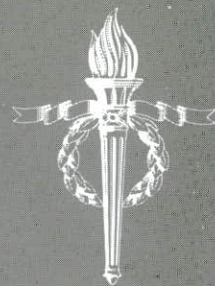
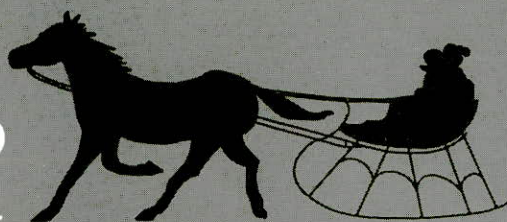


# THE ANSWER



A NEWSLETTER FROM MELBOURNE LEGACY

Issue 226 - December, 1997

Dear Ladies,

Best wishes for Christmas 1997. Thanks to everyone who has supported our activities over the past year. Knowing there is that support is great encouragement to those who commit time and effort to planning and organising.

Every issue of "The Answer" includes news from our Widows' Clubs and some contributions from our readers. We know how much those contributions are appreciated. Please think about making your own contribution to "The Answer" - a recipe, drawing or photograph or your own original work in poetry or story writing. For example what's the funniest thing that ever happened to you?

*Best Wishes. Legatee (Salty) Saltmarsh, Committee Chairman*

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(ACN 004 301 348)

Print Post Approved PP 349181/00313



Junior Public Speaking Award (See Page 7) Legatee John Roscholler shown congratulating the Victorian winner and runner-up who went on to represent the State in the National Finals

**MELBOURNE LEGACY:** Address - Legacy House, 293 Swanston Walk, Melbourne 3000  
Telephone - (03) 9663 3564 Fax (03) 9663 3015 President - Legatee B G Luscombe  
Patron - His Excellency the Honourable Sir James Gobbo AC  
Governor of Victoria

Happy Christmas to all our readers from the President, Legatees & Staff of Melbourne Legacy





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**From The Editor:**

I wish you all a holy, happy and safe Christmas with your family and friends and a healthy and prosperous 1998. A special date for your 1998 diary is the Town Hall Concert Monday 2nd March with the Police Band.

I hope you can all help us celebrate the 75th Anniversary of Legacy's founding in September 1923.

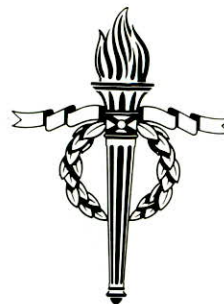


Love to you all  
**JOAN.**

**FUTURE ISSUES OF "THE ANSWER"**

ISSUE	COPY DEADLINE	DISTRIBUTION
Feb 98	5 Jan 98	Last week Jan 98
Apr 98	1 Mar 98	Last week Mar 98
Jun 98	1 May 98	Last week May 98
Aug 98	1 Jul 98	Last week Jul 98
Oct 98	1 Sep 98	Last week Sep 98
Dec 98	1 Nov 98	Last week Nov 98

**When you send us your recipes, poems, short stories, & jokes, if possible please identify the author of any item that is not your own original work & confirm that clearance has been given for publication. Photographs must be in sharp focus and have good lighting with caption on a separate sheet.**

**IN FLANDERS FIELDS**

In Flanders Fields the poppies grow  
Between the crosses, row on row  
That mark our place, and in the sky  
The larks still bravely singing, fly  
Scarce heard amid the guns below.

We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved, and were loved, and now we lie  
In Flanders Fields.

Take up our quarrel with the foe,  
To you from failing hands we throw  
The Torch: be yours to hold it high!  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders Fields

**Lt Col. John McCrae (1872 - 1918)**

(A Canadian Artillery Medical Officer, who died on 28th January 1918 whilst on "active service" in France.

He is buried at Wimereux, France).

**THE ANSWER**

Fear not that you have died for naught;  
The Torch you threw to us we caught!  
And now our hands will hold it high,  
Its glorious light shall never die.  
We'll not break faith with you who lie  
On many a field.

**R.W. Lilliard**

(An American Poet. "The Answer" was adapted from the second verse of his poem "An American Answer" which was first published in the "New York Evening Post").



**Joy** **noel**



## GOVERNOR GOBBO WAS OUR LEGACY WEEK GUEST SPEAKER

We were honoured to have his Excellency The Honourable Sir James Gobbo AC, Governor of Victoria, as guest speaker at Legacy House on Ladies Day at the Legatees Tuesday Luncheon on 2nd September 1997 during Legacy week. He spoke on "Volunteering in Modern Australia".

His Excellency and Lady Gobbo also paid a visit to the 2nd floor widows' clubrooms and spoke with some of our widows who were taking part in the activities there.







## DECEMBER

MONDAY	1ST	CHRISTMAS CONCERT AT TOWN HALL		12 NOON
TUESDAY	2ND	SWIMMING - SEE PAGE 5	EXERCISES	10.30 A.M.
TUESDAY	2ND	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	3RD	BOWLS		10.30 A.M.
THURSDAY	4TH	PAINTING		11.00 A.M.
FRIDAY	5TH	EXERCISES		9.40-12.50 P.M.
MONDAY	8TH	BOWLS		10.30 A.M.
TUESDAY	9TH	SWIMMING - SEE PAGE 5	EXERCISES	10.30 A.M.
WEDNESDAY	10TH	BOWLS 10.30AM	MELB COMMITTEE BREAK-UP	12 NOON
THURSDAY	11TH	PAINTING 11AM	WWI	11.00 A.M.
FRIDAY	12TH	EXERCISES		9.40-12.50 P.M.
MONDAY	15TH	BOWLS		10.30 A.M.
TUESDAY	16TH	SWIMMING - SEE PAGE 5	EXERCISES	10.30 A.M.
TUESDAY	16TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	17TH	WIDOWS CLUB COMMITTEE MEETING		10.30 A.M.
WEDNESDAY	17TH	CARDS PARTY 12.30 P.M.	WORLD OF CHRISTMAS	11.00 A.M.
THURSDAY	18TH	PAINTING		11.00 A.M.
FRIDAY	19TH	EXERCISES		9.40-12.50 P.M.
MONDAY	22ND	NO CLUB ACTIVITIES		
TUESDAY	23RD	LEGACY HOUSE CLOSING 12 NOON RE-OPENS MONDAY 5/1/98. AUDREY ON LEAVE FROM FRIDAY 19/12 UNTIL END OF JANUARY. TEA/COFFEE MAKING FACILITIES ONLY UNTIL 27/1/98. BRING A PICNIC LUNCH!		

## JANUARY 1998 ABRIDGED PROGRAMME

MONDAY	5TH	BOWLS		10.30 A.M.
WEDNESDAY	7TH	BOWLS		10.30 A.M.
MONDAY	12TH	BOWLS		10.30 A.M.
WEDNESDAY	14TH	BOWLS		10.30 A.M.
MONDAY	19TH	BOWLS 10.30AM	MORNING AT CROWN	11.00 A.M.
WEDNESDAY	21ST	BOWLS 10.30AM	MATINEE "CRAZY FOR YOU"	1.00 P.M.
MONDAY	26TH	LEGACY HOUSE CLOSED		
TUESDAY	27TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	28TH	BOWLS		10.30 A.M.
THURSDAY	29TH	PAINTING		11.00 A.M.

## FEBRUARY 1998 ABRIDGED PROGRAMME

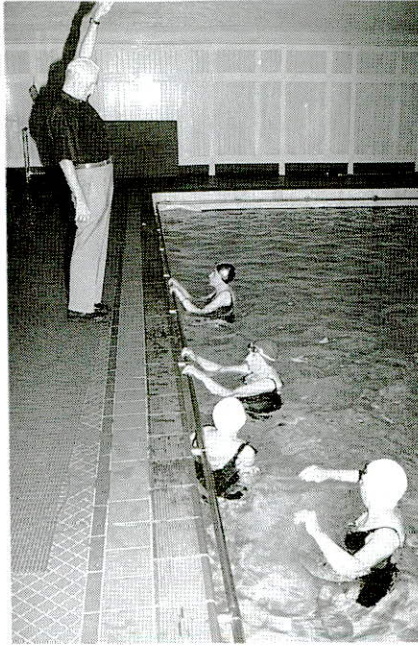
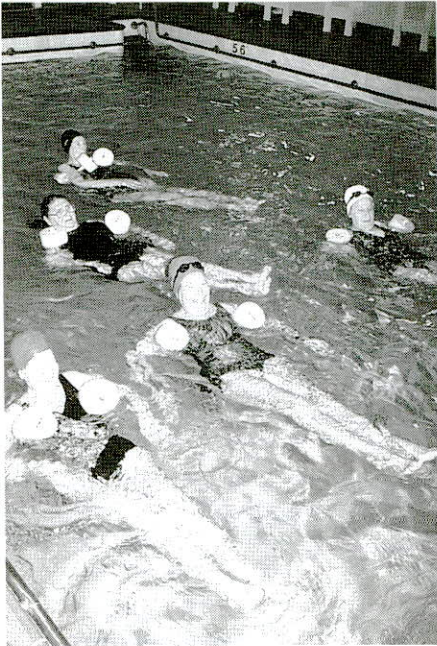
MONDAY	2ND	FIRST FREE CONCERT FOR 1998		1.00 P.M.
TUESDAY	3RD	SWIMMING - SEE PAGE 5	EXERCISES	10.30 A.M.
TUESDAY	3RD	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	4TH	BOWLS 10.30AM	MATINEE "CRAZY FOR YOU"	1.00 P.M.
FRIDAY	6TH	EXERCISES		9.40-12.50 P.M.
SATURDAY	7TH	MATINEE "CRAZY FOR YOU"		2.00 P.M.
WEDNESDAY	18TH	MATINEE "PHANTOM OF THE OPERA"		1.00 P.M.
MONDAY	23RD	MORNING AT CROWN		11.00 A.M.
THURSDAY	26TH	PICNIC IN THE PARK AT MORNINGTON		

The Newsletter provides information on a range of services for the benefit of our ladies. Items are welcomed for inclusion. However as publication does not necessarily mean endorsement Legacy cannot be held responsible for non-performance of goods and services. A decision to proceed is entirely at the discretion of the individual.



## IMPROVE YOUR HEALTH IN 1998

Decide now to join our Swimming, Exercises and Walking Programmes



### WATER EXERCISE CLASSES - CITY BATHS 9-12 NOON

Instructor - Bob Charles, Waiting List Bookings - Joan Miller 9663 3564 - No January Classes



### GENTLE EXERCISE CLASSES

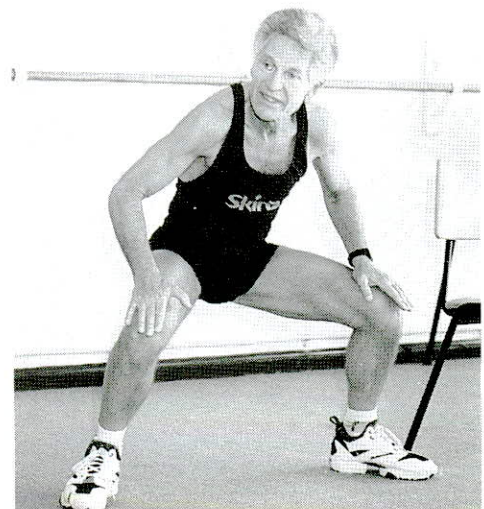
Aging is generally associated with a decline in functional capacity which may be due to physical inactivity. Regular exercise is known to have positive effects on physical health. Thus, older individuals should be encouraged to exercise. The guidelines for exercise depend on age, degree of previous inactivity, medication and medical problems.

Tuesday Classes 10.30 am - 11.30am

Class instructor: Bill Stevens

Friday Classes by Betty Luders

1. 9.40am - 10.10am Chair
2. 10.15am - 10.55am Active
3. 11.00am - 11.30am Chair
4. 11.35am - 12.05pm Active
5. 12.10pm - 12.50pm Active



*No classes in January, Dec & Feb Classes ½ hr earlier, because of the hot weather*



## A reminder from Youth Committee about OUTWARD BOUND



There are still places available for 18-25 year olds for Outward Bound Courses on the following dates:-

### Brindabella Ranges in the ACT

- 3rd January 1998 to 24th January 1998
- 24th January 1998 to 14th February 1998



**OR** Expedition commencing at the Outward Bound base in the ACT and then travel from below Mt Kosciusko to the Victorian Coastline near Marlo.

- 28th February 1998 to 25th March 1998

*If you have a son or daughter who would like to attend a course, would you please ask them to telephone Miss Anita Holman 9663 3564 who will forward an application form.*

## DISABLED DEPENDANTS' REPORT

Our Meeting on October 11th was very well attended and a lovely spring day for our young people who went for a visit to Horseshoe Bend Animal Farm and returned exhausted after a fun day of seeing the animals, also much music and dancing, thanks to all our helpers for planning such interesting outings. All mothers and carers had a good day too after a lovely lunch provided by Northern Branch of Legacy, this time catered for by a very capable couple, followed by our Meeting and a showing of clothes by Danny Blume, a lovely selection of summer clothes as usual and lots of parcels taken home. Cheerio for now.

DOT KENNY



## STAMP REPORT

We have now completed another year regarding stamps. I can now tell you that in the last 12 months we have raised \$20,716.25. That brings the Grand Total since March 1978 to \$112,694.12. Although the group started in 1971 we can only record \$1,000 from bulk sales as stamps were done up in sets and the money from those sales was put in with the daily takings. I know not so many stamps are used these days so I hope you will all make an extra effort to save more for Legacy next year. If it hadn't been for the Herald Sun BMW competition which gave us nearly 4

tons, our total would have been far less. As it is we just \$200 below our record of 2 years ago. Please remember to place stamps ½ from the corner of the envelope. Tear stamp off with at least 1 inch of paper around it then our trimmers will do the rest the way the buyer asks for. Once the perforation is broken they are of no use. They are sold by weight so the right amount of paper means more money for Legacy. Enjoy your Christmas break and please promise to try to save more stamps for Legacy next year. Ring me with any questions.

*Beryl Billing 9546 9208*

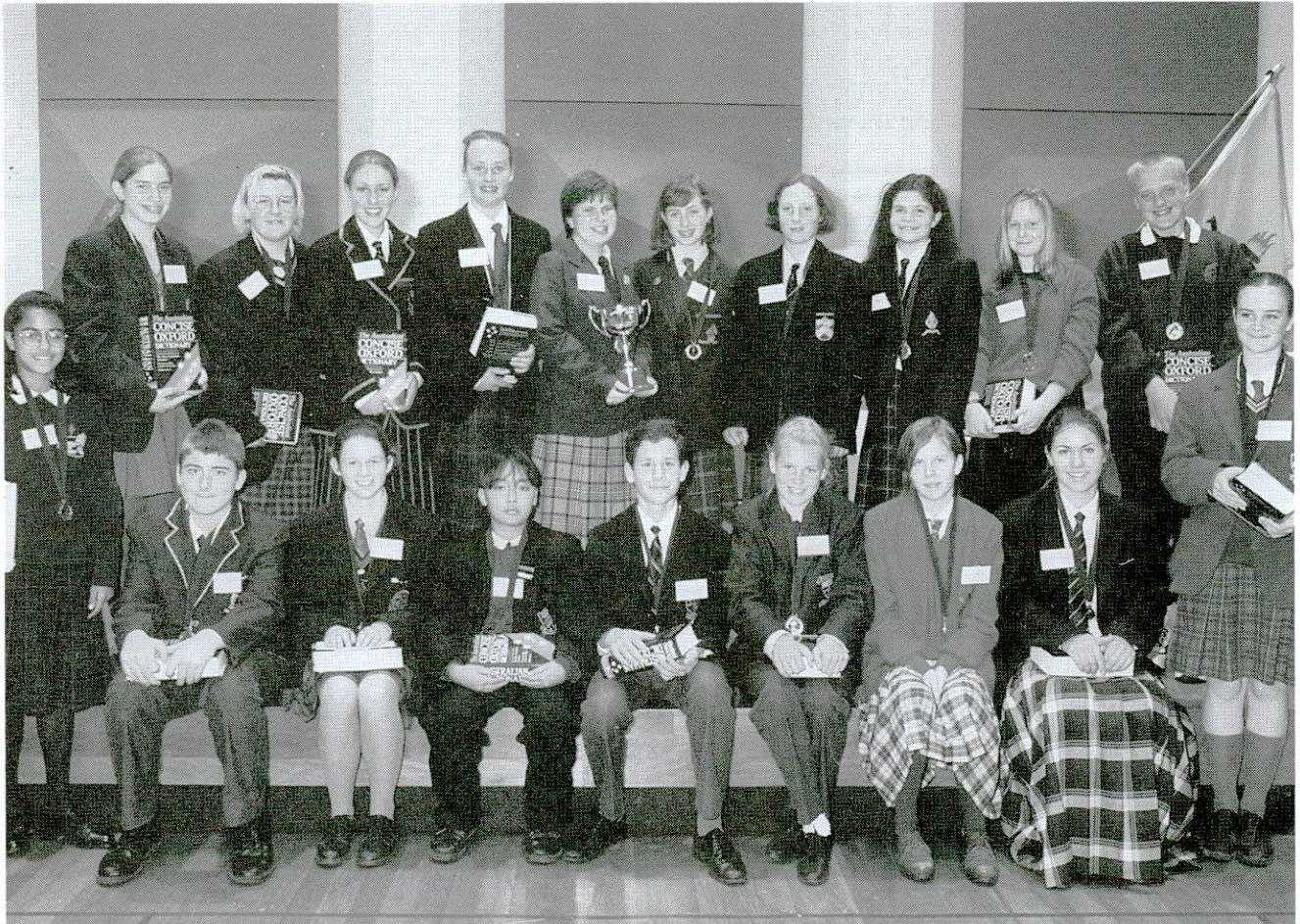


## THE LEGACY JUNIOR PUBLIC SPEAKING AWARDS

The Legacy Junior Public Speaking Award held the State final in August. 19 semi-finalists from over Victoria competed. The winner was Julia Flack from Horsham College and second was Lisa Joy Malone from Ivanhoe Girls' Grammar. As we go to press these 2 girls are representing Victoria in the National Final being held in Sydney on 10th November at Government House. The topics for the prepared speeches are wide ranging with the emphasis on the Legacy ethic of voluntary service, caring & mateship.



The standard of public speaking of 12 - 14 year olds has reached a very high level. Over 300 children competed in the semi-finals after progressing through preliminary heats within the schools.





## CLUB NEWS

### ASHBURTON LEGACY WIDOWS CLUB

Happy Christmas & safe holidaying to all. May the New Year be a good one and keep you in the best of health. We enjoyed our usual pleasant break-up dinner at Kenloch, and had a very successful street stall in October. Our first anticipated outing in 1998 is to the Canneries Wed 28th Jan. We are always glad to see new members, and give them a warm welcome.

Meetings 3rd Wed at 12.30pm  
Pres - B Mitchell 9885 4034  
Sec - S Eagle 9897 3135  
Visits- N Ferguson 9568 2929  
& J Hitchcock 9569 7183

### BEAUMARIS LEGACY WIDOWS CLUB

We had a successful lunch & fashion parade in Oct, also a delightful trip to Castlemaine to Butterfly and Orchid Gardens. In Nov we had a sausage sizzle, always a pleasant day. Then comes our Christmas Lunch which is held in our Club Rooms & we always enjoy it. We wish one and all a very Merry Christmas and a Happy Healthy and Prosperous New Year.

Meetings 4th Mon at 1.30pm  
Pres - M Brearley 9583 6449  
Hon Sec-R Clarke 9598 7483  
Visits M Pinkstone 9589 3737  
Soc Sec - T Emry 9598 6112

### BENNETTSWOOD LEGACY WIDOWS CLUB

On 23rd October, we had a trip to Daylesford followed by Bev's lovely BBQ. For the Nov meeting we had a display of linen. We also had a "Bring and Buy a Gift" on that day. We are looking forward to our Xmas lunch at Tatra Hut in Dec. A very Happy Xmas to all Legacy Widows Clubs in Melbourne. All the best in 1998.

Meetings held every 3rd  
Thursday of month at 10am  
Pres - J Brudenell 9889 2736  
Hon Sec - J Kitchin 9808 5230  
Visits - M Willis 9808 8623

### BERWICK LEGACY WIDOWS CLUB

At our Oct Meeting 55 members & 2 L'tees attended. Our Pres welcomed 5 new members. Thelma Gard, Johanna Corp, Mavis Steer, Doris Northy, Sylvia Davison. Edna Brophy was welcomed back after her trip. "Casual Wear" showed an assortment of clothing. The meeting closed with a cuppa.

Meetings held every 2nd  
Monday of month at 1pm.  
Pres - P. Tily 9707 5006  
Sec - J Tivendale 9702 1276

### BLACKBURN LEGACY WIDOWS CLUB

We had a successful year with average attendance of 80. Outings to the Casino & Rhododendron Gardens were enjoyable & interesting. Speakers have included our Legatee, Basil Smith, telling of his New Guinea visit & Mr H Blackburn giving us "The History of the Johnson Collection". We were pleased with our Trading Table Meeting which raised over \$250. As a Club we were saddened by the death of much loved past Pres Joan Richardson.

Meetings 2nd Mon at 11am  
Pres - M Whitfield 9878 8683  
Sec - E Nichol 9870 7128  
Visits - E Boag 9878 6653

### BORONIA LEGACY WIDOWS CLUB

Our Club continues to grow. We have enjoyed 2 successful Spit Roasts each attended by 98 members & with excellent entertainment. Our members have been out on some interesting trips to Macedon, Werribee Park, also 4/5 days trips to Lakes Entrance & Port Macquarie. Ladies who attended enjoyed them. We look forward to Xmas celebrations at Mirboo North.

Meetings 3rd Friday of month  
at 1pm  
Pres - E Stephens 9762 7286  
Sec - D Stott 9762 8050

### BOX HILL LEGACY WIDOWS CLUB

Our club is moving back to the Box Hill RSL from Feb 1998. Time of the meetings will be 10.30am as the front doors of the RSL do not open until 10am. We enjoyed a coach tour of the Dandenongs in October & lunch at the Paradise Hotel at Clematis. Our Christmas Dinner will be at Linley Estate Montrose and each member will receive a calendar and diary. Merry Christmas to all at Legacy and we look forward to another happy year ahead.

Meetings held every 3rd  
Monday of month at 10am  
Pres - L Coney 9877 0087  
H.Sec - J Crosbie 9898 1121  
Visits- B Laurie 9899 6293

### CAULFIELD-ST KILDA LEGACY WIDOWS CLUB

As Yuletide approaches our President Mary Newton wishes all members "Peace and Contentment". On Wednesday 3rd December, our Meeting; Wednesday 10th December, Solo; Wednesday 17th December, Christmas Luncheon at RSL. Bookings December Meeting. In January we take a well earned rest. Compliments to all.

Meetings 1st Wed at 2pm  
Pres - M Newton 9555 5815  
Sec - P Thompson 9531 6478  
Visits - S Cornish 9569 5571  
Soc Sec - S Ellard 9534 5240

### CHELSEA LEGACY WIDOWS CLUB

A warm welcome to all new members. We enjoyed the Shrine & St Paul's Services & lunch on Legacy Sunday. We had successful selling of Legacy badges, & a great result at the "Bring & Buy". We enjoyed a Mystery Trip to Tesselaars. 4 members modelled for Clothes on Wheels. Also an interesting trip to Flemington. We look forward to lunch at Longbeach Hotel, & our Xmas lunch at the Stamford Hotel. Happily some sickies have returned.

Meetings held on 2nd  
Wednesday of month at 1pm  
Pres - B O'Brien 9772 1490  
Sec - P Cash 9772 3917  
Visits - F Parnaby 9786 2086



## NEW CONCESSION FOR PENSIONERS

Widows may be interested to learn that should they change their address, Australia Post now provides a free change of address service to DVA and DSS Pensioners.



Applications will be valid for up to 6 months, with the option to renew. Further information is available through your local Australia Post Office.



## ADVICE/ASSISTANCE FROM LEGACY

Most Legacy Widows will be aware of the Contact Legatees in their local area who can provide advice and assistance when problems arise. Others are reminded that they can contact a Legatee on duty at Legacy House Melbourne between 10 a.m. and 3 p.m, Mondays to Fridays by visiting the 3rd Floor, Legacy House 3rd floor 293 Swanston Walk, Melbourne, or by telephoning 9663 3564.

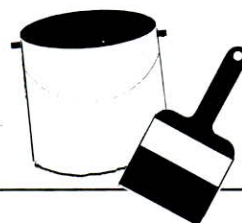
Another opportunity for you to obtain advice from Legacy is at the monthly Widows Club Meeting - a Legatee attends these meetings and provides advice - see Club News Section of the newsletter.

## HOUSING MAINTENANCE/RENOVATIONS

Melbourne Legacy provides an information service of names of tradesmen/contractors who are able to provide housing maintenance/renovation services. Widows may obtain names from our Tradesman's list by telephoning the Housing Clerk of Legacy House 9663 3564. However, PLEASE NOTE:-

**We do not accept responsibility for the standard of work carried out by those on the list**

Melbourne Legacy strongly recommends that at least two quotations be obtained for any home maintenance work, except for very minor jobs. We also suggest that wherever possible, use be made of the home inspection service which is available free of charge under the Home Renovation Advisory Program (HARP).



## UPPER YARRA LEGACY WIDOWS' CLUB PICNIC DAY - WEDNESDAY 11TH MARCH

Upper Yarra RSL, Settlement Road, Yarra Junction

10am to 3pm - Donation \$2.00

Refreshments available - Hot & cold drinks  
Basket Lunch - Craft Stalls - BYO a cup/mug

**ENTERTAINMENT:** Will be from School Music Groups, Service Bands & Local Entertainers

Bookings & Payments before 1st March 1998 to:

Mrs Nancy McMaster,  
President, Picnic Sub-Committee  
14 Edward Street, Wesburn 3799.  
Tel: (03)5967 1502

*Clubs make own bookings.*

*Coach will pick up at Lilydale Station*





**CLAYTON LEGACY WIDOWS CLUB**

Owing to the alterations taking place at the Clayton RSL for the next six months our meeting place will be the South Oakleigh Bowling Club, 1216 North Road, Oakleigh (Melways ref. 69 G10) Meeting times will be 1pm to 3pm. Note earlier starting time. No meals will be available. Ventura Bus 733 and East Trans Bus 630, or a bus from Huntingdale Station if coming by train, will get you to the Club. Our Christmas Break-up will be held at the Bowling Club Friday 5th December, 1997.

**COBURG LEGACY WIDOWS CLUB**

Merry Christmas to all Clubs. Legacy Sunday was a very good day. We had a great day at the Tulip Farm and the Rhododendron Gardens. Lovely day at Maldon with a Roast Lunch & Sweets, at the Porcupine Township. Love & good wishes to our sick Ladies. Warm welcome to new members.

**CRANBOURNE LEGACY WIDOWS CLUB**

Our last Meeting was well attended & began with a fashion show & a lunch at the RSL. We had a lovely day at the Zoo, the weather was perfect, and a basket lunch was included. We wish our Secretary Gwen Bell a speedy recovery & hope her stay in hospital will not be too long. Best wishes to our sister clubs & better health for all our sickies.

**CROYDON LEGACY WIDOWS CLUB**

We had a wonderful year filled with outings, meetings laughter & tears, but luckily the right mixture of each. We have had a lot of new members and they will soon be part of our club & enjoy the many friendships there. We all join in wishing fellow members, Legatees & Staff all the joys of the festive season & pray 1998 & our 75th Year will be a success & memorable in looking back on 75 years of service & joys & forward to togetherness. We look forward to Xmas at the Cuckoo & our Annual Breakup for '97 in December. We thank our L'tees Carl & Norm for their support. Greetings to our sickies, keep smiling.

**DANDENONG LEGACY WIDOWS CLUB**

Our Port Macquarie trip was enjoyed by all. Next big outing will be our Christmas Luncheon Mon 8th December. More donations are needed for our Christmas hamper. Our last meeting will be Wed 10th Dec when raffle will be drawn. Wishing everyone a Merry Christmas & Happy New Year.

**DONCASTER & TEMPLESTOWE WIDOWS CLUB**

Our members are enjoying the meetings and outings. Trip to Mornington was a great day also we thank Veteran's Affairs for the Health week concert. We enjoyed the luncheon entertainers and military band. Our next meeting is our Christmas Break-up in December. Christmas Luncheon was in November at the Dampier Restaurant, Doncaster. If you are a new member you are most welcome to join us at the break-up, ring our Secretary. We say hi to our sickies and hope you are feeling better. Happy Christmas & may 1998 be a great year for you.

**DROMANA & DISTRICT LEGACY WIDOWS CLUB**

At our Inaugural Meeting on 28th July, 38 members & 4 L'tees attended. Members from Southern Peninsula & Chelsea also attended. Afternoon tea provided by RSL Ladies Auxillary. Our Inaugural Committee: Pres. Jes Bright, Vice Pres. Margaret Hamilton & Hon Sec Ada Bassed, who resigned at Sept Meeting as she is moving to Cheltenham, Lorna Bennell will replace her. Our Meetings will continue on the 4th Monday except during Dec & Jan. New members made welcome.

**ELTHAM LEGACY WIDOWS' CLUB**

Our AGM was held in October. We welcome 3 new Committee Members. Three of our ladies have been overseas to Turkey, Russia & South Africa. We enjoyed our trip to Flemington via the Maribyrnong River and a visit to a winery in Gisborne. We will celebrate Christmas together with a Christmas Luncheon at our club. Christmas wishes to all.

Meetings every 1st Friday of month at 1.00pm  
Pres- S Buckle 9560 9417  
H Sec - B Richardson 9579 2230  
Visits - L Roberts 9570 3620  
& S Masson 9807 1095

Meetings 2nd Thurs at 10.30am  
Pres- U Van Prooyen 9306 8279  
Sec - D Hanna 9359 2231  
Visits- J Coomber 9354 5613

Meetings are held every 2nd Monday of the month at 1.30pm  
Pres - E Searle (03) 5996 2655  
H Sec - G Bell (03) 5996 3688

Meetings 1st Thursday of the month at 12.45pm  
Pres - W Warwick 9761 9581  
Sec - N Briggs 9735 1407  
Visits - H Wilson 9876 0860

Meetings 2nd Wed at 1pm  
Pres - B Steer 9706 3273  
Sec - L Thomas 9792 0400

Meetings held every 2nd Monday of the month at 11am.  
V. Pres - E Webb 9876 1424  
Sec - S Collings 9848 3131

Meetings held every 4th Monday at 1.30pm  
Pres - J Bright (03)5981 0493  
H Sec - L Bennell (03)5987 2150

Meetings held 3rd Wednesday of month at 10.30am.  
Pres - N Watson 9432 3312  
Sec - B Nelson 9439 2671



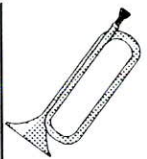
## FREE HOME RENOVATION ADVICE



The Home Renovation Advisory Program is a free home inspection service offered under the Home Renovation Advisory Program. If you have home renovation work that needs to be done Melbourne Legacy suggests that you contact HARP for free expert advice and a cost estimate before work commences!

*An appointment can be made by "phoning" Joanne on 9670-3911*

## MARCH TOWN HALL CONCERT



Monday  
2nd March 1998

Featuring  
The Police Band  
FREE ADMISSION

DOORS OPEN 11.30AM  
CONCERT COMMENCES 12.30PM



## A Picnic in the Park

Thursday 26th February 1998

10.30am until 4.00pm

With the Combined Peninsula Legacy Widows' Clubs in Mornington Park Cnr. of Main Street & The Esplanade

**Bring your family/friends, everyone welcome**

- Free Entertainment •Craft Stalls
- Soft Drinks Stall •Devonshire Teas
- Ice Cream Van •Hot Potato Man

ENTRY: \$2 (Includes Sausage Sizzle Lunch

BYO Chair, Hat & Cup. Bookings essential - Telephone or write to:

Mrs Marie Williams  
23 Sarazen Street, Rye 3941  
Telephone: (03) 5985 3458



## WANTED TO BUY



ABORIGINAL, NEW GUINEA, & PACIFIC IS  
carvings, paintings, weapons  
and artefacts

Ph (03) 9499 4699 Malcolm or Rene  
Aboriginal & Pacific Art Gallery

**Top Prices Paid**

*(Advertisement)*

## MELBOURNE LEGACY HOME &



## HOSPITAL VISITS GROUP

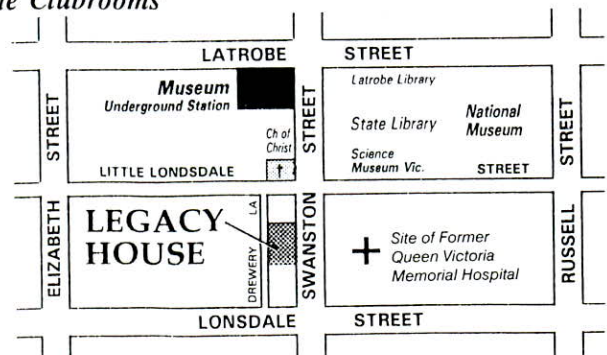


Volunteers required to visit anyone who is sick, frail and disabled in their home, hostel or hospital - this is a service for ladies who have no other visitors.

**Please contact Joan Miller 9663 3564**



*Audrey Pearson & her Legacy Widow helpers who prepare the delicious cakes & sandwiches on sale at the Clubrooms*



## YOUR CLUBROOMS AT LEGACY HOUSE, MELBOURNE

Clubrooms are open weekdays (10am to 3.30pm). All Legacy ladies with their guests (but no children under 14 yrs) are welcome to call in for a snack, a chat or just to rest.



## ***BADGE DAY 1997***

Even though Badge Day has been and gone we are still receiving monies towards the Appeal. We are hoping to reach \$300,000, up from the 1996 figure of \$291,457. Even though there are many charities calling for that extra dollar, Legacy is still well supported by the community at large.

Also, we would like to take this opportunity to thank our large Legacy family for their special and continued efforts whether it be from selling those wonderful items on the stalls or selling badges on the street corner. We are also indebted to Daryl Somers for his second year as the Legacy personality and all the members of the defence forces and the young students who gave their time to help sell badges.

Again, thank you one and all.









**EPPING LEGACY WIDOWS' CLUB**

We enjoyed monthly outings from Ballarat to Mornington in a bus loaned from Epping RSL. We thank them very much. We have also had a \$2 or rather \$2.10 (its gone up) day every month, which is always fun. We all seem to be on the same wavelength, led by our very capable President. We are happy to report our sickies are on the road to recovery. Best wishes for the festive season to all members of the Legacy Family.

Meetings are held on 1st Tuesday of month at 11am

Pres - M Woods 9401 5292  
Hon Sec - N Oakley 9404 4419  
Soc Sec - D Cook 9465 4336

**ESSENDON LEGACY WIDOWS CLUB**

We continually welcome new members & wish members who have been ill a speedy recovery. We enjoy regular outings & speakers. Recently Mrs Valda Street, former sec to Sir "Weary" Dunlop gave an interesting talk. Our outing was to Rye, Arthurs Seat, & glass blowing factory. Our Xmas breakup is at Gisborne Golf Club. Merry Christmas & Happy New Year all.

Meetings 3rd Thurs at 10.30am  
Acting Pres J Hopper 9379 7805  
H Sec - P Rathbone 9306 8734  
S Sec - V Bourke 9374 2519  
Visits - L McDougall 9379 1796

**FOOTSCRAY LEGACY WIDOWS CLUB**

We had an enjoyable day at Horse Shoe Bend for Health week organised by Veteran Affairs, and on our trip to Macedon in November. Our Christmas Party at the house will be held Wed 10th December. Merry Christmas & Happy New Year to all members.

Meetings 2nd Wed At 1pm  
Pres - L Russ 9314 7337  
Sec - P M Davidson 9314 7708

**FRANKSTON LEGACY WIDOWS CLUB**

Hello members, here it is nearly the end of another year. As this is the last "Answer" for 1997 I take this opportunity to wish you all a wonderful Christmas and a healthy, Happy New Year. Our Peninsula Church Service at St. Paul's Frankston in October was a great success. Thanks to all who attended. Hope to see you all in the New Year 1998.

Meetings are held every 2nd Thursday of the month at 1pm  
Pres - E Wise 9787 3527  
Sec - M Norton 9781 4680  
Soc Sec - N Love (03)5971 4108

**HAMPTON LEGACY WIDOWS CLUB**

Our Annual Meeting saw the election of a new President, thanks to Nancy & welcome to Gladys. A speaker from HQ suggested members may like to consider Legacy when making a will. A large collection of all types of clothing from Perennial Fashions proved popular. Hampton was well represented on Legacy Sunday. Our Branch did exceptionally well selling badges for this years appeal. Legatee Mumme keeps us up to date with news from HQ and often includes a few funny anecdotes. Thanks Ted.

Meetings held on 1st Wed of month at 12.30pm  
Pres - G Gloster 9571 9168  
Sec/S.Sec J Williams 9578 5204

**HEALESVILLE LEGACY WIDOWS CLUB**

This is our last newsletter for 1997. We've had a very active year together. Many thanks to all our members who sold badges during Legacy Week. Great Effort Ladies. As usual we had a very enjoyable day at Nunawading during the Health Week. Best wishes to all clubs and Melbourne Legacy for Christmas and the New Year.

Meetings 1st Wed at 1.30pm  
Pres - L Kerley 9730 2069  
Sec - N Adams 9730 1532  
Visits - R Bottrell (03)5962 5440

**HEIDELBERG LEGACY WIDOWS CLUB**

For 1997 we have warmly welcomed 10 new members to our club. We have had a very successful year. Our AGM is to be held in February. We are all looking forward to our Christmas Lunch Mon 8 December. We wish everybody a very happy Xmas especially the sick and housebound. God bless you and yours.

Meetings 2nd Mon at 11am  
Pres - V Keating 9459 1981  
H Sec.L. Curran 9459 8904  
Visits - M. Canty 9499 4144

**HIGHETT LEGACY WIDOWS CLUB**

We have had an enjoyable year, with lots of excellent bus trips & many good speakers at meetings. The Guest Speaker at our last Meeting was from the CFA. He was most informative about how to keep our houses free from fires, especially in the bush fire area. The Highett Legacy Club wish all a Happy Christmas and a healthy 1998.

Meetings 3rd Mon at 1.30pm  
Pres - M Brooks 9555 7297  
H.Sec - J Thomson 9555 1029  
Soc Sec - C Davis 9570 3557  
Visits - T David 9555 5607

**KEW LEGACY WIDOWS CLUB**

Xmas is fast approaching and we have our Bus Trip to Healesville RACV Country Club Wed 10th December for Xmas lunch. Our Club Xmas Party is Wed, 17th December. It is being catered for so we would like members to book. Please contact President Doris for both the Healesville Trip and Club Party bookings. Kew Club wishes all Legacy widows a Happy Xmas.

Meetings 3rd Wed at 11am  
Pres - D Gibbons 9429 8636  
Hon Sec - B Wade 9859 1663  
Visits - L Brown 9857 6460



## VICTORIAN DEAF SOCIETY H.E.A.R. SERVICE

### Free Preliminary Hearing Test

This test indicates whether a person has a hearing loss and gives an indication of the degree of loss. Referral to the doctor of your choice or appropriate agency is made for further testing or management if necessary. Information on hearing aids and hearing aid management. Tinnitus, Assistive Listening Devices for T.V., telephone, alarms, etc. can also be provided at this time.



The service will be provided by the Victorian Deaf Society - H E A R Service.

These test are conducted one day per month at the following centres and appointments are essential.

Westgate Community Health Services Inc, <b>ALTONA MEADOWS</b>	9360 7555
Braybrook/Maidstone Community Health Centre, <b>BRAYBROOK</b>	9364 9622
Caulfield Community Care Centre, <b>CAULFIELD</b>	9523 6666
Carlton/Collingwood Fitzroy District Health Service, <b>COLLINGWOOD</b>	9419 6155
Cranbourne & District Community Health Centre, <b>CRANBOURNE</b>	(03)5996 6411
East Bentleigh & District Community Health Centre, <b>EAST BENTLEIGH</b>	9579 2333
Judge Book Village Day Hospital, <b>ELTHAM</b>	9803 0100
Berwickwide Community Health Service, <b>ENDEAVOUR HILLS</b>	9700 4501
Monash Link Community Health Service, <b>GLEN WAVERLEY</b>	9657 8199
Peninsula Community Health Service, <b>HASTINGS</b>	(03)5979 2894
Monash Link Community Health Service, <b>HUGHESDALE</b>	9657 8199
Knox Community Health Service, <b>KNOX</b>	9298 8800
Melton Community Health Centre, <b>MELTON</b>	9747 0700
Heathlands Bayside Community Health Centre, <b>MENTONE</b>	9585 0272
Peninsula Community Health Service, <b>MORNINGTON</b>	(03)5975 8266
Northcote Community Health Centre, <b>NORTHCOTE</b>	9489 1388
Prahran Community Health Centre, <b>PRAHRAN</b>	9525 1300
Brimbank Community Health Centre, <b>ST ALBANS</b>	9366 8033
South Port Community Health Service, <b>SOUTH MELBOURNE</b>	9690 9144
Springvale Community Health Centre, <b>SPRINGVALE</b>	9548 3255
West Heidelberg Community Health Centre, <b>WEST HEIDELBERG</b>	9459 8833
Werribee Mercy Hospital, <b>WERRIBEE</b>	9216 8634
Fred Thomas Community Rehabilitation Centre, <b>WILLIAMSTOWN</b>	9360 7555

### By remembering Legacy in your Will, you can help them continue to look after Australia's biggest dependant family



Legacy is a voluntary organisation of returned ex-service personnel dedicated to the care of widows and children of comrades who died on active service or subsequently. It is the only such organisation, and relies on contributions from the community, of which bequests are a significant factor, to fund its welfare programmes for "Australia's biggest dependant family".

*If you would like to find out more about bequests to Legacy, please write to:*

*The General Manager, Melbourne Legacy  
Legacy House, 293 Swanston Walk,  
Melbourne 3000  
or Tel: (03) 9663 3564*



**KNOX LEGACY WIDOWS CLUB**

As the weather gets better so does the intake of new members seem to be happening which is good. Our trip to Geelong, lunching at Smorgy's was very enjoyable. We are all looking forward to our Christmas luncheon next meeting and our December annual dinner at Camelot. Hoping our sick members will soon be well as the weather improves.

**LILYDALE LEGACY WIDOWS CLUB**

October was busy, Pres & Sec attended Croydon Club's 40th Birthday & the Meeting at Legacy House. We enjoyed our 8th Birthday also the DVA Social Day at Nunawading. 48 ladies had an enjoyable day at Shepparton, lunch at Fruit Connection followed by Equestrian Centre. In Dec we look forward to RAAF Band at Town Hall & our Xmas Lunch. To all the Legacy family from all at Lilydale a very Happy Xmas, Peace & Health.

**MALVERN LEGACY WIDOWS CLUB**

Our meetings during September & October have been very well attended with 2 new members. In September on a beautiful sunny day we visited the historic home "Mont De Lancey" at Wandin. We also visited an Alpaca Farm near Seymour. Pat Wilson demonstrated her floral art at the October Meeting. Our Xmas lunch Tues 9th Dec at East Malvern Golf Club. Seasons Greetings and a happy 1998 to all. Best wishes to all at Legacy House.

**MITCHAM LEGACY WIDOWS CLUB**

Our sincere wishes for a Happy Christmas & prosperous, healthy 1998 to all. Our Xmas Break Up Wed 3rd Dec at Linley Estate. 1st 1998 Meeting Wed 28th Jan will be "just a natter & afternoon tea. Wed 4th Feb Cruise on the Maribyrnong River/BBQ lunch". Wed 25th Feb Meeting, speaker Jerry Meagher. Sybil, Ailsa & Margery thank Northcote Legacy ladies for the wonderful hospitality received at their Luncheon & Meeting in October.

**MORNINGTON LEGACY WIDOWS CLUB**

In Oct. Pres M Sinclair welcomed members, L'tees & 6 new members. Coming events; Final Meeting in Nov, Cuckoo Xmas Lunch Fri 5th Dec, we leave 9.30am from RSL Mornington. In Oct our guest Judy Johnstone spoke on cosmetics, skin care & members purchased products. We wish Legacy Widows, & Legatees, Seasons Greetings. Cheerio to all on the ill list. See you at Picnic in Park Thursday 26th Feb.

**NEPEAN LEGACY WIDOWS CLUB**

We continue to enjoy life here on the tip of the beautiful Mornington Peninsula. We have a busy year with some interesting speakers, games days and scenic outings. Our final activity was a very tasty Macadamia Nut Demonstration and our Christmas Luncheon was enjoyed by all. Nepean Legacy wish all members a Happy Christmas and a Healthy New Year.

**NOBLE PARK LEGACY WIDOWS CLUB**

We had our 20th Birthday & AGM in October and it was nice to see old members, Joan and Legatees and wives there. Everyone enjoyed the reunion. We look forward to the concert in December and our Xmas parties. We also wish a speedy recovery to Linda Fields & all having operations & on our sick list. We wish a Merry Xmas to all and a prosperous New Year.

**NORTHCOTE LEGACY WIDOWS CLUB**

We continue our friendly meetings with good speakers. Mrs Glenys Ford from PANCH spoke on the new Epping Hospital to be opened early 1998, & in Sept we had a demo of Rawleighs Products. Two enjoyable outings were to Daylesford and Phillip Island with a Bay trip planned for November.

**NORTH BALWYN LEGACY WIDOWS CLUB**

We have had happy meetings & interesting speakers. Our October speaker was from the National Gallery. Our Oct street stall did quite well considering the weather, & our ladies sold lots of badges during Legacy week. In Nov a group of members went on visit to the Jewish Museum. Nov Meeting was a "bring a plate" & our Xmas Lunch is Wed 10th Dec.

Meetings held on 1st Monday of month at 12.30pm  
Pres - M Biggs 9801 7868  
Hon Sec - M Dodwell 9801 9705

Meetings every 2nd Monday of the month at 1.00pm  
Pres - M Orford 9726 0238  
Hon Sec J Layton 9735 5646

Meetings 3rd Tues at 10am  
Pres - H Pattinson 9510 3207  
Sec - D Wagstaff 9822 5762  
Visits - M Spain 9509 0612  
& G Aspinall 9509 9805

Meetings 4th Wed at 1.00pm  
Pres - S Bowman 9874 5662  
Sec - H Smith 9873 2532  
Soc Sec - M Cummings 9874 7504  
Visits - W Hardham 9872 4829

Meetings held every 4th Wed of the month at 1.30pm  
Pres - M Sinclair (03)5975 5322  
H Sec - C Roberts (03)5975 2744

Meetings held 2nd Wed at 2pm  
Pres M Mortimore (03)5985 3036  
Sec - A Miller (03)5985 1428  
Visits - M Pollock (03)5985 4749

Meetings 3rd Wed at 1.00pm  
Pres - M Galvin 9546 8726  
H Sec - M Lappin 9798 3971  
Soc Sec - D Spruce 9547 6078

Meetings 4th Monday at 1.00pm  
Pres - J Donald 9480 2101  
H Sec - E Newton 9484 1056  
Soc Sec - D Freeling 9470 6554

Meetings every 4th Monday of month at 10.00am  
Pres - M Parker 9857 9574  
Sec - S O'Toole 9857 6280





### MCKENZIES CARE

McKenzies will pick up passengers from Healesville office, Lilydale, Mooroolbark, Croydon, Ringwood, Mitcham, Box Hill Town Hall, Kew Depot, Batman Avenue.

#### Thursday 25th December

Christmas Lunch at Charmandene Cottage, Cowes Phillip Island.

3 course Christmas Lunch, Christmas Decorations and a visit from Santa.

Coach and lunch \$60.00.

Please note that this trip will only proceed if demand warrants it. Book A.S.A.P. Please contact Joan Miller and register your interest as soon as possible.



See Back Page for details of  
"Walking For Health" Programme  
monthly Bus Trips on McKenzies  
Continuing from March until May 1998

Send Applications for day trips to Legacy House, P.O. Box 4312 PP, Melbourne GPO, 3001, in envelopes marked "Outings." Please include a stamped self-addressed envelope for return of tickets. Money orders or cheques made payable to Melbourne Legacy. Day trips do not include lunch unless specified. Please include a contact phone number.



### VENTURA COACH TOURS

Ventura Tours depart from 1037 Centre Road, Oakleigh South, Moorabbin Town Hall, & Spencer St Coach Terminal Bay 38

For exact departure times & direct bookings please call 9579-4811.

SEND CHEQUES TO: P.O BOX 317, OAKLEIGH 3166

#### Tuesday 16th & Thursday 18th December 1997

##### Christmas Lights Tour

Enjoy a city sights by lights tour featuring the Myer Windows, the Ivanhoe Boulevard and light supper. \$20.00 per person

#### Wednesday 17th December 1997

##### Christmas Luncheon Tour

Travel along scenic Mornington Peninsula and enjoy a traditional Christmas Luncheon at the Elegant Mt Martha Golf Club \$38.00 per person

#### Thursday 15th January 1998

##### Around Port Phillip Bay Day Tour

Our very popular tour takes you to Sorrento for a pic-nic lunch followed by a delightful cruise across the bay to Queenscliff, returning back to Melbourne via Geelong. \$31.00 per person

#### Friday 30th January 1998

##### Puffing Billy & The Dandenongs

Travel to the Dandenong Ranges and board "Puffing Billy" for a memorable train ride to Emerald Lake followed by a pic-nic lunch. \$28.00 per person

For Ventura Coach Holidays see page 19

DAY TRIPS/OUTINGS



**PRESTON RESERVOIR LEGACY WIDOWS CLUB**

We have welcomed Jan Davis speaking of the Salvation army's Tracing Service and Sue Nolan advising on benefits of healthy exercise. The ladies had fun joining in. For outings, delightful trips to Daylesford to visit Convent Gallery. Also splendid drive around Brighton and sea-side, listening to Wilma Farrow dressed as "Sir Thomas Bent" telling us of colourful early history of area, homes & "The Cerberus". Looking forward to seeing sick members able to come to Xmas lunch at home.

**RANGES LEGACY WIDOWS CLUB**

In Sept we had a day of delightful food & wonderful countryside on the Gourmet Deli Trail to Neerim South. Everyone enjoyed the concert at Nunawading. In October Yvonne Cowling "Possum Lady" spoke to us about the preservation & protection of our wildlife. Happy Xmas to all.

**SOUTHERN PENINSULA LEGACY WIDOWS CLUB**

At last two meetings our Guest Speakers were Carol Wilson & Louise Miller from Local Community Care Groups, they were both very interesting and informative. Our Christmas Lunch was held in November at Rosebud RSL. Annual Picnic in the Park at Mornington is Thursday 26th Feb'98

**SOUTHPORT LEGACY WIDOWS CLUB**

1997 is swiftly coming to a close. Time to wish you all a Merry Christmas & a Happy New Year. There will be no meeting in January and we will resume on Wednesday 11th February

**UPPER YARRA LEGACY WIDOWS CLUB**

September was a busy month, having Badge Day, our Birthday Dinner & a trip to Shepparton. We had an enjoyable day for our dinner, 80 plus members were catered for by the RSL ladies auxiliary, we were entertained by Andrew Seville. Legatee Rex Brindley is doing well after surgery & Legatee Lex Lillie has returned from his trip overseas. We wish all members a Happy Christmas. Compliments of the season to all.

**WATSONIA LEGACY WIDOWS CLUB**

At our September Meeting we had a demonstration of leather goods by a member of Essential Additions, a lovely display of goods for the ladies to pick from, we also had a most enjoyable day at the Tulip Farm during the festival time. In October we had Tricia's Treasures once again. All of the events were most enjoyable.

**WAVERLEY LEGACY WIDOWS CLUB**

Seasons' Greetings to all. 1998 begins with Wed 21st Jan luncheon at the Waverley RSL Club. Bookings to Secretary so that we can book in time. Followed with an outing to the Herald Wed 4th Feb & our first General Meeting Wed 18th Feb. All Legacy widows are promised a warm welcome.

**WESTERNPORT LEGACY WIDOWS CLUB**

At our AGM held on 15th October, the only change was Joan Fisher sworn in as New President. The other office bearers remain the same. Warburton trip "Variety on Parade" was enjoyed by all. Best wishes to our sickies. Enquiries for Xmas Dinner Wed 3rd Dec.

**WILLIAMSTOWN LEGACY WIDOWS CLUB**

As we approach the festive season we would like to wish all widows a very happy Christmas and a healthy New Year. We did not have a meeting in November, but met with the RSL members for a Remembrance Service and a cuppa afterwards. We are looking forward to our Annual Christmas Luncheon. We do not have a meeting in January, but are looking forward to another successful New Year.

Meetings held every 2nd  
Wednesday at 1pm  
Pres- D Wilson 9478 7279  
H.Sec- F. Forte 9460 8681  
Visits - J Robertson 9478 7175

Meetings held each month on 4th  
Tuesday at 12.30pm  
Pres - N Armstrong 9754 2496  
H Sec B Prain (03) 5968 8379

Meetings 3rd Monday at 1.30pm  
Pres. E Saxe (03) 5985 5472  
Sec- A Thomas (03) 5985 4176  
Visits - E Saxe (03) 5985 5472

Meetings 2nd Wed at 10.30am  
Pres - J Blanck 9690 1495  
Sec - G Gunn 9699 3514

Meetings on 1st Wednesday of  
month at 12 noon  
Pres - N McMaster (03)5967 1502  
H Sec - M Thompson (03)5966 2779  
S Sec/Treas J Elliott (03) 5967 1227

Meetings 3rd Tues at 11am.  
Pres - E Halliday 9435 4228  
Hon Sec - A Wass 9435 4237  
Soc Sec - M Leehy 9459 3241

Meetings held every 3rd  
Wednesday of month at 1pm.  
Pres - L McLachlan 9807 2591  
Sec - M MacKenzie 9807 3958

Meetings held on 3rd Wednesday  
of every month at 1.30  
Pres- J Fisher (03) 5942 6252  
H Sec P Le Vette (03)5997 1015

Meetings 2nd Tuesday at 10.30am  
Pres - P O'Brien 9397 5100  
Sec - M Love 9397 1443  
Visits - J Maddy 9314 3573



**BARGAIN!****Border Holidays**  
*Albury Central Motel***5 nights in Albury**  
**2 Adults**  
**only \$190.00**Staying in **Central Albury**

Day Tours available

**Telephone (060) 21 31 27**pay \$40 deposit – balance at time of stay  
(pensioners, use your free rail pass)**SPECIAL****SPEND 10 EXCITING DAYS IN**  
**CHINA**

With Gwen Brash

Departing June 2, 1998

Includes: \* Airfares Qantas  
\* Accom.T/Share  
\* All Meals  
\* Sightseeing  
\* Visa Fee**only \$1,950****Phone Gwen 9523 6555****INTERASIA TOURS**

<b>INTERASIA</b> <b>9523 6555</b> Licence No.31708	On 2nd Jan. 1998 Gwen Brash escorts an adventure packed tour to <b>Italy/Turkey and Egypt</b> . Combined with superb sightseeing, 23 exciting days including 4 days luxury cruise on Nile only \$5,992 T/S. Gwen will escort 10 day tour to <b>Beijing, China</b> in June, 1998. \$1,950 incl.
<b>VENTURA COACHES</b> <b>9579 4811</b> Licence No. 31258	<b>12 Day Tasmania "Xmas"</b> 24th December \$1,425 p/person (twin) \$1,325 p/person (conc) <b>2 Day Phillip Island</b> 24th February 1998, \$140 p/person (twin) <b>5 Day "Easter" Bright</b> 9th April 1998 \$430 p/person (twin). <b>3 Day Bright &amp; Beechworth</b> 29th April 1998 \$199 p/person (twin).
<b>QUINCES 9568 1122</b> Licence No. 30568	<b>4 Day Bright Christmas Breakaway</b> \$385, departs Tues 23rd Dec. 1997, <b>New Year on the Murray - 4 Day Mildura</b> \$399 Departs Tues 30 Dec. 1997, <b>5 Day Merimbula, Seaside Summer Holiday</b> \$325, Departs Mon 23rd Feb 1998, <b>4 Day Bendigo, Echuca &amp; Swan Hill Murray Explorer</b> \$399, Departs Tues 24th March 1998. <b>4 Day Bright Autumn Easter Escape</b> \$350, Departs Fri 10 April 1998. <b>Shipwreck Coast &amp; Blood On the Sth Cross 6 Day Tour</b> \$565, Departs Fri 17th April 1998. <b>6 Day Sydney &amp; Blue Mountains in Autumn</b> \$599, Departs Fri 1 May
<b>ROSEBUD</b> <b>9337 8388</b>	<b>18 Patterson Street and 6 Fifth Avenue.</b> Bookings & Tariff details phone Alice after 7pm.

Cancellation Policy is utilised by all registered travel agents. Cancellation fees are payable on a sliding scale according to the number of days prior to departure the cancellation occurs. No refund is available if the Travel Agent has not been notified prior to departure, or if the traveller fails to join the tour, or leaves before the tour has been completed. Once final payments have been made to the Tour Operator, Legacy is bound by the Agreement. Ladies are advised to contact their Insurance Agent re Travel Insurance.

**HOLIDAY PAGE**



## BACK TO CAULFIELD RACE DAY

7th September 1997

In spite of a somewhat "windy" day for our "Back to Caulfield" race day, it was another success.

Our President Legatee Brian (Lucky) Luscombe and Mr Peter Lawrence, Chairman of the VATC both made a speech and each laid a wreath at our "Lone" pine tree - a descendant of the Gallipoli "Lone Pine".

Our pine tree was getting blown around ferociously, but its roots are firm - just like Legacy.



## OCTOBER FETE

Our October Fete, which was held on Concert Day was very successful, especially the homemade preserves and yummy cakes which sold well as usual.

Thanks to all stall-holders for a job well done.

\*\*\*\*\*



**"INTO THE WOODS"***Playhouse Theatre*

Sat 17/1/98 &amp; Sat 21/2/98 2pm

Prices to be confirmed



Coming Attraction

**STOMP***Palais Theatre*

Saturday 4/4/98 5pm

**\$46.00****The  
PHANTOM  
of the  
OPERA**

Wed 6/5/98 1pm \$44.00

Sat 23/5 2pm \$70 (no concessions)

Payments by 6/2/98

Kevin Jacobsen proudly presents

**AT THE REGENT THEATRE**

*A send up the Cinderella story! A brand new original musical show, lavish costumes, toe tapping, hand clapping music.*

Los Angeles to Melbourne to Broadway

Wed 18/3/98 Bookings close 16/1/98

Sat 18/4 Bookings close 13/2

**\$54.00****MORNING MELODIES**

Jan/Feb Dates to be confirmed

**Magical Mornings  
at Crown**

Level 3 Showroom

**All shows \$9.50 at 11am**

Wed 17/12/97

Dennis Walter



Mon 19/1/98

Julie Anthony



Mon 23/2/98

Gaslight Variety



Mon 23/3/98

Donald Cant



Mon 27/4/98

Ernie Sigley

Trams 12/109 Collins St

Tram 96 Bourke St

**"EVERYTHING A MUSICAL COMEDY SHOULD BE!"**The New Yorker**CRAZY FOR YOU**

STATE THEATRE - OPENS 30 NOVEMBER 1997

CALL THE CRAZY FOR YOU GROUP HOTLINE (03) 9281 8484

**ARTS CENTRE**

Wed 21/1/98 1pm - \$41.00

Wed 4/2/98 1pm - \$41.00

Sat 7/2/98 1pm - \$61.00

**PAYMENTS A.S.A.P.****Enquiries Joan Miller 9663 3564.**

Written applications to Legacy House

P O Box 4312PP Melbourne 3001.

Mark envelope "outings" cheques/

money orders payable to Melbourne

Legacy. Payment must be at least

**one month prior to show. Tickets not****paid for will NOT BE held.****THEATRE MATINEES**



# Contributions Page

## TRIBUTE TO A MATE

Most of us  
Have neighbours,  
Friendly acquaintances,  
Who, when the need arises  
Appear, as if by magic.  
To help us through a crisis  
Our families  
And closest friends  
Are something else, again -  
Their love and care  
We sometimes take for granted,  
Or even as our right -



The giving and the taking  
Within relationships,  
Is often complicated.  
So, fortunate are those of us  
Who have all this human contact  
And yet have something more;  
Support and understanding  
In adversity or joy,  
Shared bonds of humour, loyalty,  
Someone with whom we're comfortable -  
In other words "A mate."

Heather Low, Ivanhoe

## 75th Anniversary Year

In September 1998 Legacy will celebrate it's 75th Anniversary.

We would like to have a special get together in an open air location. Ideas of how, where and when would be appreciated. Please write to Joan Miller at Legacy House, P O Box 4312PP, Melbourne 3001.

## DECEMBER TIME



Another year has come and gone  
And Christmas time is here  
Celebrations, greetings  
and plenty of good cheer.  
Enjoy the break with family  
and friends both old and new  
For soon the New Year dawns,  
and challenges ensue.

So join our walkers,  
exercisers, or swimmers if you can  
Cos Health and friends will follow  
Your New Year's resolutions once began  
*Joan Miller, Widows' Clubs Co-ordinator*

## LUXURY ROLL

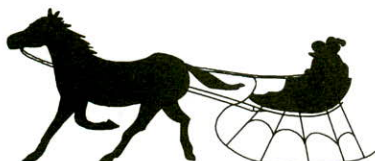
By W (Hampton)

250g crushed Biscuits  
16 cut marshmallows  
½ cup raisins (chopped)  
¼ cup preserved ginger (chopped)  
½ cup cherries (chopped)  
Mix with ½ tin condensed milk  
Make into 3 rolls, roll in coconut  
When set cut into slices  
Angelica or/and pineapple may be added.



**THE GREATEST LEGACY YOU CAN LEAVE YOUR CHILDREN ARE HAPPY MEMORIES.**

**DON'T BE AFRAID TO TAKE A BIG STEP - YOU CAN'T CROSS A CHASM IN TWO SMALL JUMPS.**



- Q. Why does the elephant have BIG EARS  
A. Because Noddy wouldn't pay the ransom.



The following was read to a Legacy Widow on her 80th birthday.

## ***We, The Survivors***

*(A tribute to those men and women who were born before 1940)*

We were born before television, before penicillin, polio shots, frozen foods. Xerox, plastic, contact lenses, videos, frisbees and the pill.

We were before radar, credit cards, split atoms, laser beams and ball-point pens: before dishwashers, tumble dryers, electric blankets, air fresheners, drip-dry clothes.. and before man walked on the moon.

We got married first and lived together (how quaint can you be?) We thought "fast food" was when you ate in Lent, a "Big Mac" was an oversized raincoat and "crumpet" we had for tea.

We existed before house husbands, computer dating, dual careers and when a "meaningful relationship" meant getting along with cousins, and "sheltered accommodation" was where you waited for a bus.

We were before day care centres, group homes and disposable nappies. We had never hear of FM radio, tape decks, electric typewriters, artificial hearts, word processors, yoghurt and young men wearing earrings. For us "time sharing" meant togetherness, a "chip" was a piece of wood or fried potato, "hardware" meant nuts and bolts and "software" wasn't even a word.

The term "making out" referred to how you did in your exams, "stud" was something that fastened a collar to a shirt and "going all the way" meant staying on a bus to the terminus. Pizzas, McDonalds and instant coffee were unheard of. In our day, cigarette smoking was "fashionable", "grass" was mown, "coke" was kept in the coal shed, a "joint" was a piece of meat you had on Sundays and "pot" was something you cooked in.

"Rock music" was a grandmother's lullaby, "Eldorado" was an icecream, and "gay" simply meant lively and merry.

We who were born before 1940 must be a hardy bunch when you consider how the world has changed and the adjustments we have had to make. No wonder we are confused and there is a generation gap... But by the Grace of God we have survived!

## ***TOP HOLY BLOOPERS***

Believe it or not, these actually appeared in various church bulletins

*Potluck supper. Prayer and medication will follow.*

*For those of you who have children and don't know it, we have a nursery downstairs.*

*The ladies of the Church have cast off clothing of every kind and they may be seen in the church basement on Friday afternoon.*

*A bean supper will be held on Saturday evening in the church basement. Music will follow.*

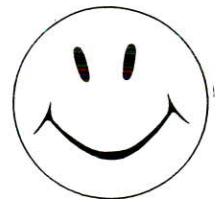
*Remember in prayer the men who are sick of our church and community.*

*Tonight's sermon: "What is Hell?" Come and listen to our choir practice.*

*Don't let worry kill you off. Let our church help.*

## ***A Smile***

.....is something that costs nothing, but creates much. It enriches those who receive without



impoverishing those who give. It happens in a flash, but the memory of it sometimes lasts for ever. None are so rich they can get along without it and none so poor but both are richer for its benefits. It creates happiness in the home, fosters goodwill in business. It is rest to the weary, delight to the discouraged, sunshine to the sad. It cannot be bought, begged, borrowed, or stolen, it is something that is no earthly good to anybody until it is given away. Those that have none left to give are the ones who need one most. In fact, it's a priceless treasure that costs nothing, so its something we can afford to be generous with.

Sent in by Norma Dare, Croydon  
From "The Friendship Book"



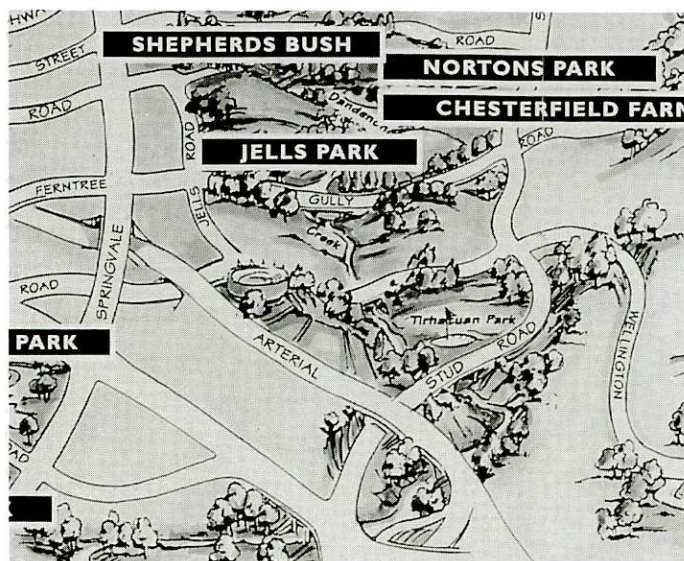
## ENJOYING NATURE

Twenty five ladies met at Legacy House on Monday 27th October and then were transported in comfort via a McKenzie's bus to Wantirna. They were joined by seven others, including the President of Melbourne Legacy, Legatee Brian Luscombe.



On a fine mild day the group enjoyed the next three hours - a walk from Shepherds Bush to Jell's Park, featuring an abundance of native trees, plants and native birds. The group had a picnic lunch alongside the park's 11.5 hectare lake and shared the setting with some marvellous water birds.

This first outing was a great success. If you would like to join the group for any of the future walks, please fill in the form below.



### JOINT MELBOURNE LEGACY/DVA "WALKING FOR HEALTH" PROGRAMME

#### 2nd Notice

A monthly walking programme for a maximum of 40 participants (Legacy Widows, Legatees and Partners and War Widows Guild members) commenced on 27th October, 1979, and will run monthly for 10 months on nominated Mondays. Meeting at Legacy House in Swanston Walk, Melbourne, a bus will depart at 9.30am and take walkers to constructed walking tracks at interesting locations around Melbourne for walks of a maximum of 8 kms. and return to Legacy House by 3.00pm. A fee of \$2.00 per person will be charged and collected on the day. Walkers will be accompanied by two Group Leaders with a mobile phone. Those wishing to participate must return the attached slip indicating the walks in which they wish to participate and supply details of any medical condition/medication.

**Requirements:** Comfortable walking shoes, suitable protective clothing, hat, sun screen, drink and a picnic lunch.

**WALKS:** 23/3/98 - Pipemakers to Kingston Ave;  
(On the 4th Monday 27/4/98 - Warrandyte Park to Pound Bend;  
of the month) 25/5/98 - Westgate to St.Kilda Pier.

#### **OTHER WALKS TO BE ADVISED**

**Reply to:** Joan Miller, Widows' Club Co-Ordinator,  
"Legacy House", P.O. Box 4312PP, GPO, Melbourne 3000



-----Cut here-----

FULL NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ AGE: \_\_\_\_\_

I certify that I am physically capable of the above walks and have no medical condition which would preclude my taking part in such walks.

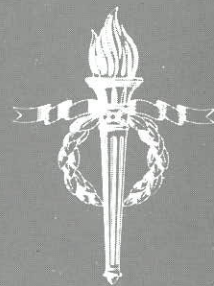
EMERGENCY CONTACT:(NAME) \_\_\_\_\_ PHONE: \_\_\_\_\_

REGULAR MEDICATION: \_\_\_\_\_

I WISH TO PARTICIPATE IN WALKS ON: \_\_\_\_\_



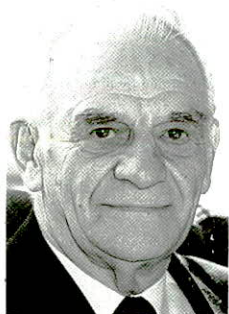
# THE ANSWER



A NEWSLETTER FROM MELBOURNE LEGACY

Issue 225 - October, 1997

Published by: Junior Legacy,  
Melbourne, (ACN 004 301 348)  
Print Post Approved PP



Dear Ladies,

Once again you have responded magnificently in support of the Badge Day Appeal, being the major fund raising event of the year, for which I thank those involved.

There was great excitement and you certainly gave our Personality of the year, Daryl Somers, an enthusiastic welcome when he attended at Legacy House and presented Legacy with a new car with which to raise funds. Daryl is a great ambassador for us.

Legacy Sunday was successful with many ladies coming from as far away as Gippsland, Colac, Wangaratta and Warrnambool attending the Shrine, Service at St. Pauls and then on to the Hyatt for a most enjoyable lunch.

Best Wishes

Legatee (Salty) Saltmarsh  
Committee Chairman



YES, WE MADE IT! (See Story on Page 20)

**MELBOURNE LEGACY:** Address - Legacy House, 293 Swanston Walk, Melbourne 3000  
Telephone (03) 9663 3564 Fax (03) 9663 3015 President - Legatee B.G. Luscombe  
Patron - His Excellency the Honourable Sir James Gobbo AC  
Governor of Victoria

**WALK WITH CARE** - Article Page 5 on Using Public Transport





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Feature Events	"	7,12,13,20,24
Club News	"	8,10,14,16,18
Travel/Theatre	"	17,19,21
Contributions	"	22-23

**From The Editor:**

**Badge Day:** Thanks to all the volunteer helpers who worked so hard for us. Their efforts are very much appreciated. Counting continues!

**Annual Fete/Concert:** Shop early for Christmas Monday 6th October 10.30-3pm.

**Free Concerts:** Monday 3/11 1pm at Legacy House. Monday 1/12 at Melbourne Town Hall.

**Nomination Forms for**

**Melbourne Legacy**

**Widows' Committee:**

will be in the December issue of the newsletter

Love to you all

JOAN.

**FUTURE ISSUES OF "THE ANSWER"****ISSUE COPY DEADLINE DISTRIBUTION**

Dec 97	1 Nov 97	Last week Nov 97
Feb 98	5 Jan 98	Last week Jan 98

**When you send us your recipes, poems, short stories, & jokes, if possible please identify the author of any item that is not your own original work & confirm that clearance has been given for publication. Photographs must be in sharp focus and have good lighting with caption on a separate sheet.**

**LEGATEE JOHN SULLIVAN**

It is with deep regret we mourn the loss of Legatee John Sullivan in August. He was Chairman Widows' Committee 1989/90. He was President of Melbourne Legacy 1991. As a continuing member of Widows' Committee he organised the Seminars at Legacy House where club representatives attended and reported back to their club members. He also worked hard for Kew Legacy Widows' Club. He will be sadly missed by all the Legacy widows he assisted.

**IN FLANDERS FIELDS**

In Flanders Fields the poppies grow  
Between the crosses, row on row  
That mark our place, and in the sky  
The larks still bravely singing, fly  
Scarce heard amid the guns below.

We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved, and were loved, and now we lie  
In Flanders Fields.

Take up our quarrel with the foe,  
To you from failing hands we throw  
The Torch: be yours to hold it high!  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders Fields

**Lt Col. John McCrae (1872 - 1918)**

(A Canadian Artillery Medical Officer, who died on 28th January 1918 whilst on "active service" in France.

He is buried at Wimereux, France).

**THE ANSWER**

Fear not that you have died for naught;  
The Torch you threw to us we caught!  
And now our hands will hold it high,  
Its glorious light shall never die.  
We'll not break faith with you who lie  
On many a field.

**R.W. Lilliard**

(An American Poet. "The Answer" was adapted from the second verse of his poem "An American Answer" which was first published in the "New York Evening Post").

**CHRISTMAS CONCERT 97**

Join us at the Melbourne Town Hall  
on Monday 1st December.

Doors open 11.30am

Carol Singing 12 noon

RAAF Band Concert commences 12.30pm  
**BOOKINGS:** Not required, just turn up and enjoy the day.





## RE-DISCOVER YOUR MCG

Always on the look out for new things to do? Visitors to Melbourne are in for a treat when they take a tour of the mighty MCG, a magnificent stadium and superb showcase of the great deeds of our sporting heroes and heroines. See the stately Long Room, the MCC Cricket Museum, the Aussie Rules exhibition and the outstanding Australian Cricket Hall of Fame, plus some fascinating reminders of Royal visits, religious crusades and many other memorable events at the ground. Melbourne's famous stadium is a treasure-trove of sporting history and we'll be happy to arrange a personalised guided tour for your group.

Or perhaps you would prefer to be part of the very special Long Room Tea tours which combine a tour of the ground and morning or afternoon tea served in the MCC Pavilion's historic Long Room.

**For bookings or to discuss your group's particular requirements, please contact Kristine Barclay on 9657 8879.**



## CHRISTMAS CARDS

Cards in packs of 10 are now available from Legacy House. Prices per pack range from \$4.50/\$5.50/\$6.50 per pack. All proceeds to Legacy. Brochures available from Joan Miller 9663 3564



**Candle & Kittens**  
\$4.50 per pack of 10  
*Best Wishes for Christmas  
and the New Year*

**Christmas Bells**  
\$5.50 per pack of 10  
*Christmas Greetings  
and Best Wishes for  
the New Year*



GREETINGS



**Gold Christmas Greetings  
with Candles**  
\$6.50 per pack of 10. *Warmest  
Greetings of the Season & every  
good wish for the Coming Year*

## MOUNT MACEDON

### SEE THE MAGIC OF 7 BEAUTIFUL HISTORIC PRIVATE GARDENS

SUNDAY 26th OCTOBER 1997: 10.30am-5.00pm Admission by Donation to **LEGACY**  
7 Gardens for \$10 or \$3 per single Garden.

Enquiries: Christopher Hunter (03) 5421-5234 H(03) 5426 3250 Australian Emergency  
Management Institute, Mt Macedon Rd, Mt. Macedon 3441

Maps available, refreshments & Light Lunches at CWA Hall  
(near Mt Macedon Shops)

(40 minutes from Melbourne via the Calder Highway. Approach from Melbourne to Mt. Macedon Road where all gardens are to be found between Turrillable Road and Memorial Cross). **Coach will leave from Batman Avenue if demand warrants.**





**OCTOBER**

WEDNESDAY	1ST	BOWLS		10.30 A.M.
THURSDAY	2ND	PAINTING		11.00 A.M.
FRIDAY	3RD	EXERCISES		10.10 A.M.-1.20 P.M.
FRIDAY	3RD	MORNING MELODIES		1.30 P.M.
MONDAY	6TH	ANNUAL FETE/FREE CONCERT DAY		10.30 A.M.-3.00 P.M.
TUESDAY	7TH	SWIMMING - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	7TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	8TH	BOWLS		10.30 A.M.
THURSDAY	9TH	PAINTING 11AM	WW1 GROUP	11.00 A.M.
FRIDAY	10TH	EXERCISES		10.10 A.M.-1.20 P.M.
MONDAY	13TH	BOWLS		10.30 A.M.
TUESDAY	14TH	SWIMMING - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	14TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	15TH	WIDOWS CLUB COMMITTEE MEETING		10.30 A.M.
WEDNESDAY	15TH	CARDS		12.30 P.M.
THURSDAY	16TH	PAINTING		11.00 A.M.
FRIDAY	17TH	EXERCISES - SPECIAL DAY OUT (BOOKINGS CLOSED)		9.15 A.M.-3.00 P.M.
MONDAY	20TH	BOWLS		10.30 A.M.
TUESDAY	21ST	SWIMMING - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	21ST	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	22ND	CARDS		12.30 P.M.
THURSDAY	23RD	PAINTING		11.00 A.M.
FRIDAY	24TH	EXERCISES		10.10 A.M.-1.20 P.M.
MONDAY	27TH	BOWLS 10.30AM	DVA COACH/WALK	9.30 A.M.
TUESDAY	28TH	SWIMMING - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	28TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	29TH	BOWLS		10.30 A.M.
THURSDAY	30TH	PAINTING		11.00 A.M.
FRIDAY	31ST	EXERCISES		10.10 A.M.-1.20 P.M.

**NOVEMBER**

MONDAY	3RD	FREE CONCERT AT LEGACY HOUSE		1.00 P.M.
TUESDAY	4TH	LEGACY HOUSE CLOSED		
WEDNESDAY	5TH	BOWLS		10.30 AM
THURSDAY	6TH	PAINTING		11.00 A.M.
FRIDAY	7TH	EXERCISES		10.10 A.M.-1.20 P.M.
MONDAY	10TH	BOWLS		10.30 A.M.
TUESDAY	11TH	SWIMMING - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	11TH	CRAFT WORKSHOP 11AM	REMEMBRANCE	10.45 A.M.-11.00 A.M.
WEDNESDAY	12TH	BOWLS		10.30 A.M.
WEDNESDAY	12TH	MORNING MELODIES		1.30 P.M.
THURSDAY	13TH	PAINTING 11.00 A.M.	W.W.1 GROUP	11.00 A.M.
FRIDAY	14TH	EXERCISES		10.10 A.M.-1.20 P.M.
MONDAY	17TH	BOWLS		10.30 A.M.
TUESDAY	18TH	SWIMMING - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	18TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	19TH	WIDOWS CLUB COMMITTEE MEETING		10.30 A.M.
WEDNESDAY	19TH	CARDS 12.30 P.M.	JEKYLL & HYDE	1.00 P.M.
THURSDAY	20TH	PAINTING		11.00 A.M.
FRIDAY	21ST	EXERCISES		10.10 A.M.-1.20 P.M.
MONDAY	24TH	BOWLS 10.30 A.M.	DVA COACH/WALK	9.30 A.M.
TUESDAY	25TH	SWIMMING - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	25TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	26TH	CARDS		12.30 P.M.
TUESDAY	25TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	26TH	CARDS		12.30 P.M.
THURSDAY	27TH	PAINTING		11.00 A.M.
FRIDAY	28TH	EXERCISES		10.10 A.M.-1.20 P.M.
SATURDAY	29TH	MATINEE: JEKYLL & HYDE		2.00 P.M.

The Newsletter provides information on a range of services for the benefit of our ladies. Items are welcomed for inclusion. However as publication does not necessarily mean endorsement Legacy cannot be held responsible for non-performance of goods and services. A decision to proceed is entirely at the discretion of the individual.



## WALK WITH CARE

## WHEN USING PUBLIC TRANSPORT

*If you find the steps on buses or trams to be too high,  
don't be afraid to ask for someone's help when getting on or off.*

**Train Safety**

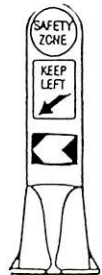
Carelessness and over confidence are two of the main factors when a pedestrian is hit by a train. Like most accidents they are avoidable.

- when waiting for a train, stand on the station platform well clear of the approaching train. Stand behind the line painted on the platform until the train has stopped.
- At the railway level crossing be alert. If the bells are ringing, the boom barriers are down and the vehicles have stopped, **do not commence to cross the crossing**, even if you cannot see a train approaching: **Never follow someone else across the railway line. You must wait** until the bells stop ringing, the boom barriers are raised and the vehicles commence to cross the railway line.
- **ALWAYS STOP LOOK LISTEN AND THINK WHEN CROSSING AT ANY RAILWAY CROSSING**

**Buses**

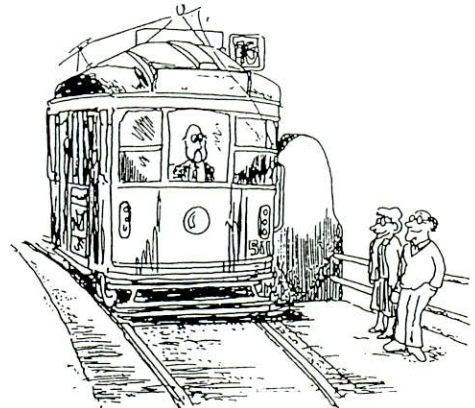
There are safe ways of getting on and off a bus:

- **wait on the kerb**; don't step on to the road to check if the bus is coming
- after getting off the bus, walk straight to the nearest kerb. Never walk immediately in front of, or behind, the bus - you can be fined for this!
- wait well back from the road until the bus has departed before you cross.

**Tram Safety**

Unfortunately, accidents involving older persons and trams are quite common. If you use a tram remember to:

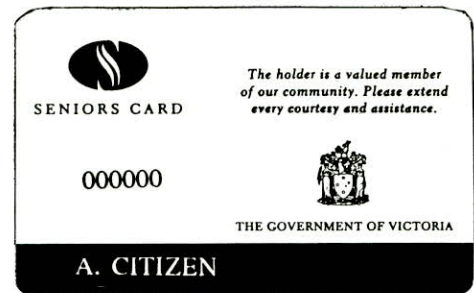
- **wait at the kerb** until the tram has stopped for you; never walk out before this.
- make sure that approaching traffic has stopped before you get on or off; it helps if you make eye contact with drivers of approaching vehicles
- walk straight to the **nearest kerb** or risk being injured or fined.





## VICTORIAN SENIORS CARD

The Seniors Card is issued on request to all Victorian residents over the age of 60 and who are not in full time employment. Bearers of the Seniors Card are entitled to considerable savings on travel, shopping, dining out, home renovations and a range of other areas. It can be used to obtain the Sixty Plus fare on the Met and discounted fare on nominated country train travel.



Application forms for the Seniors Card are available from any post office. Applications take about three weeks to process and the Card is then posted to the applicant along with a copy of the current editions of the directories of discount providers.

**For more information phone the Seniors Card office on (03) 9616 8241.**



## WHAT IS LYMPHOEDEMA?

Lymphoedema is an accumulation of lymphatic fluid causing swelling - usually in the arm(s) or leg(s). It can also occur in other areas of the body such as the abdomen. It affects people of all ages - infants, children, men and women. Lymphoedema may be either primary (due to congenital abnormality) or secondary (resulting from injury to the lymphatic vessels).

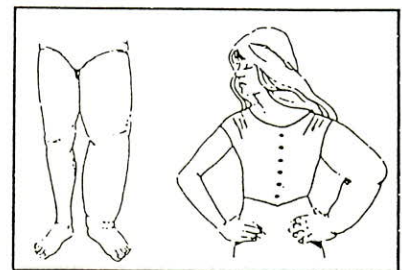
## HOW WILL LYMPHOEDEMA AFFECT ME?

Lymphoedema can cause a feeling of discomfort, heaviness, tightness and pain in the limb. Joint movements may become restricted. As the limb swells, it may become subject to an increased risk of infection.

## YES, LYMPHOEDEMA CAN BE TREATED!

Lymphoedema can be controlled and the swelling decreased by a conservative program which may include skin care, massage, compression garments, correct bandaging and an exercise regime. Many therapists have now been trained to treat lymphoedema, and names and addresses are available from the Lymphoedema Association of Victoria Inc. The earlier lymphoedema is diagnosed and treated, the more successful the results.

Any inquiries can be directed to:  
Lymphoedema Association of Victoria Inc.,  
8 Kergo Place, WANTIRNA SOUTH, VIC 3152,  
TEL: (03) 9801 7547



Persistent swelling of a limb could be Lymphoedema

## DDC REPORT

The young people went off to the Science Works for the August outing and as usual was very well attended. They just enjoy meeting up with each other and volunteer helpers each month & always have a happy day. All Mums and Carers had our usual meeting taken by Vice President Clare Barnard in the absence of Letty Morrison then after a 3 course lunch supplied by Bayside Legacy, no ladies this month so we were well looked after by the fellows, well done chaps. I guess the ladies had done the cooking. Our entertainment by "Tap Dancers" was very well received, they were such good troopers. Well done girls. That's all for now.

**Cheerio Dot Kenny**



## LEGACY - THE QUIET AUSTRALIAN ACHIEVER

In twelve months time, we will be celebrating Legacy's 75th Birthday. At this time we are reminded of how Legacy began:-

Legacy was founded in Melbourne in 1923 by a group of World War I Veterans. Their ideals of mateship engendered by front line service, led them to recognise the need for an organisation which accepts the Legacy of caring for the widows and children of their comrades who had not survived. These few men formed themselves into a body which was later called the Legacy Club, so named because they accepted an inheritance of trust - the spirit of service and sacrifice - from those who had laid down their lives for us, to care for their dependants. From this small beginning the Legacy ideal spread throughout Australia. There are 49 Legacy Clubs in Australia and one in London - all actively engaged in this chosen work.

To quote from W.B. Russell's book 'THERE GOES A MAN':

*"Legacy is no mere hobby or spare time social activity  
It demands a man's highest talents and energies. It brooks  
no delay, no half-measures and no man may buy his passage.  
No pay, no praise, no publicity, no thanks, no acknowledgement!  
And personal effort is the main essential"*

A closer look at the life of the leader of that group of veterans helps understanding the ideals of the organisation. Stan Savige, the founder of Legacy, lived out his philosophy that: **"life itself is worthless without some form of service to the community"**.

Born in humble circumstances, he had to leave school at the age of 12 in order to help support his family. He managed to continue his education through private night classes; became a youth leader at Sunday School and was one of the early leaders in Scouting in Melbourne. In 1915 he enlisted as a private, and served with distinction with the famous 24th Infantry Battalion at Gallipoli, where he was commissioned in the field. He survived the horrors of the Western Front 1916/17. He was promoted Captain and awarded the Military Cross and mentioned in despatches for "conspicuous gallantry and exceptional good service". In June 1918 he volunteered and was selected for a hazardous assignment in Persia and Syria. He returned to Australia as Captain Savige DSC, MC, and had been mentioned three times.

In World War II he again distinguished himself as one of Australia's most respected and successful Commanders in the Middle East and South Pacific theatres of war.

By June 1950, the country lad from Korumburra was known for his warm heartedness and championship of the weak and less fortunate, he had served with determination in two World Wars, founded Legacy and risen to the rank of Lieutenant General Sir Stanley Savige, KBE, CB, DSO, MC, ED.

Today "Australia's Biggest Family" of Legacy widows totals over 127,000 and 2,100 dependants (children and disabled dependants). Of these, over 36,000 widows are in Victoria. Legatees faithfully fulfil a trust to continue caring for as long as there is a need.



## CLUB NEWS

### ASHBURTON LEGACY WIDOWS CLUB

It's great to see many sick members returning now that the weather is improving, a big "hello" to those still house-bound. We had an interesting talk on skin-care from Judy Johnstone & our gratitude to Valda Zegenhagan our Treasurer, for so pleasantly filling in with photographs & commentary on her trip to Africa when our 'speaker dropped out through illness. In Sept we had a talk from Bruce McKenzie, & a trip to the Tulip Farm. A reminder: Our Street Stall is Sat 11th Oct. A warm welcome given to new members.

### BEAUMARIS LEGACY WIDOWS CLUB

We have recently enjoyed a visit from Country Life Bakery and Yokult health drink, and in Oct we are having a lunch and Fashion Parade at our Club Rooms. We also have a Activities Day 2nd Monday each month, where we cut stamps, play solo and do craft. All new widows are most welcome.

### BENNETTSWOOD LEGACY WIDOWS CLUB

Betty has been away on 2 months holidays & has missed a few meetings & activities. Some members did a trip to the West & had a wonderful time. We hope all our sickies are better now & will enjoy future activities. Welcome to one new member Betty Ramsdale, we know you will be happy with us. In Aug we had a trip to a shoe outlet called Quick Shoes.

### BERWICK LEGACY WIDOWS CLUB

At our July Meeting we held a minute's silence for a well loved member Betty Johnson who passed away recently. Our Pres welcomed 2 new members Mrs J. Thomas & Mrs M. Blair. At our Aug Meeting a letter was read out from Annabel Ford who has been in hospital having skin grafts. Our Legatee Col Marshall told us of a WW1 Widow turning 98, Agnes Devlin. He also took orders for smoke detectors for members. Gordon Redpath gave an interesting talk on the honey industry.

### BLACKBURN LEGACY WIDOWS CLUB

Nell Thomas has been our Secretary and Social Secretary for 13 years and Christmas in July was the final event she arranged. Thanks Nell for all you've done for us. meetings are always interesting and future outings are to the Casino and Rhododendron Gardens.

### BOX HILL LEGACY WIDOWS CLUB

Attendances have been good in spite of the flu. In July 2 coaches went to the Casino & an interesting speaker from Australian Inland Mission & the Flying Doctor Service. Our Aug speaker was Secretary to Sir Edward Dunlop for years & told us of many amusing incidents about "Weary". In Aug we went to the "Little Tiv" in Malvern for a lovely 3 course meal & 2 hour show. In Sept a Nursery man spoke on spring sowing. Jean Cochran is now in Surrey Hills Nursing Home & Mary Carden is back in Caritas Christi after further surgery. Our love & best wishes to them & to all our sickies.

### CAULFIELD-ST KILDA LEGACY WIDOWS CLUB

With spring flowers everywhere one feels alive again. Wed 1st Oct Meeting, speaker from Australian Ballet, Wed 8th Oct, Solo Day, Wed 15th Oct Cuckoo Restaurant. Wed 5th Nov Meeting, demo Paton's Macadamia Nuts, Wed 12th Nov Solo day, Wed 19th Nov we go to C J Dennis Singing Gardens includes lunch. Trip enquiries Shirley Ellard 9534 5240

### CHELSEA LEGACY WIDOWS CLUB

Our sympathy to the families of departed members, including Legatee Ron McPherson. 240 folk enjoyed Xmas in July at Chelsea RSL - with the 6 Peninsula Clubs. In Aug a speaker on Arthritis. Sept a shared lunch followed by "Bring & Buy" proceeds to Peninsula Legacy & a Mystery Tour. Oct, Clothes on Wheels & a Trip to Flemington. Nov, Probud Ladies Singing Group, also a luncheon outing. Love & good wishes to our "sickies". Warm welcome to new members.

Meetings 3rd Wed at 12.30pm  
Pres - B Mitchell 9885 4034  
Sec - S Eagle 9897 3135  
Visits- N Ferguson 9568 2929  
& J Hitchcock 9569 7183

Meetings 4th Mon at 1.30pm  
Pres - M Brearley 9583 6449  
Hon Sec-R Clarke 9598 7483  
Visits M Pinkstone 9589 3737  
Soc Sec - T Emry 9598 6112

Meetings held every 3rd  
Thursday of month at 10am  
Pres - J Brudenell 9889 2736  
Hon Sec - J Kitchin 9808 523  
Visits - M Willis 9808 8623

Meetings held every 2nd  
Monday of month at 1pm.  
Pres - P. Tily 9707 5006  
Sec - J Tivendale 9702 1276

Meetings 2nd Mon at 11am  
Pres - M Whitfield 9878 8683  
Sec - E Nichol 9870 7128  
Visits - E Boag 9878 6653

Meetings held every 3rd  
Monday of month at 10am  
Pres - L Coney 9877 0087  
H.Sec - J Crosbie 9898 1121  
Visits- B Laurie 9899 6293

Meetings 1st Wed at 2pm  
Pres - M Newton 9555 5815  
Sec - P Thompson 9531 6478  
Visits - S Cornish 9569 5571  
Soc Sec - S Ellard 9534 5240

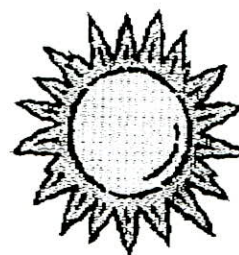
Meetings held on 2nd  
Wednesday of month at 1pm  
Pres - B O'Brien 9772 1490  
Sec - P Cash 9772 3917  
Visits - F Parnaby 9786 2086





## VETERANS HEALTH WEEK

MONDAY - FRIDAY 13/10 - 17/10  
BOOKINGS JOAN MILLER 9663 3564



**MONDAY 13/10:** Meet at new aquatic centre 12noon  
(Tram 12 from Collins Street). Walk round Albert Park Lake.  
1.30pm Conducted tour of aquatic Centre by Bernadette James  
2pm Lunch. Swim in the new pools \$3.00 per person.

**TUESDAY 14/10:** Try water aerobics or swim at City Baths 12 noon-12.30pm. Free Admission

**WEDNESDAY 15/10:** Concert at Heidelberg Town Hall 1pm-3pm

**THURSDAY 16/10:** Health talk by Health Educator Meredith Williamson from the Freemasons Hospital 11am-12noon 2nd Floor Legacy House.

**FRIDAY 17/10:** Werribee Park Zoo. \$16.00 includes Coach/Lunch. Coach filled. Taking cancellations only. Contact Joan Miller Tel: 9663 3564. If sufficient interest another tour could be organised for April 1998.

## HEALTH PROMOTION SEMINAR

In late August Meredith Williamson, a health educator gave an informative talk on recognising the symptoms of diabetes and control by diet and exercise. Over 100 ladies took advantage of the free blood testing and health advice given.

## "The Long Haul" by T.K. Fitchett

If anyone has a copy of this book that they would be willing to sell, about ships from England to Australia early this century, please phone Gertrude Peterson, 9555-1469



## ADVICE/ASSISTANCE FROM LEGACY

Most Legacy Widows will be aware of the Contact Legatees in their local area who can provide advice and assistance when problems arise. Others are reminded that they can contact a Legatee on duty at Legacy House Melbourne between 10 a.m. and 3 p.m, Mondays to Fridays by visiting the 3rd Floor, Legacy House 3rd floor 293 Swanston Walk, Melbourne, or by telephoning 9663 3564.

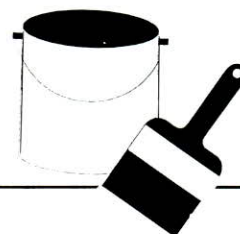
Another opportunity for you to obtain advice from Legacy is at the monthly Widows Club Meeting - a Legatee attends these meetings and provides advice - see Club News Section of the newsletter.

## HOUSING MAINTENANCE/RENOVATIONS

Melbourne Legacy provides an information service of names of tradesmen/contractors who are able to provide housing maintenance/renovation services. Widows may obtain names from our Tradesman's list by telephoning the Housing Clerk of Legacy House 9663 3564. However, PLEASE NOTE:-

**We do not accept responsibility for the standard of work carried out by those on the list**

Melbourne Legacy strongly recommends that at least two quotations be obtained for any home maintenance work, except for very minor jobs. We also suggest that wherever possible, use be made of the home inspection service which is available free of charge under the Home Renovation Advisory Program (HARP).





**CLAYTON LEGACY WIDOWS CLUB**

In July we were entertained by the "Monashaires". Many enjoyed a sumptuous lunch at Smorgys during August & a visit to the Rhododendron Gardens in Sept. Happy to report good progress by members recovering from surgery, & others who have been hospitalised. Get well soon. Members sold badges for the Annual Legacy Appeal. Our members visiting North Queensland recently reported having "A wonderful time!"

Meetings 1st Fri at 1.30pm  
Pres- S Buckle 9560 9417  
H Sec - B Richardson 9579 2230  
Visits - L Roberts 9570 3620  
& S Masson 9807 1095

**COBURG LEGACY WIDOWS CLUB**

Welcome back to Joan Miller. We had a lovely day at Marysville with lunch & a look at Stephenson's Falls. A great day at Variety on Parade at Warburton & Activity day with Bingo & fish & chips. We welcome new members. Warm wishes to our sick ladies. On a sad note, the passing of Legatee Vic Kyte who was a wonderful help to our ladies. God Bless.

Meetings 2nd Thurs at 10.30am  
Pres- U Van Prooyen 9306 8279  
Sec - D Hanna 9359 2231  
Visits- J Coomber 9354 5613

**CRANBOURNE LEGACY WIDOWS CLUB**

Our ladies enjoyed a river cruise & a tour of Williamstown also a splendid Xmas in July at Charmandene Cottage, Phillip Island. We had an enjoyable day at Warburton Variety on Parade, an excellent program & a substantial basket lunch. Our attendances of late have been quite low owing to a winter migration to Queensland & far north, also sickness. We wish all our friends a speedy recovery. We extend a warm welcome to all visitors.

Meetings are held every 2nd  
Monday of the month at 1.30pm  
Pres - E Searle (03) 5996 2655  
H Sec - G Bell (03) 5996 3688

**CROYDON LEGACY WIDOWS CLUB**

The club lost a wonderful member in Joy Polglaze, she will be sadly missed. Millie Thorneycroft is now enjoying Walmsley Hostel & is always ready to welcome friends by phone or visit. In July we went to the TV Museum at Mornington & in Aug a trip to Charlottes of Gembrook & the local pottery. Our annual outing to the Shrine & the address by Lucky Luscombe made you aware that to the Legatees we are special, so wear your badge, hold your head high, smile when you meet a fellow badgeholder. A speedy recovery to all our sickies.

Meetings 1st Thursday of the  
month at 12.45pm  
Pres - W Warwick 9761 9581  
Sec - N Briggs 9735 1407  
Visits - H Wilson 9876 0860

**DANDENONG LEGACY WIDOWS CLUB**

A trip to Danny Blumes was enjoyed by all our ladies. Marie Parkes from Veterans' Affairs to give us a talk at our October Meeting. Donations of groceries for Xmas Hamper to be collected from next month. All donations gratefully received.

Meetings 2nd Wed at 1pm  
Pres - B Steer 9706 3273  
Sec - L Thomas 9792 0400

**DONCASTER & TEMPLESTOWE WIDOWS CLUB**

New members are most welcome to our Club, we have a Legatee at each Meeting, you will find him kind & understanding to talk to & we cannot thank them enough. We are very saddened by the loss of Elaine Chalmers, who was our secretary for many years. She was a wonderful help to our ladies & loved Legacy. Our sympathy to her family & friends. She is now in God's care. We will need your help for the Street Stall on Friday 14th November. A good time was had by all at Christmas in July at Tatra.

Meetings held every 2nd Monday  
of the month at 11am.  
V. Pres - E Webb 9876 1424  
Sec - S Collings 9848 3131

**EPHING LEGACY WIDOWS CLUB**

We had some lovely trips over the last couple of months & our \$2 days are proving very popular with a trip to the pictures and Victoria barracks enjoyed by all. We would like to thank our ladies who have been visiting War Widows & veterans in our district. We are planning to start exercise classes & indoor bowling at the RSL Club soon. Best wishes to all sickies.

Meetings are held on 1st Tuesday  
of month at 11am  
Pres - M Woods 9401 5292  
Hon Sec - N Oakley 9404 4419  
Soc Sec - D Cook 9465 4336

**FOOTSCRAY LEGACY WIDOWS CLUB**

In August we had a great fun afternoon with the girls from Safeway. Likewise a most enjoyable trip to Carribean Gardens & lunch at the Stamford Hotel. Don't forget keep Wed 15th Oct clear for combined Clubs picnic at Horse-shoe Bend Farm, transport to be arranged. Best wishes to our sickies, we miss you, and a happy welcome to our new members.

Meetings 2nd Wed At 1pm  
Pres - L Russ 9314 7337  
Sec - P M Davidson 9314 7708



## GENTLE EXERCISE CLASSES

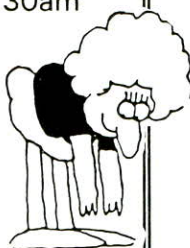
Aging is generally associated with a decline in functional capacity which may be due, to physical inactivity. Regular exercise is known to have positive effects on physical health. Thus, older individuals should be encouraged to exercise. The guidelines for exercise depend on age, degree of previous inactivity, medication and medical problems.

Tuesday Classes 10.30 am - 11.30am

Class instructor: Bill Stevens

Friday Classes by Betty Luders

1. 10.10am - 10.40am **Chair**
2. 10.45am - 11.25am **Active**
3. 11.30am - 12 Noon **Chair**
4. 12.05am - 12.35pm **Chair**
5. 12.40pm - 1.20pm **Active**



## Donations of goods for trading table

Donations of suitable gifts would be much appreciated for our trading table, anything saleable to raise funds for Legacy would be appreciated. *Please leave with Joan Miller at Legacy House.*

## KNITTED SQUARES

Please note: Ladies who knit woollen squares to be assembled into knee rugs, the following suggestions to make all the squares uniform in size and easier to put together:

1. Use 8 ply wool
2. Cast on loosely 35 stitches, using size 8 needles
3. Knit until squares are 9 inches long

## FREE HOME RENOVATION ADVICE

The Home Renovation Advisory Program is a free home inspection service offered under the Home Renovation Advisory Program. If you have home renovation work that needs to be done Melbourne Legacy suggests that you contact HARP for free expert advice and a cost estimate before work commences!

*An appointment can be made by "phoning" Joanne on 9670-3911*



## MELBOURNE LEGACY HOME &



## HOSPITAL VISITS GROUP



Volunteers required to visit anyone who is sick, frail and disabled in their home, hostel or hospital - **this is a service for ladies who have no other visitors.**

*Please contact Joan Miller 9663 3564*

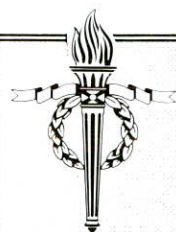
## WATER EXERCISE CLASSES

### City Baths 9 - 12 Noon

Water Exercises back at Renovated CITY BATHS.

Waiting List Bookings

**Joan Miller 9663 3564**



By remembering Legacy in your Will, you can help them continue to look after Australia's biggest dependant family.

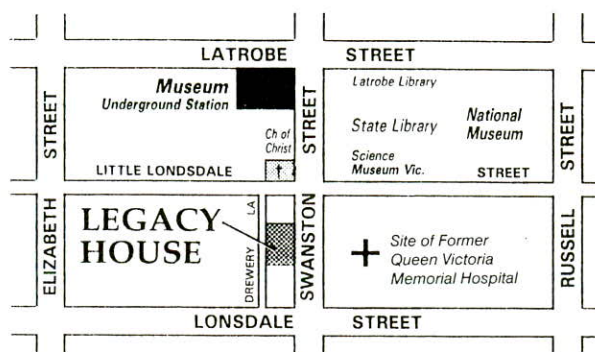
Legacy is a voluntary organisation of returned ex-service personnel dedicated to the care of widows and children of comrades who died on active service or subsequently. It is the only such organisation, and relies on contributions from the community, of which bequests are a significant factor, to fund its welfare programmes for "Australia's biggest dependant family."

*If you would like to find out more about bequests to Legacy, please write to:*

*The General Manager, Melbourne Legacy  
Legacy House, 293 Swanston Walk,  
Melbourne 3000  
or Tel: (03) 9663 3564*

## YOUR CLUBROOMS AT LEGACY HOUSE, MELBOURNE

Clubrooms are open weekdays (10am to 3.30pm). All Legacy ladies with their guests (but no children under 14 yrs) are welcome to call in for a snack, a chat or just to rest.





## LEGACY SUNDAY WAS VERY SUCCESSFUL





## EVEN THE WEATHER WAS KIND





**FRANKSTON LEGACY WIDOWS CLUB**

My apologies to members for not sending in our piece for Aug "Answer". In Aug some members did a trip to the Casino & in Sept a trip to the Tulip Farm. The combined Peninsula Legacy Clubs Church Parade, will be Sun 10th Oct. 10am at St Pauls Church of England, Frankston followed by lunch at Frankston RSL. For more information phone the Pres or Sec. Best wishes to housebound members & a speedy recovery to our flu sufferers.

Meetings are held every 2nd Thursday of the month at 1pm  
Pres - E Wise 9787 3527  
Sec - M Norton 9781 4680  
Soc Sec - N Love (03) 5971 4108

**HAMPTON LEGACY WIDOWS CLUB**

Despite 29 apologies at our last Meeting we were happy to have 5 Legatees present. Apart from a display of handmade shoes we have also enjoyed an outing to the Wool Museum at Geelong followed by a visit to a nearby Nursery. We celebrated our 11th Birthday & now have approx 130 members.

Meetings held on 1st Wed of month at 12.30pm  
Pres - N Smith 9592 8842  
Sec/S. Sec J Williams 9578 5204

**HASTINGS LEGACY WIDOWS CLUB**

We enjoyed a trip to Chelsea RSL recently. Chelsea ladies were the hosts for "Xmas in July" with an appearance from Father Xmas. Betty Good has become our Hon Treasurer. Thank you Jean for your good work. "Get well soon" to Grace Smith who is in hospital after a knee replacement. Happy holidays to our members who are off to Burleigh Heads.

Meetings held every 1st Thursday of month at 10.30am.  
Pres - T Feaver (03) 5977 5646  
Sec - S.A. Pretty (03) 5977 5745

**HEIDELBERG LEGACY WIDOWS CLUB**

43 ladies enjoyed a day trip to Warburton "Variety Theatre" a great way to spend a winter's day. "Essential Additions" display & sales went well. Some of our ladies have been laid low. Warmest wishes & many blessings to all who are sick & housebound. We enjoyed Legacy Sunday.

Meetings 2nd Mon at 11am  
Pres - V Keating 9459 1981  
H Sec. L. Curran 9459 8904  
Visits - M. Canty 9499 4144

**HIGHETT LEGACY WIDOWS CLUB**

Our AGM was most enjoyable with 78 members attending. The 1996 Committee have been returned. In September instead of a bus trip, the Committee arranged a luncheon at the Highett RSL, so that members who have difficulties getting into the bus could attend. Ann Logan attended our AGM & spoke of bequests to Legacy. Legacy Sunday was most impressive with a wonderful Church Service at St. Pauls. We are still getting new members, hope they enjoy our company.

Meetings 3rd Mon at 1.30pm  
Pres - M Brooks 9555 7297  
H. Sec - J Thomson 9555 1029  
Soc Sec - C Davis 9570 3557  
Visits - T David 9555 5607

**KEW LEGACY WIDOWS CLUB**

Wed 8th Oct, a bus trip to Geelong with lunch at Smorgys on the Pier, cost \$18 for bus & lunch. Bookings to President Doris. At our Oct Meeting there will be a showing of Danny Blume's Spring Fashions. Looking ahead don't forget our Xmas bus trip to RACV Country Club Wed. 10th Dec.

Meetings 3rd Wed at 11am  
Pres - D Gibbons 9429 8636  
Hon Sec - B Wade 9859 1663  
Visits - L Brown 9857 6460

**KNOX LEGACY WIDOWS CLUB**

At the moment we seem to be getting an influx of new members - welcome to all. Our visit by Dame Phyllis Frost was just wonderful, she's just so interesting & still so very alert for her years. Our Christmas in July at "Snooty Fox" in the Dandenongs - very enjoyable. A trip to Geelong on our free Council bus in October will be appreciated. Pleased to announce no sick members at Aug meeting. Our trip to Shepparton enjoyed by all.

Meetings held on 1st Monday of month at 12.30pm  
Pres - M Biggs 9801 7868  
Hon Sec - M Dodwell 9801 9705

**LILYDALE LEGACY WIDOWS CLUB**

In Aug after lunch at Sergeants Mess, we attended a Defence Force School of Music Concert at Watsonia, most enjoyable, thanks to Legatee Brindley. We went to the Shrine, St. Pauls & Hyatt for our Church Parade. In Oct we look forward to our 8th Birthday, which will be celebrated with our Legatees, their wives, members and friends from nearby Clubs. Thurs 16th Oct DVA Social day. Don't forget our trip to Shepparton Tues 21st Oct.

Meetings every 2nd Monday of the month at 1.00pm  
Pres - M Orford 9726 0238  
Hon Sec J Layton 9735 5646





## New Freecall number for Defence Service Homes Scheme

The Department of Veterans' Affairs recently centralised its Defence Service Homes (DSH) Scheme in Melbourne.

The national centre is responsible for all DSH subsidised loan functions which used to be carried out in each of the Department's State Offices.

The move is designed to increase the efficiency of departmental operations while maintaining the current high levels of service to the veteran community.

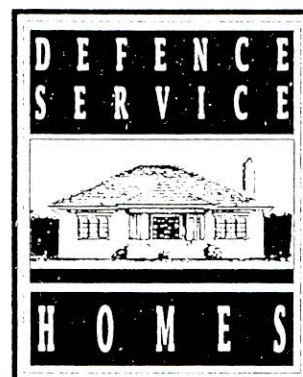
If you have a DSH subsidised loan or would like to apply for a loan, you can now ring FREECALL 1800 722 000 for advice and information.

All applications and correspondence should be sent to:

**The Manager, Defence Service Homes Subsidy,  
GPO Box 1987R, Melbourne VICTORIA 3001.**

If you want to discuss your loan repayments, you should contact your local Westpac branch or one of its divisions.

If you have a DSH Insurance enquiry, phone 1300 552 662 (for the cost of a local phone call).



## LEGACY SUMMER CAMP VALLEY HOMESTEAD - BRIGHT Legacy Children 7 to 17 years.

**TUESDAY 30TH DECEMBER 1997 TO FRIDAY 9TH JANUARY 1998**

Supervised at all times by experienced Outdoor Educationalists,  
assisted by members of the Melbourne Legacy Leadership Group.

Further Information ANITA HOLMAN Legacy House (03) 9663 3564

*Swimming*

*Canoeing*

*White water rafting*

*Bushwalks*

*Fishing*

*"To the many ladies who have made me a welcome guest in their home I'd like to thank you all for making me so comfortable, to thank you for the privilege of sharing your memories and hospitality and those lovely cups of tea and yummy biscuits.*

*I have a special thanks to those of you who have so kindly given me plant cuttings and flowers from your gardens. It is with much anticipation that I look forward to meeting many more of our ladies in the future.*

*Ann Logan, Bequests Officer.*



## RAFFLE RESULTS FROM THE PICNIC IN THE PARK

Quite a few ladies bought tickets in the hand painted china clock competition for Veterans Centre. It was donated by Peninsula Panels of Rye and won by Mrs Gilmour of Frankston. 2nd \$24 Gift Voucher - Mrs Pankhurst, Rosebud. 3rd Bottle Port - Hastings Legacy.

The next Picnic in the Park will be held on Thursday 26th February 1998 at Mornington, Cnr Main Street and The Esplanade.

*Maree Williams, President, Southern Peninsula Legacy*



**MALVERN LEGACY WIDOWS CLUB**

At our July Meeting we had a speaker from Caulfield Community Centre on Arthritis. We enjoyed a trip to the "Egg Board" and cooking demonstration, then lunch and a look around Gardenworld Keysborough. In August we enjoyed "Tricia's Treasures" and a visit to Danny Blume's factory. Our new Committee is settling in, good health to everyone.

Meetings 3rd Tues at 10am  
Pres - H Pattinson 9510 3207  
Sec - D Wagstaff 9822 5762  
Visits - M Spain 9509 0612  
& G Aspinall 9509 9805

**MITCHAM LEGACY WIDOWS CLUB**

All members enjoy our friendly meetings. In Sept. Peter Weane spoke on "Street Kids". Wed 1st Oct. trip to Wonthaggi (includes lunch). Wed 22nd Oct. Meeting & Talk by Bob Morgan of his experiences at the Royal Melbourne Shows. Wed 5th Nov. Trip William Angliss for lunch. Wed 26 Nov. Pat Jones on Piano & Singalong.

Meetings 4th Wed at 1.00pm  
Pres - S Bowman 9874 5662  
Sec - H Smith 9873 2532  
Soc Sec - M Cummings 9874 7504  
Visits - W Hardham 9872 4829

**NOBLE PARK WIDOWS CLUB**

Well the year is getting fast away with winter behind us we look forward to Spring and hope all our sick people and those having operations are soon as good as new. We have been to Langwarrin for lunch, and we went to Olinda in September. We send our deep sympathy to the family of Mrs Irene Alexander who sadly passed on.

Meetings 3rd Wed at 1.00pm  
Pres - M Veal 9546 9110  
H Sec - M Lappin 9798 3971  
Soc Sec - D Spruce 9547 6078

**NORTHCOTE LEGACY WIDOWS CLUB**

The cold winter has not greatly affected the attendances at our Meetings. An enjoyable day was spent with lunch at the Blackwood Hotel followed by a tour of the old gold digging areas. An interesting speaker recently was Mr Robert Winther, Veteran Liaison for Austin & Repat Medical Centre. Our ladies helped the Badge Appeal in September.

Meetings 4th Monday at 1.00pm  
Pres - J Donald 9480 2101  
H Sec - E Newton 9484 1056  
Soc Sec - D Freeling 9470 6554

**NORTH BALWYN LEGACY WIDOWS CLUB**

We welcomed several new members who have joined us lately. We have had interesting speakers & we enjoy our "cuppa" & a chat with our friends. Sadly we have recently lost a dear member, Dulcie Smith. Some of us attended a Fashion Parade & lunch at our local RSL & we have another film morning & lunch at the Balwyn Theatre. Our street stall is Friday 3rd Oct.

Meetings every 4th Monday of month at 10.00am  
Pres - M Parker 9857 9574  
Sec - S O'Toole 9857 6280

**PRESTON RESERVOIR LEGACY WIDOWS CLUB**

During July members enjoyed an outing to Dragonfly Restaurant, also Arnold Wheeler spoke to members of changes to our Health Care. To our Birthday luncheon we welcomed Legatee Ray Kean & wife Joy who came representing Melbourne Legacy. We welcome newcomers and say best wishes to those still on the sick list.

Meetings 2nd Wed at 1pm  
Pres- D Wilson 9478 7279  
H.Sec- F. Forte 9460 8681  
Visits - J Robertson 9478 7171

**RANGES LEGACY WIDOWS CLUB**

Our July spit roast lunch was very popular & also a trip to Danny Blumes' Fashion House. In Aug our guest speaker, Ruth Nicholls who does early puppy training for dogs for the blind gave us a very informative talk & demo. We have many sick members & wish them all a speedy recovery.

Meetings held each month on 4th Tuesday at 12.30pm  
Pres - N Armstrong 9754 2496  
H Sec B Prain (03) 5968 8379

**SOUTHERN PENINSULA LEGACY WIDOWS CLUB**

In Aug Constable John Fawcett of the Rosebud Police gave us a very interesting and informative talk on security in the home and car. In October there will be the combined Peninsula Clubs Church Service followed by lunch at the Frankston RSL. To our sick ladies - hope you are feeling better & look forward to having you back with us.

Meetings held on 3rd Monday of month at 1.30pm  
Pres. E Saxe (03) 5985 5472  
Sec- A Thomas (03) 5985 4176  
Visits - E Saxe (03) 5985 5472

**SOUTHPORT LEGACY WIDOWS CLUB**

Our ladies have enjoyed all Legacy functions. Many thanks to our team of badge sellers & L/tee Bob Taylor. Wed 8th Oct Meeting, please bring and buy a gift and a plate of goodies for lunch. Best wishes for a quick recovery to all on the sick list. A smile says it all. Details for our Christmas Lunch at the Beach House will be discussed at Oct Meeting.

Meetings held each 2nd Wednesday of month at 10.30am  
Pres - J Blanck 9690 1495  
Sec - G Gunn 9699 3514





### MCKENZIES CARE

McKenzies will pick up passengers from Healesville office, Lilydale, Mooroolbark, Croydon, Ringwood, Mitcham, Box Hill Town Hall, Kew Depot, Batman Avenue.

#### Sunday 26th October

##### **Open Gardens Day at Mt Macedon**

7 Gardens Open, coach from Legacy House 9.30am, Coach only \$12.00. Take picnic lunch or buy at CWA HALL.

**NB: Coach only if sufficient interest is expressed.**

**Bookings close Friday 17/10**

#### Thursday 25th December

##### **Christmas Lunch at Charmandene Cottage, Cowes Phillip Island.**

3 course Christmas Lunch, Christmas Decorations and a visit from Santa. Coach and lunch \$60.00.

**Please note that this trip will only proceed if demand warrants it. Bookings close Monday 25/11. Please contact Joan Miller and register your interest as soon as possible.**

#### See Back Page for details of

##### **"Walking For Health" Programme monthly Bus Trips on McKenzies**

Commencing 27 October 1997

Send Applications for day trips to Legacy House, P.O. Box 4312 PP, Melbourne GPO, 3001, in envelopes marked "Outings." Please include a stamped self-addressed envelope for return of tickets. Money orders or cheques made payable to Melbourne Legacy. Day trips do not include lunch unless specified. Please include a contact phone number. *Payment may be made by instalments if preferred.*



### VENTURA COACH TOURS

Ventura Tours depart from 1037 Centre Road, Oakleigh South, Moorabbin Town Hall, & Spencer St Coach Terminal Bay 38

*For exact departure times & direct bookings please call 9579-4811.*

**SEND CHEQUES TO: P.O. BOX 317, SOUTH OAKLEIGH 3167**

#### Thursday 16th October

##### **Skydancers Orchid & Butterfly Gardens**

Travel to Harcourt, see the Australian Native Gardens & Nursery, Orchid House & a conducted tour of the Butterfly gardens. \$30.00 per person (incl lunch)

#### Monday 27th October 1997

##### **National Rhododendron Gardens**

Travel into the delightful Dandenongs Ranges to visit the Rhododendron Gardens. Enjoy a delicious light lunch served at Cafe Vireya in the beautiful botanic gardens. \$27.00 per person.

#### Tuesday 11th November 1997

##### **Maribyrnong River Cruise/Flemington**

Cruise to Flemington Racecourse. Enjoy lunch at Melbourne Cup Club, then a brief sightseeing tour. \$33.00 per person.

#### Tuesday 18th November 1997

##### **Yuulong Lavender Estate**

Come and see the lavender. First stop the Geranium Cottage Nursery then onto Yuulong to see the many varieties of lavender & its products. Lunch is also included. \$29.00 per person

#### Wednesday 17th December 1997

##### **Xmas Lunch at the Atrium, Mt Martha**

Carols, decorations & Santa Claus \$38.00 per person

**For Ventura Coach Holidays see page 19**

DAY TRIPS/OUTINGS



**UPPER YARRA LEGACY WIDOWS CLUB**

Attendance at Meetings has been low due to many members being unwell. Love to Joan Elliott & Rita Mentiplay recuperating after some time in hospital. We enjoyed our trip to Watsonia Army Barracks. We have been very busy with our street stall, Badge Day and our September Dinner. Please note Meetings are now 12 noon on 1st Wed.

Meetings on 1st Wed at 12 noon  
Pres - N McMaster (03)5967 1502  
H Sec - M Thompson (03)5966 2779  
S Sec/Treas - J Elliott  
(03) 5967 1227 or (03) 5966 2112

**WATSONIA LEGACY WIDOWS CLUB**

At our July Meeting we held our 8th Birthday luncheon at the RSL. A delicious meal followed by entertainment by Brendon Scott. An enjoyable time was had by all our members. In August we had a talk by a member of the Drug Squad and a trip to the Zoo.

Meetings 3rd Tues at 11am.  
Pres - E Halliday 9435 4228  
Hon Sec - A Wass 9435 4237  
Soc Sec - M Leehy 9459 3241

**WAVERLEY LEGACY WIDOWS CLUB**

An enjoyable visit from Paul Roberts & "Jedda" of the Lady Nell "Seeing Eye" school, also Mary Gome's demo "cooking for one" showing us good ideas. Thanks to members for a special effort for our market stall, proceeds to add to our donation cheque to Melbourne Legacy. We look forward to our Xmas lunch at Charmandene Cottage, Cowes. We promise a warm welcome to all especially new widows.

Meetings held every 3rd  
Wednesday of month at 1pm.  
Pres - L McLachlan 9807 2591  
Sec - M MacKenzie 9807 3958

**WERRIBEE LEGACY WIDOWS CLUB**

At our Inaugural Meeting held on 7th July, 43 ladies attended which was very heartening. We have since enrolled 2 new members. Many thanks to Williamstown Branch Executive and Kath Bishop (Vet Affairs) for their help and support.

Meetings 1st Monday at 10.30am  
Pres - J Balding 9741 1623  
H. Sec - S C Johnson 9741 7195  
Visits - Val Raymond 9749 3292

**WESTERNPORT LEGACY WIDOWS CLUB**

The death of our Legatee Colin Strachan has been a great loss to all our members, our sympathy to Shirley & family. Best wishes to Legatee Bob Kee who is still very ill and to all our sickies, hurry & get well. Please note our AGM will be held Wednesday 15th October.

Meetings held on 3rd Wednesday  
of every month at 1.30  
Pres- H James (03) 5940 2082  
H Sec P Le Vette (03)5997 1015

**WILLIAMSTOWN LEGACY WIDOWS CLUB**

Our Meetings are still well attended & guest speakers most appreciated. We continue to welcome new members. We wish all on our sick list & in Hospital a speedy recovery & hope to have them back with us soon. We enjoyed our 5th Birthday in September after another successful year. "Welcome back" to Joan Miller.

Meetings 2nd Tuesday at 10.30am  
Pres - P O'Brien 9397 5100  
Sec - M Love 9397 1443  
Visits - J Maddy 9314 3573

**JUST IN TIME! - HEALESVILLE LEGACY WIDOWS CLUB**

Our Club attended the Yarra Valley Group Presidents' changeover luncheon in July. A trip to Watsonia Army Barracks, lunch at the Sergeants Mess and entertainment by the School of Music. Our Club had a luncheon at Chirnside Park Country Club. Hope our flu victims are well on the way to recovery and also our members who have been in Hospital. God Bless, hope to see you soon.

Meetings 1st Wednesday of the  
month at 1.30pm  
Pres - L Kerley 9730 2069  
Hon Sec - N Adams 9730 1532

**LEGACY WIVES ASSOCIATION**  
**CHRISTMAS DECORATION GROUP**

Film Luncheon Trak Cinema Trak Cinema,  
445 Toorak Road, Toorak.

THURSDAY 27TH NOVEMBER 11AM

"My Best Friend's Wedding",

Starring Julia Roberts and Cameron Diaz.

Christmas Gift Stall & Raffle Tickets. B Prohasky 9872 3245





**BARGAIN!****Border Holidays**  
*Albury Central Motel***5 nights in Albury**  
**2 Adults**  
**only \$190.00**Staying in **Central Albury**  
Day Tours available**Telephone (060) 21 31 27**pay \$40 deposit - balance at time of stay  
(pensioners, use your free rail pass)**ADVERTISING SPACE!****FOR HOLIDAY SERVICES  
AND ACCOMMODATION****FOR OUR REASONABLE  
ADVERTISING RATES  
CONTACT:****LORRAINE ERENSTROM**  
**LEGACY HOUSE**  
**TELEPHONE: 9663 3564****INTERASIA**  
**9523 6555**  
**Licence No. 31708**

19 Oct is departure date for Murray River cruise, returning 25 Oct. \$1,212 T/S. This is good value for money. On 2nd Jan. 1998 Gwen Brash escorts an adventure packed tour to Italy/Turkey and Egypt. Combined with superb sightseeing, 23 exciting days including 4 days luxury cruise on Nile only \$5,992 T/S. Gwen will escort 10 day tour to Beijing, China in June, 98. \$1,950 incl.

**VENTURA COACHES**  
**9579 4811**  
**Licence No. 31258****5 Day Great South West Tour** 3rd Oct. \$455.00 p/pers t/s. **6 day Warrnambool/Grampians** 5th October \$525 p/pers t/s. **6 Day Batemans Bay/Canberra** Departs 20th October, \$490 p/pers t/s. **2 day Gannawarra Wetlands** 15th Nov \$136 p/pers t/s. **5 Day Adelaide "Xmas"** 23rd December \$550 p/person. **12 Day Tasmania "Xmas"** 23rd December \$1,425 p/person (Full) \$1,325 p/person (pens)**VERONICA'S TOURS**  
**Licence No 31561**  
**Phone: 9434 2501****9 Day Queensland** including 3 nights Brisbane; 6 nights O'Reilly's Guesthouse. Departs 21 Oct.**QUINCES 9568 1122**  
**Licence No. 30568****6 Day Kangaroo Island & South Coast** Departs 9/10 \$699. **8 Day Scenic Tasmania Sea/Coach/Air** Departs 22/10 \$950.**ROSEBUD**  
**9337 8338****18 Patterson Street and 6 Fifth Avenue.** Bookings & Tariff details phone Alice after 7pm.

Cancellation Policy is utilised by all registered travel agents. Cancellation fees are payable on a sliding scale according to the number of days prior to departure the cancellation occurs. No refund is available if the Travel Agent has not been notified prior to departure, or if the traveller fails to join the tour, or leaves before the tour has been completed. Once final payments have been made to the Tour Operator, Legacy is bound by the Agreement. Ladies are advised to contact their Insurance Agent re Travel Insurance.

**HOLIDAY PAGE**



# YES, WE MADE IT! (Continued from our Cover Page)



Sporting Legend and former Legacy ward, Ron Barassi, and TV personality Daryl Somers did more than tell people to "buy a badge for Legacy" they parachuted over 2100m to highlight the Legacy cause.



Yes, as our front cover picture shows, they were very relieved when they had landed safely. Ron and Daryl tandem jumped with members of the army's Red Berets.



Following the jump Legatee President, Brian Luscombe, and Legatees George Logan and Peter Stokes gave their "Red Faces" verdict.....

An official luncheon followed the parachute display. Ron gave an entertaining speech and special guests included the Scott family - twin Brad Scott, in the photograph, plays for Hawthorn and Mrs Myrtle Ingram proudly showed her husband's medals to Ron.





♪ **MORNING MELODIES** ♪  
**Concert Hall - 1.30pm - \$8.00**

Advance payment now required

Contact Joan Miller

Wednesday 12 Nov

The State Orchestra of Victoria  
 Around The World in 60 Minutes,  
 Special Guest Margaret Haggart.

*Bookings & payments by 2/10*

Thursday 11 December

Christmas Melodies

*Bookings & payments  
 by 11/11*



*Her Majesty's Theatre*

Wed 19 November 1pm \$39.00

Sat 29 November 2pm \$39.00

**Starring**

Simon Bourke & Delia Hannah.

*Bookings close 6/10*

**FILM LUNCHES**

**\$8.50 per head Films commence 11am**  
**alwyn Cinema, 231 Whitehorse Rd**

OCTOBER

"My Best Friend's Wedding"

"Out to Sea"

"The Full Monty"

"For Roseanna"

**Trak Cinema, 445 Toorak Rd**

OCTOBER

Anna Karenina

That Old Feeling

Out To Sea

NOVEMBER

Brassed Off

Smila's Feeling for Snow

For Roseanna

*Bookings Taryn Lupton*

*or Kim Petalas Tel: 9817 6421*



PALACE

**The  
 PHANTOM  
 of the  
 OPERA**



Wed 18/2/98 & Wed 25/3 1pm

\$44.00 Pension numbers required

Payments by 7/11/97

Wed 6/5/98 1pm \$44.00

Sat 23/5 2pm \$70 (no concessions)

Payments by 6/2/98



**MADAME  
 TUSSAUD'S**

PRESENTED BY

**AGFA**  **FILM**

Level 1 Gallery

World Trade Centre

(temporary casino building)

Opening hours:

Mon-Thurs 10am-5pm,

Fri 10am-7pm

Sats/Suns & Public Hols 9am-7pm

Tickets valid anytime except

between 12noon-2pm weekends.

Adults \$17, Pensioners/child \$12

*Tickets available for November*

*Payments due by 17/10/97*

FORTHCOMING ATTRACTION

**CRAZY FOR YOU**

*Arts Centre Feb'98*

**Enquiries Joan Miller 9663 3564.**

**Written applications to Legacy**

**House P O Box 4312PP Melbourne**

**3001. Mark envelope "outings"**

**cheques/money orders payable to**

**Melbourne Legacy. Payment must**

**be at least one month prior to**

**show. Tickets not paid for will**

**NOT BE held.**

THEATRE MATINEES



# Contributions Page

## WHERE DOES THE BATH WATER GO?

Why? When? Where? How?

Questions never ending

Close to the ground you squat,  
leaning, bending.

A worm, a nematode, butcher boy, ant,  
Fruit on the bush, flower on the plant  
Receive close scrutiny, then queries start.  
What makes bees buzz, why do birds dart?  
And wouldn't I like to hold in my hand.

The slug that you found  
on a leaf in the sand?

God made the worm to walk without legs  
And decided that grubs  
would lay countless eggs.

He in his wisdom put stars in the sky  
And seeds in the apple. I hear you sigh.  
But why Nan why, you always insist.  
What would I say if I were an atheist?

**Lorraine Quilty of Montmorency**

*Mrs Quilty sent in this poem for all those  
Legacy Widows who delight in their  
grandchildren's continual questions.*



## A TOUCH OF HUMOUR

*from Geelong Legacy*

**Q.** *What's the difference between  
your grandmothers teeth and an  
English cricketer?*

**A.** *Your grandmother's teeth are  
still in at lunchtime!*

## This is a Tuit

Well, finally we  
have been able to cut enough  
Tuits so that you can have one  
for your very own.

Guard it with your life

Tuits are very hard to come  
by particularly the round ones,  
for years you have been saying

"I'll do that as soon as  
I get a round tuit".

So now you have one,  
Get to it!

## GOOD EASY WAY TO MAKE SCONES

*By N Oakley, Epping.*



Sift 3 cups self-raising flour, make well in  
centre, pour 250ml cream, 250ml  
lemonade, and mix to a firm dough, cut  
and bake in hot oven, never fails, lovely  
scones.

*Gladys was crying at the end of the  
bingo session. "What's wrong?" Jean  
asked.*

*"Well," sobbed Gladys, "as you know,  
I'm 82 and married to a 34-year-old  
man".*

*"You lucky thing!" said Jean.*

*Gladys nodded. "He cooks for me, does  
all the work round the house and is a  
great lover."*

*"So, what's the problem?" asked Jean.*

*"Oh, I can't remember where I live!"*



## Legacy Widow's Club Werribee

Congratulations all round for the newly elected  
Committee of the Werribee Legacy Widows' Club  
by Werribee RSL President Cheryl Hersey, after  
their inaugural meeting on the 1st July.

Photo shows left to right Nora Showler, Treasurer,  
Cheryl Hersey, Jean Balding, President and Clair  
Johnson, Secretary.



## LEGATEE RON AUSTIN



It is with deep regret that we mourn the loss of Legatee Ron Austin in August at 94 years. He was a regular supporter of the monthly concerts and always a special guest at the WWI Luncheons. He was 14 when he joined the R.A.N. IN 1917. In 1931 he joined RAAF Communications and served with them during WW2. In 1949 he was assistant Air Attache in Washington. He retired in 1955 with the rank of Wing Commander. He received an OBE for his devotion to duty. He will be sadly missed by all who had the privilege to know him.

## Stamp Report



We only have 2 months to go to the end of the stamp year and our income for this year has only reached \$12,631. I was looking forward to a bumper year with that truckload delivered to my place last March. I am sorry to say I have been told of many of the stamps being given to other organisations instead of being returned to Legacy. Please do leave more paper around the stamps to make it easier to identify for damage. We are losing a lot of money because they are cut too close. Where possible we require one inch of paper round the unfranked (uncancelled) stamps. Please carry out rules set down by the buyer and that will mean more money for Legacy. If in doubt please ring me to find out the correct way to do things.

**Beryl Billing 9546-9208**

## VERA LANG

It is with deep regret we mourn the loss of Mrs Vera Lang in August. She was a hard working Committee Member from 1983-1994. Assistant Sec/Treas: 1984. Hon. Sec: from 1985-1994. Vera resigned due to her failing eyesight. Vera was a member of the carpet bowls group, and represented the ladies committee on the Badge appeal committee. Vera loved the day trips and would help check the ladies on and off the buses. Vera also had a long association with the Benteigh War Widows' Group. She will be sadly missed by all who knew her. Condolences to her family.



We had great excitement in August when Daryl Somers presented a brand new Nissan Pulsar to Legacy and the funds raised from this car will greatly assist Legacy's welfare work.



## *The Legacy Sunday Service at St Paul's Cathedral was very moving*



### **JOINT MELBOURNE LEGACY/DVA** **"WALKING FOR HEALTH" PROGRAMME**

A monthly walking programme for a maximum of 40 participants (Legacy Widows, Legatees and Partners and War Widows Guild members) is to commence 27th October, 1979, and run monthly for 10 months on nominated Mondays. Meeting at Legacy House in Swanston Walk, Melbourne, a bus will depart at 9.30am and take walkers to constructed walking tracks at interesting locations around Melbourne for walks of a maximum of 8 kms. and return to Legacy House by 3.00pm. A fee of \$2.00 per person will be charged and collected on the day. Walkers will be accompanied by two Group Leaders with a mobile phone. Those wishing to participate must return the attached slip indicating the walks in which they wish to participate and supply details of any medical condition/medication.

**Requirements:** Comfortable walking shoes, suitable protective clothing, hat, sun screen, drink and a picnic lunch.

#### **WALKS:**

**(On the 4th Monday  
of the month)**

- (1) 27/10/97 - Wantirna to Jells Park;
- (2) 24/11/97 - Mt. Martha to Mornington;
- (3) 23/3/98 - Pipemakers to Kingston Ave;
- (4) 27/4/98 - Warrandyte Park to Pound Bend;
- (5) 25/5/98 - Westgate to St. Kilda Pier.

**OTHER WALKS TO BE ADVISED**



**Reply to:** Joan Miller, Widows' Club Co-Ordinator,  
"Legacy House", P.O. Box 4312PP, GPO, Melbourne 3000

-Cut here-

FULL NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ AGE: \_\_\_\_\_

I certify that I am physically capable of the above walks and have no medical condition which would preclude my taking part in such walks.

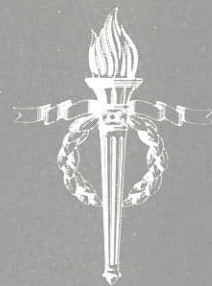
EMERGENCY CONTACT:(NAME) \_\_\_\_\_ PHONE: \_\_\_\_\_

REGULAR MEDICATION: \_\_\_\_\_

I WISH TO PARTICIPATE IN WALKS Nos: \_\_\_\_\_



# THE ANSWER



A NEWSLETTER FROM MELBOURNE LEGACY

Issue 224 - August, 1997

Published by: Junior Legacy, Melbourne,  
(ACN 004 301 348)

Print Post Approved PP 349181/00313

Dear Ladies,



We are approaching a very busy time in the Legacy year. On 31st August Legacy Sunday commences with the Shrine Dedication Service followed by the service at St. Paul's Cathedral, then lunch at the Hyatt,

which is always enjoyable and well attended.

Next, on 5th September, we have our annual Legacy Badge Day when our members, and friends of Legacy, brave the winter elements to sell badges to raise funds for our cause.

On Sunday 7th September, the third "Back to Caulfield" Race Day will be held at Caulfield Race Course, this year to commemorate the 25th Anniversary of the withdrawal of Australian Troops from Vietnam. A Service of Remembrance will be held and it should be a very pleasant day so come along and enjoy the occasion.

Best Wishes.

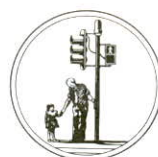
*Legatee (Salty) Saltmarsh  
Committee Chairman*



Hey Hey Legacy personality Daryl Somers won a young heart - Junior Legatee Kim Anderson (Page 3)

**MELBOURNE LEGACY:** Address - Legacy House, 293 Swanston Walk, Melbourne 3000  
Telephone (03) 9663 3564 Fax (03) 9663 3015 President - Legatee B.G. Luscombe  
Patron - His Excellency the Honourable Sir James Gobbo AC  
Governor of Victoria

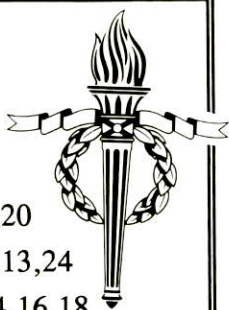
**WALK WITH CARE** - Article Page 5 - "Pedestrian Safety for the Winter Months"





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Contributions	"	22-23



## From The Editor:

I hope you are all keeping well despite winter's chills. Ladies are invited to join us on **Legacy Sunday 31st August**. Bookings required for luncheon only - Details page 11.

**Badge Day** Friday 5th September, please help us any way you can. - Details page 3.

Our free monthly concerts 1st Monday 1pm August - November continue at Legacy House, all are welcome.

**Our Annual Fete** will be held on Concert Day Monday 6th October. Donations of goods will be collected Friday 3rd October.

Love to you all  
**JOAN.**



## FUTURE ISSUES OF "THE ANSWER"

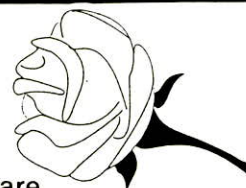
We will publish two further issues of "The Answer" in 1997.

### ISSUE COPY DEADLINE DISTRIBUTION

Oct 97	1 Sep 97	Last week Sep 97
Dec 97	1 Nov 97	Last week Nov 97

**When you send us your recipes, poems, short stories, & jokes, if possible please identify the author of any item that is not your own original work & confirm that clearance has been given for publication. Photographs must be in sharp focus and have good lighting with caption on a separate sheet.**

## CLARE CURNOW



It is with deep regret we mourn the loss of Clare. She was President and Visits Co-ordinator at Kew Legacy Club. She was a respected volunteer at Legacy House helping to research applications to Veterans Affairs to obtain War Widows' Pensions for eligible widows as an assistant to Legatees. A talented lady who worked tirelessly for Legacy Widows, making appeals to relevant Government Departments on their behalf. She will be greatly missed. She helped me personally obtain hospitalisation at St Vincents, and I will always be grateful to Clare.

**Joan Miller**

## CHRISTMAS CARDS

Cards in packs of 10 will be available from Legacy House from mid August. Prices per pack range from \$4.50/\$5.50/\$6.50 per pack. All proceeds to Legacy. Brochures available from Joan Miller 9663 3564

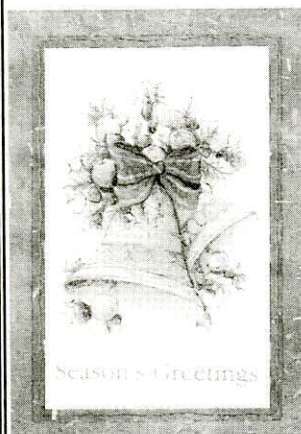
### Christmas Tree

\$6.50 per pack of 10  
*With the Season's Greetings  
and Best Wishes for the  
New Year*



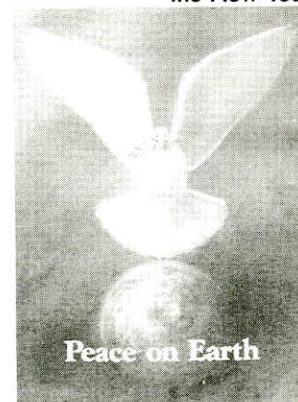
### Bells with Holly

\$5.50 per pack of 10  
*Best Wishes for Christmas and  
the New Year*



### World Peace

\$4.50 per pack of 10  
*Joy to you at Christmas and  
Happiness in the New Year*





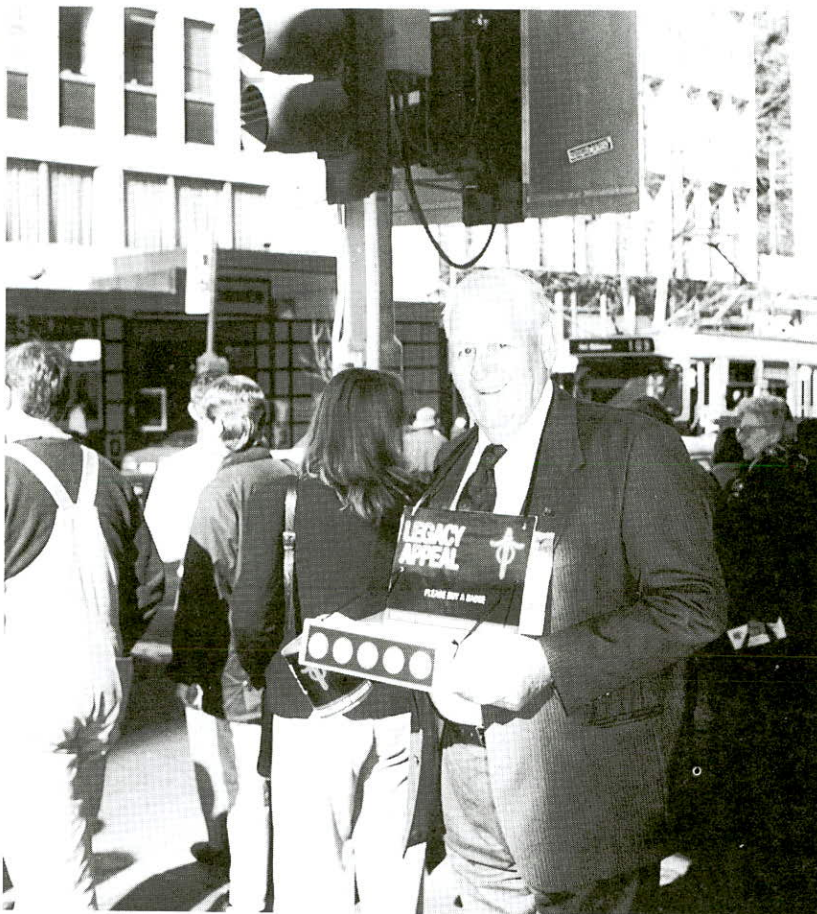
## HEY HEY DARYL SOMERS AND MANY FRIENDS OF LEGACY KEEP THE TORCH ALIGHT DURING LEGACY WEEK

Our Legacy personality Daryl Somers has extended his goodwill in a very special way to assist the Legacy Family. We are the lucky recipients of a Nissan Pulsar. Melbourne Legacy will be able to use the car in Legacy's interests for fundraising purposes.

As Legacy Week draws closer and that all important first Friday in September - our annual Badge Day, when we ask all Australians to remember the work of Legacy, we look towards a special week. Of course Legacy Week traditionally starts with our Annual Church Service and pilgrimage to the Shrine. The change in order will mean that after the Shrine Ceremony and Church Service it will be nice for the Legacy Family to relax at the luncheon at the Hyatt on Collins. I hope we will see many of you there.

**Susie Howard,**

**Fund Raising/Public Relations Officer**



## OUTWARD BOUND 1997/98

Legacy will again be sponsoring Junior Legatees within the age range 17-25 years who would like to attend an Outward Bound Course.

If you have a son or daughter who would like to attend a course, would you please ask them to telephone Miss Anita Holman on 9663 3564 who will forward an application form. Five courses are available of which three are held in the Brindabella Ranges in the ACT. The dates for these courses are:



27th November, 1997 to 18th December, 1997

3rd January, 1998 to 24th January, 1998

24th January, 1998 to 14th February, 1998

The two remaining courses commence at the Outward Bound base in the ACT and then travel from below Mt Kosciusko to the Victorian Coastline near Marlo.

Expedition dates for the above are:

27th December, 1997 to 21st January, 1998

28th February, 1998 to 25th March, 1998



An Outward Bound Information Night will be held in Legacy House on Wednesday 24th September, 1997, details of which will be advised by Miss Holman. Naturally, we would like you to attend the Information Night on 24th Sept, 1997 and would like your advice that you will be attending by 1st September, 1997.





# ACTIVITIES

## AUGUST

FRIDAY	1ST	EXERCISES		10.10 A.M. TO 1.20 P.M.
MONDAY	4TH	FREE CONCERT AT LEGACY HOUSE		1.00 P.M.
TUESDAY	5TH	SWIMMING AT CITY BATHS (SEE PAGE 11)	EXERCISES	10.30 A.M.
TUESDAY	5TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	6TH	BOWLS		10.30 A.M.
THURSDAY	7TH	PAINTING		11.00 A.M.
FRIDAY	8TH	EXERCISES		10.10 A.M. TO 1.20 P.M.
MONDAY	11TH	BOWLS		10.30 A.M.
TUESDAY	12TH	SWIMMING AT CITY BATHS (SEE PAGE 11)	EXERCISES	10.30 A.M.
TUESDAY	12TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	13TH	BOWLS		10.30 A.M.
THURSDAY	14TH	DAY TRIP TO GEELONG LEGENDS RESTAURANT		9.00 A.M.
THURSDAY	14TH	PAINTING 11AM	WWI GROUP	11.00 A.M.
FRIDAY	15TH	EXERCISES		10.10 A.M. TO 1.20 P.M.
MONDAY	18TH	BOWLS		10.30 A.M.
TUESDAY	19TH	SWIMMING AT CITY BATHS (SEE PAGE 11)	EXERCISES	10.30 A.M.
TUESDAY	19TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	20TH	WIDOWS CLUB COMMITTEE MEETING		10.30 A.M.
WEDNESDAY	20TH	CARDS		12.30 P.M.
THURSDAY	21ST	PAINTING 11.00AM	MORNING MELODIES	1.30 P.M.
FRIDAY	22ND	EXERCISES		10.10 A.M. TO 1.20 P.M.
MONDAY	25TH	BOWLS		10.30 A.M.
TUESDAY	26TH	SWIMMING AT CITY BATHS (SEE PAGE 11)	EXERCISES	10.30 A.M.
TUESDAY	26TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	27TH	BOWLS		10.30 A.M.
THURSDAY	28TH	PAINTING		11.00 A.M.
FRIDAY	29TH	EXERCISES		10.10 A.M. TO 1.20 P.M.
SUNDAY	31ST	LEGACY SUNDAY - STARTING AT SHRINE OF REMEMBRANCE		10.00 A.M.

## SEPTEMBER

## MONTH OF LEGACY APPEAL

MONDAY	1ST	FREE CONCERT AT LEGACY HOUSE (LEGACY WEEK)		1.00 P.M.
TUESDAY	2ND	EXERCISES		10.30 A.M.
TUESDAY	2ND	SWIMMING CITY BATHS (SEE PAGE 11)	CRAFT WORKSHOP	11.00 A.M.
WEDNESDAY	3RD	BOWLS		10.30 AM
THURSDAY	4TH	PAINTING		11.00 A.M.
FRIDAY	5TH	<u>BADGE DAY</u>	<u>BADGE DAY</u>	<u>BADGE DAY</u>
MONDAY	8TH	BOWLS		10.30 P.M.
TUESDAY	9TH	EXERCISES		10.30 A.M.
TUESDAY	9TH	SWIMMING AT CITY BATHS (SEE PAGE 11)	CRAFT WORKSHOP	11.00 A.M.
WEDNESDAY	10TH	BOWLS 10.30 A.M.	MORNING MELODIES	1.30 A.M.
THURSDAY	11TH	DAY TRIP - GREAT SOUTHERN WOOLSHED BALLARAT		9.00 A.M.
THURSDAY	11TH	PAINTING 11 AM	WWI GROUP	11.00 A.M.
FRIDAY	12TH	EXERCISES		10.10 A.M. TO 1.20 P.M.
MONDAY	15TH	BOWLS		10.30 A.M.
TUESDAY	16TH	EXERCISES		10.30 A.M.
TUESDAY	16TH	SWIMMING/CITY BATHS (SEE PAGE 11)	CRAFT WORKSHOP	11.00 A.M.
WEDNESDAY	17TH	WIDOWS CLUB COMMITTEE MEETING 10.30 A.M.	CARDS	12.30 P.M.
THURSDAY	18TH	PAINTING		11.00 A.M.
FRIDAY	19TH	EXERCISES		10.10 A.M. TO 1.20 P.M.
MONDAY	22ND	BOWLS		10.30 A.M.
TUESDAY	23RD	EXERCISES		10.30 A.M.
TUESDAY	23RD	SWIMMING/CITY BATHS (SEE PAGE 11)	CRAFT WORKSHOP	11.00 A.M.
WEDNESDAY	24TH	CARDS		12.30 P.M.
THURSDAY	25TH	PAINTING		11.00 A.M.
FRIDAY	26TH	EXERCISES		10.10 A.M. TO 1.20 P.M.
MONDAY	29TH	BOWLS		10.30 A.M.
TUESDAY	30TH	EXERCISES		10.30 A.M.
TUESDAY	30TH	SWIMMING/CITY BATHS (SEE PAGE 11)	CRAFT WORKSHOP	11.00 A.M.

The Newsletter provides information on a range of services for the benefit of our ladies. Items are welcomed for inclusion. However as publication does not necessarily mean endorsement Legacy cannot be held responsible for non-performance of goods and services. A decision to proceed is entirely at the discretion of the individual.



# WALK WITH CARE OLDER PEDESTRIAN SAFETY PROGRAM

## *Pedestrian Safety for the Winter Months*

WALK  
WITH  
CARE



Now that we are in the midst of winter it is important for all pedestrians and drivers to take extra care on the roads. As a pedestrian it is very important that you make yourself as visible as possible to drivers. Wear bright clothing (red, yellow, orange, white) or carry a bright accessory (umbrella, shopping bag, wrist band) that can be easily seen by approaching drivers. Where possible, cross the road using available traffic lights, pedestrian operated signals, pedestrian (zebra) crossings. If there is no available crossing facility, cross where you and the drivers have a good clear view of one another. Do not cross between parked cars or on the crest of a hill.

It is during these months we seem to get the flu, a common cold or other illnesses. If you have the misfortune of being ill at this time and visit a doctor, ask them or your pharmacist what the possible side affects might be from the medication prescribed.



Find out if your medicines  
could affect your safety as  
a pedestrian

Ask your doctor what they have prescribed and how to correctly take the medication. Whilst the medication may relieve your present illness, it may also have an affect on your concentration, reflexes, balance, hearing as well as possibly affecting your mobility. Also ask your doctor what the possible side effects might be on your ability to drive or walk

The traffic environment at the best of times, can be extremely busy, noisy and confusing, and it can be even more unnerving when we are not feeling our best. It is in these situations that we have to take even greater care when out walking or driving. You may like to ask a friend or relative to accompany you on the outing or to pick up some things that you need at the shop.





## THE BIRTH OF LEGACY HOUSE

*The following story was recently published in the "Bulletin" and is condensed for the benefit of our readers:*

The First War Legatees had a tough task during WWII, caring for their own Legacy widows and their children, and coping with the very young widows and their children of the men killed during WWII. The Club then had rooms in the old Western Market, on the block bounded by Collins Street, William Street, Flinders Lane and Market Street. It was an ancient building but the rent was cheap. Legacy had a small suite of offices with a paid staff of half-a-dozen and a large space for Girls' Classes, all upstairs on part of the first floor. In addition there was an excellent Lending Library for widows and children.

But Legatees became fearful of the possibility of a disaster, if the old building caught fire, causing a stampede of children down those steep and narrow stairs.



At the same time Melbourne Legacy Club was expanding and the need for adequate facilities was urgent. The funds for this major change had a "kick-start" with the large bequest from the Dureau family in memory of a son killed in WWII. For the first time, Melbourne Legacy went "public" for financial assistance. The Melbourne "Age" got behind this, by sending photographers to all Junior Legacy activities, Boys' Classes, Girls' Classes, Residences, Camps and Holidays and so on, and then published a complete whole page of the Legacy "scene", calling for help by the public. Some £90,000 was raised in all and with the Dureau bequest the present Legacy House was purchased and fitted out, with the first and second floors largely for Girls' Classes, plus the weekly luncheon of Legatees. A small set of offices was on the third floor with a large area for the new Dental Clinic, where all Junior Legatees were able to have free dental treatment.

Two Legatees heavily involved in all this were Bob Gaylard, the 1956 President and the late John Lobb, a leading architect eventually to be President in 1962.

## DISABLED DEPENDANTS' REPORT

Another successful day for our young people, volunteers and mothers on 14th June. An early start to go off to a Concert at Alexander Theatre and all returned tired, but happy and all full of talk. The mothers enjoyed a 3 course lunch supplied by our wonderful Legacy men and women, they really do spoil us. Thank you all so much. After our two very talkative meetings we were given a very interesting talk by a representative from Customs and a showing of all items used for drug detection. Altogether a lovely day. Cheerio for now.

*Dot Kenny*





## RE-DISCOVER YOUR MCG

Always on the look out for new things to do? Visitors to Melbourne are in for a treat when they take a tour of the mighty MCG, a magnificent stadium and superb showcase of the great deeds of our sporting heroes and heroines. See the stately Long Room, the MCC Cricket Museum, the Aussie Rules exhibition and the outstanding Australian Cricket Hall of Fame, plus some fascinating reminders of Royal visits, religious crusades and many other memorable events at the grounds. Melbourne's famous stadium is a treasure-trove of sporting history and we'll be happy to arrange a personalised guided tour for your group.

Or perhaps you would prefer to be part of the very special Long Room Tea tours which combine a tour of the ground and morning or afternoon tea served in the MCC Pavillion's historic Long Room.

**For bookings or to discuss your group's particular requirements, please contact Kristine Barclay on 9657 8879.**



## MAKING SURE YOU'RE SAFE Install a Smoke Alarm in Your Home

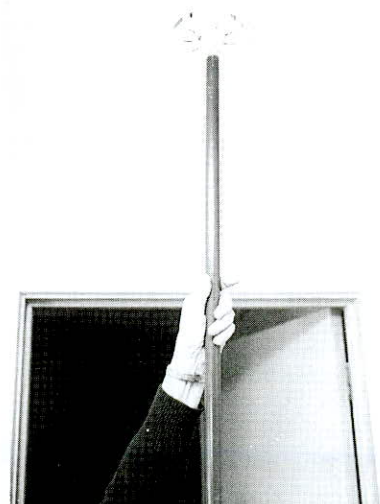
Fires happen at any time, in any home. You need to ensure you're prepared in case the "unthinkable" happens to you. Installing smoke alarms provides an early warning by waking you and giving that vital time needed to get out safely.

The Country Fire Authority's Community Risk Manager, David Owen, advises that a properly installed and maintained smoke alarm is a very necessary piece of household equipment. Householders need to make sure their alarms are working properly.

- Check regularly. Make sure the batteries are working by testing the alarm weekly. You can do this by pushing the test button with a broom handle to ensure it beeps.
- A "cheep cheep" noise from the alarm means that the batteries are flat. They need to be replaced immediately. Some people remove the batteries and forget to replace them. Doing it straight away will reduce your chances of forgetting to install new ones. David gives the following tips. **But if you have any difficulty with any of these, ask a family member, a friend, or a carer to help.**
- Replace the batteries at least once a year. A good time to do this is at daylight saving change over. Remember. "Change your clock, change your smoke alarm battery".
- Clean your smoke alarm regularly by vacuuming it. This will keep dust and other material away from the smoke alarm's sensors and allow it to work properly.

A smoke alarm should be installed outside each sleeping area. If you sleep with your door closed, a smoke alarm should be installed in your bedroom. Occupants of multi-storey homes should install a smoke alarm on each level. All smoke alarms should be linked together so that if one goes off they all go off. Smoke alarms are very affordable and an Australian Standards alarm can be bought for as little as \$10. Smoke alarms are available at hardware stores, electrical stores and many supermarkets.

**For further information on smoke alarms contact CFA's Risk Management Section on (03) 9262 8400**





## CLUB NEWS

### ASHBURTON LEGACY WIDOWS CLUB

We all enjoyed a visit from Jenny Dyson of Rawleighs, a talk from Mrs Jean Cheshire, and being entertained by the "Merry Moments" players. Also a successful trip to Blume's Fashions. Some of our members had a great trip to Darwin & down the West Coast. Thanks to those who took over the duties of running the Club whilst they were away. We welcome new members.

Meetings 3rd Wed at 12.30pm  
Pres - B Mitchell 9885 4034  
Sec - S Eagle 9897 3135  
Visits- N Ferguson 9568 2929  
& J Hitchcock 9569 7183

### BEAUMARIS LEGACY WIDOWS CLUB

A successful June AGM & we have had many varied speakers, with more to come, plus some good day trips. We enjoyed "Xmas in July". We have had the misfortune to lose 2 of our Foundation Committee Members, Marie Jewell in April & Dot Hanger in June. They will be sadly missed. A speedy recovery to all our ladies that are not well and we welcome all new widows.

Meetings 4th Mon.at 1.30pm  
Pres - M Brearley 9583 6449  
Hon Sec-R Clarke 9598 7483  
Visits M Pinkstone 9589 3737  
Soc Sec - T Emry 9598 6112

### BENNETTSWOOD LEGACY WIDOWS CLUB

Where did the first part of the year go? Hope everyone is well. Two of our ladies are overseas and seven are on a 3 week trip down the West Coast of Western Australia. We enjoyed a beautiful day at Hanging Rock, & a lovely home with the Autumn leaves. Our thoughts are with "our Joan" who is reported to be on the mend, & we hope to see her soon. Any Legacy lady who would like to join us, or just come to a meeting is most welcome.

Meetings held every 3rd  
Thursday of month at 10am  
Pres - J Brudenell 9889 2736  
Hon Sec - J Kitchin 9808 5230  
Visits - M Willis 9808 8623

### BERWICK LEGACY WIDOWS CLUB

38 Members attended our 60th AGM in May. Phyllis Lily is our new President. Thanks to Past President Annabel Ford for the good job she has done during 96/97. Our Secretary & Treas were happy to continue. At our June Meeting we welcomed a new member Elva Ratcliff & also a sick member Elsie Jackson returned. Birthday girls received a lovely posy from the garden of Marg Henry & we had a showing of Danny Blume's Fashions.

Meetings held every 2nd  
Monday of month at 1pm.  
Pres - P. Tily 9707 5006  
Sec - J Tivendale 9702 1276

### BLACKBURN LEGACY WIDOWS CLUB

At our Annual Meeting a special tribute was paid to our efficient and creative Secretary & Social Secretary who retired after 13 years of dedicated service. Newly elected President Marjorie Whitfield & Officer Bearers are anticipating another happy year for the Club members. A week at Mary Lyn was enjoyed, and a fabulous trip to Phillip Island.

Meetings 2nd Monday of  
month at 11am  
Pres - M Whitfield 9878 8683  
Sec - E Nichol 9870 7128

### BOX HILL LEGACY WIDOWS CLUB

Sadly 2 original members, Claire Southwell & Marion Capon passed away. Our sympathy to both families. Jean Cochrane is in "Peter James" & Mary Darden in Caritis Christi recovering from falls. After a popular June visit to the new Casino, another coach ordered for July. In Aug. a lunch & variety show at the "Little Tiv" Malvern planned. We are still at the Salvation Army premises & most grateful to them. Welcome to Legacy widows in our area.

Meetings held every 3rd  
Monday of month at 10am  
Pres - L Coney 9877 0087  
H.Sec - J Crosbie 9898 1121  
Visits- B Laurie 9899 6293

### CAMBERWELL LEGACY WIDOWS CLUB

Our tour of Brighton for a re-enactment of Thomas Bent by "Wilma Farrow Tours" & lunch at the Red Bluff Hotel was entertaining. We farewelled Secretary, Jess Vincent in June, she will be overseas during July/August. If any of our members are not well & housebound & would like to contact our Welfare Officer, Anne Rabling feel free to do so. Good health to all.

Meetings held every 3rd  
Monday of the month at 11am  
Pres - N Ellis 9882 4250  
H Sec - J Vincent 9889 6026  
Visits - A Rabling 9882 2464

### CAULFIELD-ST KILDA LEGACY WIDOWS CLUB

Our Next meeting Wed 6/8 with speaker from Camp Quality, Wed 13/8, our Solo Day, Wed 20/8, our 14th Birthday Party with Fashion Parade, at RSL Lounge. Wed 3/9, our Annual meeting, Wed 10/9, Solo Day, Wed 17/9. Earth Encounter Tour with lunch. Enquiries for trips ring Shirley 9534 5240.

Meetings 1st Wed at 2pm  
Pres - M Newton 9555 5815  
Sec - P Thompson 9531 6378  
Visits - S Cornish 9569 5571

### CHELSEA LEGACY WIDOWS CLUB

100 celebrated our 8th Birthday at the Stamford Hotel, together with Legatees & wives, a most enjoyable luncheon. We had Xmas in July with members from the 5 Peninsula Clubs at Chelsea RSL. Don't forget our Sept "bring & buy", bring your own plate of lunch. We are pleased to welcome new members. Get well soon to those members with health setbacks.

Meetings held on 2nd  
Wednesday of month at 1pm  
Pres - B O'Brien 9772 1490  
Sec - P Cash 9772 3917



## WORLD WAR I WIDOWS' LUNCHEON

A last reminder that there is still time for you to advise that you would like to be included in the WWI widows luncheon at Legacy House on Thursday 14 August.

The WWI Group meets the second Thursday of every month at 11am. As a prelude to "Legacy Week" Melbourne Legacy hosts a luncheon at 12 noon for WWI widows.

Not to be missed are the singing waiters - our very own Legatees - who enjoy sharing a song and a little light cheer.

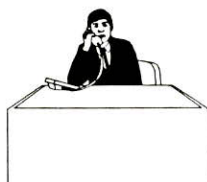
**Call Susie Howard at Legacy House on (03) 9663 3564 if you wish to attend.**



## TRIVIA DAY

On 4th July a Trivia Day was enjoyed by 52 Activity Ladies who participated with much gusto. This was followed by an excellent lunch. Thanks must go to Betty Luders for the organisation this entailed and thanks also to Audrey and the kitchen staff.

*Lorraine Evans, Secretary Melbourne Widow's Club*



## ADVICE/ASSISTANCE FROM LEGACY

Most Legacy Widows will be aware of the Contact Legatees in their local area who can provide advice and assistance when problems arise. Others are reminded that they can contact a Legatee on duty at Legacy House Melbourne between 10 a.m. and 3 p.m, Mondays to Fridays by visiting the 3rd Floor, Legacy House 3rd floor 293 Swanston Walk, Melbourne, or by telephoning 9663 3564.

Another opportunity for you to obtain advice from Legacy is at the monthly Widows Club Meeting - a Legatee attends these meetings and provides advice - see Club News Section of the newsletter.

## FREE HOME RENOVATION ADVICE

The Home Renovation Advisory Program is a free home inspection service. If you have home renovation work that needs to be done Melbourne Legacy suggests that you contact HARP for free expert advice and a cost estimate. We strongly recommend that contact with HARP should be the first step for any home maintenance work, except for any minor jobs. We also recommend that at least two quotations be obtained and that they be checked against the advice and cost estimate from HARP before entering any agreement to have the work done.

*An appointment can be made by "phoning" Joanne on 9670-3911*

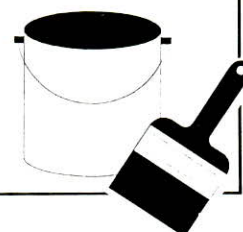


## HOUSING MAINTENANCE/RENOVATIONS

Melbourne Legacy provides an information service of names of tradesmen/contractors who are able to provide housing maintenance/renovation services. Widows may obtain names from our Tradesman's list by telephoning the Housing Clerk of Legacy House 9663 3564. However, PLEASE NOTE:-

**We do not accept responsibility for the standard of work carried out by those on the list**

Melbourne Legacy strongly recommends that at least two quotations be obtained for any home maintenance work, except for very minor jobs. We also suggest that wherever possible, use be made of the home inspection service which is available free of charge under the Home Renovation Advisory Program (HARP).





**CLAYTON LEGACY WIDOWS CLUB**

In June, June Johnstone ably demonstrated cosmetics from Fashion House & Products from Hamiltons. Our members are looking forward to visiting "Crown Casino", here's hoping we crack the jackpot! A special luncheon in early July will celebrate our club's 12th Birthday. Best wishes for a happy holiday to our members heading north to Cairns on a 23 day trip

Meetings 1st Fri at 1.30pm  
Pres- S Buckle 9560 9417  
H Sec - B Richardson 9579 2230  
Visits - L Roberts 9570 3620  
& S Masson 9807 1095

**COBURG LEGACY WIDOWS CLUB**

90 attended our AGM in June. We celebrated our 11th Birthday with a luncheon at "Roslyn Court", also a visit to the New Casino, entertainment with a 4 piece band and a Safeway Demo. We were saddened by the passing of Lillian Higgins. Warm wishes to our sick members.

Meetings 2nd Thurs at 10.30am  
Pres- U Van Prooyen 9306 8279  
Sec - D Hanna 9359 2231  
Visits- J Coomber 9354 5613

**CROYDON LEGACY WIDOWS CLUB**

We welcome many new members & hope they quickly make new friends. Santa in June at "The Gables" was once again an occasion to remember, thanks to Wendy. When you see Santa you realise you have only 5 months, sorry! Greetings to our sickies, housebounds and our members who are in hospital, keep smiling.

Meetings 1st Thurs at 12.45pm  
Pres - W Warwick 9761 9581  
Sec - N Briggs 9735 1407  
Visits - H Wilson 9786 0860

**DANDENONG LEGACY WIDOWS CLUB**

We enjoyed the Sunset Boulevard show, also Safeway Demo. There will be a trip to Danny Blume in August, date to be arranged. Hope all ladies on sick list will be back soon. Still a few seats for Port Macquarie Trip in Sept/Oct.

Meetings 2nd Wed at 1pm  
Pres - B Steer 9706 3273  
Sec - L Thomas 9792 0400

**DINGLEY LEGACY WIDOWS CLUB**

At our May AGM our Committee was re-elected except 2 members who resigned. We welcomed 2 new members. In May we had a trip to the Guide Dogs' Assoc. then lunch at Olympic Hotel in Preston. In June a game of bingo & a Dutch Auction in July, also a Safeway Demo. Some of our ladies & our Legatees are on the sick list and we hope they will be back with us before long.

Meetings every 2nd Monday of the month at 1pm  
Pres/Activities -  
M McCory 9799 8164  
Sec - B Crawford 9551 4792

**DONCASTER & TEMPLESTOWE WIDOWS CLUB**

Our members are enjoying the meetings, it may be cold out there, but our meetings are warm & caring. In June our interesting speaker was from School of the Air. 3/9 Torquay Ladies kindly invited us for a luncheon. 29/9 an outing to Mornington, TV memorabilia & lunch at Rye RSL. Hi to our sickies, hope you are feeling better, we miss you. God Bless.

Meetings held every 2nd Monday of the month at 11am.  
V. Pres - E Webb 9876 1424  
Sec - S Collings 9848 3131

**ELTHAM LEGACY WIDOWS CLUB**

In May we had an interesting talk given by a local resident, Bill Stommel who brought back memories of our girlhood days. Sadly we lost two more members, Effie Gamble and Daphne Beale. We enjoyed our Xmas in July Lunch. The programme for the next few months has been arranged. We welcome all members old and new.

Meetings held every 3rd Wednesday of month at 10.30am  
Pres - N Watson 9432 3312  
Sec - B Nelson 9439 2671

**ESSENDON LEGACY WIDOWS CLUB**

In June we had an interesting talk from Dr Jenny Bresdick CSIRO re viruses & bacteria. We continue to have other interesting speakers and outings. Our next big trip is 5 days in Merimbula. Our Meetings are well attended & our warm wishes go to ladies on our sick list at the moment. Also a warm welcome to our new members.

Meetings 3rd Thurs at 10.30am  
Pres - L Tozer 9481 3371  
H Sec - P Rathbone 9306 8734  
Soc Sec - V Bourke 9374 2519  
Visits- L McDougall 9379 1796

**FOOTSCRAY LEGACY WIDOWS CLUB**

In May we enjoyed a great day at Shepparton, SPC & the Equestrian Centre. In June we went to Smorgy's in Geelong. Get your diaries out, we have booked at Horseshoe Bend Farm Keilor for a combined Widows' Clubs picnic during Veterans' Affairs week, Wed October 15th.

Meetings 2nd Wed At 1pm  
Pres - L Russ 9314 7337  
Sec - P M Davidson 9314 7708



## HEALTH PROMOTION SEMINAR **TESTING FOR DIABETES**

**Date** - 22nd August

**Where** - Legacy House

**Time** - 11.30am.

On this day Meredith Williamson "The Health Educator" will advise you on how to recognise if you have diabetes and she will test each widow.

The test is a simple prick of the finger and the blood is tested immediately and you will be told the result. It is important to know this as diabetes has serious health complications for many parts of the body. If you are aware that you have diabetes, it can often be controlled without medication, but with correct diet and exercise.

This seminar is offered to Legacy widows, as part of the health promotion programme to assist widows to remain healthy and live independent lives.

## LEGACY SUNDAY SUNDAY 31ST AUGUST 1997

10am - Shrine Dedication Service

11am - St Paul,s Cathedral, cnr  
Swanston/Flinders Streets  
Melways Ref: 1A J10

12.30-3pm - Lunch at Hyatt Food Court,  
100 Collins Street  
Melways Ref: 1B L10

Widows and Junior Legatees \$7.50 per head.  
Legatees and Wives \$13.50 per person.  
Payable on booking with Joan Miller



## GENTLE EXERCISE CLASSES

Tuesday Classes 10.30am - 11.30am

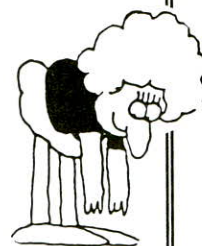
Class instructor: Bill Stevens

Friday Classes

Class instructor: Betty Luders

### NEW EXERCISE TIMES

1. 10.10am - 10.40am Chair
2. 10.45am - 11.12am Active
3. 11.30am - 12 noon Chair
4. 12.05pm - 12.35pm Chair
5. 12.40pm - 1.20pm Active



## MELBOURNE LEGACY HOME &



### HOSPITAL VISITS GROUP



Volunteers required to visit anyone who is sick, frail and disabled in their home, hostel or hospital - **this is a service for ladies who have no other visitors.**

**Please contact Joan Miller 9663 3564**

## WATER EXERCISE CLASSES

### City Baths 9 - 12 Noon

Some vacancies now exist  
at 10.15am or 11.10am.

Report to Betty Luders  
at the City Baths.

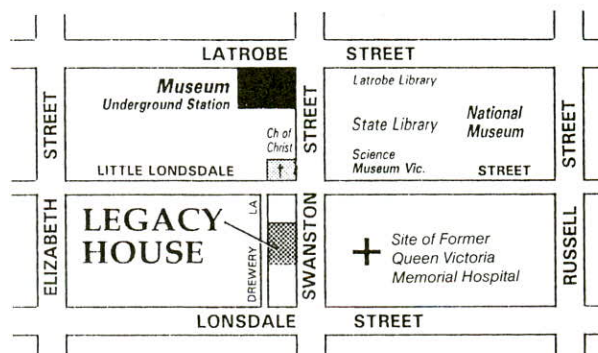


## Donations of goods for trading table

Donations of suitable gifts would be much appreciated for our trading table, anything saleable to raise funds for Legacy would be appreciated. *Please leave with Joan Miller.*

## YOUR CLUBROOMS AT LEGACY HOUSE, MELBOURNE

Clubrooms are open weekdays (10am to 3.30pm). All Legacy ladies with their guests (but no children under 14 yrs) are welcome to call in for a snack, a chat or just to rest.





## ***MONTHLY LUNCHTIME CONCERTS AT LEGACY HOUSE***

High on the list of "must not miss" are the monthly concerts arranged by Melbourne Legacy. Popular entertainers provide music, song and dance in the friendly atmosphere of Legacy House. Everyone loves those wonderful songs of yesteryear.

Concerts are free of charge and are held on the first Monday of every month at 1pm. A warm welcome awaits all Legacy Widows. Come and have a cuppa, something to eat and a chat in our clubrooms before or after the concert.









**HAMPTON LEGACY WIDOWS CLUB**

We had over 20 apologies last Meeting, but always a good turn up. We've had a demo of artificial flowers and a display of leather accessories. One of our Legatees keeps us informed each month of any news from Veterans' Affairs affecting members which is always helpful.

Meetings held on 1st Wed of month at 12.30pm  
Pres - N Smith 9592 8842  
Sec/S.Sec J Williams 9578 5204

**HASTINGS LEGACY WIDOWS CLUB**

Recently we celebrated our 2nd Birthday. Our numbers are continuing to grow. Treasurer Jean Leahy is retiring owing to ill health. Thankyou Jean for your good work. Last Meeting, member Grace Smith spoke of life in Hastings & Bittern, 70 odd years ago, very entertaining & interesting. We have a busy year ahead. Glad to see L'tee Rod Birch back with us again.

Meetings held every 1st Thursday of month at 10.30am.  
Pres - T Feaver (03) 5977 5646  
Sec - S.A. Pretty (03) 5977 5745

**HEALESVILLE LEGACY WIDOWS CLUB**

We've had a busy few months socially. Pres & Sec attended Upper Yarra Legacy's 10th Birthday Lunch. Our May guest speaker gave an interesting talk on incontinence. In June 16 members enjoyed soup & sandwiches at a local restaurant. Hello to our sickies, hope to see you soon.

Meetings 1st Wed at 1.30pm  
Pres - L Kerley 9730 2069  
Sec - N. Adams 9730 1532  
Visits - R Bottrell (03)5962 5440

**HEIDELBERG LEGACY WIDOWS CLUB**

In May we had a guest speaker, Colleen Tenni, Operations Manager at North Eastern Aged Care at Bundoora, the talk was most informative. 64 members & 2 Legatees were entertained at an Xmas in June lunch at Banyule Civic Centre. Since February, we have welcomed 6 new members, warmest wishes to sick and housebound members.

Meetings 2nd Mon at 11am  
Pres - V Keating 9459 1981  
H Sec.L. Curran 9459 8904  
Visits - M. Canty 9499 4144

**HIGHETT LEGACY WIDOWS CLUB**

We are having another happy year at Highett. In June we had a most informative talk on arthritis. Our bus trips each month are enjoyed by all members. Instead of a Bus Trip in September we have planned a luncheon at the Club. Our Social Secretary is back in action.

Meetings 3rd Mon at 1.30pm  
Pres - M Brooks 9555 7297  
H.Sec - J Thomson 9555 1029  
Soc Sec - C Davis 9570 3557  
Visits - T David 9555 5607

**KEW LEGACY WIDOWS CLUB**

Our Club has suffered a sad loss with the death on June 5th of our President, Clare Curnow. Every one of us can remember some kind deed which Clare gladly undertook for us. She was working for Legacy till the day before her death, & we know that was the way she would have wanted it. At our June AGM Doris Gibbons, a Past President, accepted office as our new President & Lena Brown is now Visit Co-ordinator.

Meetings held on 3rd Wednesday of month at 11am  
Pres - D Gibbons 9429 8636  
Hon Sec - B Wade 9859 1663  
Visits - L Brown 9857 6460

**KNOX LEGACY WIDOWS CLUB**

All 36 members are feeling good after our lovely 4 day trip to Corowa, The Autumn colours and the weather were glorious. Looking forward to a visit from Dame Phyllis Frost in August. Thanks to our Social Sec Berylyn for good entertainment throughout the year, especially the lovely Japanese Floral Silk arrangements enjoyed by us all at last meeting. New members very welcome.

Meetings held on 1st Monday of month at 12.30pm  
Pres - M Biggs 9801 7868  
Hon Sec - M Dodwell 9801 9705

**LILYDALE LEGACY WIDOWS CLUB**

In June we welcomed 2 new members. To the ladies going north to the warmer climate we wish them well. Dates to remember, August speaker from State Trustees, September Mt. Dandenong Antique Centre when precious items can be valued & perhaps their history told, bring an item with you. 21/10 Shepparton Equestrian Centre, lunch at Fruit Connection, cost \$25, put your name down so we can fill the bus, everyone welcome.

Meetings every 2nd Monday of the month at 1.00pm  
Pres - M Orford 9726 0238  
Hon Sec J Layton 9735 5646



## **MULTI-PURPOSE TAXI PROGRAMME**

*1st Floor, 598 Lygon Street, Carlton 3053  
Ph: 9345 4105/06 Hrs: 8.30am - 4pm. Monday to Friday*



Applicable for persons with medically certified permanent disabilities which denies them independent access to public transport. On application, a form will be posted to the person concerned who then presents it to their doctor for completion.

It is suggested that the applicant discusses the criteria with their medical carer and if he/she is supportive, request an application by phoning the above number. A card is issued to approved applicants entitling the holder to 50% discount on all fares up to a maximum of \$25 per trip.

## **LIONS HEARING DOGS INC.**



Lions Hearing Dogs Inc. is a project of the Lions Clubs of Australia. Hearing Dogs have been placed with Deaf and Hearing Impaired people in Australia since 1982. A Hearing Dog can give or restore independence and confidence to a Deaf or Hearing Impaired person. A Hearing Dog is trained to let its owner know, by touch when...

- the telephone rings...
- the kettle whistles...
- the smoke alarm is triggered...
- the alarm clock sounds...
- the baby cries...



They are identified by a bright-orange collar and lead and have an identity card with a photo of the dog and the Hearing Dog logo on it. This card is proof of the owner's right to take their dog into public places such as restaurants, theatres, shopping centres and public transport. (Hearing Dogs are trained quite differently from Guide Dogs for Blind People, but they have the same access rights).

**COST** - No charge is made to the Recipient for the Hearing Dog. A Sponsoring Service Club, usually a Lions Club, or a Lioness Club make the funds available for a Hearing Dog to be placed. If you or someone you know might benefit from a Hearing Dog - Please contact -

**Lions Hearing Dogs Inc, P O Box 164, Hahndorf SA 5245,  
PHONE (08) 8388 7836 FAX: (08) 8388 1299 TTY (08) 8388 1297**

## **THE GALLIPOLI SCHOLARSHIP FUND INC.**

In our June issue of "The Answer" on page 9 we reproduced an article which was run in the Veterans' Affairs Newspaper about a Scholarship Fund for lineal descendants of World War I Veterans.

We have since been advised that this offer applies only to Australian citizens who are resident in New South Wales. We sincerely apologise for passing on this misinformation and for the disappointment of those who were seeking to apply for a scholarship.



**MALVERN LEGACY WIDOWS CLUB**

Special thanks to Deidre Porter, our retiring Secretary. She held the position of President & then Secretary for the past 5-6 yrs & did a splendid job in both positions. Our ladies enjoyed a Yarra boat trip. We look forward to another successful happy year at Malvern, and welcome new members.

Meetings 3rd Tues at 10am  
Pres - H Pattinson 9510 3207  
Sec - D Wagstaff 9822 5762  
Visits - M Spain 9509 0612

**MITCHAM LEGACY WIDOWS CLUB**

A warm welcome to all ladies, hope you have escaped the flu. On 2nd July, we saw the film "Emma" & lunch. On 23rd July a talk by Anne Logan from Legacy. On 6th August our outing is Mirboo North & lunch at Grand Ridge Hotel. 27th Aug. we have a speaker from Austin & Repat Campuses.

Meetings 4th Wed at 1.00pm  
Pres - S Bowman 9874 5662  
Sec - H Smith 9873 2532  
Soc Sec - M Cummings 9874 7504

**MORNINGTON LEGACY CLUB**

50 members including 4 new members attended our June Meeting. L'tees H Miles, A. Quayle, K. Fyffe & R Birch were there to help widows with any problems. Best wishes to L'tee H Such who is going back to hospital. Lorna Moran is home from hospital & is improving. Our Pres M Sinclair is keeping well after time in hospital. Best wishes to Joan Miller.

Meetings held every 4th Wed of the month at 1.30pm  
Pres - M Sinclair (03)5975 5322  
H Sec - C Roberts (03)5975 2744

**NOBLE PARK WIDOWS CLUB**

We have had some nice trips, Variety on Parade, Warburton, 2 trips to Warragul & some nice entertainment and demonstrations after our meetings. We will be celebrating our 20th Birthday at our Annual October Meeting. We hope all our sickies are on the mend.

Meetings 3rd Wed at 1.00pm  
Pres - M Veal 9546 9110  
H Sec - M Lappin 9798 3971  
Soc Sec - D Spruce 9547 6078

**NORTHCOTE LEGACY WIDOWS CLUB**

Our 11th Birthday Lunch was celebrated on 3/6 followed by AGM. On 23/6 it was a special event as we accepted the resignation of our remarkable Treasurer Mrs Winnie O'Hehir who is now approaching 93 and has held office since the formation of our Club. She will remain on the Committee. We welcome our new Treasurer Thelma Treloar. Other positions were unopposed. Next outing will be a mystery trip.

Meetings 4th Monday at 1.00pm  
Pres - J Donald 9480 2101  
H Sec - E Newton 9484 1056  
Soc Sec - D Freeling 9470 6554

**NORTH BALWYN LEGACY WIDOWS CLUB**

We continue to have friendly meetings each month. We have had several members away because of sickness and some have been away to warmer places and visiting family members. We had a film morning with lunch at the Balwyn Cinema & will be arranging more soon. Our speaker for June was member Joan Wicks with a short talk about a recent trip to the Seychelles, then we had one of our "bring a plate" lunches. July speaker was Barbara Kinmont on "Patchwork Quilts."

Meetings every 4th Monday of month at 10.30am  
Pres - M Parker 9857 9574  
Sec - S O'Toole 9857 6280

**NUMURKAH LEGACY WIDOWS CLUB**

At our AGM in May, 21 members attended. We are a small club, so this was most encouraging. Our speaker in June was from Veterans Affairs. Cobram-Tocumwal Club invited us to their "Christmas in July" dinner. We hope to have a bus trip to Benalla to visit the late Sir Edward "Weary" Dunlop's memorial. Wishing all clubs the best of health for 1997-98

Meetings held every 2nd Tuesday of month at 2pm  
Pres - A Strong 03 5862 1537  
H.Sec - E McDonald 03 5862 1414

**PRESTON RESERVOIR LEGACY WIDOWS CLUB**

We have enjoyed interesting speakers. Robert Winther spoke of new things happening in our hospitals. Ann Logan helped us understand the needs of Legacy & how we may go about making a bequest. Our fund raising Fashion Show with lunch proved a success, so too a well attended trip to new Casino. Soon we hope to welcome back ladies on our sick list.

Meetings 2nd Wed at 1pm  
Pres - D Wilson 9478 7279  
H.Sec - F. Forte 9460 8681  
Visits - J Robertson 9478 7175

**RANGES LEGACY WIDOWS CLUB**

At our soup and sandwich luncheon in May we celebrated Madge Kollosche's 90th birthday. Congratulations to Madge. Constable John Brodie, flautist, from the Victorian Police Concert Band entertained us in June. We had our annual trip to Warburton to see "Variety on Parade". All activities were thoroughly enjoyed by everyone.

Meetings held each month on 4th Tuesday at 12.30pm  
Pres - N Armstrong 9754 2496  
H Sec B Prain (03) 5968 8379





### MCKENZIES CARE

*McKenzies will pick up passengers from Healesville office, Lilydale, Mooroolbark, Croydon, Ringwood, Mitcham, Box Hill Town Hall, Kew Depot, Batman Avenue.*

#### Thursday 14th August

##### **Geelong Legends Restaurant**

Lunch/Sing-along/Entertainment/

Afternoon Tea \$25.00 incl.

Batman Avenue 9am

#### Thursday 11th September

##### **Great Southern Woolshed - Ballarat**

Entry, Show & Lunch \$28.00 incl

Batman Avenue 9am

#### Thursday 9th October

##### **Studio City Mornington**

Entry and Lunch \$26.00 incl

Batman Avenue 9am

#### Thursday 13th November

##### **Vuulong Lavender Estate**

Entry and Lunch \$25.00 incl.

Batman Avenue 9am

#### Thursday 11th December

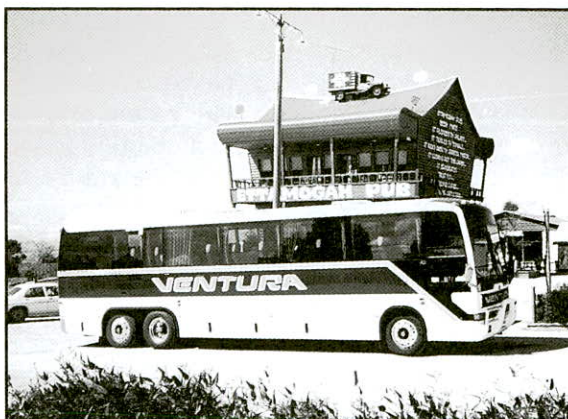
##### **Daylesford**

Tour and Lunch \$26.00 incl.

Batman Avenue 9am

Ring Joan Miller or Carol Robertson at Legacy House 9663 3564 for these or other special group bookings

Send Applications for day trips to Legacy House, P.O. Box 4312 PP, Melbourne GPO, 3001, in envelopes marked "Outings." Please include a stamped self-addressed envelope for return of tickets. Money orders or cheques made payable to Melbourne Legacy. Day trips do not include lunch unless specified. Please include a contact phone number. *Payment may be made by instalments if preferred.*



### VENTURA COACH TOURS

*Ventura Tours depart from 1037 Centre Road, Oakleigh South, Moorabbin Town Hall, & Spencer St Coach Terminal Bay 38*

*For exact departure times & direct bookings please call 9579-4811.*

**SEND CHEQUES TO: P.O BOX 317, SOUTH OAKLEIGH 3167**

#### Thursday 21st August

##### **Crown World of Entertainment**

Come & see Melbourne's premier entertainment venue. Try your luck on the many games available & enjoy lunch (conditions apply) at King's Buffet. \$7.00 per person (includes - lunch, conditions apply)

#### Friday 5th September

##### **Kyneton Daffodil Festival**

Visit Kyneton and see the "Golden Mile" of Daffodils followed by lunch at the Steam Mill Restaurant. Conclude the day with 2 local gardens inspections. \$34.00 per person (includes lunch)

#### Friday 19th September

##### **Tesselaar's Tulip Festival**

See the beautiful Tulips & other spring flowers in full bloom followed by a delicious picnic lunch at Silvan Reservoir. \$23.00 per person (includes lunch)

#### Wednesday 17th December

##### **Christmas Lunch at the Atrium in Mt Martha**

Join us on our annual Christmas Luncheon including Christmas Carols, Decorations & Santa Claus. \$38.00 per person (includes lunch)

For Ventura Coach Holidays see page 19

DAY TRIPS/OUTINGS



**SOUTHERN PENINSULA LEGACY WIDOWS CLUB**

There were 64 Members present at our June Meeting with 2 new members welcomed and 2 Legatees. Our Guest Speaker was Eunice Cain of the Ratepayers Association. Trips planned are to the Casino, a basket lunch film at Rosebud Cinema and Morning Melodies at Frankston Cultural Centre. We hope our sick members are feeling better and we look forward to seeing you back at our Meetings.

Meetings held on 3rd Monday of month at 1.30pm  
Pres. E Saxe (03) 5985 5472  
H Sec - A Thomas (03) 5985 4176  
Visits - E Saxe (03) 5985 5472

**SOUTHPORT LEGACY WIDOWS CLUB**

Thanks to our Legatees at Danish Club celebrations for their help & gifts, another great day. Trips to consider; August Maryborough, & Sept. Sorrento & ferry to Queenscliff. To the family & Kew Legacy Widows Club, our sympathy at the sudden passing of Clare Curnow, a wonderful lady & friend. A warm welcome awaits new members. Mark the calendar 31st Aug, Shrine, Church service & lunch at Hyatt.

Meetings held each 2nd Wednesday of month at 10.30am  
Pres - J Blanck 9690 1495  
Sec - G Gunn 9699 3514

**UPPER YARRA LEGACY WIDOWS CLUB**

At our AGM we welcomed a new Legatee & new members. Our 10th Birthday was enjoyable with 50+ members attending. We have a trip to Watsonia Army Barracks on 15th August and our stall on 29th Aug. Our luncheon is Sept 24th. Kind regards to Betty McRae, Marge Baker, Dorothy Adamson & all sickies. Au Revoir Lex Lillie & Albert Grulke, both having a well earned rest. Best wishes to Joan Miller.

Meetings held each month on the 1st Tuesday at 1.30pm  
Pres - N McMaster (03) 5967 1502  
H Sec - M Thompson (03) 5966 2779  
S Sec/Treas - J Elliott  
(03) 5967 1227 or (03) 5966 2112

**WARRAGUL LEGACY WIDOWS CLUB**

At our June meeting we had 72 members attending. We seem to be having new members join us each month. Mrs Denise Moorhouse spoke on "Lapidary" collecting rocks. We were able to see some of her collection. An "orchardist" came to speak to us in July.

Meetings are held on the 2nd Thursday of the month at 11am.  
Pres - C Phillips 03 5625 2190  
H Sec - B Dimmock 03 5623 2749

**WATSONIA LEGACY WIDOWS CLUB**

During May we had a most enlightening talk from Professor Suli on health, we also went to see Evita. In June we had Innovative Promotions and an outing to the cinema to see "The English Patient", all most entertaining.

Meetings 3rd Tues at 11am.  
Pres - E Halliday 9435 4228  
Hon Sec - A Wass 9435 4237  
Soc Sec - M Leehy 9459 3241

**WAVERLEY LEGACY WIDOWS CLUB**

This half year has gone so quickly, plans are well in hand for the next half, visits are being made from "seeing eye" dogs and product development amongst others. Also planned are visits to ABC radio, a tour of Geelong and to the Domain Chandon Wineries, with lunch at Yarra Glen. We hope you will all brave the winter where a warm welcome greets you new members being especially welcomed.

Meetings held every 3rd Wednesday of month at 1pm.  
Pres - L McLachlan 9807 2591  
Sec - D MacKenzie 9807 3958

**WESTERNPORT LEGACY WIDOWS CLUB**

Our meeting of "Hoy Game" was enjoyed by our members. To our Legatee Colin Strachan "hurry up and get better," also to a lot of our sickies, we hope to see you all soon. We are pleased that our Legatee Jack Parker is OK now. Day Trips will be soon coming up, hopefully with nice weather, so sickies, up and shine, so we can be on our way.

Meetings held on 3rd Wednesday of every month at 1.30  
Pres - H James (03) 5940 2082  
H Sec P Le Vette (03) 5997 1015

**WILLIAMSTOWN LEGACY WIDOWS CLUB**

We are in the midst of winter, but the RSL is still a welcoming warm place and attendances are still up. At our last meeting we were entertained by a local group. We recently enjoyed 2 trips. One to Legends in Geelong & Christmas in June at the Cuckoo. We hope that all our sickies are feeling better & back with us soon.

Meetings 2nd Tuesday at 10.30am  
Pres - P O'Brien 9397 5100  
Sec - M Love 9397 1443  
Visits - J Maddy 9314 3573



**BARGAIN!****Border Holidays**  
*Albury Central Motel***5 nights in Albury**  
**2 Adults**  
**only \$190.00**Staying in **Central Albury**  
Day Tours available**Telephone (060) 21 31 27**pay \$40 deposit – balance at time of stay  
(pensioners, use your free rail pass)*Guess who is  
going to China?***DENISE DRYSDALE**  
invites you to join her  
for 10 exciting days in  
Beijing! Denise is  
escorting a veryspecial tour for Interasia Tours and  
you can be a part of the fun.**ONLY \$1998**Denise's tour departs Melbourne on  
16th September and seats are limited,  
so don't miss out. For more  
information and a brochure.**Tel: INTERASIA TOURS 9523 6555.**

<b>INTERASIA</b> <b>9523 6555</b> Licence No.31708	Gwen has limited vacancies for her tour to <b>Europe, Scotland &amp; Wales</b> departs Sept.2nd for 4 weeks. 2 night stopovers throughout Europe & enjoy a group get-together prior to departure, high quality/ low cost tour. <b>Murray River Cruise</b> departing October 19th, 7 relaxing days on the river, fabulous meals and company.
<b>VENTURA COACHES</b> <b>9579 4811</b> Licence No. 31258	<b>9 Day Flinders Ranges</b> Departs 21st September, \$1.065 p/person <b>6 Day Batesman Bay/Canberra</b> Departs 20th October, \$490 p/person. <b>5 Day Adelaide "Xmas"</b> 23rd December \$550 p/person. <b>12 Day Tasmania "Xmas"</b> 23rd December \$1,425 p/person (Full) \$1,325 p/person (pens)
<b>VERONICA'S TOURS</b> Licence No 31561 Phone: 9434 2501	<b>11 Day Queensland</b> including 4-nights Maryborough; 3-nights Fraser Island; 3-nights Hervey Bay including a full day cruising with "The Whales". 4 Star Accommodation, all meals included. Many attractions every day. Departs 9 Sept. <b>Also 9 Day Queensland</b> including 3 nights Brisbane; 6 nights O'Reilly's Guesthouse. Departs 21 Oct.
<b>QUINCES</b> 9568 1122 Licence No. 30568	<b>8 Day Flinders Ranges &amp; Roxby Downs</b> Departs 8/8 \$950. <b>4 Day Canberra "Floriade"</b> Departs 7/10 \$399. <b>6 Day Kangaroo Island &amp; South Coast</b> Departs 9/10 \$699. <b>8 Day Scenic Tasmania Sea/Coach/Air</b> Departs 22/10 \$950.
<b>ROSEBUD</b> <b>9337 1554</b>	<b>18 Patterson Street and 6 Fifth Avenue.</b> Bookings & Tariff details phone Alice after 7pm.

Cancellation Policy is utilised by all registered travel agents. Cancellation fees are payable on a sliding scale according to the number of days prior to departure the cancellation occurs. No refund is available if the Travel Agent has not been notified prior to departure, or if the traveller fails to join the tour, or leaves before the tour has been completed. Once final payments have been made to the Tour Operator, Legacy is bound by the Agreement. Ladies are advised to contact their Insurance Agent re Travel Insurance.

**HOLIDAY PAGE**



## VICTORIAN DEAF SOCIETY H.E.A.R. SERVICE

### What is the H.E.A.R. Service?

H.E.A.R. Service provides programs for people with hearing loss, for their families and friends, for those working with hearing impaired people and for members of the community.

### Telephone Enquiry Service

Available between 9.00am and 5.00pm weekdays to answer queries about all aspects of hearing and aspects of hearing and hearing loss including:

- hearing assessments
- assistive listening devices
- tinnitus (head noises)
- hearing aids
- aural rehabilitation & communication therapy
- community services and resources

*enquiries in person by appointment*

### Display of Assistive Devices

Demonstrations are available by appointment including:

- telephone devices
- alarms, doorbells & alarm clocks
- radio and television devices
- TTYs (Telephone Typewriters)

### Group Courses

Courses are conducted at East Melbourne and at suburban centres for adults with hearing difficulties, their friends, families and the community.

- Managing Your Hearing Loss course
- Stress Management course
- Information sessions
- Tinnitus Management
- Information sessions
- Self Help groups

*Course details can be provided on request*

### Hearing Aids

H.E.A.R. Service offers hearing testing and hearing aid fitting by qualified Audiologists. Some clients are eligible for reduced price hearing aid scheme.

**FOR FURTHER INFORMATION** Telephone H.E.A.R. (03) 9657 8199 TTY: (03) 9657 8152 or visit their Display Centre at 101 Wellington Parade South, East Melbourne, Vic 3002, 9.00am to 5.00pm weekdays.

### STAMP REPORT

I shall start off with the good news by telling you the last cheque received brings the grand total to \$101,364.62. That total shows what can be done with little effort by saving and collecting stamps of any kind. When the Herald Sun truck delivered over 3 ton of envelopes from the BMW competition to me in March I thought this would be a great boost to Legacy. None of these envelopes are opened, but I am sorry to say we are not getting the number of unfranked or cancelled stamps returned to us as should be. These stamps we like you to just tear the corner off on the double with plenty of paper. We can open out, and trim them leaving the required inch of paper around the stamp as our registered buyer asks for. Legacy is there to help you, so please do the right things to help them. Please ring me with any queries you may have.



**Beryl Billing, 9546 9208**

**PS. Please leave 1 inch around unfranked stamps**



♪ **MORNING MELODIES** ♪  
*Concert Hall - 1.30pm - \$8.00*



**Thurs 21 August** John MacNally in Concert - Irish Tenor

**Wed 10 Sept** Black Tie's Morning of Popular Classics - Con & Yuri Mavridis, together with their wives cellist Susan & pianist Valerie present a programme of Gershwin, Puccini, Lloyd Webber, Bizet, Rachmaninoff.

**Friday 3 Oct** Unforgettable - A Tribute to Nat King Cole Shane Hewitt & guest Nichaud Fitzgibbon

**Wednesday 12 Nov** The State Orchestra of Victoria - Around The World in 60 Minutes, Special Guest Margaret Haggart.

**Thursday 11 December**  
 Christmas Melodies

Advance payment now required.

Contact Joan Miller

## TRAK CINEMA

445 Toorak Road, Toorak

FILM LUNCHES \$8.50 PER HEAD

Films commence 11am

### AUGUST

"One Fine Day"

"Bean"

"Everyone says I Love You"

"Mother"

### SEPTEMBER

"Michael"

"Marvin's Room"

"To Gillian"

"Paradise Road"



PALACE

Bookings Taryn Lupton

or Kim Petalas Tel: 9817 6421

## Jekyll & Hyde

THE MUSICAL THRILLER



### Her Majesty's Theatre

Wednesday 19 November

1pm \$39.00

Saturday 29 November

2pm \$39.00

Stewart & Tricia Macpherson proudly present the premiere Australasian production.

From the Novella "The Strange Case of Dr. Jekyll and Mr Hyde"

### Forthcoming Attraction

## The PHANTOM of the OPERA



The LEGEND returns to the Princess Theatre in December for a strictly limited season

*Details to be confirmed*

Enquiries Joan Miller or Carol Robertson 9663 3564. Written applications to Legacy House P O Box 4312PP Melbourne 3001. Mark envelope "outings" cheques/ money orders payable to Melbourne Legacy. Payment must be at least one month prior to show. Tickets not paid for will NOT BE held.

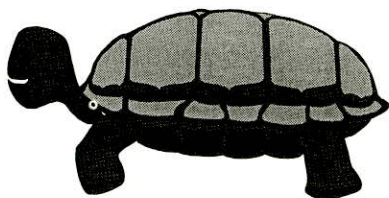
THEATRE MATINEES



# Contributions Page

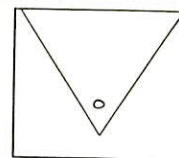
## **Beautitudes for the Elderly** from St Sampson's Centre York England

Blessed are they who understand  
my faltering steps and shaking hand  
Blessed are they who know my ears today  
must strain to catch the things they say  
Blessed are they with cheery smile  
who stop to chat for a little while  
Blessed are they who never say  
"You've told that story twice today"  
Blessed are they who make it known  
that I'm loved, respected and not alone.



*Sent in by M Grecian  
Bennettswood Legacy*

## **POCKETFUL OF NONSENSE**



I wish I had a pocket in my dress  
In skirts, slacks or what else.  
So many hands cold and hankies lost  
Because fashion does not decree  
That a pocket is a necessity.  
Why should it be a male monopoly  
To have such a quantity?  
When we have so few.  
So, designers, please ensure us a pocket  
Or possibly two!

*Mrs H N L Light, Mornington*

## **RECIPES** BY K. HOCKING

### **FIG JAM**

6lb figs, 2 lemons, 4½lb sugar

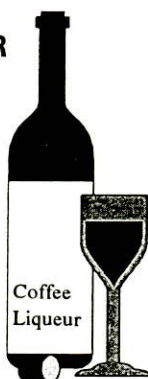
Cut up figs, overnight cover with half of sugar. Next day bring to boil and add rest of sugar. Boil until when tested it sets.



### **COFFEE LIQUEUR**

1 Bottle Whisky,  
2 tins condensed milk  
3 tins carnation milk,  
1 teaspoon glycerine  
1 teaspoon vanilla,  
1 tablespoon coffee (Liquid)  
1 tablespoon water

Beat altogether, makes 3 bottles



## **THE NOTICE BOARD**



Looking around for the "Little Girls' Room"  
on my travels in U.S.A.,  
in these lovely gardens at last I saw  
an arrow that pointed the way.  
I descended a steep stone staircase  
with a rail to hold onto,  
(this was a place to film "Murder She Wrote",  
or "The Case of the Haunted Loo"!)

Anticipating a hit on the head,  
I finally found a door;  
When my eyes got used to the darkness there,  
what do you think I saw?  
Above the adjacent cubicle  
I was able to read with ease,  
a notice in lettering bold and clear  
said: "Wheel-chairs only, please"!

I couldn't believe it was "dinkum" and yet  
it was (much to my delight),  
for after descending those dark stone steps,  
that's just what an Aussie might write!  
And suddenly I was home-sick,  
(why do I travel, I wonder?)  
I climbed back into the Yankee sun..  
an Aussie from "down under".

*Ruth Whyte, Chadstone*

**You never know what lies ahead if  
you keep looking back**

*Sent in by Win Hartley, Hampton*



## BEING 80

*These words were given to Mrs Winkie Brown of Malvern Legacy Club on her birthday.*

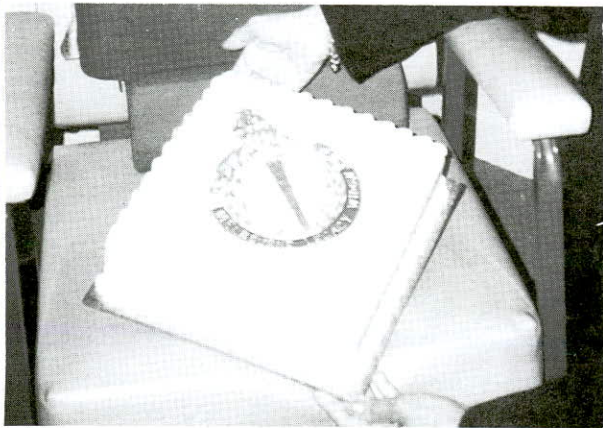


Once you reach 80 everyone wants to carry your baggage and help you up steps. If you forget your name or anybody else's, or promise to be in three places at the same time, or cannot remember how many grandchildren you have, you need only explain that you are 80! Being 80 is a lot better than being 70. At 70 people are mad at you for everything. At 80 you have a perfect excuse, no matter what you do. If you act foolish, it's your second childhood.

Being 70 is no fun at all. At that age they expect you to retire and complain about your arthritis and you ask everybody to stop mumbling because you cannot understand them. (Actually your hearing is about 50% gone).

If you survive until you are 80, everybody is surprised that you are still alive. They treat you with respect just for having lived so long. Actually they seem surprised that you can walk and talk sensibly. So please, folks, try to make it to 80. It's the best time of your life. If you ask me, life begins at 80!

***Mrs Brown also sent the photo below of a beautiful cake decorated with the Legacy Logo made for her by the chef where she lives at "Hawthorn Grange" retirement accommodation, Mrs Mareen Stevens. Malvern Legacy raffled the cake and raised \$80.00.***



**A Group of Melbourne Legacy Ladies were invited to join the Central Gippsland Legacy Widows Picnic at Glen Crombie in March.**

## GROWING OLD

I'm growing old  
I'm growing blind  
I'm deaf as well  
but that's my kind.  
My legs are heavy'  
as heavy as lead.  
I've gotta watch  
where ever I tread  
If I have a fall  
and hit my head  
I'm sure to land back  
in a hospital bed  
I have a frame -  
they're all the same;  
I have to use one  
and that's a shame.  
Why do all these things  
happen to me, when  
I'm only just turning 93.

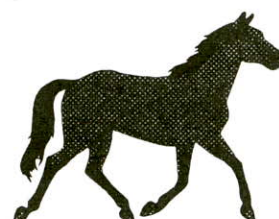
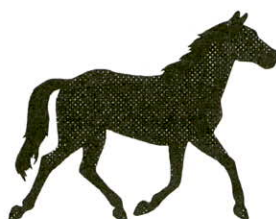
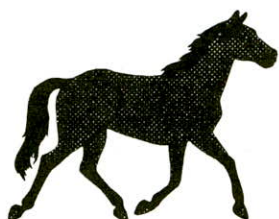
***Written by Mrs E A Cooper WWI  
Widow from Merrigum & sent in by  
Mrs Sylvia Germain of Croydon***





## BACK TO CAULFIELD

***Hot off the press as I write is news that the Victoria Amateur Turf Club will hold its 3rd "Back to Caulfield" Raceday on Sunday September 7th.***



It seems certain now that this Race Day - which was inaugurated in 1995 to mark the 50th anniversary of the end of World War II - will be an annual event. This year's meeting will commemorate the 25th Anniversary of the withdrawal of Australian Troops from Vietnam in December 1972.

As part of the special race day the V.A.T.C. allows free entry for veterans and Legacy widows - be sure to wear your Legacy Widows Badge as identification,. Widows Clubs may like to organise an outing to coincide with this event. It is a most enjoyable day.

We will again conduct a Service of Remembrance by the historic Gallipoli "Lone Pine" seedling which was presented to Caulfield by Melbourne Legacy in 1995. The Ceremony will take place at 11.15am. The seedling, which has grown into a superb specimen, is situated in front of the Administrative Building.

I hope you will join us on this occasion too. Our "Lone Pine" Ceremony is also becoming a part of the Race Day tradition - we are creating an event of special significance to not just the veteran community, but to the community as a whole.

I know it is early days, but let's look forward to the fourth annual event. It might well be Legacy's 75th anniversary that the V.A.T.C. will honour!

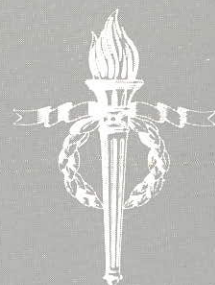
Warm regards and don't hesitate to call me for more information.

***Susie Howard at Legacy House  
Fund Raising/Public Relations Officer***





# THE ANSWER



A NEWSLETTER FROM MELBOURNE LEGACY

Issue 223 - June, 1997

Published by: Junior Legacy,  
Melbourne, (ACN 004 301 348)  
Print Post Approved PP 349181/00313

Dear Ladies,

So much to discuss in this issue! Legacy's 66th Annual ANZAC Commemoration Ceremony for Students attracted an attendance of more than 3000 students from various schools and the occasion received very good media coverage.



The perfect autumn weather ensured a large attendance at the ANZAC March. Special thanks to the ladies who prepared the rosemary sprigs which brought favourable comment.

The March Concert was a great success & those present appreciated the entertainment provided by the Victoria Police Concert and Pipe Bands.

You will all be pleased to know that Joan Miller is doing well after her operation and she thanks you for the many cards, letters and good wishes to speed her recovery.

Best Wishes.

*Legatee (Salty) Saltmarsh  
Committee Chairman*



Snr Constable Carbery from the Victoria Police Concert Band with the happy audience at the Legacy March Concert (Photos on pages 12/13)

**MELBOURNE LEGACY:** Address - Legacy House, 293 Swanston Walk, Melbourne 3000  
Telephone (03) 9663 3564 Fax (03) 9663 3015 President - Legatee B.G. Luscombe  
Patron - His Excellency the Honourable Sir James Gobbo AC  
Governor of Victoria

**WALK WITH CARE** - Article Page 5 - Key Messages for your Safety as a Pedestrian





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## From The Editor:

I wish to take this opportunity to thank everyone who has forwarded their best wishes, their prayers, cards, gifts and flowers following my surgery. One of the components that aids recovery is the love and support from those you know and respect. I am indeed lucky to be part of such a loving Legacy family.

Love to you all  
**JOAN.**



## ANNUAL SHRINE CEREMONY CHURCH SERVICE & LUNCH AT HYATT SUNDAY 31ST AUGUST

10am - Shrine of Remembrance  
11am - Service at St. Paul's Cathedral  
12.30-3pm - Hyatt in Collins St for lunch

Widows & Junior Legatees \$7.50 per person  
Legatees & Wives \$13.50 payable on booking



Legacy Ladies making the thousands of rosemary sprigs for the ANZAC Students' Service and the ANZAC Parade marchers.

## FUTURE ISSUES OF "THE ANSWER"

We will publish three further issues of "The Answer" in 1997.

### ISSUE COPY DEADLINE DISTRIBUTION

Aug 97	1 Jul 97	Last week Jul 97
Oct 97	1 Sep 97	Last week Sep 97
Dec 97	1 Nov 97	Last week Nov 97

**When you send us your recipes, poems, short stories, & jokes, if possible please identify the author of any item that is not your own original work & confirm that clearance has been given for publication. Photographs must be in sharp focus and have good lighting with caption on a separate sheet.**

## 1997 BADGE APPEAL CALLING WORLD WAR ONE WIDOWS



For the past few years as a prelude to "Legacy Week" a special luncheon has been held for WWI widows which coincides with their monthly meetings at Legacy House.

For those who perhaps cannot usually get along to the meetings, but would like to join in the luncheon the date will be:

**THURSDAY 14TH AUGUST 1997**

The meetings commence at 11am and the luncheon will be at 12 noon. You are welcome to attend both. Please advise Susie Howard at Legacy House on 03 9663 3564 if you wish to attend.

Of course we will be nearing that all important "first Friday in September" when we hope the community will respond to Legacy's Annual Appeal. From our last issue of The Answer we received calls of assistance from Legacy Widows who have kindly offered to assist by taking a small packet of badges which they sell to family and friends.

If you missed last month's issue and would like to assist Legacy, please just call Susie at Legacy House. She will welcome your call.



## CHILDREN'S WATERSKIING CAMP

What a great weekend of sun, water sports and activities!! O.K. I'll tell the truth, we all froze on the Saturday, the jumpers were pulled out from the bottom of our bags whilst only the bravest of children dove into the icy waters of Lake Eppalock. I myself am not stupid and offered to cook the breakfast, lunch and dinner all over a nice HOT stove...

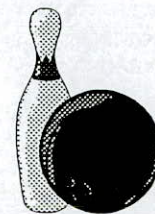
Overall the weekend was a great success with quite a few new faces on the camp. Some of the activities that we had were; waterskiing, kneeboarding, swimming and mud dunking (Where the children choose a leader and throw them in the mud pit).

As you can see from the programme below we have heaps more camps and day activities coming up soon, so mark the dates on your calendar. Hope to see you kids all soon!!

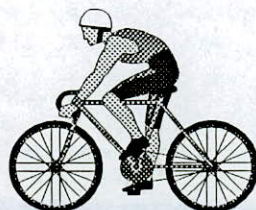
***Meiling Clucas, Youth Group Leader***



## YOUTH COMMITTEE ACTIVITY CALENDAR



JUNE '97	29th	BBQ/Roller Blading	All & Mothers
JULY '97	13th	Go Karts/BBQ	All & Mothers
AUGUST '97	To be advised 9th 22nd to 27th	Pilgrimage to Shrine Basketball SE Melbourne Magic Downhill Skiing	All & Mothers All & Mothers 12 - 17
SEPTEMBER '97	21st 24th to 26th To be advised 24th	Luna Park Rafting Expedition Leadership Training Day Outward Bound Info. Night	All & Mothers 12 - 17 All Leaders 18 +
OCTOBER '97	17th to 19th 17th to 19th	Junior Legatees Camp Horseriding	7 - 13 13 - 17
NOVEMBER '97	16th To be advised	Rock Climbing Day (Altona) Outward Bound Walk	7 - 13
DECEMBER '97	7th	Christmas Party	All & Mothers
JANUARY '98	2nd to 11th Throughout year	Camp Various Outward Bound Courses	7 - 17 18 +



***Dates are subject to change,  
but everyone will be notified.***





**JUNE**

<b>MONDAY</b>	<b>2ND</b>	<b>FREE CONCERT AT LEGACY HOUSE</b>		<b>1.00 P.M.</b>
<b>TUESDAY</b>	<b>3RD</b>	<b>SWIMMING AT CITY BATHS</b>	<b>EXERCISES</b>	<b>10.30 A.M.</b>
<b>TUESDAY</b>	<b>3RD</b>	<b>CRAFT WORKSHOKP</b>		<b>11.00 A.M.</b>
<b>WEDNESDAY</b>	<b>4TH</b>	<b>BOWLS 10.30AM</b>	<b>MORNING MELODIES</b>	<b>1.30 P.M.</b>
<b>THURSDAY</b>	<b>5TH</b>	<b>PAINTING</b>		<b>11.00 A.M.</b>
<b>FRIDAY</b>	<b>6TH</b>	<b>KEEP FIT - SEE PAGE 11</b>		
<b>MONDAY</b>	<b>9TH</b>	<b>LEGACY HOUSE CLOSED</b>		
<b>TUESDAY</b>	<b>10TH</b>	<b>SWIMMING AT CITY BATHS</b>	<b>EXERCISES</b>	<b>10.30 A.M.</b>
<b>TUESDAY</b>	<b>10TH</b>	<b>CRAFT WORKSHOP</b>		<b>11.00 A.M.</b>
<b>WEDNESDAY</b>	<b>11TH</b>	<b>BOWLS 10.30 AM</b>	<b>MATINEE RED HOT &amp; RHONDA</b>	<b>2.00 P.M.</b>
<b>THURSDAY</b>	<b>12TH</b>	<b>DAY TRIP TO RUPERTSWOOD MANSION</b>		<b>9.00 A.M.</b>
<b>THURSDAY</b>	<b>12TH</b>	<b>PAINTING 11AM</b>	<b>WWI GROUP</b>	<b>11.00 A.M.</b>
<b>FRIDAY</b>	<b>13TH</b>	<b>KEEP FIT - SEE PAGE 11</b>		
<b>SATURDAY</b>	<b>14TH</b>	<b>RED HOT &amp; RHONDA</b>		<b>2.00 P.M.</b>
<b>MONDAY</b>	<b>16TH</b>	<b>BOWLS</b>		<b>10.30 A.M.</b>
<b>TUESDAY</b>	<b>17TH</b>	<b>SWIMMING AT CITY BATHS</b>	<b>EXERCISES</b>	<b>10.30 A.M.</b>
<b>TUESDAY</b>	<b>17TH</b>	<b>CRAFT WORKSHOP</b>		<b>11.00 A.M.</b>
<b>WEDNESDAY</b>	<b>18TH</b>	<b>WIDOWS CLUB COMMITTEE MEETING</b>		<b>10.30 A.M.</b>
<b>WEDNESDAY</b>	<b>18TH</b>	<b>CARDS</b>		<b>12.30 P.M.</b>
<b>THURSDAY</b>	<b>19TH</b>	<b>PAINTING</b>		<b>11.00 A.M.</b>
<b>FRIDAY</b>	<b>20TH</b>	<b>KEEP FIT - SEE PAGE 11</b>		
<b>MONDAY</b>	<b>23RD</b>	<b>BOWLS</b>		<b>10.30 A.M.</b>
<b>TUESDAY</b>	<b>24TH</b>	<b>SWIMMING AT CITY BATHS</b>	<b>EXERCISES</b>	<b>10.30 A.M.</b>
<b>TUESDAY</b>	<b>24TH</b>	<b>CRAFT WORKSHOP</b>		<b>11.00 A.M.</b>
<b>WEDNESDAY</b>	<b>25TH</b>	<b>CARDS</b>		<b>12.30 P.M.</b>
<b>THURSDAY</b>	<b>26TH</b>	<b>PAINTING</b>		<b>11.00 A.M.</b>
<b>FRIDAY</b>	<b>27TH</b>	<b>KEEP FIT - SEE PAGE 11</b>		
<b>MONDAY</b>	<b>30TH</b>	<b>BOWLS</b>		<b>10.30 A.M.</b>

**JULY**

<b>TUESDAY</b>	<b>1ST</b>	<b>SWIMMING AT CITY BATHS</b>	<b>EXERCISES</b>	<b>10.30 A.M.</b>
<b>TUESDAY</b>	<b>1ST</b>	<b>CRAFT WORKSHOP</b>		<b>11.00 A.M.</b>
<b>WEDNESDAY</b>	<b>2ND</b>	<b>BOWLS 10.30 AM</b>	<b>SUNSET BOULEVARD</b>	<b>1.00 P.M.</b>
<b>THURSDAY</b>	<b>3RD</b>	<b>PAINTING</b>		<b>11.00 A.M.</b>
<b>FRIDAY</b>	<b>4TH</b>	<b>KEEP FIT - SEE PAGE 11</b>		
<b>MONDAY</b>	<b>7TH</b>	<b>FREE CONCERT AT LEGACY HOUSE</b>		<b>1.00 P.M.</b>
<b>TUESDAY</b>	<b>8TH</b>	<b>SWIMMING AT CITY BATHS</b>	<b>EXERCISES</b>	<b>10.30 A.M.</b>
<b>TUESDAY</b>	<b>8TH</b>	<b>CRAFT WORKSHOP</b>		<b>11.00 A.M.</b>
<b>WEDNESDAY</b>	<b>9TH</b>	<b>BOWLS</b>		<b>10.30 A.M.</b>
<b>THURSDAY</b>	<b>10TH</b>	<b>DAY TRIP TO SKY HIGH RESTAURANT, MT DANDENONG</b>		<b>9.00 A.M.</b>
<b>THURSDAY</b>	<b>10TH</b>	<b>PAINTING 11 AM</b>	<b>WWI GROUP</b>	<b>11.00 A.M.</b>
<b>FRIDAY</b>	<b>11TH</b>	<b>KEEP FIT - SEE PAGE 11</b>		
<b>MONDAY</b>	<b>14TH</b>	<b>BOWLS</b>		<b>10.30 A.M.</b>
<b>TUESDAY</b>	<b>15TH</b>	<b>SWIMMING AT CITY BATHS</b>	<b>EXERCISES</b>	<b>10.30 A.M.</b>
<b>TUESDAY</b>	<b>15TH</b>	<b>CRAFT WORKSHOP</b>		<b>11.00 A.M.</b>
<b>WEDNESDAY</b>	<b>16TH</b>	<b>WIDOWS CLUB COMMITTEE MEETING</b>		<b>10.30 A.M.</b>
<b>WEDNESDAY</b>	<b>16TH</b>	<b>CARDS</b>		<b>12.30 P.M.</b>
<b>THURSDAY</b>	<b>17TH</b>	<b>PAINTING</b>		<b>11.00 A.M.</b>
<b>FRIDAY</b>	<b>18TH</b>	<b>KEEP FIT - SEE PAGE 11</b>		
<b>MONDAY</b>	<b>21ST</b>	<b>BOWLS</b>		<b>10.30 A.M.</b>
<b>TUESDAY</b>	<b>22ND</b>	<b>SWIMMING AT CITY BATHS</b>	<b>EXERCISES</b>	<b>10.30 A.M.</b>
<b>TUESDAY</b>	<b>22ND</b>	<b>CRAFT WORKSHOP</b>		<b>11.00 A.M.</b>
<b>WEDNESDAY</b>	<b>23RD</b>	<b>CARDS</b>		<b>12.30 P.M.</b>
<b>THURSDAY</b>	<b>24TH</b>	<b>PAINTING</b>		<b>11.00 A.M.</b>
<b>FRIDAY</b>	<b>25TH</b>	<b>KEEP FIT - SEE PAGE 11</b>		
<b>MONDAY</b>	<b>28TH</b>	<b>BOWLS</b>		<b>10.30 A.M.</b>
<b>TUESDAY</b>	<b>29TH</b>	<b>SWIMMING</b>	<b>EXERCISES</b>	<b>10.30 A.M.</b>
<b>TUESDAY</b>	<b>29TH</b>	<b>CRAFT WORKSHOP</b>		<b>11.00 A.M.</b>
<b>WEDNESDAY</b>	<b>30TH</b>	<b>BOWLS</b>		<b>10.30 A.M.</b>
<b>THURSDAY</b>	<b>31ST</b>	<b>PAINTING</b>		<b>11.00 A.M.</b>

The Newsletter provides information on a range of services for the benefit of our ladies. Items are welcomed for inclusion. However as publication does not necessarily mean endorsement Legacy cannot be held responsible for non-performance of goods and services. A decision to proceed is entirely at the discretion of the individual.



**WALK WITH CARE**

## *Key Messages For Your Safety as a Pedestrian*

### **MAKING YOUR ROAD CROSSING EASIER AND SAFER**

- Wherever possible, cross at traffic lights or on a marked pedestrian crossing
- If you cannot cross at traffic lights or on a pedestrian crossing, try to cross where there is a median strip or a refuge in the middle of the road.
- When crossing a road divided by a median strip or refuge, concentrate on the traffic immediately to your right. When it is clear, make your way to the median/refuge in the centre of the road and complete your crossing when there is not traffic to your left.
- Avoid crossing undivided roads (without a median or refuge), as you may have to cross up to 4 lanes of traffic or you may have to stop in the middle of the road.

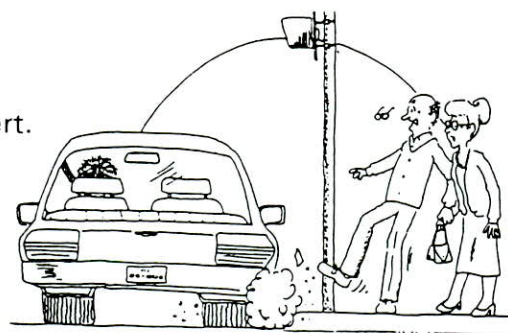


### **MAKING YOURSELF MORE VISIBLE**

- Avoid crossing between or behind parked cars on hills or bends, as drivers may not see you and you may not have clear view of approaching traffic
- Make eye contact with the drivers of approaching vehicles, especially those who are making right or left hand turns
- Wear bright clothing and/or accessories (wrist band, scarf, bag, or umbrella). Orange, red, yellow and white are bright colours; avoid wearing black, navy, grey, brown and green as these are dull and difficult to see.

### **EXPECT THE UNEXPECTED**

- Keep looking around you while crossing the road, be alert.
- When crossing at intersections, make eye contact with drivers of turning vehicles. Never assume a driver has seen you.



### **REDUCING YOUR TIME ON THE ROAD**

- Walk straight across the road by the shortest most direct route
- Plan the safest route. This may not necessarily be the quickest
- Where possible, plan your outings around the quiet time of the day, between 10.00am and 3.00pm.
- If it is busy or you do not feel safe crossing the road, ask for assistance. Most people are pleased to assist.

*For more information, please phone Sharon Wishart at VicRoads on (03) 9345 4497*



# ESCAPE THE WINTER BLUES

## ANSETT AIRLINES

Ansett Airlines provides a Seniors Flyers Fare for passengers aged 60 years or more. There is up to 60% discount on full economy air fare depending on flight destination and seat availability. Some of the main conditions applicable are:

- The passenger must pay within 3 days of booking at an Ansett Travel Centre or Agency
- The passenger(s) must produce proof of age
- There are no refunds on these tickets, however they can be exchanged subject to seat availability
- Tickets are not transferable

There are other concessions available on a regular basis.

For more information contact: Ansett on 131 300 for details.



## QANTAS AIRWAYS

Qantas has similar concessions to Ansett; ie: Senior Flyers Fare with up to 60% discounts. There are big discounts for persons 60 years and over, depending on requested destination and seat availability. Some of the conditions applicable are:

- The passenger must produce proof of age
- The tickets must be paid for within 3 days of booking and at least 5 days before departure
- Tickets are non-refundable, however, they can be changed at least 5 days before travel subject to seat availability.
- Tickets are not transferable.

There are other concessions available on a regular basis.

For more information contact: Qantas Domestic on 13 13 13 for details.

## Introducing Mrs Ann Logan, Melbourne Legacy's Bequest Officer

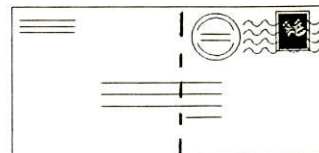
Presidents of Metropolitan Area Widows' Clubs have already received a letter of introduction from Ann. She is looking forward to meeting as many of you as possible through club meetings and will also take the opportunity to make personal visits to widows at home. Ann will be pleased to let you know how you can help Legacy. At the same time a key aspect of Ann's work is to gather feedback about what the major needs of Legacy will be as we head into the 21st Century. Your input will greatly assist her. Please remember that Legacy is here to help you and it is important to us that your needs are being met. If you would like to contact Ann call her at Legacy House or on 0411 751 412. To those who have already warmly welcomed Ann, thank you.



## STAMP REPORT

Ladies please help me to work to our stamp buyer's rules. To prevent us losing hundreds of dollars, would you kindly:

- CUT OR TEAR STAMPS OFF THE ENVELOPES ON THE DOUBLE
- LEAVE AT LEAST 1 INCH OF PAPER AROUND THE STAMP



This way we can open them out and still obtain the required amount round the stamp.

The unfranked ones, (those not cancelled by the Post office), are checked, then made into bundles of 200. For those with 1 inch of paper around we are paid 45% face value.

Those that have been cancelled are sold by weight, so by cutting them too close we lose money. To be cleaned they must be soaked in hot water then spread out to dry for 2 days. If you visit the clubrooms any Tuesday morning you will see that there is much more to do than collecting the stamps.

**BERYL BILLING 9546 9208**



# PROJECT 97 PLUS

## *TAKING A GOOD LOOK AT OURSELVES*

Melbourne Legacy has commenced a review of the whole organisation and its operations - the review will be known as Project '97 Plus.

The review will be carried out within the terms of Melbourne Legacy's current statements of purposes. They are seen as having stood the test of time.

The purpose of the project is to make sure that Melbourne Legacy is well managed and efficiently organised, with the people and funds required to continue to meet important needs for many years ahead.

It is hoped that the review will be completed within the next 6 months and that any changes to be made as the result of the review will be put under way early in 1998.

### **SUBMISSIONS ARE INVITED**

We would like to receive comments and suggestions from all sections of the Legacy family - particularly from the people Legacy is attempting to help (Legacy Widows and Dependents).

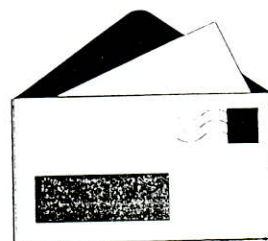
Please tell us your own personal views about:-

- Things that we do well
- Areas where we could do better
- New things we could be trying to achieve

We would like you to include your name, address and phone number so that we can follow up the matters that you raise. However, if you would like to remain anonymous just tell us your postcode and how you are associated with Legacy (eg Widow of WWII veteran).

Please send your contribution as soon as possible addressed to:

**Project 97 Plus Secretariat  
Melbourne Legacy  
GPO Box 4312 PP  
MELBOURNE 3001**



### **VOLUNTEER REQUIRED**

A volunteer is required to attend Legacy House, Melbourne, to help with the review project (initially 3 hours per day on each of 3 days per week).

The principal duty is Word Processing tasks in connection with various research papers to be prepared (using Word Perfect 5.1)

**Enquiries: Telephone Mr David Cull 9663 3564**



## CLUB NEWS

### ASHBURTON LEGACY WIDOWS CLUB

At our AGM L'tee A Bretherton installed the '97 Committee, the only change being new member Nance Laidlaw. The President handed L'tee Bretherton a cheque for \$500 for Junior Legacy. Our Geelong trip in perfect weather included a guided tour of the city. On our 12th Birthday we were entertained by the Carinya Players. We look forward to welcoming new members.

Meetings 3rd Wed at 12.30pm  
Pres - B Mitchell 9885 4034  
Sec - S Eagle 9897 3135  
Visits- N Ferguson 9568 2929  
& J Hitchcock 9569 7183

### BEAUMARIS LEGACY WIDOWS CLUB

At our March Meeting we had an excellent Guest Speaker from Friends of the Zoo, we learnt of all the work and time they spend with the animals. The Day Trip to Walhalla on 19th May was an enjoyable day seeing the gold mines and the township.

Meetings 4th Mon at 1.30pm  
Pres - M Brearley 9583 6449  
Hon Sec-R Clarke 9598 7483  
Visits M Pinkstone 9589 3737  
Soc Sec - T Emry 9598 6112

### BENNETTSWOOD LEGACY WIDOWS CLUB

We had our AGM in March and have now got a new President, Joan Brudenell. All the best to you Joan. On the 24th we enjoyed a day trip to Mt Macedon and Hanging Rock and had a BBQ. Welcome to our new member Thelma McEarchern. I know you will be happy with us.

Meetings 3rd Thurs at 10am  
Pres - J Brudenell 9889 2736  
Hon Sec - J Kitchin 9808 5230  
Visits - M Willis 9808 8623

### BERWICK LEGACY WIDOW'S CLUB

At our March Meeting we had a dried flowers demonstration. In April we had a good attendance including our 2 Legatees, John Belair & Col Marshall & were entertained with a talk and film on the procedure of bread making by Buttercup Bakeries. Every lady was given a loaf of bread to take home.

Meetings 2nd Mon at 1pm.  
Pres - A Ford 9707 4231  
Sec - J Tivendale 9707 1276

### BORONIA LEGACY WIDOWS CLUB

Our April AGM saw Mrs Elsie Stephens returned as President. Thanks our retiring President Mrs Mim Howie for her participation. The rest of the Office Bearers and Committee were all returned unopposed. Looking forward to a good year of activities. Our Club continues to grow with 4 new members.

Meetings 3rd Friday of month at 1pm  
Pres - E Stephens 9762 7286  
Sec - D Stott 9762 8050

### BOX HILL LEGACY WIDOWS' CLUB

At our March AGM we welcomed Lorna Coney as President. The other office bearers were re-elected unopposed. Thanks to Olive Milne for her many terms as Pres. She will remain on the committee. On ANZAC Day we laid flowers at Box Hill RSL Dawn Service on behalf of all members. In April we had an 8 day trip to Lorne. A warm welcome awaits all new members.

Meetings 3rd Mon at 10am  
Pres - L Coney 9877 0087  
H.Sec - J Crosbie 9898 1121  
Visits- B Laurie 9899 6293

### CAMBERWELL LEGACY WIDOWS CLUB

Meetings are well attended & our outings are popular. A successful overnight trip to Ballarat to the play "The Blood on the Southern Cross". In May we had a talk from the Arthritis Foundation "Joint Action" & a trip to Maldon. The "Musettes" & "The Hearty Hales" to come. Feel free to phone our new Welfare Officer Anne Rabling 9882-2464 if you desire a visit or a chat. Get well wishes to those members who are not enjoying good health at present.

Meetings held every 3rd Monday of the month at 11am  
Pres - N Ellis 9882 4250  
H Sec - J Vincent 9889 6026  
Visits - A Rabling 9882 2464

### CHELSEA LEGACY WIDOWS CLUB

At our enjoyable Picnic in the Park, we served lunch to 1,000 in 25 minutes. At March AGM we welcomed Jean Kerry to Committee. In April we had a talk from Nikki Rooks of Red Cross, also a trip to Gingerbread Factory & Tyabb Antiques. In May our own models paraded Dignity Fashions. Our Birthday lunch is at the Stamford Hotel in June. On 4th July we celebrate Xmas with 5 Peninsula Clubs at Chelsea RSL. Good health & happiness.

Meetings on 2nd Wednesday at 1pm  
Pres - B O'Brien 9772 1490  
Sec - P Cash 9772 3917

### CLAYTON LEGACY WIDOWS CLUB

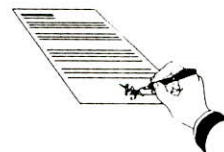
What a summer we had followed by the most delightful autumn. Our club enjoyed a trip to the Healesville Sanctuary with a guide to show us around. It was good to see the birds & animals in their natural habitat. Looking ahead we have more interesting events coming up. We are sorry that some members have health set backs and hope they will be well again soon.

Meetings 1st Fri at 1.30pm  
Pres- S Buckle 9560 9417  
H Sec - B Richardson 9579 2230  
Visits - L Roberts 9570 3620  
& S Masson 9807 1095



## WILLS

In the February edition of "THE ANSWER", an article suggesting a review of insurance policies and wills mentioned **The Trust Company of Australia** as preparing or updating wills at little or no cost. The Trust Company has subsequently advised that it now charges **\$125 for a single and \$200 for a couple** for the preparation of wills. Melbourne Legacy's advice is that if you are thinking of preparing or updating your will you should shop around and find out:-



- (1) What you will be charged to prepare the will
- (2) What commission will be charged for administration upon your death.

## ADVICE FROM VETERANS' AFFAIRS NEWSPAPER

### WWI VETS SET UP SCHOLARSHIP FUND

A fund to provide tertiary study scholarships for the descendants of World War I veterans has been launched by the First War Veterans' Association of NSW. The Minister for Veterans' Affairs, Bruce Scott presented a cheque for \$4,000 to the president of the association, Lew Howell on behalf of the Federal Government. Mr Scott said it was hoped the scholarship would rekindle and keep alive the memory of the 324,00 Australians who volunteered to serve in World War I.

The Gallipoli Scholarship Fund Inc. aims to raise a quarter of a million dollars by June 1997. Income from the fund will be used to provide scholarships for tertiary study for Australian citizens who are lineal descendants of World War I Australian servicemen or women. The scholarships will cover all States and will be awarded annually. It is hoped the first scholarships will be awarded in 1998.

***All enquiries to RSL, Anzac House, 245 Castlereagh St, Sydney 2000. Tel: (02)9264 8188. Just mention The Galipoli Scholarship Fund & they will send you out a brochure.***



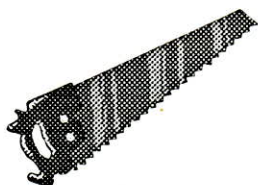
### ADVICE/ASSISTANCE FROM LEGACY

Most Legacy Widows will be aware of the Contact Legatees in their local area who can provide advice and assistance when problems arise. Others are reminded that they can contact a Legatee on duty at Legacy House Melbourne between 10 a.m. and 3 p.m, Mondays to Fridays by visiting Legacy House

(293 Swanston Walk) or by telephone 9663 3564.

Another opportunity for you to obtain advice from Legacy is at the monthly Widows Club Meeting - a Legatee attends these meetings and provides advice - see Club News Section of the newsletter.

## HOUSING MAINTENANCE/RENOVATIONS



Melbourne Legacy provides an information service of names of tradesmen/contractors who are able to provide housing maintenance/renovation services. Widows may obtain names from our Tradesman's list by telephoning the Housing Clerk of Legacy House 9663 3564. However, PLEASE NOTE:-

**We do not accept responsibility for the standard of work carried out by those on the list**

Melbourne Legacy strongly recommends that at least two quotations be obtained for any home maintenance work, except for very minor jobs. We also suggest that wherever possible, use be made of the home inspection service which is available free of charge under the Home Renovation Advisory Program (HARP) - See Page 11.



**COBURG LEGACY WIDOWS CLUB**

Coburg Ladies wish Joan Miller all the best. Wonderful day at Ballarat Great Southern Wool Shed, with a lovely lunch. Great day at Williamstown & learnt of its history, nice lunch at the Mussel Cafe. We welcome our 4 new ladies. Come along & join us. To our sick ladies, keep smiling.

Meetings 2nd Thurs at 10.30am  
Pres- U Van Prooyen 9306 8279  
Sec - D Hanna 9359 2231  
Visits- J Coomber 9354 5613

**CRANBOURNE LEGACY WIDOWS' CLUB**

Our AGM was attended by a smaller group owing to bowls finals on that date. The Committee was returned unopposed excepting the V. President. Beverley Mitchell was nominated & accepted. We had an interesting afternoon arranging future trips with Vicky from Westernport Tours. April 9th sees us flitting off to Sorrento with lunch at Smorgys. We wish all sickies a speedy recovery and best wishes to all our sister club members.

Meetings 2nd Monday of the month at 1.30pm  
Pres - E Searle (03) 5996 2655  
H.Sec - G Bell (03) 5996 3688

**CROYDON LEGACY WIDOWS' CLUB**

We have had 4 months of wonderful outings & speakers. Thanks to Wendy, also members, as a happy bus is part of the enjoyment plus a willing & co-operative coach captain Laurie. In April we had a trip to "Woodlands" in Oaklands, Nth Tullamarine, & a BBQ lunch in the hay shed. We have quite a few sickies in our Legatees, members & care centre, to them and all members a speedy recovery.

Meetings 1st Thurs at 12.45pm  
Craft 3rd Thurs at 9.30am  
Pres - M Holton 9725 7043  
Sec - N Briggs 9735 1407  
Visits - H Wilson 9786 0860

**DANDENONG LEGACY WIDOWS CLUB**

At our April AGM a new treasurer elected. Thanks to former Treas Pat Turner for a good job well done. Don't forget Safeway Demo at our June Meeting. Film/lunch at Waverley on 3/6, "The English Patient". Also names to be taken for our Port Macquarie Trip in Sept/Oct, deposit if possible.

Meetings 2nd Wed at 1pm  
Pres - B Steer 9706 3273  
Sec - L Thomas 9792 0400

**DINGLEY LEGACY WIDOWS CLUB**

Our March Police Academy trip was cancelled and instead we visited the Yakult factory. We had a new member in April and a trip to Austin Foods with lunch at Mornington Tavern. May trip was to the Guide Dogs Assoc and lunch at Olympic Hotel at Preston and time to play the pokies.

Meetings every 2nd Monday of the month at 1pm  
Pres - L Cox 9783 2841  
Sec - B Crawford 9551 4792  
Activities - M McCrory 9546 3367

**DONCASTER & TEMPLESTOWE WIDOWS CLUB**

Our April Meeting went very well, we had a very interesting speaker on light houses. We have some new members and we are pleased they are able to come to our Meetings. In June we will have "School of the Air". Christmas in July at Tatra Hutt on 28/7. Contact the Secretary if you would like to come, it will be a great day.

Meetings held every 2nd Monday of the month at 11am.  
V. Pres - E Webb 9876 1424  
Sec - S Collings 9848 3131

**ELTHAM LEGACY WIDOWS CLUB**

On Anzac Day we laid a wreath on Eltham RSL Cenotaph in memory of our husbands. We enjoyed our trip across the bay from Sorrento to Queenscliff, had lunch at Portarlington. We enjoyed the Melbourne Town Hall concert also a Bright trip. Sadly we lost one a members, Ivy Golder.

Meetings 3rd Wed at 10.30am  
Pres - N Watson 9432 3312  
Sec - B Nelson 9439 2671

**EPPING LEGACY WIDOWS CLUB**

We welcome new widows in the area to our friendly group, with monthly outings & theatre trips. We celebrated our 5th birthday on 6/5 with lunch at the RSL. On 27/4 we enjoyed a day at Healesville. Our meetings enjoy good attendances, we recently enjoyed a mannequin parade & all purchased some clothing. We raised \$1,000 selling Anzac badges, a good effort.

Meetings 1st Tues at 11am - RSL  
Pres - M Woods 9401 5292  
Hon Sec - N Oakley 9404 4419  
Soc Sec - D Cook 9465 4336

**ESSENDON LEGACY WIDOWS CLUB**

Our attendances remain high. Warm wishes to our members who have been on our sick list. We hope you are improving. We recently enjoyed celebrating our 8th birthday. We continue to enjoy regular outings. Next a BBQ at Gellibrand Park, Oaklands and an August holiday planned to Merimbula.

Meetings 3rd Thurs at 10.30am  
Pres - L Tozer 9481 3371  
H Sec - P Rathbone 9306 8734  
Soc Sec - V Bourke 9374 2519  
Visits- L McDougall 9379 1796



**GENTLE EXERCISE CLASSES**

Our popular floor and chair exercise classes are conducted by qualified instructors Betty Luders & Bill Stevens

Tuesday Classes 10.30 am - 11.30am

Class instructor: Bill Stevens

Friday Classes by Betty Luders

1. 10.10am - 10.40am Chair
2. 10.45am - 11.25am Active
3. 11.30am - 12 Noon Chair
4. 12.05am - 12.35pm Chair
5. 12.40pm - 1.20pm Active



We prescribe exercise appropriate to each person's fitness.

**SLIM DUSTY****♪ A Time to Remember ♪**

Australian singer, SLIM DUSTY, wishes to assist Legacy through his newly released album "A Time to Remember" which is celebrating the music from the war years and includes "Ain't misbehavin", "As Time Goes By", "Try a Little Tenderness", "Red Sails" etc. EMI Music Australia & Slim Dusty Enterprises will donate a percentage from the sale of CDs/Cassettes until June 30th. So if you thinking about buying it - buy it soon and help Legacy. We deeply appreciate Slim's & EMI's goodwill.

**Donations of goods to raffle**

Our raffle cupboard is getting bare. Donations of suitable prizes would be much appreciated, also braid and trimmings for making aprons. Please leave at 3rd floor Legacy House.

**FREE HOME RENOVATION ADVICE**

The Home Renovation Advisory Program is a free home inspection service offered under the Home Renovation Advisory Program. If you have home renovation work that needs to be done Melbourne Legacy suggests that you contact HARP for free expert advice and a cost estimate before work commences!

An appointment can be made by "phoning" Joanne on 9670-3911

**MELBOURNE LEGACY HOME &****HOSPITAL VISITS GROUP**

Volunteers required to visit anyone who is sick, frail and disabled in their home, hostel or hospital - this is a service for ladies who have no other visitors. Please contact Joan Miller or Carol Robertson 9663 3564

**WATER EXERCISE CLASSES****City Baths 9 - 12 Noon**

Water Exercises back at Renovated CITY BATHS.  
Waiting List Bookings  
Joan Miller 9663 3564



By remembering Legacy in your Will, you can help them continue to look after Australia's biggest dependant family.

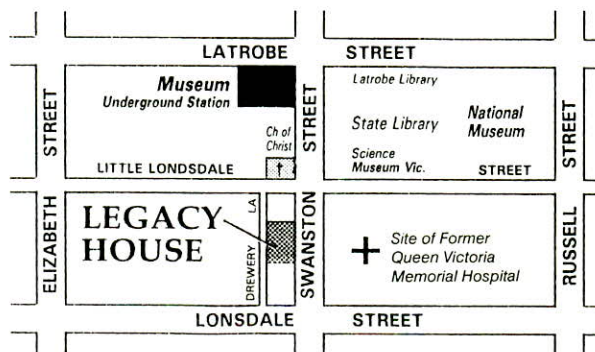
Legacy is a voluntary organisation of returned ex-service personnel dedicated to the care of widows and children of comrades who died on active service or subsequently. It is the only such organisation, and relies on contributions from the community, of which bequests are a significant factor, to fund its welfare programmes for "Australia's biggest dependant family."

If you would like to find out more about bequests to Legacy, please write to:

The General Manager, Melbourne Legacy  
Legacy House, 293 Swanston Walk,  
Melbourne 3000  
or Tel: (03) 9663 3564

**YOUR CLUBROOMS AT LEGACY HOUSE, MELBOURNE**

Clubrooms are open weekdays (10am to 3.30pm). All Legacy ladies welcome to call in for a snack, a chat or just to rest.





## ***MELBOURNE LEGACY WIDOWS' MARCH CONCERT***

If you have never been to one of Legacy's Annual Concerts featuring the Police Band or the RAAF Central Band, keep an eye on "The Answer" for dates.

Senior Constable Brian Carbery certainly knows how to woo our Legacy Widows, as you can see from the photos. In between his love songs, the Victoria Police Concert Band once again provided a most entertaining afternoon at The Melbourne Town Hall.

Ladies lined up to dance on the stage; New President, Legatee Brian "Lucky" Luscombe made his first major appearance and there was an abundance of raffles with great prizes to be won.









**FOOTSCRAY LEGACY WIDOWS CLUB**

What a wonderful day we had on 19th March for our Lorne outing & to Shepparton on Wed 21st May. May was our last Summer BBQ so now its on to soup & sandwiches for winter. Happily we have welcomed new members & hope we can provide happy hours & new friends

Meetings 2nd Wed At 1pm  
Pres - L Russ 9314 7337  
Sec - P M Davidson 9314 7708

**FRANKSTON LEGACY WIDOWS' CLUB**

Hello members, I hope you are well & ready for this years' program. We had a great turn up for our April Meeting and were entertained by the Gum Nuts from the CWA Frankston. We enjoyed our trip to Williamstown & the Science Works. Best wishes to sickies and housebound members.

Meetings 2nd Thursday of each month at 1pm  
Pres - D Thurtell (03) 5975 1318  
Hon Sec - M Norton 9781 4680

**HAMPTON LEGACY WIDOWS CLUB**

Many members on the sick list last month, hopefully all recovered and full of beans. We had an interesting speaker from Lions Hearing Dogs, also a recipient with her dog, it is amazing what the animals can be trained to do. We also had a talk by a visiting Legatee on WW Pensions. We hope Joan Miller is recovered by now and is soon 100%.

Meetings held on 1st Wed of month at 12.30pm  
Pres - N Smith 9592 8842  
Sec/S.Sec J Williams 9578 5204

**HASTINGS LEGACY WIDOWS' CLUB**

We recently enjoyed a coach trip around the Peninsula visiting a Strawberry Farm on the way and lunch at Flinders. All agreed it was an excellent day. In March we had a showing of fashions. Get well wishes to Edie & Clarice, who have both had a stay in hospital.

Meetings 1st Thurs at 10.30am.  
Pres - T Feaver (03) 5977 5646  
Sec - S.A. Pretty (03) 5977 5745

**HEALESVILLE LEGACY WIDOWS CLUB**

At our AGM Loretto Kerley was appointed President for 1997 & Rae Bottrell Visit/Co. Glad to report Legatee Carl Adamson is well on the way to recovery after major surgery. Our social programme for 97 is looking good. Best wishes to our sickies, hope you are back with us soon.

Meetings 1st Wed at 1.30pm  
Pres - L Kerley 9730 2069  
Sec - N. Adams 9730 1532  
Visits- R Bottrell (03)5962 5440

**HEIDELBERG LEGACY WIDOWS CLUB**

The club day trip to Werribee Park was enjoyed in glorious Autumn sunshine. Anzac Day commemoration service at West Heidelberg RSL & afterwards at the Repat. Hosp. chapel was very well attended. A student from Ivanhoe Grammar played the "Last Post" & Reveille, very moving. Warm wishes to sick & housebound, God bless all.

Meetings 2nd Mon at 11am  
Pres - V Keating 9459 1981  
H Sec.L. Curran 9459 8904  
Visits - M. Canty 9499 4144

**HIGHETT LEGACY WIDOWS CLUB**

Our April Meeting was most enjoyable with musical entertainment. We were happy to welcome back Legatee Tucker who has not had the best of health recently. Unfortunately our Soc Sec had a fall & has spent some time in hospital, we send her our best wishes. Our next bus trip is to Tooradin. Best wishes to Joan Miller

Meetings 3rd Mon at 1.30pm  
Pres - M Brooks 9555 7297  
H.Sec - J Thomson 9555 1029  
Soc Sec - C Davis 9570 3557  
Visits - T David 9555 5607

**KEW LEGACY WIDOWS CLUB**

Our June Meeting is our AGM & we will have a Bring & Buy table which you are urged to support. At July speaker will be Wendy Allan from the Department of Veteran Affairs. New members welcome.

Meetings 3rd Wed at 11am  
Pres - C Curnow 9853 7049  
Hon Sec - B Wade 9859 1663

**KNOX LEGACY WIDOWS CLUB**

We are pleased to hear of Joan's successful recovery. Healthy day's ahead are wished for her. Our club is well attended & entertainment enjoyed by all. We enjoyed our 4 day Corowa trip in May. New members welcome.

Meetings 1st Mon at 12.30pm  
Pres - M Biggs 9801 7868  
Hon Sec - M Dodwell 9801 9705



## Mary, 104 goes to every club function

Mary Davies, of Horsham, is believed to be the oldest Laurel Club member in Victoria.

Mary, 104, rarely misses a function arranged by the Wimmera Laurel Club of Legacy Widows. Her Legatee, Ossie Rudolph, arranges for her to go by special taxi which accommodates Mary's wheelchair.

Mary was one of more than 200 in Horsham Town Hall on 10th April for the annual luncheon for widows from all parts of Wimmera club's area.

Mary will be 105 years of age on 5th June.

*The photo shows Mary Davies at a recent Laurel Club function.*



## MRS MURIEL GRIFFITHS

We at Legacy House would like to congratulate one of our Senior Widows, Mrs Muriel Griffiths (86) for being awarded a Certificate of Recognition for Services Rendered (25 years) working for the Royal District Nursing Services. Muriel also cuts stamps for Legacy, play cards regularly at Legacy House and sells badges for the badge appeal. We are very proud of her and wish her the very best of luck.



Mrs Mavis Richards of Cranbourne was fortunate to win the DDC raffle of this beautiful quilt donated to Legacy by Mrs Gwen Blackwell.

Started in 1958 this entirely handmade quilt was lovingly sewn by Mrs Hilda White in memory of her son, Kenneth (a Junior Legatee). It was completed in 1996 by Mrs Gwen Blackwell - daughter of Mrs White.



The winner of the painting raffle at the March Concert was Mrs Dorothy Plumbridge of Boronia.

The Painting was kindly donated by Alice Wallis of the Melbourne Legacy Widows Painting Group.



**LILYDALE LEGACY WIDOWS' CLUB**

At our March AGM executive returned. Welcome to Committee Dorothy Williams, Betty Johnson, Amy Chandler. Sadly we farewell from Committee our Inaugural Pres Jeane Gibbs who held office until '93 & Past Pres Elaine Franklin, both ladies have done so much for our Club. In April we welcomed 3 new members and had an enjoyable day at RAAF Museum Point Cook & lunch at Sergeants Mess. Our between meeting lunch continues to be a very good social day.

Meetings every 2nd Monday of the month at 1.00pm  
Pres - M Orford 9726 0238  
Hon Sec J Layton 9735 5646

**MALVERN LEGACY WIDOWS' CLUB**

We sadly report the death of 2 members Mary Suhr & Dot Pawsey. We had a speaker from "Better Hearing" & a visit to the African Violet farm. In April we had Commodore Dacca Smyth as speaker & an enthusiastic report from our 2 representatives at the Legacy House Seminar. A warm welcome awaits old & new members at Malvern Senior Citizens Centre.

Meetings 3rd Tues at 10am  
Pres - W Ames 9822 1888  
Sec - A Porter 9509 9362  
Visits - M Spain 9509 0612

**MELTON LEGACY WIDOWS CLUB**

We have settled in well & have good support from 38 members, but more would be most welcome. In April/May we had interesting speakers for "Safety Link" & "Crime Prevention". 64 attended the successful Safeway Presentation. More speakers & bus trips are planned. Please join us.

Meetings 2nd Mon of month 1.30pm  
Pres - P Summers 9743 7487  
Sec - B Taylor 9743 6472

**MITCHAM LEGACY WIDOWS CLUB**

Our AGM was well attended. In May we visited Fashion Down the Ages & also Sharon Barker spoke to us on "Consumer Support Services. 4/6 is a ride on Puffing Billy & lunch at Stamford Hotel. 25/6 Fiona McRae is speaking to us on Falls Prevention Program. It is with great pleasure we welcome back our Social Sec Mabel Cumming after her illness.

Meetings held each month on the 4th Wednesday at 1.00pm  
Pres - S Bowman 9874 5662  
Sec - H Smith 9873 2532

**MORNINGTON LEGACY CLUB**

40 members & Legatees attended AGM. Pres M Sinclair welcomed back after her operation. Alan Quayle a Legatee for 36 years gave talk on how Legacy started. R Birch chaired Meeting, all returned unopposed. We laid a wreath on Anzac Day & all invited to RSL for refreshments. More new members are joining us. Xmas in July 4/7. 7th Birthday Lunch 23/7.

Meetings held every 4th Wed of the month at 1.30pm  
Pres - M Sinclair (03)5975 5322  
H Sec- C Roberts (03)5975 2744

**NEPEAN LEGACY WIDOWS CLUB**

Nepean continues to grow, with 12 new members this year. Activities have included Mornington Picnic & a trip to Southbank & the Botanic Gardens. Speakers have included a representative from the local Ratepayers Association. In June we will welcome Mr Bill Akers from the Australian Ballet, visitors are invited as he is a most interesting speaker.

Meetings 2nd Wed at 2pm  
Pres M Mortimore (03)5985 3036  
Sec A Miller (03) 5985 1428

**NORTHCOTE LEGACY WIDOWS CLUB**

Our meetings continue to be well attended, with many topics discussed. Several members attended the Anzac Day Service at the Club Rooms, Sunday 20th April followed by lunch. Our next outing is to Marysville.

Meetings 4th Monday at 1.00pm  
Pres - J Donald 9480 2101  
H Sec - E Newton 9484 1056  
Soc Sec - D Freeling 9470 6554

**NORTH BALWYN LEGACY WIDOWS CLUB**

We have had interesting speakers. April was Tom Murray from West Coast Railways. & May, Basil Smith on Fire Protection & Home Safety. During April a group went to see The Johnston Collection - most interesting, and some went to the Garden Show. We have a film morning coming up & a lunch at Box Hill Tafe. We hope to welcome our sick ladies back soon.

Meetings every 4th Monday of month at 10.30am  
Pres - M Parker 9857 9574  
Sec - S O'Toole 9857 6280

**PRESTON RESERVOIR LEGACY WIDOWS' CLUB**

Thanks to Phillip Island ladies for their hospitality & a very happy visit. April speakers was Doris Le Toille on financial matters & the service from Veteran Affairs. 34 ladies enjoyed our trip to Point Nepean National Park. Blumes Fashion Display 11th June. New members made welcome. We wish our sick members a quick recovery.

Meetings 2nd Wed at 1pm  
Pres- D Wilson 9478 7279  
H.Sec- F. Forte 9460 8681  
Visits - J Robertson 9478 7175





### MCKENZIES CARE

McKenzies will pick up passengers from Healesville office, Lilydale, Mooroolbark, Croydon, Ringwood, Mitcham, Box Hill Town Hall, Kew Depot, Batman Avenue.

#### Saturday 12th June

##### **Rupertswood Homestead**

Admission/Tour/Morning Tea  
Bistro Lunch \$26.00 incl  
Batman Avenue 9 30am

#### Thursday 10th July

##### **Sky High Restaurant Mount Dandenong**

Coach/Buffer Lunch \$28.00 incl  
Batman Avenue 9am

#### Thursday 14th August

##### **Geelong Legends Restaurant**

Lunch/Sing-along/Entertainment/  
Afternoon Tea \$25.00 incl.  
Batman Avenue 9am

#### Thursday 11th September

##### **Great Southern Woolshed - Ballarat**

Entry, Show & Lunch \$28 incl  
Batman Avenue 9am

#### Future Trips

Studio City Mornington entry lunch \$26  
Yuulong Lavender Estate entry/lunch \$25  
Daylesford - tour/lunch \$26

Ring Joan Miller or Carol Robertson at Legacy House 9663 3564 for these or other special group bookings



### VENTURA COACH TOURS

Ventura Tours depart from 1037 Centre Road, Oakleigh South, Moorabbin Town Hall, & Spencer St Coach Terminal Bay 38

*For exact departure times & direct bookings please call 9579-4811.*

**SEND CHEQUES TO: P.O. BOX 317,  
SOUTH OAKLEIGH 3167**

#### Wednesday 11th June 1997

##### **Variety on Parade**

A fun filled day with some old fashioned entertainment, sing alongs, prizes and gourmet lunch.  
\$28.00 per person (includes lunch)

#### Friday 20th June 1997

##### **Darnum Musical Village**

Visit Australia's only musical village and see the collection of instruments and a musical show.  
\$29.00 per person (includes lunch)

#### Wednesday 2nd July 1997

##### **Xmas in July "Tatra Hut"**

Enjoy a traditional Christmas Dinner complete with decorations and carols  
\$32.00 per person (includes lunch)

#### Monday 21st July 1997

##### **Grand Ridge Brewery**

Visit Gippsland's only brewery for tour and tastings followed by lunch and a tour of Mirboo North  
\$28.00 per person (includes lunch)

For Ventura Coach Holidays see page 19

Send Applications for day trips to Legacy House, P.O. Box 4312 PP, Melbourne GPO, 3001, in envelopes marked "Outings." Please include a stamped self-addressed envelope for return of tickets. Money orders or cheques made payable to Melbourne Legacy. Day trips do not include lunch unless specified. Please include a contact phone number. Payment may be made by instalments if preferred.

# DAY TRIPS/OUTINGS



**RANGES LEGACY WIDOW'S CLUB**

We celebrated our 14th Birthday on 14th April at the AGM. All current office bearers were re-elected. Our President recalled the busy year & thanked all helpers. In May Gail Traa, Paths Co-ordinator from the Angliss Hospital outlined their programme for treating patients with long term needs for antibiotics at home. We now look forward to a busy 1997.

Meetings held each month on 4th Tuesday at 12.30pm  
Pres - N Armstrong 9754 2496  
H Sec B Prain (03) 5968 8379

**SOUTHERN PENINSULA LEGACY WIDOWS' CLUB**

Our AGM was held on 17th March when our 1997 Committee was elected. In April we had an interesting talk from June Calder of the Peninsula Community Health Service advising the services available to us. Our Birthday lunch was 28th May at Rosebud RSL & on 4th July the combined Peninsula Clubs are holding Xmas in July at Chelsea RSL.

Meetings 3rd Mon of month at 1.30pm  
Pres. E Saxe (03) 5985 5472  
H Sec- A Thomas (03) 5985 4176  
Visits - E Saxe (03) 5985 5472

**SOUTHPORT LEGACY WIDOW'S CLUB**

Successful 11th AGM, committee unchanged. Celebrations at Danish Club 11th June, congratulations to all. Welcome to our new Legatees & members. We enjoyed Phillip Island trip. Best Wishes to Joan Miller, a speedy recovery, with roses returned to cheeks, also our unwell ladies.

Meetings 2nd Wed at 10.30am  
Pres - J Blanck 9690 1495  
Sec - G Gunn 9699 3514

**UPPER YARRA LEGACY WIDOWS CLUB**

In early April we held our AGM & our officer bearers have changed. Our "Picnic in the Valley" was a wonderful day - not even some showers around lunch-time could dampen their spirits. This month we also celebrate our 10th Birthday, a trip to Point Cook Air Museum on the 14th - a very busy month. a big thank you to all those who came and share the day with us. Best wishes to Joan Miller at Legacy House.

Meetings held each month on the 1st Tuesday at 2.15pm  
Pres-N McMasterson (03)5967 1502  
H Sec M Thompson (03)5966 2779  
S Sec/Treas J Elliott  
(03) 5967 1227 or (03) 5966 2112

**WATSONIA LEGACY WIDOWS CLUB**

At our March AGM we farewelled past Pres & welcomed new Pres Ellen Halliday. Some of our Committee also & the outgoing members were thanked & our new members wished a happy year. We enjoyed a day in Geelong in March & The Dragonfly Restaurant in April, both occasions, most enjoyable days, and the club looks forward to another happy year.

Meetings 3rd Tues at 11am.  
Pres - E Halliday 9435 4228  
Hon Sec - A Wass 9435 4237  
Soc Sec - M Leehy 9459 3241

**WAVERLEY LEGACY WIDOWS CLUB**

We held a successful Easter Monday lunch at Waverley RSL Club & also enjoyed a visit to Mont de Lancy at Wandin. Mr Smedley entertained with stories of apples & tastings. We look forward to a trip on Puffing Billy & a visit to the Great Southern Woolshed at Ballarat. Our Xmas in July lunch will be at Healesville RACV Club. New widows welcome.

Meetings on 3rd Wed at 1pm.  
Pres - L McLachlan 9807 2591  
Sec - M MacKenzie 9807 3958

**WESTERNPORT LEGACY WIDOWS' CLUB**

It is with sad regret the passing of our President May Rutledge, a great lady & great worker, she will be sadly missed. A game of Hay will be played on our next meeting in May. Trips are on for June, July & August. We hope to see our sickies back soon.

Meetings held on 3rd Wednesday of every month at 1.30  
Pres- H James (03) 5940 2082  
H Sec P Le Vette (03)5997 1015

**WILLIAMSTOWN LEGACY WIDOWS CLUB**

We had a successful outing to Smorgies, Geelong. Best wishes to Joan Miller, we hope she is feeling well. Our thoughts go to all our members who are not well. Anzac Day has passed with successful services at the Shrine with the Schools & our local service at Williamstown.

Meetings 2nd Tuesday at 10.30am  
Pres - P O'Brien 9397 5100  
Sec - M Love 9397 1443  
Visits - J Maddy 9314 3573



**BARGAIN!****Border Holidays**  
*Albury Central Motel***5 nights in Albury**  
**2 Adults**  
**only \$190.00**Staying in **Central Albury**  
Day Tours available**Telephone (060) 21 31 27**pay \$40 deposit - balance at time of stay  
(pensioners, use your free rail pass)*Guess who is  
going to China?***DENISE DRYSDALE**  
invites you to join her  
for 10 exciting days in  
Beijing! Denise is  
escorting a veryspecial tour for Interasia Tours and  
you can be a part of the fun.**ONLY \$1998**Denise's tour departs Melbourne on  
16th September and seats are limited,  
so don't miss out. For more  
information and a brochure.**Tel: INTERASIA TOURS 9523 6555.****DAY TOURS**  
and  
**HOLIDAY PACKAGES**Albury Wodonga  
Beechworth  
Bright  
Murray River  
High Plains  
Rutherglen Wineries  
Wine & Food Trail*Mylon Motorways*  
**Ph: 060 563100****5-Day Tassie Tempter**

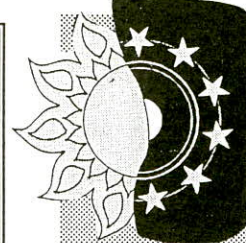
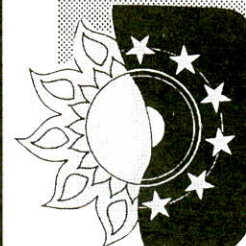
on board

**SPIRIT OF TASMANIA**

- 2 nights on board in inside cabin with en-suite (2,3 or 4 share)
- All meals on board included
- 2 nights at the 5 star Country Club Casino in Launceston (subject to availability 2 months prior)
- 3 days touring by luxury coach

**ALL THIS FROM ONLY \$319**9 Departures from 28 July to 22 Sept incl  
Departs Mon 6pm Arrives Fri 8.30am**BOOK EARLY to secure group***Enquiries Tony Balcombe, Ivanhoe Travel*  
**Tel: 9497 1422 or 019 404 256****INTERASIA 9523 6555****Licence No. 31708**A few vacancies still exist for fully escorted Africa tour departing 17/7. Visit famous wildlife reserves in Kenya & marvel at the variety of birdlife and magnificent animals. Also visit Victoria Falls in Zimbabwe. Accommodation and meals are best quality. **Join Gwen on Europe/Scotland & Wales tour in Sept. Murray River Cruise in Oct. 9 relaxing days on the river, fabulous meals.****QUINCES 9568 1122****Licence No. 30568****8 Day Flinders Ranges & Roxby Downs 8/9 \$950 4 Day Canberra "Floriade" 7/10 \$399 6 Day Kangaroo Island & South Coast Departs 9/10 \$699 8 Day Scenic Tasmania Sea/Coach/Air Departs 22/10 \$950****VENTURA COACHES 9579 4811****Licence No 31258 (All p/p & t/s)****14 Day Surfers Paradise, Hervey Bay-Fraser Island 15/7 \$1,650 8 Day Norfolk Island 16/8 \$1799. 5 Day Canberra "Floriade" 29/9 - 6/10 \$435 9 Day Flinders Ranges 21/9 \$1,065 5 Day NSW Sth Highlands 29/9 \$495 11 Day New Zealand 26/10 \$2300**

Cancellation Policy is utilised by all registered travel agents. Cancellation fees are payable on sliding scale according to number of days prior to departure the cancellation occurs. No refund is available the Travel Agent has not been notified prior to departure, or if the traveller fails to join the tour, or leaves before the tour has been completed. Once final payments have been made to the Tour Operator, Legacy is bound by the Agreement. Ladies are advised to contact their Insurance Agent re Travel Insurance.

**HOLIDAY PAGE**



## LEGACY PICNIC IN THE VALLEY ON 12 MARCH 1997



Mrs Waters (93) sang for everyone,  
she lives at the Yarra Junction Nursing Home



Widows' enjoying the event despite the rain



Past President Melbourne Legacy Ray Ward,  
Minister Veterans' Affairs, Hon. Bruce Scott,  
& Melbourne Legacy General Manager, Terry Walsh



Widows listening to Reg Gorman  
He was very much appreciated

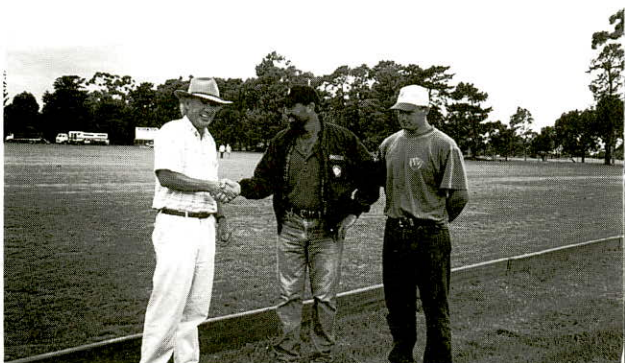
## DISABLED DEPENDANTS' REPORT

April 12th was a very busy day for our young people and volunteers who went to the zoo for the day with happy faces in the glorious weather. Many thanks to all our young volunteers.

Mothers and carers had usual meetings followed by a perfect lunch served by ladies and gentlemen of Outer Eastern Branch of Legacy. What a big effort they all put in to see our day is also a happy one. A big thank you from all us Mums. A few sickies amongst our group, please get well soon and come back and join us.

After lunch a showing of Winter Garments by Paul and Danny from Blumes Knitwear, many parcels taken home by everyone, altogether a very happy day.

Cheers, Dot Kenny



## POLO DAY

Yarra Valley Legacy Charity Polo Day February 1996 was held at Werribee Park this year for the first time. Many thanks to Lilydale/Yarra Glen Polo Club for 45 years of support. Eight teams played off in perfect conditions at the Chirnside Mansion.

*Legatee John Bugge congratulates the captain of the winning team Geoff Kyte and teammate for winning the Legacy trophy.*

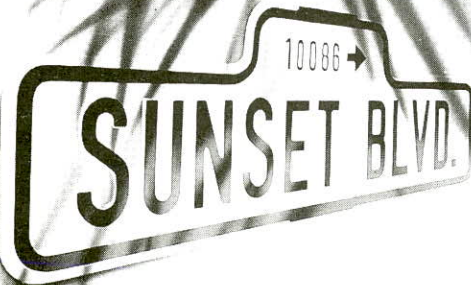


♪ **MORNING MELODIES** ♪  
*Concert Hall - 1.30pm*



**Wed 4th June \$12** Rolf Harris  
**Thurs 3rd July \$8**  
 "A Tribute to Broadway & Movies"  
 (Cast of Sunset Boulevard)  
Advance payment now required.  
 Contact Carol Robertson  
 or Joan Miller 9663 3564

ANDREW LLOYD WEBBER'S  
 SPECTACULAR NEW MUSICAL



**REGENT THEATRE**

Cancellations only  
 Wed 2nd July 1pm  
 School Holidays  
**\$38.00 per person**  
 Pension Numbers required.  
 Wednesday Matinees Only.

**BALWYN CINEMAS**

231 Whitehorse Road, Balwyn  
 FILM LUNCHES \$8.50 PER HEAD

Films commence 11am

**JUNE**

"Paradise Road"  
 "Evita"  
 "Mother"  
 "Everyone says I Love You"  
 "The Castle"

**JULY**

"Bean, The Ultimate Disaster"  
 Bookings Taryn Lupton  
 or Kim Petalas Tel: 9817 6421



PALACE

**THE WINTER'S  
 TALE**

Bell Shakespeare Company  
 Athaenean Theatre  
Matinees - 2pm  
 Saturday 5/7  
 Saturday 12/7  
 Saturday 19/7  
**\$24.00 A or B res**



**FORTHCOMING ATTRACTIONS**

**JEKYLL & HYDE**  
 Her Majesty's Theatre  
 Late October 1997  
 Details to be confirmed



**TAP DOGS**  
**Forum Theatre**

Return Season  
 featuring Sheldon Perry  
Season to 6/6  
 (may be extended)

Sat 5pm A Res \$37, B Res \$35  
 Sun 6pm A Res \$32, B Res \$30  
 Bookings on request only  
 Credit Card Bookings Tel: 132 849



Enquiries Joan Miller or Carol  
 Robertson 9663 3564. Written  
 applications to Legacy House P O Box  
 4312PP Melbourne 3001. Mark  
 envelope "outings" cheques/ money  
 orders payable to Melbourne Legacy.  
Payment must be at least one month  
 prior to show. Tickets not paid for  
 will NOT BE held. Sunset Boulevard  
 not held if not paid for at least 3  
 months prior to performance date.

THEATRE MATINEES



# Contributions Page

## ***The Childrens Anzac Service***

On April 20th an Anzac Service was held at the memorial plaque adjacent to the library at Croydon for our local schools. The Maroondah Secondary college band gave a great performance & the main speeches were by 2 teenagers, a lad & lass from the same school. The lad gave an almost humorous one, written by himself stating, he was 18 years old, his main worries being saving for his car, if he got his licence, if he would pass his finals or get pimples from eating junk food, he could not even contemplate being put into uniform against an enemy or shoulder a gun, although admired them for their courage. Each school laid a wreath made by the children in the form of a cross. One young lad from "Monkami" our local disabled school, endeared himself to the crowd, when he broke away from his minder and straightened their wreath, it bought many a tear. The 50 years reunion & more education in the schools has awakened the Anzac Spirit.

*N Briggs, Croydon*

*I remember my father  
As being old & grey haired.  
Yet, he wasn't that old when he died.  
I remember the stories he told  
regarding the war,  
Big guns and fuzzie wuzzies,  
Rats from Tobruk and New Guinea  
Places hear about long ago,  
So far, and now so close.  
I remember my father with pride,  
What he did for Australia,  
as did most other men,  
They did it for love of their country,  
their families and friends,  
There were repercussions,  
He returned from the war as did others,  
A very different man,  
Tired and down,  
It took a great deal of time  
to become as before  
Though I doubt that he did,  
I remember my father as supportive  
and true,  
Someone to depend on,  
Someone who cared,  
I remember my father with pride.*

*by Fay Boyd sent in by her mother  
Marion Boyd of Cheltenham*

*M*others are needed in every way  
They are there for all of us,  
They are mothers & friends  
Grandmothers too!  
They are important to our lives  
They are there from birth  
Right through to,  
In come cases, death.  
They love us,  
They cry with us,  
They support us.  
They show they care by just being there,  
they are the mothers  
From everywhere.



*Fay Boyd*

## **REMEMBRANCE**



I picked up a sprig of rosemary,  
Remembrance was what it meant,  
With the Australian Flag  
And the little gift tag,  
A message of thanks it sent.  
And I thought of the soldier  
That I once knew,  
& though the tears had dimmed my eyes,  
And I could hardly see  
I knew the ghost of my soldier boy,  
Was passing in front of me.  
How proud I was as I took his salute  
His smile was just for me,  
And I dreamed again of happier days,  
Of days that used to be.  
In kaki uniform all neat and trim,  
His peak cap upon his head.  
His step in time with the marching band,  
This Anzac Day he too would pass by  
With the soldiers that have gone ahead.  
And as I placed a sprig of rosemary  
With our own Australian flag,  
And joined them all together  
With the gift from Legacy tag,  
I knew my soldier again would march,  
In the ranks of the lads unseen.

***Written by Gwen French of Pakenham  
after helping with Operation Rosemary***



## MY MUM

When I think of my mum  
I see a pretty lady with her hair in a bun  
In a dress black & gold wearing lovely perfume  
Which wafted around me when she left the room



But that was then, when I was a child  
When I think of her now-a-days it makes me smile  
She seems to have grown so much smaller somehow  
Her hair is silver grey and she's rounder now

The twinkle is still there in her eyes  
But sometimes there's sadness that's hard to disguise  
You see these days she lives on her own  
The children she loves so much are now grown

We don't often argue, don't always agree  
There's a truce, we maintain to "let some things be"  
And now that I am a mother as well  
I know that at times I have put her through hell

I don't always give her enough of my time,  
Even for me, time is so hard to find  
But I'll do my best to make amends,  
'Cause she's not just my mum, she's also my friend

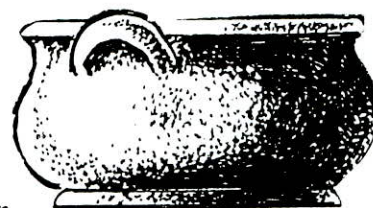
So Happy Mothers' Day Mum  
To me you're always number one  
And on this day, just once a year  
I'd like to say "I'm glad you're here"



*Written for Mrs Doreen Spruce of Springvale  
by her daughter Penny for Mothers' Day*

## RECIPES from K Hocking

### CHICKEN AND APRICOT



*1 Chicken*

*15oz tin apricot nectar*

*1 pkt Continental french onion soup*

Joint chicken & roll in plain flour, put in casserole. Combine nectar & onion soup. Do not add any other liquid or salt, cook 1½ hours at 350°

### LEMON CARAMEL SLICE



*½ lb lightly crushed biscuits*

*¼ lb butter*

*1 cup coconut*

*½ tin condensed milk*

*grated lemon rind*

Melt butter and add to the rest of ingredients, press into a slab tin and ice with lemon icing, when cold cut into fingers.

## SUMMER CAMP

*We reproduce a poem written at the Busselton camp earlier this month by Melbourne Legacy Karina Larsen aged 17.*

Twas summer camp '97  
that caught me by surprise  
I was sent away to WA  
for the first time in my life

I dressed myself in shirt and jeans  
sunnies on my head  
and drove myself to Tullamarine  
for the fourteen days ahead

"See here young lass just you behave"  
said my mother dear  
"I've given permission to those people  
to clip you over the ear"



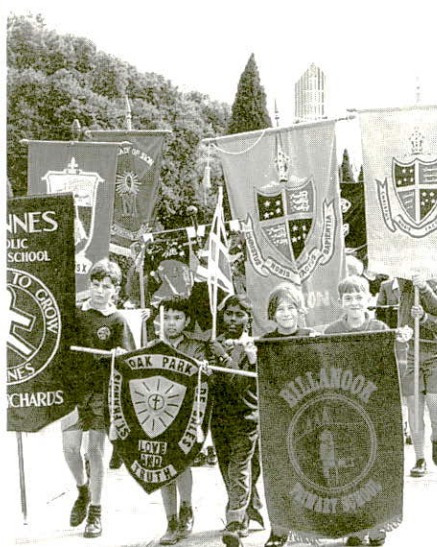
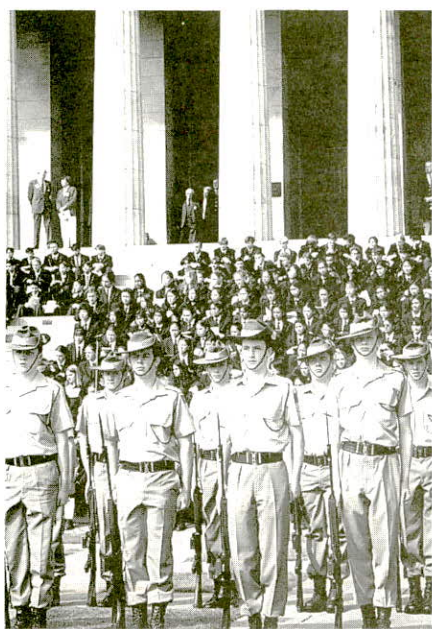
Now different to from my home town  
there's no such violence here  
just enough pushups to last the  
whole goddamn year

Physical training at 6.30  
Has haunted me at night  
not to mention Debbie Downing  
and the shaving cream fight

With four days left till I go home  
I must look back with tears  
because the friends I made  
have helped quieten my fears

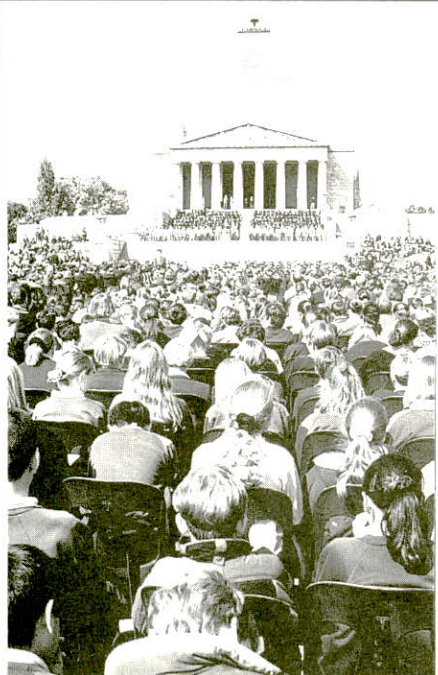
A common tragedy bonds us together  
But, maybe that was meant to be  
All I know is that I'll remember you  
I hope you remember me.





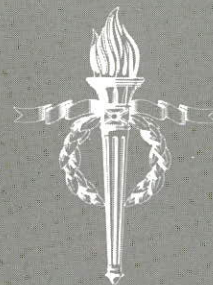
### **Legacy's 66th Annual ANZAC Commemoration Ceremony for Students**

*was a great success with over 3,000 students attending. The Hon. Richard E McGarvie gave his last official speech as Governor of Victoria and Patron of Melbourne Legacy. Former Junior Legatee, Craig Taylor (left) spoke movingly on the work of Legacy, students proudly carried their schools' banners and the many wreaths, colourfully and beautifully prepared, transformed the steps of the Shrine into a floral carpet.*





# THE ANSWER



A NEWSLETTER FROM MELBOURNE LEGACY

Issue 222 - April, 1997

Published by: Junior Legacy,  
Melbourne, (ACN 004 301 348)  
Print Post Approved PP 349181/00313

Dear Ladies,

This issue of "The Answer" features photographs of our January 1997 camps for Disabled Dependants at Somers and the Youth Camp held at Bandiana at the same time. The Legacy Committees, leaders and helpers work hard to provide a program full of interest for those who attend the camps and to provide a break for the mothers and carers with Junior Legatees at home.

Please keep in mind Legatee Luscombe's request that you write in with suggestions about celebrating Legacy's 75th Birthday in 1998.



We continue to receive many encouraging comments about "The Answer". We don't have any shortage of material - apart from items of humour - what about it -- heard a good joke recently? If so write it down and send it in.

Thanks for your help. Best Wishes.

*Legatee (Salty) Saltmarsh  
Committee Chairman*



DDC Committee Chairman Peter Bruce with Alison Paul a WWI Disabled Dependant at Somers Camp (See photos on pages 12-13)

**MELBOURNE LEGACY:** Address - Legacy House, 293 Swanston Walk, Melbourne 3000  
Telephone - (03) 9663 3564 Fax (03) 9663 3015 President - Legatee B.G. Luscombe  
Patron - His Excellency the Governor, the Honourable Richard E. McGarvie AC.

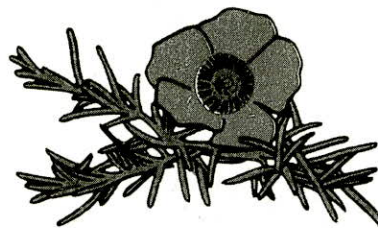
**WALK WITH CARE** - Article Page 5 - "Tips for Safer Driving"





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Club News	"	8,10,14,16,18
Travel/Theatre	"	17,19,21
Contributions	"	22-23

**IN FLANDERS FIELDS**

In Flanders Fields the poppies grow  
Between the crosses, row on row  
That mark our place, and in the sky  
The larks still bravely singing, fly  
Scarce heard amid the guns below.

We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved, and were loved, and now we lie  
In Flanders Fields.

Take up our quarrel with the foe,  
To you from failing hands we throw  
The Torch: be yours to hold it high!  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders Fields

**Lt Col. John McCrae (1872 - 1918)**

(A Canadian Artillery Medical Officer, who died on 28th January 1918 whilst on "active service" in France. He is buried at Wimereux, France).

**THE ANSWER**

Fear not that you have died for naught;  
The Torch you threw to us we caught!  
And now our hands will hold it high,  
Its glorious light shall never die.  
We'll not break faith with you who lie  
On many a field.

**R.W. Lilliard**

(An American Poet. "The Answer" was adapted from the second verse of his poem "An American Answer" which was first published in the "New York Evening Post").

**March 1997 Concert**

Photographs will be in the June 1997 issue of The Answer.

**Quilt Raffle** - Donated by Mrs Gwen Blackwell. Proceeds to assist Disabled Dependants. The Winner was Mrs Mavis Richards of Cranbourne.

**Painting Raffle** - See Page 23.

**FUTURE ISSUES OF "THE ANSWER"**

We will publish four further issues of "The Answer" in 1997.

**ISSUE COPY DEADLINE DISTRIBUTION**

Jun 97	1 May 97	Last week May 97
Aug 97	1 Jul 97	Last week Jul 97
Oct 97	1 Sep 97	Last week Sep 97
Dec 97	1 Nov 97	Last week Nov 97

When you send us your recipes, poems, short stories, & jokes, if possible please identify the author of any item that is not your own original work & confirm that clearance has been given for publication. Photographs must be in sharp focus and have good lighting with caption on a separate sheet.

**From The Editor:**

I hope you had a happy Easter. We shall require volunteers to make rosemary sprigs for the Students' Service Wed 9th April and for the marchers on ANZAC Day. Operation Rosemary will run from 2/4-8/4: Re-commences Tues 15/4 - 24/4. Newcomers welcome, ladies will be available to show you how to put the sprigs together.

Ladies are invited to take part in the Student's Service at the Shrine forecourt. Reserved seating available.

Please be seated by 10.45am, as the service commences at 11am.

Love to you all  
**JOAN.**







**We greatly appreciate City of Melbourne  
sponsorship for our March Town Hall Concert**



*Immediate Past-President, Legatee Ray Ward (right) warmly welcomed the President Elect Brian "Lucky" Luscombe, at the Annual Concert at which the Victoria Police Concert & Pipe Bands performed their magic in front of the Legacy Family*

In our next issue we will share some of the many photographs taken at the concert by our popular cameraman, David Whitmore.

"Lucky" Luscombe reveals little on how he got his nickname. But you can be sure there is a story when at the age of 20 he served as a navigator with the 463 RAAF Lancaster Squadron Bomber Command!

For 46 years Lucky worked in the Government Service (including the RAAF) and retired in 1986 as Director Public Relations, Telecom Australia. He has served 13 years continuously on Committee, RSL Clayton, including 9 years as President. Other positions have included State Chairman & Federal Executive, Australian Association of National Advertisers, Honorary Life Member Australian Journalists' Association, Member of Organising Committees for International & National Conferences, Symposia etc., Delegate International Labour Conference '57. At a recent ceremony at Clayton RSL the National President of the RSL Digger James conferred a Life Membership of the RSL to Lucky for services given to the Clayton RSL. Our sincere congratulations to Lucky for this honour.

Brian and his wife Mary have two sons and seven daughters. He has numerous hobbies but his main hobby is keeping track of the 14 grand-children!

It will be a full year, but particularly so as major preparations are underway to commemorate Legacy's 75th Anniversary in 1998 including a grand reunion of past and present members of the Legacy family - former wards, widows, Legatees, their families, management and staff from around Australia will come together to mark this special occasion. Good luck "Lucky".

### ***66th Annual ANZAC Commemoration Ceremony for Students***

Students from throughout Victoria are expected to attend the 1997 Annual Anzac Commemoration Ceremony being held on Wed 9th April at the Shrine of Remembrance. The Ceremony which has been conducted by Melbourne Legacy for over 66 years, will commence at 11.00am. His Excellency, the Hon Mr Richard E McGarvie AC, Governor of Victoria, will address students and guests.

All Legacy widows are most welcome to attend. Just introduce yourself to one of the Legatees "on duty" and he will arrange seating for you.





**APRIL**

TUESDAY	1ST	SWIMMING SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	1ST	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	2ND	OPERATION ROSEMARY UNTIL TUES 8/4	BOWLS	10.30 A.M.
THURSDAY	3RD	PAINTING		11.00 A.M.
FRIDAY	4TH	KEEP FIT - PAGE 11		
MONDAY	7TH	FREE CONCERT AT LEGACY HOUSE		1.00 P.M.
TUESDAY	8TH	SWIMMING - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	8TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	9TH	BOWLS 10.30am	STUDENT' ANZAC SERVICE	11.00 A.M.
THURSDAY	10TH	DAY TRIP TO POINT COOK RAAF MUSEUM		9.30 A.M.
THURSDAY	10TH	PAINTING 11AM	WWI TRAVEL GROUP	11.00 A.M.
FRIDAY	11TH	KEEP FIT - SEE PAGE 11		
MONDAY	14TH	SEMINAR INVITED REPS 1ST/2ND FLOORS		9.30-3.00 P.M.
OPERATION ROSEMARY FROM TUESDAY 15/4 UNTIL WEDNESDAY 24/4				
TUESDAY	15TH	SWIMMING - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	15TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	16TH	WIDOWS CLUB COMMITTEE MEETING 10.30am	CARDS	12.30 P.M.
THURSDAY	17TH	PAINTING		11.00 A.M.
FRIDAY	18TH	KEEP FIT - SEE PAGE 11		
MONDAY	21ST	BOWLS 10.30AM	MORNING MELODIES	1.30 P.M.
TUESDAY	22ND	SWIMMING - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	22ND	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	23RD	CARDS		12.30 P.M.
THURSDAY	24TH	PAINTING 11AM	SESAME STREET LIVE	2.00 P.M.
FRIDAY 25TH	LEGACY HOUSE CLOSED FOR ANZAC DAY			
SUNDAY	27TH	SESAME STREET LIVE		4.30 P.M.
MONDAY	28TH	BOWLS		10.30 A.M.
TUESDAY	29TH	SWIMMING - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	29TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	30TH	BOWLS 10.30 AM	MATINEE SUNSET BOULEVARD	1.00 P.M.

**MAY**

THURSDAY	1ST	PAINTING		11.00 A.M.
FRIDAY	2ND	KEEP FIT - SEE PAGE 11		
MONDAY	5TH	FREE CONCERT AT LEGACY HOUSE		1.00 P.M.
TUESDAY	6TH	SWIMMING - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	6TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	7TH	BOWLS		10.30 A.M.
THURSDAY	8TH	DAY TRIP TO PHILLIP ISLAND		9.00 A.M.
THURSDAY	8TH	PAINTING 11 AM	WW1 TRAVEL GROUP	11.00 A.M.
FRIDAY	9TH	KEEP FIT - SEE PAGE 11		
MONDAY	12TH	BOWLS		10.30 A.M.
TUESDAY	13TH	SWIMMING - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	13TH	CRAFT WORKSHOP 11AM	MORNING MELODIES	1.30 P.M.
WEDNESDAY	14TH	BOWLS 10.30	MATINEE SUNSET BOULEVARD	1.00 P.M.
THURSDAY	15TH	PAINTING		11.00 A.M.
FRIDAY	16TH	KEEP FIT - SEE PAGE 11		
MONDAY	19TH	BOWLS		10.30 A.M.
TUESDAY	20TH	SWIMMING - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	20TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	21ST	WIDOWS' CLUB COMMITTEE MEETING 10.30AM	CARDS	12.30 P.M.
WEDNESDAY	21ST	MATINEES - PORGY & BESS 1PM	RED HOT & RHONDA	2.00 P.M.
THURSDAY	22ND	PAINTING		11.00 A.M.
FRIDAY	23RD	KEEP FIT - SEE PAGE 11		
SATURDAY	24TH	MATINEES - PORGY & BESS 2PM	RED HOT & RHONDA	2.00 P.M.
MONDAY	26TH	BOWLS		10.30 A.M.
TUESDAY	27TH	SWIMMING - SEE PAGE 11	EXERCISES	10.30 A.M.
TUESDAY	27TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	28TH	CARDS 12.30PM	MATINEE SUNSET BOULEVARD	1.00 P.M.
THURSDAY	29TH	PAINTING		11.00 A.M.
FRIDAY	30TH	KEEP FIT - SEE PAGE 11		

The Newsletter provides information on a range of services for the benefit of our ladies. Items are welcomed for inclusion. However as publication does not necessarily mean endorsement Legacy cannot be held responsible for non-performance of goods and services. A decision to proceed is entirely at the discretion of the individual.



# BE ALERT

## TIPS FOR SAFER DRIVING:

**MEDICATION:** Check with your doctor whether your medical condition or any medication you may be taking can affect your driving. Remember - *legal may be lethal!* You need to understand your medication.

**EYES AND EARS:** Have regular hearing and eye tests. Wear your glasses. Sunglasses help in bright sunshine.

## DON'T DRIVE IF YOU ARE:

- Tired;
- Upset; or
- Under the influence of alcohol

## BE EXTRA CAUTIOUS BY:

- Always wearing your Seatbelt;
- Planning your turns well ahead; and
- Checking that if the vehicle in front passed a point along the road, it would take you at least 3 to 4 seconds to reach the same point.





## PHARMACEUTICAL BENEFITS FOR CONCESSIONAL CARD HOLDERS

Concessional card holders are now required to pay a minimum patient contribution of \$3.20 for each prescription item. A surcharge is applicable where a more expensive brand has been prescribed.

To compensate for the \$3.20 patient contribution, a Pharmaceutical Allowance of \$5.40 is paid with the pension each fortnight.

Patients should consult with their physician, as to whether their prescription is for the generic brand of medicine, (thus attracting the charge of \$3.20) or, whether it is a premium brand which incurs a higher cost to the patient. In most cases the pharmacist will dispense the generic brand if requested, by the patient, provided the doctor has not ticked the "no substitution" box on the form, but it is desirable to discuss this before they commence to dispense the prescription.



A safety net scheme operates, to protect patients who require a large number of PBS items in any one calendar year. When the patient reaches the safety net threshold (of 52 prescriptions) in a calendar year then any further medication is dispensed less the \$3.20 charge for the remainder of that calendar year.

*For any further information contact The DVA Pharmacy Section Phone 9284 6442*

## Melbourne Legacy Flats

Some Legacy widows may be interested to note that Melbourne Legacy has a limited number of flats available, on a rental basis, for Legacy widows over 60 years of age who are able to live independently.

The flats are located at -

SELWOOD STREET, HAWTHORN EAST - 8 FLATS  
THE AVENUE, WINDSOR - 21 FLATS

Any Legacy widow interested in registering for a future vacancy, is invited to write to or telephone Glenda Ould at "Legacy House" - Telephone 9663-3564

## INFLUENZA IMMUNISATION - 1997

### Enjoy a Flu Free Winter

Advice from the Department of Human Services

If you are 65 years or older, you should be immunised every year. A new initiative of the Department of Human Services will be to provide the influenza vaccine free of charge this year for people aged 65 years or older. The past practice of having to go to a doctor for a prescription, obtain the vaccine from a chemist and then return to the doctor to have the vaccine administered will be made easier. Vaccines will be issued to doctors throughout the State and will be administered to people 65 years or older. You are in the influenza high risk group if you are 65 years or older, living in a nursing home, or are any age and have troublesome asthma, a heart or lung condition, kidney or liver disease, diabetes or lowered immunity.

You should be immunised each year against influenza and the best time is in the autumn months between the beginning of March and the end of May. You should go to your doctor or Community Health Centre and ask to be immunised if you are in the high risk group, even if you feel healthy. Don't wait to be asked - get in early and request your flu vaccine now and enjoy a flu free winter. (Medical fees for immunisation may still be applicable). **Recorded information can be obtained 24 hrs, 7 days a week on 03 920 1940 or for pamphlets and further information contact the flu Helpline on 03 9616 777, Monday - Friday 9.00am - 5.00pm.**





## 1997 STORY WRITING & ART COMPETITION

Victorian Ex-Service Organisations in conjunction with the Department of Veterans' Affairs invites you to enter the 35th Annual Story Writing & Art Competition, open to all veterans, their spouses, widows and widowers. Prizes include cash & trophies and winning entries are published in a high quality book. All entries will be displayed at a special one week exhibition and prizes will be presented at a gala award ceremony.

### ENTRY CATEGORIES:

#### 1. Writing

- True War Experience
- True Life Experience
- Fiction
- Poetry

#### 2. Art

- Oils Novice
- Oils Experienced
- Other Media
- Advanced

#### 3. Craft

- Textile & Fibre
- Needlework
- Ceramics
- Wood



#### 4. Photography

- War/Armed Services
- Open

**CLOSING DATE**  
**FRIDAY 30TH MAY 1997**

#### Entry forms and further information:

Health Promotion Unit,  
Department of Veterans' Affairs,  
GPO Box 87A,  
Melbourne 3001  
or phone (03) 9284 6000  
or 1900 11 3304

## WOODEN CROSSES



We walked that cold July morning  
Up the green rise away from the City  
Towards the wide slope set apart as our  
Field of Remembrance  
...At first the people came in sparse numbers  
Then we were a gathering - men, women and children  
And we found comfort in that  
Standing close, we listened to the Dedication  
and the Blessing of the Field  
While the Shrine of Remembrance  
Kept constant vigil over all  
We tapped in our wooden crosses  
Through the green grass, firmly down into Australian soil -  
Together - but privately,  
We had written names and revered messages.  
...in the wintry months that followed,  
The wooden crosses grew in number row by row.  
Above the road with its frantic traffic,  
They silently looked down, without judgement,  
At the frenzy of living humanity,  
And with time, more came to walk between the rows.  
Children stooped down to mouth the names  
Of those who died for them - Unknowingly.  
Some that passed found the damp flowers lying in the grass.  
Yet, although others with humility do pay homage  
is it only we that are now the old  
Who feel more the unspoken anguish -  
The pain of loss  
Who silently, still grieve and mourn  
While tap, tapping on a simple wooden cross.

*Written by Patricia Fanke, Awarded 1st Prize,  
Poetry Section, Story Writing & Art Program,  
Department of Veterans' Affairs. September 1996.*



## CLUB NEWS

### BAYSWATER LEGACY WIDOWS CLUB

Our Feb Meeting was held in 40° heat. We welcomed another new member & were entertained by the Westlake Guitar duo. Many of our members attended & enjoyed the Mornington Picnic. We also enjoyed the Upper Yarra Picnic. Our AGM was held in March & we celebrate our 8th Birthday in April. New members always welcome.

### BEAUMARIS LEGACY WIDOWS CLUB

In February our speaker gave us an interesting talk about his work with St Kilda Street kids. Helping them find jobs and keeping them off the streets. In March we had an enjoyable day trip around the bay after lunch at Cat's Casino, Geelong.

### BENNETTSWOOD LEGACY WIDOWS CLUB

We had a very happy day in Feb, our first Meeting, catching up with news as to what we all did over Christmas. Our speaker, Mrs Johnston talked on makeup & creams to use for arthritis. In March we saw the movie "Evening Star" at Pinewood. Welcome to new member Verna Midgley. I am sure she will be happy with us.

### BERWICK LEGACY WIDOW'S CLUB

At our well attended 1st Meeting for 1997 the President introducing 2 new members, May Buntin & Enid Lindsay & hoped they have a happy time with us. We were sorry to hear of the death of an old member Mrs Ray Kempt 92 years of age. A card of sympathy will be sent to her family. Members were entertained by Michael Allison of Debco products followed by afternoon tea.

### BLACKBURN LEGACY WIDOWS CLUB

Our 1st 97 Meeting was successful with 95 ladies present, including 6 new members. We enjoyed the fellowship & delicious luncheon organised by the Committee. We were sad to learn of the death of 3 members, Alma O'Brien, Lesly Huston & Ruth Honeysett. Our sympathy to their families. The Mary Lyn trip must be paid for at our April Meeting. Warm welcome to new ladies.

### BORONIA LEGACY WIDOWS CLUB

At our Feb Meeting we had 89 members present, good roll up in the heat. We had an informative talk on home security. We look forward to our 1997 outings. We had 5 new members. Any Legacy Widow welcome at Progress Hall, Boronia Road, Boronia.

### BOX HILL LEGACY WIDOWS' CLUB

Our 1st 1997 Meeting was held in Feb at the Salvation Army Youth Hall & all were happy about the move from the RSL. 95 members & 3 new members. We enjoyed our speaker Jean Cheshire who spoke on "Spuds & Murphys" & how important the potato is in our daily lives. At our March AGM the Committee prepared & served morning tea which gave members a good opportunity to chat together. In April an 8 day trip to Lorne Chalet is planned. We have an interesting syllabus arranged for this year & we welcome any Legacy Widows to join our club

### CAULFIELD/ST KILDA LEGACY WIDOWS CLUB

Lush colours of Autumn are appearing with cooler days. Wed 2/4 Speaker from Anti-Cancer Council. Wed 9/4 Activities Day - Solo. Wed 16/4 Mystery Day trip including lunch, should be fun. Wed 7/5 following Meeting, demo by Danny Blum's Fashions. Wed 14/5 Activities Day - Solo. Wed 21/5 Concert at RSL Clubrooms 2pm followed by special afternoon tea. Trips enquiries to Shirley Tel: 9534 5240

### CLAYTON LEGACY WIDOWS CLUB

A get together was held in Jan just to renew acquaintances. At our 1st Meeting a good number attended in spite of the 40° heat. We had a jewellery demo. We enjoyed the Mornington Picnic in Feb. Our social sec has some good outings lined up this year & our 1st was to the Ballarat Great Wool Shed in March.

Meetings 1st Friday of month  
at 1pm  
Pres - J Stevenson 9729 8524  
H Sec - V Quintrell 9758 3968

Meetings 4th Mon.at 1.30pm  
Pres - M Brearley 9583 6449  
Hon Sec-R Clarke 9598 7483  
V Co-ord M Pinkstone 9589 3737  
Soc Sec - T Emry 9598 6112

Meetings 3rd Thurs at 10am  
Pres - M Willis 9808 8623  
Hon Sec - J Kitchin 9808 5230  
V Co-ord - H Crow 9886 1947

Meetings 2nd Mon at 1pm.  
Pres - A Ford 9707 4231  
Sec - J Tivendale 9707 1276

Meetings on 2nd Mon at 11am  
Pres - Pat Battye 9878 0539  
H.Sec - E Nichol 9870 7128  
V.Co - Edna Boag 9878 6653

Meetings 3rd Friday of month  
at 1pm  
Pres - M Howie 9762 9641  
Sec - D Stott 9762 8050

Meetings held every 3rd Mon at  
10am  
Pres - O Milne 9890 8516  
H.Sec - J Crosbie 9898 1121  
V.Co-ord- B Laurie 9899 6293

Meetings 1st Wed at 2pm  
Pres - M Newton 9555 5815  
Sec - P Thompson 9531 6478  
V.Co-ord S Cornish 9569 5571

Meetings 1st Fri at 1.30pm  
Pres- S Buckle 9560 9417  
H Sec - B Richardson 9579 2230  
V-Co-ords L Roberts 9570 3620  
& S Masson 9807 1095



## OPERATION ROSEMARY

Since 1982 Legacy Ladies have made Rosemary sprigs for the Students' ANZAC Service and the ANZAC day marchers. In 1997 we will require volunteers from Wednesday 2nd April until Tuesday 8th April to make sprigs for the Students' Service Wed 9th April. We shall also need volunteers from Tuesday 15th April to Friday 18th April, and Monday 21st April until Thursday 24th April to make sprigs for ANZAC day. Don't worry if you have never tried before, there is always someone able to help you. It is a chance to have a cuppa, a chat, work in a group and even make a new friend. Any day advertised between 10-2.30pm, you will be made most welcome. Enquiries Joan Miller 9663 3564.



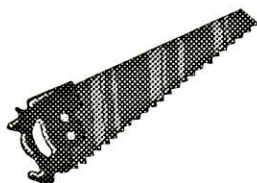
## ADVICE/ASSISTANCE FROM LEGACY



Most Legacy Widows will be aware of the Contact Legatees in their local area who can provide advice and assistance when problems arise. Others are reminded that they can contact a Legatee on duty at Legacy House Melbourne between 10 a.m. and 3 p.m, Mondays to Fridays by visiting Legacy House (293 Swanston Walk) or by telephone 9663 3564.

Another opportunity for you to obtain advice from Legacy is at the monthly Widows Club Meeting - a Legatee attends these meetings and provides advice - see Club News Section of the newsletter.

## HOUSING MAINTENANCE/RENOVATIONS



Melbourne Legacy provides an information service of names of tradesmen/contractors who are able to provide housing maintenance/renovation services. Widows may obtain names from our Tradesman's list by telephoning the Housing Clerk of Legacy House 9663 3564. However, PLEASE NOTE:-

**We do not accept responsibility for the standard of work carried out by those on the list**

Melbourne Legacy strongly recommends that at least two quotations be obtained for any home maintenance work, except for very minor jobs. We also suggest that wherever possible, use be made of the home inspection service which is available free of charge under the Home Renovation Advisory Program (HARP) - See below.



## FREE HOME RENOVATION ADVICE

The Home Renovation Advisory Program is a free home inspection service offered under the Home Renovation Advisory Program. If you have home renovation work that needs to be done Melbourne Legacy suggests that you contact HARP for free expert advice and a cost estimate. Melbourne Legacy strongly recommends that contact with HARP should be the first step for any home maintenance work, except for any minor jobs. We also recommend that at least two quotations be obtained and that they be checked against the advice and cost estimate from HARP before entering any agreement to have the work done.



*An appointment can be made by "phoning" Joanne on 9670-3911*



**COBURG LEGACY WIDOWS CLUB**

Our Feb Meeting opened with 103 ladies. We have a good year planned, so come along. Lovely day at Flowerdale with lunch & entertainment. Enjoyable day at "Camelot Castle" with "High Tea". New Members made very welcome. To our sick ladies keep smiling.

Meetings 2nd Thurs at 10.30am  
Pres- U Van Prooyen 9306 8279  
Sec - D Hanna 9359 2231  
V Co-ord- J Coomber 9354 5613

**CROYDON LEGACY WIDOWS CLUB**

Despite 40° heat our meeting & our trip to Grandridge Brewery were well attended. Certainly the right place, very enjoyable. We have a full agenda for the months ahead. Our sympathy goes to Legatee Ron McBride whose wife Olive recently passed away. Our AGM was held in March, details next issue. Greetings to our housebound & sickies. Welcome all new members.

Meetings 1st Thurs at 12.45pm  
Craft 3rd Thurs at 9.30am  
Pres - W Warwick 9761 9581  
Sec - N Briggs 9735 1407  
V-Co-ord - H Wilson 9786 0860

**DANDENONG LEGACY WIDOWS CLUB**

The Jan Phillip Island trip was very successful. Our AGM is in April. We will have a speaker from DVA. Bring a plate for afternoon tea. 5 day Merimbula trip Mon 5/5, some vacancies still available. New members welcome.

Meetings 2nd Wed at 1pm  
Pres - B Steer 9706 3273  
Sec - L Thomas 9792 0400

**DINGLEY LEGACY WIDOWS CLUB**

Another year has begun with our Feb Meeting which was well attended. We were sorry to hear of the death of our member Glad McGaye. Our year began with a picnic in Kingston Park & also a afternoon tea supplied by members to get to know each other better as we have quite a few new ladies. Our day trip in March was to the Police Academy & lunch at the Village Green. After the drawing of the Door Prizes & Raffle the Meeting closed & afternoon tea was served.

Meetings every 2nd Monday of the month at 1pm  
Pres - L Cox 9783 2841  
Sec - B Crawford 9551 4792  
Activities - M McCrory 9546 3367

**DONCASTER & TEMPLESTOWE WIDOWS CLUB**

We had our AGM in Feb & we thank our past Pres Joy Clarke of the past 3 years for her wonderful enthusiasm and kindness. We have a good Committee and look forward to an exciting 16th year. Our Luncheon & Xmas Break-up was enjoyed by all. New Members our welcome to join our meetings & enjoy a chat, light lunch & a cuppa, also our day outings.

Meetings held every 2nd Monday of the month at 11am.  
V. Pres - E Webb 9876 1424  
Sec - S Collings 9848 3131

**EMERALD LEGACY WIDOWS CLUB**

We started 1997 with an excellent attendance and a minute silence for L'tee Bruce Harding. Our AGM was held in March. We are a small friendly Club and welcome new members.

Meetings will be held 1st Wed of the month at 1.30pm  
Pres - V Hann (03 5968 5809  
Sec - J d'Argville 9756 6535

**EPHING LEGACY WIDOWS CLUB**

Our 1st Meeting for 97 was held in Feb with 36 of our members attending all rejuvenated after the Xmas break & keen to get into it again. We look forward to a good year with trips booked once a month. We have a few on the sick list & wish them a speedy recovery. We welcome new members.

Meetings 1st Tues at 11am  
Pres - M Woods 9401 5292  
Hon Sec - N Oakley 9404 4419  
Soc Sec - D Cook 9465 4336

**ESSENDON LEGACY WIDOWS CLUB**

At our February Meeting we had an excellent Guest Speaker. Joan Naylor from Friends of the Zoo who gave us a very informative talk. We enjoyed our Birthday lunch and in March we had our trip to Daylesford. Our thoughts are with some of our ladies who are not well and those still in hospital. We regret the passing of Nell Wicking. She will be sadly missed. new members are most welcome to our meetings.

Meetings 3rd Thurs at 10.30am  
Pres - B. Penberthy 9379 1874  
Hon Sec - V. Bourke 9374 2519  
V Co - L McDougall 9379 1796

**FOOTSCRAY LEGACY WIDOWS CLUB**

Our 1st BBQ for the year was enjoyed on a beautiful warm day and we were later highly entertained by a very humorous lady from "Friends of the Zoo". It was wonderful to see so many friends again after the Xmas break. We would love to welcome new ladies.

Meetings 2nd Wed At 1pm  
Pres - L Russ 9314 7337  
Sec - P M Davidson 9314 7708



**GENTLE EXERCISE CLASSES**

Our popular floor and chair exercise classes are conducted by qualified instructors Betty Luders & Bill Stevens

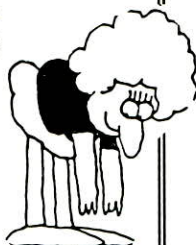
Tuesday Classes 10.30 am - 11.30am

Class instructor: Bill Stevens

Friday Classes by Betty Luders

**NEW FRIDAY EXERCISE TIMES**

1. 10.10am - 10.40am **Chair**
2. 10.45am - 11.25am **Active**
3. 11.30am - 12 Noon **Chair**
4. 12.05pm - 12.35pm **Chair**
5. 12.40pm - 1.20pm **Active**



We prescribe exercise appropriate to each person's fitness.

**TUNE TO 96.5 ON THE FM BAND TO SEE IF YOU CAN PICK UP LEGACY'S OWN RADIO SHOW - FRIDAYS AT 12 NOON.**  
Community Radio 3 INR

**MELBOURNE LEGACY HOME &****HOSPITAL VISITS GROUP**

Volunteers required to visit anyone who is sick, frail and disabled in their home, hostel or hospital - this is a service for ladies who have no other visitors.

Please contact Joan Miller - 9663 3564

**WATER EXERCISE CLASSES****City Baths 9 - 12 Noon**

Water Exercises back at Renovated CITY BATHS.

Waiting List Bookings

Joan Miller 9663 3564

**STARTING 1997 - FREE 8 WEEK STEP REEBOK/WALKING PROGRAM**

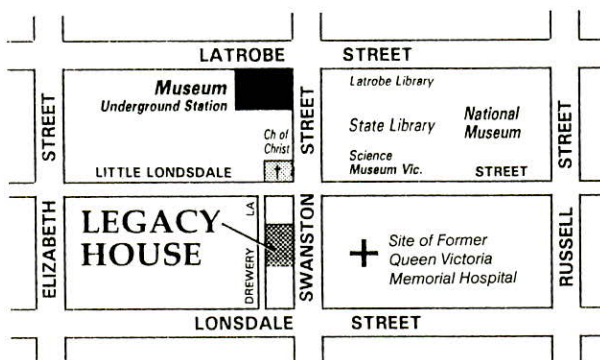
The program will include, 2 free checks on fitness, strength, blood pressure, heart rate, balance, co-ordination. Fully supervised sessions.

The program will commence April 1997, so sign up now!!

Contact Joan Miller, Legacy House. 9663 3564

**YOUR CLUBROOMS AT LEGACY HOUSE, MELBOURNE**

Clubrooms are open weekdays (10 a.m. to 3.30 p.m.). All Legacy ladies are welcome to call in for a snack, a chat or just to rest.

**Historical Tours of Victoria Barracks**

Group tours of the historic Victoria Barracks in St. Kilda Road, Melbourne are now open to the public. For tour details & bookings phone 9282 5999



By remembering Legacy in your Will, you can help them continue to look after Australia's biggest dependant family.

Legacy is a voluntary organisation of returned ex-service personnel dedicated to the care of widows and children of comrades who died on active service or subsequently. It is the only such organisation, and relies on contributions from the community, of which bequests are a significant factor, to fund its welfare programmes for "Australia's biggest dependant family."

*If you would like to find out more about bequests to Legacy, please write to:*

*The Executive Officer, Melbourne Legacy  
Legacy House, 293 Swanston Walk,  
Melbourne 3000  
or Tel: (03) 663 3564*

**BALWYN CINEMAS**

231 Whitehorse Road, Balwyn  
**FILM LUNCHES \$8.50 per head**

Films commence 11am

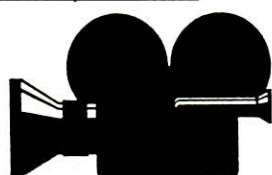
"The Evening Star"

"One Fine Day"

"Evita"

**Bookings Kim Petalas**

**Melissa Rathbone ☎ 9817 6421**





## DISABLED DEPENDANTS

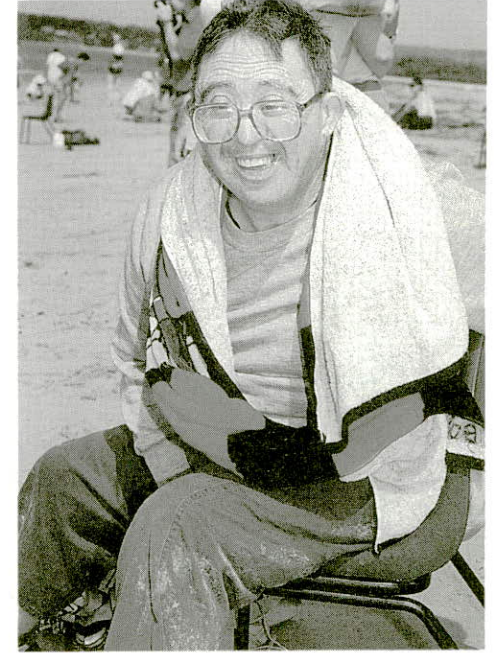
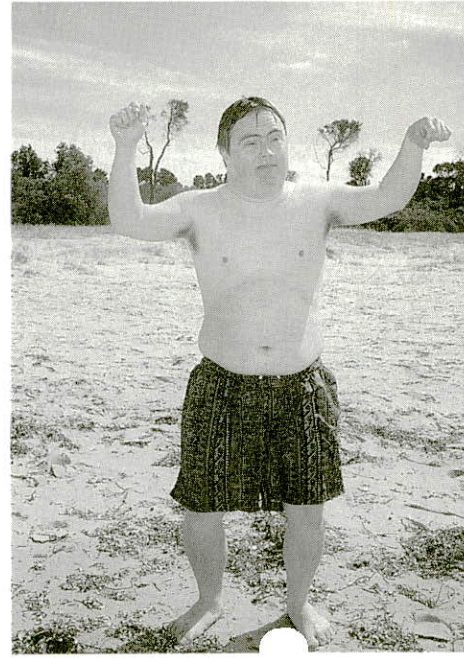


At our first meeting for the year we received a report on activities held at Somers Camp in January. Everyone full of talk and all looking forward to next year. Our grateful thanks to all concerned. The photos below show what a great camp it was.

Our ladies had the election of Office Bearers for the ensuing year with all returned except for our Treasurer June Tydell. Our thanks for all your hard work June, enjoy your retirement. Her position has been taken by a new mum Jean Cussen. Welcome to our Committee.

Many thanks to Oakleigh Branch for our February Smorgasbord lunch and also to the kind group of ladies who have all at one time been Legacy children. It was delicious and very much appreciated.

*Cheerio Dot Kenny*









**FRANKSTON LEGACY WIDOWS' CLUB**

We had a terrific start to our year with a get together in January, a good time was had by all. Our AGM was in March and we had a big turn up of Members. Details next issue. Our Soc Sec has some great trips planned for the year, including a 2 day trip to the Port of Echuca. At our 1st 97 Meeting we had 6 new members. A cheerio to all our sickies & housebound ladies.

Meetings 2nd Thursday of each month at 1pm  
Pres - D Thurtell (03) 5975 1318  
Hon Sec - M Norton 9781 4680

**HAMPTON LEGACY WIDOWS CLUB**

Despite the heat keeping attendances down we still had over sixty members present at our last Meeting. This was followed by a display of Trish's Treasures & a scarf tying demo. How about joining other Legacy members at 11am Sunday 20th April at the clubrooms for an Anzac Day Service and afterwards for tea, sandwiches & a chat.

Meetings held on 1st Wed of month at 12.30pm  
Pres - N Smith 9592 8842  
Sec/S.Sec J Williams 9578 5204

**HASTINGS LEGACY WIDOWS' CLUB**

Our 1st 97 Meeting was well attended. We have had a few ladies on the sick list and we hope they are improving by now. We are looking forward to another successful year. Good health to all.

Meetings 1st Thurs at 10.30am.  
Pres - N Rolland (03) 5983 1109  
Sec - S.A. Pretty (03) 5977 5745

**HEALESVILLE LEGACY WIDOWS CLUB**

Happy New Year to all clubs. Members from Upper Yarra & Lilydale joined us for our 4th Birthday Luncheon at Healesville RSL. We also had a lovely day at Mornington Picnic. Best wishes to Joan Miller.

Meetings 1st Wed at 1.30pm  
Pres - A Guest (03) 5962 3071  
Sec - N. Adams 9730 1532  
V Co- M Griffiths (03)5962 4245

**HEIDELBERG LEGACY WIDOWS CLUB**

Our AGM was well attended. 3 new members were welcomed, also L'tees John Roscholler & Eddie Jowett OAM, our loyal supporters. Looking forward to another great year of harmony & friendship. Warm wishes to sick housebound. God bless all.

Meetings 2nd Mon at 11am  
Pres - V Keating 9459 1981  
H Sec.L. Curran 9459 8904  
V Co-ord - M. Cauty 9499 4144

**HIGHETT LEGACY WIDOWS CLUB**

Our 1st 97 Meeting was most enjoyable seeing all our friends again. We welcomed 5 new members & hope they enjoy our club. Our year is fully booked with guest speakers & our Soc Sec has planned many excellent trips. Our Legatees are always at our Meetings & are always ready to help any members who need assistance.

Meetings 3rd Mon at 1.30pm  
Pres - M Brooks 9555 7297  
H.Sec - J Thomson 9555 1029  
Soc Sec - C Davis 9570 3557  
V Co-ord T David 9555 5607

**KEW LEGACY WIDOWS CLUB**

In April Capt John Carroll will talk about his work as a Harbour Pilot & in May Danny Blum's Fashions will show their winter collection. On Wed 14th May we have an outing to Healesville with Smorgasbord lunch at RACV Country Club. Cost, bus fare/lunch \$27 incl. book at April Meeting.

Meetings 3rd Wed at 11am  
Pres - C Curnow 9853 7049  
Hon Sec - B Wade 9859 1663

**KNOX LEGACY WIDOWS CLUB**

Our 1st 97 Meeting was regrettably low in numbers - many members on holiday & the heat-wave keeping many at home, however we have many outings planned for the near future hopefully the weather will be kinder and all members in good health will attend. We all wish Joan a speedy & successful recovery from her heart operation, she will be missed.

Meetings 1st Mon at 12.30pm  
Pres - M Biggs 9801 7868  
Hon Sec - M Dodwell 9801 9705

**LILYDALE LEGACY WIDOWS CLUB**

Jan & Feb we began our "Between Meeting" lunches, they were well attended, happy social days for all. In Feb, Pres & Sec attended 4th Birthday lunch at Healesville. Together with our friends from Healesville & Upper Yarra, we went to the Mornington Picnic. In March we enjoyed the Police Band Concert & the Picnic in the Valley, also our AGM, details next issue.

Meetings every 2nd Monday of the month at 1.00pm  
Pres - M Orford 9726 0238  
Hon Sec J Layton 9735 5646



## 1997 BADGE APPEAL



***Daryl Somers shares the spotlight with Legacy's Hazel McKean.***

Hey Hey It's happened Again!! Daryl Somers will again be our "personality" for this year's Badge Appeal. Daryl proved so popular last year that Legacy Clubs across Australia asked Melbourne Legacy if we could approach him again.

He very kindly agreed. We are delighted and privileged to welcome him back in the Legacy fold.

We all know how quickly time can fly by - so even though the Appeal is still a few months away here is our first call to arms for the 1997 Badge Appeal.

Many Widows assist by taking what we call a "Card Pack" - a small packet of badges which they sell to family and friends. We are deeply grateful for this support and you would be surprised at how much can be raised through these sales. The more who take a card pack, the more badges we sell and the more money we raise.

The badges are mailed to your home in early August and a self-addressed envelope is provided for return of money and any unsold badges.

If you received a card pack last year you are already registered and we will be in touch in the next couple of months. If you didn't and would like to take a pack during the Appeal please contact our Fund Raising & Public Relations Officer, Susie Howard at Legacy House on 9663 3564.

## 1997 Legacy Junior Public Speaking Award

Please keep a note in your diary that the first semi-final of this fine series will be held on **MONDAY 5 MAY** at Legacy House (1st floor) commencing at 10am.

Members of the Legacy family are most welcome to come and listen to our young participants. We want them to feel warmly welcomed within the Legacy Family.

For further information call Susie Howard on 9663 3564.

***Photo on right, 1996 National Final Winner, Victorian, Ross Ditcham***





**MAFFRA/HEYFIELD LEGACY WIDOWS CLUB**

A belated Happy New Year to all. 29 attended our Feb Meeting in the heat & 13 apologies. We thank our 2 loyal Legatees for their constant attendance. April we visit Heyfield & a trip to Loch Sport in May, we hope Sale & Yarram will join us. After our June AGM we enter our 5th Year.

Meetings every 3rd Friday of month at 1pm  
Pres - M Gibbons (03)5147 1459  
H Sec- P Cawood (03)5147 1882

**MALVERN LEGACY WIDOWS' CLUB**

A good attendance on a very hot morning for our 1st 97 Meeting. We welcomed 2 new members, sisters. An attractive schedule of speakers & outings is arranged. L'tee Reg Hunt is always present & available to discuss problems. He reported on activities at headquarters. A warm welcome awaits old & new members at Malvern Senior Citizens Centre.

Meetings 3rd Tues at 10am  
Pres - W Ames 9822 1888  
Sec - A Porter 9509 9362  
V Co-ords - M Spain 9509 0612  
& G Aspinall 9509 9805

**MITCHAM LEGACY WIDOWS CLUB**

Happy New Year to all. We started the year with afternoon tea & chatter in Jan & Feb. A trip to Red Hill winery with lunch at Rye RSL on a very hot day. Edwin Maher entertained us. We received 4 new members. All new members welcome. Please note our Meetings now start at 1pm.

Meetings held each month on the 4th Wednesday at 1.00pm  
Pres - S Bowman 9874 5662  
Sec - H Smith 9873 2532

**MORNINGTON LEGACY CLUB**

At our 1st 97 Meeting P.Pres. B Potter welcomed everyone as Pres M Sinclair is in Mt Eliza Centre recovering from an operation & progressing well. L'tee K Fyffe is also recovering. L'tee R Birch is our new convenor. Thanks to all Legatees, K Mathews, Committee, & helpers for making our Feb Picnic such a success and enjoyed by all.

Meetings held every 4th Wed of the month at 1.30pm  
Pres - M Sinclair (03)5975 5322  
H Sec- C Roberts (03)5975 2744

**NATHALIA LEGACY WIDOWS' CLUB**

We had a large attendance at our 1st 97 Meeting in Feb. Future activities include trips to Shepparton's Equestrian Centre & Barwo Homestead. Also to Nathalia's much admired Aged Hostel. Good wishes to all clubs.

Meetings 2nd Tues at 10.30am  
Pres - M O'Brien (03) 5866 2831  
Sec- B Thompson (03)5866 2630

**NOBLE PARK LEGACY WIDOWS CLUB**

Our first Meeting for the year was held in February. We are looking forward to our trips that are coming up. We hope that our sick members are soon on the mend, and also Joan Miller.

Meetings 3rd Wed at 1.00pm  
Pres - M. Veal 9546 9110  
H Sec - M Lappin 9798 3971  
Soc Sec - D Spruce 9547 6078

**NORTHCOTE LEGACY WIDOWS CLUB**

We commenced the New Year with lunch and Fun Bingo at the club rooms in January. Our first outing to Ballarat with lunch at the Golf Club, followed by a boat trip on Lake Wendouree. A happy day enjoyed by all. Our 1st 97 Meeting was well attended. The speaker was Doris Le Toille from Vet Affairs Financial Service.

Meetings 4th Monday at 1.00pm  
Pres - J Donald 9480 2101  
H Sec - E Newton 9484 1056  
Soc Sec - D Freeling 9470 6554

**NORTH BALWYN LEGACY WIDOWS CLUB**

Feb was our AGM, office bearers unchanged. Ladies brought a plate for lunch after Meeting. Several new members were welcomed. We hope that they enjoy their time with us. March Meeting a speaker from Morrison's Nursery with plant samples was very interesting.

Meetings every 4th Monday of month at 10.30am  
Pres - M Parker 9857 9574  
Sec - S O'Toole 9857 6280

**PRESTON RESERVOIR LEGACY WIDOWS' CLUB**

Special greetings to our sick members. At our AGM we were pleased to welcome Joan Redmond to Committee. Phillip Island Club have asked us to be guests & we are looking forward to that. New members made welcome.

Meetings 2nd Wed at 1pm  
Pres- D Wilson 9478 7279  
H.Sec- F. Forte 9460 8681  
V.Co - J Robertson 9478 7175





### MCKENZIES CARE

McKenzies will pick up passengers from Healesville office, Lilydale, Mooroolbark, Croydon, Ringwood, Mitcham, Box Hill Town Hall, Kew Depot, Batman Avenue.

#### Thursday 10th April

**Point Cook Homestead/RAAF Museum**  
Morning Tea/Basket Lunch Admission to Homestead \$26.00 incl.  
Batman Avenue 9.30am

#### Thursday 8th May

##### **Phillip Island**

Coach/Morning tea,  
Lunch at Charmandene Cottage,  
\$28.00 incl.  
Batman Avenue 9.00am

#### Thursday 12th June

##### **Rupertswood Homestead**

Admission/Tour/Morning Tea/Bistro Lunch  
\$26.00 incl  
Batman Avenue 9am

#### Thursday 10th July

##### **Sky High Restaurant Mount Dandenong**

Coach/Buffer Lunch \$28.00 incl  
Batman Avenue 9am

#### Thursday 14th August

##### **Geelong Legends Restaurant**

Lunch/Sing-along/Entertainment/  
Afternoon Tea \$25.00 incl.  
Batman Avenue 9am

Ring Joan Miller (9663 3564) for these or other special group bookings

Send Applications for day trips to Legacy House, P.O. Box 4312 PP, Melbourne GPO, 3001, in envelopes marked "Outings." Please include a stamped self-addressed envelope for return of tickets. Money orders or cheques made payable to Melbourne Legacy. Day trips do not include lunch unless specified. Please include a contact phone number. Payment may be made by instalments if preferred.



### VENTURA COACH TOURS

Ventura Tours depart from 1037 Centre Road, Oakleigh South, Moorabbin Town Hall, & Spencer St Coach Terminal Bay 38

*For exact departure times & direct bookings please call 9579-4811. Cheques to P.O Box 317, South Oakleigh 3167*

#### Tuesday 29th April

##### **Healesville Sanctuary Tour**

Travel through the picturesque Yarra Valley to Healesville Sanctuary for an entertaining day, featuring exhibits & demonstrations.  
\$30.00 per person (includes lunch)

#### Tuesday 13th May

##### **Point Cook Homestead/RAAF Museum**

A delightful day as you visit the Pt Cook Homestead for a guided tour & lunch followed by an inspection of RAAF Museum, featuring an impressive pictorial display, weapons & uniforms.  
\$24.00 per person (includes lunch)

#### Thursday 29th May 1997

##### **Powerworks Museum/Morwell**

A full guided tour of Latrobe Valley including Hazelwood & Yallourn. Visual display & light lunch. \$32.00 (incl).

#### Wednesday 11th June 1997

##### **Variety on Parade**

Enjoy an old fashioned day's outing to the Warburton Arts & Entertainment Centre with gourmet lunch, sing alongs, lucky seat prizes & a top class stage show. \$28.00 (incl).

For Ventura Coach Holidays see page 19

# DAY TRIPS/OUTINGS



**RANGES LEGACY WIDOW'S CLUB**

We were all happy to meet with our friends again at our 1st Meeting in Feb. Pres Nancie Armstrong welcomed 3 new members. We enjoyed being entertained by Brendan Scott's music once again. A busy schedule is outlined for 1997. We wish everyone a Happy & Healthy New Year.

Meetings held each month on 4th  
Tuesday at 12.30pm  
Pres - N Armstrong 9754 2496  
H Sec B Prain (03) 5968 8379

**SOUTHERN PENINSULA LEGACY WIDOWS' CLUB**

81 Ladies attended our 1st 97 Meeting & L'tees Max Kenyon & Bill Mason. They attend all Meetings & help with any member's problems. Thanks to them for their support. In Dec Dromana/Red Hill, Rosebud & Rye RSLs entertained our ladies who live in their areas to an enjoyable lunch. We thank them very much. Our AGM was held in March, details next issue. We hope our sick members are well soon.

Meetings 3rd Mon of month at  
1.30pm  
Pres. M Williams (03) 5985 3458  
H Sec- A Thomas (03) 5985 4176  
V-Co-Ord E Saxe (03) 5985 5472

**SOUTHPORT LEGACY WIDOW'S CLUB**

Nomination Forms available at our May Meeting for our AGM in June. New Members always welcome.

Meetings 2nd Wed at 10.30am  
Pres - J Blanck 9690 1495  
Sec - G Gunn 9699 3514

**UPPER YARRA LEGACY WIDOWS CLUB**

Our New Year started well & we hope to continue. Some members attended Mornington's Picnic which was great. We all enjoyed our Picnic in the Valley. Many thanks to our co-ordinator. A warm welcome to all new members.

Meetings held each month on the  
1st Tuesday at 2.15pm  
Pres- N McMaster (03) 5967 1502  
H Sec - B McRae (03) 5967 1934

**WATSONIA LEGACY WIDOWS CLUB**

In Jan we had a speaker from the Retired Fire Fighters Association on "Safety in the Home". It was most enlightening & gave us food for thought on our own home safety. Feb meeting was low-keyed owing to the hot weather, but we enjoyed our get together.

Meetings 3rd Tues at 11am.  
Pres - N Hatfield 9435 0800  
Hon Sec - A Wass 9435 4237  
Soc Sec - M Leehy 9459 3241

**WAVERLEY LEGACY WIDOWS CLUB**

An Autumn trip to Mont-de-Lacy coming up & a Puffing Billy luncheon trip. We divided the area for the caring ladies & a few more members have offered to help. Our growing club covers a large area. After our 10th Birthday in Jan we look forward to more happy years. New members welcome.

Meetings on 3rd Wed at 1pm.  
Pres - L McLachlan 9807 2591  
Sec - M MacKenzie 9807 3958

**WESTERNPORT LEGACY WIDOWS' CLUB**

Another year gone, another starting. Our Christmas Dinner was enjoyed by all. Sadly we lost a lovely member in Doreen Vary. She will be sadly missed. We have a few surprises for our members this year. Hoping also our sickies will be along to join us. Best wishes to all.

Meetings held on 3rd Wednesday  
of every month at 1.30  
Pres- M Rutledge (03) 5940 1353  
H Sec- P Le Vette (03)5997 1015

**WILLIAMSTOWN LEGACY WIDOWS CLUB**

We started the year well with a good attendance at our 1st Meeting. We had a very entertaining visit from "The Guide Dogs Association". We had an enjoyable visit to Smorgys at Geelong. The cool change was well in evidence to everyone's relief.

Meetings 2nd Tuesday at 10.30am  
Pres - P O'Brien 9397 5100  
Sec - M Love 9397 1443  
V Co-ord - J Maddy 9314 3573

**YARRAWONGA LEGACY WIDOWS CLUB**

We celebrated our 5th Birthday in March with a lunch at the Mulwala Services Club. Our Club is increasing with an average of 33 attending Monthly Meetings. We are looking forward to a day trip to Melbourne to see Sunset Boulevard in April.

Meetings 3rd Monday at 2pm  
Pres - L Martin (03) 5744 3679  
Sec - N Sullivan (03) 5743 2793  
V C-ord K Buchanan (03)5744 1605



**BARGAIN!****Border Holidays**

for sale

**5 nights in Albury**  
**2 Adults**  
**only \$190.00**

Staying in **Central Albury**

Day Tours available

**Telephone (060) 21 31 27**

pay \$40 deposit – balance at time of stay  
 (pensioners, use your free rail pass)

**ADVERTISING SPACE!**

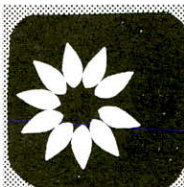
**FOR HOLIDAY SERVICES  
 AND ACCOMMODATION**

**FOR OUR REASONABLE  
 ADVERTISING RATES  
 CONTACT:**

**LORRAINE ERENSTROM  
 LEGACY HOUSE  
 TELEPHONE: 9663 3564**

INTERASIA 9523 6555 or TOLL FREE 1008 337 026 Licence No.31708 Gwen Brash	Fully escorted 3/6/97 10 Day Beijing(includes travelling time) fly Qantas \$1798 t/share all inclusive. 17/7 17 Day Africa Tour 2/9 UK/Europe 4 weeks. Telephone Gwen Brash for details
QUINCES 568 1122 Licence No, 30568	4 Day Bright Autumn Festival Departs 2/5 \$390 T/S Shipwreck Coast & Blood on the Southern Cross 6 Day Tour Departs 19/5 \$499 T/S 8 Day Flinders Ranges & Roxby Downs 8/9 \$950 4 Day Canberra "Floriade" 7/10 \$399 6 Day Kangaroo Island & South Coast Departs 9/10 \$699 8 Day Scenic Tasmania Sea/Coach/Air Departs 22/10 \$950
VENTURA COACHES 9570 1554	4 day Bright in Autumn Departs 14/4 \$350 p/p. 3 day Bright Tour 29/4 \$235 p/p. 5 Day Bright Autumn Festival 5/5 \$460 p/p 5 Day Tour Mildura & The Murray Departs 5/5 \$430 T/S 14 Day Hervey Bay/S.Paradise 15/7 \$1650 p/p. 8 day Norfolk Island 7/8 \$1750 p/p. 5 Day Canberra "Floriade" 29/9 & 6/10 \$435 p/p
ROSEBUD 9337 8388	18 Patterson St, and 6 Fifth Avenue, Bookings & Tariff Details phone Alice, after 7pm.
ALBURY CENTRAL MOTEL 060 21 31 27 (see advertisement above)	Special limited offer - Border holidays, 5 nights for two adults - \$190.00 Central Albury near Railway Station. \$40.00 deposit, balance at time of stay. 473 Young Street, Albury NSW 2640

**Cancellation Policy** is utilised by all registered travel agents. Cancellation fees are payable on a sliding scale according to the number of days prior to departure the cancellation occurs. No refund is available if the Travel Agent has not been notified prior to departure, or if the traveller fails to join the tour, or leaves before the tour has been completed. Once final payments have been made to the Tour Operator, Legacy is bound by the Agreement. Ladies are advised to contact their Insurance Agent re Travel Insurance.



# HOLIDAY PAGE





## *Mr Alf Young of Ickenham Middlesex*

It is with regret that we report the death of Alf in early January. He was 85.

Legacy had our first contact with Alf in May 1993. A friend had shown him a copy of our newsletter from May 1992, and he wrote to us about the ANZAC cemetery close to Harefield Hospital which was the first ANZAC hospital during the Great War. There are 111 ANZACs buried there and one nurse. Annual ANZAC services at that cemetery commenced in 1918, and the first school parade of local school children attended by Alf and his sisters was held in 1921. Since contacting Legacy directly, Alf laid a wreath of poppies at the Cenotaph on ANZAC day on Legacy's behalf. The annual ANZAC ceremony involving local school children continues to this day. In August 1993 Alf was presented with Mementos of Legacy by one of our Legatees at the Victory club in London. In August 1995 our Public Relations lady Susie Howard met Alf when she was on holiday in England. He was an enthusiastic local historian, and corresponded with several Legacy ladies who wrote to him. He loved writing poetry, many of which were included in various editions of "The Answer". We will miss his cheery letters and poems. Legacy has lost a true friend.



Alf Young with Susie Howard from Melbourne Legacy in England with all the Legacy wreaths

## *"Poppy" O'Neill Celebrates Her 100th Birthday*

Legacy Widow Maria "Poppy" O'Neill turned 100 in January this year. After 25 years at Lakes Entrance she has recently moved to Manor Gardens Sale Retirement Home where she had a big party with 150 guests.

She has 13 grandchildren and 23 great grandchildren. Poppy was a member of the Red Cross for 83 years and is a lawn bowls champion. She just loves spending time with friends and when she was young she enjoyed playing the piano and singing at concerts to make people happy.

### **"READY FOR A PARTY"**

(Photograph by courtesy of the East Gippsland Times, Sale)



## **UPDATE ON JOAN MILLER OF LEGACY HOUSE**

Since our February issue when we advised you all of Joan's impending surgery, she has had large numbers of good wishes and cards from Legacy Widows, for which she thanks you all very much. In the meantime Joan is still awaiting advice on the date of her operation.



## ♪ MORNING MELODIES ♪

*Concert Hall - 1.30pm*

**Mon 21/4 \$8.00** Students from the Australian Ballet School present Swan Lake Act2/Trio & Cocktail Suite

**Tues 13/5 \$8.00** Australian Army Band Marching Down Broadway

**Wed 4/6 \$12.00** Rolf Harris

## TAP DOGS

### Forum Theatre

Return Season  
featuring Sheldon Perry

Previews 17/5 - 21/5

Season to 6/6

Sat 5pm A Res \$37, B Res \$35

Sun 6pm A Res \$32, B Res \$30

*Bookings on request only*

*Credit Card Bookings Tel: 132 849*



## SESAME STREET LIVE

*Thurs 24/4 2pm*

*Sun 27/4 4.30pm*

A \$30,

Pensioner \$25

Child up to

12 yrs \$16

*Sports & Entertainment Centre*

THE GERSHWINS

## PORCY and BESS

by George Gershwin, DuBose and Dorothy Heyward and Ira Gershwin

State Theatre Arts Centre

*Wed 21/5 1pm*

A Res \$56 B Res \$46

*Sat 24/5 2pm*

A Res only \$66.00

## FORTHCOMING ATTRACTIONS

JEKYLL & HYDE

Her Majesty's Theatre

Late October 1997

Details to be confirmed

## REGENT THEATRE

April - May 1997

Cancellations only

Wed 2nd July 1pm

School Holidays

\$38.00 per person

Pension Numbers required.

Wednesday Matinees Only.

## Red Hot & Rhonda

Rhonda Burchmore

(of Hot Shoe Shuffle)

CASINO CABARET

Wednesday 21/5 2pm \$42.00

Saturday 24/5 2pm \$42.00

Enquiries Joan Miller 9663 3564.

Written applications to Legacy House

P O Box 4312PP Melbourne 3001.

Mark envelope "outings" cheques/

money orders payable to Melbourne

Legacy. Please note tickets may be

paid by instalments. Final payments

minimum of 10 days prior to show.

Tickets not paid for will not be held.

Sunset Boulevard - not held if not

paid for at least 3 months prior to

performance date.

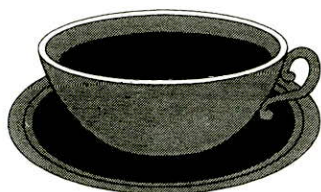
# THEATRE MATINEES



# Contributions Page

## APRIL POEM

New Year Resolutions are fading fast  
 3 months of '97 have already passed  
 Concerts, outings, matinees  
 Continue as before  
 From painting, craft & keep fit  
 We have hobbies galore  
 Save your stamps, come visit -  
 It's not so hard to do  
 It will make a difference  
 Especially for **YOU!**



*Joan Miller,  
 Widows' Clubs Co-ordinator*

## Poem for John LETTING GO

When you were gone  
 the space you left was huge  
 For years I searched  
 and hoped to glimpse your face,  
 Once I thought I saw you on a train.  
 The window, streaked with rain  
 sped quickly past  
 leaving tearing pain

Time passed I let you go  
 Your likeness in a silver frame  
 Smiles just the same.

Today I feel a different sorrow  
 If we would meet tomorrow  
 I'd be shy, shy of you?  
 No longer mine,  
 grey ghost in time  
 How can that be?  
 when you, my love,  
 was once so close to me.

*Mrs Joy Poll, Mulgrave  
 Written for her husband  
 who died on Anzac Day 12 years ago.*

*For every minute you're angry you  
 lose 60 seconds of happiness  
 Sent in by Win Hartley, Hampton*

## Operation Firewood



Dear Sirs,  
 I would like to express my sincere thanks  
 for the firewood I have had delivered to me  
 over the past 11 years. it has been a  
 wonderful gift and has enabled me to enjoy  
 my lovely warm fires over the winter  
 months. I appreciate the difficulties you are  
 now experiencing with deliveries etc. but  
 would like to say a big "Thank you" to  
 Legacy and all the volunteers who have  
 worked so hard over the many years to  
 bring this firewood to my home. Once again  
 my heartfelt thanks. God bless you all.  
 Yours sincerely

*Marjorie Loughland, Heidelberg*

## ANZACS

Anzacs proudly marching by  
 Can bring a tear to many an eye  
 But best of all the people know  
 The spirit lives on "to have a go"  
 The feet may weary,  
 but the will stays yet  
 We march together ---  
 Lest we forget.

*Joan Miller  
 Widows' Clubs Co-ordinator*





## Amazing But True

We thought many readers would be interested to read of the following account of a recent incident involving a professional lady who had just moved into a new office.

For most of her spare time in her first three months in this new location, she had been transferring essential data about her clients into her new computer. She had also equipped her office with a new fax machine. The inevitable happened and the office building was thoroughly burgled during a weekend. She lost her computer, printer and fax machine.

Her trauma following this discovery was not long-lived. The thief must have had a good look at what the computer contained and found no evidence of back-up on computer discs. Near the computer they found a box of discs and transferred onto these the entire contents of the hard disc and left a note to put the owner's mind at ease.

Police are looking for a caring computer-literate thief to assist them in their enquiries.

**Legatee Pat Melican**

## Stamp Report



Our Stamp Ladies continue to make an excellent contribution to Legacy. Unfortunately we are still losing some revenue because stamps are cut too close to the edge and the perforation is broken. To prevent this, place stamps at least ½ an inch from the stamp. this makes it easier for the trimmers to check and trim them. If you are in doubt about the stamps please give me a ring. Beryl Billing 9546-9208

## AUSTRALIA DAY



What does it mean

To us, the people in the street?  
A celebration of this land  
Before, and after, that First Fleet.  
A heritage of battles won  
Against a country harsh and dry,  
Yet beautiful, and quite unique,  
Beneath its bright blue Southern Sky.  
The first Australians lived as one  
With forest green & wide brown earth  
We immigrants from many lands  
Are just now learning its true worth.  
Our ancestors, how e'er they came,  
Struggled, to survive and win -  
They overgrazed, cut down the trees,  
And yet, how else could they begin  
To understand just what was here?  
Australia, where men stand tall -  
Potential from our ancient past  
A lucky country for us all.

*Heather Low, Ivanhoe*

**Our painting raffle at the March Concert was won by Dorothy Plumbridge of Boronia.**

**The Painting was kindly donated by Alice Wallis of our painting group**



This photo sent in by Maffra/Heyfield Legacy Widows Club shows Marg Gibbons President (right) & Phyl Cawood Secretary (left)

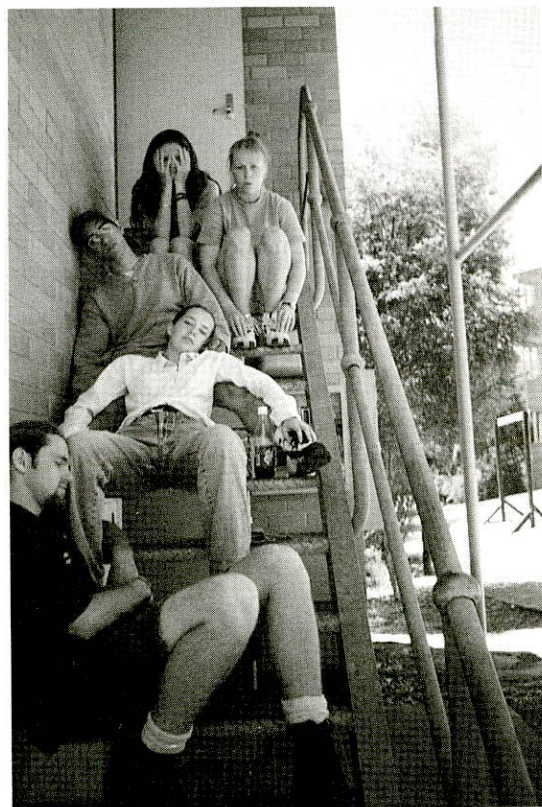


## ***Legacy Christmas Camp - Bandiana Army Base, Wodonga***

OK so I survived another year as a leader on the children's Christmas camp. Yes we had a great time and all, but boy did we have our fair share of adventures. This year we had about 100 Legacy children on the camp. They came from all around Australia, including Townsville, Queensland and all over NSW. We also had a few new children from Melbourne and we hope to be seeing more of them.

One very funny story concerns a young boy by the name of Balamy. Balamy thought it was about time we had a party on the camp so he decided to tell the leaders that it was actually his birthday. "Well, we better get him some lollies and a cake and maybe a little present" the leaders suggested. Only to find 3 days later that his birthday was actually in April! We had the wool pulled over our eyes by a 7 year old boy ... but don't let this fool you, we are really good leaders at times!

A few aches and pains such as: a child with a pinched nerve on the spine, possible appendicitis, gastro, vomiting, heart murmur, pains in the tummy and lack of sleep (which I think every child suffered from). But all children ended up fit and well to participate in the activities we had to offer.



***Whew!!! We're exhausted***



***The Four "Really Good" Leaders  
Meiling, Kimberley, Louisa, Jacqui***



***A Good Old Rugby Game!!***

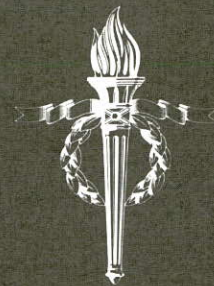
Hot Air ballooning was a big favourite with the children, the only thing was the drive was 3 hours away so most of the children slept long and hard the next night. (Which was good for us leaders), water slides at the local caravan park, bush-walking, trips into town, many chances to catch up on the latest flicks at the movies. Trout fishing which was also a big favourite, but not among the leaders ... "Don't pull them out of the water then throw them back in because they die and float!" (as we found out trying to fish them out later on!).

Overall I must say, we all had a very pleasurable experience and a wonderful holiday with great weather and fantastic company. I take this opportunity to let you know that the leaders are very proud of how the children all behaved. We would like to give a very special thankyou to Legacy and to all those who participated in making this camp such a special one.

***Meiling Clucas, Camp Leader***



# THE ANSWER



A NEWSLETTER FROM MELBOURNE LEGACY

Issue 221 - February, 1997

Dear Ladies,

Best wishes for 1997. There are many plans already in place that we hope will help make sure that you do have a happy New Year.

Our March concert will feature the Victorian Police Band. The same event last year was a great highlight and I am sure it would be highly recommended by all who attended on that occasion. (See page 9)

I want to pay tribute to two special members of the staff at Legacy House - Ruth Copp who has just retired after 25 years devoted service and Joan Miller who is scheduled to undergo major surgery. (See page 23 for details). I am sure there are a large number of readers of The Answer who join me in offering sincere best wishes to them both.

*Best Wishes. Legatee (Salty) Saltmarsh, Committee Chairman*

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(ACN 004 301 348)  
Print Post Approved PP 349181/00313



Junior Public Speaking Award:

Finalists at Legacy's first National Final held in November at the ABC Southbank Centre - See Page 24.

**MELBOURNE LEGACY:** Address - Legacy House, 293 Swanston Walk, Melbourne 3000  
Telephone - (03) 9663 3564 Fax (03) 9663 3015 President - Legatee R.H. Ward  
Patron - His Excellency the Governor, the Honourable Richard E. McGarvie AC.  
**WALK WITH CARE** (See Page 7 - Crossing Safely at Traffic Lights).





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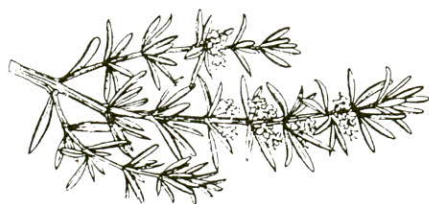
**FUTURE ISSUES OF "THE ANSWER"**

We will publish five further issues of "The Answer" in 1997.

ISSUE	COPY DEADLINE	DISTRIBUTION
Apr 97	1 Mar 97	Last week Mar 97
Jun 97	1 May 97	Last week May 97
Aug 97	1 Jul 97	Last week Jul 97
Oct 97	1 Sep 97	Last week Sep 97
Dec 97	1 Nov 97	Last week Nov 97

When you send us your recipes, poems, stories & jokes, if possible please identify the author of any item that is not your own original work & confirm that clearance has been given for publication.

Photographs must be in sharp focus & have good lighting with caption on separate sheet.

**OPERATION ROSEMARY**

Since 1982 Legacy Ladies have made Rosemary sprigs for the Students' ANZAC Service and the ANZAC day marchers. In 1997 we will require volunteers from Wednesday 2nd April until Tuesday 8th April to make sprigs for the Students' Service Wed 9th April. We shall also need volunteers from Tuesday 15th April to Friday 18th April, and Monday 21st April until Thursday 24th April to make sprigs for ANZAC day. Don't worry if you have never tried before, there is always someone able to help you. It is a chance to have a cuppa, a chat, work in a group and even make a new friend. Any day advertised between 10-2.30pm, you will be made most welcome. Enquiries Joan Miller 9663 3564.

**From The Editor:**

We start 1997 activities with our concert, Monday 3rd February. AGM 10.30am in 2nd floor activities area. Presentation of new Committee Ladies 12.30pm and Concert will commence at 1pm. I hope many ladies will join the gathering at Mornington Park, Thursday 27th Feb, to meet with other groups from near and far. Monday 3rd March, our special Melbourne Town Hall Concert with the Police Band. Our 2nd Floor clubrooms have re-opened after the holiday break. Light refreshments available Monday to Friday 10am-3pm. You will be made welcome.

*Love to you all*  
**JOAN.**



Legacy Christmas Concert - see page 12-13

The Newsletter provides information on a range of services for the benefit of our ladies. Items are welcomed for inclusion. However as publication does not necessarily mean endorsement Legacy cannot be held responsible for non-performance of goods and services. A decision to proceed is entirely at the discretion of the individual.



## ***A Message from Legatee Ray Ward President, Melbourne Legacy Club***

As my time as President of Melbourne Legacy will be over in March I wanted to thank every Widow who has helped make it such a rewarding experience.

I have certainly received enormous help towards meeting the challenge of family, a busy working schedule and my work in Legacy. My wife Carmel and I both thank you all most sincerely.



One of the things that I have been most impressed about is the great spirit of co-operation and generosity that helps our organisation continue to flourish. That spirit is certainly evident in our very successful Widows' Clubs and the way that you support our regular activities and each other. It also comes through in articles in "The Answer" and in letters of appreciation that I continue to receive as President of Melbourne Legacy.



I know that there are many ladies who are not able for a number of reasons to take part in Legacy activities, but you are still very much part of the Legacy "family".



I hope you will all keep in mind that your health and welfare are important to us. Please contact your Legatee or duty Legatee at Legacy House if you are in need of help. We will always do our best to help you if we can.

My successor is to be Legatee Brian (Lucky) Luscombe. I have already assured him that he will have the support of a great team - and that includes you.



Best wishes and thanks again for making my year such a memorable one.

RAY WARD



**FEBRUARY**

<b>MONDAY</b>	<b>3RD</b>	<b>AGM MELBOURNE LEGACY WIDOWS' CLUB COMMITTEE</b>		<b>10.30 A.M.</b>
<b>MONDAY</b>	<b>3RD</b>	<b>PRESENTATION C/TTEE 1997 12.30PM</b>	<b>CONCERT</b>	<b>1.00 P.M.</b>
TUESDAY	4TH	SWIMMING YWCA SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	4TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	5TH	BOWLS		10.30 A.M.
THURSDAY	6TH	PAINTING		11.00 A.M.
FRIDAY	7TH	KEEP FIT - PAGE 11		
MONDAY	10TH	BOWLS		10.30 A.M.
TUESDAY	11TH	SWIMMING YWCA - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	11TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	12TH	BOWLS		10.30 A.M.
THURSDAY	13TH	PAINTING 11AM	WWI GROUP	11.00 A.M.
<b>THURSDAY</b>	<b>13TH</b>	<b>MORNING MELODIES - CONCERT HALL</b>		<b>1.30 P.M.</b>
FRIDAY	14TH	KEEP FIT - SEE PAGE 11		
MONDAY	17TH	BOWLS		10.30 A.M.
TUESDAY	18TH	SWIMMING YWCA - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	18TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	19TH	WIDOWS CLUB COMMITTEE MEETING		10.30 A.M.
<b>WEDNESDAY</b>	<b>19TH</b>	<b>MATINEE SUNSET BOULEVARD 1PM</b>	CARDS	12.30 P.M.
THURSDAY	20TH	PAINTING		11.00 A.M.
FRIDAY	21ST	KEEP FIT - SEE PAGE 11		
MONDAY	24TH	BOWLS		10.30 A.M.
TUESDAY	25TH	SWIMMING AT YWCA - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	25TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	26TH	CARDS		12.30 P.M.
<b>THURSDAY</b>	<b>27TH</b>	<b>DAY TRIP TO MORNINGTON PICNIC</b>		<b>9.00 A.M.</b>
THURSDAY	27TH	PAINTING		11.00 A.M.
FRIDAY	28TH	KEEP FIT - SEE PAGE 11		

**MARCH**

<b>MONDAY</b>	<b>3RD</b>	<b>CONCERT MELBOURNE TOWN HALL</b>		<b>12.30 P.M.</b>
TUESDAY	4TH	SWIMMING - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	4TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	5TH	BOWLS		10.30 A.M.
THURSDAY	6TH	PAINTING		11.00 A.M.
FRIDAY	7TH	KEEP FIT - SEE PAGE 11		
<b>MONDAY</b>	<b>10TH</b>	<b>LEGACY HOUSE CLOSED</b>		
TUESDAY	11TH	SWIMMING - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	11TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	12TH	BOWLS		10.30 A.M.
THURSDAY	13TH	PAINTING 11AM	WWI GROUP	11.00 A.M.
<b>THURSDAY</b>	<b>13TH</b>	<b>DAY TRIP TO JOIN WARRAGUL LEGACY</b>		<b>9.30 A.M.</b>
FRIDAY	14TH	KEEP FIT - SEE PAGE 11		
MONDAY	17TH	BOWLS 10.30 AM		
<b>MORNING MELODIES, CONCERT HALL</b>				<b>1.30 P.M.</b>
TUESDAY	18TH	SWIMMING - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	18TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	19TH	WIDOWS' CLUB COMMITTEE MEETING		10.30 A.M.
WEDNESDAY	19TH	CARDS		12.30 P.M.
THURSDAY	20TH	PAINTING		11.00 A.M.
FRIDAY	21ST	KEEP FIT - SEE PAGE 11		
MONDAY	24TH	BOWLS		10.30 A.M.
TUESDAY	25TH	SWIMMING - SEE PAGE 11	EXERCISES	11.00 A.M.
TUESDAY	25TH	CRAFT WORKSHOP		11.00 A.M.
WEDNESDAY	26TH	CARDS 12.30 PM	<b>MATINEE SUNSET BOULEVARD</b>	<b>1.00 P.M.</b>
THURSDAY	27TH	PAINTING		11.00 A.M.
FRIDAY	28TH	<b>LEGACY HOUSE CLOSED FOR EASTER UNTIL TUESDAY 1/4</b>		

The Newsletter provides information on a range of services for the benefit of our ladies. Items are welcomed for inclusion. However as publication does not necessarily mean endorsement Legacy cannot be held responsible for non-performance of goods and services. A decision to proceed is entirely at the discretion of the individual.





Many readers of "The Answer" will receive a brochure from United Energy with this issue of the Newsletter.

United Energy is promoting a package of electrical safety items with a special free gift offer for purchasers, including a booklet with a lot of useful information about safety issues that we are sure will be of interest.

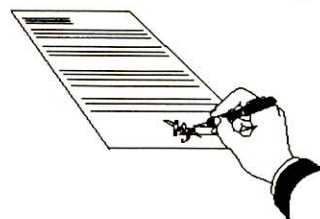
If you would like some more information please telephone **1300 367 438**. The Home Safety Package is available to readers in the Melbourne Metropolitan area.

If you did not receive a copy of the United Energy Brochure, you may get one by telephoning **1300 367 438**.



## A TIME TO CHECK UP

Have you read your house insurance policy lately? It is advisable to know your entitlements. Also, some insurance companies offer extra services. For example some policies offer free legal advice. (e.g. Australian Pensioners' Insurance Agency). Many insurance companies also have new payment options that can be helpful. Again it may be worthwhile checking. If you are not sure we suggest that you telephone your insurance company and ask them to send you a plain English explanation of items included and excluded under the terms of your policy.



What shape is your will in? Is it up-to date? There are people who could help you make a new one - at little or no cost. The Trust Company of Australia one such company who are prepared to up-date your will, in your own home, with or without your Legatee present. Please let your Legatee know if you want this sort of help.

*Legatee B.G. (Lucky) Luscombe*

## NATIONAL AUSTRALIA REMEMBERS FREEDOM WALL

On Remembrance Day, 11 November, 1996, more than 5,000 people were present in the Botanic Gardens, Brisbane, for the official opening of the National Australia Remembers Freedom Wall, containing more than 15,000 plaques and which was erected to honour and remember ALL Australians who contributed to the war effort.

The opening was conjointly performed by the Minister for Veterans' Affairs, Bruce Scott, and Brisbane's Lord Mayor, Jim Soorley. The plaques are in memory of those who served in battle and those at home "...whose labour, steadfastness loyalty and love kept those at the battle front going", the Minister said.





## CHRISTMAS 1996

Everything was close to perfect for Melbourne Legacy's 1996 Christmas Party for Junior Legatees - held on 8 December in a beautiful garden setting with wonderful Melbourne



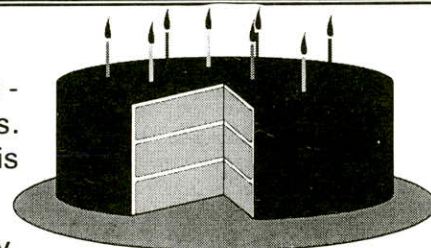
weather. You can see from our photos lots of fun was had by the mix of age groups in

attendance (3 to 17 years). Everyone received a gift from Father Christmas and enjoyed all the entertainment provided. They were also very well looked after with food and drink arranged by our very capable and dedicated leadership group.



## 1998: ITS NOT FAR AWAY

In October 1998 we will celebrate **Legacy's 75th Birthday**. We - that means all of us - you, Legatees and former Junior Legatees. So put on your thinking caps. How do you want to celebrate this great event?



Legacy's National Conference will be on Friday, Saturday, Sunday - 2/3/4 October 1998. On the Sunday we'll have a Shrine pilgrimage in the morning followed by a Legacy Family picnic. A small Committee is already looking at venues and facilities.

Well what else? Do you want to have a day's get together where you sit down, have a chat and a bite together, hear some interesting guest speakers? Do you want an outing just for Widows alone? (You're all invited to the Sunday picnic).

Could you tell us whether any of you would be prepared to play host to a widow from the country or interstate, by offering accommodation for three or four days. Do you know of any former Junior Legatees and how we could contact them?

We're hoping to hear from you, either write direct to Legacy House or through your local club.

**Legatee B.G. (Lucky) Luscombe**



## ♪ ♪ **PICNIC JAZZ** ♪ ♪

(An event of Banyule Festival)

**AUSTIN & REPATRIATION MEDICAL CENTRE**

**1.00pm to 4.00pm Saturday 15th March, 1997**

**Free performance by Jazz Band "HOTTER THAN SIX"**

The location is Acacia Room, Repatriation Campus, Austin & Repatriation Medical Centre B.Y.O. Picnic or purchase lunch. Free parking via Bell Street Entry. Rain, hail or shine we go ahead! Larger group bookings & bus access contact Robert Winther, Veteran Liaison Tel: 9496 2324

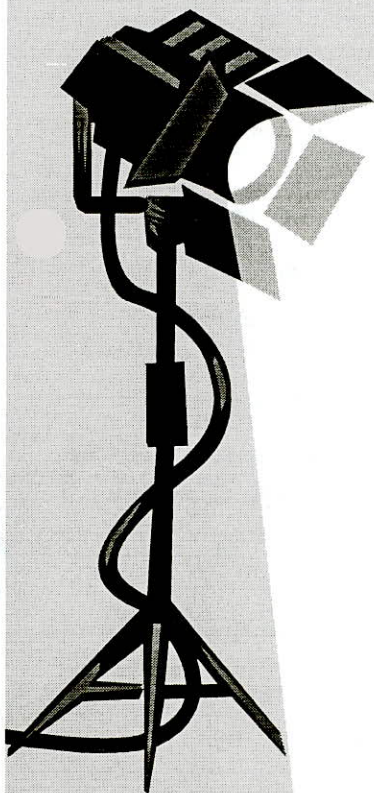
**Austin & Repatriation Medical Centre**

**"Working Together"**

**with Melbourne Legacy, Dept. of Veterans' Affairs, Banyule City Council & RSL groups**



# Crossing Safely at Traffic Lights



- ▶ Cross at the start of the "green man" phase; wait for the next cycle to start if necessary.
- ▶ Scan the road before starting to cross.
- ▶ Make eye contact with the driver, particularly those turning left or right at an intersection.
- ▶ If you have commenced crossing and the "flashing red man" starts you still have time to finish crossing safely.
- ▶ At no time should you start to cross when the "red flashing man" or the "red man" is displayed.

**Have a happy and safe 1997**



## CLUB NEWS

### ASHBURTON LEGACY WIDOWS' CLUB

We wish you all every success & happiness in 1997, & sincerely thank members of our hardworking Committee for their loyal & energetic support during the past year. Our next Meeting, & AGM Wed 19th Feb, & our first trip for the new year to Geelong, Wed 26th Feb. We look forward to an eventful year, & give a warm welcome to new members.

Meetings 3rd Wed at 12.30pm.  
Pres- B Mitchell 9885 4034  
Hon Sec - S Eagle 9897 3135  
V Co - N Ferguson 9568 2929  
J Hitchcock 9569 7183

### BAYSWATER LEGACY WIDOWS CLUB

At our Xmas Lunch in Dec at the Sky High Restaurant we welcomed our Legatees & their wives. Members voted the Melbourne Town Hall Concert the "best ever". Thank you Legacy. We look forward to our 1997 meetings also to the Mornington Picnic & the Yarra Valley Picnic. We hope all members had a wonderful Christmas and wish all a Happy New Year.

Meetings 1st Friday of month  
at 1pm  
Pres - V Quintrell 9758 3968  
H Sec - L Morliere 9870 5069

### BEAUMARIS LEGACY WIDOWS CLUB

Welcome ladies to 1997. At our January Meeting we had a Showing of Lyn Ashton Dolls which we thoroughly enjoyed. Our next Day Trip will be Monday 10th February to Lake Eildon where we will have lunch, this should be a very pleasant day. Our Social Committee are planning another interesting year.

Meetings 4th Mon at 1.30pm  
Pres - M Brearley 9583 6449  
Hon Sec - R Clarke 9598 7483  
Welf - M Pinkstone 9589 3737  
Soc Sec - T Emry 9598 6112

### BENNETTSWOOD LEGACY WIDOWS CLUB

Happy New Year to all. Hope everyone is fit & well to join in all the 1997 activities being planned. 1st meeting Thurs 20th Feb, 10 a.m. at new Club venue, Girl Guide Hall, Station St (opposite St Michael of All Angels Church). New members welcome.

Meetings 3rd Thurs at 10am  
Pres - M Willis 9808 8623  
Hon Sec - J Kitchin 9808 5230  
V Co-ord - H Crow 9886 1947

### BERWICK LEGACY WIDOW'S CLUB

Our last Meeting for 1996 was well attended with forty-fifty ladies enjoying a Xmas luncheon at the Emerald Golf Club. Two Legatees, Col. Marshall & John Bellair also attended. We were pleased to see Col. Marshall out & about again after a spell in hospital. Our President Annabel wished all a Happy Xmas & hoped all sick members would be well enough to return to Meetings in 1997.

Meetings 2nd Mon at 1pm.  
Pres - A Ford 9707 4231  
Sec - J Tivendale 9702 1276

### BLACKBURN LEGACY WIDOWS CLUB

Happy New Year to all. Meetings start Mon 10th Feb, lunch supplied \$3 p/p. Money for Yarra Valley trip due 10/3 (\$10 lunch incl); also \$50 deposit for Mary-Lynn 5 day trip in April (36 places only, so be early). March Meeting to be on 3rd Monday due to Labour day Holiday. We still have several members on the sick list. We hope 1997 will be a return to good health. Our Visits Co-ord. will arrange a visit to any housebound widow. We meet in the R.S.L. Hall, South Parade. Any eligible widow will be made most welcome.

Meetings held on 2nd Mon at 11am  
Pres - Pat Battye 9878 0539  
Sec - Nell Thomas 9877 5802  
V.Co - Edna Boag 9878 6653

### BOX HILL LEGACY WIDOWS' CLUB

Happy New Year to all. We had a good 1996 with many new members. We have arranged with the Salvation Army to use their premises for our Meetings starting Mon 17th Feb. We thank them for their co-operation. We were saddened to learn of the passing of Ada Sparrow on 23rd Nov. She had been ill for some time & we will miss her. She had no family but a letter was sent to her niece. Our Xmas Dinner was successful & 110 attended. Our raffle raised \$390. Any Legacy widows will be made very welcome.

Meetings every 3rd Monday of the month at 9.45am  
Pres - O Milne 9890 8516  
Hon Sec - J Crosbie 9898 1121  
V.Co - B Laurie 9899 6293

### CAMBERWELL/HAWTHORN LEGACY WIDOWS CLUB

64 Members enjoyed our Xmas Lunch at the Greenacres Golf Club. We wish to all our members & friends in Legacy a very Happy New Year. Our AGM was held on Mon 17th Feb. We are very sorry to report the death of 2 members, Dulcie Lever & Vera Wolf. They will be sadly missed.

Meetings on 3rd Mon at 11am  
Pres - B Robertson 9882 4602  
Hon Sec 9889 6026

### CAULFIELD/ST KILDA LEGACY WIDOWS CLUB

Welcome to 1997. Our President wishes all members a happy, prosperous New Year. Our first Meeting, Wed 5th Feb - speaker from Better Hearing; Wed 12th Feb - activities day; Wed 19th Feb - trip to Police Academy; Wed 5th March - demo of Hamilton goods; Wed 12th March - Activities day; Wed 19th March - trip to Gingerbread Factory (wear low heeled shoes). Enquiries on trips contact Shirley 9534 5240.

Meetings 1st Wed at 2pm  
Pres - M Newton 9555 5815  
Sec - P Thompson 9531 6478  
V.Co-ord S Cornish 9569 5571



## March Concert - Melbourne Town Hall

**Monday 3rd March 1997 at 12.30pm**

Victorian Police Band will entertain from 12.30pm - 1.30pm.  
15 Minute interval for band refreshments. 1.45pm Concert Resumes  
until 2.45pm. No tickets required. Tea, Coffee and Biscuits,  
available at modest cost. Doors open 12 noon.

### UPPER YARRA LEGACY WIDOWS' CLUB

**Picnic in the Valley, on Wed 12th March 1997.**

**At Upper Yarra RSL,  
Settlement Road, Yarra Junction  
FROM 10AM - 3PM**

***Refreshments available - Hot & Cold Drinks  
Basket Lunch Donation \$2.00***

ENQUIRIES: J ELLIOTT (03) 5967 1934



### ADVICE/ASSISTANCE FROM LEGACY

Most Legacy Widows will be aware of the Contact Legatees in their local area who can provide advice and assistance when problems arise. Others are reminded that they can contact a Legatee on duty at Legacy House Melbourne between 10 a.m. and 3 p.m, Mondays to Fridays by visiting Legacy House (293 Swanston Walk) or by telephone 9663 3564.

Another opportunity for you to obtain advice from Legacy is at the monthly Widows Club Meeting - a Legatee attends these meetings and provides advice - see Club News Section of the newsletter.

### HOUSING MAINTENANCE/RENOVATIONS

Melbourne Legacy provides an information service of names of tradesmen/contractors who are able to provide housing maintenance/renovation services. Widows may obtain names from our Tradesman's list by telephoning the Housing Clerk at Legacy House 9663 3564, However, PLEASE NOTE:-

**We do not accept responsibility for the standard of work carried out by those on the list.**

### FREE HOME RENOVATION ADVICE

The Home Renovation Advisory Program is a free home inspection service offered under the Home Renovation Advisory Program. If you have home renovation work that needs to be done Melbourne Legacy suggests that you contact HARP for free expert advice and a cost estimate. Melbourne Legacy strongly recommends that contact with HARP should be the first step for any home maintenance work, except for any minor jobs. We also recommend that at least two quotations be obtained and that they be checked against the advice and cost estimate from HARP before entering any agreement to have the work done.



*An appointment can be made by "phoning" Joanne on 9670-3911*



**CLAYTON LEGACY WIDOWS CLUB**

Another year has passed & we have enjoyed many good times & outings together. To finish the year on a good note we all met together at Clayton R.S.L. for our usual Christmas Lunch, which was enjoyed by all. A lovely sit down meal & a good chat. We are now waiting in anticipation to begin a new year together but are saddened by the loss of a few members.

Meetings 1st Fri at 1.30pm  
Pres - S Buckle 9560 9417  
H Sec - B Richardson 9579 2230  
V-Co-ords L Roberts 9570 3620  
& S Masson 9807 1095

**COBURG LEGACY WIDOWS CLUB**

Happy New Year to you all. A trip in Nov to the Rose Gardens in Torquay with lunch & a sing along enjoyed by all, as was visit of Ray Ward, of Melbourne Legacy. Our Xmas Lunch was at Bayswater Hotel. 56 of us had a great time. Special cheerio to our sick ones. New members welcome.

Meetings 2nd Thurs at 10.30am  
Pres - U Van Prooyen 9306 8279  
Sec - D Hanna 9359 2231  
V Co-ord - J Coomber 9354 5613

**CRANBOURNE LEGACY WIDOWS CLUB**

Our combined Xmas Dinner & 10th Birthday was celebrated at the Cranbourne RSL. We had a lovely lunch & met up with several of our old members. 47 attended & enjoyed happy memories. We look forward to 1997. Best wishes to our sister clubs & a warm welcome to all.

Meetings 2nd Monday of month  
at 1.30pm  
Pres - E Searle (03) 5996 2655  
Hon Sec G Bell (03)5996 3688

**CROYDON LEGACY WIDOWS CLUB**

Once again Christmas at the Cuckoo was memorable, also celebrating Carl & Dorothy Adamson's 60th Wedding Anniversary did our hearts good. Such a lovely couple & so much love. Our Leah Pearson in Maroondah with a broken leg. Hope all had a good Christmas. To all Legatees, sickies & members, a happy & healthy 97. Keep smiling.

Meetings 1st Thurs at 12.45pm  
Craft 3rd Thurs at 9.30am  
Pres - W Warwick 9761 9581  
Sec - N Briggs 9735 1407

**ELTHAM LEGACY WIDOWS CLUB**

Best wishes for 1997 to all Legacy Widows. During the past year we enjoyed talks & outings, but most of all we enjoyed each others company. Our Xmas Lunch was a great success, good food & entertainment. Thanks to Marj Grey for the "Reindeer" Christmas Cake, also the chocolate house & basket of chocolate goodies for a raffle.

Meetings 3rd Wed at 10.30am  
Pres - N Watson 9432 3312  
Sec - B Nelson 9439 2571

**EPPING LEGACY WIDOWS CLUB**

Hoping everyone had a lovely Xmas. Epping had a very successful 1996 with 30-36 members every time. Monthly outings proved very popular. We are fortunate to have a bus at our disposal thanks to the RSL boys who take turns in taking us out. We had an enjoyable Xmas Lunch at the RSL. Thanks to our 2 Legatees Ray & Dave for their help & advice all year.

Meetings 1st Tues at 11am  
Pres - M Woods 9401 9282  
Sec - N Oakley 9404 1419  
S Sec - D Cook 9405 4336

**ESSENDON LEGACY WIDOWS CLUB**

A happy, healthy & peaceful 1997 to all members. 1996 was most successful. In Nov we had an interesting speaker from 3RPH explaining details of the services available for the sight impaired. Our Xmas Lunch at Clifton Springs was enjoyable. Our Birthday Lunch will be held at Resalyr Court in Essendon Thurs 27th Feb. New members are always welcome.

Meetings 3rd Thurs at 10.30am  
Pres - B Penberthy 9379 1874  
Hon Sec - V Bourke 9374 2519  
V Sec - L McDonald 9379 1796

**FOOTSCRAY LEGACY WIDOWS CLUB**

Our Xmas Party was a success, catered by Four Seasons Catering Service & beautifully entertained by Shirley Power. With the festivities behind down, we now look forward to what I hope will be a wonderful, happy & above all, healthy New Year. Best of luck & good wishes to all.

Meetings 2nd Wed at 1pm  
Pres - I Russ 9314 7337  
Sec - P M Davidson 9314 7708

**FRANKSTON LEGACY WIDOWS CLUB**

Welcome all our members to 1997 which promises to be a very good year. Our Xmas lunch was a great success. Also our Tour of the City lights along the Boulevard was a sight to see. We had a successful get together in Jan. Next we hope to see you at the Mornington Picnic Thurs 27th Feb.

Meetings 2nd Thurs of each  
month at 1pm  
Pres D Thurtell (03) 5975 1318  
Sec M Norton 9781 4680

**HAMPTON LEGACY WIDOWS CLUB**

After putting our heads together we should have a great program for this year. A big turnout at our Xmas break-up at the RSL, including 10 Legatees, we enjoyed a delicious meal. Where would we be without our Legatees? 2 hampers were won by members. Lets hope 1997 is a happy & healthy year for all our Legacy friends. Note meetings now start at 12.30.

Meetings 1st Wed at 12.30 p.m.  
Pres - N Smith 9592 8842  
Sec & Soc Sec. -  
J Williams 9578 5204



## GENTLE EXERCISE CLASSES

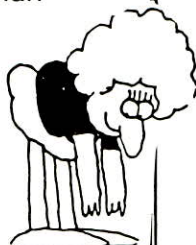
Our popular floor and chair exercise classes are conducted by qualified instructors Betty Luders & Bill Stevens  
Tuesday Classes 10.30 am - 11.30am

Class instructor: Bill Stevens

Friday Classes by Carol Monaghan until March.

### NEW FRIDAY EXERCISE TIMES

1. 10.10am - 10.40am **Chair**
2. 10.45am - 11.25am **Active**
3. 11.30am - 12 Noon **Chair**
4. 12.05pm - 12.35pm **Chair**
5. 12.40pm - 1.20pm **Active**



We prescribe exercise appropriate to each person's fitness.

## WATER EXERCISE CLASSES

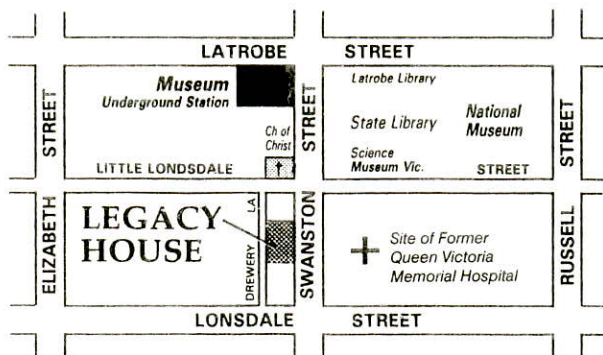
The City Baths are closed for renovations from 1/12 until the beginning of March 1997

Classes at YWCA 489 Elizabeth Street.  
 On Tuesdays  
 from 12 to 2.30pm.  
 Enquiries B. Charles  
 9808 6655



## YOUR CLUBROOMS AT LEGACY HOUSE, MELBOURNE

Clubrooms are open weekdays  
 (10 a.m. to 3.30 p.m.). All Legacy ladies are  
 welcome to call in for a snack, a chat or just to rest.



**TUNE TO 96.5 ON THE FM BAND TO SEE IF  
 YOU CAN PICK UP LEGACY'S OWN RADIO  
 SHOW - FRIDAYS AT 12 NOON.**  
 Community Radio 3 INR

## MELBOURNE LEGACY HOME &



## HOSPITAL VISITS GROUP



Volunteers required to visit anyone who is sick, frail and disabled in their home, hostel or hospital - this is a service for ladies who have no other visitors.

Please contact Joan Miller - 9663 3564

## STARTING 1997 - FREE 8 WEEK STEP REEBOK/WALKING PROGRAM

The program will include, 2 free checks on fitness, strength, blood pressure, heart rate, balance, co-ordination. Fully supervised sessions.

The program will commence April 1997, so sign up now!!

Contact Joan Miller,  
 Legacy House. 9663 3564



## Historical Tours of Victoria Barracks

Group tours of the historic Victoria Barracks in St. Kilda Road, Melbourne are now open to the public. For tour details & bookings phone 9282 5999

## Mornington Picnic in the Park

Thursday 27th February 1997

10.30am until 4.00pm approx.

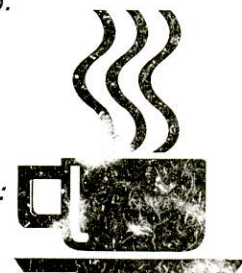
With the Combined Peninsula  
 Legacy Widows' Clubs

Cnr. of Main Street & The Esplanade

Free entertainment all day - Bring your family/friends - everyone welcome.

Market Stalls, Sausage Sizzle/Tea/Coffee \$2.00  
BYO Salads, Chair, Hat & Cup.

Ladies travelling by car,  
or club bookings make  
cheques & money orders  
payable to Co-ordinating  
Council, Peninsula Legacy  
Widows' Club and forward to:  
Mrs Marie Williams,  
23 Sarazen Street, Rye 3941  
Tel: (03) 5985 3458



NB. If you have insufficient numbers to fill a coach, McKenzie's Coach will leave Batman Avenue, 9am (See Page 17) \$15 (includes sausage sizzle money)  
 Bookings Joan Miller 9663 3564.



## *LEGACY'S 34TH ANNUAL CHRISTMAS CONCERT*

The Melbourne Town Hall came alive to the vibrant sound of the Royal Australian Air Force Central band in December for the Melbourne Legacy Widows' Annual Christmas Concert.

Handsome young vocalist Dean Doyle and the lovely Roxanne Dew were welcome additions to what is already a superb band. Another surprise was the artistic endeavours of Sergei Golovko. His skill on the xylophone is exceptional.

As has become custom, the President of the Melbourne Legacy Widows' Club, Mrs Elaine Ward, presented a cheque on behalf of the widows to Melbourne Legacy - \$15,500. To you dear ladies who kindly helped to raise these vital funds, please accept our very deep gratitude.

Our popular photographer David Whitmore joined us once again at the concert and caught some special moments .....









**HASTINGS LEGACY WIDOWS' CLUB**

54 ladies & Legatee Col. McKee attended Xmas Luncheon at Marina, Hastings. Entertainment was "The Gumnuts", a group of ladies whose dressing & singing was excellent. Margaret Stewart & Louise Lindsay are progressing well after hip replacements. We would like to wish everyone good health. 1st Meeting Thurs 6th Feb. The Xmas Concert was enjoyed by the girls who attended.

**HEALESVILLE LEGACY WIDOWS CLUB**

Our Club had a lovely Christmas Luncheon in December. We also joined with Upper Yarra and Lilydale Legacy Widows Clubs and had a lovely day at Town Hall Concert. A Happy New Year to all. Good Health for the coming year.

**HEIDELBERG LEGACY WIDOWS CLUB**

Happy, healthy, safe New Year to all. Xmas Luncheon with entertainment, just great, 91 persons attended. Looking forward to a full house at the A.G.M. Mon 10th Feb. Many blessings to you & yours.

**HIGHETT LEGACY WIDOWS' CLUB**

Our Xmas break-up was successful. At our January meeting demonstration of herbal creams & make-up was very interesting. Next meeting Mon 17th Feb, guest speaker from Puffing Billy society. New members welcome.

**KEW LEGACY WIDOWS CLUB**

Our first Meeting for 1997 Wed 19th Feb. We will have a representative from Rawleigh's Products to speak to us. In April Lyn Polson will tell us all about Hearing Dogs. All Legacy widows welcome to our Meetings.

**KNOX LEGACY WIDOWS CLUB**

After a happy year in Legacy in 1996 we look forward to 1997, with many outings & trips planned. Our Xmas luncheon at "Camelot" was a great success, so much so we have booked for next year. Seasons Greetings to all our Legacy clubs. New members very welcome.

**LAKES ENTRANCE LEGACY WIDOWS CLUB**

We had a busy December Meeting with a large attendance. Next year our Meetings will commence at 10.45am. After the Meeting Pres. Margot gave a fascinating account of her Pilgrimage to Europe and the Holy Land. Afterwards we enjoyed a Christmas lunch

**LILYDALE LEGACY WIDOWS CLUB**

Hope all had a good Xmas & New Year. Our 1st 1997 Meeting, Mon 10th Feb, when we will take money & names for the Picnic in Park, Mornington & names for Picnic in Valley. Our A.G.M. Mon 10th March & nominations will be taken in Feb. Please consider as we need committee ladies. New members always very welcome.

**MALVERN LEGACY WIDOWS CLUB**

Our last Meeting for 1996 was a happy occasion when we had fun trying to "Guess Who" from early childhood photos. We discussed the hospital visiting as requested by Legacy House & will submit names of volunteers. Best wishes to all for 1997, & good health too. A very warm welcome awaits old & new members at Senior Citizens Centre, 1244 High St, Malvern. Our next meeting date is Tuesday, 18th Feb.

Meetings held on 1st Thursday of month at 10.30am.

Pres - N Rolland (03) 5983 1109  
Sec - S.A. Pretty (03) 5977 5745

Meetings 1st Wed at 1.30pm

Pres - A Guest (03) 5962 3071

Sec - N. Adams 9730 1532

V Co. M Griffiths (03) 5962 4245

Meetings 2nd Mon at 11am

Pres - V Keating 9459 1981

H Sec. L. Curran 9459 8904

V Co-ord - M. Canty 9499 4144

Meetings 3rd Monday at 1.30pm

Pres - M Brooks 9555 7297

H Sec - J Thomson 9555 1029

V Co - T David 9557 4828

Soc Sec. B Stevenson 9598 4717

Meetings held on 3rd Wed of month at 11am

Pres - C Curnow 9853 7049

Hon Sec - B Wade 9859 1663

Meetings every 1st Monday of the month at 12.30pm

Pres - M Biggs 9801 7868

Hon Sec - M Dodwell 9801 9705

Meetings 1st Friday at 10.45am

Pres M Kerby (03) 5155 1908

H Sec M Faulkner (03) 5155 1561

Meetings every 2nd Monday of the month at 1.00pm

Pres - M Orford 9726 0238

Hon Sec J Layton 9735 5646

Meetings 3rd Tues at 10am

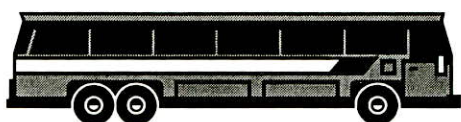
Pres - W Ames 9822 1888

Hon Sec - A Porter 9509 9362

V Co-ord - M Spain 9509 0612

G Aspinall - 9509 9805





## WARRAGUL LEGACY PICNIC THURSDAY 13TH MARCH

Warragul Legacy have their Annual Picnic in March at Glen Crombie Park, and invite a different group each year to join them as their guests. March 1997 is Melbourne's turn. Thursday 13th March a coach load (maximum 48 passengers) will look forward to a delightful day with some real country hospitality. Bring own cutlery/crockery and fold-up chair if you have one. Departure details - See Page 17.



## SENIOR CITIZENS WEEK 16TH-23RD MARCH 1997

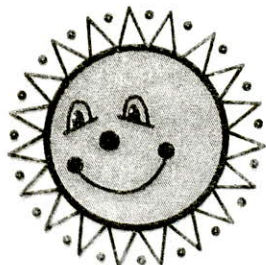
Bookings through INFORMATION VICTORIA 318 LITTLE BOURKE STREET,  
MELBOURNE, 3000, TEL: 9651 4100/TOLL FREE 1800 136 762

## WAVERLEY LEGACY

Congratulations to Mrs Monica Mackenzie Hon Secretary of Waverley Legacy who has held that position since their Inaugural Meeting in November 1986. As of November 1996 she had attended all 100 Committee Meetings, and 99 General Meetings, only missing once to attend a funeral.



## DISABLED DEPENDENTS REPORT

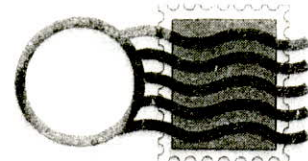


Our last meeting in 1996 in December was a busy day for all concerned, a great turn up of our young people and all new voluntary helpers. They went off to the Keg in Albert Park for a Christmas lunch with cricket in the park and Santa distributing gifts, they all returned very happy. The Mums also had a lovely day with a luncheon at the Sheraton after a ride on the City free tram, a beaut day for everyone, many thanks to our President Letty Morrison for all her hard work during 1996. By now I guess everyone enjoyed the Camp at Somers and all had a wonderful holiday. We look forward to hearing all about it. A Happy New Year to everyone concerned for all their help over the past year.

*Cheerio Dot Kenny*

## STAMPS

I hope you all enjoyed your Christmas break and that all your wishes come true in 1997. Last year stamps brought in \$13,257.15 which brings the total since the group started in Feb'81 to \$91,977.87. I am sorry to say we are



down \$7,636.75 on the previous year. When tearing stamps off the envelopes please tear off on the double leaving at least an inch of paper around the stamp. I hope you will make an extra effort this year to save more stamps and either hand them in to your club or bring them into Legacy House. Looking forward to seeing you at our first Monthly Concert Mon 3rd Feb. Please ring me with any enquiries you may have.

*Beryl Billing Tel: 9546 9208*



**NEPEAN LEGACY WIDOWS CLUB**

Next Meeting at Sorrento/Portsea RSL is Wed 12th Feb. We then look forward to Meeting many of you at the Picnic in Mornington Thurs 27th Feb. On Wed 30th April, we will be visiting Point Cook for Lunch in the Sergeants mess and a visit to the RAAF Museum. Our Committee and Members, wish all Legacy Friends a Happy & Healthy Year.

**NOBLE PARK LEGACY WIDOWS CLUB**

We enjoyed the Melbourne Town Hall Carols Concert. The entertainment was 1st class. Our Xmas Party was enjoyable & we look forward to our trip to Mornington Thurs 27th Feb. We express with sadness the loss of Kath Atkinson who was a loved & long serving member, also Rose Bunnett. We express our sincere sympathy to their families.

**NORTHCOTE LEGACY WIDOWS CLUB**

We have just completed a very successful year, with many enjoyable outings & some interesting speakers. At the conclusion of our last Meeting we were treated to an informative & at times, rather amusing talk from Mr Ken Haynes. Our Xmas luncheon was at the Heidelberg Centre. Our trips for the New Year have now been arranged. Happy New Year to all.

**NUMURKAH LEGACY WIDOWS CLUB**

After our Nov Meeting members from Nathalia & Cobram Clubs joined us for a friendly afternoon. We were entertained Mr Reg Poole, Country & Western Singer from Kyabram. Thanks to members who supplied the afternoon tea. In Dec Numurkah-Nathalia Widows enjoyed Christmas Dinner provided by our Legatees. Grateful thanks to them & for their help through the year. Best wishes to all Clubs for 1997. Next Meeting Tues 11th March. New Members welcome.

**PRESTON/RESERVOIR LEGACY WIDOWS CLUB**

We wish members well for the New Year. At our Nov Meeting we enjoyed jewellery & scarf display & sales from Trish's Treasures, Coach trip & lunch at Underbank Lodge was our Christmas treat. AGM Wed 12th Feb followed by speaker Miranda Rowlands from Red Cross. New members welcome.

**SOUTH PORT LEGACY WIDOWS CLUB**

We enjoyed our Christmas Party at Bleak House Hotel. Thanks to our Legatees Taylor & Sutherland for being joint Father Christmases. Condolences were sent to the Seager Family on the death of Hazel. 11 ladies enjoyed a lunch outing to Bundoora Hotel in Jan. Our 1st Meeting Wed 12th Feb. We wish all Legacy Ladies good health & happiness in 1997. New members made welcome.

**SUNBURY LEGACY WIDOWS CLUB**

AGM new Office Bearers appointed, Pres: Eileen Mott, Hon Sec: Betty Charlton, Treas: Alma Green. We meet at Uniting Church Hall, Barkly Street. 1st 1997 Meeting Monday 17th Feb. new members welcome. We look forward to a Happy New Year together.

**UPPER YARRA LEGACY WIDOWS CLUB**

Our party in Dec was a happy day, even Santa came along! A happy & bright New Year to all. We hope to see lots of you at our "Picnic in the Valley" Wed 12th March, Upper Yarra RSL, Settlement Rd. Congratulations Upper Yarra Legacy Group Treas Mr Carl Adamson & his wife Dorothy on their 60th Wedding Anniversary on Boxing day 1996. - Well done!

**WATSONIA LEGACY WIDOWS CLUB**

In November some of our ladies had a very interesting day touring Williamstown. The tour guide was most informative, & we found out quite a lot of interesting history. In December we held our Xmas luncheon at the Watsonia R.S.L.. The meal was delicious. We were entertained by Roy Kent & a great time was had by all the members.

Meetings every 2nd Wednesday of the month at 2pm  
Pres M Mortimer (03) 5985 3036  
Sec A Miller (03) 5985 1428

Meetings 3rd Wed of the month at 1.00pm  
Pres - M. Veal 9546 9110  
H Sec - M Lappin 9798 3971

Meetings 4th Monday of each month at 1.00pm  
Pres - J Donald 9480 2101  
H Sec - E Newton 9484 1056  
Soc Sec - D Freeling 9470 6554

Meetings every 2nd Tuesday of month at 2pm  
Pres - E McDonald (03) 5862 1414  
Sec - G Paterson (03) 5862 1814

Meetings 2nd Wed at 1pm  
Pres - D Wilson 9478 7279  
H Sec - J Patterson 9478 1016

Meetings 2nd Wed at 10.30am  
Pres - J Blanck 9690 1495  
Hon Sec - G Gunn 9699 3514

Meetings 3rd Monday of month at 1.30pm  
Pres - E Mott 9744 1472  
Hon Sec B Charlton 9744 1573

Meetings held each month on the 1st Tuesday at 1.30pm  
Pres N McMaster (03) 5967 1502  
H Sec - B McRae (03) 5967 1934

Meetings 3rd Tues at 11am.  
Pres - N McGregor 9435 0800  
Hon Sec - A Wass 9435 4237  
Soc Sec - M Leehy 9459 3241





### MCKENZIES CARE

McKenzies will pick up passengers from Healesville office, Lilydale, Mooroolbark, Croydon, Ringwood, Mitcham, Box Hill Town Hall, Kew Depot, Batman Avenue.

#### Thursday 27th February

##### **Mornington Picnic & Get Together**

\$15.00 Sausage Sizzle/entertainment incl.

Batman Avenue 9.00am

#### Thursday 13th March

##### **Warragul Legacy's Picnic Day at**

##### **Glen Crombie Park**

Bring cutlery/crockery & fold-up chair.

We are guests of their club \$10 coach only

Batman Avenue 9.30am

#### Thursday 10th April

##### **Point Cook Homestead/RAAF Museum**

Morning Tea/Basket Lunch Admission

to Homestead \$26.00 incl.

Batman Avenue 9.30am

#### Thursday 8th May

##### **mu Bottom Homestead**

Morning Tea/Tour/Lunch \$28.50

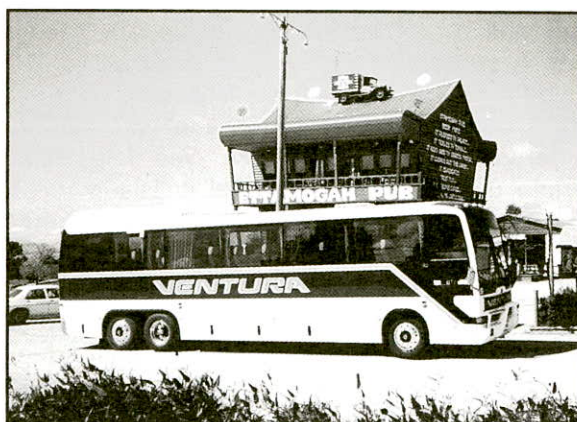
incl. Batman Avenue 9.30am

#### Thursday 12th June

##### **Rupertswood Homestead**

Tour/lunch - Details later

Ring Joan Miller (9663 3564) for these or other special group bookings



### VENTURA COACH TOURS

Ventura Tours depart from 1037 Centre Road, Oakleigh South, Moorabbin Town Hall, & Spencer St Coach Terminal Bay 38. Book Direct to 9570 1554, cheques to P O Box 317, South Oakleigh 3167.

For pick up times  
please call Ventura on 9579-4811

#### Tuesday 11th February

##### **Goulburn River Cruise/Wineries - \$38**

Wine Tasting at Chateau Tahbilk Goulburn

River luncheon cruise visit Michelton

Winery - lunch included

#### Friday 28th February

##### **Horatio's Camelot/William Ricketts**

##### **Sanctuary - \$35 M.Tea/Lunch included**

Visit Horatio's Kerosene tin & timber

Belgrave home, then William Ricketts

Sanctuary in Dandenongs

#### Thursday 6th March

##### **Ballarat "Begonia Festival" Tour - \$36**

Visit Ballarat Botanic Gardens, lunch (incl)

at Pavilion Cafe, cruise Lake Wendouree

#### Tuesday 18th March

##### **Shepparton SPC/Strawberry Farm - \$30**

Visit Belstack Strawberry Farm on

Goulburn River banks at Kialla West. BBQ

lunch (included) then tour SPC.

#### Wednesday 9th April

##### **Petty's Orchard/Westerfolds Park - \$27**

Tour apple orchard & museum, picnic

lunch (incl) & drive around Warrandyte.

#### Tuesday 29th April

##### **Healesville Sanctuary Tour - \$30**

Travel through Yarra Valley to Sanctuary

for an entertaining day, includes lunch

For Ventura Coach Holidays see page 19

Send Applications for day trips to Legacy House, P.O. Box 4312 PP, Melbourne GPO, 3001, in envelopes marked "Outings." Please include a stamped self-addressed envelope for return of tickets. Money orders or cheques made payable to Melbourne Legacy. Day trips do not include lunch unless specified. Please include a contact phone number. Payment may be made by instalments if preferred.

DAY TRIPS/OUTINGS



**WAVERLEY LEGACY WIDOWS CLUB**

A healthy & prosperous New Year to all our Legacy friends, & best wishes for a speedy & successful recovery to Joan Miller. At our AGM in Nov. we welcomed a new Pres, Leonie McLachlan, & a new V-Pres, Bunnie Bounds. Our 10th birthday spit luncheon was held in Jan. We will have a happy return to our Meetings on Wed 19th Feb. We need more members to join us on our two-day Phillip Island trip to see the penguins on 12/13 March. New members are always welcome.

Meetings held on every 3rd Wed of month at 1pm.

Pres - L McLachlan 9807 2591  
Sec - M MacKenzie 9807 3958

**WILLIAMSTOWN LEGACY WIDOWS CLUB**

Our Xmas got off to a good start with our very successful luncheon, courtesy of the RSL. After an excellent meal we were entertained by Ella with a rendition of "We the Survivors" which gave us all a good laugh. We now look forward to the New Year & we wish all members of Legacy a Happy & Healthy one.

Meetings held on every 2nd Tuesday of month at 10.30am

Pres - P O'Brien 9397 5100  
Sec - M Love 9397 1443

**WONTHAGGI LEGACY WIDOWS CLUB**

We enjoyed our Christmas Break-up at Legatee's Loughridges property. It was the 4th time we have enjoyed his hospitality. We wish all our caring Legatees good health & happiness in 1997. Our Meetings resume Thursday 27th Feb at Wonthaggi RSL.

Meetings held every 4th Thurs at 2pm

Pres - I Tyler (03) 5672 1302  
H Sec M Williams (03) 5672 2524

***TUESDAY CRAFT CLASSES***

Melbourne Legacy has a talented group of ladies who meet regularly on Tuesdays at Legacy House - the Craft Workshop (See Diary Page 4). Over many years Tapestry Class Instructor Mrs Nancy Crooks has encouraged the ladies to develop their tapestry and help each other. Tapestry is one of several specialities of the craft groups. New members to the groups are made most welcome.

Contact Joan Miller 9663 3564 if you are interested.

***COMING ATTRACTIONS***

**MONDAY 3RD FEBRUARY 10.30AM**

AGM Melbourne Legacy Widows Club Committee in Activities Room 2nd Floor. 12.30pm - Presentation of 1997 Committee Members to Concert Goers 1st Floor Legacy House. Concert will commence 1pm

**THURSDAY 27TH FEBRUARY 9AM**

Mornington Picnic Day, Coach from Batman Avenue

**MONDAY 3RD MARCH 12.30PM**

Police Band Concert Melbourne Town Hall

**WED 2ND APRIL - TUES 8TH APRIL  
& TUES 15TH - THUR 24TH APRIL**

Operation Rosemary

**WEDNESDAY 9TH APRIL 11AM**

Students ANZAC Service shrine forecourt. Be seated by 10.45am

**MONDAY 14TH APRIL 9.30AM**

Conference for invited representatives from Widows' Club Branches

**SUNDAY 31ST AUGUST**

Legacy Sunday. Church Service, venue to be confirmed. Shrine Dedication Service & Lunch at Hyatt on Collins.

**FRIDAY 5TH SEPTEMBER**

Badge Day

**MONDAY 1ST DECEMBER**

Christmas Concert Melbourne Town Hall 12 Noon.



**BARGAIN!****Border Holidays**

for sale

**5 nights in Albury**  
**2 Adults**  
**only \$190.00**

Staying in **Central Albury**

Day Tours available

**Telephone (060) 21 31 27**

pay \$40 deposit – balance at time of stay  
 (pensioners, use your free rail pass)

**ADVERTISING SPACE!****FOR HOLIDAY SERVICES  
AND ACCOMMODATION****FOR OUR REASONABLE  
ADVERTISING RATES  
CONTACT:**

**LORRAINE ERENSTROM**  
**LEGACY HOUSE**  
**TELEPHONE: 9663 3564**

**INTERASIA 9523 6555**  
 or TOLL FREE  
 1008 337 026  
 Licence No.31708  
 Gwen Brash

**8 day Tasmania Tour** 17/3 out on Spirit of Tasmania, fly home, fully escorted, dinner/bed/breakfast incl. \$1,330. **Fully escorted 3/6/97 10 Day Beijing**(includes travelling time) fly Qantas \$1798 t/share all inclusive. **15 day China Silk Road Tour**, 23/5 - 8/6 fully escorted, register interest in either tour.

**QUINCES**  
 568 1122  
 Licence No, 30568

**5 Day Mannum, Adelaide & Victor Harbor Tour** includes Murray River cruise & Barossa Valley. Departs 7/3 \$450 T/S. **5 Day Snowy Mountains Autumn Adventure** Spectacular scenery. Departs 14/4 \$430 T/S. **4 Day Bright Autumn Festival** Departs 2/5 \$390 T/S **Shipwreck Coast & Blood on the Southern Cross 6 Day Tour** Departs 19/5 \$499 T/S

**VENTURA COACHES**  
 9570 1554

**5 day Hamilton Easter** 27/3 \$465 p/p **4 day Bright** 14/4 \$350 p/p. **Tumut's Falling Leaf Festival 5 day Tour** 23/4 \$415 T/S **3 day Bright/Beechworth** 29/4 \$235 p/p. **5 Day Bright Autumn Festival** 5/5 \$460 p/p **5 Day Tour Mildura & The Murray** Departs 5/5 \$430 T/S **7 Days at Lord Howe Island** Departs 11/5 \$1700 T/S **8 Day Norfolk Island Trip** Departs 7/8 \$1,750 T/S **11 Day New Zealand Tour** Departs 26/10 \$2,300 T/S.

**ROSEBUD**  
 9337 8388

**18 Patterson St, and 6 Fifth Avenue, Bookings & Tariff**  
 Details phone Alice, after 7pm.

**ALBURY CENTRAL  
 MOTEL**  
 060 21 31 27  
 (see advertisement above)

**Special limited offer - Border holidays, 5 nights for 2 adults - \$190.00 Central Albury near Railway Station. \$40 deposit, balance at time of stay. 473 Young Street, Albury NSW 2640**

**Cancellation Policy is utilised by all registered travel agents. Cancellation fees are payable on a sliding scale according to the number of days prior to departure the cancellation occurs. No refund is available if the Travel Agent has not been notified prior to departure, or if the traveller fails to join the tour, or leaves before the tour has been completed. Once final payments have been made to the Tour Operator, Legacy is bound by the Agreement. Ladies are advised to contact their Insurance Agent re Travel Insurance.**



# HOLIDAY PAGE





## **LET'S TRAVEL with GWEN BRASH**

### **INTERASIA TOURS**

Gwen Brash loves travelling and meeting people. For her, the past 12 years have been packed with travelling all over the world escorting groups of travellers who previously felt uneasy about exploring unknown destinations on their own. Gwen is a very successful, well-known escort, particularly to Legacy. Over the past seven years, Gwen has escorted hundreds of Legacy ladies to various destinations. In 1997 she will be personally escorting tours to many exciting places. Each tour enjoys a get-together prior to departure. So join Gwen on one of her low cost, high quality, fully escorted tours.

**IF YOU ARE INTERESTED IN TALKING TO GWEN ABOUT ANY OF THE TOURS LISTED BELOW JOIN HER FOR AFTERNOON TEA AT LEGACY HOUSE ON Thursday 13th FEBRUARY AT 2 O'CLOCK. FOR CATERING PURPOSES YOU MUST REGISTER YOUR NAME WITH INTERASIA TOURS BY TELEPHONING 9523 6555**

#### **TASSIE HIGHLIGHTS - MARCH**

Sail from Melbourne aboard the *Spirit of Tasmania* for Launceston. Our 8 day itinerary takes us through the Tamar Valley on a circular route via Hobart to Devonport with a flight home from Launceston.

#### **THE SILK ROAD - MAY**

Travel the fabled "Silk Road" in China visiting Beijing, Xian, Dunhuang Urumqi, Turfan and Kashgar for 15 exciting days. The most exciting tour China has to offer - unforgettable.

#### **BEIJING - JUNE**

If you only want a short holiday, spend 10 unforgettable days discovering the wonders of China including the Great wall and Melbourne's sister city of Tianjin.

#### **AFRICA - JULY**

Can you imagine seeing Lion, Cheetah, Leopard and Elephants at close range? Visit the famous wildlife reserves in Kenya and marvel at the variety of birdlife and magnificent animals. See Victoria Falls in Zimbabwe during this 17 day African adventure. Accommodation and meals are of the best quality.

#### **SOUTH AMERICA - AUGUST**

Who has not dreamed of visiting Rio? See South America (Argentina and Brazil) for 15 amazing days with the option to visit Peru and the Amazon - truly a dream come true.

#### **EUROPE - SEPTEMBER**

Four unforgettable weeks travelling to Holland, Germany, Austria, Italy, Switzerland, France, England, Scotland and Wales - a truly wonderful experience.

#### **MURRAY RIVER CRUISE - OCTOBER**

Cruise in grand style aboard the Murray Princess travelling to Adelaide to board our cruise ship at Mannum. Spend 9 days relaxing on the river with fabulous meals including a Captain's Cocktail Party and Captain's Dinner. What a great way to end a year's touring!

For more information and bookings contact:


**INTERASIA TOURS Pty Ltd**

Lic 31708 ACN 056 639 304


105 Hawthorn Road, NORTH CAULFIELD 3161 TEL: 03-9523 6555 FAX: 03-9532 8359



Direct from Stratford on Avon  
**ROYAL SHAKESPEARE  
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*A Midsummer Nights Dream*  
 20/3 - 29/3 Evenings 7.30pm,  
 Matinees 1.30pm  
 Sat 22/3 Sun 23/3  
 Wed 26/3 Sat 29/3  
 A Res \$68.00  
 B Res \$58.00  
 Tickets booked  
 on request only





**HER MAJESTY'S**  
 Sat 22/3/97  
 2pm \$49.00




♪ MORNING MELODIES ♪  
 Concert Hall - 1.30pm  
 Thurs 13/2 \$12.00 Max Bygraves  
 Mon 17/3 \$8.00 Maggie Fitzgibbon  
 Mon 21/4 \$8.00 Students from the  
 Australian Ballet School present Swan  
 Lake Act 2/Trio & Cocktail Suite  
 Tues 13/5 \$8.00 Australian Army  
 Band Marching Down Broadway  
 Wed 4/6 \$12.00 Rolf Harris

**SESAME STREET  
 LIVE**  
 Thurs 24/4 2pm  
 Sun 27/4 4.30pm  
 A \$30,  
 Pensioner \$25  
 Child up to  
 12 yrs \$16

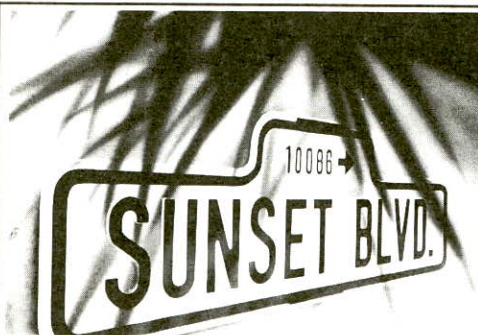



Sports & Entertainment Centre

**Victorian Council of Dancing  
 1997 Moomba Dancing  
 Championship**  
 Saturday 15th March 12noon  
 Adults \$25 Pensioners \$16  
 Tables of 10 available  
 Bookings Peter Gibbons 9826 8144



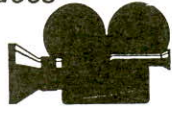
**SUNSET BLVD.**  
**REGENT THEATRE**  
 March - May 1997  
 Cancellations only  
 Wed 2nd July 1pm  
 School Holidays  
 \$38.00 per person  
 Pension Numbers required.  
 Wednesday Matinees Only.



**CHESS**  
 THE MUSICAL  
**PRINCESS THEATRE**  
 Wed 5/3/97 1pm - \$43.00  
 Pension Numbers required  
 Sat 29/3/97 2pm - \$65.00  
 No concessions \$5 off full price



**BALWYN CINEMAS**  
 231 Whitehorse Road, Balwyn  
 FILM LUNCHES \$8.50 per head  
 Films commence 11am  
 "The Mirror has 2 Faces"  
 "Portrait of a Lady"  
 "Fly Away Home"  
 "The Evening Star"  
 Bookings Kim Petalas/Melissa  
 Rathbone ☎ 9817 6421

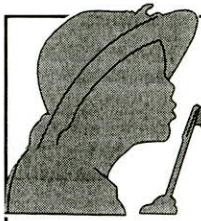


Enquiries Joan Miller 9663 3564.  
 Written applications to Legacy House  
 P O Box 4312PP Melbourne 3001.  
 Mark envelope "outings" cheques/  
 money orders payable to Melbourne  
 Legacy. Please note tickets may be  
 paid by instalments. Final payments  
 minimum of 10 days prior to show.  
 Tickets not paid for will not be held.  
 Sunset Boulevard - not held if not  
 paid for at least 3 months prior to  
 performance date.

# THEATRE MATINEES



# Contributions Page



## New Year's Greetings

I hope you enjoyed your Christmas  
And I wish you a Happy New Year  
It is a new beginning  
And a time to bring you cheer  
With concerts, trips  
Or a Theatre Show.  
You'll find there's places  
For you to go  
So don't be lonely, don't be blue  
There's something for everyone  
Including you!

*Joan Miller,  
Widows' Clubs Co-ordinator*



## EUROPEAN ADVENTURE TOUR

Some ladies from Legacy & War Widows who enjoyed 4 weeks touring Europe, London, and the UK with Gwen Brash from Interasia Tours. The tour was a great experience and the ladies recommend it thoroughly! Gwen has assured us the tour will be operating in September, 1997, so make a booking if you are interested. (See Page 20)

**Q** What is the favourite drink of frogs?

**A** CROAK A COLA

## A Visit to Gallipoli

With a feeling of wonder, sorrow, interest and awe, I found myself on the 3rd day of my recent tour, to Turkey about to visit Gallipoli. GALLIPOLI, a word, a name, a place, so familiar to so many Australians, particularly me, since my marriage, as my father-in-law, the late Henry Edward Miller, No.455, 24th Battalion, was in 1915, wounded and lost his right eye, at Gallipoli. Official records show, "Gun shot wounds, Right Eye, transferred to Alexandra."

It was a bright sunny morning, the 25th September, as we travelled from Asian Istanbul, across the Golden Horn to European Istanbul, the largest city in the world to stand on two continents. We travelled, north-west and then south on the north shore of the Marmara Sea, to Gallipoli and the cliffs overlooking the Dardanelles.

Our visit took us first to Lone Pine, then on to the NZ Memorial and lastly to the Turkish Memorial.

Lone Pine, the large memorial is in the process of repair and a lot of pines were recently burned in a bush fire, but the Cemetery itself is very beautiful and a Pine, stands alone at the centre. I took several photographs and as I wandered, I wondered about the young men, who had travelled so far, to a strange land, with my father-on-law, Harry, all those years ago. Deciding to photograph one of the Headstones, I stopped, then took a pace back, I remembered that I had seen the age on one, just nineteen, the same age as Harry. There, in front of me, was, "PRIVATE A.W. MILLAN 456, 24th Btn. 29th November, 1915, age 19". What a similarity! Harry was wounded on 19th November, the same Btn, the names so similar, BUT the NUMBER. These 2 boys had stood together, somewhere in Melbourne, to enlist. Young, excited and probably anxious for action, something of which they knew so little. One paid the Supreme Sacrifice, the other returned, minus his right eye, to raise a family of four sons, all of whom served overseas and returned from the Second World War, to raise families of their own. You may only imagine my feelings, as I stood above Anzac Cove, on that warm September day in 1996.

If anyone out there, knows anyone, who might be related to A.W. Millan, please contact me and I will be happy to give them the photographs.

*Ann E. Miller, 11 Florence Drive, Rye,  
Ph:0359 85 14238*



## RETIREMENT OF MISS RUTH COPP

Last month Miss Ruth Copp retired from the staff of Melbourne Legacy after 25 years of dedicated service. She combined great knowledge and genuine commitment in helping people in her role as Welfare Officer. She has promised to stay in touch with her many Legacy friends. Anyone who missed the opportunity to say farewell could still drop Ruth a line C/- Legacy House, Melbourne.



## BEST WISHES TO JOAN MILLER

Melbourne Legacy's Widows Clubs Co-ordinator Joan Miller will have to take a short break from her standard busy work schedule. Somewhat unexpectedly Joan has learnt that she has a heart condition that requires early attention - a triple bypass operation is expected to put her out of action for possibly three months in the near future. We know that her many friends join us in wishing her a speedy recovery. If you want news of Joan's progress contact an office holder of your local Widows Club - We'll try to keep them up to date.



*This recipe was sent to us by a Hampton Legacy Widow & published in "The Answer" in Oct'95. One widow has found it to be so successful she asked for it to be repeated.*

### A Simple Remedy for Aches & Pains

Dissolve 2 Teasps honey in 2 dstspns boiling water. Mix well & add 2 dstspns milk.

Drink every morning before breakfast. Allow 6 weeks before feeling fit again.



*The following letter was received recently from one of our Junior Legatees about her trip on the Alma Doepel*



Dear Sir,

I am writing to thank you for sponsoring me on the Alma Doepel. It was a fantastic learning experience and without Legacy, one that I would never have had. During the 9 day voyage I learnt not only about the mechanisms of how to sail the Alma Doepel but also about teamwork, responsibility, friendship and respect. It is a most worthwhile experience and one that I have highly recommended to all I have spoken to. I am also looking forward to returning to the Alma Doepel in the near future to become part of the crew!

This voyage on the Alma Doepel has for me, capped off a great year of activities for Junior Legatees. As one of the older children who attend these activities I feel I can now appreciate the thought and organisation that goes into these days and camps much more. I am a little saddened at the thought that next year will be the last that I can attend these activities as a Junior Legatee, however I am looking forward to becoming a leader on these camps.

Thank you once again for both the voyage on the Alma Doepel and the fantastic camps and day activities organised this year.

Yours sincerely,

Kim Anderson



## ***Melbourne Legacy leads the way With The Junior Public Speaking Award***



**Commonwealth Bank's Glenn Haslem  
congratulates Victorian, Ross Ditcham**



**Channel 7's dynamic sports news  
presenter, Jim Wilson, gave an  
enlivening talk as Guest Speaker**

The planning for the 1997 series is already underway. The first Victorian semi-final will take place at Legacy House Monday 8 May at 10am. If you would like to know more about the Legacy Junior Public Speaking Award or would like to come along and listen to these eloquent young speakers call Susie Howard at Legacy House, Tel: 9663 3564.

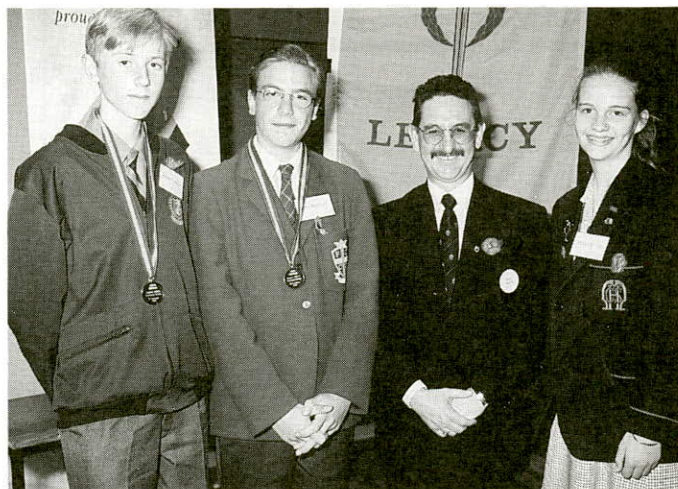
An endeavour of special importance to Melbourne Legacy has been to promote enhanced oral communication skills among 12-14 year old students and to help young people appreciate the ideals of Legacy: voluntary service, caring and mateship.

Since 1988, when just 24 young Victorian students took part, the Award has grown and achieved remarkable results - to the extent that Legacy held its first National Final in Melbourne, appropriately, on Remembrance day with 16 finalists from across Australia participating.

Thanks to one of our major financial sponsors, the Commonwealth Bank of Australia, the Legacy Clubs of Adelaide, Hobart and Perth/Fremantle were able to participate for the first time this year. Sydney Legacy has been a strong supporter since 1995 and Brisbane Legacy's participation grew from just four schools to over 400 schools throughout Queensland taking part during 1996.

The Public Speaking Award ensures that the Legacy story is reaching thousands of students. The story itself is now being retold with great thought, sensitivity and appreciation by some very talented young people.

The 16 finalists were of extremely high standard. The judges faced an unenviable task! The winner was Ross Ditcham - an outstanding 14-year old from Flinders Christian Community College, Tyabb. He has a maturity far beyond his years.



**Commended were Simon Winkler, De La Salle College,  
Kingsgrove NSW (far left) & Penny Mayes, MacRobertson  
Girls, Melbourne with Legatee President Ray Ward**