



# LEGACY NEWSLETTER

VOL. 9 No. 1

MELBOURNE

FEBRUARY, 1956



ADMIRAL RIGHT HONOURABLE THE EARL MOUNTBATTEN OF BURMA,  
K.G., G.C.B., G.C.S.I., G.C.I.E., G.C.V.O., D.S.O.





# LEGACY NEWSLETTER

Vol. 9, No. 1. Melbourne, Feb., 1956

Issued from time to time for private circulation among the Sons and Daughters of Deceased Servicemen and Merchant Seamen who served their Country during the Wars of 1914-18 and 1939-45.

Address:

THE EDITOR,  
Legacy "Newsletter,"  
45 Market Street, Melbourne.

## MELBOURNE LEGACY

Founded 1923 by The Late  
Lieutenant-General Sir STANLEY SAVIGE,  
K.B.E., C.B., D.S.O., M.C., E.D.

### PATRON:

His Excellency the Governor of Victoria,  
GENERAL SIR DALLAS BROOKS,  
K.C.B., K.C.M.G., K.C.V.O., D.S.O., K.St.J.

### PRESIDENT:

Legatee BOB GAYLARD.

Executive Officer: IVAN E. LAYTON,  
Office and Clubrooms:

45 Market Street, Melbourne.

Phones: MB 2854-5, MB 5361-3.

### RESIDENCES

"HOLMBUSH,"  
1267 Burke Road, Kew. Phone: WY 2914.  
"STANHOPE,"  
1245 Burke Road, Kew. Phone: WY 2945.  
"HARELANDS,"  
5 Willmery Road, Kew. Phone: WA 8520.

### LEGACY DENTAL CLINIC

110 Collins Street, Melbourne, C.1.  
Phone: MF 4310.

### GIRLS' GROUPS

Senior Girls' Group (16 and over) Club Rooms,  
Tuesday, 6 p.m. and 7.15 p.m.  
Junior and Intermediate Girls' Groups Club  
Rooms, Friday, 4.30 p.m., 5.30 p.m., 6.30  
p.m., 7.30 p.m., Tuesday, 4.30 p.m.

### BOYS' GROUPS

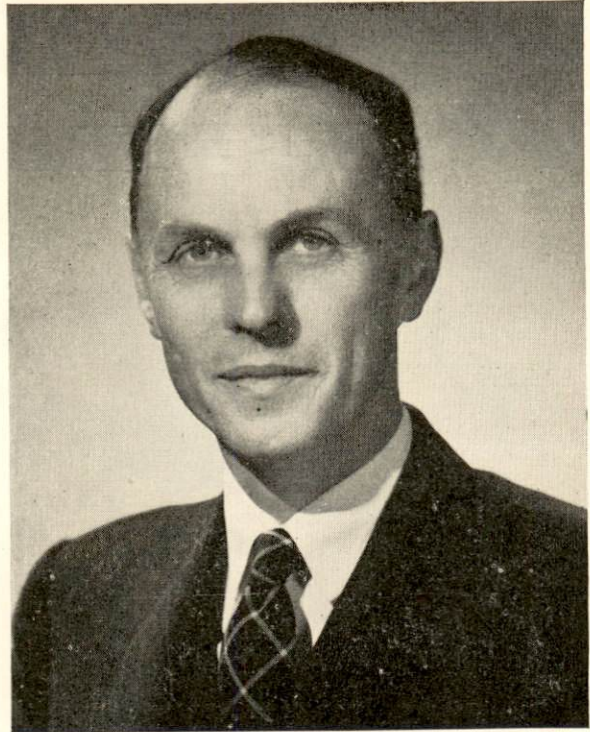
Junior Legacy Boys' Club, Club Rooms,  
Wednesday, 7.30 p.m.  
Wednesday Boys, Y.M.C.A.: Swimming, 7 p.m.;  
Games, 7.30 p.m.

### PHYSICAL TRAINING GROUPS

**Auburn:** Hawthorn Boys' Club Hall, cr. Auburn  
Road and Caroline Street, Auburn, Friday,  
7.30 p.m.  
**Central:** Drill Hall, Sturt Street, Sth. Melbourne,  
Friday, 7.30 p.m.  
**Coburg:** Drill Hall, Reynard's Road, Coburg,  
Friday, 7.30 p.m.  
**East Brighton:** Drill Hall, Landcox Street,  
Brighton, Friday, 7.30 p.m.  
**Fitzroy:** Cr. Brunswick and Reid Streets,  
Fitzroy, Friday, 7.30 p.m.  
**Footscray:** Drill Hall, cr. Gordon and Barkly  
Streets, Footscray, Friday, 7.30 p.m.  
**Kew:** Drill Hall, Cr. High Street and Highbury  
Grove, Kew, Friday, 7.30 p.m.  
**Malvern:** Drill Hall, Maben Place, Armadale,  
Friday, 7.30 p.m.

Editor: Legatee KEN FIELD.

PRICE: 3d.



Legatee BOB GAYLARD

## A Message from the President

AS President of Melbourne Legacy, I wish to convey to all readers my sincere greetings and hope that those Junior Legatees who are attending classes will receive much benefit and happiness during the year.

This year—this Olympic year—will be a great one in the history of Australia and, I believe, in the lives of every one of us.

Let us live it in the true spirit of the Olympian athletes of old—enjoying our pleasures, certainly, as they did, but carrying out each his own task with maximum efficiency and the stamina of a well-trained athlete.

To all, and especially the younger folk, the birth of this new year represents an advance in responsibility. For those still at school there is probably a higher grade to be faced, necessitating greater concentration and preparation for your life's work ahead. Many will have entered upon their first real job and ventured out into a new and strange world. To those who take it seriously, this is perhaps the biggest and most important step of all—the period during which they endeavour to form their career. Those a little older will have begun to realise how school days and the knowledge then acquired only brought them to the threshold of a wider education. Even older people, like mothers and Legatees, enter upon a new year with a keener sense of duty to those whose welfare is in their keeping.

The realisation of responsibility is amongst the most important things in life. Without it we merely drift—as an individual or as a nation—and eventually we become selfish and intolerant.

Let us then resolve that in this Olympic year we will, each and every one of us, develop a deeper sense of responsibility in carrying out the various duties, be they small or great; to be cheerful, tolerant and reliable in our dealings at home and at work.

On behalf of Legacy I extend greetings to all my young friends and readers generally, and the wish that it will hold for them, and for Legacy, the greatest of joy, happiness and success.



## This is Melbourne's Olympic Year

ON the afternoon of November 22, before an excited 110,000 spectators, an unknown athlete will bear the flaming Olympic Torch into the main stadium and His Royal Highness the Duke of Edinburgh will officially open the 16th Olympiad.

The eyes of the world will be turned towards Melbourne, the fifth city of the British Commonwealth of Nations, and the first city in the Southern Hemisphere to have been awarded the Olympic Games.

We, the people of Melbourne, will have the great honour of playing host to the peoples of some seventy nations. A city barely one hundred and twenty-one years old extending the hand of friendship and hospitality to those folk from far off lands whose history, tradition and culture dates back not hundreds but thousands of years.

The responsibility of staging this fortnight of drama, colour and pageantry born of a 2,700-year-old tradition is great, for the citizens of our city now take their place alongside citizens of other great cities which in the 20th Century have known a similar honour—Paris and St. Louis, London and Stockholm, Antwerp and Amsterdam, Los Angeles, Berlin and Helsinki.

Melbourne will meet this responsibility, match the standard already set, and cherishes the hope that new levels of efficiency and hospitality will be set.



### Footscray Group

Mr. Bell, our physical training instructor, resigned early last year after more than ten years' faithful service to the Footscray Class. We wish him all

the best for the future and extend him a hearty invitation to come and see us some time. Mr. Bell's place is being ably filled by Mr. John Poletti.

David Missen had an argument with a motor car in Geelong Road on his way to Class some Fridays ago. David received some scratches, but we are pleased to say he was not away from us for very long at all. We are told that you really ought to see the car, and we are not sure that it has not been sent to the wreckers.

We found that football on Saturdays was a serious competitor for the time of some of our senior basketball boys. However, we realise the importance of football, although we are not too sure of whether Footscray or Essendon are most entitled to our lads.

John Jillard played with Footscray Sixths during the year, and his work as full back no doubt helped bring the team to victory.

Gordon Matthews has just finished his exams in second-year Medicine at the University and we wish him all the best for the coming year.

It looks as if Councillor Selleck will have to arrange to build a larger Town Hall so that we can meet all demands for tickets for the Demonstration. At Footscray we were able to meet less than one-half the number who wanted them.

We have again had the very loyal and willing support of the mothers who have turned up regularly and helped in the Class. They have never failed to put on a cuppa, sometimes under rather trying conditions, when our heating arrangements were disrupted. Many thanks, Mums.

## Rhodes Scholarship To Tony Gibbs

ALL Legatees were thrilled to hear of the award of the Rhodes Scholarship—the blue riband of scholastic attainment in the English-speaking world—to Junior Legatee Tony Gibbs.

Tony was educated at Ballarat Grammar School from 1939 to 1949, where he was a prefect and held athletic records. He graduated in 1955 from Melbourne University and is expected to go to Oxford University towards the end of this year. At Ballarat Grammar School, Tony took a prominent part in every aspect of school life, particularly dramatic art. He returned to the school in 1950 as a student teacher, and then returned to Trinity College where he has had a brilliant career. He was awarded an exhibition in English language and literature, first-class honours in Latin, the Professor Morris prize for literary criticism, the prize for oratory, and the Wigram Allen essay prize. In 1955 he was elected senior student at Trinity.

A Rhodes Scholarship is not lightly won. It was founded by the late Cecil Rhodes, the famous Rhodes of South Africa, and annual awards are made throughout the English-speaking world to those students who meet the stiff requirements. The basis of selection by the committee is that section of the will of Cecil Rhodes in which he mentioned the four groups of qualities which he desired in his scholars, the first two of which he considered the most important. These are:—

- (a) Literary and scholastic ability and attainments.
- (b) Qualities of manhood, truth, courage, devotion to duty, sympathy for the protection of the weak, kindness, unselfishness and fellowship.
- (c) Exhibition during school days of moral force of character, and of instincts to lead and to take an interest in his schoolmates.
- (d) Fondness and success in manly outdoor sports such as cricket, football and the like.

## Contact Centre

IT has been felt that families who have no family contactor require advice outside of the normal office hours of 9 a.m. and 5 p.m.

In order to provide advisory assistance to such widows, it has been decided to set up a Contact Centre at our Club Room, 45 Market Street, Melbourne, on two evenings during the week.

As from January 9, 1956, a Legatee will be in attendance on Monday and Wednesday evening each week between the hours of 6 p.m. and 7 p.m. If there is any demand for this advisory centre, it may be extended to other nights in the week or if preferable, to Saturday mornings. In the meantime, if an interview is required on evenings other than those stated above, an appointment can be made by telephoning Legatee J. E. McKeddie at MU 5751 or at BJ 1610 after business hours.





THE COUNTESS EDWINA MOUNTBATTEN OF BURMA,  
C.I., G.B.E., D.C.V.O., G.C.St.J.  
Superintendent-in-Chief of the St. John Ambulance Brigade

## St. John Ambulance Brigade

**T**HE St. John Ambulance Brigade, of which the Countess Edwina Mountbatten of Burma is Superintendent-in-Chief, is a Foundation of the Venerable Order of the Hospital of St. John of Jerusalem, the most ancient Order of Chivalry.

Early in the eleventh century A.D., a hospital existed in Jerusalem and ministered to the needs of the Christian pilgrims who came from all parts of Europe to visit the Holy City.

When in the year 1087 the first Crusaders besieged Jerusalem in their attempt to capture it from the Infidels, the hospital was in the charge of a body of men calling themselves "The Poor Brethren of the Hospital of St. John."

It was around this hospital that the "Order of St. John" was developed. Although in subsequent years the Knights of St. John became one of the greatest military organisations in Christendom, they still maintained and developed the humanitarian side of their work, as their name "Knights Hospitaller" denotes.

Early in the twelfth century the English branch of the "Order" was established at Clerkenwell, in London, and it is there that the headquarters of the Order functions at this day.

In the year 1882 the Order founded the present "Ophthalmic Hospital" in Jerusalem and in spite of many vicissitudes due to wars and disturbances in the Holy Land, this hospital continues its humanitarian work amongst Arabs and Jews alike.

In 1877, the teaching organisation the "St. John Ambulance Association" was established and in 1887 the "St. John Ambulance Brigade" was formed.

In 1888 Her Gracious Majesty, Queen Victoria, granted the Order a Royal Charter and since then the reigning Monarch has been the "Sovereign Head."

In Australia, His Excellency the Governor General is the Prior of the Order and each State Governor is a Deputy Prior.

Both the St. John Ambulance Association and the St. John Ambulance Brigade have been established throughout the British Commonwealth.

In Victoria, the Association began its teaching in the year 1883 and the first units of the Brigade were formed in 1910.

Since teaching began in Victoria some 175,000 persons have obtained certificates of qualification in First Aid to the Injured.

The St. John Ambulance Brigade in Victoria has expanded to some 96 divisions of trained personnel, comprising approximately 800 adult members and 1,000 cadets.

The service rendered by the Brigade is entirely honorary, its members give their time and skill in the interests of humanity, without fee or reward and without distinction of colour, class or creed.

The motto of the Order is: "Pro fide" (For the Faith), "Pro utilitate hominum" (For the Service of Mankind), and their badge, the white eight-pointed cross.

The Commissioner of the St. John Ambulance Brigade for the District of Victoria is Brigadier W. W. S. Johnston, C.B.E., D.S.O., M.C., E.D., K.St.J., and the District Superintendent is Colonel A. Christie, M.B.E., C.St.J.

The Victorian Headquarters of the Brigade are at 217 Lonsdale Street, Melbourne.



# A Word From The Dentist

## FIGHT TOOTH DECAY

**W**HAT can I do to help prevent tooth decay is a question people ask every day. The answer is simple.

There are three principal factors in the prevention of tooth decay:

1. Eat foods that require considerable chewing—foods that are rich in vitamin and mineral elements.
2. Keep the teeth free from decay-inviting film by brushing them two or three times a day, preferably after each meal, and *always* before retiring.
3. Visit the Legacy Dental Officer at least twice a year.

### For Tooth-Brushing to be Effective:

1. Food debris must be removed *immediately* after eating. It has been shown that acid, capable of etching a tooth, forms a few minutes after eating sugary foods. Tooth cleaning must be practised before this acid forms.

2. It must be done *thoroughly*. Casual brushing for appearance sake just round the front teeth is a waste of time and effort, and only gives a false sense of security.

3. The toothbrush recommended by most dental authorities should have a small, straight head of two or three rows of medium stiff bristles. It should be kept clean and discarded when the tufts lose their original shape.

### Decay Begin in Three Main Areas:

1. On the grinding surfaces.
2. Between teeth.
3. Along the gum margins.

These three areas, therefore, should receive special attention.

### Clean Your Teeth to a Plan.

1. Clean one surface of only two teeth at a time.
2. Commence with your upper molars on the left side.
3. Place the bristles of the brush at right angles to the teeth, with one row of bristles against the gums and two rows against the teeth.
4. Vibrate the brush so that the bristles pass in between the teeth.
5. With some of the bristles in between the teeth, rotate the brush in small circles.

Now move forward two teeth nearer to the centre of the mouth, and so right across the cheek and lip surfaces of all the upper teeth.

Then apply the brush in the same methodical manner to the tongue surfaces of the upper teeth.

Finally, the grinding surfaces may be cleaned by punching the bristles up into the grooves and pits on these surfaces.

Then carry out exactly the same careful and methodical cleaning of the lower teeth.

Finally, take a mouthful of water, close the lips, and using the cheeks as a pump, force the water vigorously between the teeth. Spit out and repeat.

The Melbourne Legacy Dental Clinic at 110 Collins Street, City, is open from Monday to Friday. This dental attention is provided free for all Junior Legatees. See your Legatee Contactor or apply to the Legacy Office for an appointment and make the habit of attending regularly.

### Cleaning Children's Teeth.

The Primary, or Foundation teeth, should be cleaned from the age of two years by the parent. A child of even six or seven years cannot clean his teeth properly without supervision. The pre-school child, after his teeth have been cleaned for him, will no doubt want to try, too. Even if he just chews the brush at first it is good for him to feel he is doing a part himself, for tooth-brushing should be cultivated as a habit. It is important to choose a small brush for a child, and provide a stool so that he can reach up to the wash basin.

The avoidance of refined sugary and starchy foods, combined with efficient tooth cleansing, will help to prevent decay.

But tooth cleaning, without dietary control, can only lessen dental decay.

### Detergent Foods and Rinsing.

The thorough home care of the mouth as outlined above is the ideal method of tooth preservation.

Where this procedure may not be carried out, two principles are of great help in ridding the mouth of food debris.

1. Always finish the meal with a detergent food, such as—
  - A piece of carrot.
  - A few stalks of celery.
  - Crisp, whole, lettuce leaves.
  - A crisp, firm apple.
  - A pear.

These detergent foods will help to carry the softer, sticky foods away from the teeth.

2. Take a mouthful of water, close the lips, use the cheeks as a pump, and vigorously force the water between the teeth, spit out and repeat.

These methods are only a *second best* to careful tooth brushing. They should be used in conjunction with brushing—or, by themselves where circumstances make brushing impossible.

## NOTE!

*The latest autographed portraits of the Earl and Countess Mountbatten of Burma which have been reproduced in this issue of our Legacy "Newsletter," were received by our Executive Officer, Mr. Ivan Layton, together with personal greetings for Christmas and this New Year. Despite the fact that the many activities connected with their respective official duties keep them extremely busy, Lord and Lady Mountbatten have always remembered Mr. Layton every Christmas since World War II when, as Personal Staff Captain to the late Field-Marshal Sir Thomas Blamey, Mr. Layton first became closely associated with them. On more than one occasion during 1953 these two grand people proved the sincerity of their friendship with our Executive Officer who was a visitor to England for the Coronation.*



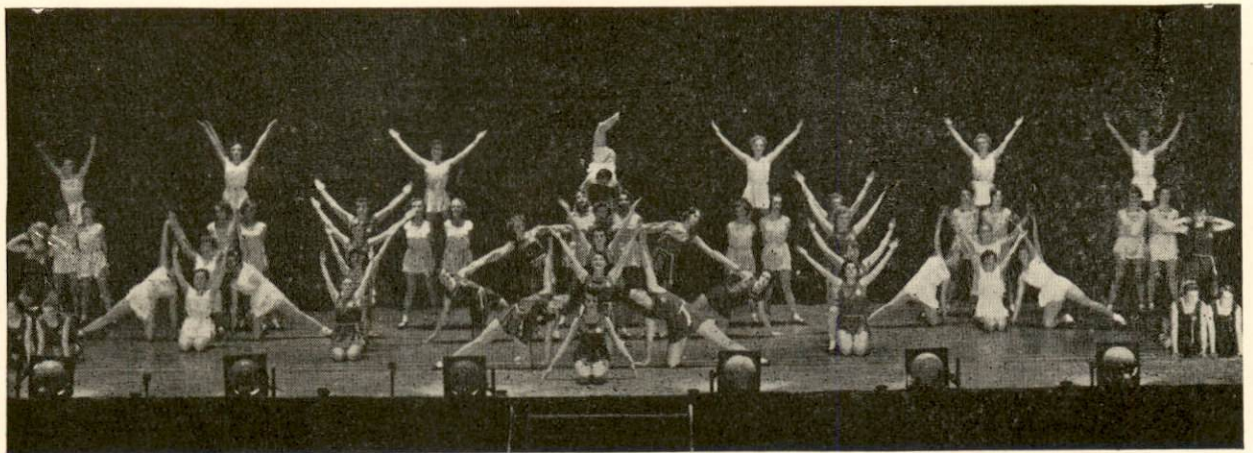
# THE DEMONSTRATION, 1955



PYRAMIDS — BOYS' GROUP



"THE SLEEPING PRINCESS"



PYRAMIDS — SENIOR GIRLS



# The Demonstration, 1955

**A** GAIN we swell with humble pride at the achievements and the excellence of our Junior Legatees in their performances at the 1955 Annual Demonstration.

Before most distinguished company including His Excellency the Governor of Victoria, General Sir Dallas Brooks, our girls and boys gave of their best and provided a very high standard of entertainment. Welcome visitors included a number of interstate Legatees, even one from Townsville.

The items performed by Junior Intermediate and Senior Girls were extremely well performed and of professional standard.

The boys treated us to some extremely lively performances, including the novel inclusion, in a display of class work, of two clowns who delighted the crowd with their antics. Of course it would not be a Demonstration without these talented Junior Legatees who put so much energy, interest and enthusiasm into every item.

It would be impossible to thank individually all those who assisted in so many ways in the presentation of this year's display. A special word of praise is due however to Miss Enez Domec Carre and her first-class staff, to Miss Winifred Williams, and to their pianistes, Mrs. Ester Riley and Mrs. Eileen Nilsson.

Once again those energetic mothers of the Junior Legatees, who belong to the Mothers' Club, spent many an hour sewing and putting together the fine costumes that really made the spectacle such a brilliant success. Thank you, Mums, for all you have done to assist us.

The band of the Royal Australian Artillery again gave their support to Legacy in providing entr'acte.

Yes, another Legacy Demonstration has been performed in a manner that all associated with Legacy must rightly feel extremely proud.

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## REAL LIFE STORIES

### Success Of Two Junior Legatees

**S**OMETIMES the Legacy Club has a very great success with its Junior Legatees. Two cases in point are Junior Legatees John Woodley and Ronald Rudd. John Woodley's father died as a prisoner-of-war of the Japanese and Ron's father was killed in action on the Kokoda Trail. John was a resident at "Holmbush" for a number of years and Ron was a leading member of Footscray Class. Ron's mother died in 1952 and he was adopted by his aunt.

Both boys decided that they wanted to be Mercantile Marine officers. A Legatee advised them that they should attempt to get into the School of Navigation, University of Southampton. Another Legatee coached them in mathematics.

A total of 1,500 boys apply to get into Southampton each year. Only 140 are selected, of whom three only can be from the Dominions. Both John and Ron got their Intermediate Technical Certificates. Both obtained very flattering reports from their headmasters. Then they had to sit for another educational exam, a rigorous interview and an invitation to dinner to see what their manners were like. Both came through well and with a boy from Canada were selected for the school.

Legacy was able to arrange through Commander N. Pixley, General Manager of the Melbourne Branch of P. & O., for their immediate passage to England and the Canteens Trust paid their fares.

Now after their first term, we are thrilled with their reports. Regarding Ron, "A very promising cadet and a sensible, reliable young man." As for John, "Determined, resourceful and painstaking. Should make an excellent officer." Both

have been promoted to Leading Junior Cadets and placed in charge of a cabin of five other cadets. As their contactor said in a recent Legacy "Bulletin," "If the two don't finish up as Senior Cadet Captains in their last term and as Commodores twenty years after I am dead, I shall give a golden cow to the witch doctors."

#### Postscript to Real Life Stories

Special Airmail letter from the Director, School of Navigation, University of Southampton:

"Young Woodley was one of the 10 Southampton cadets who formed the choir and guard of honour for the Archbishop of Canterbury when Her Majesty unveiled the Merchant Navy Memorial on Tower Hill on November 5.

"There were 40 cadets altogether—10 each from 'Worcester,' 'Conway,' 'Pangbourne' and here.

"The ceremony was televised and the news cameras took many photos of the cadets: so eventually you may see it in Australia.

"John has now been promoted to Leading Senior Cadet."

#### "A Further Chapter Added"

Captain Wakeford, Director of the School of Navigation, University of Southampton, to Legatee Cremor: "I know that you will be pleased to hear that John Woodley has been promoted to Chief Cadet Captain and Ron Rudd to Senior Leading Cadet. Woodley has the honour of being our first Australian Chief Cadet Captain."





# ALL ABOUT THE GIRLS

LEGACY offers to its members many avenues of service, some of which can cause periods of sadness. But there is always a recompense in the moments of joy it can provide. The Quartermaster's job at the Friday night Girls' Class is one that can make up for the moments of doubt.

The small girl who comes into the Q.M. Store with a timid, "Please, Legatee, I have been coming to classes for three weeks now; can I have a uniform?" And goes out with a beaming smile, a length of material for her costume, a pair of ballet shoes and the incidentals, not forgetting the pattern for Mummy to make the costume, is a typical example of this pleasure that comes with the job.

Not that the job does not have its trials as well. The Q.M. sitting down with a paper pattern for a girl's frock and bloomers in front of him, trying to make a sketch of it on to a piece of foolscap and then trying to write a description of how to lay out the pattern on the material provided so that Mummy can understand it, is a sight to remember. Particularly as the poor Q.M. has no daughters and no idea of what such things as darts, tucks, neckbands, etc., mean or even look like. Still, a few more grey hairs, a few more wrinkles on the forehead and a lot of assistance from the Mothers' Club and the problem seemed to be solved. At least the mothers say they understand it, which is more than the Q.M. does.

## LIBRARY

THE library is catering for the tastes of our "junior misses" and these, as can be well imagined, cover a wide field. By buying, begging, or other means, we are building up a collection away from the "penny dreadful" type, encouraging the kids to read more and better types of books. The mothers who come with the children on Friday nights also have a small library and this is proving very popular. If any Legatee feels he has now outgrown books by Enid Blyton, Georgette Heyer, Elizabeth Goadge, etc., all favourites, or any others with an appeal to girls from 6-15 years, we would be delighted to have them. Please send to the Club Rooms and we will arrange to place them in circulation. The average number of customers each Friday is 90-100, which means a constant circulation of over 200 books.

## IMPRESSIONS OF A PIANISTE AT LEGACY

FROM the first day I became a member of the staff of the Girls' Classes, and watched the girls stand at attention for Assembly with heads bowed listening to the Legatee saying the words, "Let us stand in silence for a moment in memory of your fathers, our comrades and those Junior Legatees who gave their lives for their country." I knew that this was to be no ordinary engagement. Those children touched my heart and it has meant something far more for me.

What a hive of industry the classes provide each night! I see the children asking questions of the Legatees, who always have a smile for them, and I know no problem is too large nor too small for them to solve.

I cannot help but be impressed when a mother is escorted into the classroom with one or more children. She looks around and realises her children are not the only fatherless ones. It is not long before her child is absorbed into that class and joins the happy band of Junior Legatees.

Then of course one cannot help but notice the improvement in posture and deportment and how rapidly they seem to grow.

I find also that they have a deep appreciation of music and often come along to the piano and enquire about titles

and composers, so that they can buy recordings for the home. Never have I known such interest as shown by the girls when rehearsing the Sleeping Beauty Ballet Suite for Demonstration.

It is a privilege for me to be even a small part of such a wonderful organisation as Legacy.

(Mrs. Riley, herself a war widow, is pianiste at the Friday night Girls' Classes.)

## JUNIOR GIRLS' CLASSES

HAVE you read in previous "Newsletters" that so many girls attended the Friday night classes and reflected that the numbers are increasing? If this did impress you, then you will realise that the old Club Rooms in which we meet are operating at their capacity and the rush and bustle that is associated with the class activities is but a part of the endeavour to render to each and every Junior Legatee a small portion of the service to which we feel they are entitled.

As one class surges into the rooms and another surges out and the Legatee in the middle endeavours to answer the phone or stops to listen to little Elizabeth lisp that three weeks ago she put her pullover on the piano and now it is gone, a bystander would—and should—wonder how ever anything is done or anything is learned.

The children are like thirsty plants that have been given water—they just absorb the instruction that is placed before them. When they are in class doing exercises and shaking the plaster on the tenants below or in assembly paying simple homage to their fallen, it is evident as each year comes and goes that every one of them has grown and grown. It makes the Legatees proud to see the small tots arrive and the young women depart and to think that they took part in the development. The telephone and little Elizabeth's pullover are things of no consequence set against such results.

Our size has forced us to commence a Tuesday evening class and this too will in its turn grow until it has reached the limits of the walls. At which stage it is to be hoped that our dreams of a newer and larger club rooms will come true and save our efforts from becoming confined.

## MOTHERS' CLUB NOTES

THE Mothers' Club had been active over the past twelve months in various ways. To begin with we spent a very enjoyable afternoon at Luna Park. Afternoon tea was provided for the mothers out in gardens, while the children enjoyed themselves on the various attractions inside. In March we held our picnic. This was to Maroondah Dam—the weather man gave us a glorious day, so we had a good attendance. Everyone voted that they enjoyed themselves. Of course we were very thankful to the Legatees who came up for the day and looked after us.

Our monthly meetings have been going along as usual. Several kind people have given us enjoyable evenings. Mrs. Livingston's daughter, Mary, down in Melbourne for her holidays, gave us a screening of views and buildings of Darwin; also of the Adelaide River while it was in flood. Then Legatee Spicer gave us a demonstration on floral art in the home at our April meeting. At our June meeting, Mrs. L. Marshall gave us a travel talk on her American travels. We thank these kind people very much.

Don't forget "Longbank." Mums. Holidays spent there are always enjoyable and restful.

The Annual Fair was held on November 12, 1955 at the rooms at Market Street, and was once again a grand success.





# Legacy Doctor's Diary

## ABOUT THESE X-RAYS

AT the beginning of World War II in 1939, we commenced in this country the practice of taking a small-sized chest X-ray (about the size of a postage stamp) of every sailor, soldier and airman who enlisted. This proved to be so valuable in the early detection, and therefore treatment, of lung tuberculosis that, towards the end of the War, one of our municipal councils (South Melbourne) conducted campaigns for mass free X-ray of its citizens. This idea spread until, by 1947, a State-wide campaign for free X-ray for every person in Victoria was in full swing. Thanks to good organisation by the Victorian Health Department—the present Director of the T.B. Branch is our own Legatee, Dr. H. M. James—and the excellent co-operation of our citizens in taking full advantage of the facilities offered, since that date, there has been an ever-increasing number of people, men and women, boys and girls, who have regular chest X-rays taken either as the mobile clinic visits their district or by visiting the central clinics; thus they ensure that they never run the risk of getting a deep-seated infection of lung tuberculosis. This is very important because, if tuberculosis can be found before it has been very long in anyone's chest, then the possibility of curing it quickly is infinitely greater than if it had been hiding away quietly there for several years, when it may prove very difficult and even occasionally, unfortunately, impossible to cure.

X-ray is the quickest, surest and earliest way of finding whether anyone has unfortunately picked up or "caught" a

tubercular infection—and there is no cost to us, it is free! In Victoria alone about half a million people each year are having these X-rays taken. Any boy or girl of about 12 years or older or any adult person can go to one of the permanent chest clinics or can visit the mobile X-ray unit when it comes to their suburb or district, as it tries to do each year. There you will find that the officers are quite happy to X-ray you—the whole process only taking a few minutes.

News has just been released of another new drug, Verazide, discovered at our own Universities of Melbourne and Sydney, after five years' work, which may yet prove to be the cure for this disease; but, remember, we must still have our X-rays to discover those who need the treatment.

Do you know that, before these campaigns for mass X-rays started, out of every 100,000 people, 26 people died of tuberculosis? Now, thanks to all that is being done to detect early and to fight this scourge, only nine people out of every 100,000 die of this disease. Every year these figures are improving and they will go on improving until we can stamp this insidious disease out of our country, but only if every one of us will play his or her part and ensure, by regular X-ray, that we neither have ourselves nor risk passing on to any other boys or girls this thing called T.B.

### THE FIELD OF REMEMBRANCE

Westminster, London  
3rd November, 1955

Sir Thomas White, Australian High Commissioner to London, planting a Cross of Remembrance at Westminster, London. Also pictured are Mr. W. H. Bunning of London Legacy, Mr. C. Vickress representing R.S.L., N.S.W., and Mr. F. Brent representing the Australian Ex-Servicemen's Association.





## Christmas Party at Government House

MANY of those who had eagerly been looking forward to the Christmas Party at Government House on November 26 were worried when the day broke with threatening clouds, and later in the morning some sharp showers fell. But there was no need to worry. The rain cleared the air and freshened everything up for a glorious afternoon and one of the biggest and best parties yet.

His Excellency Sir Dallas Brooks again very kindly allowed us the use of Government House grounds for the occasion and we are all very deeply indebted to him for this generous action. We were also very glad that His Excellency and Lady Brooks were able to spend some time at the party and to say a few words over the microphone.

By two o'clock a great crowd had gathered and soon the party was in full swing. There were ponies to ride, pony carts to ride in, merry-go-rounds, swings, flying boats, trains, slides, rockers, ice cream, soft drinks, and last of all a distribution of toys to all the children who attended. For the many mothers who came along there was afternoon tea served. Inquiry tables were provided at which representatives of the various sub-committees in Legacy were ready to answer queries and many mothers took the opportunity to discuss problems on the spot. This is a most useful side of the party, and helps Legacy work along.

Amongst those present were 20 widows and Junior Legatees from the Latrobe Valley Group and parties from Peninsula and Numurkah Groups. It was a real get-together of the Legacy family and a splendid wind-up for the year.

## "Longbank" Holiday Alterations

DUE to possible maintenance at "Longbank" during the coming year, it has been necessary to change some of the holidays. The 1956 holiday dates are now as under:—

1956	
February 27 to March 9	7
March 19 to 30	6
April 9 to 20	7
April 23 to May 4	7
May 21 to June 1	Nil
June 4 to 15	1
June 25 to July 6	7
July 9 to 20	7
July 30 to August 10	7
August 13 to 24	7

September 3 to 14:

Reserved for widows under 45 years of age

September 17 to 28	7
October 8 to 19	7
October 22 to November 2	7
November 12 to 23	7
November 26 to December 7	7
1957	
January 7 to 18	7

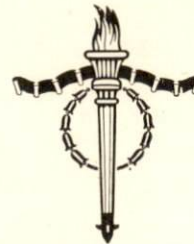
For further particulars please contact Legatee Whitley at XB 2487 or FW 5161.

## Thirtyniners' Picnic

THROUGH the generosity of the Thirtyniners' Association, Mrs. Briggs, our Welfare Officer, and many of our Junior Legatees and war widows were guests at a most successful picnic at Darley Park, Bacchus Marsh, on Sunday November 20. The sporting events were a highlight of the day's outing, and some of our girls and one of our mothers carried off lovely trophies. It was particularly noticed that there was a substantial queue of entrants (all feminine) for the contest of "Throwing the Rolling Pin" and some record distances were registered.

Many thanks indeed, Thirtyniners, for your kind hospitality and your continued loyal support of Legacy.

## The Badge of Legacy



The badge of Legacy is the Torch and Wreath of Laurel. The torch is a symbol of the undying flame of service and sacrifice handed to us by our comrades of the Wars of 1914-18 and 1939-45 and subsequent campaigns, who have passed on. The wreath of laurel, with its points inverted signifying remembrance, is the guerdon of honour to our comrades who gave their lives for their country.

## Cultural Committee

THE small committee, recently formed to encourage our Junior Legatees to take an interest in aesthetics (which our trusty dictionary defines as "The science of the sensations or that which treats of the beautiful in nature and art"), has already been able to make a modest move in this desirable direction, by the generosity of the Australian National Theatre Movement in providing 12 seats at the Opera on Saturdays for Junior Legatees. In addition, further plans include guide lectures at the National Gallery and visits to artists' homes; in fact, when you come to think of it, there is no end to the various avenues down which our Juniors may see and learn to enjoy the finer things of life, with a bit of help from us.

## Our Photographer

For many years now, excellent photographs have been reproduced in "Newsletter." The pictorial records of the Demonstrations and the staff photographs in the last issue were all taken by Alan Winch.

Alan is engaged to Mavis Coote, a popular member and a Past President of the Senior Girls' Classes, and both these young people have assisted Legatees and mothers in ways too numerous to mention.



# WHAT IS LEGACY?

## A Message to Mothers and Guardians

**L**EGACY consists of a group of ex-servicemen who, because of the comradeship of service, are personally interested in the welfare of the dependants of those ex-servicemen who have passed on.

From experience gained over the past years, Legacy understands the many problems that may face you, and has set up the Junior Legacy Club to help you and take a keen personal interest in your children.

The following facilities are available:—

### Help and Advice to Mothers and Guardians.

Should the death of your husband leave you in difficult circumstances, or should illness upset your income, Legacy is always anxious to assist to tide over a difficult period. In addition to advice, financial aid, clothing, special food, etc., may be provided as necessary.

Many sources of assistance are available, such as Repatriation Department Pensions and Allowances; Social Service Pensions and Allowances for widows and invalids not eligible for Repatriation benefits; Services Canteens Trust Fund Grants and Allowances for 1939-45 cases; McCaughey Bequest Grants and Allowances for 1914-18 cases; Children's Welfare Department Allowances; State Education Department and their Relief Fund Allowances; various Unit Association Grants; all of which are available as a right, and not a charity; and Legacy will assist with advice on all these matters, and with the lodging of any applications to the various instrumentalities.

In order to be in a position to offer the greatest possible advice and assistance, Legacy keeps in contact with each family; and where there are children, or matters requiring attention, this contact is maintained by a Legatee paying visits to the home.

When a child has some physical defect or some peculiar characteristic which makes him or her a little difficult, Legatees take a special interest and make every effort to help the child.

Should any child unfortunately get into difficulties with the police, the Legacy Probation Officers are always available to take a specialised interest, and the courts are usually willing to co-operate with Legacy in the correction and supervision of the child.

### Mothers' Club.

Mothers are invited to accompany their children to the various Boys' and Girls' Classes and to take an active interest in the Mothers' Club. As well as meeting other mothers at all classes, a combined meeting (on the third Monday in each month at 8 p.m.) is held at the Legacy Club Rooms, when social evenings and talks are conducted; and they also arrange outings and theatre parties throughout the year.

### "Longbank" Holiday Home.

Holidays of approximately 12 days' duration can be arranged for widows at a very beautiful country home maintained by Legacy, about two miles from Camperdown. They are available regularly throughout the year, and dates and full information may be obtained from the Legacy Office.

"Longbank" is a holiday home, ideal for widows in need of a rest in ideal surroundings, but it must be understood that it is not a convalescent home. Similarly, it is for widows only, and children cannot be accommodated, but we may be able to assist in arranging for the care of the children while mother is having a holiday.

### Housing and Repairs.

Advice and guidance are available on all matters connected with the buying and selling of homes, in the settlement of disputes between tenants and owners, and in fair rents and

ejection cases; and in repairs to homes already owned. Legacy may be able to assist in sponsoring an application for a Commission House, or in the purchase of a War Service Home; and particularly with applications to the Services Canteens Trust Fund for financial assistance towards the deposit required on purchase of a War Service Home.

Legacy is vitally interested in your housing and accommodation problems, and is anxious to assist in every way possible.

### Legal Advice.

Legal advice and guidance can be given in any matter relating to the estate of a deceased ex-serviceman, the investment of funds or the management of property; or any other legal matters in which the interests of widows and children are concerned.

### Medical, Dental and Optical Care.

Advice and assistance is available on all medical problems, particularly where your local doctor recommends reference to a specialist; or special treatment and diets.

Legacy maintains a Dental Clinic where children up to 16 years of age receive free treatment and all Repatriation accepted cases can be treated.

All matters concerning optical treatment and prescriptions are also handled by the appropriate Legacy Committee.

### Education.

Advice of educational experts is available at all stages of the child's schooling. This is particularly necessary when the child reaches Grade 6, normally at eleven years of age, when the selection of a correct course of future study becomes of the utmost importance.

Financial assistance may be granted, where the circumstances so warrant, in order to ensure that every child may have the opportunity of attaining the educational standard required for the career chosen. This also covers attendance at continuation or night schools.

### Employment.

When the child's education is nearly completed, Legacy will discuss with you the sort of employment that is desired, or suggest a trade or occupation, and find a suitable position. During the first few years of the child's working life Legacy keeps in touch to see that proper progress is being made. Should it appear necessary, Legacy arranges alternative employment or encourages the child to persevere in the job.

Great care is exercised to see that children do not enter "dead-end" occupations, and you are urged not to place the child in employment without seeking the advice and assistance of Legacy.

Where necessary, financial assistance is provided to subsidise low-paid apprenticeships, and tools of trade are provided.

### Camps and Holidays.

Reciprocal arrangements between Victorian country Legacy Clubs and Groups and Melbourne Legacy ensure excellent facilities for children from the country to attend the Legacy Camp at "Blamey House" and for city children to have a holiday in the country in January each year, and on other special occasions. For the January holidays, enquiries should be made fairly early—say in October—to ensure that satisfactory arrangements are made.

### Christmas Party.

A special Christmas Party is arranged each year for all children up to the age of twelve years living in the area served by Melbourne Legacy. Many amusements and light refreshments are provided, and mothers are urged to accompany the little ones. All Legacy Committees maintain enquiry centres at the party, and an excellent opportunity is afforded



## WHAT IS LEGACY? — Continued

for all mothers to both enjoy the festive atmosphere of the party and to talk over any problems with the appropriate Committee.

### Residences.

The Residences, "Holmbush," "Stanhope" and "Harelands," have been established in Kew, and "Blamey House" at Black Rock. All children are accommodated under the care of a matron, and the supervision of Legatees; and contributions towards their upkeep are made in accordance with the circumstances.

These Residences cater for cases where suitable living conditions are not available to enable the child to proceed with schooling, University or technical course, apprenticeship, etc.

### Junior Legacy Groups.

From the age of nine years children are encouraged to join the appropriate Junior Legacy Group.

Here they get to know the Senior Legatees who are in charge and are encouraged to discuss their problems with them.

They are given physical education and instruction in speech training, deportment and conduct under qualified instructors, and are known as Junior Legatees.

The comradeship and social contacts with other Junior Legatees are a real advantage to the children.

Activities under this heading are as follow:—

*Physical Culture for Boys.*—Boys' Groups meet on Friday evenings at South Melbourne (Central), Malvern, Fitzroy, Coburg, Footscray, Kew, East Brighton and Auburn.

*Junior Boys' Club.*—To cater particularly for boys who for various reasons cannot attend a class on Friday evening and take part in the physical education provided, a class meets in the Club Rooms on Wednesday evening, when interesting talks, picture shows and games are organised.

*Swimming.*—Every Wednesday evening a swimming class for boys is held in the Y.M.C.A. pool prior to the Wednesday Evening Class. The swimming class is under the control of a competent swimming instructor, who can coach boys for certificates issued by the Education Department and by the Royal Life Saving Institute.

*Organised Competitions and Outings.*—Throughout the year the boys have inter-group basketball, games and visits to organisations and places of interest.

*Physical Culture for Girls.*—Classes for Senior Girls (over 16) are held at the Club Rooms, 45 Market Street, on Tuesday evenings, and for Junior Girls on Tuesday and Friday evenings. The Senior Girls have a social club within the framework of their classes.

*Speech Training.*—Correct speech is a necessary adjunct to correct behaviour, and in connection with the girls' classes on Friday evenings a qualified instructress conducts classes in speech training and deportment.

*Milk.*—At the conclusion of the evening's work a supply of milk is available for the children before they go home.

*Uniforms and Badges.*—Boys receive an original free issue of singlet, shorts and shoes, and girls are provided with shoes and the necessary material for making the original one-piece tunic for their work. Stencilled badges are provided for the uniforms, and after a period, during which the boys and girls have shown their loyalty to Junior Legacy, they are presented with a metal badge which they are encouraged to wear at all times.

*Library.*—A complete library is maintained at the Club Rooms, and at the suburban classes supplies of books are regularly changed so that the boys have a wide choice of reading matter. Regular supplies of periodicals of particular interest are available.

*Demonstration.*—As a culmination to the year's work, a Demonstration is held in the Town Hall, at which the mothers and friends can see some of the work which is undertaken by the boys and girls.

*Intermediate Legacy.*—When our Junior Legatees become young men and young women, they are welcomed to the ranks of the Intermediate Legacy Club. Here the association with Legacy, which many value so highly, is continued in useful service.

Intermediate Legacy conducts classes for the children of Disabled Soldiers, and in many ways assists the Senior Club in its work.

### Conclusion.

The Spirit of Legacy is personal service, and its greatest hope is that you and the children will regard the Legatees as your friends, who are anxious at all times to give you any help and assistance that you may desire.

## NOTES FROM THE RESIDENCES

"Stanhope" is designated as the Legacy Residence for Junior Legatee students who are engaged in tertiary education. This year the house has accommodated a record number—36 students being in residence. Of this number no less than 32 are from the country.

There are 8 University students, 13 Senior Technical students (Swinburne College and Emily McPherson College of Domestic Economy), 4 Pharmacy students, 3 at Teachers' Training College, and the remaining 8 on sundry other courses.

The house is 75% self-supporting—students paying board and maintaining themselves from entitlements—Repatriation Education Allowances, Studentships, Bursaries, Scholarships, etc. (some are assisted by their country Clubs). Success at their educational target is a must for all students.

During the year house activities have been many and varied. The formation of a very good orchestra has been one of the highlights and has enabled several dances to be organised at the house. Another successful evening was when the house was "At Home" on a Saturday evening during second term and endeavoured to entertain all those good people who had in some way contributed to the success of the Residence.

A new innovation was to have a speaker at the Residence each Wednesday evening during the periods between exami-

nations. This idea proved very popular. The speakers covered a very wide range and included amongst many others Mr. Dennis Corder and Mr. Ian Johnson of sporting fame, Mr. Eugene Gorman of the legal fraternity, and Mr. R. Priestly, Guidance Officer at the Melbourne University. Picnics and outings of educational interest were also arranged.

At the end of the year "Stanhope" will lose some old identities amongst the students. Jim Robinson (Wangaratta) and Ian O'Neill (Wangaratta) should graduate as Bachelors of Engineering, John Edwards (Benalla) as Bachelor of Commerce, and Stan McBrid (Ballarat) as a chemist. Joyce Warburton (Yarra Valley) hopes to re-establish a home with her mother. Pat Gibson (Shepparton) is going to private board. Jean James (Warragul) finishes her course at the Burnley Horticultural College. Graeme Ball (Hamilton) finishes his final year of industrial chemistry. Bill Thompson (Swan Hill) should obtain his Diploma of Engineering. Shirley Gray (Peninsula) and Mary Carter (Cobram) complete their pre-nursing courses and next year begin their training.

It is with a tinge of regret that we say good-bye to these Junior Legatees but we wish them every happiness and success in their chosen careers.