

community

Community Learning Project at Kensington Housing Estate

The purpose of the project is to offer Community Learning in an informal setting so that people can develop interest groups and a social network. Activities that will be offered include; drumming, pet care and community media.

This project, funded by Adult Community Further Education, is being jointly facilitated by the Kensington Neighbourhood House, Urban Communities, and AMES.

Telephone 9376 6366 for more information on how to join these activities.

Flemington Kensington News

The Flemington Kensington News is a community newspaper put out by a collective for the community. If you would like to make a contribution by way of writing, photography, layout, graphic design or delivery, please contact:
Mary 0411 775 986

local history

How to Tell the Story of your House

This two part workshop will provide you with all the tools and know how to research and record the history of your House, using a variety of on-line resources. Suitable for students and adults.

Facilitators Sheila Byard and others

Saturday 2 and 9 April 10am - 1pm

Cost \$20 / \$10 (conc)

Kensington Stories

Interested in working on projects in local history? Join other locals and follow up on your own area of interest, in a structured framework. Term 1 will include an introduction to Lenore Frost's *The Empire Called and I Answered—Volunteers of Essendon and Flemington WW1*.

Leader Sheila Byard

Tuesdays 6.30pm - 8.00pm

Gold coin donation

about us

The Kensington Neighbourhood House has been established in Kensington since 1976 to provide a space for the community and its various groups and interests to meet, share information, develop skills and break down isolation or other community barriers.

Kensington Neighbourhood House is funded by:

- Department of Education and Early Childhood Development
- Department of Planning and Community Development
- City of Melbourne
- Our members by donation
- Adult Community Further Education

This organisation respects your right to information privacy. Information which we collect and hold on participants is kept in accordance with information privacy laws.

Contact Details

Telephone: 9376 6366 Fax: 9376 8444

Office Hours: 9.00am - 5.00pm Monday to Thursday
9.00am - 3.30pm Fridays

Email: kwgp@vicnet.net.au

Website: www.kensingtonneighbourhoodhouse.com

ABN: 74 489 791 023

Enrolment details

- Full term fees to be paid in advance where possible
- Classes may need to be cancelled if numbers are insufficient
- Refunds will apply when a class is cancelled through insufficient numbers
- Where no start date is given, the program will be on going from the date class numbers are sufficient to start
- Adult & Community Further Education (ACFE) funded courses comply with the Ministerial policy on fees and charges.



Department of Planning
and Community Development

Kensington Neighbourhood House
89 McCracken Street, Kensington



Activities & Courses 2011

Term 1

7 February - 8 April

Term 2

27 April - 1 July

Bookings are essential for all of our courses
and activities.

Bookings can be made by telephoning the
House on 9376 6366 or emailing
kwgp@vicnet.net.au

www.kensingtonneighbourhoodhouse.com

vocational education

Certificate III in Children's Services CHC30708

New course starts in February

Mid year course starts July

This is a full-time accredited childcare training course. It involves a mix of class-room teaching and training in a childcare centre. Phone 9376 6366 for more information and a course brochure.



Victorian Registration & Qualifications Authority



Return to Work

Develop skills and knowledge to improve your employability. Find out what jobs or training would suit you and prepare for your work future. Ring for an enrolment interview.

(Core units from 22012VIC Certificate I in Vocational Preparation)

Mondays 1pm - 5pm and **Thursdays** 9.30am - 1.30pm

Our vocational education training programs are delivered with Victorian and Commonwealth Government funding. People with disabilities are encouraged to access funded training.

computers

Introduction to Computer & Internet

Term 1: 11 February - 1 April

Term 2: 29 April - 24 June

An eight week beginner course which will introduce people who have little or no experience to the basics of computer and internet. It will include Microsoft Word, formatting, saving files, surfing the internet and emailing.

Friday 10am - 12.30pm

Cost \$80 / \$50 (conc)

+ \$10 Amenities and service fee



Adult Education in the Community

computers

Computers Level 2

Term 1: 7 February - 4 April

Term 2: 25 April - 27 June

This 8 week course is ideal for those that want to expand on their basic knowledge of computers. The course will cover email attachments, Excel, Publisher and internet searches.

Monday 10am - 12.30pm

Cost \$80 / \$50 (conc)

+ \$10 Amenities and service fee



Adult Education in the Community

Broadband Kiosk for Seniors

Broadband for Seniors is part of an Australian Government initiative and aims to provide support to seniors by offering free computer and broadband access and training. If you would like to attend the kiosk please telephone 9376 6366 to book a session with one of our volunteer tutors.

Thursdays & Fridays 10am - 12pm and 1pm - 3pm

No Cost

english classes

Telephone 9376 6366 to arrange an interview

Beginning English

English right from the start. If you know someone who has little or no English language tell them they can start to speak, read and write in a small group of learners. Suitable for older people who have no chance to practise English.

Mondays 1pm - 2.30pm

Cost \$40 per term

English Conversation

Practise social English with a tutor in a small, informal group. A great way to make friends and improve your English speaking and listening skills. Best for post-beginners.

Mondays 10.00am - 12.00pm

Cost \$40 per term

English Steps One

Terms 1 and 2

General English class to improve speaking, listening, reading and writing skills. Includes a component of managing social interactions. Suitable for post beginners/ pre-intermediate level learners.

Tuesdays & Thursdays 9.30am - 1.00pm

Cost \$1.08 per class hour or \$50 (conc)

+ \$10 Amenities and service fee



Adult Education in the Community

english classes

Telephone 9376 6366 to arrange an interview

English Steps Two

Commences Term 3

General English class for pre-intermediate/ intermediate students, helping them to take the next step into further education or employment.

Tuesdays & Thursdays 9.30am - 1.00pm

Cost \$1.08 per class hour or \$50 (conc)

+ \$10 Amenities and service fee



Adult Education in the Community

ESL Employability Skills

Learn presentation skills for interviews, features of the Australian workplace, workplace communication skills and teamwork.

Fridays 12.30pm - 2.30pm

Cost \$1.08 per class hour or \$50 (conc)

+ \$10 Amenities and service fee



Adult Education in the Community

ESL for Day Carers

Improve your writing and spelling skills. Practise report, letter and personal writing. Spell more accurately and understand how to write for further study or employment opportunities.

Fridays 9.30am - 12.00pm

Cost \$1.08 per class hour or \$50 (conc)

+ \$10 Amenities and service fee



Adult Education in the Community

ESL in the Workforce

An evening class to increase your fluency and accuracy in spoken and written English. Improve your English for work and community life.

Wednesdays & Thursdays 6.30pm - 8.30pm

Cost \$1.08 per class hour or \$50 (conc)

+ \$10 Amenities and service fee



Adult Education in the Community

English for Chinese Students

An English class run at the Enterprise Centre at 94 Ormond Street for speakers of Chinese who wish to improve their social and community English in a relaxed and informal setting.

Fridays 9.30am-11.30am

Cost \$40 per term

Adult Literacy and Basic Education

For adults who speak English as their first language and who need to improve their reading and writing skills.

Tuesday 1.30pm - 3.30pm

Cost \$1.08 per class hour or \$50 (conc)

+ \$10 Amenities and service fee



Adult Education in the Community

the arts

Mosaics

Join this exciting group and make beautiful mosaic designs on items of your choice. A contemplative or chatty class depending on your disposition. You will need to purchase your own materials but Ann is a great guide for imaginative and inexpensive ways for you to achieve your final product.

Tutor Ann Hood

Monday or Tuesday 7pm – 9pm

Cost \$110/\$70 (Mondays) / \$125 / \$80 (Tuesdays)

Creative Writing

An exciting introduction to the potential of writing for yourself and others. Explore a different aspect of writing on the first Wednesday of each month including, character, story and dialogue. Work on your own pieces of writing in a structured and supportive environment. Saturday sessions are also available.

Tutor Emilie Collyer (Dip Prof Editing & Writing)

Wednesday 10am-12pm **2 February, 2 March, 6 April, 4 May, 1 June, 6 July** and **Saturday** 9am - 1pm **19 March, 18 June**

Cost \$15 / \$10 per session (Wednesdays)

\$30 / \$20 per session (Saturdays)

Painting & Drawing

Learn a range of creative art techniques suited to your personal preferences. A chance to explore and discover your artistic talents in a relaxed and informal setting. Veronica has a fine arts background and many years of experience.

Tutor Veronica Passmore

Wednesday 1pm - 3pm

Cost \$140 / \$90 (conc)



the arts

Learn to Sew

Come and make a basic garment. This is for beginners and for those who have not sewn for a very long time and would like to relearn the basic skills of machine sewing.

Tutor Alison Dew

Tuesday 1pm - 3pm

Cost \$150 / \$100 (conc)

Kensington Community Choir - 'KenSingers'

'KenSingers' is a no-audition choir open to all ages and all abilities. We're a small, but growing, group of locals who enjoy the laughter and camaraderie of singing in a group.

We love to perform, and will experiment with any type of music including classical, aboriginal, world music, gospel, and Australian. To keep us young at heart we are known to belt out a number of Boy Scout and Girl Guide songs at school fetes!

Wednesdays 8pm - 9.30pm

Cost \$2 per session (for photocopying & tea/coffee)

Contacts Laura Sheridan (choir leader) 0404889613 or laus.sheridan@gmail.com, Kym Raverty (secretary)

raverty.kymray@gmail.com or contact the House.

workshops

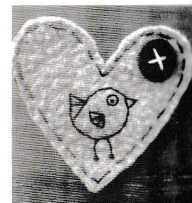
Felt Brooches

Learn a range of stitches and sewing techniques to create your own funky piece of wearable art. All materials supplied. This workshop uses recycled materials.

Tutor Jan Wonnocott from Onabee

Saturday 2nd April 3pm – 5pm

Cost \$20 / \$10 (conc)



Tote Bags

This workshop will teach you the basics of machine sewing whilst creating a lined tote bag. BYO 1m of cotton drill fabric or 2 x 50cm pieces of contrasting fabric and thread. Equipment and other materials will be supplied.

Tutor Jan Wonnocott from Onabee

Saturday 28th May 2pm – 5pm

Cost \$30 / \$15 (conc)

(The Kensington Neighbourhood House is a proud partner of Onabee at 200 Bellair Street, Kensington. For details of their other classes drop into the shop or look online at www.onabee.com.)

workshops

Wine Appreciation

Do you know how to store wine correctly and why? What is a good bottle to keep or drink now? In this informal presentation we will introduce you to the story of wine and tasting etiquette. Six wines will be tasted.

Clare is a winemaker and vineyard manager who has a passion for the winemaking process.

Facilitator Clare de Kok

Saturday 28th May 3pm - 5pm

Cost \$50 / \$35 (conc)

social groups

Vietnamese/Indochinese Elderly Group

The group meets every fortnight on a Thursday. Information sessions with guest speakers and a meal alternate with a trip outside Melbourne every six weeks. Bookings are essential for meetings and outings for catering purposes and buses. Fees are kept to a minimum. A detailed program is available from the House.

Fortnightly Thursday 10am-12pm (Except for outings)



Wednesday Social Group

Enjoy a two course meal and the company of this friendly social group. Weekly lunches alternate with a bus trip every three weeks. A detailed program is available from the office. Bookings are essential.

Wednesday 1pm – 3pm (Except for outings)

Cost Lunches - \$5

Bus trips \$5 plus entry and lunch costs

social groups

Everyday Philosophy Supper Club

Come along and join in an informal philosophical discussion on topics themed around everyday occurrences: How do I make decisions? How can I be happy? What is ethics? How can philosophy help me handle conflict?

Tuesdays (2nd of month) **8 February, 8 March, 12 April, 10 May, 14 June, 12 July** 7pm - 9pm

Cost \$4 / \$3 conc (includes supper)

Book Group

New members are always welcome to join this book group at the House. Participants take turns in choosing books for the group and leading the discussion. Ring, email or check our website to find out the latest book and the meeting date.

Mondays 7pm - 9pm

No cost

morning childcare

Morning Childcare

Mixed-age group (from 18 months to 5 years) in a homey, caring environment. Range of indoor and outdoor activities and play. Children bring own morning tea snack. No shared food.

Anaphylactic aware and trained service. Maximum 2 sessions per week per child (depending on availability).

Monday – Thursday 9.30am – 12.30pm

Cost \$20 (full) / \$10 (conc) / \$6 (if parent/guardian is attending an ACFE funded class at the House and is concession eligible)

for children

Creative Arts for Kidz

Explore the creative arts and use your imagination to discover and experiment with new ways of making art in a fun and relaxed space. We are now offering two classes to choose from dependant on your child's age.

Tutor Veronica Passmore

Wednesday 3.45pm – 4.45pm (for 6-8 year olds)

5pm - 6pm (9 - 11 year olds)

Cost \$65 / \$45 (conc)

for children

Kids Only! Come and Learn to Sew

Bring your sewing machine and learn how to use it by sewing a simple project over the term. Some machines are available for those that don't have one. Suitable for children aged 10 and up.

Tutor Alison Dew

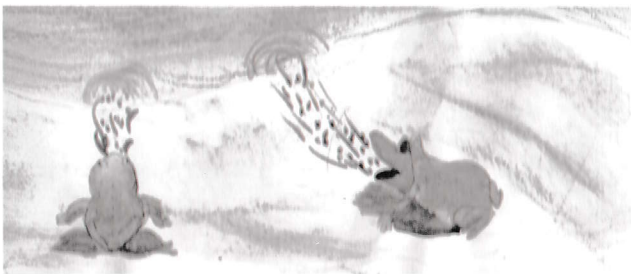
Monday or Tuesday 3.45pm - 5pm

Cost \$95 / \$55 (conc)

School Holiday Activities

A full program of activities will be available two weeks prior to the date. Email us to join our electronic mailing list on kwgp@vicnet.net.au, otherwise keep an eye out in your child's school newsletter.

Wednesday 13 April and Wednesday 6 July



environmental workshops

The Kensington Neighbourhood House will be running a series of environmentally themed workshops for low income residents during Term 1. Topics covered will be Green Purchasing and Water Conservation. Using interpreters each workshop will be run four times in the following languages; English, Mandarin, Vietnamese and Somali.

Venue The Hub, 94 Ormond Street, Kensington

Dates Telephone 9376 6366 for a full program

No cost

This project is supported by the Victorian Government Sustainability Fund, managed by Sustainability Victoria.

Sustainability Fund
Managed by
Sustainability Victoria



health & wellbeing

Ladies Only Exercise Group

Sessions offer a variety of cardio work (with some boxing to get rid of that extra tension!) and strength and conditioning work using hand weights and swiss balls to get you toned and terrific. Each session is different but you are guaranteed a great, fun workout! Sessions are held either at the Neighbourhood House or JJ Holland Park depending on the weather. Bookings and enquiries can be made by telephoning Samantha on 0406 066 106.

Facilitator Samantha Flanagan

Wednesday 6.30pm-7.30pm and **Saturday** 8am - 9am

Cost \$12 / \$10 (per session)

Self Defence for Women

Simple, practical and effective techniques. This workshop will develop body awareness and confidence for physical resistance. It cultivates supreme esteem and helps reduce fear and anxiety whilst channelling energy into strength and power. All sizes ages, backgrounds and abilities are welcome.

Facilitator Anita Carcour

Saturday 26th February 10am – 12pm

Cost \$20 / \$10

volunteer programs

Volunteer Outreach Program

The Volunteer Outreach Program assists newly arrived migrants and refugees learn English. If you would like to become a trained volunteer or know of a prospective student please call or drop in for more information.

Broadband Kiosk for Seniors

Volunteer Computer Tutors are needed to support seniors to gain confidence in their use of computers and also teach new skills. Basic computer skills required - training provided. The Kiosk operates Thursdays and Fridays.

