monday of the month at 9.45am Pres - O. Milne 9890 8516 Hon Sec- J Crosbie 9898 1121 V-Co-ord - B. Laurie 9899 6293

BORONIA LEGACY WIDOWS CLUB

April saw another AGM with the present Office Bearers being returned for another year. We continue to grow with new members just about every month. Any Legacy Widows most welcome at Progress Hall Boronia Road to Meetings followed by speaker or entertainment.

Meetings on 3rd Friday of month at 1pm Pres - M Howie 9762 9641 Hon Sec - D Stott 9762 8050

CAMBERWELL/HAWTHORN LEGACY WIDOWS CLUB

A cheery hello to all our members & trust you are in good health. Please let us know if you require help in any way or would just appreciate having a friendly chat. A day trip to Baxter in May to visit Mulberry Hill Homestead home of our famous painters "The Lindsays" was enjoyable. Guest speaker in July - Joan Ormrod from DVA. July outing to the Jewish Museum at the Alma Road Synagogue which includes a light lunch.

Meetings held 3rd Monday of the month at 11am. Pres B Robertson 9882 4602 Hon Sec J Vincent 9889 6026

REMEMBER

THE DAWN PARADE BEGAN OUT WEST

The Dawn Service on ANZAC Day has become a solemn Australian tradition. It can be traced to the late Rev Arthur Ernest White, a Church of England clergyman and padre, 44th Bn First AIF.



At dawn on 25 April 1923 on Mt Clarence overlooking King George Sound, Albany WA, Rev White, with some 20 men, silently watched a wreath floating out to sea. He then quietly recited the words "As the sun rises and goeth down we will remember them." All were deeply moved and the news of the ceremony soon spread.

"Albany" Rev White is quoted to have said, "was the last sight of land these ANZAC troops saw after leaving Australian shores and some of them never returned. We should hold a service (here) at the first light of dawn each ANZAC Day to commemorate them."

WE REMEMBER WARTIME BRITAIN

Reminiscences of 42 British born women who married Australian servicemen or who emigrated post-war and settled in Australia. It contains war time and current photos, potted biographies and amusing anecdotes. No funding from Australia Remembers, so the editor Gwen Haslar funded the project personally.

120 pages, A4 size, soft cover book. Metropolitan and Country Victoria \$12.00 includes postage. \$13 if mailed interstate. Cheques/Money orders payable to Gwen Haslar, 46 Waranga Street, North Dandenong 3175. (Tel: (03)9795 3884). Copies can be picked up from Gwen personally for \$10.

(Copy to view in Joan Miller's Office, 2nd floor, Legacy House.)



ADVICE/ASSISTANCE FROM LEGACY

Most Legacy Widows will be aware of the Contact Legatees in their local area who can provide advice and assistance when problems arise. Others are reminded that they can contact a Legatee on duty at Legacy House Melbourne between 10 a.m. and 3 p.m, Mondays to Fridays by visiting Legacy House

(293 Swanston Walk) or by telephone 9663 3564.

Another opportunity for you to obtain advice from Legacy is at the monthly Widows Club Meeting - a Legatee attends these meetings and provides advice - see Club News Section of the newsletter.

MEAT MARKET CRAFT CENTRE

42 Courtney Street North Melbourne (Near Vic Market)
Telephone 9329 9966
Open daily 10-5 except Mondays. Beautiful displays, Artists at work

Guided Tours \$2.00 per person Morning Tea or Lunch on request Enquiries Phyl McLean 9596 0206

CAULFIELD-ST KILDA LEGACY WIDOWS CLUB

With winter here our Meeting is Wednesday 5th June followed by talk and demo of "Comfort & Fit" Shoes. Wed 12th June activities, Wed 19th June, trip & lunch at Warburton, Wed 3rd July Meeting with speaker from Anti-Cancer Council. Wed 10th July, Activities & Wed 17th July, trip & lunch at the Casino. Enquires on trips ring Verna 9534-6246

CHELSEA LEGACY WIDOWS' CLUB

We enjoyed trips to Mornington Picnic, Queenscliff ferry, the film "Babe" & Maroondah Dam. June our 7th birthday at Stamford Hotel & in July we visit Scienceworks. We enjoyed speakers, Maria Nitsos, dietitian & Pat Wilson on Floral Art. July - Mr Smedley the Apple man. Former sec Olive Patrick home from hospital & making good progress. Our average attendance 100. Get well wishes to sickies & welcome to new members.

CLAYTON LEGACY WIDOWS CLUB

We were blessed with a beautiful autumn day for our April Meeting. Some members have been sick & unable to attend our Meetings, but we hope they will be well soon. Some of our ladies went to Mt Macedon although the weather wasn't good. Our Social Sec has some good trips & demos planned for this year. Recently we had a wonderful display of windcheaters which were for sale. Hoping all clubs have a good start to 1996.

COBURG LEGACY WIDOWS CLUB

A few of our members aren't the best, we are thinking of you. New members are made welcome. Mornington Picnic Day was a little damp, but we had a BBQ under a tree. March concert in the Town Hall (Melbourne) was wonderful. Thanks to all who put it together. The Band was great. We had a good trip to Maryborough and a morning with the Carmelite Sisters in Kew, who showed us skin care products & the beautiful Church.

CRANBOURNE LEGACY WIDOWS CLUB

Our April Meeting well attended even though the date had to be changed because of Easter. We had general discussions & sadly we had to cancel our proposed Peninsula trip, due to wet weather. We were to visit the Emu farm, but couldn't get the bus up the drive. We postponed until Nov. A warm welcome to all & a speedy recovery to our sick members.

CROYDON LEGACY WIDOWS CLUB

An April River Cruise & Lunch at Flemington was enjoyed. Legacy Ladies opened a Craft & Leisure day on 3rd Thurs, 1st Meeting was enjoyable & one member taught Line Dancing. Thanks Joanne. An old Croydon member Mrs Ivy Hamilton now at Lionsbrae celebrated her 100th year in May. Congrats Joy. Happy Mothers' Day to all members. To our sickies, keep smiling.

DANDENONG LEGACY WIDOWS CLUB

Our AGM was held in April. Our new President Beryl Steer was elected and tributes were paid to our retiring President Adele Mortimer. We will have a trip to Suzette Fashions on 26th June and a 2 course lunch at RSL with entertainment at July Meeting have been arranged.

EPPING LEGACY WIDOWS CLUB

Our Meetings have been well attended. In March we enjoyed an interesting talk on famous Australian Pioneer Women and a display of dolls in period costumes. In April a retired fire officer spoke about fire prevention in our home - specially having smoke detectors installed. We enjoyed 2 trips to admire the Begonias at Ballarat and a sunny trip to Queenscliff.

ESSENDON LEGACY WIDOWS CLUB

We enjoyed our last Guest Speaker, Marianthe McLeish from Veteran Affairs explaining new benefits. Thurs 20th June meeting our Guest Speaker will be very interesting. We are always happy to welcome new members. The June outing is to inspect the 40 favourites Cake Factory and lunch at the Stamford Hotel. There was only one resignation from the committee at our AGM and we welcomed a member to take her place.

Meetings 1st Wed at 2pm Pres - V. Kidman 9534 6246 Sec - P Thompson 9531 6478 V.Co-ord S. Cornish 9569 5571

Meetings 2nd Wednesday at 1pm Pres - B O'Brien 9772 1490 Sec - Pat Cash 9772 3917 Trips Officer A Leigh 9772 6397 Welfare F. Parnaby 9786 2086

Meetings 1st Friday at 1.30pm Pres - S Buckle 9560 9417 H Sec - B Richardson 9579 2230 V Co-ords L. Roberts 9570 3620 & S Masson 9807 1095

Meetings 2nd Thurs at 10.30am Pres - J Rea 9306 1705 Sec + D Hanna 9359 2231 V Co-ord -J Coomber 9354 5613

Meetings 2nd Monday of month at 1.30pm Pres- E. Searle (059)96 2655 Hon Sec - G Bell (059) 96 3688

Meetings 1st Thurs at 1.00pm Pres - W Warwick 9761 9581 Hon Sec - N Briggs 9735 1407 V Co-ord - H Wilson 9726 8404 Publicity Officer N Dare 9720 2545

Meetings 2nd Wednesday of month at 1pm Pres - B Steer 9706 3273 Hon Sec L Thomas 9792 0400

Meetings 1st Tuesday of month at 11am. Pres - D Cook 9465 4336 Hon Sec M Poole 9432 0398

Meetings held every 3rd Thursday of month at 10.30am Pres - B. Penberthy 9379 1874 Hon Sec - V. Bourke 9374 2519 V Co - L McDougall 9379 1796

GENTLE EXERCISE CLASSES

Our popular floor and chair exercise classes are conducted by qualified instructors Betty Luders & Bill Stevens Tuesday Classes 10.30 am - 11.30am

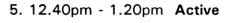
Class instructor: Bill Stevens

Friday Classes 10.00 a.m.- 1.30 p.m.

Class instructor: Betty Luders

NEW FRIDAY EXERCISE TIMES

- 1. 10.10am 10.40am Chair
- 2. 10.45am 11.25am Active
- 3. 11.30am 12 Noon Chair
- 4. 12.05am 12.35pm Chair



We prescribe exercise appropriate to each person's fitness.

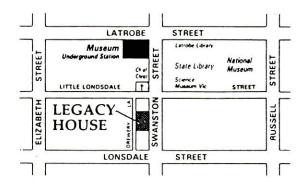
WATER EXERCISE CLASSES

Swimming and water exercise classes are held in the City Baths. Classes are conducted by qualified instructors - Betty Luders and Bob Charles. Classes are held every Tuesday morning between 9 a.m. and 12 noon.

At present, there is a waiting list for Tuesday water exercise classes, but we will try to arrange extra classes if more people are interested in joining. Ring Joan Miller (9663 3564) if you want more information about joining any of the classes.

OUR CLUBROOMS AT LEGACY HOUSE, MELBOURNE

Clubrooms are open weekdays (10 a.m. to 3.30 p.m.). All Legacy ladies are welcome to call in for a snack, a chat or just to rest.



TUNE TO 96.5 ON THE FM BAND TO SEE IF YOU CAN PICK UP LEGACY'S OWN RADIO SHOW - FRIDAYS AT 12 NOON. Community Radio 3 INR

MELBOURNE LEGACY HOME &



$^{ extstyle \odot}$ HOSPITAL VISITS GROUP $^{ extstyle \odot}$



Telephone Joan Miller (9663 3563) if you would like her to arrange for one of our wonderful, caring ladies to call on you or any other Legacy lady. They are great company for anyone who is sick, frail, or disabled. They will visit your home, hostel or hospital. This is a service for ladies who have no other visitors.

Department of Veterans' Affairs **New Radio Program**

"On Air with Veterans' Affairs" broadcast 10.30 am each Wednesday 3RPH 1179am Melbourne.



ት A Line Dancing ት

At Legacy House 2nd Tuesday Each Month 12.10 - 1pm Bookings Joan Miller 9663 3564 Dates as Follows: 11/6, 9/7, 13/8, 10/9, 8/10, 12/11 & 10/12

BALWYN CINEMAS

231 Whitehorse Road, BALWYN 3103

CINEMA COMO

Cnr Toorak Rd/Chapel St **SOUTH YARRA 3141**





445 Toorak Rd, TOORAK 3142 Film Lunches \$8.50 per head

Films commence 11am - latest film releases Bookings Kim Petalas/Melissa Rathbone Telephone: 9817 6421

FREE HOME RENOVATION

ADVICE



The Home Renovation Advisory Program is a free home inspection service offered under the Home Renovation Advisory Program. If you have home renovation work that needs to be done Melbourne Legacy suggests that you contact HARP for free expert advice and a cost estimate before work commences!

> An appointment can be made by "phoning" Joanne on 9670 3911

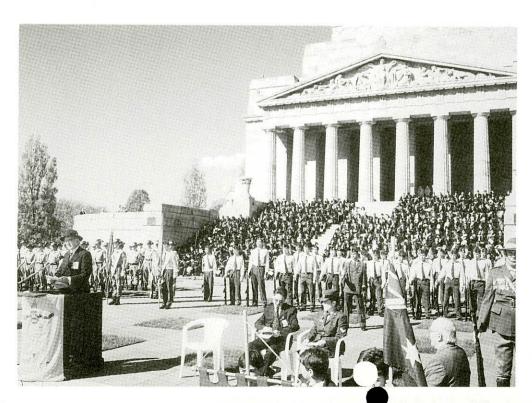
STUDENTS SHARE IN THE ANZAC SPIRIT WITH LEGACY

A major activity each year is the Annual ANZAC Commemoration Ceremony for Students. This year's Remembrance Ceremony - now in its 65th year - was attended by over 2,000 students from schools and colleges in the Melbourne metropolitan area. It is a highly respected event and attracts VIPs from kindred organisations.

His Excellency the Hon. Richard McGarvie, Governor of Victoria and Patron of Melbourne Legacy, addressed the students followed by an address by a former Junior Legatee, Corporal Sharon Taylor, whose personal account of how Legacy helped her family when it was most needed was very moving.

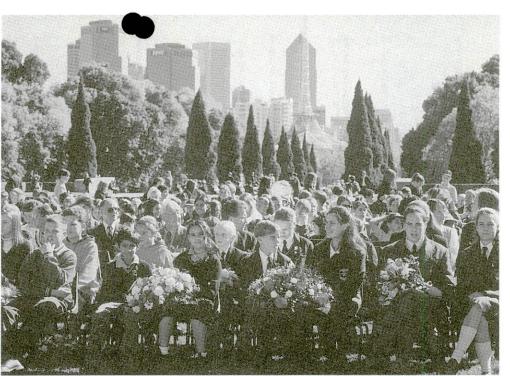
We welcomed a very young group of students for the first time to the Ceremony from a brand new school, the Good Samaritan School in Roxburgh Park (bottom right photo). They have adopted Simpson and his donkey as their Australian Good Samaritan. We hope this will be the first of many visits to the Shrine of Remembrance.

Melbourne Legacy is indebted to the many people who help to make this such a memorable occasion and thus allows us to continue sharing the spirit of the ANZACs with school children.













FOOTSCRAY LEGACY WIDOWS CLUB

Easter has gone, Xmas any day now? Our Soup & Sandwich lunches commence in June. We enjoyed "Hollywood Legends" in May & Xmas in July is booked for Wed 17th at "The Homestead" Sunbury, see what I mean about Xmas any day now? A warm welcome to all new members, if you feel a bit shy, do come and I promise you won't feel that way for long.

Meetings 2nd Wednesday of month at 1pm Pres - L Muster 9689 7479 Sec - P M Davidson 9314 7708

FRANKSTON LEGACY WIDOWS CLUB

April Meeting was well attended. A warm welcome given to 4 new members. Dawn Bacon, spoke & showed slides of her Antarctica trip. We enjoyed Albury trip in March. In May we went to Warburton for "Variety on Parade". Welcome to all new members, & get well to our sickies & a bright hello to housebound members. Queries on trips to Nell Love 059 714108.

Meetings 2nd Thursday of each month at 1pm Pres - D Thurtell (059) 75 1318 Hon Sec - M Norton 9781 4680

HAMPTON LEGACY WIDOWS CLUB

Our talk on deeming was informative. We learnt of the good work done by the Travellers Aid society. Despite poor weather Mt Macedon trip was enjoyed. A number of members joined the gathering in the Hampton RSL grounds on the Sunday preceding Anzac Day. Prior to the 3 speakers, books given in memory of loved ones, were laid on the grass by the Memorial, These are given to schools in the municipality. Poppies and individual crosses were put into the grass alongside. Brunch was served, inside in the warmth!

Meetings held on1st Wed of month at 1pm Pres - N Smith 9592 8842 Hon Sec - J Corp 9598 0650

HASTINGS LEGACY WIDOWS' CLUB

We had a busy time serving Devonshire Teas at the Mornington Picnic. Pres Norma Rollands & Sec Shirley Pretty were re-elected at the Annual Meeting. Mrs Jean Leahy was elected Treasurer. Welcome Jean. We have growing numbers at our meetings, L'tees Col McKee, Frank Miles & David James attended in April & we all enjoyed our 1st Birthday on 2nd May.

Meetings held on 1st Thursday of month at 10.30am. Pres - N Rolland (059) 83 1109 Sec - S.A. Pretty (059) 77 5745

HEALESVILLE LEGACY WIDOWS CLUB

We celebrated our 3rd Birthday after our April Meeting. Alma Guest our Pres made a lovely cake. Some of our members attended the Upper Yarra Legacy Widows' Birthday party in April. Our Pres and several members placed a wreath at the Cenotaph on our behalf.

Meetings 1st Wed at 1.30pm Pres - A Guest 059 62 3071 Sec - N. Adams 9730 1532 V Co - M Griffiths 059 62 4245

HEIDELBERG LEGACY WIDOWS CLUB

47 ladies went to Mt Macedon. A wonderful sight to see numbers of ladies wending their way up the pathway to the Memorial Cross, through thick fog, wind & rain. A true pilgrimage, well done ladies. The Anzac Day service at the West Heidelberg RSL Cenotaph was well attended. Pres. Val laid the club wreath then a Chapel service & lunch at club rooms. Thanks to all concerned. Warmest wishes to sick & housebound. God bless you.

Meetings 2nd Mon at 11am Pres - V Keating 9850 1837 H Sec.L. Curran 9459 8904 V Co-ord - M. Canty 9499 4144

HIGHETT LEGACY WIDOWS CLUB

We still have good attendance at our Meetings. In May we had a guest from the Australian Ballet Company. Mrs Barbara Langlay brought costumes & accessories, described their wearing & use in the ballets. Most of our members who have not been feeling well are now able to attend our Meetings again. Unfortunately our trip to the Thomson River has been cancelled. Our Legatees are still giving members very informative advice.

Meetings 3rd Mon at 1.30pm Pres - J. Nye 9557 2255 H Sec - J Thomson 9555 1029 V Co-ord T David 9557 4828

KEW LEGACY WIDOWS CLUB

We celebrate our 10th Anniversary Wed 19th June. There will be many present who have been associated with us over the years and all Legacy Widows who have had contact with Kew in the past are invited. Please advise us for catering purposes if you propose to come. Speaker in July will be Max Lee, to tell us about Changi Chapel. Enquiries 9853 6151.

Meetings 3rd Wed at 11am
Pres - B Howatt 9853 6151
Hon Sec - B Wade 9859 1663
V Co-ord - C Curnow 9853 7049

KNOX LEGACY WIDOWS CLUB

We are well underway with our outings. We enjoyed our trip to Barham for 3 days, & our trip down the bay in May. We hope to enjoy a Christmas in July at the "Snooty Fox" Restaurant. All new members very welcome.

Meetings 1st Mon at 12.30pm Pres - M Biggs 9801 7868 Hon Sec - K Rickard 9754 7928



We greatly appreciate City of Melbourne sponsorship for our March Town Hall Concert.

- 15 -

MARCH CONCERT

Down to the Town Hall we did go
The Police Band put on a wondrous show
Raffle for a tapestry so fine
Tickets sold made Treasurer's eyes shine.
"Elvis" came and sang again
The pipers played a sad refrain
The ladies laughed and clapped and smiled
The "Maestro" had them all beguiled
We know when March comes round once more
Legacy Ladies will be there for sure.

Joan Miller Widows' Club Co-ordinator







"FRIENDS" OF THE VICTORIA POLICE BANDS

If you enjoy listening to the Victorian Police Bands you can become a "Friend of the Victoria Police Bands" and receive a free copy of their Newsletter (published 4 times a year) and an event calendar which gives details on their activities and upcoming performances. Fill out this registration form and send to: VICTORIA POLICE BANDS,

GREEN STREET, WESTGARTH 3070

FRIENDS OF THE VICTORIA POLICE BANDS - REGISTRATION FORM

Name		
Address		
Postcode	Telephone No	
Yes I would like to receive a Newsletter on the Victoria Police Bands activities		
Signature	Date	

LILYDALE LEGACY WIDOWS CLUB

AGM in March, new Pres Marj. Orford, new Sec Joy Layton, V Pres E Franklin & 1 new Committee member, Myrtle Chapman. Many thanks to Brenda for a job well done. We had a speaker from Australian Pacific in May, then in June Dennis of Lilydale Greenery, July a speaker from Telstra on telephone security/nuisance calls. Some adventurous outings later in the year. Jeane will be celebrating her 90th Birthday in July, well done.

Meetings every 2nd Monday of the month at 1.00pm Pres - M Orford 9726 0238 Hon Sec J Layton 9735 5646

MAFFRA LEGACY WIDOWS' CLUB

We started the year well, being 3 years old in June & have welcomed a few new members. Heyfield hosted our April meeting, what a great day. We had a joint venture trip to one of our member's home in the bush for a BBQ & a walk around her large garden. It was great to join with Sale Legacy Widows on such a lovely day.

Meetings 3rd Friday at 1pm Pres · M Gibbons (051) 47 1459 H Sec P Cawood (051) 47 1882

MALVERN LEGACY WIDOWS CLUB

Our well attended Meeting learnt a lot from an excellent speaker from State Trustees. We were pleased to have our Activities Co-ord Lydia Inglis, back with us after her illness. She has serviced in that capacity for 8 years but resigned at this meeting as she is far from well. In spite of the weather we enjoyed our visit to Mt Macedon & a wonderful hot meal at Misty's on the Mount. A cake stall at our next meeting. A warm welcome awaits old & new members at Senior Citizens Centre, 1255 High St Malvern.

Meetings 3rd Tues at 10am Pres - W Ames 9822 1888 Hon Sec - A Porter 9509 9362 V Co-ord - M Spain 9509 0612 G Aspinall - 9509 9805

MITCHAM LEGACY WIDOWS CLUB

Our 7th AGM in April was a great success with Sybil Bowman our new President and Ailsa Davis as V. Pres, Helen Smith as Sec & Margery Campbell as Treas. In May we enjoyed a theatre luncheon & a Patons' Macadamia Nut Demo. We wish a swift recovery to all girls on the sick list. A warm welcome to all new members who wish to join our great club.

Meetings 4th Wed at 12.30pm Pres - S Bowman 9874 5662 Sec - H Smith 9873 2532 V.Co-ord A Davis 9879 4116

NEPEAN LEGACY WIDOWS CLUB

We continue to enjoy our meetings at the Sorrento RSL and look forward to some interesting functions during the coming winter. In April we were well represented at Mt. Macedon Cross & the Anzac Day Memorial on the Sorrento foreshore, where a wreath was laid on behalf of our members by President Mrs Muriel Mortimer.

Meetings held on 2nd Wednesday of month at 2pm. Pres - M Mortimer 059 85 3036 H Sec - A E Miller 059 85 1428

NOBLE PARK LEGACY WIDOWS CLUB

We were saddened by the passing of a dear member Jessie McNamara. Anzac Service at the RSL Noble Park was well attended by our ladies. In May a guest speaker from the District Nurses & a speaker to explain about Deeming. Wed 19th June, entertainment by "The Hearty Hales" Wed 14th August "Variety on Parade" Warburton

Meetings 3rd Wednesday of month at 1.00pm Pres - M. Veal 9546 9110 H Sec - D Spruce 9547 6078

NORTH BALWYN WIDOWS CLUB

We welcomed several new members lately & hope they enjoy being with us. In April we were very interested to hear of the war time experiences of 2 members - Edna Wale & Joan Wicks both army nurses in Australia & overseas. In May we had a speaker from Ronald McDonald House, also an enjoyable film morning & we are arranging some day trips.

Meetings every 4th Monday of month at 10.30am Pres - M Parker 9857 9574 Sec - S O'Toole 9857 6280

PRESTON/RESERVOIR LEGACY WIDOWS CLUB

We held our AGM meeting in March, we are pleased to welcome Doris Wilson as our new Pres. and also to welcome, 2 new members to our Committee, namely Thelma Cooper and Mary Woods. Thank you Jean for your 2 years as Pres, it is appreciated by all. There are more outings coming up during the year. New members are always welcome.

Meetings 2nd Wed of month at 1.00pm Pres. D. Wilson 9478 7279 H Sec - J Patterson 9478 1016





MCKENZIES CARE

McKenzies will pick up passengers from Healesville office, Lilydale, Mooroolbark, Croydon, Ringwood, Mitcham, Box Hill Town Hall, Kew Deport, Batman Avenue.

Thursday 13th June
Porcupine Township Maldon
2 Course Lunch
Historic Goldmining Town \$24.00
Batman Avenue 9am

Thursday 11th July
"Legends" Geelong/Entertainment
Lunch/Afternoon Tea \$24.00
Batman Avenue 9am

Thursday 8th August
Darnum Musical Village
\$25.00 inclusive
Batman Avenue 9am

Thursday 2nd September Yarra Valley Wineries \$26.00 inclusive Batman Avenue 9am

VENTURA COACH TOURS

Ventura tours depart Oakleigh South Depot 7.30am, Moorabbin Town Hall 7.45am and Spencer Street Coach Terminal Bay 38, 8.30am. <u>Book Direct 9570 1554, cheques to P.O. Box 317, South Oakleigh 3167.</u>

Tuesday 9th July
Underbank Lodge/Bacchus Marsh
includes traditional Christmas Luncheon &
Tour \$31.00 per person (all inclusive)

Tuesday 30th July
Potter's Cottage/Warrandyte
includes Beasley's Nursery/lunch and Craft &
Pottery Shop \$26.00 person (all inclusive)

Monday 5th August
River Cruise/Crown Casino
includes Yarra River Scenic Cruise/lunch and
gaming voucher supplied at Crown's Casino.
\$16.00 per person (all inclusive)

Tuesday 20th August
Emu Bottom Homestead
includes tour and spit roast lunch
\$28.00 per person (all inclusive)

For Ventura Coach Holidays see page 19

Ring Joan Miller (9663 3564) for these or other special group bookings

H = Healesville: L - Lilydale Station: C = Croydon Cinema: MK - Mooroolbark: R = Ringwood: M - Mitcham: BH = Box Hill Town Hall: K = Kew Depot:

BA = Batman Avenue

Send Applications for day trips to "Legacy House P.O. Box 4312 PP, Melbourne GPO, 3001, in envelopes marked "Outings". Please include a stamped self-addressed envelope for return of tickets. Money orders or cheques made payable to Melbourne Legacy. Day trips do not include lunch unless specified. Please include a contact phone number. Payment may be made by instalments if preferred.

) () () ()

UPPER YARRA LEGACY WIDOWS' CLUB

Several new widows have joined our growing club. The Picnic in the Valley was a success, thanks to all who helped. We hope to see everyone next year. All office bearers returned at AGM. Our 9th Birthday was celebrated with a Sausage Sizzle. Several widows joined the RSL at the Cenotaph & laid flowers in memory of the fallen at the service on Anzac Day. Others laid flowers at Warburton Memorial. Legacy Luncheon, in Sept. If transport is needed, please notify Secretary or Social Sec.

Meetings held 1st Tues of month at 2.15pm Pres - N McMaster (059) 67 1502 Sec - B McRae (059) 67 1934 Soc Sec/Treas J Elliott (059) 66 1227

RANGES LEGACY WIDOW'S CLUB

Our 13th AGM held in April. Committee: Pres M Steege, H Sec B Prain, H.Treas A Millard, members; E Muhl, I Howard, T Sharp, R Newell. President thanked retiring Sec D Hofsteede for her help & support during past years & thanked all Office Bearers. We were saddened to hear of the passing of Flo Jenkins, condolences to her family. Interesting activities are planned for 1996. A speedy recovery to all sick members.

Meetings held every 4th Tuesday of month at 12.30pm Pres - M Steege 059 68 1422 Sec - B Prain 059 68 8379

SOUTHERN PENINSULA LEGACY WIDOWS CLUB

We had a good attendance at our April Meeting including 2 Legatees & Mr Ken Mathews, Chairman of Peninsula Legacy Widows' Clubs. Our 10th Birthday Lunch in May at Rosebud RSL. Line Dancing is still very successful with approximately 55 attending each Monday. Friday 5th July The Co-ordinating Council of Peninsula Legacy Widows Clubs is holding a lunch at Rye RSL Bookings are essential.

Meetings 3rd Mon at 1.30pm Pres - M Williams 059 85 3458 Hon Sec - A Thomas 059 85 4176 V.Co-ord E Saxe (059) 85 5472

SOUTH PORT LEGACY WIDOWS CLUB

Our AGM on Wednesday 12th June, followed by our 10th birthday celebrations at Senior Citizens Centre. Danny Blumes demo in July and Macadamia Nut demo coming up. Get well soon to all on the sick list.

Meetings 2nd Wed at 10.30am Pres - M Stackpoole 9690 4271 Hon Sec - G Gunn 9699 3514 V Co-ord P Bolan 9646 2417

WATSONIA LEGACY WIDOWS CLUB

Our Feb Meeting was our AGM at which we farewelled our Secretary Ellen Halliday & Treasurer Gladys Coxen. Thanks for all the good work and time you both put in. We had a very happy and successful 1995 and look forward to an as good perhaps even better 1996.

Meetings on 3rd Tues at 11am. Pres - N McGregor 9435 0800 Sec - A Wass 9435 4237 V.Co-ord R McLarty 9439 6972

WAVERLEY LEGACY WIDOWS' CLUB

We enjoyed a ferry trip to Williamstown in spite of transport difficulties. We also visited the Johnston collection & lunched at Hilton. & an Easter Monday lunch at Sizzlers, Glen Iris. We had a demo of silk flowers & a talk by Bob Gregory from the RSPCA. A short holiday is planned to Pt Lonsdale. Wed 12th June Eastcote & Violet Farm/lunch at Fyansford Hotel. A visit from Trish's Treasures & a fashion parade are to follow & our Xmas in July at Underbank Lodge, Bacchus Marsh Wed 3rd July.

Meetings held on 3rd Wednesday of every month at 1pm Pres - L Carr 9561 8628 Sec - M MacKenzie 9807 3958

WESTERNPORT LEGACY WIDOWS CLUB

Our Mt Macedon trip was cold & wet, but members enjoyed themselves. Couldn't see much, but we hope to make another day to see all. Thanks to Peg Bellair our speaker at our April Meeting, very enjoyable. We attended the Anzac Service as usual. Best Wishes to our "sickies."

Meetings 3rd Wed at 1.30pm Pres- M Rutledge (059) 40 1353 Sec - P Le Vette (059) 97 1015

WILLIAMSTOWN LEGACY WIDOWS CLUB

With deep regret we notify the passing of our member Madge Shearn of Laverton. Our heartfelt sympathy to her daughter Gladys. Most of our sickies are on the mend. Our speaker at our last meeting Bob Young provided an interesting talk on "A Day in the Life of a Sailor".

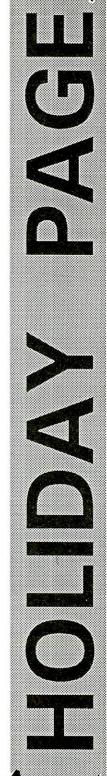
Meetings held on every 2nd Tuesday of month at 10.30am Pres - E Bambery 9397 1037 Sec - M Love 9397 1443





INTERASIA 9523 6555 or TOLL FREE 008 337 028 Licence No.31708 Gwen Brash	1/9 32 Days Touring Europe, England Scotland and a stopover in Singapore 2 night stop-overs in Europe & a get together prior to departure \$6,779. Tours fully escorted
QUINCES 568 1122 Licence No, 30568	12 Day NSW Coast Lightning Ridge 17/8 \$1,299 T/share. 4 Day Canberra Floriade 27/9 \$365 T/S 6 Day Kangaroo Island & South Coast Tour 10/10 \$685 T/S 6 Day Canberra Floriade & Sydney Spring Special 12/10 \$599 T/S
CRAZY FOR YOU Sydney Tour	Theatre Royal Sydney Wednesday Matinee 12th February 1997 5 day holiday - expressions of interest. \$100 deposit to secure booking.
MISS SAIGON 1996 TOURS in conjunction with Quinces	5 Day Tour Dinner Bed & Breakfast, Harbour Cruise, City Sightseeing, Blue Mountains Day Tour, Wednesday Matinee of Miss Saigon. Twinshare \$475. 16/9 28/10. Book early with Joan Miller 9663 3564.
MCKENZIE'S TOURS	5 Days Mystery Tour 6-19/9 \$345 T/S (Pokies next to Motel) Winter Warmer Tour Broken Hill 1-5/7 \$275 T/S. Victor Harbour 14-18/10 \$495 T/S, Bookings J Miller 663-3564
VENTURA COACHES 9570 1554	7 Day Gloucester/Barrington Tops Tour 19/6/96 \$630 p/person, 10 Day Gold Coast 2/8/96 \$970.00 p/person, 10 Day Norfolk Is 10/8 \$1,575, 6 Day NSW Sth Coast 2/9/96 \$159 p/person,5 Day Canberra "Floriade" 23/9/96 \$415 p/person, 5 Day Victor Harbour 7/10/96 \$415 p/person, 7 Day Blue Mountains 26/10/96 \$620.00 P/person.
ROSEBUD 9337 8388	18 Patterson St, and 6 Fifth Avenue, Bookings & Tariff Details phone Alice, after 7pm.
MULWALA SERVICES CLUB	Discounted Legacy Group Holidays at Lake Resort - Free call 1800 659198 or Services Club Motor Inn 008 035347 June - August
VERONICA'S TOURS 9435 0850	9/6. Canada in Autumn 24 days 12/9. O'Reilly's Guest House, Lamington National Park 9 Days in Springtime Date to be confirmed.

Cancellation Policy is utilised by all registered travel agents. Cancellation fees are payable on a sliding scale according to the number of days prior to departure the cancellation occurs. No refund is available if the Travel Agent has not been notified prior to departure, or if the traveller fails to join the tour, or leaves before the tour has been completed. Once final payments have been made to the Tour Operator, Legacy is bound by the Agreement. ladies are advised to contact their Insurance Agent re. Travel Insurance.



DISABLED DEPENDANTS' REPORT

Our April meeting was very well attended by both mothers and carers and our young people. Due to the inclement weather they all went of to see a very humorous movie and all came back full of talk. The ladies had their two usual Meetings and lunch was served by the Outer Eastern Branch of Legacy men and their wonderful wives, how they come up with such an array of casseroles has to be seen and we all had a real feast. Thank you one and all. Our Guest Speaker was Cynthia Pilli from STAR who spoke of different issues facing parents and clients and how their organisation can give advice on how to approach people who can help. Lots of informative pamphlets were available.

Dot Kenny

LEGACY PICNIC IN THE VALLEY AT UPPER YARRA RSL ON 13 MARCH









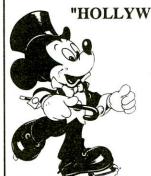
Visitors were greeted with Devonshire tea and entertained with singing from St Joseph's Catholic School and Good Shepherd Lutheran School of Croydon. Basket lunches were distributed by Yarra Junction Community House Hospitality Course Group. Our raffle a portrait of the late Sir Edward (Weary) Dunlop was won by Mrs Yvonne Meddley of Noble Park Club. Among the over 400 widows, veterans and Legatees were some of our Melbourne Legacy & DVA people. Also seen in the crowd, our busy Legacy Secretary Joan Miller & DVA's Joan Ormrod.

Thanks to Noble Park and Croydon ladies for coming to help make our day a success by donating goodies, and helping to man the trading tables, which were well patronised by our visitors. Well done ladies and thank you. To our other visitors - Lilydale, Healesville, Ringwood War Widows Guild, Mitcham, Ranges and all other clubs, our Legatees & wives, the local RSL and all who helped - many thanks, from all of us, see you again next year, same time, same place.

Betty McRae, Hon Sec, Upper Yarra Legacy Widows' Club

"Beauty & the Beast"

Princess Theatre Wed 19/6 1pm \$40.00



"HOLLYWOOD ON PARADE Disney on Ice

Sports &

Entertainment Centre

Wed 10/7 3pm, Sun 14/7 12.30pm Sat 20/7 12.30pm A\$33.50 Pens \$25.50,

Child under 13 \$18.50

"THE QUEEN & I DOWN UNDER"

Comedy Theatre - Starring Judi Farr A comedy by Sue Townsend, Author of "The Secret Diaries of Adrian Mole" Sat 22/6 2pm \$36.00 Wed 3/7 2pm \$31.00

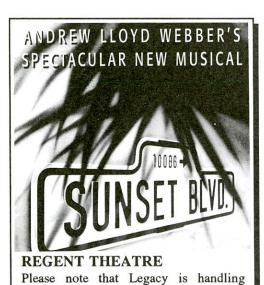
HER MAJESTY'S Starring Jane Scali & David Dixon 40 songs from 50's/60's Better than **Buddy Holly show** Wed preview 28/8 1pm \$29 Sat 21/9 2pm Sun 6/10 3pm A res. \$59 B Res \$49

inquiries Joan Miller 9663 3564. Written applications to Legacy House P O Box 4312PP Melbourne 3001. Mark envelope "outings" cheques/money orders payable to Melbourne Legacy. Please note tickets may be paid by instalments. Final payments minimum of 10 days prior to performance. Tickets not paid for will not be held. Sunset Boulevard - not held if not paid for at least 3 months prior to performance date.

A/C # 9-73777 QUOTE THIS ACCOUNT NO. HEN MAKING ENQUIRIES LEGACY JOAN MILLER BOX 431,2PP GPO MELBOURNE 3001

PHONE:





Wed Matinees only. No concessions available, Sat. Matinees or for evening performances. For bookings other than Wed Matinees ring Ticketek 132 849. Weds 1pm \$38.00, other times \$75.00 Payment at least 3 mths ahead Pension Numbers required. Wed 1/1 pay by 15/10 Wed 26/3 pay by 15/11 Wed 30/4 pay by 15/1 (*13/11 pay by 1/8,*15/1 pay by 1/10)

A MORNING MELODIES A

(*19/2 pay by 5/11 * All booked out)

Concert Hall - \$7.00, 1.30pm Tues 4/6-RAAF Band Thurs 25/7 - Scottish Singer Marion Martin

SHANGHAI STATE BALLET Concert Hall

141 Dancers, 56 piece Orchestra, Choir, 3 hrs entertainment, excerpts from Don Quixote, Le Corsair, Giselle. Also 8 Act Chinese classical ballet "The White Haired Girl" about the life of a peasant girl-during the revolution.

Fri 4/10 8pm, Sat 5/10 2pm No concessions \$78.50



"MISS SAIGON" and "CRAZY FOR YOU" (See Holiday Page)

Contributions Page

"OUR MORNING TRIP"

By Mrs I M Turner (WWI Widow)



We are a group of people who live in a Hostel in Elsternwick and each week we go for a trip in our Bus which holds 10 people, so I will tell you the story of our latest trip.

We left our Hostel at 10.00am, it was a lovely morning, first of all we went along our beautiful St Kilda Road, that we Melbourne people take so much for granted.

We went through the city into Carlton, we went down Rathdowne St which is a very interesting and busy area with lots of shops and people. We ended up in the Carlton Gardens, here we stopped for our Morning Tea. The birds were singing in the trees but I think they resented our intrusion into that part of their world. It was quiet with only the song of the birds, I think they may have been Black Birds.

Well we had to leave this glorious part of Carlton too soon. the next project which took our attention was the Victorian Market, which we could only catch a glimpse of from our Bus. There is something about a Market that is fascinating.

From the Market we drove down to the city of Port Melbourne with its lovely wide streets and very old houses and shops, then we had a look at Station Pier and along the Esplanade and then home again.

"I'm Glad"

I'm glad I'm not too poor - or rich;
That I can hear and see. Gosh,
There's so much I'm glad about
I'm glad that I am me!
by Alf Young of Middlesex.

POEM



Ah joyous bird, your song unfold
Those limpid notes of pure gold
Cascading from your magic throat
Each on a jewel that seems to float
Enchanted in the early morn
As carolling you hail the dawn
With joy my day is filled blithe bird
Because your melody I heard.

from Mrs Dorothy Lockett, Aged 93 of Cheltenham



(Photo thanks to "The West Australian" newspaper, Perth)

Prominent physiotherapist Dr Brian Edwards (left) of Perth Legacy received an honorary doctorate of science from Curtin University in March this year, photographed with physiotherapy students Jennifer Head (middle) most outstanding undergraduate and Dr. Garry Allison (right) most outstanding postgraduate.

Dr. Edwards was featured on the cover of our September 1993 issue when he flew his tiny Tiger Moth from England to Australia to mark Legacy's 70th Anniversary

MISS BILLIE SIMS

Billie Sims has been a member of Melbourne Legacy Widows' Club Committee since 1984. She was a Vice President 1987-1989. President 1990/91 and in 1993. Billie graciously stepped into the breach in January this year, when no nomination was received for a President on a temporary basis. After years of service it was decided that Billie deserved to have her holiday in May free from responsibilities. Therefore until nominations close for Committee 1997, Joan Miller has been appointed Administrator of the Committee by Legatee Lloyd Saltmarsh, Chairman Widows Committee.

FORD AUSTRALIAN OPEN

13 - 26 January 1997

ADVANCE BOOKINGS & PAYMENTS CLOSE 30/8/96

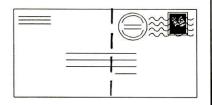
Prices range from Day 1 concession \$18 to Day 14

Concession \$74. Pensions numbers required.



STAMP REPORT

It is more important than ever that we save all our stamps because at the present time our income is just a little over ½ of that at the same time last year. When placing stamps on envelopes place them at least ½ in from the corner because hundreds get the tops cut off on opening. Tear off with at least 1 inch of paper round the stamp and if close to the edge



tear off on the double then we can open them out and still get the required amount. When we trim them for sale we are allowed ¼ in. all round. They are sold by weight. Must be cut neatly not just torn off right against the stamp otherwise we lose money. Some prefer to tear them off the envelopes while others would rather do the final trim. Please leave the unfranked (those not cancelled by the post office) separate as they pay a higher rate. Remember we can trim off the excess, but we can't add on what is missing. I suggest that at the meetings a couple of widows collect the stamps handed in to just take a quick look and suggest more paper around if necessary. If possible call in at Legacy House any Tuesday between 9.30am and 12.30 to see us at work then you'll understand better and see the condition we receive stamps in. After trimming there is still a lot to be done regarding

the sorting ready for sale. Any enquiries please ring me

Beryl Billing 9546 9208.



MUSEUM OF VICTORIA - Swanston/Latrobe Streets "JOHN CURTIN: A MAN OF PEACE, A TIME OF WAR"

tells the story of one of Australia's most influential Prime Ministers, and the nation he led through the darkest hours of World War II.

John Curtin was the poor country boy who became Prime Minister; the young socialist turned political pragmatist; the pacifist called upon to lead Australia in Wartime. Through documents, photographs, oral histories and film footage drawn mainly from the Australian Archives' collection, the exhibition explores Curtin's story, and provides a glimpse of the social and political turmoil of Australia at war.

Special Program for Booked Groups

Morning tea, a brief introduction to the exhibition and memories of Curtin, and a hosted tour of the exhibition. Program available every Tuesday and Thursday in June 10.30am-12.00pm. Cost (including morning tea) \$5.00. BOOKINGS ESSENTIAL: 9669 9866, 9669 9864

Visit by Melbourne Legacy Widows to Mount Macedon on Thursday 11th April 1996





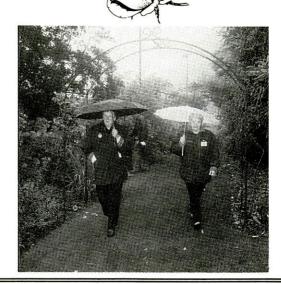




Despite wet and wintry conditions, with low cloud on the mountain, the intrepid Legacy Ladies ventured forth to make a good day out of the occasion. The director of the Australian Emergency Management Institute, Mr. Chris Hunter organised the

Hunter organised the opening of 3 gardens for the ladies, who also made the pilgrimage to the newly renovated memorial cross. The gardens were beautiful with the trees turning to Autumn gold.

We didn't get the opportunity to mix and mingle with all the ladies who came from near and far as much as we would have liked because of the rain. Ladies came from Cobram, Yarrawonga, Camperdown, Yarram, Ocean Grove, Reservoir, Essendon, Heidelberg, Hampton, Camberwell, Epping, Waverley, Nepean, Bayswater, Blackburn, Clayton, Melbourne and many more brave souls.





THE ANSWER



A NEWSLETTER FROM MELBOURNE LEGACY

Issue 216 - April, 1996

Published by: Junior Legacy, Melbourne, (ACN 004 301 348) Print Post Approved PP 349181/00313

Dear Ladies,

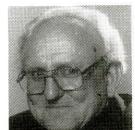
Ancer five years my term as Committee Chairman has come to an end. The new Chairman will be Legatee L.W. Saltmarsh who has been an active committee member since 1990 and for four years prior to that contributed to Legacy's work of assisting the Disabled Dependants of Legacy Widows. I know that he will do an excellent job.

I have truly appreciated the great friendship and many kindnesses shown to Elsie and myself during my term.

Thank you one and all for everything, in particular the ongoing success and expansion of Widows' Clubs throughout Victoria and the development of "The Answer" into a ity publication of interest and value.

Good health and happiness. Charles Munnerley, Committee Chairman

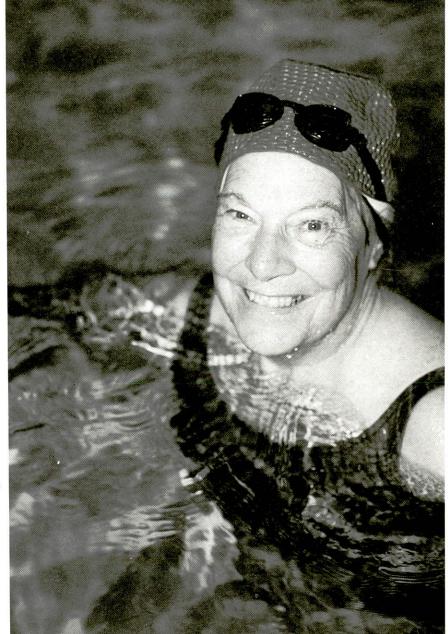








Legatee Munnerley



Mrs Jean McColl enjoys our Swimming Classes regularly See details on Page 11

MELBOURNE LEGACY: Address - Legacy House, 293 Swanston Walk, Melbourne 3000 Telephone - (03) 9663 3564 Fax (03) 9663 3015 President - Legatee R.H. Ward Patron - His Excellency the Governor, the Honourable Richard E. McGarvie AC.



WALK WITH CARE - Also see Page 5 article on safety hints for elderly drivers

IN THIS ISSUE:

CONTENTS:

Diary Page 4
Welfare " 5-7
Notices " 9,11

Feature Events " 3,12,13,15,20,24

Club News " 8,10,14,16,18

Travel/Theatre " 17,19,21 Contributions " 22,23

FUTURE ISSUES OF"THE ANSWER"

We will publish a further four issues of "The Answer" in 1996.

ISSUE	COPY DEADLINE	DISTRIBUTION
Jun 96	1 May 96	Last week May 96
Aug 96	1 Jul 96	Last week Jul 96
Oct 96	1 Sep 96	Last week Sep 96
Dec 96	1 Nov 96	Last week Nov 96

When you send us your recipes, poems, stories & jokes, if possible please identify the author of any item that is not your own original work & confirm that clearance has been given for publication.

Photographs must be in sharp focus & have good lighting with caption on separate sheet.

From The Editor:

Happy Easter to everyone and safe motoring. Operation Rosemary from 15/4-19/4, 22/4-24/4 for the Students' Anzac Ceremony and Anzac Day Marchers. Volunteers required to make Rosemary Sprigs, assistance given to new comers.

Annual Craft Exhibition Week commencing Monday 22nd July. All our clever craft ladies from clubs and groups are invited to submit items of work for display or

a donation for sale. Independent craft judge will award certificates of merit.

Love to you all

JOAN.



IN FLANDERS FIELDS



In Flanders Fields the poppies grow Between the crosses, row on row That mark our place, and in the sky The larks still bravely singing, fly Scarce heard amid the guns below.

We are the Dead. Short days ago We lived, felt dawn, saw sunset glow, Loved, and were loved, and now we lie In Flanders Fields.

Take up our quarrel with the foe,
To you from failing hands we throw
The Torch: be yours to hold it high!
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders Fields

Lt Col. John McCrae (1872 - 1918)

(A Canadian Artillery Medical Officer, who died on 28th January 1918 whilst on "active service" in France. He is buried at Wimereux, France).

THE ANSWER

Fear not that you have died for naught; The Torch you threw to us we caught! And now our hands will hold it high, Its glorious light shall never die. We'll not break faith with you who lie On many a field.

R.W. Lilliard

(An American Poet. "The Answer" was adapted from the second verse of his poem "An American Answer" which was first published in the "New York Evening

The Newsletter provides information on a range of services for the benefit of our ladies. Items are welcomed for inclusion. However as publication does not necessarily mean endorsement Legacy cannot be held responsible for non-performance of goods and services. a decision to proceed is entirely at the discretion of the individual.

PRESIDENT 1996: VIETNAM VETERAN RAY WARD

For the first time in Legacy's history a Legatee has received the honour of becoming President of two capital city Clubs; the Clubs of Perth and Melbourne.

At just 38 years of age Vietnam Veteran Ray Ward became President of Perth Legacy. March 1996 will see the commencement of his appointment as President of Melbourne Legacy.

Born in Perth in 1947, Ray's schooling took place in Western Australia. He left school at 15 and started work as a telegram delivery boy. At night he studied for his Leaving Level. In 1967 Ray joined the personnel department of the Post Master General.

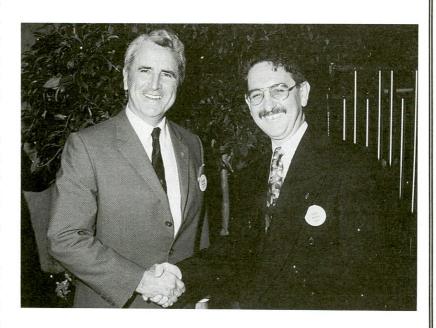
In the year Ray turned 20 he was required to register for National Service. He was "called up" and served in Vietnam with 5RAR in 1968/69.

Ray joined Perth Legacy in 1980. Following a number of appointments he became President in 1985. A high honour at such a relatively young age. In 1989 Ray was transferred to work

in Saudi Arabia for his employer (now Telstra) and consequently experienced at first hand some of the aspects of the Gulf War. On returning to Australia in 1992 Ray resumed his responsibilities with Perth Legacy.

In 1994 Telstra promoted Ray to a position in Melbourne and he transferred to the Melbourne Legacy Club. In this period, Ray served on the Council of Management and became the Honorary Secretary in 1995.

Ray feels especially privileged to become President of the "Mother Club". He will be supported throughout his year of office by his wife, Carmel.



Immediate Past President David Millie congratulates President Ray Ward

YOUTH ACTIVITIES

The Youth Activities Committee of Melbourne Legacy has planned the following outings for the coming months:-

May 3rd to 5th

Rocking Climbing

Ages 12-17

June 23rd

BBQ/Roller Skating

Ages 7-17 & Mothers

July 21st

Go Karts/BBQ

Ages 12-17

<u>Please telephone Carol Shaw at Legacy House if</u> would like more information about any of the planned events. (9663-3564)



Happy Group at the Christmas Picnic

THURSDAY

FRIDAY

30TH

31ST

PAINTING

KEEP FIT - SEE PAGE 11

10.30 A.M.

ACTIVITIES

		MOIIVIIE		
APRIL			-	
MONDAY	1ST	FREE CONCERT AT LEGACY HOUSE		1.00 P.M.
TUESDAY	2ND	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	2ND	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	3RD	BOWLS		10.30 A.M.
THURSDAY	4TH	PAINTING		11.00 A.M.
		FOR EASTER FROM 5PM THURSDAY 4/4 UNTIL 94		
TUESDAY	9TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY WEDNESDAY	9TH 10TH	CRAFT WORKSHOP 11AM BOWLS	LINE DANCING	12 NOON
THURSDAY	11TH	DAY TRIP TO MOUNT MACEDON		10.30 A.M.
THURSDAY	11TH	PAINTING 11AM	WW1 GROUP	9.00 A.M. 11.00 A.M.
FRIDAY	12TH	KEEP FIT - SEE PAGE 11	WWW I GROOF	11.00 A.W.
OPERATION ROS	SEMARY	FROM MONDAY 15/4 - FRIDAY 19/4 & MON 22/4	- 24/4. VOLUNTEER HELP REQUIRE	D FROM
10AM DAILY				
MONDAY	15TH	BOWLS		10.30 A.M.
TUESDAY	16TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY WEDNESDAY	16TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	17TH 17TH	WIDOWS CLUB COMMITTEE MEETING HOME & HOSPITAL VISITING GROUP 12 NOON	CARRO	10.30 A.M.
WEDNESDAY	17TH	MATINEES BEAUTY & THE BEAST 1PM	CARDS MORNING MELODIES	12.30 P.M.
THURSDAY	18TH	PAINTING	MORNING MELODIES	1.30 P.M. 11.00 A.M.
FRIDAY	19TH	KEEP FIT - SEE PAGE 11		11.00 A.W.
SATURDAY	20TH	MATINEE MARRIAGE OF FIGARO		1.00 P.I
SUNDAY	21ST	MATINEE BEAUTY & THE BEAST		2.00 P.M.
MONDAY	22ND	BOWLS		10.30 A.M.
TUESDAY	23RD	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	23RD	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY THURSDAY	24TH 25TH	CARDS 12.30PM LEGACY HOUSE CLOSED FOR ANZAC DAY	STUDENTS ANZAC SERVICE	11.00 A.M.
FRIDAY	26TH	KEEP FIT - SEE PAGE 11		
SATURDAY	27TH	MATINEES BEAUTY & THE BEAST 2PM/LUCIA DI	LAMMERMOOR	1.00 P.M.
MONDAY	29TH	BOWLS	LAMMENMOOR	10.30 A.M.
TUESDAY	30TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	30TH	CRAFT WORKSHOP		11.00 A.M.
MAY				
WEDNESDAY	1ST	BOWLS		10 20 4 14
THURSDAY	2ND	PAINTING		10.30 A.M. 11.00 A.M.
FRIDAY	3RD	KEEP FIT - SEE PAGE 11		11.00 A.W.
SATURDAY	4TH	MATINEE NABUCCO ARTS CENTRE		1.00 P.M.
MONDAY	6TH	FREE CONCERT AT LEGACY HOUSE		1.00 P.M.
TUESDAY	7TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	7TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY THURSDAY	8TH 9TH	BOWLS 10.30AM DAY TRIP TO BALLARAT GOLD MINE & TABARET	MATINEE, MTC, MISS BOSNIA	1.00 P.M.
THURSDAY	9TH	PAINTING 11AM	MANA/I CROUD	9.00 A.M.
FRIDAY	10TH	KEEP FIT - SEE PAGE 11	WWI GROUP	11.00 A.N
MONDAY	13TH	BOWLS		10.30 A.M.
TUESDAY	14TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	14TH	CRAFT WORKSHOP 11AM	LINE DANCING	12 NOON
TUESDAY	14TH	MORNING MELODIES CONCERT HALL		1.30 P.M.
WEDNESDAY	15TH	WIDOWS' CLUB COMMITTEE		10.30 A.M.
WEDNESDAY	15TH	HOME & HOSPITAL GROUP 12 NOON	CARDS	12.30 P.M.
WEDNESDAY THURSDAY	15TH 16TH	MATINE BEAUTY & THE BEAST		1.00 P.M.
FRIDAY	17TH	PAINTING KEEP FIT - SEE PAGE 11		11.00 A.M.
MONDAY	20TH	BOWLS		10 20 A M
TUESDAY	21ST	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M. 10.30 A.M.
TUESDAY	21ST	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	22ND	CARDS		12.30 P.M.
THURSDAY	23RD	PAINTING		11.00 A.M.
FRIDAY	24TH	KEEP FIT - SEE PAGE 11		
MONDAY	27TH	BOWLS		10.30 A.M.
TUESDAY	28TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	10.30 A.M.
WEDNESDAY	28TH 29TH	CRAFT WORKSHOP BOWLS		11.00 A.M.
THURSDAY	30TH	PAINTING		10.30 A.M.

The Newsletter provides information on a range of services for the benefit of our ladies. Items are welcomed for inclusion. However as publication does not necessarily mean endorsement Legacy cannot be held responsible for non-performance of goods and services. A decision to proceed is entirely at the discretion of the individual.

vic roads

SAFETY HINTS FOR THE ELDERLY DRIVER

STEPS TO BETTER DRIVING

AVOID DIFFICULT TASKS

<u>AVOID</u>

- Peak Traffic
- Driving in heavy rain or fog



- Night Driving
- Busy intersections

You might find driving easier by using quiet roads and streets. If you going somewhere unfamiliar, plan your route carefully in advance to avoid difficult right turns.

SEE BETTER

Make the most of your eyesight by:

- Wearing glasses
- Wearing sunglasses in bright sunshine; &
- Having regular eye test.

Improve Vision from your vehicle by:

- Keeping the front windscreen clean
- Making sure windscreens have no cracks or scratches
- Using air-conditioners/heaters or demisters to reduce window fogging
- Installing outside mirrors on both sides the car
- Correctly adjusting mirrors before each trip and using them frequently &
- Keeping the rear window clear

DON'T CLUTTER THE WINDOWS!



BE ALERT

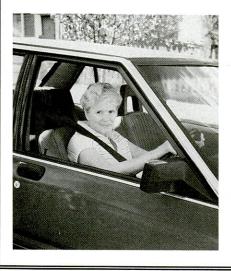
Check with your doctor whether your medical condition or any medication you may be taking can affect your driving. Also have regular hearing checks.



- Tired
- Upset
- Under the influence of alcohol



Have a driving instructor check your driving and make suggestions on aspects that might need improving.



For more information about Safety Hints for the Elderly Driver please contact Sarah McColl of VicRoads on 9345 4496

A FACELIFT FOR TECHNICAL BOOK SHOP



The Ground Floor of Legacy House, Melbourne has been occupied by our tenant Technical Book Shop for 54 years. Work has just been completed on a major renovation of the premises. The works

have included structural alterations and new fit out of the shop. Also the Legacy entrance has been improved. In our view the results are outstanding - a real facelift. The shop now has most attractive displays of quality books. To mark the start of business in the new book shop Technical Book Shop are making a special offer to Legatees and Legacy Widows:-

15% Discount on all purchases made during the months of April and May 1996. (Proof of Legacy membership must be shown).

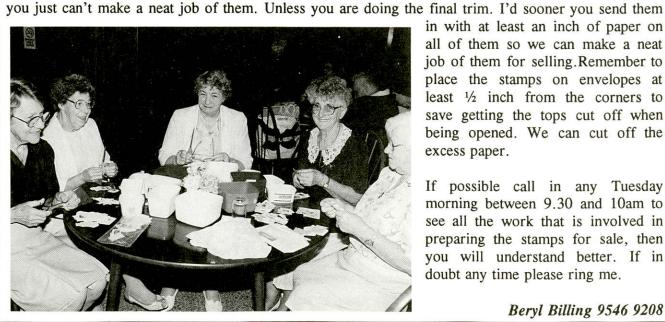


Mrs Glad Cousens visits Technical Book Shop

STAMP REPORT

One most important item. When taking unfranked stamps (those not cancelled by the Post Offices) from envelopes please remember to leave an inch of envelope around the stamp where possible and keep separate. Many are tearing them too close, damaging the perforation or tearing the corners off then out they go into the rubbish losing hundreds every week. Some come in all jagged and too close to the edges then





in with at least an inch of paper on all of them so we can make a neat job of them for selling. Remember to place the stamps on envelopes at least ½ inch from the corners to save getting the tops cut off when being opened. We can cut off the excess paper.

If possible call in any Tuesday morning between 9.30 and 10am to see all the work that is involved in preparing the stamps for sale, then you will understand better. If in doubt any time please ring me.

Beryl Billing 9546 9208

DEFENCE SERVICE HOMES INSURANCE

Many veteran's and widows have insured their homes with the Defence Service Homes Insurance Scheme.



The Defence Service Homes Insurance Scheme specialises in solving the problems of veteran's and widows, the only people they insure. The true cost of an insurance policy also includes any annoyance or irritation created by the way the organisation operates.

Defence Service Homes say they take pride in their ability to assist veterans and widows; they claim to receive compliments for their ability to act quickly and to understand the clients' needs.

Do you know that you no longer need to have a DSH mortgage to qualify for DSH Home Insurance? DSH Homes Insurance policies are available to you if you qualify for DSH benefits. This includes: veteran's (or their spouse) who have never had a DSH Loan, existing borrowers, and all former borrowers.

HOW TO CONTACT DEFENCE SERVICE HOMES

Contact the DSH Insurance Scheme now and talk to them about your home insurance needs. They can give you a summary of their cover and a premium comparison, over the phone on 03 9284 6000, or freecall 008 113 304, or in writing (no stamp required) at:



Replay Paid 1818, Defence Service Homes, P.O. Box 1987R, Melbourne, 3001.

OTHER SERVICES

Defence Service Homes also provides other services that may be of assistance to Legacy widows - including:

- Home Loans
- Widows' Relief Scheme
- Home Maintenance Helpline

WHAT IS A POWER OF ATTORNEY?

A power of attorney is a legal document that allows another person to act on your behalf. An Enduring Power of Attorney is often used as a precaution. If a road accident or sudden illness prevented you from making day to day financial decisions, then the person you have selected; your attorney, will be the one making financial decisions on your behalf.

It is possible to arrange for the Enduring Power of Attorney to only operate if you become incompetent by keeping the original document that you have signed and the copies - then telling your attorney that you only want them to use the Power of Attorney if and when you become incompetent.

HOW DO I GET MORE INFORMATION?

- If you have questions about your personal situation, ring the Office of the Public Advocate on (03) 9660 1444 or (008) 13 6829 (free call).
- A useful do-it-yourself kit, titled "Take Control", can be purchased from the Legal Aid Commission of Victoria, 179 Queen Street, Melbourne - Tel: (03) 9607 0223. The cost is \$8 or \$4 Concession). The kit includes helpful advice and all the forms you need to sign.
- If you are unsure about anything to do with a Power of Attorney it is a good idea to ask a
 lawyer to check it for you. Lawyers at Community Legal Centres or the Legal Aid
 Commission will do this free of charge.

CLUB NEWS

ASHBURTON LEGACY WIDOWS' CLUB

We had a bumper attendance at our 1st Meeting, our AGM & we welcomed 4 new members. L'tee Arthur Bretherton installed our new Committee unchanged from last year. A \$600 donation was presented to L,tee Bretherton for Legacy. We visited Danny Blume's Fashions in Feb, & were entertained by the Pocket Theatre in March. We had an enjoyable 4 day trip to Bendigo, including a luncheon cruise. New members warmly welcomed.

BAYSWATER LEGACY WIDOWS CLUB

We had a good attendance at our 1st 1996 Meeting & welcomed 3 more new members. Our ladies attended the Mornington picnic in Feb & enjoyed the day in spite of the rain & also were pleased to participate in the Upper Yarra Picnic in March. Thanks to both clubs for their hospitality. As our 7th Birthday Meeting would have fallen on Good Friday we anticipate holding this a few days later. New members welcome.

BEAUMARIS LEGACY WIDOWS CLUB

Since our very successful Xmas lunch, our ladies have enjoyed in Jan, a social afternoon for a good "chat" after Christmas break and then in Feb. a river cruise and trip to Casino followed by a visit to a Chocolate outlet (very nice). We went to Phillip Island and enjoyed lunch at the Isle of Wight Hotel. We have very interesting Guest Speakers each month and all new widows are most welcome.

BENNETTSWOOD LEGACY WIDOWS CLUB

A good attendance of ladies at our Feb Meeting & new members welcomed. We missed our Pres May Willis who is recuperating from a knee operation & she hopes to be back with us soon. Thank you Dorothy Kitching who chaired the Meeting in May's absence. We have several members on the sick list hurry & get well again soon! Our outing to the movie "Babe" was most enjoyable. New members most welcome to join us.

BERWICK LEGACY WIDOW'S CLUB

Our New Year Meeting began on a sad note with a minutes silence for member Beryl Redpath and L'tee Fred Walters who passed away in Jan. Both will be sadly missed. Our Pres welcomed a new member Mrs Helen Baker. Several outings were arranged & we attended our Annual Church Service in March. Happy New Year to all members, Legatees & Legacy House Staff.

BLACKBURN LEGACY WIDOWS CLUB

We had a record attendance at our 1st 1996 Meeting & welcomed 6 new members. Our April Meeting will be on the 3rd Monday April 15th. It was incorrectly printed on our Calendar as the 8th (Easter). We have hired a coach for the combined Legacy Picnic at Mt Macedon on 11th April, a great opportunity to meet others & to see the refurbished cross. We wish Beryl Row much happiness in her new abode. Olive Thompson who was much-loved by us all died on Sun 25th Feb. Our sincere sympathy to her family.

BOX HILL LEGACY WIDOWS CLUB

100 Members attended our 1st 1996 Meeting. The syllabus for the year was handed out & speakers & trips are arranged. In March we went to Sorrento to lunch at Portarlington Hotel. Some members have booked to attend the combined Mt Macedon picnic & some are going on a 5 day Deniliquin & Corowa trip. We have speakers booked for meetings including Yvonne Lawrence of 3AW, Royal Flying Doctor Service & hopefully the Vic Police Dog Squad. The AGM was held in March details next issue. We are still meeting at the Salvation Army until Sept or Oct.

BORONIA LEGACY WIDOWS CLUB

Our first 1996 Meeting was well attended, we welcomed 4 new members, 2 trips so far this year were very entertaining. Looking forward to trip to French Island. Invitation to any War Widow to join our club, Progress Hall, Boronia Road, Boronia. Luncheon Meeting every 3 months.

Meetings 3rd Wed at 12.30pm. Pres- B Mitchell 9885-4034 Hon Sec - S Eagle 9897-3135 V Co - N Ferguson 9568-2929 J Hitchcock 9569-7183

Meetings 1st Friday of month at 1pm Pres - V Quintrell 9758 3968 Hon Sec- L Morliere 9870 5069

Meetings 4th Mon.at 1.30pm Pres - M Rowell 9598 0505 Hon Sec-R Clarke 9598 7483 Welf - M Pinkstone 9589 3737 Soc Sec - T Emery 9598 6112

Meetings 3rd Thursday of month at 10am Pres - M Willis 9808 8623 Hon Sec - J Kitchin 9808 5230 V Co-ord - H Crow 9808 3738

Meetings 2nd Mon at 1pm. Pres - M Henry 9707 1315 Sec - J Tivendale 9707 1276

Meetings on 2nd Mon at 11arr Pres - Pat Battye 9878 0539 Sec - Nell Thomas 9877 5802 V.Co-ord -Edna Boag 9878 6653

Meetings on 3rd Monday of the month at 9.45am Pres - O. Milne 9890 8516 Hon Sec- J Crosbie 9898 1121 V-Co-ord - B. Laurie 9899 6293

Meetings on 3rd Friday of month at 1pm Pres - M Howie 9762 9641 Hon Sec - D Stott 9762 8050



ADVICE/ASSISTANCE FROM LEGACY

Most Legacy Widows will be aware of the Contact Legatees in their local area who can provide advice and assistance when problems arise. Others are reminded that they can contact a Legatee on duty at Legacy House Melbourne between 10 a.m. and 3 p.m, Mondays to Fridays by visiting Legacy House

(293 Swanston Walk) or by telephone 9663 3564.

Another opportunity for you to obtain advice from Legacy is at the monthly Widows Club Meeting - a Legatee attends these meetings and provides advice - see Club News Section of the newsletter.

WE REMEMBER WARTIME BRITAIN*

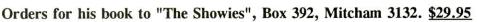
Reminiscences of 42 British born women who married Australian servicemen or who emigrated post-war and settled in Australia. It contains war time and current photos, potted biographies and amusing anecdotes. No funding from Australia Remembers, so the editor Gwen Haslar funded the project personally.

120 pages, A4 size, soft cover book. Metropolitan area \$8.00 includes postage. Cheques/Money orders payable to Gwen Haslar, 46 Waranga Street, North Dandenong 3175. Outside Metropolitan area \$10.00 including postage. If collected from Gwen personally, books \$7.00 per copy.

(Copy to view in Joan Miller's Office, 2nd floor, Legacy House.)

BOB MORGAN'S BOOK "THE SHOWIES"

Bob is well known in the neighbourhood of Mitcham being former Legatee for the District. He held the position of Public Relations man for the Royal Show for 14 years. Bob had a wealth of knowledge regarding the characters in the tent shows, merry go rounds, rides and games





ALF YOUNG, 42 ST GILES AVENUE, ICKENHAM UXBRIDGE, MIDDLESEX UB10 8RL ENGLAND

Alf has not been well during 1995, but is slowly improving day by day. He will be 83 on ANZAC day and has been attending ANZAC day ceremonies at the ANZAC cemetery at Harefield Church. Harefield Hospital treated WW1 soldiers prior to their return to Australia & New Zealand since 1918. Four of Alf's poems are included on Pages 22 and 23.



Department of Veterans' Affairs have advised us of a new Radio Program.

"On Air with Veterans' Affairs" - to be broadcast at 10.30 am each Wednesday on 3RPH 1179am Melbourne

CAMBERWELL/HAWTHORN LEGACY WIDOWS CLUB

At our AGM in Feb. chaired by Legatee John Andersen, all 1995 office bearers & Committee members were re-elected unopposed. We look forward to an interesting year. Monthly bus trips are being planned, including one to Ballarat during the Begonia Festival & also to join other members at the Cross at Mt. Macedon Thurs 11th April. Vale Isabel Hawes We were sorry to lose one of our oldest members in Dec. Bel was 90 odd years "young" & attended regularly until 1995. Get Well wishes to our not so well members.

Meetings held 3rd Monday of the month at 11am. Pres B Robertson 9882 4602 Hon Sec J Vincent 9889 6026

CAULFIELD-ST KILDA LEGACY WIDOWS CLUB

Happy Easter. Wed 3rd April we have a speaker from Customs Dept., Wed 10th April Activities, Wed 17th Blackwood trip & hotel lunch, Wed 1st May Meeting Demo Danny Blumes Fashions, Wed 8th May Activities, Wed 15th May Concert RSL Club. Trip enquiries Verna 9534 6246

Meetings 1st Wed at 2pm Pres - V. Kidman 9534 6246 Sec - P Thompson 9531 6478 V.Co-ord S. Cornish 9569 5571

CLAYTON LEGACY WIDOWS CLUB

Another year has begun and we were happy to commence with a "get together" and bring your lunch day in January, and are looking forward to another enjoyable year together. Bus trips to Buxton in February and to Ballarat in March. We have a few new members joining and gladly welcome them. Our office bearer changes will be in the next Newsletter.

Meetings 1st Friday of month at 1.30pm Pres - J Seidel 9569 9475

H Sec - B Richardson 9579 2230

COBURG LEGACY WIDOWS CLUB

There were 96 ladies at our first 1996 meeting nice to see you all. In Jan we had a Mystery Trip up in the Dandenong's with a lovely lunch & entertainment at "Henry 8th" Restaurant. thanks to our Social Secretary Val. To those who are not so good, we are thinking of you. New members made welcome.

Meetings 2nd Thurs at 10.30am Pres - J Rea 9306 1705 Sec - D Hanna 9359 2231 V Co-ord -J Coomber 9354 5613

CRANBOURNE LEGACY WIDOWS CLUB

We had a very well attended AGM & our Committee has nominated a new President Eva Searle, our Secretary & Treasurer remain the same. Mary Thwaites is now V-Pres. We welcomed 4 new members. We had an informative speech on Veteran's rights. A warm welcome is extended to all & wish a speedy recovery to those who are sick.

Meetings 2nd Monday of month at 1.30pm Pres- E. Searle (059)96 2655 Hon Sec - G Bell (059) 96 3688

CROYDON LEGACY WIDOWS CLUB

An interclub meeting with Ballarat in Feb was a hit. It was great to renew friendships & we were entertained with songs from Ida. Congratulations to Yarra Valley for such an enjoyable picnic. We regret, the passing of Jerry McEwan, condolences to the family. Greetings to our housebound & sickies. "Keep Smiling."

Meetings held every 1st Thurs at 1.00pm

Pres - W Warwick 9761 9581 Hon Sec - N Briggs 9735 1407 V Co-ord - H Wilson 9726 8404

DANDENONG LEGACY WIDOWS CLUB

We started 1996 well with a trip to Beauty and the Beast. A wonderful show. 10th April AGM, bring a plate for afternoon tea. Overnight trip Mon 6/5-7/5 Deniliquin/Echuca \$22 per person. 5 Day trip Mon 30/9 in planning Stage. New members welcome.

Meetings 2nd Wednesday of month at 1pm Pres - A Mortimer 9792 3037 Hon Sec L Thomas 9792 0400

DINGLEY LEGACY WIDOWS CLUB

At our 1st Meeting we had a demo of floral arrangements, also in Feb we held our annual picnic in the park in the Kingston Heath Reserve & many members attended the Mornington Park Picnic. March a silk beads making demo & we attended a fashion parade at Suzettes. Members also attended the Legacy church service at St. James - Dandenong & afterwards enjoyed a delightful afternoon tea provided by the ladies committees. Our AGM will be held Monday 13th May. In April we will visit the Casino & in June a trip to Mornington - entertainment by Roy Kent & lunch at the Country Club.

Meetings 2nd Monday of each month at 1pm Pres - L Cox 9782 3364 Sec - B Crawford 9551 4792 Activities - M McCrory 9546 3367

GENTLE EXERCISE CLASSES

Our popular floor and chair exercise classes are conducted by qualified instructors Betty Luders & Bill Stevens Tuesday Classes 10.30 am - 11.30am

Class instructor: Bill Stevens

Friday Classes 10.00 a.m.- 1.30 p.m.

Class instructor: Betty Luders

NEW FRIDAY EXERCISE TIMES

1. 10.10am - 10.40am Chair

2. 10.45am - 11.25am Active

3. 11.30am - 12 Noon Chair

4. 12.05am - 12.35pm Chair

5. 12.40pm - 1.20pm Active

We prescribe exercise appropriate to each person's fitness.

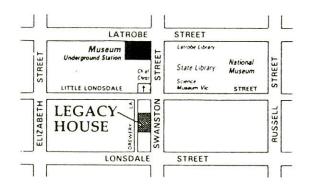
WATER EXERCISE CLASSES

Swimming and water exercise classes are held in the City Baths. Classes are conducted by qualified instructors - Betty Luders and Bob Charles. Classes are held every Tuesday morning between 9 a.m. and 12 noon.

At present, there is a waiting list for Tuesday water exercise classes, but we will try to arrange extra classes if more people are interested in joining. Ring Joan Miller (9663 3564) if you want more information about joining any of the classes.

YOUR CLUBROOMS AT LEGACY HOUSE, MELBOURNE

Clubrooms are open weekdays (10 a.m. to 3.30 p.m.). All Legacy ladies are welcome to call in for a snack, a chat or just to rest.



TUNE TO 96.5 ON THE FM BAND TO SEE IF YOU CAN PICK UP LEGACY'S OWN RADIO SHOW - FRIDAYS AT 12 NOON. Community Radio 3 INR

MELBOURNE LEGACY HOME &



$^{ extstyle \odot}$ HOSPITAL VISITS GROUP $^{ extstyle \odot}$



Telephone Joan Miller (9663 3563) if you would like her to arrange for one of our wonderful, caring ladies to call on you or any other Legacy lady. They are great company for anyone who is sick, frail, or disabled. They will visit your home, hostel or hospital. This is a service for ladies who have no other visitors.



By remembering Legacy in your Will, you can help them continue to look after Australia's biggest dependant family.

Legacy is a voluntary organisation of returned ex-service personnel dedicated to the care of widows and children of comrades who died on active service or subsequently. It is the only such organisation, and relies on contributions from the community, of which bequests are a significant factor, to fund its welfare programmes for "Australia's biggest dependant family."

If you would like to find out more about bequests to Legacy, please write to:

> The Executive Officer, Melbourne Legacy Legacy House, 293 Swanston Walk, Melbourne 3000

or Tel: (03) 9663 3564

A Line Dancing A A

At Legacy House 2nd Tuesday of Each Month 12.10 - 1pm Bookings Joan Miller 9663 3564 Dates as Follows: 14/5, 11/6, 9/7, 13/8, 10/9, 8/10, 12/11 & 10/12

FREE HOME RENOVATION ADVICE



The Home Renovation Advisory Program is a free home inspection service offered under the Home Renovation Advisory Program. If you have home renovation work that needs to be done Melbourne Legacy suggests that you contact HARP for free expert advice and a cost estimate before work commences!

> An appointment can be made by "phoning" Joanne on 9670 3911

LEGACY HOUSE 2ND FLOOR CLUBROOMS

Audrey and her band of volunteer helpers serve refreshments at minimal cost to all Legacy Ladies calling into the Clubrooms, Monday to Friday 10-3.30pm.

Tuesdays' Craft group ladies meet, chat and help each other with their craft items.

In-coming Chairman of Widows Committee, Legatee Saltmarsh admires tapestry work with Mrs Nancy Crooks, instructor, and star pupil Mrs Marion Scammell.

Our stamp group also meet on a Tuesday, so come along and meet our friendly groups of ladies.



"LEGACY HOUSE AT TWO NINE THREE
A GOOD PLACE FOR A CHAT AND A CUP OF TEA
MONDAY TO FRIDAY, WEEK IN AND OUT
SOMETHING FOR EVERYONE, THERE IS NO DOUBT
SO DON'T BE LONELY, DON'T BE SHY
COME TO THE CITY AND GIVE US A TRY!!"















DONCASTER & TEMPLESTOWE LEGACY WIDOWS CLUB

Our 1st Meeting was our AGM & our 13th year. We have come a long way in those years. Many thanks to L'tee John Crooks for chairing the Meeting. We wish to thank 2 dedicated ladies who have resigned from our Committee. Betty Flynn our Soc Sec & Elaine Chalmers Sec. We look forward to another good year & new members are warmly welcomed. NB April Meeting later due to Easter, Mon 22nd April, speaker from Veteran's Affairs. Mon 13th May, Top Shelf Designs. Meetings at RSL Doncaster East.

Meetings 2nd Monday of each month at 11am Pres - J Clarke 9848 3817 Hon Sec S Collings 9848 3131

ELTHAM LEGACY WIDOWS CLUB

Our new club continues to flourish. We all enjoyed our Christmas Luncheon, Macadamia Nut Demonstration & especially our outing to Cottage Cakes & Faulty Towels & Jewellery Display by Trish's Treasures. Welcome back to our President Helen who has been on the sick list.

Meetings 3rd Wed at 10.30 am Pres - H Hobbins 9439 1772 Sec - B Nelson 9439 2671 Soc Sec - B Bastion 9432 2202

EPPING LEGACY WIDOWS CLUB

Our February Meeting was well attended, we welcomed 2 new members. Our syllabus for 1996 is full & interesting. The old town of Maldon was our 1st trip where we enjoyed a trip on the steam train & having a look around. Get well wishes to a few of our ladies who are not the best.

Meetings 1st Tuesday of month at 11am. Pres - D Cook 9465 4336 Hon Sec M Poole 9432 0398

ESSENDON LEGACY WIDOWS CLUB

Our Birthday celebrations at Camelot Castle in Feb were enjoyed by all our ladies. We were delighted to have Joan Miller as one of our guests. Arrangements have been made for Guided Tour of the Zoo Thursday 2nd May. We welcomed 3 new members at our February Meeting & had a great attendance of 96. Our March Meeting was our AGM. Details next issue. New ladies are always welcomed.

Meetings held every 3rd Thursday of month at 10.30am Pres - B. Penberthy 9379 1874 Hon Sec - V. Bourke 9374 2519 V Co - L McDougall 9379 1796

FOOTSCRAY LEGACY WIDOWS CLUB

On a perfect day we commenced 1996 with a wonderful attendance for our first BBQ and Meeting. So many happy folk, joined by 4 new members. Our Lorna was busy with the combined Legacy Clubs picnic to Mornington and a ferry trip, Sorrento/Queenscliff. We are all very happy to welcome new Members, do come and see us.

Meetings 2nd Wednesday of month at 1pm Pres - L Muster 9689 7479 Sec - P M Davidson 9314 7708

FRANKSTON LEGACY WIDOWS CLUB

At our March AGM we welcomed our new Peninsula President Mr. Jack Arnold who presented badges to our Office Bearers & Committee. He congratulated our Pres Dorothy Thurtell, Sec Marion Norton & new Treasurer, Jan Bedford. L'tee David McDougall spoke on "Alternative Accommodation for those unable to cope on their own". Hope all enjoyed our "Picnic in the Park" Best wishes to our sick members & housebound ladies. Welcome to our 8 new members.

Meetings 2nd Thursday of each month at 1pm Pres - D Thurtell (059) 75 1318 Hon Sec - M Norton 9781 4680

HAMPTON LEGACY WIDOWS CLUB

At our 1st Meeting for the year we had 87 members present & 12 apologies. Legatee Ted Mumme gave us an interesting talk on the work done by Legacy since 1923. He has given many years of service & we are indeed fortunate to have the help of so many caring men such as L'tee Mumme as their numbers decrease and widows increase thus increasing their work-load.

Meetings 1st Wed of month at 1pm Pres - N Smith 9592 8842 Hon Sec - J Corp 9598 0650

HEALESVILLE LEGACY WIDOWS CLUB

At our February Meeting we had the Arthritis Foundation of Australia to show us their exercises and we enjoyed our trip to Picnic in the Park at Mornington in company with Lilydale and Upper Yarra Clubs. Our Meetings are held in the Supper Room Old Shire Hall.

Meetings 1st Wed at 1.30pm Pres - P Dickson 059 62 4528 Sec - Kath Hawkins 059 62 2925 V Co - M Griffiths 059 62 4245

THANKS TO GAS AND FUEL

Melbourne Legacy was recently able to be part of a pleasant surprise to Legacy Widow Mabel of MacLeod, thanks to the Gas and Fuel Corporation and their staff.

Legacy - nominated by staff member Cheryl Hatfield - was the first beneficiary of a new program which recognised that the staff had avoided loss of time due to work injury.

The Gas & Fuel Corporation's \$1,000 donation was used to purchase paint and, as can be seen by the photo, Mabel and her contact Legatee, Dennis Jordan had the pleasure of meeting Gas & Fuel personnel Cheryl and the Group Manager Rick Wilkinson.

Our warm thanks to Cheryl for caring about Legacy. Happy painting Legatee Jordan!



"TOP STANDARD" "BEST EVER"

The Final of Legacy's Annual Bowls Tournament for the Sir Dallas Brooks Trophy was held at East Malvern RSL Bowling Club in February.

It was a back to back victory for McKinnon Bowls Club, as players Todd Simmons and Don Louttit played against Ian Ewing and Steve Loney of Moonee Ponds Bowls Club. McKinnon won 18/16 on 19 ends. The first time an extra end has been played in the 35 year history of the Tournament. Todd, just 15 years old, skippered the McKinnon team.

Moonee Ponds skipper Ian Ewing congratulating the winners said "I hate losing any time but to lose to a player that has the obvious potential of Todd ... it's only upwards for him. It was thrilling to be part of such an excellent standard of game.

Once again, the ladies of East Malvern RSL Bowling Club generously provided hospitality and presented a cheque to the President Legatee David Millie to assist Legacy's welfare work.

The Tournament was first held in 1962 with 26 Clubs participating. 153 Clubs took part this year. The event is recognised as one of the major events on the bowling calendar with hundreds of bowlers throughout the metropolitan area taking part in elimination contests. The total amount raised since 1962 is over \$157,000. A marvellous effort indeed from the bowling fraternity.



Legatee President David Millie (far right) congratulates winners Todd Simmons and Don Louttit joined by RVBA representative Councillor Norm Brown

HEIDELBERG LEGACY WIDOWS CLUB

AGM Meeting a great success, 82 members attended. Also our 2 L'tees & 4 visitors, Guest Speaker Tony Carr DVA, most informative. Chas Munnerley, Melb Legacy Committee Chairman was presented with a cheque for Legacy. Guests Kathie Bishop DVA Co-ord of Joint Venture & Gary Durkin, President Northern Region Legacy. We look forward to another happy year. Warmest wishes to sick & housebound.

Meetings 2nd Mon at 11am Pres - V Keating 9850 1837 H Sec.L. Curran 9459 8904 V Co-ord - M. Canty 9499 8904

HIGHETT LEGACY WIDOWS CLUB

We started our year with a very happy afternoon Jewellery & scarf showing. A very enjoyable trip to the Botanic Gardens with 2 well informed tour guides. Would recommend the trip to other Legacy Groups. At our 2nd Meeting we had a guest speaker from the Arthritis Foundation. Very informative talk. We are always receiving new members & they are made welcome. Best wishes to our Soc Sec who has been ill, but improving.

Meetings 3rd Mon at 1.30pm Pres - J. Nye 9557 2255 H Sec - J Thomson 9555 1029 V Co-ord T David 9557 4828

KEW LEGACY WIDOWS CLUB

In April we will have a speaker from V-Line Holiday Travel & in May Heather Bowden will bring us her Patchwork Display. Wed 24th April we will have a bus outing to the Singing Gardens of Arden with a Barbecue Lunch in the Toolangi State Forest. This should be a most enjoyable outing and bookings can be made by contacting President Beryl. We welcome all Legacy Widows at our Meetings at Kew RSL Club.

Meetings 3rd Wed at 11am
Pres - B Howatt 9853 6151
Hon Sec - B Wade 9859 1663
V Co-ord - C Curnow 9853 7049

KNOX LEGACY WIDOWS CLUB

Our 1st 1996 meeting was a very busy one, organising outings, trips, and a 3 day break to Barham. Jack Wade, speaker from Dandenong/West Gippsland Group was very welcome - explaining the working and money needed for them to be successful & to give the help needed. This was requested by a few members whom I feel were satisfied with the result. New members welcome and a healthy New Year to all our Clubs.

Meetings 1st Monday at 12.30pm Pres - M Biggs 9801 7868 Hon Sec - K Rickard 9754 7928

LILYDALE LEGACY WIDOWS CLUB

We all had a great time at the Peninsula picnic, pity about the early rain though. The Town Hall Concert was most enjoyable as usual. A number of us will be at the picnic at the Valley, looking forward to that. AGM March Meeting details next issue.

Meetings every 2nd Monday of the month at 1.00pm Pres - B Crawshaw 9728 3133 Hon Sec M Orford 9726 0238

MALVERN LEGACY WIDOWS CLUB

On a glorious summer's day it was a joy to welcome everyone to our first meeting for 1996 & to have 3 new members join us. Arrangements were discussed for the trip to Mt Macedon in April. We all learn a great deal from our guest speaker, Mrs Florence Houghton, on how to live life to the full. She was an inspiration to us all. A very warm welcome awaits old and new members at Senior Citizens Centre, 1255 High St Malvern.

Meetings 3rd Tues at 10am
Pres - W Ames 9822 1888
Hon Sec - A Porter 9509 9362
V Co-ord - M Spain 9509 0612
G Aspinall - 9509 9805

MITCHAM LEGACY WIDOWS CLUB

Our 1st 2 meetings have passed with lots of camaraderie and success. L'tee Albert Prohasky gave us a wonderful informal chat about Legacy itself. Its quite humble beginnings from seventy years ago, to its magnificent work, care and thoughtfulness shown to so many, including ourselves, up to this present day. We've also started this year with an appropriate day trip, circumnavigating with the aid of coach as well as ferry, our lovely Port Phillip Bay.

Meetings 4th Wed at 12.30pm Pres - B Kean 9873 1979 Sec - H Smith 9873 2532 Soc Sec M Cumming 9874 7504

MORNINGTON LEGACY WIDOWS CLUB

At our 1st Meeting, 43 members & 3 new members joined us. Pres B Potter welcomed all. Also L'tees K Fyffe, C McKee. Entertainment by Dolphins enjoyed by all. AGM in March. Mt Macedon Tues 11th April. 45 attended Mornington Park Picnic, a very wet day, but the ladies had lunch, entertainment & a happy get together. Special thanks to co-ordinating picnic committee. K. Mathews, M.C.R. Birch, M. Williams, Legatees & all who helped. Entertainment from Amarillos, Line Dancing & HMAS Cerebus Naval Band. Roy Kent & Musicians. The ladies joined in dancing & singing to keep warm. Nice to talk to Joan Miller.

Meetings held every 4th Wednesday of month at 12.30pm Pres - B Potter (059) 75 3810 H Sec - P Roberts (059) 75 2744 V Co - M Sinclair (059) 75 5322

"Beauty and the Beast" Princess Theatre

Wed 17/4 24/4 1pm \$39.50
Sat 27/4 Sun 21/4
both at 2pm \$49.50
NB: Wed 15/5 19/6 1pm \$40
Price Rise from 1.5.96
Prompt Payments Please



AUSTRALIAN OPERA
State Theatre,
Arts Centre
"B" Reserves \$58
MARRIAGE OF FIGARO
Sat 20/4 1pm
LUCIA d'LAMMERMOOR
Sat 27/4 1pm
NABUCCO
Sat 4/5 1pm



MELBOURNE THEATRE CO "Miss Bosnia" by Louis Nowra

Fairfax Theatre - Arts Centre Sat 27/4 4pm \$30, Wed 8/5 1pm \$24.50

"A Cheery Soul" By Patrick White

Starring Robyn Nevin
Playhouse Theatre - Arts Centre
Sat 4/5 4pm \$30, Wed 15/5 1pm \$24.50



STATE THEATRE MICHEL BARYSHNAKOV BALLET COMPANY

Tuesday 21/5 - Saturday 25/5 8pm
"A" Reserve \$90.50; "B" Reserve \$70.50;
"C" Reserve \$50.50

Coming Attractions

WORLD ON ICE - from 10/7/96

SUNSET BOULEVARD - 26th Oct 1996

Price details for Sunset Boulevard next issue. Wed concessions, none at weekend.

MORNING MELODIES

**Noncert Hall **Nonc

MISS SAIGON

CAPITOL THEATRE - SYDNEY
Wednesday Matinees (See Holiday Page)

SHANGHAI STATE BALLET Concert Hall

141 Dancers, 56 piece Orchestra, Choir, 3 hrs of entertainment, performing excerpts from Don Quixote, Le Corsair & Giselle. Also 8 Act Chinese classical ballet "The White Haired Girl" about the life of a peasant girl during the revolution.

Fri 4/10 8pm, Sat 5/10 2pm No concessions \$78.50



PLEASE DIRECT ALL ENQUIRIES TO JOAN MILLER: TEL 9663 3564

Send applications for Theatre matinees to: "Legacy House" PO Box 4312 PP, Melbourne, 3001 in envelopes marked "Outings". Please include a stamped self addressed envelope for return of tickets plus an explanatory note as shows that have many choices of dates means processing of bookings is delayed by searching through pages of requests. Money orders should be made payable to Melbourne Legacy. NB: Deposits of payment in full only to secure bookings. Payment may be made in instalments if preferred. Bookings not paid for or confirmed 10 days prior to performance will be made available to others.



NOBLE PARK LEGACY WIDOWS CLUB

We had a good attendance at our 1st Meeting with 3 Legatees in attendance & our speaker from Veteran Affairs Marie impressed our members with the message given. We enjoyed our picnics to Mornington & Yarra Junction. Ladies attended Church Service at Dandenong in March. Melbourne Town Hall Concert in March.

Meetings 3rd Wednesday of month at 1.00pm Pres - M. Veal 9546 9110 H Sec - D Spruce 9547 6078

NORTH BALWYN WIDOWS CLUB

Our AGM was in Feb & our new President is Meryl Parker who takes over from Joan Wicks. We had a lovely friendly lunch after the meeting with members bringing a plate of food. We were very sad to hear of the passing of 3 of our members, Jean Hamilton, Dorothy Morrow & Mary Cochrane & of our Legatee Ron Dowling who was such a good friend to us all. In March we had a demonstration of costume Jewellery.

Meetings every 4th Monday of month at 10.30am Pres - M Parker 9857 9574 Sec - S O'Toole 9857 6280

NORTHCOTE LEGACY WIDOWS CLUB

We commenced the New Year with our Feb Meeting. We were saddened by the loss of two members Vera O'Shannessy and Mary Fraser. Our Sympathies were extended to their families & a minutes silence observed in their memory. Our 1st outing was to Gumbaya Park in March & have arranged for a chiropractor to speak at the next meeting. New Members welcome.

Meetings 4th Mon at 1.00pm. Pres - J Donald 9480 2101 Hon Sec - E Newton 9484 1056 Soc Sec - D Freeling 9470 6554

PRESTON/RESERVOIR LEGACY WIDOWS CLUB

It was pleasing to welcome our members back to the club, including 2 new ladies, for our 1st 1996 Meeting. We held a Safeway demo which was most enjoyable. We will be having interesting speakers & outings throughout the year. Thank you Vera for your term as Social Sec, it is appreciated by all.

Meetings 2nd Wed of month at 1.00pm Pres. J Robertson 9478 7175 H Sec - J Patterson 9478 1016

SOUTHERN PENINSULA LEGACY WIDOWS CLUB

Our 1st Meeting for the year was in Feb with 72 ladies, 4 Legatees & 8 new members. In December we were entertained to a lunch by Rosebud RSL & Rye RSL. Thanks to them both for a great day. Line dancing classes are going well with good attendances. Our AGM in March at Rosebud RSL was also our 10th Anniversary. Details next issue.

Meetings 3rd Mon at 1,30pm Pres - M Williams 059 85 3458 Hon Sec - A Thomas 059 85 4176 V.Co-ord E Saxe (059) 85 5472

SOUTH PORT LEGACY WIDOWS CLUB

Congratulations to the Peninsula Group Committee for a good day at Mornington Park. The rainy weather kept us all together. Plans for day trips & entertainment for April/May to be finalised. Get well soon to all on the sick list. Nominations for Committee please for June AGM. We will celebrate our 10th Birthday at Emerald Hill Hotel in June.

Meetings held every 2nd Wed of month at 10.30am Pres - M Stackpoole 9690 4271 Hon Sec - G Gunn 9699 3514 V Co-ord P Bolan 9646 2417

WESTERNPORT LEGACY WIDOWS CLUB

1995 was very successful and this year we are looking forward to more trips and movies. We hope all our sickies will be with us to enjoy another year of fun. Our 1st Meeting in Feb was good with 32 ladies and 4 Legatees in attendance. Best wishes to all our Legacy Clubs.

Meetings 3rd Wed at 1.30pm Pres- M Rutledge (059) 40 1353 Sec - P Le Vette (059) 97 1015

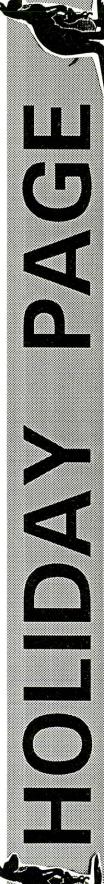
WILLIAMSTOWN LEGACY WIDOWS CLUB

It is with regret that we report the passing of two more of our members, Iza Brown and Betty Geoghegan. On a brighter note it was good to see the return of three of our sickies at our last Meeting. We were fortunate at that Meeting to have George Ridley who was really an authority on Williamstown. He made us oldies realise how little we know of our local history. Our next meeting will be held on Tuesday 9th April. All Legacy Widows are very welcome.

Meetings held on every 2nd Tuesday of month at 10.30am Pres - E Bambery 9397 1037 Sec - M Love 9397 1443

INTERASIA 9523 6555 or TOLL FREE 008 337 028 Licence No.31708	15 Days Africa 1/8, Johannesburg/National Parks/Victoria Falls \$4,971 T/Share. 1/9 32 Days Touring Europe, England Scotland and a stopover in Singapore 2 night stop-overs in Europe & a get together prior to departure \$6,779. All tours fully escorted
QUINCES 568 1122 Licence No, 30568	5 Day Bright Mon 15/4 \$430 Supp \$100 9 Day Red Centre Air/Coach Tues 16/4 \$1,240 T/s supp \$385. 5 Day Adelaide, Burra, Barossa & Victor Harbour 6/5 \$440 supp \$80 12 Day NSW Coast Lightning Ridge 17/8 \$1,299 T/share. 4 Day Canberra Floriade 27/9 \$365 T/S 6 Day Kangaroo Island & South Coast Tour 10/10 \$685 T/S 6 Day Canberra Floriade & Sydney Spring Special 12/10 \$599 T/S
CRAZY FOR YOU Sydney Tour	Theatre Royal Sydney Wednesday Matinee Mid February 1997 - details next issue.
MISS SAIGON 1996 TOURS in conjunction vith Quinces	5 Day Tour Dinner Bed & Breakfast, Harbour Cruise, City Sightseeing, Blue Mountains Day Tour, Wednesday Matinee of Miss Saigon. Twinshare \$475. 3/6 16/9 28/10. Book early with Joan Miller 9663 3564.
MCKENZIE'S TOURS	5 Days Mystery Tour 6-19/9 \$345 T/S (Pokies next to Motel) Winter Warmer Tour Broken Hill 1-5/7 \$275 T/S. Victor Harbour 14-18/10 \$495 T/S, Bookings J Miller 663-3564
PR TOURS 9776 8211 Licence No. 31066	5 Days Alpine/Canberra Special \$389 T/Share Departs 22/4 & 28/10 17 Days NT Coach/Air \$2,499 T/Share Departs 13/5.
VENTURA COACHES 9570 1554	4 Days Bright Depart 11/4 \$315 5 Days Bright Depart 22/4 \$365 5 Day Tumut Depart 22/4 \$395 5 Day Eden Departs 13/5 \$340 5 Day Mildura Dep.20/5 \$365 10 Day Norfolk Is 10/8 \$1,575
CEEFOR COACHES Enquiries Brett Clark	14 days Air/Coach tour Cairns/Daintree/Island Cruises, all incl \$1,765 t/share. Departs after Easter. ph:9555 8899.
90SEBUD J337 8388	18 Patterson St, and 6 Fifth Avenue, Bookings & Tariff Details phone Alice, after 7pm.
VERONICA'S TOURS 9435 0850	10 Days Norfolk Island incl Bounty Day celebrations 9/6. Canada in Autumn 24 days 12/9. O'Reilly's Guest House, Lamington National Park 9 Days in Springtime Date to be confirmed.
FOURTH SOLDIERS MOTEL MUDGEE Tom Deasy 063 72 4399	Fun Ladies Lawn Bowling Benefit for Legacy, 4th, 5th, 6th & 7th August. Cost per person T/share \$325, Single Supp \$80 dinner. Four to a room \$292. Contact Mrs Madge Rayner (Bowling Sec) (063) 72 1616 or Soldiers Motel
AUNTY NANCYE'S PHONE/FAX 9354 1336	Rosebud on the Beach Bed/Breakfast Twin Rooms, Gardens. Max 6 people. May-Oct \$25. School Holiday & Public Holidays \$30 per person per night

Cancellation Policy is utilised by all registered travel agents. Cancellation fees are payable on a sliding scale according to the number of days prior to departure the cancellation occurs. No refund is available if the Travel Agent has not been notified prior to departure, or if the traveller fails to join the tour, or leaves before the tour has been completed. Once final payments have been made to the Tour Operator, Legacy is bound by the Agreement. ladies are advised to contact their Insurance Agent re. Travel Insurance.



THE GRANDCHILDREN SPEAK AT LEGACY HOUSE

Here's your chance to hear how well 12-14 year old children can use the English language. The event is the first semi-final of the 1996 Legacy Junior Plain English speaking Award. Monday 20th May 10am, on the first floor at Legacy House. The students will speak for five minutes on topics of their choice

relating to the Legacy principles of voluntary service, caring and mateship - or on Remembrance. Then they speak for two minutes impromptu on a topic given to them just five minutes before speaking. This usually brings out some surprise views and laughter.

If you can make it to the city on that day, come and judge for yourself. You will enjoy the experience.

Admission will be by ticket only - around 50 tickets have been set aside for widows. Bookings are essential - Ring Joan Miller. First in first served! Refreshments prior or after the event in 2nd floor Clubrooms.



Mr & Mrs O'Dwyer are all smiles as they congratulate the runner-up: their daughter Lucy (Brauer Secondary College, Warrnambool)









SOMERS CAMP JANUARY 1996

Disabled Dependents and Helpers singing and dancing to the music of the guitars at the Annual Camp in the green and relaxing surroundings at Somers. Everyone enoyed a fortnight jam-packed with acitivies & fun

DDC REPORT

At our Feb Meeting, our lunch was provided by the North West Branch & we were entertained by blind singer Pamela Reymolds. Our young people & helpers went to the Movies & the leaders of the Holiday Camp at Somers gave their report & a video of Camp was shown to us all, many thanks to all for making it such a happy holiday for everyone until next time. Cheerio

Dot Kenny





MCKENZIES CARE

McKenzies will pick up passengers from ealesville office, Lilydale, Mooroolbark, Croydon, Ringwood, Mitcham, Box Hill Town Hall, Kew Depot, Batman Avenue.

Thursday 11th April
Mount Macedon get together
at the Mt Macedon Cross
BBQ/Coach \$22.00
Batman Avenue 9am

Thursday 9th May
Golden Point Tabaret Ballarat
1 hour tour Gold Museum
Light Lunch/Tabaret \$16.00

Batman Avenue 9am

Thursday 13th June
orcupine Historic Township Maldon
2 Course Lunch \$24.00
Batman Avenue 9am

Thursday 11th July
"Legends" of Geelong/Entertainment
Lunch/Afternoon Tea \$24.00
Batman Avenue 9am

VENTURA COACH TOURS

Ventura tours depart Oakleigh South Depot 7.30am, Moorabbin Town Hall 7.45am and Spencer Street Coach Terminal Bay 38, 8.30am. Book Direct 9570 1554

Monday 6th May Gourmet Deli Tour with 4 inspections includes M/tea and lunch \$26.00 per person

Thursday 23rd May Phillip Island

with special lunch at Castle Inn by the Sea \$33.00 per person

Thursday 13th June

Ballarat featuring Great Southern Woolshed Plus lunch \$29.00 per person

Monday 24th June

Daylesford featuring Convent Gallery/Lunch \$28.00 per person

For Ventura Coach Holidays see page 19

Ring Joan Miller (9663 3564) for these or other special group bookings

H = Healesville: L - Lilydale Station: C = Croydon Cinema: MK - Mooroolbark: R = Ringwood: M - Mitcham: BH = Box Hill Town Hall: K = Kew Depot: BA = Batman Avenue

Send Applications for day trips to "Legacy House P.O. Box 4312 PP, Melbourne GPO, 3001, in envelopes marked "Outings". Please include a stamped self-addressed envelope for return of tickets. Money orders or cheques made payable to Melbourne Legacy. Day trips do not include lunch unless specified. Please include a contact phone number. Payment may be made by instalments if preferred.

5 DO/SAIB

Contributions Page

"WHAT IS AN AUSTRALIAN?"



I married an Australian long ago.

Memories of him I can't overthrow.

Always a smile on his lips

Kept us entertained with his quips.

A good conversationalist, being a salesman,
A life-time companion
I thought he would be then
But God had planned it another way
For in middle-age he passed away.

My life went with his children And now six lovely grand-children Have all inherited his sense of humour An inestimable asset for the future.

Mrs Eileen Holston 30/1/96

The Knitter's Prayer

I pray when risen from the dead
I may in glory stand
Perhaps not a crown upon my head
But four needles in my hand
I never learnt to sing or play
So let no harp be mine
From childhood to my dying day

Plain knitting's been my line
And so, accustomed to the end
In plying useful stitches
I'll be content if given to knit
The little angel's britches

Sent in by Mrs Joyce Williams

FRIENDSHIP

True friendship brings such joy, And gives us happy hours, A friendless life would be so dull, Like gardens without flowers.

Alf Young, Middlesex.

MY GARDEN

My garden is a haven From a world of weary care There's always utter freedom and sweet contentment there

It helps consistently
When a problem takes me captive
The garden sets me free

My garden is a teacher With qualities galore Providing many lessons I'd foolish to ignore

My garden is an ally;

My garden is a ruler requiring understanding Sometimes quiet and gentle Sometimes so demanding.

My garden is a gallery
Of infinite delight,
Displaying many pictures
That are classics in their right

My Garden's an oasis
And its wonderful to find
My little piece of Eden
Can bring such peach of mind.

Alf Young, Middlesex.

USEFUL HINT

When you receive letters with your name & address typewritten on the envelope - cut them out and paste them on the back of your letters. Saves buying name stickers.

Ruth Whyte

More funny bumper stickers sent in by Ruth Whyte

MY MOTHER-IN-LAW IS A TEST PILOT FOR THE BROOM FACTORIES!

Seen on a battered old car

BUG RIT



IN LIFE'S AUTUMN

Let me sit and rest awhile In the autumn of my life I have born life's many sorrows and weathered my share of strife

Life has not always been easy
But as autumn colours the trees
I feel Life's burdens fall away
Life the gently falling leaves

And I can count my blessings
As those golden autumn leaves fall
For I know with quiet assurance
God's love is over all

Ida Crozier, Croydon

THE POSTIE

There is a man about the town you either love or hate,

He is the man who leaves the mail

He is the man who leaves the mail in the post box by your gate.

You really love him when he brings you letters from a friend,
But oh, how you hate him when he leaves those bills that never end.

And on the days he leaves you no mail at all - you say The postie doesn't love me, or, thank God no bills today

I feel sorry for the postie who hasn't any control over his fate 'Cos he's really not to blame for the mail he leaves at your front gate.

Ida Crozier, Croydon.

MOTHER'S LOVE

A Mother's love is something that no one can explain, it is made of deep devotion and of sacrifice and pain.

Alf Young, Middlesex

Do you know the story of the fish?

St. Teresa once told this story:

"Once upon a time, a good man returned a fish to the water. People told him: 'So what? You save ONE fish. Tomorrow the sea will drop hundreds on to the shore. What difference did you make?"

The man answered: 'For that single fish, I made all the difference in the world. I saved him.'"

ANZAC BISCUITS



Ingredients

1 Cup uncooked rolled oats 1 cup plain flour 1 cup brown sugar 3/4 cup desiccated coconut 125g butter or margarine 2 tbl sp golden syrup 1 tsp bicarbonate soda 2 tbl sp boiling water

Method

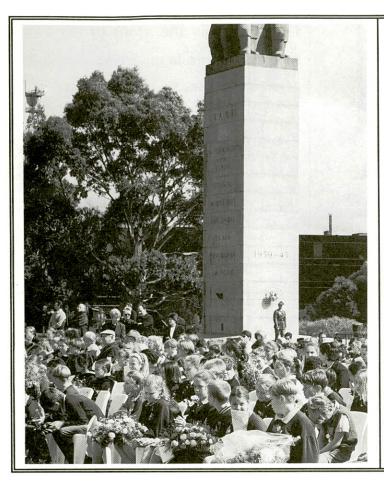
Mix together oats, sugar & coconut. Melt butter & syrup over low heat and remove. Dissolve bicarb soda in boiling water than add to melted butter mixture. Stir this into oats mixture. Drop in tablespoonsful onto a greased tray (allow room for spreading). Bake at 150 degrees celsius (300 degrees Fahrenheit). Conventional Oven 15-17 minutes. Fan forced 10-17 minutes. Cool 5 minutes.

Sent in by Pat Trevena, Essendon

1 SWEETEST MUSIC 1 1

The sweetest music in the world
to lonely folk grown old
is something you might scarce expect.
More precious far than gold.
A little thing, a lovely thing,
heart-warming as can be a friend who comes in at your door
and calls "Its only me!"

Alf Young, Middlesex



65th Annual ANZAC Commemoration Ceremony for Students

3000 students are expected to attend the Annual Anzac Commemoration Ceremony being held Wednesday 24th April 1996 at the Shrine of Remembrance. The Ceremony which has been conducted by Melbourne Legacy for over 65 years, will commence at 11am. This year His Excellency, the Hon Mr Richard E. McGarvie, Governor of Victoria, will address students and guests.

Legacy widows wishing to attend are most welcome. Just introduce yourself to one of the Legatees "on duty" and he will arrange seating for you.

OPERATION FIREWOOD 1996

We wish to thank the Cobram/Yarrawonga group and the volunteer drivers for their unstinting help to the Melbourne based Legatees to collect and deliver firewood to the ladies. Their efforts over the weekend of 16th and 17th March were very much appreciated.



THE ANSWER



A NEWSLETTER FROM MELBOURNE LEGACY

Issue 215 - February, 1996

Dear Ladies,

Published by: Junior Legacy, Melbourne, (ACN 004 301 348)

Print Post Approved PP 349181/00313

Best wishes for the New Year to one and all from Legacy.

During 1996 we will again bring you 6 issues of "The Answer (See Page 2). The publication continues to get better and better. A key part of the success is the suggestions and contributions that we get from you, the readers. Thanks to all who sent us material in 1995 and we hope to hear from many new contributors in 1996.

We re also extremely happy with the support that is being given to our regular Legacy activities. Many ladies tell me that attending a local Legacy Widows' Club has made a big difference to life. If you are interested and not sure how to go about joining in - telephone Joan Miller (9663-3564) and she will be pleased to help you.

Good health and happiness.

Charles Munnerley, Committee Chairman



Legacy's 33rd Annual Christmas Concert - See pages 12-13

MELBOURNE LEGACY: Address - Legacy House, 293 Swanston Walk, Melbourne 3000 Telephone - (03) 9663 3564 Fax (03) 9663 3015 President - Legatee D.R. Millie Patron - His Excellency the Governor, the Honourable Richard E. McGarvie AC.

IN THIS ISSUE:

CONTENTS:

Diary Page 4 Welfare " 5-7

Notices " 9,11

Feature Events " 3,12,13,15,20,24

Club News " 8,10,14,16,18

Travel/Theatre " 17,19,21 Contributions " 22,23

FUTURE ISSUES OF"THE ANSWER"

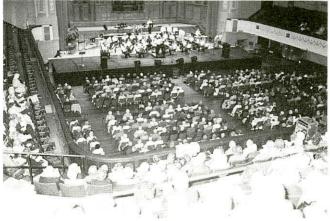
We will publish a further five issues of "The Answer" in 1996.

ISSUE	COPY DEADLINE	DISTRIBUTION
Apr 96	1 Mar 96	Last week Mar 96
Jun 96	1 May 96	Last week May 96
Aug 96	1 Jul 96	Last week Jul 96
Oct 96	1 Sep 96	Last week Sep 96
Dec 96	1 Nov 96	Last week Nov 96

When you send us your recipes, poems, stories & jokes, if possible please identify the author of any item that is not your own original work & confirm that clearance has been given for publication.

Photographs must be in sharp focus & have good lighting with caption on separate sheet.





Legacy Christmas Concert - see page 12-13

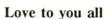
From The Editor:

Our year starts with our concert Monday 5th February at Legacy House commencing at 12.30pm so that the new committee ladies can be introduced to the concert group. Another wonderful picnic day Tuesday 27th February at Mornington Park to meet with Ladies from other groups. Monday 4th March our special Melbourne Town Hall concert with the Police band - all details are on page 15.

See page 11 re Hospital Visits Group Meeting.

Our 2nd floor clubrooms are open from Monday to Friday for light refresh-

ments at modest prices, there is always someone to talk to you and make you feel welcome.



JOAN.



OPERATION ROSEMARY



Since 1982 Legacy Ladies have made Rosemary sprigs for the students ANZAC Service and the ANZAC day marchers in 1996 we will require volunteers from 15th April for the students service Wednesday 24th April & for ANZAC day. Don't worry, there is always somebody who is able to show you how to make the sprigs. It is a chance to have a chat, a cuppa and to work in a group and maybe make a new friend. Any day you can spare a couple of hours between 15/4-24/4 from 10am-2pm, please contact Joan Miller, 9663 3564.

The Newsletter provides information on a range of services for the benefit of our ladies. Items are welcomed for inclusion. However as publication does not necessarily mean endorsement Legacy cannot be held responsible for non-performance of goods and services. a decision to proceed is entirely at the discretion of the individual.

A Message from Legatee David Millie President, Melbourne Legacy Club

In one way or another each one of us would have been touched by an "Australia Remembers" activity in 1995. Whether as a participant or an observer of a local, metropolitan or national event, a special feeling may have arisen to make us aware again of a personal experience associated with major events of the past.

The excitement of these memories were a companion to another Legacy year. As President one has more than a front stalls seat in the life of Melbourne Legacy. The opportunity to provide the required leadership is immensely rewarding, an experience to enjoy, and of course with the support my fellow Legatees, helps the community of Legacy to flourish.

The medium of communication provided by this newsletter, THE ANSWER, is a great success. As a reader of each copy one can only be impressed with the high standard, keeping all well informed and entertained. My congratulations to the Editor, and to all those who make contributions, whether widow, Legatee, supporter or staff.

One of the highlights of the past year has been the high participation rate of widows in their Club activities and in those centrally organised, be it a concert or a Church service. These activities have obviously been enjoyed by those who have participated.

As my time as President finishes in March I thank you for your hospitality and friendship during the past year. My wife Eva and I wish you peace and prosperity in 1996.

To my successor, Legatee Ray Ward, I offer my congratulations, my full support and best wishes.

David Millie, President











	F	E	В	R	U	A	R	Y
--	---	---	---	---	---	---	---	---

		7 7		
FEBRUAR	RY			
THURSDAY	1ST	PAINTING		11.00 A.M.
FRIDAY	2ND	KEEP FIT - SEE PAGE 11. N.B. EARLIER IN FEB.		9.30 A.M.
SUNDAY	4TH	MATINEE "SECRET GARDEN" ARTS CENTRE		3.00 P.M.
MONDAY	5TH	PRESENTATION OF COMMITTEE FOR 1996		12.30 P.M.
MONDAY	5TH	FREE CONCERT LEGACY HOUSE 1ST FLOOR		1.00 P.M.
TUESDAY	6TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	6TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	7TH	BOWLS 10.30 AM	MATINEE "SECRET GARDEN"	1.00 P.M.
THURSDAY	8TH	DAY TRIP TO KILCUNDA		9.00 A.M.
THURSDAY	8TH	PAINTING 11 AM	WW1 GROUP	11.00 A.M.
FRIDAY	9TH	KEEP FIT - SEE PAGE 11		
MONDAY	12TH	BOWLS		10.30 A.M.
TUESDAY	13TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	13TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	14TH	BOWLS 10.30 A.M.	MATINEE "SECRET GARDEN"	1.00 P.M.
THURSDAY	15TH	PAINTING		11.00 A.M.
FRIDAY	16TH	KEEP FIT - SEE PAGE 11		
SATURDAY	17TH	MATINEE "BEAUTY & THE BEAST" PRINCESS THE	ATRE	2.00 P.M.
SUNDAY	18TH	MATINEE "BEAUTY & THE BEAST" PRINCESS THE	ATRE	2.00 P.M.
MONDAY	19TH	BOWLS		10.30 A.M.
TUESDAY	20TH	SWIMMING AT CITY BATHS - PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	20TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	21ST	WIDOWS' CLUB COMMITTEE MEETING		10.30 A.M.
WEDNESDAY	21ST	HOME & HOSPITAL GROUP 12 NOON	CARDS	12.30 P.M.
THURSDAY	22ND	PAINTING		11.00 A.M.
FRIDAY	23RD	KEEP FIT - SEE PAGE 11		
MONDAY	26TH	BOWLS		10.30 A.M.
TUESDAY	27TH	SWIMMING CITY BATHS	DAY TRIP MORNINGTON	9.30 A.M.
TUESDAY	27TH	EXERCISES 11 AM	CRAFT WORKSHOP	11.00 A.M.
WEDNESDAY	28TH	CARDS 12.30 PM	MORNING MELODIES	1.30 P.M.
WEDNESDAY	28TH	MATINEE "BEAUTY & THE BEAST"		1.00 P.M.
THURSDAY	29TH	PAINTING		11.00 A.M.
<u>MARCH</u>				
FRIDAY	1ST	KEEP FIT - SEE PAGE 11		
MONDAY	4TH	FREE CONCERT MELBOURNE TOWN HALL		12.30 P.M.
TUESDAY	5TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	5TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	6TH	BOWLS		10.30 A.M.
THURSDAY	7TH	PAINTING		11.00 A.M.
FRIDAY	8TH	KEEP FIT - SEE PAGE 11		
SATURDAY	9TH	MATINEE "BEAUTY & THE BEAST" PRINCESS THE	ATRE	2.00 P.M.
MONDAY	11TH	LEGACY HOUSE CLOSED PUBLIC HOLIDAY		
TUESDAY	12TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	12TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	13TH	BOWLS		10.30 A.M.
THURSDAY	14TH	DAY TRIP TO MONT DE LANCY WANDIN		9.00 A.M.
THURSDAY	14TH	PAINTING 11 A.M.	WW1 GROUP	11.00 A.M.
EDID AV	4 5 7 1 1	VEED EIT GEE DAGE AA		

		STATE OF THE STATE OF THE	EXENCIDED	11.00 A.W.
TUESDAY	5TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	6TH	BOWLS		10.30 A.M.
THURSDAY	7TH	PAINTING		11.00 A.M.
FRIDAY	8TH	KEEP FIT - SEE PAGE 11		
SATURDAY	9TH	MATINEE "BEAUTY & THE BEAST" PRINCESS T	THEATRE	2.00 P.M.
MONDAY	11TH	LEGACY HOUSE CLOSED PUBLIC HOLIDAY		
TUESDAY	12TH	SWIMMING AT CITY BATHS - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	12TH	CRAFT WORKSHOP		11.00 A.M.

٧ T FRIDAY 15TH KEEP FIT - SEE PAGE 11

SUNDAY 17TH OPERATION FIREWOOD DELIVERY DAY

MONDAY **18TH BOWLS** 10.30 A.M. TUESDAY 19TH SWIMMING AT CITY BATHS - SEE PAGE 11 **EXERCISES** 11.00 A.M. TUESDAY 19TH CRAFT WORKSHOP 11.00 A.M. 20TH WEDNESDAY WIDOWS' CLUB COMMITTEE MEETING 10.30 A.M.

WEDNESDAY 20TH HOME & HOSPITAL MEETING WITH CLUB REPS **12 NOON** WEDNESDAY 20TH CARDS 12.30 P.M. THURSDAY 21ST PAINTING 11.00 A.M.

FRIDAY **22ND** KEEP FIT - SEE PAGE 11

MATINEE "MOSCOW CIRCUS" SPORTS & ENTERTAINMENT CENTRE SATURDAY **23RD** 1.00 P.M. SUNDAY 24TH MATINEE "BEAUTY & THE BEAST" PRINCESS THEATRE 2.00 P.M. MONDAY 25TH **BOWLS** 10.30 A.M.

TUESDAY 26TH SWIMMING AT CITY BATHS - SEE PAGE 11 **EXERCISES** 11.00 A.M. TUESDAY 26TH **CRAFT WORKSHOP** 11.00 A.M. WEDNESDAY 27TH **CARDS 12.30 PM** MATINEE "BEAUTY & THE BEAST" 1.00 P.M.

WEDNESDAY **27TH** "MOSCOW CIRCUS" SPORTS & ENTERTAINMENT CENTRE 7.30 P.M. THURSDAY 28TH PAINTING 11 AM "MORNING MELODIES" CONCERT HALL 1.30 P.M.

KEEP FIT - SEE PAGE 11 FRIDAY 29TH SUNDAY 31ST "MOSCOW CIRCUS" SPORTS & ENTERTAINMENT CENTRE 1.00 P.M.

DEFENCE SERVICE HOMES HOUSING ASSISTANCE



WIDOWS/WIDOWERS ADVANCES

The widow or widower of an eligible person who has a current DSH loan can apply for a loan to carry out repairs to their property, or to pay for certain outgoings, such as property rates and charges, home insurance premiums, etc.

<u>These loans carry a test of financial hardship</u>, and the interest rate charge is 3.75% a year. The loan is usually repaid over the balance of the term of the original loan. However, in some circumstances the term can be extended to make the repayments easier.

For widows/widowers advances for works that are considered necessary to keep the property in good order and repair will be considered. Modifications or renovations, eg. new kitchens, bathrooms, etc., cannot be financed unless evidence is provided that the existing facilities need replacement.

If the property is still in your deceased spouse's name, it must first be transferred into your name. You should discuss the matter with DSH before taking any action as it may affect your future entitlements. If you have legally remarried since your spouse's death you may not be eligible for any further assistance as the widow/widower of your deceased spouse. However, if you are an ex-service person you may be eligible in your own right.

How to Contact Defence Service Homes

The Victorian State Office of Defence Service Homes is located at 300 Latrobe Street, Melbourne 3000 (phone 03 9284 6000 or Freecall number 008 113 304)



Other Services

Defence Service Homes also provides other services that may be of assistance to Legacy widows - including:

- Defence Service Home Loans to help buy, build or enlarge a home Dec'95 issue of "The Answer"
- Home Insurance information will be included in the next issue of "The Answer."



Think twice before you sign for someone else's loan

Many women are asked to sign for a loan for goods that:

- aren't theirs
- they don't need
- aren't their responsibility

They are asked either to be a guarantor or a joint borrower (sometimes called a co-borrower).

Remember: Saying "no" to signing up can be hard, but a loan relationship for say five years is a big commitment that might end up being more about money than love.

By asking you to sign up as guarantor, the lender is indicating it considers the borrower to be a present or future risk. If it is not prepared to take the risk ... why should you?

CONTACT: OFFICE OF FAIR TRADING AND BUSINESS AFFAIRS (TEL: 9602 8111)

THE LEGACY JUNIOR PLAIN ENGLISH SPEAKING AWARD (JPESA) began in 1988 in Melbourne. Legacy's aim in sponsoring the competition is to promote oral communication skills and to provide an opportunity for students aged 12-14 to learn about the ideals of Legacy - voluntary service, caring and mateship - and remembrance.

The award became an interstate event this year and the first Interstate Championship was recently held in the Chamber of the City of Melbourne with 10 students from NSW, Qld and Victoria participating.

It is Legacy's aim to conduct a National Final in 1996 involving students from all states.

Congratulations to the winner Nicholas Carter of Cranbrook School NSW and to the runner-up Lucy O'Dwyer of Brauer College, Victoria



HOUSING MAINTENANCE/RENOVATIONS









Melbourne Legacy provides an information service with a list of names of tradesmen/contractors who are able to provide housing maintenance/renovation services. Widows may obtain names from the list by telephoning the Housing Clerk of Legacy House - 9663 3564. However, PLEASE NOTE:-

We do not accept responsibility for the standard of work carried out by those on the list

Melbourne Legacy strongly recommends that at least two quotations be obtained for any home maintenance work, except for very minor jobs. We also suggest that wherever possible, use be made of the home inspection service which is available free of charge under the Home Renovation Advisory Program (HARP) - See below.

FREE HOME RENOVATION ADVICE

The Home Renovation Advisory Program is a free home inspection service offered under the Home Renovation Advisory Program. If you have home renovation work that needs to be done Melbourne Legacy suggests that you contact HARP for <u>free</u> expert advice and a cost estimate <u>before work</u> commences!



An appointment can be made by "phoning" Joanne on 9670-3911

OLDER PEDESTRIAN SAFETY PROGRAM

CROSSING THE ROAD WITHOUT LIGHTS

There are many times when traffic lights or pedestrian crossings seem to be located in the wrong place, or just too far away from where we want to cross.

As a pedestrian, there are times when we have to cross without lights. As with all road crossings, dangers can exist. There are facilities designed to improve safety and help pedestrians cross the road, they include:

KERB EXTENSIONS

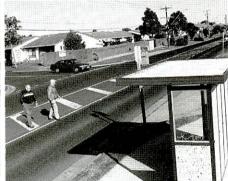
This is where the kerb or gutter has been extended out. Crossing here helps you because:

- (a) you have less distance to travel
- (b) you are more visible to motorists
- (c) you can see past any parked cars









REFUGES & MEDIANS

Refuges and medians allow you to stage your crossing. This way you only need to concentrate on one side of road at a time. These medians and refuges can be wide, grassed or concreted, or they can be narrow painted strips.



TRAFFIC ISLANDS

Although traffic islands, like this one near this intersection, can be narrower than refuges, they can still be used to stage your crossing.

For more information the "Walk With Care" programme or on pedestrian road safety please contact Mary Robins, Pedestrian Advocate, on 9875 6112.

vic roads

CLUB NEWS

ASHBURTON LEGACY WIDOWS' CLUB

We wish everyone a healthy, happy & peaceful New Year. The venue for our meetings has been changed to the Uniting Church Hall, 3 Ashburn Grove, Ashburton, our 1st Meeting & AGM is Wed 21st Feb, usual time. Our thanks to everyone who worked hard to make our street stall so successful. We finished the old year on an enjoyable note with our break-up dinner in the Lady Nelson Room of the Hastings Marina overlooking the water. New members will be given a warm welcome.

Meetings 3rd Wed at 12.30pm. Pres- B Mitchell 9885 4034 Hon Sec - S Eagle 9897 3135 V Co - N Ferguson 9568 2929 J Hitchcock 9569 7183

BAYSWATER LEGACY WIDOWS CLUB

December was a busy month. We had our Christmas Luncheon at the Linley Estate Restaurant where we were pleased to welcome Mr. Lex Lillie, President of Yarra Valley Group & his wife Peg, together with our Legatee Harold Matthews & his wife Betty as our guests. We enjoyed the Christmas concert in the Town Hall and our last outing was a picnic at Westerfolds Park plus a visit to the Rialto Observation Deck to witness a marvellous sunset and the lights of Melbourne. We hope all members had a wonderful Christmas & are looking forward to a bright New Year.

Meetings 1st Friday of month at 1pm Pres - V Quintrell 9758 3968 Hon Sec- L Morliere 9870 5069

BENNETTSWOOD LEGACY WIDOWS CLUB

We trust 1996 will be a good & healthy year for all. 1st Meeting for 1996 is Thursday 15th Feb, when we will receive our new Syllabus & knowing our Social Sec, she will have some interesting speakers & wonderful outings & entertainment arranged. New eligible widows who would like to join us will be warmly welcomed. Our thoughts & best wishes go to those who are on the sick list.

Meetings 3rd Thursday of month at 10am Pres - M Willis 9808 8623 Hon Sec - J Kitchin 9808 5230 V Co-ord - H Crow 9808 3738

BERWICK LEGACY WIDOW'S CLUB

Our Nov Meeting was well attended & 2 Legatees were present, Col Marshall & John Bellair. Col Marshall spoke about a new "Gold Card" to replace the current health card in the New Year. There was a display of jewellery by Kerri-Lee. Xmas dinner at "Camelot" was enjoyable. Members were saddened to hear of the death of Beryl Redpath a dedicated member who served as Secretary for many years. Best wishes to Mrs Miller for 1996.

Meetings 2nd Mon at 1pm. Pres - M Henry 9707 1315 Sec - J Tivendale 9702 1276

BLACKBURN LEGACY WIDOWS CLUB

Best wishes to all for 1996. 1st Meeting Mon 12th February. Bring a plate of goodies for luncheon & correct money please for March trip to Ballarat.

NB Due to Public Holiday March Meeting is Mon 18th March. 10.30am, our demonstrator wishes to start early. Xmas lunch was a very happy occasion with several sick members joining us. May 1996 be a good year for them. Any eligible widow is welcome at our friendly club.

Meetings on 2nd Mon at 11am Pres - Pat Battye 9878 0539 Sec - Nell Thomas 9877 5802 V.Co-ord -Edna Boag 9878 6653

BOX HILL LEGACY WIDOWS CLUB

102 ladies enjoyed our Xmas party at "Underbank Lodge" Bacchus Marsh. Betty Laurie made a lovely Xmas cake & we made \$381 from this raffle. Thanks to members for their support. We look forward to a good year in 1996. The Salvation Army have arranged for us to meet there (across from the RSL) until completion of the new RSL Building. We appreciate their kindness. Happy New Year to all. New Legacy widows most welcome.

Meetings on 3rd Monday of the month at 9.45am Pres - O. Milne 9890 8516 Hon Sec- J. Crosbie 9898 1121 V-Co-ord - B. Laurie 9899 6293

BORONIA LEGACY WIDOWS CLUB

Our ladies enjoyed 2 functions to end 1995. A bus trip to Portsea with lunch at the hotel, and a Xmas Luncheon in the Progress Hall attended by our Legatees and their wives followed by entertainment & the exchange of gifts. Looking forward to the New Year trips to see Max Bygraves and "The Secret Garden" in January. See you all Friday 16th February.

Meetings on 3rd Friday of month at 1pm Pres - M Howie 9762 9641 Hon Sec - D Stott 9762 8050

CAULFIELD-ST KILDA LEGACY WIDOWS CLUB

Welcome to 1996. Our Pres wishes all a happy healthy New Year. Bruce Ruxton is the speaker at our 1st Meeting Wed 7th Feb. Activities day is Wed 14th Feb & 21st Feb is a trip to be decided. Tupperware demo on Wed 6th March, Activities Wed 13th March & Wed 20th March a mystery trip. Enquiries for trips ring Verna 9534 6246

Meetings 1st Wed at 2pm Pres - B Kidman 9534 6246 Sec - P Thompson 9531 6478 V. Co-ord S. Cornish 9569 5571



ADVICE/ASSISTANCE FROM LEGACY

Most Legacy Widows will be aware of the Contact Legatees in their local area who can provide advice and assistance when problems arise. Others are reminded that they can contact a Legatee on duty at Legacy House Melbourne between 10 a.m. and 3 p.m, Mondays to Fridays by visiting Legacy House

(293 Swanston Walk) or by telephone 9663 3564.

Another opportunity for you to obtain advice from Legacy is at the monthly Widows Club Meeting - a Legatee attends these meetings and provides advice - see Club News Section of the newsletter.

ATTENTION ALL CLUBS GROUPS - COME TO MT MACEDON

It is proposed to meet together at the refurbished cross at Mount Macedon on Thursday 11 April 1996 from 10.30am to have a picnic lunch, "Mix and Mingle" and if at all possible to have a tour of two of the magnificent gardens......details yet to be organised. Ladies not wishing to bring a picnic, there are cafes in Macedon for Light Luncheons.

Further details from Joan Miller 9663 3564. Coach will be leaving Batman Avenue if Club numbers are insufficient to hire own coach transport.

THE AUSTRALIA REMEMBERS FREEDOM WALL

On 11th November 1995, the foundation stone was laid for the National Australia Remembers Freedom Wall in the Brisbane Botanic Gardens. The Freedom Wall will be adorned with tens of thousands of spectacular bronze Freedom Plaques each with the

Australia Remembers logo embedded in the left side of the plaque. On the remainder of the plaque will be engraved by the purchaser (individuals, families, schools, etc) a special message that will live on to inform and educate the next generation about the meaning to Australians of the 50th anniversary of the Second World War. DVA now advises that Freedom Plaques will be accepted in Brisbane until the end of May 1996 with the Wall being officially opened on VP Day, 15th August 1996.

The message can be written in any form, you can be as imaginative as possible using the full limits of poetry and prose.

The cost of \$9.95 per plaque includes a reply paid envelope in which you return your plaque after having it engraved. Upon receipt of your plaque you have it engraved with your special message and return to be affixed to the Freedom Wall. To obtain an order form telephone the Dept Veterans Affairs - 9284 6000



ROYAL BOTANIC GARDENS - MELBOURNE

During 1996, the Royal Botanic Gardens will be celebrating its sesquicentenary and as part of the celebrations the Voluntary Guides will be offering an excellent programe of walks. Bookings are essential. Phone (03) 9252 2370

Twilight Walks

These walks offer visitors an opportunity to explore the Gardens in the quiet of the evening. Many birds are more visible at this time and perfumed plants are noticeable.

Each Tuesday in February (6,13,20,27) 6.00-7.00pm, starting from D Gate.

Postcard Promenade

In this walk postcards of the Gardens, mostly from the turn of the centure, illustrate some of the dramatic changes which have been significant in the development of the Gardens

Thursday 21 and Sunday 24 March, starting from H gate every 15 minutes from 10.30-11.30am

Group bookings for this walk are available any time from March 21, 1996.

CLAYTON LEGACY WIDOWS CLUB

We had a very good day together celebrating our Xmas Lunch with a large attendance & a delicious meal. Father Xmas gave a gift to each one. It has been good to meet & enjoy each other's company each month. Happy New Year to all. Our Meetings commence Friday 2nd Feb.

Meetings 1st Friday at 1.30pm Pres - J Seidel 9569 9475 H Sec - B Richardson 9579 2230 V Co-ord L Roberts 9570 3620 S Masson 9807 1095

COBURG LEGACY WIDOWS CLUB

Happy New Year to you all, lets make this a good one. 96 ladies to our last Meeting. We all enjoyed our Xmas outing to Sorrento, with Ferry Cruise & lunch. Tues 27th Feb, Picnic in the Park at Mornington. New members are made welcome. We are thinking of our sick members, keep smiling.

Meetings 2nd Thurs at 10:30am Pres - J Rea 9306 1705 Sec - D Hanna 9359 2231 V Co-ord J Coomber 9354 5613

CRANBOURNE LEGACY WIDOWS CLUB

We had a lovely time at Danny Blumes followed by a basket lunch. Our Xmas break-up at the RSL club, was an excellent meal, good entertainment & a happy atmosphere. We wish all our sister branches a Happy New Year and a speedy recovery to all our sick ladies. God bless.

Meetings 2nd Mon at 1.30pm Pres- M Thwaites (059)96 1922 Hon Sec - G Bell (059) 96 3688

CROYDON LEGACY WIDOWS CLUB

Our Armistice Day service & committal of the Ashes from "The Field of Crosses", was a beautiful moving service, with a fantastic speech from Governor McGarvie on the spirit of The Year of Remembrance. Our Xmas party at the "Cuckoo" was a success. Thanks to Wendy & our elves. To all Legatees, sickies & members a happy and healthy 1996, keep smiling.

Meetings held every 1st Thurs at 1.00pm

Pres - W Warwick 9761 9581 Hon Sec - N Briggs 9735 1407 V Co-ord - H Wilson 9726 8404

DANDENONG LEGACY WIDOWS CLUB

Our Christmas Luncheon at Kilsyth was a great success. Hope you all had a good Christmas and that 1996 will bring you good health and happiness. Looking forward to seeing you Wednesday 14th February.

Meetings 2nd Wednesday of month at 1pm Pres - A Mortimer 9792 3037 Hon Sec L Thomas 9792 0400

EPPING LEGACY WIDOWS CLUB

Our last Meeting of 1995 was in early December with our Christmas Breakup. After the drawing of the Raffle, we all enjoyed a very good lunch in the RSL dining room. Our 1996 syllabus is ready and we look forward to an interesting and happy year. A happy, safe & healthy New Year to all.

Meetings 1st Tuesday of each month at 11am Pres · D Cook 9465 4336 Hon Sec · M Poole 9432 0398

ESSENDON LEGACY WIDOWS CLUB

We wish all Legacy members a happy healthy & peaceful 1996. We all enjoyed our Xmas Dinner at Underbank - Bacchus Marsh. Many of our ladies enjoyed the Christmas Concert at the Town Hall. We are looking forward to our 7th Birthday celebrations at Camelot Castle in Feb. Our 1st Meeting Thursday 15th Feb. All new members warmly welcomed.

Meetings 3rd Thursday of month at 10.30am

Pres - B Penberthy 9379 1874 Hon Sec - V Bourke 9374 2519 V Co-ord L McDougall 9379 1796

FOOTSCRAY LEGACY WIDOWS CLUB

Another successful & happy year closed with a very cheery Xmas party at our club. We were delighted to enjoy the company of Representatives of Legacy & Veteran's Affairs. Our Committee girls are to be complimented for the manner in which they conducted the proceedings. Our Legatees provided their excellent skills in dispensing liquid refreshments etc. We look forward to 1996 and hope it brings to all our Ladies health and happiness.

Meetings 2nd Wednesday of month at 1pm. Pres - L. Muster 9689 7479 Sec - P.M. Davidson 9314 7708

FRANKSTON LEGACY WIDOWS CLUB

A warm welcome to 1996 to all our members, we can look forward to another successful year of trips & entertainment. Our get together in January was a most friendly & enjoyable day. We hope all our sickies are feeling better and hope to see them back with us shortly. Hope to see you all at our Peninsula Legacy Picnic at Mornington Park Tues 27th Feb. This gives us all a chance to meet up with members from other Legacy Clubs.

Meetings 2nd Thursday of month at 1pm

Pres - D Thurtell (059) 75 1318 Hon Sec M Norton 9781 4680

GENTLE EXERCISE CLASSES

Our popular floor and chair exercise classes are conducted by qualified instructors Betty Luders & Bill Stevens Tuesday Classes 11.00 a.m.- 12 noon

Class instructor: Bill Stevens

Friday Classes 9.30 a.m.- 12.15p.m.

Class instructor: Betty Luders

FRIDAY EXERCISE TIMES (NB Feb only)

1. 9.30am - 10.10am Active

2. 10.15am - 10.45am Chair

3. 10.50am - 11.40am Active

4. 11.45am - 12.15pm Chair

We prescribe exercise appropriate to each person's fitness.



WATER EXERCISE CLASSES

Swimming and water exercise classes are held in the City Baths. Classes are conducted by qualified instructors - Betty Luders and Bob Charles. Classes are held every Tuesday morning between 9 a.m. and 12 noon.

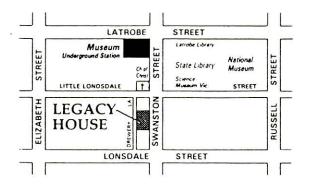
At present, there is a waiting list for Tuesday water exercise classes, but we will try to arrange extra classes if more people are interested in joining. Ring Joan

Miller (663 3564) if you want more information about joining any

of the classes.

YOUR CLUBROOMS AT LEGACY HOUSE, MELBOURNE

Clubrooms are open weekdays (10 a.m. to 4 p.m.). All Legacy ladies are welcome to call in for a snack, a chat or just to rest.



TUNE TO 96.5 ON THE FM BAND TO SEE IF YOU CAN PICK UP LEGACY'S OWN RADIO SHOW - FRIDAYS AT 12 NOON. Community Radio 3 INR

MELBOURNE LEGACY HOME &



O HOSPITAL VISITS GROUP



Special Meeting at Legacy House

Ladies from the Home & Hospital Visiting group cordially invite Visits Co-Ordinators or their representatives from all Metropolitan area clubs to a special meeting on -

Wednesday 20th March 1996 at 12 Noon. Enquiries Vera Paydon 9555 1208



By remembering Legacy in your Will, you can help them look after continue to Australia's biggest dependant family.

Legacy is a voluntary organisation of returned ex-service personnel dedicated to the care of widows and children of comrades who died on active service or subsequently. It is the only such organisation, and relies on contributions from the community, of which bequests are a significant factor, to fund its welfare programmes for "Australia's biggest dependant family."

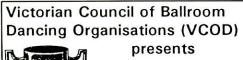
If you would like to find out more about bequests to Legacy, please write to:

The Executive Officer, Melbourne Legacy Box 4312 PP, GPO Melbourne 3001

or Tel: (03) 9663 3564

Line Dancing

2nd Tuesday of month 12.10 - 1pm From Tuesday 9/4/96 Bookings Joan Miller 9663 3564





Dancing Championships

Sunday 10th March 1996 at Moorabbin Town Hall Nepean Highway Further details PH 9781 1716

SHARING THE CHRISTMAS SPIRIT

Despite dreadful weather approximately 1800 widows from metropolitan and regional Victoria attended Legacy's 33rd Annual Christmas Concert at the Melbourne Town Hall. The tradition of the Royal Australian Air Force Central Band playing for Legacy continued. Conducted by Sq. Ldr. Graham Lloyd, the Band played a wide range of wonderful music and many old favourites. Guest artists included the ever handsome Ivor Jones and striking singer Lisa Hugo.

The concert is a true delight for all who attend. Melbourne Legacy is indebted to the R.A.A.F. Central Band for their constant support of Legacy. Next year will be an extremely busy time for the Band with R.A.A.F. celebrating its 75th anniversary.

The Melbourne Legacy Widows' Club, through the President Mrs. Irene Noll, presented a cheque to Legacy - \$21,000. This is a magnificent amount and deeply appreciated. Sincere thanks to all those ladies who kindly helped to raise this amount.

The next major event is our Concert on Monday 4th March 1996, when we will be entertained by the outstanding Victorian Police Band - See page 15.













HAMPTON LEGACY WIDOWS CLUB

We had a lovely sunny day for our trip to Walhalla which was much enjoyed. The little town had scarcely changed. 90 delicious meals were served to our Ladies and Legatees at our Xmas luncheon on our last Meeting day in 1995. We look forward to a good turnout for our 1st Meeting on Wed 7th Feb. Let's hope we all have enother enjoyable year.

Meetings 1st Wednesday of month at 1pm. Pres - N. Smith 9592 8842 Sec - J Corp 9598 0650

HASTINGS LEGACY WIDOWS CLUB

We had an entertaining trip to Cultural Centre Frankston for Morning Melodies. Pres Norma Rollands attended a service for "Remembrance Garden of Peace", at Hastings Historical Society Homestead. The Garden was funded as part of the Australia Remembers activities. Xmas Luncheon was celebrated at Marina Hastings. Legatees, guests & members enjoyed a 2 course meal, with entertainment from Mornington Revellers. All agreed a wonderful day. 1st meeting for 1996 Thurs 1st Feb at Hastings RSL.

Meetings every 1st Thursday at 10.30am

Pres - N Rolland (059) 83 1109 Sec - S A Pretty (059) 775745 V Co - L McDougall 9379 1796

HEALESVILLE LEGACY WIDOWS CLUB

Our attendances were good in 1995 and we ended the year with a truly wonderful dinner at our local P.K.'s Restaurant. We wish everyone the compliments of the Season and our special wishes go to all sick members. We look forward to another busy year starting with a very full February.

Meetings every 3rd Wednesday at 10.30am Pres - P Dickson (059) 62 4528

Sec K Hawkins (059) 62 2925

HEIDELBERG LEGACY WIDOWS CLUB

The Christmas Luncheon at the Watsonia RSL was a great success. Compliments to the chef, staff, entertainers & of course the management. The luncheon was enjoyed by 89 members. Our AGM to be held Mon 12th Feb. Day trip to Mornington Peninsula for the Picnic in the Park. Tuesday 27th Feb is an event to look forward to. Many blessings in 1996 to all especially the sick & handicapped.

Meetings 2nd Monday of month at 11am Pres - V Keating 9850 1837

Sec - L Curran 9459 8904 V-Co-ord M Canty 9499 4144

HIGHETT LEGACY WIDOWS CLUB

We enjoyed Xmas Lunch at San Souci. We are now ready to enjoy a full year of social events and guest speakers for 1996. The Committee hope that all our members had a Happy Christmas and have a bright & healthy New Year. We met in January and our next Meeting Mon 19 Feb.

Meetings 3rd Mon at 1.30pm Pres - J Nye 9557 2255 Hon Sec - J Thomson 9555 1029 V Co-ord - T David 9557 4828

KEW LEGACY WIDOWS CLUB

Our first Meeting for 1996 Wed 21st Feb and our speaker will be Sally Kronk, Manager, Henry Pride Aged Care Team. In March we will be shown the Alexandra Jewellery Collection. All Legacy widows welcome at Kew RSL Hall. A Happy New Year to all.

Meetings 3rd Wed at 11am Pres - B Howatt 9853 6151 Hon Sec - B Wade 9859 1663 V Co-ord - C Curnow 9853 7049

KNOX LEGACY WIDOWS CLUB

All members look forward to a happy & successful 1996. Many outings, holidays & day trips were enjoyed by us all in 1995. We had one sad blot on our club by the passing of a very popular member Vicky Jones, she is sadly missed by us all. Our Christmas Luncheon at the Chateau Wyuna was very enjoyable. New Members very welcome.

LILYDALE LEGACY WIDOWS CLUB

1995 was a good Year, with interesting Speakers, entertainers and outings, culminating in our Christmas Luncheon at the Lilydale Motel, an excellent Venue - we keep going back! It was nice to have some of our older Members present, together with new Members, also visitors from Croydon and Healesville Clubs. We are looking forward to the Peninsula Picnic in Feb. Thanks to Legatees for their help and guidance, with special love to Ron's wife Olive who is ill. Happy New Year to all.

Meetings 1st Mon of month at 1pm

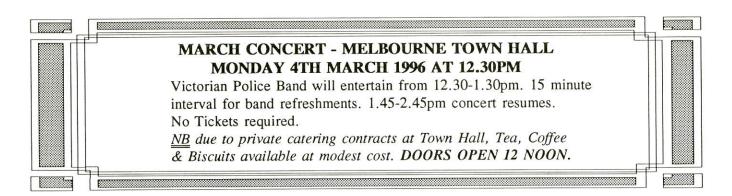
Pres - M Biggs 9801 7868 Sec - K Rickard 9754 7928

MALVERN LEGACY WIDOWS CLUB

We exchanged small gifts at our final meeting for 1995 which was happy & well attended. Our Xmas Break-up at Kooyong Tennis Club was enjoyable. Although we didn't meet in January we lunched together on our usual day. Tues on 27th Feb we join with the Peninsula Clubs at Mornington. We resume our Meetings Tues 20th Feb. A warm welcome to new & old members, at Senior Citizens Centre 1255 High St Malvern.

Meetings every 2nd Monday of the month at 1pm Pres - B Crawshaw 9728 3133 Hon Sec - M Ordford 9726 0238

Meetings 3rd Tues at 10am Pres - W. Ames 9822 1888 Hon Sec - A Porter 9509 9362 V Co-ord M Spain 9509 0612 G Aspinall 9509 9805



Highlights for Senior Citizens Week, Sunday 17/3 - 24/3/96

Bookings through information Victoria 318 Little Bourke Street, Tel: 03 9651 4100. Toll free STD 1800 136 762. Telephone enquiries, taken from end of January. Tickets bookings from 19/2/96

<u>Sunday 17/3 2pm Variety</u> Free Concert Melbourne Town Hall, bookings required.

<u>Wednesday 20/3 Free Entry Day at Zoo</u> RAAF Band will entertain from 11am.

<u>Friday 22/3 12.30-4pm</u> Dance - Melbourne Town Hall.\$5 includes refreshments, bookings required.

LEGACY PICNIC IN THE VALLEY

All ladies from Yarra Valley area of Melbourne are welcome on Wednesday 13/3/96 at Upper Yarra RSL Grounds, Settlement Road Yarra Junction, between 10am-3.30pm. Sausage Sizzle Picnic lunch provided \$2.00 per person (BYO cup & plate). Entertainment provided by local artists, service & school bands.

You can purchase your ticket from your Club secretary or non club members contact <u>Joan Elliott</u>, <u>P.O. Box 28</u>, <u>Yarra Junction 3897</u>. Tel: (059) 67 1227 Bookings close 26/2/1996.

<u>Transport arrangements:</u> Nearest widows' club is arranging a bus, join their bus by contacting club secretary, your Legatee or contact Joan Elliott.

Martyrs Bus leaves Lilydale at 8.40am, 9.40am, 10.40am & 11.40am.

Private cars travel through Yarra Junction until the Cemetery on the left approx 1 mile out of town, turn left into Settlement Road (there is a big RSL sign on the corner). Melways reference 119D C6, RSL reference 274 K1. RSL has made arrangements for disabled access car parking and to picnic grounds.

MORNINGTON PARK PICNIC DAY TUESDAY 27/2/1996

All ladies are cordially invited to attend the Picnic in the Park at Mornington (end of main Street) on the Esplanade. Entertainment provided all day, plenty of shady trees available. Sausage sizzle/Tea/Coffee \$2.00. BYO paper plates for own salads. Ladies travelling by car, or club group bookings make cheques or money orders payable to Co-ordinating Council Peninsula Legacy Widows Clubs and forward to Mrs Marie Williams President Southern Peninsula Legacy Club 23 Sarazen Street Rye 3941. If you have insufficient numbers to fill a coach, a McKenzie's coach will leave Batman Avenue 9.30am, \$15 all inclusive. Bookings Joan Miller 9663 3564



MITCHAM LEGACY WIDOWS CLUB

We wish to thank our Legatees and our Committee and members for another very successful and happy 1995. We had a most enjoyable Christmas Luncheon together at "Natalies". We now look forward to resume in the New Year, with much of interest and camaraderie within our group. From our Mitcham Club we send our best wishes to all, for another happy and healthy year ahead.

Meetings 4th Wed at 12.30pm Pres - B Kean 9873 1979 H Sec - H Smith 9873 2532 V Co-ord - A Davis 9879 4116 S Sec M Cummings 9874 7504

MORNINGTON LEGACY WIDOWS CLUB

70 members and 5 Legatees & wives attended our Xmas Luncheon, also Pres RSL Mornington. Past Pres M Sinclair welcomed members & guests in the absence of Pres B Potter who was in hospital. A 3 course meal was enjoyed by all. Lucky prizes were drawn. CWA Mornington Choir, the theme "20th Jazz Era". Flowers were presented to the ladies and President. Sec. Pat received a lovely gift also. Thank you members.

Meetings 4th Wed at 12.30pm Pres - B Potter (059) 75 3810 Sec - P Roberts (059) 75 2744 V Co M Sinclair (059) 75 5322

NOBLE PARK LEGACY WIDOWS CLUB

A happy & healthy New Year to all. 1st Meeting Wed 21st Feb speaker from DVA. Coachload going to Mornington Park Tues 27th Feb and Yarra Junction Wed 13th March. New members welcome.

Meetings 3rd Wed at 1pm. Pres - M Veal 9546 9110 Hon Sec - D Spruce 9547 6078

NORTH BALWYN LEGACY WIDOWS CLUB

Our Christmas Lunch was again enjoyed by all who attended at Greenacres Golf Club. In January one of our members spoke on Breast Cancer. Our AGM is Mon 26th Feb and we will have a "bring a plate" lunch after the meeting. We wish all a happy & healthy 1996.

Meetings 4th Mon at 10.30am Pres - J Wicks 9857 9553 Sec - S O'Toole 9857 6280

NORTHCOTE LEGACY WIDOWS CLUB

We completed a very interesting year with many fine speakers & outings that provided much pleasure to our members. Our Xmas Lunch was held at the Heidelberg Centre & enjoyed by all. 1st 1996 Meeting Mon 25th Feb. All arrangements for our outings are completed. New members welcome.

Meetings 4th Mon at 1pm Pres - J Donald 9480 2101 Hon Sec - E Newton 9484 1056 Soc Sec - D Freeling 9470 6554

PRESTON/RESERVOIR LEGACY WIDOWS CLUB

Our club had its Xmas Luncheon on a trip across the bay and lunch at the Dava Hotel, it was a most enjoyable day. Our first 1996 Meeting Wed 14th Feb. Hope all our members had an enjoyable Xmas and hope you all have a happy and prosperous 1996. New members always welcome.

Meetings 2nd Wed at 1pm Pres - J Robertson 9478 7175 Sec - J Patterson 9478 1016

RANGES LEGACY WIDOWS CLUB

Our members were saddened by the sudden passing of our dear member Peg Kelly, she did a good job in looking after our club raffle, she will be sadly missed. 1 minute's silence was held in her memory. In Dec we hired a bus to take our club members to Camelot Castle Yellingbo for our Xmas Dinner a lovely day & excellent food. Next Meeting Tues 20 Feb. On Tues 14th May we travel to Warburton for Variety on Parade show. Several of our Members will holiday at Chalet Lorne in March. Happy New Year to all.

Meetings held every 4th Tuesday of month at 12.30pm Pres - M Steege (059) 68 1422 H Sec - D Hofsteede 9754 3020

SOUTHPORT LEGACY WIDOWS CLUB

Our Christmas party was enjoyable as was our get together at Bundoora Hotel in January. Our sympathies to our Legatee Taylor whose beloved wife Yvonne passed away in Dec. A memorial service will be held for Mrs Taylor at St Catherine's School Heyington Place, Toorak on Fri 9 Feb 3pm. All ladies welcome, Tram No.8 or Heyington Station Glen Waverley line. 1st Meeting Wed 14th Feb. 10th Birthday will be celebrated in June. Pat Latchford won the Xmas Hamper.

Meetings 2nd Wednesday of month at 10.30am Pres - M. Stackpoole 9690 4271 H Sec - G Gunn 9699 3514 V.Co-ord - P Bolan 9646 2417

UPPER YARRA LEGACY WIDOWS CLUB

In Dec our Year's End Day was well attended in our clubrooms & enjoyed by all - even Santa got into the act. Recently we lost one of our WW1 widows - Joyce Mary Anderson, we will miss her very much. We have plenty to keep us busy this year. Picnic in the Park at Mornington Tues 27th, Picnic in the Valley on Wed 13th March. Handicapped Dependants Day Sat 23rd March. Later Anzac Services & trip to Canberra. Club meets RSL Clubrooms Settlement Road, Yarra Junction. A Happy New Year to all.

Meetings 1st Tues of month at 2.15pm
Pres N McMaster (059) 67 1502
H Sec - B McRae (059) 67 1934
Soc Sec - J Elliott (059) 67 1227





MCKENZIES CARE

McKenzies will pick up passengers from Healesville office, Lilydale, Mooroolbark, vydon, Ringwood, Mitcham, Box Hill Town riall, Kew Deport, Batman Avenue.

Thursday 8th February
Kilcunda (between San Remo &
Wonthaggi) includes lunch
Batman Avenue 9am \$28.00

Tuesday 27th February
Mornington Park Gathering
includes Sausage Sizzle,
Tea/Coffee included \$15.00
Batman Avenue 9.30am.

Thursday 14th March
Mont de Lancey, Wandin,
Historic Home,
'seum and Garden,
our and Lunch \$27.00
Batman Avenue 9am

Thursday 11th April
Mount Macedon get together
at the Mt Macedon Cross
BBQ/Coach \$22.00
Batman Avenue 9am

VENTURA COACH TOURS

Ventura tours depart Oakleigh South Depot 7.30am, Moorabbin Town Hall 7.45am and Spencer Street Coach Terminal Bay 38, 8.30am.

Monday 12th February
Shepparton Equestrian Centre &
The "Fruit Connection" Tour

Travel along the Goulburn Valley Highway via Nagambie to Shepparton for a visit to the Equestrian Centre. Enjoy a dazzling equestrian display, lunch at the Fruit Connection, and time permitting a visit to SPC. \$37.00 all inclusive.

Monday 12th February
Yarra Valley Rail Trolley Ride & Mont De
Lancey Historic Home Tour

Travel the Maroondah Highway through Lilydale and on to Yarra Glen. Purchase Morning tea or browse in the craft antique shops. Next travel by unique trolley through the valley & tunnel to Healesville. Travel by coach to Mont De Lancey historic home, garden chapel & museum at Wandin, lunch at Martha's tearooms \$32.00.

For Ventura Coach Holidays see page 19

Ring Joan Miller (9663 3564) for these or other special group bookings

H = Healesville: L - Lilydale Station: C = Croydon Cinema: MK - Mooroolbark:

R = Ringwood: M - Mitcham: BH = Box Hill Town Hall: K = Kew Depot:

BA = Batman Avenue

Send Applications for day trips to "Legacy House P.O. Box 4312 PP, Melbourne GPO, 3001, in envelopes marked "Outings". Please include a stamped self-addressed envelope for return of tickets. Money orders or cheques made payable to Melbourne Legacy. Day trips do not include lunch unless specified. Please include a contact phone number. Payment may be made by instalments if preferred.

WATSONIA LEGACY WIDOWS CLUB

We held our Christmas Break-up at the Watsonia RSL in December. Guests were Frank Collings, Sec Watsonia RSL with George Armstrong V.Pres. Garry Durkin Chairman Northern District Legacy. Legatees Harley Tregonning, Ray Kean & Russ Oliver. 95 people present altogether. Entertainment was provided by Brendan Scott. A wonderful end of the year celebration

Meetings every 3rd Tuesday of the month at 11am Pres - N McGregor 9435 0800 Hon Sec - E Halliday 9435 4228 V Co-ord R McLarty 9439 6972

WESTERNPORT LEGACY WIDOWS CLUB

Our break up party in Dec at Linleys was great. Everybody had a good time. We hope some of our members who could not make it, are well recovered by now. Our next meeting will be Wed 21st Feb. New members would be welcome.

Meetings every 3rd Wednesday of month at 1.30pm Pres - M Rutledge (059) 40 1353 Sec - P Le Vette (059) 97 1015

WILLIAMSTOWN LEGACY WIDOWS CLUB

Our Xmas Luncheon was again successful. Thanks to the Williamstown RSL not only for the luncheon, but for all their help through the year. Sadly we report the death of another of our members, Betty Baker. Our sympathy goes to her family. We can look back on 1995 with pleasure, we have had many happy outings and have made many new friends and here's hoping 1996 is just as good. A Happy New Year to All.

Meetings every 2nd Tues of month at 10.30am Pres - E Bambery 9397 1037 Hon Sec - M Love 9397 1443

COMING ATTRACTIONS

MONDAY 5TH FEBRUARY 12.30PM

Committee Presentation, followed by Concert

at Legacy House

TUESDAY 27TH FEBRUARY 9.30AM

Picnic at Mornington Park, Coach from Batman Avenue

MONDAY 4TH MARCH 12.30PM

Police Band Concert Melbourne Town Hall

MONDAY 15/4 - WED 24/4

Operation Rosemary

WEDNESDAY 24TH APRIL 11AM

Students ANZAC Service, Shrine Forecourt.

Ladies be seated by 10.45am.

MONDAY 22ND JULY/THURS 25TH

Annual Craft Exhibition, Legacy House

SUNDAY 1ST SEPTEMBER

Legacy Sunday Church Service at St. Paul's, Lunch at

Hyatt on Collins, Shrine Dedication Service.

FRIDAY 6TH SEPTEMBER

Legacy Badge Day

MONDAY 4TH NOVEMBER

Annual Fete/Concert Day 10am - 2.30pm

MONDAY 2ND DECEMBER

Christmas Concert Melbourne Town Hall 12 Noon

Normal monthly free concerts at Legacy House 1st Monday 1pm April - November

INTERASIA TOURS 9523 6555 OR TOLL FREE 008 337 028 Licence No.31708	13 Days - Beijing, Xian, Guilan & Hong Kong Departs 12/3 Fully inclusive \$3,469. Super Special South East Asian Fly/Cruise Holiday Departs 19/3 Fly Melbourne to Singapore. Sail to Singapore Malaysia, Indonesia & Thailand on luxury cruise ship meals incl. Prices from \$1,588 limited space ring now. 15 Days Africa 1/8, Johannesburg/National Parks/Victoria Falls \$4,971 T/Share
QUINCES 568 1122 Licence No, 30568	8 Day Tasmania Sea/Coach/Air Wed 20/3 \$865 T/Share Single \$255. 4 Day Canberra Easter Escape 5/4 \$355 T/Share 5 Day Bright Autumn Spectacular Mon 15/4 \$430 Supp \$100 9 Day Red Centre Air/Coach Tues 16/4 \$1,240 T/share supp \$385. 5 Day Adelaide/Barossa Valley Mon 6/5 \$440 supp \$80 12 Day NSW Coast Lightning Ridge 17/8 \$1,299 T/share. 4 Day Canberra Floriade Tour 27/9 \$355 T/Share 6 Day Kangaroo Island & South Coast Tour 10/10 \$685 T/Share 6 Day Canberra Floriade & Sydney Spring Special 12/10 \$599 T/Share
MISS SAIGON 1996 OURS in conjunction with Quinces	5 Day Tour Dinner Bed & Breakfast, Harbour Cruise, City Sightseeing, Blue Mountains Day Tour, Wednesday Matinee of Miss Saigon. Twinshare \$475. Book early with Joan Miller 9663 3564 3/6 16/9 28/10.
MCKENZIE'S TOUR OF VICTOR HARBOUR/ KANGAROO ISLAND	7 Day Victor Harbour/Kangaroo Island Tour Departing 12/2/1996. Staying at the wonderful Apollon Motor Inn. T/share \$570 all inclusive except 3 lunches. Bookings Joan Miller 9663 3564. 21 clubs represented in 1991.
P R TOURS 9776 8211 Licence No. 31066	5 Days Portland T/Share \$329 18/3 5/4. 5 Days Alpine/Canberra Special \$389 T/Share Departs 22/4 & 28/10 17 Days NT Coach/Air \$2,499 T/Share Departs 13/5. Easter 4 Day Portland \$289. 5 Day Portland \$329.
VENTURA COACHES 9570 1554	4 Day Lakes' Entrance 26/2 \$275 T/share \$45 Single Supp. 5 Day Cooma & Snowy Mountains 18/3 \$435 per person. 2 Day Ballarat "Blood on Sth Cross" 18/3 \$140 per person. 5 Day Historic Mannum 4/4 \$420 per person. 4 Day Bright & The High Country 11/4 \$315 per person. 10 Day Norfolk Island 10/8 \$1,575 per person
CEEFOR COACHES Enquiries Brett Clark	14 days Air/Coach tour Cairns/Daintree/Island Cruises, all incl \$1,765 t/share. Departs after Easter. ph:9555 8899.
ROSEBUD 9337 8388	18 Patterson St, and 6 Fifth Avenue, Bookings & Tariff Details phone Alice, after 7pm.
VERONICA'S TOURS 9435 0850	10 Days Norfolk Island includes Bounty Day celebrations. Departs 9/6. Canada in Autumn 24 days departs 12/9. O'Reilly's Guest House, Lamington National Park 9 Days in Springtime Date to be confirmed.
BELMORE TRAVEL 9857 4555	ANZAC Commemoration Tours:- Gallipoli/Thailand/Norfolk Island. Contact office for further details.

Cancellation Policy is utilised by all registered travel agents. Cancellation fees are payable on a sliding scale according to the number of days prior to departure the cancellation occurs. No refund is available if the Travel Agent has not been notified prior to departure, or if the traveller fails to join the tour, or leaves before the tour has been completed. Once final payments have been made to the Tour Operator, Legacy is bound by the Agreement. ladies are advised to contact their Insurance Agent re. Travel Insurance.

D A G E

DISABLED DEPENDANTS REPORT

A Happy New Year to one and all of our special group. Our Christmas break-up proved very successful with our young people and helpers plus some Legatees going off to Sizzlers at Sunshine for lunch and all returned very happy with their outing. The Mothers and Carers had a lovely lunch at the Casino plus a flutter at the gambling, congratulations to all those that did win. It has been a wonderful year with exciting outings and so now I hope everyone had a beaut holiday at Somers and also hope the Mums had a well earned rest. Many thanks to all concerned for making this possible, see you all in February after the holidays.

I remain, sincerely, Dot Kenny





Junior Legatees enjoying some of the many activities at the Annual two week holiday camp at Somers for Legacy's Disabled Dependants.

STAMP REPORT

I hope you all had a lovely time over the Festive Season and remembered to save plenty of stamps for Legacy. Last year was a record, but now that less stamps are used I'll need more help to collect them. The amount of money raised would be even more if only you would read my notes! Hundreds of stamps are discarded because they are cut too close or damaged. When tearing them off please leave at least an inch of paper round stamp where possible. When posting letters please place stamp at least ½ inch from corners to prevent wastage. It is most important that unfranked stamps have an inch of paper around the stamp where



possible because we are paid much more for these. I hope you'll make a New Year resolution to save more stamps and attend gatherings when we get together for any length of time so we will get to know each other better. Remember we are all members of a special family.

The stamp group meets in the clubrooms each Tuesday 9.30am till 1 or 1.30pm just come and go as you like. Please ring me if you'd like to know more.

Beryl Billing 9546-9208

"Beauty and the Beast" Princess Theatre

Wed 27/3, 17/4 1pm \$39.50 Sat 9/3 27/4 Sun 18/2 24/3 21/4 2pm \$49.50 Payment required 3 months ahead



MELBOURNE THEATRE CO "Private Lives"

Fairfax Studio, Arts Centre Pamela Rabe/Lewis Fiander Wed 14/2 1pm \$24, Sat 17/2 4pm \$30

Kidstakes

(The Story before 17th Doll) by Ray Lawler Wed 13/3 1pm \$24, Sat 16/3 4pm \$30

"Miss Bosnia" by Louis Nowra

Fairfax Theatre - Arts Centre Sat 27/4 4pm \$30, Wed 8/5 1pm \$24.50

"A Cheery Soul" By Patrick White

Starring Robyn Nevin
Playhouse Theatre - Arts Centre
Sat 4/5 4pm \$30, Wed 15/5 1pm \$24.50



More Coming Attractions

WORLD ON ICE - from 10/7/96 SUNSET BOULEVARD - Oct 1996

MOSCOW CIRCUS

Sports & Entertainment Centre

<u>Sat 23/3 & Sun 31/3 1pm</u>

A \$31, Children 12& under \$21

<u>Family 2A 2C \$94.60</u>

<u>Wed 27/3 7.30pm</u> A\$36 C\$21



MORNING MELODIES

りり Concert Hall りり \$7.00 1.30pm

Wed 28/2 Ausralian Pops Orchestra

Thurs 28/3 Colleen Hewett

Wed 17/4 Sweet Adelines "Melodies in Harmony" Music from 40's - 90's

Tues 14/5 Geraldine Turner

Tues 4/6 RAAF Band 75th Anniversary



" SECRET GARDEN"

State Theatre

Cancellations only, season finishes 18/2/96

MISS SAIGON

CAPITOL THEATRE - SYDNEY

Wednesday Matinees (See Holiday Page)

PLEASE DIRECT ALL ENQUIRIES TO JOAN MILLER: TEL 9663 3564

Send applications for Theatre matinees to: "Legacy House" PO Box 4312 PP, Melbourne, 3001 in envelopes marked "Outings". Please include a stamped self addressed envelope for return of tickets plus an explanatory note as shows that have many choices of dates means processing of bookings is delayed by searching through pages of requests. Money orders should be made payable to Melbourne Legacy. NB: Deposits of payment in full only to secure bookings. Payment may be made in instalments if preferred. Bookings not paid for or confirmed 10 days prior to performance will be made available to others.



Contributions Page

"SIMPSON AND HIS DONKEY"

John Simpson Kirkpatrick, an Anzac With a donkey named Duffy we read; On Gallipoli, these two made history In rescuing the wounded in need.

His surname's not part of the story, He was Simpson when he was enrolled; And it's Simpson who stepped into glory, An heroic man, fearless and bold.

The fighting was brutal and bloody
And many men fell for the cause;
The scene was no place for faint-hearted,
It was grim and relentless, no pause.

No quarter was given, not any,
A dreadful inferno - just hell;
The deaths and the wounded were many,
Men just had to lay where they fell.

To rescue was reckoned impossible,
The obvious thing was to wait;
But Simpson felt action was needed,
They could not leave these men to their fate.

The man and the animal - well mated Climbed the ridges with courage and will; The sick and the wounded located And carried by donkey down-hill.

Simpson started the day of the landing, The 25th April '15; His exploits were termed superhuman, Such bravery - seldom been seen.

It was outstanding service he rendered
Through the smoke of the guns and the murk;
But on 19th of May it was ended
When the hero was killed at his work.

Private Simpson - quite selfless in duty,
His outlook - to act and to do;
A valorous example to mankind,
Yet so young when he died - twenty-two.

While he won no award no citation, A matter, it seems, of great shame; None can dull his unique reputation, All Australians will honour his name.

Legatee John G Sullivan
(Entry in the DVA 1995 Victorian
Storywriting & Art Project, Poetry Section)

Mrs Joan Wittig who sent us the Christmas Message from Monty, published in our December issue, advises that her husband was actually a British Soldier at that time serving in the Middle East attached to an Australian Division, not an Australian soldier. He enjoyed his time with the Aussies, and decided to emigrate here 45 years ago. Mrs Wittig has now sent in a copy of Monty's thank-you message.



I feel I cannot let you leave 21 Army Group on your return to civil life without a message of thanks and farewell. Together we have carried through one of the most successful campaigns in history, and it has been our good fortune to be members of this great team.

God Bless you and God speed.

B. L. Pontgomery

FIELD MARSHAL COMMANDER IN CHIEF

BAOR- 1946



Sales of Legacy Christmas Cards were booming at the Christmas Concert

Two recently spotted bumper stickers sent in by Jean Cussen of Glen Iris.

I OWE! I OWE! So off to work I go.

and on a Renault

THE HATCHBACK OF NOTRE DAME

MRS LILLIAN COMBE - 100 YEARS OLD ON 7 DECEMBER 1995

Take a pair of sparkling eyes.

That's just what Norman Combe did after his stint on the Western Front with the 7th Battalion. He married a young Londoner called Lillian who became one of the first WWI brides to arrive in Australia in 1919. She and Jack raised four sons - two served with the 2nd AIF, one with the RAAF and Les the youngest was too young for WWII.

We met this lovely lady on 7 December 1995 the day she turned 100. She was surrounded by 11 grandchildren 21 great grandchildren and one great great grandchild and dozens of friends. Her eyes were still sparkling as she thanked Legacy for the beautiful flowers. When



Photograph reproduced by courtesy of Leader Newspapers

we asked had she any plans for seeing in the year 2000 she replied "Not really, perhaps Legacy could organise something."

LEGACY WIDOW HAS DISCOVERED THE JOYS OF COMPUTING



Photograph by Sebastian Costanzo reproduced by courtesy of the Age Newspaper

Mrs Margaret Black, a 71 year old Melbourne Legacy Widow who suffers from osteoporosis has a passion for computing. "Who says you can't teach an old lady new tricks?" she asks, seated at her computer with her mobile phone slung across her torso on a shoulder strap. She has mastered word processing, communications modem spreadsheets and has created her own Christmas By travelling the Internet she has "accompanied" her daughter who lives in England on trips to Europe. Also they play chess together on screen and communicate regularly on the Internet. Her son-in-law has arranged a time for them both to log on, (slightly difficult, as our day is their night). A window comes up on the screen divided into two. Mrs Black types in her message in one half and waits to see the reply which appears in the other half. She thoroughly recommends getting onto the Internet for older people and now she never has enough hours in the day!!

ACTIVITIES FOR JUNIOR LEGATEES

=

The Youth Activities Committee of Melbourne Legacy provides activities throughout the year for Junior Legatees.

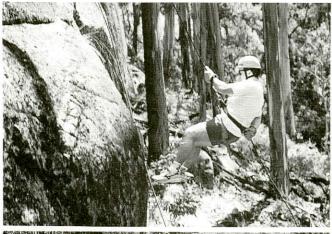
The Committee receives outstanding support from the Melbourne Legacy Leadership Group who are a dedicated group of former Junior Legatees who have undertaken an Outward Bound Course and choose to support Legacy in the task of providing activities for the current Junior Legatees.

The activities planned for early in 1996 are:-

- a) February 1996 Surfing weekend
- b) March 1996 Water Skiing or white water rafting
- c) April 1996 Flying in vintage aircraft
- d) May 1996 Rock Climbing

Future issues of "The Answer" will include notification of coming events being organised by the Committee.

<u>Please telephone Carol Shaw at Legacy House if you would like more information about any of the planned events.</u> (9663-3564)





Legatee K.F. O'Connell Chairman

NOTES OF EXPLANATION

In part, the Charter of Legacy states that "Safeguarding the interest of children is a service worth rendering, and their interests include their mental, moral, vocational and physical welfare". To this end the Youth Activities Committee organises events throughout the year.

A Junior Legatee is a child who was dependent on one of our comrades who served their country in war and died subsequently. A Junior Legatee may be under the care of Legacy up to the age of 25 years if he or she is still undertaking secondary or tertiary education, but normally on reaching 18 years of age the child ceases to be the responsibility of Youth Activities Committee.

Special note re Junior Legatees from outside the Melbourne Metropolitan area - we are most happy to include Junior Legatees from Clubs and Groups in any activity that is planned provided that there is space available to include them and the relevant Legacy Club or Group provides the financial assistance to meet the cost of the activity. If a Junior Legatee from a Club or a Group wishes



to join us on any outing please make the approach through your contacting Legatee who should get in touch with the Chairman of Youth and Education Committee to ascertain the possibility of attending the activity.