

NEWS & NOTES

JULY 1991

Published by the Wonga Park & District Residents' Association

Chairman:	Philip Glenister	722 1539	Next Meeting:
Secretary:	Michael Tapper	722 1793	Fri 12 July 1991 at
Treasurer:	Barry Box	722 1423	the Community Cottage

DEADLINE FOR NEWS & NOTES is the last Friday of the month.
August deadline will be Friday 26 July 1991.

CONTRIBUTIONS are welcome and may be left at the Store in
Jumping Creek Rd Cnr Dudley Road.

Any individual or company can sponsor an edition of New & Notes
for only \$20.00. The \$20.00 is used to help pay for the
publication of this newsletter. This month's News & Notes is
sponsored by:

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YARRA VALLEY GOLFING PARK
Maroondah Highway
Chirnside Park
(Opposite Black & Decker)

Special offer to Wonga Park residents: 25% Discount

Driving Range
9 Hole Pitch & Putt
Open 9.00am to 9.00pm

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Our best wishes are extended to Albert and Jean Aird as Albert
recently suffered a stroke and, unfortunately, is recovering
very slowly. Both Albert and Jean have been very active in the
community over a number of years, including a long association
with the Residents' Association. We hope you will recover soon
Albert.

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Council elections are due again in August and we are sorry to
learn that Kristine Broom has decided not to stand for another
term. But, then we also understand that Kristine has taken on a
very heavy workload in recent years. Kristine has attended
virtually every Residents' Association meeting over the past
three years and kept us well informed about what the Shire of
Lillydale is up to. On behalf of the Residents' Association I
would like to sincerely thank Kristine for her contribution and
help over the past three years.

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Most residents are probably aware that Philip Glenister has
announced his intention to stand for the West Riding vacancy
(so far unopposed). Philip has previously served on Council,
including a term as Shire President. He is currently President
of the Residents' Association, and has been for the past
eighteen months. We wish Philip well in the forthcoming
election.

Outer Eastern Citizen Advocacy Program:

From Jaqueline Penwill

I have recently become the co-ordinator of the Outer Eastern Citizen Advocacy Program. You may not have heard about Citizen Advocacy. We find and introduce people from the community to a person with an intellectual disability. The term 'advocate' is not used in this instance in its legal sense - but in a more general sense as a mentor, supporter or defender.

Citizen Advocates choose the amount of time they spend with their friend; it depends on the particular relationship. Most advocates find that the relationship can be part of their existing time schedule. Once introduced, the relationship takes its own course and our office is used as a back-up if needed.

For instance, we might get a call from a person who tells us about 'John', he is a gregarious fellow with a lovely nature, but has a mild intellectual disability. He is in his mid thirties and has spent the whole of his life in institutions. We introduce 'Robert' to John, Robert is a computer programmer who is married with a son and daughter. Robert and his family go for drives, have barbeques and do all of the things most of us take for granted, except where possible they now include John. For the first time in his life John has a sense of belonging, he has more confidence, laughs a lot, and at last he feels valued as a person. Robert and his family are able to look past the disability and see the warm human being that John is.

If you would like any further information on the program please contact me. Our office is situated at 2 Mount View Street, Croydon 725 4435, or call me at home on 722 1775.

Rainfall

In June 144.50mm (5.78 inches) of rain were recorded bringing the total for the year to 361mm (14.44 inches). In Melbourne the previous highest June recording was in 1859 when there were 115mm (4.60 inches).

The highest rainfall for June in Wonga Park for the past 30 years was 172mm (5.90 inches) in 1977. The highest rainfall in Wonga Park for any month in the past 30 years was 193mm (7.72 inches) December 1985.

WONGA PARK COMMUNITY COTTAGE Old Yarra Road, 3115



After a busy and enjoyable Term 2 at the Cottage we are all looking forward to the new activities planned for Term 3. ENROLMENT DAY will be on Tuesday 23rd July 9am - 12noon, 2.30pm - 4.30pm and 7pm - 8pm. The program which will be delivered soon includes:-



CREATIVE WRITING - 8 week course. Judy Nichol is a published short story writer and poet, as well as non fiction in the Age. All aspects of writing will be covered including manuscript preparation and how to get published. This course will be subsidised by Dept. of Further Education (subject to the State Budget) because the experience gained can help in returning to study or work.

SELF ESTEEM FOR TEENAGERS 12 - 16 years - 4 week workshop and
SELF ESTEEM FOR CHILDREN 7 - 12 years - 4 week workshop

Our behaviour reflects how we feel about ourselves. These workshops help young people to achieve clarity, success and a deeper understanding of themselves and others. Want to know more?

Tina Harris will hold an Information night on Monday 22nd July at 8pm.

TENNIS COACHING WITH CHILDCARE - 8 weeks on Monday mornings with Jean Jamieson also

SOCIAL TENNIS WITH CHILDCARE - 8 weeks on Tuesday mornings. For members or non members - the opportunity to have a social hit while your children are being looked after in the creche.

STRESS MANAGEMENT - 1 night. 8pm on 12th August Monday. Vicki Moreirn, Health Promotion Officer of Box Hill Hospital will give us an introduction to Stress Management and the principles of wellness. Your HEALTH who's responsible? Identifying day to day stresses and looking at better ways of coping.

ENVIRONMENTAL CHANGE - 1 night. 8pm on Wednesday 21st August.

IF NOT ME, WHO? IF NOT NOW, WHEN??? Trish Bellerby from World Home Environment Network (W.H.E.N.) will discuss and give you a chance to air your views on garbage reduction and recycling. Soon we will be forced by the Government to reduce our own household waste. Products that pollute the air, water and soil; excess packaging; energy conservation within the home; all these and more issues to be debated.

DRAWING CLASS - 6 week course with experienced art teacher Catherine Bainbridge. Covering basic perspective, figure drawing, still life, tonal work, creative drawing, portrait drawing etc.

FUN WITH ART - 6 weeks again with Catherine this time for children. Mixed media class covering sketching and drawing, painting various techniques, perspective and claywork. They will be given some choice in the activities of the day, each session will have a goal. Parents are encouraged to look at work at the end of each session. Exhibition at the end of term.

Also, TOLE PAINTING WORKSHOP (FOLK ART), RIBBON EMBROIDERY COTTAGE, EMBROIDERED GARDEN PINCUSHION, JUMPER EMBROIDERY (NIGHT), ADULT FITNESS CLASS, VARIED CRAFTS DAY & NIGHT, OIL PAINTING DAY & NIGHT, PRE SCHOOL MUSIC, LEADLIGHT, BABY ACTIVITY RUG W/SHOP, CLOWN W/SHOP, and JAZZ BALLET.

NEIGHBOURHOOD HOUSE WEEK is 25th - 31st August come and help us celebrate at our luncheon from 11.30am on TUES. 27th AUGUST